

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN**

Results

Girls U 7 - 50 Metre Sprint

Zone: Z 8.94 13/12/2014 Gemma McIntosh, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Sophie Savage		Mosman	9.99Q
2 Harriet Grainger		Ku-Ring-Gai	10.12Q
3 Grace Carlton		Hornsby	10.21Q
4 Rosalie Borchert		Manly Warringah	10.23q
5 Hayley Laslett		Ku-Ring-Gai	10.36
6 Alice Woolnough		Manly Warringah	10.51
Heat 2 Heats			
1 Ella Achike		Ku-Ring-Gai	9.45Q
2 Manvi Arabolu		Ku-Ring-Gai	9.81Q
3 Havana Gray		Manly Warringah	10.11Q
4 Alexa Garcia		Northern Districts	10.18q
5 Isabella Chidambaram		Manly Warringah	10.31

Girls U 7 - 50 Metre Sprint

Zone: Z 8.94 13/12/2014 Gemma McIntosh, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Ella Achike		Ku-Ring-Gai	9.29
2 Manvi Arabolu		Ku-Ring-Gai	9.83
3 Sophie Savage		Mosman	9.85
4 Havana Gray		Manly Warringah	9.96
5 Alexa Garcia		Northern Districts	10.16
5 Harriet Grainger		Ku-Ring-Gai	10.16
7 Rosalie Borchert		Manly Warringah	10.27
8 Grace Carlton		Hornsby	10.31

Girls U 7 - 70 Metre Sprint

Zone: Z 12.09 14/12/2014 Gemma McIntosh, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Manvi Arabolu		Ku-Ring-Gai	13.18Q
2 Sophie Savage		Mosman	13.27Q
3 Roxanne Parkes		Manly Warringah	13.54Q
4 Charlotte Barnsley		Ku-Ring-Gai	13.79q
5 Alice Woolnough		Manly Warringah	14.32
6 zara Paz		Manly Warringah	14.40
Heat 2 Heats			
1 Ella Achike		Ku-Ring-Gai	12.52Q
2 Alexa Garcia		Northern Districts	13.31Q
3 Rosalie Borchert		Manly Warringah	13.81Q
4 Madison Gatfield-Davis		Ku-Ring-Gai	13.96q
5 Olivia Glossop		Mosman	15.08
6 Amber Clayton		Hornsby	15.97

Girls U 7 - 70 Metre Sprint

Zone: Z 12.09 14/12/2014 Gemma McIntosh, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Ella Achike		Ku-Ring-Gai	12.21

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....Girls U 7 - 70 Metre Sprint

2	Sophie Savage	Mosman	12.84
3	Manvi Arabolu	Ku-Ring-Gai	12.85
4	Roxanne Parkes	Manly Warringah	13.32
5	Rosalie Borchert	Manly Warringah	13.36
6	Charlotte Barnsley	Ku-Ring-Gai	13.69
7	Madison Gatfield-Davis	Ku-Ring-Gai	14.05
8	Alexa Garcia	Northern Districts	14.72

Girls U 8 - 70 Metre Sprint

=====
 Zone: Z 11.20 7/02/1997 Natasha Finlay, Manly Warringah
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Sienna Vassella	Ku-Ring-Gai	12.12Q
2	Cassia McLean	Manly Warringah	12.25Q
3	Anais Biasi	Manly Warringah	12.28Q
4	Amelia Wilson	Manly Warringah	12.29q
5	Emma Francis	Mosman	13.81

Heat 2 Heats

1	Gracie Atkins	Ku-Ring-Gai	11.73Q
2	Anna Tye	Hornsby	12.14Q
3	Myah Rimmer	Manly Warringah	12.37Q
4	Ellana Ross	Ku-Ring-Gai	12.45q
5	Alexandra Bova	Mosman	12.79
6	Georgia Birch	Ku-Ring-Gai	13.26

Girls U 8 - 70 Metre Sprint

=====
 Zone: Z 11.20 7/02/1997 Natasha Finlay, Manly Warringah
 Name Age Centre Final
 =====

Section 1 Final

1	Gracie Atkins	Ku-Ring-Gai	11.74
2	Anna Tye	Hornsby	11.92
3	Sienna Vassella	Ku-Ring-Gai	11.93
4	Cassia McLean	Manly Warringah	12.04
5	Ellana Ross	Ku-Ring-Gai	12.07
6	Amelia Wilson	Manly Warringah	12.12
6	Myah Rimmer	Manly Warringah	12.12
8	Anais Biasi	Manly Warringah	12.21

Girls U 9 - 70 Metre Sprint

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 Zone: Z 10.50 7/02/1998 Emily Pollett, Manly Warringah
 Name Age Centre Heats
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Heat 1 Heats

1	Claudia Wyatt	Ku-Ring-Gai	11.58Q
2	Coco Aquilina	Manly Warringah	11.78Q
3	Eve Clark	Hornsby	12.05Q
4	Freya Colpani	Mosman	12.07
5	Isabella Godfrey	Mosman	12.09
6	Madison Landgrebe	Ku-Ring-Gai	12.15

Heat 2 Heats

1	Amalia Bond	Ku-Ring-Gai	11.05Q
2	Isla Maris	Manly Warringah	11.13Q
3	Erin Dunne	Manly Warringah	11.26Q
4	Liesel Walsh	Hornsby	11.32q

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....Girls U 9 - 70 Metre Sprint

5	Hayley Loreto-Dicks	Ku-Ring-Gai	11.33q
6	Emily Kupceric	Manly Warringah	11.56
7	Lilly Martin	Hornsby	12.05
8	Gabby Ashbolt	Mosman	12.70

Girls U 9 - 70 Metre Sprint

=====			
Zone: Z 10.50 7/02/1998 Emily Pollett, Manly Warringah			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Amalia Bond	Ku-Ring-Gai	11.33
2	Erin Dunne	Manly Warringah	11.42
3	Isla Maris	Manly Warringah	11.46
4	Claudia Wyatt	Ku-Ring-Gai	11.70
5	Liesel Walsh	Hornsby	11.80
6	Hayley Loreto-Dicks	Ku-Ring-Gai	11.95
7	Coco Aquilina	Manly Warringah	12.12
8	Eve Clark	Hornsby	12.36

Girls U 10 - 70 Metre Sprint

=====			
Zone: Z 10.38 2/12/2018 Olivia Achike, Ku-Ring-Gai			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Charlotte Baum	Manly Warringah	10.95Q
2	Sophie Hyne-Jones	Manly Warringah	11.24Q
3	Lola Broers	Ku-Ring-Gai	11.57Q
4	Amelia Bicego	Ku-Ring-Gai	11.73
5	Anastasia Limbers	Hornsby	11.92
6	Eliza Olthof-Hardwick	Northern Districts	11.94
7	Sally Fainga'anuku	Mosman	12.63
Heat 2 Heats			
1	Olivia Achike	Ku-Ring-Gai	Z 10.38Q
2	Kaitlinn Dunne	Manly Warringah	10.74Q
3	Alice Lyng	Hornsby	11.03Q
4	Ruby Nero	Manly Warringah	11.21q
5	Isabelle Green	Ku-Ring-Gai	11.45q
6	Jessica Kulk	Northern Districts	11.66
7	Isla Honor	Northern Districts	11.93

Girls U 10 - 70 Metre Sprint

=====			
Zone: Z 10.38 2/12/2018 Olivia Achike, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Olivia Achike	Ku-Ring-Gai	10.59
2	Kaitlinn Dunne	Manly Warringah	10.81
3	Charlotte Baum	Manly Warringah	10.91
4	Alice Lyng	Hornsby	11.12
5	Sophie Hyne-Jones	Manly Warringah	11.21
6	Ruby Nero	Manly Warringah	11.26
7	Isabelle Green	Ku-Ring-Gai	11.37
8	Lola Broers	Ku-Ring-Gai	11.45

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Girls U 7 - 100 Metre Sprint

Zone: Z 17.14 4/02/2012 Olivia Inkster, Manly Warring			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ella Achike		Ku-Ring-Gai	18.03Q
2 Sophie Savage		Mosman	19.31Q
3 Harriet Grainger		Ku-Ring-Gai	19.48Q
4 Jessie Boylan		Manly Warringah	19.99q
5 Pippa Fisk		Ku-Ring-Gai	21.09
Heat 2 Heats			
1 Roxanne Parkes		Manly Warringah	19.41Q
2 Manvi Arabolu		Ku-Ring-Gai	19.47Q
3 Gemma Hunt		Manly Warringah	19.50Q
4 Grace Carlton		Hornsby	19.81q
5 Rosalie Borchert		Manly Warringah	20.08
6 Alexa Garcia		Northern Districts	20.76

Girls U 7 - 100 Metre Sprint

Zone: Z 17.14 4/02/2012 Olivia Inkster, Manly Warring			
Name	Age	Centre	Final
Section 1 Final			
1 Ella Achike		Ku-Ring-Gai	18.47
2 Sophie Savage		Mosman	19.16
3 Manvi Arabolu		Ku-Ring-Gai	19.38
4 Gemma Hunt		Manly Warringah	19.55
5 Roxanne Parkes		Manly Warringah	20.28
6 Jessie Boylan		Manly Warringah	20.34
7 Grace Carlton		Hornsby	20.43
8 Harriet Grainger		Ku-Ring-Gai	20.79

Girls U 8 - 100 Metre Sprint

Zone: Z 15.90 7/02/1997 Natasha Finlay, Manly Warring			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Emma Kramer		Manly Warringah	16.78Q
2 Anna Tye		Hornsby	17.33Q
3 Alessandra McWilliam		Mosman	18.28Q
4 Gemma Dixon		Ku-Ring-Gai	18.82q
5 Catherine Halgreen		Ku-Ring-Gai	19.10
6 Georgia Birch		Ku-Ring-Gai	19.21
Heat 2 Heats			
1 Gracie Atkins		Ku-Ring-Gai	17.36Q
2 Holly Tweedale		Mosman	17.57Q
3 Cassia McLean		Manly Warringah	18.35Q
4 Elsa Colpani		Mosman	18.68q
5 Elizabeth Fainga'anuku		Mosman	18.98
6 Zsa Zsa Burke		Manly Warringah	19.19
7 Olivia Barton		Manly Warringah	20.12

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Results

Girls U 8 - 100 Metre Sprint

Zone: Z 15.90 7/02/1997 Natasha Finlay, Manly Warring			
Name	Age	Centre	Final
Section 1 Final			
1 Gracie Atkins		Ku-Ring-Gai	17.09
2 Emma Kramer		Manly Warringah	17.41
3 Holly Tweedale		Mosman	17.71
4 Anna Tye		Hornsby	17.72
5 Cassia McLean		Manly Warringah	18.38
6 Elsa Colpani		Mosman	18.79
7 Alessandra McWilliam		Mosman	19.38
8 Gemma Dixon		Ku-Ring-Gai	19.54

Girls U 9 - 100 Metre Sprint

Zone: Z 14.80 7/02/1999 Alice Wilson, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Kate Harden		Ku-Ring-Gai	16.08Q
2 Amalia Bond		Ku-Ring-Gai	16.12Q
3 Jessica Pulis		Manly Warringah	16.57Q
4 Liesel Walsh		Hornsby	16.76q
5 Mia Hooton		Ku-Ring-Gai	17.12
6 Isabella Godfrey		Mosman	17.87
7 Freya Colpani		Mosman	17.96
8 Gemma Wyrill		Mosman	18.10
Heat 2 Heats			
1 Erin Dunne		Manly Warringah	16.37Q
2 Isla Maris		Manly Warringah	16.50Q
3 Emily Kupceric		Manly Warringah	16.94Q
4 Jada Taylor		Ku-Ring-Gai	17.04q
5 Seren D'Souza		Hornsby	17.18
6 Sienna Franic-Smith		Northern Districts	17.87
7 Gabby Ashbolt		Mosman	18.18
8 Lucy van Hooft		Hornsby	18.24

Girls U 9 - 100 Metre Sprint

Zone: Z 14.80 7/02/1999 Alice Wilson, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Kate Harden		Ku-Ring-Gai	15.84
2 Amalia Bond		Ku-Ring-Gai	16.35
3 Isla Maris		Manly Warringah	16.37
4 Erin Dunne		Manly Warringah	16.43
5 Jessica Pulis		Manly Warringah	17.01
6 Emily Kupceric		Manly Warringah	17.02
7 Liesel Walsh		Hornsby	17.16
8 Jada Taylor		Ku-Ring-Gai	17.18

Girls U 10 - 100 Metre Sprint

Zone: Z 14.53 13/12/2014 Olivia Inkster, Manly Warring			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Matilda Harrison		Ku-Ring-Gai	14.86Q

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...Girls U 10 - 100 Metre Sprint

2	Kaitlinn Dunne	Manly Warringah	15.55Q
3	Eloise Berkelouw	Mosman	16.51
4	Ruby High	Mosman	16.98
5	Aniela Knight	Northern Districts	17.03

Heat 2 Heats

1	Olivia Achike	Ku-Ring-Gai	14.91Q
2	Charlotte Baum	Manly Warringah	15.90Q
3	Alice Lyng	Hornsby	16.01q
4	Kyrah McMahon	Northern Districts	16.23q
5	Fiorella Collins	Mosman	16.51
6	Jessica Kulik	Northern Districts	17.23

Heat 3 Heats

1	Portia Rowland-Stefanic	Ku-Ring-Gai	16.01Q
2	Ruby Nero	Manly Warringah	16.45Q
3	Rebecca Gonzalo	Manly Warringah	16.47
4	Isabelle Green	Ku-Ring-Gai	16.76
5	Charlotte McWilliam	Mosman	16.77
6	Isla Honor	Northern Districts	17.33

Girls U 10 - 100 Metre Sprint

Zone: Z 14.53 13/12/2014 Olivia Inkster, Manly Warringah

Name	Age	Centre	Final
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Section 1 Final

1	Matilda Harrison	Ku-Ring-Gai	15.47
2	Olivia Achike	Ku-Ring-Gai	15.76
3	Kaitlinn Dunne	Manly Warringah	16.05
4	Charlotte Baum	Manly Warringah	16.12
5	Alice Lyng	Hornsby	16.59
6	Portia Rowland-Stefanic	Ku-Ring-Gai	16.63
7	Kyrah McMahon	Northern Districts	16.76
8	Ruby Nero	Manly Warringah	17.03

Girls U 11 - 100 Metre Sprint

Zone: Z 13.50 7/02/1999 Charlotte van Veenenda, Manly

Name	Age	Centre	Heats
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Heat 1 Heats

1	Jasmine Rintel	Manly Warringah	15.12Q
2	Laura Bell	Manly Warringah	15.75Q
3	Kirsten Evans	Mosman	15.92q
4	Ella Smallwood	Northern Districts	16.40
5	Olivia Kelson	Hornsby	17.08

Heat 2 Heats

1	Gemma McIntosh	Ku-Ring-Gai	14.79Q
2	Sophia Ambrosino	Ku-Ring-Gai	16.18Q
3	Gemma Ronan	Mosman	16.34q
4	Eloise Lulding	Northern Districts	16.53
5	Amber Jobson	Ku-Ring-Gai	16.60
6	Emelia Nagle	Manly Warringah	16.64

Heat 3 Heats

1	Sienna Kupceric	Manly Warringah	14.70Q
2	Jessica Parker	Mosman	15.76Q
3	Michaela Couper	Hornsby	16.38
4	Ava Mitchell	Northern Districts	16.52
5	Bronte Tonkin	Northern Districts	16.75
6	Loren Mills	Hornsby	17.13

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Girls U 11 - 100 Metre Sprint

Zone: Z 13.50 7/02/1999 Charlotte van Veenenda, Manly			
Name	Age	Centre	Final
Section 1 Final			
1	Sienna KupcERIC	Manly Warringah	14.61
2	Gemma McIntosh	Ku-Ring-Gai	14.70
3	Jasmine Rintel	Manly Warringah	15.10
4	Jessica Parker	Mosman	15.57
5	Laura Bell	Manly Warringah	15.60
6	Kirsten Evans	Mosman	15.82
7	Michaela Couper	Hornsby	16.20
8	Sophia Ambrosino	Ku-Ring-Gai	16.40

Girls U 12 - 100 Metre Sprint

Zone: Z 13.10 7/02/2005 Annaliese Gardiner, Ku-Ring-G			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Eve Simpson	Manly Warringah	14.33Q
2	Kelly Theodorides	Manly Warringah	14.42Q
3	Luna Ligertwood	Manly Warringah	14.43Q
4	Maia Madden-Khan	Ku-Ring-Gai	14.64q
5	Emelie Coe	Ku-Ring-Gai	14.93q
6	Noa Davies	Mosman	15.05
7	Claudia Healey	Mosman	15.35
Heat 2 Heats			
1	Sofia Fedirchuk	Mosman	14.01Q
2	Samara Bond	Ku-Ring-Gai	14.64Q
3	Lucinda Mulcahy	Manly Warringah	14.90Q
4	Charlize Capablanca	Mosman	15.14
5	Teagan Jones	Ku-Ring-Gai	15.40
6	Bianca Case	Hornsby	15.50
7	Sarah Magnussen	Hornsby	16.21

Girls U 12 - 100 Metre Sprint

Zone: Z 13.10 7/02/2005 Annaliese Gardiner, Ku-Ring-G			
Name	Age	Centre	Final
Section 1 Final			
1	Sofia Fedirchuk	Mosman	14.13
2	Eve Simpson	Manly Warringah	14.31
3	Kelly Theodorides	Manly Warringah	14.55
4	Samara Bond	Ku-Ring-Gai	14.57
5	Luna Ligertwood	Manly Warringah	14.62
6	Emelie Coe	Ku-Ring-Gai	14.75
7	Lucinda Mulcahy	Manly Warringah	14.77
8	Maia Madden-Khan	Ku-Ring-Gai	14.78

Girls U 13 - 100 Metre Sprint

Zone: Z 13.20 4/02/2005 Jordan Lumley, Northern Distr			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Annie Seve	Manly Warringah	13.93Q
2	Lucy Scholtens	Manly Warringah	14.07q
3	Isabel Ozinga	Ku-Ring-Gai	14.65

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....Girls U 13 - 100 Metre Sprint

4 Tilly Morris	Mosman	15.24
5 Claudia Stanford	Mosman	15.29
6 Bridgette Chan	Northern Districts	15.36
Heat 2 Heats		
1 Phoebe Berglund	Manly Warringah	13.99Q
2 Phoebe Riley	Ku-Ring-Gai	14.22q
3 Sarah Passafaro	Northern Districts	14.54
4 Natasha Tindale	Northern Districts	14.60
5 Isabel Harris	Manly Warringah	14.65
6 Olivia Lee-Jackson	Ku-Ring-Gai	15.07
Heat 3 Heats		
1 Chloe Dunne	Manly Warringah	14.30Q
2 Tahlia O'Brien	Manly Warringah	14.31q
3 Ella Moy-Watson	Mosman	14.79
4 Evie Dougan	Ku-Ring-Gai	14.85
5 Kirsten McLeod	Mosman	16.15
6 Jamie Hawker	Manly Warringah	16.23
Heat 4 Heats		
1 Maya Tedder	Manly Warringah	14.00Q
2 Ava Hudson	Ku-Ring-Gai	14.32q
3 Gemma Mills	Hornsby	14.37
4 Siobhan McMahan	Northern Districts	14.48
5 Philippa Young	Manly Warringah	15.47
6 Orlaith Keogh	Ku-Ring-Gai	16.69

Girls U 13 - 100 Metre Sprint

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 Zone: Z 13.20 4/02/2005 Jordan Lumley, Northern Distr
 Name Age Centre Final
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Section 1 Final

1 Maya Tedder	Manly Warringah	13.83
2 Annie Seve	Manly Warringah	13.94
2 Chloe Dunne	Manly Warringah	13.94
4 Tahlia O'Brien	Manly Warringah	14.03
5 Phoebe Riley	Ku-Ring-Gai	14.06
6 Lucy Scholtens	Manly Warringah	14.07
7 Phoebe Berglund	Manly Warringah	14.24
8 Ava Hudson	Ku-Ring-Gai	14.36

Girls U 14 - 100 Metre Sprint

=====
 Zone: Z 12.86 2/04/2012 Samantha Hulme, Manly Warring
 Name Age Centre Heats
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Heat 1 Heats

1 Sophie Ross	Manly Warringah	13.70Q
2 Inge Ackland	Ku-Ring-Gai	13.82Q
3 Sara Bashir	Manly Warringah	14.03Q
3 Kelsey Smit	Manly Warringah	14.03Q
5 Marissa Stubbs	Manly Warringah	14.16q
6 Sarah Hughes-Narborough	Northern Districts	14.81
7 Zara Ostryn	Manly Warringah	14.88

Heat 2 Heats

1 Gabriella Taylor	Manly Warringah	13.00Q
2 Olivia Inkster	Manly Warringah	13.24Q
3 Nina vanderReyden	Manly Warringah	14.34Q
4 Megan Edwards	Manly Warringah	14.40
5 Abbey Le Lievre	Northern Districts	15.03

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...Girls U 14 - 100 Metre Sprint

6 Jasmin Frost Mosman 15.11

Girls U 14 - 100 Metre Sprint

=====
 Zone: Z 12.86 2/04/2012 Samantha Hulme, Manly Warring
 Name Age Centre Final
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Section 1 Final

1 Gabriella Taylor	Manly Warringah	12.91
2 Olivia Inkster	Manly Warringah	13.28
3 Sophie Ross	Manly Warringah	13.91
4 Nina vanderReyden	Manly Warringah	14.22
5 Marissa Stubbs	Manly Warringah	14.31
6 Sara Bashir	Manly Warringah	14.32
7 Inge Ackland	Ku-Ring-Gai	14.42
8 Kelsey Smit	Manly Warringah	14.51

Girls U 15 - 100 Metre Sprint

=====
 Zone: Z 12.66 13/12/2014 Kristie Edwards, Manly Warrin
 Name Age Centre Final
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Section 1

1 Georgia Fichardt	Ku-Ring-Gai	13.05
2 Sophia Addington	Manly Warringah	13.92
2 Isobel Elkan	Manly Warringah	13.92
4 Edie Burke	Manly Warringah	13.95
5 Ella Hoschke	Northern Districts	14.47

Girls U 17 - 100 Metre Sprint

=====
 Zone: Z 12.34 10/12/2016 Kristie Edwards, Manly Warrin
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Danielle Osifo	Hornsby	13.00Q
2 Jessica Maciver	Ku-Ring-Gai	13.06Q
3 Jasmine Bonomi	Manly Warringah	13.72q
4 Rakeli Albino	Hornsby	14.04
5 Laura Quinn	Mosman	14.15
6 Jessica Smith	Manly Warringah	14.55

Heat 2 Heats

1 Mia Hemsworth	Ku-Ring-Gai	13.28Q
2 Olivia Colman	Ku-Ring-Gai	13.31Q
3 Lara Woollett	Hornsby	13.80

Heat 3 Heats

1 Aleisha Jeremy	Manly Warringah	13.27Q
2 Ashley Hanna	Manly Warringah	13.63Q
3 Isabelle Charlier	Manly Warringah	13.77q
4 Julia Baxter	Hornsby	13.93
5 Jessica Tallentire	Manly Warringah	14.29
6 Jessica Forster	Hornsby	14.50

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
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Girls U 17 - 100 Metre Sprint

=====
 Zone: Z 12.34 10/12/2016 Kristie Edwards, Manly Warrin
 Name Age Centre Final
 =====

Section 1 Final

1	Danielle Osifo	Hornsby	12.95
2	Jessica Maciver	Ku-Ring-Gai	13.03
3	Aleisha Jeremy	Manly Warringah	13.21
4	Olivia Colman	Ku-Ring-Gai	13.54
5	Jasmine Bonomi	Manly Warringah	13.73
6	Ashley Hanna	Manly Warringah	13.76
7	Lara Woollett	Hornsby	13.90

Girls U 7 - 200 Metre Sprint

=====
 Zone: Z 35.33 2/02/2013 Eva Bates, Ku-Ring-Gai
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Hannah Dawson	Northern Districts	38.47Q
2	Claire Fisher	Ku-Ring-Gai	42.35Q
3	Havana Gray	Manly Warringah	42.68Q
4	Isabella Chidambaram	Manly Warringah	44.45
5	zara Paz	Manly Warringah	48.47
6	Olivia Glossop	Mosman	48.95

Heat 2 Heats

1	Roxanne Parkes	Manly Warringah	39.86Q
2	Alexa Garcia	Northern Districts	40.44Q
3	Hayley Laslett	Ku-Ring-Gai	41.27Q
4	Madison Gatfield-Davis	Ku-Ring-Gai	42.70q
5	Charlotte Barnsley	Ku-Ring-Gai	43.50q

Girls U 7 - 200 Metre Sprint

=====
 Zone: Z 35.33 2/02/2013 Eva Bates, Ku-Ring-Gai
 Name Age Centre Final
 =====

Section 1 Final

1	Hannah Dawson	Northern Districts	38.53
2	Roxanne Parkes	Manly Warringah	40.66
3	Hayley Laslett	Ku-Ring-Gai	41.31
4	Alexa Garcia	Northern Districts	42.49
5	Claire Fisher	Ku-Ring-Gai	43.70
6	Madison Gatfield-Davis	Ku-Ring-Gai	43.91
7	Havana Gray	Manly Warringah	45.13
8	Charlotte Barnsley	Ku-Ring-Gai	45.14

Girls U 8 - 200 Metre Sprint

=====
 Zone: Z 32.00 7/02/1997 Emily Pollett, Manly Warringa
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Emma Kramer	Manly Warringah	36.50Q
2	Anais Biasi	Manly Warringah	38.75Q
3	Gemma Dixon	Ku-Ring-Gai	39.45Q
4	Alexandra Bova	Mosman	39.56
5	Amelia Wilson	Manly Warringah	41.28
6	Zoe Dier	Mosman	41.88
7	Emma Francis	Mosman	44.31

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Girls U 8 - 200 Metre Sprint

Heat 2 Heats

1	Gracie Atkins	Ku-Ring-Gai	35.38Q
2	Holly Tweedale	Mosman	36.13Q
3	Anna Tye	Hornsby	36.26Q
4	Sienna Vassella	Ku-Ring-Gai	36.63q
5	Ellana Ross	Ku-Ring-Gai	38.72q
6	Indiana Passlow	Manly Warringah	38.76

Girls U 8 - 200 Metre Sprint

Zone: Z 32.00 7/02/1997 Emily Pollett, Manly Warringah

Name Age Centre Final

Section 1 Final

1	Gracie Atkins	Ku-Ring-Gai	36.23
2	Holly Tweedale	Mosman	36.93
3	Anna Tye	Hornsby	36.95
4	Emma Kramer	Manly Warringah	37.02
5	Anais Biasi	Manly Warringah	37.40
6	Ellana Ross	Ku-Ring-Gai	40.02
7	Gemma Dixon	Ku-Ring-Gai	40.82
8	Sienna Vassella	Ku-Ring-Gai	41.10

Girls U 9 - 200 Metre Sprint

Zone: Z 30.90 7/02/1998 Emily Pollett, Manly Warringah

Name Age Centre Heats

Heat 1 Heats

1	Amalia Bond	Ku-Ring-Gai	32.45Q
2	Kate Harden	Ku-Ring-Gai	32.61Q
3	Mia Hooton	Ku-Ring-Gai	34.06q
4	Madison Landgrebe	Ku-Ring-Gai	37.69
5	Ruby Glossop	Mosman	38.19

Heat 2 Heats

1	Jessica Pulis	Manly Warringah	34.34Q
2	Rory Nordenson	Manly Warringah	35.49Q
3	Lilly Martin	Hornsby	36.99
4	Mary Loughnan Walsh	Northern Districts	37.49
5	Eve Clark	Hornsby	38.68

Heat 3 Heats

1	Eliza Williams	Manly Warringah	34.88Q
2	Isla Maris	Manly Warringah	35.23Q
3	Seren D'Souza	Hornsby	35.78q
4	Tara Gilkeson	Hornsby	35.95
5	Isabella Godfrey	Mosman	38.65
6	Sienna Sewell	Mosman	40.64

Girls U 9 - 200 Metre Sprint

Zone: Z 30.90 7/02/1998 Emily Pollett, Manly Warringah

Name Age Centre Final

Section 1 Final

1	Kate Harden	Ku-Ring-Gai	32.70
2	Amalia Bond	Ku-Ring-Gai	33.18
3	Jessica Pulis	Manly Warringah	33.52
4	Isla Maris	Manly Warringah	33.55
5	Rory Nordenson	Manly Warringah	33.68

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Girls U 9 - 200 Metre Sprint

