

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 7 - 50 Metre Sprint**

Zone: Z 9.00 2004 Megan Wardell, Gosford			
Name	Age	Centre	Final
Section 1			
1 Havea, Leileenah		Wyong Lac	9.63
2 Haywood, Isla Grace		Tuggerah Lak	9.74
3 Healey, Lily		Woy Woy Lac	10.32
4 Eriksson, Olive		Terrigal Wam	10.36
5 Ell, Ruby		Tuggerah Lak	10.97
6 Mutton, Summer		Woy Woy Lac	12.11

**Girls U 7 - 70 Metre Sprint**

Zone: Z 12.00 1992 L Quick, Gosford			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Havea, Leileenah		Wyong Lac	12.88q
2 Dunkley, Ella		Wyong Lac	13.07q
3 Haywood, Isla Grace		Tuggerah Lak	13.26q
4 Healey, Lily		Woy Woy Lac	14.17q
5 Ell, Ruby		Tuggerah Lak	14.56q
Heat 2 Heats			
1 Freeman, Rylee		Toukley	13.78q
2 Eriksson, Olive		Terrigal Wam	13.98q
3 Andrews, Georgie		Tuggerah Lak	14.79q
4 Mutton, Summer		Woy Woy Lac	16.61

**Girls U 7 - 70 Metre Sprint**

Zone: Z 12.00 1992 L Quick, Gosford			
Name	Age	Centre	Final
Section 1 Final			
1 Havea, Leileenah		Wyong Lac	12.76
2 Dunkley, Ella		Wyong Lac	13.19
3 Haywood, Isla Grace		Tuggerah Lak	13.43
4 Freeman, Rylee		Toukley	13.69
5 Healey, Lily		Woy Woy Lac	13.93
6 Eriksson, Olive		Terrigal Wam	14.19
7 Andrews, Georgie		Tuggerah Lak	14.27
8 Ell, Ruby		Tuggerah Lak	14.39

**Girls U 8 - 70 Metre Sprint**

Zone: Z 10.60 1989 Rosemary Hayward, Wyong			
Name	Age	Centre	Final
Section 1			
1 Ruzek, Isabelle		Terrigal Wam	12.59
2 Ruane, Madelyn		Tuggerah Lak	13.04
3 Ell, Summer		Tuggerah Lak	13.08
4 Topia, Te Ana		Toukley	13.71
5 Overton, Ellie		Wyong Lac	14.08
6 McFadden, Zali		Toukley	14.29

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Girls U 8 - 70 Metre Sprint**

7 Papalexion, Corabella	Gosford Lac	15.39
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**Girls U 9 - 70 Metre Sprint**

=====			
	Zone: Z 10.30	2004	Bianca Mould, Terrigal / Wamb
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Gristwood, Marley		Toukley	11.21Q
2 Minto, Ruby		Terrigal Wam	11.85Q
3 Ryan, Grace		Tuggerah Lak	12.22Q
4 McIntosh-Walsh, Brooke		Wyong Lac	12.31q
5 Macey, sallee		Woy Woy Lac	12.59
6 Andrews, Sophie		Tuggerah Lak	12.77
7 Gee, Alana		Terrigal Wam	13.02
Heat 2 Heats			
1 vaotuuu, mia		Tuggerah Lak	11.03Q
2 Eagleton, Abbie		Wyong Lac	11.34Q
3 Singh, Tayla		Gosford Lac	12.15Q
4 Healey, Gabriella		Terrigal Wam	12.23q
5 Fezer, Leila		Wyong Lac	14.28

**Girls U 9 - 70 Metre Sprint**

=====			
	Zone: Z 10.30	2004	Bianca Mould, Terrigal / Wamb
Name	Age	Centre	Final
=====			
Section 1 Final			
1 vaotuuu, mia		Tuggerah Lak	11.07
2 Gristwood, Marley		Toukley	11.24
3 Eagleton, Abbie		Wyong Lac	11.27
4 Minto, Ruby		Terrigal Wam	11.74
5 Singh, Tayla		Gosford Lac	11.92
6 Ryan, Grace		Tuggerah Lak	12.23
7 Healey, Gabriella		Terrigal Wam	12.49

**Girls U 10 - 70 Metre Sprint**

=====			
	Zone: Z 10.20	2005	Bianca Mould, Terrigal / Wamb
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Ruzek, Felicity		Terrigal Wam	11.31Q
2 Mackie, Jessika		Tuggerah Lak	11.46Q
3 Wardell, Katelyn		Gosford Lac	11.62Q
4 Cannone, Tuscany		Terrigal Wam	11.79q
5 Challinor, Sarah		Gosford Lac	12.70
6 Bar, Adut (Susie)		Toukley	12.72
Heat 2 Heats			
1 Karipidis, Demi		Wyong Lac	10.90Q
2 Booth, Olivia		Gosford Lac	11.14Q
3 Parrelli, Isabella		Tuggerah Lak	11.85Q
4 Whormsley, Holly		Terrigal Wam	11.97q
5 O'Gorman, Caoimhe		Terrigal Wam	12.04
6 McFadden, Lilly		Toukley	13.69

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 10 - 70 Metre Sprint**

Zone: Z 10.20 2005 Bianca Mould, Terrigal / Wamb			
Name	Age	Centre	Final
Section 1 Final			
1 Karipidis, Demi		Wyong Lac	10.64
2 Booth, Olivia		Gosford Lac	11.05
3 Ruzek, Felicity		Terrigal Wam	11.30
4 Mackie, Jessika		Tuggerah Lak	11.58
5 Wardell, Katelyn		Gosford Lac	11.71
6 Cannone, Tuscany		Terrigal Wam	11.75
7 Parrelli, Isabella		Tuggerah Lak	11.83
8 Whormsley, Holly		Terrigal Wam	12.04

**Girls U 7 - 100 Metre Sprint**

Zone: Z 16.90 1994 K Knight, Woy Woy Peninsula			
Name	Age	Centre	Final
Section 1			
1 Havea, Leileenah		Wyong Lac	18.14
2 Haywood, Isla Grace		Tuggerah Lak	18.52
3 Dunkley, Ella		Wyong Lac	18.67
4 Freeman, Rylee		Toukley	19.73
5 Eriksson, Olive		Terrigal Wam	19.92
6 Ell, Ruby		Tuggerah Lak	20.42

**Girls U 8 - 100 Metre Sprint**

Zone: Z 14.90 1989 Rosemary Hayward, Wyong			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ruzek, Isabelle		Terrigal Wam	18.30q
2 O'Toole, Charlotte		Toukley	18.33q
3 Ell, Summer		Tuggerah Lak	18.73q
4 Topia, Te Ana		Toukley	19.68q
5 Overton, Ellie		Wyong Lac	20.21q
6 Papalexion, Corabella		Gosford Lac	20.37
Heat 2 Heats			
1 Boelhouwer, Chelsea		Gosford Lac	17.47q
2 Ruane, Madelyn		Tuggerah Lak	17.94q
3 Curtis, Gemma		Terrigal Wam	19.58q
4 Grey, Ava		Woy Woy Lac	20.28
5 Laing, Indiana		Wyong Lac	20.33

**Girls U 8 - 100 Metre Sprint**

Zone: Z 14.90 1989 Rosemary Hayward, Wyong			
Name	Age	Centre	Final
Section 1 Final			
1 Boelhouwer, Chelsea		Gosford Lac	17.70
2 Ruzek, Isabelle		Terrigal Wam	18.18
3 O'Toole, Charlotte		Toukley	18.31
4 Ruane, Madelyn		Tuggerah Lak	18.38

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Girls U 8 - 100 Metre Sprint**

5 Ell, Summer	Tuggerah Lak	18.99
6 Topia, Te Ana	Toukley	19.82
7 Overton, Ellie	Wyong Lac	20.40

**Girls U 9 - 100 Metre Sprint**

=====			
	Zone: Z 14.90	2010	Jenna Bird, Tuggerah Lakes Mi
Name	Age	Centre	Heats
=====			

## Heat 1 Heats

1 vaotuua, mia	Tuggerah Lak	15.71Q
2 Pace, Layla	Terrigal Wam	15.96Q
3 Carlson, Keira	Wyong Lac	16.13q
4 Humphries, Madison	Tuggerah Lak	16.91
5 McKee, Bronte	Terrigal Wam	17.63
6 Scahill, Bronte	Woy Woy Lac	19.09

## Heat 2 Heats

1 Eagleton, Abbie	Wyong Lac	15.71Q
2 Gristwood, Marley	Toukley	16.22Q
3 Goy, Tahlia	Tuggerah Lak	16.56q
4 Lucas, Tahlia	Gosford Lac	16.86
5 Minto, Ruby	Terrigal Wam	17.01
6 Ryan, Grace	Tuggerah Lak	17.70
7 Macey, sallee	Woy Woy Lac	17.98

## Heat 3 Heats

1 Nicolussi, Isabella	Woy Woy Lac	17.25Q
2 Tily, Isabella	Tuggerah Lak	17.50Q
3 McIntosh-Walsh, Brooke	Wyong Lac	17.54
4 Donnelly, Nia	Terrigal Wam	17.59
5 Healey, Gabriella	Terrigal Wam	17.71

**Girls U 9 - 100 Metre Sprint**

=====			
	Zone: Z 14.90	2010	Jenna Bird, Tuggerah Lakes Mi
Name	Age	Centre	Final
=====			

## Section 1 Final

1 vaotuua, mia	Tuggerah Lak	15.98
2 Pace, Layla	Terrigal Wam	16.13
3 Eagleton, Abbie	Wyong Lac	16.30
4 Gristwood, Marley	Toukley	16.46
5 Carlson, Keira	Wyong Lac	16.53
6 Goy, Tahlia	Tuggerah Lak	17.13
7 Nicolussi, Isabella	Woy Woy Lac	17.54
8 Tily, Isabella	Tuggerah Lak	18.32

**Girls U 10 - 100 Metre Sprint**

=====			
	Zone: Z 14.10	1991	Rosemary Hayward, Wyong
Name	Age	Centre	Heats
=====			

## Heat 1 Heats

1 Hyland, Sarah	Gosford Lac	15.62Q
2 Ruzek, Felicity	Terrigal Wam	15.97Q
3 Wardell, Katelyn	Gosford Lac	16.33

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Girls U 10 - 100 Metre Sprint**

4 Lynch, Eva	Woy Woy Lac	16.39
5 Cannone, Tuscany	Terrigal Wam	16.53
Heat 2 Heats		
1 Booth, Olivia	Gosford Lac	15.47Q
2 Grey, Sophia	Woy Woy Lac	15.72Q
3 Bar, Adut (Susie)	Toukley	18.51
Heat 3 Heats		
1 Karipidis, Demi	Wyong Lac	15.13Q
2 Haremaker, Alyssa	Woy Woy Lac	15.21Q
3 Mackie, Jessika	Tuggerah Lak	15.92q
4 Stamper, Cameron	Terrigal Wam	15.99q
5 Lawrence, Lilly	Gosford Lac	17.68
6 Nightingale, Riley	Toukley	18.18

**Girls U 10 - 100 Metre Sprint**

=====			
Zone: Z 14.10		1991	Rosemary Hayward, Wyong
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Karipidis, Demi		Wyong Lac	14.99
2 Haremaker, Alyssa		Woy Woy Lac	15.29
2 Booth, Olivia		Gosford Lac	15.29
4 Grey, Sophia		Woy Woy Lac	15.72
5 Hyland, Sarah		Gosford Lac	15.80
6 Ruzek, Felicity		Terrigal Wam	16.00
7 Mackie, Jessika		Tuggerah Lak	16.09
8 Stamper, Cameron		Terrigal Wam	16.24

**Girls U 11 - 100 Metre Sprint**

=====			
Zone: Z 13.40		2007	Sara Marshall, Gosford
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Cross, Mia		Wyong Lac	13.92Q h
2 Blackwell, Jessie		Woy Woy Lac	14.50Q h
3 Knowles, Ella		Tuggerah Lak	14.71q h
4 Lowbridge, Annie		Terrigal Wam	15.05q h
5 Roberts, Portia		Terrigal Wam	15.27 h
6 Lawton, Georgie		Wyong Lac	17.28 h
Heat 2 Heats			
1 Minor, Bethan		Terrigal Wam	15.48Q
2 Laing, Brooklyn		Wyong Lac	15.68Q
3 Scahill, Sienna		Woy Woy Lac	16.21
4 Neville-Smith, Emily		Tuggerah Lak	16.38
5 Williams, Chelsea		Wyong Lac	17.75
6 Eriksson, Harper		Terrigal Wam	17.81
Heat 3 Heats			
1 Young, Matilda		Terrigal Wam	15.00Q
2 Humphries, Breeana		Tuggerah Lak	15.27Q
3 Smyth, Mia		Terrigal Wam	15.54
4 Johnston, Libby		Terrigal Wam	15.78
5 Tomkins, Kaiya		Wyong Lac	16.96
6 Eyndhoven, Olivia		Wyong Lac	17.26

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Girls U 11 - 100 Metre Sprint**

7 Robinson, Savannah	Toukley	17.43
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**Girls U 11 - 100 Metre Sprint**

=====			
	Zone: Z 13.40	2007	Sara Marshall, Gosford
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Cross, Mia		Wyong Lac	14.32
2 Blackwell, Jessie		Woy Woy Lac	14.53
3 Young, Matilda		Terrigal Wam	14.58
4 Knowles, Ella		Tuggerah Lak	14.92
5 Lowbridge, Annie		Terrigal Wam	15.12
6 Humphries, Breeana		Tuggerah Lak	15.29
7 Minor, Bethan		Terrigal Wam	15.50
8 Laing, Brooklyn		Wyong Lac	15.75

**Girls U 12 - 100 Metre Sprint**

=====			
	Zone: Z 12.70	2008	Sara Marshall, Gosford
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Lawson, Kleo		Wyong Lac	13.93Q
2 McDermott, Saffia		Toukley	14.11Q
3 Legge, Tylah		Terrigal Wam	14.71q
4 Busch, Ella		Gosford Lac	15.86
5 Robertson, Olivia		Tuggerah Lak	17.26
Heat 2 Heats			
1 Simos, Ava		Terrigal Wam	13.84Q
2 Turner, Brooke		Tuggerah Lak	14.30Q
3 Washington, Lilah		Tuggerah Lak	15.31q
4 Quitadamo, Olivia		Woy Woy Lac	16.05
Heat 3 Heats			
1 Patrick, Jade		Gosford Lac	15.59Q
2 Deane, Tahlia		Tuggerah Lak	16.35Q
3 Porter, Tara		Woy Woy Lac	16.58
4 Eagleton, Tarni		Toukley	17.13

**Girls U 12 - 100 Metre Sprint**

=====			
	Zone: Z 12.70	2008	Sara Marshall, Gosford
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Simos, Ava		Terrigal Wam	13.70
2 Lawson, Kleo		Wyong Lac	13.98
3 Legge, Tylah		Terrigal Wam	14.72
4 Patrick, Jade		Gosford Lac	15.34
5 Washington, Lilah		Tuggerah Lak	15.40
6 Deane, Tahlia		Tuggerah Lak	16.53

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17**

**Mingara Athletics Facility**

**Results**

**Girls U 13 - 100 Metre Sprint**

Zone: Z 12.62 15-Dec-12 Heather Duffy, Tuggerah Lakes			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Wheeler, Emelyn		Gosford Lac	13.06Q
2 Aldous, Alexis		Woy Woy Lac	13.56Q
3 Cook, Katie		Tuggerah Lak	13.79Q
4 stadelmann, ebony		Tuggerah Lak	14.03q
5 Redding, Dakota		Wyong Lac	14.56q
6 Hottes, Tara		Toukley	15.14
Heat 2 Heats			
1 Beaven, Jade		Tuggerah Lak	13.39Q
2 Robertson, Tori		Tuggerah Lak	13.72Q
3 Smith, Willow		Wyong Lac	14.93Q
4 Barnett, India-Rose		Terrigal Wam	15.11

**Girls U 13 - 100 Metre Sprint**

Zone: Z 12.62 15-Dec-12 Heather Duffy, Tuggerah Lakes			
Name	Age	Centre	Final
Section 1 Final			
1 Wheeler, Emelyn		Gosford Lac	13.01
2 Beaven, Jade		Tuggerah Lak	13.24
3 Robertson, Tori		Tuggerah Lak	13.61
4 Cook, Katie		Tuggerah Lak	13.63
5 Aldous, Alexis		Woy Woy Lac	13.89
6 stadelmann, ebony		Tuggerah Lak	14.53
7 Smith, Willow		Wyong Lac	15.72

**Girls U 14 - 100 Metre Sprint**

Zone: Z 12.50 2005 Dannielle Bradbury, Terrigal			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Pettitt, Jade		Tuggerah Lak	13.36Q
2 Lebreton, Baylee		Gosford Lac	13.58Q
3 Barber, Mia		Gosford Lac	13.87Q
4 Weir, Alicia		Wyong Lac	14.65q
5 Scahill, Erin		Woy Woy Lac	16.08
Heat 2 Heats			
1 McKechnie, Anna		Tuggerah Lak	13.39Q
2 Hamilton, Erin		Gosford Lac	14.05Q
3 Daniel, Sophie		Wyong Lac	15.39Q
4 Hyland, Zoe		Gosford Lac	15.87q

**Girls U 14 - 100 Metre Sprint**

Zone: Z 12.50 2005 Dannielle Bradbury, Terrigal			
Name	Age	Centre	Final
Section 1 Final			
1 Pettitt, Jade		Tuggerah Lak	13.41
2 McKechnie, Anna		Tuggerah Lak	13.43

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17**

**Mingara Athletics Facility**

**Results**

**....Girls U 14 - 100 Metre Sprint**

3	Lebreton, Baylee	Gosford Lac	13.60
4	Hamilton, Erin	Gosford Lac	13.85
5	Barber, Mia	Gosford Lac	14.12
6	Weir, Alicia	Wyong Lac	14.77
7	Daniel, Sophie	Wyong Lac	15.60
8	Hyland, Zoe	Gosford Lac	15.97

**Girls U 15 - 100 Metre Sprint**

=====  
 Zone: Z 12.40 2008 Kasey Tysoe, Gosford  
 Name Age Centre Final  
 =====

Section 1

1	Navusolo, Jezebel	Tuggerah Lak	12.47
2	Gunn, Katie	Gosford Lac	12.48
3	Zappia, Ava	Tuggerah Lak	13.13
4	Heron Little, Amelia	Terrigal Wam	13.42
5	Boffo, Mia	Gosford Lac	13.72
6	Piazza, Stefani	Gosford Lac	14.01
7	Patrick, Amelia	Gosford Lac	16.05

**Girls U 17 - 100 Metre Sprint**

=====  
 Zone: Z 12.30 2011 Jamie Carr, Gosford  
 Name Age Centre Final  
 =====

1	Grimes, Abigail	Woy Woy Lac	13.01
2	Tatarinoff, Anya	Terrigal Wam	13.36
3	Daniel, Chloe	Wyong Lac	13.93

**Girls U 7 - 200 Metre Sprint**

=====  
 Zone: Z 36.00 1983 R Furguson, Wyong  
 Name Age Centre Final  
 =====

1	Dunkley, Ella	Wyong Lac	39.26
2	Eriksson, Olive	Terrigal Wam	42.30
3	Freeman, Rylee	Toukley	44.44
4	Andrews, Georgie	Tuggerah Lak	44.58
5	Ell, Ruby	Tuggerah Lak	45.92
6	Blake, Annabel	Wyong Lac	52.49

**Girls U 8 - 200 Metre Sprint**

=====  
 Zone: Z 31.50 1989 Rosemary Hayward, Wyong  
 Name Age Centre Heats  
 =====

Heat 1 Heats

1	Ell, Summer	Tuggerah Lak	39.60Q
2	Belkadi, Nissa	Terrigal Wam	40.30Q
3	McNair, Alissa	Tuggerah Lak	41.52Q
4	Parrelli, Lilly	Tuggerah Lak	42.80q

Heat 2 Heats

1	Boelhouver, Chelsea	Gosford Lac	37.36Q
2	Ruzek, Isabelle	Terrigal Wam	39.92Q



**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Girls U 8 - 200 Metre Sprint**

3	Curtis, Gemma	Terrigal Wam	41.09Q
4	Milos, Izzie	Tuggerah Lak	42.96q
5	Grey, Ava	Woy Woy Lac	43.49
6	Nightingale, Marlee	Toukley	43.82
7	Parrelli, Chloe	Tuggerah Lak	44.77
8	Overton, Ellie	Wyong Lac	45.44

**Girls U 8 - 200 Metre Sprint**

=====			
	Zone: Z 31.50	1989	Rosemary Hayward, Wyong
Name	Age	Centre	Final
=====			

## Section 1 Final

1	Boelhouwer, Chelsea	Gosford Lac	38.73
2	Ruzek, Isabelle	Terrigal Wam	39.26
3	Ell, Summer	Tuggerah Lak	39.37
4	McNair, Alissa	Tuggerah Lak	40.32
5	Belkadi, Nissa	Terrigal Wam	42.84
6	Milos, Izzie	Tuggerah Lak	43.06
7	Curtis, Gemma	Terrigal Wam	43.16
8	Parrelli, Lilly	Tuggerah Lak	44.10

**Girls U 9 - 200 Metre Sprint**

=====			
	Zone: Z 31.00	1990	Rosemary Hayward, Wyong
Name	Age	Centre	Heats
=====			

## Heat 1 Heats

1	Callaghan, Keira	Wyong Lac	32.93Q
2	Pace, Layla	Terrigal Wam	33.30Q
3	Eagleton, Abbie	Wyong Lac	33.79q
4	Humphries, Madison	Tuggerah Lak	36.03q
5	Sankey, Taylah	Woy Woy Lac	37.51q
6	Ryan, Grace	Tuggerah Lak	38.90
7	Healey, Gabriella	Terrigal Wam	39.85

## Heat 2 Heats

1	Goy, Tahlia	Tuggerah Lak	35.08Q
2	Kirton, Emmie	Tuggerah Lak	38.26Q
3	McKee, Bronte	Terrigal Wam	38.52q
4	Andrews, Sophie	Tuggerah Lak	40.08
5	Nicolussi, Isabella	Woy Woy Lac	41.33
6	Fezer, Leila	Wyong Lac	42.69

**Girls U 9 - 200 Metre Sprint**

=====			
	Zone: Z 31.00	1990	Rosemary Hayward, Wyong
Name	Age	Centre	Final
=====			

## Section 1 Final

1	Callaghan, Keira	Wyong Lac	32.84
2	Eagleton, Abbie	Wyong Lac	33.46
3	Pace, Layla	Terrigal Wam	33.61
4	Goy, Tahlia	Tuggerah Lak	34.39
5	Humphries, Madison	Tuggerah Lak	35.92
6	Kirton, Emmie	Tuggerah Lak	37.06

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Girls U 9 - 200 Metre Sprint**

7 Sankey, Taylah	Woy Woy Lac	38.33
8 McKee, Bronte	Terrigal Wam	39.78

**Girls U 10 - 200 Metre Sprint**

=====			
	Zone: Z 29.00	1991	Rosemary Hayward, Wyong
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Booth, Olivia		Gosford Lac	32.41Q
2 Grey, Sophia		Woy Woy Lac	32.79Q
3 houghton, tylah		Tuggerah Lak	35.43Q
4 Cannone, Tuscany		Terrigal Wam	37.39
5 Medina, Gabrielle j		Woy Woy Lac	38.42
Heat 2 Heats			
1 Carlson, Ava-Marie		Wyong Lac	32.31Q
2 Robards, Bree		Tuggerah Lak	33.20Q
3 Stamper, Cameron		Terrigal Wam	33.96Q
4 Markulin, Taylah		Tuggerah Lak	36.13q
5 Garcia, Kiara		Gosford Lac	36.91q

