

LITTLE ATHLETICS ASSOCIATION OF NEW SOUTH WALES INC



1992

STATE CROSS COUNTRY CHAMPIONSHIPS  
+ ROAD WALKS

MT PENANG TRAINING CENTRE, KARIONG

Sunday, July 19, 1992



# RESULTS

LITTLE ATHLETICS ASSOCIATION OF NEW SOUTH WALES INC.

**STATE CROSS COUNTRY**

Mt Penang Training Centre, Kariiong, July 19, 1992

BOYS

UNDER 7 - 800m

GIRLS

STATE

1. B Ryan	Parramatta	2:56.1	1. A Bornaston	Liverpool	3:11.4
2. C Burnett	Ku-Ring-Gai	2:57.7	2. K Great	Nepean	3:14.1
3. J Small	Terrigal/Wamb.	2:58.1	3. K Venzlauskas	Nepean	3:22.5
4. A Bennett	Winston Hills	3:12.9	4. J Ashby	Hills District	3:24.3
5. D Morris	Gosford	3:14.0	5. M Dolton	Prospect	3:27.0
6. C Rotondo	Parramatta	3:17.1	6. E Schmid	Girraween	3:27.5
7. T Geyteman	Richmond	3:17.6	7. K Manty	Wollondilly	3:33.4
8. B Miller	Tuggerah Lakes	3:17.8	8. D Paretta	Nth Districts	3:35.4

COUNTRY

1. J Small	Terrigal/Wamb.	2:58.1	1. K Manty	Wollondilly	3:33.4
2. D Morris	Gosford	3:14.0	2. L Quick	Gosford	3:37.3
3. B Miller	Tuggerah Lakes	3:17.8	3. S Myers	Woy Woy	3:38.9

STATE TEAMS

1. Parramatta	Nil Teams
2. Woy Woy	
3. North Rocks/Carlingford	

29 competitors - 19 Met; 10 Country

21 competitors - 14 Met; 7 Country

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U8 BOYS - 800m

STATE

1. A Craddock	Camden	2:43.7	1. A Murphy	Woy Woy	2:53.8
2. C Browne	Blacktown	2:46.3	2. A Kay	Lake Illawarra	2:56.3
3. B McLean	Colyton/St Clair	2:46.5	3. K Drennan	Winston Hills	2:56.6
4. P Rickaby	Springwood	2:48.5	4. M Jenkins	Nepean	2:56.8
5. D Tracke	Randwick/Botany	2:52.6	5. A Bartle	Lake Illawarra	2:58.1
6. L Zapatero	Winston Hills	2:52.9	6. S Lingard	Ku-Ring-Gai	2:59.3
7. F Lapierre	Blacktown	2:54.2	7. L Kilham	Eastlakes	3:03.3
8. M Edwards	Parramatta	2:55.0	8. K Watkins	Albion Park	3:04.1

COUNTRY

1. P Rickaby	Springwood	2:48.5	1. A Murphy	Woy Woy	2:53.8
2. B Ambrose	Kurrajong/Bilpin	2:57.5	2. A Kay	Lake Illawarra	2:56.3
3. L Robinson	Gosford	3:11.9	3. A Bartle	Lake Illawarra	2:58.1

STATE TEAMS

1. Blacktown	1. Winston Hills
2. Parramatta	2. Ku-Ring-Gai
3. Bankstown	

33 competitors - 25 Met; 8 Country

30 competitors - 18 Met; 12 Country

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BOYS

GIRLS

UNDER 9 - 1500m

STATE

1. A O'Neill	Koorringal	5:22.7	1. L Antill	Ku-Ring-Gai	5:44.5
2. B Small	Terrigal/Wamb.	5:25.2	2. T Jones	Muswellbrook	5:55.3
3. T Ainsworth	Albion Park	5:29.6	3. K Forbes	Cessnock	5:56.7
4. J McMaster	Woy Woy	5:37.2	4. E Hardes	Wallsend	5:58.1
5. T Richardson	Springwood	5:39.4	5. M Daniels	Hornsby	6:04.5
6. M Cleary	Mt Druitt	5:44.6	6. K Masters	Bowral	6:06.3
7. C McCracken	Tuggerah Lakes	5:45.6	7. A Tonkin	Hills District	6:07.3
8. R Neist	Tuggerah Lakes	5:47.5	8. S Jakob	Glenbrook	6:09.5

COUNTRY

1. A O'Neill	Koorringal	5:22.7	1. T Jones	Muswellbrook	5:55.3
2. B Small	Terrigal/Wamb.	5:25.2	2. K Forbes	Cessnock	5:56.7
3. T Ainsworth	Albion Park	5:29.6	3. E Hardes	Wallsend	5:58.1

