

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Girls U 7 - 50 Metre Sprint

Zone: Z 9.00 2004 Megan Wardell, Gosford			
Name	Age	Centre	Final
Section 1			
1 Lucey Conn	7	Terrigal Wam	9.05
2 Keira Bandy	7	Tuggerah Lak	9.16
3 Harper Beatty	7	Terrigal Wam	9.42
4 Caitlin Fleming	7	Terrigal Wam	9.82
5 Mia O'Dell	7	Tuggerah Lak	9.83
6 Ava Fardell	7	Tuggerah Lak	11.04

Girls U 7 - 70 Metre Sprint

Zone: Z 12.00 1992 L Quick, Gosford			
Name	Age	Centre	Final
1 Lexi Elliott	7	Gosford Lac	12.76
2 Keira Bandy	7	Tuggerah Lak	13.05
3 Caitlin Fleming	7	Terrigal Wam	13.97

Girls U 8 - 70 Metre Sprint

Zone: Z 10.60 1989 Rosemary Hayward, Wyong			
Name	Age	Centre	Final
1 Annika Miletic	8	Gosford Lac	12.98
2 Indica Moseley	8	Tuggerah Lak	13.04
3 Imogen Stanley	8	Tuggerah Lak	13.05
4 Indiana Garcia	8	Gosford Lac	13.17
5 Georgie Houghton	8	Tuggerah Lak	13.61
6 Lily Dart	8	Terrigal Wam	14.32

Girls U 9 - 70 Metre Sprint

Zone: Z 10.30 2004 Bianca Mould, Terrigal / Wamb			
Name	Age	Centre	Final
1 Kyah Chalmers	9	Wyong Lac	11.74
2 Lily Davidson	9	Tuggerah Lak	11.86
3 Bonnie Hardman	9	Woy Woy Peninsula	11.96
4 Charlotte O'Toole	9	Toukley	12.07
5 Mieke Oosthuizen	9	Terrigal Wam	12.27
6 Madelyn Ruane	9	Tuggerah Lak	12.37
7 Corabella Papalexion	9	Gosford Lac	14.50

Girls U 10 - 70 Metre Sprint

Zone: Z 10.20 2005 Bianca Mould, Terrigal / Wamb			
Name	Age	Centre	Final
1 Abbie Eagleton	10	Wyong Lac	10.56
2 Keira Carlson	10	Wyong Lac	10.66
3 Jasmine Freers	10	Terrigal Wam	10.98
4 Tahlia Lucas	10	Gosford Lac	11.14
5 Addison Berry	10	Toukley	11.28
6 Tayla Singh	10	Tuggerah Lak	11.82
7 chloe morrell	10	Gosford Lac	13.54
8 Jacinta Liedberg	10	Gosford Lac	13.57

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Girls U 7 - 100 Metre Sprint

Zone: Z 16.90 1994 K Knight, Woy Woy Peninsula			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Lucey Conn	7	Terrigal Wam	18.13q
2 Harper Beatty	7	Terrigal Wam	18.24q
3 Sophie Eliopoulou	7	Terrigal Wam	18.79q
4 Caitlin Fleming	7	Terrigal Wam	18.94q
5 Melinda Hottes	7	Toukley	35.33
Heat 2 Heats			
1 Keira Bandy	7	Tuggerah Lak	19.60q
2 Lexie Martin	7	Woy Woy Peninsula	19.77q
3 Mia O'Dell	7	Tuggerah Lak	19.89q
4 Ava Fardell	7	Tuggerah Lak	22.02q
5 Grace McCartney	7	Terrigal Wam	23.02

Girls U 7 - 100 Metre Sprint

Zone: Z 16.90 1994 K Knight, Woy Woy Peninsula			
Name	Age	Centre	Final
Section 1 Final			
1 Lucey Conn	7	Terrigal Wam	17.93
2 Keira Bandy	7	Tuggerah Lak	17.95
3 Harper Beatty	7	Terrigal Wam	18.17
4 Caitlin Fleming	7	Terrigal Wam	19.21
5 Mia O'Dell	7	Tuggerah Lak	19.70
6 Lexie Martin	7	Woy Woy Peninsula	19.83
7 Ava Fardell	7	Tuggerah Lak	22.73

Girls U 8 - 100 Metre Sprint

Zone: Z 14.90 1989 Rosemary Hayward, Wyong			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ella Dunkley	8	Wyong Lac	17.11q
2 Tikira Mudge	8	Wyong Lac	17.68q
3 Aaliyah Farmer Dally	8	Woy Woy Peninsula	19.37q
4 Alleah Milne	8	Gosford Lac	19.72
5 Maya Darling	8	Tuggerah Lak	19.87
6 Ruby Ell	8	Tuggerah Lak	21.36
7 Ashlee Franco	8	Wyong Lac	22.81
Heat 2 Heats			
1 Paige Casey	8	Tuggerah Lak	17.18q
2 Annika Miletic	8	Gosford Lac	18.65q
3 Imogen Stanley	8	Tuggerah Lak	18.90q
4 Indica Moseley	8	Tuggerah Lak	18.94q
5 Georgie Houghton	8	Tuggerah Lak	19.28q
6 Zali Heffernan	8	Terrigal Wam	20.00
7 Lily Dart	8	Terrigal Wam	20.56

Girls U 8 - 100 Metre Sprint

Zone: Z 14.90 1989 Rosemary Hayward, Wyong			
Name	Age	Centre	Final
Section 1 Final			
1 Paige Casey	8	Tuggerah Lak	16.49

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
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....Girls U 8 - 100 Metre Sprint

2 Ella Dunkley	8 Wyong Lac	16.72
3 Tikira Mudge	8 Wyong Lac	17.58
4 Imogen Stanley	8 Tuggerah Lak	17.90
5 Indica Moseley	8 Tuggerah Lak	18.17
6 Annika Miletic	8 Gosford Lac	18.62
7 Georgie Houghton	8 Tuggerah Lak	19.01
8 Aaliyah Farmer Dally	8 Woy Woy Peninsula	19.30

Girls U 9 - 100 Metre Sprint

Name	Age	Centre	Heats
Zone: Z 14.90 2010 Jenna Bird, Tuggerah Lakes Mi			

Heat 1 Heats

1 Isabelle Ruzek	9 Terrigal Wam	16.65Q
2 Mina Humphreys	9 Terrigal Wam	17.21Q
3 Mieke Oosthuizen	9 Terrigal Wam	17.23Q
4 Zali McFadden	9 Toukley	19.29
5 Milla Johnstone	9 Woy Woy Peninsula	20.02
6 Corabella Papalexion	9 Gosford Lac	20.73

Heat 2 Heats

1 Lily Davidson	9 Tuggerah Lak	16.45Q
2 Ruth Brown	9 Terrigal Wam	16.89Q
3 Annabel Griffith	9 Woy Woy Peninsula	17.18Q
4 Leileenah Havea	9 Wyong Lac	17.24q
5 Ruby-Jane Hill	9 Gosford Lac	17.44q

Girls U 9 - 100 Metre Sprint

Name	Age	Centre	Final
Zone: Z 14.90 2010 Jenna Bird, Tuggerah Lakes Mi			

Section 1 Final

1 Isabelle Ruzek	9 Terrigal Wam	15.91
2 Lily Davidson	9 Tuggerah Lak	16.26
3 Ruth Brown	9 Terrigal Wam	16.48
4 Mieke Oosthuizen	9 Terrigal Wam	16.61
5 Annabel Griffith	9 Woy Woy Peninsula	16.99
6 Mina Humphreys	9 Terrigal Wam	17.00
7 Ruby-Jane Hill	9 Gosford Lac	17.18
8 Leileenah Havea	9 Wyong Lac	17.24

Girls U 10 - 100 Metre Sprint

Name	Age	Centre	Heats
Zone: Z 14.10 1991 Rosemary Hayward, Wyong			

Heat 1 Heats

1 Jasmine Freers	10 Terrigal Wam	15.18Q
2 Isabella Nicolussi	10 Woy Woy Peninsula	15.58Q
3 Rhiannon Waters	10 Wyong Lac	16.62
4 Lila Darling	10 Tuggerah Lak	16.98
5 Sophee Dwyer	10 Gosford Lac	18.79
6 Ava Grey	10 Woy Woy Peninsula	18.85

Heat 2 Heats

1 Abbie Eagleton	10 Wyong Lac	14.87Q
2 Layla Pace	10 Terrigal Wam	15.50Q
3 Tahlia Goy	10 Tuggerah Lak	15.80q
4 Chelsea Boelhouwer	10 Woy Woy Peninsula	17.07

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS**MINGARA ATHLETICS CENTRE****Results****....Girls U 10 - 100 Metre Sprint**

5 Bronte Scahill	10 Woy Woy Peninsula	18.24
6 chloe morrell	10 Gosford Lac	18.74
7 Jasmine Garcia	10 Gosford Lac	18.85

Heat 3 Heats

1 Taylah Sankey	10 Woy Woy Peninsula	15.73Q
2 Tyla Channells	10 Terrigal Wam	15.77Q
3 Katie Evans	10 Gosford Lac	16.14q
4 Addison Berry	10 Toukley	16.50
5 Kalilah Farmer Dally	10 Woy Woy Peninsula	18.54
6 Jacinta Liedberg	10 Gosford Lac	18.96

Girls U 10 - 100 Metre Sprint

=====			
Zone: Z 14.10 1991		Rosemary Hayward, Wyong	
Name	Age Centre	Final	
=====			
Section 1 Final			
1 Abbie Eagleton	10 Wyong Lac	14.90	
2 Layla Pace	10 Terrigal Wam	15.07	
3 Isabella Nicolussi	10 Woy Woy Peninsula	15.21	
4 Jasmine Freers	10 Terrigal Wam	15.22	
5 Tahlia Goy	10 Tuggerah Lak	15.68	
6 Taylah Sankey	10 Woy Woy Peninsula	15.74	
7 Tyla Channells	10 Terrigal Wam	15.95	
8 Katie Evans	10 Gosford Lac	15.99	

Girls U 11 - 100 Metre Sprint

=====			
Zone: Z 13.40 2007		Sara Marshall, Gosford	
Name	Age Centre	Heats	
=====			
Heat 1 Heats			
1 Sienna Bottle	11 Wyong Lac	14.69Q	
2 Jessika Mackie	11 Tuggerah Lak	15.47Q	
3 Ruby McTernan	11 Gosford Lac	15.65	
4 Gabriella Potestas	11 Woy Woy Peninsula	15.70	
5 Caoimhe O'Gorman	11 Terrigal Wam	16.41	
Heat 2 Heats			
1 Eva Johnston-McGregor	11 Tuggerah Lak	14.58Q	
2 Sarah Hyland	11 Gosford Lac	14.83Q	
3 Felicity Ruzek	11 Terrigal Wam	15.18q	
4 Charlotte Robertson	11 Gosford Lac	15.49	
5 Gabriella Healey	11 Terrigal Wam	15.56	
6 Chelsea Mackenzie	11 Toukley	17.19	
Heat 3 Heats			
1 Demi Karipidis	11 Wyong Lac	13.85Q	
2 Olivia Booth	11 Gosford Lac	14.27Q	
3 Sophia Grey	11 Woy Woy Peninsula	14.83q	
4 Lahni Moore	11 Woy Woy Peninsula	15.52	
5 Abby mcTernan	11 Gosford Lac	15.57	
6 Dakotah Reid	11 Gosford Lac	16.33	

Girls U 11 - 100 Metre Sprint

=====			
Zone: Z 13.40 2007		Sara Marshall, Gosford	
Name	Age Centre	Final	
=====			
Section 1 Final			
1 Demi Karipidis	11 Wyong Lac	14.09	

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Girls U 11 - 100 Metre Sprint

2 Olivia Booth	11 Gosford Lac	14.25
3 Sienna Bottle	11 Wyong Lac	14.53
4 Eva Johnston-McGregor	11 Tuggerah Lak	14.54
5 Sarah Hyland	11 Gosford Lac	14.97
6 Felicity Ruzek	11 Terrigal Wam	15.12
7 Sophia Grey	11 Woy Woy Peninsula	15.39
8 Jessika Mackie	11 Tuggerah Lak	16.12

Girls U 12 - 100 Metre Sprint

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 Zone: Z 12.70 2008 Sara Marshall, Gosford
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Mia Cross	12 Wyong Lac	13.40Q
2 lucy iskandar	12 Wyong Lac	13.53Q
3 Brooklyn Laing	12 Wyong Lac	15.08Q
4 Kiarna Johnson	12 Wyong Lac	15.53
5 Emily Neville-Smith	12 Tuggerah Lak	15.69
6 Hannah Waters	12 Wyong Lac	15.79

Heat 2 Heats

1 Sienna Grech	12 Wyong Lac	14.22Q
2 Ella Knowles	12 Tuggerah Lak	14.51Q
3 Bethan Minor	12 Terrigal Wam	14.66Q
4 Summer Jones	12 Terrigal Wam	14.95q
5 Sienna Scahill	12 Woy Woy Peninsula	15.06q
6 Shae Vallance	12 Tuggerah Lak	15.20
7 Melanie Bendeovski	12 Terrigal Wam	15.64

Girls U 12 - 100 Metre Sprint

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 Zone: Z 12.70 2008 Sara Marshall, Gosford
 Name Age Centre Final
 =====

Section 1 Final

1 lucy iskandar	12 Wyong Lac	13.46
2 Mia Cross	12 Wyong Lac	13.89
3 Ella Knowles	12 Tuggerah Lak	14.31
4 Sienna Grech	12 Wyong Lac	14.33
5 Bethan Minor	12 Terrigal Wam	14.98
6 Sienna Scahill	12 Woy Woy Peninsula	15.20
7 Brooklyn Laing	12 Wyong Lac	15.27
8 Summer Jones	12 Terrigal Wam	15.29

Girls U 13 - 100 Metre Sprint

=====
 Zone: Z 12.62 15/12/2012 Heather Duffy, Tuggerah Lakes
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Ava Simos	13 Terrigal Wam	13.04Q
2 Kiara Bottle	13 Wyong Lac	13.81Q
3 Lilly Hofer	13 Terrigal Wam	13.92
4 Laura Reeves	13 Woy Woy Peninsula	14.89
5 Emma King	13 Terrigal Wam	16.71

Heat 2 Heats

1 Jess Stone	13 Terrigal Wam	13.64Q
2 Bella Steele-Minett	13 Tuggerah Lak	14.66Q
3 Savannah Robinson	13 Toukley	14.85

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Girls U 13 - 100 Metre Sprint

4 Dakota Parke	13	Terrigal Wam	15.51
Heat 3 Heats			
1 Lindsay Hallam	13	Terrigal Wam	13.24Q
2 Matilda Young	13	Tuggerah Lak	13.50Q
3 Adhieu Bior-Black	13	Terrigal Wam	13.54q
4 Sage Kotapski-Tinga	13	Terrigal Wam	13.82q
5 Lilah Washington	13	Tuggerah Lak	14.41
6 Kirra Vaughan	13	Toukley	14.44

Girls U 13 - 100 Metre Sprint

Zone: Z 12.62 15/12/2012 Heather Duffy, Tuggerah Lakes			
Name	Age	Centre	Final
Section 1 Final			
1 Ava Simos	13	Terrigal Wam	12.81
2 Lindsay Hallam	13	Terrigal Wam	13.26
3 Jess Stone	13	Terrigal Wam	13.68
4 Kiara Bottle	13	Wyong Lac	13.76
5 Matilda Young	13	Tuggerah Lak	13.77
6 Sage Kotapski-Tinga	13	Terrigal Wam	13.80
7 Bella Steele-Minett	13	Tuggerah Lak	14.88

Girls U 14 - 100 Metre Sprint

Zone: Z 12.50 2005 Dannielle Bradbury, Terrigal			
Name	Age	Centre	Final
Section 1			
1 Tori Robertson	14	Tuggerah Lak	12.89
2 Dakota Scollay	14	Wyong Lac	13.31
3 chalisa kranpromma	14	Gosford Lac	13.36
4 Alexis Aldous	14	Woy Woy Peninsula	13.74
5 Tara Hottes	14	Toukley	14.08
6 India-Rose Barnett	14	Terrigal Wam	14.67
7 Marianna Jessop	14	Toukley	14.68
8 Tarni Eagleton	14	Toukley	16.65

Girls U 15 - 100 Metre Sprint

Zone: Z 12.40 2008 Kasey Tysoe, Gosford			
Name	Age	Centre	Final
1 Emelyn Wheeler	15	Gosford Lac	12.63
2 Anna McKechnie	15	Tuggerah Lak	12.99
3 Erin Hamilton	15	Gosford Lac	13.18
4 Emily Weston	15	Terrigal Wam	13.50
5 Mia Barber	15	Gosford Lac	13.67
6 Tiarle Kroemer	15	Wyong Lac	13.95
7 Yuki Rodden	15	Woy Woy Peninsula	14.34
8 Zoe Hyland	15	Gosford Lac	14.54

Girls U 17 - 100 Metre Sprint

Zone: Z 12.30 2011 Jamie Carr, Gosford			
Name	Age	Centre	Final
1 Katie Gunn	17	Gosford Lac	11.90Z
2 Jemma Massoud-Psaila	17	Gosford Lac	12.69

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Girls U 17 - 100 Metre Sprint

3	Anya Tatarinoff	17	Terrigal Wam	13.16
4	Ava Zappia	17	Tuggerah Lak	13.17
5	Chloe Daniel	17	Wyong Lac	13.64
6	Anika Vaughan	17	Toukley	14.27
7	Madelyn Smith	17	Wyong Lac	15.08

Girls U 7 - 200 Metre Sprint

=====				
	Zone: Z 36.00	1983	R Furguson, Wyong	
Name	Age	Centre		Final
=====				
1	Lexi Elliott	7	Gosford Lac	39.76
2	Keira Bandy	7	Tuggerah Lak	42.65
3	Emmy Clark	7	Terrigal Wam	45.59
4	Lexie Martin	7	Woy Woy Peninsula	48.16
5	Harper Beatty	7	Terrigal Wam	52.45
6	Ava Fardell	7	Tuggerah Lak	53.59

Girls U 8 - 200 Metre Sprint

=====				
	Zone: Z 31.50	1989	Rosemary Hayward, Wyong	
Name	Age	Centre		Final
=====				
1	Ella Dunkley	8	Wyong Lac	40.55
2	Zahli Callaghan	8	Wyong Lac	41.71
3	Annika Miletic	8	Gosford Lac	45.01
4	Summer Mutton	8	Woy Woy Peninsula	45.61
Section 2				
1	Tikira Mudge	8	Wyong Lac	38.87
2	Imogen Stanley	8	Tuggerah Lak	41.08
3	Olivia Simpson	8	Toukley	43.20
4	Zali Heffernan	8	Terrigal Wam	46.84
5	Ruby Ell	8	Tuggerah Lak	50.31

Girls U 9 - 200 Metre Sprint

=====				
	Zone: Z 31.00	1990	Rosemary Hayward, Wyong	
Name	Age	Centre		Final
=====				
Section 1				
1	Charlotte O'Toole	9	Toukley	36.55
2	Izzie Milos	9	Tuggerah Lak	38.35
3	Ruby-Jane Hill	9	Gosford Lac	38.97
4	Allyson Rodriguez	9	Gosford Lac	46.61
5	Milla Johnstone	9	Woy Woy Peninsula	48.33
Section 2				
1	Kyah Chalmers	9	Wyong Lac	35.70
2	Lily Davidson	9	Tuggerah Lak	37.97
3	Bonnie Hardman	9	Woy Woy Peninsula	38.46
4	Nissa Belkadi	9	Terrigal Wam	40.36
5	Indiana Laing	9	Wyong Lac	42.90

Girls U 10 - 200 Metre Sprint

=====				
	Zone: Z 29.00	1991	Rosemary Hayward, Wyong	
Name	Age	Centre		Final
=====				
Section 1				
1	Keira Callaghan	10	Wyong Lac	31.68

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS**MINGARA ATHLETICS CENTRE****Results****....Girls U 10 - 200 Metre Sprint**

2	Abbie Eagleton	10	Wyong Lac	32.43
3	Layla Pace	10	Terrigal Wam	32.63
4	Tahlia Goy	10	Tuggerah Lak	34.12
5	Summer Ell	10	Tuggerah Lak	34.56
6	Addison Kowaliw	10	Wyong Lac	35.88
7	chloe morrell	10	Gosford Lac	44.87

