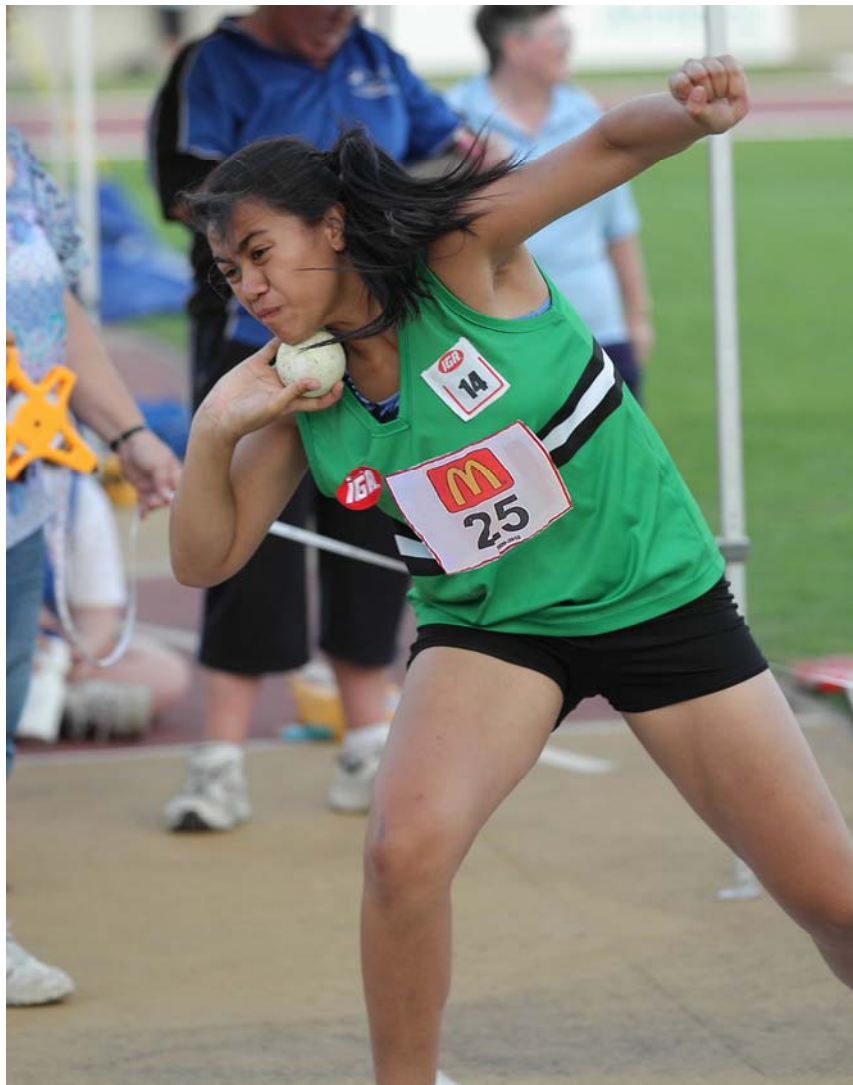




# State Records

*as at April 1, 2010*



**Filoi Aokuso (Blacktown)**  
U14 Girls Shot Put - State Record 14.98m

# STATE RECORDS AS AT APRIL 1, 2010

## UNDER 7 GIRLS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
50 Metres	Annette Cavanagh	Blacktown	8.0	24 Mar 1979
	Andrea Parker	Hills District	8.0	24 Mar 1979
70 Metres	Karolyn Cassidy	Hills District	10.8	11 Mar 1978
	Jo-anne Swan	Camden	10.8	16 Mar 1980
100 Metres	Belinda Ruiz	Lake Illawarra	15.9	7 Mar 1982
200 Metres	Jo-anne Swan	Camden	33.1	15 Mar 1980
Long Jump	Sally Eggleton	Ku-Ring-Gai	3.60m	21 Feb 1982
	Belinda Jones	Hornsby	3.60m	21 Feb 1982
Shot Put	Kylie Standing	Bankstown	8.01m	20 Mar 1983
Discus	Mallory Bassett	Hornsby	21.24m	3 Mar 2007
Multi-Event	Tomysha Clark	Port Hacking	4915 pts	7 Mar 2010

## UNDER 7 BOYS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
50 Metres	Scott Weaver	Scully Park	7.4	12 Mar 1977
70 Metres	Graham Garnett	Hornsby	10.8	18 Mar 1973
	Jonathon Weaver	Scully Park	10.8	11 Mar 1978
	Adam Davis	Greystanes	10.8	25 Mar 1979
100 Metres	Jeffrey Poulter	Bankstown	10.8	16 Mar 1980
	Alan Powderly	Walcha	15.4	7 Mar 1982
200 Metres	Enzo Granata	Holroyd	32.6	19 Mar 1983
	Mark Lever	Hornsby	3.71m	5 Feb 1977
Long Jump	Greg Hammond	Hornsby	3.71m	21 Mar 1981
	Blake Toohey	Sutherland	10.20m	7 Mar 2010
Shot Put	Blake Toohey	Sutherland	10.20m	7 Mar 2010
Discus	Anthony Krkovski	Port Hacking	23.09m	5 Mar 2005
Multi-Event	Blake Toohey	Sutherland	5136 pts	7 Mar 2010

## UNDER 8 GIRLS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
70 Metres	Annette Cavanagh	Blacktown	10.3	16 Mar 1980
100 Metres	Helen Clarke	Orange	14.2	23 Mar 1979
200 Metres	Bronwyn Piening	Nepean	31.5	18 Mar 1984
	Emily Pollett	Manly Warringah	31.5	16 Feb 1997
400 Metres	Jo-anne Swan	Camden	1:11.3	21 Mar 1981
60m Hurdles	Shona Martin	Manly Warringah	11.0	18 Feb 1996
Long Jump	Danya Kerr	Winston Hills	4.17m	2 Mar 1986
Shot Put (1.5kg)	Kristy Dingwall	Smithfield	8.52m	17 Feb 1902
Discus	Taylah Sengul	Winston Hills	24.42m	23 Nov 2003
Multi-Event	Amie Bowrey	Hornsby	5334 pts	7 Mar 2010

## UNDER 8 BOYS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
70 Metres	Tim Harper	Weston Creek	10.1	11 Mar 1978
	Mark Lever	Hornsby	10.1	11 Mar 1978
100 Metres	Tim Harper	Weston Creek	14.0	12 Mar 1978
200 Metres	Greg Pill	Illawong	30.5	22 Feb 1987
400 Metres	David Misson	Randwick Botany	1:07.8	23 Mar 1975
60m Hurdles	Keliti Vaingalo	Randwick Botany	10.4s	20 Feb 2000
Long Jump	Steven Grant	Port Hacking	4.24m	22 Feb 1987
Shot Put (1.5kg)	Jake Stein	Warradale	9.71m	3 Mar 2002
Discus	Gareth Care	North Rocks Carlingford	31.36m	16 Feb 1992
Multi-Event	Jack McFadden	Ku-Ring-Gai	5397pts	7 Mar 2010

