



2017/18

ANNUAL REPORT

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Our Core Values

INTEGRITY | INNOVATION | EXCELLENCE | INCLUSION

Message from the President



I have much pleasure in presenting my report for the 2017/2018 season, my first as President of Little Athletics NSW. As I write, it's difficult to believe that a year has passed, but this is indicative of how busy the last twelve (12) months have been.

As you are no doubt aware Little Athletics NSW has been advised to transfer our incorporation from an incorporated association registered under the Associations Incorporations Act 2009 to a not-for-profit company limited by guarantee under the Corporations Act 2001. The catalyst for this change was the fact that we have exceeded the annual financial threshold under the current Act. At last year's Annual General Meeting, the Board and the Chief Executive Officer were authorised to prepare and execute all necessary documents and take all necessary actions as are required to register the association under the Corporations Act 2001 as a company limited by guarantee. Work in this area has progressed, albeit slower than anticipated, and we expect to receive notification from ASIC (Australian Securities and Investments Commission) in the very near future, advising of our successful transfer.

The change to a not-for-profit company limited by guarantee demanded significant change to our Constitution. Considerable time and effort was expended in this area and in early 2018, after a successful postal ballot with more than

94% voting in favour, an amended Constitution was successfully adopted.

In the past, there has been some discussion relating to the removal of Board Director portfolios. This issue has gained traction over recent years and the move to a company limited by guarantee was the perfect opportunity to implement such a change. Consequently, the necessary detail has been included in the new Constitution. Our current Board structure consists of seven (7) elected Directors and up to two (2) appointed Directors. The elected positions are President, Business Assurance Director, Business Development Director, Championships/Competition Director, Membership Development Director, Officials Director and Resources Director. Each of these positions are duly elected by the Membership at the Annual General Meeting. Under the new Constitution, the Board structure will still consist of seven (7) elected Directors and up to two (2) appointed Directors, however, there will be no Board portfolios. Further, the elected Directors will vote to appoint the Board Chair, from their number, as opposed to the current practice of the President being elected by the Membership at the Annual General Meeting. These changes are broadly considered current best practice under the umbrella of a company limited by guarantee under the Corporations Act 2001. They also bring us into line with many other major sporting codes at state level.

The removal of portfolios at Board level will result in:

- The opportunity to canvass for Board applicants with specific skill sets (e.g. commerce, finance, marketing, law, or business generally) or such other skills which complement current Board composition.
- Some tasks, previously managed by a Director, being actioned by a member(s) of staff. Transition plans have been prepared to ensure a smooth transfer of any such duties.
- The number, type and composition of Advisory Committees and/or Panels being reviewed.

Historically the Board has been heavily involved in operational issues. These changes support the move to a more strategic Board with operational matters being handled by staff and Advisory Committees and/or Panels.

Little Athletics NSW maintained a close alliance with other State Athletics providers this season due to the mutually beneficial outcomes. The Joint Working Party, consisting of representatives from Little Athletics NSW, Athletics NSW, NSW Masters and the NSW Office of Sport, continues to work on strategies associated with the delivery of athletics as a united sport. Significant momentum was gained in the area of shared resources resulting in efficiency gains across the organisations. Recently the Board reviewed the strategic plan. In doing so we reinforced our commitment to the core values of integrity, innovation, excellence and inclusion. Our strategic objectives were also reassessed with the focus to be on our members, organisational capability, governance and athletics products, as well as expanding and developing the recognition and identity of Little Athletics in NSW.

This season I'm very pleased to report that Little Athletics NSW personnel were resident in Dubbo, Tamworth, and Wagga Wagga by virtue of our three (3) Regional Support Officers Mick Gardiner, Adam Jolliffe and Jessica Stemp. Feedback, particularly from zone coordinators in these areas, has been positive relative to the contribution being made by these members of staff.

Every year numerous people voluntarily make significant contributions to our organisation. I humbly thank each and every one of you for your support whether it be on the Board, in

the office, as a Zone Coordinator, a member of the various Advisory Committees and Working Parties, as a state official, or as a member of our army of centre volunteers. It is a fact that without you we would not be able to deliver Little Athletics to the children and families of NSW.

From the commencement of the 2018/2019 competition season, Little Athletics across Australia is changing the date on which it determines its age groups, to 31 December. This has direct implications for some of our athletes and parents, as well as centres who run Little Athletics activities from week to week. This change, implemented nationally by our governing body Little Athletics Australia, has certainly generated some robust discussion. My thanks go to our wonderful sponsors for their continued support. As well as any financial contribution, their ongoing involvement with Little Athletics is greatly appreciated.

I would like to take this opportunity to thank outgoing Board member, Greg Dickson, for the significant contribution he has made to Little Athletics NSW. Greg has chosen not to re-nominate for the Board due to health concerns. Over several terms he has served on the Board for fifteen (15) years. It is due, in no small part, to Greg's fiscal acumen that Little Athletics NSW is in the excellent financial position it is today. I wish him all the best for the future and thank him for his service.

I have enjoyed my initial season as President of Little Athletics NSW and certainly have a greater appreciation of the overall responsibilities involved. I look forward to contributing further to our continued development. I sincerely hope that athletes and their families enjoyed the season and hope that you all return in 2018/19 for another year of Little Athletics.

Craig Scott
LITTLE ATHLETICS NSW PRESIDENT

Message from the Chief Executive Officer

In many ways, the 2017/2018 season has been a year unlike any other for our organisation, with several significant changes taking place as we work through the restructure of both the board and staff, to re-position ourselves for long term sustainability and continued relevance in the community. The level of change and future planning that has taken place over the past year has made it a very busy season and not one without its challenges, however it is extremely pleasing to deliver this Annual Report and recognise the significant successes that we have achieved.

As reported last year, changes to the governance structure of Little Athletics NSW are underway, beginning with the migration of Little Athletics NSW from an incorporated association, to a company limited by guarantee. This move should be complete around the time of this year's Annual General Meeting. Going hand-in-hand with the change in corporate structure is a change to the board structure, seeing the removal of board portfolios and a realignment of the board's focus from operational issues to future strategic direction. The removal of portfolios has occurred, and the board has devoted a lot of time over the past season in future planning for the organisation. Whilst continuing to build and enhance governance, future strategic objectives have been established to drive growth and sustainability through strengthened organisational capability, supporting and educating members, making best use of available technology and delivering an appropriate range of product offerings, including some new and innovative athletics products.

The area of staffing is one that is considered critical to the successful achievement of any strategic objective and is a key factor in 'future-proofing' our sport. Thank you to Sue Eaves from Left Field Sports Solutions who provided the blueprint required for a future staff structure and has helped guide the progress towards that structure. At the time of writing this report, the Little Athletics NSW staff numbers stand at 17 employees, including some part-time and shared staff. We have also seen more and more integration between the staff of Little Athletics NSW and Athletics NSW,

with the greater percentage of the combined workforce now working across the whole sport and both organisations.

Of specific note in the area of staffing over the past year, is the appointment of an Operations and Administration Manager; the successful filling of the Regional Support Officer positions (now Wagga Wagga, Dubbo and Tamworth); the appointment of both a Marketing and Communications Manager and a Marketing and Communications Coordinator; and the restructure of the Coaching and Development department, allowing a new position to be devoted specifically to driving inclusion and diversity.

The new marketing team has had an immediate impact upon the quality and effectiveness of office communication and promotion of the sport. Email communications have been professionalised through use of the MailChimp platform and our engagement through social media has increased across all platforms.

Thanks to a National decision, we will be seeing a trial at selected centres this upcoming season of a skills development product aimed at our 5-8 year olds, to ensure more emphasis on athletics skills development and provide a more progressive introduction to competition. Full roll-out of this product to all centres will occur the following season. The introduction of this skills development product will hopefully be the first in a series of appropriate alternative athletics products that will allow our sport to engage with, and provide for, a greater percentage of community members. This is one aspect of a wider participation strategy recently endorsed by both the Little Athletics NSW and Athletics NSW boards.

Facilities are also crucial to the growth of our sport, and over the last 12 months we have continued to work with the state government and local councils to ensure that athletics is considered in future facility initiatives and planning. In the season ahead, through a consultant, we will be developing a full State-wide Athletics Facility Strategy. It is also pleasing to see construction on the synthetic track at Tamworth underway and the synthetic track at Maitland progressing well.

We are grateful once again to the NSW Office of Sport for funding received under the NSW Sport Development Grant Program. We are currently progressing four separate projects, for which we have been allocated a total of \$55,000, being: - development of a suite of video resources; delivery of the UK Fundamentals of Movement Skills Workshop; introduction of various inclusion and diversity initiatives; and the development and roll-out of a new risk management plan.