Girls U 11 - 200 Metre Sprint

=====				
Zone: Z 27.80		2007	Sara Marshall, Gosford	
Name	Age	Centre	Final	
=====				
1	Demi Karipidis	11	Wyong Lac	31.83
2	Sarah Hyland	11	Gosford Lac	33.43
3	Ruby Waite	11	Tuggerah Lak	34.42
4	Dakotah Reid	11	Gosford Lac	35.57
5	Nia Donnelly	11	Terrigal Wam	36.83
6	Hayley Jackson	11	Tuggerah Lak	40.39
Section 2				
1	Olivia Booth	11	Gosford Lac	30.95
2	Alyssa Haremaker	11	Woy Woy Peninsula	31.25
3	Sienna Bottle	11	Wyong Lac	31.66
4	Tylah Houghton	11	Tuggerah Lak	32.69
5	Charlotte Robertson	11	Gosford Lac	33.70
6	Ruby McTernan	11	Gosford Lac	34.43
7	Gabriella Potestas	11	Woy Woy Peninsula	35.43
8	Abby mcTernan	11	Gosford Lac	36.50

Girls U 12 - 200 Metre Sprint

=====				
Zone: Z 26.80		2008	Sara Marshall, Gosford	
Name	Age	Centre	Final	
=====				
Section 1				
1	Jessie Blackwell	12	Woy Woy Peninsula	29.98
2	Ashlyn Hyland	12	Gosford Lac	30.46
3	Ruby Garner	12	Tuggerah Lak	30.60
4	Emilie Stevens	12	Woy Woy Peninsula	31.90
5	Grace Minto	12	Tuggerah Lak	34.86
Section 2				
1	Mia Cross	12	Wyong Lac	28.66
2	Shae Vallance	12	Tuggerah Lak	30.98
3	Libby Johnston	12	Terrigal Wam	31.45
4	Ally Cremer	12	Terrigal Wam	33.40

Girls U 13 - 200 Metre Sprint

=====				
Zone: Z 26.30		1994	Rosemary Hayward, Toukley	
Name	Age	Centre	Final	
=====				
Section 1				
1	Ava Simos	13	Terrigal Wam	28.85
2	Kiara Bottle	13	Wyong Lac	29.73
3	Lilah Washington	13	Tuggerah Lak	30.35
4	Kirra Vaughan	13	Toukley	31.04
5	Riyani Puxty	13	Wyong Lac	31.05
Section 2				
1	Adhieu Bior-Black	13	Terrigal Wam	28.78
2	Matilda Young	13	Tuggerah Lak	29.29

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....Girls U 13 - 200 Metre Sprint

3 Savannah Robinson	13 Toukley	35.26
Section 3		
1 Lindsay Hallam	13 Terrigal Wam	28.94
2 Charlotte Rousell	13 Woy Woy Peninsula	30.35
3 Brianna Puxty	13 Wyong Lac	30.81
4 Bella Steele-Minett	13 Tuggerah Lak	32.02
5 Elisa Milne	13 Terrigal Wam	32.31

Girls U 14 - 200 Metre Sprint

Zone: Z 25.90 2005		Dannielle Bradbury, Terrigal	
Name	Age Centre	Final	
Section 1			
1 Alexis Aldous	14 Woy Woy Peninsula	29.67	
2 Tara Hottes	14 Toukley	31.02	
3 India-Rose Barnett	14 Terrigal Wam	31.64	
4 Stella Norris	14 Tuggerah Lak	33.16	
Section 2			
1 Tori Robertson	14 Tuggerah Lak	28.26	
2 chalisa kranpromma	14 Gosford Lac	29.44	
3 Dakota Scollay	14 Wyong Lac	29.54	
4 Marianna Jessop	14 Toukley	31.94	
5 Willow Smith	14 Wyong Lac	32.85	

Girls U 15 - 200 Metre Sprint

Zone: Z 24.60 1996		Rosemary Hayward, Toukley	
Name	Age Centre	Final	
Section 1			
1 Ashley Pernecker	15 Tuggerah Lak	26.81	
2 Emelyn Wheeler	15 Gosford Lac	27.25	
3 Baylee Lebreton	15 Gosford Lac	27.79	
4 Mia Barber	15 Gosford Lac	29.36	
5 Tiarle Kroemer	15 Wyong Lac	29.56	

Girls U 17 - 200 Metre Sprint

Zone: Z 24.70 2011		Jamie Carr, Gosford	
Name	Age Centre	Final	
Section 1			
1 Jezebel Navusolo	17 Tuggerah Lak	25.52	
2 Chloe Daniel	17 Wyong Lac	29.73	
3 Taylah Seaborn	17 Tuggerah Lak	34.91	
Section 2			
1 Katie Gunn	17 Gosford Lac	25.36	
2 Paige Rigney	17 Wyong Lac	29.64	
3 Anika Vaughan	17 Toukley	30.59	
4 Madelyn Smith	17 Wyong Lac	32.59	

Girls U 8 - 400 Metre Sprint

Zone: Z 1:18.70 1989		Rosemary Hayward, Wyong	
Name	Age Centre	Final	
Section 1			
1 Ella Dunkley	8 Wyong Lac	1:24.09	
2 Paige Casey	8 Tuggerah Lak	1:30.04	

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Girls U 8 - 400 Metre Sprint

3 Olivia Simpson	8 Toukley	1:32.41
4 Lily Healey	8 Woy Woy Peninsula	1:33.99
5 Tikira Mudge	8 Wyong Lac	1:40.64
6 Makayla Searle	8 Tuggerah Lak	1:41.48

Section 2

1 Millie Godfrey	8 Tuggerah Lak	1:27.18
2 Zahli Callaghan	8 Wyong Lac	1:28.46
3 Elisha Windley	8 Tuggerah Lak	1:32.71
4 Annika Miletic	8 Gosford Lac	1:34.49

Girls U 9 - 400 Metre Sprint

Zone: Z 1:13.50 1990 Rosemary Hayward, Wyong

Name Age Centre Final

Section 1

1 Alissa McNair	9 Tuggerah Lak	1:24.72
2 Charlotte O'Toole	9 Toukley	1:28.82
3 Ruby-Jane Hill	9 Gosford Lac	1:30.58
4 Milla Johnstone	9 Woy Woy Peninsula	1:59.98

Section 2

1 Izzie Milos	9 Tuggerah Lak	1:25.59
2 Lily Davidson	9 Tuggerah Lak	1:28.14
3 Mina Humphreys	9 Terrigal Wam	1:32.89
4 Annabel Griffith	9 Woy Woy Peninsula	1:35.21
5 Ruth Brown	9 Terrigal Wam	1:37.94

Girls U 10 - 400 Metre Sprint

Zone: Z 1:07.70 1991 Rosemary Hayward, Wyong

Name Age Centre Final

Section 1

1 Keira Callaghan	10 Wyong Lac	1:12.93
2 Summer Ell	10 Tuggerah Lak	1:17.80
3 Layla Pace	10 Terrigal Wam	1:17.98
4 Rhiannon Waters	10 Wyong Lac	1:27.70
5 Bronte Scahill	10 Woy Woy Peninsula	1:28.62
6 Lila Darling	10 Tuggerah Lak	1:30.71

Section 2

1 Azariah Grant	10 Wyong Lac	1:13.87
2 Tyla Channells	10 Terrigal Wam	1:16.54
3 Tahlia Lucas	10 Gosford Lac	1:16.66
4 Tahlia Goy	10 Tuggerah Lak	1:19.36
5 Emily Falconi	10 Terrigal Wam	1:20.51
6 Te Ana Topia	10 Toukley	1:33.76
7 Ava Grey	10 Woy Woy Peninsula	1:34.58

Girls U 11 - 400 Metre Sprint

Zone: Z 1:05.70 2011 Ashlee Forbes, Tuggerah Lak

Name Age Centre Final

Section 1

1 Sophia Grey	11 Woy Woy Peninsula	1:09.65
2 Alyssa Haremaker	11 Woy Woy Peninsula	1:09.96
3 Tylah Houghton	11 Tuggerah Lak	1:10.72
4 Olivia Booth	11 Gosford Lac	1:14.64
5 Sienna Bottle	11 Wyong Lac	1:16.91

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Girls U 11 - 400 Metre Sprint

6 Gabriella Healey	11 Terrigal Wam	1:28.55
7 Dakotah Reid	11 Gosford Lac	1:37.92

Girls U 12 - 400 Metre Sprint

=====			
Zone: Z 1:01.80		2008	Sara Marshall, Gosford
Name	Age	Centre	Final
=====			
1 Sienna Scahill	12	Woy Woy Peninsula	1:10.59
2 Emilie Stevens	12	Woy Woy Peninsula	1:11.57
3 Summer Baigent	12	Toukley	1:14.34
4 Olivia Falconi	12	Terrigal Wam	1:17.19
5 Georgie Lawton	12	Wyong Lac	1:23.05
Section 2			
1 Jessie Blackwell	12	Woy Woy Peninsula	1:07.37
2 Mia Tongue	12	Wyong Lac	1:13.23
3 Morgan Charlton	12	Woy Woy Peninsula	1:14.09
4 Ella Knowles	12	Tuggerah Lak	1:14.12
5 Libby Johnston	12	Terrigal Wam	1:14.42
6 Ally Cremer	12	Terrigal Wam	1:21.40
7 Emily Neville-Smith	12	Tuggerah Lak	1:22.96

Girls U 13 - 400 Metre Sprint

=====			
Zone: Z 59.60		1994	Rosemary Hayward, Toukley
Name	Age	Centre	Final
=====			
Section 1			
1 Marianne Papalexion	13	Tuggerah Lak	1:06.30
2 Charlotte Rousell	13	Woy Woy Peninsula	1:07.06
3 Imogen Ryan	13	Terrigal Wam	1:11.34
4 Lana Pavy	13	Terrigal Wam	1:11.88
5 Isabelle Willcocks	13	Wyong Lac	1:13.67
6 Asiah Woodward	13	Terrigal Wam	1:15.06
Section 2			
1 Adhieu Bior-Black	13	Terrigal Wam	1:06.73
2 Brianna Puxty	13	Wyong Lac	1:07.51
3 Riyani Puxty	13	Wyong Lac	1:10.67
4 Kirra Vaughan	13	Toukley	1:10.72
5 Bella Steele-Minett	13	Tuggerah Lak	1:12.46
6 Dakota Parke	13	Terrigal Wam	1:20.14

Girls U 14 - 400 Metre Sprint

=====			
Zone: Z 1:00.50		1995	Rosemary Hayward, Toukley
Name	Age	Centre	Final
=====			
Section 1			
1 Amalia Patterson	14	Tuggerah Lak	1:06.10
2 Tara Hottes	14	Toukley	1:09.67
3 Stella Norris	14	Tuggerah Lak	1:10.08
4 Marianna Jessop	14	Toukley	1:13.82
5 Willow Smith	14	Wyong Lac	1:16.62

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Girls U 15 - 400 Metre Sprint

Zone: Z 56.10 1996 Rosemary Hayward, Toukley			
Name	Age	Centre	Final
1 Ashley Pernecker	15	Tuggerah Lak	59.86
2 Yuki Rodden	15	Woy Woy Peninsula	1:08.93
3 Zoe Hyland	15	Gosford Lac	1:14.20
4 Kara Reid	15	Tuggerah Lak	1:22.80

Girls U 17 - 400 Metre Sprint

Zone: Z 59.30 2011 Sophie Meere, Tuggerah Lakes			
Name	Age	Centre	Final
1 Anya Tatarinoff	17	Terrigal Wam	1:05.28
2 Anika Vaughan	17	Toukley	1:08.26
3 Isabella Jones	17	Tuggerah Lak	1:09.27
4 Chelsea Payne	17	Tuggerah Lak	1:10.73
5 Madelyn Smith	17	Wyong Lac	1:15.09

Girls U 7 - 500 Metre Run Pack Start

Zone: Z 1:52.90 2007 Ashlee Frorbes, Tuggerah L			
Name	Age	Centre	Final
1 Emily McKendrick	7	Gosford Lac	2:24.68
2 Harper Beatty	7	Terrigal Wam	2:46.27

Girls U 8 - 700 Metre Run Pack Start

Zone: Z 2:33.83 11/12/2016 Keira Callaghan, Wyong			
Name	Age	Centre	Final
1 Ella Dunkley	8	Wyong Lac	2:43.32
2 Millie Godfrey	8	Tuggerah Lak	2:44.29
3 Zahli Callaghan	8	Wyong Lac	2:49.45
4 Olivia Simpson	8	Toukley	3:05.43
5 Tikira Mudge	8	Wyong Lac	3:16.82
6 Makayla Searle	8	Tuggerah Lak	3:24.16
-- Indiana Garcia	8	Gosford Lac	DNF

Girls U 9 - 800 Metre Run

Zone: Z 2:47.53 26/11/2017 Keira Callaghan, Wyong			
Name	Age	Centre	Final
1 Alissa McNair	9	Tuggerah Lak	3:04.06
2 Kyah Chalmers	9	Wyong Lac	3:04.89
3 Izzie Milos	9	Tuggerah Lak	3:13.62
4 Nissa Belkadi	9	Terrigal Wam	3:18.49
5 Bonnie Hardman	9	Woy Woy Peninsula	3:30.59
6 Allyson Rodriguez	9	Gosford Lac	3:48.77
7 Milla Johnstone	9	Woy Woy Peninsula	4:25.93

Girls U 10 - 800 Metre Run

Zone: Z 2:37.30 2010 Ashlee Forbes, Tuggerah Lak			
Name	Age	Centre	Final
1 Keira Callaghan	10	Wyong Lac	2:39.93

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Girls U 10 - 800 Metre Run

2	Azarliah Grant	10	Wyong Lac	2:43.17
3	Tyla Channells	10	Terrigal Wam	2:50.20
4	Tahlia Lucas	10	Gosford Lac	2:50.47
5	Jasmine Freers	10	Terrigal Wam	3:00.03
6	Emily Falconi	10	Terrigal Wam	3:00.51
7	Isabella Nicolussi	10	Woy Woy Peninsula	3:04.15
8	Tahlia Goy	10	Tuggerah Lak	3:07.40
9	Caetlin Ashby	10	Gosford Lac	3:14.99
10	Jasmine Garcia	10	Gosford Lac	3:17.93

Girls U 11 - 800 Metre Run

=====
 Zone: Z 2:30.87 15/12/2013 Charlotte Lowe, Tuggerah La
 Name Age Centre Final
 =====

1	Tylah Houghton	11	Tuggerah Lak	2:38.70
2	Kiara Garcia	11	Gosford Lac	2:41.64
3	Katelyn Wardell	11	Gosford Lac	2:49.39
4	Sarah Grant	11	Wyong Lac	2:51.31
5	Kiara Levy	11	Tuggerah Lak	3:21.37
6	Hayley Jackson	11	Tuggerah Lak	3:40.25

Girls U 12 - 800 Metre Run

=====
 Zone: Z 2:27.10 1991 A Zucca, Wyong
 Name Age Centre Final
 =====

1	Jessie Blackwell	12	Woy Woy Peninsula	2:28.82
2	Ashlyn Hyland	12	Gosford Lac	2:37.28
3	Morgan Charlton	12	Woy Woy Peninsula	2:37.98
4	Mia Smyth	12	Terrigal Wam	2:43.69
5	Mia Tongue	12	Wyong Lac	2:48.29
6	Olivia Falconi	12	Terrigal Wam	2:52.83
7	Genevieve Charlton	12	Woy Woy Peninsula	2:58.62
8	Georgia Payne	12	Tuggerah Lak	2:59.70
9	Margrete (Grete) Arthur	12	Gosford Lac	3:28.97

Girls U 13 - 800 Metre Run

=====
 Zone: Z 2:20.48 16/12/2012 Elizabeth Chippendale, Gosf
 Name Age Centre Final
 =====

1	Marianne Papalexion	13	Tuggerah Lak	2:37.00
2	Charlotte Rousell	13	Woy Woy Peninsula	2:38.93
3	Brianna Puxty	13	Wyong Lac	2:39.61
4	Adhieu Bior-Black	13	Terrigal Wam	2:45.89
5	Riyani Puxty	13	Wyong Lac	2:47.02
6	Imogen Ryan	13	Terrigal Wam	2:57.80
7	Lindsay Hallam	13	Terrigal Wam	2:58.40
8	Matilda Young	13	Tuggerah Lak	2:59.35
9	Bella Steele-Minett	13	Tuggerah Lak	2:59.55
10	Lana Pavy	13	Terrigal Wam	2:59.80
11	Asiah Woodward	13	Terrigal Wam	3:00.05
12	Kirra Vaughan	13	Toukley	3:00.26

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Girls U 14 - 800 Metre Run

Zone: Z 2:20.00 15/12/2013 Elizabeth Chippendale, Gosf			
Name	Age	Centre	Final
1 Stella Norris	14	Tuggerah Lak	2:30.16
2 Izabella Dunne	14	Terrigal Wam	2:34.96
3 Amalia Patterson	14	Tuggerah Lak	2:36.67
4 Isabelle Wann	14	Wyong Lac	2:48.53
5 Marianna Jessop	14	Toukley	2:59.15

Girls U 15 - 800 Metre Run

Zone: Z 2:19.40 1996 Rosemary Hayward, Toukley			
Name	Age	Centre	Final
1 Ashley Pernecker	15	Tuggerah Lak	2:14.83Z
2 Zoe Hyland	15	Gosford Lac	3:02.24

Girls U 17 - 800 Metre Run

Zone: Z 2:26.50 2010 Caitlin Delaney, Tuggerah L			
Name	Age	Centre	Final
1 Chelsea Payne	17	Tuggerah Lak	2:42.26
2 Isabella Jones	17	Tuggerah Lak	2:46.60
3 Ella Robertson	17	Tuggerah Lak	2:59.28
4 Madelyn Smith	17	Wyong Lac	3:12.96

Girls U 11 - 1500 Metre Run

Zone: Z 5:14.90 14/12/2013 Charlotte Lowe, Tuggerah La			
Name	Age	Centre	Final
1 Kiara Garcia	11	Gosford Lac	5:26.00
2 Tylah Houghton	11	Tuggerah Lak	5:27.46
3 Sarah Grant	11	Wyong Lac	5:48.56
4 Katelyn Wardell	11	Gosford Lac	6:25.27
5 Jasmine McNair	11	Tuggerah Lak	6:57.25

Girls U 12 - 1500 Metre Run

Zone: Z 5:03.40 1979 C Borg, Gosford			
Name	Age	Centre	Final
1 Jessie Blackwell	12	Woy Woy Peninsula	5:11.48
2 Morgan Charlton	12	Woy Woy Peninsula	5:13.73
3 Sienna Scahill	12	Woy Woy Peninsula	5:17.57
4 Sienna Pitcher	12	Gosford Lac	5:23.70
5 Ashlyn Hyland	12	Gosford Lac	5:24.82
6 Mia Tongue	12	Wyong Lac	5:40.39
7 Mia Smyth	12	Terrigal Wam	5:46.51
8 Katie O'Mara	12	Terrigal Wam	5:59.06
9 Olivia Falconi	12	Terrigal Wam	6:03.00
10 Georgia Payne	12	Tuggerah Lak	6:08.16
11 Genevieve Charlton	12	Woy Woy Peninsula	6:23.09
12 Kianna Goy	12	Tuggerah Lak	6:47.39

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Girls U 13 - 1500 Metre Run

Zone: Z 4:55.78 12/12/2015 Charlotte Lowe, Tuggerah La			
Name	Age	Centre	Final
1 Marianne Papalexion	13	Tuggerah Lak	5:31.76
2 Charlotte Rousell	13	Woy Woy Peninsula	5:49.17
3 Brianna Puxty	13	Wyong Lac	5:54.86
4 Isabelle Willcocks	13	Wyong Lac	6:03.97
5 Riyani Puxty	13	Wyong Lac	6:12.86
6 Imogen Ryan	13	Terrigal Wam	6:20.63
7 Lana Pavy	13	Terrigal Wam	6:29.20

Girls U 14 - 1500 Metre Run

Zone: Z 4:55.80 1991 M Underhill, Woy Woy Penins			
Name	Age	Centre	Final
1 Izabella Dunne	14	Terrigal Wam	5:24.00
2 Amalia Patterson	14	Tuggerah Lak	5:45.29
-- Stella Norris	14	Tuggerah Lak	DQ 163.3(b)

Girls U 15 - 1500 Metre Run

Zone: Z 4:53.00 2009 Caitlin Delaney, Tuggerah L			
Name	Age	Centre	Final
1 Ashley Pernecker	15	Tuggerah Lak	5:13.95
2 Yuki Rodden	15	Woy Woy Peninsula	6:24.85
3 Lauren Gee	15	Terrigal Wam	6:46.00
-- Kara Reid	15	Tuggerah Lak	DNF

Girls U 17 - 1500 Metre Run

Zone: Z 5:10.40 2011 Caitlin Delaney, Tuggerah L			
Name	Age	Centre	Final
1 Chelsea Payne	17	Tuggerah Lak	6:10.01
2 Ella Robertson	17	Tuggerah Lak	6:34.99