## UNDER 9 GIRLS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
70 Metres	Briony Kanard	Port Hacking	9.9	22 Mar 1998
70 Metres (E)	Alexis Jeffs	Cardiff	10.61	21 Mar 2010
100 Metres	Kate Farrell	Holroyd	13.9	23 Mar 1979
	Helen Clarke	Orange	13.9	15 Mar 1980
100 Metres (E)	Alexis Jeffs	Cardiff	14.65	20 Mar 2010
200 Metres	Rosemary Hayward	Wyong	28.5	25 Mar 1990
200 Metres (E)	Mariama McKern	Bowral	30.71	21 Mar 2010
400 Metres	Rosemary Hayward	Wyong	1:06.5	24 Mar 1990
400 Metres (E)	Shenay Edwards	Albion Park	1:09.33	20 Mar 2010
60m Hurdles	Chyna Tavai-Williams	Bankstown Sports	9.6	21 Feb 2009
60m Hurdles (E)	Dakota Thomas	Macquarie Hunter	9.98	20 Mar 2010
800 Metres	Bindi Wolfer	Quirindi	2:36.1	25 Mar 1979
800 Metres (E)	Ashlee Forbes	Tuggerah Lakes Mingara	2:44.01	21 Mar 2010
700m Walk	Natasha Agius	Nepean	3:21.7	21 Mar 1999
700m Walk (E)	Eliza De Laine	Nth Suburbs	3:25.83	19 Mar 2010
Long Jump	Selina Dundas	Armidale	4.42m	16 Mar 1985
High Jump	Chyna Tavai-Williams	Bankstown Sports	1.31m	21 Mar 2009
Shot Put	Juanita Lloyd	Bankstown Sports	9.13m	19 Mar 2006
Discus	Filoi Aokuso	Blacktown	31.22m	28 Nov 2004
Multi-Event	Ashley Dribbus	Wollongong City	4944 pts	7 Mar 2010

## UNDER 9 BOYS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
70 Metres	John Grant	Canowindra	9.7	22 Mar 1998
	Daniel Perkins	Sutherland	9.7	20 Feb 2000
	Michael Oldfield	Manly Warringah	9.7	19 Mar 2000
	Benjamin Alessio	St George	9.7	18 Mar 2007
70 Metres (E)	Ben Kinasch	Cherrybrook	10.26	21 Mar 2010
100 Metres	Christopher Lawrence	Campbelltown	13.4	21 Feb 1998
100 Metres (E)	Ben Kinasch	Cherrybrook	14.06	20 Mar 2010
200 Metres	Glen Murgatroyd	Campbelltown	28.2	22 Mar 1975
200 Metres (E)	Cooper Jenkins	Medowie	29.77	21 Mar 2010
400 Metres	Glen Murgatroyd	Campbelltown	1:03.9	23 Mar 1975
400 Metres (E)	William Fagan	Eastern Suburbs	1:06.65	20 Mar 2010
800 Metres	Alex Pettigrew	Hornsby	2:25.7	17 Mar 2002
800 Metres (E)	William Fagan	Eastern Suburbs	2:33.50	21 Mar 2010
60m Hurdles	Joshua Mulligan	Gosford	9.3	21 Feb 1999
	Rory Barkley	Northern Suburbs	9.3	21 Mar 2009
60m Hurdles (E)	Ben Kinasch	Cherrybrook	9.66	20 Mar 2010
700m Walk	Joshua Milan	Minchinbury	3:20.7	21 Mar 1999
700m Walk (E)	Harrison Mavin	Ku-ring-Gai	3:24.53	19 Mar 2010
Long Jump	Grant Buchanan	Illawong	4.71m	24 Mar 1991
High Jump	Jamie Shortland	Randwick Botany	1.40m	17 Mar 1985
	Harrison Brierley	Illawong	1.40	21 Mar 2009
Shot Put	Jamal Idris	Bankstown Sports	11.33m	20 Mar 1999
Discus	Jamal Idris	Bankstown Sports	36.68m	22 Nov 1998
Multi-Event	Kieren Briggs	North Rocks Carlingford	4990 pts	8 Mar 2009

## UNDER 10 GIRLS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
70 Metres	Grace Naseby	Griffith	9.6	19 Mar 2000
70 Metres (E)	Bethany Kranendonk	Wyong	10.14	21 Mar 2010
100 Metres	Annette Osborne	Lethbridge Park	13.3	12 Mar 1978
	Rosemary Hayward	Wyong	13.3	23 Mar 1991
100 Metres (E)	Kristie Edwards	Manly Warringah	13.71	20 Mar 2010
200 Metres	Annette Osborne	Lethbridge Park	28.2	11 Mar 1978
	Emily Pollett	Manly/Warringah	28.2	21 Mar 1999
200 Metres (E)	Kristie Edwards	Manly Warringah	28.22	21 Mar 2010
400 Metres	Paige Fenech	Albion Park	1:03.7	15 Mar 2003
400 Metres (E)	Bethany Kranendonk	Wyong	1:06.85	20 Mar 2010
800 Metres	Suzy Walsham	Ku-Ring-Gai	2:29.5	18 Mar 1984
800 Metres (E)	N'Dea Rumble	Armidale	2:38.17	21 Mar 2010
1500 Metres	Amanda Stitt	Ku-Ring-Gai	4:59.8	21 Mar 1982
1500 Metres (E)	Nell Breslin	Manly Warringah	5:21.17	20 Mar 2010
60m Hurdles	Kate O'Donnell	Macquarie Shores	9.8	18 Mar 1995
	Annalaise Gardiner	Ku-Ring-Gai	9.8	15 Mar 2003

60m Hurdles (E)	Chyna Tavai-Williams	Bankstown Sports	9.84	20 Mar 2010
1100m Walk	Kini Chapple	Nepean	5:21.2	21 Mar 2004
1100m Walk (E)	Abbey Dhu	Doonside	5:38.02	19 Mar 2010
Long Jump	Rosemary Hayward	Wyong	4.75m	24 Mar 1991
High Jump	Chyna Tavai-Williams	Bankstown Sports	1.45m	21 Feb 2010
Shot Put	Filoi Aokuso	Blacktown	11.92m	19 Feb 2006
Discus	Michelle Haage	Bankstown	37.22m	16 Mar 1985
Multi-Event	N'Dea Rumble	Armidale	4788 pts	7 Mar 2010

