

Little Athletics N.S.W.
State Track & Field Championships
19, 20 & 21 March, 2010 at Sydney Olympic Park Athletics Centre

RESULTS
Friday Field Events

Event 1 Girls U 12 - High Jump

=====
 State: S 1.63m 15/03/1980 Kellie Farrell, Gosford
 State: S 1.63m 15/03/1986 Sonja Wennekes, Sutherland
 =====

	Name	Age	Team	Final
1	12 Katrina Shaw		Doonside	1.54m
2	200 Scarlett Wynn		Illawong	1.52m
3	49 Lara Newey		Cherrybrook	1.52m
4	200 Madeleine Jones		Hornsby	1.50m
5	55 Nina Osada-Phornsi		Ryde	1.50m
6	120 Sarah Harre		Grafton	1.45m
6	7 Brooke Peel		Lockhart	1.45m
8	103 Chelsea Tresidder		Wallsend Rsl	1.45m
9	225 Lauren Russell		Kurrajong Bilpin	1.40m
9	250 Gabriella Velevska		Illawong	1.40m
11	17 Laura Towell		Revesby Workers	1.40m
12	28 Grace Weir		Macquarie Hunter	1.40m
13	5 Kirsty Lucas		Koorringal Wagga	1.35m
14	9 Lucy Marron		Shoalhaven	1.30m
15	5 Taylor Garrett		Penrith Valley	1.30m
15	68 Olivia-Rose McEwan		Lake Illawarra	1.30m

Event 2 Boys U 12 - High Jump

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 State: S 1.72m 21/03/2009 Thibaut Potin, Illawong
 =====

	Name	Age	Team	Final
1	5 Max Winter		Forster/Tuncurry	1.56m
2	270 Bailey Simonson		Manly Warringah	1.54m
3	646 Max Le Ban		Manly Warringah	1.54m
4	492 Shadi Bahlawan		Girraween	1.54m
5	57 Alex Lawrence		Koorringal Wagga	1.50m
6	50 Jack Fowler		Albion Park	1.45m
7	200 Jordan Pateman		Port Macquarie	1.45m
7	3 Ben Tarlinton		Katoomba	1.45m
9	371 Joshua Zucchiatti		Mosman	1.45m
10	4 Lewis Hughes		Springwood	1.45m
11	66 Joel Wheatley		Girraween	1.40m
11	136 Callen Meir		Edgeworth	1.40m
13	350 Oscar Dewling		Canterbury	1.40m

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Event 3 Girls U 13 - Long Jump

=====
State: S 5.51m 24/03/1991 Leamme Richardson, Dubbo
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1	67 Audrey Kyriacou	Randwick Botany	4.88m
2	2 Phoebe Deskovic	Cherrybrook	4.82m
3	35 Sara Marshall	Northern Suburbs	4.80m
4	12 Mercy Agbeze	Gosford	4.71m
5	58 Jerona Grove	Tumut District	4.70m
6	2 Jaiden Walker	Stuarts Point	4.60m
7	198 Haley Butcherine	Orange	4.44m
8	5 Madeleine Rushton	Cranebrook	4.43m
9	15 Melissa Rogers	Finley	4.38m
10	6 Jane Garraway	Koorringal Wagga	4.36m
11	212 Alicia Blackett	Kurrajong Bilpin	4.33m
12	98 Gianna Blenkhorn	Ballina	4.33m
13	71 Samantha Geddes	Port Hacking	4.30m
14	12 Maddison Mooney	Revesby Workers	4.14m

Event 4 Boys U 17 - Long Jump

=====
State: S 6.86m 20/02/2010 Joshua Parsons, Stockton
=====

1	67 Josh Parsons	Stockton	6.74m
2	507 Justin Tarabine	Parramatta	6.65m
3	4 Jake Stein	Warradale	6.45m
4	72 Cameron Jones	Kurrajong Bilpin	6.44m
5	7 Bradley Sharne	Smithfield	6.38m
6	1 Dean Invernon	Lake Illawarra	6.33m
7	111 Malcolm Tye	Wyong	6.03m
8	6 George Ockert	Holroyd	5.91m
9	307 Lachlan Bisshopp	Port Hacking	5.78m
10	69 Jack Rodda	Shoalhaven	5.27m

Event 5 Girls U 15 - Triple Jump

=====
State: S 12.42m 21/03/2004 Alyisha House, Koorringal-Wag
=====

1	5 Natalie Apikotoa	Kings Langley	11.60m
2	15 Josie Nichol	Balmain	11.36m
3	1 Dejanee Defoe	Mt Druitt	11.26m
4	215 Natalie Otten	Kurrajong Bilpin	10.83m
5	398 Melissa Farrington	Northern Suburbs	10.74m
6	222 Matilda Werner	Port Hacking	10.72m
7	140 Xin Yue(Daisy) Din	Northern Suburbs	10.65m
8	5 Kiri Farmer	Illawong	10.63m
9	18 Cassandra Bailey	Macquarie Hunter	10.37m
10	192 Amanda Kerr	Lismore	10.24m
11	26 Nicole Gusman	Sawtell-Toormina	9.91m
12	5 Stephanie Moore	Cowra	9.83m
13	80 April Sullivan	Albion Park	9.15m
14	63 Summer Micallef	Wollongong City	9.12m

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Event 6 Boys U 14 - Triple Jump

=====
State: S 13.48m 17/03/1996 David Geddes, Manly Warringah
=====

1	321 Nathan Ramsey	Doonside	12.64m
2	50 Morgan Paterson	Northern Suburbs	12.43m
3	134 Cameron Pappas	Ryde	12.23m
4	74 Bryce Collins	Northern Suburbs	11.81m
5	197 Jack Wilson	Kurrajong Bilpin	11.37m
6	263 Harrison Welsh	Bankstown Sports	11.21m
7	4 Sarkis Esber	Holroyd	11.04m
8	148 Tayler Currie	Nepean	10.79m
9	15 Christopher Twigg	Wollongong City	10.71m
10	2 Oliver Grimson	Camden Haven	10.69m
11	345 Charlie Hoswell	Macquarie Hunter	10.05m
12	141 Joshua Gorrie	Kiama	9.99m
13	203 Lucas Millward	A.N.L.	9.98m

Event 7 Girls U 17 - Discus

=====
State: S 39.92m 21/03/2009 Brydee Clarke, Koorinal Wag
=====

1	17 Tapa Lemi	Winston Hills	39.47m
2	179 Zoe Heath	Western Blues	36.77m
3	326 Alice Iosefo	Port Hacking	36.75m
4	235 Zoe Schubert	Port Hacking	36.70m
5	217 Emily Debrot	Albion Park	35.04m
6	10 Kristee Sharne	Smithfield	33.94m
7	101 Ruby Morris	Lismore	33.37m
8	44 Tianna Cummings	Macquarie Hunter	31.46m
9	515 Rachel Hepworth	Manly Warringah	31.41m
10	262 Tori Middlebrook	Nepean	29.68m
11	5 Alice Read	Tamworth	25.19m
12	2 Claire Burnett	Dapto	24.20m
13	172 Michelle Bowd	Jamison	22.87m

Event 8 Boys U 13 - Discus

=====
State: S 53.78m 16/03/2003 Emanuele Fuanatu, Fairfield
=====

1	376 Hame Sele	St George	45.70m
2	175 Anthony Schmidt	Liverpool City	41.67m
3	7 Paulo Aokuso	Blacktown	39.34m
4	82 Jaydn Phillips	Camden	38.68m
5	6 Alec Diamond	Northern Suburbs	34.23m
6	3 Joshua Knight	Grenfell	33.98m
7	114 Corey Mackay	Winston Hills	33.94m
8	758 Aiden Cattle	West Wyalong	33.83m
9	1 Rogan Cronk	Lockhart	31.29m
10	99 Shidhanth Mudaliar	Liverpool City	30.86m
11	32 Hadi Youssef	Bankstown Sports	30.01m
12	151 Luke Batten	Tuggerah Lakes M	28.54m
13	152 Steve Borg	Lake Illawarra	28.38m
14	29 Jack Jones	Medowie	27.40m
15	13 Matthew Rees	Kurri Kurri	27.08m

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Event 9 Girls U 14 - Shot Put

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=====
State: S 14.71m 24/03/1990 Kylie Standing, Bankstown
State: S 14.71m 21/03/2004 Vika Lolo, Randwick Botany
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1	2 Filoi Aokuso	Blacktown	14.98m	RECORD
2	67 Taylah Sengul	Winston Hills	14.54m	
3	205 Tai Denicaucou	Springwood	13.43m	
4	65 Tina Lemi	Winston Hills	13.32m	
5	6 Samantha Farrant	Gosford	12.76m	
6	155 Mariella Hurtado	Smithfield	12.45m	
7	46 Katie Daymond	Narromine	11.15m	
8	14 Maddie King	Cessnock	10.00m	
9	6 Alyssa Edwards	Shoalhaven	9.75m	
10	88 Emily Butcher	Macquarie Hunter	9.52m	
11	89 Josephine Fedele	Randwick Botany	9.38m	
12	172 Zoe Hodgekiss-Garg	Albion Park	9.30m	
13	4 Kirsty Robins	Penrith Valley	9.14m	
14	96 Rebecca Gay	Girraween	8.44m	

Event 10 Boys U 15 - Shot Put

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State: S 19.41m 5/03/2005 Emanuele Fuamatu, Bankstown
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1	7 Gerard Holland	Grenfell	15.32m
2	217 Matthew Probert	Macquarie Hunter	14.51m
3	410 Jordan Mose	Bankstown Sports	14.04m
4	1 Sam Rogan	Werrington	13.38m
5	24 Rhys Donkin	Edgeworth	13.31m
6	471 Nicholas Burden	Mosman	12.73m
7	7 Thomas Studley	Edgeworth	12.64m
8	602 Alland Odisho	Randwick Botany	12.07m
9	15 Sam Callan	Bathur	11.62m
10	9 David Williams	Parramatta	11.60m
11	5 Joshua Bartley	Mt Druitt	10.99m
12	433 Dayne Vette-Welsh	Holroyd	10.81m
13	74 Matthew Carrasco	Lake Illawarra	10.25m

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Event 11 Girls U 17 - Long Jump

=====
State: S 5.70m 20/02/2009 Talissa Scott, Kiama
=====

1	73 Savannah Walker	Stuarts Point	5.42m
2	210 Michelle Jenneke	Cherrybrook	5.22m
3	2 Rachel Shaw	Bowral	5.17m
3	321 Sara Klein	Kurrajong Bilpin	5.17m
5	505 Charlotte Hepworth	Manly Warringah	4.96m
6	35 Emily Crutcher	Grenfell	4.88m
7	140 Emily Duve	Cherrybrook	4.78m
8	7 Elana Withnall	Old Bar	4.78m
9	59 Kirsty Honey	Albion Park	4.77m
10	16 Tamara Mossfield	Kurrajong Bilpin	4.69m
11	112 Emily Coppins	Thornton	4.65m
12	67 Kiara Fioravanti	Tiger Wests	4.63m
13	303 Alexandra Watt	Port Hacking	4.42m
14	3 Leyla Yilmaz	Fairfield City	4.38m
15	141 Emma Horvat	Blacktown	4.23m

Event 12 Boys U 13 - Long Jump

=====
State: S 6.11m 19/03/2006 Kurt Jenner, Mt Pritchard
=====

1	80 Dylan Bennett	Thornton	5.58m
2	16 Denzel Singleton	Hills District	5.47m
3	1 Joshua Parkinson	Tuggerah Lakes M	5.46m
4	249 Josh Pettigrew	Wallsend Rsl	5.37m
5	99 Shidhanth Mudaliar	Liverpool City	5.36m
6	97 Jye Brooker	Albion Park	5.21m
7	32 Hadi Youssef	Bankstown Sports	5.17m
8	18 Dale Thomas	Port Macquarie	5.09m
9	377 Jodan Coleman	Hills District	5.09m
10	13 Cameron Moore	Sutherland	5.00m
11	7 Ryan Griffin	Orange	4.82m
12	82 Jaydn Phillips	Camden	4.81m
13	22 Jayme McElhone	Northern Illawarra	4.74m
14	69 Nicholas Donato	Koorringal Wagga	4.69m
15	6 Jacob Green	Preston Robins	4.48m
16	268 Fadi Eid	Blacktown	4.34m

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Event 13 Girls U 14 - Triple Jump

=====
State: S 12.15m 16/03/2003 Alisha House, Koorringal-Wagg
=====

1	32	Alison Ruse	Jamison	11.41m
2	5	Lacey Bruce	Shoalhaven	11.28m
3	1	Mihaela Grnovic	Blacktown	10.69m
4	3	Kate Bonser	Balmain	10.61m
5	41	Sachi Kayama	Ryde	10.36m
6	14	Hannah Yates	Gloucester	10.33m
7	189	Jessica Bloomfield	Port Macquarie	10.19m
8	15	Amie Bruscano	Camp	10.12m
9	226	Rowenn Turvey	Albion Park	10.10m
10	4	Brooke Kirk	Doonside	9.91m
11	61	Rebecca Clark	Cherrybrook	9.89m
12	193	Samantha Kerr	Lismore	9.85m
13	12	Casey Judge	Tuggerah Lakes M	9.70m
14	45	Haani McInerney	Ingleburn Rsl	9.62m
15	92	Kirsten Nash	Albion Park	9.06m

Event 14 Boys U 15 - Triple Jump

=====
State: S 14.35m 21/03/1999 Fabrice Lapierre, Blacktown
=====

1	178	Dean Colligan	Wallsend Rsl	12.96m
2	2	David Snowdon	Kurrajong Bilpin	12.70m
3	1	Chamath Herath	Parramatta	12.39m
4	10	Jack Rogers	Orange	12.19m
5	2	Luke Dale	Sutherland	12.15m
6	213	Joshua Bingham	Lake Illawarra	12.14m
7	11	Wade Hazell	Tamworth	11.92m
8	7	Patrick Krakovsky	Ingleburn Rsl	11.38m
9	62	Max McKenzie	N.R.C.	11.01m
10	63	Jason Johnson	Narromine	10.96m
11	121	Ethan Smith	Kurrajong Bilpin	10.87m
12	39	Matthew Irwin	Tallawong Park	10.55m
13	222	Jack Hicking	Bankstown Sports	10.53m
--	201	Joshua Mawhinney	Northern Districts	FOUL
--	101	Janayah Freeman	Young and District	FOUL

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Event 15 Girls U 13 - Discus

=====
State: S 46.57m 20/03/2009 Taylah Sengul, Winston Hills
=====

1	240	Bellarina Sitauti	Doonside	40.74m
2	313	Monica Dimon	Port Hacking	40.62m
3	31	Juanita Lloyd	Bankstown Sports	40.36m
4	114	Jessica Stikovic	Western Blues	38.04m
5	183	Alysha Burnett	Northern Districts	36.96m
6	2	Brigitta Holland	Grenfell	31.17m
7	43	Alysia Gardner	Albion Park	30.78m
8	14	Isabella Lawrence	Macquarie Hunter	29.72m
9	22	Caillie Dunne	Northern Suburbs	28.50m
10	205	Dayla-Moni Tikeri	Mt Pritchard	28.37m
11	132	Tania Minutolo	Port Hacking	28.02m
12	234	Bianca Fitzsimmons	Macquarie Hunter	27.95m
13	328	Laura Pinker	Ku-Ring-Gai	26.41m
14	99	Georgina Morris	Lismore	25.55m
15	122	Codee Lee Holman	St Georges Basin	24.01m
16	13	Celeste Miaoudis	Koorinal Wagga	22.69m

Event 16 Boys U 17 - Discus

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State: S 56.17m 22/03/2009 Liam Speers, Macquarie Hunte
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1	4	Jake Stein	Warradale	52.77m
2	7	Bradley Sharne	Smithfield	47.70m
3	16	Maeva Nui Teina	Winston Hills	40.69m
4	17	Chris Harris	Cessnock	40.61m
5	537	Scott MacLennan	Ku-Ring-Gai	39.11m
6	151	Kyle Farrugia	Koorinal Wagga	38.20m
7	51	David Waller	Forster/Tuncurry	36.13m
8	67	Josh Parsons	Stockton	35.92m
9	43	James Belcher	Northern Illawarra	34.46m
10	824	Jack O'Reilly	Nepean	34.33m
11	59	Kostadin Gatsios	Bankstown Sports	34.14m
12	9	Jack Dempsey	Northern Suburbs	33.84m
13	69	Jack Rodda	Shoalhaven	26.47m
14	82	Brad Miller	Temora	24.44m

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Event 17 Girls U 15 - Shot Put

=====
State: S 14.81m 19/03/2006 Lomana Fagatuai, Ambervale
=====

1	1	Rachelle Grozde	Albion Park	13.79m
2	58	Bianca Tassone	Cessnock	11.82m
3	653	Eliza Cepak	Northern Suburbs	11.75m
4	211	Katrina Blackett	Kurrajong Bilpin	11.17m
5	471	Maave Toa	Liverpool City	11.08m
6	26	Bridey Mulder	Woodberry & Dist	10.66m
7	269	Demi Fassolis	Nepean	10.47m
8	573	Kate Young	Northern Suburbs	10.44m
9	1	Rachell Sharne	Smithfield	10.43m
10	45	Laura Herbert	Forbes	10.38m
11	3	Renee Muller	Parramatta	10.14m
12	121	Catherine Smith	Port Hacking	9.80m
13	1	Emily Warden	Shoalhaven	8.95m
14	81	Jade Sanchez-Sidir	Tiger Wests	8.68m
15	192	Amanda Kerr	Lismore	8.51m
16	202	Carol Prosser	Bathur	7.87m

Event 18 Boys U 14 - Shot Put

=====
State: S 18.73m 21/03/2004 Emanuele Fuamatu, Bankstown
=====

1	177	Tepai Moeroa	Doonside	18.27m
2	1	Michael Taylor	Western Blues	15.68m
3	241	Matai Junior Matth	Parramatta	13.51m
4	18	Justin Maloney	Nepean	13.08m
5	242	Tyson Davis	Manly Warringah	12.43m
6	512	Justin Smith	Cherrybrook	11.84m
7	5	Hayden Shaw	Bowral	11.00m
8	7	Anthony Walker	Nambucca District	10.93m
9	115	Braiden Byrnes	Leeton	10.72m
10	214	Richard Dimon	Port Hacking	10.54m
11	312	Dylan Campbell	Macquarie Hunter	9.68m
12	20	Bradley Crelley	Holroyd	9.63m
13	60	Andrew Gatsios	Bankstown Sports	9.48m
14	39	Matthew Siegert	Cowra	9.35m
15	100	Charlie Morris	Lismore	9.17m
16	7	Nicholas Morreau	West Wyalong	8.66m

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Friday Track Events

Event 1 Girls U 9 - 700 Metre Walk

Name	Age	Team	Final		
1	62	Eliza De Laine	Northern Suburbs	3:25.83	
2	268	Crystal Richardson	Nepean	3:45.50	
3	54	Brodie Walters	Tuggerah Lakes M	3:54.98	
4	6	Fiona Martin	Sawtell-Toormina	4:02.56	
5	345	Jasmyn Vesey	Liverpool City	4:07.07	
6	13	Tiana Wild	Mt Druitt	4:07.44	
7	137	Charlotte Nonnenma	Orange	4:11.54	
8	46	Bianca Gannan	Ingleburn Rsl	4:18.94	
9	41	Grace Holland	Macquarie Hunter	4:41.39	
10	86	Rose Jennings	Randwick Botany	4:45.53	
11	16	Gemma Passfield	Kurri Kurri	4:54.01	
--	332	Tiffany Poullos	Randwick Botany	DQ	Rule 230.1
--	100	Emma Davey	Wollongong City	DQ	Rule 230.1
--	22	Caitlin Grantham	Lake Illawarra	DQ	Rule 230.1
--	62	Daniela Salisbury	Ku-Ring-Gai	DQ	Rule 230.1
--	118	Kiara Hennessy	Dapto	DQ	Rule 230.1

Event 2 Boys U 9 - 700 Metre Walk

Name	Age	Team	Final		
1	134	Harrison Mavin	Ku-Ring-Gai	3:24.53	
2	9	Joseph Cowell	Ingleburn Rsl	3:40.10	
3	90	Guispee Fedele	Randwick Botany	3:40.18	
4	33	Dylan Richardson	Gosford	3:45.93	
5	163	Isaac Watts	Edgeworth	3:58.11	
6	34	Blake Dwyer-Hall	Blacktown	4:01.11	
7	2	Josh Hughes	Kempsey	4:06.38	
8	67	Jake Dollar	Colyton St Clair	4:16.26	
9	8	Tyler Woods	Milton-Ulladulla	5:08.75	
10	46	Andrew Dickerson	Dubbo	5:11.86	
11	101	James Moore	Dapto	5:26.27	
--	22	Raymond El-Haddad	Bankstown Sports	DQ	Rule 230.1
--	72	Kyle Semrov	Nepean	DQ	Rule 230.1
--	254	James Plummer	Ku-Ring-Gai	DQ	Rule 230.1
--	73	Lachlan Brown	Taree	DQ	Rule 230.1

Event 3 Girls U 10 - 1100 Metre Walk

Name	Age	Team	Final	
1	8	Abbey Dhu	Doonside	5:38.02
2	396	Leah McDonald	Parramatta	5:39.92
3	89	Raquel Roukos	Doonside	5:44.16
4	7	Ali Thomson	Hills District	5:51.81
5	553	Lauren Moses	Manly Warringah	6:12.01
6	77	Brooke Ferguson	Kurrajong Bilpin	6:29.35
7	504	Grace Greenhalgh	Randwick Botany	6:35.82
8	122	Brianna Adams	Bathur	6:35.90
9	97	Amy Henry	Illawong	6:38.89
10	41	Chloe Lavalle	Wollongong City	6:46.67

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11	92	Jessica Houston	Revesby Workers	6:56.28
12	18	Shaye-Lee Frier	Lake Illawarra	6:58.53
13	10	Chelsea Goodhew	Westlakes	6:59.22
14	127	Jada Constable	Macquarie Hunter	7:13.46
15	8	Rachel Burnett	Dapto	7:22.77
--	29	Megan Wilkinson	Kurri Kurri	DQ Rule 230.1

Event 4 Boys U 10 - 1100 Metre Walk

Name	Age	Team	Final	
1	107	Kyle Bedford	Nepean	5:35.77
2	32	James Mehan	Stockton	5:37.15
3	17	Dylan Blanch	Nambucca District	6:14.14
4	166	Travis Barendregt	Doonside	6:31.01
5	218	Riley Butler	Revesby Workers	6:33.57
6	81	Bret Owen	Kings Langley	7:21.79
7	106	Samuel Varley	Finley	7:47.68
--	396	Alexander Duffy	Port Hacking	DQ Rule 230.1
--	194	Benjamin Tisdale	Girraween	DQ Rule 230.1
--	100	Marc Zaurini	Kurrajong Bilpin	DQ Rule 230.1
--	352	Albert Baloghne	Macquarie Hunter	DQ Rule 230.1
--	75	Luke Sommerton	Kings Langley	DQ Rule 230.1
--	336	Sam Nickson	Ku-Ring-Gai	DQ Rule 230.1

Event 5 Girls U 11 - 1100 Metre Walk

Name	Age	Team	Final	
1	17	Jasmyn McDonald	Parramatta	5:16.63
2	270	Summar Richardson	Nepean	5:27.77
3	45	Sophia Dickerson	Dubbo	5:33.23
4	307	Lucinda Francis	Ku-Ring-Gai	5:33.95
5	8	Deyana Trikaliotis	Blacktown	5:39.68
6	400	Kaylah Willoughby	Randwick Botany	5:59.71
7	111	Mascey Willis	Camp	6:05.58
8	8	Renee Elliot-Watso	Holroyd	6:12.51
9	4	Carly Metcalfe	Kurri Kurri	6:21.06
10	12	Samantha Wild	Mt Druitt	6:34.11
11	4	Emily Jones	Billabong	6:48.51
12	2	Tahneia Resch	Wallsend Rsl	6:51.29
13	7	Megan Burnett	Dapto	7:28.53
14	52	Monica Gomes	Lake Illawarra	8:31.00
--	22	Amanda Cheers	Nambucca District	DQ Rule 230.1
--	31	Jo-Beth Elias	Parramatta	DQ Rule 230.1

Event 6 Boys U 11 - 1100 Metre Walk

Name	Age	Team	Final	
1	13	Jordan Glover	Hills District	5:31.65
2	101	Declan O'Connell	Randwick Botany	5:32.28
3	204	Aidan Kerr	Ku-Ring-Gai	6:00.91
4	650	Rhys Vorillas	Manly Warringah	6:32.43
5	6	Nathan Kuszelyk	Woodberry & Dist	6:41.68

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6	197	Adam Hanna	Blacktown	6:43.11	
7	50	Thomas Phillips	Wallsend Rsl	7:35.10	
8	11	Mitchell Drew-Rugg	Glenbrook	7:36.87	
9	145	Harry Broad	Bathur	7:48.31	
10	55	Tristan McIntosh	Lake Illawarra	8:07.13	
--	9	Michael Murphy	South Eastern	DQ	Rule 230.1
--	79	Karl Osborne	Ingleburn Rsl	DQ	Rule 230.1
--	22	Zaid Dubois	Stockton	DQ	Rule 230.1
--	131	Damien Owen	Kurrajong Bilpin	DQ	Rule 230.1
--	9	Damien Hay	Wagga Wagga	DQ	Rule 230.1
--	111	Joshua Cuthbert	Lake Illawarra	DQ	Rule 230.1

Event 7 Girls U 12 - 1500 Metre Walk

=====						
	Name	Age	Team	Final		
=====						
1	265	Taryn	McCaffrey	Nepean	7:41.80	
2	12	Katrina	Shaw	Doonside	7:45.02	
3	27	Rhiannon	Minett	Bankstown Sports	7:56.04	
4	71	Fiona	Bagley	Kempsey	8:23.34	
5	12	Adriana	Shina	Hills District	8:24.73	
6	22	Candice	Porley	Kurrajong Bilpin	8:41.49	
7	42	Alex	Lavalle	Wollongong City	8:56.91	
8	12	Rhianna	Lucas	Port Hacking	9:09.16	
9	44	Rebecca	Parkinson	Tuggerah Lakes M	9:10.47	
10	7	Brooke	Peel	Lockhart	9:18.35	
11	121	India	Jardim	Lake Illawarra	9:55.15	
--	331	Elleni	Poulllos	Randwick Botany	DNF	
--	227	Julia	Howard	Macquarie Hunter	DQ	Rule 230.1
--	176	Alicia	Cooke	Manly Warringah	DQ	Rule 230.1
--	15	Ashleigh	Woodford	Dapto	DQ	Rule 230.1
--	10	Natalia	Robson	Sawtell-Toormina	DQ	Rule 230.1

Event 8 Boys U 12 - 1500 Metre Walk

=====						
	Name	Age	Team	Final		
=====						
1	21	Hayden	Forbes	Tuggerah Lakes M	8:02.56	
2	351	Lucas	Anlezark	Randwick Botany	8:25.93	
3	7	Sam	Woods	Milton-Ulladulla	8:35.03	
4	173	Joe	Miller	Orange	8:42.32	
5	12	Jordan	Wotherspoon	Ballina	8:44.17	
6	143	Scott	Cassidy	Parramatta	8:58.13	
7	4	Tim	Martin	Sawtell-Toormina	9:17.43	
8	12	Jonte	Schmetzer	Leeton	10:30.73	
9	16	Luke	Wye	Nyngan	10:56.28	
--	86	Beau	Hardy	Doonside	DQ	Rule 230.1
--	301	Matthew	Murray	Randwick Botany	DQ	Rule 163.2
--	308	Connor	Vernon	Girraween	DQ	Rule 230.1
--	165	Sam	Prince	Ku-Ring-Gai	DQ	Rule 230.1
--	166	Bradley	Andrews	Edgeworth	DQ	Rule 230.1

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Friday Track Events

Event 9 Girls U 9 - 400 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	117	Jade Mustapic	Albion Park	1:11.70Q
2	18	Ashlee Forbes	Tuggerah Lakes M	1:13.64Q
3	26	Jessica Chinnock	Wollongong City	1:14.13Q
4	48	Sophie Hunter	N.R.C.	1:14.91q
5	172	Annie Miller	Orange	1:15.54q
6	167	Abbey Zabiello	Nepean	1:15.65
7	75	Kiera Connolly	South Eastern	1:15.66
8	345	Jasmyn Vesey	Liverpool City	1:21.38
Heat 2 Heats				
1	238	Edita Grinbergs	Manly Warringah	1:12.39Q
2	9	Shenay Edwards	Albion Park	1:12.65Q
....Event 9 Girls U 9 - 400 Metre Run				
3	124	Rachel Lowe	Western Suburbs	1:14.30Q
4	37	Melinda Burke	Wauchope	1:15.89
5	5	Grace McCahon	Jamison	1:17.73
6	20	Hayley Millington	Woolgoolga	1:18.87
7	179	Erin Deneen	Sutherland	1:19.35
8	23	Petra Greaves	Maitland	1:20.55

Event 10 Boys U 9 - 400 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	14	Kynan Headon	Hay	1:08.30Q
2	21	Zunaid Dubois	Stockton	1:08.63Q
3	28	Josh Green	Cherrybrook	1:09.54Q
4	666	Bryn Lynch	Manly Warringah	1:09.59q
5	8	Jacob Zieltjes	Forbes	1:13.00
6	87	Zach Laurence	Blacktown	1:17.45
7	235	Kyle Laybutt	Holroyd	1:24.32
Heat 2 Heats				
1	6	Mitchell Potts	Albion Park	1:08.57Q
2	34	Angus Ernst	Maitland	1:08.93Q
3	402	William Fagan	Eastern Suburbs	1:09.40Q
4	55	Ben West	Manly Warringah	1:10.16q
5	36	Jarrold Simmonds	Tallawong Park	1:13.55
6	8	Kurt Picken	Helensburgh	1:13.66
7	116	James Perrett	Werrington	1:15.58
8	37	Hamish Poole	Wellington	1:17.50

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Friday Track Events

Event 11 Girls U 10 - 400 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	24	N'Dea Rumble	Armidale 1:07.02Q
2	78	Georgia Taylor	Randwick Botany 1:07.06Q
3	10	Zoe Latham	Ryde 1:07.64Q
4	5	Sinead Austwick	Albion Park 1:08.16q
5	80	Bernice De Jager	Macquarie Hunter 1:09.46q
6	224	Harriette Boursnal	Gosford 1:11.00
7	12	Madeline Eaton	Wollongong City 1:14.81
8	392	Jordyn Snape	Liverpool City 1:17.85
Heat 2 Heats			
1	10	Rylee Towell	Revesby Workers 1:09.21Q
2	26	Bethany Kranendonk	Wyong 1:09.56Q
3	5	Jemma Antonios	Holroyd 1:10.64Q
4	56	Sarah Collison	Tamworth 1:11.34
5	5	Tabitha Lisciotto	Tallawong Park 1:13.15
6	3	Teneal Morgan	Dapto 1:13.32
7	77	Brooke Ferguson	Kurrajong Bilpin 1:13.71
8	31	Danika Matos	Lake Illawarra 1:14.37

Event 12 Boys U 10 - 400 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	10	Tyler Gunn	Gosford 1:02.78Q
2	28	Sebastien Moir	South Eastern 1:05.69Q
....Event 12 Boys U 10 - 400 Metre Run			
3	275	Jayden Kastelan	Emu Plains 1:07.36Q
4	53	Chase Karn	Southlakes 1:07.59q
5	2	Rory Barkley	Northern Suburbs 1:08.13
6	136	Tyler Egan	Bowral 1:08.91
7	55	Patrick Johnson	Young and District 1:13.30
8	187	Joshua Lees	Nepean 1:16.57
Heat 2 Heats			
1	212	Jack Hinds	Randwick Botany 1:05.55Q
2	187	Jy Paulson	Bankstown Sports 1:06.17Q
3	370	Ethan Fowles	Macquarie Hunter 1:06.95Q
4	516	Finnian Kelleher	Manly Warringah 1:07.36q
5	1	Lachlan Foxall	Maitland 1:09.73
6	146	Will Toovey	Mudgee 1:14.37

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Friday Track Events

Event 13 Girls U 11 - 400 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	5	Alex Kerr	Balmain	1:03.38Q
2	437	Raukura Doyle	Northern Suburbs	1:06.23Q
3	57	Emilie Lhotka	Bankstown Sports	1:06.60Q
4	26	Courtney Cattell	Cherrybrook	1:06.62q
5	4	Kelsey Gray	Orange	1:08.06q
6	39	Lauren Moore	Macquarie Hunter	1:08.53
7	11	Emily Fisher	Grenfell	1:09.82
8	101	Jessica Green	Albion Park	1:11.03
Heat 2 Heats				
1	35	Katrina Lamas	Holroyd	1:05.16Q
2	20	Melanie Kirk	Jamison	1:06.32Q
3	31	Catelin Vreeswyk	Doonside	1:07.94Q
4	16	Payton Smede	Dubbo	1:09.61
5	71	Alexandra Petersen	Colyton St Clair	1:09.78
6	12	Hannah Sawyer	Stuarts Point	1:11.18

Event 14 Boys U 11 - 400 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	68	Alex Kyriacou	Randwick Botany	1:01.57Q
2	193	Billy Ryan	South Eastern	1:02.77Q
3	342	Benjamin Basten	Ku-Ring-Gai	1:04.16Q
4	257	George Gardiner	Northern Suburbs	1:05.01q
5	161	Zachary Havadjia	Shoalhaven	1:06.22
6	27	Jonathon Gusman	Sawtell-Toormina	1:07.90
7	105	Maniah Betham	Minchinbury	1:09.30
Heat 2 Heats				
1	77	Lachlan Trowell	Randwick Botany	1:01.58Q
2	302	Matthew Eaton	Cherrybrook	1:02.01Q
3	13	Liam Headon	Hay	1:04.35Q
4	119	George Carpenter	Sawtell-Toormina	1:06.02q
5	11	Mitchell Dickson	Port Macquarie	1:08.28
6	3	Joshua Jordan	Emu Plains	1:09.04
7	99	Luke Zaurrini	Kurrajong Bilpin	1:10.65
8	10	Charlie Mitton	Grenfell	1:12.91