6 Eliza Williams	Manly Warringah	33.81
7 Mia Hooton	Ku-Ring-Gai	33.85
8 Seren D'Souza	Hornsby	35.41

Girls U 10 - 200 Metre Sprint

=====
 Zone: Z 29.60 7/02/2003 Karlie Morton, Manly Warringah
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Chanel Charles	Ku-Ring-Gai	32.83Q
2 Fiorella Collins	Mosman	33.84Q
3 Rebecca Gonzalo	Manly Warringah	34.60Q
4 Georgina Fife	Ku-Ring-Gai	35.44q
5 Ellie Lee	Ku-Ring-Gai	36.18

Heat 2 Heats

1 Charlotte Baum	Manly Warringah	32.21Q
2 Kaitlinn Dunne	Manly Warringah	33.09Q
3 Molly Ashton	Hornsby	33.62Q
4 Portia Rowland-Stefanic	Ku-Ring-Gai	34.62q
5 Sally Fainga'anuku	Mosman	37.76

Girls U 10 - 200 Metre Sprint

=====
 Zone: Z 29.60 7/02/2003 Karlie Morton, Manly Warringah
 Name Age Centre Final
 =====

Section 1 Final

1 Chanel Charles	Ku-Ring-Gai	31.28
2 Charlotte Baum	Manly Warringah	31.86
3 Kaitlinn Dunne	Manly Warringah	33.02
4 Portia Rowland-Stefanic	Ku-Ring-Gai	33.63
5 Fiorella Collins	Mosman	33.74
6 Rebecca Gonzalo	Manly Warringah	33.83
7 Molly Ashton	Hornsby	34.27
8 Georgina Fife	Ku-Ring-Gai	35.80

Girls U 11 - 200 Metre Sprint

=====
 Zone: Z 28.00 8/02/2004 Karlie Morton, Manly Warringah
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Sienna Kupceric	Manly Warringah	30.29Q
2 Jasmine Rintel	Manly Warringah	30.87Q
3 Ava Gray	Manly Warringah	31.20Q
4 Ava Mitchell	Northern Districts	33.89
5 Jessie Procter	Ku-Ring-Gai	33.92
6 Gemma Ronan	Mosman	34.67

Heat 2 Heats

1 Grace Townsend	Mosman	29.26Q
2 Gemma McIntosh	Ku-Ring-Gai	29.35Q
3 Jessica Parker	Mosman	32.50Q
4 Ella Dunstan	Manly Warringah	33.02q
5 Sophia Ambrosino	Ku-Ring-Gai	33.11q
6 Loren Mills	Hornsby	34.11
7 Olivia Kelson	Hornsby	34.85
8 Jojo Pike	Mosman	35.15

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Girls U 11 - 200 Metre Sprint

Zone: Z 28.00 8/02/2004 Karlie Morton, Manly Warringa			
Name	Age	Centre	Final
Section 1 Final			
1 Grace Townsend		Mosman	29.35
1 Gemma McIntosh		Ku-Ring-Gai	29.35
3 Sienna Kupceric		Manly Warringah	29.95
4 Jasmine Rintel		Manly Warringah	31.30
5 Ava Gray		Manly Warringah	31.37
6 Jessica Parker		Mosman	32.79
7 Ava Mitchell		Northern Districts	32.88
8 Sophia Ambrosino		Ku-Ring-Gai	33.06

Girls U 12 - 200 Metre Sprint

Zone: Z 26.70 5/02/2005 Annaliese Gardiner, Ku-Ring-G			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Eve Simpson		Manly Warringah	29.88Q
2 Lucinda Mulcahy		Manly Warringah	30.65Q
3 Louise Lovell		Ku-Ring-Gai	30.96Q
4 Tessa Newitt		Mosman	30.99
5 Gemma White		Manly Warringah	31.78
6 Lily Erby		Mosman	32.33
Heat 2 Heats			
1 Sofia Fedirchuk		Mosman	28.27Q
2 Samara Bond		Ku-Ring-Gai	28.71Q
3 Kelly Theodorides		Manly Warringah	29.06Q
4 Emelie Coe		Ku-Ring-Gai	29.63q
5 Claudia Healey		Mosman	30.04q
6 Maia Madden-Khan		Ku-Ring-Gai	30.08

Girls U 12 - 200 Metre Sprint

Zone: Z 26.70 5/02/2005 Annaliese Gardiner, Ku-Ring-G			
Name	Age	Centre	Final
Section 1 Final			
1 Sofia Fedirchuk		Mosman	28.38
2 Samara Bond		Ku-Ring-Gai	28.86
3 Eve Simpson		Manly Warringah	28.96
4 Lucinda Mulcahy		Manly Warringah	28.97
5 Kelly Theodorides		Manly Warringah	29.69
6 Emelie Coe		Ku-Ring-Gai	30.25
7 Claudia Healey		Mosman	30.40
8 Louise Lovell		Ku-Ring-Gai	30.68

Girls U 13 - 200 Metre Sprint

Zone: Z 26.63 3/02/2013 Kristie Edwards, Manly Warrin			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Annie Seve		Manly Warringah	28.09Q
2 Alyssa Medved		Manly Warringah	28.24Q
3 Phoebe Berglund		Manly Warringah	29.33
4 Lara Paterson		Manly Warringah	29.66
5 Maya Tedder		Manly Warringah	29.89

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN**

Results

....Girls U 13 - 200 Metre Sprint

6 Kirsten McLeod	Mosman	31.77
Heat 2 Heats		
1 Bella Kachel	Hornsby	29.50Q
2 Siobhan McMahan	Northern Districts	29.78Q
3 Sarah Passafaro	Northern Districts	29.88
4 Ella Moy-Watson	Mosman	29.92
5 Evie Dougan	Ku-Ring-Gai	30.33
6 Tilly Morris	Mosman	32.46
7 Claudia Stanford	Mosman	33.15
Heat 3 Heats		
1 Phoebe Riley	Ku-Ring-Gai	28.45Q
2 Lucy Scholtens	Manly Warringah	28.71Q
3 Tahlia O'Brien	Manly Warringah	28.97q
4 Ava Hudson	Ku-Ring-Gai	29.10q
5 Gemma Mills	Hornsby	29.24

Girls U 13 - 200 Metre Sprint

=====			
Zone:	Z 26.63	3/02/2013	Kristie Edwards, Manly Warrin
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Annie Seve		Manly Warringah	28.22
2 Alyssa Medved		Manly Warringah	28.33
3 Phoebe Riley		Ku-Ring-Gai	28.43
4 Lucy Scholtens		Manly Warringah	29.00
5 Tahlia O'Brien		Manly Warringah	29.65
6 Ava Hudson		Ku-Ring-Gai	29.88
7 Bella Kachel		Hornsby	30.06
8 Siobhan McMahan		Northern Districts	30.27

Girls U 14 - 200 Metre Sprint

=====			
Zone:	Z 25.33	2/12/2018	Olivia Inkster, Manly Warring
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Olivia Inkster		Manly Warringah	26.70Q
2 Kelsey Smit		Manly Warringah	28.30Q
3 Marissa Stubbs		Manly Warringah	28.43q
4 Abbey Le Lievre		Northern Districts	30.41
5 Jasmin Frost		Mosman	30.66
Heat 2 Heats			
1 Gabriella Taylor		Manly Warringah	27.71Q
2 Brianna Worsfold		Ku-Ring-Gai	28.19Q
3 Sara Bashir		Manly Warringah	29.11q
4 Megan Edwards		Manly Warringah	29.33
5 Karina Bassett		Hornsby	29.57
Heat 3 Heats			
1 Lara Williams		Manly Warringah	28.37Q
2 Eva Bates		Ku-Ring-Gai	28.56Q
3 Zara Ostryn		Manly Warringah	30.59
4 Felicity Stewart		Ku-Ring-Gai	32.31

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Girls U 14 - 200 Metre Sprint

Zone: Z 25.33 2/12/2018 Olivia Inkster, Manly Warring			
Name	Age	Centre	Final
Section 1 Final			
1 Olivia Inkster		Manly Warringah	25.33Z
2 Gabriella Taylor		Manly Warringah	25.46
3 Lara Williams		Manly Warringah	26.86
4 Eva Bates		Ku-Ring-Gai	26.94
5 Brianna Worsfold		Ku-Ring-Gai	27.45
6 Marissa Stubbs		Manly Warringah	28.42
7 Kelsey Smit		Manly Warringah	28.49
8 Sara Bashir		Manly Warringah	29.26

Girls U 15 - 200 Metre Sprint

Zone: Z 25.84 3/02/2013 Ruby Ritchie, Manly Warringah			
Name	Age	Centre	Final
Section 1			
1 Georgia Fichardt		Ku-Ring-Gai	25.89
2 Sofia Saroukos		Manly Warringah	26.21
3 Edie Burke		Manly Warringah	27.13
4 Sally Priest		Manly Warringah	27.32
5 Isobel Elkan		Manly Warringah	27.63
6 Sophia Addington		Manly Warringah	27.90
7 Amber Williams		Manly Warringah	28.60
8 Brooke Chaloner		Manly Warringah	28.69

Girls U 17 - 200 Metre Sprint

Zone: Z 25.14 11/12/2016 Kristie Edwards, Manly Warrin			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Danielle Osifo		Hornsby	26.76Q
2 Olivia Colman		Ku-Ring-Gai	27.91Q
3 Lara Woollett		Hornsby	28.08Q
4 Freya Carley		Manly Warringah	28.48q
5 Jessica Smith		Manly Warringah	30.58
Heat 2 Heats			
1 Jessica Maciver		Ku-Ring-Gai	26.88Q
2 Laura Quinn		Mosman	28.51Q
3 Rakeli Albino		Hornsby	28.74Q
4 Maxine Rossi		Manly Warringah	28.96q

Girls U 17 - 200 Metre Sprint

Zone: Z 25.14 11/12/2016 Kristie Edwards, Manly Warrin			
Name	Age	Centre	Final
Section 1 Final			
1 Jessica Maciver		Ku-Ring-Gai	26.38
2 Danielle Osifo		Hornsby	26.67
3 Olivia Colman		Ku-Ring-Gai	27.39
4 Lara Woollett		Hornsby	27.70
5 Laura Quinn		Mosman	28.62
6 Freya Carley		Manly Warringah	28.91
7 Rakeli Albino		Hornsby	29.36
8 Maxine Rossi		Manly Warringah	29.45

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Girls U 8 - 400 Metre Sprint

Zone: Z 1:15.11 25/01/2014 Eva Bates, Ku-Ring-Gai			
Name	Age Centre		Final
Section 1			
1 Elsie Clatworthy	Ku-Ring-Gai		1:25.16
2 Gemma Dixon	Ku-Ring-Gai		1:27.66
3 Maddison Barratt	Northern Districts		1:28.53
4 Holly Tweedale	Mosman		1:28.81
5 Eden McNaughtan	Manly Warringah		1:30.75
6 Elsa Colpani	Mosman		1:31.98
7 Jennifer Toynbee	Northern Districts		1:40.53
Section 2			
1 Anais Biasi	Manly Warringah		1:23.35
2 Alessandra McWilliam	Mosman		1:27.26
3 Cacia Charles	Ku-Ring-Gai		1:27.84
4 Sabella Caralis-McColl	Mosman		1:31.79
5 Indiana Passlow	Manly Warringah		1:32.33
6 Olivia Barton	Manly Warringah		1:34.31
7 Catherine Halgreen	Ku-Ring-Gai		1:39.08

Girls U 9 - 400 Metre Sprint

Zone: Z 1:10.88 13/12/2014 Eva Bates, Ku-Ring-Gai			
Name	Age Centre		Final
Section 1			
1 Claudia Wyatt	Ku-Ring-Gai		1:16.80
2 Rory Nordenson	Manly Warringah		1:18.38
3 Eliza Williams	Manly Warringah		1:18.50
4 Tara Gilkeson	Hornsby		1:19.11
5 Maddison Ross	Manly Warringah		1:19.51
6 Erin Grimshaw	Manly Warringah		1:22.63
7 Adeline O'regan	Ku-Ring-Gai		1:25.92
8 Isla Stewart	Ku-Ring-Gai		1:27.02
Section 2			
1 Isabella Godfrey	Mosman		1:23.56
2 Mary Loughnan Walsh	Northern Districts		1:23.86
3 Gemma Wyrill	Mosman		1:23.91
4 Kate Hall	Hornsby		1:27.29
5 Sienna Sewell	Mosman		1:32.58
6 Sydney Dries	Ku-Ring-Gai		1:34.97
7 Lucy van Hooft	Hornsby		1:35.67

Girls U 10 - 400 Metre Sprint

Zone: Z 1:06.55 4/02/2012 Abbey Rockliff, Ku-Ring-Gai			
Name	Age Centre		Final
Section 1			
1 Amelia Lavan	Mosman		1:19.64
2 Penelope Gill	Northern Districts		1:21.21
3 Aniel Knight	Northern Districts		1:22.28
4 Isabelle Green	Ku-Ring-Gai		1:22.98
5 Ruby High	Mosman		1:23.37
Section 2			
1 Chanel Charles	Ku-Ring-Gai		1:11.62
2 Summer Mudadu	Ku-Ring-Gai		1:16.30
3 Rebecca Gonzalo	Manly Warringah		1:16.77
4 Kaitlinn Dunne	Manly Warringah		1:16.97

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Girls U 10 - 400 Metre Sprint

5	Eloise Berkelouw	Mosman	1:17.20
6	Philippa Quarrell	Manly Warringah	1:17.35
7	Sofia Ehnbohm	Manly Warringah	1:17.77
8	Eve Loebel	Ku-Ring-Gai	1:20.53

Girls U 11 - 400 Metre Sprint

=====
 Zone: Z 1:02.82 4/02/2012 Edita Grinbergs, Manly Warr
 Name Age Centre Final
 =====

Section 1

1	Grace Townsend	Mosman	1:10.34
2	Jasmine Rintel	Manly Warringah	1:13.75
3	Ella Dunstan	Manly Warringah	1:14.01
4	Amber Kusano	Mosman	1:15.96
5	Felisa Gonzalo	Manly Warringah	1:17.68
6	Elizabeth Bailey	Ku-Ring-Gai	1:19.70
7	Laura Bell	Manly Warringah	1:23.02

Section 2

1	Scarlett Duddle	Hornsby	1:17.06
2	Estelle O'Regan	Ku-Ring-Gai	1:18.07
3	Ella Smallwood	Northern Districts	1:18.92
4	Grace Beck	Ku-Ring-Gai	1:19.34
5	Sophia Ambrosino	Ku-Ring-Gai	1:19.67
6	Elizabeth Toynbee	Northern Districts	1:20.28
7	Olivia Kelson	Hornsby	1:21.78

Girls U 12 - 400 Metre Sprint

=====
 Zone: Z 1:02.08 10/12/2016 Brianna Worsfold, Ku-Ring-G
 Name Age Centre Final
 =====

Section 1

1	Isabella Pereira	Hornsby	1:05.95
2	Luna Ligertwood	Manly Warringah	1:06.71
3	Lucinda Mulcahy	Manly Warringah	1:07.11
4	Tessa Newitt	Mosman	1:07.99
5	Rebecca Solomon	Manly Warringah	1:09.06
6	Zoe Woods	Ku-Ring-Gai	1:09.57
6	Teagan Jones	Ku-Ring-Gai	1:09.57
8	Kiera Yerbury	Ku-Ring-Gai	1:11.17

Section 2

1	Veda Arabolu	Ku-Ring-Gai	1:10.85
2	Natalie Parker	Manly Warringah	1:12.11
3	Madison Mitchell	Hornsby	1:13.23
4	Giselle Ashbolt	Mosman	1:14.58
5	Olivia Vecchio	Mosman	1:16.64
6	Allegra Caralis-McColl	Mosman	1:24.93

Girls U 13 - 400 Metre Sprint

=====
 Zone: Z 59.93 25/01/2014 Edita Grinbergs, Manly Warrin
 Name Age Centre Final
 =====

Section 1

1	Alyssa Medved	Manly Warringah	1:06.27
2	Brooke Flynn	Manly Warringah	1:07.50
3	Sarah Passafaro	Northern Districts	1:08.85
4	Phoebe Berglund	Manly Warringah	1:09.31

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Girls U 13 - 400 Metre Sprint

5 Tilly Morris	Mosman	1:10.86
6 Ella Moy-Watson	Mosman	1:12.75
7 Sophia Kusano	Mosman	1:14.35
8 Kirsten McLeod	Mosman	1:17.24

Section 2

1 Annie Seve	Manly Warringah	1:04.67
2 Sienna Villacorta	Manly Warringah	1:04.83
3 Gemma Mills	Hornsby	1:08.36
4 Olivia Lee-Jackson	Ku-Ring-Gai	1:12.66
5 Claudia Stanford	Mosman	1:13.03

Girls U 14 - 400 Metre Sprint

Zone: Z 57.75 25/11/2017 Jessica Bird, Ku-Ring-Gai

Name	Age Centre	Final
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Section 1

1 Lara Williams	Manly Warringah	1:01.23
2 Olivia Inkster	Manly Warringah	1:02.17
3 Eva Bates	Ku-Ring-Gai	1:03.78
4 Jemma Brandon-Cooper	Mosman	1:04.05
5 Alexandra Sinclair	Manly Warringah	1:05.50
6 Georgia Morgan	Manly Warringah	1:08.91
7 Elise Couper	Manly Warringah	1:11.51
8 Zara Ostryn	Manly Warringah	1:11.83

Girls U 15 - 400 Metre Sprint

Zone: Z 57.84 25/11/2017 Emma O'Reilly, Manly Warringah

Name	Age Centre	Final
------	------------	-------

1 Emily Smith	Manly Warringah	59.53
2 Sofia Saroukos	Manly Warringah	59.85
3 Jessica Bird	Ku-Ring-Gai	1:00.53
4 Sally Priest	Manly Warringah	1:01.27
5 Edie Burke	Manly Warringah	1:04.41
6 Zara Warland	Hornsby	1:04.45

Section 2

1 Charlotte Hall	Hornsby	1:05.63
2 Brooke Chaloner	Manly Warringah	1:08.53
3 April Shepherd	Northern Districts	1:12.69

Girls U 17 - 400 Metre Sprint

Zone: Z 57.81 12/12/2015 Kristie Edwards, Manly Warringah

Name	Age Centre	Final
------	------------	-------

Section 1

1 Lara Woollett	Hornsby	1:04.00
2 Rakeli Albino	Hornsby	1:05.54
3 Hannah Lovlin	Manly Warringah	1:09.33
4 Jasmine Bonomi	Manly Warringah	1:09.85
5 Hannah Parker	Manly Warringah	1:12.51

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Girls U 7 - 500 Metre Run Pack Start

Zone: Z 1:46.60 8/02/2009 Abbey Rockliff, Ku-ring-gai			
Name	Age	Centre	Final
1	Hannah Dawson	Northern Districts	1:56.30
2	Lucy Whitehead	Mosman	1:59.23
3	Roxanne Parkes	Manly Warringah	2:00.73
4	Havana Gray	Manly Warringah	2:04.79
5	Claire Fisher	Ku-Ring-Gai	2:09.93
6	Lauren Myhre Fox	Ku-Ring-Gai	2:12.41
7	Emma Mclean	Ku-Ring-Gai	2:13.38
8	Hallie Owers	Manly Warringah	2:13.61
9	Phoebe Burton	Ku-Ring-Gai	2:17.35
10	Amber Clayton	Hornsby	2:21.70

Girls U 8 - 700 Metre Run Pack Start

Zone: Z 2:24.80 7/02/2001 Karlie Morton, Manly Warrin			
Name	Age	Centre	Final
1	Elsie Clatworthy	Ku-Ring-Gai	2:39.89
2	Anais Biasi	Manly Warringah	2:45.19
3	Maddison Barratt	Northern Districts	2:49.52
4	Cacia Charles	Ku-Ring-Gai	2:51.45
5	Myah Rimmer	Manly Warringah	2:55.41
6	Olivia Barton	Manly Warringah	2:57.30
7	Indiana Passlow	Manly Warringah	2:57.61
8	Elsa Colpani	Mosman	3:01.91
9	Grace Willits	Ku-Ring-Gai	3:05.76
10	Heidi Wehrhahn	Ku-Ring-Gai	3:06.76
11	Emma Francis	Mosman	3:07.75
12	Jennifer Toynbee	Northern Districts	3:12.10

Girls U 9 - 800 Metre Run

Zone: Z 2:37.00 6/02/2012 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
1	Claudia Wyatt	Ku-Ring-Gai	2:56.23
2	Rory Nordenson	Manly Warringah	3:04.66
3	Seren D'Souza	Hornsby	3:05.57
4	Mia Hooton	Ku-Ring-Gai	3:06.10
5	Maddison Ross	Manly Warringah	3:10.08
6	Chelsea Forte	Ku-Ring-Gai	3:11.49
7	Erin Dunne	Manly Warringah	3:14.97
8	Belinda Matthews	Manly Warringah	3:15.47
9	Lilly Martin	Hornsby	3:16.81
10	Madison Landgrebe	Ku-Ring-Gai	3:17.88
11	Jessica Lavan	Mosman	3:19.82
12	Mary Loughnan Walsh	Northern Districts	3:23.94
13	Alyssa Holmes	Northern Districts	3:27.90
14	Freya Colpani	Mosman	3:30.87

Girls U 10 - 800 Metre Run

Zone: Z 2:28.38 4/02/2012 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
1	Summer Mudadu	Ku-Ring-Gai	2:54.07
2	Rebecca Gonzalo	Manly Warringah	2:56.22

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

...Girls U 10 - 800 Metre Run

3	Amelia Lavan	Mosman	2:56.97
4	Penelope Gill	Northern Districts	2:58.39
5	Molly Ashton	Hornsby	2:59.07
6	Philippa Quarrell	Manly Warringah	2:59.22
7	Georgina Fife	Ku-Ring-Gai	3:00.12
8	Talia Manns	Manly Warringah	3:00.35
9	Isabella McCausland	Manly Warringah	3:06.54
10	Piper Fyffe	Ku-Ring-Gai	3:12.90
11	Jessica Baynie	Hornsby	3:14.40
12	Michaela McLean	Ku-Ring-Gai	3:25.20
13	Imogen Cochrane	Northern Districts	3:30.38

Girls U 11 - 800 Metre Run

=====			
	Zone: Z	2:27.39	3/02/2013 Abbey Rockliff, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1	Jessie Bradford	Manly Warringah	2:35.81
2	Pin Pin Meenijacin	Mosman	2:41.80
3	Amber Kusano	Mosman	2:43.31
4	Ella Dunstan	Manly Warringah	2:46.06
5	Olivia Newsham	Manly Warringah	2:49.83
6	Adelaide Williams	Mosman	2:54.81
7	Elizabeth Bailey	Ku-Ring-Gai	2:59.46
8	Anja Fitzgibbon	Manly Warringah	3:01.01
9	Bronte Tonkin	Northern Districts	3:02.30
10	Estelle O'Regan	Ku-Ring-Gai	3:04.69
11	Jojo Pike	Mosman	3:08.86
12	Elizabeth Toynbee	Northern Districts	3:11.77

Girls U 12 - 800 Metre Run

=====			
	Zone: Z	2:19.89	26/01/2014 Abbey Rockliff, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1	Fleur Cooper	Mosman	2:29.79
2	Tessa Newitt	Mosman	2:34.46
3	Rebecca Solomon	Manly Warringah	2:36.89
4	Isabella Pereira	Hornsby	2:39.94
5	Amelia Watkins	Ku-Ring-Gai	2:44.42
6	Kiera Yerbury	Ku-Ring-Gai	2:48.63
7	Zoe Woods	Ku-Ring-Gai	2:49.27
8	Mia Sams	Manly Warringah	2:50.82
9	Giselle Ashbolt	Mosman	2:51.15
10	Olivia Vecchio	Mosman	2:53.02
11	Veda Arabolu	Ku-Ring-Gai	2:55.49
12	Sarah Whelan	Manly Warringah	2:56.75
13	Olivia O'Kelly	Manly Warringah	2:57.44

Girls U 13 - 800 Metre Run

=====			
	Zone: Z	2:16.50	9/12/2016 Nicola Hogg, Mosman
Name	Age	Centre	Final
=====			
1	Sienna Villacorta	Manly Warringah	2:30.53
2	Alyssa Medved	Manly Warringah	2:38.01
3	Amelia Thornthwaite	Manly Warringah	2:38.64
4	Tilly Morris	Mosman	2:40.26
5	Brooke Flynn	Manly Warringah	2:41.74

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

...Girls U 13 - 800 Metre Run

6	Sophia Kusano	Mosman	2:42.43
7	Annie Seve	Manly Warringah	2:45.03
8	Claudia Stanford	Mosman	2:46.70
9	Bella Kachel	Hornsby	2:48.01
10	Isabelle Cruickshank	Northern Districts	2:52.77
11	Ellen Whelan	Manly Warringah	2:56.91
12	Poppy Hyland	Manly Warringah	2:58.32
13	Claudia Endicott	Ku-Ring-Gai	3:01.18

Girls U 14 - 800 Metre Run

Zone: Z 2:12.73 13/12/2015 Abbey Rockliff, Ku-Ring-Gai

Name	Age Centre	Final
1	Jessica Gocher	Mosman 2:26.76
2	Jemma Brandon-Cooper	Mosman 2:27.05
3	Charlie Arnott	Manly Warringah 2:27.30
4	Lara Williams	Manly Warringah 2:27.57
5	Mercy Nathanael	Manly Warringah 2:28.38
6	Mia Fry	Mosman 2:29.97
7	Chelsea Smyth	Manly Warringah 2:31.62
8	holly wickham	Manly Warringah 2:31.93
9	Alexandra Sinclair	Manly Warringah 2:32.72
10	Brooke Fury	Northern Districts 3:04.01

Girls U 15 - 800 Metre Run

Zone: Z 2:14.20 8/02/2004 Sianne Toemoe, Ku-Ring-Gai

Name	Age Centre	Final
1	Jessica Bird	Ku-Ring-Gai 2:23.07
2	Sally Priest	Manly Warringah 2:23.76
3	Zara Warland	Hornsby 2:25.86
4	Lilli Krawitz	Mosman 2:40.14

Girls U 17 - 800 Metre Run

Zone: Z 2:14.07 26/01/2014 Emily Hopper, Mosman

Name	Age Centre	Final
1	Mia Hinchliff	Mosman 2:27.24
2	Hannah Lovlin	Manly Warringah 2:35.55
3	Hannah Parker	Manly Warringah 2:42.19
4	Ciara Sinclair	Manly Warringah 2:47.42
5	Prudence Silver	Northern Districts 2:59.84

Girls U 11 - 1500 Metre Run

Zone: Z 5:00.58 2/02/2013 Abbey Rockliff, Ku-Ring-Gai

Name	Age Centre	Final
1	Jessie Bradford	Manly Warringah 5:17.75
2	Pin Pin Meenijacin	Mosman 5:30.46
3	Amber Kusano	Mosman 5:34.58
4	Grace Beck	Ku-Ring-Gai 5:39.25
5	Olivia Newsham	Manly Warringah 5:45.76
6	Bronte Tonkin	Northern Districts 6:02.27
7	Elizabeth Toynbee	Northern Districts 6:09.35
8	Zara Villacorta	Manly Warringah 6:12.34

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Girls U 11 - 1500 Metre Run

9 Cayla Smyth	Manly Warringah	6:17.77
10 Charlotte Toynbee	Northern Districts	6:21.27

Girls U 12 - 1500 Metre Run

Zone: Z 4:48.39 25/01/2014 Abbey Rockliff, Ku-Ring-Gai		
Name	Age Centre	Final
1 Fleur Cooper	Mosman	5:05.00
2 Tessa Newitt	Mosman	5:19.57
3 Rebecca Solomon	Manly Warringah	5:24.30
4 Amelia Watkins	Ku-Ring-Gai	5:37.32
5 Mia Sams	Manly Warringah	5:42.49
6 Annie Hall	Ku-Ring-Gai	5:51.02
7 Zoe Woods	Ku-Ring-Gai	5:52.33
8 Kiera Yerbury	Ku-Ring-Gai	5:55.21
9 Olivia O'Kelly	Manly Warringah	5:55.82
10 Molly Shrivell	Manly Warringah	6:14.23
11 Annabelle Hatch	Northern Districts	6:22.32

Girls U 13 - 1500 Metre Run

Zone: Z 4:42.63 13/12/2014 Abbey Rockliff, Ku-Ring-Gai		
Name	Age Centre	Final
1 Amelia Thornthwaite	Manly Warringah	5:23.55
2 Sophia Kusano	Mosman	5:25.28
3 Olivia Gorman	Manly Warringah	5:35.67
4 Isabelle Cruickshank	Northern Districts	5:49.11
5 Ellen Whelan	Manly Warringah	5:49.61
6 Alejandra Blanco	Manly Warringah	5:50.57
7 Poppy Hyland	Manly Warringah	5:57.13
8 Zoe Elliott	Ku-Ring-Gai	6:00.59

