



2000
State Cross Country
and
Road Walks

CB Alexander Agricultural College, Tocal
Sunday, July 2, 2000

RESULTS

LITTLE ATHLETICS ASSOCIATION OF NEW SOUTH WALES INC.

STATE CROSS COUNTRY

UNDER 7 – 800m

BOYS

GIRLS

1	Alex Pettigrew	Hornsby	2.50:4	1	Nicole Laird	Ku-Ring-Gai	3.19:0
2	Stuart Pratt	Camden Haven	3.09:3	2	Stephanie Gelder	Ku-Ring-Gai	3.20:5
3	Kyle Robinson	Illwong	3.10:5	3	Janine Liversage	Cherrybrook	3.22:2
4	Ridge Marpu	Gosford	3.16:3	4	Anna Popovic	Tiger Wests	3.22:4
5	Cameron Harrison	Parramatta	3.22:5	5	Kristie Price	Thornton	3.26:9
6	Ryan Fitzgerald	Nepean	3.28:2	6	Meryn Denning	Hills District	3.34:1
7	Lachlan Pincham	Colyton St Clair	3.30:0	7	Karlie Morton	Manly Warringah	3.34:9
8	Morgan Reynolds	Medowie	3.30:7	8	Karlee Grayson	Maitland	3.37:4
9	Miles Cole-Clarke	Maitland	3.31:0	9	Renee Sommerville	Gosford	3.38:6
10	Adin Martinus	Western Suburbs	3.31:3	10	Alice Noble	Edgeworth	3.38:8
11	Mitchell Read	Port Hacking	3.31:7	11	Emily Gunn	Jamison	3.41:2
12	Kurt Morris	Southlakes	3.32:4	12	Bonnie Wilson	Ku-Ring-Gai	3.41:6
13	Lachlan Richardson	Maitland	3.33:5	13	Filiz Urkanci	Parramatta	3.44:8
14	Brendan German	Nepean	3.34:6	14	Sabrina Momi	St George	3.45:6
15	Matthew Agnew	Winston Hills	3.35:8	15	Kim Kennedy	Winston Hills	3.47:2
16	Justin Miller	Nepean	3.36:4	16	Brittany Williams	Charlestown	3.47:8
17	Scott Gunning	Westlakes	3.37:6	17	Sarah Doley	Maitland	3.51:0
18	Nathan Roughley	Winston Hills	3.40:5	18	Ashlee Redding	Gosford	3.51:7
19	Scott Turnbull	Hills District	3.41:8	19	Julia King	Kurrajong Bilpin	3.52:6
20	Mitchell Berry	Thornton	3.42:0	20	Amy Green	Medowie	3.56:1
21	Patrick O'Brien	Hornsby	3.42:7	21	Brittany Bickford	Hornsby	3.58:9
22	Kieren Abbott	Parramatta	3.44:1	22	Carla Wehbe	Parramatta	4.02:7
23	Kieren Irvine	Kurrajong Bilpin	3.46:1	23	Natalie Bowdler	Mt Pritchard	4.06:1
24	Joshua Pobjie	Hills District	3.47:4	24	Madeline Brazier	Glenbrook	4.07:5
25	Edward Knowles	Hornsby	3.51:3	25	Nicki Watson	Hills District	4.10:3
26	Toby Madden	Aberdeen	4.01:0	26	Alexandra Hutchison	Hills District	4.14:7
27	Corey Paton	Parramatta	4.06:1	27	Jessica Drummer	Ku-Ring-Gai	4.18:1
28	Tim Grahame	Medowie	4.06:6	28	Louise Fox	Hornsby	4.22:4
29	John Matthews	Tilligerry	4.08:7	29	Anna Lorigan	Ku-Ring-Gai	4.28:0
				30	Demi-Lea Thompson	Parramatta	4.28:6
				31	Laura Grunsell	Hornsby	4.28:8
				32	Brianna Hinder	Gosford	4.45:8
				33	Rebecca Fenwick	Medowie	4.50:2

