

ZONE TRACK & FIELD CHAMPIONSHIPS
MID SOUTH COAST ZONE - 12/12/2015 to 13/12/2015
Ron Browne Sporting Complex
Results

Girls U 7 - 50 Metre Sprint

=====
 Zone: Z 9.20 13/12/2008 Leticia Valentine, Lake Illaw
 Name Age Centre Final
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Section 1

1	Lily Bell	Kiama	9.0hZ
2	Natarsha Mandavy	St Georges Basin	9.2hZ
3	Alisha O'Neill	St Georges Basin	9.3h
4	Annabelle Gibson	Kiama	9.3h
5	Bronte Bennett	St Georges Basin	9.4h
6	Lilli Mawbey	Kiama	9.8h
7	Jessica Harris	Shoalhaven	9.9h

Girls U 7 - 70 Metre Sprint

=====
 Zone: Z 11.10 31/01/1982 Belinda Ruiz, Lake Illawarra
 Name Age Centre Final
 =====

1	Jasmine Wheeler	Shoalhaven	12.1h
1	Lily Bell	Kiama	12.1h
3	Natarsha Mandavy	St Georges Basin	13.1h

Girls U 8 - 70 Metre Sprint

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 Zone: Z 11.10 31/01/1982 Rachel Dean, Lake Illawarra
 Name Age Centre Final
 =====

1	Aliyah Healey	Milton-Ulladulla	11.5h
2	Krystal Ezeoke	Albion Park	11.7h
3	Eliza Beckers	Lake Illawarra	12.4h
4	Elysha Davis	Shoalhaven	12.6h
5	Hailey White	Shoalhaven	13.7h

Girls U 9 - 70 Metre Sprint

=====
 Zone: Z 10.80 14/12/2014 Delta Amidzovski, Albion Park
 Name Age Centre Final
 =====

1	Annabelle Healey	Milton-Ulladulla	11.4h
2	Ella Colusso	Milton-Ulladulla	11.6h
3	Sienna Wright	Albion Park	12.2h
4	Talea Miller	Shoalhaven	12.6h

Girls U 10 - 70 Metre Sprint

=====
 Zone: Z 10.20 29/01/2006 Shayna Wilson, Milton Ulladul
 Name Age Centre Final
 =====

1	Chelsea Ezeoke	Albion Park	10.4h
2	Imogen Harrison	Kiama	10.4h
3	Keely Beasley	Kiama	11.2h
4	Makayla Murphy	Albion Park	11.2h
5	Chloe Gollan	Milton-Ulladulla	11.6h
6	Kaliah Tindall	Albion Park	11.9h
7	Amelia Geraghty	Kiama	12.0h

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Girls U 7 - 100 Metre Sprint

Zone: Z 16.10 30/01/1982 Belinda Ruiz, Lake Illawarra			
Name	Age	Centre	Final
1 Lily Bell		Kiama	17.9h
2 Maiya Hewitt		Albion Park	18.1h
3 Jasmine Wheeler		Shoalhaven	18.3h
4 Alisha O'Neill		St Georges Basin	19.8h
5 Jessica Harris		Shoalhaven	21.8h

Girls U 8 - 100 Metre Sprint

Zone: Z 16.00 26/01/1980 K Taylor, Lake Illawarra			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Aliyah Healey		Milton-Ulladulla	16.4hQ
2 Krystal Ezeoke		Albion Park	16.7hQ
3 Jamie-Lea Anderson		Lake Illawarra	17.9hQ
4 Banjo Scott		Kiama	18.6hq
5 Chelsea Simpson		Shoalhaven	19.0hq
Heat 2 Heats			
1 Eliza Beckers		Lake Illawarra	18.2hQ
2 Addison Maggs		Albion Park	18.2hQ
3 Elysha Davis		Shoalhaven	18.6hQ
4 Kelly McDonald		St Georges Basin	19.3h

Girls U 8 - 100 Metre Sprint

Zone: Z 16.00 26/01/1980 K Taylor, Lake Illawarra			
Name	Age	Centre	Final
Section 1 Final			
1 Aliyah Healey		Milton-Ulladulla	16.1h
2 Krystal Ezeoke		Albion Park	16.3h
3 Jamie-Lea Anderson		Lake Illawarra	16.9h
4 Eliza Beckers		Lake Illawarra	17.1h
5 Addison Maggs		Albion Park	17.6h
6 Elysha Davis		Shoalhaven	17.9h
7 Banjo Scott		Kiama	18.0h
8 Chelsea Simpson		Shoalhaven	18.9h

Girls U 9 - 100 Metre Sprint

Zone: Z 15.10 28/01/1984 Belinda Ruiz, Lake Illawarra			
Name	Age	Centre	Final
Section 1			
1 Amelia Weatherlake		Kiama	16.9h
2 Olivia Davis		Shoalhaven	17.9h
3 Sienna Wright		Albion Park	18.1h
4 Peta Harris		Shoalhaven	19.8h
5 Audrey Terry		Kiama	20.0h