STATE TEAMS

1. Ku-Ring-Gai	1. Wallsend
2. Parramatta	2. Hills District
3. Winston Hills	3. Bankstown

44 competitors - 25 Met; 19 Country

46 competitors - 32 Met; 14 Country

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UNDER 10 - 1500m

STATE

1. D Geddes	Manly/Warringah	5:16.4	1. J Hodges	Rutherford	5:32.0
2. T Webster	Harden/Murr	5:16.9	2. M French	Nepean	5:32.9
3. S Jones	Tuggerah Lakes	5:18.5	3. J Batterley	Nth Districts	5:40.3
4. J Leavens	Randwick/Botany	5:20.0	4. K Burnell	Penrith	5:46.2
5. M De Pomeroy	Nth Rocks/C'ford	5:25.4	5. E Stratford	Randwick/Botany	5:48.0
6. K Bayvel	Mosman	5:30.0	6. M Pakes	Ku-Ring-Gai	5:50.8
7. J Hart	Ingleburn	5:30.4	7. E Archbold	Ku-Ring-Gai	5:53.4
8. S Fortey	Terrigal/Wamb.	5:31.8	8. A Adams	Wauchope	5:54.7

COUNTRY

1. T Webster	Harden/Murr	5:16.9	1. J Hodges	Rutherford	5:32.0
2. S Jones	Tuggerah Lakes	5:18.5	2. A Adams	Wauchope	5:54.7
3. S Fortey	Terrigal/Wamb.	5:31.8	3. R Kay	Lake Illawarra	5:57.3

STATE TEAMS

1. Winston Hills	1. Ku-Ring-Gai
2. Bankstown	2. Woy Woy
3. Blacktown	3. Smithfield

44 competitors - 28 Met; 16 Country

45 competitors - 30 Met; 15 Country

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**BOYS**

**GIRLS**

**UNDER 11 - 2000m**

**STATE**

1. B Craddock	Camden	7:08.0	1. T Moxham	Kiama	7:41.3
2. G Bible	Armidale	7:11.0	2. K O'Neil	Koorringal	7:52.8
3. N Haines	Manly/Warringah	7:23.5	3. C Smith	Bankstown	7:54.9
4. R Hunt	Nth Illawarra	7:28.8	4. M Johnson	Bankstown	8:07.2
5. A Stokmanis	Colyton/St Clair	7:29.4	5. R Noy	Parramatta	8:08.5
6. A Mackey	Port Hacking	7:31.2	6. D Peel	Winston Hills	8:11.8
7. C Coulter	Wyong	7:33.7	7. N Lewis	Nelson Bay	8:15.5
8. D Kaandorp	Everley Park	7:40.0	8. N Robinson	Bankstown	8:18.6

**COUNTRY**

1. G Bible	Armidale	7:11.0	1. T Moxham	Kiama	7:41.3
2. R Hunt	Nth Illawarra	7:28.8	2. K O'Neil	Koorringal	7:52.8
3. C Coulter	Wyong	7:33.7	3. N Lewis	Nelson Bay	8:15.5

**STATE TEAMS**

1. Port Hacking	1. Bankstown
2. Everley Park	2. Hills District
3. Wallsend	3. Winston Hills

42 competitors - 23 Met; 19 Country

45 competitors - 29 Met; 16 Country

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**UNDER 12 - 2000m**

**STATE**

1. F Dowling	Manly/Warrinagh	6:48.3	1. F Pakes	Ku-Ring-Gai	7:20.1
2. D Beacroft	Blacktown	6:48.6	2. C Fabar	Tiger Wests	7:40.1
3. D Starr	Tuggerah Lakes	7:12.5	3. A Batterham	Westlakes	7:50.0
4. G Bass	Manly/Warringah	7:17.9	4. C Murphy	Manly/Warringah	7:52.1
5. M Durante	Randwick/Botany	7:25.6	5. K Webb	Tamworth	7:57.2
6. S Balding	Rutherford	7:27.9	6. D Hayes	Nth Districts	8:11.6
7. B Johnston	Bowral	7:28.2	7. C McIntosh	Westlakes	8:16.6
8. R Schempp	Nepean	7:29.5	8. A Thorpe	Girraween	8:20.7

**COUNTRY**

1. D Starr	Tuggerah Lakes	7:12.5	1. A Batterham	Westlakes	7:50.0
2. S Balding	Rutherford	7:27.9	2. K Webb	Tamworth	7:57.2
3. B Johnston	Bowral	7:28.2	3. C McIntosh	Westlakes	8:16.6