Teams

1	Nepean			1	Ku-Ring-Gai		
2	Hornsby			2	Hills District		
3	Parramatta			3	Gosford		

UNDER 8 -- 800m

1	Dean Asonitis	Mt Druitt	2.56:3	1	Gemma Nelson	Northern Districts	3.03:7
2	Troy Mutton	Illawong	3.00:3	2	Elly Farrington	Western Suburbs	3.05:0
3	James Vidigal	Nepean	3.00:5	3	Chole Doyle	Port Hacking	3.05:7
4	Mitchell Jones	Medowie	3.03:3	4	Samantha Davis	Ambarvale	3.12:3
5	Zac Gelder	Ku-Ring-Gai	3.04:1	5	Ellen Ford	Hornsby	3.14:3
6	Sean Potter	Macquarie Shores	3.05:8	6	Lovelle Dsouza	Northern Districts	3.14:8
7	Michael Tereba	Hills District	3.06:1	7	Charlotte Wilson	Nepean	3.15:0
8	James O'Brien	Hornsby	3.06:4	8	Jamee Cohen	Cobar	3.18:6
9	Luke Herzog	Hills District	3.06:6	9	Kellie Attenborough	Hornsby	3.23:6
10	Matthew Gorman	St George	3.06:8	10	Rebecca Portelli	Mt Druitt	3.26:2
11	Benjamin Chopping	Ambarvale	3.08:2	11	Katie Lawrence	Maitland	3.27:8
12	Daniel Barton	Gosford	3.08:6	12	Annalesse Smith	Hornsby	3.29:4
13	Keith Gregson	Nth Rocks/C'Ford	3.09:1	13	Hannah Felton	Western Suburbs	3.30:2
14	Kurt Herzog	Hills District	3.10:6	14	Georgia Gough	Western Suburbs	3.33:2
15	Kristian Turner	Hornsby	3.10:9	15	Tia Brady	Kotara South	3.34:7
16	Peter Bennett	Aberdeen	3.11:2	16	Alyssa Miller	Parramatta	3.36:6
17	Jack Cordukes	Parramatta	3.13:9	17	Tenille Battersby	Kandos Rylstone	3.37:6
18	Jake Robertson	Forster Tuncurry	3.14:2	18	Grace Thompson	Nepean	3.38:8
19	Edward Devilla	Gosford	3.14:5	19	Laura Drybergh	Hornsby	3.39:1
20	Mitchell Tysoe	Gosford	3.15:4	20	Natalie Mooy	Ryde	3.40:0
21	Daniel Skelton	Toukley	3.17:4	21	Emily Sampford	Singleton	3.40:5
22	Dean Levaune	Ambarvale	3.18:2	22	Monica Lamberton	Northern Districts	3.41:0
23	Michael Nielson	Kandos Rylstone	3.20:5	23	Rebekah Kent	Riverstone	3.41:5
24	Kerris Menzies	Hills District	3.21:8	24	Paige Webster	Ambarvale	3.42:7
25	Daniel Matthews	Tilligerry	3.23:3	25	Kristen McMillan	Ambarvale	3.43:5
26	Doug Kors	Hornsby	3.25:2	26	Chole Reddington	Gulgargambone	3.44:7
27	Cy Standon	Parramatta	3.25:5	27	Jacqueline Munro	Macquarie Shores	3.47:4
28	Tim Skelly	Hornsby	3.26:0	28	Danica Sardiulich	Parramatta	3.48:0
29	Alex Low	Parramatta	3.31:3	29	Kellie Blanch	Medowie	3.50:8
30	Cameron Scollie	Mt Druitt	3.31:8	30	Lucinda Johnson	Raymond Terrace	3.51:2
31	Owen Nicholls	Werrington	3.32:1	31	Alica Hooimeyer	winston Hills	3.51:4
32	Daniel Lee	Werrington	3.32:3	32	Andrea Knights	Bowral	3.55:0
33	Joshua Craig	Werrington	3.38:8	33	Lauren Drummer	Ku-Ring-Gai	3.55:8
34	Joshua Todd	Tilligerry	3.43:1	34	Alix Kennedy	Port Hacking	3.57:1
				35	Grace Radley	Maitland	4.06:1
				36	Emily Maples	Kurri Kurri	4.07:0
				37	Amanda Leabeater	Parramatta	4.09:0
				38	Khadijah Hamdan	Port Macquarie	4.10:8
				39	Bridie Slattery	Colyton St Clair	4.20:7
				40	Brenda Micalleff	Girraween	4.31:7
				41	Rachael Eveleigh	Singleton	4.56:1

Teams

1	Hills District			1	Hornsby		
2	Hornsby			2	Western Suburbs		
3	Gosford			3	Northern Districts		

UNDER 9 – 1500m

1	Cameron Page	Gosford	5.30:1	1	Tracey Morton	Manly Warringah	5.52:8
2	Matthew Healey	Port Hacking	5.33:8	2	Jillian Hollman	Port Stephens	6.06:1
3	Eugene Krnger	Cherrybrook	5.34:9	3	Jessica Drysdale	Wyong	6.07:8
4	Andrew Brazier	Glenbrook	5.37:0	4	Jessica Donlan	Illawong	6.08:9
5	Jake Sainesbury	Cherrybrook	5.39:5	5	Katy Tomasums	Colyton St Clair	6.10:3
6	Jackson Young	Port Hacking	5.44:9	6	Jenien Krynen	Orange	6.10:5
7	Andrew Nock	Northern Districts	5.47:5	7	Sarah Gunn	Jamison	6.10:7
8	David Ricketts	Glenbrook	5.48:3	8	Rachel Wood	Orange	6.12:4
9	Rhett Chapman	Illawong	5.48:6	9	Tegan Jenkins	Cardiff	6.18:4
10	Nikolavs Zellner	Northern Districts	5.49:1	10	Niketa Patterson	Port Hacking	6.21:4
11	Alex Matheson	Manly Warringah	5.55:8	11	Nikki Robson	Maitland	6.21:6
12	Kalum Martinus	Western Suburbs	5.57:4	12	Tahlia Farrant	Adamstown New Lambton	6.23:1
13	Hugh Wells	Winston Hills	5.57:6	13	Natalie Tereba	Hills District	6.24:2
14	Jole Fullick	Thornton	6.00:4	14	Kirstyn Pearce	Wyong	6.24:3
15	Josh O'Hanlon	Winston Hills	6.01:6	15	Bianca Perrentin	Douglas Park	6.24:7
16	Antony Tuma	Riverstone	6.06:1	16	Courtney Egger	Tuggerah Lakes	6.25:9
17	Joshua Finney	Riverstone	6.09:7	17	Laura Yates	Hornsby	6.26:1
18	Shaun Baxter	Cardiff	6.09:9	18	Rachel Mullane	Port Hacking	6.27:9
19	Michael Momi	St George	6.12:4	19	Marni Kanard	Port Hacking	6.31:2
20	Matthew Wright	Parramatta	6.14:6	20	Ashleigh Knight	Ku-Ring-Gai	6.32:3
21	Darren Hartney	Nepean	6.16:3	21	Laura Mogensen	Albion Park	6.33:6
22	Brock Fenwick	Medowie	6.17:9	22	Casey West	Port Macquarie	6.35:9
23	Andrew Kent	Riverstone	6.21:3	23	Bianca Crowe	Nepean	6.39:5
24	Jeremy Bingham	Northern Districts	6.23:2	24	Aishar Hamdan	Port Macquarie	6.42:7
25	Zach Plummer	Kurrajong Bilpin	6.23:6	25	Rukshani Keenawinna	Nepean	6.43:3
26	Zachery Madden	Aberdeen	6.23:8	26	Clare Fullbrook	Manly Warringah	6.43:9
27	Ayden Brown	Parramatta	6.25:9	27	Miriam McDonald	Northern Districts	6.45:0
28	Brady Talbot	Port Hacking	6.31:5	28	Courtney Danyl	Wollondilly	6.48:3
29	Karrunny Pearce	Hornsby	6.38:3	29	Sarah Hope	Aberdeen	6.49:6
30	Monty Richards	Parramatta	6.38:5	30	Emily Doyle	Manly Warringah	6.49:9
31	Joel Brown	Tilligerry	6.38:7	31	Caitlin Danyl	Wollondilly	6.54:8
32	Elliot Waters	Adamstown New Lambton	6.46:9	32	Alyse Wigley	Hills District	7.01:2
33	Matthew Hicks	Hornsby	6.51:9	33	Gabriella Herzog	Hills District	7.01:4
34	Steven Kurp	Winston Hills	7.08:4	34	Elise Jenkins	Port Macquarie	7.05:3
35	Tim Bruster	Winton Hills	7.10:4	35	Mikaela Manns	Cobar	7.06:8
36	Shawn Burns	Winston Hills	7.12:0	36	Tatinia Kowalski	Hornsby	7.07:2
37	Mitchell Mahaffey	Edgeworth	7.13:2	37	Clare Harris	Maitland	7.11:2
38	Purpalala Pearce	Hornsby	7.15:8	38	Elise helfensdorfer	Winston Hills	7.12:4
39	Simon Higgins	Maitland	7.16:4	39	Ann Brazier	Orange	7.21:6
40	Tyson King	Western Suburbs	7.18:2	40	Rachael Lodewigks	Hornsby	7.24:3
41	Lachlan O'Flynn	Winston Hills	7.29:2	41	Kimberley German	Nepean	7.26:9
42	Cliffon Richardson	Maitland	7.32:1	42	Lucy Mitchell	Hornsby	7.30:7
43	Zane Timmons	Nepean	7.45:9	43	Krixtina Marks	Port Macquarie	7.39:2
44	Adam Gallagher	Mt Druitt	7.53:5	44	Katherine Zohrab	Maitland	7.40:6
45	Adam Rochfort	Winston Hills	8.20:1	45	Kayla Stephenson	Parramatta	8.14:1
				46	Katrina Legg	Colyton St Clair	8.27:6
				47	Kristen Watson	Hills District	8.58:3
				48	Kelly Micallef	Girraween	9.07:7

