

LITTLE ATHLETICS ASSOCIATION OF NEW SOUTH WALES INC.

STATE CROSS COUNTRY + ROAD WALKES

University of Western Sydney, Werrington, July 11, 1993

BOYS

UNDER 7 - 800m

GIRLS

STATE

1. A Robinson	Liverpool	3:08.0	1. C Krueger	Kurr/Bilpin	3:06.0
2. B Scully	Manly/Warringah	3:14.0	2. K Paull	Blacktown	3:09.0
3. S Cropper	Nth Districts	3:16.0	3. K Watson	Nth Rocks/C'ford	3:14.0
4. D Sowden	Blacktown	3:22.0	4. A Heasman	Nelson Bay	3:16.0
5. G Golding	Macquarie Fields	3:23.0	5. C Harrison	Blacktown	3:23.0
6. B Marmara	Tuggerah Lakes	3:26.0	6. V Ware	Port Hacking	3:25.0
7. D Shillcock	Ku-Ring-Gai	3:28.0	7. K Rohrer	Liverpool	3:30.0
8. D Henretty	Girraween	3:29.0	8. S Dent	Tuggerah Lakes	3:32.0

COUNTRY

1. B Marmara	Tuggerah Lakes	3:26.0	1. C Krueger	Kurr/Bilpin	3:06.0
			2. A Heasman	Nelson Bay	3:16.0
			3. S Dent	Tuggerah Lakes	3:32.0

STATE TEAMS

1. Manly Warringah
2. Winston Hills

1. Winston Hills

27 competitors - 26 Met; 1 Country

25 competitors - 20 Met; 5 Country

U8 - 800m

STATE

1. B Ryan	Parramatta	2:49.0	1. A Gwilliam	Nepean	3:05.0
2. C Burnett	Ku-Ring-Gai	2:50.0	2. K Great	Nepean	3:08.0
3. J Small	Terrigal/Wamb.	2:51.9	3. J Wheatley	Sutherland	3:10.0
4. D Robinson	Camden	2:53.8	4. A Burraston	Mac Shores	3:12.0
5. C Skaroupka	Camden	2:55.3	5. L Spencer	Gosford	3:14.0
6. G Jeffries	Kurr/Bilpin	2:55.5	6. K Wagner	Lk Illawarra	3:15.0
7. T Geyteman	Richmond	2:56.9	7. A Burnus	Wollondilly	3:16.0
8. A McIlwraith	Springwood	2:59.2	8. P Wenzel	Kurr/Bilpin	3:17.0

COUNTRY

1. J Small	Terrigal/Wamb.	2:51.9	1. A Burraston	Mac Shores	3:12.0
2. G Jeffries	Kurr/Bilpin	2:55.5	2. L Spencer	Gosford	3:14.0
3. A McIlwraith	Springwood	2:59.2	3. K Wagner	Lk Illawarra	3:15.0

STATE TEAMS

1. Camden
2. Kurrajong/Bilpin
3. Parramatta

1. Nepean
2. Kurrajong/Bilpin
3. Wollondilly

39 competitors - 30 Met; 9 Country

34 competitors - 23 Met; 11 Country

BOYS

GIRLS

UNDER 9 - 1500m

STATE

. D Macdonald	Dapto	5:24.7	1. L McIlvenie	Nepean	5:45.1
. R Roff	Hornsby	5:29.6	2. M Jenkins	Nepean	5:53.7
. S McIlwraith	Springwood	5:31.6	3. K Watkins	Albion Park	5:56.8
. B Frazer	Nth Rocks/C'ford	5:38.4	4. M McBride	Douglas Park	6:00.9
. A Brookhouse	Hills District	5:43.8	5. A Bartle	Lk Illawarra	6:04.9
. B McLean	Colyton/St Clair	5:45.7	6. E O'Brien	Springwood	6:08.7
. C Sutton	Port Hacking	5:51.8	7. A Murphy	Woy Woy	6:12.0
. P Rickaby	Springwood	5:53.0	8. B Gardiner	Penrith	6:13.8

COUNTRY

. D Macdonald	Dapto	5:24.7	1. K Watkins	Albion Park	5:56.8
. S McIlwraith	Springwood	5:31.6	2. A Bartle	Lk Illawarra	6:04.9
. P Rickaby	Springwood	5:53.0	3. E O'Brien	Springwood	6:08.7