Girls U 13 - 3000 Metre Run

Zone: Z 10:46.66 11/12/2015 Charlotte Lowe, Tuggerah L			
Name	Age	Centre	Final
1 Charlotte Rousell	13	Woy Woy Peninsula	12:56.25
2 Isabelle Willcocks	13	Wyong Lac	12:58.73

Girls U 14 - 3000 Metre Run

Zone: Z 10:39.70 9/12/2016 Allannah Pitcher, Gosford			
Name	Age	Centre	Final
1 Stella Norris	14	Tuggerah Lak	10:59.39
2 Amalia Patterson	14	Tuggerah Lak	11:57.60
3 Isabelle Wann	14	Wyong Lac	13:11.29

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Girls U 15 - 3000 Metre Run

Zone: Z 10:32.70 2009 Caitlin Delaney, Tuggerah			
Name	Age	Centre	Final
1 Ashley Pernecker	15	Tuggerah Lak	10:54.30

Girls U 17 - 3000 Metre Run

Zone: Z 10:53.90 2010 Caitlin Delaney, Tuggerah			
Name	Age	Centre	Final
1 Ella Robertson	17	Tuggerah Lak	13:49.56
2 Taylah Seaborn	17	Tuggerah Lak	16:26.21

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.17 15/12/2012 Tori Robertson, Tuggerah Lake			
Name	Age	Centre	Heats

Heat 1 Heats

1 Paige Casey	8	Tuggerah Lak	11.43q
2 Millie Godfrey	8	Tuggerah Lak	12.95q
3 Indica Moseley	8	Tuggerah Lak	13.18q
4 Lily Healey	8	Woy Woy Peninsula	13.30q
5 Zali Heffernan	8	Terrigal Wam	13.78
6 Georgie Houghton	8	Tuggerah Lak	13.86
7 Maya Darling	8	Tuggerah Lak	14.29
8 Zahli Fisher	8	Gosford Lac	15.66

Heat 2 Heats

1 Elisha Windley	8	Tuggerah Lak	11.70q
2 Alleah Milne	8	Gosford Lac	12.28q
3 Zahli Callaghan	8	Wyong Lac	12.41q
4 Lily Dart	8	Terrigal Wam	13.63q
5 Ruby Ell	8	Tuggerah Lak	13.77
6 Makayla Searle	8	Tuggerah Lak	15.58
7 Ashlee Franco	8	Wyong Lac	15.89

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.17 15/12/2012 Tori Robertson, Tuggerah Lake			
Name	Age	Centre	Final

Section 1 Final

1 Paige Casey	8	Tuggerah Lak	11.92
2 Elisha Windley	8	Tuggerah Lak	12.70
3 Alleah Milne	8	Gosford Lac	12.97
4 Zahli Callaghan	8	Wyong Lac	13.01
5 Lily Healey	8	Woy Woy Peninsula	13.05
6 Millie Godfrey	8	Tuggerah Lak	13.13
7 Indica Moseley	8	Tuggerah Lak	13.77
8 Lily Dart	8	Terrigal Wam	14.77

Girls U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.40 2004 Bianca Mould, Terrigal / Wamb			
Name	Age	Centre	Heats

Heat 1 Heats

1 Alissa McNair	9	Tuggerah Lak	11.67Q
2 Charlotte O'Toole	9	Toukley	11.83Q

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Girls U 9 - 60 Metre Hurdles (45cm)

3 Zali McFadden	9 Toukley	12.26Q
4 Mieke Oosthuizen	9 Terrigal Wam	12.76q
5 Izzie Milos	9 Tuggerah Lak	13.13
6 Indiana Laing	9 Wyong Lac	13.14

Heat 2 Heats

1 Ashlyn Hanson	9 Toukley	11.37Q
2 Isabelle Ruzek	9 Terrigal Wam	11.67Q
3 Mina Humphreys	9 Terrigal Wam	12.58Q
4 Annabel Griffith	9 Woy Woy Peninsula	12.84q
5 Ruth Brown	9 Terrigal Wam	13.55

Girls U 9 - 60 Metre Hurdles (45cm)

=====			
Zone:	Z 10.40	2004	Bianca Mould, Terrigal / Wamb
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Ashlyn Hanson	9	Toukley	11.72
2 Isabelle Ruzek	9	Terrigal Wam	11.86
3 Mina Humphreys	9	Terrigal Wam	12.14
4 Alissa McNair	9	Tuggerah Lak	12.48
5 Mieke Oosthuizen	9	Terrigal Wam	12.75
6 Annabel Griffith	9	Woy Woy Peninsula	12.78
7 Zali McFadden	9	Toukley	50.09
-- Charlotte O'Toole	9	Toukley	DNF

Girls U 10 - 60 Metre Hurdles (60cm)

=====			
Zone:	Z 10.80	1996	Nocole Beaton, Tuggerah Lakes
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Taylah Sankey	10	Woy Woy Peninsula	10.98Q
2 Azarlia Grant	10	Wyong Lac	11.11Q
3 Katie Evans	10	Gosford Lac	12.01Q
4 Lila Darling	10	Tuggerah Lak	12.26q
5 Rhiannon Waters	10	Wyong Lac	12.49q
6 Tabitha Dâ€™bras	10	Tuggerah Lak	12.97
7 Addison Berry	10	Toukley	14.43
Heat 2 Heats			
1 Layla Pace	10	Terrigal Wam	11.78Q
2 Summer Ell	10	Tuggerah Lak	11.89Q
3 Chelsea Boelhouwer	10	Woy Woy Peninsula	12.14Q
4 Bronte Scahill	10	Woy Woy Peninsula	13.74
5 Te Ana Topia	10	Toukley	15.38
6 Sophee Dwyer	10	Gosford Lac	16.28
-- Ava Grey	10	Woy Woy Peninsula	DNF

Girls U 10 - 60 Metre Hurdles (60cm)

=====			
Zone:	Z 10.80	1996	Nocole Beaton, Tuggerah Lakes
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Taylah Sankey	10	Woy Woy Peninsula	11.70
2 Azarlia Grant	10	Wyong Lac	11.83
3 Layla Pace	10	Terrigal Wam	11.97
4 Summer Ell	10	Tuggerah Lak	12.17
4 Chelsea Boelhouwer	10	Woy Woy Peninsula	12.17

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Girls U 10 - 60 Metre Hurdles (60cm)

6	Katie Evans	10	Gosford Lac	12.96
7	Rhiannon Waters	10	Wyong Lac	13.22
8	Lila Darling	10	Tuggerah Lak	13.44

Girls U 11 - 60 Metre Hurdles (60cm)

=====				
Zone: Z		9.80	1997	Nocole Beaton, Tuggerah Lakes
Name	Age	Centre	Heats	
=====				
Heat 1 Heats				
1	Cameron Stamper	11	Terrigal Wam	11.85Q
2	Felicity Ruzek	11	Terrigal Wam	12.13Q
3	Lahni Moore	11	Woy Woy Peninsula	12.37Q
4	Gabriella Potestas	11	Woy Woy Peninsula	13.19q
5	Dakotah Reid	11	Gosford Lac	13.47
6	Caoimhe O'Gorman	11	Terrigal Wam	14.77
7	Chloe Smith	11	Wyong Lac	15.48
Heat 2 Heats				
1	Ruby McTernan	11	Gosford Lac	12.40Q
2	Sophia Grey	11	Woy Woy Peninsula	12.46Q
3	Nia Donnelly	11	Terrigal Wam	12.61Q
4	Gabriella Healey	11	Terrigal Wam	13.22q
5	Eva Lynch	11	Woy Woy Peninsula	13.28
6	Jasmine McNair	11	Tuggerah Lak	13.85
7	Chelsea Mackenzie	11	Toukley	14.85

Girls U 11 - 60 Metre Hurdles (60cm)

=====				
Zone: Z		9.80	1997	Nocole Beaton, Tuggerah Lakes
Name	Age	Centre	Final	
=====				
Section 1 Final				
1	Cameron Stamper	11	Terrigal Wam	11.28
2	Lahni Moore	11	Woy Woy Peninsula	11.64
3	Felicity Ruzek	11	Terrigal Wam	11.86
4	Sophia Grey	11	Woy Woy Peninsula	11.92
5	Ruby McTernan	11	Gosford Lac	12.15
6	Nia Donnelly	11	Terrigal Wam	12.61
7	Gabriella Potestas	11	Woy Woy Peninsula	12.74
8	Gabriella Healey	11	Terrigal Wam	12.96

Girls U 12 - 60 Metre Hurdles (68cm)

=====				
Zone: Z		9.90	2007	Jamie Carr, Gosford
Name	Age	Centre	Heats	
=====				
Heat 1 Heats				
1	Mia Cross	12	Wyong Lac	10.64Q
2	Mia Smyth	12	Terrigal Wam	11.34Q
3	Melanie Bendeovski	12	Terrigal Wam	13.26Q
4	Sienna Scahill	12	Woy Woy Peninsula	13.39
5	Bethan Minor	12	Terrigal Wam	13.85
6	Kianna Goy	12	Tuggerah Lak	14.15
Heat 2 Heats				
1	Sienna Grech	12	Wyong Lac	11.63Q
2	Kiarna Johnson	12	Wyong Lac	11.78Q
3	Summer Baigent	12	Toukley	11.80Q
4	Hannah Waters	12	Wyong Lac	12.10q
5	Brooklyn Laing	12	Wyong Lac	12.54q

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Girls U 12 - 60 Metre Hurdles (68cm)

6 Katie O'Mara 12 Terrigal Wam 12.95

Girls U 12 - 60 Metre Hurdles (68cm)

Zone: Z 9.90 2007 Jamie Carr, Gosford

Name Age Centre Final

Section 1 Final

1	Mia Cross	12	Wyong Lac	10.46
2	Mia Smyth	12	Terrigal Wam	10.65
3	Kiarna Johnson	12	Wyong Lac	11.18
4	Summer Baigent	12	Toukley	11.25
5	Sienna Grech	12	Wyong Lac	11.43
6	Hannah Waters	12	Wyong Lac	11.78
7	Brooklyn Laing	12	Wyong Lac	12.40
8	Melanie Bendeviski	12	Terrigal Wam	13.01

Girls U 13 - 80 Metre Hurdles (76cm)

Zone: Z 13.30 1999 Nicole Beaton, Tuggerah Lakes

Name Age Centre Final

Section 1

1	Ava Simos	13	Terrigal Wam	13.85
2	Lindsay Hallam	13	Terrigal Wam	15.32
3	Sage Kotapski-Tinga	13	Terrigal Wam	15.52
4	Jess Stone	13	Terrigal Wam	15.58
5	Jade Patrick	13	Gosford Lac	17.67

Girls U 14 - 80 Metre Hurdles (76cm)

Zone: Z 13.20 2000 K Wildman, Woy Woy Peninsula

Name Age Centre Final

1	Tori Robertson	14	Tuggerah Lak	13.00Z
2	Dakota Scollay	14	Wyong Lac	15.59

Girls U 15 - 90 Metre Hurdles (76cm)

Zone: Z 13.50 2004 Trudy Thompson, Toukley

Name Age Centre Final

1	Mia Barber	15	Gosford Lac	14.34
2	Charlee Lawton	15	Wyong Lac	17.93
3	Tiarle Kroemer	15	Wyong Lac	19.07

Girls U 17 - 100 Metre Hurdles (76cm)

Zone: Z 14.90 2011 Jamie Carr, Gosford

Name Age Centre Final

1	Ella Robertson	17	Tuggerah Lak	20.74
2	Taylah Seaborn	17	Tuggerah Lak	23.47

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Girls U 13 - 200 Metre Hurdles (68cm)

Zone: Z 29.60 1999 Nicole Beaton, Tuggerah Lakes			
Name	Age	Centre	Final
1 Ava Simos	13	Terrigal Wam	31.07
2 Sage Kotapski-Tinga	13	Terrigal Wam	32.38
3 Jessica Hunter	13	Gosford Lac	32.75
4 Brianna Puxty	13	Wyong Lac	33.43
5 Lilah Washington	13	Tuggerah Lak	34.47
6 Lana Pavy	13	Terrigal Wam	36.09
7 Riyani Puxty	13	Wyong Lac	37.18
8 Isabelle Willcocks	13	Wyong Lac	50.22

Girls U 14 - 200 Metre Hurdles (76cm)

Zone: Z 29.30 2009 Jamie Carr, Gosford			
Name	Age	Centre	Final
1 Tori Robertson	14	Tuggerah Lak	32.94
2 Dakota Scollay	14	Wyong Lac	34.00

Girls U 15 - 300 Metre Hurdles (76cm)

Zone: Z 1:00.79 9/12/2016 Kyla Tucker, Woy Woy			
Name	Age	Centre	Final
1 Erin Hamilton	15	Gosford Lac	53.20Z
2 Charlee Lawton	15	Wyong Lac	59.30Z

Girls U 17 - 300 Metre Hurdles (76cm)

Zone: Z 55.10 24/11/2017 Kyla Tucker, Woy Woy LAC			
Name	Age	Centre	Final
1 Chloe Daniel	17	Wyong Lac	56.20
2 Ella Robertson	17	Tuggerah Lak	58.73

Girls U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 58.70 2007 , Gosford			
Centre	Age	Centre	Final
1 Wyong Lac			59.40
1) Kyah Chalmers 9		2) Demi Karipidis 11	
3) Keira Carlson 10		4) Mia Cross 12	
2 Gosford Lac			1:02.75
1) Ruby-Jane Hill 9		2) Tahlia Lucas 10	
3) Olivia Booth 11		4) Ashlyn Hyland 12	
3 Terrigal Wamberal Lac			1:03.36
1) Mieke Oosthuizen 9		2) Layla Pace 10	
3) Cameron Stamper 11		4) Bethan Minor 12	
4 Tuggerah Lakes Mingara Lac			1:05.13
1) Lily Davidson 9		2) Summer Ell 10	
3) Tylah Houghton 11		4) Ruby Garner 12	
5 Toukley			1:12.33
1) Addison Berry 10		2) Te Ana Topia 10	
3) Charlotte O'Toole 9		4) Chelsea Mackenzie 11	
-- Woy Woy Peninsula			DQ 163.3(b)
1) Bonnie Hardman 9		2) Isabella Nicolussi 10	
3) Morgan Charlton 12		4) Alyssa Haremaker 11	

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
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Girls U 12-17 4x100 Metre Relay (Snr)

Zone: Z 51.30 2008 , Gosford			
Centre			Final
1 Tuggerah Lakes Mingara Lac			52.23
1) Matilda Young 13	2) Tori Robertson 14		
3) Ashley Pernecker 15	4) Jezebel Navusolo 17		
2 Gosford Lac			54.18
1) Jessica Hunter 13	2) chalisa kranpromma 14		
3) Mia Barber 15	4) Katie Gunn 17		
3 Wyong Lac			54.48
1) Dakota Scollay 14	2) Tiarle Kroemer 15		
3) Kiara Bottle 13	4) Chloe Daniel 17		
4 Toukley			59.07
1) Anika Vaughan 17	2) Tara Hottes 14		
3) Marianna Jessop 14	4) Kirra Vaughan 13		
5 Terrigal Wamberal Lac			59.54
1) Jess Stone 13	2) Adhieu Bior-Black 13		
3) Lindsay Hallam 13	4) Ava Simos 13		

Girls U 9 - High Jump (S/H 0.80m)

Zone: Z 1.15m 1992 H Batten, Terrigal / Wamberal			
Name	Age	Centre	Final
Flight 1			
1 Madelyn Ruane	9	Tuggerah Lak	0.94m
2 Ashlyn Hanson	9	Toukley	0.94m
3 Ruby-Jane Hill	9	Gosford Lac	0.92m
4 Allyson Rodriguez	9	Gosford Lac	0.85m

Girls U 10 - High Jump (S/H 0.90m)

Zone: Z 1.28m 2006 Nicola McDermott, Gosford			
Name	Age	Centre	Final
1 Taylah Sankey	10	Woy Woy Peninsula	1.09m
2 Chelsea Boelhouver	10	Woy Woy Peninsula	1.09m
3 Keira Carlson	10	Wyong Lac	1.00m
4 Addison Kowaliw	10	Wyong Lac	1.00m
5 Tabitha Dâ€™bras	10	Tuggerah Lak	0.90m

Girls U 11 - High Jump (S/H 1.00m)

Zone: Z 1.39m 1993 Amy Carpenter, Tuggerah Lakes			
Name	Age	Centre	Final
1 Alyssa Haremaker	11	Woy Woy Peninsula	1.24m
2 Eva Lynch	11	Woy Woy Peninsula	1.20m
3 Cameron Stamper	11	Terrigal Wam	1.12m
4 Charlotte Robertson	11	Gosford Lac	1.10m
5 Sienna Bottle	11	Wyong Lac	1.05m
5 Abby mcTernan	11	Gosford Lac	1.05m
5 Ruby Waite	11	Tuggerah Lak	1.05m
5 Eva Johnston-McGregor	11	Tuggerah Lak	1.05m
9 Sharlotte Fisher	11	Gosford Lac	1.00m
9 Alana Gee	11	Terrigal Wam	1.00m
-- Gabriella Healey	11	Terrigal Wam	NH
-- Alilia Langaoui	11	Gosford Lac	NH

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Girls U 12 - High Jump (S/H 1.10m)

Zone: Z 1.53m 2008				Mercy Agbeze, Gosford	
Name	Age	Centre		Final	
1 Summer Baigent	12	Toukley		1.22m	
2 lucy iskandar	12	Wyong Lac		1.20m	
3 Kiarna Johnson	12	Wyong Lac		1.20m	
3 Kayla Adam-heron	12	Tuggerah Lak		1.20m	
5 Olivia Eyndhoven	12	Wyong Lac		1.15m	
5 Mia Tongue	12	Wyong Lac		1.15m	
7 Brooklyn Laing	12	Wyong Lac		1.15m	
8 Ruby Garner	12	Tuggerah Lak		1.10m	
9 Sienna Grech	12	Wyong Lac		1.10m	
-- Margrete (Grete) Arthur	12	Gosford Lac		NH	

Girls U 13 - High Jump (S/H 1.15m)

Zone: Z 1.60m 2002				Trudy Thompson, Toukley	
Name	Age	Centre		Final	
1 Jess Stone	13	Terrigal Wam		1.35m	
2 Jade Patrick	13	Gosford Lac		1.29m	
3 Alana Griffith	13	Woy Woy Peninsula		1.17m	
4 Lilly Hofer	13	Terrigal Wam		1.17m	
-- Asiah Woodward	13	Terrigal Wam		NH	
-- Bella Steele-Minett	13	Tuggerah Lak		NH	

Girls U 14 - High Jump (S/H 1.20m)

Zone: Z 1.65m 2010				Nicola McDermott, Gosford	
Name	Age	Centre		Final	
1 Hayley Corderoy	14	Tuggerah Lak		1.55m	
2 India-Rose Barnett	14	Terrigal Wam		1.30m	

Girls U 15 - High Jump (S/H 1.20m)

Zone: Z 1.70m 2011				Nicola McDermott, Woy Woy Pen	
Name	Age	Centre		Final	
1 Anna McKechnie	15	Tuggerah Lak		1.34m	
2 Emelyn Wheeler	15	Gosford Lac		1.32m	

Girls U 17 - High Jump (S/H 1.25m)

Zone: Z 1.60m 2010				Madeline Bird, Tuggerah Lakes	
Name	Age	Centre		Final	
1 Paige Rigney	17	Wyong Lac		1.35m	

Girls U 7 - Long Jump

Zone: Z 3.44m 1983				K Ferguson, Wyong	
Name	Age	Centre		Final	
1 Sophie Eliopoulou	7	Terrigal Wam		2.73m	
2 Mia O'Dell	7	Tuggerah Lak		2.55m	
3 Caitlin Fleming	7	Terrigal Wam		2.50m	
4 Emily McKendrick	7	Gosford Lac		2.45m	
5 Zali Cushway	7	Wyong Lac		2.22m	

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Girls U 7 - Long Jump

6 Emmy Clark	7 Terrigal Wam	2.18m
7 Ava Fardell	7 Tuggerah Lak	1.48m
8 Melinda Hottes	7 Toukley	0.73m

Girls U 8 - Long Jump

Zone: Z 3.56m 1984		R Ferguson, Wyong	
Name	Age Centre		Final
1 Indica Moseley	8 Tuggerah Lak		2.74m
2 Imogen Stanley	8 Tuggerah Lak		2.74m
3 Elisha Windley	8 Tuggerah Lak		2.74m
4 Alleah Milne	8 Gosford Lac		2.60m
5 Olivia Simpson	8 Toukley		2.54m
6 Lily Dart	8 Terrigal Wam		2.51m
7 Millie Godfrey	8 Tuggerah Lak		2.43m
8 Aaliyah Farmer Dally	8 Woy Woy Peninsula		2.36m
9 Maya Darling	8 Tuggerah Lak		2.35m
10 Summer Mutton	8 Woy Woy Peninsula		1.76m

