

Little Athletics NSW

2011 State Relay Championships

RESULTS

IAAF DISQUALIFICATION RULES

Athlete responsible for 2 false starts IAAF 162.7

Ran outside the allocated lane during race, distinct from impeding athletes or

Running out of lane in change zone (170.15) IAAF 163.3

Drop baton and not collected by same athlete IAAF 170.13

Changed baton outside of take-over zone IAAF 170.14

Athlete willfully impedes other athlete by running out of position or lane IAAF 170.15

JUNIOR TRACK

Girls U 8 - 100 Metre x 4

Record Elect: E 1:06.42 27/11/2010 Eastern Suburbs, ---

Heat 1

1 Camden, 61	---	1:08.98Q
2 Randwick Botany, 1	---	1:10.33q
3 Sutherland, 11	---	1:12.77q
4 Port Hacking, 110	---	1:14.86
5 Manly Warringah, 3	---	1:15.00
6 Winston Hills, 76	---	1:15.52
-- Campbelltown Coll, 36	---	DQ 170.14

Heat 2

1 Rouse Hill Rams, 248	---	1:12.63Q
2 Balmain, 17	---	1:13.27q
3 Cherrybrook, 219	---	1:14.39q
4 Quakers Hill, 199	---	1:16.70
-- Ku-Ring-Gai, 84	---	DQ 170.14
-- Hornsby, 4	---	DQ 170.14
-- Northern Suburbs, 54	---	DQ 170.14

Heat 3

1 Hills District, 15	---	1:10.76Q
2 Kings Langley, 53	---	1:13.60q
3 Albion Park, 71	---	1:13.62q
4 Tuggerah Lk Mingara, 165	---	1:16.55
5 Mosman, 19	---	1:19.42
-- Eastern Suburbs, 2	---	DQ 170.14

Final

1 Camden, 61	---	1:07.03
2 Hills District, 15	---	1:07.11
3 Randwick Botany, 1	---	1:08.85
4 Rouse Hill Rams, 248	---	1:10.86
5 Balmain, 17	---	1:11.25
6 Albion Park, 71	---	1:11.53
7 Cherrybrook, 219	---	1:12.00
8 Kings Langley, 53	---	1:13.28
9 Sutherland, 11	---	1:15.87

Girls U 9 - 100 Metre x 4

Record Elect: E 1:01.72 26/11/2011 Eastern Suburbs, ---

Heat 1

1 Sutherland, 11	---	1:03.72Q
2 Western Suburbs, 20	---	1:06.62q
3 Hornsby, 4	---	1:07.43q
4 Mosman, 19	---	1:09.10
5 Kings Langley, 53	---	1:09.57
6 Tallawong Park, 139	---	1:10.53
7 Bathurst, 59	---	1:12.76

Little Athletics NSW

2011 State Relay Championships

RESULTS

Heat 2

1 Northern Suburbs, 54	---	1:06.92Q	
2 Nrocks/Carlingford, 158	---	1:09.44	
3 Blacktown, 8	---	1:11.87	
4 Quakers Hill, 199	---	1:13.84	
-- Hills District, 15	---	DQ	163.3

Heat 3

1 Camden, 61	---	1:05.14Q	
2 Albion Park, 71	---	1:08.48	
3 Tuggerah Lk Mingara, 165	---	1:09.33	
4 Campbelltown Coll, 36	---	1:09.60	
5 Cherrybrook, 219	---	1:11.47	
6 Ku-Ring-Gai, 84	---	1:11.81	

Heat 4

1 Eastern Suburbs, 2	---	1:02.92Q	
2 Winston Hills, 76	---	1:06.24q	
3 Manly Warringah, 3	---	1:06.95q	
4 Randwick Botany, 1	---	1:07.60q	
5 Balmain, 17	---	1:08.96	
6 Ryde, 38	---	1:09.63	
7 St George, 9	---	1:19.36	

Final

1 Eastern Suburbs, 2	---	1:01.72	RECORD
2 Sutherland, 11	---	1:02.86	
3 Camden, 61	---	1:05.36	
4 Manly Warringah, 3	---	1:05.36	
5 Western Suburbs, 20	---	1:05.62	
6 Northern Suburbs, 54	---	1:05.82	
7 Winston Hills, 76	---	1:06.43	
8 Hornsby, 4	---	1:06.61	
9 Randwick Botany, 1	---	1:06.71	

Girls U 10 - 100 Metre x 4

Record Elect: E 58.86 28/11/2009 Manly Warringah, ---

Heat 1

1 Port Hacking, 110	---	1:00.80Q	
2 Cherrybrook, 219	---	1:02.04q	
3 Campbelltown Coll, 36	---	1:04.28	
4 Camden, 61	---	1:05.03	
5 Randwick Botany, 1	---	1:05.67	
6 Quakers Hill, 199	---	1:06.09	
7 Bathurst, 59	---	1:07.42	
-- Balmain, 17	---	DQ	170.14

Heat 2

1 St George, 9	---	1:01.64Q	
2 Kings Langley, 53	---	1:02.81q	
3 Sutherland, 11	---	1:03.57q	
4 Winston Hills, 76	---	1:05.92	
5 Nrocks/Carlingford, 158	---	1:07.29	
6 Blacktown, 8	---	1:09.00	
-- Northern Suburbs, 54	---	DNF	
-- Mosman, 19	---	DQ	170.14

Little Athletics NSW

2011 State Relay Championships

RESULTS

Heat 3

1 Manly Warringah, 3	---	59.71Q
2 Albion Park, 71	---	1:00.64q
3 Eastern Suburbs, 2	---	1:02.06q
4 Ryde, 38	---	1:03.86q
5 Ku-Ring-Gai, 84	---	1:06.85
6 Rouse Hill Rams, 248	---	1:07.87
7 Hills District, 15	---	1:08.09
8 Tuggerah Lk Mingara, 165	---	1:09.69
9 Doonside, 140	---	1:11.53

Final

1 Manly Warringah, 3	---	59.60
2 Port Hacking, 110	---	1:00.82
3 Albion Park, 71	---	1:00.99
4 St George, 9	---	1:01.19
5 Eastern Suburbs, 2	---	1:01.51
6 Cherrybrook, 219	---	1:02.35
7 Kings Langley, 53	---	1:03.47
8 Ryde, 38	---	1:04.61
9 Sutherland, 11	---	1:04.81

Girls U 11 - 100 Metre x 4

Record Elect: E 56.11 26/11/2011 Manly Warringah, ---

Heat 1

1 Western Suburbs, 20	---	59.31Q
2 Camden, 61	---	59.57q
3 Balmain, 17	---	1:00.04q
4 Hills District, 15	---	1:00.76q
5 Bathurst, 59	---	1:00.97
6 Ku-Ring-Gai, 84	---	1:02.02
7 Kings Langley, 53	---	1:03.60
8 Mosman, 19	---	1:05.38
-- Macquarie Hunter, 96	---	DQ 170.14

Heat 2

1 Manly Warringah, 3	---	56.11Q	RECORD
2 Randwick Botany, 1	---	58.74q	
3 Winston Hills, 76	---	1:01.06	
4 St George, 9	---	1:02.91	
5 Cherrybrook, 219	---	1:04.42	
6 Nrocks/Carlingford, 158	---	1:04.47	
7 Quakers Hill, 199	---	1:06.28	
-- Eastern Suburbs, 2	---	DQ 170.14	

Heat 3

1 Albion Park, 71	---	58.50Q
2 Ryde, 38	---	59.23q
3 Northern Suburbs, 54	---	1:00.14q
4 Holroyd, 6	---	1:01.10
5 Sutherland, 11	---	1:01.53
6 Campbelltown Coll, 36	---	1:05.27
-- Port Hacking, 110	---	DQ 170.14

Little Athletics NSW

2011 State Relay Championships

RESULTS

Final

1	Manly Warringah, 3	---	56.89
2	Randwick Botany, 1	---	58.70
3	Albion Park, 71	---	58.78
4	Ryde, 38	---	59.47
5	Camden, 61	---	59.76
6	Western Suburbs, 20	---	1:00.07
7	Balmain, 17	---	1:00.61
8	Hills District, 15	---	1:01.00
9	Northern Suburbs, 54	---	1:01.37

Girls U 8-11 Middle Distance (Junior)

Record Elect: E 11:17.70 27/11/2010 Northern Suburbs, ---

Heat 1

1	Sutherland, 11	---	11:28.20Q
2	Hills District, 15	---	11:30.65q
3	Tuggerah Lk Mingara, 165	---	11:36.91q
4	Campbelltown Coll, 36	---	11:50.73q
5	Manly Warringah, 3	---	12:02.62q
6	Ryde, 38	---	12:03.92
7	Kings Langley, 53	---	12:04.86
8	Winston Hills, 76	---	12:19.11
9	Hornsby, 4	---	12:42.10
10	Bathurst, 59	---	13:05.44

Heat 2

1	Mosman, 19	---	11:27.56Q
2	Northern Suburbs, 54	---	11:41.62q
3	Nrocks/Carlingford, 158	---	11:45.50q
4	Ku-Ring-Gai, 84	---	11:58.10q
5	Cherrybrook, 219	---	12:07.76
6	Emu Plains, 121	---	12:23.50
7	Douglas Park, 179	---	12:30.78
8	Randwick Botany, 1	---	12:37.71
9	Rouse Hill Rams, 248	---	13:13.61
10	Prospect, 95	---	13:14.65
11	Tallawong Park, 139	---	13:38.82

Final

1	Northern Suburbs, 54	---	11:19.74
2	Sutherland, 11	---	11:28.42
3	Hills District, 15	---	11:36.19
4	Mosman, 19	---	11:42.02
5	Tuggerah Lk Mingara, 165	---	11:44.82
6	Campbelltown Coll, 36	---	11:49.42
7	Ku-Ring-Gai, 84	---	11:55.94
8	Nrocks/Carlingford, 158	---	12:12.39
9	Manly Warringah, 3	---	12:25.95

