

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
Sydney Olympic Park Athletic Centre
Results

Girls U 8 - 4x100 Metre Relay

=====
 State Relay: S 1:03.84 1982 Bankstown
 Centre Heats
 =====

Heat 1 Heats	
1 Hills District	1:06.23Q
2 Camden	1:08.64q
3 South Eastern	1:11.93
4 Greystanes	1:12.07
5 Campbelltown Collegians	1:12.88
6 Quakers Hill	1:13.97
7 St George	1:15.86
8 Canterbury	1:16.85
Heat 2 Heats	
1 Manly Warringah	1:07.05Q
2 Ku-Ring-Gai	1:07.64q
3 Balmain	1:09.13q
4 Inner West	1:09.24q
5 Sutherland	1:09.41q
6 Winston Hills	1:12.39
7 Mosman	1:14.04
8 Prestons Robins	1:15.49
Heat 3 Heats	
1 Port Hacking	1:05.25Q
2 Ryde	1:12.35
3 Northern Suburbs	1:16.69
4 Revesby Workers	1:18.29
5 Holroyd	1:18.81

Girls U 8 - 4x100 Metre Relay

=====
 State Relay: S 1:03.84 1982 Bankstown
 Centre Final
 =====

Section 1 Final	
1 Port Hacking	1:04.40
2 Hills District	1:06.70
3 Manly Warringah	1:06.77
4 Ku-Ring-Gai	1:08.55
5 Camden	1:08.83
6 Inner West	1:10.51
7 Balmain	1:13.52

Girls U 9 - 4x100 Metre Relay

=====
 State Relay: S 1:00.54 1979 Hills District
 Centre Heats
 =====

Heat 1 Heats	
1 Manly Warringah	1:04.20Q
2 Wyong	1:05.50q
3 Campbelltown Collegians	1:07.45q
4 Camden	1:08.32
5 Quakers Hill	1:08.76
6 Springwood	1:09.46

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Heat 2 Heats

1 Ku-Ring-Gai	1:02.41Q
2 Balmain	1:03.56q
3 Sutherland	1:03.69q
4 Randwick Botany	1:07.28q
5 Prestons Robins	1:07.62
6 Eastern Suburbs	1:08.10
7 Revesby Workers	1:10.58
8 Illawong	1:11.91

Heat 3 Heats

1 Port Hacking	1:05.29Q
2 Ryde	1:07.85
3 Rouse Hill Rams	1:07.97
4 South Eastern	1:08.55
5 Mosman	1:09.46
6 The Ponds	1:09.89
7 Cherrybrook	1:10.47
8 Northern Suburbs	1:11.81
9 Hills District	1:12.33

Girls U 9 - 4x100 Metre Relay

=====			
State Relay: S	1:00.54	1979	Hills District
Centre			Final
=====			

Section 1 Final

1 Ku-Ring-Gai	1:02.78
2 Balmain	1:04.03
3 Manly Warringah	1:04.95
4 Port Hacking	1:05.39
5 Wyong	1:06.10
6 Randwick Botany	1:06.72
7 Campbelltown Collegians	1:09.03

Girls U 10 - 4x100 Metre Relay

=====			
State Relay: S	57.50	2014	Manly Warringah
Centre			Heats
=====			

Heat 1 Heats

1 Camden	1:00.33Q
2 Northern Suburbs	1:06.78
3 St George	1:06.89
4 Cherrybrook	1:07.02
5 Revesby Workers	1:07.64
6 Winston Hills	1:07.95
7 Kings Langley	1:09.48

Heat 2 Heats

1 Balmain	58.78Q
2 Port Hacking	59.34q
3 Hills District	1:00.31q
4 Mosman	1:01.56q
5 Springwood	1:02.72
6 South Eastern	1:03.48

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7 Canterbury	1:04.39
Heat 3 Heats	
1 Ku-Ring-Gai	59.81Q
2 Ryde	1:02.02q
3 Macquarie Hunter	1:02.15
4 Eastern Suburbs	1:02.52
5 Sutherland	1:02.87
6 Randwick Botany	1:03.86
Heat 4 Heats	
1 Manly Warringah	1:01.08Q
2 Wollongong City	1:03.30
3 Campbelltown Collegians	1:07.11
4 Prestons Robins	1:07.61
5 Blacktown	1:08.40

Girls U 10 - 4x100 Metre Relay

=====
 State Relay: S 57.50 2014 Manly Warringah
 Centre Final
 =====

Section 1 Final	
1 Balmain	58.58
2 Camden	59.88
3 Hills District	1:00.16
4 Port Hacking	1:00.28
5 Manly Warringah	1:00.69
6 Ku-Ring-Gai	1:00.85
7 Mosman	1:01.50
8 Ryde	1:02.95

Girls U 11 - 4x100 Metre Relay

=====
 State Relay: S 55.01 2015 Manly Warringah
 Centre Heats
 =====

Heat 1 Heats	
1 Emu Plains	59.65Q
2 Northern Suburbs	1:00.06
3 Camden	1:00.18
4 Revesby Workers	1:04.63
5 Winston Hills	1:10.68
6 Rouse Hill Rams	1:17.26
Heat 2 Heats	
1 Manly Warringah	57.06Q
2 South Eastern	58.50q
3 Mosman	59.64q
4 Glenbrook	1:01.72
5 St George	1:02.39
6 Springwood	1:02.56
Heat 3 Heats	
1 Hills District	57.18Q
2 Balmain	58.84q
3 Ku-Ring-Gai	59.36q
4 Macquarie Hunter	59.86q

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....Girls U 11 - 4x100 Metre Relay

5 Ryde	1:03.66
6 Inner West	1:06.73

Girls U 11 - 4x100 Metre Relay

=====
 State Relay: S 55.01 2015 Manly Warringah
 Centre Final
 =====

Section 1 Final

1 Manly Warringah	56.04
2 Hills District	56.27
3 South Eastern	57.99
4 Ku-Ring-Gai	58.20
5 Macquarie Hunter	58.82
6 Emu Plains	59.06
7 Mosman	59.78
8 Balmain	1:02.80

Girls U 12 - 4x100 Metre Relay

=====
 State Relay: S 53.44 2001 Hills District
 Centre Heats
 =====

Heat 1 Heats

1 Wollongong City	S 53.34Q
2 Manly Warringah	53.93q
3 Ku-Ring-Gai	56.25
4 St George	56.41
5 Inner West	58.53
6 Prestons Robins	1:00.19

Heat 2 Heats

1 Northern Suburbs	55.27Q
2 Sutherland	56.82
3 Hills District	57.09
4 Randwick Botany	57.40
5 Mosman	59.31
6 Winston Hills	1:00.45

Heat 3 Heats

1 Balmain	S 53.03Q
2 Campbelltown Collegians	55.01q
3 Eastern Suburbs	55.84q
4 Ryde	56.13q
5 Camden	56.20q
6 Blacktown	57.59
7 Springwood	1:01.45

Girls U 12 - 4x100 Metre Relay

=====
 State Relay: S 53.44 2001 Hills District
 Centre Final
 =====

Section 1 Final

1 Balmain	52.74S
2 Wollongong City	53.29S

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....Girls U 12 - 4x100 Metre Relay

3 Manly Warringah	53.82
4 Campbelltown Collegians	54.89
5 Northern Suburbs	55.25
6 Eastern Suburbs	55.36
7 Ryde	56.42
8 Camden	56.70

Girls U 13 - 4x100 Metre Relay

State Relay: S 50.48 2016		Northern Suburbs	Heats
Heat 1 Heats			
1	Sutherland		52.94Q
2	Ku-Ring-Gai		53.41q
3	Bankstown Sports		54.62q
4	Northern Suburbs		56.00
5	Illawong		56.87
Heat 2 Heats			
1	Inner West		52.48Q
2	Randwick Botany		53.23q
3	Helensburgh		55.15
4	Camden		56.31
5	Macquarie Hunter		56.66
6	Canterbury		56.68
7	Hills District		57.58
Heat 3 Heats			
1	Wollongong City		52.71Q
2	Manly Warringah		53.84q
3	Eastern Suburbs		54.41q
4	Balmain		55.38
5	Ryde		56.81
6	Prestons Robins		57.22
7	Port Hacking		57.53

Girls U 13 - 4x100 Metre Relay

State Relay: S 50.48 2016		Northern Suburbs	Final
Section 1 Final			
1	Inner West		52.18
2	Wollongong City		52.80
3	Sutherland		53.00
4	Ku-Ring-Gai		53.48
5	Randwick Botany		53.67
6	Manly Warringah		53.70
7	Eastern Suburbs		54.76
8	Bankstown Sports		55.06

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Girls U 14 - 4x100 Metre Relay

State Relay: S 49.83 2010		Northern Suburbs	Heats
Centre			
Heat 1 Heats			
1	Manly Warringah		54.31Q
2	Campbelltown Collegians		55.47
3	Macquarie Hunter		55.53
4	Hills District		56.12
Heat 2 Heats			
1	Balmain		52.43Q
2	Camden		52.70q
3	Hornsby		53.04q
4	Wollongong City		53.05q
5	St George		58.14
Heat 3 Heats			
1	Northern Suburbs		51.08Q
2	Sutherland		51.46q
3	Bankstown Sports		52.19q
4	Randwick Botany		54.61
5	South Eastern		55.22

