

LITTLE ATHLETICS N.S.W.



FAMILY FUN AND FITNESS

2002

**Capt'n Snooze**

# STATE RELAYS



Sydney Athletic Centre, Homebush  
Sunday, November 24, 2002



# Little Athletics Association of NSW

## RESULTS – 2002 State Relays

Sydney Athletic Centre, Homebush, November 24, 2002

### 4 x 100 Metres

#### BOYS

#### GIRLS

##### Under 8

1	KU-RING-GAI	1 Min 06.2		1	ST GEORGE	1 Min 08.4
2	CHERRYBROOK	1 Min 07.0		2	KU-RING-GAI	1 Min 08.6
3	ST GEORGE	1 Min 08.0		3	WESTERN SUBURBS	1 Min 09.3
4	MANLY WARRINGAH	1 Min 08.1		4	HILLS DISTRICT	1 Min 09.5
5	NTH SUBURBS	1 Min 08.2		5	HORNSBY	1 Min 09.7
6	HILLS DISTRICT	1 Min 08.6		6	RANDWICK BOTANY	1 Min 10.0
7	RANDWICK BOTANY	DISQ		7	RYDE	1 Min 11.3

##### Under 9

1	SOUTH EASTERN	1 Min 00.0		1	HORNSBY	1 Min 01.6
2	KU-RING-GAI	1 Min 00.2		2	SUTHERLAND	1 Min 02.2
3	MANLY WARRINGAH	1 Min 00.9		3	MANLY WARRINGAH	1 Min 02.7
4	NTH SUBURBS	1 Min 01.0		4	NTH SUBURBS	1 Min 03.0
5	HILLS DISTRICT	1 Min 01.2		5	KU-RING-GAI	1 Min 03.8
6	PORT HACKING	1 Min 01.3		6	PORT HACKING	1 Min 03.9
7	ILLAWONG	1 Min 01.7		7	TUGGERAH LKS	1 Min 04.2
8	NTH DISTRICTS	1 Min 01.9		8	ILLAWONG	1 Min 04.3

##### Under 10

1	CAMPBELLTOWN	57.2		1	MANLY WARRINGAH	58.7
2	KU-RING-GAI	57.6		2	RANDWICK BOTANY	1 Min 01.0
3	PARRAMATTA	57.7		3	RYDE	1 Min 01.2
4	MANLY WARRINGAH	58.0		4	CAMPBELLTOWN	1 Min 01.5
5	CHERRYBROOK	58.2		5	CHERRYBROOK	1 Min 02.3
6	MACQUARIE SHORES	59.0		6	HILLS DISTRICT	1 Min 02.8
7	PORT HACKING	59.2		7	REVESBY WORKERS	1 Min 03.0
8	BALMAIN	59.5		8	GOSFORD	1 Min 04.2

##### Under 11

1	MANLY WARRINGAH	54.9		1	EASTERN SUBURBS	56.3
2	BLACKTOWN	55.1		2	GOSFORD	57.3
3	SUTHERLAND	55.2		3	PORT HACKING	57.6
4	COLYTON/ST CLAIR	55.7		4	TIGER WESTS	58.0
5	GOSFORD	56.1		5	NTH DISTRICTS	58.6
6	KU-RING-GAI	56.3		6	HILLS DISTRICT	58.8
7	CHERRYBROOK	56.4		7	LAKE ILLAWARRA	59.8
8	RYDE	56.9		8	GREYSTANES	1 Min 01.6

##### Under 12

1	MANLY WARRINGAH	51.1 <b>REC</b>		1	PORTHACKING	53.9
2	RYDE	54.0		2	MANLY WARRINGAH	54.8
3	WESTERN SUBURBS	54.2		3	TUGGERAH LKS	55.8
4	GOSFORD	54.8		4	RANDWICK BOTANY	57.0
5	PARRAMATTA	55.3		5	TIGER WESTS	57.2
6	CAMPBELLTOWN	55.8		6	EASTERN SUBURBS	57.3
7	TIGER WESTS	55.9		7	BALMAIN	57.5
8	SUTHERLAND	58.3				



