

LITTLE ATHLETICS ASSOCIATION OF NEW SOUTH WALES

RESULTS - MILO STATE CHAMPIONSHIPS - NARRABEEN

MARCH 15 - 16, 1986

BOYS	UNDER 9	100 METRES	GIRLS
1. M. Davidson	Nth Rocks Cd. 14.2	1. C. Andreww	Nth.Rocks C'd. 14.6
2. C. Lester	Rand/Botany 14.3	2. A. Dvais	Hills Dist. 14.8
3. S. Russo	Lake Illaw. 14.6	3. K. Dean	Lake Illaw. 14.8
4. T. Wilson	Camden 14.6	4. J. Fredericks	Ku-Ring-Gai 15.0
5. D. Whitehead	Woy Woy 14.6	5. J. Hass	Blacktown 15.1
6. C. Kunert	Campbelltown 14.9	6. N. Moore	Rand/Botany 15.3
7. S. Matzella	Rand/Botany 14.9	7. A. Campbell	Nth.Districts 15.4
8. J. Freckleton	Nth.Suburbs 14.9	8. R. Koeford	Kurri Kurri 15.5
200 METRES			
1. G. Lester	Rand/Botany 29.4	1. C. Andress	Nth.Rocks Cfrd. 30.7
2. S. Matzelle	Rand/Botany 29.9	2. J. Fredericks	Ku-Ring-Gai 31.1
3. M. Davidson	Nth Rocks Cr. 30.0	3. N. Moore	Rand/Botany 31.8
4. M. Carol	Mac/Shores 30.2	4. J. Hass	Blacktown 32.1
5. C. Kunert	Campbelltown 30.3	5. E. Sinclair	Bargo 32.2
6. T. Wilson	Camden 30.6	6. A. Davis	Hills Dist. 32.4
7. S. Mikolic	Koorringal 30.8	7. S. Carden	Campbelltown 32.8
8. D. Weigand	Bankstown 31.0	8. R. Koeford	Kurri Kurri 33.0
400 METRES			
1. D. Weigand	Bankstown 1.06.3	1. S. McKeowin	Camden 1.08.7
2. Kunert	Campbelltown 1.07.9	2. A. Burne	Port Hacking 1.10.5
3. S. Tieck	Nth.Suburbs 1.08.0	3. E. Sinclair	Bargo 1.11.0
4. D. Murphy	Claymore 1.08.2	4. F. Melville	Hornsby 1.12.0
5. S. Anthony	Gosford 1.10.0	5. K. Moore	Ku-Ring-Gai 1.13.4
6. S. Mikolic	Koorringal 1.10.6	6. A. McGuire	Hills Dist. 1.15.0
7. S. Appleyard	Port Hacking 1.10.6	7. W. Nettlebeck	Albury 1.15.0
8. A. Finlayson	Parramatta 1.11.0	8. S. Ledwell	Sutherland 1.15.2
800 METRES			
1. P. Wade	Hornsby 2.31.1	1. S. McKeown	Camden 2.38.4
2. D. Weigand	Bankstown 2.33.3	2. W. Nettlebeck	Albury 2.41.6
3. J. O'Loughlin	E.Maitland 2.35.5	3. A. Burne	Port Hacking 2.41.7
4. A. Finlayson	Parramatta 2.35.5	4. J. Truscott	Hornsby 2.42.9
5. A. Molachino	Scully Park 2.38.0	5. B. Hardy	Sussex Inlet 2.46.9
6. P. Williams	Winston Hill 2.38.5	6. R. Beard	East Hills 2.49.6
7. S. Anthony	Gosford 2.38.6	7. K. Barney	Wyong 2.50.0
8. M. Anastasia	Manly Warr. 2.38.9	8. B. Hansell	Nth.Suburbs 2.50.3
60M HURDLE			
1. D. Hubar	Nth.District 10.0	1. C. McGrath	Illawong 10.2
2. G. Duck	Narrandera 10.1	2. J. Fredericks	Ku-Ring-Gai 10.2
3. M. Griesser	Terr/Wamberal 10.3	3. M. Harris	Hornsby 10.5
4. T. Lowe	Hornsby 10.5	4. A. Blackburn	Kurri Kurri 10.5
5. S. Merriel	Sutherland 10.5	5. N. Moore	Rand/Botany 10.5
6. J. Yerbury	Ku-Ring-Gai 10.7	6. J. Truscot	Hornsby 10.8
7. B. Kress	Manly/Warr 10.8	7. M. Nacsa	Mullumbimby 10.9
		8. M. Aylett	Hornsby 11.1
800M WALK			
1. I. Imbrihim	Nepean 3.54.0	1. L. Coffey	Nepean 3.53.9
2. G. Ploeg	Nepean 3.54.6	2. C. Little	Hornsby 4.05.2
3. M. Earle	North.Dist. 3.57.5	3. S. Kenneth	Sutherland 4.19.6
4. M. Richardson	Doonside 4.03.7	4. K. Wood	Hills Dist. 4.23.9
5. M. Barry	Winston Hill 4.09.8	5. S. Davidson	Rand/Botany 4.33.8
6. M. Aspinall	E.Maitland 4.12.6	6. F. Coles	Campbelltown 4.35.0
7. A. Chant	Nepean 4.12.6	7. M. Roberts	Lethbridge Prk 4.35.4
8. N. Nash	Wyong 4.16.6	8. T. Hummelshot	Bathurst 4.38.2

BOYS		UNDER 9		LONG JUMP		GIRLS	
1. M. Carroll	Mac/Shores	4.24	1. A. Davis	Hills Dist.	4.00		
2. M. Davidson	Nth.Rocks C.	4.18	2. J. Hass	Blacktown	3.80		
3. G. Moore	Cardiff	4.18	3. K. Burke	Bankstown	3.80		
4. D. Weigand	Bankstown	4.11	4. M. Harris	Hornsby	3.77		
5. G. Bangrove	Mac/Shores	4.10	5. V. Schilt	Rand/Botany	3.75		
6. G. Cattell	E' Plains	4.09	6. L. McDuff	Greystanes	3.66		
7. S. Turner	Rand/Botany	4.05	7. M. Macsa	Mullumbimby	3.63		
8. G. Lester	Rand/Botany	4.05	8. B. Summerville	North.Districts	3.59		

		HIGH JUMP			
1. I. Ibrihim	Nepean	1.28	1. R. Dennis	Kurr/Bilpin	1.24
2. R. Merritt.	Sth. Sydney	1.22	2. A. Davis	Hills Dist.	1.21
3. A. Rostron	Edgeworth	1.22	3. M. Harris	Hornsby	1.19
4. M. Carroll	Mac/Shores	1.22	4. J. Hass	Blacktown	1.17
5. B. Walker	Scully Park	1.20	5. B. Nicholas	Balmain	1.15
6. D. Whitehead	Woy Woy	1.15	6. J. Ferguson	Ku-Ring,-Gai	1.15
7. D. Murphy	Claymore	1.15	7. D. Hutchinson	Camden	1.10
8. M. Stcherbina	Prt.Hacking	1.15	8. S. Wood	Griffith	1.10

		SHOT PUT			
1. J. Ayres	Bankstown	9.48	1. M. Wylie	Prt.Hacking	8.95
2. P. Halpin	Hills Dist.	9.29	2. N. Munn	Hornsby	8.31
3. I. Imbrihim	Nepean	8.98	3. N. Fenwick	Mac/Shores	7.89
4. S. Tonkin	Winston Hills	8.62	4. M. Harris	Hornsby	7.83
5. J. Boersma	Lake Illaw.	8.55	5. K. Leppanen	Winston Hills	7.62
6. H. Knowles	Greystanes	8.20	6. J. Ferguson	Ku-Ring-Gai	7.46
7. M. Schroedar	Harrington	8.15	7. C. Deery	Tumut	6.99
8. S. Reeve	Port Hacking	8.12	8. K. Barney	Wyong	6.94

		DISCUS			
1. S. Turner	Rand/Botany	30.84	1. M. Wylie	Prt.Hacking	30.10REC
2. J. Boersma	Lake Illaw.	29.96	2. K. Leppanen	Winston Hills	25.14
3. G. Cattell	Emu Plains	29.10	3. C. Deery	Tumut	23.24
4. M. Stcherbina	Prt.Hacking	29.02	4. L. Myers	Walgett	22.94
5. D. Whitehead	Woy Woy	28.22	5. N. Munn	Hornsby	22.48
6. M. Jaaniste	Hornsby	27.60	6. M. Raymond	Cardiff	22.30
7. M. Jones	Hornsby	27.56	7. L. Hindmarch	Wollondilly	22.12
8. B. Matthews	Sutherland	27.42	8. K. Thomas	Emu Plains	21.70