Girls U 14 - 4x100 Metre Relay

State Relay: S 49.83 2010		Northern Suburbs	Final
Centre			
Section 1 Final			
1	Northern Suburbs		49.88
2	Sutherland		51.38
3	Bankstown Sports		51.64
4	Balmain		52.20
5	Camden		52.21
6	Wollongong City		53.45
7	Manly Warringah		54.17
8	Hornsby		56.82

Girls U 15 - 4x100 Metre Relay

State Relay: S 48.62 2011		Northern Suburbs	Heats
Centre			
Heat 1 Heats			
1	Hills District		51.02Q
2	Ryde		51.23q
3	Manly Warringah		51.83q 51.823
4	Camden		51.83q 51.829
5	Holroyd		52.75q
Heat 2 Heats			
1	Wollongong City		51.01Q
2	Northern Suburbs		52.58q
3	Sutherland		53.09q
4	Mosman		53.77

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Girls U 15 - 4x100 Metre Relay

=====
 State Relay: S 48.62 2011 Northern Suburbs Final
 Centre
 =====

Section 1 Final
 1 Wollongong City 50.18
 2 Hills District 50.60
 3 Ryde 50.87
 4 Camden 51.92
 5 Manly Warringah 52.02
 6 Holroyd 52.21
 7 Northern Suburbs 52.23
 8 Sutherland 53.42

Girls U 17 - 4x100 Metre Relay

=====
 State Relay: S 48.48 2015 Manly Warringah Heats
 Centre
 =====

Heat 1 Heats
 1 Sutherland 48.78Q
 2 Balmain 49.27q
 3 Macquarie Hunter 50.90q
 4 Ryde 54.33
 5 Winston Hills 54.74
 6 Port Hacking 1:00.94

Heat 2 Heats
 1 Manly Warringah 50.39Q
 2 Campbelltown Collegians 50.69q
 3 Northern Suburbs 51.25q
 4 Hills District 52.23q
 5 St George 52.72q
 6 South Eastern 53.02
 7 Camden 54.96
 8 Bankstown Sports 56.40

Girls U 17 - 4x100 Metre Relay

=====
 State Relay: S 48.48 2015 Manly Warringah Final
 Centre
 =====

Section 1 Final
 1 Sutherland 48.37S
 2 Balmain 48.64
 3 Manly Warringah 49.67
 4 Campbelltown Collegians 50.14
 5 Northern Suburbs 50.39
 6 Macquarie Hunter 50.57
 7 Hills District 51.81
 8 St George 52.13

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
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Girls U 8-11 Middle Distance Relay

State Relay: S 10:53.17 2016		Sutherland	Final
Centre			
Section 1			
1	Hills District		10:56.56
2	Manly Warringah		11:06.62
3	Balmain		11:21.76
4	Wollongong City		11:54.41
5	Mosman		11:56.25
6	South Eastern		12:10.58
7	Ku-Ring-Gai		12:14.88
8	Ryde		12:24.67
9	Penrith		12:40.38
10	Holroyd		12:42.46
11	Liverpool City		12:57.16
Section 2			
1	Sutherland		11:06.16
2	Cherrybrook		11:31.41
3	Canterbury		11:33.63
4	Inner West		11:55.00
5	Revesby Workers		12:08.61
6	Northern Suburbs		12:29.91
7	Camden		12:49.43
8	Winston Hills		13:08.86
9	Quakers Hill		13:36.95
10	Albion Park		13:37.70
11	Kings Langley		13:42.20

Girls U 12-15 Middle Distance Relay

State Relay: S 9:29.50 2016		Macquarie Hunter	Final
Centre			
Section 1			
1	Manly Warringah		9:46.70
2	South Eastern		10:01.31
3	Sutherland		10:07.47
4	Mosman		10:23.26
5	St George		10:30.29
6	Northern Suburbs		10:31.10
7	Balmain		11:05.86
8	Campbelltown Collegians		11:08.72
9	Helensburgh		11:18.51
Section 2			
1	Camden		9:57.20
2	Hills District		10:22.59
3	Wollongong City		10:26.76
4	Parramatta		10:27.43
5	Ryde		11:02.02
6	Macquarie Hunter		11:09.25
7	Liverpool City		11:53.50
8	Everley Park		11:58.85
9	Penrith		12:24.16

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Girls U 8 - Jumps Relay

Name	Age Centre	Final
Flight 1		
1 Parramatta, A	Parramatta	20.67m
2 Bankstown Sports, A	Bankstown Sports	20.47m
3 Manly Warringah, A	Manly Warringah	18.85m
4 Ku-Ring-Gai, A	Ku-Ring-Gai	18.82m
5 Ryde, A	Ryde	18.34m
6 Ryde, B	Ryde	17.35m
7 Manly Warringah, B	Manly Warringah	16.78m
8 Hills District, A	Hills District	15.99m
9 Balmain, A	Balmain	15.96m
10 South Eastern, A	South Eastern	14.99m
11 Prospect, A	Prospect	14.62m
12 Hills District, B	Hills District	13.23m

Girls U 9 - Jumps Relay

Name	Age Centre	Final
1 Hornsby, A	Hornsby	21.10m
2 Sutherland, A	Sutherland	20.76m
3 Manly Warringah, A	Manly Warringah	20.41m
4 Cherrybrook, A	Cherrybrook	20.22m
5 Wyong, A	Wyong	20.09m
6 Hills District, A	Hills District	19.17m
6 Randwick Botany, A	Randwick Botany	19.17m
8 Northern Suburbs, A	Northern Suburbs	19.05m
9 Ku-Ring-Gai, A	Ku-Ring-Gai	18.53m
10 Manly Warringah, B	Manly Warringah	18.27m
11 Ryde, A	Ryde	17.93m
12 Cherrybrook, B	Cherrybrook	17.77m
13 Northern Districts, A	Northern Districts	17.00m
14 Hills District, B	Hills District	16.62m
15 Balmain, A	Balmain	16.38m
16 Parramatta, A	Parramatta	15.41m
17 Inner West, A	Inner West	14.87m
18 Ryde, B	Ryde	14.48m
19 Bankstown Sports, A	Bankstown Sports	14.06m

Girls U 10 - Jumps Relay

Name	Age Centre	Final
1 Northern Suburbs, A	Northern Suburbs	22.89m
2 Balmain, A	Balmain	22.09m
3 Inner West, A	Inner West	20.63m
4 Parramatta, A	Parramatta	20.39m
5 Ku-Ring-Gai, A	Ku-Ring-Gai	19.75m
6 Manly Warringah, A	Manly Warringah	18.83m
7 Ryde, A	Ryde	18.70m
8 Sutherland, A	Sutherland	18.67m
9 Hills District, B	Hills District	18.55m
10 Manly Warringah, B	Manly Warringah	18.35m

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11 Quakers Hill, A	Quakers Hill	17.36m
12 Hills District, A	Hills District	16.67m
13 Northern Districts, A	Northern Districts	16.34m
14 Winston Hills, A	Winston Hills	16.10m
15 St George, A	St George	15.97m
16 Ryde, B	Ryde	15.46m
17 Northern Suburbs, B	Northern Suburbs	15.44m
18 Girraween, A	Girraween	15.04m
19 Kings Langley, A	Kings Langley	14.93m
20 Blacktown, A	Blacktown	13.79m

Girls U 11 - Jumps Relay

State Relay: S 24.73m 2016		Hills District	
Name	Age Centre		Final
1 Manly Warringah, A	Manly Warringah		24.82mS
2 Ryde, A	Ryde		23.16m
3 Hills District, A	Hills District		21.02m
4 South Eastern, A	South Eastern		20.73m
5 Hills District, B	Hills District		20.06m
6 Ku-Ring-Gai, A	Ku-Ring-Gai		20.04m
7 Balmain, A	Balmain		19.99m
8 Campbelltown, A	Campbelltown		19.87m
9 Randwick Botany, A	Randwick Botany		19.47m
10 Sutherland, A	Sutherland		19.31m
11 Manly Warringah, B	Manly Warringah		18.50m
12 Parramatta, A	Parramatta		18.35m
13 Bankstown Sports, A	Bankstown Sports		17.73m
14 Cherrybrook, A	Cherrybrook		17.40m
15 Inner West, A	Inner West		17.25m
16 Winston Hills, A	Winston Hills		17.02m
17 Springwood, A	Springwood		16.96m
18 Kings Langley, A	Kings Langley		16.46m
19 Winston Hills, B	Winston Hills		15.34m
20 Rouse Hill Rams, A	Rouse Hill Rams		10.60m
21 Ryde, B	Ryde		10.49m

Girls U 12 - Jumps Relay

State Relay: S 25.47m 2016		Hills District	
Name	Age Centre		Final
1 Manly Warringah, A	Manly Warringah		24.37m
2 Hills District, A	Hills District		23.90m
3 Winston Hills, A	Winston Hills		22.82m
4 Parramatta, A	Parramatta		22.57m
5 Balmain, A	Balmain		22.46m
6 Northern Districts, A	Northern Districts		22.02m
7 Northern Suburbs, A	Northern Suburbs		21.71m
8 Blacktown, A	Blacktown		21.63m
9 Bankstown Sports, A	Bankstown Sports		21.53m
10 Manly Warringah, B	Manly Warringah		21.24m
11 Inner West, A	Inner West		21.01m