STATE TEAMS

. Winston Hills	1. Nepean
. Blacktown	2. Winston Hills
. Hornsby	3. Blacktown

8 competitors - 38 Met; 10 Country

34 competitors - 24 Met; 10 Country

UNDER 10 - 1500m

STATE

. A O'Neill	Koorinal/Wagga	5:05.2	1. L Antill	Ku-Ring-Gai	5:31.9
. A Matthews	Western Suburbs	5:13.7	2. B Comer	Wollongong	5:40.2
. B Small	Terrigal/Wamb.	5:18.1	3. R Kingswell	Penrith	5:47.8
. D Golding	Mac Fields	5:22.5	4. K McNamara	Prospect	5:51.9
. T Richardson	Springwood	5:24.9	5. V Kuhn	Bankstown	5:52.1
. N Gibson	Springwood	5:25.5	6. C Tapia	Nth Rocks/C'ford	5:55.3
. L Rooney	Penrith	5:28.9	7. J Wheatley	Sutherland	5:56.5
. D Fortuna	Winston Hills	5:30.1	8. A Lindfield	St George	5:58.2

COUNTRY

. A O'Neill	Koorinal/Wagga	5:05.2	1. B Comer	Wollongong	5:40.2
. B Small	Terrigal/Wamb.	5:18.1	2. K Bradstock	Toukley	6:00.0
. T Richardson	Springwood	5:24.9	3. S Jakob	Glenbrook	6:13.0

STATE TEAMS

. Penrith	1. Ku-Ring-Gai
. Springwood	2. Nepean
. Winston Hills	3. Blacktown

16 competitors - 37 Met; 19 Country

53 competitors - 43 Met; 10 Country

BOYS

GIRLS

UNDER 11 - 2000m

STATE

1. T Webster	Cootamundra	6:53.4	1. M French	Nepean	7:19.1
2. D Geddes	Manly/Warringah	6:58.1	2. A Goodberg	Katoomba	7:31.9
3. R Conroy	Gosford	6:58.3	3. S Flett	Port Hacking	7:34.2
4. C Cooper	Prospect	7:06.3	4. K Burnell	Penrith	7:38.9
5. J Hart	Ingleburn	7:07.8	5. A McIlvenie	Colyton/St Clair	7:45.2
6. P Beacroft	Blacktown	7:12.2	6. E Stratford	Randwic/Botany	7:46.0
7. B Tilt	Smithfield	7:13.5	7. J Batterley	Nth Districts	7:50.5
8. J Gartner	Manly/Warringah	7:16.4	8. J Cropper	Nth Districts	8:00.9

COUNTRY

1. T Webster	Cootamundra	6:53.4	1. A Goodberg	Katoomba	7:31.9
2. R Conroy	Gosford	6:58.3	2. A Adams	Wauchope	8:16.9
3. T Kay	Eastlakes	10:03.5	3. M Mawson	Emu Plains	8:43.4

STATE TEAMS

1. Winston Hills	1. Balmain
2. Camden	2. Penrith
3. Smithfield	3. Hornsby

50 competitors - 42 Met; 8 Country

39 competitors - 33 Met; 6 Country

UNDER 12 - 2000m

STATE

1. S Godfrey	Toukley	6:40.1	1. K O'Neill	Koorringal/Wagga	7:18.4
2. K Down	Gosford	6:40.9	2. T Moxham	Lake Illawarra	7:20.1
3. N Haines	Manly/Warringah	6:58.7	3. E Comer	Wollongong	7:20.7
4. R Burnett	Richmond	7:04.5	4. T Kay	Eastlakes	7:20.8
5. B Zaverucha	Smithfield	7:05.0	5. M Riakos	Eastern Suburbs	7:47.0
6. A Stkmanis	Colyton/St Clair	7:05.5	6. A Stewart	Manly/Warringah	7:50.5
7. T Sundstrom	Highlanders	7:06.6	7. D Peel	Winston Hills	7:54.7
8. T Brown	Springwood	7:11.2	8. M Buckley	Eschol Park	7:56.3

COUNTRY

1. S Godfrey	Toukley	6:40.1	1. K O'Neill	Koorringal/Wagga	7:18.4
2. K Down	Gosford	6:40.9	2. T Moxham	Lake Illawarra	7:20.1
3. T Sundstrom	Highlanders	7:06.6	3. E Comer	Wollongong	7:20.7

STATE TEAMS

1. Port Hacking	1. Parramatta
2. Hornsby	2. Bankstown
3. Hills District	3. Prospect

32 competitors - 19 Met; 13 Country

44 competitors - 32 Met; 12 Country

BOYS

GIRLS

UNDER 13 - 2000m

STATE

1. D Beacroft	Blacktown	6:26.5	1. L Elms	Wollongong	7:11.5
2. S Finlayson	Springwood	7:09.3	2. F Pakes	Ku-Ring-Gai	7:22.6
3. M Taylor	Mac Shores	7:12.6	3. A Beauchamp	Nepean	7:30.7
4. J Melrose	Emu Plains	7:19.5	4. N Miller	Werrington	7:35.8
5. S Archer	Hornsby	7:25.9	5. J Mimica	Nepean	7:43.0
6. D Barnes	Winston Hills	7:28.3	6. N Gray	Manly/Warringah	7:46.2
7. C Dent	Tuggerah Lakes	7:32.6	7. N Kuhn	Bankstown	7:47.8
8. M Golebiowski	Blacktown	7:35.9	8. C Murphy	Manly/Warringah	7:52.1