Boys U 8 - 100 Metre x 4

Record Elect: E 1:04.29 27/11/2010 Randwick Botany, ---

Heat 1

1	Manly Warringah, 3	---	1:09.35Q
2	Camden, 61	---	1:09.39q
3	Sutherland, 11	---	1:10.03
4	Illawong, 70	---	1:10.41
5	Ryde, 38	---	1:10.45
6	Tallawong Park, 139	---	1:16.49
--	Blacktown, 8	---	DQ 163.3

Little Athletics NSW

2011 State Relay Championships

RESULTS

Heat 2

1 Balmain, 17	---	1:09.61Q
2 Port Hacking, 110	---	1:10.02
3 Winston Hills, 76	---	1:11.96
4 Randwick Botany, 1	---	1:12.66
5 Albion Park, 71	---	1:12.78

Heat 3

1 Ku-Ring-Gai, 84	---	1:06.86Q
2 Bankstown Sports, 5	---	1:08.03q
3 Campbelltown Coll, 36	---	1:09.73q
4 Cherrybrook, 219	---	1:09.83q
5 Kings Langley, 53	---	1:12.70
6 St George, 9	---	1:15.68
-- Minchinbury, 195	---	DQ 170.14

Heat 4

1 Bathurst, 59	---	1:07.96Q
2 Hills District, 15	---	1:09.80q
3 Eastern Suburbs, 2	---	1:11.17
4 Rouse Hill Rams, 248	---	1:11.58
5 Mosman, 19	---	1:11.64
-- Northern Suburbs, 54	---	DQ 170.14
-- Quakers Hill, 199	---	DQ 170.13

Final

1 Bankstown Sports, 5	---	1:05.04
2 Ku-Ring-Gai, 84	---	1:05.41
3 Bathurst, 59	---	1:05.47
4 Balmain, 17	---	1:05.97
5 Camden, 61	---	1:06.98
6 Manly Warringah, 3	---	1:07.16
7 Hills District, 15	---	1:08.10
8 Campbelltown Coll, 36	---	1:08.67
9 Cherrybrook, 219	---	1:10.27

Boys U 9 - 100 Metre x 4

Record Elect: E 59.68 28/11/2009 Cherrybrook, ---

Heat 1

1 Port Hacking, 110	---	1:01.45Q
2 Albion Park, 71	---	1:03.94q
3 Blacktown, 8	---	1:05.61q
4 Northern Suburbs, 54	---	1:05.92
5 Holroyd, 6	---	1:06.88
6 Cherrybrook, 219	---	1:07.53
7 Eastern Suburbs, 2	---	1:12.67
8 Minchinbury, 195	---	1:14.80

Heat 2

1 Ryde, 38	---	1:00.95Q
2 Ku-Ring-Gai, 84	---	1:03.79q
3 Camden, 61	---	1:03.91q
4 Nepean, 13	---	1:06.00
5 Balmain, 17	---	1:06.57
6 St George, 9	---	1:07.31
7 Mosman, 19	---	1:07.53

Little Athletics NSW

2011 State Relay Championships

RESULTS

Heat 3

1 Randwick Botany, 1	---	1:01.84Q
2 Manly Warringah, 3	---	1:02.51q
3 Canterbury, 55	---	1:05.54q
4 Hills District, 15	---	1:06.86
5 Kings Langley, 53	---	1:08.36
6 Rouse Hill Rams, 248	---	1:08.95
7 Nrocks/Carlingford, 158	---	1:11.74
8 Hornsby, 4	---	1:11.81

Final

1 Ryde, 38	---	59.91
2 Randwick Botany, 1	---	1:00.37
3 Port Hacking, 110	---	1:00.69
4 Manly Warringah, 3	---	1:02.36
5 Ku-Ring-Gai, 84	---	1:02.54
6 Albion Park, 71	---	1:03.22
7 Blacktown, 8	---	1:03.53
8 Camden, 61	---	1:03.77
9 Canterbury, 55	---	1:04.93

Boys U 10 - 100 Metre x 4

Record Elect: E 56.47 28/11/2009 Northern Suburbs, ---

Heat 1

1 Northern Suburbs, 54	---	57.94Q
2 Eastern Suburbs, 2	---	58.23q
3 Smithfield, 146	---	1:02.15
4 Campbelltown Coll, 36	---	1:03.36
5 Kings Langley, 53	---	1:06.02
6 Blacktown, 8	---	1:06.49

Heat 2

1 Manly Warringah, 3	---	58.24Q
2 Ryde, 38	---	58.60q
3 Port Hacking, 110	---	1:00.23q
4 Albion Park, 71	---	1:01.99q
5 Hills District, 15	---	1:02.02
6 Rouse Hill Rams, 248	---	1:03.06
7 Doonside, 140	---	1:03.54
-- Mosman, 19	---	DQ 170.14

Heat 3

1 Cherrybrook, 219	---	59.06Q
2 Randwick Botany, 1	---	59.21q
3 Ku-Ring-Gai, 84	---	1:00.17q
4 Quakers Hill, 199	---	1:02.77
5 Sutherland, 11	---	1:03.04
6 St George, 9	---	1:03.60
-- Winston Hills, 76	---	DQ 170.14

Final

1 Eastern Suburbs, 2	---	57.21
2 Northern Suburbs, 54	---	57.25
3 Manly Warringah, 3	---	58.16
4 Ryde, 38	---	59.28
5 Cherrybrook, 219	---	59.38
6 Port Hacking, 110	---	1:00.53
7 Ku-Ring-Gai, 84	---	1:01.14
8 Randwick Botany, 1	---	1:01.18
9 Albion Park, 71	---	1:02.72

Little Athletics NSW

2011 State Relay Championships

RESULTS

Boys U 11 - 100 Metre x 4

Record Elect: E 53.76 27/11/2010 Northern Suburbs, ---

Heat 1

1 Manly Warringah, 3	---	55.87Q
2 Camden, 61	---	58.62
3 Bathurst, 59	---	1:00.08
4 Ku-Ring-Gai, 84	---	1:01.32
5 Kings Langley, 53	---	1:01.58
6 Blacktown, 8	---	1:01.64

Heat 2

1 Randwick Botany, 1	---	57.21Q
2 Campbelltown Coll, 36	---	57.97q
3 Northern Suburbs, 54	---	58.34
4 Rouse Hill Rams, 248	---	1:01.67
5 Winston Hills, 76	---	1:04.00
6 Minchinbury, 195	---	1:04.31
7 Quakers Hill, 199	---	1:05.13

Heat 3

1 Tuggerah Lk Mingara, 165	---	57.39Q
2 Balmain, 17	---	57.51q
3 St George, 9	---	58.92
4 Hills District, 15	---	1:00.47

Heat 4

1 Cherrybrook, 219	---	55.42Q
2 Albion Park, 71	---	55.60q
3 Liverpool, 48	---	57.94q
4 Ryde, 38	---	58.15q
5 Holroyd, 6	---	59.05
6 Mosman, 19	---	1:00.41

Final

1 Cherrybrook, 219	---	55.25
2 Manly Warringah, 3	---	55.27
3 Tuggerah Lk Mingara, 165	---	56.21
4 Albion Park, 71	---	56.24
5 Randwick Botany, 1	---	56.87
6 Balmain, 17	---	57.33
7 Campbelltown Coll, 36	---	58.40
8 Liverpool, 48	---	58.73
9 Ryde, 38	---	58.86

Boys U 8-11 Middle Distance (Junior)

Record Elect: E 10:45.18 27/11/2010 Manly Warringah, ---

Heat 1

1 Randwick Botany, 1	---	11:06.44Q
2 Manly Warringah, 3	---	11:07.80q
3 Tuggerah Lk Mingara, 165	---	11:15.91q
4 Ku-Ring-Gai, 84	---	11:16.13q
5 Sutherland, 11	---	11:23.54q
6 Hills District, 15	---	11:29.95
7 Kings Langley, 53	---	11:34.69
8 Rouse Hill Rams, 248	---	11:35.62
9 Emu Plains, 121	---	12:02.17
10 Winston Hills, 76	---	12:23.69

Little Athletics NSW

2011 State Relay Championships

RESULTS

Heat 2

1 Ryde, 38	---	10:58.42Q
2 Campbelltown Coll, 36	---	11:09.34q
3 Mosman, 19	---	11:19.40q
4 Cherrybrook, 219	---	11:20.78q
5 Northern Suburbs, 54	---	11:24.79
6 Balmain, 17	---	11:27.84
7 Prospect, 95	---	11:31.06
8 Tallawong Park, 139	---	12:29.54
9 Penrith Valley, 66	---	12:31.51

Final

1 Ryde, 38	---	10:54.65
2 Randwick Botany, 1	---	11:01.85
3 Manly Warringah, 3	---	11:06.05
4 Ku-Ring-Gai, 84	---	11:11.34
5 Tuggerah Lk Mingara, 165	---	11:17.10
6 Cherrybrook, 219	---	11:24.54
7 Sutherland, 11	---	11:29.42
8 Campbelltown Coll, 36	---	11:32.63
9 Mosman, 19	---	11:33.34

Mixed U 8 - 100 Metre x 4

Record Elect: E 1:06.62 27/11/2010 Springwood, ---

Final

1 Greystanes, 39	---	1:11.07
2 Wollongong City, 102	---	1:11.97
3 Kurrajong/Bilpin, 150	---	1:12.55
4 Tiger West, 68	---	1:12.91
5 Jamison, 163	---	1:12.99
6 South Eastern, 152	---	1:13.04
7 Helensburgh, 44	---	1:13.39
8 Emu Plains, 121	---	1:14.00
9 Prospect, 95	---	1:17.40

Mixed U 9 - 100 Metre x 4

Record Elect: E 1:03.11 26/11/2011 Springwood, ---

Heat 1

1 Jamison, 163	---	1:05.38Q
2 South Eastern, 152	---	1:05.49q
3 Illawong, 70	---	1:05.69q
4 Douglas Park, 179	---	1:06.92q
-- Greystanes, 39	---	DQ 170.14