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Event 15 Girls U 12 - 400 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	1	Molly Blakey	South Eastern	1:01.09Q
2	64	Sherryn Micallef	Wollongong City	1:02.85Q
3	195	Sophie Gleeson	Revesby Workers	1:06.47Q
4	71	Emily Nash	Newcastle City	1:06.50
5	212	Elouise Abrahams	Hills District	1:06.99
6	4	Georgina Adams	Bathur	1:07.22
7	12	Katrina Shaw	Doonside	1:07.30
8	15	Shannon Willmott	Doonside	1:07.94
Heat 2 Heats				
1	101	Susie Seitaridis	Lake Illawarra	1:02.47Q
2	469	Alexandra Gorman	Northern Suburbs	1:04.13Q
3	204	Mauhgan Wellham	Wallsend Rsl	1:04.70Q
4	290	Ruby Ritchie	Manly Warringah	1:04.79q
5	38	Lily Harding	South Eastern	1:05.37q
6	21	Lara Fitton	Wollongong City	1:08.30
7	122	Nicole Ogle	Macquarie Hunter	1:09.37

Event 16 Boys U 12 - 400 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	123	Jye Perrott	Girraween	59.92Q
2	115	Trent Halton	Edgeworth	1:00.60Q
3	18	James McFadden	Ku-Ring-Gai	1:00.81Q
4	168	Matthew Scarr	Gosford	1:04.33
5	12	Cody White	Albion Park	1:04.94
6	7	Sam Woods	Milton-Ulladulla	1:06.20
7	2	Ethan Dhu	Doonside	1:06.24
8	145	Josh Toovey	Mudgee	1:06.83
Heat 2 Heats				
1	175	Brock O'Donnell	Doonside	58.98Q
2	193	Connor Kirkwood	Maitland	1:00.73Q
3	22	Ryan Boot	Ku-Ring-Gai	1:02.02Q
4	24	Andrew Abdullah	Illawong	1:03.56q
5	126	Angus McDonnell	Ballina	1:04.13q
6	9	Bradley Jones	Bankstown Sports	1:04.53
7	1	Tyron Portelli	Lethbridge Park	1:06.31
8	20	Liam Ryan	Albion Park	1:09.01

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Event 17 Girls U 13 - 400 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	1	Louise Hill	Mosman	1:00.10Q
2	80	Jenna Heath	Lithgow	1:00.35Q
3	28	Monique Byers	Tiger Wests	1:00.46Q
4	534	Alina Tape	Nambucca District	1:00.53q
5	10	Averil Thornton	Old Bar	1:02.58q
6	142	Molly Satterthwait	Orange	1:04.43
7	190	Olivia Morrice	Gosford	1:05.25
8	34	Tori Robinson	Doonside	1:07.47
Heat 2 Heats				
1	277	Erica Leal	Randwick Botany	1:02.48Q
2	56	Gloria Lee	Bankstown Sports	1:03.00Q
3	98	Maddi Carter	Springwood	1:04.36Q
4	773	Roisin Concannon	Northern Illawarra	1:06.18
5	440	Megan Beams	Ku-Ring-Gai	1:06.51
6	11	Danielle Pearson	Bathur	1:06.99

Event 18 Boys U 13 - 400 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	301	Stephen Eaton	Cherrybrook	55.41Q
2	268	Fadi Eid	Blacktown	58.77Q
3	333	Jack Collett	Gosford	59.13Q
4	18	Dale Thomas	Port Macquarie	1:00.17q
5	175	Anthony Schmidt	Liverpool City	1:01.47
6	7	Ryan Griffin	Orange	1:02.47
7	3	Cameron Barrett	Albion Park	1:04.04
Heat 2 Heats				
1	486	Patrick Frith	Manly Warringah	58.31Q
2	5	Luke Haworth	Charlestown	58.93Q
3	82	Jaydn Phillips	Camden	59.19Q
4	340	Hayden O'Neill	Randwick Botany	59.80q
5	13	Mitchell Lucas	Port Hacking	1:00.22
6	60	Jack Fernance	Manilla	1:00.56
7	1	Gus Frank	Milton-Ulladulla	1:02.56
8	4	Matthew Oswald	Dapto	1:03.73

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Friday Track Events

Event 19 Girls U 14 - 400 Metre Run

=====			
Name	Age	Team	Heats
=====			
Heat 1 Heats			
1	75	Rebecca Norton	Girraween 59.75Q
2	35	Hayley Turner	Forster/Tuncurry 1:01.24Q
3	19	Erin Blundell	Cherrybrook 1:01.66Q
4	268	Hannah-Rose Stewar	Jamison 1:02.69
5	3	Emily Negus	Griff 1:03.08
6	180	Isabella Moro	Liverpool City 1:10.25
Heat 2 Heats			
1	362	Natasha Fountas	Randwick Botany 58.96Q
2	3	Rachel Horwood	N.R.C. 1:00.44Q
3	9	Kirra Nean	Woodberry & Dist 1:00.84Q
4	222	Riana Drake	Albion Park 1:00.93q
5	12	Caitlin Headon	Lockhart 1:01.46q
6	2	Kristie Blair	Werrington 1:01.56
7	247	Eliza Collison	A.N.L. 1:03.03
8	513	Olivia Kelleher	Manly Warringah 1:05.11

Event 20 Boys U 14 - 400 Metre Run

=====			
Name	Age	Team	Heats
=====			
Heat 1 Heats			
1	11	James Kermond	Bankstown Sports 54.62Q
2	8	William Richardson	Northern Suburbs 55.77Q
3	635	Harry Lowe	Manly Warringah 57.66Q
4	72	Justin Troy	Cowra 58.52
Heat 2 Heats			
1	1	Jarred Tyack	Forbes 53.68Q
2	97	Murtaza Tahiri	Tiger Wests 54.09Q
3	149	Christopher Debrin	Camden 54.20Q
4	50	Morgan Paterson	Northern Suburbs 54.93q
5	39	David Sheridan	Sawtell-Toormina 55.30q
6	555	Beau Tape	Nambucca District 56.34
7	148	Tayler Currie	Nepean 57.53

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Friday Track Events

Event 21 Girls U 15 - 400 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	7	Tia O'Carroll	Macquarie Hunter 58.11Q
2	8	Tahlia Hunter	Emu Plains 58.75Q
3	198	Tavleen Singh	Kurrajong Bilpin 59.25Q
4	7	Courtney Chamberla	Cherrybrook 59.48q
5	2	Tayla Stark	Illawong 1:01.41
6	32	Josie Ernst	Maitland 1:01.72
7	3	Ellyssa Angelucci	Wollongong City 1:04.41
Heat 2 Heats			
1	88	Nicola Keane	Sutherland 58.91Q
2	133	Emilie Nelson	Mosman 59.90Q
3	246	Madeline Smith	Gosford 1:00.05Q
4	3	Alison Abdullah	Illawong 1:00.08q
5	1	Gabriella Rhodes	Cowra 1:02.56
6	120	Chelsea Mifsud	Kurrajong Bilpin 1:02.57
7	4	Sarah Halvorsen	Charlestown 1:03.98
8	63	Summer Micallef	Wollongong City 1:06.25

Event 22 Boys U 15 - 400 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	114	Ben Whitechurch	Emu Plains 53.76Q
2	122	Sam Willmott	Port Hacking 53.99Q
3	98	Elijah Shipp	Manly Warringah 54.54Q
4	357	Aaron Crawford	Bankstown Sports 54.97q
5	130	Simon Meaney	Kiama 55.62
--	137	Dane English	Wollongong City DQ Rule 163.3b
Heat 2 Heats			
1	11	Wade Hazell	Tamworth 52.71Q
2	249	Brodie Leeson	Albion Park 52.81Q
3	3	Ben Gordon	Eastern Suburbs 54.44Q
4	301	Benjamin Henry	Hornsby 55.13q
5	87	Brendan Jarrett	Orange 1:02.55

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Friday Track Events

Event 23 Girls U 17 - 400 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	18	Jenny Blundell	Cherrybrook 57.88Q
2	73	Savannah Walker	Stuarts Point 58.46Q
3	5	Sarah Carli	Wollongong City 58.84Q
4	33	Daniella Lamas	Holroyd 1:01.84
5	2	Claire Burnett	Dapto 1:02.34
6	26	Emily Bell	Koorinal Wagga 1:03.76
7	3	Samantha Kirk	Jamison 1:06.31
Heat 2 Heats			
1	247	Jacarna Bain-Fento	Cessnock 57.13Q
2	112	Emily Coppins	Thornton 58.28Q
3	329	Nerida Blundy	Cherrybrook 59.47Q
4	300	Tara Vance	Ryde 1:00.70q
5	59	Kirsty Honey	Albion Park 1:00.96q
6	333	Hannah Wrigley	Port Hacking 1:01.20
7	160	Danika Messina	Kurrajong Bilpin 1:04.40
8	501	Nicole Manzanera	Randwick Botany 1:05.67

Event 24 Boys U 17 - 400 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	1	Ian Halpin	Katoomba 50.80Q
2	4	Craig Cameron	Gosford 51.62Q
3	22	Gareth Ryan	Albion Park 52.46Q
4	25	Jordan Gusman	Sawtell-Toormina 52.82
5	5	Byron Smith	Armidale 52.97
6	7	Bradley Sharne	Smithfield 53.33
7	2	Declan O'Byrne	Hornsby 53.71
8	21	Daniel Keith	Leeton 54.65
Heat 2 Heats			
1	634	Jackson Lowe	Manly Warringah 51.11Q
2	62	Christian Lozada	Port Hacking 52.15Q
3	333	Jack Bangel	Kurrajong Bilpin 52.20Q
4	6	George Ockert	Holroyd 52.29q
5	3	Jack Katen	Forster/Tuncurry 52.67q
6	93	Phillip Komninos	Lake Illawarra 52.89
7	247	Dilshen Mooneesamy	Blacktown 52.90
8	68	Moses Donato	Koorinal Wagga 55.19

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Saturday Field Events

Event 19 Girls U 9 - High Jump

=====
 State: S 1.30m 9/03/1979 Marie Frankish, Hornsby
 State: S 1.30m 21/02/2009 Chyna Tavai-Williams, Banksto
 =====

1	33 Mercedes Sovilj	Camp	1.24m
2	26 Hollie Rawiri-Gent	Lake Illawarra	1.15m
3	399 Sofia Metaxoulis	Cherrybrook	1.15m
4	27 Dakota Gordon	Raymond Terrace	1.15m
5	28 Megan Tillman	Grafton	1.15m
6	11 Lauren Berwick	Quakers Hill	1.15m
7	163 Layne Ferguson	Camden	1.15m
8	27 Eleanor McNaught	Walcha	1.10m
9	78 Louise Cranston	Camp	1.10m
10	105 Katelyn Bellett	Blacktown	1.10m
11	53 Jessica Keller	Kurrajong Bilpin	1.05m
11	725 Anna Supierz	Manly Warringah	1.05m
13	17 Brianna Trappett	Wellington	1.05m
14	12 Dora Miaoudis	Koorringal Wagga	1.00m
15	101 Jaimee Finnie	Doonside	1.00m
--	41 Kiara Rochaix	Bowral	NH

Event 20 Girls U 15 - High Jump

=====
 State: S 1.80m 16/03/2008 Amy PejkoVIC, Cherrybrook
 =====

1	85 Julia O'Shea	Bathur	1.72m
2	192 Amanda Kerr	Lismore	1.68m
3	2 Madeleine Bird	Tuggerah Lakes M	1.66m
4	1 Aleksandra Punosev	Green Valley	1.64m
5	360 Philippa Williams	Cherrybrook	1.60m
6	26 Nicole Gusman	Sawtell-Toormina	1.60m
7	5 Stephanie Moore	Cowra	1.55m
8	15 Josie Nichol	Balmain	1.55m
9	5 Kiri Farmer	Illawong	1.55m
9	18 Cassandra Bailey	Macquarie Hunter	1.55m
11	140 Xin Yue(Daisy) Din	Northern Suburbs	1.50m
12	222 Matilda Werner	Port Hacking	1.45m
13	44 Maddie Knox	Katoomba	1.35m
--	427 Katie Pender	Blacktown	NH

Event 21 Boys U 17 - High Jump

=====
 State: S 2.05m 20/02/2010 Brandon Starc, Parramatta
 =====

1	519 Brandon Starc	Parramatta	2.10m	RECORD
2	709 Miles Cole-Clarke	Manly Warringah	1.99m	
3	47 Adam Martin	Cherrybrook	1.87m	
4	6 George Ockert	Holroyd	1.81m	
5	81 Cameron Gordon	Camp	1.77m	
6	2 Zakeriya Grant	Ingleburn Rsl	1.77m	
7	134 Brandan Briggs	Cessnock	1.70m	
7	3 Cameron Moore	Penrith Valley	1.70m	
9	74 Gareth Williams	Dubbo	1.65m	
10	13 Andrew Shaw	Doonside	1.65m	

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Saturday Field Events

Event 22 Girls U 12 - Long Jump

=====
State: S 5.42m 16/03/1986 Tacey Blackburn, Kurri Kurri
=====

1	55	Chloe Docker	Albion Park	4.95m
2	120	Emily Dawkins	N.R.C.	4.84m
3	64	Sherryn Micallef	Wollongong City	4.82m
4	115	Sophie Kass	Eastern Suburbs	4.76m
5	5	Taylor Garrett	Penrith Valley	4.69m
6	30	Rachel Pace	Cherrybrook	4.66m
7	4	Rachel Tomlins	Sutherland	4.58m
8	20	Savannah Peterkin	Nambucca District	4.56m
9	55	Nina Osada-Phornsi	Ryde	4.41m
10	225	Lauren Russell	Kurrajong Bilpin	4.40m
11	25	Eugenia Dennison	Bankstown Sports	4.36m
12	57	Dana Gill	Southlakes	4.32m
13	16	Maddison Ingram	Raymond Terrace	4.30m
14	29	Melanie Ruse	Jamison	4.26m
15	225	Kristen Turvey	Albion Park	4.03m
16	68	Olivia-Rose McEwan	Lake Illawarra	3.86m

Event 23 Girls U 14 - Long Jump

=====
State: S 5.64m 10/03/1991 Belinda Scott, Northern Distr
=====

1	62	Brooke Giffen	Illawong	5.33m
2	18	Tiana Penitani	Eastern Suburbs	5.11m
3	32	Alison Ruse	Jamison	5.11m
4	1	Julia Scott	Tamworth	5.08m
5	4	Brooke Kirk	Doonside	4.94m
6	189	Jessica Bloomfield	Port Macquarie	4.79m
7	226	Rowenn Turvey	Albion Park	4.75m
8	5	Lacey Bruce	Shoalhaven	4.73m
9	1	Mihaela Grnovic	Blacktown	4.64m
10	351	Lauren Harrison	Ku-Ring-Gai	4.63m
11	41	Sachi Kayama	Ryde	4.62m
12	3	Kate Bonser	Balmain	4.61m
13	14	Hannah Yates	Gloucester	4.49m
14	2	Sophie Welsh	Leeton	4.37m
15	15	Jessica Hough	Hills District	4.29m
16	58	Taylor Gilbert	Cobar	3.75m

Event 24 Boys U 13 - Triple Jump

=====
State: S 12.72m 18/03/2007 Nicholas Hough, Hills Distri
=====

1	486	Patrick Frith	Manly Warringah	11.67m
2	249	Josh Pettigrew	Wallsend Rsl	11.63m
3	80	Dylan Bennett	Thornton	11.61m
4	97	Jye Brooker	Albion Park	11.59m
5	6	Alec Diamond	Northern Suburbs	11.45m
6	1	Liam Cashman	Port Hacking	10.84m
7	340	Emmanuel Fakiye	N.R.C.	10.76m
8	227	James Bassil	Randwick Botany	10.73m
9	99	Shidhanth Mudaliar	Liverpool City	10.51m

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10	754	John Walker	Aberdeen	10.51m
11	13	Cameron Moore	Sutherland	10.49m
12	3	Christopher Thomas	Werrington	10.19m
13	69	Nicholas Donato	Koorinal Wagga	10.01m
14	7	Ryan Griffin	Orange	9.91m
15	6	Jacob Green	Preston Robins	9.76m

Event 25 Girls U 10 - Discus

=====
 State: S 37.22m 16/03/1995 Michelle Haege, Bankstown
 =====

1	179	Jasmine Moeroa	Doonside	31.58m
2	38	Mallory Bassett	Hornsby	30.15m
3	1	Mikaela Donovan	Stuarts Point	29.44m
4	5	Jordann Johnson	Southlakes	29.04m
5	88	Kristina Moore	Cherrybrook	28.33m
6	99	Sina Wildraut	Illawong	28.28m
7	24	N'Dea Rumble	Armidale	27.73m
8	251	Emily Yorkston	Camden	23.24m
9	18	Shaye-Lee Frier	Lake Illawarra	23.13m
10	112	Georgia Dengate	Werrington	22.38m
11	23	Hannah Kriz	Wellington	21.74m
12	57	Sheldon Taylor	Camden	21.63m
13	293	Rhomee Gaffey	Kurrajong Bilpin	20.67m
14	8	Rachel Burnett	Dapto	20.54m
15	755	Angela Prince	Northern Suburbs	20.24m
16	26	Tiffany Penfold	West Wyalong	17.88m

Event 26 Boys U 14 - Discus

=====
 State: S 57.68m 19/03/1989 Brad Hine, Armidale
 =====

1	177	Tepai Moeroa	Doonside	57.71m	RECORD
2	1	Michael Taylor	Western Blues	54.57m	
3	18	Justin Maloney	Nepean	47.83m	
4	567	Jesse Jackson	Camden	44.29m	
5	242	Tyson Davis	Manly Warringah	42.14m	
6	20	Bradley Crelley	Holroyd	36.99m	
7	454	Marcus Chan	St George	36.99m	
8	5	Hayden Shaw	Bowral	35.45m	
9	7	Jackson Diamond	Northern Suburbs	33.61m	
10	74	Bryce Collins	Northern Suburbs	32.28m	
11	7	Anthony Walker	Nambucca District	31.69m	
12	1	James Hay	Wagga Wagga	31.59m	
13	118	Sharne Robinson	Wagga Wagga	31.07m	
14	23	Declan Spencer	A.N.L.	27.59m	
--	153	James Jeffery	Kempsey	ND	

Event 27 Boys U 9 - Shot Put

=====
 State: S 11.33m 20/03/1999 Jamal Idris, Bankstown Sport
 =====

1	14	Mason Leef	Wyong	8.73m
2	180	Kevin Yang	Ku-Ring-Gai	8.60m
3	117	Geromy Cluff	Smithfield	8.56m

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4	417	Brendon Davison	Port Hacking	8.47m
5	149	EJ Esera	Colyton St Clair	8.35m
6	204	Logan Hopkins	Port Hacking	7.57m
7	158	Harry Menin	Parramatta	7.55m
8	20	Kieran Schneider	Gloucester	6.93m
9	31	Harry Blake	Nyngan	6.47m
10	99	Shaun Neill	Nepean	6.27m
11	74	Thomas Jenkinson	Raymond Terrace	6.24m
12	34	Lachlan Slatford	Springwood	6.15m
13	40	Brendan Short	A.N.L.	5.80m
14	40	Zeke Hartwig	Forbes	5.55m
15	113	Kyle Bennett	Kiama	5.25m
--	17	Kohan Kachel	Cowra	ND

Event 28 Girls U 11 - Shot Put

=====

State: S 14.07m 18/03/2007 Filoi Aokuso, Blacktown

=====

1	25	Grace Robinson	St George	13.48m
2	1	Morgan Haimau-Ikie	Card	10.17m
3	296	Tanisha Hardy	Ryde	10.08m
4	75	Shannon Burchell	Bankstown Sports	9.78m
5	10	Samantha Peace	Shoalhaven	9.45m
6	1	Paige Farrant	Gosford	9.37m
7	268	Annabel McDermott	Ku-Ring-Gai	9.20m
8	205	Sarah Ringrose	Western Blues	8.97m
9	129	Dorothea Makrydima	Liverpool City	8.59m
10	93	Olivia Broadhead	Penrith Valley	8.54m
11	59	Marnie Clarkson	Balmain	8.54m
12	1	Madeline Warburton	Leeton	8.21m
13	7	Sofie Langenbaker	Tamworth	7.81m
14	73	Belinda Carrasco	Lake Illawarra	7.79m
15	4	Caitlyn Mackie	Gilgandra	7.33m
16	11	Maddison Nowland	Thornton	7.22m

Event 29 Girls U 9-10 AWD Long Jump

=====

1	90	Belinda Scott (T/F	Ku-Ring-Gai	1.36m
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=====

Event 30 Girls U 11-12 AWD Long Jump

=====

1	34	Jessica Cronje (T/	Camp	2.33m
2	181	Sarah Walsh (T/F 4	Helensburgh	2.21m
3	46	Paige McCue-Shore	Eschol Park	2.64m
4	233	Shannan Burrows (T/	Ryde	1.87m
5	136	Naomi Robinson (T/	Kiama	1.89m

=====

Event 31 Boys U 9-10 AWD Long Jump

=====

1	8	Joshua Parkinson (Kempsey	2.18m
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Event 32 Boys U 11-12 AWD Long Jump

1	223	Gordon Allan (T/F	Kings Langley	1.89m
2	379	Rohan Bright (T/F	Northern Districts	2.06m
3	19	Travis Becker (T/F	Ambarvale	1.96m
4	29	Dylan Condon (T/F	Tuggerah Lakes M	1.93m

Event 33 Boys U 10 - Long Jump

State: S 5.17m 16/03/1980 Martin Moore, Bathurst				
1	695	William Freyer	Northern Suburbs	4.41m
2	212	Aron Cox	Kiama	4.27m
3	275	Jayden Kastelan	Emu Plains	4.22m
3	187	Jy Paulson	Bankstown Sports	4.22m
5	214	Jacob Winston	Manly Warringah	4.20m
6	299	Adam Ayad	N.R.C.	4.20m
7	100	Marc Zaurini	Kurrajong Bilpin	4.19m
8	99	Aidan Wallace	Sawtell-Toormina	4.06m
9	2	Jarryd Sutherland	A.N.L.	4.04m
10	131	Joshua Freedman	Western Suburbs	4.01m
11	1	Jack Rochaix	Ambarvale	3.96m
12	45	Miles Petersen	Card	3.76m
13	161	Isaac Vujevic	Springwood	3.65m
14	1	Jarrad Wilson	Grenfell	3.51m
15	98	Tim Sidebottom	Leeton	1.82m

Event 34 Boys U 15 - Long Jump

State: S 7.12m 20/03/2009 Thomas Soliman, Blacktown				
1	2	David Snowdon	Kurrajong Bilpin	6.03m
2	471	Nicholas Burden	Mosman	5.88m
3	2	Luke Dale	Sutherland	5.83m
4	27	James Benbow	Deniliquin	5.82m
5	178	Dean Colligan	Wallsend Rsl	5.68m
6	150	Chatchai Wongsa	Bankstown Sports	5.65m
7	224	Johann D'Cunha	Jamison	5.44m
8	77	Liam Carney	Forster/Tuncurry	5.43m
9	201	Joshua Mawhinney	Northern Districts	5.41m
10	213	Joshua Bingham	Lake Illawarra	5.36m
11	50	Chris Buckley	Nambucca District	5.11m
12	5	Zachary Amos	Blacktown	5.11m
13	63	Jason Johnson	Narromine	5.00m

Event 35 Girls U 17 - Triple Jump

State: S 11.30m 20/03/2009 Amy Nelson, Kurrajong Bilpin					
1	210	Michelle Jenneke	Cherrybrook	11.67m	RECORD
2	7	Elana Withnall	Old Bar	11.25m	
3	99	Mikhaila Gray	Orange	10.99m	
4	16	Tamara Mossfield	Kurrajong Bilpin	10.96m	
5	2	Rachel Shaw	Bowral	10.72m	

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6	162	Alinta Williams	Ingleburn Rsl	10.19m
7	112	Emily Coppins	Thornton	10.15m
8	133	Georgia Marshall	Penrith Valley	10.14m
9	505	Charlotte Hepworth	Manly Warringah	9.91m
10	303	Alexandra Watt	Port Hacking	9.84m
11	336	Stephanie Lucic	Liverpool City	9.80m
12	4	Jess Sauer	Armidale	9.53m
13	33	Hayley Pymont	Dapto	9.51m
14	7	Emma Tunbridge	Illawong	9.06m
15	8	Emily Thomson	Winston Hills	8.13m

Event 36 Boys U 12 - Discus

=====
State: S 52.43m 16/03/2002 Emanuele Fuamatu, Fairfield
=====

1	8	Mitchell Burton	Sutherland	41.26m
2	191	Elliot Starr	Port Macquarie	39.11m
3	213	Jack Maguire	Manly Warringah	35.60m
4	139	Clayton Anstee	Cherrybrook	33.95m
5	119	Luke Parmaxidis	St George	33.81m
6	212	George Farmakidis	Port Hacking	33.38m
7	6	Austin Aokuso	Blacktown	33.02m
8	10	Nicholas Hay	Wagga Wagga	31.74m
9	4	Kenneth Wamsley	Gloucester	31.21m
10	2	Ashley Whitehead	Glen Innes	30.36m
11	149	Airfun Javam	Winston Hills	29.37m
12	25	Matthew Faulkner	Forbes	26.82m
13	33	Brock Jamie Nichol	St Georges Basin	26.30m
14	105	Lachlan Varley	Finley	26.24m

Event 37 Boys U 11 - Shot Put

=====
State: S 14.14m 17/02/2001 Jamal Idris, Bankstown Sport
=====

1	607	Tyrone Taukamo	Randwick Botany	13.08m
2	24	Pita Toamotu	St George	13.06m
3	50	Cameron McEntyre	Ku-Ring-Gai	11.62m
4	50	Jesse Vincent-Elli	Urunga	11.05m
5	431	Tyler Monaghan	Northern Suburbs	11.00m
6	259	Nicholas Kotevski	Camp	10.87m
7	79	Simon Slack-Smith	Wellington	10.75m
8	211	Luke Debrot	Albion Park	10.50m
9	164	Babucarr McKerr	Bowral	9.69m
10	11	Ethan Burton	Doonside	9.65m
11	4	Connar Grozde	Albion Park	9.49m
12	330	Lachlan Oxley	Doonside	9.02m
13	39	Aiden Harvey	Kurri Kurri	8.05m
14	121	Matt Mazzantini	Card	7.69m

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Event 38 Girls U 13 - Shot Put

=====
 State: S 14.23m 22/02/2009 Taylah Sengul, Winston Hills
 =====

1	31	Juanita Lloyd	Bankstown Sports	11.82m
2	313	Monica Dimon	Port Hacking	11.06m
3	2	Brigitta Holland	Grenfell	10.11m
4	183	Alysha Burnett	Northern Districts	9.98m
5	63	Angela Vering	Gunnedah	9.96m
6	114	Jessica Stikovic	Western Blues	9.91m
7	132	Tania Minutolo	Port Hacking	9.77m
8	205	Dayla-Moni Tikeri	Mt Pritchard	9.53m
9	194	Kyara Nean	Wallsend Rsl	9.12m
10	241	Brieana Monk	Northern Suburbs	9.03m
11	234	Bianca Fitzsimmons	Macquarie Hunter	9.01m
12	99	Tienna Parrello	Winston Hills	8.64m
13	122	Codee Lee Holman	St Georges Basin	8.17m
14	43	Alysia Gardner	Albion Park	7.75m
15	3	Shaylah Elwin	Leeton	7.46m

Event 39 Boys U 9 - High Jump

=====
 State: S 1.40m 17/03/1985 Jamie Shortland, Randwick Bot
 State: S 1.40m 21/03/2009 Harrison Brierley, Illawong
 =====

1	8	Kurt Picken	Helensburgh	1.29m
2	72	Angus Clark	Sutherland	1.27m
3	64	Charlie Burgess-Ho	Eastern Suburbs	1.25m
4	21	Tom Hawkins	Hornsby	1.25m
5	10	Tom Steel	Southlakes	1.20m
5	28	Josh Green	Cherrybrook	1.20m
7	29	Connor Ruse-Kent	Albion Park	1.20m
8	3	Liam Wood	Narrabri	1.20m
9	93	George Kendall	Koorringal Wagga	1.20m
10	38	Harry Elliott	Springwood	1.20m
11	152	Jamie Dinte	Liverpool City	1.15m
12	52	Ben Fowler	Albion Park	1.15m
13	152	Rory Lewis	Northern Suburbs	1.10m
14	90	Caleb Hunter	Port Macquarie	1.10m
15	109	Aaron Blair	Werrington	1.05m
16	52	Reece Badcock	Temora	1.00m

Event 40 Girls U 11 - High Jump

=====
 State: S 1.54m 19/03/1995 Alexandra Church, Wollongong
 =====

1	390	Elisa Molen-Grigul	Manly Warringah	1.50m
2	59	Marnie Clarkson	Balmain	1.50m
3	6	Lyndal Schnabel	Sutherland	1.44m
4	46	Emma-Sue Greentree	Southlakes	1.42m
5	51	Brooke Salzman	Illawong	1.42m
6	162	Celeste Sulerzyski	Albion Park	1.42m
7	64	Melissa Fitzsimmon	Ku-Ring-Gai	1.35m
8	19	Eve Thomas	Port Macquarie	1.30m
9	78	Clare Murphy	Orange	1.25m

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9	2 Laycee Covington-G	Bathur	1.25m
11	11 Annie Byng	Koorinal Wagga	1.25m
12	77 Alang Majuk	Blacktown	1.25m
13	103 Danielle Kalemusic	Werrington	1.20m
14	8 Keisha Allen	Springwood	1.15m

Event 41 Boys U 13 - Javelin

=====
 State: S 48.80m 18/03/2007 Shane Nicholls, Kurrajong/Bi
 =====

1	376 Hame Sele	St George	43.28m
2	433 Mitchell Follent	Port Hacking	36.92m
3	120 Daniel Mazzantini	Card	35.59m
4	3 Joshua Knight	Grenfell	34.35m
5	486 Patrick Frith	Manly Warringah	33.71m
6	214 Mitchell Haynes	Liverpool City	33.36m
7	13 Matthew Rees	Kurri Kurri	32.68m
8	400 Matthew Popovic	Bankstown Sports	30.24m
9	758 Aiden Cattle	West Wyalong	28.23m
10	6 Alec Diamond	Northern Suburbs	28.01m
11	3 Cameron Barrett	Albion Park	27.56m
12	152 Steve Borg	Lake Illawarra	27.22m
13	71 Daniel Argall	Forster/Tuncurry	26.48m
14	99 Alexander Moore	Cherrybrook	24.99m
15	99 Shidhanth Mudaliar	Liverpool City	24.32m
16	48 Brayden Grundy	Penrith Valley	22.60m

Event 42 Girls U 10 - Long Jump

=====
 State: S 4.75m 24/03/1991 Rosemary Hayward, Wyong
 =====

1	1 Eliza Trevena	Holroyd	4.54m
2	107 Chyna Tavai-Willia	Bankstown Sports	4.38m
3	129 Eva Neville	Cessnock	4.20m
4	189 Kristie Edwards	Manly Warringah	4.13m
5	171 Tiana Jaber	Kings Langley	4.07m
6	221 Sophie Wehrmann	N.R.C.	4.05m
7	69 Georgia McEwan	Lake Illawarra	4.02m
8	3 Jamie Blackler	Tamworth	3.95m
9	157 Alicia Marshall	Doonside	3.85m
10	3 Erin Cullen	A.N.L.	3.79m
11	10 Kiara White	Albion Park	3.75m
12	23 Matilda-Jane MacDo	Wollongong City	3.75m
13	454 Renae Dehn	Liverpool City	3.74m
14	3 Teneal Morgan	Dapto	3.66m
15	136 Briana Rafferty	Nepean	3.65m
16	261 Paulene Taganesia	Bankstown Sports	3.59m

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Event 43 Boys U 12 - Long Jump

=====
State: S 5.86m 17/03/1996 Michael Doggett, Lithgow
=====

1	175 Brock O'Donnell	Doonside	5.17m
2	146 Alex Nguyen-Ha	Cherrybrook	5.08m
3	194 Brodie Vassallo	Kurrajong Bilpin	4.94m
4	38 Matthew Thesiera	Manly Warringah	4.91m
5	123 Jye Perrott	Girraween	4.88m
6	280 Jordan Shelley	Hills District	4.80m
7	176 Justin Montgomery	Port Hacking	4.72m
8	136 Callen Meir	Edgeworth	4.65m
9	6 Kieran Kirk	Doonside	4.44m
10	453 Jeremy Masanga	Girraween	4.36m
11	30 Lee Grierson	Forbes	4.34m
12	57 Alex Lawrence	Koorinal Wagga	4.32m
13	12 Cody White	Albion Park	4.24m
14	69 Jacob Phelps	Nambucca District	3.98m

Event 44 Boys U 11 - Triple Jump

=====
State: S 11.06m 27/03/1993 David Geddes, Manly Warringah
=====

1	4 Frederick Adutwum	Blacktown	10.73m
2	425 Alec Nguyen	Bankstown Sports	9.91m
3	257 George Gardiner	Northern Suburbs	9.81m
4	22 Mitchell Willingha	Emu Plains	9.67m
5	5 Todd Methven	Northern Illawarra	9.64m
6	205 Joshua Baker	Winston Hills	9.57m
7	1 Aaron Jeffery	Western Suburbs	9.53m
8	171 Nathan Ward	Parramatta	9.31m
9	52 Douglas Pianta	Tamworth	8.97m
10	77 Lachlan Trowell	Randwick Botany	8.97m
11	3 Joshua Jordan	Emu Plains	8.93m
12	7 Lachlan Crookall	Gunnedah	8.76m
13	211 Luke Debrot	Albion Park	8.61m
14	21 Nick Alley	Glen Innes	8.44m
15	61 Max Barber	Narromine	8.39m
16	7 Kobe Collier	Albion Park	8.29m