COUNTRY

1. S Finlayson	Springwood	7:09.3	1. L Elms	Wollongong	7:11.5
2. M Taylor	Mac Shores	7:12.6	2. M Forward	Bowral	7:57.3
3. J Melrose	Emu Plains	7:19.5	3. C Scott	Gosford	8:08.5

STATE TEAMS

1. Blacktown	1. Bankstown
2. Hornsby	2. Girraween
	3. Smithfield

22 competitors - 15 Met; 7 Country

29 competitors - 22 Met; 7 Country

UNDER 14 - 3000m

STATE

1. M Dent	Tuggerah Lakes	9:50.9	1. M Crichton	Doonside	11:02.5
2. D Searle	Liverpool	10:02.9	2. C Buckley	Eschol Park	11:56.7
3. C Jongsma	Cootamundra	10:05.5	3. R Roberts	Revesby Workers	12:02.6
4. M Harden	Young	10:14.2	4. K Molloy	Lake Illawarra	12:06.0
5. M Stanford	Manly/Warringah	10:28.8	5. R Deane	Girraween	12:30.3
6. S O'Farrell	Port Hacking	10:39.4	6. J Williams	Sth Eastern	12:39.4
7. M Graves	Hornsby	10:40.5	7. E Coombs	Toukley	12:47.3
8. A Doran	Mt Druitt	10:48.9	8. E Moffitt	Winston Hills	13:01.7

COUNTRY

1. M Dent	Tuggerah Lakes	9:50.9	1. K Molloy	Lake Illawarra	12:06.0
2. C Jongsma	Cootamundra	10:05.5	2. E Coombs	Toukley	12:47.3
3. M Harden	Young	10:14.2	3. N McCourt	Glenbrook	13:21.9

STATE TEAMS

Nil Teams

Nil Teams

24 competitors - 14 Met; 10 Country

18 competitors - 15 Met; 3 Country

BOYS

GIRLS

UNDER 15 - 3000m

STATE

1. N Schmid	Girraween	9:46.6	1. N Saville	Sth Eastern	10:59.2
2. B Halls	Randwick/Botany	10:08.9	2. L Comer	Wollongong	11:09.9
3. T Stanton	Ingleburn	10:23.5	3. M Vandewater	Winston Hills	11:21.9
4. P Carson	Illawong	10:45.3	4. K Clarke	Winston Hills	11:31.7
5. I McLusas	Randwick/Botany	10:52.9	5. S Sotera	Jensen	11:36.3
6. J McCabe	Glenbrook	11:20.4	6. A Sotera	Jensen	11:44.3
7. K Bartle	Lake Illawarra	11:36.6	7. D Hickey	Eastlakes	11:55.7
8. J Longhurst	Blacktown	11:41.8	8. A Kauter	Rutherford	12:01.3

COUNTRY

1. J McCabe	Glenbrook	11:20.4	1. L Comer	Wollongong	11:09.9
2. K Bartle	Lake Illawarra	11:36.6	2. D Hickey	Eastlakes	11:55.7
3. S Hollier	Katoomba	12:19.7	3. A Kauter	Rutherford	12:01.3

STATE TEAMS

Nil Teams

1. Jensen AA
2. Wallsend
3. Smithfield

9 competitors - 6 Met; 3 Country

25 competitors - 19 Met; 6 Country

BOYS

- 7 -

GIRLS**UNDER 11 - 1500m****STATE**

1. P Beacroft	Blacktown	7:18.7	1. R McAskill	Nepean	6:40.4
2. D Vellis	Nepean	7:38.0	2. K Reilly	Randwick/Botany	7:08.8
3. B Charskey	Tuggerah Lakes	8:23.1	3. C Bock	Winston Hills	7:11.1
4. J Bold	Liverpool	9:05.5	4. N Desira	Blacktown	7:39.8
5. P Bock	Winston Hills	9:05.7	5. M Vantilburg	Blacktown	7:56.5
6. T Kay	Eastlakes	9:34.4	6. S Loder	Kandos/Rylstone	8:19.4
7. C Willcock	Hornsby	11:41.1	7. R West	Richmond	8:24.1
			8. M Coker	Hills District	8:27.6