Teams

1	Port Hacking			1	Port Hacking		
2	Northern Districts			2	Orange		
3	Riverston			3	Manly Warringah		

UNDER 10 - 1500m

1	Anthony Robertson	Manly Warringah	5.15:5	1	Emily Dunn	Bathurst	5.39:1
2	Connor Stevenson	Cardiff	5.16:3	2	Renee Asonitis	Mt Druitt	5.42:7
3	Bradley Leonard	Nepean	5.18:7	3	Ashleigh Graham	Illawong	5.47:1
4	Jason Harrison	Parramatta	5.18:9	4	Roslyn Cathers	Manly Warringah	5.53:3
5	Ryan Gregson	Albion Park	5.19:2	5	Melinda Price	Thornton	6.01:/*3
6	Luke Doust	Ku-Ring-Gai	5.24:6	6	Elyse Malloy	Nepean	6.01:6
7	Shane Larson	St George	5.26:7	7	Nicole Thorogood	Sutherland	6.05:9
8	Luke Hanson	Parramatta	5.31:1	8	Megan Hager	Western Suburbs	6.06:6
9	Andrew Ellis	Hills District	5.33:3	9	Natasha Aghus	Nepean	6.07:4
10	Sean Robertson	Forster Tuncurry	5.37:1	10	Kimberley Tillman	Warradale	6.07:6
11	Samual McDowell	Manly Warringah	5.45:0	11	Ashleigh Bonner	Manly Warringah	6.12:0
12	Curtis Mawson	Illawong	5.47:5	12	Meleigh Pearce	Wyong	6.13:4
13	Brodie Mooy	Ryde	5.50:1	13	Erin Green	Medowie	6.13:9
14	Jordan Clarke	Hornsby	5.51:0	14	Emma South	Winston Hills	6.16:3
15	Ben Bowdler	Mt Pritchard	5.52:4	15	Olivia Wallace	Kurrajong Bilpin	6.16:8
16	Casey Faets	Manly Warringah	5.52:9	16	Rebecca D'arcy	Hornsby	6.18:9
17	Jake Thompson	Nepean	5.53:5	17	Emma Knowles	Hornsby	6.20:9
18	Geoffery Bennett	Aberdeen	5.53:7	18	Alyssa Chilvers	Northern Districts	6.21:8
19	Nicholas Rathjen	Hornsby	5.56:9	19	Jacqui Blanch	Medowie	6.23:3
20	Justin Davis	Ambarvalee	5.58:1	20	Josephine Campbell	Maitland	6.24:7
21	Joseph Avers	Hornsby	5.58:5	21	Ashleigh Downie	Northern Districts	6.26:9
22	Dean Beath	Cowra	5.59:7	22	Jacinta Hayter	Gosford	6.27:3
23	Justin Fitzgerald	Nepean	6.00:3	23	Jessica Hills	Gosford	6.27:8
24	Thomas Platt	Hornsby	6.01:1	24	Katrina Biteznik	St George	6.30:6
25	Michael Lorigan	Ku-Ring-Gai	6.06:0	25	Kelly Grayson	Maitland	6.30:8
26	Matthew Pratt	Camden Haven	6.07:4	26	Kayla Jarvis	St George	6.32:2
27	Bryce Baber	Cardiff	6.07:7	27	Lauren Bourke	Gosford	6.34:6
28	Christian Millgate	Parramatta	6.08:0	28	Emily D'arcy	Hornsby	6.34:8
29	Sebastian Koncz	Cessnock	6.10:9	29	Rebecca Ryman	Kurrajong Bilpin	6.36:7
30	Timothy O'Toole	Maitland	6.15:3	30	Laura Fletcher	Hawkesbury	6.38:7
31	Ben Danyi	Wollondilly	6.16:7	31	Kate Mitchell	Hornsby	6.41:4
32	Cameron Meziess	Hills District	6.17:8	32	Samantha Redington	Gulargambone	6.43:4
33	Luke Grahame	Medowie	6.18:4	33	Jessica Doyle	Manly Warringah	6.43:7
34	Phillip Bures	Tilligerry	6.18:9	34	Eloise Minogue	Manly Warringah	6.43:9
35	Ben Todd	Tilligerry	6.21:0	35	Natalie Dyce	Hornsby	6.44:8
36	Dan Dewit	Ku-Ring-Gai	6.22:0	36	Emma Mackay	Ku-Ring-Gai	6.45:8
37	Wesley Box	Medowie	6.24:0	37	Ashlee Ankudinoff	Illawong	6.47:9
38	Jordan Eckford	Maitland	6.25:5	38	Natasha Irvine	Kurrajong Bilpin	6.54:5
39	Ricky Kemp	Manly Warringah	6.26:3	39	Lara Huston	Winston Hills	6.59:1
40	Ben Hook	Toukley	6.33:9	40	Cassie Garde	Northern Districts	7.02:8
41	Andrew Long	Glenbrook	6.38:9	41	Alex Manz	Winston Hills	7.03:4
42	Chris Levoune	Ambarvale	6.52:0	42	Taryn Robinson	Illawong	7.05:2
43	Matthew Nielsen	Kandos Rylstone	6.58:1	43	Rachael Felton	Western Suburbs	7.10:6
44	Ben Bodiczky	Winston Hills	7.01:7	44	Simone King	East Maitland	7.13:4
45	Andrew Gallagher	Mt Druitt	7.02:9	45	Cherie Mable	Illawong	7.15:2
46	Tim Richardson	Maitland	7.49:8	46	Tenille Algie	Illawong	7.20:9
				47	Alanna Clifford	Nepean	7.25:4
				48	Rebecca Casey	Girraween	7.36:4
				49	Jessica Street	Gosford	7.46:2
				50	Charlotte Bull	Maitland	7.50:5
				51	Kerrin Thomas	Medowie	7.59:6
				52	Candice Fuller	Illawong	8.12:4
				53	Melissa Rochfort	Winston Hills	12.22:0

