## LITTLE ATHLETICS NSW 2012 STATE RELAY CHAMPIONSHIPS

Sydney Olympic Park Athletics Centre - Sat & Sun, 24 & 25 Nov 2012

## Results

| Cirle II 0 400 Matrix v. 4  |                  |                        |             |
|---|------------------|------------------------|-------------|
| Girls U 8 - 100 Metre x 4  Record Elect: 1:06.42 E 27/11/2010       | Eastern Suburbs, |                        |             |
| Heat 1 Heats  | Eastern Suburbs, |                        |             |
| 1 Mosman, 19  |                  | 1:10.53 Q              |             |
| 2 Port Hacking, 110   |                  | 1:10.33 Q<br>1:10.80 q |             |
| 3 Sutherland, 11  |                  | 1:12.58                |             |
| Liverpool. 48   |                  | DQ                     | IAAF 170.14 |
| Prospect, 95  |                  | DQ                     | IAAF 170.14 |
| Heat 2 Heats  |                  |                        |             |
| 1 Illawong, 70  |                  | 1:07.99 Q              |             |
| 2 Hills District, 15  |                  | 1:10.09 q              |             |
| 3 Rvde, 38  |                  | 1:10.37 q              |             |
| 4 Northern Suburbs. 54  |                  | 1:12.00                |             |
| 5 Parramatta. 7<br>6 Quakers Hill. 199                              |                  | 1:14.55<br>1:19.06     |             |
| Heat 3 Heats  | <b></b>          | 1.19.06                |             |
| 1 Ku-Ring-Gai, 84   |                  | 1:08.45 Q              |             |
| 2 Albion Park, 71   |                  | 1:12.03                |             |
| 3 Campbelltown, 36  |                  | 1:12.23                |             |
| 4 Girraween, 51   |                  | 1:14.52                |             |
| 5 Kings Langley, 53   |                  | 1:15.38                |             |
| Hornsbv. 4  |                  | DQ                     | IAAF 170.14 |
| Heat 4 Heats  |                  |                        |             |
| 1 Doonside, 140   |                  | 1:08.43 Q              |             |
| 2 Balmain, 17   |                  | 1:09.06 q              |             |
| 3 Camden. 61<br>4 Cherrybrook, 219                                  |                  | 1:10.59 q              |             |
| 4 Cherrybrook. 219 5 Randwick Botany. 1                             |                  | 1:12.72<br>1:12.88     |             |
| 6 Blacktown, 8  |                  | 1:14.56                |             |
| 7 Western Suburbs. 20   |                  | 1:15.38                |             |
| 8 Manly Warringah, 3  |                  | 1:15.46                |             |
| FINAL   |                  |                        |             |
| 1 Doonside, 140   |                  | 1:08.61                |             |
| 2 Mosman, 19  |                  | 1:09.16                |             |
| 3 Ku-Ring-Gai, 84   |                  | 1:09.18                |             |
| 4 Hills District, 15  |                  | 1:09.92                |             |
| 5 Port Hacking. 110   |                  | 1:10.83                |             |
| 6 Balmain. 17   |                  | 1:10.89                |             |
| 7 Rvde, 38  |                  | 1:11.35                |             |
| 8 Camden, 61  |                  | 1:17.73                | 14454700    |
| Illawong, 70  |                  | DQ                     | IAAF 170.8  |
| Girls U 9 - 100 Metre x 4   |                  |                        |             |
| Record Elect: 1:01.72 E 26/11/2011                                  | Eastern Suburbs, |                        |             |
| Heat 1 Heats  |                  |                        |             |
| 1 Kings Langlev, 53   |                  | 1:05.64 Q              |             |
| 2 Emu Plains, 121   |                  | 1:08.10                |             |
| 3 Rvde, 38  |                  | 1:08.61                |             |
| 4 Liverpool. 48   |                  | 1:13.26                |             |
| 5 Quakers Hill, 199   |                  | 1:16.81                |             |
| Heat 2 Heats  |                  |                        |             |
| 1 Tuggerah Lk Mingara, 165  |                  | 1:03.49 Q              |             |
| 2 Cherrybrook, 219  |                  | 1:06.50                |             |
| <ul><li>3 Winston Hills, 76</li><li>4 Western Suburbs. 20</li></ul> |                  | 1:06.69<br>1:08.39     |             |
| 5 Blacktown, 8  |                  | 1:10.50                |             |
| 6 Campbelltown, 36  |                  | 1:10.95                |             |
| Mosman, 19  |                  | DQ                     | IAAF 170.15 |
| Heat 3 Heats  |                  | =                      |             |
|   |                  |                        |             |

| 1 Randwick Botany, 1   |                  | 1:02.44  | <b>ો</b> |
|--|------------------|--|----------|
| 2 Hills District, 15   |                  | 1:02.49  | 7        |
| 3 Balmain, 17  |                  | 1:04.05  | 7        |
| 4 Sutherland, 11   |                  | 1:04.82  |          |
| 5 Port Hacking, 110  |                  | 1:05.51  |          |
| 6 Manly Warringah, 3   |                  | 1:05.56  |          |
| 7 Hornsby. 4   |                  | 1:06.22  |          |
| 8 Canterbury, 55   |                  | 1:15.24  |          |
| Heat 4 Heats   |                  | 1.13.24  |          |
|  |                  | F 4 04 3F (  | DECORD.  |
| 1 Camden, 61   |                  | E 1:01.25  |          |
| 2 Northern Suburbs, 54   |                  | 1:01.97  |          |
| 3 Ku-Ring-Gai, 84  |                  | 1:03.77  | 7        |
| 4 Albion Park. 71  |                  | 1:04.26  | מ        |
| 5 St George, 9   |                  | 1:07.33  |          |
| 6 Girraween, 51  |                  | 1:08.56  |          |
| 7 Eastern Suburbs, 2   |                  | 1:08.74  |          |
| 8 Shoalhaven, 120  |                  | 1:10.03  |          |
|  |                  |  |          |
| FINAL  |                  |  |          |
| 1 Camden, 61   |                  | 1:01.59  |          |
| 2 Northern Suburbs. 54   |                  | 1:01.96  |          |
| 3 Randwick Botanv. 1   |                  | 1:02.90  |          |
| 4 Hills District, 15   |                  | 1:03.20  |          |
| 5 Balmain, 17  |                  | 1:03.71  |          |
| 6 Ku-Ring-Gai, 84  |                  | 1:03.95  |          |
| 7 Tuggerah Lk Mingara. 165   |                  | 1:04.53  |          |
| 8 Albion Park, 71  |                  | 1:04.65  |          |
| 9 Kings Langley, 53  |                  | 1:06.44  |          |
| 9 Killes Laligiev, 33  | <b></b>          | 1.00.44  |          |
| Girls U 10 - 100 Metre x 4   |                  |  |          |
| Record Elect: 58.86 E 28/11/2009   | Manly Warringah, |  |          |
| Heat 1 Heats   | ,                |  |          |
|  |                  | _  | _        |
| 1 Randwick Botanv. 1   |                  | 1:00.57  |          |
| 2 Ku-Ring-Gai, 84  |                  | 1:00.84  | 7        |
|  |                  |  |          |
| 3 Ambarvale, 58  |                  | 1:02.46  | 7        |
| <ul><li>3 Ambarvale, 58</li><li>4 Mosman, 19</li></ul>   |                  |  | 7        |
|  | <br>             | 1:02.46 0<br>1:02.64   | 1        |
| 4 Mosman, 19<br>5 Albion Park. 71  |                  | 1:02.46 0<br>1:02.64<br>1:04.33  | 1        |
| <ul><li>4 Mosman, 19</li><li>5 Albion Park. 71</li><li>6 Winston Hills. 76</li></ul>   |                  | 1:02.46 0<br>1:02.64<br>1:04.33<br>1:05.51   | 1        |
| <ul> <li>4 Mosman, 19</li> <li>5 Albion Park. 71</li> <li>6 Winston Hills, 76</li> <li>7 Colvton/St Clair, 151</li> </ul>  |                  | 1:02.46 0<br>1:02.64<br>1:04.33  | 7        |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats  |                  | 1:02.46 0<br>1:02.64<br>1:04.33<br>1:05.51<br>1:07.85  |          |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsby. 4   |                  | 1:02.46 0<br>1:02.64<br>1:04.33<br>1:05.51<br>1:07.85  |          |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrybrook. 219  |                  | 1:02.46 0<br>1:02.64<br>1:04.33<br>1:05.51<br>1:07.85  |          |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrybrook. 219 3 Campbelltown. 36   |                  | 1:02.46 0<br>1:02.64<br>1:04.33<br>1:05.51<br>1:07.85<br>1:02.95 0<br>1:03.07<br>1:03.15   |          |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrybrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20   |                  | 1:02.46 0<br>1:02.64<br>1:04.33<br>1:05.51<br>1:07.85<br>1:02.95 0<br>1:03.07<br>1:03.15<br>1:03.54  |          |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrybrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15  |                  | 1:02.46 0<br>1:02.64<br>1:04.33<br>1:05.51<br>1:07.85<br>1:02.95 0<br>1:03.07<br>1:03.15<br>1:03.54<br>1:03.70   |          |
| 4 Mosman, 19 5 Albion Park, 71 6 Winston Hills, 76 7 Colvton/St Clair, 151 Heat 2 Heats 1 Hornsbv, 4 2 Cherrybrook, 219 3 Campbelltown, 36 4 Western Suburbs, 20 5 Hills District, 15 6 Doonside, 140  |                  | 1:02.46 0<br>1:02.64<br>1:04.33<br>1:05.51<br>1:07.85<br>1:02.95 0<br>1:03.07<br>1:03.15<br>1:03.54<br>1:03.70<br>1:05.88  |          |
| 4 Mosman, 19 5 Albion Park, 71 6 Winston Hills, 76 7 Colvton/St Clair, 151 Heat 2 Heats 1 Hornsbv, 4 2 Cherrybrook, 219 3 Campbelltown, 36 4 Western Suburbs, 20 5 Hills District, 15 6 Doonside, 140 7 Quakers Hill, 199  |                  | 1:02.46 0<br>1:02.64<br>1:04.33<br>1:05.51<br>1:07.85<br>1:02.95 0<br>1:03.07<br>1:03.15<br>1:03.54<br>1:03.70   |          |
| 4 Mosman, 19 5 Albion Park, 71 6 Winston Hills, 76 7 Colvton/St Clair, 151 Heat 2 Heats 1 Hornsbv, 4 2 Cherrybrook, 219 3 Campbelltown, 36 4 Western Suburbs, 20 5 Hills District, 15 6 Doonside, 140  |                  | 1:02.46 0<br>1:02.64<br>1:04.33<br>1:05.51<br>1:07.85<br>1:02.95 0<br>1:03.07<br>1:03.15<br>1:03.54<br>1:03.70<br>1:05.88  |          |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrybrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats   |                  | 1:02.46 0<br>1:02.64 1:04.33 1:05.51 1:07.85 1:03.07 1:03.15 1:03.70 1:05.88 1:07.96   | 2        |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2  |                  | 1:02.46 0 1:02.64 1:04.33 1:05.51 1:07.85  1:02.95 0 1:03.07 1:03.15 1:03.54 1:03.70 1:05.88 1:07.96   | Q RECORD |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61   |                  | 1:02.46 0 1:02.64 1:04.33 1:05.51 1:07.85  1:02.95 0 1:03.07 1:03.15 1:03.54 1:03.70 1:05.88 1:07.96   | Q RECORD |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs, 54  |                  | 1:02.46 0 1:02.64 1:04.33 1:05.51 1:07.85  1:02.95 0 1:03.07 1:03.15 1:03.54 1:03.70 1:05.88 1:07.96  E 57.89 0 1:00.49 0 1:03.08  | Q RECORD |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165   |                  | 1:02.46 0 1:02.64 1:04.33 1:05.51 1:07.85  1:02.95 0 1:03.07 1:03.15 1:03.54 1:03.70 1:05.88 1:07.96  E 57.89 0 1:00.49 0 1:03.08 1:03.22  | Q RECORD |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53   |                  | 1:02.46 0 1:02.64 1:04.33 1:05.51 1:07.85  1:02.95 0 1:03.07 1:03.15 1:03.54 1:03.70 1:05.88 1:07.96  E 57.89 0 1:00.49 0 1:03.08  | Q RECORD |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats  |                  | 1:02.46 0 1:02.64 1:04.33 1:05.51 1:07.85  1:02.95 0 1:03.07 1:03.15 1:03.54 1:03.70 1:05.88 1:07.96  E 57.89 0 1:00.49 0 1:03.08 1:03.22 1:04.04  | Q RECORD |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats 1 Illawong. 70   |                  | 1:02.46 0 1:02.64 1:04.33 1:05.51 1:07.85  1:02.95 0 1:03.07 1:03.15 1:03.54 1:03.70 1:05.88 1:07.96  E 57.89 0 1:00.49 0 1:03.08 1:03.02 1:04.04  | RECORD   |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats 1 Illawong. 70 2 Sutherland. 11  |                  | 1:02.46 0 1:02.64 1:04.33 1:05.51 1:07.85  1:02.95 0 1:03.07 1:03.15 1:03.54 1:03.70 1:05.88 1:07.96  E 57.89 0 1:00.49 0 1:03.08 1:03.02 1:04.04  | RECORD   |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats 1 Illawong. 70 2 Sutherland. 11 3 Balmain. 17  |                  | 1:02.46 0 1:02.64 1:04.33 1:05.51 1:07.85  1:02.95 0 1:03.07 1:03.15 1:03.54 1:03.70 1:05.88 1:07.96  E 57.89 0 1:00.49 0 1:03.08 1:03.02 1:04.04  59.87 0 1:01.39 0 1:01.51 0                         | RECORD   |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats 1 Illawong. 70 2 Sutherland. 11 3 Balmain. 17 4 Canterburv. 55   |                  | 1:02.46  | RECORD   |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats 1 Illawong. 70 2 Sutherland. 11 3 Balmain. 17 4 Canterburv. 55 5 Rvde. 38  |                  | 1:02.46 0 1:02.64 1:04.33 1:05.51 1:07.85  1:02.95 0 1:03.07 1:03.15 1:03.54 1:03.70 1:05.88 1:07.96  E 57.89 0 1:00.49 0 1:03.08 1:03.02 1:04.04  59.87 0 1:01.39 0 1:01.51 0                         | RECORD   |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats 1 Illawong. 70 2 Sutherland. 11 3 Balmain. 17 4 Canterburv. 55   |                  | 1:02.46  | RECORD   |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats 1 Illawong. 70 2 Sutherland. 11 3 Balmain. 17 4 Canterburv. 55 5 Rvde. 38  |                  | 1:02.46  | RECORD   |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats 1 Illawong. 70 2 Sutherland. 11 3 Balmain. 17 4 Canterburv. 55 5 Rvde. 38 6 Manly Warringah. 3 7 Minchinburv. 195  |                  | 1:02.46 0 1:02.64 1:04.33 1:05.51 1:07.85  1:02.95 0 1:03.07 1:03.15 1:03.54 1:03.70 1:05.88 1:07.96  E 57.89 0 1:00.49 0 1:03.08 1:03.22 1:04.04  59.87 0 1:01.39 0 1:01.51 0 1:02.47 1:03.68 1:04.07 | RECORD   |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats 1 Illawong. 70 2 Sutherland. 11 3 Balmain. 17 4 Canterburv. 55 5 Rvde. 38 6 Manly Warringah. 3 7 Minchinburv. 195  |                  | 1:02.46  | RECORD   |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats 1 Illawong. 70 2 Sutherland. 11 3 Balmain. 17 4 Canterburv. 55 5 Rvde. 38 6 Manly Warringah. 3 7 Minchinburv. 195 FINAL 1 Ku-Ring-Gai. 84  |                  | 1:02.46  | RECORD   |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsbv. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats 1 Illawong. 70 2 Sutherland. 11 3 Balmain. 17 4 Canterburv. 55 5 Rvde. 38 6 Manly Warringah. 3 7 Minchinburv. 195 FINAL 1 Ku-Ring-Gai. 84 2 Illawong. 70                               |                  | 1:02.46  | RECORD   |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsby. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats 1 Illawong. 70 2 Sutherland. 11 3 Balmain. 17 4 Canterburv. 55 5 Rvde. 38 6 Manly Warringah. 3 7 Minchinburv. 195 FINAL 1 Ku-Ring-Gai. 84 2 Illawong. 70 3 Camden. 61                  |                  | 1:02.46  | RECORD   |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsby. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats 1 Illawong. 70 2 Sutherland. 11 3 Balmain. 17 4 Canterburv. 55 5 Rvde. 38 6 Manly Warringah. 3 7 Minchinburv. 195 FINAL 1 Ku-Ring-Gai. 84 2 Illawong. 70 3 Camden. 61 4 Sutherland. 11 |                  | 1:02.46 1:02.64 1:04.33 1:05.51 1:07.85  1:02.95 1:03.07 1:03.15 1:03.54 1:03.70 1:05.88 1:07.96  E 57.89 1:00.49 1:03.08 1:03.22 1:04.04  59.87 1:01.39 1:01.51 1:02.47 1:03.68 1:04.07 1:16.05       | RECORD   |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsby. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats 1 Illawong. 70 2 Sutherland. 11 3 Balmain. 17 4 Canterburv. 55 5 Rvde. 38 6 Manly Warringah. 3 7 Minchinburv. 195 FINAL 1 Ku-Ring-Gai. 84 2 Illawong. 70 3 Camden. 61                  |                  | 1:02.46  | RECORD   |
| 4 Mosman. 19 5 Albion Park. 71 6 Winston Hills. 76 7 Colvton/St Clair. 151 Heat 2 Heats 1 Hornsby. 4 2 Cherrvbrook. 219 3 Campbelltown. 36 4 Western Suburbs. 20 5 Hills District. 15 6 Doonside. 140 7 Quakers Hill. 199 Heat 3 Heats 1 Eastern Suburbs. 2 2 Camden. 61 3 Northern Suburbs. 54 4 Tuggerah Lk Mingara. 165 5 Kings Langlev. 53 Heat 4 Heats 1 Illawong. 70 2 Sutherland. 11 3 Balmain. 17 4 Canterburv. 55 5 Rvde. 38 6 Manly Warringah. 3 7 Minchinburv. 195 FINAL 1 Ku-Ring-Gai. 84 2 Illawong. 70 3 Camden. 61 4 Sutherland. 11 |                  | 1:02.46 1:02.64 1:04.33 1:05.51 1:07.85  1:02.95 1:03.07 1:03.15 1:03.54 1:03.70 1:05.88 1:07.96  E 57.89 1:00.49 1:03.08 1:03.22 1:04.04  59.87 1:01.39 1:01.51 1:02.47 1:03.68 1:04.07 1:16.05       | RECORD   |

| 7 Ambarvale, 58<br>8 Hornsby, 4<br>Eastern Suburbs, 2                | <br>             | 1:03.15<br>1:03.72<br>DQ | IAAF 170.7 |
|--|------------------|--------------------------|------------|
| Girls U 11 - 100 Metre x 4  Record Elect: 56.11 E 26/11/2011         | Manly Warringah, |                          |            |
| Heat 1 Heats   |                  |                          |            |
| 1 Manly Warringah, 3   |                  | 57.38 Q                  |            |
| 2 Bankstown Sports, 5  |                  | 57.89 q                  |            |
| 3 Port Hacking. 110  |                  | 58.73 q                  |            |
| 4 Cherrybrook, 219   |                  | 58.75 q                  |            |
| 5 St George, 9   |                  | 59.24 q                  |            |
| 6 Western Suburbs, 20  |                  | 1:01.31                  |            |
| 7 Blacktown. 8   |                  | 1:04.97                  |            |
| 8 Minchinbury, 195   |                  | 1:07.28                  |            |
| Heat 2 Heats   |                  |                          |            |
| 1 Albion Park, 71  |                  | 57.56 Q                  |            |
| 2 Balmain, 17  |                  | 57.73 q                  |            |
| 3 Randwick Botany. 1<br>4 Sutherland. 11                             |                  | 57.79 q<br>59.25         |            |
| 5 Northern Suburbs, 54   |                  | 59.25<br>59.29           |            |
| 6 Hornsby, 4   |                  | 1:02.11                  |            |
| 7 Winston Hills, 76  |                  | 1:03.11                  |            |
| 8 Mosman, 19   |                  | 1:03.87                  |            |
| Heat 3 Heats   |                  |                          |            |
| 1 Quakers Hill, 199  |                  | 1:01.84 Q                |            |
| 2 Rvde. 38   |                  | 1:02.06                  |            |
| 3 Bathurst, 59   |                  | 1:02.38                  |            |
| 4 Campbelltown, 36   |                  | 1:02.39                  |            |
| 5 Hills District, 15   |                  | 1:02.74                  |            |
| 6 Ku-Ring-Gai. 84  |                  | 1:05.88                  |            |
| FINAL  |                  |                          |            |
| 1 Albion Park, 71  |                  | 56.75                    |            |
| 2 Manly Warringah. 3   |                  | 56.77                    |            |
| 3 Balmain, 17  |                  | 57.13                    |            |
| 4 Port Hacking, 110  |                  | 58.06                    |            |
| 5 Randwick Botany, 1   |                  | 58.76                    |            |
| 6 St George. 9<br>7 Bankstown Sports. 5                              |                  | 59.06<br>59.20           |            |
| 8 Cherrybrook, 219   |                  | 59.54                    |            |
| 9 Quakers Hill, 199  |                  | 1:02.76                  |            |
|  |                  | 1.02.70                  |            |
| Girls U 12 - 100 Metre x 4   |                  |                          |            |
| Record Elect: 53.80 E 27/11/2011                                     | Manly Warringah, |                          |            |
| Heat 1 Heats   |                  |                          |            |
| 1 Manly Warringah, 3   |                  | 53.81 Q                  |            |
| 2 Randwick Botany, 1   |                  | 56.25 q                  |            |
| 3 Balmain. 17<br>4 Sutherland. 11                                    |                  | 56.76 q<br>58.74         |            |
| 5 Quakers Hill. 199  |                  | 59.21                    |            |
| 6 Mosman, 19   |                  | 1:07.18                  |            |
| Heat 2 Heats   |                  | 1.07.10                  |            |
| 1 Rvde. 38   |                  | 56.39 Q                  |            |
| 2 Port Hacking, 110  |                  | 57.09 q                  |            |
| 3 Campbelltown, 36   |                  | 59.11                    |            |
| 4 Tiger West. 68   |                  | 59.64                    |            |
| 5 Ku-Ring-Gai, 84  |                  | 1:01.45                  |            |
| Eastern Suburbs, 2   |                  | DQ                       | IAAF 170.7 |
| Heat 3 Heats   |                  |                          |            |
| 1 Western Suburbs, 20  |                  | 55.82 Q                  |            |
| 2 Camden, 61   |                  | 56.85 q                  |            |
| <ul><li>3 Winston Hills. 76</li><li>4 Northern Suburbs. 54</li></ul> |                  | 57.91 q                  |            |
| 5 Cherrybrook, 219   |                  | 58.36 q<br>58.78         |            |
| 6 Orange, 78   |                  | 50.76<br>59.86           |            |
| 7 St George, 9   |                  | 1:01.36                  |            |
| FINAL  |                  | 01.00                    |            |
|  |                  |                          |            |

| 1   |  |  |  |            |
|---|--|--|--|------------|
|   | Randwick Botany, 1   |  | 55.54  |            |
| 2   | Balmain, 17  |  | 56.11  |            |
| 3   | Rvde, 38   |  | 56.41  |            |
| 4   | Camden, 61   |  | 57.40  |            |
| 5   | Port Hacking, 110  |  | 57.44  |            |
| 6   | Northern Suburbs, 54   |  | 58.28  |            |
| 7   | Winston Hills. 76  |  | 1:01.45  |            |
|   | Western Suburbs, 20  |  | DQ   | IAAF 170.7 |
|   | Manly Warringah, 3   |  | DQ   | IAAF 170.7 |
|   |  |  | DQ   |            |
| Girls   | U 13 - 100 Metre x 4   |  |  |            |
| Re  | ecord Elect: 51.74 E 29/11   | /2009 Northern Suburbs,                                      |  |            |
| Heat :  | 1 Heats  |  |  |            |
| 1   | Hills District. 15   |  | 53.16 Q  |            |
| 2   | Tallawong Park, 139  |  | 56.19 q  |            |
| 3   | Hornsby, 4   |  | 56.45  |            |
| 4   | Ku-Ring-Gai, 84  |  | 56.49  |            |
| 5   | Mosman. 19   |  | 56.88  |            |
| 6   | Illawong, 70   |  | 57.41  |            |
| -   | 2 Heats  |  | 37.41  |            |
|   | Manly Warringah. 3   |  | F2 2F O  |            |
| 1<br>2  |  |  | 52.35 Q  |            |
|   | Rvde, 38   |  | 53.54 q  |            |
| 3   | Western Suburbs, 20  |  | 53.61 q  |            |
| 4   | Winston Hills, 76  |  | 57.31  |            |
| 5   | Northern Suburbs. 54   |  | 58.27  | 14451707   |
|   | Girraween, 51  |  | DQ   | IAAF 170.7 |
| '   | St George, 9   |  | DQ   | IAAF 170.7 |
|   | 3 Heats  |  |  |            |
| 1   | Sutherland, 11   |  | 52.27 Q  |            |
| 2   | Bankstown Sports. 5  |  | <b>52.57</b> q   |            |
| 3   | Camden. 61   |  | 53.64 q  |            |
| 4   | Campbelltown, 36   |  | 56.37 q  |            |
| 5   | Balmain, 17  |  | 59.09  |            |
| 6   | Quakers Hill, 199  |  | 59.61  |            |
| 7   | Randwick Botany, 1   |  | 1:00.48  |            |
| FINAL   |  |  |  |            |
| 1   | Sutherland, 11   |  | 52.31  |            |
| 2   | Manly Warringah. 3   |  | 52.51  |            |
|   |  | <del></del>  | JZ.J1  |            |
| - 2   |  |  |  |            |
| 3   |  |  | 52.93  |            |
| 4   | Bankstown Sports, 5  | <del></del><br>  | 52.93<br>52.93   |            |
| 4<br>5  | Bankstown Sports. 5<br>Western Suburbs. 20   | <br><br>   | 52.93<br>52.93<br>53.38  |            |
| 4<br>5<br>6   | Bankstown Sports, 5<br>Western Suburbs, 20<br>Hills District, 15   | <br><br>   | 52.93<br>52.93<br>53.38<br>53.47   |            |
| 4<br>5<br>6<br>7  | Bankstown Sports, 5<br>Western Suburbs, 20<br>Hills District, 15<br>Rvde, 38   | <br><br><br>   | 52.93<br>52.93<br>53.38<br>53.47<br>53.52  |            |
| 4<br>5<br>6<br>7<br>8   | Bankstown Sports, 5<br>Western Suburbs, 20<br>Hills District, 15<br>Rvde, 38<br>Tallawong Park, 139  | <br><br><br><br>   | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88   |            |
| 4<br>5<br>6<br>7  | Bankstown Sports, 5<br>Western Suburbs, 20<br>Hills District, 15<br>Rvde, 38   | <br><br><br><br><br>   | 52.93<br>52.93<br>53.38<br>53.47<br>53.52  |            |
| 4<br>5<br>6<br>7<br>8<br>9  | Bankstown Sports, 5<br>Western Suburbs, 20<br>Hills District, 15<br>Rvde, 38<br>Tallawong Park, 139  | <br><br><br><br><br>   | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88   |            |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b>  | Bankstown Sports, 5<br>Western Suburbs, 20<br>Hills District, 15<br>Rvde, 38<br>Tallawong Park, 139<br>Campbelltown, 36<br>U 14 - 100 Metre x 4  | <br><br><br><br><br><br>./2010 Northern Suburbs,             | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88   |            |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b>  | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36 U 14 - 100 Metre x 4 ecord Elect: 49.83 E 28/11   | <br><br><br><br><br><br>/2010 Northern Suburbs,              | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88   |            |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>Re  | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36 EU 14 - 100 Metre x 4 Pecord Elect: 49.83 E 28/11 Heats   | <br><br><br><br><br><br>/2010 Northern Suburbs,              | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02  |            |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>Re<br>Heat  | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36 EU 14 - 100 Metre x 4 Pecord Elect: 49.83 E 28/11 Heats Hills District, 15  | <br><br><br><br><br><br>/2010 Northern Suburbs,              | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02  |            |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>Re<br>Heat 3  | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36 U 14 - 100 Metre x 4 ecord Elect: 49.83 E 28/11 Heats Hills District, 15 Port Hacking, 110  | <br><br><br><br><br><br>./2010 Northern Suburbs,<br>         | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02  |            |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>Re<br>Heat:   | Bankstown Sports. 5 Western Suburbs. 20 Hills District. 15 Rvde. 38 Tallawong Park. 139 Campbelltown. 36 E U 14 - 100 Metre x 4 Ecord Elect: 49.83 E 28/11 Heats Hills District. 15 Port Hacking. 110 Sutherland. 11   | <br><br><br><br><br><br>./2010 Northern Suburbs,<br><br>     | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02  |            |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>Re<br>Heat :  | Bankstown Sports. 5 Western Suburbs. 20 Hills District. 15 Rvde. 38 Tallawong Park. 139 Campbelltown. 36  U 14 - 100 Metre x 4 ecord Elect: 49.83 E 28/11 Heats Hills District. 15 Port Hacking. 110 Sutherland. 11 Campbelltown. 36   | <br><br><br><br><br><br>/2010 Northern Suburbs,<br><br>      | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02<br>52.12 Q<br>52.80 q<br>53.07 q<br>53.38 q  |            |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>Re<br>Heat :  | Bankstown Sports. 5 Western Suburbs. 20 Hills District. 15 Rvde. 38 Tallawong Park. 139 Campbelltown. 36  U 14 - 100 Metre x 4 ecord Elect: 49.83 E 28/11 Heats Hills District. 15 Port Hacking. 110 Sutherland. 11 Campbelltown. 36 Northern Suburbs. 54  | <br><br><br><br><br><br>./2010 Northern Suburbs,<br><br><br> | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02<br>52.12 Q<br>52.80 q<br>53.07 q<br>53.38 q<br>54.61 q   |            |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>Re<br>Heat :<br>1<br>2<br>3<br>4<br>5<br>6  | Bankstown Sports. 5 Western Suburbs. 20 Hills District. 15 Rvde. 38 Tallawong Park. 139 Campbelltown. 36  U 14 - 100 Metre x 4 ecord Elect: 49.83 E 28/11 Heats Hills District. 15 Port Hacking. 110 Sutherland. 11 Campbelltown. 36 Northern Suburbs. 54 Quakers Hill. 199  | /2010 Northern Suburbs,                                      | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02<br>52.80 q<br>53.07 q<br>53.38 q<br>54.61 q<br>1:02.51   | JAAS 170 7 |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6  | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36 <b>U 14 - 100 Metre x 4</b> ecord Elect: 49.83 E 28/11  1 Heats Hills District, 15 Port Hacking, 110 Sutherland, 11 Campbelltown, 36 Northern Suburbs, 54 Quakers Hill, 199 Manly Warringah, 3  | /2010 Northern Suburbs,                                      | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02<br>52.12 Q<br>52.80 q<br>53.07 q<br>53.38 q<br>54.61 q   | IAAF 170.7 |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>Re<br>Heat :  | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36 <b>U 14 - 100 Metre x 4</b> ecord Elect: 49.83 E 28/11  1 Heats Hills District, 15 Port Hacking, 110 Sutherland, 11 Campbelltown, 36 Northern Suburbs, 54 Quakers Hill, 199 Manly Warringah, 3  2 Heats   | /2010 Northern Suburbs,                                      | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02<br>52.12 Q<br>52.80 q<br>53.07 q<br>53.38 q<br>54.61 q<br>1:02.51<br>DQ  | IAAF 170.7 |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>Heat :  | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36  I U 14 - 100 Metre x 4 Pecord Elect: 49.83 E 28/11 Heats Hills District, 15 Port Hacking, 110 Sutherland, 11 Campbelltown, 36 Northern Suburbs, 54 Quakers Hill, 199 Manly Warringah, 3 Heats Randwick Botany, 1   | /2010 Northern Suburbs,                                      | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02<br>52.12 Q<br>52.80 q<br>53.07 q<br>53.38 q<br>54.61 q<br>1:02.51<br>DQ  | IAAF 170.7 |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>Re<br>Heat 3<br>4<br>5<br>6<br><br>Heat 3   | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36  EU 14 - 100 Metre x 4 Pecord Elect: 49.83 E 28/11 Heats Hills District, 15 Port Hacking, 110 Sutherland, 11 Campbelltown, 36 Northern Suburbs, 54 Quakers Hill, 199 Manly Warringah, 3 Heats Randwick Botany, 1 Albion Park, 71  | /2010 Northern Suburbs,                                      | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02<br>52.12 Q<br>52.80 q<br>53.07 q<br>53.38 q<br>54.61 q<br>1:02.51<br>DQ  | IAAF 170.7 |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br><br><b>Heat</b> 3                                     | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36  U 14 - 100 Metre x 4 ecord Elect: 49.83 E 28/11 1 Heats Hills District, 15 Port Hacking, 110 Sutherland, 11 Campbelltown, 36 Northern Suburbs, 54 Quakers Hill, 199 Manly Warringah, 3 2 Heats Randwick Botany, 1 Albion Park, 71 Helensburgh, 44  |  | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02<br>52.12 Q<br>52.80 q<br>53.07 q<br>53.38 q<br>54.61 q<br>1:02.51<br>DQ<br>52.39 Q<br>53.51 q<br>56.34 q                       | IAAF 170.7 |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br><br><b>Heat</b> 3                                     | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36  U 14 - 100 Metre x 4 Pecord Elect: 49.83 E 28/11 Heats Hills District, 15 Port Hacking, 110 Sutherland, 11 Campbelltown, 36 Northern Suburbs, 54 Quakers Hill, 199 Manly Warringah, 3 Heats Randwick Botany, 1 Albion Park, 71 Helensburgh, 44 Kings Langley, 53   |  | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02<br>52.12 Q<br>52.80 q<br>53.07 q<br>53.38 q<br>54.61 q<br>1:02.51 DQ<br>52.39 Q<br>53.51 q<br>56.34 q<br>57.39 q               | IAAF 170.7 |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br><br>Heat 3  | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36  U 14 - 100 Metre x 4 Pecord Elect: 49.83 E 28/11 Heats Hills District, 15 Port Hacking, 110 Sutherland, 11 Campbelltown, 36 Northern Suburbs, 54 Quakers Hill, 199 Manly Warringah, 3 Heats Randwick Botany, 1 Albion Park, 71 Helensburgh, 44 Kings Langley, 53 Mosman, 19  |  | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02<br>52.12 Q<br>52.80 q<br>53.07 q<br>53.38 q<br>54.61 q<br>1:02.51<br>DQ<br>52.39 Q<br>53.51 q<br>56.34 q<br>57.39 q<br>1:01.26 | IAAF 170.7 |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br><br><b>Heat</b> 3                                     | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36  U 14 - 100 Metre x 4 Pecord Elect: 49.83 E 28/11 Heats Hills District, 15 Port Hacking, 110 Sutherland, 11 Campbelltown, 36 Northern Suburbs, 54 Quakers Hill, 199 Manly Warringah, 3 Heats Randwick Botany, 1 Albion Park, 71 Helensburgh, 44 Kings Langley, 53   |  | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02<br>52.12 Q<br>52.80 q<br>53.07 q<br>53.38 q<br>54.61 q<br>1:02.51 DQ<br>52.39 Q<br>53.51 q<br>56.34 q<br>57.39 q               | IAAF 170.7 |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br><br>Heat 3  | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36  U 14 - 100 Metre x 4 Pecord Elect: 49.83 E 28/11 Heats Hills District, 15 Port Hacking, 110 Sutherland, 11 Campbelltown, 36 Northern Suburbs, 54 Quakers Hill, 199 Manly Warringah, 3 Heats Randwick Botany, 1 Albion Park, 71 Helensburgh, 44 Kings Langley, 53 Mosman, 19  |  | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02<br>52.12 Q<br>52.80 q<br>53.07 q<br>53.38 q<br>54.61 q<br>1:02.51<br>DQ<br>52.39 Q<br>53.51 q<br>56.34 q<br>57.39 q<br>1:01.26 | IAAF 170.7 |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br><br>1<br>2<br>3<br>4<br>5<br>6<br><br>5<br>6<br><br>7 | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36  I U 14 - 100 Metre x 4 Pecord Elect: 49.83 E 28/11 Heats Hills District, 15 Port Hacking, 110 Sutherland, 11 Campbelltown, 36 Northern Suburbs, 54 Quakers Hill, 199 Manly Warringah, 3 Heats Randwick Botany, 1 Albion Park, 71 Helensburgh, 44 Kings Langley, 53 Mosman, 19 Cherrybrook, 219                     |  | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02<br>52.80 q<br>53.07 q<br>53.38 q<br>54.61 q<br>1:02.51 DQ<br>52.39 Q<br>53.51 q<br>56.34 q<br>57.39 q<br>1:01.26<br>1:01.89    | IAAF 170.7 |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br><br>Heat 3<br>4<br>5<br>6<br><b>FINAL</b>             | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36  I U 14 - 100 Metre x 4 Pecord Elect: 49.83 E 28/11 Heats Hills District, 15 Port Hacking, 110 Sutherland, 11 Campbelltown, 36 Northern Suburbs, 54 Quakers Hill, 199 Manly Warringah, 3 Heats Randwick Botany, 1 Albion Park, 71 Helensburgh, 44 Kings Langley, 53 Mosman, 19 Cherrybrook, 219  Randwick Botany, 1 |  | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02<br>52.80 q<br>53.07 q<br>53.38 q<br>54.61 q<br>1:02.51 DQ<br>52.39 Q<br>53.51 q<br>56.34 q<br>57.39 q<br>1:01.26<br>1:01.89    | IAAF 170.7 |
| 4<br>5<br>6<br>7<br>8<br>9<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br><br>1<br>2<br>3<br>4<br>5<br>6<br><br>5<br>6<br><br>7 | Bankstown Sports, 5 Western Suburbs, 20 Hills District, 15 Rvde, 38 Tallawong Park, 139 Campbelltown, 36  I U 14 - 100 Metre x 4 Pecord Elect: 49.83 E 28/11 Heats Hills District, 15 Port Hacking, 110 Sutherland, 11 Campbelltown, 36 Northern Suburbs, 54 Quakers Hill, 199 Manly Warringah, 3 Heats Randwick Botany, 1 Albion Park, 71 Helensburgh, 44 Kings Langley, 53 Mosman, 19 Cherrybrook, 219                     |  | 52.93<br>52.93<br>53.38<br>53.47<br>53.52<br>56.88<br>57.02<br>52.80 q<br>53.07 q<br>53.38 q<br>54.61 q<br>1:02.51 DQ<br>52.39 Q<br>53.51 q<br>56.34 q<br>57.39 q<br>1:01.26<br>1:01.89    | IAAF 170.7 |

