

Little Athletics Association of NSW
RESULTS - 2005 State Relays
 Sydney Athletics Centre, Homebush, November 27, 2005

4 X 100 Metres

BOYS

GIRLS

Under 8

1 Hills District	1 Min 06.8 Secs	1 Randwick/Botany	1 Min 09.5 Secs
2 Ku-Ring-Gai	1 Min 08.6 Secs	2 Camden	1 Min 09.6 Secs
3 Randwick/Botany	1 Min 10.1 Secs	3 Ku-Ring-Gai	1 Min 10.9 Secs
4 Camden	1 Min 10.3 Secs	4 Manly Warringah	1 Min 11.6 Secs
5 Werrington	1 Min 10.5 Secs	5 Cherrybrook	1 Min 12.3 Secs
6 Parramatta	1 Min 10.9 Secs	6 Hawkesbury City	1 Min 13.1 Secs
7 Doonside	1 Min 11.1 Secs	7 Doonside	1 Min 13.5 Secs
		8 Tuggerah Lakes Mingara	1 Min 14.9 Secs

Under 9

1 Manly Warringah	1 Min 01.6 Secs	1 Port Hacking	1 Min 03.8 Secs
2 Ku-Ring-Gai	1 Min 02.3 Secs	2 Northern Suburbs	1 Min 06.3 Secs
3 Cherrybrook	1 Min 03.0 Secs	3 Cherrybrook	1 Min 06.6 Secs
4 South Eastern	1 Min 04.5 Secs	4 Camden	1 Min 06.8 Secs
5 Ryde	1 Min 04.7 Secs	5 Randwick/Botany	1 Min 06.9 Secs
6 Port Hacking	1 Min 06.0 Secs	6 Parramatta	1 Min 07.4 Secs
7 Parramatta	1 Min 06.2 Secs	7 Northern Districts	1 Min 08.0 Secs
		8 Manly Warringah	1 Min 08.2 Secs

Under 10

1 Port Hacking	59.3 Secs	1 Port Hacking	1Min 00.0 Secs
2 Randwick/Botany	59.9 Secs	2 Lethbridge Park	1 Min 00.8 Secs
3 Tuggerah Lakes Mingara	59.9 Secs	3 Tuggerah Lakes Mingara	1 Min 01.2 Secs
4 Werrington	1 Min 00.2 Secs	4 Winston Hills	1 Min 02.0 Secs
5 Gosford	1 Min 00.7 Secs	5 St George	1 Min 02.5 Secs
6 Manly Warringah	1 Min 01.0 Secs	6 Hills District	1 Min 02.8 Secs
7 Winston Hills	1 Min 01.2 Secs	7 Balmain	1 Min 03.1 Secs
8 Hills District	1 Min 01.9 Secs	8 Randwick/Botany	1 Min 03.6 Secs

Under 11

1 Parramatta	56.5 Secs	1 Manly Warringah	57.8 Secs
2 Northern Suburbs	57.4 Secs	2 Jamison	58.3 Secs
3 Manly Warringah	57.7 Secs	3 St George	58.4 Secs
4 Lake Illawarra	59.3 Secs	4 Kurrajong/Bilpin	58.5 Secs
5 Randwick/Botany	59.7 Secs	5 Cherrybrook	59.3 Secs
6 Port Hacking	1 Min 00.1 Secs	6 Macquarie Shores	1 Min 00.1 Secs
7 Werrington	1 Min 00.2 Secs	7 Northern Districts	1 Min 01.0 Secs
8 Hills District	1 Min 00.7 Secs	8 Tuggerah Lakes Mingara	1 Min 01.9 Secs

