

## 2017 XCC Short Course - 2/07/2017

### Rydalmere

### Results

#### Event 1 Boys U 800 Metre Run CC U7

Name	Age	Centre	Final	Points	Alternate
1 Taylor, Jayden	7	Macquarie Hu	3:06	1	
2 Keep, Ewan	7	Manly Warringah	3:08	2	
3 Smith, Charlie	7	Balmain Athl	3:13	3	
4 Farrell, Lachlan	7	Prestons Robins	3:17	4	
5 Cetinic, William	7	Holroyd	3:19	5	
6 Maher, Levi	7	Hornsby District	3:26	6	
7 Chandler, Rhys	7	Ryde Athleti	3:28	7	
8 Mitchell, Alec	7	South Eastern	3:32	8	
9 Lowndes, Daniel	7	Smithfield	3:33	9	
10 Leyshon, Isaac	7	Macquarie Hu	3:36	10	
11 Davoren, Max	7	South Eastern	3:40	11	
12 Jones, Frederick	7	Eastern Suburbs LA	3:46	12	
13 Clarke, Thomas	7	Tallawong Park	3:48	13	
14 Leadbeatter, Luke	7	Macquarie Hu	3:49	14	
15 Williams, Jae-Ahn	7	Holroyd	3:50	15	
16 Lennie, Charlie	7	Quakers Hill	3:53	16	
17 Clare, Angus	7	Helensburgh	3:53	17	
18 Mitchell, Remy	7	South Eastern	3:54	18	
19 Gallagher, Michael	7	Nth Districts	4:03	19	
20 Haydon, Ellis	7	Emu Plains	4:08	20	
21 Govender, Denzel	7	Eastlakes	4:13	21	

#### Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
1	Macquarie Hunter Athlet	25	1	10	14						
	Total Time:	10:31.00									
	Average:	3:30.34									
2	South Eastern	37	8	11	18						
	Total Time:	11:06.00									
	Average:	3:42.00									

#### Event 2 Girls U 800 Metre Run CC U7

Name	Age	Centre	Final	Points	Alternate
1 Latanis, Sienna	7	St. George D	3:19	1	
2 Halleen, Sophie	7	Balmain Athl	3:27	2	
3 Scott-Rogers, Olivia	7	Hills Distri	3:32	3	
4 Laws, Jessica	7	Cantoo	3:32	4	
5 Walsh, Imogen	7	Dapto	3:38	5	
6 Kot, Emily	7	Smithfield	3:42	6	
7 Bennett, Aliyah	7	Cherrybrook	3:46	7	
8 Carty, Aoibhe	7	Balmain Athl	3:52	8	
9 Cloey, Marissa	7	Colyton St Clair	3:54	9	
10 Dunstan, Abbie	7	Manly Warringah	3:55	10	
11 Hassan, Daisy	7	Douglas Park	3:56	11	
12 O'Connell, Eva	7	Balmain Athl	3:57	12	
13 Wyatt, Claudia	7	Ku-Ring-Gai	3:58	13	
14 Scott-Rogers, Charlotte	7	Hills Distri	4:01	14	
15 Daymond, Makaylie	7	Macquarie Hu	4:04	15	
16 Wiberg, Kayla	7	Cherrybrook	4:07	16	
17 O'Connell, Isabel	7	Tamworth Ath	4:09	17	
18 Mahony, Kokoda	7	Holroyd	4:10	18	
19 Vehikite, Aaliyah	7	Nepean Distr	4:15	19	
20 Penn, Ruby	7	Cherrybrook	4:20	20	
21 Harvey, Janet	7	Cantoo	4:30	21	
22 Karaman, Alyssa	7	St. George D	4:57	22	
23 Wilson, Mackenzie	7	Bankstown Sp	5:24	23	



**2017 XCC Short Course - 2/07/2017****Rydalmere****Results****Event 4 Girls U 800 Metre Run CC U8**

Name	Age	Centre	Final	Points	Alternate
1 Toohey, Keira	8	Sutherland D	3:00	1	
2 Callaghan, Keira	8	Wyong Athlet	3:05	2	
3 Grant, Azarliah	8	Eastlakes	3:06	3	
4 Bradford, Jessie	8	Cherrybrook	3:13	4	
5 Blake, Ruby	8	Bowral	3:23	5	
6 Williams, Kaitlyn	8	Wollondilly	3:29	6	
7 Schempp, Amelia	8	Jamison	3:30	7	
8 McGraw, Scarlett	8	Revesby Workers	3:31	8	
9 Muc, Isabella	8	Prestons Robins	3:32	9	
10 Mitchell, Maisie	8	Kurrajong Bilpin	3:33	10	
11 Baptist, Isabella	8	Bankstown Sp	3:36	11	
12 Dransfield, Natalie	8	Nth Suburbs	3:38	12	
13 Hills, Taylor	8	Hills Distri	3:39	13	
14 Reveley, Amber	8	Tallawong Park	3:40	14	
15 Bowie, evie	8	Randwick Bot	3:40	15	
16 Clare, Elsie	8	Helensburgh	3:41	16	
17 Semaganda, Ruby	8	Cherrybrook	3:42	17	
18 Rupnik Williams, Sarah	8	Unattached	3:44	18	
19 Grosvner, Brinleigh	8	Nth Rocks Ca	3:46	19	
20 Brooks, Amelie	8	Mosman Athle	3:47	20	
21 Benefiel, Emily	8	Wollongong City	3:49	21	
22 Lee, Ellie	8	Ku-Ring-Gai	3:50	22	
23 Pritchard, Rain	8	Tamworth Ath	3:51	23	
24 Hoskin, Sofina	8	Nth Rocks Ca	3:56	24	
25 Arbidans, Brooke	8	Prestons Robins	3:58	25	
26 Ashby, Caetlin	8	Gosford Athl	3:59	26	

**Event 5 Boys U 1500 Metre Run CC U9**

Name	Age	Centre	Final	Points	Alternate
1 Halleen, Harry	9	Balmain Athl	5:16	1	
2 Stewart, Kobe	9	Illawong and	5:23	2	
3 Govender, Samuel	9	Eastlakes	5:28	3	
4 Burkhardt, Idris	9	Cherrybrook	5:28	4	
5 Christian, Alex	9	Illawong and	5:28	5	
6 Latanis, Bailey-Dean	9	St. George D	5:37	6	
7 Camus, Christian	9	Mosman Athle	5:43	7	
8 Cetinic, Joshua	9	Holroyd	5:46	8	
9 Brown, Bronsen	9	Cherrybrook	5:48	9	
10 Keep, Liam	9	Manly Warringah	5:52	10	
11 Klug, Remy	9	Balmain Athl	5:53	11	
12 Fong, Riley	9	St. George D	5:53	12	
13 Roche, Fynn	9	Balmain Athl	5:55	13	
14 Duong, Lucas	9	Inner West	5:56	14	
15 Kemp, Blake	9	Southlakes	5:57	15	
16 Keast, Eli	9	Hills Distri	5:58	16	
17 Barnes, Hamish	9	Mosman Athle	6:01	17	
18 Salter, Nathan	9	Camden Athle	6:05	18	
19 Bishop, Thomas	9	Cherrybrook	6:06	19	
20 Macri, Elias	9	Rouse Hill	6:11	20	
21 Moore, Kobe	9	Cherrybrook	6:12	21	
22 Robinson, Jack	9	Sutherland D	6:13	22	
23 Mauger, Harrison	9	Winston Hills	6:14	23	
24 Williams, Jae-Min	9	Holroyd	6:19	24	
25 Varga-Strike, Thomas	9	Quakers Hill	6:20	25	
26 Moussa, Zain	9	St. George D	6:28	26	
27 Jackson, Bodhi	9	Bankstown Sp	6:30	27	
28 Coburn, Riley	9	Emu Plains	6:31	28	
29 Walsh, Cooper	9	Dapto	6:33	29	

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### Results

30 McCarthy, Max	9 Kurrajong Bilpin	6:36	30
31 Barns, Tyler	9 Bankstown Sp	6:44	31
32 Swarbrick, Blake	9 Kurrajong Bilpin	6:45	32
33 Byatt, Joel	9 Girraween At	6:50	33
34 Connell, Liam	9 Holroyd	6:55	34
35 Penn, Jethro	9 Cherrybrook	7:03	35
36 Marshall, Cameron	9 St. George D	7:10	36
37 Venturino, Marco	9 St. George D	7:11	37
38 O'Brien, Aidan	9 Girraween At	7:33	38
39 Ryan, Daniel	9 Jamison	7:49	39

#### Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
1	Balmain Athletics Club	25	1	11	13						
	Total Time:	17:04.00									
	Average:	5:41.34									
2	Cherrybrook Senior & Li A	32	4	9	19						
	Total Time:	17:22.00									
	Average:	5:47.34									
3	St. George District Ath A	44	6	12	26						
	Total Time:	17:58.00									
	Average:	5:59.34									
4	Holroyd	66	8	24	34						
	Total Time:	19:00.00									
	Average:	6:20.00									

#### Event 6 Girls U 1500 Metre Run CC U9

Name	Age	Centre	Final	Points	Alternate
1 Delfs, Mathilda	9	Sutherland D	6:01	1	
2 Solomon, Rebecca	9	Manly Warringah	6:05	2	
3 Simpson, Piper	9	Eastern Suburbs LA	6:05	3	
4 Bennett, Kaylah	9	Cherrybrook	6:08	4	
5 Leadbeatter, Emerson	9	Macquarie Hu	6:10	5	
6 Beuzeville, Macy	9	Manly Warringah	6:13	6	
7 Garcia, Kiara	9	Gosford Athl	6:17	7	
8 Doran, Phoebe	9	Adamstown Ne	6:19	8	
9 Woods, Zoe	9	Ku-Ring-Gai	6:19	9	
10 Arbidans, Emma	9	Prestons Robins	6:20	10	
11 Giampietro, Ainsley	9	Emu Plains	6:22	11	
12 Darwiche, Zaynab	9	Bankstown Sp	6:26	12	
13 Field, Charlotte	9	South Eastern	6:28	13	
14 Dunstan, Ella	9	Manly Warringah	6:29	14	
15 Kiernan, Georgie	9	South Eastern	6:31	15	
16 Pitcher, Sienna	9	Gosford Athl	6:32	16	
17 Arabolu, Veda	9	Ku-Ring-Gai	6:34	17	
18 Dukes, Mabel	9	Emu Plains	6:35	18	
19 Beech, Verity	9	Cherrybrook	6:39	19	
20 Clarke, Hannah	9	Camden Athle	6:42	20	
21 Kusano, Amber	9	Unattached	6:42	21	
22 Bauer, Paige	9	Port Hacking	6:43	22	
23 Fuller, Tiana	9	Winston Hills	6:44	23	
24 Pawsey, Zara	9	Ryde Athleti	6:45	24	
25 Beck, Grace	9	Ku-Ring-Gai	6:46	25	
26 Todd, Piper	9	Prestons Robins	6:47	26	
27 Dobson, Bethany	9	Shoalhaven	6:49	27	
28 Mitchell, Scarlet	9	South Eastern	6:57	28	
29 Wardell, Katelyn	9	Gosford Athl	6:58	29	
30 Corner, Georgia	9	Winston Hills	6:58	30	
31 Sivaraj, Summer	9	Ku-Ring-Gai	7:00	31	
32 Tarbotton, Rosanna	9	Campbelltown	7:07	32	

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**Results**

33 Salter, Mia	9 Camden Athle	7:10	33
34 Howle, Isabella	9 Eschol Park	7:13	34
35 Cowling, Eva	9 Southlakes	7:15	35
36 Whatman, Keiley	9 Orange	7:17	36
37 Levine, Rekha	9 Cantoo	7:19	37
38 Moore, Ava	9 Cherrybrook	7:22	38
39 Weatherburn, Samantha	9 Ryde Athleti	7:23	39
40 Vanderklauw, Serena	9 Cherrybrook	7:24	40
41 Hoskin, Keziah	9 Nth Rocks Ca	7:33	41
42 Wallace, Hayley	9 Winston Hills	7:34	42
43 Baker, Adelayde	9 Kings Langley	7:51	43
44 Timms, Amy	9 Cherrybrook	7:52	44
45 Giffney, Claire	9 Kings Langley	8:03	45
46 Corvalan, Laura	8 Girraween At	8:04	46

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
1	Manly Warringah	22	2	6	14						
	Total Time:	18:47.00									
	Average:	6:15.67									
2	Ku-Ring-Gai A	51	9	17	25						
	Total Time:	19:39.00									
	Average:	6:33.00									
3	Gosford Athletics Inc.	52	7	16	29						
	Total Time:	19:47.00									
	Average:	6:35.67									
4	South Eastern	56	13	15	28						
	Total Time:	19:56.00									
	Average:	6:38.67									
5	Cherrybrook Senior & Li A	61	4	19	38						
	Total Time:	20:09.00									
	Average:	6:43.00									
6	Winston Hills	95	23	30	42						
	Total Time:	21:16.00									
	Average:	7:05.34									

**Event 7 Boys U 1500 Metre Run CC U10**

Name	Age	Centre	Final	Points	Alternate
1 Oconnell, Joshua	10	Balmain Athl	5:13	1	
2 Dorahy, Toby	10	Hills Distri	5:18	2	
3 Low, Jesiah	10	Sutherland D	5:18	3	
4 Haydon, Will	10	Emu Plains	5:22	4	
5 Benefiel, Joshua	10	Wollongong City	5:27	5	
6 Daniel, Henry	10	St. George D	5:28	6	
7 Stringer, Ben	10	Cherrybrook	5:29	7	
8 Burton, Cody	10	Nth Rocks Ca	5:29	8	
9 Toohey, Logan	10	Sutherland D	5:32	9	
10 Powell, Lachlan	10	Hills Distri	5:38	10	
11 Brooks, Isaac	10	Mosman Athle	5:40	11	
12 Mosely, Connor	10	Unattached	5:44	12	
13 Callaghan, Jai	10	Wyong Athlet	5:48	13	
14 Bradford, Charles	10	Cherrybrook	5:50	14	
15 Olson Keating, Rhys	10	Balmain Athl	5:54	15	
16 Nas Jones, James	10	Balmain Athl	5:57	16	
17 Ashby, Myles	10	Gosford Athl	6:01	17	
18 Young, Nathan	10	South Eastern	6:04	18	
19 Boccaletti, Marco	10	Cherrybrook	6:05	19	
20 Grinbergs, Orlando	10	Manly Warringah	6:07	20	
21 Mahony, Levi	10	Holroyd	6:08	21	
22 Paino, Michael	10	Sutherland D	6:10	22	

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23 Ostryn, Anton	10 Manly Warringah	6:11	23
24 Douglass, Luke	10 Unattached	6:14	24
25 Cloey, Cameron	10 Colyton St Clair	6:18	25
26 Armitage, Zackary	10 Prospect	6:20	26
27 Grosvenor, Dane	10 Nth Rocks Ca	6:22	27
28 Nelson, Jay	10 Blacktown Ci	6:24	28
29 Ivins, Jake	10 Manly Warringah	6:44	29
30 Wilson, Campbell	10 Bankstown Sp	6:45	30
31 Chandler, Owen	10 Ryde Athleti	6:57	31
32 Kermond, Lachlan	10 Bankstown Sp	7:04	32
33 Gallagher, Bradley	10 Nth Districts	7:21	33
34 Reveley, Nathan	10 Tallawong Park	7:24	34

#### Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
1	Balmain Athletics Club	32	1	15	16						
	Total Time:	17:04.00									
	Average:	5:41.34									
2	Sutherland District Ath	34	3	9	22						
	Total Time:	17:00.00									
	Average:	5:40.00									
3	Cherrybrook Senior & Li	40	7	14	19						
	Total Time:	17:24.00									
	Average:	5:48.00									
4	Manly Warringah	72	20	23	29						
	Total Time:	19:02.00									
	Average:	6:20.67									