BOYS		UNDER 10		100 METRES		GIRLS	
1. M. Wheeldon	Canowindra	13.9	1. N. Watts	Scully Park	14.0		
2. T. Watson	St.George	13.9	2. S. Dundas	Sawtell/Toorm.	14.0		
3. D. Grant	Port Hacking	14.0	3. B. Piening	Nepean	14.3		
4. E. Granata	Holroyd	14.1	4. B. Rangott	Manly	14.3.		
5. P. Treharne	Manly	14.1	5. S. Gown	Kiama	14.4		
6. S. Hauser	Prospect	14.4	6. R. Massey	Ryde	14.8		
7. D. Thorn	Katoomba	14.5	7. C. Hammond	Manly	14.8		
8. D.OConnell	Ku-Ring-Gai	14.6	8. C. King	Blacktown	14.8		

		200 METRES			
1. T. Watson	St. George	28.7	1. S. Dundas	Saw/Toormina	28.7
2. D. Grant	Port hacking	29.0	2. N. Watts	Scully Park	28.8
3. E. Granata	Holroyd	29.0	3. K. Piening	Nepean	29.4
4. P. Treharne	Manly Warr.	29.4	4. B. Rancott	Manly Warr.	29.4
5. J. Milner	Ryde	29.9	5. S. Gown	Kiama	29.6
6. D. Thom	Katoomba	30.0	6. T. Craw	Orange	29.8
7. M. Wheeldon	Canowindra	30.4	7. R. massey	Ryde	30.0
8. D. O'Connell	Ku-Ring-Gai	30.7	8. C. King	Blacktown	31.0

		400 METRES			
1. E. Granata	Holroyd	1.02.8	1. T. Craw	Orange	1.06.0
2. T. Watson	St.George	1.03.2	2. L. Proitti	Nepean	1.06.4
3. N. Wellington	Hills Dist.	1.04.2	3. C. Weston	Armidale	1.07.1
4. A. MacGonigal	St.George	1.04.5	4. F. Muir Rooney	Ryde	1.08.4
5. D. Clark	Koorringal	1.06.3	5. C. Stephen	Katoomba	1.09.1
6. S. Warnett	Mac/Fields	1.07.0	6. S. Harrison	Nepean	1.09.1
7. D. Gibson	Nepean	1.10.2	7. M. Fahey	Forst/Tuncurry	1.11.8
8. P. Treharne	Manly/Warr.	1.10.9	8. J. West	Campbelltown	1.17.2

BOYS		UNDER 10		800 METRES		GIRLS	
1. R. Mason	Ku-Ring-Gai	2.23.2	1. J. Berrell	St. George	2.35.8		
2. T. Watson	St. George	2.27.5	2. S. Harrison	Nepean	2.35.9		
3. S. Warnett	Mac/Fields	2.30.2	3. F. Mulrooney	Ryde	2.38.0		
4. J. Holbrook	Illawong	2.35.5	4. C. Weston	Armidale	2.38.2		
5. N. Wallington	Hills Dist.	2.35.5	5. M. MacDonald	Sutherland	2.38.9		
6. P. McDonald	Albion Park	2.37.7	6. E. Cotton	Ryde	2.41.2		
7. C. Harris	Camden haven	2.38.4	7. K. O'Hehir	Illawong	2.43.1		
8. V. Drash	Wellington	2.39.8	8. K. Clark	Glen Innes	2.43.6		

1500 METRES

1. S. Warnett	Mac/Fields	5.00.6	1. S. Harrison	Nepean	5.12.5
2. N. Wallington	Hills Dist.	5.03.6	2. K. Watkins	Lake Illaw.	5.15.6
3. M. Callahan	Sutherland	5.07.6	3. J. Berrell	St. George	5.18.1
4. D. Holterman	Campbelltown	5.10.7	4. F. Mulrooney	Ryde	5.25.2
5. C. Harris	Camden haven	5.11.4	5. M. Harding	Yass	5.25.4
6. D. Gibson	Nepean	5.15.1	6. C. Randazzo	Manly Warr.	5.26.2
7. G. Hamilton	Manly Warr.	5.19.2	7. M. McDonald	Sutherland	5.28.3
8. P. McDonald	Albion Park	5.21.0	8. C. Weston	Armidale	5.28.9

6CM HURDLES

1. C. Woodrouff	Manly Warr.	9.3	1. L. Proletti	Nepean	9.7
2. D. Grant	Port Hacking	9.4	2. R. Massey	Ryde	9.8
3. B. Schrader	Mac/Shores	9.6	3. C. Kennedy	Ku-Ring-Gai	10.0
4. H. Treharne	Manly Warr.	9.8	4. M. Guthrie	Rand/Botany	10.0
5. A. Kehagias	St. George	9.8	5. S. Best	Illawong	10.0
6. J. Milner	Ryde	9.8	6. N. Dougheney	Manly/Warr.	10.1
7. S. Houser	Prospect	10.0	7. K. Jackson	Richmond	10.2
8. C. Walker	Junee	10.4	8. S. Dundas	Sawtell/Toor.	10.3

800M WALK

1. D. Gibson	Nepean	3.45.9	1. M. Pearce	Nepean	3.53.8
2. G. Bodilly	Hornsby	3.47.1	2. L. Stratford	Rand/Botany	3.55.7
3. D. O'Mara	Fairfield	3.50.9	3. C. Stephen	Katoomba	4.01.4
4. B. Lloyd	Mac/Shores	3.55.9	4. J. Thompson	Hills Dist.	4.06.0
5. A. Russ	E.Maitland	4.00.5	5. K. Jones	Glen innes	4.08.6
6. P. Beacroft	Blacktown	4.03.3	6. C. Dodds	Nepean	4.09.3
7. C. Coherill	Woodberry	4.04.0	7. V. Shuter	Bargo	4.11.2
8. A. McNamara	Bankstown	4.09.0	8. M. Coulter	Blacktown	4.11.3

LONG JUMP

1. C. Woodroff	Manly/Warr.	4.67	1. S. Dundas	Sawtell/Toor.	4.28
2. E. Granata	Holroyd	4.62	2. B. Piening	Nepean	4.15
3. T. Stratford	Hornsby	4.41	3. B. Toohey	Hornsby	4.14
4. P. Treharne	Manly/Warr.	4.40	4. C. Kennedy	Ku-Ring-Gai	4.09
5. N. Wallington	Hills Dist.	4.40	5. Y. Lynch	Port hacking	4.08
6. M. Wood	Port Hacking	4.30	6. B. Crabb	Tamworth	4.01
7. D. Clarke	Kooringal	4.25	7. N. Taylor	Sth. Sydney	4.00
8. C. Moore	Doonside	4.24	8. R. Massey	Ryde	3.82

HIGH JUMP

1. R. Mason	Ku-Ring-Gai	1.36	1. B. Crabb	Tamworth	1.31
2. D. Fairclough	Green Valley	1.32	2. E. Martin	Trangie	1.29
3. B. Davies	Springwood	1.30	3. C. Hammond	Manly Warr.	1.25
4. M. McMahon	Hills Dist.	1.30	4. E. Fardy (EQ)	Manly Warr.	1.20
5. A. Bamford	Winston Hill	1.30	4. B. Toohey(EQ)	Hornsby	1.20
6. C. Walker	Junee	1.30	4. N. Watts (EQ)	Scully Park	1.20
7. A. O'Keefe	Doonside	1.25	7. C. Page	Clarence Vall.	1.20
8. A. Black	Warr/Mayfield	1.25	8. L. Proletti	Nepean	1.20

SHOT PUT

1. S. Wylie	Port Hacking	11.44	1. K. Stanning	Bankstown	10.36
2. S. Roelofs	Werrington	10.96	2. B. Rangett	Manly Warr.	10.21
3. M. Figures	Winston Hill	10.43	3. K. Jeanneret	Winston Hills	9.47
4. J. Prior	Penrith	10.11	4. N. Taylor	Sth. Sydney	9.31
5. S. Dorney	Manly Warr.	9.92	5. A. Moodie	Ingleburn	9.24
6. J. Zlomiscic	Doonside	9.91	6. D. Kidd	Girraween	8.75
7. M. Whit	Nepean	9.68	7. K. Doublett	Sth. Sydney	8.71
8. A. Constable	Hill Top	9.64	8. D. White	Werrington	8.45