Under 12

1 Port Hacking	55.3 Secs	1 Wollongong City	55.9 Secs
2 Colyton/St. Clair	56.2 Secs	2 Manly Warringah	56.2 Secs
3 Northern Suburbs	56.7 Secs	3 Hawkesbury City	56.5 Secs
4 Tuggerah Lakes Mingara	57.4 Secs	4 Port Hacking	57.0 Secs
5 Northern Districts	57.5 Secs	5 Emu Plains	58.1 Secs
6 Manly Warringah	58.7 Secs	6 Ryde	58.8 Secs
7 Parramatta	58.8 Secs	7 Canterbury	1 Min 01.4 Secs
8 Canterbury	59.1 Secs	8 Hills District	1 Min 08.3 Secs

BOYS**GIRLS****Under 13**

1	Manly Warringah	51.3 Secs
2	Campbelltown	51.6 Secs
3	Parramatta	51.8 Secs
4	Tuggerah Lakes Mingara	54.2 Secs
5	Hills District	55.7 Secs
6	Randwick/Botany	55.9 Secs
7	Kurrajong/Bilpin	56.0 Secs
8	Eastern Suburbs	56.4 Secs

1	Ryde	53.6 Secs
2	Campbelltown	53.6 Secs
3	Manly Warringah	54.1 Secs
4	Winston Hills	54.2 Secs
5	Randwick/Botany	55.3 Secs
6	Balmain	55.5 Secs
7	Lake Illawarra	56.3 Secs
8	Liverpool City	57.2 Secs

Under 14

1	Port Hacking	48.9 Secs
2	Hills District	49.8 Secs
3	Werrington	50.1 Secs
4	Manly Warringah	50.9 Secs
5	Parramatta	52.5 Secs
6	Blacktown	52.7 Secs
7	Lake Illawarra	55.2 Secs

1	Port Hacking	51.3 Secs
2	Northern Districts	52.8 Secs
3	Manly Warringah	53.0 Secs
4	Eastern Suburbs	53.3 Secs
5	Kurrajong/Bilpin	53.5 Secs
6	Northern Suburbs	54.8 Secs
7	Liverpool City	55.1 Secs
8	Greystanes	55.3 Secs

Under 15

1	Port Hacking	45.7 Secs
2	Manly Warringah	46.0 Secs
3	Northern Suburbs	46.0 Secs
4	Ryde	46.3 Secs
5	Kurrajong/Bilpin	48.1 Secs
6	Northern Districts	48.8 Secs
7	Randwick/Botany	51.9 Secs

1	Port Hacking	50.8 Secs
2	Hills District	52.1 Secs
3	Randwick/Botany	53.1 Secs
4	Ku-Ring-Gai	54.9 Secs
5	Balmain	55.6 Secs
6	Northern Suburbs	55.9 Secs
7	Blacktown	56.3 Secs
8	Northern Districts	56.9 Secs

Mixed 4 X 100 Metres**Under 8**

1	Wollongong City	1 Min 09.8 Secs
2	Jamison	1 Min 10.9 Secs
3	Douglas Park	1 Min 12.0 Secs
4	Albion Park	1 Min 13.4 Secs
5	Prospect	1 Min 14.9 Secs
6	Green Valley	1 Min 15.1 Secs
7	Ambarvale	1 Min 18.5 Secs
8	Everley Park	1 Min 19.1 Secs

Under 9

1	Jamison	1 Min 05.4 Secs
2	Wollongong City	1 Min 06.2 Secs
3	Tallawong Park	1 Min 08.8 Secs
4	Green Valley	1 Min 10.0 Secs
5	Warradale	1 Min 10.5 Secs
6	Tiger Wests	1 Min 12.5 Secs
7	Prospect	1 Min 18.6 Secs

Under 10

1	Wollongong City	1 Min 01.6 Secs
2	Jamison	1 Min 02.0 Secs
3	Albion Park	1 Min 02.7 Secs
4	Springwood	1 Min 03.6 Secs
5	Tiger Wests	1 Min 03.9 Secs
6	Tallawong Park	1 Min 05.3 Secs
7	Greystanes	1 Min 06.5 Secs
8	Prospect	1 Min 06.8 Secs