| 4                 | Port Hacking, 110                       |                   | 53.41                |            |
|-------------------|---|-------------------|----------------------|------------|
| 5<br>6            | Sutherland, 11<br>Campbelltown, 36      | <del></del>       | 53.80<br>54.02       |            |
| 7                 | Helensburgh, 44                         |                   | 55.26                |            |
| 8                 | Northern Suburbs. 54                    |                   | 56.10                |            |
| 9                 | Kings Langley, 53                       |                   | 57.39                |            |
| Girls             | s U 15 - 100 Metre x 4                  |                   |                      |            |
|                   | ecord Elect: 48.62 E 27/11/2011         | Northern Suburbs, |                      |            |
| Heat              | 1 Heats                                 |                   |                      |            |
| 1                 | Manly Warringah, 3                      |                   | 49.09 Q              |            |
| 2                 | St George, 9                            |                   | 54.75 q              |            |
|                   | Albion Park, 71                         |                   | 56.44 q              |            |
| Lost              | Winston Hills. 76<br><b>2 Heats</b>     |                   | DQ                   | IAAF 170.6 |
| пеа <b>с</b><br>1 | Camden. 61                              |                   | E1 11 O              |            |
| 2                 | Sutherland, 11                          |                   | 51.11 Q<br>52.32 q   |            |
| 3                 | Campbelltown, 36                        |                   | 52.93 q              |            |
| 4                 | Northern Suburbs, 54                    |                   | 53.84 q              |            |
| 5                 | Hills District. 15                      |                   | 53.90 q              |            |
| 6                 | Quakers Hill, 199                       |                   | 56.37 q              |            |
| FINAL             |   |                   |                      |            |
| 1                 | Manly Warringah, 3                      |                   | 49.20                |            |
| 2<br>3            | Camden, 61<br>Sutherland, 11            | <b></b>           | 51.47<br>52.19       |            |
| 4                 | Campbelltown, 36                        |                   | 53.01                |            |
| 5                 | Hills District, 15                      |                   | 53.63                |            |
| 6                 | Northern Suburbs, 54                    |                   | 54.60                |            |
| 7                 | St George, 9                            |                   | 56.04                |            |
| 8<br>9            | Albion Park, 71<br>Quakers Hill, 199    |                   | 56.26<br>58.41       |            |
| •                 |   | <b></b>           | 38.41                |            |
|                   | U 17 - 100 Metre x 4                    |                   |                      |            |
|                   | 1 Heats                                 |                   |                      |            |
| 1                 | Northern Suburbs, 54                    |                   | 51.56 Q              |            |
| 2<br>3            | Randwick Botanv. 1<br>Ku-Ring-Gai. 84   |                   | 51.70 q<br>51.82 q   |            |
| 4                 | Manly Warringah, 3                      |                   | 52.74 q              |            |
| 5                 | Mt Druitt, 119                          |                   | 56.87 q              |            |
|                   | 2 Heats                                 |                   |                      |            |
| 1                 | Camden, 61                              |                   | 50.45 Q              |            |
| 2                 | Mosman, 19<br>Winston Hills. 76         |                   | 53.70 q<br>53.75 q   |            |
| 3<br>4            | Campbelltown, 36                        |                   | 54.13 q              |            |
| FINAL             |   |                   | 313                  |            |
| 1                 | Camden, 61                              |                   | 50.00                | RECORD     |
| 2                 | Randwick Botany, 1                      |                   | 50.97                | RECORD     |
| 3                 | Northern Suburbs, 54                    |                   | 51.25                |            |
| 4                 | Ku-Ring-Gai, 84                         |                   | 51.94                |            |
| 5                 | Mosman, 19                              |                   | 53.00                |            |
| 6<br>7            | Manly Warringah, 3<br>Winston Hills, 76 |                   | 53.35<br>53.83       |            |
| 8                 | Campbelltown, 36                        |                   | 54.48                |            |
| 9                 | Mt Druitt, 119                          |                   | 57.57                |            |
| Girls             | SU8-4x Long Jump                        |                   |                      |            |
| <b>U</b>          | Record: 27.67m R 26/11/2010             | Port Hacking,     |                      |            |
| 1                 | Ku-Ring-Gai, 84                         |                   | 2858 pts             | RECORD     |
| 2                 | Bankstown Sports, 5                     |                   | 2594 pts             |            |
| 3                 | Northern Suburbs. 54                    |                   | 2462 pts             |            |
| 4                 | Manly Warringah, 3                      |                   | 2411 pts             |            |
| 5<br>6            | Hills District, 15<br>Campbelltown, 36  |                   | 2288 pts<br>2258 pts |            |
| 7                 | Northern Districts. 157                 |                   | 2191 pts             |            |
| 8                 | Rouse Hill Rams, 248                    |                   | <b>2165</b> pts      |            |
| 9                 | Winston Hills, 76                       |                   | 2140 pts             |            |
| 10                | Parramatta, 7                           |                   | <b>2106</b> pts      |            |

| 11   | Cherrybrook, 219  |            |                    | 2079 pts  |
|--|---|------------|--------------------|---|
| 12   | Western Suburbs, 20   |            |                    | 1893 pts  |
| 13   | Colvton/St Clair, 151   |            |                    | 1796 pts  |
| 14   | Kings Langley, 53   |            |                    | 1725 pts  |
| 15   | Quakers Hill, 199   |            |                    | 1543 pts  |
| 16   | Randwick Botany, 1  |            |                    | 1271 pts  |
|  |   |            |                    | 12,1  |
| Girls  | U 9 - 4 x Long Jump   |            |                    |   |
|  | Record: 29.99m R  | 28/11/2009 | Ku-Ring-Gai,       |   |
| 1  | Ku-Ring-Gai, 84   |            |                    | 2866 pts  |
| 2  | Macquarie Hunter, 96  |            |                    | 2858 pts  |
| 3  | Northern Districts. 157   |            |                    | 2645 pts  |
| 4  | Northern Suburbs, 54  |            |                    | 2549 pts  |
| 5  | Randwick Botany, 1  |            |                    | 2530 pts  |
| 6  | Manly Warringah, 3  |            |                    | 2496 pts  |
| 7  | Parramatta. 7   |            |                    | 2395 pts  |
| 8  | Doonside, 140   |            |                    | 2392 pts  |
| 9  | Campbelltown, 36  |            |                    | 2304 pts  |
| 10   | Hills District, 15  |            |                    | 2244 pts  |
| 11   | Rouse Hill Rams. 248  |            |                    | 2147 pts  |
| 12   | Cherrybrook, 219  |            |                    | 1914 pts  |
| 13   | Western Suburbs, 20   |            |                    | 1764 pts  |
| Girls  | II 10 Long/High   |            |                    |   |
| GIIIS  | U 10 - Long/High  | 20/11/2000 | Danilatarus Coasta |   |
|  | Record: 31.40m R  | 28/11/2009 | Bankstown Sports,  |   |
| 1  | Northern Districts, 157   |            |                    | 3030 pts  |
| 2  | Northern Suburbs, 54  |            |                    | 3026 pts  |
| 3  | Cherrybrook, 219  |            |                    | 2988 pts  |
| 4  | Hills District, 15  |            |                    | 2836 pts  |
| 5  | Port Hacking, 110   |            |                    | 2768 pts  |
| 6  | Parramatta, 7   |            |                    | 2742 pts  |
| 7  | Manly Warringah, 3  |            |                    | 2708 pts  |
| 8  | Balmain, 17   |            |                    | 2619 pts  |
| 9  | Winston Hills. 76   |            |                    | 2612 pts  |
|  | V. Din - Cai 04   |            |                    |   |
| 10   | Ku-Ring-Gai, 84   |            |                    | 2570 pts  |
| 10<br>11   | Girraween, 51   |            |                    | 2570 pts<br>2529 pts  |
| 10<br>11<br>12   | Girraween, 51<br>Bankstown Sports, 5  |            | <br><br>           | 2570 pts<br>2529 pts<br>2508 pts  |
| 10<br>11<br>12<br>13   | Girraween, 51<br>Bankstown Sports, 5<br>Rouse Hill Rams, 248  |            | <br><br>           | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts  |
| 10<br>11<br>12<br>13<br>14   | Girraween. 51<br>Bankstown Sports. 5<br>Rouse Hill Rams. 248<br>Western Suburbs. 20   |            | <br><br><br>       | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts  |
| 10<br>11<br>12<br>13   | Girraween, 51<br>Bankstown Sports, 5<br>Rouse Hill Rams, 248  |            | <br><br><br>       | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts  |
| 10<br>11<br>12<br>13<br>14<br>15   | Girraween. 51<br>Bankstown Sports. 5<br>Rouse Hill Rams. 248<br>Western Suburbs. 20   |            | <br><br><br>       | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts  |
| 10<br>11<br>12<br>13<br>14<br>15   | Girraween, 51<br>Bankstown Sports, 5<br>Rouse Hill Rams, 248<br>Western Suburbs, 20<br>Randwick Botany, 1   | 26/11/2010 |                    | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b>   | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1 U 11 - Long/High Record: 32.80m R   | 26/11/2010 |                    | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts<br>1768 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b>   | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1 U 11 - Long/High Record: 32.80m R Northern Suburbs, 54  | 26/11/2010 |                    | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts<br>1768 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b>   | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1 U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3   | 26/11/2010 |                    | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts<br>1768 pts<br>3207 pts<br>3080 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b>   | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1 U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langley, 53   | 26/11/2010 |                    | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts<br>1768 pts<br>3207 pts<br>3080 pts<br>2633 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4   | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1 U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langley, 53 Rouse Hill Rams, 248  | 26/11/2010 |                    | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts<br>1768 pts<br>3207 pts<br>3080 pts<br>2633 pts<br>2520 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b>   | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1 U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langley, 53   | 26/11/2010 |                    | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts<br>1768 pts<br>3207 pts<br>3080 pts<br>2633 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6   | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1 U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157  | 26/11/2010 |                    | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts<br>1768 pts<br>3207 pts<br>3080 pts<br>2633 pts<br>2520 pts<br>2492 pts<br>2485 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5  | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1 U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157 Winston Hills, 76  | 26/11/2010 |                    | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts<br>1768 pts<br>3207 pts<br>3080 pts<br>2633 pts<br>2520 pts<br>2492 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7  | Girraween. 51 Bankstown Sports. 5 Rouse Hill Rams. 248 Western Suburbs. 20 Randwick Botanv. 1 U 11 - Long/High Record: 32.80m R Northern Suburbs. 54 Manly Warringah. 3 Kings Langlev. 53 Rouse Hill Rams. 248 Northern Districts. 157 Winston Hills. 76 Ku-Ring-Gai, 84  | 26/11/2010 |                    | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts<br>1768 pts<br>3207 pts<br>3080 pts<br>2633 pts<br>2520 pts<br>2492 pts<br>2485 pts<br>2036 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8   | Girraween. 51 Bankstown Sports. 5 Rouse Hill Rams. 248 Western Suburbs. 20 Randwick Botanv. 1 U 11 - Long/High Record: 32.80m R Northern Suburbs. 54 Manly Warringah. 3 Kings Langlev. 53 Rouse Hill Rams. 248 Northern Districts. 157 Winston Hills. 76 Ku-Ring-Gai. 84 Randwick Botanv. 1   | 26/11/2010 |                    | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts<br>1768 pts<br>3207 pts<br>3080 pts<br>2633 pts<br>2520 pts<br>2492 pts<br>2485 pts<br>2036 pts<br>1750 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10  | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1 U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157 Winston Hills, 76 Ku-Ring-Gai, 84 Randwick Botanv, 1 Hills District, 15 Western Suburbs, 20  | 26/11/2010 |                    | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts<br>1768 pts<br>3207 pts<br>3080 pts<br>2633 pts<br>2520 pts<br>2492 pts<br>2485 pts<br>2036 pts<br>1750 pts<br>1739 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10  | Girraween. 51 Bankstown Sports. 5 Rouse Hill Rams. 248 Western Suburbs. 20 Randwick Botanv. 1  U 11 - Long/High Record: 32.80m R Northern Suburbs. 54 Manly Warringah. 3 Kings Langlev. 53 Rouse Hill Rams. 248 Northern Districts. 157 Winston Hills. 76 Ku-Ring-Gai. 84 Randwick Botanv. 1 Hills District. 15 Western Suburbs. 20  U 12 - Long/High   |            | Western Suburbs,   | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts<br>1768 pts<br>3207 pts<br>3080 pts<br>2633 pts<br>2520 pts<br>2492 pts<br>2485 pts<br>2036 pts<br>1750 pts<br>1739 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10  | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1  U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157 Winston Hills, 76 Ku-Ring-Gai, 84 Randwick Botanv, 1 Hills District, 15 Western Suburbs, 20  U 12 - Long/High Record: 31.59m R  | 26/11/2010 |                    | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts<br>1768 pts<br>3207 pts<br>3080 pts<br>2633 pts<br>2520 pts<br>2492 pts<br>2485 pts<br>2036 pts<br>1750 pts<br>1739 pts<br>907 pts   |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br><b>Girls</b>  | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1  U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157 Winston Hills, 76 Ku-Ring-Gai, 84 Randwick Botanv, 1 Hills District, 15 Western Suburbs, 20  U 12 - Long/High Record: 31.59m R Randwick Botanv, 1   |            | Western Suburbs,   | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts<br>1768 pts<br>3207 pts<br>3080 pts<br>2633 pts<br>2520 pts<br>2492 pts<br>2485 pts<br>2036 pts<br>1750 pts<br>1739 pts<br>907 pts   |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br><b>Girls</b>  | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1  U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157 Winston Hills, 76 Ku-Ring-Gai, 84 Randwick Botanv, 1 Hills District, 15 Western Suburbs, 20  U 12 - Long/High Record: 31.59m R Randwick Botanv, 1 Ku-Ring-Gai, 84   |            | Western Suburbs,   | 2570 pts<br>2529 pts<br>2508 pts<br>2472 pts<br>1810 pts<br>1768 pts<br>3207 pts<br>3080 pts<br>2633 pts<br>2520 pts<br>2492 pts<br>2485 pts<br>2036 pts<br>1750 pts<br>1739 pts<br>907 pts   |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br><b>Girls</b>  | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1  U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157 Winston Hills, 76 Ku-Ring-Gai, 84 Randwick Botanv, 1 Hills District, 15 Western Suburbs, 20  U 12 - Long/High Record: 31.59m R Randwick Botanv, 1 Ku-Ring-Gai, 84 Rvde, 38  |            | Western Suburbs,   | 2570 pts 2529 pts 2508 pts 2472 pts 1810 pts 1768 pts 3207 pts 3080 pts 2633 pts 2520 pts 2492 pts 2485 pts 2036 pts 1750 pts 1739 pts 907 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br><b>Girls</b>  | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1 U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157 Winston Hills, 76 Ku-Ring-Gai, 84 Randwick Botanv, 1 Hills District, 15 Western Suburbs, 20 U 12 - Long/High Record: 31.59m R Randwick Botanv, 1 Ku-Ring-Gai, 84 Rvde, 38 Western Suburbs, 20  |            | Western Suburbs,   | 2570 pts 2529 pts 2508 pts 2472 pts 1810 pts 1768 pts 3207 pts 3080 pts 2633 pts 2520 pts 2492 pts 2485 pts 2036 pts 1750 pts 1739 pts 907 pts 3034 pts 2930 pts 2871 pts 2848 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br><b>Girls</b>  | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1 U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157 Winston Hills, 76 Ku-Ring-Gai, 84 Randwick Botanv, 1 Hills District, 15 Western Suburbs, 20 U 12 - Long/High Record: 31.59m R Randwick Botanv, 1 Ku-Ring-Gai, 84 Rvde, 38 Western Suburbs, 20 Northern Suburbs, 54   |            | Western Suburbs,   | 2570 pts 2529 pts 2528 pts 2472 pts 1810 pts 1768 pts 3207 pts 3080 pts 2633 pts 2520 pts 2492 pts 2485 pts 2036 pts 1750 pts 1750 pts 1739 pts 907 pts 3034 pts 2930 pts 2871 pts 2848 pts 2602 pts  |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br><b>Girls</b>  | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1  U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manlv Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157 Winston Hills, 76 Ku-Ring-Gai, 84 Randwick Botanv, 1 Hills District, 15 Western Suburbs, 20  U 12 - Long/High Record: 31.59m R Randwick Botanv, 1 Ku-Ring-Gai, 84 Rvde, 38 Western Suburbs, 20 Northern Suburbs, 54 Bankstown Sports, 5   |            | Western Suburbs,   | 2570 pts 2529 pts 2528 pts 2508 pts 2472 pts 1810 pts 1768 pts 3080 pts 2633 pts 2520 pts 2492 pts 2485 pts 2036 pts 1750 pts 1750 pts 1739 pts 907 pts 3034 pts 2930 pts 2871 pts 2848 pts 2602 pts 2692 pts                                     |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7   | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1  U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manlv Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157 Winston Hills, 76 Ku-Ring-Gai, 84 Randwick Botanv, 1 Hills District, 15 Western Suburbs, 20  U 12 - Long/High Record: 31.59m R Randwick Botanv, 1 Ku-Ring-Gai, 84 Rvde, 38 Western Suburbs, 20 Northern Suburbs, 20 Northern Suburbs, 54 Bankstown Sports, 5 Hornsby, 4   |            | Western Suburbs,   | 2570 pts 2529 pts 2528 pts 2472 pts 1810 pts 1768 pts 3207 pts 3080 pts 2633 pts 2520 pts 2492 pts 2485 pts 2036 pts 1750 pts 1750 pts 1739 pts 907 pts 3034 pts 2930 pts 2871 pts 2848 pts 2602 pts 2592 pts 2434 pts                            |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>8  | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1  U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manlv Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157 Winston Hills, 76 Ku-Ring-Gai, 84 Randwick Botanv, 1 Hills District, 15 Western Suburbs, 20  U 12 - Long/High Record: 31.59m R Randwick Botanv, 1 Ku-Ring-Gai, 84 Rvde, 38 Western Suburbs, 20 Northern Suburbs, 54 Bankstown Sports, 5 Hornsby, 4 Port Hacking, 110  |            | Western Suburbs,   | 2570 pts 2529 pts 2528 pts 2472 pts 1810 pts 1768 pts 3207 pts 3080 pts 2633 pts 2520 pts 2492 pts 2485 pts 2036 pts 1750 pts 1739 pts 907 pts 3034 pts 2930 pts 2871 pts 2848 pts 2602 pts 2434 pts 2388 pts                                     |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>9  | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1  U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157 Winston Hills, 76 Ku-Ring-Gai, 84 Randwick Botanv, 1 Hills District, 15 Western Suburbs, 20  U 12 - Long/High Record: 31.59m R Randwick Botanv, 1 Ku-Ring-Gai, 84 Rvde, 38 Western Suburbs, 20 Northern Suburbs, 20 Northern Suburbs, 54 Bankstown Sports, 5 Hornsbv, 4 Port Hacking, 110 Orange, 78                                      |            | Western Suburbs,   | 2570 pts 2529 pts 2528 pts 2472 pts 1810 pts 1768 pts 3207 pts 3080 pts 2633 pts 2520 pts 2492 pts 2485 pts 2036 pts 1750 pts 1739 pts 907 pts 3034 pts 2930 pts 2871 pts 2848 pts 2602 pts 2434 pts 2388 pts 2364 pts                            |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10   | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1  U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157 Winston Hills, 76 Ku-Ring-Gai, 84 Randwick Botanv, 1 Hills District, 15 Western Suburbs, 20  U 12 - Long/High Record: 31.59m R Randwick Botanv, 1 Ku-Ring-Gai, 84 Rvde, 38 Western Suburbs, 20 Northern Suburbs, 20 Northern Suburbs, 54 Bankstown Sports, 5 Hornsby, 4 Port Hacking, 110 Orange, 78 Manly Warringah, 3                   |            | Western Suburbs,   | 2570 pts 2529 pts 2508 pts 2472 pts 1810 pts 1768 pts 3207 pts 3080 pts 2633 pts 2520 pts 2492 pts 2485 pts 2036 pts 1750 pts 1739 pts 907 pts 3034 pts 2930 pts 2871 pts 2848 pts 2602 pts 2434 pts 2388 pts 2364 pts 2364 pts 2364 pts 2364 pts |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>10<br>10<br>10<br>10<br>10<br>10<br>10<br>10<br>10<br>10<br>10<br>10 | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1  U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157 Winston Hills, 76 Ku-Ring-Gai, 84 Randwick Botanv, 1 Hills District, 15 Western Suburbs, 20  U 12 - Long/High Record: 31.59m R Randwick Botanv, 1 Ku-Ring-Gai, 84 Rvde, 38 Western Suburbs, 20 Northern Suburbs, 20 Northern Suburbs, 54 Bankstown Sports, 5 Hornsby, 4 Port Hacking, 110 Orange, 78 Manly Warringah, 3 Winston Hills, 76 |            | Western Suburbs,   | 2570 pts 2529 pts 2508 pts 2472 pts 1810 pts 1768 pts 3207 pts 3080 pts 2633 pts 2520 pts 2492 pts 2485 pts 2036 pts 1750 pts 1739 pts 907 pts 3034 pts 2930 pts 2871 pts 2848 pts 2602 pts 2434 pts 2388 pts 2364 pts 2185 pts 2166 pts          |
| 10<br>11<br>12<br>13<br>14<br>15<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10   | Girraween, 51 Bankstown Sports, 5 Rouse Hill Rams, 248 Western Suburbs, 20 Randwick Botanv, 1  U 11 - Long/High Record: 32.80m R Northern Suburbs, 54 Manly Warringah, 3 Kings Langlev, 53 Rouse Hill Rams, 248 Northern Districts, 157 Winston Hills, 76 Ku-Ring-Gai, 84 Randwick Botanv, 1 Hills District, 15 Western Suburbs, 20  U 12 - Long/High Record: 31.59m R Randwick Botanv, 1 Ku-Ring-Gai, 84 Rvde, 38 Western Suburbs, 20 Northern Suburbs, 20 Northern Suburbs, 54 Bankstown Sports, 5 Hornsby, 4 Port Hacking, 110 Orange, 78 Manly Warringah, 3                   |            | Western Suburbs,   | 2570 pts 2529 pts 2508 pts 2472 pts 1810 pts 1768 pts 3207 pts 3080 pts 2633 pts 2520 pts 2492 pts 2485 pts 2036 pts 1750 pts 1739 pts 907 pts 3034 pts 2930 pts 2871 pts 2848 pts 2602 pts 2434 pts 2388 pts 2364 pts 2364 pts 2364 pts 2364 pts |

| 14            | Cherrybrook, 219                          |            |                   | 1165 pts             |        |
|---------------|---|------------|-------------------|----------------------|--------|
| 15            | Campbelltown, 36                          |            |                   | 1150 pts             |        |
| Girls         | U 13 - Long/High<br>Record: 29.09m R      | 27/11/2010 | Manly Warringah,  |                      |        |
| 1             | Western Suburbs, 20                       |            |                   | 2863 pts             |        |
| 2             | Rvde, 38                                  |            |                   | 2834 pts             |        |
| 3             | Manly Warringah, 3                        |            |                   | <b>2721</b> pts      |        |
| 4             | Campbelltown, 36                          |            |                   | 2629 pts             |        |
| 5             | Ku-Ring-Gai, 84                           |            |                   | 2627 pts             |        |
| 6             | Winston Hills, 76                         |            |                   | 2528 pts             |        |
| 7             | Illawong. 70                              |            |                   | 2464 pts             |        |
| 8<br>9        | Northern Suburbs, 54                      |            |                   | 2428 pts             |        |
| 10            | Hills District, 15<br>Doonside, 140       |            |                   | 2393 pts<br>2351 pts |        |
| 11            | Tallawong Park. 139                       |            |                   | 2310 pts             |        |
| 12            | Quakers Hill, 199                         |            |                   | 2268 pts             |        |
| 13            | Bankstown Sports, 5                       |            |                   | 2234 pts             |        |
| 14            | Bathurst, 59                              |            |                   | <b>2204</b> pts      |        |
| 15            | Randwick Botanv. 1                        |            |                   | <b>21</b> 56 pts     |        |
| 16            | Sutherland, 11                            |            |                   | <b>2132</b> pts      |        |
| 17            | Northern Districts, 157                   |            |                   | 1797 pts             |        |
| 18            | Parramatta, 7                             |            |                   | 1783 pts             |        |
| 19            | Camden, 61                                |            |                   | 1778 pts             |        |
| Girls         | U 14 - Long/High<br>Record: 30.87m R      | 27/11/2011 | Manly Marringah   |                      |        |
| 4             |   | 27/11/2011 | Manly Warringah,  | 2245 pts             | DECORD |
| 1<br>2        | Manly Warringah, 3                        |            |                   | 3245 pts             | RECORD |
| 3             | Bankstown Sports, 5<br>Randwick Botany, 1 |            |                   | 3026 pts<br>2984 pts |        |
| 4             | Sutherland, 11                            |            |                   | 2984 pts<br>2875 pts |        |
| 5             | Blacktown, 8                              |            |                   | 2641 pts             |        |
| 6             | Orange, 78                                |            |                   | 2621 pts             |        |
| 7             | Northern Suburbs. 54                      |            |                   | 2596 pts             |        |
| 8             | Albion Park, 71                           |            |                   | 2307 pts             |        |
| 9             | Rouse Hill Rams, 248                      |            |                   | <b>2134</b> pts      |        |
| 10            | Northern Districts, 157                   |            |                   | 1877 pts             |        |
| 11            | Campbelltown, 36                          |            |                   | 1219 pts             |        |
| Girls         | U 15 - Long/High<br>Record: 32.45m R      | 27/11/2011 | Northern Suburbs, |                      |        |
| 1             | Hills District, 15                        | _,,,       |                   | 3082 pts             |        |
| 2             | Manly Warringah. 3                        |            |                   | 3063 pts             |        |
| 3             | Parramatta, 7                             |            |                   | 2789 pts             |        |
| 4             | Northern Suburbs, 54                      |            |                   | 2722 pts             |        |
| 5             | Ku-Ring-Gai, 84                           |            |                   | 2506 pts             |        |
| 6             | Quakers Hill, 199                         |            |                   | 2268 pts             |        |
| 7             | Winston Hills. 76                         |            |                   | 927 pts              |        |
| Girls         | U 17 - Long/High                          |            |                   |                      |        |
|               | Record: 30.78m R                          | 27/11/2011 | Northern Suburbs, |                      |        |
| 1             | Northern Suburbs, 54                      |            |                   | 2634 pts             |        |
| 2             | Randwick Botany. 1                        |            |                   | 2606 pts             |        |
| 3             | Manly Warringah, 3                        |            |                   | 2566 pts             |        |
| 4             | Bankstown Sports, 5                       |            |                   | 2504 pts             |        |
| 5             | Northern Districts, 157                   |            |                   | 2445 pts             |        |
| 6<br>7        | Rvde. 38<br>Winston Hills, 76             |            | <b></b>           | 2351 pts<br>2223 pts |        |
| 8             | Campbelltown, 36                          |            |                   | 1720 pts             |        |
| 9             | Blacktown, 8                              |            |                   | 1609 pts             |        |
|               | U 8 - Shot/Discus                         |            |                   |                      |        |
| <b>J</b> 1113 | Record: 24.32m R                          | 22/11/2008 | Manly Warringah   |                      |        |
| 1             | Manly Warringah, 3                        | •          |                   | 2213 pts             |        |
| 2             | Northern Suburbs, 54                      |            |                   | 1909 pts             |        |
| 3             | Ku-Ring-Gai. 84                           |            |                   | 1876 pts             |        |
| 4             | Winston Hills, 76                         |            |                   | 1872 pts             |        |
| 5             | Bankstown Sports, 5                       |            |                   | 1766 pts             |        |
| 6             | Parramatta, 7                             |            |                   | 1746 pts             |        |
|               |   |            |                   |                      |        |

