

Little Athletics Association of New South Wales Inc.

RESULTS - 2000 State Relays

Sydney International Athletic Centre, Homebush, December 3, 2000

BOYS

GIRLS

4 x 100 Metres

UNDER 8

1.	Ku-Ring-Gai	1:04.0	1.	Ku-Ring-Gai	1:09.0
2.	Manly Warringah	1:04.7	2.	Blacktown	1:09.8
3.	Hornsby	1:05.3	3.	Sutherland	1:10.0
4.	Hills District	1:06.4	4.	Manly Warringah	1:10.1
5.	Port Hacking	1:06.8	5.	Hornsby	1:10.6
6.	Terrigal/Wamberal	1:06.9	6.	Ryde	1:10.9
7.	Winston Hills	1:07.0	7.	Hills District	1:11.1
8.	Randwick/Botany	1:07.6	8.	Campbelltown	1:11.3

UNDER 9

1.	Ku-Ring-Gai	59.9	1.	Port Hacking	1:02.3
2.	Port Hacking	1:00.6	2.	Gosford	1:02.5
3.	Colyton/St Clair	1:01.0	3.	Ryde	1:03.6
4.	Blacktown	1:01.2	4.	Ku-Ring-Gai	1:04.4
5.	Manly Warringah	1:01.3	5.	Nth Districts	1:04.7
6.	Gosford	1:01.5	6.	Western Suburbs	1:04.9
7.	St George	1:01.5	7.	Hills District	1:05.2
8.	Cherrybrook	1:01.8	8.	Manly Warringah	1:06.3

UNDER 10

1.	Manly Warringah	55.7	1.	Manly Warringah	59.6
2.	Ryde	57.5	2.	Hornsby	59.6
3.	Western Suburbs	57.7	3.	Winston Hills	1:00.4
4.	Sutherland	57.9	4.	Western Suburbs	1:00.5
5.	Werrington	59.7	5.	Port Hacking	1:00.8
6.	Nth Districts	1:00.3	6.	Balmain	1:00.9
7.	Glenbrook	1:00.5	7.	Blacktown	1:02.1
8.	Nth Rocks/Carlingford	1:06.0	8.	Randwick/Botany	1:02.3
9.	Blacktown	Disq			

UNDER 11

1.	Sutherland	55.3	1.	Port Hacking	56.5
2.	Campbelltown	55.5	2.	Hills District	57.4
3.	Manly Warringah	55.9	3.	Cherrybrook	57.7
4.	Gosford	56.2	4.	Ryde	57.9
5.	Hornsby	57.0	5.	Western Suburbs	58.8
6.	Colyton/St Clair	57.4	6.	Nth Rocks/Carlingford	59.0
7.	Mosman	58.8	7.	Campbelltown	59.5
8.	Werrington	Disq	8.	Balmain	1:02.2

BOYS

GIRLS

4 x 100 Metres

UNDER 12

1.	Campbelltown	52.1	1.	St George	54.6
2.	Randwick/Botany	53.2	2.	Western Suburbs	54.8
3.	Illawong	54.1	3.	Ku-Ring-Gai	55.1
4.	Canterbury	54.2	4.	Ryde	55.9
5.	Blacktown	54.3	5.	Bankstown Sports	56.3
6.	Ku-Ring-Gai	54.5	6.	Terrigal/Wamberal	56.4
7.	Colyton/St Clair	55.7	7.	Manly Warringah	56.8
8.	Nth Districts	56.1	8.	Campbelltown	58.1

UNDER 13

1.	Nth Suburbs	50.8	1.	Port Macquarie	53.4
2.	Campbelltown	51.0	2.	Western Suburbs	53.7
3.	Blacktown	51.4	3.	Nth Suburbs	54.2
4.	Canterbury	52.1	4.	Sutherland	54.8
5.	Ryde	53.1	5.	Bankstown Sports	55.5
6.	Nth Districts	54.1	6.	Ryde	55.7
7.	Randwick/Botany	54.7	7.	Ambarvale	56.0
8.	Liverpool	Disq.	8.	Campbelltown	56.8

