

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre
Invitation Events – Athletes with a Disability
RESULTS

CLASSIFICATIONS

T/F 1 Deaf	T/F 37 Cerebral Palsy
T/F 11 Visually Impaired	T/F 38 Cerebral Palsy
T/F 13 Visually Impaired	T/F 44 Amputee
T/F 20 Intellectually Impaired	T/F 46 Amputee
T/F 34 Cerebral Palsy (wheelchair)	

BOYS

				% of World Record
Boys U9-10 100 Run AWD				
1	Dylan Condon (T/F 1)	Tuggerah Lakes M	21.13	52.36%
2	Joshua Parkinson (T/F 20)	Kempsey	26.94	40.37%
Boys U11-12 100 Run AWD				
1	Hayden Sinclair (T/F 46)	Macquarie Hunter	17.50	64.57%
2	Dean Chesham (T/F 38)	Campbelltown Collegians	21.37	55.14%
3	James Slender (T/F 38)	Warradale	42.71	27.57%
Boys U13-14 100 Run AWD				
1	James Turner (T/F 38)	Forster/Tuncurry	16.61	70.66%
2	Bradley Bloem (T/F 20)	Warradale	15.43	70.32%
3	Kieran Setco (T/F 38)	Port Hacking	17.08	69.01%
4	Jordan Mossfield (T/F 38)	Kurrajong Bilpin	18.44	63.78%
5	Tim Lockwood (T/F 20)	Randwick Botany	19.08	57.07%
6	Matthew Hassett (T/F 20)	Gosford	25.22	43.08%
Boys U15-17 100 Run AWD				
1	Tim Foster (T/F 20)	Cherrybrook	12.40	109.68%
2	Dylan Patman (T/F 20)	Port Hacking	12.90	105.43%
3	Mitchell Pink (T/F 38)	Shoalhaven	13.30	61.65%
4	Tavis Soper (T/F 37)	Tuggerah Lakes M	28.50	40.70%
Boys U9-10 Long Jump AWD				
1	Dylan Condon (T/F 1)	Tuggerah Lakes M	1.84m	31.91%
2	Joshua Parkinson (T/F 20)	Kempsey	2.17m	27.46%
Boys U11-12 Long Jump AWD				
1	Hayden Sinclair (T/F 46)	Macquarie Hunter	3.19m	49.84%
2	Dean Chesham (T/F 38)	Campbelltown Collegians	1.96m	34.39%
3	James Slender (T/F 38)	Warradale	0.91m	15.96%

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Boys U13-14 Long Jump AWD				
1	James Turner (T/F 38)	Forster/Tuncurry	3.32m	58.25%
2	Jordan Mossfield (T/F 38)	Kurrajong Bilpin	2.80m	49.12%
3	Bradley Bloem (T/F 20)	Warradale	3.19m	47.61%
4	Kieran Setco (T/F 38)	Port Hacking	2.58m	45.26%
5	Tim Lockwood (T/F 20)	Randwick Botany	1.18m	17.61%
Boys U15-17 Long Jump AWD				
1	Mitchell Pink (T/F 38)	Shoalhaven	4.48m	78.60%
2	Dylan Patman (T/F 20)	Port Hacking	5.05m	75.37%
3	Tim Foster (T/F 20)	Cherrybrook	4.78m	71.34%
4	Tavis Soper (T/F 37)	Tuggerah Lakes M	1.57m	28.55%
Boys U9-10 Shot Put AWD				
1	Dylan Condon (T/F 1)	Tuggerah Lakes M	3.06m	21.10%
2	Joshua Parkinson (T/F 20)	Kempsey	2.42m	17.79%
Boys U11-12 Shot Put AWD				
1	Hayden Sinclair (T/F 46)	Macquarie Hunter	5.63m	46.92%
2	Dean Chesham (T/F 38)	Campbelltown Collegians	4.24m	36.55%
3	James Slender (T/F 38)	Warradale	1.36m	11.72%
Boys U13-14 Shot Put AWD				
1	Bradley Bloem (T/F 20)	Warradale	7.96m	58.53%
2	Kieran Setco (T/F 38)	Port Hacking	5.82m	50.17%
3	James Turner (T/F 38)	Forster/Tuncurry	5.49m	47.33%
4	Jordan Mossfield (T/F 38)	Kurrajong Bilpin	3.97m	34.22%
5	Matthew Hassett (T/F 20)	Gosford	3.63m	26.69%
6	Tim Lockwood (T/F 20)	Randwick Botany	2.36m	17.35%
Boys U15-17 Shot Put AWD				
1	Mitchell Pink (T/F 38)	Shoalhaven	8.99m	77.50%
2	Dylan Patman (T/F 20)	Port Hacking	8.62m	63.38%
3	Tavis Soper (T/F 37)	Tuggerah Lakes M	3.37m	28.56%

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GIRLS

				% of World Record
Girls U 9-10 100 Run AWD				
1	Shannon Burrows (T/F 11)	Ryde	19.44	77.95%
2	Courtney Cook (T/F 20)	Glenbrook	17.60	77.27%
3	Arabella McKinn (T/F 13)	Northern Suburbs	18.34	69.57%
4	Rachael Barlow (T/F 1)	Kurrajong Bilpin	18.21	68.03%
Girls U 11-12 100 Run AWD				
1	Amanda Fowler (T/F 20)	Glenbrook	17.90	75.98%
2	Gemma Thompson (T/F 20)	Warradale	18.63	72.73%
3	Amanda Krsticevic (T/F 46)	Kurrajong Bilpin	17.34	72.70%
4	Jessica Cronje (T/F 37)	Campbelltown Collegians	20.94	70.95%
5	Sarah Walsh (T/F 44)	Helensburgh	22.32	66.52%
Girls U 13-14 100 Run AWD				
1	Kristy Pond (T/F 34)	Winston Hills	27.05	76.52%
2	Natasha Morrison (T/F 37)	Campbelltown Collegians	21.07	70.72%
Girls U 15-17 100 Run AWD				
1	April Bamford (T/F 38)	Campbelltown Collegians	19.14	
2	Charnai Hutchison (T/F 20)	Albion Park	25.73	
Girls U 9-10 Long Jump AWD				
1	Arabella McKinn (T/F 13)	Northern Suburbs	2.41m	56.05%
2	Rachael Barlow (T/ F 1)	Kurrajong Bilpin	2.70m	55.10%
3	Courtney Cook (T/F 20)	Glenbrook	2.29m	44.04%
4	Shannon Burrows (T/F 11)	Ryde	1.20m	33.33%
Girls U 11-12 Long Jump AWD				
1	Amanda Krsticevic (T/F 46)	Kurrajong Bilpin	3.14m	65.42%
2	Sarah Walsh (T/F 44)	Helensburgh	2.33m	60.52%
3	Amanda Fowler (T/F 20)	Glenbrook	2.80m	53.85%
4	Jessica Cronje (T/ F 37)	Campbelltown Collegians	2.28m	51.82%
5	Gemma Thompson (T/ F 20)	Warradale	1.60m	30.77%
Girls U 13-14 Long Jump AWD				
1	Natasha Morrison (T/F 37)	Campbelltown Collegians	2.05m	46.59%
Girls U 15-17 Long Jump AWD				
1	April Bamford (T/F 38)	Campbelltown Collegians	2.70m	60.67%
2	Charnai Hutchison (T/F 20)	Albion Park	0.73m	14.03%

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				% of World Record
Girls U 9-10 Shot Put AWD				
1	Arabella McKinn (T/F 13)	Northern Suburbs	3.74m	36.14%
2	Rachael Barlow (T/ F 1)	Kurrajong Bilpin	3.31m	31.23%
3	Courtney Cook (T/F 20)	Glenbrook	3.35m	31.02%
4	Shannon Burrows (T/F 11)	Ryde	2.15m	26.71%
Girls U 11-12 Shot Put AWD				
1	Amanda Krsticevic (T/F 46)	Kurrajong Bilpin	7.15m	83.14%
2	Amanda Fowler (T/F 20)	Glenbrook	5.62m	52.04%
3	Jessica Cronje (T/F 37)	Campbelltown Collegians	3.87m	41.17%
4	Sarah Walsh (T/F 44)	Helensburgh	3.52m	38.05%
5	Gemma Thompson (T/ F 20)	Warradale	2.87m	26.57%
Girls U 13-14 Shot Put AWD				
1	Kristy Pond (T/F 34)	Winston Hills	3.40m	68.69%
2	Natasha Morrison (T/F 37)	Campbelltown Collegians	5.88m	62.55%
Girls U 15-17 Shot Put AWD				
1	April Bamford (T/F 38)	Campbelltown Collegians	4.41m	43.88%
2	Charnai Hutchison (T/F 20)	Albion Park	1.91m	17.68%

Little Athletics N.S.W.
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RESULTS

BOYS

Boys U9 - 70 Metre Run

Heat 1 Heats

1	Tristan Brazulaiti	Albion Park	10.33Q
2	Aron Cox	Kiama	10.36Q
3	Methila Nanayakkar	Cherrybrook	10.58Q
4	Bailey Antrobus	Wollongong City	10.71
5	Charlie Gentz	Wallsend RSL	10.75
6	Thomas Carroll	Liverpool City	10.75
7	Jaime Boutros	Bankstown Sports	11.00
8	Joshua Azzopardi	Camden	11.13

Heat 2 Heats

1	Lewis Clabburn	Northern Suburbs	10.17Q
2	Joshua Chandler	Doonside	10.26Q
3	Isaac Davis	Macquarie Hunter	10.39Q
4	Zachary Boyd	Wyong	10.54q
5	Matteo Tiscia	St George	10.56q
6	Miles Petersen	Cardiff	10.76
7	Joshua Freedman	Western Suburbs	10.86
8	Selasi Glover	Blacktown	10.96

Final

1	Tristan Brazulaiti	Albion Park	10.15
2	Lewis Clabburn	Northern Suburbs	10.24
3	Methila Nanayakkar	Cherrybrook	10.27
3	Isaac Davis	Macquarie Hunter	10.27
5	Aron Cox	Kiama	10.28
6	Joshua Chandler	Doonside	10.33
7	Zachary Boyd	Wyong	10.33
8	Matteo Tiscia	St George	10.38

Boys U10 - 70 Metre Run

Heat 1 Heats

1	Jarrod Twigg	Wollongong City	10.11Q
2	Alec Nguyen	Bankstown Sports	10.18Q
3	Aaron Creagh	Winston Hills	10.24Q
4	James Mizzi	Greystanes	10.33
5	Jackson Dagg	Singleton	10.41
6	Tim Burgmann	Helensburgh	10.49
6	Frederick Adutwum	Blacktown	10.49
8	Sam Villata	Griffith	10.51

Heat 2 Heats

1	Tikoa Lene	Doonside	9.92Q
2	Adam Potts	Ballina	10.06Q
3	Lachlan Trowel	Randwick Botany	10.07Q
4	James Sullivan	Winston Hills	10.16q
5	Bayley Ritchie	Thornton	10.30q
6	Luke Skrivanic	Northern Suburbs	10.35
7	Mitchell Willingha	Emu Plains	10.37
8	Kobe Collier	Albion Park	10.39

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Final

1	Tikoa Lene	Doonside	10.02
2	Jarrold Twigg	Wollongong City	10.05
3	Adam Potts	Ballina	10.10
4	Aaron Creagh	Winston Hills	10.18
5	Alec Nguyen	Bankstown Sports	10.19
6	Lachlan Trowel	Randwick Botany	10.26
7	James Sullivan	Winston Hills	10.35
8	Bayley Ritchie	Thornton	10.37

Boys U9 - 100 Metre Run

Heat 1 Heats

1	Isaac Davis	Macquarie Hunter	14.19Q
2	Lewis Clabburn	Northern Suburbs	14.36Q
3	Aron Cox	Kiama	14.45Q
4	Methila Nanayakkar	Cherrybrook	14.47q
5	Matteo Tiscia	St George	14.56
6	Joshua Chandler	Doonside	14.62
7	Jed Englert	Tamworth	14.63
8	Selasi Glover	Blacktown	15.33

Heat 2 Heats

1	Tristan Brazulaiti	Albion Park	14.10Q
1	Marshall Luke	Rouse Hill Rams	14.10Q
3	Aidan Wallace	Sawtell-Toormina	14.17Q
4	Bailey Antrobus	Wollongong City	14.52q
5	Joshua Freedman	Western Suburbs	14.72
6	Vincent Hreszczuk	Camden	14.82
7	Aaron Keene	Emu Plains	14.87
8	Nathanael Taylor	St George	14.93

Final

1	Methila Nanayakkar	Cherrybrook	14.32
2	Marshall Luke	Rouse Hill Rams	14.33
3	Isaac Davis	Macquarie Hunter	14.35
4	Lewis Clabburn	Northern Suburbs	14.36
4	Tristan Brazulaiti	Albion Park	14.36
6	Aidan Wallace	Sawtell-Toormina	14.40
7	Aron Cox	Kiama	14.50
8	Bailey Antrobus	Wollongong City	14.95

Boys U10 - 100 Metre Run

Heat 1 Heats

1	Alex Kyriacou	Randwick Botany	13.83Q
2	Tikoa Lene	Doonside	13.88Q
3	James Sullivan	Winston Hills	14.36Q
4	Zachary Thomas	Macquarie Hunter	14.39q
5	Jeremy Gibson	Maitland	14.42q
6	John Carroll	Tuggerah Lakes M	14.51
7	Jack Gilroy	Dubbo RSL	14.52
8	Mitchell Willingha	Emu Plains	14.52

Heat 2 Heats

1	Alec Nguyen	Bankstown Sports	14.18Q
2	Jordan Idiare	Winston Hills	14.20Q

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

3	Adam Potts	Ballina	14.21Q
4	Liam Pemberton	St George	14.43
5	Jarrold Twigg	Wollongong City	14.50
6	James Mizzi	Greystanes	14.53
7	Frederick Adutwum	Blacktown	14.68
8	Jack Harper	Temora	14.87
Final			
1	Jordan Idiare	Winston Hills	13.89
2	Adam Potts	Ballina	13.90
3	Alex Kyriacou	Randwick Botany	13.93
4	Alec Nguyen	Bankstown Sports	13.99
5	Tikoa Lene	Doonside	14.07
6	Jeremy Gibson	Maitland	14.42
7	James Sullivan	Winston Hills	14.48
8	Zachary Thomas	Macquarie Hunter	14.62

Boys U11 - 100 Metre Run

Heat 1 Heats

1	Jordan Shelley	Hills District	13.22Q
2	Alex Nguyen-Ha	Cherrybrook	13.31Q
3	Brodie Vassallo	Kurrajong Bilpin	13.78Q
4	Paul Salem	Ku-Ring-Gai	13.81q
5	Ben Ticehurst	Eastern Suburbs	13.87
5	Kye Duncan	Woolgoolga	13.87
7	Brennan Rymer	Werrington	14.48

Heat 2 Heats

1	Benjamin Alessio	St George	13.02Q
2	Angus Glover	Wollongong City	13.30Q
3	Connor Kirkwood	Maitland	13.40Q
4	Antonee Burke	Adamstown	13.74q
5	Mason Versi	Port Hacking	13.83
6	Lewis Hughes	Springwood	14.13
7	Raymond Maroun	Holroyd	14.21

Final

1	Benjamin Alessio	St George	13.04
2	Jordan Shelley	Hills District	13.16
3	Angus Glover	Wollongong City	13.27
4	Alex Nguyen-Ha	Cherrybrook	13.34
5	Connor Kirkwood	Maitland	13.35
6	Antonee Burke	Adamstown	13.72
7	Brodie Vassallo	Kurrajong Bilpin	13.76
8	Paul Salem	Ku-Ring-Gai	13.78

Boys U12 - 100 Metre Run

Heat 1 Heats

1	Jack Colquhoun	Edgeworth	12.81Q
2	Joshua Parkinson	Tuggerah Lakes M	12.87Q
3	Adam Peachey	Port Hacking	13.21Q
4	Jaydn Phillips	Camden	13.24q
5	Luke Watts	Albion Park	13.35
6	Jake Mayo	Werrington	13.66

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

7	Benjamin Allen	Tamworth	13.81
Heat 2 Heats			
1	Michael Miller	Tuggerah Lakes M	12.92Q
2	Cameron Moore	Sutherland	13.22Q
3	Bailey White	Wollongong City	13.29Q
4	Ben White	Manly Warringah	13.30q
5	Sean Simpson	Cowra	13.69
6	Izaak Thompson	Bankstown Sports	13.76
7	Aidan Hopping	Jamison	14.04
Final			
1	Jack Colquhoun	Edgeworth	12.75
2	Michael Miller	Tuggerah Lakes M	12.75
3	Joshua Parkinson	Tuggerah Lakes M	12.90
4	Cameron Moore	Sutherland	13.12
5	Adam Peachey	Port Hacking	13.13
6	Jaydn Phillips	Camden	13.17
7	Ben White	Manly Warringah	13.21
8	Bailey White	Wollongong City	13.23

Boys U13 - 100 Metre Run

Heat 1 Heats			
1	Anthony Palmer	Cherrybrook	12.11Q
2	Kardue Daniels	Wollongong City	12.49Q
3	Murtaza Tahiri	Tiger Wests	12.49Q
4	Sasha Stevenson-Ma	Mt Pritchard	12.54q
5	Dominic Neylan	Cardiff	12.62
Heat 2 Heats			
1	Chris Theseira	Manly Warringah	12.17Q
2	Jonathon Legas	Bankstown Sports	12.35Q
3	Jonathan Lagos	Rouse Hill Rams	12.42Q
4	Alex Leighton	Macquarie Hunter	12.44q
5	Aymien Chehab	Western Suburbs	12.65
6	Justin Maloney	Nepean	12.86
7	Kurtis Crisante	Dubbo RSL	12.88
8	Joshua Gorrie	Kiama	13.04
Final			
1	Anthony Palmer	Cherrybrook	12.18
2	Chris Theseira	Manly Warringah	12.21
3	Jonathan Lagos	Rouse Hill Rams	12.51
4	Alex Leighton	Macquarie Hunter	12.65
5	Kardue Daniels	Wollongong City	12.65
6	Sasha Stevenson-Ma	Mt Pritchard	12.68
7	Murtaza Tahiri	Tiger Wests	12.72
8	Jonathon Legas	Bankstown Sports	12.87

Boys U14 - 100 Metre Run

Heat 1 Heats			
1	Oscar Pople	Eastern Suburbs	11.69Q
2	James Paek	Cherrybrook	11.94Q
3	William Tom	Wollongong City	12.04Q
4	Ali Nazari	Tiger Wests	12.08q
5	Elia Morisio	Blacktown	12.13q

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre
RESULTS

6	Ryan Cole	Sawtell-Toormina	12.13
7	Gemien Litong	Manly Warringah	12.26
8	Christain Said	South Eastern	12.34
Heat 2 Heats			
1	Joshua Jay	Penrith Valley	11.82Q
2	Harry Grove	Tumut District	12.04Q
3	Calvin Ireson	Dubbo	12.13Q
4	Akbar Ali Gulzari	Tiger Wests	12.19
5	Marcus Venables	Cherrybrook	12.25
6	Jacob Roberts	Kurrajong Bilpin	12.33
7	Ben Irvine	Wallsend RSL	12.37
8	Rhys Buckton	Macquarie Hunter	12.38
Final			
1	Joshua Jay	Penrith Valley	11.69
2	Oscar Pople	Eastern Suburbs	11.70
3	Harry Grove	Tumut District	11.94
4	Calvin Ireson	Dubbo	12.01
5	William Tom	Wollongong City	12.04
6	Ali Nazari	Tiger Wests	12.08
7	Elia Morisio	Blacktown	12.11

Boys U15 - 100 Metre Run

Heat 1 Heats			
1	Nicholas Hough	Hills District	11.13Q
2	Ben Jaworski	Cherrybrook	11.31Q
3	Shintaro O'Brien	Port Hacking	11.59Q
4	Blake Langtry	Liverpool City	11.69q
5	Matthew Wesble	Riverstone	11.85q
6	Ryan Leonard	South Eastern	11.87
7	Tim Marsh	Macquarie Hunter	12.26
8	Ryan Sultana	Blacktown	12.33

Heat 2 Heats			
1	Thomas Soliman	Blacktown	11.32Q
2	Joshua Prem	Albion Park	11.51Q
3	Jarrold Geddes	Port Hacking	11.58Q
4	Jordan Cant	Sawtell-Toormina	11.92
5	Nathan Innes	Mudgee	12.12

Final				
1	Nicholas Hough	Hills District	10.94	RECORD – Hand held record of 10.6sec
2	Ben Jaworski	Cherrybrook	10.95	
3	Thomas Soliman	Blacktown	11.23	
4	Joshua Prem	Albion Park	11.35	
5	Jarrold Geddes	Port Hacking	11.55	
6	Blake Langtry	Liverpool City	11.61	
7	Shintaro O'Brien	Port Hacking	11.68	

Boys U17 - 100 Metre Run

Heat 1 Heats			
1	Matthew Daniel	Fairfield City	11.37Q
2	James Mbakwe	Hornsby	11.63Q
3	Mitchell Chatfield	Katoomba	11.66Q

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Rory Bramble	Forster/Tuncurry	11.79
5	James Turner	West Wyalong	11.81
6	Graham Soling	Manly Warringah	11.82
7	Sam Haber	Dapto	11.94
8	Jacob Taylor	Camden	12.17
Heat 2 Heats			
1	Rory Lenihan	Sawtell-Toormina	11.23Q
2	Jack Parker	Warradale	11.41Q
3	James Sheehy	Holroyd	11.60Q
4	Kristopher Button	Eschol Park	11.61q
5	Jack Katen	Forster/Tuncurry	11.66q
6	Dilshen Moonesamy	Blacktown	11.78
7	Mitchell English	Wollongong City	11.79
8	Rhys Hibberd	Tuggerah Lakes M	11.93
Final			
1	Rory Lenihan	Sawtell-Toormina	11.26
2	Matthew Daniel	Fairfield City	11.36
3	Mitchell Chatfield	Katoomba	11.47
4	Jack Parker	Warradale	11.47
5	Kristopher Button	Eschol Park	11.57
6	James Sheehy	Holroyd	11.67
7	James Mbakwe	Hornsby	11.68
8	Jack Katen	Forster/Tuncurry	11.75

Boys U9 - 200 Metre Run

Heat 1 Heats			
1	Jy Paulson	Bankstown Sports	29.51Q
2	Tristan Brazulaiti	Albion Park	29.77Q
3	Methila Nanayakkar	Cherrybrook	29.81Q
4	Brock Scrivener	Wollongong City	30.31q
5	Harrison Brierley	Illawong	30.35q
6	Miles Petersen	Cardiff	30.69
7	Thomas Jackson	Narromine	33.33
8	Thomas Carroll	Liverpool City	38.56
Heat 2 Heats			
1	Aidan Wallace	Sawtell-Toormina	29.32Q
2	Jed Englert	Tamworth	29.88Q
3	Vincent Hreszczuk	Camden	30.32Q
4	Lewis Claburn	Northern Suburbs	30.82
5	Tyler Gunn	Gosford	30.83
6	Aaron Keene	Emu Plains	30.86
7	Reece Pospishil	Penrith Valley	32.96
Final			
1	Aidan Wallace	Sawtell-Toormina	29.16
2	Jy Paulson	Bankstown Sports	29.21
3	Methila Nanayakkar	Cherrybrook	29.63
4	Jed Englert	Tamworth	29.63
5	Tristan Brazulaiti	Albion Park	29.77
6	Brock Scrivener	Wollongong City	30.14
7	Harrison Brierley	Illawong	30.32
8	Vincent Hreszczuk	Camden	30.52

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre
RESULTS

Boys U10 - 200 Metre Run

Heat 1 Heats

1	Alex Kyriacou	Randwick Botany	28.41Q
2	Joshua Baker	Winston Hills	28.89Q
3	Tikoa Lene	Doonside	29.08Q
4	Jack Gilroy	Dubbo RSL	29.09q
5	Aaron Jeffery	Western Suburbs	29.39
6	Tim Burgmann	Helensburgh	30.00
7	Daine Richards	Wollongong City	30.20
8	Jeremy Gibson	Maitland	30.31

Heat 2 Heats

1	Lachlan Trowel	Randwick Botany	28.37Q
2	Joshua Head	Wollongong City	29.10Q
3	Adam Potts	Ballina	29.19Q
4	Oliver Smeallie	Mosman	29.25q
5	John Iredale	Cherrybrook	29.54
6	Luke Zaurrini	Kurrajong Bilpin	29.58
7	Richard Stewart	Jamison	30.43
8	Jonathon Gusman	Sawtell-Toormina	30.62

Final

1	Alex Kyriacou	Randwick Botany	28.06
2	Lachlan Trowel	Randwick Botany	28.26
3	Tikoa Lene	Doonside	28.83
4	Adam Potts	Ballina	28.84
5	Jack Gilroy	Dubbo RSL	28.90
6	Joshua Head	Wollongong City	29.02
7	Oliver Smeallie	Mosman	29.10
--	Joshua Baker	Winston Hills	DQ

Boys U11 - 200 Metre Run

Heat 1 Heats

1	Benjamin Alessio	St George	26.92Q
2	Angus Glover	Wollongong City	28.20Q
3	Paul Salem	Ku-Ring-Gai	28.40Q
4	Brodie Vassallo	Kurrajong Bilpin	28.78
5	Ben Ticehurst	Eastern Suburbs	28.92
6	Tyron Portelli	Lethbridge Park	29.41

Heat 2 Heats

1	Connor Kirkwood	Maitland	27.99Q
2	Jordan Shelley	Hills District	28.34Q
3	Antonee Burke	Adamstown	28.48Q
4	Jermey Carpenter	Cowra	28.56q
5	Alex Nguyen-Ha	Cherrybrook	28.64q
6	Kye Duncan	Woolgoolga	28.84
7	Keaton Bates	Camden	28.95
8	Mitchell Phillips	Wollongong City	29.34

Final

1	Benjamin Alessio	St George	26.71
2	Angus Glover	Wollongong City	27.21
3	Jordan Shelley	Hills District	27.23
4	Connor Kirkwood	Maitland	27.25
5	Jermey Carpenter	Cowra	28.15

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

6	Antonee Burke	Adamstown	28.25
7	Paul Salem	Ku-Ring-Gai	28.27
8	Alex Nguyen-Ha	Cherrybrook	28.52

Boys U12 - 200 Metre Run

Heat 1 Heats

1	Jaydn Phillips	Camden	27.11Q
2	Tim Walsh	Ku-Ring-Gai	27.19Q
3	Luke Watts	Albion Park	27.28Q
4	Adam Peachey	Port Hacking	27.49q
5	Benjamin Allen	Tamworth	28.02
6	Luke Haworth	Charlestown	28.81

Heat 2 Heats

1	Joshua Parkinson	Tuggerah Lakes M	26.40Q
2	Justin Brown	Manly Warringah	26.98Q
3	Bailey White	Wollongong City	27.12Q
4	Cameron Moore	Sutherland	27.36q
5	Bradley Dawson	Liverpool City	28.49
6	Jacob Barnes	Shoalhaven	28.61
7	Lochlan Barlow	Kurrajong Bilpin	28.81

Final

1	Joshua Parkinson	Tuggerah Lakes M	26.30
2	Bailey White	Wollongong City	26.90
3	Tim Walsh	Ku-Ring-Gai	26.93
4	Luke Watts	Albion Park	27.07
5	Justin Brown	Manly Warringah	27.12
6	Jaydn Phillips	Camden	27.13
7	Cameron Moore	Sutherland	27.76
8	Adam Peachey	Port Hacking	27.81

Boys U13 - 200 Metre Run

Heat 1 Heats

1	Jonathan Lagos	Rouse Hill Rams	24.60Q
2	Anthony Palmer	Cherrybrook	24.74Q
3	Christopher Debrin	Camden	25.47Q
4	Chris Theseira	Manly Warringah	25.52q
5	David Sheridan	Sawtell-Toormina	25.96
6	Joshua Gorrie	Kiama	26.35

Heat 2 Heats

1	Anas Ganaba Abu	Blacktown	24.73Q
2	Murtaza Tahiri	Tiger Wests	25.13Q
3	Alex Leighton	Macquarie Hunter	25.30Q
4	Sasha Stevenson-Ma	Mt Pritchard	25.46q
5	Kardue Daniels	Wollongong City	25.86
6	Dominic Neylan	Cardiff	26.06

Final

1	Anthony Palmer	Cherrybrook	24.43
2	Anas Ganaba Abu	Blacktown	24.62
3	Jonathan Lagos	Rouse Hill Rams	24.83
4	Chris Theseira	Manly Warringah	25.05
5	Murtaza Tahiri	Tiger Wests	25.23
6	Alex Leighton	Macquarie Hunter	25.65

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

7	Christopher Debrin	Camden	25.91
8	Sasha Stevenson-Ma	Mt Pritchard	26.08

Boys U14 - 200 Metre Run

Heat 1 Heats

1	Harry Grove	Tumut District	24.06Q
2	William Tom	Wollongong City	24.09Q
3	Oscar Pople	Eastern Suburbs	24.33Q
4	Wade Hazell	Tamworth	24.56q
5	Jahnayah Freeman	Young and District	24.63q
6	Elia Morisio	Blacktown	24.96
7	Thomas Wonga	Bankstown Sports	25.23

Heat 2 Heats

1	Ryan Cole	Sawtell-Toormina	24.21Q
2	Akbar Ali Gulzari	Tiger Wests	24.60Q
3	Christain Said	South Eastern	24.78Q
4	Marcus Venables	Cherrybrook	25.02
5	Rhys Buckton	Macquarie Hunter	25.23
6	Joshua Mawhinney	Northern Districts	25.33
7	Johann D'Cunha	Jamison	25.54