| 7<br>8  |  |            |                           |  |        |
|---|--|------------|---------------------------|--|--------|
| 0   | Rouse Hill Rams, 248   |            |                           | 1615 pts   |        |
| Ó   | Northern Districts, 157  |            |                           | 1587 pts   |        |
| 9   | Blacktown, 8   |            |                           | 1546 pts   |        |
| 10  | Colvton/St Clair, 151  |            |                           | 1512 pts   |        |
| 11  | Hills District, 15   |            |                           | 1492 pts   |        |
| 12  | Quakers Hill, 199  |            |                           | 1167 pts   |        |
|   |  |            |                           |  |        |
| 13  | Randwick Botany. 1   |            |                           | 827 pts  |        |
| 14  | Western Suburbs, 20  |            |                           | 791 pts  |        |
| 15  | Campbelltown, 36   |            |                           | 354 pts  |        |
| Girls   | U 9 - Shot/Discus  |            |                           |  |        |
| Giris   | <del>-</del>   | 26/11/2011 | Dort Hacking              |  |        |
|   | Record: 24.32m R   | 26/11/2011 | Port Hacking              |  |        |
| 1   | Ku-Ring-Gai, 84  |            |                           | 2481 pts   | RECORD |
| 2   | Macquarie Hunter, 96   |            |                           | 2385 pts   |        |
| 3   | Northern Suburbs, 54   |            |                           | 2077 pts   |        |
| 4   | Winston Hills. 76  |            |                           | 2001 pts   |        |
| 5   | Emu Plains, 121  |            |                           | 1975 pts   |        |
| 6   | Doonside, 140  |            |                           | 1811 pts   |        |
| 7   | Randwick Botany, 1   |            |                           | 1799 pts   |        |
| 8   | Rouse Hill Rams. 248   |            |                           | 1740 pts   |        |
| 9   |  |            | <b></b>                   | 1740 pts<br>1739 pts   |        |
|   | Balmain, 17  |            |                           |  |        |
| 10  | Manly Warringah, 3   |            |                           | 1708 pts   |        |
| 11  | Northern Districts, 157  |            |                           | 1654 pts   |        |
| 12  | Parramatta, 7  |            |                           | 1532 pts   |        |
| 13  | Campbelltown. 36   |            |                           | 1438 pts   |        |
| 14  | Kings Langlev, 53  |            |                           | 1401 pts   |        |
| 15  | Hills District, 15   |            |                           | 1359 pts   |        |
| 16  | Quakers Hill, 199  |            |                           | 1308 pts   |        |
| 17  | Western Suburbs. 20  |            |                           | 1204 pts   |        |
| 18  | Cherrybrook, 219   |            |                           | 1153 pts   |        |
| 19  | Prospect, 95   |            |                           | 1139 pts   |        |
| 13  | 1103pect, 33   |            |                           | 1133 %   |        |
| Girls   | U 10 - Shot/Discus   |            |                           |  |        |
|   | Record: 23.39m R   | 22/11/2008 | <b>Northern Districts</b> |  |        |
| 1   |  | , ,        |                           | 2//2 nts   | RECORD |
| 1   | Parramatta, 7  |            |                           | 2443 pts   | RECORD |
| 2   | Liverpool, 48  |            |                           | 2398 pts   |        |
| 3   | Hills District, 15   |            |                           | 2206 pts   |        |
| 4   | Bankstown Sports, 5  |            |                           | 2100 pts   |        |
| 5   | Winston Hills, 76  |            |                           | 2052 pts   |        |
| 6   | Manly Warringah, 3   |            |                           |  |        |
| 7   | iviality vvalilinguit, 5   |            |                           | 1977 pts   |        |
| -   | Port Hacking, 110  |            | <br>                      |  |        |
| 8   |  |            | <br><br>                  | 1977 pts   |        |
| _   | Port Hacking, 110  |            | <br><br>                  | 1977 pts<br>1962 pts   |        |
| 8<br>9  | Port Hacking, 110<br>Cherrybrook, 219<br>Randwick Botany, 1  |            | <br><br><br>              | 1977 pts<br>1962 pts<br>1921 pts<br>1895 pts   |        |
| 8<br>9<br>10  | Port Hacking, 110<br>Cherrybrook, 219<br>Randwick Botany, 1<br>Northern Suburbs, 54  |            | <br><br><br>              | 1977 pts<br>1962 pts<br>1921 pts<br>1895 pts<br>1893 pts   |        |
| 8<br>9<br>10<br>11  | Port Hacking. 110<br>Cherrvbrook. 219<br>Randwick Botanv. 1<br>Northern Suburbs. 54<br>Ku-Ring-Gai, 84   |            | <br><br><br>              | 1977 pts<br>1962 pts<br>1921 pts<br>1895 pts<br>1893 pts<br>1868 pts   |        |
| 8<br>9<br>10<br>11<br>12  | Port Hacking. 110<br>Cherrvbrook. 219<br>Randwick Botanv. 1<br>Northern Suburbs. 54<br>Ku-Ring-Gai, 84<br>Holrovd. 6   |            | <br><br><br>              | 1977 pts<br>1962 pts<br>1921 pts<br>1895 pts<br>1893 pts<br>1868 pts<br>1787 pts   |        |
| 8<br>9<br>10<br>11<br>12<br>13  | Port Hacking. 110<br>Cherrybrook. 219<br>Randwick Botanv. 1<br>Northern Suburbs. 54<br>Ku-Ring-Gai. 84<br>Holrovd. 6<br>Girraween. 51  |            | <br><br><br><br>          | 1977 pts<br>1962 pts<br>1921 pts<br>1895 pts<br>1893 pts<br>1868 pts<br>1787 pts<br>1733 pts   |        |
| 8<br>9<br>10<br>11<br>12<br>13<br>14  | Port Hacking. 110<br>Cherrybrook. 219<br>Randwick Botanv. 1<br>Northern Suburbs. 54<br>Ku-Ring-Gai. 84<br>Holrovd. 6<br>Girraween. 51<br>Prospect. 95  |            | <br><br><br><br><br>      | 1977 pts<br>1962 pts<br>1921 pts<br>1895 pts<br>1893 pts<br>1868 pts<br>1787 pts<br>1733 pts<br>1444 pts   |        |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15  | Port Hacking. 110<br>Cherrybrook. 219<br>Randwick Botanv. 1<br>Northern Suburbs. 54<br>Ku-Ring-Gai. 84<br>Holrovd. 6<br>Girraween. 51<br>Prospect. 95<br>Rouse Hill Rams. 248  |            |                           | 1977 pts<br>1962 pts<br>1921 pts<br>1895 pts<br>1893 pts<br>1868 pts<br>1787 pts<br>1733 pts<br>1444 pts<br>1439 pts   |        |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16  | Port Hacking. 110<br>Cherrybrook. 219<br>Randwick Botanv. 1<br>Northern Suburbs. 54<br>Ku-Ring-Gai. 84<br>Holrovd. 6<br>Girraween. 51<br>Prospect. 95<br>Rouse Hill Rams. 248<br>Western Suburbs. 20   |            |                           | 1977 pts<br>1962 pts<br>1921 pts<br>1895 pts<br>1893 pts<br>1868 pts<br>1787 pts<br>1733 pts<br>1444 pts<br>1439 pts<br>1328 pts   |        |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16  | Port Hacking. 110<br>Cherrybrook. 219<br>Randwick Botanv. 1<br>Northern Suburbs. 54<br>Ku-Ring-Gai. 84<br>Holrovd. 6<br>Girraween. 51<br>Prospect. 95<br>Rouse Hill Rams, 248<br>Western Suburbs. 20<br>Northern Districts. 157  |            |                           | 1977 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts  |        |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16  | Port Hacking. 110<br>Cherrybrook. 219<br>Randwick Botanv. 1<br>Northern Suburbs. 54<br>Ku-Ring-Gai. 84<br>Holrovd. 6<br>Girraween. 51<br>Prospect. 95<br>Rouse Hill Rams. 248<br>Western Suburbs. 20   |            |                           | 1977 pts<br>1962 pts<br>1921 pts<br>1895 pts<br>1893 pts<br>1868 pts<br>1787 pts<br>1733 pts<br>1444 pts<br>1439 pts<br>1328 pts   |        |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17  | Port Hacking. 110<br>Cherrybrook. 219<br>Randwick Botanv. 1<br>Northern Suburbs. 54<br>Ku-Ring-Gai. 84<br>Holrovd. 6<br>Girraween. 51<br>Prospect. 95<br>Rouse Hill Rams. 248<br>Western Suburbs. 20<br>Northern Districts. 157<br>Campbelltown. 36  |            |                           | 1977 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts  |        |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17  | Port Hacking. 110<br>Cherrybrook. 219<br>Randwick Botanv. 1<br>Northern Suburbs. 54<br>Ku-Ring-Gai. 84<br>Holrovd. 6<br>Girraween. 51<br>Prospect. 95<br>Rouse Hill Rams. 248<br>Western Suburbs. 20<br>Northern Districts. 157<br>Campbelltown. 36  | 26/11/2010 |                           | 1977 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts  |        |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17  | Port Hacking. 110<br>Cherrybrook. 219<br>Randwick Botanv. 1<br>Northern Suburbs. 54<br>Ku-Ring-Gai. 84<br>Holrovd. 6<br>Girraween. 51<br>Prospect. 95<br>Rouse Hill Rams. 248<br>Western Suburbs. 20<br>Northern Districts. 157<br>Campbelltown. 36<br>U 11 - Shot/Discus<br>Record: 22.80m R  | 26/11/2010 |                           | 1977 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts 1186 pts   |        |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br><b>Girls</b>  | Port Hacking. 110<br>Cherrybrook. 219<br>Randwick Botanv. 1<br>Northern Suburbs. 54<br>Ku-Ring-Gai. 84<br>Holrovd. 6<br>Girraween. 51<br>Prospect. 95<br>Rouse Hill Rams. 248<br>Western Suburbs. 20<br>Northern Districts. 157<br>Campbelltown. 36  | 26/11/2010 |                           | 1977 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts  | RECORD |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br><b>Girls</b>  | Port Hacking. 110<br>Cherrybrook. 219<br>Randwick Botanv. 1<br>Northern Suburbs. 54<br>Ku-Ring-Gai. 84<br>Holrovd. 6<br>Girraween. 51<br>Prospect. 95<br>Rouse Hill Rams. 248<br>Western Suburbs. 20<br>Northern Districts. 157<br>Campbelltown. 36<br>U 11 - Shot/Discus<br>Record: 22.80m R  | 26/11/2010 |                           | 1977 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts 1186 pts   | RECORD |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br><b>Girls</b>  | Port Hacking. 110 Cherrybrook. 219 Randwick Botanv. 1 Northern Suburbs. 54 Ku-Ring-Gai. 84 Holrovd. 6 Girraween. 51 Prospect. 95 Rouse Hill Rams. 248 Western Suburbs. 20 Northern Districts. 157 Campbelltown. 36 U 11 - Shot/Discus Record: 22.80m R Manly Warringah. 3  | 26/11/2010 |                           | 1977 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts 1186 pts   | RECORD |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br><b>Girls</b>  | Port Hacking, 110 Cherrybrook, 219 Randwick Botanv. 1 Northern Suburbs, 54 Ku-Ring-Gai, 84 Holrovd, 6 Girraween. 51 Prospect, 95 Rouse Hill Rams, 248 Western Suburbs, 20 Northern Districts, 157 Campbelltown, 36 U 11 - Shot/Discus Record: 22.80m R Manly Warringah, 3 Northern Suburbs, 54   | 26/11/2010 |                           | 1977 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts 1186 pts   | RECORD |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br><b>Girls</b>  | Port Hacking, 110 Cherrybrook, 219 Randwick Botanv. 1 Northern Suburbs, 54 Ku-Ring-Gai, 84 Holrovd, 6 Girraween, 51 Prospect, 95 Rouse Hill Rams, 248 Western Suburbs, 20 Northern Districts, 157 Campbelltown, 36 U 11 - Shot/Discus Record: 22.80m R Manly Warringah, 3 Northern Suburbs, 54 Ku-Ring-Gai, 84   | 26/11/2010 |                           | 1977 pts 1962 pts 1921 pts 1895 pts 1893 pts 1898 pts 1787 pts 1733 pts 1744 pts 1439 pts 1328 pts 1314 pts 1186 pts   | RECORD |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br><b>Girls</b>  | Port Hacking, 110 Cherrybrook, 219 Randwick Botanv. 1 Northern Suburbs, 54 Ku-Ring-Gai, 84 Holrovd, 6 Girraween, 51 Prospect, 95 Rouse Hill Rams, 248 Western Suburbs, 20 Northern Districts, 157 Campbelltown, 36 U 11 - Shot/Discus Record: 22.80m R Manly Warringah, 3 Northern Suburbs, 54 Ku-Ring-Gai, 84 Rouse Hill Rams, 248  | 26/11/2010 |                           | 1977 pts 1962 pts 1921 pts 1895 pts 1893 pts 1898 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts 1186 pts 1902 pts 1661 pts 1642 pts  | RECORD |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br><b>Girls</b>  | Port Hacking. 110 Cherrvbrook. 219 Randwick Botanv. 1 Northern Suburbs. 54 Ku-Ring-Gai. 84 Holrovd. 6 Girraween. 51 Prospect. 95 Rouse Hill Rams. 248 Western Suburbs. 20 Northern Districts. 157 Campbelltown. 36  U 11 - Shot/Discus Record: 22.80m R Manlv Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 Rouse Hill Rams. 248 Northern Districts. 157 Camden. 61  | 26/11/2010 |                           | 1977 pts 1962 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts 1314 pts 1186 pts  2314 pts 1902 pts 1661 pts 1642 pts 1637 pts 1533 pts                          | RECORD |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br><b>Girls</b><br>3<br>4<br>5<br>6<br>7                                 | Port Hacking. 110 Cherrvbrook. 219 Randwick Botanv. 1 Northern Suburbs. 54 Ku-Ring-Gai. 84 Holrovd. 6 Girraween. 51 Prospect. 95 Rouse Hill Rams. 248 Western Suburbs. 20 Northern Districts. 157 Campbelltown. 36 U 11 - Shot/Discus Record: 22.80m R Manlv Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 Rouse Hill Rams. 248 Northern Districts. 157 Camden. 61 Randwick Botanv. 1  | 26/11/2010 |                           | 1977 pts 1962 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts 1314 pts 1186 pts 1661 pts 1642 pts 1637 pts 1533 pts 1533 pts 1326 pts                           | RECORD |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8                  | Port Hacking. 110 Cherrvbrook. 219 Randwick Botanv. 1 Northern Suburbs. 54 Ku-Ring-Gai. 84 Holrovd. 6 Girraween. 51 Prospect. 95 Rouse Hill Rams. 248 Western Suburbs. 20 Northern Districts. 157 Campbelltown. 36  U 11 - Shot/Discus Record: 22.80m R Manly Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 Rouse Hill Rams. 248 Northern Districts. 157 Camden. 61 Randwick Botanv. 1 Western Suburbs. 20   | 26/11/2010 |                           | 1977 pts 1962 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts 1314 pts 1186 pts 1661 pts 1662 pts 1637 pts 1533 pts 1326 pts 1169 pts                           | RECORD |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br><b>Girls</b><br>3<br>4<br>5<br>6<br>7<br>8<br>9                       | Port Hacking. 110 Cherrybrook. 219 Randwick Botanv. 1 Northern Suburbs. 54 Ku-Ring-Gai. 84 Holrovd. 6 Girraween. 51 Prospect. 95 Rouse Hill Rams. 248 Western Suburbs. 20 Northern Districts. 157 Campbelltown. 36  U 11 - Shot/Discus Record: 22.80m R Manly Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 Rouse Hill Rams. 248 Northern Districts. 157 Camden. 61 Randwick Botanv. 1 Western Suburbs. 20 Campbelltown. 36                                | 26/11/2010 |                           | 1977 pts 1962 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts 1314 pts 1186 pts 1661 pts 1662 pts 1637 pts 1533 pts 1533 pts 1326 pts 1169 pts 1108 pts         | RECORD |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9             | Port Hacking. 110 Cherrybrook. 219 Randwick Botanv. 1 Northern Suburbs. 54 Ku-Ring-Gai. 84 Holrovd. 6 Girraween. 51 Prospect. 95 Rouse Hill Rams. 248 Western Suburbs. 20 Northern Districts. 157 Campbelltown. 36  U 11 - Shot/Discus Record: 22.80m R Manly Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 Rouse Hill Rams. 248 Northern Districts. 157 Camden. 61 Randwick Botanv. 1 Western Suburbs. 20 Campbelltown. 36 Hills District. 15             | 26/11/2010 |                           | 1977 pts 1962 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts 1314 pts 1186 pts 1661 pts 1662 pts 1637 pts 1533 pts 1533 pts 1326 pts 1169 pts 1108 pts 923 pts | RECORD |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br><b>Girls</b><br>3<br>4<br>5<br>6<br>7<br>8<br>9                       | Port Hacking. 110 Cherrybrook. 219 Randwick Botanv. 1 Northern Suburbs. 54 Ku-Ring-Gai. 84 Holrovd. 6 Girraween. 51 Prospect. 95 Rouse Hill Rams. 248 Western Suburbs. 20 Northern Districts. 157 Campbelltown. 36  U 11 - Shot/Discus Record: 22.80m R Manly Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 Rouse Hill Rams. 248 Northern Districts. 157 Camden. 61 Randwick Botanv. 1 Western Suburbs. 20 Campbelltown. 36                                | 26/11/2010 |                           | 1977 pts 1962 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts 1314 pts 1186 pts 1661 pts 1662 pts 1637 pts 1533 pts 1533 pts 1326 pts 1169 pts 1108 pts         | RECORD |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11 | Port Hacking. 110 Cherrvbrook. 219 Randwick Botanv. 1 Northern Suburbs. 54 Ku-Ring-Gai. 84 Holrovd. 6 Girraween. 51 Prospect. 95 Rouse Hill Rams. 248 Western Suburbs. 20 Northern Districts. 157 Campbelltown. 36 U 11 - Shot/Discus Record: 22.80m R Manlv Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 Rouse Hill Rams. 248 Northern Districts. 157 Camden. 61 Randwick Botanv. 1 Western Suburbs. 20 Campbelltown. 36 Hills District. 15 Blacktown. 8 | 26/11/2010 |                           | 1977 pts 1962 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts 1314 pts 1186 pts 1661 pts 1662 pts 1637 pts 1533 pts 1533 pts 1326 pts 1169 pts 1108 pts 923 pts | RECORD |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11 | Port Hacking. 110 Cherrybrook. 219 Randwick Botanv. 1 Northern Suburbs. 54 Ku-Ring-Gai. 84 Holrovd. 6 Girraween. 51 Prospect. 95 Rouse Hill Rams. 248 Western Suburbs. 20 Northern Districts. 157 Campbelltown. 36 U 11 - Shot/Discus Record: 22.80m R Manly Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 Rouse Hill Rams. 248 Northern Districts. 157 Camden. 61 Randwick Botanv. 1 Western Suburbs. 20 Campbelltown. 36 Hills District. 15 Blacktown. 8 |            |                           | 1977 pts 1962 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts 1314 pts 1186 pts 1661 pts 1662 pts 1637 pts 1533 pts 1533 pts 1326 pts 1169 pts 1108 pts 923 pts | RECORD |
| 8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br><b>Girls</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11 | Port Hacking. 110 Cherrybrook. 219 Randwick Botanv. 1 Northern Suburbs. 54 Ku-Ring-Gai. 84 Holrovd. 6 Girraween. 51 Prospect. 95 Rouse Hill Rams. 248 Western Suburbs. 20 Northern Districts. 157 Campbelltown. 36 U 11 - Shot/Discus Record: 22.80m R Manly Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 Rouse Hill Rams. 248 Northern Districts. 157 Camden. 61 Randwick Botanv. 1 Western Suburbs. 20 Campbelltown. 36 Hills District. 15 Blacktown. 8 |            |                           | 1977 pts 1962 pts 1962 pts 1921 pts 1895 pts 1893 pts 1868 pts 1787 pts 1733 pts 1444 pts 1439 pts 1328 pts 1314 pts 1314 pts 1186 pts 1661 pts 1662 pts 1637 pts 1533 pts 1533 pts 1326 pts 1169 pts 1108 pts 923 pts | RECORD |

| 1  | Ku-Ring-Gai, 84  |            |                        | 2004 pts  |        |
|--|--|------------|------------------------|---|--------|
| 2  | Port Hacking, 110  |            |                        | 1903 pts  |        |
|  |  |            |                        |   |        |
| 3  | Cherrybrook, 219   |            |                        | 1900 pts  |        |
| 4  | Rvde, 38   |            |                        | 1806 pts  |        |
| 5  | Bankstown Sports, 5  |            |                        | 1618 pts  |        |
| 6  | Randwick Botany, 1   |            |                        | 1595 pts  |        |
| 7  | Rouse Hill Rams. 248   |            |                        | 1379 pts  |        |
| 8  | Prospect, 95   |            |                        | 1352 pts  |        |
| 9  | Manly Warringah, 3   |            |                        | 1339 pts  |        |
| 10   | Winston Hills, 76  |            |                        | 1316 pts  |        |
|  |  |            |                        |   |        |
| 11   | Northern Suburbs. 54   |            |                        | 1291 pts  |        |
| 12   | Northern Districts, 157  |            |                        | 1250 pts  |        |
| 13   | St George, 9   |            |                        | <b>1229</b> pts   |        |
| 14   | Campbelltown, 36   |            |                        | 1217 pts  |        |
| 15   | Western Suburbs, 20  |            |                        | 1136 pts  |        |
| 16   | Orange, 78   |            |                        | 1120 pts  |        |
|  | _  |            |                        | 1120 200  |        |
| Girls  | U 13 - Shot/Discus   |            |                        |   |        |
|  | Record: 32.15m R   | 23/11/2008 | Winston Hills          |   |        |
| 1  | Camden. 61   |            |                        | 2725 pts  |        |
|  |  |            |                        | 2451 pts  |        |
| 2  | Bankstown Sports, 5  |            |                        | = := :  |        |
| 3  | Manly Warringah, 3   |            |                        | <b>2410</b> pts   |        |
| 4  | Campbelltown, 36   |            |                        | <b>2292</b> pts   |        |
| 5  | Holrovd, 6   |            |                        | 2124 pts  |        |
| 6  | Northern Districts. 157  |            |                        | <b>2043</b> pts   |        |
| 7  | Northern Suburbs, 54   |            |                        | 1984 pts  |        |
| 8  | Cranebrook, 184  |            |                        | 1908 pts  |        |
| 9  |  |            |                        |   |        |
|  | Winston Hills, 76  |            |                        | 1906 pts  |        |
| 10   | Randwick Botanv. 1   |            |                        | 1806 pts  |        |
| 11   | Parramatta, 7  |            |                        | 1783 pts  |        |
| 12   | Ku-Ring-Gai, 84  |            |                        | 1758 pts  |        |
| 13   | Hills District, 15   |            |                        | 1675 pts  |        |
| 14   | Doonside. 140  |            |                        | 1567 pts  |        |
| 15   | Prospect, 95   |            |                        | 1474 pts  |        |
| 10   |  |            |                        |   |        |
| 16   | Wastarn Suburbs 20   |            | <del></del>            |   |        |
| 16   | Western Suburbs, 20  |            |                        | 1216 pts  |        |
|  | _  |            |                        |   |        |
|  | U 14 - Shot/Discus   | 29/11/2009 |                        |   |        |
| Girls  | U 14 - Shot/Discus<br>Record: 33.59m R   | 29/11/2009 | Winston Hills,         | 1216 pts  |        |
| Girls  | U 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langley, 53  | 29/11/2009 |                        | 1216 pts<br>2290 pts  |        |
| Girls  1 2   | U 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev, 53<br>Northern Suburbs, 54  | 29/11/2009 | Winston Hills,         | 1216 pts<br>2290 pts<br>2191 pts  |        |
| Girls  | U 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev. 53<br>Northern Suburbs. 54<br>Sutherland, 11  | 29/11/2009 | Winston Hills,         | 1216 pts 2290 pts 2191 pts 2118 pts   |        |
| Girls  1 2   | U 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev, 53<br>Northern Suburbs, 54  | 29/11/2009 | Winston Hills,<br><br> | 1216 pts<br>2290 pts<br>2191 pts  |        |
| <b>Girls</b> 1 2 3   | U 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev. 53<br>Northern Suburbs. 54<br>Sutherland. 11<br>Bankstown Sports. 5   | 29/11/2009 | Winston Hills,<br><br> | 1216 pts 2290 pts 2191 pts 2118 pts   |        |
| <b>Girls</b> 1 2 3 4 5   | U 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev. 53<br>Northern Suburbs. 54<br>Sutherland. 11<br>Bankstown Sports. 5<br>Blacktown. 8   | 29/11/2009 | Winston Hills,<br><br> | 2290 pts<br>2191 pts<br>2118 pts<br>2047 pts<br>1935 pts  |        |
| <b>Girls</b> 1 2 3 4 5 6   | U 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev. 53<br>Northern Suburbs. 54<br>Sutherland. 11<br>Bankstown Sports. 5<br>Blacktown. 8<br>Campbelltown. 36   | 29/11/2009 | Winston Hills,<br><br> | 2290 pts<br>2191 pts<br>2118 pts<br>2047 pts<br>1935 pts<br>1791 pts  |        |
| 1 2 3 4 5 6 7  | U 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev. 53<br>Northern Suburbs. 54<br>Sutherland. 11<br>Bankstown Sports. 5<br>Blacktown. 8<br>Campbelltown. 36<br>Randwick Botanv. 1   | 29/11/2009 | Winston Hills,<br><br> | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts  |        |
| 1 2 3 4 5 6 7 8  | U 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev. 53<br>Northern Suburbs. 54<br>Sutherland. 11<br>Bankstown Sports. 5<br>Blacktown. 8<br>Campbelltown. 36<br>Randwick Botanv. 1<br>Prospect. 95   | 29/11/2009 | Winston Hills,<br><br> | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts   |        |
| 1 2 3 4 5 6 7 8 9  | U 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev. 53<br>Northern Suburbs. 54<br>Sutherland. 11<br>Bankstown Sports. 5<br>Blacktown. 8<br>Campbelltown. 36<br>Randwick Botanv. 1<br>Prospect. 95<br>Northern Districts. 157  | 29/11/2009 | Winston Hills,<br><br> | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts   |        |
| 1 2 3 4 5 6 7 8 9 10   | U 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev. 53<br>Northern Suburbs. 54<br>Sutherland. 11<br>Bankstown Sports. 5<br>Blacktown. 8<br>Campbelltown. 36<br>Randwick Botanv. 1<br>Prospect. 95<br>Northern Districts. 157<br>Quakers Hill. 199   | 29/11/2009 | Winston Hills,<br><br> | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts   |        |
| 1 2 3 4 5 6 7 8 9 10 11  | W 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev. 53<br>Northern Suburbs. 54<br>Sutherland. 11<br>Bankstown Sports. 5<br>Blacktown. 8<br>Campbelltown. 36<br>Randwick Botanv. 1<br>Prospect. 95<br>Northern Districts. 157<br>Quakers Hill. 199<br>Rouse Hill Rams. 248   | 29/11/2009 | Winston Hills,<br><br> | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts  |        |
| 1 2 3 4 5 6 7 8 9 10   | U 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev. 53<br>Northern Suburbs. 54<br>Sutherland. 11<br>Bankstown Sports. 5<br>Blacktown. 8<br>Campbelltown. 36<br>Randwick Botanv. 1<br>Prospect. 95<br>Northern Districts. 157<br>Quakers Hill. 199   | 29/11/2009 | Winston Hills,<br><br> | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts   |        |
| 1 2 3 4 5 6 7 8 9 10 11  | W 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev. 53<br>Northern Suburbs. 54<br>Sutherland. 11<br>Bankstown Sports. 5<br>Blacktown. 8<br>Campbelltown. 36<br>Randwick Botanv. 1<br>Prospect. 95<br>Northern Districts. 157<br>Quakers Hill. 199<br>Rouse Hill Rams. 248   | 29/11/2009 | Winston Hills,<br><br> | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts  |        |
| 1 2 3 4 5 6 7 8 9 10 11 12 13  | W 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev. 53<br>Northern Suburbs. 54<br>Sutherland. 11<br>Bankstown Sports. 5<br>Blacktown. 8<br>Campbelltown. 36<br>Randwick Botanv. 1<br>Prospect. 95<br>Northern Districts. 157<br>Quakers Hill. 199<br>Rouse Hill Rams. 248<br>Orange. 78<br>Manly Warringah. 3   | 29/11/2009 | Winston Hills,<br><br> | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts   |        |
| 1 2 3 4 5 6 7 8 9 10 11 12 13  | U 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev. 53<br>Northern Suburbs. 54<br>Sutherland. 11<br>Bankstown Sports. 5<br>Blacktown. 8<br>Campbelltown. 36<br>Randwick Botanv. 1<br>Prospect. 95<br>Northern Districts. 157<br>Quakers Hill. 199<br>Rouse Hill Rams. 248<br>Orange. 78<br>Manly Warringah. 3<br>U 15 - Shot/Discus   |            | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts   |        |
| 1 2 3 4 5 6 7 8 9 10 11 12 13  | W 14 - Shot/Discus<br>Record: 33.59m R<br>Kings Langlev. 53<br>Northern Suburbs. 54<br>Sutherland. 11<br>Bankstown Sports. 5<br>Blacktown. 8<br>Campbelltown. 36<br>Randwick Botanv. 1<br>Prospect. 95<br>Northern Districts. 157<br>Quakers Hill. 199<br>Rouse Hill Rams. 248<br>Orange. 78<br>Manly Warringah. 3   | 29/11/2009 | Winston Hills,<br><br> | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts   |        |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 Girls  | U 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill. 199 Rouse Hill Rams. 248 Orange. 78 Manly Warringah. 3 U 15 - Shot/Discus Record: 29.44m R   |            | Winston Hills,         | 2290 pts 2191 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1638 pts 1460 pts 1390 pts 1328 pts  |        |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 <b>Girls</b>                                 | W 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill, 199 Rouse Hill Rams. 248 Orange. 78 Manly Warringah. 3 U 15 - Shot/Discus Record: 29.44m R St George. 9  |            | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts 1328 pts  |        |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 <b>Girls</b>                                 | W 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill, 199 Rouse Hill Rams. 248 Orange. 78 Manly Warringah. 3 U 15 - Shot/Discus Record: 29.44m R St George. 9 Parramatta. 7  |            | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts 1328 pts   |        |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 <b>Girls</b>                                 | U 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill. 199 Rouse Hill Rams. 248 Orange. 78 Manly Warringah. 3 U 15 - Shot/Discus Record: 29.44m R St George. 9 Parramatta. 7 Manly Warringah. 3   |            | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts 1328 pts  |        |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 <b>Girls</b>                                 | U 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill. 199 Rouse Hill Rams. 248 Orange. 78 Manlv Warringah. 3 U 15 - Shot/Discus Record: 29.44m R St George. 9 Parramatta. 7 Manlv Warringah. 3 Northern Suburbs. 54  |            | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts 1328 pts 2657 pts 2254 pts 2126 pts 1874 pts  |        |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 <b>Girls</b>                                 | U 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill. 199 Rouse Hill Rams. 248 Orange. 78 Manly Warringah. 3 U 15 - Shot/Discus Record: 29.44m R St George. 9 Parramatta. 7 Manly Warringah. 3   |            | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts 1328 pts  |        |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 <b>Girls</b> 1 2 3 4 5 5                     | U 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill. 199 Rouse Hill Rams. 248 Orange. 78 Manly Warringah. 3 U 15 - Shot/Discus Record: 29.44m R St George. 9 Parramatta. 7 Manly Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84  |            | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts 1328 pts 2657 pts 2254 pts 2126 pts 1874 pts  |        |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 <b>Girls</b> 1 2 3 4 5 5                     | U 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill. 199 Rouse Hill Rams. 248 Orange. 78 Manlv Warringah. 3 U 15 - Shot/Discus Record: 29.44m R St George. 9 Parramatta. 7 Manlv Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 U 17 - Shot/Discus   | 27/11/2011 | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts 1328 pts 2657 pts 2254 pts 2126 pts 1874 pts  |        |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 Girls Girls Girls                            | U 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill. 199 Rouse Hill Rams. 248 Orange. 78 Manly Warringah. 3 U 15 - Shot/Discus Record: 29.44m R St George. 9 Parramatta. 7 Manly Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 U 17 - Shot/Discus Record: 21.73m R  |            | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts 1328 pts  2657 pts 2254 pts 2126 pts 1874 pts 1774 pts                                    | BECORE |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 Girls Girls Girls                            | U 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill. 199 Rouse Hill Rams. 248 Orange. 78 Manly Warringah. 3 U 15 - Shot/Discus Record: 29.44m R St George. 9 Parramatta. 7 Manly Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 U 17 - Shot/Discus Record: 21.73m R Rvde. 38   | 27/11/2011 | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts 1328 pts 2254 pts 2126 pts 1874 pts 1774 pts  | RECORD |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 Girls  Girls  Girls  1 2 3 4 5 5 Girls       | U 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill. 199 Rouse Hill Rams. 248 Orange. 78 Manly Warringah. 3 U 15 - Shot/Discus Record: 29.44m R St George. 9 Parramatta. 7 Manly Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 U 17 - Shot/Discus Record: 21.73m R Rvde. 38 Port Hacking. 110   | 27/11/2011 | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts 1328 pts 2254 pts 2126 pts 1874 pts 1774 pts  | RECORD |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 Girls  Girls  Girls  1 2 3 4 5 5 Girls       | U 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill. 199 Rouse Hill Rams. 248 Orange. 78 Manly Warringah. 3 U 15 - Shot/Discus Record: 29.44m R St George. 9 Parramatta. 7 Manly Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 U 17 - Shot/Discus Record: 21.73m R Rvde. 38 Port Hacking. 110 Camden. 61                                      | 27/11/2011 | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts 1328 pts 2254 pts 2126 pts 1874 pts 1774 pts  | RECORD |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 Girls  Girls  Girls  1 2 3 4 5 5 Girls       | U 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill. 199 Rouse Hill Rams. 248 Orange. 78 Manly Warringah. 3 U 15 - Shot/Discus Record: 29.44m R St George. 9 Parramatta. 7 Manly Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 U 17 - Shot/Discus Record: 21.73m R Rvde. 38 Port Hacking. 110   | 27/11/2011 | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts 1328 pts 2254 pts 2126 pts 1874 pts 1774 pts  | RECORD |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 Girls  Girls  Girls  1 2 3 4 5 5 Girls       | U 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill. 199 Rouse Hill Rams. 248 Orange. 78 Manly Warringah. 3 U 15 - Shot/Discus Record: 29.44m R St George. 9 Parramatta. 7 Manly Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 U 17 - Shot/Discus Record: 21.73m R Rvde. 38 Port Hacking. 110 Camden. 61                                      | 27/11/2011 | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts 1328 pts 2254 pts 2126 pts 1874 pts 1774 pts 2294 pts 2255 pts 2226 pts                   | RECORD |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 Girls  Girls  1 2 3 4 5 5 Girls  4 5 5 Girls | U 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill, 199 Rouse Hill Rams. 248 Orange. 78 Manlv Warringah. 3 U 15 - Shot/Discus Record: 29.44m R St George. 9 Parramatta. 7 Manlv Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 U 17 - Shot/Discus Record: 21.73m R Rvde. 38 Port Hacking. 110 Camden. 61 Northern Suburbs. 54                 | 27/11/2011 | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts 1328 pts 2254 pts 2126 pts 1874 pts 1774 pts 2294 pts 2255 pts 2226 pts 2107 pts          | RECORD |
| 1 2 3 4 5 6 7 8 9 10 11 12 13 Girls  Girls  1 2 3 4 5 5 Girls              | U 14 - Shot/Discus Record: 33.59m R Kings Langlev. 53 Northern Suburbs. 54 Sutherland. 11 Bankstown Sports. 5 Blacktown. 8 Campbelltown. 36 Randwick Botanv. 1 Prospect. 95 Northern Districts. 157 Quakers Hill. 199 Rouse Hill Rams. 248 Orange. 78 Manly Warringah. 3 U 15 - Shot/Discus Record: 29.44m R St George. 9 Parramatta. 7 Manly Warringah. 3 Northern Suburbs. 54 Ku-Ring-Gai. 84 U 17 - Shot/Discus Record: 21.73m R Rvde. 38 Port Hacking. 110 Camden. 61 Northern Suburbs. 54 Shoalhaven. 120 | 27/11/2011 | Winston Hills,         | 2290 pts 2191 pts 2118 pts 2047 pts 1935 pts 1791 pts 1765 pts 1762 pts 1672 pts 1638 pts 1460 pts 1390 pts 1328 pts 2254 pts 2126 pts 1874 pts 1774 pts 2294 pts 2255 pts 2226 pts 2107 pts 2064 pts | RECORD |

| 8        | Northern Districts, 157   |                   | 1711 pts               |
|----------|---|-------------------|------------------------|
| 9        | Prospect, 95  |                   | 1689 pts               |
| 10<br>11 | Manly Warringah, 3<br>Blacktown, 8                                |                   | 1531 pts<br>1516 pts   |
| 12       | Cherrybrook, 219  |                   | 1310 pts               |
| 13       | Mt Druitt, 119  |                   | 1011 pts               |
| _        |   |                   | 1011                   |
|          | S U 8-11 Middle Dist. (Junior) ecord Elect: 11:17.70 E 27/11/2010 | Northern Suburbs, |                        |
|          | 1 Heats   | Northern Suburbs, |                        |
| 1        | Northern Suburbs, 54  |                   | 11:24.11 Q             |
| 2        | Hills District, 15  |                   | 11:27.94 q             |
| 3        | St George, 9  |                   | 11:40.92 q             |
| 4        | Winston Hills. 76   |                   | 11:58.34 q             |
| 5        | Campbelltown, 36  |                   | <b>12:05.77</b> q      |
| 6        | Prospect. 95  |                   | 12:29.79               |
| 7        | Western Suburbs, 20   |                   | 12:33.24               |
| 8<br>9   | Douglas Park. 179<br>Penrith Valley, 66                           |                   | 12:51.64<br>13:04.04   |
| 10       | Quakers Hill, 199   |                   | 13:14.74               |
|          | 2 Heats   |                   | 13.14.74               |
| 1        | Manly Warringah, 3  |                   | 11:33.05 Q             |
| 2        | Mosman, 19  |                   | 11:38.04 q             |
| 3        | Sutherland, 11  |                   | 11:54.61 q             |
| 4        | Rvde. 38  |                   | 12:17.28 q             |
| 5<br>6   | Randwick Botanv. 1<br>Albion Park, 71                             |                   | 12:26.28<br>12:33.10   |
| 7        | Tiger West, 68  |                   | 12:33:10               |
| 8        | Kings Langlev. 53   |                   | 12:57.94               |
| 9        | Cherrybrook, 219  |                   | 12:58.94               |
| 10       | Girraween, 51   |                   | 13:03.65               |
| FINAL    |   |                   |                        |
| 1        | Northern Suburbs, 54  |                   | 11:23.05               |
| 2        | Hills District, 15  |                   | 11:32.52               |
| 3<br>4   | St George. 9<br>Mosman. 19  |                   | 11:33.62<br>11:40.60   |
| 5        | Sutherland, 11  |                   | 11:40:60               |
| 6        | Manly Warringah. 3  |                   | 11:55.10               |
| 7        | Campbelltown, 36  |                   | 12:11.05               |
| 8        | Winston Hills. 76   |                   | 12:21.42               |
| 9        | Rvde, 38  |                   | 12:24.18               |
|          | S U 12-15 Middle Dist. (Senior)                                   |                   |                        |
|          | ecord Elect: 10:03.07 E 28/11/2010                                | Mosman,           |                        |
| FINAL    |   |                   |                        |
| 1        | Mosman, 19  |                   | 10:06.09               |
| 2        | Hills District, 15<br>Sutherland, 11                              |                   | 10:20.44<br>10:23.87   |
| 4        | Rvde, 38  |                   | 10:23:87               |
| 5        | Illawong, 70  |                   | 10:52.01               |
| 6        | Manly Warringah, 3  |                   | 10:55.19               |
| 7        | Northern Suburbs. 54  |                   | 10:55.88               |
| 8        | Campbelltown, 36  |                   | 11:02.08               |
| 9<br>10  | Ku-Ring-Gai, 84<br>Girraween, 51                                  |                   | 11:29.11<br>11:39.03   |
| 11       | Prospect. 95  |                   | 11:48.16               |
| 12       | Kings Langley, 53   |                   | 11:58.26               |
| 13       | Winston Hills, 76   |                   | 12:04.34               |
| 14       | Penrith Vallev. 66  |                   | 12:21.28               |
| Bov      | s U 8 - 100 Metre x 4   |                   |                        |
| -        | ecord Elect: 1:04.29 E 27/11/2010                                 | Randwick Botany,  |                        |
| Heat     | 1 Heats   |                   |                        |
| 1        | Manly Warringah, 3  |                   | 1:05.47 Q              |
| 2        | Rvde, 38  |                   | 1:05.70 q              |
| 3<br>4   | Camden. 61<br>Mosman, 19  |                   | 1:05.74 q<br>1:07.57 q |
| 5        | Quakers Hill, 199   |                   | 1:08.02                |
| -        | · <del></del>   |                   |                        |