BOYS		UNDER 10		DISCUS		GIRLS	
1. S. Wylie	Pt.Hacking	35.76	1. A. Richards	Penrith	31.86		
2. B. Stranlund	Nambucca	34.02	2. K. Standing	Bankstown	30.08		
3. B. Glover	Woodberry	33.58	3. N. Taylor	Sth.Sydney	29.46		
4. S. Berrisford	Werrington	32.76	4. J. Plattner	Jamieson	29.06		
5. C. Foster	Lake Mac.	31.76	5. K. Doublett	Sth.Sydney	28.00		
6. D. Yates	Fairfield	30.00	6. K. Jeanneret	Winston Hills	27.44		
7. J. Zlomislac	Doonside	29.54	7. J. Wright	Winston Hills	24.04		
8. M. Devries	Emu Plains	29.38	8. M. Doyle	North.Subs.	23.18		

UNDER 11		100 METRES			
1. S. Sutton	Emu Plains	13.7	1. B. Ruiz	Lake Illaw.	13.8
2. C. Rogers	Armidale	13.7	2. C. Hoskins	Banana Coast	13.9
3. C. Johnstone	Glenbrook	13.9	3. S. Eggleton	Ku-Ring-Gai	13.9
4. C. Arps	Nth.Suburbs	14.0	4. K. Croft	Blacktown	14.4
5. S. Cashman	Pt.Hacking	14.0	5. D. Tryfon	Rand/Botany	14.4
6. C. Hollis	Camden	14.2	6. P. Amery	Bankstown	14.4
7. A. Welsh	Hornsby	14.2	7. S. Pearce	War/Mayfield	14.5
8. D. Browne	Woodberry	14.2	8. V. Aycoub	Parramatta	14.5

200 METRES					
1. G. Rogers	Armidale	28.6	1. B. Ruiz	Lake Illaw.	28.6
2. L. Cameron	Glenbrook	28.7	2. C. Hoskins	Banana Coast	28.7
3. A. Welsh	Hornsby	28.9	3. S. Eggleton	Ku-Ring-Gai	28.8
4. D. Carlton	Armidale	28.9	4. K. Croft	Blacktown	29.3
5. C. Arps	Nth.Suburbs	29.3	5. M. Power	Ku-Ring-Gai	29.4
6. G. Ollis	Camden	29.4	6. K. Olander	Claymore	29.5
7. R. Ross	Gosford	29.9	7. S. Pearce	War/Mayfield	29.7
8.			8. T. James	Hills Dist.	30.2

400 METRES					
1. M. Geraghty	Ku-Ring-Gai	1.02.2	1. R. Nelson	Nambucca	1.04.5
2. K. McFarland	Cowra	1.02.8	2. M. Wilson	Nth.Rocks Car.	1.05.1
3. D. Carlton	Armidale	1.03.0	3. K. Clemens	Lalor Park	1.05.1
4. B. Ball	Blacktown	1.04.6	4. L. Begonia	Bell.Valley	1.06.3
5. R. Spurrs	Ku-Ring-Gai	1.05.0	5. K. Olander	Claymore	1.06.3
6. R. Ross	Gosford	1.05.4	6. K. McCulloch	Gosford	1.07.8
7. C. Keogh	Campbelltown	1.05.5	7. D. Walsham	Ku-Ring-Gai	1.08.1
8. A. Muller	Ingleburn	1.08.4	8. L. Ivanouski	Fairfield	1.09.5

800 METRES					
1. T. Bryden	Camden	2.19.8	1. M. Wilson	Nth.Rocks Car.	2.30.3
2. M. Geraghty	Ku-Ring-Gai	2.23.3	2. E. Simpson	Winston Hills	2.30.4
3. W. Blake	Campbelltown	2.25.2	3. R. Nelson	Nambucca	2.30.4
4. R. Spurrs	Ku-Ring-Gai	2.28.4	4. A. Menzies	Emu Plains	2.32.1
5. M. Wadley	Manly Warr.	2.29.5	5. S. Roberts	Guyra	2.33.0
6. B. Bell	Blacktown	2.29.9	6. S. Bloomfield	Walcha	2.35.0
7. M. Barron	Woy Woy	2.30.5	7. D. Bonser	Fairfield	2.35.2
8. D. Romyne	St. George	2.31.2	8. L. Zammarelli	St. George	2.35.9

1500 METRES					
1. M. Wadly	Manly Warr.	4.50.7	1. S. Bloomfield	Walcha	5.04.3
2. M. O'Brien	Woolgoolga	4.51.0	2. M. Wilson	Nth.Rocks Car.	5.04.4
3. B. Lennon	Port Hacking	4.54.5	3. D. Walsham	Ku-Ring-Gai	5.04.8
4. R. Spurrs	Ku-Ring-Gai	4.58.4	4. A. Menzies	Emu Plains	5.05.3
5. M. Hook	Camden	5.00.6	5. L. Zammarelli	St.George	5.08.0
6. W. Simpson	Nth.Rocks C.	5.01.4	6. M. Bangrove	Mac/Shores	5.15.5
7. B. Taylor	Harden Murr.	5.01.8	7. D. Bonser	Fairfield	5.17.5
8. B. Ball	Blacktown	5.02.2	8. D. Sinclair	Nth.Rocks C.	5.19.1

60M HURDLES					
1. D. Mayo	Rand/Botany	9.5	1. P. Lambert	Mac/Shores	9.8
2. G. Rogers	Armidale	9.5	2. F. Sylvia	Moorland	9.9
3. T. Henry	Winston Hills	9.6	3. A. Hayes	Manly/Warr	9.9
4. M. Wehrhahn	Mt.Rocks Car.	9.6	4. J. Rolands	Camden	10.1
5. N. Manwaring	Girraween	9.8	5. S. Watson	Albury	10.2
6. J. Tarrant	Clar.Valley	10.0	6. R. Amery	Bankstown Hill.	10.5
7. S. Cashman	Pt. Hacking	10.1	7. J. Ahern	Springwood	10.5
8. R. Matheson	Camden	10.1	8. S. Mullaney	Wollongong	10.5

BOYS	UNDER 11	1500M WALK	GIRLS
1. M. Hutchins	Winston Hill	6.57.1	1. J. Saville
2. L. Willoughby	Nepean	7.16.8	2. N. Templeman
3. M. O'Donnell	Hornsby	7.21.7	3. J. Reid
4. M. Ness	Nepean	7.41.7	4. M. Earle
5. R. Pendlebury	Springwood	7.44.1	5. J. Sommerville
6. A. Seamans	Glenbrook	7.50.2	6. S. Gillett
7. T. Hutman	Albury	7.54.4	7. R. Leslight
8. G. McLoughlin	Doonside	8.08.6	8. A. Speerin
			Rand/Botany(REC) 7.23.3
			Nepean 7.26.7
			Rand/Botany 7.39.7
			Nth.District 7.50.1
			Hornsby 8.06.5
			Richmond 8.16.6
			Mac/Shores 8.22.4
			Girraween 8.22.7

LONG JUMP			
1. T. Henry	Winston Hill	4.91	1. S. Mullaney
2. S. Cashman	Pt.Hacking	4.84	2. A. Hayes
3. D. Browne	Woodberry	4.74	3. C. Hoskins
4. N. Manwaring	Girraween	4.66	4. K. Ahern
5. D. Mayne	Rand/Botany	4.62	5. B. O'Rourke
6. C. Johnstone	Glenbrook	4.57	6. B. Ruiz
7. J. Deery	Tumut	4.54	7. S. Eggleton
8. J. Morrissey	Gulgong	4.54	8. K. Wauchope
			Wollongong 4.66
			Manly Warr. 4.64
			Banana Coast 4.60
			Springwood 4.57
			Banana Coast 4.56
			Lake Illaw. 4.55
			Ku-Ring Gai 4.51
			Ku-Ring-Gai 4.45