## BOYS

## GIRLS

## 4 x 100 Metres

## Under 13

1	CMPBELLTOWN	50.9
2	RANDWICK BOTANY	51.5
3	RYDE	51.9
4	WOY Woy	52.1
5	ST GEORGE	52.8
6	COLYTON/ST CLAIR	53.1
7	BLACKTOWN	53.2

1	PORT HACKING	51.4
2	HILLS DISTRICT	52.8
3	BLACKTOWN	53.6
4	BANKSTOWN SPORTS	53.9
5	MANLY WARRINGAH	53.9
6	SHOALHAVEN	55.0
7	SUTHERLAND	55.5
8	PARRAMATTA	55.8
<b>H3</b>	<b>PORT HACKING</b>	<b>51.0 REC</b>

## Under 14

1	CAMPBELLTOWN	47.0 REC
2	RANDWICK BOTANY	48.4
3	CHERRYBROOK	50.1
4	ILLAWONG	50.4
5	HOLROYD	51.5
6	RYDE	52.5
7	BLACKTOWN	DISQ

1	ALBION PARK	51.4
2	PORT HACKING	51.6
3	RYDE	51.6
4	HILLS DISTRICT	52.8
5	TUGGERAH LKS	54.1
6	ST GEORGE	54.3
7	ILLAWONG	54.4
8	GREYSTANES	54.5

## Under 15

1	CAMPBELLTOWN	46.2
2	RANDWICK BOTANY	46.2
3	NTH SUBURBS	46.2
4	BANKSTOWN SPORTS	46.8
5	HORNSBY	47.3
6	ST GEORGE	48.4
7	NEPEAN	53.2

1	BANKSTOWN SPORTS	51.0
2	NTH SUBURBS	51.0
3	HORNSBY	52.5
4	ALBION PARK	53.1
5	PENRITH VALLEY	54.3
6	HILLS DISTRICT	54.6
7	ILLAWONG	54.6
8	ST GEORGE	54.6

## Mixed 4 X 100 Metres

## Under 8

1	ALBION PARK	1 Min 08.7
2	AMBARVALE	1 Min 09.0
3	WERRINGTON	1 Min 09.1
4	JAMISON	1 Min 09.1
5	GREEN VALLEY	1 Min 10.0
6	ESCHOL PARK	1 Min 11.4
7	KURRAJONG/BILPIN	1 Min 11.7
8	TIGER WESTS	1 Min 12.3

## Under 9

1	SPRINGWOOD	1 Min 03.8
2	WOLLONGONG	1 Min 04.0
3	ESCHOL PARK	1 Min 04.5
4	JAMISON	1 Min 04.8
5	AMBARVALE	1 Min 05.2
6	GREEN VALLEY	1 Min 05.5
7	WARRADALE	1 Min 06.4
8	TIGER WESTS	1 Min 07.2

## Under 10

1	ALBION PARK	58.0
2	MAITLAND	59.7
3	TIGER WESTS	1 Min 00.8
4	JAMISON	1 Min 01.5
5	AMBARVALE	1 Min 01.8
6	KURRAJONG/BILPIN	1 Min 02.2
7	WARRADALE	1 Min 03.2
8	PROSPECT	1 Min 03.3

## Under 11

1	ALBION PARK	57.9
2	GLENBROOK	59.5
3	WARRADALE	59.8
4	AMBARVALE	1 Min 00.4
5	WERRINGTON	1 Min 00.6
6	ESCHOL PARK	1 Min 01.3
7	WOLLONGONG	1 Min 01.6
8	PROSPECT	1 Min 03.0

## Under 12

1	PENRITH VALLEY	54.5
2	WOLLONGONG	54.7
3	KURRAJONG/BILPIN	55.6
4	ALBION PARK	57.2
5	GREEN VALLEY	57.5
6	PROSPECT	57.7
7	SPRINGWOOD	1 Min 00.1
8	ESCHOL PARK	1 Min 01.2