| 6<br>7<br>8<br>   | Prospect, 95<br>Sutherland, 11<br>Tuggerah Lk Mingara, 165<br>Liverpool, 48   | <br><br>     | 1:08.29<br>1:08.46<br>1:08.53<br>DQ   | IAAF 170.14 |
|---|---|--------------|---|-------------|
| Heat  | 2 Heats   |              |   |             |
| 1   | Randwick Botany, 1  |              | 1:04.84 Q   |             |
| 2<br>3  | Doonside, 140<br>Albion Park, 71  |              | 1:06.55 q<br>1:06.86 q  |             |
| 4   | Northern Suburbs. 54  |              | 1:07.59 q   |             |
| 5   | Parramatta, 7   |              | 1:07.77   |             |
| 6<br>7  | Colvton/St Clair, 151<br>Campbelltown, 36   |              | 1:08.95<br>1:11.24  |             |
| 8   | St George. 9  |              | 1:15.26   |             |
| . 9   | Winston Hills, 76   |              | 1:15.69   |             |
|   | 3 Heats   |              | 1,07.47   |             |
| 1<br>2  | Ku-Ring-Gai, 84<br>Balmain, 17  |              | 1:07.47 Q<br>1:08.42  |             |
| 3   | Hills District, 15  |              | 1:08.45   |             |
| 4   | Port Hacking, 110   |              | 1:09.54   |             |
| 5<br>6  | Hornsby. 4<br>Kings Langley, 53   |              | 1:09.78<br>1:12.82  |             |
| 6   | Western Suburbs, 20   |              | 1:12.82   |             |
|   | Cherrybrook, 219  |              | DQ  | IAAF 170.09 |
| FINAL   |   |              |   |             |
| 1   | Randwick Botany, 1  |              | 1:04.41   |             |
| 2<br>3  | Rvde, 38<br>Camden, 61  |              | 1:05.04<br>1:05.67  |             |
| 4   | Manly Warringah, 3  |              | 1:06.22   |             |
| 5   | Mosman, 19  |              | 1:06.61   |             |
| 6<br>7  | Ku-Ring-Gai. 84<br>Albion Park. 71  |              | 1:07.37<br>1:07.85  |             |
| 8   | Northern Suburbs, 54  |              | 1:08.33   |             |
|   | Doonside, 140   |              | DQ  | IAAF 170.6  |
|   |   |              | 54  |             |
| Boy   | s U 9 - 100 Metre x 4   |              | 54  |             |
| R   | ecord Elect: 59.68 E 28/11/2009   | Cherrybrook, |   |             |
| R<br>Heat   | ecord Elect: 59.68 E 28/11/2009<br>1 Heats  | Cherrybrook, |   |             |
| Ro<br>Heat<br>1   | ecord Elect: 59.68 E 28/11/2009  1 Heats  Campbelltown. 36  | Cherrybrook, | 1:00.98 Q   |             |
| R<br>Heat   | ecord Elect: 59.68 E 28/11/2009<br>1 Heats  |              |   |             |
| 1<br>2<br>3<br>4  | ecord Elect: 59.68 E 28/11/2009  1 Heats  Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai, 84  | <br>         | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87  |             |
| Reat 1 2 3 4 5  | ecord Elect: 59.68 E 28/11/2009  1 Heats  Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19   | <br>         | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87<br>1:03.01   |             |
| 1<br>2<br>3<br>4  | ecord Elect: 59.68 E 28/11/2009  1 Heats  Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai, 84  | <br>         | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87  |             |
| Reat 1 2 3 4 5 6 7  | Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19 Cherrvbrook. 219 Helensburgh, 44 Eastern Suburbs. 2   | <br>         | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87<br>1:03.01<br>1:03.35  |             |
| Ro<br>Heat<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>Heat  | Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19 Cherrybrook. 219 Helensburgh. 44 Eastern Suburbs. 2 2 Heats   | <br><br><br> | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87<br>1:03.01<br>1:03.35<br>1:05.02<br>1:07.54  |             |
| Ro<br>Heat<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>Heat  | ecord Elect: 59.68 E 28/11/2009  1 Heats  Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19 Cherrybrook. 219 Helensburgh. 44 Eastern Suburbs. 2 2 Heats Bankstown Sports, 5   | <br>         | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87<br>1:03.01<br>1:03.35<br>1:05.02<br>1:07.54  |             |
| Ro<br>Heat<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>Heat  | A coord Elect: 59.68 E 28/11/2009  1 Heats  Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19 Cherrybrook. 219 Helensburgh. 44 Eastern Suburbs. 2  2 Heats  Bankstown Sports. 5 Balmain. 17 Hills District. 15  | <br><br><br> | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87<br>1:03.01<br>1:03.35<br>1:05.02<br>1:07.54<br>E 59.16 Q<br>1:00.79 q<br>1:02.53   |             |
| Reat 1 2 3 4 5 6 7 8 Heat 1 2 2 3 4 4 4 4 5 6 7 8 4 6 7 8 6 7 8 7 8 7 8 7 8 7 8 7 8 7 8 7 8   | Campbelltown. 36 Bathurst, 59 Nepean, 13 Ku-Ring-Gai. 84 Mosman, 19 Cherrybrook, 219 Helensburgh, 44 Eastern Suburbs, 2 Heats Bankstown Sports. 5 Balmain, 17 Hills District. 15 Kings Langlev, 53  | <br><br><br> | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87<br>1:03.01<br>1:03.35<br>1:05.02<br>1:07.54<br>E 59.16 Q<br>1:00.79 q<br>1:02.53<br>1:02.86  |             |
| Reat 1 2 3 4 5 6 7 8 Heat 1 2 3 4 4 5 5 6 5 4 5 5 6 6 7 8 6 6 7 8 6 6 7 8 6 7 8 6 7 8 7 8   | Accord Elect: 59.68 E 28/11/2009  1 Heats  Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19 Cherrvbrook. 219 Helensburgh. 44 Eastern Suburbs. 2  2 Heats  Bankstown Sports. 5 Balmain. 17 Hills District. 15 Kings Langlev. 53 Blacktown. 8  | <br><br><br> | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87<br>1:03.01<br>1:03.35<br>1:05.02<br>1:07.54<br>E 59.16 Q<br>1:00.79 q<br>1:02.53<br>1:02.86<br>1:03.33   |             |
| Reat 1 2 3 4 5 6 7 8 Heat 1 2 2 3 4 4 4 4 5 6 7 8 4 6 7 8 6 7 8 7 8 7 8 7 8 7 8 7 8 7 8 7 8   | Campbelltown. 36 Bathurst, 59 Nepean, 13 Ku-Ring-Gai. 84 Mosman, 19 Cherrybrook, 219 Helensburgh, 44 Eastern Suburbs, 2 Heats Bankstown Sports. 5 Balmain, 17 Hills District. 15 Kings Langlev, 53  | <br><br><br> | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87<br>1:03.01<br>1:03.35<br>1:05.02<br>1:07.54<br>E 59.16 Q<br>1:00.79 q<br>1:02.53<br>1:02.86  |             |
| Ronal | A coord Elect: 59.68 E 28/11/2009  1 Heats  Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19 Cherrybrook. 219 Helensburgh. 44 Eastern Suburbs. 2  2 Heats  Bankstown Sports. 5 Balmain. 17 Hills District. 15 Kings Langlev. 53 Blacktown. 8 Rvde. 38 Albion Park. 71  3 Heats   |              | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87<br>1:03.01<br>1:03.35<br>1:05.02<br>1:07.54<br>E 59.16 Q<br>1:00.79 q<br>1:02.53<br>1:02.86<br>1:03.33<br>1:04.91<br>1:06.42   |             |
| Reat 1 2 3 4 5 6 7 8 Heat 1 2 3 4 4 5 6 7 Heat 1 1  | A coord Elect: 59.68 E 28/11/2009  1 Heats  Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19 Cherrybrook. 219 Helensburgh. 44 Eastern Suburbs. 2  2 Heats  Bankstown Sports. 5 Balmain. 17 Hills District. 15 Kings Langlev. 53 Blacktown. 8 Rvde. 38 Albion Park. 71  3 Heats Port Hacking. 110   |              | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87<br>1:03.01<br>1:03.35<br>1:05.02<br>1:07.54<br>E 59.16 Q<br>1:00.79 q<br>1:02.53<br>1:02.86<br>1:03.33<br>1:04.91<br>1:06.42   |             |
| Ronal | A coord Elect: 59.68 E 28/11/2009  1 Heats  Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19 Cherrybrook. 219 Helensburgh. 44 Eastern Suburbs. 2  2 Heats  Bankstown Sports. 5 Balmain. 17 Hills District. 15 Kings Langlev. 53 Blacktown. 8 Rvde. 38 Albion Park. 71  3 Heats   |              | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87<br>1:03.01<br>1:03.35<br>1:05.02<br>1:07.54<br>E 59.16 Q<br>1:00.79 q<br>1:02.53<br>1:02.86<br>1:03.33<br>1:04.91<br>1:06.42   |             |
| Reat 1 2 3 4 5 6 7 8 Heat 1 2 3 4 5 6 7 Heat 1 2 3 4 5 6 7 Heat 1 4 5 6 7 Heat  | A Cord Elect: 59.68 E 28/11/2009  1 Heats  Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19 Cherrybrook. 219 Helensburgh. 44 Eastern Suburbs. 2  2 Heats  Bankstown Sports. 5 Balmain. 17 Hills District. 15 Kings Langlev. 53 Blacktown. 8 Rvde. 38 Albion Park. 71  3 Heats  Port Hacking. 110 Manly Warringah. 3 Randwick Botanv. 1 Hornsby. 4  |              | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87<br>1:03.01<br>1:03.35<br>1:05.02<br>1:07.54<br>E 59.16 Q<br>1:00.79 q<br>1:02.53<br>1:02.86<br>1:03.33<br>1:04.91<br>1:06.42<br>1:00.10 Q<br>1:00.66 q<br>1:00.71 q<br>1:01.90                       |             |
| Reat 1 2 3 4 5 6 7 8 Heat 1 2 3 4 5 6 7 Heat 1 2 3 4 5 6 7 Heat 5 6 7 Heat 5 6 7 Heat   | A coord Elect: 59.68 E 28/11/2009  1 Heats  Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19 Cherrybrook. 219 Helensburgh. 44 Eastern Suburbs. 2  2 Heats  Bankstown Sports. 5 Balmain. 17 Hills District. 15 Kings Langlev. 53 Blacktown. 8 Rvde. 38 Albion Park. 71  3 Heats  Port Hacking. 110 Manly Warringah. 3 Randwick Botany. 1 Hornsby. 4 Northern Suburbs. 54                            |              | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87<br>1:03.01<br>1:03.35<br>1:05.02<br>1:07.54<br>E 59.16 Q<br>1:00.79 q<br>1:02.53<br>1:02.86<br>1:03.33<br>1:04.91<br>1:06.42<br>1:00.10 Q<br>1:00.66 q<br>1:00.71 q<br>1:01.90<br>1:02.95            |             |
| Reat 1 2 3 4 5 6 7 8 Heat 1 2 3 4 5 6 7 Heat 1 2 3 4 5 6 7 Heat 1 4 5 6 7 Heat  | A Cord Elect: 59.68 E 28/11/2009  1 Heats  Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19 Cherrybrook. 219 Helensburgh. 44 Eastern Suburbs. 2  2 Heats  Bankstown Sports. 5 Balmain. 17 Hills District. 15 Kings Langlev. 53 Blacktown. 8 Rvde. 38 Albion Park. 71  3 Heats  Port Hacking. 110 Manly Warringah. 3 Randwick Botany. 1 Hornsby. 4 Northern Suburbs. 54 St George. 9                |              | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87<br>1:03.01<br>1:03.35<br>1:05.02<br>1:07.54<br>E 59.16 Q<br>1:00.79 q<br>1:02.53<br>1:02.86<br>1:03.33<br>1:04.91<br>1:06.42<br>1:00.10 Q<br>1:00.66 q<br>1:00.71 q<br>1:01.90<br>1:02.95<br>1:04.08 |             |
| Reat 1 2 3 4 5 6 7 8 Heat 1 2 3 4 5 6 7 Heat 1 2 3 4 5 6 7  | A Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19 Cherrvbrook. 219 Helensburgh. 44 Eastern Suburbs. 2 2 Heats Bankstown Sports. 5 Balmain. 17 Hills District. 15 Kings Langlev. 53 Blacktown. 8 Rvde. 38 Albion Park. 71 3 Heats Port Hacking. 110 Manlv Warringah. 3 Randwick Botanv. 1 Hornsbv. 4 Northern Suburbs. 54 St George. 9 Parramatta. 7 Camden. 61                                    |              | 1:00.98 Q<br>1:01.59 q<br>1:01.70 q<br>1:01.87<br>1:03.01<br>1:03.35<br>1:05.02<br>1:07.54<br>E 59.16 Q<br>1:00.79 q<br>1:02.53<br>1:02.86<br>1:03.33<br>1:04.91<br>1:06.42<br>1:00.10 Q<br>1:00.66 q<br>1:00.71 q<br>1:01.90<br>1:02.95            | IAAF 170.7  |
| Reat  1 2 3 4 5 6 7 8 Heat  1 2 3 4 5 6 7 Heat  1 2 3 4 5 6 7 Heat  1 4 5 6 7 Heat  1 4 5 6 7 Heat  | A Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19 Cherrvbrook. 219 Helensburgh. 44 Eastern Suburbs. 2 2 Heats  Bankstown Sports. 5 Balmain. 17 Hills District. 15 Kings Langlev. 53 Blacktown. 8 Rvde. 38 Albion Park. 71 3 Heats  Port Hacking. 110 Manly Warringah. 3 Randwick Botanv. 1 Hornsby. 4 Northern Suburbs. 54 St George. 9 Parramatta. 7 Camden. 61 4 Heats                          |              | 1:00.98 Q 1:01.59 q 1:01.70 q 1:01.87 1:03.01 1:03.35 1:05.02 1:07.54  E 59.16 Q 1:00.79 q 1:02.53 1:02.86 1:03.33 1:04.91 1:06.42  1:00.10 Q 1:00.66 q 1:00.71 q 1:01.90 1:02.95 1:04.08 1:08.25 DQ  | IAAF 170.7  |
| Reat 1 2 3 4 5 6 7 8 Heat 1 2 3 4 5 6 7 Heat 1 2 3 4 5 6 7 Heat 1 1 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1   | A Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19 Cherrvbrook. 219 Helensburgh. 44 Eastern Suburbs. 2 2 Heats  Bankstown Sports. 5 Balmain. 17 Hills District. 15 Kings Langlev. 53 Blacktown. 8 Rvde. 38 Albion Park. 71 3 Heats  Port Hacking. 110 Manly Warringah. 3 Randwick Botanv. 1 Hornsby. 4 Northern Suburbs. 54 St George. 9 Parramatta. 7 Camden. 61 4 Heats Tuggerah Lk Mingara. 165 |              | 1:00.98 Q 1:01.59 q 1:01.70 q 1:01.87 1:03.01 1:03.35 1:05.02 1:07.54  E 59.16 Q 1:00.79 q 1:02.53 1:02.86 1:03.33 1:04.91 1:06.42  1:00.10 Q 1:00.66 q 1:00.71 q 1:01.90 1:02.95 1:04.08 1:08.25 DQ  | IAAF 170.7  |
| Reat  1 2 3 4 5 6 7 8 Heat  1 2 3 4 5 6 7 Heat  1 2 3 4 5 6 7 Heat  1 4 5 6 7 Heat  1 4 5 6 7 Heat  | A Campbelltown. 36 Bathurst. 59 Nepean. 13 Ku-Ring-Gai. 84 Mosman. 19 Cherrvbrook. 219 Helensburgh. 44 Eastern Suburbs. 2 2 Heats  Bankstown Sports. 5 Balmain. 17 Hills District. 15 Kings Langlev. 53 Blacktown. 8 Rvde. 38 Albion Park. 71 3 Heats  Port Hacking. 110 Manly Warringah. 3 Randwick Botanv. 1 Hornsby. 4 Northern Suburbs. 54 St George. 9 Parramatta. 7 Camden. 61 4 Heats                          |              | 1:00.98 Q 1:01.59 q 1:01.70 q 1:01.87 1:03.01 1:03.35 1:05.02 1:07.54  E 59.16 Q 1:00.79 q 1:02.53 1:02.86 1:03.33 1:04.91 1:06.42  1:00.10 Q 1:00.66 q 1:00.71 q 1:01.90 1:02.95 1:04.08 1:08.25 DQ  | IAAF 170.7  |

| 5                                       | Winston Hills, 76  |                   | 1:07.21  |                          |
|---|--|-------------------|--|--------------------------|
| 6                                       | Western Suburbs, 20  |                   | 1:07.66  |                          |
| 7                                       | Minchinbury, 195   |                   | 1:11.31  |                          |
| 8                                       | Doonside, 140  |                   | 1:11.64  |                          |
| FINAL                                   |  |                   |  |                          |
|   |  |                   |  |                          |
| 1                                       | Bankstown Sports, 5  |                   | 59.30  | RECORD                   |
| 2                                       | Tuggerah Lk Mingara, 165   |                   | 1:00.36  |                          |
| 3                                       | Manly Warringah, 3   |                   | 1:00.40  |                          |
| 4                                       | Port Hacking, 110  |                   | 1:00.50  |                          |
| 5                                       | Campbelltown. 36   |                   | 1:00.95  |                          |
| 6                                       | Randwick Botany, 1   |                   | 1:01.31  |                          |
| 7                                       | Bathurst, 59   |                   | 1:01.48  |                          |
| 8                                       | Balmain, 17  |                   | 1:01.63  |                          |
| 9                                       | Nepean. 13   |                   | 1:01.78  |                          |
| _                                       |  |                   | 1.01.76  |                          |
| Boys                                    | s U 10 - 100 Metre x 4   |                   |  |                          |
| R                                       | ecord Elect: 56.47 E 28/11/2009  | Northern Suburbs, |  |                          |
| Heat                                    | 1 Heats  |                   |  |                          |
| 1                                       | Ryde, 38   |                   | 58.52 Q  |                          |
|   |  |                   |  |                          |
| 2                                       | Emu Plains, 121  |                   | 1:00.75  |                          |
| 3                                       | Kings Langlev. 53  |                   | 1:01.02  |                          |
| 4                                       | Canterbury, 55   |                   | 1:01.09  |                          |
| 5                                       | Campbelltown, 36   |                   | 1:01.95  |                          |
| 6                                       | Minchinburv. 195   |                   | 1:04.64  |                          |
| 7                                       | Eastern Suburbs. 2   |                   | 1:08.68  |                          |
| Heat                                    | 2 Heats  |                   |  |                          |
| 1                                       | Manly Warringah, 3   |                   | 58.75 Q  |                          |
| 2                                       | Camden, 61   |                   | 59.32 q  |                          |
| 3                                       | St George, 9   |                   | 59.75 q  |                          |
| 4                                       | Hornsby, 4   |                   | 1:00.15  |                          |
| 5                                       | Balmain, 17  |                   | 1:00.89  |                          |
| 6                                       | Western Suburbs. 20  |                   | 1:01.51  |                          |
| 7                                       | Doonside, 140  |                   | 1:02.99  |                          |
| 8                                       | Winston Hills, 76  |                   | 1:04.74  |                          |
|   | 3 Heats  |                   | 1.04.74  |                          |
|   |  |                   | F0.40 O  |                          |
| 1                                       | Northern Suburbs, 54   |                   | 58.48 Q  |                          |
| 2                                       | Albion Park, 71  |                   | 59.59 q  |                          |
| 3                                       | Cherrybrook. 219   |                   | 1:00.88  |                          |
|   | Ku-Ring-Gai, 84  |                   | 1:02.40  |                          |
| 5                                       | Liverpool, 48  |                   | 1:02.54  |                          |
|   | Quakers Hill, 199  |                   | DQ   | IAAF 170.7               |
| Heat                                    | 4 Heats  |                   |  |                          |
| 1                                       | Port Hacking, 110  |                   | 58.34 Q  |                          |
| 2                                       | Randwick Botany, 1   |                   | 58.35 q  |                          |
| 3                                       | Mosman, 19   |                   | 58.47 q  |                          |
| 4                                       | Nepean, 13   |                   |  |                          |
|   | Nepean, 13   |                   |  |                          |
|   |  | <br>              | 1:04.48  | IAAF 170.8               |
|   | Hills District, 15   | <br><br>          | 1:04.48<br>DQ  | IAAF 170.8<br>IAAF 170.8 |
|   | Hills District. 15<br>Sutherland. 11   | <br><br>          | 1:04.48  | IAAF 170.8<br>IAAF 170.8 |
| FINAL                                   | Hills District. 15<br>Sutherland, 11   | <br><br>          | 1:04.48<br>DQ<br>DQ  |                          |
| <br><b>FINAL</b><br>1                   | Hills District, 15 Sutherland, 11  Port Hacking, 110   | <br><br>          | 1:04.48<br>DQ<br>DQ<br>57.46   |                          |
| <br>FINAL<br>1<br>2                     | Hills District, 15<br>Sutherland, 11<br>Port Hacking, 110<br>Rvde, 38  | <br><br>          | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89  |                          |
| <br><b>FINAL</b><br>1                   | Hills District. 15 Sutherland. 11  Port Hacking. 110 Rvde. 38 Manly Warringah. 3   | <br><br><br>      | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49   |                          |
| <br>FINAL<br>1<br>2                     | Hills District. 15 Sutherland. 11  Port Hacking. 110 Rvde. 38 Manly Warringah. 3 Randwick Botany. 1  | <br><br><br><br>  | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49<br>58.52  |                          |
| FINAL 1 2 3                             | Hills District. 15 Sutherland. 11  Port Hacking. 110 Rvde. 38 Manly Warringah. 3   |                   | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49<br>58.52<br>59.24                               |                          |
| FINAL 1 2 3 4                           | Hills District. 15 Sutherland. 11  Port Hacking. 110 Rvde. 38 Manly Warringah. 3 Randwick Botany. 1  | <br><br>          | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49<br>58.52  |                          |
| FINAL 1 2 3 4 5                         | Hills District, 15 Sutherland, 11  Port Hacking, 110 Rvde, 38 Manly Warringah, 3 Randwick Botany, 1 Camden, 61   | <br><br><br>      | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49<br>58.52<br>59.24                               |                          |
| FINAL  1 2 3 4 5 6                      | Hills District. 15 Sutherland. 11  Port Hacking. 110 Rvde. 38 Manlv Warringah. 3 Randwick Botanv. 1 Camden. 61 Mosman. 19  | <br><br><br>      | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49<br>58.52<br>59.24<br>59.50                      |                          |
| FINAL  1 2 3 4 5 6 7                    | Hills District. 15 Sutherland. 11  Port Hacking. 110 Rvde. 38 Manlv Warringah. 3 Randwick Botanv. 1 Camden. 61 Mosman. 19 St George. 9   | <br><br><br>      | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49<br>58.52<br>59.24<br>59.50<br>59.78             | IAAF 170.8               |
| FINAL  1 2 3 4 5 6 7                    | Hills District. 15 Sutherland. 11  Port Hacking. 110 Rvde. 38 Manlv Warringah. 3 Randwick Botanv. 1 Camden. 61 Mosman. 19 St George. 9 Albion Park. 71 Northern Suburbs. 54  | <br><br><br>      | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49<br>58.52<br>59.24<br>59.50<br>59.78<br>DQ       | IAAF 170.8               |
| FINAL  1 2 3 4 5 6 7                    | Hills District. 15 Sutherland. 11  Port Hacking. 110 Rvde. 38 Manlv Warringah. 3 Randwick Botanv. 1 Camden. 61 Mosman. 19 St George. 9 Albion Park. 71 Northern Suburbs. 54  s U 11 - 100 Metre x 4  |                   | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49<br>58.52<br>59.24<br>59.50<br>59.78<br>DQ       | IAAF 170.8               |
| FINAL  1 2 3 4 5 6 7 Boys               | Hills District, 15 Sutherland, 11  Port Hacking, 110 Ryde, 38 Manly Warringah, 3 Randwick Botany, 1 Camden, 61 Mosman, 19 St George, 9 Albion Park, 71 Northern Suburbs, 54  S U 11 - 100 Metre x 4 ecord Elect: 53.76 E 27/11/2010  | <br><br><br>      | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49<br>58.52<br>59.24<br>59.50<br>59.78<br>DQ       | IAAF 170.8               |
| FINAL  1 2 3 4 5 6 7 Boys               | Hills District. 15 Sutherland. 11  Port Hacking. 110 Rvde. 38 Manlv Warringah. 3 Randwick Botanv. 1 Camden. 61 Mosman. 19 St George. 9 Albion Park. 71 Northern Suburbs. 54  s U 11 - 100 Metre x 4  |                   | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49<br>58.52<br>59.24<br>59.50<br>59.78<br>DQ       | IAAF 170.8               |
| FINAL  1 2 3 4 5 6 7 Boys               | Hills District, 15 Sutherland, 11  Port Hacking, 110 Ryde, 38 Manly Warringah, 3 Randwick Botany, 1 Camden, 61 Mosman, 19 St George, 9 Albion Park, 71 Northern Suburbs, 54  S U 11 - 100 Metre x 4 ecord Elect: 53.76 E 27/11/2010  |                   | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49<br>58.52<br>59.24<br>59.50<br>59.78<br>DQ       | IAAF 170.8               |
| FINAL  1 2 3 4 5 6 7 Boys R Heat 1      | Hills District. 15 Sutherland. 11  Port Hacking. 110 Rvde. 38 Manlv Warringah. 3 Randwick Botanv. 1 Camden. 61 Mosman. 19 St George. 9 Albion Park. 71 Northern Suburbs. 54  SU 11 - 100 Metre x 4 ecord Elect: 53.76 E 27/11/2010 1 Heats Mosman. 19                              |                   | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49<br>58.52<br>59.24<br>59.50<br>59.78<br>DQ<br>DQ | IAAF 170.8               |
| FINAL  1 2 3 4 5 6 7 Boys R Heat        | Hills District. 15 Sutherland. 11  Port Hacking. 110 Rvde. 38 Manlv Warringah. 3 Randwick Botanv. 1 Camden. 61 Mosman. 19 St George. 9 Albion Park. 71 Northern Suburbs. 54  SU 11 - 100 Metre x 4 ecord Elect: 53.76 E 27/11/2010 1 Heats Mosman. 19 Manly Warringah. 3           |                   | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49<br>58.52<br>59.24<br>59.50<br>59.78<br>DQ<br>DQ | IAAF 170.8               |
| FINAL  1 2 3 4 5 6 7 Boys Re Heat 1 2 3 | Hills District. 15 Sutherland. 11  Port Hacking. 110 Rvde. 38 Manlv Warringah. 3 Randwick Botanv. 1 Camden. 61 Mosman. 19 St George. 9 Albion Park. 71 Northern Suburbs. 54  S U 11 - 100 Metre x 4 ecord Elect: 53.76 E 27/11/2010 1 Heats Mosman. 19 Manly Warringah. 3 Rvde. 38 |                   | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49<br>58.52<br>59.24<br>59.50<br>59.78<br>DQ<br>DQ | IAAF 170.8               |
| FINAL  1 2 3 4 5 6 7 Boys Ro Heat 1 2   | Hills District. 15 Sutherland. 11  Port Hacking. 110 Rvde. 38 Manlv Warringah. 3 Randwick Botanv. 1 Camden. 61 Mosman. 19 St George. 9 Albion Park. 71 Northern Suburbs. 54  SU 11 - 100 Metre x 4 ecord Elect: 53.76 E 27/11/2010 1 Heats Mosman. 19 Manly Warringah. 3           | Northern Suburbs, | 1:04.48<br>DQ<br>DQ<br>57.46<br>57.89<br>58.49<br>58.52<br>59.24<br>59.50<br>59.78<br>DQ<br>DQ | IAAF 170.8               |

| 6 Kings Langley, 53 7 Winston Hills, 76 8 Albion Park, 71 Heat 2 Heats  | <br>              | 59.83<br>1:00.10<br>1:01.01   |            |
|---|-------------------|---|------------|
| <ol> <li>Northern Suburbs. 54</li> <li>Randwick Botanv. 1</li> <li>Port Hacking. 110</li> <li>Balmain. 17</li> <li>Bathurst. 59</li> <li>Western Suburbs. 20</li> <li>Ku-Ring-Gai. 84</li> </ol>  | <br><br><br>      | 57.66 Q<br>58.09 q<br>58.76<br>59.24<br>1:00.02<br>1:02.26<br>1:02.44   |            |
| Heat 3 Heats  1 Eastern Suburbs, 2 2 Campbelltown, 36 3 Hills District, 15 4 Cherrybrook, 219 5 Sutherland, 11 6 Doonside, 140 7 Quakers Hill, 199 Minchinbury, 195   | <br><br><br>      | 56.21 Q<br>57.92 q<br>57.95 q<br>58.09<br>58.98<br>1:01.32<br>1:02.51   | IAAF 170.6 |
| FINAL   |                   |   |            |
| <ul> <li>1 Manly Warringah, 3</li> <li>2 Eastern Suburbs. 2</li> <li>3 Mosman, 19</li> <li>4 Northern Suburbs, 54</li> <li>5 Hills District, 15</li> <li>6 Campbelltown, 36</li> <li>7 Rvde, 38</li> <li>8 Rouse Hill Rams, 248</li> <li>9 Randwick Botany, 1</li> </ul>  | <br><br><br><br>  | 55.79<br>55.83<br>56.44<br>57.39<br>57.68<br>58.11<br>58.17<br>58.37<br>58.37   |            |
| Boys U 12 - 100 Metre x 4   |                   |   |            |
| Record Elect: 52.42 E 27/11/2011  | Northern Suburbs, | -   |            |
|   |                   |   |            |
| Heat 1 Heats  | ,                 |   |            |
| <ol> <li>Colvton/St Clair. 151</li> <li>Ku-Ring-Gai. 84</li> <li>Balmain. 17</li> <li>Mosman. 19</li> <li>Northern Suburbs. 54</li> <li>Kings Langley. 53</li> </ol>  | <br><br><br>      | 55.40 Q<br>55.45 q<br>55.54<br>55.69<br>57.37<br>58.62  |            |
| <ol> <li>Colvton/St Clair. 151</li> <li>Ku-Ring-Gai. 84</li> <li>Balmain. 17</li> <li>Mosman. 19</li> <li>Northern Suburbs. 54</li> </ol>   | <br><br><br>      | 55.40 Q<br>55.45 q<br>55.54<br>55.69<br>57.37   |            |
| 1 Colvton/St Clair. 151 2 Ku-Ring-Gai. 84 3 Balmain. 17 4 Mosman. 19 5 Northern Suburbs. 54 6 Kings Langlev. 53 7 Tallawong Park. 139 Heat 2 Heats 1 Cherrvbrook. 219 2 Randwick Botanv. 1 3 Winston Hills. 76 4 Albion Park. 71 5 Western Suburbs. 20  |                   | 55.40 Q<br>55.45 q<br>55.54<br>55.69<br>57.37<br>58.62  |            |
| 1 Colvton/St Clair, 151 2 Ku-Ring-Gai, 84 3 Balmain, 17 4 Mosman, 19 5 Northern Suburbs, 54 6 Kings Langlev, 53 7 Tallawong Park, 139 Heat 2 Heats 1 Cherrvbrook, 219 2 Randwick Botanv, 1 3 Winston Hills, 76 4 Albion Park, 71 5 Western Suburbs, 20 Heat 3 Heats 1 Port Hacking, 110 2 Rvde, 38 3 Manly Warringah, 3 4 Hills District, 15 5 Campbelltown, 36 6 Sutherland, 11                |                   | 55.40 Q<br>55.45 q<br>55.54<br>55.69<br>57.37<br>58.62<br>59.28<br>55.21 Q<br>56.01<br>56.37<br>59.40<br>1:02.51<br>53.84 Q<br>54.02 q<br>54.02 q<br>54.28 q<br>54.94 q<br>55.14 q<br>55.38 q |            |
| 1 Colvton/St Clair, 151 2 Ku-Ring-Gai, 84 3 Balmain, 17 4 Mosman, 19 5 Northern Suburbs, 54 6 Kings Langlev, 53 7 Tallawong Park, 139 Heat 2 Heats 1 Cherrybrook, 219 2 Randwick Botany, 1 3 Winston Hills, 76 4 Albion Park, 71 5 Western Suburbs, 20 Heat 3 Heats 1 Port Hacking, 110 2 Ryde, 38 3 Manly Warringah, 3 4 Hills District, 15 5 Campbelltown, 36                                 |                   | 55.40 Q<br>55.45 q<br>55.54<br>55.69<br>57.37<br>58.62<br>59.28<br>55.21 Q<br>56.01<br>56.37<br>59.40<br>1:02.51<br>53.84 Q<br>54.02 q<br>54.02 q<br>54.28 q<br>54.94 q<br>55.14 q            |            |
| 1 Colvton/St Clair. 151 2 Ku-Ring-Gai. 84 3 Balmain. 17 4 Mosman. 19 5 Northern Suburbs. 54 6 Kings Langlev. 53 7 Tallawong Park. 139 Heat 2 Heats 1 Cherrvbrook. 219 2 Randwick Botanv. 1 3 Winston Hills. 76 4 Albion Park. 71 5 Western Suburbs. 20 Heat 3 Heats 1 Port Hacking. 110 2 Rvde. 38 3 Manlv Warringah. 3 4 Hills District. 15 5 Campbelltown. 36 6 Sutherland. 11 7 St George. 9 |                   | 55.40 Q<br>55.45 q<br>55.54<br>55.69<br>57.37<br>58.62<br>59.28<br>55.21 Q<br>56.01<br>56.37<br>59.40<br>1:02.51<br>53.84 Q<br>54.02 q<br>54.02 q<br>54.28 q<br>54.94 q<br>55.14 q<br>55.38 q |            |