**Girls U 10 - 200 Metre Sprint**

=====			
	Zone: Z 29.00	1991	Rosemary Hayward, Wyong
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Carlson, Ava-Marie		Wyong Lac	31.81
2 Booth, Olivia		Gosford Lac	32.16
3 Grey, Sophia		Woy Woy Lac	32.23
4 Robards, Bree		Tuggerah Lak	32.92
5 houghton, tylah		Tuggerah Lak	34.88
6 Stamper, Cameron		Terrigal Wam	35.09

**Girls U 11 - 200 Metre Sprint**

=====			
	Zone: Z 27.80	2007	Sara Marshall, Gosford
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Young, Matilda		Terrigal Wam	32.02Q
2 Minor, Bethan		Terrigal Wam	33.33Q
3 Cremer, Ally		Terrigal Wam	34.21
4 Andrews, Abbie		Tuggerah Lak	34.90
5 Williams, Chelsea		Wyong Lac	35.63
6 Robinson, Savannah		Toukley	36.69
7 Eriksson, Harper		Terrigal Wam	38.98
Heat 2 Heats			
1 Cross, Mia		Wyong Lac	30.17Q
2 Hyland, Ashlyn		Gosford Lac	30.67Q
3 Knowles, Ella		Tuggerah Lak	30.97q
4 Roberts, Portia		Terrigal Wam	31.23q
5 Lowbridge, Annie		Terrigal Wam	31.25q
6 Humphries, Breeana		Tuggerah Lak	31.92q
7 Johnston, Libby		Terrigal Wam	32.26

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 11 - 200 Metre Sprint**

Zone: Z 27.80 2007 Sara Marshall, Gosford			
Name	Age	Centre	Final
Section 1 Final			
1 Cross, Mia		Wyong Lac	30.73
2 Hyland, Ashlyn		Gosford Lac	30.86
3 Knowles, Ella		Tuggerah Lak	31.14
4 Lowbridge, Annie		Terrigal Wam	31.71
5 Young, Matilda		Terrigal Wam	32.50
6 Roberts, Portia		Terrigal Wam	32.71
7 Humphries, Breeana		Tuggerah Lak	33.42
8 Minor, Bethan		Terrigal Wam	34.56

**Girls U 12 - 200 Metre Sprint**

Zone: Z 26.80 2008 Sara Marshall, Gosford			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Tatarinoff, Liliya		Terrigal Wam	30.39Q
2 Puxty, Brianna		Wyong Lac	31.83Q
3 Busch, Ella		Gosford Lac	33.32
4 Steele-Minett, Bella		Tuggerah Lak	33.49
5 Batey, Gemma		Gosford Lac	36.65
Heat 2 Heats			
1 Simos, Ava		Terrigal Wam	28.98Q
2 Puxty, Riyani		Wyong Lac	31.77Q
3 Washington, Lilah		Tuggerah Lak	32.08
Heat 3 Heats			
1 Lawson, Kleo		Wyong Lac	29.08Q
2 Legge, Tylah		Terrigal Wam	30.24Q
3 Jessop, Marianna		Toukley	31.89q
4 Patrick, Jade		Gosford Lac	31.94q

**Girls U 12 - 200 Metre Sprint**

Zone: Z 26.80 2008 Sara Marshall, Gosford			
Name	Age	Centre	Final
Section 1 Final			
1 Simos, Ava		Terrigal Wam	28.95
2 Lawson, Kleo		Wyong Lac	29.47
3 Tatarinoff, Liliya		Terrigal Wam	30.41
4 Legge, Tylah		Terrigal Wam	30.54
5 Puxty, Brianna		Wyong Lac	32.19
6 Puxty, Riyani		Wyong Lac	32.46
7 Jessop, Marianna		Toukley	33.10
8 Patrick, Jade		Gosford Lac	35.68

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17**

**Mingara Athletics Facility**

**Results**

**Girls U 13 - 200 Metre Sprint**

Zone: Z 26.30 1994 Rosemary Hayward, Toukley			
Name	Age	Centre	Heats

Heat 1 Heats

1	Beaven, Jade	Tuggerah Lak	28.62Q
2	Boelhouver, Kasey	Gosford Lac	29.83Q
3	Redding, Dakota	Wyong Lac	30.06Q
4	Cook, Katie	Tuggerah Lak	30.99q
5	Barnett, India-Rose	Terrigal Wam	31.28

Heat 2 Heats

1	Wheeler, Emelyn	Gosford Lac	26.81Q h
2	Robertson, Tori	Tuggerah Lak	28.16Q h
3	Corderoy, Hayley	Tuggerah Lak	28.96Q h
4	stadelmann, ebony	Tuggerah Lak	29.93q h
5	Smith, Willow	Wyong Lac	31.67 h
6	Gee, Lauren	Terrigal Wam	32.65 h

**Girls U 13 - 200 Metre Sprint**

Zone: Z 26.30 1994 Rosemary Hayward, Toukley			
Name	Age	Centre	Final

Section 1 Final

1	Wheeler, Emelyn	Gosford Lac	27.21
2	Beaven, Jade	Tuggerah Lak	27.88
3	Robertson, Tori	Tuggerah Lak	28.08
4	Corderoy, Hayley	Tuggerah Lak	28.18
5	Boelhouver, Kasey	Gosford Lac	30.21
6	stadelmann, ebony	Tuggerah Lak	30.64
7	Redding, Dakota	Wyong Lac	31.25

**Girls U 14 - 200 Metre Sprint**

Zone: Z 25.90 2005 Dannielle Bradbury, Terrigal			
Name	Age	Centre	Final

Section 1

1	Thomas, elizabeth	Toukley	27.82
2	Pettitt, Jade	Tuggerah Lak	28.01
3	Hamilton, Erin	Gosford Lac	28.47
4	Barber, Mia	Gosford Lac	29.25
5	Hyland, Zoe	Gosford Lac	32.58
6	Daniel, Sophie	Wyong Lac	32.70

**Girls U 15 - 200 Metre Sprint**

Zone: Z 24.60 1996 Rosemary Hayward, Toukley			
Name	Age	Centre	Final

1	Navusolo, Jezebel	Tuggerah Lak	25.32
2	Gunn, Katie	Gosford Lac	25.94
3	Heron Little, Amelia	Terrigal Wam	27.88
4	Zappia, Ava	Tuggerah Lak	29.09

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 17 - 200 Metre Sprint**

Zone: Z 24.70 2011 Jamie Carr, Gosford			
Name	Age	Centre	Final
1 Grimes, Abigail		Woy Woy Lac	27.24
2 Tatarinoff, Anya		Terrigal Wam	28.56
3 Daniel, Chloe		Wyong Lac	28.87
4 Rigney, Paige		Wyong Lac	29.67
5 Jones, Isabella		Tuggerah Lak	30.62

**Girls U 8 - 400 Metre Sprint**

Zone: Z 1:18.70 1989 Rosemary Hayward, Wyong			
Name	Age	Centre	Heats
Heat 1 Heats			
1 McNair, Alissa		Tuggerah Lak	1:36.57Q
2 Ell, Summer		Tuggerah Lak	1:37.22Q
3 Curtis, Gemma		Terrigal Wam	1:38.53Q
4 Parrelli, Chloe		Tuggerah Lak	1:41.75q
5 Ugri, Saani		Terrigal Wam	1:45.20
6 Laing, Indiana		Wyong Lac	1:51.69
Heat 2 Heats			
1 Milos, Izzie		Tuggerah Lak	1:33.14Q
2 Ruane, Madelyn		Tuggerah Lak	1:34.80Q
3 O'Toole, Charlotte		Toukley	1:38.72Q
4 Parrelli, Lilly		Tuggerah Lak	1:40.31q
5 Nightingale, Marlee		Toukley	1:49.29
6 Rodrigues, Allyson		Gosford Lac	1:55.78

**Girls U 8 - 400 Metre Sprint**

Zone: Z 1:18.70 1989 Rosemary Hayward, Wyong			
Name	Age	Centre	Final
Section 1 Final			
1 Milos, Izzie		Tuggerah Lak	1:31.09
2 Ell, Summer		Tuggerah Lak	1:35.33
3 McNair, Alissa		Tuggerah Lak	1:36.54
4 Curtis, Gemma		Terrigal Wam	1:38.41
5 Parrelli, Chloe		Tuggerah Lak	1:43.31
6 Parrelli, Lilly		Tuggerah Lak	1:45.65

**Girls U 9 - 400 Metre Sprint**

Zone: Z 1:13.50 1990 Rosemary Hayward, Wyong			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Grant, Azarliah		Wyong Lac	1:19.10Q
2 Pace, Layla		Terrigal Wam	1:21.47Q
3 Sankey, Taylah		Woy Woy Lac	1:23.68q
4 Falconi, Emily		Terrigal Wam	1:27.96q
5 Scahill, Bronte		Woy Woy Lac	1:34.35
6 Ryan, Grace		Tuggerah Lak	1:35.25
Heat 2 Heats			

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Girls U 9 - 400 Metre Sprint**

1	Callaghan, Keira	Wyong Lac	1:15.91Q
2	Channells, Tyla	Terrigal Wam	1:18.40Q
3	Grant, Sarah	Wyong Lac	1:21.07q
4	Goy, Tahlia	Tuggerah Lak	1:22.54q
5	Lucas, Tahlia	Gosford Lac	1:28.38
6	McKee, Bronte	Terrigal Wam	1:28.77
7	Kirton, Emmie	Tuggerah Lak	1:32.98

**Girls U 9 - 400 Metre Sprint**

=====			
	Zone: Z 1:13.50	1990	Rosemary Hayward, Wyong
Name	Age	Centre	Final
=====			

## Section 1 Final

1	Callaghan, Keira	Wyong Lac	1:17.12
2	Pace, Layla	Terrigal Wam	1:19.61
3	Channells, Tyla	Terrigal Wam	1:20.43
4	Grant, Azarliah	Wyong Lac	1:20.44
5	Grant, Sarah	Wyong Lac	1:23.38
6	Falconi, Emily	Terrigal Wam	1:25.08
7	Goy, Tahlia	Tuggerah Lak	1:26.09
8	Sankey, Taylah	Woy Woy Lac	1:26.63

**Girls U 10 - 400 Metre Sprint**

=====			
	Zone: Z 1:07.70	1991	Rosemary Hayward, Wyong
Name	Age	Centre	Heats
=====			

## Heat 1 Heats

1	Haremaker, Alyssa	Woy Woy Lac	1:13.51q
2	Booth, Olivia	Gosford Lac	1:17.68q
3	Jefferson, Zoe	Wyong Lac	1:33.73
4	Nightingale, Riley	Toukley	1:40.44

## Heat 2 Heats

1	houghton, tylah	Tuggerah Lak	1:17.54q
2	Grey, Sophia	Woy Woy Lac	1:18.68q
3	Robards, Bree	Tuggerah Lak	1:19.24q
4	Falconi, Olivia	Terrigal Wam	1:20.01q
5	Garcia, Kiara	Gosford Lac	1:20.20q
6	Hyland, Sarah	Gosford Lac	1:21.51q

**Girls U 10 - 400 Metre Sprint**

=====			
	Zone: Z 1:07.70	1991	Rosemary Hayward, Wyong
Name	Age	Centre	Final
=====			

## Section 1 Final

1	Grey, Sophia	Woy Woy Lac	1:13.98
2	Haremaker, Alyssa	Woy Woy Lac	1:16.50
3	Booth, Olivia	Gosford Lac	1:17.36
4	houghton, tylah	Tuggerah Lak	1:19.85
5	Robards, Bree	Tuggerah Lak	1:20.52
6	Garcia, Kiara	Gosford Lac	1:20.78
7	Falconi, Olivia	Terrigal Wam	1:25.93
8	Hyland, Sarah	Gosford Lac	1:26.82

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 11 - 400 Metre Sprint**

Zone: Z 1:05.70 2011 Ashlee Forbes, Tuggerah Lak			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Blackwell, Jessie		Woy Woy Lac	1:09.25Q
2 Knowles, Ella		Tuggerah Lak	1:13.01Q
3 Lowbridge, Annie		Terrigal Wam	1:14.13Q
4 Johnston, Libby		Terrigal Wam	1:14.94q
5 Boadu, Zahlia		Gosford Lac	1:16.16q
6 Scahill, Sienna		Woy Woy Lac	1:16.92
7 Laing, Brooklyn		Wyong Lac	1:22.17

Heat 2 Heats			
1 Stevens, Emilie		Woy Woy Lac	1:13.63Q
2 Charlton, Morgan		Woy Woy Lac	1:14.95Q
3 Tongue, Mia		Wyong Lac	1:15.22Q
4 O'Mara, Katie		Terrigal Wam	1:19.66
5 stammers, belle		Gosford Lac	1:21.56
6 Minto, Grace		Tuggerah Lak	1:25.87
7 Eriksson, Harper		Terrigal Wam	1:36.26

**Girls U 11 - 400 Metre Sprint**

Zone: Z 1:05.70 2011 Ashlee Forbes, Tuggerah Lak			
Name	Age	Centre	Final
Section 1 Final			
1 Blackwell, Jessie		Woy Woy Lac	1:09.75
2 Knowles, Ella		Tuggerah Lak	1:11.32
3 Stevens, Emilie		Woy Woy Lac	1:12.10
4 Tongue, Mia		Wyong Lac	1:13.62
4 Lowbridge, Annie		Terrigal Wam	1:13.62
6 Charlton, Morgan		Woy Woy Lac	1:15.98
7 Johnston, Libby		Terrigal Wam	1:17.15

**Girls U 12 - 400 Metre Sprint**

Zone: Z 1:01.80 2008 Sara Marshall, Gosford			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Rousell, Charlotte		Woy Woy Lac	1:07.08Q
2 Ryan, Imogen		Terrigal Wam	1:10.28Q
3 Puxty, Brianna		Wyong Lac	1:13.37Q
4 Steele-Minett, Bella		Tuggerah Lak	1:17.85
Heat 2 Heats			
1 Tatarinoff, Liliya		Terrigal Wam	1:10.31Q
2 Puxty, Riyani		Wyong Lac	1:11.50Q
3 Legge, Tylah		Terrigal Wam	1:11.57Q
4 Papalexion, Marianne		Tuggerah Lak	1:13.03q
5 Jessop, Marianna		Toukley	1:14.54q

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 12 - 400 Metre Sprint**

Zone: Z 1:01.80 2008 Sara Marshall, Gosford			
Name	Age	Centre	Final
Section 1 Final			
1 Rousell, Charlotte		Woy Woy Lac	1:07.30
2 Tatarinoff, Liliya		Terrigal Wam	1:10.01
3 Ryan, Imogen		Terrigal Wam	1:10.43
4 Legge, Tylah		Terrigal Wam	1:12.53
5 Puxty, Riyani		Wyong Lac	1:12.82
6 Papalexion, Marianne		Tuggerah Lak	1:12.99
7 Puxty, Brianna		Wyong Lac	1:14.98
8 Jessop, Marianna		Toukley	1:18.15

**Girls U 13 - 400 Metre Sprint**

Zone: Z 59.60 1994 Rosemary Hayward, Toukley			
Name	Age	Centre	Final
Section 1			
1 Boelhouwer, Kasey		Gosford Lac	1:10.42
2 Davis, Reilly		Tuggerah Lak	1:10.81
3 Smith, Willow		Wyong Lac	1:14.05
4 Joester, Jessica		Wyong Lac	1:16.35
5 Robinson, Willow		Gosford Lac	1:16.97
6 Wann, Isabelle		Wyong Lac	1:19.54

**Girls U 14 - 400 Metre Sprint**

Zone: Z 1:00.50 1995 Rosemary Hayward, Toukley			
Name	Age	Centre	Final
1 Pernecker, Ashley		Tuggerah Lak	1:03.21
2 Scahill, Erin		Woy Woy Lac	1:19.13
3 Hyland, Zoe		Gosford Lac	1:23.27

**Girls U 15 - 400 Metre Sprint**

Zone: Z 56.10 1996 Rosemary Hayward, Toukley			
Name	Age	Centre	Final
1 Hardy, Mia		Tuggerah Lak	1:03.42
2 Piazza, Stefani		Gosford Lac	1:07.25
3 Heron Little, Amelia		Terrigal Wam	1:07.66

**Girls U 17 - 400 Metre Sprint**

Zone: Z 59.30 2011 Sophie Meere, Tuggerah Lakes			
Name	Age	Centre	Final
1 Grimes, Abigail		Woy Woy Lac	1:02.32
2 Tatarinoff, Anya		Terrigal Wam	1:03.76
3 Jones, Isabella		Tuggerah Lak	1:08.76
4 Daniel, Chloe		Wyong Lac	1:09.94
5 Tucker, Kyla		Woy Woy Lac	1:12.02
6 Reid, Taylor		Tuggerah Lak	1:20.98



**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 7 - 500 Metre Run Pack Start**

Zone: Z 1:52.90 2007 Ashlee Forbes, Tuggerah L			
Name	Age	Centre	Final
1 Haywood, Isla Grace		Tuggerah Lak	1:59.34 h
2 Dunkley, Ella		Wyong Lac	2:03.80 h
3 Andrews, Georgie		Tuggerah Lak	2:10.54 h
4 Freeman, Rylee		Toukley	2:18.53 h
5 Blake, Annabel		Wyong Lac	2:25.56 h

**Girls U 8 - 700 Metre Run Pack Start**

Zone: Z 2:33.83 11-Dec-16 Keira Callaghan, Wyong			
Name	Age	Centre	Final
1 Milos, Izzie		Tuggerah Lak	2:53.71 h
2 McNair, Alissa		Tuggerah Lak	2:59.86 h
3 Belkadi, Nissa		Terrigal Wam	3:05.43 h
4 Grey, Ava		Woy Woy Lac	3:06.94 h
5 Ugri, Saani		Terrigal Wam	3:10.76 h
6 Nightingale, Marlee		Toukley	3:18.54 h

**Girls U 9 - 800 Metre Run**

Zone: Z 2:47.53 26-Nov-17 Keira Callaghan, Wyong			
Name	Age	Centre	Final
1 Callaghan, Keira		Wyong Lac	2:47.53Z h
2 Grant, Sarah		Wyong Lac	2:52.19 h
3 Channells, Tyla		Terrigal Wam	2:55.18 h
4 Grant, Azarliah		Wyong Lac	2:59.18 h
5 Pace, Layla		Terrigal Wam	3:06.08 h
6 Falconi, Emily		Terrigal Wam	3:07.99 h
7 Lucas, Tahlia		Gosford Lac	3:08.61 h
8 Sankey, Taylah		Woy Woy Lac	3:16.86 h
9 Ashby, Caetlin		Gosford Lac	3:18.84 h
10 Goy, Tahlia		Tuggerah Lak	3:20.64 h
11 Andrews, Sophie		Tuggerah Lak	3:23.39 h
12 Rooke, Gemma		Wyong Lac	3:27.57 h
13 D'Bras, Tabitha		Tuggerah Lak	3:31.92 h

**Girls U 10 - 800 Metre Run**

Zone: Z 2:37.30 2010 Ashlee Forbes, Tuggerah Lak			
Name	Age	Centre	Final
1 Garcia, Kiara		Gosford Lac	2:51.91 h
2 Falconi, Olivia		Terrigal Wam	2:54.54 h
3 houghton, tylah		Tuggerah Lak	2:55.63 h
4 Pitcher, Sienna		Gosford Lac	2:56.87 h
5 Parrelli, Isabella		Tuggerah Lak	3:09.15 h
6 Wardell, Katelyn		Gosford Lac	3:11.71 h
7 Goy, Kianna		Tuggerah Lak	3:23.38 h
8 Jefferson, Zoe		Wyong Lac	3:26.26 h
9 Jackson, Hayley		Tuggerah Lak	3:36.51 h
10 McNair, Jasmine		Tuggerah Lak	3:50.04 h

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 11 - 800 Metre Run**

Zone: Z 2:30.87 15-Dec-13 Charlotte Lowe, Tuggerah La			
Name	Age	Centre	Final
1 Blackwell, Jessie		Woy Woy Lac	2:35.17 h
2 Charlton, Morgan		Woy Woy Lac	2:42.67 h
3 Smyth, Mia		Terrigal Wam	2:45.44 h
4 Hyland, Ashlyn		Gosford Lac	2:47.73 h
5 Boadu, Zahlia		Gosford Lac	2:51.02 h
6 Stevens, Emilie		Woy Woy Lac	2:53.17 h
7 Tongue, Mia		Wyong Lac	2:54.13 h
8 Baigent, Summer		Toukley	3:02.26 h
9 Neville-Smith, Emily		Tuggerah Lak	3:04.03 h
10 Payne, Georgia		Tuggerah Lak	3:06.70 h
11 Charlton, Genevieve		Woy Woy Lac	3:10.92 h
12 Andrews, Abbie		Tuggerah Lak	3:28.73 h
13 Keys, Elyana		Tuggerah Lak	3:32.48 h
14 Blake, Marissa		Wyong Lac	3:33.74 h
15 Turnbull, Liabelle		Tuggerah Lak	3:41.43 h

**Girls U 12 - 800 Metre Run**

Zone: Z 2:27.10 1991 A Zucca, Wyong			
Name	Age	Centre	Final
1 Rousell, Charlotte		Woy Woy Lac	2:35.68 h
2 Norris, Stella		Tuggerah Lak	2:38.65 h
3 Dunne, Izabella		Gosford Lac	2:38.99 h
4 Papalexion, Marianne		Tuggerah Lak	2:39.80 h
5 Ryan, Imogen		Terrigal Wam	2:45.33 h
6 Puxty, Riyani		Wyong Lac	2:47.77 h
7 Puxty, Brianna		Wyong Lac	2:48.38 h
8 Tatarinoff, Liliya		Terrigal Wam	2:51.25 h
9 Dillon, Maya		Terrigal Wam	2:52.73 h
10 Jessop, Marianna		Toukley	2:56.63 h
11 Steele-Minett, Bella		Tuggerah Lak	3:11.62 h
12 Batey, Gemma		Gosford Lac	3:24.10 h

**Girls U 13 - 800 Metre Run**

Zone: Z 2:20.48 16-Dec-12 Elizabeth Chippendale, Gosf			
Name	Age	Centre	Final
1 Patterson, Amalia		Tuggerah Lak	2:41.26 h
2 Clarke-Knuth, Lani		Tuggerah Lak	2:50.71 h
3 Boelhouver, Kasey		Gosford Lac	2:57.24 h
4 Duguid, India		Woy Woy Lac	3:00.61 h
5 Gee, Lauren		Terrigal Wam	3:02.25 h
6 Wann, Isabelle		Wyong Lac	3:03.61 h

**Girls U 14 - 800 Metre Run**

Zone: Z 2:20.00 15-Dec-13 Elizabeth Chippendale, Gosf			
Name	Age	Centre	Final
1 Pernecker, Ashley		Tuggerah Lak	2:23.71 h

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****...Girls U 14 - 800 Metre Run**