Under 11

1	Hawkesbury City	57.9 Secs
2	Wollongong City	58.4 Secs
3	Warradale	59.0 Secs
4	Green Valley	59.0 Secs
5	Greystanes	1 Min 01.3 Secs
6	Tallawong Park	1 Min 04.2 Secs
7	Douglas Park	1 Min 06.4 Secs
8	Tiger Wests	1 Min 07.1 Secs

Under 12

1	Green Valley	57.5 Secs
2	Springwood	57.6 Secs
3	Albion Park	58.1 Secs
4	Jamison	58.5 Secs
5	Tiger Wests	58.7 Secs
6	Helensburgh	1 Min 00.5 Secs
7	Everley Park	1 Min 03.7 Secs

Under 13

1	Jamison	54.0 Secs
2	Tallawong Park	56.7 Secs
3	Eschol Park	58.8 Secs
4	Wollongong City	59.0 Secs
5	Douglas Park	1 Min 00.4 Secs
6	Tiger Wests	1 Min 02.7 Secs

BOYS**GIRLS****Mixed 4 X 100 Metres****Under 14**

1	Wollongong City	52.3 Secs
2	Albion Park	54.4 Secs
3	Prospect	54.8 Secs
4	Jamison	56.1 Secs

Under 15

1	Albion Park	51.0 Secs
2	Green Valley	51.6 Secs
3	Tiger Wests	55.0 Secs
4	Everley Park	56.0 Secs

Mixed 4 X 200 Metres**Under 8**

1	Randwick/Botany	2 Mins 31.0 Secs
2	Parramatta	2 Mins 32.9 Secs
3	Manly Warringah	2 Mins 33.3 Secs
4	Hills District	2 Mins 36.9 Secs
5	Northern Suburbs	2 Mins 38.3 Secs
6	Albion Park	2 Mins 39.1 Secs
7	Ryde	2 Mins 45.2 Secs

Under 9

1	Parramatta	2 Mins 20.2 Secs
2	Cherrybrook	2 Mins 20.3 Secs
3	Randwick/Botany	2 Mins 20.9 Secs
4	Port Hacking	2 Mins 23.3 Secs
5	Manly Warringah	2 Mins 23.5 Secs
6	Liverpool City	2 Mins 24.6 Secs
7	Hills District	2 Mins 25.1 Secs
8	Northern Suburbs	2 Mins 25.2 Secs
9	Camden	2 Mins 25.9 Secs

Mixed 4 X 400 Metres**Under 10**

1	Port Hacking	4 Mins 53.0 Secs
2	New England	4 Mins 53.4 Secs
3	Winston Hills	5 Mins 05.5 Secs
4	Penrith	5 Mins 08.3 Secs
5	Manly Warringah	5 Mins 10.1 Secs
6	Randwick/Botany	5 Mins 10.4 Secs
7	Hills District	5 Mins 14.8 Secs
8	Albion Park	5 Mins 15.9 Secs

Under 11

1	Manly Warringah	4 Mins 43.5 Secs
2	Wollongong City	4 Mins 48.4 Secs
3	Randwick/Botany	4 Mins 54.9 Secs
4	Jamison	5 mins 06.1 Secs
5	Warradale	5 Mins 10.2 Secs
6	Liverpool City	5 Mins 17.1 Secs
7	Port Hacking	5 Mins 26.6 Secs

Under 12

1	Port Hacking	4 Mins 32.4 secs
2	Wollongong City	4 Mins 32.7 Secs
3	Emu Plains	4 Mins 42.0 Secs
4	Hills District	4 Mins 43.0 Secs
5	Manly Warringah	4 Mins 47.1 Secs
6	Northern Districts	4 Mins 57.6 Secs
7	Northern Suburbs	5 Mins 01.3 Secs
8	Campbelltown	5 Mins 03.1