Event 45 Girls U 12 - Discus

=====
State: S 46.19m 15/03/2008 Filoi Aokuso, Blacktown
=====

1	5 Jaimee Farrant	Gosford	34.36m
2	236 Amelia Schubert	Port Hacking	30.76m
3	276 Emma Steltenpool	Nepean	29.08m
4	13 Akaylah Leef	Wyong	28.93m
5	203 Brianna Pickering	Lismore	28.64m
6	79 Aimee Harvey	Parramatta	28.24m
7	101 Susie Seitaridis	Lake Illawarra	27.99m
8	12 Samantha Moore	Warradale	26.82m
9	120 Sarah Harre	Grafton	25.00m
10	49 Lucinta Evans	Smithfield	23.94m
11	63 Emma Croker	Taree	23.90m

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12	165 Taela Bushell	Werrington	23.79m
13	229 Taylor Minslow	Randwick Botany	21.24m
14	98 Amelia Logan	Orange	20.35m
15	21 Kaitlin Butcher	Narromine	20.26m
--	7 Brooke Peel	Lockhart	ND

Event 46 Girls U 9 - Shot Put

=====
 State: S 9.13m 19/03/2006 Juanita Lloyd, Bankstown Spor
 =====

1	199 Alexis Dimon	Port Hacking	7.74m
2	161 Stephanie Scigala	Wallsend Rsl	7.66m
3	122 Kheilani Haimau-Ik	Card	7.31m
4	237 Silivia Saua	Doonside	7.30m
5	45 Abbey Morgan	East Maitland	6.73m
6	42 Caitlin Fenner	Springwood	6.69m
7	10 Olivia Reid	Hay	6.48m
8	9 Elizabeth Dimoulas	Preston Robins	6.37m
9	608 Lavinia Taukamo	Randwick Botany	6.20m
10	242 Rebekah Motusaga M	Parramatta	6.20m
11	188 Taite Moir	Eastern Suburbs	6.09m
12	117 Annette Peace	Shoalhaven	5.90m
13	433 Tasma Woolley	Manly Warringah	5.70m
14	12 Dora Miaoudis	Koorringal Wagga	5.67m
15	303 Claire Eaton	Cherrybrook	5.15m
16	18 Breah Johnstone	Narromine	5.15m

Event 47 Boys U 17 - Shot Put

=====
 State: S 17.15m 21/02/2009 Liam Speers, Macquarie Hunte
 =====

1	4 Jake Stein	Warradale	14.57m
2	586 Matthew Mountfort	Ku-Ring-Gai	14.01m
3	9 Jack Dempsey	Northern Suburbs	13.96m
4	17 Chris Harris	Cessnock	13.76m
5	59 Kostadin Gatsios	Bankstown Sports	12.58m
6	824 Jack O'Reilly	Nepean	12.14m
7	4 Tim Pond	Winston Hills	11.45m
8	261 Anthony Rizzo	Randwick Botany	11.22m
9	43 James Belcher	Northern Illawarra	10.97m
10	62 Joshua Croker	Taree	10.51m
11	82 Brad Miller	Temora	9.79m

Event 48 Girls U 14 - Javelin

=====
 State: S 39.89m 27/02/2010 Taylah Sengul, Winston Hills
 =====

1	67 Taylah Sengul	Winston Hills	40.36m	RECORD
2	2 Filoi Aokuso	Blacktown	35.46m	
3	65 Tina Lemi	Winston Hills	30.10m	
4	12 Casey Judge	Tuggerah Lakes M	29.85m	
5	23 Alix Oseland	East Maitland	26.76m	
6	14 Molly Dugan	Northern Illawarra	26.48m	
7	250 Sophie Newham	Port Hacking	26.46m	
8	170 Nirvana Makings	Lismore	25.70m	

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9	170 Siaan Toa	Liverpool City	25.57m
10	856 Maddison Vigor	Gunnedah	25.31m
11	13 Nadia Pearn	Lockhart	24.20m
12	6 Alyssa Edwards	Shoalhaven	23.80m
13	7 Kyrah Hush	Shoalhaven	22.10m
14	13 Jessica Pace	Ambarvale	21.20m
15	89 Josephine Fedele	Randwick Botany	18.96m
16	14 Amelia Wallace	Kurrajong Bilpin	15.40m

Event 49 Girls U 13 - High Jump

=====

State: S 1.80m 22/03/1987 Sonja Wennekes, Sutherland

=====

1	12 Larni Cowgill	Kiama	1.59m
2	183 Alysha Burnett	Northern Districts	1.57m
3	12 Maddison Mooney	Revesby Workers	1.57m
4	2 Jaiden Walker	Stuarts Point	1.55m
5	313 Charbella Nandan	Bankstown Sports	1.55m
6	80 Jade Marsh	Blacktown	1.55m
7	109 Mikhaila Stockdale	Tamworth	1.50m
8	5 Jordan Douglass	Young and District	1.50m
9	10 Averil Thornton	Old Bar	1.45m
10	391 Katia Molen-Grigul	Manly Warringah	1.45m
10	13 Sophie Peterson	Springwood	1.45m
12	140 Jordan Campbell	Port Hacking	1.40m
13	43 Niamh Frawley	Shoalhaven	1.35m
14	109 Kiara Kovacs	Doonside	1.30m

Event 50 Boys U 14 - High Jump

=====

State: S 1.95m 20/03/1994 Justin Hathway, Tamworth

=====

1	50 Morgan Paterson	Northern Suburbs	1.89m
2	457 Ivor Metcalf	Randwick Botany	1.87m
3	8 William Richardson	Northern Suburbs	1.77m
4	55 Joel Lyons	Kurrajong Bilpin	1.69m
5	134 Cameron Pappas	Ryde	1.69m
6	2 Oliver Grimson	Camden Haven	1.65m
7	153 James Jeffery	Kempsey	1.60m
8	117 William Derederena	Revesby Workers	1.60m
8	1 Logan Smith	Eschol Park	1.60m
10	85 Jordan Perks	Sawtell-Toormina	1.40m

Event 51 Girls U 11 - Triple Jump

=====

State: S 10.38m 21/03/2004 Rebecca Mounsey, Albion Park

=====

1	597 Sophie Harding	Manly Warringah	9.58m
2	6 Lyndal Schnabel	Sutherland	9.51m
3	152 Stevie Donougher	Port Hacking	9.48m
4	71 Alexandra Petersen	Colyton St Clair	9.34m
5	35 Chelsea Loughrey	Parramatta	9.29m
6	43 Bridget Martin	Northern Districts	9.17m
7	46 Emma-Sue Greentree	Southlakes	9.08m
8	9 Ainslie Harvey	Emu Plains	9.08m

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9	9 Emily Matthews	Bathur	8.85m
10	8 Deyana Trikaliotis	Blacktown	8.74m
11	2 Jade Cowgill	Kiama	8.66m
12	63 Deanna Kyriazopoul	Bankstown Sports	8.66m
13	1 Sophie Perkins	Gunnedah	8.51m
14	162 Celeste Sulerzyski	Albion Park	8.29m
15	36 Abbie Gray	Stockton	8.01m

Event 52 Girls U 15 - Discus

=====
 State: S 48.15m 29/11/1995 Katrina Steele, Springwood
 =====

1	1 Rachelle Grozde	Albion Park	38.29m
2	653 Eliza Cepak	Northern Suburbs	36.40m
3	5 Natalie Apikotoa	Kings Langley	31.70m
4	269 Demi Fassolis	Nepean	29.33m
5	45 Laura Herbert	Forbes	29.23m
6	26 Bridey Mulder	Woodberry & Dist	28.02m
7	121 Catherine Smith	Port Hacking	27.71m
8	1 Rachell Sharne	Smithfield	26.95m
9	5 Ellese Mason	Wyong	26.55m
10	231 Brittany Dickson	Smithfield	26.38m
11	471 Maave Toa	Liverpool City	25.06m
12	20 Gabriella Galea	Nepean	24.20m
13	1 Tiarne Condron	Raymond Terrace	22.55m
14	17 Taylor Ingram	Raymond Terrace	20.57m
15	63 Summer Micallef	Wollongong City	18.76m

Event 53 Girls U 17 - Javelin

=====
 State: S 41.36m 20/02/2010 Sonya Kelly, Port Hacking
 =====

1	338 Sonya Kelly	Port Hacking	40.13m
2	217 Emily Debrot	Albion Park	37.14m
3	235 Zoe Schubert	Port Hacking	36.01m
4	44 Tianna Cummings	Macquarie Hunter	34.28m
5	501 Rhianna Brown	Cherrybrook	34.10m
6	1 Brittany Williams	Macquarie Hunter	30.87m
7	99 Emily Reichler	St Georges Basin	30.74m
8	67 Kiara Fioravanti	Tiger Wests	30.42m
9	172 Michelle Bowd	Jamison	29.35m
10	133 Georgia Marshall	Penrith Valley	28.27m
11	94 Caitlin Wilson	Dapto	27.22m
12	17 Tapa Lemi	Winston Hills	27.07m
13	16 Tamara Mossfield	Kurrajong Bilpin	25.05m
14	99 Mikhaila Gray	Orange	24.23m
15	101 Ruby Morris	Lismore	23.94m
--	11 Brianna Murray	Winston Hills	ND

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Event 54 Boys U 9-10 AWD Shot Put

1	22	Noah Negus (T/F 01	Griff	5.31m
2	8	Joshua Parkinson (Kempsey	2.83m

Event 55 Boys U 11-12 AWD Shot Put

1	223	Gordon Allan (T/F	Kings Langley	5.96m
2	379	Rohan Bright (T/F	Northern Districts	3.44m
3	35	Jack McKechnie (T/	Warradale	4.20m
4	29	Dylan Condon (T/F	Tuggerah Lakes M	3.82m
5	19	Travis Becker (T/F	Ambarvale	3.34m

Event 56 Girls U 9-10 AWD Shot Put

1	90	Belinda Scott (T/F	Ku-Ring-Gai	2.06m
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Event 57 Girls U 11-12 AWD Shot Put

1	233	Shannan Burows (T/	Ryde	3.86m
2	34	Jessica Cronje (T/	Camp	4.56m
3	181	Sarah Walsh (T/F 4	Helensburgh	3.88m
4	46	Paige McCue-Shore	Eschol Park	3.59m
5	136	Naomi Robinson (T/	Kiama	3.18m

Event 58 Boys U 10 - Discus

State: S 43.20m 19/03/1983 Jason Amberger, Nepean				
1	50	Kieren Briggs	Parramatta	38.11m
2	209	Lewis Thompson	Randwick Botany	34.15m
3	111	Ryan Johnston	Douglas Park	33.72m
4	106	Samuel Varley	Finley	30.65m
5	334	Jay Sneddon	Macquarie Hunter	29.83m
6	1	Austin Quast	Colyton St Clair	28.97m
7	65	Nick Suman	Kurrajong Bilpin	28.10m
8	147	Aaron Keene	Emu Plains	27.76m
9	64	Joshua Smith	Illawong	27.31m
10	236	Cameron Fitzsimmon	Macquarie Hunter	26.20m
11	239	Patrick Idiare	Winston Hills	24.61m
12	46	Matthew Hobbs	Wollongong City	23.41m
13	862	Brad Affleck	Gunnedah	23.30m
14	6	Wilhem Morreau	West Wyalong	22.24m
15	136	Tyler Egan	Bowral	22.10m
16	218	Nicholas Frost	Northern Districts	14.65m

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Event 59 Boys U 15 - Javelin

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State: S 62.09m 18/03/2000 Anthony Camilleri, Balmain
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1	230 Matt Ferencak	Port Hacking	47.10m
2	50 Patrick Kelland	Ryde	44.63m
3	131 Jordan Luken	Westlakes	43.78m
4	1 Sam Rogan	Werrington	39.77m
5	100 Ben Irvine	Wallsend Rsl	39.65m
6	167 Lachlan Keevill	Rutherford	38.31m
7	52 Chris Stork	Glenbrook	37.52m
8	15 Jayden Vandenberg	Sutherland	36.71m
9	471 Nicholas Burden	Mosman	35.93m
10	213 Joshua Bingham	Lake Illawarra	34.69m
11	6 Matthew Bell	Ku-Ring-Gai	34.65m
12	45 Jack Virtue	Deniliquin	33.02m
13	6 Nathan Clarke	Illawong	32.91m
14	218 Jarrod Dowton	Glenbrook	29.40m
15	74 Matthew Carrasco	Lake Illawarra	22.55m

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Event 25 Girls U 13 - 1500 Metre Run

Name	Age	Team	Final	
1	37	Jessica Hull	Albion Park	4:48.93
2	76	Alex McCloughlan	Macquarie Hunter	4:53.21
3	534	Alina Tape	Nambucca District	4:54.89
4	156	Olivia Dooley	Ku-Ring-Gai	4:54.96
5	1	Morgan Kitchener	Camden	5:03.45
6	7	Jemima Herig-Parso	Glenbrook	5:04.06
7	78	Jordan Pagett	Wyong	5:09.41
8	68	Abby Tozer	Tumut District	5:13.29
9	45	Elise Hay	Armidale	5:15.77
10	73	Monica Young	Bankstown Sports	5:16.14
11	425	Dee Ridge	Camp	5:16.66
12	11	Danielle Pearson	Bathur	5:27.43
13	13	Sophie Peterson	Springwood	5:32.92
14	11	Taylor Wild	Mt Druitt	5:36.47
15	9	Katie Mitton	Grenfell	5:41.47

Event 26 Boys U 13 - 1500 Metre Run

Name	Age	Team	Final	
1	3	James Cox	Gosford	4:33.88
2	100	Carl Williams	Medowie	4:34.52
3	1	Maine Vidler	Cherrybrook	4:34.58
4	4	Daniel Francken	Katoomba	4:37.96
5	107	Hayden Sly	Kurrajong Bilpin	4:38.89
6	340	Hayden O'Neill	Randwick Botany	4:39.10
7	178	Nathan McGrath	Hills District	4:39.11
8	142	Sam Hitchcock	Card	4:43.35
9	113	Jakob McAnulty	Colyton St Clair	4:43.36
10	14	Rhys Gillon	Sutherland	4:43.43
11	30	Alexander Seal	Wollongong City	4:50.61
12	3	Cameron Barrett	Albion Park	4:52.94
13	46	Cameron Powe	Camden	4:55.94
14	1	Gus Frank	Milton-Ulladulla	4:59.99
15	176	Nicholas Cain	Macquarie Hunter	5:04.06

Event 27 Girls U 14 - 1500 Metre Run

Name	Age	Team	Final	
1	362	Natasha Fountas	Randwick Botany	4:48.41
2	3	Annaleise Barton	Greystanes	4:48.73
3	34	Andrea Lamas	Holroyd	5:00.19
4	167	Jessica Fearnley	Bathur	5:01.62
5	94	Emily Michell	Hills District	5:04.14
6	1	Caitlin Brown	Northern Illawarra	5:12.51
7	3	Paulina Peters	Ryde	5:25.65
8	11	Nicole Adamson	Blacktown	5:27.08
9	29	Amelia Gorman	Manly Warringah	5:27.88
10	1	Jasmine Maher	Singleton	5:28.65
11	9	Kirra Nean	Woodberry & Dist	5:29.23

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12	828 Heather-Lee Smith-	Nepean	5:36.92
13	43 Laura McNeil	Card	5:41.39
14	44 Arkie Cupitt	Wollongong City	5:52.38
15	5 Amy Hemingway	Lake Illawarra	6:19.10

Event 28 Boys U 14 - 1500 Metre Run

Name	Age	Team	Final	
1	99	Max Wilson	Randwick Botany	4:25.47
2	236	Charlie Hunter	Gosford	4:32.36
3	1	Daniel Keene	Emu Plains	4:35.14
4	1	Joshua Kentwell	Dapto	4:35.86
5	144	Ayden Toovey	Mudgee	4:36.41
6	265	Nelson King	Macquarie Hunter	4:42.35
7	23	Declan Spencer	A.N.L.	4:46.73
8	107	Ilias Hassani	Tiger Wests	4:49.19
9	74	Bryce Collins	Northern Suburbs	4:50.35
10	555	Beau Tape	Nambucca District	4:51.43
11	151	Colin Menzies	Albion Park	5:04.25
12	8	Aaron Morham	Finley	5:08.63
13	29	Harrison Gregory	Nepean	5:36.18

Event 29 Girls U 15 - 1500 Metre Run

Name	Age	Team	Final	
1	257	Kate Spencer	Ryde	4:39.70
2	4	Caitlin Delaney	Tuggerah Lakes M	4:44.00
3	90	Olivia Leonard	Maitland	4:44.36
4	2	Amity Delaney	Manly Warringah	4:53.30
5	2	Morgan Moloney	Springwood	4:57.87
6	10	Shannen Caffrey	Illawong	4:58.69
7	344	Emma McKinney	Randwick Botany	5:09.27
8	419	Samantha Sale	Port Hacking	5:19.18
9	4	Tori Jones	Shoalhaven	5:24.26
10	3	Ellyssa Angelucci	Wollongong City	5:45.61
11	108	Shay Southern	Kurrajong Bilpin	5:46.64
12	123	Liesl Gray	Orange	5:51.72
13	188	Tabitha Field	Glenbrook	5:53.90
14	54	Beth Johnson	Young and District	6:00.70

Event 30 Boys U 15 - 1500 Metre Run

Name	Age	Team	Final	
1	151	Byron Cavender	Gosford	4:24.12
2	11	Joshua Kelly-Makov	Illawong	4:26.62
3	184	Adam Booth	Randwick Botany	4:29.59
4	69	Christian Tozer	Tumut District	4:34.36
5	569	Saiyer Naizmand	Tiger Wests	4:35.53
6	46	Ben Allen	Winston Hills	4:45.63
7	80	Tyrone Evans	Wellington	4:46.42
8	1	Steven Srzich	Warradale	4:50.88
9	347	Nathan Fazldad	Nepean	4:57.35

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10	3	Tom McCoy	Kurrajong Bilpin	4:58.69
11	224	Bradie Smith	Singleton	5:03.30
12	86	Jacob Lowe	Westlakes	5:10.63

Event 31 Girls U 17 - 1500 Metre Run

Name	Age	Team	Final	
1	18	Jenny Blundell	Cherrybrook	4:33.13
2	75	Else Gallen	Riverstone	4:49.43
3	7	Siobhan Dean	Sawtell-Toormina	4:49.74
4	487	Rachel Attenboroug	Cherrybrook	4:52.27
5	2	Claire Burnett	Dapto	4:55.82
6	13	Chloe Hackett	Grafton	4:58.97
7	333	Hannah Wrigley	Port Hacking	5:04.52
8	243	Ashleigh Benham	Illawong	5:06.65
9	20	Georgia Dawson	Kurrajong Bilpin	5:15.02
10	5	Lara Pilton	Rutherford	5:16.83
11	124	Natalie Sharp	Lithgow	5:31.62
12	16	Peta Travis-Jones	Mudgee	5:32.45
13	2	Emily Mantle	Penrith Valley	5:43.24
14	4	Laurelle Morgan	Lockhart	5:44.98

Event 32 Boys U 17 - 1500 Metre Run

Name	Age	Team	Final	
1	4	Craig Cameron	Gosford	4:12.49
2	75	Vincent Donnadieu	Port Hacking	4:12.54
3	126	David Skinner	Macquarie Hunter	4:14.56
4	808	William Austin-Cra	Northern Suburbs	4:16.55
5	25	Jordan Gusman	Sawtell-Toormina	4:18.36
6	22	Jack Pearce	Macquarie Hunter	4:21.89
7	1	Ethan Beard	Bowral	4:22.08
8	441	Jack Huggett	Port Hacking	4:23.85
9	80	Kyle Macdonald	Bankstown Sports	4:28.24
10	9	Nathan West	Springwood	4:29.76
11	6	Cheyne Egelton	Nepean	4:31.60
12	22	Gareth Ryan	Albion Park	5:00.89
13	74	Gareth Williams	Dubbo	5:03.72

Event 33 Girls U 13 - 200 Metre Hurdles

Name	Age	Team	Heats	
Heat 1 Heats				
1	11	Ashlee Tait	Kings Langley	29.70Q
2	5	Madeleine Rushton	Cranebrook	30.22Q
3	6	Kaylee Curran	Ingleburn Rsl	30.41Q
4	66	Kristy Jackson	Camden	30.42q
5	212	Alicia Blackett	Kurrajong Bilpin	30.92
6	8	Lillie Moye	Sawtell-Toormina	31.58
7	58	Jerona Grove	Tumut District	31.60
8	40	Chaquemia Davis	Wollongong City	32.33

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Heat 2 Heats

1	71 Samantha Geddes	Port Hacking	28.94Q
2	159 Caitlin Silk	Young and District	29.62Q
3	222 Holly Winter	Cherrybrook	30.37Q
4	332 Emily Francis	Ku-Ring-Gai	30.42q
5	234 Bianca Fitzsimmons	Macquarie Hunter	31.48
6	109 Kiara Kovacs	Doonside	31.92
7	13 Kayley Alsford	Medowie	32.00
8	5 Jordan Douglass	Young and District	32.09

Event 34 Boys U 13 - 200 Metre Hurdles

Name	Age	Team	Heats
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Heat 1 Heats

1	346 Nelson Osifo	Cherrybrook	27.92Q
....Event 34 Boys U 13 - 200 Metre Hurdles			
2	99 Tyler Grindal	Northern Suburbs	28.29Q
3	74 Ben Allen	Tamworth	28.83Q
4	84 Mats Kumpulainen	Blacktown	29.03q
5	1 Liam Cashman	Port Hacking	29.39q
6	54 Reece McIntosh	Lake Illawarra	30.19
7	9 Miles Thornton	Old Bar	33.30

Heat 2 Heats

1	97 Jye Brooker	Albion Park	27.66Q
2	175 Anthony Schmidt	Liverpool City	29.08Q
3	13 Mitchell Lucas	Port Hacking	29.49Q
4	18 Dale Thomas	Port Macquarie	29.86
5	260 Adam Peachey	Port Hacking	30.04
6	1 Charles Slinger	Temora	30.21
7	66 Mitchell Acev	Wollongong City	32.00
8	12 Matthew White	Glenbrook	32.29

Event 35 Girls U 14 - 200 Metre Hurdles

Name	Age	Team	Heats
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Heat 1 Heats

1	18 Tiana Penitani	Eastern Suburbs	28.39Q
2	4 Brooke Kirk	Doonside	30.26Q
3	68 Courtney Elliott	Winston Hills	30.65Q
4	1 Julia Scott	Tamworth	31.55
5	172 Zoe Hodgekiss-Garg	Albion Park	33.28
6	34 Danielle Gee	Wallsend Rsl	33.80

Heat 2 Heats

1	62 Brooke Giffen	Illawong	29.19Q
2	3 Kate Bonser	Balmain	30.23Q
3	240 Sarah Watts	Hills District	30.70Q
4	226 Rowenn Turvey	Albion Park	30.74q
5	5 Lacey Bruce	Shoalhaven	31.49q
6	4 Courtney Evans	Colyton St Clair	31.77
7	171 Alysia Hughes	Glenbrook	33.04

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Event 36 Boys U 14 - 200 Metre Hurdles

Name	Age	Team	Heats
Heat 1 Heats			
1	8	William Richardson	Northern Suburbs 25.81Q
2	302	Duncan Watt	Port Hacking 27.81Q
3	15	Christopher Twigg	Wollongong City 27.96Q
4	5	Mitchel Van Noort	Northern Districts 28.41q
5	39	David Sheridan	Sawtell-Toormina 28.44q
6	148	Taylor Currie	Nepean 28.54
Heat 2 Heats			
1	459	Eric Ong	Port Hacking 27.54Q
2	630	Brendan Madeira	Randwick Botany 27.96Q
3	7	Rhys Stein	Warradale 28.35Q
4	74	Bryce Collins	Northern Suburbs 28.61
5	128	Daniel Buntin	Dapto 30.44
6	11	Aidan Neaves	Urunga 30.79
7	11	Ben Trembath	Dapto 33.36

Event 37 Girls U 15 - 200 Metre Hurdles

Name	Age	Team	Heats
Heat 1 Heats			
1	198	Tavleen Singh	Kurrajong Bilpin 28.44Q
2	3	Alison Abdullah	Illawong 29.45Q
2	215	Lanna Carter	Jamison 29.45Q
4	16	Paige Ussher-Kinne	Stuarts Point 29.74q
5	111	Naomi Polyzoidis	Wollongong City 29.80q
6	64	Jessica Winsper	Mudgee 30.66
7	80	April Sullivan	Albion Park 31.89
8	18	Cassandra Bailey	Macquarie Hunter 32.30
Heat 2 Heats			
1	398	Melissa Farrington	Northern Suburbs 28.36Q
2	217	Elizabeth Clay	Hornsby 29.47Q
3	5	Natalie Apikotoa	Kings Langley 29.75Q
4	5	Ella Regan-Lacey	South Eastern 30.01
5	63	Summer Micallef	Wollongong City 30.74

Event 38 Boys U 15 - 200 Metre Hurdles

Name	Age	Team	Heats
Heat 1 Heats			
1	1	Chamath Herath	Parramatta 26.26Q
2	3	Ben Gordon	Eastern Suburbs 26.34Q
3	1	Matthew Collins	Hills District 26.54Q
4	137	Dane English	Wollongong City 27.01q
5	213	Joshua Bingham	Lake Illawarra 27.62q
6	714	Sjion Stephens	Southlakes 27.95
7	3	Kieran Ball	Bathur 28.89
8	3	Tom McCoy	Kurrajong Bilpin 29.53

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Heat 2 Heats

1	5 Zachary Amos	Blacktown	26.44Q
2	98 Elijah Shipp	Manly Warringah	26.47Q
3	26 Lei-Han Lee	Canterbury	27.16Q
4	10 Alexander Tadros	Holroyd	27.80
5	3 Brendan Harwanek	Mt Druitt	28.07
6	32 Lochie Robinson	Quirindi	29.67
7	62 Jarrod Revell	Gunnedah	29.69

Event 39 Girls U 17 - 200 Metre Hurdles

Name	Age	Team	Heats
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Heat 1 Heats

1	1 Sarah Banister	Quirindi	27.47Q
2	43 Natalie Ferris	Gloucester	27.79Q
3	321 Sara Klein	Kurrajong Bilpin	28.73Q
4	133 Georgia Marshall	Penrith Valley	30.04
5	155 Natalie Murray	Canterbury	30.05
6	501 Holly Jenkins	Parramatta	31.84

Heat 2 Heats

1	210 Michelle Jenneke	Cherrybrook	27.41Q
2	5 Sarah Carli	Wollongong City	28.80Q
3	67 Kiara Fioravanti	Tiger Wests	29.17Q
4	7 Elana Withnall	Old Bar	29.33q
5	2 Rachel Shaw	Bowral	29.67q
6	11 Rebecca Cartwright	Kurrajong Bilpin	31.52
7	506 Eloise Cook	Parramatta	31.94
8	52 Theresa Coyle	Randwick Botany	31.98

Event 40 Boys U 17 - 200 Metre Hurdles

Name	Age	Team	Heats
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Heat 1 Heats

1	507 Justin Tarabine	Parramatta	24.65Q
2	1 Dean Invernon	Lake Illawarra	25.56Q
3	62 Christian Lozada	Port Hacking	25.58Q
4	72 Cameron Jones	Kurrajong Bilpin	25.85q
5	4 Luke Blackler	Tamworth	25.90q
6	3 Cameron Moore	Penrith Valley	25.96
7	3 Jack Katen	Forster/Tuncurry	26.87
8	51 Daniel James	Mudgee	27.32

Heat 2 Heats

1	333 Jack Bangel	Kurrajong Bilpin	24.81Q
2	307 Lachlan Bisshopp	Port Hacking	25.63Q
3	93 Phillip Komminos	Lake Illawarra	25.71Q
4	6 George Ockert	Holroyd	25.97
5	324 Graham Soling	Manly Warringah	26.03
6	348 Evan Clothier	Northern Districts	26.05
7	216 Mitchell Chapman	Kiama	27.59
8	17 Ben Passfield	Kurri Kurri	28.89

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Event 41 Girls U 10 - 1500 Metre Run

	Name	Age	Team	Final
1	381 Nell Breslin		Manly Warringah	5:21.17
2	5 Sinead Austwick		Albion Park	5:27.59
3	52 Ellen Kriedemann		Eastern Suburbs	5:27.63
4	7 Ali Thomson		Hills District	5:28.12
5	47 Bethany Videcak		Camp	5:34.56
6	12 Madeline Eaton		Wollongong City	5:36.61
7	34 Antonia Whiting		Ku-Ring-Gai	5:42.14
8	16 Shayla Szakacs		Albion Park	5:42.50
9	110 Sianna Steele		Jamison	5:47.19
10	38 Shayannae Wright		Southlakes	5:47.59
11	10 Rylee Towell		Revesby Workers	5:49.67
12	10 Soraya Usher		Katoomba	5:54.17
13	22 Layne Jones		Shoalhaven	5:57.10
14	43 Jessica Hayes		Port Macquarie	6:01.63
15	77 Brooke Ferguson		Kurrajong Bilpin	6:03.36

Event 42 Boys U 10 - 1500 Metre Run

	Name	Age	Team	Final
1	252 Elliot Metcalf		Manly Warringah	4:49.95
2	663 Finn Ballard McBri		Northern Suburbs	4:50.50
3	3 Nicholas Blakey		South Eastern	4:51.25
4	212 Jack Hinds		Randwick Botany	5:04.77
5	32 James Seal		Wollongong City	5:10.87
6	136 Tyler Egan		Bowral	5:12.05
7	53 Chase Karn		Southlakes	5:15.64
8	31 Liam Gorman		Manly Warringah	5:17.31
9	48 Samuel Holding		Card	5:23.05
10	66 Joshua Guy		Sawtell-Toormina	5:23.96
11	21 James Bottrill		Revesby Workers	5:30.58
12	151 Jack McAlister		Nepean	5:34.51
13	285 Angus Harrold		Emu Plains	5:56.82
14	107 Kyle Bedford		Nepean	5:59.36
15	138 Daniel Woods		Bathur	6:12.98

Event 43 Girls U 11 - 1500 Metre Run

	Name	Age	Team	Final
1	271 Tiarna Mason		Randwick Botany	5:10.73
2	65 Avalon Neate		Forster/Tuncurry	5:12.71
3	39 Lauren Moore		Macquarie Hunter	5:12.72
4	1 Briony Norton		Fairfield City	5:21.82
5	637 Gabby Mastroianni		Manly Warringah	5:23.46
6	5 Sarah Luxford		Springwood	5:27.00
7	129 Jemima McCalman		Orange	5:29.55
8	31 Catelin Vreeswyk		Doonside	5:30.46
9	186 Katelin Parkinson		Jamison	5:36.81
10	229 Matilda Offord		Camden	5:40.17
11	11 Tori Mansfield		Orange	5:42.07

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12	33	Olivia Whiting	Ku-Ring-Gai	5:43.23
13	23	Tayla Chaplin	Kings Langley	5:43.60
14	75	Chloe Saunders	Kempsey	5:49.91
15	6	Maddison Angelucci	Wollongong City	5:54.90
16	36	Bianca Elphick	Northern Illawarra	6:00.41

Event 44 Boys U 11 - 1500 Metre Run

	Name	Age	Team	Final
1	14 Joshua Head		Wollongong City	4:43.69
2	4 Finn Mergler		South Eastern	4:46.34
3	89 Jesse Maxwell		Macquarie Hunter	4:52.60
4	13 Kade Szakacs		Albion Park	4:55.27
5	708 Lachlan Cooper		Manly Warringah	4:55.64
6	411 Jarrod Herrmann		Port Hacking	4:59.41
7	41 Connor McGrath		Randwick Botany	5:02.26
8	137 William Smith		Hills District	5:07.10
9	101 Matthew Williams		Medowie	5:10.27
10	36 Bradley Wright		Parramatta	5:11.41
11	94 Connor Whiteley		Orange	5:11.42
12	58 Obssa Youssouf		Liverpool City	5:12.56
13	111 Joshua Cuthbert		Lake Illawarra	5:17.61
14	21 Tristan Muir		Singleton	5:17.68
15	28 Ryan Gregory		Nepean	5:25.02
16	240 Christian Falconer		Blacktown	5:36.57

Event 45 Girls U 12 - 1500 Metre Run

	Name	Age	Team	Final
1	92 Brooke Coggins		Wyong	5:06.96
2	8 Dominica Lucas		Mosman	5:07.36
3	37 Amy Harding		South Eastern	5:07.93
4	38 Lily Harding		South Eastern	5:12.93
5	4 Madyson Romer		Emu Plains	5:16.13
6	26 Lauren Briscoe		Western Suburbs	5:17.95
7	135 Emma Priestley		A.N.L.	5:24.14
8	71 Emily Nash		Newcastle City	5:27.39
9	4 Georgina Adams		Bathur	5:31.43
10	17 Bridget Kellett		Shoalhaven	5:32.47
11	142 Sofia Lovett		Springwood	5:33.16
12	260 Tara Kissick		Northern Districts	5:33.18
13	189 Audrey Pring		Kiama	5:47.54
14	14 Ashleigh Giddings		Wellington	6:07.58
15	91 Skye Bennett		Blacktown	6:19.08

Event 46 Boys U 12 - 1500 Metre Run

	Name	Age	Team	Final
1	14 Benjamin Thomson		Hills District	4:42.89
2	157 Adam Halmy		Northern Districts	4:45.31
3	123 Jye Perrott		Girraween	4:49.86
4	14 Jye Edwards		Albion Park	4:52.81

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5	168	Matthew Scarr	Gosford	4:53.01
6	444	Kurt Fryer	Randwick Botany	4:58.94
7	50	Daniel Campbell	Sawtell-Toormina	5:02.42
8	166	Bradley Andrews	Edgeworth	5:03.96
9	2	Ethan Dhu	Doonside	5:04.81
10	89	Matthew Ellis	Eastlakes	5:06.92
11	7	Sam Woods	Milton-Ulladulla	5:08.43
12	51	Maverick Tweedie	Camp	5:10.63
13	4	Jed Frank	Milton-Ulladulla	5:12.35
14	501	Adam Hooper	Glenbrook	5:15.90
15	145	Josh Toovey	Mudgee	5:20.23