Final

1	Harry Grove	Tumut District	23.90
2	Oscar Pople	Eastern Suburbs	24.03
3	William Tom	Wollongong City	24.08
4	Ryan Cole	Sawtell-Toormina	24.13
5	Jahnayah Freeman	Young and District	24.44
6	Christain Said	South Eastern	24.53
7	Wade Hazell	Tamworth	24.56
8	Akbar Ali Gulzari	Tiger Wests	24.70

Boys U15 - 200 Metre Run

Heat 1 Heats

1	Thomas Soliman	Blacktown	22.31Q
2	Nicholas Hough	Hills District	22.77Q
3	Jarrold Geddes	Port Hacking	23.02Q
4	Joshua Prem	Albion Park	23.35q
5	Rod Wainwright	Illawong	23.96
6	Joshua Limond	Adamstown	24.41
7	Nathan Walker	Colyton St Clair	24.94

Heat 2 Heats

1	Ben Jaworski	Cherrybrook	22.99Q
2	Shintaro O'Brien	Port Hacking	23.47Q
3	Jackson Lowe	Manly Warringah	23.56Q
4	Blake Langtry	Liverpool City	23.94q
5	Jordan Cant	Sawtell-Toormina	24.38
6	Tim Marsh	Macquarie Hunter	24.75

Final

1	Ben Jaworski	Cherrybrook	22.01
2	Thomas Soliman	Blacktown	22.23
3	Nicholas Hough	Hills District	22.37

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Jackson Lowe	Manly Warringah	23.26
5	Joshua Prem	Albion Park	23.51
6	Blake Langtry	Liverpool City	24.02

Boys U17 - 200 Metre Run

Heat 1 Heats

1	Mitchell English	Wollongong City	23.55Q
2	Mitchell Chatfield	Katoomba	23.69Q
3	Rory Bramble	Forster/Tuncurry	23.71Q
4	George Ockert	Holroyd	23.95
5	Kristopher Button	Eschol Park	23.96
6	James Turner	West Wyalong	24.22
7	Josh Matheson	Jamison	24.31
8	Malcolm Tye	Wyong	24.37

Heat 2 Heats

1	Jack Parker	Warradale	22.78Q
2	Rory Lenihan	Sawtell-Toormina	23.13Q
3	Anthony Baddock	Winston Hills	23.47Q
4	Jack Katen	Forster/Tuncurry	23.52q
5	Matthew Daniel	Fairfield City	23.59q
6	James Sheehy	Holroyd	24.11
7	James Mbakwe	Hornsby	24.31
8	Andrew Payne	Mudgee	25.00

Final

1	Jack Parker	Warradale	22.91
2	Rory Lenihan	Sawtell-Toormina	23.23
3	Mitchell Chatfield	Katoomba	23.42
4	Mitchell English	Wollongong City	23.61
5	Jack Katen	Forster/Tuncurry	23.62
6	Anthony Baddock	Winston Hills	23.63
7	Rory Bramble	Forster/Tuncurry	24.33
8	Matthew Daniel	Fairfield City	48.47

Boys U9 - 400 Metre Run

Heat 1 Heats

1	Rory Barkley	Northern Suburbs	1:07.71Q
2	Tyler Gunn	Gosford	1:07.85Q
3	Lachlan Foxall	Maitland	1:08.34Q
4	Spencer Blunden	Albion Park	1:09.24q
5	Tristan Croke	Wyong	1:09.70
6	Blake Sherring	Raymond Terrace	1:11.43
7	James Seal	Wollongong City	1:13.73
8	Tarryn Trindall	Doonside	1:18.48

Heat 2 Heats

1	Vincent Hreszczuk	Camden	1:07.59q
2	Jy Paulson	Bankstown Sports	1:07.72q
3	Nicholas Blakey	South Eastern	1:09.13q
4	Jack Hinds	Randwick Botany	1:09.39q
5	Jayden Kastelan	Emu Plains	1:10.24

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

6	Troy Hannaford	Colyton St Clair	1:12.67
7	Chase Karn	Southlakes	1:14.91
8	Will Toovey	Mudgee	1:17.67
Final			
1	Jy Paulson	Bankstown Sports	1:06.22
2	Tyler Gunn	Gosford	1:06.72
3	Rory Barkley	Northern Suburbs	1:07.15
4	Lachlan Foxall	Maitland	1:07.95
5	Nicholas Blakey	South Eastern	1:08.15
6	Vincent Hreszczuk	Camden	1:08.60
7	Jack Hinds	Randwick Botany	1:10.22
8	Spencer Blunden	Albion Park	1:10.50

Boys U10 - 400 Metre Run

Heat 1 Heats

1	Lachlan Trowel	Randwick Botany	1:04.25Q
2	Joshua Head	Wollongong City	1:05.88Q
3	Ben Basten	Ku-Ring-Gai	1:07.01Q
4	Kade Szakacs	Albion Park	1:07.41q
5	Matthew Eaton	Northern Suburbs	1:07.46q
6	Zane Long	Nepean	1:12.36
7	Tiaga Cantor	Cessnock	1:14.03
8	Jonathon Blunden	Kurrajong Bilpin	1:14.62

Heat 2 Heats

1	Alex Kyriacou	Randwick Botany	1:04.10Q
2	Finn Mergler	South Eastern	1:08.47Q
3	Sam Collett	Gosford	1:08.72Q
4	Luke Zaurrini	Kurrajong Bilpin	1:09.29
5	Brett Kelly-Worth	Lismore	1:12.05
6	Joel Holdsworth	Sutherland	1:12.08
7	James Boyd	Edgeworth	1:14.91

Final

1	Alex Kyriacou	Randwick Botany	1:02.49
2	Lachlan Trowel	Randwick Botany	1:02.69
3	Joshua Head	Wollongong City	1:06.13
4	Ben Basten	Ku-Ring-Gai	1:07.18
5	Sam Collett	Gosford	1:07.78
6	Kade Szakacs	Albion Park	1:08.03
7	Finn Mergler	South Eastern	1:08.65
8	Matthew Eaton	Northern Suburbs	1:09.01

Boys U11 - 400 Metre Run

Heat 1 Heats

1	Benjamin Alessio	St George	1:01.73Q
2	Connor Kirkwood	Maitland	1:03.17Q
3	Adam Halmy	Northern Districts	1:04.37Q
4	Cody White	Albion Park	1:05.90q
5	Sam Woods	Milton-Ulladulla	1:07.11
6	Craig Bayley	Sutherland	1:07.63
7	Leighton Taylor	Westlakes	1:11.08

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Heat 2 Heats

1	James McFadden	Ku-Ring-Gai	1:03.08Q
2	Jack Newman	Maitland	1:04.14Q
3	Luke Gorman	Manly Warringah	1:04.31Q
4	Tyron Portelli	Lethbridge Park	1:06.09q
5	Andrew Abdullah	Illawong	1:06.69
6	Bailey Woodward	Green Valley	1:07.73
7	Adam Bassuni	Wollongong City	1:09.12

Final

1	Benjamin Alessio	St George	1:01.01
2	Connor Kirkwood	Maitland	1:01.69
3	James McFadden	Ku-Ring-Gai	1:02.27
4	Jack Newman	Maitland	1:03.11
5	Adam Halmy	Northern Districts	1:03.54
6	Luke Gorman	Manly Warringah	1:03.79
7	Cody White	Albion Park	1:07.43
8	Tyron Portelli	Lethbridge Park	1:08.20

Boys U12 - 400 Metre Run

Heat 1 Heats

1	Jack Collett	Gosford	1:01.18Q
2	Tim Walsh	Ku-Ring-Gai	1:02.34Q
3	Gus Frank	Milton-Ulladulla	1:03.99Q
4	Dale Thomas	Port Macquarie	1:04.09q
5	Matthew Popovic	Bankstown Sports	1:04.77
6	Alwyn Mi	Western Suburbs	1:05.05
7	Ryan Griffin	Orange	1:05.31
8	Mitchell Haynes	Liverpool City	1:06.65

Heat 2 Heats

1	Billy Newman	Maitland	1:00.68Q
2	Mitchell Lucas	Port Hacking	1:01.38Q
3	Matthew Crowe	Northern Suburbs	1:01.69Q
4	Anthony Schmidt	Liverpool City	1:03.07q
5	Christopher Arditt	Bankstown Sports	1:05.22
6	Billy Cockbain	Stuarts Point	1:06.39

Final

1	Jack Collett	Gosford	59.88
2	Mitchell Lucas	Port Hacking	1:00.49
3	Tim Walsh	Ku-Ring-Gai	1:00.76
4	Matthew Crowe	Northern Suburbs	1:02.88
5	Billy Newman	Maitland	1:02.89
6	Dale Thomas	Port Macquarie	1:04.57
7	Anthony Schmidt	Liverpool City	1:05.01
8	Gus Frank	Milton-Ulladulla	1:06.06

Boys U13 - 400 Metre Run

Heat 1 Heats

1	Jonathon Legas	Bankstown Sports	57.18Q
2	Morgan Paterson	Nth Rocks Carlingford	57.47Q
3	Murtaza Tahiri	Tiger Wests	57.63Q
4	William Richardson	Northern Suburbs	58.24q
5	Daniel Keene	Emu Plains	1:00.12

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

6	Patrick Abraham	Forster/Tuncurry	1:03.38
7	Shiva Mudaliar	Green Valley	1:08.27
Heat 2 Heats			
1	Simon Cox	Mosman	57.78Q
2	Kardue Daniels	Wollongong City	57.89Q
3	Max Wilson	Randwick Botany	58.48Q
4	Joshua Gorrie	Kiama	58.89q
5	Asghar Ali Gulzari	Tiger Wests	59.39
6	Charlie Hoswell	Port Stephens	1:00.39
7	Tayler Currie	Werrington	1:04.11
Final			
1	William Richardson	Northern Suburbs	56.31
2	Murtaza Tahiri	Tiger Wests	56.51
3	Morgan Paterson	Nth Rocks Carlingford	56.53
4	Simon Cox	Mosman	56.77
5	Jonathon Legas	Bankstown Sports	56.81
6	Max Wilson	Randwick Botany	59.29
7	Joshua Gorrie	Kiama	59.55
--	Kardue Daniels	Wollongong City	DNF

Boys U14 - 400 Metre Run

Heat 1 Heats			
1	Byron Cavender	Gosford	54.37Q
2	Jack Fouracre	Campbelltown Collegians	55.14Q
3	Samuel Willmott	Port Hacking	55.53Q
4	Brodie Leeson	Albion Park	56.28q
5	Duane Tennent	Hills District	58.51
6	Bradie Smith	Singleton	59.75
7	Timothy Hawes	Jamison	1:00.59
Heat 2 Heats			
1	Patrick Rose	Griffith	55.01Q
2	Julian Dimitriou	Hills District	56.27Q
3	Akbar Ali Gulzari	Tiger Wests	56.36Q
4	Eamon Little	Glenbrook	56.61q
5	Aaron Crawford	Bankstown Sports	58.18
6	Jaid Godden	Lithgow	1:01.00
7	Jarrold Davis	Forster/Tuncurry	1:02.90
Final			
1	Jack Fouracre	Campbelltown Collegians	53.58
2	Patrick Rose	Griffith	53.87
3	Byron Cavender	Gosford	54.52
4	Samuel Willmott	Port Hacking	55.10
5	Brodie Leeson	Albion Park	55.26
6	Eamon Little	Glenbrook	56.11
7	Julian Dimitriou	Hills District	56.12
8	Akbar Ali Gulzari	Tiger Wests	56.24

Boys U15 - 400 Metre Run

Heat 1 Heats			
1	Campbell Hislop	Springwood	52.41Q
2	Jackson Lowe	Manly Warringah	52.62Q
3	Byron Smith	Armidale	53.58Q

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Dylan Yates	Macquarie Hunter	54.26
5	Alexander Parker	Sutherland	55.16
6	Alex Celio	Emu Plains	55.25
7	Nathan Walker	Colyton St Clair	57.15
Heat 2 Heats			
1	Michael Yap	Parramatta	52.54Q
2	Riley Scelly	Young and District	52.71Q
3	Philip Spratt	Illawong	53.07Q
4	Jack Tropea	Cherrybrook	53.97q
5	Phillip Komninos	Lake Illawarra	54.25q
6	Caine Trindall	Kiama	54.46
7	Jordan Gusman	Sawtell-Toormina	55.97
8	Stathis Messaris	Bankstown Sports	57.20
Final			
1	Jackson Lowe	Manly Warringah	51.10
2	Campbell Hislop	Springwood	51.60
3	Michael Yap	Parramatta	52.08
4	Philip Spratt	Illawong	52.70
5	Byron Smith	Armidale	53.38
6	Riley Scelly	Young and District	53.47
7	Jack Tropea	Cherrybrook	53.91
8	Phillip Komninos	Lake Illawarra	54.79

Boys U17 - 400 Metre Run

Heat 1 Heats			
1	Peter Amor	Parkes	51.36Q
2	Jack Parker	Warradale	52.10Q
3	Gareth Ryan	Albion Park	52.55Q
4	Anthony Baddock	Winston Hills	53.32q
5	James Smithson	Bankstown Sports	53.91
6	Sam Haber	Dapto	54.10
7	James Dodd	Port Hacking	54.28
Heat 2 Heats			
1	Ian Halpin	Katoomba	51.87Q
2	Robert Black	Tuggerah Lakes M	52.74Q
3	George Ockert	Holroyd	52.80Q
4	Mitch Gaffey	Kurrajong Bilpin	53.30q
5	Jack Mitchell	Stuarts Point	53.38
6	Will Bromiley	Northern Suburbs	53.76
7	Thomas Earley	Taree	54.53
Final			
1	Jack Parker	Warradale	50.68
2	Ian Halpin	Katoomba	51.06
3	Peter Amor	Parkes	51.09
4	Anthony Baddock	Winston Hills	52.36
5	Robert Black	Tuggerah Lakes M	52.88
6	George Ockert	Holroyd	53.08
7	Mitch Gaffey	Kurrajong Bilpin	53.83
--	Gareth Ryan	Albion Park	DNF

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Boys U9 - 800 Metre Run

1	Nicholas Blakey	South Eastern	2:33.53
2	Tyler Gunn	Gosford	2:34.82
3	Jack Hinds	Randwick Botany	2:35.68
4	Tyler Egan	Bowral	2:38.72
5	Rory Barkley	Northern Suburbs	2:39.74
6	James Seal	Wollongong City	2:39.87
7	Brock Scrivener	Wollongong City	2:42.36
8	Chase Karn	Southlakes	2:45.01
9	Jack Nicholls	Ku-Ring-Gai	2:46.43
10	Troy Hannaford	Colyton St Clair	2:48.02
11	Jy Paulson	Bankstown Sports	2:51.63
12	Joshua Guy	Sawtell-Toormina	2:51.94
13	Blake Sherring	Raymond Terrace	2:57.51
14	Jayden Kastelan	Emu Plains	2:58.47
15	Timothy Ison	Port Hacking	2:59.07
16	Tarryn Trindall	Doonside	3:08.07

Boys U10 - 800 Metre Run

1	Joshua Head	Wollongong City	2:26.39
2	Alex Kyriacou	Randwick Botany	2:27.08
3	Finn Mergler	South Eastern	2:31.65
4	Kade Szakacs	Albion Park	2:31.97
5	Jarrod Herrmann	Port Hacking	2:36.78
6	Ben Basten	Ku-Ring-Gai	2:37.81
7	Jesse Maxwell	Macquarie Hunter	2:39.55
8	Joshua Atherton	Campbelltown Collegians	2:41.13
9	Jonathon Gusman	Sawtell-Toormina	2:42.08
10	Bradley Wright	Parramatta	2:43.89
11	Thomas Williams	Ku-Ring-Gai	2:45.68
12	Matthew Williams	Medowie	2:46.02
13	Obssa Youssouf	Liverpool City	2:47.17
14	Daine Richards	Wollongong City	2:47.50
15	Jack Pearce	Emu Plains	2:49.61
16	Zane Long	Nepean	2:54.46

Boys U11 - 800 Metre Run

1	James McFadden	Ku-Ring-Gai	2:23.24
2	Adam Halmy	Northern Districts	2:23.95
3	Benjamin Thomson	Hills District	2:27.09
4	Sam Woods	Milton-Ulladulla	2:29.88
5	Maverick Tweedie	Campbelltown Collegians	2:30.39
6	Jye Edwards	Albion Park	2:31.60
7	Samuel McNaughton	Helensburgh	2:32.00
8	Jay Pearce	Emu Plains	2:32.17
9	Kurt Fryer	Randwick Botany	2:32.18
10	Kyle Roe	Jamison	2:33.05
11	Hamish Macdonald	Wollongong City	2:34.30
12	Ethan Dhu	Doonside	2:34.42

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

13	Bradley Andrews	Edgeworth	2:35.29
14	Nicholas Rinkin	Maitland	2:36.93
15	Samuel Barry	Singleton	2:37.12

Boys U12 - 800 Metre Run

1	Jack Collett	Gosford	2:19.41
2	Maine Vidler	Cherrybrook	2:19.58
3	Alexander Seal	Wollongong City	2:22.08
4	Jarrod Biczo	Glenbrook	2:24.31
5	James Cox	Gosford	2:24.52
6	Jasper Muir	Singleton	2:24.65
7	Mitchell Lucas	Port Hacking	2:25.33
8	Daniel Francken	Katoomba	2:26.28
9	Nicholas Cain	Macquarie Hunter	2:27.43
10	Cameron Barrett	Albion Park	2:27.89
11	Carl Williams	Medowie	2:27.97
12	Rhys Gillon	Sutherland	2:28.23
13	Tom Stafford	Kurrajong Bilpin	2:29.39
14	Daniel White	Campbelltown Collegians	2:29.96
15	Gus Frank	Milton-Ulladulla	2:30.11
16	Braeden Ferdinands	Balmain	2:30.22

Boys U13 - 800 Metre Run

1	William Richardson	Northern Suburbs	2:12.60
2	Pierce Coles-Sinclair	Illawong	2:13.00
3	Max Wilson	Randwick Botany	2:13.90
4	Hamish Paine	Wollongong City	2:15.30
5	Asghar Ali Gulzari	Tiger Wests	2:16.30
6	Ilias Hassani	Tiger Wests	2:16.70
7	Hamish Gordon	Dubbo RSL	2:17.70
8	Will Back	Ku-Ring-Gai	2:18.30
9	Daniel Keene	Emu Plains	2:19.40
10	Joshua Kentwell	Dapto	2:20.60
11	Conor O'Sullivan	Manly Warringah	2:21.00
12	Beau Tape	Stuarts Point	2:22.20
13	Patrick Abraham	Forster/Tuncurry	2:24.30
14	James Franklin	Woolgoolga	2:26.90
15	Joshua Rodman	Penrith Valley	2:41.70

Boys U14 - 800 Metre Run

1	Byron Cavender	Gosford	2:05.40
2	Patrick Rose	Griffith	2:07.58
3	Saiyer Naizmand	Tiger Wests	2:07.69
4	James King	South Eastern	2:08.88
5	Jaid Godden	Lithgow	2:10.37
6	Matthew Still	Campbelltown Collegians	2:12.56
7	Riley Delaney	St George	2:14.99
8	Liam Whiting	Ku-Ring-Gai	2:16.86
9	Hayden Crossland	Wollongong City	2:18.76
10	Thomas McCoy	Kurrajong Bilpin	2:19.27
11	Tyrone Evans	Wellington	2:21.27

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

12	Nathan Fazldad	Nepean	2:21.42
13	Matthew Mascord	Macquarie Hunter	2:24.46
14	Matthew Berrington	Sawtell-Toormina	2:30.80
15	Korah Cross	Port Macquarie	2:48.43

Boys U15 - 800 Metre Run

1	Vincent Donnadieu	Port Hacking	2:02.88
2	Riley Scelly	Young and District	2:03.33
3	Michael Yap	Parramatta	2:03.79
4	Byron Smith	Armidale	2:04.75
5	Byron O'Connell	Macquarie Hunter	2:04.81
6	Jordan Gusman	Sawtell-Toormina	2:05.54
7	Robert Dredge	Tuggerah Lakes M	2:06.03
8	Campbell Hislop	Springwood	2:07.07
9	Philip Spratt	Illawong	2:07.77
10	Alexander Parker	Sutherland	2:09.50
11	David Stone	Emu Plains	2:11.07
12	Bryce Coles-Sincla	Illawong	2:11.19
13	Matthew Van Arkel	Hills District	2:14.84
14	Alex Celio	Emu Plains	2:15.71
15	Mitchell Pink	Shoalhaven	2:24.37

Boys U17 - 800 Metre Run

1	Richard Newell	Randwick Botany	2:00.80
2	Ian Halpin	Katoomba	2:02.21
3	Robert Black	Tuggerah Lakes M	2:02.93
4	Jason Invernon	Lake Illawarra	2:04.11
5	Jack O'Connor	Maitland	2:09.21
6	Ethan Beard	Bowral	2:09.63
7	Benjamin Knobel	Campbelltown Collegians	2:12.75
8	Daniel Powe	Camden	2:14.20
9	Conrad Bond	Wallsend RSL	2:16.28
10	Lachlan Pincham	Colyton St Clair	2:17.62
11	Samuel Dicker	Tiger Wests	2:23.61

Boys U10 - 1500 Metre Run

1	Joshua Head	Wollongong City	4:59.43
2	Finn Mergler	South Eastern	5:03.22
3	Kade Szakacs	Albion Park	5:06.69
4	Jarrod Herrmann	Port Hacking	5:09.05
5	Jack Armson	Ryde	5:16.02
6	Jesse Maxwell	Macquarie Hunter	5:21.02
7	Jordan Glover	Hills District	5:22.01
8	Matthew Williams	Medowie	5:23.71
9	Hayden Jamer	Cherrybrook	5:26.85
10	Joshua Atherton	Campbelltown Collegians	5:29.59
11	Tristan Muir	Singleton	5:30.64
12	Alex Hudson	Greystanes	5:33.19
13	Obssa Youssouf	Liverpool City	5:34.66
14	Ryan Gregory	Nepean	5:35.33
15	Jack Pearce	Emu Plains	5:37.47

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Boys U11 - 1500 Metre Run

1	Adam Halmy	Northern Districts	4:49.28
2	Benjamin Thomson	Hills District	4:52.84
3	Jay Pearce	Emu Plains	4:55.61
4	Kurt Fryer	Randwick Botany	4:56.18
5	Christopher Fayers	Singleton	4:59.74
6	Kyle Roe	Jamison	5:02.21
7	Sam Woods	Milton-Ulladulla	5:05.72
8	Samuel McNaughton	Helensburgh	5:06.45
9	Hamish Macdonald	Wollongong City	5:08.29
10	Maverick Tweedie	Campbelltown Collegians	5:08.72
11	Nicholas Rinkin	Maitland	5:14.40
12	Jye Perrott	Girraween	5:16.33
13	Jed Frank	Milton-Ulladulla	5:17.11
14	Ethan Dhu	Doonside	5:17.99
15	Samuel Barry	Singleton	5:21.32

Boys U12 - 1500 Metre Run

1	Jarrold Biczó	Glenbrook	4:42.39
2	James Cox	Gosford	4:42.92
3	Rhys Gillon	Sutherland	4:43.19
4	Maine Vidler	Cherrybrook	4:45.62
5	Alexander Seal	Wollongong City	4:49.30
6	Cameron Barrett	Albion Park	4:51.92
7	Carl Williams	Medowie	4:56.13
8	Jasper Muir	Singleton	4:58.15
9	Christopher Parker	Sutherland	4:59.00
10	Daniel White	Campbelltown Collegians	4:59.84
11	Daniel Francken	Katoomba	5:01.02
12	Darian Hargreaves	Northern Suburbs	5:04.10
13	Nicholas Cain	Macquarie Hunter	5:11.53
14	Tom Fagan	Eastern Suburbs	5:18.40
15	Kurt Bedford	Lake Illawarra	5:31.89
16	Matthew White	Glenbrook	5:37.25

Boys U13 - 1500 Metre Run

1	Max Wilson	Randwick Botany	4:32.65
2	Conor O'Sullivan	Manly Warringah	4:33.90
3	Pierce Coles-Sinclair	Illawong	4:36.44
4	Hamish Gordon	Dubbo RSL	4:38.63
5	Hamish Paine	Wollongong City	4:39.32
6	Joshua Kentwell	Dapto	4:41.20
7	Ilias Hassani	Tiger Wests	4:46.62
8	Asgar Ali Gulzari	Tiger Wests	4:54.44
9	Will Back	Ku-Ring-Gai	4:54.48
10	Anthony Jones	Gosford	4:59.82
11	James Franklin	Woolgoolga	5:02.07
12	Beau Tape	Stuarts Point	5:04.88
13	Jack Dhu	Doonside	5:27.35
14	Nicholas Hokin	Preston Robins	5:31.67

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

15	Brodie Pascoe	Westlakes	5:41.40
16	Nicholas Bosley	Nepean	5:43.05

Boys U14 - 1500 Metre Run

1	Byron Cavender	Gosford	4:26.45
2	Jack Stapleton	Parramatta	4:30.91
3	Josh Williams	Ku-Ring-Gai	4:33.89
4	Matthew Still	Campbelltown Collegians	4:38.17
5	Riley Delaney	St George	4:38.51
6	Adam Booth	Randwick Botany	4:42.38
7	Tyrone Evans	Wellington	4:44.57
8	Steven Srzich	Warradale	4:52.42
9	Matthew Mascord	Macquarie Hunter	4:54.51
10	Thomas McCoy	Kurrajong Bilpin	4:57.00
11	Matthew Berrington	Sawtell-Toormina	4:59.12
12	Hayden Crossland	Wollongong City	5:01.01
13	Jake Dunn	Dubbo	5:02.87
14	Kurtis Birch-Ward	Bankstown Sports	5:05.18
15	Jacob Lowe	Westlakes	5:17.18

Boys U15 - 1500 Metre Run

1	Vincent Donnadieu	Port Hacking	4:20.79
2	Byron O'Connell	Macquarie Hunter	4:21.82
3	Robert Dredge	Tuggerah Lakes M	4:23.66
4	Chris Doran	Helensburgh	4:27.80
5	Byron Smith	Armidale	4:28.34
6	Guy Walters	Macquarie Hunter	4:29.59
7	Alexander Parker	Sutherland	4:31.07
8	James Bergfield	Ryde	4:32.90
9	Gavin Smith	Mt Druitt	4:35.90
10	Nathan West	Springwood	4:41.29
11	Gareth Williams	Dubbo	4:55.69
12	Hayden Miller	Shoalhaven	4:55.87
13	Kyle Stewart	Mt Pritchard	5:03.44

Boys U17 - 1500 Metre Run

1	Jason Invernon	Lake Illawarra	4:23.06
2	Jack O'Connor	Maitland	4:24.85
3	Ethan Beard	Bowral	4:26.15
4	Robert Black	Tuggerah Lakes M	4:27.21
5	Matthew Wormington	Wallsend RSL	4:28.64
6	Gareth Ryan	Albion Park	4:31.99
7	Malcolm Ramsay	Ryde	4:35.59
8	James Dodd	Port Hacking	4:38.25
9	Benjamin Knobel	Campbelltown Collegians	4:40.93
10	Mike Hobbs	Northern Suburbs	4:48.09
11	Jed Willis	Campbelltown Collegians	5:08.84

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre
RESULTS

Boys U13 - 3000 Metre Run

1	Max Wilson	Randwick Botany	9:58.69
2	Conor O'Sullivan	Manly Warringah	10:04.22
3	Charlie Hunter	Gosford	10:29.76
4	James Franklin	Woolgoolga	10:38.15
5	Simon Camire	Newcastle City	10:48.47
6	David Pike	Port Hacking	10:50.20
7	Anthony Jones	Gosford	11:02.55
8	Christopher Nielse	Smithfield	11:13.35
9	Aaron Morham	Finley	11:22.97
10	Nicholas Hokin	Preston Robins	11:40.11
11	John Dawson	Liverpool City	12:00.51
12	Jack Dhu	Doonside	12:12.50
13	Jake Edwards	Albion Park	12:50.53
14	Timothy Trainer	Mudgee	13:03.69
--	Lincoln Blissett	Forster/Tuncurry	DNF
--	Jawaid Rezai	Tiger Wests	DNF

Boys U14 - 3000 Metre Run

1	Jack Stapleton	Parramatta	9:31.12
2	Josh Williams	Ku-Ring-Gai	9:52.98
3	Adam Booth	Randwick Botany	10:14.91
4	Andrew Louw	Cherrybrook	10:23.41
5	Steven Srzich	Warradale	10:26.64
6	Luke Cox	Campbelltown Collegians	10:32.53
7	Jacob Tiernan	Cootamundra	10:35.78
8	Tyrone Evans	Wellington	10:46.01
9	Marko Paulic	Mt Pritchard	10:48.00
10	Bradie Smith	Singleton	10:50.65
11	Matthew Mascord	Macquarie Hunter	10:52.20
12	Matthew Berrington	Sawtell-Toormina	10:53.73
13	Jake Dunn	Dubbo	11:24.25
14	Josh Hodge	Balmain	11:40.04
15	Andreas Gregg	Blacktown	11:48.33

Boys U15 - 3000 Metre Run

1	Daniel Terranova	Cherrybrook	9:30.32
2	Guy Walters	Macquarie Hunter	9:31.29
3	Kieran Briscoe	Western Suburbs	9:38.26
4	Chris Doran	Helensburgh	9:48.68
5	Bryce Coles-Sincla	Illawong	9:56.27
6	Blake Wigley	Hills District	10:02.75
7	Jack Pearce	Macquarie Hunter	10:07.27
8	Gavin Smith	Mt Druitt	10:07.91
9	Daniel Maran	Mt Pritchard	10:09.21
10	Hayden Miller	Shoalhaven	10:10.00
11	Craig Carmody	Springwood	10:10.14
12	Mitchell Markham	Medowie	11:10.34

