

LITTLE ATHLETICS ASSOCIATION OF NEW SOUTH WALES

RESULTS - SHELLEYS STATE CHAMPIONSHIPS - SYLVANIA WATERS

MARCH 21 - 22, 1987

UNDER 9

BOYS

100 METRES

GIRLS

1. D. Plunkett	Junee	14.6	1. J. Shepherd	Nth. Districts	15.0
2. C. Pelham	St. George	14.6	2. P. Thompson	Manly Warr.	15.2
3. N. Badder	Bankstown	14.8	3. S. Lappan	Ku-Ring-Gai	15.3
4. M. McGrath	Illawong	14.9	4. R. McDonald	Clarence Val.	15.4
5. J. Vuça	Farramatta	15.0	5. D. Kerr	Winston Hills	15.4
6. G. Ebinger	Bankstown	15.0	6. D. Ferraro	St. George	15.5
7. S. Smith	Hornsby	15.1	7. J. Delves	Hornsby	15.7
8. P. Dwyer	Koorlingal	15.1	8. J. Hayden	Gosford	15.8

200 METRES

1. C. Pelham	St. George	29.4	1. J. Shepherd	Nth/Districts	29.9
2. P. Dwyer	Koorlingal	29.5	2. D. Ferraro	St. George	30.3
3. J. Smith	Hornsby	29.7	3. P. Thompson	Manly Warr.	30.5
4. J. Carter	Manly Warr.	30.2	4. S. Lappan	Ku-Ring-Gai	30.8
5. A. Kolts	Pt. Hacking	30.3	5. R. McDonald	Clarence Val.	30.9
6. M. Batgie	Mullumbimby	30.5	6. D. Kerr	Winston Hills	31.4
7. D. Cross	Clarence Val	30.5	7. L. Condren	St. George	31.4
8. C. Woodhouse	Camden	30.6	8. L. Richardson	Dubbo	31.5

400 METRES

1. A. Kolts	Pt. Hacking	1:08.8	1. D. Ferraro	St. George	1:10.6
2. P. Dwyer	Koorlingal	1:09.2	2. V. King	Campbelltown	1:11.4
3. B. Halls	Rand. Botany	1:09.9	3. K. Nealon	Tugg. Lakes	1:11.5
4. P. Chase	Leeton	1:10.7	4. J. Delves	Hornsby	1:13.5
5. A. Courtney	Winston Hill	1:11.0	5. R. McDonald	Clarence Val.	1:14.5
6. B. Spence	Illawong	1:11.3	6. M. Hepworth	Werrington	1:15.7
7. T. Richardson	Ryde	1:12.8	7. K. Sutton	Sutherland	1:16.8
8. M. Rennie	Pt. Hacking	1:13.1	8. E. Nix	Taree	1:19.2

800 METRES

1. T. Danne	Bankstown	2:34.1	1. V. King	Cessnock	2:38.0
2. S. Archer	Hornsby	2:35.3	2. C. Wright	Hornsby	2:43.0
3. A. Courtney	Winston Hill	2:37.7	3. M. Hepworth	Werrington	2:43.4
4. M. Rennie	Pt. Hacking	2:38.6	4. K. Nealon	Tugg. Lakes	2:44.6
5. C. Myers	Terrigal/Wam.	2:43.5	5. U. Rodway	Pt. Hacking	2:46.5
6. B. Spence	Illawong	2:44.0	6. L. Reekers	Manly Warr.	2:47.3
7. A. Dowell	Campbelltown	2:46.0	7. E. Middlebrook	Bellinger	2:52.4
8. M. Jack	Hornsby	2:46.3	8. K. Sutton	Sutherland	2:54.4

60M HURDLES

1. J. Smith	Hornsby (Rec)	10.2	1. S. Rourke	Tamworth (Rec)	10.3
2. S. Pritchard	Mac. Fields	10.5	2. S. Chen	Ku-Ring-Gai	10.5
3. D. Puebla	St. George	10.6	3. B. Smith	Winston Hills	10.5
4. S. Guthrie	Ku-Ring-Gai	10.6	4. U. Rodway	Pt. Hacking	10.5
5. S. Griffiths	Manly Warr.	10.7	5. B. Gould	East Lakes	10.6
6. T. Brown	Lake Ill.	10.8	6. C. Wright	Hornsby	10.7
7. A. Kolts	Pt. Hacking	10.8	7. C. Cambridge	Manly Warr.	10.7
8. M. Nielson	Emu Plains	10.9	8. D. Jones	Kurrajong	11.9



OUR STATE SPONSOR

BOYS

800M WALK

1. K. Rastall	Nepean	3:49.0
2. C. Beacroft	Blacktown	4:03.3
3. S. Teavers	Woy Woy	4:12.4
4. S. Mak	Nth Rocks/C'	4:14.7
4. M. Close	Tilligerry	4:15.0
6. W. Cotterill	Woodberry	4:15.8
7. D. Hubbard	Leth. Park	4:16.7
8. B. Cooke	Glenbrook	4:24.0

GIRLS

Rand. Botany	3:58.0
Rand. Botany	4:06.5
Illawong	4:07.8
Richmond	4:14.3
Nepean	4:14.5
Mac. Shores	4:14.5
Nepean	4:15.7
Rand. Botany	4:19.7

HIGH JUMP

1. J. Robards	St. George	1.26	1. S. Chen	Ku-Ring-Gai	1.21
2. C. Boyson	St. George	1.26	2. P. Thompson	Manly Warr.	1.21
3. G. Ebinger	Bankstown	1.22	3. L. Reekers	Manly Warr.	1.17
4. S. Hayes	Manly Warr.	1.20	4. D. Kerr	Winston Hills	1.15
5. B. Henry	Winston Hill	1.20	5. M. Smart	Emu Plains (Eq)	1.10
6. S. Purnell	Nepean	1.15	5. K. Moore	St. George (Eq)	1.10
7. M. Giddings	Cessnock	1.15	7. J. Smith	Kurrajong	1.10
8. J. Turzynski	Bowral	1.15	8. S. Kent	Nth. Illawarra	1.05

LONG JUMP

1. G. Ebinger	Bankstown	4.50	1. S. Shepherd	Nth. Districts	4.26
2. M. Wright	Prospect	4.15	2. L. Richardson	Dubbo	4.21
3. P. Dwyer	Koorringal	4.15	3. D. Ferraro	St. George	4.15
4. M. Bathie	Mullumbimby	4.09	4. D. Kerr	Winston Hills	3.93
5. J. Turzynski	Bowral	4.02	5. D. Jones	Kurrajong	3.87
6. W. Goode	Temora	3.97	6. S. Rourke	Tamworth	3.84
7. S. Pritchard	Mac. Fields	3.93	7. U. Rodway	Pt. Hacking	3.83
8. W. Ward	Sutherland	3.92	8. J. Hayden	Gosford	3.79

SHOT PUT

1. J. Helou	Bankstown	9.37	1. S. Pierce	Tugg. Lakes	7.20
2. N. Bradley	Hornsby	9.07	2. M. Everson	Winston Hills	7.12
3. S. Petrovic	Rand. Botany	8.82	3. K. Simmons	Hills Dist.	6.89
4. T. Danne	Bankstown	8.80	4. J. Blackburn	Gunnedah	6.65
5. A. Wiczorek	Woodberry	8.72	5. G. Myers	Gosford	6.57
6. S. Griffiths	Manly Warr.	8.71	6. K. Campbell	Gunnedah	6.52
7. J. Carter	Manly Warr.	8.12	7. A. Poto	Camden	6.40
8. B. Cornick	East Mait.	7.88	8. V. Freeman	Canterbury	6.32