## Under 13

1	TIGER WESTS	52.2
2	WARRADALE	54.0
3	KURRAJONG/BILPIN	55.4
4	GREEN VALLEY	57.7
5	MT DRUITT	58.2
6	JAMISON	59.0
7	ESCHOL PARK	59.4



## BOYS

## GIRLS

**Mixed 4 X 100 Metres**

## Under 14

1	MAITLAND	49.9
2	NTH ROCKS/C'FORD	52.0
3	KU-RING-GAI	52.4
4	GREEN VALLEY	55.3
5	MT DRUITT	55.7
6	PROSPECT	56.2

## Under 15

1	MANLY WARRINGAH	49.3
2	WERRINGTON	50.6
3	KURRAJONG/BILPIN	50.8
4	PARRAMATTA	51.0
5	REVESBY WORKERS	51.2
6	KU-RING-GAI	51.3
7	JAMISON	52.7
8	GREEN VALLEY	54.6

**Mixed 4 X 200 Metres**

## Under 8

1	PORT HACKING	2 Mins 25.5
2	RANDWICK BOTANY	2 Mins 27.2
3	COLYTON/ST CLAIR	2 Mins 27.5
4	CAMPBELLTOWN	2 Mins 29.1
5	MANLY WARRINGAH	2 Mins 30.3
6	HORNSBY	2 Mins 31.3
7	WINSTON HILLS	2 Mins 32.1
8	HILLS DISTRICT	2 Mins 32.4

## Under 9

1	PORT HACKING	2mins 12.3
2	PARRAMATTA	2 Min 15.5
3	MANLY WARRINGAH	2 Mins 15.8
4	NTH SUBURBS	2 Mins 17.4
5	EASTERN SUBURBS	2 Mins 17.6
6	PENRITH VALLEY	2 Mins 20.0
7	GOSFORD	2 Mins 21.2
8	GIRRAWEEEN	2 Mins 21.6

**Mixed 4 X 400 Metres**

## Under 10

1	ALBION PARK	4 Mins 46.4
2	CHERRYBROOK	4 Mins 49.1
3	CAMPBELLTOWN	4 Mins 51.3
4	MANLY WARRINGAH	4 Mins 53.3
5	EMU PLAINS	4 Mins 57.9
6	NTH SUBURBS	5 Mins 01.1
7	RANDWICK BOTANY	5 Mins 06.9
8	ST GEORGE	5 Mins 19.2

## Under 11

1	MANLY WARRINGAH	4 Mins 34.9
2	RANDWICK BOTANY	4 Mins 35.4
3	CHERRYBROOK	4 Mins 40.6
4	PORT HACKING	4 Mins 43.4
5	ILLAWONG	4 Mins 44.7
6	CAMPBELLTOWN	4 Mins 51.6
7	NTH SUBURBS	4 Mins 53.0
8	LAKE ILLAWARRA	4 Mins 53.8

## Under 12

1	RANDWICK BOTANY	4 Mins 21.4
2	MANLY WARRINGAH	4 Mins 22.2
3	SUTHERLAND	4 Mins 23.9
4	PORT HACKING	4 Mins 26.9
5	CAMPBELLTOWN	4 Mins 32.9
6	PENRITH VALLEY	4 Mins 52.6
7	ALBION PARK	4 Mins 54.3
8	BALMAIN	4 Mins 55.4

## Under 13

1	NEPEAN	4 Mins 19.9
2	BANKSTOWN SPORTS	4 Mins 23.5
3	MANLY WARRINGAH	4 Mins 26.0
4	ILLAWONG	4 Mins 28.3
5	RANDWICK BOTANY	4 Mins 30.7
6	TIGER WESTS	4 Mins 33.9
7	BLACKTOWN	4 Mins 42.0
8	KURRAJONG/BILPIN	4 Mins 49.7