Under 13

1	Manly Warringah	4 Mins 20.6 Secs
2	Campbelltown	4 Mins 21.2 Secs
3	Randwick/Botany	4 Mins 24.5 Secs
4	Hills District	4 Mins 30.9 Secs
5	Parramatta	4 Mins 39.4 Secs
6	Cherrybrook	4 Mins 44.3 Secs

Under 14

1	Port Hacking	4 Mins 04.9 Secs
2	Manly Warringah	4 Mins 06.5 Secs
3	Northern Suburbs	4 Mins 08.8 Secs
4	Lake Illawarra	4 Mins 27.9 Secs
5	Randwick/Botany	4 Mins 34.5 Secs
6	Albion Park	4 Mins 45.1 Secs

Under 15

1	Port Hacking	4 Mins 04.1 Secs
2	Manly Warringah	4 Mins 06.1 Secs
3	Randwick/Botany	4 Mins 10.2 Secs
4	Albion Park	4 Mins 23.2 Secs
5	Northern Districts	4 Mins 23.4 Secs
6	Northern Suburbs	4 Mins 27.5 Secs
7	Ku-Ring-Gai	4 Mins 37.1 Secs

4 X Long Jump

BOYS

GIRLS

Under 8

1	Manly Warringah	2,986 Points
2	Port Hacking	2,884 Points
3	Western Suburbs	2,758 Points
4	Randwick/Botany	2,702 Points
4	Winston Hills	2,702 Points
6	Ku-Ring-Gai	2,686 Points
7	Mid South Coast	2,670 Points
8	Northern Suburbs	2,644 Points

1	Hornsby	2,864 Points
2	Manly Warringah	2,698 Points
3	Campbelltown	2,674 Points
4	Randwick/Botany	2,650 Points
5	Parramatta	2,602 Points
6	Ku-Ring-Gai	2,572 Points
7	Blacktown	2,504 Points
8	Nepean	2,460 Points

Under 9

1	Manly Warringah	3,248 Points
2	Northern Suburbs	3,210 Points
3	Bankstown Sports	3,198 Points
4	Ku-Ring-Gai	3,034 Points
5	Winston Hills	2,968 Points
6	Randwick/Botany	2,942 Points
7	Mid South Coast	2,938 Points
8	Nepean	2,934 Points

1	Winston Hills	3,012 Points
2	Ku-Ring-Gai	3,008 Points
3	Mid South Coast	2,994 Points
4	Manly Warringah	2,982 Points
5	Northern Suburbs	2,932 Points
6	Hornsby	2,902 Points
7	Bankstown Sports	2,864 Points
8	Girraween	2,830 Points

2 X Long Jump & 2 X High Jump

Under 10

1	Manly Warringah	2,970 Points
2	Western Suburbs	2,948 Points
3	Northern Districts	2,830 Points
4	Northern Suburbs	2,740 Points
5	Randwick/Botany	2,716 Points
6	Doonside	2,672 Points
6	Ku-Ring-Gai	2,672 Points
8	North Rocks/Carlingford	2,528 Points

1	Bankstown Sports	2,652 Points
2	Manly Warringah	2,610 Points
3	Ryde	2,608 Points
4	Gosford	2,524 Points
5	Northern Suburbs	2,444 Points
6	Winston Hills	2,340 Points
7	Parramatta	2,276 Points
8	Blacktown	2,152 Points

Under 11

1	Winston Hills	3,024 Points
2	Western Suburbs	2,990 Points
3	Ku-Ring-Gai	2,898 Points
4	Helensburgh	2,858 Points
5	Hills District	2,822 Points
6	Randwick/Botany	2,782 Points
7	Blacktown	2,774 Points
8	Hornsby	2,726 Points

1	Manly Warringah	2,960 Points
2	Northern Suburbs	2,952 Points
3	Mid South Coast	2,900 Points
4	Hills District	2,858 Points
5	Blacktown	2,738 Points
6	Penrith	2,724 Points
7	Parramatta	2,574 Points
8	Winston Hills	2,316 Points