Girls U 9 - Long Jump

Zone: Z 3.96m 1987		J Hayden, Gosford	
Name	Age Centre		Final
1 Bonnie Hardman	9 Woy Woy Peninsula		3.33m
2 Kyah Chalmers	9 Wyong Lac		3.24m
3 Ashlyn Hanson	9 Toukley		3.18m
4 Indiana Laing	9 Wyong Lac		3.14m
5 Mieke Oosthuizen	9 Terrigal Wam		3.04m

Girls U 10 - Long Jump

Zone: Z 4.41m 2002		Ellia Green, Gosford	
Name	Age Centre		Final
1 Keira Callaghan	10 Wyong Lac		3.94m
2 Tyla Channells	10 Terrigal Wam		3.75m
3 Taylah Sankey	10 Woy Woy Peninsula		3.55m
4 Isabella Nicolussi	10 Woy Woy Peninsula		3.50m
5 Lila Darling	10 Tuggerah Lak		3.43m
6 Chelsea Boelhouver	10 Woy Woy Peninsula		3.40m
7 Addison Kowaliw	10 Wyong Lac		3.38m
8 Tahlia Lucas	10 Gosford Lac		3.32m
9 Jasmine Freers	10 Terrigal Wam		3.27m
10 Gemma Rooke	10 Wyong Lac		3.25m
11 Summer Ell	10 Tuggerah Lak		3.14m
12 Katie Evans	10 Gosford Lac		3.11m
13 Emily Falconi	10 Terrigal Wam		3.09m
14 Tayla Singh	10 Tuggerah Lak		3.01m
15 Rhiannon Waters	10 Wyong Lac		2.90m
16 Ava Grey	10 Woy Woy Peninsula		2.14m

Girls U 11 - Long Jump

Zone: Z 4.61m 1992		Rosemary Hayward, Toukley	
Name	Age Centre		Final
1 Demi Karipidis	11 Wyong Lac		4.32m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Girls U 11 - Long Jump

2	Alyssa Haremaker	11	Woy Woy Peninsula	4.09m
3	Cameron Stamper	11	Terrigal Wam	3.82m
4	Katelyn Wardell	11	Gosford Lac	3.69m
5	Charlotte Robertson	11	Gosford Lac	3.58m
6	Ruby Waite	11	Tuggerah Lak	3.57m
7	Abby mcTernan	11	Gosford Lac	3.40m
8	Sarah Grant	11	Wyong Lac	3.23m
9	Gabriella Potestas	11	Woy Woy Peninsula	3.19m
10	Ruby McTernan	11	Gosford Lac	3.05m
11	Alana Gee	11	Terrigal Wam	2.90m

Girls U 12 - Long Jump

Zone: Z 5.02m 2008 Sara Marshall, Gosford				
Name	Age	Centre	Final	
1	lucy iskandar	12	Wyong Lac	4.27m
2	Mia Cross	12	Wyong Lac	4.16m
3	Mia Smyth	12	Terrigal Wam	4.08m
4	Ella Knowles	12	Tuggerah Lak	4.05m
5	Kayla Adam-heron	12	Tuggerah Lak	3.95m
6	Sophie Pratt	12	Woy Woy Peninsula	3.83m
7	Sienna Grech	12	Wyong Lac	3.81m
8	Libby Johnston	12	Terrigal Wam	3.51m
9	Georgie Lawton	12	Wyong Lac	3.30m
10	Lilly Lawrence	12	Gosford Lac	3.25m
11	Emily Neville-Smith	12	Tuggerah Lak	3.17m
12	Shae Vallance	12	Tuggerah Lak	3.12m
13	Morgan Charlton	12	Woy Woy Peninsula	3.09m
14	Genevieve Charlton	12	Woy Woy Peninsula	2.99m
15	Hayden Channells	12	Terrigal Wam	2.92m

Girls U 13 - Long Jump

Zone: Z 5.05m 12/12/2015 Jemma Massoud-psaila, Gosford				
Name	Age	Centre	Final	
1	Jessica Hunter	13	Gosford Lac	4.53m
2	Ava Simos	13	Terrigal Wam	4.29m
3	Lilly Hofer	13	Terrigal Wam	4.16m
4	Jess Stone	13	Terrigal Wam	4.14m
5	Matilda Young	13	Tuggerah Lak	4.06m
6	Jade Patrick	13	Gosford Lac	3.92m
6	Lindsay Hallam	13	Terrigal Wam	3.92m
8	Asiah Woodward	13	Terrigal Wam	3.38m
9	Emma King	13	Terrigal Wam	3.11m

Girls U 14 - Long Jump

Zone: Z 5.17m 1996 Amy Carpenter, Tuggerah Lakes				
Name	Age	Centre	Final	
1	India-Rose Barnett	14	Terrigal Wam	4.26m
2	Dakota Scollay	14	Wyong Lac	4.11m
3	Tara Hottes	14	Toukley	3.95m
4	Willow Smith	14	Wyong Lac	3.35m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Girls U 15 - Long Jump

Zone: Z 5.53m 26/11/2017 Katie Gunn, Gosford LAC			
Name	Age	Centre	Final
1 Baylee Lebreton	15	Gosford Lac	4.93m
2 Anna McKechnie	15	Tuggerah Lak	4.75m
3 Mia Barber	15	Gosford Lac	4.50m
4 Tiarle Kroemer	15	Wyong Lac	4.45m
5 Lauren Gee	15	Terrigal Wam	4.06m

Girls U 17 - Long Jump

Zone: Z 5.62m 11/12/2016 Bethany Kranendonk, Wyong			
Name	Age	Centre	Final
1 Katie Gunn	17	Gosford Lac	5.78mZ
2 Ava Zappia	17	Tuggerah Lak	4.76m
3 Jemma Massoud-Psaila	17	Gosford Lac	4.73m
4 Paige Rigney	17	Wyong Lac	4.31m
5 Chloe Daniel	17	Wyong Lac	3.89m
6 Madelyn Smith	17	Wyong Lac	3.60m

Girls U 11 - Triple Jump

Zone: Z 9.31m 2002 Amanda Thorpe, Terrigal / Wam			
Name	Age	Centre	Final
1 Ava-Marie Carlson	11	Wyong Lac	8.49m
2 Cameron Stamper	11	Terrigal Wam	7.96m
3 Lahni Moore	11	Woy Woy Peninsula	7.32m
4 Katelyn Wardell	11	Gosford Lac	7.11m
5 Kiara Garcia	11	Gosford Lac	7.05m
6 Alana Gee	11	Terrigal Wam	6.55m
7 Jessika Mackie	11	Tuggerah Lak	5.98m
8 Lilly McFadden	11	Toukley	5.90m

Girls U 12 - Triple Jump

Zone: Z 10.38m 2008 Mercy Agbeze, Gosford			
Name	Age	Centre	Final
1 Summer Baigent	12	Toukley	8.12m
2 Kiarna Johnson	12	Wyong Lac	7.76m
3 Melanie Bendeviski	12	Terrigal Wam	7.47m
4 Libby Johnston	12	Terrigal Wam	7.45m
5 Grace Jones	12	Tuggerah Lak	7.27m
6 Genevieve Charlton	12	Woy Woy Peninsula	6.72m
7 Ruby Garner	12	Tuggerah Lak	6.46m
8 Lilly Lawrence	12	Gosford Lac	6.45m

Girls U 13 - Triple Jump

Zone: Z 10.80m 2009 Merce Agbeze, Gosford			
Name	Age	Centre	Final
1 Jess Stone	13	Terrigal Wam	9.11m
2 Jessica Hunter	13	Gosford Lac	8.95m
3 Charlotte Rousell	13	Woy Woy Peninsula	8.85m
4 Sage Kotapski-Tinga	13	Terrigal Wam	8.81m
5 Lilah Washington	13	Tuggerah Lak	7.82m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Girls U 13 - Triple Jump

6 Jade Patrick	13 Gosford Lac	7.48m
7 Brianna Puxty	13 Wyong Lac	6.68m
8 Riyani Puxty	13 Wyong Lac	6.48m

Girls U 14 - Triple Jump

=====			
Zone: Z 11.11m		2010	Mercy Agbeze, Gosford
Name	Age	Centre	Final
=====			
1 Hayley Corderoy	14	Tuggerah Lak	9.54m
2 Tara Hottes	14	Toukley	8.70m
3 Willow Smith	14	Wyong Lac	6.82m

Girls U 15 - Triple Jump

=====			
Zone: Z 11.30m		25/11/2017	Katie Gunn, Gosford LAC
Name	Age	Centre	Final
=====			
1 Baylee Lebreton	15	Gosford Lac	10.56m
2 Anna McKechnie	15	Tuggerah Lak	10.37m
3 Ashley Pernecker	15	Tuggerah Lak	10.08m
4 Mia Barber	15	Gosford Lac	9.36m
5 Lauren Gee	15	Terrigal Wam	8.67m
6 Zoe Hyland	15	Gosford Lac	8.40m
7 Emily Weston	15	Terrigal Wam	8.38m
8 Yuki Rodden	15	Woy Woy Peninsula	8.28m

Girls U 17 - Triple Jump

=====			
Zone: Z 11.36m		12/12/2015	Bethany Kranendonk, Wyong
Name	Age	Centre	Final
=====			
1 Jezebel Navusolo	17	Tuggerah Lak	11.85mZ
2 Jemma Massoud-Psaila	17	Gosford Lac	10.68m

Girls U 7 - Shot Put (1.0 Kg)

=====			
Zone: Z 6.94m		1983	R Ferguson, Wyong
Name	Age	Centre	Final
=====			
1 Emmy Clark	7	Terrigal Wam	3.71m
2 Emily McKendrick	7	Gosford Lac	3.11m
3 Sophia Nicolussi	7	Woy Woy Peninsula	2.74m

Girls U 8 - Shot Put (1.5 Kg)

=====			
Zone: Z 6.12m		1999	K Kinna, Terrigal / Wamberal
Name	Age	Centre	Final
=====			
1 Lily Healey	8	Woy Woy Peninsula	4.30m
2 Zahli Fisher	8	Gosford Lac	4.19m
3 Georgie Houghton	8	Tuggerah Lak	3.70m
4 Ruby Ell	8	Tuggerah Lak	2.90m
5 Summer Mutton	8	Woy Woy Peninsula	2.58m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Girls U 9 - Shot Put (2.0 Kg)

Zone: Z 7.90m 1985 R Ferguson, Wyong			
Name	Age	Centre	Final
1 Leileenah Havea	9	Wyong Lac	5.34m
2 Madelyn Ruane	9	Tuggerah Lak	4.72m
3 Indiana Laing	9	Wyong Lac	4.39m
4 Mina Humphreys	9	Terrigal Wam	3.53m
5 Zali McFadden	9	Toukley	3.42m
6 Corabella Papalexion	9	Gosford Lac	2.74m

Girls U 10 - Shot Put (2.0 Kg)

Zone: Z 9.93m 2005 Samantha Farrant, Gosford			
Name	Age	Centre	Final
1 Keira Carlson	10	Wyong Lac	6.69m
2 Isabella Nicolussi	10	Woy Woy Peninsula	6.01m
3 Gemma Rooke	10	Wyong Lac	5.72m
4 Tayla Singh	10	Tuggerah Lak	5.00m
5 Hannah Butler	10	Wyong Lac	4.53m
6 Te Ana Topia	10	Toukley	4.30m
-- Jacinta Liedberg	10	Gosford Lac	FOUL

Girls U 11 - Shot Put (2.0 Kg)

Zone: Z 12.86m 2006 Samantha Farrant, Gosford			
Name	Age	Centre	Final
1 Alilia Langaoui	11	Gosford Lac	7.11m
2 Ava-Marie Carlson	11	Wyong Lac	7.07m
3 Sarah Hyland	11	Gosford Lac	5.95m
4 Nia Donnelly	11	Terrigal Wam	5.88m
5 Caoimhe O'Gorman	11	Terrigal Wam	5.10m
6 Charlotte Fisher	11	Gosford Lac	4.77m
7 Chelsea Mackenzie	11	Toukley	3.44m

Girls U 12 - Shot Put (2.0 Kg)

Zone: Z 12.93m 26/11/2017 Angel Bywater, Gosford LAC			
Name	Age	Centre	Final
1 Kayla Adam-heron	12	Tuggerah Lak	7.55m
2 lucy iskandar	12	Wyong Lac	6.77m
3 Olivia Eyndhoven	12	Wyong Lac	6.49m
4 Ally Cremer	12	Terrigal Wam	5.49m
5 Lilly Lawrence	12	Gosford Lac	5.46m

Girls U 13 - Shot Put (3.0 Kg)

Zone: Z 12.58m 2008 Samantha Farrant, Gosford			
Name	Age	Centre	Final
1 Kiara Riddell	13	Wyong Lac	9.26m
2 Jessica Hunter	13	Gosford Lac	9.07m
3 Laura Reeves	13	Woy Woy Peninsula	9.03m
4 Jess Stone	13	Terrigal Wam	7.73m
5 Imogen Ryan	13	Terrigal Wam	6.86m
6 Emma Booth	13	Gosford Lac	6.39m
7 Tennikah Liedberg	13	Gosford Lac	6.21m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Girls U 13 - Shot Put (3.0 Kg)

8 Lana Pavy	13 Terrigal Wam	5.90m
9 Savannah Robinson	13 Toukley	5.38m
10 Emma King	13 Terrigal Wam	5.24m

Girls U 14 - Shot Put (3.0 Kg)

Zone: Z 12.85m 2009 Samantha Farrant, Gosford			
Name	Age	Centre	Final
1 Alexis Aldous	14	Woy Woy Peninsula	7.84m
2 Tarni Eagleton	14	Toukley	6.91m
3 Dakota Scollay	14	Wyong Lac	5.58m

Girls U 15 - Shot Put (3.0 Kg)

Zone: Z 13.10m 1994 Debra Turnbull, Tuggerah Lak			
Name	Age	Centre	Final
1 Baylee Lebreton	15	Gosford Lac	10.25m
2 Sophie Daniel	15	Wyong Lac	9.26m
3 Emily Weston	15	Terrigal Wam	7.29m
4 Zoe Hyland	15	Gosford Lac	6.40m

Girls U 17 - Shot Put (3.0 Kg)

Zone: Z 13.18m 2011 Samantha Farrant, Wyong			
Name	Age	Centre	Final
1 Rebecca Casey	17	Gosford Lac	10.33m
2 Annabelle Rodgers	17	Gosford Lac	10.30m
3 Lilly-Ann Campbell	17	Toukley	9.71m
4 Paige Rigney	17	Wyong Lac	9.00m
5 Chloe Daniel	17	Wyong Lac	8.26m
6 Abigia Barrett	17	Toukley	7.97m

Girls U 7 - Discus (350 Gram)

Zone: Z 13.92m 1997 R Saunders, Tuggerah Lakes M			
Name	Age	Centre	Final
1 Mia O'Dell	7	Tuggerah Lak	9.28m
2 Emmy Clark	7	Terrigal Wam	8.78m
3 Emily McKendrick	7	Gosford Lac	7.23m
4 Melinda Hottes	7	Toukley	2.44m

Girls U 8 - Discus (500 Gram)

Zone: Z 15.42m 12/12/2015 Ava-marie Carlson, Tuggerah			
Name	Age	Centre	Final
1 Elisha Windley	8	Tuggerah Lak	12.04m
2 Lily Healey	8	Woy Woy Peninsula	8.44m
3 Zahli Fisher	8	Gosford Lac	6.89m
4 Maya Darling	8	Tuggerah Lak	5.87m
5 Ashlee Franco	8	Wyong Lac	4.09m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Girls U 9 - Discus (500 Gram)

Zone: Z 21.90m 11/12/2016 Ava-Marie Carlson, Wyong			
Name	Age	Centre	Final
1 Madelyn Ruane	9	Tuggerah Lak	13.85m
2 Leileenah Havea	9	Wyong Lac	11.27m
3 Ashlyn Hanson	9	Toukley	10.78m
4 Nissa Belkadi	9	Terrigal Wam	9.63m
5 Allyson Rodriguez	9	Gosford Lac	9.17m
6 Mena Patterson	9	Terrigal Wam	8.30m
7 Corabella Papalexion	9	Gosford Lac	7.70m

Girls U 10 - Discus (500 Gram)

Zone: Z 26.52m 1995 V Oliver, Gosford			
Name	Age	Centre	Final
1 Keira Carlson	10	Wyong Lac	21.27m
2 Katie Evans	10	Gosford Lac	17.44m
3 Addison Kowaliw	10	Wyong Lac	16.25m
4 Azarliah Grant	10	Wyong Lac	16.16m
5 Jacinta Liedberg	10	Gosford Lac	15.35m
6 Gemma Rooke	10	Wyong Lac	15.16m
7 Sophee Dwyer	10	Gosford Lac	10.93m
8 Hannah Butler	10	Wyong Lac	9.39m
9 Te Ana Topia	10	Toukley	8.88m
10 Bronte Scahill	10	Woy Woy Peninsula	6.02m

Girls U 11 - Discus (500 Gram)

Zone: Z 27.55m 2006 Samantha Farrant, Gosford			
Name	Age	Centre	Final
1 Ava-Marie Carlson	11	Wyong Lac	21.71m
2 Olivia Booth	11	Gosford Lac	19.74m
3 Alilia Langaoui	11	Gosford Lac	17.94m
4 Sarah Grant	11	Wyong Lac	16.67m
5 Sarah Hyland	11	Gosford Lac	14.83m
6 Chloe Smith	11	Wyong Lac	14.65m
7 Nia Donnelly	11	Terrigal Wam	14.57m
8 Jessika Mackie	11	Tuggerah Lak	14.05m
9 Kiara Garcia	11	Gosford Lac	11.99m
10 Jasmine McNair	11	Tuggerah Lak	11.95m
11 Caoimhe O'Gorman	11	Terrigal Wam	10.32m
12 Aimee French	11	Gosford Lac	9.99m

Girls U 12 - Discus (750 Gram)

Zone: Z 35.10m 1991 Debra Turnbull, Tuggerah Lak			
Name	Age	Centre	Final
1 Georgia Payne	12	Tuggerah Lak	16.82m
2 Kayla Adam-heron	12	Tuggerah Lak	16.11m
3 Ashlyn Hyland	12	Gosford Lac	15.70m
4 Grace Jones	12	Tuggerah Lak	14.79m
5 Georgie Lawton	12	Wyong Lac	14.51m
6 Melanie Bendeviski	12	Terrigal Wam	13.80m
7 Grace Minto	12	Tuggerah Lak	13.25m
8 Olivia Eyndhoven	12	Wyong Lac	12.37m
9 Sienna Pitcher	12	Gosford Lac	12.11m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
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....Girls U 12 - Discus (750 Gram)

10 Lilly Lawrence	12 Gosford Lac	11.24m
11 Hayden Channells	12 Terrigal Wam	9.99m
12 Margrete (Grete) Arthur	12 Gosford Lac	8.78m

Girls U 13 - Discus (750 Gram)

Zone: Z 37.32m 2010			Jamie Farrant, Gosford
Name	Age Centre	Final	
1 Gemma Murphy-Waters	13 Wyong Lac	29.14m	
2 Laura Reeves	13 Woy Woy Peninsula	27.67m	
3 Jessica Hunter	13 Gosford Lac	27.15m	
4 Kiara Riddell	13 Wyong Lac	24.28m	
5 Ava Simos	13 Terrigal Wam	19.86m	
6 Tennikah Liedberg	13 Gosford Lac	17.60m	
7 Savannah Robinson	13 Toukley	17.09m	
8 Emma Booth	13 Gosford Lac	16.95m	
9 Imogen Ryan	13 Terrigal Wam	15.42m	
10 Lana Pavy	13 Terrigal Wam	14.68m	
11 Matilda Young	13 Tuggerah Lak	14.31m	
12 Lindsay Hallam	13 Terrigal Wam	14.30m	
13 Elisa Milne	13 Terrigal Wam	13.22m	

Girls U 14 - Discus (1.0 Kg)

Zone: Z 34.80m 1993			Debra Turnbull, Tuggerah Lak
Name	Age Centre	Final	
1 Elizabeth Petrie	14 Wyong Lac	20.99m	
2 Nikysha Bennett	14 Tuggerah Lak	19.62m	
3 Tori Robertson	14 Tuggerah Lak	18.62m	

Girls U 15 - Discus (1.0 Kg)

Zone: Z 39.46m 1996			Debra Turnbull, Tuggerah Lak
Name	Age Centre	Final	
1 Sophie Daniel	15 Wyong Lac	23.60m	
2 Baylee Lebreton	15 Gosford Lac	22.10m	
3 Tahlia Williams	15 Terrigal Wam	17.23m	
4 Emily Weston	15 Terrigal Wam	16.18m	