DISCUS

1. C. Pagnmenta	Penrith	29.60	1. P. Thompson	Manly Warr.	23.40
2. S. Murray	Medowie	29.12	2. O. Harrison	Winston Hills	20.82
3. N. Bradley	Hornsby	28.82	3. A. Poto	Camden	20.82
4. S. Petrovic	Rand. Botany	27.54	4. N. Maxfield	Winston Hills	20.46
5. A. Grant	St. George	26.96	5. D. Sheedy	Bankstown	20.22
6. M. McGrath	Illawong	26.88	6. V. Cali	Sutherland	19.74
7. J. Lord	Lake Ill.	23.10	7. K. Simmons	Hills Dist.	19.60
8. D. Schofield	Ryde	22.32	8. K. Nealon	Tuqq. Lakes	19.36

UNDER 10

100 METRES

1. T. Wilson	Camden	13.9	1. F. Melville	Hornsby	14.5
2. M. Guzman	Bankstown	14.2	2. R. Fernandes	Ryde	14.5
3. S. Pethybridge	Winston Hill	14.2	3. J. Peterson	Woy Woy	14.5
4. S. Russo	Lake Ill.	14.3	4. C. Andrew	Nth. Rocks/C'f	14.6
5. J. Knight	Inglebrun	14.3	5. L. Saliba	Girraween	14.8
6. D. Whitehead	Woy Woy	14.3	6. N. Moore	Rand. Botany	14.8
7. N. McCully	Colyton/St.C	14.4	7. C. McGrath	Illawong	14.8
8. D. Walker	Scully Park	14.5	8. S. Creasey	Girraween	15.1

BOYS

200 METRES

1. T. Wilson	Camden	27.9	1. J. Peterson	Woy Woy	28.9
2. S. Matzelle	Rand.Botany	28.3	2. R. Fernandes	Ryde	29.0
3. N. McCully	Colyton/St.C	28.7	3. C. Andrews	Nth.Rocks/C'f	29.2
4. T. Simpson	Ku-Ring-Gai	29.0	4. C. McGrath	Illawong	29.4
5. S. Pethybridge	Winston Hill	29.0	5. F. Melville	Hornsby	29.6
6. P. Williams	Winston Hill	29.0	6. N. Moore	Rand. Botany	30.0
7. S. Russo	Lake Ill.	29.0	7. G. Chadwick	Manly Warr.	30.4
8. N. Ciavarella	Leeton	29.7	8. J. Fredericks	Ku-Ring-Gai	30.6

GIRLS

400 METRES

1. D. Weigand	Bankstown	1:05.5	1. S. McKeown	Camden	1:06.7
2. T. Simpson	Ku-Ring-Gai	1:05.7	2. A. Burne	Pt. Hacking	1:08.7
3. S. Appleyard	Pt. Hacking	1:05.9	3. F. Melville	Hornsby	1:09.9
4. P. Williams	Winston Hill	1:06.9	4. D. Fearney	Blayney	1:10.7
5. D. Murphy	Claymore	1:07.3	5. N. Moore	Rand. Botany	1:12.0
6. P. Wade	Hornsby	1:07.3	6. P. King	Sutherland	1:13.6
7. S. Turner	Rand. Botany	1:08.8	7. R. Fernandes	Ryde	1:15.7
8. B. Price	East Mait.	1:08.8	8. C. Andrews	Nth.Rocks/C'f	2:08.4

800 METRES

1. C. Kunert	Inglebyrn	2:27.5	1. S. McKeown	Camden	2:33.8
2. S. Antony	Gosford	2:29.0	2. C. Andrews	Nth.Rocks/C'f	2:36.9
3. D. Murphy	Claymore	2:29.1	3. F. Melville	Hornsby	2:37.0
4. D. Clinton	Camden	2:31.6	4. D. Fearnley	Blayney	2:39.2
5. S. Mortlock	Nth.Suburbs	2:34.4	5. W. Nelllebeck	Albury	2:39.3
6. T. Scicluna	Hills Dist.	2:35.1	6. M. Simson	Liverpool	2:40.2
7. P. Williams	Winston Hill	2:36.8	7. D. Horgan	Shoalhaven	2:40.9
8. S. Turner	Rand.Botany	2:37.5	8. J. Truscott	Hornsby	2:41.1

1500 METRES

1. G. King	Campbelltown	4:56.7	1. W. Nettelbeck	Albury	5:14.1
2. S. Antony	Gosford	4:59.4	2. S. McKeown	Camden	5:14.8
3. C. Kunert	Ingleburn	5:06.9	3. M. Simson	Liverpool	5:21.1
4. B. Price	East Mait.	5:09.1	4. S. Ledwell	Sutherland	5:25.4
5. A. Finlayson	Hornsby	5:09.3	5. J. Truscott	Hornsby	5:26.3
6. A. Walker	Pt. Hacking	5:11.4	6. K. Barney	Wyong	5:27.3
7. A. Molachino	Scully Park	5:13.8	7. D. Horgan	Shoalhaven	5:28.7
8. J. Smith	Wollondilly	5:14.0	8. N. Weston	Armidale	5:28.9

60M HURDLES

1. J. Knight	Ingleburn	9.4	1. A. Blackburn	Kurri (Rec)	9.5
2. G. Lester	Rand. Botany	9.4	2. N. Moore	Rand.Botany	9.6
3. M. Carroll	Mac. Shores	9.5	3. K. Rolfe	Cardiff	10.2
4. S. Weigand	Bankstown	9.5	4. G. Chadwick	Manly Warr.	10.2
5. D. Hubner	Nth.District	9.7	5. M. Nacsa	Mullumbimby	10.3
6. J. Quelch	Gwydir	9.8	6. M. Harris	Hornsby	10.4
7. C. Pound	Winston Hill	9.9	7. J. Yeomans	Nth.District	10.5
			8. K. Laws	Hills District	10.6

800M WALK

1. G. Floeg	Nepean	3:43.9	1. C. Webb	Penrith (Rec)	3:40.4
2. I. Ibrahim	Nepean	3:45.5	2. S. Harman	Manly Warr.	3:43.3
3. M. Lobina	St. George	3:48.1	3. L. Coffee	Nepean	3:44.7
4. J. Brenycz	Tallawong Pk	3:48.2	4. C. Little	Hornsby	3:44.8
5. M. Barry	Winston Hill	3:52.3	5. S. Kenneth	Sutherland	4:08.1
6. N. Nash	Tugg. Lakes	3:58.8	6. S. Paine	Mac.Shores	4:11.3
7. B. Gladdish	Tilligerry	4:07.4	7. E. Bain	Springwood	4:13.0
8. M. Richardson	Doonside	4:07.5	8. T. Hummelshoj	Bathurst	4:14.5

BOYS

HIGH JUMP

1. G. Bransgrove	Mac. Shores	1.43
2. A. Riordan	Gunnedah	1.37
3. D. Whitehead	Woy Woy	1.37
4. R. Bostron	Edgeworth	1.35
5. I. Ibrahim	Nepean	1.35
6. J. Quelch	Gwydir	1.30
7. B. Price	East Mait (Eq)	1.30
7. I. Davey	Hornsby (Eq)	1.30

GIRLS

1. M. Harris	Hornsby	1.34
2. S. Brown	Dubbo	1.29
3. R. Dennis	Kurrajong	1.25
4. D. Horgan	Shoalhaven (Eq)	1.25
4. B. Nicholas	Balmain (Eq)	1.25
6. K. Vidler	Terrigal/Wam.	1.20
7. J. Capon	Emu Plains	1.20
8. F. Liprini	Pt. Hacking	1.20

LONG JUMP

1. D. Whitehead	Woy Woy	4.56
2. M. Carroll	Mac. Shores	4.51
3. D. Huber	Nth. Dist.	4.50
4. D. Wiegand	Bankstown	4.49
5. J. Quelch	Gwydir	4.31
6. A. Molachino	Scully Park	4.29
7. A. Tzannes	Eastern Sub.	4.26
8. G. Lester	Rand. Botany	4.23