HIGH JUMP			
1. G. Ward	Cobar	1.51	1. A. Perry
2. B. Williams	Sutherland	1.49	2. K. Dreyer
3. T. Henry	Winston Hills	1.47	3. K. Ahern (EQ)
4. C. Hardy	E.Suburbs	1.40	3. C. Morante(EQ)
5. T. Ward	Jamison	1.40	5. B. O'Rourke
6. G. Stark	Nepean	1.40	6. M. Arnold (EQ)
7. J. Tarrant	Clarence Vall	1.40	6. J. Clissold(EQ)
8. D. Browne	Woodberry	1.35	8. A. Hayes (EQ)
			8. S. West (EQ)
			8. E. Boyden (EQ)
			8. M. Starrett(EQ)
			Manly Warr. 1.41
			Fairfield 1.41
			Springwood 1.30
			Lake Illaw. 1.30
			Banana Coast 1.30
			Sutherland 1.30
			Moree 1.30
			Winston Hills 1.25
			Nth.Rocks C. 1.25
			Greystanes 1.25
			Mac/Shores 1.25

SHOT PUT			
1. G. Lee	Nepean	10.54	1. K. Turnbull
2. C. Cooney	Penrith	10.28	2. M. Amala
3. S. McKinley	Nepean	10.17	3. P. Bell
4. J. Flesch	Springwood	9.98	4. M. Haage
5. A. Mazaraki	For/Tuncurry	9.54	5. S. Vincent
6. C. Taylor	Penrith	9.52	6. F. Marsh
7. T. Morrissey	Gulgong	9.38	7. K. Ferguson
8. G. Pooni	Blacktown	9.24	8. S. Campbell
			Tugg.Lakes(REC) 11.69
			Nambucca 11.16
			Hornsby 10.69
			Bankstown 10.55
			Manly Warr. 9.96
			Fairfield 9.89
			Ku-Ring-Gai 9.53
			Wyong 9.50

DISCUS			
1. M. Nicholson	Ku-Ring-Gai	35.04	1. T. Walsh
2. G. Lee	Nepean	34.46	2. M. Haage
3. A. Beh	Camden	34.08	3. K. Turnbull
4. C. Taylor	Penrith	32.76	4. M. Amala
5. M. Smith	Parkes	32.34	5. V. Clark
6. G. Pooni	Blacktown	31.78	6. F. Marsh
7. B. Hine	Armidale	31.52	7. P. Bell
8. M. O'Donnell	Hornsby	29.76	8. T. Burgess
			Emu Plains 30.42
			Bankstown 29.86
			Tugg.Lakes 29.44
			Nambucca 29.34
			Winston Hills 25.62
			Fairfield 25.16
			Hornsby 24.48
			Tilligerry 23.96

TRIPLE JUMP			
1. T. Henry	Winston Hill	10.23	1. K. Ahern
2. N. Manwaring	Girraween	9.85	2. S. Lewis
3. C. Moroz	Wollondilly	9.81	3. M. Bransgrove
4. D. Mayne	Rand/Botany	9.79	4. K. Lawson
5. B. Williams	Sutherland	9.65	5. M. Arnold
6. G. Rogers	Armidale	9.46	6. A. Hayes
7. C. Hardy	E.Suburbs	9.40	7. A. Campbell
8. M. Harper	Temora	9.31	8. J. Zerzvadse
			Springwood 9.61
			Fairfield 9.42
			Mac/Shores 9.42
			Ryde 9.41
			Sutherland 9.39
			Winston Hills 9.28
			Dapto 8.94
			St. George 8.82

