

Mid North Coast Zone Championships**Gloucester****Results****Girls U 7 - 50 Metre Sprint**

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Zone: Z	8.77	14-Dec-13	Emilee Franklin, Camden Haven
Name	Age	Centre	Final
=====			
Section 1			
1	Lucy Lyon	Wauchope	10.2h
2	Ruby Luke	Camden Haven	10.6h
3	Maya Beckley	Taree	11.8h

Girls U 7 - 70 Metre Sprint

=====			
Zone: Z	12.20	01-Dec-99	C.Gordon, Port Macquarie
Zone: Z	12.20		
Zone: Z	12.20	20-Nov-16	Safiyah Clancy, Kempsey
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Lily Kennedy	Stuarts Point	15.1hQ
2	Hailee Farrell	Harrington	15.3hQ
3	Arabella Ellenor	Old Bar	15.6hQ
4	Maya Beckley	Taree	18.2h
Heat 2 Heats			
1	Lucy Lyon	Wauchope	14.4hQ
2	Kourtney Morn	Kempsey	14.6hQ
3	Ruby Luke	Camden Haven	14.9hQ
4	Lily Sansom	Gloucester	15.2hq
5	Lilyana Wade	Harrington	15.5hq
6	Sienna Kane	South West Rocks	16.0h
7	Dakota Leach	Harrington	17.1h

Girls U 7 - 70 Metre Sprint

=====			
Zone: Z	12.20	01-Dec-99	C.Gordon, Port Macquarie
Zone: Z	12.20		
Zone: Z	12.20	20-Nov-16	Safiyah Clancy, Kempsey
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Lucy Lyon	Wauchope	13.7h
2	Kourtney Morn	Kempsey	14.0h
3	Lilyana Wade	Harrington	14.3h
4	Ruby Luke	Camden Haven	14.7h
5	Lily Sansom	Gloucester	15.1h
6	Hailee Farrell	Harrington	15.4h
7	Arabella Ellenor	Old Bar	15.7h
8	Lily Kennedy	Stuarts Point	15.9h

Girls U 8 - 70 Metre Sprint

=====			
Zone: Z	11.35	20-Nov-16	Jannali Simms, Taree
Name	Age	Centre	Final
=====			
Section 1			
1	Safiyah Clancy	Kempsey	12.4h

Mid North Coast Zone Championships**Gloucester****Results****Girls U 9 - 70 Metre Sprint**

Zone: Z 10.99 15-Dec-13 Emily Sheather, Port Macquari			
Name	Age	Centre	Final
1 Jannali Simms		Taree	11.60
2 Chelsea Stringer		Kempsey	11.80
3 Mikaeli Morgan		Port Macquarie	12.00
4 Sharlie Jordan		Kempsey	12.60
5 Annika Ukkonen		Wauchope	14.10
6 Addison Moscatt		Taree	14.40
7 Mahli Lines		Stuarts Point	14.70
8 Ally Jane Allard		Kempsey	14.90

Girls U 10 - 70 Metre Sprint

Zone: Z 10.30 22-Nov-15 Tarli Black, Forster Tuncurry			
Name	Age	Centre	Final
1 Grace Smith		Wauchope	10.9h
2 Taliah Anderson		Kempsey	11.1h

Girls U 7 - 100 Metre Sprint

Zone: Z 17.50 08-Dec-12 Eliza Ruhl, Port Macquarie			
Name	Age	Centre	Final
1 Bethany Morson		Camden Haven	18.9h
2 Lucy Lyon		Wauchope	19.5h
3 Kourtney Morn		Kempsey	20.4h
4 Amelia Gruisinga		Gloucester	22.6h
5 Pippa Wade		Port Macquarie	23.6h

Girls U 8 - 100 Metre Sprint

Zone: Z 15.95 19-Nov-16 Jannali Simms, Taree			
Name	Age	Centre	Final
1 Safiyah Clancy		Kempsey	17.3h
2 Lacey-Rose Barnes		Port Macquarie	18.3h
3 Sienna MacDonald		Gloucester	18.7h

Girls U 9 - 100 Metre Sprint

Zone: Z 15.16 14-Dec-13 Emily Sheather, Port Macquari			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jannali Simms		Taree	16.6hQ
2 Neive Blair		Kempsey	18.2hQ
3 Sharlie Jordan		Kempsey	18.4hQ
4 Shaylee Wilcox		Port Macquarie	19.0hq
5 Melody Maslen		Gloucester	20.2h
6 Mahli Lines		Stuarts Point	21.3h
Heat 2 Heats			
1 Maddison West		Port Macquarie	16.5hQ
2 Mikaeli Morgan		Port Macquarie	16.9hQ

Mid North Coast Zone Championships**Gloucester****Results****....Girls U 9 - 100 Metre Sprint**

3	Chelsea Stringer	Kempsey	17.2hQ
4	Zara Lawrence	Port Macquarie	17.8hq
5	Addison Moscatt	Taree	22.3h

Girls U 9 - 100 Metre Sprint

=====			
Zone: Z 15.16 14-Dec-13 Emily Sheather, Port Macquarie			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Jannali Simms	Taree	15.9h
2	Maddison West	Port Macquarie	16.2h
3	Chelsea Stringer	Kempsey	16.6h
4	Mikaeli Morgan	Port Macquarie	17.0h
5	Zara Lawrence	Port Macquarie	17.4h
6	Neive Blair	Kempsey	17.6h
7	Shaylee Wilcox	Port Macquarie	18.0h
8	Sharlie Jordan	Kempsey	18.2h

Girls U 10 - 100 Metre Sprint

=====			
Zone: Z 14.40 01-Dec-05 L.Abberton, Forster/Tuncurry			
Name	Age	Centre	Final
=====			
Section 1			
1	Grace Smith	Wauchope	15.3h
2	Taliah Anderson	Kempsey	15.8h
3	Makaya Matthews	Old Bar	16.6h
4	Georga Hazell	Kempsey	17.5h
5	Teela Maslen	Gloucester	17.7h
6	Jasmine Lacey	Port Macquarie	18.4h
7	Jessica Hogan	Taree	20.0h

Girls U 11 - 100 Metre Sprint

=====			
Zone: Z 13.22 19-Nov-16 Tarli Black, Forster Tuncurry			
Name	Age	Centre	Final
=====			
1	Satrey Clancy	Kempsey	15.7h
2	Emily Prince	Port Macquarie	15.9h
3	Tiana Daly	Port Macquarie	16.5h
4	Samantha Barlin	Old Bar	16.9h
5	Isabel Jordan	Kempsey	17.1h
6	Jamie Knott	Port Macquarie	19.8h

Girls U 12 - 100 Metre Sprint

=====			
Zone: Z 13.59 14-Dec-13 Layne Watson, Taree			
Name	Age	Centre	Final
=====			
1	Olivia Boys	Port Macquarie	13.9h
2	Eliza Ruhl	Port Macquarie	14.0h
3	Ella Mountney	Old Bar	15.9h
4	Darcey Fry	Gloucester	16.3h

Mid North Coast Zone Championships**Gloucester****Results****Girls U 13 - 100 Metre Sprint**

Zone: Z 13.00 08-Dec-12 Bianca Mason, Forster/Tuncurr			
Name	Age	Centre	Final
1 Amelia Searles		Old Bar	14.8h
2 Kate Bradbury		Gloucester	15.0h
3 Mia Morson		Camden Haven	15.3h
4 Ruby O'Connor		Port Macquarie	15.9h
5 Charlotte Cooper		Stuarts Point	16.1h
6 Kirrah Lawrie		Harrington	16.4h

Girls U 14 - 100 Metre Sprint

Zone: Z 12.76 14-Dec-13 Bianca Mason, Forster Tuncurr			
Name	Age	Centre	Final
1 Ruby McAndrew		Wauchope	13.0h
2 Madeline Lynch		Wauchope	14.1h
3 Tahlia Lacey		Port Macquarie	14.9h
4 Courtney Webeck		Gloucester	16.1h

Girls U 15 - 100 Metre Sprint

Zone: Z 12.20 08-Dec-12 Savannah Peterkin, Stuarts Po			
Name	Age	Centre	Final
1 Jenna Rodgers		Taree	13.4h
2 Kirri-lee Cutmore		Kempsey	13.6h
3 Kiah Simpson - Moffat		Kempsey	14.7h
4 Cassandra Searles		Old Bar	15.0h

Girls U 17 - 100 Metre Sprint

Zone: Z 12.28 19-Nov-16 Melinda Burke, Wauchope			
Name	Age	Centre	Final
1 Melinda Burke		Wauchope	13.0h
2 Emma Garland		Old Bar	13.8h
3 Shikira Porter		Wauchope	14.1h
4 Jessica Davis		Stuarts Point	17.2h

Girls U 7 - 200 Metre Sprint

Zone: Z 37.50 01-Dec-91 C.Buckley, Wauchope			
Name	Age	Centre	Final
1 Bethany Morson		Camden Haven	40.8h
2 Lilyana Wade		Harrington	47.0h
3 Georgia Murray		Old Bar	49.1h
4 Lily Sansom		Gloucester	49.3h
5 Amelia Gruisinga		Gloucester	50.7h
6 Sienna Kane		South West Rocks	51.0h
7 Pippa Wade		Port Macquarie	52.2h

Mid North Coast Zone Championships**Gloucester****Results****Girls U 8 - 200 Metre Sprint**

Zone: Z 34.00 01-Dec-95 T.Laycock, South West Rocks			
Name	Age	Centre	Final
1 Safiyah Clancy		Kempsey	37.3h
2 Grace Morris		Port Macquarie	40.7h
3 Sienna MacDonald		Gloucester	41.1h

Girls U 9 - 200 Metre Sprint

Zone: Z 32.10 01-Dec-90 H. DeWright, Moorland			
Name	Age	Centre	Final
1 Maddison West		Port Macquarie	33.5h
2 Jannali Simms		Taree	34.8h
3 Zara Lawrence		Port Macquarie	39.2h
4 Tahniesha Donovan		Wauchope	43.0h
5 Mahli Lines		Stuarts Point	43.6h

Girls U 10 - 200 Metre Sprint

Zone: Z 30.10 01-Dec-91 H.DeWright, Moorland			
Name	Age	Centre	Final
1 Josie Boys		Port Macquarie	34.1h
2 Gemma Eady-Muxlow		Harrington	36.8h
3 Hannah Gruber		Camden Haven	41.3h
4 Zariah Lawrie		Harrington	43.6h

Girls U 11 - 200 Metre Sprint

Zone: Z 28.54 20-Nov-16 Tarli Black, Forster Tuncurry			
Name	Age	Centre	Final
1 Tess Hoadley		Taree	36.5h
2 Summer Edwards		Gloucester	39.5h
3 Asteria Meadows		Taree	42.4h
4 Jamie Knott		Port Macquarie	44.5h

Girls U 12 - 200 Metre Sprint

Zone: Z 27.90 01-Dec-91 v.Coleman, Taree			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Amba Korvemaa		Port Macquarie	33.1hQ
2 Ella Mountney		Old Bar	33.9hQ
3 Rhiannon Slater		Wauchope	34.8hq
4 Darcey Fry		Gloucester	35.2hq
Heat 2 Heats			
1 Olivia Boys		Port Macquarie	29.9hQ
2 Eliza Ruhl		Port Macquarie	30.3hQ
3 Brooke Hosgood		Taree	33.0hq
4 Taleah Higgins		Gloucester	35.9h

Mid North Coast Zone Championships**Gloucester****Results****Girls U 12 - 200 Metre Sprint**

Zone: Z 27.90 01-Dec-91 v.Coleman, Taree			
Name	Age	Centre	Final
Section 1 Final			
1 Olivia Boys		Port Macquarie	29.4h
2 Eliza Ruhl		Port Macquarie	29.7h
3 Brooke Hosgood		Taree	31.7h
4 Amba Korvemaa		Port Macquarie	32.9h
5 Rhiannon Slater		Wauchope	34.9h
6 Darcey Fry		Gloucester	36.0h

Girls U 13 - 200 Metre Sprint

Zone: Z 26.80 01-Dec-00 R.Chivers, Port Macquarie			
Name	Age	Centre	Final
Section 1			
1 Kellie Burke		Wauchope	30.9h
2 Ruby O'Connor		Port Macquarie	32.0h
3 Amelia Searles		Old Bar	32.8h
4 Kate Bradbury		Gloucester	33.0h
5 Aleesha Davis		Stuarts Point	33.7h

Girls U 14 - 200 Metre Sprint

Zone: Z 27.08 15-Dec-13 Bianca Mason, Forster Tuncurr			
Name	Age	Centre	Final
1 Ruby McAndrew		Wauchope	27.6h
2 Madeline Lynch		Wauchope	30.7h
3 Tahlia Lacey		Port Macquarie	32.5h
4 Celeste Cameron		Stuarts Point	35.3h

Girls U 15 - 200 Metre Sprint

Zone: Z 26.30 09-Dec-12 Savannah Peterkin, Stuarts Po			
Name	Age	Centre	Final
1 Kirri-lee Cutmore		Kempsey	29.1h
2 Kasey Fletcher		Wauchope	30.6h
3 Kiah Simpson - Moffat		Kempsey	30.8h

Girls U 17 - 200 Metre Sprint

Zone: Z 26.96 15-Dec-13 Savannah Peterkin, Stuarts Po			
Name	Age	Centre	Final
1 Melinda Burke		Wauchope	27.3h
2 Shikira Porter		Wauchope	29.8h
3 Skye Vaughan		Port Macquarie	31.0h
4 Lucy Lawson		Taree	32.0h

Mid North Coast Zone Championships**Gloucester****Results****Girls U 8 - 400 Metre Sprint**

Zone: Z 1:22.10 01-Dec-86 R.Roache, Gloucester			
Name	Age	Centre	Final
1 Safiyah Clancy		Kempsey	1:28.2h
2 Grace Morris		Port Macquarie	1:31.8h
3 Sienna MacDonald		Gloucester	1:44.0h