2	Thomas, elizabeth	Toukley	2:56.28	h
3	Reid, Kara	Tuggerah Lak	3:06.62	h

**Girls U 15 - 800 Metre Run**

=====				
	Zone: Z 2:19.40	1996	Rosemary Hayward, Toukley	
Name	Age	Centre	Final	
=====				
1	Hardy, Mia	Tuggerah Lak	2:24.73	h
2	Payne, Chelsea	Tuggerah Lak	2:47.18	h

**Girls U 17 - 800 Metre Run**

=====				
	Zone: Z 2:26.50	2010	Caitlin Delaney, Tuggerah L	
Name	Age	Centre	Final	
=====				
1	Tatarinoff, Anya	Terrigal Wam	2:37.67	h
2	McShane-Ca, Summer	Tuggerah Lak	2:44.59	h
3	Jones, Isabella	Tuggerah Lak	2:48.74	h
4	Tucker, Kyla	Woy Woy Lac	2:53.44	h
5	Reid, Taylor	Tuggerah Lak	3:15.01	h

**Girls U 10 - 1500 Metre Run**

=====				
	Zone: Z 5:22.90	2010	Ashlee Forbes, Tuggerah Lak	
Name	Age	Centre	Final	
=====				
1	Garcia, Kiara	Gosford Lac	5:43.34	h
2	houghton, tylah	Tuggerah Lak	5:55.06	h
3	Pitcher, Sienna	Gosford Lac	5:55.91	h
4	Falconi, Olivia	Terrigal Wam	6:00.53	h
5	Parrelli, Isabella	Tuggerah Lak	6:29.58	h
6	Jefferson, Zoe	Wyong Lac	6:48.50	h
7	Goy, Kianna	Tuggerah Lak	6:50.47	h
8	Jackson, Hayley	Tuggerah Lak	7:22.92	h
9	Nightingale, Riley	Toukley	7:41.74	h
10	McNair, Jasmine	Tuggerah Lak	8:00.10	h

**Girls U 11 - 1500 Metre Run**

=====				
	Zone: Z 5:14.90	14-Dec-13	Charlotte Lowe, Tuggerah La	
Name	Age	Centre	Final	
=====				
1	Charlton, Morgan	Woy Woy Lac	5:20.12	
2	Scahill, Sienna	Woy Woy Lac	5:22.22	
3	Hyland, Ashlyn	Gosford Lac	5:29.69	
4	Tongue, Mia	Wyong Lac	5:43.51	
5	Stevens, Emilie	Woy Woy Lac	5:51.74	
6	O'Mara, Katie	Terrigal Wam	5:52.22	
7	Payne, Georgia	Tuggerah Lak	6:07.59	
8	Charlton, Genevieve	Woy Woy Lac	6:08.73	
9	Boadu, Zahlia	Gosford Lac	6:10.13	
10	Baigent, Summer	Toukley	6:13.14	
11	stammers, belle	Gosford Lac	6:23.61	
12	Keys, Elyana	Tuggerah Lak	7:02.30	

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 12 - 1500 Metre Run**

Zone: Z 5:03.40 1979 C Borg, Gosford			
Name	Age	Centre	Final
1 Dunne, Izabella		Gosford Lac	5:22.68
2 Norris, Stella		Tuggerah Lak	5:28.74
3 Papalexion, Marianne		Tuggerah Lak	5:35.71
4 Dillon, Maya		Terrigal Wam	5:38.26
5 Puxty, Riyani		Wyong Lac	5:41.21
6 Puxty, Brianna		Wyong Lac	5:50.23

**Girls U 13 - 1500 Metre Run**

Zone: Z 4:55.78 12-Dec-15 Charlotte Lowe, Tuggerah La			
Name	Age	Centre	Final
1 Patterson, Amalia		Tuggerah Lak	5:43.10
2 Clarke-Knuth, Lani		Tuggerah Lak	6:16.71
3 Gee, Lauren		Terrigal Wam	6:28.21

**Girls U 14 - 1500 Metre Run**

Zone: Z 4:55.80 1991 M Underhill, Woy Woy Penins			
Name	Age	Centre	Final
1 Pernecker, Ashley		Tuggerah Lak	5:19.57 h
2 Reid, Kara		Tuggerah Lak	6:09.25 h
3 Scahill, Erin		Woy Woy Lac	6:20.03 h

**Girls U 15 - 1500 Metre Run**

Zone: Z 4:53.00 2009 Caitlin Delaney, Tuggerah L			
Name	Age	Centre	Final
1 Pitcher, Allanah		Gosford Lac	5:14.28
2 Payne, Chelsea		Tuggerah Lak	5:47.29
3 Robertson, Ella		Tuggerah Lak	6:21.69

**Girls U 17 - 1500 Metre Run**

Zone: Z 5:10.40 2011 Caitlin Delaney, Tuggerah L			
Name	Age	Centre	Final
1 Tucker, Kyla		Woy Woy Lac	5:53.69 h
2 Daniel, Chloe		Wyong Lac	6:08.11 h
3 Reid, Taylor		Tuggerah Lak	6:47.26 h

**Girls U 13 - 3000 Metre Run**

Zone: Z 10:46.66 11-Dec-15 Charlotte Lowe, Tuggerah L			
Name	Age	Centre	Final
1 Patterson, Amalia		Tuggerah Lak	12:56.78

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 14 - 3000 Metre Run**

Zone: Z 10:39.70 09-Dec-16 Allanah Pitcher, Gosford			
Name	Age	Centre	Final
1 Pernecker, Ashley		Tuggerah Lak	11:22.33
2 Duguid, Daisy		Woy Woy Lac	12:28.03
3 Bolton, Hannah		Tuggerah Lak	12:40.92
4 Scahill, Erin		Woy Woy Lac	13:31.94
5 Reid, Kara		Tuggerah Lak	14:35.56

**Girls U 15 - 3000 Metre Run**

Zone: Z 10:32.70 2009 Caitlin Delaney, Tuggerah			
Name	Age	Centre	Final
1 Pitcher, Allanah		Gosford Lac	11:32.92
2 Payne, Chelsea		Tuggerah Lak	12:58.73

**Girls U 17 - 3000 Metre Run**

Zone: Z 10:53.90 2010 Caitlin Delaney, Tuggerah			
Name	Age	Centre	Final
1 McShane-Ca, Summer		Tuggerah Lak	12:27.80
2 Tucker, Kyla		Woy Woy Lac	13:07.75

**Girls U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 11.17 15-Dec-12 Tori Robertson, Tuggerah Lake			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Boelhouwer, Chelsea		Gosford Lac	12.57Q
2 Ruzek, Isabelle		Terrigal Wam	13.41Q
3 McNair, Alissa		Tuggerah Lak	13.65q
4 Laing, Indiana		Wyong Lac	14.79q
5 Rodrigues, Allyson		Gosford Lac	17.66q
Heat 2 Heats			
1 Curtis, Gemma		Terrigal Wam	13.56Q
2 Milos, Izzie		Tuggerah Lak	15.29Q
3 Grey, Ava		Woy Woy Lac	17.45q

**Girls U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 11.17 15-Dec-12 Tori Robertson, Tuggerah Lake			
Name	Age	Centre	Final
Section 1 Final			
1 Boelhouwer, Chelsea		Gosford Lac	12.77
2 Ruzek, Isabelle		Terrigal Wam	13.34
3 McNair, Alissa		Tuggerah Lak	13.41
4 Curtis, Gemma		Terrigal Wam	13.57
5 Milos, Izzie		Tuggerah Lak	15.01
6 Rodrigues, Allyson		Gosford Lac	16.02
7 Grey, Ava		Woy Woy Lac	18.64
8 Laing, Indiana		Wyong Lac	20.69

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 10.40 2004 Bianca Mould, Terrigal / Wamb			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Carlson, Keira		Wyong Lac	11.26Q
2 Gristwood, Marley		Toukley	12.35Q
3 Donnelly, Nia		Terrigal Wam	12.39q
4 Barnett, Isabella		Terrigal Wam	13.18
5 Tily, Isabella		Tuggerah Lak	13.34
6 Scahill, Bronte		Woy Woy Lac	13.91
Heat 2 Heats			
1 McIntosh-Walsh, Brooke		Wyong Lac	12.95Q
2 Healey, Gabriella		Terrigal Wam	12.96Q
3 Nicolussi, Isabella		Woy Woy Lac	13.40
4 Kirton, Emmie		Tuggerah Lak	13.49
5 Butler, Hannah		Wyong Lac	14.58
Heat 3 Heats			
1 vaotuu, mia		Tuggerah Lak	11.69Q
2 Sankey, Taylah		Woy Woy Lac	12.32Q
3 Minto, Ruby		Terrigal Wam	12.37q
4 Scollay, Peyton		Wyong Lac	12.47
5 Macey, sallee		Woy Woy Lac	14.54
6 Liedberg, Jacinta		Gosford Lac	15.66

**Girls U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 10.40 2004 Bianca Mould, Terrigal / Wamb			
Name	Age	Centre	Final
Section 1 Final			
1 vaotuu, mia		Tuggerah Lak	10.94
2 Sankey, Taylah		Woy Woy Lac	11.98
3 Gristwood, Marley		Toukley	12.16
4 Donnelly, Nia		Terrigal Wam	12.30
5 Minto, Ruby		Terrigal Wam	12.37
6 McIntosh-Walsh, Brooke		Wyong Lac	12.50
7 Carlson, Keira		Wyong Lac	12.77
8 Healey, Gabriella		Terrigal Wam	13.37

**Girls U 10 - 60 Metre Hurdles (60cm)**

Zone: Z 10.80 1996 Nocole Beaton, Tuggerah Lakes			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Stamper, Cameron		Terrigal Wam	12.36Q
2 Carlson, Ava-Marie		Wyong Lac	12.51Q
3 Jones, Grace		Tuggerah Lak	12.63q
4 Haremaker, Alyssa		Woy Woy Lac	13.19q
5 Ruzek, Felicity		Terrigal Wam	13.29q
6 O'Gorman, Caoimhe		Terrigal Wam	15.02
7 McFadden, Lilly		Toukley	16.87
Heat 2 Heats			
1 Robards, Bree		Tuggerah Lak	12.00Q
2 Medina, Gabrielle j		Woy Woy Lac	14.22Q

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Girls U 10 - 60 Metre Hurdles (60cm)**

3	Goy, Kianna	Tuggerah Lak	14.26q
4	Lynch, Eva	Woy Woy Lac	14.36
5	Bar, Adut (Susie)	Toukley	14.48
6	Fisher, Sharlotte	Gosford Lac	14.64
7	Challinor, Sarah	Gosford Lac	14.75

**Girls U 10 - 60 Metre Hurdles (60cm)**

=====			
	Zone: Z 10.80	1996	Nocole Beaton, Tuggerah Lakes
Name	Age	Centre	Final
=====			

## Section 1 Final

1	Robards, Bree	Tuggerah Lak	11.81
2	Carlson, Ava-Marie	Wyong Lac	12.17
3	Stamper, Cameron	Terrigal Wam	12.18
4	Haremaker, Alyssa	Woy Woy Lac	12.19
5	Jones, Grace	Tuggerah Lak	12.57
6	Ruzek, Felicity	Terrigal Wam	13.12
7	Goy, Kianna	Tuggerah Lak	14.02
8	Medina, Gabrielle j	Woy Woy Lac	14.18

**Girls U 11 - 60 Metre Hurdles (60cm)**

=====			
	Zone: Z 9.80	1997	Nocole Beaton, Tuggerah Lakes
Name	Age	Centre	Heats
=====			

## Heat 1 Heats

1	Smyth, Mia	Terrigal Wam	11.49Q
2	Tomkins, Kaiya	Wyong Lac	12.78Q
2	Eyndhoven, Olivia	Wyong Lac	12.78Q
4	Minto, Grace	Tuggerah Lak	13.65
5	Williams, Chelsea	Wyong Lac	13.74
6	Griffith, Alana	Woy Woy Lac	13.83
7	Charlton, Genevieve	Woy Woy Lac	13.97

## Heat 2 Heats

1	Cross, Mia	Wyong Lac	10.44Q
2	Boadu, Zahlia	Gosford Lac	11.76Q
3	Laing, Brooklyn	Wyong Lac	12.12Q
4	Reeves, Laura	Woy Woy Lac	12.67q
5	Cremer, Ally	Terrigal Wam	13.31q
6	Lawton, Georgie	Wyong Lac	13.50

**Girls U 11 - 60 Metre Hurdles (60cm)**

=====			
	Zone: Z 9.80	1997	Nocole Beaton, Tuggerah Lakes
Name	Age	Centre	Final
=====			

## Section 1 Final

1	Cross, Mia	Wyong Lac	10.75
2	Boadu, Zahlia	Gosford Lac	11.14
3	Smyth, Mia	Terrigal Wam	11.25
4	Laing, Brooklyn	Wyong Lac	11.81
5	Eyndhoven, Olivia	Wyong Lac	12.22
6	Reeves, Laura	Woy Woy Lac	12.57
7	Tomkins, Kaiya	Wyong Lac	13.18

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Girls U 11 - 60 Metre Hurdles (60cm)**

8 Cremer, Ally	Terrigal Wam	13.43
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**Girls U 12 - 60 Metre Hurdles (68cm)**

Zone: Z	9.90	2007	Jamie Carr, Gosford
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Name	Age Centre	Heats
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**Heat 1 Heats**

1 Stone, Jess	Terrigal Wam	11.91Q
2 Patrick, Jade	Gosford Lac	12.63Q
3 Wilson, Mia	Tuggerah Lak	13.16Q
4 Liedberg, Tennikah	Gosford Lac	15.72q

**Heat 2 Heats**

1 Lawson, Kleo	Wyong Lac	10.73Q
2 Simos, Ava	Terrigal Wam	10.77Q
3 Busch, Ella	Gosford Lac	13.60Q
4 Washington, Lilah	Tuggerah Lak	13.93q
5 Robertson, Olivia	Tuggerah Lak	16.07

**Girls U 12 - 60 Metre Hurdles (68cm)**

Zone: Z	9.90	2007	Jamie Carr, Gosford
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Name	Age Centre	Final
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**Section 1 Final**

1 Simos, Ava	Terrigal Wam	10.48
2 Lawson, Kleo	Wyong Lac	11.00
3 Stone, Jess	Terrigal Wam	11.43
4 Patrick, Jade	Gosford Lac	12.14
5 Wilson, Mia	Tuggerah Lak	12.85
6 Busch, Ella	Gosford Lac	13.23
7 Washington, Lilah	Tuggerah Lak	14.14
8 Liedberg, Tennikah	Gosford Lac	15.00

**Girls U 13 - 80 Metre Hurdles (76cm)**

Zone: Z	13.30	1999	Nicole Beaton, Tuggerah Lakes
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Name	Age Centre	Final
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**Section 1**

1 Robertson, Tori	Tuggerah Lak	13.35
2 stadelmann, ebony	Tuggerah Lak	15.25
3 Cook, Katie	Tuggerah Lak	15.85
4 Redding, Dakota	Wyong Lac	17.21
5 Barnett, India-Rose	Terrigal Wam	17.34

**Girls U 14 - 80 Metre Hurdles (76cm)**

Zone: Z	13.20	2000	K Wildman, Woy Woy Peninsula
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Name	Age Centre	Final
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1 Barber, Mia	Gosford Lac	13.22
2 Stevens, Lara	Gosford Lac	13.49
3 Hamilton, Erin	Gosford Lac	13.89
4 Lawton, Charlee	Wyong Lac	17.86



**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 15 - 90 Metre Hurdles (76cm)**

Zone: Z 13.50 2004 Trudy Thompson, Toukley			
Name	Age	Centre	Final
1 Robertson, Ella		Tuggerah Lak	20.08

**Girls U 17 - 100 Metre Hurdles (76cm)**

Zone: Z 14.90 2011 Jamie Carr, Gosford			
Name	Age	Centre	Final
1 Brown-Peters, April		Tuggerah Lak	19.99

**Girls U 13 - 200 Metre Hurdles (68cm)**

Zone: Z 29.60 1999 Nicole Beaton, Tuggerah Lakes			
Name	Age	Centre	Final
1 stadelmann, ebony		Tuggerah Lak	33.47
2 Robertson, Tori		Tuggerah Lak	33.74
3 Patterson, Amalia		Tuggerah Lak	35.08
4 Barnett, India-Rose		Terrigal Wam	36.41

**Girls U 14 - 200 Metre Hurdles (76cm)**

Zone: Z 29.30 2009 Jamie Carr, Gosford			
Name	Age	Centre	Final
1 Lebreton, Baylee		Gosford Lac	30.02
2 Hamilton, Erin		Gosford Lac	32.31
3 Lawton, Charlee		Wyong Lac	37.03
4 Scahill, Erin		Woy Woy Lac	37.88

**Girls U 17 - 300 Metre Hurdles (76cm)**

Zone: Z 55.10 24-Nov-17 Kyla Tucker, Woy Woy LAC			
Name	Age	Centre	Final
1 Tucker, Kyla		Woy Woy Lac	55.10Z
2 Seaborn, Taylah		Tuggerah Lak	1:12.91

**Girls U 9-12 4x100 Metre Relay (Jnr)**

Zone: Z 58.70 2007 , Gosford			
Centre	Age	Centre	Final
1 Wyong Lac			59.74
1) Eagleton, Abbie 9		2) Karipidis, Demi 10	
3) Carlson, Ava-Marie 10		4) Cross, Mia 11	
2 Terrigal Wamberal Lac			59.97
1) Roberts, Portia 11		2) Ruzek, Felicity 10	
3) Simos, Ava 12		4) Pace, Layla 9	
3 Woy Woy Lac			1:00.97
1) Sankey, Taylah 9		2) Haremaker, Alyssa 10	
3) Blackwell, Jessie 11		4) Rousell, Charlotte 12	
4 Tuggerah Lakes Mingara Lac			1:01.83

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Girls U 9-12 4x100 Metre Relay (Jnr)**

1) vaotuu, mia 9	2) Mackie, Jessika 10
3) Knowles, Ella 11	4) Turner, Brooke 12
5 Gosford Lac	1:05.76
1) Lucas, Tahlia 9	2) Hyland, Sarah 10
3) Boadu, Zahlia 11	4) Patrick, Jade 12
6 Toukley	1:07.49
1) Gristwood, Marley 9	2) Baigent, Summer 11
3) Bar, Adut (Susie) 10	4) Jessop, Marianna 12

**Girls U 12-17 4x100 Metre Relay (Snr)**

Zone: Z 51.30 2008		, Gosford	
Centre			Final
1 Tuggerah Lakes Mingara Lac			51.45
1) Beaven, Jade 13	2) Pettitt, Jade 14		
3) Zappia, Ava 15	4) Navusolo, Jezebel 15		
2 Gosford Lac			52.37
1) Wheeler, Emelyn 13	2) Lebreton, Baylee 14		
3) Gunn, Katie 15	4) Hamilton, Erin 14		
3 Terrigal Wamberal Lac			57.14
1) Tatarinoff, Anya 17	2) Barnett, India-Rose 13		
3) Tatarinoff, Liliya 12	4) Dillon, Charlotte 15		
4 Wyong Lac			58.41
1) Redding, Dakota 13	2) Weir, Alicia 14		
3) Daniel, Sophie 14	4) Daniel, Chloe 17		

**Girls U 9 - High Jump (S/H 0.80m)**

Zone: Z 1.15m 1992		H Batten, Terrigal / Wamberal	
Name	Age Centre		Final
Flight 1			
1 Humphries, Madison	Tuggerah Lak		0.95m
2 Channells, Tyla	Terrigal Wam		0.90m
2 McIntosh-Walsh, Brooke	Wyong Lac		0.90m

**Girls U 10 - High Jump (S/H 0.90m)**

Zone: Z 1.28m 2006		Nicola McDermott, Gosford	
Name	Age Centre		Final
1 Fisher, Sharlotte	Gosford Lac		1.00m
1 Lynch, Eva	Woy Woy Lac		J1.00m
3 Arthur, Margrete (Grete)	Gosford Lac		J0.95m
3 Mackie, Jessika	Tuggerah Lak		0.95m

**Girls U 11 - High Jump (S/H 1.00m)**

Zone: Z 1.39m 1993		Amy Carpenter, Tuggerah Lakes	
Name	Age Centre		Final
1 Tomkins, Kaiya	Wyong Lac		1.16m
2 Tongue, Mia	Wyong Lac		1.12m
3 Griffith, Alana	Woy Woy Lac		1.10m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Girls U 11 - High Jump (S/H 1.00m)**

4 Laing, Brooklyn	Wyong Lac	1.05m
4 Keys, Elyana	Tuggerah Lak	J1.05m
4 Spindler, Charlotte	Tuggerah Lak	J1.05m

**Girls U 12 - High Jump (S/H 1.10m)**

Zone: Z 1.53m 2008			Mercy Agbeze, Gosford
Name	Age Centre		Final
1 Dillon, Maya	Terrigal Wam		1.23m
2 Tatarinoff, Liliya	Terrigal Wam		1.20m
3 Busch, Ella	Gosford Lac		1.14m

**Girls U 13 - High Jump (S/H 1.15m)**

Zone: Z 1.60m 2002			Trudy Thompson, Toukley
Name	Age Centre		Final
1 Corderoy, Hayley	Tuggerah Lak		1.45m
2 Davis, Reilly	Tuggerah Lak		1.35m
2 Boelhouwer, Kasey	Gosford Lac		1.35m
4 Barnett, India-Rose	Terrigal Wam		J1.30m
4 Cook, Katie	Tuggerah Lak		1.30m
6 Hottes, Tara	Toukley		1.20m

**Girls U 14 - High Jump (S/H 1.20m)**

Zone: Z 1.65m 2010			Nicola McDermott, Gosford
Name	Age Centre		Final
1 Pernecker, Ashley	Tuggerah Lak		J1.40m
1 MACNAMARA, Lani	Tuggerah Lak		1.40m
3 McKechnie, Anna	Tuggerah Lak		1.38m

**Girls U 15 - High Jump (S/H 1.20m)**

Zone: Z 1.70m 2011			Nicola McDermott, Woy Woy Pen
Name	Age Centre		Final
1 Boffo, Mia	Gosford Lac		1.45m
2 Heron Little, Amelia	Terrigal Wam		1.37m

**Girls U 17 - High Jump (S/H 1.25m)**

Zone: Z 1.60m 2010			Madeline Bird, Tuggerah Lakes
Name	Age Centre		Final
1 Grimes, Abigail	Woy Woy Lac		1.51m
2 Vallance, Tylah	Tuggerah Lak		1.49m
3 Tatarinoff, Anya	Terrigal Wam		1.45m
4 Rigney, Paige	Wyong Lac		1.40m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 7 - Long Jump**

Zone: Z 3.44m 1983 K Ferguson, Wyong			
Name	Age	Centre	Final
1 Milne, Alleah		Gosford Lac	2.40m
2 Patterson, Mena		Terrigal Wam	1.71m

**Girls U 8 - Long Jump**

Zone: Z 3.56m 1984 R Ferguson, Wyong			
Name	Age	Centre	Final
1 Boelhouwer, Chelsea		Gosford Lac	3.40m
2 Parrelli, Chloe		Tuggerah Lak	2.58m
3 Laing, Indiana		Wyong Lac	2.51m
4 Parrelli, Lilly		Tuggerah Lak	2.48m
5 Nightingale, Marlee		Toukley	2.44m
6 Rodrigues, Allyson		Gosford Lac	2.18m
6 McFadden, Zali		Toukley	2.18m

