

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 8 - 70 Metre Sprint**

| State: S 10.30 1980 Annette Cavanagh, Blacktown | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Olivia Hall | | Dubbo | 12.39Q |
| 2 Lily Carmody | | Orange | 12.60Q |
| 3 Molly Robinson | | Lithgow | 12.92Q |
| 4 Dakota Smith | | Glenbrook | 13.09q |
| 5 Laney Linder | | Kurrajong Bilpin | 13.58 |
| Heat 2 Heats | | | |
| 1 Heidi Simpson | | Kurrajong Bilpin | 13.07Q |
| 2 Charlotte Elliott | | Lithgow | 13.24Q |
| 3 Courtney May | | Dubbo | 13.42Q |
| 4 Jezebel Mills | | Glenbrook | 13.50q |
| 5 Katelyn Holley | | Kurrajong Bilpin | 14.05 |

Girls U 8 - 70 Metre Sprint

| State: S 10.30 1980 Annette Cavanagh, Blacktown | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Olivia Hall | | Dubbo | 12.56 |
| 2 Lily Carmody | | Orange | 12.78 |
| 3 Heidi Simpson | | Kurrajong Bilpin | 12.93 |
| 4 Molly Robinson | | Lithgow | 12.94 |
| 5 Jezebel Mills | | Glenbrook | 12.99 |
| 6 Courtney May | | Dubbo | 13.00 |
| 7 Dakota Smith | | Glenbrook | 13.03 |
| 8 Charlotte Elliott | | Lithgow | 13.29 |

Girls U 9 - 70 Metre Sprint

| State: S 9.90 1998 Briony Kanard, Port Hacking | | | |
|--|-----|------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Alesha Bennetts | | Mudgee | 11.62Q |
| 2 Rosanna Blackwell | | Lithgow | 12.23Q |
| 3 Hayley Moir | | Springwood | 12.62Q |
| 4 Hope Gibson | | Orange | 12.77q |
| 5 Bianca Fuller | | Warren | 12.94 |
| 6 Elyse Provost | | Walgett | 14.53 |
| Heat 2 Heats | | | |
| 1 Hayley Davis | | Bathurst | 11.40Q |
| 2 Mackenzie Innes | | Orange | 11.68Q |
| 3 Sophie Martin | | Orange | 12.16Q |
| 4 Destiny Iceman | | Katoomba | 12.45q |
| 5 Lorena Brown | | Lithgow | 13.28 |
| 6 Megan Smith | | Dubbo | 13.37 |
| 7 Jacinta Jeffery | | Springwood | 14.22 |

Girls U 9 - 70 Metre Sprint

| State: S 9.90 1998 Briony Kanard, Port Hacking | | | |
|--|-----|----------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Hayley Davis | | Bathurst | 11.31 |
| 2 Alesha Bennetts | | Mudgee | 11.50 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS

Results

....Girls U 9 - 70 Metre Sprint

| | | |
|---------------------|------------|-------|
| 3 Mackenzie Innes | Orange | 11.74 |
| 4 Sophie Martin | Orange | 12.07 |
| 5 Rosanna Blackwell | Lithgow | 12.48 |
| 6 Destiny Iceman | Katoomba | 12.70 |
| 7 Hayley Moir | Springwood | 12.86 |
| 8 Hope Gibson | Orange | 13.92 |

Girls U 10 - 70 Metre Sprint

| | | | |
|--------|-----|------------------------|-------|
| ===== | | | |
| State: | S | 9.60 | 2000 |
| | | Grace Naseby, Griffith | |
| Name | Age | Centre | Heats |
| ===== | | | |

Heat 1 Heats

| | | |
|---------------------|------------|--------|
| 1 Annabelle Fuller | Dubbo | 11.13Q |
| 2 Millie Fulton | Bathurst | 11.34Q |
| 3 Charlotte Husarek | Glenbrook | 11.64Q |
| 4 Ava Healey | Lithgow | 11.66q |
| 5 Abbey Burke | Springwood | 11.99q |
| 6 Ainsley Stone | Glenbrook | 12.46 |
| 7 Jennifer Corderoy | Narromine | 12.53 |
| 8 Poppy Keegan | Orange | 12.55 |

Heat 2 Heats

| | | |
|---------------------|-----------|--------|
| 1 Amelia Hinrichsen | Orange | 11.15Q |
| 2 Zara Ebeling | Glenbrook | 11.52Q |
| 3 Emily Pell | Orange | 11.88Q |
| 4 Charlotte Coulton | Orange | 12.31 |
| 5 Jade Wye | Nyngan | 13.42 |
| 6 Hollie Forster | Blayney | 13.98 |
| 7 Olivia Ferguson | Gilgandra | 14.38 |

Girls U 10 - 70 Metre Sprint

| | | | |
|--------|-----|------------------------|-------|
| ===== | | | |
| State: | S | 9.60 | 2000 |
| | | Grace Naseby, Griffith | |
| Name | Age | Centre | Final |
| ===== | | | |

Section 1 Final

| | | |
|---------------------|------------|-------|
| 1 Amelia Hinrichsen | Orange | 10.90 |
| 2 Annabelle Fuller | Dubbo | 11.23 |
| 3 Millie Fulton | Bathurst | 11.44 |
| 4 Charlotte Husarek | Glenbrook | 11.60 |
| 5 Zara Ebeling | Glenbrook | 11.77 |
| 6 Ava Healey | Lithgow | 11.81 |
| 7 Emily Pell | Orange | 12.19 |
| 8 Abbey Burke | Springwood | 12.34 |

Girls U 8 - 100 Metre Sprint

| | | | |
|--------|-----|----------------------|-------|
| ===== | | | |
| State: | S | 14.20 | 1979 |
| | | Helen Clarke, Orange | |
| Name | Age | Centre | Heats |
| ===== | | | |

Heat 1 Heats

| | | |
|---------------------|------------------|--------|
| 1 Olivia Hall | Dubbo | 17.79Q |
| 2 Charlotte Elliott | Lithgow | 18.68Q |
| 3 Ella McGarity | Glenbrook | 19.03Q |
| 4 Jezebel Mills | Glenbrook | 19.47 |
| 5 Jasmine Bourke | Nyngan | 20.12 |
| 6 Rachel Masling | Orange | 20.25 |
| 7 Laney Linder | Kurrajong Bilpin | 20.31 |

Heat 2 Heats

| | | |
|----------------|--------|--------|
| 1 Lily Carmody | Orange | 18.17Q |
|----------------|--------|--------|

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 8 - 100 Metre Sprint**

| | | | |
|---|----------------|------------------|--------|
| 2 | Kyra Fisher | Canowindra | 18.57Q |
| 3 | Heidi Simpson | Kurrajong Bilpin | 18.82Q |
| 4 | Molly Smith | Nyngan | 18.93q |
| 5 | Ilah Ody | Orange | 19.00q |
| 6 | Courtney May | Dubbo | 19.32 |
| 7 | Molly Robinson | Lithgow | 19.39 |
| 8 | Olivia Mann | Dubbo | 19.44 |

Girls U 8 - 100 Metre Sprint

| State: S 14.20 | | 1979 | Helen Clarke, Orange |
|----------------|-----|--------|----------------------|
| Name | Age | Centre | Final |

Section 1 Final

| | | | |
|---|-------------------|------------------|-------|
| 1 | Olivia Hall | Dubbo | 17.93 |
| 2 | Lily Carmody | Orange | 18.33 |
| 3 | Kyra Fisher | Canowindra | 18.77 |
| 4 | Molly Smith | Nyngan | 18.94 |
| 5 | Charlotte Elliott | Lithgow | 19.09 |
| 6 | Ella McGarity | Glenbrook | 19.13 |
| 7 | Heidi Simpson | Kurrajong Bilpin | 19.17 |
| 8 | Ilah Ody | Orange | 19.65 |

Girls U 9 - 100 Metre Sprint

| State: S 13.90 | | 1980 | Helen Clarke, Orange |
|----------------|-----|--------|----------------------|
| Name | Age | Centre | Heats |

Heat 1 Heats

| | | | |
|---|-----------------|-----------|--------|
| 1 | Alesha Bennetts | Mudgee | 15.93Q |
| 2 | Mackenzie Innes | Orange | 16.47Q |
| 3 | Hope Coombes | Bathurst | 16.95Q |
| 4 | Ashleigh Carlow | Gilgandra | 17.06q |
| 5 | Emily Gallen | Coonamble | 17.29q |
| 6 | Destiny Iceman | Katoomba | 18.00 |
| 7 | Bianca Fuller | Warren | 18.73 |
| 8 | Brooke Loughlin | Blayney | 19.37 |

Heat 2 Heats

| | | | |
|---|-------------------|------------|--------|
| 1 | Hayley Davis | Bathurst | 16.33Q |
| 2 | Kaitlyn Norris | Gilgandra | 16.80Q |
| 3 | Sophie Martin | Orange | 17.07Q |
| 4 | Clare Andrews | Dubbo | 17.56 |
| 5 | Hayley Speirs | Blayney | 17.91 |
| 6 | Molly Jones | Springwood | 18.34 |
| 7 | Rosanna Blackwell | Lithgow | 18.36 |
| 8 | Hope Gibson | Orange | 18.53 |

Girls U 9 - 100 Metre Sprint

| State: S 13.90 | | 1980 | Helen Clarke, Orange |
|----------------|-----|--------|----------------------|
| Name | Age | Centre | Final |

Section 1 Final

| | | | |
|---|-----------------|-----------|-------|
| 1 | Hayley Davis | Bathurst | 15.79 |
| 2 | Alesha Bennetts | Mudgee | 16.00 |
| 3 | Mackenzie Innes | Orange | 16.54 |
| 4 | Kaitlyn Norris | Gilgandra | 16.97 |
| 5 | Ashleigh Carlow | Gilgandra | 17.11 |
| 6 | Hope Coombes | Bathurst | 17.22 |
| 7 | Sophie Martin | Orange | 17.47 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 9 - 100 Metre Sprint**

| | | |
|----------------|-----------|-------|
| 8 Emily Gallen | Coonamble | 17.62 |
|----------------|-----------|-------|

Girls U 10 - 100 Metre Sprint

| ===== | | | |
|----------------------|-----|------------------|-------------------------|
| State: S 13.30 | | 1991 | Rosemary Hayward, Wyong |
| Name | Age | Centre | Heats |
| ===== | | | |
| Heat 1 Heats | | | |
| 1 Annabelle Fuller | | Dubbo | 15.82Q |
| 2 Olivia De La Harpe | | Springwood | 16.00Q |
| 3 Millie Fulton | | Bathurst | 16.35Q |
| 4 Charlotte Husarek | | Glenbrook | 16.75q |
| 5 Milla Polley | | Dubbo | 17.10 |
| 6 Ella Hutchison | | Narromine | 17.22 |
| 7 Ainsley Stone | | Glenbrook | 17.77 |
| 8 Jordan Harley | | Dubbo | 18.25 |
| Heat 2 Heats | | | |
| 1 Brooke Keller | | Kurrajong Bilpin | 15.42Q |
| 2 Amelia Hinrichsen | | Orange | 15.77Q |
| 3 Ava Healey | | Lithgow | 16.88Q |
| 4 Ivory Radford | | Kurrajong Bilpin | 17.09q |
| 5 Chanel Knight | | Nyngan | 17.65 |
| 6 Tahnee Purdie | | Grenfell | 17.94 |

Girls U 10 - 100 Metre Sprint

| ===== | | | |
|----------------------|-----|------------------|-------------------------|
| State: S 13.30 | | 1991 | Rosemary Hayward, Wyong |
| Name | Age | Centre | Final |
| ===== | | | |
| Section 1 Final | | | |
| 1 Brooke Keller | | Kurrajong Bilpin | 15.72 |
| 2 Olivia De La Harpe | | Springwood | 16.06 |
| 3 Amelia Hinrichsen | | Orange | 16.25 |
| 4 Annabelle Fuller | | Dubbo | 16.31 |
| 5 Millie Fulton | | Bathurst | 16.69 |
| 6 Ava Healey | | Lithgow | 17.12 |
| 7 Ivory Radford | | Kurrajong Bilpin | 17.37 |
| 8 Charlotte Husarek | | Glenbrook | 17.62 |

Girls U 11 - 100 Metre Sprint

| ===== | | | |
|----------------------------|-----|------------------|-----------------------------|
| State: S 12.70 | | 1978 | Michelle Moroney, Bankstown |
| Name | Age | Centre | Heats |
| ===== | | | |
| Heat 1 Heats | | | |
| 1 Cushla Rue | | Bathurst | 15.29Q |
| 2 Annalyse Garton | | Kurrajong Bilpin | 15.54Q |
| 3 Ashley Robinson | | Lithgow | 15.90Q |
| 4 Cleo Dickie | | Blayney | 15.93q |
| 5 Ella Trueman | | Springwood | 16.44 |
| 6 Hayley Stewart Hollingwo | | Narromine | 16.46 |
| 7 Monique Morgan | | Parkes | 16.48 |
| Heat 2 Heats | | | |
| 1 Maya Piras | | Dubbo | 14.76Q |
| 2 Kallan Philips | | Lithgow | 15.22Q |
| 3 Jaylen Bilbija | | Kurrajong Bilpin | 15.70Q |
| 4 Emily O'Dea | | Dubbo | 16.03q |
| 5 Kyra Philips | | Lithgow | 16.40 |
| 6 Madeleine Mann | | Dubbo | 16.97 |
| 7 Bethany Burton | | Forbes | 17.37 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 11 - 100 Metre Sprint**

| State: S 12.70 1978 Michelle Moroney, Bankstown | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Maya Piras | | Dubbo | 14.86 |
| 2 Kallan Philips | | Lithgow | 15.17 |
| 3 Annalyse Garton | | Kurrajong Bilpin | 15.37 |
| 4 Cushla Rue | | Bathurst | 15.50 |
| 5 Jaylen Bilbija | | Kurrajong Bilpin | 15.87 |
| 6 Cleo Dickie | | Blayney | 16.40 |
| 7 Ashley Robinson | | Lithgow | 16.46 |
| 8 Emily O'Dea | | Dubbo | 16.70 |

Girls U 12 - 100 Metre Sprint

| State: S 12.40 2005 Annaliese Gardiner, Ku-Ring-G | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Zoe Provest | | Dubbo | 14.65Q |
| 2 Ella Lucas | | Katoomba | 15.14Q |
| 3 Caitlyn Ferrier | | Kurrajong Bilpin | 15.41Q |
| 4 Olivia Richards | | Orange | 15.75q |
| 5 Caitlin Speirs | | Blayney | 16.12 |
| 6 Jessica Keogh | | Gilgandra | 16.34 |
| Heat 2 Heats | | | |
| 1 Bronte Pickering | | Katoomba | 14.57Q |
| 2 Kiara Ison | | Kurrajong Bilpin | 14.76Q |
| 3 Amy Belfanti | | Bathurst | 15.49Q |
| 4 Bree Ellyard | | Kurrajong Bilpin | 15.75q |
| 5 Alison Toohey | | Dubbo | 16.22 |
| 6 Amber Forster | | Blayney | 17.16 |

Girls U 12 - 100 Metre Sprint

| State: S 12.40 2005 Annaliese Gardiner, Ku-Ring-G | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Bronte Pickering | | Katoomba | 14.60 |
| 2 Caitlyn Ferrier | | Kurrajong Bilpin | 14.82 |
| 3 Kiara Ison | | Kurrajong Bilpin | 14.99 |
| 4 Zoe Provest | | Dubbo | 15.06 |
| 5 Ella Lucas | | Katoomba | 15.81 |
| 6 Amy Belfanti | | Bathurst | 15.85 |
| 7 Bree Ellyard | | Kurrajong Bilpin | 16.27 |

Girls U 13 - 100 Metre Sprint

| State: S 12.10 2005 Laura Turner, Port Hacking | | | |
|--|-----|------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Caitlin Fenner | | Springwood | 14.67Q |
| 2 Georgia Poole | | Orange | 14.85Q |
| 3 Millie Lenehan | | Orange | 15.15Q |
| 4 Bronte McLean | | Glenbrook | 15.47 |
| 5 Victoria Stenner | | Katoomba | 15.60 |
| 6 Lauren Field | | Lithgow | 15.72 |
| 7 Caitlin Carlow | | Gilgandra | 16.09 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS

Results

....Girls U 13 - 100 Metre Sprint

Heat 2 Heats

| | | |
|----------------------|------------|--------|
| 1 Matilda Flood | Bathurst | 14.30Q |
| 2 Arizona Staley | Glenbrook | 14.97Q |
| 3 Emma Wykes | Wellington | 15.25Q |
| 4 Ellie Hamilton | Narromine | 15.38q |
| 5 Pippa Honan | Orange | 15.39q |
| 6 Georgia Ditchfield | Coonamble | 16.28 |

Girls U 13 - 100 Metre Sprint

=====
 State: S 12.10 2005 Laura Turner, Port Hacking
 Name Age Centre Final
 =====

Section 1 Final

| | | |
|------------------|------------|-------|
| 1 Matilda Flood | Bathurst | 14.86 |
| 2 Millie Lenehan | Orange | 15.05 |
| 3 Caitlin Fenner | Springwood | 15.23 |
| 4 Georgia Poole | Orange | 15.28 |
| 5 Arizona Staley | Glenbrook | 15.53 |
| 6 Emma Wykes | Wellington | 15.76 |
| 7 Pippa Honan | Orange | 16.09 |

Girls U 14 - 100 Metre Sprint

=====
 State: S 11.90 1991 Shelley Peattie, Macquarie Sh
 Name Age Centre Heats
 =====

Heat 1 Heats

| | | |
|-------------------|------------------|--------|
| 1 Caitin Reeves | Bathurst | 13.71Q |
| 2 Natalie Chapman | Kurrajong Bilpin | 14.21Q |
| 3 Jemma Barrett | Orange | 14.48Q |
| 4 Hayley Lomax | Mudgee | 14.68q |
| 5 Abbie Lucas | Katoomba | 15.13q |
| 6 Emma Haraki | Gilgandra | 15.35 |

Heat 2 Heats

| | | |
|----------------------|------------------|--------|
| 1 Anastasia Newstead | Gilgandra | 14.11Q |
| 2 Kaitlin Leyland | Glenbrook | 14.36Q |
| 3 Taylah Good | Cobar | 14.60Q |
| 4 Jessica Dance | Springwood | 15.31 |
| 5 Beth Leach | Kurrajong Bilpin | 15.90 |
| 6 Alicia Blanch | Kurrajong Bilpin | 17.44 |

Girls U 14 - 100 Metre Sprint

=====
 State: S 11.90 1991 Shelley Peattie, Macquarie Sh
 Name Age Centre Final
 =====

Section 1 Final

| | | |
|----------------------|------------------|-------|
| 1 Caitin Reeves | Bathurst | 13.47 |
| 2 Anastasia Newstead | Gilgandra | 14.11 |
| 3 Natalie Chapman | Kurrajong Bilpin | 14.30 |
| 4 Kaitlin Leyland | Glenbrook | 14.31 |
| 5 Jemma Barrett | Orange | 14.35 |
| 6 Taylah Good | Cobar | 14.56 |
| 7 Hayley Lomax | Mudgee | 14.89 |
| 8 Abbie Lucas | Katoomba | 15.12 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 15 - 100 Metre Sprint**

| State: S 11.80 1999 Preya Carey, Hills District | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Gabrielle Eather | | Wellington | 13.86Q |
| 2 April Rich | | Orange | 14.16Q |
| 3 Adelaide Nonnenmacher | | Orange | 14.75Q |
| 4 Tahlia Blanch | | Kurrajong Bilpin | 15.03q |
| 5 Mary Jones | | Springwood | 15.16 |
| 6 Madison Douglass | | Young & District | 15.22 |
| Heat 2 Heats | | | |
| 1 Laycee Covington | | Bathurst | 13.48Q |
| 2 Fleur Young | | Katoomba | 13.69Q |
| 3 Payton Smede | | Dubbo | 14.01Q |
| 4 Chloe Richards | | Orange | 14.37q |
| 5 Elysse Girot-Serplet | | Forbes | 16.25 |

Girls U 15 - 100 Metre Sprint

| State: S 11.80 1999 Preya Carey, Hills District | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Laycee Covington | | Bathurst | 13.61 |
| 2 Fleur Young | | Katoomba | 13.86 |
| 3 Payton Smede | | Dubbo | 14.04 |
| 4 Gabrielle Eather | | Wellington | 14.23 |
| 5 April Rich | | Orange | 14.28 |
| 6 Chloe Richards | | Orange | 14.44 |
| 7 Adelaide Nonnenmacher | | Orange | 14.52 |
| 8 Tahlia Blanch | | Kurrajong Bilpin | 14.66 |

Girls U 17 - 100 Metre Sprint

| State: S 12.10 2010 Natalie Ferris, Gloucester | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Zoe da Roza | | Mudgee | 13.56Q |
| 2 Jordan Douglass | | Young & District | 14.01Q |
| 3 Bronte Gosper | | Orange | 14.30Q |
| 4 Jessica McLean | | Orange | 14.97q |
| 5 Kaitlin Butcher | | Narromine | 15.66 |
| 6 Shania Craig | | Cowra | 15.69 |
| Heat 2 Heats | | | |
| 1 Samara Collins | | Dubbo | 13.67Q |
| 2 Jenna Heath | | Lithgow | 13.85Q |
| 3 Hanna Healey | | Lithgow | 14.10Q |
| 4 Emily Hurst | | Orange | 14.68q |
| 5 Danielle Williams | | Orange | 15.59 |
| 6 Vanessa Mitchell | | Young & District | 16.06 |

Girls U 17 - 100 Metre Sprint

| State: S 12.10 2010 Natalie Ferris, Gloucester | | | |
|--|-----|--------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Samara Collins | | Dubbo | 13.48 |
| 2 Zoe da Roza | | Mudgee | 13.68 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 17 - 100 Metre Sprint**

| | | | |
|---|-----------------|------------------|-------|
| 3 | Jenna Heath | Lithgow | 14.03 |
| 4 | Hanna Healey | Lithgow | 14.27 |
| 5 | Emily Hurst | Orange | 14.28 |
| 6 | Bronte Gosper | Orange | 14.37 |
| 7 | Jordan Douglass | Young & District | 14.58 |

Girls U 8 - 200 Metre Sprint

| ===== | | | |
|----------------|-------------------|------------------|-------------------------------|
| State: S 31.50 | | 1997 | Emily Pollett, Manly Warringa |
| Name | Age | Centre | Heats |
| ===== | | | |
| Heat 1 Heats | | | |
| 1 | Lily Carmody | Orange | 37.85Q |
| 2 | Addison Chapman | Dubbo | 38.06Q |
| 3 | Charlotte Elliott | Lithgow | 39.52Q |
| 4 | Molly Robinson | Lithgow | 42.16q |
| 5 | Laney Linder | Kurrajong Bilpin | 42.56q |
| 6 | Mia Nalder | Coonamble | 44.25 |
| Heat 2 Heats | | | |
| 1 | Cassidy Feltham | Kurrajong Bilpin | 39.97Q |
| 2 | Olivia Mann | Dubbo | 40.75Q |
| 3 | Seanna New | Young & District | 43.51Q |
| 4 | Jasmine Bourke | Nyngan | 44.07 |
| -- | Olivia Harris | Glenbrook | DQ |

Girls U 8 - 200 Metre Sprint

| ===== | | | |
|-----------------|-------------------|------------------|-------------------------------|
| State: S 31.50 | | 1997 | Emily Pollett, Manly Warringa |
| Name | Age | Centre | Final |
| ===== | | | |
| Section 1 Final | | | |
| 1 | Addison Chapman | Dubbo | 39.49 |
| 2 | Charlotte Elliott | Lithgow | 40.02 |
| 3 | Cassidy Feltham | Kurrajong Bilpin | 40.34 |
| 4 | Olivia Mann | Dubbo | 42.16 |
| 5 | Seanna New | Young & District | 43.39 |
| 6 | Laney Linder | Kurrajong Bilpin | 45.04 |
| 7 | Molly Robinson | Lithgow | 49.06 |

Girls U 9 - 200 Metre Sprint

| ===== | | | |
|----------------|----------------|------------------|-------------------------|
| State: S 28.50 | | 1990 | Rosemary Hayward, Wyong |
| Name | Age | Centre | Heats |
| ===== | | | |
| Heat 1 Heats | | | |
| 1 | Hayley Davis | Bathurst | 35.36Q |
| 2 | Kate Leach | Kurrajong Bilpin | 35.72Q |
| 3 | Emily Gallen | Coonamble | 37.37Q |
| 4 | Ainsley Holmes | Orange | 40.06 |
| 5 | Bronte Grey | Dubbo | 41.35 |
| 6 | Amali McNeil | Wellington | 42.75 |
| 7 | Nicola Welsman | Springwood | 46.12 |
| -- | Bianca Fuller | Warren | DQ |
| Heat 2 Heats | | | |
| 1 | Hope Coombes | Bathurst | 35.98Q |
| 2 | Grace Kemp | Bathurst | 36.82Q |
| 3 | Clare Andrews | Dubbo | 37.91Q |
| 4 | Hope Gibson | Orange | 38.20q |
| 5 | Destiny Iceman | Katoomba | 39.42q |
| -- | Abbey Kiss | Wellington | DQ |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 9 - 200 Metre Sprint**

| | | |
|----------------------|---------|----|
| -- Olivia Carmody | Orange | DQ |
| -- Rosanna Blackwell | Lithgow | DQ |

Girls U 9 - 200 Metre Sprint

| ===== | | | |
|-----------------|----------------|------------------|-------------------------|
| State: | S 28.50 | 1990 | Rosemary Hayward, Wyong |
| Name | Age | Centre | Final |
| ===== | | | |
| Section 1 Final | | | |
| 1 | Hayley Davis | Bathurst | 35.21 |
| 2 | Kate Leach | Kurrajong Bilpin | 36.49 |
| 3 | Emily Gallen | Coonamble | 36.93 |
| 4 | Hope Coombes | Bathurst | 37.06 |
| 5 | Hope Gibson | Orange | 37.85 |
| 6 | Grace Kemp | Bathurst | 39.56 |
| 7 | Destiny Iceman | Katoomba | 40.28 |

Girls U 10 - 200 Metre Sprint

| ===== | | | |
|--------------|--------------------|------------------|-------------------------------|
| State: | S 28.20 | 1999 | Emily Pollett, Manly Warringa |
| Name | Age | Centre | Heats |
| ===== | | | |
| Heat 1 Heats | | | |
| 1 | Annabelle Fuller | Dubbo | 34.25Q |
| 2 | Amelia Hinrichsen | Orange | 34.53Q |
| 3 | Charlotte Husarek | Glenbrook | 35.07Q |
| 4 | Ivory Radford | Kurrajong Bilpin | 36.62q |
| 5 | Emilee Curran | Bathurst | 37.45 |
| 6 | Chanel Knight | Nyngan | 37.89 |
| 7 | Emily Liggett | Kurrajong Bilpin | 38.13 |
| 8 | Hollie Forster | Blayney | 46.25 |
| Heat 2 Heats | | | |
| 1 | Olivia De La Harpe | Springwood | 32.90Q |
| 2 | Milla Polley | Dubbo | 35.07Q |
| 3 | Kimberley Trappett | Dubbo | 35.49Q |
| 4 | Ella Hutchison | Narromine | 35.67q |
| 5 | Jordan Harley | Dubbo | 37.46 |
| 6 | Charlotte Coulton | Orange | 38.19 |
| 7 | Mikelli Garratt | Cowra | 39.41 |

Girls U 10 - 200 Metre Sprint

| ===== | | | |
|-----------------|--------------------|------------------|-------------------------------|
| State: | S 28.20 | 1999 | Emily Pollett, Manly Warringa |
| Name | Age | Centre | Final |
| ===== | | | |
| Section 1 Final | | | |
| 1 | Olivia De La Harpe | Springwood | 32.41 |
| 2 | Annabelle Fuller | Dubbo | 33.09 |
| 3 | Amelia Hinrichsen | Orange | 34.39 |
| 4 | Charlotte Husarek | Glenbrook | 34.52 |
| 5 | Ella Hutchison | Narromine | 35.20 |
| 6 | Milla Polley | Dubbo | 35.66 |
| 7 | Ivory Radford | Kurrajong Bilpin | 36.00 |
| 8 | Kimberley Trappett | Dubbo | 36.07 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 11 - 200 Metre Sprint**

| State: S 26.20 1978 Michelle Moroney, Bankstown | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Maya Piras | | Dubbo | 30.56Q |
| 2 Annalyse Garton | | Kurrajong Bilpin | 31.58Q |
| 3 Kallan Philips | | Lithgow | 32.16Q |
| 4 Hayley Stewart Hollingwo | | Narromine | 34.34 |
| 5 Maya Lynes-Ross | | Lithgow | 34.72 |
| 6 Sarah Bradford | | Kurrajong Bilpin | 34.95 |
| 7 Madeleine Mann | | Dubbo | 35.50 |
| Heat 2 Heats | | | |
| 1 Alanna Dutton | | Springwood | 31.25Q |
| 2 Cushla Rue | | Bathurst | 31.60Q |
| 3 Anna Dowling | | Young & District | 31.76Q |
| 4 Georgia Messina | | Kurrajong Bilpin | 32.48q |
| 5 Brooke Barrett | | Orange | 33.62q |
| 6 Ella Trueman | | Springwood | 34.01 |
| 7 Pippa Browning | | Narromine | 34.08 |
| 8 Emily O'Dea | | Dubbo | 34.22 |

Girls U 11 - 200 Metre Sprint

| State: S 26.20 1978 Michelle Moroney, Bankstown | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Maya Piras | | Dubbo | 31.81 |
| 2 Alanna Dutton | | Springwood | 32.41 |
| 3 Anna Dowling | | Young & District | 32.64 |
| 4 Kallan Philips | | Lithgow | 33.12 |
| 5 Annalyse Garton | | Kurrajong Bilpin | 33.56 |
| 6 Cushla Rue | | Bathurst | 33.66 |
| 7 Georgia Messina | | Kurrajong Bilpin | 33.72 |
| 8 Brooke Barrett | | Orange | 36.19 |