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12 St George, A	St George	20.85m
13 Ryde, A	Ryde	20.36m
14 Randwick Botany, A	Randwick Botany	20.25m
15 Hills District, B	Hills District	20.05m
16 Prospect, A	Prospect	18.80m
17 Liverpool City, A	Liverpool City	18.68m
18 Ryde, B	Ryde	18.32m
19 Sutherland, A	Sutherland	18.24m
20 Springwood, A	Springwood	17.88m
21 Northern Suburbs, B	Northern Suburbs	13.50m
22 St George, B	St George	12.40m
23 Wollongong City, A	Wollongong City	11.67m

Girls U 13 - Jumps Relay

=====			
State Relay: S 22.98m	2016	Balmain	
Name	Age	Centre	Final
=====			
1 Sutherland, A		Sutherland	23.83mS
2 Hills District, A		Hills District	23.16mS
3 Inner West, A		Inner West	22.00m
4 Prestons Robins, A		Prestons Robins	21.93m
5 Bankstown Sports, A		Bankstown Sports	21.64m
6 Wollongong City, A		Wollongong City	21.10m
7 Helensburgh, A		Helensburgh	20.87m
8 Northern Suburbs, A		Northern Suburbs	20.82m
9 Camden, A		Camden	20.13m
10 Rouse Hill Rams, A		Rouse Hill Rams	20.10m
11 Illawong, A		Illawong	19.84m
12 Manly Warringah, A		Manly Warringah	19.49m
13 Ryde, A		Ryde	18.95m
14 Port Hacking, A		Port Hacking	18.85m
15 Hills District, B		Hills District	18.83m
16 Balmain, A		Balmain	18.09m
17 Campbelltown, A		Campbelltown	18.04m
18 Parramatta, A		Parramatta	17.43m
18 Northern Suburbs, B		Northern Suburbs	17.43m
20 Ku-Ring-Gai, A		Ku-Ring-Gai	16.86m
21 Manly Warringah, B		Manly Warringah	16.62m
22 Ryde, B		Ryde	15.75m
23 Quakers Hill, A		Quakers Hill	15.21m
24 Canterbury, A		Canterbury	11.21m

Girls U 14 - Jumps Relay

=====			
State Relay: S 24.23m	2016	Ryde	
Name	Age	Centre	Final
=====			
1 Sutherland, A		Sutherland	25.37mS
2 Hornsby, A		Hornsby	24.63mS
3 Camden, A		Camden	23.92m
4 Northern Suburbs, A		Northern Suburbs	23.55m
5 Randwick Botany, A		Randwick Botany	23.51m
6 Girraween, A		Girraween	23.45m

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7 Balmain, A	Balmain	23.30m
8 Hills District, A	Hills District	20.73m
9 Ryde, A	Ryde	20.26m
10 Port Hacking, A	Port Hacking	20.15m
11 Wollongong City, A	Wollongong City	19.30m
12 Winston Hills, A	Winston Hills	18.96m
13 Inner West, A	Inner West	17.35m
14 St George, A	St George	17.28m
15 Ryde, B	Ryde	15.71m

Girls U 15 - Jumps Relay

State Relay: S 24.53m 2016 Sutherland			
Name	Age	Centre	Final
1 Ryde, A		Ryde	24.79mS
2 Macquarie Hunter, A		Macquarie Hunter	23.89m
3 Manly Warringah, A		Manly Warringah	23.60m
4 Wollongong City, A		Wollongong City	23.07m
5 Mosman, A		Mosman	22.85m
6 Campbelltown, A		Campbelltown	22.16m
7 Hills District, A		Hills District	21.88m
8 Northern Suburbs, A		Northern Suburbs	21.56m
9 Ryde, B		Ryde	19.90m
10 Hills District, B		Hills District	19.35m
11 Manly Warringah, B		Manly Warringah	19.27m
12 Sutherland, A		Sutherland	16.96m

Girls U 17 - Jumps Relay

State Relay: S 23.61m 2016 Campbelltown			
Name	Age	Centre	Final
1 Campbelltown, A		Campbelltown	23.69mS
2 Sutherland, A		Sutherland	22.17m
3 Port Hacking, A		Port Hacking	21.59m
4 Manly Warringah, A		Manly Warringah	21.26m
5 South Eastern, A		South Eastern	20.55m
6 Ryde, B		Ryde	18.56m
7 Northern Suburbs, A		Northern Suburbs	18.13m
8 Ryde, A		Ryde	18.09m
9 Hills District, A		Hills District	16.38m
10 Bankstown Sports, A		Bankstown Sports	16.33m
11 Holroyd, A		Holroyd	16.28m
12 St George, A		St George	13.75m
13 Winston Hills, A		Winston Hills	11.73m

Girls U 8 - Throws Relay

Name	Age	Centre	Final
1 Manly Warringah, A		Manly Warringah	16.52m
2 Balmain, A		Balmain	14.87m
3 Ryde, A		Ryde	14.30m

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
Sydney Olympic Park Athletic Centre
Results

....Girls U 8 - Throws Relay

4 Campbelltown, A	Campbelltown	13.96m
5 Ku-Ring-Gai, A	Ku-Ring-Gai	13.40m
6 Sutherland, A	Sutherland	13.14m
7 Manly Warringah, B	Manly Warringah	12.71m
8 Northern Suburbs, A	Northern Suburbs	12.58m
9 Parramatta, A	Parramatta	11.86m
10 Ryde, B	Ryde	10.86m
11 Hills District, B	Hills District	10.56m
12 Hills District, A	Hills District	9.83m
13 South Eastern, A	South Eastern	9.75m

Girls U 9 - Throws Relay

Name	Age Centre	Final
1 Cherrybrook, A	Cherrybrook	19.00m
2 Canterbury, A	Canterbury	16.01m
3 Manly Warringah, A	Manly Warringah	14.80m
4 Hornsby, A	Hornsby	14.71m
5 Girraween, A	Girraween	14.42m
6 Winston Hills, A	Winston Hills	13.63m
7 Campbelltown, A	Campbelltown	13.58m
8 Balmain, A	Balmain	13.55m
9 Ku-Ring-Gai, A	Ku-Ring-Gai	13.50m
10 Northern Suburbs, A	Northern Suburbs	13.47m
11 Hills District, A	Hills District	12.81m
12 Manly Warringah, B	Manly Warringah	12.28m
13 Northern Districts, A	Northern Districts	11.87m
14 Ryde, B	Ryde	11.79m
15 Randwick Botany, A	Randwick Botany	11.23m
16 Sutherland, A	Sutherland	10.66m
17 Cherrybrook, B	Cherrybrook	10.58m
18 Hills District, B	Hills District	10.43m
19 Parramatta, A	Parramatta	9.59m

Girls U 10 - Throws Relay

Name	Age Centre	Final
1 Bankstown Sports, A	Bankstown Sports	18.78m
2 Manly Warringah, A	Manly Warringah	16.70m
3 St George, A	St George	16.32m
4 Balmain, A	Balmain	15.09m
5 Ku-Ring-Gai, A	Ku-Ring-Gai	14.78m
6 Northern Suburbs, B	Northern Suburbs	14.62m
7 Kings Langley, A	Kings Langley	14.42m
8 Ryde, A	Ryde	13.94m
9 Revesby Workers, A	Revesby Workers	13.78m
10 Northern Suburbs, A	Northern Suburbs	12.93m
11 Manly Warringah, B	Manly Warringah	12.81m
12 Cherrybrook, A	Cherrybrook	12.31m
13 Quakers Hill, A	Quakers Hill	11.93m
14 Blacktown, A	Blacktown	11.92m
15 Campbelltown, A	Campbelltown	11.91m

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
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Results

....Girls U 10 - Throws Relay

16 Springwood, A	Springwood	11.46m
17 Sutherland, A	Sutherland	11.44m
18 Hills District, A	Hills District	11.21m
19 Hills District, B	Hills District	10.83m
20 Ryde, B	Ryde	10.67m
21 Winston Hills, A	Winston Hills	9.80m

Girls U 11 - Throws Relay

State Relay: S 19.72m 2016		Winston Hills	
Name	Age	Centre	Final
1 Bankstown Sports, A		Bankstown Sports	22.25mS
2 Hills District, A		Hills District	18.68m
3 Winston Hills, A		Winston Hills	15.08m
4 Liverpool City, A		Liverpool City	13.44m
5 Manly Warringah, A		Manly Warringah	13.39m
6 South Eastern, A		South Eastern	13.27m
7 Sutherland, A		Sutherland	13.08m
8 Randwick Botany, A		Randwick Botany	13.07m
9 Parramatta, A		Parramatta	13.05m
10 Balmain, A		Balmain	12.72m
11 Ryde, A		Ryde	12.50m
12 Hills District, B		Hills District	11.72m
13 Springwood, A		Springwood	11.70m
14 Prospect, A		Prospect	11.65m
15 Ryde, B		Ryde	11.63m
16 Manly Warringah, B		Manly Warringah	11.57m
17 Winston Hills, B		Winston Hills	11.34m
18 Rouse Hill Rams, A		Rouse Hill Rams	10.17m
19 Kings Langley, A		Kings Langley	10.10m
20 Inner West, A		Inner West	9.95m
21 Ku-Ring-Gai, A		Ku-Ring-Gai	9.64m