Teams

1	Manly Warringah			1	Manly Warringah		
2	Parramatta			2	Hornsby		
3	Nepean			3	Nepean		

UNDER 11 – 2000m

1	Todd Burgess	Glen Innes	7.08:6	1	Melissa Penn	Ku-Ring-Gai	7.21:3
2	James Laman	Campbelltown	7.09:6	2	Rosie Tancred	Northern Suburbs	7.23:4
3	Ashley Pincham	Colyton St Clair	7.17:4	3	Jade Doley	Maitland	7.23:6
4	Luke Glapa	Port Stephens	7.22:9	4	Emma Walsh	Kurrajong Bilpin	7.27:7
5	Russell Christian	Tamworth	7.25:2	5	Melissa Tharogood	Sutherland	7.29:4
6	Marin Trescott	Winston Hills	7.35:2	6	Heide Gregson	Nth Rocks/C'Ford	7.32:3
7	Ryan King	Western Suburbs	7.38:2	7	Phoebe Timmons	Nepean	7.43:3
8	Jacob Madden	Aberdeen	7.39:0	8	Alice Tancred	Northern Suburbs	7.45:6
9	Paul Brazier	Glenbrook	7.42:2	9	Sarah Donlan	Illawong	7.51:0
10	Scott Smith	Hornsby	7.42:5	10	Jessica Bruster	Winton Hills	7.52:3
11	Luke McAuley	Sutherland	7.48:7	11	Nicki Grattan	Ambarvale	8.01:0
12	Christopher Johns	Maitland	7.52:3	12	Khali Grimshaw	Northern Suburbs	8.04:0
13	Christopher Legg	Colyton St Clair	7.53:6	13	Christine Hazelwood	Parramatta	8.05:3
14	Ben Knights	Bowral	7.55:8	14	Kirralie Bell	Maitland	8.08:4
15	Reece Presland	East Maitland	8.04:2	15	Melissa Gorman	St George	8.12:0
16	Matt Brady	Kotara South	8.07:9	16	Courtney Guy	Maitland	8.12:3
17	Jonathon George	Mudgee	8.12:0	17	Natalie Wear	Revesby Workers	8.12:7
18	Mitchell Powell	Medowie	8.14:2	18	Melissa Battersby	Kandos Rylstone	8.14:8
19	Damian Baxter	Cardiff	8.15:3	19	Kimberley Wells	Winston Hills	8.17:2
20	Robert Tomasums	Colyton St Clair	8.18:5	20	Amy Brown	Terrigal Wamberal	8.20:6
21	Matthew Lee	Werrington	8.20:5	21	Jessica German	Nepean	8.33:1
22	Alex Swart	Hornsby	8.25:4	22	Christie-Lee Frost	Kotara South	8.35:3
23	Andrew Poppett	Kiama	8.30:4	23	Ashleigh Applyby	Nepean	8.36:1
24	Thomas Cross	Hornsby	8.45:5	24	Shani Martinis	Western Suburbs	8.36:3
25	Luke Reed	Macquarie Shores	8.47:2	25	Laura Pastell	Hornsby	8.36:5
26	Andrew Lorigan	Ku-Ring-Gai	9.34:5	26	Ellie Knoble	Edgeworth	8.39:6
				27	Natalie Bonaventura	Winston Hills	8.40:9
				28	Danielle Breckon	Campbelltown	8.45:8
				29	Kristie Sissing	Winston Hills	8.46:0
				30	Ellen Linglee	Parramatta	8.57:9
				31	Stephanie Hazelwood	Parramatta	9.02:0
				32	Emma Conlon	Stockton	9.03:3
				33	Emma Lodewijks	Hornsby	9.08:7
				34	Marrenyingke Pearce	Hornsby	9.11:1
				35	Joanna Wood	Hornsby	9.11:4
				36	Michelle Ballard	Tamworth	9.14:8
				37	Jessica Seymour	Aberdeen	9.15:0
				38	Natasha Lane	Stockton	9.23:5
				39	Simone Vernon	Glenbrook	9.29:3
				40	Andrea Keenawinna	Nepean	9.52:3
				41	Melanie Wilson	Nepean	10.02:2
				42	Stephanie Grosser	Cobar	10.32:8
				43	Katherine Casey	Girraween	10.42:2
				44	Aimee Jones	Mt Druitt	10.44:1
				45	Lyneece Garland	Singleton	10.58:3