**STATE TEAMS**

1. Blacktown	1. Westlakes
	2. Girraween
	3. Bankstown

26 competitors - 13 Met; 13 Country

35 competitors - 24 Met; 11 Country

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BOYS

GIRLS

UNDER 13 - 2000m

STATE

1. M Dent	Tuggerah Lakes	6:46.4	1. E Morris	Manly/Warringah	7:26.9
2. D Searle	Liverpool	7:06.0	2. M Crighton	Doonside	7:31.3
3. M Thompson	Hills District	7:08.1	3. C Buckley	Fairfield	7:42.1
4. M Stanford	Manly/Warringah	7:10.6	4. R Deane	Girraween	7:50.3
5. G Hatfield	Albion Park	7:11.4	5. K Phipps	Dubbo	7:50.5
6. C Jongsma	Harden/Murr	7:17.5	6. M Shea	Manly/Warringah	7:52.9
7. P Wallington	Hills District	7:22.1	7. J Williams	Sth Eastern	8:08.5
8. S O'Farrell	Port Hacking	7:27.0	8. S English	Bankstown	8:10.6

COUNTRY

1. M Dent	Tuggerah Lakes	6:46.4	1. K Phipps	Dubbo	7:50.5
2. G Hatfield	Albion Park	7:11.4	2. K Fletcher	Macquarie Shores	8:15.8
3. C Jongsma	Harden/Murr	7:17.5	3. E Coombes	Toukley	8:17.7

STATE TEAMS

1. Hills District	Nil teams
2. Tuggerah Lakes	

19 competitors - 12 Met; 7 Country

16 competitors - 11 Met; 5 Country

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UNDER 14 - 3000m

STATE

1. R Bileckij	Hills District	9:57.3	1. S Sotera	Jensen AA	10:58.9
2. R Johnston	Bowral	9:59.4	2. A Sotera	Jensen AA	10:59.9
3. C Wood	Nth Rocks/C'ford	10:04.6	3. P Starr	Tuggerah Lakes	11:07.2
4. N Stewart	Macquarie Shores	10:14.3	4. N Saville	Sth Eastern	11:19.8
5. S De Pomeroy	Nth Rocks/C'ford	10:19.7	5. K Clarke	Winston Hills	11:24.6
6. N Schmid	Girraween	10:25.9	6. A Lawrence	Randwick/Botany	11:47.0
7. P Carson	Illawong	10:30.6	7. B Baker	Macquarie Shores	11:49.9
8. C Beacroft	Blacktown	10:51.6	8. L Keogh	Bathurst	12:00.5

COUNTRY

1. R Johnston	Bowral	9:59.4	1. P Starr	Tuggerah Lakes	11:07.2
2. N Stewart	Macquarie Shores	10:14.3	2. B Baker	Macquarie Shores	11:49.9
3. J Hunt	Nth Illawarra	11:31.8	3. L Keogh	Bathurst	12:00.5

STATE TEAMS

1. Blacktown	1. Jensen Amateur Athletics
2. Bankstown	

17 competitors - 13 Met; 4 Country

21 competitors - 10 Met; 11 Country

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BOYS

GIRLS

UNDER 15 - 3000m

STATE

1. L Cousins	Eastlakes	9:57.0	1. M Calwell	Macquarie Shores	11:26.4
2. N Meers	Penrith	10:06.1	2. P Mimica	Nepean	11:31.9
3. G Edmunds	Kandos/Rylstone	10:12.2	3. J Truscott	Hornsby	11:51.9
4. M Salecich	Nepean	10:18.4	4. K Lyon	Randwick/Botany	12:29.3
5. S Anthony	Gosford	10:42.6	5. L Rea	Lake Illawarra	12:34.1
6. T Dowling	Manly/Warringah	10:48.2	6. C Webb	Penrith	12:37.2
7. S Fabar	Tiger Wests	10:57.1	7. S Calwell	Macquarie Shores	13:01.1
8. A Hume	Woodberry	11:28.3	8. K Ledger	Tuggerah Lakes	13:39.9

COUNTRY

1. L Cousins	Eastlakes	9:57.0	1. M Calwell	Macquarie Shores	11:26.4
2. G Edmunds	Kandos/Rylstone	10:12.2	2. L Rea	Lake Illawarra	12:34.1
3. S Anthony	Gosford	10:42.6	3. S Calwell	Macquarie Shores	13:01.1