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre
RESULTS

Boys U17 - 3000 Metre Run

1	Jason Invernon	Lake Illawarra	9:40.99
2	Matthew Wormington	Wallsend RSL	9:42.81
3	Ethan Beard	Bowral	10:05.07
4	Benjamin Knobel	Campbelltown Collegians	10:31.99
5	Lachlan Pincham	Colyton St Clair	10:34.32
6	Samuel Gunderson-B	Northern Suburbs	10:37.22
7	Jake Rudge	Port Stephens	10:45.92
8	Tim Hart	Eschol Park	11:18.35
9	George Wrigley	Port Hacking	12:54.24

Boys U9 - 60 Metre Hurdles

Heat 1 Heats

1	Rory Barkley	Northern Suburbs	9.85Q
2	Aron Cox	Kiama	10.11Q
3	Spencer Blunden	Albion Park	10.29Q
4	Aidan Wallace	Sawtell-Toormina	10.31q
5	Bailey Antrobus	Wollongong City	10.76q
6	Zane Camenzuli	Emu Plains	10.96
7	Jaime Boutros	Bankstown Sports	10.98
8	Sean McLachlan	Inverell	11.40

Heat 2 Heats

1	Kelsey Howe	Northern Suburbs	10.29Q
2	Nicholas Frost	Northern Districts	10.36Q
3	Thomas Carroll	Liverpool City	10.44Q
4	Joshua Azzopardi	Camden	10.86
5	Dale Botfield	Campbelltown Collegians	11.01
6	Jack Sweeney	Jamison	11.18
7	Chase Karn	Southlakes	11.20
8	Brooklyn Hardaker	Randwick Botany	11.72

Final

1	Rory Barkley	Northern Suburbs	9.66	=RECORD – hand held =record of 9.3sec
2	Aron Cox	Kiama	9.77	
3	Nicholas Frost	Northern Districts	10.01	
4	Aidan Wallace	Sawtell-Toormina	10.07	
5	Kelsey Howe	Northern Suburbs	10.14	
6	Spencer Blunden	Albion Park	10.24	
7	Thomas Carroll	Liverpool City	10.65	
8	Bailey Antrobus	Wollongong City	11.00	

Boys U10 - 60 Metre Hurdles

Heat 1 Heats

1	Jarrold Twigg	Wollongong City	10.34Q
2	John Carroll	Tuggerah Lakes M	10.75Q
3	Jacob Trindall	Doonside	10.90Q
4	Sam Villata	Griffith	11.05
5	Jonathan Powditch	St George	11.09
6	Sauni Esau	Campbelltown Collegians	11.12
7	Samuel Maxwell	Macquarie Hunter	11.21
8	Jamie Glover	Manly Warringah	12.71

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre
RESULTS

Heat 2 Heats

1	Jake Kambos	Randwick Botany	10.49Q
2	Sam Reynolds	Sawtell-Toormina	10.54Q
3	Aaron Jeffery	Western Suburbs	10.64Q
4	Andrew Chapman	Northern Suburbs	10.67q
5	Todd Methven	Northern Illawarra	10.82q
6	Joshua Smith	Macquarie Hunter	10.83
7	Lachlan Oxley	Doonside	10.87
8	Ethan Burton	Doonside	11.64

Final

1	Aaron Jeffery	Western Suburbs	10.38
2	Jarrod Twigg	Wollongong City	10.39
3	John Carroll	Tuggerah Lakes M	10.53
4	Sam Reynolds	Sawtell-Toormina	10.58
5	Andrew Chapman	Northern Suburbs	10.77
6	Jacob Trindall	Doonside	11.61
7	Todd Methven	Northern Illawarra	11.84
8	Jake Kambos	Randwick Botany	13.40

Boys U11 - 60 Metre Hurdles

Heat 1 Heats

1	Bailey Simonsson	Manly Warringah	9.53Q
2	Bradley Jones	Bankstown Sports	10.23Q
3	Johnathan Dobb	Tuggerah Lakes M	10.25Q
4	Blake Tindall	Maitland	10.33q
5	Gus Hogbin	Douglas Park	10.34q
6	Lewis Hughes	Springwood	10.56
7	Hamish Macdonald	Wollongong City	10.66
8	Caleb Broughton	Nepean	10.79

Heat 2 Heats

1	Lachlan Behagg	Manly Warringah	9.81Q
2	Kye Duncan	Woolgoolga	9.86Q
3	Benjamin Alessio	St George	10.02Q
4	Cody White	Albion Park	10.35
5	Thomas Banuelos	Eastern Suburbs	10.43
6	Jack Dalton	Orange	10.56
7	Jacob Moore	Maitland	10.71
8	Kieran Kirk	Doonside	10.90

Final

1	Bailey Simonsson	Manly Warringah	9.48
2	Kye Duncan	Woolgoolga	9.55
3	Lachlan Behagg	Manly Warringah	9.69
4	Benjamin Alessio	St George	9.72
5	Johnathan Dobb	Tuggerah Lakes M	9.97
6	Bradley Jones	Bankstown Sports	10.11
7	Blake Tindall	Maitland	10.33
8	Gus Hogbin	Douglas Park	10.35

Boys U12 - 60 Metre Hurdles

Heat 1 Heats

1	Joshua Byron	Winston Hills	9.90Q
2	Jack Colquhoun	Edgeworth	10.09Q

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

3	Tom Lorkin	Eastern Suburbs	10.13Q
4	Ben White	Manly Warringah	10.28q
5	Jye Brooker	Albion Park	10.45
6	Mitchell Acev	Wollongong City	10.45
7	Anthony Schmidt	Liverpool City	10.60
8	Josh Wilson	Kempsey	10.94
Heat 2 Heats			
1	Justin Brown	Manly Warringah	9.71Q
2	Liam Cashman	Port Hacking	9.74Q
3	Zach Edelstein	Eastern Suburbs	9.96Q
4	Mitchell Scott	Kiama	10.26q
5	Mats Kumpulainen	Blacktown	10.32
6	Bradley Dawson	Liverpool City	10.42
6	Jaydan Tuohy	Randwick Botany	10.42
8	Liam Fuller	Woolgoolga	10.66
Final			
1	Justin Brown	Manly Warringah	9.64
2	Tom Lorkin	Eastern Suburbs	9.67
3	Jack Colquhoun	Edgeworth	9.70
4	Joshua Byron	Winston Hills	9.74
5	Liam Cashman	Port Hacking	9.77
6	Ben White	Manly Warringah	9.91
7	Zach Edelstein	Eastern Suburbs	10.07
8	Mitchell Scott	Kiama	11.18

Boys U13 - 80 Metre Hurdles

Heat 1 Heats			
1	Ivor Metcalf	Randwick Botany	12.61Q
2	Christopher Twigg	Wollongong City	12.70Q
3	Duncan Watt	Port Hacking	13.44Q
4	Benjamin Butler	Wyong	13.51
5	Joshua Fernandes	Lake Illawarra	13.77
6	Daniel Bunten	Dapto	14.46
7	Justin Campbell	Doonside	15.76
Heat 2 Heats			
1	William Richardson	Northern Suburbs	12.29Q
2	Aaron McNab	Doonside	12.91Q
3	Eric Ong	Port Hacking	13.11Q
4	Kairo Anderson	Tuggerah Lakes M	13.15q
5	Aymien Chehab	Western Suburbs	13.38q
6	Rees Duncan	Woolgoolga	13.74
7	Nathan Hodge	Ballina	14.36
8	Dion Neist	Liverpool City	14.44
Final			
1	William Richardson	Northern Suburbs	12.22
2	Ivor Metcalf	Randwick Botany	12.49
3	Christopher Twigg	Wollongong City	12.60
4	Aaron McNab	Doonside	13.00
5	Kairo Anderson	Tuggerah Lakes M	13.16
6	Aymien Chehab	Western Suburbs	13.18
7	Duncan Watt	Port Hacking	13.20
8	Eric Ong	Port Hacking	14.44

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre
RESULTS

Boys U14 - 90 Metre Hurdles

Heat 1 Heats

1	Joshua Jay	Penrith Valley	12.59Q
2	Gemien Litong	Manly Warringah	12.83Q
3	Brendan Cox	Revesby Workers	13.14Q
4	Zachary Sheridan	Parramatta	13.44q
5	Andrew Millen	Douglas Park	13.64q
6	Dane English	Wollongong City	13.96
7	Dean Colligan	Wallsend RSL	14.07
8	Blake Davis	Edgeworth	16.21

Heat 2 Heats

1	Chamath Herath	Parramatta	13.08Q
2	Kerry Cree	Port Hacking	13.50Q
3	Joshua Bingham	Lake Illawarra	13.54Q
4	David Snowdon	Kurrajong Bilpin	13.80
5	Jack Fouracre	Campbelltown Collegians	13.88
6	Jack Rogers	Orange	14.33
7	Zachary Amos	Blacktown	14.47

Final

1	Joshua Jay	Penrith Valley	12.30
2	Chamath Herath	Parramatta	12.55
3	Gemien Litong	Manly Warringah	12.85
4	Zachary Sheridan	Parramatta	13.09
5	Andrew Millen	Douglas Park	13.25
6	Joshua Bingham	Lake Illawarra	13.28
7	Kerry Cree	Port Hacking	13.42
8	Brendan Cox	Revesby Workers	13.59

Boys U15 - 100 Metre Hurdles

Heat 1 Heats

1	Nicholas Hough	Hills District	12.91Q
2	Dean Invernon	Lake Illawarra	13.70Q
3	Jake Stein	Warradale	13.77Q
4	Joshua Venzlauskas	Blacktown	14.41q
5	Christopher Boland	Sutherland	14.69
6	James Blackwood	Canterbury	14.98
7	Jonathon Ramsay	Nth Rocks Carlingford	15.49
8	Dylan Yates	Macquarie Hunter	15.60

Heat 2 Heats

1	Jack Bangel	Kurrajong Bilpin	13.49Q
2	Amaan Bhat	Northern Districts	13.83Q
3	Phillip Komninos	Lake Illawarra	14.10Q
4	Ryan Leonard	South Eastern	14.15q
5	Christian Lozada	Port Hacking	14.44
6	Mitchell Chapman	Albion Park	14.67
7	Jack Higgins	Inverell	14.69
8	Andrew Greenwood	Medowie	14.79

Final

1	Nicholas Hough	Hills District	12.65	RECORD – Hand held record of 12.4sec
2	Dean Invernon	Lake Illawarra	13.46	
3	Jack Bangel	Kurrajong Bilpin	13.48	

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Jake Stein	Warradale	13.54
5	Amaan Bhat	Northern Districts	13.57
6	Joshua Venzlauskas	Blacktown	14.24
7	Ryan Leonard	South Eastern	14.49
8	Phillip Komninos	Lake Illawarra	17.78

Boys U17 - 110 Metre Hurdles

Heat 1 Heats

1	Michael Loudon	Kurrajong Bilpin	14.33Q
2	Nathan Rushworth	Doonside	14.99Q
3	Kristopher Button	Eschol Park	15.17Q
4	Ty Faulkner	Raymond Terrace	15.54q
5	Robert Jessep	Kings Langley	15.87
6	Matthew Smith	Shoalhaven	17.24
7	Luke Blackler	Tamworth	18.76

Heat 2 Heats

1	George Ockert	Holroyd	14.69Q
2	Daniel Ong	Port Hacking	15.05Q
3	Sam Haber	Dapto	15.50Q
4	James Johnson	Northern Districts	15.86q
5	Corey Ingold-Dawes	Everley Park	17.07
6	Thomas Burke	Bowral	17.60
7	Jack Young	Northern Suburbs	20.19

Final

1	Michael Loudon	Kurrajong Bilpin	14.15
2	Nathan Rushworth	Doonside	14.86
3	Daniel Ong	Port Hacking	14.88
4	George Ockert	Holroyd	14.98
5	Sam Haber	Dapto	15.23
6	Kristopher Button	Eschol Park	15.26
7	Ty Faulkner	Raymond Terrace	15.36
8	James Johnson	Northern Districts	16.15

Boys U13 - 200 Metre Hurdles

Heat 1 Heats

1	Eric Ong	Port Hacking	28.81Q
2	Nathan Ramsey	Doonside	29.72Q
3	Mitchel Van Noort	Northern Districts	29.92Q
4	Alexander Webb	Tuggerah Lakes M	30.18q
5	Jayden Broderick	Adamstown	30.39q
6	Daniel Bunten	Dapto	31.09
7	Cameron Chisholm	Lake Illawarra	31.69
8	Nathan Hodge	Ballina	32.14

Heat 2 Heats

1	Dean Johnson	Port Hacking	28.76Q
2	Ivor Metcalf	Randwick Botany	30.36Q
3	Taylor Currie	Werrington	30.72Q
4	Rhys Stein	Warradale	31.40
5	Liam Perry	Camden	32.13
6	Taylor Perks	Sawtell-Toormina	32.14
7	Chris Theseira	Manly Warringah	32.40

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Final

1	Dean Johnson	Port Hacking	28.22
2	Eric Ong	Port Hacking	28.31
3	Mitchel Van Noort	Northern Districts	28.57
4	Ivor Metcalf	Randwick Botany	29.14
5	Alexander Webb	Tuggerah Lakes M	29.24
6	Jayden Broderick	Adamstown	29.78
7	Nathan Ramsey	Doonside	30.17
8	Tayler Currie	Werrington	30.22

Boys U14 - 200 Metre Hurdles

Heat 1 Heats

1	Zachary Sheridan	Parramatta	27.45Q
2	Ben Gordon	Eastern Suburbs	27.89Q
3	Joshua Bingham	Lake Illawarra	28.02Q
4	Dane English	Wollongong City	28.18q
5	Mitchell Fox	Port Hacking	28.38
6	Johann D'Cunha	Jamison	28.77
7	Bradie Smith	Singleton	30.61

Heat 2 Heats

1	Chamath Herath	Parramatta	26.77Q
2	Brendan Cox	Revesby Workers	27.17Q
3	Zachary Amos	Blacktown	27.85Q
4	Brodie Leeson	Albion Park	28.20q
5	Brendon Harwanek	Mt Druitt	28.57
6	Blake Davis	Edgeworth	29.10
7	Joshua Mawhinney	Northern Districts	29.42
8	Thomas Studley	Edgeworth	32.13

Final

1	Chamath Herath	Parramatta	26.17
2	Zachary Sheridan	Parramatta	26.34
3	Brendan Cox	Revesby Workers	26.94
4	Zachary Amos	Blacktown	27.26
5	Brodie Leeson	Albion Park	27.48
6	Ben Gordon	Eastern Suburbs	27.52
7	Dane English	Wollongong City	27.88
8	Joshua Bingham	Lake Illawarra	27.91

Boys U15 - 200 Metre Hurdles

Heat 1 Heats

1	Justin Tarabine	Parramatta	25.59Q
2	Phillip Komninos	Lake Illawarra	27.16Q
3	Rod Wainwright	Illawong	27.28Q
4	Andrew Greenwood	Medowie	28.50
5	Jarrold Geddes	Port Hacking	32.20
6	Daniel James	Mudgee	32.73

Heat 2 Heats

1	Jack Bangel	Kurrajong Bilpin	25.53Q
2	Nathan Innes	Mudgee	26.45Q
3	Christian Lozada	Port Hacking	26.47Q
4	Ryan Leonard	South Eastern	26.64q
5	Evan Clothier	Northern Districts	27.85q

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

	6	Stephen Cragg	Manly Warringah	28.11
	7	Cameron Moore	Penrith Valley	28.36
	8	Benjamin Passfield	Kurri Kurri	30.47
Final	1	Justin Tarabine	Parramatta	24.86
	2	Jack Bangel	Kurrajong Bilpin	25.15
	3	Nathan Innes	Mudgee	25.66
	4	Phillip Komninos	Lake Illawarra	25.76
	5	Christian Lozada	Port Hacking	26.26
	6	Evan Clothier	Northern Districts	26.62
	7	Rod Wainwright	Illawong	26.87
	8	Ryan Leonard	South Eastern	26.98

Boys U17 - 200 Metre Hurdles

Heat 1 Heats

1	Michael Loudon	Kurrajong Bilpin	25.24q
2	Mitchell English	Wollongong City	25.79q
3	Anthony Baddock	Winston Hills	26.33q
4	Graham Soling	Manly Warringah	26.94
5	Christopher Tecli	Bankstown Sports	27.36
6	Luke Blackler	Tamworth	27.40
7	Matthew Smith	Shoalhaven	30.20

Heat 2 Heats

1	Nathan Campbell	Macquarie Hunter	25.42Q
2	Nathan Rushworth	Doonside	25.43Q
3	Sam Haber	Dapto	26.08Q
4	Christopher Dennis	Gosford	26.64q
5	Cameron Jones	Kurrajong Bilpin	26.91q
6	Jaylen Melia	Inverell	27.02

Final

1	Michael Loudon	Kurrajong Bilpin	24.85
2	Sam Haber	Dapto	24.96
3	Anthony Baddock	Winston Hills	25.07
4	Nathan Rushworth	Doonside	25.31
5	Mitchell English	Wollongong City	25.56
6	Christopher Dennis	Gosford	26.47
7	Cameron Jones	Kurrajong Bilpin	27.18
8	Nathan Campbell	Macquarie Hunter	29.24

Boys U9 - 700 Metre Walk

1	Lewis Thompson	Randwick Botany	3:23.90
2	Benjamin Tisdale	Girraween	3:31.18
3	Alexander Duffy	Port Hacking	3:35.74
4	Lachlan McGrath	Hills District	3:41.55
5	Elijah Harris	Girraween	3:57.23
6	Marc Zaurrini	Kurrajong Bilpin	3:58.73
7	Kyle Bedford	Nepean	4:00.32
8	Nicholas Bannigan	Manly Warringah	4:00.79
9	Anthony Gale	Mt Druitt	4:17.11
10	Jake Sheppard	Dapto	4:18.46
11	Cory McGinniskin	Edgeworth	4:35.35

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Albert Baloghne	Adamstown	DQ
Cameron Fitzsimmon	Raymond Terrace	DQ

Boys U10 - 1100 Metre Walk

1	Jordan Glover	Hills District	5:34.19
2	Declan O'Connell	Randwick Botany	5:43.18
3	Jacob Heinrich	Hills District	5:59.57
4	Jarrod Herrmann	Port Hacking	6:10.16
5	Karl Osborne	Ingleburn RSL	6:14.91
6	Michael Murphy	South Eastern	6:16.33
7	Rhys Vorillas	Manly Warringah	6:40.84
8	Lochlan Broughton	Nepean	6:48.20
9	Thomas Phillips	Wallsend RSL	6:50.41
10	Jeffrey Vizgoft	Dapto	6:55.26
11	Mitchell Drew-Rugg	Glenbrook	7:20.37
12	Harry Broad	Bathurst	9:22.84
	Nathan Kuszelyk	Woodberry & Dist	DQ
	Caleb Hill	Raymond Terrace	DQ
	Adam Hanna	Blacktown	DQ
	Tristan McIntosh	Lake Illawarra	DQ

Boys U11 - 1100 Metre Walk

1	Ethan Dhu	Doonside	5:31.09
2	Hayden Forbes	Tuggerah Lakes M	5:49.95
3	Jordan Wotherspoon	Ballina	6:10.96
4	Bradley Eades	Ingleburn RSL	6:13.52
5	Patrick Estrada	Mt Druitt	6:23.98
6	Lachlan Miller	Eschol Park	6:29.15
7	Joss Knight	Sawtell-Toormina	6:31.81
8	Matthew Murray	Randwick Botany	6:36.24
9	Jordan Pulham	Manly Warringah	6:55.87
10	Sam Price	Lake Illawarra	7:46.27
	Tyler Jones	Wyong	DQ
	Kieran Labrakis	Canterbury	DQ
	Regan Lundy	Raymond Terrace	DQ
	Braydon Chatfield	Dubbo RSL	DQ
	Brendan McCoy	Kurrajong Bilpin	DQ
	Jed Frank	Milton-Ulladulla	DQ

Boys U12 - 1500 Metre Walk

1	Matthew Oswald	Dapto	7:22.93
2	Johnathon Anestoud	Nepean	7:33.40
3	Kyle Marshall	Doonside	7:35.92
4	Mitchell Acev	Wollongong City	7:39.11
5	Robert Murphy	South Eastern	7:46.15
6	Dezmond Malone	Colyton St Clair	8:15.89
7	Alistair Maclennan	Ku-Ring-Gai	8:21.82
8	Adam Mylonas	Winston Hills	8:37.82
9	Zachary Vaughan	Tuggerah Lakes M	8:38.17
10	Delian Kotevski	Bankstown Sports	8:47.29
11	Brendan Hart	Eschol Park	8:48.13

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

12	Liam Keating	Edgeworth	9:05.93
	Matt Rees	Kurri Kurri	DQ
	William Gow	Edgeworth	DQ
	Nicholas Fox	Port Hacking	DQ

Boys U13 - 1500 Metre Walk

1	Jason Dredge	Tuggerah Lakes M	7:36.11
2	Connor Knight	Sawtell-Toormina	7:47.87
3	Brent Giarratano	Doonside	7:54.00
4	Nicholas Bosley	Nepean	8:16.32
5	Austin Bond	Wallsend RSL	8:19.53
6	Nicholas Shina	Hills District	8:31.97
7	Ciaran Russell	Illawong	9:03.73
8	Jacob Waddell	Holroyd	9:12.55
9	Marko Zitko	Port Hacking	9:45.91
10	David Robertson	Eastern Suburbs	9:54.96
11	James Hay	Wagga Wagga	10:01.27
	Jack Dhu	Doonside	DQ
	Joshua Gauci	Wyong	DQ
	Joshua Kentwell	Dapto	DQ
	Aiden Roberts	Dapto	DQ

Boys U14 - 1500 Metre Walk

1	Nathan Fazldad	Nepean	6:43.81
2	Jay Felton	Gosford	7:21.07
3	Kurtis Birch-Ward	Bankstown Sports	7:24.22
4	Hayden Sandoz	Ingleburn RSL	8:30.87
5	Adrian Santa Maria	Tallawong Park	8:52.21
6	Adam Batten	Tuggerah Lakes M	8:53.07
7	Zachary Amos	Blacktown	9:06.17
	Matthew Killen	Wyong	DQ
	James Connors	Orange	DQ
	Tyler Harris	Tamworth	DQ
	Nicholas Ryan	Edgeworth	DQ
	Cameron Mee	Randwick Botany	DQ
	Adam Booth	Randwick Botany	DQ

Boys U15 - 1500 Metre Walk

1	Steven Washburn	Nepean	6:44.64
2	Cheyne Egelton	Nepean	7:15.23
3	Andrew Shaw	Doonside	7:31.83
4	Fletcher McKay	Gosford	8:33.01
5	Benjamin Passfield	Kurri Kurri	8:44.98
6	Brock Korremans	Revesby Workers	9:52.22
	Sam Hayward	Canterbury	DQ
	Joshua Ray	Parramatta	DQ
	Riley Berlecky	Western Suburbs	DQ
	Jack Pearce	Macquarie Hunter	DQ
	Blake Mumberson	Campbelltown Collegians	DQ

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre
RESULTS

Boys U17 - 1500 Metre Walk

1	Kai Maruta	Colyton St Clair	6:46.42
2	Jake Rudge	Port Stephens	6:50.08
3	Adam Toms	Kurrajong Bilpin	7:09.05
4	Nicholas Cavenagh	Northern Suburbs	7:42.98
5	Tim Hart	Eschol Park	8:41.16
	Madison Hughes	Glenbrook	DQ
	Ryan Johnson	Dapto	DQ
	Julian Ingham	Ku-Ring-Gai	DQ
	Anthony Rizzo	Randwick Botany	DQ
	Matthew Malone	Randwick Botany	DQ
	Luke Brannan	Eschol Park	DQ

Boys U9-12 4x100 Metre Relay (Jnr)

1	St George		55.07
	1) Matteo Tiscia	2) Liam Pemberton	
	3) Mathew Jenkins	4) Benjamin Alessio	
2	Hills District		55.51
	1) Sergio Gregory	2) Nelson Osifo	
	3) Alex Odoom	4) Jordan Shelley	
3	Albion Park		55.53
	1) Kobe Collier	2) Luke Watts	
	3) Cody White	4) Tristan Brazulaitis	
4	Bankstown Sports		55.70
	1) Jaime Boutros	2) Patrick Bolin	
	3) Alec Nguyen	4) Hadi Youssef	
5	Emu Plains		56.52
	1) Aaron Keene	2) Mitchell Willingham	
	3) Matthew Go	4) Jay Pearce	
6	Northern Suburbs		56.55
	1) Andrew Chapman	2) Alec Diamond	
	3) William Terry	4) Lewis Clabburn	
7	Jamison		57.88
	1) Jack Sweeney	2) Robert Bird	
	3) Kyle Roe	4) Richard Stewart	
8	Macquarie Hunter		1:02.06
	1) Jack Smith	2) Joshua Milford	
	3) Joshua Smith	4) Ben Kerr	

Boys U13-17 4x100 Metre Relay (Snr)

1	Manly Warringah		46.30	RECORD - Hand held record of 46.1sec
	1) Chris Theseira	2) Gemien Litong		
	3) Graham Soling	4) Jackson Lowe		
2	Cherrybrook		46.42	
	1) Marcus Venables	2) Anthony Palmer		
	3) Johnathan Palmer	4) Ben Jaworski		
3	Sawtell-Toormina		47.03	
	1) David Sheridan	2) Ryan Cole		
	3) Rory Lenihan	4) Jordan Cant		

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4 Blacktown		47.17
1) Anas Ganaba Abu	2) Dilshen Mooneesamy	
3) Elia Morisio	4) Thomas Soliman	
5 Holroyd		47.33
1) Bradley Crelley	2) James Sheehy	
3) Guy Hollingshed	4) Zach Docker-Clay	
6 Bankstown Sports		48.62
1) Stathis Messaris	2) Aaron Crawford	
3) James Kermond	4) James Smithson	
7 Doonside		51.06
1) Tepai Moeroa	2) Brad Edelman	
3) Andrew Shaw	4) Nathan Rushworth	

Boys U9 - High Jump

1 Harrison Brierley	Illawong	1.40m	=RECORD
2 Jack Dempsey	Northern Districts	1.26m	
3 Joshua Smith	Illawong	1.22m	
4 Michael Robinson	Kiama	1.22m	
5 Thomas Maclean	Ryde	1.20m	
6 Austin Quast	Colyton St Clair	1.15m	
6 Bailey Massey	Woy Woy	1.15m	
8 Tyren Maclou	Wollongong City	1.15m	
9 Aidan Wallace	Sawtell-Toormina	1.15m	
9 Jayden Kastelan	Emu Plains	1.15m	
11 Shamous McDonagh	Emu Plains	1.10m	
12 Dale Botfield	Campbelltown Collegians	1.10m	
13 Kieran Davies	Armidale	1.05m	
14 Brooklyn Barataud	Eastern Suburbs	1.05m	
15 Aaron Kitch	Wellington	1.00m	

Boys U10 - High Jump

1 Mason Boyd	Adamstown	1.40m
2 Mitchell Nugent	Illawong	1.38m
3 Todd Methven	Northern Illawarra	1.38m
4 Ty Pullinger	Milton-Ulladulla	1.30m
5 Hayden Perry	Glenbrook	1.30m
6 Sam Richardson	Northern Suburbs	1.30m
7 Joshua Smith	Macquarie Hunter	1.25m
7 Sam Reynolds	Sawtell-Toormina	1.25m
9 Jacob Trindall	Doonside	1.25m
10 Zac Kennedy	Port Hacking	1.25m
11 Alex Cerroti	Western Suburbs	1.20m
12 James Reed	Balmain	1.15m
13 Tyson Holmes	Manly Warringah	1.10m

Boys U11 - High Jump

1 Bailey Simonsson	Manly Warringah	1.52m
2 Max Winter	Forster/Tuncurry	1.44m
3 Lachlan Behagg	Manly Warringah	1.42m
4 Ashley Doggett	Hills District	1.42m
5 Jack Fowler	Albion Park	1.42m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

6	Craig Bayley	Sutherland	1.35m
7	Gus Hogbin	Douglas Park	1.35m
8	Oscar Dewling	Canterbury	1.30m
9	Ethan Slatford	Springwood	1.30m
9	Angus Glover	Wollongong City	1.30m
9	Canrad Talbot	Macquarie Hunter	1.30m
12	Brent Hazelton	Albion Park	1.30m
13	Jordan Pateman	Port Macquarie	1.25m
14	Adam Kesbah	Western Suburbs	1.20m
15	Jayden Taunton	Nepean	1.15m
15	Lewis Hughes	Springwood	1.15m

Boys U12 - High Jump

1	Thibaut Potin	Illawong	1.72m	RECORD
2	Thomas Cheel	Ku-Ring-Gai	1.55m	
3	Izaak Thompson	Bankstown Sports	1.53m	
4	Drey Faaeteete	Tiger Wests	1.53m	
5	Matthew Crowe	Northern Suburbs	1.53m	
6	Shidhanth Mudaliar	Liverpool City	1.45m	
7	Brenden Martin	Liverpool City	1.40m	
8	Gus Frank	Milton-Ulladulla	1.40m	
8	Jake Ellis	Southlakes	1.40m	
10	Dylan Page	Illawong	1.40m	
11	Joshua Knight	Grenfell	1.35m	
11	Alec Mathias	Singleton	1.35m	
11	Zane Darcy	Wollongong City	1.35m	
14	Harrison Freckling	Hills District	1.35m	
15	Isaac Heather	Stuarts Point	1.30m	
16	Jacob Green	Preston Robins	1.30m	