Heat 2

1 Springwood, 35	---	1:03.11Q	RECORD
2 Emu Plains, 121	---	1:03.21q	
3 Kurrajong/Bilpin, 150	---	1:04.55q	
4 Helensburgh, 44	---	1:07.87q	
5 Prospect, 95	---	1:08.35q	
6 Tiger West, 68	---	1:09.94	

Little Athletics NSW

2011 State Relay Championships

RESULTS

Final

1 Springwood, 35	---	1:03.83
2 Emu Plains, 121	---	1:04.41
3 Illawong, 70	---	1:04.63
4 South Eastern, 152	---	1:04.69
5 Kurrajong/Bilpin, 150	---	1:04.98
6 Jamison, 163	---	1:06.29
7 Helensburgh, 44	---	1:07.37
8 Douglas Park, 179	---	1:07.72
9 Prospect, 95	---	1:10.52

Mixed U 10 - 100 Metre x 4

Record Elect: E 58.84 27/11/2010 Wollongong City, ---

Heat 1

1 Kurrajong/Bilpin, 150	---	59.49Q
2 Emu Plains, 121	---	1:02.00q
3 Jamison, 163	---	1:04.49q
4 Greystanes, 39	---	1:04.57q
5 Ambarvale, 58	---	1:08.14
-- Prospect, 95	---	DQ 163.3

Heat 2

1 Wollongong City, 102	---	1:00.65Q
2 South Eastern, 152	---	1:02.77q
3 Douglas Park, 179	---	1:04.63q
4 Tiger West, 68	---	1:05.75q
5 Tallawong Park, 139	---	1:06.25q
-- Helensburgh, 44	---	DQ 163.3

Final

1 Kurrajong/Bilpin, 150	---	59.79
2 Wollongong City, 102	---	1:00.01
3 Emu Plains, 121	---	1:01.31
4 South Eastern, 152	---	1:01.72
5 Jamison, 163	---	1:05.27
6 Tiger West, 68	---	1:06.01

Mixed U 11 - 100 Metre x 4

Record Elect: E 57.25 26/11/2011 Jamison, ---

Heat 1

1 Helensburgh, 44	---	59.17Q
2 Kurrajong/Bilpin, 150	---	59.32q
3 Tiger West, 68	---	1:01.28q
4 Jamison, 163	---	1:01.69q
5 Ambarvale, 58	---	1:02.77q

Heat 2

1 Emu Plains, 121	---	59.45Q
2 South Eastern, 152	---	1:00.05q
3 Greystanes, 39	---	1:00.48q
4 Tallawong Park, 139	---	1:00.77q
-- Prospect, 95	---	DQ 170.14

Little Athletics NSW

2011 State Relay Championships

RESULTS

Final

1 Jamison, 163	---	57.25	RECORD
2 Helensburgh, 44	---	59.21	
3 Kurrajong/Bilpin, 150	---	59.47	
4 Emu Plains, 121	---	1:00.14	
5 South Eastern, 152	---	1:01.02	
6 Tallawong Park, 139	---	1:01.96	
7 Ambarvale, 58	---	1:02.33	
-- Tiger West, 68	---	DQ	170.14
-- Greystanes, 39	---	DQ	170.13

Mixed U 8 - 200 Metre x 4

Record Elect: E 2:19.76 26/11/2011 Ku-Ring-Gai, ---

Heat 1

1 Camden, 61	---	2:30.99Q	
2 Wollongong City, 102	---	2:36.19q	
3 Rouse Hill Rams, 248	---	2:38.72q	
4 Mosman, 19	---	2:40.01	
5 St George, 9	---	2:42.78	
-- Blacktown, 8	---	DQ	163.5

Heat 2

1 Hills District, 15	---	2:27.02Q	
2 Randwick Botany, 1	---	2:30.17q	
3 Ambarvale, 58	---	2:39.80q	
4 Cherrybrook, 219	---	2:44.85	

Heat 3

1 Ku-Ring-Gai, 84	---	2:24.78Q	
2 Northern Suburbs, 54	---	2:31.65q	
3 Albion Park, 71	---	2:36.56q	
4 Manly Warringah, 3	---	2:44.42	
5 Winston Hills, 76	---	2:45.17	

Final

1 Ku-Ring-Gai, 84	---	2:19.76	RECORD
2 Camden, 61	---	2:26.80	
3 Hills District, 15	---	2:27.76	
4 Randwick Botany, 1	---	2:29.65	
5 Northern Suburbs, 54	---	2:30.98	
6 Albion Park, 71	---	2:34.39	
7 Wollongong City, 102	---	2:36.62	
8 Rouse Hill Rams, 248	---	2:38.76	
9 Ambarvale, 58	---	2:41.77	

Mixed U 9 - 200 Metre x 4

Record Elect: E 2:09.03 27/11/2010 Eastern Suburbs, ---

Heat 1

1 Mosman, 19	---	2:17.42Q	
2 Hills District, 15	---	2:20.51q	
3 Ryde, 38	---	2:25.09q	
4 Cherrybrook, 219	---	2:27.44	
5 St George, 9	---	2:38.54	
6 Tiger West, 68	---	2:39.52	
7 Tallawong Park, 139	---	2:39.66	

Little Athletics NSW

2011 State Relay Championships

RESULTS

Heat 2

1 Manly Warringah, 3	---	2:20.20Q
2 Illawong, 70	---	2:24.16q
3 Holroyd, 6	---	2:26.26
4 Blacktown, 8	---	2:26.88
5 Rouse Hill Rams, 248	---	2:28.08
6 Ambarvale, 58	---	2:32.96

Heat 3

1 Randwick Botany, 1	---	2:13.51Q
2 Macquarie Hunter, 96	---	2:16.10q
3 Albion Park, 71	---	2:21.94q
4 Northern Suburbs, 54	---	2:24.16q
5 Sutherland, 11	---	2:25.33q
6 Camden, 61	---	2:26.74
7 Nrocks/Carlingford, 158	---	2:27.11

Final

1 Randwick Botany, 1	---	2:14.30
2 Macquarie Hunter, 96	---	2:18.91
3 Mosman, 19	---	2:19.15
4 Hills District, 15	---	2:19.32
5 Albion Park, 71	---	2:23.06
6 Ryde, 38	---	2:25.76
7 Manly Warringah, 3	---	2:26.22
8 Northern Suburbs, 54	---	2:27.22
9 Illawong, 70	---	2:30.30
10 Rouse Hill Rams, 248	---	2:30.42

Mixed U 10 - 400 Metre x 4

Record Elect: E 4:40.99 27/11/2010 Albion Park, ---

Heat 1

1 Northern Suburbs, 54	---	5:02.68Q
2 Manly Warringah, 3	---	5:06.50q
3 Ryde, 38	---	5:08.78q
4 Randwick Botany, 1	---	5:17.60q
5 Ku-Ring-Gai, 84	---	5:18.31
6 Mosman, 19	---	5:21.47
7 Tiger West, 68	---	5:32.48
8 Hills District, 15	---	5:38.39
9 Doonside, 140	---	5:41.19

Heat 2

1 Port Hacking, 110	---	5:00.53Q
2 Albion Park, 71	---	5:10.57q
3 St George, 9	---	5:15.73q
4 Sutherland, 11	---	5:16.69q
5 Cherrybrook, 219	---	5:18.25q
6 Kings Langley, 53	---	5:34.03
7 Rouse Hill Rams, 248	---	5:39.94
8 Wollongong City, 102	---	5:46.43
9 Winston Hills, 76	---	6:04.93

Final

1 Northern Suburbs, 54	---	4:57.82
2 Port Hacking, 110	---	5:03.67
3 Manly Warringah, 3	---	5:07.09
4 Cherrybrook, 219	---	5:10.16
5 Albion Park, 71	---	5:14.01
6 Sutherland, 11	---	5:23.10
7 Randwick Botany, 1	---	5:27.93
8 St George, 9	---	5:41.36
-- Ryde, 38	---	DQ 170.14

Little Athletics NSW

2011 State Relay Championships

RESULTS

Mixed U 11 - 400 Metre x 4

Record Elect: E 4:38.66 27/11/2010 Northern Suburbs, ---

Heat 1

1 Randwick Botany, 1	---	4:47.66Q	
2 Ryde, 38	---	4:50.53q	
3 Bankstown Sports, 5	---	4:57.59q	
4 St George, 9	---	5:07.95q	
5 Western Suburbs, 20	---	5:13.80	
-- Hills District, 15	---	DQ	170.14
-- Northern Suburbs, 54	---	DQ	170.14

Heat 2

1 Albion Park, 71	---	4:48.85Q	
2 Mosman, 19	---	5:00.78q	
3 Ku-Ring-Gai, 84	---	5:03.57q	
4 Bathurst, 59	---	5:18.08	
5 Port Hacking, 110	---	5:37.40	

Heat 3

1 Manly Warringah, 3	---	4:58.68Q	
2 Balmain, 17	---	5:04.35q	
3 Tiger West, 68	---	5:09.66	
4 Cherrybrook, 219	---	5:11.27	
5 Kings Langley, 53	---	5:23.94	

Final

1 Albion Park, 71	---	4:43.54	
2 Randwick Botany, 1	---	4:48.06	
3 Bankstown Sports, 5	---	4:53.59	
4 Mosman, 19	---	5:01.27	
5 Balmain, 17	---	5:01.38	
6 Ryde, 38	---	5:02.63	
7 Manly Warringah, 3	---	5:09.88	
8 St George, 9	---	5:12.27	
9 Ku-Ring-Gai, 84	---	5:16.95	

Mixed U 8-11 100 Metre x 4 (Junior)