Girls U 9 - 400 Metre Sprint

Zone: Z 1:16.90 01-Dec-04 L.Abberton, Forster/Tuncurr			
Name	Age	Centre	Final
1 Maddison West		Port Macquarie	1:16.1hZ
2 Neive Blair		Kempsey	1:26.6h
3 Shaylee Wilcox		Port Macquarie	1:33.5h
4 Daejah Geia - Dalton		Kempsey	1:37.3h
5 Mahli Lines		Stuarts Point	1:38.5h

Girls U 10 - 400 Metre Sprint

Zone: Z 1:12.00 01-Dec-05 L.Abberton, Forster/Tuncurr			
Name	Age	Centre	Final
1 Josie Boys		Port Macquarie	1:18.6h
2 Holly Anderson		Gloucester	1:22.8h
3 Makaya Matthews		Old Bar	1:23.8h
4 Hannah Gruber		Camden Haven	1:28.1h
5 Georga Hazell		Kempsey	1:28.9h
6 Zariah Lawrie		Harrington	1:42.3h

Girls U 11 - 400 Metre Sprint

Zone: Z 1:09.20 01-Dec-98 R.Chivers, Port Macquarie			
Name	Age	Centre	Final
1 Emily Prince		Port Macquarie	1:21.9h
2 Tess Hoadley		Taree	1:24.2h
3 Kaitlyn Beggs		Gloucester	1:25.4h
4 Summer Edwards		Gloucester	1:27.8h
5 Mia Wall		Taree	1:29.0h
6 Tiana Daly		Port Macquarie	1:29.4h

Girls U 12 - 400 Metre Sprint

Zone: Z 1:04.40 01-Dec-83 T.Edwards, Gloucester			
Name	Age	Centre	Final
1 Brooke Hosgood		Taree	1:09.0h
2 Eliza Ruhl		Port Macquarie	1:09.3h
3 Eliza Smith		Wauchope	1:16.4h
4 Amba Korvemaa		Port Macquarie	1:18.8h
5 Lily - Rose Quinlan		Kempsey	1:23.4h

Mid North Coast Zone Championships**Gloucester****Results****Girls U 13 - 400 Metre Sprint**

Zone: Z 1:03.10 01-Dec-02 R.Case, Forster/Tuncurry			
Name	Age	Centre	Final
1 Ruby O'Connor		Port Macquarie	1:14.1h
2 Aleesha Davis		Stuarts Point	1:16.1h
3 Tia Baldwin		Port Macquarie	1:22.6h

Girls U 14 - 400 Metre Sprint

Zone: Z 1:02.90 01-Dec-03 R.Case, Forster/Tuncurry			
Name	Age	Centre	Final
1 Nakirra Brien		Kempsey	1:11.6h

Girls U 15 - 400 Metre Sprint

Zone: Z 1:03.50 01-Dec-97 N.Cook, Port Macquarie			
Name	Age	Centre	Final
1 Kasey Fletcher		Wauchope	1:07.5h
2 Francesca Plentinger		Port Macquarie	1:08.0h
3 Kirri-lee Cutmore		Kempsey	1:11.4h
4 Cassandra Searles		Old Bar	1:19.5h

Girls U 17 - 400 Metre Sprint

Zone: Z 1:01.90 01-Dec-10 M.White, Gloucester			
Name	Age	Centre	Final
1 Shikira Porter		Wauchope	1:10.2h

Girls U 7 - 500 Metre Run Pack Start

Zone: Z 1:49.80 01-Dec-94 T. Laycock, South West Rock			
Name	Age	Centre	Final
1 Bethany Morson		Camden Haven	2:02.6h
2 Kourtney Morn		Kempsey	2:27.1h
3 Georgia Murray		Old Bar	2:39.8h

Girls U 8 - 700 Metre Run Park Start

Zone: Z 2:31.60 01-Dec-95 T.Laycock, South West Rocks			
Name	Age	Centre	Final
1 Grace Morris		Port Macquarie	2:53.2h

Girls U 9 - 800 Metre Run

Zone: Z 2:49.50 01-Dec-96 T.Laycock, South West Rocks			
Name	Age	Centre	Final
1 Zara Lawrence		Port Macquarie	3:30.6h
2 Teleah Holbert		Wauchope	3:50.9h
3 Amy Fry		Gloucester	4:29.0h

Mid North Coast Zone Championships**Gloucester****Results****Girls U 10 - 800 Metre Run**

Zone: Z 2:47.50 01-Dec-85 M.Fahey, Forster/Tuncurry			
Name	Age	Centre	Final
1 Josie Boys		Port Macquarie	2:54.0h
2 Gemma Eady-Muxlow		Harrington	2:55.0h
3 Kirsten Morn		Kempsey	3:17.4h
4 Holly Anderson		Gloucester	3:23.0h
5 Jasmine Lacey		Port Macquarie	3:28.9h
6 Hannah Gruber		Camden Haven	3:36.1h

Girls U 11 - 800 Metre Run

Zone: Z 2:37.60 01-Dec-90 H.Dowell, Wauchope			
Name	Age	Centre	Final
1 Mia Wall		Taree	3:22.6h
2 Summer Edwards		Gloucester	3:36.8h
3 Asteria Meadows		Taree	4:19.7h

Girls U 12 - 800 Metre Run

Zone: Z 2:37.30 01-Dec-91 H.Dowell, Wauchope			
Name	Age	Centre	Final
1 Brooke Hosgood		Taree	2:40.8h
2 Ruby Trappel		Kempsey	2:46.5h
3 Amba Korvemaa		Port Macquarie	3:00.3h
4 Mariyah Cutmore		Kempsey	3:16.8h
5 Darcey Fry		Gloucester	3:29.9h

Girls U 13 - 800 Metre Run

Zone: Z 2:32.40 01-Dec-04 M.Dolan, Port Macquarie			
Name	Age	Centre	Final
1 Ruby O'Connor		Port Macquarie	2:46.0h
2 Aleesha Davis		Stuarts Point	3:01.9h
3 Tia Baldwin		Port Macquarie	3:04.2h
4 Mia Morson		Camden Haven	3:06.3h
5 Jessica Barnes		Wauchope	3:15.9h

Girls U 14 - 800 Metre Run

Zone: Z 2:30.20 09-Dec-12 Hannah Sawyer, Stuarts Poin			
Name	Age	Centre	Final
1 Nakirra Brien		Kempsey	2:51.2h
2 Courtney Webeck		Gloucester	3:13.5h
3 Brianna Wheeler		Taree	3:27.1h

Mid North Coast Zone Championships**Gloucester****Results****Girls U 15 - 800 Metre Run**

Zone: Z 2:26.70 01-Dec-98 N.Cook, Port Macquarie			
Name	Age	Centre	Final
1 Serenity Clancy		Kempsey	2:44.3h
2 Francesca Plentinger		Port Macquarie	2:44.5h
3 Emma Ashton		Gloucester	2:49.2h
4 Kasey Fletcher		Wauchope	2:52.6h
5 Cassandra Searles		Old Bar	3:04.8h

Girls U 17 - 800 Metre Run

Zone: Z 2:45.99 14-Dec-14 Ebony Burke, Wauchope			
Name	Age	Centre	Final
1 Tahnee Yates		Gloucester	2:58.4h
2 Emily Blanch		Stuarts Point	3:18.6h
3 Emma Sewell		Taree	3:20.9h

Girls U 10 - 1500 Metre Run

Zone: Z 5:43.30 01-Dec-80 J.Vogele, Port Macquarie			
Name	Age	Centre	Final
1 Gemma Eady-Muxlow		Harrington	5:58.5h
2 Kirsten Morn		Kempsey	6:48.9h
3 Hannah Gruber		Camden Haven	7:37.7h
4 Katherine Hanlon		Camden Haven	8:10.0h

Girls U 11 - 1500 Metre Run

Zone: Z 5:15.00 01-Dec-90 H.Dowell, Wauchope			
Name	Age	Centre	Final
1 Emily Beggs		Gloucester	7:14.2h

Girls U 12 - 1500 Metre Run

Zone: Z 5:26.50 01-Dec-91 H.Dowell, Wauchope			
Name	Age	Centre	Final
1 Brooke Hosgood		Taree	5:36.2h
2 Ruby Trappel		Kempsey	5:52.3h
3 Amba Korvemaa		Port Macquarie	5:58.7h
4 Bianca Turner		Gloucester	6:22.2h

Girls U 13 - 1500 Metre Run

Zone: Z 5:19.20 01-Dec-84 J.Curran, Taree			
Name	Age	Centre	Final
1 Ruby O'Connor		Port Macquarie	5:56.3h
2 Tia Baldwin		Port Macquarie	6:31.9h

Mid North Coast Zone Championships**Gloucester****Results****Girls U 14 - 1500 Metre Run**

Zone: Z 5:09.70 01-Dec-97 N.Cook, Port Macquarie			
Name	Age	Centre	Final
1 Nakirra Brien		Kempsey	6:02.7h
2 Courtney Webeck		Gloucester	6:24.9h
3 Brianna Wheeler		Taree	6:41.5h

Girls U 15 - 1500 Metre Run

Zone: Z 5:07.10 01-Dec-98 N.Cook, Port Macquarie			
Name	Age	Centre	Final
1 Emma Ashton		Gloucester	5:43.6h
2 Francesca Plentinger		Port Macquarie	5:45.8h
3 Serenity Clancy		Kempsey	5:50.2h

Girls U 17 - 1500 Metre Run

Zone: Z 6:01.48 13-Dec-14 Willow Mackay, Taree			
Name	Age	Centre	Final
1 Tahnee Yates		Gloucester	6:27.7h
2 Jessie Wade		Wauchope	6:45.8h
3 Emily Blanch		Stuarts Point	6:56.3h
4 Emma Sewell		Taree	7:06.1h

Girls U 14 - 3000 Metre Run

Zone: Z 11:20.30 01-Dec-97 N.Cook, Port Macquarie			
Name	Age	Centre	Final
1 Nakirra Brien		Kempsey	14:15.8h
2 Brianna Wheeler		Taree	15:05.8h

Girls U 15 - 3000 Metre Run

Zone: Z 11:19.60 01-Dec-98 N.Cook, Port Macquarie			
Name	Age	Centre	Final
1 Emma Ashton		Gloucester	12:28.5h
2 Francesca Plentinger		Port Macquarie	12:53.3h

Girls U 17 - 3000 Metre Run

Zone: Z 13:12.87 13-Dec-14 Willow Mackay, Taree			
Name	Age	Centre	Final
1 Tahnee Yates		Gloucester	14:00.2h
2 Jessie Wade		Wauchope	14:52.0h
3 Emily Blanch		Stuarts Point	15:11.6h

Mid North Coast Zone Championships**Gloucester****Results****Girls U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 11.70 01-Dec-97 J.Wozniak, Port Macquarie			
Name	Age	Centre	Final
1 Lacey-Rose Barnes		Port Macquarie	13.7h
2 Sienna MacDonald		Gloucester	13.9h

Girls U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.30 01-Dec-90 H.DeWright, Moorland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Neive Blair		Kempsey	12.5hQ
2 Shaylee Wilcox		Port Macquarie	13.5hQ
3 Sharlie Jordan		Kempsey	13.8hQ
4 Ally Jane Allard		Kempsey	15.4h
5 Addison Moscatt		Taree	15.7h
Heat 2 Heats			
1 Chelsea Stringer		Kempsey	11.8hQ
2 Jannali Simms		Taree	12.0hQ
3 Maddison West		Port Macquarie	12.3hQ
4 Mikaeli Morgan		Port Macquarie	12.7hq
5 Tahniesha Donovan		Wauchope	14.6hq
6 Amy Fry		Gloucester	14.9h

Girls U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.30 01-Dec-90 H.DeWright, Moorland			
Name	Age	Centre	Final
Section 1 Final			
1 Jannali Simms		Taree	11.7h
2 Chelsea Stringer		Kempsey	12.0h
3 Maddison West		Port Macquarie	12.2h
4 Neive Blair		Kempsey	12.5h
5 Mikaeli Morgan		Port Macquarie	13.2h
6 Tahniesha Donovan		Wauchope	13.4h
7 Sharlie Jordan		Kempsey	15.9h
8 Shaylee Wilcox		Port Macquarie	17.1h

Girls U 10 - 60 Metre Hurdles (60cm)

Zone: Z 9.80 01-Dec-91 H.DeWright, Moorland			
Name	Age	Centre	Final
Section 1			
1 Grace Smith		Wauchope	11.9h
2 Taliah Anderson		Kempsey	12.5h
3 Georga Hazell		Kempsey	13.0h
4 Josie Boys		Port Macquarie	13.3h
5 Emily Barnes		Wauchope	13.6h
6 Katherine Hanlon		Camden Haven	14.5h
7 Jasmine Lacey		Port Macquarie	15.5h
8 Amalie Iliffe		Kempsey	19.4h

Mid North Coast Zone Championships**Gloucester****Results****Girls U 11 - 60 Metre Hurdles (60cm)**

Zone: Z 10.10 01-Dec-04 N.Ferris, Gloucester			
Name	Age	Centre	Final
1 Satrey Clancy		Kempsey	12.4h
2 Emily Prince		Port Macquarie	12.8h
3 Tess Hoadley		Taree	13.1h
4 Isabel Jordan		Kempsey	13.3h
5 Samantha Barlin		Old Bar	13.5h
6 Ruby Bradbury		Gloucester	13.7h
7 Tiana Daly		Port Macquarie	14.2h

Girls U 12 - 60 Metre Hurdles (68cm)

Zone: Z 9.60 01-Dec-86 F.Sylva, Moorland			
Name	Age	Centre	Final
1 Shyleeah O'Connor-Locke		Port Macquarie	11.7h
2 Eliza Smith		Wauchope	12.4h
3 Ruby Trappel		Kempsey	12.8h
4 Mariyah Cutmore		Kempsey	13.1h
5 Bianca Turner		Gloucester	13.6h
6 Darcey Fry		Gloucester	13.8h
7 Rhiannon Slater		Wauchope	14.2h

Girls U 13 - 80 Metre Hurdles (76cm)