Girls U 12 - Throws Relay

State Relay: S 22.10m 2016		Banlstown Sports	
Name	Age	Centre	Final
1 Bankstown Sports, A		Bankstown Sports	19.25m
2 Ryde, A		Ryde	18.62m
3 Campbelltown, A		Campbelltown	18.43m
4 Balmain, A		Balmain	17.86m
5 St George, A		St George	17.71m
6 Winston Hills, A		Winston Hills	17.13m
7 Randwick Botany, A		Randwick Botany	15.53m
8 Ku-Ring-Gai, A		Ku-Ring-Gai	15.51m
9 Manly Warringah, A		Manly Warringah	15.35m
10 Parramatta, A		Parramatta	15.22m
11 Sutherland, A		Sutherland	12.88m
12 Hills District, B		Hills District	12.70m
13 Ryde, B		Ryde	11.88m
14 Manly Warringah, B		Manly Warringah	11.12m
15 Hills District, A		Hills District	9.85m

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
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Results

....Girls U 12 - Throws Relay

16 Northern Suburbs, A	Northern Suburbs	9.71m
17 Liverpool City, A	Liverpool City	9.16m
18 Wollongong City, A	Wollongong City	8.79m

Girls U 13 - Throws Relay

State Relay: S 22.70m 2016 Kurrajong Bilpin		
Name	Age Centre	Final
1 Ku-Ring-Gai, A	Ku-Ring-Gai	21.82m
2 Bankstown Sports, A	Bankstown Sports	19.65m
3 Smithfield, A	Smithfield	19.30m
4 Camden, A	Camden	18.24m
5 Illawong, A	Illawong	17.71m
6 Balmain, A	Balmain	17.01m
7 Liverpool City, A	Liverpool City	16.79m
8 Sutherland, A	Sutherland	16.54m
9 Macquarie Hunter, A	Macquarie Hunter	15.74m
10 Hills District, A	Hills District	15.72m
11 Ryde, A	Ryde	15.62m
12 Northern Suburbs, A	Northern Suburbs	15.08m
13 Hills District, B	Hills District	12.81m
14 Manly Warringah, A	Manly Warringah	12.35m
15 South Eastern, A	South Eastern	12.11m
16 Wollongong City, A	Wollongong City	12.08m
17 Northern Suburbs, B	Northern Suburbs	11.78m
18 Quakers Hill, A	Quakers Hill	11.35m

Girls U 14 - Throws Relay

State Relay: S 21.51m 2016 Parramatta		
Name	Age Centre	Final
1 Campbelltown, A	Campbelltown	18.73m
2 Hills District, A	Hills District	18.64m
3 Northern Suburbs, A	Northern Suburbs	17.95m
4 Port Hacking, A	Port Hacking	17.66m
5 Inner West, A	Inner West	17.26m
6 Sutherland, A	Sutherland	15.21m
7 Winston Hills, A	Winston Hills	15.16m
8 Balmain, A	Balmain	14.79m
9 Manly Warringah, A	Manly Warringah	13.90m
10 Doonside, A	Doonside	13.50m
11 Cherrybrook, A	Cherrybrook	13.37m
12 St George, A	St George	12.97m
13 Wollongong City, A	Wollongong City	10.32m

Girls U 15 - Throws Relay

State Relay: S 20.09m 2016 Manly Warringah		
Name	Age Centre	Final
1 Macquarie Hunter, A	Macquarie Hunter	21.89mS
2 Parramatta, A	Parramatta	21.58mS

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
Sydney Olympic Park Athletic Centre
Results

....Girls U 15 - Throws Relay

3 Northern Suburbs, A	Northern Suburbs	17.96m
4 Ryde, A	Ryde	17.58m
5 Manly Warringah, A	Manly Warringah	17.53m
6 Hills District, A	Hills District	16.52m
7 Hills District, B	Hills District	14.55m
8 Manly Warringah, B	Manly Warringah	13.45m
9 Wollongong City, A	Wollongong City	13.32m

Girls U 17 - Throws Relay

=====			
State Relay: S 19.71m	2016	Manly Warringah	
Name	Age	Centre	Final
=====			
1 Campbelltown, A		Campbelltown	23.48mS
2 Hills District, A		Hills District	20.60mS
3 Campbelltown, B		Campbelltown	17.76m
4 Bankstown Sports, A		Bankstown Sports	17.68m
5 Balmain, A		Balmain	16.82m
6 Ryde, A		Ryde	16.15m
7 Northern Suburbs, A		Northern Suburbs	16.00m
8 St George, A		St George	15.44m
9 Balmain, B		Balmain	15.18m
10 Manly Warringah, A		Manly Warringah	13.95m
11 Camden, A		Camden	13.79m
12 South Eastern, A		South Eastern	12.73m
13 Sutherland, A		Sutherland	10.40m
14 Manly Warringah, B		Manly Warringah	9.76m

Boys U 8 - 4x100 Metre Relay

=====			
State Relay: S 1:00.44	1984	Randwick Botany	
Centre			Heats
=====			
Heat 1 Heats			
1 South Eastern			1:05.98Q
2 Mosman			1:06.62q
3 Hills District			1:07.10q
4 Rouse Hill Rams			1:09.30
5 Northern Suburbs			1:10.91
6 Quakers Hill			1:13.70
Heat 2 Heats			
1 Port Hacking			1:04.60Q Amended Result
2 Campbelltown Collegians			1:05.06q
3 Sutherland			1:07.54
4 Illawong			1:10.14
5 Inner West			1:12.69
6 Doonside			1:12.90
Heat 3 Heats			
1 Manly Warringah			1:05.72Q
2 Holroyd			1:05.73q
3 Balmain			1:05.85q
4 Randwick Botany			1:07.90
5 Camden			1:09.52
6 Macquarie Hunter			1:09.90

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
Sydney Olympic Park Athletic Centre
Results

....Boys U 8 - 4x100 Metre Relay

Heat 4 Heats		
1 Ku-Ring-Gai	1:04.55Q	
2 Canterbury	1:07.99	
3 Cherrybrook	1:10.10	
4 Ryde	1:10.35	
5 Winston Hills	1:10.67	
6 Revesby Workers	1:12.55	

Boys U 8 - 4x100 Metre Relay

=====		
State Relay: S 1:00.44	1984	Randwick Botany
Centre		Final
=====		

Section 1 Final			
1 Port Hacking	1:03.91		
2 Holroyd	1:04.91	1:04.904	
3 South Eastern	1:04.91	1:04.906	
4 Manly Warringah	1:04.91	1:04.909	
5 Balmain	1:05.47		
6 Ku-Ring-Gai	1:05.65		
7 Campbelltown Collegians	1:06.48		
8 Mosman	1:06.66		
9 Hills District	1:07.01		

Boys U 9 - 4x100 Metre Relay

=====		
State Relay: S 58.44	1990	Ku-Ring-Gai
Centre		Heats
=====		

Heat 1 Heats		
1 Sutherland	1:00.91Q	
2 Hills District	1:01.66q	
3 Cherrybrook	1:02.23q	
4 Greystanes	1:03.04	
5 Canterbury	1:03.86	
6 Mosman	1:03.94	
7 Springwood	1:06.10	
Heat 2 Heats		
1 Rouse Hill Rams	1:03.60Q	
2 Winston Hills	1:04.07	
3 Bankstown Sports	1:04.55	
4 Ku-Ring-Gai	1:04.76	
5 Randwick Botany	1:06.08	
6 Campbelltown Collegians	1:06.92	
7 Revesby Workers	1:08.83	
8 Quakers Hill	1:09.14	
9 Macquarie Hunter	1:09.48	
Heat 3 Heats		
1 Illawong	1:02.16Q	
2 Ryde	1:02.22q	
3 Northern Suburbs	1:02.29q	
4 Glenbrook	1:02.69q	
5 Camden	1:03.03	
6 Prestons Robins	1:03.10	

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
Sydney Olympic Park Athletic Centre
Results

Boys U 10 - 4x100 Metre Relay

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=====
State Relay: S 55.74 1980          Bankstown
Centre                               Final
=====
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Section 1 Final
1 Manly Warringah                56.85
2 Ku-Ring-Gai                    57.36
3 Mosman                          57.83
4 Wollongong City                 58.11
5 Balmain                         59.35
5 Cherrybrook                     59.35
7 Sutherland                       1:00.35
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Boys U 11 - 4x100 Metre Relay

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=====
State Relay: S 53.54 1978          Bankstown
Centre                               Heats
=====
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Heat 1 Heats
1 Manly Warringah                56.08Q
2 Port Hacking                    56.38q
3 Hills District                  56.88q
4 Mosman                          56.98q
5 Wollongong City                 57.43
6 Macquarie Hunter                58.92
7 Prestons Robins                 1:01.84

Heat 2 Heats
1 Balmain                         55.48Q
2 Camden                          57.27q
3 Eastern Suburbs                 57.40
4 Randwick Botany                 57.78
5 Canterbury                       58.65
6 Bankstown Sports                1:02.29

Heat 3 Heats
1 Ku-Ring-Gai                     57.64Q
2 Sutherland                       57.87
3 Winston Hills                   59.13
4 Holroyd                          59.26
5 Hornsby                          59.96
6 Inner West                       1:01.08
7 Springwood                       1:03.95