Girls U 17 - Discus (1.0 Kg)

Zone: Z 40.77m 14/12/2014			Tegan Fennell, Tuggerah Lake
Name	Age Centre	Final	
1 Rebecca Casey	17 Gosford Lac	36.04m	
2 Lilly-Ann Campbell	17 Toukley	29.37m	
3 Annabelle Rodgers	17 Gosford Lac	25.16m	
4 Chelsea Payne	17 Tuggerah Lak	22.39m	
5 Abigia Barrett	17 Toukley	15.41m	

Girls U 11 - Javelin (400 Gram)

Zone: Z 18.39m 11/12/2015			Lexi Weber, Tuggerah Lakes M
Name	Age Centre	Final	
1 Ava-Marie Carlson	11 Wyong Lac	21.22mZ	

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
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....Girls U 11 - Javelin (400 Gram)

2	Taylah Markulin	11	Tuggerah Lak	15.44m
3	Jessika Mackie	11	Tuggerah Lak	13.44m
4	Imogen Gray	11	Tuggerah Lak	10.98m
5	Chloe Smith	11	Wyong Lac	8.67m
6	Sharlotte Fisher	11	Gosford Lac	8.06m
7	Alilia Langaoui	11	Gosford Lac	7.65m

Girls U 12 - Javelin (400 Gram)

=====
 Zone: Z 26.23m 9/12/2016 Leisel Collins, Woy Woy
 Name Age Centre Final
 =====

1	Brooklyn Laing	12	Wyong Lac	14.84m
2	Georgie Lawton	12	Wyong Lac	13.88m
3	Olivia Eyndhoven	12	Wyong Lac	13.55m
4	Grace Jones	12	Tuggerah Lak	12.06m
5	Grace Minto	12	Tuggerah Lak	8.39m
6	Olivia Falconi	12	Terrigal Wam	8.23m

Girls U 13 - Javelin (400 Gram)

=====
 Zone: Z 31.35m 2008 Samantha Farrant, Gosford
 Name Age Centre Final
 =====

1	Jessica Hunter	13	Gosford Lac	19.59m
2	Kiara Riddell	13	Wyong Lac	18.89m
3	Laura Reeves	13	Woy Woy Peninsula	18.49m
4	Tennikah Liedberg	13	Gosford Lac	13.80m
5	Gemma Murphy-Waters	13	Wyong Lac	12.90m
6	Sage Kotapski-Tinga	13	Terrigal Wam	12.26m

Girls U 14 - Javelin (400 Gram)

=====
 Zone: Z 27.87m 14/12/2014 April brown-Peters, Tuggerah
 Name Age Centre Final
 =====

1	Tori Robertson	14	Tuggerah Lak	23.21m
2	India Duguid	14	Woy Woy Peninsula	20.80m
3	Stella Norris	14	Tuggerah Lak	19.56m
4	Tarni Eagleton	14	Toukley	18.63m
5	Elizabeth Petrie	14	Wyong Lac	17.30m

Girls U 15 - Javelin (500 Gram)

=====
 Zone: Z 31.13m 13/12/2013 Brianna Shipley, Tuggerah La
 Name Age Centre Final
 =====

1	Baylee Lebreton	15	Gosford Lac	19.95m
2	Erin Hamilton	15	Gosford Lac	15.55m
3	Yuki Rodden	15	Woy Woy Peninsula	14.77m
4	Charlee Lawton	15	Wyong Lac	13.67m
5	Sophie Daniel	15	Wyong Lac	12.70m

Girls U 17 - Javelin (500 Gram)

=====
 Zone: Z 33.09m 2011 Casey Judge, Tuggerah Lakes
 Name Age Centre Final
 =====

1	Annabelle Rodgers	17	Gosford Lac	24.03m
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CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
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Results

....Girls U 17 - Javelin (500 Gram)

2	Hannah Bolton	17	Tuggerah Lak	19.34m
3	April Carty	17	Toukley	17.32m
4	Ella Robertson	17	Tuggerah Lak	17.06m
5	Lilly-Ann Campbell	17	Toukley	16.92m
6	Chelsea Payne	17	Tuggerah Lak	15.76m
7	Taylah Seaborn	17	Tuggerah Lak	12.80m
8	Abigia Barrett	17	Toukley	9.24m

Girls U 9 - 700 Metre Walk

=====				
Zone: Z 4:04.00 1997 S Tomlin, Woy Woy Peninsula				
Name	Age	Centre		Final
=====				

Section 1

1	Alissa McNair	9	Tuggerah Lak	5:29.18
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Girls U 10 - 1100 Metre Walk

=====				
Zone: Z 5:59.10 1998 S Tomlin, Woy Woy Peninsula				
Name	Age	Centre		Final
=====				

1	Caetlin Ashby	10	Gosford Lac	6:53.23
2	Hannah Butler	10	Wyong Lac	7:22.19
3	Tabitha Dâ€™bras	10	Tuggerah Lak	7:44.69
4	Emily Falconi	10	Terrigal Wam	8:43.24

Girls U 11 - 1100 Metre Walk

=====				
Zone: Z 5:47.00 11/12/2015 Amalia Patterson, Tuggerah				
Name	Age	Centre		Final
=====				

1	Taylah Markulin	11	Tuggerah Lak	7:24.73
2	Chloe Smith	11	Wyong Lac	7:52.36
3	Hayley Jackson	11	Tuggerah Lak	8:05.09

Girls U 12 - 1500 Metre Walk

=====				
Zone: Z 7:26.94 9/12/2016 Amalia Patterson, Tuggerah				
Name	Age	Centre		Final
=====				

1	Sienna Pitcher	12	Gosford Lac	8:35.70
2	Georgia Payne	12	Tuggerah Lak	9:45.41
3	Grace Jones	12	Tuggerah Lak	9:52.29
4	Emily Neville-Smith	12	Tuggerah Lak	10:14.81

Girls U 13 - 1500 Metre Walk

=====				
Zone: Z 7:34.20 1993 A Wells, Gosford				
Name	Age	Centre		Final
=====				

1	Tennikah Liedberg	13	Gosford Lac	9:32.90
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Girls U 14 - 1500 Metre Walk

=====				
Zone: Z 6:58.63 24/11/2017 Hannah Bolton, Tuggerah Lak				
Name	Age	Centre		Final
=====				

1	Izabella Dunne	14	Terrigal Wam	7:25.67
2	India Duguid	14	Woy Woy Peninsula	7:51.55

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

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Girls U 15 - 1500 Metre Walk

Zone: Z 6:50.36 24/11/2017 Allanah Pitcher, Gosford LA			
Name	Age	Centre	Final
1 Kara Reid	15	Tuggerah Lak	9:17.88
2 Charlee Lawton	15	Wyong Lac	12:52.55

Girls U 17 - 1500 Metre Walk

Zone: Z 7:48.92 13/12/2013 Lydia McKay, Gosford			
Name	Age	Centre	Final
1 Allanah Pitcher	17	Gosford Lac	7:00.90Z
2 Hannah Bolton	17	Tuggerah Lak	7:09.24Z
3 Chelsea Payne	17	Tuggerah Lak	8:07.86
4 Paige Rigney	17	Wyong Lac	8:36.19
5 Chloe Daniel	17	Wyong Lac	9:31.89
6 Taylah Seaborn	17	Tuggerah Lak	10:08.95

Boys U 7 - 50 Metre Sprint

Zone: Z 8.50 2004 Patrick Flint, Tuggerah Lakes			
Name	Age	Centre	Final
1 Grayson Kowaliw	7	Wyong Lac	9.30
2 Kade Davidson	7	Tuggerah Lak	9.59
3 Hala'api'api Havea	7	Wyong Lac	9.81

Boys U 7 - 70 Metre Sprint

Zone: Z 11.20 1989 G Towle, Gosford			
Name	Age	Centre	Final
1 Angus Lennon	7	Tuggerah Lak	12.67
2 Noah Mifsud	7	Gosford Lac	12.87
3 Grayson Kowaliw	7	Wyong Lac	13.01
4 Heath Riddell	7	Toukley	13.05
5 Kade Davidson	7	Tuggerah Lak	13.08
6 Archer Gray	7	Wyong Lac	13.22
7 Max Napoli	7	Woy Woy Peninsula	14.14

Boys U 8 - 70 Metre Sprint

Zone: Z 10.70 2002 Byron Cavender, Gosford			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Cooper Bandy	8	Tuggerah Lak	12.20Q
2 Zane Lennon	8	Tuggerah Lak	12.65Q
3 Thomas Barnett	8	Terrigal Wam	12.84Q
4 Braydan Carlson	8	Wyong Lac	12.95
5 Thomas Turnbull	8	Woy Woy Peninsula	13.51
6 Jacob Mifsud	8	Gosford Lac	14.44
7 Nixon Berry	8	Toukley	17.27
Heat 2 Heats			
1 Harry Lowbridge	8	Terrigal Wam	11.10Q
2 Kingston Alabi	8	Woy Woy Peninsula	11.23Q
3 Brayden Hill	8	Gosford Lac	12.07Q
4 Jacob Chalmers	8	Wyong Lac	12.19q
5 Corbin Lennon	8	Tuggerah Lak	12.62q

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
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....Boys U 8 - 70 Metre Sprint

6 Shidoh Isogai	8 Tuggerah Lak	13.20
7 Luca Nowland	8 Terrigal Wam	14.00

Boys U 8 - 70 Metre Sprint

Zone: Z 10.70 2002			Byron Cavender, Gosford
Name	Age Centre		Final
Section 1 Final			
1 Harry Lowbridge	8 Terrigal Wam		11.50
2 Kingston Alabi	8 Woy Woy Peninsula		11.68
3 Jacob Chalmers	8 Wyong Lac		12.45
4 Cooper Bandy	8 Tuggerah Lak		12.48
5 Brayden Hill	8 Gosford Lac		12.90
6 Zane Lennon	8 Tuggerah Lak		13.23
7 Corbin Lennon	8 Tuggerah Lak		13.57

Boys U 9 - 70 Metre Sprint

Zone: Z 10.20 1999			J Mulligan, Gosford
Name	Age Centre		Final
Section 1			
1 Lyndon Miletic	9 Gosford Lac		11.08
2 Caleb-Xavier Mahe	9 Wyong Lac		11.16
3 Axle Lennon	9 Tuggerah Lak		11.64
4 Jai Sugitha	9 Tuggerah Lak		11.68
5 Patrick Turnbull	9 Woy Woy Peninsula		12.47
6 Zen Turner-Haiti	9 Tuggerah Lak		12.62

Boys U 10 - 70 Metre Sprint

Zone: Z 9.50 2005			Jayden Priest, Gosford
Name	Age Centre		Final
1 Kai Onozawa	10 Gosford Lac		10.76
2 Zac Barton	10 Wyong Lac		10.79
3 Mitchell Robinson	10 Toukley		11.00
4 Cooper Bolton	10 Terrigal Wam		11.12
5 Monty Lowbridge	10 Terrigal Wam		11.60
6 Noah Spindler	10 Toukley		13.12

Boys U 7 - 100 Metre Sprint

Zone: Z 15.60 1989			G Towle, Gosford
Name	Age Centre		Final
1 Grayson Kowaliw	7 Wyong Lac		17.78
2 Angus Lennon	7 Tuggerah Lak		17.82
3 Heath Riddell	7 Toukley		18.08
4 Archer Gray	7 Wyong Lac		18.16
5 Kade Davidson	7 Tuggerah Lak		18.86
6 Harlo Hughes	7 Gosford Lac		21.08

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Boys U 8 - 100 Metre Sprint

Zone: Z 15.00 1989 J Hirst, Terrigal / Wamberal			
Name	Age	Centre	Heats

Heat 1 Heats

1	Kingston Alabi	8	Woy Woy Peninsula	15.65q
2	Brayden Hill	8	Gosford Lac	16.79q
3	Thomas Barnett	8	Terrigal Wam	17.28q
4	Corbin Lennon	8	Tuggerah Lak	17.60q
5	Zane Lennon	8	Tuggerah Lak	17.84q
6	Thomas Turnbull	8	Woy Woy Peninsula	19.01

Heat 2 Heats

1	Harry Lowbridge	8	Terrigal Wam	15.78q
2	Cooper Bandy	8	Tuggerah Lak	16.75q
3	Braydan Carlson	8	Wyong Lac	18.14q
4	Zayer Pace	8	Terrigal Wam	18.71
5	Nixon Berry	8	Toukley	19.03

Boys U 8 - 100 Metre Sprint

Zone: Z 15.00 1989 J Hirst, Terrigal / Wamberal			
Name	Age	Centre	Final

Section 1 Final

1	Harry Lowbridge	8	Terrigal Wam	15.44
2	Kingston Alabi	8	Woy Woy Peninsula	15.63
3	Cooper Bandy	8	Tuggerah Lak	16.85
4	Brayden Hill	8	Gosford Lac	16.95
5	Thomas Barnett	8	Terrigal Wam	17.26
6	Braydan Carlson	8	Wyong Lac	18.02
7	Corbin Lennon	8	Tuggerah Lak	18.16
8	Zane Lennon	8	Tuggerah Lak	18.45

Boys U 9 - 100 Metre Sprint

Zone: Z 14.10 2011 Sandon Smith, Tuggerah Lakes			
Name	Age	Centre	Heats

Heat 1 Heats

1	Lyndon Miletic	9	Gosford Lac	14.90Q
2	Axle Lennon	9	Tuggerah Lak	15.49Q
3	Jai Sugitha	9	Tuggerah Lak	15.64Q
4	Talan Barber	9	Terrigal Wam	16.39q
5	Dion Mac	9	Wyong Lac	16.80q

Heat 2 Heats

1	Caleb-Xavier Mahe	9	Wyong Lac	15.55Q
2	Jack Alvarez	9	Gosford Lac	16.60Q
3	Tobias Gray	9	Terrigal Wam	16.72Q
4	Kobi Hughes	9	Gosford Lac	18.20

Boys U 9 - 100 Metre Sprint

Zone: Z 14.10 2011 Sandon Smith, Tuggerah Lakes			
Name	Age	Centre	Final

Section 1 Final

1	Caleb-Xavier Mahe	9	Wyong Lac	14.91
2	Lyndon Miletic	9	Gosford Lac	15.11
3	Jai Sugitha	9	Tuggerah Lak	15.78
4	Axle Lennon	9	Tuggerah Lak	15.99

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
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Results

....Boys U 9 - 100 Metre Sprint

5 Tobias Gray	9 Terrigal Wam	16.35
6 Jack Alvarez	9 Gosford Lac	16.38
7 Dion Mac	9 Wyong Lac	17.33
8 Talan Barber	9 Terrigal Wam	17.60

Boys U 10 - 100 Metre Sprint

Zone: Z 13.50 1992 T Donaldson, Tuggerah Lakes M			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jimmy Johnston	10	Terrigal Wam	14.87Q
2 Kai Onozawa	10	Gosford Lac	15.51Q
3 Max McCartney	10	Terrigal Wam	15.69q
4 Aiden Robards	10	Tuggerah Lak	16.09
5 Daniel Gallo	10	Gosford Lac	16.49
6 Noah Spindler	10	Toukley	19.12
Heat 2 Heats			
1 Silas Allen	10	Tuggerah Lak	14.72Q
2 Mitchell Robinson	10	Toukley	15.61Q
3 Kai Bailey	10	Terrigal Wam	16.17
4 Hamish Pech	10	Tuggerah Lak	17.06
5 Lachlan Glasson	10	Gosford Lac	17.08
6 Shane Stevens	10	Woy Woy Peninsula	18.49
Heat 3 Heats			
1 Cruiz Parke	10	Terrigal Wam	14.65Q
2 Ethan West	10	Wyong Lac	15.36Q
3 Cooper Bolton	10	Terrigal Wam	15.69q
4 Brodie Cowan	10	Toukley	15.98
5 Riley O'Dell	10	Tuggerah Lak	16.88

Boys U 10 - 100 Metre Sprint

Zone: Z 13.50 1992 T Donaldson, Tuggerah Lakes M			
Name	Age	Centre	Final
Section 1 Final			
1 Silas Allen	10	Tuggerah Lak	14.37
2 Cruiz Parke	10	Terrigal Wam	14.54
3 Jimmy Johnston	10	Terrigal Wam	14.65
4 Ethan West	10	Wyong Lac	15.24
5 Kai Onozawa	10	Gosford Lac	15.39
6 Mitchell Robinson	10	Toukley	15.50
7 Max McCartney	10	Terrigal Wam	16.34
8 Cooper Bolton	10	Terrigal Wam	18.40

Boys U 11 - 100 Metre Sprint

Zone: Z 13.00 2007 Joshua Parkinson, Tuggerah La			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Tahj Hamilton	11	Tuggerah Lak	13.48Q
2 Oliver Szymanski	11	Woy Woy Peninsula	13.88Q
3 Brady Mackay	11	Wyong Lac	13.96Q
4 Alex Mccoombe-Lopez	11	Woy Woy Peninsula	14.48q
5 Tyler Franco	11	Wyong Lac	15.15q
6 Cohen Riddell	11	Toukley	15.65
7 Matthew Fleming	11	Terrigal Wam	15.68

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Results

....Boys U 11 - 100 Metre Sprint

Heat 2 Heats

1	Alexander Willcocks	11	Wyong Lac	14.71Q
2	Cooper Moseley	11	Tuggerah Lak	15.51Q
3	Tamatea Topia	11	Toukley	15.82Q
4	Jack Brown	11	Terrigal Wam	16.37
5	Thomas Hooke	11	Tuggerah Lak	16.88

Boys U 11 - 100 Metre Sprint

=====				
	Zone: Z 13.00	2007	Joshua Parkinson, Tuggerah La	
Name		Age	Centre	Final
=====				

Section 1 Final

1	Tahj Hamilton	11	Tuggerah Lak	13.50
2	Oliver Szymanski	11	Woy Woy Peninsula	13.79
3	Brady Mackay	11	Wyong Lac	14.14
4	Alex Mccoombe-Lopez	11	Woy Woy Peninsula	14.50
5	Alexander Willcocks	11	Wyong Lac	14.75
6	Tyler Franco	11	Wyong Lac	15.03
7	Cooper Moseley	11	Tuggerah Lak	15.37
8	Tamatea Topia	11	Toukley	15.83

Boys U 12 - 100 Metre Sprint

=====				
	Zone: Z 12.69	15/12/2012	Aaron Dudman, Gosford	
Name		Age	Centre	Final
=====				

Section 1

1	Cooper Jones	12	Tuggerah Lak	13.53
2	Tyler Robson	12	Terrigal Wam	13.61
3	Vincent Hottes	12	Toukley	13.78
4	Damian Storey	12	Woy Woy Peninsula	13.84
5	Liam Mellor	12	Tuggerah Lak	14.16
6	Callum Smith	12	Wyong Lac	14.20
7	Lachlan Pech	12	Tuggerah Lak	14.44

Boys U 13 - 100 Metre Sprint

=====				
	Zone: Z 12.10	2004	Tommy Robinson, Terrigal / Wa	
Name		Age	Centre	Heats
=====				

Heat 1 Heats

1	Harley Singh	13	Tuggerah Lak	13.11Q
2	Christopher Rae	13	Tuggerah Lak	13.38Q
3	Talan Beatty	13	Terrigal Wam	14.40Q
4	Dion Papalexion	13	Gosford Lac	14.61q
5	James Fleming	13	Terrigal Wam	14.73

Heat 2 Heats

1	Liam Coles	13	Toukley	12.54Q
2	Harley Dimech	13	Terrigal Wam	13.88Q
3	Riley Holt	13	Woy Woy Peninsula	13.95Q
4	Felix Kirton	13	Wyong Lac	14.10q

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

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Boys U 13 - 100 Metre Sprint

Zone: Z 12.10 2004 Tommy Robinson, Terrigal / Wa			
Name	Age	Centre	Final
Section 1 Final			
1 Liam Coles	13	Toukley	12.29
2 Harley Singh	13	Tuggerah Lak	12.98
3 Christopher Rae	13	Tuggerah Lak	13.10
4 Riley Holt	13	Woy Woy Peninsula	13.69
5 Harley Dimech	13	Terrigal Wam	13.79
6 Talan Beatty	13	Terrigal Wam	14.43
7 Felix Kirton	13	Wyong Lac	14.53
8 Dion Papalexion	13	Gosford Lac	14.73