Girls U 14 - 1500 Metre Run

Zone: Z 4:38.51 25/01/2014 Catherine Miller, Ku-Ring-G		
Name	Age Centre	Final
1 Mercy Nathanael	Manly Warringah	4:56.12
2 Charlie Arnott	Manly Warringah	4:56.37
3 Mia Fry	Mosman	5:04.19
4 holly wickham	Manly Warringah	5:13.81
5 Chelsea Smyth	Manly Warringah	5:16.57
6 Alexandra Sinclair	Manly Warringah	5:22.99

Girls U 15 - 1500 Metre Run

Zone: Z 4:41.20 2/02/2013 Emily Hopper, Manly Warring		
Name	Age Centre	Final
1 Jessica Bird	Ku-Ring-Gai	5:03.15
2 Zara Warland	Hornsby	5:08.56
3 Lilli Krawitz	Mosman	5:30.99
4 April Shepherd	Northern Districts	6:07.67
5 Tali Fishpool	Hornsby	6:08.45

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Girls U 17 - 1500 Metre Run

Zone: Z 4:49.32 13/12/2014 Elly Gallagher, Northern Di			
Name	Age	Centre	Final
1 Hannah Lovlin		Manly Warringah	5:15.60
2 Ciara Sinclair		Manly Warringah	5:40.11

Girls U 13 - 3000 Metre Run

Zone: Z 10:05.80 11/12/2016 Nicola Hogg, Mosman			
Name	Age	Centre	Final
1 Olivia Gorman		Manly Warringah	12:13.13
2 Sophia Kusano		Mosman	12:43.48
3 Lizzie Prestwich		Ku-Ring-Gai	12:44.41
4 Amelia Thornthwaite		Manly Warringah	13:40.14

Girls U 14 - 3000 Metre Run

Zone: Z 10:32.10 4/02/2007 Thea Welsby, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Jessica Gocher		Mosman	11:33.04
2 Mercy Nathanael		Manly Warringah	12:53.69
3 Chelsea Smyth		Manly Warringah	12:59.33

Girls U 15 - 3000 Metre Run

Zone: Z 10:40.10 7/02/2002 Brianna Crawford, Manly Wa			
Name	Age	Centre	Final
1 Zara Warland		Hornsby	12:02.45
2 Lilli Krawitz		Mosman	12:05.37

Girls U 17 - 3000 Metre Run

Zone: Z 10:40.62 14/12/2014 Elly Gallagher, Northern D			
Name	Age	Centre	Final
1 Mia Hinchliff		Mosman	11:17.55
2 Hannah Lovlin		Manly Warringah	11:57.63

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.40 7/02/1997 Emily Pollett, Manly Warringa			
Name	Age	Centre	Heats

Heat 1 Heats

1 Gracie Atkins		Ku-Ring-Gai	11.87Q
2 Cassia McLean		Manly Warringah	13.14Q
3 Elizabeth Fainga'anuku		Mosman	13.51Q
4 Georgia Birch		Ku-Ring-Gai	13.62q
5 Elsa Colpani		Mosman	13.75
6 Lily Taylor		Hornsby	15.11

Heat 2 Heats

1 Olivia Barton		Manly Warringah	13.44Q
2 Annika Henry		Ku-Ring-Gai	13.51Q
3 Zsa Zsa Burke		Manly Warringah	13.57Q
4 Catherine Halgreen		Ku-Ring-Gai	13.70q
5 Indiana Passlow		Manly Warringah	14.55

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Girls U 8 - 60 Metre Hurdles (45cm)

6 Zoe Dier	Mosman	16.18
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Girls U 8 - 60 Metre Hurdles (45cm)

=====			
Zone: Z 11.40	7/02/1997	Emily Pollett, Manly Warringah	
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Gracie Atkins		Ku-Ring-Gai	11.75
2 Cassia McLean		Manly Warringah	12.80
3 Elizabeth Fainga'anuku		Mosman	12.94
4 Olivia Barton		Manly Warringah	13.20
5 Zsa Zsa Burke		Manly Warringah	13.32
6 Catherine Halgreen		Ku-Ring-Gai	13.47
7 Annika Henry		Ku-Ring-Gai	13.49
8 Georgia Birch		Ku-Ring-Gai	13.55

Girls U 9 - 60 Metre Hurdles (45cm)

=====			
Zone: Z 10.60	7/02/1997	Shona Martin, Manly Warringah	
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Kate Harden		Ku-Ring-Gai	11.28Q
2 Lily Hughes		Ku-Ring-Gai	11.97Q
3 Emily Kupceric		Manly Warringah	12.02Q
4 Erin Grimshaw		Manly Warringah	12.08q
5 Eliza Williams		Manly Warringah	12.43q
6 Sophia Tsaousidis		Hornsby	12.98
7 Lucy van Hooft		Hornsby	13.55
Heat 2 Heats			
1 Tara Gilkeson		Hornsby	12.34Q
2 Grace McCreery		Manly Warringah	12.46Q
3 Kate Hall		Hornsby	12.59Q
4 Madison Landgrebe		Ku-Ring-Gai	12.61
5 Eve Treston		Ku-Ring-Gai	12.83
6 Sienna Sewell		Mosman	14.04

Girls U 9 - 60 Metre Hurdles (45cm)

=====			
Zone: Z 10.60	7/02/1997	Shona Martin, Manly Warringah	
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Kate Harden		Ku-Ring-Gai	11.31
2 Grace McCreery		Manly Warringah	11.84
3 Emily Kupceric		Manly Warringah	11.96
4 Erin Grimshaw		Manly Warringah	12.07
5 Eliza Williams		Manly Warringah	12.27
6 Lily Hughes		Ku-Ring-Gai	12.31
7 Kate Hall		Hornsby	13.29
8 Tara Gilkeson		Hornsby	14.95

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN**

Results

Girls U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.40 7/02/1997 Sarah Alchin, Northern Distri			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Chanel Charles		Ku-Ring-Gai	11.89Q
2 Ava Prentice		Manly Warringah	12.16Q
3 Sophie Hyne-Jones		Manly Warringah	12.38Q
4 Charlotte Baum		Manly Warringah	13.10q
5 Aniela Knight		Northern Districts	13.37
6 Jessica Kulik		Northern Districts	13.78
7 Isla Honor		Northern Districts	13.93
Heat 2 Heats			
1 Eden Herring		Hornsby	12.17Q
2 sophia paz		Manly Warringah	12.38Q
3 Matilda Harrison		Ku-Ring-Gai	13.00Q
4 Eloise Berkelouw		Mosman	13.04q
5 Piper Fyffe		Ku-Ring-Gai	13.12
6 Penelope Gill		Northern Districts	14.06
7 Ruby High		Mosman	14.20
8 Summer Mudadu		Ku-Ring-Gai	17.52

Girls U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.40 7/02/1997 Sarah Alchin, Northern Distri			
Name	Age	Centre	Final
Section 1 Final			
1 Eden Herring		Hornsby	11.78
2 Ava Prentice		Manly Warringah	11.85
3 sophia paz		Manly Warringah	11.89
4 Sophie Hyne-Jones		Manly Warringah	12.30
5 Chanel Charles		Ku-Ring-Gai	12.40
6 Charlotte Baum		Manly Warringah	12.56
7 Matilda Harrison		Ku-Ring-Gai	12.76
8 Eloise Berkelouw		Mosman	12.79

Girls U 11 - 60 Metre Hurdles (60cm)

Zone: Z 9.84 2/02/2013 Mia Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Kirsten Evans		Mosman	11.84Q
2 Emelia Nagle		Manly Warringah	11.96Q
3 Jessie Procter		Ku-Ring-Gai	12.26Q
4 Ella Smallwood		Northern Districts	12.42q
5 Loren Mills		Hornsby	12.48q
6 Ava Black		Manly Warringah	12.55
7 Michaela Couper		Hornsby	13.11
8 Siobhan Chung		Ku-Ring-Gai	14.13
Heat 2 Heats			
1 Sienna KupcERIC		Manly Warringah	10.52Q
2 Summer Williamson		Manly Warringah	11.59Q
3 Amber Jobson		Ku-Ring-Gai	12.33Q
4 Ava Mitchell		Northern Districts	12.50
5 Jessica Parker		Mosman	12.68
6 Isla Webster		Ku-Ring-Gai	13.01
7 Eloise Lulfing		Northern Districts	13.12
8 Chloe Rienits		Northern Districts	13.68

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Girls U 11 - 60 Metre Hurdles (60cm)

Zone: Z 9.84 2/02/2013 Mia Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1	Sienna KupcERIC	Manly Warringah	10.57
2	Kirsten Evans	Mosman	11.36
3	Summer Williamson	Manly Warringah	11.71
4	Emelia Nagle	Manly Warringah	11.86
5	Jessie Procter	Ku-Ring-Gai	12.28
6	Amber Jobson	Ku-Ring-Gai	12.52
7	Ella Smallwood	Northern Districts	12.58
8	Loren Mills	Hornsby	14.60

Girls U 12 - 60 Metre Hurdles (68cm)

Zone: Z 9.50 5/02/2005 Annaliese Gardiner, Ku-Ring-G			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Noa Davies	Mosman	10.98Q
2	Madison Mitchell	Hornsby	11.01Q
3	Luna Ligertwood	Manly Warringah	11.54Q
4	Catrine Atherton	Manly Warringah	11.96
5	Sarah Magnussen	Hornsby	12.68
6	Juliana Diosa Tirado	Northern Districts	13.76
Heat 2 Heats			
1	Sarah Lovell	Ku-Ring-Gai	10.63Q
1	Louise Lovell	Ku-Ring-Gai	10.63Q
3	Kelly Theodorides	Manly Warringah	10.99Q
4	Claudia Healey	Mosman	11.12q
5	Elise Oliver	Northern Districts	11.55q
6	Veda Arabolu	Ku-Ring-Gai	11.60
7	Greta Hudy	Manly Warringah	11.84
8	Emmily Buchner	Ku-Ring-Gai	13.06

Girls U 12 - 60 Metre Hurdles (68cm)

Zone: Z 9.50 5/02/2005 Annaliese Gardiner, Ku-Ring-G			
Name	Age	Centre	Final
Section 1 Final			
1	Sarah Lovell	Ku-Ring-Gai	10.59
2	Louise Lovell	Ku-Ring-Gai	10.68
3	Noa Davies	Mosman	10.95
4	Kelly Theodorides	Manly Warringah	10.96
5	Claudia Healey	Mosman	10.99
6	Luna Ligertwood	Manly Warringah	11.22
7	Madison Mitchell	Hornsby	11.35
8	Elise Oliver	Northern Districts	11.67

Girls U 13 - 80 Metre Hurdles (76cm)

Zone: Z 12.55 14/12/2014 Mia Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Maya Tedder	Manly Warringah	14.69Q
2	Lola Dorman	Hornsby	14.74Q
3	Isabel Harris	Manly Warringah	15.65Q

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Girls U 13 - 80 Metre Hurdles (76cm)

4 Evie Dougan	Ku-Ring-Gai	17.14
5 Lizelle Jeremy	Manly Warringah	18.18
6 Claudia Stanford	Mosman	18.26
7 Lucija Saravanja	Ku-Ring-Gai	19.77

Heat 2 Heats

1 Chloe Dunne	Manly Warringah	13.82Q
2 Siobhan McMahon	Northern Districts	14.71Q
3 Phoebe Riley	Ku-Ring-Gai	14.86Q
4 Phoebe Berglund	Manly Warringah	14.88q
5 Isabel Ozinga	Ku-Ring-Gai	16.32q
6 Tilly Morris	Mosman	16.56
7 Sarah Passafaro	Northern Districts	17.32

Girls U 13 - 80 Metre Hurdles (76cm)

Zone: Z 12.55 14/12/2014 Mia Hemsworth, Ku-Ring-Gai

Name	Age Centre	Final
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Section 1 Final

1 Chloe Dunne	Manly Warringah	13.72
2 Phoebe Riley	Ku-Ring-Gai	14.40
3 Siobhan McMahon	Northern Districts	14.47
4 Maya Tedder	Manly Warringah	14.61
5 Lola Dorman	Hornsby	14.74
6 Phoebe Berglund	Manly Warringah	14.81
7 Isabel Harris	Manly Warringah	15.42
8 Isabel Ozinga	Ku-Ring-Gai	16.17

Girls U 14 - 80 Metre Hurdles (76cm)

Zone: Z 12.79 14/12/2014 Imogen Breslin, Ku-Ring-Gai

Name	Age Centre	Final
------	------------	-------

Section 1

1 Sienna Bond	Ku-Ring-Gai	12.81
2 Eva Bates	Ku-Ring-Gai	13.13
3 Talia Kupceric	Manly Warringah	13.40
4 Sophie Ross	Manly Warringah	14.32
5 Nina vanderReyden	Manly Warringah	14.35
6 Sophie Hanna	Manly Warringah	14.63
7 Carys GibbonsMaurer	Manly Warringah	14.78
8 Felicity Stewart	Ku-Ring-Gai	16.92

Girls U 15 - 90 Metre Hurdles (76cm)

Zone: Z 12.87 2/12/2018 Emelia Duncan, Ku-Ring-Gai

Name	Age Centre	Final
------	------------	-------

1 Emelia Duncan	Ku-Ring-Gai	12.87Z
2 Georgia Fichardt	Ku-Ring-Gai	13.07
3 Emily Smith	Manly Warringah	13.71

Girls U 17 - 100 Metre Hurdles (76cm)

Zone: Z 14.90 2/12/2018 Mia Hemsworth, Ku-Ring-Gai

Name	Age Centre	Final
------	------------	-------

1 Mia Hemsworth	Ku-Ring-Gai	14.90Z
2 Julia Baxter	Hornsby	15.06

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN**

Results

...Girls U 17 - 100 Metre Hurdles (76cm)

3	Aleisha Jeremy	Manly Warringah	15.12
4	Jessica Maciver	Ku-Ring-Gai	15.19
5	Freya Carley	Manly Warringah	16.55
6	Jasmine Ellery	Manly Warringah	17.23

Girls U 13 - 200 Metre Hurdles (68cm)

Zone: Z 29.54 2/02/2013 Lauren Moses, Manly Warringah			
Name	Age	Centre	Final
1	Lucy Scholtens	Manly Warringah	30.64
2	Chloe Dunne	Manly Warringah	31.33
3	Siobhan McMahon	Northern Districts	32.02
4	Sarah Passafaro	Northern Districts	32.53
5	Brooke Flynn	Manly Warringah	32.64
6	Lola Dorman	Hornsby	32.77
7	Tilly Morris	Mosman	33.43
8	Philippa Young	Manly Warringah	34.73

Girls U 14 - 200 Metre Hurdles (76cm)

Zone: Z 28.90 12/12/2015 Mia Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Kelsey Smit	Manly Warringah	31.97Q
2	Nina vanderReyden	Manly Warringah	32.36Q
3	Brianna Worsfold	Ku-Ring-Gai	32.39Q
4	Sophie Hanna	Manly Warringah	32.64q
Heat 2 Heats			
1	Eva Bates	Ku-Ring-Gai	29.74Q
2	Sienna Bond	Ku-Ring-Gai	31.67Q
3	Talia Kupceric	Manly Warringah	31.90Q
3	Sophie Ross	Manly Warringah	31.90Q
5	Carys GibbonsMaurer	Manly Warringah	32.84
6	Felicity Stewart	Ku-Ring-Gai	36.08

Girls U 14 - 200 Metre Hurdles (76cm)

Zone: Z 28.90 12/12/2015 Mia Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1	Eva Bates	Ku-Ring-Gai	29.40
2	Kelsey Smit	Manly Warringah	31.24
3	Brianna Worsfold	Ku-Ring-Gai	31.42
4	Sienna Bond	Ku-Ring-Gai	31.47
5	Sophie Ross	Manly Warringah	31.78
6	Talia Kupceric	Manly Warringah	31.88
7	Nina vanderReyden	Manly Warringah	32.34
8	Sophie Hanna	Manly Warringah	32.60

Girls U 15 - 300 Metre Hurdles (76cm)

Zone: Z 46.51 1/12/2018 Emily Smith, Manly Warringah			
Name	Age	Centre	Final
Section 1			
1	Emily Smith	Manly Warringah	46.51Z

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Girls U 15 - 300 Metre Hurdles (76cm)

2 Georgia Fichardt	Ku-Ring-Gai	49.22
3 Charlotte Hall	Hornsby	50.69
4 Ella Hoschke	Northern Districts	55.61

Girls U 17 - 300 Metre Hurdles (76cm)

Zone: Z 47.65 1/12/2018 Aleisha Jeremy, Manly Warringah			
Name	Age	Centre	Final
1 Aleisha Jeremy		Manly Warringah	47.65Z
2 Julia Baxter		Hornsby	48.37
3 Lara Woollett		Hornsby	48.81
4 Isabelle Charlier		Manly Warringah	49.39
5 Jessica Smith		Manly Warringah	1:01.54
6 Olivia Bakker		Manly Warringah	1:40.31

Girls U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 56.36 5/02/2012 Manly Warringah			
Centre			Final
1 Manly Warringah			59.21
1) Emily Kupceric 9	2) Kaitlinn Dunne 10		
3) Sienna Kupceric 11	4) Eve Simpson 12		
2 Ku-Ring-Gai			59.38
1) Kate Harden 9	2) Chanel Charles 10		
3) Gemma McIntosh 11	4) Samara Bond 12		
3 Hornsby			1:03.60
1) Liesel Walsh 9	2) Alice Lyng 10		
3) Molly Ashton 10	4) Madison Mitchell 12		
4 Mosman			1:03.73
1) Gabby Ashbolt 9	2) Fiorella Collins 10		
3) Jessica Parker 11	4) Sofia Fedirchuk 12		
5 Northern Districts			1:05.51
1) Alyssa Holmes 9	2) Jessica Kulk 10		
3) Ava Mitchell 11	4) Elise Oliver 12		

Girls U 12-17 4x100 Metre Relay (Snr)

Zone: Z 49.72 14/12/2014 Manly Warringah			
O Wrightson, B Wiggins, R Craker, K Edwards			
Centre			Final
1 Ku-Ring-Gai			50.08
1) Phoebe Riley 13	2) Brianna Worsfold 14		
3) Georgia Fichardt 15	4) Jessica Maciver 17		
2 Manly Warringah			50.62
1) Chloe Dunne 13	2) Lara Williams 14		
3) Olivia Inkster 14	4) Aleisha Jeremy 17		
3 Hornsby			53.16
1) Gemma Mills 13	2) Karina Bassett 14		
3) Charlotte Hall 15	4) Danielle Osifo 17		
4 Northern Districts			55.22
1) Siobhan McMahon 13	2) Sarah Hughes-Narborough 14		
3) Maya McMullen 15	4) Casey Griffiths 15		
5 Mosman			56.37
1) Tilly Morris 13	2) Jemma Brandon-Cooper 14		
3) Jasmin Frost 14	4) Laura Quinn 17		

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Girls U 9 - High Jump (S/H 0.80m)

Zone: Z 1.20m 25/01/2014 Cayla Phillips, Manly Warring			
Name	Age	Centre	Final
Flight 1			
1 Grace McCreery		Manly Warringah	1.07m
2 Alicia Endicott		Ku-Ring-Gai	1.05m
3 Isla Stewart		Ku-Ring-Gai	1.05m
4 Erin Dunne		Manly Warringah	1.00m
5 Kate Hall		Hornsby	1.00m
6 Alyssa Holmes		Northern Districts	1.00m
7 Evita Saravanja		Ku-Ring-Gai	1.00m
8 Stella Marmora		Hornsby	0.95m
9 Sienna Evans		Manly Warringah	0.90m
10 Belinda Matthews		Manly Warringah	0.90m
11 Eve Treston		Ku-Ring-Gai	0.80m

Girls U 10 - High Jump (S/H 0.90m)

Zone: Z 1.34m 13/12/2015 Talia Kupceric, Manly Warring			
Name	Age	Centre	Final
1 Paloma Campos		Manly Warringah	1.13m
2 Ellie Lee		Ku-Ring-Gai	1.09m
3 Anastasia Limbers		Hornsby	1.09m
4 Isla Honor		Northern Districts	1.05m
5 Emily Holdsworth		Ku-Ring-Gai	1.05m
6 Ruby High		Mosman	1.05m
7 Taylah Flynn		Manly Warringah	1.00m
8 Sophie Nicols		Manly Warringah	1.00m
9 Charlotte Blaiklock		Ku-Ring-Gai	1.00m
10 Sophie Hyne-Jones		Manly Warringah	0.95m
11 Charlotte Robinson		Ku-Ring-Gai	0.95m

Girls U 11 - High Jump (S/H 1.00m)

Zone: Z 1.48m 7/02/1995 Sarah Lingard, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Grace Townsend		Mosman	1.34m
2 Octavia Williams		Manly Warringah	1.22m
3 Tamika Cassidy		Mosman	1.22m
4 Felisa Gonzalo		Manly Warringah	1.15m
5 Summer Williamson		Manly Warringah	1.15m
6 Ava Black		Manly Warringah	1.15m
7 Estelle O'Regan		Ku-Ring-Gai	1.15m
8 Elizabeth Bailey		Ku-Ring-Gai	1.10m
9 Sophia Ambrosino		Ku-Ring-Gai	1.10m
10 Amber Kusano		Mosman	1.05m
11 Charlotte Toynbee		Northern Districts	1.05m
12 Ella Smallwood		Northern Districts	1.00m
-- Isla Webster		Ku-Ring-Gai	NH
-- Gemma Ronan		Mosman	NH
-- Chloe Rienits		Northern Districts	NH

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Girls U 12 - High Jump (S/H 1.10m)

Zone: Z 1.53m 14/12/2014 Alannah Green, Mosman			
Name	Age	Centre	Final
1	Catrine Atherton	Manly Warringah	1.36m
2	Charlize Capablanca	Mosman	1.34m
3	Louise Lovell	Ku-Ring-Gai	1.32m
4	Lana Waddingham	Northern Districts	1.30m
5	Ashlee O'Reilly	Manly Warringah	1.30m
6	Kiera Yerbury	Ku-Ring-Gai	1.25m
7	Olivia Pugh	Manly Warringah	1.25m
8	Elise Oliver	Northern Districts	1.25m
9	Madison Mitchell	Hornsby	1.20m
10	Teagan Jones	Ku-Ring-Gai	1.20m
11	Emelie Coe	Ku-Ring-Gai	1.20m
12	Chloe Brown	Manly Warringah	1.20m
13	Sienna Gleeson	Northern Districts	1.15m
--	Lauren Dower	Mosman	NH

Girls U 13 - High Jump (S/H 1.15m)

Zone: Z 1.59m 7/02/1997 Renee Gartner, Manly Warringah			
Name	Age	Centre	Final
1	Shayla Gleeson	Northern Districts	1.50m
2	Charlotte Watton	Manly Warringah	1.40m
3	Taya Yerbury	Ku-Ring-Gai	1.40m
4	Claudia Endicott	Ku-Ring-Gai	1.40m
5	Opal Bird	Mosman	1.35m
6	Amelia Daniel	Manly Warringah	1.35m
7	Olivia Lee-Jackson	Ku-Ring-Gai	1.35m
8	Natasha Tindale	Northern Districts	1.30m
9	Caitlin Burgess	Ku-Ring-Gai	1.30m
10	Philippa Young	Manly Warringah	1.25m
11	Jorja Powhiro	Manly Warringah	1.25m
12	Kirsten McLeod	Mosman	1.20m
13	Lizelle Jeremy	Manly Warringah	1.20m
14	Sophia Kusano	Mosman	1.20m
15	Orlaith Keogh	Ku-Ring-Gai	1.15m

Girls U 14 - High Jump (S/H 1.20m)

Zone: Z 1.67m 7/02/1990 Virginia Young, Ku-Ring-Gai			
Name	Age	Centre	Final
1	Sophie Hanna	Manly Warringah	1.45m
2	Talia Kupceric	Manly Warringah	1.40m
3	Carys GibbonsMaurer	Manly Warringah	1.40m
4	Alice MacNamara	Ku-Ring-Gai	1.40m

Girls U 15 - High Jump (S/H 1.20m)

Zone: Z 1.75m 4/02/2012 Alysha Burnett, Northern Dist			
Name	Age	Centre	Final
1	Emily Smith	Manly Warringah	1.59m
2	Isobel Elkan	Manly Warringah	1.45m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Girls U 17 - High Jump (S/H 1.25m)

Zone: Z 1.65m 26/11/2017 Sydney Kania, Manly Warringah			
Name	Age	Centre	Final
1 Aleisha Jeremy		Manly Warringah	1.50m
2 Mikaela Quinlan		Northern Districts	1.50m
3 Laura Quinn		Mosman	1.45m
4 Isabelle Charlier		Manly Warringah	1.25m

Girls U 7 - Long Jump

Zone: Z 3.21m 7/02/1991 Alexandra Conroy, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Hayley Laslett		Ku-Ring-Gai	2.65m
2 Sophie Savage		Mosman	2.64m
3 Annabel Needham		Manly Warringah	2.39m
4 Harmony Satchithanathan		Ku-Ring-Gai	2.33m
5 Alysha Moggach		Manly Warringah	2.24m
6 Rosalie Borchert		Manly Warringah	2.23m
7 Madison Gatfield-Davis		Ku-Ring-Gai	2.23m
8 Lauren Myhre Fox		Ku-Ring-Gai	2.19m
9 Eva Bourgeois		Hornsby	1.94m
10 Hannah Dawson		Northern Districts	1.92m

Girls U 8 - Long Jump

Zone: Z 3.81m 7/02/1997 Emily Pollett, Manly Warringah			
Name	Age	Centre	Final
1 Sienna Vassella		Ku-Ring-Gai	3.42m
2 Cassia McLean		Manly Warringah	3.33m
3 Holly Tweedale		Mosman	3.26m
4 Anna Tye		Hornsby	3.14m
5 Emma Kramer		Manly Warringah	3.06m
6 Cacia Charles		Ku-Ring-Gai	2.89m
7 Gemma Dixon		Ku-Ring-Gai	2.85m
8 Zsa Zsa Burke		Manly Warringah	2.81m
9 Eden McNaughtan		Manly Warringah	2.65m
10 Elsie Clatworthy		Ku-Ring-Gai	2.64m
11 Zoe Dier		Mosman	2.59m
12 Jennifer Toynbee		Northern Districts	2.39m

Girls U 9 - Long Jump

Zone: Z 4.05m 7/02/1998 Emily Pollett, Manly Warringah			
Name	Age	Centre	Final
1 Amalia Bond		Ku-Ring-Gai	3.69m
2 Alyssa Holmes		Northern Districts	3.55m
3 Emily KupcERIC		Manly Warringah	3.42m
4 Eve Clark		Hornsby	3.39m
5 Kate Harden		Ku-Ring-Gai	3.36m
6 Seren D'Souza		Hornsby	3.36m
7 Liesel Walsh		Hornsby	3.31m
8 Jessica Pulis		Manly Warringah	3.27m
9 Abbie Dunstan		Manly Warringah	3.21m
10 Alicia Endicott		Ku-Ring-Gai	3.19m
11 Isla Maris		Manly Warringah	3.12m
12 Chelsea Forte		Ku-Ring-Gai	3.07m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS**SYDNEY ACADEMY OF SPORT, NARRABEEN****Results****....Girls U 9 - Long Jump**

13 Ruby Glossop	Mosman	2.97m
14 Freya Colpani	Mosman	2.81m

Girls U 10 - Long Jump

=====			
Zone: Z 4.40m 7/02/1999 Emily Pollett, Manly Warringa			
Name	Age	Centre	Final
=====			
1 Olivia Achike		Ku-Ring-Gai	3.92m
2 Sofia Ehnbohm		Manly Warringah	3.77m
3 Eden Herring		Hornsby	3.76m
4 Chanel Charles		Ku-Ring-Gai	3.68m
5 Matilda Harrison		Ku-Ring-Gai	3.66m
6 Alice Lyng		Hornsby	3.63m
7 Tayah Rubes		Manly Warringah	3.57m
8 Aniela Knight		Northern Districts	3.54m
9 Makayla Ariyan		Hornsby	3.51m
10 Charlotte McWilliam		Mosman	3.45m
11 Kyrah McMahan		Northern Districts	3.42m
12 Ava Prentice		Manly Warringah	3.39m
13 Isla Doughty		Manly Warringah	3.25m
14 Jessica Kulik		Northern Districts	3.13m
15 Portia Rowland-Stefanic		Ku-Ring-Gai	3.13m
16 Eliza Olthof-Hardwick		Northern Districts	3.03m