Record Elect: E 1:05.01 26/11/2011 Mt Druitt, ---

Final

1 Mt Druitt, 119	---	1:05.01	RECORD
2 Prestons Robins, 250	---	1:05.96	

Little Athletics NSW

2011 State Relay Championships

RESULTS

JUNIOR FIELD

Girls U 8 - 4 x Long Jump

Record: R 2,767 Pts 26/11/2010 Port Hacking, ---

Final

1	Ku-Ring-Gai, 84	---	2,601
2	Northern Suburbs, 54	---	2,337
3	Manly Warringah, 3	---	2,320
4	Penrith Valley, 66	---	2,247
5	Bankstown Sports, 5	---	2,224
6	Randwick Botany, 1	---	2,185
7	Parramatta, 7	---	2,153
8	Cherrybrook, 219	---	2,118
9	Hills District, 15	---	2,107
10	Northern Districts, 157	---	2,086
11	Holroyd, 6	---	2,009
12	Rouse Hill Rams, 248	---	1,564

Girls U 9 - 4 x Long Jump

Record: R 2,999 Pts 28/11/2009 Ku-Ring-Gai, ---

Final

1	Northern Districts, 157	---	2,861
2	Port Hacking, 110	---	2,784
3	Bankstown Sports, 5	---	2,690
4	Ku-Ring-Gai, 84	---	2,601
5	Parramatta, 7	---	2,529
6	Manly Warringah, 3	---	2,493
7	Liverpool, 48	---	2,425
8	Northern Suburbs, 54	---	2,317
9	Cherrybrook, 219	---	2,245
10	Hills District, 15	---	2,222
11	Girraween, 51	---	2,196
12	Winston Hills, 76	---	2,149
13	Randwick Botany, 1	---	2,137
14	Penrith Valley, 66	---	1,896
15	Prospect, 95	---	1,793
16	Campbelltown Coll, 36	---	1,622
17	Blacktown, 8	---	1,488
18	Rouse Hill Rams, 248	---	1,177

Girls U 10 - Long Jump / High Jump

Record: R 3,140 Pts 28/11/2009 Bankstown Sports, ---

Final

1	Manly Warringah, 3	---	3,035
2	Northern Suburbs, 54	---	2,987
3	Northern Districts, 157	---	2,794
4	Sutherland, 11	---	2,729
5	Ku-Ring-Gai, 84	---	2,724
6	Girraween, 51	---	2,620
7	Bankstown Sports, 5	---	2,499
8	Randwick Botany, 1	---	2,448
9	Parramatta, 7	---	2,201
10	Penrith Valley, 66	---	2,065
11	Kings Langley, 53	---	1,722
12	Cherrybrook, 219	---	1,712
13	Rouse Hill Rams, 248	---	1,284

Little Athletics NSW

2011 State Relay Championships

RESULTS

Girls U 11 - Long Jump / High Jump

Record: R 3,280 Pts 26/11/2010 Western Suburbs, ---

Final

1 Campbelltown Coll, 36	---	3,198
2 Cherrybrook, 219	---	3,059
3 Ku-Ring-Gai, 84	---	2,949
4 Northern Suburbs, 54	---	2,761
5 Manly Warringah, 3	---	2,728
6 Bankstown Sports, 5	---	2,642
7 Hornsby, 4	---	2,580
8 Hills District, 15	---	2,409
9 Port Hacking, 110	---	2,277
10 Northern Districts, 157	---	1,728
11 Randwick Botany, 1	---	1,713
12 Blacktown, 8	---	907
13 Rouse Hill Rams, 248	---	544

Girls U 8 - Shot Put / Discus

Record: R 2,432 Pts 2008 Manly Warringah

Final

1 Winston Hills, 76	---	2,008
2 Ku-Ring-Gai, 84	---	1,991
3 Randwick Botany, 1	---	1,827
4 Manly Warringah, 3	---	1,814
4 Northern Suburbs, 54	---	1,814
6 Bankstown Sports, 5	---	1,778
7 Liverpool, 48	---	1,749
8 Northern Districts, 157	---	1,714
9 Doonside, 140	---	1,711
10 Parramatta, 7	---	1,398
11 Penrith Valley, 66	---	1,212
12 Rouse Hill Rams, 248	---	1,193
13 Hills District, 15	---	1,053
14 Cherrybrook, 219	---	843

Girls U 9 - Shot Put / Discus

Record: R 2,266 Pts 2008 Bankstown Sports

Final

1 Port Hacking, 110	---	2,432	RECORD
2 Northern Suburbs, 54	---	2,187	
3 Hills District, 15	---	2,112	
4 Manly Warringah, 3	---	2,005	
5 Liverpool, 48	---	1,952	
6 Parramatta, 7	---	1,900	
7 Northern Districts, 157	---	1,837	
8 Cherrybrook, 219	---	1,788	
9 Winston Hills, 76	---	1,784	
10 Girraween, 51	---	1,722	
11 Bankstown Sports, 5	---	1,710	
12 Randwick Botany, 1	---	1,708	
13 Ku-Ring-Gai, 84	---	1,518	
14 Kings Langley, 53	---	1,464	
15 Prospect, 95	---	1,417	
16 Penrith Valley, 66	---	1,376	
17 Blacktown, 8	---	1,324	
18 Rouse Hill Rams, 248	---	967	

Little Athletics NSW

2011 State Relay Championships

RESULTS

Girls U 10 - Shot Put / Discus

Record: R 2,339 Pts 2008

Northern Districts

Final

1 Manly Warringah, 3	---	2,240
2 Ku-Ring-Gai, 84	---	1,985
3 Hills District, 15	---	1,842
4 Winston Hills, 76	---	1,712
5 Northern Suburbs, 54	---	1,676
6 Northern Districts, 157	---	1,672
7 Girraween, 51	---	1,596
8 Parramatta, 7	---	1,532
9 Randwick Botany, 1	---	1,424
10 Cherrybrook, 219	---	1,373
11 Camden, 61	---	1,355
12 Kings Langley, 53	---	1,221
13 Penrith Valley, 66	---	697
14 Rouse Hill Rams, 248	---	424

Girls U 11 - Shot Put / Discus

Record: R 2,280 Pts 26/11/2010 Camden, ---

Final

1 Cherrybrook, 219	---	1,927
2 Ku-Ring-Gai, 84	---	1,925
3 Manly Warringah, 3	---	1,900
4 Campbelltown Coll, 36	---	1,888
5 Bankstown Sports, 5	---	1,830
6 Port Hacking, 110	---	1,752
7 Parramatta, 7	---	1,505
8 Northern Suburbs, 54	---	1,478
9 Northern Districts, 157	---	1,406
10 Penrith Valley, 66	---	1,311
11 Randwick Botany, 1	---	1,266
12 Rouse Hill Rams, 248	---	1,223
13 Liverpool, 48	---	1,210
14 Blacktown, 8	---	776

Boys U 8 - 4 x Long Jump

Record: R 2,964 Pts 26/11/2010 Manly Warringah, ---

Final

1 Northern Suburbs, 54	---	2,811
2 Northern Districts, 157	---	2,805
3 Parramatta, 7	---	2,640
4 Holroyd, 6	---	2,552
5 Liverpool, 48	---	2,509
6 Port Hacking, 110	---	2,502
7 Ku-Ring-Gai, 84	---	2,494
8 Bankstown Sports, 5	---	2,478
9 Randwick Botany, 1	---	2,444
10 Manly Warringah, 3	---	2,414
11 Hills District, 15	---	2,410
12 Girraween, 51	---	2,370
13 Winston Hills, 76	---	2,327
14 Kings Langley, 53	---	2,287
15 Cherrybrook, 219	---	2,250
16 Blacktown, 8	---	2,221
17 Ryde, 38	---	2,124
18 Colyton/St Clair, 151	---	2,098
19 Rouse Hill Rams, 248	---	1,455

Little Athletics NSW

2011 State Relay Championships

RESULTS

Boys U 9 - 4 x Long Jump

Record: R 3,053 Pts 28/11/2009 Manly Warringah, ---

Final

1	Manly Warringah, 3	---	3,011
2	Randwick Botany, 1	---	2,961
3	Bankstown Sports, 5	---	2,675
4	Northern Districts, 157	---	2,663
5	Ku-Ring-Gai, 84	---	2,602
6	Northern Suburbs, 54	---	2,594
7	Cherrybrook, 219	---	2,528
8	Parramatta, 7	---	2,474
9	Doonside, 140	---	2,404
10	Sutherland, 11	---	2,396
11	Winston Hills, 76	---	2,333
12	Port Hacking, 110	---	2,323
13	Liverpool, 48	---	2,056
14	Penrith Valley, 66	---	1,993
15	Ryde, 38	---	1,881
16	Rouse Hill Rams, 248	---	1,695

Boys U 10 - Long Jump / High Jump

Record: R 3,193 Pts 28/11/2009 Manly Warringah, ---

Final

1	Manly Warringah, 3	---	3,082
2	Northern Suburbs, 54	---	2,955
3	Hornsby, 4	---	2,849
4	Ku-Ring-Gai, 84	---	2,834
5	Balmain, 17	---	2,712
6	Penrith Valley, 66	---	2,703
7	Liverpool, 48	---	2,689
8	Camden, 61	---	2,684
9	Parramatta, 7	---	2,595
10	Ryde, 38	---	2,535
11	Bankstown Sports, 5	---	2,502
12	Winston Hills, 76	---	2,426
13	Randwick Botany, 1	---	2,416
14	Northern Districts, 157	---	2,280
15	Holroyd, 6	---	1,916
16	Cherrybrook, 219	---	1,794
17	Hills District, 15	---	1,690
18	Rouse Hill Rams, 248	---	1,151
19	Blacktown, 8	---	667