A number of other key focus areas are currently in final development with more exciting initiatives on the horizon. To achieve all that we hope to, we must encourage innovative and strategic thinking at all levels and work collaboratively to ensure that our goals are achieved collectively. If we are truly to commit to engaging, connecting, growing and developing our sport, then we cannot adopt a blinkered or silo approach. As we look to the 2018/2019 season and beyond and how much the scope of our activities is continuing to evolve and develop, it is indeed an exciting time to be involved in our sport. Our success into the future, however, is dependent upon the successful cooperation and effective relationship between the state body, the centres, the key volunteers and our partner organisations.

I take this opportunity to thank our many partners, whose support helps us with various aspects of our operations: Athletics NSW, Little Athletics Australia, the NSW Office of Sport, Sport NSW and the Sydney Olympic Park Authority.

Our corporate support continues to be strong with generous backing by our state partners McDonald's, The Athletes Foot, Nordic Sport, SportsTG, Instant Photos Australia, GA Millers and Prime 7, and National partner, Coles. Without the commitment and financial support of these businesses, Little Athletics NSW would not be able to provide the programs and services that we do – thank you.

To our volunteers at all levels: board, zone coordinators, advisory committees, officials, centre committees and parent volunteers, you all play a vital role in the successful operation of Little Athletics in NSW. Without volunteers, there simply is no sport.

I would also like to take this opportunity to offer special congratulations to Ian Adams on receiving a long service award at the NSW

Community Sports Awards, and to Neil Sandall for his award of Life Membership at the last Annual General Meeting.

Finally, I would like to extend my sincere thanks to the Little Athletics NSW staff who have demonstrated a commitment through their professionalism and hard work towards our organisational goals. Change as we have seen recently is not easy, so I acknowledge the extra effort often required. Thank you!

With a stronger participation focus, a collective commitment to excellence, a strategic and innovative approach, and a collaborative focus on customer service, we are in a great position to reaffirm our sport as an essential activity for all children in NSW for many years to come!

Kerry O'Keefe
CHIEF EXECUTIVE OFFICER



Board of Directors



Craig Scott
PRESIDENT



Russell Briggs
BUSINESS ASSURANCE



Glen Taylor
BUSINESS
DEVELOPMENT



Heather Mitchell
CHAMPIONSHIPS/
COMPETITION



Mavis Godber
MEMBERSHIP
DEVELOPMENT



Peter Barnes
OFFICIALS



Greg Dickson
RESOURCES



Tim Jessup
APPOINTED DIRECTOR

Zone Coordinators and Committees

Zone Coordinators

Ian Adams	Mid North Coast
Russell Scott	New England
Laurie McLeod	Northern Rivers
Mem Delaney	Central Coast
Leesa Morris	Hunter
Linda McPherson	Lake Macquarie
Troy Morrison	Port Hunter
Ernie Sluiter	Western Plains
Glen Taylor	Western Ranges
Judith Peel	Eastern Riverina
Steve McConville	Mid South Coast
Allan Johnson	South Coast Highlands
Rick Gardiner	Western Riverina
Kevin Fisher (from June 17)	
Deb Walsham	North East Met
Emily Jordan	North Wet Met
Jeff Baxter (to August 17)	Outer West Met
Darren Whitbread (from August 17)	
Hale Osman	West Met
Tracey Liondas	Central West Met
Trevor Hinwood	Mid West Met
Gordon Costello	South West Met
Andrew Kohlrusch	Inner City
Lynne Whatman	Southern Met

Championships Advisory Committee

Heather Mitchell (chair)
Peter Barnes
Alan Bartlett
Tim Batho
Diane Levy
Simon Nicola

Officials Advisory Committee

Peter Barnes (chair)
Ashleigh Crook
Joe Ebejer
Murray Gaudin
Neil Hinton
Diane Levy
Heather Mitchell
Brad Weyland

Finance & Audit Committee

Glen Taylor (chair)
Russell Briggs
Kerry O'Keefe
Craig Scott

Risk Management Advisory Committee

Russell Briggs (chair)
Greg Dickson
Chris Hudson
Tim Jessup
Sally Osland
Kerry O'Keefe
Marg Pierro
Craig Scott
Wayne Thurlow
Glen Taylor (from January, 2018)

Trans Tasman Committee

Heather Mitchell (chair)
Marian Bennett
Tracy Lennon
Maria McConville
Col Muir
Sally Richardson
Claire Yeo

Joint Officials Committee

Barry Pecar (Chair)
Claire Bensemann
Peter Barnes
Ashleigh Crook
Neil Hinton
Diane Levy
Heather Mitchell
John Morris
Darren Wensor

Staff

Kerry O'Keefe

Chief Executive Officer

Kathy Moran

Operations & Administration Manager

Rebecca Newton

Centre Support Manager

Adam Jolliffe

Regional Support Officer (Tamworth)

Michael Gardiner

Regional Support Officer (Dubbo)

Jessica Stemp

Regional Support Officer (Wagga Wagga)

Trish Bright

Administration Assistant

Diane Levy

Competition & Volunteer Coordinator

Cheryl Webb

Diversity & Inclusion Coordinator

Darren Wensor

Coach & Volunteer Development

Alvin Umadhay

Schools & Community

Youcef Abdi

Coaching & Development Officer

Michael O'Mara

Bookkeeper (P/T)
Until March, 2018

Melissa Neilsen

Bookkeeper (P/T)
Started January, 2018

Ashleigh Crook

Officials Coordinator *

Alex Guest

Participation and Development Adviser (P/T) *

Daniel Laus

Marketing & Communications Manager *

Nicola Blatchford

Marketing & Communications Coordinator *

**Shared roles with Athletics NSW*

Key Figures and Achievements



NEW CENTRES!



13 clinics were held in

12 different locations

ALAC | 2018



47
MULTI-CLASS ATHLETES
COMPETED AT
STATE TRACK AND FIELD



Membership and Centres

Membership

The total number of registrations for the 2017/2018 season was 36,005. There were a total of 185 centres competing throughout the season. 120 of those centres had over 50% retention rate from the previous registrations, which is a significant increase from the previous year when just 82 centres retained 50% of their registered members.

179 of the Little Athletics NSW centres utilised the online payment system, and 119 of those centres had over 50% of their members make their registration payment online. The rebate of \$5 per athlete was again offered in the 2017/2018 season to incentivise the use of the online payment system. This rebate will no longer be offered in the future, however, as registration payments for the upcoming 2018/2019 season will only be accepted online.

Centres

REGIONAL SUPPORT OFFICERS

Adam Jolliffe continues to support with the centres in the New England Region, assisting them to build and strengthen their sustainability. Highlights throughout the season include:

- an increase in schools participating in the Little Athletics Program for Schools (LAPS), from 5 to 11 schools
- recruitment of two new local coaches
- seven coaching clinics coordinated throughout the zone
- a ten week High School Development program consisting of 19 students and teachers undertaking an ITCC (Introduction to Coaching Course), before each completing three Level One courses from the Athletics Australia Officials Education Scheme

Two additional Regional Support Officers were also appointed in regional NSW. Mick Gardiner was appointed Regional Support Officer for the Western Plains region and commenced his role in January 2018. Located in Dubbo, Mick is also working towards maintaining growth in all areas of athletics across the region, and is focussed on networking with other sports in the area. Jessica Stemp started in her role as Regional Support Officer in the NSW Riverina in December

2017. Jessica has been active visiting centres across the region and attending various meetings and gala days. Jessica is working closely with Wagga Wagga Council in securing a successful bid for a synthetic track in the Eastern Riverina.

CENTRE GRANTS

11 centres submitted a Centre Grant Scheme application in the 2017/2018 season, which enables them to apply for various upgrades to their equipment and/or current facilities. The scheme aims to assist centres in maintaining their facilities and obtaining track and field equipment to better enable them to conduct events for their members. The successful centres are:

- Everley Park
- Gloucester
- Wauchope
- Mudgee
- Temora
- Southlakes
- Riverstone
- Penrith Valley
- Narrandera
- Lithgow
- Gosford

WORKING WITH CHILDREN CHECK (WWCC) & BRAVEHEARTS

All Little Athletics NSW centres were deemed compliant by the Office of the Children's Guardian this season, and we congratulate all centres for this outstanding achievement. There will be changes to the existing WWCC regulations in the coming season. The changes have Parliamentary approval and information regarding these changes will be passed on to centres accordingly when they are due to come into effect.

In 2015, Little Athletics Australia entered into an agreement with Bravehearts to deliver a Nationwide campaign of child protection training and resources. Each centre in NSW will receive resources with their paperwork prior to the upcoming season, which are accompanied by an online learning component. The 20 minute online learning course has been developed by Bravehearts to provide valuable knowledge about preventing child sexual assault and child abuse.