#### Event 8 Girls U 1500 Metre Run CC U10

Name	Age	Centre	Final	Points	Alternate
1 Boothroyd, Ivy	10	Sutherland D	5:30	1	
2 Schultz, Sophie	10	Hills Distri	5:33	2	
3 Baker, Sarah	10	Nth Suburbs	5:35	3	
4 Cooper, Fluer	10	Unattached	5:35	4	
5 Blackwell, Jessie	10	Woy Woy Peni	5:45	5	
6 Taylor, Tegan	10	Macquarie Hu	5:48	6	
7 Charlton, Morgan	10	Woy Woy Peni	5:55	7	
8 Newton, Sienna	10	Randwick Bot	5:57	8	
9 Bowrey, Tynise	10	Balmain Athl	5:59	9	
10 Alderson, Sienna	10	Sutherland D	6:00	10	
11 McClatchie, Zoe	10	Wollongong City	6:00	11	
12 Colusso, Ella	10	Milton Ulladulla	6:05	12	
13 Stevens, Emilie	10	Woy Woy Peni	6:07	13	
14 Rothwell, Eve	10	Nth Suburbs	6:11	14	
15 Rogers, Sophie	10	Sutherland D	6:12	15	
16 Kuruc, Valentina	10	Ryde Athleti	6:15	16	
17 Bloem, Olivia	10	Hills Distri	6:16	17	
18 Massaro, Emilia	10	Nth Suburbs	6:19	18	
19 Woods, Diva	10	Eschol Park	6:22	19	
20 Daymond, Jassmin	10	Macquarie Hu	6:24	20	
21 McKenzie, Marley	10	Hills Distri	6:26	21	
22 Coyte, Rebecca	10	Kurrajong Bilpin	6:31	22	
23 Charlton, Genevieve	10	Woy Woy Peni	6:32	23	
24 Sassen, Olivia	10	Parramatta C	6:33	24	
25 Cutro, Sofia	10	Helensburgh	6:34	25	
26 Lubke, Emma	10	Balmain Athl	6:34	26	
27 Hole, Millie	10	Mosman Athle	6:35	27	
28 Jessup, Paige	10	Adamstown Ne	6:36	28	
29 Marchant, Pyper	10	Hills Distri	6:40	29	
30 Burns, Annie	10	Holroyd	6:40	30	

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**Results**

31 Koot, Sarah-anne	10	Cherrybrook	6:47	31
32 Heke, Tiana	10	Springwood	6:51	32
33 Barroccu, Ava	10	Cherrybrook	6:58	33
34 Walsh, Hayley	10	Bankstown Sp	7:00	34
35 Court, Emersyn	10	Camden Athle	7:00	35
36 Pritchard, Ivy	10	Tamworth Ath	7:01	36
37 Webber, Ashlynn	10	Winston Hills	7:02	37
38 Pyda, Olivia	10	Bankstown Sp	7:06	38
39 Baptist, Madeline	10	Bankstown Sp	7:06	39
40 Trinh, Alyssa	10	St. George D	7:11	40
41 Rollo, Jade	9	Parramatta C	7:12	41
42 Topalidis, Carina	10	Bankstown Sp	7:23	42
43 Tuyau, Matilda	10	Winston Hills	7:29	43
44 Torrens, Samantha	10	Winston Hills	7:30	44
45 Rollo, Jasanene	9	Parramatta C	7:36	45
46 Burns, Imogen	10	Holroyd	7:39	46
47 Godwin, Elizabeth	10	Glenbrook At	7:45	47
48 Geelan, Tahlia	10	Cherrybrook	7:49	48

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
1	Woy Woy Peninsula Athle A	25	5	7	13						
	Total Time:	17:47.00									
	Average:	5:55.67									
2	Sutherland District Ath	26	1	10	15						
	Total Time:	17:42.00									
	Average:	5:54.00									
3	Nth Suburbs	35	3	14	18						
	Total Time:	18:05.00									
	Average:	6:01.67									
4	Hills District Athletic A	40	2	17	21						
	Total Time:	18:15.00									
	Average:	6:05.00									
5	Parramatta City Track &	110	24	41	45						
	Total Time:	21:21.00									
	Average:	7:07.00									
6	Bankstown Sports Athlet A	111	34	38	39						
	Total Time:	21:12.00									
	Average:	7:04.00									
7	Cherrybrook Senior & Li	112	31	33	48						
	Total Time:	21:34.00									
	Average:	7:11.34									
8	Winston Hills	124	37	43	44						
	Total Time:	22:01.00									
	Average:	7:20.34									

**Event 9 Boys U 3k Run CC U14**

Name	Age	Centre	Final	Points	Alternate
Under 13 Results 3000 Run					
1 Waide, Jack	12	Illawong and	10:14	1	
2 Ward, Tayne	12	Kembla Joggers Inc.	10:19	2	
3 Timbrell, Max	12	Kembla Joggers Inc.	10:41	3	
4 Offord, Joel	12	Kembla Joggers Inc.	11:06	4	
5 Gibson, Zac	12	Camden Athle	11:26	5	
6 Cantlon, Joseph	12	Sutherland D	11:35	6	
7 Bradford, Daniel	12	Cherrybrook	11:44	7	
8 Heke, Taniora	12	Blue Mountai	11:52	8	
9 Mills, Alex	12	Cherrybrook	12:05	9	
10 Semaganda, Zachary	12	Cherrybrook	12:15	10	
11 Baptit, Lachlan	12	Bankstown Sp	12:41	11	
12 Booth, Owen	12	Hooked on Ru	12:42	12	

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**Results**

13 Haber, Nicholas	12 Nepean Distr	12:59	13
14 Balnave, Ren-Shyan	12 Athletics East	13:01	14
15 Karaman, Aidan	12 St. George D	13:07	15
16 Abou Ghaida, Mason	12 Bankstown Sp	13:25	16
17 Franklin-Browne, Kieran	12 Unattached	13:26	17
18 Cross, Lucas	12 Sutherland D	13:32	18
19 Mckenzie, Ethan	12 Bankstown Sp	13:36	19
20 corvalan., cristobal	12 Girraween At	14:44	20

Under 14 Results 3000 Run

1 Habler, Bailey	13 Randwick Bot	9:57	1
2 Hart, Hamish	13 Mingara Athl	10:04	2
3 Thomas, Benjamin	13 Hills Distri	10:19	3
4 Christian, Theo	13 Trinity Athl	10:21	4
5 Laycock, Andrew	13 Asics Wests	10:33	5
6 Cooper, William	13 Trinity Athl	10:33	6
7 Giason, Ben	13 Kembla Joggers Inc.	10:38	7
8 Jessep, Tom	13 Trinity Athl	10:39	8
9 Gordon, Rafi	13 Sydney Strid	10:43	9
10 Holland, Jai	13 Bankstown Sp	10:46	10
11 Shaw, Isaac	13 Kembla Joggers Inc.	10:50	11
12 Sarkies, Wilson	13 Hooked on Ru	10:50	12
13 Dobson, Max	13 Sutherland D	10:54	13
14 Smith, William	13 Balmain Athl	10:57	14
15 Smith, James	13 Balmain Athl	10:58	15
16 Meakin, Noah	13 Sutherland D	10:59	16
17 Dobson, Alec	13 Nowra Athlet	11:02	17
18 Dorahy, Thomas	13 Hills Distri	11:04	18
19 Stanfield, Lachlan	13 Randwick Bot	11:08	19
20 Hanna, Ashton	13 Ryde Athleti	11:11	20
21 Gorman, Cameron	13 Sydney Strid	11:19	21
22 Hamilton, Thomas	13 Bankstown Sp	11:20	22
23 O'Neill, Angus	13 Kembla Joggers Inc.	11:31	23
24 Maher, Sam	13 Nowra Athlet	11:34	24
25 Loane, Duncan	13 U.T.S. North	11:40	25
26 Elbourne, Brody	13 Randwick Bot	11:42	26
27 Ferrier, Cameron	13 Asics Wests	11:44	27
28 Hyde, Nicholas	13 Sydney Strid	11:57	28
29 Pyda, Raven	13 Westfields A	12:37	29
30 Collinson, William	13 Sydney Strid	12:40	30
31 Hills, Jonathan	13 Hills Distri	13:03	31
32 Stancic, Harry	13 Blacktown Ci	13:11	32

**Event 10 Girls U 3k Run CC U14**

Name	Age Centre	Final	Points Alternate
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Under 13 Results 3000 Run

1 Stewart, Imogen	12 Illawong and	10:41	1
2 Carey, Eloise	12 St. George D	11:25	2
3 Kalamvokis, Alexandria	12 Illawong and	11:28	3
4 Field, Alexandra	12 Illawong and	11:31	4
5 Gocher, Jessica	12 Sydney Strid	11:42	5
6 Pomery, Grace	12 Kembla Joggers Inc.	11:47	6
7 Doubell, Montana	10 Kembla Joggers Inc.	12:00	7
8 Bauer, Keira	11 St. George D	12:01	8
9 Hassan, Jessica	11 Kembla Joggers Inc.	12:07	9
10 Wickham, Holly	12 Sydney Strid	12:08	10
11 Arnott, Charlie	12 Sydney Strid	12:10	11
12 Cooper, Bella	11 Sutherland D	12:12	12
13 Bradbury, Maeve	11 Kembla Joggers Inc.	12:19	13
14 Wooldridge, Mia	11 Kembla Joggers Inc.	12:26	14
15 Thomas, Emma	12 Parramatta C	12:33	15
16 Fry, Mia	12 Mosman Athle	12:41	16