**Girls U 9 - Long Jump**

Zone: Z 3.96m 1987 J Hayden, Gosford			
Name	Age	Centre	Final
1 Callaghan, Keira		Wyong Lac	3.65m
2 Channells, Tyla		Terrigal Wam	3.46m
3 Grant, Azarliah		Wyong Lac	3.34m
4 Grant, Sarah		Wyong Lac	3.33m
5 Lucas, Tahlia		Gosford Lac	3.07m
6 Falconi, Emily		Terrigal Wam	3.05m
7 Rooke, Gemma		Wyong Lac	2.99m
8 Humphries, Madison		Tuggerah Lak	2.90m
9 Gee, Alana		Terrigal Wam	2.73m
10 Fezer, Leila		Wyong Lac	2.70m
11 Macey, sallee		Woy Woy Lac	2.60m
12 D'Bras, Tabitha		Tuggerah Lak	2.50m

**Girls U 10 - Long Jump**

Zone: Z 4.41m 2002 Ellia Green, Gosford			
Name	Age	Centre	Final
1 Karipidis, Demi		Wyong Lac	4.18m
2 Robards, Bree		Tuggerah Lak	3.88m
3 Haremaker, Alyssa		Woy Woy Lac	3.78m
4 Jones, Grace		Tuggerah Lak	3.68m
5 Grey, Sophia		Woy Woy Lac	3.54m
6 Stamper, Cameron		Terrigal Wam	3.50m
7 Wardell, Katelyn		Gosford Lac	3.37m
8 Carlson, Ava-Marie		Wyong Lac	3.36m
9 Lawrence, Lilly		Gosford Lac	3.12m
10 Parrelli, Isabella		Tuggerah Lak	2.99m
11 Challinor, Sarah		Gosford Lac	2.94m
12 Cannone, Tuscany		Terrigal Wam	2.90m
13 Nightingale, Riley		Toukley	2.86m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Girls U 10 - Long Jump**

14	O'Gorman, Caoimhe	Terrigal Wam	2.82m
15	McNair, Jasmine	Tuggerah Lak	2.61m
16	Arthur, Margrete (Grete)	Gosford Lac	2.55m
17	McFadden, Lilly	Toukley	2.45m

**Girls U 11 - Long Jump**

Zone: Z 4.61m 1992		Rosemary Hayward, Toukley	
Name	Age	Centre	Final
1	Young, Matilda	Terrigal Wam	3.96m
2	Cross, Mia	Wyong Lac	3.95m
3	Blackwell, Jessie	Woy Woy Lac	3.94m
4	Knowles, Ella	Tuggerah Lak	3.89m
5	stammers, belle	Gosford Lac	3.55m
6	Lowbridge, Annie	Terrigal Wam	3.53m
7	Baigent, Summer	Toukley	3.51m
8	Spindler, Charlotte	Tuggerah Lak	3.34m
9	Johnston, Libby	Terrigal Wam	3.27m
10	Vallance, Shae	Tuggerah Lak	3.25m
11	Neville-Smith, Emily	Tuggerah Lak	3.24m
12	Williams, Chelsea	Wyong Lac	3.15m
13	Andrews, Abbie	Tuggerah Lak	3.08m
14	Minor, Bethan	Terrigal Wam	3.02m
15	Eriksson, Harper	Terrigal Wam	J2.94m
15	Channells, Hayden	Terrigal Wam	2.94m

**Girls U 12 - Long Jump**

Zone: Z 5.02m 2008		Sara Marshall, Gosford	
Name	Age	Centre	Final
1	Rousell, Charlotte	Woy Woy Lac	4.16m
2	Legge, Tylah	Terrigal Wam	3.98m
3	Turner, Brooke	Tuggerah Lak	3.79m
4	Stone, Jess	Terrigal Wam	3.70m
5	Patrick, Jade	Gosford Lac	3.63m
6	Wilson, Mia	Tuggerah Lak	3.57m
7	Steele-Minett, Bella	Tuggerah Lak	3.12m
8	Porter, Tara	Woy Woy Lac	2.84m
9	Robertson, Olivia	Tuggerah Lak	2.79m
10	Nash, Ebony	Tuggerah Lak	2.63m

**Girls U 13 - Long Jump**

Zone: Z 5.05m 12-Dec-15		Jemma Massoud-psaila, Gosford	
Name	Age	Centre	Final
1	Corderoy, Hayley	Tuggerah Lak	4.83m
2	Boelhouwer, Kasey	Gosford Lac	4.51m
3	Cook, Katie	Tuggerah Lak	4.33m
4	Wheeler, Emelyn	Gosford Lac	4.32m
5	Clarke-Knuth, Lani	Tuggerah Lak	4.14m
6	Redding, Dakota	Wyong Lac	4.09m
7	Joester, Jessica	Wyong Lac	3.90m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****...Girls U 13 - Long Jump**

8	Hottes, Tara	Toukley	3.55m
9	Barnett, India-Rose	Terrigal Wam	J3.29m
9	Smith, Willow	Wyong Lac	3.29m
11	Robinson, Willow	Gosford Lac	3.18m
12	Aldous, Alexis	Woy Woy Lac	1.27m

**Girls U 14 - Long Jump**

=====			
	Zone: Z 5.17m	1996	Amy Carpenter, Tuggerah Lakes
Name	Age	Centre	Final
=====			
1	Lebreton, Baylee	Gosford Lac	5.06m
2	Pettitt, Jade	Tuggerah Lak	4.76m
3	Barber, Mia	Gosford Lac	4.61m
4	MACNAMARA, Lani	Tuggerah Lak	4.55m
5	McKechnie, Anna	Tuggerah Lak	4.49m
6	Weir, Alicia	Wyong Lac	4.02m
7	Lawton, Charlee	Wyong Lac	3.75m
8	Daniel, Sophie	Wyong Lac	3.71m
9	Scahill, Erin	Woy Woy Lac	2.82m

**Girls U 15 - Long Jump**

=====			
	Zone: Z 5.53m	26-Nov-17	Katie Gunn, Gosford LAC
Name	Age	Centre	Final
=====			
1	Gunn, Katie	Gosford Lac	5.53mZ
2	Navusolo, Jezebel	Tuggerah Lak	5.16m
3	Zappia, Ava	Tuggerah Lak	4.78m
4	Dillon, Charlotte	Terrigal Wam	4.28m
5	Patrick, Amelia	Gosford Lac	3.43m

**Girls U 17 - Long Jump**

=====			
	Zone: Z 5.62m	11-Dec-16	Bethany Kranendonk, Wyong
Name	Age	Centre	Final
=====			
1	Grimes, Abigail	Woy Woy Lac	4.61m
2	Vallance, Tylah	Tuggerah Lak	4.42m
3	Rigney, Paige	Wyong Lac	4.26m
4	Tatarinoff, Anya	Terrigal Wam	4.24m
5	Daniel, Chloe	Wyong Lac	4.22m
6	Brown-Peters, April	Tuggerah Lak	3.94m

**Girls U 11 - Triple Jump**

=====			
	Zone: Z 9.31m	2002	Amanda Thorpe, Terrigal / Wam
Name	Age	Centre	Final
=====			
1	Smyth, Mia	Terrigal Wam	7.75m
2	Turnbull, Liabelle	Tuggerah Lak	7.48m
3	Stevens, Emilie	Woy Woy Lac	7.24m
4	Baigent, Summer	Toukley	6.99m
5	Spindler, Charlotte	Tuggerah Lak	6.98m
6	Humphries, Breeana	Tuggerah Lak	6.87m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****...Girls U 11 - Triple Jump**

7	Scahill, Sienna	Woy Woy Lac	6.74m
8	Keys, Elyana	Tuggerah Lak	6.24m
9	Charlton, Genevieve	Woy Woy Lac	6.04m
10	Griffith, Alana	Woy Woy Lac	5.78m
11	Cremer, Ally	Terrigal Wam	5.59m

**Girls U 12 - Triple Jump**

=====			
	Zone: Z 10.38m	2008	Mercy Agbeze, Gosford
Name	Age	Centre	Final
=====			
1	Rousell, Charlotte	Woy Woy Lac	9.00m
2	white, taya	Tuggerah Lak	8.38m
3	Stone, Jess	Terrigal Wam	8.10m
4	Washington, Lilah	Tuggerah Lak	7.84m
5	McDermott, Saffia	Toukley	7.75m
6	Wilson, Mia	Tuggerah Lak	7.63m
7	Dunne, Izabella	Gosford Lac	7.53m
8	Porter, Tara	Woy Woy Lac	7.32m
9	Eagleton, Tarni	Toukley	5.68m

**Girls U 13 - Triple Jump**

=====			
	Zone: Z 10.80m	2009	Merce Agbeze, Gosford
Name	Age	Centre	Final
=====			
1	Corderoy, Hayley	Tuggerah Lak	9.64m
2	Boelhauer, Kasey	Gosford Lac	9.35m
3	Wheeler, Emelyn	Gosford Lac	8.59m
4	Clarke-Knuth, Lani	Tuggerah Lak	8.37m
5	Gee, Lauren	Terrigal Wam	8.14m
6	Robinson, Willow	Gosford Lac	6.99m
7	Hottes, Tara	Toukley	6.94m

**Girls U 14 - Triple Jump**

=====			
	Zone: Z 11.11m	2010	Mercy Agbeze, Gosford
Name	Age	Centre	Final
=====			
1	Lebreton, Baylee	Gosford Lac	9.91m
2	McKechnie, Anna	Tuggerah Lak	9.78m
3	MACNAMARA, Lani	Tuggerah Lak	9.50m
4	Barber, Mia	Gosford Lac	8.92m
5	Weir, Alicia	Wyong Lac	8.35m
6	Daniel, Sophie	Wyong Lac	7.90m

**Girls U 15 - Triple Jump**

=====			
	Zone: Z 11.30m	25-Nov-17	Katie Gunn, Gosford LAC
Name	Age	Centre	Final
=====			
1	Gunn, Katie	Gosford Lac	11.30mZ
2	Navusolo, Jezebel	Tuggerah Lak	11.07m
3	Zappia, Ava	Tuggerah Lak	9.13m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 17 - Triple Jump**

Zone: Z 11.36m 12-Dec-15 Bethany Kranendonk, Wyong			
Name	Age	Centre	Final
1 Grimes, Abigail		Woy Woy Lac	9.72m
2 Rigney, Paige		Wyong Lac	9.42m
3 Brown-Peters, April		Tuggerah Lak	8.36m

**Girls U 7 - Shot Put (1.0 Kg)**

Zone: Z 6.94m 1983 R Ferguson, Wyong			
Name	Age	Centre	Final
1 Havea, Leileenah		Wyong Lac	4.24m
2 Patterson, Mena		Terrigal Wam	3.94m
3 Blake, Annabel		Wyong Lac	3.44m
4 Healey, Lily		Woy Woy Lac	2.91m
5 Andrews, Georgie		Tuggerah Lak	2.85m

**Girls U 8 - Shot Put (1.5 Kg)**

Zone: Z 6.12m 1999 K Kinna, Terrigal / Wamberal			
Name	Age	Centre	Final
1 Parrelli, Chloe		Tuggerah Lak	3.67m
2 Parrelli, Lilly		Tuggerah Lak	3.56m
3 Papalexion, Corabella		Gosford Lac	3.53m
4 Ugri, Saani		Terrigal Wam	3.46m
5 Topia, Te Ana		Toukley	3.02m
6 Overton, Ellie		Wyong Lac	3.01m
7 McFadden, Zali		Toukley	2.88m

**Girls U 9 - Shot Put (2.0 Kg)**

Zone: Z 7.90m 1985 R Ferguson, Wyong			
Name	Age	Centre	Final
1 Carlson, Keira		Wyong Lac	5.39m
2 vaotuuua, mia		Tuggerah Lak	4.85m
3 Nicolussi, Isabella		Woy Woy Lac	J4.82m
3 Grant, Azarliah		Wyong Lac	4.82m
5 Donnelly, Nia		Terrigal Wam	4.56m
6 Rooke, Gemma		Wyong Lac	4.37m
7 Liedberg, Jacinta		Gosford Lac	4.26m
8 Singh, Tayla		Gosford Lac	4.24m
9 Scollay, Peyton		Wyong Lac	3.67m
10 Butler, Hannah		Wyong Lac	3.48m
11 Scahill, Bronte		Woy Woy Lac	2.85m

**Girls U 10 - Shot Put (2.0 Kg)**

Zone: Z 9.93m 2005 Samantha Farrant, Gosford			
Name	Age	Centre	Final
1 Whormsley, Holly		Terrigal Wam	5.97m
2 Hyland, Sarah		Gosford Lac	5.03m



**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****...Girls U 10 - Shot Put (2.0 Kg)**

3	Goy, Kianna	Tuggerah Lak	4.96m
4	Medina, Gabrielle j	Woy Woy Lac	4.77m
5	Lawrence, Lilly	Gosford Lac	4.66m
6	Mackie, Jessika	Tuggerah Lak	4.20m
7	Jackson, Hayley	Tuggerah Lak	4.07m
8	McFadden, Lilly	Toukley	3.11m

**Girls U 11 - Shot Put (2.0 Kg)**

Zone: Z 12.86m 2006		Samantha Farrant, Gosford	
Name	Age	Centre	Final
1	Riddell, Kiara	Wyong Lac	8.73m
2	Reeves, Laura	Woy Woy Lac	8.26m
3	Hyland, Ashlyn	Gosford Lac	6.89m
4	Young, Matilda	Terrigal Wam	6.22m
5	Griffith, Alana	Woy Woy Lac	5.75m
6	Cremer, Ally	Terrigal Wam	5.71m
7	Turnbull, Liabelle	Tuggerah Lak	5.36m
8	Robinson, Savannah	Toukley	4.90m
9	Channells, Hayden	Terrigal Wam	4.18m
10	Tily, Summah	Tuggerah Lak	3.94m

**Girls U 12 - Shot Put (2.0 Kg)**

Zone: Z 12.93m 26-Nov-17		Angel Bywater, Gosford LAC	
Name	Age	Centre	Final
1	Bywater, Angel	Gosford Lac	12.93mZ
2	Ryan, Imogen	Terrigal Wam	7.41m
3	Murphy-Waters, Gemma	Wyong Lac	7.26m
3	Eagleton, Tarni	Toukley	J7.26m
5	McDermott, Saffia	Toukley	7.16m
5	Deane, Tahlia	Tuggerah Lak	J7.16m
7	Simos, Ava	Terrigal Wam	6.87m

**Girls U 13 - Shot Put (3.0 Kg)**

Zone: Z 12.58m 2008		Samantha Farrant, Gosford	
Name	Age	Centre	Final
1	stadelmann, ebony	Tuggerah Lak	7.51m
2	Wheeler, Emelyn	Gosford Lac	7.45m
3	Aldous, Alexis	Woy Woy Lac	7.32m
4	Petrie, Elizabeth	Wyong Lac	6.38m
5	Delisser, Ariel	Terrigal Wam	5.69m
6	Joester, Jessica	Wyong Lac	5.49m
7	Wann, Isabelle	Wyong Lac	4.79m
8	Hottes, Tara	Toukley	4.12m
9	Smith, Willow	Wyong Lac	3.56m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 14 - Shot Put (3.0 Kg)**

Zone: Z 12.85m 2009 Samantha Farrant, Gosford			
Name	Age	Centre	Final
1 Liedberg, Belynda		Gosford Lac	9.37m
2 Daniel, Sophie		Wyong Lac	8.29m
3 Hyland, Zoe		Gosford Lac	6.46m
4 Lawton, Charlee		Wyong Lac	5.98m

**Girls U 15 - Shot Put (3.0 Kg)**

Zone: Z 13.10m 1994 Debra Turnbull, Tuggerah Lak			
Name	Age	Centre	Final
1 Campbell, Lilly-Ann		Toukley	8.92m
2 Dillon, Charlotte		Terrigal Wam	7.86m
3 Barrett, Abigia		Toukley	7.75m

**Girls U 17 - Shot Put (3.0 Kg)**

Zone: Z 13.18m 2011 Samantha Farrant, Wyong			
Name	Age	Centre	Final
1 Brown-Peters, April		Tuggerah Lak	11.92m
2 Casey, Rebecca		Gosford Lac	11.02m
3 Boland, Olivia		Gosford Lac	9.73m
4 Rigney, Paige		Wyong Lac	8.73m

**Girls U 7 - Discus (350 Gram)**

Zone: Z 13.92m 1997 R Saunders, Tuggerah Lakes M			
Name	Age	Centre	Final
1 Healey, Lily		Woy Woy Lac	10.19m
2 Mutton, Summer		Woy Woy Lac	3.62m

**Girls U 8 - Discus (500 Gram)**

Zone: Z 15.42m 12-Dec-15 Ava-marie Carlson, Tuggerah			
Name	Age	Centre	Final
1 Topia, Te Ana		Toukley	7.55m
2 Ugri, Saani		Terrigal Wam	7.01m
3 Rodrigues, Allyson		Gosford Lac	6.34m
4 Papalexion, Corabella		Gosford Lac	5.49m

**Girls U 9 - Discus (500 Gram)**

Zone: Z 21.90m 11-Dec-16 Ava-Marie Carlson, Wyong			
Name	Age	Centre	Final
1 Carlson, Keira		Wyong Lac	17.50m
2 Grant, Sarah		Wyong Lac	14.07m
3 Liedberg, Jacinta		Gosford Lac	13.24m
4 Andrews, Sophie		Tuggerah Lak	10.47m
5 Donnelly, Nia		Terrigal Wam	9.86m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Girls U 9 - Discus (500 Gram)**

6	Rooke, Gemma	Wyong Lac	9.41m
7	Butler, Hannah	Wyong Lac	8.70m
8	Barnett, Isabella	Terrigal Wam	7.63m
9	Fezer, Leila	Wyong Lac	6.21m

**Girls U 10 - Discus (500 Gram)**

=====			
Zone: Z 26.52m		1995	V Oliver, Gosford
Name	Age	Centre	Final
=====			
1	Carlson, Ava-Marie	Wyong Lac	22.51m
2	Hyland, Sarah	Gosford Lac	15.41m
3	Jones, Grace	Tuggerah Lak	14.91m
4	Arthur, Margrete (Grete)	Gosford Lac	11.35m
5	Pitcher, Sienna	Gosford Lac	11.15m
6	Lawrence, Lilly	Gosford Lac	9.75m
7	Lynch, Eva	Woy Woy Lac	8.86m

**Girls U 11 - Discus (750 Gram)**

=====			
Zone: Z 27.55m		2006	Samantha Farrant, Gosford
Name	Age	Centre	Final
=====			
1	Reeves, Laura	Woy Woy Lac	22.88m
2	Riddell, Kiara	Wyong Lac	19.67m
3	Payne, Georgia	Tuggerah Lak	17.00m
4	Turnbull, Liabelle	Tuggerah Lak	14.63m
5	Minto, Grace	Tuggerah Lak	10.85m
6	Robinson, Savannah	Toukley	9.85m
7	Freeman, Kourtney	Toukley	8.66m
8	Andrews, Abbie	Tuggerah Lak	6.01m

**Girls U 12 - Discus (750 Gram)**

=====			
Zone: Z 35.10m		1991	Debra Turnbull, Tuggerah Lak
Name	Age	Centre	Final
=====			
1	Bywater, Angel	Gosford Lac	29.62m
2	Hunter, Jessica	Gosford Lac	26.82m
3	Murphy-Waters, Gemma	Wyong Lac	19.88m
4	Nash, Ebony	Tuggerah Lak	19.23m
5	Ryan, Imogen	Terrigal Wam	14.78m
6	Liedberg, Tennikah	Gosford Lac	13.50m
7	Stone, Jess	Terrigal Wam	12.74m
8	Connors, Grace	Woy Woy Lac	11.46m
9	Robertson, Olivia	Tuggerah Lak	11.16m

**Girls U 13 - Discus (750 Gram)**

=====			
Zone: Z 37.32m		2010	Jamie Farrant, Gosford
Name	Age	Centre	Final
=====			
1	Wheeler, Emelyn	Gosford Lac	19.81m
2	Petrie, Elizabeth	Wyong Lac	19.72m
3	stadelmann, ebony	Tuggerah Lak	19.19m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Girls U 13 - Discus (750 Gram)**

4 Duguid, India	Woy Woy Lac	18.87m
5 Cook, Katie	Tuggerah Lak	17.15m
6 Delisser, Ariel	Terrigal Wam	14.08m

**Girls U 14 - Discus (1.0 Kg)**

=====			
Zone: Z 34.80m		1993	Debra Turnbull, Tuggerah Lak
Name	Age	Centre	Final
=====			
1 Lebreton, Baylee		Gosford Lac	25.16m
2 Liedberg, Belynda		Gosford Lac	22.05m
3 Pettitt, Jade		Tuggerah Lak	20.91m
4 Daniel, Sophie		Wyong Lac	19.70m
5 Williams, Tahlia		Terrigal Wam	16.95m
6 Thomas, elizabeth		Toukley	13.31m

**Girls U 15 - Discus (1.0 Kg)**

=====			
Zone: Z 39.46m		1996	Debra Turnbull, Tuggerah Lak
Name	Age	Centre	Final
=====			
1 Campbell, Lilly-Ann		Toukley	26.83m
2 Payne, Chelsea		Tuggerah Lak	21.15m
3 Barrett, Abigia		Toukley	16.19m

**Girls U 17 - Discus (1.0 Kg)**

=====			
Zone: Z 40.77m		14-Dec-14	Tegan Fennell, Tuggerah Lake
Name	Age	Centre	Final
=====			
1 Casey, Rebecca		Gosford Lac	37.87m
2 Brown-Peters, April		Tuggerah Lak	36.10m
3 Boland, Olivia		Gosford Lac	23.84m
4 Daniel, Chloe		Wyong Lac	18.64m
5 Pantle, Myah		Terrigal Wam	17.53m

**Girls U 11 - Javelin (400 Gram)**

=====			
Zone: Z 18.39m		11-Dec-15	Lexi Weber, Tuggerah Lakes M
Name	Age	Centre	Final
=====			
1 Riddell, Kiara		Wyong Lac	16.85m
2 Reeves, Laura		Woy Woy Lac	16.29m
3 Freeman, Kourtney		Toukley	9.17m

**Girls U 12 - Javelin (400 Gram)**

=====			
Zone: Z 26.23m		09-Dec-16	Leisel Collins, Woy Woy
Name	Age	Centre	Final
=====			
1 white, taya		Tuggerah Lak	14.17m
2 Bywater, Angel		Gosford Lac	14.16m
3 Norris, Stella		Tuggerah Lak	13.19m
4 Liedberg, Tennikah		Gosford Lac	12.69m
5 Eagleton, Tarni		Toukley	9.82m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 13 - Javelin (400 Gram)**

Zone: Z 31.35m 2008 Samantha Farrant, Gosford			
Name	Age	Centre	Final
1 Healey, Ava		Woy Woy Lac	22.56m
2 Duguid, India		Woy Woy Lac	18.92m
3 Petrie, Elizabeth		Wyong Lac	18.19m
4 Clarke-Knuth, Lani		Tuggerah Lak	15.66m

**Girls U 14 - Javelin (400 Gram)**

Zone: Z 27.87m 14-Dec-14 April brown-Peters, Tuggerah			
Name	Age	Centre	Final
1 Bolton, Hannah		Tuggerah Lak	22.52m
2 Lebreton, Baylee		Gosford Lac	19.48m
3 Freeman, Mackenzie		Toukley	17.59m
4 Liedberg, Belynda		Gosford Lac	15.84m
5 Pettitt, Jade		Tuggerah Lak	13.04m