1. O. Skene	Rand. Botany	4.33
2. M. Harris	Hornsby	4.27
3. L. Saliba	Girraween	4.19
4. K. Laws	Hills District	4.18
5. J. Hass	Blacktown	4.16
6. B. Burke	Nepean	4.06
7. S. Brown	Dubbo	4.00
8. P. King	Sutherland	4.00

SHOT PUT

1. F. Halpin	Hills Dist.	10.80
2. M. Salvatore	Illawong	10.07
3. J. Ayres	Bankstown	10.03
4. S. Tonkin	Winston Hill	9.94
5. S. Reeves	Pt. Hacking	9.87
6. J. Boersma	Lake Ill.	9.38
7. D. Lawson	Tugg. Lakes	9.37
8. P. Bicknell	Albion Park	9.28

1. M. Harris	Hornsby	8.79
2. N. Fenwick	Mac. Shores	8.59
3. R. Durham	Rand. Botany	8.32
4. M. Munn	Hornsby	8.27
5. J. Ferguson	Ku-Ring-Gai	8.25
6. K. Bennett	Winston Hills	8.20
7. A. Morrison	Campbelltown	7.92
8. D. Zonneveld	Dapto	7.65

DISCUS

1. D. Huber	Nth. Dist.	37.10
2. P. Halpin	Hills Dist.	34.96
3. M. Stcherbina	Pt. Hacking	34.56
4. I. Imbrahim	Nepean	34.30
5. D. Whitehead	Woy Woy	33.50
6. S. Tonkin	Winston Hill	31.58
7. S. Turner	Rand. Botany	31.04
8. C. Mumberson	Illawong	30.86

1. R. Dundham	Rand. Botany	25.36
2. M. Aylett	Hills Dist.	25.06
3. K. Huff	Edgeworth	24.60
4. K. Bennett	Winston Hills	24.46
5. M. Munn	Hornsby	24.42
6. E. Hodges	Greystanes	23.20
7. N. Fenwick	Mac. Shores	21.84
8. O. Skene	Rand. Botany	21.74

UNDER 11

100 METRES

1. D. Grant	Pt. Hacking	13.6
2. M. Wheelton	Canowindra	13.6
3. J. Kerr	Rand. Botany	13.7
4. A. Somerville	Liverpool	13.7
5. S. Harris	Mac. Shores	13.7
6. D. Connell	Manly Warr.	13.7
7. P. Treharne	Manly Warr.	13.9
8. K. Noonan	Hornsby	13.9

1. N. Watts	Scully Park	13.6
2. S. Dundas	Sawtell/Toor.	14.4
3. B. McNaughton	Holroyd	14.4
4. K. Saunders	Wagga PYC	14.4
5. B. Rangott	Manly Warr.	14.6
6. K. Wood	Mittagong	14.6
7. M. Mantikos	Rand. Botany	14.6
8. R. Massey	Ryde	15.2

200 METRES

1. D. Grant	Pt. Hacking	27.1
2. T. Watson	St. George	27.3
3. P. Treharne	Manly Warr.	27.4
4. A. Somerville	Liverpool	27.5
5. M. Wheelton	Canowindra	27.6
6. E. Granata	Holroyd	27.6
7. D. Connell	Manly Warr.	28.0
8. S. Harris	Mac. Shores	28.3

1. N. Watts	Scully Park	27.2
2. S. Gown	Kiama	27.9
3. K. Saunders	Wagga PYC	28.0
4. S. Dundas	Sawtell/Toor.	28.3
5. B. Rangott	Manly Warr.	28.3
6. Y. Lynch	Pt. Hacking	28.4
7. K. Wood	Mittagong	28.7
8. B. McNaughton	Holroyd	29.1

BOYS

400 METRES

1. T. Watson	St. George	1:01.6	1. N. Watts	Scully Park	1:02.9
2. M. Olsen	Greystanes	1:02.5	2. C. Weston	Armidale	1:04.8
3. J. Robinson	Nth.Rocks/C'	1:02.8	3. S. Harrison	Nepean	1:05.9
4. N. Wallington	Hills Dist.	1:03.0	4. J. West	Campbelltown	1:06.8
5. G. Morrison	Terrigal/Wam.	1:03.9	5. J. Berrell	St. George	1:06.8
6. D. Gibson	Nepean	1:04.8	6. S. Bloom	Sutherland	1:07.4
7. G. Hamilton	Manly Warr.	1:06.2	7. M. Riley	Lake Ill.	1:07.7
8. E. Granata	Holroyd	1:07.8	8. S. Sammut	Woy Woy	1:08.9

800 METRES

1. T. Watson	St. George	2:21.7	1. S. Harrison	Nepean	2:30.5
2. T. Aucello	St. George	2:21.9	2. K. Watkins	Albion Park	2:33.2
3. M. Callahan	Sutherland	2:26.7	3. S. Sammut	Woy Woy	2:35.3
4. A. Rhodes	Mudgee	2:27.8	4. M. Harding	Yass	2:37.8
5. D. Gibson	Nepean	2:29.4	5. F. Mulrooney	Ryde	2:39.9
6. G. Jones	Katoomba	2:32.2	6. N. Blackstone	Campbelltown	2:42.1
7. J. Robinson	Nth.Rocks/C'	2:34.0	7. N. Clark	Glen Innes	2:42.8
8. V. Drash	Wellington	2:36.0	8. S. Bloom	Sutherland	2:43.8

1500 METRES

1. T. Auciello	St. George	4:45.4	1. S. Harrison	Nepean	5:03.2
2. N. Wallington	Hills Dist.	4:52.9	2. J. Berrell	St. George	5:06.4
3. M. Callahan	Sutherland	4:54.0	3. J. Thompson	Hills Dist.	5:12.9
4. D. Gibson	Nepean	4:54.2	4. M. Harding	Yass	5:17.0
5. B. Mawhinney	Bellinger	5:00.2	5. K. Watkins	Albion Park	5:19.9
6. B. Couch	Camden	5:04.6	6. C. Weston	Armidale	5:20.6
7. M. McAtamney	Narrandera	5:09.9	7. N. Blackstone	Campbelltown	5:22.2
8. T. Clement	Tugg. Lakes	5:11.3	8. L. Dolly	Manly Warr.	5:23.6

60M HURDLES

1. J. Kerr	Rand. Botany	9.4	1. C. Kennedy	Ku-Ring-Gai	9.6
2. B. Schrader	Mac. Shores	9.4	2. R. Massey	Ryde	10.0
3. D. Grant	Pt. Hacking	9.5	3. T. Johnston	Wollongong	10.0
4. J. Shortland	Rand. Botany	9.7	4. K. Standing	Bankstown	10.0
5. H. Treharane	Manly Warr.	9.7	5. M. Guthrie	Rand. Botany	10.3
6. W. Horder	Hills Dist.	9.8	6. J. Bell	Wollongong	10.5
7. S. Puckett	Bankstown	9.9	7. S. Best	Illawong	10.5
8. C. Woodruff	Manly Warr.	10.0	8. L. Proietti	Nepean	10.7

1500M WALK

1. D. O'Mara	Fairfield	7:05.8	1. S. Stratford	Rand. Botany	7:30.5
2. P. Beacroft	Blacktown	7:07.3	2. C. Dodds	Nepean	7:37.5
3. G. Twee	Campbelltown	7:19.8	3. Y. Rogencamp	Nth.Districts	7:41.8
4. N. Fordward	Rand. Botany	7:22.5	4. M. Coulter	Blacktown	7:50.1
5. C. Stevens	Tallawong Pk	7:22.6	5. K. Jones	Glen Innes	7:51.6
6. S. Mison	Nepean	7:39.8	6. M. Pearce	Nepean	7:59.7
7. B. Lloyd	Mac. Shores	7:47.5	7. J. Thompson	Hills Dist.	8:01.8
8. S. Lean	Hornsby	7:52.2	8. A. Wilson	Campbelltown	8:10.8