Event 47 Girls U 13 - 200 Metre Hurdles

Name	Age	Team	Final	
Final				
1	71	Samantha Geddes	Port Hacking	28.74
2	11	Ashlee Tait	Kings Langley	28.97
3	5	Madeleine Rushton	Cranebrook	29.73
4	66	Kristy Jackson	Camden	29.74
5	222	Holly Winter	Cherrybrook	30.20
6	6	Kaylee Curran	Ingleburn Rsl	30.41
7	332	Emily Francis	Ku-Ring-Gai	30.81
8	159	Caitlin Silk	Young and District	33.32

Event 48 Boys U 13 - 200 Metre Hurdles

Name	Age	Team	Final	
Final				
1	97	Jye Brooker	Albion Park	27.14
2	99	Tyler Grindal	Northern Suburbs	28.09
3	175	Anthony Schmidt	Liverpool City	28.46
4	74	Ben Allen	Tamworth	28.64
5	13	Mitchell Lucas	Port Hacking	28.92
6	346	Nelson Osifo	Cherrybrook	29.01
7	84	Mats Kumpulainen	Blacktown	29.18
8	1	Liam Cashman	Port Hacking	29.82

Event 49 Girls U 14 - 200 Metre Hurdles

Name	Age	Team	Final	
Final				
1	18	Tiana Penitani	Eastern Suburbs	28.07
2	62	Brooke Giffen	Illawong	28.85
3	4	Brooke Kirk	Doonside	29.83
4	240	Sarah Watts	Hills District	30.03
5	68	Courtney Elliott	Winston Hills	30.19
6	3	Kate Bonser	Balmain	30.21
7	226	Rowenn Turvey	Albion Park	30.23
8	5	Lacey Bruce	Shoalhaven	30.35

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Event 50 Boys U 14 - 200 Metre Hurdles

Name	Age	Team	Final
Final			
1	8	William Richardson	Northern Suburbs 25.47
2	630	Brendan Madeira	Randwick Botany 27.01
3	459	Eric Ong	Port Hacking 27.02
4	302	Duncan Watt	Port Hacking 27.05
5	39	David Sheridan	Sawtell-Toormina 27.84
6	7	Rhys Stein	Warradale 27.96
7	15	Christopher Twigg	Wollongong City 28.48
8	5	Mitchel Van Noort	Northern Districts 29.35

Event 51 Girls U 15 - 200 Metre Hurdles

Name	Age	Team	Final
Final			
1	398	Melissa Farrington	Northern Suburbs 27.51
2	198	Tavleen Singh	Kurrajong Bilpin 28.14
3	5	Natalie Apikotoa	Kings Langley 28.68
4	217	Elizabeth Clay	Hornsby 28.88
5	215	Lanna Carter	Jamison 28.91
6	3	Alison Abdullah	Illawong 28.99
7	16	Paige Ussher-Kinne	Stuarts Point 29.61
8	111	Naomi Polyzoidis	Wollongong City 30.87

Event 52 Boys U 15 - 200 Metre Hurdles

Name	Age	Team	Final
Final			
1	1	Chamath Herath	Parramatta 25.03
2	98	Elijah Shipp	Manly Warringah 25.85
3	5	Zachary Amos	Blacktown 25.98
4	1	Matthew Collins	Hills District 26.21
5	3	Ben Gordon	Eastern Suburbs 26.47
6	26	Lei-Han Lee	Canterbury 26.95
7	137	Dane English	Wollongong City 27.00
8	213	Joshua Bingham	Lake Illawarra 27.67

Event 53 Girls U 17 - 200 Metre Hurdles

Name	Age	Team	Final
Final			
1	210	Michelle Jenneke	Cherrybrook 26.43
2	43	Natalie Ferris	Gloucester 27.17
3	1	Sarah Banister	Quirindi 27.18
4	5	Sarah Carli	Wollongong City 27.21
5	321	Sara Klein	Kurrajong Bilpin 28.22
6	67	Kiara Fioravanti	Tiger Wests 28.52
7	2	Rachel Shaw	Bowral 28.78
8	7	Elana Withnall	Old Bar 29.50

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Event 54 Boys U 17 - 200 Metre Hurdles

Name	Age	Team	Final
Final			
1	507	Justin Tarabine	Parramatta 24.07
2	333	Jack Bangel	Kurrajong Bilpin 24.48
3	62	Christian Lozada	Port Hacking 24.59
4	307	Lachlan Bisshopp	Port Hacking 25.01
5	93	Phillip Komminos	Lake Illawarra 25.43
6	4	Luke Blackler	Tamworth 25.74
7	1	Dean Invernon	Lake Illawarra 25.77
8	72	Cameron Jones	Kurrajong Bilpin 25.78

Event 55 Girls U 9 - 60 Metre Hurdles

Name	Age	Team	Heats
Heat 1 Heats			
1	266	Olivia Marfo	Winston Hills 10.89Q
2	42	Jemma Wilson	Wallsend Rsl 10.97Q
3	56	Belle Leonard	Raymond Terrace 11.01Q
4	131	Jenna Bentley	Albion Park 11.02
5	198	Kiara Chianese	Holroyd 11.13
6	143	Grace Lovett	Springwood 11.19
7	60	Sophie Crouch	Koorringal Wagga 11.45
Heat 2 Heats			
1	182	Dakota Thomas	Macquarie Hunter 10.26Q
2	288	Tien Jarvis	Western Suburbs 10.74Q
3	31	Maya Francis	Wollongong City 10.79Q
4	142	Ellie Cooper	Cherrybrook 10.98q
5	9	Shenay Edwards	Albion Park 10.99q
6	255	Emily Mooney	Winston Hills 11.02
7	27	Holly Collins	Nepean 12.34
--	456	Talia Lummow	Randwick Botany DNF

Event 56 Boys U 9 - 60 Metre Hurdles

Name	Age	Team	Heats
Heat 1 Heats			
1	8	Ben Kinasch	Cherrybrook 9.66Q
2	55	Ben West	Manly Warringah 10.43Q
3	63	Kade Hopkins	Forster/Tuncurry 10.48Q
4	201	Benjamin Carroll	Liverpool City 10.77q
5	39	James Neilly	Jamison 10.91
6	35	Tarje Whitford	Milton-Ulladulla 11.14
7	395	Ryan McNeill	Camp 11.38
8	171	Mana Donje	Canterbury 13.29

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Heat 2 Heats

1	128 Harry Schiemer	Thornton	10.51Q
2	50 Connor Barlow	Ingleburn Rsl	10.54Q
3	76 Alex Willett	Manly Warringah	10.64Q
4	140 Tully Murphy	Kurrajong Bilpin	10.78q
5	141 Isaac O'Brien	Dapto	10.85
6	36 Sam Ridley	Orange	10.94
7	55 Jaxon Parbery	A.N.L.	11.00
8	16 Thomas De Paoli	Leeton	11.11

Event 57 Girls U 10 - 60 Metre Hurdles

Name	Age	Team	Heats
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Heat 1 Heats

1	171 Tiana Jaber	Kings Langley	10.03Q
2	189 Kristie Edwards	Manly Warringah	10.37Q
3	261 Paulene Taganesia	Bankstown Sports	10.67Q
4	69 Georgia McEwan	Lake Illawarra	10.90q
5	36 Casey O'Sullivan	Werrington	11.26
6	37 Isabella Rankin	Lismore	11.34
7	17 Shelby-Lee Wintle	Maitland	11.34
8	200 Emma Manwaring	Young and District	12.77

Heat 2 Heats

1	107 Chyna Tavai-Willia	Bankstown Sports	10.16Q
2	80 Bernice De Jager	Macquarie Hunter	10.82Q
3	1 Tara Campbell	Doonside	10.87Q
4	108 Shannyn Bissett	Hornsby	10.93q
5	135 Caitlin Bass	Springwood	11.52
6	109 McKenzie Carr	Orange	11.70
7	11 Eloise Ashley-Coop	Finley	12.16
8	354 Lauren Mapusua	Randwick Botany	13.96

Event 58 Boys U 10 - 60 Metre Hurdles

Name	Age	Team	Heats
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Heat 1 Heats

1	218 Nicholas Frost	Northern Districts	10.04Q
2	72 Dylan Quirk	Eastern Suburbs	10.31Q
3	2 Tristan Brazulaiti	Albion Park	10.75Q
4	200 Nic Job	Jamison	11.25
5	212 Aron Cox	Kiama	12.08
6	190 Logan Claypole	Orange	12.28
7	2 Jed Englert	Tamworth	13.53

Heat 2 Heats

1	2 Rory Barkley	Northern Suburbs	9.79Q
2	275 Jaime Boutros	Bankstown Sports	10.12Q
3	49 Ben Carter	Manly Warringah	10.17Q
4	43 Zane Camenzuli	Emu Plains	10.48q
5	86 Riley Fisher	Macquarie Hunter	10.77q
6	10 Jack Sweeney	Jamison	10.99
7	58 Thomas Jackson	Narromine	11.03
8	131 Joshua Freedman	Western Suburbs	11.51

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Event 59 Girls U 11 - 60 Metre Hurdles

Name	Age	Team	Heats	
Heat 1 Heats				
1	152	Stevie Donougher	Port Hacking	10.13Q
2	597	Sophie Harding	Manly Warringah	10.21Q
3	46	Emma-Sue Greentree	Southlakes	10.42Q
4	15	Casey-Lee Bedford	Lake Illawarra	10.63
5	199	Renay Xuereb	Nepean	10.98
6	78	Clare Murphy	Orange	11.05
Heat 2 Heats				
1	122	Shenais Moss	Revesby Workers	9.91Q
2	363	Jasmine Fountas	Randwick Botany	10.24Q
3	84	Chloe Thurgate	Wollongong City	10.27Q
4	35	Chelsea Loughrey	Parramatta	10.30q
5	238	Jessica Potts	Macquarie Hunter	10.38q
6	43	Bridget Martin	Northern Districts	10.46
7	162	Deepika Naidu	Liverpool City	10.67
8	65	Hannah Guy	Sawtell-Toormina	11.12

Event 60 Boys U 11 - 60 Metre Hurdles

Name	Age	Team	Heats	
Heat 1 Heats				
1	11	Adam Potts	Ballina	10.00Q
2	7	Jarrold Twigg	Wollongong City	10.09Q
3	11	Sam Richardson	Northern Suburbs	10.32Q
4	63	Sam Reynolds	Sawtell-Toormina	10.33q
5	466	Jake Kambos	Randwick Botany	10.36
6	5	Todd Methven	Northern Illawarra	10.78
7	330	Lachlan Oxley	Doonside	10.84
8	87	Samuel Maxwell	Westlakes	11.15
Heat 2 Heats				
1	5	John Carroll	Tuggerah Lakes M	10.08Q
2	1	Aaron Jeffery	Western Suburbs	10.17Q
3	548	Andrew Chapman	Northern Suburbs	10.28Q
4	1	James Mizzi	Greystanes	10.30q
5	7	Kobe Collier	Albion Park	10.53
6	11	Ethan Burton	Doonside	10.55
7	6	Troy Harding	Narromine	12.60

Event 61 Girls U 12 - 60 Metre Hurdles

Name	Age	Team	Heats	
Heat 1 Heats				
1	30	Rachel Pace	Cherrybrook	9.99Q
2	183	Dominique Ivanov	Lake Illawarra	10.11Q
3	46	Breanna Franks	Raymond Terrace	10.16Q
4	45	Charly-Rose Dunne	Eastern Suburbs	10.20q
5	42	Alex Lavalle	Wollongong City	10.54
6	83	Karina Brown	Northern Suburbs	10.56
7	48	Alison Ostenfeld	Grafton	11.04
8	28	Grace Weir	Macquarie Hunter	11.15

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Heat 2 Heats

1	200	Madeleine Jones	Hornsby	9.98Q
2	101	Susie Seitaridis	Lake Illawarra	10.25Q
3	26	Danielle Francis	Penrith Valley	10.33Q
4	9	Christina Ribeiro	Doonside	10.43q
5	4	Rachel Tomlins	Sutherland	10.45
6	29	Melanie Ruse	Jamison	10.72
7	207	Taylor Thomson	Camp	10.90
8	94	Kira McCombie	Northern Illawarra	12.01

Event 62 Boys U 12 - 60 Metre Hurdles

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Name	Age Team	Heats
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Heat 1 Heats

1	270	Bailey Simonson	Manly Warringah	9.56Q
2	67	Paul Salem	Ku-Ring-Gai	9.70Q
3	9	Bradley Jones	Bankstown Sports	10.00Q
4	364	Thomas Banuelos	Eastern Suburbs	10.06q
5	453	Jeremy Masanga	Girraween	10.43
6	231	Caleb Broughton	Nepean	10.56
7	702	Isaac Goodhew	Southlakes	11.03
8	327	Jake Sullivan	Macquarie Hunter	11.08

Heat 2 Heats

1	22	Ryan Boot	Ku-Ring-Gai	9.97Q
2	175	Brock O'Donnell	Doonside	10.01Q
3	249	Hilary Zakria	Blacktown	10.40Q
4	199	Jack Dalton	Orange	10.42q
5	104	Blake Tindall	Maitland	10.43
6	9	Braden Scott	Young and District	10.57
7	8	Hamish Macdonald	Wollongong City	10.96
8	5	Anthony Scarfone	Griff	11.36

Event 63 Girls U 9-10 100 AWD

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1	90	Belinda Scott (T/F	Ku-Ring-Gai	21.67
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Event 64 Boys U 9-10 100 AWD

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1	22	Noah Negus (T/F 01	Griff	18.26
2	8	Joshua Parkinson (Kempsey	20.83

Event 65 Girls U 11-12 100 AWD

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1	181	Sarah Walsh (T/F 4	Helensburgh	17.73
2	233	Shannan Burows (T/	Ryde	19.20
3	34	Jessica Cronje (T/	Camp	20.26
4	46	Paige McCue-Shore	Eschol Park	18.69
5	136	Naomi Robinson (T/	Kiama	22.07

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Event 66 Boys U 11-12 100 AWD

1	379	Rohan Bright (T/F	Northern Districts	21.90
2	35	Jack McKechnie (T/	Warradale	19.39
3	29	Dylan Condon (T/F	Tuggerah Lakes M	20.81
4	223	Gordon Allan (T/F	Kings Langley	22.61
5	19	Travis Becker (T/F	Ambarvale	20.27

Event 67 Girls U 9 - 60 Metre Hurdles

Name	Age	Team	Final	
Final				
1	182	Dakota Thomas	Macquarie Hunter	9.98
2	288	Tien Jarvis	Western Suburbs	10.32
3	31	Maya Francis	Wollongong City	10.60
4	142	Ellie Cooper	Cherrybrook	10.69
5	42	Jemma Wilson	Wallsend Rsl	10.72
6	266	Olivia Marfo	Winston Hills	10.73
7	131	Jenna Bentley	Albion Park	11.21
8	56	Belle Leonard	Raymond Terrace	11.31

Event 68 Boys U 9 - 60 Metre Hurdles

Name	Age	Team	Final	
Final				
1	8	Ben Kinasch	Cherrybrook	9.74
2	128	Harry Schiemer	Thornton	10.36
3	55	Ben West	Manly Warringah	10.39
4	140	Tully Murphy	Kurrajong Bilpin	10.52
5	50	Connor Barlow	Ingleburn Rsl	10.55
6	76	Alex Willett	Manly Warringah	10.79
7	201	Benjamin Carroll	Liverpool City	11.08
8	63	Kade Hopkins	Forster/Tuncurry	11.17

Event 69 Girls U 10 - 60 Metre Hurdles

Name	Age	Team	Final	
Final				
1	107	Chyna Tavai-Willia	Bankstown Sports	9.84
2	171	Tiana Jaber	Kings Langley	9.96
3	189	Kristie Edwards	Manly Warringah	10.22
4	108	Shannyn Bissett	Hornsby	10.49
5	261	Paulene Taganesia	Bankstown Sports	10.54
6	69	Georgia McEwan	Lake Illawarra	10.69
7	1	Tara Campbell	Doonside	10.83
8	80	Bernice De Jager	Macquarie Hunter	11.52

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Event 70 Boys U 10 - 60 Metre Hurdles

Name	Age	Team	Final	
Final				
1	2	Rory Barkley	Northern Suburbs	9.88
2	275	Jaime Boutros	Bankstown Sports	10.00
3	218	Nicholas Frost	Northern Districts	10.12
4	2	Tristan Brazulaiti	Albion Park	10.25
5	49	Ben Carter	Manly Warringah	10.26
6	43	Zane Camenzuli	Emu Plains	10.27
7	72	Dylan Quirk	Eastern Suburbs	10.33
8	86	Riley Fisher	Macquarie Hunter	10.92

Event 71 Girls U 11 - 60 Metre Hurdles

Name	Age	Team	Final	
Final				
1	122	Shenais Moss	Revesby Workers	9.85
2	363	Jasmine Fountas	Randwick Botany	9.94
3	84	Chloe Thurgate	Wollongong City	10.00
4	152	Stevie Donougher	Port Hacking	10.07
5	597	Sophie Harding	Manly Warringah	10.14
6	238	Jessica Potts	Macquarie Hunter	10.19
7	35	Chelsea Loughrey	Parramatta	10.24
8	46	Emma-Sue Greentree	Southlakes	10.27

Event 72 Boys U 11 - 60 Metre Hurdles

Name	Age	Team	Final	
Final				
1	7	Jarrold Twigg	Wollongong City	9.83
2	5	John Carroll	Tuggerah Lakes M	9.88
3	11	Adam Potts	Ballina	9.93
4	1	Aaron Jeffery	Western Suburbs	10.00
5	11	Sam Richardson	Northern Suburbs	10.06
6	1	James Mizzi	Greystanes	10.13
7	548	Andrew Chapman	Northern Suburbs	10.17
8	63	Sam Reynolds	Sawtell-Toormina	10.26

Event 73 Girls U 12 - 60 Metre Hurdles

Name	Age	Team	Final	
Final				
1	30	Rachel Pace	Cherrybrook	9.77
2	101	Susie Seitaridis	Lake Illawarra	9.78
3	46	Breanna Franks	Raymond Terrace	9.92
4	200	Madeleine Jones	Hornsby	9.97
5	183	Dominique Ivanov	Lake Illawarra	10.05
6	45	Charly-Rose Dunne	Eastern Suburbs	10.12
7	26	Danielle Francis	Penrith Valley	10.41
8	9	Christina Ribeiro	Doonside	10.52

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Event 74 Boys U 12 - 60 Metre Hurdles

Name	Age	Team	Final	
Final				
1	270	Bailey Simonson	Manly Warringah	9.28
2	67	Paul Salem	Ku-Ring-Gai	9.32
3	175	Brock O'Donnell	Doonside	9.69
4	9	Bradley Jones	Bankstown Sports	9.82
5	22	Ryan Boot	Ku-Ring-Gai	9.83
6	364	Thomas Banuelos	Eastern Suburbs	9.87
7	249	Hilary Zakria	Blacktown	10.39
8	199	Jack Dalton	Orange	10.82

Event 75 Girls U 13 - 100 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	67	Audrey Kyriacou	Randwick Botany	13.05Q
2	80	Jenna Heath	Lithgow	13.08Q
3	35	Sara Marshall	Northern Suburbs	13.09Q
4	11	Ashlee Tait	Kings Langley	13.19q
5	2	Jaiden Walker	Stuarts Point	13.27q
6	349	Emily Mulcahy	Macquarie Hunter	13.27
7	5	Madeleine Rushton	Cranebrook	13.41
8	29	Ebony Blake	Nyngan	13.76
Heat 2 Heats				
1	71	Samantha Geddes	Port Hacking	13.17Q
2	98	Gianna Blenkhorn	Ballina	13.28Q
3	159	Caitlin Silk	Young and District	13.38Q
4	97	Ashleigh Wilson	Dapto	13.43
5	332	Emily Francis	Ku-Ring-Gai	13.53
6	198	Haley Butcherine	Orange	13.58
7	558	Akeisha Kelly	Randwick Botany	13.59
8	44	Emille Steele	Tallawong Park	13.67

Event 76 Boys U 13 - 100 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	448	Dylan Fuller	Western Suburbs	12.21Q
2	92	Jake Mayo	Werrington	12.51Q
3	13	Cameron Moore	Sutherland	12.57Q
3	82	Jaydn Phillips	Camden	12.57Q
5	54	Reece McIntosh	Lake Illawarra	13.18
6	97	Jye Brooker	Albion Park	13.25
7	79	Sam McKinley	Kurrajong Bilpin	13.29
8	203	Andrew Lentini	Western Blues	13.39

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Heat 2 Heats

1	80 Dylan Bennett	Thornton	12.29Q
2	301 Stephen Eaton	Cherrybrook	12.47Q
3	17 Michael Miller	Tuggerah Lakes M	12.49Q
4	340 Emmanuel Fakiye	N.R.C.	12.61q
5	60 Jack Fernance	Manilla	12.64
6	754 John Walker	Aberdeen	12.83
7	69 Nicholas Donato	Koorinal Wagga	12.99
8	211 Christian Foster	Wollongong City	13.31

Event 77 Girls U 14 - 100 Metre Run

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	Name	Age Team	Heats
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Heat 1 Heats

1	392 Karina Takchi	Cherrybrook	12.73Q
2	1 Mihaela Grnovic	Blacktown	12.89Q
3	68 Courtney Elliott	Winston Hills	13.04Q
4	123 Caitlin Dooley	Port Hacking	13.22
5	266 Brooke Scott	Emu Plains	13.37
6	4 Kirstie Pedrola	Nambucca District	13.52
7	2 Sophie Welsh	Leeton	13.59

Heat 2 Heats

1	32 Alison Ruse	Jamison	12.65Q
2	18 Tiana Penitani	Eastern Suburbs	12.85Q
3	11 Laura Andrezza	Lockhart	12.96Q
4	347 Vivien Przyborowsk	Macquarie Hunter	12.97q
5	250 Sophie Newham	Port Hacking	13.03q
6	35 Hayley Turner	Forster/Tuncurry	13.11
7	222 Riana Drake	Albion Park	13.18
8	92 Kirsten Nash	Albion Park	13.41

Event 78 Boys U 14 - 100 Metre Run

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	Name	Age Team	Heats
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Heat 1 Heats

1	110 Anas Ganaba Abu	Blacktown	11.76Q
....Event 78 Boys U 14 - 100 Metre Run			
2	39 David Sheridan	Sawtell-Toormina	12.07Q
3	37 Christopher Thesei	Manly Warringah	12.24Q
4	148 Tayler Currie	Nepean	12.25q
5	15 Christopher Twigg	Wollongong City	12.31q
6	118 Sharne Robinson	Wagga Wagga	12.32

Heat 2 Heats

1	17 Anthony Palmer	Cherrybrook	12.04Q
2	95 Kardue Daniels	Wollongong City	12.10Q
3	97 Sasha Stevenson-Ma	Mt Pritchard	12.31Q
4	302 Duncan Watt	Port Hacking	12.32
5	129 Blake Wasson	Quakers Hill	12.63

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Event 79 Girls U 15 - 100 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	1	Dejaneé Defoe	Mt Druitt 12.50Q
2	2	Victoria Ardita	Smithfield 12.52Q
3	267	Molly Tredinnick	Mosman 12.83Q
4	120	Chelsea Mifsud	Kurrajong Bilpin 12.98
5	11	Mikaela White	Gloucester 13.12
6	2	Tayla Barrett	Kurri Kurri 13.20
7	126	Bridget Pearson	Wollongong City 13.38
Heat 2 Heats			
1	198	Tavleen Singh	Kurrajong Bilpin 12.55Q
2	165	Skye Ryan	Albion Park 12.61Q
3	280	Alicia Sullivan	Camden 12.66Q
4	5	Natalie Apikotoa	Kings Langley 12.67q
5	398	Melissa Farrington	Northern Suburbs 12.71q
6	77	Alannah Jobson	Card 13.09
7	1	Gabriella Rhodes	Cowra 13.28
8	64	Jessica Winsper	Mudgee 13.77

Event 80 Boys U 15 - 100 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	1	Joshua Jay	Penrith Valley 11.15Q
2	101	Janayah Freeman	Young and District 11.46Q
3	1	Chamath Herath	Parramatta 11.53Q
4	318	Jacob Roberts	Kurrajong Bilpin 11.68q
5	27	James Benbow	Deniliquin 11.70q
6	39	Calvin Ireson	Dubbo 11.72
7	77	Liam Carney	Forster/Tuncurry 12.06
8	178	Dean Colligan	Wallsend Rsl 12.07
Heat 2 Heats			
1	1	Oscar Pople	Eastern Suburbs 11.50Q
2	249	Brodie Leeson	Albion Park 11.63Q
3	201	Joshua Mawhinney	Northern Districts 11.66Q
4	150	Chatchai Wongsa	Bankstown Sports 11.82
5	36	Jacob Lansdowne	Minchinbury 11.90
6	294	Dante Falzarano	Gosford 11.91
6	77	Ali Nazari	Tiger Wests 11.91
8	11	Wade Hazell	Tamworth 12.01

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Saturday Track Events

Event 81 Girls U 17 - 100 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	6	Alexandra Holt	A.N.L. 12.85Q
2	140	Emily Duve	Cherrybrook 12.85Q
3	59	Kirsty Honey	Albion Park 13.13Q
4	2	Rachel Shaw	Bowral 13.27q
5	4	Milly Collison	Cherrybrook 13.37
6	16	Tamara Mossfield	Kurrajong Bilpin 13.91
Heat 2 Heats			
1	210	Michelle Jenneke	Cherrybrook 12.17Q
2	1	Laura Bonzo	A.N.L. 12.30Q
3	48	Emma Johnson	Camp 12.95Q
4	501	Nicole Manzanera	Randwick Botany 13.27q
5	303	Alexandra Watt	Port Hacking 13.39
6	103	Krista Hackenberg	Colyton St Clair 13.43
7	169	Kirralea Shannon	Doonside 13.78

Event 82 Boys U 17 - 100 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	51	Ben Jaworski	Cherrybrook 11.08Q
2	507	Justin Tarabine	Parramatta 11.29Q
3	247	Dilshen Mooneesamy	Blacktown 11.55Q
4	1	Rory Bramble	Forster/Tuncurry 11.58q
5	1	Blake Langtry	Liverpool City 11.69
6	102	William Hudson	Wellington 11.77
7	4	Luke Blackler	Tamworth 11.77
8	69	Jack Rodda	Shoalhaven 12.10
Heat 2 Heats			
1	150	Mitchell Byrne	Springwood 11.34Q
2	107	Julian Rousetty	Camp 11.36Q
3	88	Rory Lenahan	Stuarts Point 11.39Q
4	77	Daniel Talevski	Bankstown Sports 11.54q
5	324	Graham Soling	Manly Warringah 11.66
6	1	Joshua McGrath	Bathur 12.19

Event 83 Girls U 9 - 100 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	456	Talia Lummow	Randwick Botany 15.02Q
2	726	Samantha Stanley	Manly Warringah 15.09Q
3	33	Mercedes Sovilj	Camp 15.17Q
4	198	Kiara Chianese	Holroyd 15.36q
5	385	Sophie Collyer	Ryde 15.36q
6	182	Dakota Thomas	Macquarie Hunter 15.37
7	42	Jemma Wilson	Wallsend Rsl 15.40
8	220	Brianna Humphries	Kurrajong Bilpin 15.90

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Heat 2 Heats

1	2 Alexis Jeffs	Card	14.66Q
2	165 Mariama McKern	Bowral	14.79Q
3	2 Reshaun Vaughan	Lethbridge Park	15.09Q
4	31 Maya Francis	Wollongong City	15.20q
5	117 Jade Mustapic	Albion Park	15.36q
6	57 Helena De Gruchy	Manly Warringah	15.47
7	131 Jenna Bentley	Albion Park	16.22
8	42 Caitlin Fenner	Springwood	16.25

Event 84 Boys U 9 - 100 Metre Run

Name	Age	Team	Heats
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Heat 1 Heats

1	8 Ben Kinasch	Cherrybrook	14.38Q
2	123 Cooper Jenkins	Medowie	14.44Q
3	58 Bradley Hunt	Ballina	14.69Q
4	207 Vaughan Hudy	Manly Warringah	14.74q
5	6 Mitchell Potts	Albion Park	14.86q
6	284 Oliver Haase	South Eastern	14.93
7	9 Shane Munaweera	Jamison	15.19
8	93 George Kendall	Koorringal Wagga	15.23

Heat 2 Heats

1	29 Connor Ruse-Kent	Albion Park	14.60Q
2	14 Kynan Headon	Hay	14.61Q
3	156 Mitchell Evans	Port Macquarie	14.72Q
4	36 Michael Dokovic	Liverpool City	14.86q
5	95 Bradman Best	Woy Woy	14.99
6	29 Jamie Karabesinis	Balmain	15.00
7	185 Blake Fishenden	Blacktown	15.01
8	86 Sam Kofod	Eastern Suburbs	15.21

Event 85 Girls U 10 - 100 Metre Run

Name	Age	Team	Heats
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Heat 1 Heats

1	189 Kristie Edwards	Manly Warringah	13.81Q
2	26 Bethany Kranendonk	Wyong	14.37Q
3	354 Lauren Mapusua	Randwick Botany	14.54Q
4	53 Ellie Carpenter	Dapto	14.57q
5	454 Renae Dehn	Liverpool City	14.58q
6	157 Alicia Marshall	Doonside	14.63
7	22 Talia Fisher	St George	14.68
8	30 Brooke Harper	Temora	14.98

Heat 2 Heats

1	22 Bianca Mason	Forster/Tuncurry	14.37Q
2	129 Eva Neville	Cessnock	14.40Q
3	3 Erin Cullen	A.N.L.	14.48Q
4	10 Kiara White	Albion Park	14.67
5	47 Binta Salawu	Doonside	14.69
6	24 Doveinah Vine	Camp	14.94
7	39 Jada Hartwig	Forbes	15.06
8	29 Samantha Laidler	Hills District	15.07

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Event 86 Boys U 10 - 100 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	716	Lewis Clabburn	Northern Suburbs	13.64Q
2	2	Tristan Brazulaiti	Albion Park	14.13Q
3	127	Bailey Antrobus	Wollongong City	14.21Q
4	98	Tim Sidebottom	Leeton	14.37q
5	152	Daniel Bosley	Nepean	14.47
6	45	Miles Petersen	Card	14.49
7	132	Joshua Azzopardi	Camden	14.49
8	275	Jaime Boutros	Bankstown Sports	14.52
Heat 2 Heats				
1	112	Isaac Davis	Macquarie Hunter	13.83Q
2	19	Marshall Luke	Rouse Hill Rams	13.99Q
3	28	Sebastien Moir	South Eastern	14.34Q
4	95	Jonti Lanz	A.N.L.	14.46q
5	15	Zachary Boyd	Wyong	14.52
6	21	Joshua Chandler	Doonside	14.56
7	58	Thomas Jackson	Narromine	14.87
8	200	Thomas Carroll	Liverpool City	14.88

Event 87 Girls U 11 - 100 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	53	Naomi Ramirez	Camden	13.56Q
2	33	Denise Youssef	Bankstown Sports	13.59Q
3	8	Chloe Antal	Hills District	14.15Q
4	15	Casey-Lee Bedford	Lake Illawarra	14.29q
5	57	Saffron Sylvester	Singleton	14.32q
6	341	Antonella Brajkovi	Randwick Botany	14.54
7	219	Caitlin O'Neill	Nepean	14.91
8	77	Alang Majuk	Blacktown	15.00
Heat 2 Heats				
1	372	Brooke Jenkins	Cherrybrook	13.29Q
2	93	Princess Daniels	Wollongong City	13.96Q
3	2	Laycee Covington-G	Bathur	13.96Q
4	22	Jasmine Dillon	Tuggerah Lakes M	14.35
5	16	Payton Smede	Dubbo	14.37
6	4	Carly Metcalfe	Kurri Kurri	14.66
7	100	Tara Guest	Gunnedah	14.79
8	9	Ainslie Harvey	Emu Plains	14.84

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Event 88 Boys U 11 - 100 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	425	Alec Nguyen	Bankstown Sports 13.29Q
2	89	Isaac Selvey	Armidale 13.81Q
3	1	James Mizzi	Greystanes 13.82Q
4	183	Zachary Thomas	Macquarie Hunter 14.02q
5	5	John Carroll	Tuggerah Lakes M 14.14
6	46	Bradon Bessant	Mudgee 14.26
7	7	Jarrood Twigg	Wollongong City 14.27
8	71	Justin Keightley	Jamison 14.27
Heat 2 Heats			
1	195	Jordan Idiare	Winston Hills 12.91Q
2	68	Alex Kyriacou	Randwick Botany 13.51Q
3	259	Adam Moussa	N.R.C. 13.92Q
4	4	Frederick Adutwum	Blacktown 13.94q
5	11	Adam Potts	Ballina 14.11
6	13	Liam Headon	Hay 14.22
7	152	Tre Finua	Griff 14.32
8	267	Richard Stewart	Jamison 14.33

Event 89 Girls U 12 - 100 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	1	Molly Blakey	South Eastern 13.00Q
2	290	Ruby Ritchie	Manly Warringah 13.06Q
3	55	Chloe Docker	Albion Park 13.20Q
4	16	Maddison Ingram	Raymond Terrace 13.52q
5	12	Katie Smee	Raymond Terrace 13.63q
6	217	Emma Frost	Northern Districts 13.78
7	15	Shannon Willmott	Doonside 14.30
8	42	Alex Lavalle	Wollongong City 14.64
Heat 2 Heats			
1	46	Breanna Franks	Raymond Terrace 13.02Q
2	158	Akua Nsiah	Greystanes 13.05Q
3	45	Charly-Rose Dunne	Eastern Suburbs 13.51Q
4	320	Carla Takchi	Cherrybrook 13.90
5	10	Katie Halliday-Joh	Blacktown 13.90
6	9	Christina Ribeiro	Doonside 14.25
7	93	Ellie Madden	Orange 14.40
8	183	Dominique Ivanov	Lake Illawarra 14.54