UNDER 14

1.	Campbelltown	48.3	1.	Campbelltown	52.7
2.	St George	49.6	2.	Canterbury	52.7
3.	Canterbury	50.5	3.	St George	53.0
4.	Winston Hills	51.2	4.	Manly Warringah	53.3
5.	Manly Warringah	51.6	5.	Hills District	53.9
6.	Tuggerah Lakes	51.2	6.	Parramatta	54.3
7.	Ryde	53.8	7.	Nth Rocks/Carlingford	55.6
8.	Doonside	56.5	8.	Hornsby	56.1

UNDER 15

1.	Nth Suburbs	45.6	1.	Hills District	51.8
2.	Manly Warringah	45.9	2.	Nth Districts	52.2
3.	Tamworth	47.3	3.	Mt Pritchard	52.5
4.	Randwick/Botany	47.8	4.	Lake Illawarra	53.4
5.	Holroyd	48.1	5.	Randwick/Botany	54.2
6.	Ambarvale	48.3	6.	Western Suburbs	54.5
7.	Ryde	49.0	7.	Woy Woy	54.6
8.	Lake Illawarra	50.1	8.	Manly Warringah	57.1

Mixed 4 x 100 Metres

UNDER 8

1.	Emu Plains	1:06.5
2.	Green Valley	1:07.5
3.	Prospect	1:11.2
4.	Kurrajong/Bilpin	1:11.7
5.	Eschol Park	1:17.0

UNDER 9

1.	Kurrajong/Bilpin	1:03.6
2.	Wollondilly	1:04.9
3.	Port Macquarie	1:05.0
4.	Minchinbury	1:07.4
5.	Eschol Park	1:08.0
6.	Jamison	1:08.3
7.	Prospect	1:08.5
8.	Mt Druiitt	1:09.7

Mixed 4 x 100 Metres

<u>UNDER 10</u>	
1.	Prospect
2.	Tiger Wests
3.	Jamison
4.	Springwood
5.	Lethbridge Park
6.	Green Valley
7.	Kurrajong/Bilpin
8.	Mt Druitt

1:00.0
1:01.1
1:01.6
1:01.8
1:02.8
1:04.3
Disq.
Disq.

<u>UNDER 11</u>	
1.	Tiger Wests
2.	Springwood
3.	Kurrajong/Bilpin
4.	Jamison
5.	Prospect
6.	Mt Druitt
7.	Green Valley
8.	Quakers Hill

56.0
57.1
57.4
58.7
1:00.0
1:00.9
1:01.4
1:03.6

H2. Tiger Wests 55.7 Rec

<u>UNDER 12</u>	
1.	Jamison
2.	Green Valley
3.	Eschol Park
4.	Kurrajong/Bilpin
5.	Lethbridge Park
6.	Prospect
7.	Mt Druitt

57.2
57.8
58.1
58.7
59.4
1:00.8
1:02.0

<u>UNDER 13</u>	
1.	Kurrajong/Bilpin
2.	Green Valley
3.	Springwood
4.	Eschol Park
5.	Jamison
6.	Prospect
7.	Doonside
8.	Werrington

52.5
54.0
54.7
55.6
56.3
56.5
57.5
58.1

<u>UNDER 14</u>	
1.	Green Valley
2.	Springwood
3.	Blacktown
4.	Kurrajong/Bilpin
5.	Mt Druitt
6.	Nth Districts
7.	Ku-Ring-Gai
8.	Nth Suburbs

50.0
50.4
50.9
52.3
53.2
53.5
54.0
Disq.

<u>UNDER 15</u>	
1.	St George
2.	Ku-Ring-Gai
3.	Emu Plains
4.	Springwood
5.	Revesby Workers
6.	Green Valley
7.	Werrington

48.7
49.7
50.3
50.8
51.3
51.8
52.0

H2. Nth Suburbs 49.8 Rec

Mixed 4 x 200 Metres

<u>UNDER 8</u>	
1.	Manly Warringah
2.	Hills District
3.	Ku-Ring-Gai
4.	Hornsby
5.	Blacktown
6.	Port Hacking
7.	Revesby Workers
8.	Randwick/Botany

2:24.9
2:25.4
2:26.3
2:30.0
2:30.9
2:32.5
2:33.4
2:33.6

<u>UNDER 9</u>	
1.	Gosford
2.	Western Suburbs
3.	Ryde
4.	Nth Suburbs
5.	Cherrybrook
6.	Manly Warringah
7.	Port Hacking