Heat 4 Heats
1 South Eastern                   58.77Q
2 Cherrybrook                      58.86
3 Ryde                             1:02.96
4 Quakers Hill                    1:03.93
5 Rouse Hill Rams                 1:04.95
6 Revesby Workers                 1:07.98
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LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
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Results

Boys U 11 - 4x100 Metre Relay

=====
 State Relay: S 53.54 1978 Bankstown
 Centre Final
 =====

Section 1 Final

1 Balmain	54.80
2 Port Hacking	55.40
3 Manly Warringah	55.41
4 Hills District	56.37
5 Ku-Ring-Gai	57.29
6 Camden	57.34
7 Mosman	57.89
8 South Eastern	58.13

Boys U 12 - 4x100 Metre Relay

=====
 State Relay: S 51.24 2002 Manly Warringah
 Centre Heats
 =====

Heat 1 Heats

1 Ku-Ring-Gai	53.62Q
2 Campbelltown Collegians	54.50q
3 Mosman	54.56q
4 Northern Suburbs	55.53
5 Sutherland	55.83
6 Northern Illawarra	56.57
7 Springwood	1:05.31

Heat 2 Heats

1 Bankstown Sports	53.15Q
2 Eastern Suburbs	53.87q
3 Cherrybrook	55.04q
4 Randwick Botany	55.64
5 Camden	56.77
6 Ryde	57.74

Heat 3 Heats

1 Port Hacking	54.04Q
2 Balmain	54.82q
3 South Eastern	55.41
4 Hills District	57.23
5 Rouse Hill Rams	58.38
6 Inner West	59.11
7 St George	59.82

Boys U 12 - 4x100 Metre Relay

=====
 State Relay: S 51.24 2002 Manly Warringah
 Centre Final
 =====

Section 1 Final

1 Bankstown Sports	52.82
2 Ku-Ring-Gai	53.41
3 Eastern Suburbs	53.82
4 Port Hacking	53.99
5 Campbelltown Collegians	54.50
6 Cherrybrook	54.53

LITTLE ATHLETICS NSW
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Results

....Boys U 17 - 4x100 Metre Relay

2 Sutherland	45.87q
3 Ryde	46.94q
4 Manly Warringah	49.26
5 Winston Hills	50.05

Boys U 17 - 4x100 Metre Relay

=====
State Relay: S 43.23 2014 Northern Suburbs
Centre Final
=====

Section 1 Final

1 Port Hacking	44.82
2 Campbelltown Collegians	45.26
3 Sutherland	45.84
4 Hills District	46.50
5 Ryde	47.28
5 Mosman	47.28
7 St George	48.38

Boys U 8-11 Middle Distance Relay

=====
State Relay: S 10:29.24 2016 Balmain
Centre Final
=====

Section 1

1 Balmain	10:25.15S
2 Hills District	10:38.84
3 Cherrybrook	10:46.64
4 Campbelltown Collegians	11:06.92
5 South Eastern	11:08.09
6 Northern Suburbs	11:11.68
7 St George	11:13.49
8 Holroyd	11:24.15
9 Macquarie Hunter	11:39.10
10 Inner West	11:50.04
11 Winston Hills	12:03.36
12 Quakers Hill	12:17.47
13 Springwood	12:23.16
14 Penrith	12:50.14
15 Revesby Workers	12:55.39

Section 2

1 Manly Warringah	10:42.65
2 Sutherland	10:45.11
3 Ku-Ring-Gai	10:46.65
4 Mosman	10:50.18
5 Illawong	11:04.13
6 Camden	11:09.89
7 Ryde	11:15.94
8 Wollongong City	11:20.70
9 Jamison	11:21.70
10 Albion Park	11:23.08
11 Canterbury	11:23.69
12 Randwick Botany	11:24.42
13 Rouse Hill Rams	11:39.01

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
Sydney Olympic Park Athletic Centre
Results

....Boys U 8-11 Middle Distance Relay

14 Liverpool City	12:19.58
15 Everley Park	12:26.79

Boys U 12-15 Middle Distance Relay

State Relay: S 9:11.14	2016	Sutherland	Final
Centre			

Section 1

1 Balmain	9:10.58S
2 Northern Suburbs	9:23.46
3 Hills District	9:30.04
4 Parramatta	9:30.95
5 Manly Warringah	9:31.56
6 St George	9:34.11
7 Ryde	9:35.97
8 Sutherland	9:39.26
9 Port Hacking	9:45.14
10 Holroyd	9:59.77
11 Canterbury	10:06.10
12 Macquarie Hunter	10:12.00
13 Campbelltown Collegians	10:25.86
14 Liverpool City	10:51.09
15 Penrith	11:47.88

Boys U 8 - Jumps Relay

Name	Age Centre	Final
Flight 1		
1 Manly Warringah, B	Manly Warringah	21.65m
2 Parramatta, A	Parramatta	21.02m
3 Manly Warringah, A	Manly Warringah	20.92m
4 Ku-Ring-Gai, A	Ku-Ring-Gai	20.65m
5 Randwick Botany, A	Randwick Botany	19.48m
6 Campbelltown, A	Campbelltown	19.26m
7 Bankstown Sports, A	Bankstown Sports	18.92m
8 Hills District, A	Hills District	18.59m
9 Northern Suburbs, A	Northern Suburbs	18.58m
10 Balmain, A	Balmain	18.12m
11 Ryde, A	Ryde	18.11m
12 Winston Hills, A	Winston Hills	18.10m
13 Prospect, A	Prospect	17.58m
14 Hills District, B	Hills District	17.21m
15 Revesby Workers, A	Revesby Workers	17.11m
16 Ryde, B	Ryde	16.88m
17 Rouse Hill Rams, A	Rouse Hill Rams	16.38m
18 Northern Suburbs, B	Northern Suburbs	15.81m

Boys U 9 - Jumps Relay

Name	Age Centre	Final
1 Hills District, A	Hills District	21.81m

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
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....Boys U 9 - Jumps Relay

2 Manly Warringah, A	Manly Warringah	21.78m
3 Ku-Ring-Gai, A	Ku-Ring-Gai	21.61m
4 Sutherland, A	Sutherland	21.15m
5 Balmain, A	Balmain	20.87m
6 Manly Warringah, B	Manly Warringah	20.68m
7 Inner West, A	Inner West	20.41m
8 Parramatta, A	Parramatta	20.04m
9 Northern Suburbs, A	Northern Suburbs	19.64m
10 Ryde, A	Ryde	19.56m
11 Hills District, B	Hills District	18.13m
12 Randwick Botany, A	Randwick Botany	17.52m
13 Prospect, A	Prospect	16.42m
14 Northern Suburbs, B	Northern Suburbs	14.56m
15 Inner West, B	Inner West	14.39m
16 Springwood, A	Springwood	13.77m

Boys U 10 - Jumps Relay

Name	Age Centre	Final
1 Northern Suburbs, A	Northern Suburbs	21.67m
2 Manly Warringah, A	Manly Warringah	20.49m
3 Campbelltown, A	Campbelltown	20.23m
4 Balmain, A	Balmain	20.01m
5 Kings Langley, A	Kings Langley	19.98m
6 Manly Warringah, B	Manly Warringah	19.76m
7 Winston Hills, A	Winston Hills	19.62m
8 Ku-Ring-Gai, A	Ku-Ring-Gai	19.46m
9 Hills District, A	Hills District	19.32m
10 Randwick Botany, A	Randwick Botany	19.15m
11 St George, A	St George	18.88m
12 Parramatta, A	Parramatta	18.84m
13 Cherrybrook, A	Cherrybrook	17.71m
14 South Eastern, B	South Eastern	17.53m
15 St George, B	St George	17.26m
16 Port Hacking, A	Port Hacking	16.87m
17 South Eastern, A	South Eastern	16.62m
18 Quakers Hill, A	Quakers Hill	16.50m
19 Blacktown, A	Blacktown	15.68m
20 Ryde, B	Ryde	15.46m
21 Hills District, B	Hills District	14.62m
22 Ryde, A	Ryde	14.27m

Boys U 11 - Jumps Relay

Name	Age Centre	Final
State Relay: S 23.39m 2016 Manly Warringah		
1 Northern Suburbs, A	Northern Suburbs	22.83m
2 Manly Warringah, A	Manly Warringah	22.09m
3 Ryde, A	Ryde	21.65m
4 Manly Warringah, B	Manly Warringah	21.51m
5 Balmain, A	Balmain	20.52m
6 Ku-Ring-Gai, A	Ku-Ring-Gai	20.39m

LITTLE ATHLETICS NSW
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Results

....Boys U 11 - Jumps Relay

7 Hills District, B	Hills District	20.37m
8 South Eastern, A	South Eastern	19.86m
9 Hills District, A	Hills District	19.45m
10 Winston Hills, A	Winston Hills	19.13m
11 Port Hacking, B	Port Hacking	18.72m
12 Port Hacking, A	Port Hacking	18.52m
13 Randwick Botany, A	Randwick Botany	18.33m
14 Parramatta, A	Parramatta	17.54m
15 Northern Suburbs, B	Northern Suburbs	17.50m
16 Campbelltown, A	Campbelltown	16.83m
17 Parramatta, B	Parramatta	16.29m
18 South Eastern, B	South Eastern	15.77m
19 Springwood, A	Springwood	9.25m