HIGH JUMP

1. A. Moore	Fairfield	1.49	1. M. Graham	Doonside	1.45
2. J. Shortland	Rand. Botany	1.47	2. H. Lotze	St. George	1.39
3. N. Braybon	Dubbo	1.45	3. L. Proietti	Nepean	1.39
4. B. Davies	Springwood	1.45	4. J. Plattner	Nepean	1.37
5. A. Flint	Western Sub.	1.40	5. J. Barron	Ku-Ring-Gai (Eq)	1.30
6. B. Glover	Woodberry	1.40	5. V. Young	Ku-Ring-Gai (Eq)	1.30
7. D. Fairclough	Green Valley	1.40	7. M. Gardiner	Campbelltown	1.30
8. S. Mison	Nepean	1.35	8. L. Mackay	Rand. Botany (Eq)	1.25
			8. E. Martin	Trangie (Eq)	1.25

BOYS

LONG JUMP

1. C. Woodroff	Manly Warr.	5.06
2. D. Grant	Pt. Hacking	4.96
3. J. Milner	Ryde	4.75
4. W. Horder	Hills Dist.	4.75
5. J. Kerr	Rand. Botany	4.63
5. E. Granata	Holroyd	4.59
7. B. Harman	Orange	4.56
8. P. Robbins	Scully Park	4.43

GIRLS

1. C. Kennedy	Ku-Ring-Gai	4.55
2. L. Proietti	Nepean	4.48
3. N. Watts	Scully Park	4.47
4. S. Gown	Kiama	4.44
5. B. Page	Hills Dist.	4.37
6. N. Taylor	South Sydney	4.37
7. S. Dundas	Sawtell/Toor.	4.35
8. D. Shawyer	Gouiburn	4.29

TRIPLE JUMP

1. T. Stratford	Hornsby	10.29
2. G. Cotterill	Woodberry	10.04
3. A. McNamara	Bankstown	9.76
4. A. Flint	Western Sub.	9.63
5. S. Puckett	Bankstown	9.62
6. S. Richardson	Hornsby	9.50
7. P. McDonald	Albion Park	9.21
8. S. Murphy	Koorringal	9.08

1. M. Mantikos	Rand. Botany	10.02
2. B. Page	Hills Dist.	9.85
3. K. Standing	Bankstown	9.65
4. E. Bengowski	Hills Dist.	9.44
5. C. Kennedy	Ku-Ring-Gai	9.30
6. N. Dick	Katoomba	9.23
7. E. Martin	Trangie	9.22
8. L. Quirk	Barooga	9.10

SHOT

1. S. Roelofs	Werrington	9.86
2. A. Constable	Lithgow	9.84
3. M. Figures	Winston Hill	9.45
4. J. Prior	Penrith	8.66
5. T. Zlomislic	Doonside	8.44
6. A. Kroehnert	Winston Hill	7.98
7. R. Cassettari	Holroyd	7.92
8. B. Glover	Woodberry	7.63

1. K. Standing	Bankstown (Rec)	12.78
2. B. Rangott	Manly Warr.	11.37
3. N. Taylor	South Sydney	11.02
4. D. White	Werrington	10.67
5. K. Doublet	Rand. Botany	10.27
6. A. Moodie	Campbelltown	9.73
7. R. O'Riordan	Ku-Ring-Gai	9.69
8. T. Cooper	Ku-Ring-Gai	9.44

DISCUS

1. D. Fairclough	Green Valley	30.26
2. A. Constable	Lithgow	29.68
3. E. Baica	Manly Warr.	29.66
4. S. Berriford	Werrington	29.30
5. S. Roelofs	Werrington	28.54
6. T. Zlomislic	Doonside	28.10
7. B. Glover	Woodberry	27.82
8. D. Connell	Manly Warr.	27.58

1. K. Doublet	Rand. Botany	30.56
2. N. Taylor	South Sydney	29.22
3. K. Standing	Bankstown	26.36
4. K. Jeanneret	Winston Hills	25.16
5. C. Hooper	Mudgee	24.92
6. D. White	Werrington	24.56
7. B. Rangott	Manly Warr.	24.22
8. V. Jones	South Sydney	23.82

UNDER 12

100 METRES

1. B. Whitton	June	13.0
2. W. Hollier	Emu Plains	13.2
3. C. Arps	Nth. Suburbs	13.3
4. C. Jackson	Coonamble	13.3
5. L. Cameron	Glenbrook	13.7
6. J. Fineberg	Blacktown	13.7
7. K. Reid	Sutherland	13.7
8. R. Graham	Campbelltown	13.8

1. B. Ruiz	Lake Il'warra	13.4
2. K. Docherty	Ku-Ring-Gai	13.6
3. P. Amery	Bankstown	13.8
4. C. Hoskins	Banana Coast	13.8
5. C. Benney	Penrith	13.8
6. S. Pearce	Waratah/May	13.9
7. T. Cowens	Blacktown	14.0
8. S. Eggleton	Ku-Ring-Gai	14.0

200 METRES

1. C. Jackson	Coonamble	26.5
2. C. Arps	Nth. Suburbs	26.6
3. L. Cameron	Glenbrook	26.7
4. K. Reid	Sutherland	27.0
5. J. Fineberg	Blacktown	27.0
6. R. Graham	Campbelltown	27.1
7. S. Sutton	Emu Plains	27.9
8. G. Ollis	Camden	27.9

1. B. Ruiz	Lake Il'warra	26.4
2. C. McGrath	Illawong	26.9
3. C. Benney	Penrith	27.1
4. K. Croft	Blacktown	27.4
5. L. Joy	St. George	27.4
6. K. Olander	Claymore	27.6
7. J. Holmes	Illawong	27.7
8. S. Eggleton	Ku-Ring-Gai	27.9

BOYS

GIRLS

400 METRES

1. K. Reid	Sutherland	59.9	1. C. Benney	Penrith	1:02.02
2. G. Ollis	Camden	1:00.6	2. K. Fellow	Bathurst	1:02.6
3. A. Polley	Winston Hill	1:01.2	3. L. Joy	St. George	1:02.8
4. D. Mayne	Rand. Botany	1:01.6	4. T. Lester	Rand. Botany	1:03.5
5. M. Bookallil	Armidale	1:02.3	5. C. McGrath	Illawong	1:03.5
6. N. Orr	Young	1:03.4	6. M. Wilson	Nth. Rocks/C'f	1:04.5
7. M. Dennis	Mt. Druitt	1:04.0	7. R. Neilson	Nambucca	1:05.7
8. M. Barron	Woy Woy	1:06.0	8. T. Erol	Ku-Ring-Gai	1:07.4

800 METRES

1. T. Bryden	Camden	2:18.7	1. D. Sinclair	Nth. Rocks/C'f	2:22.4
2. M. Bookallil	Armidale	2:19.0	2. L. Zammarrelli	St. George	2:25.1
3. M. O'Brien	Woolgoolga	2:20.7	3. N. Wilson	Nth. Rocks/C'f	2:26.5
4. A. Polley	Winston Hill	2:22.7	4. T. Erol	Ku-Ring-Gai	2:31.6
5. S. Spurrs	Ku-Ring-Gai	2:23.6	5. R. Nelson	Nambucca	2:32.0
6. A. Grant	Wollongong	2:24.7	6. J. Saville	Rand. Botany	2:34.0
7. M. Richardson	Rand. Botany	2:24.9	7. M. Arnold	Sutherland	2:34.3
8. I. Gordon	Springwood	2:25.8	8. M. Bransgrove	Mac. Shores	2:34.7