Zone: Z 13.50 01-Dec-00 E.Gillogly, Port Macquarie			
Name	Age	Centre	Final
1 Kellie Burke		Wauchope	16.5h
2 Kirrah Lawrie		Harrington	18.7h
3 Jessica Barnes		Wauchope	19.2h

Girls U 14 - 80 Metre Hurdles (76cm)

Zone: Z 13.20 01-Dec-05 R.Dobson, Wauchope			
Name	Age	Centre	Final
1 Madeline Lynch		Wauchope	15.5h
2 Amy Shultz		Gloucester	17.4h
3 Celeste Cameron		Stuarts Point	19.0h
4 Chantel Cameron		Stuarts Point	21.8h

Girls U 15 - 90 Metre Hurdles (76cm)

Zone: Z 14.70 01-Dec-92 A.Alley, Moorland			
Name	Age	Centre	Final
1 Olivia Thompson		Port Macquarie	17.7h
2 Kasey Fletcher		Wauchope	18.3h
3 Kiah Simpson - Moffat		Kempsey	21.0h

Mid North Coast Zone Championships**Gloucester****Results****Girls U 17 - 100 Metre Hurdles (76cm)**

Zone: Z 16.50 01-Dec-08 E.Withnall, Old Bar			
Name	Age	Centre	Final
1 Melinda Burke		Wauchope	16.8h

Girls U 13 - 200 Metre Hurdles (68cm)

Zone: Z 29.70 01-Dec-00 R.Chivers, Port Macquarie			
Name	Age	Centre	Final
1 Kellie Burke		Wauchope	32.8h
2 Kate Bradbury		Gloucester	34.3h

Girls U 14 - 200 Metre Hurdles (76cm)

Zone: Z 30.18 14-Dec-13 Bianca Mason, Forster Tuncurr			
Name	Age	Centre	Final
1 Ruby McAndrew		Wauchope	31.8h

Girls U 15 - 300 Metre Hurdles (76cm)

Zone: Z 53.50 19-Nov-16 Layne Watson, Taree			
Name	Age	Centre	Final
1 Serenity Clancy		Kempsey	53.2hZ
2 Kasey Fletcher		Wauchope	54.4h
3 Olivia Thompson		Port Macquarie	55.2h
4 Kiah Simpson - Moffat		Kempsey	57.2h
5 Cassandra Searles		Old Bar	57.6h

Girls U 17 - 300 Metre Hurdles (76cm)

Zone: Z 47.88 19-Nov-16 Melinda Burke, Wauchope			
Name	Age	Centre	Final
1 Melinda Burke		Wauchope	46.8hZ
2 Skye Vaughan		Port Macquarie	1:00.8h

Girls U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 59.30 01-Dec-03 Port Macquarie			
Centre	Age	Centre	Final
1 Port Macquarie			1:02.0h
1) Josie Boys 10		2) Maddison West 9	
3) Mikaeli Morgan 9		4) Olivia Boys 12	
2 Kempsey			1:06.6h
1) Chelsea Stringer 9		2) Kirsten Morn 10	
3) Isabel Jordan 11		4) Ruby Trappel 12	
3 Wauchope			1:07.5h
1) Eliza Smith 12		2) Teleah Holbert 9	
3) Grace Smith 10		4) Tahniesha Donovan 9	
4 Gloucester			1:12.6h
1) Melody Maslen 9		2) Holly Anderson 10	

Mid North Coast Zone Championships**Gloucester****Results****....Girls U 9-12 4x100 Metre Relay (Jnr)**

3) Charli MacDonald 11	4) Darcey Fry 12	
5 Taree		1:13.9h
1) Addison Moscatt 9	2) Annika Scott 12	
3) Mia Wall 11	4) Jannali Simms 9	

Girls U 12-17 4x100 Metre Relay (Snr)

=====			
Zone: Z 56.39	20-Nov-16	Wauchope, Wauchope	
		S Porter, R McAndrew, M Burke, K Fletcher	
Centre			Final
=====			
1 Wauchope			54.1hZ
1) Kellie Burke 13	2) Ruby McAndrew 14		
3) Melinda Burke 17	4) Kasey Fletcher 15		
2 Port Macquarie			58.4h
1) Ruby O'Connor 13	2) Tahlia Lacey 14		
3) Olivia Thompson 15	4) Skye Vaughan 17		
3 Taree			59.9h
1) Brooke Hosgood 12	2) Brianna Wheeler 14		
3) Lucy Lawson 17	4) Jenna Rodgers 15		
4 Gloucester			1:01.2h
1) Kate Bradbury 13	2) Emma Ashton 15		
3) Amy Shultz 14	4) Charlotte Maslen 17		

Girls U 9 - High Jump (S/H 0.80m)

=====			
Zone: Z 1.15m	01-Dec-03	K.Summerhill, Upper Macleay	
Name	Age	Centre	Final
=====			
Flight 1			
1 Daejah Geia - Dalton		Kempsey	1.00m

Girls U 10 - High Jump (S/H 0.90m)

=====			
Zone: Z 1.30m	01-Dec-04	K.Summerhill, Upper Macleay	
Name	Age	Centre	Final
=====			
1 Grace Smith		Wauchope	1.05m

Girls U 11 - High Jump (S/H 1.00m)

=====			
Zone: Z 1.33m	01-Dec-01	C.Maloney, Stuarts Point	
Name	Age	Centre	Final
=====			
1 Emily Prince		Port Macquarie	1.14m
2 Tess Hoadley		Taree	1.00m

Girls U 12 - High Jump (S/H 1.10m)

=====			
Zone: Z 1.43m	01-Dec-96	E.Evans, Old Bar	
Name	Age	Centre	Final
=====			
1 Annika Scott		Taree	1.27m
2 Lily - Rose Quinlan		Kempsey	1.25m
3 Shyleeah O'Connor-Locke		Port Macquarie	1.20m

Mid North Coast Zone Championships**Gloucester****Results****....Girls U 12 - High Jump (S/H 1.10m)**

3	Eliza Smith	Wauchope	1.20m
5	Matilda O'Connor	Port Macquarie	1.20m
6	Katherine Ebbs	Port Macquarie	1.20m
7	Ruby Trappel	Kempsey	1.20m
8	Rhiannon Slater	Wauchope	1.15m

Girls U 13 - High Jump (S/H 1.15m)

=====			
Zone: Z 1.65m 01-Dec-95 K.Mann, Port Macquarie			
Name	Age	Centre	Final
=====			
1	Kellie Burke	Wauchope	1.33m
2	Makalya Saunders	Harrington	1.25m

Girls U 14 - High Jump (S/H 1.20m)

=====			
Zone: Z 1.63m 01-Dec-05 L.Taylor, Gloucester			
Name	Age	Centre	Final
=====			
1	Celeste Cameron	Stuarts Point	1.35m
2	Jade Vaughan	Port Macquarie	1.30m
3	Sally Edmonds	Port Macquarie	1.30m
4	Keely Yates	Gloucester	1.25m
5	Tahlia Lacey	Port Macquarie	1.25m

Girls U 15 - High Jump (S/H 1.20m)

=====			
Zone: Z 1.60m 01-Dec-05 C.Maloney, Stuarts Point			
Name	Age	Centre	Final
=====			
1	Olivia Thompson	Port Macquarie	1.45m
2	Kiah Simpson - Moffat	Kempsey	1.30m

Girls U 17 - High Jump (S/H 1.25m)

=====			
Zone: Z 1.51m 20-Nov-16 Melinda Burke, Wauchope			
Name	Age	Centre	Final
=====			
1	Emma Garland	Old Bar	1.40m
2	Skye Vaughan	Port Macquarie	1.25m

Girls U 7 - Long Jump Half Metre B

=====			
Zone: Z 3.10m 01-Dec-91 S.Wood, Harrington			
Name	Age	Centre	Final
=====			
1	Bethany Morson	Camden Haven	2.48m
2	Lily Sansom	Gloucester	2.39m
3	Lucy Lyon	Wauchope	2.31m
4	Dakota Leach	Harrington	2.27m
5	Kourtney Morn	Kempsey	2.26m
6	Lily Kennedy	Stuarts Point	2.12m
7	Sienna Kane	South West Rocks	1.97m
8	Lilyana Wade	Harrington	1.93m
9	Pippa Wade	Port Macquarie	1.82m

Mid North Coast Zone Championships**Gloucester****Results****....Girls U 7 - Long Jump Half Metre B**

10	Arabella Ellenor	Old Bar	1.78m
11	Maya Beckley	Taree	1.66m
12	Amelia Gruisinga	Gloucester	1.59m

Girls U 8 - Long Jump Half Metre B

=====			
Zone: Z 3.29m 01-Dec-80 N.Bailey, Port Macquarie			
Name	Age	Centre	Final
=====			
1	Grace Morris	Port Macquarie	2.62m
2	Lacey-Rose Barnes	Port Macquarie	2.27m

Girls U 9 - Long Jump Half Metre B

=====			
Zone: Z 4.09m 01-Dec-90 T.Coddington, Kempsey			
Name	Age	Centre	Final
=====			
1	Mikaeli Morgan	Port Macquarie	3.20m
2	Chelsea Stringer	Kempsey	3.14m
3	Teleah Holbert	Wauchope	2.82m
3	Daejah Geia - Dalton	Kempsey	2.82m
5	Tahniesha Donovan	Wauchope	2.73m
6	Zara Lawrence	Port Macquarie	2.70m
7	Melody Maslen	Gloucester	2.46m
8	Ally Jane Allard	Kempsey	2.37m
9	Annika Ukkonen	Wauchope	2.19m
10	Addison Moscatt	Taree	2.11m

Girls U 10 - Long Jump Half Metre B

=====			
Zone: Z 4.58m 01-Dec-91 T.Coddington, Kempsey			
Name	Age	Centre	Final
=====			
1	Emily Barnes	Wauchope	3.08m
2	Makaya Matthews	Old Bar	2.96m
3	Katherine Hanlon	Camden Haven	2.94m
4	Georga Hazell	Kempsey	2.85m
5	Gemma Eady-Muxlow	Harrington	2.68m
6	Zariah Lawrie	Harrington	2.47m
7	Jasmine Lacey	Port Macquarie	2.30m
8	Amalie Iliffe	Kempsey	2.03m
9	Jessica Hogan	Taree	2.00m

Girls U 11 - Long Jump

=====			
Zone: Z 4.35m 20-Nov-16 Tarli Black, Forster Tuncurry			
Name	Age	Centre	Final
=====			
1	Kaitlyn Beggs	Gloucester	2.85m
2	Emily Beggs	Gloucester	2.84m
3	Mia Wall	Taree	2.83m
4	Charli MacDonald	Gloucester	2.69m
5	Summer Bromley	Harrington	2.65m
6	Ruby Bradbury	Gloucester	2.65m
7	Asteria Meadows	Taree	2.44m

Mid North Coast Zone Championships**Gloucester****Results****....Girls U 11 - Long Jump**

8	Jamie Knott	Port Macquarie	2.31m
9	Summer Edwards	Gloucester	2.18m

Girls U 12 - Long Jump

Zone: Z 4.65m 01-Dec-02 C.Maloney, Stuarts Point

Name	Age	Centre	Final
1	Olivia	Boys Port Macquarie	4.41m
2	Lily - Rose	Quinlan Kempsey	3.84m
3	Annika	Scott Taree	3.66m
4	Ella	Mountney Old Bar	3.48m
5	Eliza	Smith Wauchope	3.42m
6	Katherine	Ebbs Port Macquarie	3.26m
7	Amy	Alexi Barr Harrington	2.84m

Girls U 13 - Long Jump

Zone: Z 4.84m 01-Dec-04 R.Dobson, Wauchope

Name	Age	Centre	Final
1	Mia	Morson Camden Haven	3.74m
2	Amelia	Searles Old Bar	3.63m
3	Tia	Baldwin Port Macquarie	3.58m
4	Kirrah	Lawrie Harrington	3.41m
5	Makalya	Saunders Harrington	3.37m
6	Kate	Bradbury Gloucester	3.32m
7	Jessica	Barnes Wauchope	3.17m

Girls U 14 - Long Jump

Zone: Z 5.18m 01-Dec-01 T.Kwast, Port Macquarie

Name	Age	Centre	Final
1	Madeline	Lynch Wauchope	4.04m
2	Tahlia	Lacey Port Macquarie	3.82m
3	Nakirra	Brien Kempsey	3.78m
4	Jade	Vaughan Port Macquarie	3.67m
5	Amy	Shultz Gloucester	3.56m
6	Celeste	Cameron Stuarts Point	3.52m
7	Chantel	Cameron Stuarts Point	3.40m
8	Courtney	Webeck Gloucester	3.30m

Girls U 15 - Long Jump

Zone: Z 5.49m 09-Dec-12 Savannah Peterkin, Stuarts Po

Name	Age	Centre	Final
1	Jenna	Rodgers Taree	4.46m
2	Kirri-lee	Cutmore Kempsey	4.30m
3	Serenity	Clancy Kempsey	4.13m
4	Kasey	Fletcher Wauchope	4.01m

Mid North Coast Zone Championships**Gloucester****Results****Girls U 17 - Long Jump**

Zone: Z 5.55m 15-Dec-13 Savannah Peterkin, Stuarts Po			
Name	Age	Centre	Final
1 Skye Vaughan		Port Macquarie	4.63m
2 Emma Garland		Old Bar	4.62m
3 Shikira Porter		Wauchope	4.16m
4 Lucy Lawson		Taree	3.69m
5 Jessica Davis		Stuarts Point	3.28m

Girls U 11 - Triple Jump

Zone: Z 9.19m 01-Dec-98 T.Kwast, Port Macquarie			
Name	Age	Centre	Final
1 Satrey Clancy		Kempsey	7.55m

Girls U 12 - Triple Jump

Zone: Z 9.35m 01-Dec-03 R.Dobson, Wauchope			
Name	Age	Centre	Final
1 Olivia Boys		Port Macquarie	9.31m
2 Katherine Ebbs		Port Macquarie	6.90m