2:14.6
2:16.6
2:16.8
2:16.9
2:17.9
2:18.4
2:20.5

Mixed 4 x 400 Metres

<u>UNDER 10</u>			<u>UNDER 11</u>		
1.	Port Hacking	4:45.8	1.	Manly Warringah	4:35.1
2.	Manly Warringah	4:52.8	2.	Sutherland	4:37.6
3.	Randwick/Botany	4:53.6	3.	Nepean	4:40.9
4.	Campbelltown	4:57.3	4.	Port Hacking	4:44.1
5.	Hornsby	5:01.8	5.	Hills District	4:46.6
6.	Ryde	5:05.2	6.	Campbelltown	4:48.6
7.	Blacktown	5:09.8	7.	Springwood	4:59.3
8.	Holroyd	5:12.3	8.	Western Suburbs	5:03.5
<u>UNDER 12</u>			<u>UNDER 13</u>		
1.	Randwick/Botany	4:27.4	1.	Manly Warringah	4:17.6
2.	Nepean	4:28.8	2.	St George	4:20.9
3.	Woy Woy	4:29.7	3.	Hornsby	4:23.4
4.	Hills District	4:31.9	4.	Ambarvale	4:27.0
5.	Manly Warringah	4:33.6	5.	Ku-Ring-Gai	4:27.8
6.	Campbelltown	4:44.4	6.	Randwick/Botany	4:31.3
7.	Ryde	4:44.7	7.	Campbelltown	4:32.3
8.	Blacktown	4:50.8	8.	Revesby Workers	4:34.5
<u>UNDER 14</u>			<u>UNDER 15</u>		
1.	Springwood	4:01.2	1.	Girraween	3:57.7
2.	Manly Warringah	4:04.8	2.	Manly Warringah	3:58.7
3.	Mt Druitt	4:15.8	3.	Tamworth	4:04.2
4.	Campbelltown	4:18.2	4.	Lake Illawarra	4:04.3
5.	Ku-Ring-Gai	4:20.7	5.	Campbelltown	4:06.9
6.	Mosman	4:30.8	6.	Randwick/Botany	4:09.4
			7.	Ryde	4:09.6
			8.	Revesby Workers	4:19.3

2 x 2 Long Jump - Shot Put

BOYS

<u>UNDER 8</u>		
1.	Manly Warringah	3291 Rec
2.	Nepean	3283
3.	Nth Suburbs	3235
4.	Nth Districts	3234
5.	Blacktown	3158
6.	Ku-Ring-Gai	3002
7.	Emu Plains	2939
8.	Girraween	2903

GIRLS

1.	Revesby Workers	2823
2.	Port Hacking	2819
3.	Hornsby	2801
4.	Randwick/Botany	2798
5.	Nepean	2762
6.	Nth Suburbs	2761
7.	Ku-Ring-Gai	2736
8.	Nth Districts	2722

4 x Discus

BOYS

<u>UNDER 8</u>		
1.	Nth Suburbs	2446
2.	Smithfield	2411
3.	Sutherland	2407
4.	Manly Warringah	2374
5.	Blacktown	2339
6.	Winston Hills	2293
7.	Nth Districts	2271
8.	Ku-Ring-Gai	2257

GIRLS

1.	Camden	2182
2.	Winston Hills	2126
3.	Randwick/Botany	2107
4.	Smithfield	1960
5.	Balmain	1951
6.	Colyton/St Clair	1935
7.	Hornsby	1892
8.	Sutherland	1873

4 x Long Jump

<u>UNDER 9</u>		
1.	Campbelltown	3250 Rec
2.	Port Hacking	3210
3.	Werrington	3184
4.	Gosford	3176
5.	Parramatta	3170
6.	Hills District	3166
7.	Winston Hills	3162
8.	Emu Plains	3090

1.	Hornsby	3104 Rec
2.	Nth Suburbs	3006
3=	Emu Plains	2982
3=	Gosford	2982
5.	Nth Districts	2980
6.	Ku-Ring-Gai	2974
7.	Port Hacking	2966
8.	Winston Hills	2954