Boys U13 - High Jump

1	Ivor Metcalf	Randwick Botany	1.72m
2	Morgan Paterson	North Rocks	1.70m
3	William Richardson	Northern Suburbs	1.68m
4	Joel Lyons	Kurrajong Bilpin	1.64m
5	Daniel Leary	Temora	1.60m
6	Alex Leighton	Macquarie Hunter	1.55m
7	Liam Woods	Leeton	1.55m
8	Lachlan Andrews	Charlestown	1.50m
9	Dean Johnson	Port Hacking	1.45m
10	Sasha Stevenson-Ma	Mt Pritchard	1.45m
11	Scott Moran	Manly Warringah	1.45m
12	Dylan Wakefield	Parkes	1.45m
13	Jake Cairns	Bankstown Sports	1.40m
13	Bradley Crelley	Holroyd	1.40m
15	Anas Ganaba Abu	Blacktown	1.40m

Boys U14 - High Jump

1	David Snowdon	Kurrajong Bilpin	1.90m
2	Luke Dale	Sutherland	1.77m
3	Matthew Still	Campbelltown Collegians	1.75m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Eamon Little	Glenbrook	1.71m
5	Dylan Grigg	Doonside	1.67m
6	Jack Rogers	Orange	1.65m
7	Hayden Tahere	Bankstown Sports	1.60m
8	Arian Moran	Parramatta	1.55m
8	Damon Fuller	Armidale	1.55m
10	Rhys Buckton	Macquarie Hunter	1.55m
11	James Frecklington	Hills District	1.55m
11	Jake Ward	Campbelltown Collegians	1.55m
13	Dylan Crandell	Lake Illawarra	1.45m

Boys U15 - High Jump

1	Thomas Soliman	Blacktown	1.88m
2	Shintaro O'Brien	Port Hacking	1.86m
3	Joshua Venzlauskas	Blacktown	1.80m
4	Marcel Bray	Raymond Terrace	1.80m
5	Jack Andersen	St George	1.75m
6	Riley Scelly	Young and District	1.75m
6	Stephen Cragg	Manly Warringah	1.75m
8	Justin Tarabine	Parramatta	1.75m
9	Cameron Gordon	Campbelltown Collegians	1.70m
10	Gareth Phillips	Randwick Botany	1.70m
11	Daniel Anlezack	Young and District	1.65m
12	Jordan Skeers	Macquarie Hunter	1.65m
13	Brandon Starc	Parramatta	1.60m
14	Cameron Moore	Penrith Valley	1.50m

Boys U17 - High Jump

1	Brandon Donkin	Raymond Terrace	1.86m
2	Nathan Rushworth	Doonside	1.84m
3	Jayden Worrall	Koorringal Wagga	1.84m
4	Michael Barnett	Finley	1.82m
5	Josh Parsons	Stockton	1.80m
6	Adam Martin	Hornsby	1.75m
6	Corey Ingold-Dawes	Everley Park	1.75m
8	Daniel Townsend	Hornsby	1.75m
8	Will Bromiley	Northern Suburbs	1.75m
10	Josh Craig	Werrington	1.70m
11	Damien Williamson	Armidale	1.65m
12	Zac Reilly	Tiger Wests	1.55m
13	Sean McMullen	Bowral	1.50m
14	Ryan Forrester	Bankstown Sports	1.45m
15	George Ockert	Holroyd	1.40m
	Adam Toms	Kurrajong Bilpin	NH

Boys U9 - Long Jump

1	Aron Cox	Kiama	4.27m
2	Spencer Blunden	Albion Park	4.07m
3	Justin Sunderland	Ryde	4.02m
4	Joshua Freedman	Western Suburbs	3.99m
5	Jack Dempsey	Northern Districts	3.94m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

6	Rory Barkley	Northern Suburbs	3.90m
7	Jack Rochaix	Ambarvale	3.85m
8	Marc Zaurrini	Kurrajong Bilpin	3.78m
9	Jayden Kastelan	Emu Plains	3.75m
10	Austin Quast	Colyton St Clair	3.75m
11	Jed Englert	Tamworth	3.71m
12	Tyler Egan	Bowral	3.70m
13	Christian Lim	Greystanes	3.68m
14	Jarryd Sutherland	Adamstown	3.62m
15	Jacob McDonald	Sutherland	3.34m
	Isaac Davis	Macquarie Hunter	FOUL

Boys U10 - Long Jump

1	Frederick Adutwum	Blacktown	4.60m
2	Lachlan Trowel	Randwick Botany	4.38m
3	Aaron Jeffery	Western Suburbs	4.34m
4	Joshua Jordan	Emu Plains	4.26m
5	Alex Odoom	Hills District	4.22m
6	Mitchell Willingha	Emu Plains	4.17m
7	John Carroll	Tuggerah Lakes M	4.17m
8	Jeremy Gibson	Maitland	4.07m
9	Joshua Smith	Macquarie Hunter	3.96m
10	James Sullivan	Winston Hills	3.92m
11	Griffin Lotts	Greystanes	3.92m
12	Mason Boyd	Adamstown	3.88m
13	Ty Pullinger	Milton-Ulladulla	3.82m
13	Sam Villata	Griffith	3.82m
15	Kordell Payne	Eastern Suburbs	3.80m
16	Jack Harper	Temora	3.69m

Boys U11 - Long Jump

1	Paul Salem	Ku-Ring-Gai	4.80m
2	Brodie Vassallo	Kurrajong Bilpin	4.78m
3	Mason Versi	Port Hacking	4.72m
4	Alex Nguyen-Ha	Cherrybrook	4.64m
5	Brennan Rymer	Werrington	4.63m
6	Kye Duncan	Woolgoolga	4.56m
7	Callen Meir	Macquarie Hunter	4.51m
8	Jack Newman	Maitland	4.50m
9	Jordan Shelley	Hills District	4.39m
10	Craig Bayley	Sutherland	4.36m
11	Jake Lowder	Illawong	4.27m
12	Mitchell Phillips	Wollongong City	4.26m
13	Cody White	Albion Park	4.24m
14	Mitchell Andrews	Glenbrook	4.20m
15	Nicholas Trappett	Wellington	3.92m
16	Gus Hogbin	Douglas Park	3.78m

Boys U12 - Long Jump

1	Jack Colquhoun	Edgeworth	5.53m
2	Joshua Parkinson	Tuggerah Lakes M	5.37m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

3	Alec Diamond	Northern Suburbs	5.10m
4	Liam Cashman	Port Hacking	4.96m
5	Bailey White	Wollongong City	4.60m
6	Matthew Popovic	Bankstown Sports	4.54m
7	Ryan Griffin	Orange	4.49m
8	Craig Gaudin	Blacktown	4.47m
9	Shaun Villata	Griffith	4.42m
10	Matthew Crowe	Northern Suburbs	4.39m
11	Christopher Thomas	Werrington	4.35m
12	Billy Newman	Maitland	4.30m
13	James Bassil	Randwick Botany	4.18m
14	Ryan Smith	Kurrajong Bilpin	4.10m

Boys U13 - Long Jump

1	Raui Poaru	Campbelltown Collegians	5.32m
2	Chris Theseira	Manly Warringah	5.30m
3	Jonathon Legas	Bankstown Sports	5.25m
4	Sarkis Esber	Holroyd	5.20m
5	Jonathan Lagos	Rouse Hill Rams	4.96m
6	Ajay Mohan	Girraween	4.92m
7	Christopher Twigg	Wollongong City	4.92m
8	Anthony Palmer	Cherrybrook	4.92m
9	Alex Fitton	Wollongong City	4.87m
10	Damon Ledger	Armidale	4.86m
11	Anthony Cotello	Colyton St Clair	4.65m
12	Charlie Hoswell	Port Stephens	4.60m
13	Lachlan McRae	Sawtell-Toormina	4.47m
14	Anas Ganaba Abu	Blacktown	4.20m

Boys U14 - Long Jump

1	Ryan Cole	Sawtell-Toormina	5.97m
2	David Snowdon	Kurrajong Bilpin	5.64m
3	Brendan Cox	Revesby Workers	5.60m
4	James Paek	Cherrybrook	5.50m
5	Joshua Bingham	Lake Illawarra	5.49m
6	Dean Colligan	Wallsend RSL	5.48m
7	Elia Morisio	Blacktown	5.48m
8	Jahnayah Freeman	Young and District	5.31m
9	Ethan Smith	Kurrajong Bilpin	5.18m
10	Christain Said	South Eastern	5.13m
11	Steven Jessep	Kings Langley	5.12m
12	Ben Irvine	Wallsend RSL	5.00m
13	Aaron Crawford	Bankstown Sports	4.98m
14	Thomas Wongsa	Bankstown Sports	4.94m
15	Luke McBriarty	Wollongong City	4.91m
16	Cameron Robertson	Winston Hills	4.72m

Boys U15 - Long Jump

1	Thomas Soliman	Blacktown	7.12m	RECORD
2	Jake Stein	Warradale	6.28m	
3	Jin Su Jung	Cherrybrook	6.27m	

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Jarrold Geddes	Port Hacking	6.15m
5	Shintaro O'Brien	Port Hacking	6.09m
6	Justin Tarabine	Parramatta	6.07m
7	Evan Clothier	Northern Districts	5.97m
8	Rory Docking	South Eastern	5.85m
9	Scott McCarthy	Warradale	5.62m
10	Kyle Grubnic	Albion Park	5.61m
11	Caine Trindall	Kiama	5.58m
12	Joshua Prem	Albion Park	5.46m
13	Christopher Boland	Sutherland	5.38m
14	Jordan Cant	Sawtell-Toormina	5.36m
15	Joshua Limond	Adamstown	5.07m
16	Joshua Allen	Tamworth	4.87m

Boys U17 - Long Jump

1	Brandon Donkin	Raymond Terrace	6.43m
2	Josh Parsons	Stockton	6.30m
3	Matthew Soliman	Blacktown	6.03m
4	James Smithson	Bankstown Sports	5.92m
5	James Sheehy	Holroyd	5.87m
6	Malcolm Tye	Wyong	5.73m
7	Mitchell Proctor	Warradale	5.73m
8	Johnathan Palmer	Cherrybrook	5.72m
9	Damien Williamson	Armidale	5.61m
10	James Mbakwe	Hornsby	5.57m
11	Daniel Bray	Lithgow	5.45m
12	Jayden Worrall	Koorringal Wagga	5.36m
13	Kristopher Button	Eschol Park	5.23m
14	Matthew Daniel	Fairfield City	4.29m

Boys U11 - Triple Jump

1	Bailey Simonsson	Manly Warringah	10.28m
2	Jordan Shelley	Hills District	9.96m
3	Mitchell Andrews	Glenbrook	9.78m
4	Edward Trippas	Northern Suburbs	9.47m
5	Alex Lawrence	Koorringal Wagga	9.42m
6	Brennan Rymer	Werrington	9.33m
7	Jordan Pateman	Port Macquarie	9.22m
8	Jacob Moore	Maitland	9.14m
9	Kieran Kirk	Doonside	8.98m
10	Mason Versi	Port Hacking	8.97m
11	Joshua Vazzoler	Kiama	8.74m
12	Flynn Fielding	Camden	8.73m
13	Brent Hazelton	Albion Park	8.62m
14	Bradley Jones	Bankstown Sports	8.60m
	Jake Lowder	Illawong	FOUL

Boys U12 - Triple Jump

1	Joshua Parkinson	Tuggerah Lakes M	11.10m
2	Liam Cashman	Port Hacking	10.93m
3	Alec Diamond	Northern Suburbs	10.74m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Justin Brown	Manly Warringah	10.36m
5	Zach Holdsworth	Sutherland	10.24m
6	Craig Gaudin	Blacktown	10.11m
7	Nicholas Fox	Port Hacking	9.92m
8	Haydn Brown	Stockton	9.81m
9	Christopher Thomas	Werrington	9.75m
10	Billy Newman	Maitland	9.43m
11	Joshua Marshall	Prospect	9.33m
12	James Bassil	Randwick Botany	9.21m
13	Josh Wilson	Kempsey	9.14m
14	Zane Darcy	Wollongong City	8.71m
15	Jye Brooker	Albion Park	8.69m

Boys U13 - Triple Jump

1	Jonathan Lagos	Rouse Hill Rams	11.54m
2	Nathan Ramsey	Doonside	11.41m
3	Tepai Moeroa	Doonside	11.39m
4	Raui Poaru	Campbelltown Collegians	11.32m
5	Morgan Paterson	North Rocks	10.83m
6	Oliver Grimson	Camden Haven	10.53m
7	Christopher Twigg	Wollongong City	10.32m
8	Dean Johnson	Port Hacking	10.25m
9	Ivor Metcalf	Randwick Botany	10.21m
10	Aaron McNab	Doonside	9.82m
11	Benjamin Butler	Wyong	9.69m
12	Jayden Broderick	Adamstown	9.66m
13	Daniel Bunten	Dapto	9.58m
14	Daniel Jeffs	Cardiff	8.89m
--	Alex Fitton	Wollongong City	FOUL

Boys U14 - Triple Jump

1	David Snowdon	Kurrajong Bilpin	12.13m
2	Luke Dale	Sutherland	11.88m
3	Joshua Bingham	Lake Illawarra	11.67m
4	Dean Colligan	Wallsend RSL	11.60m
5	Blake Davis	Edgeworth	11.38m
6	Chamath Herath	Parramatta	11.32m
7	Jahnayah Freeman	Young and District	11.29m
8	Johann D'Cunha	Jamison	11.18m
9	Brendan Cox	Revesby Workers	11.16m
10	Ethan Smith	Kurrajong Bilpin	11.03m
11	Cameron Robertson	Winston Hills	10.84m
12	Kerry Cree	Port Hacking	10.82m
13	Aaron Crawford	Bankstown Sports	10.79m
14	Wade Hazell	Tamworth	10.60m
15	Arian Moran	Parramatta	10.60m

Boys U15 - Triple Jump

1	Ben Cox	Ryde	12.86m
2	Jake Stein	Warradale	12.76m
3	Jack Bangel	Kurrajong Bilpin	12.69m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Hayden Kovacic	Mt Pritchard	12.53m
5	Justin Tarabine	Parramatta	12.47m
6	Amaan Bhat	Northern Districts	12.16m
7	Kyle Grubnic	Albion Park	11.76m
8	Zakeriya Grant	Ingleburn RSL	11.73m
9	Gareth Phillips	Randwick Botany	11.50m
10	Marcel Bray	Raymond Terrace	11.33m
11	Matthew Gersbach	Dubbo	11.03m
12	Andrew Greenwood	Medowie	10.97m
13	James Blackwood	Canterbury	10.88m
14	Zac Smith	Nyngan	10.74m
15	Cameron Gordon	Campbelltown Collegians	10.63m
16	Jason Robson	Sawtell-Toormina	9.85m

Boys U17 - Triple Jump

1	Brandon Donkin	Raymond Terrace	13.31m
2	James Mbakwe	Hornsby	13.02m
3	Cameron Jones	Kurrajong Bilpin	12.79m
4	Adam Martin	Hornsby	12.41m
5	Isaac Babich	Jamison	12.15m
6	Damien Williamson	Armidale	12.05m
7	Corey Ingold-Dawes	Everley Park	12.01m
8	Chan Leaupepe	Campbelltown Collegians	11.65m
9	Luke Montgomery	Port Hacking	11.48m
10	Michael Kelly	Green Valley	11.46m
11	Jayden Worrall	Koorringal Wagga	11.35m
12	Jarrold Bland	Tiger Wests	11.16m
13	Thomas Burke	Bowral	11.05m
14	Jack Rodda	Shoalhaven	11.03m
--	Jack Katen	Forster/Tuncurry	FOUL

Boys U9 - Shot Put

1	Payne Haas	Woodberry & Dist	9.58m
2	Nicholas Frost	Northern Districts	9.53m
3	Vincent Hreszczuk	Camden	8.74m
4	Mark Papadopoulos	Ryde	8.72m
5	Luke Byrnes	St George	8.56m
6	Jay Sneddon	Macquarie Hunter	8.53m
7	Kieran Davies	Armidale	7.72m
8	Mitchell Wright	Bankstown Sports	7.44m
9	Sam Varley	Finley	7.02m
10	Logan Rymer	Werrington	6.94m
11	Tyren Maclou	Wollongong City	6.82m
12	Brooklyn Hardaker	Randwick Botany	6.78m
13	Nicholas Suman	Kurrajong Bilpin	6.50m
14	Jackson Patrick	Colyton St Clair	5.88m
15	Dean Hodgson	Lake Illawarra	5.64m

Boys U10 - Shot Put

1	Pita Toamotu	St George	11.35m
2	Tyrone Taukamo	Randwick Botany	10.57m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

3	Nicholas Kotevski	Ingleburn RSL	9.62m
4	Luke Debrot	Albion Park	9.61m
5	Tory Taataa	Lake Illawarra	9.27m
6	Cameron McEntyre	Ku-Ring-Gai	9.21m
7	Jesse Vincent-Elli	Nambucca District	9.14m
8	Connar Grozde	Albion Park	8.48m
9	Mark Neill	Nepean	8.39m
10	Jack Weir	Gosford	8.33m
11	Kyle Duncan	Eastlakes	7.94m
12	Jacob Rios	St George	7.67m
13	Tarron Grundy	Penrith Valley	7.52m
14	Hayden Perry	Glenbrook	7.05m
15	Tyler Monaghan	Northern Suburbs	6.97m

Boys U11 - Shot Put

1	Jack Maguire	Manly Warringah	11.85m
2	Austin Aokuso	Blacktown	11.83m
3	Mitchell Burton	Sutherland	11.78m
4	Brendan Lloyd	Liverpool City	11.61m
5	Nicholas Hay	Wagga Wagga	11.22m
6	Lachlan Behagg	Manly Warringah	11.09m
7	Elliott Starr	Port Macquarie	10.27m
8	Dominic Cavallaro-	Macquarie Hunter	10.15m
9	Luke Lough	Northern Suburbs	10.07m
10	Lee Angwin	Old Bar	9.79m
11	Daniel Koliopoulos	Revesby Workers	9.59m
12	Joshua Vazzoler	Kiama	9.55m
13	George Farmakidis	Port Hacking	9.14m
14	Kieran Kirk	Doonside	8.91m
15	Mana Castillo	Randwick Botany	8.84m

Boys U12 - Shot Put

1	Hame Sele	St George	11.87m
2	Joshua Knight	Grenfell	11.26m
3	Steve Borg	Lake Illawarra	10.69m
4	Corey Mackay	Winston Hills	10.14m
5	Neil Jordan	Winston Hills	9.91m
6	Beau Sciberras	Warradale	9.76m
7	Aaron Johnson	Campbelltown Collegians	9.68m
8	Zac Cummins	Northern Suburbs	9.19m
9	Brenden Martin	Liverpool City	8.78m
10	Timothy Turner	Kurrajong Bilpin	8.30m
11	Tom Gilbert	Old Bar	8.16m
12	Joshua Studley	Edgeworth	8.15m
13	Luke Haworth	Charlestown	7.82m
14	Delian Kotevski	Bankstown Sports	7.43m
15	Russell Butters	Revesby Workers	7.21m
--	Rhys Wilesmith	Leeton	FOUL

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Boys U13 - Shot Put

1	Tepai Moeroa	Doonside	19.11m	RECORD
2	Michael Taylor	Western Blues	14.27m	
3	Aaron Apikotoa	Kings Langley	13.25m	
4	Justin Maloney	Nepean	12.89m	
5	Matai Juinor Matth	Parramatta	12.88m	
6	Kurtis Crisante	Dubbo RSL	12.59m	
7	Tyson Davis	Manly Warringah	11.86m	
8	Richard Dimon	Port Hacking	10.76m	
9	Duncan Watt	Port Hacking	10.28m	
10	Damon Ledger	Armidale	9.72m	
11	Hayden Shaw	Bowral	9.48m	
12	Bradley Crelley	Holroyd	9.41m	
13	James Hay	Wagga Wagga	9.35m	
14	Danny Johnson	Raymond Terrace	9.23m	
15	Maikeli Rairibi	Randwick Botany	9.02m	

Boys U14 - Shot Put

1	Ben Fitzgerald-Hal	Nambucca District	13.77m	
2	Jordan Mose	Bankstown Sports	13.70m	
3	Gerard Holland	Grenfell	13.68m	
4	Rhys Donkin	Edgeworth	12.84m	
5	Matthew Probert	Macquarie Hunter	12.75m	
6	Edward Pickering	Douglas Park	12.20m	
7	Sam Rogan	Werrington	11.72m	
8	Alland Odisho	Randwick Botany	11.26m	
9	Josh Smith	Lake Cargelligo	10.09m	
10	David Williams	Parramatta	10.06m	
11	Kieran Byrne	Doonside	9.63m	
12	Josh Bartley	Mt Druitt	8.76m	
13	Joel Edwards	Winston Hills	7.87m	

Boys U15 - Shot Put

1	Evan Jennis	Eastern Suburbs	15.03m	
2	Elliott Lang	Parramatta	14.50m	
3	Scott McCarthy	Warradale	14.28m	
4	Antonio Inzitari	Douglas Park	14.19m	
5	Grant Commins	Leeton	14.14m	
6	Jae Maeskell	Mudgee	13.75m	
7	Tim Pond	Hills District	13.16m	
8	Guy Hollingshed	Holroyd	12.70m	
9	Campbell Hislop	Springwood	12.49m	
10	Jack Dempsey	Northern Suburbs	12.34m	
11	Mitchell Johnson	Raymond Terrace	12.24m	
12	Kostadin Gatsios	Bankstown Sports	12.15m	
13	David Waller	Forster/Tuncurry	11.80m	
14	Jack Derwin	Adamstown	11.68m	
15	Daniel Anlezack	Young and District	9.68m	

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Boys U17 - Shot Put

1	Maeva Teina	Winston Hills	14.71m
2	Matthew Mountfort	Ku-Ring-Gai	13.87m
3	Alex Dahlenburg	Temora	13.83m
4	Ryan Galway	Douglas Park	13.80m
5	Chris Harris	Cessnock	12.89m
6	Lloyd Parker	Ryde	12.46m
7	Daniel Bray	Lithgow	12.31m
8	Michael Barnett	Finley	12.02m
9	Michael Holani	Tiger Wests	11.73m
10	Damian Kotevski	Bankstown Sports	11.24m
11	Michael Bowd	Penrith Valley	10.47m
12	Dean Hollis	Westlakes	10.31m
13	Joshua Croker	Forster/Tuncurry	10.30m
14	Filip Kotevski	Bankstown Sports	10.08m

Boys U9 - Discus

1	Nicholas Frost	Northern Districts	31.31m
2	Ryan Johnston	Douglas Park	30.34m
3	Kieren Briggs	North Rocks	28.08m
4	Jay Sneddon	Macquarie Hunter	26.99m
5	Austin Quast	Colyton St Clair	25.46m
6	Hayden Currie	Werrington	24.41m
7	Justin Sunderland	Ryde	23.32m
8	Tristan Brooker	Raymond Terrace	23.20m
9	Cameron Fitzsimmon	Raymond Terrace	22.31m
10	Kyle Attard	Lake Illawarra	22.29m
11	Fraser Matthews	Lockhart	21.89m
12	Mitchell Wright	Bankstown Sports	21.62m
13	Salvatore Cotello	Colyton St Clair	20.22m
14	Benny Thornton	Dubbo	19.42m
15	Joshua Smith	Illawong	18.43m
16	Jordan Doris	Eschol Park	14.97m

Boys U10 - Discus

1	Joshua Baker	Winston Hills	35.01m
2	Pita Toamotu	St George	32.80m
3	Cameron McEntyre	Ku-Ring-Gai	32.22m
4	Mark Neill	Nepean	32.00m
5	Luke Debrot	Albion Park	31.28m
6	Jesse Vincent-Elli	Nambucca District	30.26m
7	Kordell Payne	Eastern Suburbs	28.99m
8	Max Barber	Narromine	28.84m
9	Tyrone Taukamo	Randwick Botany	27.61m
10	Aaron Jeffery	Western Suburbs	27.59m
11	Connar Grozde	Albion Park	27.33m
12	Tyler Monaghan	Northern Suburbs	26.51m
13	Jack Jordan	Westlakes	26.04m
14	Hayden Perry	Glenbrook	24.04m
15	Joshua Gallard	Prospect	23.92m
16	Percy Duncan	Tamworth	23.38m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Boys U11 - Discus

1	Austin Aokuso	Blacktown	34.33m
2	Jack Maguire	Manly Warringah	30.29m
3	Lachlan Behagg	Manly Warringah	30.03m
4	Nicholas Hay	Wagga Wagga	29.45m
5	George Farmakidis	Port Hacking	28.24m
6	Luke Parmaxidis	Campbelltown Collegians	28.15m
7	Elliott Starr	Port Macquarie	25.74m
8	Andrew Spira	Randwick Botany	25.41m
9	Clayton Anstee	Cherrybrook	24.35m
10	Ben Tarlinton	Katoomba	23.50m
11	Brock Nichols	St Georges Basin	22.98m
12	Ryan Shaw	Armidale	22.23m
13	Max Winter	Forster/Tuncurry	22.02m
14	Sam Price	Lake Illawarra	20.65m
15	Ryan Thomson	Jamison	19.65m

Boys U12 - Discus

1	Hame Sele	St George	45.77m
2	Paulo Aokuso	Blacktown	38.52m
3	Corey Mackay	Winston Hills	35.67m
4	Steve Borg	Lake Illawarra	35.50m
5	Hadi Youssef	Bankstown Sports	33.96m
6	Anthony Schmidt	Liverpool City	33.95m
7	Zac Cummins	Northern Suburbs	33.00m
8	Shidhanth Mudaliar	Liverpool City	31.59m
9	Joshua Knight	Grenfell	31.37m
10	Josh Wilson	Kempsey	29.22m
11	Matthew Popovic	Bankstown Sports	27.53m
12	Tony Tassone	Cessnock	27.49m
13	Thomas Popovic	Bankstown Sports	27.40m
14	Neil Jordan	Winston Hills	26.55m
15	Jack Jones	Medowie	26.27m
--	Bradley Herbert	Forbes	FOUL

Boys U13 - Discus

1	Tepai Moeroa	Doonside	51.33m
2	Michael Taylor	Western Blues	45.25m
3	Justin Maloney	Nepean	40.70m
4	Tyson Davis	Manly Warringah	38.94m
5	Jesse Jackson	Camden	35.79m
6	Aaron Apikotoa	Kings Langley	34.67m
7	Kurtis Crisante	Dubbo RSL	31.73m
8	Bradley Baker	Hills District	30.74m
9	Hayden Shaw	Bowral	25.58m
10	Reece Papadimitrio	Cardiff	25.29m
11	Anthony Walker	Nambucca District	23.80m
12	Lachlan Reid	Narromine	23.42m
13	Bradley Crelley	Holroyd	21.99m
14	Andre Cupido	Eastern Suburbs	21.20m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Boys U14 - Discus

1	Matthew Probert	Macquarie Hunter	50.00m
2	Edward Pickering	Douglas Park	48.92m
3	Ben Fitzgerald-Hal	Nambucca District	48.46m
4	Jordan Mose	Bankstown Sports	46.98m
5	Bradley Smith	Macquarie Hunter	44.97m
6	Gerard Holland	Grenfell	43.75m
7	Sam Rogan	Werrington	42.78m
8	David Williams	Parramatta	36.06m
9	Josh Bartley	Mt Druitt	35.96m
10	Shaun Lane	South Eastern	33.22m
11	Josh Smith	Lake Cargelligo	32.39m
12	Matthew Still	Campbelltown Collegians	29.66m
13	Adam Batten	Tuggerah Lakes M	28.77m
14	Ali Javam	Winston Hills	26.84m
15	Jarrold Matairavula	Lethbridge Park	25.48m

Boys U15 - Discus

1	Evan Jennis	Eastern Suburbs	57.97m
2	Jake Stein	Warradale	56.41m
3	Antonio Inzitari	Douglas Park	54.31m
4	Elliott Lang	Parramatta	51.84m
5	Grant Commins	Leeton	50.18m
6	Scott Maclennan	Ku-Ring-Gai	47.23m
7	Scott McCarthy	Warradale	46.84m
8	Lachlan McEntyre	Ku-Ring-Gai	39.39m
9	Adam Whatley	Illawong	38.55m
10	Kostadin Gatsios	Bankstown Sports	37.37m
11	Campbell Hislop	Springwood	36.90m
12	David Waller	Forster/Tuncurry	35.59m
13	Dean Invernon	Lake Illawarra	34.45m
14	Mitchell Johnson	Raymond Terrace	31.19m

Boys U17 - Discus

1	Liam Speers	Macquarie Hunter	56.17m
2	Maeva Teina	Winston Hills	41.11m
3	Matthew Mountfort	Ku-Ring-Gai	40.45m
4	Chris Harris	Cessnock	38.80m
5	Lloyd Parker	Ryde	36.98m
6	Alex Dahlenburg	Temora	36.18m
7	Chris Joines	St Georges Basin	32.62m
8	Filip Kotevski	Bankstown Sports	32.11m
9	Ethan Sweeney	Katoomba	30.86m
10	Gregory Brock	Canterbury	29.45m
11	Michael Holani	Tiger Wests	28.63m
12	Damian Kotevski	Bankstown Sports	27.24m
--	Josh Craig	Werrington	FOUL

