

LITTLE ATHLETICS ASSOCIATION OF NEW SOUTH WALES INC.

STATE CROSS COUNTRY + ROAD WALKS

Croom Road Sporting Complex, Albion Park Rail, July 10, 1994

BOYS

UNDER 7 - 800m

GIRLS

STATE

1. J Matthews	Western Suburbs	3:01.3	1. C Bott	Liverpool	3:16.2
2. L Bott	Liverpool	3:05.6	2. B Dodds	Nepean	3:17.3
3. J Murphy	Young	3:10.1	3. A McDonald	Dapto	3:21.4
4. A Rutter	Hornsby	3:10.6	4. K Jeffries	Kurrajong/Bilpin	3:26.4
5. C Robinson	Camden	3:12.7	5. J Nikolic	Smithfield	3:27.9
6. D Blyth	Nth Rocks/C'ford	3:18.6	6. N Fullbrook	Manly Warringah	3:31.6
7. K Smith	Tiger Wests	3:19.1	7. V Jones	Camden	3:33.5
8. R Wilson	Minchinbury	3:21.6	8. C Edwards	Dapto	3:35.2

COUNTRY

1. J Murphy	Young	3:10.1	1. A McDonald	Dapto	3:21.4
2. P Bergan	Kurrajong	3:32.5	2. K Jeffries	Kurrajong/Bilpin	3:26.4
3. N Harrison	Lake Illawarra	3:38.8	3. C Edwards	Dapto	3:35.2

STATE TEAMS

Nil Teams

1. Parramatta

20 competitors - 15 Met; 5 Country

18 competitors - 12 Met; 6 Country

U8 - 800m

STATE

1. A Robinson	Liverpool	2:49.7	1. K Paull	Blacktown	2:56.6
2. J Milburn	Nepean	2:52.2	2. C Kruger	Kurrajong/Bilpin	2:59.9
3. S Close	Kurrajong/Bilpin	3:00.1	3. E Lonergan	Randwick Botany	3:09.0
4. N Campbell	Blacktown	3:02.8	4. A Kelly	Werrington	3:10.7
5. C Stevenson	Manly Warringah	3:06.9	5. B Scott	Kiama	3:11.1
6. D Sowden	Blacktown	3:10.2	6. C Harrison	Blacktown	3:11.4
7. A Frith	Manly Warringah	3:10.7	7. P Gough	Nepean	3:12.5
8. S West	Richmond	3:11.1	8. M Walsh	Shoalhaven	3:20.1

COUNTRY

1. S Close	Kurrajong/Bilpin	3:00.1	1. C Kruger	Kurrajong/Bilpin	2:59.9
2. D Willis	Springwood	3:11.6	2. B Scott	Kiama	3:11.1
3. N Plumb	Shoalhaven	3:17.7	3. M Walsh	Shoalhaven	3:20.1

STATE TEAMS

1. Kurrajong/Bilpin
2. Manly Warringah
3. Blacktown

1. Blacktown
2. Winston Hills

33 competitors - 27 Met; 6 Country

22 competitors - 15 Met; 7 Country

BOYS

GIRLS

UNDER 9 - 1500m

STATE

1. P Marrins	Tiger Wests	5:18.6	1. C Archer	Nepean	5:33.6
2. D Robinson	Camden	5:19.3	2. M Hugo	Kotara South	5:36.9
3. G Jeffries	Kurrajong/Bilpin	5:20.2	3. J Wheatley	Sutherland	5:37.5
4. J Small	Terrigal/Wamb.	5:20.8	4. A Gwilliam	Nepean	5:37.8
5. P O'Grady	Hornsby	5:23.0	5. P Wenzel	Kurrajong/Bilpin	5:48.4
6. B Hall	Ambarvale	5:24.5	6. V Byrne	Manly Warringah	5:50.5
7. M Willis	Springwood	5:25.2	7. J Roxburgh	Cootamundra	5:53.6
8. C Dougan	Kurrajong/Bilpin	5:26.4	8. J Esslemont	Bowral	5:54.1

COUNTRY

1. M Willis	Springwood	5:25.2	1. M Hugo	Kotara South	5:36.9
2. C Dougan	Kurrajong/Bilpin	5:26.4	2. P Wenzel	Kurrajong/Bilpin	5:48.4
3. A McIlwraith	Springwood	5:27.3	3. J Roxburgh	Cootamundra	5:53.6