2 x 2 Long Jump - High Jump

<u>UNDER 10</u>		
1.	Parramatta	3266 Rec
2.	Gosford	3078
3.	Ku-Ring-Gai	3016
4.	Nepean	2954
5.	Winston Hills	2910
6.	Cherrybrook	2866
7.	Hornsby	2860
8.	Randwick/Botany	2812

1.	Terrigal/Wamberal	2996 Rec
2.	Nepean	2836
3.	Port Hacking	2786
4.	Hornsby	2750
5.	Greystanes	2690
6.	Winston Hills	2638
7.	Manly Warringah	2608
8.	Cherrybrook	2604

<u>UNDER 11</u>		
1.	Ku-Ring-Gai	3452
2.	Parramatta	3314
3.	Ryde	3300
4.	Penrith	3234
5.	Emu Plains	3154
6.	Western Suburbs	3128
7.	Winston Hills	3118
8.	Bankstown Sports	3096

1.	Ku-Ring-Gai	3376 Rec
2.	Hills District	3108
3.	Manly Warringah	3096
4.	Parramatta	3088
5=	Hornsby	3080
5=	Western Suburbs	3080
7.	Winston Hills	3072
8.	Blacktown	3038

<u>UNDER 12</u>		
1.	Girraween	3572
2.	Hornsby	3514
3.	Nth Suburbs	3500
4.	Ku-Ring-Gai	3412
5.	St George	3356
6.	Parramatta	3346
7.	Western Suburbs	3340
8.	Randwick/Botany	3268

1.	Cherrybrook	3450
2.	Manly Warringah	3420
3.	Nth Suburbs	3338
4.	Ku-Ring-Gai	3186
5.	Sutherland	3164
6.	Winston Hills	3102
7.	Parramatta	3086
8.	Ryde	3008

BOYS

GIRLS

2 x 2 Long Jump - High Jump

UNDER 13

1.	Holroyd	3300	Rec	1.	Manly Warringah	3146
2.	Ku-Ring-Gai	3198		2.	Ku-Ring-Gai	3122
3.	Gosford	3144		3.	Port Hacking	2930
4.	Nth Suburbs	3120		4.	Camden	2630
5.	Hornsby	2988		5.	Penrith	2568
6.	Parramatta	2974		6.	Winston Hills	2524
7.	Winston Hills	2954		7.	Tuggerah Lakes	2446
8.	Balmain	2922		8.	Ryde	2428

UNDER 14

1.	Ku-Ring-Gai	3534		1.	Armidale	3068
2.	Sutherland	3444		2.	Ku-Ring-Gai	3044
3.	Bankstown Sports	3332		3.	Bankstown Sports	2982
4.	Girraween	3286		4.	Manly Warringah	2884
5.	Port Hacking	3278		5.	Hills District	2548
6.	Randwick/Botany	3192		6.	Winston Hills	2174
7.	Manly Warringah	3054				
8.	St George	2990				

UNDER 15

1.	Western Suburbs	3924		1.	Manly Warringah	3540	Rec
2.	Terrigal/Wamberal	3922		2.	Blacktown	3040	
3.	Bankstown Sports	3916		3.	Randwick/Botany	3026	
4.	Nepean	3808		4.	Ku-Ring-Gai	2940	
5.	Mt Pritchard	3670		5.	Gosford	2828	
6.	Camden	3610		6.	Port Hacking	2222	
7.	Parramatta	3534					
8.	Randwick/Botany	3428					

2 x 2 Shot Put - Discus

UNDER 9

1.	Hills District	3054		1.	Nth Suburbs	2773	Rec
2.	Parramatta	2993		2.	Campbelltown	2574	
3.	Ku-Ring-Gai	2915		3.	Nepean	2562	
4.	Emu Plains	2875		4.	Winston Hills	2548	
5.	Werrington	2834		5.	Hills District	2455	
6.	Nth Districts	2793		6.	Emu Plains	2433	
7.	Blacktown	2785		7.	Ryde	2402	
8.	Gosford	2764		8.	Manly Warringah	2401	