The information is designed for volunteers in a sporting environment who interact with children and young people. Topics include:

- What are the facts about child sexual assault, abuse and neglect?
- What are the impacts for children and our community?
- How would I know if a child was being harmed?
- What is acceptable and unacceptable behaviour when interacting with children and young people?

McDONALD'S EQUIPMENT GRANTS

There were a very high number of submissions for the McDonald's equipment Grant during the 2017/2018 season. Unfortunately, only 10 centres are selected to receive an equipment grant each season, and as such, all centres are strongly encouraged to re-apply during the upcoming season. Congratulations to the following Little Athletics centres on their successful submissions:

- Coonabarabran
- Leeton
- Harrington
- Cabra Vale Diggers / Fairfield
- Moree
- Cherrybrook
- Blayney
- Holroyd
- Denman
- Illawong

CENTRE SUPPORT FOCUS

Little Athletics NSW is striving to develop new initiatives to help support our centres and take the pressure out of volunteering. Unfortunately, there are a number of centres throughout the state who are struggling to fill committee roles for the upcoming season. Zone Coordinators and staff are doing their best to support and assist those centres who have, and appear to have, such issues, and are welcoming of new ideas and feedback as to how we can continue to best do this into the future.

FACILITIES

A number of discussions between councils and the Office of Sport have been held throughout the 2017/2018 season with the focus on potential new facilities and upgrades to existing facilities. Many councils across the state have submitted grant applications via the Regional Sports Infrastructure Fund on behalf of their

local Little Athletics centre. The Greater Sydney Sports Facility Fund will open for metropolitan centres in June 2018.

The continued joint input between Little Athletics NSW and Athletics NSW strives to strengthen the strategic approach to facility upgrades and development, ensuring Athletics in NSW is in a strong position to achieve our goals in this area in the near future and beyond.

NEW CENTRES

A total of three new centres will be up and running in the upcoming 2018/2019 season. Little Athletics NSW welcomes Bundeena-Maianbar Little Athletics centre (Southern Metropolitan Zone), Scone Amateur Athletics (Hunter Zone) and Euro Coast Athletics (Mid South Coast Zone) on board. We wish each club all the best for the upcoming season.

ACTIVE KIDS REBATE PROGRAM

The NSW Government is helping kids get active with the implementation of the new Active Kids program. From January 31, 2018, parents, guardians and carers can apply for a \$100 voucher per calendar year for each student enrolled in school. The voucher may be used with a registered activity provider for registration, participation and membership costs for sport, fitness and active recreation activities.

The Office of Sport, Little Athletics NSW and Service NSW coordinated 187 Little Athletics NSW centres to be included in a 'bulk-upload' to create an account via Service NSW, allowing these centres to receive the Active Kids Rebate vouchers. Throughout the 2017/2018 season, our winter centres were the first of many to receive the \$100 voucher from their members. This is a fantastic initiative by the NSW Government to see more kids participate in sport, and we are pleased to be involved in its implementation.

Participation

Coaching Camps

JUNIOR ENCOURAGEMENT AND TALENT SQUAD (JETS) CAMPS

There were two JETS Camps held throughout the 2017/2018 season. Both camps took place at the Sydney Academy of Sport, Narrabeen, and athletes undertook a range of workshops and received coaching from some of our highly qualified coaches in their chosen events. There were 25 athletes in attendance at the July camp, and 37 athletes in attendance in October.

CHRISTMAS CAMP

The tradition of the Christmas Camp continued in 2017, with the annual camp being held once again at Blue Gum Lodge, Springwood, from 1-3 December 2017. Participant numbers were lower than in past years, potentially due to the camp being brought forward to avoid clashes with the NSW All Schools Championships and Zone Carnivals. Enjoyment and learning were not affected however, and a total of 61 athletes benefited from the fun-filled weekend. We once again thank Springwood Little Athletics centre for their continued support and use of their facilities for our training.

LITTLE ATHLETICS AUSTRALIA U15 NATIONAL CAMP

The U15 National Camp was held at the Australian Institute of Sport from Sunday, 1 October to Wednesday, 4 October 2017. A total of 32 NSW athletes were selected by Little Athletics Australia to attend the camp, based on their performances at the 2017 State Championships. Athletes participated in workshops, education seminars and training sessions, and were coached by some of the best coaches in Australia.

Coaching Clinics

SCHOOL HOLIDAY CLINICS

Between April 2017 and April 2018, Little Athletics NSW held a total of 13 clinics throughout the state, with a total of 309 athletes in attendance. Our venues included Bathurst, Maitland, Orange, Singleton, Wollondilly, Ku-ring-gai, Terrigal-Wamberal, Sydney Olympic Park Athletic Centre, Narrabri, Yetman, Inverell and Gunnedah. In January 2018, we held two additional event-specific throws clinics coached by Kim Mickle and Amanda Murphy. These clinics were held

in Balmain and Sylvania and attracted an additional 129 athletes in total.

SUPER CLINICS

Little Athletics NSW held two multi-day Super Clinics in 2017. A New England clinic was held in Tamworth in October and attracted 50 athletes across the two days. Our two-day Western Plains Super Clinic was held in Dubbo in November and attracted 80 athletes. It was a fantastic opportunity for our regional athletes to be involved, and we were proud to have Australia's Fastest 100m runner, Patrick Johnson, pass on his valuable knowledge and experience as an Indigenous athlete to those in attendance at the Dubbo clinic.

Diversity and Inclusion Multi-Class Athletics

STATE CHAMPIONSHIPS

At the 2017/2018 Little Athletics NSW State Championships there was a total of 47 Multi-Class athletes competing across four events. This was the highest number of multi-class athletes in attendance at any State Championship to date. All athletes competed in 800m, Discus, Long Jump and 100m, during the final day of competition on Sunday, 25 March 2018.

EVENTS & CLINICS

In April, 2018, Little Athletics NSW participated in the Blind Sports NSW sports camp, held at the Sydney Academy of Sport in Narrabeen. Two of our experienced disability coaches were in attendance and coached 30 blind students through some athletics events. We have also contributed to the past four Sport NSW Activate Inclusion Sports Days. This program will run throughout many areas of NSW until November, 2018, and incorporates up to six different sports. Participants have the opportunity to spend 20 minutes at a time experiencing a variety of sports, athletics included.

Schools Programs

LAPS (LITTLE ATHLETICS PROGRAM FOR SCHOOLS)

Through LAPS (Little Athletics Program for Schools), Little Athletics NSW aims to deliver an outstanding educational athletics program that provides a high-quality experience to every participant. This is a coaching based program

where schools have the opportunity to book Little Athletics NSW coaches to conduct their athletics program, generally prior to their school carnival. In 2017, Little Athletics NSW coaches delivered LAPS to 6530 students from 45 schools, 20 of which were regional and 25 metropolitan. With the introduction of two additional Regional Support Officers in Wagga Wagga and Dubbo, Little Athletics NSW is currently aiming to increase the coaching workforce within regional areas, enabling us to expand the delivery of the program throughout 2018.

SCHOOL VISITS

The Little Athletics NSW "Desire to Inspire" School Visit program was again the major mass promotion program offered to centres in the 2017/2018 season. The program involves Little Athletics NSW staff presenting an interactive and dynamic presentation to school students, with the aim of encouraging them to register with their local Little Athletics centre. Throughout 2018, Little Athletics NSW represented 34 centres at 100 schools, and saw 18,000 students.

Marketing

Little Athletics NSW welcomed two new full-time employees in the marketing space this year. Daniel Laus (Marketing & Communications Manager) and Nicola Blatchford (Marketing & Communications Coordinator) have both taken on shared roles between Athletics NSW and Little Athletics NSW, and will work collaboratively to deliver the marketing and communications objectives of both organisations.