STATE TEAMS

1. Kurrajong/Bilpin	1. Nepean
2. Springwood	2. Penrith
3. Prospect	3. Hornsby

38 competitors - 26 Met; 12 Country

42 competitors - 31 Met; 11 Country

UNDER 10 - 1500m

STATE

1. D Beecroft	Toukley	4:59.4	1. R Hollands	Lake Illawarra	5:15.0
2. E Wood	Manly Warringah	5:03.3	2. L McIlvenie	Nepean	5:16.8
3. J McCormack	Albion Park	5:03.6	3. B Keith	Toukley	5:17.5
4. S McIlwraith	Springwood	5:03.8	4. M Jenkins	Nepean	5:23.1
5. C Browne	Blacktown	5:09.7	5. K Connolly	Blacktown	5:28.7
6. D MacDonald	Dapto	5:10.0	6. A Dawes	Shoalhaven	5:29.3
7. B Frazer	Nth Rocks/C'ford	5:10.2	7. S Rhydderich	Manly Warringah	5:29.8
8. A Walker	Winston Hills	5:10.5	8. E O'Brien	Springwood	5:30.9

COUNTRY

1. D Beecroft	Toukley	4:59.4	1. R Hollands	Lake Illawarra	5:15.0
2. J McCormack	Albion Park	5:03.6	2. B Keith	Toukley	5:17.5
3. S McIlwraith	Springwood	5:03.8	3. A Dawes	Shoalhaven	5:29.3

STATE TEAMS

1. Springwood	1. Nepean
2. Winston Hills	2. Winston Hills
3. North Rocks/Carlingford	3. Lake Illawarra

37 competitors - 25 Met; 12 Country

35 competitors - 23 Met; 12 Country

BOYS

GIRLS

UNDER 11 - 2000m

STATE

1. A O'Neill	Koorringal-Wagga	7:26.7	1. G Bryen	Parkes	7:56.9
2. B Small	Terrigal/Wamb.	7:32.5	2. L Antill	Ku-Ring-Gai	7:57.1
3. L Rooney	Penrith	7:50.7	3. S Hill	Toukley	8:13.9
4. M Cleary	Mt Druitt	7:51.5	4. T Prziallovskis	Sutherland	8:17.2
5. T Richardson	Springwood	7:57.2	5. B Comer	Wollongong	8:24.6
6. N Gibson	Springwood	7:58.0	6. K McNamara	Prospect	8:31.9
7. M Symes	Winston Hills	8:06.7	7. F Dwyer	Campbelltown	8:40.5
8. M Redmayne	Hills District	8:06.9	8. S Christie	Sth Eastern	8:41.4

COUNTRY

1. A O'Neill	Koorringal-Wagga	7:26.7	1. G Bryen	Parkes	7:56.9
2. B Small	Terrigal/Wamb.	7:32.5	2. S Hill	Toukley	8:13.9
3. T Richardson	Springwood	7:57.2	3. B Comer	Wollongong	8:24.6

STATE TEAMS

1. Smithfield
2. Kurrajong/Bilpin
3. Winston Hills

1. Nepean

32 competitors - 21 Met; 11 Country

22 competitors - 15 Met; 7 Country

UNDER 12 - 2000m

STATE

1. T Webster	Cootamundra	7:23.4	1. K Burnell	Penrith	7:58.3
2. M Katalinic	Winston Hills	7:29.3	2. J Cropper	Nth Districts	8:00.2
3. J Gartner	Manly Warringah	7:31.3	3. E Hargrave	Helensburgh	8:06.7
4. D Geddes	Manly Warringah	7:31.5	4. L Burnes	Manly Warringah	8:17.2
5. C Cooper	Prospect	7:37.7	5. A McIlvenie	Colyton/St Clair	8:21.3
6. R Conroy	Gosford	7:41.0	6. N Kolodziej	Bankstown	8:26.7
7. J Vicich	Winston Hills	7:46.5	7. R Phipps	Dubbo	8:33.2
8. J Leavens	Randwick/Botany	7:50.4	8. K Watson-Jones	Nepean	8:35.8