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre
RESULTS

Boys U 13 - Javelin

1	Tyson Davis	Manly Warringah	38.97m
2	Michael Taylor	Western Blues	36.90m
3	Aaron Apikotoa	Kings Langley	35.94m
4	Rhys Stein	Warradale	34.47m
5	Danny Johnson	Raymond Terrace	34.32m
6	Justin Maloney	Nepean	31.96m
7	Joshua Fernandes	Lake Illawarra	30.69m
8	Nicholas Kelland	Ryde	27.96m
9	Luke Maples	Albion Park	27.38m
10	Charlie Morris	Lismore	26.96m
11	Marcus Chan	St George	24.31m
12	Joel Bartlett	Bankstown Sports	23.20m
13	Anthony Keating	Sutherland	22.99m
14	Dean Johnson	Port Hacking	22.85m

Boys U 14 - Javelin

1	Matt Ferencak	Port Hacking	43.97m
2	Elia Morisio	Blacktown	41.65m
3	Gerard Holland	Grenfell	39.88m
4	Patrick Kelland	Ryde	37.84m
5	Sam Rogan	Werrington	36.91m
6	Shaun Lane	South Eastern	36.66m
7	Ben Irvine	Wallsend RSL	35.90m
8	Jayden Vandenberg	Sutherland	34.65m
9	Robert Pryor	Gunnedah	31.71m
10	Owen Murray	Winston Hills	31.46m
11	Bradley Smith	Macquarie Hunter	29.92m
12	Chris Spinks	Ryde	28.85m
13	Marko Paulic	Mt Pritchard	28.01m
14	Nathan Clarke	Illawong	27.19m
--	Matthew Carrasco	Lake Illawarra	FOUL

Boys U 15 - Javelin

1	Elliott Lang	Parramatta	55.54m
2	Kostadin Gatsios	Bankstown Sports	48.63m
3	Evan Jennis	Eastern Suburbs	47.51m
4	Jack Derwin	Adamstown	47.09m
5	Scott McCarthy	Warradale	47.01m
6	Adam Whatley	Illawong	46.80m
7	Tim Pond	Hills District	46.16m
8	Mitchell Johnson	Raymond Terrace	43.03m
9	Brad McNaughton	Winston Hills	41.84m
10	Steven Washburn	Nepean	41.72m
11	Joel Pettigrew	Wallsend RSL	41.29m
12	Alexander Parker	Sutherland	36.50m
--	Gareth Williams	Dubbo	FOUL
--	Matthew Gersbach	Dubbo	FOUL

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Boys U 17 - Javelin

1	Lloyd Parker	Ryde	52.63m
2	Josh Parsons	Stockton	51.10m
3	Joshua Croker	Forster/Tuncurry	50.69m
4	Chris Joines	St Georges Basin	50.14m
5	Damian Kotevski	Bankstown Sports	44.60m
6	Ethan Sweeney	Katoomba	42.92m
7	Beau Sorbello	Parramatta	41.65m
8	Chris Carrasco	Lake Illawarra	41.43m
9	Maeva Teina	Winston Hills	40.45m
10	Cameron Jones	Kurrajong Bilpin	40.14m
11	Matthew Malone	Randwick Botany	37.95m
12	Filip Kotevski	Bankstown Sports	37.00m
13	Josh Craig	Werrington	35.47m
14	Jay Scott-Godin	Kempsey	24.78m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

GIRLS

Girls U9 - 70 Metre Run

Heat 1 Heats

1	Bethany Kranendonk	Wyong	10.57Q
2	Tiana Jaber	Kings Langley	10.64Q
3	Tara Campbell	Doonside	10.71Q
4	Erin Cullen	Adamstown	10.78q
5	Talia Fisher	St George	10.97q
6	Sarah Johnston	Albion Park	11.28
7	Kiara Richardson	Lismore	11.34
8	Jada Hartwig	Forbes	12.84

Heat 2 Heats

1	Binta Salawu	Penrith Valley	10.84Q
2	Talia Munro	Port Hacking	10.85Q
3	Lauren Mapusua	Randwick Botany	10.95Q
4	Sarah Playford	Northern Districts	11.09
5	Matilda-Jane Macdo	Wollongong City	11.11
6	Kirsty Stones	Bankstown Sports	11.35
7	Alicia Marshall	Doonside	11.56
8	Rebecca Smythe	Forster/Tuncurry	12.44

Final

1	Bethany Kranendonk	Wyong	10.48
2	Tiana Jaber	Kings Langley	10.58
3	Talia Munro	Port Hacking	10.59
4	Erin Cullen	Adamstown	10.61
5	Tara Campbell	Doonside	10.81
6	Binta Salawu	Penrith Valley	10.83
7	Lauren Mapusua	Randwick Botany	10.87
8	Talia Fisher	St George	11.00

Girls U10 - 70 Metre Run

Heat 1 Heats

1	Brooke Jenkins	Ryde	10.33Q
2	Tamara Milacic	Randwick Botany	10.43Q
3	Rebecca Pollard	Wollongong City	10.51Q
4	Casey-Lee Bedford	Lake Illawarra	10.59q
5	Caitlin Thurlow	Girraween	10.60q
6	Sarah Donnelly	Grafton	10.61
7	Carly Metcalfe	Kurri Kurri	10.73
8	Caitlin O'Neill	Werrington	10.94

Heat 2 Heats

1	Sarah Healey	Ku-Ring-Gai	10.37Q
2	Chloe Thurgate	Northern Illawarra	10.57Q
3	Ruby Smith	Wallsend RSL	10.62Q
4	Denise Youssef	Bankstown Sports	10.63
5	Nicola Bowtell	Ryde	10.64
6	Antonella Brajkovi	Randwick Botany	10.68
7	Ainslie Harvey	Emu Plains	10.94
8	Sina Ngalu	Mt Pritchard	11.40

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Final

1	Sarah Healey	Ku-Ring-Gai	10.04
2	Brooke Jenkins	Ryde	10.21
3	Tamara Milacic	Randwick Botany	10.25
4	Rebecca Pollard	Wollongong City	10.32
5	Caitlin Thurlow	Girraween	10.40
6	Chloe Thurgate	Northern Illawarra	10.40
7	Casey-Lee Bedford	Lake Illawarra	10.53
8	Ruby Smith	Wallsend RSL	10.66

Girls U9 - 100 Metre Run

Heat 1 Heats

1	Sinead Austwick	Albion Park	15.21Q
2	Charlotte Gardner	Ku-Ring-Gai	15.25Q
3	Kristie Edwards	Manly Warringah	15.27Q
4	Erin Cullen	Adamstown	15.30q
5	Binta Salawu	Penrith Valley	15.43
6	Talia Munro	Port Hacking	15.54
7	Brooke Harper	Temora	15.76
8	Kiara Richardson	Lismore	15.92

Heat 2 Heats

1	Mikayla Mestousis	Ryde	14.88Q
2	Doveinah Vine	Campbelltown Collegians	15.10Q
3	Tara Campbell	Doonside	15.12Q
4	Lauren Mapusua	Randwick Botany	15.33q
5	Eliza Trevena	Holroyd	15.36
6	Jamie Blackler	Tamworth	15.55
7	Georgia McEwan	Lake Illawarra	15.56
8	Alicia Marshall	Doonside	15.71

Final

1	Kristie Edwards	Manly Warringah	14.88
2	Erin Cullen	Adamstown	14.95
3	Charlotte Gardner	Ku-Ring-Gai	14.98
4	Mikayla Mestousis	Ryde	15.01
5	Sinead Austwick	Albion Park	15.26
6	Tara Campbell	Doonside	15.39
7	Doveinah Vine	Campbelltown Collegians	15.45
8	Lauren Mapusua	Randwick Botany	15.51

Girls U10 - 100 Metre Run

Heat 1 Heats

1	Brooke Jenkins	Ryde	14.44Q
2	Chloe Thurgate	Northern Illawarra	14.57Q
3	Tamara Milacic	Randwick Botany	14.61Q
4	Sarah Healey	Ku-Ring-Gai	14.78q
5	Jasmine Fountas	Randwick Botany	14.80q
6	Sarah Donnelly	Grafton	14.97
7	Saffron Sylvester	Singleton	15.04
8	Caitlin O'Neill	Werrington	15.08

Heat 2 Heats

1	Naomi Ramirez	Ambarvale	14.36Q
2	Laycee Covington-G	Bathurst	14.67Q

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

3	Casey-Lee Bedford	Lake Illawarra	14.79Q
4	Nicola Bowtell	Ryde	14.88
5	Antonella Brajkovi	Randwick Botany	15.10
6	Renay Xuereb	Nepean	15.19
7	Ainslie Harvey	Emu Plains	15.28
8	Mikaela Bell	Westlakes	15.31
Final			
1	Naomi Ramirez	Ambarvale	14.20
2	Laycee Covington-G	Bathurst	14.21
3	Brooke Jenkins	Ryde	14.36
4	Tamara Milacic	Randwick Botany	14.47
5	Chloe Thurgate	Northern Illawarra	14.52
6	Sarah Healey	Ku-Ring-Gai	14.72
7	Jasmine Fountas	Randwick Botany	14.73
8	Casey-Lee Bedford	Lake Illawarra	14.77

Girls U11 - 100 Metre Run

Heat 1 Heats

1	Molly Blakey	South Eastern	13.73Q
2	Akua Nsiah	Greystanes	13.85Q
3	Ruby Ritchie	Manly Warringah	13.94Q
4	Katie Smee	Raymond Terrace	13.96q
5	Rachel Pace	Riverstone	14.41
6	Avalon Punch	Albion Park	14.47
7	Savannah Peterkin	Nambucca District	14.73
8	Katie Halliday-Joh	Blacktown	15.04

Heat 2 Heats

1	Breanna Franks	Raymond Terrace	13.85Q
2	Courtney Priest	Gilgandra	13.88Q
3	Chloe Docker	Albion Park	13.95Q
4	Emma Frost	Northern Districts	14.17q
5	Charly-Rose Dunne	Eastern Suburbs	14.19
6	Emily Kitson	Campbelltown Collegians	14.59
7	Lauren Provost	Jamison	14.64
8	Lauren Russell	Kurrajong Bilpin	14.95

Final

1	Molly Blakey	South Eastern	13.71
2	Chloe Docker	Albion Park	13.75
3	Courtney Priest	Gilgandra	13.78
4	Akua Nsiah	Greystanes	13.85
5	Ruby Ritchie	Manly Warringah	13.86
6	Katie Smee	Raymond Terrace	13.92
7	Breanna Franks	Raymond Terrace	14.16
8	Emma Frost	Northern Districts	14.30

Girls U12 - 100 Metre Run

Heat 1 Heats

1	Jenna Heath	Lithgow	13.09Q
2	Sara Marshall	Gosford	13.13Q
3	Akua Frimpong	Blacktown	13.42Q
4	Hayley Butcherine	Orange	13.59q

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

5	Audrey Kyriacou	Randwick Botany	13.66q
6	Gianna Blenkhorn	Ballina	13.72
7	Caitlin Silk	Young and District	13.87
Heat 2 Heats			
1	Courtney Boyle	Ku-Ring-Gai	13.57Q
2	Courtney Anderson	Port Macquarie	13.64Q
3	Emily Lagos	Rouse Hill Rams	13.73Q
4	Samantha Geddes	Port Hacking	13.82
5	Emily Mulcahy	Port Stephens	13.83
6	Ngahuia Nicholson	Campbelltown Collegians	13.87
7	Courtney Young	Randwick Botany	13.99
8	Jade Grant	Jamison	14.15
Final			
1	Sara Marshall	Gosford	12.95
2	Jenna Heath	Lithgow	13.10
3	Courtney Boyle	Ku-Ring-Gai	13.48
4	Audrey Kyriacou	Randwick Botany	13.52
5	Akua Frimpong	Blacktown	13.55
6	Hayley Butcherine	Orange	13.59
7	Emily Lagos	Rouse Hill Rams	13.67
8	Courtney Anderson	Port Macquarie	13.69

Girls U13 - 100 Metre Run

Heat 1 Heats			
1	Mihaela Grnovic	Blacktown	12.98Q
2	Vivien Przyborowsk	Macquarie Hunter	13.34Q
3	Amber Price	Holroyd	13.54Q
4	Andrea Berrell	Wollongong City	13.94
Heat 2 Heats			
1	Caitlin Dooley	Port Hacking	13.01Q
2	Brooke Giffen	Illawong	13.03Q
3	Hannah Jones	Gosford	13.04Q
4	Riana Drake	Albion Park	13.31q
5	Luisa Morisio	Blacktown	13.36q
6	Alison Ruse	Jamison	13.44
7	Lauren Harrison	Ku-Ring-Gai	13.46
8	Courtney Elliott	Winston Hills	13.56
Final			
1	Mihaela Grnovic	Blacktown	12.79
2	Brooke Giffen	Illawong	12.99
3	Caitlin Dooley	Port Hacking	13.03
4	Vivien Przyborowsk	Macquarie Hunter	13.13
5	Hannah Jones	Gosford	13.19
6	Luisa Morisio	Blacktown	13.42
7	Riana Drake	Albion Park	13.44
8	Amber Price	Holroyd	13.51

Girls U14 - 100 Metre Run

Heat 1 Heats			
1	Maddie Pirie	Revesby Workers	12.23Q
2	Victoria Ardita	Smithfield	12.64Q
3	Tavleen Singh	Kurrajong Bilpin	12.81Q

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Kristi Taylor	Shoalhaven	13.22
5	Yvie O'Connell	Randwick Botany	13.39
6	Bridget Pearson	Wollongong City	13.49
7	Daniela Mayol	Winston Hills	13.53
8	Millie Smyth	Gunnedah	13.94
Heat 2 Heats			
1	Caitlin Heeps	Jamison	12.71Q
2	Annie Crimmins	Balmain	12.73Q
3	Dejaneé Defoe	Mt Druitt	12.80Q
4	Philippa Williams	Cherrybrook	12.89q
5	Skye Ryan	Albion Park	12.90q
6	Tori Groom	Manly Warringah	13.14
7	Susannah Brown	Armidale	13.27
8	Grace Pears	Armidale	13.50
Final			
1	Maddie Pirie	Revesby Workers	12.32
2	Caitlin Heeps	Jamison	12.46
3	Victoria Ardita	Smithfield	12.52
4	Tavleen Singh	Kurrajong Bilpin	12.78
5	Annie Crimmins	Balmain	12.79
6	Dejaneé Defoe	Mt Druitt	12.82
7	Skye Ryan	Albion Park	13.01
8	Philippa Williams	Cherrybrook	13.06

Girls U15 - 100 Metre Run

Heat 1 Heats			
1	Kasey Tysoe	Gosford	12.76Q
2	Taylor King	Albion Park	13.06Q
3	Emily Coppins	Thornton	13.09Q
4	Tegan Richards	Wollongong City	13.19q
5	Brinagh M'Gee	Sutherland	13.22
Heat 2 Heats			
1	Ella Nelson	Sutherland	12.41Q
2	Laura Bonzo	Adamstown	12.47Q
3	Natalie Ferris	Gloucester	13.13Q
4	Kelly Spencer	Gosford	13.19q
5	Rubee King	Northern Suburbs	13.26
6	Karra-Lee Nolan	Lake Illawarra	13.31
7	Kiara Fioravanti	Tiger Wests	13.38
Final			
1	Ella Nelson	Sutherland	12.31
2	Laura Bonzo	Adamstown	12.50
3	Kasey Tysoe	Gosford	12.62
4	Natalie Ferris	Gloucester	12.85
5	Kelly Spencer	Gosford	13.01
6	Taylor King	Albion Park	13.04
7	Tegan Richards	Wollongong City	13.04
8	Emily Coppins	Thornton	13.46

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Girls U17 - 100 Metre Run

Heat 1 Heats

1	Jacqui Fry	Greystanes	12.41Q
2	Brianna Tisdell	Medowie	12.59Q
3	Karina Bangel	Kurrajong Bilpin	12.65Q
4	Kristy Price	Wallsend RSL	12.91q
5	Kirralea Shannon	Doonside	12.92q
6	Milly Collison	Cherrybrook	13.14
7	Loradana Brajkovic	Randwick Botany	13.46
8	Samantha Tabone	Nepean	13.99

Heat 2 Heats

1	Michelle Jenneke	Cherrybrook	12.46Q
2	Kataya Barrett	Randwick Botany	12.66Q
3	Charlotte McLeish-	Kurri Kurri	12.85Q
4	Meryn Denning	Hills District	13.09
5	Kirsty Honey	Albion Park	13.11
6	Emily Bell	Koorringal Wagga	13.19
7	Sarah De Vries	St Georges Basin	13.23
8	Gabriela Glassock	Bankstown Sports	13.50

Final

1	Jacqui Fry	Greystanes	12.32
2	Michelle Jenneke	Cherrybrook	12.42
3	Kataya Barrett	Randwick Botany	12.46
4	Brianna Tisdell	Medowie	12.51
5	Karina Bangel	Kurrajong Bilpin	12.60
6	Kirralea Shannon	Doonside	13.02
7	Charlotte McLeish-	Kurri Kurri	13.08
8	Kristy Price	Wallsend RSL	13.11

Girls U9 - 200 Metre Run

Heat 1 Heats

1	Mikayla Mestousis	Ryde	30.79Q
2	Kiara White	Albion Park	31.25Q
3	Georgia McEwan	Lake Illawarra	31.46Q
4	Erin Cullen	Adamstown	31.86q
5	Talia Munro	Port Hacking	32.07q
6	Jamie Blackler	Tamworth	32.45
7	Kaitlin Leyland	Glenbrook	32.49
8	Kobe Dymock	Randwick Botany	33.94

Heat 2 Heats

1	Bethany Kranendonk	Wyong	31.23Q
2	Sinead Austwick	Albion Park	31.33Q
3	Sarah Playford	Northern Districts	31.83Q
4	Binta Salawu	Penrith Valley	32.30
5	Kimberly Keane	Sutherland	32.54
6	Emily Romero	Ingleburn RSL	33.19
7	Kiara Richardson	Lismore	33.38
8	Breannah Murtagh	Doonside	34.17

Final

1	Mikayla Mestousis	Ryde	30.33
2	Sinead Austwick	Albion Park	30.84
3	Kiara White	Albion Park	31.00

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Bethany Kranendonk	Wyong	31.09
5	Georgia McEwan	Lake Illawarra	31.70
6	Erin Cullen	Adamstown	31.76
7	Sarah Playford	Northern Districts	31.96
8	Talia Munro	Port Hacking	32.35

Girls U10 - 200 Metre Run

Heat 1 Heats

1	Naomi Ramirez	Ambarvale	29.75Q
2	Alex Kerr	Balmain	30.21Q
3	Nicola Bowtell	Ryde	30.23Q
4	Isobel Robinson	Quirindi	31.05q
5	Casey-Lee Bedford	Lake Illawarra	31.25
6	Chloe Thurgate	Northern Illawarra	31.37
7	Melanie Kirk	Jamison	31.69
8	Alexandra Petersen	Colyton St Clair	31.76

Heat 2 Heats

1	Sara De Silva	Winston Hills	29.97Q
2	Mellisa Bello	Rouse Hill Rams	30.12Q
3	Caitlin Thurlow	Girraween	30.18Q
4	Laycee Covington-G	Bathurst	30.26q
5	Emma Sue Greentree	Southlakes	31.54
6	Gabbie Loades	Kotara South	31.78
7	Ainslie Harvey	Emu Plains	32.10

Final

1	Naomi Ramirez	Ambarvale	29.00
2	Sara De Silva	Winston Hills	
3	Laycee Covington-G	Bathurst	
4	Mellisa Bello	Rouse Hill Rams	
5	Caitlin Thurlow	Girraween	
6	Alex Kerr	Balmain	
7	Nicola Bowtell	Ryde	
8	Isobel Robinson	Quirindi	

Girls U11 - 200 Metre Run

Heat 1 Heats

1	Molly Blakey	South Eastern	27.85Q
2	Avalon Punch	Albion Park	28.91Q
3	Emma Frost	Northern Districts	29.13Q
4	Madeleine Jones	Manly Warringah	29.15q
5	Ruby McIntyre	Macquarie Hunter	29.41q
6	Lauren Russell	Kurrajong Bilpin	29.43
7	Madeleine Taylor	Camden	29.72
8	Shannon Willmott	Doonside	31.05

Heat 2 Heats

1	Katie Smee	Raymond Terrace	28.32Q
2	Chloe Docker	Albion Park	28.49Q
3	Sherryn Micallef	Wollongong City	29.54Q
4	Emily Kitson	Campbelltown Collegians	29.72
5	Aisling Flaherty	Gosford	30.10

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

	6	Katie Halliday-Joh	Blacktown	30.15
	7	Jessica Elguindy	Camden	30.96
	8	Grace Weir	Macquarie Hunter	31.28
Final				
	1	Molly Blakey	South Eastern	27.25
	2	Katie Smee	Raymond Terrace	27.90
	3	Avalon Punch	Albion Park	28.46
	4	Sherryn Micallef	Wollongong City	28.55
	5	Emma Frost	Northern Districts	28.98
	6	Chloe Docker	Albion Park	29.12
	7	Ruby McIntyre	Macquarie Hunter	29.70
	8	Madeleine Jones	Manly Warringah	29.86

Girls U12 - 200 Metre Run

Heat 1 Heats

	1	Sara Marshall	Gosford	26.96Q
	2	Courtney Boyle	Ku-Ring-Gai	27.40Q
	3	Courtney Anderson	Port Macquarie	27.79Q
	4	Emily Lagos	Rouse Hill Rams	28.21
	5	Madaleine Rushton	Cranebrook	28.33
	6	Samantha Geddes	Port Hacking	28.35
	7	Erin Chard	Kiama	29.13

Heat 2 Heats

	1	Jenna Heath	Lithgow	27.54Q
	2	Audrey Kyriacou	Randwick Botany	27.77Q
	3	Hayley Butcherine	Orange	28.02Q
	4	Sophie Howard	Wagga Wagga	28.02q
	5	Gianna Blenkhorn	Ballina	28.13q
	6	Emily Mulcahy	Port Stephens	28.38
	7	Jade Grant	Jamison	29.78

Final

	1	Sara Marshall	Gosford	26.46
	2	Jenna Heath	Lithgow	26.50
	3	Courtney Boyle	Ku-Ring-Gai	27.47
	4	Courtney Anderson	Port Macquarie	27.75
	5	Hayley Butcherine	Orange	27.85
	6	Audrey Kyriacou	Randwick Botany	27.94
	7	Sophie Howard	Wagga Wagga	28.10
	8	Gianna Blenkhorn	Ballina	28.36

Girls U13 - 200 Metre Run

Heat 1 Heats

	1	Mihaela Grnovic	Blacktown	26.70Q
	2	Riana Drake	Albion Park	26.86Q
	3	Brooke Giffen	Illawong	27.01Q
	4	Regan Yerbury	Sutherland	27.36q
	5	Natasha Fountas	Randwick Botany	27.49q
	6	Vivien Przyborowski	Macquarie Hunter	27.77
	7	Jordan Jamer	Cherrybrook	27.87

Heat 2 Heats

	1	Hannah Jones	Gosford	27.02Q
	2	Caitlin Dooley	Port Hacking	27.76Q

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

3	Kristie Blair	Werrington	27.92Q
4	Haley Turner	Forster/Tuncurry	28.02
5	Luisa Moriso	Blacktown	28.19
6	Andrea Berrell	Wollongong City	28.23
7	Paige Wilson-Mosey	Winston Hills	28.25
Final			
1	Regan Yerbury	Sutherland	26.06
2	Mihaela Grnovic	Blacktown	26.29
3	Hannah Jones	Gosford	26.43
4	Caitlin Dooley	Port Hacking	26.68
5	Riana Drake	Albion Park	26.97
6	Natasha Fountas	Randwick Botany	27.32
7	Brooke Giffen	Illawong	27.40
8	Kristie Blair	Werrington	28.08

Girls U14 - 200 Metre Run

Heat 1 Heats

1	Maddie Pirie	Revesby Workers	25.00Q
2	Tavleen Singh	Kurrajong Bilpin	25.76Q
3	Melissa Farrington	Northern Suburbs	26.37Q
4	Philippa Williams	Cherrybrook	26.72q
5	Sophie Meere	Tuggerah Lakes M	27.04
6	Susannah Brown	Armidale	27.32
7	Yvie O'Connell	Randwick Botany	27.95

Heat 2 Heats

1	Caitlin Heeps	Jamison	25.77Q
2	Tahlia Hunter	Emu Plains	26.01Q
3	Victoria Ardita	Smithfield	26.03Q
4	Skye Ryan	Albion Park	26.90q
5	Kristi Taylor	Shoalhaven	27.78
6	Bridget Pearson	Wollongong City	27.86
7	Sarah Halvorsen	Charlestown	28.34

Final

1	Maddie Pirie	Revesby Workers	24.92
2	Caitlin Heeps	Jamison	25.43
3	Tavleen Singh	Kurrajong Bilpin	25.91
4	Tahlia Hunter	Emu Plains	26.03
5	Melissa Farrington	Northern Suburbs	26.09
6	Victoria Ardita	Smithfield	26.33
7	Skye Ryan	Albion Park	26.67
8	Philippa Williams	Cherrybrook	26.84

Girls U15 - 200 Metre Run

Heat 1 Heats

1	Ella Nelson	Sutherland	25.39Q
2	Laura Bonzo	Adamstown	25.73Q
3	Kelly Spencer	Gosford	26.12Q
4	Jacarna Fenton	Kurri Kurri	26.38q
5	Tegan Richards	Wollongong City	26.51q
6	Emily Duve	Cherrybrook	26.93
7	Brinagh M'Gee	Sutherland	27.21

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre
RESULTS

8 Stephanie Lucic

Mt Pritchard

28.26

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Heat 2 Heats

1	Kasey Tysoe	Gosford	26.05Q
2	Savannah Walker	Stuarts Point	26.20Q
3	Kate Butcherine	Orange	26.57Q
4	Karra-Lee Nolan	Lake Illawarra	27.24
5	Danika Messina	Kurrajong Bilpin	27.64
6	Emma Horvat	Blacktown	28.75

Final

1	Ella Nelson	Sutherland	24.15	=RECORD – Hand held =record of 24.0sec
2	Laura Bonzo	Adamstown	25.50	
3	Kasey Tysoe	Gosford	25.77	
4	Savannah Walker	Stuarts Point	26.05	
5	Jacarna Fenton	Kurri Kurri	26.11	
6	Kelly Spencer	Gosford	26.20	
7	Tegan Richards	Wollongong City	26.39	
8	Kate Butcherine	Orange	27.05	

Girls U17 - 200 Metre Run

Heat 1 Heats

1	Jacqui Fry	Greystanes	25.52Q
2	Karina Bangel	Kurrajong Bilpin	26.07Q
3	Kirsty Honey	Albion Park	26.58Q
4	Milly Collison	Cherrybrook	26.71q
5	Kirralea Shannon	Doonside	26.73q
6	Gabriela Glassock	Bankstown Sports	27.47
7	Rachael Reid	Narromine	27.82

Heat 2 Heats

1	Charlotte McLeish	Kurri Kurri	26.43Q
2	Kataya Barrett	Randwick Botany	26.60Q
3	Alexandra Holt	Adamstown	26.81Q
4	Heather Addie	Warradale	27.00
5	Georgia Halvorsen	Macquarie Hunter	27.04
6	Emily Bell	Koorringal Wagga	27.31
7	Meryn Denning	Hills District	27.44

Final

1	Jacqui Fry	Greystanes	25.32
2	Karina Bangel	Kurrajong Bilpin	25.75
3	Charlotte McLeish-	Kurri Kurri	26.31
4	Kirsty Honey	Albion Park	26.35
5	Milly Collison	Cherrybrook	26.68
6	Kirralea Shannon	Doonside	26.83

Girls U9 - 400 Metre Run

Heat 1 Heats

1	Mikayla Mestousis	Ryde	1:10.00Q
2	N'Dea Rumble	Armidale	1:12.03Q
3	Shayannae Wright	Gosford	1:13.80Q
4	April Sweeney	Holroyd	1:15.64q
5	Teneal Morgan	Dapto	1:16.58
6	Georgia Little	Maitland	1:18.09
7	Sianna Steele	Jamison	1:18.61
8	Emily Kermond	Bankstown Sports	1:19.59

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Heat 2 Heats

1	Zoe Latham	Ryde	1:12.35Q
2	Sinead Austwick	Albion Park	1:12.93Q
3	Rylee Towell	Revesby Workers	1:13.84Q
4	Jordyn Snape	Liverpool City	1:16.09q
5	Tabitha Lisciotto	Tallowong Park	1:17.91
6	Chloe Lavallo	Wollongong City	1:18.49
7	Kobe Dymock	Randwick Botany	1:18.54
8	Kelsey Winchester	Maitland	1:18.55

Final

1	Mikayla Mestousis	Ryde	1:07.97
2	Sinead Austwick	Albion Park	1:08.34
3	N'Dea Rumble	Armidale	1:10.45
4	Rylee Towell	Revesby Workers	1:11.35
5	Zoe Latham	Ryde	1:11.90
6	Shayannae Wright	Gosford	1:13.33
7	Jordyn Snape	Liverpool City	1:15.76
8	April Sweeney	Holroyd	1:15.96

Girls U10 - 400 Metre Run

Heat 1 Heats

1	Alex Kerr	Balmain	1:06.81Q
2	Katrina Lamas	Holroyd	1:07.99Q
3	Melanie Kirk	Jamison	1:08.62Q
4	Tiarna Mason	Randwick Botany	1:08.86q
5	Nicola Bowtell	Ryde	1:10.14
6	Lauren Moore	Port Stephens	1:10.73
7	Alexandra Petersen	Colyton St Clair	1:11.11
8	Breanna Payne	Albion Park	1:11.12