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**Results**

17 Richter, catherine	12 Unattached	12:42	17
18 Eskridge, Keyra	10 Kembla Joggers Inc.	12:51	18
19 Milbourn, Charlotte	12 Trinity Athl	12:58	19
20 Sinclair, Alexandra	12 Sydney Strid	12:58	20
21 Hunter, Teagan	12 Westfields A	13:06	21
22 Dransfield, Alexandra	12 U.T.S. North	13:37	22
23 Meyers, Calany	12 Kembla Joggers Inc.	14:15	23
24 Farrell, Isabella	12 Prestons Robins	15:26	24
25 Topalidis, Elana	12 Bankstown Sp	16:23	25
26 Pellarini, Grace	11 Ku-Ring-Gai	48:44	26

**Under 14 Results 3000 Run**

1 Monk, Montana	13 Macquarie Hu	10:51	1
2 Quigley, Lacie	13 Macquarie Hu	11:00	2
3 Olson-Keating, Emma	13 Balmain Athl	11:08	3
4 Bird, Jessica	13 Asics Wests	11:20	4
5 Ferenczi, Sophie	13 Randwick Bot	11:23	5
6 Dowsett, Kaylee	13 Macquarie Hu	11:24	6
7 Court, Mackenzie	13 Camden Athle	11:33	7
8 Pernecker, Ashley	13 Mingara Athl	11:36	8
9 Mood, Casey	13 Sutherland D	11:47	9
10 Cook, Kristen	13 Asics Wests	11:57	10
11 Arcus, Georgia	13 Ryde Athleti	12:01	11
12 Honore, Ava	13 Westfields A	12:02	12
13 Jones, Charlotte	13 St. George D	12:13	13
14 Dunn, Abbey	13 Bankstown Sp	12:14	14
15 Barnett, Eleanor	13 Kotara South	12:19	15
16 Elliott, Grace	13 St. George D	12:32	16
17 Sivills, Olivia	13 Kembla Joggers Inc.	12:39	17
18 Price, Arabella	13 Ryde Athleti	12:43	18
19 Stanley, Casey	13 St. George D	12:43	19
20 Castelino, Trisha	13 Hills Distri	12:45	20
21 Grosvenor, Skye	13 Epping Distr	12:55	21
22 Gitto, Jayde	13 Kembla Joggers Inc.	12:59	22
23 Dalrymple, Michaela	13 Campbelltown	13:47	23
24 McNair, Lily-Jean	13 Bankstown Sp	14:59	24
25 Hamilton, Erin	13 Asics Wests	15:12	25
26 Darwiche, Emanie	13 Bankstown Sp	17:11	26
27 O'Brien, Jessica	13 Girraween At	18:03	27

**Event 11 Boys U 2000 Metre Run CC U11**

Name	Age Centre	Final	Points Alternate
1 Dransfield, Evan	11 Nth Suburbs	7:03	1
2 Leadbeatter, Ty	11 Macquarie Hu	7:06	2
3 Barnes, Nicholas	11 Mosman Athle	7:07	3
4 Verco, George	11 Randwick Bot	7:07	4
5 Worell, Tye	11 Macquarie Hu	7:23	5
6 Hinds, Joe	11 Nth Illawarra	7:26	6
7 Young, Orrin	11 Port Hacking	7:29	7
8 Millionis, Kosta	11 Sutherland D	7:31	8
9 Walsh, Liam	11 Bankstown Sp	7:31	9
10 Krayem, Zac	11 Bankstown Sp	7:35	10
11 Hamilton, Ethan	11 Macquarie Hu	7:37	11
12 Woodhouse, Nicholas	11 Nth Rocks Ca	7:43	12
13 Rees, Tate	11 Springwood	7:43	13
14 Magnery, Luka	11 Macquarie Hu	7:50	14
15 Sheehan, Daniel	11 Holroyd	7:59	15
16 Whatman, Angus	11 Unattached	8:03	16
17 Young, Gordon	11 South Eastern	8:17	17
18 Coburn, Liam	11 Emu Plains	8:21	18
19 Barns, Brodie	11 Bankstown Sp	8:28	19
20 Horley, Cooper	11 Unattached	8:37	20

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**Rydalmere**

**Results**

21 Gonzalez, Xavier	11 Balmain Athl	8:53	21
22 Payne, Brodie	11 Winston Hills	8:58	22
23 Tetur, Jacob	11 Campbelltown	9:05	23
24 Murphy, Liam	11 Glenbrook At	9:18	24
25 Darwiche, Muhammad	11 Bankstown Sp	9:28	25
26 Mauger, Connor	11 Winston Hills	10:47	26
27 Williams, Jacob	11 Kandos Rylstone	11:23	27

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
1	Macquarie Hunter Athlet A	18	2	5	11						
	Total Time:	22:06.00									
	Average:	7:22.00									
2	Bankstown Sports Athlet A	38	9	10	19						
	Total Time:	23:34.00									
	Average:	7:51.34									

**Event 12 Girls U 2000 Metre Run CC U11**

Name	Age	Centre	Final	Points	Alternate
1 Toohey, Mia	11	Sutherland D	7:21	1	
2 Jarvis, Hannah	11	Macquarie Hu	7:35	2	
3 Kingsmill, Ingrid	11	Nth Suburbs	7:40	3	
4 Greenhalgh, Olivia	11	Milton Ulladulla	7:43	4	
5 Banks, Zoe	11	Manly Warringah	7:47	5	
6 Gocher, Jessica	11	Unattached	7:59	6	
7 Mishkarudnaya, Stephanie	11	Inner West	8:00	7	
8 Gentle, Tara	11	Illawong and	8:01	8	
9 Doran, Poppy	11	Adamstown Ne	8:04	9	
10 Boughton, Milly	11	Eastern Suburbs LA	8:05	10	
11 Munroe, Ella	11	Hills Distri	8:06	11	
12 Schempp, Talia	11	Jamison	8:11	12	
13 Wright, Sienna	11	St. George D	8:12	13	
14 Beck, Ellie	11	Ku-Ring-Gai	8:15	14	
15 Holmes, Keeley	11	Manly Warringah	8:17	15	
16 Christou, Isabella	11	Holroyd	8:18	16	
17 Christou, Nicola	11	Holroyd	8:19	17	
18 Crowley, Sarah	11	Hills Distri	8:26	18	
19 Latanis, Georgie	11	St. George D	8:26	19	
20 MacPherson, Lili	11	St. George D	8:31	20	
21 Robinson, Olivia	11	Sutherland D	8:32	21	
22 Papalexion, Marianne	11	Tuggerah Lak	8:33	22	
23 Mathieson, Holly	11	Sutherland D	8:43	23	
24 Argall, Kate	11	Helensburgh	8:52	24	
25 Hardy, Chynna	11	Helensburgh	8:57	25	
26 Hardy, Ava	11	Helensburgh	9:02	26	
27 Webber, Kailey	11	Winston Hills	9:06	27	
28 Nadaya-Harb, Audrey	11	Winston Hills	9:13	28	
29 Nilon, Isabelle	11	Nth Rocks Ca	9:19	29	
30 Tarbotton, Charlotte	11	Campbelltown	9:25	30	
31 Torrens, Chelsey	11	Winston Hills	9:27	31	
32 Perry, Angelina	11	Nth Rocks Ca	9:31	32	
33 Bowers, Nicole	11	Sutherland D	9:35	33	
34 Schultz, Hayley	11	Hills Distri	9:48	34	
35 Lee, Annika	11	Ku-Ring-Gai	10:03	35	
36 Byatt, Laelia	11	Girraween At	10:11	36	
37 Hoskin, Anneka	11	Nth Rocks Ca	10:48	37	
38 Grant, Zamika	11	Eastlakes	11:25	38	
39 Steele-Minett, Bella	11	Tuggerah Lak	12:05	39	