Girls U 13 - Triple Jump

Zone: Z 10.90m 01-Dec-09 Jaiden Walker, Stuarts Point			
Name	Age	Centre	Final
1 Kellie Burke		Wauchope	8.32m
2 Makalya Saunders		Harrington	8.26m
3 Aleesha Davis		Stuarts Point	8.15m
4 Kirrah Lawrie		Harrington	7.57m

Girls U 14 - Triple Jump

Zone: Z 10.84m 01-Dec-97 L.Collison, Wauchope			
Name	Age	Centre	Final
1 Ruby McAndrew		Wauchope	9.14m
2 Madeline Lynch		Wauchope	9.07m
3 Tahlia Lacey		Port Macquarie	8.62m
4 Jade Vaughan		Port Macquarie	8.27m

Girls U 15 - Triple Jump

Zone: Z 11.07m 01-Dec-05 C.Maloney, Stuarts Point			
Name	Age	Centre	Final
1 Serenity Clancy		Kempsey	9.15m
2 Olivia Thompson		Port Macquarie	8.86m

Mid North Coast Zone Championships**Gloucester****Results****Girls U 17 - Triple Jump**

Zone: Z 11.20m 22-Dec-15 Bianca Mason, Forster/Tuncur			
Name	Age	Centre	Final
1 Skye Vaughan		Port Macquarie	10.21m
2 Melinda Burke		Wauchope	9.88m
3 Shikira Porter		Wauchope	8.69m
4 Lucy Lawson		Taree	8.03m
5 Jessie Wade		Wauchope	7.86m
6 Jessica Davis		Stuarts Point	7.60m

Girls U 7 - Shot Put (1.0 Kg)

Zone: Z 5.09m 01-Dec-09 A.Jordon, Port Macquarie			
Name	Age	Centre	Final
1 Ruby Luke		Camden Haven	3.71m
2 Georgia Murray		Old Bar	2.88m
3 Dakota Leach		Harrington	2.81m
4 Amelia Gruisinga		Gloucester	2.62m
5 Arabella Ellenor		Old Bar	2.19m
6 Pippa Wade		Port Macquarie	2.14m

Girls U 9 - Shot Put (2.0 Kg)

Zone: Z 6.77m 01-Dec-93 K.Pullen, Taree			
Name	Age	Centre	Final
1 Teleah Holbert		Wauchope	4.66m
2 Shaylee Wilcox		Port Macquarie	3.50m
3 Melody Maslen		Gloucester	2.96m

Girls U 10 - Shot Put (2.0 Kg)

Zone: Z 8.35m 01-Dec-02 B.Ainsworth, Stuarts Point			
Name	Age	Centre	Final
1 Emily Barnes		Wauchope	4.71m
2 Kirsten Morn		Kempsey	4.22m
3 Amalie Iliffe		Kempsey	3.88m
4 Jessica Hogan		Taree	3.26m

Girls U 11 - Shot Put (2.0 Kg)

Zone: Z 9.98m 01-Dec-91 T.Smoothy, Taree			
Name	Age	Centre	Final
1 Isabel Jordan		Kempsey	6.45m
2 Tayah Perry		Kempsey	6.20m
3 Samantha Barlin		Old Bar	5.70m
4 Tiana Daly		Port Macquarie	5.43m
5 Ruby Bradbury		Gloucester	5.10m
6 Summer Bromley		Harrington	4.90m

Mid North Coast Zone Championships**Gloucester****Results****Girls U 12 - Shot Put (2.0 Kg)**

Zone: Z 11.41m 01-Dec-07 K.Harland, Kempsey			
Name	Age	Centre	Final
1 Shyleeah O'Connor-Locke		Port Macquarie	9.97m
2 Annika Scott		Taree	8.33m
3 Indianah Nikolovski		Old Bar	7.32m
4 Matilda O'Connor		Port Macquarie	7.02m

Girls U 13 - Shot Put (3.0 Kg)

Zone: Z 11.22m 01-Dec-06 G.Bylos, Old Bar			
Name	Age	Centre	Final
1 Makalya Saunders		Harrington	7.11m
2 Charlotte Cooper		Stuarts Point	6.93m
3 Aleesha Davis		Stuarts Point	6.09m

Girls U 14 - Shot Put (3.0 Kg)

Zone: Z 12.47m 01-Dec-97 J.Lynch, Forster/Tuncurry			
Name	Age	Centre	Final
1 Jade Vaughan		Port Macquarie	7.18m
2 Amy Shultz		Gloucester	6.96m
3 Tahlia Lacey		Port Macquarie	6.22m
4 Celeste Cameron		Stuarts Point	6.15m
5 Chantel Cameron		Stuarts Point	5.99m
6 Keely Yates		Gloucester	5.52m

Girls U 15 - Shot Put (3.0 Kg)

Zone: Z 12.48m 01-Dec-98 J.Lynch, Forster/Tuncurry			
Name	Age	Centre	Final
1 Olivia Thompson		Port Macquarie	8.48m

Girls U 17 - Shot Put (3.0 Kg)

Zone: Z 11.56m 01-Dec-08 B.Yarnold, Forster/Tuncurry			
Name	Age	Centre	Final
1 Charlotte Maslen		Gloucester	10.45m
2 Emily Blanch		Stuarts Point	7.67m
3 Tahnee Yates		Gloucester	7.28m
4 Jessica Davis		Stuarts Point	5.82m

Girls U 7 - Discus (350 Gram)

Zone: Z 12.54m 01-Dec-99 K.Davies, Forster/Tuncurry			
Name	Age	Centre	Final
1 Georgia Murray		Old Bar	10.62m
2 Ruby Luke		Camden Haven	9.25m
3 Dakota Leach		Harrington	7.04m
4 Maya Beckley		Taree	6.35m

Mid North Coast Zone Championships**Gloucester****Results****Girls U 9 - Discus (500 Gram)**

Zone: Z 18.96m 01-Dec-01 B.Ainsworth, Stuarts Point			
Name	Age	Centre	Final
1 Teleah Holbert		Wauchope	12.87m
2 Tahniasha Donovan		Wauchope	11.83m
3 Sharlie Jordan		Kempsey	9.85m
4 Daejah Geia - Dalton		Kempsey	9.68m
5 Melody Maslen		Gloucester	8.46m
6 Ally Jane Allard		Kempsey	8.28m
7 Annika Ukkonen		Wauchope	7.20m

Girls U 10 - Discus (500 Gram)

Zone: Z 27.97m 01-Dec-09 Mikaela Donovan, Stuarts Poi			
Name	Age	Centre	Final
1 Emily Barnes		Wauchope	15.26m
2 Katherine Hanlon		Camden Haven	12.98m
3 Makaya Matthews		Old Bar	11.93m
4 Taliah Anderson		Kempsey	9.81m
5 Jessica Hogan		Taree	8.96m

Girls U 11 - Discus (750 Gram)

Zone: Z 26.08m 01-Dec-89 B.Morrison, Wingham			
Name	Age	Centre	Final
1 Isabel Jordan		Kempsey	15.90m
2 Tayah Perry		Kempsey	12.51m
3 Charli MacDonald		Gloucester	12.20m
4 Summer Bromley		Harrington	11.86m
5 Ruby Bradbury		Gloucester	11.72m
6 Kaitlyn Beggs		Gloucester	7.67m

Girls U 12 - Discus (750 Gram)

Zone: Z 31.20m 01-Dec-80 S.Monkley, Harrington			
Name	Age	Centre	Final
1 Shyleeah O'Connor-Locke		Port Macquarie	19.76m
2 Indianah Nikolovski		Old Bar	18.34m
3 Matilda O'Connor		Port Macquarie	17.80m
4 Rhiannon Slater		Wauchope	15.98m
5 Lily - Rose Quinlan		Kempsey	14.06m
6 Annika Scott		Taree	12.63m
7 Taleah Higgins		Gloucester	10.16m
8 Amy Alexi Barr		Harrington	7.28m

Girls U 13 - Discus (750 Gram)

Zone: Z 37.05m 09-Dec-12 Mikaela Donovan, Stuarts Poi			
Name	Age	Centre	Final
1 Charlotte Cooper		Stuarts Point	29.95m
2 Makalya Saunders		Harrington	18.36m

Mid North Coast Zone Championships

Gloucester

Results

....Girls U 13 - Discus (750 Gram)

3	Kate Bradbury	Gloucester	14.62m
4	Mia Morson	Camden Haven	14.51m
5	Jessica Barnes	Wauchope	13.39m

Girls U 14 - Discus (1.0 Kg)

Zone: Z 30.05m 01-Dec-07 G.Bylos, Ols Bar

Name	Age	Centre	Final
1	Amy Shultz	Gloucester	22.71m
2	Jade Vaughan	Port Macquarie	18.86m
3	Celeste Cameron	Stuarts Point	16.35m
4	Chantel Cameron	Stuarts Point	15.84m
5	Nakirra Brien	Kempsey	15.25m
6	Courtney Webeck	Gloucester	15.19m
7	Keely Yates	Gloucester	14.58m

Girls U 15 - Discus (1.0 Kg)

Zone: Z 30.72m 01-Dec-96 C.Taylor, Taree

Name	Age	Centre	Final
1	Emma Ashton	Gloucester	17.83m
2	Kirri-lee Cutmore	Kempsey	16.71m

Girls U 17 - Discus (1.0 Kg)

Zone: Z 36.05m 01-Dec-08 Brooke Yarnold, Forster/Tunc

Name	Age	Centre	Final
1	Emma Garland	Old Bar	27.36m
2	Charlotte Maslen	Gloucester	25.89m
3	Jessica Davis	Stuarts Point	16.10m
4	Emily Blanch	Stuarts Point	15.61m

Girls U 11 - Javelin (400 Gram)

Zone: Z 15.04m 19-Nov-16 Eliza Ruhl, Port Macquarie

Name	Age	Centre	Final
1	Samantha Barlin	Old Bar	11.80m
2	Jamie Knott	Port Macquarie	9.84m
3	Kaitlyn Beggs	Gloucester	9.30m
4	Tayah Perry	Kempsey	9.26m
5	Emily Beggs	Gloucester	9.23m

Girls U 12 - Javelin (400 Gram)

Zone: Z 19.83m 14-Dec-13 Molly Aiken, Forster/Tuncurr

Name	Age	Centre	Final
1	Eliza Ruhl	Port Macquarie	15.67m
2	Mariyah Cutmore	Kempsey	14.12m
3	Indianah Nikolovski	Old Bar	13.23m
4	Katherine Ebbs	Port Macquarie	6.44m

Mid North Coast Zone Championships**Gloucester****Results****Girls U 13 - Javelin (400 Gram)**

Zone: Z 32.57m 15-Dec-13 Jedda Marr, Taree			
Name	Age	Centre	Final
1 Aleesha Davis		Stuarts Point	20.97m
2 Charlotte Cooper		Stuarts Point	19.04m
3 Kellie Burke		Wauchope	14.93m
4 Mia Morson		Camden Haven	13.37m
5 Makalya Saunders		Harrington	11.73m
6 Jessica Barnes		Wauchope	8.88m
7 Kate Bradbury		Gloucester	8.38m

Girls U 14 - Javelin (400 Gram)

Zone: Z 27.16m 01-Dec-09 B.Herdern, Forster/Tuncurry			
Name	Age	Centre	Final
1 Jade Vaughan		Port Macquarie	21.90m
2 Amy Shultz		Gloucester	20.75m
3 Keely Yates		Gloucester	18.00m
4 Brianna Wheeler		Taree	14.42m
5 Chantel Cameron		Stuarts Point	14.29m

Girls U 15 - Javelin (500 Gram)

Zone: Z 31.12m 01-Dec-96 C.Taylor, Taree			
Name	Age	Centre	Final
1 Emma Ashton		Gloucester	20.94m

Girls U 17 - Javelin (500 Gram)

Zone: Z 33.48m 13-Dec-14 Venus Fuller, Forster/Tuncurry			
Name	Age	Centre	Final
1 Emma Garland		Old Bar	33.50mZ
2 Charlotte Maslen		Gloucester	24.48m
3 Shikira Porter		Wauchope	22.32m
4 Skye Vaughan		Port Macquarie	21.27m
5 Emily Blanch		Stuarts Point	17.89m
6 Jessica Davis		Stuarts Point	15.47m

Girls U 10 - 1100 Metre Walk

Zone: Z 6:48.60 01-Dec-01 T.Maxwell, South West Rocks			
Name	Age	Centre	Final
Section 1			
1 Kirsten Morn		Kempsey	8:06.9h
2 Holly Anderson		Gloucester	8:08.9h
3 Amalie Iliffe		Kempsey	10:26.0h

**Mid North Coast Zone Championships
Gloucester
Results**

Girls U 11 - 1100 Metre Walk

Zone: Z 6:29.60 01-Dec-02 T.Maxwell, Stuarts Point

Name	Age Centre	Final
1 Satrey Clancy	Kempsey	8:15.2h
2 Emily Beggs	Gloucester	9:36.2h

Girls U 12 - 1500 Metre Walk

Zone: Z 8:36.10 09-Dec-12 Madeline Owen, Taree

Name	Age Centre	Final
1 Mariyah Cutmore	Kempsey	9:54.0h

Girls U 13 - 1500 Metre Walk

Zone: Z 8:54.50 15-Dec-13 Madeline Owen, Taree

Name	Age Centre	Final
1 Mia Morson	Camden Haven	11:28.5h

Girls U 14 - 1500 Metre Walk

Zone: Z 8:12.58 14-Dec-14 Madeline Owen, Taree

Name	Age Centre	Final
1 Brianna Wheeler	Taree	10:45.6h

Girls U 15 - 1500 Metre Walk

Zone: Z 8:56.70 01-Dec-90 L.Seghers, Old Bar

Name	Age Centre	Final
1 Serenity Clancy	Kempsey	9:42.5h

Boys U 7 - 50 Metre Sprint

Zone: Z 8.40 01-Dec-04 M.Winter, Forster/Tuncurry

Name	Age Centre	Final
1 Ashton Swaine	Kempsey	10.7h
2 Jacob Hogan	Taree	10.9h
3 Zac Wall	Taree	11.7h