| Record Elect: 50.36 E 29/11/2009 Heat 1 Heats   | Hills District,     |  |                          |
|---|---------------------|--|--------------------------|
|   |                     | 51.84 Q  |                          |
| 1 Sutherland. 11<br>2 Illawong. 70  |                     | 51.64 Q<br>52.66 q   |                          |
| 3 Campbelltown, 36  |                     | 54.17  |                          |
| 4 Port Hacking, 110   |                     | 54.44  |                          |
| 5 Doonside. 140   |                     | 55.27  |                          |
| 6 Tiger West. 68  |                     | 1:00.88  |                          |
| Mosman, 19  |                     | DQ   | IAAF 170.7               |
| Heat 2 Heats  |                     | <b>-</b> 0.04.0  |                          |
| 1 Randwick Botany, 1  |                     | 50.94 Q  |                          |
| <ul><li>2 Nepean. 13</li><li>3 Rvde. 38</li></ul>   |                     | 51.96 q<br>52.94 q   |                          |
| 4 Hills District, 15  |                     | 52.94 q<br>55.14   |                          |
| 5 Ku-Ring-Gai, 84   |                     | 56.50  |                          |
| 6 St George, 9  |                     | 1:00.21  |                          |
| Heat 3 Heats  |                     |  |                          |
| 1 Manly Warringah, 3  |                     | 51.68 Q  |                          |
| 2 Hornsbv. 4  |                     | <b>51.87</b> q   |                          |
| 3 Northern Suburbs, 54  |                     | 52.50 q  |                          |
| 4 Parramatta, 7   |                     | 53.04 q  |                          |
| 5 Cherrybrook, 219  |                     | 53.53  |                          |
| 6 Kings Langlev. 53<br>7 Girraween. 51  |                     | 54.07<br>55.36   |                          |
| ,   |                     | 33.30  |                          |
| FINAL   |                     |  |                          |
| 1 Randwick Botany, 1  |                     | 50.85  |                          |
| <ul><li>2 Manlv Warringah. 3</li><li>3 Hornsby, 4</li></ul>   |                     | 51.40  |                          |
| 3 Hornsbv. 4<br>4 Sutherland. 11  |                     | 52.44<br>52.54   |                          |
| 5 Nepean, 13  |                     | 52.54<br>52.55   |                          |
| 6 Rvde. 38  |                     | 52.65  |                          |
| 7 Illawong, 70  |                     | 52.96  |                          |
| 8 Northern Suburbs, 54  |                     | 53.84  |                          |
|   |                     |  |                          |
| Parramatta. 7   |                     | DQ   | IAAF 170.6               |
|   |                     | DQ   | IAAF 170.6               |
| Boys U 14 - 100 Metre x 4   | <br>Manly Warringah | DQ   | IAAF 170.6               |
|   | Manly Warringah,    | DQ   | IAAF 170.6               |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010 Heat 1 Heats   | Manly Warringah,    |  | IAAF 170.6               |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010 Heat 1 Heats 1 Tuggerah Lk Mingara, 165  | Manly Warringah,    | 49.39 Q  | IAAF 170.6               |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010 Heat 1 Heats 1 Tuggerah Lk Mingara, 165 2 Sutherland, 11   | Manly Warringah,    |  | IAAF 170.6               |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010 Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11  | Manly Warringah,    | 49.39 Q<br>50. <b>2</b> 5 q  | IAAF 170.6               |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010 Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manly Warringah, 3   | Manly Warringah,    | 49.39 Q<br>50.25 q<br>50.82 q  | IAAF 170.6               |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010 Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manlv Warringah, 3 4 Albion Park, 71 5 Tiger West, 68 6 Randwick Botany, 1   | Manly Warringah,    | 49.39 Q<br>50.25 q<br>50.82 q<br>53.58 q   | IAAF 170.6               |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010 Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manlv Warringah, 3 4 Albion Park, 71 5 Tiger West, 68 6 Randwick Botany, 1 Heat 2 Heats  | Manly Warringah,    | 49.39 Q<br>50.25 q<br>50.82 q<br>53.58 q<br>56.23<br>56.82   | IAAF 170.6               |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manlv Warringah, 3 4 Albion Park, 71 5 Tiger West, 68 6 Randwick Botany, 1  Heat 2 Heats 1 Northern Suburbs, 54   | Manly Warringah,    | 49.39 Q<br>50.25 q<br>50.82 q<br>53.58 q<br>56.23<br>56.82   | IAAF 170.6               |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manlv Warringah, 3 4 Albion Park, 71 5 Tiger West, 68 6 Randwick Botany, 1  Heat 2 Heats 1 Northern Suburbs, 54 2 Bankstown Sports, 5   | Manly Warringah,    | 49.39 Q<br>50.25 q<br>50.82 q<br>53.58 q<br>56.23<br>56.82<br>47.84 Q<br>49.36 q   | IAAF 170.6               |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manlv Warringah, 3 4 Albion Park, 71 5 Tiger West, 68 6 Randwick Botany, 1  Heat 2 Heats 1 Northern Suburbs, 54 2 Bankstown Sports, 5 3 Port Hacking, 110   | Manly Warringah,    | 49.39 Q<br>50.25 q<br>50.82 q<br>53.58 q<br>56.23<br>56.82<br>47.84 Q<br>49.36 q<br>51.59 q  | IAAF 170.6               |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manlv Warringah, 3 4 Albion Park, 71 5 Tiger West, 68 6 Randwick Botany, 1  Heat 2 Heats 1 Northern Suburbs, 54 2 Bankstown Sports, 5 3 Port Hacking, 110 4 Cherrybrook, 219  | Manly Warringah,    | 49.39 Q<br>50.25 q<br>50.82 q<br>53.58 q<br>56.23<br>56.82<br>47.84 Q<br>49.36 q<br>51.59 q<br>51.93 q   | IAAF 170.6               |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010 Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manlv Warringah, 3 4 Albion Park, 71 5 Tiger West, 68 6 Randwick Botany, 1 Heat 2 Heats 1 Northern Suburbs, 54 2 Bankstown Sports, 5 3 Port Hacking, 110 4 Cherrybrook, 219 5 Campbelltown, 36   | Manly Warringah,    | 49.39 Q<br>50.25 q<br>50.82 q<br>53.58 q<br>56.23<br>56.82<br>47.84 Q<br>49.36 q<br>51.59 q<br>51.93 q<br>53.77 q  |                          |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manlv Warringah, 3 4 Albion Park, 71 5 Tiger West, 68 6 Randwick Botanv, 1  Heat 2 Heats 1 Northern Suburbs, 54 2 Bankstown Sports, 5 3 Port Hacking, 110 4 Cherrvbrook, 219 5 Campbelltown, 36 Rvde, 38  | Manly Warringah,    | 49.39 Q<br>50.25 q<br>50.82 q<br>53.58 q<br>56.23<br>56.82<br>47.84 Q<br>49.36 q<br>51.59 q<br>51.93 q<br>53.77 q  | IAAF 170.7               |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manlv Warringah, 3 4 Albion Park, 71 5 Tiger West, 68 6 Randwick Botanv, 1  Heat 2 Heats 1 Northern Suburbs, 54 2 Bankstown Sports, 5 3 Port Hacking, 110 4 Cherrvbrook, 219 5 Campbelltown, 36 Rvde, 38 Winston Hills, 76  | Manly Warringah,    | 49.39 Q<br>50.25 q<br>50.82 q<br>53.58 q<br>56.23<br>56.82<br>47.84 Q<br>49.36 q<br>51.59 q<br>51.93 q<br>53.77 q  |                          |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manlv Warringah, 3 4 Albion Park, 71 5 Tiger West, 68 6 Randwick Botany, 1  Heat 2 Heats 1 Northern Suburbs, 54 2 Bankstown Sports, 5 3 Port Hacking, 110 4 Cherrybrook, 219 5 Campbelltown, 36 Rvde, 38 Winston Hills, 76  | Manly Warringah,    | 49.39 Q<br>50.25 q<br>50.82 q<br>53.58 q<br>56.23<br>56.82<br>47.84 Q<br>49.36 q<br>51.59 q<br>51.93 q<br>53.77 q<br>DQ<br>DQ                            | IAAF 170.7<br>IAAF 170.7 |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manlv Warringah, 3 4 Albion Park, 71 5 Tiger West, 68 6 Randwick Botany, 1  Heat 2 Heats 1 Northern Suburbs, 54 2 Bankstown Sports, 5 3 Port Hacking, 110 4 Cherrybrook, 219 5 Campbelltown, 36 Rvde, 38 Winston Hills, 76  FINAL 1 Bankstown Sports, 5   | Manly Warringah,    | 49.39 Q 50.25 q 50.82 q 53.58 q 56.23 56.82  47.84 Q 49.36 q 51.59 q 51.93 q 53.77 q DQ DQ 47.33   | IAAF 170.7               |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manlv Warringah, 3 4 Albion Park, 71 5 Tiger West, 68 6 Randwick Botanv, 1  Heat 2 Heats 1 Northern Suburbs, 54 2 Bankstown Sports, 5 3 Port Hacking, 110 4 Cherrybrook, 219 5 Campbelltown, 36 Rvde, 38 Winston Hills, 76  FINAL  1 Bankstown Sports, 5 2 Northern Suburbs, 54   | Manly Warringah,    | 49.39 Q<br>50.25 q<br>50.82 q<br>53.58 q<br>56.23<br>56.82<br>47.84 Q<br>49.36 q<br>51.59 q<br>51.93 q<br>53.77 q<br>DQ<br>DQ                            | IAAF 170.7<br>IAAF 170.7 |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manlv Warringah, 3 4 Albion Park, 71 5 Tiger West, 68 6 Randwick Botanv, 1  Heat 2 Heats 1 Northern Suburbs, 54 2 Bankstown Sports, 5 3 Port Hacking, 110 4 Cherrybrook, 219 5 Campbelltown, 36 Rvde, 38 Winston Hills, 76  FINAL  1 Bankstown Sports, 5 2 Northern Suburbs, 54 3 Tuggerah Lk Mingara, 165  | Manly Warringah,    | 49.39 Q<br>50.25 q<br>50.82 q<br>53.58 q<br>56.23<br>56.82<br>47.84 Q<br>49.36 q<br>51.59 q<br>51.93 q<br>53.77 q<br>DQ<br>DQ<br>47.33<br>48.02<br>49.07 | IAAF 170.7<br>IAAF 170.7 |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manlv Warringah, 3 4 Albion Park, 71 5 Tiger West, 68 6 Randwick Botanv, 1  Heat 2 Heats 1 Northern Suburbs, 54 2 Bankstown Sports, 5 3 Port Hacking, 110 4 Cherrybrook, 219 5 Campbelltown, 36 Rvde, 38 Winston Hills, 76  FINAL  1 Bankstown Sports, 5 2 Northern Suburbs, 54 3 Tuggerah Lk Mingara, 165  | Manly Warringah,    | 49.39 Q 50.25 q 50.82 q 53.58 q 56.23 56.82  47.84 Q 49.36 q 51.59 q 51.93 q 53.77 q DQ DQ 47.33 48.02 49.07 50.68                                       | IAAF 170.7<br>IAAF 170.7 |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara, 165 2 Sutherland, 11 3 Manlv Warringah, 3 4 Albion Park, 71 5 Tiger West, 68 6 Randwick Botanv, 1  Heat 2 Heats 1 Northern Suburbs, 54 2 Bankstown Sports, 5 3 Port Hacking, 110 4 Cherrybrook, 219 5 Campbelltown, 36 Rvde, 38 Winston Hills, 76  FINAL  1 Bankstown Sports, 5 2 Northern Suburbs, 54 3 Tuggerah Lk Mingara, 165 4 Sutherland, 11   | Manly Warringah,    | 49.39 Q<br>50.25 q<br>50.82 q<br>53.58 q<br>56.23<br>56.82<br>47.84 Q<br>49.36 q<br>51.59 q<br>51.93 q<br>53.77 q<br>DQ<br>DQ<br>47.33<br>48.02<br>49.07 | IAAF 170.7<br>IAAF 170.7 |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara. 165 2 Sutherland. 11 3 Manlv Warringah. 3 4 Albion Park. 71 5 Tiger West. 68 6 Randwick Botanv. 1  Heat 2 Heats 1 Northern Suburbs. 54 2 Bankstown Sports. 5 3 Port Hacking. 110 4 Cherrvbrook. 219 5 Campbelltown. 36 Ryde. 38 Winston Hills. 76  FINAL  1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Tuggerah Lk Mingara. 165 4 Sutherland. 11 5 Manlv Warringah. 3 6 Cherrvbrook. 219 7 Port Hacking. 110                                       | Manly Warringah,    | 49.39 Q 50.25 q 50.82 q 53.58 q 56.23 56.82  47.84 Q 49.36 q 51.59 q 51.93 q 53.77 q DQ DQ  47.33 48.02 49.07 50.68 51.94 52.04 52.46                    | IAAF 170.7<br>IAAF 170.7 |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara. 165 2 Sutherland. 11 3 Manlv Warringah. 3 4 Albion Park. 71 5 Tiger West. 68 6 Randwick Botanv. 1  Heat 2 Heats  1 Northern Suburbs. 54 2 Bankstown Sports. 5 3 Port Hacking. 110 4 Cherrvbrook. 219 5 Campbelltown. 36 Rvde. 38 Winston Hills. 76  FINAL  1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Tuggerah Lk Mingara. 165 4 Sutherland. 11 5 Manlv Warringah. 3 6 Cherrvbrook. 219 7 Port Hacking. 110 8 Albion Park. 71                    | Manly Warringah,    | 49.39 Q 50.25 q 50.82 q 53.58 q 56.23 56.82  47.84 Q 49.36 q 51.59 q 51.93 q 53.77 q DQ DQ  47.33 48.02 49.07 50.68 51.94 52.04 52.46 54.01              | IAAF 170.7<br>IAAF 170.7 |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara. 165 2 Sutherland. 11 3 Manlv Warringah. 3 4 Albion Park. 71 5 Tiger West. 68 6 Randwick Botanv. 1  Heat 2 Heats 1 Northern Suburbs. 54 2 Bankstown Sports. 5 3 Port Hacking. 110 4 Cherrvbrook. 219 5 Campbelltown. 36 Ryde. 38 Winston Hills. 76  FINAL  1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Tuggerah Lk Mingara. 165 4 Sutherland. 11 5 Manlv Warringah. 3 6 Cherrvbrook. 219 7 Port Hacking. 110                                       | Manly Warringah,    | 49.39 Q 50.25 q 50.82 q 53.58 q 56.23 56.82  47.84 Q 49.36 q 51.59 q 51.93 q 53.77 q DQ DQ  47.33 48.02 49.07 50.68 51.94 52.04 52.46                    | IAAF 170.7<br>IAAF 170.7 |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara. 165 2 Sutherland. 11 3 Manlv Warringah. 3 4 Albion Park. 71 5 Tiger West. 68 6 Randwick Botanv. 1  Heat 2 Heats  1 Northern Suburbs. 54 2 Bankstown Sports. 5 3 Port Hacking. 110 4 Cherrvbrook. 219 5 Campbelltown. 36 Rvde. 38 Winston Hills. 76  FINAL  1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Tuggerah Lk Mingara. 165 4 Sutherland. 11 5 Manlv Warringah. 3 6 Cherrvbrook. 219 7 Port Hacking. 110 8 Albion Park. 71 9 Campbelltown. 36 | Manly Warringah,    | 49.39 Q 50.25 q 50.82 q 53.58 q 56.23 56.82  47.84 Q 49.36 q 51.59 q 51.93 q 53.77 q DQ DQ  47.33 48.02 49.07 50.68 51.94 52.04 52.46 54.01              | IAAF 170.7<br>IAAF 170.7 |
| Boys U 14 - 100 Metre x 4 Record Elect: 47.77 E 28/11/2010  Heat 1 Heats  1 Tuggerah Lk Mingara. 165 2 Sutherland. 11 3 Manlv Warringah. 3 4 Albion Park. 71 5 Tiger West. 68 6 Randwick Botanv. 1  Heat 2 Heats  1 Northern Suburbs. 54 2 Bankstown Sports. 5 3 Port Hacking. 110 4 Cherrvbrook. 219 5 Campbelltown. 36 Rvde. 38 Winston Hills. 76  FINAL  1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Tuggerah Lk Mingara. 165 4 Sutherland. 11 5 Manlv Warringah. 3 6 Cherrvbrook. 219 7 Port Hacking. 110 8 Albion Park. 71                    | Manly Warringah,    | 49.39 Q 50.25 q 50.82 q 53.58 q 56.23 56.82  47.84 Q 49.36 q 51.59 q 51.93 q 53.77 q DQ DQ  47.33 48.02 49.07 50.68 51.94 52.04 52.46 54.01              | IAAF 170.7<br>IAAF 170.7 |

Heat 1 Heats

| 1<br>2  |   |          |  |                   |
|---|---|----------|--|-------------------|
| 2   | Northern Suburbs, 54  |          | 46.32 Q  |                   |
|   | Manly Warringah, 3  |          | 46.59 q  |                   |
| 3   | Camden, 61  |          | 46.85 q  |                   |
| 4   | Albion Park, 71   |          | 47.08 q  |                   |
|   |   |          |  |                   |
| 5   | Doonside, 140   |          | 47.31 q  |                   |
| 6   | Cherrybrook, 219  |          | 50.42  |                   |
| Heat  | 2 Heats   |          |  |                   |
| 1   | Illawong, 70  |          | 46.92 Q  |                   |
| 2   | Bankstown Sports. 5   |          | 47.98 q  |                   |
| 3   | Winston Hills, 76   |          |  |                   |
| _   |   |          |  |                   |
| 4   | Hills District, 15  |          | 49.41 q  |                   |
| 5   | Randwick Botany, 1  |          | 50.82  |                   |
|   | Parramatta. 7   |          | DQ   | IAAF 170.7        |
|   | Campbelltown, 36  |          | DQ   | IAAF 170.7        |
| FINAL   |   |          |  |                   |
| 1   | Northorn Cuburbs E4   |          | 46.24  |                   |
| 1   | Northern Suburbs, 54  | <b></b>  | 46.34  |                   |
| 2   | Illawong, 70  |          | 47.18  |                   |
| 3   | Doonside, 140   |          | 47.80  |                   |
| 4   | Manly Warringah, 3  |          | 47.93  |                   |
| 5   | Albion Park, 71   |          | 48.25  |                   |
| 6   | Camden, 61  |          | 48.98  |                   |
| 7   | Hills District, 15  |          | 49.25  |                   |
|   |   |          |  | IAAF 170.7        |
|   | Winston Hills, 76   |          | DQ   | IAAF 170.7        |
| Rove  | s U 17 - 100 Metre x 4  |          |  |                   |
| _   |   |          |  |                   |
| неат  | 1 Heats   |          |  |                   |
| 1   | Ku-Ring-Gai, 84   |          | 43.43 Q  |                   |
| 2   | Bankstown Sports, 5   |          | 45.13 q  |                   |
| 3   | Winston Hills. 76   |          | 46.59  |                   |
| 4   | Kings Langley, 53   |          | 47.47  |                   |
|   |   |          |  |                   |
| 5   | Hornsby, 4  |          | 48.45  |                   |
|   | Randwick Botany, 1  |          | DQ   | IAAF 170.7        |
| Heat  | 2 Heats   |          |  |                   |
| 1   | Port Hacking, 110   |          | 44.42 Q  |                   |
| 2   | Camden, 61  |          | 44.74 q  |                   |
| 3   |   |          |  |                   |
|   | Hills District, 15  | <b></b>  | 44.95 q  |                   |
|   |   |          |  |                   |
| 4   | Manly Warringah, 3  |          | 45.01 q  |                   |
|   | Manly Warringah, 3<br>Northern Suburbs, 54  | <br>     |  |                   |
| 4   |   | <br><br> | 45.01 q<br>45.18 q   |                   |
| 4<br>5<br>6   | Northern Suburbs, 54<br>Campbelltown, 36  |          | 45.01 q<br>45.18 q<br>45.41 q  |                   |
| 4<br>5<br>6<br>7  | Northern Suburbs, 54<br>Campbelltown, 36<br>Rvde, 38  | <br>     | 45.01 q<br>45.18 q   |                   |
| 4<br>5<br>6<br>7<br>FINAL   | Northern Suburbs, 54<br>Campbelltown, 36<br>Rvde, 38  | <br>     | 45.01 q<br>45.18 q<br>45.41 q<br>46.50 q   | DECORD            |
| 4<br>5<br>6<br>7<br>FINAL   | Northern Suburbs, 54<br>Campbelltown, 36<br>Rvde. 38<br>Ku-Ring-Gai. 84   | <br>     | 45.01 q<br>45.18 q<br>45.41 q<br>46.50 q   | RECORD            |
| 4<br>5<br>6<br>7<br>FINAL   | Northern Suburbs. 54<br>Campbelltown. 36<br>Rvde. 38<br>Ku-Ring-Gai. 84<br>Port Hacking. 110  | <br>     | 45.01 q<br>45.18 q<br>45.41 q<br>46.50 q<br>43.28<br>44.08   | RECORD            |
| 4<br>5<br>6<br>7<br>FINAL   | Northern Suburbs, 54<br>Campbelltown, 36<br>Rvde. 38<br>Ku-Ring-Gai. 84   | <br>     | 45.01 q<br>45.18 q<br>45.41 q<br>46.50 q   | RECORD            |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2   | Northern Suburbs. 54<br>Campbelltown. 36<br>Rvde. 38<br>Ku-Ring-Gai. 84<br>Port Hacking. 110  | <br>     | 45.01 q<br>45.18 q<br>45.41 q<br>46.50 q<br>43.28<br>44.08<br>44.14  | RECORD            |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4   | Northern Suburbs. 54 Campbelltown. 36 Rvde. 38  Ku-Ring-Gai. 84 Port Hacking. 110 Camden. 61 Northern Suburbs. 54   | <br>     | 45.01 q<br>45.18 q<br>45.41 q<br>46.50 q<br>43.28<br>44.08<br>44.14<br>44.97   | RECORD            |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5  | Northern Suburbs. 54 Campbelltown. 36 Rvde. 38  Ku-Ring-Gai. 84 Port Hacking. 110 Camden. 61 Northern Suburbs. 54 Bankstown Sports. 5   | <br>     | 45.01 q<br>45.18 q<br>45.41 q<br>46.50 q<br>43.28<br>44.08<br>44.14<br>44.97<br>45.08  | RECORD            |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6   | Northern Suburbs, 54 Campbelltown, 36 Rvde, 38  Ku-Ring-Gai, 84 Port Hacking, 110 Camden, 61 Northern Suburbs, 54 Bankstown Sports, 5 Campbelltown, 36  | <br>     | 45.01 q<br>45.18 q<br>45.41 q<br>46.50 q<br>43.28<br>44.08<br>44.14<br>44.97<br>45.08<br>45.38   | RECORD            |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7  | Northern Suburbs. 54 Campbelltown. 36 Rvde. 38  Ku-Ring-Gai. 84 Port Hacking. 110 Camden. 61 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Rvde. 38   | <br>     | 45.01 q<br>45.18 q<br>45.41 q<br>46.50 q<br>43.28<br>44.08<br>44.14<br>44.97<br>45.08<br>45.38<br>47.16  |                   |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6   | Northern Suburbs, 54 Campbelltown, 36 Rvde, 38  Ku-Ring-Gai, 84 Port Hacking, 110 Camden, 61 Northern Suburbs, 54 Bankstown Sports, 5 Campbelltown, 36  | <br>     | 45.01 q<br>45.18 q<br>45.41 q<br>46.50 q<br>43.28<br>44.08<br>44.14<br>44.97<br>45.08<br>45.38   | RECORD IAAF 170.7 |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7  | Northern Suburbs. 54 Campbelltown. 36 Rvde. 38  Ku-Ring-Gai. 84 Port Hacking. 110 Camden. 61 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Rvde. 38 Hills District. 15  | <br>     | 45.01 q<br>45.18 q<br>45.41 q<br>46.50 q<br>43.28<br>44.08<br>44.14<br>44.97<br>45.08<br>45.38<br>47.16  |                   |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7  | Northern Suburbs, 54 Campbelltown, 36 Rvde, 38  Ku-Ring-Gai, 84 Port Hacking, 110 Camden, 61 Northern Suburbs, 54 Bankstown Sports, 5 Campbelltown, 36 Rvde, 38 Hills District, 15 SU 8 - 4 x Long Jump   |          | 45.01 q<br>45.18 q<br>45.41 q<br>46.50 q<br>43.28<br>44.08<br>44.14<br>44.97<br>45.08<br>45.38<br>47.16  |                   |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7  | Northern Suburbs. 54 Campbelltown. 36 Rvde. 38  Ku-Ring-Gai. 84 Port Hacking. 110 Camden. 61 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Rvde. 38 Hills District. 15  |          | 45.01 q<br>45.18 q<br>45.41 q<br>46.50 q<br>43.28<br>44.08<br>44.14<br>44.97<br>45.08<br>45.38<br>47.16  |                   |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7  | Northern Suburbs, 54 Campbelltown, 36 Rvde, 38  Ku-Ring-Gai, 84 Port Hacking, 110 Camden, 61 Northern Suburbs, 54 Bankstown Sports, 5 Campbelltown, 36 Rvde, 38 Hills District, 15 SU 8 - 4 x Long Jump   |          | 45.01 q<br>45.18 q<br>45.41 q<br>46.50 q<br>43.28<br>44.08<br>44.14<br>44.97<br>45.08<br>45.38<br>47.16<br>DQ  |                   |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys  | Northern Suburbs. 54 Campbelltown. 36 Rvde. 38  Ku-Ring-Gai. 84 Port Hacking. 110 Camden. 61 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Rvde. 38 Hills District. 15  SUS - 4 x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai. 84   |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys  | Northern Suburbs. 54 Campbelltown. 36 Rvde. 38  Ku-Ring-Gai. 84 Port Hacking. 110 Camden. 61 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Rvde. 38 Hills District. 15  SUB-4x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai. 84 Western Suburbs. 20  |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts   | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys  | Northern Suburbs. 54 Campbelltown. 36 Rvde. 38  Ku-Ring-Gai. 84 Port Hacking. 110 Camden. 61 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Rvde. 38 Hills District. 15  SUB-4x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai. 84 Western Suburbs. 20 Northern Districts. 157  |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts 2973 pts  | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys  | Northern Suburbs. 54 Campbelltown. 36 Rvde. 38  Ku-Ring-Gai. 84 Port Hacking. 110 Camden. 61 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Rvde. 38 Hills District. 15  SUB-4x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai. 84 Western Suburbs. 20 Northern Districts. 157 Northern Suburbs. 54   |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts 2973 pts 2934 pts   | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys  | Northern Suburbs. 54 Campbelltown. 36 Rvde. 38  Ku-Ring-Gai. 84 Port Hacking. 110 Camden. 61 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Rvde. 38 Hills District. 15  SUS - 4 x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai. 84 Western Suburbs. 20 Northern Districts. 157 Northern Suburbs. 54 Manly Warringah. 3   |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts 2973 pts 2934 pts 2934 pts 2722 pts   | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys<br>1<br>2<br>3<br>4<br>5<br>6<br>6<br>7<br>6<br>7  | Northern Suburbs. 54 Campbelltown. 36 Rvde. 38  Ku-Ring-Gai. 84 Port Hacking. 110 Camden. 61 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Rvde. 38 Hills District. 15  SUB-4x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai. 84 Western Suburbs. 20 Northern Districts. 157 Northern Suburbs. 54   |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts 2973 pts 2934 pts 2934 pts 2722 pts 2625 pts  | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys  | Northern Suburbs. 54 Campbelltown. 36 Rvde. 38  Ku-Ring-Gai. 84 Port Hacking. 110 Camden. 61 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Rvde. 38 Hills District. 15  SUS - 4 x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai. 84 Western Suburbs. 20 Northern Districts. 157 Northern Suburbs. 54 Manly Warringah. 3   |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts 2973 pts 2934 pts 2934 pts 2722 pts   | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>7  | Northern Suburbs. 54 Campbelltown. 36 Rvde. 38  Ku-Ring-Gai. 84 Port Hacking. 110 Camden. 61 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Rvde. 38 Hills District. 15  SUS - 4 x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai. 84 Western Suburbs. 20 Northern Districts. 157 Northern Suburbs. 54 Manly Warringah. 3 Hills District. 15  |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts 2973 pts 2934 pts 2934 pts 2934 pts 2722 pts 2625 pts 2611 pts  | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>8<br>7<br>8<br>8<br>8<br>8<br>8<br>8<br>8<br>8<br>8<br>8<br>8<br>8<br>8<br>8<br>8   | Northern Suburbs, 54 Campbelltown, 36 Rvde, 38  Ku-Ring-Gai, 84 Port Hacking, 110 Camden, 61 Northern Suburbs, 54 Bankstown Sports, 5 Campbelltown, 36 Rvde, 38 Hills District, 15  SUS - 4 x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai, 84 Western Suburbs, 20 Northern Districts, 157 Northern Suburbs, 54 Manly Warringah, 3 Hills District, 15 Girraween, 51 Bankstown Sports, 5  |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts 2973 pts 2934 pts 2934 pts 2934 pts 2722 pts 2625 pts 2611 pts 2607 pts   | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9   | Northern Suburbs, 54 Campbelltown, 36 Rvde, 38  Ku-Ring-Gai, 84 Port Hacking, 110 Camden, 61 Northern Suburbs, 54 Bankstown Sports, 5 Campbelltown, 36 Rvde, 38 Hills District, 15  SUS - 4 x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai, 84 Western Suburbs, 20 Northern Districts, 157 Northern Suburbs, 54 Manly Warringah, 3 Hills District, 15 Girraween, 51 Bankstown Sports, 5 Randwick Botany, 1   |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts 2973 pts 2934 pts 2934 pts 2722 pts 2625 pts 2611 pts 2607 pts 2512 pts   | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>8<br>9<br>10<br>10<br>10<br>10<br>10<br>10<br>10<br>10<br>10<br>10<br>10<br>10<br>10   | Northern Suburbs, 54 Campbelltown, 36 Rvde, 38  Ku-Ring-Gai, 84 Port Hacking, 110 Camden, 61 Northern Suburbs, 54 Bankstown Sports, 5 Campbelltown, 36 Rvde, 38 Hills District, 15  SUS - 4 x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai, 84 Western Suburbs, 20 Northern Districts, 157 Northern Suburbs, 54 Manly Warringah, 3 Hills District, 15 Girraween, 51 Bankstown Sports, 5 Randwick Botany, 1 Rvde, 38  |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts 2973 pts 2934 pts 2973 pts 2934 pts 2722 pts 2625 pts 2611 pts 2607 pts 2512 pts 2512 pts 2358 pts  | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>1<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>1<br>8<br>1<br>8<br>1<br>9<br>1<br>9<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1      | Northern Suburbs, 54 Campbelltown, 36 Rvde, 38  Ku-Ring-Gai, 84 Port Hacking, 110 Camden, 61 Northern Suburbs, 54 Bankstown Sports, 5 Campbelltown, 36 Rvde, 38 Hills District, 15  SUB-4x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai, 84 Western Suburbs, 20 Northern Districts, 157 Northern Suburbs, 54 Manly Warringah, 3 Hills District, 15 Girraween, 51 Bankstown Sports, 5 Randwick Botany, 1 Rvde, 38 Winston Hills, 76   |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts 2973 pts 2934 pts 2722 pts 2625 pts 2611 pts 2607 pts 2611 pts 2607 pts 2512 pts 2512 pts 258 pts   | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>1<br>8<br>1<br>9<br>1<br>9<br>1<br>0<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1 | Northern Suburbs, 54 Campbelltown, 36 Rvde, 38  Ku-Ring-Gai, 84 Port Hacking, 110 Camden, 61 Northern Suburbs, 54 Bankstown Sports, 5 Campbelltown, 36 Rvde, 38 Hills District, 15  SUB-4x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai, 84 Western Suburbs, 20 Northern Districts, 157 Northern Suburbs, 54 Manly Warringah, 3 Hills District, 15 Girraween, 51 Bankstown Sports, 5 Randwick Botany, 1 Rvde, 38 Winston Hills, 76 Parramatta, 7                                 |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts 2973 pts 2973 pts 2934 pts 2722 pts 2625 pts 2611 pts 2607 pts 2611 pts 2607 pts 2512 pts 2512 pts 2358 pts 2258 pts 2258 pts 2258 pts  | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>7<br><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>7<br>8<br>9<br>1<br>9<br>1<br>9<br>1<br>9<br>1<br>9<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1                                | Northern Suburbs, 54 Campbelltown, 36 Rvde, 38  Ku-Ring-Gai, 84 Port Hacking, 110 Camden, 61 Northern Suburbs, 54 Bankstown Sports, 5 Campbelltown, 36 Rvde, 38 Hills District, 15  SUB-4x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai, 84 Western Suburbs, 20 Northern Districts, 157 Northern Suburbs, 54 Manly Warringah, 3 Hills District, 15 Girraween, 51 Bankstown Sports, 5 Randwick Botany, 1 Rvde, 38 Winston Hills, 76 Parramatta, 7 Liverpool, 48                   |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts 2973 pts 2973 pts 2973 pts 2973 pts 2973 pts 2973 pts 2974 pts 2512 pts 2625 pts 2611 pts 2607 pts 2512 pts 2512 pts 2358 pts 2258 pts 2258 pts 2258 pts 22185 pts                  | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>1<br>8<br>1<br>9<br>1<br>9<br>1<br>0<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1 | Northern Suburbs, 54 Campbelltown, 36 Rvde, 38  Ku-Ring-Gai, 84 Port Hacking, 110 Camden, 61 Northern Suburbs, 54 Bankstown Sports, 5 Campbelltown, 36 Rvde, 38 Hills District, 15  SUB-4x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai, 84 Western Suburbs, 20 Northern Districts, 157 Northern Suburbs, 54 Manly Warringah, 3 Hills District, 15 Girraween, 51 Bankstown Sports, 5 Randwick Botany, 1 Rvde, 38 Winston Hills, 76 Parramatta, 7                                 |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts 2973 pts 2973 pts 2934 pts 2722 pts 2625 pts 2611 pts 2607 pts 2611 pts 2607 pts 2512 pts 2512 pts 2358 pts 2258 pts 2258 pts 2258 pts  | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>7<br><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>7<br>1<br>2<br>1<br>3<br>4<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1                      | Northern Suburbs. 54 Campbelltown. 36 Rvde. 38  Ku-Ring-Gai. 84 Port Hacking. 110 Camden. 61 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Rvde. 38 Hills District. 15  SUB-4x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai. 84 Western Suburbs. 20 Northern Districts. 157 Northern Suburbs. 54 Manly Warringah. 3 Hills District. 15 Girraween. 51 Bankstown Sports. 5 Randwick Botanv. 1 Rvde. 38 Winston Hills. 76 Parramatta. 7 Liverpool. 48 Quakers Hill. 199 |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts 2973 pts 2934 pts 2973 pts 2934 pts 2722 pts 2625 pts 2611 pts 2625 pts 2611 pts 2611 pts 2611 pts 2607 pts 2512 pts 2358 pts 2258 pts 2258 pts 2258 pts 2258 pts 2258 pts 2155 pts | IAAF 170.7        |
| 4<br>5<br>6<br>7<br>FINAL<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br><br>Boys<br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>7<br><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>7<br>8<br>9<br>1<br>9<br>1<br>9<br>1<br>9<br>1<br>9<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1<br>1                                | Northern Suburbs, 54 Campbelltown, 36 Rvde, 38  Ku-Ring-Gai, 84 Port Hacking, 110 Camden, 61 Northern Suburbs, 54 Bankstown Sports, 5 Campbelltown, 36 Rvde, 38 Hills District, 15  SUB-4x Long Jump Record: 29.64m R 26/11/2010 Ku-Ring-Gai, 84 Western Suburbs, 20 Northern Districts, 157 Northern Suburbs, 54 Manly Warringah, 3 Hills District, 15 Girraween, 51 Bankstown Sports, 5 Randwick Botany, 1 Rvde, 38 Winston Hills, 76 Parramatta, 7 Liverpool, 48                   |          | 45.01 q 45.18 q 45.41 q 46.50 q  43.28 44.08 44.14 44.97 45.08 45.38 47.16 DQ  3102 pts 3078 pts 2973 pts 2973 pts 2973 pts 2973 pts 2973 pts 2973 pts 2974 pts 2512 pts 2625 pts 2611 pts 2607 pts 2512 pts 2512 pts 2358 pts 2258 pts 2258 pts 2258 pts 22185 pts                  | IAAF 170.7        |

| 17 Rouse Hill Rams, 248   |                               | 1923 pts             |
|---|-------------------------------|----------------------|
| Boys U 9 - 4 x Long Jump  |                               |                      |
| Record: 30.53m R  | 28/11/2009 Manly Warringah,   |                      |
| 1 Bankstown Sports, 5   |                               | 3047 pts             |
| 2 Manly Warringah, 3  |                               | 2823 pts             |
| 3 Port Hacking, 110<br>4 Randwick Botany, 1                         | <del></del>                   | 2819 pts<br>2706 pts |
| 5 Northern Suburbs. 54  | <br>                          | 2678 pts             |
| 6 Northern Districts, 157   |                               | 2658 pts             |
| 7 Hornsby, 4  | <del></del>                   | 2653 pts             |
| 8 Parramatta. 7   |                               | 2530 pts             |
| 9 Rvde. 38  |                               | 2505 pts             |
| 10 Ku-Ring-Gai, 84  |                               | 2493 pts             |
| 11 Holrovd, 6   |                               | 2409 pts             |
| 12 Canterbury. 55   |                               | 2362 pts             |
| 13 Blacktown, 8   |                               | 2344 pts             |
| 14 Liverpool, 48<br>15 Doonside, 140                                | <br>                          | 2332 pts<br>2246 pts |
| 16 Cherrybrook. 219   |                               | 2133 pts             |
| 17 Winston Hills, 76  |                               | 1994 pts             |
| 18 Kings Langley, 53  | <del></del>                   | 1991 pts             |
| 19 Rouse Hill Rams, 248   |                               | 1839 pts             |
| Boys U 10 - Long/High   |                               |                      |
| Record: 31.93m R  | 28/11/2009 Manly Warringah,   |                      |
| 1 Manly Warringah, 3  | 25/11/2005 Walling Wallingan, | 3246 pts RECORD      |
| 2 Bankstown Sports, 5   |                               | 3162 pts             |
| 3 Northern Districts, 157   | <del></del>                   | 3044 pts             |
| 4 Ku-Ring-Gai. 84   |                               | 2893 pts             |
| 5 Rvde, 38  |                               | 2822 pts             |
| 6 Douglas Park, 179   |                               | 2713 pts             |
| 7 Colvton/St Clair, 151   |                               | 2710 pts             |
| 8 Winston Hills. 76   |                               | 2698 pts             |
| 9 Northern Suburbs, 54  |                               | 2626 pts             |
| 10 Girraween, 51  |                               | 2615 pts             |
| 11 Port Hacking, 110<br>12 Hornsby, 4                               |                               | 2522 pts<br>2477 pts |
| 13 Cherrybrook, 219   |                               | 2477 bts<br>2453 pts |
| 14 St George, 9   |                               | 2327 pts             |
| 15 Sutherland, 11   | <del></del>                   | 2307 pts             |
| 16 Rouse Hill Rams, 248   |                               | 2253 pts             |
| 17 Kings Langlev. 53  |                               | 2237 pts             |
| 18 Blacktown, 8   |                               | 2196 pts             |
| 19 Balmain, 17  |                               | 2132 pts             |
| 20 Hills District, 15   | <del></del>                   | 1863 pts             |
| 21 Parramatta. 7<br>22 Western Suburbs, 20                          | <br>                          | 1819 pts<br>1035 pts |
|   | <del></del>                   | 1033 þt3             |
| Boys U 11 - Long/High   |                               |                      |
| Record: 33.58m R  | 22/11/2008 Manly Warringah    |                      |
| 1 Ku-Ring-Gai. 84   |                               | 3200 pts             |
| 2 Balmain, 17   |                               | 3152 pts             |
| <ul><li>3 Manly Warringah, 3</li><li>4 Randwick Botany, 1</li></ul> |                               | 2999 pts<br>2801 pts |
| 5 Camden. 61  | <br>                          | 2789 pts             |
| 6 Bankstown Sports, 5   |                               | 2757 pts             |
| 7 Northern Districts, 157   |                               | 2596 pts             |
| 8 Holrovd, 6  |                               | 2555 pts             |
| 9 Rvde. 38  |                               | 2453 pts             |
| 10 Northern Suburbs. 54   |                               | 2436 pts             |
| 11 Hills District, 15   |                               | 2429 pts             |
| 12 Rouse Hill Rams, 248   |                               | 2426 pts             |
| 13 Winston Hills, 76  |                               | 2362 pts             |
| 14 Blacktown. 8<br>15 Quakers Hill, 199                             | <br>                          | 2018 pts<br>1873 pts |
| 16 Campbelltown, 36   | <del></del>                   | 1675 pts<br>1629 pts |
| 17 Cherrybrook, 219   | <del></del>                   | 949 pts              |
|   |                               | <b>5.5</b>           |