**2017 XCC Short Course - 2/07/2017**

**Rydalmere**

**Results**

Team Scores

Rank	Team	Total	1	2	3	*4	*5	*6	*7	*8	*9
1	Sutherland District Ath A	45	1	21	23						
	Total Time:	24:36.00									
	Average:	8:12.00									
2	St. George District Ath	52	13	19	20						
	Total Time:	25:09.00									
	Average:	8:23.00									
3	Hills District Athletic	63	11	18	34						
	Total Time:	26:20.00									
	Average:	8:46.67									
4	Helensburgh & District	75	24	25	26						
	Total Time:	26:51.00									
	Average:	8:57.00									
5	Winston Hills	86	27	28	31						
	Total Time:	27:46.00									
	Average:	9:15.34									
6	Nth Rocks Carlingford	98	29	32	37						
	Total Time:	29:38.00									
	Average:	9:52.67									

**Event 13 Boys U 4k Run CC U16**

Name	Age	Centre	Final	Points	Alternate
Under 15 Results 4000 Run					
1 Rockliff, Samuel	14	Asics Wests	13:05	1	
2 Kelly, Daniel	14	Blue Mountai	14:00	2	
3 O'Brien, Liam	14	Hooked on Ru	14:18	3	
4 Fennell, Reyne	14	Kembla Joggers Inc.	14:31	4	
5 Cantlon, Patrick	14	Trinity Athl	14:39	5	
6 Chand, Praneesh	14	Westfields A	14:44	6	
7 Shariff, Rhys	14	Randwick Bot	14:48	7	
8 Boyes, Luke	14	Blue Mountai	14:51	8	
9 Flood, Rhys	14	Bankstown Sp	14:56	9	
10 Hopkins, Blair	14	Camden Athle	15:00	10	
11 Harris, Thomas	14	Sutherland D	15:01	11	
12 Macmillan, Finn	14	St. George D	15:12	12	
13 Sink, Christopher	14	Kembla Joggers Inc.	15:14	13	
14 Doran, Benjamin	14	Newcastle Ru	15:36	14	
15 McTaggart, Thomas	14	Newcastle Ru	15:53	15	
16 Shephard, Ben	14	Bankstown Sp	16:00	16	
17 Ivankovic, Jared	14	Asics Wests	16:18	17	
18 Tyo, Matthew	14	Unattached	16:43	18	
19 Wallace-Smith, Flynn	14	Newcastle Ru	17:13	19	
20 Solomon, Joel	12	Sydney Strid	17:52	20	
21 Mills, William	14	Cherrybrook	18:29	21	
22 Hayes, Jack	12	Cherrybrook	18:44	22	
23 Balnave, He-Shyan	14	Athletics East	19:00	23	
Under 16 Results 4000 Run					
1 Beer, Angus	15	Newington Co	13:00	1	
2 Westhuizen, Mitchell	15	Knox Grammar School	13:24	2	
3 Revai, Ben	15	Randwick Bot	13:28	3	
4 Offord, Dylan	15	Kembla Joggers Inc.	13:35	4	
5 Salter, Cody	15	Camden Athle	13:46	5	
6 Tait, Joshua	15	Knox Grammar School	13:50	6	
7 Olson-Keating, James	15	Balmain Athl	13:51	7	
8 Hince, Luke	15	Kembla Joggers Inc.	13:51	8	
9 Hammond, Kai	15	St. George D	13:54	9	
10 Hungerford, Daniel	15	Kembla Joggers Inc.	13:55	10	
11 Kaye, Logan	15	Trinity Athl	14:08	11	

**2017 XCC Short Course - 2/07/2017****Rydalmere****Results**

12 Xia, Patrick	15 Randwick Bot	14:11	12
13 Brouw, Ethan	15 Trinity Athl	14:14	13
14 Hennessy, Darcy	15 Kembla Joggers Inc.	14:15	14
15 Gorman, Kieran	15 Sydney Strid	14:26	15
16 Van Dyk, Byron	15 Bankstown Sp	14:40	16
17 Pass, Liam	15 Kembla Joggers Inc.	14:41	17
18 Longworth, Hamish	15 Sydney Strid	14:42	18
19 Eskridge, Kyle	15 Kembla Joggers Inc.	14:42	19
20 Mcnaughton, James	15 Illawong and	15:07	20
21 Mardini, Marc	15 Asics Wests	15:20	21
22 Mood, Samuel	15 Sutherland D	15:22	22
23 Redipali, Nikil	15 Girraween At	15:41	23
24 Kingsmill, Curtis	15 Sydney Strid	15:56	24
25 Hine, Thomas	15 Campbelltown	18:19	25

**Event 14 Girls U 4k Run CC U16**

Name	Age Centre	Final	Points Alternate
Under 15 Results 4000 Run			
1 Carey, Lauren	14 St. George D	14:41	1
2 Mahon, Emma	14 Asics Wests	14:57	2
3 Schiffmann, Sarah	14 Tamworth Ath	15:01	3
4 Cerezo, Hannah	14 U.T.S. North	15:04	4
5 Lovlin, Hannah	14 Sydney Strid	15:29	5
6 Tier, Paris	14 Randwick Bot	15:33	6
7 Purcell, Georgie	14 Blue Mountai	15:37	7
8 Sinclair, Ciara	14 Sydney Strid	15:46	8
9 Blanch, Emma	14 St. George D	15:54	9
10 Miller, Eleanor	14 Randwick Bot	15:57	10
11 Ward, Lauren	14 Camden Athle	15:57	11
12 Young, Lauren	14 Asics Wests	16:11	12
13 Schneider, Tayla	14 Sutherland D	16:14	13
14 Tomlinson, Lily	14 Unattached	16:20	14
15 Merriman, Paige	14 Westfields A	16:28	15
16 Seccombe, Indie	14 Sutherland D	16:28	16
17 Wooldridge, Erin	14 Kembla Joggers Inc.	16:46	17
18 Gocher, Emily	14 Sydney Strid	16:57	18
19 Meyers, Keira-Lee	14 Kembla Joggers Inc.	17:17	19
20 Beuzeville, Roxy	14 Unattached	17:34	20
21 Holland, Baylee	14 Bankstown Sp	17:35	21
22 Munroe, Zara	14 Hills Distri	17:43	22
23 Dagher, Sophia	14 Westfields A	18:22	23
24 MacPherson, Emily	14 St. George D	18:56	24
25 Drinkwater, Aleksia	14 Westfields A	19:24	25
26 Silver, Prudence	14 Sydney Pacif	21:25	26

**Under 16 Results 4000 Run**

1 Cameron Hancock, Jaylah	15 Bankstown Sp	14:52	1
2 Sanday, Niamh	15 Hills Distri	15:00	2
3 Woodger, Tiahna	15 Sutherland D	15:02	3
4 Harrison, Piper	15 Randwick Bot	15:22	4
5 Wooldridge, Ella	15 Kembla Joggers Inc.	15:26	5
6 Fordham, Rosie	15 U.T.S. North	15:33	6
7 Lewis, Abbie	15 Ryde Athleti	15:40	7
8 Koudasheva, Elena	15 Hills Distri	15:59	8
9 Gentles, Karlie	15 Kembla Joggers Inc.	16:51	9
10 Ferrier, Caitlyn	15 Asics Wests	17:20	10
11 Woodward, Kaitlin	15 Westfields A	17:33	11
12 Morris, Indeah	15 Kembla Joggers Inc.	18:34	12
13 Flynn, Georgia	15 Sutherland D	18:55	13
14 Wheadon, Cate	15 Asics Wests	19:00	14

**2017 XCC Short Course - 2/07/2017****Rydalmere****Results****Event 15 Girls U 4k Run CC U18**

Name	Age	Centre	Final	Points	Alternate
Under 17 Results 4000 Run					
1 Rockliff, Abbey	16	Asics Wests	14:10	1	
2 Schneider, Emily	16	Sutherland D	15:16	2	
3 Hogg, Olivia	16	Sydney Strid	15:35	3	
4 Fennell, Sian	16	Kembla Joggers Inc.	15:50	4	
5 Gocher, Sophie	16	Ryde Athleti	16:38	5	
6 Brown, Samantha	16	Ryde Athleti	16:48	6	
7 Bell, Kaitlin	16	Glenbrook At	16:51	7	
8 Wilson, Kiahnae	16	Hills Distri	16:53	8	
9 Bennett, Jessica	16	Sutherland D	18:19	9	
10 Damm, Gabrielle	16	Ryde Athleti	18:54	10	
11 Arentz, Beth	16	Sutherland D	19:16	11	
12 Scott, Belinda	16	Asics Wests	19:44	12	
13 Jones, Isabella	16	Mingara Athl	19:51	13	
14 Hogg, Ashleigh	16	Illawarra Bl	25:45	14	