Little Athletics NSW

2011 State Relay Championships

RESULTS

Boys U 11 - Long Jump / High Jump

Record: R 3,358 Pts 2008 Manly Warringah

Final

1	Manly Warringah, 3	---	3,301
2	Bankstown Sports, 5	---	3,065
3	Ku-Ring-Gai, 84	---	2,950
4	Winston Hills, 76	---	2,897
5	Northern Suburbs, 54	---	2,769
6	Ryde, 38	---	2,674
7	Hills District, 15	---	2,668
8	Helensburgh, 44	---	2,664
9	Port Hacking, 110	---	2,617
10	Northern Districts, 157	---	2,565
11	Parramatta, 7	---	2,526
12	Sutherland, 11	---	2,480
13	Penrith Valley, 66	---	2,377
14	Tallawong Park, 139	---	2,035
15	Cherrybrook, 219	---	1,827
16	Randwick Botany, 1	---	1,639
17	Rouse Hill Rams, 248	---	1,536

Boys U 8 - Shot Put / Discus

Record: R 2,773 Pts 26/11/2010 Sutherland, ---

Final

1	Port Hacking, 110	---	2,305
2	Northern Districts, 157	---	2,103
3	Manly Warringah, 3	---	2,101
4	Liverpool, 48	---	2,010
5	Northern Suburbs, 54	---	1,943
6	Ku-Ring-Gai, 84	---	1,917
7	Randwick Botany, 1	---	1,893
8	Hills District, 15	---	1,808
9	Ryde, 38	---	1,734
10	Blacktown, 8	---	1,675
11	Parramatta, 7	---	1,664
11	Winston Hills, 76	---	1,664
13	Colyton/St Clair, 151	---	1,655
14	Cherrybrook, 219	---	1,623
15	Rouse Hill Rams, 248	---	1,563
16	Girraween, 51	---	1,534
17	Bankstown Sports, 5	---	1,348

Little Athletics NSW

2011 State Relay Championships

RESULTS

Boys U 9 - Shot Put / Discus

Record: R 2,621 Pts 28/11/2009 Ku-Ring-Gai, ---

Final

1	Sutherland, 11	---	2,504
2	Randwick Botany, 1	---	2,258
3	Northern Suburbs, 54	---	2,239
4	Parramatta, 7	---	2,177
5	Campbelltown Coll, 36	---	2,062
6	Manly Warringah, 3	---	1,804
7	Penrith Valley, 66	---	1,799
8	Bankstown Sports, 5	---	1,791
9	Balmain, 17	---	1,770
10	Winston Hills, 76	---	1,750
11	Northern Districts, 157	---	1,734
12	Colyton/St Clair, 151	---	1,729
13	Cherrybrook, 219	---	1,705
14	Port Hacking, 110	---	1,658
15	Ryde, 38	---	1,627
16	Liverpool, 48	---	1,611
17	Blacktown, 8	---	1,583
18	Kings Langley, 53	---	1,564
19	Ku-Ring-Gai, 84	---	1,537
20	Doonside, 140	---	1,536
21	Hornsby, 4	---	1,406
22	Rouse Hill Rams, 248	---	1,205

Boys U 10 - Shot Put / Discus

Record: R 2,735 Pts 26/11/2010 Ku-Ring-Gai, ---

Final

1	Rouse Hill Rams, 248	---	2,230
2	Ku-Ring-Gai, 84	---	2,215
3	Liverpool, 48	---	2,151
4	Winston Hills, 76	---	2,091
5	Hornsby, 4	---	2,026
6	Northern Suburbs, 54	---	1,966
6	Manly Warringah, 3	---	1,966
8	Sutherland, 11	---	1,965
9	Camden, 61	---	1,857
10	Holroyd, 6	---	1,801
11	Balmain, 17	---	1,774
12	Parramatta, 7	---	1,754
13	Penrith Valley, 66	---	1,752
14	Bankstown Sports, 5	---	1,693
15	Northern Districts, 157	---	1,633
16	Cherrybrook, 219	---	1,543
17	Ryde, 38	---	1,476
18	Hills District, 15	---	1,416
19	Randwick Botany, 1	---	1,411
20	Kings Langley, 53	---	1,102

Little Athletics NSW

2011 State Relay Championships

RESULTS

Boys U 11 - Shot Put / Discus

Record: R 2,808 Pts 2008

Manly Warringah

Final				
1	Ku-Ring-Gai, 84	---	2,941	RECORD
2	Port Hacking, 110	---	2,841	
3	Winston Hills, 76	---	2,737	
4	Manly Warringah, 3	---	2,733	
5	Bankstown Sports, 5	---	2,433	
6	Hills District, 15	---	2,256	
7	Parramatta, 7	---	2,244	
8	Ryde, 38	---	2,169	
9	Northern Suburbs, 54	---	2,101	
10	Liverpool, 48	---	2,028	
11	Cherrybrook, 219	---	1,958	
12	Northern Districts, 157	---	1,923	
13	Sutherland, 11	---	1,826	
14	Girraween, 51	---	1,822	
15	Randwick Botany, 1	---	1,779	
16	Tallawong Park, 139	---	1,665	
17	Rouse Hill Rams, 248	---	1,634	
18	Penrith Valley, 66	---	1,516	
19	Kings Langley, 53	---	1,202	
20	Nepean, 13	---	1,058	

Mixed U 8-11 4 x Long Jump (Junior)

Record: R 2,572 Pts 26/11/2010 Prestons Robins, ---

Final				
1	Mt Druitt, 119	---	2,292	
2	Prestons Robins, 250	---	2,029	

Little Athletics NSW

2011 State Relay Championships

RESULTS

SENIOR TRACK

Girls U 12 - 100 Metre x 4

Record Elect: E 53.80 27/11/2011 Manly Warringah, ---

Heat 1

1 Manly Warringah, 3	---	55.18Q
2 Sutherland, 11	---	56.40q
3 Eastern Suburbs, 2	---	57.63
4 Mosman, 19	---	1:00.17
5 Rouse Hill Rams, 248	---	1:01.46

Heat 2

1 Camden, 61	---	55.46Q
2 Ryde, 38	---	55.64q
3 Port Hacking, 110	---	55.87q
4 Hills District, 15	---	57.01q
5 Randwick Botany, 1	---	57.58q

Heat 3

1 Holroyd, 6	---	56.89Q
2 Hornsby, 4	---	57.40q
3 Albion Park, 71	---	58.05
4 Ku-Ring-Gai, 84	---	59.81
5 Northern Suburbs, 54	---	1:00.64
6 Winston Hills, 76	---	1:01.91
7 Quakers Hill, 199	---	1:03.39

Final

1 Manly Warringah, 3	---	53.80	RECORD
2 Camden, 61	---	54.80	
3 Ryde, 38	---	55.83	
4 Hornsby, 4	---	56.27	
5 Port Hacking, 110	---	56.56	
6 Hills District, 15	---	56.75	
7 Sutherland, 11	---	56.77	
8 Holroyd, 6	---	56.93	
9 Randwick Botany, 1	---	57.78	

Girls U 13 - 100 Metre x 4

Record Elect: E 51.74 29/11/2009 Northern Suburbs, ---

Heat 1

1 Hills District, 15	---	53.27Q	
2 Manly Warringah, 3	---	53.43q	
3 Randwick Botany, 1	---	54.11q	
4 Port Hacking, 110	---	55.25q	
5 Blacktown, 8	---	56.42	
6 Mosman, 19	---	57.53	
-- Liverpool, 48	---	DQ	170.14

Heat 2

1 Ku-Ring-Gai, 84	---	54.33Q	
2 Albion Park, 71	---	54.45q	
3 Cherrybrook, 219	---	57.37	
4 Rouse Hill Rams, 248	---	59.75	
-- Northern Suburbs, 54	---	DQ	170.14

Little Athletics NSW

2011 State Relay Championships

RESULTS

Heat 3

1 Sutherland, 11	---	55.22Q
2 Orange, 78	---	55.34q
3 Balmain, 17	---	55.72q
4 Ambarvale, 58	---	57.80
-- Campbelltown Coll, 36	---	DQ 170.14
-- Kings Langley, 53	---	DQ 170.14
-- Bathurst, 59	---	DQ 170.14

Girls U 13 - 100 Metre x 4

Record Elect: E 51.74 29/11/2009 Northern Suburbs, ---

Final

1 Randwick Botany, 1	---	53.58
2 Manly Warringah, 3	---	53.67
3 Albion Park, 71	---	54.02
4 Ku-Ring-Gai, 84	---	54.14
5 Port Hacking, 110	---	55.22
6 Sutherland, 11	---	55.43
7 Orange, 78	---	55.67
8 Balmain, 17	---	56.82
9 Hills District, 15	---	59.23

Girls U 14 - 100 Metre x 4

Record Elect: E 49.83 28/11/2010 Northern Suburbs, ---

Final

1 Manly Warringah, 3	---	51.64
2 Sutherland, 11	---	52.21
3 Tuggerah Lk Mingara, 165	---	54.46
4 Hills District, 15	---	54.70
5 Doonside, 140	---	54.87
6 Mosman, 19	---	55.05
7 Northern Suburbs, 54	---	55.56
8 St George, 9	---	58.52

Girls U 15 - 100 Metre x 4

Record Elect: E 48.62 27/11/2011 Northern Suburbs, ---

Heat 1

1 Hills District, 15	---	51.40Q
2 Camden, 61	---	52.37q
3 Ku-Ring-Gai, 84	---	53.52q
4 Cherrybrook, 219	---	54.54q
5 Winston Hills, 76	---	55.31
6 St George, 9	---	58.40
7 Blacktown, 8	---	58.79

Heat 2

1 Northern Suburbs, 54	---	49.71Q
2 Randwick Botany, 1	---	52.13q
3 South Eastern, 152	---	52.45q
4 Port Hacking, 110	---	54.45q
5 Manly Warringah, 3	---	55.14q
6 Kings Langley, 53	---	56.17
7 Rouse Hill Rams, 248	---	57.95

Little Athletics NSW

2011 State Relay Championships

RESULTS

Final

1 Northern Suburbs, 54	---	48.62	RECORD
2 Randwick Botany, 1	---	51.30	
3 Camden, 61	---	51.65	
4 Hills District, 15	---	51.90	
5 South Eastern, 152	---	52.75	
6 Ku-Ring-Gai, 84	---	52.91	
7 Port Hacking, 110	---	53.91	
8 Cherrybrook, 219	---	54.98	
9 Manly Warringah, 3	---	56.04	