1500 METRES

1. M. Bookallil	Armidale	4:40.0	1. M. Wilson	Nth. Rocks/C'f	4:54.4
2. T. Bryden	Camden	4:40.1	2. D. Sinclair	Nth. Rocks/C'f	4:54.5
3. M. O'Brien	Woolgoolga	4:46.3	3. T. Erol	Ku-Ring-Gai	4:54.7
4. M. Barron	Woy Woy	4:52.8	4. D. Walsham	Ku-Ring-Gai	4:55.5
5. J. Smith	Shoalhaven	4:54.0	5. C. Thomas	Rand. Botany	5:07.4
6. R. London	Manly Warr.	4:54.7	6. L. Zammarrelli	St. George	5:09.6
7. R. Spurrs	Ku-Ring-Gai	4:56.9	7. J. Saville	Rand. Botany	5:11.8
8. W. Simpson	Nth. Rocks/C'	4:58.0	8. N. James	Bankstown	5:12.5

60M HURDLES

1. M. Wehrhahn	Nth. Rocks/C'f	9.0	1. B. Jones	Hornsby	9.2
2. D. Mayne	Rand. Botany	9.0	2. H. Lambert	Mac. Shores	9.3
3. W. Hollier	Emu Plains	9.0	3. T. Lester	Rand. Botany	9.3
4. T. Henry	Winston Hill	9.3	4. A. Hayes	Manly Warr.	9.6
5. N. Manwaring	Girraween	9.5	5. F. Sylva	Moorland	9.7
6. M. O'Donnell	Hornsby	9.6	6. T. Cowens	Blacktown	9.7
7. R. Matheson	Camden	9.6	7. V. Yacoub	Parramatta	9.8
8. J. Tarrant	Clarence Val.	9.6	8. B. Richardson	Doonside	9.8

1500M WALK

1. M. Hutchins	Winston Hill	6:51.3	1. J. Saville	Rand. Botany	7:18.9
2. M. Ness	Nepean	6:55.5	2. N. Templeman	Nepean	7:30.9
3. M. O'Donnell	Hornsby	7:02.2	3. D. Bonser	Fairfield	7:34.0
4. L. Willoughby	Nepean	7:18.8	4. N. Chant	Nepean	7:41.2
5. L. Moller	Ryde	7:26.4	5. K. Cantrell	Campbelltown	8:01.4
6. T. Hutman	Albury	7:39.0	6. R. Leslight	Mac. Shores	8:07.3
7. G. McLoughlin	Doonside	7:54.7	7. K. McGuire	Tilligerry	8:08.8
8. R. Pendlebury	Springwood	8:03.8	8. K. Rowe	Winston Hills	8:11.1

HIGH JUMP

1. C. Hardy	Eastern Sub.	1.56	1. K. Melville	Nepean	1.51
2. G. Ward	Cobar	1.56	2. M. Bransgrove	Mac. Shores	1.49
3. D. Upston	Bankstown	1.54	3. J. Clissold	Moree	1.47
4. B. Moss	Clarence V(Eq)	1.50	4. J. Jamieson	Ku-Ring-Gai	1.47
4. B. Williams	Sutherland(Eq)	1.50	5. J. Jensen	Campbelltown	1.45
6. T. Henry	Winston H(Eq)	1.45	6. S. Totsis	Penrith	1.40
6. M. Ness	Nepean (Eq)	1.45	7. R. Burke	Bankstown	1.40
8. A. Barker	Hornsby	1.45	8. C. Morante	Lake Ill.	1.40

BOYS

LONG JUMP

1. D. Mayne	Rand. Botany	5.17
2. M. Mainwaring	Girraween	5.08
3. C. Shute	Ku-Ring-Gai	4.97
4. T. Henry	Winston Hill	4.95
5. P. Winsor	Wagga PYC	4.94
6. T. Vandervis	Katoomba	4.84
7. M. Baldwin	Finley	4.81
8. R. Matheson	Camden	4.71

GIRLS

Hornsby	4.87
Hu-Ring-Gai	4.86
Manly Warr.	4.78
Lake Ill.	4.72
St. George	4.70
Campbelltown	4.54
Ku-Ring-Gai	4.49
Lithgow	4.41

TRIPLE JUMP

1. T. Henry	Winston Hill	11.05	1. K. Lawson	Ryde	10.13
2. D. Mayne	Rand. Botany	10.63	2. S. Nelson	Nth. Rocks/C'f	10.06
3. C. Hardy	Eastern Sub.	10.49	3. M. Bransgrove	Mac. Shores	10.01
4. L. Gardiner	Bankstown	10.45	4. B. Richardson	Doonside	9.94
5. M. Baldwin	Finley	10.43	5. S. Lewis	Fairfield	9.94
6. C. Moroz	Wollondilly	10.40	6. S. Taylor	Hornsby	9.93
7. J. Tarrant	Clarence Val.	10.09	7. R. Burke	Bankstown	9.92
8. T. Vandervis	Katoomba	10.07	8. T. James	Hills Dist.	9.78

SHOT PUT

1. G. Lee	Nepean	11.39	1. M. Haage	Fairfield	13.07
2. C. Taylor	Penrith	11.11	2. K. Turnbull	Tugg. Lakes	12.83
3. M. Nicholson	Ku-Ring-Gai	11.07	3. J. Jamieson	Ku-Ring-Gai	12.70
4. C. Cooney	Penrith	11.02	4. M. Ammala	Nambucca	12.33
5. J. Flesch	Springwood	10.95	5. F. Marsh	Fairfield	11.72
6. T. Mumberstone	Camden	9.87	6. F. VanTongerlon	Emu Plains	10.61
7. A. Beh	Camden	9.75	7. T. Burgess	Tilligerry	10.51
8. L. Last	Rand. Botany	9.17	8. M. D'Aubert	Gosford	10.47

DISCUS

1. G. Lee	Nepean	39.18	1. M. Haage	Fairfield	35.40
2. M. Smith	Parkes	38.00	2. J. Jamieson	Ku-Ring-Gai	34.34
3. A. Beh	Camden	37.28	3. K. Turnbull	Tugg. Lakes	32.36
4. M. O'Donnell	Hornsby	37.16	4. M. Ammala	Nambucca	31.80
5. M. Nicholson	Ku-Ring-Gai	35.46	5. B. Jones	Hornsby	30.62
6. C. Taylor	Penrith	34.82	6. V. Clark	Winston Hills	28.82
7. C. Cooney	Penrith	34.00	7. F. Marsh	Fairfield	27.98
8. G. Pooni	Blacktown	33.22	8. S. Vincent	Manly Warr	26.58

UNDER 13

100 METRES

1. B. Sharman	Mac. Shores (Rec)	11.9	1. R. Vormister	W'gong	12.8
2. H. Ly	St. George	11.9	2. S. Wennekes	Sutherland	13.0
3. R. Calleja	Wagga PYC	12.1	3. L. Seaman	Yass	13.2
4. C. Kallapesi	Manly Warr.	12.1	4. T. Blackburn	Kurri Kurri	13.2
5. S. Goh	Blacktown	12.7	5. D. Alessio	Rand. Botany	13.4
6. D. Trimmingham	Nth. Suburbs	12.7	6. E. Swann	Manly Warr.	13.4
7. C. Marshall	Woy Woy	12.8	7. R. Hayes	Manly Warr.	13.6
8. M. Plunkett	Manly Warr.	12.8	8. A. Pratten	East Maitland	13.6