Girls U 12 - 200 Metre Sprint

| State: S 25.60 1979 Nicole Leistenschneider, Manl | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Teagan Germech | | Bathurst | 30.41Q |
| 2 Kiara Ison | | Kurrajong Bilpin | 30.62Q |
| 3 Annabelle Crisp | | Orange | 31.11Q |
| 4 Ella Lucas | | Katoomba | 31.57q |
| 5 Sarah Jackson | | Narromine | 33.25 |
| 6 Alison Toohey | | Dubbo | 33.27 |
| 7 Amber Forster | | Blayney | 37.47 |
| Heat 2 Heats | | | |
| 1 Bronte Pickering | | Katoomba | 29.90Q |
| 2 Zoe Provest | | Dubbo | 31.18Q |
| 3 Caitlyn Ferrier | | Kurrajong Bilpin | 32.19Q |
| 4 Lily Drash | | Dubbo | 32.41q |
| 5 Teoni Schleibs | | Lithgow | 32.60 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 12 - 200 Metre Sprint**

| State: S 25.60 1979 Nicole Leistenschneider, Manl | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Caitlyn Ferrier | | Kurrajong Bilpin | 29.46 |
| 2 Zoe Provest | | Dubbo | 30.42 |
| 3 Kiara Ison | | Kurrajong Bilpin | 30.52 |
| 4 Annabelle Crisp | | Orange | 32.12 |
| 5 Ella Lucas | | Katoomba | 32.38 |
| 6 Teagan Germech | | Bathurst | 32.50 |
| 7 Lily Drash | | Dubbo | 33.03 |
| -- Bronte Pickering | | Katoomba | DQ |

Girls U 13 - 200 Metre Sprint

| State: S 24.80 2008 Maddie Pirie, Revesby Workers | | | |
|---|-----|-----------|-------|
| Name | Age | Centre | Final |
| Section 1 | | | |
| 1 Georgia Poole | | Orange | 30.76 |
| 2 Grace Glasheen | | Glenbrook | 31.19 |
| 3 Brianna Trappett | | Dubbo | 31.56 |
| 4 Shanika Harpur | | Forbes | 32.08 |
| 5 Alex Couley | | Dubbo | 33.12 |
| 6 Gemma Harley | | Dubbo | 33.45 |
| 7 Charlotte Nonnenmacher | | Orange | 33.84 |
| 8 Hannah Bollinger | | Orange | 36.47 |
| 9 Melanie Close | | Oberon | 36.52 |

Girls U 14 - 200 Metre Sprint

| State: S 24.30 2008 Ella Nelson, Sutherland | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Caitin Reeves | | Bathurst | 28.52Q |
| 2 Natalie Chapman | | Kurrajong Bilpin | 29.54Q |
| 3 Taylah Good | | Cobar | 29.90Q |
| 4 Ella Lewis | | Blayney | 30.53q |
| 5 Abbie Lucas | | Katoomba | 31.06 |
| Heat 2 Heats | | | |
| 1 Anastasia Newstead | | Gilgandra | 30.16Q |
| 2 Jemma Barrett | | Orange | 30.40Q |
| 3 Kaitlin Leyland | | Glenbrook | 30.73Q |
| 4 Hayley Lomax | | Mudgee | 30.98q |
| 5 Beth Leach | | Kurrajong Bilpin | 31.39 |
| 6 Emma Morgans | | Springwood | 33.53 |

Girls U 14 - 200 Metre Sprint

| State: S 24.30 2008 Ella Nelson, Sutherland | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Caitin Reeves | | Bathurst | 28.98 |
| 2 Natalie Chapman | | Kurrajong Bilpin | 29.75 |
| 3 Anastasia Newstead | | Gilgandra | 29.88 |
| 4 Taylah Good | | Cobar | 30.10 |
| 5 Jemma Barrett | | Orange | 30.68 |
| 6 Kaitlin Leyland | | Glenbrook | 30.84 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 14 - 200 Metre Sprint**

| | | |
|--------------|---------|-------|
| 7 Ella Lewis | Blayney | 30.90 |
|--------------|---------|-------|

Girls U 15 - 200 Metre Sprint

| ===== | | | |
|-------------------------|---------|------------------|-------------------------|
| State: | S 24.00 | 2009 | Ella Nelson, Sutherland |
| Name | Age | Centre | Final |
| ===== | | | |
| Section 1 | | | |
| 1 Payton Smede | | Dubbo | 28.96 |
| 2 Fleur Young | | Katoomba | 29.24 |
| 3 Laycee Covington | | Bathurst | 29.56 |
| 4 Gabrielle Eather | | Wellington | 29.61 |
| 5 Chloe Richards | | Orange | 29.95 |
| 6 Tahlia Blanch | | Kurrajong Bilpin | 30.89 |
| 7 Adelaide Nonnenmacher | | Orange | 31.96 |
| 8 Elysse Girot-Serplet | | Forbes | 36.44 |

Girls U 17 - 200 Metre Sprint

| ===== | | | |
|----------------------|---------|------------------|------------------------|
| State: | S 24.80 | 2009 | Jacqui Fry, Greystanes |
| Name | Age | Centre | Heats |
| ===== | | | |
| Heat 1 Heats | | | |
| 1 Jenna Heath | | Lithgow | 29.23Q |
| 2 Brigette Jasprizza | | Orange | 29.79Q |
| 3 Emily Hurst | | Orange | 30.01Q |
| 4 Shania Craig | | Cowra | 32.58q |
| 5 Leanne Clines | | Katoomba | 33.53 |
| 6 Hayley McFadyen | | Young & District | 36.75 |
| 7 Atlanta Rorke | | Cobar | 41.06 |
| Heat 2 Heats | | | |
| 1 Samara Collins | | Dubbo | 28.70Q |
| 2 Zoe da Roza | | Mudgee | 28.88Q |
| 3 Hanna Healey | | Lithgow | 30.02Q |
| 4 Jessica Fuller | | Dubbo | 30.87q |
| 5 Vanessa Mitchell | | Young & District | 34.42 |

Girls U 17 - 200 Metre Sprint

| ===== | | | |
|----------------------|---------|---------|------------------------|
| State: | S 24.80 | 2009 | Jacqui Fry, Greystanes |
| Name | Age | Centre | Final |
| ===== | | | |
| Section 1 Final | | | |
| 1 Samara Collins | | Dubbo | 28.64 |
| 2 Zoe da Roza | | Mudgee | 29.11 |
| 3 Jenna Heath | | Lithgow | 29.36 |
| 4 Hanna Healey | | Lithgow | 30.00 |
| 5 Brigette Jasprizza | | Orange | 30.99 |
| 6 Emily Hurst | | Orange | 31.04 |
| 7 Jessica Fuller | | Dubbo | 31.78 |

Girls U 8 - 400 Metre Sprint

| ===== | | | |
|--------------------|-----------|------------|----------------------|
| State: | S 1:11.30 | 1981 | Jo-Anne Swan, Camden |
| Name | Age | Centre | Heats |
| ===== | | | |
| Heat 1 Heats | | | |
| 1 Kyra Fisher | | Canowindra | 1:32.08Q |
| 2 Claudia Campbell | | Bathurst | 1:33.04Q |
| 3 Tiana Devine | | Springwood | 1:34.70Q |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 8 - 400 Metre Sprint**

| | | |
|------------------|-----------|----------|
| 4 Ella McGarity | Glenbrook | 1:38.69q |
| 5 Eloise Lorking | Glenbrook | 1:42.50 |

Heat 2 Heats

| | | |
|----------------------|------------------|----------|
| 1 Alexandra Sowinski | Kurrajong Bilpin | 1:33.12Q |
| 2 Seanna New | Young & District | 1:36.00Q |
| 3 Kate Turnbull | Narromine | 1:36.97Q |
| 4 Ilah Ody | Orange | 1:39.28q |
| 5 Zara Ali | Glenbrook | 1:56.28 |

Girls U 8 - 400 Metre Sprint

| | | | |
|--------|-----------|------------|----------------------|
| ===== | | | |
| State: | S 1:11.30 | 1981 | Jo-Anne Swan, Camden |
| Name | | Age Centre | Final |
| ===== | | | |

Section 1 Final

| | | |
|----------------------|------------------|---------|
| 1 Kyra Fisher | Canowindra | 1:31.53 |
| 2 Claudia Campbell | Bathurst | 1:33.02 |
| 3 Alexandra Sowinski | Kurrajong Bilpin | 1:33.94 |
| 4 Tiana Devine | Springwood | 1:36.63 |
| 5 Kate Turnbull | Narromine | 1:37.28 |
| 6 Ella McGarity | Glenbrook | 1:39.72 |
| 7 Seanna New | Young & District | 1:40.08 |

Girls U 9 - 400 Metre Sprint

| | | | |
|--------|-----------|------------|-------------------------|
| ===== | | | |
| State: | S 1:06.50 | 1990 | Rosemary Hayward, Wyong |
| Name | | Age Centre | Heats |
| ===== | | | |

Heat 1 Heats

| | | |
|---------------------|------------|----------|
| 1 Sophie Martin | Orange | 1:21.50Q |
| 2 Hannah Haberman | Springwood | 1:22.10Q |
| 3 Katerina Reynolds | Springwood | 1:33.66Q |
| 4 Brooke Loughlin | Blayney | 1:34.78q |
| 5 Grace Kemp | Bathurst | 1:37.72 |
| 6 Abbey Kiss | Wellington | 1:48.50 |
| 7 Brittany Brinaley | Oberon | 2:23.08 |

Heat 2 Heats

| | | |
|---------------------|------------|----------|
| 1 Hope Coombes | Bathurst | 1:20.84Q |
| 2 Catriona Haberman | Springwood | 1:24.67Q |
| 3 Molly Peake | Katoomba | 1:28.86Q |
| 4 Hayley Speirs | Blayney | 1:33.53q |
| 5 Rani Diggs | Gilgandra | 1:39.35 |
| 6 Alexandria Morley | Wellington | 1:46.37 |
| 7 Olivia Carmody | Orange | 1:48.15 |

Girls U 9 - 400 Metre Sprint

| | | | |
|--------|-----------|------------|-------------------------|
| ===== | | | |
| State: | S 1:06.50 | 1990 | Rosemary Hayward, Wyong |
| Name | | Age Centre | Final |
| ===== | | | |

Section 1 Final

| | | |
|---------------------|------------|---------|
| 1 Hope Coombes | Bathurst | 1:19.28 |
| 2 Sophie Martin | Orange | 1:20.36 |
| 3 Hannah Haberman | Springwood | 1:22.17 |
| 4 Catriona Haberman | Springwood | 1:26.09 |
| 5 Hayley Speirs | Blayney | 1:28.15 |
| 6 Molly Peake | Katoomba | 1:35.41 |
| 7 Katerina Reynolds | Springwood | 1:36.14 |
| 8 Brooke Loughlin | Blayney | 1:37.06 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 10 - 400 Metre Sprint**

| State: S 1:03.70 2003 Paige Fenech, Albion Park | | | |
|---|-----|------------------|---------|
| Name | Age | Centre | Final |
| Section 1 | | | |
| 1 Millie Gooch | | Dubbo | 1:19.55 |
| 2 Miranda Campbell | | Bathurst | 1:19.88 |
| 3 Lucy Waddell | | Orange | 1:21.40 |
| 4 Zara Ebeling | | Glenbrook | 1:23.47 |
| 5 Emilee Curran | | Bathurst | 1:24.88 |
| 6 Maddy Coombes | | Bathurst | 1:24.97 |
| 7 Emily Liggett | | Kurrajong Bilpin | 1:28.40 |
| 8 Libby Kearney | | Dubbo | 1:33.25 |

Girls U 11 - 400 Metre Sprint

| State: S 1:01.20 2001 Jacinta Doyle, Port Hacking | | | |
|---|-----|------------------|----------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Phoebe Litchfield | | Orange | 1:12.73Q |
| 2 Matilda Irvine | | Narromine | 1:21.82Q |
| 3 Jessica Ferraro | | Dubbo | 1:23.92Q |
| 4 Xanthe Keegan | | Orange | 1:27.31 |
| 5 Zoe Lewis | | Blayney | 1:30.22 |
| Heat 2 Heats | | | |
| 1 Lillian Patterson | | Springwood | 1:11.28Q |
| 2 Anna Dowling | | Young & District | 1:11.71Q |
| 3 Georgia Messina | | Kurrajong Bilpin | 1:14.72Q |
| 4 Maya Lynes-Ross | | Lithgow | 1:19.18q |
| 5 Madasan Taylor | | Cobar | 1:23.10q |
| 6 Madeleine Mann | | Dubbo | 1:25.56 |

Girls U 11 - 400 Metre Sprint

| State: S 1:01.20 2001 Jacinta Doyle, Port Hacking | | | |
|---|-----|------------------|---------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Phoebe Litchfield | | Orange | 1:08.71 |
| 2 Lillian Patterson | | Springwood | 1:10.10 |
| 3 Anna Dowling | | Young & District | 1:13.18 |
| 4 Georgia Messina | | Kurrajong Bilpin | 1:16.03 |
| 5 Maya Lynes-Ross | | Lithgow | 1:23.62 |
| 6 Matilda Irvine | | Narromine | 1:25.81 |
| 7 Jessica Ferraro | | Dubbo | 1:26.74 |
| 8 Madasan Taylor | | Cobar | 1:28.03 |

Girls U 12 - 400 Metre Sprint

| State: S 57.50 1979 Nicole Liestenschneider, Manl | | | |
|---|-----|------------|----------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Teagan Germech | | Bathurst | 1:08.20Q |
| 2 Ella Lucas | | Katoomba | 1:14.87Q |
| 3 Sarah Jackson | | Narromine | 1:16.24Q |
| 4 Alison Toohey | | Dubbo | 1:23.53 |
| 5 Amaya Moxham | | Springwood | 1:23.62 |
| 6 Jessica-Rose Lutschini | | Lithgow | 1:27.69 |
| 7 Lily Craig | | Orange | 1:28.21 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS

Results

....Girls U 12 - 400 Metre Sprint

Heat 2 Heats

| | | | |
|---|-----------------|------------------|----------|
| 1 | Zoe Provest | Dubbo | 1:10.93Q |
| 2 | Teoni Schleibs | Lithgow | 1:11.20Q |
| 3 | Caitlyn Ferrier | Kurrajong Bilpin | 1:13.50Q |
| 4 | Lily Drash | Dubbo | 1:14.37q |
| 5 | Olivia James | Kurrajong Bilpin | 1:21.22q |

Girls U 12 - 400 Metre Sprint

| State: S 57.50 | | 1979 | Nicole Liestenschneider, Manl |
|----------------|-----|--------|-------------------------------|
| Name | Age | Centre | Final |

Section 1 Final

| | | | |
|---|-----------------|------------------|---------|
| 1 | Caitlyn Ferrier | Kurrajong Bilpin | 1:08.68 |
| 2 | Teagan Germech | Bathurst | 1:09.47 |
| 3 | Teoni Schleibs | Lithgow | 1:13.51 |
| 4 | Zoe Provest | Dubbo | 1:13.66 |
| 5 | Lily Drash | Dubbo | 1:16.04 |
| 6 | Ella Lucas | Katoomba | 1:16.40 |
| 7 | Sarah Jackson | Narromine | 1:19.68 |
| 8 | Olivia James | Kurrajong Bilpin | 1:20.00 |

Girls U 13 - 400 Metre Sprint

| State: S 57.10 | | 1986 | Jo-Anne Swan, Camden |
|----------------|-----|--------|----------------------|
| Name | Age | Centre | Final |

Section 1

| | | | |
|---|-------------------|------------------|---------|
| 1 | Julia Black | Kurrajong Bilpin | 1:11.35 |
| 2 | Kiaesha Durie-Fox | Springwood | 1:12.32 |
| 3 | Sarah Chapman | Kurrajong Bilpin | 1:14.89 |
| 4 | Alex Couley | Dubbo | 1:17.03 |
| 5 | Bronte McLean | Glenbrook | 1:18.15 |
| 6 | Charlotte Simmons | Orange | 1:21.82 |

Girls U 14 - 400 Metre Sprint

| State: S 56.20 | | 1995 | Rosemary Hayward, Toukley |
|----------------|-----|--------|---------------------------|
| Name | Age | Centre | Heats |

Heat 1 Heats

| | | | |
|---|-----------------|------------------|----------|
| 1 | Katelin Ellyard | Kurrajong Bilpin | 1:06.92Q |
| 2 | Emma Merrick | Dubbo | 1:07.08Q |
| 3 | Lillie Healey | Lithgow | 1:07.29Q |
| 4 | Jessica Dance | Springwood | 1:12.07 |
| 5 | Jemma Munro | Orange | 1:25.19 |

Heat 2 Heats

| | | | |
|---|-----------------|------------------|----------|
| 1 | Rosa Lynes-Ross | Lithgow | 1:08.01Q |
| 2 | Hayley Lomax | Mudgee | 1:08.65Q |
| 3 | Beth Leach | Kurrajong Bilpin | 1:09.49Q |
| 4 | Zoe Gavin | Grenfell | 1:09.63q |
| 5 | Ella Lewis | Blayney | 1:11.35q |

Girls U 14 - 400 Metre Sprint

| State: S 56.20 | | 1995 | Rosemary Hayward, Toukley |
|----------------|-----|--------|---------------------------|
| Name | Age | Centre | Final |

Section 1 Final

| | | | |
|---|-----------------|------------------|---------|
| 1 | Katelin Ellyard | Kurrajong Bilpin | 1:07.94 |
|---|-----------------|------------------|---------|

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 14 - 400 Metre Sprint**

| | | |
|-------------------|------------------|---------|
| 2 Emma Merrick | Dubbo | 1:08.13 |
| 3 Lillie Healey | Lithgow | 1:09.16 |
| 4 Rosa Lynes-Ross | Lithgow | 1:09.47 |
| 5 Zoe Gavin | Grenfell | 1:09.53 |
| 6 Hayley Lomax | Mudgee | 1:09.60 |
| 7 Beth Leach | Kurrajong Bilpin | 1:12.28 |
| 8 Ella Lewis | Blayney | 1:13.28 |

Girls U 15 - 400 Metre Sprint

| | | | |
|--------|---------|--------|---------------------------|
| ===== | | | |
| State: | S 55.60 | 1996 | Rosemary Hayward, Toukley |
| Name | Age | Centre | Final |
| ===== | | | |

Section 1

| | | |
|--------------------|------------|---------|
| 1 Sarah Luxford | Springwood | 1:03.37 |
| 2 Payton Smede | Dubbo | 1:07.89 |
| 3 Gabrielle Eather | Wellington | 1:11.51 |

Girls U 17 - 400 Metre Sprint

| | | | |
|--------|---------|--------|-------------------------------|
| ===== | | | |
| State: | S 58.20 | 2009 | Elle-Maree Farrington, Northe |
| Name | Age | Centre | Final |
| ===== | | | |

| | | |
|------------------|----------|---------|
| 1 Jessica Pascoe | Forbes | 1:01.72 |
| 2 Katie Mitton | Grenfell | 1:05.26 |
| 3 Jenna Heath | Lithgow | 1:06.25 |
| 4 Emily Hurst | Orange | 1:12.81 |
| 5 Atlanta Rorke | Cobar | 1:48.84 |

Girls U 9 - 800 Metre Run

| | | | |
|--------|-----------|--------|-----------------------------|
| ===== | | | |
| State: | S 2:34.80 | 2011 | Abbey Rockliff, Ku-Ring-Gai |
| Name | Age | Centre | Final |
| ===== | | | |

| | | |
|----------------------|------------------|---------|
| 1 Kaitlyn Norris | Gilgandra | 3:01.16 |
| 2 Hannah Haberman | Springwood | 3:03.35 |
| 3 Hope Coombes | Bathurst | 3:08.79 |
| 4 Kate Leach | Kurrajong Bilpin | 3:15.56 |
| 5 Molly Peake | Katoomba | 3:17.47 |
| 6 Sophie Martin | Orange | 3:32.90 |
| 7 Hayley Moir | Springwood | 3:33.32 |
| 8 Imogen Della Bosca | Lithgow | 3:34.82 |
| 9 Katerina Reynolds | Springwood | 3:55.01 |
| 10 Grace Kemp | Bathurst | 4:03.66 |
| 11 Angela Broadfoot | Orange | 4:14.20 |

Girls U 10 - 800 Metre Run

| | | | |
|--------|-----------|--------|-----------------------------|
| ===== | | | |
| State: | S 2:27.30 | 2012 | Abbey Rockliff, Ku-Ring-Gai |
| Name | Age | Centre | Final |
| ===== | | | |

| | | |
|----------------------|------------|---------|
| 1 Miranda Campbell | Bathurst | 3:09.06 |
| 2 Emily Pell | Orange | 3:09.80 |
| 3 Lucy Waddell | Orange | 3:12.76 |
| 4 Maddy Coombes | Bathurst | 3:18.05 |
| 5 Emilee Curran | Bathurst | 3:18.44 |
| 6 Caitlin Shepherd | Glenbrook | 3:25.09 |
| 7 Lucy Andrewartha | Springwood | 3:27.81 |
| 8 Kimberley Trappett | Dubbo | 3:34.14 |
| 9 Audrey Gill | Narromine | 3:36.86 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 10 - 800 Metre Run**

| | | | |
|----|-------------------|------------|---------|
| 10 | Sasha Noble | Oberon | 3:37.08 |
| 11 | Julia Dickerson | Dubbo | 3:40.99 |
| 12 | Charlotte Bass | Dubbo | 3:41.14 |
| 13 | Charlotte Coulton | Orange | 3:52.18 |
| 14 | Amber Johnson | Canowindra | 3:59.10 |

Girls U 11 - 800 Metre Run

| ===== | | | |
|------------------|-------------------|------------|-----------------------------|
| State: S 2:22.60 | | 2005 | Jenny Blundell, Cherrybrook |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Maeve Goehner | Glenbrook | 2:32.95 |
| 2 | Phoebe Litchfield | Orange | 2:44.06 |
| 3 | Lillian Patterson | Springwood | 2:46.09 |
| 4 | Maya Lynes-Ross | Lithgow | 3:04.72 |
| 5 | Monique Morgan | Parkes | 3:07.07 |
| 6 | Monique May | Dubbo | 3:07.19 |
| 7 | Jessica Ferraro | Dubbo | 3:11.64 |
| 8 | Emily O'Dea | Dubbo | 3:27.73 |
| 9 | Matilda Irvine | Narromine | 3:32.30 |

Girls U 12 - 800 Metre Run

| ===== | | | |
|------------------|------------------------|------------------|-----------------------------|
| State: S 2:17.30 | | 2006 | Christie Pearson, Springwoo |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Carly Lomax | Mudgee | 2:45.50 |
| 2 | Teagan Germech | Bathurst | 2:52.37 |
| 3 | Amy Belfanti | Bathurst | 3:03.86 |
| 4 | Jessica-Rose Lutschini | Lithgow | 3:04.16 |
| 5 | Amaya Moxham | Springwood | 3:09.60 |
| 6 | Olivia James | Kurrajong Bilpin | 3:13.83 |
| 7 | Carissa Harrison | Gilgandra | 3:14.37 |
| 8 | Lily Craig | Orange | 3:18.72 |

Girls U 13 - 800 Metre Run

| ===== | | | |
|------------------|------------------------|------------------|---------------------------|
| State: S 2:15.20 | | 1987 | Suzy Walsham, Ku-Ring-Gai |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Charlotte Simmons | Orange | 2:48.68 |
| 2 | Julia Black | Kurrajong Bilpin | 2:51.24 |
| 3 | Sarah Chapman | Kurrajong Bilpin | 3:04.26 |
| 4 | Brooke Morgan | Parkes | 3:09.22 |
| 5 | Alex Couley | Dubbo | 3:20.54 |
| 6 | Charlotte Nonnenmacher | Orange | 3:21.51 |
| 7 | Morgan Stoneley | Lithgow | 3:46.88 |

Girls U 14 - 800 Metre Run

| ===== | | | |
|------------------|-----------------|------------|---------------------------|
| State: S 2:13.20 | | 1988 | Suzy Walsham, Ku-Ring-Gai |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Zoe Gavin | Grenfell | 2:32.78 |
| 2 | Ivy Beglinger | Katoomba | 2:37.53 |
| 3 | Rosa Lynes-Ross | Lithgow | 2:42.63 |
| 4 | Lillie Healey | Lithgow | 2:47.65 |
| 5 | Kaylah Lamb | Glenbrook | 2:49.22 |
| 6 | Jessica Dance | Springwood | 2:49.82 |
| 7 | Hayley Lomax | Mudgee | 2:54.28 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 14 - 800 Metre Run**

| | | |
|----------------|------------|---------|
| 8 Ruth Yigletu | Springwood | 3:38.33 |
|----------------|------------|---------|

Girls U 15 - 800 Metre Run

| ===== | | |
|------------------|------------------|----------------------------|
| State: S 2:10.90 | 2002 | Brooke Simpson, Sutherland |
| Name | Age Centre | Final |
| ===== | | |
| 1 Tahlia Blanch | Kurrajong Bilpin | 2:58.30 |

Girls U 17 - 800 Metre Run

| ===== | | |
|-------------------|------------------|-----------------------------|
| State: S 2:15.20 | 2010 | Jenny Blundell, Cherrybrook |
| Name | Age Centre | Final |
| ===== | | |
| 1 Jessica Pascoe | Forbes | 2:28.17 |
| 2 Katie Mitton | Grenfell | 2:50.63 |
| 3 Hayley McFadyen | Young & District | 3:06.41 |

Girls U 10 - 1500 Metre Run

| ===== | | |
|-----------------------|------------------|-----------------------------|
| State: S 4:56.90 | 2012 | Abbey Rockliff, Ku-Ring-Gai |
| Name | Age Centre | Final |
| ===== | | |
| 1 Miranda Campbell | Bathurst | 6:30.76 |
| 2 Zara Ebeling | Glenbrook | 6:33.79 |
| 3 Emily Pell | Orange | 6:35.79 |
| 4 Maddy Coombes | Bathurst | 6:50.22 |
| 5 Mikelli Garratt | Cowra | 6:52.91 |
| 6 Lucy Waddell | Orange | 7:04.23 |
| 7 Mia Taylor | Nyngan | 7:14.26 |
| 8 Julia Dickerson | Dubbo | 7:14.44 |
| 9 Sasha Noble | Oberon | 7:25.82 |
| 10 Zoe Fairweather | Kurrajong Bilpin | 7:29.50 |
| 11 Abbey Burke | Springwood | 7:31.72 |
| 12 Kimberley Trappett | Dubbo | 7:42.65 |
| -- Samantha Pascoe | Forbes | DNF |

Girls U 11 - 1500 Metre Run

| ===== | | |
|----------------------|------------------|---------------------------|
| State: S 4:51.30 | 1985 | Suzy Walsham, Ku-Ring-Gai |
| Name | Age Centre | Final |
| ===== | | |
| 1 Maeve Goehner | Glenbrook | 5:18.47 |
| 2 Phoebe Litchfield | Orange | 5:50.32 |
| 3 Monique Morgan | Parkes | 6:21.96 |
| 4 Xanthe Keegan | Orange | 6:24.47 |
| 5 Jessica Ferraro | Dubbo | 6:27.56 |
| 6 Jessica Brown | Kurrajong Bilpin | 6:30.52 |
| 7 Laila Devine | Springwood | 7:11.28 |
| 8 Annabelle Campbell | Narromine | 7:18.87 |

Girls U 12 - 1500 Metre Run

| ===== | | |
|---------------------|------------|-----------------------------|
| State: S 4:38.80 | 2006 | Christie Pearson, Springwoo |
| Name | Age Centre | Final |
| ===== | | |
| 1 Carly Lomax | Mudgee | 5:43.43 |
| 2 Amy Belfanti | Bathurst | 6:22.64 |
| 3 Caitlin Broadfoot | Orange | 6:47.86 |
| 4 Lily Craig | Orange | 6:52.78 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 12 - 1500 Metre Run**

| | | | |
|---|------------------------|---------|---------|
| 5 | Jessica-Rose Lutschini | Lithgow | 7:02.15 |
|---|------------------------|---------|---------|

Girls U 13 - 1500 Metre Run

| ===== | | | |
|-------|-------------------|-----------|---------------------------|
| | State: S 4:36.10 | 1987 | Suzy Walsham, Ku-Ring-Gai |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Charlotte Simmons | Orange | 5:51.80 |
| 2 | Kaitlin Bell | Glenbrook | 6:17.75 |
| 3 | Brooke Morgan | Parkes | 6:39.28 |
| 4 | Morgan Stoneley | Lithgow | 7:33.35 |

Girls U 14 - 1500 Metre Run

| ===== | | | |
|-------|------------------|------------|---------------------------|
| | State: S 4:35.30 | 2003 | Lexy Gilmour, Helensburgh |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Zoe Gavin | Grenfell | 5:29.34 |
| 2 | Ivy Beglinger | Katoomba | 5:42.47 |
| 3 | Rosa Lynes-Ross | Lithgow | 5:55.35 |
| 4 | Lillie Healey | Lithgow | 6:07.36 |
| 5 | Kaylah Lamb | Glenbrook | 6:18.41 |
| 6 | Bobbie Ralls | Bathurst | 7:48.38 |
| 7 | Ruth Yigletu | Springwood | 8:09.12 |

Girls U 15 - 1500 Metre Run

| ===== | | | |
|-------|----------------------|------------------|---------------------------|
| | State: S 4:34.80 | 1997 | Phoebe Gunning, St George |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Sarah Luxford | Springwood | 5:19.19 |
| 2 | Kelsey Gray | Orange | 5:21.35 |
| 3 | Sophia Dickerson | Dubbo | 6:22.37 |
| 4 | Tahlia Blanch | Kurrajong Bilpin | 6:36.61 |
| 5 | Elysse Girot-Serplet | Forbes | 8:29.16 |