| Boys  | s U 12 - Long/High<br>Record: 31.79m R  | 27/11/2011 | Albion Park,      |  |        |
|---|---|------------|-------------------|--|--------|
| 1   | Port Hacking, 110   |            |                   | 3037 pts   |        |
| 2   | Campbelltown, 36  |            |                   | 2956 pts   |        |
| 3   | Randwick Botany, 1  |            |                   | 2952 pts   |        |
| 4<br>5  | Winston Hills. 76<br>Rvde. 38   |            |                   | 2908 pts<br>2897 pts   |        |
| 6   | Ku-Ring-Gai, 84   |            |                   | 2804 pts   |        |
| 7   | Northern Suburbs, 54  |            |                   | 2793 pts   |        |
| 8   | Cherrybrook. 219  |            |                   | 2791 pts   |        |
| 9   | Manly Warringah, 3  |            |                   | 2752 pts   |        |
| 10  | Parramatta, 7   |            |                   | 2745 pts   |        |
| 11  | Girraween, 51   |            |                   | 2602 pts   |        |
| 12  | Sutherland. 11  |            |                   | 2565 pts   |        |
| 13  | St George, 9  |            |                   | 2433 pts   |        |
| 14<br>15  | Tallawong Park, 139   |            |                   | 2362 pts   |        |
| 15<br>16  | Hills District, 15<br>Jamison, 163  |            |                   | 1967 pts<br>1790 pts   |        |
| 17  | Hornsby, 4  |            |                   | 1790 pts<br>1485 pts   |        |
| 18  | Northern Districts, 157   |            |                   | 1269 pts   |        |
|   | s U 13 - Long/High  |            |                   | 1203 (***  |        |
|   | Record: 30.72m R  | 27/11/2011 | Western Suburbs,  |  |        |
| 1   | Manly Warringah. 3  |            |                   | 3241 pts   | RECORD |
| 2   | Hornsby, 4  |            |                   | 3187 pts   |        |
| 3   | Randwick Botany, 1  |            |                   | 3151 pts   |        |
| 4<br>5  | Northern Suburbs, 54<br>Illawong, 70  |            |                   | 3004 pts<br>2974 pts   |        |
| 6   | Parramatta, 7   |            |                   | 2842 pts   |        |
| 7   | Ku-Ring-Gai, 84   |            |                   | 2569 pts   |        |
| 8   | Northern Districts, 157   |            |                   | 2512 pts   |        |
| 9   | Balmain. 17   |            |                   | 2488 pts   |        |
| 10  | Port Hacking, 110   |            |                   | 2250 pts   |        |
| 11  | Hills District, 15  |            |                   | 2191 pts   |        |
| 12<br>13  | Campbelltown, 36<br>Ryde, 38  |            |                   | 1452 pts   |        |
|   |   |            |                   | <b>1228</b> pts  |        |
| Boys  | s U 14 - Long/High  | 20/11/2000 |                   | 1559 brz   |        |
|   | S U 14 - Long/High<br>Record: 31.26m R  | 29/11/2009 | Northern Suburbs, |  |        |
| 1   | S U 14 - Long/High<br>Record: 31.26m R<br>Bankstown Sports, 5   | 29/11/2009 |                   | 3030 pts   |        |
| 1 2   | S U 14 - Long/High<br>Record: 31.26m R<br>Bankstown Sports, 5<br>Ku-Ring-Gai, 84  | 29/11/2009 |                   | 3030 pts<br>2904 pts   |        |
| 1<br>2<br>3   | Record: 31.26m R Bankstown Sports. 5 Ku-Ring-Gai, 84 Northern Suburbs, 54   | 29/11/2009 |                   | 3030 pts<br>2904 pts<br>2772 pts   |        |
| 1<br>2<br>3<br>4  | Record: 31.26m R Bankstown Sports. 5 Ku-Ring-Gai, 84 Northern Suburbs. 54 Winston Hills, 76   | 29/11/2009 |                   | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts   |        |
| 1<br>2<br>3   | Record: 31.26m R Bankstown Sports. 5 Ku-Ring-Gai, 84 Northern Suburbs, 54   | 29/11/2009 |                   | 3030 pts<br>2904 pts<br>2772 pts   |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7   | Record: 31.26m R Bankstown Sports, 5 Ku-Ring-Gai, 84 Northern Suburbs, 54 Winston Hills, 76 Manly Warringah, 3 Campbelltown, 36 Parramatta, 7   | 29/11/2009 |                   | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts<br>2564 pts<br>2502 pts<br>2407 pts   |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8  | Record: 31.26m R Bankstown Sports, 5 Ku-Ring-Gai, 84 Northern Suburbs, 54 Winston Hills, 76 Manly Warringah, 3 Campbelltown, 36 Parramatta, 7 Western Suburbs, 20   | 29/11/2009 |                   | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts<br>2564 pts<br>2502 pts<br>2407 pts<br>2354 pts   |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9   | Record: 31.26m R Bankstown Sports, 5 Ku-Ring-Gai, 84 Northern Suburbs, 54 Winston Hills, 76 Manly Warringah, 3 Campbelltown, 36 Parramatta, 7 Western Suburbs, 20 Rvde, 38  | 29/11/2009 |                   | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts<br>2564 pts<br>2502 pts<br>2407 pts<br>2354 pts<br>2221 pts   |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9   | Record: 31.26m R Bankstown Sports, 5 Ku-Ring-Gai, 84 Northern Suburbs, 54 Winston Hills, 76 Manly Warringah, 3 Campbelltown, 36 Parramatta, 7 Western Suburbs, 20 Rvde, 38 Randwick Botany, 1   | 29/11/2009 |                   | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts<br>2564 pts<br>2502 pts<br>2407 pts<br>2354 pts<br>2221 pts<br>2132 pts   |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10   | Bankstown Sports, 5 Ku-Ring-Gai, 84 Northern Suburbs, 54 Winston Hills, 76 Manly Warringah, 3 Campbelltown, 36 Parramatta, 7 Western Suburbs, 20 Ryde, 38 Randwick Botany, 1 Port Hacking, 110  | 29/11/2009 |                   | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts<br>2564 pts<br>2502 pts<br>2407 pts<br>2354 pts<br>2221 pts   |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10   | Bankstown Sports. 5 Ku-Ring-Gai. 84 Northern Suburbs. 54 Winston Hills. 76 Manlv Warringah. 3 Campbelltown. 36 Parramatta. 7 Western Suburbs. 20 Rvde. 38 Randwick Botanv. 1 Port Hacking. 110  SU 15 - Long/High Record: 32.34m R  | 29/11/2009 |                   | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts<br>2564 pts<br>2502 pts<br>2407 pts<br>2354 pts<br>2221 pts<br>2132 pts<br>1766 pts   |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br><b>Boys</b>  | Bankstown Sports. 5 Ku-Ring-Gai. 84 Northern Suburbs. 54 Winston Hills. 76 Manlv Warringah. 3 Campbelltown. 36 Parramatta. 7 Western Suburbs. 20 Rvde. 38 Randwick Botanv. 1 Port Hacking. 110 SU 15 - Long/High Record: 32.34m R Manlv Warringah. 3  |            | Northern Suburbs, | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts<br>2564 pts<br>2502 pts<br>2407 pts<br>2354 pts<br>2221 pts<br>2132 pts<br>1766 pts   |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br><b>Boys</b>  | Bankstown Sports. 5 Ku-Ring-Gai. 84 Northern Suburbs. 54 Winston Hills. 76 Manlv Warringah. 3 Campbelltown. 36 Parramatta. 7 Western Suburbs. 20 Rvde. 38 Randwick Botanv. 1 Port Hacking. 110 SU 15 - Long/High Record: 32.34m R Manlv Warringah. 3 Cherrybrook. 219   |            | Northern Suburbs, | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts<br>2564 pts<br>2502 pts<br>2407 pts<br>2354 pts<br>2221 pts<br>2132 pts<br>1766 pts   |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br><b>Boys</b>  | Bankstown Sports, 5 Ku-Ring-Gai, 84 Northern Suburbs, 54 Winston Hills, 76 Manly Warringah, 3 Campbelltown, 36 Parramatta, 7 Western Suburbs, 20 Ryde, 38 Randwick Botany, 1 Port Hacking, 110 SU 15 - Long/High Record: 32,34m R Manly Warringah, 3 Cherrybrook, 219 Northern Suburbs, 54  |            | Northern Suburbs, | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts<br>2564 pts<br>2502 pts<br>2407 pts<br>2354 pts<br>2221 pts<br>2132 pts<br>1766 pts   |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br><b>Boys</b>  | Bankstown Sports, 5 Ku-Ring-Gai, 84 Northern Suburbs, 54 Winston Hills, 76 Manly Warringah, 3 Campbelltown, 36 Parramatta, 7 Western Suburbs, 20 Ryde, 38 Randwick Botany, 1 Port Hacking, 110 SU 15 - Long/High Record: 32,34m R Manly Warringah, 3 Cherrybrook, 219 Northern Suburbs, 54 Bankstown Sports, 5  |            | Northern Suburbs, | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts<br>2564 pts<br>2502 pts<br>2407 pts<br>2354 pts<br>2221 pts<br>2132 pts<br>1766 pts<br>2874 pts<br>2790 pts<br>2743 pts<br>2718 pts   |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br><b>Boys</b>  | Bankstown Sports, 5 Ku-Ring-Gai, 84 Northern Suburbs, 54 Winston Hills, 76 Manly Warringah, 3 Campbelltown, 36 Parramatta, 7 Western Suburbs, 20 Rvde, 38 Randwick Botany, 1 Port Hacking, 110 SU 15 - Long/High Record: 32,34m R Manly Warringah, 3 Cherrybrook, 219 Northern Suburbs, 54 Bankstown Sports, 5 Campbelltown, 36   |            | Northern Suburbs, | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts<br>2564 pts<br>2502 pts<br>2407 pts<br>2354 pts<br>2221 pts<br>2132 pts<br>1766 pts<br>2874 pts<br>2790 pts<br>2743 pts<br>2718 pts<br>2647 pts   |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br><b>Boys</b>  | Bankstown Sports. 5 Ku-Ring-Gai. 84 Northern Suburbs. 54 Winston Hills. 76 Manly Warringah. 3 Campbelltown. 36 Parramatta. 7 Western Suburbs. 20 Rvde. 38 Randwick Botanv. 1 Port Hacking. 110 SU 15 - Long/High Record: 32.34m R Manly Warringah. 3 Cherrybrook. 219 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Doonside. 140   |            | Northern Suburbs, | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts<br>2564 pts<br>2502 pts<br>2407 pts<br>2354 pts<br>2221 pts<br>2132 pts<br>1766 pts<br>2874 pts<br>2790 pts<br>2743 pts<br>2718 pts<br>2647 pts<br>2546 pts                                     |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br><b>Boys</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7                       | Bankstown Sports. 5 Ku-Ring-Gai. 84 Northern Suburbs. 54 Winston Hills. 76 Manly Warringah. 3 Campbelltown. 36 Parramatta. 7 Western Suburbs. 20 Rvde. 38 Randwick Botanv. 1 Port Hacking. 110  SU 15 - Long/High Record: 32.34m R Manly Warringah. 3 Cherrybrook. 219 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Doonside. 140 Parramatta. 7  |            | Northern Suburbs, | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts<br>2564 pts<br>2502 pts<br>2407 pts<br>2354 pts<br>2221 pts<br>2132 pts<br>1766 pts<br>2874 pts<br>2790 pts<br>2743 pts<br>2718 pts<br>2647 pts<br>2546 pts<br>2546 pts                         |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br><b>Boys</b>  | Bankstown Sports. 5 Ku-Ring-Gai. 84 Northern Suburbs. 54 Winston Hills. 76 Manly Warringah. 3 Campbelltown. 36 Parramatta. 7 Western Suburbs. 20 Rvde. 38 Randwick Botanv. 1 Port Hacking. 110 SU 15 - Long/High Record: 32.34m R Manly Warringah. 3 Cherrybrook. 219 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Doonside. 140   |            | Northern Suburbs, | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts<br>2564 pts<br>2502 pts<br>2407 pts<br>2354 pts<br>2221 pts<br>2132 pts<br>1766 pts<br>2874 pts<br>2790 pts<br>2743 pts<br>2718 pts<br>2647 pts<br>2546 pts                                     |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br><b>Boys</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11 | Record: 31.26m R Bankstown Sports. 5 Ku-Ring-Gai. 84 Northern Suburbs. 54 Winston Hills. 76 Manly Warringah. 3 Campbelltown. 36 Parramatta. 7 Western Suburbs. 20 Rvde. 38 Randwick Botany. 1 Port Hacking. 110 SU 15 - Long/High Record: 32.34m R Manly Warringah. 3 Cherrybrook. 219 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Doonside. 140 Parramatta. 7 Hills District, 15 Winston Hills. 76 Randwick Botany. 1                                  |            | Northern Suburbs, | 3030 pts<br>2904 pts<br>2772 pts<br>2644 pts<br>2564 pts<br>2502 pts<br>2407 pts<br>2354 pts<br>2221 pts<br>2132 pts<br>1766 pts<br>2874 pts<br>2790 pts<br>2743 pts<br>2743 pts<br>2748 pts<br>2647 pts<br>2546 pts<br>2542 pts<br>2542 pts |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br><b>Boys</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11 | Bankstown Sports. 5 Ku-Ring-Gai. 84 Northern Suburbs. 54 Winston Hills. 76 Manly Warringah. 3 Campbelltown. 36 Parramatta. 7 Western Suburbs. 20 Rvde. 38 Randwick Botanv. 1 Port Hacking. 110 SU 15 - Long/High Record: 32.34m R Manly Warringah. 3 Cherrybrook. 219 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Doonside. 140 Parramatta. 7 Hills District. 15 Winston Hills. 76 Randwick Botanv. 1 SU 17 - Long/High                                 | 29/11/2009 | Northern Suburbs, | 3030 pts 2904 pts 2772 pts 2644 pts 2564 pts 2502 pts 2407 pts 2354 pts 2221 pts 2132 pts 1766 pts  2874 pts 2790 pts 2743 pts 2743 pts 2743 pts 2647 pts 2546 pts 2542 pts 2340 pts 2340 pts 2154 pts                                       |        |
| 1 2 3 4 5 6 7 8 9 10 11 Boys 6 7 8 9 10 Boys 8  | Record: 31.26m R Bankstown Sports, 5 Ku-Ring-Gai, 84 Northern Suburbs, 54 Winston Hills, 76 Manly Warringah, 3 Campbelltown, 36 Parramatta, 7 Western Suburbs, 20 Rvde, 38 Randwick Botany, 1 Port Hacking, 110 SU15 - Long/High Record: 32.34m R Manly Warringah, 3 Cherrybrook, 219 Northern Suburbs, 54 Bankstown Sports, 5 Campbelltown, 36 Doonside, 140 Parramatta, 7 Hills District, 15 Winston Hills, 76 Randwick Botany, 1 SU17 - Long/High Record: 30.24m R |            | Northern Suburbs, | 3030 pts 2904 pts 2772 pts 2644 pts 2564 pts 2502 pts 2407 pts 2354 pts 2221 pts 2132 pts 1766 pts  2874 pts 2790 pts 2743 pts 2718 pts 2647 pts 2546 pts 2542 pts 2340 pts 2154 pts 2154 pts 2154 pts                                       |        |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br><b>Boys</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11 | Bankstown Sports. 5 Ku-Ring-Gai. 84 Northern Suburbs. 54 Winston Hills. 76 Manly Warringah. 3 Campbelltown. 36 Parramatta. 7 Western Suburbs. 20 Rvde. 38 Randwick Botanv. 1 Port Hacking. 110 SU 15 - Long/High Record: 32.34m R Manly Warringah. 3 Cherrybrook. 219 Northern Suburbs. 54 Bankstown Sports. 5 Campbelltown. 36 Doonside. 140 Parramatta. 7 Hills District. 15 Winston Hills. 76 Randwick Botanv. 1 SU 17 - Long/High                                 | 29/11/2009 | Northern Suburbs, | 3030 pts 2904 pts 2772 pts 2644 pts 2564 pts 2502 pts 2407 pts 2354 pts 2221 pts 2132 pts 1766 pts  2874 pts 2790 pts 2743 pts 2743 pts 2743 pts 2647 pts 2546 pts 2542 pts 2340 pts 2340 pts 2154 pts                                       |        |

| 3                                  | Hills District, 15   |            |                  | 2775 pts   |
|------------------------------------|--|------------|------------------|--|
| 4                                  | Camden, 61   |            |                  | 2675 pts   |
| 5                                  | Port Hacking, 110  |            |                  | 2674 pts   |
| 6                                  | Rvde, 38   |            |                  | 2650 pts   |
| 7                                  | Manly Warringah, 3   |            |                  | 2464 pts   |
| 8                                  | Northern Suburbs, 54   |            |                  | 2387 pts   |
| 9                                  | Hornsbv. 4   |            |                  | 2345 pts   |
| 10                                 | Winston Hills, 76  |            |                  | 2335 pts   |
| 11                                 | Randwick Botany, 1   |            |                  | 2275 pts   |
| Boys                               | s U 8 - Shot/Discus  |            |                  |  |
|                                    | Record: 27.73m R   | 26/11/2010 | Sutherland,      |  |
| 1                                  | Ku-Ring-Gai, 84  | ,,         |                  | 2513 pts   |
| 2                                  | Girraween, 51  |            |                  | 2014 pts   |
| 3                                  | Winston Hills, 76  |            |                  | 1962 pts   |
| 4                                  | Manly Warringah. 3   |            |                  | 1913 pts   |
| 5                                  | Parramatta, 7  |            |                  | 1907 pts   |
| 6                                  | Northern Districts, 157  |            |                  | 1905 pts   |
| 7                                  | Rvde, 38   |            |                  | 1809 pts   |
| 8                                  | Quakers Hill. 199  |            |                  | 1802 pts   |
| 9                                  | Penrith Valley, 66   |            |                  | 1740 pts   |
| 10                                 | Hills District, 15   |            |                  | 1711 pts   |
| 11                                 | Prospect, 95   |            |                  | 1676 pts   |
| 12                                 | Northern Suburbs, 54   |            |                  | 1535 pts   |
| 13                                 | Bankstown Sports. 5  |            |                  | 1512 pts   |
| 14                                 | Western Suburbs, 20  |            |                  | 1493 pts   |
| 15                                 | Blacktown, 8   |            |                  | 1373 pts   |
| 16                                 | Campbelltown, 36   |            |                  | 1371 pts   |
| 17                                 | Liverpool. 48  |            |                  | 1333 pts   |
| 18                                 | Randwick Botany, 1   |            |                  | 1163 pts   |
| 19                                 | Rouse Hill Rams, 248   |            |                  | 844 pts  |
| Roye                               | s U 9 - Shot/Discus  |            |                  |  |
| DOy:                               | Record: 26.21m R   | 28/11/2009 | Ku-Ring-Gai,     |  |
| 4                                  |  | 28/11/2009 | Ku-Kilig-Gai,    | 2207   |
| 1<br>2                             | Port Hacking, 110<br>Bankstown Sports, 5   |            |                  | 2307 pts<br>2240 pts   |
| 3                                  | Hills District, 15   |            |                  | 2177 pts   |
| 4                                  | Ku-Ring-Gai, 84  |            |                  | 2068 pts   |
| 5                                  | Manly Warringah, 3   |            |                  | 2005 pts   |
| 6                                  | Randwick Botany, 1   |            |                  | 1917 pts   |
| 7                                  | Liverpool, 48  |            |                  | 1851 pts   |
| 8                                  | Winston Hills, 76  |            |                  | 1823 pts   |
| 9                                  | Girraween. 51  |            |                  | 1807 pts   |
| 10                                 | Parramatta, 7  |            |                  | 1768 pts   |
| 11                                 | Northern Suburbs, 54   |            |                  | 1740 pts   |
| 12                                 | Northern Districts, 157  |            |                  | 1680 pts   |
| 13                                 | Rvde. 38   |            |                  | 1632 pts   |
| 14                                 | Holrovd, 6   |            |                  | 1556 pts   |
| 15                                 | Doonside, 140  |            |                  | 1553 pts   |
| 16                                 | Rouse Hill Rams, 248   |            |                  | 1439 pts   |
| 17                                 | Cherrybrook, 219   |            |                  | 1432 pts   |
| 18                                 | Camden, 61   |            |                  | 778 pts  |
| 19                                 | Campbelltown, 36   |            |                  | 757 pts  |
| Rove                               | s U 10 - Shot/Discus   |            |                  |  |
| DO y.                              | Record: 27.35m R   | 26/11/2010 | Ku-Ring-Gai,     |  |
| 1                                  | Sutherland, 11   |            |                  | 2284 pts   |
| 2                                  | Bankstown Sports, 5  |            |                  | 2200 pts   |
| 3                                  | Colvton/St Clair, 151  |            |                  | 2182 pts   |
| 4                                  |  |            |                  | 2133 pts   |
|                                    | Ku-Ring-Gai 84   |            |                  | 2133 844   |
| 5                                  | Ku-Ring-Gai, 84<br>Northern Suburbs, 54  |            |                  | 2125 pts   |
| 5<br>6                             | Northern Suburbs. 54   |            | <br>             | 2125 pts<br>2038 pts   |
| 5<br>6<br>7                        |  |            | <br><br>         | 2125 pts<br>2038 pts<br>1940 pts   |
| 6                                  | Northern Suburbs. 54<br>Northern Districts, 157  |            | <br><br>         | 2038 pts   |
| 6<br>7                             | Northern Suburbs. 54<br>Northern Districts. 157<br>Manly Warringah, 3  |            | <br><br>         | 2038 pts<br>1940 pts   |
| 6<br>7<br>8<br>9<br>10             | Northern Suburbs. 54<br>Northern Districts. 157<br>Manly Warringah. 3<br>Rvde. 38  |            | <br><br><br>     | 2038 pts<br>1940 pts<br>1936 pts   |
| 6<br>7<br>8<br>9<br>10<br>11       | Northern Suburbs. 54<br>Northern Districts, 157<br>Manly Warringah, 3<br>Rvde. 38<br>Campbelltown. 36<br>Balmain, 17<br>Hornsby, 4                       |            | <br><br><br>     | 2038 pts<br>1940 pts<br>1936 pts<br>1776 pts<br>1753 pts<br>1571 pts             |
| 6<br>7<br>8<br>9<br>10<br>11<br>12 | Northern Suburbs. 54<br>Northern Districts. 157<br>Manly Warringah. 3<br>Rvde. 38<br>Campbelltown. 36<br>Balmain. 17<br>Hornsby. 4<br>Hills District. 15 |            | <br><br><br><br> | 2038 pts<br>1940 pts<br>1936 pts<br>1776 pts<br>1753 pts<br>1571 pts<br>1433 pts |
| 6<br>7<br>8<br>9<br>10<br>11       | Northern Suburbs. 54<br>Northern Districts, 157<br>Manly Warringah, 3<br>Rvde. 38<br>Campbelltown. 36<br>Balmain, 17<br>Hornsby, 4                       |            | <br><br><br><br> | 2038 pts<br>1940 pts<br>1936 pts<br>1776 pts<br>1753 pts<br>1571 pts             |

| 14   | Parramatta, 7   |            |                    | 1374 pts   |         |
|--|---|------------|--------------------|--|---------|
|  |   |            |                    |  |         |
| 15   | Western Suburbs, 20   |            |                    | 1322 pts   |         |
| 16   | St George, 9  |            |                    | 1302 pts   |         |
| 17   | Quakers Hill, 199   |            |                    | <b>1294</b> pts  |         |
| 18   | Port Hacking, 110   |            |                    | 1284 pts   |         |
| 19   | Rouse Hill Rams, 248  |            |                    | 1271 pts   |         |
|  |   |            | <b></b>            |  |         |
| 20   | Kings Langlev. 53   |            |                    | 1161 pts   |         |
| 21   | Prospect, 95  |            |                    | 1061 pts   |         |
| 22   | Cherrybrook, 219  |            |                    | 1056 pts   |         |
| 23   | Winston Hills, 76   |            |                    | 945 pts  |         |
| 23   | VVIII3(011 111113; 70   |            |                    | 343 kts  |         |
| <b>Bovs</b>  | U 11 - Shot/Discus  |            |                    |  |         |
| ,-   | Record: 29.41m R  | 26/11/2011 | Manly Warringah    |  |         |
|  |   | 20/11/2011 | ivially wallingali |  |         |
| 1  | Ku-Ring-Gai, 84   |            |                    | 2655 pts   |         |
| 2  | Rouse Hill Rams, 248  |            |                    | 2362 pts   |         |
| 3  | Manly Warringah. 3  |            |                    | 2216 pts   |         |
| 4  |   |            |                    | 2116 pts   |         |
|  | Camden, 61  |            |                    |  |         |
| 5  | Randwick Botany, 1  |            |                    | 2056 pts   |         |
| 6  | Holrovd, 6  |            |                    | 2030 pts   |         |
| 7  | Winston Hills, 76   |            |                    | 2024 pts   |         |
| 8  | Northern Districts, 157   |            |                    | 1908 pts   |         |
| 9  |   |            |                    | 1906 pts   |         |
|  | Bankstown Sports, 5   |            |                    |  |         |
| 10   | Cherrybrook, 219  |            |                    | 1822 pts   |         |
| 11   | St George, 9  |            |                    | 1803 pts   |         |
| 12   | Northern Suburbs. 54  |            |                    | 1769 pts   |         |
| 13   | Hills District, 15  |            |                    | 1729 pts   |         |
| 14   | Rvde, 38  |            |                    | 1716 pts   |         |
|  |   |            |                    |  |         |
| 15   | Campbelltown, 36  |            |                    | 1598 pts   |         |
| 16   | Kings Langlev. 53   |            |                    | 1583 pts   |         |
| 17   | Parramatta, 7   |            |                    | 1498 pts   |         |
| _  |   |            |                    |  |         |
| Boys   | U 12 - Shot/Discus  |            |                    |  |         |
|  | Record: 25.10m R  | 27/11/2011 |                    |  |         |
|  |   | Z//11/ZU11 | Parramatta         |  |         |
|  |   | 27/11/2011 | Parramatta,        | 2244   |         |
| 1  | Port Hacking. 110   | 2//11/2011 | Parramatta,        | 2341 pts   |         |
| 2  | Port Hacking. 110<br>Ku-Ring-Gai, 84  | 27/11/2011 |                    | 2106 pts   |         |
|  | Port Hacking. 110   | 27/11/2011 |                    |  |         |
| 2<br>3   | Port Hacking. 110<br>Ku-Ring-Gai. 84<br>Winston Hills. 76   | 27/11/2011 |                    | 2106 pts<br>2043 pts   |         |
| 2<br>3<br>4  | Port Hacking. 110<br>Ku-Ring-Gai, 84<br>Winston Hills, 76<br>Northern Suburbs, 54   | 27/11/2011 | <br><br>           | 2106 pts<br>2043 pts<br>1903 pts   |         |
| 2<br>3<br>4<br>5   | Port Hacking. 110<br>Ku-Ring-Gai, 84<br>Winston Hills, 76<br>Northern Suburbs, 54<br>Manly Warringah, 3   | 27/11/2011 | <br><br>           | 2106 pts<br>2043 pts<br>1903 pts<br>1822 pts   |         |
| 2<br>3<br>4<br>5<br>6  | Port Hacking. 110<br>Ku-Ring-Gai, 84<br>Winston Hills, 76<br>Northern Suburbs, 54<br>Manly Warringah, 3<br>Holrovd, 6   | 27/11/2011 | <br><br>           | 2106 pts<br>2043 pts<br>1903 pts<br>1822 pts<br>1806 pts   |         |
| 2<br>3<br>4<br>5<br>6<br>7   | Port Hacking. 110<br>Ku-Ring-Gai, 84<br>Winston Hills. 76<br>Northern Suburbs. 54<br>Manly Warringah. 3<br>Holrovd. 6<br>Girraween, 51  | 27/11/2011 | <br><br>           | 2106 pts<br>2043 pts<br>1903 pts<br>1822 pts<br>1806 pts<br>1723 pts   |         |
| 2<br>3<br>4<br>5<br>6  | Port Hacking. 110<br>Ku-Ring-Gai, 84<br>Winston Hills, 76<br>Northern Suburbs, 54<br>Manly Warringah, 3<br>Holrovd, 6   | 27/11/2011 | <br><br>           | 2106 pts<br>2043 pts<br>1903 pts<br>1822 pts<br>1806 pts   |         |
| 2<br>3<br>4<br>5<br>6<br>7   | Port Hacking. 110<br>Ku-Ring-Gai, 84<br>Winston Hills. 76<br>Northern Suburbs. 54<br>Manly Warringah. 3<br>Holrovd. 6<br>Girraween, 51  | 27/11/2011 | <br><br>           | 2106 pts<br>2043 pts<br>1903 pts<br>1822 pts<br>1806 pts<br>1723 pts<br>1707 pts   |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9   | Port Hacking. 110<br>Ku-Ring-Gai. 84<br>Winston Hills. 76<br>Northern Suburbs. 54<br>Manly Warringah. 3<br>Holrovd. 6<br>Girraween. 51<br>Bankstown Sports. 5<br>Mosman. 19   | 27/11/2011 | <br><br>           | 2106 pts<br>2043 pts<br>1903 pts<br>1822 pts<br>1806 pts<br>1723 pts<br>1707 pts<br>1686 pts   |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9   | Port Hacking. 110<br>Ku-Ring-Gai. 84<br>Winston Hills. 76<br>Northern Suburbs. 54<br>Manly Warringah. 3<br>Holrovd. 6<br>Girraween. 51<br>Bankstown Sports. 5<br>Mosman. 19<br>Hills District. 15   | 27/11/2011 | <br><br>           | 2106 pts<br>2043 pts<br>1903 pts<br>1822 pts<br>1806 pts<br>1723 pts<br>1707 pts<br>1686 pts<br>1680 pts   |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11   | Port Hacking. 110<br>Ku-Ring-Gai, 84<br>Winston Hills, 76<br>Northern Suburbs, 54<br>Manly Warringah, 3<br>Holrovd, 6<br>Girraween, 51<br>Bankstown Sports, 5<br>Mosman, 19<br>Hills District, 15<br>Prestons Robins, 250   | 27/11/2011 | <br><br>           | 2106 pts<br>2043 pts<br>1903 pts<br>1822 pts<br>1806 pts<br>1723 pts<br>1707 pts<br>1686 pts<br>1680 pts<br>1673 pts   |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12   | Port Hacking. 110<br>Ku-Ring-Gai, 84<br>Winston Hills, 76<br>Northern Suburbs, 54<br>Manly Warringah, 3<br>Holrovd, 6<br>Girraween, 51<br>Bankstown Sports, 5<br>Mosman, 19<br>Hills District, 15<br>Prestons Robins, 250<br>Randwick Botany, 1   | 27/11/2011 | <br><br>           | 2106 pts<br>2043 pts<br>1903 pts<br>1822 pts<br>1806 pts<br>1723 pts<br>1707 pts<br>1686 pts<br>1680 pts<br>1673 pts   |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13   | Port Hacking. 110<br>Ku-Ring-Gai, 84<br>Winston Hills, 76<br>Northern Suburbs, 54<br>Manly Warringah, 3<br>Holrovd, 6<br>Girraween, 51<br>Bankstown Sports, 5<br>Mosman, 19<br>Hills District, 15<br>Prestons Robins, 250<br>Randwick Botany, 1<br>Campbelltown, 36   | 27/11/2011 | <br><br>           | 2106 pts<br>2043 pts<br>1903 pts<br>1822 pts<br>1806 pts<br>1723 pts<br>1707 pts<br>1686 pts<br>1680 pts<br>1673 pts<br>1660 pts   |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12   | Port Hacking. 110<br>Ku-Ring-Gai, 84<br>Winston Hills, 76<br>Northern Suburbs, 54<br>Manly Warringah, 3<br>Holrovd, 6<br>Girraween, 51<br>Bankstown Sports, 5<br>Mosman, 19<br>Hills District, 15<br>Prestons Robins, 250<br>Randwick Botany, 1   | 27/11/2011 | <br><br>           | 2106 pts<br>2043 pts<br>1903 pts<br>1822 pts<br>1806 pts<br>1723 pts<br>1707 pts<br>1686 pts<br>1680 pts<br>1673 pts   |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14   | Port Hacking. 110<br>Ku-Ring-Gai, 84<br>Winston Hills, 76<br>Northern Suburbs, 54<br>Manly Warringah, 3<br>Holrovd, 6<br>Girraween, 51<br>Bankstown Sports, 5<br>Mosman, 19<br>Hills District, 15<br>Prestons Robins, 250<br>Randwick Botany, 1<br>Campbelltown, 36<br>Northern Districts, 157  | 27/11/2011 | <br><br>           | 2106 pts 2043 pts 1903 pts 1806 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1562 pts  |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15   | Port Hacking. 110<br>Ku-Ring-Gai, 84<br>Winston Hills, 76<br>Northern Suburbs, 54<br>Manly Warringah, 3<br>Holrovd, 6<br>Girraween, 51<br>Bankstown Sports, 5<br>Mosman, 19<br>Hills District, 15<br>Prestons Robins, 250<br>Randwick Botany, 1<br>Campbelltown, 36<br>Northern Districts, 157<br>Cherrybrook, 219  | 27/11/2011 | <br><br>           | 2106 pts 2043 pts 1903 pts 1822 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1562 pts 1555 pts   |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16   | Port Hacking. 110<br>Ku-Ring-Gai, 84<br>Winston Hills, 76<br>Northern Suburbs, 54<br>Manly Warringah, 3<br>Holrovd, 6<br>Girraween, 51<br>Bankstown Sports, 5<br>Mosman, 19<br>Hills District, 15<br>Prestons Robins, 250<br>Randwick Botany, 1<br>Campbelltown, 36<br>Northern Districts, 157<br>Cherrybrook, 219<br>Parramatta, 7   | 27/11/2011 | <br><br>           | 2106 pts 2043 pts 1903 pts 1822 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1562 pts 1555 pts 1532 pts  |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17   | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills, 76 Northern Suburbs, 54 Manly Warringah, 3 Holrovd, 6 Girraween, 51 Bankstown Sports, 5 Mosman, 19 Hills District, 15 Prestons Robins, 250 Randwick Botany, 1 Campbelltown, 36 Northern Districts, 157 Cherrybrook, 219 Parramatta, 7 Rvde, 38   | 27/11/2011 | <br><br>           | 2106 pts 2043 pts 1903 pts 1802 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1660 pts 1562 pts 1555 pts 1532 pts 1446 pts  |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18   | Port Hacking. 110<br>Ku-Ring-Gai, 84<br>Winston Hills, 76<br>Northern Suburbs, 54<br>Manly Warringah, 3<br>Holrovd, 6<br>Girraween, 51<br>Bankstown Sports, 5<br>Mosman, 19<br>Hills District, 15<br>Prestons Robins, 250<br>Randwick Botany, 1<br>Campbelltown, 36<br>Northern Districts, 157<br>Cherrybrook, 219<br>Parramatta, 7   | 27/11/2011 | <br><br>           | 2106 pts 2043 pts 1903 pts 1822 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1562 pts 1555 pts 1532 pts  |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17   | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills, 76 Northern Suburbs, 54 Manly Warringah, 3 Holrovd, 6 Girraween, 51 Bankstown Sports, 5 Mosman, 19 Hills District, 15 Prestons Robins, 250 Randwick Botany, 1 Campbelltown, 36 Northern Districts, 157 Cherrybrook, 219 Parramatta, 7 Rvde, 38   | 2//11/2011 | <br><br>           | 2106 pts 2043 pts 1903 pts 1802 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1660 pts 1562 pts 1555 pts 1532 pts 1446 pts  |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18   | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills. 76 Northern Suburbs. 54 Manly Warringah. 3 Holrovd. 6 Girraween. 51 Bankstown Sports. 5 Mosman. 19 Hills District. 15 Prestons Robins. 250 Randwick Botany. 1 Campbelltown. 36 Northern Districts. 157 Cherrybrook. 219 Parramatta. 7 Rvde. 38 Prospect. 95 Tallawong Park. 139  | 2//11/2011 | <br><br>           | 2106 pts 2043 pts 1903 pts 1822 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1562 pts 1555 pts 1532 pts 1446 pts 1379 pts  |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18   | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills, 76 Northern Suburbs, 54 Manly Warringah, 3 Holrovd, 6 Girraween, 51 Bankstown Sports, 5 Mosman, 19 Hills District, 15 Prestons Robins, 250 Randwick Botany, 1 Campbelltown, 36 Northern Districts, 157 Cherrybrook, 219 Parramatta, 7 Rvde, 38 Prospect, 95  | 2//11/2011 | <br><br>           | 2106 pts 2043 pts 1903 pts 1822 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1562 pts 1555 pts 1532 pts 1446 pts 1379 pts  |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18   | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills, 76 Northern Suburbs, 54 Manly Warringah, 3 Holrovd, 6 Girraween, 51 Bankstown Sports, 5 Mosman, 19 Hills District, 15 Prestons Robins, 250 Randwick Botany, 1 Campbelltown, 36 Northern Districts, 157 Cherrybrook, 219 Parramatta, 7 Rvde, 38 Prospect, 95 Tallawong Park, 139 U 13 - Shot/Discus   |            |                    | 2106 pts 2043 pts 1903 pts 1822 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1562 pts 1555 pts 1532 pts 1446 pts 1379 pts  |         |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br>19<br><b>Boys</b>  | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills. 76 Northern Suburbs. 54 Manly Warringah. 3 Holrovd. 6 Girraween. 51 Bankstown Sports. 5 Mosman. 19 Hills District. 15 Prestons Robins. 250 Randwick Botany. 1 Campbelltown. 36 Northern Districts. 157 Cherrybrook. 219 Parramatta. 7 Rvde. 38 Prospect. 95 Tallawong Park. 139  U 13 - Shot/Discus Record: 24.28m R   |            |                    | 2106 pts 2043 pts 1903 pts 1802 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1552 pts 1532 pts 1446 pts 1379 pts 1258 pts 1186 pts   | PECOPIN |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br>19<br><b>Boys</b>  | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills. 76 Northern Suburbs. 54 Manly Warringah. 3 Holrovd. 6 Girraween. 51 Bankstown Sports. 5 Mosman. 19 Hills District. 15 Prestons Robins. 250 Randwick Botany. 1 Campbelltown. 36 Northern Districts. 157 Cherrybrook. 219 Parramatta. 7 Rvde. 38 Prospect. 95 Tallawong Park. 139 U 13 - Shot/Discus Record: 24.28m R  |            |                    | 2106 pts 2043 pts 1903 pts 1802 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1552 pts 1532 pts 1446 pts 1379 pts 1258 pts 1186 pts   | RECORD  |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br>19<br><b>Boys</b>  | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills. 76 Northern Suburbs. 54 Manlv Warringah. 3 Holrovd. 6 Girraween. 51 Bankstown Sports. 5 Mosman. 19 Hills District. 15 Prestons Robins. 250 Randwick Botanv. 1 Campbelltown. 36 Northern Districts. 157 Cherrvbrook. 219 Parramatta. 7 Rvde. 38 Prospect. 95 Tallawong Park. 139 U 13 - Shot/Discus Record: 24.28m R Parramatta. 7 Illawong. 70   |            |                    | 2106 pts 2043 pts 1903 pts 1806 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1552 pts 1552 pts 1532 pts 1446 pts 1379 pts 1258 pts 1186 pts  | RECORD  |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br>19<br><b>Boys</b>  | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills. 76 Northern Suburbs. 54 Manly Warringah. 3 Holrovd. 6 Girraween. 51 Bankstown Sports. 5 Mosman. 19 Hills District. 15 Prestons Robins. 250 Randwick Botany. 1 Campbelltown. 36 Northern Districts. 157 Cherrybrook. 219 Parramatta. 7 Rvde. 38 Prospect. 95 Tallawong Park. 139 U 13 - Shot/Discus Record: 24.28m R  |            |                    | 2106 pts 2043 pts 1903 pts 1802 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1552 pts 1532 pts 1446 pts 1379 pts 1258 pts 1186 pts   | RECORD  |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br>19<br><b>Boys</b>  | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills. 76 Northern Suburbs. 54 Manlv Warringah. 3 Holrovd. 6 Girraween. 51 Bankstown Sports. 5 Mosman. 19 Hills District. 15 Prestons Robins. 250 Randwick Botanv. 1 Campbelltown. 36 Northern Districts. 157 Cherrybrook. 219 Parramatta. 7 Rvde. 38 Prospect. 95 Tallawong Park. 139 U 13 - Shot/Discus Record: 24.28m R Parramatta. 7 Illawong. 70 Kings Langlev. 53   |            |                    | 2106 pts 2043 pts 1903 pts 1806 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1552 pts 1552 pts 1532 pts 1446 pts 1379 pts 1258 pts 1186 pts  | RECORD  |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br>19<br><b>Boys</b>  | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills. 76 Northern Suburbs. 54 Manly Warringah. 3 Holrovd. 6 Girraween. 51 Bankstown Sports. 5 Mosman. 19 Hills District. 15 Prestons Robins. 250 Randwick Botany. 1 Campbelltown. 36 Northern Districts. 157 Cherrybrook. 219 Parramatta. 7 Rvde. 38 Prospect. 95 Tallawong Park. 139 U 13 - Shot/Discus Record: 24.28m R Parramatta. 7 Illawong. 70 Kings Langley. 53 Hills District. 15  |            |                    | 2106 pts 2043 pts 1903 pts 1806 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1555 pts 1532 pts 1446 pts 1379 pts 1258 pts 1186 pts   | RECORD  |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br>19<br><b>Boys</b>  | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills. 76 Northern Suburbs. 54 Manly Warringah. 3 Holrovd. 6 Girraween. 51 Bankstown Sports. 5 Mosman. 19 Hills District. 15 Prestons Robins. 250 Randwick Botanv. 1 Campbelltown. 36 Northern Districts. 157 Cherrybrook. 219 Parramatta. 7 Rvde. 38 Prospect. 95 Tallawong Park. 139 U 13 - Shot/Discus Record: 24.28m R Parramatta. 7 Illawong. 70 Kings Langlev. 53 Hills District. 15 Northern Districts. 157  |            |                    | 2106 pts 2043 pts 1903 pts 1903 pts 1822 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1555 pts 1532 pts 1446 pts 1379 pts 1258 pts 1186 pts  2942 pts 2032 pts 1895 pts 1859 pts 1859 pts  | RECORD  |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br>19<br><b>Boys</b>  | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills, 76 Northern Suburbs, 54 Manlv Warringah, 3 Holrovd, 6 Girraween, 51 Bankstown Sports, 5 Mosman, 19 Hills District, 15 Prestons Robins, 250 Randwick Botanv, 1 Campbelltown, 36 Northern Districts, 157 Cherrybrook, 219 Parramatta, 7 Rvde, 38 Prospect, 95 Tallawong Park, 139 U 13 - Shot/Discus Record: 24.28m R Parramatta, 7 Illawong, 70 Kings Langlev, 53 Hills District, 15 Northern Districts, 157 Northern Suburbs, 54   |            |                    | 2106 pts 2043 pts 1903 pts 1903 pts 1822 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1555 pts 1532 pts 1446 pts 1379 pts 1258 pts 1258 pts 1186 pts   | RECORD  |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br>19<br><b>Boys</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7                 | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills, 76 Northern Suburbs, 54 Manlv Warringah, 3 Holrovd, 6 Girraween, 51 Bankstown Sports, 5 Mosman, 19 Hills District, 15 Prestons Robins, 250 Randwick Botanv, 1 Campbelltown, 36 Northern Districts, 157 Cherrybrook, 219 Parramatta, 7 Rvde, 38 Prospect, 95 Tallawong Park, 139 U 13 - Shot/Discus Record: 24.28m R Parramatta, 7 Illawong, 70 Kings Langlev, 53 Hills District, 15 Northern Districts, 157 Northern Suburbs, 54 Ku-Ring-Gai, 84   |            |                    | 2106 pts 2043 pts 1903 pts 1903 pts 1822 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1555 pts 1532 pts 1446 pts 1379 pts 1258 pts 1258 pts 1186 pts 2942 pts 2032 pts 1895 pts 1859 pts 1859 pts 1659 pts                                     | RECORD  |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br>19<br><b>Boys</b>  | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills, 76 Northern Suburbs, 54 Manlv Warringah, 3 Holrovd, 6 Girraween, 51 Bankstown Sports, 5 Mosman, 19 Hills District, 15 Prestons Robins, 250 Randwick Botanv, 1 Campbelltown, 36 Northern Districts, 157 Cherrybrook, 219 Parramatta, 7 Rvde, 38 Prospect, 95 Tallawong Park, 139 U 13 - Shot/Discus Record: 24.28m R Parramatta, 7 Illawong, 70 Kings Langlev, 53 Hills District, 15 Northern Districts, 157 Northern Suburbs, 54   |            |                    | 2106 pts 2043 pts 1903 pts 1903 pts 1822 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1555 pts 1532 pts 1446 pts 1379 pts 1258 pts 1258 pts 1186 pts   | RECORD  |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br>19<br><b>Boys</b>  | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills, 76 Northern Suburbs, 54 Manlv Warringah, 3 Holrovd, 6 Girraween, 51 Bankstown Sports, 5 Mosman, 19 Hills District, 15 Prestons Robins, 250 Randwick Botanv, 1 Campbelltown, 36 Northern Districts, 157 Cherrybrook, 219 Parramatta, 7 Rvde, 38 Prospect, 95 Tallawong Park, 139 U 13 - Shot/Discus Record: 24.28m R Parramatta, 7 Illawong, 70 Kings Langlev, 53 Hills District, 15 Northern Districts, 157 Northern Suburbs, 54 Ku-Ring-Gai, 84 Rvde, 38                                      |            |                    | 2106 pts 2043 pts 1903 pts 1903 pts 1822 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1555 pts 1532 pts 1446 pts 1379 pts 1258 pts 1186 pts 1258 pts 1186 pts 1895 pts 1859 pts 1859 pts 1659 pts 1559 pts 1559 pts 1559 pts                   | RECORD  |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br>19<br><b>Boys</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9       | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills, 76 Northern Suburbs, 54 Manlv Warringah, 3 Holrovd, 6 Girraween, 51 Bankstown Sports, 5 Mosman, 19 Hills District, 15 Prestons Robins, 250 Randwick Botanv, 1 Campbelltown, 36 Northern Districts, 157 Cherrybrook, 219 Parramatta, 7 Rvde, 38 Prospect, 95 Tallawong Park, 139 U 13 - Shot/Discus Record: 24.28m R Parramatta, 7 Illawong, 70 Kings Langlev, 53 Hills District, 15 Northern Districts, 157 Northern Suburbs, 54 Ku-Ring-Gai, 84 Rvde, 38 Manly Warringah, 3                   |            |                    | 2106 pts 2043 pts 1903 pts 1903 pts 1822 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1555 pts 1532 pts 1446 pts 1379 pts 1258 pts 1186 pts 1258 pts 1186 pts 1895 pts 1859 pts 1859 pts 1859 pts 1659 pts 1559 pts 1488 pts 1404 pts          | RECORD  |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br>19<br><b>Boys</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10 | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills, 76 Northern Suburbs, 54 Manlv Warringah, 3 Holrovd, 6 Girraween, 51 Bankstown Sports, 5 Mosman, 19 Hills District, 15 Prestons Robins, 250 Randwick Botanv, 1 Campbelltown, 36 Northern Districts, 157 Cherrybrook, 219 Parramatta, 7 Rvde, 38 Prospect, 95 Tallawong Park, 139 U 13 - Shot/Discus Record: 24.28m R Parramatta, 7 Illawong, 70 Kings Langlev, 53 Hills District, 15 Northern Districts, 157 Northern Suburbs, 54 Ku-Ring-Gai, 84 Rvde, 38 Manly Warringah, 3 Port Hacking, 110 |            |                    | 2106 pts 2043 pts 1903 pts 1822 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1555 pts 1555 pts 1532 pts 1446 pts 1379 pts 1258 pts 1186 pts 1258 pts 1186 pts 1855 pts 1859 pts 1859 pts 1859 pts 1659 pts 1559 pts 1488 pts 1404 pts 1318 pts | RECORD  |
| 2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18<br>19<br><b>Boys</b><br>1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9       | Port Hacking. 110 Ku-Ring-Gai, 84 Winston Hills, 76 Northern Suburbs, 54 Manlv Warringah, 3 Holrovd, 6 Girraween, 51 Bankstown Sports, 5 Mosman, 19 Hills District, 15 Prestons Robins, 250 Randwick Botanv, 1 Campbelltown, 36 Northern Districts, 157 Cherrybrook, 219 Parramatta, 7 Rvde, 38 Prospect, 95 Tallawong Park, 139 U 13 - Shot/Discus Record: 24.28m R Parramatta, 7 Illawong, 70 Kings Langlev, 53 Hills District, 15 Northern Districts, 157 Northern Suburbs, 54 Ku-Ring-Gai, 84 Rvde, 38 Manly Warringah, 3                   |            |                    | 2106 pts 2043 pts 1903 pts 1903 pts 1822 pts 1806 pts 1723 pts 1707 pts 1686 pts 1680 pts 1673 pts 1660 pts 1555 pts 1532 pts 1446 pts 1379 pts 1258 pts 1186 pts 1258 pts 1186 pts 1895 pts 1859 pts 1859 pts 1859 pts 1659 pts 1559 pts 1488 pts 1404 pts          | RECORD  |