Girls U 11 - Long Jump

=====			
Zone: Z 4.72m 7/02/1999 Sarah McIlwraith, Manly Warri			
Name	Age	Centre	Final
=====			
1 Grace Townsend		Mosman	4.01m
2 Michaela Couper		Hornsby	3.60m
3 Laura Bell		Manly Warringah	3.57m
4 Ava Black		Manly Warringah	3.56m
5 Jessica Parker		Mosman	3.46m
6 Elizabeth Toynbee		Northern Districts	3.38m
7 Amber Jobson		Ku-Ring-Gai	3.33m
8 Ava Mitchell		Northern Districts	3.25m
9 Jojo Pike		Mosman	3.21m
10 Summer Williamson		Manly Warringah	3.16m
11 Jessie Procter		Ku-Ring-Gai	3.16m
12 Emelia Nagle		Manly Warringah	3.10m
13 Loren Mills		Hornsby	3.08m
14 Adelaide Williams		Mosman	3.04m
15 Charlotte Toynbee		Northern Districts	2.99m
16 Elizabeth Bailey		Ku-Ring-Gai	2.97m

Girls U 12 - Long Jump

=====			
Zone: Z 5.04m 5/02/2005 Annaliese Gardiner, Ku-Ring-G			
Name	Age	Centre	Final
=====			
1 Emelie Coe		Ku-Ring-Gai	4.37m
2 Sarah Lovell		Ku-Ring-Gai	4.34m
3 Samara Bond		Ku-Ring-Gai	4.28m
4 Kaia Taikato		Manly Warringah	4.22m
5 Claudia Healey		Mosman	4.18m
6 Sofia Fedirchuk		Mosman	4.08m
7 Cassidy McArthur		Hornsby	3.97m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Girls U 12 - Long Jump

8	Sophia Fouche	Manly Warringah	3.92m
9	Madison Mitchell	Hornsby	3.75m
10	Noa Davies	Mosman	3.73m
11	Ellia Nordenson	Manly Warringah	3.69m
12	Veda Arabolu	Ku-Ring-Gai	3.65m
13	Sienna Gleeson	Northern Districts	3.59m
14	Eve Simpson	Manly Warringah	3.59m
15	Elise Oliver	Northern Districts	3.58m
16	Lauren Dower	Mosman	3.58m

Girls U 13 - Long Jump

=====			
Zone: Z 4.96m 7/02/1992 Katherine Hepburn, Ku-Ring-Ga			
Name	Age	Centre	Final
=====			
1	Phoebe Riley	Ku-Ring-Gai	4.66m
2	Chloe Dunne	Manly Warringah	4.53m
3	Gemma Mills	Hornsby	4.33m
4	Claudia Endicott	Ku-Ring-Gai	4.31m
5	Lola Dorman	Hornsby	4.28m
6	Natasha Tindale	Northern Districts	4.20m
7	Siobhan McMahan	Northern Districts	4.12m
8	Olivia Lee-Jackson	Ku-Ring-Gai	4.05m
9	Sarah Passafaro	Northern Districts	3.94m
10	Caitlin Burgess	Ku-Ring-Gai	3.91m
11	Philippa Young	Manly Warringah	3.85m
12	Tahlia O'Brien	Manly Warringah	3.82m
13	Amelia Daniel	Manly Warringah	3.76m
14	Charlotte Watton	Manly Warringah	3.69m
15	Isabel Harris	Manly Warringah	3.69m
16	Kirsten McLeod	Mosman	3.36m
17	Isabel Ozinga	Ku-Ring-Gai	3.33m
18	Orlaith Keogh	Ku-Ring-Gai	3.23m

Girls U 14 - Long Jump

=====			
Zone: Z 5.25m 7/02/1995 Lauren Wright, Manly Warringa			
Name	Age	Centre	Final
=====			
1	Sienna Bond	Ku-Ring-Gai	5.03m
2	Kelsey Smit	Manly Warringah	4.69m
3	Brianna Worsfold	Ku-Ring-Gai	4.65m
4	Sophie Hanna	Manly Warringah	4.58m
5	Olivia Inkster	Manly Warringah	4.26m
6	Sarah Hughes-Narborough	Northern Districts	4.01m

Girls U 15 - Long Jump

=====			
Zone: Z 5.64m 7/02/2001 Christelle Coulon, Manly Warr			
Name	Age	Centre	Final
=====			
1	Jessica Bryant	Manly Warringah	4.88m
2	Maya McMullen	Northern Districts	4.52m
3	Casey Griffiths	Northern Districts	4.50m
4	Isobel Elkan	Manly Warringah	4.43m
5	Sophia Addington	Manly Warringah	4.40m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Girls U 17 - Long Jump

Zone: Z 5.24m 26/11/2017 Zoe Warlard, Hornsby				
Name	Age	Centre	Final	
1	Jessica	Maciver	Ku-Ring-Gai	5.12m
2	Jasmine	Ellery	Manly Warringah	5.04m
3	Ashley	Hanna	Manly Warringah	4.91m
4	Laura	Quinn	Mosman	4.80m
5	Lara	Woollett	Hornsby	4.75m
6	Danielle	Osifo	Hornsby	4.67m
7	Jessica	Tallentire	Manly Warringah	4.56m
8	milana	kupceric	Manly Warringah	4.39m
9	Jasmine	Bonomi	Manly Warringah	4.35m

Girls U 11 - Triple Jump

Zone: Z 9.41m 7/02/1999 Shona Martin, Manly Warringah				
Name	Age	Centre	Final	
1	Laura	Bell	Manly Warringah	8.06m
2	Sienna	Kupceric	Manly Warringah	8.04m
3	Felisa	Gonzalo	Manly Warringah	7.15m
4	Charlotte	Toynbee	Northern Districts	6.70m
5	Chloe	Rienits	Northern Districts	6.25m

Girls U 12 - Triple Jump

Zone: Z 10.72m 7/02/1995 Lisa Antill, Ku-Ring-Gai				
Name	Age	Centre	Final	
1	Luna	Ligertwood	Manly Warringah	9.10m
2	Kaia	Taikato	Manly Warringah	8.89m
3	Ashlee	O'Reilly	Manly Warringah	8.69m
4	Teagan	Jones	Ku-Ring-Gai	8.58m
5	Amelia	Watkins	Ku-Ring-Gai	8.36m
6	Sienna	Brett	Ku-Ring-Gai	8.18m
7	Sienna	Gleeson	Northern Districts	8.13m
8	Cassidy	McArthur	Hornsby	8.13m
9	Lauren	Dower	Mosman	7.89m
10	Ellia	Nordenson	Manly Warringah	7.72m

Girls U 13 - Triple Jump

Zone: Z 10.40m 7/02/2002 Emily Pollett, Manly Warring				
Name	Age	Centre	Final	
1	Chloe	Dunne	Manly Warringah	9.76m
2	Shayla	Gleeson	Northern Districts	9.48m
3	Lucy	Scholten	Manly Warringah	9.47m
4	Lola	Dorman	Hornsby	8.74m
5	Bella	Kachel	Hornsby	8.65m
6	Isabel	Ozinga	Ku-Ring-Gai	8.53m
7	Amelia	Daniel	Manly Warringah	8.33m
8	Brooke	Flynn	Manly Warringah	8.18m
9	Evie	Dougan	Ku-Ring-Gai	7.94m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Girls U 14 - Triple Jump

Zone: Z 11.13m 7/02/1997 Lisa Antill, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Sienna Bond		Ku-Ring-Gai	10.86m
2 Sophie Hanna		Manly Warringah	10.34m
3 Kelsey Smit		Manly Warringah	10.16m
4 Talia Kupceric		Manly Warringah	9.94m
5 Carys GibbonsMaurer		Manly Warringah	9.21m
6 Nina vanderReyden		Manly Warringah	8.87m

Girls U 15 - Triple Jump

Zone: Z 11.44m 7/02/1998 Lisa Antill, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Jessica Bryant		Manly Warringah	10.95m
2 Isobel Elkan		Manly Warringah	9.98m
3 Ella Hoschke		Northern Districts	9.96m

Girls U 17 - Triple Jump

Zone: Z 11.28m 25/01/2014 Jacinta Fisher, Manly Warrin			
Name	Age	Centre	Final
1 Danielle Osifo		Hornsby	10.83m
2 Freya Carley		Manly Warringah	10.49m
3 Laura Quinn		Mosman	10.46m
4 Jessica Tallentire		Manly Warringah	10.33m
5 Ashley Hanna		Manly Warringah	9.68m
6 Jasmine Bonomi		Manly Warringah	9.58m
7 Jessica Smith		Manly Warringah	8.72m
8 Prudence Silver		Northern Districts	8.17m

Girls U 7 - Shot Put (1.0 Kg)

Zone: Z 5.96m 7/02/1991 Bettina Woodward, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Claire Fisher		Ku-Ring-Gai	4.86m
2 Charlotte Barnsley		Ku-Ring-Gai	4.70m
3 Isabella Chidambaram		Manly Warringah	4.40m
4 Eva Bourgeois		Hornsby	4.36m
5 Harmony Satchithanathan		Ku-Ring-Gai	4.21m
6 Holly Taylor		Manly Warringah	3.79m
7 Isabelle Ross		Ku-Ring-Gai	3.63m
8 Gemma Hunt		Manly Warringah	3.55m
9 Isabella Baxter		Manly Warringah	3.43m

Girls U 8 - Shot Put (1.5 Kg)

Zone: Z 6.88m 7/02/1994 Samantha Gards, Northern Dist			
Name	Age	Centre	Final
1 Annika Henry		Ku-Ring-Gai	5.81m
2 Maddison Barratt		Northern Districts	5.58m
3 Elizabeth Fainga'anuku		Mosman	5.20m
4 Emma Kramer		Manly Warringah	4.50m
5 Charlie Collins		Manly Warringah	4.45m
6 Eden McNaughtan		Manly Warringah	4.34m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

...Girls U 8 - Shot Put (1.5 Kg)

7	Myah Rimmer	Manly Warringah	3.97m
8	Beatrice Dean	Ku-Ring-Gai	3.53m
9	Gabriela Murphy	Ku-Ring-Gai	3.18m
10	Zara Spurway	Ku-Ring-Gai	2.97m

Girls U 9 - Shot Put (2.0 Kg)

=====			
Zone: Z 8.73m 25/01/2014 Emma Polikowski, Manly Warrin			
Name	Age	Centre	Final
=====			
1	Millie Buxton	Manly Warringah	5.65m
2	Chelsea Forte	Ku-Ring-Gai	5.10m
3	Sophie Farrell	Ku-Ring-Gai	5.05m
4	Jessica Pulis	Manly Warringah	4.85m
5	Tara Gilkeson	Hornsby	4.79m
6	Harriet Anderson	Ku-Ring-Gai	4.30m
7	Belinda Matthews	Manly Warringah	4.20m
8	Sophia Tsaousidis	Hornsby	4.20m
9	Eve Treston	Ku-Ring-Gai	4.02m
10	Abbie Dunstan	Manly Warringah	4.01m
11	Sienna Sewell	Mosman	2.64m

Girls U 10 - Shot Put (2.0 Kg)

=====			
Zone: Z 9.45m 7/02/1994 Leilani Burnes, Manly Warring			
Name	Age	Centre	Final
=====			
1	Fiorella Collins	Mosman	6.61m
2	Sally Fainga'anuku	Mosman	6.54m
3	Lara Atherton	Manly Warringah	6.04m
4	Nehara De Mel	Ku-Ring-Gai	5.98m
5	Portia Rowland-Stefanic	Ku-Ring-Gai	5.84m
6	Ruby Nero	Manly Warringah	5.15m
7	jasmin Berry	Manly Warringah	5.03m
8	Eliza Olthof-Hardwick	Northern Districts	4.81m
9	Sienna Fishpool	Hornsby	4.59m
10	Hayley Ludgate	Mosman	4.52m
11	Imogen Cochrane	Northern Districts	4.51m
12	Ava Prentice	Manly Warringah	4.39m
13	Makayla Ariyan	Hornsby	4.38m
14	Audrey Silby	Ku-Ring-Gai	3.96m
15	Leila Houghton	Ku-Ring-Gai	3.26m

Girls U 11 - Shot Put (2.0 Kg)

=====			
Zone: Z 11.99m 7/02/1995 Leilani Burnes, Manly Warrin			
Name	Age	Centre	Final
=====			
1	Elisabeth Pulis	Manly Warringah	8.34m
2	Octavia Williams	Manly Warringah	8.17m
3	Annabelle Stewart	Ku-Ring-Gai	7.82m
4	Matilda Lemckert	Northern Districts	7.74m
5	Scarlett Duddle	Hornsby	7.25m
6	Alice Hancock	Manly Warringah	6.90m
7	Zoe Tamsett	Hornsby	6.83m
8	Gemma McIntosh	Ku-Ring-Gai	6.77m
9	Anja Fitzgibbon	Manly Warringah	5.12m
10	Jessie Procter	Ku-Ring-Gai	5.01m
11	Jessica Pearson	Hornsby	4.88m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS**SYDNEY ACADEMY OF SPORT, NARRABEEN****Results****....Girls U 11 - Shot Put (2.0 Kg)**

12 Lana Cleasby	Ku-Ring-Gai	4.81m
13 Maeve Oczapowska	Mosman	3.62m

Girls U 12 - Shot Put (2.0 Kg)

=====			
Zone: Z 12.64m 11/12/2016 Brianna Worsfold, Ku-Ring-Ga			
Name	Age	Centre	Final
=====			
1 Azaniah Afualo		Manly Warringah	10.83m
2 Sienna Brett		Ku-Ring-Gai	9.50m
3 Sarah Lovell		Ku-Ring-Gai	9.23m
4 Olivia Pugh		Manly Warringah	8.31m
5 Louise Lovell		Ku-Ring-Gai	8.25m
6 Fenella Burns		Mosman	8.12m
7 Jayde Root		Manly Warringah	7.54m
8 Maia Madden-Khan		Ku-Ring-Gai	7.43m
9 Isabella Piscioneri		Manly Warringah	6.72m

Girls U 13 - Shot Put (3.0 Kg)

=====			
Zone: Z 12.05m 25/11/2017 Brianna Worsfold, Ku-Ring-Ga			
Name	Age	Centre	Final
=====			
1 Phoebe Riley		Ku-Ring-Gai	9.56m
2 Taya Yerbury		Ku-Ring-Gai	9.53m
3 Tahlia O'Brien		Manly Warringah	8.96m
4 Shayla Gleeson		Northern Districts	8.42m
5 Caitlin Burgess		Ku-Ring-Gai	7.69m
6 Isabel Ozinga		Ku-Ring-Gai	7.28m
7 Natasha Poschalk		Manly Warringah	6.95m
8 Orlaith Keogh		Ku-Ring-Gai	6.51m
9 Ella Moy-Watson		Mosman	6.06m
10 Lucija Saravanja		Ku-Ring-Gai	5.93m

Girls U 14 - Shot Put (3.0 Kg)

=====			
Zone: Z 12.71m 1/12/2018 Brianna Worsfold, Ku-Ring-Ga			
Name	Age	Centre	Final
=====			
1 Brianna Worsfold		Ku-Ring-Gai	12.71mZ
2 Emma Polikowski		Manly Warringah	11.23m
3 Livinia Williams		Manly Warringah	10.10m
4 Felicity Stewart		Ku-Ring-Gai	9.11m
5 Ella Gibbons		Northern Districts	8.93m
6 Caitlin Dickinson		Manly Warringah	8.37m
7 Abbey Le Lievre		Northern Districts	7.52m
8 Elise Couper		Manly Warringah	6.06m

Girls U 15 - Shot Put (3.0 Kg)

=====			
Zone: Z 13.56m 14/12/2014 Josephine Ritchie, Manly War			
Name	Age	Centre	Final
=====			
1 Emelia Duncan		Ku-Ring-Gai	11.27m
2 Scarlet Brett		Ku-Ring-Gai	10.54m
3 Amelia Daunt		Mosman	10.38m
4 Charlise Sully		Manly Warringah	9.60m
5 Zara Warland		Hornsby	9.28m
6 Amber Williams		Manly Warringah	8.74m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Girls U 15 - Shot Put (3.0 Kg)

7 Lea Hartley Manly Warringah 8.14m

Girls U 17 - Shot Put (3.0 Kg)

Zone: Z 13.82m 11/12/2016 Josephine Ritchie, Manly War

Name	Age Centre	Final
------	------------	-------

1 Amy Polikowski	Manly Warringah	12.13m
2 Jada Powell	Ku-Ring-Gai	11.19m
3 Jessica Maciver	Ku-Ring-Gai	10.98m
4 Jessica Forster	Hornsby	9.00m
5 Emily Hatfield	Manly Warringah	8.50m
6 Stella Hall	Ku-Ring-Gai	8.38m
7 Jasmine Bonomi	Manly Warringah	8.02m
8 Jessica Smith	Manly Warringah	7.58m

Girls U 7 - Discus (350 Gram)

Zone: Z 19.11m 3/02/2007 Chloe Katoa, Manly Warringah

Name	Age Centre	Final
------	------------	-------

1 Claire Fisher	Ku-Ring-Gai	11.13m
2 Charlotte Barnsley	Ku-Ring-Gai	9.79m
3 Isabella Chidambaram	Manly Warringah	8.35m
4 Hayley Laslett	Ku-Ring-Gai	7.48m
5 Alysha Moggach	Manly Warringah	6.86m
6 zara Paz	Manly Warringah	6.12m
7 Madeleine Burnett	Ku-Ring-Gai	6.03m

Girls U 8 - Discus (500 Gram)

Zone: Z 19.32m 7/02/1993 Vicky Byrne, Manly Warringah

Name	Age Centre	Final
------	------------	-------

1 Annika Henry	Ku-Ring-Gai	15.92m
2 Sienna Vassella	Ku-Ring-Gai	12.95m
3 Maddison Barratt	Northern Districts	12.71m
4 Elizabeth Fainga'anuku	Mosman	12.54m
5 Cacia Charles	Ku-Ring-Gai	11.47m
6 Jennifer Toynbee	Northern Districts	11.04m
7 Zsa Zsa Burke	Manly Warringah	10.03m
8 Charlie Collins	Manly Warringah	9.46m
9 Ellana Ross	Ku-Ring-Gai	8.46m
10 Caitlyn Power	Manly Warringah	8.35m
11 Eden McNaughtan	Manly Warringah	8.03m
12 Zoe Dier	Mosman	4.08m

Girls U 9 - Discus (500 Gram)

Zone: Z 27.60m 7/02/1993 Leilani Burnes, Manly Warrin

Name	Age Centre	Final
------	------------	-------

1 Millie Buxton	Manly Warringah	17.87m
2 Chelsea Forte	Ku-Ring-Gai	15.28m
3 Eve Clark	Hornsby	14.42m
4 Sophie Farrell	Ku-Ring-Gai	13.88m
5 Abbie Dunstan	Manly Warringah	13.42m
6 Sophia Tsaousidis	Hornsby	12.85m
7 Eliza Williams	Manly Warringah	12.26m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

...Girls U 9 - Discus (500 Gram)

8	Eve Treston	Ku-Ring-Gai	12.07m
9	Evita Saravanja	Ku-Ring-Gai	11.38m
10	Sienna Evans	Manly Warringah	10.60m
11	Alyssa Holmes	Northern Districts	9.45m
--	Samara Zeller	Hornsby	FOUL

Girls U 10 - Discus (500 Gram)

=====			
Zone: Z 32.64m 7/02/1995 Vicky Byrne, Manly Warringah			
Name	Age	Centre	Final
=====			
1	Fiorella Collins	Mosman	22.77m
2	Nehara De Mel	Ku-Ring-Gai	22.37m
3	Lara Atherton	Manly Warringah	17.98m
4	Eden Herring	Hornsby	17.65m
5	Sally Fainga'anuku	Mosman	17.50m
6	Kyrah McMahan	Northern Districts	15.77m
7	Sophie Hyne-Jones	Manly Warringah	15.40m
8	Michaela Dickinson	Manly Warringah	14.84m
9	Gabriela Andrijic	Manly Warringah	14.48m
10	Summer Mudadu	Ku-Ring-Gai	14.39m
11	Makayla Ariyan	Hornsby	13.89m
12	Hayley Ludgate	Mosman	13.34m
13	Eliza Olthof-Hardwick	Northern Districts	12.76m
14	Annika Huisman	Ku-Ring-Gai	12.66m
15	Georgina Fife	Ku-Ring-Gai	11.43m
16	Isla Robinson	Mosman	9.69m
17	Sienna Fishpool	Hornsby	8.56m

Girls U 11 - Discus (500 Gram)

=====			
Zone: Z 30.22m 7/02/1995 Leilani Burnes, Manly Warrin			
Name	Age	Centre	Final
=====			
1	Elisabeth Pulis	Manly Warringah	25.80m
2	Annabelle Stewart	Ku-Ring-Gai	23.36m
3	Octavia Williams	Manly Warringah	22.03m
4	Matilda Lemckert	Northern Districts	21.53m
5	Jessica Roberts	Hornsby	20.70m
6	Zoe Tamsett	Hornsby	18.02m
7	Jojo Pike	Mosman	18.00m
8	Ella Dunstan	Manly Warringah	17.50m
9	Emelia Nagle	Manly Warringah	15.78m
10	Bronte Tonkin	Northern Districts	15.21m
11	Alice Daunt	Mosman	14.89m
12	Michaela Couper	Hornsby	14.65m
13	Lana Cleasby	Ku-Ring-Gai	13.75m
14	Maeve Oczapowska	Mosman	11.20m
15	Adelaide Williams	Mosman	8.03m

Girls U 12 - Discus (750 Gram)

=====			
Zone: Z 34.70m 7/02/1996 Leilani Burnes, Manly Warrin			
Name	Age	Centre	Final
=====			
1	Azaniah Afualo	Manly Warringah	29.54m
2	Sienna Brett	Ku-Ring-Gai	26.15m
3	Olivia Vecchio	Mosman	22.88m
4	Jayde Root	Manly Warringah	22.49m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Girls U 12 - Discus (750 Gram)

5 Sarah Lovell	Ku-Ring-Gai	21.60m
6 Maia Madden-Khan	Ku-Ring-Gai	19.69m
7 Isabella Piscioneri	Manly Warringah	18.78m
8 Summer Sivaraj	Ku-Ring-Gai	18.72m
9 Fenella Burns	Mosman	17.69m
10 Heidi Williams	Manly Warringah	16.88m
11 Sarah Magnussen	Hornsby	12.82m
12 Lana Waddingham	Northern Districts	11.22m
13 Juliana Diosa Tirado	Northern Districts	6.44m

Girls U 13 - Discus (750 Gram)

=====
 Zone: Z 42.49m 26/11/2017 Brianna Worsfold, Ku-Ring-Ga
 Name Age Centre Final
 =====

1 Tahlia O'Brien	Manly Warringah	22.40m
2 Shayla Gleeson	Northern Districts	22.35m
3 Jamie Hawker	Manly Warringah	21.42m
4 Caitlin Burgess	Ku-Ring-Gai	21.06m
5 Amelia Daniel	Manly Warringah	20.79m
6 Isabelle Cruickshank	Northern Districts	20.28m
7 Charlotte Lafford	Hornsby	19.98m
8 Bella Kachel	Hornsby	19.92m
9 Eve O'Brien	Mosman	15.62m
10 Claudia Stanford	Mosman	12.96m

Girls U 14 - Discus (1.0 Kg)

=====
 Zone: Z 37.45m 2/12/2018 Brianna Worsfold, Ku-Ring-Ga
 Name Age Centre Final
 =====

1 Brianna Worsfold	Ku-Ring-Gai	37.45mZ
2 Emma Polikowski	Manly Warringah	33.42m
3 Felicity Stewart	Ku-Ring-Gai	27.49m
4 Ella Gibbons	Northern Districts	27.19m
5 Caitlin Dickinson	Manly Warringah	26.50m
6 Sarah Hughes-Narborough	Northern Districts	21.48m
7 Jasmin Frost	Mosman	20.65m

Girls U 15 - Discus (1.0 Kg)

=====
 Zone: Z 40.04m 7/02/1997 Amber Bennett, Mosman
 Name Age Centre Final
 =====

1 Scarlet Brett	Ku-Ring-Gai	28.34m
2 Zara Warland	Hornsby	28.28m
3 Charlise Sully	Manly Warringah	27.80m
4 Amelia Daunt	Mosman	26.81m
5 Jessica Manning	Manly Warringah	21.00m
6 Lea Hartley	Manly Warringah	20.59m

Girls U 17 - Discus (1.0 Kg)

=====
 Zone: Z 37.94m 1/12/2018 Amy Polikowski, Manly Warrin
 Name Age Centre Final
 =====

1 Amy Polikowski	Manly Warringah	37.94mZ
2 Jada Powell	Ku-Ring-Gai	33.37m
3 Freya Carley	Manly Warringah	30.19m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Girls U 17 - Discus (1.0 Kg)

4	Saskia Scholle	Ku-Ring-Gai	24.06m
5	Emily Hatfield	Manly Warringah	19.64m

Girls U 11 - Javelin (400 Gram)

=====			
Zone: Z 19.87m 12/12/2015 Emma Polikowski, Manly Warri			
Name	Age	Centre	Final
=====			
1	Octavia Williams	Manly Warringah	19.03m
2	Annabelle Stewart	Ku-Ring-Gai	15.95m
3	Elisabeth Pulis	Manly Warringah	14.04m
4	Matilda Lemckert	Northern Districts	13.83m
5	Sophie Dix	Manly Warringah	12.74m
6	Alice Hancock	Manly Warringah	10.80m
7	Jessica Pearson	Hornsby	10.30m
8	Zoe Tamsett	Hornsby	9.73m
9	Siobhan Chung	Ku-Ring-Gai	4.58m

Girls U 12 - Javelin (400 Gram)

=====			
Zone: Z 23.33m 13/12/2014 Chloe Leahy, Ku-ring-gai			
Name	Age	Centre	Final
=====			
1	Jayde Root	Manly Warringah	21.72m
2	Elise Oliver	Northern Districts	21.21m
3	Sienna Brett	Ku-Ring-Gai	18.68m
4	Sienna Gleeson	Northern Districts	16.63m
5	Catrine Atherton	Manly Warringah	15.42m
6	Heidi Williams	Manly Warringah	14.67m
7	Summer Sivaraj	Ku-Ring-Gai	11.34m
8	Bianca Case	Hornsby	10.45m
9	Charlotte Clayton	Hornsby	10.29m
10	Ashlee Kim	Ku-Ring-Gai	9.28m
11	Lana Waddingham	Northern Districts	8.55m
12	Amelia Watkins	Ku-Ring-Gai	5.90m
--	Olivia Vecchio	Mosman	FOUL
--	Fenella Burns	Mosman	FOUL

Girls U 13 - Javelin (400 Gram)

=====			
Zone: Z 34.05m 31/01/2010 Alysha Burnett, Northern Dis			
Name	Age	Centre	Final
=====			
1	Isabelle Cruickshank	Northern Districts	26.51m
2	Isabel Harris	Manly Warringah	24.66m
3	Jorja Powhiro	Manly Warringah	22.24m
4	Bella Kachel	Hornsby	21.10m
5	Shayla Gleeson	Northern Districts	19.72m
6	Siobhan McMahon	Northern Districts	18.07m
7	Amelia Daniel	Manly Warringah	17.62m
8	Sienna Villacorta	Manly Warringah	15.73m
9	Charlotte Lafford	Hornsby	15.14m
10	Jamie Hawker	Manly Warringah	13.88m
11	Lara Paterson	Manly Warringah	12.25m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Girls U 14 - Javelin (400 Gram)

Zone: Z 34.47m 1/12/2018 Emma Polikowski, Manly Warri			
Name	Age	Centre	Final
1 Emma Polikowski		Manly Warringah	34.47mZ
2 Sarah Hughes-Narborough		Northern Districts	30.61m
3 Felicity Stewart		Ku-Ring-Gai	24.98m
4 Ella Gibbons		Northern Districts	23.45m
5 Tara Laytham		Manly Warringah	19.46m
6 Caitlin Dickinson		Manly Warringah	19.15m
7 Alice MacNamara		Ku-Ring-Gai	18.41m
8 Elise Couper		Manly Warringah	16.49m

Girls U 15 - Javelin (500 Gram)

Zone: Z 41.60m 5/02/2012 Alysha Burnett, Northern Dis			
Name	Age	Centre	Final
1 Amber Williams		Manly Warringah	32.92m
2 Edie Burke		Manly Warringah	28.75m
3 Scarlet Brett		Ku-Ring-Gai	19.89m

Girls U 17 - Javelin (500 Gram)

Zone: Z 43.33m 25/11/2017 Brooke East, Manly Warringah			
Name	Age	Centre	Final
1 Isabelle Charlier		Manly Warringah	33.10m
2 Jessica Forster		Hornsby	27.78m
3 Saskia Scholle		Ku-Ring-Gai	26.70m
4 Mia Hemsworth		Ku-Ring-Gai	24.63m
5 Emily Hatfield		Manly Warringah	23.94m
6 Prudence Silver		Northern Districts	17.70m
7 Jessica Smith		Manly Warringah	17.40m