Girls U 17 - 1500 Metre Run

| ===== | | | |
|-------|--------------------|------------------|--------------------|
| | State: S 4:42.90 | 2012 | Kate Spencer, Ryde |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Jessica Pascoe | Forbes | 5:08.96 |
| 2 | Katie Mitton | Grenfell | 5:57.29 |
| 3 | Hayley McFadyen | Young & District | 6:04.18 |
| 4 | Ashleigh Giddings | Wellington | 7:06.91 |
| 5 | Georgina Dickerson | Dubbo | 7:11.74 |

Girls U 13 - 3000 Metre Run

| ===== | | | |
|-------|-------------------|-----------|--------------------------|
| | State: S 10:21.50 | 2008 | Anna Laman, Campbelltown |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Emily Watts | Lithgow | 11:58.05 |
| 2 | Arizona Staley | Glenbrook | 13:00.10 |
| 3 | Charlotte Simmons | Orange | 13:16.13 |
| 4 | Kaitlin Bell | Glenbrook | 13:57.95 |
| 5 | Morgan Stoneley | Lithgow | 16:42.77 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 14 - 3000 Metre Run**

| State: S 10:04.50 2009 Anna Laman, Campbelltown | | | |
|---|-----|------------------|----------|
| Name | Age | Centre | Final |
| 1 Ivy Beglinger | | Katoomba | 12:33.88 |
| 2 Courtney Taylor | | Kurrajong Bilpin | 13:36.72 |
| 3 Bobbie Ralls | | Bathurst | 17:16.70 |

Girls U 15 - 3000 Metre Run

| State: S 10:03.10 1997 Michelle French, Nepean | | | |
|--|-----|--------|----------|
| Name | Age | Centre | Final |
| 1 Tori Mansfield | | Orange | 13:10.57 |
| 2 Sophia Dickerson | | Dubbo | 14:08.78 |

Girls U 17 - 3000 Metre Run

| State: S 10:26.10 2013 Sarah Marvin, Winston Hill | | | |
|---|-----|------------------|----------|
| Name | Age | Centre | Final |
| 1 Hayley McFadyen | | Young & District | 13:46.21 |
| 2 Ashleigh Giddings | | Wellington | 14:48.25 |
| 3 Danielle Williams | | Orange | 15:04.44 |
| 4 Georgina Dickerson | | Dubbo | 15:38.85 |

Girls U 8 - 60 Metre Hurdles (45 cm)

| State: S 11.00 1996 Shona Martin, Manly Warringah | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Molly Smith | | Nyngan | 13.00Q |
| 2 Olivia Harris | | Glenbrook | 13.48Q |
| 3 Ilah Ody | | Orange | 13.79Q |
| 4 Olivia Baird | | Kurrajong Bilpin | 14.05q |
| 5 Jezebel Mills | | Glenbrook | 14.19q |
| 6 Emily Gilchrist | | Springwood | 14.96 |
| 7 Mia Nalder | | Coonamble | 15.22 |
| Heat 2 Heats | | | |
| 1 Heidi Simpson | | Kurrajong Bilpin | 13.55Q |
| 2 Rachel Masling | | Orange | 14.21Q |
| 3 Ella Graham | | Dubbo | 14.51Q |
| 4 Tiana Devine | | Springwood | 14.66 |
| 5 Sophia Meehan | | Glenbrook | 16.31 |
| 6 Brie Taylor | | Nyngan | 16.37 |
| 6 Molly Robinson | | Lithgow | 16.37 |

Girls U 8 - 60 Metre Hurdles (45 cm)

| State: S 11.00 1996 Shona Martin, Manly Warringah | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Molly Smith | | Nyngan | 12.60 |
| 2 Heidi Simpson | | Kurrajong Bilpin | 13.05 |
| 3 Olivia Harris | | Glenbrook | 13.37 |
| 4 Olivia Baird | | Kurrajong Bilpin | 13.53 |
| 5 Ilah Ody | | Orange | 13.78 |
| 6 Rachel Masling | | Orange | 14.03 |
| 7 Ella Graham | | Dubbo | 14.08 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 8 - 60 Metre Hurdles (45 cm)**

| | | |
|-----------------|-----------|-------|
| 8 Jezebel Mills | Glenbrook | 14.22 |
|-----------------|-----------|-------|

Girls U 9 - 60 Metre Hurdles (45 cm)

| ===== | | | |
|--------|-----|--------|-------|
| State: | S | 9.60 | 2009 |
| Name | Age | Centre | Heats |
| ===== | | | |

Heat 1 Heats

| | | |
|----------------------|------------------|--------|
| 1 Kate Leach | Kurrajong Bilpin | 11.79Q |
| 2 Hayley Speirs | Blayney | 12.19Q |
| 3 Hayley Davis | Bathurst | 12.37Q |
| 4 Rosanna Blackwell | Lithgow | 12.78q |
| 5 Imogen Della Bosca | Lithgow | 13.25 |
| 6 Rani Diggs | Gilgandra | 13.35 |
| 7 Grace Kemp | Bathurst | 13.86 |
| 8 Olivia Carmody | Orange | 14.59 |

Heat 2 Heats

| | | |
|-------------------|------------------|--------|
| 1 Ashleigh Carlow | Gilgandra | 11.75Q |
| 2 Kaitlyn Norris | Gilgandra | 12.13Q |
| 3 Clare Andrews | Dubbo | 12.99Q |
| 4 Molly Jones | Springwood | 13.09q |
| 5 Brooke Loughlin | Blayney | 13.32 |
| 6 Nicola Welsman | Springwood | 13.56 |
| 7 Hannah Robinson | Kurrajong Bilpin | 13.88 |

Girls U 9 - 60 Metre Hurdles (45 cm)

| ===== | | | |
|--------|-----|--------|-------|
| State: | S | 9.60 | 2009 |
| Name | Age | Centre | Final |
| ===== | | | |

Section 1 Final

| | | |
|---------------------|------------------|-------|
| 1 Kaitlyn Norris | Gilgandra | 11.17 |
| 2 Hayley Davis | Bathurst | 11.41 |
| 3 Ashleigh Carlow | Gilgandra | 11.56 |
| 4 Hayley Speirs | Blayney | 12.31 |
| 5 Rosanna Blackwell | Lithgow | 12.40 |
| 6 Clare Andrews | Dubbo | 12.85 |
| 7 Kate Leach | Kurrajong Bilpin | 12.99 |
| 8 Molly Jones | Springwood | 13.19 |

Girls U 10 - 60 Metre Hurdles (60 cm)

| ===== | | | |
|--------|-----|--------|-------|
| State: | S | 9.80 | 2003 |
| Name | Age | Centre | Heats |
| ===== | | | |

Heat 1 Heats

| | | |
|----------------------|------------|--------|
| 1 Olivia De La Harpe | Springwood | 12.04Q |
| 2 Kimberley Trappett | Dubbo | 12.29Q |
| 3 Charlotte Husarek | Glenbrook | 13.24Q |
| 4 Libby Kearney | Dubbo | 13.56q |
| 5 Jade Wye | Nyngan | 14.78 |
| 6 Abbey Burke | Springwood | 15.06 |

Heat 2 Heats

| | | |
|--------------------|------------------|--------|
| 1 Brooke Keller | Kurrajong Bilpin | 11.07Q |
| 2 Georgia Portelli | Kurrajong Bilpin | 12.90Q |
| 3 Mia Taylor | Nyngan | 13.69Q |
| 4 Ainsley Stone | Glenbrook | 13.78q |
| 5 Tahnee Purdie | Grenfell | 13.80 |
| 6 Chloe Dance | Springwood | 14.53 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 10 - 60 Metre Hurdles (60 cm)**

| State: S 9.80 2003 Annalaise Gardiner, Ku-Ring-G | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Brooke Keller | | Kurrajong Bilpin | 10.74 |
| 2 Olivia De La Harpe | | Springwood | 11.61 |
| 3 Kimberley Trappett | | Dubbo | 11.91 |
| 4 Georgia Portelli | | Kurrajong Bilpin | 13.06 |
| 5 Charlotte Husarek | | Glenbrook | 13.22 |
| 6 Libby Kearney | | Dubbo | 13.91 |
| 7 Ainsley Stone | | Glenbrook | 13.97 |
| 8 Mia Taylor | | Nyngan | 14.12 |

Girls U 11 - 60 Metre Hurdles (60 cm)

| State: S 9.10 2004 Annaliese Gardiner, Ku-Ring-G | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Cleo Dickie | | Blayney | 11.21Q |
| 2 Jaylen Bilbija | | Kurrajong Bilpin | 11.42Q |
| 3 Alanna Dutton | | Springwood | 11.65Q |
| 4 Pippa Browning | | Narromine | 12.37q |
| 5 Hayley Stewart Hollingwo | | Narromine | 12.78 |
| 6 Hannah Carroll | | Cobar | 12.81 |
| 7 Zoe Lewis | | Blayney | 13.85 |
| Heat 2 Heats | | | |
| 1 Maya Piras | | Dubbo | 10.59Q |
| 2 Cushla Rue | | Bathurst | 11.76Q |
| 3 Ashley Robinson | | Lithgow | 11.96Q |
| 4 Xanthe Keegan | | Orange | 12.56q |
| 5 Renee Hardy | | Kurrajong Bilpin | 12.72 |
| 6 Monique May | | Dubbo | 12.85 |
| 7 Holly Brown | | Forbes | 14.25 |

Girls U 11 - 60 Metre Hurdles (60 cm)

| State: S 9.10 2004 Annaliese Gardiner, Ku-Ring-G | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Maya Piras | | Dubbo | 9.95 |
| 2 Jaylen Bilbija | | Kurrajong Bilpin | 10.73 |
| 3 Cushla Rue | | Bathurst | 11.23 |
| 4 Alanna Dutton | | Springwood | 11.47 |
| 5 Cleo Dickie | | Blayney | 11.59 |
| 6 Ashley Robinson | | Lithgow | 11.94 |
| 7 Pippa Browning | | Narromine | 12.33 |
| 8 Xanthe Keegan | | Orange | 12.60 |

Girls U 12 - 60 Metre Hurdles (68 cm)

| State: S 9.10 2005 Annaliese Gardiner, Ku-Ring-G | | | |
|--|-----|-----------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Elli Kozicki | | Glenbrook | 11.27Q |
| 2 Ellie Munro | | Orange | 12.33Q |
| 3 Caitlin Speirs | | Blayney | 12.62Q |
| 4 Marni Brown | | Lithgow | 13.75q |

REGION 3 TRACK & FIELD CHAMPIONSHIPS

Results

....Girls U 12 - 60 Metre Hurdles (68 cm)

Heat 2 Heats

| | | | |
|---|-------------------|------------------|--------|
| 1 | Bree Ellyard | Kurrajong Bilpin | 11.35Q |
| 2 | Caitlin Broadfoot | Orange | 12.35Q |
| 3 | Jessica Keogh | Gilgandra | 12.51Q |
| 4 | Carly Hanko | Glenbrook | 15.00q |
| 5 | Sharna Kinghorne | Blayney | 15.15 |
| 6 | Elissa Simmons | Narromine | 15.72 |

Girls U 12 - 60 Metre Hurdles (68 cm)

| | | | |
|--------|---|------------|-------------------------------|
| ===== | | | |
| State: | S | 9.10 | 2005 |
| | | | Annaliese Gardiner, Ku-Ring-G |
| Name | | Age Centre | Final |
| ===== | | | |

Section 1 Final

| | | | |
|---|-------------------|------------------|-------|
| 1 | Elli Kozicki | Glenbrook | 11.21 |
| 2 | Bree Ellyard | Kurrajong Bilpin | 11.49 |
| 3 | Ellie Munro | Orange | 12.12 |
| 4 | Caitlin Broadfoot | Orange | 12.25 |
| 5 | Jessica Keogh | Gilgandra | 12.75 |
| 6 | Caitlin Speirs | Blayney | 13.40 |
| 7 | Marni Brown | Lithgow | 13.41 |
| 8 | Carly Hanko | Glenbrook | 15.63 |

Girls U 13 - 80 Metre Hurdles (76 cm)

| | | | |
|--------|---|------------|--------------------------|
| ===== | | | |
| State: | S | 12.20 | 2002 |
| | | | Tara Holt, South Eastern |
| Name | | Age Centre | Final |
| ===== | | | |

Section 1

| | | | |
|---|------------------|------------|-------|
| 1 | Brianna Trappett | Dubbo | 15.08 |
| 2 | Matilda Flood | Bathurst | 16.28 |
| 3 | Ella Warwick-Day | Springwood | 16.59 |
| 4 | Mackenzie Stone | Glenbrook | 16.79 |
| 5 | Emma Wykes | Wellington | 17.23 |
| 6 | Georgia Poole | Orange | 18.38 |
| 7 | Sorcha Pearce | Katoomba | 18.75 |
| 8 | Melanie Close | Oberon | 23.96 |

Girls U 14 - 80 Metre Hurdles (76 cm)

| | | | |
|--------|---|------------|----------------------------|
| ===== | | | |
| State: | S | 11.70 | 2006 |
| | | | Carly Rodger, Port Hacking |
| Name | | Age Centre | Final |
| ===== | | | |

| | | | |
|---|-----------------|------------------|-------|
| 1 | Caitin Reeves | Bathurst | 13.81 |
| 2 | Emma Merrick | Dubbo | 14.10 |
| 3 | Katelin Ellyard | Kurrajong Bilpin | 14.46 |
| 4 | Taylah Good | Cobar | 16.56 |
| 5 | Emma Morgans | Springwood | 19.04 |
| 6 | Marlies Hopman | Glenbrook | 19.85 |
| 7 | Emma Hutchison | Gilgandra | 22.65 |

Girls U 15 - 90 Metre Hurdles (76 cm)

| | | | |
|--------|---|------------|----------------------------|
| ===== | | | |
| State: | S | 12.20 | 2007 |
| | | | Carly Rodger, Port Hacking |
| Name | | Age Centre | Final |
| ===== | | | |

| | | | |
|---|------------------|----------|-------|
| 1 | Laycee Covington | Bathurst | 14.90 |
| 2 | Payton Smede | Dubbo | 15.18 |
| 3 | Fleur Young | Katoomba | 15.92 |
| 4 | April Rich | Orange | 16.58 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 15 - 90 Metre Hurdles (76 cm)**

| | | | |
|---|-----------------------|------------------|-------|
| 5 | Mary Jones | Springwood | 16.93 |
| 6 | Tahlia Blanch | Kurrajong Bilpin | 17.32 |
| 7 | Adelaide Nonnenmacher | Orange | 17.65 |

Girls U 17 - 100 Metre Hurdles (76 cm)

| ===== | | | |
|----------------|----------------|------------|------------------------|
| State: S 13.90 | | 2009 | Jacqui Fry, Greystanes |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Hannah Jones | Springwood | 18.58 |
| 2 | Jessica McLean | Orange | 19.06 |
| 3 | Tammy Knox | Katoomba | 19.54 |
| 4 | Leanne Clines | Katoomba | 26.18 |
| 5 | Atlanta Rorke | Cobar | 27.63 |

Girls U 13 - 200 Metre Hurdles (68 cm)

| ===== | | | |
|----------------|-----------------|------------------|-------------------------|
| State: S 28.00 | | 2000 | Tahlia Gray, Canterbury |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Millie Lenehan | Orange | 33.40 |
| 2 | Jessica Keller | Kurrajong Bilpin | 33.88 |
| 3 | Julia Black | Kurrajong Bilpin | 35.14 |
| 4 | Georgia Poole | Orange | 35.47 |
| 5 | Caitlin Carlow | Gilgandra | 36.66 |
| 6 | Mackenzie Stone | Glenbrook | 37.31 |
| 7 | Kiarna Diggs | Gilgandra | 40.37 |

Girls U 14 - 200 Metre Hurdles (76 cm)

| ===== | | | |
|----------------|-----------------|------------------|----------------------------|
| State: S 26.80 | | 2006 | Carly Rodger, Port Hacking |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Natalie Chapman | Kurrajong Bilpin | 31.82 |
| 2 | Caitlin Bass | Springwood | 32.32 |
| 3 | Emma Merrick | Dubbo | 32.57 |
| 4 | Katelin Ellyard | Kurrajong Bilpin | 33.06 |
| 5 | Taylah Good | Cobar | 34.44 |
| 6 | Jemma Barrett | Orange | 35.22 |
| 7 | Emma Morgans | Springwood | 38.91 |
| 8 | Emma Hutchison | Gilgandra | 48.08 |

Girls U 15 - 200 Metre Hurdles (76 cm)

| ===== | | | |
|----------------|-----------------------|----------|----------------------------|
| State: S 26.20 | | 2007 | Carly Rodger, Port Hacking |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Fleur Young | Katoomba | 30.43 |
| 2 | Payton Smede | Dubbo | 31.19 |
| 3 | April Rich | Orange | 32.41 |
| 4 | Adelaide Nonnenmacher | Orange | 33.82 |
| 5 | Kelsey Gray | Orange | 35.24 |

Girls U 17 - 200 Metre Hurdles (76 cm)

| ===== | | | |
|----------------|----------------|------------|------------------------------|
| State: S 27.10 | | 2012 | Melissa Farrington, Northern |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Jessica McLean | Orange | 34.93 |
| 2 | Hannah Jones | Springwood | 35.32 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 17 - 200 Metre Hurdles (76 cm)**

| | | |
|-----------------|----------|-------|
| 3 Leanne Clines | Katoomba | 37.22 |
|-----------------|----------|-------|

Girls U 8 - 700 Metre Pack Start

| Name | Age Centre | Final |
|----------------------|------------------|---------|
| 1 Addison Chapman | Dubbo | 2:45.29 |
| 2 Seanna New | Young & District | 2:48.91 |
| 3 Alexandra Sowinski | Kurrajong Bilpin | 2:52.94 |
| 4 Kate Turnbull | Narromine | 2:56.81 |
| 5 Olivia Baird | Kurrajong Bilpin | 3:04.07 |
| 6 Paige Nash | Kurrajong Bilpin | 3:08.25 |
| 7 Olivia Hall | Dubbo | 3:16.84 |
| 8 Zara Ali | Glenbrook | 3:31.20 |

Girls U 9-12 4x100 Metre Relay (Jnr)

| State: S 55.30 2012 | Manly Warringah | Final |
|-------------------------|--------------------------|---------|
| Centre | | |
| 1 Kurrajong Bilpin | | 59.78 |
| 1) Kate Leach 9 | 2) Jaylen Bilbija 11 | |
| 3) Brooke Keller 10 | 4) Kiara Ison 12 | |
| 2 Orange | | 1:02.22 |
| 1) Sophie Martin 9 | 2) Amelia Hinrichsen 10 | |
| 3) Phoebe Litchfield 11 | 4) Annabelle Crisp 12 | |
| 3 Bathurst and District | | 1:03.07 |
| 1) Hayley Davis 9 | 2) Millie Fulton 10 | |
| 3) Cushla Rue 11 | 4) Amy Belfanti 12 | |
| 4 Springwood | | 1:04.38 |
| 1) Hannah Haberman 9 | 2) Olivia De La Harpe 10 | |
| 3) Alanna Dutton 11 | 4) Amaya Moxham 12 | |
| 5 Dubbo | | 1:04.73 |
| 1) Annabelle Fuller 10 | 2) Bronte Grey 9 | |
| 3) Zoe Provest 12 | 4) Maya Piras 11 | |

Girls U 13-17 4x100 Metre Relay (Snr)

| State: S 50.20 2009 | Sutherland | Final |
|------------------------|----------------------|-------|
| Centre | | |
| 1 Kurrajong Bilpin | | 55.42 |
| 1) Jessica Keller 13 | 2) Tahlia Blanch 15 | |
| 3) Natalie Chapman 14 | 4) Lauren Russell 17 | |
| 2 Orange | | 56.36 |
| 1) Georgia Poole 13 | 2) Jemma Barrett 14 | |
| 3) Chloe Richards 15 | 4) Bronte Gosper 17 | |
| 3 Dubbo | | 56.76 |
| 1) Emma Merrick 14 | 2) Samara Collins 17 | |
| 3) Gemma Harley 13 | 4) Payton Smede 15 | |
| 4 Katoomba | | 58.71 |
| 1) Victoria Stenner 13 | 2) Abbie Lucas 14 | |
| 3) Tammy Knox 17 | 4) Fleur Young 15 | |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 9 - High Jump (S/H 0.85m)**

| State: S 1.39m 2012 Tomysa Clark, Port Hacking | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| Flight 1 | | | |
| 1 Hannah Haberman | | Springwood | 1.02m |
| 2 Catriona Haberman | | Springwood | 1.00m |
| 3 Amali McNeil | | Wellington | 0.95m |
| 4 Imogen Della Bosca | | Lithgow | 0.95m |
| 4 Katerina Reynolds | | Springwood | 0.95m |
| 6 Callie Chatfield | | Gilgandra | 0.95m |
| 7 Bronte Grey | | Dubbo | 0.85m |
| -- Hannah Robinson | | Kurrajong Bilpin | NH |

Girls U 10 - High Jump (S/H 0.95m)

| State: S 1.47m 2013 Tomysa Clark, Port Hacking | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Brooke Keller | | Kurrajong Bilpin | 1.19m |
| 2 Olivia De La Harpe | | Springwood | 1.17m |
| 3 Ella Hutchison | | Narromine | 1.15m |
| 4 Chanel Knight | | Nyngan | 1.10m |
| 4 Millie Fulton | | Bathurst | 1.10m |
| 6 Ainsley Stone | | Glenbrook | 1.05m |
| 6 Millie Gooch | | Dubbo | 1.05m |
| 6 Lucy Waddell | | Orange | 1.05m |
| 9 Tahnee Purdie | | Grenfell | 1.00m |
| 9 Ava Healey | | Lithgow | 1.00m |
| 9 Ivory Radford | | Kurrajong Bilpin | 1.00m |
| 9 Zoey Wade | | Bathurst | 1.00m |
| 9 Charlotte Coulton | | Orange | 1.00m |
| 14 Charlotte Green | | Narromine | 0.95m |
| 14 Abbey Burke | | Springwood | 0.95m |

Girls U 11 - High Jump (S/H 1.05m)

| State: S 1.54m 1995 Alexandra Church, Wollongong | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Lianna Davidson | | Kurrajong Bilpin | 1.25m |
| 2 Sarah Bradford | | Kurrajong Bilpin | 1.13m |
| 2 Brooke Barrett | | Orange | 1.13m |
| 4 Annalyse Garton | | Kurrajong Bilpin | 1.10m |
| 4 Angela Hyland | | Dubbo | 1.10m |
| 6 Tahlia Lawson | | Springwood | 1.05m |
| 6 Delta Richardson | | Walgett | 1.05m |
| 6 Zoe Lewis | | Blayney | 1.05m |
| 6 Ashley Robinson | | Lithgow | 1.05m |
| 6 Emily O'Dea | | Dubbo | 1.05m |
| -- Laila Devine | | Springwood | NH |
| -- Grace McRae | | Orange | NH |

Girls U 12 - High Jump (S/H 1.15m)

| State: S 1.63m 1986 Sonja Wennekes, Sutherland | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Kiara Ison | | Kurrajong Bilpin | 1.42m |
| 2 Jacana Powell | | Narromine | 1.29m |
| 3 Olivia Richards | | Orange | 1.26m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 12 - High Jump (S/H 1.15m)**

| | | | |
|---|-------------------|------------------|-------|
| 4 | Lily Drash | Dubbo | 1.23m |
| 4 | Schae Freeman | Glenbrook | 1.23m |
| 6 | Carly Lomax | Mudgee | 1.15m |
| 6 | Caitlin Broadfoot | Orange | 1.15m |
| 6 | Olivia James | Kurrajong Bilpin | 1.15m |

Girls U 13 - High Jump (S/H 1.20m)

| ===== | | | |
|----------------|-------------------|------------------|----------------------------|
| State: S 1.80m | | 1987 | Sonja Wennekes, Sutherland |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Jessica Keller | Kurrajong Bilpin | 1.45m |
| 2 | Millie Lenehan | Orange | 1.39m |
| 3 | Arizona Staley | Glenbrook | 1.37m |
| 4 | Matilda Flood | Bathurst | 1.37m |
| 5 | Sarah Chapman | Kurrajong Bilpin | 1.35m |
| 6 | Makenna Polley | Dubbo | 1.35m |
| 7 | Caitlin Carlow | Gilgandra | 1.25m |
| -- | Mackenzie Stone | Glenbrook | NH |
| -- | Charlotte Simmons | Orange | NH |

Girls U 14 - High Jump (S/H 1.25m)

| ===== | | | |
|----------------|------------------|------------------|----------------------------|
| State: S 1.75m | | 2007 | Amy Pejkoivic, Cherrybrook |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Natalie Chapman | Kurrajong Bilpin | 1.42m |
| 2 | Brittany Trueman | Springwood | 1.30m |
| 3 | Bobbie Ralls | Bathurst | 1.25m |
| -- | Tyler Philpott | Kurrajong Bilpin | NH |

Girls U 15 - High Jump (S/H 1.25m)

| ===== | | | |
|----------------|---------------------|------------------|----------------------------|
| State: S 1.80m | | 2008 | Amy Pejkoivic, Cherrybrook |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Chloe Richards | Orange | 1.52m |
| 2 | Alexandria Williams | Kurrajong Bilpin | 1.43m |
| 3 | Laycee Covington | Bathurst | 1.43m |
| 4 | Isabel Harris | Orange | 1.40m |
| 5 | Madison Douglass | Young & District | 1.40m |
| 6 | Kelsey Gray | Orange | 1.30m |

Girls U 17 - High Jump (S/H 1.30m)

| ===== | | | |
|----------------|-----------------|------------------|--------------------------|
| State: S 1.84m | | 2010 | Emily Crutcher, Grenfell |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Jordan Douglass | Young & District | 1.58m |
| 2 | Lauren Russell | Kurrajong Bilpin | 1.50m |
| 3 | Carly Winser | Kurrajong Bilpin | 1.40m |
| 4 | Tammy Knox | Katoomba | 1.35m |

Girls U 8 - Long Jump

| ===== | | | |
|----------------|--------------|------------------|---------------------------|
| State: S 4.17m | | 1986 | Danya Kerr, Winston Hills |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Dakota Smith | Glenbrook | 2.81m |
| 2 | Olivia Baird | Kurrajong Bilpin | 2.75m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 8 - Long Jump**

| | | | |
|----|--------------------|------------------|-------|
| 3 | Ella McGarity | Glenbrook | 2.74m |
| 4 | Lily Carmody | Orange | 2.68m |
| 5 | Seanna New | Young & District | 2.56m |
| 6 | Olivia Mann | Dubbo | 2.56m |
| 7 | Cassidy Feltham | Kurrajong Bilpin | 2.54m |
| 8 | Jezebel Mills | Glenbrook | 2.54m |
| 9 | Mia Nalder | Coonamble | 2.50m |
| 10 | Jasmine Bourke | Nyngan | 2.45m |
| 11 | Courtney May | Dubbo | 2.43m |
| 12 | Alexandra Sowinski | Kurrajong Bilpin | 2.41m |
| 13 | Katelyn Holley | Kurrajong Bilpin | 2.27m |
| 14 | Rachel Masling | Orange | 2.25m |

Girls U 9 - Long Jump

| ===== | | | |
|-------|-----------------------|------------------|--------------------------|
| | State: S 4.42m | 1985 | Selinas Dundas, Armidale |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Hannah Haberman | Springwood | 3.51m |
| 2 | Kate Leach | Kurrajong Bilpin | 3.41m |
| 3 | Kaitlyn Norris | Gilgandra | 3.40m |
| 4 | Ashleigh Carlow | Gilgandra | 3.25m |
| 4 | Alesha Bennetts | Mudgee | 3.25m |
| 6 | Clare Andrews | Dubbo | 3.21m |
| 7 | Mackenzie Innes | Orange | 3.20m |
| 8 | Imogen Della Bosca | Lithgow | 2.99m |
| 9 | Emily Gallen | Coonamble | 2.80m |
| 10 | Grace Lewer | Springwood | 2.66m |
| 11 | Charlotte Brown | Kurrajong Bilpin | 2.57m |
| 12 | Angela Broadfoot | Orange | 2.39m |
| 13 | Sofye Sebelic-Lodding | Dubbo | 2.36m |
| 14 | Olivia Carmody | Orange | 2.33m |

Girls U 10 - Long Jump

| ===== | | | |
|-------|------------------|------------------|-------------------------|
| | State: S 4.75m | 1991 | Rosemary Hayward, Wyong |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Brooke Keller | Kurrajong Bilpin | 4.41m |
| 2 | Millie Fulton | Bathurst | 3.72m |
| 3 | Mia Taylor | Nyngan | 3.65m |
| 4 | Ava Healey | Lithgow | 3.64m |
| 5 | Millie Gooch | Dubbo | 3.61m |
| 6 | Zara Ebeling | Glenbrook | 3.47m |
| 7 | Ella Hutchison | Narromine | 3.44m |
| 8 | Annabelle Fuller | Dubbo | 3.38m |
| 9 | Georgia Portelli | Kurrajong Bilpin | 3.35m |
| 10 | Stephanie Behan | Forbes | 3.29m |
| 11 | Jade Wye | Nyngan | 3.07m |
| 12 | Zoey Wade | Bathurst | 2.97m |
| 13 | Tahnee Purdie | Grenfell | 2.96m |
| 14 | Lucy Andrewartha | Springwood | 2.76m |