Boys U 14 - Shot/Discus

| Record: 24.42m R 27/11/2011  | Ku-Ring-Gai,     |  |        |
|--|------------------|--|--------|
| 1 Ku-Ring-Gai, 84  |                  | 2344 pts   |        |
| 2 Albion Park, 71  |                  | 2318 pts   |        |
| 3 Parramatta, 7  |                  | 2310 pts   |        |
| 4 Western Suburbs. 20  |                  | 2259 pts   |        |
| 5 Northern Suburbs, 54   |                  | <b>2236</b> pts  |        |
| 6 Bankstown Sports, 5  |                  | <b>2091</b> pts  |        |
| 7 Winston Hills, 76  |                  | 1836 pts   |        |
| 8 Randwick Botanv. 1   |                  | 1549 pts   |        |
| 9 Rvde. 38   |                  | 1281 pts   |        |
| 10 Manly Warringah, 3  |                  | 1217 pts   |        |
| 11 Port Hacking, 110   |                  | 1180 pts   |        |
| 12 Campbelltown. 36  |                  | 1143 pts   |        |
| Boys U 15 - Shot/Discus  |                  |  |        |
| Record: 24.25m R 27/11/2011  | Banksown Sports, |  |        |
| 1 Northern Suburbs. 54   |                  | 2382 pts   |        |
| 2 Camden. 61   |                  | 2029 pts   |        |
| 3 Doonside, 140  |                  | 1960 pts   |        |
| 4 Manly Warringah, 3   |                  | 1874 pts   |        |
| 5 Parramatta, 7  |                  | 1866 pts   |        |
| 6 Randwick Botany, 1   |                  | 1661 pts   |        |
| 7 Winston Hills. 76<br>8 Campbelltown, 36  |                  | 1405 pts<br>970 pts  |        |
|  | <del></del>      | 970 pts  |        |
| Boys U 17 - Shot/Discus  | Dandurial Datanu |  |        |
| Record: 20.85m R 27/11/2011  | Randwick Botany, | 2205 pts   | DECORD |
| <ol> <li>Randwick Botany. 1</li> <li>Bankstown Sports. 5</li> </ol>  |                  | 2305 pts<br>2245 pts   | RECORD |
| <ul><li>2 Bankstown Sports. 5</li><li>3 Hills District. 15</li></ul>   |                  | 2134 pts   |        |
| 4 Port Hacking, 110  |                  | 2014 pts   |        |
| 5 Liverpool. 48  |                  | 1856 pts   |        |
| 6 Manly Warringah, 3   |                  | 1853 pts   |        |
| 7 Kings Langley, 53  |                  | 1755 pts   |        |
| 8 Winston Hills, 76  |                  | 1741 pts   |        |
|  |                  |  |        |
| 9 Rvde 38  |                  | 1709 pts   |        |
| 9 Rvde. 38<br>10 Parramatta. 7   |                  | 1709 pts<br>1510 pts   |        |
| 9 Rvde. 38<br>10 Parramatta, 7<br>11 Campbelltown, 36  | <br>             | 1510 pts   |        |
| 10 Parramatta, 7   | <br><br>         |  |        |
| <ul><li>10 Parramatta, 7</li><li>11 Campbelltown, 36</li><li>12 Jamison, 163</li></ul>   |                  | 1510 pts<br>1469 pts   |        |
| <ul><li>10 Parramatta. 7</li><li>11 Campbelltown. 36</li></ul>   |                  | 1510 pts<br>1469 pts   |        |
| <ul> <li>10 Parramatta. 7</li> <li>11 Campbelltown. 36</li> <li>12 Jamison. 163</li> <li>Boys U 8-11 Middle Dist. (Junior)</li> </ul>  | <br>             | 1510 pts<br>1469 pts   |        |
| 10 Parramatta, 7 11 Campbelltown, 36 12 Jamison, 163  Boys U 8-11 Middle Dist. (Junior) Record Elect: 10:45.18 E 27/11/2010  | <br>             | 1510 pts<br>1469 pts   | RECORD |
| 10 Parramatta. 7 11 Campbelltown. 36 12 Jamison. 163  Boys U 8-11 Middle Dist. (Junior) Record Elect: 10:45.18 E 27/11/2010 Heat 1 Heats   | <br>             | 1510 pts<br>1469 pts<br>1412 pts   | RECORD |
| 10 Parramatta. 7 11 Campbelltown. 36 12 Jamison. 163  Boys U 8-11 Middle Dist. (Junior) Record Elect: 10:45.18 E 27/11/2010  Heat 1 Heats 1 Rvde. 38   | <br>             | 1510 pts<br>1469 pts<br>1412 pts<br>E 10:44.24 Q   | RECORD |
| 10 Parramatta, 7 11 Campbelltown, 36 12 Jamison, 163  Boys U 8-11 Middle Dist. (Junior) Record Elect: 10:45.18 E 27/11/2010  Heat 1 Heats 1 Rvde, 38 2 Cherrybrook, 219 3 Hornsby, 4 4 Mosman, 19  | <br>             | 1510 pts<br>1469 pts<br>1412 pts<br>E 10:44.24 Q<br>10:53.39 q<br>11:02.84 q<br>11:04.75 q   | RECORD |
| 10 Parramatta, 7 11 Campbelltown, 36 12 Jamison, 163  Boys U 8-11 Middle Dist. (Junior) Record Elect: 10:45.18 E 27/11/2010  Heat 1 Heats 1 Rvde, 38 2 Cherrybrook, 219 3 Hornsby, 4 4 Mosman, 19 5 Kings Langley, 53  | <br>             | 1510 pts<br>1469 pts<br>1412 pts<br>E 10:44.24 Q<br>10:53.39 q<br>11:02.84 q<br>11:04.75 q<br>11:20.32 q   | RECORD |
| 10 Parramatta. 7 11 Campbelltown. 36 12 Jamison. 163  Boys U 8-11 Middle Dist. (Junior) Record Elect: 10:45.18 E 27/11/2010  Heat 1 Heats 1 Rvde. 38 2 Cherrybrook. 219 3 Hornsby. 4 4 Mosman. 19 5 Kings Langley. 53 6 Holrovd. 6   | <br>             | 1510 pts<br>1469 pts<br>1412 pts<br>E 10:44.24 Q<br>10:53.39 q<br>11:02.84 q<br>11:04.75 q<br>11:20.32 q<br>11:28.57   | RECORD |
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| 4     | Mosman. 19                        |     |    |                  | 10:56.89  |   |
|-------|-----------------------------------|-----|----|------------------|-----------|---|
| -     |                                   |     |    |                  |           |   |
| 5     | Campbelltown, 36                  |     |    |                  | 11:15.43  |   |
| 6     | Northern Suburbs, 54              |     |    |                  | 11:18.04  |   |
| 7     | Randwick Botanv. 1                |     |    |                  | 11:20.14  |   |
| 8     | Hornsby, 4                        |     |    |                  | 11:20.20  |   |
| 9     | Kings Langlev, 53                 |     |    |                  | 11:34.05  |   |
| Dov.  | LI 12 15 Middle Dist (Senior)     |     |    |                  |           |   |
|       | s U 12-15 Middle Dist. (Senior)   |     |    | androdale Bakana |           |   |
|       | ecord Elect: 9:14.65 E 28/11/2010 | К   | ка | ndwick Botany,   |           |   |
| FINAL |                                   |     |    |                  |           |   |
| 1     | Manly Warringah, 3                |     |    |                  | 9:15.87   |   |
| 2     | Hills District. 15                |     |    |                  | 9:19.69   |   |
| 3     | Ku-Ring-Gai, 84                   |     |    |                  | 9:26.69   |   |
| 4     | Randwick Botanv. 1                |     |    |                  | 9:28.22   |   |
| 5     | Illawong, 70                      |     |    |                  | 9:43.01   |   |
| 6     | Northern Suburbs, 54              |     |    |                  | 9:51.38   |   |
| 7     |                                   |     |    |                  |           |   |
|       | Campbelltown, 36                  |     |    |                  | 9:58.21   |   |
| 8     | Hornsby. 4                        |     |    |                  | 10:08.85  |   |
| 9     | Winston Hills, 76                 |     |    |                  | 10:30.84  |   |
| 10    | Girraween, 51                     |     |    |                  | 10:33.57  |   |
| 11    | Cherrybrook, 219                  |     |    |                  | 10:41.69  |   |
| 12    | Rvde, 38                          |     |    |                  | 10:54.72  |   |
| 13    | Kings Langlev. 53                 |     |    |                  | 10:58.50  |   |
| 14    | Western Suburbs, 20               |     |    |                  | 11:19.01  |   |
| 15    | Prospect, 95                      |     |    |                  | 11:47.82  |   |
|       |                                   |     |    |                  |           |   |
|       | ed U 8 - 100 Metre x 4            |     |    |                  |           |   |
| R     | ecord Elect: 1:06.62 E 27/11/2010 | S   | ìр | ringwood,        |           |   |
| Heat  | 1 Heats                           |     |    |                  |           |   |
| 1     | Kurraiong/Bilpin. 150             | W   |    |                  | 1:09.30   | 0 |
| 2     | Gosford, 72                       | W   |    |                  | 1:10.68   |   |
| 3     |                                   |     |    |                  |           |   |
|       | Holrovd, 6                        | W   |    |                  | 1:12.87   |   |
| 4     | Tallawong Park, 139               | W   |    |                  |           | q |
| 5     | Tiger West. 68                    | W   |    |                  | 1:18.10   |   |
| . 6   | Cranebrook, 184                   | W   |    |                  | 1:20.11   |   |
| Heat  | 2 Heats                           |     |    |                  |           |   |
| 1     | Grevstanes, 39                    | W   |    |                  | 1:07.95   | Q |
| 2     | South Eastern, 152                | W   |    |                  | 1:08.35   | q |
| 3     | Prestons Robins, 250              | W   |    |                  |           | q |
| 4     | Jamison. 163                      | W   |    |                  | 1:15.43   | = |
| 5     | Wollondilly, 160                  | W   |    |                  | 1:16.97   |   |
|       |                                   | ••• |    |                  | 1.10.57   | ٦ |
| FINAL |                                   |     |    |                  |           |   |
| 1     | Grevstanes. 39                    | W   |    |                  | 1:07.16   |   |
| 2     | South Eastern, 152                | W   |    |                  | 1:07.66   |   |
| 3     | Kurrajong/Bilpin, 150             | W   |    |                  | 1:10.77   |   |
| 4     | Gosford, 72                       | W   |    |                  | 1:11.11   |   |
| 5     | Holrovd, 6                        | W   |    |                  | 1:11.15   |   |
| 6     | Prestons Robins. 250              | W   |    |                  | 1:13.74   |   |
| 7     | Jamison, 163                      |     |    |                  | 1:16.51   |   |
| 8     | Tallawong Park, 139               | W   |    |                  | 1:17.38   |   |
| 9     | Wollondilly, 160                  | W   |    |                  | 1:18.21   |   |
| 9     | Wollondiny, 100                   | vv  |    |                  | 1.10.21   |   |
| Mix   | ed U 9 - 100 Metre x 4            |     |    |                  |           |   |
|       | ecord Elect: 1:03.11 E 26/11/2011 | S   | a  | ringwood,        |           |   |
|       | 1 Heats                           | -   |    |                  |           |   |
|       |                                   |     |    |                  | 4.02.50   | 0 |
| 1     | Holroyd, 6                        | W   |    |                  | 1:03.56   |   |
| 2     | Kurraiong/Bilpin, 150             | W   |    |                  | 1:04.01   |   |
| 3     | Grevstanes, 39                    | W   |    |                  | 1:04.22   | q |
| 4     | Cranebrook. 184                   | W   |    |                  | 1:08.37   |   |
| 5     | Tallawong Park, 139               | W   |    |                  | 1:08.39   |   |
| 6     | Prospect, 95                      | W   |    |                  | 1:08.57   |   |
| 7     | South Eastern, 152                | W   |    |                  | 1:09.00   |   |
| 8     | Ambarvale. 58                     | W   |    |                  | 1:13.52   |   |
| _     | 2 Heats                           | - • |    |                  | 1.13.32   |   |
| 1     | Wollongong Citv. 102              | W   |    |                  | E 1:02.58 | 0 |
| 2     | Orange, 78                        | W   |    |                  | 1:05.10   |   |
| 3     |                                   | W   |    |                  |           |   |
| 3     | Prestons Robins, 250              | ٧V  |    |                  | 1:06.02   | Ч |
|       |                                   |     |    |                  |           |   |

| 4 Tiger West. 68   | W                                     | 1:06.18 q              |            |
|--|---------------------------------------|------------------------|------------|
| 5 Jamison. 163<br>6 Raymond Terrace, 77                              | W<br>W                                | 1:06.19 q<br>1:07.45 q |            |
| FINAL  | VV                                    | 1.07.45 q              |            |
| 1 Wollongong City, 102   | W                                     | 1:01.56 E              | RECORD     |
| 2 Kurrajong/Bilpin, 150  | W                                     | 1:03.23                |            |
| 3 Grevstanes, 39   | W                                     | 1:04.21                |            |
| 4 Orange, 78   | W                                     | 1:06.32                |            |
| 5 Jamison. 163<br>6 Tiger West. 68                                   | W<br>W                                | 1:06.69                |            |
| 6 Tiger West. 68<br>7 Raymond Terrace, 77                            | W<br>W                                | 1:07.18<br>1:10.60     |            |
| Prestons Robins, 250   | W                                     | DQ                     | IAAF 170.8 |
| Holroyd, 6   | W                                     | DQ                     | IAAF 170.8 |
| Mixed U 10 - 100 Metre x 4   |                                       |                        |            |
| Record Elect: 58.84 E 27/11/2010 Heat 1 Heats                        | Wollongong City,                      |                        |            |
|  | W                                     | 1:00 EE O              |            |
| 1 Springwood, 35<br>2 Orange, 78                                     | w                                     | 1:00.55 Q<br>1:01.14 q |            |
| 3 Gosford, 72  | W                                     | 1:01.14 q              |            |
| 4 Holrovd. 6   | W                                     | 1:02.02 q              |            |
| 5 Tallawong Park, 139  | W                                     | 1:02.16                |            |
| 6 Jamison, 163   | W                                     | 1:02.41                |            |
| 7 Grevstanes, 39   | W                                     | 1:03.17                |            |
| 8 Cranebrook, 184  | W                                     | 1:09.43                |            |
| Heat 2 Heats   | ***                                   | 50.00                  |            |
| <ol> <li>South Eastern, 152</li> <li>Wollongong City, 102</li> </ol> | W<br>W                                | 58.90 Q<br>58.95 q     |            |
| 3 Kurrajong/Bilpin, 150  | w                                     | 1:00.04 q              |            |
| 4 Wollondilly, 160   | W                                     | 1:00.33 q              |            |
| 5 Prospect, 95   | W                                     | 1:00.82 q              |            |
| 6 Prestons Robins. 250   | W                                     | 1:08.07                |            |
| Helensburgh, 44  | W                                     | DQ                     | IAAF 170.7 |
| FINAL  |                                       |                        |            |
| 1 South Eastern. 152   | W                                     | 58.49 E                | RECORD     |
| 2 Wollongong City, 102   | W                                     | 58.75 E                |            |
| 3 Kurrajong/Bilpin, 150  | W                                     | 58.80 E                |            |
| 4 Prospect, 95   | W                                     | 1:00.55                |            |
| 5 Wollondilly. 160   | W                                     | 1:00.67                |            |
| 6 Gosford, 72<br>7 Springwood, 35                                    | W<br>W                                | 1:01.52                |            |
| 7 Springwood, 35 Orange, 78  | W<br>W                                | 1:01.68<br>DQ          | IAAF 170.7 |
|  | VV                                    | DQ                     | 774 170.7  |
| Mixed U 11 - 100 Metre x 4  Record Elect: 57.25 E 26/11/2011         | Jamison,                              |                        |            |
| Heat 1 Heats   | · · · · · · · · · · · · · · · · · · · |                        |            |
| 1 Wollongong City, 102   | W                                     | 57.02 Q                | RECORD     |
| 2 Jamison, 163   | W                                     | 59.88 q                |            |
| 3 Cranebrook, 184  | W                                     | 1:01.22 q              |            |
| 4 Prestons Robins, 250   | W                                     | 1:01.52 q              |            |
| 5 Wollondilly, 160   | W                                     | 1:03.90                |            |
| 6 Ambarvale, 58  | W                                     | 1:07.60                |            |
| Heat 2 Heats   | ***                                   |                        |            |
| 1 Kurrajong/Bilpin, 150  | W                                     | 57.54 Q                |            |
| 2 South Eastern, 152   | W                                     | 59.43 q                |            |
| 3 Grevstanes. 39<br>4 Helensburgh. 44                                | W<br>W                                | 1:00.16 q<br>1:01.23 q |            |
| 5 Gosford, 72  | w<br>W                                | 1:01:25 q<br>1:02:19 q |            |
| 6 Prospect, 95   | W                                     | 1:03.30                |            |
| 7 Tallawong Park, 139  | W                                     | 1:04.69                |            |
| FINAL  |                                       |                        |            |
| 1 Wollongong City, 102   | W                                     | 57.12                  |            |
| 2 Kurrajong/Bilpin, 150  | W                                     | 57.32                  |            |
| 3 Jamison, 163   | W                                     | 59.16                  |            |
| 4 Grevstanes, 39   | W                                     | 1:00.50                |            |
| 5 Helensburgh, 44  | W                                     | 1:00.71                |            |
|  |                                       |                        |            |

| <ul><li>6 Cranebrook, 184</li><li>7 South Eastern, 152</li><li>8 Prestons Robins, 250</li></ul> |            | W<br>W<br>W      | 1:00.84<br>1:01.95<br>1:02.93 |            |
|---|------------|------------------|-------------------------------|------------|
| Mixed U 12 - 100 Metre  |            | Wallangang City  |                               |            |
| Record Elect: 55.31 E<br>FINAL  | 27/11/2011 | Wollongong City, |                               |            |
| 1 Holrovd. 6  |            | W                | 54.27                         | RECORD     |
| 2 Jamison, 163  |            | W                | 55.59                         |            |
| 3 Helensburgh. 44<br>4 Gosford. 72  |            | W<br>W           | 55.88<br>58.20                |            |
| 5 Prospect, 95  |            | W                | 59.41                         |            |
| 6 Ambarvale, 58<br>Kurraiong/Bilpin, 150  |            | W<br>W           | 1:00.30                       | IAAF 170.7 |
| Kurraiong/Bilbin. 150<br>Minchinbury, 195   |            | W                | DQ<br>DQ                      | IAAF 170.7 |
| Mixed U 13 - 100 Metre  | x 4        |                  |                               |            |
|   | 28/11/2010 | Wollongong City, |                               |            |
| Heat 1 Heats  |            |                  |                               |            |
| <ol> <li>Holrovd, 6</li> <li>Wollongong City, 102</li> </ol>                                    |            | W<br>W           | 52.38 Q<br>53.07 q            |            |
| <ul><li>2 Wollongong Citv. 102</li><li>3 Bathurst, 59</li></ul>                                 |            | W                | 53.07 q<br>53.87 q            |            |
| 4 Prospect, 95  |            | W                | 1:00.89 q                     |            |
| Kurrajong/Bilpin, 150 Heat 2 Heats  |            | W                | DQ                            | IAAF 170.7 |
| 1 Jamison, 163  |            | W                | 54.01 Q                       |            |
| 2 Gosford, 72   |            | W                | 55.84 q                       |            |
| 3 Grevstanes, 39<br>4 Helensburgh, 44   |            | W<br>W           | 56.13 q<br>56.23 q            |            |
| 5 Prestons Robins, 250  |            | W                | 1:02.49 q                     |            |
| FINAL   |            |                  |                               |            |
| 1 Holrovd, 6  |            | W                | 52.07                         | RECORD     |
| 2 Wollongong City, 102  |            | W                | 53.10                         |            |
| 3 Jamison, 163<br>4 Bathurst, 59  |            | W<br>W           | 53.58<br>53.59                |            |
| 5 Gosford, 72   |            | W                | 55.90                         |            |
| 6 Grevstanes, 39<br>7 Prestons Robins, 250  |            | W                | 57.34                         |            |
| 7 Prestons Robins, 250 Helensburgh, 44  |            | W<br>W           | 1:03.64<br>DQ                 | IAAF 162.7 |
| Prospect. 95  |            | W                | DQ                            | IAAF 170.7 |
| Mixed U 14 - 100 Metre  |            |                  |                               |            |
|   | 29/11/2009 | Wollongong City, |                               |            |
| FINAL  1 Wollongong City, 102   |            | W                | 50.72                         | RECORD     |
| 2 Doonside. 140   |            | W                | 51.24                         |            |
| 3 South Eastern, 152<br>4 Orange, 78  |            | W<br>W           | 52.14                         |            |
| 5 Ambarvale, 58   |            | W<br>W           | 52.82<br>56.24                |            |
| 6 Prospect. 95  |            | W                | 56.55                         |            |
| Mixed U 15 - 100 Metre  |            |                  |                               |            |
| Record Elect: 49.36 E   | 28/11/2010 | Wollongong City, |                               |            |
| <b>FINAL</b> 1 Grevstanes, 39   |            | W                | 51.14                         |            |
| 2 Kurrajong/Bilpin, 150   |            | W                | 52.21                         |            |
| 3 Prestons Robins. 250  |            | W                | 53.56                         |            |
| Mixed U 17 - 100 Metre  |            |                  |                               |            |
|   | 29/11/2009 | Cherrybrook,     |                               |            |
| Heat 1 Heats  1 Cherrybrook, 219  |            | W                | 48.98 Q                       |            |
| 2 Blacktown, 8  |            | W                | 48.98 Q<br>49.33 q            |            |
| 3 Penrith Valley, 66  |            | W                | 49.87 q                       |            |
| 4 Orange, 78<br>5 Girraween, 51   |            | W<br>W           | 51.82 q<br>52.39 q            |            |
| 6 Cranebrook, 184   |            | W                | 52.55 q                       |            |
|   |            |                  |                               |            |

| 7 Illawong, 70<br>Heat 2 Heats                                      | W                | 53.06 q                  |
|---|------------------|--------------------------|
| 1 Holroyd, 6  | W                | 48.00 Q                  |
| 2 Wollongong City, 102  | W                | 50.92 q                  |
| 3 Ambarvale. 58   | W                | 53.71                    |
| 4 Prestons Robins, 250  | W                | 53.82                    |
| 5 Douglas Park, 179   | W                | 54.29                    |
| FINAL   |                  |                          |
| 1 Holrovd, 6  | W                | 48.22                    |
| 2 Penrith Valley, 66  | W                | 49.29                    |
| <ul><li>3 Cherrybrook. 219</li><li>4 Wollongong Citv. 102</li></ul> | W<br>W           | 49.35<br>49.96           |
| 5 Orange, 78  | W                | 51.72                    |
| 6 Girraween, 51   | W                | 52.30                    |
| 7 Cranebrook, 184   | W                | 52.49                    |
| 8 Illawong. 70  | W                | 52.75                    |
| Blacktown, 8  | W                | DQ IAAF 170.7            |
| Mixed U 8 - 200 Metre x 4   |                  |                          |
| Record Elect: 2:19.76 E 26/11/2011                                  | Ku-Ring-Gai,     |                          |
| Heat 1 Heats  |                  |                          |
| 1 Manly Warringah, 3  | W                | 2:26.97 Q                |
| 2 Cherrybrook, 219  | W                | 2:32.74 q                |
| 3 Northern Suburbs, 54  | W                | 2:33.14 q                |
| 4 Albion Park. 71<br>5 Western Suburbs. 20                          | W<br>W           | 2:33.95 q<br>2:40.03     |
| 6 Hills District, 15  | W                | 2:40.45                  |
| 7 Port Hacking, 110   | W                | 2:40.65                  |
| 8 Kings Langley, 53   | W                | 2:52.21                  |
| Heat 2 Heats  |                  |                          |
| 1 Mosman, 19  | W                | 2:29.78 Q                |
| 2 Grevstanes, 39  | W                | 2:32.49 q                |
| 3 Gosford, 72   | W                | 2:35.43 q                |
| 4 Wollongong Citv. 102<br>5 Parramatta. 7                           | W<br>W           | 2:35.88<br>2:35.91       |
| 6 Tiger West, 68  | W                | 3:03.16                  |
| Ku-Ring-Gai, 84   | W                | DQ IAAF 170.7            |
| Heat 3 Heats  |                  |                          |
| 1 Doonside. 140   | W                | 2:27.09 Q                |
| 2 Randwick Botany. 1  | W                | 2:28.23 q                |
| 3 Tuggerah Lk Mingara, 165  | W                | 2:36.29                  |
| 4 Rvde. 38<br>5 Liverpool. 48                                       | W<br>W           | 2:39.18                  |
| 5 Liverpool, 48<br>6 St George, 9                                   | W                | 2:39.80<br>2:42.27       |
| 7 Winston Hills, 76   | W                | 2:43.96                  |
| 8 Campbelltown, 36  | W                | 2:51.66                  |
| FINAL   |                  |                          |
| 1 Doonside. 140   | W                | 2:26.60                  |
| 2 Randwick Botany, 1  | W                | 2:32.52                  |
| 3 Cherrybrook, 219  | W                | 2:33.15                  |
| 4 Albion Park, 71   | W                | 2:35.77                  |
| 5 Grevstanes. 39  | W                | 2:37.90                  |
| 6 Gosford. 72 Manly Warringah. 3                                    | W<br>W           | 2:40.45<br>DQ IAAF 170.7 |
| Northern Suburbs, 54  | W                | DQ IAAF 170.7            |
| Mosman. 19  | W                | DQ IAAF 170.7            |
| Mixed U 9 - 200 Metre x 4   |                  |                          |
| Record Elect: 2:09.03 E 27/11/2010                                  | Eastern Suburbs, |                          |
| Heat 1 Heats  |                  |                          |
| 1 Randwick Botany, 1  | W                | 2:17.16 Q                |
| 2 Kings Langley, 53   | W                | 2:21.07 q                |
| 3 Northern Suburbs. 54  | W                | 2:27.29                  |
| 4 St George, 9  | W                | 2:30.02                  |
| 5 Winston Hills, 76   | W                | 2:33.91                  |
| 6 Rvde. 38<br>7 Tallawong Park. 139                                 | W<br>W           | 2:35.77<br>2:37.42       |
| , ואוניותו מווערוובו  | WW               | 4.57.44                  |