Heat 2 Heats

1	Chloe Walters	Macquarie Hunter	1:07.79Q
2	Sara De Silva	Winston Hills	1:08.20Q
3	Raukura Doyle	Northern Suburbs	1:08.54Q
4	Kelsey Gray	Orange	1:08.83q
5	Isobel Robinson	Quirindi	1:09.20
6	Annalise Sutherland	Randwick Botany	1:09.72
7	Caitlin Vreeswyk	Doonside	1:13.16
8	Jessica Green	Albion Park	1:14.05

Final

1	Alex Kerr	Balmain	1:05.72
2	Katrina Lamas	Holroyd	1:05.92
3	Chloe Walters	Macquarie Hunter	1:07.03
4	Raukura Doyle	Northern Suburbs	1:08.04
5	Sara De Silva	Winston Hills	1:08.13
6	Melanie Kirk	Jamison	1:08.21
7	Kelsey Gray	Orange	1:09.28
8	Tiarna Mason	Randwick Botany	1:12.21

Girls U11 - 400 Metre Run

Heat 1 Heats

1	Sherryn Micallef	Wollongong City	1:05.25Q
2	Susie Seitaridis	Lake Illawarra	1:06.16Q

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

3	Avalon Punch	Albion Park	1:06.21Q
4	Beatrice Collard	Doonside	1:06.51q
5	Mauhgan Wellham	Wallsend RSL	1:07.41q
6	Laura Towell	Revesby Workers	1:07.86
7	Nicole Ogle	Macquarie Hunter	1:12.12
Heat 2 Heats			
1	Molly Blakey	South Eastern	1:03.55Q
2	Alice Arnott	Quirindi	1:07.12Q
3	Sophie Gillard	Manly Warringah	1:07.64Q
4	Taryn McCaffrey	Nepean	1:07.90
5	Lauren Donnellan	Campbelltown Collegians	1:08.73
6	Aisling Flaherty	Gosford	1:08.96
7	Katrina Shaw	Doonside	1:12.52
8	Sophie Gleeson	Revesby Workers	1:12.65
Final			
1	Molly Blakey	South Eastern	1:02.78
2	Sherryn Micallef	Wollongong City	1:05.36
3	Avalon Punch	Albion Park	1:05.76
4	Susie Seitaridis	Lake Illawarra	1:05.89
5	Sophie Gillard	Manly Warringah	1:07.85
6	Beatrice Collard	Doonside	1:08.01
7	Alice Arnott	Quirindi	1:08.17
8	Laura Towell	Revesby Workers	1:09.68

Girls U12 - 400 Metre Run

Heat 1 Heats			
1	Jenna Heath	Lithgow	1:01.01Q
2	Sara Marshall	Gosford	1:02.73Q
3	Monique Byers	Greystanes	1:03.08Q
4	Abby Schmiedel	Tamworth	1:03.65q
5	Madaleine Rushton	Cranebrook	1:03.73q
6	Erin Chard	Kiama	1:03.76
7	Bianca Fitzsimmons	Raymond Terrace	1:07.01
8	Kayley Alsford	Medowie	1:07.73
Heat 2 Heats			
1	Louise Hill	Mosman	1:02.42Q
2	Gloria Lee	Bankstown Sports	1:02.69Q
3	Millie Milne	Grenfell	1:05.07Q
4	Jerona Grove	Tumut District	1:05.37
5	Kristin Kalemusic	Emu Plains	1:05.95
6	Morgan Kitchener	Camden	1:06.37
7	Lace Temana	Port Hacking	1:06.49
8	Megan Beams	Ku-Ring-Gai	1:08.74
Final			
1	Jenna Heath	Lithgow	59.60
2	Louise Hill	Mosman	1:01.07
3	Sara Marshall	Gosford	1:01.50
4	Monique Byers	Greystanes	1:01.92
5	Gloria Lee	Bankstown Sports	1:02.02
6	Abby Schmiedel	Tamworth	1:03.36
7	Madaleine Rushton	Cranebrook	1:04.18
8	Millie Milne	Grenfell	1:06.00

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre
RESULTS

Girls U13 - 400 Metre Run

Heat 1 Heats

1	Lauren Abberton	Forster/Tuncurry	1:00.13Q
2	Riana Drake	Albion Park	1:01.25Q
3	Regan Yerbury	Sutherland	1:02.34Q
4	Kristie Blair	Werrington	1:02.67q
5	Andrea Berrell	Wollongong City	1:02.98q
6	Natalie Waters	Armidale	1:03.11
7	Jordan Jamer	Cherrybrook	1:03.46
8	Linzi Flaherty	Gosford	1:06.75

Heat 2 Heats

1	Natasha Fountas	Randwick Botany	1:01.54Q
2	Amber Price	Holroyd	1:01.94Q
3	Haley Turner	Forster/Tuncurry	1:02.06Q
4	Emily Negus	Griffith	1:04.59
5	Rachel Horwood	North Rocks	1:05.54
6	Courtney Evans	Colyton St Clair	1:07.14
7	Hannah-Rose Stewar	Jamison	1:08.98

Final

1	Regan Yerbury	Sutherland	58.59
2	Natasha Fountas	Randwick Botany	59.66
3	Lauren Abberton	Forster/Tuncurry	59.72
4	Riana Drake	Albion Park	59.90
5	Andrea Berrell	Wollongong City	1:01.08
6	Haley Turner	Forster/Tuncurry	1:01.98
7	Amber Price	Holroyd	1:02.50
8	Kristie Blair	Werrington	1:03.30

Girls U14 - 400 Metre Run

Heat 1 Heats

1	Tahlia Hunter	Emu Plains	58.69Q
2	Maddie Pirie	Revesby Workers	59.80Q
3	Emilie Nelson	Manly Warringah	1:00.16Q
4	Tia O'Carroll	Macquarie Hunter	1:01.53q
5	Chelsea Mifsud	Kurrajong Bilpin	1:02.37
6	Summer Micallef	Wollongong City	1:02.77
7	Ellyssa Angelucci	Wollongong City	1:03.12
8	Alicia Kappler	Campbelltown Collegians	1:07.52

Heat 2 Heats

1	Nicola Keane	Sutherland	59.42Q
2	Tavleen Singh	Kurrajong Bilpin	1:00.14Q
3	Tori Groom	Manly Warringah	1:00.27Q
4	Josie Ernst	Maitland	1:01.56q
5	Grace Pears	Armidale	1:03.48
6	Naomi Polyzoidis	Wollongong City	1:05.11
7	Sarah McDonald	Bankstown Sports	1:06.72

Final

1	Tahlia Hunter	Emu Plains	57.73
2	Nicola Keane	Sutherland	57.88
3	Maddie Pirie	Revesby Workers	58.39
4	Tori Groom	Manly Warringah	59.59

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

5	Emilie Nelson	Manly Warringah	1:00.30
6	Tavleen Singh	Kurrajong Bilpin	1:00.57
7	Tia O'Carroll	Macquarie Hunter	1:00.90
8	Josie Ernst	Maitland	1:01.26

Girls U15 - 400 Metre Run

Heat 1 Heats

1	Savannah Walker	Stuarts Point	57.71Q
2	Karlie Chambers	Wollongong City	58.36Q
3	Daniella Lamas	Holroyd	1:00.04Q
4	Sarah Bright	Hills District	1:00.23q
5	Tahlia Patterson	Port Hacking	1:00.91
6	Rachel Attenboroug	Hornsby	1:01.81
7	Danika Messina	Kurrajong Bilpin	1:03.45

Heat 2 Heats

1	Jacarna Fenton	Kurri Kurri	58.08Q
2	Emily Coppins	Thornton	58.79Q
3	Tara Vance	Ryde	59.88Q
4	Tegan Richards	Wollongong City	1:00.61q
5	Kate Butcherine	Orange	1:01.08
6	Sarah Long	South Eastern	1:04.77
7	Lauren Pearson	Cranebrook	1:07.35

Final

1	Karlie Chambers	Wollongong City	56.04
2	Savannah Walker	Stuarts Point	57.28
3	Emily Coppins	Thornton	57.35
4	Jacarna Fenton	Kurri Kurri	57.47
5	Tara Vance	Ryde	58.90
6	Sarah Bright	Hills District	59.23
7	Daniella Lamas	Holroyd	1:00.02

Girls U17 - 400 Metre Run

Heat 1 Heats

1	Elle-Maree Farrington	Northern Suburbs	58.65Q
2	Kristy Price	Wallsend RSL	1:00.07Q
3	Georgia Halvorsen	Macquarie Hunter	1:01.61Q
4	Karina Bangel	Kurrajong Bilpin	1:02.38q
5	Jessica Coates	Smithfield	1:02.98q
6	Hannah Monty	Hills District	1:05.06
7	Teila Bruce	Shoalhaven	1:05.69

Heat 2 Heats

1	Jo Dawson	Kurrajong Bilpin	1:00.65Q
2	Gabrielle Hurst	Leeton	1:01.21Q
3	Kirsty Honey	Albion Park	1:01.81Q
4	Milly Collison	Cherrybrook	1:03.56
5	Gabriela Glassock	Bankstown Sports	1:04.28
6	Loradana Brajkovic	Randwick Botany	1:05.03
7	Kirrilea Shannon	Doonside	1:07.32

Final

1	Elle-Maree Farrington	Northern Suburbs	58.52
2	Kristy Price	Wallsend RSL	58.62
3	Kirsty Honey	Albion Park	59.69

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Gabrielle Hurst	Leeton	59.89
5	Jo Dawson	Kurrajong Bilpin	1:00.26
6	Georgia Halvorsen	Macquarie Hunter	1:01.34
7	Jessica Coates	Smithfield	1:03.53

Girls U9 - 800 Metre Run

1	Catherine Miller	Ku-Ring-Gai	2:42.50
2	Sinead Austwick	Albion Park	2:42.90
3	N'Dea Rumble	Armidale	2:43.20
4	Rylee Towell	Revesby Workers	2:44.40
5	Madeline Eaton	Wollongong City	2:51.60
6	Kobe Dymock	Randwick Botany	2:51.80
7	Mikayla Mestousis	Ryde	2:52.20
8	Zoe Latham	Ryde	2:52.60
9	April Sweeney	Holroyd	2:53.30
10	Ellen Kriedemann	Eastern Suburbs	2:54.30
11	Soraya Usher	Katoomba	2:56.40
12	Jordyn Snape	Liverpool City	2:57.50
13	Sianna Steele	Jamison	3:02.80
14	Kelsey Winchester	Maitland	3:03.30
15	Shayla Szakacs	Albion Park	3:09.10
16	Georgia Genders	Port Macquarie	3:16.50

Girls U10 - 800 Metre Run

1	Chloe Walters	Macquarie Hunter	2:32.22
2	Tiarna Mason	Randwick Botany	2:34.91
3	Ella Harris	Kiama	2:39.25
4	Katrina Lamas	Holroyd	2:40.64
5	Lauren Moore	Port Stephens	2:40.94
6	Sally Walters	Macquarie Hunter	2:43.18
7	Melissa Fitzsimmon	Ku-Ring-Gai	2:43.53
8	Summar Richardson	Nepean	2:43.87
9	Gabby Mastroianni	Manly Warringah	2:45.02
10	Melanie Kirk	Jamison	2:45.13
11	Raukura Doyle	Northern Suburbs	2:47.59
12	Janita San-L Faoag	Campbelltown Collegians	2:48.12
13	Briony Norton	Fairfield City	2:48.80
14	Jemima McCalman	Orange	2:49.47
15	Sarah Luxford	Springwood	2:49.53
16	Breanna Payne	Albion Park	2:51.92

Girls U11 - 800 Metre Run

1	Samantha King	South Eastern	2:28.54
2	Beatrice Collard	Doonside	2:30.36
3	Alice Arnott	Quirindi	2:31.75
4	Brooke Coggins	Wyong	2:35.02
5	Mauhgan Wellham	Wallsend RSL	2:35.16
6	Susie Seitaridis	Lake Illawarra	2:35.99
7	Mikayla Martin	Tuggerah Lakes M	2:39.34
8	Lauren Donnellan	Campbelltown Collegians	2:39.87
9	Madison Gleeson-Ro	Emu Plains	2:41.58

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

10	Brittany Constable	Wollongong City	2:41.61
11	Georgina Adams	Bathurst	2:44.88
12	Alisha Romaniuk	Kurri Kurri	2:45.66
13	Skye Bennett	Blacktown	2:46.63
14	Eliza Woods	South Eastern	2:46.73
15	Katlynn Coglán	Sutherland	2:56.33

Girls U12 - 800 Metre Run

1	Louise Hill	Mosman	2:22.34
2	Jessica Hull	Albion Park	2:22.72
3	Alina Tape	Stuarts Point	2:23.84
4	Morgan Kitchener	Camden	2:25.81
5	Monique Byers	Greystanes	2:27.78
6	Alex McCloughlan	Macquarie Hunter	2:27.92
7	Bethany Croft	Hornsby	2:28.37
8	Sarah Marvin	Winston Hills	2:29.68
9	Gloria Lee	Bankstown Sports	2:30.53
10	Jemima Herig-Parso	Glenbrook	2:32.02
11	Kristin Kalemusic	Emu Plains	2:33.56
12	Katie Mitton	Grenfell	2:33.90
13	Madaleine Rushton	Cranebrook	2:34.35
14	Tenielle Stubbs	Woolgoolga	2:35.41
15	Abby Tozer	Tumut District	2:37.22

Girls U13 - 800 Metre Run

1	Natasha Fountas	Randwick Botany	2:19.70
2	Haley Turner	Forster/Tuncurry	2:24.31
3	Lauren Abberton	Forster/Tuncurry	2:24.95
4	Emily Rohr	Port Hacking	2:25.24
5	Annaliese Barton	Greystanes	2:28.05
6	Courtney Evans	Colyton St Clair	2:29.73
7	Carolena Kostas	St George	2:30.10
8	Natalie Waters	Armidale	2:30.17
9	Erin Blundell	Cherrybrook	2:30.48
10	Stephanie Kalemusi	Emu Plains	2:30.60
11	Caitlin Brown	Northern Illawarra	2:30.71
12	Olivia Kelleher	Manly Warringah	2:30.92
13	Emily Michell	Hills District	2:31.44
14	Madeline Martinosk	Wollongong City	2:45.95

Girls U14 - 800 Metre Run

1	Jessica Durand	Illawong	2:16.67
2	Anna Laman	Campbelltown Collegians	2:16.83
3	Kate Spencer	Ku-Ring-Gai	2:22.44
4	Olivia Leonard	Maitland	2:22.79
5	Tayla Stark	Illawong	2:25.67
6	Josie Ernst	Maitland	2:25.72
7	Amity Delaney	Manly Warringah	2:25.92
8	Olivia Lavalley	Wollongong City	2:26.92
9	Tia O'Carroll	Macquarie Hunter	2:29.66
10	Andre Jewell	Mudgee	2:34.51

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

11	Naomi Richardson	Kurrajong Bilpin	2:35.23
12	Ellyssa Angelucci	Wollongong City	2:35.95

Girls U15 - 800 Metre Run

1	Jenny Blundell	Cherrybrook	2:13.16
2	Karlie Chambers	Wollongong City	2:15.62
3	Siobhan Deam	Sawtell-Toormina	2:16.08
4	Eliza Barton	Greystanes	2:17.66
5	Tahlia Patterson	Port Hacking	2:17.67
6	Sarah Bright	Hills District	2:18.60
7	Claire Burnett	Dapto	2:19.50
8	Felicity Bright	Hills District	2:20.96
9	Hannah Wrigley	Port Hacking	2:24.00
10	Ashleigh Garbellin	Armidale	2:24.25
11	Chloe Hackett	Grafton	2:24.73
12	Georgia Dawson	Kurrajong Bilpin	2:26.54
13	Daniella Lamas	Holroyd	2:30.17

Girls U17 - 800 Metre Run

1	Tia Brady	Macquarie Hunter	2:18.54
2	Lauren Parsons	Sutherland	2:21.84
3	Gabrielle Hurst	Leeton	2:22.12
4	Laura Serwa	Revesby Workers	2:26.00
5	Kristy Price	Wallsend RSL	2:28.13
6	Georgia Edis	Northern Suburbs	2:28.68
7	Natalie Sharp	Lithgow	2:29.61
8	Amanda Marks	Bathurst	2:30.99
9	Rachel Dredge	Tuggerah Lakes M	2:34.69
10	Lara Pilton	Rutherford	2:37.55
11	Teila Bruce	Shoalhaven	2:41.14
12	Madeline Jones	Bankstown Sports	2:51.28
13	Gemma Hurst	Blacktown	2:55.87

Girls U10 - 1500 Metre Run

1	Chloe Walters	Macquarie Hunter	5:09.35
2	Tiarna Mason	Randwick Botany	5:13.19
3	Katrina Lamas	Holroyd	5:21.09
4	Lauren Moore	Port Stephens	5:24.89
5	Sophie Saunders	Quirindi	5:32.80
6	Summar Richardson	Nepean	5:35.25
7	Maya Leverett	North Rocks	5:37.52
8	Ella Harris	Kiama	5:38.08
9	Sarah Luxford	Springwood	5:40.04
10	Gabby Mastroianni	Manly Warringah	5:40.29
11	Jemima McCalman	Orange	5:44.57
12	Janita San-L Faoag	Campbelltown Collegians	5:47.79
13	Caitlin Vreeswyk	Doonside	5:48.77
14	Olivia Whiting	Ku-Ring-Gai	5:56.28
15	Gabriella Fagan	Eastern Suburbs	5:57.19
16	Mallory English	Wollongong City	6:13.98

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Girls U11 - 1500 Metre Run

1	Samantha King	South Eastern	5:01.06
2	Beatrice Collard	Doonside	5:07.40
3	Brooke Coggins	Wyong	5:14.33
4	Madison Gleeson-Ro	Emu Plains	5:17.75
5	Mauhgan Wellham	Wallsend RSL	5:19.60
6	Mikayla Martin	Tuggerah Lakes M	5:20.23
7	Lauren Donnellan	Campbelltown Collegians	5:24.03
8	Emma Priestley	Adamstown	5:28.07
9	Kelsey Grimmond	Nyngan	5:28.68
10	Maddi Finch	Greystanes	5:28.71
11	Georgina Adams	Bathurst	5:38.99
12	Katlynn Cogan	Sutherland	5:39.58
13	Charlotte Lambert	Rutherford	5:41.26
14	Ashleigh Giddings	Wellington	6:03.63

Girls U12 - 1500 Metre Run

1	Jessica Hull	Albion Park	4:50.19
2	Bethany Croft	Hornsby	4:54.88
3	Sarah Marvin	Winston Hills	4:57.24
4	Morgan Kitchener	Camden	4:58.17
5	Alex McCloughlan	Macquarie Hunter	5:08.27
6	Tenielle Stubbs	Woolgoolga	5:10.48
7	Jemima Herig-Parso	Glenbrook	5:13.37
8	Elise Hay	Armidale	5:14.16
9	Dee Ridge	Campbelltown Collegians	5:14.42
10	Katie Mitton	Grenfell	5:21.54
11	Julia Laman	Campbelltown Collegians	5:25.65
12	Jasmine Dighton	Glenbrook	5:29.83
13	Paige Dunn	Dubbo	5:38.04
14	Jemma Wotton	Kurrajong Bilpin	5:40.94

Girls U13 - 1500 Metre Run

1	Natasha Fountas	Randwick Botany	4:55.88
2	Emily Rohr	Port Hacking	5:00.66
3	Andrea Lamas	Holroyd	5:02.27
4	Caitlin Brown	Northern Illawarra	5:04.45
5	Emily Michell	Hills District	5:05.62
6	Carolena Kostas	St George	5:15.91
7	Samantha Moore	Port Stephens	5:18.04
8	Jaimie Donovan	Ku-Ring-Gai	5:23.76
9	Linzi Flaherty	Gosford	5:24.25
10	Casey Hunter	Lithgow	5:28.59
11	Kirra Nean	Woodberry & Dist	5:28.69
12	Nicole Adamson	Blacktown	5:29.97
13	Arkie Cupitt	Wollongong City	5:45.57
14	Ashleigh Carter	Albion Park	5:57.48

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Girls U14 - 1500 Metre Run

1	Jessica Durand	Illawong	4:41.52
2	Anna Laman	Campbelltown Collegians	4:41.61
3	Caitlin Delaney	Tuggerah Lakes M	4:47.90
4	Emma McKinney	Randwick Botany	4:50.58
5	Kate Spencer	Ku-Ring-Gai	4:51.65
6	Olivia Leonard	Maitland	4:52.58
7	Amity Delaney	Manly Warringah	4:57.87
8	Renae Beutel	Lithgow	5:01.60
9	Morgan Moloney	Springwood	5:01.93
10	Olivia Lavallo	Wollongong City	5:05.39
11	Tori Jones	Shoalhaven	5:09.92
12	Jessie Stafford	Kurrajong Bilpin	5:12.67
13	Jemma Chambers	Wollongong City	5:18.87

Girls U15 - 1500 Metre Run

1	Eliza Barton	Greystanes	4:50.73
2	Else Gallen	Riverstone	4:51.20
3	Chloe Hackett	Grafton	4:51.73
4	Siobhan Deam	Sawtell-Toormina	4:52.86
5	Sarah Bright	Hills District	4:57.23
6	Claire Burnett	Dapto	5:00.13
7	Hannah Wrigley	Port Hacking	5:05.66
8	Ashleigh Benham	Illawong	5:05.98
9	Rachel Attenboroug	Hornsby	5:08.63
10	Katie Robinson	Kiama	5:14.59
11	Stephanie Ambrose	Bankstown Sports	5:17.13
12	Georgia Dawson	Kurrajong Bilpin	5:25.44

Girls U17 - 1500 Metre Run

1	Lauren Parsons	Sutherland	4:49.14
2	Laura Serwa	Revesby Workers	4:58.61
3	Lara Pilton	Rutherford	5:06.31
4	Louise Marvin	Winston Hills	5:10.04
5	Natalie Sharp	Lithgow	5:11.16
6	Audrey-Ayelia Hall	Sutherland	5:15.38
7	Gabrielle Hurst	Leeton	5:16.94
8	Rachel Dredge	Tuggerah Lakes M	5:27.71
9	Teila Bruce	Shoalhaven	5:33.51
10	Kimberley Price	Cherrybrook	5:36.77
11	Clare Williams	Cardiff	5:39.08
12	Shelby O'Carroll	Macquarie Hunter	5:48.18
13	Madeline Jones	Bankstown Sports	5:58.69
14	Elise Blunden	Kurrajong Bilpin	6:07.13
15	Gemma Hurst	Blacktown	6:25.91

Girls U13 - 3000 Metre Run

1	Stephanie Kalemusi	Emu Plains	10:54.38
2	Andrea Lamas	Holroyd	11:01.59
3	Emily Michell	Hills District	11:12.19

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Caitlin Brown	Northern Illawarra	11:21.10
5	Corinne Gard	Hills District	11:35.85
6	Samantha Martin	Randwick Botany	11:51.42
7	Jessica Vernon	Springwood	12:01.02
8	Nicole Adamson	Blacktown	12:10.84
9	Samantha Moore	Port Stephens	12:22.67
10	Tayla Merrick	Camden	12:32.26
11	Abby Brown	Riverstone	12:39.82
12	Kimberly Williams	Adamstown	12:42.35
13	Whitney Noone	Lake Illawarra	12:44.32
14	Arkie Cupitt	Wollongong City	12:52.65

Girls U14 - 3000 Metre Run

1	Anna Laman	Campbelltown Collegians	10:04.89	RECORD – Hand held record of 10:04.5min
2	Jessica Durand	Illawong	10:15.25	
3	Emma McKinney	Randwick Botany	10:38.01	
4	Morgan Moloney	Springwood	10:43.66	
5	Caitlin Delaney	Tuggerah Lakes M	10:47.64	
6	Kate Spencer	Ku-Ring-Gai	10:54.17	
7	Amity Delaney	Manly Warringah	10:57.61	
8	Tori Jones	Shoalhaven	11:34.35	
9	Roslyn Mangulabnan	Doonside	12:24.86	
10	Liesl Gray	Orange	13:24.45	

Girls U15 - 3000 Metre Run

1	Elese Gallen	Riverstone	10:33.98
2	Chloe Hackett	Grafton	10:45.72
3	Sarah Carli	Wollongong City	10:58.44
4	Felicity Bright	Hills District	11:01.77
5	Brittany Annear	Tuggerah Lakes M	11:07.66
6	Ashleigh Benham	Illawong	11:09.62
7	Hannah Wrigley	Port Hacking	11:14.26
8	Stephanie Ambrose	Bankstown Sports	11:50.61
9	Katie Robinson	Kiama	11:54.42
10	Jessica Tuohy	Randwick Botany	13:14.75
11	Holly Ratajec	Mt Pritchard	13:24.87
12	Brittany Rundle	Macquarie Hunter	14:53.43
13	Casey Griffiths	Mt Druitt	15:46.60

Girls U17 - 3000 Metre Run

1	Lauren Parsons	Sutherland	10:41.11
2	Laura Serwa	Revesby Workers	10:59.53
3	Louise Marvin	Winston Hills	11:13.61
4	Audrey-Ayelia Hall	Sutherland	11:15.56
5	Shelby O'Carroll	Macquarie Hunter	11:56.91
6	Amy Woods	Dapto	12:11.99
7	Clare Williams	Cardiff	12:55.44
8	Hayley Wright	Mt Druitt	13:40.42
9	Elise Blunden	Kurrajong Bilpin	13:51.30

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Girls U9 - 60 Metre Hurdles

Heat 1 Heats

1	Chyna Tavai-Williams	Bankstown Sports	10.51Q
2	Georgia McEwan	Lake Illawarra	10.75Q
3	Eliza Trevena	Holroyd	11.01Q
4	Lauren Mapusua	Randwick Botany	11.05q
5	Amelia Latunin	Hunter	11.17
6	Casey O'Sullivan	Werrington	11.31
7	Steph Pryer	Kurri Kurri	11.41

Heat 2 Heats

1	Kristie Edwards	Manly Warringah	10.37Q
2	Tiana Jaber	Kings Langley	10.56Q
3	Tara Campbell	Doonside	10.75Q
4	Bernice De Jager	Macquarie Hunter	10.96q
5	Chloe Button	Shoalhaven	11.53
6	Majayda Darcy	Dubbo RSL	11.62
7	Kaitlin Leyland	Glenbrook	12.40

Final

1	Chyna Tavai-Williams	Bankstown Sports	10.28
2	Kristie Edwards	Manly Warringah	10.39
3	Tara Campbell	Doonside	10.49
4	Bernice De Jager	Macquarie Hunter	10.54
5	Georgia McEwan	Lake Illawarra	10.56
6	Tiana Jaber	Kings Langley	10.58
7	Eliza Trevena	Holroyd	10.73
8	Lauren Mapusua	Randwick Botany	11.05

Girls U10 - 60 Metre Hurdles

Heat 1 Heats

1	Shenais Moss	Revesby Workers	10.60Q
2	Jasmine Fountas	Randwick Botany	10.64Q
3	Lyndal Schnabel	Sutherland	10.75Q
4	Chelsea Loughrey	Parramatta	10.96q
5	Rebecca Pollard	Wollongong City	11.27
6	Jessica Potts	Macquarie Hunter	11.38
7	Mary Jones	Springwood	11.94
8	Ruby Smith	Wallsend RSL	12.04

Heat 2 Heats

1	Stevie Donougher	Port Hacking	10.50Q
2	Laycee Covington-G	Bathurst	10.76Q
3	Sarah Healey	Ku-Ring-Gai	10.83Q
4	Ellie Monk	Northern Suburbs	11.00q
5	Emma Sue Greentree	Southlakes	11.27
6	Ella Harris	Kiama	11.32
7	Sina Ngalu	Mt Pritchard	12.40
8	Naomi Zammit	Nepean	12.55

Final

1	Jasmine Fountas	Randwick Botany	10.24
2	Shenais Moss	Revesby Workers	10.26
3	Stevie Donougher	Port Hacking	10.65
4	Sarah Healey	Ku-Ring-Gai	10.87
5	Lyndal Schnabel	Sutherland	10.94

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

6	Ellie Monk	Northern Suburbs	11.09
7	Laycee Covington-G	Bathurst	11.47
8	Chelsea Loughrey	Parramatta	11.76

Girls U11 - 60 Metre Hurdles

Heat 1 Heats

1	Madeleine Jones	Hornsby	9.92Q
2	Rachel Pace	Riverstone	9.92Q
3	Carla Takchi	Cherrybrook	10.01Q
4	Susie Seitaridis	Lake Illawarra	10.14q
5	Breanna Franks	Raymond Terrace	10.26q
6	Grace Weir	Macquarie Hunter	10.91
7	Chloe Neilly	Jamison	10.91
8	Alice Arnott	Quirindi	11.22

Heat 2 Heats

1	Charly-Rose Dunne	Eastern Suburbs	9.88Q
2	Emma McGuigan	Randwick Botany	10.24Q
3	Molly Blakey	South Eastern	10.27Q
4	Melanie Ruse	Jamison	10.52
5	Rachel Tomlins	Sutherland	10.53
6	Dominique Ivanov	Lake Illawarra	10.61
7	Christina Ribeiro	Doonside	10.97
8	Alexandra Lavalle	Wollongong City	11.04