Girls U 9 - 700 Metre Walk

Zone: Z 3:30.40 8/02/2004 Amy Bettiol, Manly Warringa			
Name	Age	Centre	Final
Section 1			
1 Abby Hunt		Manly Warringah	4:45.58
2 Rory Nordenson		Manly Warringah	4:46.18
3 Evita Saravanja		Ku-Ring-Gai	4:52.43
4 Lily Hughes		Ku-Ring-Gai	4:53.23
5 Lily Horne		Ku-Ring-Gai	4:57.98
6 Ashley McGough		Manly Warringah	5:04.62
7 Belinda Matthews		Manly Warringah	5:18.25
-- Claudia Wyatt		Ku-Ring-Gai	DQ
-- Chloe Fenton		Hornsby	DQ

Girls U 10 - 1100 Metre Walk

Zone: Z 5:31.60 4/02/2007 Tayla-Paige Billington, Man			
Name	Age	Centre	Final
1 Claudia Palmer		Manly Warringah	7:09.90
2 Imogen Cochrane		Northern Districts	7:26.78
3 Zoe Murphy		Ku-Ring-Gai	7:27.20
4 Piper Fyffe		Ku-Ring-Gai	7:34.51

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

...Girls U 10 - 1100 Metre Walk

5	Abril Blanco	Manly Warringah	7:34.94
6	jasmin Berry	Manly Warringah	7:55.31
7	Charlotte Whitlock	Manly Warringah	8:01.46
8	Amber Eisenhauer	Ku-Ring-Gai	8:56.91
--	Charlotte Robinson	Ku-Ring-Gai	DQ
--	Hayley Ludgate	Mosman	DQ

Girls U 11 - 1100 Metre Walk

Zone: Z 5:24.00 3/02/2008 Tayla-Paige Billington, Man			
Name	Age	Centre	Final
1	Grace Beck	Ku-Ring-Gai	6:27.59
2	Zara Villacorta	Manly Warringah	6:46.80
3	Cayla Smyth	Manly Warringah	7:01.61
4	Annabelle Stewart	Ku-Ring-Gai	7:20.73
5	Sacha Root	Manly Warringah	7:28.59
6	Amelia Watson	Ku-Ring-Gai	7:48.27
7	Verity Haslam	Ku-Ring-Gai	8:25.72

Girls U 12 - 1500 Metre Walk

Zone: Z 7:21.50 4/02/2007 Amy Bettiol, Manly Warringa			
Name	Age	Centre	Final
1	Chloe Lamb	Manly Warringah	8:08.96
2	April Billington	Manly Warringah	8:59.67
3	Carissa Smyth	Manly Warringah	9:49.94
4	Zoe Woods	Ku-Ring-Gai	9:54.74
5	Ellia Nordenson	Manly Warringah	10:38.59
6	Eliana High	Mosman	11:07.73
7	Summer Sivaraj	Ku-Ring-Gai	11:34.07
8	Emily Stewart	Ku-Ring-Gai	11:56.87
9	Fenella Burns	Mosman	13:54.99
--	Elena Rostami	Ku-Ring-Gai	DQ

Girls U 13 - 1500 Metre Walk

Zone: Z 6:53.03 9/12/2016 Elizabeth McMillen, Manly W			
Name	Age	Centre	Final
1	Alejandra Blanco	Manly Warringah	9:19.88
2	Shayla Gleeson	Northern Districts	10:05.77

Girls U 14 - 1500 Metre Walk

Zone: Z 7:01.58 24/11/2017 Elizabeth McMillen, Manly W			
Name	Age	Centre	Final
1	Tara Laytham	Manly Warringah	8:08.51
2	Keeley Holmes	Manly Warringah	8:38.90
3	Alannah Hickson	Ku-Ring-Gai	9:12.20

Girls U 15 - 1500 Metre Walk

Zone: Z 7:03.70 8/02/2004 Nicole Fagan, Ku-Ring-Gai			
Name	Age	Centre	Final
1	Olivia Thomson	Manly Warringah	9:12.38

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Girls U 15 - 1500 Metre Walk

2 Courtney Mavin Ku-Ring-Gai 10:45.91

Girls U 17 - 1500 Metre Walk

Zone: Z 6:53.70 6/02/2011 Amy Bettiol, Manly Warringah			
Name	Age	Centre	Final
1 Hannah Parker		Manly Warringah	8:00.25
2 Lily Johnston		Ku-Ring-Gai	8:43.21
3 Saskia Scholle		Ku-Ring-Gai	10:49.64
4 Prudence Silver		Northern Districts	10:52.17
5 Olivia Bakker		Manly Warringah	13:49.24

Boys U 7 - 50 Metre Sprint

Zone: Z 8.90 5/02/2005 Oscar Smith, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Toby Creelman		Manly Warringah	9.25Q
2 Jack Kusely		Manly Warringah	9.60Q
3 Henry Hartley		Manly Warringah	9.73Q
4 Jack Vella		Ku-Ring-Gai	9.84q
5 Lachlan Harman		Hornsby	10.47
6 Sam Smallwood		Northern Districts	10.48
7 Leo Green		Hornsby	10.56
Heat 2 Heats			
1 Finn Wilson		Ku-Ring-Gai	9.29Q
2 Salvador Apfel		Mosman	9.75Q
3 Oliver Waterford		Ku-Ring-Gai	9.94Q
4 Callan Atherton		Ku-Ring-Gai	10.08q
5 Cruz Aquilina		Manly Warringah	10.38q
6 Jesse Matheson		Mosman	10.45
7 Kai Davies		Mosman	10.55

Boys U 7 - 50 Metre Sprint

Zone: Z 8.90 5/02/2005 Oscar Smith, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Finn Wilson		Ku-Ring-Gai	9.14
2 Toby Creelman		Manly Warringah	9.39
3 Jack Kusely		Manly Warringah	9.45
4 Salvador Apfel		Mosman	9.46
5 Oliver Waterford		Ku-Ring-Gai	9.74
6 Jack Vella		Ku-Ring-Gai	9.81
7 Henry Hartley		Manly Warringah	9.95
8 Callan Atherton		Ku-Ring-Gai	10.18

Boys U 7 - 70 Metre Sprint

Zone: Z 11.70 7/02/1998 Michael Oldfield, Manly Warri			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Salvador Apfel		Mosman	12.26Q
2 Toby Creelman		Manly Warringah	12.27Q
3 Isaac Robinson		Mosman	12.43Q

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Boys U 7 - 70 Metre Sprint

4	Braxton Van bentum	Manly Warringah	13.04q
4	Angus Bayliss	Ku-Ring-Gai	13.04q
6	Sebastien The	Hornsby	13.48
7	Sam Smallwood	Northern Districts	13.56
8	Alexandros Tsaousidis	Hornsby	14.88

Heat 2 Heats

1	Finn Wilson	Ku-Ring-Gai	11.93Q
2	Bailey Abrahams	Ku-Ring-Gai	11.96Q
3	Oscar Kisby	Manly Warringah	12.75Q
4	Jack Kusely	Manly Warringah	12.81q
5	Jack Vella	Ku-Ring-Gai	13.19
6	Liam Couper	Hornsby	14.68

Boys U 7 - 70 Metre Sprint

Zone: Z 11.70 7/02/1998 Michael Oldfield, Manly Warri

Name Age Centre Final

Section 1 Final

1	Bailey Abrahams	Ku-Ring-Gai	11.96
2	Toby Creelman	Manly Warringah	12.35
3	Finn Wilson	Ku-Ring-Gai	12.38
4	Salvador Apfel	Mosman	12.44
5	Oscar Kisby	Manly Warringah	12.53
6	Isaac Robinson	Mosman	12.58
7	Jack Kusely	Manly Warringah	12.78
8	Braxton Van bentum	Manly Warringah	13.13
9	Angus Bayliss	Ku-Ring-Gai	13.35

Boys U 8 - 70 Metre Sprint

Zone: Z 10.70 7/02/1999 Michael Oldfield, Manly Warri

Name Age Centre Heats

Heat 1 Heats

1	Oscar Zylberberg	Ku-Ring-Gai	11.25Q
2	William Scodellaro	Northern Districts	11.46Q
3	Taten Rogers	Manly Warringah	11.62q
4	Sebastian Cadzow	Mosman	12.15
5	Beau Atkinson	Manly Warringah	12.34
6	Rafi Mohsen	Northern Districts	14.04

Heat 2 Heats

1	Thomas Vedris	Hornsby	11.19Q
2	Max McKellar	Manly Warringah	11.78Q
3	Jake Mears	Mosman	11.97
4	Joshua Nguyen	Ku-Ring-Gai	11.99
5	Connor Waddle	Mosman	12.64

Heat 3 Heats

1	Matthew McGregor	Hornsby	11.34Q
2	Magnus Myhre Fox	Ku-Ring-Gai	11.58Q
3	James Atkins	Ku-Ring-Gai	11.92q
4	Mitchell Patterson	Manly Warringah	12.15
5	Orlando Stewart	Mosman	12.34
6	Oliver McPherson	Hornsby	12.78

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN**

Results

Boys U 8 - 70 Metre Sprint

Zone: Z 10.70 7/02/1999 Michael Oldfield, Manly Warri			
Name	Age	Centre	Final
Section 1 Final			
1 Oscar Zylberberg		Ku-Ring-Gai	11.15
2 Thomas Vedris		Hornsby	11.19
3 Matthew McGregor		Hornsby	11.38
4 William Scodellaro		Northern Districts	11.52
5 Taten Rogers		Manly Warringah	11.54
6 Magnus Myhre Fox		Ku-Ring-Gai	11.77
7 Max McKellar		Manly Warringah	12.05
8 James Atkins		Ku-Ring-Gai	12.29

Boys U 9 - 70 Metre Sprint

Zone: Z 10.43 3/02/2013 Zachery Gardner, Manly Warrin			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Kaiden Grace		Manly Warringah	10.72Q
2 Kase Willis-Jansen		Ku-Ring-Gai	11.21Q
3 Joseph Galloway		Hornsby	11.24q
4 Freddie Tee		Mosman	11.39
5 Theodore Kretzas		Manly Warringah	11.41
Heat 2 Heats			
1 Dominic Davis		Manly Warringah	10.79Q
2 Adrian Kwan		Ku-Ring-Gai	10.96Q
3 Kai Gibbons		Northern Districts	11.36
4 Tyler Stead		Ku-Ring-Gai	11.52
5 Sam Fowell		Hornsby	12.24
6 Oliver Kulk		Northern Districts	12.77
Heat 3 Heats			
1 Byron Borchert		Manly Warringah	10.66Q
2 Angus Edwards		Mosman	11.05Q
3 Edward Godfrey		Mosman	11.06q
4 Liam Wise		Mosman	11.70
5 Kaelan Jones		Northern Districts	12.16
6 Emir Mohsen		Northern Districts	12.81

Boys U 9 - 70 Metre Sprint

Zone: Z 10.43 3/02/2013 Zachery Gardner, Manly Warrin			
Name	Age	Centre	Final
Section 1 Final			
1 Kaiden Grace		Manly Warringah	10.59
2 Byron Borchert		Manly Warringah	10.61
3 Dominic Davis		Manly Warringah	10.87
4 Adrian Kwan		Ku-Ring-Gai	10.95
5 Edward Godfrey		Mosman	11.05
6 Angus Edwards		Mosman	11.16
7 Kase Willis-Jansen		Ku-Ring-Gai	11.30
8 Joseph Galloway		Hornsby	11.36

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Boys U 10 - 70 Metre Sprint

Zone: Z 10.00 5/02/2005 Sam Mete, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jimmy Thebridge		Ku-Ring-Gai	10.11Q
2 Joel Daily		Mosman	10.20Q
3 Hugh Taylor		Mosman	10.71Q
4 Thomas Scodellaro		Northern Districts	10.84q
5 Jack Proctor		Ku-Ring-Gai	10.87
6 Oskar Berglund		Manly Warringah	11.00
7 Samuel Collett		Ku-Ring-Gai	11.05
8 Antoine Carlino-Mizuno		Northern Districts	11.19
Heat 2 Heats			
1 Hugo Stewart		Mosman	10.36Q
2 Jake Fourie		Ku-Ring-Gai	10.55Q
3 Fredrick Chidambaram		Manly Warringah	10.63Q
4 Alex Savage		Mosman	10.67q
5 Tom Breakwell		Manly Warringah	11.13
6 Luke Photios		Hornsby	11.45

Boys U 10 - 70 Metre Sprint

Zone: Z 10.00 5/02/2005 Sam Mete, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Jimmy Thebridge		Ku-Ring-Gai	10.03
2 Joel Daily		Mosman	10.26
3 Hugo Stewart		Mosman	10.35
4 Hugh Taylor		Mosman	10.61
5 Jake Fourie		Ku-Ring-Gai	10.62
6 Fredrick Chidambaram		Manly Warringah	10.71
7 Alex Savage		Mosman	10.83
8 Thomas Scodellaro		Northern Districts	10.94

Boys U 7 - 100 Metre Sprint

Zone: Z 16.53 13/12/2014 Brody Folkes, Mosman			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Oscar Kisby		Manly Warringah	18.04Q
2 Toby Creelman		Manly Warringah	18.10Q
3 Oliver Waterford		Ku-Ring-Gai	18.67Q
4 Cruz Aquilina		Manly Warringah	19.13q
5 Lachlan Harman		Hornsby	19.42
6 Jesse Matheson		Mosman	19.93
7 Leo Green		Hornsby	19.98
Heat 2 Heats			
1 Finn Wilson		Ku-Ring-Gai	17.54Q
2 Bailey Abrahams		Ku-Ring-Gai	18.02Q
3 Salvador Apfel		Mosman	18.52Q
4 Henry Hartley		Manly Warringah	19.13q
5 Callan Atherton		Ku-Ring-Gai	19.23
6 Sam Smallwood		Northern Districts	19.78
7 Kai Davies		Mosman	19.90

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Boys U 7 - 100 Metre Sprint

Zone: Z 16.53 13/12/2014 Brody Folkes, Mosman			
Name	Age	Centre	Final
Section 1 Final			
1 Bailey Abrahams		Ku-Ring-Gai	17.91
2 Finn Wilson		Ku-Ring-Gai	18.02
3 Salvador Apfel		Mosman	18.49
4 Oscar Kisby		Manly Warringah	18.50
5 Toby Creelman		Manly Warringah	18.51
6 Henry Hartley		Manly Warringah	19.81
7 Oliver Waterford		Ku-Ring-Gai	19.84
8 Cruz Aquilina		Manly Warringah	19.93

Boys U 8 - 100 Metre Sprint

Zone: Z 15.00 7/02/1999 Michael Oldfield, Manly Warri			
Name	Age	Centre	Heats
Heat 1 Heats			
1 William Scodellaro		Northern Districts	16.47Q
2 Oscar Zylberberg		Ku-Ring-Gai	16.52Q
3 Taten Rogers		Manly Warringah	16.74Q
4 Matthew McGregor		Hornsby	17.14q
5 Max McKellar		Manly Warringah	17.41q
6 William King		Manly Warringah	18.37
7 Beau Atkinson		Manly Warringah	18.49
8 Connor Waddle		Mosman	18.50
Heat 2 Heats			
1 Magnus Myhre Fox		Ku-Ring-Gai	16.43Q
2 Thomas Vedris		Hornsby	16.49Q
3 Callum Gilchrist		Ku-Ring-Gai	16.86Q
4 Orlando Stewart		Mosman	17.55
5 Zac Soden		Ku-Ring-Gai	17.82
6 Zac Yates		Mosman	18.04
7 Jake Mears		Mosman	18.19
8 Oliver McPherson		Hornsby	19.34

Boys U 8 - 100 Metre Sprint

Zone: Z 15.00 7/02/1999 Michael Oldfield, Manly Warri			
Name	Age	Centre	Final
Section 1 Final			
1 Thomas Vedris		Hornsby	16.66
2 Oscar Zylberberg		Ku-Ring-Gai	16.68
3 Magnus Myhre Fox		Ku-Ring-Gai	16.72
4 Taten Rogers		Manly Warringah	17.05
5 Matthew McGregor		Hornsby	17.25
6 William Scodellaro		Northern Districts	17.26
7 Callum Gilchrist		Ku-Ring-Gai	17.32
8 Max McKellar		Manly Warringah	18.13

Boys U 9 - 100 Metre Sprint

Zone: Z 14.60 2/02/2013 Zachery Gardner, Manly Warrin			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Kaiden Grace		Manly Warringah	15.40Q

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
 SYDNEY ACADEMY OF SPORT, NARRABEEN**

Results

....Boys U 9 - 100 Metre Sprint

2 Ewan Keep	Manly Warringah	15.85Q
3 Angus Edwards	Mosman	16.01Q
4 Edward Godfrey	Mosman	16.10q
5 Zachary Brown	Mosman	16.47
6 Yohann Pereira	Ku-Ring-Gai	16.67
7 Kaelan Jones	Northern Districts	17.75
8 Oliver Kulk	Northern Districts	19.28

Heat 2 Heats

1 Finn Bailey	Manly Warringah	15.47Q
2 Tobias Woolnough	Manly Warringah	16.00Q
3 Kase Willis-Jansen	Ku-Ring-Gai	16.05Q
4 Adrian Kwan	Ku-Ring-Gai	16.19q
5 Kai Gibbons	Northern Districts	16.65
6 Thomas Davis	Mosman	16.78
7 Euan Iah	Ku-Ring-Gai	17.05
8 Riley Waddingham	Northern Districts	19.42

Boys U 9 - 100 Metre Sprint

=====
 Zone: Z 14.60 2/02/2013 Zachery Gardner, Manly Warrin
 Name Age Centre Final
 =====

Section 1 Final

1 Finn Bailey	Manly Warringah	15.77
2 Kaiden Grace	Manly Warringah	15.95
3 Tobias Woolnough	Manly Warringah	16.39
4 Edward Godfrey	Mosman	16.47
5 Ewan Keep	Manly Warringah	16.48
6 Angus Edwards	Mosman	16.49
7 Kase Willis-Jansen	Ku-Ring-Gai	16.56
8 Adrian Kwan	Ku-Ring-Gai	16.59

Boys U 10 - 100 Metre Sprint

=====
 Zone: Z 14.18 25/01/2014 Zachery Gardner, Manly Warrin
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Joel Daily	Mosman	14.76Q
2 Oskar Berglund	Manly Warringah	15.62Q
3 Thomas Scodellaro	Northern Districts	15.71
4 Benjamin Kinner	Manly Warringah	16.35
5 Manning Johnson	Hornsby	16.48
6 Gabriel Hamilton	Northern Districts	18.43

Heat 2 Heats

1 Jimmy Thebridge	Ku-Ring-Gai	14.35Q
2 Alex Savage	Mosman	15.29Q
3 Jake Fourie	Ku-Ring-Gai	15.58q
4 Jack Proctor	Ku-Ring-Gai	15.65q
5 Marco Naidoo	Ku-Ring-Gai	15.77
6 Luke Photios	Hornsby	16.48

Heat 3 Heats

1 Hugo Stewart	Mosman	15.17Q
2 Zac Gedz	Manly Warringah	15.36Q
3 Daniel Benoliel	Mosman	15.91
4 Antoine Carlino-Mizuno	Northern Districts	16.06
5 Tom Breakwell	Manly Warringah	16.24
6 Matthew Sims	Hornsby	21.52

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN**

Results

Boys U 10 - 100 Metre Sprint

Zone: Z 14.18 25/01/2014 Zachery Gardner, Manly Warrin			
Name	Age	Centre	Final
Section 1 Final			
1 Jimmy Thebridge		Ku-Ring-Gai	14.68
2 Joel Daily		Mosman	14.87
3 Hugo Stewart		Mosman	15.37
4 Alex Savage		Mosman	15.59
5 Jake Fourie		Ku-Ring-Gai	15.71
6 Zac Gedz		Manly Warringah	15.75
7 Oskar Berglund		Manly Warringah	15.89
8 Jack Proctor		Ku-Ring-Gai	15.93

Boys U 11 - 100 Metre Sprint

Zone: Z 13.51 25/11/2017 Dylan Hall, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Luke Davie		Manly Warringah	14.56Q
2 Samuel Kay		Ku-Ring-Gai	14.65Q
3 Finn Pereira		Mosman	14.70q
4 Ryan Parkes		Manly Warringah	14.93
5 Chase Burrows		Mosman	15.52
6 Oscar Elliott		Ku-Ring-Gai	15.67
Heat 2 Heats			
1 Brodie Shearer		Ku-Ring-Gai	14.42Q
2 Oliver Stokeld		Mosman	14.53Q
3 Wol Albino		Hornsby	14.58q
4 Dominic D'Souza		Hornsby	14.91
5 Eric Hamilton		Northern Districts	15.62
Heat 3 Heats			
1 Ethan Grimshaw		Manly Warringah	14.16Q
2 Leo Robinson		Manly Warringah	14.40Q
3 Lachlan Blackwell		Hornsby	14.95
4 Eddie Hallett		Ku-Ring-Gai	15.46
5 Xavier Frost		Mosman	15.73
6 Luke Woods		Hornsby	16.60

Boys U 11 - 100 Metre Sprint

Zone: Z 13.51 25/11/2017 Dylan Hall, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Ethan Grimshaw		Manly Warringah	14.27
2 Brodie Shearer		Ku-Ring-Gai	14.31
3 Leo Robinson		Manly Warringah	14.40
4 Wol Albino		Hornsby	14.66
5 Oliver Stokeld		Mosman	14.72
6 Luke Davie		Manly Warringah	14.77
7 Finn Pereira		Mosman	14.89
8 Samuel Kay		Ku-Ring-Gai	14.97

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN**

Results

Boys U 12 - 100 Metre Sprint

Zone: Z 12.90 5/02/2005 Kane Thompson, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Brody Folkes		Mosman	13.62Q
2 Boston Penfold		Ku-Ring-Gai	13.63Q
3 Cooper Elkins		Manly Warringah	13.71Q
4 Oliver Nicol		Manly Warringah	14.06q
5 Hunter Stark		Manly Warringah	14.42
6 Kalan Harding		Northern Districts	15.71
7 Oliver Ashley		Northern Districts	15.82
8 James Mitchell		Mosman	16.18
Heat 2 Heats			
1 Dylan Hall		Ku-Ring-Gai	13.04Q
2 Oliver Dawson		Manly Warringah	13.67Q
3 Thomas Hartman		Mosman	13.71Q
4 Lars Ackland		Ku-Ring-Gai	14.06q
5 Nathanael Ramsay		Hornsby	14.12
6 Lucas Kwan		Ku-Ring-Gai	14.38
7 Jasper Groth		Hornsby	16.33
8 Joshua Harding		Northern Districts	23.41

Boys U 12 - 100 Metre Sprint

Zone: Z 12.90 5/02/2005 Kane Thompson, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Dylan Hall		Ku-Ring-Gai	13.07
2 Cooper Elkins		Manly Warringah	13.56
3 Brody Folkes		Mosman	13.65
4 Oliver Dawson		Manly Warringah	13.77
4 Boston Penfold		Ku-Ring-Gai	13.77
6 Thomas Hartman		Mosman	13.90
7 Lars Ackland		Ku-Ring-Gai	14.07
8 Oliver Nicol		Manly Warringah	14.17

Boys U 13 - 100 Metre Sprint

Zone: Z 12.40 4/02/2006 Kane Thompson, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Will Matheson		Mosman	13.78Q
2 Lynden Wiesenhaan		Northern Districts	14.12Q
3 Brodie Waldock		Ku-Ring-Gai	14.21
4 Jesse Robinson		Northern Districts	14.28
5 Dylan vanGrootel		Manly Warringah	14.42
6 Ronan Savage		Mosman	14.76
Heat 2 Heats			
1 Jett Sully		Manly Warringah	13.25Q
2 Marcus Warner		Mosman	13.68Q
3 Charlie Moriarty		Mosman	13.70q
4 Daniel Nemeth		Mosman	14.03q
5 Alexander Trueman		Manly Warringah	14.13
6 Bryce Cameron		Manly Warringah	14.27
Heat 3 Heats			
1 Lachlan Herbert		Ku-Ring-Gai	13.24Q
2 Corban Ross		Hornsby	14.12Q

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Boys U 13 - 100 Metre Sprint

3	Kisho Carlino-Mizuno	Northern Districts	14.26
4	William Tye	Hornsby	14.48
5	Zachary Neal	Ku-Ring-Gai	15.25

Boys U 13 - 100 Metre Sprint

Zone: Z 12.40 4/02/2006 Kane Thompson, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1	Lachlan Herbert	Ku-Ring-Gai	13.23
2	Jett Sully	Manly Warringah	13.27
3	Charlie Moriarty	Mosman	13.68
4	Marcus Warner	Mosman	13.92
5	Daniel Nemeth	Mosman	13.96
6	Will Matheson	Mosman	13.98
7	Lynden Wiesenhaan	Northern Districts	14.07

Boys U 14 - 100 Metre Sprint

Zone: Z 12.00 3/02/2007 Kane Thompson, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Zachary Flynn	Manly Warringah	12.78Q
2	Evan Neal	Manly Warringah	13.38Q
3	Jonathan Chan	Mosman	13.82Q
4	Zac Cleary	Manly Warringah	14.14q
5	Finn Bellerby	Manly Warringah	14.33
6	Malakye Enasio	Northern Districts	14.35
Heat 2 Heats			
1	Joshua Gedz	Manly Warringah	12.49Q
2	Aidan Jones	Ku-Ring-Gai	12.73Q
3	Henry Roberts	Mosman	12.88Q
4	Timothy Forster	Hornsby	13.72q
5	Ethan James	Manly Warringah	14.24
6	Adam Rope	Manly Warringah	14.37

Boys U 14 - 100 Metre Sprint

Zone: Z 12.00 3/02/2007 Kane Thompson, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1	Joshua Gedz	Manly Warringah	12.46
2	Aidan Jones	Ku-Ring-Gai	12.76
3	Zachary Flynn	Manly Warringah	12.83
4	Henry Roberts	Mosman	13.15
5	Timothy Forster	Hornsby	14.04
5	Zac Cleary	Manly Warringah	14.04
7	Jonathan Chan	Mosman	14.09

Boys U 15 - 100 Metre Sprint

Zone: Z 11.48 4/02/2012 Joshua Swan, Mosman			
Name	Age	Centre	Final
Section 1			
1	Archie Saunders	Manly Warringah	11.93

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Boys U 15 - 100 Metre Sprint

2 Sebastian Doney	Ku-Ring-Gai	12.25
3 Fynn George	Manly Warringah	12.54
4 Domenico DeStradis	Hornsby	12.69
5 Joel Neasmith	Manly Warringah	12.73
6 Lachlan Farquhar	Manly Warringah	13.08
7 Sam Bates	Ku-Ring-Gai	13.44
8 Tomas Dennett	Ku-Ring-Gai	13.88

Boys U 17 - 100 Metre Sprint

Zone: Z 10.92 2/02/2013 Joshua Swan, Mosman			
Name	Age	Centre	Final
1 Connor Bond		Ku-Ring-Gai	11.96
2 Cameron Ross-Egarr		Northern Districts	12.34
3 Eden Russell		Manly Warringah	12.59
4 ryan crane		Manly Warringah	12.75
5 Billy Bakker		Manly Warringah	12.84
6 Benjamin McNamara		Northern Districts	12.93
7 Yianni Fotias		Hornsby	12.94
8 Hugh Ritchie		Mosman	13.14

Boys U 7 - 200 Metre Sprint

Zone: Z 34.55 10/12/2016 Rian Conners, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Bailey Abrahams		Ku-Ring-Gai	36.47Q
2 Isaac Robinson		Mosman	37.94Q
3 Braxton Van bentum		Manly Warringah	39.70Q
4 Toby Creelman		Manly Warringah	39.94q
5 Cohan Fallowfield		Ku-Ring-Gai	40.92
6 Liam Couper		Hornsby	46.26
Heat 2 Heats			
1 Oscar Kisby		Manly Warringah	37.53Q
2 Oliver Waterford		Ku-Ring-Gai	38.68Q
3 Henry Hartley		Manly Warringah	39.29Q
4 Angus Bayliss		Ku-Ring-Gai	39.98q
5 Sebastien The		Hornsby	45.94

Boys U 7 - 200 Metre Sprint

Zone: Z 34.55 10/12/2016 Rian Conners, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Bailey Abrahams		Ku-Ring-Gai	36.68
2 Oscar Kisby		Manly Warringah	36.75
3 Isaac Robinson		Mosman	37.06
4 Braxton Van bentum		Manly Warringah	39.30
5 Toby Creelman		Manly Warringah	39.43
6 Oliver Waterford		Ku-Ring-Gai	39.55
7 Angus Bayliss		Ku-Ring-Gai	40.29
8 Henry Hartley		Manly Warringah	40.46