| 8 Campbelltown, 36   | W   | 2:37.97   |
|--|---|---|
| Heat 2 Heats   |   | _   |
| 1 Sutherland, 11   | W   | 2:17.31 Q   |
| <ul><li>2 Port Hacking, 110</li><li>3 Mosman, 19</li></ul>   | W<br>W  | 2:21.84<br>2:24.25  |
| 4 Cherrybrook, 219   | w<br>W  | 2:24.68   |
| 5 Raymond Terrace, 77  | W   | 2:33.98   |
| Heat 3 Heats   | ••  | 2.33.30   |
| 1 Albion Park. 71  | W   | 2:19.12 Q   |
| 2 Wollongong City, 102   | W   | 2:21.08 q   |
| 3 Parramatta. 7  | W   | 2:22.42   |
| 4 Hornsby, 4   | W   | 2:24.88   |
| 5 Helensburgh, 44  | W   | 2:27.05   |
| 6 Tiger West. 68 Heat 4 Heats  | W   | 2:35.61   |
| 1 Tuggerah Lk Mingara, 165   | W   | 2:15.94 Q   |
| 2 Balmain. 17  | W   | 2:17.80 q   |
| 3 Ku-Ring-Gai, 84  | W   | 2:19.05 q   |
| 4 Grevstanes, 39   | W   | 2:21.16 q   |
| 5 Hills District, 15   | W   | 2:21.43   |
| 6 Manly Warringah, 3   | W   | 2:24.48   |
| 7 Western Suburbs. 20  | W<br>W  | 2:28.36   |
| 8 Orange, 78   | VV  | 2:33.03   |
| FINAL  | ***   | 2.44.50   |
| <ol> <li>Ku-Ring-Gai. 84</li> <li>Randwick Botany. 1</li> </ol>  | W<br>W  | 2:11.59<br>2:16.21  |
| 3 Wollongong City, 102   | W<br>W  | 2:17.60   |
| 4 Sutherland, 11   | W   | 2:18.65   |
| 5 Kings Langlev. 53  | W   | 2:21.13   |
| 6 Tuggerah Lk Mingara, 165   | W   | 2:21.19   |
| 7 Balmain, 17  | W   | 2:21.40   |
| 8 Albion Park, 71  | W   | 2:22.84   |
| 9 Grevstanes. 39   | W   | 2:24.64   |
|  |   |   |
| Mixed U 10 - 400 Metre x 4  Record Flect: 4:40 99 F 27/11/2010   | Alhion Park   |   |
| Mixed U 10 - 400 Metre x 4  Record Elect: 4:40.99 E 27/11/2010  Heat 1 Heats   | Albion Park,  |   |
| Record Elect: 4:40.99 E 27/11/2010<br>Heat 1 Heats   | Albion Park, W  | 5:02.05 Q   |
| Record Elect: 4:40.99 E 27/11/2010<br>Heat 1 Heats   | ·   | 5:02.05 Q<br>5:10.00 q  |
| Record Elect: 4:40.99 E 27/11/2010 Heat 1 Heats  1 Northern Suburbs. 54  | W   | 5:10.00 q<br>5:17.21  |
| Record Elect: 4:40.99 E 27/11/2010 Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48   | W<br>W<br>W   | 5:10.00 q<br>5:17.21<br>5:23.29   |
| Record Elect: 4:40.99 E 27/11/2010 Heat 1 Heats  1 Northern Suburbs, 54 2 Mosman, 19 3 Albion Park, 71 4 Liverpool, 48 5 Camden, 61  | W<br>W<br>W<br>W  | 5:10.00 q<br>5:17.21<br>5:23.29<br>5:25.19  |
| Record Elect: 4:40.99 E 27/11/2010 Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72  | W<br>W<br>W<br>W<br>W   | 5:10.00 q<br>5:17.21<br>5:23.29<br>5:25.19<br>5:29.40   |
| Record Elect: 4:40.99 E 27/11/2010 Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9   | W<br>W<br>W<br>W<br>W<br>W  | 5:10.00 q<br>5:17.21<br>5:23.29<br>5:25.19<br>5:29.40<br>5:31.04  |
| Record Elect: 4:40.99 E 27/11/2010 Heat 1 Heats  1 Northern Suburbs, 54 2 Mosman, 19 3 Albion Park, 71 4 Liverpool, 48 5 Camden, 61 6 Gosford, 72 7 St George, 9 8 Western Suburbs, 20   | W<br>W<br>W<br>W<br>W<br>W  | 5:10.00 q<br>5:17.21<br>5:23.29<br>5:25.19<br>5:29.40<br>5:31.04<br>5:33.34   |
| Record Elect: 4:40.99 E 27/11/2010 Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20   | W<br>W<br>W<br>W<br>W<br>W<br>W   | 5:10.00 q<br>5:17.21<br>5:23.29<br>5:25.19<br>5:29.40<br>5:31.04  |
| Record Elect: 4:40.99 E 27/11/2010 Heat 1 Heats  1 Northern Suburbs, 54 2 Mosman, 19 3 Albion Park, 71 4 Liverpool, 48 5 Camden, 61 6 Gosford, 72 7 St George, 9 8 Western Suburbs, 20 9 Ku-Ring-Gai, 84   | W<br>W<br>W<br>W<br>W<br>W<br>W   | 5:10.00 q<br>5:17.21<br>5:23.29<br>5:25.19<br>5:29.40<br>5:31.04<br>5:33.34   |
| Record Elect: 4:40.99 E 27/11/2010  Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20 9 Ku-Ring-Gai. 84  Heat 2 Heats 1 Orange. 78 2 Wollongong City. 102  | W W W W W W W W W W W W   | 5:10.00 q<br>5:17.21<br>5:23.29<br>5:25.19<br>5:29.40<br>5:31.04<br>5:33.34<br>5:35.94<br>5:05.14 Q<br>5:09.30 q  |
| Record Elect: 4:40.99 E 27/11/2010  Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20 9 Ku-Ring-Gai. 84  Heat 2 Heats 1 Orange. 78 2 Wollongong Citv. 102 3 Doonside. 140  | W W W W W W W W W W W W W   | 5:10.00 q<br>5:17.21<br>5:23.29<br>5:25.19<br>5:29.40<br>5:31.04<br>5:33.34<br>5:35.94<br>5:05.14 Q<br>5:09.30 q<br>5:10.08 q   |
| Record Elect: 4:40.99 E 27/11/2010  Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20 9 Ku-Ring-Gai. 84  Heat 2 Heats 1 Orange. 78 2 Wollongong Citv. 102 3 Doonside. 140 4 Kings Langlev. 53  | W W W W W W W W W W W W W W W   | 5:10.00 q<br>5:17.21<br>5:23.29<br>5:25.19<br>5:29.40<br>5:31.04<br>5:33.34<br>5:35.94<br>5:05.14 Q<br>5:09.30 q<br>5:10.08 q<br>5:14.30  |
| Record Elect: 4:40.99 E 27/11/2010  Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20 9 Ku-Ring-Gai. 84  Heat 2 Heats 1 Orange. 78 2 Wollongong Citv. 102 3 Doonside. 140 4 Kings Langlev. 53 5 Hills District. 15   | W W W W W W W W W W W W W W W W W   | 5:10.00 q<br>5:17.21<br>5:23.29<br>5:25.19<br>5:29.40<br>5:31.04<br>5:33.34<br>5:35.94<br>5:05.14 Q<br>5:09.30 q<br>5:10.08 q<br>5:14.30<br>5:22.22   |
| Record Elect: 4:40.99 E 27/11/2010 Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20 9 Ku-Ring-Gai. 84 Heat 2 Heats 1 Orange. 78 2 Wollongong Citv. 102 3 Doonside. 140 4 Kings Langlev. 53 5 Hills District. 15 6 Cherrybrook. 219  | W W W W W W W W W W W W W W W W W W W   | 5:10.00 q<br>5:17.21<br>5:23.29<br>5:25.19<br>5:29.40<br>5:31.04<br>5:33.34<br>5:35.94<br>5:05.14 Q<br>5:09.30 q<br>5:10.08 q<br>5:14.30<br>5:22.22<br>5:26.37  |
| Record Elect: 4:40.99 E 27/11/2010  Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20 9 Ku-Ring-Gai. 84  Heat 2 Heats 1 Orange. 78 2 Wollongong Citv. 102 3 Doonside. 140 4 Kings Langlev. 53 5 Hills District. 15   | W W W W W W W W W W W W W W W W W W W   | 5:10.00 q<br>5:17.21<br>5:23.29<br>5:25.19<br>5:29.40<br>5:31.04<br>5:33.34<br>5:35.94<br>5:05.14 Q<br>5:09.30 q<br>5:10.08 q<br>5:14.30<br>5:22.22   |
| Record Elect: 4:40.99 E 27/11/2010  Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20 9 Ku-Ring-Gai. 84  Heat 2 Heats  1 Orange. 78 2 Wollongong Citv. 102 3 Doonside. 140 4 Kings Langlev. 53 5 Hills District. 15 6 Cherrybrook. 219 7 Winston Hills. 76 8 Douglas Park. 179  Heat 3 Heats   | W   | 5:10.00 q 5:17.21 5:23.29 5:25.19 5:29.40 5:31.04 5:33.34 5:35.94  5:05.14 Q 5:09.30 q 5:10.08 q 5:14.30 5:22.22 5:26.37 5:38.07 5:38.98  |
| Record Elect: 4:40.99 E 27/11/2010  Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20 9 Ku-Ring-Gai. 84  Heat 2 Heats  1 Orange. 78 2 Wollongong Citv. 102 3 Doonside. 140 4 Kings Langlev. 53 5 Hills District. 15 6 Cherrybrook. 219 7 Winston Hills. 76 8 Douglas Park. 179  Heat 3 Heats  1 Bankstown Sports. 5  | W   | 5:10.00 q 5:17.21 5:23.29 5:25.19 5:29.40 5:31.04 5:33.34 5:35.94  5:05.14 Q 5:09.30 q 5:10.08 q 5:14.30 5:22.22 5:26.37 5:38.07 5:38.98  |
| Record Elect: 4:40.99 E 27/11/2010  Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20 9 Ku-Ring-Gai. 84  Heat 2 Heats  1 Orange. 78 2 Wollongong Citv. 102 3 Doonside. 140 4 Kings Langlev. 53 5 Hills District. 15 6 Cherrybrook. 219 7 Winston Hills. 76 8 Douglas Park. 179  Heat 3 Heats  1 Bankstown Sports. 5 2 Parramatta. 7  | W   | 5:10.00 q 5:17.21 5:23.29 5:25.19 5:29.40 5:31.04 5:33.34 5:35.94  5:05.14 Q 5:09.30 q 5:10.08 q 5:14.30 5:22.22 5:26.37 5:38.07 5:38.98  4:59.02 Q 5:04.04 q   |
| Record Elect: 4:40.99 E 27/11/2010  Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20 9 Ku-Ring-Gai. 84  Heat 2 Heats  1 Orange. 78 2 Wollongong Citv. 102 3 Doonside. 140 4 Kings Langlev. 53 5 Hills District. 15 6 Cherrybrook. 219 7 Winston Hills. 76 8 Douglas Park. 179  Heat 3 Heats  1 Bankstown Sports. 5 2 Parramatta. 7 3 Manly Warringah. 3   | W   | 5:10.00 q 5:17.21 5:23.29 5:25.19 5:29.40 5:31.04 5:33.34 5:35.94  5:05.14 Q 5:09.30 q 5:10.08 q 5:14.30 5:22.22 5:26.37 5:38.07 5:38.98  4:59.02 Q 5:04.04 q 5:04.90 q   |
| Record Elect: 4:40.99 E 27/11/2010  Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20 9 Ku-Ring-Gai. 84  Heat 2 Heats  1 Orange. 78 2 Wollongong Citv. 102 3 Doonside. 140 4 Kings Langlev. 53 5 Hills District. 15 6 Cherrybrook. 219 7 Winston Hills. 76 8 Douglas Park. 179  Heat 3 Heats  1 Bankstown Sports. 5 2 Parramatta. 7 3 Manly Warringah. 3 4 Randwick Botany. 1  | W                         | 5:10.00 q 5:17.21 5:23.29 5:25.19 5:29.40 5:31.04 5:33.34 5:35.94  5:05.14 Q 5:09.30 q 5:10.08 q 5:14.30 5:22.22 5:26.37 5:38.07 5:38.98  4:59.02 Q 5:04.04 q 5:04.90 q 5:11.14 q                                   |
| Record Elect: 4:40.99 E 27/11/2010 Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20 9 Ku-Ring-Gai. 84 Heat 2 Heats  1 Orange. 78 2 Wollongong Citv. 102 3 Doonside. 140 4 Kings Langlev. 53 5 Hills District. 15 6 Cherrybrook. 219 7 Winston Hills. 76 8 Douglas Park. 179 Heat 3 Heats  1 Bankstown Sports. 5 2 Parramatta. 7 3 Manly Warringah. 3 4 Randwick Botany. 1 5 Rvde. 38                                    | W                         | 5:10.00 q 5:17.21 5:23.29 5:25.19 5:29.40 5:31.04 5:33.34 5:35.94  5:05.14 Q 5:09.30 q 5:10.08 q 5:14.30 5:22.22 5:26.37 5:38.07 5:38.98  4:59.02 Q 5:04.04 q 5:04.90 q 5:11.14 q 5:21.30                           |
| Record Elect: 4:40.99 E 27/11/2010  Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20 9 Ku-Ring-Gai. 84  Heat 2 Heats  1 Orange. 78 2 Wollongong Citv. 102 3 Doonside. 140 4 Kings Langlev. 53 5 Hills District. 15 6 Cherrybrook. 219 7 Winston Hills. 76 8 Douglas Park. 179  Heat 3 Heats  1 Bankstown Sports. 5 2 Parramatta. 7 3 Manly Warringah. 3 4 Randwick Botany. 1  | W                                     | 5:10.00 q 5:17.21 5:23.29 5:25.19 5:29.40 5:31.04 5:33.34 5:35.94  5:05.14 Q 5:09.30 q 5:10.08 q 5:14.30 5:22.22 5:26.37 5:38.07 5:38.98  4:59.02 Q 5:04.04 q 5:04.90 q 5:11.14 q                                   |
| Record Elect: 4:40.99 E 27/11/2010 Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20 9 Ku-Ring-Gai. 84 Heat 2 Heats  1 Orange. 78 2 Wollongong Citv. 102 3 Doonside. 140 4 Kings Langlev. 53 5 Hills District. 15 6 Cherrybrook. 219 7 Winston Hills. 76 8 Douglas Park. 179 Heat 3 Heats  1 Bankstown Sports. 5 2 Parramatta. 7 3 Manly Warringah. 3 4 Randwick Botany. 1 5 Rvde. 38 6 Tallawong Park. 139              | W | 5:10.00 q 5:17.21 5:23.29 5:25.19 5:29.40 5:31.04 5:33.34 5:35.94  5:05.14 Q 5:09.30 q 5:10.08 q 5:14.30 5:22.22 5:26.37 5:38.07 5:38.98  4:59.02 Q 5:04.04 q 5:04.90 q 5:11.14 q 5:21.30 5:32.84                   |
| Record Elect: 4:40.99 E 27/11/2010 Heat 1 Heats  1 Northern Suburbs. 54 2 Mosman. 19 3 Albion Park. 71 4 Liverpool. 48 5 Camden. 61 6 Gosford. 72 7 St George. 9 8 Western Suburbs. 20 9 Ku-Ring-Gai. 84 Heat 2 Heats  1 Orange. 78 2 Wollongong Citv. 102 3 Doonside. 140 4 Kings Langlev. 53 5 Hills District. 15 6 Cherrybrook. 219 7 Winston Hills. 76 8 Douglas Park. 179 Heat 3 Heats  1 Bankstown Sports. 5 2 Parramatta. 7 3 Manly Warringah. 3 4 Randwick Botany. 1 5 Rvde. 38 6 Tallawong Park. 139 7 Hornsby. 4 | W   | 5:10.00 q 5:17.21 5:23.29 5:25.19 5:29.40 5:31.04 5:33.34 5:35.94  5:05.14 Q 5:09.30 q 5:10.08 q 5:10.08 q 5:14.30 5:22.22 5:26.37 5:38.07 5:38.98  4:59.02 Q 5:04.04 q 5:04.90 q 5:11.14 q 5:21.30 5:32.84 5:37.40 |

| 2 Pandwick Datany 1  |   |   |
|--|---|---|
| 2 Randwick Botany, 1   | W   | 4:55.68   |
| 3 Manly Warringah, 3   | W   | 4:59.22   |
| 4 Northern Suburbs, 54   | W   | 5:01.93   |
| 5 Orange, 78   | W   | 5:05.98   |
| 6 Mosman, 19   | W   | 5:07.75   |
| 7 Wollongong City, 102   | W   | 5:08.33   |
| 8 Parramatta. 7  | W   | 5:09.77   |
| 9 Doonside, 140  | W   | 5:22.44   |
| Mixed U 11 - 400 Metre x 4   |   |   |
| Record Elect: 4:38.66 E 27/11/2010   | Northern Suburbs,                                 |   |
| Heat 1 Heats   | itorinem suburbs,                                 |   |
|  | 14/   | 4.42.04.0   |
| 1 Albion Park, 71  | W   | 4:42.01 Q   |
| 2 Port Hacking. 110<br>3 Sutherland. 11  | W<br>W  | 4:44.31 q   |
| 3 Sutherland, 11<br>4 Mosman, 19   | W   | 4:47.86 q<br>4:50.65 q  |
| 5 Northern Suburbs, 54   | W   | 4:50.65 q<br>4:50.70 q  |
| 6 Manly Warringah. 3   | W   | 4.50.70 q<br>4:54.65 q  |
| 7 Hills District, 15   | W   | 5:06.51   |
| Heat 2 Heats   | VV  | 5.00.51   |
| 1 Bankstown Sports, 5  | W   | 4:54.31 Q   |
| 2 Wollongong City, 102   | W   | 5:05.26   |
| 3 Western Suburbs, 20  | W   | 5:19.91   |
| 4 Tiger West, 68   | W   | 5:32.68   |
| 5 Kings Langlev. 53  | W   | 5:50.74   |
| Heat 3 Heats   | VV  | 3.30.74   |
| 1 Rvde. 38   | W   | 4:56.22 Q   |
| 2 Cherrybrook, 219   | W   | 4:56.84 q   |
| 3 Ku-Ring-Gai, 84  | W   | 5:20.24   |
| 4 Winston Hills, 76  | W   | 5:26.01   |
| FINAL  | •   | 5.25.52   |
|  | W   | 4.40.22   |
| 1 Albion Park, 71<br>2 Port Hacking, 110   | W<br>W  | 4:40.32<br>4:40.86  |
| 3 Sutherland. 11   | W   | 4:40.66<br>4:49.07  |
| 4 Bankstown Sports. 5  | vv<br>W   | 4:49.07<br>4:51.46  |
| 5 Manly Warringah, 3   | W   | 4:53.20   |
| 6 Cherrybrook, 219   | W   | 4:56.30   |
| 7 Rvde. 38   | W   | 5:01.15   |
| 8 Northern Suburbs, 54   | W   | 5:02.90   |
| 9 Mosman, 19   | W   | 5:11.11   |
|  |   |   |
| Mixed U 12 - 400 Metre x 4   | Ku Bina Cai                                       |   |
| Record Elect: 4:21.96 E 27/11/2011   | Ku-Ring-Gai,                                      |   |
| Heat 1 Heats   |   |   |
| 4 5 1 1 1 5  |   |   |
| 1 Randwick Botanv. 1   | W   | 4:43.31 Q   |
| 2 Balmain, 17  | W   | 4:47.50 q   |
| <ul><li>2 Balmain, 17</li><li>3 Hornsbv, 4</li></ul>   | W<br>W  | 4:47.50 q<br>4:49.32 q  |
| <ul><li>2 Balmain, 17</li><li>3 Hornsby, 4</li><li>4 Sutherland, 11</li></ul>  | W<br>W<br>W                                       | 4:47.50 q<br>4:49.32 q<br>4:52.93 q   |
| <ul><li>2 Balmain, 17</li><li>3 Hornsbv, 4</li><li>4 Sutherland, 11</li><li>5 Port Hacking, 110</li></ul>  | W<br>W<br>W                                       | 4:47.50 q<br>4:49.32 q<br>4:52.93 q<br>4:54.49  |
| <ul> <li>2 Balmain, 17</li> <li>3 Hornsbv. 4</li> <li>4 Sutherland, 11</li> <li>5 Port Hacking, 110</li> <li>6 Rvde, 38</li> </ul>   | W<br>W<br>W                                       | 4:47.50 q<br>4:49.32 q<br>4:52.93 q   |
| <ul> <li>2 Balmain. 17</li> <li>3 Hornsbv. 4</li> <li>4 Sutherland. 11</li> <li>5 Port Hacking. 110</li> <li>6 Rvde. 38</li> <li>Heat 2 Heats</li> </ul>   | W<br>W<br>W<br>W                                  | 4:47.50 q<br>4:49.32 q<br>4:52.93 q<br>4:54.49<br>5:06.65   |
| <ul> <li>2 Balmain. 17</li> <li>3 Hornsbv. 4</li> <li>4 Sutherland. 11</li> <li>5 Port Hacking. 110</li> <li>6 Rvde. 38</li> <li>Heat 2 Heats</li> <li>1 Bankstown Sports. 5</li> </ul>  | W<br>W<br>W<br>W                                  | 4:47.50 q<br>4:49.32 q<br>4:52.93 q<br>4:54.49<br>5:06.65   |
| <ul> <li>2 Balmain. 17</li> <li>3 Hornsbv. 4</li> <li>4 Sutherland. 11</li> <li>5 Port Hacking. 110</li> <li>6 Rvde. 38</li> <li>Heat 2 Heats</li> <li>1 Bankstown Sports. 5</li> <li>2 Northern Suburbs. 54</li> </ul>  | W<br>W<br>W<br>W<br>W                             | 4:47.50 q<br>4:49.32 q<br>4:52.93 q<br>4:54.49<br>5:06.65<br>4:42.25 Q<br>4:44.29 q   |
| 2 Balmain. 17 3 Hornsbv. 4 4 Sutherland. 11 5 Port Hacking. 110 6 Rvde. 38 Heat 2 Heats 1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Mosman. 19  | W W W W W W W W                                   | 4:47.50 q<br>4:49.32 q<br>4:52.93 q<br>4:54.49<br>5:06.65<br>4:42.25 Q<br>4:44.29 q<br>4:48.10 q  |
| 2 Balmain, 17 3 Hornsbv, 4 4 Sutherland, 11 5 Port Hacking, 110 6 Rvde, 38 Heat 2 Heats 1 Bankstown Sports, 5 2 Northern Suburbs, 54 3 Mosman, 19 4 Albion Park, 71  | W W W W W W W W W W W                             | 4:47.50 q<br>4:49.32 q<br>4:52.93 q<br>4:54.49<br>5:06.65<br>4:42.25 Q<br>4:44.29 q<br>4:48.10 q<br>4:49.63 q   |
| 2 Balmain. 17 3 Hornsbv. 4 4 Sutherland. 11 5 Port Hacking. 110 6 Rvde. 38 Heat 2 Heats 1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Mosman. 19  | W W W W W W W W W                                 | 4:47.50 q<br>4:49.32 q<br>4:52.93 q<br>4:54.49<br>5:06.65<br>4:42.25 Q<br>4:44.29 q<br>4:48.10 q  |
| 2 Balmain. 17 3 Hornsbv. 4 4 Sutherland. 11 5 Port Hacking. 110 6 Rvde. 38 Heat 2 Heats 1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Mosman. 19 4 Albion Park. 71 5 Campbelltown. 36 Heat 3 Heats  | W W W W W W W W W W W                             | 4:47.50 q<br>4:49.32 q<br>4:52.93 q<br>4:54.49<br>5:06.65<br>4:42.25 Q<br>4:44.29 q<br>4:48.10 q<br>4:49.63 q<br>4:53.24                                  |
| 2 Balmain, 17 3 Hornsbv, 4 4 Sutherland, 11 5 Port Hacking, 110 6 Rvde, 38 Heat 2 Heats 1 Bankstown Sports, 5 2 Northern Suburbs, 54 3 Mosman, 19 4 Albion Park, 71 5 Campbelltown, 36   | W W W W W W W W W W W W                           | 4:47.50 q<br>4:49.32 q<br>4:52.93 q<br>4:54.49<br>5:06.65<br>4:42.25 Q<br>4:44.29 q<br>4:48.10 q<br>4:49.63 q   |
| 2 Balmain. 17 3 Hornsbv. 4 4 Sutherland. 11 5 Port Hacking. 110 6 Rvde. 38 Heat 2 Heats 1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Mosman. 19 4 Albion Park. 71 5 Campbelltown. 36 Heat 3 Heats 1 Manly Warringah. 3   | W W W W W W W W W W W W W                         | 4:47.50 q<br>4:49.32 q<br>4:52.93 q<br>4:54.49<br>5:06.65<br>4:42.25 Q<br>4:44.29 q<br>4:48.10 q<br>4:49.63 q<br>4:53.24                                  |
| 2 Balmain. 17 3 Hornsbv. 4 4 Sutherland. 11 5 Port Hacking. 110 6 Rvde. 38 Heat 2 Heats 1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Mosman. 19 4 Albion Park. 71 5 Campbelltown. 36 Heat 3 Heats 1 Manly Warringah. 3 2 Ku-Ring-Gai. 84   | W W W W W W W W W W W W W W                       | 4:47.50 q 4:49.32 q 4:52.93 q 4:54.49 5:06.65  4:42.25 Q 4:44.29 q 4:48.10 q 4:49.63 q 4:53.24  4:39.54 Q 4:59.18   |
| 2 Balmain. 17 3 Hornsbv. 4 4 Sutherland. 11 5 Port Hacking. 110 6 Rvde. 38 Heat 2 Heats 1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Mosman. 19 4 Albion Park. 71 5 Campbelltown. 36 Heat 3 Heats 1 Manly Warringah. 3 2 Ku-Ring-Gai. 84 3 Kings Langley. 53   | W W W W W W W W W W W W W W W                     | 4:47.50 q 4:49.32 q 4:52.93 q 4:54.49 5:06.65  4:42.25 Q 4:44.29 q 4:48.10 q 4:49.63 q 4:53.24  4:39.54 Q 4:59.18 5:00.94                                 |
| 2 Balmain. 17 3 Hornsbv. 4 4 Sutherland. 11 5 Port Hacking. 110 6 Rvde. 38 Heat 2 Heats 1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Mosman. 19 4 Albion Park. 71 5 Campbelltown. 36 Heat 3 Heats 1 Manly Warringah. 3 2 Ku-Ring-Gai. 84 3 Kings Langley. 53 4 St George. 9  | W W W W W W W W W W W W W W W W W                 | 4:47.50 q 4:49.32 q 4:52.93 q 4:54.49 5:06.65  4:42.25 Q 4:44.29 q 4:48.10 q 4:49.63 q 4:53.24  4:39.54 Q 4:59.18 5:00.94 5:07.20                         |
| 2 Balmain. 17 3 Hornsbv. 4 4 Sutherland. 11 5 Port Hacking. 110 6 Rvde. 38 Heat 2 Heats 1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Mosman. 19 4 Albion Park, 71 5 Campbelltown. 36 Heat 3 Heats 1 Manlv Warringah. 3 2 Ku-Ring-Gai. 84 3 Kings Langlev, 53 4 St George. 9 5 Cherrybrook, 219                                     | W W W W W W W W W W W W W W W W W W W             | 4:47.50 q 4:49.32 q 4:52.93 q 4:54.49 5:06.65  4:42.25 Q 4:44.29 q 4:48.10 q 4:49.63 q 4:53.24  4:39.54 Q 4:59.18 5:00.94 5:07.20 5:11.17                 |
| 2 Balmain. 17 3 Hornsbv. 4 4 Sutherland. 11 5 Port Hacking. 110 6 Rvde. 38 Heat 2 Heats 1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Mosman. 19 4 Albion Park, 71 5 Campbelltown. 36 Heat 3 Heats 1 Manlv Warringah. 3 2 Ku-Ring-Gai, 84 3 Kings Langlev. 53 4 St George. 9 5 Cherrvbrook. 219 6 Western Suburbs. 20               | W | 4:47.50 q 4:49.32 q 4:52.93 q 4:54.49 5:06.65  4:42.25 Q 4:44.29 q 4:48.10 q 4:49.63 q 4:53.24  4:39.54 Q 4:59.18 5:00.94 5:07.20 5:11.17 5:14.13         |
| 2 Balmain. 17 3 Hornsbv. 4 4 Sutherland. 11 5 Port Hacking. 110 6 Rvde. 38 Heat 2 Heats 1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Mosman. 19 4 Albion Park. 71 5 Campbelltown. 36 Heat 3 Heats 1 Manlv Warringah. 3 2 Ku-Ring-Gai. 84 3 Kings Langlev. 53 4 St George. 9 5 Cherrvbrook. 219 6 Western Suburbs. 20 7 Gosford. 72 | W | 4:47.50 q 4:49.32 q 4:52.93 q 4:54.49 5:06.65  4:42.25 Q 4:44.29 q 4:48.10 q 4:49.63 q 4:53.24  4:39.54 Q 4:59.18 5:00.94 5:07.20 5:11.17 5:14.13         |
| 2 Balmain. 17 3 Hornsbv. 4 4 Sutherland. 11 5 Port Hacking. 110 6 Rvde. 38 Heat 2 Heats 1 Bankstown Sports. 5 2 Northern Suburbs. 54 3 Mosman. 19 4 Albion Park. 71 5 Campbelltown. 36 Heat 3 Heats 1 Manlv Warringah. 3 2 Ku-Ring-Gai. 84 3 Kings Langlev. 53 4 St George. 9 5 Cherrvbrook. 219 6 Western Suburbs. 20 7 Gosford. 72 | W | 4:47.50 q 4:49.32 q 4:52.93 q 4:54.49 5:06.65  4:42.25 Q 4:44.29 q 4:48.10 q 4:49.63 q 4:53.24  4:39.54 Q 4:59.18 5:00.94 5:07.20 5:11.17 5:14.13 5:22.74 |

| 3 Mosman, 19   | W         | 4:40.07                |
|--|-----------|------------------------|
| 4 Northern Suburbs, 54   | W         | 4:43.61                |
| 5 Bankstown Sports, 5  | W         | 4:44.59                |
| 6 Balmain, 17  | W         | 4:52.45                |
| 7 Hornsby, 4   | W         | 4:53.88                |
| Albion Park, 71  | W         | DQ                     |
| Mixed U 13 - 400 Metre x 4   |           |                        |
| Record Elect: 4:11.16 E 28/11/2010                                 | Doonside, |                        |
| Heat 1 Heats   |           |                        |
| 1 Rvde, 38   | W         | 4:21.60 Q              |
| 2 Northern Suburbs, 54   | W         | 4:22.76 q              |
| 3 Ku-Ring-Gai, 84  | W         | 4:24.09 q              |
| 4 Hornsby. 4   | W         | 4:26.51 q              |
| 5 Albion Park, 71  | W         | 4:34.13 q              |
| 6 Winston Hills, 76  | W         | 4:53.95                |
| 7 Randwick Botany, 1   | W         | 5:07.88                |
| 8 Grevstanes. 39 Heat 2 Heats                                      | W         | 5:09.50                |
|  | 14/       | 4.25 11 0              |
| <ul><li>1 Manlv Warringah. 3</li><li>2 Cherrybrook, 219</li></ul>  | W<br>W    | 4:25.11 Q<br>4:25.92 q |
| 3 Wollongong City, 102   | W         | 4:27.06 q              |
| 4 Gosford, 72  | W         | 4:33.91 q              |
| 5 Hills District, 15   | W         | 4:34.74                |
| 6 Mosman. 19   | W         | 4:38.05                |
| 7 Campbelltown, 36   | W         | 4:40.90                |
| 8 St George, 9   | W         | 4:42.59                |
| FINAL  |           |                        |
| 1 Northern Suburbs, 54   | W         | 4:11.63                |
| 2 Rvde, 38   | W         | 4:13.11                |
| 3 Manly Warringah, 3   | W         | 4:16.27                |
| 4 Ku-Ring-Gai. 84  | W         | 4:23.98                |
| 5 Cherrybrook, 219   | W         | 4:24.96                |
| 6 Albion Park, 71  | W         | 4:28.12                |
| 7 Hornsby, 4   | W         | 4:31.04                |
| 8 Wollongong Citv. 102<br>9 Gosford, 72                            | W<br>W    | 4:32.32<br>4:41.88     |
|  | VV        | 4.41.00                |
| Mixed U 14 - 400 Metre x 4   |           |                        |
| Record Elect: 3:57.45 E 27/11/2011                                 | Doonside, |                        |
| Heat 1 Heats   |           |                        |
| 1 Manly Warringah, 3   | W         | 4:12.21 Q              |
| 2 Port Hacking, 110  | W         | 4:13.03 q              |
| 3 Randwick Botanv. 1<br>4 Orange. 78                               | W<br>W    | 4:16.55 q<br>4:18.59   |
| 5 Rvde, 38   | W         | 4:40.19                |
| 6 Campbelltown, 36   | W         | 4:42.71                |
| Heat 2 Heats   |           | 2., 1                  |
| 1 Balmain, 17  | W         | 4:11.38 Q              |
| 2 Sutherland. 11   | W         | 4:12.84 q              |
| 3 Northern Suburbs, 54   | W         | 4:14.38 q              |
| 4 Winston Hills, 76  | W         | 4:32.56                |
| 5 Mosman, 19   | W         | 4:54.00                |
| Heat 3 Heats   |           |                        |
| 1 Holrovd, 6   | W         | 4:03.92 Q              |
| 2 Doonside. 140  | W         | 4:11.14 q              |
| <ul><li>3 Albion Park, 71</li><li>4 Wollongong City, 102</li></ul> | W<br>W    | 4:15.88 q<br>4:24.94   |
| 5 Cherrybrook, 219   | W         | 4:24.94<br>4:26.17     |
| 6 Hills District, 15   | W         | 4:32.99                |
| FINAL  |           |                        |
| 1 Holrovd. 6   | W         | 3:56.64 <b>RECORD</b>  |
| 2 Doonside, 140  | W         | 4:08.01                |
| 3 Manly Warringah, 3   | W         | 4:10.18                |
| 4 Sutherland, 11   | W         | 4:10.92                |
| 5 Northern Suburbs, 54   | W         | 4:11.15                |
| 6 Port Hacking. 110  | W         | 4:14.94                |

| 7 Balmain, 17                             | W                | 4:17.02     |            |
|---|------------------|-------------|------------|
| 8 Albion Park, 71                         | W                | 4:19.99     |            |
| 9 Randwick Botany, 1                      | W                | 4:25.67     |            |
|   |                  | 1.23.07     |            |
| Mixed U 15 - 400 Metre x 4                |                  |             |            |
| Record Elect: 3:49.06 E 27/11/2011        | Manly Warringah, |             |            |
| FINAL                                     | -                |             |            |
|   | 147              | 2.52.74     |            |
| 1 Manly Warringah, 3                      | W                | 3:53.74     |            |
| 2 Albion Park, 71                         | W                | 4:02.50     |            |
| 3 Illawong. 70                            | W                | 4:04.79     |            |
| 4 Sutherland, 11                          | W                | 4:19.57     |            |
| 5 Winston Hills, 76                       | W                | 4:34.19     |            |
| Camden, 61                                | W                | DQ          | IAAF 170.6 |
| Mixed U 17 - 400 Metre x 4                |                  |             |            |
|   | Doub Hooking     |             |            |
| Record Elect: 3:47.24 E 27/11/2011        | Port Hacking,    |             |            |
| Heat 1 Heats                              |                  |             |            |
| 1 Hills District, 15                      | W                | E 3:47.02 Q |            |
| 2 Camden, 61                              | W                | 3:48.01 q   |            |
| 3 Mosman, 19                              | W                | 3:51.82 q   |            |
| 4 Northern Suburbs. 54                    | W                | 3:52.96 q   |            |
| 5 Bankstown Sports, 5                     | W                | 3:54.69 q   |            |
| 6 Wollongong City, 102                    | W                | 4:05.19     |            |
| 7 Colyton/St Clair, 151                   | W                | 4:15.87     |            |
| Heat 2 Heats                              | vv               | 4.13.67     |            |
|   |                  | 0.50.00     |            |
| 1 Port Hacking, 110                       | W                | 3:53.23 Q   |            |
| 2 Manly Warringah, 3                      | W                | 3:54.32 q   |            |
| 3 Holrovd, 6                              | W                | 3:54.38 q   |            |
| 4 Randwick Botanv. 1                      | W                | 4:00.00 q   |            |
| 5 Cherrybrook, 219                        | W                | 4:08.27     |            |
| 6 Blacktown, 8                            | W                | 4:20.47     |            |
| 7 Winston Hills. 76                       | W                | 4:25.78     |            |
| FINAL                                     |                  |             |            |
|   |                  | 0.40.00 5   | DECCED     |
| 1 Northern Suburbs, 54                    | W                | 3:43.02 E   | RECORD     |
| 2 Hills District. 15                      | W                | 3:44.98 E   |            |
| 3 Mosman, 19                              | W                | 3:45.68 E   |            |
| 4 Port Hacking, 110                       | W                | 3:46.81 E   |            |
| 5 Holrovd, 6                              | W                | 3:48.55     |            |
| 6 Manly Warringah. 3                      | W                | 3:51.37     |            |
| 7 Camden, 61                              | W                | 3:53.82     |            |
| 8 Bankstown Sports, 5                     | W                | 4:10.30     |            |
| National II O 44 400 Nature of A / Invite | \                |             |            |
| Mixed U 8-11 100 Metre x 4 (Junio         | -                |             |            |
| Record Elect: 1:05.01 E 26/11/2011        | Mt Druitt,       |             |            |
| FINAL                                     |                  |             |            |
| 1 Mt Druitt. 119                          | W                | 1:16.18     |            |
|   | •                |             |            |
| Mixed U 8-11 4 x Long Jump (Junio         | =                |             |            |
| Record: 25.72m R 26/11/2010               | Prestons Robins, |             |            |
| 1 Mt Druitt, 119                          | W                | 15.84m      |            |
|   | :\               | -           |            |
| Mixed U 12-15 100 Metre x 4 (Sen          | <del>-</del>     |             |            |
| Record Elect: 55.55 E 29/11/2009          | Prestons Robins, |             |            |
| Name                                      | Centre           | Final       |            |
| FINAL                                     |                  |             |            |
|   | \\/              | 20          | IAAF 170.7 |
| Mt Druitt, 119                            | W                | DQ          | IAAF 1/U./ |
| Mixed U 12-15 4 x Long Jump (Sen          | ior)             |             |            |
| Record: 24.70m R 27/11/2011               | Mt Druitt        |             |            |
| 1 Mt Davitt 110                           | \A/              | 1C 05 m-    |            |

W ---

16.05m

1 Mt Druitt, 119