BOYS			UNDER 12			100 METRES			GIRLS		
1. G. Martin	Trangie	13.1	1. T. Blackburn	Kurri Kurri	12.9	1. T. Blackburn	Kurri Kurri	12.9	Kurri Kurri	12.9	
2. F. St. John	Mac/Shores	13.3	2. S. Wennekas	Sutherland	13.1	2. S. Wennekas	Sutherland	13.1	Sutherland	13.1	
3. M. Rayment	Koorinal	13.4	3. R. Vormister	Wollongong	13.1	3. R. Vormister	Wollongong	13.1	Wollongong	13.1	
4. S. Ramage	Sutherland	13.6	4. A. Pratten	E.Maitland	13.4	4. A. Pratten	E.Maitland	13.4	E.Maitland	13.4	
5. P. Mellor	Rand/Botany	13.6	5. A. Coupland	Hills Dist.	13.4	5. A. Coupland	Hills Dist.	13.4	Hills Dist.	13.4	
6. D. Trimmingham	Nth.Subs.	13.8	6. D. Alessio	Rand/Botany	13.4	6. D. Alessio	Rand/Botany	13.4	Rand/Botany	13.4	
7. B. Courtney	Hills Dist.	13.8	7. R. Hayes	Manly/Warr.	13.5	7. R. Hayes	Manly/Warr.	13.5	Manly/Warr.	13.5	
8. D. Nash	Sutherland	13.8	8. E. Swann	Manly/Warr.	13.6	8. E. Swann	Manly/Warr.	13.6	Manly/Warr.	13.6	
			<u>200 METRES</u>								
1. B. Sharman	Mac/Shores	25.8	1. R. Vormister	Wollongong	26.7	1. R. Vormister	Wollongong	26.7	Wollongong	26.7	
2. G. Martin	Trangie	26.6	2. T. Blackburn	Kurri Kurri	26.8	2. T. Blackburn	Kurri Kurri	26.8	Kurri Kurri	26.8	
3. P. St. John	Mac/Shores	27.1	3. S. Wennekes	Sutherland	26.8	3. S. Wennekes	Sutherland	26.8	Sutherland	26.8	
4. D. Toohey	Hornsby	27.3	4. E. Swann	Manly Warr.	27.3	4. E. Swann	Manly Warr.	27.3	Manly Warr.	27.3	
5. T. Crawford	Barooga	27.4	5. R. Hayes	Manly Warr.	27.7	5. R. Hayes	Manly Warr.	27.7	Manly Warr.	27.7	
6. P. Bagshaw	Sutherland	27.8	6. A. Pratten	E.Maitland	28.1	6. A. Pratten	E.Maitland	28.1	E.Maitland	28.1	
7. D. Nash	Sutherland	28.0	7. N. Syms	Hills Dist.	28.4	7. N. Syms	Hills Dist.	28.4	Hills Dist.	28.4	
8. T. Milner	Ryde	28.0	8. M. Lillington	St. George	28.7	8. M. Lillington	St. George	28.7	St. George	28.7	
			<u>400 METRES</u>								
1. D. Toohey	Hornsby	58.3	1. R. Vormister	Wollongong	1.00.2	1. R. Vormister	Wollongong	1.00.2	Wollongong	1.00.2	
2. M. Van Uden	Blacktown	1.00.3	2. S. Walsham	Ku-Ring-Gai	1.01.0	2. S. Walsham	Ku-Ring-Gai	1.01.0	Ku-Ring-Gai	1.01.0	
3. P. Bagshaw	Sutherland	1.00.5	3. E. Swann	Manly Warr.	1.01.1	3. E. Swann	Manly Warr.	1.01.1	Manly Warr.	1.01.1	
4. J. Romyn	St. George	1.00.7	4. R. Freeman	Hills Dist.	1.03.0	4. R. Freeman	Hills Dist.	1.03.0	Hills Dist.	1.03.0	
5. T. Crawford	Barooga	1.00.8	5. M. Clough	Nambucca	1.03.6	5. M. Clough	Nambucca	1.03.6	Nambucca	1.03.6	
6. R. Fendley	Sutherland	1.03.2	6. M. Willington	St. George	1.04.1	6. M. Willington	St. George	1.04.1	St. George	1.04.1	
7. G. Cook	Hills Dist.	1.04.9	7. S. Carr	Lake Illaw.	1.04.3	7. S. Carr	Lake Illaw.	1.04.3	Lake Illaw.	1.04.3	
8. M. Hackney	Koorinal	1.06.2	8. K. Moore	Rand/Botany	1.06.0	8. K. Moore	Rand/Botany	1.06.0	Rand/Botany	1.06.0	
			<u>800 METRES</u>								
1. J. Romyn	St. George	2.19.3	1. S. Walsham(REC)	Ku-Ring-Gai	2.19.4	1. S. Walsham(REC)	Ku-Ring-Gai	2.19.4	Ku-Ring-Gai	2.19.4	
2. M. Stevens	Nth.District	2.19.8	2. M. Clough	Nambucca	2.22.3	2. M. Clough	Nambucca	2.22.3	Nambucca	2.22.3	
3. D. McIlroy	Emu Plains	2.20.5	3. J. Stone	Sutherland	2.24.2	3. J. Stone	Sutherland	2.24.2	Sutherland	2.24.2	
4. M. Hackney	Koorinal	2.20.9	4. C. Kerr	Wollongong	2.25.9	4. C. Kerr	Wollongong	2.25.9	Wollongong	2.25.9	
5. G. Seizille	Woolgoolga	2.24.2	5. G. Stewart	Nepean	2.27.1	5. G. Stewart	Nepean	2.27.1	Nepean	2.27.1	
6. S. Thurston	Gosford	2.24.6	6. A. Lyons	Ku-Ring-Gai	2.27.4	6. A. Lyons	Ku-Ring-Gai	2.27.4	Ku-Ring-Gai	2.27.4	
7. D. Cooney	Penrith	2.24.8	7. M. Lisle	Armidale	2.27.5	7. M. Lisle	Armidale	2.27.5	Armidale	2.27.5	
8. A. Howell	Manly Warr.	2.25.8	8. S. Walkley	Hornsby	2.27.9	8. S. Walkley	Hornsby	2.27.9	Hornsby	2.27.9	
			<u>1500 METRES</u>								
1. M. Stevens	Nth.District	4.35.5	1. S. Walsham(REC)	Ku-Ring-Gai	4.44.6	1. S. Walsham(REC)	Ku-Ring-Gai	4.44.6	Ku-Ring-Gai	4.44.6	
2. M. Hackney	Koorinal	4.40.7	2. S. Walkley	Hornsby	4.54.0	2. S. Walkley	Hornsby	4.54.0	Hornsby	4.54.0	
3. J. Romyn	St. George	4.46.6	3. J. Beckhalls	Ku-Ring-Gai	4.55.7	3. J. Beckhalls	Ku-Ring-Gai	4.55.7	Ku-Ring-Gai	4.55.7	
4. J. Birch	Wyong	4.53.1	4. G. Stewart	Nepean	4.57.6	4. G. Stewart	Nepean	4.57.6	Nepean	4.57.6	
5. M. Thomas	Hornsby	4.54.2	5. N. Lisle	Armidale	5.00.7	5. N. Lisle	Armidale	5.00.7	Armidale	5.00.7	
6. A. Howell	Manly Warr.	4.56.4	6. J. Stone	Sutherland	5.00.8	6. J. Stone	Sutherland	5.00.8	Sutherland	5.00.8	
7. D. Comer	Wollongong	4.57.0	7. A. Lyons	Ku-Ring-Gai	5.04.2	7. A. Lyons	Ku-Ring-Gai	5.04.2	Ku-Ring-Gai	5.04.2	
8. G. Beizille	Woolgoolga	4.59.5	8. M. Kelly	Cowra	5.05.1	8. M. Kelly	Cowra	5.05.1	Cowra	5.05.1	
			<u>60M HURDLE</u>								
1. B. Courtney	Hills Dist.	9.2	1. N. Roff	Armidale	9.4	1. N. Roff	Armidale	9.4	Armidale	9.4	
2. S. Ramage	Sutherland	9.3	2. R. Freeman	Hills Dist.	9.4	2. R. Freeman	Hills Dist.	9.4	Hills Dist.	9.4	
3. J. Driver	Katoomba	9.3	3. A. Fletcher	Hills Dist.	9.5	3. A. Fletcher	Hills Dist.	9.5	Hills Dist.	9.5	
4. C. Saliba	Girraween	9.4	4. A. Ryan	Mac/Shores	9.5	4. A. Ryan	Mac/Shores	9.5	Mac/Shores	9.5	
5. M. Woodhouse	Illawong	9.6	5. L. Holden	Camden	9.6	5. L. Holden	Camden	9.6	Camden	9.6	
6. T. Grace	Nth.Suburbs	9.7	6. A. Pratten	E.Maitland	9.8	6. A. Pratten	E.Maitland	9.8	E.Maitland	9.8	
7. A. Benn	Nth. Suburbs	9.7	7. L. Castle	Sutherland	9.8	7. L. Castle	Sutherland	9.8	Sutherland	9.8	
8. L. Freeman	Armidale	9.7	8. D. Collins	St. George	9.9	8. D. Collins	St. George	9.9	St. George	9.9	
			<u>1500M WALK</u>								
1. M. Donell	Doonside	7.06.8	1. S. Webb	Penrith	7.15.0	1. S. Webb	Penrith	7.15.0	Penrith	7.15.0	
2. G. Vadillo	Nepean	7.13.9	2. S. Walkley	Hornsby	7.23.4	2. S. Walkley	Hornsby	7.23.4	Hornsby	7.23.4	
3. D. Mulder	Mac/Shores	7.14.5	3. N. Clifford	Nth.Districts	7.30.7	3. N. Clifford	Nth.Districts	7.30.7	Nth.Districts	7.30.7	
4. L. Wolfers	Hornsby	7.33.7	4. N. Cummings	Winston Hills	7.39.8	4. N. Cummings	Winston Hills	7.39.8	Winston Hills	7.39.8	
5. B. Farley	Mac/Shores	7.34.4	5. C. Stratford	Rand/Botany	7.41.9	5. C. Stratford	Rand/Botany	7.41.9	Rand/Botany	7.41.9	
6. D. Irving	Nepean	7.53.3	6. T. Berrin	Bell.Valley	7.55.3	6. T. Berrin	Bell.Valley	7.55.3	Bell.Valley	7.55.3	
7. D. Fitchers	Woolgoolga	7.54.7	7. N. Ofiley	Scully Park	8.06.1	7. N. Ofiley	Scully Park	8.06.1	Scully Park	8.06.1	
8. A. Mitchell	Prt.Hacking	7.58.1	8. K. Rafferty	Mac/Fields	8.15.5	8. K. Rafferty	Mac/Fields	8.15.5	Mac/Fields	8.15.5	

BOYS			UNDER 12			LONG JUMP			GIRLS		
1. G. Davies	Ryde	5.30	1. T. Blackburn			Kurri Kurri (REC)		5.42			
2. C. Saliba	Girraween	5.28	2. M. Blissett			Albury		5.06			
3. T. Anderson	Ku-Ring-Gai	5.26	3. J. Sirotic			Manly Warr.		4.97			
4. P. Bagshaw	Sutherland	5.23	4. R. Freeman			Hills Dist.		4.94			
5. G. Martin	Trangie	5.21	5. A. Coupland			Hills Dist.		4.50			
6. M. Woodhouse	Illawong	5.20	6. D. Alessio			Rand/Botany		4.86			
7. M. Rayment	Koorringai	5.17	7. G. McGuyer			Nelsons Bay		4.82			
8. B. Courtney	Hills Dist.	5.12	8. R. Strand			Liverpool		4.79			

HIGH JUMP					
1. I. Leslight	Mac/Shores	1.55	1. S. Wennekes	Sutherland	1.63
2. G. Smith	Wollondilly	1.50	2. M. Clough	Nambucca	1.53
3. R. Walsh	West Suburbs	1.50	3. S. Lehs	Tumut	1.53
4. S. Anderson	Penrith (EQ)	1.50	4. W. Eebbington	Hornsby	1.53
5. W. McDuff	Greystanes (EQ)	1.50	5. M. Sherlock	Dubbo	1.47
6. J. Drayton	Mt. Druitt	1.50	6. T. Butcher	Winston Hills	1.45
7. D. Oke	Trangie	1.50	7. A. Wilson (EQ)	Nth. Districts	1.40
8. M. Williams	Hornsby	1.50	7. K. Davis (EQ)	Cessnock	1.40

SHOT PUT					
1. B. Sharman	Mac/Shores	12.37	1. A. Marov	Manly Warr.	12.73
2. S. Hinchcliff	Penrith	12.03	2. D. Ciferson	Winston Hills	12.27
3. A. Menin	Ryde	11.86	3. M. Leppanen	Winston Hills	12.23
4. G. Verdi	Ryde	11.66	4. R. Edwards	Winston Hills	11.54
5. G. Degarnham	Bankstown	11.63	5. K. Whittaker	Campbelltown	11.46
6. B. Jaaniste	Hornsby	10.57	6. P. Foggo	Kiama	11.35
7. A. Bodan	East. Suburbs	10.05	7. K. Allen	St. George	10.99
8. K. Duke	Bankstown	9.96	8. K. Bird	St. George	10.84