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Boys U 8 - 200 Metre Sprint

=====
 Zone: Z 32.30 7/02/1999 Michael Oldfield, Manly Warri
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Thomas Vedris	Hornsby	34.63Q
2	Magnus Myhre Fox	Ku-Ring-Gai	36.37Q
3	Jake Mears	Mosman	37.27Q
4	Tawa-Inka Campos	Manly Warringah	37.53
5	Beau Atkinson	Manly Warringah	37.91

Heat 2 Heats

1	Matthew McGregor	Hornsby	34.17Q
2	Jacoby Neal	Ku-Ring-Gai	34.26Q
3	Jake Wood	Manly Warringah	35.24Q
4	Callum Gilchrist	Ku-Ring-Gai	35.71q
5	Oscar Zylberberg	Ku-Ring-Gai	36.03q
6	Taten Rogers	Manly Warringah	36.80
7	Sebastian Cadzow	Mosman	38.33

Boys U 8 - 200 Metre Sprint

=====
 Zone: Z 32.30 7/02/1999 Michael Oldfield, Manly Warri
 Name Age Centre Final
 =====

Section 1 Final

1	Thomas Vedris	Hornsby	34.57
2	Matthew McGregor	Hornsby	34.77
3	Jacoby Neal	Ku-Ring-Gai	34.78
4	Callum Gilchrist	Ku-Ring-Gai	35.61
5	Jake Wood	Manly Warringah	35.93
6	Magnus Myhre Fox	Ku-Ring-Gai	36.05
7	Jake Mears	Mosman	36.57
8	Oscar Zylberberg	Ku-Ring-Gai	36.89

Boys U 9 - 200 Metre Sprint

=====
 Zone: Z 30.10 7/02/1997 Michael Hoekman, Manly Warrin
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Ewan Keep	Manly Warringah	30.94Q
2	Tobias Woolnough	Manly Warringah	31.91Q
3	Adrian Kwan	Ku-Ring-Gai	32.80Q
4	Riley Eves	Manly Warringah	33.84q
5	William Durer	Ku-Ring-Gai	34.66
6	Liam Wise	Mosman	34.80
7	Angus Edwards	Mosman	34.81
8	Saia Enasio	Northern Districts	35.83

Heat 2 Heats

1	Finn Bailey	Manly Warringah	31.17Q
2	Thomas Davis	Mosman	33.65Q
3	Kai Gibbons	Northern Districts	34.10Q
4	Kase Willis-Jansen	Ku-Ring-Gai	34.25q
5	Joseph Galloway	Hornsby	34.51
6	Yohann Pereira	Ku-Ring-Gai	34.61

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Boys U 9 - 200 Metre Sprint

Zone: Z 30.10 7/02/1997 Michael Hoekman, Manly Warrin			
Name	Age	Centre	Final
Section 1 Final			
1 Finn Bailey		Manly Warringah	30.16
2 Ewan Keep		Manly Warringah	30.47
3 Tobias Woolnough		Manly Warringah	31.89
4 Adrian Kwan		Ku-Ring-Gai	32.98
5 Riley Eves		Manly Warringah	33.02
6 Thomas Davis		Mosman	33.29
7 Kase Willis-Jansen		Ku-Ring-Gai	33.92
8 Kai Gibbons		Northern Districts	34.97

Boys U 10 - 200 Metre Sprint

Zone: Z 29.30 7/02/2001 Justin Hayward, Manly Warring			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jimmy Thebridge		Ku-Ring-Gai	30.12Q
2 Jake Fourie		Ku-Ring-Gai	31.63Q
3 Riley Grant		Mosman	31.71Q
4 Manning Johnson		Hornsby	32.87
5 Prescott Williams		Manly Warringah	34.24
Heat 2 Heats			
1 Rian Connors		Ku-Ring-Gai	31.22Q
2 Samuel Collett		Ku-Ring-Gai	31.77Q
3 Alex Savage		Mosman	31.97Q
4 Benjamin Kinner		Manly Warringah	32.39q
5 Harper Whiteley		Manly Warringah	32.45q
6 Oskar Berglund		Manly Warringah	32.90
7 Antoine Carlino-Mizuno		Northern Districts	33.26

Boys U 10 - 200 Metre Sprint

Zone: Z 29.30 7/02/2001 Justin Hayward, Manly Warring			
Name	Age	Centre	Final
Section 1 Final			
1 Jimmy Thebridge		Ku-Ring-Gai	30.51
2 Rian Connors		Ku-Ring-Gai	31.20
3 Jake Fourie		Ku-Ring-Gai	31.23
4 Samuel Collett		Ku-Ring-Gai	32.04
5 Alex Savage		Mosman	32.14
5 Riley Grant		Mosman	32.14
7 Benjamin Kinner		Manly Warringah	32.44
8 Harper Whiteley		Manly Warringah	32.58

Boys U 11 - 200 Metre Sprint

Zone: Z 27.90 8/02/2004 Kane Thompson, Manly Warringa			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Brodie Shearer		Ku-Ring-Gai	28.47q
2 Samuel Kay		Ku-Ring-Gai	28.56q
3 Wol Albino		Hornsby	29.87q
4 Dominic D'Souza		Hornsby	30.64
5 Ashton Hattingh		Manly Warringah	31.59

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN**

Results

....Boys U 11 - 200 Metre Sprint

6 Xavier Frost	Mosman	31.91
7 Eric Hamilton	Northern Districts	32.77
Heat 2 Heats		
1 Leo Robinson	Manly Warringah	28.54q
2 Ethan Grimshaw	Manly Warringah	28.81q
3 Oliver Stokeld	Mosman	28.98q
4 Ryan Parkes	Manly Warringah	29.54q
5 Eddie Hallett	Ku-Ring-Gai	30.59q
6 Chase Burrows	Mosman	31.15
7 Henri Blackley	Mosman	35.07

Boys U 11 - 200 Metre Sprint

Name	Age	Centre	Final
Zone: Z 27.90 8/02/2004 Kane Thompson, Manly Warringah			
Section 1 Final			
1 Samuel Kay		Ku-Ring-Gai	28.43
2 Leo Robinson		Manly Warringah	28.48
3 Brodie Shearer		Ku-Ring-Gai	28.52
4 Oliver Stokeld		Mosman	29.21
5 Wol Albino		Hornsby	29.93
6 Ryan Parkes		Manly Warringah	30.13
7 Eddie Hallett		Ku-Ring-Gai	30.54
8 Ethan Grimshaw		Manly Warringah	31.04

Boys U 12 - 200 Metre Sprint

Name	Age	Centre	Heats
Zone: Z 26.00 2/12/2018 Dylan Hall, Ku-Ring-Gai			
Heat 1 Heats			
1 Cooper Elkins		Manly Warringah	27.02Q
2 Thomas Hartman		Mosman	27.56Q
3 Oliver Dawson		Manly Warringah	27.73Q
4 Lars Ackland		Ku-Ring-Gai	28.09q
5 Will Soden		Ku-Ring-Gai	28.11q
6 Oliver Ashley		Northern Districts	32.32
Heat 2 Heats			
1 Dylan Hall		Ku-Ring-Gai	Z 26.00Q
2 Brody Folkes		Mosman	27.06Q
3 Boston Penfold		Ku-Ring-Gai	27.65Q
4 Nathanael Ramsay		Hornsby	28.20
5 Cruz Cookson		Manly Warringah	29.15

Boys U 12 - 200 Metre Sprint

Name	Age	Centre	Final
Zone: Z 26.00 2/12/2018 Dylan Hall, Ku-Ring-Gai			
Section 1 Final			
1 Dylan Hall		Ku-Ring-Gai	26.04
2 Cooper Elkins		Manly Warringah	27.09
3 Boston Penfold		Ku-Ring-Gai	27.27
4 Brody Folkes		Mosman	27.32
5 Thomas Hartman		Mosman	27.93
6 Lars Ackland		Ku-Ring-Gai	28.11
7 Oliver Dawson		Manly Warringah	28.13
8 Will Soden		Ku-Ring-Gai	28.14

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Boys U 13 - 200 Metre Sprint

Zone: Z 25.40 5/02/2006 Kane Thompson, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Lachlan Herbert		Ku-Ring-Gai	26.22Q
2 Charlie Moriarty		Mosman	28.31Q
3 Dylan vanGrootel		Manly Warringah	28.48q
4 Kisho Carlino-Mizuno		Northern Districts	28.55q
5 Brodie Waldock		Ku-Ring-Gai	28.87
6 Zachary Neal		Ku-Ring-Gai	30.44
Heat 2 Heats			
1 Jett Sully		Manly Warringah	27.00Q
2 Lynden Wiesenhaan		Northern Districts	28.11Q
3 Colt Paterson		Manly Warringah	28.68
4 Charlie Kanu		Manly Warringah	29.17
5 Jesse Robinson		Northern Districts	29.59
6 Benjamin Fairbrother		Manly Warringah	31.96
Heat 3 Heats			
1 Marcus Warner		Mosman	27.74Q
2 Joshua Riddle		Ku-Ring-Gai	28.36Q
3 Liam Thompson		Mosman	29.03
4 William Tye		Hornsby	29.12
5 Bryce Cameron		Manly Warringah	29.62
6 Ronan Savage		Mosman	30.43

Boys U 13 - 200 Metre Sprint

Zone: Z 25.40 5/02/2006 Kane Thompson, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Lachlan Herbert		Ku-Ring-Gai	26.06
2 Jett Sully		Manly Warringah	26.86
3 Marcus Warner		Mosman	27.36
4 Lynden Wiesenhaan		Northern Districts	27.60
5 Joshua Riddle		Ku-Ring-Gai	27.75
6 Charlie Moriarty		Mosman	28.32
7 Kisho Carlino-Mizuno		Northern Districts	28.69
8 Dylan vanGrootel		Manly Warringah	29.49

Boys U 14 - 200 Metre Sprint

Zone: Z 23.79 11/12/2016 Max Mandera, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Zachary Flynn		Manly Warringah	25.20Q
2 Jonathan Chan		Mosman	27.46Q
3 Lachlan Binnekamp		Manly Warringah	28.25Q
4 Finn Bellerby		Manly Warringah	29.06
5 Oscar Blackley		Mosman	32.26
Heat 2 Heats			
1 Henry Roberts		Mosman	25.58Q
2 Aidan Jones		Ku-Ring-Gai	26.38Q
3 Daniel Hatch		Northern Districts	27.34Q
4 Ethan James		Manly Warringah	27.80q
5 Zac Cleary		Manly Warringah	28.08q

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Boys U 14 - 200 Metre Sprint

Zone: Z 23.79 11/12/2016 Max Mandera, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Zachary Flynn		Manly Warringah	24.51
2 Henry Roberts		Mosman	25.66
3 Aidan Jones		Ku-Ring-Gai	25.95
4 Lachlan Binnekamp		Manly Warringah	27.16
5 Jonathan Chan		Mosman	27.30
6 Daniel Hatch		Northern Districts	27.96
7 Zac Cleary		Manly Warringah	28.34
8 Ethan James		Manly Warringah	28.56

Boys U 15 - 200 Metre Sprint

Zone: Z 23.28 2/12/2018 Archie Saunders, Manly Warrin			
Name	Age	Centre	Final
Section 1			
1 Archie Saunders		Manly Warringah	23.28Z
2 Dylan Charlier		Manly Warringah	23.82
3 Sebastian Doney		Ku-Ring-Gai	24.31
4 Fynn George		Manly Warringah	24.80
5 Lachlan Farquhar		Manly Warringah	26.05
6 Sam Bates		Ku-Ring-Gai	26.56
7 Byron Bakker		Manly Warringah	27.51
8 Tomas Dennett		Ku-Ring-Gai	27.61

Boys U 17 - 200 Metre Sprint

Zone: Z 22.56 3/02/2013 Joshua Swan, Mosman			
Name	Age	Centre	Final
1 Jack McFadden		Ku-Ring-Gai	22.82
2 Eden Russell		Manly Warringah	25.21
3 Hugo Blackley		Mosman	25.25
4 ryan crane		Manly Warringah	25.65
5 Hugh Ritchie		Mosman	25.90
6 Benjamin McNamara		Northern Districts	26.18
7 Yianni Fotias		Hornsby	26.19

Boys U 8 - 400 Metre Sprint

Zone: Z 1:12.80 7/02/2004 Matt Dunsmore, Manly Warrin			
Name	Age	Centre	Final
1 Ludvig Persson		Manly Warringah	1:20.35
2 Max McKellar		Manly Warringah	1:21.06
3 Jake Wood		Manly Warringah	1:21.28
4 Joel Ramsay		Hornsby	1:23.38
5 Charlie Kelly		Ku-Ring-Gai	1:28.16
6 Sebastian Duddle		Hornsby	1:29.29
7 Matthew Edelson		Manly Warringah	1:29.45
Section 2			
1 Max McIntosh		Ku-Ring-Gai	1:22.20
2 Zac Yates		Mosman	1:24.01
3 Callum Gilchrist		Ku-Ring-Gai	1:26.75
4 Orlando Stewart		Mosman	1:28.01
5 Gustav Burger		Ku-Ring-Gai	1:30.98

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Boys U 8 - 400 Metre Sprint

6 Rahul Maheswaran Hornsby 1:39.65

Boys U 9 - 400 Metre Sprint

Zone: Z 1:08.70 5/02/2005 Matthew Dunsmore, Manly War

Name Age Centre Final

Section 1

1 Finn Bailey	Manly Warringah	1:09.91
2 Samuel Newsham	Manly Warringah	1:11.83
3 Ewan Keep	Manly Warringah	1:11.94
4 Angus Seve	Manly Warringah	1:17.22
5 Archie Hetherington	Ku-Ring-Gai	1:20.20
6 Samuel Vecchio	Mosman	1:24.99
7 Freddie Dunn	Mosman	1:26.39

Section 2

1 William Durer	Ku-Ring-Gai	1:18.84
2 Remy Camus	Mosman	1:23.29
3 James Bookallil	Ku-Ring-Gai	1:23.94
4 Toby Ward	Mosman	1:23.98
5 Kaelan Jones	Northern Districts	1:24.31
6 Kieran Lander	Ku-Ring-Gai	1:26.14
7 Riley Waddingham	Northern Districts	1:38.88

Boys U 10 - 400 Metre Sprint

Zone: Z 1:05.35 12/12/2015 Lachlan Herbert, Ku-Ring-Ga

Name Age Centre Final

Section 1

1 Gerhardus Burger	Ku-Ring-Gai	1:09.05
2 Rian Connors	Ku-Ring-Gai	1:09.30
3 William Kisby	Manly Warringah	1:09.76
4 Hugo Stewart	Mosman	1:11.52
5 Riley Grant	Mosman	1:12.22
6 Jacob Kimball	Manly Warringah	1:14.33
7 Harper Whiteley	Manly Warringah	1:15.65
8 Jeffrey Benoliel	Mosman	1:17.89

Section 2

1 Samuel Collett	Ku-Ring-Gai	1:13.83
2 Manning Johnson	Hornsby	1:16.57
3 Dylan Mortimer	Manly Warringah	1:17.26
4 Harrison Miller	Mosman	1:17.30
5 Daniel Gregory	Ku-Ring-Gai	1:17.48
6 Daniel Couper	Hornsby	1:19.92
7 Gabriel Hamilton	Northern Districts	1:24.61
8 Matthew Sims	Hornsby	1:42.97

Boys U 11 - 400 Metre Sprint

Zone: Z 1:03.20 7/02/1993 David Geddes, Manly Warring

Name Age Centre Final

Section 1

1 Oliver Stokeld	Mosman	1:05.79
2 Samuel Kay	Ku-Ring-Gai	1:07.33
3 William Carter	Manly Warringah	1:09.11
4 Liam Keep	Manly Warringah	1:09.52
5 William Seve	Manly Warringah	1:10.14

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Boys U 11 - 400 Metre Sprint

6 Lachlan Blackwell	Hornsby	1:11.38
7 Oliver Sanbrook	Manly Warringah	1:14.34
8 Tyson Neal	Ku-Ring-Gai	1:19.79

Section 2

1 Finn Pereira	Mosman	1:12.09
2 Max Dennett	Ku-Ring-Gai	1:13.81
3 Nicholas Kachel	Hornsby	1:16.24
4 Ben Jones	Mosman	1:18.93
5 Dexter Staley	Mosman	1:19.22
6 Philip Milton	Hornsby	1:21.81

Boys U 12 - 400 Metre Sprint

Zone: Z 1:00.88 13/12/2014 James Constable, Ku-Ring-Ga

Name	Age Centre	Final
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Section 1

1 Jasper Scamps-Magro	Manly Warringah	1:03.56
2 Will Soden	Ku-Ring-Gai	1:05.10
3 Christian Camus	Mosman	1:06.35
4 Chester Swaffer	Ku-Ring-Gai	1:06.55
5 Leo Brown	Manly Warringah	1:08.58
6 Hunter Stark	Manly Warringah	1:11.59
7 Oliver Dawson	Manly Warringah	1:14.52

Section 2

1 Caleb Ashton	Ku-Ring-Gai	1:08.85
2 Nathan Pereira	Hornsby	1:11.80
3 James Amoils	Ku-Ring-Gai	1:14.15
4 Oliver Ashley	Northern Districts	1:14.61
5 James Mitchell	Mosman	1:26.84

Boys U 13 - 400 Metre Sprint

Zone: Z 57.90 7/02/1994 Scott Fraser, Manly Warringah

Name	Age Centre	Final
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Section 1

1 Lachlan Herbert	Ku-Ring-Gai	58.67
2 Colt Paterson	Manly Warringah	1:04.59
2 James Harden	Ku-Ring-Gai	1:04.59
4 Marcus Warner	Mosman	1:06.05
5 Jensen Wiesenhaan	Northern Districts	1:09.97
6 Lachlan McIntosh	Ku-Ring-Gai	1:10.02
7 Zachary Neal	Ku-Ring-Gai	1:10.52
8 Nicholas Kimball	Manly Warringah	1:13.18

Boys U 14 - 400 Metre Sprint

Zone: Z 53.13 10/12/2016 Ewan Burns, Manly Warringah

Name	Age Centre	Final
------	------------	-------

1 Zachary Flynn	Manly Warringah	55.67
2 Lachlan Binnekamp	Manly Warringah	1:01.71
3 Daniel Hatch	Northern Districts	1:04.08
4 Adam Rope	Manly Warringah	1:06.29

Section 2

1 Zac Roome	Mosman	57.18
2 Robbie Cambridge	Hornsby	1:04.75
3 Hamish Douglas	Manly Warringah	1:06.96

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS**SYDNEY ACADEMY OF SPORT, NARRABEEN****Results****....Boys U 14 - 400 Metre Sprint**

4 Finn Walsh	Hornsby	1:07.66
5 Finn Bellerby	Manly Warringah	1:10.26
6 Malakye Enasio	Northern Districts	1:10.87
7 Oscar Blackley	Mosman	1:11.87

Boys U 15 - 400 Metre Sprint

=====
 Zone: Z 51.58 4/02/2012 Patrick Frith, Manly Warringah
 Name Age Centre Final
 =====

Section 1

1 Dylan Charlier	Manly Warringah	53.34
2 Ethan Oliver	Northern Districts	55.66
3 Fynn George	Manly Warringah	56.81
4 Marco de Paulis	Northern Districts	59.26
5 Lachlan Farquhar	Manly Warringah	1:01.07
6 Dale Mapstone	Manly Warringah	1:01.74
7 Byron Bakker	Manly Warringah	1:04.45

Boys U 17 - 400 Metre Sprint

=====
 Zone: Z 49.98 2/02/2013 Joshua Swan, Mosman
 Name Age Centre Final
 =====

1 Liam Oliver	Northern Districts	57.10
2 Yianni Fotias	Hornsby	58.31
3 ryan crane	Manly Warringah	1:00.12
4 Max Blackley	Mosman	1:01.43

Section 2

1 Jack McFadden	Ku-Ring-Gai	50.41
2 Felix Scott	Mosman	51.88
3 Andrew Land	Manly Warringah	54.42
4 Cameron Laytham	Manly Warringah	54.85
5 Hugo Blackley	Mosman	55.37
6 Lucas Brown	Manly Warringah	1:00.04

Boys U 7 - 500 Metre Run Pack Start

=====
 Zone: Z 1:43.00 8/02/2004 Justin Brown, Manly Warringah
 Name Age Centre Final
 =====

Section 1

1 Oscar Kisby	Manly Warringah	1:45.32
2 Isaac Robinson	Mosman	1:54.58
3 Angus Bayliss	Ku-Ring-Gai	1:55.00
4 Oliver Waterford	Ku-Ring-Gai	2:01.26
5 Cohan Fallowfield	Ku-Ring-Gai	2:02.22
6 Alexander Kinner	Manly Warringah	2:02.53
7 Cruz Aquilina	Manly Warringah	2:04.77
8 Liam Couper	Hornsby	2:06.95
9 Lucas Howell	Hornsby	2:47.28

Boys U 8 - 700 Metre Run Pack Start

=====
 Zone: Z 2:21.00 5/02/2009 Adam Halmy, Northern Distri
 Name Age Centre Final
 =====

1 Jacoby Neal	Ku-Ring-Gai	2:33.08
2 Ludvig Persson	Manly Warringah	2:33.40

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Boys U 8 - 700 Metre Run Pack Start

3	Zac Soden	Ku-Ring-Gai	2:35.20
4	Max McIntosh	Ku-Ring-Gai	2:35.66
5	Jake Wood	Manly Warringah	2:36.23
6	Zac Yates	Mosman	2:42.04
7	Sebastian Duddle	Hornsby	2:47.07
8	Rhys Kirby	Manly Warringah	2:47.78
9	Nicholas Watkins	Ku-Ring-Gai	2:53.60

Boys U 9 - 800 Metre Run

=====			
Zone: Z 2:36.20 7/02/1995 Doug Edmonds, Manly Warring			
Name	Age	Centre	Final
=====			
1	Samuel Newsham	Manly Warringah	2:40.17
2	Andrew Guerin	Manly Warringah	2:49.03
3	Angus Seve	Manly Warringah	2:51.23
4	Archie Hetherington	Ku-Ring-Gai	2:52.17
5	Cooper Gray	Manly Warringah	2:55.22
6	Felix Stephens	Mosman	2:57.76
7	William Durer	Ku-Ring-Gai	2:58.06
8	Toby Ward	Mosman	2:58.41
9	Samuel Vecchio	Mosman	3:03.08
10	Yohann Pereira	Ku-Ring-Gai	3:04.54
11	Callum Simpson	Ku-Ring-Gai	3:06.93
12	Freddie Dunn	Mosman	3:18.47
13	Saia Enasio	Northern Districts	3:23.83

Boys U 10 - 800 Metre Run

=====			
Zone: Z 2:29.10 7/02/1990 Frazer Dowling, Manly Warri			
Name	Age	Centre	Final
=====			
1	William Kisby	Manly Warringah	2:40.19
2	Hugo Stewart	Mosman	2:43.13
3	Jacob Kimball	Manly Warringah	2:44.48
4	Dylan Mortimer	Manly Warringah	2:46.46
5	Riley Grant	Mosman	2:46.80
6	Saxon Lund	Manly Warringah	2:48.44
7	Matthew Lipman	Northern Districts	2:49.84
8	Daniel Couper	Hornsby	2:51.43
9	Daniel Gregory	Ku-Ring-Gai	2:54.30
10	Campbell Whalan	Hornsby	2:54.61
11	Manning Johnson	Hornsby	2:59.98
12	Oliver Angyalffy	Ku-Ring-Gai	3:00.81
13	Thomas Gocher	Mosman	3:03.17
14	Cooper Eagling	Ku-Ring-Gai	3:05.06
15	Hugo Reynolds	Ku-Ring-Gai	3:14.78

Boys U 11 - 800 Metre Run

=====			
Zone: Z 2:24.80 6/02/2011 Elliot Metcalf, Manly Warri			
Name	Age	Centre	Final
=====			
1	Oliver Stokeld	Mosman	2:33.09
2	Archie Hendry	Manly Warringah	2:34.11
3	William Seve	Manly Warringah	2:35.01
4	William Carter	Manly Warringah	2:43.46
5	Ryan Sinclair	Manly Warringah	2:46.94
6	Max Dennett	Ku-Ring-Gai	2:47.88

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN**

Results

....Boys U 11 - 800 Metre Run

7 Dylan Allabush	Ku-Ring-Gai	2:51.55
8 Logan Ting	Ku-Ring-Gai	2:54.47
9 Nicholas Kachel	Hornsby	2:56.05
10 Henri Blackley	Mosman	3:07.09
11 Luke Woods	Hornsby	3:09.99
12 Lochlann Neilan	Hornsby	3:11.21

Boys U 12 - 800 Metre Run

Zone: Z 2:19.58 4/02/2012 Robert Dickinson, Ku-Ring-G			
Name	Age	Centre	Final
1 Oliver White		Manly Warringah	2:20.57
2 Jasper Scamps-Magro		Manly Warringah	2:20.87
3 Christian Camus		Mosman	2:27.55
4 Chester Swaffer		Ku-Ring-Gai	2:32.12
5 Levi Williams		Mosman	2:36.74
6 Lucas Lund		Manly Warringah	2:37.11
7 Kaden Rintel		Manly Warringah	2:37.36
8 Rohan Nairn		Ku-Ring-Gai	2:39.53
9 Brandon Cunningham		Mosman	2:41.13
10 Jaykob McKinnon		Hornsby	2:46.72
11 Logan Shepherd		Northern Districts	2:47.90
12 Nathan Pereira		Hornsby	2:48.50
13 Matthew Walter		Ku-Ring-Gai	2:50.43
14 James Amoils		Ku-Ring-Gai	2:50.83
15 William Lipman		Northern Districts	2:53.54
16 Nicholas Ariyan		Hornsby	2:57.48

Boys U 13 - 800 Metre Run

Zone: Z 2:10.38 13/12/2015 James Constable, Ku-Ring-Ga			
Name	Age	Centre	Final
1 Sean Williams		Ku-Ring-Gai	2:25.40
2 Thomas Whalan		Hornsby	2:28.69
3 Isaac Brooks		Mosman	2:29.25
4 Liam Thompson		Mosman	2:30.30
5 Isaac Lanham		Manly Warringah	2:30.57
6 Corban Ross		Hornsby	2:32.89
7 Jensen Wiesenhaan		Northern Districts	2:36.85
8 Charlie Bradford		Manly Warringah	2:37.00
9 Nicholas Kimball		Manly Warringah	2:44.51
10 Brendan Markey		Manly Warringah	2:57.70
11 Oliver Baynie		Hornsby	3:14.17

Boys U 14 - 800 Metre Run

Zone: Z 2:04.04 14/12/2014 Bryn Lynch, Manly Warringah			
Name	Age	Centre	Final
1 Zac Roome		Mosman	2:13.58
2 Daniel Bradford		Manly Warringah	2:25.39
3 Samuel Walter		Ku-Ring-Gai	2:29.39
4 Joel Solomon		Manly Warringah	2:30.50
5 Hamish Douglas		Manly Warringah	2:33.55
6 Finn Walsh		Hornsby	2:39.81

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Boys U 15 - 800 Metre Run

Zone: Z 2:00.32 13/12/2015 Bryn Lynch, Manly Warringah		
Name	Age Centre	Final
1 Marco de Paulis	Northern Districts	2:18.42
2 Rafi Gordon	Manly Warringah	2:26.31
3 Nicholas Hyde	Mosman	2:29.89

Boys U 17 - 800 Metre Run

Zone: Z 2:00.43 14/12/2014 Luke Gorman, Manly Warringah		
Name	Age Centre	Final
1 Felix Scott	Mosman	2:01.14
2 Cameron Laytham	Manly Warringah	2:13.58
3 Liam Oliver	Northern Districts	2:23.52

Boys U 11 - 1500 Metre Run

Zone: Z 4:57.10 7/02/2009 Adam Halmy, Northern Distri		
Name	Age Centre	Final
1 William Seve	Manly Warringah	5:16.34
2 Archie Hendry	Manly Warringah	5:20.17
3 Ryan Sinclair	Manly Warringah	5:31.96
4 Max Dennett	Ku-Ring-Gai	5:34.34
5 Dexter Staley	Mosman	5:34.74
6 Dylan Allabush	Ku-Ring-Gai	5:34.99
7 Logan Ting	Ku-Ring-Gai	5:49.36
8 Bailey Noyen	Manly Warringah	6:43.08