**Under 18 Results 4000 Run**

1 Heeney, Ella	17	Unattached	14:49	1	
2 Miller, Catherine	17	Asics Wests	15:12	2	
3 Martin, Asha	17	Bankstown Sp	15:42	3	
4 Inglis, Antoinette	17	Kembla Joggers Inc.	15:59	4	
5 Playford, Sarah	17	Ryde Athleti	16:18	5	
6 Durante, Annika	17	Sutherland D	17:14	6	
7 Flynn, Shauna	17	Kembla Joggers Inc.	17:30	7	
8 Young, Kathleen	17	Macquarie Hu	18:33	8	
9 Flynn, Caitlin	17	Sutherland D	19:38	9	
10 Schofield, Kirrali	17	Balmain Athl	20:25	10	

**Event 16 Women 7500 Metre Run CC Open**

Comp#	Name	Age	Centre	Time	Points
1	Leadbeatter, Angela	41	Newcastle Flyers Runners	28:02	1
2	Witchard, Melinda	31	Sydney University Athleti	28:25	1
3	Simpson, Katelyn	23	Randwick Botany Harriers	28:40	2
4	Croft, Beth	20	Sydney University Athleti	28:47	3
5	Carrier, Marina	21	Sydney University Athleti	29:30	4
6	Vrachliotis, Heather	34	Sydney Pacific Athletic C	31:26	5
7	Holmes, Rebecca	43	Athletics East	31:33	2
8	Chan, Cheryl	22	Sydney University Athleti	31:49	6
9	Karimali-Poulos, Magda	44	Sutherland District Athle	31:53	3
10	Harrington, Suzanne	41	St. George District Athle	31:59	4
11	Abood, elise	25	Sydney University Athleti	32:25	7
12	Molesworth, Lilian	39	Bankstown Sports Athletic	32:30	1
13	Stanley, Karen	53	Illawong and Districts Se	32:38	1
14	Suffolk, Cristine	47	Nowra Athletics Club	32:59	1
15	Hill, Kaitlin	21	Illawong and Districts Se	33:54	8
16	Bilic, Stephanie	38	Bankstown Sports Athletic	34:11	2
17	Witchard, Alison	27	Unattached	34:14	9
18	Sohun, Gillian	47	Athletics East	34:15	2
19	Horley, Kirsten	44	Sydney Pacific Athletic C	35:02	5
20	Kolodziej, Natalie	35	Bankstown Sports Athletic	35:19	3
21	Bolton, Heather	58	Athletics East	35:44	2
22	Monahan, Colette	30	Athletics East	36:07	10
23	Boyd, Jane	54	Athletics East	36:10	3
24	Karaaman, Alia	37	St. George District Athle	36:31	4
25	Hunt, Sally	54	Mingara Athletics Club In	36:39	4
26	Sheehan, Mary	66	Bankstown Sports Athletic	39:18	5
27	Hogg, Jessica	20	Illawarra Blue Stars Athl	39:45	11
28	O'Mara, Anne-Maree	40	Rejoov Runners	39:55	6
29	Helm, Nina	36	Sydney Pacific Athletic C	40:39	5

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30	Tsiamoulis, Jenny	54	Bankstown Sports Athletic	41:18	6
31	Castro, Leidy	33	Bankstown Sports Athletic	41:57	12
32	Mckenzie, Lan	41	Bankstown Sports Athletic	42:51	7
33	Doran, Susie	49	Unattached	43:03	3
34	Christall, Lianne	53	Bankstown Sports Athletic	43:17	7
35	Mason, Lesley	40	Rejoov Runners	44:22	6
36	Penny, Cheryl	51	Bankstown Sports Athletic	45:04	8
37	Re, Margaret	51	Bankstown Sports Athletic	51:16	9
38	Hayter, Terrie	50	Bankstown Sports Athletic	52:46	4
39	Steele, Amanda	37	Bankstown Sports Athletic	57:37	7

**Event 16 Women 7500 Metre Run CC 35+**

Name	Age	Centre	Final	Points	Alternate
35-39 Results 7500 Run					
1	Molesworth, Lilian	39	Bankstown Sp	32:30	1
2	Bilic, Stephanie	38	Bankstown Sp	34:11	2
3	Kolodziej, Natalie	35	Bankstown Sp	35:19	3
4	Karaaman, Alia	37	St. George D	36:31	4
5	Helm, Nina	36	Sydney Pacif	40:39	5
6	Mason, Lesley	39	Rejoov Runners	44:22	6
7	Steele, Amanda	36	Bankstown Sp	57:37	7
40-44 Results 7500 Run					
1	Leadbeatter, Angela	40	Newcastle Fl	28:02	1
2	Holmes, Rebecca	42	Athletics East	31:33	2
3	Karimali-Poulos, Magda	43	Sutherland D	31:53	3
4	Harrington, Suzanne	41	St. George D	31:59	4
5	Horley, Kirsten	43	Sydney Pacif	35:02	5
6	O'Mara, Anne-Maree	40	Rejoov Runners	39:55	6
7	Mckenzie, Lan	40	Bankstown Sp	42:51	7
45-49 Results 7500 Run					
1	Suffolk, Cristine	47	Nowra Athlet	32:59	1
2	Sohun, Gillian	46	Athletics East	34:15	2
3	Doran, Susie	48	Unattached	43:03	3
4	Hayter, Terrie	49	Bankstown Sp	52:46	4
50+ Results 7500 Run					
1	Stanley, Karen	53	Illawong and	32:38	1
2	Bolton, Heather	58	Athletics East	35:44	2
3	Boyd, Jane	53	Athletics East	36:10	3
4	Hunt, Sally	53	Mingara Athl	36:39	4
5	Sheehan, Mary	65	Bankstown Sp	39:18	5
6	Tsiamoulis, Jenny	53	Bankstown Sp	41:18	6
7	Christall, Lianne	53	Bankstown Sp	43:17	7
8	Penny, Cheryl	51	Bankstown Sp	45:04	8
9	Re, Margaret	51	Bankstown Sp	51:16	9