DISCUS					
1. B. Jaaniste	Hornsby	41.30	1. D. Ciferson	Winston Hills	38.60
2. S. Hinchcliffe	Penrith	38.86	2. M. Leppanen	Winston Hills	31.86
3. G. Degarnham	Bankstown	38.38	3. J. Sirotic	Manly Warr.	31.20
4. G. Verdi	Ryde	35.42	4. A. Marov	Manly Warr.	30.50
5. G. Bartlett	Fairfield	35.24	5. K. Allen	St. George	29.70
6. A. Menin	Ryde	35.04	6. S. Lehs	Tumut	28.78
7. D. Tillinghurst	Lalor Prk.	35.04	7. J. Everson	Winston Hills	28.64
8. L. Wilkinson	Scully Park	34.84	8. M. Wright	Walgett	27.54

TRIPLE JUMP					
1. G. Martin	Trangie	10.57	1. A. McHale	Sutherland	10.21
2. P. St. John	Mac/Shores	10.48	2. A. Coupland	Hills Dist.	10.07
3. S. Ramage	Sutherland	10.43	3. M. Blissett	Albury	10.04
4. W. McClatchie	Wollongong	10.41	4. C. Haih	Bell/Valley	9.84
5. B. Marland	Sutherland	10.26	5. D. Thomas	Sutherland	9.80
6. J. Shorthouse	Ray/Terrace	10.17	6. L. Castle	Sutherland	9.68
7. R. Cleary	Gunnedah	10.15	7. J. Sirotic	Manly Warr.	9.62
8. G. Blake	Rand/Botany	10.15	8. R. Bailey	Tugg/Lakes	9.30

UNDER 13			100 METRES		
1. N. Farquhar	Manly Warr.	12.2	1. J. Swan	Camden	12.5
2. D. Walker	St. George	12.3	2. E. Allotey	Sth. Sydney	12.6
3. G. Spoor	Fairfield	12.3	3. B. Cosgrove	Bankstown	12.9
4. D. Balestri	Ingleburn	12.6	4. R. Hayne	Clarence Vall.	13.4
5. G. Crawford	Barooga	12.6	5. N. Bayley	Port Macquarie	13.4
6. J. McKenzie	Scully Park	13.0	6. J. Curtain	Mac/Shores	13.4
7. T. Rizniak	Albury	13.0	7. R. Hall	Nth. Districts	13.4
8. B. Willis	Camden	13.0	8. C. Betto	Bankstown	13.4

200 METRES					
1. N. Farquhar	Manly Warr.	25.1 (REC)	J. Swan	Camden (REC)	25.5
2. O. Walker	St. George	25.6	2. E. Allotey	Sth. Sydney	25.9
3. G. Spoor	Fairfield	25.9	3. B. Cosgrove	Bankstown	26.1
4. G. Crawford	Barooga	26.0	4. L. Pearson	Orange	27.1
5. J. McKenzie	Scully Park	26.4	5. N. Bayly	Port Macquarie	27.3
6. D. Balestri	Ingleburn	26.6	6. R. Hayne	Clar. Valley	27.4
7. D. James	St. George	26.7	7. C. Botto	Bankstown	27.5
8. B. Willis	Camden	26.8	8. N. Maguire	St. George	27.7

BOYS		UNDER 13	400 METRES		GIRLS	
1. J. McKenzie	Scully Park	56.1	1. J. Swan	Camden (REC)	57.1	
2. J. White	Griffith	57.5	2. B. Cosgrove	Banksstown	1.00.0	
3. A. McDermott	St. George	57.5	3. A. Harrison	Hills Dist.	1.00.7	
4. A. Wade	Hornsby	57.7	4. N. McGuire	St. George	1.01.3	
5. G. Orr	Young	57.9	5. R. Hale	Nth. District	1.01.4	
6. T. Myers	Richmond	1.00.6	6. A. Jones	Nepean	1.01.8	
7. J. Drapper	Bargo	1.01.1	7. A. Dean	Nepean	1.02.4	
8. D. Paabo	Doonside	1.01.5	8. K. Cato	Sutherland	1.02.5	

		800 METRES			
1. S. Bligh	Nepean	2.15.5	1. A. Harrison	Hills District	2.19.3
2. B. McInerney	Hills Dist.	2.16.1	2. A. Deen	Nepean	2.20.8
3. A. May	Yass	2.16.4	3. M. Baker	Albury	2.22.2
4. A. Harris	Sutherland	2.16.6	4. L. Barrett	Wyong	2.24.2
5. J. Gill	Penrith	2.18.8	5. A. Jones	Nepean	2.24.3
6. L. Leach	Glenbrook	2.20.1	6. S. Peterson	Nambucca	2.26.2
7. C. Frame	Katoomba	2.20.5	7. N. Orchard	Sutherland	2.27.7
8. A. Saunders	Canterbury	2.20.0	8. L. Dries	Mac/Fields	2.28.1

		1500 METRES			
1. A. May	Yass	4.37.9	1. A. Harrison	Hills Dist.	4.47.8
2. C. Frame	Katoomba	4.38.7	2. M. Baker	Albury	4.54.6
3. J. Gill	Penrith	4.41.1	3. N. Corbin	Ku-Rang-Gai	4.55.1
4. D. Hutchins	Winston Hills	4.43.1	4. K. Peterson	Armidale	4.56.1
5. B. Gibson	Nepean	4.49.9	5. L. Barrett	Wyong	4.58.6
6. N. Baird	Sutherland	4.50.5	6. N. Orchard	Sutherland	4.58.6
7. A. Tonkin	Winston Hills	4.52.8	7. L. Dries	Mac/Fields	5.04.3
8. J. Arnold	Sutherland	4.55.4	8. S. Peterson	Nambucca	5.05.6

		80M HURDLES			
1. D. Walker	St. George	12.2	1. M. Jensen	Campbelltown	12.4REC
2. D. Bulian	St. George	12.5	2. K. Liprini	Prt. Hacking	12.6
3. I. Woods	Hornsby	12.5	3. C. Crzesik	Glenbrook	12.7
4. C. Duma	Rutherford	12.5	4. C. Pena	Fairfield	12.9
5. D. Paabo	Doonside	12.7	5. C. Angvita	Ryde	13.4
6. S. Laughton	Hills Dist.	12.8	6. K. Zizek	Banksstown	13.4
7. J. Zabielo	Nepean	12.9	7. J. Cahill	Mosman	13.4
8. J. Coulter	Blacktown	13.1	8. K. Jaaniste	Hornsby	13.6

		1500 WALK			
1. I. O'Neill	Hornsby	7.02.5	1. P. McIntyre	Rand/Botany	7.30.9
2. H. Richardson	Prt. Hacking	7.13.7	2. L. Moloney	Nth. Districts	7.34.4
3. J. Arnold	Sutherland	7.15.3	3. R. Coleman	Penrith	7.35.7
4. G. Little	Hornsby	7.20.3	4. K. Bird	Hornsby	7.39.4
5. M. Lea	St. George	7.33.3	5. L. Reid	Rand/Botany	7.50.3
6. S. Gorsuch	Ku-Ring-Gai	7.40.1	6. K. Brown	Campbelltown	7.54.2
7. D. Lester	Rand/Botany	8.01.8	7. K. Honeman	Penrith	7.59.2
8. S. Robertson	Bargo	8.08.1	8. N. Simmonds	Woodberry	8.01.4

		200M HURDLES			
1. D. Walker	St. George	27.1	1. K. Liprini	Prt. Hacking	29.0
2. B. Figures	Winston Hill	27.8	2. J. Ward	Banksstown	29.2
3. I. Wood	Hornsby	28.4	3. C. Crzesik	Glenbrook	29.5
4. D. Paabo	Doonside	28.9	4. N. McGuire	St. George	29.9
5. C. Duma	Rutherford	29.2	5. K. Tarrant	Hornsby	30.1
6. J. Cassar	Albion Park	29.8	6. C. Pena	Fairfield	30.2
7. D. Turner	Blayney	29.8	7. K. Bail	Winston Hills	30.6
8. A. Wade	Hornsby	30.0	8. P. Webeck	Sutherland	31.5