Boys U 12 - Jumps Relay

=====			
State Relay: S 24.55m	2016	Randwick Botany	
Name	Age	Centre	Final
=====			
1 Ku-Ring-Gai, A		Ku-Ring-Gai	23.81m
2 Hills District, A		Hills District	22.06m
3 Manly Warringah, A		Manly Warringah	21.54m
4 Northern Suburbs, A		Northern Suburbs	21.48m
5 Balmain, A		Balmain	21.35m
6 Campbelltown, A		Campbelltown	20.61m
7 Bankstown Sports, A		Bankstown Sports	20.43m
8 Emu Plains, A		Emu Plains	20.32m
9 South Eastern, A		South Eastern	20.22m
10 Port Hacking, A		Port Hacking	20.15m
11 Randwick Botany, A		Randwick Botany	20.12m
12 Cherrybrook, A		Cherrybrook	20.09m
13 Balmain, B		Balmain	19.84m
14 Northern Suburbs, B		Northern Suburbs	19.79m
15 Manly Warringah, B		Manly Warringah	19.50m
16 Ryde, A		Ryde	19.49m
17 Sutherland, A		Sutherland	19.24m
18 Illawong, A		Illawong	19.21m
19 Ryde, B		Ryde	19.00m
20 Port Hacking, B		Port Hacking	18.94m
21 Rouse Hill Rams, A		Rouse Hill Rams	18.88m
22 Prospect, A		Prospect	18.45m
23 Cherrybrook, B		Cherrybrook	11.60m
24 Liverpool City, A		Liverpool City	10.62m

Boys U 13 - Jumps Relay

=====			
State Relay: S 25.17m	2016	Northern Suburbs	
Name	Age	Centre	Final
=====			
1 Campbelltown, A		Campbelltown	24.00m
2 Hills District, A		Hills District	23.68m
3 Northern Districts, A		Northern Districts	22.81m
4 Balmain, A		Balmain	22.15m
5 Randwick Botany, A		Randwick Botany	21.97m

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
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....Boys U 13 - Jumps Relay

6	Winston Hills, A	Winston Hills	20.67m
7	Manly Warringah, B	Manly Warringah	20.26m
8	Prospect, A	Prospect	20.16m
9	Northern Suburbs, A	Northern Suburbs	19.74m
10	Hornsby, A	Hornsby	19.23m
11	Canterbury, A	Canterbury	18.97m
12	Manly Warringah, A	Manly Warringah	18.87m
13	South Eastern, A	South Eastern	18.80m
14	Sutherland, A	Sutherland	18.73m
15	Prospect, B	Prospect	17.60m
16	St George, A	St George	17.30m
17	Quakers Hill, A	Quakers Hill	17.09m
18	Hills District, B	Hills District	17.00m
19	Cherrybrook, A	Cherrybrook	13.75m

Boys U 14 - Jumps Relay

State Relay: S 23.11m 2016 Balmain			
Name	Age	Centre	Final
1	Parramatta, A	Parramatta	25.19mS
2	Cherrybrook, A	Cherrybrook	24.90mS
3	Balmain, A	Balmain	22.35m
4	Northern Suburbs, A	Northern Suburbs	22.26m
5	Manly Warringah, A	Manly Warringah	21.40m
6	Ku-Ring-Gai, A	Ku-Ring-Gai	20.35m
7	Hills District, A	Hills District	19.43m
8	Sutherland, A	Sutherland	19.34m
9	Blacktown, A	Blacktown	19.14m
10	Campbelltown, A	Campbelltown	18.48m
11	Winston Hills, A	Winston Hills	17.65m
12	Manly Warringah, B	Manly Warringah	17.51m
13	Randwick Botany, A	Randwick Botany	16.52m
14	Hills District, B	Hills District	15.26m
15	Liverpool City, A	Liverpool City	11.10m

Boys U 15 - Jumps Relay

State Relay: S 25.88m 2016 Illawong			
Name	Age	Centre	Final
1	Port Hacking, A	Port Hacking	23.62m
2	Sutherland, A	Sutherland	21.43m
3	Camden, A	Camden	19.62m
4	Balmain, A	Balmain	19.40m
5	Ryde, A	Ryde	18.79m
6	Northern Suburbs, A	Northern Suburbs	18.55m
7	Quakers Hill, A	Quakers Hill	18.19m
8	Manly Warringah, A	Manly Warringah	17.30m
9	Manly Warringah, B	Manly Warringah	15.87m
10	Winston Hills, A	Winston Hills	14.81m

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
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Boys U 17 - Jumps Relay

State Relay: S 24.03m 2016			Manly Warringah
Name	Age Centre		Final
1 Balmain, A	Balmain		23.58m
2 Manly Warringah, A	Manly Warringah		23.03m
3 Port Hacking, A	Port Hacking		21.58m
4 Wollongong City, A	Wollongong City		20.45m
5 Camden, A	Camden		19.16m
6 Winston Hills, A	Winston Hills		18.16m
7 Northern Illawarra, A	Northern Illawarra		17.58m
8 Manly Warringah, B	Manly Warringah		17.41m
9 St George, A	St George		17.31m
10 Hills District, A	Hills District		17.27m
11 Doonside, A	Doonside		16.23m
12 Campbelltown, A	Campbelltown		16.20m
13 Liverpool City, A	Liverpool City		12.59m

Boys U 8 - Throws Relay

Name	Age Centre	Final
1 Revesby Workers, A	Revesby Workers	17.10m
2 Northern Suburbs, A	Northern Suburbs	17.07m
3 Bankstown Sports, A	Bankstown Sports	15.30m
4 Parramatta, A	Parramatta	14.91m
5 Winston Hills, A	Winston Hills	14.86m
6 Rouse Hill Rams, A	Rouse Hill Rams	14.54m
7 Ku-Ring-Gai, A	Ku-Ring-Gai	14.48m
8 Northern Suburbs, B	Northern Suburbs	14.40m
9 Ryde, A	Ryde	13.75m
10 Tallawong Park, A	Tallawong Park	13.61m
11 Balmain, A	Balmain	13.59m
12 Randwick Botany, A	Randwick Botany	13.35m
13 Kings Langley, A	Kings Langley	13.29m
14 Campbelltown, A	Campbelltown	12.84m
15 Sutherland, A	Sutherland	12.44m
16 Hills District, A	Hills District	11.58m
17 Hills District, B	Hills District	9.65m

Boys U 9 - Throws Relay

Name	Age Centre	Final
1 Sutherland, A	Sutherland	17.41m
2 Campbelltown, A	Campbelltown	16.55m
3 Manly Warringah, A	Manly Warringah	16.24m
4 Parramatta, A	Parramatta	16.13m
5 Hills District, A	Hills District	15.69m
6 Smithfield, A	Smithfield	15.40m
7 Balmain, A	Balmain	14.90m
8 Randwick Botany, A	Randwick Botany	13.17m
9 Manly Warringah, B	Manly Warringah	12.86m
10 Ryde, A	Ryde	12.32m
11 Northern Suburbs, A	Northern Suburbs	11.70m

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....Boys U 9 - Throws Relay

12 Prospect, A	Prospect	10.98m
13 Ku-Ring-Gai, A	Ku-Ring-Gai	10.24m
14 Hills District, B	Hills District	10.15m
15 Springwood, A	Springwood	9.27m

Boys U 10 - Throws Relay

Name	Age Centre	Final
1 Kings Langley, A	Kings Langley	18.84m
2 Sutherland, A	Sutherland	17.83m
3 Parramatta, A	Parramatta	17.75m
4 Winston Hills, B	Winston Hills	15.53m
5 Quakers Hill, A	Quakers Hill	15.30m
6 Manly Warringah, A	Manly Warringah	14.72m
7 Hills District, B	Hills District	14.15m
8 Balmain, A	Balmain	14.10m
9 Randwick Botany, A	Randwick Botany	13.94m
10 Hills District, A	Hills District	13.79m
11 Port Hacking, A	Port Hacking	13.75m
12 Ryde, A	Ryde	13.54m
13 Ku-Ring-Gai, A	Ku-Ring-Gai	12.73m
14 Cherrybrook, A	Cherrybrook	11.92m
15 Manly Warringah, B	Manly Warringah	11.77m
16 Springwood, A	Springwood	11.38m
17 South Eastern, A	South Eastern	11.32m
18 Blacktown, A	Blacktown	11.21m
19 St George, A	St George	11.15m
20 Winston Hills, A	Winston Hills	11.09m
21 Ryde, B	Ryde	10.79m
22 St George, B	St George	9.99m
23 Northern Suburbs, A	Northern Suburbs	8.52m
24 South Eastern, B	South Eastern	8.39m
25 Liverpool City, A	Liverpool City	7.07m

Boys U 11 - Throws Relay

State Relay: S 19.09m 2016		Northern Suburbs	Final
Name	Age Centre		
1 Manly Warringah, A	Manly Warringah		23.11mS
2 Ryde, A	Ryde		18.87m
3 Parramatta, A	Parramatta		18.31m
4 Canterbury, A	Canterbury		17.86m
5 Liverpool City, A	Liverpool City		17.25m
6 Manly Warringah, B	Manly Warringah		16.89m
7 Hills District, A	Hills District		16.82m
8 Ku-Ring-Gai, A	Ku-Ring-Gai		16.54m
9 Sutherland, A	Sutherland		16.38m
10 Hills District, B	Hills District		14.64m
11 Port Hacking, A	Port Hacking		14.53m
12 Inner West, A	Inner West		13.46m
13 Northern Suburbs, B	Northern Suburbs		13.13m
14 Springwood, A	Springwood		12.77m