Girls U 11 - Long Jump

| ===== | | | |
|-------|-------------------|------------|-------------------------------|
| | State: S 4.97m | 2011 | Chyna Tavai-Williams, Banksto |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Lillian Patterson | Springwood | 4.05m |
| 2 | Cushla Rue | Bathurst | 4.04m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 11 - Long Jump**

| | | | |
|----|--------------------------|------------------|-------|
| 3 | Annalyse Garton | Kurrajong Bilpin | 3.98m |
| 4 | Kallan Philips | Lithgow | 3.97m |
| 5 | Angela Hyland | Dubbo | 3.89m |
| 6 | Alanna Dutton | Springwood | 3.80m |
| 7 | Ashley Robinson | Lithgow | 3.79m |
| 8 | Sarah Bradford | Kurrajong Bilpin | 3.75m |
| 9 | Jaylen Bilbija | Kurrajong Bilpin | 3.63m |
| 10 | Brooke Barrett | Orange | 3.45m |
| 10 | Monique May | Dubbo | 3.45m |
| 10 | Kyra Philips | Lithgow | 3.45m |
| 13 | Hayley Stewart Hollingwo | Narromine | 3.43m |
| 14 | Tahlia Hocking | Forbes | 3.35m |
| 15 | Josie Smith | Coonamble | 3.10m |

Girls U 12 - Long Jump

| ===== | | | |
|-------|-------------------|------------------|------------------------------|
| | State: S 5.42m | 1986 | Tracy Blackburn, Kurri Kurri |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Kiara Ison | Kurrajong Bilpin | 4.55m |
| 2 | Schae Freeman | Glenbrook | 4.24m |
| 3 | Olivia Richards | Orange | 4.09m |
| 4 | Emily Stewart | Dubbo | 3.98m |
| 5 | Bree Ellyard | Kurrajong Bilpin | 3.96m |
| 6 | Zoe Provest | Dubbo | 3.94m |
| 7 | Ella Lucas | Katoomba | 3.86m |
| 8 | Jemma Price | Springwood | 3.85m |
| 9 | Caitlin Broadfoot | Orange | 3.84m |
| 10 | Mara Lee-Griswold | Springwood | 3.67m |
| 11 | Carrison Harrison | Gilgandra | 3.65m |
| 12 | Amy Belfanti | Bathurst | 3.56m |
| 13 | Caitlin Speirs | Blayney | 3.50m |
| 14 | Sarah Jackson | Narromine | 3.44m |
| 15 | Rhiannon Dennis | Orange | 3.42m |

Girls U 13 - Long Jump

| ===== | | | |
|-------|-----------------|------------------|--------------------------|
| | State: S 5.51m | 1991 | Leanne Richardson, Dubbo |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Jessica Keller | Kurrajong Bilpin | 4.62m |
| 2 | Mackenzie Stone | Glenbrook | 4.09m |
| 3 | Millie Lenehan | Orange | 4.07m |
| 4 | Julia Black | Kurrajong Bilpin | 4.06m |
| 5 | Emma Wykes | Wellington | 4.04m |
| 6 | Caitlin Fenner | Springwood | 4.01m |
| 7 | Tara Williamson | Dubbo | 3.80m |
| 8 | Matilda Flood | Bathurst | 3.63m |
| 9 | Gemma Harley | Dubbo | 3.56m |
| 10 | Ellie Hamilton | Narromine | 3.52m |
| 11 | Caitlin Carlow | Gilgandra | 3.49m |

Girls U 14 - Long Jump

| ===== | | | |
|-------|--------------------|------------|-------------------------------|
| | State: S 5.64m | 1991 | Belinda Scott, Northern Distr |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Jemma Barrett | Orange | 4.48m |
| 2 | Anastasia Newstead | Gilgandra | 4.43m |
| 3 | Brittany Trueman | Springwood | 4.26m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 14 - Long Jump**

| | | | |
|---|------------------|------------------|-------|
| 4 | Kaitlin Leyland | Glenbrook | 4.13m |
| 5 | Hayley Lomax | Mudgee | 4.07m |
| 6 | Tyler Philpott | Kurrajong Bilpin | 3.87m |
| 7 | Emma Haraki | Gilgandra | 3.84m |
| 8 | Alicia Blanch | Kurrajong Bilpin | 3.62m |
| 9 | Reagan Chatfield | Gilgandra | 2.49m |

Girls U 15 - Long Jump

| State: S 5.80m 2005 | | | |
|-----------------------------|-----------------------|------------------|-------|
| Jacinta Doyle, Port Hacking | | | |
| Name | Age | Centre | Final |
| 1 | Chloe Richards | Orange | 4.51m |
| 2 | April Rich | Orange | 4.50m |
| 2 | Adelaide Nonnenmacher | Orange | 4.50m |
| 4 | Alexandria Williams | Kurrajong Bilpin | 4.44m |
| 5 | Mary Jones | Springwood | 4.42m |
| 6 | Fleur Young | Katoomba | 4.41m |
| 7 | Madison Douglass | Young & District | 4.33m |
| 8 | Paton Smede | Dubbo | 4.12m |
| 9 | Madi Hannelly | Wellington | 3.60m |
| 10 | Elysse Girot-Serplet | Forbes | 3.31m |

Girls U 17 - Long Jump

| State: S 5.84m 2013 | | | |
|-------------------------------|--------------------------|------------------|-------|
| Audrey Kyriacou, Randwick Bot | | | |
| Name | Age | Centre | Final |
| 1 | Lauren Russell | Kurrajong Bilpin | 4.83m |
| 2 | Ebony Blake | Nyngan | 4.80m |
| 3 | Jordan Douglass | Young & District | 4.50m |
| 4 | Jessica McLean | Orange | 4.35m |
| 5 | Carly Winser | Kurrajong Bilpin | 4.29m |
| 6 | Hanna Healey | Lithgow | 4.21m |
| 7 | Emily Hurst | Orange | 4.18m |
| 8 | Lily Spackman | Narromine | 3.94m |
| 9 | Brigitte Jasprizza | Orange | 3.93m |
| 10 | Tammy Knox | Katoomba | 3.78m |
| 11 | Shania Craig | Cowra | 3.74m |
| 12 | Vanessa Mitchell | Young & District | 3.68m |
| 13 | Jessica Fuller | Dubbo | 3.56m |
| 14 | Gabrielle Magnar-Pollard | Dubbo | 3.51m |
| 15 | Leanne Clines | Katoomba | 3.36m |

Girls U 11 - Triple Jump

| State: S 10.38m 2004 | | | |
|------------------------------|-------------------|------------------|-------|
| Rebecca Mounsey, Albion Park | | | |
| Name | Age | Centre | Final |
| 1 | Alanna Dutton | Springwood | 8.68m |
| 2 | Sarah Bradford | Kurrajong Bilpin | 8.53m |
| 3 | Phoebe Litchfield | Orange | 8.45m |
| 4 | Amy Balmforth | Kurrajong Bilpin | 7.73m |
| 5 | Angela Hyland | Dubbo | 7.70m |
| 6 | Monique May | Dubbo | 7.18m |
| 7 | Cloe Robinson | Lithgow | 6.90m |
| 7 | Taeja Holley | Kurrajong Bilpin | 6.90m |
| 9 | Pippa Browning | Narromine | 6.88m |
| 10 | Laila Devine | Springwood | 6.83m |
| -- | Paige Field | Lithgow | ND |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 12 - Triple Jump**

| State: S 10.94m 1994 Amy Carpenter, Tuggerah Lake | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Schae Freeman | | Glenbrook | 9.46m |
| 2 Elli Kozicki | | Glenbrook | 9.15m |
| 3 Caitlyn Ferrier | | Kurrajong Bilpin | 8.80m |
| 4 Olivia Richards | | Orange | 8.38m |
| 5 Carly Lomax | | Mudgee | 8.31m |
| 6 Jemma Price | | Springwood | 8.30m |
| 7 Annabelle Crisp | | Orange | 7.86m |
| 8 Rhiannon Dennis | | Orange | 7.69m |
| 9 Jacana Powell | | Narromine | 7.61m |
| 10 Alison Toohey | | Dubbo | 7.46m |
| 11 Teoni Schleibs | | Lithgow | 7.44m |
| 12 Jordan Ross | | Dubbo | 7.34m |

Girls U 13 - Triple Jump

| State: S 11.25m 2011 Taylor Garrett, Penrith Vall | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Jessica Keller | | Kurrajong Bilpin | 9.85m |
| 2 Caitlin Fenner | | Springwood | 8.98m |
| 3 Caitlin Carlow | | Gilgandra | 8.81m |
| 4 Matilda Flood | | Bathurst | 8.74m |
| 5 Julia Black | | Kurrajong Bilpin | 8.58m |
| 5 Brianna Trappett | | Dubbo | 8.58m |
| 7 Mackenzie Stone | | Glenbrook | 8.48m |
| 8 Ella Warwick-Day | | Springwood | 8.18m |
| 9 Alex Couley | | Dubbo | 8.04m |
| 10 Emma Wykes | | Wellington | 7.92m |
| 11 Charlotte Nonnenmacher | | Orange | 7.40m |
| -- Elizabeth Eather | | Wellington | ND |

Girls U 14 - Triple Jump

| State: S 12.15m 2003 Alyisha House, Koorringal Wag | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Caitin Reeves | | Bathurst | 10.07m |
| 2 Jemma Barrett | | Orange | 9.33m |
| 3 Anastasia Newstead | | Gilgandra | 9.21m |
| 4 Tyler Philpott | | Kurrajong Bilpin | 8.98m |
| 5 Kaylah Lamb | | Glenbrook | 8.88m |
| 6 Taylah Good | | Cobar | 8.84m |
| 7 Hayley Lomax | | Mudgee | 8.83m |
| 8 Kaitlin Leyland | | Glenbrook | 8.55m |
| 9 Emma Haraki | | Gilgandra | 8.28m |
| 10 Ella Lewis | | Blayney | 7.83m |
| 11 Alicia Blanch | | Kurrajong Bilpin | 6.16m |
| 12 Emma Hutchison | | Gilgandra | 6.13m |

Girls U 15 - Triple Jump

| State: S 12.42m 2004 Alyisha House, Koorringal Wag | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Alexandria Williams | | Kurrajong Bilpin | 10.29m |
| 2 Gabrielle Eather | | Wellington | 9.94m |
| 3 Chloe Richards | | Orange | 9.78m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 15 - Triple Jump**

| | | | |
|----|-----------------------|------------------|-------|
| 4 | April Rich | Orange | 9.57m |
| 5 | Fleur Young | Katoomba | 9.45m |
| 6 | Adelaide Nonnenmacher | Orange | 9.43m |
| 7 | Mary Jones | Springwood | 9.30m |
| 8 | Tahlia Blanch | Kurrajong Bilpin | 9.10m |
| 9 | Madison Douglass | Young & District | 8.96m |
| 10 | Elysse Girot-Serplet | Forbes | 7.40m |

Girls U 17 - Triple Jump

| ===== | | | |
|-----------------|--------------------------|---------------------------|-------|
| State: S 12.10m | | 2012 Alison Ruse, Jamison | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Jessica McLean | Orange | 9.91m |
| 2 | Jordan Douglass | Young & District | 9.67m |
| 3 | Hanna Healey | Lithgow | 9.52m |
| 4 | Bronte Gosper | Orange | 9.50m |
| 5 | Hannah Jones | Springwood | 8.91m |
| 6 | Lily Spackman | Narromine | 8.71m |
| 7 | Tammy Knox | Katoomba | 7.96m |
| 8 | Gabrielle Magnar-Pollard | Dubbo | 7.89m |
| 9 | Vanessa Mitchell | Young & District | 7.81m |
| 10 | Danielle Williams | Orange | 7.28m |
| 11 | Eloise Clayton | Tullamore | 7.10m |
| 12 | Ashleigh McInerney | Young & District | 5.62m |

Girls U 8 - Shot Put (1.5 Kg)

| ===== | | | |
|----------------|-----------------|----------------------------------|-------|
| State: S 8.52m | | 2002 Kristy Dingwall, Smithfield | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Lily Piras | Dubbo | 5.08m |
| 2 | Addison Chapman | Dubbo | 4.82m |
| 3 | Katelyn Holley | Kurrajong Bilpin | 4.72m |
| 4 | Ella Graham | Dubbo | 4.24m |
| 5 | Sophia Meehan | Glenbrook | 4.07m |
| 6 | Cara Dennis | Orange | 3.32m |
| 7 | Paige Nash | Kurrajong Bilpin | 3.31m |
| 8 | Zara Ali | Glenbrook | 3.24m |
| 9 | Emily Gilchrist | Springwood | 3.23m |
| 10 | Dakota Smith | Glenbrook | 3.21m |
| 11 | Kate Turnbull | Narromine | 2.55m |

Girls U 9 - Shot Put (2.0 Kg)

| ===== | | | |
|----------------|-----------------------|------------------------------------|-------|
| State: S 9.13m | | 2006 Juanita Lloyd, Bankstown Spor | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Natasha Watson | Glenbrook | 5.73m |
| 2 | Grace Lewer | Springwood | 4.95m |
| 3 | Sofye Sebelic-Lodding | Dubbo | 4.52m |
| 4 | Ainsley Holmes | Orange | 4.17m |
| 5 | Destiny Iceman | Katoomba | 4.06m |
| 6 | Mackenzie Fliedner | Young & District | 3.91m |
| 7 | Charlotte Brown | Kurrajong Bilpin | 3.87m |
| 8 | Prue Donnelly | Nyngan | 3.25m |
| 9 | Megan Smith | Dubbo | 3.20m |
| 10 | Samantha Riley | Parkes | 2.98m |
| 11 | Hannah Robinson | Kurrajong Bilpin | 2.78m |
| 12 | Rani Diggs | Gilgandra | 2.73m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 12 - Shot Put (2.0 Kg)**

| | | | |
|----|-------------|------------|-------|
| 12 | Jade Colman | Springwood | 5.23m |
| 13 | Emma McLean | Orange | 5.16m |

Girls U 13 - Shot Put (3.0 Kg)

| ===== | | | |
|---------------------------|------------------|------------------|-------|
| State: S 14.95m | | 2012 | |
| Grace Robinson, St George | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Caitlin Fenner | Springwood | 8.68m |
| 2 | Sarah Chapman | Kurrajong Bilpin | 8.20m |
| 3 | Breah Johnston | Narromine | 8.07m |
| 4 | Victoria Stenner | Katoomba | 7.47m |
| 5 | Lauren Perry | Glenbrook | 7.02m |
| 6 | Annalise Elliott | Lithgow | 6.76m |
| 7 | Tara Williamson | Dubbo | 6.72m |
| 8 | Sorcha Pearce | Katoomba | 6.41m |
| 9 | Bridget Baker | Grenfell | 6.20m |
| 10 | Pippa Honan | Orange | 6.05m |
| 11 | Gemma Harley | Dubbo | 5.59m |
| 12 | Hannah Bollinger | Orange | 5.56m |
| 13 | Makenna Polley | Dubbo | 5.52m |

Girls U 14 - Shot Put (3.0 Kg)

| ===== | | | |
|---------------------------|------------------|------------------|--------|
| State: S 15.94m | | 2013 | |
| Grace Robinson, St George | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Tayla Garratt | Cowra | 11.98m |
| 2 | Marlies Hopman | Glenbrook | 8.07m |
| 3 | Caitlin Bass | Springwood | 7.88m |
| 4 | Hannah Kriz | Cobar | 7.79m |
| 5 | Ella Lewis | Blayney | 7.60m |
| 6 | Emma Haraki | Gilgandra | 7.38m |
| 7 | Emma Hutchison | Gilgandra | 7.18m |
| 8 | Emily Phillips | Forbes | 6.95m |
| 9 | Ruth Yigletu | Springwood | 4.99m |
| 10 | Reagan Chatfield | Gilgandra | 4.21m |
| 11 | Alicia Blanch | Kurrajong Bilpin | 3.94m |

Girls U 15 - Shot Put (3.0 Kg)

| ===== | | | |
|----------------------------|------------------|------------|-------|
| State: S 14.81m | | 2006 | |
| Lomana Fagatuai, Ambarvale | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Maddison Tuineau | Bathurst | 9.73m |
| 2 | Genevieve Lewer | Springwood | 8.86m |
| 3 | Madi Hannelly | Wellington | 7.52m |
| 4 | Mary Jones | Springwood | 7.40m |

Girls U 17 - Shot Put (3.0 Kg)

| ===== | | | |
|-----------------------|--------------------|------------------|-------|
| State: S 16.29m | | 2012 | |
| Taylah Sengul, Nepean | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Kaitlin Butcher | Narromine | 9.81m |
| 2 | Laikan Brennan | Peak Hill | 9.72m |
| 3 | Carly Winser | Kurrajong Bilpin | 9.12m |
| 4 | Ashleigh McInerney | Young & District | 8.86m |
| 5 | Atlanta Rorke | Cobar | 8.55m |
| 6 | Lily Spackman | Narromine | 8.01m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 17 - Shot Put (3.0 Kg)**

| | | | |
|----|--------------------------|-----------|-------|
| 7 | Vanessa Johnson | Bathurst | 7.70m |
| 8 | Shania Craig | Cowra | 7.65m |
| 9 | Eloise Clayton | Tullamore | 7.32m |
| 10 | Gabrielle Magnar-Pollard | Dubbo | 6.53m |
| 11 | Tammy Knox | Katoomba | 4.81m |

Girls U 8 - Discus (500 Gram)

| ===== | | | |
|-----------------|-----------------|------------------|------------------------------|
| State: S 24.42m | | 2003 | Taylah Sengul, Winston Hills |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Sophia Meehan | Glenbrook | 12.21m |
| 2 | Dakota Smith | Glenbrook | 11.09m |
| 3 | Lily Piras | Dubbo | 11.02m |
| 4 | Jasmine Bourke | Nyngan | 10.78m |
| 5 | Katelyn Holley | Kurrajong Bilpin | 10.42m |
| 6 | Zara Ali | Glenbrook | 9.85m |
| 7 | Molly Smith | Nyngan | 9.68m |
| 8 | Ella Graham | Dubbo | 9.35m |
| 9 | Emily Gilchrist | Springwood | 8.20m |
| 10 | Courtney May | Dubbo | 7.96m |
| 11 | Olivia Harris | Glenbrook | 7.75m |
| 12 | Rachel Masling | Orange | 7.65m |

Girls U 9 - Discus (500 Gram)

| ===== | | | |
|-----------------|-----------------------|------------------|-------------------------|
| State: S 31.22m | | 2004 | Filoi Aokuso, Blacktown |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Natasha Watson | Glenbrook | 19.98m |
| 2 | Grace Lewer | Springwood | 16.45m |
| 3 | Mackenzie Innes | Orange | 14.42m |
| 4 | Lorena Brown | Lithgow | 12.81m |
| 5 | Amali McNeil | Wellington | 12.38m |
| 6 | Catrina Haberman | Springwood | 12.34m |
| 7 | Ashleigh Carlow | Gilgandra | 12.12m |
| 8 | Prue Donnelly | Nyngan | 11.52m |
| 9 | Alexandria Morley | Wellington | 10.46m |
| 10 | Alexis Eldridge-Smith | Orange | 10.08m |
| 11 | Ainsley Holmes | Orange | 10.02m |
| 12 | Jacinta Jeffery | Springwood | 9.42m |
| 13 | Sofye Sebelic-Lodding | Dubbo | 9.13m |
| 14 | Charlotte Brown | Kurrajong Bilpin | 8.88m |

Girls U 10 - Discus (500 Gram)

| ===== | | | |
|-----------------|------------------|------------------|---------------------------|
| State: S 37.22m | | 1985 | Michelle Haage, Bankstown |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Georgia Portelli | Kurrajong Bilpin | 25.96m |
| 2 | Holly McColl | Parkes | 19.17m |
| 3 | Poppy Keegan | Orange | 18.37m |
| 4 | Mia Taylor | Nyngan | 17.61m |
| 5 | Mikelli Garratt | Cowra | 17.07m |
| 6 | Caitlin Shepherd | Glenbrook | 16.31m |
| 7 | Zoey Wade | Bathurst | 15.98m |
| 8 | Lily Robinson | Glenbrook | 13.19m |
| 9 | Anika James | Orange | 12.04m |
| 10 | Emilee Curran | Bathurst | 11.53m |
| 11 | Lucy Andrewartha | Springwood | 11.37m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 10 - Discus (500 Gram)**

| | | | |
|----|-----------------|------------|--------|
| 12 | Chloe Dance | Springwood | 10.59m |
| 13 | Audrey Gill | Narromine | 10.38m |
| 14 | Amber Johnson | Canowindra | 9.74m |
| 15 | Charlotte Green | Narromine | 8.36m |

Girls U 11 - Discus (750 Gram)

| ===== | | | |
|-----------------|------------------|------------------|---------------------------|
| State: S 39.03m | | 2010 | Grace Robinson, St George |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Renee Hardy | Kurrajong Bilpin | 23.30m |
| 2 | Lianna Davidson | Kurrajong Bilpin | 22.88m |
| 3 | Zoe Lewis | Blayney | 22.82m |
| 4 | Hannah Carroll | Cobar | 22.38m |
| 5 | Hannah Petrovic | Wellington | 18.90m |
| 6 | Mirakai Powell | Narromine | 16.58m |
| 7 | Jadzia Nicholson | Bathurst | 16.56m |
| 8 | Ella Trueman | Springwood | 16.33m |
| 9 | Sarah Williamson | Dubbo | 15.39m |
| 10 | Samantha Jackson | Coonamble | 14.81m |
| 11 | Kyra Philips | Lithgow | 14.54m |
| 12 | Casey Haydon | Springwood | 14.38m |
| 13 | Grace McRae | Orange | 13.99m |
| 14 | Amy Balmforth | Kurrajong Bilpin | 13.74m |
| 15 | Monique Morgan | Parkes | 12.75m |
| 16 | Tahlia Lawson | Springwood | 10.85m |

Girls U 12 - Discus (750 Gram)

| ===== | | | |
|-----------------|------------------|------------------|-------------------------|
| State: S 46.19m | | 2008 | Filoi Aokuso, Blacktown |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Teliasha Besant | Bathurst | 30.22m |
| 2 | Elli Kozicki | Glenbrook | 25.58m |
| 3 | Tiana James | Orange | 23.32m |
| 4 | Jemma Price | Springwood | 18.72m |
| 5 | Elouise Haberman | Springwood | 17.21m |
| 6 | Amara Radford | Kurrajong Bilpin | 17.17m |
| 7 | Elissa Simmons | Narromine | 15.15m |
| 8 | Marni Brown | Lithgow | 14.66m |
| 9 | Sarah Black | Kurrajong Bilpin | 13.59m |
| 10 | Caitlin Speirs | Blayney | 13.54m |
| -- | Eloise Bell | Narromine | FOUL |
| -- | Elizabeth Nowlan | Grenfell | FOUL |

Girls U 13 - Discus (750 Gram)

| ===== | | | |
|-----------------|------------------|------------|------------------------------|
| State: S 49.57m | | 2009 | Taylah Sengul, Winston Hills |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Caitlin Fenner | Springwood | 32.40m |
| 2 | Breah Johnston | Narromine | 27.10m |
| 3 | Lauren Perry | Glenbrook | 24.09m |
| 4 | Matilda Flood | Bathurst | 22.24m |
| 5 | Caitlin Carlow | Gilgandra | 19.11m |
| 6 | Bridget Baker | Grenfell | 18.78m |
| 7 | Victoria Stenner | Katoomba | 18.04m |
| 8 | Grace Glasheen | Glenbrook | 15.33m |
| 9 | Hannah Bollinger | Orange | 15.06m |
| 10 | Pippa Honan | Orange | 14.36m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 13 - Discus (750 Gram)**

| | | | |
|----|--------------------|-----------|--------|
| 11 | Brooke Morgan | Parkes | 13.31m |
| 12 | Gemma Harley | Dubbo | 12.51m |
| 13 | Georgia Ditchfield | Coonamble | 12.42m |
| -- | Annalise Elliott | Lithgow | ND |

Girls U 14 - Discus (1.0 Kg)

| ===== | | | |
|-----------------|------------------|------------------|------------------------------|
| State: S 44.76m | | 2009 | Taylah Sengul, Winston Hills |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Tayla Garratt | Cowra | 33.05m |
| 2 | Ella Lewis | Blayney | 21.63m |
| 3 | Hannah Kriz | Cobar | 20.52m |
| 4 | Emma Haraki | Gilgandra | 19.75m |
| 5 | Marlies Hopman | Glenbrook | 19.44m |
| 6 | Brittany Trueman | Springwood | 17.23m |
| 7 | Emily Phillips | Forbes | 14.60m |
| 8 | Emma Hutchison | Gilgandra | 14.59m |
| 9 | Ruth Yigletu | Springwood | 9.68m |
| 10 | Alicia Blanch | Kurrajong Bilpin | 7.86m |

Girls U 15 - Discus (1.0 Kg)

| ===== | | | |
|-----------------|------------------|------------|----------------------------|
| State: S 48.18m | | 1995 | Katrina Steele, Springwood |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Maddison Tuineau | Bathurst | 26.62m |
| 2 | Laycee Covington | Bathurst | 24.13m |
| 3 | Genevieve Lewer | Springwood | 19.05m |
| 4 | Madi Hannelly | Wellington | 18.04m |
| 5 | Chloe Jones | Springwood | 15.11m |

Girls U 17 - Discus (1.0 Kg)

| ===== | | | |
|-----------------|--------------------------|------------------|-----------------------|
| State: S 48.65m | | 2012 | Taylah Sengul, Nepean |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Zoey Stollery | Young & District | 30.83m |
| 2 | Kaitlin Butcher | Narromine | 30.53m |
| 3 | Laikan Brennan | Peak Hill | 27.44m |
| 4 | Eloise Clayton | Tullamore | 22.28m |
| 5 | Shania Craig | Cowra | 20.68m |
| 6 | Ashleigh McInerney | Young & District | 20.20m |
| 7 | Vanessa Johnson | Bathurst | 19.82m |
| 8 | Gabrielle Magnar-Pollard | Dubbo | 17.13m |
| 9 | Atlanta Rorke | Cobar | 16.50m |
| 10 | Jenna Heath | Lithgow | 15.76m |

Girls U 12 - Javelin (400 Gram)

| ===== | | | |
|-----------------|-------------------|------------------|------------------------|
| State: S 29.88m | | 2011 | Paige Farrant, Gosford |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Jacana Powell | Narromine | 24.60m |
| 2 | Elli Kozicki | Glenbrook | 20.00m |
| 3 | Eloise Bell | Narromine | 17.76m |
| 4 | Amara Radford | Kurrajong Bilpin | 15.49m |
| 5 | Mara Lee-Griswold | Springwood | 13.30m |
| 6 | Elouise Haberman | Springwood | 12.61m |
| 7 | Ellie Munro | Orange | 11.74m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 12 - Javelin (400 Gram)**

| | | | |
|----|-----------------|------------|--------|
| 8 | Rhiannon Dennis | Orange | 10.40m |
| 9 | Jade Colman | Springwood | 9.55m |
| 10 | Elissa Simmons | Narromine | 9.21m |
| 11 | Natalie Banks | Cowra | 7.92m |

Girls U 13 - Javelin (400 Gram)

| ===== | | | |
|-----------------|--------------------|------------------|------------------------------|
| State: S 45.91m | | 2009 | Taylah Sengul, Winston Hills |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Jessica Keller | Kurrajong Bilpin | 25.43m |
| 2 | Bridget Baker | Grenfell | 19.03m |
| 3 | Tara Williamson | Dubbo | 18.42m |
| 4 | Amy Gall | Springwood | 18.27m |
| 5 | Breah Johnston | Narromine | 18.04m |
| 6 | Sarah Chapman | Kurrajong Bilpin | 17.35m |
| 7 | Victoria Stenner | Katoomba | 16.06m |
| 8 | Brooke Morgan | Parkes | 15.94m |
| 9 | Lauren Perry | Glenbrook | 15.45m |
| 10 | Pippa Honan | Orange | 13.62m |
| 11 | Georgia Ditchfield | Coonamble | 13.03m |
| 12 | Emily Brown | Kurrajong Bilpin | 12.03m |
| 13 | Georgia Poole | Orange | 11.45m |

Girls U 14 - Javelin (400 Gram)

| ===== | | | |
|-----------------|------------------|------------------|------------------------------|
| State: S 40.95m | | 2012 | Emily Ralphs, Hills District |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Tayla Garratt | Cowra | 28.57m |
| 2 | Caitlin Bass | Springwood | 22.90m |
| 3 | Caitin Reeves | Bathurst | 22.51m |
| 4 | Taylah Good | Cobar | 21.83m |
| 5 | Marlies Hopman | Glenbrook | 21.40m |
| 6 | Tyler Philpott | Kurrajong Bilpin | 16.76m |
| 7 | Emma Hutchison | Gilgandra | 14.40m |
| 8 | Hannah Kriz | Cobar | 14.30m |
| 9 | Kaylah Lamb | Glenbrook | 12.12m |
| 10 | Emily Phillips | Forbes | 10.74m |
| 11 | Alicia Blanch | Kurrajong Bilpin | 10.29m |
| 12 | Ruth Yigletu | Springwood | 9.52m |
| 13 | Reagan Chatfield | Gilgandra | 8.38m |

Girls U 15 - Javelin (500 Gram)

| ===== | | | |
|-----------------|----------------------|------------------|------------------------------|
| State: S 42.18m | | 2012 | Alysha Burnett, Northern Dis |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Courtney Brackenrig | Mudgee | 36.85m |
| 2 | Madi Hannelly | Wellington | 22.63m |
| 3 | Genevieve Lewer | Springwood | 19.00m |
| 4 | Elysse Girot-Serplet | Forbes | 18.25m |
| 5 | Madison Douglass | Young & District | 17.75m |
| 6 | Laycee Covington | Bathurst | 14.34m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 17 - Javelin (500 Gram)**

| State: S 42.75m 2012 Katrina Blackett, Kurrajong | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Kaitlin Butcher | | Narromine | 37.32m |
| 2 Carly Winser | | Kurrajong Bilpin | 29.08m |
| 3 Shania Craig | | Cowra | 19.77m |
| 4 Vanessa Johnson | | Bathurst | 19.51m |
| 5 Laikan Brennan | | Peak Hill | 19.20m |
| 6 Leanne Clines | | Katoomba | 12.57m |
| -- Eloise Clayton | | Tullamore | ND |