COMMUNICATIONS

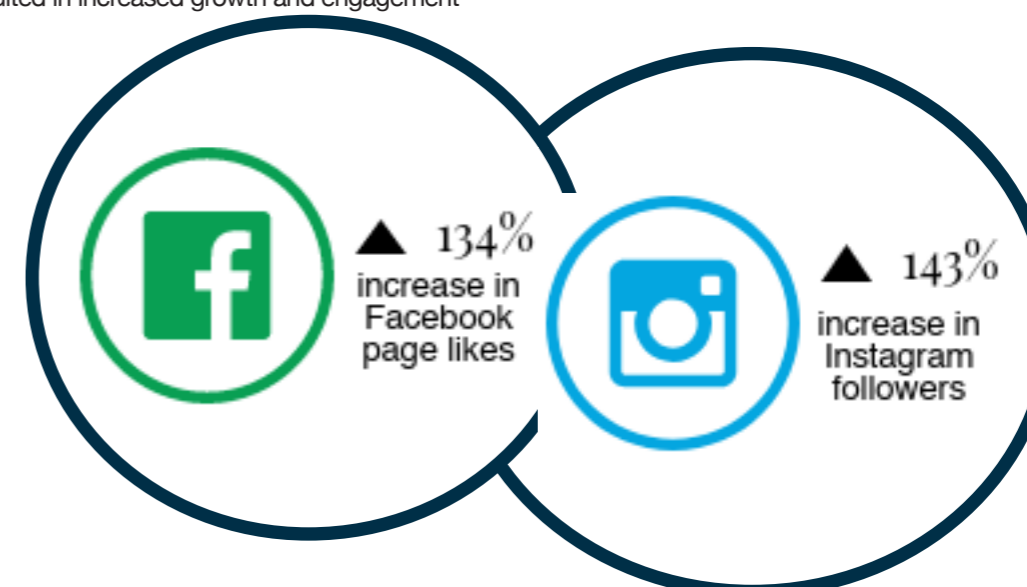
Throughout the year, marketing team provided marketing and communications support to Little Athletics NSW events and programs. The Communications Strategy was focused on delivering relevant, timely and engaging content across all channels including Facebook, Twitter, email, YouTube and Instagram, through segmentation and targeted content. This strategy resulted in increased growth and engagement

across all platforms.

A major shift for Little Athletics NSW during the year was changing our email communication platform to Mailchimp, enhancing our email capabilities and ensuring that Little Athletics NSW and Athletics NSW have some uniformity between communications as we transition to a 'OneSport' structure.

SOCIAL MEDIA

Activity on Little Athletics NSW social media services and pages continues to experience significant growth. The volume of information communicated via social media and the subsequent increase in positive engagement with members has been reflected in the yearly metrics. Facebook saw an increase in page likes of 134%, whilst the Instagram page had a slightly higher increase in followers with 143%.



Officials and Volunteers

Little Athletics NSW would like to thank every official who contributed to the 2017/2018 season. The season saw 156 officials nominate to officiate at a Little Athletics NSW state event. There was an outstanding number of officials assisting at our three major events during the season. 89 were at the State Relay Championships held at SOPAC in November, 69 travelled to Wagga Wagga in early March for our State Multi-Event Championships and 131 attended our State Track & Field Championships which was held at SOPAC at the end of March.

Little Athletics NSW continues to present the NSW Officials Seminar prior to the commencement of the season, which was held in September at Holroyd in 2017. This annual seminar was open to any official from Athletics NSW or Little Athletics NSW, not just those that officiate at State carnivals. It was well attended by members of both organisations and included rule and procedure changes. A seminar was also held in conjunction with the State Multi-Event Championships in Wagga.

In December 2017, 14 officials were acknowledged by the Premier's Volunteer Recognition Program at Parliament House in Sydney. This Program recognised the contribution that volunteers make towards strengthening our communities.

Ian Adams, Jordan Ashby-Brigandi and Emily Jordan are also to be congratulated for their nominations in the NSW Community Sports Awards. The NSW Community Sports Awards are focused on community and grass roots sport, recognising the contributions largely carried out by a volunteer workforce. Ian Adams was awarded a Distinguished Long Service Award for his outstanding 30+ years of involvement with Little Athletics. Jordan was a finalist for the Young Official of the Year award, and Emily as a finalist in the Community Sports Administrator category.

The Little Athletics NSW Volunteer of the Year Awards are presented at our Awards Dinner, which is held in conjunction with our Annual Conference each year. Last year the winners were Lisa Sayers (Minchinbury LAC) and Grant Beer (Balmain LAC). Congratulations to both of these very deserving volunteers.

The season continued to see the consolidation of joint initiatives between Little Athletics NSW and Athletics NSW, with 45 officials officiating across junior and senior events. The JOC (Joint Officials Committee) has been a major player in this area. The committee has actioned the implementation of joint correspondence through the monthly newsletter, the continuation of a 'OneSport' officiating uniform, and joint appointments. The JOC has also been looking to provide mentors for new officials and offering an increased number of officials' seminars.

Little Athletics NSW would like to thank the Officials Advisory Committee of Peter Barnes, Ashleigh Crook, Joe Ebejer, Muray Gaudin, Neil Hinton, Di Levy, Heather Mitchell and Brad Weyland. This committee is responsible for the policies and procedures relating to the conduct and welfare of the officiating cohort. We would also like to thank the appointments panel of Peter Barnes, Heather Mitchell and Greg Dickson. These members are responsible for the appointment of the officials for Little Athletics NSW events.

Finally, thank you to the dedicated band of officials who regularly officiate at our major carnivals. Officials are a vital aspect to any athletics community and their contribution to all levels of competition should be acknowledged. Any event would not be possible without our officials. As we do not have sufficient officials to cover all positions we also have to allocate duties to centres. We appreciate the centres and their parent helpers who fulfilled the duties allocated to them.

We thank the 1000's of parent helpers and volunteers who assist at the various local centres each week throughout the season as without these people our centres would not be able to operate. The dedication and contribution of the officials and volunteers is strongly valued by all those at Little Athletics NSW.

156 OFFICIALS NOMINATED TO OFFICIATE AT A LITTLE ATHLETICS NSW EVENT

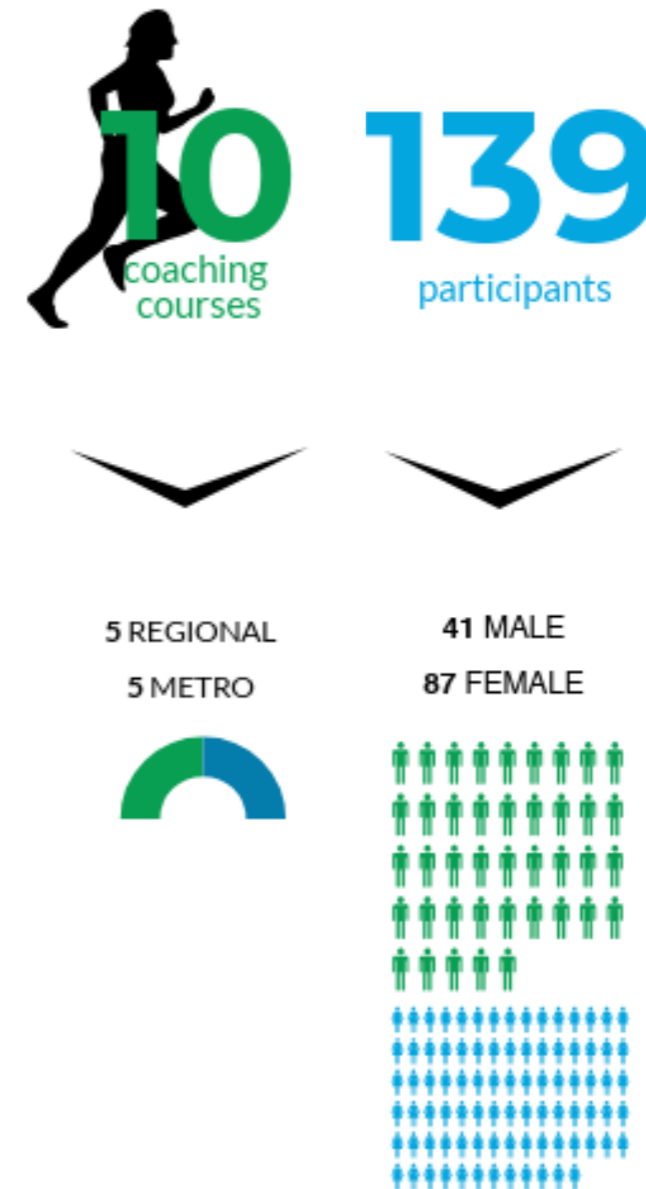
Coaching

Throughout the 2017/2018 season, Little Athletics NSW staff member Darren Wensor was trained as the lead presenter of the "How to Coach the Fundamentals of Movement Workshop", developed by UK Based company UK Coaching. Little Athletics NSW is the first organisation outside of the UK to conduct a UK Coaching Course and distribute the associated resources.

The first Full workshop in Australia was held in January 2018 at the Sydney Academy of Sport and Recreation, and had 15 attendees.

News of the course being delivered in Australia was featured in the Spring 2018 issue of UK Coaching's "Coaching Edge" magazine, which is distributed quarterly to all UK Coaching members, currently traversing over 90 different sports.

There were also ten Introduction to Coaching Courses delivered throughout the state during the 2017/2018 season. Five of the courses were conducted in metropolitan areas and five in regional areas, and there were a total of 139 participants in attendance throughout the year.



Competition and Championships

NSW Cross Country Championships

The 2017 Cross Country Championships was an amalgamation of the Little Athletics NSW competition and the Athletics NSW Short Course Cross Country Championships, held at Upjohn Park, Rydalmere on Sunday, July 2, 2017. The total number of entries was consistent to previous years, with a 825 participants in attendance. There was a slight decrease in participation among the U7-U17 age groups, with the total number of entrants sitting at 517. This was disappointing given that the event took place in the metropolitan area, but regardless, it was still another successful joint event with exciting activations, a well set-up course, and a great atmosphere.