Teams

1	Colyton St Clair			1	Northern Suburbs		
2	Hornsby			2	Maitland		
				3	Nepean		

UNDER 12 – 2000m

1	Blake Vanderwoude	Gosford	6.42:1	1	Emma Statham	Bathurst	7.08:0
2	Andrew Smith	Nth Rocks/C'Ford	6.43:7	2	Holly Pobjie	Hills District	7.09:7
3	Andrew Scollie	Mt Druitt	6.56:3	3	Samantha Frost	Kotara South	7.11:2
4	Brian Hartney	Penrith	6.56:6	4	Jessica Gauric	St George	7.15:8
5	Paul Cummins	Gosford	7.01:7	5	Megan Gozzard	Werrington	7.28:1
6	Michael Harrison	Parramatta	7.03:3	6	Jessica Woolcott	East Maitland	7.30:9
7	Luke Fitzgerald	Nepean	7.06:2	7	Sarah James	Woodberry	7.40:6
8	Daniel Leigh	Blacktown	7.08:5	8	Danni Gregson	Albion Park	7.48:8
9	Phillip Hartney	Nepean	7.08:9	9	Tineke Kwast	Port Macquarie	7.50:7
10	Michael Baldwin	Macquarie Shores	7.17:4	10	Amanda Morris	Gosford	7.54:5
11	Kai Pridue	Maitland	7.18:9	11	Hollie Price	Kandos Rylstone	7.54:9
12	Paul Watzlaff	Illawong	7.20:2	12	Anna Munro	Macquarie Shores	7.58:0
13	Dean Wood	Kurrajong Bilpin	7.21:3	13	Alyce Conry	Gosford	7.58:6
14	Justin Richards	Parramatta	7.26:2	14	Ashley Fox-Smith	Kotara South	8.08:1
15	Matthew Gunn	Jamison	7.29:7	15	Natasha Huston	Winston Hills	8.09:0
16	Blake Egelton	Nepean	7.29:9	16	Susan Napton	Colyton St Clair	8.09:2
17	Tim Forsythe	Ku-Ring-Gai	7.32:9	17	Giselle Carter	Manly Warringah	8.22:5
18	Chris Wilder	Northern Districts	7.36:5	18	Kara Bull	Maitland	8.24:1
19	Marc Grayson	Maitland	7.38:6	19	Sarah Low	Maitland	8.26:5
20	Kris Morris	Maitland	7.40:2	20	Janna Van Roon	Aberdeen	8.28:2
21	Josh Plummer	Kurrajong Bilpin	7.41:2	21	Sarah Kowalski	Hornsby	8.29:1
22	Aley Lamberton	Northern Districts	7.44:0	22	Rebecca Goodwin	Nepean	8.30:2
23	Wesley Turner	Hornsby	7.44:2	23	Sheree Mutton	Illawong	8.44:8
24	Matthew Colquhoun	Parramatta	7.56:6	24	Katie Forster	Gosford	8.56:0
25	Cameron Hicks	Hornsby	8.05:2	25	Alison Attenborough	Hornsby	8.59:6
26	Andrew Dryburgh	Hornsby	8.07:5	26	Tracey Attenborough	Hornsby	9.06:3
27	Ben Wood	Hornsby	8.08:6	27	Tara Slattery	Colyton St Clair	9.11:3
28	Samual Dance	Northern Districts	8.29:7	28	Emily Small	Illawong	9.18:8
29	Matthew Street	Gosford	8.46:5	29	Shannon Brazier	Orange	9.19:1
30	Ian Baker	Tilligerry	9.31:2	30	Kylie Palmer	Terrigal Wamberal	9.31:5
31	Matthew Todd	Tilligerry	9.31:4	31	Renee Vandine	Colyton St Clair	9.40:3
32	Jarrod Burns	Winston Hills	9.37:8	32	Carlee Salmon	Maitland	10.22:2
33	Brian Wilson	Nepean	9.39:5	33	Ashley Micaleff	Girraween	10.29:0