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Event 90 Boys U 12 - 100 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	343	Benjamin Alessio	St George 13.03Q
2	453	Jeremy Masanga	Girraween 13.16Q
3	194	Brodie Vassallo	Kurrajong Bilpin 13.50Q
4	115	Trent Halton	Edgeworth 13.76
5	4	Lewis Hughes	Springwood 13.78
6	86	Jack Ridley	Orange 13.80
6	11	Raymond Maroun	Holroyd 13.80
8	59	Jarred Parrelli	Western Blues 13.82
Heat 2 Heats			
1	280	Jordan Shelley	Hills District 12.95Q
2	486	Bryant Tan	Parramatta 13.12Q
3	775	Jayden Panetta	Northern Suburbs 13.31Q
4	193	Connor Kirkwood	Maitland 13.43q
5	52	Jeremy Carpenter	Dapto 13.52q
6	18	Daniel Quinten	Shoalhaven 13.72
7	136	Callen Meir	Edgeworth 14.02
8	20	Liam Ryan	Albion Park 14.24

Event 91 Girls U 13 - 400 Metre Run

Name	Age	Team	Final
Final			
1	1	Louise Hill	Mosman 59.43
2	534	Alina Tape	Nambucca District 1:00.08
3	56	Gloria Lee	Bankstown Sports 1:00.51
4	28	Monique Byers	Tiger Wests 1:00.56
5	80	Jenna Heath	Lithgow 1:01.44
6	277	Erica Leal	Randwick Botany 1:01.99
7	10	Averil Thornton	Old Bar 1:03.34
8	98	Maddi Carter	Springwood 1:04.20

Event 92 Boys U 13 - 400 Metre Run

Name	Age	Team	Final
Final			
1	301	Stephen Eaton	Cherrybrook 54.25
2	486	Patrick Frith	Manly Warringah 55.10
3	333	Jack Collett	Gosford 56.86
4	268	Fadi Eid	Blacktown 57.95
5	5	Luke Haworth	Charlestown 58.29
6	340	Hayden O'Neill	Randwick Botany 1:00.71
7	82	Jaydn Phillips	Camden 1:01.99
8	18	Dale Thomas	Port Macquarie 1:02.26

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Event 93 Girls U 14 - 400 Metre Run

Name	Age	Team	Final	
Final				
1	362	Natasha Fountas	Randwick Botany	59.19
2	222	Riana Drake	Albion Park	1:00.04
3	2	Kristie Blair	Werrington	1:00.19
4	3	Rachel Horwood	N.R.C.	1:00.81
5	75	Rebecca Norton	Girraween	1:01.11
6	12	Caitlin Headon	Lockhart	1:01.48
7	9	Kirra Nean	Woodberry & Dist	1:01.83
8	35	Hayley Turner	Forster/Tuncurry	1:02.28

Event 94 Boys U 14 - 400 Metre Run

Name	Age	Team	Final	
Final				
1	1	Jarred Tyack	Forbes	53.08
2	8	William Richardson	Northern Suburbs	53.29
3	11	James Kermond	Bankstown Sports	53.81
4	149	Christopher Debrin	Camden	54.10
5	39	David Sheridan	Sawtell-Toormina	54.62
6	635	Harry Lowe	Manly Warringah	56.46
7	50	Morgan Paterson	Northern Suburbs	58.98
8	555	Beau Tape	Nambucca District	1:00.90

Event 95 Girls U 15 - 400 Metre Run

Name	Age	Team	Final	
Final				
1	88	Nicola Keane	Sutherland	57.16
2	8	Tahlia Hunter	Emu Plains	58.34
3	7	Tia O'Carroll	Macquarie Hunter	58.42
4	133	Emilie Nelson	Mosman	59.68
5	246	Madeline Smith	Gosford	1:00.12
6	3	Alison Abdullah	Illawong	1:00.77
7	7	Courtney Chamberla	Cherrybrook	1:00.90

Event 96 Boys U 15 - 400 Metre Run

Name	Age	Team	Final	
Final				
1	11	Wade Hazell	Tamworth	52.06
2	249	Brodie Leeson	Albion Park	52.52
3	122	Sam Willmott	Port Hacking	53.30
4	114	Ben Whitechurch	Emu Plains	53.71
5	98	Elijah Shipp	Manly Warringah	54.02
6	3	Ben Gordon	Eastern Suburbs	54.51
7	301	Benjamin Henry	Hornsby	55.37
8	357	Aaron Crawford	Bankstown Sports	57.28

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Event 97 Girls U 17 - 400 Metre Run

Name	Age	Team	Final
Final			
1	247	Jacarna Bain-Fento	Cessnock 56.75
2	112	Emily Coppins	Thornton 57.18
3	73	Savannah Walker	Stuarts Point 57.26
4	18	Jenny Blundell	Cherrybrook 57.45
5	5	Sarah Carli	Wollongong City 57.47
6	329	Nerida Blundy	Cherrybrook 59.39
7	59	Kirsty Honey	Albion Park 1:00.05
8	300	Tara Vance	Ryde 1:01.62

Event 98 Boys U 17 - 400 Metre Run

Name	Age	Team	Final
Final			
1	1	Ian Halpin	Katoomba 50.19
2	634	Jackson Lowe	Manly Warringah 50.68
3	4	Craig Cameron	Gosford 51.29
4	22	Gareth Ryan	Albion Park 51.40
5	3	Jack Katen	Forster/Tuncurry 53.48
6	6	George Ockert	Holroyd 55.09

Event 99 Girls U 9 - 400 Metre Run

Name	Age	Team	Final
Final			
1	9	Shenay Edwards	Albion Park 1:09.33
2	238	Edita Grinbergs	Manly Warringah 1:10.48
3	117	Jade Mustapic	Albion Park 1:11.02
4	18	Ashlee Forbes	Tuggerah Lakes M 1:12.59
5	124	Rachel Lowe	Western Suburbs 1:14.11
6	26	Jessica Chinnock	Wollongong City 1:14.37
7	48	Sophie Hunter	N.R.C. 1:15.59
8	172	Annie Miller	Orange 1:18.16

Event 100 Boys U 9 - 400 Metre Run

Name	Age	Team	Final
Final			
1	402	William Fagan	Eastern Suburbs 1:06.65
2	21	Zunaid Dubois	Stockton 1:07.15
3	14	Kynan Headon	Hay 1:07.77
4	34	Angus Ernst	Maitland 1:07.83
5	6	Mitchell Potts	Albion Park 1:08.22
6	28	Josh Green	Cherrybrook 1:08.43
7	666	Bryn Lynch	Manly Warringah 1:11.27

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Event 101 Girls U 10 - 400 Metre Run

Name	Age	Team	Final
Final			
1	26	Bethany Kranendonk Wyong	1:06.85
2	24	N'Dea Rumble Armidale	1:06.87
3	78	Georgia Taylor Randwick Botany	1:07.23
4	10	Zoe Latham Ryde	1:07.44
5	5	Sinead Austwick Albion Park	1:08.59
6	10	Rylee Towell Revesby Workers	1:09.40
7	80	Bernice De Jager Macquarie Hunter	1:10.65
8	5	Jemma Antonios Holroyd	1:11.32

Event 102 Boys U 10 - 400 Metre Run

Name	Age	Team	Final
Final			
1	10	Tyler Gunn Gosford	1:01.88
2	187	Jy Paulson Bankstown Sports	1:01.96
3	28	Sebastien Moir South Eastern	1:05.09
4	212	Jack Hinds Randwick Botany	1:05.88
5	370	Ethan Fowles Macquarie Hunter	1:06.24
6	516	Finnian Kelleher Manly Warringah	1:07.49
7	53	Chase Karn Southlakes	1:07.88
8	275	Jayden Kastelan Emu Plains	1:09.16

Event 103 Girls U 11 - 400 Metre Run

Name	Age	Team	Final
Final			
1	5	Alex Kerr Balmain	1:03.07
2	35	Katrina Lamas Holroyd	1:03.79
3	437	Raukura Doyle Northern Suburbs	1:05.23
4	20	Melanie Kirk Jamison	1:06.31
5	26	Courtney Cattell Cherrybrook	1:06.60
6	57	Emilie Lhotka Bankstown Sports	1:07.32
7	4	Kelsey Gray Orange	1:09.45
8	31	Catelin Vreeswyk Doonside	1:10.37

Event 104 Boys U 11 - 400 Metre Run

Name	Age	Team	Final
Final			
1	68	Alex Kyriacou Randwick Botany	1:00.16
2	302	Matthew Eaton Cherrybrook	1:01.23
3	77	Lachlan Trowell Randwick Botany	1:01.23
4	193	Billy Ryan South Eastern	1:02.41
5	342	Benjamin Basten Ku-Ring-Gai	1:03.79
6	13	Liam Headon Hay	1:04.84
7	257	George Gardiner Northern Suburbs	1:05.85
8	119	George Carpenter Sawtell-Toormina	1:05.99

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Event 105 Girls U 12 - 400 Metre Run

Name	Age	Team	Final	
Final				
1	1	Molly Blakey	South Eastern	1:00.67
2	64	Sherryn Micallef	Wollongong City	1:02.10
3	101	Susie Seitaridis	Lake Illawarra	1:02.67
4	469	Alexandra Gorman	Northern Suburbs	1:02.74
5	38	Lily Harding	South Eastern	1:04.03
6	204	Mauhgan Wellham	Wallsend Rsl	1:04.91
7	195	Sophie Gleeson	Revesby Workers	1:07.11

Event 106 Boys U 12 - 400 Metre Run

Name	Age	Team	Final	
Final				
1	175	Brock O'Donnell	Doonside	57.61
2	18	James McFadden	Ku-Ring-Gai	1:00.03
3	193	Connor Kirkwood	Maitland	1:00.34
4	115	Trent Halton	Edgeworth	1:01.25
5	22	Ryan Boot	Ku-Ring-Gai	1:01.95
6	123	Jye Perrott	Girraween	1:02.87
7	24	Andrew Abdullah	Illawong	1:02.99
8	126	Angus McDonnell	Ballina	1:04.77

Event 107 Girls U 13 - 100 Metre Run

Name	Age	Team	Final	
Final				
1	11	Ashlee Tait	Kings Langley	12.95
2	35	Sara Marshall	Northern Suburbs	13.10
3	80	Jenna Heath	Lithgow	13.13
4	67	Audrey Kyriacou	Randwick Botany	13.18
5	2	Jaiden Walker	Stuarts Point	13.21
6	71	Samantha Geddes	Port Hacking	13.24
7	98	Gianna Blenkhorn	Ballina	13.38
8	159	Caitlin Silk	Young and District	13.49

Event 108 Boys U 13 - 100 Metre Run

Name	Age	Team	Final	
Final				
1	448	Dylan Fuller	Western Suburbs	12.04
2	80	Dylan Bennett	Thornton	12.28
3	13	Cameron Moore	Sutherland	12.42
4	301	Stephen Eaton	Cherrybrook	12.47
5	92	Jake Mayo	Werrington	12.52
6	17	Michael Miller	Tuggerah Lakes M	12.62
7	82	Jaydn Phillips	Camden	12.64
8	340	Emmanuel Fakiye	N.R.C.	26.31

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Event 109 Girls U 14 - 100 Metre Run

Name	Age	Team	Final
Final			
1	32	Alison Ruse	Jamison 12.68
2	392	Karina Takchi	Cherrybrook 12.80
3	1	Mihaela Grnovic	Blacktown 12.91
4	18	Tiana Penitani	Eastern Suburbs 13.03
5	11	Laura Andrezza	Lockhart 13.05
6	68	Courtney Elliott	Winston Hills 13.08
7	250	Sophie Newham	Port Hacking 13.14
8	347	Vivien Przyborowsk	Macquarie Hunter 13.22

Event 110 Boys U 14 - 100 Metre Run

Name	Age	Team	Final
Final			
1	110	Anas Ganaba Abu	Blacktown 11.76
2	17	Anthony Palmer	Cherrybrook 11.94
3	39	David Sheridan	Sawtell-Toormina 12.08
4	95	Kardue Daniels	Wollongong City 12.09
5	97	Sasha Stevenson-Ma	Mt Pritchard 12.34
6	148	Taylor Currie	Nepean 12.45
7	37	Christopher Thesei	Manly Warringah 12.49
8	15	Christopher Twigg	Wollongong City 12.77

Event 111 Girls U 15 - 100 Metre Run

Name	Age	Team	Final
Final			
1	198	Tavleen Singh	Kurrajong Bilpin 12.26
2	1	Dejane Defoe	Mt Druitt 12.48
3	165	Skye Ryan	Albion Park 12.52
4	280	Alicia Sullivan	Camden 12.56
5	2	Victoria Ardita	Smithfield 12.59
6	398	Melissa Farrington	Northern Suburbs 12.62
7	267	Molly Tredinnick	Mosman 12.69
8	5	Natalie Apikotoa	Kings Langley 12.70

Event 112 Boys U 15 - 100 Metre Run

Name	Age	Team	Final
Final			
1	1	Joshua Jay	Penrith Valley 11.16
2	101	Janayah Freeman	Young and District 11.48
3	1	Oscar Pople	Eastern Suburbs 11.55
4	1	Chamath Herath	Parramatta 11.68
5	201	Joshua Mawhinney	Northern Districts 11.76
6	27	James Benbow	Deniliquin 11.80
7	318	Jacob Roberts	Kurrajong Bilpin 11.84
8	249	Brodie Leeson	Albion Park 11.96

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Event 113 Girls U 17 - 100 Metre Run

Name	Age	Team	Final	
Final				
1	210	Michelle Jenneke	Cherrybrook	12.27
2	1	Laura Bonzo	A.N.L.	12.43
3	6	Alexandra Holt	A.N.L.	12.83
4	140	Emily Duve	Cherrybrook	12.85
5	48	Emma Johnson	Camp	13.14
6	59	Kirsty Honey	Albion Park	13.18
7	501	Nicole Manzanera	Randwick Botany	13.28

Event 114 Boys U 17 - 100 Metre Run

Name	Age	Team	Final	
Final				
1	51	Ben Jaworski	Cherrybrook	10.84
2	107	Julian Rousetty	Camp	11.01
3	507	Justin Tarabine	Parramatta	11.09
4	150	Mitchell Byrne	Springwood	11.15
5	88	Rory Lenehan	Stuarts Point	11.22
6	77	Daniel Talevski	Bankstown Sports	11.27
7	247	Dilshen Mooneesamy	Blacktown	11.41
8	1	Rory Bramble	Forster/Tuncurry	11.53

Event 115 Girls U 9 - 100 Metre Run

Name	Age	Team	Final	
Final				
1	2	Alexis Jeffs	Card	14.65
2	165	Mariama McKern	Bowral	14.69
3	726	Samantha Stanley	Manly Warringah	14.73
4	198	Kiara Chianese	Holroyd	14.88
5	33	Mercedes Sovilj	Camp	14.90
6	456	Talia Lummow	Randwick Botany	14.96
7	2	Reshaun Vaughan	Lethbridge Park	15.01
8	31	Maya Francis	Wollongong City	15.26
9	182	Dakota Thomas	Macquarie Hunter	15.31
10	385	Sophie Collyer	Ryde	15.38

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Event 116 Boys U 9 - 100 Metre Run

Name	Age	Team	Final	
Final				
1	8	Ben Kinasch	Cherrybrook	14.06
2	123	Cooper Jenkins	Medowie	14.22
3	29	Connor Ruse-Kent	Albion Park	14.31
4	207	Vaughan Hudy	Manly Warringah	14.54
5	156	Mitchell Evans	Port Macquarie	14.59
6	58	Bradley Hunt	Ballina	14.60
7	6	Mitchell Potts	Albion Park	14.70
8	36	Michael Dokovic	Liverpool City	14.77
9	14	Kynan Headon	Hay	14.84

Event 117 Girls U 10 - 100 Metre Run

Name	Age	Team	Final	
Final				
1	189	Kristie Edwards	Manly Warringah	13.71
2	22	Bianca Mason	Forster/Tuncurry	14.18
3	26	Bethany Kranendonk	Wyong	14.20
4	129	Eva Neville	Cessnock	14.24
5	53	Ellie Carpenter	Dapto	14.26
6	354	Lauren Mapusua	Randwick Botany	14.45
7	3	Erin Cullen	A.N.L.	14.51
8	454	Renaë Dehn	Liverpool City	14.61

Event 118 Boys U 10 - 100 Metre Run

Name	Age	Team	Final	
Final				
1	716	Lewis Clabburn	Northern Suburbs	13.42
2	112	Isaac Davis	Macquarie Hunter	13.48
3	19	Marshall Luke	Rouse Hill Rams	13.77
4	2	Tristan Brazulaiti	Albion Park	13.84
5	127	Bailey Antrobus	Wollongong City	13.88
6	28	Sebastien Moir	South Eastern	14.20
7	95	Jonti Lanz	A.N.L.	14.22
8	98	Tim Sidebottom	Leeton	14.25

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Event 119 Girls U 11 - 100 Metre Run

Name	Age	Team	Final	
Final				
1	372	Brooke Jenkins	Cherrybrook	13.22
2	33	Denise Youssef	Bankstown Sports	13.42
3	53	Naomi Ramirez	Camden	13.47
4	2	Laycee Covington-G	Bathur	13.80
5	93	Princess Daniels	Wollongong City	13.81
6	15	Casey-Lee Bedford	Lake Illawarra	14.09
7	8	Chloe Antal	Hills District	14.26
8	57	Saffron Sylvester	Singleton	14.41

Event 120 Boys U 11 - 100 Metre Run

Name	Age	Team	Final	
Final				
1	195	Jordan Idiare	Winston Hills	12.91
2	425	Alec Nguyen	Bankstown Sports	13.04
3	68	Alex Kyriacou	Randwick Botany	13.60
4	1	James Mizzi	Greystanes	13.82
5	89	Isaac Selvey	Armidale	13.88
6	259	Adam Moussa	N.R.C.	14.10
7	4	Frederick Adutwum	Blacktown	14.15
8	183	Zachary Thomas	Macquarie Hunter	14.21

Event 121 Girls U 12 - 100 Metre Run

Name	Age	Team	Final	
Final				
1	290	Ruby Ritchie	Manly Warringah	12.75
2	46	Breanna Franks	Raymond Terrace	12.93
3	158	Akua Nsiah	Greystanes	12.94
4	1	Molly Blakey	South Eastern	13.12
5	55	Chloe Docker	Albion Park	13.23
6	45	Charly-Rose Dunne	Eastern Suburbs	13.33
7	12	Katie Smee	Raymond Terrace	13.49
8	16	Maddison Ingram	Raymond Terrace	13.52

Event 122 Boys U 12 - 100 Metre Run

Name	Age	Team	Final	
Final				
1	280	Jordan Shelley	Hills District	12.59
2	343	Benjamin Alessio	St George	12.82
3	486	Bryant Tan	Parramatta	12.99
4	775	Jayden Panetta	Northern Suburbs	13.17
5	453	Jeremy Masanga	Girraween	13.19
6	193	Connor Kirkwood	Maitland	13.36
7	52	Jeremy Carpenter	Dapto	13.39
8	194	Brodie Vassallo	Kurrajong Bilpin	13.57

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Event 123 Girls U 13 - 3000 Metre Run

=====			
	Name	Age Team	Final
=====			
1	90 Sarah Marvin	Winston Hills	10:35.20
2	68 Abby Tozer	Tumut District	11:14.86
3	653 Emily Augustine	Manly Warringah	11:14.89
4	45 Elise Hay	Armidale	11:14.94
5	3 Jasmine Dighton	Glenbrook	11:32.79
6	1 Ashleigh Resch	Wallsend Rsl	11:33.60
7	425 Dee Ridge	Camp	11:35.86
8	5 Karlie Swanson	Urunga	11:40.51
9	252 Georgia Winkcup	Cherrybrook	11:42.23
10	11 Taylor Wild	Mt Druitt	12:06.47
11	11 Danielle Pearson	Bathur	12:18.93
12	102 Bridget O'Connell	Randwick Botany	12:32.93
13	14 Paige Dunn	Dubbo	12:47.36
14	273 Ariel Kniznikov	Randwick Botany	13:07.17

Event 124 Boys U 13 - 3000 Metre Run

=====			
	Name	Age Team	Final
=====			
1	3 James Cox	Gosford	10:00.03
2	100 Carl Williams	Medowie	10:00.78
3	1 Maine Vidler	Cherrybrook	10:05.61
4	4 Daniel Francken	Katoomba	10:07.44
5	14 Rhys Gillon	Sutherland	10:09.26
6	1 Gus Frank	Milton-Ulladulla	10:24.23
7	142 Sam Hitchcock	Card	10:26.66
8	113 Jakob McAnulty	Colyton St Clair	10:28.01
9	32 Liam Sparke	Illawong	10:32.56
10	200 Darian Hargreaves	Northern Suburbs	10:44.07
11	30 Alexander Seal	Wollongong City	11:12.06
12	50 Tom Stafford	Kurrajong Bilpin	11:47.24
13	100 Kurt Bedford	Lake Illawarra	12:04.42
14	26 Peter Poole	Narrdr	12:06.32

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Event 125 Girls U 14 - 3000 Metre Run

Name	Age	Team	Final	
1	4	Tayla Merrick	Camden	10:43.03
2	167	Jessica Fearnley	Bathur	10:52.84
3	34	Andrea Lamas	Holroyd	10:56.63
4	37	Corinne Gard	Hills District	11:14.09
5	105	Stephanie Kalemusi	Werrington	11:19.38
6	509	Jessica Vernon	Glenbrook	11:24.20
7	272	Samantha Martin	Randwick Botany	11:33.00
8	29	Amelia Gorman	Manly Warringah	11:52.86
9	277	Olivia Dunn	Hornsby	12:06.70
10	828	Heather-Lee Smith-	Nepean	12:26.61
11	43	Laura McNeil	Card	12:39.84
12	119	Elizabeth Harre	Grafton	12:53.58
13	8	Jemma O'Carroll	Macquarie Hunter	12:55.68
14	44	Arkie Cupitt	Wollongong City	13:06.30
15	71	Ashleigh Carter	Albion Park	13:12.51

Event 126 Boys U 14 - 3000 Metre Run

Name	Age	Team	Final	
1	99	Max Wilson	Randwick Botany	9:39.21
2	236	Charlie Hunter	Gosford	9:41.89
3	1	Joshua Kentwell	Dapto	10:06.10
4	53	Pierce Coles-Sincl	Illawong	10:17.10
5	380	David Pike	Port Hacking	10:50.30
6	22	Nicholas Hokin	Preston Robins	10:58.86
7	200	Simon Camire	A.N.L.	10:59.62
8	151	Colin Menzies	Albion Park	11:00.18
9	8	Aaron Morham	Finley	11:04.48
10	19	Mathew Holt	Colyton St Clair	11:15.66
11	10	Alex Moore	Penrith Valley	11:30.69
12	257	Cody Hutchison	Albion Park	11:39.72
13	21	Izack Lynch	Wallsend Rsl	11:47.80

Event 127 Girls U 15 - 3000 Metre Run

Name	Age	Team	Final	
1	257	Kate Spencer	Ryde	10:14.34
2	4	Caitlin Delaney	Tuggerah Lakes M	10:18.50
3	2	Amity Delaney	Manly Warringah	10:30.39
4	344	Emma McKinney	Randwick Botany	10:46.86
5	2	Morgan Moloney	Springwood	10:55.52
6	10	Shannen Caffrey	Illawong	10:59.73
7	4	Tori Jones	Shoalhaven	11:03.09
8	419	Samantha Sale	Port Hacking	12:11.68
9	207	Roslyn Mangulabnan	Jamison	12:41.77

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Saturday Track Events

Event 128 Boys U 15 - 3000 Metre Run

Name	Age	Team	Final	
1	11	Joshua Kelly-Makov	Illawong	9:43.63
2	184	Adam Booth	Randwick Botany	9:45.77
3	1	Matthew Berrington	Sawtell-Toormina	10:00.38
4	46	Ben Allen	Winston Hills	10:01.31
5	69	Christian Tozer	Tumut District	10:08.72
6	45	Jacob Tiernan	Cootamundra	10:13.35
7	4	Kurtis Birch-Ward	Bankstown Sports	10:23.80
8	224	Bradie Smith	Singleton	10:48.70
9	383	Ryan Jelley	Tuggerah Lakes M	10:54.34
10	232	Jordan Flanagan	Colyton St Clair	11:05.69
11	21	Callan Lewis	Taree	11:12.47
12	3	Kieran Ball	Bathur	11:18.74
13	1	Brandon Smallwood	Hawkesbury City	11:34.17
14	164	Vito Colavito	Liverpool City	12:11.12

Event 129 Girls U 17 - 3000 Metre Run

Name	Age	Team	Final	
1	75	Else Gallen	Riverstone	10:33.66
2	13	Chloe Hackett	Grafton	10:51.77
3	8	Brittany Annear	Tuggerah Lakes M	11:09.30
4	70	Eliza Bell	Wyong	11:28.16
5	243	Ashleigh Benham	Illawong	11:33.98
6	16	Peta Travis-Jones	Mudgee	11:47.53
7	424	Corinne Fulford	Camp	12:00.59
8	2	Stephanie Ambrose	Bankstown Sports	12:10.48
9	4	Krystal Cagney	Inverell	12:21.95
10	369	Holly Ratajec	Liverpool City	12:33.51
11	823	Allison Kingsford	Nepean	12:34.85
12	273	Elise Blunden	Kurrajong Bilpin	12:41.13

Event 130 Boys U 17 - 3000 Metre Run

Name	Age	Team	Final	
1	808	William Austin-Cra	Northern Suburbs	9:20.94
2	22	Jack Pearce	Macquarie Hunter	9:23.91
3	514	Daniel Terranova	Parramatta	9:29.07
4	1	Ethan Beard	Bowral	9:33.50
5	80	Kyle Macdonald	Bankstown Sports	9:45.78
6	1	James Bergfield	Ryde	9:45.88
7	441	Jack Huggett	Port Hacking	9:51.10
8	47	Kasimir Gregory	Armidale	9:56.13
9	9	Nathan West	Springwood	10:01.07
10	39	Jake Sutherland	Kempsey	10:25.77
11	17	Tim Hart	Eschol Park	11:04.77
12	1	Joshua McGrath	Bathur	11:23.49

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Event 60 Boys U 10 - High Jump

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=====
State: S 1.51m 21/03/2004 Jake Stein, Warradale
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1	66 Harrison Brierley	Illawong	1.43m
2	1 Austin Quast	Colyton St Clair	1.37m
3	86 Riley Fisher	Macquarie Hunter	1.37m
3	48 Mitchell Johnston	Albion Park	1.37m
5	646 Daniel Hawkins	Northern Suburbs	1.37m
6	204 Tarryn Trindall	Doonside	1.30m
7	43 Luke Grey	Dubbo	1.30m
8	64 Joshua Smith	Illawong	1.25m
9	188 Jack Dempsey	Northern Districts	1.20m
9	22 Liam King	Cessnock	1.20m
11	2 Jarryd Sutherland	A.N.L.	1.20m
12	9 Fraser Matthews	Lockhart	1.15m
13	63 Aaron Kitch	Wellington	1.15m
14	214 Jacob Winston	Manly Warringah	1.10m
14	131 Joshua Freedman	Western Suburbs	1.10m

Event 61 Boys U 11 - High Jump

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=====
State: S 1.63m 17/03/1996 John Thornell, Green Valley
=====

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1	289 Mason Boyd	Macquarie Hunter	1.47m
2	4 Will Bower	Maitland	1.47m
3	27 Jonathon Gusman	Sawtell-Toormina	1.45m
3	503 Tyson Holmes	Manly Warringah	1.45m
5	164 Babucarr McKerr	Bowral	1.40m
6	433 Alex Cerroti	Western Suburbs	1.40m
7	61 Max Barber	Narromine	1.40m
8	5 Hayden Perry	Glenbrook	1.40m
8	23 Adam Engeler	Illawong	1.40m
10	105 Maniah Betham	Minchinbury	1.35m
10	50 Kyle Goodwin	Illawong	1.35m
12	5 Todd Methven	Northern Illawarra	1.35m
13	11 Ethan Burton	Doonside	1.30m
14	113 Tim Pymont	Dapto	1.20m
15	180 Alexander Cummins	Winston Hills	1.15m
--	99 Dylan O'Connor	Manly Warringah	NH

Event 62 Girls U 17 - High Jump

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=====
State: S 1.70m 20/02/2010 Emily Crutcher, Glenfell
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1	35 Emily Crutcher	Grenfell	1.84mS
2	2 Emma Cormack	Katoomba	1.68m
3	505 Charlotte Hepworth	Manly Warringah	1.62m
4	103 Mataya Young	Katoomba	1.60m
5	26 Taleigha Gillan	Nambucca District	1.56m
6	16 Courtney Steele	Quirindi	1.54m
7	224 Courtney Logan	Bankstown Sports	1.45m
7	52 Theresa Coyle	Randwick Botany	1.45m
9	1 Shae Mansfield	Orange	1.40m
10	1 Brittany Williams	Macquarie Hunter	1.35m

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10	99	Mikhaila Gray	Orange	1.35m
--	2	Rachel Shaw	Bowral	NH

Event 63 Boys U 9 - Long Jump

=====
 State: S 4.71m 24/03/1991 Grant Buchanan, Illawong
 =====

1	8	Ben Kinasch	Cherrybrook	4.18m
2	39	James Neilly	Jamison	4.00m
3	76	Alex Willett	Manly Warringah	3.99m
4	207	Vaughan Hudy	Manly Warringah	3.94m
5	33	Josh Dwyer	Port Macquarie	3.82m
6	93	George Kendall	Koorringal Wagga	3.76m
7	24	Nicky Kohlrusch	Balmain	3.69m
8	72	Angus Clark	Sutherland	3.67m
9	18	Nick Watson	Singleton	3.66m
10	52	Ben Fowler	Albion Park	3.65m
11	142	Oliver Eparaima	Liverpool City	3.62m
12	309	Sidney Noppen	St George	3.62m
13	243	Daniel Moss	Wollongong City	3.58m
14	3	Liam Wood	Narrabri	3.57m
15	16	Thomas De Paoli	Leeton	3.51m
16	116	James Perrett	Werrington	3.19m

Event 64 Boys U 14 - Long Jump

=====
 State: S 6.52m 17/03/1996 Stephen Jacenko, Balmain
 =====

1	50	Morgan Paterson	Northern Suburbs	5.64m
2	4	Sarkis Esber	Holroyd	5.62m
3	110	Anas Ganaba Abu	Blacktown	5.54m
4	153	James Jeffery	Kempsey	5.43m
5	197	Jack Wilson	Kurrajong Bilpin	5.33m
6	2	Oliver Grimson	Camden Haven	5.13m
7	302	Duncan Watt	Port Hacking	5.08m
8	457	Ivor Metcalf	Randwick Botany	4.95m
9	148	Taylor Currie	Nepean	4.85m
10	95	Kardue Daniels	Wollongong City	4.84m
11	37	Christopher Thesei	Manly Warringah	4.77m
12	141	Joshua Gorrie	Kiama	4.49m

Event 65 Boys U 17 - Triple Jump

=====
 State: S 13.42m 20/02/2010 Brandon Donkin, Raymond Terr
 =====

1	69	Brandon Donkin	Raymond Terrace	14.06m	RECORD
2	200	Benjamin Cox	Ryde	13.88m	S
3	4	Jake Stein	Warradale	13.27m	
4	47	Adam Martin	Cherrybrook	12.61m	
5	3	Jack Katen	Forster/Tuncurry	12.45m	
6	507	Justin Tarabine	Parramatta	12.42m	
7	1	Dean Invernon	Lake Illawarra	12.36m	
8	54	Damien Williamson	Armidale	12.34m	
9	72	Cameron Jones	Kurrajong Bilpin	12.09m	
10	21	Daniel Keith	Leeton	12.07m	

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11	68 Moses Donato	Koorringal Wagga	12.03m
12	2 Zakeriya Grant	Ingleburn Rsl	11.49m
13	177 Luke Montgomery	Port Hacking	11.45m
14	4 Jarrod Bland	Tiger Wests	11.24m

Event 66 Boys U 15 - Discus

=====
 State: S 62.70m 20/02/2005 Emanuele Fuamatu, Bankstown
 =====

1	217 Matthew Probert	Macquarie Hunter	50.47m
2	7 Gerard Holland	Grenfell	48.89m
3	4 Edward Pickering	Douglas Park	48.02m
4	1 Sam Rogan	Werrington	45.95m
5	5 Joshua Bartley	Mt Druitt	45.80m
6	10 Nicholas Ryan	Edgeworth	43.65m
7	602 Alland Odisho	Randwick Botany	40.42m
8	9 David Williams	Parramatta	40.25m
9	315 Ben White	Tuggerah Lakes M	37.26m
10	15 Mitchell Sheehy	Holroyd	36.64m
11	45 Jack Virtue	Deniliquin	34.50m
12	5 Zachary Amos	Blacktown	33.38m
13	50 Joel Edwards	Winston Hills	29.35m
14	175 Bryce Gilroy	Dapto	20.25m
--	263 Bradley Smith	Macquarie Hunter	ND

Event 67 Girls U 14 - Discus

=====
 State: S 43.42m 19/03/1995 Katrina Steele, Springwood
 =====

1	2 Filoi Aokuso	Blacktown	44.55m	RECORD
2	67 Taylah Sengul	Winston Hills	43.51mS	
3	205 Tai Denicaucou	Springwood	43.42mS	
4	65 Tina Lemi	Winston Hills	38.74m	
5	88 Emily Butcher	Macquarie Hunter	30.56m	
6	13 Nadia Pearn	Lockhart	29.53m	
7	190 Annobel Starr	Port Macquarie	27.15m	
8	14 Maddie King	Cessnock	24.97m	
9	6 Samantha Farrant	Gosford	24.72m	
10	6 Alyssa Edwards	Shoalhaven	23.72m	
11	7 Kyrah Hush	Shoalhaven	23.41m	
--	2 Quinn Ritchie	Canterbury	ND	