## UNDER 10 BOYS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
70 Metres	Christopher Lawrence	Campbelltown	9.3	20 Mar 1999
	Josh Mulligan	Gosford	9.3	19 Mar 2000
70 Metres (E)	Lewis Clabburn	Nth Suburbs	9.74	21 Mar 2010
100 Metres	Philip Provenzano	Randwick Botany	12.7	12 Mar 1978
100 Metres (E)	Lewis Clabburn	Nth Suburbs	13.42	20 Mar 2010
200 Metres	Chris Newman	Queanbeyan	26.7	11 Mar 1978
200 Metres (E)	Lewis Clabburn	Nth Suburbs	27.92	21 Mar 2010
400 Metres	Alex Pettigrew	Parramatta	1:01.2	16 Mar 2003
400 Metres (E)	Tyler Gunn	Gosford	1:01.88	20 Mar 2010
800 Metres	Paul Kelly	Greystanes	2:21.6	25 Mar 1979
800 Metres (E)	Nicholas Blakey	South Eastern	2:26.63	21 Mar 2010
1500 Metres	Richard McCarthy	Randwick Botany	4:44.1	19 Mar 1983
1500 Metres (E)	Elliot Metcalf	Manly Warringah	4:49.95	20 Mar 2010
60m Hurdles	Sean Potter	Macquarie Shores	9.5	16 Mar 2002
60m Hurdles (E)	Rory Barkley	Nth Suburbs	9.79	20 Mar 2010
1100m Walk	Luke Fitzgerald	Nepean	5:01.7	22 Mar 1998
1100m Walk (E)	Kyle Bedford	Nepean	5:35.77	19 Mar 2010
Long Jump	Martin Moore	Bathurst	5.17m	16 Mar 1980
High Jump	Jake Stein	Warradale	1.51m	21 Mar 2004
Shot Put	Emanuele Fuamatu	Bankstown Sports	13.15m	19 Feb 2000
Discus	Jason Arnberger	Nepean	43.20m	19 Mar 1983
Multi-Event	Nicholas Frost	Nth Districts	5194 pts	7 Mar 2010

## UNDER 11 GIRLS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
100 Metres	Michelle Moroney	Bankstown	12.7	12 Mar 1978
100 Metres (E)	Brooke Jenkins	Cherrybrook	13.22	20 Mar 2010
200 Metres	Michelle Moroney	Bankstown	26.2	11 Mar 1978
200 Metres (E)	Brooke Jenkins	Cherrybrook	27.12	21 Mar 2010
400 Metres	Michelle Moroney	Bankstown	1:01.2	12 Mar 1978
	Jacinta Doyle	Port Hacking	1:01.2	17 Mar 2001
400 Metres (E)	Alex Kerr	Balmain	1:03.07	20 Mar 2010
800 Metres	Jenny Blundell	Cherrybrook	2:22.6	20 Mar 2005
800 Metres (E)	Alex Kerr	Balmain	2:27.72	21 Mar 2010
1500 Metres	Suzy Walsham	Ku-Ring-Gai	4:51.3	16 Mar 1985
1500 Metres (E)	Tiarna Mason	Randwick Botany	5:10.73	20 Mar 2010
60m Hurdles	Annaliese Gardiner	Ku-Ring-Gai	9.1	20 Mar 2004
60m Hurdles (E)	Shenais Moss	Revesby Workers	9.85	20 Mar 2010
1100m Walk	Kini Chapple	Nepean	5:01.3	20 Mar 2005
1100m Walk (E)	Jasmyn McDonald	Parramatta	5:16.63	19 Mar 2010
Long Jump	Sonya Taumaialo	Winston Hills	4.96m	18 Mar 2007
High Jump	Alexandra Church	Wollongong	1.54m	19 Mar 1995
Triple Jump	Rebecca Mounsey	Albion Park	10.38m	21 Mar 2004
Shot Put	Filoi Aokuso	Blacktown	14.07m	18 Mar 2007
Discus	Grace Robinson	St George	39.03m	7 Mar 2010
Multi-Event	Grace Robinson	St George	4803 pts	7 Mar 2010

## UNDER 11 BOYS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
100 Metres	Robert Stanford	Nepean	12.4	12 Mar 1978
100 Metres (E)	Jordan Idiare	Winston Hills	12.91	20 Mar 2010
200 Metres	Robert Stanford	Nepean	25.6	11 Mar 1978
200 Metres (E)	Alex Ngyen	Bankstown Sports	27.28	21 Mar 2010
400 Metres	Chris Newman	Queanbeyan	57.5	23 Mar 1979
400 Metres (E)	Alex Kyriacou	Randwick Botany	1:00.16	20 Mar 2010
800 Metres	Steve Refenes	Ryde	2:18.2	22 Mar 1981

800 Metres (E)	Alex Kyriacou	Randwick Botany	2:21.40	21 Mar 2010
1500 Metres	Richard McCarthy	Randwick Botany	4:36.9	17 Mar 1984
1500 Metres (E)	Joshua Head	Wollongong City	4:43.69	20 Mar 2010
60m Hurdles	William Mataka	Revesby Workers	9.0	19 Feb 2000
60m Hurdles (E)	Jarrod Twigg	Wollongong City	9.83	20 Mar 2010
1100m Walk	Luke Fitzgerald	Nepean	5:05.8	21 Mar 1999
1100m Walk (E)	Jordan Glover	Hills District	5:31.65	19 Mar 2010
Long Jump	Craig Woodroff	Manly Warringah	5.34m	7 Feb 1987
High Jump	John Thornell	Green Valley	1.63m	17 Mar 1996
Triple Jump	David Geddes	Manly Warringah	11.06m	27 Mar 1993
Shot Put (2kg)	Jamal Idris	Bankstown Sports	14.14m	17 Feb 2001
Discus	Emanuele Fuamatu	Fairfield	39.81m	18 Mar 2001
Multi-Event	Aaron Jeffery	Western Suburbs	4942 pts	7 Mar 2010

## UNDER 12 GIRLS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
100 Metres	Michelle Moroney	Bankstown	12.4	24 Mar 1979
	Jacinta Doyle	Port Hacking	12.4	16 Mar 2002
	Annaliese Gardiner	Ku-Ring-Gai	12.4	19 Feb 2005
100 Metres (E)	Ruby Ritchie	Manly Warringah	12.75	20 Mar 2010
200 Metres	Nicole Leistenschneider	Manly Warringah	25.6	21 Feb 1979
200 Metres (E)	Molly Blakey	South Eastern	26.46	21 Mar 2010
400 Metres	Nicole Leistenschneider	Manly Warringah	57.5	21 Feb 1979
400 Metres (E)	Molly Blakey	South Eastern	1:00.67	20 Mar 2010
800 Metres	Christie Pearson	Springwood	2:17.3	19 Mar 2006
800 Metres (E)	Susie Seitardis	Lake Illawarra	2:28.26	21 Mar 2010
1500 Metres	Christie Pearson	Springwood	4:38.8	18 Mar 2006
1500 Metres (E)	Brooke Coggins	Wyong	5:06.96	20 Mar 2010
60m Hurdles	Annaliese Gardiner	Ku-Ring-Gai	9.1	19 Mar 2005
60m Hurdles (E)	Rachel Pace	Cherrybrook	9.77	20 Mar 2010
1500m Walk	Renee McAskill	Nepean	6:38.7	20 Mar 1994
1500m Walk (E)	Taryn McCaffrey	Nepean	7:41.80	19 Mar 2010
Long Jump	Tracy Blackburn	Kurri Kurri	5.42m	16 Mar 1986
High Jump	Kellie Farrell	Gosford	1.63m	15 Mar 1980
	Sonja Wennekes	Sutherland	1.63m	15 Mar 1986
Triple Jump	Amy Carpenter	Tuggerah Lakes	10.94m	20 Mar 1994
Shot Put	Kylie Standing	Bankstown	16.19m	20 Mar 1988
Discus	Filoi Aokuso	Blacktown	46.19m	15 Mar 2008
Multi-Event	Susie Seitardis	Lake Illawarra	4999 pts	7 Mar 2010