Under 12

1	Parramatta	3,570 Points
2	Hills District	3,514 Points
3	Blacktown	3,468 Points
4	Ryde	3,428 Points
5	Colyton/St. Clair	3,366 Points
6	Campbelltown	3,306 Points
7	Ku-Ring-Gai	3,222 Points
7	Northern Suburbs	3,222 Points

1	Winston Hills	3,384 Points
2	Sutherland	3,252 points
3	Northern Suburbs	3,244 Points
4	Manly Warringah	3,242 Points
5	Bankstown Sports	3,152 Points
6	Parramatta	3,076 Points
7	Holroyd	3,062 Points
8	Ryde	3,022 Points

Under 13

1	Northern Suburbs	3,026 Points
2	Girraween	2,806 Points
3	Springwood	2,750 Points
4	Manly Warringah	2,732 Points
5	Blacktown	2,712 Points
6	Parramatta	2,536 Points
7	Sutherland	1,946 Points

1	Mid South Coast	2,822 Points
2	Parramatta	2,628 Points
3	Blacktown	2,428 Points
4	Bankstown Sports	2,024 Points
5	Port Hacking	1,986 Points
6	Northern Districts	1,912 Points
7	Hills District	1,904 Points
8	Winston Hills	580 Points

BOYS

1	Randwick/Botany	3,352 Points
2	Ku-Ring-Gai	3,194 Points
3	Northern Suburbs	3,036 Points
4	Manly Warringah	2,970 Points
5	St George	2,924 Points
6	Hills District	2,818 Points
7	Northern Districts	2,662 Points
8	Mid South Coast	2,562 Points

GIRLS**Under 14**

1	Winston Hills	3,156 Points
2	Ku-Ring-Gai	3,106 Points
3	Blacktown	2,196 Points
4	Northern Suburbs	2,052 Points
5	Campbelltown	656 Points

Under 15

1	Parramatta	3,872 Points	1	Hornsby	3,030 Points
2	Ku-Ring-Gai	3,390 Points	2	Ku-Ring-Gai	2,984 Points
3	Winston Hills	3,314 Points	3	Parramatta	2,982 Points
4	Manly Warringah	3,250 Points	4	Springwood	2,650 Points
5	Blacktown	2,588 Points	5	Randwick/Botany	2,576 Points
6	Bankstown Sports	2,394 Points	6	Campbelltown	2,230 Points
7	Randwick/Botany	1,596 Points	7	Hills District	2,094 Points
			8	Northern Suburbs	2,038 Points

BOYS**2 X Shot Put & 2 X Discus****Under 8**

1	Winston Hills	2,814 Points	1	Ryde	2,443 Points
2	Randwick/Botany	2,678 Points	2	Campbelltown	2,361 Points
3	Hills District	2,574 Points	3	Randwick/Botany	2,358 Points
4	Nepean	2,571 Points	4	Blacktown	2,328 Points
5	Manly Warringah	2,535 Points	5	Ku-Ring-Gai	2,307 Points
6	Holroyd	2,499 Points	6	Parramatta	2,256 Points
7	Ku-Ring-Gai	2,407 Points	7	Holroyd	2,201 Points
8	Bankstown Sports	2,387 Points	8	Northern Districts	2,082 points

GIRLS**Under 9**

1	Blacktown	2,844 Points	1	Manly Warringah	2,693 Points
2	Randwick/Botany	2,818 Points	2	Ku-Ring-Gai	2,456 Points
3	Northern Suburbs	2,777 Points	3	Port Hacking	2,442 Points
4	Winston Hills	2,765 Points	4	Sutherland	2,416 Points
5	Bankstown Sports	2,715 Points	5	Randwick/Botany	2,385 Points
6	Ku-Ring-Gai	2,688 Points	6	Northern Suburbs	2,383 Points
7	Nepean	2,584 Points	7	Holroyd	2,077 Points
8	Manly Warringah	2,523 Points	8	Cherrybrook	1,867 Points