**Girls U 15 - Javelin (500 Gram)**

Zone: Z 31.13m 13-Dec-13 Brianna Shipley, Tuggerah La			
Name	Age	Centre	Final
1 Gunn, Katie		Gosford Lac	22.29m
2 Carty, April		Toukley	18.89m
3 Campbell, Lilly-Ann		Toukley	17.33m
4 Payne, Chelsea		Tuggerah Lak	14.74m
5 Robertson, Ella		Tuggerah Lak	14.52m
6 Freeman, Sascha		Toukley	13.89m
7 Beer, Lara		Woy Woy Lac	13.24m
8 Barrett, Abigia		Toukley	10.54m

**Girls U 17 - Javelin (500 Gram)**

Zone: Z 33.09m 2011 Casey Judge, Tuggerah Lakes			
Name	Age	Centre	Final
1 Brown-Peters, April		Tuggerah Lak	25.42m
2 Walker, Amy Marie		Tuggerah Lak	18.07m
3 Boland, Olivia		Gosford Lac	16.64m
4 McShane-Ca, Summer		Tuggerah Lak	16.61m
5 Seaborn, Taylah		Tuggerah Lak	13.69m

**Girls U 9 - 700 Metre Walk**

Zone: Z 4:04.00 1997 S Tomlin, Woy Woy Peninsula			
Name	Age	Centre	Final
Section 1			
1 Ashby, Caetlin		Gosford Lac	4:31.21
2 Butler, Hannah		Wyong Lac	4:50.39
3 Falconi, Emily		Terrigal Wam	5:02.23
4 D'Bras, Tabitha		Tuggerah Lak	5:08.87

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 10 - 1100 Metre Walk**

Zone: Z 5:59.10 1998 S Tomlin, Woy Woy Peninsula			
Name	Age	Centre	Final
1 Pitcher, Sienna		Gosford Lac	6:10.61
2 Jones, Grace		Tuggerah Lak	7:49.32
3 Markulin, Taylah		Tuggerah Lak	8:15.74
4 Jackson, Hayley		Tuggerah Lak	8:37.05
5 Falconi, Olivia		Terrigal Wam	9:18.45

**Girls U 11 - 1100 Metre Walk**

Zone: Z 5:47.00 11-Dec-15 Amalia Patterson, Tuggerah			
Name	Age	Centre	Final
1 Minto, Grace		Tuggerah Lak	6:36.49
2 Payne, Georgia		Tuggerah Lak	6:52.83
3 Blake, Marissa		Wyong Lac	7:15.09
4 Neville-Smith, Emily		Tuggerah Lak	7:18.01
5 Spindler, Charlotte		Tuggerah Lak	7:53.78
6 Vallance, Shae		Tuggerah Lak	8:10.89
7 Lawton, Georgie		Wyong Lac	8:44.75

**Girls U 12 - 1500 Metre Walk**

Zone: Z 7:26.94 09-Dec-16 Amalia Patterson, Tuggerah			
Name	Age	Centre	Final
1 Dunne, Izabella		Gosford Lac	7:30.03
2 Norris, Stella		Tuggerah Lak	9:32.69
3 Liedberg, Tennikah		Gosford Lac	9:36.23

**Girls U 13 - 1500 Metre Walk**

Zone: Z 7:34.20 1993 A Wells, Gosford			
Name	Age	Centre	Final
1 Patterson, Amalia		Tuggerah Lak	7:43.72
2 Duguid, India		Woy Woy Lac	10:03.48

**Girls U 14 - 1500 Metre Walk**

Zone: Z 6:58.63 24-Nov-17 Hannah Bolton, Tuggerah Lak			
Name	Age	Centre	Final
1 Bolton, Hannah		Tuggerah Lak	6:58.63Z
2 Reid, Kara		Tuggerah Lak	9:39.49

**Girls U 15 - 1500 Metre Walk**

Zone: Z 6:50.36 24-Nov-17 Allanah Pitcher, Gosford LA			
Name	Age	Centre	Final
1 Pitcher, Allanah		Gosford Lac	6:50.36Z
2 Robertson, Ella		Tuggerah Lak	8:38.49
3 Payne, Chelsea		Tuggerah Lak	9:04.68

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Girls U 17 - 1500 Metre Walk**

Zone: Z 7:48.92 13-Dec-13 Lydia McKay, Gosford			
Name	Age	Centre	Final
1 Walker, Amy Marie		Tuggerah Lak	7:53.64
2 Rigney, Paige		Wyong Lac	8:37.08
3 Seaborn, Taylah		Tuggerah Lak	9:33.76
4 Blake, Tanisha		Wyong Lac	9:45.64
5 Boland, Olivia		Gosford Lac	11:43.52

**Boys U 7 - 50 Metre Sprint**

Zone: Z 8.50 2004 Patrick Flint, Tuggerah Lakes			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Lowbridge, Harry		Terrigal Wam	8.81Q
2 Barber, Talan		Terrigal Wam	9.54Q
3 Pace, Zayer		Terrigal Wam	9.91Q
4 Boyd, Cooper		Wyong Lac	9.93q
Heat 2 Heats			
1 Alabi, Kingston		Woy Woy Lac	9.03Q
2 Eyndhoven, Thijs		Gosford Lac	9.52Q
3 Carlson, Braydan		Wyong Lac	9.73Q
4 Tuttlebee, Aniken		Terrigal Wam	10.12q

**Boys U 7 - 50 Metre Sprint**

Zone: Z 8.50 2004 Patrick Flint, Tuggerah Lakes			
Name	Age	Centre	Final
Section 1 Final			
1 Lowbridge, Harry		Terrigal Wam	8.53
2 Alabi, Kingston		Woy Woy Lac	8.84
3 Barber, Talan		Terrigal Wam	9.22
4 Eyndhoven, Thijs		Gosford Lac	9.31
5 Carlson, Braydan		Wyong Lac	9.90

**Boys U 7 - 70 Metre Sprint**

Zone: Z 11.20 1989 G Towle, Gosford			
Name	Age	Centre	Final
Section 1			
1 Lowbridge, Harry		Terrigal Wam	11.72
2 Alabi, Kingston		Woy Woy Lac	12.05
3 Barber, Talan		Terrigal Wam	12.76
4 Carlson, Braydan		Wyong Lac	13.80

**Boys U 8 - 70 Metre Sprint**

Zone: Z 10.70 2002 Byron Cavender, Gosford			
Name	Age	Centre	Final
1 Gristwood, Mazziah		Toukley	11.32
2 Onozawa, Kai		Gosford Lac	11.61

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 8 - 70 Metre Sprint**

3	Barrington, Jacob	Gosford Lac	12.48
4	Vanderwolf, Hunter	Wyong Lac	12.61
5	Bar, Dylan	Toukley	12.75
6	Dunstan, Levi	Wyong Lac	12.78
7	Turnbull, Patrick	Woy Woy Lac	13.15

**Boys U 9 - 70 Metre Sprint**

=====			
	Zone: Z 10.20	1999	J Mulligan, Gosford
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Barton, Zac	Wyong Lac	11.16Q
2	Allen, Silas	Tuggerah Lak	11.24Q
3	Robinson, Mitchell	Toukley	11.55Q
4	Blackwell, Fraser	Woy Woy Lac	11.72q
5	Lowbridge, Monty	Terrigal Wam	11.95q
Heat 2 Heats			
1	Wallace-Hoyle, Skuta	Wyong Lac	11.68Q
2	Stammers, Xander	Gosford Lac	12.43Q
3	O'Dell, Riley	Tuggerah Lak	12.63Q
4	Dehe, Edward	Woy Woy Lac	12.94
5	Stevens, Shane	Woy Woy Lac	14.00

**Boys U 9 - 70 Metre Sprint**

=====			
	Zone: Z 10.20	1999	J Mulligan, Gosford
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Allen, Silas	Tuggerah Lak	11.03
2	Barton, Zac	Wyong Lac	11.05
3	Robinson, Mitchell	Toukley	11.29
4	Wallace-Hoyle, Skuta	Wyong Lac	11.54
5	Lowbridge, Monty	Terrigal Wam	12.11
6	Blackwell, Fraser	Woy Woy Lac	12.30
7	Stammers, Xander	Gosford Lac	12.55
8	O'Dell, Riley	Tuggerah Lak	12.62

**Boys U 10 - 70 Metre Sprint**

=====			
	Zone: Z 9.50	2005	Jayden Priest, Gosford
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Lawson, Tex	Wyong Lac	11.15Q
2	Ramirez, Luke	Woy Woy Lac	11.35Q
3	Dimech, Luca	Terrigal Wam	11.63Q
3	Miller, Max	Terrigal Wam	11.63Q
5	Sammut, Zach	Tuggerah Lak	11.73
Heat 2 Heats			
1	Hamilton, Tahj	Tuggerah Lak	10.12Q
2	Barr, Quinlan	Tuggerah Lak	11.13Q
3	Piper, Elfie	Terrigal Wam	11.29Q
4	Riddell, Cohen	Toukley	11.39q



**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 10 - 70 Metre Sprint**

5 Fleming, Matthew	Terrigal Wam	11.53
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**Boys U 10 - 70 Metre Sprint**

=====			
Zone: Z	9.50	2005	Jayden Priest, Gosford
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Hamilton, Tahj		Tuggerah Lak	10.23
2 Lawson, Tex		Wyong Lac	10.73
3 Barr, Quinlan		Tuggerah Lak	10.94
4 Ramirez, Luke		Woy Woy Lac	11.16
5 Piper, Elfie		Terrigal Wam	11.18
6 Miller, Max		Terrigal Wam	11.29
7 Riddell, Cohen		Toukley	11.73
8 Dimech, Luca		Terrigal Wam	11.76

**Boys U 7 - 100 Metre Sprint**

=====			
Zone: Z	15.60	1989	G Towle, Gosford
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Lowbridge, Harry		Terrigal Wam	16.96q
2 Alabi, Kingston		Woy Woy Lac	17.06q
3 Barr, Jake		Tuggerah Lak	17.66q
4 Barber, Talan		Terrigal Wam	18.18q
5 McKendrick, Callum		Gosford Lac	19.03q
6 Carlson, Braydan		Wyong Lac	19.21q
Heat 2 Heats			
1 Boyd, Cooper		Wyong Lac	19.31q
2 Pace, Zayer		Terrigal Wam	19.35q
3 Williams, Lucas		Wyong Lac	22.45

**Boys U 7 - 100 Metre Sprint**

=====			
Zone: Z	15.60	1989	G Towle, Gosford
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Lowbridge, Harry		Terrigal Wam	16.75
2 Alabi, Kingston		Woy Woy Lac	17.54
3 Barr, Jake		Tuggerah Lak	17.88
4 Barber, Talan		Terrigal Wam	18.87
5 McKendrick, Callum		Gosford Lac	19.28
6 Pace, Zayer		Terrigal Wam	19.63
7 Boyd, Cooper		Wyong Lac	19.82

**Boys U 8 - 100 Metre Sprint**

=====			
Zone: Z	15.00	1989	J Hirst, Terrigal / Wamberal
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Michie, Samuel		Woy Woy Lac	16.85q

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 8 - 100 Metre Sprint**

2 Stammers, Knox	Gosford Lac	16.97q
3 Barrington, Jacob	Gosford Lac	17.22q
4 Ratcliff, Jensen	Tuggerah Lak	17.69q
5 Bar, Dylan	Toukley	18.59
6 Tongue, Riley	Wyong Lac	20.99
7 Tomkins, Jaspah	Wyong Lac	25.27

## Heat 2 Heats

1 Gristwood, Mazziah	Toukley	15.95q
2 Onozawa, Kai	Gosford Lac	16.20q
3 Gaughan, Anthony	Tuggerah Lak	17.84q
4 Vanderwolf, Hunter	Wyong Lac	18.33q
5 Hoad, Jet	Tuggerah Lak	18.77
6 Dunstan, Levi	Wyong Lac	19.16

**Boys U 8 - 100 Metre Sprint**

=====			
Zone:	Z 15.00	1989	J Hirst, Terrigal / Wamberal
Name	Age	Centre	Final
=====			

## Section 1 Final

1 Gristwood, Mazziah	Toukley	15.95
2 Onozawa, Kai	Gosford Lac	16.06
3 Michie, Samuel	Woy Woy Lac	16.59
4 Stammers, Knox	Gosford Lac	17.06
5 Vanderwolf, Hunter	Wyong Lac	17.75
6 Ratcliff, Jensen	Tuggerah Lak	17.83
7 Gaughan, Anthony	Tuggerah Lak	18.18
8 Barrington, Jacob	Gosford Lac	18.35

**Boys U 9 - 100 Metre Sprint**

=====			
Zone:	Z 14.10	2011	Sandon Smith, Tuggerah Lakes
Name	Age	Centre	Heats
=====			

## Heat 1 Heats

1 Allen, Silas	Tuggerah Lak	15.60Q
2 Johnston, Jimmy	Terrigal Wam	15.65Q
3 Nash, Owen	Tuggerah Lak	15.78Q
4 Robinson, Mitchell	Toukley	15.99q
5 Stammers, Xander	Gosford Lac	18.31q
6 Mutton, Zade	Woy Woy Lac	18.41

## Heat 2 Heats

1 Barton, Zac	Wyong Lac	15.54Q
2 Argent, Hugh	Woy Woy Lac	16.24Q
3 Norman, Matthew	Terrigal Wam	16.54Q
4 Vertigan-Jones, Spike	Tuggerah Lak	18.62
5 Spindler, Noah	Toukley	21.76

**Boys U 9 - 100 Metre Sprint**

=====			
Zone:	Z 14.10	2011	Sandon Smith, Tuggerah Lakes
Name	Age	Centre	Final
=====			

## Section 1 Final

1 Johnston, Jimmy	Terrigal Wam	15.48
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**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 9 - 100 Metre Sprint**

2 Nash, Owen	Tuggerah Lak	15.49
3 Barton, Zac	Wyong Lac	15.51
4 Allen, Silas	Tuggerah Lak	15.64
5 Robinson, Mitchell	Toukley	16.41
6 Argent, Hugh	Woy Woy Lac	16.50
7 Norman, Matthew	Terrigal Wam	17.29
8 Stammers, Xander	Gosford Lac	19.13

**Boys U 10 - 100 Metre Sprint**

=====			
	Zone: Z 13.50	1992	T Donaldson, Tuggerah Lakes M
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Dunstan, Caleb		Wyong Lac	14.52Q
2 Mccoombe-Lopez, Alex		Woy Woy Lac	15.41Q
3 Fleming, Matthew		Terrigal Wam	16.14
4 Dimech, Luca		Terrigal Wam	16.42
5 Robertson, Jackson		Tuggerah Lak	16.55
Heat 2 Heats			
1 Hamilton, Tahj		Tuggerah Lak	13.64Q h
2 Kirton, Cassius		Tuggerah Lak	14.26Q h
3 Szymanski, Oliver		Woy Woy Lac	14.83q h
4 Barr, Quinlan		Tuggerah Lak	15.16q h
5 Gunn, Connor		Gosford Lac	15.50 h
Heat 3 Heats			
1 Scoppetta, Zac		Tuggerah Lak	14.74Q h
2 McKee, Charlie		Terrigal Wam	15.68Q h
3 Michie, Marshall		Woy Woy Lac	16.03 h
4 Pace, Marley		Terrigal Wam	16.39 h
5 Curtis, Isaac		Terrigal Wam	16.82 h
5 Lawson, Tex		Wyong Lac	16.82 h

**Boys U 10 - 100 Metre Sprint**

=====			
	Zone: Z 13.50	1992	T Donaldson, Tuggerah Lakes M
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Hamilton, Tahj		Tuggerah Lak	14.30
2 Dunstan, Caleb		Wyong Lac	14.63
3 Kirton, Cassius		Tuggerah Lak	14.69
4 Mccoombe-Lopez, Alex		Woy Woy Lac	15.33
5 Szymanski, Oliver		Woy Woy Lac	15.52
6 Scoppetta, Zac		Tuggerah Lak	15.57
7 Barr, Quinlan		Tuggerah Lak	15.92
8 McKee, Charlie		Terrigal Wam	16.31

**Boys U 11 - 100 Metre Sprint**

=====			
	Zone: Z 13.00	2007	Joshua Parkinson, Tuggerah La
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Barr, Hugh		Tuggerah Lak	14.69Q

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 11 - 100 Metre Sprint**

2 Robson, Tyler	Terrigal Wam	15.14Q
3 Storey, Damian	Woy Woy Lac	15.22q
4 Argent, Jake	Woy Woy Lac	15.25q
5 Purcell, Samuel	Wyong Lac	15.31
6 Cross, Harrison	Wyong Lac	15.62
7 Falconer, Elijah	Toukley	16.50

## Heat 2 Heats

1 Jeffreyys, Bodie	Wyong Lac	14.85Q
2 Minto, Connor	Terrigal Wam	15.00Q
3 Smith, Callum	Wyong Lac	15.04q
4 Conners, William	Woy Woy Lac	15.20q
5 Vertigan-Jones, Claude	Tuggerah Lak	15.27
6 Mellor, Liam	Tuggerah Lak	15.33
7 Patrick, Riley	Gosford Lac	15.55
8 Coles, Declan	Toukley	16.11

**Boys U 11 - 100 Metre Sprint**

=====			
Zone: Z 13.00 2007		Joshua Parkinson, Tuggerah La	
Name	Age Centre	Final	
=====			

## Section 1 Final

1 Barr, Hugh	Tuggerah Lak	14.57
2 Jeffreyys, Bodie	Wyong Lac	14.66
3 Minto, Connor	Terrigal Wam	14.76
4 Storey, Damian	Woy Woy Lac	14.80
5 Conners, William	Woy Woy Lac	15.09
5 Robson, Tyler	Terrigal Wam	15.09
7 Argent, Jake	Woy Woy Lac	15.16
8 Smith, Callum	Wyong Lac	15.37

**Boys U 12 - 100 Metre Sprint**

=====			
Zone: Z 12.69 15-Dec-12		Aaron Dudman, Gosford	
Name	Age Centre	Heats	
=====			

## Heat 1 Heats

1 Coyte, Dylan	Wyong Lac	13.41Q
2 Coles, Liam	Toukley	13.62Q
3 Singh, Harley	Gosford Lac	13.96Q
4 Rae, Christopher	Tuggerah Lak	14.02q
5 Fleming, James	Terrigal Wam	14.84q
6 Mason, Rory	Tuggerah Lak	22.78

## Heat 2 Heats

1 Holt, Riley	Woy Woy Lac	14.19Q
2 Johnson, Kynan	Wyong Lac	14.46Q
3 Dimech, Harley	Terrigal Wam	14.57Q
4 Kirton, Felix	Tuggerah Lak	15.18
5 Papalexion, Dion	Gosford Lac	15.75

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 12 - 100 Metre Sprint**

Zone: Z 12.69 15-Dec-12 Aaron Dudman, Gosford			
Name	Age	Centre	Final
Section 1 Final			
1 Coyte, Dylan		Wyong Lac	13.11
2 Coles, Liam		Toukley	13.52
3 Singh, Harley		Gosford Lac	13.75
4 Rae, Christopher		Tuggerah Lak	13.77
5 Holt, Riley		Woy Woy Lac	14.14
6 Johnson, Kynan		Wyong Lac	14.47
7 Dimech, Harley		Terrigal Wam	14.55
8 Fleming, James		Terrigal Wam	14.63

**Boys U 13 - 100 Metre Sprint**

Zone: Z 12.10 2004 Tommy Robinson, Terrigal / Wa			
Name	Age	Centre	Heats
Heat 1 Heats			
1 McMillan, Jacob		Tuggerah Lak	13.35Q
2 Smith, Riley		Wyong Lac	13.48Q
3 Macgregor, Troy		Tuggerah Lak	13.59Q
4 McCombe-Lopez, Oscar		Woy Woy Lac	14.00
5 Lorenz, Saxon		Tuggerah Lak	14.27
6 Johnston, Gilbert		Terrigal Wam	14.53
7 Smith, Alex		Wyong Lac	14.58
8 Scoppetta, Kalan		Tuggerah Lak	15.19
Heat 2 Heats			
1 Hamilton, Aymn		Tuggerah Lak	13.35Q
2 Allen, Ikey		Tuggerah Lak	13.53Q
3 Neville-Smith, Aaron		Tuggerah Lak	13.59Q
4 pratt, cody		Wyong Lac	13.69q
5 mackie, lachlan		Tuggerah Lak	13.80q
6 Chaffer, Zane		Tuggerah Lak	13.94
7 Rooke, Connor		Wyong Lac	14.12
8 Medina, Marley		Woy Woy Lac	14.34

**Boys U 13 - 100 Metre Sprint**

Zone: Z 12.10 2004 Tommy Robinson, Terrigal / Wa			
Name	Age	Centre	Final
Section 1 Final			
1 Hamilton, Aymn		Tuggerah Lak	13.43
1 McMillan, Jacob		Tuggerah Lak	13.43
3 Allen, Ikey		Tuggerah Lak	13.48
4 Neville-Smith, Aaron		Tuggerah Lak	13.63
5 Smith, Riley		Wyong Lac	13.64
6 Macgregor, Troy		Tuggerah Lak	13.77
7 mackie, lachlan		Tuggerah Lak	13.87
8 pratt, cody		Wyong Lac	14.40

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 14 - 100 Metre Sprint**

Zone: Z 11.50 2004 Thomas Andrew, Gosford			
Name	Age	Centre	Final
Section 1			
1 Smedley, Jarrod		Tuggerah Lak	12.09
2 Trivers, Jamie		Tuggerah Lak	12.63
3 Farmer, Cohen		Tuggerah Lak	12.65
4 Brown, Ryan		Woy Woy Lac	13.17
5 Eyndhoven, Liam		Wyong Lac	13.18
6 Holt, Bailey		Woy Woy Lac	13.64
7 McDermott, Luca		Toukley	13.96

**Boys U 15 - 100 Metre Sprint**

Zone: Z 11.00 2001 Owen Martin, Terrigal / Wambe			
Name	Age	Centre	Final
1 Steer, Cameron		Tuggerah Lak	11.41

**Boys U 17 - 100 Metre Sprint**

Zone: Z 10.92 25-Nov-17 Taine Petersen, Tuggerah Lak			
Name	Age	Centre	Final
1 Petersen, Taine		Tuggerah Lak	10.92Z
2 Cox, Han		Tuggerah Lak	11.99
3 Chakanetsa, Nathaniel		Tuggerah Lak	12.03
4 Brown, Luke		Woy Woy Lac	12.07
5 Boelhouwer, Cooper		Gosford Lac	12.40
6 Smith, Garrett		Wyong Lac	14.30

**Boys U 7 - 200 Metre Sprint**

Zone: Z 32.20 2008 Jamal Belkadi, Gosford			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Lowbridge, Harry		Terrigal Wam	36.33q
2 Barr, Jake		Tuggerah Lak	37.48q
3 McKendrick, Callum		Gosford Lac	40.07q
4 Pace, Zayer		Terrigal Wam	40.31q
Heat 2 Heats			
1 Alabi, Kingston		Woy Woy Lac	37.79q
2 Barber, Talan		Terrigal Wam	38.65q
3 Eyndhoven, Thijs		Gosford Lac	40.63q