UNDER 10

1.	Parramatta	3733		1.	Hills District	3293	Rec
2.	Randwick/Botany	3585		2.	Hornsby	3012	
3.	Winston Hills	3575		3.	Springwood	3004	
4.	Ku-Ring-Gai	3229		4.	Nepean	2969	
5.	Holroyd	3168		5.	Nth Suburbs	2900	
6.	Gosford	3155		6.	Terrigal/Wamberal	2879	
7.	Nepean	3151		7.	Winston Hills	2793	
8.	Blacktown	3131		8.	Greystanes	2701	

2 x 2 Shot Put - Discus

BOYS

<u>UNDER 11</u>		
1.	Manly Warringah	3580 Rec
2.	Bankstown Sports	3561
3.	Randwick/Botany	3131
4.	Werrington	3051
5.	Ryde	3028
6.	Winston Hills	3026
7.	Nth Suburbs	2948
8.	Western Suburbs	2927

<u>UNDER 12</u>		
1.	Fairfield	3469 Rec
2.	Holroyd	3307
3.	Hornsby	3292
4.	Western Suburbs	3161
5.	Girraween	2975
6.	Nth Suburbs	2900
7.	Smithfield	2866
8.	Ku-Ring-Gai	2862

<u>UNDER 13</u>		
1.	Randwick/Botany	3265
2.	Winston Hills	3221
3.	Nepean	3211
4.	Holroyd	3080
5.	Kurrajong/Bilpin	2987
6.	Ku-Ring-Gai	2974
7.	Nth Suburbs	2777
8.	Hornsby	2694

<u>UNDER 14</u>		
1.	Ambarvale	3225
2.	Port Hacking	3134
3.	Randwick/Botany	2799
4.	Girraween	2710.
5.	Bankstown Sports	2662
6.	Manly Warringah	2636
7.	Tuggerah Lakes	2472
8.	Hornsby	2275

<u>UNDER 15</u>		
1.	St George	4177 Rec
2.	Bankstown Sports	3639
3.	Terrigal/Wamberal	3530
4.	Nepean	3366
5.	Smithfield	3079
6.	Parramatta	3066
7.	Winston Hills	3009
8.	Ku-Ring-Gai	2946

GIRLS

1.	Winston Hills	2989
2.	Manly Warringah	2910
3.	Parramatta	2823
4.	Nepean	2820
5.	Shoalhaven	2785
6.	Hornsby	2713
7.	Randwick/Botany	2692
8.	Gosford	2676

1.	Sutherland	3455
2.	Nth Suburbs	3175
3.	Ku-Ring-Gai	3144
4.	Manly Warringah	2984
5.	Holroyd	2952
6.	Hornsby	2937
7.	Parramatta	2802
8.	Randwick/Botany	2799

1.	Parramatta	3592 Rec
2.	Fairfield	3435
3.	Blacktown	3358
4.	Hills District	3341
5.	St George	3017
6.	Girraween	2937
7.	Ku-Ring-Gai	2864
8.	Manly Warringah	2822

1.	Winston Hills	3176
2.	Bankstown Sports	2700
3.	Colyton/St Clair	2646
4.	Manly Warringah	2592
5.	Holroyd	2547
6.	Ku-Ring-Gai	2428
7.	Nth Suburbs	2292
8.	Hills District	2089

1.	Blacktown	3383
2.	Manly Warringah	3150
3.	Parramatta	3087
4.	Port Hacking	3013
5.	Ku-Ring-Gai	2893
6.	Randwick/Botany	2866
7.	Colyton/St Clair	2622
8.	Ryde	2591

New State Records

4 x 100m

U11 Mixed	Tiger Wests	55.7s
U14 Mixed	Northern Suburbs	49.8s

Long Jump/Shot Put

U8 Boys	Manly Warringah	3291 points
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4 x Long Jump

U9 Boys	Campbelltown Collegians	3250 points
U9 Girls	Hornsby	3104 points

Long Jump/High Jump

U10 Boys	Parramatta	3266 points
U10 Girls	Terrigal/Wamberal	2996 points
U11 Girls	Ku-Ring-Gai	3376 points
U13 Boys	Holroyd	3300 points
U15 Girls	Manly Warringah	3540 points

Shot Put/Discus

U9 Girls	Northern Suburbs	2773 points
U10 Girls	Hills District	3293 points
U11 Boys	Manly Warringah	3580 points
U12 Boys	Fairfield City	3469 points
U13 Girls	Parramatta	3592 points
U15 Boys	St George	4177 points