Boys U 7 - 70 Metre Sprint

Zone: Z 11.69 20-Nov-16 Taj Rodgers, Taree

Name	Age Centre	Heats
Heat 1 Heats		
1 Bradley Higgins	Gloucester	12.7hQ
2 Ashton Swaine	Kempsey	13.4hQ
3 Jaxon Hunt	Taree	14.0hQ
4 Flynn McGovern	Wauchope	14.6hq
5 Zac Wall	Taree	16.3h
Heat 2 Heats		

Mid North Coast Zone Championships**Gloucester****Results****....Boys U 7 - 70 Metre Sprint**

1 Justin Boorer	Gloucester	13.0hQ
2 Jarrod Plater	Gloucester	14.2hQ
3 Lukas Manusu	Taree	14.6hQ
4 Jackson Schubert	Old Bar	14.9hq

Boys U 7 - 70 Metre Sprint

=====			
Zone: Z 11.69 20-Nov-16 Taj Rodgers, Taree			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Bradley Higgins		Gloucester	12.7h
2 Justin Boorer		Gloucester	13.0h
3 Jaxon Hunt		Taree	13.4h
4 Ashton Swaine		Kempsey	13.7h
5 Flynn McGovern		Wauchope	14.3h
6 Jarrod Plater		Gloucester	14.6h
7 Jackson Schubert		Old Bar	14.8h
8 Lukas Manusu		Taree	15.0h

Boys U 8 - 70 Metre Sprint

=====			
Zone: Z 11.10 01-Dec-93 L.Kennington, Port Macquarie			
Name	Age	Centre	Final
=====			
Section 1			
1 Flynn Daly		Port Macquarie	11.0hZ
2 Taj Rodgers		Taree	11.3h
3 Fredrick Mangan		Port Macquarie	12.5h
4 Jaya Hayden		Old Bar	12.8h
5 Harrison Clift		Old Bar	14.2h
6 Rory Knott		Port Macquarie	14.4h
7 Nate Hardy		Taree	15.3h

Boys U 9 - 70 Metre Sprint

=====			
Zone: Z 10.40 01-Dec-97 C.Gulliford, Wauchope			
Name	Age	Centre	Final
=====			
1 Jayden Swaine		Kempsey	11.1h
2 Spencer Plummer		South West Rocks	11.3h
3 Blake Murray		Old Bar	11.7h
4 Byron Stace		Taree	12.5h
5 Lucas Beckley		Taree	12.8h

Boys U 10 - 70 Metre Sprint

=====			
Zone: Z 9.90 01-Dec-01 P.Bolster, Port Macquarie			
Name	Age	Centre	Final
=====			
1 Lewis Shipway		Port Macquarie	10.8h
2 Zac Lovett		Port Macquarie	11.0h
3 Jarrah Rich		Kempsey	11.4h
4 Harrison Lyon		Wauchope	11.7h
5 Brodie Hawken		Kempsey	12.2h

Mid North Coast Zone Championships**Gloucester****Results****Boys U 7 - 100 Metre Sprint**

Zone: Z 16.53 14-Dec-13 Cooper West, Port Macquarie			
Name	Age	Centre	Final
1 Chayse Trappel		Kempsey	18.6h
2 Peytyn Donovan		Wauchope	19.6h
3 Ashton Swaine		Kempsey	20.1h
4 Lukas Manusu		Taree	20.6h
5 Miller Farrington		Wauchope	20.9h
6 Zac Wall		Taree	23.9h

Boys U 8 - 100 Metre Sprint

Zone: Z 14.90 01-Dec-93 1.Kenningto, Port Macquarie			
Name	Age	Centre	Final
1 Flynn Daly		Port Macquarie	15.1h
2 Taj Rodgers		Taree	15.8h
3 Kaleb Zamora		Old Bar	16.7h
4 Fredrick Mangan		Port Macquarie	17.7h
5 Liam Wamsley		Gloucester	19.2h
6 Rory Knott		Port Macquarie	20.1h
7 James Hughes		Taree	24.3h

Boys U 9 - 100 Metre Sprint

Zone: Z 14.40 01-Dec-90 D.Slepcev, Port Macquarie			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Isaac Luke		Camden Haven	15.7hQ
2 Jayden Swaine		Kempsey	15.9hQ
3 Trent Alley		Port Macquarie	16.4hQ
4 Mitchell Whitby		Gloucester	17.0hQ
5 Oliver Mat		Port Macquarie	17.4hQ
6 Byron Stace		Taree	18.1h
Heat 2 Heats			
1 William Moffat		Kempsey	16.0hQ
2 Spencer Plummer		South West Rocks	16.4hQ
3 Lucas Beckley		Taree	18.5hQ
4 Felix Wade		Port Macquarie	19.4h
5 Asher Baker		Gloucester	19.7h

Boys U 9 - 100 Metre Sprint

Zone: Z 14.40 01-Dec-90 D.Slepcev, Port Macquarie			
Name	Age	Centre	Final
Section 1 Final			
1 Jayden Swaine		Kempsey	15.4h
2 Isaac Luke		Camden Haven	15.7h
3 William Moffat		Kempsey	15.8h
4 Trent Alley		Port Macquarie	16.3h
5 Spencer Plummer		South West Rocks	16.6h
6 Mitchell Whitby		Gloucester	16.8h
7 Oliver Mat		Port Macquarie	17.5h

Mid North Coast Zone Championships**Gloucester****Results****....Boys U 9 - 100 Metre Sprint**

8 Lucas Beckley	Taree	18.3h
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Boys U 10 - 100 Metre Sprint

Zone: Z 13.81 19-Nov-16 Cooper West, Port Macquarie

Name	Age Centre	Heats
------	------------	-------

Heat 1 Heats

1 Lewis Shipway	Port Macquarie	15.3hQ
2 Jarrah Rich	Kempsey	15.4hQ
3 Zac Lovett	Port Macquarie	15.8hQ
4 Harrison Lyon	Wauchope	16.5hq

Heat 2 Heats

1 Julian Ardetti	Kempsey	15.1hQ
2 Cruz Rebecchi	Port Macquarie	15.5hQ
3 Clint Morris	Kempsey	16.1hQ
4 Brennan Auckett	Gloucester	17.2hq
5 Shannon Atkins	Gloucester	18.6h

Boys U 10 - 100 Metre Sprint

Zone: Z 13.81 19-Nov-16 Cooper West, Port Macquarie

Name	Age Centre	Final
------	------------	-------

Section 1 Final

1 Lewis Shipway	Port Macquarie	14.6h
2 Julian Ardetti	Kempsey	14.9h
3 Cruz Rebecchi	Port Macquarie	15.2h
4 Zac Lovett	Port Macquarie	15.7h
5 Clint Morris	Kempsey	16.1h
6 Harrison Lyon	Wauchope	16.5h
7 Jarrah Rich	Kempsey	16.7h
8 Brennan Auckett	Gloucester	17.0h

Boys U 11 - 100 Metre Sprint

Zone: Z 13.40 14-Dec-13 Darby Lancaster, Kempsey

Name	Age Centre	Final
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Section 1

1 Cooper West	Port Macquarie	14.3h
2 Jake Morgan	Port Macquarie	14.6h
3 Riley Berecroy	Port Macquarie	14.9h
4 Lachlan Murray	Old Bar	15.1h
5 Charlie Martin	Port Macquarie	15.4h
6 Ashton Sortwell	Taree	15.7h
7 Nathan Geia - Dalton	Kempsey	16.2h
8 Jacob Stace	Taree	16.4h

Boys U 12 - 100 Metre Sprint

Zone: Z 13.00 14-Dec-13 Kye Andrews, Taree

Name	Age Centre	Final
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1 Jayden Manusu	Taree	14.5h
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Mid North Coast Zone Championships

Gloucester

Results

....Boys U 12 - 100 Metre Sprint

2	Darcey Swaine	Kempsey	14.6h
3	Jye Wilcox	Port Macquarie	14.9h
4	Dylan George	Taree	15.9h
5	Klayton Hazell	Kempsey	16.2h
6	Carter Van Wyk	Old Bar	16.6h

Boys U 13 - 100 Metre Sprint

=====
 Zone: Z 12.44 14-Dec-13 Harrison Clarke, Gloucester
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Carson Hudson	Stuarts Point	13.0hQ
2	Tristan Ardetti	Kempsey	14.4hQ
3	Daniel Rowney	Gloucester	14.8hQ
4	Xander Wall	Taree	15.20q
5	Darcy Eady-Muxlow	Taree	16.7hq

Heat 2 Heats

1	Jordan Thompson	Port Macquarie	13.5hQ
2	Kelly Groves	Gloucester	15.7hQ
3	Ryan Beggs	Gloucester	16.5hQ
4	Josh Hughes	Taree	16.7hq

Boys U 13 - 100 Metre Sprint

=====
 Zone: Z 12.44 14-Dec-13 Harrison Clarke, Gloucester
 Name Age Centre Final
 =====

Section 1 Final

1	Carson Hudson	Stuarts Point	13.0h
2	Jordan Thompson	Port Macquarie	13.4h
3	Tristan Ardetti	Kempsey	14.3h
4	Daniel Rowney	Gloucester	14.5h
5	Xander Wall	Taree	15.2h
6	Kelly Groves	Gloucester	15.8h
7	Darcy Eady-Muxlow	Taree	16.5h
8	Ryan Beggs	Gloucester	17.0h

Boys U 14 - 100 Metre Sprint

=====
 Zone: Z 11.90 01-Dec-06 R.Bramble, Forster/Tuncurry
 Name Age Centre Final
 =====

Section 1

1	Jaidyn Rossiter	Port Macquarie	12.5h
2	Kynan Perry	Kempsey	13.1h
3	Dylan Chin	Camden Haven	13.2h
4	Josh Norrie	Gloucester	13.9h

Boys U 15 - 100 Metre Sprint

=====
 Zone: Z 11.50 01-Dec-97 J.Firth, Port Macquarie
 Name Age Centre Final
 =====

1	Damon Rhook	Port Macquarie	12.4h
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Mid North Coast Zone Championships

Gloucester

Results

....Boys U 15 - 100 Metre Sprint

2	Cameron Lloyd	Wauchope	12.6h
3	Kyle Davis	Port Macquarie	13.0h
4	Brady Hollis	Kempsey	13.4h
5	Zack Goldie	Wauchope	14.5h
6	Thomas Wilmot	Port Macquarie	16.3h

Boys U 17 - 100 Metre Sprint

=====
 Zone: Z 11.04 19-Nov-16 Nicholas Gilbert, Old Bar
 Name Age Centre Final
 =====

1	Jarno Dolezal	Stuarts Point	11.6h
2	Harrison Clarke	Gloucester	12.0h
3	Matthew Burke	Wauchope	12.5h
4	Alex Lister	Port Macquarie	13.0h

Boys U 7 - 200 Metre Sprint

=====
 Zone: Z 36.10 01-Dec-80 J.Lovett, Taree
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Chayse Trappel	Kempsey	40.3hQ
2	Justin Boorer	Gloucester	44.3hQ
3	Miller Farrington	Wauchope	44.7hq
4	Brodie Baker	Gloucester	46.5hq

Heat 2 Heats

1	Bradley Higgins	Gloucester	39.7hQ
2	Flynn McGovern	Wauchope	43.0hQ
3	Jaxon Hunt	Taree	43.8hq
4	Jackson Schubert	Old Bar	48.1h

Boys U 7 - 200 Metre Sprint

=====
 Zone: Z 36.10 01-Dec-80 J.Lovett, Taree
 Name Age Centre Final
 =====

Section 1 Final

1	Bradley Higgins	Gloucester	38.6h
2	Chayse Trappel	Kempsey	39.0h
3	Justin Boorer	Gloucester	40.6h
4	Flynn McGovern	Wauchope	41.0h
5	Jaxon Hunt	Taree	43.9h
6	Miller Farrington	Wauchope	44.3h
7	Brodie Baker	Gloucester	48.2h

Boys U 8 - 200 Metre Sprint

=====
 Zone: Z 33.80 01-Dec-93 J.Latimore, Port Macquarie
 Name Age Centre Final
 =====

Section 1

1	Flynn Daly	Port Macquarie	33.8hZ
2	Jaya Hayden	Old Bar	44.6h
3	Harrison Clift	Old Bar	45.9h

Mid North Coast Zone Championships**Gloucester****Results****....Boys U 8 - 200 Metre Sprint**

4 Rory Knott	Port Macquarie	46.1h
5 Nate Hardy	Taree	50.4h

Boys U 9 - 200 Metre Sprint

=====			
Zone: Z 31.00 01-Dec-94 L.Kennington, Port Macquarie			
Name	Age	Centre	Final
=====			
1 Isaac Luke		Camden Haven	33.8h
2 Trent Alley		Port Macquarie	34.1h
3 Mitchell Whitby		Gloucester	37.8h
4 Jack Martin		Port Macquarie	39.3h
5 Byron Stace		Taree	40.2h

Boys U 10 - 200 Metre Sprint

=====			
Zone: Z 29.04 20-Nov-16 Cooper West, Port Macquarie			
Name	Age	Centre	Final
=====			
1 Cruz Rebecchi		Port Macquarie	32.0h
2 Julian Ardetti		Kempsey	32.3h
3 Zac Lovett		Port Macquarie	33.2h
4 Clint Morris		Kempsey	35.1h
5 Bailey Kane		South West Rocks	39.6h

Boys U 11 - 200 Metre Sprint

=====			
Zone: Z 28.40 01-Dec-79 G.Hardwick, Taree			
Name	Age	Centre	Final
=====			
1 Cooper West		Port Macquarie	29.2h
2 Lachlan Murray		Old Bar	31.6h
3 Riley Berecry		Port Macquarie	32.3h
4 Nathan Geia - Dalton		Kempsey	33.3h
5 Jacob Stace		Taree	33.8h
6 Joseph Lines		Stuarts Point	34.1h