COUNTRY

1. B Charskey	Tuggerah Lakes	8:23.1	1. S Loder	Kandos/Rylstone	8:19.4
2. T Kay	Eastlakes	9:34.4	2. K Fitzsimmons	Tuggerah Lakes	8:52.9
			3. N Slade	Mac Shores	9:41.6

STATE TEAMS

Nil Teams

1. Blacktown

10 competitors - 8 Met; 2 Country

18 competitors - 15 Met; 3 Country

UNDER 12 - 1500m**STATE**

1. T Sundstrom	Highlanders	7:06.7	1. T Kay	Eastlakes	7:36.3
2. B Clarke	Nth Districts	7:20.3	2. K Butow	Nth Districts	7:37.6
3. N Haines	Manly/Warringah	7:22.2	3. A Dwyer	Nepean	7:48.4
4. N Weaver	Blacktown	7:43.7	4. C Nilon	Prospect	7:52.9
5. S McMurray	Tamworth	7:56.6	5. N Robinson	Bankstown	7:59.3
6. T Roff	Hornsby	8:16.4	6. M Riakos	Eastern Suburbs	8:05.2
7. R Bernett	Richmond	8:48.1	7. M Fava	Kurr/Bilpin	8:11.4
			8. M Drennan	Winston Hills	8:14.1

COUNTRY

1. T Sundstrom	Highlanders	7:06.7	1. T Kay	Eastlakes	7:36.3
2. S McMurray	Tamworth	7:56.6	2. M Fava	Kurr/Bilpin	8:11.4
			3. J Slade	Mac Shores	9:28.9

STATE TEAMS

Nil Teams

1. Blacktown

8 competitors - 6 Met; 2 Country

14 competitors - 10 Met; 4 Country

BOYS

UNDER 13 - 1500m

GIRLS

STATE

.. D Beacroft	Blacktown	6:22.6
.. A Nappin	Manly/Warringah	6:29.5
.. T Little-Overton	Gosford	7:09.2
.. D Upward	Lake Illawarra	7:12.9
.. B Collis	Doonside	7:54.4
.. P Craft	Parkes	8:18.1
.. C Dent	Tuggerah Lakes	8:40.0
.. S Byrnes	Blacktown	8:47.4

Blacktown	7:12.6
Gosford	7:22.3
Randwick/Botany	7:36.1
Mac Shores	7:47.4
Colyton/St Clair	8:00.1
Smithfield	8:47.6

COUNTRY

.. T Little-Overton	Gosford	7:09.2
.. D Upward	Lake Illawarra	7:12.9
.. P Craft	Parkes	8:18.1

Gosford	7:22.3
Mac Shores	7:47.4

STATE TEAMS

.. Blacktown Nil Teams

1 competitors - 7 Met; 4 Country

7 competitors - 5 Met; 2 Country

UNDER 14 - 2000m

STATE

.. M James	Bankstown	9:20.4
.. G McIntyre	Gosford	9:23.5
.. C Kurp	Winston Hills	10:09.1

1. D Ritchie	Gosford	10:08.6
2. K Coombs	Toukley	10:12.1
3. E Moffitt	Winston Hills	10:13.8
4. K Lloyd	Mac Shores	10:32.6
5. C Craft	Parkes	10:59.5
6. S Holliday	Ku-Ring-Gai	11:00.5
7. H Clarke	Glenbrook	11:17.3
8. J Sundstrom	Highlanders	11:20.4

COUNTRY

.. G McIntyre	Gosford	9:23.5
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1. D Ritchie	Gosford	10:08.6
2. K Coombs	Toukley	10:12.1
3. C Craft	Parkes	10:59.5

5 competitors - 4 Met; 1 Country

12 competitors - 6 Met; 6 Country

UNDER 15 - 2000m

STATE

.. T Stanton	Ingleburn	8:47.3
.. M Pearson	Kurr/Bilpin	9:03.1
.. B Hurley	Glenbrook	9:17.1
.. A Burling	Gosford	9:48.1
.. I McLusas	Rand/Botany	10:31.7

1. N Saville	South Eastern	8:41.3
2. A Lawrence	Rand/Botany	9:41.6
3. K Dark	Liverpool	10:22.8
4. H Bathe	Tiger Wests	10:51.5
5. K Geyteman	Richmond	10:52.2
6. M Loder	Kandos/Rylstone	11:50.6
7. S Mitchell	Port Hacking	12:16.8

COUNTRY

.. M Pearson	Kurr/Bilpin	9:03.1
.. B Hurley	Glenbrook	9:17.1
.. A Burling	Gosford	9:48.1

1. M Loder	Kandos/Rylstone	11:50.6
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5 competitors - 2 Met; 3 Country

8 competitors - 7 Met; 1 Country