Teams

1	Nepean			1	Gosford		
2	Gosford			2	Maitland		
3	Parramatta			3	Hornsby		

UNDER 13 – 2000m

1	Stuart Graham	Illawong	6.15:3	1	Brianna Crawford	Manly Warringah	7.06:8
2	James Matthews	Western Suburbs	6.24:7	2	Bianca Gregson	Nth Rocks/C'Ford	7.08:1
3	Steven Grech	Colyton St Clair	6.40:8	3	Jemma Davy	Port Macquarie	7.12:9
4	Adam Rutter	Hornsby	6.49:3	4	Anneise Rienthal	Manly Warringah	7.18:6
5	Shane Kanney	Maitland	6.55:3	5	Charlene Ebejer	Mt Druitt	7.29:8
6	Matt Jackson	Hornsby	7.03:1	6	Anna Graves	Hills District	7.34:8
7	Damien Dziedzic	St George	7.05:2	7	Chole Jones	Mt Druitt	7.39:7
8	Daniel Squires	Illawong	7.06:4	8	Courtney Barros	Hornsby	7.40:7
9	Tony Parsons	Tuggerah Lakes	7.07:8	9	Kaitlin Bailey	Cherrybrook	7.44:1
10	Tim Page	Gosford	7.10:4	10	Jennifer Baldwin	Parramatta	7.48:8
11	Tim Keary	Hornsby	7.11:9	11	Nicoie Fullbrook	Manly Warringah	7.55:0
12	Scott Laird	Ku-Ring-Gai	7.18:8	12	Kristy Malloy	Nepean	8.04:3
13	Cameron Truscott	Winston Hills	7.19:4	13	Paris Brooks	Manly Warringah	8.09:3
14	Jonathon Hoolmeyer	Winston Hills	7.29:6	14	Nikita Sayle	Parramatta	8.10:7
15	Kyle Livingston	Ambarvale	7.31:7	15	Alana Jenkins	Port Macquarie	8.10:9
16	Jamal Box	Medowie	7.36:9	16	Faith Belich	Hornsby	8.12:9
17	William Mitchell	Hornsby	7.38:6	17	Kristyn Jenkins	Port Macquarie	8.14:1
18	Matthew Campbell	Maitland	7.48:9	18	Shana Clifford	Nepean	8.16:3
19	Guy Bodiczky	Winston Hills	7.50:1	19	Elysia Pestell	Hornsby	8.26:5
20	David Thackray	Hornsby	7.53:0	20	Ashleigh Bricknell	Illawong	8.29:3
21	Peter Curnow	Northern Districts	7.54:8	21	Kara Madden	Aberdeen	8.59:2
22	Nick Baker	Northern Districts	7.55:1	22	Natalie Seymour	Aberdeen	9.01:2
23	Ben Downie	Northern Districts	7.55:7	23	Kiera Fisher	Parramatta	9.17:4
24	James O'Hern	Hornsby	8.43:2	24	Nicole Punch	Leeton	9.32:9
25	Shane Whitton	Tuggerah Lakes	8.46:6	25	Isabelle Brazier	Glenbrook	9.36:1
26	Ryan Jones	Medowie	8.52:2	26	Rickie Wilson	Nepean	10.08:4
27	Alex Thirlwell	Tuggerah Lakes	8.58:7	27	Helena Smith	Hornsby	12.18:9
28	Ben Powell	Medowie	9.04:7				
29	Matthew Gallagher	Mt Druitt	9.09:0				
30	Ryan Hamilton	Tuggerah Lakes	9.26:4				

Teams

1	Hornsby			1	Manly Warringah		
2	Winston Hills			2	Port Macquarie		
3	Tuggerah Lakes			3	Hornsby		

UNDER 14 – 3000m

1	Travis Prigg	Campbelltown	10.06:1	1	Kathryn Archibold	Nth Rocks/C'Ford	11.23:5
2	Brett Lee	Forster Tuncurry	10.14:8	2	Courtney Holland	Illawong	11.47:7
3	Garry Wordsworth	Mt Druitt	10.19:1	3	Alicia Kenney	Maitland	11.50:7
4	Brenden Kemp	Manly Warringah	10.33:2	4	Jessica Lawford	Orange	11.55:1
5	Patrick Vidot	Winston Hills	10.38:1	5	Kate Gozzard	Glenbrook	12.04:9
6	Brendan George	Mudgee	10.50:3	6	Jodie Madden	Springwood	13.15:2
7	Rowan Platt	Hornsby	11.05:0	7	Laura Newall	South Eastern	13.29:5
8	Brent Levoune	Ambarvale	11.14:3	8	Ailsa Seaton	Hornsby	13.36:9
9	Colby Stevenson	Manly Warringah	11.24:1	9	Bianca Mohr	Maitland	13.48:4
10	Chris Paterson	Woy Woy	11.29:0	10	Kerry Fajks	Port Macquarie	13.56:8
11	Sam Thackray	Hornsby	11.44:3	11	Jessica Young	Port Hacking	14.08:3
12	Shaun Van Room	Aberdeen	11.47:4	12	Krystle Mutton	Illawong	14.16:9
13	Tim Johns	Maitland	11.57:5	13	Danielle Robinson	Illawong	14.18:9
14	Scott Dunger	Winston Hills	12.19:9	14	Stephanie Beckworth	Hornsby	14.19:4
15	David Kowalski	Hornsby	13.11:3	15	Kylie Murray	Hornsby	14.31:7
16	Drew Huston	Winston Hills	14.31:5	16	Hazel Nicol	Ambarvale	14.46:8
17	Ben Darcy	Hornsby	14.42:5	17	Danielle Urane	Maitland	15.08:2
18	Logan Eveleigh	Singleton	15.01:3				

Teams

1	Hornsby			1	Illawong		
2	Winston Hills			2	Maitland		
				3	Hornsby		

UNDER 15 – 3000m

1	Jarrold Poppett	Kiama	9.58:6	1	Melinda Vernon	Glenbrook	10.46:1
2	Brendan Heape	Glenbrook	10.22:5	2	Lauren Palmer	Terrigal Wamberal	11.12:3
3	Alex Murrey	Hornsby	11.06:7	3	Tara Milgate	Parramatta	12.02:9
4	Brad Williams	Cowra	11.14:3	4	Krista King	Kurrajong Bilpin	12.11:0
5	James Cupit	Maitland	11.19:3	5	Corinne Archer	Mt Druitt	12.30:9
6	David Small	Illawong	11.23:7	6	Natalie Dawson	Girraween	12.34:2
7	James O'Toole	Maitland	11.41:0	7	Gabi De-Whit	Ku-Ring-Gai	12.34:9
8	Brendan Pont	Hornsby	11.45:9	8	Petra Wenzel	Glenbrook	12.47:8
9	Andrew Graham	Illawong	11.51:6	9	Christina Alldis	Ku-Ring-Gai	13.02:3
10	Ross Paul	Bathurst	12.24:7	10	Lisa Doust	Ku-Ring-Gai	13.03:6
11	Tristan Manwaring	Girraween	12.39:4	11	Kate Stockings	Girraween	13.04:0
12	Chris Clifford	Nepean	13.07:8	12	Heather Brown	Hornsby	13.05:2
13	Chris Pearce	Hornsby	13.32:1	13	Danielle VanCamp	Maitland	13.06:1
14	Luke Venzlauskas	Nepean	15.28:4	14	Vanessa Ebejer	Mt Druitt	13.22:2
15	Mathew Hartney	Nepean	16.53:8	15	Danielle Jaques	Koorngal Wagga	13.44:0
				16	Penelope Nash	Adamstown New Lambton	13.59:1
				17	Jillian Rutter	Hornsby	14.35:8
				18	Celia Maunder	Parramatta	14.57:5
				19	Claire Reinthal	Manly Warringah	14.59:0
				20	Samantha Pearson	Parramatta	15.40:4
				21	Rhiannon Bickford	Hornsby	15.50:8
				22	Elizabeth Brazier	Glenbrook	17.39:7

Teams

1	Hornsby			1	Ku-Ring-Gai		
2	Nepean			2	Glenbrook		
				3	Parramatta		

LITTLE ATHLETICS ASSOCIATION OF NEW SOUTH WALES INC.