STATE TEAMS

Nil Teams

Nil Teams

10 competitors - 5 Met; 5 Country

8 competitors - 4 Met; 4 Country

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**LITTLE ATHLETICS ASSOCIATION OF NEW SOUTH WALES INC.**  
**STATE ROAD WALKS**

Mt Penang Training Centre, Kariong, July 19, 1992

**BOYS**

**GIRLS**

**UNDER 9 - 1200m**

**STATE**

1. O Khattab	Glenbrook	5:42.2	1. C Allsop	Blacktown	6:22.5
2. B Wells	Gosford	6:03.6	2. R Dodds	Nepean	6:39.5
3. F Basha	Nth District	6:12.9	3. M Kurp	Winston Hills	6:45.8
4. R Neist	Tuggerah Lakes	6:14.4	4. A Harriden	Nepean	6:46.6
5. T Upward	Lake Illawarra	6:25.8	5. A Tonkin	Hills District	7:25.6
6. C Channells	Doonside	6:32.9	6. K Abela	Tuggerah Lakes	7:41.9
7. S Stanton	Ingleburn	8:07.1	7. M Holahan	Wallsend	7:46.6
8. P Nichols	Gosford	9:29.9	8. K Lawson	Balmain	7:49.4

**COUNTRY**

1. O Khattab	Glenbrook	5:42.2	1. K Abela	Tuggerah Lakes	7:41.9
2. B Wells	Gosford	6:03.6	2. M Holahan	Wallsend	7:46.6
3. R Neist	Tuggerah Lakes	6:14.4	3. K Wickens	Rutherford	8:25.7

11 competitors - 6 Met; 5 Country

13 competitors - 10 Met; 3 Country

**UNDER 10 - 1200m**

**STATE**

1. P Beacroft	Blacktown	6:15.9	1. M French	Nepean	5:35.9
2. G Eyears	Bankstown	6:23.6	2. K Reilly	Randwick/Botany	5:49.9
3. B Charskey	Tuggerah Lakes	6:23.9	3. M Vantilburg	Doonside	6:01.9
4. C Baker	Blacktown	6:29.9	4. B Cook	Kurrajong/Bilpin	6:26.8
5. R Davies	Winston Hills	6:43.1	5. C Bock	Winston Hills	6:28.3
6. M Edwards	Winston Hills	6:43.3	6. R West	Richmond	6:37.3
7. M Overton	Gosford	7:27.7	7. K Watson-Jones	Nepean	6:38.5
8. P Bock	Winston Hills	7:49.5	8. N Watson	Prospect	6:41.2

**COUNTRY**

1. B Charskey	Tuggerah Lakes	6:23.9	1. B Cook	Kurrajong/Bilpin	6:26.8
2. M Overton	Gosford	7:27.7	2. K Houghton	Tuggerah Lakes	8:05.0
3. T Kay	Eastlakes	8:17.6	3. M Merritt	Rutherford	8:13.9

**STATE TEAMS**

1. Winston Hills

Nil Teams

12 competitors - 8 Met; 4 Country

18 competitors - 14 Met; 4 Country

**BOYS**

**GIRLS**

**UNDER 11 - 1500m**

**STATE**

1. T Sundstrom	Bargo	7:39.9	1. K Butow	Nth Districts	8:15.8
2. N Weaver	Blacktown	7:46.8	2. T Kay	Eastlakes	8:20.0
3. B Estall	Eastern Suburbs	7:57.4	3. E Clarke	Glenbrook	8:22.0
4. B Clarke	Nth District	8:05.7	4. H Lindahl	Toukley	8:30.8
5. S McMurray	Tamworth	8:08.0	5. T Moore	Doonside	8:33.3
6. D McIntyre	Gosford	8:12.1	6. N Robinson	Bankstown	8:53.8
7. A Channells	Doonside	8:15.2	7. M Drennan	Winston Hills	9:11.7
8. S Carawanna	Prospect	10:21.5	8. A Jones	Gosford	9:39.9

**COUNTRY**

1. T Sundstrom	Bargo	7:39.9	1. T Kay	Eastlakes	8:20.0
2. S McMurray	Tamworth	8:08.0	2. E Clarke	Glenbrook	8:22.0
3. D McIntyre	Gosford	8:12.1	3. H Lindahl	Toukley	8:30.8