NSW Road Walks Championships

The Little Athletics NSW State Road Walk Championships was again combined with the Athletics NSW State Road Walk Championships, which was held at Penrith International Regatta Centre on 10 July, 2017. There were a total of 146 entries, 99 of which were Little Athletes NSW competitors between the ages U9 to U17.

State Relay Championships

The 2017 State Relay Championships were held at Sydney Olympic Park Athletic Centre on 18-19 November 2017. There was a pleasing increase in entries with a total of 1,320 teams entered, compared to 1,287 the previous year. This increase was likely due to the restructure of the field event relays. The carnival was well received by parents and spectators, and there was an abundance of positive feedback regarding the organisation and implementation of the weekend.

Zone and Region Championships

In accordance with Little Athletics NSW policy, all Zone Championships were again held prior to the Christmas break. A total of 11,550 athletes competed at one of the 23 zones. Following completion of all zone competitions, the Little Athletics NSW Region Championships were conducted throughout February, 2018, in the following locations around the state:

- Region 1 - Tamworth
- Region 2 - Mingara
- Region 3 - Dubbo
- Region 4 - Wollongong
- Region 5 - Sydney Olympic Park
- Region 6 - Blacktown
- Region 7 - Bass Hill
- Region 8 - Barden Ridge

A total of 8,328 athletes competed at one of the eight Region Championships. Little Athletics NSW congratulates all centres and zones for hosting fantastic competitions, and all Little Athletes on their performances.

State Multi-Event Championships

The State Multi-Event Championships were held on 3-4 March 2018 at Jubilee Oval, Wagga Wagga. 560 athletes from 96 centres across NSW competed at another fantastic Multi-Event Championships. Following the completion of this event, three girls and three boys from the U15 age groups were notified of their inclusion in the 2018 State Team. Little Athletics NSW greatly appreciates the assistance offered by Wagga Wagga Little Athletics personnel, without which, the event would not have been so successful. We would also like to pass on additional thanks to the following for their support and assistance: Wagga Wagga City Council, AFL Riverina, Old Kentucky Farm, Big Springs Riverina, Coles Wagga Wagga, and Riverina Water for their support.

State Track & Field Championships

The 2018 State Track & Field Championships were held from 23-25 March, at the Sydney Olympic Park Athletic Centre. 2,873 athletes from 163 Little Athletics centres competed over the three days of competition, many of whom were competing at Sydney Olympic Park for the first time.

On the day following the completion of the event, a team of 26 athletes was selected to form the NSW State Team to compete at the Australian Little Athletics Championships. Little Athletics NSW thanks Marian Bennett, Kirsten Crocker, Maria McConville, Greg Skinner and Craig Waters for selecting the team.

Representative Teams

Trans Tasman Tour and Challenge

The Little Athletics NSW team of 80 U11 and U12 athletes travelled to Auckland for the 2018 Trans Tasman Challenge Match against the Auckland Children's Team, held on Sunday, January 14 at Mt Smart Stadium. Athletes were accompanied by 30 officials, and spent 12 days enjoying and experiencing all activities involved with being part of the Challenge team. Little Athletics NSW congratulates all athletes, officials, parents and committee members who made this tour successful.

ALAC (Australian Little Athletics Championship)

The Australian Little Athletics Championships were held at Runaway Bay Sports Centre on the Gold Coast from 28-29 April 2018. The NSW team was successful in retaining the Trevor Billingham trophy for the third year in a row, and finished the Championships 32 points ahead of any other state. The team also placed 3rd in the handicap points for the Alan Triscott trophy, and 2nd in the U15 Multi-Event Life Members trophy. The team achieved a total of 37 pb's over the weekend of competition, and the male team captain, Ethan Quintana, achieved a meet record in the U13 boys 80m hurdles.



Championship Winners

State Cross Country - 2017

U7 - U17 events were conducted under Little Athletics NSW competition rules, and U13 - U17 events as per Athletics NSW Competition Rules. This joint event was held at Upjohn Park, Rydalmere on 2 July 2017.

	BOYS		GIRLS	
U7	Jayden Taylor	Macquarie Hunter	Jessica Pulis	Manly Warringah
U8	Benjamin Woodhouse	Nth Rocks/ Carlingford	Sienna Latanis	St George
U9	Harry Halleen	Balmain	Keira Toohey	Sutherland
U10	Joshua O'Connell	Balmain	Chelsy Wayne	Wollongong City
U11	Evan Dransfield	Northern Suburbs	Sarah Baker	Northern Suburbs
U13	Jack Waide	Illawong	Chelsea Ezeoke	Wollongong City
U14	Bailey Habler	Randwick Botany	Brianna Worsfold	Ku-Ring-Gai
U15	Sam Rockliff	Asics Wests	Grace Baker	Macquarie Hunter
U16	Angus Beer	Newington	Kirra Bennett-Smith	Wollondilly
U17	Drew Fryer	Randwick Botany	Sundance Fuller	Penrith Valle

State Road Walks - 2017

U9 - U11 events were conducted under Little Athletics NSW competition rules, and U13 - U17 events as per Athletics NSW Competition Rules. This joint event was again held at Penrith International Regatta Centre on 10 July 2017.

	BOYS		GIRLS	
U9	Alex Muir	Nepean	Sienna Pitcher	Gosford
U10	Peter Elliott	Quakers Hill	Jayda Stanley	Balmain
U11	Harry Banks	Balmain	Izabella Dunne	Gosford
U13	Samuel Walter	Sydney Pacific	Emma Thomas	Parramatta
U14	Adam Dickson	Hills District	Elizabeth McMillen	Sydney Pacific
U15	Joel Kemp	Mingara	Allanah Pitcher	Mingara
U16	Jack McGinniskin	Mingara	Hannah Parker	Randwick Botany
U17	Oscar Tebbutt	Gosford	Samantha Brown	Ryde

State Relays - 2017

Held at Sydney Olympic Park Athletics Centre on Saturday and Sunday, 18-19 November 2017.

	EVENT	BOYS	GIRLS	MIXED
U8	4 x 100m	Port Hacking	Port Hacking	Jamison
	4 x 200m			Port Hacking
	Jumps Relay	Manly Warringah	Parramatta	
	Throws Relay	Revesby Workers	Manly Warringah	
U9	4 x 100m	Sutherland	Ku-Ring-Gai	Smithfield
	4 x 200m			Mosman
	Jumps Relay	Hills District	Hornsby	
	Throws Relay	Sutherland	Cherrybrook	
U10	4 x 100m	Manly Warringah	Balmain	Wyong
	4 x 400m			Ku-Ring-Gai
	Jumps Relay	Northern Suburbs	Northern Suburbs	
	Throws Relay	Kings Langley	Bankstown Sports	
U11	4 x 100m	Balmain	Manly Warringah	Helensburgh
	4 x 400m			Hills District
	Jumps Relay	Northern Suburbs	Manly Warringah	
	Throws Relay	Manly Warringah	Bankstown Sports	
U12	4 x 100m	Bankstown Sports	Balmain	Prospect
	4 x 400m			Northern Suburbs
	Jumps Relay	Ku-Ring-Gai	Manly Warringah	
	Throws Relay	Bankstown Sports	Bankstown Sports	
U13	4 x 100m	Hills District	Inner West	Liverpool City
	4 x 400m			Sutherland
	Jumps Relay	Campbelltown Collegians	Sutherland	
	Throws Relay	Canterbury	Ku-Ring-Gai	
U14	4 x 100m	Balmain	Northern Suburbs	Smithfield
	4 x 400m			Manly Warringah
	Jumps Relay	Parramatta	Sutherland	
	Throws Relay	Rouse Hill Rams	Campbelltown Collegians	

State Relays - 2017

Continued...

U15	4 x 100m	Sutherland	Wollongong City	Tallawong Park
	4 x 400m			Manly Warringah
	Jumps Relay	Port Hacking	Ryde	
	Throws Relay	Northern Suburbs	Macquarie Hunter	
U17	4 x 100m	Port Hacking	Sutherland	Kurrajong/Bilpin
	4 x 400m			Macquarie Hunter
	Jumps Relay	Balmain	Campbelltown Collegians	
	Throws Relay	Bankstown Sports	Campbelltown Collegians	
JNR	4 x 100m			Liverpool City
	Long Jump Relay			Bowral
	Middle Distance	Balmain	Hills District	
SNR	4 x 100m			Prospect
	Long Jump Relay			Prospect
	Middle Distance	Balmain	Manly Warringah	

State Multi-Event - 2018

Held at Jubilee Park, Wagga Wagga on Saturday, 4-5 March 2018.