Boys U 12 - 1500 Metre Run

Zone: Z 4:49.70 7/02/1992 Frazer Dowling, Manly Warri		
Name	Age Centre	Final
1 Christian Camus	Mosman	5:05.35
2 Chester Swaffer	Ku-Ring-Gai	5:08.88
3 Lucas Lund	Manly Warringah	5:17.74
4 Rohan Nairn	Ku-Ring-Gai	5:24.17
5 Levi Williams	Mosman	5:27.16
6 Kaden Rintel	Manly Warringah	5:30.38
7 Paddy Bright	Manly Warringah	5:35.81
8 Jaykob McKinnon	Hornsby	5:36.20
9 James Amoils	Ku-Ring-Gai	5:38.26
10 Matthew Walter	Ku-Ring-Gai	5:39.10
11 Cruz Cookson	Manly Warringah	5:55.16
12 Jake Le Lievre	Northern Districts	6:06.88

Boys U 13 - 1500 Metre Run

Zone: Z 4:43.80 7/02/2004 Nick Haines, Manly Warringah		
Name	Age Centre	Final
1 Sean Williams	Ku-Ring-Gai	4:54.46
2 Thomas Whalan	Hornsby	4:57.89
3 Isaac Lanham	Manly Warringah	4:58.62
4 Tom Parkes	Manly Warringah	5:06.59
5 Charlie Bradford	Manly Warringah	5:08.03
6 Isaac Brooks	Mosman	5:12.58

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Boys U 13 - 1500 Metre Run

7	Lachlan McIntosh	Ku-Ring-Gai	5:20.66
8	Jensen Wiesenhaan	Northern Districts	5:22.61
9	Alejandro Briones	Manly Warringah	5:25.30
10	Ewan Allabush	Ku-Ring-Gai	5:28.07
11	Nicholas Kimball	Manly Warringah	5:30.08
12	Liam Coroneos	Northern Districts	5:43.82
13	Brandon Bakker	Manly Warringah	6:27.44

Boys U 14 - 1500 Metre Run

Zone: Z 4:21.49 13/12/2014 Bryn Lynch, Manly Warringah

Name	Age Centre	Final	
1	Daniel Bradford	Manly Warringah	4:55.69
2	Hamish Douglas	Manly Warringah	5:03.56
3	Joel Solomon	Manly Warringah	5:05.27
4	Thomas Blewman	Manly Warringah	5:19.66

Boys U 15 - 1500 Metre Run

Zone: Z 4:14.02 12/12/2015 Bryn Lynch, Manly Warringah

Name	Age Centre	Final	
1	Cameron Gorman	Manly Warringah	4:41.80
2	Marco de Paulis	Northern Districts	4:48.92
3	George Riley	Ku-Ring-Gai	5:02.15
4	Nicholas Hyde	Mosman	5:08.93
5	Rafi Gordon	Manly Warringah	5:19.95

Boys U 17 - 1500 Metre Run

Zone: Z 4:18.41 10/12/2016 Jack Mills, Manly Warringah

Name	Age Centre	Final	
1	Kieran Gorman	Manly Warringah	4:21.62
2	Kalan McEvoy	Mosman	4:42.46
3	Cameron Laytham	Manly Warringah	4:44.43

Boys U 13 - 3000 Metre Run

Zone: Z 10:04.00 3/02/2013 Jack Mills, Manly Warringah

Name	Age Centre	Final	
1	Sean Williams	Ku-Ring-Gai	10:21.30
2	Isaac Lanham	Manly Warringah	11:03.49
3	Charlie Bradford	Manly Warringah	11:15.74
4	Tom Parkes	Manly Warringah	11:20.39
5	Alejandro Briones	Manly Warringah	11:46.29
6	Ewan Allabush	Ku-Ring-Gai	11:48.82
7	Liam Coroneos	Northern Districts	12:00.83

Boys U 14 - 3000 Metre Run

Zone: Z 9:43.89 3/02/2013 Joshua Phillips, Ku-Ring-Ga

Name	Age Centre	Final	
1	Daniel Bradford	Manly Warringah	10:41.63
2	Joel Solomon	Manly Warringah	10:55.65
3	Hamish Douglas	Manly Warringah	11:10.42

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
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Results

....Boys U 14 - 3000 Metre Run

4 Damon Strappazzon Hornsby 13:40.14

Boys U 15 - 3000 Metre Run

Zone: Z 9:39.85 11/12/2016 Ben Graham, Hornsby

Name	Age Centre	Final
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1 Cameron Gorman	Manly Warringah	10:12.38
2 William Collinson	Manly Warringah	11:00.12
3 Nicholas Hyde	Mosman	11:12.02
4 Dale Mapstone	Manly Warringah	12:58.86

Boys U 17 - 3000 Metre Run

Zone: Z 9:27.21 1/12/2018 Kieran Gorman, Manly Warrin

Name	Age Centre	Final
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1 Kieran Gorman	Manly Warringah	9:27.21Z
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Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 10.82 4/02/2012 Riley Hemsworth, Ku-Ring-Gai

Name	Age Centre	Heats
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Heat 1 Heats

1 Taten Rogers	Manly Warringah	11.58Q
2 Beau Atkinson	Manly Warringah	12.03Q
3 Zachary Morgan	Manly Warringah	12.14Q
4 Joel Ramsay	Hornsby	12.59q
5 Connor Waddle	Mosman	13.43
6 Daniel Sims	Hornsby	13.62
7 Harrison Broers	Ku-Ring-Gai	14.17
8 Joshua Nguyen	Ku-Ring-Gai	15.98

Heat 2 Heats

1 James Atkins	Ku-Ring-Gai	12.11Q
2 Matthew McGregor	Hornsby	12.25Q
3 Max McKellar	Manly Warringah	12.28Q
4 Jake Mears	Mosman	12.38q
5 Zac Yates	Mosman	12.60
6 Charlie Kelly	Ku-Ring-Gai	12.84
7 Sebastian Cadzow	Mosman	13.16

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 10.82 4/02/2012 Riley Hemsworth, Ku-Ring-Gai

Name	Age Centre	Final
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Section 1 Final

1 Taten Rogers	Manly Warringah	11.74
2 Matthew McGregor	Hornsby	12.19
3 Zachary Morgan	Manly Warringah	12.28
4 Beau Atkinson	Manly Warringah	12.41
5 Max McKellar	Manly Warringah	12.44
6 Joel Ramsay	Hornsby	12.55
7 Jake Mears	Mosman	12.75
8 James Atkins	Ku-Ring-Gai	13.82

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN**

Results

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.19 2/02/2013 Riley Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ethan McErlane		Manly Warringah	11.01Q
2 Freddie Dunn		Mosman	11.24Q
2 Hamish Collins		Hornsby	11.24Q
4 Riley Eves		Manly Warringah	11.46q
5 Liam Wise		Mosman	11.57q
5 Euan lah		Ku-Ring-Gai	11.57q
7 Tyler Stead		Ku-Ring-Gai	12.04
8 Riley Waddingham		Northern Districts	13.65
Heat 2 Heats			
1 Dominic Davis		Manly Warringah	11.82Q
2 Theodore Kretzas		Manly Warringah	11.88Q
3 William Durer		Ku-Ring-Gai	12.05Q
4 Remy Camus		Mosman	12.32
5 James Bookallil		Ku-Ring-Gai	13.02
6 Kaelan Jones		Northern Districts	13.28
7 Freddie Tee		Mosman	13.30
8 Oliver Kulk		Northern Districts	16.25

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.19 2/02/2013 Riley Hemsworth, Ku-Ring-Gai			
Name	Age	Centre	Final
Section 1 Final			
1 Ethan McErlane		Manly Warringah	11.10
2 Riley Eves		Manly Warringah	11.35
3 Dominic Davis		Manly Warringah	11.48
4 Hamish Collins		Hornsby	11.58
5 Liam Wise		Mosman	11.65
6 Theodore Kretzas		Manly Warringah	11.81
7 Freddie Dunn		Mosman	11.86
8 William Durer		Ku-Ring-Gai	12.02
9 Euan lah		Ku-Ring-Gai	14.52

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 9.90 5/02/2005 Sam Mete, Ku-Ring-Gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Gerhardus Burger		Ku-Ring-Gai	11.49Q
2 Fredrick Chidambaram		Manly Warringah	11.83Q
3 Daniel Benoliel		Mosman	11.94Q
4 Marco Naidoo		Ku-Ring-Gai	12.26q
5 Oscar Sleep		Manly Warringah	12.32
6 Gabriel Hamilton		Northern Districts	14.59
7 Harvey Matheson		Mosman	15.92
Heat 2 Heats			
1 Jake Fourie		Ku-Ring-Gai	11.05Q
2 Jack Proctor		Ku-Ring-Gai	11.74Q
3 Jeffrey Benoliel		Mosman	11.97Q
4 Lucas Hudy		Manly Warringah	12.12q
5 Luke Photios		Hornsby	12.27
6 Jack Delaney		Manly Warringah	12.53
7 Riley Grant		Mosman	12.83

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Boys U 10 - 60 Metre Hurdles (60cm)

8 Matthew Sims	Hornsby	15.48
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Boys U 10 - 60 Metre Hurdles (60cm)

=====			
Zone: Z	9.90	5/02/2005	Sam Mete, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Jake Fourie		Ku-Ring-Gai	11.35
2 Gerhardus Burger		Ku-Ring-Gai	11.56
3 Jack Proctor		Ku-Ring-Gai	11.86
4 Jeffrey Benoliel		Mosman	11.93
5 Daniel Benoliel		Mosman	12.00
6 Fredrick Chidambaram		Manly Warringah	12.05
7 Marco Naidoo		Ku-Ring-Gai	12.08
8 Lucas Hudy		Manly Warringah	12.12

Boys U 11 - 60 Metre Hurdles (60cm)

=====			
Zone: Z	9.50	4/02/2006	Sam Mete, Ku-Ring-Gai
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Jack Stockley		Manly Warringah	11.17Q
2 Ashton Hattingh		Manly Warringah	11.34Q
3 Eric Hamilton		Northern Districts	11.90
4 Max Harvey		Ku-Ring-Gai	13.05
5 Hamish Barnes		Mosman	13.19
Heat 2 Heats			
1 Archie Hendry		Manly Warringah	10.55Q
2 Jackson Twells		Manly Warringah	10.95Q
3 Maksimir Saravanja		Ku-Ring-Gai	11.31q
4 Noah Taylor		Hornsby	11.61
5 Benjamin Bassett		Ku-Ring-Gai	12.29
6 Samuel McIntosh		Hornsby	13.08
Heat 3 Heats			
1 Chase Burrows		Mosman	11.13Q
2 Amos Mashiah		Hornsby	11.53Q
2 Harper Enasio		Northern Districts	11.53Q
4 Ben Jones		Mosman	11.68
5 Kai Herbert		Ku-Ring-Gai	12.19
6 Daniel Cribb		Hornsby	12.27

Boys U 11 - 60 Metre Hurdles (60cm)

=====			
Zone: Z	9.50	4/02/2006	Sam Mete, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Jackson Twells		Manly Warringah	10.80
2 Archie Hendry		Manly Warringah	10.92
3 Ashton Hattingh		Manly Warringah	11.12
3 Chase Burrows		Mosman	11.12
5 Jack Stockley		Manly Warringah	11.35
6 Amos Mashiah		Hornsby	11.45
7 Harper Enasio		Northern Districts	11.61
8 Maksimir Saravanja		Ku-Ring-Gai	11.63

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN**

Results

Boys U 12 - 60 Metre Hurdles (68cm)

=====
Zone: Z 9.40 5/02/2005 Kane Thompson, Manly Warringah
Name Age Centre Heats
=====

Heat 1 Heats

1	Freddie Benson Sparkes	Manly Warringah	10.56Q
2	Mikel Martin	Manly Warringah	10.71Q
3	Cruz Cookson	Manly Warringah	11.35Q
4	Tom Haslam	Ku-Ring-Gai	12.24
5	Joshua Teseriero	Ku-Ring-Gai	12.94
6	Nicholas Ariyan	Hornsby	13.14

Heat 2 Heats

1	Will Soden	Ku-Ring-Gai	10.54Q
2	Jaykob McKinnon	Hornsby	10.84Q
3	Leo Brown	Manly Warringah	10.91Q
4	Kalan Harding	Northern Districts	11.38q
5	Kai Ashley	Ku-Ring-Gai	12.17q
6	Jasper Groth	Hornsby	12.87
7	Joshua Harding	Northern Districts	17.49

Boys U 12 - 60 Metre Hurdles (68cm)

=====
Zone: Z 9.40 5/02/2005 Kane Thompson, Manly Warringah
Name Age Centre Final
=====

Section 1 Final

1	Will Soden	Ku-Ring-Gai	10.36
2	Freddie Benson Sparkes	Manly Warringah	10.53
3	Mikel Martin	Manly Warringah	10.67
4	Kalan Harding	Northern Districts	11.17
5	Leo Brown	Manly Warringah	11.20
6	Jaykob McKinnon	Hornsby	11.32
7	Cruz Cookson	Manly Warringah	11.48
8	Kai Ashley	Ku-Ring-Gai	11.96

Boys U 13 - 80 Metre Hurdles (76cm)

=====
Zone: Z 12.30 4/02/2006 Kane Thompson, Manly Warringah
Name Age Centre Final
=====

Section 1

1	Billy Peek	Manly Warringah	14.04
2	William Tye	Hornsby	14.12
3	Joshua Riddle	Ku-Ring-Gai	14.63
4	Mitchell Hatfield	Manly Warringah	15.07
5	Lukas Muller	Manly Warringah	15.16
6	Jack Thompson	Mosman	16.10
7	Charlie Kanu	Manly Warringah	16.27
8	Liam Thompson	Mosman	16.48

Boys U 14 - 90 Metre Hurdles (76cm)

=====
Zone: Z 13.07 26/01/2014 Ben Carter, Manly Warringah
Name Age Centre Final
=====

1	Timothy Forster	Hornsby	13.94
2	Gauthier Sanchez	Manly Warringah	14.61
3	Zac Cleary	Manly Warringah	16.47
4	Finn Bellerby	Manly Warringah	17.84

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

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Boys U 15 - 100 Metre Hurdles (76cm)

Zone: Z 13.50 5/02/2008 Matthew Hulme, Manly Warringa			
Name	Age	Centre	Final
1 Joel Neasmith		Manly Warringah	14.48
2 Ethan Oliver		Northern Districts	14.97
3 Sam Bates		Ku-Ring-Gai	15.85

Boys U 17 - 110 Metre Hurdles (76cm)

Zone: Z 14.76 3/02/2013 Jack McArdle, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Stephen Gilbert		Manly Warringah	17.33
2 Benjamin McNamara		Northern Districts	18.64

Boys U 13 - 200 Metre Hurdles (68cm)

Zone: Z 26.30 4/02/2006 Kane Thompson, Manly Warringa			
Name	Age	Centre	Final
1 Billy Peek		Manly Warringah	31.58
2 James Harden		Ku-Ring-Gai	31.99
3 Gabriel Bertozzi		Manly Warringah	32.00
4 Mitchell Hatfield		Manly Warringah	33.23
5 Tom Parkes		Manly Warringah	33.69
6 William Apostoloff		Northern Districts	34.09
7 Lukas Muller		Manly Warringah	36.34

Boys U 14 - 200 Metre Hurdles (76cm)

Zone: Z 24.70 7/02/1999 Ivan Scannell, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Zachary Flynn		Manly Warringah	28.24
2 Daniel Hatch		Northern Districts	29.69
3 Finn Bellerby		Manly Warringah	31.32
4 Gauthier Sanchez		Manly Warringah	32.16
5 Malakye Enasio		Northern Districts	32.27
6 Zac Cleary		Manly Warringah	32.59
7 Thomas Blewman		Manly Warringah	33.32

Boys U 15 - 300 Metre Hurdles (76cm)

Zone: Z 41.83 1/12/2018 Dylan Charlier, Manly Warringa			
Name	Age	Centre	Final
1 Dylan Charlier		Manly Warringah	41.83Z
2 Ethan Oliver		Northern Districts	43.22

Boys U 17 - 300 Metre Hurdles (76cm)

Zone: Z 40.15 25/11/2017 Jonathan Bell, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Jack McFadden		Ku-Ring-Gai	44.07
2 Liam Oliver		Northern Districts	45.75
3 Stephen Gilbert		Manly Warringah	46.56

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
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Results

Boys U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 55.33 11/12/2016 Ku-Ring-Gai, Ku-Ring-Gai			
L Ackland, D Hall, L Herbert, A Jones			
Centre			Final
1 Ku-Ring-Gai			55.76
1) Kase Willis-Jansen 9	2) Jimmy Thebridge 10		
3) Brodie Shearer 11	4) Dylan Hall 12		
2 Manly Warringah			56.02
1) Kaiden Grace 9	2) Zac Gedz 10		
3) Ethan Grimshaw 11	4) Cooper Elkins 12		
3 Mosman			57.35
1) Edward Godfrey 9	2) Joel Daily 10		
3) Oliver Stokeld 11	4) Brody Folkes 12		
4 Northern Districts			1:01.93
1) Kai Gibbons 9	2) Thomas Scodellaro 10		
3) Eric Hamilton 11	4) Harper Enasio 11		
5 Hornsby			1:02.83
1) Hamish Collins 9	2) Joseph Galloway 9		
3) Wol Albino 11	4) Dominic D'Souza 11		

Boys U 12-17 4x100 Metre Relay (Snr)

Zone: Z 46.42 5/02/2012 Mosman			
Centre			Final
1 Ku-Ring-Gai			47.21
1) Lachlan Herbert 13	2) Aidan Jones 14		
3) Sebastian Doney 15	4) Jack McFadden 17		
2 Manly Warringah			47.52
1) Jett Sully 13	2) Joshua Gedz 14		
3) Archie Saunders 15	4) Eden Russell 17		
3 Mosman			50.41
1) Marcus Warner 13	2) Henry Roberts 14		
3) Charlie Moriarty 13	4) Hugh Ritchie 17		
4 Northern Districts			51.01
1) Jesse Robinson 13	2) Lynden Wiesenhaan 13		
3) Ethan Oliver 15	4) Benjamin McNamara 17		
5 Hornsby			51.25
1) Nathanael Ramsay 12	2) Corban Ross 13		
3) Domenico DeStradis 15	4) Yianni Fotias 17		

Boys U 9 - High Jump (S/H 0.85m)

Zone: Z 1.33m 4/02/2008 Emile Mau'u, Manly Warringah			
Name	Age	Centre	Final
Flight 1			
1 Dominic Davis		Manly Warringah	1.11m
1 Aiden Freestone		Manly Warringah	1.11m
3 Kaiden Grace		Manly Warringah	1.09m
4 Toby Ward		Mosman	1.09m
5 Tobias Woolnough		Manly Warringah	1.09m
6 Archie Hetherington		Ku-Ring-Gai	1.00m
7 Oliver Fisher		Ku-Ring-Gai	1.00m
8 Hugo Bragg		Mosman	1.00m
9 Kieran Lander		Ku-Ring-Gai	1.00m
10 Ned Alexander		Mosman	1.00m
11 Yohann Pereira		Ku-Ring-Gai	1.00m
12 Liam Wise		Mosman	0.95m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

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Boys U 10 - High Jump (S/H 0.95m)

Zone: Z 1.41m 13/12/2015 Jed Wigley, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Lucca Holbert		Ku-Ring-Gai	1.20m
2 Zac Gedz		Manly Warringah	1.18m
3 Marco Naidoo		Ku-Ring-Gai	1.18m
4 Samuel Collett		Ku-Ring-Gai	1.14m
5 Fredrick Chidambaram		Manly Warringah	1.12m
6 Alex Savage		Mosman	1.12m
7 Kieran Bott		Ku-Ring-Gai	1.05m
8 William Kisby		Manly Warringah	1.05m

Boys U 11 - High Jump (S/H 1.05m)

Zone: Z 1.57m 4/02/2008 Thomas Cheel, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Maksimir Saravanja		Ku-Ring-Gai	1.46m
2 Archie Hendry		Manly Warringah	1.37m
3 Dexter Staley		Mosman	1.37m
4 Cameron Tizzard		Manly Warringah	1.35m
5 Jackson Twells		Manly Warringah	1.30m
6 Patrick Duke		Hornsby	1.25m
7 Ashton Clarke		Mosman	1.20m
8 Eddie Hallett		Ku-Ring-Gai	1.20m
9 Kai Herbert		Ku-Ring-Gai	1.20m
10 Ryan Parkes		Manly Warringah	1.20m
11 Dominic D'Souza		Hornsby	1.10m
11 Hamish Barnes		Mosman	1.10m
11 Noah Taylor		Hornsby	1.10m
14 Jack Huie		Ku-Ring-Gai	1.10m

Boys U 12 - High Jump (S/H 1.15m)

Zone: Z 1.59m 5/02/2005 Kane Thompson, Manly Warringah			
Name	Age	Centre	Final
1 Thomas Hartman		Mosman	1.45m
2 Sam Hildebrandt		Manly Warringah	1.37m
3 William Drury		Manly Warringah	1.35m
4 Leo Brown		Manly Warringah	1.30m
5 Jaykob McKinnon		Hornsby	1.30m
6 Dylan Swanson		Manly Warringah	1.30m
7 Tom Haslam		Ku-Ring-Gai	1.30m
8 Daniel Lawrence		Ku-Ring-Gai	1.25m
9 Caleb Ashton		Ku-Ring-Gai	1.20m
10 Richard Willis-Jansen		Ku-Ring-Gai	1.20m
11 Jake Le Lievre		Northern Districts	1.20m

Boys U 13 - High Jump (S/H 1.20m)

Zone: Z 1.78m 7/02/1995 Richard Baird, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Billy Peek		Manly Warringah	1.44m
2 Samuel Langridge		Ku-Ring-Gai	1.42m
3 Mitchell Hatfield		Manly Warringah	1.42m
4 Liam Thompson		Mosman	1.40m
5 Daniel Nemeth		Mosman	1.35m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Boys U 13 - High Jump (S/H 1.20m)

6	Brandon Bakker	Manly Warringah	1.35m
7	Dylan vanGrootel	Manly Warringah	1.35m
8	Charlie Moriarty	Mosman	1.20m

Boys U 14 - High Jump (S/H 1.25m)

Zone: Z 1.90m 7/02/1999 James Watson, Manly Warringah			
Name	Age	Centre	Final
1	Evan Neal	Manly Warringah	1.57m
2	Charlie Bowtell	Manly Warringah	1.50m
3	Finn Bellerby	Manly Warringah	1.45m
4	Jonathan Chan	Mosman	1.40m
--	James Frost	Hornsby	NH

Boys U 15 - High Jump (S/H 1.25m)

Zone: Z 2.07m 7/02/2000 James Watson, Manly Warringah			
Name	Age	Centre	Final
1	Dylan Charlier	Manly Warringah	1.70m
2	Dale Mapstone	Manly Warringah	1.45m

Boys U 17 - High Jump (S/H 1.30m)

Zone: Z 2.00m 30/01/2010 Miles Coles-Clarke, Manly War			
Name	Age	Centre	Final
1	Ryan Marshall	Manly Warringah	1.85m
2	Felix Scott	Mosman	1.83m
3	Liam Oliver	Northern Districts	1.60m
4	Billy Bakker	Manly Warringah	1.60m
5	Stephen Gilbert	Manly Warringah	1.60m
6	Charlie Hamill	Manly Warringah	1.55m
7	ryan crane	Manly Warringah	1.55m

Boys U 7 - Long Jump

Zone: Z 3.45m 5/02/2005 Oscar Smith, Manly Warringah			
Name	Age	Centre	Final
1	Bailey Abrahams	Ku-Ring-Gai	3.27m
2	Salvador Apfel	Mosman	3.04m
3	Sebastien The	Hornsby	2.78m
4	Henry Hartley	Manly Warringah	2.75m
5	Braxton Van bentum	Manly Warringah	2.67m
6	Joseph Eisenhauer	Ku-Ring-Gai	2.57m
7	Sam Smallwood	Northern Districts	2.56m
8	Alexandros Tsaousidis	Hornsby	2.38m
9	Samuel Gray	Manly Warringah	2.35m
10	McLean Jasper	Ku-Ring-Gai	2.34m
11	William Sarina	Ku-Ring-Gai	2.12m
12	Liam Couper	Hornsby	2.06m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS**SYDNEY ACADEMY OF SPORT, NARRABEEN****Results****Boys U 8 - Long Jump**

Zone: Z 3.99m 7/02/1994 Benn Rintala, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Oscar Zylberberg		Ku-Ring-Gai	3.56m
2 William Scodellaro		Northern Districts	3.43m
3 Oscar Girard		Ku-Ring-Gai	3.42m
4 Magnus Myhre Fox		Ku-Ring-Gai	3.38m
5 Ludvig Persson		Manly Warringah	3.33m
6 James Atkins		Ku-Ring-Gai	3.27m
7 Rhys Kirby		Manly Warringah	3.21m
8 Joel Ramsay		Hornsby	3.21m
9 William King		Manly Warringah	3.10m
10 Thomas Vedris		Hornsby	2.90m
11 Zachary Morgan		Manly Warringah	2.90m
12 Daniel Sims		Hornsby	2.83m
13 Connor Waddle		Mosman	2.65m
14 Rahul Maheswaran		Hornsby	2.59m

Boys U 9 - Long Jump

Zone: Z 4.31m 7/02/2000 Michael Oldfield, Manly Warri			
Name	Age	Centre	Final
1 Kaiden Grace		Manly Warringah	3.89m
2 Byron Borchert		Manly Warringah	3.86m
3 Angus Edwards		Mosman	3.59m
4 Adrian Kwan		Ku-Ring-Gai	3.58m
5 Kase Willis-Jansen		Ku-Ring-Gai	3.58m
6 Kurt Sanbrook		Manly Warringah	3.50m
7 Ned Alexander		Mosman	3.37m
8 Archie Hetherington		Ku-Ring-Gai	3.32m
9 Aiden Freestone		Manly Warringah	3.24m
10 Kai Gibbons		Northern Districts	3.20m
11 Thomas Davis		Mosman	3.09m
12 Sam Fowell		Hornsby	3.06m
13 Emir Mohsen		Northern Districts	3.02m
14 Oliver Fisher		Ku-Ring-Gai	2.95m
15 Freddie Tee		Mosman	2.91m

Boys U 10 - Long Jump

Zone: Z 4.84m 7/02/1997 Andrew Fitzgerald, Manly Warr			
Name	Age	Centre	Final
1 Jimmy Thebridge		Ku-Ring-Gai	4.50m
2 Joel Daily		Mosman	4.23m
3 Zac Gedz		Manly Warringah	4.18m
4 Gerhardus Burger		Ku-Ring-Gai	4.07m
5 Thomas Scodellaro		Northern Districts	4.06m
6 Fredrick Chidambaram		Manly Warringah	4.06m
7 Jack Proctor		Ku-Ring-Gai	3.98m
8 Jeffrey Benoliel		Mosman	3.87m
9 Daniel Benoliel		Mosman	3.78m
10 Hugh Taylor		Mosman	3.76m
11 Marco Naidoo		Ku-Ring-Gai	3.71m
12 Tom Breakwell		Manly Warringah	3.40m
13 Henry Trueman		Manly Warringah	3.28m
14 Antoine Carlino-Mizuno		Northern Districts	3.20m
15 Matthew Sims		Hornsby	2.60m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Boys U 11 - Long Jump

Zone: Z 5.00m 4/02/2012 Alex Willett, Manly Warringah			
Name	Age	Centre	Final
1 Leo Robinson		Manly Warringah	4.38m
2 Ryan Parkes		Manly Warringah	4.26m
3 Wilber Kingma		Manly Warringah	4.22m
4 Jackson Twells		Manly Warringah	4.10m
5 Brodie Shearer		Ku-Ring-Gai	4.09m
6 Finn Pereira		Mosman	4.06m
7 Eddie Hallett		Ku-Ring-Gai	3.89m
8 Dominic D'Souza		Hornsby	3.81m
9 Harper Enasio		Northern Districts	3.77m
10 Maksimir Saravanja		Ku-Ring-Gai	3.73m
11 Noah Taylor		Hornsby	3.72m
12 Amos Mashiah		Hornsby	3.51m
13 Max Dennett		Ku-Ring-Gai	3.46m
14 Philip Milton		Hornsby	3.16m
15 Eric Hamilton		Northern Districts	3.01m

Boys U 12 - Long Jump

Zone: Z 5.49m 7/02/2003 Justin Haywood, Manly Warringah			
Name	Age	Centre	Final
1 Brody Folkes		Mosman	4.88m
2 Dylan Hall		Ku-Ring-Gai	4.81m
3 Lucas Kwan		Ku-Ring-Gai	4.58m
4 Hunter Stark		Manly Warringah	4.54m
5 Boston Penfold		Ku-Ring-Gai	4.49m
6 Caleb Ashton		Ku-Ring-Gai	4.47m
7 Jasper Scamps-Magro		Manly Warringah	4.18m
8 Harry Sexton		Manly Warringah	4.16m
9 Joshua Smith		Manly Warringah	4.10m
10 Jasper Groth		Hornsby	3.67m
11 Daniel Photios		Hornsby	3.56m