**2017 XCC Short Course - 2/07/2017**

**Rydalmere**

**Results**

**Event 17 Men 7500 Metre Run CC Open**

Comp#	Name		Centre	Time	Points
1	Goddard, Edward (Ed)	20	U.T.S. Northern Suburbs A	23:41	1
2	Cox, Matthew	27	U.T.S. Northern Suburbs A	23:57	2
3	Stapleton, Jack	22	U.T.S. Northern Suburbs A	24:07	3
4	Demspey, Matthew	21	Balmain Athletics Club	24:27	4
5	Dessaix-Chin, Russell	39	Sydney University Athleti	24:49	1
6	Mashford, Martin	30	Randwick Botany Harriers	24:58	5
7	Cooper, Martin	21	Sydney University Athleti	25:03	6
8	Byrne, Sam	21	Randwick Botany Harriers	25:09	7
9	Bowes, Sean	35	University of New South W	25:39	3
10	Balassone, Daniel	26	St. George District Athle	26:09	8
11	Roberts, Richard	49	Asics Wests Track & Field	26:17	1
12	Moore, Dominic	19	Sydney University Athleti	26:22	9
13	Simpson, Mark	20	Illawong and Districts Se	26:39	10
14	Land, Andrew	24	Mingara Athletics Club In	26:40	11
15	Seal, Alexander	21	Kembla Joggers Inc.	26:45	12
16	Cross, Andrew	45	Sutherland District Athle	26:47	2
17	Molesworth, Timothy	38	Bankstown Sports Athletic	26:57	2
18	Brooks, Charles	25	Mingara Athletics Club In	27:04	13
19	Purcell, Darren	47	Blue Mountains Athletics	27:10	3
20	Smith, Stefan	30	Kembla Joggers Inc.	27:21	14
21	Bennett, Nick	46	Sutherland District Athle	27:44	5
22	Stevens, Zak	21	Sydney University Athleti	27:47	15
23	Graves, Gregory	40	Sutherland District Athle	27:50	1
24	O'Brien, Earl	32	Blue Mountains Athletics	27:55	16
25	Wade, Adrian	45	Ryde Athletics Centre Inc	28:03	4
26	Moxle, Darren	45	Unattached	28:13	7
27	Harrison, Robert	21	Bankstown Sports Athletic	28:26	17
28	Sheargold, Geoff	31	Girraween Athletics Club	28:39	18
29	Bird, Trent	43	Asics Wests Track & Field	28:49	3
30	Hotham, Joshua	21	Bankstown Sports Athletic	29:02	19
31	Burbaud, Antoine	30	Athletics East	29:12	20
32	Safi, Karl	44	Bankstown Sports Athletic	29:18	4
33	Balnave, Philip	50	Athletics East	29:22	1
34	Doggett, Michael	44	Asics Wests Track & Field	29:28	5
35	Dawson, Campbell	55	Athletics East	29:37	2
36	Shergold, Nathanael	30	Mingara Athletics Club In	29:48	21
37	Sullivan, David	50	St. George District Athle	29:57	3
38	Scholle, Lindsay	49	Asics Wests Track & Field	30:34	6
39	Dawes, Jim	46	Randwick Botany Harriers	31:05	8
40	Berriman, Ben	43	Blue Mountains Athletics	31:11	6
41	Bowers, John	45	Sutherland District Athle	31:24	9
42	Chand, Vateesh	44	Bankstown Sports Athletic	31:37	7
43	Ross, Keegan	21	Asics Wests Track & Field	31:51	22
44	Jones, Andrew	46	St. George District Athle	31:51	10
45	Cooper, Daniel	45	Hills District Athletics	32:05	11
46	Watchorn, Alistair	54	Sutherland District Athle	32:15	4
47	Healy, James	22	Sydney University Athleti	32:19	23
48	Man, Albert	53	Hills District Athletics	32:57	5
49	England, Bryce	53	St. George District Athle	33:04	6
50	O'Reilly, Patrick	52	Randwick Botany Harriers	33:08	7
51	Hynoski, Geoffrey	49	Illawarra Blue Stars Athl	33:21	12
52	Privitera, Mark	53	Bankstown Sports Athletic	33:24	8
53	Mclucas, David	54	Hills District Athletics	33:40	9
54	Alameddine, Louay	40	Bankstown Sports Athletic	33:44	2
55	Hogan, Tony	47	Unattached	34:17	13
56	Mood, Martin	45	Sutherland District Athle	34:33	14
57	Sin, Koon nink	24	Athletics East	35:04	24
58	Howe, Bernard	53	Bankstown Sports Athletic	35:18	10
59	Kistle, David	48	St. George District Athle	36:08	15
60	Cupitt, Bart	45	Bankstown Sports Athletic	36:23	16
61	Sturtz, James	48	Unattached	37:01	17
62	Katsilis, Steve	52	Bankstown Sports Athletic	37:24	11

**2017 XCC Short Course - 2/07/2017****Rydalmere****Results**

63	Davie, EJ	46	Sydney Striders Road Runn	37:44	18
64	Gibson, Mark	47	Hills District Athletics	37:52	19
65	Longworth, Jeremy	51	Bankstown Sports Athletic	38:07	12
66	Sinibaldi, Tony	48	Bankstown Sports Athletic	38:33	20
67	Schofield, Glen	54	Unattached	39:52	13
68	Duncan, Alister	52	Bankstown Sports Athletic	40:15	14
69	Salazar Herreno, Ismael	32	Bankstown Sports Athletic	41:39	25

**Event 17 Men 7500 Metre Run CC 35+**

Name	Age	Centre	Final	Points	Alternate
35-39 Results 7500 Run					
1	Dessaix-Chin, Russell	39	Sydney Unive	24:49	1
2	Molesworth, Timothy	38	Bankstown Sp	26:57	2
3	Alameddine, Louay	39	Bankstown Sp	33:44	3
40-44 Results 7500 Run					
1	Graves, Gregory	40	Sutherland D	27:50	1
2	Cross, Andrew	44	Sutherland D	26:47	2
3	Bird, Trent	43	Asics Wests	28:49	3
4	Safi, Karl	43	Bankstown Sp	29:18	4
5	Wade, Adrian	44	Ryde Athleti	28:03	5
6	Doggett, Michael	44	Asics Wests	29:28	6
7	Berriman, Ben	42	Blue Mountai	31:11	7
8	Moxle, Darren	44	Unattached	28:13	8
9	Chand, Vateesh	43	Bankstown Sp	31:37	9
45-49 Results 7500 Run					
1	Roberts, Richard	49	Asics Wests	26:17	1
2	Purcell, Darren	46	Blue Mountai	27:10	2
3	Bennett, Nick	45	Sutherland D	27:44	3
4	Scholle, Lindsay	49	Asics Wests	30:34	4
5	Dawes, Jim	46	Randwick Bot	31:05	5
6	Bowers, John	45	Sutherland D	31:24	6
7	Jones, Andrew	46	St. George D	31:51	7
8	Cooper, Daniel	45	Hills Distri	32:05	8
9	Hynoski, Geoffrey	48	Illawarra Bl	33:21	9
10	Hogan, Tony	46	Unattached	34:17	10
11	Mood, Martin	45	Sutherland D	34:33	11
12	Kistler, David	48	St. George D	36:08	12
13	Cupitt, Bart	45	Bankstown Sp	36:23	13
14	Sturtz, James	48	Unattached	37:01	14
15	Davie, EJ	46	Sydney Strid	37:44	15
16	Gibson, Mark	47	Hills Distri	37:52	16
17	Sinibaldi, Tony	48	Bankstown Sp	38:33	17
50+ Results 7500 Run					
1	Balnave, Philip	50	Athletics East	29:22	1
2	Dawson, Campbell	55	Athletics East	29:37	2
3	Sullivan, David	50	St. George D	29:57	3
4	Watchorn, Alistair	53	Sutherland D	32:15	4
5	Man, Albert	52	Hills Distri	32:57	5
6	England, Bryce	52	St. George D	33:04	6
7	O'Reilly, Patrick	51	Randwick Bot	33:08	7
8	Privitera, Mark	53	Bankstown Sp	33:24	8
9	Mclucas, David	54	Hills Distri	33:40	9
10	Howe, Bernard	52	Bankstown Sp	35:18	10
11	Katsilis, Steve	51	Bankstown Sp	37:24	11
12	Longworth, Jeremy	50	Bankstown Sp	38:07	12
13	Schofield, Glen	54	Unattached	39:52	13
14	Duncan, Alister	51	Bankstown Sp	40:15	14