Event 68 Boys U 12 - Shot Put

=====
 State: S 15.66m 17/03/2002 Emanuele Fuamatu, Fairfield
 =====

1	8 Mitchell Burton	Sutherland	11.58m
2	191 Elliot Starr	Port Macquarie	11.57m
3	4 Kenneth Wamsley	Gloucester	11.39m
4	213 Jack Maguire	Manly Warringah	11.00m
5	6 Austin Aokuso	Blacktown	10.53m
6	160 Mana Castillo	Randwick Botany	10.23m
7	27 Andrew Spira	Port Hacking	9.90m
8	151 Brice Starr-Stephe	Penrith Valley	9.85m
9	138 Zachary Blackburn	Winston Hills	9.38m

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10	149	Airfun Javam	Winston Hills	8.95m
11	37	Angus Crutcher	Grenfell	8.94m
12	10	Nicholas Hay	Wagga Wagga	8.92m
13	9	Lucas Van Haren	Urunga	8.64m
14	41	Rivar Roberts	St Georges Basin	8.45m
15	105	Lachlan Varley	Finley	7.76m
16	63	Ryan Thomson	Jamison	7.69m

Event 69 Boys U 13 - Shot Put

=====
 State: S 19.11m 20/03/2009 Tepai Moeroa, Doonside
 =====

1	376	Hame Sele	St George	15.65m
2	7	Paulo Aokuso	Blacktown	12.84m
3	114	Corey Mackay	Winston Hills	12.54m
4	152	Steve Borg	Lake Illawarra	12.29m
5	3	Joshua Knight	Grenfell	12.05m
6	170	Timothy Turner	Kurrajong Bilpin	11.93m
7	754	John Walker	Aberdeen	11.71m
8	1	Rogan Cronk	Lockhart	11.20m
9	434	Josh Swan	Mosman	10.90m
10	4	Thomas Gilbert	Old Bar	10.52m
11	175	Anthony Schmidt	Liverpool City	10.49m
12	457	Lucas Charley	Manly Warringah	10.41m
13	60	Jack Fernance	Manilla	10.36m
14	758	Aiden Cattle	West Wyalong	10.26m
15	32	Hadi Youssef	Bankstown Sports	9.56m
16	433	Mitchell Follent	Port Hacking	7.38m

Event 70 Girls U 13-14 AWD Long Jump

=====
 1 57 Amanda Krsticevic Kurrajong Bilpin 3.32m
 2 252 Amanda Fowler (T/F) Glenbrook 2.60m
 =====

Event 71 Girls U 15-17 AWD Long Jump

=====
 1 234 Samantha Burrows (Ryde 1.58m
 2 234 Chelsea Toman (T/F) Glenbrook 1.55m
 =====

Event 72 Boys U 13-14 AWD Long Jump

=====
 1 247 Kieran Setco (T/F) Port Hacking 3.24m
 2 91 Michael Hilton (T/ Bankstown Sports 3.53m
 3 278 Dean Chesham (T/F) Camp 1.95m
 4 20 James Slender (T/F) Warradale 0.87m
 =====

Event 73 Boys U 15-17 AWD Long Jump

=====
 1 135 Dylan Patman (T/F) Port Hacking 4.86m
 2 23 Bradley Bloem (T/F) Warradale 3.80m
 3 518 Daniel Mcgrath (T/ Glenbrook 2.49m
 4 164 Tim Lockwood (T/F) Randwick Botany 1.58m
 5 232 Rhys Walker (T/F 3) Glenbrook 1.23m
 =====

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Event 74 Girls U 9 - Long Jump

=====
State: S 4.42m 16/03/1985 Selina Dundas, Armidale
=====

1	33 Mercedes Sovilj	Camp	4.08m
2	198 Kiara Chianese	Holroyd	3.98m
3	182 Dakota Thomas	Macquarie Hunter	3.77m
4	190 Brittany Carroll	Maitland	3.72m
5	165 Mariama McKern	Bowral	3.71m
6	399 Sofia Metaxoulis	Cherrybrook	3.68m
7	726 Samantha Stanley	Manly Warringah	3.65m
8	117 Jade Mustapic	Albion Park	3.55m
9	17 Brianna Trappett	Wellington	3.52m
10	53 Jessica Keller	Kurrajong Bilpin	3.49m
11	27 Erica Tillman	Grafton	3.48m
12	5 Grace McCahon	Jamison	3.45m
13	48 Sophie Hunter	N.R.C.	3.43m
14	113 Saskia Moon	Western Suburbs	3.38m
14	76 Rachel White	Tallawong Park	3.38m
16	172 Annie Miller	Orange	3.11m

Event 75 Girls U 15 - Long Jump

=====
State: S 5.80m 19/03/2005 Jacinta Doyle, Port Hacking
=====

1	398 Melissa Farrington	Northern Suburbs	5.47m
2	5 Natalie Apikotoa	Kings Langley	5.34m
3	1 Dejanee Defoe	Mt Druitt	5.23m
4	11 Mikaela White	Gloucester	5.16m
5	1 Caitlin Heeps	Jamison	5.12m
6	15 Josie Nichol	Balmain	5.11m
7	217 Elizabeth Clay	Hornsby	5.02m
8	165 Skye Ryan	Albion Park	4.99m
9	215 Natalie Otten	Kurrajong Bilpin	4.82m
10	5 Kiri Farmer	Illawong	4.78m
11	26 Nicole Gusman	Sawtell-Toormina	4.57m
12	61 Sirin Ada	Fairfield City	4.36m
13	1 Gabriella Rhodes	Cowra	4.24m
14	80 April Sullivan	Albion Park	4.18m

Event 76 Girls U 13 - Triple Jump

=====
State: S 11.22m 24/03/1990 Barbara Nicholas, Balmain
State: S 11.22m 16/03/2002 Alyisha House, Koorinal Wag
=====

1	12 Mercy Agbeze	Gosford	11.13m
2	5 Madeleine Rushton	Cranebrook	10.84m
3	2 Phoebe Deskovic	Cherrybrook	10.71m
4	67 Audrey Kyriacou	Randwick Botany	10.54m
5	6 Jane Garraway	Koorinal Wagga	10.33m
6	2 Jaiden Walker	Stuarts Point	10.32m
7	12 Larni Cowgill	Kiama	10.20m
8	15 Melissa Rogers	Finley	9.88m
9	448 Amelia Suters	Manly Warringah	9.73m
10	9 Leya Reid	Canterbury	9.65m

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11	8 Megan Doran	Muswellbrook	9.61m
12	35 Jessica Gimondo	Blacktown	9.54m
13	349 Emily Mulcahy	Macquarie Hunter	9.22m
14	212 Alicia Blackett	Kurrajong Bilpin	8.97m

Event 77 Girls U 11 - Discus

=====
State: S 38.25m 17/03/2007 Filoi Aokuso, Blacktown
=====

1	25 Grace Robinson	St George	38.43mS
2	75 Shannon Burchell	Bankstown Sports	28.40m
3	264 Tiana Hazelwood	Northern Districts	28.03m
4	10 Samantha Peace	Shoalhaven	27.80m
5	1 Paige Farrant	Gosford	26.86m
6	45 Shanaya Mamo	Blacktown	26.59m
7	130 Bethany Parker	Kings Langley	25.48m
8	73 Belinda Carrasco	Lake Illawarra	23.35m
9	59 Marnie Clarkson	Balmain	20.93m
10	46 Emma-Sue Greentree	Southlakes	20.03m
11	1 Madeline Warburton	Leeton	19.60m
12	1 Morgan Haimau-Ikie	Card	18.46m
13	129 Dorothea Makrydima	Liverpool City	17.06m
14	11 Maddison Nowland	Thornton	15.81m

Event 78 Girls U 12 - Shot Put

=====
State: S 16.19m 20/03/1988 Kylie Standing, Bankstown
=====

1	5 Jaimee Farrant	Gosford	12.25m
2	251 Emily Rotunno	Blacktown	11.59m
3	203 Brianna Pickering	Lismore	11.45m
4	63 Emma Croker	Taree	11.31m
5	13 Akaylah Leef	Wyong	11.20m
6	37 Lauren Bassett	Hornsby	10.56m
7	36 Grace Jeffery	Macquarie Hunter	10.32m
8	236 Amelia Schubert	Port Hacking	10.26m
9	229 Taylor Minslow	Randwick Botany	9.61m
10	142 Brooke Pembleton	Koorringal Wagga	9.58m
11	64 Sherryn Micallef	Wollongong City	9.52m
12	207 Taylor Thomson	Camp	9.39m
13	351 Lovedeesh Toor	Emu Plains	8.87m
14	21 Kaitlin Butcher	Narromine	8.04m
15	213 Taylor Hegarty	Albion Park	7.80m

Event 79 Girls U 10 - Shot Put

=====
State: S 11.92m 19/02/2006 Filoi Aokuso, Blacktown
=====

1	88 Kristina Moore	Cherrybrook	9.89m
2	179 Jasmine Moeroa	Doonside	9.15m
3	1 Mikaela Donovan	Stuarts Point	8.89m
4	38 Mallory Bassett	Hornsby	8.74m
5	26 Tiffany Penfold	West Wyalong	8.27m
6	99 Sina Wildraut	Illawong	7.91m
7	203 Lauren Clark	Cherrybrook	7.63m

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8	48	Samantha Allen	Kurri Kurri	7.44m
9	58	Taylor McNamara	Ingleburn Rsl	7.42m
10	354	Lauren Mapusua	Randwick Botany	7.40m
11	5	Jordann Johnson	Southlakes	7.30m
12	23	Hannah Kriz	Wellington	7.15m
13	60	Ashleigh Whitbread	Cranebrook	6.93m
14	112	Georgia Dengate	Werrington	6.78m
15	18	Shaye-Lee Frier	Lake Illawarra	6.32m

Event 80 Boys U 13 - High Jump

=====
 State: S 1.80m 23/11/1997 James Watson, Manly Warringah
 =====

1	63	Thibaut Potin	Illawong	1.81m	RECORD
2	16	Denzel Singleton	Hills District	1.71m	
3	249	Josh Pettigrew	Wallsend Rsl	1.69m	
4	558	Tom Cheel	Ku-Ring-Gai	1.65m	
5	99	Shidhanth Mudaliar	Liverpool City	1.60m	
6	518	Joe Burgess	Manly Warringah	1.60m	
6	6	Jacob Green	Preston Robins	1.60m	
8	448	Brenden Martin	Liverpool City	1.55m	
9	120	Daniel Mazzantini	Card	1.55m	
10	118	Dylan Page	Illawong	1.45m	
11	54	Reece McIntosh	Lake Illawarra	1.40m	
12	18	Dale Thomas	Port Macquarie	1.40m	
12	42	Jack Thompson	Wellington	1.40m	
14	22	Ben Keith	Leeton	1.40m	
15	1	Gus Frank	Milton-Ulladulla	1.35m	

Event 81 Girls U 14 - High Jump

=====
 State: S 1.75m 19/03/2006 Mia McKinnon, Port Hacking
 State: S 1.75m 18/03/2007 Amy Pejkoivic, Cherrybrook
 =====

1	1	Julia Scott	Tamworth	1.62m
1	1	Toni Anderson	Sutherland	1.62m
3	61	Rebecca Clark	Cherrybrook	1.60m
4	170	Nirvana Makings	Lismore	1.58m
4	72	Marissa Morey	Rutherford	1.58m
6	14	Molly Dugan	Northern Illawarra	1.50m
7	123	Megan Heap	St George	1.45m
7	45	Haani McInerney	Ingleburn Rsl	1.45m
7	2	Lauren Simmons	Liverpool City	1.45m
7	240	Sarah Watts	Hills District	1.45m
11	44	Arkie Cupitt	Wollongong City	1.40m
11	74	Natalie Setiadji	Northern Districts	1.40m
13	171	Alysia Hughes	Glenbrook	1.35m

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Event 82 Boys U 14 - Javelin

=====
State: S 56.87m 18/03/2001 Jonathon Wynn, Camden Haven
=====

1	242	Tyson Davis	Manly Warringah	45.18m
2	1	Michael Taylor	Western Blues	44.84m
3	7	Rhys Stein	Warradale	41.47m
4	100	Charlie Morris	Lismore	37.70m
5	336	Andrew Brown	Manly Warringah	37.13m
6	241	Matai Junior Matth	Parramatta	36.90m
7	5	Hayden Shaw	Bowral	33.33m
8	60	Andrew Gatsios	Bankstown Sports	32.17m
9	2	Joshua Fernandes	Lake Illawarra	31.77m
10	454	Marcus Chan	St George	31.74m
11	5	Scott Harding	Narromine	30.31m
12	7	Anthony Walker	Nambucca District	27.41m
13	329	Lawson Huntriss	Macquarie Hunter	17.71m

Event 83 Girls U 11 - Long Jump

=====
State: S 4.96m 18/03/2007 Sonya Taumaialo, Winston Hill
=====

1	51	Brooke Salzmann	Illawong	4.54m
1	6	Lyndal Schnabel	Sutherland	4.54m
3	152	Stevie Donougher	Port Hacking	4.39m
4	43	Bridget Martin	Northern Districts	4.32m
5	106	Georgia Lee	Gosford	4.20m
6	8	Deyana Trikaliotis	Blacktown	4.15m
6	238	Jessica Potts	Macquarie Hunter	4.15m
8	138	Rebecca Whitehead	Ku-Ring-Gai	4.12m
9	9	Emily Matthews	Bathur	4.06m
10	220	Tyler Sparks	Blacktown	4.00m
11	36	Abbie Gray	Stockton	3.99m
12	9	Ainslie Harvey	Emu Plains	3.98m
13	57	Saffron Sylvester	Singleton	3.97m
14	2	Jade Cowgill	Kiama	3.83m
15	263	Teghan Barklay	Wollongong City	3.77m

Event 84 Boys U 11 - Long Jump

=====
State: S 5.34m 7/02/1987 Craig Woodroff, Manly Warring
=====

1	4	Frederick Adutwum	Blacktown	4.89m
2	89	Isaac Selvey	Armidale	4.71m
3	77	Lachlan Trowell	Randwick Botany	4.60m
4	3	Joshua Jordan	Emu Plains	4.57m
5	342	Liam Pemberton	St George	4.52m
6	607	Tyrone Taukamo	Randwick Botany	4.49m
7	257	George Gardiner	Northern Suburbs	4.38m
8	171	Nathan Ward	Parramatta	4.34m
9	22	Mitchell Willingha	Emu Plains	4.25m
10	11	Mitchell Dickson	Port Macquarie	4.18m
11	5	John Carroll	Tuggerah Lakes M	4.14m
12	63	Sam Reynolds	Sawtell-Toormina	4.00m
13	13	Liam Headon	Hay	3.98m

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14	11 Dave Dugan	Northern Illawarra	3.91m
15	5 Jack Harper	Temora	3.73m

Event 85 Boys U 12 - Triple Jump

=====
State: S 12.78m 19/03/1995 Gima Keimelo, Randwick Botan
=====

1	146 Alex Nguyen-Ha	Cherrybrook	10.71m
2	280 Jordan Shelley	Hills District	10.54m
3	270 Bailey Simonson	Manly Warringah	10.46m
4	492 Shadi Bahlawan	Girraween	10.17m
5	66 Joel Wheatley	Girraween	10.00m
6	6 Kieran Kirk	Doonside	9.95m
7	175 Brock O'Donnell	Doonside	9.90m
8	57 Alex Lawrence	Koorinal Wagga	9.76m
9	176 Justin Montgomery	Port Hacking	9.60m
10	4 Mitchell Andrews	Glenbrook	9.53m
11	136 Callen Meir	Edgeworth	9.43m
12	86 Jack Ridley	Orange	9.42m
13	50 Jack Fowler	Albion Park	9.28m
14	3 Connor Linz	Port Stephens	9.18m
15	9 Braden Scott	Young and District	8.89m
16	5 Jonty Neaves	Bellinger Valley	8.87m

Event 86 Boys U 9 - Discus

=====
State: S 36.68m 22/11/1998 Jamal Idris, Bankstown Sport
=====

1	204 Logan Hopkins	Port Hacking	29.02m
2	14 Mason Leef	Wyong	28.37m
3	180 Kevin Yang	Ku-Ring-Gai	27.78m
4	17 Andre Kotevski	Bankstown Sports	27.08m
5	117 Geromy Cluff	Smithfield	25.98m
6	5 Zac Evans	Colyton St Clair	25.71m
7	157 Jack Menin	Parramatta	25.40m
8	20 Kieran Schneider	Gloucester	20.95m
9	22 Aiden Butcher	Narromine	20.18m
10	93 George Kendall	Koorinal Wagga	20.11m
11	149 EJ Esera	Colyton St Clair	20.04m
12	40 Brendan Short	A.N.L.	17.65m
13	128 Fionn Parker	Bowral	17.24m
14	14 Kai West	Edgeworth	17.17m
15	52 Reece Badcock	Temora	16.15m
16	148 Nathan Keene	Emu Plains	14.22m

Event 87 Boys U 10 - Shot Put

=====
State: S 13.15m 19/02/2000 Emanuele Fuamatu, Bankstown
=====

1	218 Nicholas Frost	Northern Districts	11.56m
2	50 Kieren Briggs	Parramatta	10.80m
3	336 Payne Haas	Macquarie Hunter	10.62m
4	31 Luke Byrnes	St George	10.19m
5	10 Vincent Hreszczuk	Camden	9.66m
6	147 Aaron Keene	Emu Plains	8.90m

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7	209	Lewis Thompson	Randwick Botany	8.80m
8	164	Luke Gleeson	Warradale	8.61m
9	106	Samuel Varley	Finley	8.40m
10	862	Brad Affleck	Gunnedah	8.21m
11	65	Nick Suman	Kurrajong Bilpin	7.74m
12	6	Wilhem Morreau	West Wyalong	7.68m
13	162	Kyle Attard	Lake Illawarra	7.53m
14	19	Tristan Brooker	Raymond Terrace	7.47m
15	202	Kyle Ekstrom	Cherrybrook	7.17m
16	171	Jarryd Hodgekiss-G	Albion Park	6.05m

Event 88 Girls U 17 - Shot Put

=====
 State: S 11.99m 20/03/2009 Ruby Morris, Lismore
 =====

1	101	Ruby Morris	Lismore	11.96m
2	44	Tianna Cummings	Macquarie Hunter	11.40m
3	17	Tepa Lemi	Winston Hills	11.32m
4	326	Alice Iosefo	Port Hacking	11.11m
5	500	Emily Bills	Parramatta	10.92m
6	1	Brittany Williams	Macquarie Hunter	9.60m
7	217	Emily Debrot	Albion Park	9.42m
8	10	Kristee Sharne	Smithfield	9.34m
9	515	Rachel Hepworth	Manly Warringah	9.03m
10	179	Zoe Heath	Western Blues	8.87m
11	28	Rebecca Schnabel	Sutherland	8.51m
12	233	Laura Flanagan	Colyton St Clair	8.50m
13	95	Amy Nolan	Prospect	8.05m
14	3	Kali Marshall	Orange	7.80m

Event 89 Boys U 17 - Javelin

=====
 State: S 55.19m 21/02/2009 Lloyd Parker, Ryde
 =====

1	67	Josh Parsons	Stockton	56.70m	RECORD
2	537	Scott Maclellan	Ku-Ring-Gai	51.13m	
3	4	Jake Stein	Warradale	50.54m	
4	337	Alex Rydges	Port Hacking	49.48m	
5	1	Damien Kotevski	Bankstown Sports	49.30m	
6	59	Kostadin Gatsios	Bankstown Sports	48.85m	
7	16	Maeva Nui Teina	Winston Hills	46.04m	
8	166	Joel Pettigrew	Wallsend Rsl	45.55m	
9	182	Steven Washburn	Nepean	42.44m	
10	499	Jonathan Scotney	Cherrybrook	42.30m	
11	43	James Belcher	Northern Illawarra	41.29m	
12	72	Cameron Jones	Kurrajong Bilpin	41.15m	
13	38	Bradley Siegert	Cowra	40.87m	
14	74	Gareth Williams	Dubbo	37.31m	

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Event 90 Girls U 10 - High Jump

=====
State: S 1.45m 20/02/2010 Chyna Tavai-Williams, Banksto
State: S 1.42m
=====

1	107 Chyna Tavai-Willia	Bankstown Sports	1.40m
2	135 Caitlin Bass	Springwood	1.31m
2	10 Zoe Latham	Ryde	1.31m
2	117 Maria McCrohon	Western Suburbs	1.31m
5	128 Hannah Swinton	Ku-Ring-Gai	1.25m
5	54 Laura Beaumont	Raymond Terrace	1.25m
7	49 Sarah Johnston	Albion Park	1.20m
7	383 Freya Langston	Ku-Ring-Gai	1.20m
7	199 Jenelle Lim	Doonside	1.20m
7	5 Tabitha Lisciotta	Tallawong Park	1.20m
7	11 Eloise Ashley-Coop	Finley	1.20m
12	29 Emily Scrivener	Walcha	1.15m
12	111 Reese Bacon	Ingleburn Rsl	1.15m
12	18 Shaye-Lee Frier	Lake Illawarra	1.15m
15	101 Olivia Barton	Wellington	1.10m
15	94 Heidi Standen	Wallsend Rsl	1.10m

Event 91 Boys U 15 - High Jump

=====
State: S 2.06m 18/03/2000 James Watson, Manly Warringah
=====

1	2 David Snowdon	Kurrajong Bilpin	1.95m
2	2 Luke Dale	Sutherland	1.75m
3	109 Dylan Crandell	Lake Illawarra	1.70m
3	10 Jack Rogers	Orange	1.70m
3	291 Brendan Sweeney	Kurrajong Bilpin	1.70m
6	1 Matthew Still	Camp	1.70m
7	27 Jordan Barnes	Cherrybrook	1.70m
8	430 Mitchell Fox	Port Hacking	1.65m
9	62 Max McKenzie	N.R.C.	1.65m
10	1 Matthew Collins	Hills District	1.60m
11	53 Peter Leigo	Leeton	1.55m
12	224 Bradie Smith	Singleton	1.55m

Event 92 Girls U 12 - Triple Jump

=====
State: S 10.94m 20/03/1994 Amy Carpenter, Tuggerah Lake
=====

1	5 Taylor Garrett	Penrith Valley	10.17m
2	12 Katrina Shaw	Doonside	10.12m
3	290 Ruby Ritchie	Manly Warringah	10.09m
4	200 Madeleine Jones	Hornsby	9.96m
5	308 Claire Stonell	Manly Warringah	9.92m
6	225 Lauren Russell	Kurrajong Bilpin	9.76m
7	45 Charly-Rose Dunne	Eastern Suburbs	9.62m
7	103 Chelsea Tresidder	Wallsend Rsl	9.62m
9	20 Savannah Peterkin	Nambucca District	9.40m
10	207 Taylor Thomson	Camp	9.37m
11	409 Faith Estil	Girraween	9.19m
12	225 Kristen Turvey	Albion Park	9.05m

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13	46 Breanna Franks	Raymond Terrace	8.89m
14	21 Lara Fitton	Wollongong City	8.86m
15	189 Audrey Pring	Kiama	8.70m
16	7 Brooke Peel	Lockhart	8.25m

Event 93 Girls U 9 - Discus

=====
 State: S 31.22m 4/11/2004 Filoi Aokuso, Blacktown
 =====

1	237 Silivia Saua	Doonside	28.07m
2	117 Annette Peace	Shoalhaven	22.95m
3	122 Kheilani Haimau-Ik	Card	21.14m
4	10 Olivia Reid	Hay	21.04m
5	332 Perri Bright	Macquarie Hunter	21.03m
6	161 Stephanie Scigala	Wallsend Rsl	20.45m
7	238 Edita Grinbergs	Manly Warringah	20.17m
8	65 Eleanor Lidbetter	Hornsby	20.16m
9	199 Alexis Dimon	Port Hacking	19.43m
10	303 Claire Eaton	Cherrybrook	19.33m
11	120 Carley Parmaxidis	St George	19.28m
12	60 Madison Williams	Colyton St Clair	18.99m
13	26 Hollie Rawiri-Gent	Lake Illawarra	18.25m
14	164 Vanessa Van Den Br	Bankstown Sports	17.50m
15	12 Dora Miaoudis	Koorringal Wagga	17.44m
16	9 Elizabeth Dimoulas	Preston Robins	17.27m

Event 94 Girls U 13 - Javelin

=====
 State: S 45.91m 22/03/2009 Taylah Sengul, Winston Hills
 =====

1	183 Alysha Burnett	Northern Districts	33.88m
2	140 Jordan Campbell	Port Hacking	32.63m
3	284 Georgia Elliot-Wat	Holroyd	26.57m
4	119 Emmelene Keevill	Rutherford	26.50m
5	59 Bridgette Potter	Nepean	25.65m
6	132 Tania Minutolo	Port Hacking	25.32m
7	13 Celeste Miaoudis	Koorringal Wagga	25.20m
8	98 Maddi Carter	Springwood	24.19m
9	328 Laura Pinker	Ku-Ring-Gai	22.69m
10	404 Sarah-jayne Liedbe	Tuggerah Lakes M	22.63m
11	25 Grace Best	Grenfell	22.48m
12	2 Brigitta Holland	Grenfell	22.12m
13	234 Bianca Fitzsimmons	Macquarie Hunter	21.40m
14	14 Isabella Lawrence	Macquarie Hunter	21.38m
15	5 Carly Winser	Kurrajong Bilpin	20.57m
16	3 Shaylah Elwin	Leeton	19.96m

Event 95 Boys U 13-14 AWD Shot Put

=====
 =====

1	247 Kieran Setco (T/F	Port Hacking	8.43m
2	278 Dean Chesham (T/F	Camp	5.80m
3	36 James Turner (T/F	Forster/Tuncurry	5.53m
4	91 Michael Hilton (T/	Bankstown Sports	4.79m
5	20 James Slender (T/F	Warradale	1.25m

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Event 96 Boys U 15-17 AWD Shot Put

1	23	Bradley Bloem (T/F	Warradale	9.79m
2	135	Dylan Patman (T/F	Port Hacking	8.16m
3	518	Daniel Mcgrath (T/	Glenbrook	5.08m
4	31	Tavis Soper (T/F 3	Tuggerah Lakes M	3.18m
5	164	Tim Lockwood (T/F	Randwick Botany	2.18m
--	232	Rhys Walker (T/F 3	Glenbrook	ND

Event 97 Girls U 13-14 AWD Shot Put

1	57	Amanda Krsticevic	Kurrajong Bilpin	6.32m
2	252	Amanda Fowler (T/F	Glenbrook	5.51m

Event 98 Girls U 15-17 AWD Shot Put

1	234	Samantha Burrows (Ryde	3.79m
2	234	Chelsea Toman (T/F	Glenbrook	3.39m

Event 99 Boys U 11 - Discus

State: S 39.81m 18/03/2001 Emanuele Fuamatu, Fairfield				
1	24	Pita Toamotu	St George	32.47m
2	96	Mark Neill	Nepean	31.42m
3	50	Jesse Vincent-Elli	Urunga	30.54m
4	205	Joshua Baker	Winston Hills	30.31m
5	116	James Cluff	Smithfield	29.83m
6	211	Luke Debrot	Albion Park	29.20m
7	426	Joshua Dixon	Canterbury	28.78m
8	61	Max Barber	Narromine	28.61m
9	50	Cameron McEntyre	Ku-Ring-Gai	26.89m
10	15	Percy Duncan	Tamworth	25.86m
11	150	Dulcie Ikitule	Preston Robins	24.09m
12	5	Hayden Perry	Glenbrook	22.71m
13	119	Lachlan Kendall	Koorringal Wagga	19.53m
14	11	Dave Dugan	Northern Illawarra	19.02m
15	312	Michael Carroll	Cherrybrook	3.44m

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Event 100 Girls U 15 - Javelin

=====

State: S 40.77m 16/03/2003 Amy Sadler, Kurrajong/Bilpin

=====

1	1	Rachelle Grozde	Albion Park	37.40m
2	222	Matilda Werner	Port Hacking	35.32m
3	653	Eliza Cepak	Northern Suburbs	34.94m
4	179	Sheridan Marks	Hornsby	34.78m
5	211	Katrina Blackett	Kurrajong Bilpin	34.45m
6	121	Catherine Smith	Port Hacking	33.40m
7	58	Bianca Tassone	Cessnock	31.45m
8	651	Phillipa Taylor	Forbes	30.60m
9	3	Renee Muller	Parramatta	29.39m
10	371	Rebecca Riggs	Port Hacking	28.73m
11	181	Alix Waddell	Jamison	26.97m
12	6	Jocelyne Francken	Katoomba	26.53m
13	1	Emily Warden	Shoalhaven	24.36m
14	26	Bridey Mulder	Woodberry & Dist	23.71m

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Event 131 Girls U 13 - 1500 Metre Walk

Name	Age	Team	Final		
1	627	Tayla-Paige Billin	Manly Warringah	7:05.60	
2	3	Jasmine Dighton	Glenbrook	7:14.19	
3	180	Kerilee Coote	Hills District	7:23.73	
4	1	Ashleigh Resch	Wallsend Rsl	7:36.60	
5	18	Carla Elias	Parramatta	7:43.69	
6	303	Stephanie Grujoski	Randwick Botany	7:50.09	
7	534	Alina Tape	Nambucca District	7:52.66	
8	57	Natasha Estrada	Mt Druitt	7:54.49	
9	14	Emma Grand	South Eastern	8:07.33	
10	282	Bryony Beasley	Nepean	8:17.24	
11	199	Darcy Brown	Lake Illawarra	8:47.26	
12	52	Rosalie Pryer	Kurri Kurri	9:00.07	
13	25	Taylah Henning	Shoalhaven	9:03.36	
--	22	Emily Shanahan	Camden	DQ	Rule 230.1
--	144	Annie Broad	Bathur	DQ	Rule 230.1
--	24	Georgina Dickerson	Dubbo	DQ	rule 230.1

Event 132 Boys U 13 - 1500 Metre Walk

Name	Age	Team	Final		
1	5	Johnathon Anestoud	Nepean	7:18.43	
2	4	Matthew Oswald	Dapto	7:22.64	
3	7	Robert Murphy	South Eastern	7:33.30	
4	156	Kyle Marshall	Doonside	8:00.72	
5	19	Delian Kotevski	Bankstown Sports	8:01.20	
6	66	Mitchell Acev	Wollongong City	8:01.60	
7	83	Todd Owen	Kings Langley	8:46.02	
8	6	Liam Keating	Edgeworth	8:56.06	
9	13	Daniel McKinley	Blacktown	9:37.12	
--	1	Rogan Cronk	Lockhart	DNF	
--	29	Luke Jobson	Girraween	DQ	Rule 230.1
--	74	Brodie Morey	Rutherford	DQ	Rule 230.1
--	17	William Gow	Edgeworth	DQ	Rule 230.1
--	115	Adam Mylonas	Winston Hills	DQ	Rule 230.1

Event 133 Girls U 14 - 1500 Metre Walk

Name	Age	Team	Final		
1	165	Amanda Barendregt	Doonside	7:23.96	
2	418	Kia Prokopiou	Tuggerah Lakes M	7:26.52	
3	227	Gabrielle Moseley	Illawong	7:32.60	
4	272	Samantha Martin	Randwick Botany	7:44.99	
5	12	Chantelle Torres	Ingleburn Rsl	8:06.65	
6	16	Emma Robson	Sawtell-Toormina	8:26.18	
7	16	Jorja Gow	Edgeworth	8:49.28	
8	44	Arkie Cupitt	Wollongong City	9:47.61	
9	96	Natahsa Komninos	Lake Illawarra	9:51.46	
10	63	Lauren Addy	Glenbrook	10:03.03	
--	5	Amy Hemingway	Lake Illawarra	DQ	Rule 230.1
--	29	Amelia Gorman	Manly Warringah	DQ	Rule 230.1
--	162	Teeghan Annear	Tuggerah Lakes M	DQ	Rule 230.1

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Event 134 Boys U 14 - 1500 Metre Walk

Name	Age	Team	Final		
1	7	Jason Dredge	Tuggerah Lakes M	7:43.32	
2	11	Nicholas Shina	Hills District	8:01.52	
3	5	Jack Dhu	Doonside	8:16.17	
4	109	Carl Gibbons	Westlakes	8:37.25	
5	44	Michael Northey	Illawong	8:46.43	
6	1	James Hay	Wagga Wagga	8:46.80	
7	427	Marko Zitko	Port Hacking	8:47.43	
--	15	Hayden Rodda	Shoalhaven	DQ	Rule 230.1
--	9	Jacob Waddell	Holroyd	DQ	Rule 230.1

Event 135 Girls U 15 - 1500 Metre Walk

Name	Age	Team	Final		
1	625	Amy Bettiol	Manly Warringah	6:58.13	
2	8	Hannah Denney	South Eastern	7:18.76	
3	71	Kelsey Knight	Sawtell-Toormina	7:21.79	
4	1	Emily Warden	Shoalhaven	7:37.29	
5	63	Summer Micallef	Wollongong City	7:57.14	
6	74	Ebony Holly	Stockton	8:01.33	
7	91	Amy Legeret	Eschol Park	8:12.98	
8	2	Louise Cuthbert	Girraween	8:36.55	
9	1	Victoria Coppini	Nepean	8:56.54	
10	15	Tiarni Dederer	Kurri Kurri	9:07.43	
--	30	Melissa Weber	Mt Druitt	DNF	
--	108	Shay Southern	Kurrajong Bilpin	DQ	Rule 230.1
--	123	Liesl Gray	Orange	DQ	Rule 230.1
--	78	Jessica Thomas	Gosford	DQ	Rule 230.1
--	2	Isabella Shina	Hills District	DQ	Rule 230.1

Event 136 Boys U 15 - 1500 Metre Walk

Name	Age	Team	Final		
1	347	Nathan Fazldad	Nepean	6:31.82	
2	4	Kurtis Birch-Ward	Bankstown Sports	6:53.74	
3	178	Matthew Killen	Wyong	7:28.18	
4	11	Adam Batten	Tuggerah Lakes M	8:44.54	
5	3	Joseph Hidajat	Girraween	9:29.96	
--	21	Callan Lewis	Taree	DQ	Rule 230.1
--	222	Joshua Small	Bathur	DQ	Rule 230.1