COUNTRY

1. T Webster	Cootamundra	7:23.4	1. R Phipps	Dubbo	8:33.2
2. R Conroy	Gosford	7:41.0	2. B Cook	Kurrajong/Bilpin	8:56.0
3. M Jeans	Tilligerry	7:55.4	3. K Harrison	Lake Illawarra	9:37.1

STATE TEAMS

1. Winston Hills
2. Ingleburn
3. Bankstown

1. Prospect

39 competitors - 28 Met; 11 Country

28 competitors - 23 Met; 5 Country

BOYS

GIRLS

UNDER 13 - 2000m

STATE

1. N Haines	Manly Warringah	7:18.8	1. D Mills	Nepean	7:49.1
2. B Zaverucha	Tiger Wests	7:23.9	2. T Moxham	Lake Illawarra	7:51.8
3. P Smith	Casino	7:31.2	3. E Comer	Wollongong	7:56.3
4. J Tolmie	Liverpool	7:38.7	4. M Riakos	Eastern Suburbs	7:58.8
5. L Maxwell	Shoalhaven	7:40.5	5. A Coyle	Parramatta	8:01.8
6. P Crawford	Hills District	7:46.4	6. K O'Neill	Koorringal-Wagga	8:05.6
7. R Burnett	Richmond	7:50.1	7. R Noy	Parramatta	8:11.6
8. R Hunt	Nth Illawarra	7:51.9	8. M Buckley	Camden	8:16.2

COUNTRY

1. P Smith	Casino	7:31.2	1. T Moxham	Lake Illawarra	7:51.8
2. L Maxwell	Shoalhaven	7:40.5	2. E Comer	Wollongong	7:56.3
3. R Hunt	Nth Illawarra	7:51.9	3. K O'Neill	Koorringal-Wagga	8:05.6

STATE TEAMS

Nil teams

1. Parramatta
2. Nepean
3. Winston Hills

15 competitors - 8 Met; 7 Country

23 competitors - 17 Met; 6 Country

UNDER 14 - 3000m

STATE

1. D Beacroft	Blacktown	10:26.3	1. C Murphy	Manly Warringah	12:00.1
2. G Bass	Manly Warringah	11:20.4	2. N Gray	Manly Warringah	12:31.2
3. N Barr	Manly Warringah	11:44.1	3. A Stewart	Manly Warringah	12:37.4
4. C Munroe	Lake Illawarra	11:46.3	4. D Hayes	Nth Districts	12:57.2
5. L Anderson	Sawtell/Toormina	12:10.4	5. J Mimica	Nepean	13:06.7
6. P Uitterlinden	Dapto	12:12.0	6. D Clark	Sth Eastern	13:34.1
7. M Taylor	Eastlakes	12:19.8	7. A Hegarty	Nepean	13:43.2
8. C Dent	Tuggerah Lakes	12:20.4	8. D Jakes	Kurrajong/Bilpin	14:41.4

COUNTRY

1. C Munroe	Lake Illawarra	11:46.3	1. D Jakes	Kurrajong/Bilpin	14:41.4
2. L Anderson	Sawtell/Toormina	12:10.4	2. C Hough	St Georges Basin	16:38.0
3. P Uitterlinden	Dapto	12:12.0	3. A Wagner	Lake Illawarra	17:07.7

STATE TEAMS

Nil Teams

1. Manly Warringah
2. Nepean

11 competitors - 5 Met; 6 Country

12 competitors - 9 Met; 3 Country

BOYS

GIRLS

UNDER 15 - 3000m

STATE

1. M Dent	Tuggerah Lakes	10:25.4	1. K Molloy	Lake Illawarra	12:48.5
2. G Hatfield	Albion Park	10:33.3	2. E Coombs	Gosford	13:19.8
3. C Jongsma	Cootamundra	10:41.6	3. C Buckley	Camden	13:28.5
4. S Perry	Wollongong	10:52.4	4. K Phipps	Dubbo	13:55.4
5. M Stanford	Manly Warringah	11:17.2	5. V Savage	Girraween Snrs	14:00.7
6. M Graves	Hornsby	11:34.7	6. K Dobson	Werrington	14:34.5
7. K McGarry	Lake Illawarra	12:29.9	7. J Fowley	Tuggerah Lakes	15:16.3
8. G Szarkun	Tuggerah Lakes	12:46.8	8. A Hannigan	Lake Illawarra	15:32.0