200 METRES

1. H. Ly	St. George (Rec)	23.7	1. R. Vormister	Wollongong (Rec)	25.0
2. B. Sharman	Mac. Shores	23.7	2. E. Swann	Manly Warr.	26.3
3. R. Calleja	Wagga PYC	24.8	3. L. Seaman	Yass	26.3
4. S. Goh	Blacktown	25.2	4. R. Hayes	Manly Warr.	26.7
5. C. Marshall	Woy Woy	25.2	5. T. Blackburn	Kurri Kurri	26.7
6. M. Plunkett	Manly Warr.	25.4	6. K. Moore	Rand. Botany	27.0
7. A. Dickson	Rand. Botany	25.6	7. L. Corbett	Nth. Rocks/C'f	27.8
8. C. Kalapesi	Manly Warr.	25.7	8. J. Taylor	Rand. Botany	28.5

BOYS

400 METRES

1. H. Ly	St. George	55.3
2. M. Plunkett	Manly Warr.	56.3
3. C. Marshall	Woy Woy	57.0
4. A. Dickson	Rand. Botany	57.8
5. M. Hathway	Tamworth	59.0
6. P. Wendt	Pt. Hacking	59.5
7. G. Stock	Manly Warr.	1:01.3
8. P. Blucher	Greystanes	1:01.3

800 METRES

1. G. Stock	Manly Warr.	2:13.0
2. A. Degnan	St. George	2:14.2
3. G. Beizlle	Woolgoolga	2:14.8
4. J. Forster	Cessnock	2:16.3
5. D. Cooney	Nepean	2:16.5
6. P. Blucher	Greystanes	2:17.7
7. M. Hackney	Koorinagal	2:19.0
8. M. Stevens	Nth. District	2:20.0

1500 METRES

1. M. Stevens	Nth. District	4:36.0
2. M. Hackney	Koorinagal	4:37.6
3. J. Foster	Cessnock	4:38.6
4. G. Stock	Manly Warr.	4:43.6
5. G. Beizlle	Woolgoolga	4:50.9
6. W. Yates	Ku-Ring-Gai	4:51.4
7. D. Comer	Wollongong	4:54.0
8. T. Wood	Sutherland	4:58.0

90M HURDLES

1. S. Goh	Blacktown (Rec)	12.8
2. B. Courtney	Hills Dist.	12.9
3. B. Sharman	Mac. Shores	13.0
4. M. Woodhouse	Illawong	13.9
5. R. Fendley	Sutherland	13.9
6. L. Freeman	Armidale	14.5
7. C. Saliba	Girraween	14.8
8. N. Ryan	Temora	15.7

200M HURDLES

1. S. Goh	Blacktown	27.5
2. G. Napoli	Hills Dist.	28.2
3. J. Vanbre	Ku-Ring-Gai	28.8
4. R. Fendley	Sutherland	28.9
5. H. Trudgett	Lake Ill.	28.9
6. D. Murphy	Nth. Districts	29.8
7. R. Witnish	Albury	30.0

1500M WALK

1. M. Dowell	Doonside	7:09.2
2. A. Mitchell	Pt. Hacking	7:14.3
3. D. Mulder	Mac. Shores	7:18.6
4. L. Wolfers	Hornsby	7:22.3
5. D. Irving	Nepean	7:28.6
6. S. Robards	Tugg. Lakes	7:45.5
7. M. Sewell	Taree	7:45.7
8. B. Farley	Ryde	7:51.4

GIRLS

Wollongong	59.1
Ku-Ring-Gai	59.6
Manly Warr.	1:00.5
Rand. Botany	1:01.3
Gosford	1:01.8
Nth. Districts	1:01.9
Rand. Botany	1:04.9
Nepean	1:04.4

Ku-Ring-Gai	2:17.3
Wollongong	2:22.9
Gosford	2:23.9
Hornsby	2:25.3
Rand. Botany	2:25.7
Sutherland	2:26.9
Armidale	2:27.7
Nth. Districts	2:28.0

Ku-Ring-Gai (Rec)	4:41.2
Sutherland	4:51.5
Hornsby	4:57.7
Wollongong	4:58.8
Armidale	5:05.0
Gosford	5:05.9
Nepean	5:12.7
Mac. Shores	5:17.0

Yass (Rec)	13.7
East Mait.	14.1
Doonside	14.1
Rand. Botany	14.2
St. George	14.2
Winston Hills	14.3
Armidale	14.3
Mac. Shores	14.6

Rand. Botany	29.4
Hills District	29.8
Armidale	30.2
Ku-Ring-Gai	30.4
Banana Coast	30.6
St. George	30.8
Mac. Shores	31.0
East Maitland	31.1

Penrith (Rec)	7:09.8
Hornsby	7:17.1
Nth. Districts	7:33.8
Mac. Fields	7:35.3
Kiama	7:46.2
Rand. Botany	7:47.6
St. George	7:51.0
Campbelltown	7:52.0

BOYS

HIGH JUMP

1. J. Herron	Hills Dists.	1.65
2. G. Smith	Wollondilly	1.63
3. S. Anderson	Penrith	1.63
4. M. Plunkett	Manly Warr.	1.61
5. M. Hathway	Tamworth	1.61
6. N. Ryan	Temora	1.55
7. T. Drayton	Mt. Druitt	1.50
8. R. Walsh	West.Sub (Eq)	1.50
8. M. Dickinson	Coonamble (Eq)	1.50

GIRLS

1. S. Wennkes	Sutherland (Rec)	1.80
2. W. Bebbington	Hornsby	1.61
3. S. Lohs	Tumut	1.59
4. K. Haswell	Fairfield	1.55
5. J. Williams	Sutherland	1.55
6. A. Fletcher	Hills District	1.50
7. D. Thomas	Sutherland	1.50
8. K. Davis	Cessnock	1.50

LONG JUMP

1. H. Ly	St. George	5.57	1. T. Blackburn	Kurri Kurri	5.10
2. C. Saliba	Girraween	5.12	2. D. Alessio	Rand. Botany	4.83
3. D. Trimmingham	Nth.Suburbs	5.10	3. D. Thomas	Sutherland	4.76
4. T. Drayton	Mt. Druitt	5.00	4. C. Dolan	Prospect	4.75
5. G. Davies	Ryde	4.98	5. N. Syms	Hills Dist.	4.75
6. M. Hathway	Tamworth	4.95	6. J. Sirotic	Manly Warr.	4.61
7. S. Ramage	Sutherland	4.80	7. R. Strand	Liverpool	4.59
8. T. Milner	Ryde	4.77	8. L. Mossman	Nepean	4.59

TRIPLE JUMP

1. J. Herron	Hills D.(Rec)	11.78	1. D. Thomas	Sutherland	10.72
2. D. Trimmingham	Nth.Suburbs	11.44	2. T. Blackburn	Kurri Kurri	10.54
3. B. Courtney	Hills Dist.	11.36	3. A. McHale	Sutherland	10.53
4. T. Drayton	Mt. Druitt	10.94	4. Y. Fradgley	Hills District	10.41
5. A. Payne	East Mait.	10.92	5. K. Moore	Rand. Botany	10.32
6. R. Cleary	Gunnedah	10.82	6. M. Wright	Winston Hills	10.19
7. S. Ramage	Sutherland	10.61	7. C. Hain	Bellinger Val.	10.19
8. D. Adams	Ryde	10.58	8. S. Swift	Tranque	9.87