8 competitors - 5 Met; 3 Country

12 competitors - 8 Met; 4 Country

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**UNDER 12 - 1500m**

**STATE**

1. D Beacroft	Blacktown	6:57.2	1. B Edwards	Doonside	7:52.0
2. A Nappin	Manly/Warringah	7:00.4	2. A Wells	Gosford	8:01.7
3. T Overton	Gosford	7:53.9	3. F Pakes	Ku-Ring-Gai	8:12.7
4. B Roberts	Illawong	8:08.0	4. M Sherringham	Terrigal/Wamb.	8:28.5
5. D Towle	Gosford	8:11.1	5. J Turk	Manly/Warringah	8:34.4
6. D Upwood	Lake Illawarra	8:25.7	6. R Phillips	Bankstown	8:41.1
7. F Dowling	Manly/Warringah	9:40.6	7. A Short	Hornsby	8:52.6
8. D Edwards	Winston Hills	9:51.5	8. L Jeston	Rutherford	9:31.2

**COUNTRY**

1. T Overton	Gosford	7:53.9	1. A Wells	Gosford	8:01.7
2. D Towle	Gosford	8:11.1	2. M Sherringham	Terrigal	8:28.5
3. D Upwood	Lake Illawarra	8:25.7	3. L Jeston	Rutherford	9:31.2

11 competitors - 6 Met; 5 Country

14 competitors - 10 Met; 4 Country

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**BOYS**

**GIRLS**

**UNDER 13 - 1500m**

**STATE**

1. M James	Bankstown	7:24.9	1. D Ritchie	Gosford	7:47.7
2. G McIntyre	Gosford	7:37.7	2. S Tanner	Randwick/Botany	7:55.2
3. T Chambers	Nepean	7:43.9	3. D Frazer	Hornsby	8:02.6
4. M Dickson	Glenbrook	7:51.0	4. C Craft	Parke	8:23.2
5. C Kurp	Winston Hills	8:27.5	5. J Kennedy	Manly/Warringah	8:25.1
6. J Sarmiento	Randwick/Botany	9:39.0	6. J Sundstrom	Bargo	8:39.4
			7. K Lloyd	Macquarie Shores	8:58.8
			8. H Clarke	Glenbrook	10:36.0

**COUNTRY**

1. G McIntyre	Gosford	7:37.7	1. D Ritchie	Gosford	7:47.7
2. M Dickson	Glenbrook	7:51.0	2. C Craft	Parke	8:23.2
			3. J Sundstrom	Bargo	8:39.4

6 competitors - 4 Met; 2 Country

9 competitors - 4 Met; 5 Country

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**UNDER 14 - 2000m**

**STATE**

1. T Stanton	Ingleburn	9:57.5	1. N Saville	Sth Eastern	9:28.3
2. A Midgley	Prospect	10:07.8	2. A Lawrence	Randwick/Botany	10:03.1
3. M Pearson	Kurrajong/Bilpin	10:12.0	3. M Loder	Fairfield	10:54.8
4. C Beacroft	Blacktown	10:29.6	4. K Geyteman	Richmond	11:26.2
5. B Hurley	Glenbrook	11:20.0	5. H Bathe	Tiger Wests	11:31.9
6. S Kirkman	Winston Hills	11:45.8	6. J Richards	Blacktown	11:34.5
7. A Burling	Gosford	11:52.8	7. A Kauter	Rutherford	12:17.3
			8. S Mitchell	Port Hacking	12:32.1

**COUNTRY**

1. M Pearson	Kurrajong/Bilpin	10:12.0	1. A Kauter	Rutherford	12:17.3
2. B Hurley	Glenbrook	11:20.0	2. L Lansdown	Tuggerah Lakes	13:13.9
3. A Burling	Gosford	11:52.8	3. M Spalding	Rutherford	14:20.5

**STATE TEAMS**

Nil teams

Nil Teams

8 competitors - 4 Met; 4 Country

12 competitors - 9 Met; 3 Country

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**UNDER 15 - 2000m**

**STATE**

1. G Ploeg	Nepean	8:52.9	1. L Coffee	Nepean	9:04.7
2. K Brooks	Macarthur	9:41.8	2. C Webb	Penrith	9:29.6
3. D Lawson	Tuggerah Lakes	9:54.6	3. K Lyon	Randwick/Botany	10:00.0
4. K Tanner	Randwick/Botany	10:11.1	4. A Heckenberg	Nepean	10:13.7
5. A Hume	Woodberry	10:33.5	5. T Robertson	Manly/Warringah	12:30.9
6. T Barnes	Fairfield	10:35.3	6. N Loder	Fairfield	14:37.5
7. D Kirkman	Winston Hills	11:03.1			

**COUNTRY**

1. D Lawson	Tuggerah Lakes	9:54.6	Nil Country
2. A Hume	Woodberry	10:33.5	

7 competitors - 5 Met; 2 Country

6 competitors - 6 Met; 0 Country