COUNTRY

1. M Dent	Tuggerah Lakes	10:25.4	1. K Molloy	Lake Illawarra	12:48.5
2. G Hatfield	Albion Park	10:33.3	2. E Coombs	Gosford	13:19.8
3. C Jongsma	Cootamundra	10:41.6	3. K Phipps	Dubbo	13:55.4

STATE TEAMS

Nil Teams

Nil teams

11 competitors - 6 Met; 5 Country

9 competitors - 4 Met; 5 Country

LITTLE ATHLETICS ASSOCIATION OF NEW SOUTH WALES INC.
STATE ROAD WALKS

Croom Road Sporting Complex, Albion Park Rail, July 10, 1994

BOYS

GIRLS

UNDER 9 - 1200m

STATE

1. M Dodds	Nepean	6:49.5	1. K Venzlauskas	Nepean	6:53.4
2. N Fullarton	Winston Hills	7:11.9	2. C Archer	Nepean	6:59.1
3. A Mellor	Bankstown	7:23.2	3. N Dudman	Blacktown	7:06.4
4. T Geyteman	Richmond	8:29.8	4. S Dickson	Sth Eastern	7:16.5
5. N Brown	Campbelltown	8:51.3	5. A Erwin	Nepean	7:34.6
6. P Batten	Nth Rocks/C'ford	9:00.1	6. A Gwilliam	Nepean	7:35.7
7. M Cooper	Prospect	10:28.9	7. K Great	Nepean	7:40.7
			8. K Van Rsyewyk	Lethbridge Park	7:41.8

COUNTRY

No competitors	1. A Burraston	Macquarie Shores	8:45.6
	2. M McIlwain	Albion Park	9:01.8

STATE TEAMS

Nil teams	1. Nepean
9 competitors - 9 Met; 0 Country	15 competitors - 13 Met; 2 Country

UNDER 10 - 1200m

STATE

1. J Appleby	Nepean	6:20.2	1. L McIlvenie	Nepean	6:08.5
2. E Cross	Kurrajong/Bilpin	6:26.3	2. K Connolly	Blacktown	6:21.2
3. K Harpley	Hornsby	6:43.8	3. C Bennett	Nepean	6:26.3
4. L Gough	Nepean	6:51.9	4. K Drennan	Winston Hills	6:40.1
5. K Roberts	Illawong	7:15.9	5. M Jenkins	Nepean	6:49.8
6. A Watson	Prospect	8:48.8	6. R Estall	Eastern Suburbs	7:12.2
7. G Lloyd	Macquarie Shores	8:56.1	7. K Hoffmeister	Wollondilly	7:12.4
8. M Russell	Prospect	8:59.9	8. A Paine	Nth Districts	7:31.8

COUNTRY

1. E Cross	Kurrajong/Bilpin	6:26.3	1. K Hoffmeister	Wollondilly	7:12.4
2. G Lloyd	Macquarie Shores	8:56.1	2. N Lightfoot	Wollongong	8:17.0

STATE TEAMS

1. Prospect	1. Nepean
	2. Winston Hills
	3. Blacktown
11 competitors - 9 Met; 2 Country	18 competitors - 16 Met; 2 Country

BOYS

- 7 -

GIRLS**UNDER 11 - 1500m****STATE**

1. O Khattab	Glenbrook	7:19.2	1. A Harriden	Nepean	8:08.9
2. D Connolly	Nepean	7:49.2	2. R Dodds	Nepean	8:34.9
3. T Upward	Wollongong	7:56.6	3. K Edwards	Dapto	8:48.2
4. M Cleary	Mt Druitt	8:02.5	4. A Buckle	Ku-Ring-Gai	8:56.6
5. F Basha	Nth Districts	8:11.6	5. M Kurp	Winston Hills	9:26.9
6. B Wells	Gosford	8:29.0	6. H Brown	Nepean	11:10.6
7. A Harpley	Hornsby	8:41.2	7. N Dent	Tuggerah Lakes	12:38.2
8. M Dickson	Fairfield	8:41.8	8. B Comer	Wollongong	12:38.7