## UNDER 12 BOYS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
100 Metres	Todd Shanahan	Macquarie Shores	11.8	20 Mar 1999
100 Metres (E)	Jordan Shelley	Hills District	12.59	20 Mar 2010
200 Metres	Todd Shanahan	Macquarie Shores	25.0	21 Mar 1999
200 Metres (E)	Benjamin Alessio	St George	26.35	21 Mar 2010
400 Metres	Luke Hamer	St George	56.8	20 Mar 2004
400 Metres (E)	Brock O'Donnell	Doonside	57.61	20 Mar 2010
800 Metres	James Connor	Campbelltown UWS Coll.	2:13.2	20 Mar 2005
800 Metres (E)	Jye Perrott	Girraween	2:20.34	21 Mar 2010
1500 Metres	Peter Stellino	Hills District	4:27.2	19 Mar 1983
1500 Metres (E)	Benjamin Thomson	Hills District	4:42.89	20 Mar 2010
60m Hurdles	Kane Thompson	Manly Warringah	8.9	19 Feb 2005
60m Hurdles (E)	Bailey Simonson	Manly Warringah	9.28	20 Mar 2010
1500m Walk	Luke Fitzgerald	Nepean	6:45.2	19 Mar 2000
1500m Walk (E)	Hayden Forbes	Tuggerah Lakes Mingara	8:02.56	19 Mar 2010
Long Jump	Michael Doggett	Lithgow	5.86m	17 Mar 1996
High Jump	Thibaut Potin	Illawong	1.72m	21 Mar 2009
Triple Jump	Gima Keimelo	Randwick Botany	12.78m	19 Mar 1995
Shot Put	Emanuele Fuamatu	Fairfield	15.66m	17 Mar 2002
Discus	Emanuele Fuamatu	Fairfield	52.43m	16 Mar 2002
Multi-Event	Alec Diamond	Northern Suburbs	4680pts	8 Mar 2009

## UNDER 13 GIRLS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
100 Metres	Jo-anne Swan	Camden	12.1	15 Mar 1986
	Rebecca Vormister	Wollongong	12.1	7 Mar 1987
	Haylee Mathieson	Wollongong	12.1	17 Mar 1996
	Laura Turner	Port Hacking	12.1	19 Feb 2005
100 Metres (E)	Ashlee Tait	Kings Langley	12.95	20 Mar 2010
200 Metres	Maddie Pirie	Revesby Workers	24.8	16 Mar 2008
200 Metres (E)	Jenna Heath	Lithgow	26.44	21 Mar 2010
400 Metres	Jo-anne Swan	Camden	57.1	16 Mar 1986
400 Metres (E)	Louise Hill	Mosman	59.43	20 Mar 2010
800 Metres	Suzy Walsham	Ku-Ring-Gai	2:15.2	22 Feb 1987
800 Metres (E)	Alex McCloughlan	Macquarie Hunter	2:19.33	21 Mar 2010
1500 Metres	Suzy Walsham	Ku-Ring-Gai	4:36.1	21 Feb 1987
1500 Metres (E)	Jessica Hull	Albion Park	4:48.93	20 Mar 2010
3000 Metres	Anna Laman	Campbelltown Collegians	10:21.5	15 Mar 2008
3000 Metres (E)	Sarah Marvin	Winston Hills	10:35.20	20 Mar 2010
80m Hurdles	Tara Holt	South Eastern	12.2	17 Mar 2002
80m Hurdles (E)	Gabriella O'Grady	Nth Suburbs	12.87	21 Mar 2010
200m Hurdles	Tahlia Gray	Canterbury	28.0	19 Feb 2000
200m Hurdles (E)	Samantha Geddes	Port Hacking	28.74	20 Mar 2010
1500m Walk	Shannon Jennings	Nepean	6:35.3	19 Mar 2006
1500m Walk (E)	Tayla-Paige Billington	Manly Warringah	7:05.60	21 Mar 2010
Long Jump	Leanne Richardson	Dubbo	5.51m	24 Mar 1991
High Jump	Sonja Wennekes	Sutherland	1.80m	22 Mar 1987
Triple Jump	Barbara Nicholas	Balmain	11.22m	24 Mar 1990
	Alysha House	Koorringal Wagga	11.22m	16 Mar 2002
Shot Put	Taylah Sengul	Winston Hills	14.23m	22 Feb 2009
Discus (750g)	Taylah Sengul	Winston Hills	49.57m	20 Mar 2009
Javelin	Taylah Sengul	Winston Hills	45.91m	22 Mar 2009
Multi-Event	Brooke Giffen	Illawong	4936pts	8 Mar 2009