Girls U 12-15 Middle Distance (Senior)

Record Elect: E 10:03.07 28/11/2010 Mosman, ---

Final

1 Mosman, 19	---	10:20.63	
2 Hills District, 15	---	10:25.56	
3 Parramatta, 7	---	10:40.83	
4 Northern Suburbs, 54	---	11:00.45	
5 Emu Plains, 121	---	11:06.15	
6 Manly Warringah, 3	---	11:09.41	
7 Campbelltown Coll, 36	---	11:31.95	
8 Kings Langley, 53	---	11:35.57	
9 Cherrybrook, 219	---	11:35.63	
10 Prospect, 95	---	11:49.11	
11 Randwick Botany, 1	---	11:50.95	
12 Penrith Valley, 66	---	12:31.85	

Boys U 12 - 100 Metre x 4

Record Elect: E 52.42 27/11/2011 Northern Suburbs, ---

Heat 1

1 South Eastern, 152	---	53.93Q	
2 Albion Park, 71	---	54.29q	
3 Rouse Hill Rams, 248	---	56.14q	
4 Cherrybrook, 219	---	57.23	
5 Mosman, 19	---	58.95	
6 Blacktown, 8	---	59.06	
7 Ryde, 38	---	59.28	

Heat 2

1 Northern Suburbs, 54	---	52.42Q	RECORD
2 Manly Warringah, 3	---	53.73q	
3 Nepean, 13	---	54.98q	
4 Hills District, 15	---	58.23	
5 Prospect, 95	---	1:01.04	
-- St George, 9	---	DQ	170.14

Heat 3

1 Sutherland, 11	---	54.79Q	
2 Ku-Ring-Gai, 84	---	54.88q	
3 Campbelltown Coll, 36	---	55.58q	
4 Randwick Botany, 1	---	56.20	

Little Athletics NSW

2011 State Relay Championships

RESULTS

Final

1	Manly Warringah, 3	---	52.90
2	Northern Suburbs, 54	---	52.95
3	South Eastern, 152	---	54.54
4	Albion Park, 71	---	55.18
5	Sutherland, 11	---	55.25
6	Campbelltown Coll, 36	---	56.29
7	Ku-Ring-Gai, 84	---	56.37
8	Rouse Hill Rams, 248	---	56.89
9	Nepean, 13	---	58.76

Boys U 13 - 100 Metre x 4

Record Elect: E 50.36 29/11/2009 Hills District, ---

Heat 1

1	Manly Warringah, 3	---	52.75Q
2	Cherrybrook, 219	---	53.10q
3	Randwick Botany, 1	---	54.61q
4	Tiger West, 68	---	55.36q
5	Bathurst, 59	---	59.50
6	Hills District, 15	---	59.51
--	Albion Park, 71	---	DQ 163.3

Heat 2

1	Northern Suburbs, 54	---	51.54Q
2	Campbelltown Coll, 36	---	52.39q
3	Winston Hills, 76	---	54.88q
4	Tuggerah Lk Mingara, 165	---	54.94q
5	Ryde, 38	---	56.07
--	Sutherland, 11	---	DQ 170.16

Heat 3

1	South Eastern, 152	---	53.73Q
2	Mosman, 19	---	55.54
3	Smithfield, 146	---	56.10
4	Rouse Hill Rams, 248	---	59.77
--	Camden, 61	---	DQ 170.16

Final

1	Northern Suburbs, 54	---	50.84
2	Campbelltown Coll, 36	---	52.17
3	Cherrybrook, 219	---	52.62
4	Manly Warringah, 3	---	53.12
5	Tuggerah Lk Mingara, 165	---	54.11
6	South Eastern, 152	---	54.32
7	Randwick Botany, 1	---	54.79
8	Winston Hills, 76	---	55.27
9	Tiger West, 68	---	58.24

Boys U 14 - 100 Metre x 4

Record Elect: E 47.77 28/11/2010 Manly Warringah, ---

Final

1	Northern Suburbs, 54	---	48.29
2	Parramatta, 7	---	49.17
3	Manly Warringah, 3	---	50.03
4	Campbelltown Coll, 36	---	50.27
5	Winston Hills, 76	---	52.65
6	Camden, 61	---	54.45
--	Cherrybrook, 219	---	DQ
--	Hills District, 15	---	DQ

Little Athletics NSW

2011 State Relay Championships

RESULTS

Boys U 15 - 100 Metre x 4

Record Elect: E 44.82 27/11/2011 Manly Warringah, ---

Heat 1

1 Manly Warringah, 3	---	45.61Q	
2 Camden, 61	---	46.58q	
3 Port Hacking, 110	---	46.99q	
4 Sutherland, 11	---	47.22q	
5 Ku-Ring-Gai, 84	---	47.37q	
6 Hills District, 15	---	49.86	
7 Winston Hills, 76	---	53.72	
-- Northern Suburbs, 54	---	DQ	170.7

Heat 2

1 Campbelltown Coll, 36	---	46.71Q	
2 Cherrybrook, 219	---	48.97q	
3 Ryde, 38	---	49.14q	
4 Jamison, 163	---	49.60q	
5 Randwick Botany, 1	---	49.77	
6 Kings Langley, 53	---	51.25	
-- Bankstown Sports, 5	---	DQ	170.14

Final

1 Manly Warringah, 3	---	44.82	RECORD
2 Camden, 61	---	46.39	
3 Campbelltown Coll, 36	---	46.70	
4 Sutherland, 11	---	46.98	
5 Port Hacking, 110	---	47.05	
6 Ku-Ring-Gai, 84	---	47.24	
7 Ryde, 38	---	49.52	
8 Jamison, 163	---	50.19	
-- Cherrybrook, 219	---	DQ	163.3

Boys U 12-15 Middle Distance (Senior)

Record Elect: E 9:14.65 28/11/2010 Randwick Botany, ---

Final

1 Randwick Botany, 1	---	9:25.06	
2 Wollongong City, 102	---	9:32.07	
3 Manly Warringah, 3	---	9:34.51	
4 South Eastern, 152	---	9:35.59	
5 Hills District, 15	---	9:37.76	
6 Illawong, 70	---	9:46.29	
7 Northern Suburbs, 54	---	9:46.82	
8 Parramatta, 7	---	10:17.65	
9 Holroyd, 6	---	10:20.00	
10 Campbelltown Coll, 36	---	10:37.29	
11 Hornsby, 4	---	10:37.92	
12 Prospect, 95	---	11:50.05	

Mixed U 12 - 100 Metre x 4

Record Elect: E 55.31 27/11/2011 Wollongong City, ---

Heat 1

1 Wollongong City, 102	---	55.50Q	
2 Kurrajong/Bilpin, 150	---	55.54q	
3 Helensburgh, 44	---	55.83q	
4 Jamison, 163	---	56.15q	
5 Ambarvale, 58	---	59.24q	

Little Athletics NSW

2011 State Relay Championships

RESULTS

Heat 2

1	Emu Plains, 121	---	56.34Q
2	Smithfield, 146	---	56.59q
3	Springwood, 35	---	57.41q
4	Bathurst, 59	---	1:00.03q

Final

1	Wollongong City, 102	---	55.31	RECORD
2	Kurrajong/Bilpin, 150	---	55.36	
3	Emu Plains, 121	---	55.51	
4	Jamison, 163	---	55.72	
5	Helensburgh, 44	---	55.80	
6	Springwood, 35	---	56.24	
7	Ambarvale, 58	---	59.38	
8	Bathurst, 59	---	59.48	
--	Smithfield, 146	---	DQ	163.3 and 170.14

Mixed U 13 - 100 Metre x 4

Record Elect: E 52.56 28/11/2010 Wollongong City, ---

Final

1	Wollongong City, 102	---	53.62	
2	Emu Plains, 121	---	54.58	
3	Helensburgh, 44	---	54.95	
4	Kurrajong/Bilpin, 150	---	55.36	
5	Colyton/St Clair, 151	---	56.01	
6	Prospect, 95	---	59.07	
--	Jamison, 163	---	DQ	170.14

Mixed U 14 - 100 Metre x 4

Record Elect: E 50.99 29/11/2009 Wollongong City, ---

Final

1	Wollongong City, 102	---	51.34	
2	Greystanes, 39	---	52.38	
3	Albion Park, 71	---	52.39	
4	Jamison, 163	---	52.89	
5	Smithfield, 146	---	55.85	

Mixed U 15 - 100 Metre x 4

Record Elect: E 49.36 28/11/2010 Wollongong City, ---

Final

1	Orange, 78	---	52.96	
2	Wollongong City, 102	---	53.97	

Mixed U 17 - 100 Metre x 4

Record Elect: E 46.03 29/11/2009 Cherrybrook, ---

Heat 1

1	Campbelltown Coll, 36	---	48.34Q	
2	Eastern Suburbs, 2	---	49.41q	
3	Prospect, 95	---	50.56q	
4	Winston Hills, 76	---	51.08q	
--	Randwick Botany, 1	---	DQ	163.3
--	Ryde, 38	---	DQ	163.3
--	Jamison, 163	---	DQ	170.14

Little Athletics NSW

2011 State Relay Championships

RESULTS

Heat 2

1 Northern Suburbs, 54	---	47.86Q
2 Camden, 61	---	48.27q
3 Port Hacking, 110	---	48.99q
4 Illawong, 70	---	51.60q
5 Bathurst, 59	---	52.53q
6 Mt Druitt, 119	---	54.98

Final

1 Northern Suburbs, 54	---	47.14
2 Camden, 61	---	47.70
3 Campbelltown Coll, 36	---	48.28
4 Port Hacking, 110	---	48.72
5 Eastern Suburbs, 2	---	49.12
6 Prospect, 95	---	50.19
7 Illawong, 70	---	51.02
8 Winston Hills, 76	---	51.67