Boys U 13 - Long Jump

Zone: Z 5.58m 7/02/1995 David Geddes, Manly Warringah			
Name	Age	Centre	Final
1 Lachlan Herbert		Ku-Ring-Gai	5.04m
2 Joshua Riddle		Ku-Ring-Gai	4.80m
3 James Harden		Ku-Ring-Gai	4.79m
4 Corban Ross		Hornsby	4.78m
5 Lukas Muller		Manly Warringah	4.74m
6 Brodie Waldock		Ku-Ring-Gai	4.54m
7 Colt Paterson		Manly Warringah	4.54m
8 Jett Sully		Manly Warringah	4.46m
9 William Tye		Hornsby	4.45m
10 William Apostoloff		Northern Districts	4.42m
11 Charlie Moriarty		Mosman	4.39m
12 Dylan vanGrootel		Manly Warringah	4.29m
13 Liam Thompson		Mosman	4.25m
14 Oskar Hartley		Manly Warringah	4.13m
15 Finnlay Bartlett		Mosman	4.08m
16 Daniel Nemeth		Mosman	4.07m
17 Alejandro Briones		Manly Warringah	3.60m
18 Benjamin Fairbrother		Manly Warringah	3.54m

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN**

Results

Boys U 14 - Long Jump

Zone: Z 6.03m 7/02/1995 Stephen Byles, Manly Warringah			
Name	Age	Centre	Final
1 Evan Neal		Manly Warringah	5.28m
2 Zachary Flynn		Manly Warringah	5.22m
3 Justin George		Manly Warringah	4.99m
4 Timothy Forster		Hornsby	4.97m
5 Charlie Bowtell		Manly Warringah	4.89m
6 Lachlan Binnekamp		Manly Warringah	4.84m
7 Ethan James		Manly Warringah	4.78m
8 Joshua Gedz		Manly Warringah	4.42m

Boys U 15 - Long Jump

Zone: Z 6.46m 7/02/2003 Matthew Walker, UTS Norths			
Name	Age	Centre	Final
1 Ethan Oliver		Northern Districts	5.81m
2 Joel Neasmith		Manly Warringah	5.65m
3 Dale Mapstone		Manly Warringah	4.80m
4 Fynn George		Manly Warringah	4.60m
5 Tomas Dennett		Ku-Ring-Gai	4.30m

Boys U 17 - Long Jump

Zone: Z 6.64m 12/12/2015 Willson Lowe, Manly Warringah			
Zone: Z 6.64m 1/12/2018 Ryan Marshall, Manly Warringah			
Name	Age	Centre	Final
1 Ryan Marshall		Manly Warringah	6.64mZ
2 Connor Bond		Ku-Ring-Gai	5.93m
3 David Wingham		Manly Warringah	5.73m
4 Billy Bakker		Manly Warringah	5.69m
5 Liam Oliver		Northern Districts	5.42m
6 Stephen Gilbert		Manly Warringah	5.39m
7 Cameron Ross-Egarr		Northern Districts	5.32m
8 Yianni Fotias		Hornsby	5.22m
9 ryan crane		Manly Warringah	4.92m
10 Eden Russell		Manly Warringah	4.87m
11 Hugh Ritchie		Mosman	4.65m

Boys U 11 - Triple Jump

Zone: Z 10.42m 7/02/1993 David Geddes, Manly Warringah			
Name	Age	Centre	Final
1 Leo Robinson		Manly Warringah	9.58m
2 Oliver Sanbrook		Manly Warringah	9.09m
3 Wilber Kingma		Manly Warringah	9.06m
4 Jackson Twells		Manly Warringah	8.68m
5 Lachlan Blackwell		Hornsby	8.19m
6 Amos Mashiah		Hornsby	8.09m
7 Nicholas Kachel		Hornsby	7.93m
8 Ben Jones		Mosman	7.65m
9 Kai Herbert		Ku-Ring-Gai	7.60m
10 Tyson Neal		Ku-Ring-Gai	7.60m
11 Patrick Duke		Hornsby	7.59m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Boys U 12 - Triple Jump

Zone: Z 10.75m 7/02/1994 David Geddes, Manly Warringah			
Name	Age	Centre	Final
1 Brody Folkes		Mosman	10.36m
2 Lucas Kwan		Ku-Ring-Gai	9.70m
3 Will Soden		Ku-Ring-Gai	9.33m
4 Zac Herbert		Ku-Ring-Gai	9.13m
5 Nathanael Ramsay		Hornsby	9.03m
6 Mikel Martin		Manly Warringah	9.00m
7 Leo Brown		Manly Warringah	8.72m
8 Cruz Cookson		Manly Warringah	8.62m
9 Zach Rowland		Manly Warringah	8.60m
10 Daniel Photios		Hornsby	7.84m
11 Oliver Ashley		Northern Districts	7.11m
12 Nicholas Ariyan		Hornsby	6.99m

Boys U 13 - Triple Jump

Zone: Z 11.14m 25/01/2014 Alex Willett, Manly Warringah			
Name	Age	Centre	Final
1 William Tye		Hornsby	9.86m
2 Lukas Muller		Manly Warringah	9.78m
3 Dylan vanGrootel		Manly Warringah	9.77m
4 Billy Peek		Manly Warringah	9.69m
5 Kisho Carlino-Mizuno		Northern Districts	9.31m
6 James Harden		Ku-Ring-Gai	9.30m
7 Tom Parkes		Manly Warringah	9.17m
8 Finnlay Bartlett		Mosman	9.15m
9 Alejandro Briones		Manly Warringah	8.91m
10 Isaac Lanham		Manly Warringah	8.39m
11 Liam Coroneos		Northern Districts	8.31m
12 Benjamin Fairbrother		Manly Warringah	8.26m

Boys U 14 - Triple Jump

Zone: Z 12.83m 7/02/1996 David Geddes, Manly Warringah			
Name	Age	Centre	Final
1 Oliver Roberts		Mosman	11.22m
2 Evan Neal		Manly Warringah	11.16m
3 Charlie Bowtell		Manly Warringah	10.83m
4 Timothy Forster		Hornsby	10.79m
5 Justin George		Manly Warringah	10.39m
6 Lachlan Binnekamp		Manly Warringah	9.89m
7 Jack Taylor		Hornsby	8.24m

Boys U 15 - Triple Jump

Zone: Z 12.90m 7/02/2003 Matthew Walker, UTS Norths			
Name	Age	Centre	Final
1 Joel Neasmith		Manly Warringah	11.70m
2 Ethan Oliver		Northern Districts	11.36m
3 Dale Mapstone		Manly Warringah	10.47m
4 Byron Bakker		Manly Warringah	9.91m
5 Nicholas Hyde		Mosman	9.43m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Boys U 17 - Triple Jump

Zone: Z 14.63m 2/12/2018 Ryan Marshall, Manly Warring			
Name	Age	Centre	Final
1 Ryan Marshall		Manly Warringah	14.63mZ
2 Stephen Gilbert		Manly Warringah	11.29m
3 David Wingham		Manly Warringah	11.22m
4 Billy Bakker		Manly Warringah	10.97m
5 Ruben Samer		Northern Districts	10.66m

Boys U 7 - Shot Put (1.0 Kg)

Zone: Z 8.26m 7/02/1990 Chris Reynolds, Northern Dist			
Name	Age	Centre	Final
1 Braxton Van bentum		Manly Warringah	4.94m
2 Jack Vella		Ku-Ring-Gai	4.34m
3 Jack Kusely		Manly Warringah	4.02m
4 James Bassett		Ku-Ring-Gai	4.02m
5 Jesse Matheson		Mosman	3.96m
6 Alexandros Tsaousidis		Hornsby	3.70m
7 Lachlan Harman		Hornsby	3.16m
8 David Robinson		Ku-Ring-Gai	2.48m
-- Joseph Eisenhauer		Ku-Ring-Gai	FOUL
-- Jackson Merry		Manly Warringah	FOUL
-- Alexander Kinner		Manly Warringah	FOUL

Boys U 8 - Shot Put (1.5 Kg)

Zone: Z 8.61m 30/01/2010 Jack McFadden, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Ludvig Persson		Manly Warringah	8.37m
2 Jacoby Neal		Ku-Ring-Gai	6.27m
3 Gustav Burger		Ku-Ring-Gai	5.62m
4 Rahul Maheswaran		Hornsby	5.61m
5 William King		Manly Warringah	5.51m
6 Daniel Sims		Hornsby	5.44m
7 Tawa-Inka Campos		Manly Warringah	5.28m
8 Joel Ramsay		Hornsby	5.10m
9 Owen Holbert		Ku-Ring-Gai	4.65m
10 Tajveer Gill		Manly Warringah	4.07m
11 Charlie Kelly		Ku-Ring-Gai	3.42m

Boys U 9 - Shot Put (2.0 Kg)

Zone: Z 9.42m 7/02/2009 Nicholas Frost, Northern Dist			
Name	Age	Centre	Final
1 Finn Bailey		Manly Warringah	6.52m
2 Ewan Keep		Manly Warringah	5.99m
3 Angus Seve		Manly Warringah	5.78m
4 Byron Borcherth		Manly Warringah	5.66m
5 Euan lah		Ku-Ring-Gai	5.53m
6 Oliver Fisher		Ku-Ring-Gai	5.44m
7 Hugo Bragg		Mosman	5.42m
8 Saia Enasio		Northern Districts	5.21m
9 Hamish Collins		Hornsby	4.92m
10 Kieran Lander		Ku-Ring-Gai	4.88m
11 Kai Gibbons		Northern Districts	4.88m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Boys U 9 - Shot Put (2.0 Kg)

12 Samuel Vecchio Mosman 4.10m

Boys U 10 - Shot Put (2.0 Kg)

Zone: Z 10.96m 5/02/2005 Duane Matulick, Manly Warrin

Name	Age Centre	Final
------	------------	-------

1 Gerhardus Burger	Ku-Ring-Gai	8.56m
2 Rian Conners	Ku-Ring-Gai	7.04m
3 Zac Gedz	Manly Warringah	6.39m
4 Hugh Taylor	Mosman	5.89m
5 Henry Quilkey	Ku-Ring-Gai	5.55m
6 Prescott Williams	Manly Warringah	5.31m
7 Cooper Eagling	Ku-Ring-Gai	4.70m

Boys U 11 - Shot Put (2.0 Kg)

Zone: Z 12.51m 7/02/2004 Kane Thompson, Manly Warring

Name	Age Centre	Final
------	------------	-------

1 Ashton Clarke	Mosman	9.07m
2 Harper Enasio	Northern Districts	8.75m
3 Ethan Grimshaw	Manly Warringah	8.38m
4 Tyson Neal	Ku-Ring-Gai	8.27m
5 Finn Pereira	Mosman	8.13m
6 Toby Hall	Manly Warringah	8.04m
7 William Seve	Manly Warringah	7.88m
8 Philip Milton	Hornsby	7.42m
9 Hamish Barnes	Mosman	6.94m
10 Ben Jones	Mosman	6.63m
11 Josh Arundel	Manly Warringah	6.42m
12 Daniel Cribb	Hornsby	6.34m
13 Ethan Lander	Ku-Ring-Gai	6.28m
14 Dylan Allabush	Ku-Ring-Gai	6.12m

Boys U 12 - Shot Put (2.0 Kg)

Zone: Z 12.06m 3/02/2013 Kevin Yang, Ku-Ring-Gai

Name	Age Centre	Final
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1 Freddie Benson Sparkes	Manly Warringah	10.82m
2 William Drury	Manly Warringah	10.54m
3 Ruann Eksteen	Manly Warringah	9.55m
4 Kalan Harding	Northern Districts	9.54m
5 Paddy Bright	Manly Warringah	9.35m
6 Daniel Powrie	Ku-Ring-Gai	8.00m
7 Griffin Hemsworth	Ku-Ring-Gai	7.81m
8 Daniel Lawrence	Ku-Ring-Gai	7.46m
9 Matthew Walter	Ku-Ring-Gai	6.55m
10 Joshua Harding	Northern Districts	6.10m

Boys U 13 - Shot Put (3.0 Kg)

Zone: Z 14.56m 4/02/2007 Elliot Lang, Northern Distri

Name	Age Centre	Final
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1 Finnlay Bartlett	Mosman	10.89m
2 Brodie Waldock	Ku-Ring-Gai	10.85m
3 Gabriel Bertozzi	Manly Warringah	9.42m

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN**

Results

....Boys U 13 - Shot Put (3.0 Kg)

4 Daniel Nemeth	Mosman	8.63m
5 Brandon Bakker	Manly Warringah	8.59m
5 Samuel Langridge	Ku-Ring-Gai	8.59m
7 Joshua Riddle	Ku-Ring-Gai	7.57m
8 Mitchell Hatfield	Manly Warringah	7.30m
9 Oliver Ludgate	Mosman	6.76m

Boys U 14 - Shot Put (3.0 Kg)

Zone: Z 15.65m 7/02/1994 Peter Elvy, Manly Warringah		
Name	Age Centre	Final
1 Joshua Gedz	Manly Warringah	13.12m
2 Malakye Enasio	Northern Districts	10.11m
3 Aiden Collins	Hornsby	9.59m
4 Gauthier Sanchez	Manly Warringah	9.27m
5 Noah Pereira	Mosman	6.82m

Boys U 15 - Shot Put (4.0 Kg)

Zone: Z 17.04m 7/02/1998 Peter Elvy, Manly Warringah		
Name	Age Centre	Final
1 Archie Saunders	Manly Warringah	11.65m
2 Raff DeStradis	Hornsby	11.15m
3 Domenico DeStradis	Hornsby	11.15m
4 Fredrik Hancock	Manly Warringah	9.13m
5 Byron Bakker	Manly Warringah	8.91m
6 Lachlan Farquhar	Manly Warringah	8.90m

Boys U 17 - Shot Put (5.0 Kg)

Zone: Z 16.20m 2/02/2013 Tyson Davis, Manly Warringah		
Name	Age Centre	Final
1 Jack McFadden	Ku-Ring-Gai	14.21m
2 Alexander Norris	Manly Warringah	11.06m
3 ryan crane	Manly Warringah	8.90m
4 Benjamin McNamara	Northern Districts	8.13m
5 Charlie Hamill	Manly Warringah	7.76m

Boys U 7 - Discus (350 Gram)

Zone: Z 24.04m 7/02/1993 Andrew Frith, Manly Warringah		
Name	Age Centre	Final
1 Finn Wilson	Ku-Ring-Gai	13.26m
2 Callan Atherton	Ku-Ring-Gai	11.18m
3 Alexandros Tsaousidis	Hornsby	11.05m
4 Isaac Robinson	Mosman	11.04m
5 James Bassett	Ku-Ring-Gai	9.92m
6 Edward Barnsley	Ku-Ring-Gai	9.06m
7 Jenson Lane	Manly Warringah	6.95m
8 Wiliam Greenaway	Manly Warringah	6.68m
9 Jackson Merry	Manly Warringah	6.24m
10 Alexander Kinner	Manly Warringah	6.07m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Boys U 8 - Discus (500 Gram)

Zone: Z 27.48m 7/02/1993 Christopher Burnett, Ku-Ring			
Name	Age	Centre	Final
1	Rahul Maheswaran	Hornsby	17.84m
2	Gustav Burger	Ku-Ring-Gai	15.96m
3	Harry Huie	Ku-Ring-Gai	15.94m
4	Owen Holbert	Ku-Ring-Gai	14.81m
5	Jacoby Neal	Ku-Ring-Gai	14.23m
6	Chase Villacorta	Manly Warringah	13.80m
7	William Lowe	Manly Warringah	12.91m
8	Bodhi Kaines	Manly Warringah	12.18m
9	Oliver McPherson	Hornsby	11.95m
10	Sebastian Cadzow	Mosman	9.46m
--	Pravan teja	Manly Warringah	FOUL

Boys U 9 - Discus (500 Gram)

Zone: Z 32.01m 6/02/2001 Jack McFadden, Ku-Ring-Gai			
Name	Age	Centre	Final
1	Aiden Freestone	Manly Warringah	17.76m
2	Hamish Collins	Hornsby	15.89m
3	Tobias Woolnough	Manly Warringah	14.83m
4	Tyler Stead	Ku-Ring-Gai	14.03m
5	Angus Seve	Manly Warringah	14.00m
6	Samuel Vecchio	Mosman	13.66m
7	Oliver Fisher	Ku-Ring-Gai	13.46m
8	Saia Enasio	Northern Districts	13.24m
9	alexander Grant	Ku-Ring-Gai	12.41m
10	Nicolas Chaseling	Mosman	12.30m
11	Toby Ward	Mosman	10.30m
12	Sam Fowell	Hornsby	10.06m
--	Theodore Kretzas	Manly Warringah	FOUL
--	Kieran Lander	Ku-Ring-Gai	FOUL

Boys U 10 - Discus (500 Gram)

Zone: Z 38.37m 8/02/2008 Lachlan Behagg, Manly Warrin			
Name	Age	Centre	Final
1	Rian Conners	Ku-Ring-Gai	24.59m
2	Lucca Holbert	Ku-Ring-Gai	20.75m
3	Campbell Whalan	Hornsby	19.16m
4	Thomas Greenaway	Manly Warringah	18.03m
5	Harvey Matheson	Mosman	17.94m
6	Hugh Taylor	Mosman	17.55m
7	Finnlay Daly	Manly Warringah	17.44m
8	Lachlan Dawson	Manly Warringah	17.13m
9	William Kisby	Manly Warringah	16.30m
10	Luke Photios	Hornsby	15.59m
11	Daniel Gregory	Ku-Ring-Gai	15.54m
12	Daniel Benoliel	Mosman	15.25m
13	Chris Kavanagh	Ku-Ring-Gai	13.54m
14	Jeffrey Benoliel	Mosman	13.13m

**NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN**

Results

Boys U 11 - Discus 500 Gram)

Zone: Z 35.02m 6/02/2011 Nicholas Frost, Northern Dis			
Name	Age	Centre	Final
1 Hayden McLellan		Manly Warringah	25.10m
2 Tyson Neal		Ku-Ring-Gai	25.02m
3 Lennox Cleary		Manly Warringah	23.41m
4 Joshua Fowell		Hornsby	21.50m
5 Toby Hall		Manly Warringah	20.90m
6 Harper Enasio		Northern Districts	20.56m
7 Jack Huie		Ku-Ring-Gai	19.30m
8 Benjamin Bassett		Ku-Ring-Gai	17.41m
9 Daniel Cribb		Hornsby	16.46m
10 Philip Milton		Hornsby	16.45m
11 Xavier Frost		Mosman	15.58m
-- Darcy Kirkland		Manly Warringah	FOUL

Boys U 12 - Discus (750 Gram)

Zone: Z 39.82m 5/02/2011 Cameron McEntyre, Ku-Ring-Ga			
Name	Age	Centre	Final
1 Freddie Benson Sparkes		Manly Warringah	32.16m
2 Kalan Harding		Northern Districts	30.55m
3 Tom Haslam		Ku-Ring-Gai	26.53m
4 Orlando Grinbergs		Manly Warringah	25.12m
5 Ruann Eksteen		Manly Warringah	24.93m
6 Lucas Saxby		Manly Warringah	22.98m
7 Boston Penfold		Ku-Ring-Gai	19.95m
8 Daniel Lawrence		Ku-Ring-Gai	17.85m
9 Nicholas Ariyan		Hornsby	16.64m
10 Daniel Photios		Hornsby	16.18m
11 Joshua Tesoriero		Ku-Ring-Gai	15.96m
12 Joshua Harding		Northern Districts	14.47m

Boys U 13 - Discus (750 Gram)

Zone: Z 41.22m 7/02/1993 Peter Elvy, Manly Warringah			
Name	Age	Centre	Final
1 Felix Scholle		Ku-Ring-Gai	33.83m
2 Kyan McDougall		Manly Warringah	31.16m
3 Flynn Clatworthy		Ku-Ring-Gai	30.61m
4 Samuel Langridge		Ku-Ring-Gai	30.12m
5 Will Matheson		Mosman	30.03m
6 Oliver Ludgate		Mosman	26.29m
7 Brandon Bakker		Manly Warringah	23.46m
8 Lukas Muller		Manly Warringah	21.62m
9 Mitchell Hatfield		Manly Warringah	21.04m
10 Ewan Allabush		Ku-Ring-Gai	20.21m
11 William Apostoloff		Northern Districts	20.00m

Boys U 14 - Discus (1.0 Kg)

Zone: Z 49.50m 7/02/1994 Peter Elvy, Manly Warringah			
Name	Age	Centre	Final
1 Joshua Gedz		Manly Warringah	33.52m
2 Malakye Enasio		Northern Districts	29.88m
3 Gauthier Sanchez		Manly Warringah	28.16m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Boys U 14 - Discus (1.0 Kg)

4 Justin George	Manly Warringah	25.66m
5 Noah Pereira	Mosman	20.06m
6 Aiden Collins	Hornsby	16.34m

Boys U 15 - Discus (1.0 Kg)

=====			
Zone: Z 56.36m 7/02/1994 James Murphy, Manly Warringah			
Name	Age	Centre	Final
=====			
1 Domenico DeStradis		Hornsby	38.19m
2 Raff DeStradis		Hornsby	30.26m
3 Lachlan Farquhar		Manly Warringah	28.18m
4 Byron Bakker		Manly Warringah	26.65m
5 Fredrik Hancock		Manly Warringah	24.25m

Boys U 17 - Discus (1.5 Kg)

=====			
Zone: Z 46.86m 26/01/2014 William Brown, Manly Warringah			
Name	Age	Centre	Final
=====			
1 Jack McFadden		Ku-Ring-Gai	42.78m
2 Alexander Norris		Manly Warringah	30.13m
3 Benjamin McNamara		Northern Districts	22.32m

Boys U 11 - Javelin (400 Gram)

=====			
Zone: Z 30.02m 13/12/2015 Ethan Oliver, Northern Distr			
Name	Age	Centre	Final
=====			
1 Amos Mashiah		Hornsby	21.39m
2 Toby Hall		Manly Warringah	19.45m
3 Patrick Duke		Hornsby	15.74m
4 William Carter		Manly Warringah	15.55m
5 Josh Arundel		Manly Warringah	15.20m
6 Nicholas Kachel		Hornsby	12.39m

Boys U 12 - Javelin (400 Gram)

=====			
Zone: Z 35.50m 11/12/2016 Ethan Oliver, Northern Distr			
Name	Age	Centre	Final
=====			
1 Ruann Eksteen		Manly Warringah	30.89m
2 Freddie Benson Sparkes		Manly Warringah	27.65m
3 Nathanael Ramsay		Hornsby	26.63m
4 Harry Sexton		Manly Warringah	24.17m
5 Daniel Powrie		Ku-Ring-Gai	23.20m
6 William Drury		Manly Warringah	22.99m

Boys U 13 - Javelin (600 Gram)

=====			
Zone: Z 43.20m 4/02/2012 Cameron McEntyre, Ku-ring-ga			
Name	Age	Centre	Final
=====			
1 Thomas Whalan		Hornsby	29.23m
2 Felix Scholle		Ku-Ring-Gai	27.18m
3 Gabriel Bertozzi		Manly Warringah	23.21m
4 Mitchell Hatfield		Manly Warringah	22.23m
5 Oliver Ludgate		Mosman	21.82m
6 William Tye		Hornsby	21.29m

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Boys U 13 - Javelin (600 Gram)

7	Brendan Markey	Manly Warringah	20.42m
8	Finnlay Bartlett	Mosman	20.15m
9	Samuel Langridge	Ku-Ring-Gai	17.16m
10	Will Matheson	Mosman	16.44m
11	Isaac Lanham	Manly Warringah	12.72m

Boys U 14 - Javelin (600 Gram)

=====			
Zone: Z 55.84m 3/02/2013 Cameron McEntyre, Ku-ring-ga			
Name	Age	Centre	Final
=====			
1	Evan Neal	Manly Warringah	29.35m
2	Justin George	Manly Warringah	23.40m
3	Joel Solomon	Manly Warringah	21.58m
4	Noah Pereira	Mosman	17.95m

Boys U 15 - Javelin (700 Gram)

=====			
Zone: Z 61.62m 25/01/2014 Cameron McEntyre, Ku-ring-ga			
Name	Age	Centre	Final
=====			
1	Joel Neasmith	Manly Warringah	41.38m
2	Ethan Oliver	Northern Districts	35.43m
3	Domenico DeStradis	Hornsby	32.34m
4	Lachlan Farquhar	Manly Warringah	20.95m
5	Fredrik Hancock	Manly Warringah	18.53m

Boys U 17 - Javelin (700 Gram)

=====			
Zone: Z 63.87m 3/02/2013 Tyson Davis, Manly Warringah			
Name	Age	Centre	Final
=====			
1	Jack McFadden	Ku-Ring-Gai	42.21m
2	Liam Oliver	Northern Districts	38.87m
3	Alexander Norris	Manly Warringah	36.60m
4	Charlie Hamill	Manly Warringah	23.14m

Boys U 9 - 700 Metre Walk

=====			
Zone: Z 2:49.41 4/02/2012 Dion Currothers, Manly Warr			
Name	Age	Centre	Final
=====			
Section 1			
1	Hugh Webster	Manly Warringah	5:00.98
2	Byron Borchert	Manly Warringah	5:01.39
3	Andrew Guerin	Manly Warringah	5:02.45
4	Cooper McNaught	Ku-Ring-Gai	5:30.86
5	Fergus Keogh	Ku-Ring-Gai	5:31.61
--	James Maher	Manly Warringah	DQ

Boys U 10 - 1100 Metre Walk

=====			
Zone: Z 5:47.20 7/02/2000 Cameron Williams, Ku-Ring-G			
Name	Age	Centre	Final
=====			
1	Dylan Mortimer	Manly Warringah	7:08.11
2	Noah Cabrol	Manly Warringah	7:10.70
3	Harper Whiteley	Manly Warringah	7:28.63
4	Joshua Robinson	Ku-Ring-Gai	9:28.80

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS
SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

....Boys U 10 - 1100 Metre Walk

-- Jack Delaney	Manly Warringah	DQ
-- William Lipson	Ku-Ring-Gai	DQ
-- Hugo Reynolds	Ku-Ring-Gai	DQ
-- Connor Doney	Ku-Ring-Gai	DQ

Boys U 11 - 1100 Metre Walk

=====			
Zone: Z 5:26.73 3/02/2013 Hayden Blaskett, Manly Warr			
Name	Age Centre	Final	
=====			
1 Jack Prestwich	Ku-Ring-Gai	6:55.54	
2 Dylan Allabush	Ku-Ring-Gai	7:25.09	
3 Lucas Boyce	Manly Warringah	7:28.14	
4 Charles Hetherington	Ku-Ring-Gai	7:49.71	
5 Eduardo Briones	Manly Warringah	8:06.29	
-- Bailey Noyen	Manly Warringah	DQ	
-- Cameron Tizzard	Manly Warringah	DQ	

Boys U 12 - 1500 Metre Walk

=====			
Zone: Z 7:24.00 7/02/1992 Andrew Nappin, Manly Warrin			
Name	Age Centre	Final	
=====			
1 Issac Tate	Manly Warringah	9:52.90	
2 Matthew Walter	Ku-Ring-Gai	9:56.01	
3 Orlando Grinbergs	Manly Warringah	10:29.55	
-- Patrick Wenzel	Manly Warringah	DQ	

Boys U 13 - 1500 Metre Walk

=====			
Zone: Z 7:12.20 7/02/1993 Andrew Nappin, Manly Warrin			
Name	Age Centre	Final	
=====			
1 Alejandro Briones	Manly Warringah	10:07.26	
2 Nicholas Kimball	Manly Warringah	11:02.69	
3 Lachlan McIntosh	Ku-Ring-Gai	11:02.85	
-- Felix Scholle	Ku-Ring-Gai	DQ	

Boys U 14 - 1500 Metre Walk

=====			
Zone: Z 6:57.33 3/02/2013 Aidan Kerr, Ku-Ring-Gai			
Name	Age Centre	Final	
=====			
1 Samuel Walter	Ku-Ring-Gai	9:46.03	

Boys U 15 - 1500 Metre Walk

=====			
Zone: Z 6:47.60 7/02/1995 Andrew Nappin, Manly Warrin			
Name	Age Centre	Final	
=====			
1 Byron Bakker	Manly Warringah	10:21.64	
2 Tony Vujnovic	Manly Warringah	11:43.73	
3 Dale Mapstone	Manly Warringah	11:47.13	

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

SYDNEY ACADEMY OF SPORT, NARRABEEN

Results

Boys U 17 - 1500 Metre Walk

```
=====
Zone: Z 6:43.12 14/12/2014 Aidan Kerr, Ku-Ring-Gai
Name Age Centre Final
=====
1 Hayden Blaskett Manly Warringah 7:14.35
2 Charlie Hamill Manly Warringah 14:33.74
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