## UNDER 13 BOYS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
100 Metres	Dayne Neirinckx	Emu Plains	11.6	17 Mar 1996
	Alexander Howes	St Georges	11.6	19 Feb 2000
	Srdjan Veselinovic	Liverpool City	11.6	15 Mar 2003
100 Metres (E)	Dylan Fuller	Western Suburbs	12.04	20 Mar 2010
200 Metres	Nicholas Hough	Hills District	23.1	18 Mar 2007
200 Metres (E)	Dylan Fuller	Western Suburbs	24.73	21 Mar 2010
400 Metres	Darrin Dennis	Trangie	53.8	17 Mar 1984
400 Metres (E)	Stephen Eaton	Cherrybrook	54.25	20 Mar 2010
800 Metres	Robert Wunder	Northern Suburbs	2:06.1	17 Mar 1985
800 Metres (E)	Stephen Eaton	Cherrybrook	2:14.20	21 Mar 2010
1500 Metres	James Connor	Campbelltown UWS Coll.	4:21.3	18 Mar 2006
1500 Metres (E)	James Cox	Gosford	4:33.88	20 Mar 2010
3000 Metres	Cameron Page	Gosford	9:39.6	20 Mar 2004
3000 Metres (E)	James Cox	Gosford	10:00.03	20 Mar 2010
80m Hurdles	Ahmed Abou-Mahmoud	Winston Hills	11.8	16 Mar 1997
	Ross Roberts	Gosford	11.8	19 Mar 2000
80m Hurdles (E)	Jye Brooker	Albion Park	12.27	21 Mar 2010
200m Hurdles	Kane Thompson	Manly Warringah	26.0s	18 Feb 2006
200m Hurdles (E)	Jye Brooker	Albion Park	27.14	20 Mar 2010
1500m Walk	David Beacroft	Blacktown	6:30.4	28 Mar 1993
1500m Walk (E)	Johnathon Anesoudis	Nepean	7:18.43	21 Mar 2010
Long Jump	Kurt Jenner	Mt Pritchard	6.11m	19 Mar 2006
High Jump	Thibaut Potin	Illawong	1.81m	21 Mar 2010
Triple Jump	Nicholas Hough	Hills District	12.72m	18 Mar 2007
Shot Put	Tepai Moeroa	Doonside	19.11m	20 Mar 2009
Discus	Emanuele Fuamatu	Fairfield City	53.78m	16 Mar 2003
Javelin	Shane Nicholls	Kurrajong Bilpin	48.80m	18 Mar 2007
Multi-Event	Tepai Moeroa	Doonside	5117pts	8 Mar 2009

## UNDER 14 GIRLS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
100 Metres	Shelley Peattie	Macquarie Shores	11.9	23 Mar 1991
100 Metres (E)	Alison Ruse	Jamison	12.65	20 Mar 2010
200 Metres	Ella Nelson	Sutherland	24.3	16 Mar 2008

200 Metres (E)	Alison Ruse	Jamison	25.59	21 Mar 2010
400 Metres	Rosemary Hayward	Toukley	56.2	18 Feb 1995
400 Metres (E)	Natasha Fountas	Randwick Botany	58.96	19 Feb 2010
800 Metres	Suzy Walsham	Ku-Ring-Gai	2:13.2	20 Mar 1988
800 Metres (E)	Natasha Fountas	Randwick Botany	2:19.62	21 Mar 2010
1500 Metres	Lexy Gilmour	Helensburgh	4:35.3	15 Mar 2003
1500 Metres (E)	Natasha Fountas	Randwick Botany	4:48.41	20 Mar 2010
3000 Metres	Anna Laman	Campbelltown UWS Coll.	10:04.5	22 Mar 2009
3000 Metres (E)	Tayla Merrick	Camden	10:43.03	20 Mar 2010
80m Hurdles	Carly Rodger	Port Hacking	11.7s	19 Mar 2006
80m Hurdles (E)	Tiana Penitani	Eastern Suburbs	12.63	21 Mar 2010
200m Hurdles	Carly Rodger	Port Hacking	26.8s	18 Mar 2006
200m Hurdles (E)	Tiana Penitani	Eastern Suburbs	28.07	20 Mar 2010
1500m Walk	Renee McAskill	Nepean	6:15.4	17 Mar 1996
1500m Walk (E)	Amanda Barendregt	Doonside	7:23.96	21 Mar 2010
Long Jump	Belinda Scott	Northern Districts	5.64m	10 Mar 1991
High Jump	Mia McKinnon	Port Hacking	1.75m	19 Mar 2006
	Amy Pejkovic	Cherrybrook	1.75m	18 Mar 2007
Triple Jump	Alyisha House	Koorringal Wagga	12.15m	16 Mar 2003
Shot Put	Filoi Aokuso	Blacktown	14.98m	19 Mar 2010
Discus	Taylah Sengul	Winston Hills	44.76m	29 Nov 2009
Javelin	Taylah Sengul	Winston Hills	40.36m	20 Mar 2010
Multi-Event	Melissa Farrington	Northern Suburbs	5054pts	8 Mar 2009

## UNDER 14 BOYS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
100 Metres	Matthew Manns	Ingleburn RSL	11.1	17 Mar 1996
	Nicholas Hough	Hills District	11.1	15 Mar 2008
100 Metres (E)	Anas Ganaba Abu	Blacktown	11.76	20 Mar 2010
200 Metres	Luke Hamer	St George	22.4	19 Feb 2006
200 Metres (E)	Anas Ganaba Abu	Blacktown	23.79	21 Mar 2010
400 Metres	Shaun Hedley	Wyong	51.5	24 Mar 1990
400 Metres (E)	Jarred Tyack	Forbes	53.08	20 Mar 2010
800 Metres	Mathew Simmons	Bathurst	2:03.1	16 Mar 1997
800 Metres (E)	William Richardson	Nth Suburbs	2:06.47	21 Mar 2010
1500 Metres	James Connor	Campbelltown UWS Coll.	4:12.1	17 Mar 2007
1500 Metres (E)	Max Wilson	Randwick Botany	4:25.47	20 Mar 2010
3000 Metres	Valentine Borg	Mt Druitt	9:16.6	17 Mar 2007
3000 Metres (E)	Max Wilson	Randwick Botany	9:39.21	20 Mar 2010
90m Hurdles	Nicholas Hough	Hills District	11.8	16 Mar 2008
90m Hurdles (E)	William Richardson	Nth Suburbs	12.44	21 Mar 2010
200m Hurdles	Nicholas Hough	Hills District	24.4	15 Mar 2008
200m Hurdles (E)	William Richardson	Nth Suburbs	25.47	20 Mar 2010
1500m Walk	Troy Sundstrom	Highlanders	6:13.4	19 Mar 1995
1500m Walk (E)	Jason Dredge	Tuggerah Lakes Mingara	7:43.32	21 Mar 2010
Long Jump	Stephen Jacenko	Balmain	6.52m	17 Mar 1996
High Jump	Justin Hathway	Tamworth	1.95m	20 Mar 1994
Triple Jump	David Geddes	Manly Warringah	13.48m	17 Mar 1996
Shot Put	Emanuele Fuamatu	Bankstown Sports	18.73m	21 Mar 2004
Discus	Tepai Moeroa	Doonside	57.71m	20 Mar 2010
Javelin	Jonathon Wynn	Camden Haven	56.87m	18 Mar 2001
Multi-Event	Tepai Moeroa	Doonside	5091 pts	7 Mar 2010

## UNDER 15 GIRLS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
100 Metres	Sonia Willis	Wagga PCYC	11.8	21 Mar 1992
	Preya Carey	Hills District	11.8	20 Mar 1999
100 Metres (E)	Maddie Pirie	Revesby Workers	12.20	20 Feb 2010
200 Metres	Olivia Tauro	Kurri Kurri	24.0	20 Mar 2005
	Ella Nelson	Sutherland	24.0	22 Feb 2009
200 Metres (E)	Tavleen Singh	Kurrajong Bilpin	24.93	21 Mar 2010
400 Metres	Rosemary Hayward	Toukley	55.6	18 Feb 1996
400 Metres (E)	Nicola Keane	Sutherland	57.16	20 Mar 2010
800 Metres	Brooke Simpson	Sutherland	2:10.9	17 Mar 2002
800 Metres (E)	Kate Spencer	Ryde	2:17.44	21 Mar 2010
1500 Metres	Phoebe Gunning	St George	4:34.8	15 Mar 1997
1500 Metres (E)	Kate Spencer	Ryde	4:39.70	20 Mar 2010
3000 Metres	Michelle French	Nepean	10:03.1	16 Mar 1997