## Under 14

1	MAITLAND	3 Mins 55.0 <b>REC</b>
2	RYDE	4 Mins 04.2
3	CHERRYBROOK	4 Mins 05.9
4	RANDWICK BOTANY	4 Mins 07.7
5	BANKSTOWN SPORTS	4 Mins 10.9
6	MANLY WARRINGAH	4 Mins 11.1
7	GREYSTANES	4 Mins 11.2
8	ILLAWONG	4 Mins 13.8

## Under 15

1	KURRAJONG/BILPIN	3 Mins 55.1
2	MANLY WARRINGAH	3 Mins 58.0
3	BANKSTOWN SPORTS	4 Mins 00.6
4	ST GEORGE	4 Mins 02.7
5	HORNSBY	4 Mins 04.6
6	RANDWICK BOTANY	4 Mins 05.3
7	HILLS DISTRICT	4 Mins 13.5
8	NEPEAN	4 Mins 14.9



## BOYS

## GIRLS

**2 X 2 Long Jump - Shot Put**

## Under 8

1	NTH DISTRICTS	3640	<b>REC</b>	1	WINSTON HILLS	2956
2	WINSTON HILLS	3420		2	SMITHFIELD	2943
3	LAKE ILLAWARRA	3261		3	HILLS DISTRICT	2880
4	RANDWICK BOTANY	3247		4	NTH DISTRICTS	2841
5	PARRAMATTA	3241		5	PARRAMATTA	2837
6	HOLROYD	3164		6	NTH SUBURBS	2781
7	MANLY WARRINGAH	3103		7	KU-RING-GAI	2760
8	KU-RING-GAI	3045		8	NEPEAN	2758

**4 X Discus**

## Under 8

1	WINSTON HILLS	2510		1	CAMDEN	2132
2	NTH DISTRICTS	2448		2	HILLS DISTRICT	2100
3	RANDWICK BOTANY	2392		3	SMITHFIELD	2080
4	SUTHERLAND	2349		4	WINSTON HILLS	2028
5	BLACKTOWN	2242		5	PORT HACKING	1985
6	DOONSIDE	2187		6	RANDWICK BOTANY	1980
7	NEPEAN	2178		7	HOLROYD	1973
8	PARRAMATTA	2175		8	KU-RING-GAI	1951

**4 X Long Jump**

## Under 9

1	KU-RING-GAI	3270		1	MACQUARIE SHORES	3248
2	NTH ROCKS/C'FORD	3268		2	MANLY WARRINGAH	3140
3	MANLY WARRINGAH	3258		3	SMITHFIELD	3044
4	HILLS DISTRICT	3224		4	WINSTON HILLS	3034
5	PARRAMATTA	3222		5	BLACKTOWN	2968
6	NTH SUBURBS	3214		6	NTH DISTRICTS	2942
7	WINSTON HILLS	3206		7	RYDE	2932
8	BANKSTOWN SPORTS	3116		8	HILLS DISTRICT	2930

**2 X Long Jump & 2 X High Jump**

## Under 10

1	SUTHERLAND	3300	<b>REC</b>	1	KU-RING-GAI	3022	<b>REC</b>
2	MANLY WARRINGAH	3088		2	HORNSBY	2822	
3	KU-RING-GAI	3000		3	PARRAMATTA	2708	
4	LAKE ILLAWARRA	2972		4	MANLY WARRINGAH	2696	
5	WINSTON HILLS	2968		5	RYDE	2606	
6	BLACKTOWN	2896		6	BANKSTOWN SPORTS	2558	
7	HOLROYD	2890		7	NTH SUBURBS	2532	
8	NTH SUBURBS	2862		8	REVESBY WORKERS	2530	