Boys U 14 - 100 Metre Sprint

Zone: Z 11.50 2004 Thomas Andrew, Gosford			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Luka Szymanski	14	Woy Woy Peninsula	11.64Q
2 Riley Smith	14	Wyong Lac	12.47Q
3 Aymn Hamilton	14	Tuggerah Lak	12.88Q
4 Oscar McCoombe-Lopez	14	Woy Woy Peninsula	13.46q
5 Kynan Johnson	14	Wyong Lac	13.84q
Heat 2 Heats			
1 Connor Rooke	14	Wyong Lac	12.42Q
2 Lachlan Mackie	14	Tuggerah Lak	12.88Q
3 Aaron Neville-Smith	14	Tuggerah Lak	13.33Q
4 Billy Pescud	14	Toukley	15.89

Boys U 14 - 100 Metre Sprint

Zone: Z 11.50 2004 Thomas Andrew, Gosford			
Name	Age	Centre	Final
Section 1 Final			
1 Luka Szymanski	14	Woy Woy Peninsula	11.46Z
2 Riley Smith	14	Wyong Lac	12.25
3 Connor Rooke	14	Wyong Lac	12.39
4 Aymn Hamilton	14	Tuggerah Lak	12.45
5 Lachlan Mackie	14	Tuggerah Lak	13.07
6 Oscar McCoombe-Lopez	14	Woy Woy Peninsula	13.39
7 Aaron Neville-Smith	14	Tuggerah Lak	13.44
8 Kynan Johnson	14	Wyong Lac	13.80

Boys U 15 - 100 Metre Sprint

Zone: Z 11.00 2001 Owen Martin, Terrigal / Wambe			
Name	Age	Centre	Final
Section 1			
1 Ryan Brown	15	Woy Woy Peninsula	11.81
2 Jamie Trivers	15	Tuggerah Lak	11.90
3 Ethan Jeffrey	15	Wyong Lac	12.19
4 Liam Eyndhoven	15	Wyong Lac	12.33
5 Bailey Holt	15	Woy Woy Peninsula	12.74
6 Jacob McMillan	15	Tuggerah Lak	12.87
7 Ikey Allen	15	Tuggerah Lak	12.89

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Boys U 17 - 100 Metre Sprint

Zone: Z 10.92 25/11/2017 Taine Petersen, Tuggerah Lak			
Name	Age	Centre	Final
1 Cameron Steer	17	Tuggerah Lak	10.91Z
2 Jarrod Smedley	17	Tuggerah Lak	11.57
3 Lachlan Kroemer	17	Wyong Lac	13.56
4 Thomas Wann	17	Wyong Lac	13.63

Boys U 7 - 200 Metre Sprint

Zone: Z 32.20 2008 Jamal Belkadi, Gosford			
Name	Age	Centre	Final
1 Noah Mifsud	7	Gosford Lac	38.86
2 Angus Lennon	7	Tuggerah Lak	40.56
3 Heath Riddell	7	Toukley	40.60
4 kai mac	7	Wyong Lac	42.67
5 Kade Davidson	7	Tuggerah Lak	43.16
6 Max Napoli	7	Woy Woy Peninsula	45.60

Boys U 8 - 200 Metre Sprint

Zone: Z 32.36 15/12/2013 Dylan Coyte, Wyong			
Name	Age	Centre	Final
1 Corbin Lennon	8	Tuggerah Lak	40.29
2 Thomas Turnbull	8	Woy Woy Peninsula	42.45
3 Shidoh Isogai	8	Tuggerah Lak	43.03
4 Jacob Mifsud	8	Gosford Lac	46.61
Section 2			
1 Harry Lowbridge	8	Terrigal Wam	34.52
2 Cooper Bandy	8	Tuggerah Lak	36.84
3 Thomas Barnett	8	Terrigal Wam	39.64
4 Zane Lennon	8	Tuggerah Lak	41.30
5 Jacob Chalmers	8	Wyong Lac	43.54

Boys U 9 - 200 Metre Sprint

Zone: Z 30.40 1985 D Binskin, Gosford			
Name	Age	Centre	Final
Section 1			
1 Lyndon Miletic	9	Gosford Lac	33.13
2 Tobias Gray	9	Terrigal Wam	34.76
3 Jai Sugitha	9	Tuggerah Lak	35.40
4 Axle Lennon	9	Tuggerah Lak	36.27
5 Logan White	9	Gosford Lac	38.15
6 Talan Barber	9	Terrigal Wam	38.50
7 Kobi Hughes	9	Gosford Lac	39.36
8 Ayden Barlow	9	Woy Woy Peninsula	40.02

Boys U 10 - 200 Metre Sprint

Zone: Z 28.80 2009 Tyler Gunn, Gosford			
Name	Age	Centre	Final
1 Cooper Bolton	10	Terrigal Wam	34.17
2 Monty Lowbridge	10	Terrigal Wam	34.31
3 Lachlan Glasson	10	Gosford Lac	36.82

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Boys U 10 - 200 Metre Sprint

4 Zade Mutton	10 Woy Woy Peninsula	38.59
Section 2		
1 Jimmy Johnston	10 Terrigal Wam	31.38
2 Ethan West	10 Wyong Lac	32.90
3 Kai Onozawa	10 Gosford Lac	32.96
4 Matthew Norman	10 Terrigal Wam	33.09
5 Mitchell Robinson	10 Toukley	35.28
6 Daniel Bendeovski	10 Terrigal Wam	36.27
7 Shane Stevens	10 Woy Woy Peninsula	40.91

Boys U 11 - 200 Metre Sprint

=====		
Zone: Z 27.60	2010	Tyler Gunn, Gosford
Name	Age Centre	Final
=====		
Section 1		
1 Tahj Hamilton	11 Tuggerah Lak	28.66
2 Brady Mackay	11 Wyong Lac	30.07
3 James Milne	11 Terrigal Wam	30.99
4 Fraser Blackwell	11 Woy Woy Peninsula	31.78
5 Tyler Franco	11 Wyong Lac	32.14
6 Kyne Baird	11 Terrigal Wam	33.44
7 Cooper Moseley	11 Tuggerah Lak	33.94
8 Matthew Fleming	11 Terrigal Wam	35.19

Boys U 12 - 200 Metre Sprint

=====		
Zone: Z 26.18	16/12/2012	Aaron Dudman, Gosford
Name	Age Centre	Final
=====		
1 Jai Callaghan	12 Wyong Lac	27.87
2 Joshua Ireland	12 Gosford Lac	29.01
3 Cooper Jones	12 Tuggerah Lak	29.43
4 Tyler Robson	12 Terrigal Wam	30.48
5 Callum Smith	12 Wyong Lac	31.94
6 Travis Eagleton	12 Toukley	34.03

Boys U 13 - 200 Metre Sprint

=====		
Zone: Z 25.07	16/12/2012	Zac Boyd, Wyong
Name	Age Centre	Final
=====		
1 Liam Coles	13 Toukley	25.87
2 Christopher Rae	13 Tuggerah Lak	27.37
3 Taj Garner	13 Tuggerah Lak	27.51
4 Felix Kirton	13 Wyong Lac	29.07
5 Riley Holt	13 Woy Woy Peninsula	29.46
6 Travis Jackson	13 Tuggerah Lak	30.20
7 James Fleming	13 Terrigal Wam	31.85
8 Dion Papalexion	13 Gosford Lac	32.51

Boys U 14 - 200 Metre Sprint

=====		
Zone: Z 23.40	2004	Thomas Andrew, Gosford
Name	Age Centre	Final
=====		
1 Luka Szymanski	14 Woy Woy Peninsula	24.83
2 Aymn Hamilton	14 Tuggerah Lak	26.28
3 Lachlan Mackie	14 Tuggerah Lak	26.85

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Boys U 14 - 200 Metre Sprint

4	Riley Smith	14	Wyong Lac	27.29
5	Joshua Farrant	14	Gosford Lac	30.66
6	Lachlan Gunn	14	Gosford Lac	32.14

Boys U 15 - 200 Metre Sprint

Zone: Z 22.71 15/12/2013 John Dahan, Wyong

Name	Age	Centre	Final	
1	Jamie Trivers	15	Tuggerah Lak	24.73
2	Ryan Brown	15	Woy Woy Peninsula	25.31
3	James Patterson	15	Wyong Lac	25.55
4	Liam Eyndhoven	15	Wyong Lac	25.74
5	Bailey Holt	15	Woy Woy Peninsula	27.25
6	Ikey Allen	15	Tuggerah Lak	27.54

Boys U 17 - 200 Metre Sprint

Zone: Z 22.19 26/11/2017 Taine Petersen, Tuggerah Lak

Name	Age	Centre	Final	
1	Cameron Steer	17	Tuggerah Lak	23.57
2	Jarrold Smedley	17	Tuggerah Lak	24.43
3	Riley Grant	17	Gosford Lac	25.35

Boys U 8 - 400 Metre Sprint

Zone: Z 1:15.40 1989 R Hall, Woy Woy Peninsula

Name	Age	Centre	Final	
1	Kingston Alabi	8	Woy Woy Peninsula	1:22.40
2	Cooper Bandy	8	Tuggerah Lak	1:25.44
3	Brayden Hill	8	Gosford Lac	1:32.36
4	Zayer Pace	8	Terrigal Wam	1:36.45

Boys U 9 - 400 Metre Sprint

Zone: Z 1:08.90 1991 G Towle, Gosford

Name	Age	Centre	Final	
1	Tobias Gray	9	Terrigal Wam	1:19.18
2	Bryson Norris	9	Tuggerah Lak	1:20.19
3	Logan White	9	Gosford Lac	1:24.34
4	Callum McKendrick	9	Gosford Lac	1:24.58
5	Talan Barber	9	Terrigal Wam	1:29.22
6	Ethan Lear	9	Wyong Lac	1:31.00

Boys U 10 - 400 Metre Sprint

Zone: Z 1:07.30 2009 Tyler Gunn, Gosford

Name	Age	Centre	Final	
1	Cruiz Parke	10	Terrigal Wam	1:12.08
2	Isaac Lear	10	Wyong Lac	1:12.46
3	Jimmy Johnston	10	Terrigal Wam	1:15.79
4	Kai Bailey	10	Terrigal Wam	1:24.57
5	Shane Stevens	10	Woy Woy Peninsula	1:25.38
Section 2				
1	Ike Diffin	10	Tuggerah Lak	1:13.01

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Boys U 10 - 400 Metre Sprint

2 Aiden Robards	10	Tuggerah Lak	1:16.73
3 Max McCartney	10	Terrigal Wam	1:20.52
4 Lachlan Glasson	10	Gosford Lac	1:24.95
5 Zade Mutton	10	Woy Woy Peninsula	1:26.65
6 Daniel Bendeovski	10	Terrigal Wam	1:37.38
7 Cooper Bolton	10	Terrigal Wam	1:54.16

Boys U 11 - 400 Metre Sprint

Name	Age	Centre	Final
Zone: Z 1:05.40 2007 Scott Drinkwater, Tuggerah			

Section 1

1 Alex Mccoombe-Lopez	11	Woy Woy Peninsula	1:06.12
2 Alexander Willcocks	11	Wyong Lac	1:11.88
3 Jack Busch	11	Gosford Lac	1:18.81
4 Jeremy Huybrechs-chung	11	Gosford Lac	1:24.89
5 Jack Brown	11	Terrigal Wam	1:27.03

Boys U 12 - 400 Metre Sprint

Name	Age	Centre	Final
Zone: Z 1:00.10 2011 Tuler Gunn, Gosford			

1 Jai Callaghan	12	Wyong Lac	1:02.95
2 Joshua Ireland	12	Gosford Lac	1:04.02
3 Cooper Jones	12	Tuggerah Lak	1:08.33
4 Connor Gunn	12	Gosford Lac	1:12.50
5 Nathan Williams	12	Wyong Lac	1:12.82
6 Charlie Pescud	12	Toukley	1:14.82
7 Jaxon Milos	12	Tuggerah Lak	1:15.54
8 Marley Pace	12	Terrigal Wam	1:25.45

Boys U 13 - 400 Metre Sprint

Name	Age	Centre	Final
Zone: Z 57.50 2007 Byron Cavender, Gosford			

1 Jordan Small	13	Tuggerah Lak	1:03.53
2 Bailey Knowles	13	Tuggerah Lak	1:08.44
3 Talan Beatty	13	Terrigal Wam	1:09.05
4 Felix Kirton	13	Wyong Lac	1:09.10
5 Spencer Andrews-Bohringe	13	Tuggerah Lak	1:10.23

Boys U 14 - 400 Metre Sprint

Name	Age	Centre	Final
Zone: Z 55.10 2004 Thomas Andrew, Gosford			

1 Thomas Lawton	14	Wyong Lac	1:00.03
2 Lachlan Mackie	14	Tuggerah Lak	1:01.25
3 Aaron Neville-Smith	14	Tuggerah Lak	1:08.75
4 Oscar McCoombe-Lopez	14	Woy Woy Peninsula	1:10.16
5 Joshua Farrant	14	Gosford Lac	1:11.13
6 Lachlan Gunn	14	Gosford Lac	1:19.94

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Boys U 15 - 400 Metre Sprint

Zone: Z 52.30 2011 Jack Collett, Gosford			
Name	Age	Centre	Final
1 Jamie Trivers	15	Tuggerah Lak	56.18
2 James Patterson	15	Wyong Lac	57.88
3 Liam Eyndhoven	15	Wyong Lac	58.92
4 Samuel Liddell	15	Tuggerah Lak	1:02.53
5 Shaun Turnbull	15	Woy Woy Peninsula	1:06.80

Boys U 17 - 400 Metre Sprint

Zone: Z 51.34 12/12/2015 Tyler Gunn, Gosford			
Name	Age	Centre	Final
1 Tom Herbert	17	Tuggerah Lak	54.39
2 Riley Grant	17	Gosford Lac	54.95
3 Sean Rae	17	Tuggerah Lak	59.70
4 Thomas Wann	17	Wyong Lac	1:06.39

Boys U 7 - 500 Metre Run Pack Start

Zone: Z 1:45.60 2011 Lorcan Hayes, Woy Woy Penin			
Name	Age	Centre	Final
1 Angus Lennon	7	Tuggerah Lak	1:56.45
2 kai mac	7	Wyong Lac	1:57.38
3 Max Napoli	7	Woy Woy Peninsula	2:13.08

Boys U 8 - 700 Metre Run Pack Start

Zone: Z 2:29.90 2006 Sam Collett, Terrigal / Wam			
Name	Age	Centre	Final
1 Thomas Barnett	8	Terrigal Wam	2:54.14
2 Zavier West	8	Wyong Lac	3:03.89
3 Nixon Berry	8	Toukley	3:34.48

Boys U 9 - 800 Metre Run

Zone: Z 2:40.10 1990 R Wall, Woy Woy Peninsula			
Name	Age	Centre	Final
1 Bryson Norris	9	Tuggerah Lak	2:50.28
2 Tobias Gray	9	Terrigal Wam	2:59.01
3 Talan Barber	9	Terrigal Wam	3:08.71
4 Callum McKendrick	9	Gosford Lac	3:13.85
5 Logan White	9	Gosford Lac	3:16.05
6 Ethan Lear	9	Wyong Lac	3:17.81
7 Ayden Barlow	9	Woy Woy Peninsula	3:32.63

Boys U 10 - 800 Metre Run

Zone: Z 2:32.60 1982 L O'Neill, Gosford			
Name	Age	Centre	Final
1 Leroy Maccue	10	Tuggerah Lak	2:42.95
2 Isaac Lear	10	Wyong Lac	2:43.37
3 Ike Diffin	10	Tuggerah Lak	2:46.17
4 Brodie Cowan	10	Toukley	2:49.82

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
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Results

....Boys U 10 - 800 Metre Run

5 Shane Stevens	10	Woy Woy Peninsula	3:12.35
6 Lachlan Glasson	10	Gosford Lac	3:14.52
7 Daniel Bendeovski	10	Terrigal Wam	3:39.57

Boys U 11 - 800 Metre Run

Zone: Z 2:26.30 2001 Cameron Page, Gosford			
Name	Age	Centre	Final
1 Coen Godfrey	11	Tuggerah Lak	2:54.48
2 Griffon Dunne	11	Terrigal Wam	2:57.83
3 Zach Sammut	11	Tuggerah Lak	2:59.21
4 Ethan White	11	Tuggerah Lak	3:01.85
5 Matthew Potter	11	Tuggerah Lak	3:03.60
6 Jeremy Huybrechs-chung	11	Gosford Lac	3:11.68
7 Cooper Clark	11	Terrigal Wam	3:12.69
8 Thomas Hooke	11	Tuggerah Lak	3:15.78

Boys U 12 - 800 Metre Run

Zone: Z 2:23.82 15/12/2013 Joel Durrington, Wyong			
Name	Age	Centre	Final
1 Vincent Hottes	12	Toukley	2:38.53
2 Nathan Williams	12	Wyong Lac	2:40.25
3 Myles Ashby	12	Gosford Lac	2:47.45
4 Travis Eagleton	12	Toukley	3:00.39
5 Marley Pace	12	Terrigal Wam	3:03.91
6 Oliver Spindler	12	Toukley	3:12.06

Boys U 13 - 800 Metre Run

Zone: Z 2:18.10 2007 Byron Cavender, Gosford			
Name	Age	Centre	Final
1 Jordan Small	13	Tuggerah Lak	2:25.10
2 Keenan White	13	Tuggerah Lak	2:26.17
3 Henri Dehe	13	Woy Woy Peninsula	2:37.40
4 Spencer Andrews-Bohringe	13	Tuggerah Lak	2:41.63
5 Felix Kirton	13	Wyong Lac	2:53.86
6 Brendan Minto	13	Tuggerah Lak	2:59.96

Boys U 14 - 800 Metre Run

Zone: Z 2:10.80 2008 Byron Cavender, Gosford			
Name	Age	Centre	Final
1 Samuel Larter	14	Wyong Lac	2:29.26
2 Oliver Ham	14	Woy Woy Peninsula	2:34.65
3 Jack Petrie	14	Wyong Lac	2:37.45
4 Ernest Leseberg	14	Gosford Lac	2:42.45

Boys U 15 - 800 Metre Run

Zone: Z 2:02.00 2011 Jack Collett, Gosford			
Name	Age	Centre	Final
1 Samuel Liddell	15	Tuggerah Lak	2:16.28
2 James Patterson	15	Wyong Lac	2:25.80

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Boys U 15 - 800 Metre Run

3 Shaun Turnbull 15 Woy Woy Peninsula 2:57.14

Boys U 17 - 800 Metre Run

Zone: Z 2:01.64 11/12/2016 Terry Mihellis, Gosford

Name	Age	Centre	Final
------	-----	--------	-------

1 Tom Herbert	17	Tuggerah Lak	2:07.52
2 Sean Rae	17	Tuggerah Lak	2:09.64
3 Riley Grant	17	Gosford Lac	2:10.87
4 Liam Gollledge	17	Gosford Lac	2:11.66
5 Matthew McKay	17	Tuggerah Lak	2:12.06
6 Thomas Wann	17	Wyong Lac	2:56.31

Boys U 11 - 1500 Metre Run

Zone: Z 4:54.40 2001 Cameron Page, Gosford

Name	Age	Centre	Final
------	-----	--------	-------

1 Alexander Willcocks	11	Wyong Lac	5:34.11
2 Zach Sammut	11	Tuggerah Lak	5:51.97
3 Ethan White	11	Tuggerah Lak	5:52.22
4 Coen Godfrey	11	Tuggerah Lak	5:52.42
5 Jeremy Huybrechs-chung	11	Gosford Lac	6:20.97
6 Cooper Clark	11	Terrigal Wam	6:24.82
7 Thomas Hooke	11	Tuggerah Lak	6:32.53

Boys U 12 - 1500 Metre Run

Zone: Z 4:58.80 2008 James Cox, Gosford

Name	Age	Centre	Final
------	-----	--------	-------

1 Nathan Williams	12	Wyong Lac	5:25.81
2 Myles Ashby	12	Gosford Lac	5:35.04
3 Marley Pace	12	Terrigal Wam	6:06.40
4 Oliver Spindler	12	Toukley	6:26.20

Boys U 13 - 1500 Metre Run

Zone: Z 4:46.84 14/12/2013 Luke Jacobs, Tuggerah Lakes

Name	Age	Centre	Final
------	-----	--------	-------

1 Jordan Small	13	Tuggerah Lak	4:59.34
2 Keenan White	13	Tuggerah Lak	5:01.63
3 Talan Beatty	13	Terrigal Wam	6:05.73
-- Spencer Andrews-Bohringe	13	Tuggerah Lak	DQ 163.3(b)

Boys U 14 - 1500 Metre Run

Zone: Z 4:37.00 2004 Cameron Page, Gosford

Name	Age	Centre	Final
------	-----	--------	-------

1 Oliver Ham	14	Woy Woy Peninsula	5:07.87
2 Ernest Leseberg	14	Gosford Lac	5:37.70
3 Thomas Lawton	14	Wyong Lac	5:42.64

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Boys U 15 - 1500 Metre Run

Zone: Z 4:27.40 1994 Martin Dent, Tuggerah Lakes			
Name	Age	Centre	Final
1 Samuel Liddell	15	Tuggerah Lak	4:49.65
2 Zain Robards	15	Tuggerah Lak	5:42.07
3 Shaun Turnbull	15	Woy Woy Peninsula	6:22.01