**Boys U 7 - 200 Metre Sprint**

Zone: Z 32.20 2008 Jamal Belkadi, Gosford			
Name	Age	Centre	Final
Section 1 Final			
1 Lowbridge, Harry		Terrigal Wam	35.33
2 Alabi, Kingston		Woy Woy Lac	37.11
3 Barr, Jake		Tuggerah Lak	38.10

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 7 - 200 Metre Sprint**

4 Barber, Talan	Terrigal Wam	38.34
5 Eyndhoven, Thijs	Gosford Lac	39.33
6 McKendrick, Callum	Gosford Lac	43.10

**Boys U 8 - 200 Metre Sprint**

=====			
Zone: Z 32.36 15-Dec-13 Dylan Coyte, Wyong			
Name	Age	Centre	Final
=====			
Section 1			
1 Onozawa, Kai		Gosford Lac	34.36
2 Michie, Samuel		Woy Woy Lac	35.40
3 Barrington, Jacob		Gosford Lac	37.07
4 White, Logan		Gosford Lac	37.40

**Boys U 9 - 200 Metre Sprint**

=====			
Zone: Z 30.40 1985 D Binskin, Gosford			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Barton, Zac		Wyong Lac	32.67Q
2 Diffin, Ike		Tuggerah Lak	33.23Q
3 Blackwell, Fraser		Woy Woy Lac	34.33Q
4 Robinson, Mitchell		Toukley	35.17q
5 Stevens, Shane		Woy Woy Lac	41.83
Heat 2 Heats			
1 Johnston, Jimmy		Terrigal Wam	32.18Q
2 Nash, Owen		Tuggerah Lak	32.75Q
3 Allen, Silas		Tuggerah Lak	33.06Q
4 Maccue, Leroy		Tuggerah Lak	33.31q
5 Lowbridge, Monty		Terrigal Wam	35.86
6 Stammers, Xander		Gosford Lac	37.69
7 Blake, Chase		Wyong Lac	47.76

**Boys U 9 - 200 Metre Sprint**

=====			
Zone: Z 30.40 1985 D Binskin, Gosford			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Diffin, Ike		Tuggerah Lak	32.04
2 Nash, Owen		Tuggerah Lak	32.09
3 Johnston, Jimmy		Terrigal Wam	32.14
4 Barton, Zac		Wyong Lac	32.23
5 Allen, Silas		Tuggerah Lak	33.90
6 Maccue, Leroy		Tuggerah Lak	34.65
7 Blackwell, Fraser		Woy Woy Lac	35.49
8 Robinson, Mitchell		Toukley	37.20

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 10 - 200 Metre Sprint**

Zone: Z 28.80 2009 Tyler Gunn, Gosford			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Scoppetta, Zac		Tuggerah Lak	31.63Q
2 Lawson, Tex		Wyong Lac	32.36Q
3 McKee, Charlie		Terrigal Wam	32.73Q
4 Eagleton, Travis		Toukley	33.07q
5 Curtis, Isaac		Terrigal Wam	34.74
6 Knowles, Owen		Tuggerah Lak	36.68
Heat 2 Heats			
1 Hamilton, Tahj		Tuggerah Lak	29.58Q
2 Dunstan, Caleb		Wyong Lac	30.03Q
3 Kirton, Cassius		Tuggerah Lak	30.04Q Ammended
4 Piper, Elfie		Terrigal Wam	32.47q
5 Gunn, Connor		Gosford Lac	33.22 Ammended
6 Pace, Marley		Terrigal Wam	36.48 Ammended

**Boys U 10 - 200 Metre Sprint**

Zone: Z 28.80 2009 Tyler Gunn, Gosford			
Name	Age	Centre	Final
Section 1 Final			
1 Kirton, Cassius		Tuggerah Lak	28.84 h revised
2 Hamilton, Tahj		Tuggerah Lak	29.28 h revised
3 Dunstan, Caleb		Wyong Lac	29.48 h revised
4 Scoppetta, Zac		Tuggerah Lak	31.81 h revised
5 Piper, Elfie		Terrigal Wam	32.12 h revised
6 McKee, Charlie		Terrigal Wam	32.52 h revised
7 Eagleton, Travis		Toukley	32.90 h revised
8 Lawson, Tex		Wyong Lac	33.15 h revised

**Boys U 11 - 200 Metre Sprint**

Zone: Z 27.60 2010 Tyler Gunn, Gosford			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Callaghan, Jai		Wyong Lac	29.49Q
2 Jackson, Travis		Tuggerah Lak	30.67Q
3 Hottes, Vincent		Toukley	30.93q
4 Vertigan-Jones, Claude		Tuggerah Lak	31.69
5 Smith, Callum		Wyong Lac	33.19
6 Mellor, Liam		Tuggerah Lak	33.37
7 Ugri, Jahriah		Terrigal Wam	36.88
Heat 2 Heats			
1 Robson, Tyler		Terrigal Wam	31.39Q
2 Cross, Harrison		Wyong Lac	31.42Q
3 Purcell, Samuel		Wyong Lac	32.25
4 Minto, Connor		Terrigal Wam	32.59
5 Pescud, Charlie		Toukley	32.83
Heat 3 Heats			
1 Ireland, Joshua		Gosford Lac	30.00Q
2 Jeffreys, Bodie		Wyong Lac	31.13Q



**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 11 - 200 Metre Sprint**

3	Patrick, Riley	Gosford Lac	31.58q
4	Conners, William	Woy Woy Lac	31.92
5	Falconer, Elijah	Toukley	33.99
6	Fezer, Solomon	Wyong Lac	37.99

**Boys U 11 - 200 Metre Sprint**

=====			
	Zone: Z 27.60	2010	Tyler Gunn, Gosford
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Callaghan, Jai	Wyong Lac	29.24
2	Ireland, Joshua	Gosford Lac	29.48
3	Jackson, Travis	Tuggerah Lak	30.70
4	Hottes, Vincent	Toukley	30.98
5	Jeffreys, Bodie	Wyong Lac	31.42
6	Cross, Harrison	Wyong Lac	31.51
7	Patrick, Riley	Gosford Lac	32.13
8	Robson, Tyler	Terrigal Wam	32.17

**Boys U 12 - 200 Metre Sprint**

=====			
	Zone: Z 26.18	16-Dec-12	Aaron Dudman, Gosford
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Coles, Liam	Toukley	28.28Q
2	Knowles, Bailey	Tuggerah Lak	28.95Q
3	Rae, Christopher	Tuggerah Lak	29.47Q
4	Holt, Riley	Woy Woy Lac	29.49q
5	Thomas, james	Toukley	32.09
6	Papalexion, Dion	Gosford Lac	34.31
Heat 2 Heats			
1	Dorrell, Tyrone	Woy Woy Lac	26.98Q
2	Coyte, Dylan	Wyong Lac	27.47Q
3	Singh, Harley	Gosford Lac	29.32Q
4	Knowles, Darcy	Tuggerah Lak	30.41q
5	Dimech, Harley	Terrigal Wam	31.59
6	Kirton, Felix	Tuggerah Lak	31.91
7	Dehe, Henri	Woy Woy Lac	32.86

**Boys U 12 - 200 Metre Sprint**

=====			
	Zone: Z 26.18	16-Dec-12	Aaron Dudman, Gosford
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Coyte, Dylan	Wyong Lac	27.36
2	Coles, Liam	Toukley	28.18
3	Knowles, Bailey	Tuggerah Lak	28.30
4	Singh, Harley	Gosford Lac	29.40
5	Knowles, Darcy	Tuggerah Lak	29.45
6	Rae, Christopher	Tuggerah Lak	33.01

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 13 - 200 Metre Sprint**

Zone: Z 25.07 16-Dec-12 Zac Boyd, Wyong			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Macgregor, Troy		Tuggerah Lak	27.54Q
2 Allen, Ikey		Tuggerah Lak	28.49Q
3 Neville-Smith, Aaron		Tuggerah Lak	28.69Q
4 Medina, Marley		Woy Woy Lac	29.18q
5 Smith, Riley		Wyong Lac	29.36q
6 Rooke, Connor		Wyong Lac	29.37
7 Lorenz, Saxon		Tuggerah Lak	29.51
8 McCoombe-Lopez, Oscar		Woy Woy Lac	31.27
Heat 2 Heats			
1 Szymanski, Luka		Woy Woy Lac	26.24Q
2 McMillan, Jacob		Tuggerah Lak	28.24Q
3 mackie, lachlan		Tuggerah Lak	28.68Q
4 Johnston, Gilbert		Terrigal Wam	29.89
5 Scoppetta, Kalan		Tuggerah Lak	31.81

**Boys U 13 - 200 Metre Sprint**

Zone: Z 25.07 16-Dec-12 Zac Boyd, Wyong			
Name	Age	Centre	Final
Section 1 Final			
1 Szymanski, Luka		Woy Woy Lac	26.35
2 Allen, Ikey		Tuggerah Lak	27.69
3 Smith, Riley		Wyong Lac	27.88
4 Macgregor, Troy		Tuggerah Lak	28.03
5 mackie, lachlan		Tuggerah Lak	28.55
6 Neville-Smith, Aaron		Tuggerah Lak	28.81
7 McMillan, Jacob		Tuggerah Lak	28.85
8 Medina, Marley		Woy Woy Lac	29.29

**Boys U 14 - 200 Metre Sprint**

Zone: Z 23.40 2004 Thomas Andrew, Gosford			
Name	Age	Centre	Final
Section 1			
1 Smedley, Jarrod		Tuggerah Lak	25.21
2 Trivers, Jamie		Tuggerah Lak	25.65
3 Farmer, Cohen		Tuggerah Lak	25.97
4 Eyndhoven, Liam		Wyong Lac	26.76
5 Holt, Bailey		Woy Woy Lac	27.48
6 Batey, Luke		Gosford Lac	29.28
7 Brown, Ryan		Woy Woy Lac	29.46

**Boys U 15 - 200 Metre Sprint**

Zone: Z 22.71 15-Dec-13 John Dahan, Wyong			
Name	Age	Centre	Final
1 Steer, Cameron		Tuggerah Lak	23.31
2 Herbert, Tom		Tuggerah Lak	25.46

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 15 - 200 Metre Sprint**

3 Rae, Sean	Tuggerah Lak	26.49
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**Boys U 17 - 200 Metre Sprint**

Zone: Z 22.19 26-Nov-17 Taine Petersen, Tuggerah Lak

Name	Age Centre	Final
------	------------	-------

1 Petersen, Taine	Tuggerah Lak	22.19Z
2 Grant, Riley	Gosford Lac	23.80
3 Jacobs, Luke	Tuggerah Lak	24.33
4 Brown, Luke	Woy Woy Lac	24.61
5 Cox, Han	Tuggerah Lak	24.65
6 Boelhouwer, Cooper	Gosford Lac	24.67
7 Chakanetsa, Nathaniel	Tuggerah Lak	25.07

**Boys U 8 - 400 Metre Sprint**

Zone: Z 1:15.40 1989 R Hall, Woy Woy Peninsula

Name	Age Centre	Final
------	------------	-------

1 Norris, Bryson	Tuggerah Lak	1:25.41
2 White, Logan	Gosford Lac	1:33.41
3 Stammers, Knox	Gosford Lac	1:36.55
4 Tongue, Riley	Wyong Lac	1:49.45

**Boys U 9 - 400 Metre Sprint**

Zone: Z 1:08.90 1991 G Towle, Gosford

Name	Age Centre	Heats
------	------------	-------

**Heat 1 Heats**

1 Diffin, Ike	Tuggerah Lak	1:18.58Q
2 Nash, Owen	Tuggerah Lak	1:21.65Q
3 Johnston, Jimmy	Terrigal Wam	1:23.01Q
4 Lowbridge, Monty	Terrigal Wam	1:28.90q

**Heat 2 Heats**

1 Maccue, Leroy	Tuggerah Lak	1:19.52Q
2 Blackwell, Fraser	Woy Woy Lac	1:22.26Q
3 Robards, Aiden	Tuggerah Lak	1:24.41Q
4 Beatty, Nate	Terrigal Wam	1:27.84q
5 Cremer, Kobe	Terrigal Wam	1:30.10

**Boys U 9 - 400 Metre Sprint**

Zone: Z 1:08.90 1991 G Towle, Gosford

Name	Age Centre	Final
------	------------	-------

**Section 1 Final**

1 Diffin, Ike	Tuggerah Lak	1:14.89
2 Maccue, Leroy	Tuggerah Lak	1:16.52
3 Nash, Owen	Tuggerah Lak	1:17.26
4 Blackwell, Fraser	Woy Woy Lac	1:19.48
5 Johnston, Jimmy	Terrigal Wam	1:19.96
6 Lowbridge, Monty	Terrigal Wam	1:21.98
7 Robards, Aiden	Tuggerah Lak	1:27.54

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 9 - 400 Metre Sprint**

8 Beatty, Nate	Terrigal Wam	1:30.44
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**Boys U 10 - 400 Metre Sprint**

=====		
Zone: Z 1:07.30	2009	Tyler Gunn, Gosford
Name	Age Centre	Final
=====		

## Section 1

1 Kirton, Cassius	Tuggerah Lak	1:08.98
2 Mccoombe-Lopez, Alex	Woy Woy Lac	1:09.94
3 McKee, Charlie	Terrigal Wam	1:13.23
4 Scoppetta, Zac	Tuggerah Lak	1:13.38
5 Pace, Marley	Terrigal Wam	1:20.61
6 Curtis, Isaac	Terrigal Wam	1:23.86

**Boys U 11 - 400 Metre Sprint**

=====		
Zone: Z 1:05.40	2007	Scott Drinkwater, Tuggerah
Name	Age Centre	Heats
=====		

## Heat 1 Heats

1 Ireland, Joshua	Gosford Lac	1:08.45Q
2 Ugri, Jahriah	Terrigal Wam	1:14.55Q
3 Vertigan-Jones, Claude	Tuggerah Lak	1:18.68Q
4 Williams, Nathan	Wyong Lac	1:19.74q

## Heat 2 Heats

1 Callaghan, Jai	Wyong Lac	1:06.92Q
2 Jackson, Travis	Tuggerah Lak	1:13.46Q
3 Conners, William	Woy Woy Lac	1:28.07Q

**Boys U 11 - 400 Metre Sprint**

=====		
Zone: Z 1:05.40	2007	Scott Drinkwater, Tuggerah
Name	Age Centre	Final
=====		

## Section 1 Final

1 Callaghan, Jai	Wyong Lac	1:07.02
2 Ireland, Joshua	Gosford Lac	1:08.02
3 Jackson, Travis	Tuggerah Lak	1:14.21
4 Ugri, Jahriah	Terrigal Wam	1:16.45
5 Williams, Nathan	Wyong Lac	1:19.53
6 Conners, William	Woy Woy Lac	1:24.94

**Boys U 12 - 400 Metre Sprint**

=====		
Zone: Z 1:00.10	2011	Tuler Gunn, Gosford
Name	Age Centre	Heats
=====		

## Heat 1 Heats

1 Dehe, Henri	Woy Woy Lac	1:15.54Q
2 Kirton, Felix	Tuggerah Lak	1:20.10Q
3 Andrews-Bohringer, Spenc	Tuggerah Lak	1:21.63Q
4 Falconi, Luke	Terrigal Wam	1:22.84q

## Heat 2 Heats

1 Knowles, Bailey	Tuggerah Lak	1:16.45Q
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**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 12 - 400 Metre Sprint**

2 Etchells, Sawyer	Tuggerah Lak	1:18.47Q
3 Lee, Logan	Gosford Lac	1:19.50Q
4 Beatty, Talan	Terrigal Wam	1:21.05q

**Boys U 12 - 400 Metre Sprint**

=====			
Zone: Z 1:00.10		2011	Tuler Gunn, Gosford
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Knowles, Bailey		Tuggerah Lak	1:09.62
2 Andrews-Bohringer, Spenc		Tuggerah Lak	1:10.80
3 Dehe, Henri		Woy Woy Lac	1:12.07
4 Etchells, Sawyer		Tuggerah Lak	1:14.76
5 Lee, Logan		Gosford Lac	1:17.10
6 Kirton, Felix		Tuggerah Lak	1:17.59
7 Falconi, Luke		Terrigal Wam	1:17.71
8 Beatty, Talan		Terrigal Wam	1:21.18

**Boys U 13 - 400 Metre Sprint**

=====			
Zone: Z 57.50		2007	Byron Cavender, Gosford
Name	Age	Centre	Final
=====			
Section 1			
1 pratt, cody		Wyong Lac	1:05.35
2 Liddell, Samuel		Tuggerah Lak	1:06.04
3 Lawton, Thomas		Wyong Lac	1:08.02
4 McCoombe-Lopez, Oscar		Woy Woy Lac	1:11.16
5 Petrie, Jack		Wyong Lac	1:12.60

**Boys U 14 - 400 Metre Sprint**

=====			
Zone: Z 55.10		2004	Thomas Andrew, Gosford
Name	Age	Centre	Final
=====			
1 Eyndhoven, Liam		Wyong Lac	59.87
2 Farmer, Cohen		Tuggerah Lak	1:00.16
3 Batey, Luke		Gosford Lac	1:04.47
4 Jessop, Liam		Toukley	1:06.98
5 Turnbull, Shaun		Woy Woy Lac	1:10.91

**Boys U 15 - 400 Metre Sprint**

=====			
Zone: Z 52.30		2011	Jack Collett, Gosford
Name	Age	Centre	Final
=====			
1 Herbert, Tom		Tuggerah Lak	56.15
2 Rae, Sean		Tuggerah Lak	58.39
3 McKay, Daniel		Tuggerah Lak	1:00.99
4 Kemp, Joel		Tuggerah Lak	1:01.81

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 17 - 400 Metre Sprint**

Zone: Z 51.34 12-Dec-15 Tyler Gunn, Gosford			
Name	Age	Centre	Final
1 Grant, Riley		Gosford Lac	56.61
2 Brown, Luke		Woy Woy Lac	1:01.79

**Boys U 7 - 500 Metre Run Pack Start**

Zone: Z 1:45.60 2011 Lorcan Hayes, Woy Woy Penin			
Name	Age	Centre	Final
1 Barr, Jake		Tuggerah Lak	1:57.86 h
2 Barlow, Ayden		Woy Woy Lac	2:05.48 h
3 McKendrick, Callum		Gosford Lac	2:08.38 h
4 Williams, Lucas		Wyong Lac	2:21.58 h

**Boys U 8 - 700 Metre Run Pack Start**

Zone: Z 2:29.90 2006 Sam Collett, Terrigal / Wam			
Name	Age	Centre	Final
1 Norris, Bryson		Tuggerah Lak	2:35.39 h
2 White, Logan		Gosford Lac	2:49.51 h
3 Ellis, Kobe		Toukley	3:04.03 h
4 Stammers, Knox		Gosford Lac	3:11.31 h

**Boys U 9 - 800 Metre Run**

Zone: Z 2:40.10 1990 R Wall, Woy Woy Peninsula			
Name	Age	Centre	Final
1 Nash, Owen		Tuggerah Lak	2:53.34 h
2 Maccue, Leroy		Tuggerah Lak	2:54.45 h
3 Norman, Matthew		Terrigal Wam	3:06.82 h
4 Beatty, Nate		Terrigal Wam	3:08.23 h
5 Stevens, Shane		Woy Woy Lac	3:16.42 h

**Boys U 10 - 800 Metre Run**

Zone: Z 2:32.60 1982 L O'Neill, Gosford			
Name	Age	Centre	Final
1 Piper, Elfie		Terrigal Wam	2:47.06 h
2 Quitadamo, Luca		Woy Woy Lac	2:52.17 h
3 Kirton, Cassius		Tuggerah Lak	2:55.11 h
4 Gunn, Connor		Gosford Lac	2:57.64 h
5 Pace, Marley		Terrigal Wam	2:59.01 h
6 Eagleton, Travis		Toukley	3:00.41 h
7 Dunne, Griffon		Gosford Lac	3:10.50 h
8 Topia, Tamatea		Toukley	3:16.94 h

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 11 - 800 Metre Run**

Zone: Z 2:26.30 2001 Cameron Page, Gosford			
Name	Age	Centre	Final
1 Bemet, Cooper		Tuggerah Lak	2:32.67 h
2 Ugri, Jahriah		Terrigal Wam	2:40.25 h
3 Hottes, Vincent		Toukley	2:42.72 h
4 Ashby, Myles		Gosford Lac	2:45.04 h
5 Williams, Nathan		Wyong Lac	2:45.45 h
6 Spindler, Oliver		Toukley	3:12.06 h
7 Fezer, Solomon		Wyong Lac	3:30.57 h

**Boys U 12 - 800 Metre Run**

Zone: Z 2:23.82 15-Dec-13 Joel Durrington, Wyong			
Name	Age	Centre	Final
1 Andrews-Bohringer, Spenc		Tuggerah Lak	2:38.71 h
2 Dehe, Henri		Woy Woy Lac	2:40.87 h
3 Thomas, james		Toukley	2:43.77 h
4 Hoad, Blayze		Tuggerah Lak	2:44.43 h
5 Etchells, Sawyer		Tuggerah Lak	2:47.77 h
6 Quinton, Jack		Gosford Lac	2:48.14 h
7 Falconi, Luke		Terrigal Wam	2:50.07 h
8 Kelly, Nathan		Gosford Lac	2:51.41 h
9 Lee, Logan		Gosford Lac	2:55.09 h
10 Kirton, Felix		Tuggerah Lak	3:00.13 h
11 Beatty, Talan		Terrigal Wam	3:07.87 h
12 Macey, Connor		Woy Woy Lac	3:26.53 h

**Boys U 13 - 800 Metre Run**

Zone: Z 2:18.10 2007 Byron Cavender, Gosford			
Name	Age	Centre	Final
1 Liddell, Samuel		Tuggerah Lak	2:25.36 h
2 Daly, Dylan		Wyong Lac	2:54.89 h

**Boys U 14 - 800 Metre Run**

Zone: Z 2:10.80 2008 Byron Cavender, Gosford			
Name	Age	Centre	Final
1 Woodward, Talon		Tuggerah Lak	2:26.84 h
2 Batey, Luke		Gosford Lac	2:29.93 h
3 Jessop, Liam		Toukley	2:33.48 h

**Boys U 15 - 800 Metre Run**

Zone: Z 2:02.00 2011 Jack Collett, Gosford			
Name	Age	Centre	Final
1 Rae, Sean		Tuggerah Lak	2:15.42 h
2 Herbert, Tom		Tuggerah Lak	2:16.03 h
3 McKay, Matthew		Tuggerah Lak	2:23.21 h
4 Kemp, Joel		Tuggerah Lak	2:30.89 h

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 17 - 800 Metre Run**

Zone: Z 2:01.64 11-Dec-16 Terry Mihellis, Gosford			
Name	Age	Centre	Final
1 Madden, Jakob		Tuggerah Lak	2:12.58 h
2 Smith, Garrett		Wyong Lac	2:35.08 h

**Boys U 10 - 1500 Metre Run**

Zone: Z 4:58.60 1982 L O'Neill, Gosford			
Name	Age	Centre	Final
1 Piper, Elfie		Terrigal Wam	5:22.28
2 Andrews-Bohringer, Olive		Tuggerah Lak	5:31.59
3 Quitadamo, Luca		Woy Woy Lac	5:34.26
4 Gunn, Connor		Gosford Lac	6:16.73
5 Sammut, Zach		Tuggerah Lak	6:28.47
6 Topia, Tamatea		Toukley	6:31.40