Boys U 12 - 200 Metre Sprint

=====			
Zone: Z 27.58 15-Dec-13 Joshua Stacey, Taree			
Name	Age	Centre	Final
=====			
1 Oscar Plentinger		Port Macquarie	29.1h
2 Jayden Manusu		Taree	29.7h
3 Chester Wade		Port Macquarie	31.2h
4 Keelan Brien		Kempsey	31.8h
5 Isaac Hayden		Old Bar	36.8h

Boys U 13 - 200 Metre Sprint

=====			
Zone: Z 25.60 01-Dec-91 B.Fraser, Gloucester			
Name	Age	Centre	Final
=====			
1 Carson Hudson		Stuarts Point	27.2h
2 Jordan Thompson		Port Macquarie	29.1h

Mid North Coast Zone Championships**Gloucester****Results****....Boys U 13 - 200 Metre Sprint**

3	Tristan Ardetti	Kempsey	30.0h
4	Jett Fletcher	Wauchope	32.1h

Boys U 14 - 200 Metre Sprint

=====			
Zone: Z 25.00 01-Dec-99 J.Groth, Port Macquarie			
Name	Age	Centre	Final
=====			
1	Jaidyn Rossiter	Port Macquarie	26.5h
2	Dylan Chin	Camden Haven	27.8h
3	Kynan Perry	Kempsey	28.4h
4	Josh Norrie	Gloucester	30.5h

Boys U 15 - 200 Metre Sprint

=====			
Zone: Z 24.01 20-Nov-16 Jarno Dolezal, Stuarts Point			
Name	Age	Centre	Final
=====			
1	Kyle Davis	Port Macquarie	25.7h
2	Damon Rhook	Port Macquarie	26.2h
3	Cameron Lloyd	Wauchope	26.6h
4	Brady Hollis	Kempsey	28.1h
5	Darcy Wade	Port Macquarie	29.2h

Boys U 17 - 200 Metre Sprint

=====			
Zone: Z 22.94 20-Nov-16 Nicholas Gilbert, Old Bar			
Name	Age	Centre	Final
=====			
1	Jarno Dolezal	Stuarts Point	24.4h
2	Matthew Burke	Wauchope	25.9h
3	Alex Lister	Port Macquarie	26.9h

Boys U 8 - 400 Metre Sprint

=====			
Zone: Z 1:17.70 01-Dec-89 D.Slepcev, Port Macquarie			
Name	Age	Centre	Final
=====			
1	Flynn Daly	Port Macquarie	1:20.3h
2	Ty Vumbaca	Gloucester	1:31.3h
3	Cameron Watt	Gloucester	1:36.6h
4	James Hughes	Taree	1:51.9h

Boys U 9 - 400 Metre Sprint

=====			
Zone: Z 1:10.40 01-Dec-97 T.Vanderlinden, Wauchope			
Name	Age	Centre	Final
=====			
1	Oliver Mat	Port Macquarie	1:24.9h
2	Joshua Cutmore	Kempsey	1:25.6h
3	Ashton Mangan	Port Macquarie	1:31.7h

Mid North Coast Zone Championships**Gloucester****Results****Boys U 10 - 400 Metre Sprint**

Zone: Z 1:08.10 01-Dec-98 T.Vanderlinden, Wauchope			
Name	Age	Centre	Final
1 Jesse Andrews		Port Macquarie	1:16.6h
2 Connor Neal		Taree	1:21.3h
3 Brennan Auckett		Gloucester	1:25.0h

Boys U 11 - 400 Metre Sprint

Zone: Z 1:09.22 19-Nov-16 Oscar Plentinger, Port Macq			
Name	Age	Centre	Final
1 Cooper West		Port Macquarie	1:10.9h
2 Quinn Cooper		Stuarts Point	1:14.6h
3 Nathan Geia - Dalton		Kempsey	1:15.3h
4 Joseph Lines		Stuarts Point	1:20.2h
5 Jacob Stace		Taree	1:48.7h

Boys U 12 - 400 Metre Sprint

Zone: Z 1:02.79 14-Dec-13 Joshua Stacey, Taree			
Name	Age	Centre	Final
1 Oscar Plentinger		Port Macquarie	1:07.0h
2 Keelan Brien		Kempsey	1:09.8h
3 Jye Wilcox		Port Macquarie	1:12.9h
4 Cooper Farrington		Wauchope	1:15.7h
5 Klayton Hazell		Kempsey	1:18.4h

Boys U 13 - 400 Metre Sprint

Zone: Z 59.00 01-Dec-91 B.Fraser, Gloucester			
Name	Age	Centre	Final
1 Carson Hudson		Stuarts Point	1:03.2h
2 Tristan Ardetti		Kempsey	1:11.5h
3 Sam Ashton		Gloucester	1:16.8h
4 Kelly Groves		Gloucester	1:19.7h

Boys U 14 - 400 Metre Sprint

Zone: Z 59.50 01-Dec-92 B.Fraser, Gloucester			
Name	Age	Centre	Final
1 Riley Farrington		Wauchope	1:15.8h

Boys U 15 - 400 Metre Sprint

Zone: Z 57.00 01-Dec-01 K.Cook, Camden Haven			
Name	Age	Centre	Final
1 Cameron Lloyd		Wauchope	1:59.5h
2 Brady Hollis		Kempsey	2:59.9h

Mid North Coast Zone Championships**Gloucester****Results****Boys U 17 - 400 Metre Sprint**

Zone: Z 55.40 14-Dec-13 Lucas Sullivan, Forster Tuncu			
Name	Age	Centre	Final
1 Matthew Burke		Wauchope	1:58.4h

Boys U 7 - 500 Metre Run Pack Start

Zone: Z 1:52.00 01-Dec-90 J. Byrnes			
Name	Age	Centre	Final
1 Chayse Trappel		Kempsey	2:04.2h
2 Miller Farrington		Wauchope	2:06.5h

Boys U 8 - 700 Metre Run Pack Start

Zone: Z 2:30.00 01-Dec-93 L. Kennington, Port Macquar			
Name	Age	Centre	Final
1 Ty Vumbaca		Gloucester	2:58.4h
2 Cameron Watt		Gloucester	3:02.1h
3 Jaya Hayden		Old Bar	3:26.5h
4 Harrison Clift		Old Bar	3:31.0h

Boys U 9 - 800 Metre Run

Zone: Z 2:46.00 01-Dec-97 T.Vanderlinden, Wauchope			
Name	Age	Centre	Final
1 Trent Alley		Port Macquarie	2:56.4h
2 Joshua Cutmore		Kempsey	3:15.0h

Boys U 10 - 800 Metre Run

Zone: Z 2:36.80 01-Dec-96 B.Vanderlinden, Wauchope			
Name	Age	Centre	Final
1 Jesse Andrews		Port Macquarie	2:50.0h
2 Connor Neal		Taree	2:58.0h
3 Bailey Kane		South West Rocks	3:01.7h
4 Brennan Auckett		Gloucester	3:12.0h

Boys U 11 - 800 Metre Run

Zone: Z 2:36.50 01-Dec-82 M.Latimore, Wingham			
Name	Age	Centre	Final
1 Quinn Cooper		Stuarts Point	2:57.8h
2 Joseph Lines		Stuarts Point	2:58.9h
3 Ryan Davis		Port Macquarie	2:59.9h
4 Thomas Hogan		Taree	4:14.5h

Mid North Coast Zone Championships**Gloucester****Results****Boys U 12 - 800 Metre Run**

Zone: Z 2:29.20 15-Dec-13 Joshua Stacey, Taree			
Name	Age	Centre	Final
1 Keelan Brien		Kempsey	2:36.9h
2 Rowan McIlroy		Port Macquarie	2:45.6h
3 Robert Vandoros		Port Macquarie	2:50.6h
4 Cooper Farrington		Wauchope	3:04.2h
5 Isaac Hayden		Old Bar	3:12.1h

Boys U 13 - 800 Metre Run

Zone: Z 2:22.40 01-Dec-98 M.Abbott, Taree			
Name	Age	Centre	Final
1 Jett Fletcher		Wauchope	2:45.7h
2 Sam Ashton		Gloucester	2:56.3h
3 Isacc Gorline - Singlema		Kempsey	3:01.1h
4 Darcy Eady-Muxlow		Taree	3:03.9h

Boys U 14 - 800 Metre Run

Zone: Z 2:15.90 01-Dec-86 N.Brown, Forster/Tuncurry			
Name	Age	Centre	Final
1 Riley Farrington		Wauchope	2:49.9h

Boys U 15 - 800 Metre Run

Zone: Z 2:07.00 01-Dec-98 N.Farrell, Taree			
Name	Age	Centre	Final
1 Thomas Fletcher		Kempsey	2:39.3h
2 Kyle Davis		Port Macquarie	2:45.0h
3 Brodie Knott		Port Macquarie	3:02.7h
4 Darcy Wade		Port Macquarie	3:04.9h

Boys U 17 - 800 Metre Run

Zone: Z 2:09.59 15-Dec-13 Miles Thornton, Old Bar			
Name	Age	Centre	Final
1 Ethan Morson		Camden Haven	2:26.4h
2 Jamarra Moran		Port Macquarie	2:35.1h

Boys U 10 - 1500 Metre Run

Zone: Z 5:28.00 01-Dec-85 C.Harris, Camden Haven			
Name	Age	Centre	Final
1 Jesse Andrews		Port Macquarie	5:44.4h
2 Joel Holbert		Wauchope	6:15.9h

Mid North Coast Zone Championships**Gloucester****Results****Boys U 11 - 1500 Metre Run**

Zone: Z 5:12.40 01-Dec-83 D.Young, Port Macquarie			
Name	Age	Centre	Final
1 Quinn Cooper		Stuarts Point	6:09.2h
2 Joseph Lines		Stuarts Point	6:13.9h
3 Thomas Hogan		Taree	9:25.7h

Boys U 12 - 1500 Metre Run

Zone: Z 5:08.30 01-Dec-83 M.Latimore, Wingham			
Name	Age	Centre	Final
1 Chester Wade		Port Macquarie	5:13.1h
2 Keelan Brien		Kempsey	5:17.1h
3 Robert Vandoros		Port Macquarie	5:51.2h
4 Cooper Farrington		Wauchope	5:57.1h
5 Damian Kennedy		Stuarts Point	5:59.9h

Boys U 13 - 1500 Metre Run

Zone: Z 4:44.80 01-Dec-08 Beau Tape, Stuarts Point			
Name	Age	Centre	Final
1 Darcy Eady-Muxlow		Taree	6:04.7h
2 Isacc Gorline - Singlema		Kempsey	6:12.8h
3 Jake Blanch		Stuarts Point	6:28.7h
4 Josh Hughes		Taree	6:31.6h

Boys U 14 - 1500 Metre Run

Zone: Z 4:36.50 01-Dec-86 N.Brown, Forster/Tuncurry			
Name	Age	Centre	Final
1 Riley Farrington		Wauchope	5:47.9h

Boys U 15 - 1500 Metre Run

Zone: Z 4:24.90 01-Dec-87 N.Brown, Forster/Tuncurry			
Name	Age	Centre	Final
1 Thomas Fletcher		Kempsey	4:51.8h

Boys U 17 - 1500 Metre Run

Zone: Z 4:47.25 14-Dec-13 Miles Thornton, Old Bar			
Name	Age	Centre	Final
1 Ethan Morson		Camden Haven	5:07.7h
2 Jamarra Moran		Port Macquarie	5:21.5h

Mid North Coast Zone Championships**Gloucester****Results****Boys U 13 - 3000 Metre Run**

Zone: Z 10:49.80 01-Dec-98 M.Abbott, Port Macquarie			
Name	Age	Centre	Final
1 Isacc Gorline - Singlema		Kempsey	13:37.5h

Boys U 14 - 3000 Metre Run

Zone: Z 10:37.00 01-Dec-96 D.Carrigan, Wauchope			
Name	Age	Centre	Final
1 Riley Farrington		Wauchope	12:52.8h

Boys U 15 - 3000 Metre Run

Zone: Z 11:04.60 01-Dec-91 A.Dowell, Wauchope			
Name	Age	Centre	Final
1 Thomas Fletcher		Kempsey	10:42.9hZ

Boys U 17 - 3000 Metre Run

Zone: Z 11:07.87 14-Dec-13 Miles Thornton, Old Bar			
Name	Age	Centre	Final
1 Ethan Morson		Camden Haven	11:03.3hZ

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.25 19-Nov-16 Trent Alley, Port Macquarie			
Name	Age	Centre	Final
1 Ty Vumbaca		Gloucester	14.6h
2 James Hughes		Taree	16.4h

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.70 01-Dec-94 R.Williams, Kempsey			
Name	Age	Centre	Final
1 Jayden Swaine		Kempsey	11.2h
2 Trent Alley		Port Macquarie	11.3h
3 Isaac Luke		Camden Haven	11.6h
4 Blake Murray		Old Bar	12.0h
5 Mitchell Whitby		Gloucester	12.2h
6 Felix Wade		Port Macquarie	13.5h
7 Asher Baker		Gloucester	14.6h

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 9.90 01-Dec-91 P.Barker, Taree			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Harrison Lyon		Wauchope	12.3hQ
2 Clint Morris		Kempsey	12.6hQ

Mid North Coast Zone Championships**Gloucester****Results****....Boys U 10 - 60 Metre Hurdles (60cm)**

3 Tyler Anderson	Kempsey	12.8hQ
4 Brennan Auckett	Gloucester	13.5h
5 Connor Neal	Taree	13.8h

Heat 2 Heats

1 Zac Lovett	Port Macquarie	12.1hQ
2 Cruz Rebecchi	Port Macquarie	12.8hQ
3 Joel Holbert	Wauchope	13.0hQ
4 Shannon Atkins	Gloucester	13.3hq
5 Brodie Hawken	Kempsey	13.5hq

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 9.90 01-Dec-91 P.Barker, Taree