3000 Metres (E)	Kate Spencer	Ryde	10:14.34	20 Mar 2010
90m Hurdles	Carly Rodger	Port Hacking	12.2	3 Mar 2007
90m Hurdles (E)	Melissa Farrington	Nth Suburbs	13.10	21 Mar 2010
200m Hurdles	Carly Rodger	Port Hacking	26.2	17 Mar 2007
200m Hurdles (E)	Melissa Farrington	Nth Suburbs	27.51	20 Mar 2010
1500m Walk	Renee McAskill	Doonside	6:24.2	16 Mar 1997
1500m Walk (E)	Amy Bettiol	Manly Warringah	6:58.13	21 Mar 2010
Long Jump	Jacinta Doyle	Port Hacking	5.80m	19 Mar 2005
High Jump	Amy Pejovic	Cherrybrook	1.80m	16 Mar 2008
Triple Jump	Alyisha House	Koorringal Wagga	12.42m	21 Mar 2004
Shot Put	Lomana Fagatuai	Ambarvale	14.81m	19 Mar 2006
Discus	Katrina Steele	Springwood	48.18m	29 Nov 1995
Javelin	Amy Sadler	Kurrajong Bilpin	40.77m	16 Mar 2003
Multi-Event	Melissa Farrington	Nth Suburbs	5032 pts	7 Mar 2010

## UNDER 15 BOYS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
100 Metres	Nicholas Hough	Hills District	10.6	21 Mar 2009
100 Metres (E)	Joshua Jay	Penrith Valley	11.15	20 Mar 2010
200 Metres	Nicholas Hough	Hills District	21.5	22 Feb 2009
200 Metres (E)	Joshua Jay	Penrith Valley	22.75	21 Mar 2010
400 Metres	David Geddes	Manly Warringah	49.5	15 Mar 1997
400 Metres (E)	Wade Hazell	Tamworth	52.06	20 Mar 2010
800 Metres	James Kaan	Hills District	1:57.2	20 Feb 2005
	James Connor	Campbelltown UWS Coll.	1:57.2	16 Mar 2008
800 Metres (E)	Byron Cavender	Gosford	2:05.04	21 Mar 2010
1500 Metres	James Connor	Campbelltown UWS Coll.	4:03.7	15 Mar 2008
1500 Metres (E)	Byron Cavender	Gosford	4:24.12	20 Mar 2010
3000 Metres	Cameron Page	Gosford	8:50.6	18 Mar 2006
3000 Metres (E)	Joshua Kelly-Makevoc	Illawong	9:40.46	20 Feb 2010
100m Hurdles	Nicholas Hough	Hills District	12.4	22 Mar 2009
100m Hurdles (E)	Chamath Herath	Parramatta	12.81	21 Mar 2010
200m Hurdles	Cameron Hyde	Campbelltown UWS Coll.	24.1	15 Mar 2008
200m Hurdles (E)	Chamath Herath	Parramatta	25.03	20 Mar 2010
1500m Walk	Douglas Connolly	Mt Druitt	5:48.1	22 Mar 1998
1500m Walk (E)	Nathan Fazldad	Nepean	6:31.82	21 Mar 2010
Long Jump	Thomas Soliman	Blacktown	7.12m	20 Mar 2009
High Jump	James Watson	Manly Warringah	2.06m	18 Mar 2000
Triple Jump	Fabrice Lapierre	Blacktown	14.35m	21 Mar 1999
Shot Put	Emanuele Fuamatu	Bankstown Sports	19.41m	5 Mar 2005
Discus	Emanuele Fuamatu	Bankstown Sports	62.70m	20 Feb 2005
Javelin	Anthony Camilleri	Balmain	62.09m	18 Mar 2000
Multi-Event	Nicholas Hough	Hills District	5567pts	8 Mar 2009

## UNDER 17 GIRLS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
100 Metres	Jacqui Fry	Greystanes	12.1	21 Mar 2009
	Natalie Ferris	Gloucester	12.1	21 Feb 2010
100 Metres (E)	Michelle Jenneke	Cherrybrook	12.17	20 Mar 2010
200 Metres	Jacqui Fry	Greystanes	24.8	22 Feb 2009
200 Metres (E)	Michelle Jenneke	Cherrybrook	24.64	21 Mar 2010
400 Metres	Elle-Maree Farrington	Northern Suburbs	58.2	21 Mar 2009
400 Metres (E)	Jacarna Bain-Fenton	Cessnock	56.75	20 Mar 2010
800 Metres	Jenny Blundell	Cherrybrook	2:15.2	21 Feb 2010
800 Metres (E)	Jenny Blundell	Cherrybrook	2:13.69	21 Mar 2010
1500 Metres	Lauren Parsons	Sutherland	4:49.0	21 Mar 2009
1500 Metres (E)	Jenny Blundell	Cherrybrook	4:33.13	20 Mar 2010
3000 Metres	Lauren Parsons	Sutherland	10:31.5	21 Feb 2009
3000 Metres (E)	Elese Gallen	Riverstone	10:33.66	20 Mar 2010
100m Hurdles	Jacqui Fry	Greystanes	13.9	22 Mar 2009
100m Hurdles (E)	Michelle Jenneke	Cherrybrook	13.87	21 Mar 2010
200m Hurdles	Michelle Jenneke	Cherrybrook	27.6	21 Feb 2010
	Talissa Scott	Kiama	27.6	21 Feb 2010
200m Hurdles (E)	Michelle Jenneke	Cherrybrook	26.43	20 Mar 2010
1500m Walk	Kirsty Klein	Kurrajong/Bilpin	7:34.0	21 Feb 2010
1500m Walk (E)	Dimitra Psarianos	Bankstown Sports	7:02.31	21 Mar 2010
Long Jump	Talissa Scott	Kiama	5.70m	21 Feb 2009
High Jump	Emily Crutcher	Gloucester	1.84m	21 Mar 2010



Triple Jump	Michelle Jenneke	Cherrybrook	11.67m	20 Mar 2010
Shot Put	Ruby Morris	Lismore	11.99m	20 Mar 2009
Discus	Brydee Clarke	Koorngal Wagga	39.92m	21 Mar 2009
Javelin	Sonya Kelly	Port Hacking	41.36m	20 Feb 2010
Multi-Event	Jacqui Fry	Greystanes	4728pts	8 Mar 2009