Under 10

1	Manly Warringah	3,432 Points	1	Bankstown Sports	3,089 Points
2	Ambarvale	3,383 Points	2	Winston Hills	3,003 Points
3	Randwick/Botany	3,274 Points	3	Mt Pritchard	2,921 Points
4	Parramatta	3,141 Points	4	Gosford	2,620 Points
5	Western Suburbs	3,070 Points	5	Ku-Ring-Gai	2,612 Points
6	Blacktown	2,998 Points	6	Parramatta	2,534 Points
7	Hills District	2,960 Points	7	Northern Districts	2,484 Points
8	Werrington	2,855 Points	8	Hills District	2,477 Points

Under 11

1	Randwick/Botany	3,095 Points	1	Nepean	2,801 Points
2	Winston Hills	3,013 Points	2	Northern Suburbs	2,788 Points
3	Campbelltown	2,996 Points	3	Smithfield	2,781 Points
4	Manly Warringah	2,735 Points	4	Ku-Ring-Gai	2,752 Points
5	Werrington	2,721 Points	5	Parramatta	2,746 Points
6	Northern Districts	2,647 Points	6	Winston Hills	2,724 Points
7	Gosford	2,629 Points	7	Hills District	2,503 Points
8	Blacktown	2,621 Points	8	Port Hacking	2,497 Points

BOYS**GIRLS****2 X Shot Put & 2 X Discus****Under 12**

1	Blacktown	3,225 Points
2	Ku-Ring-Gai	3,151 Points
3	Randwick/Botany	3,054 Points
4	Northern Suburbs	2,984 Points
5	Parramatta	2,802 Points
6	Campbelltown	2,801 Points
7	Holroyd	2,728 Points
8	Manly Warringah	2,702 Points

1	Winston Hills	3,377 Points
2	Manly Warringah	2,899 Points
3	Bankstown Sports	2,898 Points
4	Ku-Ring-Gai	2,842 Points
5	Hills District	2,764 Points
6	Campbelltown	2,761 Points
7	Northern Suburbs	2,746 Points
8	Parramatta	2,694 Points

Under 13

1	Winston Hills	2,982 Points
2	Parramatta	2,584 Points
3	Sutherland	2,575 Points
4	Northern Suburbs	2,545 Points
5	Blacktown	2,532 Points
6	Manly Warringah	2,433 Points

1	Ku-Ring-Gai	3,115 Points
2	Winston Hills	2,998 Points
3	Smithfield	2,976 Points
4	Bankstown Sports	2,930 Points
5	Blacktown	2,915 Points
6	Ambarvale	2,868 Points

Under 14

1	Northern Suburbs	3,339 Points
2	Randwick/Botany	3,284 Points
3	Macquarie Shores	2,993 Points
4	Blacktown	2,898 Points
5	Bankstown Sports	2,655 Points
6	Tiger Wests	2,622 Points
7	Northern Districts	2,527 Points
8	Hills District	2,506 Points

1	Winston Hills	2,936 Points
2	Ku-Ring-Gai	2,778 Points
3	Northern Suburbs	2,492 Points
4	Prospect	2,234 Points
5	Campbelltown	1,298 Points

Under 15

1	Winston Hills	3,643 Points
2	Parramatta	3,251 Points
3	Bankstown Sports	2,143 Points
4	Manly Warringah	1,777 Points
5	Randwick/Botany	1,452 Points

1	Nepean	2,831 Points
2	Hornsby	2,685 Points
3	Manly Warringah	2,648 Points
4	Ku-Ring-Gai	2,401 Points
5	Randwick/Botany	2,371 Points
6	Northern Suburbs	2,238 Points
7	Campbelltown	1,572 Points

NEW STATE RECORDS

RELAY FIELD

NIL

RELAY TRACK

NIL

INDIVIDUAL

NIL