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Event 137 Girls U 17 - 1500 Metre Walk

Name	Age	Team	Final	
1	5	Dimitra Psarianos	Bankstown Sports	7:02.31
2	313	Kirsty Klein	Kurrajong Bilpin	7:22.02
3	624	Emma Bettiol	Manly Warringah	7:31.16
4	100	Kate Scott	Revesby Workers	7:35.67
5	20	Samantha Flood	Revesby Workers	7:41.52
6	6	Jade Dighton	Glenbrook	7:55.48
7	510	Joanne Elias	Parramatta	8:21.44
8	3	Rhiannah Neaves	Urunga	8:24.49
9	9	Rachel Addy	Glenbrook	8:56.30
10	1	Shae Mansfield	Orange	10:03.35
11	33	Hayley Pymont	Dapto	10:08.75
12	3	Hannah Wilkinson	Kurri Kurri	10:13.89
13	4	Krystal Cagney	Inverell	10:40.45
--	8	Brittany Annear	Tuggerah Lakes M	DQ Rule 230.1

Event 138 Boys U 17 - 1500 Metre Walk

Name	Age	Team	Final	
1	518	Jordan Mulhearn	Parramatta	6:13.13
2	182	Steven Washburn	Nepean	6:33.42
3	1	Jake Rudge	Port Stephens	6:45.45
4	795	Nicholas Cavenagh	Northern Suburbs	7:46.18
5	22	Jack Pearce	Macquarie Hunter	8:08.19
6	3	Alex Mazzantini	Card	8:27.41
7	17	Tim Hart	Eschol Park	8:44.44
--	261	Anthony Rizzo	Randwick Botany	DQ Rule 230.1
--	69	Jack Rodda	Shoalhaven	DQ Rule 230.1
--	14	Madison Hughes	Glenbrook	DQ Rule 230.1
--	6	Cheyne Egelton	Nepean	DQ Rule 230.1

Event 139 Girls U 9 - 70 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	31	Maya Francis	Wollongong City	10.96Q
2	9	Ebony Coker	Western Suburbs	11.02Q
3	57	Helena De Gruchy	Manly Warringah	11.03Q
4	26	Hollie Rawiri-Gent	Lake Illawarra	11.10q
5	111	Matilda Flood	Bathur	11.20
6	42	Caitlin Fenner	Springwood	11.35
7	131	Jenna Bentley	Albion Park	11.36
Heat 2 Heats				
1	2	Alexis Jeffs	Card	10.61Q
2	726	Samantha Stanley	Manly Warringah	10.64Q
3	42	Kierra Griffiths	Port Hacking	10.97Q
4	185	Chelsea Egginton	Macquarie Hunter	11.00q
5	167	Anna Badaoui	Ryde	11.10q
6	579	Alycia Willdern	Camden	11.36
7	95	Anastasia Williams	Emu Plains	11.39
8	190	Brittany Carroll	Maitland	11.44

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Event 140 Boys U 9 - 70 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	8	Ben Kinasch	Cherrybrook	10.26Q
2	309	Sidney Noppen	St George	10.40Q
3	95	Bradman Best	Woy Woy	10.44Q
4	207	Vaughan Hudy	Manly Warringah	10.54q
5	58	Bradley Hunt	Ballina	10.56q
6	156	Mitchell Evans	Port Macquarie	10.60
7	29	Jamie Karabesinis	Balmain	10.71
8	36	Michael Dokovic	Liverpool City	10.74
Heat 2 Heats				
1	29	Connor Ruse-Kent	Albion Park	10.50Q
2	193	Brad McGrath	Greystanes	10.62Q
3	14	Kynan Headon	Hay	10.65Q
4	128	Harry Schiemer	Thornton	10.72
5	39	James Neilly	Jamison	10.78
6	185	Blake Fishenden	Blacktown	10.81
7	6	Max Harper	Temora	11.16
8	243	Daniel Moss	Wollongong City	11.25

Event 141 Girls U 10 - 70 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	26	Bethany Kranendonk	Wyong	10.39Q
2	22	Talia Fisher	St George	10.50Q
3	24	Doveinah Vine	Camp	10.52Q
4	3	Erin Cullen	A.N.L.	10.54q
5	171	Tiana Jaber	Kings Langley	10.56q
6	157	Alicia Marshall	Doonside	10.60
7	39	Jada Hartwig	Forbes	10.75
8	56	Sarah Collison	Tamworth	10.91
Heat 2 Heats				
1	53	Ellie Carpenter	Dapto	10.32Q
2	8	Mikayla Mestousis	Ryde	10.49Q
3	47	Binta Salawu	Doonside	10.55Q
4	10	Kiara White	Albion Park	10.61
5	454	Renae Dehn	Liverpool City	10.66
6	30	Brooke Harper	Temora	10.67
7	32	Chloe Doyle	A.N.L.	10.68
8	156	Lucy Chomonter	Camp	10.73

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Event 142 Boys U 10 - 70 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	716	Lewis Clabburn	Northern Suburbs	9.74Q
2	2	Tristan Brazulaiti	Albion Park	10.00Q
3	127	Bailey Antrobus	Wollongong City	10.20Q
4	275	Jaime Boutros	Bankstown Sports	10.26
5	49	Ben Carter	Manly Warringah	10.29
6	43	Zane Camenzuli	Emu Plains	10.49
7	45	Miles Petersen	Card	10.58
8	77	Nicholas Charles	Colyton St Clair	11.05
Heat 2 Heats				
1	19	Marshall Luke	Rouse Hill Rams	10.03Q
2	2	Jed Englert	Tamworth	10.10Q
3	99	Aidan Wallace	Sawtell-Toormina	10.21Q
4	132	Joshua Azzopardi	Camden	10.24q
5	72	Dylan Quirk	Eastern Suburbs	10.24q
6	21	Joshua Chandler	Doonside	10.26
7	212	Aron Cox	Kiama	10.44
8	98	Tim Sidebottom	Leeton	10.48

Event 143 Girls U 13 - 80 Metre Hurdles

Name	Age	Team	Heats	
Heat 1 Heats				
1	71	Samantha Geddes	Port Hacking	12.98Q
2	289	Gabriella O'Grady	Northern Suburbs	13.18Q
3	134	Courtney Young	South Eastern	13.60Q
4	10	Averil Thornton	Old Bar	13.84q
5	8	Lillie Moye	Sawtell-Toormina	13.89q
6	12	Maddison Mooney	Revesby Workers	14.46
7	212	Alicia Blackett	Kurrajong Bilpin	14.47
Heat 2 Heats				
1	159	Caitlin Silk	Young and District	13.25Q
2	11	Ashlee Tait	Kings Langley	13.31Q
3	18	Rhiannon Rotumah	Nambucca District	13.96Q
4	332	Emily Francis	Ku-Ring-Gai	14.09
5	40	Chaquemia Davis	Wollongong City	14.19
6	176	Sophie Howard	Wagga Wagga	14.52
7	102	Keely Oehm	Kurrajong Bilpin	14.59
8	109	Kiara Kovacs	Doonside	15.09

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Event 144 Boys U 13 - 80 Metre Hurdles

Name	Age	Team	Heats	
Heat 1 Heats				
1	97	Jye Brooker	Albion Park	12.50Q
2	1	Liam Cashman	Port Hacking	12.75Q
3	6	Alec Diamond	Northern Suburbs	13.39Q
4	69	Nicholas Donato	Koorringal Wagga	13.66
5	8	Tom Lorkin	Eastern Suburbs	13.68
6	203	Andrew Lentini	Western Blues	13.78
7	66	Mitchell Acev	Wollongong City	14.33
8	156	Arch Dunstan	Cessnock	15.43
Heat 2 Heats				
1	99	Tyler Grindal	Northern Suburbs	12.60Q
2	175	Anthony Schmidt	Liverpool City	12.98Q
3	84	Mats Kumpulainen	Blacktown	13.38Q
4	54	Reece McIntosh	Lake Illawarra	13.39q
5	361	Jayden Tuohy	Randwick Botany	13.47q
6	111	Joshua Byron	Winston Hills	13.65
7	120	Daniel Mazzantini	Card	14.50
8	60	Lucas Sullivan	Forster/Tuncurry	14.68

Event 145 Girls U 14 - 80 Metre Hurdles

Name	Age	Team	Heats	
Heat 1 Heats				
1	18	Tiana Penitani	Eastern Suburbs	12.70Q
2	74	Natalie Setiadji	Northern Districts	13.04Q
3	1	Toni Anderson	Sutherland	13.09Q
4	5	Lacey Bruce	Shoalhaven	13.40q
5	68	Alanah Hall	Doonside	13.46
6	172	Zoe Hodgekiss-Garg	Albion Park	14.23
7	110	Taneal Gibbons	Westlakes	14.86
8	171	Alysia Hughes	Glenbrook	14.89
Heat 2 Heats				
1	62	Brooke Giffen	Illawong	12.78Q
2	815	Tess Nelson	Northern Suburbs	12.88Q
3	1	Julia Scott	Tamworth	12.97Q
4	68	Courtney Elliott	Winston Hills	13.12q
5	4	Brooke Kirk	Doonside	13.62
6	226	Rowenn Turvey	Albion Park	13.72

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Event 146 Boys U 14 - 90 Metre Hurdles

Name	Age	Team	Heats
Heat 1 Heats			
1	457	Ivor Metcalf	Randwick Botany 12.97Q
2	50	Morgan Paterson	Northern Suburbs 13.03Q
3	302	Duncan Watt	Port Hacking 13.03Q
4	15	Christopher Twigg	Wollongong City 13.60q
5	147	Liam Crook	Kiama 14.52
6	97	Sasha Stevenson-Ma	Mt Pritchard 14.93
7	80	Luke O'Donoghue	Armidale 15.67
Heat 2 Heats			
1	8	William Richardson	Northern Suburbs 12.66Q
2	459	Eric Ong	Port Hacking 13.07Q
3	7	Rhys Stein	Warradale 13.47Q
4	46	Jack McArdle	Ku-Ring-Gai 13.76q
5	128	Daniel Buntin	Dapto 14.56
6	153	James Jeffery	Kempsey 14.96
7	2	Joshua Fernandes	Lake Illawarra 16.04

Event 147 Girls U 15 - 90 Metre Hurdles

Name	Age	Team	Heats
Heat 1 Heats			
1	217	Elizabeth Clay	Hornsby 13.76Q
2	16	Paige Ussher-Kinne	Stuarts Point 14.08Q
3	215	Natalie Otten	Kurrajong Bilpin 14.25Q
4	111	Naomi Polyzoidis	Wollongong City 14.41q
5	269	Ashley Haynes	Port Hacking 14.44
6	64	Jessica Winsper	Mudgee 14.99
7	77	Alannah Jobson	Card 16.09
8	137	Emily Robinson	Kiama 19.90
Heat 2 Heats			
1	398	Melissa Farrington	Northern Suburbs 13.16Q
2	1	Corrina Moore	Kings Langley 13.47Q
3	5	Ella Regan-Lacey	South Eastern 14.14Q
4	184	Paige Schafer	Jamison 14.40q
5	18	Cassandra Bailey	Macquarie Hunter 15.22
6	13	Romy Thompson	Glenbrook 15.36
7	80	April Sullivan	Albion Park 16.58

Event 148 Boys U 15 - 100 Metre Hurdles

Name	Age	Team	Heats
Heat 1 Heats			
1	1	Chamath Herath	Parramatta 13.07Q
2	3	Brendan Harwanek	Mt Druitt 14.38Q
3	118	Andrew Millen	Douglas Park 14.48Q
4	213	Joshua Bingham	Lake Illawarra 14.52q
5	10	Jack Rogers	Orange 14.91
6	26	Lei-Han Lee	Canterbury 14.93
7	1	Matthew Collins	Hills District 14.95
8	263	Bradley Smith	Macquarie Hunter 18.80

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Heat 2 Heats

1	1 Gemien Litong	Manly Warringah	14.33Q
2	3 Ben Gordon	Eastern Suburbs	14.57Q
3	5 Zachary Amos	Blacktown	14.69Q
4	137 Dane English	Wollongong City	14.80q
5	121 Ethan Smith	Kurrajong Bilpin	15.45
6	62 Jarrod Revell	Gunnedah	17.76

Event 149 Girls U 17 - 100 Metre Hurdles

Name	Age	Team	Heats
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Heat 1 Heats

1	43 Natalie Ferris	Gloucester	14.56Q
2	321 Sara Klein	Kurrajong Bilpin	14.79Q
3	2 Rachel Shaw	Bowral	15.39Q
4	67 Kiara Fioravanti	Tiger Wests	16.07q
5	155 Natalie Murray	Canterbury	16.59
6	99 Mikhaila Gray	Orange	17.84

Heat 2 Heats

1	210 Michelle Jenneke	Cherrybrook	13.87Q
2	5 Sarah Carli	Wollongong City	14.87Q
3	7 Elana Withnall	Old Bar	15.23Q
4	2 Emma Cormack	Katoomba	15.56q
5	187 Alice Hewitt	Kiama	16.80
6	501 Holly Jenkins	Parramatta	16.84
7	11 Rebecca Cartwright	Kurrajong Bilpin	17.09
8	158 Laura Tredinnick	A.N.L.	17.78

Event 150 Boys U 17 - 110 Metre Hurdles

Name	Age	Team	Heats
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Heat 1 Heats

1	507 Justin Tarabine	Parramatta	14.32Q
2	4 Jake Stein	Warradale	14.36Q
3	67 Josh Parsons	Stockton	14.38Q
4	62 Christian Lozada	Port Hacking	14.67q
5	348 Evan Clothier	Northern Districts	15.41
6	72 Cameron Jones	Kurrajong Bilpin	15.45
7	216 Mitchell Chapman	Kiama	15.48

Heat 2 Heats

1	6 George Ockert	Holroyd	14.33Q
2	333 Jack Bangel	Kurrajong Bilpin	14.35Q
3	1 Dean Invernon	Lake Illawarra	14.51Q
4	519 Brandon Starc	Parramatta	14.53q
5	430 Ryan Forrester	Bankstown Sports	14.67q
6	21 Daniel Keith	Leeton	15.85
7	51 Daniel James	Mudgee	16.85

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Event 151 Girls U 9 - 70 Metre Run

Name	Age	Team	Final	
Final				
1	2	Alexis Jeffs	Card	10.63
2	726	Samantha Stanley	Manly Warringah	10.64
3	9	Ebony Coker	Western Suburbs	10.97
4	185	Chelsea Egginton	Macquarie Hunter	11.02
5	31	Maya Francis	Wollongong City	11.08
6	57	Helena De Gruchy	Manly Warringah	11.17
7	26	Hollie Rawiri-Gent	Lake Illawarra	11.26
8	42	Kierra Griffiths	Port Hacking	11.28

Event 152 Boys U 9 - 70 Metre Run

Name	Age	Team	Final	
Final				
1	8	Ben Kinasch	Cherrybrook	10.32
2	95	Bradman Best	Woy Woy	10.35
3	309	Sidney Noppen	St George	10.37
4	29	Connor Ruse-Kent	Albion Park	10.42
5	58	Bradley Hunt	Ballina	10.55
6	14	Kynan Headon	Hay	10.66
7	207	Vaughan Hudy	Manly Warringah	10.69
8	193	Brad McGrath	Greystanes	10.76

Event 153 Girls U 10 - 70 Metre Run

Name	Age	Team	Final	
Final				
1	26	Bethany Kranendonk	Wyong	10.14
2	53	Ellie Carpenter	Dapto	10.21
3	8	Mikayla Mestousis	Ryde	10.27
4	3	Erin Cullen	A.N.L.	10.30
5	22	Talia Fisher	St George	10.39
6	24	Doveinah Vine	Camp	10.44
7	171	Tiana Jaber	Kings Langley	10.49
8	47	Binta Salawu	Doonside	10.52

Event 154 Boys U 10 - 70 Metre Run

Name	Age	Team	Final	
Final				
1	716	Lewis Clabburn	Northern Suburbs	9.74
2	19	Marshall Luke	Rouse Hill Rams	9.93
3	127	Bailey Antrobus	Wollongong City	9.99
4	2	Tristan Brazulaiti	Albion Park	10.01
5	2	Jed Englert	Tamworth	10.08
6	99	Aidan Wallace	Sawtell-Toormina	10.16
7	132	Joshua Azzopardi	Camden	10.18
8	72	Dylan Quirk	Eastern Suburbs	10.24

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Event 155 Girls U 11 - 200 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	53	Naomi Ramirez	Camden	28.16Q
2	122	Shenais Moss	Revesby Workers	28.88Q
3	171	Sara De Silva	Winston Hills	29.08Q
4	15	Casey-Lee Bedford	Lake Illawarra	29.19q
5	4	Carly Metcalfe	Kurri Kurri	29.75
6	71	Alexandra Petersen	Colyton St Clair	30.09
7	100	Tara Guest	Gunnedah	30.54
8	9	Ainslie Harvey	Emu Plains	31.44
Heat 2 Heats				
1	372	Brooke Jenkins	Cherrybrook	27.12Q
2	2	Laycee Covington-G	Bathur	28.81Q
3	35	Chelsea Loughrey	Parramatta	28.87Q
4	16	Payton Smede	Dubbo	29.60q
5	58	Talia Constance	Armidale	29.94
6	101	Jessica Green	Albion Park	30.10
7	341	Antonella Brajkovi	Randwick Botany	30.36
8	199	Renay Xuereb	Nepean	30.96

Event 156 Boys U 11 - 200 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	68	Alex Kyriacou	Randwick Botany	27.35Q
2	14	Joshua Head	Wollongong City	27.80Q
3	11	Adam Potts	Ballina	28.60Q
4	302	Matthew Eaton	Cherrybrook	28.62q
5	89	Isaac Selvey	Armidale	28.73q
6	66	Luke Skrivanic	Northern Suburbs	29.23
7	267	Richard Stewart	Jamison	29.52
8	161	Zachary Havadjia	Shoalhaven	29.59
Heat 2 Heats				
1	425	Alec Nguyen	Bankstown Sports	27.28Q
2	77	Lachlan Trowell	Randwick Botany	28.36Q
3	484	Alec McDonald	Cherrybrook	28.81Q
4	13	Liam Headon	Hay	28.82
5	58	Obssa Youssouf	Liverpool City	28.95
6	11	Mitchell Dickson	Port Macquarie	29.41
7	152	Tre Finua	Griff	29.85
8	99	Luke Zaurrini	Kurrajong Bilpin	30.24

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Sunday Track Events

Event 157 Girls U 12 - 200 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	1	Molly Blakey	South Eastern	27.08Q
2	290	Ruby Ritchie	Manly Warringah	27.18Q
3	12	Katie Smee	Raymond Terrace	28.00Q
4	64	Sherryn Micallef	Wollongong City	28.39
5	15	Shannon Willmott	Doonside	29.24
6	93	Ellie Madden	Orange	30.59
Heat 2 Heats				
1	158	Akua Nsiah	Greystanes	27.25Q
2	10	Katie Halliday-Joh	Blacktown	27.95Q
3	45	Charly-Rose Dunne	Eastern Suburbs	28.14Q
4	16	Maddison Ingram	Raymond Terrace	28.31q
5	581	Maddie Jones	Manly Warringah	28.37q
6	55	Nina Osada-Phornsi	Ryde	29.05
7	20	Savannah Peterkin	Nambucca District	29.45

Event 158 Boys U 12 - 200 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	343	Benjamin Alessio	St George	26.79Q
2	193	Connor Kirkwood	Maitland	27.14Q
3	52	Jeremy Carpenter	Dapto	27.16Q
4	67	Paul Salem	Ku-Ring-Gai	27.29q
5	1	Tyron Portelli	Lethbridge Park	28.52
6	69	Jacob Phelps	Nambucca District	29.11
7	57	George Jackson	Narromine	29.31
Heat 2 Heats				
1	775	Jayden Panetta	Northern Suburbs	27.14Q
2	38	Matthew Thesiera	Manly Warringah	27.41Q
3	115	Trent Halton	Edgeworth	27.85Q
4	194	Brodie Vassallo	Kurrajong Bilpin	27.92q
5	11	Raymond Maroun	Holroyd	28.65
6	12	Cody White	Albion Park	29.05
7	7	Jay Pearce	Emu Plains	29.40
8	159	Harrison Stewart	Shoalhaven	29.68

Event 159 Girls U 13-14 100 AWD

1	57	Amanda Krsticevic	Kurrajong Bilpin	15.78
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Event 160 Boys U 13-14 100 AWD

1	247	Kieran Setco (T/F)	Port Hacking	14.59
2	36	James Turner (T/F)	Forster/Tuncurry	15.97
3	91	Michael Hilton (T/	Bankstown Sports	15.37
4	278	Dean Chesham (T/F)	Camp	21.26
5	20	James Slender (T/F)	Warradale	35.50

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Event 161 Girls U 15-17 100 AWD

1	234 Chelsea Toman (T/F	Glenbrook	18.28
2	234 Samantha Burrows (Ryde	18.84

Event 162 Boys U 15-17 100 AWD

1	135 Dylan Patman (T/F	Port Hacking	13.39
2	23 Bradley Bloem (T/F	Warradale	14.82
3	518 Daniel Mcgrath (T/	Glenbrook	17.56
4	164 Tim Lockwood (T/F	Randwick Botany	17.69
5	232 Rhys Walker (T/F 3	Glenbrook	21.17

Event 163 Girls U 13 - 80 Metre Hurdles

	Name	Age Team	Final
Final			
1	289 Gabriella O'Grady	Northern Suburbs	12.87
2	159 Caitlin Silk	Young and District	13.03
3	71 Samantha Geddes	Port Hacking	13.06
4	11 Ashlee Tait	Kings Langley	13.20
5	134 Courtney Young	South Eastern	13.36
6	10 Averil Thornton	Old Bar	13.47
7	8 Lillie Moye	Sawtell-Toormina	13.60
8	18 Rhiannon Rotumah	Nambucca District	13.65

Event 164 Boys U 13 - 80 Metre Hurdles

	Name	Age Team	Final
Final			
1	97 Jye Brooker	Albion Park	12.27
2	99 Tyler Grindal	Northern Suburbs	12.43
3	1 Liam Cashman	Port Hacking	12.62
4	175 Anthony Schmidt	Liverpool City	13.16
5	6 Alec Diamond	Northern Suburbs	13.24
6	84 Mats Kumpulainen	Blacktown	13.48
7	361 Jayden Tuohy	Randwick Botany	13.84
8	54 Reece McIntosh	Lake Illawarra	14.12

Event 165 Girls U 14 - 80 Metre Hurdles

	Name	Age Team	Final
Final			
1	18 Tiana Penitani	Eastern Suburbs	12.63
2	62 Brooke Giffen	Illawong	12.63
3	815 Tess Nelson	Northern Suburbs	12.74
4	74 Natalie Setiadji	Northern Districts	12.85
5	1 Toni Anderson	Sutherland	13.14
6	1 Julia Scott	Tamworth	13.21
7	5 Lacey Bruce	Shoalhaven	13.23
8	68 Courtney Elliott	Winston Hills	13.72

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Event 166 Boys U 14 - 90 Metre Hurdles

Name	Age	Team	Final	
Final				
1	8	William Richardson	Northern Suburbs	12.44
2	50	Morgan Paterson	Northern Suburbs	12.88
3	457	Ivor Metcalf	Randwick Botany	12.99
4	302	Duncan Watt	Port Hacking	13.03
5	7	Rhys Stein	Warradale	13.19
6	46	Jack McArdle	Ku-Ring-Gai	13.21
7	459	Eric Ong	Port Hacking	13.32
8	15	Christopher Twigg	Wollongong City	13.69

Event 167 Girls U 15 - 90 Metre Hurdles

Name	Age	Team	Final	
Final				
1	398	Melissa Farrington	Northern Suburbs	13.10
2	1	Corrina Moore	Kings Langley	13.27
3	217	Elizabeth Clay	Hornsby	13.45
4	5	Ella Regan-Lacey	South Eastern	13.86
4	215	Natalie Otten	Kurrajong Bilpin	13.86
6	16	Paige Ussher-Kinne	Stuarts Point	13.89
7	184	Paige Schafer	Jamison	14.31
8	111	Naomi Polyzoidis	Wollongong City	14.58

Event 168 Boys U 15 - 100 Metre Hurdles

Name	Age	Team	Final	
Final				
1	1	Chamath Herath	Parramatta	12.81
2	1	Gemien Litong	Manly Warringah	13.61
3	3	Brendan Harwanek	Mt Druitt	14.20
4	213	Joshua Bingham	Lake Illawarra	14.31
5	118	Andrew Millen	Douglas Park	14.35
6	137	Dane English	Wollongong City	14.52
7	3	Ben Gordon	Eastern Suburbs	14.74
8	5	Zachary Amos	Blacktown	14.91

Event 169 Girls U 17 - 100 Metre Hurdles

Name	Age	Team	Final	
Final				
1	210	Michelle Jenneke	Cherrybrook	13.87
2	43	Natalie Ferris	Gloucester	14.34
3	5	Sarah Carli	Wollongong City	14.64
4	321	Sara Klein	Kurrajong Bilpin	14.65
5	2	Rachel Shaw	Bowral	15.11
6	7	Elana Withnall	Old Bar	15.43
7	2	Emma Cormack	Katoomba	15.79
8	67	Kiara Fioravanti	Tiger Wests	15.88

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Event 170 Boys U 17 - 110 Metre Hurdles

Name	Age	Team	Final	
Final				
1	507	Justin Tarabine	Parramatta	13.87
2	333	Jack Bangel	Kurrajong Bilpin	13.99
3	4	Jake Stein	Warradale	14.01
4	6	George Ockert	Holroyd	14.07
5	67	Josh Parsons	Stockton	14.13
6	62	Christian Lozada	Port Hacking	14.28
7	519	Brandon Starc	Parramatta	14.87
8	1	Dean Invernon	Lake Illawarra	15.12

Event 171 Girls U 9 - 800 Metre Run

Name	Age	Team	Final	
1	18	Ashlee Forbes	Tuggerah Lakes M	2:44.01
2	9	Shenay Edwards	Albion Park	2:45.82
3	124	Rachel Lowe	Western Suburbs	2:47.78
4	314	Gabrielle Damm	Cherrybrook	2:48.61
5	75	Kiera Connolly	South Eastern	2:48.70
6	143	Grace Lovett	Springwood	2:51.15
7	20	Hayley Millington	Woolgoolga	2:54.35
8	436	Brooke Steinwede	Rouse Hill Rams	2:54.90
9	117	Jade Mustapic	Albion Park	2:59.26
10	26	Jessica Chinnock	Wollongong City	3:00.48
11	19	Kasee McIlvenny	Liverpool City	3:03.60
12	44	Mya Cooke	Woodberry & Dist	3:06.06
13	13	Tiana Wild	Mt Druitt	3:06.50
14	172	Annie Miller	Orange	3:08.96
15	114	Jazlyn Evans	Southlakes	3:11.33
16	86	Rose Jennings	Randwick Botany	3:17.73

Event 172 Boys U 9 - 800 Metre Run

Name	Age	Team	Final	
1	402	William Fagan	Eastern Suburbs	2:33.50
2	21	Zunaid Dubois	Stockton	2:33.99
3	28	Josh Green	Cherrybrook	2:34.10
4	86	Joseph O'Connor	Maitland	2:35.07
5	103	Joshua Mumford	Ballina	2:41.52
6	14	Christian Borskjae	N.R.C.	2:43.72
7	138	Thomas Smith	Hills District	2:44.54
8	71	Jackson Isaaka	Camp	2:45.99
9	142	Oliver Eparaima	Liverpool City	2:54.08
10	86	Sam Kofod	Eastern Suburbs	2:56.97
11	8	Jacob Zieltjes	Forbes	2:57.19
12	107	Lachlan Morgan	Dapto	2:58.05
12	37	Hamish Poole	Wellington	2:58.05
14	51	Blake Stafford	Kurrajong Bilpin	2:59.53
15	115	Jackson Hay	Parkes	3:00.10
16	36	Jarrood Simmonds	Tallawong Park	3:00.11

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Event 173 Girls U 10 - 800 Metre Run

Name	Age	Team	Final	
1	24	N'Dea Rumble	Armidale	2:38.17
2	381	Nell Breslin	Manly Warringah	2:38.42
3	229	Catherine Miller	Ku-Ring-Gai	2:40.57
4	5	Sinead Austwick	Albion Park	2:40.78
5	10	Soraya Usher	Katoomba	2:42.41
6	12	Madeline Eaton	Wollongong City	2:44.98
7	10	Rylee Towell	Revesby Workers	2:45.95
8	52	Ellen Kriedemann	Eastern Suburbs	2:46.57
9	14	Zoe Gavin	Grenfell	2:47.59
10	70	Nicole Griffis	Taree	2:47.86
11	205	Anastasia De Pourb	Camden	2:48.43
12	38	Shayannae Wright	Southlakes	2:48.81
13	7	Ali Thomson	Hills District	2:49.10
14	16	Shayla Szakacs	Albion Park	2:49.12
15	110	Sianna Steele	Jamison	2:52.85

Event 174 Boys U 10 - 800 Metre Run

Name	Age	Team	Final	
1	3	Nicholas Blakey	South Eastern	2:26.63
2	252	Elliot Metcalf	Manly Warringah	2:26.98
3	212	Jack Hinds	Randwick Botany	2:28.04
4	238	Sam Williams	Hills District	2:28.37
5	136	Tyler Egan	Bowral	2:31.67
6	53	Chase Karn	Southlakes	2:31.98
7	32	James Seal	Wollongong City	2:32.57
8	246	Fergus Whelan	Northern Suburbs	2:33.04
9	66	Joshua Guy	Sawtell-Toormina	2:36.78
10	46	Brent Rushworth	Camp	2:42.03
11	212	Troy Hannaford	Colyton St Clair	2:43.95
12	352	Albert Baloghne	Macquarie Hunter	2:43.99
13	275	Jayden Kastelan	Emu Plains	2:49.06
14	138	Daniel Woods	Bathur	2:49.64
15	285	Angus Harrold	Emu Plains	2:50.41

Event 175 Girls U 13 - 200 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	289	Gabriella O'Grady	Northern Suburbs	26.95Q
2	80	Jenna Heath	Lithgow	26.97Q
3	176	Sophie Howard	Wagga Wagga	27.30Q
4	11	Ashlee Tait	Kings Langley	27.31q
5	349	Emily Mulcahy	Macquarie Hunter	27.72
6	10	Averil Thornton	Old Bar	27.84
....Event 175 Girls U 13 - 200 Metre Run				
7	66	Kristy Jackson	Camden	28.09

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Heat 2 Heats

1	35 Sara Marshall	Northern Suburbs	27.04Q
2	56 Gloria Lee	Bankstown Sports	27.18Q
3	5 Madeleine Rushton	Cranebrook	27.19Q
4	159 Caitlin Silk	Young and District	27.53q
5	181 Matilda Barrass	Cessnock	27.60
6	142 Molly Satterthwait	Orange	27.89
7	558 Akeisha Kelly	Randwick Botany	28.07

Event 176 Boys U 13 - 200 Metre Run

Name	Age	Team	Heats
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Heat 1 Heats

1	301 Stephen Eaton	Cherrybrook	25.12Q
2	448 Dylan Fuller	Western Suburbs	25.16Q
3	80 Dylan Bennett	Thornton	25.42Q
4	82 Jaydn Phillips	Camden	25.72q
5	60 Jack Fernance	Manilla	25.72q
6	97 Jye Brooker	Albion Park	26.63
7	268 Fadi Eid	Blacktown	26.74
8	7 Ryan Griffin	Orange	27.82

Heat 2 Heats

1	486 Patrick Frith	Manly Warringah	25.36Q
2	92 Jake Mayo	Werrington	25.45Q
3	16 Denzel Singleton	Hills District	25.64Q
4	13 Cameron Moore	Sutherland	25.92
5	754 John Walker	Aberdeen	26.19
6	211 Christian Foster	Wollongong City	26.76
7	1 Charles Slinger	Temora	27.29
8	84 Mats Kumpulainen	Blacktown	28.11

Event 177 Girls U 14 - 200 Metre Run

Name	Age	Team	Heats
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Heat 1 Heats

1	32 Alison Ruse	Jamison	25.92Q
2	1 Mihaela Grnovic	Blacktown	26.18Q
3	362 Natasha Fountas	Randwick Botany	26.65Q
4	11 Laura Andreatza	Lockhart	26.70q
5	222 Riana Drake	Albion Park	27.02q
6	9 Kirra Nean	Woodberry & Dist	27.21
7	5 Olivia O'Rourke	Mosman	27.45

Heat 2 Heats

1	392 Karina Takchi	Cherrybrook	26.02Q
2	75 Rebecca Norton	Girraween	26.76Q
3	164 Carla Italiano	South Eastern	26.80Q
4	3 Emily Negus	Griff	27.21
5	347 Vivien Przyborowsk	Macquarie Hunter	27.32
6	35 Hayley Turner	Forster/Tuncurry	27.32
7	2 Kristie Blair	Werrington	27.40

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Event 178 Boys U 14 - 200 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	321	Jonathon Legas	Bankstown Sports 24.08Q
2	39	David Sheridan	Sawtell-Toormina 24.45Q
3	95	Kardue Daniels	Wollongong City 24.72Q
4	148	Taylor Currie	Nepean 25.29q
5	3	Jonathon Lagos	Rouse Hill Rams 26.12
6	11	Aidan Neaves	Urunga 26.51
7	128	Daniel Buntin	Dapto 27.19
Heat 2 Heats			
1	110	Anas Ganaba Abu	Blacktown 24.01Q
2	17	Anthony Palmer	Cherrybrook 24.05Q
3	149	Christopher Debrin	Camden 24.73Q
4	50	Morgan Paterson	Northern Suburbs 25.09q
5	141	Joshua Gorrie	Kiama 26.07
6	329	Lawson Huntriss	Macquarie Hunter 26.32