## 2017 XCC Short Course - 2/07/2017

### Rydalmere

### Results

#### Event 18 Men 5k Run CC 55+

Name	Age	Centre	Final	Points	Alternate
<b>55-59 Results 5000 Run</b>					
1 Carvalho, Jose	58	St. George D	18:37	1	
2 Byrne, Peter	58	Hills Distri	20:36	2	
3 Terranova, Nicolas	59	Hills Distri	21:21	3	
4 Cozijnsen, Ronald	55	Sutherland D	21:25	4	
5 Sharpe, Brad	56	U.T.S. North	21:32	5	
6 Rose, Ian David	58	Hills Distri	21:40	6	
7 Mullen, Chris	56	St. George D	21:45	7	
8 Loane, Kim	55	U.T.S. North	22:02	8	
9 Tse, Thomas	55	Bankstown Sp	22:07	9	
10 Mortimer, Michael	59	Bankstown Sp	22:12	10	
11 Boyle, Brad	57	Bankstown Sp	23:16	11	
12 Simpson, Robert	56	St. George D	23:58	12	
13 Whitbread, Colin	58	Bankstown Sp	24:15	13	
14 Hannell, Paul	57	Sydney Strid	24:26	14	
15 MacMillan, Ross	56	Sutherland D	24:48	15	
16 Durrant, Michael	59	Bankstown Sp	25:02	16	
17 Parkins, Stephen	56	Girraween At	25:53	17	
18 Milliss, Mark	57	Girraween At	30:35	18	
<b>60-64 Results 5000 Run</b>					
1 Riches, David	60	Bankstown Sp	19:01	1	
2 Wylie, Dennis	64	Hills Distri	20:08	2	
3 Pappas, Steve	60	Bankstown Sp	20:24	3	
4 Delaney, Kim	60	St. George D	21:49	4	
5 Kolodziej, Richard	63	Bankstown Sp	22:22	5	
6 Degabriele, Joe	62	Sydney Strid	23:53	6	
7 Beck, David	61	St. George D	24:22	7	
8 Wong, Patrick	61	Bankstown Sp	25:37	8	
9 Sheargold, Graham	62	Girraween At	26:42	9	
10 Darby, Geoff	62	Sutherland D	26:54	10	
11 Kilham, Michael	60	Bankstown Sp	27:46	11	
12 Tognini, Ricardo	64	Bankstown Sp	30:26	12	
13 Burns, David	64	Sutherland D	31:17	13	
<b>65-69 Results 5000 Run</b>					
1 Schwebel, Ron	65	Sydney Strid	20:29	1	
2 Dwyer, Christopher	65	Hills Distri	20:32	2	
3 Cassettari, Peter	68	Bankstown Sp	22:06	3	
4 Buttigieg, Joseph	68	Hills Distri	22:54	4	
5 Walton, John	69	Bankstown Sp	23:08	5	
6 Williams, Dennis	68	Hills Distri	23:28	6	
7 Cox, Milton	67	Nowra Athlet	24:39	7	
8 Wills, Kev	66	Asics Wests	25:02	8	
9 Fitzpatrick, Peter	68	St. George D	28:12	9	
10 Sutton, Richard	66	Bankstown Sp	29:07	10	
<b>70-74 Results 5000 Run</b>					
1 Scorzelli, Frank.	70	St. George D	21:33	1	
2 Livingstone, Ray	71	St. George D	24:01	2	
3 Wright, Noel	70	Hills Distri	24:02	3	
4 Beahan, Gavin	70	Bankstown Sp	29:15	4	
5 Millett, Raymond	73	St. George D	30:02	5	
6 Stitzinger, Ronald	71	Bankstown Sp	37:17	6	
<b>75+ Results 5000 Run</b>					
1 Harrison, Jim	76	Bankstown Sp	26:46	1	
2 Ulloa, Abdon	78	Bankstown Sp	29:46	2	
3 Hillsdon, Roger	78	Bankstown Sp	32:19	3	
4 Perry, Ronald	77	Athletics Wo	34:07	4	
5 Hernandez, Julio	76	Bankstown Sp	40:54	5	

**2017 XCC Short Course - 2/07/2017****Rydalmere****Results****Event 19 Women 5k Run CC 55+**

Name	Age Centre	Final	Points	Alternate
55-59 Results 5000 Run				
1 Drennan, Deborah	59 U.T.S. North	24:12	1	
2 Petley, Karen	58 Hills Distri	24:31	2	
3 Chenery, Susan	59 Bankstown Sp	27:05	3	
4 Lee, Silvia	55 Sydney Strid	27:48	4	
5 Joannides, Desie	55 Bankstown Sp	30:46	5	
60-64 Results 5000 Run				
1 Roediger, Rosemary	63 Hills Distri	22:56	1	
2 Jessop, Gina	63 Bankstown Sp	25:37	2	
3 Cox, Cathy	61 Bankstown Sp	26:24	3	
4 Allen, Joy	61 St. George D	29:23	4	
65-69 Results 5000 Run				
1 Perry, Rosalind	65 Athletics Wo	31:25	1	

**Event 20 Boys U 5k Run CC U18**

Name	Age Centre	Final	Points	Alternate
Under 17 Results 5000 Run				
1 Fryer, Drew	16 Randwick Bot	16:22	1	
2 Young, Luke	16 Macquarie Hu	16:40	2	
3 Griffiths, Sam	16 Kembla Joggers Inc.	16:44	3	
4 Raimond, Oli	16 Sutherland D	16:48	4	
5 De Bruyn, Billy	16 Koorringal -W	17:08	5	
6 Martin, Zac	16 Mingara Athl	17:13	6	
7 Vlatko, Anthony	16 Randwick Bot	17:26	7	
8 Davies, Thomas	16 Sydney Strid	17:27	8	
9 Bishop, Benjamin	16 Trinity Athl	17:45	9	
10 Turner, Cody	16 Camden Athle	18:12	10	
11 Madden, Jakob	16 Mingara Athl	18:15	11	
12 Gair, William	16 Sutherland D	18:40	12	
13 Gosper, Luke	16 Bankstown Sp	19:34	13	
14 Cole, Fergus	16 Sydney Strid	20:20	14	
15 Parsons, Mitchell	16 Westfields A	20:22	15	
16 Gardiner, Peter	16 Sydney Strid	21:11	16	
Under 18 Results 5000 Run				
1 Sharp, Jackson	17 Blue Mountai	16:06	1	
2 Seal, James	17 Kembla Joggers Inc.	16:07	2	
3 Penman, Darcy	17 U.T.S. North	16:33	3	
4 Lang, Callam	17 Macquarie Hu	16:47	4	
5 Lynch, Bryn	17 Sydney Strid	16:53	5	
6 Been, Gregory	17 St. George D	17:04	6	
7 Dobson, Hugh	17 Nowra Athlet	17:05	7	
8 Khoo, Otto	17 Balmain Athl	17:10	8	
9 Doris, Jordan	17 Bankstown Sp	18:05	9	
10 Koudashev, Ivan	17 Hills Distri	18:09	10	
11 Brink, Marcus	17 Hills Distri	18:21	11	
12 Mahon, Max	17 Asics Wests	18:23	12	
13 Brown, Hayden	17 Bankstown Sp	19:07	13	
14 Walsh, Emmett	17 Kembla Joggers Inc.	19:38	14	
15 Hogan, Ryan	17 Cherrybrook	20:00	15	
16 Silver, Joshua	17 Sydney Pacif	20:02	16	
17 Gale-Re, Tim	17 Bankstown Sp	25:54	17	

**2017 XCC Short Course - 2/07/2017****Rydalmere****Results****Event 21 Men 5k Run CC U20**

Name	Age	Centre	Final	Points	Alternate
1 Phillips, Joshua	18	Sydney Strid	15:37	1	
2 Facioni, Zachary	18	Randwick Bot	15:52	2	
3 Trippas, Edward	19	Bankstown Sp	15:58	3	
4 Wade, Harrison	18	Ryde Athleti	16:06	4	
5 Scarr, Matthew	19	Mingara Athl	16:25	5	
6 Music, Stefan	19	Randwick Bot	16:26	6	
7 Morris, Eligh	18	Kembla Joggers Inc.	16:30	7	
8 Schofield, Jayden	18	Balmain Athl	16:32	8	
9 Schofield, Luke	18	Balmain Athl	16:32	9	
10 Campion, Matthew	18	Armidale Ath	16:41	10	
11 Keir, William	18	Randwick Bot	16:47	11	
12 MacLeod, Callan	18	Mingara Athl	16:58	12	
13 Simson, Luke	18	Sydney Strid	17:01	13	
14 Hamilton, Scotti	19	Kembla Joggers Inc.	17:17	14	
15 Whittington, Troy	18	Nowra Athlet	17:22	15	
16 Jagger, Benjamin	19	Sydney Strid	17:29	16	
17 Glynn, Trent	18	Bankstown Sp	17:35	17	
18 Atkinson, Will	18	Asics Wests	17:39	18	
19 Watchorn, Daniel	19	Sutherland D	17:41	19	
20 Reily, Kieran	18	Unattached	17:49	20	
21 Beetson, Ryan	18	Randwick Bot	17:52	21	
22 Bottrill, James	18	Bankstown Sp	18:01	22	
23 Katsilis, Nicholas	18	Bankstown Sp	18:32	23	
24 Mills, Jack	18	Sydney Strid	19:00	24	
25 Dueza, Ryan	18	Westfields A	20:10	25	
26 Angus, Dodd	18	Asics Wests	20:19	26	
27 Simpson, Mathew	18	St. George D	27:10	27	

**Event 22 Women 5k Run CC U20**

Name	Age	Centre	Final	Points	Alternate
1 Hamilton, Lara	19	Sydney Unive	17:53	1	
2 Evans, Georgia	18	Randwick Bot	18:36	2	
3 Harding-Delooze, Lily	19	Randwick Bot	18:46	3	
4 Preeo, Hannah	18	Kembla Joggers Inc.	19:09	4	
5 Guo, Jessica	18	Sutherland D	19:20	5	
6 Williams, Rumer	18	Bankstown Sp	20:14	6	
7 Garrick, Jasmyrn	18	Asics Wests	21:29	7	
8 McCalman, Jemima	18	Asics Wests	21:54	8	