Girls U 9 - 700 Metre Walk

| State: S 3:21.70 1999 Natasha Agius, Nepean | | | |
|---|-----|------------------|---------|
| Name | Age | Centre | Final |
| Section 1 | | | |
| 1 Catriona Haberman | | Springwood | 5:28.95 |
| 2 Natasha Watson | | Glenbrook | 5:32.70 |
| 3 Charlotte Brown | | Kurrajong Bilpin | 5:32.72 |
| 4 Prue Donnelly | | Nyngan | 6:26.88 |

Girls U 10 - 1100 Metre Walk

| State: S 5:21.20 2004 Kini Chapple, Nepean | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Ivory Radford | | Kurrajong Bilpin | 7:03.88 |
| 2 Julia Dickerson | | Dubbo | 7:10.07 |
| 3 Caitlin Shepherd | | Glenbrook | 7:46.22 |
| 4 Charlotte Bass | | Dubbo | 7:49.70 |
| 5 Taylor Milan | | Orange | 8:51.63 |

Girls U 11 - 1100 Metre Walk

| State: S 5:01.30 2005 Kini Chapple, Nepean | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Renee Hardy | | Kurrajong Bilpin | 5:54.56 |
| 2 Georgia Messina | | Kurrajong Bilpin | 6:46.25 |
| 3 Morgan Watts | | Lithgow | 7:16.26 |
| 4 Missy Elliott | | Glenbrook | 7:48.16 |
| 5 Cloe Robinson | | Lithgow | 8:04.13 |
| 6 Jadzia Nicholson | | Bathurst | 8:49.24 |
| 7 Sarah Williamson | | Dubbo | 9:35.16 |

Girls U 12 - 1500 Metre Walk

| State: S 6:38.70 1994 Renee McAskill, Nepean | | | |
|--|-----|-----------|----------|
| Name | Age | Centre | Final |
| 1 Rhiannon Dennis | | Orange | 10:23.66 |
| 2 Willow Waizer | | Glenbrook | 10:35.30 |
| 3 Natalie Banks | | Cowra | 12:01.06 |
| 4 Isabella Nardi | | Glenbrook | 12:01.17 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 13 - 1500 Metre Walk**

| State: S 6:35.30 2006 Shannon Jennings, Nepean | | | |
|--|-----|------------------|----------|
| Name | Age | Centre | Final |
| 1 Charlotte Nonnenmacher | | Orange | 9:16.74 |
| 2 Emily Brown | | Kurrajong Bilpin | 10:18.56 |
| 3 Tara Williamson | | Dubbo | 10:36.52 |
| 4 Amy Gall | | Springwood | 12:48.20 |
| 5 Lauren Perry | | Glenbrook | 12:59.72 |

Girls U 14 - 1500 Metre Walk

| State: S 6:15.40 1996 Renee McAskill, Nepean | | | |
|--|-----|------------------|----------|
| Name | Age | Centre | Final |
| 1 Katelin Ellyard | | Kurrajong Bilpin | 9:24.83 |
| 2 Emma Brodie | | Bathurst | 10:12.28 |
| 3 Bobbie Ralls | | Bathurst | 10:26.90 |

Girls U 15 - 1500 Metre Walk

| State: S 6:24.20 1997 Renee McAskill, Doonside | | | |
|--|-----|------------|----------|
| Name | Age | Centre | Final |
| 1 Sophia Dickerson | | Dubbo | 8:35.09 |
| 2 Mary Jones | | Springwood | 8:40.64 |
| 3 Simone Roberts | | Bathurst | 10:17.40 |

Girls U 17 - 1500 Metre Walk

| State: S 7:04.20 2011 Amy Bettiol, Manly Warringa | | | |
|---|-----|------------------|----------|
| Name | Age | Centre | Final |
| 1 Carly Winser | | Kurrajong Bilpin | 9:43.00 |
| 2 Georgina Dickerson | | Dubbo | 10:17.78 |
| 3 Vanessa Mitchell | | Young & District | 12:06.70 |

Boys U 8 - 70 Metre Sprint

| State: S 10.10 1978 Mark Lever, Hornsby | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Aiden Miller | | Kurrajong Bilpin | 11.72Q |
| 2 Toby Camilleri | | Kurrajong Bilpin | 12.06Q |
| 3 Angus Whatman | | Orange | 12.28Q |
| 4 Riley Dutton | | Springwood | 12.35q |
| 5 Dane Simpson | | Dubbo | 12.46q |
| 6 Matthew Banks | | Cowra | 12.57 |
| Heat 2 Heats | | | |
| 1 Cooper Blanch | | Kurrajong Bilpin | 11.79Q |
| 2 Toby Partridge | | Bathurst | 12.38Q |
| 3 Liam Henson | | Kurrajong Bilpin | 12.58Q |
| 4 William Zakis | | Katoomba | 12.62 |
| 5 Keegan Willis | | Orange | 12.71 |
| 6 George Wakem | | Blayney | 12.75 |
| 7 McKenzie Lawrence | | Coonamble | 13.28 |
| 8 Harry Irvine | | Narromine | 15.17 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 8 - 70 Metre Sprint**

| State: S 10.10 1978 Mark Lever, Hornsby | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Cooper Blanch | | Kurrajong Bilpin | 11.86 |
| 2 Aiden Miller | | Kurrajong Bilpin | 12.06 |
| 3 Toby Camilleri | | Kurrajong Bilpin | 12.43 |
| 4 Liam Henson | | Kurrajong Bilpin | 12.74 |
| 5 Toby Partridge | | Bathurst | 12.82 |
| 6 Angus Whatman | | Orange | 12.89 |
| 7 Riley Dutton | | Springwood | 12.93 |
| 8 Dane Simpson | | Dubbo | 13.76 |

Boys U 9 - 70 Metre Sprint

| State: S 9.70 2007 Benjamin Alessio, St George | | | |
|--|-----|------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Lachlan Riley | | Gilgandra | 11.31Q |
| 2 Jackson Goldie | | Orange | 11.62Q |
| 3 Patrick Bourke | | Springwood | 11.88Q |
| 4 Cooper Jeal | | Glenbrook | 11.97 |
| 5 Aaron Shields | | Katoomba | 12.08 |
| 6 Kobey Quigg | | Narromine | 12.17 |
| Heat 2 Heats | | | |
| 1 Stirling Farr | | Orange | 10.91Q |
| 2 Lachlan Thompson | | Lithgow | 11.06Q |
| 3 Tom Allport | | Glenbrook | 11.38Q |
| 4 Jock Litchfield | | Orange | 11.67q |
| 5 Daniel Belfanti | | Bathurst | 11.69q |
| 6 Bailey Barrett | | Orange | 11.94 |
| 7 Dominic Andrews | | Katoomba | 12.31 |
| 8 Will Dennis | | Narromine | 12.55 |

Boys U 9 - 70 Metre Sprint

| State: S 9.70 2007 Benjamin Alessio, St George | | | |
|--|-----|------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Stirling Farr | | Orange | 11.00 |
| 2 Lachlan Riley | | Gilgandra | 11.20 |
| 3 Lachlan Thompson | | Lithgow | 11.40 |
| 4 Jackson Goldie | | Orange | 11.44 |
| 5 Tom Allport | | Glenbrook | 11.66 |
| 6 Patrick Bourke | | Springwood | 11.93 |
| 7 Daniel Belfanti | | Bathurst | 12.03 |
| 8 Jock Litchfield | | Orange | 12.41 |

Boys U 10 - 70 Metre Sprint

| State: S 9.30 2000 Josh Mulligan, Gosford | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Kyle Henson | | Kurrajong Bilpin | 11.18Q |
| 2 Jack Besgrove | | Orange | 11.78Q |
| 3 Maxwell Murray | | Glenbrook | 12.06Q |
| 4 Alexander Xuereb | | Glenbrook | 12.13 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS

Results

....Boys U 10 - 70 Metre Sprint

| | | |
|--------------------|------------------|--------|
| 5 Mitchell Cox | Parkes | 14.97 |
| Heat 2 Heats | | |
| 1 Thomas Fletcher | Coonamble | 10.84Q |
| 2 Rhys Lacey | Young & District | 11.13Q |
| 3 Joel Miller | Kurrajong Bilpin | 11.39Q |
| 4 Isaac Poole | Orange | 11.53q |
| 5 Denzel Nicholson | Bathurst | 11.94q |
| 6 Clancy Wilson | Narromine | 12.12 |
| 7 Jack Hirst | Glenbrook | 12.81 |

Boys U 10 - 70 Metre Sprint

| | | | |
|-------------------|------|------------------|------------------------|
| ===== | | | |
| State: S | 9.30 | 2000 | Josh Mulligan, Gosford |
| Name | Age | Centre | Final |
| ===== | | | |
| Section 1 Final | | | |
| 1 Thomas Fletcher | | Coonamble | 10.85 |
| 2 Kyle Henson | | Kurrajong Bilpin | 11.10 |
| 3 Rhys Lacey | | Young & District | 11.26 |
| 4 Joel Miller | | Kurrajong Bilpin | 11.37 |
| 5 Isaac Poole | | Orange | 11.60 |
| 6 Maxwell Murray | | Glenbrook | 11.63 |
| 7 Jack Besgrove | | Orange | 11.78 |

Boys U 8 - 100 Metre Sprint

| | | | |
|---------------------|-------|------------------|--------------------------|
| ===== | | | |
| State: S | 14.00 | 1978 | Tim Harper, Weston Creek |
| Name | Age | Centre | Heats |
| ===== | | | |
| Heat 1 Heats | | | |
| 1 Toby Camilleri | | Kurrajong Bilpin | 17.21Q |
| 2 Toby Partridge | | Bathurst | 17.58Q |
| 3 Alfie Williamson | | Springwood | 17.76Q |
| 4 Liam Murphy | | Glenbrook | 17.87q |
| 5 Liam Henson | | Kurrajong Bilpin | 17.88q |
| 6 Dane Simpson | | Dubbo | 18.43 |
| 7 Dean Cartwright | | Cowra | 18.85 |
| Heat 2 Heats | | | |
| 1 Aiden Miller | | Kurrajong Bilpin | 16.65Q |
| 2 Angus Thompson | | Orange | 17.28Q |
| 3 Keegan Willis | | Orange | 18.31Q |
| 4 Matthew Banks | | Cowra | 18.65 |
| 5 Wyatt Loughlin | | Blayney | 19.03 |
| 6 Alexander Nowlan | | Grenfell | 19.09 |
| 7 McKenzie Lawrence | | Coonamble | 19.13 |
| 8 Kai Taylor | | Cobar | 19.31 |

Boys U 8 - 100 Metre Sprint

| | | | |
|--------------------|-------|------------------|--------------------------|
| ===== | | | |
| State: S | 14.00 | 1978 | Tim Harper, Weston Creek |
| Name | Age | Centre | Final |
| ===== | | | |
| Section 1 Final | | | |
| 1 Aiden Miller | | Kurrajong Bilpin | 17.08 |
| 2 Toby Camilleri | | Kurrajong Bilpin | 17.37 |
| 3 Angus Thompson | | Orange | 17.57 |
| 4 Alfie Williamson | | Springwood | 17.93 |
| 5 Toby Partridge | | Bathurst | 18.00 |
| 6 Liam Henson | | Kurrajong Bilpin | 18.25 |
| 7 Liam Murphy | | Glenbrook | 18.30 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 8 - 100 Metre Sprint**

| | | |
|-----------------|--------|-------|
| 8 Keegan Willis | Orange | 18.43 |
|-----------------|--------|-------|

Boys U 9 - 100 Metre Sprint

| | | | |
|--------|---------|--------|-------------------------------|
| ===== | | | |
| State: | S 13.40 | 1998 | Christopher Lawrence, Campbel |
| Name | Age | Centre | Heats |
| ===== | | | |

Heat 1 Heats

| | | |
|-------------------|------------|--------|
| 1 Stirling Farr | Orange | 15.80Q |
| 2 Izaak Golding | Orange | 16.21Q |
| 3 Patrick Bourke | Springwood | 16.47Q |
| 4 Braith Carroll | Dubbo | 16.56q |
| 5 Ben Lanyon | Katoomba | 17.62 |
| 6 Daniel Belfanti | Bathurst | 17.65 |
| 7 Cooper Jeal | Glenbrook | 17.67 |

Heat 2 Heats

| | | |
|--------------------|-----------|--------|
| 1 Lachlan Riley | Gilgandra | 15.96Q |
| 2 Lachlan Thompson | Lithgow | 16.22Q |
| 3 Brayden Smith | Dubbo | 16.71Q |
| 4 Tom Allport | Glenbrook | 17.03q |
| 5 Jock Litchfield | Orange | 17.40 |
| 6 Blair Keogh | Gilgandra | 17.43 |

Boys U 9 - 100 Metre Sprint

| | | | |
|--------|---------|--------|-------------------------------|
| ===== | | | |
| State: | S 13.40 | 1998 | Christopher Lawrence, Campbel |
| Name | Age | Centre | Final |
| ===== | | | |

Section 1 Final

| | | |
|--------------------|------------|-------|
| 1 Stirling Farr | Orange | 15.61 |
| 2 Lachlan Riley | Gilgandra | 15.78 |
| 3 Lachlan Thompson | Lithgow | 16.07 |
| 4 Izaak Golding | Orange | 16.28 |
| 5 Patrick Bourke | Springwood | 16.34 |
| 6 Braith Carroll | Dubbo | 16.69 |
| 7 Brayden Smith | Dubbo | 16.96 |
| 8 Tom Allport | Glenbrook | 17.32 |

Boys U 10 - 100 Metre Sprint

| | | | |
|--------|---------|--------|-------------------------------|
| ===== | | | |
| State: | S 12.70 | 1978 | Philip Provenzano, Randwick B |
| Name | Age | Centre | Heats |
| ===== | | | |

Heat 1 Heats

| | | |
|-----------------|------------------|--------|
| 1 Ethan Craig | Glenbrook | 15.63Q |
| 2 Toby Smith | Nyngan | 15.85Q |
| 3 Preston Smith | Coonamble | 16.09Q |
| 4 Jed O'Neill | Nyngan | 16.16q |
| 5 Kyle Henson | Kurrajong Bilpin | 16.49 |
| 6 Riley Elliot | Orange | 16.72 |

Heat 2 Heats

| | | |
|-------------------|------------------|--------|
| 1 Jake Toubia | Bathurst | 15.47Q |
| 2 Thomas Fletcher | Coonamble | 15.71Q |
| 3 Jose Sutherland | Orange | 15.96Q |
| 4 Joel Miller | Kurrajong Bilpin | 16.28q |
| 5 Marshal Ryan | Coonamble | 16.59 |
| 6 William Munro | Orange | 16.60 |
| 7 Cody Brian | Kurrajong Bilpin | 16.67 |
| 8 Tyeler Quigg | Narromine | 16.78 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 10 - 100 Metre Sprint**

| State: S 12.70 1978 Philip Provenzano, Randwick B | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Ethan Craig | | Glenbrook | 15.49 |
| 2 Jake Toubia | | Bathurst | 15.72 |
| 3 Thomas Fletcher | | Coonamble | 15.91 |
| 4 Toby Smith | | Nyngan | 15.94 |
| 5 Jose Sutherland | | Orange | 16.03 |
| 6 Preston Smith | | Coonamble | 16.41 |
| 7 Joel Miller | | Kurrajong Bilpin | 16.80 |
| 8 Jed O'Neill | | Nyngan | 17.01 |

Boys U 11 - 100 Metre Sprint

| State: S 12.40 1978 Robert Stanford, Nepean | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Jesse Ryan | | Orange | 14.10Q |
| 2 Jake McLenaghan | | Springwood | 14.30Q |
| 3 Ashton van Putten | | Glenbrook | 14.45Q |
| 4 Joshua Belfanti | | Bathurst | 15.06q |
| 5 Johnathon Gleeson | | Dubbo | 15.25 |
| 6 Charlie Dennis | | Narromine | 15.31 |
| 7 James Sutherland | | Orange | 15.33 |
| Heat 2 Heats | | | |
| 1 Billy Taranto | | Kurrajong Bilpin | 14.32Q |
| 2 Jack Cole | | Orange | 14.62Q |
| 3 Luke Thompson | | Lithgow | 14.89Q |
| 4 Luke Bonham | | Bathurst | 15.00q |
| 5 Ryan Simpson | | Dubbo | 15.44 |
| 6 Ollie Keegan | | Orange | 15.50 |
| 7 Ben Griffiths | | Cobar | 15.87 |
| 8 William Tanswell | | Parkes | 16.78 |

Boys U 11 - 100 Metre Sprint

| State: S 12.40 1978 Robert Stanford, Nepean | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Jake McLenaghan | | Springwood | 14.20 |
| 2 Ashton van Putten | | Glenbrook | 14.51 |
| 3 Jack Cole | | Orange | 14.80 |
| 4 Jesse Ryan | | Orange | 14.91 |
| 5 Billy Taranto | | Kurrajong Bilpin | 15.22 |
| 6 Joshua Belfanti | | Bathurst | 15.52 |
| 7 Luke Thompson | | Lithgow | 15.55 |
| 8 Luke Bonham | | Bathurst | 15.91 |

Boys U 12 - 100 Metre Sprint

| State: S 11.80 1999 Todd Shanahan, Macquarie Shor | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Lachlan Camilleri | | Kurrajong Bilpin | 14.61Q |
| 2 Callum Wulff | | Springwood | 14.89Q |
| 3 Cameron Constable | | Lithgow | 15.21Q |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 12 - 100 Metre Sprint**

| | | |
|-------------------|------------|--------|
| 4 Dylan Prosser | Forbes | 15.72 |
| 5 Jordan Dagg | Bathurst | 15.81 |
| Heat 2 Heats | | |
| 1 Justin Rhind | Orange | 14.23Q |
| 2 Jade Page | Forbes | 14.56Q |
| 3 Noah Ryan | Gilgandra | 14.82Q |
| 4 Liam Robinson | Glenbrook | 14.97q |
| 5 Jacob Christie | Cobar | 15.50q |
| 6 Cameron Jeffery | Springwood | 15.69 |

Boys U 12 - 100 Metre Sprint

| ===== | | | |
|---------------------|-----|------------------|-------------------------------|
| State: S 11.80 | | 1999 | Todd Shanahan, Macquarie Shor |
| Name | Age | Centre | Final |
| ===== | | | |
| Section 1 Final | | | |
| 1 Jade Page | | Forbes | 13.86 |
| 2 Justin Rhind | | Orange | 14.07 |
| 3 Lachlan Camilleri | | Kurrajong Bilpin | 14.28 |
| 4 Liam Robinson | | Glenbrook | 14.30 |
| 5 Noah Ryan | | Gilgandra | 14.44 |
| 6 Callum Wulff | | Springwood | 14.88 |
| 7 Cameron Constable | | Lithgow | 15.11 |
| 8 Jacob Christie | | Cobar | 15.53 |

Boys U 13 - 100 Metre Sprint

| ===== | | | |
|------------------------|-----|------------------|-------------------------------|
| State: S 11.60 | | 2003 | Srdjan Veselinovic, Liverpool |
| Name | Age | Centre | Heats |
| ===== | | | |
| Heat 1 Heats | | | |
| 1 Isaac Ebeling | | Glenbrook | 13.46Q |
| 2 Connor Barlow | | Orange | 13.52Q |
| 3 Kevin Thurston-Welsh | | Coonamble | 14.41Q |
| 4 Aiden Butcher | | Narromine | 15.31q |
| 5 Sam Green | | Narromine | 17.53 |
| Heat 2 Heats | | | |
| 1 Ethan Healey | | Kurrajong Bilpin | 14.15Q |
| 2 Cameron Simmons | | Narromine | 15.06Q |
| 3 Brayden Quigg | | Narromine | 15.57Q |
| 4 Jackson Douglass | | Young & District | 16.87q |

Boys U 13 - 100 Metre Sprint

| ===== | | | |
|------------------------|-----|------------------|-------------------------------|
| State: S 11.60 | | 2003 | Srdjan Veselinovic, Liverpool |
| Name | Age | Centre | Final |
| ===== | | | |
| Section 1 Final | | | |
| 1 Connor Barlow | | Orange | 13.62 |
| 2 Isaac Ebeling | | Glenbrook | 13.79 |
| 3 Ethan Healey | | Kurrajong Bilpin | 13.97 |
| 4 Kevin Thurston-Welsh | | Coonamble | 14.41 |
| 5 Cameron Simmons | | Narromine | 15.06 |
| 6 Brayden Quigg | | Narromine | 15.59 |
| 7 Jackson Douglass | | Young & District | 16.58 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 14 - 100 Metre Sprint**

| State: S 11.10 2008 Nicholas Hough, Hills Distric | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Jack Shuster | | Kurrajong Bilpin | 12.99Q |
| 2 Ben Dennis | | Orange | 13.77Q |
| 3 Luke van der Ster | | Springwood | 14.66Q |
| 4 Luke Rosewarn | | Orange | 14.91 |
| 5 Hamish Wye | | Nyngan | 16.44 |
| Heat 2 Heats | | | |
| 1 Liam McCann | | Glenbrook | 11.97Q |
| 2 Kyle Rosewarn | | Orange | 12.56Q |
| 3 Ned Bond | | Kurrajong Bilpin | 12.99Q |
| 4 Joshua Stufkens | | Springwood | 13.16q |
| 5 Brenton Jeffery | | Springwood | 13.35q |
| 6 Thomas Jackson | | Narromine | 13.50 |
| 7 Jake Cashman | | Tullamore | 14.02 |
| 8 Jye Powell | | Narromine | 18.43 |

Boys U 14 - 100 Metre Sprint

| State: S 11.10 2008 Nicholas Hough, Hills Distric | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Liam McCann | | Glenbrook | 12.14 |
| 2 Kyle Rosewarn | | Orange | 13.00 |
| 3 Jack Shuster | | Kurrajong Bilpin | 13.21 |
| 4 Brenton Jeffery | | Springwood | 13.41 |
| 5 Ned Bond | | Kurrajong Bilpin | 13.50 |
| 5 Joshua Stufkens | | Springwood | 13.50 |
| 7 Ben Dennis | | Orange | 13.90 |
| 8 Luke van der Ster | | Springwood | 15.85 |

Boys U 15 - 100 Metre Sprint

| State: S 10.60 2009 Nicholas Hough, Hills Distric | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Ethan Kennedy | | Orange | 12.07Q |
| 2 Josh Egerdie | | Glenbrook | 12.58Q |
| 3 Andrew Rorke | | Cobar | 13.16Q |
| 4 Jye Hardy | | Kurrajong Bilpin | 13.38 |
| 5 Harry McClifty | | Kurrajong Bilpin | 13.69 |
| 6 Danial Eiler-Carr | | Oberon | 14.94 |
| 7 Bailey Harpur | | Forbes | 15.06 |
| Heat 2 Heats | | | |
| 1 Blake Greaves | | Dubbo | 12.36Q |
| 2 Lewis Foran | | Dubbo | 12.72Q |
| 3 Mitchell Amor | | Parkes | 12.93Q |
| 4 Hayden Page | | Forbes | 13.00q |
| 5 Timothy Kniha | | Springwood | 13.34q |
| 6 Daniel Woods | | Parkes | 13.41 |
| 7 Jack Bond | | Kurrajong Bilpin | 14.22 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 15 - 100 Metre Sprint**

| State: S 10.60 2009 Nicholas Hough, Hills Distric | | | |
|---|-----|------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Ethan Kennedy | | Orange | 11.94 |
| 2 Blake Greaves | | Dubbo | 12.36 |
| 3 Josh Egerdie | | Glenbrook | 12.70 |
| 4 Lewis Foran | | Dubbo | 12.91 |
| 5 Hayden Page | | Forbes | 13.09 |
| 6 Mitchell Amor | | Parkes | 13.19 |
| 7 Timothy Kniha | | Springwood | 13.24 |
| 8 Andrew Rorke | | Cobar | 13.53 |

Boys U 17 - 100 Metre Sprint

| State: S 10.90 2010 Mitchell Byrne, Springwood | | | |
|--|-----|------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Dylan Gunn | | Forbes | 11.78Q |
| 2 Liam McArthur | | Bathurst | 12.20Q |
| 3 Connor McDonald | | Dubbo | 12.52Q |
| 4 Luke Jones | | Springwood | 13.41q |
| 5 Adam Gray | | Dubbo | 13.53 |
| 6 Ricky Eggins | | Orange | 14.16 |
| Heat 2 Heats | | | |
| 1 Brad Simmons | | Narromine | 12.22Q |
| 2 Corey Furminger | | Wellington | 12.42Q |
| 3 Bradley Ford | | Lithgow | 12.67Q |
| 4 Brandon Merrick | | Dubbo | 13.28q |
| 5 James Colless | | Springwood | 13.84 |
| 6 Samuel Balog | | Katoomba | 14.22 |

Boys U 17 - 100 Metre Sprint

| State: S 10.90 2010 Mitchell Byrne, Springwood | | | |
|--|-----|------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Dylan Gunn | | Forbes | 11.73 |
| 2 Brad Simmons | | Narromine | 12.15 |
| 3 Liam McArthur | | Bathurst | 12.37 |
| 4 Corey Furminger | | Wellington | 12.41 |
| 5 Bradley Ford | | Lithgow | 12.60 |
| 6 Connor McDonald | | Dubbo | 12.68 |
| 7 Brandon Merrick | | Dubbo | 13.58 |

Boys U 8 - 200 Metre Sprint

| State: S 30.50 1987 Greg Pill, Illawong | | | |
|---|-----|------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Angus Thompson | | Orange | 36.19Q |
| 2 Angus Clues | | Lithgow | 36.35Q |
| 3 Angus Whatman | | Orange | 36.88Q |
| 4 Matthew Banks | | Cowra | 38.02q |
| 5 Scott McLenaghan | | Springwood | 38.88 |
| 6 Dane Simpson | | Dubbo | 39.44 |
| 7 Elliot Bangert | | Orange | 40.28 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS

Results

....Boys U 8 - 200 Metre Sprint

Heat 2 Heats

| | | | |
|---|----------------|------------------|--------|
| 1 | Aiden Miller | Kurrajong Bilpin | 35.89Q |
| 2 | Toby Camilleri | Kurrajong Bilpin | 37.73Q |
| 3 | Liam Murphy | Glenbrook | 38.34Q |
| 4 | Logan Whiteley | Orange | 38.39q |
| 5 | William Zakis | Katoomba | 38.77 |
| 6 | Keegan Willis | Orange | 39.97 |
| 7 | Kai Taylor | Cobar | 41.43 |

Boys U 8 - 200 Metre Sprint

=====
 State: S 30.50 1987 Greg Pill, Illawong
 Name Age Centre Final
 =====

Section 1 Final

| | | | |
|----|----------------|------------------|-------|
| 1 | Aiden Miller | Kurrajong Bilpin | 35.01 |
| 2 | Toby Camilleri | Kurrajong Bilpin | 35.65 |
| 3 | Angus Clues | Lithgow | 37.00 |
| 4 | Liam Murphy | Glenbrook | 37.11 |
| 5 | Angus Whatman | Orange | 37.92 |
| 6 | Matthew Banks | Cowra | 40.00 |
| 7 | Logan Whiteley | Orange | 43.13 |
| -- | Angus Thompson | Orange | DQ |

Boys U 9 - 200 Metre Sprint

=====
 State: S 28.20 1975 Glen Murgatroyd, Campbelltown
 Name Age Centre Heats
 =====

Heat 1 Heats

| | | | |
|---|------------------|------------------|--------|
| 1 | Braith Carroll | Dubbo | 33.64Q |
| 2 | Max Lucas | Katoomba | 34.96Q |
| 3 | Brayden Smith | Dubbo | 35.10Q |
| 4 | Jackson Goldie | Orange | 36.04q |
| 5 | Bayden Willis | Orange | 36.45 |
| 6 | Vincent Applebee | Springwood | 36.95 |
| 7 | Jack Liggett | Kurrajong Bilpin | 37.25 |

Heat 2 Heats

| | | | |
|----|-------------------|------------------|--------|
| 1 | Mackenzie Hall | Kurrajong Bilpin | 35.29Q |
| 2 | Archie Dowling | Young & District | 35.45Q |
| 3 | Cooper Jeal | Glenbrook | 35.95Q |
| 4 | Aaron Shields | Katoomba | 36.04q |
| 5 | Jaxon Greenaway | Grenfell | 38.29 |
| 6 | Saxon Bell | Narromine | 40.06 |
| 7 | Dylan Bedingfield | Dubbo | 40.18 |
| -- | Patrick Bourke | Springwood | DQ |

Boys U 9 - 200 Metre Sprint

=====
 State: S 28.20 1975 Glen Murgatroyd, Campbelltown
 Name Age Centre Final
 =====

Section 1 Final

| | | | |
|---|----------------|------------------|-------|
| 1 | Mackenzie Hall | Kurrajong Bilpin | 34.90 |
| 2 | Braith Carroll | Dubbo | 35.48 |
| 3 | Max Lucas | Katoomba | 35.84 |
| 4 | Archie Dowling | Young & District | 35.99 |
| 5 | Jackson Goldie | Orange | 36.26 |
| 6 | Cooper Jeal | Glenbrook | 36.29 |
| 7 | Brayden Smith | Dubbo | 38.11 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 9 - 200 Metre Sprint**

| | | |
|-----------------|----------|-------|
| 8 Aaron Shields | Katoomba | 38.15 |
|-----------------|----------|-------|

Boys U 10 - 200 Metre Sprint

| | | |
|----------------|------------|--------------------------|
| ===== | | |
| State: S 26.70 | 1978 | Chris Newman, Queanbeyan |
| Name | Age Centre | Heats |
| ===== | | |