Name Age Centre Final

Section 1 Final

1 Zac Lovett	Port Macquarie	11.9h
2 Clint Morris	Kempsey	12.2h
3 Cruz Rebecchi	Port Macquarie	12.4h
4 Joel Holbert	Wauchope	12.6h
5 Harrison Lyon	Wauchope	12.8h
6 Tyler Anderson	Kempsey	13.0h
7 Brodie Hawken	Kempsey	13.2h
8 Shannon Atkins	Gloucester	13.4h

Boys U 11 - 60 Metre Hurdles (60cm)

Zone: Z 10.40 01-Dec-76 J.Mulder, Gloucester

Name Age Centre Final

Section 1

1 Jake Morgan	Port Macquarie	11.5h
2 Ashton Sortwell	Taree	11.7h

Boys U 12 - 60 Metre Hurdles (68cm)

Zone: Z 10.00 01-Dec-97 L.Kennington, Port Macquarie

Name Age Centre Final

1 Jayden Manusu	Taree	12.0h
2 Darcey Swaine	Kempsey	12.0h
3 Damian Kennedy	Stuarts Point	12.6h
4 Carter Van Wyk	Old Bar	13.8h
5 Dylan George	Taree	14.0h
6 Shannon Farrell	Harrington	14.3h

Boys U 13 - 80 Metre Hurdles (76cm)

Zone: Z 14.20 01-Dec-01 T.Gray-Thompson, Port Macquarie

Name Age Centre Final

1 Jett Fletcher	Wauchope	16.1h
2 Jordan Thompson	Port Macquarie	16.4h
3 Xander Wall	Taree	17.2h
4 Anthony Shultz	Gloucester	17.5h

Mid North Coast Zone Championships**Gloucester****Results****....Boys U 13 - 80 Metre Hurdles (76cm)**

5 Isacc Gorline - Singlema	Kempsey	17.7h
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Boys U 14 - 90 Metre Hurdles (76cm)

Zone: Z 13.81 15-Dec-13 Nicholas Gilbert, Old Bar

Name	Age Centre	Final
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1 Kynan Perry	Kempsey	16.1h
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Boys U 15 - 100 Metre Hurdles (76cm)

Zone: Z 14.45 20-Nov-16 Nathan Graham, Wauchope

Name	Age Centre	Final
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1 Cameron Lloyd	Wauchope	15.6h
2 Brodie Knott	Port Macquarie	18.5h
3 Tyson Collison	Harrington	20.4h
4 Zack Goldie	Wauchope	21.2h
5 Thomas Wilmot	Port Macquarie	24.1h

Boys U 17 - 110 Metre Hurdles (76cm)

Zone: Z 14.78 20-Nov-16 Nicholas Gilbert, Old Bar

Name	Age Centre	Final
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1 Matthew Burke	Wauchope	17.4h
2 Jamarra Moran	Port Macquarie	19.2h

Boys U 13 - 200 Metre Hurdles (68cm)

Zone: Z 30.35 13-Dec-14 Kye Andrews, Taree

Name	Age Centre	Final
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1 Jordan Thompson	Port Macquarie	32.0h
2 Jett Fletcher	Wauchope	33.3h
3 Isacc Gorline - Singlema	Kempsey	37.6h
4 Ryan Beggs	Gloucester	40.6h
5 Josh Hughes	Taree	40.9h

Boys U 15 - 300 Metre Hurdles (76cm)

Zone: Z 44.47 19-Nov-16 Nathan Graham, Wauchope

Name	Age Centre	Final
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1 Darcy Wade	Port Macquarie	53.5h
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Boys U 17 - 300 Metre Hurdles (76cm)

Zone: Z 26.68

Name	Age Centre	Final
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1 Matthew Burke	Wauchope	43.8h
2 Jamarra Moran	Port Macquarie	50.2h

Mid North Coast Zone Championships**Gloucester****Results****Boys U 9-12 4x100 Metre Relay (Jnr)**

Zone: Z 59.60 01-Dec-02 Port Macquarie			
Centre			Final
1 Port Macquarie			59.4hZ
1) Cooper West 11	2) Cruz Rebecchi 10		
3) Trent Alley 9	4) Oscar Plentinger 12		
2 Kempsey			1:02.6h
1) Jayden Swaine 9	2) Julian Ardetti 10		
3) Nathan Geia - Dalton 11	4) Darcey Swaine 12		
3 Taree			1:03.6h
1) Connor Neal 10	2) Jaxon Rodgers 11		
3) Byron Stace 9	4) Jayden Manusu 12		
4 Gloucester			1:08.5h
1) Mitchell Whitby 9	2) Brennan Auckett 10		
3) Jacob Vumbaca 11	4) Nicholas Maslen 12		

Boys U 12-17 4x100 Metre Relay (Snr)

Zone: Z 52.59 20-Nov-16 Port Macquarie, Port Macquari J Rossiter, K Davis, K De Domizio, D Rhook			
Centre			Final
1 Port Macquarie			51.5hZ
1) Jaidyn Rossiter 14	2) Alex Lister 17		
3) Jordan Thompson 13	4) Kyle Davis 15		
2 Wauchope			54.2h
1) Matthew Burke 17	2) Riley Farrington 14		
3) Cameron Lloyd 15	4) Jett Fletcher 13		
3 Gloucester			58.3h
1) Daniel Rowney 13	2) Anthony Shultz 13		
3) Josh Norrie 14	4) Harrison Clarke 17		

Boys U 9 - High Jump (S/H 0.85m)

Zone: Z 1.12m 01-Dec-91 M.Hayes, Port Macquarie			
Name	Age	Centre	Final
Flight 1			
1 Blake Murray		Old Bar	1.13mZ
2 Jayden Swaine		Kempsey	1.10m
3 William Moffat		Kempsey	1.00m
4 Oliver Mat		Port Macquarie	0.95m
5 Jack Martin		Port Macquarie	0.95m

Boys U 10 - High Jump (S/H 0.95m)

Zone: Z 1.30m 01-Dec-95 J.McGrath, Port Macquarie			
Name	Age	Centre	Final
1 Julian Ardetti		Kempsey	1.09m
2 Jarrah Rich		Kempsey	1.07m
3 Clint Morris		Kempsey	1.05m
4 Bailey Kane		South West Rocks	1.05m
5 Tyler Anderson		Kempsey	1.00m

Mid North Coast Zone Championships**Gloucester****Results****Boys U 11 - High Jump (S/H 1.05m)**

Zone: Z 1.45m 01-Dec-08 M.Winter, Forster/Tuncurry			
Name	Age	Centre	Final
1 Ryan Davis		Port Macquarie	1.17m
2 Riley Berecry		Port Macquarie	1.10m
2 Tallis Hawes		Kempsey	1.10m
4 Nathan Geia - Dalton		Kempsey	1.10m

Boys U 12 - High Jump (S/H 1.15m)

Zone: Z 1.49m 01-Dec-00 D.Summerhill/J Pateman, Upp.M			
Name	Age	Centre	Final
1 Klayton Hazell		Kempsey	1.25m
2 Jye Wilcox		Port Macquarie	1.20m
3 Nicholas Maslen		Gloucester	1.15m

Boys U 13 - High Jump (S/H 1.20m)

Zone: Z 1.57m 01-Dec-97 D.Lawton, Forster/Tuncurry			
Name	Age	Centre	Final
1 Jordan Thompson		Port Macquarie	1.42m
2 Sam Ashton		Gloucester	1.40m
3 Jett Fletcher		Wauchope	1.32m
4 Xander Wall		Taree	1.30m
5 Anthony Shultz		Gloucester	1.20m

Boys U 14 - High Jump (S/H 1.25m)

Zone: Z 1.74m 01-Dec-00 J.Wynn, Camden Haven			
Name	Age	Centre	Final
1 Timothy Ebbs		Port Macquarie	1.53m
2 Josh Norrie		Gloucester	1.25m

Boys U 15 - High Jump (S/H 1.25m)

Zone: Z 1.86m 01-Dec-99 D.Lawton, Forster/Tuncurry			
Name	Age	Centre	Final
1 Brady Hollis		Kempsey	1.50m
2 Kyle Davis		Port Macquarie	1.50m
3 Samuel Edmonds		Port Macquarie	1.45m
4 Tyson Collison		Harrington	1.30m
5 Thomas Fletcher		Kempsey	1.30m
6 Thomas Wilmot		Port Macquarie	1.25m

Boys U 17 - High Jump (S/H 1.30m)

Zone: Z 1.90m 21-Dec-15 Lachlan Davidson, Kempsey			
Name	Age	Centre	Final
1 Alex Lister		Port Macquarie	1.70m
2 Harrison Clarke		Gloucester	1.60m

Mid North Coast Zone Championships**Gloucester****Results****....Boys U 17 - High Jump (S/H 1.30m)**

3 Jamarra Moran	Port Macquarie	1.45m
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Boys U 7 - Long Jump Half Metre B

Zone: Z 3.33m 01-Dec-92 R.Williams, Kempsey

Name	Age Centre	Final
1 Flynn McGovern	Wauchope	2.65m
2 Bradley Higgins	Gloucester	2.61m
3 Brodie Baker	Gloucester	2.40m
4 Peytyn Donovan	Wauchope	2.39m
5 Jarrod Plater	Gloucester	2.38m
6 Jaxon Hunt	Taree	2.31m
7 Miller Farrington	Wauchope	2.15m
8 Zac Wall	Taree	2.12m
9 Jackson Schubert	Old Bar	2.04m
10 Jacob Hogan	Taree	2.03m
11 Lukas Manus	Taree	1.94m

Boys U 8 - Long Jump Half Metre B

Zone: Z 3.86m 01-Dec-93 L.Kennington, Port Macquarie

Name	Age Centre	Final
1 Taj Rodgers	Taree	3.40m
2 Fredrick Mangan	Port Macquarie	3.03m
3 Ty Vumbaca	Gloucester	2.46m
4 Rory Knott	Port Macquarie	2.39m
5 Liam Wamsley	Gloucester	2.21m
6 James Hughes	Taree	1.86m

Boys U 9 - Long Jump Half Metre B

Zone: Z 4.11m 01-Dec-94 R.Williams, Kempsey

Name	Age Centre	Final
1 Blake Murray	Old Bar	3.60m
2 Isaac Luke	Camden Haven	3.52m
3 Spencer Plummer	South West Rocks	3.42m
4 William Moffat	Kempsey	3.27m
5 Mitchell Whitby	Gloucester	3.19m
6 Jack Martin	Port Macquarie	2.92m
7 Ashton Mangan	Port Macquarie	2.61m
8 Felix Wade	Port Macquarie	2.59m
9 Joshua Cutmore	Kempsey	2.24m
10 Byron Stace	Taree	2.04m

Boys U 10 - Long Jump Half Metre B

Zone: Z 4.48m 14-Dec-13 James Davison, Forster Tuncur

Name	Age Centre	Final
1 Julian Ardetti	Kempsey	3.92m
2 Lewis Shipway	Port Macquarie	3.73m
3 Jesse Andrews	Port Macquarie	3.72m

Mid North Coast Zone Championships**Gloucester****Results****....Boys U 10 - Long Jump Half Metre B**

4	Joel Holbert	Wauchope	3.59m
5	Cruz Rebecchi	Port Macquarie	3.53m
6	Harrison Lyon	Wauchope	3.51m
7	Jarrah Rich	Kempsey	3.45m
8	Tyler Anderson	Kempsey	3.43m
9	Connor Neal	Taree	3.22m
10	Brodie Hawken	Kempsey	3.15m
11	Shannon Atkins	Gloucester	2.80m

Boys U 11 - Long Jump

Zone: Z 4.66m 01-Dec-91 M.Henry, Taree

Name	Age	Centre	Final
1	Cooper West	Port Macquarie	4.42m
2	Jake Morgan	Port Macquarie	3.97m
3	Tallis Hawes	Kempsey	3.85m
4	Charlie Martin	Port Macquarie	3.64m
5	Jacob Stace	Taree	3.40m
6	Alec Gorline - Singleman	Kempsey	3.14m
7	Jacob Vumbaca	Gloucester	2.82m

Boys U 12 - Long Jump

Zone: Z 5.00m 01-Dec-02 K.Mudford, Taree

Name	Age	Centre	Final
1	Oscar Plentinger	Port Macquarie	4.39m
2	Jayden Manusu	Taree	3.97m
3	Damian Kennedy	Stuarts Point	3.88m
4	Jye Wilcox	Port Macquarie	3.81m
5	Dylan George	Taree	3.58m
6	Klayton Hazell	Kempsey	3.15m

Boys U 13 - Long Jump

Zone: Z 5.36m 15-Dec-13 Harrison Clarke, Gloucester

Name	Age	Centre	Final
1	Carson Hudson	Stuarts Point	4.67m
2	Sonny Crisp	Wauchope	3.92m
3	Daniel Rowney	Gloucester	3.91m
4	Xander Wall	Taree	3.82m
5	Tristan Ardetti	Kempsey	3.65m
6	Kelly Groves	Gloucester	3.63m
7	Ryan Beggs	Gloucester	3.57m
8	Anthony Shultz	Gloucester	3.52m
9	Sam Ashton	Gloucester	3.27m
10	Darcy Eady-Muxlow	Taree	3.12m

Mid North Coast Zone Championships**Gloucester****Results****Boys U 14 - Long Jump**

Zone: Z 5.73m 01-Dec-02 B.Fraser, Gloucester			
Name	Age	Centre	Final
1 Jaidyn Rossiter		Port Macquarie	5.16m
2 Kynan Perry		Kempsey	5.11m
3 Timothy Ebbs		Port Macquarie	4.57m
4 Dylan Chin		Camden Haven	4.40m
5 Josh Norrie		Gloucester	4.27m

Boys U 15 - Long Jump

Zone: Z 6.14m 01-Dec-01 M.Long, Camden Haven			
Name	Age	Centre	Final
1 Cameron Lloyd		Wauchope	5.52m
2 Kyle Davis		Port Macquarie	5.15m
3 Brady Hollis		Kempsey	4.95m
4 Thomas Fletcher		Kempsey	4.49m
5 Tyson Collison		Harrington	4.41m
6 Darcy Wade		Port Macquarie	4.40m
7 Zack Goldie		Wauchope	3.78m