Event 179 Girls U 15 - 200 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	398	Melissa Farrington	Northern Suburbs 25.67Q
2	280	Alicia Sullivan	Camden 26.13Q
3	267	Molly Tredinnick	Mosman 26.43Q
4	148	Gabriel Asimus	A.N.L. 27.05
5	4	Sarah Halvorsen	Charlestown 27.52
6	126	Bridget Pearson	Wollongong City 28.17
Heat 2 Heats			
1	198	Tavleen Singh	Kurrajong Bilpin 24.94Q
2	1	Dejane Defoe	Mt Druitt 25.49Q
3	5	Natalie Apikotoa	Kings Langley 25.50Q
4	2	Victoria Ardita	Smithfield 26.04q
5	165	Skye Ryan	Albion Park 26.61q
6	77	Alannah Jobson	Card 26.83
7	1	Gabriella Rhodes	Cowra 27.19
8	63	Summer Micallef	Wollongong City 28.76

Event 180 Boys U 15 - 200 Metre Run

Name	Age	Team	Heats
Heat 1 Heats			
1	101	Janayah Freeman	Young and District 23.07Q
2	1	Chamath Herath	Parramatta 23.57Q
3	1	Oscar Pople	Eastern Suburbs 24.16Q
4	150	Chatchai Wongs	Bankstown Sports 24.38
5	5	Zachary Amos	Blacktown 24.41
6	77	Liam Carney	Forster/Tuncurry 24.73
7	63	Jason Johnson	Narromine 25.19
8	249	Brodie Leeson	Albion Park 26.07

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Heat 2 Heats

1	1 Joshua Jay	Penrith Valley	23.04Q
2	201 Joshua Mawhinney	Northern Districts	23.75Q
3	318 Jacob Roberts	Kurrajong Bilpin	23.92Q
4	294 Dante Falzarano	Gosford	24.02q
5	11 Wade Hazell	Tamworth	24.07q
6	131 Jordan Luken	Westlakes	24.78
7	77 Ali Nazari	Tiger Wests	24.79

Event 181 Girls U 17 - 200 Metre Run

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	Name	Age Team	Heats
=====			
Heat 1 Heats			
1	210 Michelle Jenneke	Cherrybrook	25.80Q
2	59 Kirsty Honey	Albion Park	26.66Q
3	501 Nicole Manzanera	Randwick Botany	27.23Q
4	103 Krista Hackenberg	Colyton St Clair	27.83
5	26 Emily Bell	Koorimal Wagga	28.20
6	141 Emma Horvat	Blacktown	28.94
Heat 2 Heats			
1	1 Laura Bonzo	A.N.L.	25.49Q
2	247 Jacarna Bain-Fento	Cessnock	25.92Q
3	140 Emily Duve	Cherrybrook	26.24Q
4	48 Emma Johnson	Camp	27.04q
5	7 Emily Jordan	Winston Hills	27.48q
6	52 Theresa Coyle	Randwick Botany	28.21

Event 182 Boys U 17 - 200 Metre Run

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	Name	Age Team	Heats
=====			
Heat 1 Heats			
1	333 Jack Bangel	Kurrajong Bilpin	23.23Q
2	10 Jake Hazell	Tamworth	23.30Q
3	634 Jackson Lowe	Manly Warringah	23.49Q
4	757 Alex Northam	Northern Suburbs	23.51
5	247 Dilshen Mooneesamy	Blacktown	23.52
6	7 Bradley Sharne	Smithfield	23.57
7	93 Phillip Komninos	Lake Illawarra	23.99
8	102 William Hudson	Wellington	24.01
Heat 2 Heats			
1	51 Ben Jaworski	Cherrybrook	22.64Q
2	62 Christian Lozada	Port Hacking	23.09Q
3	107 Julian Rousetty	Camp	23.15Q
4	1 Ian Halpin	Katoomba	23.38q
5	3 Jack Katen	Forster/Tuncurry	23.38q
6	4 Luke Blackler	Tamworth	23.71
7	56 Ben Hudson	Mudgee	24.10
8	1 Joshua McGrath	Bathur	24.72

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Event 183 Girls U 9 - 200 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	31	Maya Francis	Wollongong City	31.38Q
2	33	Mercedes Sovilj	Camp	31.71Q
3	50	Ashleigh Carroll	Young and District	31.78Q
4	57	Helena De Gruchy	Manly Warringah	31.88
5	2	Alexis Jeffs	Card	31.89
6	9	Shenay Edwards	Albion Park	31.94
7	183	Amber Haase	South Eastern	32.53
8	345	Jasmyn Vesey	Liverpool City	34.19
Heat 2 Heats				
1	165	Mariama McKern	Bowral	30.71Q
2	726	Samantha Stanley	Manly Warringah	30.76Q
3	182	Dakota Thomas	Macquarie Hunter	30.78Q
4	456	Talia Lummow	Randwick Botany	30.86q
5	385	Sophie Collyer	Ryde	31.72q
6	42	Jemma Wilson	Wallsend Rsl	32.31
7	220	Brianna Humphries	Kurrajong Bilpin	33.19

Event 184 Boys U 9 - 200 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	29	Connor Ruse-Kent	Albion Park	30.30Q
2	123	Cooper Jenkins	Medowie	30.35Q
3	55	Ben West	Manly Warringah	30.52Q
4	309	Sidney Noppen	St George	30.59q
5	14	Kynan Headon	Hay	31.00
6	34	Angus Ernst	Maitland	31.15
7	193	Brad McGrath	Greystanes	31.44
8	185	Blake Fishenden	Blacktown	32.49
Heat 2 Heats				
1	284	Oliver Haase	South Eastern	30.28Q
2	207	Vaughan Hudy	Manly Warringah	30.42Q
3	502	Cody Moltzen	Manly Warringah	30.66Q
4	6	Mitchell Potts	Albion Park	30.83q
5	9	Shane Munaweera	Jamison	31.45
6	36	Michael Dokovic	Liverpool City	31.61
7	86	Joseph O'Connor	Maitland	31.74

Event 185 Girls U 10 - 200 Metre Run

Name	Age	Team	Heats	
Heat 1 Heats				
1	189	Kristie Edwards	Manly Warringah	28.48Q
2	129	Eva Neville	Cessnock	30.30Q
3	10	Kiara White	Albion Park	30.33Q
4	43	Lily Cains	Thornton	30.46
5	26	Bethany Kranendonk	Wyong	30.63
6	47	Binta Salawu	Doonside	31.02
7	24	Doveinah Vine	Camp	31.41

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Heat 2 Heats

1	107 Chyna Tavai-Willia	Bankstown Sports	29.61Q
2	69 Georgia McEwan	Lake Illawarra	29.98Q
3	53 Ellie Carpenter	Dapto	30.19Q
4	29 Samantha Laidler	Hills District	30.27q
5	22 Bianca Mason	Forster/Tuncurry	30.35q
6	5 Sinead Austwick	Albion Park	31.25
7	5 Tabitha Lisciotto	Tallawong Park	31.62
8	1 Eliza Trevena	Holroyd	31.83

Event 186 Boys U 10 - 200 Metre Run

Name	Age	Team	Heats
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Heat 1 Heats

1	716 Lewis Clabburn	Northern Suburbs	28.62Q
2	187 Jy Paulson	Bankstown Sports	29.07Q
3	2 Jed Englert	Tamworth	29.14Q
4	72 Dylan Quirk	Eastern Suburbs	29.56
5	45 Miles Petersen	Card	29.73
6	2 Tristan Brazulaiti	Albion Park	29.83
7	1 Jarrad Wilson	Grenfell	31.89

Heat 2 Heats

1	10 Tyler Gunn	Gosford	28.08Q
2	127 Bailey Antrobus	Wollongong City	28.19Q
3	99 Aidan Wallace	Sawtell-Toormina	28.34Q
4	28 Sebastien Moir	South Eastern	28.40q
5	2 Rory Barkley	Northern Suburbs	28.96q
6	200 Thomas Carroll	Liverpool City	30.10
7	171 Jarryd Hodgekiss-G	Albion Park	30.58
8	200 Nic Job	Jamison	30.89

Event 187 Girls U 11 - 800 Metre Run

Name	Age	Team	Final
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1	5 Alex Kerr	Balmain	2:27.72
2	271 Tiarna Mason	Randwick Botany	2:29.05
3	39 Lauren Moore	Macquarie Hunter	2:33.39
4	33 Rebecca Wright	Parramatta	2:33.49
5	637 Gabby Mastroianni	Manly Warringah	2:35.88
6	35 Katrina Lamas	Holroyd	2:36.04
7	11 Emily Fisher	Grenfell	2:38.06
8	20 Melanie Kirk	Jamison	2:38.58
9	31 Catelin Vreeswyk	Doonside	2:40.25
10	5 Sarah Luxford	Springwood	2:40.59
11	129 Jemima McCalman	Orange	2:40.62
12	437 Raukura Doyle	Northern Suburbs	2:40.65
13	201 Madeleine Camire	A.N.L.	2:45.17
14	12 Hannah Sawyer	Stuarts Point	2:47.75
15	4 Kelsey Gray	Orange	2:48.04
16	6 Maddison Angelucci	Wollongong City	2:49.62

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Sunday Track Events

Event 188 Boys U 11 - 800 Metre Run

Name	Age	Team	Final	
1	68	Alex Kyriacou	Randwick Botany	2:21.40
2	14	Joshua Head	Wollongong City	2:21.46
3	4	Finn Mergler	South Eastern	2:21.63
4	302	Matthew Eaton	Cherrybrook	2:21.84
5	89	Jesse Maxwell	Macquarie Hunter	2:25.34
6	13	Kade Szakacs	Albion Park	2:25.52
7	411	Jarrod Herrmann	Port Hacking	2:26.40
8	36	Bradley Wright	Parramatta	2:34.06
9	42	Thomas Williams	Ku-Ring-Gai	2:35.74
10	101	Matthew Williams	Medowie	2:37.18
11	27	Jonathon Gusman	Sawtell-Toormina	2:37.25
12	28	Ryan Gregory	Nepean	2:38.73
13	94	Connor Whiteley	Orange	2:39.36
14	111	Joshua Cuthbert	Lake Illawarra	2:40.82
15	112	Timothy Kniha	Springwood	2:43.14
16	58	Obssa Youssouf	Liverpool City	2:57.69

Event 189 Girls U 12 - 800 Metre Run

Name	Age	Team	Final	
1	101	Susie Seitaridis	Lake Illawarra	2:28.26
2	8	Dominica Lucas	Mosman	2:30.74
3	37	Amy Harding	South Eastern	2:31.13
4	92	Brooke Coggins	Wyong	2:32.95
5	204	Mauhgan Wellham	Wallsend Rsl	2:34.11
6	221	Lauren Donnellan	Camp	2:35.07
7	38	Lily Harding	South Eastern	2:36.41
8	71	Emily Nash	Newcastle City	2:36.51
9	4	Georgina Adams	Bathur	2:37.98
10	307	Chloe Hartnett	Macquarie Hunter	2:38.09
11	73	Brianna McKee	Hornsby	2:41.21
12	17	Bridget Kellett	Shoalhaven	2:41.38
13	189	Audrey Pring	Kiama	2:43.97
14	159	Bianca Messina	Kurrajong Bilpin	2:57.02

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Event 190 Boys U 12 - 800 Metre Run

Name	Age	Team	Final	
1	123	Jye Perrott	Girraween	2:20.34
2	18	James McFadden	Ku-Ring-Gai	2:21.29
3	8	Hamish Macdonald	Wollongong City	2:22.53
4	30	Luke Gorman	Manly Warringah	2:22.73
5	168	Matthew Scarr	Gosford	2:24.38
6	2	Ethan Dhu	Doonside	2:26.41
7	444	Kurt Fryer	Randwick Botany	2:27.36
8	51	Maverick Tweedie	Camp	2:29.37
9	7	Sam Woods	Milton-Ulladulla	2:32.17
10	166	Bradley Andrews	Edgeworth	2:32.33
11	145	Josh Toovey	Mudgee	2:37.86
12	22	Samuel Barry	Singleton	2:39.49
13	4	Jed Frank	Milton-Ulladulla	2:42.08
14	2	Patrick Estrada	Mt Druitt	2:47.07

Event 191 Girls U 13 - 800 Metre Run

Name	Age	Team	Final	
1	76	Alex McCloughlan	Macquarie Hunter	2:19.33
2	1	Morgan Kitchener	Camden	2:19.51
3	534	Alina Tape	Nambucca District	2:20.34
4	1	Louise Hill	Mosman	2:21.54
5	37	Jessica Hull	Albion Park	2:21.68
6	156	Olivia Dooley	Ku-Ring-Gai	2:25.78
7	7	Jemima Herig-Parso	Glenbrook	2:26.55
8	3	Bethany Croft	Hornsby	2:28.98
9	104	Kristen Kalemusic	Werrington	2:30.24
10	73	Monica Young	Bankstown Sports	2:32.25
11	45	Elise Hay	Armidale	2:39.22
12	45	Jemma Wotton	Kurrajong Bilpin	2:39.47
13	11	Danielle Pearson	Bathur	2:40.33
14	9	Katie Mitton	Grenfell	2:50.29

Event 192 Boys U 13 - 800 Metre Run

Name	Age	Team	Final	
1	301	Stephen Eaton	Cherrybrook	2:14.20
2	340	Hayden O'Neill	Randwick Botany	2:16.84
3	107	Hayden Sly	Kurrajong Bilpin	2:16.91
4	183	Drew Fisher-Peel	Manly Warringah	2:18.24
5	100	Carl Williams	Medowie	2:18.97
6	1	Maine Vidler	Cherrybrook	2:19.00
7	142	Sam Hitchcock	Card	2:20.22
8	113	Jakob McAnulty	Colyton St Clair	2:20.25
9	4	Daniel Francken	Katoomba	2:20.70
10	176	Nicholas Cain	Macquarie Hunter	2:22.29
11	216	James Bosnich	Camden	2:25.11
12	3	Cameron Barrett	Albion Park	2:25.90
13	13	Mitchell Lucas	Port Hacking	2:26.38
14	1	Gus Frank	Milton-Ulladulla	2:44.42

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Event 193 Girls U 14 - 800 Metre Run

Name	Age	Team	Final	
1	362	Natasha Fountas	Randwick Botany	2:19.62
2	218	Carolena Kostas	St George	2:22.25
3	1	Caitlin Brown	Northern Illawarra	2:22.67
4	314	Emily Rohr	Port Hacking	2:22.68
5	3	Rachel Horwood	N.R.C.	2:26.61
6	12	Caitlin Headon	Lockhart	2:26.94
7	268	Hannah-Rose Stewar	Jamison	2:27.67
8	94	Emily Michell	Hills District	2:28.98
9	9	Kirra Nean	Woodberry & Dist	2:29.27
10	105	Stephanie Kalemusi	Werrington	2:30.34
11	3	Emily Negus	Griff	2:32.71
12	11	Nicole Adamson	Blacktown	2:32.80

Event 194 Boys U 14 - 800 Metre Run

Name	Age	Team	Final	
1	8	William Richardson	Northern Suburbs	2:06.47
2	99	Max Wilson	Randwick Botany	2:07.33
3	336	Andrew Brown	Manly Warringah	2:08.49
4	1	Daniel Keene	Emu Plains	2:11.21
5	236	Charlie Hunter	Gosford	2:13.48
6	1	Joshua Kentwell	Dapto	2:13.80
7	234	Aaron Spiessberger	Shoalhaven	2:13.97
8	555	Beau Tape	Nambucca District	2:15.96
9	144	Ayden Toovey	Mudgee	2:16.46
10	23	Declan Spencer	A.N.L.	2:19.05
11	107	Ilias Hassani	Tiger Wests	2:19.68
12	22	Nicholas Hokin	Preston Robins	2:27.53
13	5	Jack Dhu	Doonside	2:29.84
14	8	Aaron Morham	Finley	2:30.62

Event 195 Girls U 15 - 800 Metre Run

Name	Age	Team	Final	
1	257	Kate Spencer	Ryde	2:17.44
2	7	Courtney Chamberla	Cherrybrook	2:17.56
3	90	Olivia Leonard	Maitland	2:20.58
4	10	Shannen Caffrey	Illawong	2:21.72
5	2	Tayla Stark	Illawong	2:24.38
6	246	Lily Vidler	Cherrybrook	2:26.95
7	148	Gabriel Asimus	A.N.L.	2:31.15
8	66	Serena Kyriacou	Randwick Botany	2:32.29
9	7	Tia O'Carroll	Macquarie Hunter	2:32.64
10	6	Jocelyne Francken	Katoomba	2:34.62
11	3	Ellyssa Angelucci	Wollongong City	2:36.35
12	207	Roslyn Mangulabnan	Jamison	2:40.88
13	181	Alix Waddell	Jamison	2:56.04

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Event 196 Boys U 15 - 800 Metre Run

Name	Age	Team	Final	
1	151	Byron Cavender	Gosford	2:05.04
2	52	Chris Stork	Glenbrook	2:05.33
3	50	Patrick Kelland	Ryde	2:07.05
4	69	Christian Tozer	Tumut District	2:07.74
5	569	Saiyer Naizmand	Tiger Wests	2:10.62
6	892	Anthony Acitelli	Preston Robins	2:12.18
7	2	Riley Delaney	St George	2:13.91
8	1	Matthew Berrington	Sawtell-Toormina	2:15.39
9	80	Tyrone Evans	Wellington	2:17.36
10	338	Teo Markou	Bankstown Sports	2:18.19
11	347	Nathan Fazldad	Nepean	2:24.51
12	224	Bradie Smith	Singleton	2:31.94
13	10	Nicholas Ryan	Edgeworth	2:32.93

Event 197 Girls U 17 - 800 Metre Run

Name	Age	Team	Final	
1	18	Jenny Blundell	Cherrybrook	2:13.69
2	247	Jacarna Bain-Fento	Cessnock	2:13.82
3	329	Nerida Blundy	Cherrybrook	2:17.68
4	2	Claire Burnett	Dapto	2:18.50
5	487	Rachel Attenboroug	Cherrybrook	2:22.96
6	333	Hannah Wrigley	Port Hacking	2:23.85
7	7	Siobhan Dean	Sawtell-Toormina	2:27.06
8	20	Georgia Dawson	Kurrajong Bilpin	2:28.79
9	6	Stacey Walls	Inverell	2:34.09
10	2	Emily Mantle	Penrith Valley	2:36.25
11	155	Natalie Murray	Canterbury	2:37.90
12	4	Laurelle Morgan	Lockhart	2:40.15
13	233	Stacey Francis	Bankstown Sports	2:55.90

Event 198 Boys U 17 - 800 Metre Run

Name	Age	Team	Final	
1	464	Richard Newell	Randwick Botany	1:58.19
2	4	Craig Cameron	Gosford	2:00.74
3	808	William Austin-Cra	Northern Suburbs	2:00.87
4	25	Jordan Gusman	Sawtell-Toormina	2:02.79
5	126	David Skinner	Macquarie Hunter	2:02.92
6	5	Byron Smith	Armidale	2:05.06
7	1	Ethan Beard	Bowral	2:05.63
8	6	Cheyne Egelton	Nepean	2:06.73
9	1	Ian Halpin	Katoomba	2:08.28
10	22	Gareth Ryan	Albion Park	2:11.37
11	3	Robert Dredge	Tuggerah Lakes M	2:12.54
12	21	Daniel Keith	Leeton	2:14.64
13	307	Lachlan Bisshopp	Port Hacking	2:15.33
14	43	James Belcher	Northern Illawarra	2:18.46
15	207	Lachlan Pincham	Colyton St Clair	2:28.52

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Event 199 Girls U 9 - 200 Metre Run

Name	Age	Team	Final	
Final				
1	726	Samantha Stanley	Manly Warringah	30.90
2	165	Mariama McKern	Bowral	30.94
3	31	Maya Francis	Wollongong City	31.04
4	33	Mercedes Sovilj	Camp	31.19
5	456	Talia Lummow	Randwick Botany	31.20
6	182	Dakota Thomas	Macquarie Hunter	31.60
7	50	Ashleigh Carroll	Young and District	31.86
8	385	Sophie Collyer	Ryde	32.17

Event 200 Boys U 9 - 200 Metre Run

Name	Age	Team	Final	
Final				
1	123	Cooper Jenkins	Medowie	29.77
2	284	Oliver Haase	South Eastern	29.92
3	29	Connor Ruse-Kent	Albion Park	29.95
4	309	Sidney Noppen	St George	30.24
5	14	Kynan Headon	Hay	30.24
6	207	Vaughan Hudy	Manly Warringah	30.32
7	55	Ben West	Manly Warringah	30.54
8	502	Cody Moltzen	Manly Warringah	31.51

Event 201 Girls U 10 - 200 Metre Run

Name	Age	Team	Final	
Final				
1	189	Kristie Edwards	Manly Warringah	28.22
2	107	Chyna Tavai-Willia	Bankstown Sports	29.50
3	69	Georgia McEwan	Lake Illawarra	29.53
4	29	Samantha Laidler	Hills District	29.94
5	22	Bianca Mason	Forster/Tuncurry	30.19
6	10	Kiara White	Albion Park	30.45
7	53	Ellie Carpenter	Dapto	30.48
8	129	Eva Neville	Cessnock	30.76

Event 202 Boys U 10 - 200 Metre Run

Name	Age	Team	Final	
Final				
1	716	Lewis Clabburn	Northern Suburbs	27.92
2	10	Tyler Gunn	Gosford	28.00
3	187	Jy Paulson	Bankstown Sports	28.44
4	2	Rory Barkley	Northern Suburbs	28.72
5	127	Bailey Antrobus	Wollongong City	28.79
6	2	Jed Englert	Tamworth	28.80
7	99	Aidan Wallace	Sawtell-Toormina	28.89
8	28	Sebastien Moir	South Eastern	28.99

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Event 203 Girls U 11 - 200 Metre Run

Name	Age	Team	Final	
Final				
1	372	Brooke Jenkins	Cherrybrook	27.13
2	53	Naomi Ramirez	Camden	28.08
3	35	Chelsea Loughrey	Parramatta	28.72
4	2	Laycee Covington-G	Bathur	28.72
5	15	Casey-Lee Bedford	Lake Illawarra	29.11
6	122	Shenais Moss	Revesby Workers	29.54
7	171	Sara De Silva	Winston Hills	29.57
8	16	Payton Smede	Dubbo	30.22

Event 204 Boys U 11 - 200 Metre Run

Name	Age	Team	Final	
Final				
1	425	Alec Nguyen	Bankstown Sports	27.30
2	68	Alex Kyriacou	Randwick Botany	27.64
3	14	Joshua Head	Wollongong City	28.36
4	77	Lachlan Trowell	Randwick Botany	28.61
5	11	Adam Potts	Ballina	28.98
6	89	Isaac Selvey	Armidale	29.36
7	302	Matthew Eaton	Cherrybrook	29.37
8	484	Alec McDonald	Cherrybrook	32.08

Event 205 Girls U 12 - 200 Metre Run

Name	Age	Team	Final	
Final				
1	1	Molly Blakey	South Eastern	26.46
2	290	Ruby Ritchie	Manly Warringah	26.84
3	158	Akua Nsiah	Greystanes	27.19
4	45	Charly-Rose Dunne	Eastern Suburbs	28.06
5	12	Katie Smee	Raymond Terrace	28.14
6	16	Maddison Ingram	Raymond Terrace	28.28
7	581	Maddie Jones	Manly Warringah	28.46
8	10	Katie Halliday-Joh	Blacktown	29.31

Event 206 Boys U 12 - 200 Metre Run

Name	Age	Team	Final	
Final				
1	343	Benjamin Alessio	St George	26.35
2	193	Connor Kirkwood	Maitland	26.67
3	67	Paul Salem	Ku-Ring-Gai	26.89
4	775	Jayden Panetta	Northern Suburbs	26.93
5	52	Jeremy Carpenter	Dapto	27.18
6	38	Matthew Thesiera	Manly Warringah	27.97
7	115	Trent Halton	Edgeworth	28.12
8	11	Raymond Maroun	Holroyd	29.29

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Event 207 Girls U 13 - 200 Metre Run

Name	Age	Team	Final	
Final				
1	80	Jenna Heath	Lithgow	26.44
2	289	Gabriella O'Grady	Northern Suburbs	26.54
3	56	Gloria Lee	Bankstown Sports	26.70
4	35	Sara Marshall	Northern Suburbs	26.71
5	5	Madeleine Rushton	Cranebrook	26.87
6	176	Sophie Howard	Wagga Wagga	26.95
7	159	Caitlin Silk	Young and District	27.41
8	11	Ashlee Tait	Kings Langley	27.46

Event 208 Boys U 13 - 200 Metre Run

Name	Age	Team	Final	
Final				
1	448	Dylan Fuller	Western Suburbs	24.73
2	301	Stephen Eaton	Cherrybrook	24.74
3	80	Dylan Bennett	Thornton	25.01
4	486	Patrick Frith	Manly Warringah	25.09
5	60	Jack Fernance	Manilla	25.21
6	16	Denzel Singleton	Hills District	25.39
7	82	Jaydn Phillips	Camden	25.58
8	92	Jake Mayo	Werrington	25.69

Event 209 Girls U 14 - 200 Metre Run

Name	Age	Team	Final	
Final				
1	32	Alison Ruse	Jamison	25.59
2	392	Karina Takchi	Cherrybrook	26.24
3	1	Mihaela Grnovic	Blacktown	26.32
4	362	Natasha Fountas	Randwick Botany	26.50
5	75	Rebecca Norton	Girraween	26.66
6	164	Carla Italiano	South Eastern	26.82
7	11	Laura Andrezza	Lockhart	26.88
8	222	Riana Drake	Albion Park	27.14

Event 210 Boys U 14 - 200 Metre Run

Name	Age	Team	Final	
Final				
1	110	Anas Ganaba Abu	Blacktown	23.79
2	321	Jonathon Legas	Bankstown Sports	23.92
3	17	Anthony Palmer	Cherrybrook	24.02
4	39	David Sheridan	Sawtell-Toormina	24.07
5	95	Kardue Daniels	Wollongong City	24.89
6	149	Christopher Debrin	Camden	25.11
7	148	Tayler Currie	Nepean	25.18
8	50	Morgan Paterson	Northern Suburbs	26.10

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Event 211 Girls U 15 - 200 Metre Run

Name	Age	Team	Final
Final			
1	198	Tavleen Singh Kurrajong Bilpin	24.93
2	1	Dejaneé Defoe Mt Druitt	25.22
3	5	Natalie Apikotoa Kings Langley	25.53
4	398	Melissa Farrington Northern Suburbs	25.69
5	280	Alicia Sullivan Camden	25.90
6	2	Victoria Ardita Smithfield	25.95
7	165	Skye Ryan Albion Park	26.21
8	267	Molly Tredinnick Mosman	26.41

Event 212 Boys U 15 - 200 Metre Run

Name	Age	Team	Final
Final			
1	1	Joshua Jay Penrith Valley	22.75
2	101	Janayah Freeman Young and District	23.12
3	201	Joshua Mawhinney Northern Districts	23.56
4	1	Oscar Pople Eastern Suburbs	23.61
5	294	Dante Falzarano Gosford	23.72
6	1	Chamath Herath Parramatta	23.83
7	11	Wade Hazell Tamworth	24.08
8	318	Jacob Roberts Kurrajong Bilpin	24.25

Event 213 Girls U 17 - 200 Metre Run

Name	Age	Team	Final
Final			
1	210	Michelle Jenneke Cherrybrook	24.64
2	1	Laura Bonzo A.N.L.	25.20
3	59	Kirsty Honey Albion Park	26.12
4	140	Emily Duve Cherrybrook	26.20
5	247	Jacarna Bain-Fento Cessnock	26.88
6	501	Nicole Manzanera Randwick Botany	27.33
7	48	Emma Johnson Camp	27.72
8	7	Emily Jordan Winston Hills	27.93

Event 214 Boys U 17 - 200 Metre Run

Name	Age	Team	Final
Final			
1	51	Ben Jaworski Cherrybrook	22.56
2	62	Christian Lozada Port Hacking	23.04
3	333	Jack Bangel Kurrajong Bilpin	23.16
4	107	Julian Rousetty Camp	23.40
5	10	Jake Hazell Tamworth	23.41
6	3	Jack Katen Forster/Tuncurry	23.46
7	634	Jackson Lowe Manly Warringah	23.46
8	757	Alex Northam Northern Suburbs	23.52

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Event 215 Girls U 9-12 4x100 Metre Relay (Jnr)

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 State: S 55.30 25/03/1990 St George, St George
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Team	Final
1 Manly Warringah	54.87S
1) 726 Samantha Stanley	2) 189 Kristie Edwards
3) 597 Sophie Harding	4) 290 Ruby Ritchie
2 Lake Illawarra	56.48
1) 26 Hollie-Rawiri Gentle	2) 101 Susie Seitaridis
3) 69 Georgia McEwan	4) 15 Casey-Lee Bedford
3 Wollongong City	57.11
1) 23 Matilda-Jane MacDonald	2) 84 Chloe Thurgate
3) 31 Maya Francis	4) 64 Sherryn Micallef
4 Cherrybrook	57.34
1) 38 Katie Devitt	2) 30 Rachel Pace
3) 399 Sofia Metaxoulis	4) 372 Brooke Jenkins
5 Bankstown Sports	57.50
1) 25 Eugenia Dennison	2) 107 Chyna Tavai-Williams
3) 386 Ellina Nandan	4) 33 Denise Youssef
6 Macquarie Hunter	58.55
1) 182 Dakota Thomas	2) 28 Grace Weir
3) 80 Bernice De Jager	4) 346 Domonique Przyborowski
7 Kurrajong Bilpin	58.98
1) 220 Brianna Humphries	2) 10 Tyler Philpott
3) 324 Sorrell Patterson	4) 225 Lauren Russell
8 Gunnedah	1:00.43
1) 2 Eliza Perkins	2) 24 Miah Bryant
3) 100 Tara Guest	4) 19 Issy Hunt

Event 216 Boys U 9-12 4x100 Metre Relay (Jnr)

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Team	Final
1 Bankstown Sports	54.36
1) 425 Alec Nguyen	2) 71 Andrew Shannon
3) 9 Bradley Jones	4) 187 Jy Paulson
2 Northern Suburbs	54.47
1) 156 Jeremy Vaz	2) 775 Jayden Panetta
3) 548 Andrew Chapman	4) 716 Lewis Clabburn
3 Cherrybrook	55.55
1) 484 Alec McDonald	2) 8 Ben Kinasch
3) 144 Methila Nanayakkara	4) 146 Alex Nguyen-Ha
4 Macquarie Hunter	55.70
1) 239 Ryan Potts	2) 231 Ben Kerr
3) 183 Zachary Thomas	4) 112 Isaac Davis
5 Albion Park	55.92
1) 6 Mitchell Potts	2) 2 Tristan Brazulaitis
3) 7 Kobe Collier	4) 12 Cody White
6 Liverpool City	56.21
1) 36 Michael Dokovic	2) 424 Jonny Fonua
3) 200 Thomas Carroll	4) 141 Dominic Eparaima
7 Adamstown New Lambton	56.69
1) 55 Jaxon Parbery	2) 95 Jonti Lanz
3) 141 Tom Vandenberg	4) 171 Ben Davies

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8 Wollongong City	57.98
1) 8 Hamish Macdonald	2) 7 Jarrod Twigg
3) 243 Daniel Moss	4) 127 Bailey Antrobus

Event 217 Girls U 13-17 4x100 Metre Relay (Snr)

Team	Final
1 Cherrybrook	50.31
1) 6 Brianna Phillips	2) 392 Karina Takchi
3) 360 Philippa Williams	4) 210 Michelle Jenneke
2 Port Hacking	50.48
1) 71 Samantha Geddes	2) 250 Sophie Newham
3) 303 Alexandra Watt	4) 269 Ashley Haynes
3 Kurrajong Bilpin	50.52
1) 212 Alicia Blackett	2) 321 Sara Klein
3) 96 Cassie Henry	4) 198 Tavleen Singh
4 Wollongong City	51.39
1) 40 Chaquemia Davis	2) 88 Andrea Berrell
3) 126 Bridget Pearson	4) 5 Sarah Carli
5 Macquarie Hunter	51.57
1) 349 Emily Mulcahy	2) 7 Tia O'Carroll
3) 3 Laura Taldrow	4) 347 Vivien Przyborowski
6 Adamstown New Lambton	51.98
1) 175 Mia Thomson	2) 257 Rosemary Dallen
3) 148 Gabriel Asimus	4) 1 Laura Bonzo
7 Albion Park	52.50
1) 43 Alysia Gardner	2) 222 Riana Drake
3) 165 Skye Ryan	4) 59 Kirsty Honey
-- Northern Suburbs	DQ Rule 170.14
1) 280 Yvonne Lindsay	2) 35 Sara Marshall
3) 815 Tess Nelson	4) 398 Melissa Farrington

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Event 218 Boys U 13-17 4x100 Metre Relay (Snr)

Team	Final
1 Cherrybrook	45.63
1) 301 Stephen Eaton	2) 190 James Paek
3) 17 Anthony Palmer	4) 51 Ben Jaworski
2 Northern Suburbs	46.75
1) 99 Tyler Grindal	2) 757 Alex Northam
3) 8 William Richardson	4) 50 Morgan Paterson
3 Port Hacking	47.02
1) 260 Nicholas Fox	2) 302 Duncan Watt
3) 430 Mitchell Fox	4) 177 Luke Montgomery
4 Blacktown	47.14
1) 110 Anas Ganaba Abu	2) 5 Zachary Amos
3) 268 Fadi Eid	4) 247 Dilshen Moonesamy
5 Tamworth	48.10
1) 74 Ben Allen	2) 11 Wade Hazell
3) 21 Cody Hazell	4) 4 Luke Blackler
6 Wollongong City	49.05
1) 211 Christian Foster	2) 15 Christopher Twigg
3) 137 Dane English	4) 95 Kardue Daniels
7 Wallsend Rsl	49.45
1) 249 Josh Pettigrew	2) 166 Joel Pettigrew
3) 168 Chris Grant	4) 178 Dean Colligan
8 Albion Park	50.50
1) 97 Jye Brooker	2) 257 Cody Hutchison
3) 249 Brodie Leeson	4) 22 Gareth Ryan