Boys U 17 - 1500 Metre Run

Zone: Z 4:15.40 10/12/2016 Terry Mihellis, Gosford			
Name	Age	Centre	Final
1 Sean Rae	17	Tuggerah Lak	4:41.10
2 Liam Golledge	17	Gosford Lac	4:45.08
3 Matthew McKay	17	Tuggerah Lak	4:52.65

Boys U 13 - 3000 Metre Run

Zone: Z 10:09.00 2009 James Cox, Gosford			
Name	Age	Centre	Final
1 Keenan White	13	Tuggerah Lak	10:43.55
2 Spencer Andrews-Bohringe	13	Tuggerah Lak	10:59.63
3 Henri Dehe	13	Woy Woy Peninsula	11:49.27
4 Talan Beatty	13	Terrigal Wam	12:07.32

Boys U 14 - 3000 Metre Run

Zone: Z 10:02.90 2009 Charlie Hunter, Gosford			
Name	Age	Centre	Final
1 Oliver Ham	14	Woy Woy Peninsula	10:45.55
2 Samuel Larter	14	Wyong Lac	11:22.21
3 Ernest Leseberg	14	Gosford Lac	11:51.43
4 Jack Petrie	14	Wyong Lac	12:08.94

Boys U 15 - 3000 Metre Run

Zone: Z 9:22.00 2005 Cameron Page, Gosford			
Name	Age	Centre	Final
1 Samuel Liddell	15	Tuggerah Lak	10:11.85
2 Zain Robards	15	Tuggerah Lak	12:21.31

Boys U 17 - 3000 Metre Run

Zone: Z 9:39.53 24/11/2017 Jakob Madden, Tuggerah Lak			
Name	Age	Centre	Final
1 Liam Golledge	17	Gosford Lac	10:20.65
2 Matthew McKay	17	Tuggerah Lak	10:22.57
3 Joel Kemp	17	Tuggerah Lak	10:44.26
4 Daniel McKay	17	Tuggerah Lak	11:18.93

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.00 2010 Sandon Smith, Tuggerah Lakes			
Name	Age	Centre	Final
1 Zane Lennon	8	Tuggerah Lak	12.95
2 Corbin Lennon	8	Tuggerah Lak	13.20
3 Zavier West	8	Wyong Lac	13.45
4 Luca Nowland	8	Terrigal Wam	13.77
5 Shidoh Isogai	8	Tuggerah Lak	14.12
6 Lucas Williams	8	Wyong Lac	14.41

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.00 2011 Sandon Smith, Tuggerah Lakes			
Name	Age	Centre	Final
1 Caleb-Xavier Mahe	9	Wyong Lac	11.75
2 Jake Barr	9	Tuggerah Lak	12.04
3 Dion Mac	9	Wyong Lac	12.12
4 Jack Alvarez	9	Gosford Lac	12.27
5 Patrick Turnbull	9	Woy Woy Peninsula	14.37

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.10 15/12/2012 Benjamin Martin, Wyong			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ethan West	10	Wyong Lac	12.10Q
2 Daniel Bendeovski	10	Terrigal Wam	12.28Q
3 Max McCartney	10	Terrigal Wam	12.53Q
4 Matthew Norman	10	Terrigal Wam	14.15q
5 Noah Spindler	10	Toukley	14.74
Heat 2 Heats			
1 Silas Allen	10	Tuggerah Lak	12.08Q
2 Aiden Robards	10	Tuggerah Lak	12.74Q
3 Daniel Gallo	10	Gosford Lac	13.05Q
4 Kai Bailey	10	Terrigal Wam	13.51q
5 Riley O'Dell	10	Tuggerah Lak	14.41

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.10 15/12/2012 Benjamin Martin, Wyong			
Name	Age	Centre	Final
Section 1 Final			
1 Silas Allen	10	Tuggerah Lak	10.95
2 Ethan West	10	Wyong Lac	11.25
3 Daniel Bendeovski	10	Terrigal Wam	11.61
4 Max McCartney	10	Terrigal Wam	11.87
5 Matthew Norman	10	Terrigal Wam	12.01
6 Aiden Robards	10	Tuggerah Lak	12.08
7 Daniel Gallo	10	Gosford Lac	12.38
8 Kai Bailey	10	Terrigal Wam	12.72

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Boys U 11 - 60 Metre Hurdles (60cm)

=====
 Zone: Z 9.90 1998 R Roberts, Gosford
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Cohen Riddell	11	Toukley	11.76Q
2	Owen Knowles	11	Tuggerah Lak	11.84Q
3	Coen Godfrey	11	Tuggerah Lak	13.57Q
4	Ziek Sugitha	11	Tuggerah Lak	14.45
5	William Hunter	11	Gosford Lac	14.65

Heat 2 Heats

1	Tahj Hamilton	11	Tuggerah Lak	10.11Q
2	Oliver Szymanski	11	Woy Woy Peninsula	11.34Q
3	Jack Brown	11	Terrigal Wam	11.87Q
4	Jack Busch	11	Gosford Lac	12.63q
5	Zach Sammut	11	Tuggerah Lak	12.70q
6	Cameron Patterson	11	Wyong Lac	12.71

Boys U 11 - 60 Metre Hurdles (60cm)

=====
 Zone: Z 9.90 1998 R Roberts, Gosford
 Name Age Centre Final
 =====

Section 1 Final

1	Tahj Hamilton	11	Tuggerah Lak	10.10
2	Oliver Szymanski	11	Woy Woy Peninsula	10.77
3	Owen Knowles	11	Tuggerah Lak	11.34
4	Cohen Riddell	11	Toukley	11.89
5	Zach Sammut	11	Tuggerah Lak	12.07
6	Jack Busch	11	Gosford Lac	12.51
7	Jack Brown	11	Terrigal Wam	12.83
8	Coen Godfrey	11	Tuggerah Lak	13.13

Boys U 12 - 60 Metre Hurdles (68cm)

=====
 Zone: Z 9.80 1999 R Roberts, Gosford
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Tyler Robson	12	Terrigal Wam	11.13Q
2	Charlie Pescud	12	Toukley	11.17Q
3	Lachlan Pech	12	Tuggerah Lak	11.58Q
4	Connor Gunn	12	Gosford Lac	12.12q
5	Joshua Eslick	12	Toukley	16.19

Heat 2 Heats

1	Kai Rennie	12	Wyong Lac	11.79Q
2	Riley Patrick	12	Gosford Lac	12.38Q
3	Declan Coles	12	Toukley	12.67Q
4	Damian Storey	12	Woy Woy Peninsula	12.97q
5	Liam Mellor	12	Tuggerah Lak	13.17

Boys U 12 - 60 Metre Hurdles (68cm)

=====
 Zone: Z 9.80 1999 R Roberts, Gosford
 Name Age Centre Final
 =====

Section 1 Final

1	Tyler Robson	12	Terrigal Wam	10.86
2	Charlie Pescud	12	Toukley	11.16
3	Lachlan Pech	12	Tuggerah Lak	11.30

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Boys U 12 - 60 Metre Hurdles (68cm)

4 Kai Rennie	12 Wyong Lac	11.35
5 Damian Storey	12 Woy Woy Peninsula	11.70
6 Connor Gunn	12 Gosford Lac	11.90
7 Declan Coles	12 Toukley	12.55
8 Riley Patrick	12 Gosford Lac	12.81

Boys U 13 - 80 Metre Hurdles (76cm)

Name	Age	Centre	Final
Zone: Z 12.90 2000 R Roberts, Gosford			

Section 1

1 Travis Jackson	13 Tuggerah Lak	14.50
2 Taj Garner	13 Tuggerah Lak	15.21
3 Aidan Gee	13 Tuggerah Lak	15.67
4 Lincoln Markulin	13 Tuggerah Lak	15.87
5 Riley Holt	13 Woy Woy Peninsula	16.67
6 Felix Kirton	13 Wyong Lac	18.83

Boys U 14 - 90 Metre Hurdles (76cm)

Name	Age	Centre	Final
Zone: Z 12.90 2004 Grant Nelson, Tuggerah Lakes			

1 Kynan Johnson	14 Wyong Lac	16.63
2 Thomas Lawton	14 Wyong Lac	16.89
3 Riley Smith	14 Wyong Lac	17.44

Boys U 15 - 100 Metre Hurdles (76cm)

Name	Age	Centre	Final
Zone: Z 13.30 2001 Karl Hewett, Gosford			

1 Ikey Allen	15 Tuggerah Lak	15.07
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Boys U 17 - 110 Metre Hurdles (76cm)

Name	Age	Centre	Final
Zone: Z 14.26 15/12/2013 Zac Simunovic, Gosford			

1 Jelle van der Ham	17 Tuggerah Lak	16.18
2 Daniel McKay	17 Tuggerah Lak	18.75

Boys U 13 - 200 Metre Hurdles (68cm)

Name	Age	Centre	Final
Zone: Z 28.62 11/12/2015 Nicholas Hathway, Gosford			

1 Liam Coles	13 Toukley	29.09
2 Bailey Knowles	13 Tuggerah Lak	30.91
3 Travis Jackson	13 Tuggerah Lak	31.19
4 Riley Holt	13 Woy Woy Peninsula	31.28
5 Hugh Barr	13 Tuggerah Lak	34.50
6 Talan Beatty	13 Terrigal Wam	35.08

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
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Boys U 14 - 200 Metre Hurdles (76cm)

Zone: Z 25.70 2004 Thomas Andrew, Gosford			
Name	Age	Centre	Final
1 Riley Smith	14	Wyong Lac	30.98
2 Thomas Lawton	14	Wyong Lac	32.17
3 Lachlan Mackie	14	Tuggerah Lak	33.94
4 Ernest Leseberg	14	Gosford Lac	35.78
5 Billy Pescud	14	Toukley	37.05

Boys U 15 - 300 Metre Hurdles (76cm)

Zone: Z 49.11 24/11/2017 Sean Rae, Tuggerah Lak			
Name	Age	Centre	Final
1 Ryan Brown	15	Woy Woy Peninsula	47.06Z
2 Ikey Allen	15	Tuggerah Lak	49.07Z
3 Bailey Holt	15	Woy Woy Peninsula	54.40

Boys U 17 - 300 Metre Hurdles (76cm)

Zone: Z 42.64 24/11/2017 Luke Jacobs, Tuggerah Lak			
Name	Age	Centre	Final
1 Daniel McKay	17	Tuggerah Lak	47.70

Boys U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 56.30 2/12/2007 , Tuggerah Lakes Mingara			
Centre	J Carroll , A Pohla , S Drinkwater , N Martin		Final
1 Wyong Lac			58.40
1) Caleb-Xavier Mahe 9	2) Brady Mackay 11		
3) Zac Barton 10	4) Jai Callaghan 12		
2 Tuggerah Lakes Mingara Lac			1:01.51
1) Axle Lennon 9	2) Leroy Maccue 10		
3) Tahj Hamilton 11	4) Cooper Jones 12		
3 Terrigal Wamberal Lac			1:01.73
1) Tobias Gray 9	2) Jimmy Johnston 10		
3) James Milne 11	4) Tyler Robson 12		
4 Gosford Lac			1:03.30
1) Lyndon Miletic 9	2) Kai Onozawa 10		
3) Jeremy Huybrechs-chung 11	4) Joshua Ireland 12		
5 Toukley			1:05.26
1) Cohen Riddell 11	2) Tamatea Topia 11		
3) Mitchell Robinson 10	4) Brodie Cowan 10		
6 Woy Woy Peninsula			1:06.11
1) Patrick Turnbull 9	2) Zade Mutton 10		
3) Fraser Blackwell 11	4) Oliver Szymanski 11		

Boys U 12-17 4x100 Metre Relay (Snr)

Zone: Z 48.09 26/11/2017 Tuggerah Lakes Mingara LAC, T			
Centre	J McMillan, J Smedley, C Steer, T Petersen		Final
1 Tuggerah Lakes Mingara Lac			49.44
1) Bailey Knowles 13	2) Aymn Hamilton 14		
3) Jamie Trivers 15	4) Cameron Steer 17		

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
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Results

....Boys U 12-17 4x100 Metre Relay (Snr)

2	Woy Woy Peninsula			50.20
	1) Riley Holt 13		2) Luka Szymanski 14	
	3) Bailey Holt 15		4) Ryan Brown 15	
3	Wyong Lac			51.05
	1) Connor Rooke 14		2) Liam Eyndhoven 15	
	3)		4) Ethan Jeffrey 15	
4	Toukley			58.00
	1) Liam Coles 13		2) Vincent Hottes 12	
	3) Charlie Pescud 12		4) Billy Pescud 14	
5	Gosford Lac			1:00.67
	1) Dion Papalexion 13		2) Joshua Farrant 14	
	3) Ernest Leseberg 14		4) Lachlan Gunn 14	

Boys U 9 - High Jump (S/H 0.85m)

=====			
	Zone: Z 1.29m	1997	T Allard, Gosford
Name	Age	Centre	Final
=====			
Flight 1			
1	Jake Barr	9 Tuggerah Lak	1.05m
2	Callum McKendrick	9 Gosford Lac	0.96m
3	Logan White	9 Gosford Lac	0.96m
4	Zen Turner-Haiti	9 Tuggerah Lak	0.94m

Boys U 10 - High Jump (S/H 0.95m)

=====			
	Zone: Z 1.33m	1987	D Whitehead, Woy Woy Peninsul
Name	Age	Centre	Final
=====			
1	Ethan West	10 Wyong Lac	1.08m
2	Hugh Argent	10 Woy Woy Peninsula	1.06m
2	Brodie Cowan	10 Toukley	1.06m
4	Silas Allen	10 Tuggerah Lak	1.06m
5	Zac Barton	10 Wyong Lac	1.04m
6	Zade Mutton	10 Woy Woy Peninsula	0.95m
--	Connor Langaoui	10 Gosford Lac	NH

Boys U 11 - High Jump (S/H 1.05m)

=====			
	Zone: Z 1.46m	1988	D Whitehead, Woy Woy Peninsul
Name	Age	Centre	Final
=====			
1	Blake Robinson	11 Tuggerah Lak	1.20m
2	James Milne	11 Terrigal Wam	1.20m
2	Luke Ramirez	11 Woy Woy Peninsula	1.20m
4	Matthew Potter	11 Tuggerah Lak	1.15m
5	Brady Mackay	11 Wyong Lac	1.15m
6	Zach Sammut	11 Tuggerah Lak	1.10m
7	Kyne Baird	11 Terrigal Wam	1.10m
8	Ziek Sugitha	11 Tuggerah Lak	1.05m
9	Cohen Riddell	11 Toukley	1.05m

Boys U 12 - High Jump (S/H 1.15m)

=====			
	Zone: Z 1.55m	1989	D Whitehead, Woy Woy Peninsul
Name	Age	Centre	Final
=====			
1	Joshua Ireland	12 Gosford Lac	1.38m
2	Kai Rennie	12 Wyong Lac	1.36m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
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Results

....Boys U 12 - High Jump (S/H 1.15m)

3	Markus Wolscher	12	Wyong Lac	1.34m
4	Callum Smith	12	Wyong Lac	1.24m
5	Jaxon Milos	12	Tuggerah Lak	1.15m
5	Tyler Robson	12	Terrigal Wam	1.15m

Boys U 13 - High Jump (S/H 1.20m)

Zone: Z 1.70m 1995		N Smithers, Gosford		
Name	Age	Centre		Final
1	Liam Coles	13	Toukley	1.42m
2	Jordan Small	13	Tuggerah Lak	1.42m
3	Hugh Barr	13	Tuggerah Lak	1.40m
4	Aidan Gee	13	Tuggerah Lak	1.40m
5	Taj Garner	13	Tuggerah Lak	1.25m
6	Travis Jackson	13	Tuggerah Lak	1.25m
7	Ryan Haremaker	13	Woy Woy Peninsula	1.20m
--	James Fleming	13	Terrigal Wam	NH

Boys U 14 - High Jump (S/H 1.25m)

Zone: Z 1.78m 2006		Tom Evans, Tuggerah Lakes Min		
Name	Age	Centre		Final
1	Luka Szymanski	14	Woy Woy Peninsula	1.55m
2	Michael Micallef	14	Tuggerah Lak	1.49m
2	Tyrone Dorrell	14	Woy Woy Peninsula	1.49m
4	Thomas Lawton	14	Wyong Lac	1.43m
5	Lachlan Mackie	14	Tuggerah Lak	1.41m
6	Oscar McCoombe-Lopez	14	Woy Woy Peninsula	1.37m
7	Riley Smith	14	Wyong Lac	1.25m

Boys U 15 - High Jump (S/H 1.25m)

Zone: Z 1.81m 2002		Trent Allard, Gosford		
Name	Age	Centre		Final
1	James Patterson	15	Wyong Lac	1.65m
2	Jamie Trivers	15	Tuggerah Lak	1.65m
3	Liam Eyndhoven	15	Wyong Lac	1.60m
4	Cooper Noble	15	Tuggerah Lak	1.55m
5	Shaun Turnbull	15	Woy Woy Peninsula	1.35m

Boys U 17 - High Jump (S/H 1.30m)

Zone: Z 1.88m 25/11/2017		Riley Grant, Gosford LAC		
Name	Age	Centre		Final
1	Riley Grant	17	Gosford Lac	1.80m
2	Jelle van der Ham	17	Tuggerah Lak	1.65m
3	Daniel McKay	17	Tuggerah Lak	1.53m

Boys U 7 - Long Jump

Zone: Z 3.25m 11/12/2015		Oscar Furey, Tuggerah Lakes M		
Name	Age	Centre		Final
1	Heath Riddell	7	Toukley	2.72m
2	Grayson Kowaliw	7	Wyong Lac	2.65m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Boys U 7 - Long Jump

3 kai mac	7 Wyong Lac	2.25m
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Boys U 8 - Long Jump

Zone: Z 3.73m 1989 R Hall, Woy Woy Peninsula

Name	Age Centre	Final
1 Kingston Alabi	8 Woy Woy Peninsula	3.53m
2 Brayden Hill	8 Gosford Lac	3.13m
3 Harry Lowbridge	8 Terrigal Wam	3.09m
4 Thomas Turnbull	8 Woy Woy Peninsula	2.92m
5 Luca Nowland	8 Terrigal Wam	2.66m
6 Lucas Williams	8 Wyong Lac	2.49m
7 Braydan Carlson	8 Wyong Lac	2.43m
8 Nixon Berry	8 Toukley	2.35m
9 Finn Huybrechs-chung	8 Gosford Lac	2.26m

Boys U 9 - Long Jump

Zone: Z 4.17m 1986 D Whitehead, Woy Woy Peninsul

Name	Age Centre	Final
1 Lyndon Miletic	9 Gosford Lac	3.42m
2 Jai Sugitha	9 Tuggerah Lak	3.29m
3 Jack Alvarez	9 Gosford Lac	3.18m
4 Axle Lennon	9 Tuggerah Lak	3.16m
5 Dion Mac	9 Wyong Lac	2.91m
6 Ethan Lear	9 Wyong Lac	2.78m

Boys U 10 - Long Jump

Zone: Z 4.63m 1987 D Whitehead, Woy Woy Peninsul

Name	Age Centre	Final
1 Zac Barton	10 Wyong Lac	3.92m
2 Matthew Norman	10 Terrigal Wam	3.82m
3 Silas Allen	10 Tuggerah Lak	3.81m
4 Jimmy Johnston	10 Terrigal Wam	3.80m
4 Brodie Cowan	10 Toukley	3.80m
6 Isaac Lear	10 Wyong Lac	3.68m
7 Daniel Gallo	10 Gosford Lac	3.56m
8 Ike Diffin	10 Tuggerah Lak	3.36m
9 Kai Bailey	10 Terrigal Wam	3.29m
10 Connor Langaai	10 Gosford Lac	2.24m

Boys U 11 - Long Jump

Zone: Z 4.86m 1992 Joshua Ross, Woy Woy Peninsul

Name	Age Centre	Final
1 Oliver Szymanski	11 Woy Woy Peninsula	4.20m
2 Brady Mackay	11 Wyong Lac	4.00m
3 James Milne	11 Terrigal Wam	3.99m
4 Quinlan Barr	11 Tuggerah Lak	3.96m
5 Cooper Moseley	11 Tuggerah Lak	3.90m
6 Kyne Baird	11 Terrigal Wam	3.82m
7 Jeremy Huybrechs-chung	11 Gosford Lac	3.72m
8 Owen Knowles	11 Tuggerah Lak	3.65m
9 Luke Ramirez	11 Woy Woy Peninsula	3.54m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Boys U 11 - Long Jump