Final

1	Carla Takchi	Cherrybrook	9.81
2	Rachel Pace	Riverstone	9.93
3	Madeleine Jones	Hornsby	10.11
4	Molly Blakey	South Eastern	10.12
5	Susie Seitaridis	Lake Illawarra	10.13
6	Charly-Rose Dunne	Eastern Suburbs	10.14
7	Emma McGuigan	Randwick Botany	10.28
8	Breanna Franks	Raymond Terrace	14.09

Girls U12 - 60 Metre Hurdles

Heat 1 Heats

1	Samantha Geddes	Port Hacking	9.74Q
2	Caitlin Silk	Young and District	9.99Q
3	Courtney Young	Randwick Botany	10.09Q
4	Kiara Kovacs	Doonside	10.55q
5	Alysha Burnett	Northern Districts	10.60
6	Chaquemia Davis	Wollongong City	10.65
7	Bree Watters-Campb	Woolgoolga	10.88
8	Akua Frimpong	Blacktown	12.67

Heat 2 Heats

1	Katrina Hunt	Northern Suburbs	10.01Q
2	Courtney Boyle	Ku-Ring-Gai	10.32Q
3	Sophie Howard	Wagga Wagga	10.41Q
4	Lillie Moye	Sawtell-Toormina	10.52q
5	Rachael Brown	Port Hacking	10.56
6	Alicia Blackett	Kurrajong Bilpin	10.57
7	Constance Kikitis	Bankstown Sports	10.70

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

8	Jemma House	Kurri Kurri	11.23
Final			
1	Samantha Geddes	Port Hacking	9.58
2	Katrina Hunt	Northern Suburbs	10.02
3	Courtney Young	Randwick Botany	10.08
4	Lillie Moye	Sawtell-Toormina	10.48
5	Kiara Kovacs	Doonside	10.68
6	Courtney Boyle	Ku-Ring-Gai	10.97
7	Sophie Howard	Wagga Wagga	17.45
	Caitlin Silk	Young and District	DQ

Girls U13 - 80 Metre Hurdles

Heat 1 Heats

1	Brooke Giffen	Illawong	13.10Q
2	Joanne Kilititi	Doonside	13.49Q
3	Eliza Gazal	Eastern Suburbs	13.60Q
4	Lauren Harrison	Ku-Ring-Gai	14.00q
5	Rhiannon Hails	Northern Suburbs	14.09
6	Courtney Elliott	Winston Hills	14.27
7	Jessica Bloomfield	Port Macquarie	15.03

Heat 2 Heats

1	Tiana Penitani	Eastern Suburbs	12.74Q
2	Toni Anderson	Sutherland	13.57Q
3	Lacey Bruce	Shoalhaven	13.82Q
4	Julia Scott	Tamworth	14.02q
5	Sarah Healy	Wollongong City	14.28
6	Isabella Francis	Katoomba	15.26
7	Tayla Smith	Kurrajong Bilpin	15.70
8	Charlotte Jasprizz	Orange	15.94

Final

1	Tiana Penitani	Eastern Suburbs	12.65
2	Brooke Giffen	Illawong	12.97
3	Joanne Kilititi	Doonside	13.22
4	Toni Anderson	Sutherland	13.28
5	Lacey Bruce	Shoalhaven	13.39
6	Julia Scott	Tamworth	13.52
7	Eliza Gazal	Eastern Suburbs	13.55
8	Lauren Harrison	Ku-Ring-Gai	13.58

Girls U14 - 80 Metre Hurdles

Heat 1 Heats

1	Melissa Farrington	Northern Suburbs	12.72Q
2	Elizabeth Clay	Hornsby	13.00Q
3	Catherine Smith	Port Hacking	13.22Q
4	Naomi Polyzoidis	Wollongong City	13.32q
5	Jessica Winsper	Mudgee	13.44q
6	Corrina Moore	Kings Langley	13.64
7	Kaila Simms	Maitland	13.76
8	Tavleen Singh	Kurrajong Bilpin	13.78

Heat 2 Heats

1	Ella Regan-Lacey	South Eastern	13.02Q
2	Paige Schafer	Jamison	13.37Q

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

	3	Paige Ussher-Kinne	Stuarts Point	13.48Q
	4	Ashley Haynes	Port Hacking	13.78
	5	Bridget Pearson	Wollongong City	13.83
	6	Natalie Otten	Kurrajong Bilpin	13.94
	7	Remi Banuelos	Eastern Suburbs	13.95
	8	Alice Katen	Forster/Tuncurry	14.32
Final				
	1	Melissa Farrington	Northern Suburbs	12.45
	2	Elizabeth Clay	Hornsby	13.02
	3	Paige Ussher-Kinne	Stuarts Point	13.11
	4	Paige Schafer	Jamison	13.21
	5	Catherine Smith	Port Hacking	13.31
	6	Jessica Winsper	Mudgee	13.42
	7	Naomi Polyzoidis	Wollongong City	13.51
	8	Ella Regan-Lacey	South Eastern	14.81

Girls U15 - 90 Metre Hurdles

Heat 1 Heats

	1	Courtney Cross	Hornsby	12.99Q
	2	Kelly Spencer	Gosford	13.61Q
	3	Rachel Shaw	Bowral	13.85Q
	4	Kiara Fioravanti	Tiger Wests	14.03q
	5	Bronwen Greenfield	Illawong	14.20
	6	Kara Lorentzen	Wallsend RSL	14.30
	7	Georgia Marshall	Penrith Valley	16.19

Heat 2 Heats

	1	Natalie Ferris	Gloucester	13.50Q
	2	Sara Klein	Kurrajong Bilpin	13.87Q
	3	Karra-Lee Nolan	Lake Illawarra	13.94Q
	4	Natalie Murray	Canterbury	14.12q
	5	Katie Healey	Ku-Ring-Gai	14.40
	6	Alice Hewitt	Kiama	14.81
	7	Zoe Heath	Lithgow	14.90
	8	Cassandra Terranova	Raymond Terrace	17.70

Final

	1	Courtney Cross	Hornsby	13.02
	2	Natalie Ferris	Gloucester	13.54
	3	Kelly Spencer	Gosford	13.60
	4	Karra-Lee Nolan	Lake Illawarra	13.76
	5	Sara Klein	Kurrajong Bilpin	13.81
	6	Kiara Fioravanti	Tiger Wests	13.90
	7	Rachel Shaw	Bowral	14.01
	8	Natalie Murray	Canterbury	14.11

Girls U17 - 100 Metre Hurdles

Heat 1 Heats

	1	Jacqui Fry	Greystanes	14.04Q
	2	Michelle Jenneke	Cherrybrook	14.25Q
	3	Emma Cormack	Katoomba	15.97Q
	4	Natasha Terranova	Raymond Terrace	17.26q
	5	Jamayka Makings	Lismore	17.27

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

6	Elizabeth Borg	Lake Illawarra	17.80
7	Ashlee Batten	Tuggerah Lakes M	19.68
8	Louann Teariki	Holroyd	20.64
Heat 2 Heats			
1	Talissa Scott	Kiama	15.13Q
2	Elana Withnall	Old Bar	15.55Q
3	Heather Addie	Warradale	16.75Q
4	Jessica Maxwell	Glenbrook	16.95q
5	Emily Thomson	Winston Hills	17.66
6	Prue Pearson	Port Hacking	20.10
7	Kylie Stephens	Sutherland	21.44
Final			
1	Jacqui Fry	Greystanes	14.09
2	Michelle Jenneke	Cherrybrook	14.17
3	Talissa Scott	Kiama	15.05
4	Elana Withnall	Old Bar	15.40
5	Emma Cormack	Katoomba	15.78
6	Heather Addie	Warradale	16.56
7	Jessica Maxwell	Glenbrook	16.71
8	Natasha Terranova	Raymond Terrace	17.80

Girls U13 - 200 Metre Hurdles

Heat 1 Heats			
1	Lacey Bruce	Shoalhaven	30.13Q
2	Courtney Elliott	Winston Hills	30.49Q
3	Jordan Jamer	Cherrybrook	30.67Q
4	Zoe Hodgekiss-Garg	Albion Park	31.18q
5	Jordan Parsonage	Randwick Botany	32.23
6	Maddie Campton	Kurri Kurri	32.31
7	Brooke Teague	Bankstown Sports	33.39
8	Elise Robins	Penrith Valley	33.59
Heat 2 Heats			
1	Toni Anderson	Sutherland	30.85Q
2	Amelia Leard	Lithgow	31.05Q
3	Julia Scott	Tamworth	31.44Q
4	Jessica Hough	Hills District	31.54q
5	Charlotte Jasprizz	Orange	31.73
6	Monique Sale	Port Hacking	32.13
7	Danica Bird	Jamison	33.39
Final			
1	Lacey Bruce	Shoalhaven	29.82
2	Courtney Elliott	Winston Hills	30.18
3	Toni Anderson	Sutherland	30.24
4	Jordan Jamer	Cherrybrook	30.42
5	Amelia Leard	Lithgow	30.91
6	Zoe Hodgekiss-Garg	Albion Park	30.97
7	Julia Scott	Tamworth	31.60
8	Jessica Hough	Hills District	31.93

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

Girls U14 - 200 Metre Hurdles

Heat 1 Heats

1	Melissa Farrington	Northern Suburbs	28.60Q
2	Ella Regan-Lacey	South Eastern	29.87Q
3	Natalie Otten	Kurrajong Bilpin	30.67Q
4	Naomi Polyzoidis	Wollongong City	30.86q
5	Alison Abdullah	Illawong	31.13q
6	Kaila Simms	Maitland	31.63
7	Katie Oswald	Northern Districts	31.77
8	Romy Thompson	Glenbrook	31.87

Heat 2 Heats

1	Paige Ussher-Kinne	Stuarts Point	29.88Q
2	Elizabeth Clay	Hornsby	30.18Q
3	Kristi Taylor	Shoalhaven	30.75Q
4	Haley Crawford	Illawong	31.35
5	Paige Schafer	Jamison	31.36
6	Cassandra Bailey	Macquarie Hunter	31.40
7	Jessica Winsper	Mudgee	31.68

Final

1	Melissa Farrington	Northern Suburbs	28.21
2	Ella Regan-Lacey	South Eastern	29.17
3	Paige Ussher-Kinne	Stuarts Point	29.50
4	Elizabeth Clay	Hornsby	29.73
5	Kristi Taylor	Shoalhaven	29.87
6	Alison Abdullah	Illawong	30.42
7	Natalie Otten	Kurrajong Bilpin	30.55
8	Naomi Polyzoidis	Wollongong City	30.67

Girls U15 - 200 Metre Hurdles

Heat 1 Heats

1	Sara Klein	Kurrajong Bilpin	28.47Q
2	Natalie Ferris	Gloucester	28.57Q
3	Rachel Shaw	Bowral	28.86Q
4	Kelly Spencer	Gosford	28.92q
5	Courtney Cross	Hornsby	28.95q
6	Zoe Heath	Lithgow	30.13
7	Georgia Marshall	Penrith Valley	31.24

Heat 2 Heats

1	Sarah Carli	Wollongong City	29.07Q
2	Karra-Lee Nolan	Lake Illawarra	29.70Q
3	Bronwen Greenfield	Illawong	29.78Q
4	Stacey Roper	Northern Districts	29.98
5	Natalie Murray	Canterbury	30.28
6	Cassandra Terranov	Raymond Terrace	35.51

Final

1	Natalie Ferris	Gloucester	27.09
2	Kelly Spencer	Gosford	27.22
3	Courtney Cross	Hornsby	27.92
4	Sarah Carli	Wollongong City	28.07
5	Sara Klein	Kurrajong Bilpin	28.35
6	Rachel Shaw	Bowral	28.78
7	Karra-Lee Nolan	Lake Illawarra	29.21

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

8 Bronwen Greenfield Illawong 29.29

Girls U17 - 200 Metre Hurdles

Heat 1 Heats

1	Michelle Jenneke	Cherrybrook	29.14Q
2	Candice Ockert	Holroyd	29.40Q
3	Jamayka Makings	Lismore	30.15Q
4	Tegan Alford	Medowie	30.80
5	Rebecca Cartwright	Kurrajong Bilpin	31.14

Heat 2 Heats

1	Elana Withnall	Old Bar	29.48Q
2	Heather Addie	Warradale	29.76Q
3	Gabriela Glassock	Bankstown Sports	29.87Q
4	Jo Dawson	Kurrajong Bilpin	29.88q
5	Georgia Edis	Northern Suburbs	30.46q
6	Sheridan Armstrong	Wellington	33.53

Final

1	Michelle Jenneke	Cherrybrook	27.94
2	Candice Ockert	Holroyd	28.99
3	Heather Addie	Warradale	29.23
4	Jo Dawson	Kurrajong Bilpin	29.28
5	Elana Withnall	Old Bar	29.59
6	Jamayka Makings	Lismore	29.79
7	Georgia Edis	Northern Suburbs	29.96
8	Gabriela Glassock	Bankstown Sports	30.59

Girls U9 - 700 Metre Walk

1	Abbey Dhu	Doonside	3:36.71
2	Raquel Roukos	Doonside	3:37.72
3	Lauren Moses	Manly Warringah	3:40.08
4	Natasha Jeffrey	Winston Hills	3:43.80
5	Ali Thomson	Hills District	3:45.72
6	Chloe Lavallo	Wollongong City	3:46.56
7	Brooke Ferguson	Kurrajong Bilpin	4:04.96
8	Rachel Burnett	Dapto	4:12.79
9	Jemma Antonios	Holroyd	4:13.51
10	Brittany Cairns	Eastern Suburbs	4:16.10
11	Lara McEwen	Port Hacking	4:17.15
12	Bree Knight	Sawtell-Toormina	4:17.19
13	Dominique Holland	Grenfell	4:17.30
14	Megan Wilkinson	Kurri Kurri	4:23.23
15	Amy Henry	Illawong	4:27.90
16	Olivia Riley	Lismore	4:45.09

Girls U10 - 1100 Metre Walk

1	Jasmyn McDonald	Parramatta	5:30.93
2	Summar Richardson	Nepean	5:34.31
3	Lucinda Francis	Ku-Ring-Gai	5:35.30
4	Sophia Dickerson	Dubbo	5:37.98
5	Deyana Trikaliotis	Blacktown	5:52.82
6	Daniele Kalemusic	Emu Plains	5:55.59

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

7	Jo-Beth Elias	Parramatta	6:00.33
8	Lucinda Paine	Wollongong City	6:02.11
9	Renee Elliot-Watso	Holroyd	6:05.45
10	Kaylah Willoughby	Randwick Botany	6:19.46
11	Kimberly Redzic	Campbelltown Collegians	6:25.03
12	Carly Metcalfe	Kurri Kurri	6:31.96
13	Tahneia Resch	Wallsend RSL	6:33.48
14	Mascey Willis	Campbelltown Collegians	6:52.12
15	Megan Burnett	Dapto	7:31.89
16	Sian Keating	Edgeworth	7:42.33

Girls U11 - 1100 Metre Walk

1	Taryn McCaffrey	Nepean	5:29.81
2	Katrina Shaw	Doonside	5:35.77
3	Rhiannon Minett	Bankstown Sports	5:44.09
4	Elleni Poulos	Randwick Botany	6:04.29
5	Adriana Shina	Hills District	6:13.91
6	Tiarnna Jurd	Nepean	6:15.62
7	Sarah Kelland	Ryde	6:20.88
8	Jaimie-Lee Rios	St George	6:24.80
9	Amelia Schubert	Port Hacking	6:35.78
10	Cori Hardy	Ballina	6:53.82
11	India Jardim	Lake Illawarra	7:11.69
12	Ashleigh Stewart	Sawtell-Toormina	7:50.81
	Alicia Cooke	Manly Warringah	DQ
	Natalia Robson	Sawtell-Toormina	DQ
	Maddie Harvey	Dubbo	DQ
	Alexandra Lavalle	Wollongong City	DQ

Girls U12 - 1500 Metre Walk

1	Tayla-Paige Billin	Manly Warringah	7:15.41
2	Jasmine Dighton	Glenbrook	7:34.00
3	Talisha Maruta	Colyton St Clair	7:44.22
4	Carla Elias	Parramatta	7:50.38
5	Caitlin Plummer	Ku-Ring-Gai	7:52.57
6	Ashleigh Resch	Wallsend RSL	8:14.32
7	Emma Grand	South Eastern	8:15.73
8	Darcy Brown	Lake Illawarra	8:19.97
9	Georgina Dickerson	Dubbo	8:24.24
10	Chloe Sheppard	Dapto	9:01.56
11	Isabella Sund	Eschol Park	9:08.24
	Bryony Beasley	Nepean	DQ
	Grace Birch	Macquarie Hunter	DQ
	Emily Shanahan	Camden	DQ

Girls U13 - 1500 Metre Walk

1	Gabrielle Moseley	Illawong	7:38.44
2	Tabitha Porley	Kurrajong Bilpin	7:43.69
3	Amanda Barendregt	Doonside	8:01.00
4	Nicole Axford	Hills District	8:05.56
5	Jaimie Donovan	Ku-Ring-Gai	8:14.77

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

6	Jorja Gow	Edgeworth	8:19.18
7	Emma Robson	Sawtell-Toormina	8:22.00
8	Bree Herrmann	Port Hacking	8:24.90
9	Lalovi Lealaiaulot	Colyton St Clair	8:48.07
10	Madison Riley	Lismore	9:12.39
11	Amy Faras	Lake Illawarra	9:51.28
12	Zoe Jiggins	Dapto	9:54.61
13	Arkie Cupitt	Wollongong City	10:01.41
	Rebecca Melville	Ku-Ring-Gai	DNF
	Samantha Martin	Randwick Botany	DQ
	Stephanie Andreou	Eschol Park	DQ

Girls U14 - 1500 Metre Walk

1	Amy Bettiol	Manly Warringah	7:00.68
2	Kelsey Knight	Sawtell-Toormina	7:04.51
3	Shay Southern	Kurrajong Bilpin	7:20.55
4	Summer Micallef	Wollongong City	7:43.14
5	Hannah Denney	South Eastern	7:45.62
6	Louise Cuthbert	Girraween	7:53.94
7	Emily Warden	Shoalhaven	8:07.74
8	Liesl Gray	Orange	8:08.53
9	Stephanie Trikalio	Blacktown	8:25.59
10	Tiani Dederer	Kurri Kurri	8:27.21
11	Victoria Coppini	Nepean	8:30.45
12	Amy Legeret	Eschol Park	8:34.36
13	Alyssa Perrott	Girraween	8:59.21
	Isabella Shina	Hills District	DQ
	Jessica Thomas	Gosford	DQ
	Alex Munro	Independent	DQ

Girls U15 - 1500 Metre Walk

1	Dimitra Psarianos	Bankstown Sports	7:05.35
2	Emma Bettiol	Manly Warringah	7:15.91
3	Kirsty Klein	Kurrajong Bilpin	7:23.19
4	Samantha Flood	Revesby Workers	7:36.87
5	Ebony Gralton	Emu Plains	7:44.72
6	Joanne Elias	Parramatta	8:11.25
7	Michelle Bowd	Penrith Valley	8:19.19
8	Natalie Ambrose	Bankstown Sports	8:22.35
9	Michelle Carli	Wollongong City	9:39.89
10	Claudia Osborne	Ingleburn RSL	9:56.19
11	Mardi Mulligan	Stockton	10:03.60
12	Danielle Butler	Gloucester	10:06.20
	Brittany Annear	Tuggerah Lakes M	DQ
	Shae Mansfield	Orange	DQ
	Rhiannah Neaves	Urunga	DQ

Girls U17 - 1500 Metre Walk

1	Tori Maxwell	Stuarts Point	7:34.41
2	Kate Scott	Revesby Workers	7:36.62
3	Tegan Hope	Randwick Botany	7:44.74

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Jade Dighton	Glenbrook	7:47.30
5	Prue Pearson	Port Hacking	8:26.96
6	Danielle Jones	Medowie	8:28.52
7	Hayley Wright	Mt Druitt	8:58.93
8	Rachel Addy	Glenbrook	9:21.40
9	Bethany Crane	Hornsby	9:50.67
10	Ali Langbien	Dubbo RSL	10:59.88

Girls U9-12 4x100 Metre Relay (Jnr)

1	Randwick Botany		56.94
	1) Lauren Mapusua	2) Jasmine Fountas	
	3) Emma McGuigan	4) Audrey Kyriacou	
2	Port Hacking		56.97
	1) Talia Munro	2) Samantha Geddes	
	3) J. Ilyett	4) Stevie Donougher	
3	Gosford		57.18
	1) Shayannae Wright	2) Sara Marshall	
	3) Emily Campbell	4) Georgia Lee	
4	Kings Langley		58.16
	1) Tiana Jaber	2) Reba Maxwell	
	3) Emma-Jane Missio	4) Ashlee Tait	
5	Albion Park		58.47
	1) Breanna Payne	2) Kristy Payne	
	3) Sinead Austwick	4) Chloe Docker	
6	Tamworth		58.78
	1) Jamie Blackler	2) Alexia Bednarczyk	
	3) Sofie Langenbaker	4) Abby Schmiedel	
7	Doonside		59.52
	1) Caitlin Vreeswyk	2) Shannon Willmott	
	3) Tara Campbell	4) Kiara Kovacs	
8	Jamison		1:00.47
	1) Jade Culey	2) Jade Grant	
	3) Melanie Kirk	4) Alison Ruse	

Girls U13-17 4x100 Metre Relay (Snr)

1	Northern Suburbs		50.60
	1) Rhiannon Hails	2) Rubee King	
	3) Elle-Maree Farrington	4) Melissa Farrington	
2	Sutherland		50.61
	1) Regan Yerbury	2) Nicola Keane	
	3) Danielle Richardson	4) Ella Nelson	
3	Gosford		50.85
	1) Hannah Jones	2) Rhiannon Walsh	
	3) Kasey Tysoe	4) Renee Wardell	
4	Albion Park		51.36
	1) Skye Ryan	2) Kirsty Honey	
	3) Riana Drake	4) Taylor King	
5	Adamstown New Lambton		51.82
	1) Claudia Lloyd-Hensley	2) Laura Bonzo	
	3) Alexandra Holt	4) Grace Limond	
6	Kurrajong Bilpin		51.98

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

1) Sara Klein	2) Karina Bangel
3) Tabitha Porley	4) Tavleen Singh
7 Campbelltown UWS Collegians	52.13
1) Emily Lucas	2) Emma Johnson
3) Alicia Kappler	4) Anna Laman

Girls U9 - High Jump

1 Chyna Tavai-Williams	Bankstown Sports	1.31m	RECORD
2 Maria McCrohan	Western Suburbs	1.21m	
3 Soraya Usher	Katoomba	1.15m	
4 Briana Rafferty	Nepean	1.10m	
5 Reese Bacon	Ingleburn RSL	1.10m	
6 Heidi Standen	Wallsend RSL	1.10m	
7 Tabitha Lisciotto	Tallowong Park	1.10m	
8 Hannah Swinton	Ku-Ring-Gai	1.05m	
8 Zoe Latham	Ryde	1.05m	
10 Lily Cains	Thornton	1.05m	
11 Laura Beaumont	Raymond Terrace	1.05m	
12 Eloise Ashley-Coop	Finley	1.00m	
13 Emily Romero	Ingleburn RSL	1.00m	
14 Raquel Walters	Dubbo	0.90m	
Alison Batley	Quakers Hill	NH	

Girls U10 - High Jump

1 Marnie Clarkson	Western Suburbs	1.42m	=RECORD
2 Celeste Sulerzyski	Albion Park	1.37m	
3 Lyndal Schnabel	Sutherland	1.35m	
4 Brooke Salzmann	Illawong	1.35m	
5 Eve Thomas	Port Macquarie	1.31m	
6 Emma Sue Greentree	Southlakes	1.25m	
7 Georgie McGuinness	Westlakes	1.20m	
8 Kelsey Gray	Orange	1.20m	
9 Lilli Smith	Manly Warringah	1.20m	
10 Anastasia Plummer	Hawkesbury City	1.15m	
11 Tully Brown	St George	1.15m	
12 Samadhi Wilton	Katoomba	1.10m	
13 Sarah Brown	Kurrajong Bilpin	1.10m	
13 Cameron Totaro	Ryde	1.10m	
15 Jade Cowgill	Kiama	1.05m	
15 Samantha Millerd	Tallowong Park	1.05m	

Girls U11 - High Jump

1 Katrina Shaw	Doonside	1.46m	
2 Madeleine Jones	Hornsby	1.44m	
3 Lara Newey	Cherrybrook	1.40m	
4 Lucy Marron	Shoalhaven	1.40m	
5 Brooke Emerson	Randwick Botany	1.35m	
6 Olivia Harris	Lake Illawarra	1.35m	
6 Breanna Franks	Raymond Terrace	1.35m	
8 Emily Gain	Eastlakes	1.30m	
8 Kirsty Lucas	Koorringal Wagga	1.30m	

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

8	Ruby McIntyre	Macquarie Hunter	1.30m
11	Madison Gleeson-Ro	Emu Plains	1.30m
11	Nina Osada-Phornsi	Ryde	1.30m
13	Cristina Zappia	Canterbury	1.30m
14	Lauren Russell	Kurrajong Bilpin	1.30m
15	Ruby Carroll	Douglas Park	1.25m
16	Bridget Holloway	South Eastern	1.25m

Girls U12 - High Jump

1	Larni Cowgill	Kiama	1.56m
2	Alysha Burnett	Northern Districts	1.52m
3	Charbella Nandan	Bankstown Sports	1.50m
4	Mercy Agbeze	Gosford	1.45m
5	Keily Dober	Manly Warringah	1.45m
6	Lucy Jaeger	Gunnedah	1.45m
7	Jordan Douglas	Young and District	1.45m
8	Erin Chard	Kiama	1.40m
8	Jaiden Walker	Stuarts Point	1.40m
10	Shannon Stephens	Sutherland	1.40m
11	Madison Mooney	Revesby Workers	1.35m
12	Bridget O'Connell	Randwick Botany	1.35m
12	Talisha Maruta	Colyton St Clair	1.35m
14	Keely Oehm	Kurrajong Bilpin	1.35m
15	Rhiannon Moran	Walcha	1.30m
16	Taylor Bryant	Colyton St Clair	1.30m

Girls U13 - High Jump

1	Becky Clark	Cherrybrook	1.61m
2	Toni Anderson	Sutherland	1.59m
3	Julia Scott	Tamworth	1.57m
4	Rowenn Turvey	Albion Park	1.50m
4	Nirvana Makings	Lismore	1.50m
6	Sarah Watts	Hills District	1.50m
7	Sachi Kayama	Ryde	1.50m
8	Molly Dugan	Northern Illawarra	1.45m
8	Amelia Leard	Lithgow	1.45m
8	Georgie Hatch	Eastern Suburbs	1.45m
11	Haani McInerney	Ingleburn RSL	1.35m
11	Samantha Kerr	Lismore	1.35m
13	Danica Bird	Jamison	1.35m
13	Tori Wilton	Cowra	1.35m
15	Clare Woods	Revesby Workers	1.30m
16	Lauren Simmons	Liverpool City	1.25m

Girls U14 - High Jump

1	Aleksandra Punosev	Green Valley	1.65m
1	Madeleine Bird	Tuggerah Lakes M	1.65m
3	Julia O'Shea	Bathurst	1.65m
4	Amanda Kerr	Lismore	1.65m
5	Gabrielle Ralphs	Hills District	1.60m
5	Josie Nichol	Balmain	1.60m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

7	Philippa Williams	Cherrybrook	1.60m
8	Nicole Gusman	Sawtell-Toormina	1.60m
9	Yasmin Akauola	Northern Illawarra	1.55m
10	Matilda Werner	Port Hacking	1.55m
11	Kiri Farmer	Illawong	1.50m
11	Taylor Cason	Penrith Valley	1.50m
13	Tamika Bostock	Lithgow	1.50m
14	Maddie Pirie	Revesby Workers	1.45m
14	Cassandra Bailey	Macquarie Hunter	1.45m
16	Stephanie Moore	Cowra	1.45m

Girls U15 - High Jump

1	Emily Crutcher	Grenfell	1.71m
2	Taylor King	Albion Park	1.69m
3	Sara Klein	Kurrajong Bilpin	1.59m
4	Bronwen Greenfield	Illawong	1.59m
5	Jessica Mitchell	Parramatta	1.59m
6	Carole Worboys	Bankstown Sports	1.50m
6	Alinta Williams	Ingleburn RSL	1.50m
6	Charlotte Hepworth	Manly Warringah	1.50m
9	Courtney Steele	Quirindi	1.50m
9	Nicole Barden	Manly Warringah	1.50m
11	Taleigha Gillin	Nambucca District	1.50m
11	Kate Caccamo	St George	1.50m
13	Jessica Tomassini	Wollongong City	1.45m
14	Krista Hackenberg	Colyton St Clair	1.45m
15	Katie Axelsen	Armidale	1.40m

Girls U17 - High Jump

1	Candice Ockert	Holroyd	1.58m
2	Tamika Wilson	Medowie	1.58m
3	Eloise Cook	Parramatta	1.52m
4	Priyanthi Pathiran	Hornsby	1.45m
5	Erin Keating	Edgeworth	1.45m
6	Sarah Riggs	Port Hacking	1.45m
7	Erica McCarthy	Parramatta	1.45m
8	Ashley Brown	Penrith Valley	1.45m
9	Nicola Hutton	Eschol Park	1.40m
10	Emily Reichler	St Georges Basin	1.35m

Girls U9 - Long Jump

1	Eliza Trevena	Holroyd	4.07m
2	Sarah Playford	Northern Districts	3.77m
3	Tara Campbell	Doonside	3.73m
4	Chyna Tavai-Willia	Bankstown Sports	3.71m
5	Jamie Blackler	Tamworth	3.67m
6	Sarah Johnston	Albion Park	3.61m
7	Sina Wildraut	Illawong	3.57m
8	Casey O'Sullivan	Werrington	3.55m
9	Kiara Richardson	Lismore	3.45m
10	Ella Johns	Bathurst	3.41m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