LITTLE ATHLETICS NSW
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....Boys U 11 - Throws Relay

15 St George, A	St George	12.69m
16 Prospect, A	Prospect	12.21m
17 Port Hacking, B	Port Hacking	11.72m
18 Northern Suburbs, A	Northern Suburbs	11.29m
19 Randwick Botany, A	Randwick Botany	11.25m
20 South Eastern, B	South Eastern	7.07m

Boys U 12 - Throws Relay

State Relay: S 17.27m 2016		Canterbury	
Name	Age	Centre	Final
1 Bankstown Sports, A		Bankstown Sports	18.18mS
2 Balmain, A		Balmain	16.11m
3 Girraween, A		Girraween	15.03m
4 Manly Warringah, A		Manly Warringah	14.61m
5 South Eastern, A		South Eastern	14.36m
6 Campbelltown, A		Campbelltown	14.35m
7 Emu Plains, A		Emu Plains	14.06m
8 Northern Suburbs, A		Northern Suburbs	14.02m
9 Smithfield, A		Smithfield	13.61m
10 Randwick Botany, A		Randwick Botany	13.48m
11 Balmain, B		Balmain	13.22m
12 Bankstown Sports, B		Bankstown Sports	12.80m
13 Ku-Ring-Gai, A		Ku-Ring-Gai	12.61m
14 Manly Warringah, B		Manly Warringah	12.47m
15 Port Hacking, A		Port Hacking	11.45m
16 Ryde, A		Ryde	10.97m
17 Port Hacking, B		Port Hacking	10.56m
18 Hills District, A		Hills District	10.32m
19 Ryde, B		Ryde	9.31m

Boys U 13 - Throws Relay

State Relay: S 18.27m 2016		Rouse Hill Rams	
Name	Age	Centre	Final
1 Canterbury, A		Canterbury	18.11m
2 Prospect, A		Prospect	14.82m
3 Northern Districts, A		Northern Districts	14.27m
4 Balmain, A		Balmain	14.05m
5 Hills District, A		Hills District	14.04m
6 Winston Hills, A		Winston Hills	13.28m
7 South Eastern, A		South Eastern	13.23m
8 St George, A		St George	12.08m
9 Mt Druitt, A		Mt Druitt	11.90m
10 Girraween, A		Girraween	11.62m
11 Manly Warringah, B		Manly Warringah	11.49m
12 Campbelltown, A		Campbelltown	10.71m
13 Manly Warringah, A		Manly Warringah	10.21m
14 Prospect, B		Prospect	10.17m
15 Cherrybrook, A		Cherrybrook	9.40m
16 Bankstown Sports, A		Bankstown Sports	9.18m
17 St George, B		St George	9.11m

LITTLE ATHLETICS NSW
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....Boys U 13 - Throws Relay

18 Northern Suburbs, A	Northern Suburbs	8.48m
19 Hills District, B	Hills District	7.63m

Boys U 14 - Throws Relay

State Relay: S 21.80m 2016 Northern Suburbs		
Name	Age Centre	Final
1 Rouse Hill Rams, A	Rouse Hill Rams	18.52m
2 Parramatta, A	Parramatta	18.24m
3 Smithfield, A	Smithfield	17.47m
4 Hills District, A	Hills District	16.35m
5 Balmain, A	Balmain	15.92m
6 Manly Warringah, A	Manly Warringah	15.57m
7 Sutherland, A	Sutherland	14.46m
8 Manly Warringah, B	Manly Warringah	13.31m
9 Cherrybrook, A	Cherrybrook	11.51m
10 Blacktown, A	Blacktown	11.42m
11 Hills District, B	Hills District	9.27m
12 Liverpool City, A	Liverpool City	8.82m

Boys U 15 - Throws Relay

State Relay: S 19.33m 2016 Parramatta		
Name	Age Centre	Final
1 Northern Suburbs, A	Northern Suburbs	21.19mS
2 Sutherland, A	Sutherland	18.60m
3 Camden, A	Camden	18.20m
4 Campbelltown, A	Campbelltown	16.29m
5 Balmain, A	Balmain	15.78m
6 Ryde, A	Ryde	14.29m
7 Manly Warringah, A	Manly Warringah	12.68m
8 St George, A	St George	11.83m
9 Port Hacking, A	Port Hacking	11.73m
10 Winston Hills, A	Winston Hills	7.82m
11 Manly Warringah, B	Manly Warringah	7.21m

Boys U 17 - Throws Relay

State Relay: S 20.64m 2016 Emu Plains		
Name	Age Centre	Final
1 Bankstown Sports, A	Bankstown Sports	21.23mS
2 Manly Warringah, A	Manly Warringah	15.26m
3 Port Hacking, A	Port Hacking	13.98m
4 Winston Hills, A	Winston Hills	12.63m
5 Camden, A	Camden	12.36m
6 Manly Warringah, B	Manly Warringah	11.36m
7 Parramatta, A	Parramatta	10.79m
8 Campbelltown, A	Campbelltown	10.25m
9 St George, A	St George	9.59m
10 Hills District, A	Hills District	8.74m
11 Wollongong City, A	Wollongong City	8.29m

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
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Mixed U 8 - 4x100 Metre Relay

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=====
State Relay: S 1:03.94 1982          Blacktown
State Relay: S 1:03.94 1984          North Rocks/Carlingford
Centre                               Final
=====

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Section 1

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1 Jamison                            1:08.13
2 Tallawong Park                      1:09.97
3 Smithfield                          1:11.87
4 Albion Park                         1:11.89
5 Prospect                             1:13.46
6 Kurrajong Bilpin                   1:13.83

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Mixed U 9 - 4x100 Metre Relay

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=====
State Relay: S 1:00.04 1985          North Rocks/Carlingford
Centre                               Final
=====

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1 Smithfield                          1:04.79
2 Liverpool City                      1:05.42
3 Helensburgh                         1:06.35
4 Kurrajong Bilpin                   1:06.80
5 Tallawong Park                    1:07.88
6 Prospect                             1:07.99
7 Jamison                             1:08.82
8 Northern Illawarra                 1:13.30

```

Mixed U 10 - 4x100 Metre Relay

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=====
State Relay: S 58.04 1984          Blacktown
Centre                               Heats
=====

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Heat 1 Heats

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1 Wyong                               59.84Q
2 Prospect                             1:03.45q
3 Jamison                              1:04.75q
4 Helensburgh                         1:05.52q
5 Northern Illawarra                 1:05.63q

```

Heat 2 Heats

```

1 Smithfield                          1:03.54Q
2 Illawong                            1:03.57q
3 Kurrajong Bilpin                   1:05.50q
4 Tallawong Park                    1:07.30

```

Mixed U 10 - 4x100 Metre Relay

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=====
State Relay: S 58.04 1984          Blacktown
Centre                               Final
=====

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Section 1 Final

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1 Wyong                               1:00.54
2 Smithfield                          1:02.69
3 Prospect                             1:02.79
4 Illawong                            1:03.33
5 Jamison                              1:05.36

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LITTLE ATHLETICS NSW
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...Mixed U 10 - 4x100 Metre Relay

6 Kurrajong Bilpin	1:05.68
7 Northern Illawarra	1:06.01
8 Helensburgh	1:06.11

Mixed U 11 - 4x100 Metre Relay

=====
State Relay: S 54.18 2016 Albion Park
Centre Final
=====

Section 1

1 Helensburgh	56.52
2 Liverpool City	58.61
3 Smithfield	59.09
4 Albion Park	1:00.11
5 Prospect	1:00.67
6 Kurrajong Bilpin	1:01.20
7 Jamison	1:01.37
8 Northern Illawarra	1:02.09
9 Tallawong Park	1:05.87

Mixed U 12 - 4x100 Metre Relay

=====
State Relay: S 52.54 1983 Ku-Ring-Gai
Centre Final
=====

1 Prospect	55.96
2 Albion Park	56.34
3 Kurrajong Bilpin	56.65
4 Liverpool City	57.50
5 Tallawong Park	57.57
6 Helensburgh	57.93
7 Wyong	59.64
8 Jamison	1:01.40

Mixed U 13 - 4x100 Metre Relay

=====
State Relay: S 51.44 1984 Randwick Botany
Centre Final
=====

1 Liverpool City	52.57
2 Douglas Park	54.59
3 Kurrajong Bilpin	55.87
4 Jamison	55.98

Mixed U 14 - 4x100 Metre Relay

=====
State Relay: S 50.04 2000 Northern Suburbs
Centre Final
=====

1 Smithfield	52.39
2 Albion Park	52.79
3 Kurrajong Bilpin	53.53
4 Liverpool City	1:00.09

LITTLE ATHLETICS NSW
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Mixed U 15 - 4x100 Metre Relay