## UNDER 17 BOYS

EVENT	NAME	CENTRE	PERFORMANCE	DATE
100 Metres	Mitchell Byrne	Springwood	10.9	21 Feb 2010
100 Metres (E)	Ben Jaworski	Cherrybrook	10.84	20 Mar 2010
200 Metres	Jack Parker	Warradale	22.6	22 Mar 2009
200 Metres (E)	Ben Jaworski	Cherrybrook	22.56	21 Mar 2010
400 Metres	Craig Cameron	Gosford	50.5	21 Feb 2010
400 Metres (E)	Ian Halpin	Katoomba	50.19	20 Mar 2010
800 Metres	Craig Cameron	Gosford	1:58.9	21 Feb 2010
800 Metres (E)	Richard Newell	Randwick Botany	1:58.19	21 Mar 2010
1500 Metres	Craig Cameron	Gosford	4:17.7	21 Feb 2010
1500 Metres (E)	Craig Cameron	Gosford	4:12.49	20 Mar 2010
3000 Metres	Daniel Terranova	Parramatta	9:35.8	21 Feb 2010
3000 Metres (E)	William Austin-Cray	Nth Suburbs	9:20.94	20 Mar 2010
110m Hurdles	Michael Louden	Kurrajong Bilpin	14.0	22 Mar 2009
110m Hurdles (E)	Justin Tarabine	Parramatta	13.87	21 Mar 2010
200m Hurdles	Michael Louden	Kurrajong Bilpin	24.7	21 Mar 2009
	Justin Tarabine	Parramatta	24.7	21 Feb 2010
200m Hurdles (E)	Justin Tarabine	Parramatta	24.07	20 Mar 2010
1500m Walk	Jordan Mulhearn	Parramatta	6:15.1	21 Feb 2010
1500m Walk (E)	Jordan Mulhearn	Parramatta	6:13.13	21 Mar 2010
Long Jump	Joshua Parsons	Stockton	6.86m	19 Feb 2010
High Jump	Brandon Starc	Parramatta	2.10m	20 Mar 2010
Triple Jump	Brandon Donkin	Raymond Terrace	14.06m	21 Mar 2010
Shot Put	Liam Speers	Macquarie Hunter	17.15m	21 Feb 2009
Discus	Liam Speers	Macquarie Hunter	56.17m	22 Mar 2009
Javelin	Joshua Parsons	Stockton	56.70m	21 Mar 2010
Multi-Event	Jake Stein	Warradale	5008 pts	7 Mar 2010

## MIXED AGE RELAYS

AGE GROUP	EVENT	CENTRE	PERFORMANCE	DATE
Junior Boys	4 x 100m	Bankstown Sports	53.6	17 Mar 1996
Junior Boys (E)	4 x 100m	Bankstown Sports	54.36	21 Mar 2010
Senior Boys	4 x 100m	Manly Warringah	46.1	22 Mar 2009
Senior Boys (E)	4 x 100m	Cherrybrook	45.63	21 Mar 2010
Junior Girls	4 x 100m	St George	55.3	25 Mar 1990
Junior Girls (E)	4 x 100m	Manly Warringah	54.87	21 Mar 2010
Senior Girls	4 x 100m	Sutherland	50.2	22 Feb 2009
Senior Girls (E)	4 x 100m	Cherrybrook	50.31	21 Mar 2010

## EVENTS NO LONGER CONTESTED

EVENT	NAME	CENTRE	PERFORMANCE	DATE
U9G 800m Walk	Julie Somerville	Hornsby	3:45.6	18 Mar 1984
U9B 800m Walk	Stephen Swan	Lethbridge Park	3:38.8	24 Mar 1991
U10G 800m Walk	Kate Reilly	Randwick Botany	3:35.5	22 Mar 1992
U10B 800m Walk	Kain Rastall	Nepean	3:29.5	20 Mar 1988

# STATE RELAYS – SENIOR EVENTS

EVENT		CENTRE	PERFORMANCE	YEAR
U12 Boys	4 x 100m	Manly Warringah	51.1	2002
U12 Boys	4 x 100m (E)	Girraween	52.88	2009
U12 Boys	Long/High	Cherrybrook	3097	2009
U12 Boys	Shot/Discus	Port Hacking	2180	2009
U12 Girls	4 x 100m	Hills District	53.3	2001
U12 Girls	4 x 100m (E)	Manly Warringah	54.88	2009
U12 Girls	Long/High	Cherrybrook	3159	2008
U12 Girls	Shot/Discus	Winston Hills	2275	2008
U12 Mixed	4 x 100m	Ku-Ring-Gai	52.4	1983
U12 Mixed	4 x 100m (E)	Albion Park	56.02	2009
U12 Mixed	4 x 400m	St George	4:10.9	1987
U12 Mixed	4 x 400m (E)	Doonside	4:22.67	2009
U13 Boys	4 x 100m	Campbelltown Collegians	49.6	2001
U13 Boys	4 x 100m (E)	Hills District	50.36	2009
U13 Boys	Long/High	Bankstown Sports	3004	2009
U13 Boys	Shot/Discus	Liverpool City	2428	2009
U13 Girls	4 x 100m	Port Hacking	50.7	2004
U13 Girls	4 x 100m (E)	Nth Suburbs	51.74	2009
U13 Girls	Long/High	Bankstown Sports	2845	2009
U13 Girls	Shot/Discus	Winston Hills	3215	2008
U13 Mixed	4 x 100m	Randwick Botany	51.3	1984
U13 Mixed	4 x 100m (E)	Douglas Park	54.75	2009
U13 Mixed	4 x 400m	Northern Suburbs	4:06.1	2004
U13 Mixed	4 x 400m (E)	Camden	4:15.63	2009
U14 Boys	4 x 100m	Campbelltown Collegians	47.0	2002
U14 Boys	4 x 100m (E)	Camden	48.65	2009
U14 Boys	Long/High	Nth Suburbs	3126	2009
U14 Boys	Shot/Discus	Nth Suburbs	2139	2009
U14 Girls	4 x 100m	Port Hacking	50.3	2004
U14 Girls	4 x 100m (E)	Campbelltown UWS	53.12	2009
U14 Girls	Long/High	Hills District	2982	2008
U14 Girls	Shot/Discus	Winston Hills	3359	2009
U14 Mixed	4 x 100m	Northern Suburbs	49.8	2000
U14 Mixed	4 x 100m (E)	Wollongong City	50.99	2009
U14 Mixed	4 x 400m	Maitland	3:55.0	2002
U14 Mixed	4 x 400m (E)	Albion Park	4:20.01	2009
U15 Boys	4 x 100m	Campbelltown	45.1	1998
U15 Boys	4 x 100m (E)	Eastern Suburbs	46.31	2009
U15 Boys	Long/High	Kurrajong/Bilpin	3234	2009
U15 Boys	Shot/Discus	Parramatta	2186	2009
U15 Girls	4 x 100m	Port Hacking	49.0	2006
U15 Girls	4 x 100m (E)	Kurrajong/Bilpin	50.36	2009
U15 Girls	Long/High	Nth Suburbs	3148	2009
U15 Girls	Shot/Discus	Winston Hills	2730	2008
U15 Mixed	4 x 100m	Balmain	48.2	1996
U15 Mixed	4 x 100m (E)	Wollongong City	50.60	2009
U15 Mixed	4 x 400m	Port Hacking	3:52.9	2006
U15 Mixed	4 x 400m (E)	Wollongong City	4:02.6	2009
U17 Boys	Long/High	Parramatta	3024	2009
U17 Boys	Shot/Discus	Nth Suburbs	1887	2009
U17 Girls	Long/High	Manly Warringah	2621	2009
U17 Girls	Shot/Discus	Port Hacking	2183	2009
U17 Mixed	4 x100m	Kurrajong Bilpin	47.8	2008
U17 Mixed	4 x 100m (E)	Cherrybrook	46.03	2009
U17 Mixed	4 x 400m	Nth Suburbs	4:00.9	2008
U17 Mixed	4 x 400m (E)	Cherrybrook	3:53.87	2009
Snr Girls	M Distance	Kurrajong Bilpin	10:16.6	2007
Snr Girls	M Distance (E)	Randwick/Botany	10:25.51	2009
Snr Boys	M Distance	Parramatta	9:48.6	2007
Snr Boys	M Distance (E)	Randwick/Botany	9:24.93	2009
Snr Mixed	4 x 100m	Cranebrook	57.7	2008
Snr Mixed	4 x 100m (E)	Prestons Robins	55.55	2009
Snr Mixed	4 x Long Jump	Cranebrook	2414	2008