Heat 1 Heats

| | | |
|-------------------|------------------|--------|
| 1 Ethan Craig | Glenbrook | 31.52Q |
| 2 Jake Toubia | Bathurst | 31.89Q |
| 3 Blake Goldspink | Lithgow | 32.90Q |
| 4 Tyeler Quigg | Narromine | 34.48q |
| 5 Reilly Leyland | Glenbrook | 35.39q |
| 6 Ryley Morley | Cobar | 35.88 |
| -- Rhys Lacey | Young & District | DQ |

Heat 2 Heats

| | | |
|-------------------|------------------|--------|
| 1 Thomas Lynch | Bathurst | 30.84Q |
| 2 Cameron Ferrier | Kurrajong Bilpin | 32.90Q |
| 3 Thomas Fletcher | Coonamble | 34.51Q |
| 4 Jack Besgrove | Orange | 36.53 |
| 5 Henry Wakem | Blayney | 37.68 |
| 6 Clancy Wilson | Narromine | 38.29 |

Boys U 10 - 200 Metre Sprint

| | | |
|----------------|------------|--------------------------|
| ===== | | |
| State: S 26.70 | 1978 | Chris Newman, Queanbeyan |
| Name | Age Centre | Final |
| ===== | | |

Section 1 Final

| | | |
|-------------------|------------------|-------|
| 1 Thomas Lynch | Bathurst | 30.56 |
| 2 Ethan Craig | Glenbrook | 31.27 |
| 3 Thomas Fletcher | Coonamble | 32.00 |
| 4 Jake Toubia | Bathurst | 32.05 |
| 5 Cameron Ferrier | Kurrajong Bilpin | 32.44 |
| 6 Blake Goldspink | Lithgow | 34.50 |
| 7 Tyeler Quigg | Narromine | 35.65 |
| 8 Reilly Leyland | Glenbrook | 35.74 |

Boys U 11 - 200 Metre Sprint

| | | |
|----------------|------------|-------------------------|
| ===== | | |
| State: S 25.60 | 1978 | Robert Stanford, Nepean |
| Name | Age Centre | Heats |
| ===== | | |

Heat 1 Heats

| | | |
|---------------------|------------|--------|
| 1 Jake McLenaghan | Springwood | 30.51Q |
| 2 William Hutchison | Lithgow | 31.83Q |
| 3 Jack Wakem | Blayney | 32.15Q |
| 4 James Sutherland | Orange | 32.43 |
| 5 Charlie Dennis | Narromine | 32.57 |
| 6 James Mann | Dubbo | 33.17 |
| 7 Ben Griffiths | Cobar | 33.87 |

Heat 2 Heats

| | | |
|-----------------------|------------------|--------|
| 1 Luke Bonham | Bathurst | 30.46Q |
| 2 Ashton van Putten | Glenbrook | 30.73Q |
| 3 Billy Taranto | Kurrajong Bilpin | 31.01Q |
| 4 Jack Cole | Orange | 31.63q |
| 5 Ryan Simpson | Dubbo | 31.79q |
| 6 Ethan Funnell | Cowra | 33.02 |
| 7 Charlie Trimmingham | Katoomba | 33.05 |
| 8 James Orme | Springwood | 34.57 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 11 - 200 Metre Sprint**

| State: S 25.60 1978 Robert Stanford, Nepean | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Jake McLenaghan | | Springwood | 30.26 |
| 2 Luke Bonham | | Bathurst | 31.25 |
| 3 Jack Cole | | Orange | 31.31 |
| 4 William Hutchison | | Lithgow | 31.78 |
| 5 Ryan Simpson | | Dubbo | 32.47 |
| 6 Jack Wakem | | Blayney | 32.87 |
| -- Ashton van Putten | | Glenbrook | DQ |
| -- Billy Taranto | | Kurrajong Bilpin | DQ |

Boys U 12 - 200 Metre Sprint

| State: S 25.00 1999 Todd Shanahan, Macquarie Shor | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Jack Lynch | | Bathurst | 29.92Q |
| 2 Luke Howard | | Bathurst | 31.46Q |
| 3 Cameron Constable | | Lithgow | 31.61Q |
| 4 Jordan Dagg | | Bathurst | 32.65 |
| 5 Jacob Ellis | | Walgett | 35.69 |
| Heat 2 Heats | | | |
| 1 Jade Page | | Forbes | 30.06Q |
| 2 Caleb Fairweather | | Kurrajong Bilpin | 30.39Q |
| 3 Lachlan Camilleri | | Kurrajong Bilpin | 30.58Q |
| 4 Cameron Jeffery | | Springwood | 31.49q |
| 5 Jeramiah Chandler | | Dubbo | 31.77q |

Boys U 12 - 200 Metre Sprint

| State: S 25.00 1999 Todd Shanahan, Macquarie Shor | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Jade Page | | Forbes | 29.14 |
| 2 Lachlan Camilleri | | Kurrajong Bilpin | 29.39 |
| 3 Jack Lynch | | Bathurst | 29.58 |
| 4 Caleb Fairweather | | Kurrajong Bilpin | 30.90 |
| 5 Cameron Constable | | Lithgow | 32.06 |
| 6 Cameron Jeffery | | Springwood | 32.39 |
| 7 Jeramiah Chandler | | Dubbo | 33.19 |

Boys U 13 - 200 Metre Sprint

| State: S 23.10 2007 Nicholas Hough, Hills Distric | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 | | | |
| 1 Isaac Ebeling | | Glenbrook | 27.64 |
| 2 Connor Barlow | | Orange | 28.48 |
| 3 Dylan Miles | | Lithgow | 29.11 |
| 4 Ethan Healey | | Kurrajong Bilpin | 29.18 |
| 5 Keighran Brown | | Lithgow | 29.78 |
| 6 Lochlan Brian | | Kurrajong Bilpin | 30.78 |
| 7 Nicholas Masling | | Orange | 30.97 |
| 8 Brayden Quigg | | Narromine | 31.74 |
| 9 Samuel Bass | | Dubbo | 32.06 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS

Results

Boys U 14 - 200 Metre Sprint

| State: S 22.40 2006 Luke Hamer, St George | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Liam McCann | | Glenbrook | 24.78 |
| 2 Jack Shuster | | Kurrajong Bilpin | 26.51 |
| 3 Ned Bond | | Kurrajong Bilpin | 26.99 |
| 4 Thomas Jackson | | Narromine | 27.83 |
| 5 Jackson Burton | | Forbes | 27.94 |
| 6 Ben Dennis | | Orange | 28.04 |
| 7 Luke Rosewarn | | Orange | 28.65 |
| 8 Luke van der Ster | | Springwood | 30.23 |

Boys U 15 - 200 Metre Sprint

| State: S 21.50 2009 Nicholas Hough, Hills Distric | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Blake Greaves | | Dubbo | 26.15Q |
| 2 Josh Egerdie | | Glenbrook | 26.60Q |
| 3 Luke Zaurrini | | Kurrajong Bilpin | 27.24Q |
| 4 Hayden Page | | Forbes | 27.27q |
| 5 Daniel Woods | | Parkes | 28.37q |
| 6 Danial Eiler-Carr | | Oberon | 30.97 |

| | | | |
|------------------|--|------------------|--------|
| Heat 2 Heats | | | |
| 1 Ethan Kennedy | | Orange | 25.12Q |
| 2 Lewis Foran | | Dubbo | 26.21Q |
| 3 Mitchell Amor | | Parkes | 26.59Q |
| 4 Harry McClifty | | Kurrajong Bilpin | 28.71 |
| 5 Bailey Harpur | | Forbes | 31.54 |
| 6 Jack Bond | | Kurrajong Bilpin | 34.82 |

Boys U 15 - 200 Metre Sprint

| State: S 21.50 2009 Nicholas Hough, Hills Distric | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Ethan Kennedy | | Orange | 25.15 |
| 2 Blake Greaves | | Dubbo | 26.11 |
| 3 Josh Egerdie | | Glenbrook | 26.41 |
| 4 Lewis Foran | | Dubbo | 26.81 |
| 5 Mitchell Amor | | Parkes | 27.00 |
| 6 Luke Zaurrini | | Kurrajong Bilpin | 27.02 |
| 7 Hayden Page | | Forbes | 29.34 |
| 8 Daniel Woods | | Parkes | 29.44 |

Boys U 17 - 200 Metre Sprint

| State: S 22.00 2013 Anas Abu Gamaba, Blacktown | | | |
|--|-----|-----------|-------|
| Name | Age | Centre | Final |
| Section 1 | | | |
| 1 Dylan Gunn | | Forbes | 24.60 |
| 2 Brad Simmons | | Narromine | 25.28 |
| 3 Connor McDonald | | Dubbo | 25.57 |
| 4 Bradley Ford | | Lithgow | 25.67 |
| 5 Adam Gray | | Dubbo | 27.84 |
| 6 Samuel Balog | | Katoomba | 30.05 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 8 - 400 Metre Sprint**

| State: S 1:07.80 1975 David Misson, Randwick Bota | | | |
|---|-----|------------------|----------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Cooper Blanch | | Kurrajong Bilpin | 1:18.84Q |
| 2 Angus Clues | | Lithgow | 1:22.40Q |
| 3 Riley Dutton | | Springwood | 1:26.12Q |
| 4 Keegan Willis | | Orange | 1:32.78q |
| 5 Connor Secker | | Katoomba | 1:38.69 |
| 6 Kai Taylor | | Cobar | 1:40.35 |
| Heat 2 Heats | | | |
| 1 Angus Whatman | | Orange | 1:19.91Q |
| 2 Toby Partridge | | Bathurst | 1:20.09Q |
| 3 Matthew Banks | | Cowra | 1:26.97Q |
| 4 Ronnie Morgans | | Springwood | 1:28.63q |
| 5 Bailey Beale | | Cowra | 1:34.59 |
| 6 Kyan Van Der Straaten | | Cobar | 1:40.75 |
| 7 Alexander Williams | | Glenbrook | 1:42.01 |

Boys U 8 - 400 Metre Sprint

| State: S 1:07.80 1975 David Misson, Randwick Bota | | | |
|---|-----|------------------|---------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Cooper Blanch | | Kurrajong Bilpin | 1:17.31 |
| 2 Angus Whatman | | Orange | 1:19.08 |
| 3 Angus Clues | | Lithgow | 1:20.18 |
| 4 Toby Partridge | | Bathurst | 1:20.66 |
| 5 Riley Dutton | | Springwood | 1:26.63 |
| 6 Ronnie Morgans | | Springwood | 1:29.75 |

Boys U 9 - 400 Metre Sprint

| State: S 1:03.90 1975 Glen Murgatroyd, Campbellto | | | |
|---|-----|------------------|----------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Archie Dowling | | Young & District | 1:16.87Q |
| 2 Taniora Heke | | Springwood | 1:21.24Q |
| 3 Max Lucas | | Katoomba | 1:22.80Q |
| 4 Rory Lomax | | Mudgee | 1:24.50q |
| 5 Jack Liggett | | Kurrajong Bilpin | 1:25.88 |
| 6 Bayden Willis | | Orange | 1:26.10 |
| 7 Louis Russell | | Dubbo | 1:28.30 |
| 8 Ryan Urquhart | | Cobar | 1:29.19 |
| Heat 2 Heats | | | |
| 1 Ben Lanyon | | Katoomba | 1:21.59Q |
| 2 Toby Dance | | Springwood | 1:21.93Q |
| 3 Mackenzie Hall | | Kurrajong Bilpin | 1:22.38Q |
| 4 Michael Coady | | Canowindra | 1:23.78q |
| 5 Trevor Clines | | Katoomba | 1:27.44 |
| 6 Kobey Quigg | | Narromine | 1:34.00 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 9 - 400 Metre Sprint**

| State: S 1:03.90 1975 Glen Murgatroyd, Campbellto | | | |
|---|-----|------------------|---------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Archie Dowling | | Young & District | 1:15.85 |
| 2 Mackenzie Hall | | Kurrajong Bilpin | 1:17.62 |
| 3 Max Lucas | | Katoomba | 1:18.61 |
| 4 Ben Lanyon | | Katoomba | 1:18.79 |
| 5 Taniora Heke | | Springwood | 1:23.66 |
| 6 Toby Dance | | Springwood | 1:23.75 |
| 7 Michael Coady | | Canowindra | 1:24.62 |
| 8 Rory Lomax | | Mudgee | 1:31.92 |

Boys U 10 - 400 Metre Sprint

| State: S 1:01.20 2003 Alex Pettigrew, Parramatta | | | |
|--|-----|------------------|----------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Frederik Bangert | | Orange | 1:16.52Q |
| 2 Cameron Ferrier | | Kurrajong Bilpin | 1:20.05Q |
| 3 Tyeler Quigg | | Narromine | 1:21.07Q |
| 4 Ethan Comerford | | Bathurst | 1:21.22q |
| 5 Korey Wilson | | Dubbo | 1:34.84 |
| 6 Matthew Stoneley | | Lithgow | 1:48.00 |
| Heat 2 Heats | | | |
| 1 Luke Boyes | | Springwood | 1:16.20Q |
| 2 Jed O'Neill | | Nyngan | 1:19.84Q |
| 3 Zane Taylor | | Cobar | 1:23.46Q |
| 4 Luke Banks | | Cowra | 1:24.10q |
| 5 Thomas Ellis | | Walgett | 1:37.40 |

Boys U 10 - 400 Metre Sprint

| State: S 1:01.20 2003 Alex Pettigrew, Parramatta | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Cameron Ferrier | | Kurrajong Bilpin | 1:12.20 |
| 2 Luke Boyes | | Springwood | 1:12.57 |
| 3 Frederik Bangert | | Orange | 1:12.77 |
| 4 Ethan Comerford | | Bathurst | 1:20.16 |
| 5 Jed O'Neill | | Nyngan | 1:20.37 |
| 6 Tyeler Quigg | | Narromine | 1:22.50 |
| 7 Luke Banks | | Cowra | 1:23.58 |
| 8 Zane Taylor | | Cobar | 1:25.12 |

Boys U 11 - 400 Metre Sprint

| State: S 57.50 1979 Chris Newman, Queanbeyan | | | |
|--|-----|------------------|----------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Riley Howarth | | Kurrajong Bilpin | 1:06.56Q |
| 2 Jackson Willis | | Orange | 1:12.22Q |
| 3 Luke Bonham | | Bathurst | 1:13.59Q |
| 4 Ethan Funnell | | Cowra | 1:14.18q |
| 5 Joshua Bliss | | Springwood | 1:17.69 |
| 6 Jacob Clarke | | Dubbo | 1:21.33 |
| 7 Connor Clarke | | Dubbo | 1:25.97 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS

Results

....Boys U 11 - 400 Metre Sprint

Heat 2 Heats

| | | | |
|---|---------------------|------------------|----------|
| 1 | Johnathon Gleeson | Dubbo | 1:10.56Q |
| 2 | Jack Pengilly | Orange | 1:12.48Q |
| 3 | Michael James | Kurrajong Bilpin | 1:12.95Q |
| 4 | William Lanyon | Katoomba | 1:14.13q |
| 5 | Charlie Trimmingham | Katoomba | 1:18.85 |
| 6 | James Piggott | Springwood | 1:19.22 |
| 7 | James Mann | Dubbo | 1:26.21 |
| 8 | Riley Whatman | Orange | 1:29.00 |

Boys U 11 - 400 Metre Sprint

| | | | |
|-------|----------------|--------|--------------------------|
| ===== | | | |
| | State: S 57.50 | 1979 | Chris Newman, Queanbeyan |
| Name | Age | Centre | Final |
| ===== | | | |

Section 1 Final

| | | | |
|---|-------------------|------------------|---------|
| 1 | Riley Howarth | Kurrajong Bilpin | 1:04.22 |
| 2 | Michael James | Kurrajong Bilpin | 1:08.33 |
| 3 | Jackson Willis | Orange | 1:10.56 |
| 4 | Johnathon Gleeson | Dubbo | 1:11.94 |
| 5 | Jack Pengilly | Orange | 1:12.88 |
| 6 | Ethan Funnell | Cowra | 1:15.03 |
| 7 | William Lanyon | Katoomba | 1:15.86 |
| 8 | Luke Bonham | Bathurst | 1:20.81 |

Boys U 12 - 400 Metre Sprint

| | | | |
|-------|----------------|--------|-----------------------|
| ===== | | | |
| | State: S 56.80 | 2004 | Luke Hamer, St George |
| Name | Age | Centre | Heats |
| ===== | | | |

Heat 1 Heats

| | | | |
|---|-------------------|------------------|----------|
| 1 | Lachlan Camilleri | Kurrajong Bilpin | 1:15.70Q |
| 2 | Phillip Morgans | Springwood | 1:17.12Q |
| 3 | Indy Cairns | Springwood | 1:18.88Q |
| 4 | Kyle Wilson | Dubbo | 1:30.65 |
| 5 | Dylan Prosser | Forbes | 1:46.04 |

Heat 2 Heats

| | | | |
|---|---------------|-----------|----------|
| 1 | Luke Howard | Bathurst | 1:11.16Q |
| 2 | Jordan Bruce | Orange | 1:13.46Q |
| 3 | Noah Ryan | Gilgandra | 1:14.23Q |
| 4 | Kaleb Kearney | Dubbo | 1:18.32q |
| 5 | Jock Ellis | Walgett | 1:21.34q |

Boys U 12 - 400 Metre Sprint

| | | | |
|-------|----------------|--------|-----------------------|
| ===== | | | |
| | State: S 56.80 | 2004 | Luke Hamer, St George |
| Name | Age | Centre | Final |
| ===== | | | |

Section 1 Final

| | | | |
|---|-------------------|------------------|---------|
| 1 | Lachlan Camilleri | Kurrajong Bilpin | 1:08.85 |
| 2 | Luke Howard | Bathurst | 1:11.60 |
| 3 | Jordan Bruce | Orange | 1:13.27 |
| 4 | Phillip Morgans | Springwood | 1:15.12 |
| 5 | Noah Ryan | Gilgandra | 1:17.38 |
| 6 | Kaleb Kearney | Dubbo | 1:18.68 |
| 7 | Indy Cairns | Springwood | 1:21.15 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 13 - 400 Metre Sprint**

| State: S 53.80 1984 Darrin Dennis, Trangie | | | |
|--|-----|------------|---------|
| Name | Age | Centre | Final |
| Section 1 | | | |
| 1 Isaac Ebeling | | Glenbrook | 1:01.76 |
| 2 Connor Barlow | | Orange | 1:02.34 |
| 3 Dylan Miles | | Lithgow | 1:02.63 |
| 4 Zachary Kembrey | | Springwood | 1:10.38 |
| 5 Brayden Quigg | | Narromine | 1:16.69 |

Boys U 14 - 400 Metre Sprint

| State: S 51.50 1990 Shaun Hedley, Wyong | | | |
|---|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Jack Shuster | | Kurrajong Bilpin | 1:00.94 |
| 2 Ben Dennis | | Orange | 1:02.62 |
| 3 Jackson Burton | | Forbes | 1:03.90 |
| 4 Joshua Stufkens | | Springwood | 1:05.47 |
| 5 Ryan Fee | | Narromine | 1:07.88 |
| 6 Jett Cairns | | Springwood | 1:08.50 |
| 7 Lane Edgecumbe | | Narromine | 1:16.43 |

Boys U 15 - 400 Metre Sprint

| State: S 49.50 1997 David Geddes, Manly Warringah | | | |
|---|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Blake Greaves | | Dubbo | 56.75 |
| 2 Luke Zaurrini | | Kurrajong Bilpin | 58.10 |
| 3 Lewis Foran | | Dubbo | 1:00.20 |
| 4 Jonathan Blunden | | Kurrajong Bilpin | 1:00.91 |
| 5 Jack Bond | | Kurrajong Bilpin | 1:04.35 |
| 6 Mitchell Amor | | Parkes | 1:05.00 |
| 7 Danial Eiler-Carr | | Oberon | 1:09.50 |
| 8 Bailey Harpur | | Forbes | 1:11.32 |
| 9 Troy Harding | | Narromine | 1:12.42 |

Boys U 17 - 400 Metre Sprint

| State: S 50.50 2010 Craig Cameron, Gosford | | | |
|--|-----|-----------|-------|
| Name | Age | Centre | Final |
| 1 Connor McDonald | | Dubbo | 55.11 |
| 2 Josh Nardi | | Glenbrook | 55.65 |
| 3 Bradley Ford | | Lithgow | 57.30 |

Boys U 9 - 800 Metre Run

| State: S 2:25.70 2002 Alex Pettigrew, Hornsby | | | |
|---|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Toby Dance | | Springwood | 3:04.86 |
| 2 Ky Hurst | | Orange | 3:05.79 |
| 3 Taniora Heke | | Springwood | 3:05.98 |
| 4 Max Lucas | | Katoomba | 3:09.93 |
| 5 Aaron Shields | | Katoomba | 3:10.05 |
| 6 Jaxon Greenaway | | Grenfell | 3:12.00 |
| 7 Jack Liggett | | Kurrajong Bilpin | 3:15.59 |
| 8 Bayden Willis | | Orange | 3:17.00 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 9 - 800 Metre Run**

| | | | |
|----|-------------------|-----------|---------|
| 9 | Harrison Wells | Lithgow | 3:17.05 |
| 10 | Rory Lomax | Mudgee | 3:17.56 |
| 11 | Ryan Urquhart | Cobar | 3:18.24 |
| 12 | Dylan Bedingfield | Dubbo | 3:27.81 |
| 13 | Louis Russell | Dubbo | 3:30.19 |
| 14 | Brayden Smith | Dubbo | 3:33.64 |
| 15 | Alexander Hegarty | Coonamble | 3:39.24 |

Boys U 10 - 800 Metre Run

| State: S 2:21.60 | | 1979 | Paul Kelly, Greystanes |
|------------------|------------------|------------------|------------------------|
| Name | Age | Centre | Final |
| 1 | Cameron Ferrier | Kurrajong Bilpin | 2:44.88 |
| 2 | Luke Boyes | Springwood | 2:45.45 |
| 3 | Ethan Comerford | Bathurst | 2:54.24 |
| 4 | Frederik Bangert | Orange | 2:58.50 |
| 5 | Marshal Ryan | Coonamble | 3:10.88 |
| 6 | Luke Banks | Cowra | 3:12.71 |
| 7 | Blake Goldspink | Lithgow | 3:12.75 |
| 8 | Zane Taylor | Cobar | 3:15.14 |
| 9 | James Ferguson | Gilgandra | 3:20.99 |
| 10 | Tom Kiss | Wellington | 3:21.95 |
| 11 | Kade Inwood | Lithgow | 3:23.68 |
| 12 | Dylan Bruce | Orange | 3:26.83 |
| 13 | Matthew Stoneley | Lithgow | 3:41.49 |
| 14 | Jarrod Davidson | Kurrajong Bilpin | 3:52.26 |

Boys U 11 - 800 Metre Run

| State: S 2:18.20 | | 1981 | Steve Refenes, Ryde |
|------------------|----------------|------------------|---------------------|
| Name | Age | Centre | Final |
| 1 | Riley Howarth | Kurrajong Bilpin | 2:32.86 |
| 2 | Michael James | Kurrajong Bilpin | 2:41.15 |
| 3 | Jackson Willis | Orange | 2:42.35 |
| 4 | Joshua Bliss | Springwood | 2:47.72 |
| 5 | Daniel Kelly | Katoomba | 2:52.84 |
| 6 | Finlay McAuley | Glenbrook | 2:54.50 |
| 7 | Patrick Gibson | Dubbo | 2:54.90 |
| 8 | Ethan Funnell | Cowra | 2:55.97 |
| 9 | Jacob Clarke | Dubbo | 2:57.50 |
| 10 | Tom Gill | Narromine | 2:59.81 |
| 11 | Connor Clarke | Dubbo | 3:01.27 |
| 12 | James Piggott | Springwood | 3:01.50 |
| 13 | Mitchell Kelly | Katoomba | 3:09.75 |

Boys U 12 - 800 Metre Run

| State: S 2:13.20 | | 2005 | James Connor, Campbelltown |
|------------------|-----------------|------------|----------------------------|
| Name | Age | Centre | Final |
| 1 | Fred Fletcher | Coonamble | 2:43.13 |
| 2 | Phillip Morgans | Springwood | 2:43.40 |
| 3 | Jack Reen | Bathurst | 2:44.20 |
| 4 | Thomas Dale | Blayney | 2:47.93 |
| 5 | Indy Cairns | Springwood | 2:53.00 |
| 6 | Luke Zoglmeier | Glenbrook | 2:56.48 |
| 7 | Jock Ellis | Walgett | 2:58.44 |
| 8 | Jacob Ellis | Walgett | 2:59.82 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 12 - 800 Metre Run**

| | | | |
|----|------------------|--------|---------|
| 9 | Lachlan Donnelly | Nyngan | 3:09.46 |
| 10 | Hamish Donnelly | Nyngan | 3:25.50 |

Boys U 13 - 800 Metre Run

| ===== | | | |
|-------|------------------|------------------|-----------------------------|
| | State: S 2:06.10 | 1985 | Robert Wunder, Northern Sub |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Dylan Miles | Lithgow | 2:41.70 |
| 2 | Ike Ward | Kurrajong Bilpin | 2:50.05 |
| 3 | Jarrah Dance | Springwood | 2:57.01 |

Boys U 14 - 800 Metre Run

| ===== | | | |
|-------|------------------|------------------|--------------------------|
| | State: S 2:03.10 | 1997 | Mathew Simmons, Bathurst |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Gabe Radford | Kurrajong Bilpin | 2:29.41 |
| 2 | Jett Cairns | Springwood | 2:30.31 |
| 3 | Ryan Fee | Narromine | 2:52.30 |
| 4 | Harry Wrightson | Glenbrook | 2:58.21 |
| 5 | Lane Edgecumbe | Narromine | 3:01.53 |
| 6 | Hamish Wye | Nyngan | 3:25.59 |

Boys U 15 - 800 Metre Run

| ===== | | | |
|-------|-------------------|------------------|----------------------------|
| | State: S 1:57.20 | 2008 | James Connor, Campbelltown |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Timothy Kniha | Springwood | 2:20.26 |
| 2 | Connor Whiteley | Orange | 2:21.86 |
| 3 | Luke Zaurrini | Kurrajong Bilpin | 2:23.44 |
| 4 | Benjamin Jagger | Glenbrook | 2:32.56 |
| 5 | Danial Eiler-Carr | Oberon | 2:52.82 |
| 6 | Bailey Harpur | Forbes | 2:59.40 |

Boys U 17 - 800 Metre Run

| ===== | | | |
|-------|------------------|------------|------------------------|
| | State: S 1:58.90 | 2010 | Craig Cameron, Gosford |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Josh Nardi | Glenbrook | 2:10.56 |
| 2 | Zac Grima | Springwood | 2:17.11 |
| 3 | Adam Gray | Dubbo | 2:21.65 |
| 4 | Connor McDonald | Dubbo | 2:24.23 |
| 5 | Ethan Slatford | Springwood | 2:26.89 |

Boys U 10 - 1500 Metre Run

| ===== | | | |
|-------|------------------|------------------|----------------------------|
| | State: S 4:44.10 | 1983 | Richard McCarthy, Randwick |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Luke Boyes | Springwood | 5:38.63 |
| 2 | Cameron Ferrier | Kurrajong Bilpin | 5:43.24 |
| 3 | Ethan Comerford | Bathurst | 5:54.65 |
| 4 | Frederik Bangert | Orange | 6:04.85 |
| 5 | Blake Goldspink | Lithgow | 6:15.25 |
| 6 | Jed Freeman | Glenbrook | 6:21.72 |
| 7 | James Ferguson | Gilgandra | 6:22.15 |
| 8 | Luke Banks | Cowra | 6:24.41 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 10 - 1500 Metre Run**

| | | | |
|----|------------------|------------|---------|
| 9 | Zane Taylor | Cobar | 6:32.88 |
| 10 | Tom Kiss | Wellington | 6:35.50 |
| 11 | Reilly Leyland | Glenbrook | 7:11.16 |
| 12 | Matthew Stoneley | Lithgow | 7:27.78 |
| 13 | Tommy Peake | Katoomba | 7:39.14 |
| 14 | Alec Smith | Dubbo | 8:26.49 |

Boys U 11 - 1500 Metre Run

| State: S 4:36.90 1984 Richard McCarthy, Randwick | | | |
|--|--------------------|------------------|---------|
| Name | Age | Centre | Final |
| 1 | Michael James | Kurrajong Bilpin | 5:32.92 |
| 2 | Daniel Kelly | Katoomba | 5:34.06 |
| 3 | William Lanyon | Katoomba | 5:36.58 |
| 4 | Jackson Willis | Orange | 5:49.32 |
| 5 | Joshua Bliss | Springwood | 5:55.91 |
| 6 | Ethan Funnell | Cowra | 6:00.00 |
| 7 | Patrick Gibson | Dubbo | 6:10.93 |
| 8 | Jacob Clarke | Dubbo | 6:11.09 |
| 9 | Mitchell Kelly | Katoomba | 6:20.87 |
| 10 | Connor Clarke | Dubbo | 6:26.45 |
| 11 | Noah Girot-Serplet | Forbes | 6:37.17 |
| 12 | Max Ryan | Oberon | 6:39.02 |
| -- | William Tanswell | Parkes | DNF |

Boys U 12 - 1500 Metre Run

| State: S 4:27.20 1983 Peter Stellino, Hills Distr | | | |
|---|------------------|------------------|---------|
| Name | Age | Centre | Final |
| 1 | Fred Fletcher | Coonamble | 5:35.49 |
| 2 | Phillip Morgans | Springwood | 5:38.36 |
| 3 | Jack Reen | Bathurst | 5:40.06 |
| 4 | Thomas Dale | Blayney | 5:45.75 |
| 5 | Luke Zoglmeyer | Glenbrook | 5:52.41 |
| 6 | Indy Cairns | Springwood | 5:55.45 |
| 7 | Lachlan Strahan | Glenbrook | 6:07.03 |
| 8 | Hamish Donnelly | Nyngan | 6:09.85 |
| 9 | Jacob Ellis | Walgett | 6:18.00 |
| 10 | Jock Ellis | Walgett | 6:19.31 |
| 11 | Jordan Bruce | Orange | 6:20.28 |
| 12 | Kaleb Kearney | Dubbo | 6:26.01 |
| 13 | Elias Smithers | Young & District | 6:36.15 |
| 14 | Lachlan Donnelly | Nyngan | 6:45.94 |