		LONG JUMP			
1. J. McKenzie	Scully Park	5.41	1. J. Swan	Camden (REC)	5.19
2. B. Figures	Winston Hills	5.41	2. K. Zizek	Banksstown	5.18
3. S. Laughton	Hills Dist.	5.36	3. K. Tarrant	Hornsby	5.11
4. G. Spoons	Fairfield	5.32	4. A. Harrison	Hills Dist.	5.11
5. T. Fowler	Nepean	5.30	5. R. Byrde	Banksstown	4.92
6. J. Zabielo	Nepean	5.15	6. V. Smith	Orange	4.89
7. S. Wark	Nyngan	5.15	7. M. Sumner	E. Maitland	4.82
8. D. Kellett	Bathurst	5.04	8. M. Hepburn	Nepean	4.75

BOYS			GIRLS		
UNDER 13			HIGH JUMP		
1. G. Crawford	Barooga	1.69	1. K. Cato	Sutherland	1.62
2. A. Crews	Nth.Rocks Car.	1.67	2. K. Zizer	Bankstown	1.58
3. T. Fowler	Nepean	1.65	3. K. Liprini	Port Hacking	1.54
4. W. Bell	Hornsby	1.65	4. D. Harris	Hills District	1.50
5. L. Thompson	Kurr/Bilpin	1.60	5. J. Curtain (EQ)	Mac/Shores	1.45
6. M. Farley	Mac/Shores	1.60	5. M. Novoseil (EQ)	Greystanes	1.45
7. A. Hayman	Lake Illaw.	1.60	7. R. Melville	Hornsby	1.45
8. M. Dick	Katoomba	1.60	8. M. Sumner (EQ)	E.Maitland	1.40
			8. J. Stimson (EQ)	Temora	1.40

BOYS			GIRLS		
SHOT PUT			SHOT PUT		
1. N. Farquhar	Manly Warr.	15.22	1. K. Jaaniste	Hornsby REC	13.42
2. C. Impey	Mac/Fields	14.90	2. K. Fitzgerald	Fairfield	12.72
3. C. Mastoris	Rand/Botany	14.28	3. R. Byrne	Bankstown	10.86
4. J. Coleman	Sutherland	13.69	4. J. Taylor	Bankstown	10.71
5. A. McIlwaine	Girraween	13.68	5. S. Westerbrink	Winston Hills	10.44
6. A. McTaggart	Hornsby	12.60	6. R. Melville	Hornsby	10.21
7. S. Williams	Blacktown	12.07	7. G. Beattie	Clar/Valley	9.70
8. A. Guest	Parkes	12.06	8. V. Smith	Orange	9.55

BOYS			GIRLS		
DISCUS			DISCUS		
1. C. Impey	Mac/Fields	45.32	1. K. Fitzgerald	Fairfield	36.10
2. J. Coleman	Sutherland	41.08	2. P. Webeck	Sutherland	35.68
3. A. McIlwaine	Girraween	40.90	3. K. Jaaniste	Hornsby	34.00
4. N. Farquhar	Manly Warr.	37.50	4. J. Taylor	Bankstown	32.36
5. C. Bell	Bargo	37.12	5. R. Byrne	Bankstown	31.16
6. S. Williams	Blacktown	34.78	6. L. Woodbury	Manly Warr.	30.50
7. C. Mastoris	Rand/Botany	33.98	7. V. Smith	Orange	28.28
8. A. Guest	Parkes	31.20	8. K. Honeman	Penrith	27.78

BOYS			GIRLS		
TRIPLE JUMP			TRIPLE JUMP		
1. D. Kellett	Bathurst	11.56	1. K. Liprini	Prt.Hacking	10.89
2. G. Crawford	Barooga	11.16	2. K. Tarrant	Hornsby	10.70
3. D. Gillis	Lake Illaw.	10.99	3. M. Hepburn	Nepean	10.16
4. T. Cleary	Katoomba	10.90	4. A. Khan	Canterbury	10.13
5. C. Davis	Hills Dist.	10.65	5. M. Sumner	E.Maitland	10.12
6. J. Zabiolo	Nepean	10.58	6. K. Zizek	Bankstown	10.01
7. A. McDermott	St. George	10.42	7. D. Harris	Hills Dist.	9.74
8. P. James	Hornsby	10.33	8. J. Eruce	St. George	9.63

BOYS			GIRLS		
100 METRES			100 METRES		
1. J. Ivory	Mac/Shores (REC)	11.8	1. M. Clarke	Wollongong (REC)	12.6
2. N. Klimenko	Sutherland	11.8	2. K. Reid	Ku-Ring-Gai	12.8
3. T. Burns	Illawong	12.1	3. K. Costello	Wollongong	12.9
4. S. Pendlebury	Nepean	12.2	4. N. Hoening	E.Suburbs	13.1
5. S. Madden	Richmond	12.2	5. R. Hodgetts	Bankstown	13.1
6. C. Denzin	Woodberry	12.4	6. M. Ford	Lithgow	13.2
7. M. Rimmington	Emu Plains	12.6	7. D. Venzlauskas	Nepean	13.3
8. W. Staines	Canterbury	12.7	8. M. Zervadse	St. George	13.3

BOYS			GIRLS		
200 METRES			200 METRES		
1. J. Ivory (REC)	Mac/Shores	24.0	1. K. Reid (RC)	Ku-Ring-Gai	25.7
2. N. Klimenko	Sutherland	24.4	2. A. Cavanagh	Sutherland	26.0
3. S. Madden	Richmond	24.7	3. M. Clarke	Wollongong	26.1
4. T. Burns	Illawong	24.8	4. J. McKenzie	Prt.Hacking	26.4
5. G. Cox	Koorlingal	25.3	5. R. Hodgetts	Bankstown	26.7
6. M. Rimmington	Emu Plains	25.4	6. J. Burn	Moorland	26.9
7. W. Staines	Canterbury	25.6	7. L. Proletti	Werrington	27.0
8. J. McGrath	War/Mayfield	25.7	8. N. Toohy	Hornsby	27.3

BOYS			GIRLS		
400 METRES			400 METRES		
1. S. Turner	Penrith (REC)	54.8	1. K. Reid (REC)	Ku-Ring-Gai	5.6
2. W. Staines	Canterbury	55.3	2. A. Cavanagh	Sutherland	58.3
3. A. Farquhar	Sutherland	55.9	3. J. McKenzie	Prt.Hacking	59.2
4. K. Mooney	Orange	56.2	4. G. Robards	Camden	59.4
5. N. Amante	Rand/Botany	56.2	5. T. Payne	Rand/Botany	60.0
6. A. Hunt	Rand/Botany	56.6	6. K. Costello	Wollongong	1.00.4
7. C. Rowley	Winston Hill	59.2	7. L. Prioetti	Werrington	1.00.4
8. K. Clifford	Nepean	1.01.1	8. S. Page	Nepean	1.00.6

BOYS		UNDER 14	800 METRES	GIRLS	
1.	A. Hunt (REC)	Rand/Botany	2.05.9	1.	L. Fursman
2.	M. Amante	Rand/Botany	2.06.4	2.	S. Page
3.	M. Latimore	Wingham	2.07.9	3.	A. Bonham
4.	T. Letcher	Bathurst	2.10.1	4.	M. Blakeney
5.	S. Turner	Penrith	2.11.8	5.	J. Curran
6.	A. Farquhar	Sutherland	2.12.8	6.	K. Boyd
7.	K. Clifford	Nepean	2.14.0	7.	K. Hall
8.	D. Baker	Fairfield	2.14.2	8.	S. Coutts
					Camden (REC) 2.14.4
					Nepean 2.16.7
					Nepean 2.19.5
					Glenbrook 2.22.2
					Wingham 2.24.9
					E.Lakes 2.26.1
					Illawong 2.27.1
					Glenbrook 2.27.8

		1500 METRES			
1.	A. Hunt (REC)	Rand/Botany	4.17.8	1.	L. Fursman
2.	K. Clifford	Nepean	4.18.2	2.	S. Page
3.	M. Amante	Rand/Botany	4.19.8	3.	K. Power
4.	T. Letcher	Bathurst	4.22.3	4.	M. Blakeney
5.	M. Latimore	Wingham	4.30.8	5.	C. Robbards
6.	B. Halpin	Sutherland	4.33.1	6.	J. Curran
7.	G. Yeo	Yass	4.35.4	7.	K. Hall
8.	D. Baker	Fairfield	4.41.0	8.	K. Boyd
					Camden (REC) 4.39.2
					Nepean 4.47.4
					Emu Plains 4.48.8
					Glenbrook 4.53.9
					Camden 5.03.0
					Wingham 5.03.0
					Illawong 5.07.6
					E.Lakes 5.12.6