	BOYS		GIRLS	
U7	Lucas Ajaka	Parramatta	Jessica Pulis	Manly Warringah
U8	Rian Conners	Ku-Ring-Gai	Sienna Latanis	St George
U9	Germaine Wright	Albion Park	Keira Toohey	Sutherland
U10	Bailey-Dean Latanis	St George	Chelsy Wayne	Wollongong City
U11	Logan Toohey	Sutherland	Sarah Baker	Northern Suburbs
U12	Lachlan Herbert	Ku-Ring-Gai	Chelsea Ezeoke	Wollongong City
U13	Ethan Oliver	Northern Districts	Brianna Worsfold	Ku-Ring-Gai
U14	Jason Parmaxidis	Campbelltown Collegians	Grace Baker	Macquarie Hunter
U15	Andrew Goschnik	Port Hacking	Kirra Bennett-Smith	Wollondilly
U17	Ben James	Cessnock	Sundance Fuller	Penrith Valley

State Track & Field Championships – 2018

Held at Sydney Olympic Park Athletics Centre from Friday, 23-25 March 2018.

EVENT	U9 BOYS		U9 GIRLS	
70 Metres	Germaine Wright	Albion Park	Amber Stapleton	Jamison
100 Metres	Germaine Wright	Albion Park	Jasmine Rintel	Manly Warringah
200 Metres	Germaine Wright	Albion Park	Audrey Khamphet Pearse	South Eastern
400 Metres	Benjamin Woodhouse	Nth Rocks C'ford	Keira Toohey	Sutherland
800 Metres	Benjamin Woodhouse	Nth Rocks C'ford	Keira Toohey	Sutherland
60m Hurdles	Tristan McIntosh	South Eastern	Matilda Fanning	Sutherland
700m Walk	Christopher Nilon	Nth Rocks C'ford	Natasha Flahey	Cherrybrook
Long Jump	Jimmy Thebridge	Ku-Ring-Gai	Maddison Druery	Port Hacking
High Jump	Blake Birmingham	Balmain	Mariah Photo	Illawong
Shot Put	Oscar Furey	Gosford	Tayla Moore	Cherrybrook
Discus	Oscar Furey	Gosford	Tallara Joseph-Riogi	Canterbury

EVENT	U10 BOYS		U10 GIRLS	
70 Metres	Samuel Govender	Macquarie Hunter	Tammin Lampret	Port Hacking
100 Metres	Samuel Govender	Macquarie Hunter	Gemma Boland	Nyngan
200 Metres	Samuel Govender	Macquarie Hunter	Bronte Locane	Balmain
400 Metres	Callum Grantham	Illawong	Channary Royal	Bankstown Sports
800 Metres	Christian Camus	Mosman	Angie Le Roux	Balmain
1500 Metres	Harry Halleen	Balmain	Angie Le Roux	Balmain
60m Hurdles	Jay Robinson	Sutherland	Tammin Lampret	Port Hacking
700m Walk	Alex Muir	Nepean	Grace Beck	Ku-Ring-Gai
Long Jump	Mason McGroder	Sutherland	Tammin Lampret	Port Hacking
High Jump	Maksimir Saravanja	Ku-Ring-Gai	Gemma Boland	Nyngan
Shot Put	Jozef Cluff	Smithfield	Chelsea Wayne	Wollongong City
Discus	Jozef Cluff	Smithfield	Jasmin Franich	St George

State Track & Field Championships – 2018

Continued...

EVENT	U11 BOYS		U11 GIRLS	
100 Metres	Dylan Hall	Ku-Ring-Gai	Amelie Trope	South Eastern
200 Metres	Cooper West	Port Macquarie	Shari Hurdman	Port Stephens
400 Metres	Cooper West	Port Macquarie	Shari Hurdman	Port Stephens
800 Metres	Joshua O'Connell	Balmain	Ivy Boothroyd	Sutherland
1500 Metres	Joshua O'Connell	Balmain	Sarah Baker	Northern Suburbs
60m Hurdles	Riley Busst	Jamison	Chelsea McComb	Tumut & District
1100m Walk	Isaac Beacroft	Quakers Hill	Jayda Stanley	Balmain
Long Jump	Max King	Cardiff & District	Tuliana Kabuyawa	Hills District
High Jump	Billy Peek	Manly Warringah	Charlotte Watton	Manly Warringah
Triple Jump	Reece McManus	Eastlakes	Izobella Louison-Roe	Port Hacking
Shot Put	Alexander Photi	Illawong	Lily Mullane	Port Stephens
Discus	Alexander Photi	Illawong	Lily Mulane	Port Stephens
Javelin	Liam Sykes	Port Hacking	Emma Matthias	Emu Plains

EVENT	U12 BOYS		U12 GIRLS	
100 Metres	Rashid Kabba	Holroyd	Chelsea Ezeoke	Albion Park
200 Metres	Rashid Kabba	Holroyd	Chelsea Ezeoke	Albion Park
400 Metres	Lachlan Herbert	Ku-Ring-Gai	Chelsea Ezeoke	Albion Park
800 Metres	Evan Dransfield	Northern Suburbs	Lara Williams	Manly Warringah
1500 Metres	Evan Dransfield	Northern Suburbs	Jessica Gocher	Mosman
60m Hurdles	Rashid Kabba	Holroyd	Alexandra Richards	Balmain
1100m Walk	Harry Banks	Balmain	Izabella Dunne	Gosford
Long Jump	Lachlan Herbert	Ku-Ring-Gai	Keira McGregor	Raymond Terrace
High Jump	Finn Ramanauskas	Illawong	Delta Amidzovski	Albion Park
Triple Jump	Evan Venning	Northern Suburbs	Raphaila Idris	Blacktown
Shot Put	George Wells	Tuggerah Lakes Mingara	Chelsea Ezeoke	Albion Park
Discus	Tiniraunetafa Tofaeono	Bankstown Sports	Rachel Bardney	Kings Langley
Javelin	Angus Clues	Springwood	Karina Bell	Illawong

State Track & Field Championships – 2018

Continued...

EVENT	U13 BOYS		U13 GIRLS	
100 Metres	Lachlan Wood	Winston Hills	Aleesha Bennetts	Mudgee
200 Metres	Lachlan Wood	Winston Hills	Aleesha Bennetts	Mudgee
400 Metres	Shayan Adhikari	Prospect	Brianna Worsfold	Ku-Ring-Gai
800 Metres	Shayan Adhikari	Prospect	Imogen Stewart	Illawong
1500 Metres	Iwo Ellis	Eastern Suburbs	Imogen Stewart	Illawong
3000 Metres	Jack Waide	Illawong	Imogen Stewart	Illawong
80m Hurdles	Stirling Farr	Orange	Latecia Lolohea	Holroyd
200m Hurdles	Ethan Quintana	Northern Suburbs	Latecia Lolohea	Holroyd
1500m Walk	Harry Dundon	Mosman	Amalia Patterson	Tuggerah Lakes Mingara
Long Jump	Ethan Oliver	Northern Suburbs	Charli Reid	Bankstown Sports
High Jump	Tye Fepuleai	Campbelltown Collegians	Hayley Corderoy	Tuggerah Lakes Mingara
Triple Jump	Setini Taukamo	Randwick Botany	Clara Nouridine	Doonside
Shot Put	Bryce Nolan	Smithfield	Kaitlyn Coulter	Bankstown Sports
Discus	Jack Greaves	Canterbury	Maliyah Osbaldiston	Bankstown Sports
Javelin	Jack Greaves	Canterbury	Ariana Levy	Werrington

EVENT	U14 BOYS		U14 GIRLS	
100 Metres	Sylvester Amon	Rouse Hill Rams	Jessica Laurance	Doonside
200 Metres	Donovan Bradshaw	Cherrybrook	Alice Dixon	Northern Suburbs
400 Metres	Ethan Donetto	Griffith & District	Eve Gardner	Sutherland
800 Metres	Cameron Laytham	Manly Warringah	Jessica Bird	Ku-Ring-Gai
1500 Metres	Luke Boyes	Emu Plains	Sarah Schiffmann	Myall Coast
3000 Metres	Jacob Leon	Ryde	Sarah Schiffmann	Myall Coast
90m Hurdles	Sam Chen	Balmain	Emilia Duncan	Ku-Ring-Gai
200m Hurdles	Max Bradbury	Westlakes	Annika Lynch	Northern Suburbs
1500m Walk	Adam Dickson	Hills District	Gabriella Hill	Lismore
Long Jump	Renato Pane	Tiger Wests	Jessica Laurance	Doonside
High Jump	Darcy Holmers	Northern Suburbs	Annika Lynch	Northern Suburbs
Triple Jump	Sylvester Amon	Rouse Hill Rams	Annika Lynch	Northern Suburbs
Shot Put	Jason Parmaxidis	Campbelltown Collegians	Ashlyn Blackstock	Eastlakes
Discus	Siotame Hansen	Colyton/St Clair	Ashlyn Blackstock	Eastlakes
Javelin	Jason Parmaxidis	Campbelltown Collegians	Georgia Portelli	Kurrajong Bilpin

State Track & Field Championships – 2018

Continued...