Mixed U 12 - 400 Metre x 4

Record Elect: E 4:21.96 27/11/2011 Ku-Ring-Gai, ---

Heat 1

1 Manly Warringah, 3	---	4:23.11Q
2 Ku-Ring-Gai, 84	---	4:27.44q
3 Holroyd, 6	---	4:48.90q
4 Rouse Hill Rams, 248	---	4:50.12q
5 Mosman, 19	---	4:55.33
6 Cherrybrook, 219	---	5:06.24
7 Tiger West, 68	---	5:08.62
8 Winston Hills, 76	---	5:20.44

Heat 2

1 Randwick Botany, 1	---	4:33.84Q
2 Ryde, 38	---	4:38.03q
3 Northern Suburbs, 54	---	4:39.73q
4 Albion Park, 71	---	4:44.37q
5 Helensburgh, 44	---	4:50.50q
6 St George, 9	---	4:59.15
7 Wollongong City, 102	---	5:05.12
8 Bathurst, 59	---	5:32.66

Final

1 Ku-Ring-Gai, 84	---	4:21.96	RECORD
2 Manly Warringah, 3	---	4:24.21	
3 Northern Suburbs, 54	---	4:36.55	
4 Ryde, 38	---	4:42.55	
5 Holroyd, 6	---	4:53.54	
6 Albion Park, 71	---	4:55.64	
7 Helensburgh, 44	---	4:59.58	
8 Rouse Hill Rams, 248	---	5:02.75	
-- Randwick Botany, 1	---		DQ

Mixed U 13 - 400 Metre x 4

Record Elect: E 4:11.16 28/11/2010 Doonside, ---

Heat 1

1 Balmain, 17	---	4:20.03Q
2 Cherrybrook, 219	---	4:28.81q
3 Manly Warringah, 3	---	4:31.32q
4 Hills District, 15	---	4:33.14q
5 Rouse Hill Rams, 248	---	4:33.14
6 Helensburgh, 44	---	4:33.56
7 Campbelltown Coll, 36	---	4:35.61

Little Athletics NSW

2011 State Relay Championships

RESULTS

Heat 2

1 Holroyd, 6	---	4:18.25Q
2 Albion Park, 71	---	4:30.22q
3 Randwick Botany, 1	---	4:34.53
4 Mosman, 19	---	4:35.04
5 Wollongong City, 102	---	4:39.74
6 Ku-Ring-Gai, 84	---	4:40.78
7 Emu Plains, 121	---	4:44.78

Heat 3

1 Sutherland, 11	---	4:23.44Q
2 Northern Suburbs, 54	---	4:25.93q
3 Winston Hills, 76	---	4:32.24q
4 Ryde, 38	---	4:36.71
5 Colyton/St Clair, 151	---	4:38.94
6 Kings Langley, 53	---	5:09.83

Final

1 Cherrybrook, 219	---	4:15.77
2 Holroyd, 6	---	4:16.89
3 Sutherland, 11	---	4:18.58
4 Balmain, 17	---	4:21.76
5 Northern Suburbs, 54	---	4:26.89
6 Winston Hills, 76	---	4:39.09
7 Hills District, 15	---	4:42.48
8 Albion Park, 71	---	4:44.01
9 Manly Warringah, 3	---	4:44.30

Mixed U 14 - 400 Metre x 4

Record Elect: E 3:57.45 27/11/2011 Doonside, ---

Final

1 Doonside, 140	---	3:57.45	RECORD
2 Sutherland, 11	---	3:58.48	
3 Northern Suburbs, 54	---	4:06.40	
4 Manly Warringah, 3	---	4:13.81	
5 Wollongong City, 102	---	4:14.50	
6 Albion Park, 71	---	4:21.72	
7 Winston Hills, 76	---	4:23.04	

Mixed U 15 - 400 Metre x 4

Record Elect: E 3:49.06 27/11/2011 Manly Warringah, ---

Heat 1

1 Camden, 61	---	4:08.43Q
2 Northern Suburbs, 54	---	4:10.90q
3 Bankstown Sports, 5	---	4:12.20q
4 Port Hacking, 110	---	4:14.19q
5 Illawong, 70	---	4:20.22q
6 Wollongong City, 102	---	4:36.68

Heat 2

1 Manly Warringah, 3	---	4:07.93Q
2 Hills District, 15	---	4:08.76q
3 Randwick Botany, 1	---	4:13.73q
4 Ku-Ring-Gai, 84	---	4:21.67q
5 Penrith Valley, 66	---	4:53.09
-- Cherrybrook, 219	---	DQ 170.14

Little Athletics NSW

2011 State Relay Championships

RESULTS

Final

1	Manly Warringah, 3	---	3:49.06	RECORD
2	Camden, 61	---	3:51.29	
3	Northern Suburbs, 54	---	3:59.37	
4	Bankstown Sports, 5	---	4:09.56	
5	Randwick Botany, 1	---	4:13.56	
6	Port Hacking, 110	---	4:14.89	
7	Ku-Ring-Gai, 84	---	4:18.73	
8	Illawong, 70	---	4:28.43	

Mixed U 17 - 400 Metre x 4

Record Elect: E 3:47.24 27/11/2011 Port Hacking, ---

Heat 1

1	Ryde, 38	---	3:55.18Q	
2	Randwick Botany, 1	---	3:56.32q	
3	Northern Suburbs, 54	---	4:00.24q	
4	Winston Hills, 76	---	4:03.09q	
5	Illawong, 70	---	4:07.22q	

Heat 2

1	Port Hacking, 110	---	3:59.02Q	
2	Mosman, 19	---	4:00.52q	
3	Camden, 61	---	4:01.16q	
4	Emu Plains, 121	---	4:01.37q	
5	Manly Warringah, 3	---	4:09.67	
6	Mt Druitt, 119	---	4:37.51	

Final

1	Port Hacking, 110	---	3:47.24	RECORD
2	Randwick Botany, 1	---	3:51.66	
3	Mosman, 19	---	3:56.11	
4	Northern Suburbs, 54	---	3:59.89	
5	Emu Plains, 121	---	4:05.08	
6	Winston Hills, 76	---	4:07.97	
7	Camden, 61	---	4:30.93	

Mixed U 12-15 100 Metre x 4 (Senior)

Record Elect: E 55.55 29/11/2009 Prestons Robins, ---

Final

1	Mt Druitt, 119	---	57.69	
2	Prestons Robins, 250	---	59.04	

Little Athletics NSW

2011 State Relay Championships

RESULTS

SENIOR FIELD

Girls U 12 - Long Jump / High Jump

Record: R 3,159 Pts 2008 Cherrybrook

Final

1	Campbelltown Coll, 36	---	3,030
2	Bankstown Sports, 5	---	2,900
3	Northern Suburbs, 54	---	2,700
4	Ku-Ring-Gai, 84	---	2,699
5	Manly Warringah, 3	---	2,661
6	Quakers Hill, 199	---	2,629
7	Ryde, 38	---	2,560
8	Hills District, 15	---	2,513
9	Northern Districts, 157	---	2,491
10	Winston Hills, 76	---	2,474
11	Rouse Hill Rams, 248	---	2,447
12	Sutherland, 11	---	2,380
13	Balmain, 17	---	2,305
14	Girraween, 51	---	2,270
15	Doonside, 140	---	1,961
16	Parramatta, 7	---	1,802
17	Blacktown, 8	---	1,728

Girls U 13 - Long Jump / High Jump

Record: R 2,909 Pts 27/11/2010 Manly Warringah, ---

Final

1	Manly Warringah, 3	---	2,815
2	Sutherland, 11	---	2,721
3	Randwick Botany, 1	---	2,645
4	Emu Plains, 121	---	2,570
5	Bankstown Sports, 5	---	2,507
6	Campbelltown Coll, 36	---	2,494
7	Orange, 78	---	2,493
8	Northern Suburbs, 54	---	2,387
9	Northern Districts, 157	---	2,329
10	Ku-Ring-Gai, 84	---	2,232
11	Hills District, 15	---	2,188
12	Kings Langley, 53	---	1,969
13	Winston Hills, 76	---	1,669
14	Rouse Hill Rams, 248	---	1,566
15	Cherrybrook, 219	---	1,016

Girls U 14 - Long Jump / High Jump

Record: R 2,999 Pts 27/11/2011 Port Hacking, ---

Final

1	Manly Warringah, 3	---	3,087	RECORD
2	Hills District, 15	---	2,910	
3	Northern Suburbs, 54	---	2,859	
4	Ku-Ring-Gai, 84	---	2,635	
5	Parramatta, 7	---	2,628	
6	Doonside, 140	---	2,577	
7	Emu Plains, 121	---	2,565	
8	Sutherland, 11	---	2,547	
9	St George, 9	---	989	

Little Athletics NSW

2011 State Relay Championships

RESULTS

Girls U 15 - Long Jump / High Jump

Record: R 3,242 Pts 27/11/2011 Manly Warringah, ---

Final			
1	Northern Suburbs, 54	---	3,245 RECORD
2	Randwick Botany, 1	---	3,104
3	Northern Districts, 157	---	2,916
4	Bankstown Sports, 5	---	2,748
5	Winston Hills, 76	---	2,547
6	Manly Warringah, 3	---	2,483
7	Blacktown, 8	---	2,405
8	Port Hacking, 110	---	2,078
9	St George, 9	---	1,154
10	Rouse Hill Rams, 248	---	739

Girls U 17 - Long Jump / High Jump

Record: R 2,964 Pts 27/11/2011 Cherrybrook, ---

Final			
1	Northern Suburbs, 54	---	3,078 RECORD
2	Cherrybrook, 219	---	2,851
3	Ryde, 38	---	2,473
4	Camden, 61	---	2,275
5	Winston Hills, 76	---	2,134