COUNTRY

1. O Khattab	Glenbrook	7:19.2	1. K Edwards	Dapto	8:48.2
2. T Upward	Wollongong	7:56.6	2. N Dent	Tuggerah Lakes	12:38.2
3. B Wells	Gosford	8:29.0	2. B Comer	Wollongong	12:38.7

STATE TEAMS

Nil Teams

1. Nepean

12 competitors - 7 Met; 5 Country

8 competitors - 5 Met; 3 Country

UNDER 12 - 1500m**STATE**

1. P Beacroft	Blacktown	7:36.2	1. A McIlvenie	Colyton/St Clair	7:51.0
2. D Vellis	Nepean	7:38.5	2. C Bock	Winston Hills	8:12.6
3. P Bock	Winston Hills	8:38.8	3. R West	Richmond	8:25.3
4. T Kay	Eastlakes	8:42.2	4. B Cook	Kurrajong/Bilpin	8:33.0
5. J Cross	Kurrajong/Bilpin	9:00.4	5. M Van Tilburg	Blacktown	8:45.6
6. K Frappell	Bankstown	9:03.8	6. K Watson-Jones	Nepean	9:06.4
7. S Willson	Illawong	9:08.8	7. K Carlson	Blacktown	9:47.0
8. G Eyears	Bankstown	9:09.2	8. K Love	St Georges Basin	11:08.5

COUNTRY

1. T Kay	Eastlakes	8:42.2	1. B Cook	Kurrajong/Bilpin	8:33.0
2. J Cross	Kurrajong/Bilpin	9:00.4	2. K Love	St Georges Basin	11:08.5
3. M Grimm	Lake Illawarra	10:29.1	3. K Harrison	Lake Illawarra	11:48.9

STATE TEAMS

1. Bankstown

Nil teams

14 competitors - 8 Met; 6 Country

11 competitors - 7 Met; 4 Country

BOYS

GIRLS

UNDER 13 - 1500m

STATE

1. N Haines	Manly Warringah	7:26.7
2. B Estall	Eastern Suburbs	8:34.6
3. D McIntyre	Gosford	9:13.8

1. T Kay
2. M Riakos
3. P Swann
4. D Peel
5. M Drennan
6. E Comer
7. A Dwyer
8. E Buckle

Eastlakes	7:55.7
Eastern Suburbs	8:00.3
Nepean	8:02.0
Winston Hills	8:20.8
Winston Hills	8:39.3
Wollongong	8:40.8
Nepean	8:47.1
Ku-Ring-Gai	9:06.3

COUNTRY

1. D McIntyre	Gosford	9:13.8
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1. T Kay
2. E Comer

East Lakes	7:55.7
Wollongong	8:40.8

STATE TEAMS

Nil teams

1. Nepean
2. Winston Hills

5 competitors - 4 Met; 1 Country

11 competitors - 9 Met; 2 Country

UNDER 14 - 2000m

STATE

1. D Beacroft	Blacktown	9:38.8
2. B Roberts	Illawong Snrs	11:00.6
3. C Dent	Tuggerah Lakes	11:13.2
4. A Brigden	Penrith	11:23.0
5. S McDonald	Blacktown	11:58.2
6. P Craft	Parkes	12:06.1

1. B Edwards
2. K Hughes
3. S Muller

Blacktown	10:36.7
Manly Warringah	12:12.5
Nepean	12:19.0

COUNTRY

1. C Dent	Tuggerah Lakes	11:13.2
2. P Craft	Parkes	12:06.1

No competitors

6 competitors - 4 Met; 2 Country

3 competitors - 3 Met; 0 Country

UNDER 15 - 2000m

STATE

1. M James	Bankstown	9:42.7
2. G McIntyre	Gosford	10:09.0
3. C Kurp	Winston Hills	11:40.7

1. C Craft
2. K Lloyd
3. J Sundstrom
4. R Cassell

Parkes	11:26.2
Macquarie Shores	11:40.5
Highlanders	12:54.8
Bankstown	13:27.4

COUNTRY

1. G McIntyre	Gosford	10:09.0
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1. C Craft
2. K Lloyd
3. J Sundstrom

Parkes	11:26.2
Macquarie Shores	11:40.5
Highlanders	12:54.8

4 competitors - 3 Met; 1 Country

4 competitors - 1 Met; 3 Country