EVENT	U15 BOYS		U15 GIRLS	
100 Metres	Jack Hornery	Sutherland	Gabrielle Bingham	Prospect
200 Metres	Jack Hornery	Sutherland	Gabrielle Bingham	Prospect
400 Metres	Joshua Atkinson	Hills District	Emma O'Reilly	Manly Warringah
800 Metres	Joshua Atkinson	Hills District	Sarah Pickering	Macquarie Hunter
1500 Metres	Kai Hammond	St George	Lauren Carey	St George
3000 Metres	Kai Hammond	St George	Lauren Carey	St George
100m Hurdles	Mitchell Lightfoot	Maitland	Maya Piras	Dubbo
300m Hurdles	Andrew Goschnik	Port Hacking	Isabella Guthrie	Northern Districts
1500m Walk	Jack McGinniskin	Edgeworth	Allanah Pitcher	Gosford
Long Jump	Cameron Steer	Tuggerah Lakes Mingara	Katie Gunn	Gosford
High Jump	Jesse Tindall	Maitland	Alexandra York	Northern Suburbs
Triple Jump	Laud Codjoe	Colyton/St Clair	Alexandra York	Northern Suburbs
Shot Put	Thomas Shannon	Gosford	Bella Ferfaglia	Eastlakes
Discus	Lamarr Sovilj-Talo	Campbelltown Collegians	Deamma Taganesia	Bankstown Sports
Javelin	Stuart Downie	Northern Suburbs	Lianna Davidson	Kurrajong Bilpin

EVENT	U17 BOYS		U17 GIRLS	
100 Metres	Godwin Opoku Mensan	Campbelltown Collegians	Teah Macpherson	Macquarie Hunter
200 Metres	Keegan Bell	Hills District	Caitlyn Ferrier	Kurrajong Bilpin
400 Metres	Keegan Bell	Hills District	Caitlyn Ferrier	Kurrajong Bilpin
800 Metres	Angus Beer	Balmain	Imogen Gardner	Northern Suburbs
1500 Metres	Angus Beer	Balmain	Imogen Gardner	Northern Suburbs
3000 Metres	Luca Manente	Hills District	Jessica Noble	Macquarie Hunter
110m Hurdles	William Humberstone	Port Hacking	Sophie Cibe	St George
300m Hurdles	Thomas Hunt	Northern Suburbs	Elena Christian	Illawong
1500m Walk	Oscar Tebbutt	Gosford	Hannah Mison	Koorringal Wagga
Long Jump	Connor Murphy	Illawong	Samantha Dale	Nth Rocks/Carlingford
High Jump	Nicholas Kollias	South Eastern	Rosie Tozer	Wollongong City
Triple Jump	Tully Murphy	Kurrajong Bilpin	Erica Tillman	Grafton
Shot Put	Arthur Leleai Inu	Bankstown Sports	Venita Mailei	Campbelltown Collegians
Discus	Daniel Hall	Mosman	Venita Mailei	Campbelltown Collegians
Javelin	Jonathan Bell	Ku-Ring-Gai	Jasmin Lockwood	Port Hacking

State Track & Field Championships – 2018

Continued...

EVENT	BOYS	GIRLS
U9-U12 4 x 100m RELAY	Albion Park	Hills District
U12-U17 4 x 100m RELAY	Hills District	Ku-Ring-Gai

MULTI-CLASS EVENT	U9-10 BOYS		U9-10 GIRLS	
100 Metres	Zac Harding	Narromine	Layla Sharp	Werrington
800 Metres	Zac Harding	Narromine	Layla Sharp	Werrington
Long Jump	Kynan Miller	Shoalhaven	Layla Sharp	Werrington
Discus	Kynan Miller	Shoalhaven	Layla Sharp	Werrington

MULTI-CLASS EVENT	U11-12 BOYS		U11-12 GIRLS	
100 Metres	Matthew Engesser	Parramatta	Sybella Watton	Manly Warringah
800 Metres	Matthew Engesser	Parramatta	Charlize Colwell	Albion Park
Long Jump	Matthew Engesser	Parramatta	Zara Perry	Ku-Ring-Gai
U11-U12 MC Discus	Malachi Canning	Lismore	Zara Perry	Ku-Ring-Gai

MULTI-CLASS EVENT	U13-14 BOYS		U13-14 GIRLS	
100 Metres	Jaylen Martin	The Ponds	Mali Lovell	Manly Warringah
800 Metres	Jaylen Martin	The Ponds	Mali Lovell	Manly Warringah
Long Jump	Mithuran Shivakumaarun	Liverpool City	Madelaine Goodridge	Camden Haven
Discus	Mithuran Shivakumaarun	Liverpool City	Madelaine Goodridge	Camden Haven

MULTI-CLASS EVENT	U15-17 BOYS		U15-17 GIRLS	
100 Metres	Cameron Murray	Parramatta	Tamsin Colley	South Eastern
800 Metres	Ryan Conroy	Parramatta	Tamsin Colley	South Eastern
Long Jump	Cameron Murray	Parramatta	Summer Giddings	Parramatta
Discus	Cameron Murray	Parramatta	Annabella Rodgers	Northern District

Records - Individual

U 10 Girls	Tammin Lampret	Port Hacking	60m Hurdles	9.78
U 11 Boys	Liam Sykes	Port Hacking	Javelin	35.48m
U 12 Boys	Rashid Kabba	Holroyd	200m	24.43
U12 Girls	Alexandra Richards	Balmain	60m Hurdles	9.29
	Chelsea Ezeoke	Wollongong City	100m	12.53
	Chelsea Ezeoke	Wollongong City	200m	25.69
	Raphaila Idris	Blacktown	Triple Jump	11.05m
U 13 Girls	Chantelle Barnard	Campbelltown Collegians	200m Hurdles	27.56
	Clara Noudine	The Ponds	Triple Jump	11.66m
	Imogen Stewart	Illawong	3000m	9.53.44
	Imogen Stewart	Illawong	1500m	4.33.78
	Imogen Stewart	Illawong	800m	2.14.30
U 14 Girls	Sarah Schiffmann	Myall Coast	1500m	4.33.92
U 15 Girls	Isabella Guthrie	Northern Districts	300m Hurdles	44.10
	Lianna Davidson	Kurrajong Bilpin	Javelin	45.81m
U 17 Boys	Godfrey Okerenyang	Koorinal Wagga	100m	10.80
	Taine Petersen	Tuggerah Lakes Mingara	100m	10.80
	William Humberstone	Port Hacking	110m Hurdles	13.60
U 17 Girls	Caitlin Ferrier	Kurrajong Bilpin	200m	24.08
	Imogen Gardner	Northern Suburbs	1500m	4.29.51
	Jasmin Lockwood	Port Hacking	Javelin	50.20m

Records - Team

Junior Boys	Balmain	Middle Distance	10:25.15
	Liverpool City Bowral	4 x 100m Long Jump	1:01.26 2576 pts
Senior Mixed	Prospect	4 x 100m	51.35
	Prospect	Long Jump	2905 pts
	Balmain	Middle Distance	9:10.58
U8 Boys	Manly Warringah Revesby Workers	Jumps Throws	2165 pts 1710 pts
	Parramatta Manly Warringah	Jumps Throws	2067 pts 1652 pts
U8 Mixed	Port Hacking	4 x 200m	2:13.30
U9 Boys	Hills District Sutherland	Jumps Throws	2181 pts 1741 pts
	Hornsby Cherrybrook	Jumps Throws	2110 pts 1900 pts
U10 Boys	Northern Suburbs Kings Langley	Jumps Throws	2167 pts 1884 pts
	Northern Suburbs Bankstown Sports	Jumps Throws	2289 pts 1878 pts
U11 Boys	Manly Warringah	Throws	2311 pts
U11 Girls	Manly Warringah Bankstown Sports	Jumps Throws	2482 pts 2225 pts

Records - Team

Continued...