STATE ROAD WALKS

BOYS

GIRLS

UNDER 9 – 1200m

1	Jackson Young	Port Hacking	7.35:5	1	Jamie Miller	Nepean	6.42:5
2	Shaun Ninyo	Randwick Botany	8.06:0	2	Sarah Gunn	Jamison	6.50:6
3	Shawn Burns	Winston Hills	8.11:2	3	Rachael Shorten	Kurrajong Bilpin	6.53:4
4	Matthew Healey	Port Hacking	8.24:8	4	Kimberley German	Nepean	7.15:5
5	Lachlan O'Flynn	Winston Hills	9.03:9	5	Jessica Donlan	Illawong	7.18:6
6	Elliot Waters	Adamstown New Lambton	9.09:2	6	Laura Mogensen	Albion Park	7.22:5
7	David Ricketts	Glenbrook	9.11:2	7	Elise Helfensdorfer	Winston Hills	7.33:4
8	Andrew Brazier	Glenbrook	9.11:4	8	Laura Yates	Hornsby	7.37:0
9	Brock Prince	Cobar	9.38:2	9	Bianca Crow	Nepean	7.39:1
10	Brady Talbott	Port Hacking	10.22:9	10	Rukshani Keenawinna	Nepean	7.39:3
				11	Brittany Melrose	Winston Hills	7.42:5
				12	Courtney Danyl	Wollondilly	8.14:8
				13	Lucy Mitchell	Hornsby	8.15:5
				14	Chantel Grahame	Medowie	8.23:4
				15	Emily Doyle	Manly Warringah	8.38:9
				16	Caitlin Danyl	Wollondilly	8.48:6
				17	Miriam McDonald	Northern Districts	9.05:2
				18	Ashleigh Hall	Winston Hills	9.18:1
				19	Ashleigh Perriott	Winston Hills	9.50:5
				20	Kristina Marks	Port Macquarie	10.19:0
				21	Casey West	Port Macquarie	10.19:6
				22	Rachel Lodewijks	Hornsby	10.24:0

Teams

1	Port Hacking			1	Nepean		
				2	Winston Hills		
				3	Hornsby		

UNDER 10 - 1200m

1	Brook Keys	Doonside	6.23:6	1	Natasha Agius	Nepean	6.28:5
2	Brad Lewis	Bankstown	6.28:7	2	Kimberley Tillman	Warradale	6.44:6
3	Justin Fitzgerald	Nepean	6.37:1	3	Jessica Hills	Gosford	6.51:6
4	Michael Lorigan	Ku-Ring-Gai	6.37:3	4	Ashleigh Graham	Illawong	6.57:4
5	Dan Dewit	Ku-Ring-Gai	6.58:9	5	Rebecca Casey	Girraween	7.24:0
6	Curtis Mawson	Illawong	7.26:1	6	Ashlee Ankudinoff	Illawong	7.28:2
7	Wesley Box	Medowie	7.34:6	7	Katrina Biteznik	St George	7.32:0
8	Ben Todd	Tilligerry	7.35:5	8	Natasha Irvine	Kurrajong Bilpin	7.34:8
9	Matthew Pearson	Parramatta	8.03:0	9	Emma South	Winston Hills	7.46:5
10	Andrew Gallagher	Mt DrUITT	8.19:4	10	Teneille Aglie	Illawong	7.59:3
11	Ben Danyl	Wollondilly	8.21:1	11	Lara Huston	Winston Hills	8.09:7
12	Nicholas Rathjen	Hornsby	10.32:1	12	Alana Clifford	Nepean	8.17:8
				13	Cherie Mable	Illawong	8.33:9
				14	Oliver Wallace	Kurrajong Bilpin	9.06:4
				15	Melinda Price	Thornton	9.16:1
				16	Jessica Street	Gosford	9.21:1
				17	Rebecca Ryman	Kurrajong Bilpin	9.31:7
				18	Caura Fletcher	Hawkesbury	10.48:8

Teams

				1	Illawong		
				2	Kurrajong Bilpin		

UNDER 11 - 1500m

1	Blake Egleton	Nepean	7.55:4	1	Sarah Donlan	Illawong	7.56:9
2	James Laman	Campbelltown	7.58:0	2	Chantelle Shorten	Kurrajong Bilpin	8.01:2
3	David Ridgeway	Macquarie Fields	8.03:9	3	Samantha Miller	Nepean	8.14:4
4	Luke McAuley	Sutherland	8.22:5	4	Danielle Breckon	Campbelltown	8.16:2
5	Chris Bassett	Hornsby	9.18:3	5	Ellen Lingley	Parramatta	8.47:4
6	Chris Sessions	Edgeworth	9.30:6	6	Phoebe Timmons	Nepean	9.06:0
7	Scott Smith	Hornsby	9.31:8	7	Ashleigh Applyby	Nepean	9.07:5
8	Mitchell Powell	Medowie	10.10:8	8	Kate Mitchell	Hornsby	9.23:2
9	Matt Scarlett	Hornsby	11.48:5	9	Ellie Noble	Edgeworth	9.24:6
				10	Haley Cadogan	Girraween	9.25:6
				11	Emma Conlon	Stockton	9.49:7
				12	Christine Hazelwood	Parramatta	10.09:6
				13	Natasha Lane	Stockton	10.22:6
				14	Aimee Jones	Mt DrUITT	10.36:8
				15	Jessica Tillman	Warradale	10.39:6
				16	Katherine Casey	Girraween	11.13:8
				17	Rebecca Leabeater	Parramatta	11.22:6
				18	Andrea Keenawinna	Nepean	12.04:4
				19	Joanna Wood	Hornsby	12.58:4
				20	Jessica German	Nepean	14.37:4