SHOT PUT

1. B. Sharman	Mac.Shores	14.46	1. D. Ciferon	Winston Hills	11.20
2. S. Hinchcliffe	Penrith	14.26	2. R. Edwards	Winston Hills	11.06
3. G. Verdi	Ryde	13.45	3. J. Everson	Winston Hills	10.77
4. D. Cooney	Penrith	12.48	4. S. Spinks	Manly Warr.	10.59
5. B. Jaaniste	Hornsby	11.89	5. A. Marov	Manly Warr.	9.80
6. R. Agistino	Griffith	11.65	6. D. Meskell	Banana Coast	9.51
7. R. Puebla	St. George	10.72	7. P. McFarlane	St. George	9.20
8. T. Green	Parkes	10.63	8. D. Jones	Glen Innes	8.98

DISCUS

1. S. Hinchcliffe	Penrith	40.58	1. D. Ciferon	Winston Hills	32.42
2. T. Green	Parkes	35.08	2. K. Allen	St. George	30.34
3. B. Jaaniste	Hornsby	34.84	3. J. Everson	Winston Hills	29.66
4. D. Cooney	Penrith	34.06	4. L. Thompson	Shoalhaven	29.38
5. K. Duke	Bankstown	31.04	5. J. Sirotic	Manly Warr.	28.30
6. G. Verdi	Ryde	30.18	6. A. Marov	Manly Warr.	26.40
7. J. Driver	Katoomba	29.60	7. M. Hudson	Springwood	26.36
8. C. Kalapesi	Manly Warr.	28.76	8. J. Koinusis	Sutherland	25.60

MULTI-EVENT

1. S. Hughes	Nepean (Rec)	5655	1. M. Clough	Nambucca (Rec)	5690
2. S. Cheetham	Manly Warr.	5515	2. B. Charlton	Nepean	5390
3. A. Vonarx	Koorngal	5265	3. L. Castle	Sutherland	5315
4. G. Degarnham	Bankstown	5185	4. M. Mottram	Ku-Ring-Gai	5285
5. L. Clark	St. George	4955	5. M. Leppanen	Winston Hills	5250
6. T. Haythornthawait	Manly W	4955	6. K. Watson	Ku-Ring-Gai	5245
7. G. Quirk	Doonside	4925	7. M. Whebell	East Mait.	5180
8. A. Cole	Parramatta	4875	8. K. Delves	Hornsby	5120

BOYS

GIRLS

UNDER 14

100 METRES

1. G. Spoons	Fairfield	12.0	1. S. Cosgrove	Bankstown (EqR)	12.6
2. D. Losco	Girraween	12.1	2. E. Allotey	South Sydney	12.6
3. D. Walker	St. George	12.2	3. L. Pearson	Orange	13.2
4. W. Landers	Coonamble	12.3	4. C. Botto	Bankstown	13.2
5. T. Rizniak	Albury	12.3	5. M. Redding	Fairfield	13.2
6. S. Atkins	Springwood	12.4	6. R. Worley	Rand. Botany	13.2
7. W. Bell	Hornsby	12.4	7. A. Haines	Morisset	13.2
8. J. Woodhouse	Nepean	12.7	8. K. Bicknell	Penrith	13.3

200 METRES

1. G. Spoons	Fairfield	23.7	1. B. Cosgrove	Bankstown (Rec)	25.4
2. D. Losco	Girraween	24.0	2. L. Pearson	Orange	25.8
3. W. Landers	Coonamble	24.4	3. N. Bayly	Pt. Macquarie	26.1
4. B. Galvin	Penrith	24.6	4. K. Bicknell	Penrith	26.9
5. S. Atkins	Springwood	24.7	5. M. Redding	Fairfield	26.9
6. T. Rizniak	Albury	25.0	6. K. Bail	Winston Hills	27.1
7. M. Jagers	Liverpool	25.6	7. A. Wand	Hills District	27.1
8. D. Balestri	Ingleburn	26.5	8. C. Botto	Bankstown	27.1

400 METRES

1. D. Walker	St. George (Rec)	53.7	1. B. Cosgrove	Bankstown	58.7
2. B. Galvin	Penrith	54.5	2. R. Worley	Rand. Botany	59.9
3. A. McDermott	St. George	54.5	3. L. Pearson	Orange	59.9
4. J. McKenzie	Scully Park	54.6	4. A. Wand	Hills District	1:00.9
5. J. White	Griffith	54.9	5. A. Harrison	Hills District	1:01.5
6. M. Dalton	Hornsby	55.8	6. A. Deen	Gosford	1:01.8
7. T. Patterson	Mac. Shores	56.9	7. K. Berrell	St. George	1:02.4
8. S. Atkins	Springwood	57.2	8. A. Jones	Nepean	1:02.4

800 METRES

1. N. Brown	Forster/Tun.	2:07.1	1. L. Barrett	Gosford	2:18.1
2. A. McDermont	St. George	2:10.2	2. N. Corbin	Ku-Ring-Gai	2:19.5
3. J. White	Griffith	2:10.7	3. K. Paterson	Armidale	2:20.1
4. J. Gill	Penrith	2:11.0	4. A. Jones	Nepean	2:23.4
5. M. Dalton	Hornsby	2:12.5	5. M. Dillon	St. George	2:24.4
6. B. McEnearney	Hills Dist.	2:12.9	6. A. Deen	Gosford	2:26.4
7. A. Harris	Sutherland	2:12.9	7. L. Dries	Mac. Fields	2:26.4
8. M. Gollan	Rand. Botany	2:13.4	8. N. Shanley	Moree	2:28.2

1500 METRES

1. N. Brown	Forster	4:19.9	1. N. Corbin	Ku-Ring-Gai	4:39.7
2. J. Gill	Penrith	4:33.2	2. L. Barrett	Gosford	4:41.0
3. B. McEnearney	Hills Dist.	4:34.5	3. N. Orchard	Sutherland	4:43.1
4. S. Bligh	Nepean	4:38.2	4. K. Paterson	Armidale	4:52.2
5. J. Whittaker	Richmond	4:38.5	5. A. Harrison	Hills District	4:55.4
6. T. Dorney	Manly Warr.	4:39.2	6. M. Dillon	St. George	4:59.0
7. S. Knight	Girraween	4:42.4	7. M. Bonser	Fairfield	5:02.0
8. C. McCormack	Sutherland	4:43.6	8. J. Appleby	Cardiff	5:03.6

90M HURDLES

1. B. Figures	Winston (Rec)	13.0	1. J. Ward	Bankstown (Rec)	13.5
2. D. Bulian	St. George	13.0	2. C. Grzesik	Glenbrook	13.6
3. J. Zabiello	Nepean	13.0	3. M. Jensen	Campbelltown	13.7
4. C. Makepeace	Gosford	13.1	4. C. Pena	Fairfield	14.4
5. J. Psarros	Bankstown	13.2	5. M. Johnson	Mac. Shores	14.5
6. J. Turner	Camden	13.6	6. K. Jaaniste	Hornsby	14.7
7. J. Quirk	Albury	13.7	7. N. Colbran	Manly Warr.	14.7
8. I. Woods	Hornsby	13.9	8. K. Hailston	Goulburn	15.0

BOYS

200M HURDLES

1. D. Walker	St. George	25.8
2. B. Figures	Winston Hill	26.7
3. D. Bulian	St. George	26.8
4. T. Patterson	Mac. Shores	26.9
5. C. Duma	East Mait.	27.4
6. G. Marsh	Hornsby	27.5
7. P. Kleindyk	Liverpool	28.0
8. J. Zabielo	Nepean	28.6

GIRLS

1. J. Ward	Bankstown	28.1
2. C. Grzesik	Glenbrook	28.3
3. M. Jensen	Campbelltown	28.5
4. K. Bicknell	Penrith	28.5
5. N. Maguire	St. George	29.0
6. K. Tarrant	Hornsby	29.5
7. A. Harrison	Hills District	29.8
8. K. Sewell	Armidale	29.9