U12 Boys	Bankstown Sports	Throws	1818 pts
U12 Girls	Balmain	4 x 100m	52.74
U13 Girls	Sutherland	Jumps	2383 pts
U14 Boys	Parramatta	Jumps	2519 pts
U14 Girls	Sutherland	Jumps	2537 pts
U15 Boys	Northern Suburbs	Throws	2119 pts
U15 Girls	Ryde	Jumps	2478 pts
	Macquarie Hunter	Throws	2189 pts
U17 Boys	Bankstown Sports	Throws	2123 pts
U17 Girls	Sutherland	4 x 100m	48.37
	Campbelltown Collegians	Jumps	2369 pts
	Campbelltown Collegians	Throws	2348 pts
U17 Mixed	Macquarie Hunter	4 x 400m	3:42.08

Award Winners

Centre Volunteer Administration

BRONZE
 Balmain
 Bathurst
 Holroyd
 Illawong
 Kurrajong/Bilpin
 Lockhart
 Manly Warringah
 Parramatta
 Randwick/Botany
 Revesby Workers
 Shoalhaven
 Tuggerah Lakes/Mingara
 Winston Hills

SILVER
 Bankstown Sports
 Cherrybrook
 Dapto
 Hills District
 Liverpool City
 Narromine

GOLD
 Northern Suburbs
 Port Hacking

GOLD & WINNER:
 Northern Suburbs

Centre Registration Increase

East Maitland Little Athletics Centre

Centre Retention

Kotara South Little Athletics Centre

Zone Coordinator of the Year

Judith Peel (Eastern Riverina)

Volunteer of the Year

FEMALE FINALISTS
 Mikaela Butters (Revesby Workers)
 Judith Peel (Lockhart)

FEMALE WINNER
 Lisa Sayers (Minchinbury)

MALE FINALISTS
 Troy Morrison (Tilligery)

MALE WINNER
 Grant Beer (Balmain)

Honour Roll

Life Members

Ian Adams 2004
 Graeme Allen 1976
 Jim Arkins * 1985
 Eric Arnold OAM * 2012
 John Burne OAM * 2007
 Darryl Channells 1998
 Betty Collyer 1991
 Dick Corish * 1973
 Gordon Costello 2006
 Grahame Down 1974
 Dereck Fineberg OAM 2013
 Jack Freeman * 1975
 Barry Garment 1988
 Ken Gardiner 1987
 Stan Hamley * 1980
 Charles Hansen * 1975
 Dick Healey * 1987
 Cec Hensley * 1973
 Trevor Hinwood 2014
 Arnold Hunt * 1993
 Lorna Magee 1990
 Jack McCarthy 1978
 Maria McConville 1996
 Heather Mitchell 1998
 Ann Pamplin 1995
 Bob Quail 1976
 Ron Richter OAM 1992
 Garth Robinson * 1984
 Craig Scott 2016
 Grahame Searles 1997
 Allan Shaw 2004
 Peter Shinnick* 1980
 Susan Shinnick 1986
 Adele Whalen 1976
 Peter Wickes * 1994
 Doug Wood * 1995
 Neil Sandall 2017

* Deceased

Merit Award

Recipients

Peter Barnes 1998
 Rosie Barnes 2012
 Alan Bartlett 2001
 Marian Bennett 2001
 Phill Blunt 1998
 Bill Boyle 1992
 Bill Bradshaw * 1991
 Ron Budd 1991
 Kim Burton 2003
 Robert Care AM 2001
 Rita Channells 1993
 Carol Clima 1991
 Steve Clima 1995
 Kevin Collyer * 1991
 Bob Crawford * 1998
 Christine Crawford 1993
 Steve Critchley 1998
 Phil Cross 1993
 Irené Dasey 2012
 Vinlei Della Casa 2016
 Doreen Dickinson 1991
 Greg Dickson 2002
 Ivan Drury 2015
 Jenny Drury 2015
 Miriam Ebejer 2015
 Robyn Eyears 1998
 Kevin Fisher 2015
 Christine Fletcher 2001
 Anne Garment 1991
 Mavis Godber 2012
 Gary Green 1991
 Elaine Green 1991
 Stephen Green 2015
 Max Harris 1994
 Gerald Hayes * 1991
 Jacky Hayes 1991
 James Hepburn * 1991
 Trevor Hinwood 2002
 Margaret Honey 1997
 Paul Hughes 2002
 Michael Irwin 2002
 Kevin Ivin 2007
 Lizbeth Ivin 2007
 Allan Johnson 2009
 Carmen Jones 2002
 Ron Keys OAM 1991
 Les Kirkland 2015
 Tony Kish 2001
 Barbara Lea 1993
 Bob Leach * 1998
 Diane Levy 1997
 Anne Lupton 2003

Les Magee * 1991
 Carol McGarry 1996
 Howard McGarry 1991
 Joe McGarry 2015
 Ross Macleod-Jones 2002
 Lyn McMahan* 1998
 Viv Manwaring 2002
 Aino Matwisyk 2013
 Lynne Moore 2012
 Colin Muir 2015
 Mick Mulligan 1993
 Mike O'Hehir 1991
 Tony Okulicz 2001
 Mick O'Neill * 1991
 Terry O'Neill 2002
 Wally Pamplin * 1992
 Russell Peters 1998
 Gordon Prevett 2012
 Geoff Quirk 1991
 Julie Reynolds 2001
 Glen Richardson 1994
 Lesley Rodgers 1998
 Warren Ross 1998
 Karl Rugg 2013
 Neil Sandall 1998
 Charles Sanders 2012
 Ron Saville 1998
 Wayne Sayers 2015
 Lorraine Searles 2015
 Sue Sinclair 2015
 Linda Smith 1993
 Rosemary Smith 2003
 Sue Stafa 1997
 Glen Taylor 2016
 Reg Thompson 1998
 Greta Vallance 1991
 Judy Vecellio 1991
 Tony Vecellio OAM 1991
 Alan Venzlauskas 1998
 Margaret Vonarx 1991
 Marcus Vowels (Prof) AM 2002
 Tony Ward 2006
 Bob Wardle 1995
 Jim Walker 2013
 Chris Watt 2007
 Pauline Watt 2016
 John Wells * 2001
 Sue Wells 2001
 Lynne Whatman 2012
 Gordon Willson 1998
 Lorraine Wiseman 1996
 Jorge Zapatero 1998

Honour Roll

Volunteer of the Year Award Winners

2001/2002	Ray Horton	St George
2002/2003	Kay Swann	Nepean
2003/2004	Judy Vecellio	Randwick/Botany
2004/2005	Pat Maxwell	Holroyd
2005/2006	Mike Christie	Manly Warringah
2006/2007	Barbara & Peter Bird	Charlestown
2007/2008	Vernon Cross	Riverstone & District
<i>From 2008/2009 onwards, both male and female winners were awarded</i>		
2008/2009	Peter Thomas	South Eastern
	Anne Garment	Warradale
2009/2010	Greg Moore	Kurri Kurri
	Vinlei Della Casa	Canterbury
2010/2011	Moe Maruta	Colyton/St Clair
	Denise Staples	Eschol Park
2011/2012	Kevin Fisher	Parramatta
	Sally Richardson	Northern Suburbs
2012/2013	Paul Deane	Bankstown Sports
	Carmen Jones	Randwick/Botany
2013/2014	Ronald Pollett	Mt Druitt
	Deborah Engeler	Illawong
2014/2015	Luke Gemmell	Quakers Hill
	Veronica Cudmore	Griffith
2015/2016	Simon Nicola	Winston Hills
	Marina Picken	Helensburgh & District
2016/2017	Grant Beer	Balmain
	Lisa Sayers	Minchinbury

Honour Roll

NSW Inductees into the Little Athletics Australia Roll of Excellence

The Little Athletics Australia Roll of Excellence recognises former participants who have achieved the highest level in their chosen sport or profession. There are four categories: track and field, sportsman, achievers and volunteers.

2009

Amy Winters (Track & Field)
Melinda Gainsford-Taylor AM (Track & Field)
Jana Pittman-Rawlinson (Track & Field)
John Maclean (Achiever)
Barry Garment (Volunteer)
Mike Whitney (Sportsman)

2010

Jane Saville (Track & Field)
Janine Shepherd (Achiever)
Peter Wickes (Volunteer)

2011

Darren Clark (Track & Field)
Jim Arkins (Volunteer)
Paul Murray (Achiever)

2012

Debbie Wells (Track & Field)

2013

Kimberlee Green (Sportsman)
Ken Gardiner (Volunteer)

2014

Dani Samuels (Track & Field)
Jarryd Hayne (Sportsman)
Prof. Marcus Vowels AM (Volunteer)

2015

Nicole Boegman-Stewart (Track & Field)
Sally Fitzgibbons (Sportsman)
John & Len Pearce (Achiever)
Maria McConville (Volunteer)

2016

Fabrice Lapierre (Track & Field)

2017

Mitchell Starc (Sports Person)
Andrew May (Achiever)

Acknowledgements

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LITTLE ATHLETICS NSW
90 - 92 Harris Street
HARRIS PARK 2150
Ph: 9633 4511
Website: lansw.com.au
Email: admin@lansw.com.au