**Boys U 11 - 1500 Metre Run**

Zone: Z 4:54.40 2001 Cameron Page, Gosford			
Name	Age	Centre	Final
1 Bemet, Cooper		Tuggerah Lak	5:11.66
2 Ugri, Jahriah		Terrigal Wam	5:11.76
3 Ashby, Myles		Gosford Lac	5:32.29
4 Williams, Nathan		Wyong Lac	5:50.54
5 Vertigan-Jones, Claude		Tuggerah Lak	6:07.36
6 Spindler, Oliver		Toukley	6:23.69

**Boys U 12 - 1500 Metre Run**

Zone: Z 4:58.80 2008 James Cox, Gosford			
Name	Age	Centre	Final
1 Andrews-Bohringer, Spenc		Tuggerah Lak	5:25.73 h
2 Falconi, Luke		Terrigal Wam	5:33.79 h
3 Dehe, Henri		Woy Woy Lac	5:38.07 h
4 Hoad, Blayze		Tuggerah Lak	5:41.51 h
5 Quinton, Jack		Gosford Lac	5:43.75 h
6 Etchells, Sawyer		Tuggerah Lak	5:46.02 h
7 Kelly, Nathan		Gosford Lac	5:48.70 h
8 Tull, Logan		Toukley	5:54.25 h
9 Beatty, Talan		Terrigal Wam	6:01.88 h
10 Lee, Logan		Gosford Lac	6:06.00 h
11 Macey, Connor		Woy Woy Lac	6:58.26 h

**Boys U 13 - 1500 Metre Run**

Zone: Z 4:46.84 14-Dec-13 Luke Jacobs, Tuggerah Lakes			
Name	Age	Centre	Final
1 Liddell, Samuel		Tuggerah Lak	5:01.23 h Ammended
2 Vesper, Ryan		Tuggerah Lak	5:26.15 h Ammended
3 Tucker, Calan		Woy Woy Lac	5:35.17 h Ammended



**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 13 - 1500 Metre Run**

4 Charrett, Dominic	Tuggerah Lak	5:41.77	h Ammended
5 Charrett, Brendan	Tuggerah Lak	6:22.82	h Ammended
6 Tily, Josh	Tuggerah Lak	7:00.76	h Ammended

**Boys U 14 - 1500 Metre Run**

=====			
Zone: Z 4:37.00		2004	Cameron Page, Gosford
Name	Age	Centre	Final
=====			
1 Woodward, Talon		Tuggerah Lak	5:08.77 h
2 Batey, Luke		Gosford Lac	5:18.23 h
3 Jessop, Liam		Toukley	5:34.32 h
4 Robards, Zain		Tuggerah Lak	5:46.26 h

**Boys U 15 - 1500 Metre Run**

=====			
Zone: Z 4:27.40		1994	Martin Dent, Tuggerah Lakes
Name	Age	Centre	Final
=====			
1 Rae, Sean		Tuggerah Lak	4:50.12
2 McKay, Matthew		Tuggerah Lak	4:55.00
3 Kemp, Joel		Tuggerah Lak	5:06.39

**Boys U 17 - 1500 Metre Run**

=====			
Zone: Z 4:15.40		10-Dec-16	Terry Mihellis, Gosford
Name	Age	Centre	Final
=====			
1 Madden, Jakob		Tuggerah Lak	4:32.48 h
2 Rousell, Lachlan		Woy Woy Lac	5:03.00 h

**Boys U 13 - 3000 Metre Run**

=====			
Zone: Z 10:09.00		2009	James Cox, Gosford
Name	Age	Centre	Final
=====			
1 Liddell, Samuel		Tuggerah Lak	10:38.89
2 Vesper, Ryan		Tuggerah Lak	11:43.54
3 Tucker, Calan		Woy Woy Lac	11:53.66
4 Charrett, Dominic		Tuggerah Lak	12:01.20
5 Petrie, Jack		Wyong Lac	12:08.53
6 Daly, Dylan		Wyong Lac	13:07.62
7 Lawton, Thomas		Wyong Lac	13:16.00

**Boys U 14 - 3000 Metre Run**

=====			
Zone: Z 10:02.90		2009	Charlie Hunter, Gosford
Name	Age	Centre	Final
=====			
1 Woodward, Talon		Tuggerah Lak	10:43.65
2 Batey, Luke		Gosford Lac	11:38.25

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 15 - 3000 Metre Run**

Zone: Z 9:22.00 2005 Cameron Page, Gosford			
Name	Age	Centre	Final
1 Kemp, Joel		Tuggerah Lak	10:45.15
2 McKay, Matthew		Tuggerah Lak	10:52.73

**Boys U 17 - 3000 Metre Run**

Zone: Z 9:39.53 24-Nov-17 Jakob Madden, Tuggerah Lak			
Name	Age	Centre	Final
1 Madden, Jakob		Tuggerah Lak	9:39.53Z
2 Rouseell, Lachlan		Woy Woy Lac	12:09.92

**Boys U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 11.00 2010 Sandon Smith, Tuggerah Lakes			
Name	Age	Centre	Heats

## Heat 1 Heats

1 Vanderwolf, Hunter		Wyong Lac	13.28Q
2 Hoad, Jet		Tuggerah Lak	13.42Q
3 Dunstan, Levi		Wyong Lac	14.02Q
4 Ellis, Kobe		Toukley	14.49q
5 Turnbull, Patrick		Woy Woy Lac	14.61q

## Heat 2 Heats

1 Gristwood, Mazziah		Toukley	12.65Q
2 Tongue, Riley		Wyong Lac	15.01Q
3 Tomkins, Jaspah		Wyong Lac	15.93Q
4 Douglas, Jake		Woy Woy Lac	16.79

**Boys U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 11.00 2010 Sandon Smith, Tuggerah Lakes			
Name	Age	Centre	Final

## Section 1 Final

1 Gristwood, Mazziah		Toukley	11.90
2 Vanderwolf, Hunter		Wyong Lac	12.37
3 Hoad, Jet		Tuggerah Lak	12.55
4 Tomkins, Jaspah		Wyong Lac	13.44
5 Tongue, Riley		Wyong Lac	14.18
6 Dunstan, Levi		Wyong Lac	15.47
7 Turnbull, Patrick		Woy Woy Lac	16.60

**Boys U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 10.00 2011 Sandon Smith, Tuggerah Lakes			
Name	Age	Centre	Heats

## Heat 1 Heats

1 Argent, Hugh		Woy Woy Lac	11.69Q
2 Norman, Matthew		Terrigal Wam	12.04Q
3 Robards, Aiden		Tuggerah Lak	12.27Q
4 Maccue, Leroy		Tuggerah Lak	12.75q

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 9 - 60 Metre Hurdles (45cm)**

5 Mutton, Zade	Woy Woy Lac	13.28
6 Hunter, William	Gosford Lac	14.09
Heat 2 Heats		
1 Lowbridge, Monty	Terrigal Wam	11.63Q
2 Allen, Silas	Tuggerah Lak	11.64Q
3 Diffin, Ike	Tuggerah Lak	12.10Q
4 Wallace-Hoyle, Skuta	Wyong Lac	12.23q
5 Dehe, Edward	Woy Woy Lac	12.91
6 Stevens, Shane	Woy Woy Lac	13.65

**Boys U 9 - 60 Metre Hurdles (45cm)**

=====			
Zone: Z 10.00		2011	Sandon Smith, Tuggerah Lakes
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Allen, Silas		Tuggerah Lak	11.24
2 Argent, Hugh		Woy Woy Lac	11.37
3 Lowbridge, Monty		Terrigal Wam	11.41
4 Norman, Matthew		Terrigal Wam	11.84
5 Wallace-Hoyle, Skuta		Wyong Lac	11.94
6 Diffin, Ike		Tuggerah Lak	12.02
7 Maccue, Leroy		Tuggerah Lak	12.21
8 Robards, Aiden		Tuggerah Lak	12.99

**Boys U 10 - 60 Metre Hurdles (60cm)**

=====			
Zone: Z 10.10		15-Dec-12	Benjamin Martin, Wyong
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Hamilton, Tahj		Tuggerah Lak	11.55Q
2 Andrews-Bohringer, Olive		Tuggerah Lak	11.75Q
3 Riddell, Cohen		Toukley	12.38q
4 Lawson, Tex		Wyong Lac	12.49q
5 Curtis, Isaac		Terrigal Wam	13.06q
6 Busch, Jack		Gosford Lac	14.31q
Heat 2 Heats			
1 Szymanski, Oliver		Woy Woy Lac	12.68Q
2 Sammut, Zach		Tuggerah Lak	13.01Q
3 van der Ham, Charon		Tuggerah Lak	14.40
4 Dunne, Griffon		Gosford Lac	15.84

**Boys U 10 - 60 Metre Hurdles (60cm)**

=====			
Zone: Z 10.10		15-Dec-12	Benjamin Martin, Wyong
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Hamilton, Tahj		Tuggerah Lak	11.08
2 Andrews-Bohringer, Olive		Tuggerah Lak	11.53
3 Szymanski, Oliver		Woy Woy Lac	12.21
4 Sammut, Zach		Tuggerah Lak	12.41
5 Riddell, Cohen		Toukley	12.51
6 Lawson, Tex		Wyong Lac	12.56

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 10 - 60 Metre Hurdles (60cm)**

7 Curtis, Isaac	Terrigal Wam	13.16
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**Boys U 11 - 60 Metre Hurdles (60cm)**

=====			
Zone: Z	9.90	1998	R Roberts, Gosford
Name	Age	Centre	Heats
=====			

## Heat 1 Heats

1 Jackson, Travis	Tuggerah Lak	11.06Q
2 Patrick, Riley	Gosford Lac	12.12Q
3 Minto, Connor	Terrigal Wam	12.52Q
4 Storey, Damian	Woy Woy Lac	13.96q

## Heat 2 Heats

1 Cross, Harrison	Wyong Lac	11.92Q
2 Pescud, Charlie	Toukley	11.93Q
3 Argent, Jake	Woy Woy Lac	12.19Q
4 Mellor, Liam	Tuggerah Lak	13.22q
5 Falconer, Elijah	Toukley	14.28

**Boys U 11 - 60 Metre Hurdles (60cm)**

=====			
Zone: Z	9.90	1998	R Roberts, Gosford
Name	Age	Centre	Final
=====			

## Section 1 Final

1 Jackson, Travis	Tuggerah Lak	10.89
2 Cross, Harrison	Wyong Lac	11.04
3 Patrick, Riley	Gosford Lac	11.27
4 Pescud, Charlie	Toukley	11.29
5 Argent, Jake	Woy Woy Lac	12.08
6 Minto, Connor	Terrigal Wam	12.22
7 Mellor, Liam	Tuggerah Lak	13.28
8 Storey, Damian	Woy Woy Lac	13.53

**Boys U 12 - 60 Metre Hurdles (68cm)**

=====			
Zone: Z	9.80	1999	R Roberts, Gosford
Name	Age	Centre	Heats
=====			

## Heat 1 Heats

1 Holt, Riley	Woy Woy Lac	11.66Q
2 Johnson, Kynan	Wyong Lac	11.76Q
3 Markulin, Lincoln	Tuggerah Lak	11.96Q
4 Hoad, Blayze	Tuggerah Lak	12.33q
5 Patterson, Kynan	Terrigal Wam	13.94q

## Heat 2 Heats

1 Ellis, Declan	Toukley	11.83Q
2 Fleming, James	Terrigal Wam	12.42Q
3 Gunn, Lachlan	Gosford Lac	12.89Q

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 12 - 60 Metre Hurdles (68cm)**

Zone: Z 9.80 1999 R Roberts, Gosford			
Name	Age	Centre	Final
Section 1 Final			
1 Holt, Riley		Woy Woy Lac	11.20
2 Markulin, Lincoln		Tuggerah Lak	11.57
2 Johnson, Kynan		Wyong Lac	11.57
4 Ellis, Declan		Toukley	11.58
5 Hoad, Blayze		Tuggerah Lak	12.19
6 Fleming, James		Terrigal Wam	12.57
7 Gunn, Lachlan		Gosford Lac	13.02
8 Patterson, Kynan		Terrigal Wam	14.03

**Boys U 13 - 80 Metre Hurdles (76cm)**

Zone: Z 12.90 2000 R Roberts, Gosford			
Name	Age	Centre	Final
Section 1			
1 Allen, Ikey		Tuggerah Lak	13.46
2 Smith, Riley		Wyong Lac	15.54
3 Tucker, Calan		Woy Woy Lac	15.85
4 Lorenz, Saxon		Tuggerah Lak	16.05
5 Lawton, Thomas		Wyong Lac	16.18
6 Scopetta, Kalan		Tuggerah Lak	19.12

**Boys U 14 - 90 Metre Hurdles (76cm)**

Zone: Z 12.90 2004 Grant Nelson, Tuggerah Lakes			
Name	Age	Centre	Final
1 Barnes, Jackson		Tuggerah Lak	14.39
2 Smedley, Jarrod		Tuggerah Lak	14.64
3 van der Ham, Jelle		Tuggerah Lak	14.81
4 Brown, Ryan		Woy Woy Lac	15.51
5 McDermott, Luca		Toukley	19.67

**Boys U 17 - 110 Metre Hurdles (76cm)**

Zone: Z 14.26 15-Dec-13 Zac Simunovic, Gosford			
Name	Age	Centre	Final
1 Brown, Luke		Woy Woy Lac	17.32
2 Boelhouver, Cooper		Gosford Lac	17.35
3 Smith, Garrett		Wyong Lac	19.59

**Boys U 13 - 200 Metre Hurdles (68cm)**

Zone: Z 28.62 11-Dec-15 Nicholas Hathway, Gosford			
Name	Age	Centre	Final
1 Allen, Ikey		Tuggerah Lak	30.84
2 Tucker, Calan		Woy Woy Lac	31.84
3 Lawton, Thomas		Wyong Lac	31.87
4 Lorenz, Saxon		Tuggerah Lak	31.96

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 13 - 200 Metre Hurdles (68cm)**

5 mackie, lachlan	Tuggerah Lak	32.17
6 Scoppetta, Kalan	Tuggerah Lak	37.43

**Boys U 14 - 200 Metre Hurdles (76cm)**

=====			
Zone: Z 25.70	2004	Thomas Andrew, Gosford	
Name	Age	Centre	Final
=====			
1 Barnes, Jackson		Tuggerah Lak	29.07
2 Brown, Ryan		Woy Woy Lac	29.83
3 Holt, Bailey		Woy Woy Lac	35.34

**Boys U 15 - 300 Metre Hurdles (76cm)**

=====			
Zone: Z 49.11	24-Nov-17	Sean Rae, Tuggerah Lak	
Name	Age	Centre	Final
=====			
1 Rae, Sean		Tuggerah Lak	49.11Z

**Boys U 17 - 300 Metre Hurdles (76cm)**

=====			
Zone: Z 42.64	24-Nov-17	Luke Jacobs, Tuggerah Lak	
Name	Age	Centre	Final
=====			
1 Jacobs, Luke		Tuggerah Lak	42.64Z
2 Brown, Luke		Woy Woy Lac	44.31
3 Boelhouwer, Cooper		Gosford Lac	46.31

**Boys U 9-12 4x100 Metre Relay (Jnr)**

=====			
Zone: Z 56.30	02-Dec-07	, Tuggerah Lakes Mingara	
Centre		J Carroll , A Pohla , S Drinkwater , N Martin	Final
=====			
1 Wyong Lac			58.08
1) Barton, Zac 9		2) Coyte, Dylan 12	
3) Callaghan, Jai 11		4) Dunstan, Caleb 10	
2 Tuggerah Lakes Mingara Lac			59.14
1) Nash, Owen 9		2) Hamilton, Tahj 10	
3) Barr, Hugh 11		4) Rae, Christopher 12	
3 Terrigal Wamberal Lac			1:01.19
1) Piper, Elfie 10		2) Robson, Tyler 11	
3) Johnston, Jimmy 9		4) Dimech, Harley 12	
4 Woy Woy Lac			1:02.42
1) Blackwell, Fraser 9		2) Szymanski, Oliver 10	
3) Connors, William 11		4) Dorrell, Tyrone 12	
5 Toukley			1:02.49
1) Robinson, Mitchell 9		2) Topia, Tamatea 10	
3) Hottes, Vincent 11		4) Coles, Liam 12	
6 Gosford Lac			1:04.57
1) Hunter, William 9		2) Gunn, Connor 10	
3) Ireland, Joshua 11		4) Quinton, Jack 12	

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 12-17 4x100 Metre Relay (Snr)**

Zone: Z 48.09 26-Nov-17 Tuggerah Lakes Mingara LAC, T			
J McMillan, J Smedley, C Steer, T Petersen			
Centre			Final
1 Tuggerah Lakes Mingara Lac			48.09Z
1) McMillan, Jacob 13		2) Smedley, Jarrod 14	
3) Steer, Cameron 15		4) Petersen, Taine 17	
2 Woy Woy Lac			51.74
1) Szymanski, Luka 13		2) Brown, Ryan 14	
3) Holt, Bailey 14		4) Brown, Luke 17	
3 Wyong Lac			54.48
1) Jeffrey, Ethan 14		2) Eyndhoven, Liam 14	
3) Rooke, Connor 13		4) Smith, Riley 13	
4 Gosford Lac			55.49
1) Farrant, Joshua 13		2) Batey, Luke 14	
3) Millen, Seamus 15		4) Grant, Riley 17	

**Boys U 9 - High Jump (S/H 0.85m)**

Zone: Z 1.29m 1997 T Allard, Gosford			
Name	Age	Centre	Final
Flight 1			
1 Argent, Hugh		Woy Woy Lac	1.10m
2 Wallace-Hoyle, Skuta		Wyong Lac	1.00m
3 Etchells, Byron		Tuggerah Lak	0.90m
3 Vertigan-Jones, Spike		Tuggerah Lak	J0.90m
3 Cremer, Kobe		Terrigal Wam	J0.90m

**Boys U 10 - High Jump (S/H 0.95m)**

Zone: Z 1.33m 1987 D Whitehead, Woy Woy Peninsul			
Name	Age	Centre	Final
1 Barr, Quinlan		Tuggerah Lak	1.21m
2 Ramirez, Luke		Woy Woy Lac	1.07m
3 Riddell, Cohen		Toukley	1.00m
3 Baird, Kyne		Terrigal Wam	J1.00m

**Boys U 11 - High Jump (S/H 1.05m)**

Zone: Z 1.46m 1988 D Whitehead, Woy Woy Peninsul			
Name	Age	Centre	Final
1 Ireland, Joshua		Gosford Lac	1.40m
2 Barr, Hugh		Tuggerah Lak	1.28m
3 Testa, jack		Tuggerah Lak	1.26m
4 Jeffreys, Bodie		Wyong Lac	J1.15m
4 Mellor, Liam		Tuggerah Lak	1.15m
4 Smith, Callum		Wyong Lac	J1.15m
7 Hottes, Vincent		Toukley	1.10m
8 Fezer, Solomon		Wyong Lac	J1.05m
8 Spindler, Oliver		Toukley	1.05m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 12 - High Jump (S/H 1.15m)**

Zone: Z 1.55m 1989 D Whitehead, Woy Woy Peninsul			
Name	Age	Centre	Final
1 Dorrell, Tyrone		Woy Woy Lac	1.43m
2 Ellis, Declan		Toukley	1.41m
3 Clarke, Lucas		Woy Woy Lac	1.35m
4 Burton, Lachlan		Toukley	1.33m
5 Blyton, Mitchell		Gosford Lac	1.31m
6 Fleming, James		Terrigal Wam	1.20m

**Boys U 13 - High Jump (S/H 1.20m)**

Zone: Z 1.70m 1995 N Smithers, Gosford			
Name	Age	Centre	Final
1 Chaffer, Zane		Tuggerah Lak	1.46m
2 Lorenz, Saxon		Tuggerah Lak	1.44m
3 Charrett, Dominic		Tuggerah Lak	J1.38m
3 Szymanski, Luka		Woy Woy Lac	1.38m
5 Lawton, Thomas		Wyong Lac	J1.36m
5 McCoombe-Lopez, Oscar		Woy Woy Lac	1.36m
7 mackie, lachlan		Tuggerah Lak	1.25m

**Boys U 14 - High Jump (S/H 1.25m)**

Zone: Z 1.78m 2006 Tom Evans, Tuggerah Lakes Min			
Name	Age	Centre	Final
1 Barnes, Jackson		Tuggerah Lak	1.68m
2 Trivers, Jamie		Tuggerah Lak	1.50m
2 Eyndhoven, Liam		Wyong Lac	J1.50m
4 McDermott, Luca		Toukley	1.30m
5 Turnbull, Shaun		Woy Woy Lac	1.25m

**Boys U 15 - High Jump (S/H 1.25m)**

Zone: Z 1.81m 2002 Trent Allard, Gosford			
Name	Age	Centre	Final
1 Millen, Seamus		Gosford Lac	1.55m
2 McKay, Daniel		Tuggerah Lak	1.45m

**Boys U 17 - High Jump (S/H 1.30m)**

Zone: Z 1.88m 25-Nov-17 Riley Grant, Gosford LAC			
Name	Age	Centre	Final
1 Grant, Riley		Gosford Lac	1.88mZ
2 Chakanetsa, Nathaniel		Tuggerah Lak	1.55m
3 Smith, Garrett		Wyong Lac	1.35m



**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 7 - Long Jump**

Zone: Z 3.25m 11-Dec-15 Oscar Furey, Tuggerah Lakes M			
Name	Age	Centre	Final
1 Barr, Jake		Tuggerah Lak	3.00m
2 Eyndhoven, Thijs		Gosford Lac	2.85m
3 McKendrick, Callum		Gosford Lac	2.76m
4 Dickson, Jett		Tuggerah Lak	2.64m
5 Tuttlebee, Aniken		Terrigal Wam	2.25m

**Boys U 8 - Long Jump**

Zone: Z 3.73m 1989 R Hall, Woy Woy Peninsula			
Name	Age	Centre	Final
1 Gristwood, Mazziah		Toukley	3.17m
2 Norris, Bryson		Tuggerah Lak	3.13m
3 Vanderwolf, Hunter		Wyong Lac	3.08m
4 Hoad, Jet		Tuggerah Lak	2.95m
5 Onozawa, Kai		Gosford Lac	2.94m
6 Barrington, Jacob		Gosford Lac	2.85m

**Boys U 9 - Long Jump**

Zone: Z 4.17m 1986 D Whitehead, Woy Woy Peninsul			
Name	Age	Centre	Final
1 Barton, Zac		Wyong Lac	3.84m
2 Norman, Matthew		Terrigal Wam	3.77m
3 Johnston, Jimmy		Terrigal Wam	3.66m
4 Wallace-Hoyle, Skuta		Wyong Lac	3.53m
5 Robards, Aiden		Tuggerah Lak	3.29m
6 Blackwell, Fraser		Woy Woy Lac	3.11m
7 Blake, Chase		Wyong Lac	2.84m
8 O'Dell, Riley		Tuggerah Lak	2.83m
9 Hunter, William		Gosford Lac	2.78m
10 Vertigan-Jones, Spike		Tuggerah Lak	2.77m
11 Mutton, Zade		Woy Woy Lac	2.60m
12 Spindler, Noah		Toukley	2.48m