11	Georgia McEwan	Lake Illawarra	3.40m
12	Tiana Jaber	Kings Langley	3.36m
13	Angela Priftis	Randwick Botany	3.36m
14	Georgia Little	Maitland	3.28m
15	Rachel Vaughan	Winston Hills	3.13m
16	Jade Culey	Jamison	3.09m

Girls U10 - Long Jump

1	Ruby Smith	Wallsend RSL	4.28m
2	Stevie Donougher	Port Hacking	4.17m
3	Brooke Salzmann	Illawong	4.05m
4	Lyndal Schnabel	Sutherland	4.05m
5	Sarah Healey	Ku-Ring-Gai	4.02m
6	Emma Sue Greentree	Southlakes	4.02m
7	Emily Matthews	Bathurst	4.01m
8	Tyler Sparks	Quakers Hill	3.97m
9	Celeste Sulerzyski	Albion Park	3.78m
10	Olivia Creswick	Greystanes	3.68m
11	Adrienne Baxter	Nepean	3.68m
12	Georgia Lee	Gosford	3.62m
13	Hannah Morson	Camden Haven	3.50m
14	Keisha Allen	Springwood	3.42m
15	Deyana Trikalotis	Blacktown	3.38m
16	Melanie Oswald	Dapto	3.27m

Girls U11 - Long Jump

1	Madeleine Jones	Hornsby	4.54m
2	Chloe Docker	Albion Park	4.53m
3	Sherryn Micallef	Wollongong City	4.44m
4	Rachel Pace	Riverstone	4.42m
5	Katie Smee	Raymond Terrace	4.28m
6	Christine Wang	Northern Suburbs	4.22m
7	Lauren Provost	Jamison	4.18m
8	Melanie Ruse	Jamison	4.04m
9	Abbey Gillam	Campbelltown Collegians	4.01m
10	Breanna Franks	Raymond Terrace	3.98m
11	Rachel Tomlins	Sutherland	3.93m
12	Gabrielle Bootes	Campbelltown Collegians	3.81m
13	Monique Sawarsin	Sawtell-Toormina	3.80m
14	Faith Estil	Girraween	3.79m
15	Christina Ribeiro	Doonside	3.58m
16	Brigette Jasprizza	Orange	3.52m

Girls U12 - Long Jump

1	Sara Marshall	Gosford	5.08m
2	Katrina Hunt	Northern Suburbs	4.91m
3	Phoebe Deskovic	Cherrybrook	4.89m
4	Audrey Kyriacou	Randwick Botany	4.83m
5	Courtney Anderson	Port Macquarie	4.80m
6	Samantha Geddes	Port Hacking	4.67m
7	Emily Mulcahy	Port Stephens	4.56m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

8	Akua Frimpong	Blacktown	4.53m
9	Rachael Brown	Port Hacking	4.46m
10	Abby Schmiedel	Tamworth	4.39m
11	Sherryl Lition	Nyngan	4.39m
12	Jane Garraway	Koorringal Wagga	4.36m
13	Alicia Blackett	Kurrajong Bilpin	4.35m
14	Larni Cowgill	Kiama	4.34m
15	Lisa Kilroy	Cranebrook	4.17m
16	Madelaine Malyon	Randwick Botany	4.17m

Girls U13 - Long Jump

1	Brooke Giffen	Illawong	5.21m
2	Joanne Kilititi	Doonside	5.15m
3	Mihaela Grnovic	Blacktown	5.08m
4	Tiana Penitani	Eastern Suburbs	4.96m
5	Rowenn Turvey	Albion Park	4.76m
6	Maddie Campton	Kurri Kurri	4.59m
7	Sachi Kayama	Ryde	4.57m
8	Charlotte Jasprizz	Orange	4.55m
9	Madelaine Holbeach	St George	4.46m
10	Lauren Harrison	Ku-Ring-Gai	4.43m
11	Jessica Bloomfield	Port Macquarie	4.38m
12	Kate Bonser	Balmain	4.30m
13	Lacey Bruce	Shoalhaven	4.30m
14	Hannah Jones	Gosford	4.30m
15	Courtney Evans	Colyton St Clair	4.29m

Girls U14 - Long Jump

1	Melissa Farrington	Northern Suburbs	5.37m
2	Caitlin Heeps	Jamison	5.26m
3	Josie Nichol	Balmain	5.15m
4	Natalie Apikotoa	Kings Langley	5.02m
5	Dejane Defoe	Mt Druitt	4.95m
6	Gabriella Rhodes	Cowra	4.92m
7	Millie Smyth	Gunnedah	4.78m
8	Mikaela White	Gloucester	4.76m
9	Philippa Williams	Cherrybrook	4.75m
10	Skye Ryan	Albion Park	4.74m
11	Gabrielle Ralphs	Hills District	4.70m
12	Matilda Werner	Port Hacking	4.69m
13	Aleksandra Punosev	Green Valley	4.66m
14	Ivana Nikitovic	Bankstown Sports	4.60m
15	Susannah Brown	Armidale	4.53m
16	Tobey Madden	Canterbury	4.50m
17	Yasmin Akauola	Northern Illawarra	4.40m

Girls U15 - Long Jump

1	Courtney Cross	Hornsby	5.49m
2	Taylor King	Albion Park	5.34m
3	Rachel Shaw	Bowral	5.25m
4	Sara Klein	Kurrajong Bilpin	5.22m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

5	Savannah Walker	Stuarts Point	5.01m
6	Kara Lorentzen	Wallsend RSL	4.98m
7	Emily Duve	Cherrybrook	4.98m
8	Mikhaila Gray	Orange	4.90m
9	Stephanie Lucic	Mt Pritchard	4.75m
10	Emma Johnson	Campbelltown Collegians	4.69m
11	Alicia Garling	Campbelltown Collegians	4.64m
12	Rachel Perry	Port Hacking	4.60m
13	Courtney Steele	Quirindi	4.54m
14	Daniella Costa Lei	Ku-Ring-Gai	3.44m

Girls U17 - Long Jump

1	Talissa Scott	Kiama	5.65m
2	Brianna Tisdell	Medowie	5.61m
3	Jacqui Fry	Greystanes	5.29m
4	Karina Bangel	Kurrajong Bilpin	4.99m
5	Petrisse Herbert	Macquarie Hunter	4.87m
6	Natalie Burns	Wollongong City	4.82m
7	Kathleen Tay	Ryde	4.78m
8	Priyanthi Pathiran	Hornsby	4.77m
9	Ashleigh Noble	Singleton	4.58m
10	Kirsty Honey	Albion Park	4.56m
11	Tamara Mossfield	Kurrajong Bilpin	4.47m
12	Georgia Edis	Northern Suburbs	4.44m
13	Nicola Hutton	Eschol Park	4.25m
14	Nicole Manzanera	Randwick Botany	4.07m
15	Alexandria Gatsios	Bankstown Sports	4.06m
16	Rebecca Cartwright	Kurrajong Bilpin	4.00m

Girls U11 - Triple Jump

1	Madeleine Jones	Hornsby	9.61m
2	Lauren Russell	Kurrajong Bilpin	8.98m
3	Charly-Rose Dunne	Eastern Suburbs	8.93m
4	Katrina Shaw	Doonside	8.89m
5	Emma McGuigan	Randwick Botany	8.85m
6	Emily Campbell	Gosford	8.81m
7	Lara Fitton	Wollongong City	8.72m
8	Claudia Flynn	Wollongong City	8.59m
9	Monique Sawarsin	Sawtell-Toormina	8.51m
10	Faith Estil	Girraween	8.50m
11	Emma Frost	Northern Districts	8.43m
12	Jada Cayanan	Blacktown	8.38m
13	Becky Smyth	Gunnedah	8.32m
14	Hayley Bonser	Balmain	8.29m
15	Maddie Harvey	Dubbo	8.13m
16	Grace Weir	Macquarie Hunter	8.07m

Girls U12 - Triple Jump

1	Phoebe Deskovic	Cherrybrook	10.35m
2	Katrina Hunt	Northern Suburbs	10.27m
3	Audrey Kyriacou	Randwick Botany	10.02m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Madaleine Rushton	Cranebrook	9.90m
5	Emily Mulcahy	Port Stephens	9.87m
6	Sherryl Lition	Nyngan	9.79m
7	Akua Frimpong	Blacktown	9.74m
8	Ebony Blake	Nyngan	9.65m
9	Larni Cowgill	Kiama	9.54m
10	Amelia Suters	Manly Warringah	9.38m
11	Megan Doran	Muswellbrook	9.12m
12	Jaiden Walker	Stuarts Point	8.96m
13	Rachael Brown	Port Hacking	8.94m
14	Jade Grant	Jamison	8.75m
15	Genevieve Nisbet	Illawong	8.68m
16	Tiana Williams	Sutherland	8.62m

Girls U13 - Triple Jump

1	Joanne Kilititi	Doonside	11.16m
2	Mihaela Grnovic	Blacktown	10.90m
3	Lacey Bruce	Shoalhaven	10.61m
4	Alison Ruse	Jamison	10.23m
5	Kate Bonser	Balmain	10.20m
6	Rachael Jack	Ambarvale	9.94m
7	Madelaine Holbeach	St George	9.78m
8	Regan Yerbury	Sutherland	9.78m
9	Jessica Bloomfield	Port Macquarie	9.57m
10	Rowenn Turvey	Albion Park	9.55m
11	Sachi Kayama	Ryde	9.27m
12	Becky Clark	Cherrybrook	9.25m
13	Maddie Campton	Kurri Kurri	9.25m
14	Charlotte Jasprizz	Orange	8.98m
15	Hannah Yates	Gloucester	8.88m

Girls U14 - Triple Jump

1	Dejane Defoe	Mt Druitt	10.55m
2	Kiri Farmer	Illawong	10.50m
3	Millie Smyth	Gunnedah	10.46m
4	Matilda Werner	Port Hacking	10.39m
5	Xin Yue(Daisy) Din	Northern Suburbs	10.34m
6	Josie Nichol	Balmain	10.31m
7	Skye Ryan	Albion Park	10.25m
8	Aleksandra Punosev	Green Valley	10.20m
9	Kelsey Ryall	East Maitland	10.19m
10	Elizabeth Clay	Hornsby	10.01m
11	Gabrielle Ralphs	Hills District	9.97m
12	Sophie Stanton	Koorringal Wagga	9.88m
13	Jocelyn Francken	Katoomba	9.88m
14	Talisa Miller	Gunnedah	9.59m
15	Danika Heron	Shoalhaven	9.44m

Girls U15 - Triple Jump

1	Taylor King	Albion Park	11.22m
2	Mikhaila Gray	Orange	10.80m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

3	Rachel Shaw	Bowral	10.79m
4	Laura Bonzo	Adamstown	10.69m
5	Maddie Thornton	Ku-Ring-Gai	10.43m
6	Kara Lorentzen	Wallsend RSL	10.40m
7	Emily Coppins	Thornton	10.28m
8	Lucy Charlton	Cherrybrook	10.26m
9	Brinagh M'Gee	Sutherland	10.15m
10	Emily Duve	Cherrybrook	10.03m
11	Kate Caccamo	St George	10.01m
12	Georgia Marshall	Penrith Valley	9.84m
13	Suma Katti	Campbelltown Collegians	9.69m
14	Melissa Swan	Bankstown Sports	9.67m

Girls U17 - Triple Jump

1	Amy Nelson	Kurrajong Bilpin	11.30m
2	Petrise Herbert	Macquarie Hunter	11.09m
3	Michelle Jenneke	Cherrybrook	11.00m
4	Tamara Mossfield	Kurrajong Bilpin	10.88m
5	Natalie Burns	Wollongong City	10.41m
6	Elana Withnall	Old Bar	10.34m
7	Kathleen Tay	Ryde	10.27m
8	Meryn Denning	Hills District	10.04m
9	Natalie Crane	Springwood	10.00m
10	Freya King	West Wyalong	9.91m
11	Tamika Wilson	Medowie	9.86m
12	Sarah Riggs	Port Hacking	8.84m
13	Tegan Hope	Randwick Botany	8.57m
14	Shannon Drayton-Ta	Everley Park	7.63m

Girls U9 - Shot Put

1	Kristina Moore	Cherrybrook	8.04m
2	Jasmine Moeroa	Doonside	7.72m
3	Mallory Bassett	Hornsby	7.38m
4	Renee Fassolis	Douglas Park	6.57m
5	Emma Hutchison	Gilgandra	6.44m
6	Alana Sanchez Sidi	Tiger Wests	6.36m
7	Lauren Mapusua	Randwick Botany	6.32m
8	Hannah Kriz	Wellington	6.21m
9	Nicole Chaney	Gosford	6.12m
10	Sina Wildraut	Illawong	5.88m
11	Rachel Burnett	Dapto	5.80m
12	Renee Woods	Nambucca District	5.43m
13	Olivia Rotunno	Blacktown	5.38m
14	Samantha Allen	Kurri Kurri	5.36m
15	Jade Cannon	Macquarie Hunter	5.21m
16	Georgia Dengate	Werrington	5.10m

Girls U10 - Shot Put

1	Grace Robinson	St George	11.63m
2	Annabel McDermott	Ku-Ring-Gai	7.71m
3	Caitlyn Mackie	Gilgandra	7.67m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Paige Farrant	Gosford	7.67m
5	Morgan Haimau-Ikih	Cardiff	7.63m
6	Brooke Srbinovski	Randwick Botany	7.47m
7	Sofie Langenbaker	Tamworth	7.16m
8	Natalia Mageropoul	Northern Districts	6.89m
9	Olivia Broadhead	Penrith Valley	6.83m
10	Shannon Burchell	Bankstown Sports	6.77m
11	Samantha Peace	Shoalhaven	6.73m
12	Belinda Carrasco	Lake Illawarra	6.71m
13	Angela Williams	Adamstown	6.50m
14	Shanaya Mamo	Blacktown	6.25m
15	Brooke Salzman	Illawong	5.93m
16	Rachel Lipscombe	Blacktown	5.43m

Girls U11 - Shot Put

1	Jamie Farrant	Gosford	10.57m
2	Akaylah Leef	Wyong	10.35m
3	Molly Darrington	Narrandera	10.21m
4	Emma-Joyce Croker	Forster/Tuncurry	9.76m
5	Brooke Pembleton	Koorringal Wagga	9.61m
6	Taylor Minslow	Randwick Botany	9.37m
7	Emma Frost	Northern Districts	9.13m
8	Amelia Schubert	Port Hacking	9.03m
9	Emily Rotunno	Blacktown	8.54m
9	Jaimie-Lee Rios	St George	8.54m
11	Grace Jeffery	Macquarie Hunter	8.47m
12	Taela Bushell	Werrington	8.32m
13	Chloe Docker	Albion Park	8.12m
14	Monique Taukamo	Randwick Botany	7.82m
15	Emma Steltenpool	Nepean	7.12m

Girls U12 - Shot Put

1	Juanita Lloyd	Bankstown Sports	12.59m
2	Isabella Lawrence	Macquarie Hunter	12.20m
3	Monica Dimon	Port Hacking	11.44m
4	Francesca Mayol	Winston Hills	11.32m
5	Alysha Burnett	Northern Districts	11.10m
6	Brigitta Holland	Grenfell	10.92m
7	Felicity Burnett	North Rocks	10.71m
8	Kyara Nean	Wallsend RSL	10.47m
9	Tahlia Tupaea	Emu Plains	9.93m
10	Tania Minutolo	Port Hacking	9.44m
11	Katrina Inzitari	Douglas Park	9.38m
12	Jessica Stikovic	Western Blues	9.31m
13	Kiera Garling	Dubbo RSL	9.27m
14	Gabrielle Taylor	Wallsend RSL	9.15m
15	Talisha Maruta	Colyton St Clair	8.81m

Girls U13 - Shot Put

1	Taylah Sengul	Winston Hills	14.01m
2	Filoi Aokuso	Blacktown	13.64m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

3	Paletina Lemi	Winston Hills	13.29m
4	Samantha Farrant	Gosford	12.77m
5	Tai Denicaucau	Lithgow	12.60m
6	Mariella Hurtado	Smithfield	11.35m
7	Maria Fagatuai	Bankstown Sports	11.01m
8	Tania Fassolis	Douglas Park	10.01m
9	Karina Harland	Kempsey	9.63m
10	Emily Butcher	Macquarie Hunter	9.35m
11	Molly Dugan	Northern Illawarra	8.93m
12	Kirsty Robins	Penrith Valley	8.80m
13	Caitlin Williams	Northern Illawarra	8.64m
14	Alyssa Edwards	Shoalhaven	8.37m
15	Ellyn Casey	Raymond Terrace	8.28m

Girls U14 - Shot Put

1	Rachelle Grozde	Albion Park	13.26m
2	Abby Moroney	Camden	12.33m
3	Gabrielle Ralphs	Hills District	11.72m
4	Bianca Tassone	Cessnock	11.34m
5	Daniela Mayol	Winston Hills	10.95m
6	Bridey Mulder	Woodberry & Dist	10.23m
7	Demi Fassolis	Nepean	9.96m
8	Eliza Cepak	Northern Suburbs	9.58m
9	Gabriella Galea	Nepean	9.20m
10	Rachell Sharne	Smithfield	8.53m
11	Katrina Blackett	Kurrajong Bilpin	8.45m
12	Brittany Dickson	Smithfield	8.41m
13	Taylor-Jane Villis	Eschol Park	8.02m
14	April Sullivan	Albion Park	6.72m

Girls U15 - Shot Put

1	Kristy Dingwall	Smithfield	14.21m
2	Emily Bills	Parramatta	12.88m
3	Kini Chapple	Nepean	12.40m
4	Asalia Fagatuai	Bankstown Sports	12.37m
5	Tepa Lemi	Winston Hills	11.94m
6	Alice Iosefo	St George	11.80m
7	Courtney Cross	Hornsby	11.49m
8	Gemma Bylos	Old Bar	10.72m
9	Emily Debrot	Albion Park	10.48m
10	Kristee Sharne	Smithfield	10.40m
11	Zoe Heath	Western Blues	10.27m
12	Rachel Johnson	Mudgee	9.80m
13	Laura Darrington	Narrandera	9.48m
14	Alice Read	Tamworth	9.03m
15	Kate Ives	Macquarie Hunter	8.95m
16	Francesca Ritchie	Katoomba	8.75m

Girls U17 - Shot Put

1	Ruby Morris	Lismore	11.99m
2	Tianna Cummings	Macquarie Hunter	11.02m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

3	Moana Hefferman	Holroyd	10.91m
4	Nicole Fassolis	Douglas Park	10.32m
5	Amy Nolan	Prospect	9.39m
6	Amanda Leabeater	Parramatta	9.37m
7	Jessica Maxwell	Glenbrook	8.75m
8	Tori Middlebrook	Nepean	8.73m
9	Laura Flanagan	Girraween	8.32m
10	Kate Edwards	Shoalhaven	8.17m
11	Natalie Herbert	Forbes	7.84m
12	Nicole Dahlberg	Winston Hills	7.71m
13	Mahsa Javam	Winston Hills	7.57m

Girls U9 - Discus

1	Jasmine Moeroa	Doonside	28.41m
2	Mallory Bassett	Hornsby	27.62m
3	Kristina Moore	Cherrybrook	26.88m
4	Sina Wildraut	Illawong	25.71m
5	Jordann Johnson	Southlakes	24.18m
6	N'Dea Rumble	Armidale	23.30m
7	Mikaela Donovan	Stuarts Point	22.60m
8	Rachel Burnett	Dapto	21.74m
9	Emily Kermond	Bankstown Sports	17.23m
10	Hannah Kriz	Wellington	16.59m
11	Angela Prince	Northern Suburbs	16.04m
12	Rhomee Gaffey	Kurrajong Bilpin	15.99m
13	Natasha Penitani	Eastern Suburbs	15.63m
14	Shaye-Lee Frier	Lake Illawarra	15.49m
15	Reese Bacon	Ingleburn RSL	15.04m

Girls U10 - Discus

1	Grace Robinson	St George	35.30m
2	Samantha Peace	Shoalhaven	27.59m
3	Natalia Mageropoul	Northern Districts	27.37m
4	Shannon Burchell	Bankstown Sports	26.38m
5	Hannah Southwell	Adamstown	24.86m
6	Belinda Carrasco	Lake Illawarra	24.80m
7	Bethany Parker	Kings Langley	24.64m
8	Tiana Hazlewood	Northern Districts	23.03m
9	Shanaya Mamo	Blacktown	22.21m
10	Lana Duffy	Koorringal Wagga	21.26m
11	Marnie Clarkson	Western Suburbs	21.22m
12	Dorothea Makrydima	Liverpool City	20.94m
13	Ashlee Harrison	Doonside	19.12m
14	Sophie Saunders	Quirindi	18.77m
15	Irene Minutolo	Port Hacking	18.04m
16	Mel Coyne	Westlakes	13.72m

Girls U11 - Discus

1	Jamie Farrant	Gosford	31.04m
2	Molly Darrington	Narrandera	28.38m
3	Akaylah Leef	Wyong	27.65m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

4	Taylor Minslow	Randwick Botany	24.34m
5	Aimee Harvey	Parramatta	23.98m
6	Susie Seitaridis	Lake Illawarra	23.66m
7	Emilia Bulloch	Campbelltown Collegians	23.38m
8	Brooke Peel	Lockhart	22.63m
9	Emma Steltenpool	Nepean	20.98m
10	Samantha Moore	Warradale	19.79m
11	Winona Rumble	Armidale	18.02m
12	Natalia Robson	Sawtell-Toormina	17.84m
13	Bronte Roberts	Raymond Terrace	16.88m
	Amelia Schubert	Port Hacking	ND
	Natasha Stork	Glenbrook	ND

Girls U12 - Discus

1	Juanita Lloyd	Bankstown Sports	35.42m
2	Jessica Stikovic	Western Blues	33.43m
3	Monica Dimon	Port Hacking	32.41m
4	Brigitta Holland	Grenfell	31.91m
5	Alysha Burnett	Northern Districts	31.72m
6	Francesca Mayol	Winston Hills	31.52m
7	Alysia Gardner	Albion Park	30.08m
8	Isabella Lawrence	Macquarie Hunter	29.69m
9	Katrina Inzitari	Douglas Park	26.18m
10	Caillie Dunne	Northern Suburbs	25.99m
11	Jade Grant	Jamison	25.41m
12	Tania Minutolo	Port Hacking	23.09m
13	Stephanie Vowles	Lake Illawarra	22.97m
14	Alys Drury	Edgeworth	18.75m
15	Bridget Farkas	Prospect	18.74m
16	Bianca Fitzsimmons	Raymond Terrace	17.91m

Girls U13 - Discus

1	Taylah Sengul	Winston Hills	49.57m	RECORD
2	Filoi Aokuso	Blacktown	47.91m	
3	Tai Denicaucau	Lithgow	43.89m	
4	Samantha Farrant	Gosford	38.40m	
5	Emily Butcher	Macquarie Hunter	35.79m	
6	Tania Fassolis	Douglas Park	34.56m	
7	Sarah Willmott	Macquarie Hunter	34.37m	
8	Paletina Lemi	Winston Hills	32.76m	
9	Mariella Hurtado	Smithfield	31.88m	
10	Maria Fagatuai	Bankstown Sports	31.57m	
11	Karina Harland	Kempsey	27.80m	
12	Kyrah Hush	Shoalhaven	27.45m	
13	Rachael Hough Devi	Randwick Botany	26.83m	
14	Kirsty Robins	Penrith Valley	23.77m	
15	Molly Dugan	Northern Illawarra	22.37m	

Girls U14 - Discus

1	Abby Moroney	Camden	40.19m
2	Rachelle Grozde	Albion Park	35.95m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

3	Eliza Cepak	Northern Suburbs	32.50m
4	Natalie Apikotoa	Kings Langley	32.48m
5	Susannah Brown	Armidale	29.96m
6	Demi Fassolis	Nepean	29.42m
7	Jean Harvey	Parramatta	29.37m
8	Monique Wanstall	Campbelltown Collegians	27.91m
9	Phillipa Taylor	Forbes	26.62m
10	Bridey Mulder	Woodberry & Dist	26.58m
11	Taylor-Jane Willis	Eschol Park	26.46m
12	Gabriella Galea	Nepean	25.95m
13	Stephanie Farmakid	Port Hacking	24.00m
14	Sara Hedges	Singleton	21.31m
15	Katrina Blackett	Kurrajong Bilpin	20.45m

Girls U15 - Discus

1	Kristy Dingwall	Smithfield	39.28m
2	Cassie Hewitt	Hills District	38.01m
3	Tepa Lemi	Winston Hills	37.72m
4	Kini Chapple	Nepean	37.72m
5	Alice Iosefo	St George	37.64m
6	Zoe Heath	Western Blues	35.68m
7	Emily Bills	Parramatta	34.89m
8	Emily Debrot	Albion Park	33.42m
9	Kristee Sharne	Smithfield	32.19m
10	Asalia Fagatuai	Bankstown Sports	30.56m
11	Gemma Bylos	Old Bar	27.56m
12	Laura Darrington	Narrandera	26.27m
13	Rachel Johnson	Mudgee	25.20m
14	Francesca Ritchie	Katoomba	23.56m
15	Karen Wilcocks	Inverell	21.11m

Girls U17 - Discus

1	Brydee Clarke	Koorringal Wagga	39.92m
2	Nicole Fassolis	Douglas Park	37.15m
3	Tianna Cummings	Macquarie Hunter	36.30m
4	Moana Heffernan	Holroyd	34.14m
5	Amanda Leabeater	Parramatta	29.30m
6	Bridie Norman	Randwick Botany	29.22m
7	Ruby Morris	Lismore	28.98m
8	Elizabeth Borg	Lake Illawarra	27.38m
9	Amy Nolan	Prospect	25.69m
10	Natalie Herbert	Forbes	25.64m
11	Mahsa Javam	Winston Hills	24.07m
12	Caitlin Lowe	Winston Hills	22.31m
13	Jessica Maxwell	Glenbrook	21.51m

Girls U13 - Javelin

1	Taylah Sengul	Winston Hills	45.91m	RECORD
2	Molly Dugan	Northern Illawarra	36.71m	
3	Filoi Aokuso	Blacktown	33.70m	
4	Casey Judge	Tuggerah Lakes M	32.39m	

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

5	Tania Fassolis	Douglas Park	31.03m
6	Samantha Farrant	Gosford	29.88m
7	Tomasin Clark	Sutherland	29.72m
8	Luisa Moriso	Blacktown	29.55m
9	Katie Haywood	Eastern Suburbs	24.93m
10	Alyssa Edwards	Shoalhaven	24.11m
11	Alix Oseland	East Maitland	23.28m
12	Kirsty Robins	Penrith Valley	22.23m
13	Shanelle Lawrance	Edgeworth	16.88m

Girls U14 - Javelin

1	Catherine Smith	Port Hacking	33.90m
2	Rachelle Grozde	Albion Park	33.02m
3	Phillipa Taylor	Forbes	32.96m
4	Sheridan Marks	Hornsby	32.62m
5	Matilda Werner	Port Hacking	30.43m
6	Rebecca Riggs	Port Hacking	30.03m
7	Eliza Cepak	Northern Suburbs	29.07m
8	Alix Waddell	Jamison	29.00m
9	Daniela Mayol	Winston Hills	28.39m
10	Stephanie Farmakid	Port Hacking	26.83m
11	Bianca Tassone	Cessnock	26.32m
12	Gabriella Galea	Nepean	25.69m
13	Emma-Leigh Maley	Penrith Valley	25.67m
14	Emily Warden	Shoalhaven	25.44m
15	Cassandra Bailey	Macquarie Hunter	22.38m
16	Ebony James	Macquarie Hunter	18.88m

Girls U15 - Javelin

1	Emily Debrot	Albion Park	39.59m
2	Victoria McKnight	Wellington	32.44m
3	Sarah Bowden	Helensburgh	30.84m
4	Kini Chapple	Nepean	30.77m
5	Cassie Hewitt	Hills District	30.20m
6	Breannan Ryan-Hill	Kurri Kurri	28.91m
7	Georgia Marshall	Penrith Valley	27.79m
8	Stephanie Gordon	Dubbo RSL	27.72m
9	Brianna Murray	Winston Hills	27.02m
10	Christina Fassolis	Douglas Park	26.52m
11	Kristee Sharne	Smithfield	26.40m
12	Courtney Wilcox	Colyton St Clair	25.65m
12	Stephanie Ambrose	Bankstown Sports	25.65m
14	Rhiannon Howard	Macquarie Hunter	23.59m

Girls U17 - Javelin

1	Alison Severino	Port Hacking	39.34m
2	Nicole Fassolis	Douglas Park	38.77m
3	Tegan Smith	Tamworth	36.96m
4	Katie Lawrence	East Maitland	34.19m
5	Tianna Cummings	Macquarie Hunter	32.19m
6	Nicole Dahlberg	Winston Hills	31.35m

Little Athletics N.S.W.
State Track & Field Championships
20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre

RESULTS

7	Sarah Riggs	Port Hacking	30.66m
8	Amanda Leabeater	Parramatta	28.40m
9	Rhianna Brown	Cherrybrook	26.77m
10	Emily Reichler	St Georges Basin	25.38m
11	Amy Nolan	Prospect	24.50m
12	Tamara Mossfield	Kurrajong Bilpin	23.16m
13	Georgia Cluff	Gilgandra	21.83m
14	Amy O'Leary	Peak Hill	19.48m
15	Ashlea Rodman	Penrith Valley	17.44m