10 Tyler Franco	11 Wyong Lac	3.49m
11 Tamatea Topia	11 Toukley	3.45m
12 Thomas Hooke	11 Tuggerah Lak	3.40m
13 Cameron Patterson	11 Wyong Lac	3.27m
14 Blake Robinson	11 Tuggerah Lak	3.16m
15 Ziek Sugitha	11 Tuggerah Lak	2.73m
16 Griffon Dunne	11 Terrigal Wam	2.25m

Boys U 12 - Long Jump

Zone: Z 5.04m 1984		S Orr, Gosford	
Name	Age Centre	Final	
1 Jai Callaghan	12 Wyong Lac	4.74m	
2 Markus Wolscher	12 Wyong Lac	4.23m	
3 Vincent Hottes	12 Toukley	4.19m	
4 Charlie Pescud	12 Toukley	4.12m	
5 Kai Rennie	12 Wyong Lac	3.91m	
6 Callum Smith	12 Wyong Lac	3.87m	
7 Connor Gunn	12 Gosford Lac	3.74m	
8 Liam Mellor	12 Tuggerah Lak	3.64m	
9 Riley Patrick	12 Gosford Lac	3.60m	
10 Declan Coles	12 Toukley	3.43m	
11 Lachlan Pech	12 Tuggerah Lak	3.21m	
12 Jaxon Milos	12 Tuggerah Lak	2.91m	

Boys U 13 - Long Jump

Zone: Z 5.41m 1984		M Scarth, Wyong	
Name	Age Centre	Final	
1 Liam Coles	13 Toukley	5.36m	
2 Harley Singh	13 Tuggerah Lak	4.81m	
3 Christopher Rae	13 Tuggerah Lak	4.54m	
4 Bailey Knowles	13 Tuggerah Lak	4.39m	
5 Taj Garner	13 Tuggerah Lak	4.39m	
6 Hugh Barr	13 Tuggerah Lak	4.30m	
7 Aidan Gee	13 Tuggerah Lak	4.03m	
8 Talan Beatty	13 Terrigal Wam	3.99m	
9 James Fleming	13 Terrigal Wam	2.82m	

Boys U 14 - Long Jump

Zone: Z 5.89m 2010		Joshua Parkinson, Tuggerah La	
Name	Age Centre	Final	
1 Riley Smith	14 Wyong Lac	5.10m	
2 Kynan Johnson	14 Wyong Lac	4.65m	
3 Connor Rooke	14 Wyong Lac	4.56m	
4 Thomas Lawton	14 Wyong Lac	4.55m	
5 Lachlan Mackie	14 Tuggerah Lak	4.33m	
6 Billy Pescud	14 Toukley	3.28m	

Boys U 15 - Long Jump

Zone: Z 6.31m 2003		Christopher Dodd, Terrigal /	
Name	Age Centre	Final	
1 James Patterson	15 Wyong Lac	5.27m	

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Boys U 15 - Long Jump

2	Ethan Jeffrey	15	Wyong Lac	5.13m
3	Cooper Noble	15	Tuggerah Lak	4.94m
4	Ikey Allen	15	Tuggerah Lak	4.86m
5	Bailey Holt	15	Woy Woy Peninsula	4.77m
6	Shaun Turnbull	15	Woy Woy Peninsula	4.39m

Boys U 17 - Long Jump

Zone: Z 6.51m 12/12/2015 John Dahan, Wyong				
Name	Age	Centre		Final
1	Riley Grant	17	Gosford Lac	5.72m
2	Jarrod Smedley	17	Tuggerah Lak	5.64m
3	Jelle van der Ham	17	Tuggerah Lak	5.37m
4	Lachlan Kroemer	17	Wyong Lac	4.53m

Boys U 11 - Triple Jump

Zone: Z 9.81m 2007 Joshua Parkinson, Tuggerah La				
Name	Age	Centre		Final
1	Quinlan Barr	11	Tuggerah Lak	8.87m
2	Oliver Andrews-Bohringer	11	Tuggerah Lak	8.28m
2	Matthew Potter	11	Tuggerah Lak	8.28m
4	Cooper Moseley	11	Tuggerah Lak	8.25m
5	Alexander Willcocks	11	Wyong Lac	8.06m
6	Riley Carmody-Smith	11	Woy Woy Peninsula	7.65m
7	Cameron Patterson	11	Wyong Lac	7.48m
8	Cohen Riddell	11	Toukley	7.31m
9	Fraser Blackwell	11	Woy Woy Peninsula	7.14m
10	Jack Busch	11	Gosford Lac	7.05m
11	William Hunter	11	Gosford Lac	6.89m
12	Owen Knowles	11	Tuggerah Lak	6.85m
13	Cooper Clark	11	Terrigal Wam	6.59m

Boys U 12 - Triple Jump

Zone: Z 10.38m 2014 Cameron Torpy, Wyong				
Name	Age	Centre		Final
1	Jai Callaghan	12	Wyong Lac	10.51mZ
2	Charlie Pescud	12	Toukley	8.63m
3	Vincent Hottes	12	Toukley	8.61m
4	Markus Wolscher	12	Wyong Lac	8.54m
5	Declan Coles	12	Toukley	8.44m
6	Charon van der Ham	12	Tuggerah Lak	7.60m
7	Jaxon Milos	12	Tuggerah Lak	7.29m
8	Oliver Spindler	12	Toukley	6.83m

Boys U 13 - Triple Jump

Zone: Z 10.84m 12/12/2015 Cameron Torpy, Wyong				
Name	Age	Centre		Final
1	Liam Coles	13	Toukley	10.99mZ
2	Harley Dimech	13	Terrigal Wam	9.16m
3	Riley Holt	13	Woy Woy Peninsula	8.93m
4	Bailey Knowles	13	Tuggerah Lak	8.89m
5	Travis Jackson	13	Tuggerah Lak	8.66m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Boys U 13 - Triple Jump

6 Lincoln Markulin 13 Tuggerah Lak 8.16m

Boys U 14 - Triple Jump

Zone: Z 12.31m 2011 Johnathon Dobb, Tuggerah Lak			
Name	Age	Centre	Final
1 Kynan Johnson	14	Wyong Lac	10.65m
2 Aaron Neville-Smith	14	Tuggerah Lak	10.56m
3 Alex Smith	14	Wyong Lac	9.23m
4 Lachlan Gunn	14	Gosford Lac	8.72m

Boys U 15 - Triple Jump

Zone: Z 12.50m 2003 Christopher Dodd, Terrigal /			
Name	Age	Centre	Final
1 James Patterson	15	Wyong Lac	12.13m
2 Ikey Allen	15	Tuggerah Lak	10.59m
3 Ethan Jeffrey	15	Wyong Lac	10.47m
4 Cooper Noble	15	Tuggerah Lak	10.39m
5 Bailey Holt	15	Woy Woy Peninsula	9.97m

Boys U 17 - Triple Jump

Zone: Z 13.07m 15/12/2013 Zac Simunovic, Gosford			
Name	Age	Centre	Final
1 Jelle van der Ham	17	Tuggerah Lak	11.59m
2 Joel Kemp	17	Tuggerah Lak	10.22m

Boys U 7 - Shot Put (1.0 Kg)

Zone: Z 11.54m 12/12/2015 Oscar Furey, Tuggerah Lakes			
Name	Age	Centre	Final
1 Hala'api'api Havea	7	Wyong Lac	5.69m
2 Harlo Hughes	7	Gosford Lac	4.33m
3 Archer Gray	7	Wyong Lac	3.37m

Boys U 8 - Shot Put (1.5 Kg)

Zone: Z 11.12m 10/12/2016 Oscar Furey, Tuggerah Lakes			
Name	Age	Centre	Final
1 Archer Todd	8	Woy Woy Peninsula	4.53m
2 Lucas Williams	8	Wyong Lac	4.51m
3 Luca Nowland	8	Terrigal Wam	3.64m

Boys U 9 - Shot Put (2.0 Kg)

Zone: Z 10.59m 25/11/2017 Oscar Furey, Gosford			
Name	Age	Centre	Final
1 Jake Barr	9	Tuggerah Lak	5.27m
2 Kobi Hughes	9	Gosford Lac	4.71m
2 Patrick Turnbull	9	Woy Woy Peninsula	4.71m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

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Boys U 10 - Shot Put (2.0 Kg)

Zone: Z 10.10m 1995 C Brown, Terrigal / Wamberal			
Name	Age	Centre	Final
1 Zade Mutton	10	Woy Woy Peninsula	4.84m
2 Connor Langaoui	10	Gosford Lac	4.61m
3 Noah Spindler	10	Toukley	4.24m

Boys U 11 - Shot Put (2.0 Kg)

Zone: Z 12.40m 2011 Mason Leef, Wyong			
Name	Age	Centre	Final
1 Oliver Andrews-Bohringer	11	Tuggerah Lak	8.71m
2 Alex Mccoombe-Lopez	11	Woy Woy Peninsula	7.49m
3 Owen Knowles	11	Tuggerah Lak	7.11m
4 Tahj Hamilton	11	Tuggerah Lak	6.97m
5 Fraser Blackwell	11	Woy Woy Peninsula	6.85m
6 Riley White	11	Tuggerah Lak	4.87m

Boys U 12 - Shot Put (2.0 Kg)

Zone: Z 12.81m 16/12/2012 Mason Leef, Wyong			
Name	Age	Centre	Final
1 Isaiah Dorrell	12	Woy Woy Peninsula	9.77m
2 Ihakara Leef	12	Wyong Lac	9.63m
3 Joshua Eslick	12	Toukley	8.09m
4 Travis Eagleton	12	Toukley	6.69m
5 Marley Pace	12	Terrigal Wam	6.02m

Boys U 13 - Shot Put (3.0 Kg)

Zone: Z 14.90m 15/12/2013 Mason Leef, Wyong			
Name	Age	Centre	Final
1 George Wells	13	Tuggerah Lak	15.49mZ
2 Christopher Rae	13	Tuggerah Lak	8.18m
3 Kynan Patterson	13	Terrigal Wam	7.32m
4 Cohen Mackay	13	Wyong Lac	6.67m

Boys U 14 - Shot Put (3.0 Kg)

Zone: Z 16.37m 11/12/2016 Tom Shannon, Gosford			
Name	Age	Centre	Final
1 Connor Rooke	14	Wyong Lac	12.87m
2 Tyrone Dorrell	14	Woy Woy Peninsula	11.61m
3 Joshua Farrant	14	Gosford Lac	9.74m
4 Lachlan Gunn	14	Gosford Lac	7.30m

Boys U 15 - Shot Put (4.0 Kg)

Zone: Z 15.78m 2001 Tom Mutch, Terrigal / Wamber			
Name	Age	Centre	Final
1 Ethan Jeffrey	15	Wyong Lac	11.39m
2 Ryan Brown	15	Woy Woy Peninsula	10.47m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Boys U 17 - Shot Put (5.0 Kg)

Name	Age	Centre	Final
Zone: Z 13.66m 25/11/2017 Corey-Jay Eyndhoven, Gosford			
1 Corey-Jay Eyndhoven	17	Gosford Lac	16.32mZ

Boys U 7 - Discus (350 Gram)

Name	Age	Centre	Final
Zone: Z 24.42m 13/12/2015 Oscar Furey, Tuggerah Lakes			
1 Max Napoli	7	Woy Woy Peninsula	10.44m
2 kai mac	7	Wyong Lac	5.58m

Boys U 8 - Discus (500 Gram)

Name	Age	Centre	Final
Zone: Z 25.62m 11/12/2016 Oscar Furey, Tuggerah Lakes			
1 Archer Todd	8	Woy Woy Peninsula	14.05m
2 Lucas Williams	8	Wyong Lac	10.04m
3 Braydan Carlson	8	Wyong Lac	7.46m
4 Jacob Chalmers	8	Wyong Lac	6.69m

Boys U 9 - Discus (500 Gram)

Name	Age	Centre	Final
Zone: Z 34.48m 26/11/2017 Oscar Furey, Gosford			
1 Bryson Norris	9	Tuggerah Lak	17.12m
2 Kobi Hughes	9	Gosford Lac	15.49m
3 Jake Barr	9	Tuggerah Lak	14.61m
4 Ethan Lear	9	Wyong Lac	13.62m
5 Callum McKendrick	9	Gosford Lac	12.97m
6 Patrick Turnbull	9	Woy Woy Peninsula	12.24m
7 Zen Turner-Haiti	9	Tuggerah Lak	11.59m

Boys U 10 - Discus (500 Gram)

Name	Age	Centre	Final
Zone: Z 33.62m 1995 C Bown, Terrigal / Wamberal			
1 Zac Barton	10	Wyong Lac	23.49m
2 Kai Onozawa	10	Gosford Lac	22.59m
3 Riley O'Dell	10	Tuggerah Lak	19.71m
4 Mitchell Robinson	10	Toukley	18.48m
5 Aiden Robards	10	Tuggerah Lak	15.80m
6 Connor Langaoui	10	Gosford Lac	14.34m
7 Matthew Norman	10	Terrigal Wam	14.05m

Boys U 11 - Discus 500 Gram)

Name	Age	Centre	Final
Zone: Z 30.41m 11/12/2016 George Wells, Tuggerah Lakes			
1 Oliver Andrews-Bohringer	11	Tuggerah Lak	32.41mZ
2 Kyne Baird	11	Terrigal Wam	26.61m
3 William Hunter	11	Gosford Lac	23.72m
4 Quinlan Barr	11	Tuggerah Lak	23.06m
5 Fraser Blackwell	11	Woy Woy Peninsula	20.85m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

....Boys U 11 - Discus 500 Gram)

6 Max Miller	11 Terrigal Wam	17.73m
7 Cooper Clark	11 Terrigal Wam	16.76m
8 Tamatea Topia	11 Toukley	13.68m
9 Tyler Franco	11 Wyong Lac	13.27m
10 Griffon Dunne	11 Terrigal Wam	12.22m
11 Matthew Potter	11 Tuggerah Lak	7.97m

Boys U 12 - Discus (750 Gram)

Zone: Z 37.43m 15/12/2012 Mason Leef, Wyong		
Name	Age Centre	Final
1 Isaiah Dorrell	12 Woy Woy Peninsula	26.21m
2 Ihakara Leef	12 Wyong Lac	25.21m
3 Charon van der Ham	12 Tuggerah Lak	23.49m
4 Joshua Ireland	12 Gosford Lac	20.12m
5 Joshua Eslick	12 Toukley	19.18m
6 Ashton Patterson	12 Tuggerah Lak	18.68m
7 Travis Eagleton	12 Toukley	16.40m
8 Damian Storey	12 Woy Woy Peninsula	15.31m

Boys U 13 - Discus (750 Gram)

Zone: Z 41.06m 14/12/2013 Mason Leef, Wyong		
Name	Age Centre	Final
1 George Wells	13 Tuggerah Lak	50.24mZ
2 Harley Dimech	13 Terrigal Wam	25.76m
3 Spencer Andrews-Bohringe	13 Tuggerah Lak	23.31m
4 Lincoln Markulin	13 Tuggerah Lak	21.42m
5 Kynan Patterson	13 Terrigal Wam	20.85m
6 Hugh Barr	13 Tuggerah Lak	20.63m
7 Christopher Rae	13 Tuggerah Lak	19.74m
8 Cohen Mackay	13 Wyong Lac	15.71m

Boys U 14 - Discus (1.0 Kg)

Zone: Z 44.48m 1993 A Lovie, Woy Woy Peninsula		
Name	Age Centre	Final
1 Connor Rooke	14 Wyong Lac	44.30m
2 Tyrone Dorrell	14 Woy Woy Peninsula	33.49m
3 Joshua Farrant	14 Gosford Lac	31.89m
4 Samuel Larter	14 Wyong Lac	25.38m
5 Lachlan Gunn	14 Gosford Lac	21.23m

Boys U 15 - Discus (1.0 Kg)

Zone: Z 54.52m 2000 A Hamstra, Woy Woy Peninsula		
Name	Age Centre	Final
1 Ethan Jeffrey	15 Wyong Lac	41.37m
2 Jacob McMillan	15 Tuggerah Lak	29.00m
3 Zain Robards	15 Tuggerah Lak	27.20m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE

Results

Boys U 17 - Discus (1.5 Kg)

Zone: Z 44.81m 26/11/2017 Callum Sutton, Gosford LAC			
Name	Age	Centre	Final
1 Nicholas Bignall	17	Toukley	42.74m
2 Jelle van der Ham	17	Tuggerah Lak	28.90m
3 Joel Kemp	17	Tuggerah Lak	18.76m

Boys U 11 - Javelin (400 Gram)

Zone: Z 28.01m 9/12/2016 George Wells, Tuggerah Lakes			
Name	Age	Centre	Final
1 Oliver Andrews-Bohringer	11	Tuggerah Lak	20.94m
2 Riley White	11	Tuggerah Lak	14.12m
3 William Hunter	11	Gosford Lac	13.50m
4 Tamatea Topia	11	Toukley	12.91m
5 Coen Godfrey	11	Tuggerah Lak	10.56m

Boys U 12 - Javelin (400 Gram)

Zone: Z 31.65m 14/12/2012 Mason Leef, Wyong			
Name	Age	Centre	Final
1 Charon van der Ham	12	Tuggerah Lak	17.73m
2 Markus Wolscher	12	Wyong Lac	17.55m
3 Joshua Eslick	12	Toukley	17.33m
4 Ashton Patterson	12	Tuggerah Lak	17.07m
5 Connor Gunn	12	Gosford Lac	13.93m

Boys U 13 - Javelin (600 Gram)

Zone: Z 33.58m 1999 A Crump, Wyong			
Name	Age	Centre	Final
1 George Wells	13	Tuggerah Lak	33.94mZ
2 Lincoln Markulin	13	Tuggerah Lak	26.04m
3 Riley Holt	13	Woy Woy Peninsula	18.21m
4 Spencer Andrews-Bohringe	13	Tuggerah Lak	16.79m
5 Cohen Mackay	13	Wyong Lac	12.45m

Boys U 14 - Javelin (600 Gram)

Zone: Z 46.56m 2000 A Crump, Wyong			
Name	Age	Centre	Final
1 Joshua Farrant	14	Gosford Lac	29.83m
2 Kynan Johnson	14	Wyong Lac	27.59m
3 Alex Smith	14	Wyong Lac	26.56m
4 Lachlan Gunn	14	Gosford Lac	25.08m
5 Connor Rooke	14	Wyong Lac	20.82m
6 Aymn Hamilton	14	Tuggerah Lak	19.94m

Boys U 15 - Javelin (700 Gram)

Zone: Z 36.74m 14/12/2014 Tyler Gunn, Gosford			
Name	Age	Centre	Final
1 Bailey Holt	15	Woy Woy Peninsula	35.67m
2 Ryan Brown	15	Woy Woy Peninsula	34.79m

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS
MINGARA ATHLETICS CENTRE**Results****....Boys U 15 - Javelin (700 Gram)**

3 Ethan Jeffrey	15 Wyong Lac	29.86m
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Boys U 17 - Javelin (700 Gram)

Zone: Z 45.94m 9/12/2016 Jarryd Walter, Wyong

Name	Age Centre	Final
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1 Jelle van der Ham	17 Tuggerah Lak	34.64m
2 Joel Kemp	17 Tuggerah Lak	31.29m
3 Matthew McKay	17 Tuggerah Lak	26.92m

Boys U 9 - 700 Metre Walk

Zone: Z 4:10.83 11/12/2015 Ashton Patterson, Tuggerah

Name	Age Centre	Final
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Section 1

1 Bryson Norris	9 Tuggerah Lak	5:31.80
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Boys U 10 - 1100 Metre Walk

Zone: Z 6:00.61 9/12/2016 Myles Ashby, Gosford

Name	Age Centre	Final
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1 Isaac Lear	10 Wyong Lac	7:56.23
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Boys U 12 - 1500 Metre Walk

Zone: Z 7:18.57 14/12/2012 Dylan Richardson, Gosford

Name	Age Centre	Final
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1 Myles Ashby	12 Gosford Lac	8:35.38
2 Ashton Patterson	12 Tuggerah Lak	9:38.41
3 Charon van der Ham	12 Tuggerah Lak	10:25.24
4 Declan Coles	12 Toukley	10:47.27

Boys U 15 - 1500 Metre Walk

Zone: Z 6:09.64 14/12/2012 Tyler Jones, Wyong

Name	Age Centre	Final
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1 Archie Tebbutt	15 Gosford Lac	8:12.15
2 Zain Robards	15 Tuggerah Lak	8:28.13

Boys U 17 - 1500 Metre Walk

Zone: Z 6:07.90 13/12/2013 Tyler Jones, Wyong

Name	Age Centre	Final
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1 Joel Kemp	17 Tuggerah Lak	7:31.70
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