1500M WALK

1. I. O'Neill	Hornsby	6:51.4	1. P. McIntyre	Rand. Botany	7:19.4
2. H. Richardson	Pt. Hacking	6:57.8	2. R. Coleman	Penrith	7:26.3
3. M. Lea	St. George	7:14.7	3. N. Simmonds	Woodberry	7:33.4
4. J. Arnold	Sutherland	7:24.5	4. N. Peck	Wollondilly	7:48.9
5. J. Peters	Kurrajong	7:27.9	5. M. Bonser	Fairfield	7:51.3
6. S. Pospischil	Fairfield	7:50.2	6. N. Mitchell	Pt. Hacking	7:52.5
7. D. Nash	Tugg. Lakes	8:15.1	7. K. Bird	Hornsby	7:52.9
8. I. Clifford	Tugg. Lakes	8:16.9	8. L. Reid	Rand. Botany	8:01.2

HIGH JUMP

1. W. Bell	Hornsby (Rec)	1.80	1. J. Ward	Bankstown (Rec)	1.71
2. L. Thomson	Kurrajong	1.72	2. K. Zizek	Bankstown	1.67
3. D. Kellelt	Bathurst	1.72	3. E. Allotey	South Sydney	1.57
4. M. Gilham	Riverstone	1.72	4. V. Stimson	Temora	1.50
5. J. McKenzie	Scully Park	1.70	5. D. Harris	Hills Dist. (Eq)	1.50
6. M. Hutchinson	Lake I'warra	1.70	5. M. Sumner	East Mait. (Eq)	1.50
7. C. Gailey	Holroyd	1.65	7. K. Dixon	Manly Warr.	1.50
8. C. Williams	Medowie	1.65	8. J. McDonald	Albion Park	1.45

LONG JUMP

1. D. Kellelt	Bathurst (Rec)	6.14	1. K. Tarrant	Hornsby	5.40
2. S. Mayne	Rand. Botany	5.79	2. C. Grzesik	Glenbrook	5.21
3. J. Zabielo	Nepean	5.63	3. K. Zizek	Bankstown	5.11
4. J. McKenzie	Scully Park	5.50	4. N. Colbran	Manly Warr.	5.01
5. D. Beckhouse	Girraween	5.35	5. A. Hepburn	Nepean	4.92
6. J. Woodhouse	Nepean	5.35	6. M. Sumner	East Maitland	4.78
7. S. Wark	Nyngan	5.29	7. A. Haines	Morrisset	4.68
8. G. Orr	Young	5.21	8. L. Craig	Blacktown	4.67

TRIPLE JUMP

1. D. Kellelt	Bathurst (Rec)	12.84	1. K. Tarrant	Hornsby	11.77
2. J. Zabielo	Nepean	12.03	2. C. Grzesik	Glenbrook	11.26
3. T. Cleary	Katoomba	12.03	3. M. Sumner	East Maitland	10.78
4. G. Hardaker	Bankstown	11.89	4. M. Jerrett	Greystanes	10.78
5. J. White	Griffith	11.77	5. J. Ward	Bankstown	10.69
6. J. Crofts	Hills Dist.	11.44	6. K. Wolfe	Pt. Hacking	10.51
7. J. Grant	Pt. Hacking	11.21	7. R. Bicknell	Penrith	10.49
8. N. Bell	Hornsby	11.07	8. A. Wand	Hills District	10.45

SHOT PUT

1. C. Impey	Mac. Fields (R)	13.54	1. K. Fitzgerald	Fairfield (R)	13.76
2. J. Arnberger	Nepean	16.84	2. K. Jaaniste	Hornsby	13.76
3. A. McIlwaine	Girraween	16.63	3. S. Westerbrink	Winston Hills	12.33
4. C. Mastoris	Rand. Botany	16.29	4. G. Beattie	Clarence Val.	11.18
5. A. Thomas	Hornsby	14.76	5. L. Woodbury	Manly Warr.	11.01
6. J. Coleman	Sutherland	14.43	6. C. Smith	Blacktown	10.23
7. C. Bell	Bargo	13.39	7. R. Melville	Hornsby	9.93
8. J. Byrne	Junee	13.12	8. C. Murray	Penrith	9.39

BOYS

DISCUS

GIRLS

1. J. Arnberger	Nepean (Rec)	48.90	1. K. Fitzgerald	Fairfield (Rec)	40.04
2. C. Impey	Mac. Fields	47.14	2. K. Jaaniste	Hornsby	37.52
3. A. McIlwaine	Girraween	43.64	3. S. Westerbrink	Winston Hills	33.58
4. C. Mastoris	Rand. Botany	43.58	4. L. Woodbury	Manly Warr.	33.24
5. J. Coleman	Sutherland	42.40	5. K. Honeman	Penrith	32.86
6. C. Bell	Barco	39.94	6. R. Russell	Albury	31.60
7. A. Thomas	Hornsby	39.50	7. A. Gough	Penrith	30.82
8. A. Guest	Inverell	34.78	8. C. Smith	Blacktown	29.14

MULTI-EVENT

1. N. Farquhar	Manly Warr.	6385	1. J. Swan	Camden	6290
2. B. Willis	Camden	6315	2. K. Liprini	Pt. Hacking	5835
3. S. Laughton	Hills Dist.	6285	3. V. Ramage	Orange	5790
4. M. House	Jamison	5710	4. R. Byrne	Bankstown	5775
5. M. Williams	Clarence Val.	5520	5. S. Ashford	Winston Hills	5735
6. T. Cole	Parramatta	5480	6. J. Robert	Rand. Botany	5395
7. P. Gale	Ingleburn	5460	7. S. Eisenhauer	Temora	5240
8. D. Paabo	Doonside	5400	8. M. Browne	Penrith	5220

4 X 100M MIXED RELAY

1. St. George	50.4	1. Randwick Botany (EqR)	52.6
2. Macquarie Shores	51.4	2. Armidale	52.9
3. Randwick Botany	51.5	3. Hills District	53.1
4. Griffith	52.0	4. Bankstown	53.3
5. Manly Warringah	52.4	5. Lake Illawarra	53.7
6. Hills District	52.4	6. Macquarie Shores	54.4
7. Katoomba	52.6	7. Penrith	54.8

MARCH PAST WINNERS - ST. GEORGE

1987 L.A.A.N.S.W. SHELLEYS STATE CHAMPIONSHIPS - POINT SCORE

<u>CENTRE</u>	<u>POINTS</u>	<u>POSITION</u>	<u>CENTRE</u>	<u>POINTS</u>	<u>POSITION</u>
RANDWICK BOTANY	211	1ST	HILLS DISTRICT	114	9TH
ST. GEORGE	201.5	2ND	PENRITH	98	10TH
HORNSBY	189	3RD	SUTHERLAND	81	11TH
BANKSTOWN	164	4TH	MACQUARIE SHORES	79	12TH
NEPEAN	162	5TH	FAIRFIELD	77	13TH
MANLY WARRINGAH	146.5	6TH	CAMDEN	76	14TH
WINSTON HILLS	145	7TH	PORT HACKING	75	15TH
KU-RING-GAI	138	8TH	NTH. ROCKS/C'FORD	55	16TH

GENERAL COMMENTS:

With the two (2) Championship programmes, Country and State having to be transferred at the last moment to Port Hacking, the Association has indeed been fortunate to have the Host Centre assisting in the manner in which it did.

After a solid week of rain the Country week-end went off well, some people got lost but the noise soon attracted them to the right spot.

With the State on a fine week-end, with sponsors, guests and competitors happy, the scene was set for some outstanding performances, the results as set out herein confirm that happening.

To all competitors, well done; to all Officials, many thanks; to the feeding stations, you kept them happy; to all parents and friends, we hope you all had a great two (2) week-ends and that you come back again next time. we enjoyed your company.

PETER SHINNICK
 L.A.A.N.S.W.