		800M HURDLES			
1.	J. Ivory (REC)	Mac/Shores	11.8	1.	A. Cavanagh
2.	D. King	Campbelltown	12.2	2.	M. Zerzadse
3.	D. Dell'Annunziata	Bankst.	12.7	3.	C. Thebridge
4.	B. Sou	Mac/Shores	12.8	4.	N. Johnson
5.	A. Taylor	Rand/Botany	12.9	5.	F. Dorey
6.	M. Rawnsley	Hills Dist.	13.1	6.	S. Ferguson
7.	P. Smith	Winston Hill	13.4	7.	L. Washington
8.				8.	D. Coulton
					Sutherland (REC) 12.6
					St.George 13.2
					Campbelltown 13.4
					Mac/Shores 13.4
					Ku-Ring-Gai 13.5
					Girraween 13.7
					Glenbrook 13.7
					Hornsby 31.8

		200M HURDLES			
1.	J. Ivory (REC)	Mac/Shores	25.1	1.	A. Cavanagh
2.	N. Klimenko	Sutherland	25.6	2.	J. Burns
3.	T. Burns	Illawong	26.6	3.	L. Washington
4.	B. Sou	Mac/Shores	26.6	4.	K. Charlton
5.	K. Mooney	Orange	27.0	5.	N. Johnson
6.	M. Amante	Rand/Botany	28.2	6.	C. Thebridge
7.	M. Rimington	Emu Plains	28.3	7.	J. Watson
8.	C. Flynn	St.George	28.7	8.	L. Ariens
					Sutherland (REC) 27.8
					Moorland 28.7
					Glenbrook 28.9
					Nepean 29.5
					Mac/Shores 29.5
					Campbelltown 29.5
					Banana Coast 30.3
					Rand/Botany 30.4

		1500M WALK			
1.	K. Clifford	Nepean (REC)	6.19.5	1.	P. Martin (REC)
2.	G. Yeo	Yass	6.36.5	2.	T. Bartlett
3.	D. Mison	Nepean	6.43.4	3.	M. Doyle
4.	D. Delaney	Rand/Botany	6.52.3	4.	J. Clifford
5.	D. Lane	Nth.Surbs.	7.03.4	5.	D. Richter
6.	A. O'Brien	Woolgoolga	7.13.4	6.	K. Nowland
7.	C. Webb	Penrith	7.24.9	7.	K. Willoughby
8.	N. Goodburn	Mac/Shores	7.33.0	8.	C. Griffith
					Leithbridge P. 7.09.5
					Fairfield 7.24.2
					Rand/Botany 7.31.3
					Nth.Districts 7.52.0
					Campbelltown 8.00.1
					Leithbridge Pk. 8.03.6
					Nepean 8.16.3
					Nth.Districts 8.21.3

		LONG JUMP			
1.	S. Pendlebury	Nepean (REC)	6.08	1.	K. Charlton
2.	B. Sou	Mac/Shores	5.90	2.	E. Gilchrist
3.	A. Taylor	Rand/Botany	5.56	3.	L. Whiteside
4.	M. Dorrans	Blacktown	5.39	4.	K. Hayes
5.	R. Carty	Albury	5.35	5.	J. McKenzie
6.	H. Okul	Rand/Botany	5.28	6.	D. Venzlaukas
7.	M. Flegeltaub	Albury	5.11	7.	T. Caldwell
8.	D. Plummer	Mac/Fields	5.06	8.	L. Proletti
					Nepean 5.33 REC
					Wyong 5.20
					Winston Hills 5.08
					Walcha 4.96
					Pt. Hacking 4.95
					Nepean 4.93
					Penrith 4.93
					Werrington 4.85

		HIGH JUMP			
1.	B. Thomasson	Bell/Valley (REC)	1.74	1.	C. Robards
2.	K. Mooney	Orange	1.72	2.	T. Roberts
3.	M. Hanson	Penrith	1.70	3.	S. Henry
4.	W. Bremner	Rand/Botany	1.70	4.	A. McDonnell
5.	G. Biffen	Camden	1.70	5.	K. Longshaw (EQ)
6.	R. Priestley	Scully Park	1.65	6.	N. Medau (EQ)
7.	M. Flegeltaub	Albury	1.65	7.	N. Johnston (EQ)
8.	G. Cox	Koorinal	1.60	8.	N. Toohy (EQ)
					Camden (REC) 1.58
					Wellington 1.56
					Winston Hills 1.52
					Sutherland 1.50
					Ryde 1.45
					Wagga PYC 1.45
					Mac/Shores 1.45
					Hornsby 1.45

OYS	UNDER 14	SHOT PUT	GIRLS
W. Roach	Mac/Shores(REC)16.00	1. C. Chapman	Rand/Botany 12.70REC
H. Oku	Rand/Botany 13.32	2. S. Hart	Blayney 11.68
M. Constantinidas	Rand/Bot13.28	3. K. Burke	Springwood 11.36
M. Dorrans	Blacktown 13.19	4. J. Duncas	Sth.Sydney 10.42
J. Seovic	Camden 12.83	5. J. Blackburn	Gunnedah 10.38
E. Kells	Jamison 12.76	6. D. Eirth	Rand/Botany 10.30
N. Scott-Rogers	Hills Dit.12.05	7. L. Foggo	Kiama 9.92
R. Beavan	Wyong 11.36	8. P. Madie	Albury 9.91

DISCUS	
W. Roach(REC)	Mac/Shores 48.26
A. Constantinidas	Rand/Bot.42.34
C. Mazurek	Penrith 37.74
G. Biffen	Camden 36.46
J. Marsh	Werrington 35.62
D. Kells	Jamison 35.28
C. Cason	Riverstone 35.10
G. Foley	Blacktown 34.42
C. Chapman	Rand/Botany(REC)36.14
N. Campbell	Mac/Shores 31.94
J. Duncan	Sth.Sydney 31.76
S. Hart	Blayney 30.96
K. Burke	Springwood 30.38
T. Blackburn	Gunnedah 30.32
L. Foggo	Kiama 29.88
V. Turk	Bankstown 28.30

TRIPLE JUMP	
S. Pendlebury	Nepean(REC) 12.28
G. Cox	Koorringal 12.01
D. Plimmer	Mac/Fields 11.84
D. Dell'Annunziata	Banks. 11.69
R. Carty	Albury 11.34
M. Flegeltaub	Albury 11.23
D. Tynan	E.Maitland 11.06
K. Mooney	Orange 10.88
K. Charlton	Nepean (REC) 10.60
D. Venzlauskas	Nepean 10.27
S. Henry	Winston Hills 10.26
S. Ferguson	Girraween 10.19
L. Washington	Glenbrook 10.11
K. Hayes	Walcha 10.05
R. Fitzgerald	Springwood 10.02
M. Simcox	Blacktown 10.01

MULTI EVENT	
M. Fotheringham	Mac/Flds. 5875(REC)
D. Bentley	Illawong 5650
M. Johnston	Katoomba (EQ)5600
D. Barrett	(EQ)Hills Dist(EQ)5600
C. Nettlebeck	Leeton 5525
M. Copeland	Emu Plains(EQ)5125
D. Venning	Hills Dist(EQ)5125
A. Ladd	Nth.Suburbs 5075
S. Martin	St. George(REC) 4850
M. Love	Rand/Botany 4225
K. Matheson	Camden 4200
V. Cali	Rand/Botany 4175
A. Bohdan	Nth.Districts 3975
C. Wilkins	Colyton 3950
J. Letters	Glenbrook 3925
K. Melville	Pt.Hacking 3750

MIXED RELAY			
1. NEPEAN	51.3	1. RANDWICK BOTANY	52.6
2. SUTHERLAND	51.5	2. SUTHERLAND	52.8
3. WINSTON HILLS	51.8	3. HILLS DISTRICT	52.9
4. MACQUARIE SHORES	52.0	4. CAMDEN	53.1
5. RANDWICK BOTANY	52.2	5. WINSTON HILLS	54.1
6. HORNSBY	52.4	6. NEPEAN	54.1
7. MACQUARIE FIELDS	53.3	7. ALBURY	54.3
		8. LAKE ILLAWARRA	54.7

MARCH PAST WINNERS - ST. GEORGE