Boys U 13 - 1500 Metre Run

| State: S 4:21.30 2006 James Connor, Campbelltown | | | |
|--|------------------|------------|---------|
| Name | Age | Centre | Final |
| 1 | Callum Ward | Forbes | 5:20.89 |
| 2 | Andrew Dickerson | Dubbo | 6:03.07 |
| 3 | Jarraah Dance | Springwood | 6:08.89 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 14 - 1500 Metre Run**

| State: S 4:12.10 2007 James Connor, Campbelltown | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Gabe Radford | | Kurrajong Bilpin | 5:15.68 |
| 2 Jett Cairns | | Springwood | 5:16.22 |
| 3 Jack Daintith | | Orange | 5:37.44 |
| 4 Lachlan Mitchell | | Young & District | 6:00.10 |
| 5 Ryan Fee | | Narromine | 6:06.63 |
| 6 Lane Edgecumbe | | Narromine | 6:07.95 |
| 7 Harry Wrightson | | Glenbrook | 6:10.27 |

Boys U 15 - 1500 Metre Run

| State: S 4:03.70 2008 James Connor, Campbelltown | | | |
|--|-----|------------|---------|
| Name | Age | Centre | Final |
| 1 Connor Whiteley | | Orange | 4:58.25 |
| 2 Benjamin Jagger | | Glenbrook | 5:01.11 |
| 3 Timothy Kniha | | Springwood | 5:03.20 |
| 4 Reuben Bondareff | | Parkes | 6:36.88 |

Boys U 17 - 1500 Metre Run

| State: S 4:17.70 2010 Craig Cameron, Gosford | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Hayden Sly | | Kurrajong Bilpin | 4:33.89 |
| 2 Zac Grima | | Springwood | 4:38.37 |
| 3 Brandon Connolly | | Orange | 4:40.12 |
| 4 Josh Nardi | | Glenbrook | 4:52.45 |
| 5 Adam Gray | | Dubbo | 5:01.28 |
| 6 Braydon Chatfield | | Gilgandra | 5:42.24 |

Boys U 13 - 3000 Metre Run

| State: S 9:39.60 2004 Cameron Page, Gosford | | | |
|---|-----|---------|----------|
| Name | Age | Centre | Final |
| 1 Callum Ward | | Forbes | 11:39.60 |
| 2 Dylan Miles | | Lithgow | 12:00.71 |
| 3 Andrew Dickerson | | Dubbo | 13:27.01 |

Boys U 14 - 3000 Metre Run

| State: S 9:16.60 2007 Valentine Borg, Mt Druitt | | | |
|---|-----|------------------|----------|
| Name | Age | Centre | Final |
| 1 Gabe Radford | | Kurrajong Bilpin | 11:36.28 |
| 2 Jack Daintith | | Orange | 12:20.00 |
| 3 Lachlan Mitchell | | Young & District | 14:15.13 |

Boys U 15 - 3000 Metre Run

| State: S 8:50.60 2006 Cameron Page, Gosford | | | |
|---|-----|-----------|----------|
| Name | Age | Centre | Final |
| 1 Connor Whiteley | | Orange | 10:53.55 |
| 2 Benjamin Jagger | | Glenbrook | 11:44.26 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 17 - 3000 Metre Run**

| State: S 9:22.90 2013 Daniel Keene, Emu Plains | | | |
|--|-----|------------------|----------|
| Name | Age | Centre | Final |
| 1 Hayden Sly | | Kurrajong Bilpin | 10:13.30 |
| 2 Brandon Connolly | | Orange | 10:23.91 |
| 3 Zac Grima | | Springwood | 11:17.78 |
| 4 Danyon Dowton | | Glenbrook | 13:04.07 |

Boys U 8 - 60 Metre Hurdles (45 cm)

| State: S 10.40 2000 Keliti Vaingalo, Randwick Bot | | | |
|---|-----|------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Scott McLenaghan | | Springwood | 13.03Q |
| 2 Wyatt Loughlin | | Blayney | 13.23Q |
| 3 Ditch Tilling | | Coonamble | 13.28Q |
| 4 Dean Cartwright | | Cowra | 13.43q |
| 5 Logan Whiteley | | Orange | 13.61q |
| 6 Ras Darwin | | Glenbrook | 14.41 |
| Heat 2 Heats | | | |
| 1 Alfie Williamson | | Springwood | 12.84Q |
| 2 Liam Murphy | | Glenbrook | 13.34Q |
| 3 Connor Secker | | Katoomba | 14.01Q |
| 4 Alexander Williams | | Glenbrook | 14.47 |
| 4 Harry Irvine | | Narromine | 14.47 |
| 6 Diranjah Powell | | Narromine | 14.65 |

Boys U 8 - 60 Metre Hurdles (45 cm)

| State: S 10.40 2000 Keliti Vaingalo, Randwick Bot | | | |
|---|-----|------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Alfie Williamson | | Springwood | 12.25 |
| 2 Scott McLenaghan | | Springwood | 12.35 |
| 3 Liam Murphy | | Glenbrook | 12.55 |
| 4 Wyatt Loughlin | | Blayney | 13.00 |
| 5 Logan Whiteley | | Orange | 13.22 |
| 6 Ditch Tilling | | Coonamble | 13.31 |
| 7 Dean Cartwright | | Cowra | 13.60 |
| 8 Connor Secker | | Katoomba | 13.77 |

Boys U 9 - 60 Metre Hurdles (45 cm)

| State: S 9.30 2009 Rory Barkley, Northern Suburb | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Frederick Peters | | Kurrajong Bilpin | 11.36Q |
| 2 Blair Keogh | | Gilgandra | 11.69Q |
| 3 Daniel Belfanti | | Bathurst | 11.95Q |
| 4 Vincent Applebee | | Springwood | 12.09q |
| 5 Saxon Bell | | Narromine | 12.12q |
| 6 Kobey Quigg | | Narromine | 12.16 |
| 7 Harry Watson | | Springwood | 12.47 |
| Heat 2 Heats | | | |
| 1 Stirling Farr | | Orange | 10.67Q |
| 2 Mateo Lieu | | Springwood | 11.95Q |
| 3 Toby Dance | | Springwood | 12.11Q |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 9 - 60 Metre Hurdles (45 cm)**

| | | |
|-------------------|----------|-------|
| 4 Ben Lanyon | Katoomba | 12.30 |
| 5 William Black | Nyngan | 12.45 |
| 6 Ryan Urquhart | Cobar | 12.65 |
| 7 Dominic Andrews | Katoomba | 12.75 |

Boys U 9 - 60 Metre Hurdles (45 cm)

| | | | |
|----------|------|--------|-------------------------------|
| ===== | | | |
| State: S | 9.30 | 2009 | Rory Barkley, Northern Suburb |
| Name | Age | Centre | Final |
| ===== | | | |

Section 1 Final

| | | |
|--------------------|------------------|-------|
| 1 Stirling Farr | Orange | 10.69 |
| 2 Frederick Peters | Kurrajong Bilpin | 11.28 |
| 3 Daniel Belfanti | Bathurst | 11.51 |
| 4 Blair Keogh | Gilgandra | 11.91 |
| 5 Vincent Applebee | Springwood | 12.37 |
| 6 Mateo Lieu | Springwood | 12.50 |
| 7 Toby Dance | Springwood | 12.54 |
| 8 Saxon Bell | Narromine | 12.59 |

Boys U 10 - 60 Metre Hurdles (60 cm)

| | | | |
|----------|------|--------|-------------------------------|
| ===== | | | |
| State: S | 9.50 | 2002 | Sean Potter, Macquarie Shores |
| Name | Age | Centre | Heats |
| ===== | | | |

Heat 1 Heats

| | | |
|--------------------|------------------|--------|
| 1 Ethan Craig | Glenbrook | 11.11Q |
| 2 Cody Brian | Kurrajong Bilpin | 11.72Q |
| 3 Frederik Bangert | Orange | 12.12Q |
| 4 Marshal Ryan | Coonamble | 12.31q |
| 5 Kyle Henson | Kurrajong Bilpin | 12.72q |
| 6 Jed O'Neill | Nyngan | 13.47 |
| 7 Isaac Poole | Orange | 13.72 |

Heat 2 Heats

| | | |
|--------------------|------------|--------|
| 1 Thomas Fletcher | Coonamble | 11.66Q |
| 2 Toby Smith | Nyngan | 11.86Q |
| 3 Bradley Rhind | Orange | 13.24Q |
| 4 Kade Inwood | Lithgow | 13.57 |
| 5 Riley Elliot | Orange | 13.82 |
| 6 Lachlan Nicholls | Glenbrook | 14.26 |
| 7 Brandon Peary | Springwood | 14.45 |

Boys U 10 - 60 Metre Hurdles (60 cm)

| | | | |
|----------|------|--------|-------------------------------|
| ===== | | | |
| State: S | 9.50 | 2002 | Sean Potter, Macquarie Shores |
| Name | Age | Centre | Final |
| ===== | | | |

Section 1 Final

| | | |
|--------------------|------------------|-------|
| 1 Ethan Craig | Glenbrook | 11.27 |
| 2 Cody Brian | Kurrajong Bilpin | 11.42 |
| 3 Thomas Fletcher | Coonamble | 11.58 |
| 4 Toby Smith | Nyngan | 11.78 |
| 5 Kyle Henson | Kurrajong Bilpin | 12.47 |
| 6 Marshal Ryan | Coonamble | 12.71 |
| 7 Bradley Rhind | Orange | 12.85 |
| 8 Frederik Bangert | Orange | 13.90 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 11 - 60 Metre Hurdles (60 cm)**

| State: S 9.00 2000 William Mataka, Revesby Worke | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Dominic Della Bosca | | Lithgow | 11.55Q |
| 2 Ashton van Putten | | Glenbrook | 11.80Q |
| 3 Jack Pengilly | | Orange | 12.08Q |
| 4 William Magner-Pollard | | Dubbo | 12.09q |
| 5 Thomas Masonwells | | Narromine | 12.12 |
| 6 William Tanswell | | Parkes | 12.66 |
| Heat 2 Heats | | | |
| 1 Luke Thompson | | Lithgow | 11.28Q |
| 2 James Sutherland | | Orange | 11.45Q |
| 2 Ben Griffiths | | Cobar | 11.45Q |
| 4 Luke Brian | | Kurrajong Bilpin | 11.68q |
| 5 William Lanyon | | Katoomba | 11.72q |
| 6 Blake Harding | | Narromine | 12.22 |
| 7 Joshua Belfanti | | Bathurst | 12.92 |
| 8 James Piggott | | Springwood | 13.06 |

Boys U 11 - 60 Metre Hurdles (60 cm)

| State: S 9.00 2000 William Mataka, Revesby Worke | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Luke Thompson | | Lithgow | 10.78 |
| 2 Ben Griffiths | | Cobar | 11.09 |
| 3 James Sutherland | | Orange | 11.25 |
| 4 Dominic Della Bosca | | Lithgow | 11.37 |
| 5 Luke Brian | | Kurrajong Bilpin | 11.66 |
| 6 William Magner-Pollard | | Dubbo | 11.91 |
| 7 Ashton van Putten | | Glenbrook | 11.94 |
| 8 Jack Pengilly | | Orange | 12.00 |
| 9 William Lanyon | | Katoomba | 12.20 |

Boys U 12 - 60 Metre Hurdles (68 cm)

| State: S 8.90 2005 Kane Thompson, Manly Warringa | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Kaleb Kearney | | Dubbo | 11.17Q |
| 2 Noah Ryan | | Gilgandra | 12.32Q |
| 3 Jeramiah Chandler | | Dubbo | 12.62Q |
| 4 Andrew Millan | | Orange | 12.72 |
| 5 Grady De La Harpe | | Springwood | 13.15 |
| Heat 2 Heats | | | |
| 1 Caleb Fairweather | | Kurrajong Bilpin | 10.11Q |
| 2 Kyle Wilson | | Dubbo | 11.83Q |
| 3 Jacob Christie | | Cobar | 12.14Q |
| 4 Clary Annis-Brown | | Orange | 12.31q |
| 5 Lachlan Strahan | | Glenbrook | 12.45q |
| 6 Dylan Prosser | | Forbes | 12.65 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 12 - 60 Metre Hurdles (68 cm)**

| State: S 8.90 2005 Kane Thompson, Manly Warringa | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Caleb Fairweather | | Kurrajong Bilpin | 10.11 |
| 2 Kaleb Kearney | | Dubbo | 10.90 |
| 3 Jacob Christie | | Cobar | 11.54 |
| 4 Noah Ryan | | Gilgandra | 11.78 |
| 5 Clary Annis-Brown | | Orange | 12.03 |
| 6 Kyle Wilson | | Dubbo | 12.13 |
| 7 Jeramiah Chandler | | Dubbo | 12.68 |

Boys U 13 - 80 Metre Hurdles (76 cm)

| State: S 11.80 2000 Ross Roberts, Gosford | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 | | | |
| 1 Tully Murphy | | Kurrajong Bilpin | 13.92 |
| 2 Lochlan Brian | | Kurrajong Bilpin | 14.39 |
| 3 Keighran Brown | | Lithgow | 15.06 |
| 4 Connor Barlow | | Orange | 15.16 |
| 5 Cameron Simmons | | Narromine | 16.07 |
| 6 Nathan Bliss | | Springwood | 18.93 |

Boys U 14 - 90 Metre Hurdles (76 cm)

| State: S 11.80 2008 Nicholas Hough, Hills Distric | | | |
|---|-----|------------|-------|
| Name | Age | Centre | Final |
| 1 Brenton Jeffery | | Springwood | 15.12 |
| 2 Ben Dennis | | Orange | 16.62 |
| 3 Dylan Malouf | | Glenbrook | 16.82 |
| 4 Jake Cashman | | Tullamore | 17.54 |
| 5 Jye Powell | | Narromine | 22.39 |

Boys U 15 - 100 Metre Hurdles (76 cm)

| State: S 12.40 2009 Nicholas Hough, Hills Distric | | | |
|---|-----|-----------|-------|
| Name | Age | Centre | Final |
| 1 Hayden Page | | Forbes | 17.36 |
| 2 Lewis Foran | | Dubbo | 17.66 |
| 3 Mitchell Amor | | Parkes | 17.91 |
| 4 Troy Harding | | Narromine | 18.23 |
| 5 Andrew Rorke | | Cobar | 20.23 |

Boys U 17 - 110 Metre Hurdles (76 cm)

| State: S 14.00 2009 Michael Loudon, Kurrajong Bil | | | |
|---|-----|----------|-------|
| Name | Age | Centre | Final |
| 1 Liam McArthur | | Bathurst | 16.64 |
| 2 Brandon Merrick | | Dubbo | 17.87 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 13 - 200 Metre Hurdles (68 cm)**

| State: S 26.00 2006 Kane Thompson, Manly Warringa | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Connor Barlow | | Orange | 31.39 |
| 2 Ethan Healey | | Kurrajong Bilpin | 35.06 |

Boys U 14 - 200 Metre Hurdles (76 cm)

| State: S 24.40 2008 Nicholas Hough, Hills Distric | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Jack Shuster | | Kurrajong Bilpin | 29.82 |
| 2 Ben Dennis | | Orange | 30.79 |
| 3 Joshua Stufkens | | Springwood | 31.66 |
| 4 Jake Cashman | | Tullamore | 32.66 |
| 5 Jye Powell | | Narromine | 41.78 |

Boys U 15 - 200 Metre Hurdles (76 cm)

| State: S 24.10 2008 Cameron Hyde, Campbelltown | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Jonathan Blunden | | Kurrajong Bilpin | 30.49 |
| 2 Timothy Kniha | | Springwood | 30.85 |
| 3 Ethan Kennedy | | Orange | 31.29 |
| 4 Troy Harding | | Narromine | 32.96 |
| 5 Benjamin Jagger | | Glenbrook | 36.56 |

Boys U 17 - 200 Metre Hurdles (76 cm)

| State: S 24.70 2010 Justin Tarabine, Parramatta | | | |
|---|-----|------------|-------|
| Name | Age | Centre | Final |
| 1 Liam McArthur | | Bathurst | 27.94 |
| 2 Tijmen Hopman | | Glenbrook | 28.38 |
| 3 Zac Grima | | Springwood | 32.85 |

Boys U 8 - 700 Metre Pack Start

| Name | Age | Centre | Final |
|------------------|-----|------------------|---------|
| 1 Cooper Blanch | | Kurrajong Bilpin | 2:31.52 |
| 2 Angus Whatman | | Orange | 2:33.68 |
| 3 Angus Clues | | Lithgow | 2:34.86 |
| 4 Riley Dutton | | Springwood | 2:35.07 |
| 5 William Zakis | | Katoomba | 2:40.19 |
| 6 Elliot Bangert | | Orange | 2:40.29 |
| 7 Logan Whiteley | | Orange | 2:45.22 |
| 8 Liam Murphy | | Glenbrook | 2:46.09 |
| 9 Ronnie Morgans | | Springwood | 2:47.36 |
| 10 Xavier Bland | | Orange | 2:55.02 |

Boys U 9-12 4x100 Metre Relay (Jnr)

| State: S 53.60 1996 Bankstown Sports | | | |
|--------------------------------------|-----|---------------------|-------|
| Centre | Age | Centre | Final |
| 1 Orange | | | 59.02 |
| 1) Stirling Farr | 9 | 2) Frederik Bangert | 10 |
| 3) Jack Cole | 11 | 4) Justin Rhind | 12 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS

Results

....Boys U 9-12 4x100 Metre Relay (Jnr)

| | |
|-------------------------|-------------------------|
| 2 Kurrajong Bilpin | 59.24 |
| 1) Mackenzie Hall 9 | 2) Billy Taranto 11 |
| 3) Cameron Ferrier 10 | 4) Caleb Fairweather 12 |
| 3 Lithgow | 1:02.46 |
| 1) Lachlan Thompson 9 | 2) Blake Goldspink 10 |
| 3) Luke Thompson 11 | 4) Cameron Constable 12 |
| 4 Bathurst and District | 1:02.67 |
| 1) Jake Toubia 10 | 2) Joshua Belfanti 11 |
| 3) Daniel Belfanti 9 | 4) Luke Howard 12 |
| 5 Cobar | 1:06.74 |
| 1) Jacob Christie 12 | 2) Ben Griffiths 11 |
| 3) Zane Taylor 10 | 4) Ryan Urquhart 9 |

Boys U 13-17 4x100 Metre Relay (Snr)

| | | | |
|-----------------------|----------------------|-----------------|-------|
| State: S 46.10 2009 | | Manly Warringah | Final |
| Centre | | | |
| ===== | | | |
| 1 Glenbrook | 49.24 | | |
| 1) Isaac Ebeling 13 | 2) Liam McCann 14 | | |
| 3) Josh Egerdie 15 | 4) Josh Nardi 17 | | |
| 2 Orange | 49.65 | | |
| 1) Connor Barlow 13 | 2) Kyle Rosewarn 14 | | |
| 3) Ethan Kennedy 15 | 4) Ryan Griffin 17 | | |
| 3 Narromine | 53.44 | | |
| 1) Cameron Simmons 13 | 2) Thomas Jackson 14 | | |
| 3) Troy Harding 15 | 4) Brad Simmons 17 | | |

Boys U 9 - High Jump (S/H 0.90m)

| | | | |
|---------------------|-----|-----------------------------|-------|
| State: S 1.40m 2009 | | Harrison Brierley, Illawong | Final |
| Name | Age | Centre | Final |
| ===== | | | |
| Flight 1 | | | |
| 1 Lachlan Thompson | | Lithgow | 1.13m |
| 2 Daniel Belfanti | | Bathurst | 1.11m |
| 3 Mackenzie Hall | | Kurrajong Bilpin | 1.05m |
| 4 Lachlan Riley | | Gilgandra | 1.00m |
| 4 Bailey Barrett | | Orange | 1.00m |
| 6 Blair Keogh | | Gilgandra | 1.00m |
| 7 Saxon Bell | | Narromine | 1.00m |
| 8 Nate Mallett | | Springwood | 0.95m |
| 9 Bradley Laverty | | Orange | 0.95m |
| 10 Taniora Heke | | Springwood | 0.90m |
| 10 Trae Smith | | Nyngan | 0.90m |
| 10 Dominic Smyth | | Canowindra | 0.90m |
| -- Bayden Willis | | Orange | NH |

Boys U 10 - High Jump (S/H 1.00m)

| | | | |
|---------------------|-----|-----------------------|-------|
| State: S 1.51m 2004 | | Jake Stein, Warradale | Final |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Preston Smith | | Coonamble | 1.21m |
| 2 Ryley Morley | | Cobar | 1.16m |
| 2 Cody Brian | | Kurrajong Bilpin | 1.16m |
| 2 Jarrod Davidson | | Kurrajong Bilpin | 1.16m |
| 5 Rhys Lacey | | Young & District | 1.05m |
| -- Jack Hirst | | Glenbrook | NH |
| -- Korey Wilson | | Dubbo | NH |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 11 - High Jump (S/H 1.10m)**

| State: S 1.63m 1996 | | John Thornell, Green Valley | |
|---------------------|--------------------|-----------------------------|-------|
| Name | Age | Centre | Final |
| 1 | Spencer Blanch | Kurrajong Bilpin | 1.29m |
| 1 | Jack Cole | Orange | 1.29m |
| 3 | William Hutchison | Lithgow | 1.27m |
| 4 | William Eather | Wellington | 1.25m |
| 4 | Blake Harding | Narromine | 1.25m |
| 6 | Mitchell Carlow | Gilgandra | 1.20m |
| 6 | Luke Thompson | Lithgow | 1.20m |
| 8 | Finlay McAuley | Glenbrook | 1.15m |
| 8 | Michael James | Kurrajong Bilpin | 1.15m |
| 8 | Jackson Willis | Orange | 1.15m |
| 11 | Thomas Masonwells | Narromine | 1.10m |
| -- | Noah Girot-Serplet | Forbes | NH |

Boys U 12 - High Jump (S/H 1.20m)

| State: S 1.72m 2009 | | Thibaut Potin, Illawong | |
|---------------------|-------------------|-------------------------|-------|
| Name | Age | Centre | Final |
| 1 | Dylan Forster | Glenbrook | 1.35m |
| 2 | Luke Howard | Bathurst | 1.30m |
| 3 | Kyle Wilson | Dubbo | 1.25m |
| 4 | Fred Fletcher | Coonamble | 1.25m |
| 5 | Neihana Riley | Mudgee | 1.20m |
| 5 | Grady De La Harpe | Springwood | 1.20m |
| 5 | Tom Wrightson | Glenbrook | 1.20m |
| 8 | Jordan Bruce | Orange | 1.20m |
| -- | Thomas Dale | Blayney | NH |
| -- | Jordan Dagg | Bathurst | NH |
| -- | Jacob Ellis | Walgett | NH |

Boys U 13 - High Jump (S/H 1.25m)

| State: S 1.81m 2010 | | Thibaut Potin, Illawong | |
|---------------------|------------------|-------------------------|-------|
| Name | Age | Centre | Final |
| 1 | Isaac Ebeling | Glenbrook | 1.45m |
| 2 | Lochlan Brian | Kurrajong Bilpin | 1.43m |
| 3 | Keighran Brown | Lithgow | 1.37m |
| 4 | Dally Barham | Kurrajong Bilpin | 1.30m |
| 5 | Zachary Kembrey | Springwood | 1.25m |
| 5 | Samuel Bass | Dubbo | 1.25m |
| 5 | Jackson Douglass | Young & District | 1.25m |

Boys U 14 - High Jump (S/H 1.30m)

| State: S 1.95m 1994 | | Justin Hathway, Tamworth | |
|---------------------|-------------------|--------------------------|-------|
| Name | Age | Centre | Final |
| 1 | Ned Bond | Kurrajong Bilpin | 1.60m |
| 2 | John Terry | Cowra | 1.58m |
| 3 | Dylan Malouf | Glenbrook | 1.46m |
| 3 | Kieran O'Rourke | Springwood | 1.46m |
| 5 | Thomas Jackson | Narromine | 1.35m |
| 6 | Luke van der Ster | Springwood | 1.30m |
| 6 | Jye Powell | Narromine | 1.30m |
| -- | Isaac Vujevic | Springwood | NH |
| -- | Lachlan Mitchell | Young & District | NH |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 15 - High Jump (S/H 1.30m)**

| State: S 2.06m 2000 James Watson, Manly Warringah | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Hayden Perry | | Glenbrook | 1.70m |
| 2 Jye Hardy | | Kurrajong Bilpin | 1.65m |
| 3 Jack Bond | | Kurrajong Bilpin | 1.58m |
| 4 Mitchell Drew-Rugg | | Glenbrook | 1.55m |
| 5 Benjamin Jagger | | Glenbrook | 1.50m |
| 6 Hayden Page | | Forbes | 1.30m |
| -- Isaac Toppo | | Katoomba | NH |
| -- Reuben Bondareff | | Parkes | NH |

Boys U 17 - High Jump (S/H 1.35m)

| State: S 2.10m 2010 Brandon Starc, Parramatta | | | |
|---|-----|------------|-------|
| Name | Age | Centre | Final |
| 1 Ethan Slatford | | Springwood | 1.67m |
| 2 Tijmen Hopman | | Glenbrook | 1.59m |
| 3 James Colless | | Springwood | 1.56m |
| 4 Corey Furminger | | Wellington | 1.50m |
| 5 Ricky Eggins | | Orange | 1.45m |

Boys U 8 - Long Jump

| State: S 4.24m 1987 Steven Grant, Port Hacking | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Angus Clues | | Lithgow | 3.47m |
| 2 Cooper Blanch | | Kurrajong Bilpin | 3.40m |
| 3 Bailey Kennedy | | Canowindra | 3.33m |
| 4 Aiden Miller | | Kurrajong Bilpin | 3.30m |
| 5 Angus Thompson | | Orange | 3.16m |
| 6 Alfie Williamson | | Springwood | 3.12m |
| 7 Riley Dutton | | Springwood | 3.08m |
| 8 Logan Whiteley | | Orange | 2.93m |
| 9 Alexander Nowlan | | Grenfell | 2.69m |
| 10 Elliot Bangert | | Orange | 2.67m |
| 11 Kai Taylor | | Cobar | 2.66m |
| 12 Thomas Pell | | Orange | 2.63m |
| 13 Dane Simpson | | Dubbo | 2.54m |
| 14 Ditch Tilling | | Coonamble | 2.53m |
| 15 McKenzie Lawrence | | Coonamble | 2.47m |

Boys U 9 - Long Jump

| State: S 4.71m 1991 Grant Buchanan, Illawong | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Lachlan Thompson | | Lithgow | 3.89m |
| 2 Stirling Farr | | Orange | 3.59m |
| 3 Lachlan Riley | | Gilgandra | 3.57m |
| 4 Mackenzie Hall | | Kurrajong Bilpin | 3.53m |
| 5 Patrick Bourke | | Springwood | 3.31m |
| 6 Jock Litchfield | | Orange | 3.18m |
| 7 Dominic Smyth | | Canowindra | 3.15m |
| 8 Braith Carroll | | Dubbo | 3.13m |
| 9 Brayden Smith | | Dubbo | 3.12m |
| 10 Vincent Applebee | | Springwood | 3.05m |
| 11 Toby Dance | | Springwood | 3.04m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 9 - Long Jump**

| | | |
|---------------------|-----------|-------|
| 12 Tom Allport | Glenbrook | 3.02m |
| 12 McKenzie Cameron | Coonamble | 3.02m |
| 14 Ky Hurst | Orange | 2.80m |
| 14 Saxon Bell | Narromine | 2.80m |

Boys U 10 - Long Jump

| State: S 5.17m 1980 | | Martin Moore, Bathurst | |
|---------------------|------------------|------------------------|--|
| Name | Age Centre | Final | |
| 1 Jake Toubia | Bathurst | 4.04m | |
| 2 Toby Smith | Nyngan | 4.03m | |
| 3 Ethan Craig | Glenbrook | 3.96m | |
| 4 Luke Boyes | Springwood | 3.93m | |
| 5 Preston Smith | Coonamble | 3.84m | |
| 6 Jose Sutherland | Orange | 3.76m | |
| 7 Joel Miller | Kurrajong Bilpin | 3.69m | |
| 8 Kyle Henson | Kurrajong Bilpin | 3.61m | |
| 9 Cody Brian | Kurrajong Bilpin | 3.54m | |
| 10 Jed Freeman | Glenbrook | 3.35m | |
| 11 Marshal Ryan | Coonamble | 3.26m | |
| 12 Reilly Leyland | Glenbrook | 3.20m | |
| 13 Jed O'Neill | Nyngan | 3.14m | |
| 14 Riley Elliot | Orange | 3.04m | |

Boys U 11 - Long Jump

| State: S 5.34m 1987 | | Craig Woodroff, Manly Warring | |
|-----------------------|------------------|-------------------------------|--|
| Name | Age Centre | Final | |
| 1 Jack Cole | Orange | 4.47m | |
| 2 Luke Thompson | Lithgow | 4.44m | |
| 3 Jake McLenaghan | Springwood | 4.43m | |
| 4 William Hutchison | Lithgow | 4.18m | |
| 5 Dominic Della Bosca | Lithgow | 4.15m | |
| 6 Jack Wakem | Blayney | 4.14m | |
| 7 Billy Taranto | Kurrajong Bilpin | 4.10m | |
| 8 Mitchell Carlow | Gilgandra | 4.05m | |
| 9 Finlay McAuley | Glenbrook | 3.90m | |
| 10 Jack Pengilly | Orange | 3.89m | |
| 10 Joshua Belfanti | Bathurst | 3.89m | |
| 12 Spencer Blanch | Kurrajong Bilpin | 3.83m | |
| 13 Johnathon Gleeson | Dubbo | 3.67m | |
| 14 Patrick Gibson | Dubbo | 3.63m | |
| 15 William Eather | Wellington | 3.55m | |