## Under 11

1	NTH SUBURBS	3372		1	PORT HACKING	3194
2	HILLS DISTRICT	3268		2	BANKSTOWN SPORTS	3188
3	REVESBY WORKERS	3200		3	HORNSBY	3076
4	CAMPBELLTOWN	3130		4	NYNGAN	2966
5	BLACKTOWN	3092		5	MANLY WARRINGAH	2786
6	MANLY WARRINGAH	3090		6	KU-RING-GAI	2776
7	RANDWICK BOTANY	2994		7	WINSTON HILLS	2718
8	RYDE	2968		8	RYDE	2706



## BOYS

## GIRLS

**2 X Long Jump & 2 X High Jump**

## Under 12

1	PARRAMATTA	3962	<b>REC</b>	1	PARRAMATTA	3442
2	KURRAJONG/BILPIN	3610		2	KU-RING-GAI	3434
3	KU-RING-GAI	3436		3	WINSTON HILLS	3362
4	BLACKTOWN	3344		4	HORNSBY	3362
5	PORT HACKING	3330		5	NYNGAN	3324
6	SUTHERLAND	3300		6	NTH SUBURBS	3160
7	MANLY WARRINGAH	3182		7	HILLS DISTRICT	3146
8	WINSTON HILLS	3020		8	NEPEAN	3126

## Under 13

1	KU-RING-GAI	3414	<b>REC</b>	1	KU-RING-GAI	3020
2	PENRITH VALLEY	3026		2	NTH DISTRICTS	2904
3	HORNSBY	2960		3	NTH SUBURBS	2892
4	NTH DISTRICTS	2914		4	GOSFORD	2820
5	COLYTON/ST CLAIR	2898		5	PORT HACKING	2816
6	MANLY WARRINGAH	2880		6	WINSTON HILLS	2798
7	WERRINGTON	2840		7	CAMPBELLTOWN	2786
8	BANKSTOWN SPORTS	2762		8	MANLY WARRINGAH	2698

## Under 14

1	NTH SUBURBS	3578		1	CHERRYBROOK	3284
2	GIRRAWEEEN	3480		2	MANLY WARRINGAH	3210
3	PORT HACKING	3398		3	NTH SUBURBS	3068
4	KU-RING-GAI	3118		4	SUTHERLAND	3026
5	BANKSTOWN SPORTS	3112		5	GLENBROOK	2982
6	RYDE	3076		6	PENRITH VALLEY	2896
7	TUGGERAH LKS	2582		7	HORNSBY	2886
8	CAMPBELLTOWN	2460		8	WINSTON HILLS	2710

## Under 15

1	KURRAJONG/BILPIN	4324		1	PORT HACKING	3336
2	NEPEAN	3984		2	MANLY WARRINGAH	3130
3	GOSFORD	3822		3	HILLS DISTRICT	2986
4	RYDE	3644		4	BLACKTOWN	2856
5	CHERRYBROOK	3498		5	GREYSTANES	2664
6	HOLROYD	3482		6	BANKSTOWN SPORTS	2118
7	PARRAMATTA	3224				
8	COLYTON/ST CLAIR	3178				

**2 X Shot Put & 2 X Discus**

## Under 9

1	MANLY WARRINGAH	2944		1	WINSTON HILLS	3032	<b>REC</b>
2	NTH DISTRICTS	2850		2	SMITHFIELD	2927	
3	WINSTON HILLS	2779		3	RYDE	2751	
4	BLACKTOWN	2778		4	NEPEAN	2555	
5	CAMPBELLTOWN	2752		5	HORNSBY	2527	
6	NTH SUBURBS	2731		6	PARRAMATTA	2505	
7	NEPEAN	2719		7	HILLS DISTRICT	2494	
8	RYDE	2702		8	BLACKTOWN	2481	



## BOYS

## GIRLS

## 2 X Shot Put &amp; 2 X Discus

## Under 10

1	WINSTON HILLS	3616
2	SMITHFIELD	3205
3	KU-RING-GAI	3193
4	BLACKTOWN	3184
5	PARRAMATTA	3109
6	NTH DISTRICTS	3103
7	HOLROYD	3098
8	MANLY WARRINGAH	3092