**Boys U 10 - Long Jump**

Zone: Z 4.63m 1987 D Whitehead, Woy Woy Peninsul			
Name	Age	Centre	Final
1 Dunstan, Caleb		Wyong Lac	4.24m
2 Mccoombe-Lopez, Alex		Woy Woy Lac	3.78m
3 Szymanski, Oliver		Woy Woy Lac	3.73m
4 Ramirez, Luke		Woy Woy Lac	3.62m
5 Quitadamo, Luca		Woy Woy Lac	3.57m
6 Sammut, Zach		Tuggerah Lak	3.29m
7 Riddell, Cohen		Toukley	3.15m
8 Rigney, Mitchell		Wyong Lac	3.10m
9 Blyton, Daniel		Gosford Lac	2.80m
10 Patterson, Cameron		Wyong Lac	2.76m
11 Dunne, Griffon		Gosford Lac	2.70m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 10 - Long Jump**

12 Campbell, Owen	Toukley	2.21m
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**Boys U 11 - Long Jump**

=====			
	Zone: Z 4.86m	1992	Joshua Ross, Woy Woy Peninsul
Name	Age	Centre	Final
=====			
1 Hottes, Vincent		Toukley	4.06m
2 Argent, Jake		Woy Woy Lac	3.74m
3 Patrick, Riley		Gosford Lac	3.72m
Flight 2			
1 Ireland, Joshua		Gosford Lac	4.40m
2 Callaghan, Jai		Wyong Lac	4.36m
3 Barr, Hugh		Tuggerah Lak	4.00m
4 Jackson, Travis		Tuggerah Lak	3.83m
5 Jeffreys, Bodie		Wyong Lac	3.71m
6 Purcell, Samuel		Wyong Lac	3.70m
7 Robson, Tyler		Terrigal Wam	3.65m
8 Pescud, Charlie		Toukley	3.63m
9 Smith, Callum		Wyong Lac	3.46m
10 Conners, William		Woy Woy Lac	3.44m
11 Fezer, Solomon		Wyong Lac	3.25m
12 Williams, Nathan		Wyong Lac	3.19m
13 Minto, Connor		Terrigal Wam	3.07m

**Boys U 12 - Long Jump**

=====			
	Zone: Z 5.04m	1984	S Orr, Gosford
Name	Age	Centre	Final
=====			
Flight 1			
1 Dorrell, Tyrone		Woy Woy Lac	4.94m
2 Burton, Lachlan		Toukley	4.58m
3 Knowles, Bailey		Tuggerah Lak	4.43m
4 Coyte, Dylan		Wyong Lac	4.34m
5 Coles, Liam		Toukley	4.33m
6 Knowles, Darcy		Tuggerah Lak	4.28m
7 Singh, Harley		Gosford Lac	4.18m
8 Clarke, Lucas		Woy Woy Lac	4.04m
9 Hoad, Blayze		Tuggerah Lak	3.98m
10 Ellis, Declan		Toukley	3.96m
11 Kelly, Nathan		Gosford Lac	3.62m
12 Fleming, James		Terrigal Wam	3.54m
13 Falconi, Luke		Terrigal Wam	3.34m
14 Mason, Rory		Tuggerah Lak	2.01m

**Boys U 13 - Long Jump**

=====			
	Zone: Z 5.41m	1984	M Scarth, Wyong
Name	Age	Centre	Final
=====			
1 Szymanski, Luka		Woy Woy Lac	4.70m
2 Smith, Riley		Wyong Lac	4.55m
3 Medina, Marley		Woy Woy Lac	4.48m
4 Neville-Smith, Aaron		Tuggerah Lak	4.43m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 13 - Long Jump**

5	Chaffer, Zane	Tuggerah Lak	4.33m
6	McCoombe-Lopez, Oscar	Woy Woy Lac	4.08m
6	Lawton, Thomas	Wyong Lac	J4.08m
8	Vesper, Ryan	Tuggerah Lak	4.01m
9	McMillan, Jacob	Tuggerah Lak	3.98m
10	Johnston, Gilbert	Terrigal Wam	3.93m
11	Smith, Alex	Wyong Lac	3.70m
12	Rooke, Connor	Wyong Lac	3.61m

**Boys U 14 - Long Jump**

=====			
	Zone: Z 5.89m	2010	Joshua Parkinson, Tuggerah La
Name	Age	Centre	Final
=====			
1	Smedley, Jarrod	Tuggerah Lak	5.31m
2	Barnes, Jackson	Tuggerah Lak	5.27m
3	Pettitt, Lachlan	Tuggerah Lak	5.09m
4	Trivers, Jamie	Tuggerah Lak	4.83m
5	Rigney, Lachlan	Wyong Lac	4.33m

**Boys U 15 - Long Jump**

=====			
	Zone: Z 6.31m	2003	Christopher Dodd, Terrigal /
Name	Age	Centre	Final
=====			
1	Steer, Cameron	Tuggerah Lak	6.15m
2	Millen, Seamus	Gosford Lac	4.70m

**Boys U 17 - Long Jump**

=====			
	Zone: Z 6.51m	12-Dec-15	John Dahan, Wyong
Name	Age	Centre	Final
=====			
1	Grant, Riley	Gosford Lac	5.72m
2	Boelhouver, Cooper	Gosford Lac	5.49m
3	Chakanetsa, Nathaniel	Tuggerah Lak	5.28m
4	Smith, Garrett	Wyong Lac	5.00m
5	McCarthy, Marcus	Woy Woy Lac	3.19m

**Boys U 11 - Triple Jump**

=====			
	Zone: Z 9.81m	2007	Joshua Parkinson, Tuggerah La
Name	Age	Centre	Final
=====			
1	Purcell, Samuel	Wyong Lac	7.85m
2	Pescud, Charlie	Toukley	7.72m
3	Spindler, Oliver	Toukley	6.32m

**Boys U 12 - Triple Jump**

=====			
	Zone: Z 10.38m	2014	Cameron Torpy, Wyong
Name	Age	Centre	Final
=====			
1	Coles, Liam	Toukley	9.77m
2	Freeman, Keegan	Toukley	9.15m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 12 - Triple Jump**

3 Holt, Riley	Woy Woy Lac	9.03m
4 Johnson, Kynan	Wyong Lac	9.01m
5 Dimech, Harley	Terrigal Wam	8.71m
6 Quinton, Jack	Gosford Lac	8.38m
7 Markulin, Lincoln	Tuggerah Lak	7.57m
8 Sammut, Corey	Tuggerah Lak	7.39m
9 Arhakov, Liran	Gosford Lac	5.60m

**Boys U 13 - Triple Jump**

Zone: Z 10.84m 12-Dec-15 Cameron Torpy, Wyong			
Name	Age	Centre	Final
1 Neville-Smith, Aaron		Tuggerah Lak	9.68m
2 Johnston, Gilbert		Terrigal Wam	9.17m
3 Vesper, Ryan		Tuggerah Lak	8.95m
4 Smith, Alex		Wyong Lac	8.74m

**Boys U 14 - Triple Jump**

Zone: Z 12.31m 2011 Johnathon Dobb, Tuggerah Lak			
Name	Age	Centre	Final
1 Pettitt, Lachlan		Tuggerah Lak	10.92m
2 Barnes, Jackson		Tuggerah Lak	10.63m
3 Rigney, Lachlan		Wyong Lac	9.97m
4 McDermott, Luca		Toukley	9.24m
5 van der Ham, Jelle		Tuggerah Lak	8.98m

**Boys U 15 - Triple Jump**

Zone: Z 12.50m 2003 Christopher Dodd, Terrigal /			
Name	Age	Centre	Final
1 Herbert, Tom		Tuggerah Lak	10.76m
2 Millen, Seamus		Gosford Lac	10.73m

**Boys U 17 - Triple Jump**

Zone: Z 13.07m 15-Dec-13 Zac Simunovic, Gosford			
Name	Age	Centre	Final
1 Boelhouwer, Cooper		Gosford Lac	11.27m

**Boys U 7 - Shot Put (1.0 Kg)**

Zone: Z 11.54m 12-Dec-15 Oscar Furey, Tuggerah Lakes			
Name	Age	Centre	Final
1 Furey, Noah		Gosford Lac	6.45m
2 Tuttlebee, Aniken		Terrigal Wam	4.92m
3 Williams, Lucas		Wyong Lac	4.76m
4 Boyd, Cooper		Wyong Lac	4.09m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 8 - Shot Put (1.5 Kg)**

Zone: Z 11.12m 10-Dec-16 Oscar Furey, Tuggerah Lakes			
Name	Age	Centre	Final
1 Michie, Samuel		Woy Woy Lac	4.47m
2 Turnbull, Patrick		Woy Woy Lac	4.14m
3 Douglas, Jake		Woy Woy Lac	3.18m

**Boys U 9 - Shot Put (2.0 Kg)**

Zone: Z 10.59m 25-Nov-17 Oscar Furey, Tuggerah Lakes			
Name	Age	Centre	Final
1 Furey, Oscar		Gosford Lac	10.59mZ
2 Argent, Hugh		Woy Woy Lac	5.70m
3 Hunter, William		Gosford Lac	4.93m
4 Dehe, Edward		Woy Woy Lac	4.90m
5 Mutton, Zade		Woy Woy Lac	3.84m
6 Spindler, Noah		Toukley	3.75m

**Boys U 10 - Shot Put (2.0 Kg)**

Zone: Z 10.10m 1995 C Brown, Terrigal / Wamberal			
Name	Age	Centre	Final
1 Dunstan, Caleb		Wyong Lac	8.65m
2 Andrews-Bohringer, Olive		Tuggerah Lak	8.44m
3 van der Ham, Charon		Tuggerah Lak	6.94m
4 Eagleton, Travis		Toukley	6.61m
5 Knowles, Owen		Tuggerah Lak	6.46m
6 Miller, Max		Terrigal Wam	6.11m
7 Topia, Tamatea		Toukley	5.23m
8 Patterson, Cameron		Wyong Lac	5.01m
9 Rigney, Mitchell		Wyong Lac	4.81m
10 Michie, Marshall		Woy Woy Lac	4.74m
11 Dimech, Luca		Terrigal Wam	4.38m

**Boys U 11 - Shot Put (2.0 Kg)**

Zone: Z 12.40m 2011 Mason Leef, Wyong			
Name	Age	Centre	Final
1 Testa, jack		Tuggerah Lak	8.90m
2 Leef, Ihakara		Wyong Lac	8.66m
3 Dorrell, Isaiah		Woy Woy Lac	7.45m
4 Eslick, Joshua		Toukley	6.96m
5 Patterson, Ashton		Tuggerah Lak	6.87m
6 Blogg, Jordan		Gosford Lac	6.14m
7 Falconer, Elijah		Toukley	5.34m

**Boys U 12 - Shot Put (3.0 Kg)**

Zone: Z 12.81m 16-Dec-12 Mason Leef, Wyong			
Name	Age	Centre	Final
1 Wells, George		Tuggerah Lak	10.40m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****....Boys U 12 - Shot Put (3.0 Kg)**

2 Knowles, Darcy	Tuggerah Lak	8.44m
3 Gunn, Lachlan	Gosford Lac	7.47m
4 Patterson, Kynan	Terrigal Wam	7.37m
5 Freeman, Keegan	Toukley	6.57m
6 Mason, Rory	Tuggerah Lak	4.56m

**Boys U 13 - Shot Put (3.0 Kg)**

=====			
Zone: Z 14.90m	15-Dec-13	Mason Leef, Wyong	
Name	Age	Centre	Final
=====			
1 Rooke, Connor		Wyong Lac	9.85m
2 Charrett, Dominic		Tuggerah Lak	8.14m
3 Legge, Jack		Terrigal Wam	8.11m
4 Farrant, Joshua		Gosford Lac	8.10m

**Boys U 14 - Shot Put (3.0 Kg)**

=====			
Zone: Z 16.37m	11-Dec-16	Tom Shannon, Gosford	
Name	Age	Centre	Final
=====			
1 Jeffrey, Ethan		Wyong Lac	12.32m
2 Rigney, Lachlan		Wyong Lac	9.66m
3 van der Ham, Jelle		Tuggerah Lak	8.78m
4 Pettitt, Lachlan		Tuggerah Lak	8.35m

**Boys U 15 - Shot Put (4.0 Kg)**

=====			
Zone: Z 15.78m	2001	Tom Mutch, Terrigal / Wamber	
Name	Age	Centre	Final
=====			
1 Shannon, Thomas		Gosford Lac	15.77m

**Boys U 17 - Shot Put (5.0 Kg)**

=====			
Zone: Z 13.66m	25-Nov-17	Corey-Jay Eyndhoven, Gosford	
Name	Age	Centre	Final
=====			
1 Eyndhoven, Corey-Jay		Gosford Lac	13.66mZ
2 Bignall, Nicholas		Toukley	11.66m

**Boys U 7 - Discus (350 Gram)**

=====			
Zone: Z 24.42m	13-Dec-15	Oscar Furey, Tuggerah Lakes	
Name	Age	Centre	Final
=====			
1 Furey, Noah		Gosford Lac	15.98m
2 Eyndhoven, Thijs		Gosford Lac	11.65m
3 Williams, Lucas		Wyong Lac	11.28m
4 Tuttlebee, Aniken		Terrigal Wam	11.17m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 8 - Discus (500 Gram)**

Zone: Z 25.62m 11-Dec-16 Oscar Furey, Tuggerah Lakes			
Name	Age	Centre	Final
1 Michie, Samuel		Woy Woy Lac	13.69m
2 Norris, Bryson		Tuggerah Lak	13.62m
3 White, Logan		Gosford Lac	10.75m
4 Dunstan, Levi		Wyong Lac	7.73m
5 Turnbull, Patrick		Woy Woy Lac	6.39m
6 Ellis, Kobe		Toukley	5.90m

**Boys U 9 - Discus (500 Gram)**

Zone: Z 34.48m 26-Nov-17 Oscar Furey, Tuggerah Lakes			
Name	Age	Centre	Final
1 Furey, Oscar		Gosford Lac	34.48mZ
2 Hunter, William		Gosford Lac	15.73m
3 Robards, Aiden		Tuggerah Lak	15.25m
4 O'Dell, Riley		Tuggerah Lak	14.36m
5 Robinson, Mitchell		Toukley	14.30m
6 Dehe, Edward		Woy Woy Lac	12.92m

**Boys U 10 - Discus (500 Gram)**

Zone: Z 33.62m 1995 C Bown, Terrigal / Wamberal			
Name	Age	Centre	Final
1 Andrews-Bohringer, Olive		Tuggerah Lak	31.09m
2 Barr, Quinlan		Tuggerah Lak	22.71m
3 van der Ham, Charon		Tuggerah Lak	21.09m
4 Eagleton, Travis		Toukley	16.12m
5 Quitadamo, Luca		Woy Woy Lac	13.77m
6 Robertson, Jackson		Tuggerah Lak	13.66m
7 Topia, Tamatea		Toukley	13.01m
8 Ramirez, Luke		Woy Woy Lac	12.30m
9 Dunne, Griffon		Gosford Lac	10.62m
10 Campbell, Owen		Toukley	10.02m
11 Patterson, Cameron		Wyong Lac	9.58m
12 Rigney, Mitchell		Wyong Lac	9.04m

**Boys U 11 - Discus (750 Gram)**

Zone: Z 30.41m 11-Dec-16 George Wells, Tuggerah Lakes			
Name	Age	Centre	Final
1 Leef, Ihakara		Wyong Lac	22.25m
2 Testa, jack		Tuggerah Lak	21.60m
3 Dorrell, Isaiah		Woy Woy Lac	20.98m
4 Blogg, Jordan		Gosford Lac	17.16m
5 Barr, Hugh		Tuggerah Lak	16.59m
6 Eslick, Joshua		Toukley	16.27m
7 Patterson, Ashton		Tuggerah Lak	15.96m
8 Cross, Harrison		Wyong Lac	15.13m
9 Coles, Declan		Toukley	9.35m
10 Robson, Tyler		Terrigal Wam	9.07m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 12 - Discus (750 Gram)**

Zone: Z 37.43m 15-Dec-12 Mason Leef, Wyong			
Name	Age	Centre	Final
1 Wells, George		Tuggerah Lak	37.08m
2 Knowles, Darcy		Tuggerah Lak	30.65m
3 Dorrell, Tyrone		Woy Woy Lac	30.50m
4 Burton, Lachlan		Toukley	28.69m
5 Gunn, Lachlan		Gosford Lac	27.10m
6 Andrews-Bohringer, Spenc		Tuggerah Lak	22.73m
7 Dimech, Harley		Terrigal Wam	21.82m
8 Rae, Christopher		Tuggerah Lak	21.07m
9 vaotuuua, devonte		Tuggerah Lak	19.78m
10 Markulin, Lincoln		Tuggerah Lak	19.30m
10 Patterson, Kynan		Terrigal Wam	J19.30m
12 Kelly, Nathan		Gosford Lac	15.09m

**Boys U 13 - Discus (1.0 Kg)**

Zone: Z 41.06m 14-Dec-13 Mason Leef, Wyong			
Name	Age	Centre	Final
1 McMillan, Jacob		Tuggerah Lak	29.33m
2 Farrant, Joshua		Gosford Lac	26.79m
3 Rooke, Connor		Wyong Lac	25.16m
4 Charrett, Dominic		Tuggerah Lak	18.42m
5 Johnston, Gilbert		Terrigal Wam	17.10m
6 Pantle, Trent		Terrigal Wam	17.01m
7 Legge, Jack		Terrigal Wam	17.00m
8 Charrett, Brendan		Tuggerah Lak	15.09m
9 Tily, Josh		Tuggerah Lak	12.53m

**Boys U 14 - Discus (1.0 Kg)**

Zone: Z 44.48m 1993 A Lovie, Woy Woy Peninsula			
Name	Age	Centre	Final
1 Jeffrey, Ethan		Wyong Lac	31.86m
2 Pettitt, Lachlan		Tuggerah Lak	29.15m
3 Rigney, Lachlan		Wyong Lac	24.48m
4 van der Ham, Jelle		Tuggerah Lak	22.50m
5 Holt, Bailey		Woy Woy Lac	19.27m
6 Turnbull, Shaun		Woy Woy Lac	17.95m

**Boys U 15 - Discus (1.0 Kg)**

Zone: Z 54.52m 2000 A Hamstra, Woy Woy Peninsula			
Name	Age	Centre	Final
1 O'Neill, Riley		Tuggerah Lak	42.21m
2 Kemp, Joel		Tuggerah Lak	20.14m



**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 17 - Discus (1.5 Kg)**

Zone: Z 44.81m 26-Nov-17 Callum Sutton, Gosford LAC			
Name	Age	Centre	Final
1 Sutton, Callum		Gosford Lac	44.81mZ
2 Bignall, Nicholas		Toukley	43.53m

**Boys U 11 - Javelin (400 Gram)**

Zone: Z 28.01m 09-Dec-16 George Wells, Tuggerah Lakes			
Name	Age	Centre	Final
1 Testa, jack		Tuggerah Lak	21.17m
2 Eslick, Joshua		Toukley	17.17m
3 Patterson, Ashton		Tuggerah Lak	15.29m
4 Coles, Declan		Toukley	8.53m

**Boys U 12 - Javelin (400 Gram)**

Zone: Z 31.65m 14-Dec-12 Mason Leef, Wyong			
Name	Age	Centre	Final
1 Markulin, Lincoln		Tuggerah Lak	22.01m
2 Johnson, Kynan		Wyong Lac	21.59m
3 Gunn, Lachlan		Gosford Lac	20.64m
4 Burton, Lachlan		Toukley	20.11m
5 Freeman, Keegan		Toukley	17.83m
6 Clarke, Lucas		Woy Woy Lac	15.63m
7 Sammut, Corey		Tuggerah Lak	14.39m
8 Tull, Logan		Toukley	13.03m
9 Macey, Connor		Woy Woy Lac	8.51m

**Boys U 13 - Javelin (600 Gram)**

Zone: Z 33.58m 1999 A Crump, Wyong			
Name	Age	Centre	Final
1 Farrant, Joshua		Gosford Lac	26.30m
2 Lorenz, Saxon		Tuggerah Lak	21.25m
3 Vesper, Ryan		Tuggerah Lak	18.75m
4 Smith, Alex		Wyong Lac	15.52m
5 Rooke, Connor		Wyong Lac	14.22m
6 Johnston, Gilbert		Terrigal Wam	11.28m

**Boys U 14 - Javelin (600 Gram)**

Zone: Z 46.56m 2000 A Crump, Wyong			
Name	Age	Centre	Final
1 Brown, Ryan		Woy Woy Lac	34.13m
2 Jeffrey, Ethan		Wyong Lac	31.24m
3 van der Ham, Jelle		Tuggerah Lak	29.95m
4 Holt, Bailey		Woy Woy Lac	27.17m
5 Pettitt, Lachlan		Tuggerah Lak	21.59m
6 Robards, Zain		Tuggerah Lak	16.53m

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17****Mingara Athletics Facility****Results****Boys U 15 - Javelin (700 Gram)**

Zone: Z 36.74m 14-Dec-14 Tyler Gunn, Gosford			
Name	Age	Centre	Final
1 McKay, Matthew		Tuggerah Lak	24.63m

**Boys U 9 - 700 Metre Walk**

Zone: Z 4:10.83 11-Dec-15 Ashton Patterson, Tuggerah			
Name	Age	Centre	Final
Section 1			
1 Etchells, Byron		Tuggerah Lak	5:10.14

**Boys U 10 - 1100 Metre Walk**

Zone: Z 6:00.61 09-Dec-16 Myles Ashby, Gosford			
Name	Age	Centre	Final
1 van der Ham, Charon		Tuggerah Lak	7:35.38
2 Scoppetta, Zac		Tuggerah Lak	7:51.03
3 Rigney, Mitchell		Wyong Lac	7:52.12

**Boys U 11 - 1100 Metre Walk**

Zone: Z 5:37.90 2011 Dylan Richardson, Wyong			
Name	Age	Centre	Final
1 Ashby, Myles		Gosford Lac	6:03.09
2 Patterson, Ashton		Tuggerah Lak	6:54.77
3 Coles, Declan		Toukley	8:25.49

**Boys U 12 - 1500 Metre Walk**

Zone: Z 7:18.57 14-Dec-12 Dylan Richardson, Gosford			
Name	Age	Centre	Final
1 Etchells, Sawyer		Tuggerah Lak	11:03.17

**Boys U 13 - 1500 Metre Walk**

Zone: Z 6:54.89 13-Dec-13 Dylan Richardson, Gosford			
Name	Age	Centre	Final
1 Daly, Dylan		Wyong Lac	8:01.84
2 Vesper, Ryan		Tuggerah Lak	8:33.81

**Boys U 14 - 1500 Metre Walk**

Zone: Z 6:30.80 2011 Tyler Jones, Wyong			
Name	Age	Centre	Final
1 Tebbutt, Archie		Gosford Lac	8:03.83
2 Robards, Zain		Tuggerah Lak	8:41.27

**CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 24-Nov-17 to 26-Nov-17**

**Mingara Athletics Facility**

**Results**

**Boys U 15 - 1500 Metre Walk**

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	Zone: Z	6:09.64	14-Dec-12 Tyler Jones, Wyong
Name	Age	Centre	Final
=====			
1 Kemp, Joel		Tuggerah Lak	7:18.90

**Boys U 17 - 1500 Metre Walk**

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	Zone: Z	6:07.90	13-Dec-13 Tyler Jones, Wyong
Name	Age	Centre	Final
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1 Tebbutt, Oscar		Gosford Lac	6:14.13