Boys U 12 - Long Jump

| State: S 5.86m 1996 | | Michael Doggett, Lithgow | |
|---------------------|------------------|--------------------------|--|
| Name | Age Centre | Final | |
| 1 Noah Ryan | Gilgandra | 4.32m | |
| 2 Caleb Fairweather | Kurrajong Bilpin | 4.31m | |
| 3 Jade Page | Forbes | 4.29m | |
| 4 Neihana Riley | Mudgee | 4.16m | |
| 5 Lachlan Donnelly | Nyngan | 4.10m | |
| 6 Cameron Jeffery | Springwood | 3.94m | |
| 7 Jeramiah Chandler | Dubbo | 3.93m | |
| 8 Jordan Dagg | Bathurst | 3.83m | |
| 9 Cooper Selinger | Springwood | 3.79m | |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 12 - Long Jump**

| | | | |
|----|---------------|------------|-------|
| 10 | Callum Wulff | Springwood | 3.74m |
| 11 | Josh Tanswell | Parkes | 3.39m |

Boys U 13 - Long Jump

| State: S 6.11m 2006 | | Kurt Jenner, Mt Pritchard | |
|---------------------|------------------|---------------------------|-------|
| Name | Age | Centre | Final |
| 1 | Tully Murphy | Kurrajong Bilpin | 4.78m |
| 2 | Dylan Miles | Lithgow | 4.53m |
| 3 | Isaac Ebeling | Glenbrook | 4.41m |
| 4 | Lochlan Brian | Kurrajong Bilpin | 4.31m |
| 5 | Cameron Simmons | Narromine | 4.15m |
| 5 | Harry Krueger | Narromine | 4.15m |
| 7 | Dally Barham | Kurrajong Bilpin | 4.09m |
| 8 | Zachary Kembrey | Springwood | 4.08m |
| 9 | Connor Barlow | Orange | 4.04m |
| 10 | Denzel Ryan | Coonamble | 3.99m |
| 11 | Samuel Bass | Dubbo | 3.90m |
| 12 | Jackson Douglass | Young & District | 3.75m |
| 13 | Brayden Quigg | Narromine | 3.55m |
| 14 | Nicholas Masling | Orange | 3.33m |

Boys U 14 - Long Jump

| State: S 6.52m 1996 | | Stephen Jacenko, Balmain | |
|---------------------|-------------------|--------------------------|-------|
| Name | Age | Centre | Final |
| 1 | Ned Bond | Kurrajong Bilpin | 4.98m |
| 2 | Jack Shuster | Kurrajong Bilpin | 4.86m |
| 3 | Luke Rosewarn | Orange | 4.85m |
| 4 | Brenton Jeffery | Springwood | 4.71m |
| 5 | Thomas Jackson | Narromine | 4.67m |
| 6 | Jack Daintith | Orange | 4.46m |
| 7 | Ben Dennis | Orange | 4.45m |
| 8 | John Terry | Cowra | 4.16m |
| 9 | Luke van der Ster | Springwood | 4.05m |
| 10 | Jye Powell | Narromine | 3.71m |

Boys U 15 - Long Jump

| State: S 7.12m 2009 | | Thomas Soliman, Blacktown | |
|---------------------|------------------|---------------------------|-------|
| Name | Age | Centre | Final |
| 1 | Hayden Perry | Glenbrook | 5.60m |
| 2 | Jye Hardy | Kurrajong Bilpin | 5.37m |
| 3 | Mitchell Amor | Parkes | 4.81m |
| 4 | Nicholas Hanko | Glenbrook | 4.77m |
| 5 | Hayden Page | Forbes | 4.73m |
| 6 | Daniel Woods | Parkes | 4.56m |
| 7 | Andrew Rorke | Cobar | 4.20m |
| 8 | Reuben Bondareff | Parkes | 4.14m |
| 9 | Troy Harding | Narromine | 3.80m |

Boys U 17 - Long Jump

| State: S 6.97m 2013 | | Sebastian Vasquez, Bankstown | |
|---------------------|------------------|------------------------------|-------|
| Name | Age | Centre | Final |
| 1 | Mitchell Andrews | Glenbrook | 5.99m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 17 - Long Jump**

| | | | |
|---|-----------------|------------|-------|
| 2 | Brad Simmons | Narromine | 5.73m |
| 3 | Liam McArthur | Bathurst | 5.55m |
| 4 | Corey Furminger | Wellington | 5.07m |
| 5 | Danyon Dowton | Glenbrook | 4.90m |
| 6 | Luke Jones | Springwood | 4.40m |
| 7 | Ricky Eggins | Orange | 4.37m |

Boys U 11 - Triple Jump

| State: S 11.06m 1993 David Geddes, Manly Warringa | | | |
|---|------------------------|------------------|-------|
| Name | Age | Centre | Final |
| 1 | Riley Howarth | Kurrajong Bilpin | 9.09m |
| 2 | Spencer Blanch | Kurrajong Bilpin | 8.75m |
| 3 | Luke Brian | Kurrajong Bilpin | 8.59m |
| 4 | Mitchell Carlow | Gilgandra | 8.50m |
| 5 | Tom Gill | Narromine | 7.90m |
| 6 | William Magner-Pollard | Dubbo | 7.88m |
| 7 | Michael Riley | Parkes | 6.72m |

Boys U 12 - Triple Jump

| State: S 12.78m 1995 Gima Keimelo, Randwick Botan | | | |
|---|------------------|------------------|-------|
| Name | Age | Centre | Final |
| 1 | Jacob Christie | Cobar | 8.88m |
| 2 | Callum Wulff | Springwood | 8.79m |
| 3 | Liam Kennedy | Orange | 8.72m |
| 4 | Jade Page | Forbes | 8.69m |
| 5 | Luke Howard | Bathurst | 8.63m |
| 6 | Dylan Forster | Glenbrook | 8.38m |
| 6 | Lachlan Donnelly | Nyngan | 8.38m |
| 8 | Tom Wrightson | Glenbrook | 7.94m |
| 9 | Tristan Clark | Kurrajong Bilpin | 6.09m |

Boys U 13 - Triple Jump

| State: S 12.72m 2007 Nicholas Hough, Hills Distri | | | |
|---|-----------------|------------------|--------|
| Name | Age | Centre | Final |
| 1 | Tully Murphy | Kurrajong Bilpin | 10.57m |
| 2 | Lochlan Brian | Kurrajong Bilpin | 10.05m |
| 3 | Cameron Simmons | Narromine | 9.59m |
| 4 | Dylan Miles | Lithgow | 9.08m |
| 5 | Brayden Quigg | Narromine | 8.43m |
| 6 | Sam Green | Narromine | 8.30m |
| 7 | Samuel Bass | Dubbo | 7.75m |

Boys U 14 - Triple Jump

| State: S 13.48m 1996 David Geddes, Manly Warringa | | | |
|---|-------------------|------------|--------|
| Name | Age | Centre | Final |
| 1 | Thomas Jackson | Narromine | 10.36m |
| 2 | Brenton Jeffery | Springwood | 10.31m |
| 3 | Chad Freeman | Glenbrook | 9.74m |
| 4 | John Terry | Cowra | 9.67m |
| 5 | Dylan Malouf | Glenbrook | 9.53m |
| 6 | Isaac Vujevic | Springwood | 9.10m |
| 7 | Luke van der Ster | Springwood | 8.95m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 15 - Triple Jump**

| State: S 14.35m 1999 Fabrice Lapierre, Blacktown | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Hayden Perry | | Glenbrook | 11.20m |
| 2 Ethan Kennedy | | Orange | 11.10m |
| 3 Jye Hardy | | Kurrajong Bilpin | 10.70m |
| 4 Jack Bond | | Kurrajong Bilpin | 10.17m |
| 5 Nicholas Hanko | | Glenbrook | 9.75m |
| 6 Andrew Rorke | | Cobar | 7.66m |

Boys U 17 - Triple Jump

| State: S 14.80m 2013 Emmanuel Fakiye, Nth Rocks/C | | | |
|---|-----|-----------|--------|
| Name | Age | Centre | Final |
| 1 Ryan Griffin | | Orange | 12.87m |
| 2 Mitchell Andrews | | Glenbrook | 12.63m |
| 3 Brad Simmons | | Narromine | 12.20m |
| 4 Josh Nardi | | Glenbrook | 10.86m |
| 5 Brandon Merrick | | Dubbo | 10.42m |
| 6 Danyon Dowton | | Glenbrook | 10.03m |

Boys U 8 - Shot Put (1.5 Kg)

| State: S 10.98m 2011 Blake Toohey, Sutherland | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Bailey Beale | | Cowra | 6.80m |
| 2 Scott McLenaghan | | Springwood | 6.22m |
| 3 Thomas Pell | | Orange | 5.46m |
| 4 Ruben Gill | | Narromine | 5.43m |
| 5 Alfie Williamson | | Springwood | 5.32m |
| 6 Dean Cartwright | | Cowra | 4.97m |
| 7 Ditch Tilling | | Coonamble | 4.64m |
| 8 Liam Henson | | Kurrajong Bilpin | 4.26m |
| 9 Charlie Cox | | Parkes | 3.87m |

Boys U 9 - Shot Put (2.0 Kg)

| State: S 11.33m 1999 Jamal Idris, Bankstown Sport | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Frederick Peters | | Kurrajong Bilpin | 6.66m |
| 2 Will Dennis | | Narromine | 5.78m |
| 3 Nate Mallett | | Springwood | 5.52m |
| 4 Jack Goodwin | | Dubbo | 5.25m |
| 5 McKenzie Cameron | | Coonamble | 5.20m |
| 6 Ben Lanyon | | Katoomba | 4.98m |
| 7 Harry Watson | | Springwood | 4.96m |
| 8 Izaak Golding | | Orange | 4.89m |
| 9 Michael Coady | | Canowindra | 4.39m |
| 10 Harrison Strahan | | Glenbrook | 3.73m |
| -- Aiden Hardy | | Kurrajong Bilpin | ND |
| -- Aidan McKervey | | Glenbrook | ND |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 10 - Shot Put (2.0 Kg)**

| State: S 13.22m 2011 EJ Brown-Vaelua, Nepean | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Jack Besgrove | | Orange | 7.89m |
| 2 Alexander Xuereb | | Glenbrook | 7.08m |
| 3 Lachlan Nicholls | | Glenbrook | 6.37m |
| 4 Jake Toubia | | Bathurst | 6.35m |
| 5 Luke Banks | | Cowra | 6.23m |
| 6 Jarrod Davidson | | Kurrajong Bilpin | 5.97m |
| 7 Brandon Peary | | Springwood | 5.84m |
| 8 Shannon Bourke | | Nyngan | 5.40m |
| 9 Mitchell Cox | | Parkes | 5.32m |
| 10 Dylan Bruce | | Orange | 4.93m |
| 11 Alex Bartley | | Parkes | 4.81m |
| 12 Henry Wakem | | Blayney | 4.56m |
| 13 Cody Feltham | | Kurrajong Bilpin | 3.55m |
| 14 Alec Smith | | Dubbo | 3.05m |

Boys U 11 - Shot Put (2.0 Kg)

| State: S 14.42m 2011 Payne Haas, Macquarie Hunter | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Billy Taranto | | Kurrajong Bilpin | 9.93m |
| 2 Ollie Keegan | | Orange | 9.11m |
| 3 Dominic Della Bosca | | Lithgow | 8.53m |
| 4 Luke Charlesworth | | Kurrajong Bilpin | 8.35m |
| 5 Joshua Belfanti | | Bathurst | 8.35m |
| 6 Jai Purdie | | Grenfell | 8.11m |
| 7 Jack Pengilly | | Orange | 7.67m |
| 8 Blake Harding | | Narromine | 7.46m |
| 9 Charles Harvey | | Tullamore | 6.90m |
| 10 Finbar Smyth | | Canowindra | 6.58m |
| 11 Tyler Barnes | | Narromine | 6.29m |
| 12 Matthew Gilchrist | | Springwood | 5.84m |
| 13 James Orme | | Springwood | 5.39m |
| 14 Michael Riley | | Parkes | 5.36m |

Boys U 12 - Shot Put (3.0 Kg)

| State: S 15.66m 2002 Emanuele Fuamatu, Fairfield | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Clary Annis-Brown | | Orange | 8.29m |
| 2 Mitch Nalder | | Coonamble | 7.90m |
| 3 Grady De La Harpe | | Springwood | 7.52m |
| 4 Liam Kennedy | | Orange | 7.38m |
| 5 Hugh Daintith | | Orange | 7.25m |
| 6 Jacob Christie | | Cobar | 7.12m |
| 7 Lachlan Miller | | Kurrajong Bilpin | 6.64m |
| 8 Will Griffiths | | Cobar | 6.09m |
| 9 Cameron Constable | | Lithgow | 5.99m |
| 10 Taigan Brennan-Ingram | | Peak Hill | 5.81m |
| 11 Connar Cashman | | Tullamore | 5.20m |
| 12 Tristan Clark | | Kurrajong Bilpin | 5.10m |
| 13 Brodie Sebelic_Lodding | | Dubbo | 5.04m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 13 - Shot Put (3.0 Kg)**

| State: S 19.11m 2009 Tepai Moeroa, Doonside | | | |
|---|-----|-----------|--------|
| Name | Age | Centre | Final |
| 1 Aiden Butcher | | Narromine | 11.01m |
| 2 Jacob Taylor | | Narromine | 8.51m |
| 3 Sam Green | | Narromine | 7.64m |
| 4 Denzel Ryan | | Coonamble | 6.79m |
| 5 Harry Krueger | | Narromine | 5.94m |

Boys U 14 - Shot Put (3.0 Kg)

| State: S 18.51m 2013 Tyrone Taukamo, Randwick Bot | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Ned Bond | | Kurrajong Bilpin | 11.70m |
| 2 Jake Cashman | | Tullamore | 10.58m |
| 3 Zane Craig | | Cowra | 10.57m |
| 4 Mark Coleman | | Narromine | 10.18m |
| 5 Edward Walker | | Narromine | 9.70m |
| 6 John Terry | | Cowra | 8.14m |
| 7 Jack Daintith | | Orange | 7.71m |

Boys U 15 - Shot Put (4.0 Kg)

| State: S 19.62m 2011 Tepai Moeroa, Doonside | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Ethan Kennedy | | Orange | 12.97m |
| 2 Hayden Perry | | Glenbrook | 12.14m |
| 3 Luke Zaurrini | | Kurrajong Bilpin | 11.02m |
| 4 Timothy Kniha | | Springwood | 10.27m |
| 5 Harry McClifty | | Kurrajong Bilpin | 9.78m |
| 6 Andrew Rorke | | Cobar | 9.24m |
| 7 William Coleman | | Narromine | 8.74m |
| 8 Danial Eiler-Carr | | Oberon | 5.62m |

Boys U 17 - Shot Put (5.0 Kg)

| State: S 17.89m 2012 Tepai Moeroa, Doonside | | | |
|---|-----|------------|--------|
| Name | Age | Centre | Final |
| 1 Josh Knight | | Grenfell | 12.20m |
| 2 James Colless | | Springwood | 11.59m |
| 3 Ricky Eggins | | Orange | 11.21m |
| 4 Samuel Balog | | Katoomba | 8.83m |
| 5 Ethan Slatford | | Springwood | 8.37m |
| 6 Andrew Gray | | Dubbo | 7.94m |

Boys U 8 - Discus (500 Gram)

| State: S 31.36m 1992 Gareth Care, North Rocks | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Toby Camilleri | | Kurrajong Bilpin | 18.65m |
| 2 Angus Thompson | | Orange | 17.32m |
| 3 Scott McLenaghan | | Springwood | 17.20m |
| 4 Bailey Beale | | Cowra | 15.91m |
| 5 Toby Partridge | | Bathurst | 15.51m |
| 6 Ruben Gill | | Narromine | 13.69m |
| 7 McKenzie Lawrence | | Coonamble | 11.29m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 8 - Discus (500 Gram)**

| | | | |
|----|---------------|-----------|--------|
| 8 | Charlie Cox | Parkes | 11.21m |
| 9 | Thomas Pell | Orange | 11.10m |
| 10 | Xavier Bland | Orange | 10.23m |
| 11 | Harry Irvine | Narromine | 9.96m |
| 12 | William Zakis | Katoomba | 8.41m |
| 13 | George Wakem | Blayney | 8.12m |

Boys U 9 - Discus (500 Gram)

| ===== | | | |
|-----------------|------------------|------------------|------------------------------|
| State: S 36.68m | | 1998 | Jamal Idris, Bankstown Sport |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Frederick Peters | Kurrajong Bilpin | 22.18m |
| 2 | McKenzie Cameron | Coonamble | 19.67m |
| 3 | Max Lucas | Katoomba | 17.13m |
| 4 | Braith Carroll | Dubbo | 16.93m |
| 5 | Will Dennis | Narromine | 15.99m |
| 6 | Taniora Heke | Springwood | 15.53m |
| 7 | Kobey Quigg | Narromine | 15.38m |
| 8 | Bradley Laverty | Orange | 14.90m |
| 9 | Archie Dowling | Young & District | 14.12m |
| 10 | Aiden Hardy | Kurrajong Bilpin | 14.03m |
| 11 | Jackson Goldie | Orange | 13.33m |
| 12 | Ryan Urquhart | Cobar | 12.17m |
| 13 | Jaxon Greenaway | Grenfell | 11.29m |
| 14 | Rory Lomax | Mudgee | 10.81m |

Boys U 10 - Discus (500 Gram)

| ===== | | | |
|-----------------|------------------|------------------|-------------------------|
| State: S 43.20m | | 1983 | Jason Arnberger, Nepean |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Reilly Leyland | Glenbrook | 24.77m |
| 2 | Jarrold Davidson | Kurrajong Bilpin | 22.44m |
| 3 | Ryley Morley | Cobar | 20.83m |
| 4 | Alexander Xuereb | Glenbrook | 20.63m |
| 5 | Mitchell Cox | Parkes | 19.98m |
| 6 | Preston Smith | Coonamble | 19.85m |
| 7 | Tom Kiss | Wellington | 18.62m |
| 8 | Brandon Peary | Springwood | 17.42m |
| 9 | Alex Bartley | Parkes | 14.67m |
| 10 | Denzel Nicholson | Bathurst | 14.34m |
| 11 | Bradley Rhind | Orange | 14.25m |
| 12 | Alex Kinghorne | Blayney | 14.09m |
| 13 | Jack Besgrove | Orange | 13.93m |

Boys U 11 - Discus (750 Gram)

| ===== | | | |
|-----------------|-----------------|------------|-------------------------|
| State: S 40.45m | | 2012 | EJ Brown-Vaelea, Nepean |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Ollie Keegan | Orange | 36.49m |
| 2 | Jake McLenaghan | Springwood | 22.51m |
| 3 | Finbar Smyth | Canowindra | 21.81m |
| 4 | Daniel Wells | Orange | 19.25m |
| 5 | Tom Gill | Narromine | 16.68m |
| 6 | James Orme | Springwood | 16.04m |
| 7 | Austin Grey | Dubbo | 15.52m |
| 8 | Riley Whatman | Orange | 15.17m |
| 9 | Ryan Kembrey | Springwood | 15.00m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 11 - Discus (750 Gram)**

| | | | |
|----|--------------------|-----------|--------|
| 10 | Noah Girot-Serplet | Forbes | 14.68m |
| 11 | Charlie Dennis | Narromine | 14.51m |
| 12 | Charles Harvey | Tullamore | 13.08m |
| 13 | Nicholas Dale | Blayney | 12.81m |
| 13 | Jai Purdie | Grenfell | 12.81m |

Boys U 12 - Discus (750 Gram)

| ===== | | | |
|-----------------|------------------------|------------------|-----------------------------|
| State: S 52.43m | | 2002 | Emanuele Fuamatu, Fairfield |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Liam Kennedy | Orange | 27.22m |
| 2 | Lachlan Camilleri | Kurrajong Bilpin | 26.32m |
| 3 | Mitch Nalder | Coonamble | 25.60m |
| 4 | Cameron Constable | Lithgow | 22.92m |
| 5 | Hugh Daintith | Orange | 22.16m |
| 6 | Lachlan Miller | Kurrajong Bilpin | 19.41m |
| 7 | Taigan Brennan-Ingram | Peak Hill | 17.45m |
| 8 | Tom Wrightson | Glenbrook | 16.28m |
| 9 | Lachlan Strahan | Glenbrook | 15.42m |
| 10 | Brodie Sebelic_Lodding | Dubbo | 15.02m |
| 11 | Connor Cashman | Tullamore | 14.31m |
| 12 | Tristan Clark | Kurrajong Bilpin | 14.28m |

Boys U 13 - Discus (1.0 Kg)

| ===== | | | |
|-----------------|----------------|------------|-----------------------------|
| State: S 53.78m | | 2003 | Emanuele Fuamatu, Fairfield |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Aiden Butcher | Narromine | 35.57m |
| 2 | Jacob Taylor | Narromine | 22.87m |
| 3 | Denzel Ryan | Coonamble | 19.46m |
| 4 | Sam Green | Narromine | 16.62m |
| 5 | Caleb Petrovic | Wellington | 15.48m |

Boys U 14 - Discus (1.0 Kg)

| ===== | | | |
|-----------------|-----------------|------------------|------------------------|
| State: S 57.71m | | 2010 | Tepai Moeroa, Doonside |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Zane Craig | Cowra | 30.89m |
| 2 | Jake Cashman | Tullamore | 30.20m |
| 3 | Gabe Radford | Kurrajong Bilpin | 29.81m |
| 4 | Thomas Jackson | Narromine | 26.76m |
| 5 | Edward Walker | Narromine | 23.88m |
| 6 | John Terry | Cowra | 23.65m |
| 7 | Brenton Jeffery | Springwood | 20.30m |

Boys U 15 - Discus (1.0 Kg)

| ===== | | | |
|-----------------|--------------------|------------|-----------------------------|
| State: S 62.70m | | 2005 | Emanuele Fuamatu, Bankstown |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Ethan Kennedy | Orange | 46.43m |
| 2 | Hayden Perry | Glenbrook | 42.74m |
| 3 | Mitchell Drew-Rugg | Glenbrook | 31.68m |
| 4 | Timothy Kniha | Springwood | 31.38m |
| 5 | Reuben Bondareff | Parkes | 20.23m |
| 6 | Daniel Woods | Parkes | 19.52m |
| 7 | Danial Eiler-Carr | Oberon | 17.36m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 17 - Discus (1.5 Kg)**

| State: S 56.17m 2009 Liam Speers, Macquarie Hunte | | | |
|---|-----|------------|--------|
| Name | Age | Centre | Final |
| 1 James Colless | | Springwood | 36.92m |
| 2 Josh Knight | | Grenfell | 33.42m |
| 3 Ricky Eggins | | Orange | 26.42m |
| 4 Samuel Balog | | Katoomba | 22.84m |
| 5 Andrew Gray | | Dubbo | 20.67m |

Boys U 12 - Javelin (400 Gram)

| State: S 38.75m 2011 Joshua Dixon, Canterbury | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Clary Annis-Brown | | Orange | 23.20m |
| 2 Caleb Fairweather | | Kurrajong Bilpin | 22.64m |
| 3 Dylan Forster | | Glenbrook | 22.19m |
| 4 Tom Wrightson | | Glenbrook | 21.45m |
| 5 Neihana Riley | | Mudgee | 20.90m |
| 6 Kaleb Kearney | | Dubbo | 20.71m |
| 7 Tristan Clark | | Kurrajong Bilpin | 19.98m |
| 8 Josh Tanswell | | Parkes | 19.45m |
| 9 Connar Cashman | | Tullamore | 17.84m |
| 10 Taigan Brennan-Ingram | | Peak Hill | 16.31m |
| 11 Grady De La Harpe | | Springwood | 15.99m |
| 12 Fred Fletcher | | Coonamble | 13.47m |
| 13 Mitch Nalder | | Coonamble | 6.12m |
| -- Liam Kennedy | | Orange | ND |

Boys U 13 - Javelin (600 Gram)

| State: S 48.80m 2007 Shane Nicholls, Kurrajong Bi | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Aiden Butcher | | Narromine | 34.90m |
| 2 Kevin Thurston-Welsh | | Coonamble | 26.56m |
| 3 Denzel Ryan | | Coonamble | 24.85m |
| 4 Jacob Taylor | | Narromine | 22.82m |
| 5 Sam Green | | Narromine | 19.48m |
| 6 Ike Ward | | Kurrajong Bilpin | 19.01m |
| 7 Nathan Bliss | | Springwood | 13.50m |

Boys U 14 - Javelin (600 Gram)

| State: S 56.87m 2001 Jonathon Wynn, Camden Haven | | | |
|--|-----|------------|--------|
| Name | Age | Centre | Final |
| 1 Jake Cashman | | Tullamore | 29.40m |
| 2 Dylan Malouf | | Glenbrook | 28.11m |
| 3 John Terry | | Cowra | 27.19m |
| 4 Edward Walker | | Narromine | 23.14m |
| 5 Brenton Jeffery | | Springwood | 22.17m |

Boys U 15 - Javelin (700 Gram)

| State: S 52.60m 2012 Matthew Rees, Kurri Kurri | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Hayden Perry | | Glenbrook | 44.67m |
| 2 Jonathan Blunden | | Kurrajong Bilpin | 36.82m |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 15 - Javelin (700 Gram)**

| | | | |
|---|----------------|------------------|--------|
| 3 | Nicholas Hanko | Glenbrook | 26.24m |
| 4 | Jye Hardy | Kurrajong Bilpin | 25.14m |
| 5 | Troy Harding | Narromine | 19.15m |

Boys U 17 - Javelin (700 Gram)

| ===== | | | |
|-----------------|-----------------|------------|-----------------------|
| State: S 68.40m | | 2013 | Rhys Stein, Warradale |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | James Colless | Springwood | 44.89m |
| 2 | Josh Knight | Grenfell | 38.12m |
| 3 | Tijmen Hopman | Glenbrook | 30.85m |
| 4 | Ricky Eggins | Orange | 27.14m |
| 5 | Connor McDonald | Dubbo | 25.30m |
| 6 | Samuel Balog | Katoomba | 21.78m |
| 7 | Andrew Gray | Dubbo | 21.00m |
| 8 | Adam Gray | Dubbo | 19.62m |

Boys U 9 - 700 Metre Walk

| ===== | | | |
|------------------|------------------|------------------|---------------------------|
| State: S 3:20.70 | | 1999 | Joshua Milan, Minchinbury |
| Name | Age | Centre | Final |
| ===== | | | |
| Section 1 | | | |
| 1 | Harrison Strahan | Glenbrook | 4:51.71 |
| 2 | Aiden Hardy | Kurrajong Bilpin | 5:15.98 |
| 3 | Aidan McKervey | Glenbrook | 5:29.24 |

Boys U 10 - 1100 Metre Walk

| ===== | | | |
|------------------|------------------|------------------|-------------------------|
| State: S 5:01.70 | | 1998 | Luke Fitzgerald, Nepean |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Denzel Nicholson | Bathurst | 8:09.51 |
| 2 | Dylan Bruce | Orange | 8:19.54 |
| 3 | Rhys Lacey | Young & District | 8:23.39 |

Boys U 11 - 1100 Metre Walk

| ===== | | | |
|------------------|------------------------|------------------|-------------------------|
| State: S 5:05.80 | | 1999 | Luke Fitzgerald, Nepean |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Riley Whatman | Orange | 7:24.58 |
| 2 | William Magner-Pollard | Dubbo | 7:38.62 |
| 3 | Spencer Blanch | Kurrajong Bilpin | 8:03.42 |
| 4 | Stuart Shaw | Forbes | 10:48.61 |

Boys U 12 - 1500 Metre Walk

| ===== | | | |
|------------------|-----------------|------------------|-------------------------|
| State: S 6:45.20 | | 2000 | Luke Fitzgerald, Nepean |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Noah Whiteley | Orange | 11:48.93 |
| 2 | Jayden Donnelly | Kurrajong Bilpin | 11:59.08 |
| 3 | Matthew Pell | Orange | 11:59.19 |

REGION 3 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 13 - 1500 Metre Walk**

| ===== | | | | | |
|--------|------------------|---------|------|---------------------------|----------|
| State: | S | 6:30.40 | 1993 | David Beacroft, Blacktown | |
| Name | | | Age | Centre | Final |
| ===== | | | | | |
| 1 | Andrew Dickerson | | | Dubbo | 10:17.59 |

Boys U 14 - 1500 Metre Walk

| ===== | | | | | |
|--------|-----------------|---------|------|-----------------------------|----------|
| State: | S | 6:13.40 | 1995 | Troy Sundstrom, Highlanders | |
| Name | | | Age | Centre | Final |
| ===== | | | | | |
| 1 | Harry Wrightson | | | Glenbrook | 10:19.23 |

Boys U 15 - 1500 Metre Walk

| ===== | | | | | |
|--------|--------------------|---------|------|-----------------------------|---------|
| State: | S | 5:48.10 | 1998 | Douglas Connolly, Mt Druitt | |
| Name | | | Age | Centre | Final |
| ===== | | | | | |
| 1 | Mitchell Drew-Rugg | | | Glenbrook | 9:30.26 |

Boys U 17 - 1500 Metre Walk

| ===== | | | | | |
|--------|---------------|---------|------|-----------------------------|---------|
| State: | S | 6:15.10 | 2010 | Jordan Mulhearn, Parramatta | |
| Name | | | Age | Centre | Final |
| ===== | | | | | |
| 1 | Danyon Dowton | | | Glenbrook | 8:34.14 |