1	CAMDEN	3067
2	SMITHFIELD	3018
3	KU-RING-GAI	2996
4	WINSTON HILLS	2926
5	NEPEAN	2730
6	SPRINGWOOD	2674
7	PARRAMATTA	2661
8	REVESBY WORKERS	2660

## Under 11

1	KU-RING-GAI	3442
2	RANDWICK BOTANY	3253
3	HILLS DISTRICT	3215
4	NTH SUBURBS	3214
5	NTH DISTRICTS	3168
6	BLACKTOWN	3100
7	MANLY WARRINGAH	3062
8	WERRINGTON	2995

1	BANKSTOWN SPORTS	2837
2	NEPEAN	2796
3	COLYTON/ST CLAIR	2783
4	KU-RING-GAI	2758
5	HILLS DISTRICT	2747
6	NTH SUBURBS	2721
7	RYDE	2699
8	HORNSBY	2623

## Under 12

1	WINSTON HILLS	3477
2	PARRAMATTA	3446
3	NEPEAN	3322
4	KU-RING-GAI	3142
5	RANDWICK BOTANY	3067
6	AMBARVALE	2863
7	GOSFORD	2820
8	BLACKTOWN	2765

1	SPRINGWOOD	3308
2	HORNSBY	3136
3	HILLS DISTRICT	3103
4	RANDWICK BOTANY	2878
5	BLACKTOWN	2870
6	NEPEAN	2851
7	WINSTON HILLS	2782
8	AMBARVALE	2777

## Under 13

1	BANKSTOWN SPORTS	3259
2	PARRAMATTA	3113
3	WERRINGTON	3107
4	HOLROYD	2931
5	RANDWICK BOTANY	2823
6	HORNSBY	2801
7	KU-RING-GAI	2797
8	NTH DISTRICTS	2784

1	RANDWICK BOTANY	3393
2	WINSTON HILLS	3212
3	NTH DISTRICTS	3018
4	GOSFORD	2715
5	REVESBY WORKERS	2680
6	HILLS DISTRICTS	2593
7	CAMPBELLTOWN	2566
8	NTH SUBURBS	2516

## Under 14

1	REVESBY WORKERS	2747
2	KU-RING-GAI	2725
3	BANKSTOWN SPORTS	2557
4	RYDE	2215
5	CAMPBELLTOWN	1100

1	SUTHERLAND	3329 REC
2	NTH SUBURBS	2822
3	KU-RING-GAI	2780
4	WINSTON HILLS	2529
5	MANLY WARRINGAH	2469
6	HILLS DISTRICT	2342
7	HORNSBY	2278
8	BLACKTOWN	2261

## Under 15

1	WINSTON HILLS	3975
2	RANDWICK BOTANY	3852
3	NEPEAN	3342
4	KURRAJONG/BILPIN	3266
5	NTH DISTRICTS	3255
6	BLACKTOWN	2878
7	RYDE	2856
8	MANLY WARRINGAH	2617

1	BLACKTOWN	3460
2	HILLS DISTRICT	3180
3	ST GEORGE	3039
4	MANLY WARRINGAH	2842
5	GIRRAWEE	2625
6	PORT HACKING	2460
7	GOSFORD	1897



# New State Records

## 4 x 100m

U12 Boys  
U13 Girls  
U14 Boys

Manly Warringah  
Port Hacking  
Campbelltown Collegians

51.0 T46  
51.0 T48  
47.0 T52

## 4 x 400m

U14 Mixed

Maitland

3:55.0 T63

## Long Jump/Shot Put

U8 Boys

Northern Districts

3640 points F25

## Long Jump/High Jump

U10 Boys  
U10 Girls  
U12 Boys  
U13 Boys

Sutherland  
Ku-Ring-Gai  
Parramatta  
Ku-Ring-Gai

3300 points F16  
3022 points F23  
3962 points F4  
3414 points F13

## Shot Put/Discus

U9 Girls  
U14 Girls

Winston Hills  
Sutherland

3032 points F17  
3329 points F2