Boys U 17 - Long Jump

Zone: Z 6.28m 08-Dec-12 James Jeffery, Stuarts Point			
Name	Age	Centre	Final
1 Harrison Clarke		Gloucester	5.93m
2 Alex Lister		Port Macquarie	5.37m

Boys U 11 - Triple Jump

Zone: Z 8.91m 01-Dec-03 T.Rorison, Forster/Tuncurry			
Name	Age	Centre	Final
1 Ryan Davis		Port Macquarie	8.02m
2 Alec Gorline - Singleman		Kempsey	7.40m
3 Jacob Vumbaca		Gloucester	5.83m

Boys U 12 - Triple Jump

Zone: Z 10.40m 15-Dec-13 Kaine Parkinson, Kempsey			
Name	Age	Centre	Final
1 Oscar Plentinger		Port Macquarie	9.11m
2 Michael Vandoros		Port Macquarie	8.57m
3 Robert Vandoros		Port Macquarie	8.31m

Boys U 13 - Triple Jump

Zone: Z 10.87m 01-Dec-05 A.James, Port Macquarie			
Name	Age	Centre	Final
1 Isacc Gorline - Singlema		Kempsey	8.68m
2 Kelly Groves		Gloucester	8.18m

Mid North Coast Zone Championships**Gloucester****Results****....Boys U 13 - Triple Jump**

3 Ryan Beggs	Gloucester	7.77m
4 Josh Hughes	Taree	6.45m

Boys U 14 - Triple Jump

Zone: Z 11.94m 01-Dec-09 Oliver Grimson, Camden Haven

Name	Age Centre	Final
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1 Timothy Ebbs	Port Macquarie	10.45m
2 Dylan Chin	Camden Haven	9.78m

Boys U 15 - Triple Jump

Zone: Z 12.86m 20-Nov-16 Kyle De Domizio, Port Macqua

Name	Age Centre	Final
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1 Kyle Davis	Port Macquarie	11.73m
2 Cameron Lloyd	Wauchope	10.90m
3 Brodie Knott	Port Macquarie	10.21m
4 Brady Hollis	Kempsey	10.05m
5 Darcy Wade	Port Macquarie	9.20m
6 Tyson Collison	Harrington	8.69m
7 Zack Goldie	Wauchope	7.74m

Boys U 17 - Triple Jump

Zone: Z 12.47m 15-Dec-13 Cooper Talbot, Taree

Name	Age Centre	Final
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1 Harrison Clarke	Gloucester	11.93m
2 Jamarra Moran	Port Macquarie	10.72m
3 Ethan Morson	Camden Haven	9.82m

Boys U 7 - Shot Put (1.0 Kg)

Zone: Z 6.64m 01-Dec-97 S.Watt, Camden Haven

Name	Age Centre	Final
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1 Jacob Hogan	Taree	4.84m
2 Peytyn Donovan	Wauchope	4.66m
3 Brodie Baker	Gloucester	4.46m

Boys U 8 - Shot Put (1.5 Kg)

Zone: Z 7.71m 01-Dec-06 L.Coelho, Port Macquarie

Name	Age Centre	Final
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1 Cameron Watt	Gloucester	3.32m
2 Liam Wamsley	Gloucester	3.28m

Mid North Coast Zone Championships**Gloucester****Results****Boys U 9 - Shot Put (2.0 Kg)**

Zone: Z 8.73m 01-Dec-98 J.Cook, Port Macquarie			
Name	Age	Centre	Final
1 Lucas Beckley		Taree	5.39m
2 Asher Baker		Gloucester	5.10m
3 William Moffat		Kempsey	4.82m
4 Jack Martin		Port Macquarie	4.76m
5 Ashton Mangan		Port Macquarie	3.98m
6 Felix Wade		Port Macquarie	3.67m

Boys U 10 - Shot Put (2.0 Kg)

Zone: Z 9.97m 01-Dec-99 J.Cook, Port Macquarie			
Name	Age	Centre	Final
1 Shannon Atkins		Gloucester	5.61m
2 Bailey Kane		South West Rocks	4.75m

Boys U 11 - Shot Put (2.0 Kg)

Zone: Z 11.75m 01-Dec-00 J.Cook, Port Macquarie			
Name	Age	Centre	Final
1 Jaxon Rodgers		Taree	8.80m
2 Alec Gorline - Singleman		Kempsey	6.34m
3 Charlie Martin		Port Macquarie	5.46m
4 Thomas Hogan		Taree	4.20m

Boys U 12 - Shot Put (3.0 Kg)

Zone: Z 12.14m 01-Dec-99 S.Ford, South West Rocks			
Name	Age	Centre	Final
1 Michael Vandoros		Port Macquarie	9.73m
2 Kyle Atkins		Gloucester	7.55m
3 Darcey Swaine		Kempsey	7.46m
3 Nicholas Maslen		Gloucester	7.46m
5 Rowan McIlroy		Port Macquarie	7.29m
6 Chester Wade		Port Macquarie	6.96m
7 Isaac Hayden		Old Bar	6.12m

Boys U 13 - Shot Put (3.0 Kg)

Zone: Z 13.92m 01-Dec-00 S.Ford, South West Rocks			
Name	Age	Centre	Final
1 Anthony Shultz		Gloucester	9.84m
2 Sonny Crisp		Wauchope	8.81m
3 Riley Garland		Old Bar	7.80m
4 Daniel Rowney		Gloucester	7.02m
5 Jake Blanch		Stuarts Point	5.82m

Mid North Coast Zone Championships**Gloucester****Results****Boys U 14 - Shot Put (3.0 Kg)**

Zone: Z 14.80m 01-Dec-00 S.Sandie, Port Macquarie			
Name	Age	Centre	Final
1 Timothy Ebbs		Port Macquarie	11.00m
2 Kynan Perry		Kempsey	9.31m

Boys U 15 - Shot Put (4.0 Kg)

Zone: Z 15.30m 01-Dec-02 S.Ford, South West Rocks			
Name	Age	Centre	Final
1 Thomas Wilmot		Port Macquarie	9.92m
2 Brodie Knott		Port Macquarie	8.73m
3 Tyson Collison		Harrington	7.84m
4 Zack Goldie		Wauchope	7.24m

Boys U 17 - Shot Put (5.0 Kg)

Zone: Z 15.37m 01-Dec-10 D.Waller, Forster/Tuncurry			
Name	Age	Centre	Final
1 Kieran Schneider		Gloucester	12.49m
2 Alex Lister		Port Macquarie	9.79m

Boys U 7 - Discus (350 Gram)

Zone: Z 17.08m 01-Dec-92 M.Whealey, Port Macquarie			
Name	Age	Centre	Final
1 Ashton Swaine		Kempsey	14.31m
2 Brodie Baker		Gloucester	10.67m
3 Chayse Trappel		Kempsey	9.78m
4 Jacob Hogan		Taree	9.74m
5 Peytyn Donovan		Wauchope	9.34m
6 Jaxon Hunt		Taree	7.87m
7 Jackson Schubert		Old Bar	7.03m
8 Flynn McGovern		Wauchope	6.88m
9 Lukas Manus		Taree	5.21m

Boys U 8 - Discus (500 Gram)

Zone: Z 19.11m 01-Dec-01 M.Uhrig, Upper Macleay			
Name	Age	Centre	Final
1 Taj Rodgers		Taree	15.89m
2 Jaya Hayden		Old Bar	13.99m
3 Fredrick Mangan		Port Macquarie	13.97m
4 Liam Wamsley		Gloucester	13.93m
5 Cameron Watt		Gloucester	13.74m

Mid North Coast Zone Championships**Gloucester****Results****Boys U 9 - Discus (500 Gram)**

Zone: Z 26.00m 01-Dec-94 M.Whealey, Port Macquarie			
Name	Age	Centre	Final
1 Asher Baker		Gloucester	15.30m
2 Lucas Beckley		Taree	15.25m
3 Ashton Mangan		Port Macquarie	13.40m
4 Joshua Cutmore		Kempsey	10.34m

Boys U 10 - Discus (500 Gram)

Zone: Z 29.50m 01-Dec-86 M.Schroeder, Harrington			
Name	Age	Centre	Final
1 Tyler Anderson		Kempsey	15.16m
2 Joel Holbert		Wauchope	14.98m
3 Brodie Hawken		Kempsey	12.94m

Boys U 11 - Discus (750 Gram)

Zone: Z 32.44m 01-Dec-98 S.Ford, South West Rocks			
Name	Age	Centre	Final
1 Tallis Hawes		Kempsey	22.69m
2 Quinn Cooper		Stuarts Point	21.44m
3 Lachlan Murray		Old Bar	20.25m
4 Jaxon Rodgers		Taree	18.78m
5 Alec Gorline - Singleman		Kempsey	18.21m
6 Charlie Martin		Port Macquarie	14.49m
7 Riley Berecry		Port Macquarie	14.30m
8 Thomas Hogan		Taree	5.83m

Boys U 12 - Discus (750 Gram)

Zone: Z 36.20m 01-Dec-99 S.Ford, South West Rocks			
Name	Age	Centre	Final
1 Michael Vandoros		Port Macquarie	29.22m
2 Nicholas Maslen		Gloucester	22.48m
3 Dylan George		Taree	20.18m
4 Kyle Atkins		Gloucester	19.82m
5 Darcey Swaine		Kempsey	18.24m

Boys U 13 - Discus (1.0 Kg)

Zone: Z 36.88m 01-Dec-99 J.Wynn, Camden Haven			
Name	Age	Centre	Final
1 Riley Garland		Old Bar	20.55m
2 Sonny Crisp		Wauchope	17.90m
3 Anthony Shultz		Gloucester	17.58m
4 Daniel Rowney		Gloucester	16.80m
5 Jake Blanch		Stuarts Point	15.82m
6 Ryan Beggs		Gloucester	12.39m
7 Josh Hughes		Taree	11.11m
8 Xander Wall		Taree	10.99m

Mid North Coast Zone Championships**Gloucester****Results****....Boys U 13 - Discus (1.0 Kg)**

9 Darcy Eady-Muxlow	Taree	10.28m
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Boys U 14 - Discus (1.0 Kg)

Zone: Z 43.86m 01-Dec-00 J.Wynn, Camden Haven

Name	Age Centre	Final
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1 Timothy Ebbs	Port Macquarie	24.48m
2 Josh Norrie	Gloucester	22.50m
3 Dylan Chin	Camden Haven	18.51m

Boys U 15 - Discus (1.0 Kg)

Zone: Z 53.79m 22-Dec-15 David Hollis, Wauchope

Name	Age Centre	Final
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1 Thomas Wilmot	Port Macquarie	28.85m
2 Tyson Collison	Harrington	24.83m
3 Brodie Knott	Port Macquarie	22.48m
4 Darcy Wade	Port Macquarie	19.18m

Boys U 17 - Discus (1.5 Kg)

Zone: Z 44.81m 20-Nov-16 Nicholas Gilbert, Old Bar

Name	Age Centre	Final
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1 Kieran Schneider	Gloucester	33.20m
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Boys U 11 - Javelin (400 Gram)

Zone: Z 23.39m 20-Nov-16 Michael Vandoros, Port Macquarie

Name	Age Centre	Final
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1 Tallis Hawes	Kempsey	21.53m
2 Jaxon Rodgers	Taree	17.55m
3 Lachlan Murray	Old Bar	16.46m
4 Jacob Vumbaca	Gloucester	9.94m

Boys U 12 - Javelin (400 Gram)

Zone: Z 30.45m 02-Dec-15 James Davidson, Forster/Tunc

Name	Age Centre	Final
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1 Michael Vandoros	Port Macquarie	28.59m
2 Robert Vandoros	Port Macquarie	21.63m
3 Chester Wade	Port Macquarie	20.43m
4 Nicholas Maslen	Gloucester	19.07m
5 Damian Kennedy	Stuarts Point	18.39m
6 Kyle Atkins	Gloucester	14.74m

Mid North Coast Zone Championships**Gloucester****Results****Boys U 13 - Javelin (600 Gram)**

Zone: Z 36.12m 01-Dec-95 C.Hodgson, Taree			
Name	Age	Centre	Final
1 Riley Garland		Old Bar	28.49m
2 Carson Hudson		Stuarts Point	24.75m
3 Jake Blanch		Stuarts Point	21.13m
4 Anthony Shultz		Gloucester	20.55m
5 Jett Fletcher		Wauchope	18.22m
6 Ryan Beggs		Gloucester	13.81m
7 Kelly Groves		Gloucester	12.95m

Boys U 14 - Javelin (600 Gram)

Zone: Z 45.60m 01-Dec-00 J.Wynn, Camden Haven			
Name	Age	Centre	Final
1 Timothy Ebbs		Port Macquarie	27.53m
2 Kynan Perry		Kempsey	27.32m
3 Dylan Chin		Camden Haven	17.17m
4 Josh Norrie		Gloucester	15.60m

Boys U 15 - Javelin (700 Gram)

Zone: Z 45.80m 19-Nov-16 Nathan Graham, Wauchope			
Name	Age	Centre	Final
1 Brodie Knott		Port Macquarie	38.07m
2 Thomas Wilmot		Port Macquarie	22.44m
3 Zack Goldie		Wauchope	18.69m

Boys U 17 - Javelin (700 Gram)

Zone: Z 46.05m 21-Dec-15 Joshua Argall, Forster/Tuncu			
Name	Age	Centre	Final
1 Alex Lister		Port Macquarie	33.46m
2 Harrison Clarke		Gloucester	32.88m
3 Kieran Schneider		Gloucester	31.90m

Boys U 11 - 1100 Metre Walk

Zone: Z 7:15.00 01-Dec-98 R.French			
Name	Age	Centre	Final

Section 1

1 Ryan Davis		Port Macquarie	7:59.5h
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Boys U 12 - 1500 Metre Walk

Zone: Z 8:22.90 01-Dec-85 M.Sewell, Taree			
Name	Age	Centre	Final

1 Connor Anderson		Gloucester	10:48.6h
2 Cooper Farrington		Wauchope	10:50.0h