=====
 State Relay: S 48.44 1996 Balmain
 Centre Final
 =====

1 Tallawong Park 56.17

Mixed U 17 - 4x100 Metre Relay

=====
 State Relay: S 46.03 2009 Cherrybrook
 Centre Final
 =====

1 Kurrajong Bilpin 47.63

2 Liverpool City 50.16

3 Albion Park 52.76

Mixed U 8 - 4x200 Metre Relay

=====
 State Relay: S 2:17.41 2013 Ku-Ring-Gai
 Centre Final
 =====

1 Port Hacking 2:13.30S

2 Ku-Ring-Gai 2:19.95

3 Hills District 2:20.21

4 Manly Warringah 2:24.07

5 Mosman 2:30.43

6 Quakers Hill 2:37.71

Section 2

1 Sutherland 2:30.46

2 Albion Park 2:30.65

3 Inner West 2:31.60

4 Northern Suburbs 2:39.53

5 Cherrybrook 2:40.41

6 Illawong 2:45.11

Section 3

1 Balmain 2:24.94

2 Revesby Workers 2:30.12

3 South Eastern 2:30.71

4 Randwick Botany 2:30.95

5 Winston Hills 2:32.08

6 St George 2:32.18

7 Ryde 2:33.88

8 Camden 2:35.52

Mixed U 9 - 4x200 Metre Relay

=====
 State Relay: S 2:07.11 2013 Manly Warringah
 Centre Final
 =====

Section 1

1 Mosman 2:12.57

2 Balmain 2:14.31

3 Hills District 2:15.92

4 South Eastern 2:19.13

5 Bankstown Sports 2:20.56

6 Revesby Workers 2:25.51

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...Mixed U 9 - 4x200 Metre Relay

7 Springwood	2:25.59
Section 2	
1 Sutherland	2:12.71
2 Manly Warringah	2:15.49
3 Wollongong City	2:15.68
4 Ku-Ring-Gai	2:16.50
5 Randwick Botany	2:18.86
6 Inner West	2:25.36
7 Winston Hills	2:29.07
Section 3	
1 Rouse Hill Rams	2:15.24
2 Illawong	2:17.46
3 Ryde	2:20.91
4 Camden	2:21.85
5 Holroyd	2:22.37
6 Quakers Hill	2:24.97
7 Northern Suburbs	2:26.28
8 Cherrybrook	2:26.34
9 St George	2:31.60

Mixed U 10 - 4x400 Metre Relay

=====			
State Relay: S	4:36.40	1983	Sutherland
	Centre		Final
=====			
Section 1			
1 Balmain	4:48.96		
2 Mosman	4:57.62		
3 South Eastern	5:01.17		
4 St George	5:05.20		
5 Canterbury	5:10.90		
6 Quakers Hill	5:23.30		
7 Ryde	5:24.93		
8 Blacktown	5:52.43		
Section 2			
1 Ku-Ring-Gai	4:47.60		
2 Eastern Suburbs	4:53.00		
3 Port Hacking	4:57.54		
4 Manly Warringah	5:09.37		
5 Camden	5:18.65		
6 Inner West	5:29.01		
7 Randwick Botany	5:39.13		
8 Revesby Workers	6:00.69		
Section 3			
1 Sutherland	5:00.63		
2 Wollongong City	5:03.42		
3 Cherrybrook	5:07.28		
4 Hills District	5:08.74		
5 Macquarie Hunter	5:09.18		
6 Illawong	5:17.38		
7 Northern Suburbs	5:19.80		
8 Springwood	5:33.77		

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
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Mixed U 11 - 4x400 Metre Relay

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=====
State Relay: S 4:25.82 2016      Ku-Ring-Gai
Centre                               Final
=====
```

Section 1

1 Balmain	4:42.00
2 Mosman	4:47.14
3 Wollongong City	4:47.57
4 Cherrybrook	4:59.29
5 Ryde	5:10.45
6 Inner West	5:27.04
7 Winston Hills	5:28.56

Section 2

1 Ku-Ring-Gai	4:42.11
2 Port Hacking	4:46.04
3 Macquarie Hunter	4:50.36
4 St George	4:53.08
5 Liverpool City	4:58.04
6 Springwood	5:35.4h

Section 3

1 Hills District	4:30.76
2 Sutherland	4:33.23
3 South Eastern	4:37.77
4 Manly Warringah	4:48.50
5 Revesby Workers	5:34.69

Mixed U 12 - 4x400 Metre Relay

```
=====
State Relay: S 4:10.90 1987      St George
Centre                               Final
=====
```

Section 1

1 Ku-Ring-Gai	4:24.95
2 Wollongong City	4:25.21
3 Eastern Suburbs	4:31.07
4 Holroyd	4:35.69
5 Illawong	4:49.50
6 Springwood	5:20.04

Section 2

1 Sutherland	4:34.72
2 St George	4:35.32
3 Manly Warringah	4:41.37
4 Ryde	4:42.68
5 Inner West	4:42.69
6 Macquarie Hunter	4:48.28

Section 3

1 Northern Suburbs	4:20.78
2 Balmain	4:20.90
3 Hills District	4:36.16
4 Canterbury	4:49.69
5 Wyong	5:03.71

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
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Mixed U 13 - 4x400 Metre Relay

=====
 State Relay: S 4:04.56 2013 Manly Warringah
 Centre Final
 =====

Section 1

1 Manly Warringah	4:11.29
2 Hills District	4:14.47
3 Wollongong City	4:29.18
4 Eastern Suburbs	4:38.37
5 South Eastern	4:40.92
6 Springwood	5:00.39

Section 2

1 St George	4:17.21
2 Parramatta	4:19.42
3 Mosman	4:36.45
4 Canterbury	4:42.07

Section 3

1 Sutherland	4:11.19
2 Illawong	4:11.34
3 Northern Suburbs	4:27.89
4 Randwick Botany	4:34.89
5 Emu Plains	4:36.58
6 Ryde	4:38.02
7 Cherrybrook	5:00.45

Mixed U 14 - 4x400 Metre Relay

=====
 State Relay: S 3:53.38 2016 Manly Warringah
 Centre Final
 =====

Section 1

1 Sutherland	4:05.34
2 Ryde	4:09.74
3 Camden	4:10.49
4 Hills District	4:14.80
5 Northern Suburbs	4:20.53
6 Winston Hills	4:50.81

Section 2

1 Manly Warringah	4:02.46
2 Port Hacking	4:05.68
3 Randwick Botany	4:07.35

Mixed U 15 - 4x400 Metre Relay

=====
 State Relay: S 3:43.57 2014 Manly Warringah
 Centre Final
 =====

Section 1

1 Manly Warringah	3:51.24
2 Springwood	3:56.00
3 Northern Suburbs	3:56.46
4 St George	3:58.82
5 Hills District	4:02.83
6 Sutherland	4:09.87

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
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Mixed U 17 - 4x400 Metre Relay

=====
 State Relay: S 3:43.02 2012 Northern Suburbs Final
 Centre

=====
 1 Macquarie Hunter 3:42.08S
 2 Hills District 3:53.80
 3 Mosman 3:54.10
 4 Port Hacking 4:00.71
 5 Ryde 4:01.85
 6 Winston Hills 4:12.14

Section 2

1 Sutherland 3:51.39
 2 Campbelltown Collegians 3:55.65
 3 Manly Warringah 3:58.35
 4 Northern Suburbs 3:58.71
 5 Parramatta 4:01.16
 6 St George 4:04.11
 7 Albion Park 4:05.79
 8 Holroyd 4:13.72

Mixed U 8-11 4x100 Metre Relay

=====
 State Relay: S 1:02.50 2016 Prospect Final
 Centre

Section 1

=====
 1 Liverpool City 1:01.26S
 2 Prospect 1:04.67
 3 Tallawong Park 1:05.58
 4 Bowral 1:06.29
 5 Penrith 1:06.98
 6 Mt Druitt 1:08.42
 7 Everley Park 1:09.11
 8 Eastlakes 1:09.15

Mixed U 12-15 4x100 Metre Relay

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 State Relay: S 51.38 2016 Prospect Final
 Centre

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 1 Prospect 51.35S
 2 Eastlakes 54.18
 3 Penrith 54.19
 4 Liverpool City 54.35
 5 Tallawong Park 54.46
 6 Mt Druitt 55.66

Mixed U 8-11 Long Jump x 4

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 State Relay: S 25.72m 2010 Prestons Robins Final
 Name Age Centre

Flight 1

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 1 Bowral, A M Bowral 25.76mS
 2 Tallawong Park, A M Tallawong Park 23.92m

LITTLE ATHLETICS NSW
STATE RELAY CHAMPIONSHIP - 18-Nov-17 to 19-Nov-17
Sydney Olympic Park Athletic Centre
Results

...Mixed U 8-11 Long Jump x 4

3 Penrith, A	M Penrith	23.00m
4 Eastlakes, A	M Eastlakes	22.72m
5 Prospect, A	M Prospect	21.59m
6 Mt Druitt, A	M Mt Druitt	21.56m
7 Everley Park, A	M Everley Park	20.21m

Mixed U 12-15 Long Jump x 4

State Relay: S 26.95m 2016 Mt Druitt			
Name	Age	Centre	Final
1 Prospect, A	M	Prospect	29.05mS
2 Penrith, A	M	Penrith	27.89mS
3 Liverpool City, A	M	Liverpool City	25.45m
4 Eastlakes, A	M	Eastlakes	24.80m
5 Mt Druitt, A	M	Mt Druitt	24.43m
6 Tallawong Park, A	M	Tallawong Park	20.73m
7 Everley Park, A	M	Everley Park	14.91m