# STATE RELAYS - JUNIOR EVENTS

EVENT		CENTRE	PERFORMANCE	YEAR
U 8 Boys	4 x 100m	Randwick Botany	1:00.3	1984
U 8 Boys	4 x 100m (E)	Eastern Suburbs	1:05.60	2009
U 8 Boys	4 x Long Jump	Manly Warringah	2958	2008
U 8 Boys	Shot/Discus	Cherrybrook	2306	2009
U 8 Girls	4 x 100m	Bankstown	1:03.7	1982
U 8 Girls	4 x 100m (E)	Manly Warringah	1:06.79	
U 8 Girls	4 x Long Jump	Manly Warringah	2677	2009
U 8 Girls	Shot/Discus	Manly Warringah	2432	2008
U 8 Mixed	4 x 100m	Blacktown	1:03.8	1982
		North Rocks/Carlingford	1:03.8	1984
U 8 Mixed	4 x 100m (E)	Greystanes	1:09.4	2009
U 8 Mixed	4 x 200m	Manly Warringah	2:19.5	1996
U 8 Mixed	4 x 200m (E)	Ku-Ring-Gai	2:22.03	2009
U 9 Boys	4 x 100m	Ku-Ring-Gai	58.3	1990
U 9 Boys	4 x 100m (E)	Cherrybrook	59.68	2009
U 9 Boys	4 x Long Jump	Manly Warringah	3053	2009
U 9 Boys	Shot/Discus	Ku-Ring-Gai	2621	2009
U 9 Girls	4 x 100m	Hills District	1:00.4	1979
U 9 Girls	4 x 100m (E)	Eastern Suburbs	1:03.98	2009
U 9 Girls	4 x Long Jump	Ku-Ring-Gai	2999	2009
U 9 Girls	Shot/Discus	Bankstown Sports	2266	2008
U 9 Mixed	4 x 100m	North Rocks/Carlingford	59.9	1985
U 9 Mixed	4 x 100m (E)	Greystanes	1:06.65	2009
U 9 Mixed	4 x 200m	Randwick/Botany	2:08.2	2007
U 9 Mixed	4 x 200m (E)	Manly Warringah	2:14.28	2009
U10 Boys	4 x 100m	Bankstown	55.6	1980
U10 Boys	4 x 100m (E)	Nth Suburbs	56.47	2009
U10 Boys	Long/High	Manly Warringah	3193	2009
U10 Boys	Shot/Discus	Macquarie Hunter	2464	2009
U10 Girls	4 x 100m	Western Suburbs	57.9	1998
U10 Girls	4 x 100m (E)	Manly Warringah	58.86	2009
U10 Girls	Long/High	Bankstown Sports	3140	2009
U10 Girls	Shot/Discus	Northern Districts	2339	2008
U10 Mixed	4 x 100m	Blacktown	57.9	1984
U10 Mixed	4 x 400m	Sutherland	4:36.4	1983
U10 Mixed	4 x 400m (E)	Manly Warringah	4:49.72	2009
U11 Boys	4 x 100m	Bankstown	53.4	1978
U11 Boys	4 x 100m (E)	Nth Suburbs	55.07	2009
U11 Boys	Long/High	Manly Warringah	3358	2008
U11 Boys	Shot/Discus	Manly Warringah	2808	2008
U11 Girls	4 x 100m	Eastern Suburbs	56.1	2008
U11 Girls	4 x 100m (E)	Randwick/Botany	58.02	2009
U11 Girls	Long/High	Ku-Ring-Gai	3077	2009
U11 Girls	Shot/Discus	Ku-Ring-Gai	2164	2009
U11 Mixed	4 x 100m	Tiger Wests	55.7	2000
U11 Mixed	4 x 100m (E)	Wollongong City	58.22	2009
U11 Mixed	4 x 400m	Sutherland	4:28.7	1984
U11 Mixed	4 x 100m (E)	Randwick/Botany	4:49.29	2009
Jnr Mixed	4 x 100m	Cranebrook	1:07.3	2007
Jnr Mixed	4 x 100m (E)	Prestons Robins	1:09.16	2009
Jnr Girls	M Distance	Manly Warringah	11:19.6	2007
Jnr Girls	M Distance (E)	Manly Warringah	11:22.83	2009
Jnr Boys	M Distance	Nth Suburbs	10:56.6	2007
Jnr Boys	M Distance (E)	Nth Suburbs	10:54.60	2009
Jnr Mixed	4 x Long Jump	Preston Robins	2468	2008

## EVENTS NO LONGER CONTESTED

U 7 Boys	4 x 100m	Randwick Botany	65.1	1983
U 7 Boys	4 x 500m	Manly Warringah	33.6	1976
U 7 Girls	4 x 100m	Bankstown	68.9	1981
U 7 Girls	4 x 50m	Sutherland	34.4	1976
U 7 Mixed	4 x 100m	Blacktown	66.3	1981
U 9 Mixed	4 x 400m	St George	4:55.1	1984
U10 Mixed	4 x 200m	Parramatta	2:07.7	1992