Teams

1	Hornsby			1	Nepean		
				2	Parramatta		

UNDER 12 - 1500m

1	Luke Fitzgerald	Nepean	7.27:3	1	Susan Knapton	Colyton St Clair	7.43:1
2	Nathan Rowe	Illawong	7.46:4	2	Holy Pobjie	Hills District	8.17:1
3	Beau Plummer	Kurrajong Bilpin	8.19:8	3	Emma Moore	Kandos Rylstone	8.23:9
4	Glyn Bickford	Hornsby	9.40:2	4	Ashleigh Potter	Campbelltown	8.26:1
5	Cameron Hicks	Hornsby	10.26:8	5	Fiona Alldis	Ku-Ring-Gai	8.43:4
6	Jarrod Burnes	Winston Hills	10.58:1	6	Julie Grant	Girraween	9.20:4
7	Andrew Lloydowen	Hornsby	11.10:5	7	Kirsten Waters	Winston Hills	9.20:6
8	Ben Wood	Hornsby	11.17:0	8	Natasha Huston	Winston Hills	10.00:6
9	Brian Wilson	Nepean	14.47:3	9	Kate Lewis	Bankstown	10.02:2
				10	Renea Vandine	Colyton St Clair	10.19:2
				11	Courtney Shircop	Winston Hills	10.21:5
				12	Tara Slattery	Colyton St Clair	10.23:6
				13	Alyce Conry	Gosford	11.14:2
				14	Amy Young	Port Hacking	11.34:6
				15	Kylie Palmer	Terrigal Wamberal	12.41:3
				16	Amanda Morris	Gosford	13.32:1

Teams

1	Hornsby			1	Colyton St Clair		
				2	Winston Hills		

UNDER 13 - 1500m

1	Steven Frew	Blacktown	7.28:5	1	Becky Lee	Mt Druitt	7.41:0
2	Adam Rutter	Hornsby	8.24:3	2	Jessica Heazlewood	Ku-Ring-Gai	7.42:9
3	Tony Parsons	Tuggerah Lakes	9.04:0	3	Sally Camilleri	Doonside	7.59:4
4	Matthew Nelson	Hornsby	9.07:0	4	Krystelle Mutton	Illawong	8.17:9
5	Matt Long	Glenbrook	9.40:7	5	Chloe Jones	Mt Druitt	8.19:4
6	Nathan Wells	Kurrajong Bilpin	9.44:9	6	Danielle Wilson	Illawong	8.19:6
7	Ben Powell	Medowie	9.53:4	7	Katie Roberts	Illawong	8.50:3
8	Ryan Hamilton	Tuggerah Lakes	10.36:3	8	Benita Dewit	Ku-Ring-Gai	9.03:8
9	Tim Colebatch	Hornsby	11.06:9	9	Nikita Sayle	Parramatta	9.05:6
10	Ryan Jones	Medowie	12.26:3	10	Rebecca Dodds	Nepean	9.09:1
11	Alex Thirlwell	Tuggerah Lakes	12.31:5	11	Nicole Punch	Leeton	10.09:8
				12	Kiera Fisher	Parramatta	11.12:1
				13	Jessica Brown	Terrigal Wamberal	11.15:4
				14	Rebecca Goodwin	Nepean	11.17:8
				15	Ricki Wilson	Nepean	11.21:4

Teams

1	Hornsby			1	Illawong		
2	Tuggerah Lakes			2	Nepean		

UNDER 14 - 2000m

1	Travis Prigg	Campbelltown	9.58:7	1	Peta Gough	Doonside	9.56:3
				2	Laura Newall	South Eastern	10.06:6
				3	Jodi Tulloch	South Eastern	10.38:4
				4	Melissa Vellis	Nepean	10.40:4
				5	Christina Alldis	Ku-Ring-Gai	10.51:6
				6	Hazel Nicol	Ambarvale	10.52:1
				7	Kylie Burkhardt	Mt Pritchard	11.16:5
				8	Katie Faber	Tilligerry	12.53:9
				9	Lisa Bonaventura	Winston Hills	12.59:1

UNDER 15 - 2000m

1	Aaron Mellor	St George	8.39:5	1	Lisa Grant	Girraween	9.33:4
2	Chris Clifford	Nepean	9.13:6	2	Corrine Archer	Mt Druitt	9.42:5
3	Tom Geyteman	Kurrajong Bilpin	9.22:9	3	Brianna Hezelwood	Ku-Ring-Gai	9.44:0
4	Mark Nelson	Hornsby	12.08:5	4	Kirsten Venzlauskas	Nepean	10.07:4
5	Brad Williams	Cowra	15.14:9	5	Stacey Birch	Kurrajong Bilpin	10.26:0
6	Chris Pearce	Hornsby	16.31:0	6	Vanessa Ebejer	Mt Druitt	11.16:0
				7	Jillian Rutter	Hornsby	11.40:7
				8	Katie Dodds	St George	11.57:5
				9	Megan Moss	Wollondilly	12.24:4
				10	Lisa Doust	Ku-Ring-Gai	13.02:3
				11	Lauren Palmer	Terrigal Wamberal	13.46:0
				12	Samantha Pearson	Parramatta	15.11:1
				13	Melanie Portelli	Mt Druitt	15.21:8
				14	Rhiannon Bickford	Hornsby	16.30:8

Teams

				1	Mt Druitt		
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