Girls U 12 - Shot Put / Discus

Record: R 2,275 Pts 2008 Winston Hills

Final			
1	Camden, 61	---	2,283 RECORD
2	Manly Warringah, 3	---	2,129
3	Bankstown Sports, 5	---	2,067
4	Northern Suburbs, 54	---	2,013
5	Doonside, 140	---	1,900
6	Northern Districts, 157	---	1,631
7	Campbelltown Coll, 36	---	1,578
8	Ku-Ring-Gai, 84	---	1,391
9	Winston Hills, 76	---	1,383
10	Rouse Hill Rams, 248	---	1,256
11	Ryde, 38	---	1,254
12	Hills District, 15	---	1,138
13	Port Hacking, 110	---	1,054
14	Blacktown, 8	---	913

Little Athletics NSW

2011 State Relay Championships

RESULTS

Girls U 13 - Shot Put / Discus

Record: R 3,215 Pts 2008 Winston Hills

Final

1	Bankstown Sports, 5	---	2,432
2	Blacktown, 8	---	2,348
3	Kings Langley, 53	---	2,309
4	Northern Suburbs, 54	---	2,252
5	Doonside, 140	---	2,027
6	Manly Warringah, 3	---	1,870
7	Randwick Botany, 1	---	1,838
8	Penrith Valley, 66	---	1,827
9	Rouse Hill Rams, 248	---	1,768
10	Sutherland, 11	---	1,742
11	Campbelltown Coll, 36	---	1,583
12	Prospect, 95	---	1,465
13	Ku-Ring-Gai, 84	---	1,408
14	Orange, 78	---	1,264
15	Northern Districts, 157	---	1,248

Girls U 14 - Shot Put / Discus

Record: R 3,359 Pts 29/11/2009 Winston Hills, ---

Final

1	St George, 9	---	2,673
2	Parramatta, 7	---	2,260
3	Manly Warringah, 3	---	2,183
4	Ku-Ring-Gai, 84	---	1,962
5	Northern Suburbs, 54	---	1,941
6	Doonside, 140	---	1,386
7	Sutherland, 11	---	827

Girls U 15 - Shot Put / Discus

Record: R 2,944 Pts 27/11/2010 Winston Hills, ---

Final

1	Port Hacking, 110	---	2,610
2	Northern Suburbs, 54	---	2,275
3	Camden, 61	---	2,099
4	Northern Districts, 157	---	2,008
5	Blacktown, 8	---	1,898
6	Randwick Botany, 1	---	1,890
7	Cherrybrook, 219	---	1,783
8	Winston Hills, 76	---	1,779
9	Manly Warringah, 3	---	1,730
10	St George, 9	---	1,465
11	Rouse Hill Rams, 248	---	1,360

Girls U 17 - Shot Put / Discus

New Record: Change in Shot Put weight

Final

1	Northern Suburbs, 54	---	2,176	RECORD
2	Shoalhaven, 120	---	2,128	
3	Ryde, 38	---	2,019	
4	Winston Hills, 76	---	1,959	
5	Camden, 61	---	1,674	

Little Athletics NSW

2011 State Relay Championships

RESULTS

Boys U 12 - Long Jump / High Jump

Record: R 3,097 Pts 29/11/2009 Cherrybrook, ---

Final			
1	Albion Park, 71	---	3,179 RECORD
2	Illawong, 70	---	3,137
3	Manly Warringah, 3	---	3,027
4	Emu Plains, 121	---	2,979
5	Parramatta, 7	---	2,949
6	Northern Districts, 157	---	2,832
7	Hills District, 15	---	2,777
8	Nepean, 13	---	2,752
9	Jamison, 163	---	2,728
10	Balmain, 17	---	2,725
11	Sutherland, 11	---	2,656
12	Ku-Ring-Gai, 84	---	2,608
13	Rouse Hill Rams, 248	---	2,548
14	Northern Suburbs, 54	---	2,543
15	Ryde, 38	---	2,498
16	Smithfield, 146	---	2,403
17	Cherrybrook, 219	---	2,310
18	Hornsby, 4	---	2,291
19	Randwick Botany, 1	---	1,820

Boys U 13 - Long Jump / High Jump

Record: R 3,004 Pts 29/11/2009 Bankstown Sports, ---

Final			
1	Western Suburbs, 20	---	3,072 RECORD
2	Wollongong City, 102	---	2,936
3	Northern Suburbs, 54	---	2,889
4	Illawong, 70	---	2,855
5	Manly Warringah, 3	---	2,783
6	Camden, 61	---	2,776
7	Balmain, 17	---	2,740
8	Winston Hills, 76	---	2,583
9	Ryde, 38	---	2,554
10	Cherrybrook, 219	---	2,549
11	Randwick Botany, 1	---	2,547
12	Girraween, 51	---	2,466
13	St George, 9	---	2,366
14	Bankstown Sports, 5	---	2,045
15	Hills District, 15	---	1,545
16	Tiger West, 68	---	1,201
17	Rouse Hill Rams, 248	---	461

Boys U 14 - Long Jump / High Jump

Record: R 3,126 Pts 29/11/2009 Northern Suburbs, ---

Final			
1	Manly Warringah, 3	---	2,850
2	Parramatta, 7	---	2,721
3	Bankstown Sports, 5	---	2,698
4	Northern Suburbs, 54	---	2,657
5	Ku-Ring-Gai, 84	---	2,605
6	Hills District, 15	---	2,468
7	Northern Districts, 157	---	2,220
8	Cherrybrook, 219	---	1,314

Little Athletics NSW

2011 State Relay Championships

RESULTS

Boys U 15 - Long Jump / High Jump

Record: R 3,234 Pts 29/11/2009 Kurrajong/Bilpin, ---

Final

1 Campbelltown Coll, 36	---	3,157
2 Northern Suburbs, 54	---	2,797
3 Bankstown Sports, 5	---	2,762
4 Sutherland, 11	---	2,730
5 Manly Warringah, 3	---	2,643
6 Ryde, 38	---	2,638
7 Blacktown, 8	---	2,566
8 Kings Langley, 53	---	2,550
9 Parramatta, 7	---	2,354
10 Ku-Ring-Gai, 84	---	2,308
11 Port Hacking, 110	---	2,298
12 Winston Hills, 76	---	1,993
13 Randwick Botany, 1	---	756

Boys U 17 - Long Jump / High Jump

Record: R 3,024 Pts 29/11/2009 Parramatta, ---

Final

1 Northern Suburbs, 54	---	2,838
2 Camden, 61	---	2,598
3 Parramatta, 7	---	2,403
4 Kings Langley, 53	---	2,343
5 Bankstown Sports, 5	---	1,696
6 Randwick Botany, 1	---	1,470
7 Winston Hills, 76	---	1,277

Boys U 12 - Shot Put / Discus

Record: R 2,180 Pts 29/11/2009 Port Hacking, ---

Final

1 Parramatta, 7	---	2,510	RECORD
2 Emu Plains, 121	---	2,118	
3 Manly Warringah, 3	---	1,976	
4 Northern Districts, 157	---	1,840	
5 Randwick Botany, 1	---	1,738	
6 Kings Langley, 53	---	1,695	
7 Liverpool, 48	---	1,676	
8 Northern Suburbs, 54	---	1,656	
8 Hills District, 15	---	1,656	
10 Blacktown, 8	---	1,645	
11 Nepean, 13	---	1,622	
12 Cherrybrook, 219	---	1,536	
13 Ku-Ring-Gai, 84	---	1,498	
14 Rouse Hill Rams, 248	---	1,300	
15 Hornsby, 4	---	1,293	
16 Campbelltown Coll, 36	---	832	
17 Ryde, 38	---	789	

Little Athletics NSW

2011 State Relay Championships

RESULTS

Boys U 13 - Shot Put / Discus

Record: R 2,428 Pts 29/11/2009 Liverpool, ---

Final

1 Northern Suburbs, 54	---	1,948
2 Randwick Botany, 1	---	1,904
3 Western Suburbs, 20	---	1,758
4 St George, 9	---	1,715
5 Illawong, 70	---	1,610
6 Sutherland, 11	---	1,529
7 Manly Warringah, 3	---	1,516
7 Hills District, 15	---	1,516
9 Winston Hills, 76	---	1,507
10 Bankstown Sports, 5	---	1,466
11 Girraween, 51	---	1,283
12 Campbelltown Coll, 36	---	1,186
13 Tiger West, 68	---	1,178
14 Ryde, 38	---	1,162
15 Rouse Hill Rams, 248	---	632

Boys U 14 - Shot Put / Discus

New Record: Change in Shot Put weight

Final

1 Ku-Ring-Gai, 84	---	2,442	RECORD
2 Manly Warringah, 3	---	2,106	
3 Parramatta, 7	---	1,791	
4 Northern Districts, 157	---	1,757	
5 Northern Suburbs, 54	---	1,666	
6 Hills District, 15	---	1,592	

Boys U 15 - Shot Put / Discus

Record: R 2,230 Pts 27/11/2010 Northern Suburbs, ---

Final

1 Bankstown Sports, 5	---	2,425	RECORD
2 Blacktown, 8	---	2,309	
3 Winston Hills, 76	---	2,112	
4 Parramatta, 7	---	2,096	
5 Manly Warringah, 3	---	2,057	
6 Campbelltown Coll, 36	---	1,941	
7 Ryde, 38	---	1,831	

Boys U 17 - Shot Put / Discus

Record: R 1,887 Pts 29/11/2009 Northern Suburbs, ---

Final

1 Randwick Botany, 1	---	2,085	RECORD
2 Northern Suburbs, 54	---	1,763	
3 Port Hacking, 110	---	1,624	
4 Parramatta, 7	---	1,535	
5 Winston Hills, 76	---	1,479	
6 Bankstown Sports, 5	---	1,188	

Mixed U 12-15 4 x Long Jump (Senior)

Record: R 2,414 Pts 2008 Cranebrook

Final

1 Mt Druitt, 119	---	2,470	RECORD
2 Prestons Robins, 250	---	1,959	