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Girls U 10 - 100 Metre Sprint

Name	Age	Centre	Final
Zone: Z 14.10 25/01/1986 S Gown, Kiama			
Zone: Z 14.10 28/01/2006 Shayna Wilson, Milton Ulladul			
1 Chelsea Ezeoke		Albion Park	14.7h
2 Imogen Harrison		Kiama	15.5h
3 Makayla Murphy		Albion Park	16.5h
4 Chloe Gollan		Milton-Ulladulla	17.3h
5 Keira Watt		St Georges Basin	19.7h

Girls U 11 - 100 Metre Sprint

Name	Age	Centre	Final
Zone: Z 13.10 26/01/1980 Kerry Reko, Shoalhaven			
1 Ella Headrick		Lake Illawarra	14.3h
2 Ashlyn Adams		Albion Park	14.6h
3 Hannah Brian		Shoalhaven	14.9h
4 Eliza Schweitzer		Kiama	15.3h
5 Taya Beckers		Lake Illawarra	16.2h
6 Hannah Hosking		Lake Illawarra	16.9h
7 Akala Miller		Shoalhaven	17.2h
8 Brooklyn Folsom		St Georges Basin	17.5h

Girls U 12 - 100 Metre Sprint

Name	Age	Centre	Final
Zone: Z 13.10 27/01/1979 Kim Wilson, Lake Illawarra			
Zone: Z 13.10 28/01/2006 Abbie Taddeo, Kiama			
1 Chelsey-Rose Jackson		Albion Park	13.8h
2 Ashleigh Goncalves		Albion Park	14.1h
3 Victoria Summerill		Albion Park	14.3h
4 Lara Check		Shoalhaven	14.5h
5 Jayda Amidzovski		Albion Park	15.3h
6 Abby Cox		Albion Park	15.3h

Girls U 13 - 100 Metre Sprint

Name	Age	Centre	Heats
Zone: Z 13.10 27/01/1990 Christine Thomas, Albion Park			
Zone: Z 13.10 29/01/2005 Janaya Zivkovic, Lake Illawar			
Heat 1 Heats			
1 Lily Wheeler		Shoalhaven	13.4hQ
2 Grace Adams		Albion Park	13.7hQ
3 Chloe Andriske		Kiama	14.3hQ
4 Ryleigh Johnson		Albion Park	16.0hq
Heat 2 Heats			
1 Zoe Chater		Shoalhaven	Z 13.1hQ
2 Emelia Matthews		Shoalhaven	14.2hQ
3 Makenzie Morris		Kiama	14.8hQ
4 Grace Shaw		Albion Park	14.9hq
5 Mayha Podolski		Albion Park	17.5h

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Girls U 13 - 100 Metre Sprint

Name	Age	Centre	Final
=====			
Zone: Z 13.10 27/01/1990 Christine Thomas, Albion Park			
Zone: Z 13.10 29/01/2005 Janaya Zivkovic, Lake Illawar			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Zoe Chater		Shoalhaven	12.9hZ
2 Lily Wheeler		Shoalhaven	13.0hZ
3 Grace Adams		Albion Park	13.5h
4 Emelia Matthews		Shoalhaven	13.8h
5 Chloe Andriske		Kiama	14.2h
6 Makenzie Morris		Kiama	14.4h
7 Grace Shaw		Albion Park	14.6h
8 Ryleigh Johnson		Albion Park	16.2h

Girls U 14 - 100 Metre Sprint

Name	Age	Centre	Final
=====			
Zone: Z 12.90 24/01/1998 Lauren Wiedl, Albion Park			
Zone: Z 12.90 13/12/2014 Jenna Bentley, Shoalhaven			
Name	Age	Centre	Final
=====			
Section 1			
1 Lara Gonzalez		Albion Park	13.1h
2 Karissa High		Albion Park	13.6h
3 Lauren Johnson		Albion Park	13.8h
4 Ella Munro		Shoalhaven	13.9h
5 Emily Gillen		Shoalhaven	14.2h
6 Gemma Howard-Coney		Shoalhaven	14.6h
7 Stephanie Gollan		Milton-Ulladulla	14.9h
8 Maddison Gossage		Shoalhaven	16.1h

Girls U 15 - 100 Metre Sprint

Name	Age	Centre	Final
=====			
Zone: Z 12.50 28/01/1995 Skye Richardson, Lake Illawar			
Zone: Z 12.50 29/01/2000 Lianna Braithwaite, Lake Illa			
Name	Age	Centre	Final
=====			
1 Jenna Bentley		Shoalhaven	12.9h
2 Mikayla Check		Shoalhaven	13.0h
3 Jessie Boardman		Shoalhaven	13.7h
4 Sharlie Hind-Langwade		Shoalhaven	13.8h
5 Emma Hutchison		Lake Illawarra	16.8h

Girls U 17 - 100 Metre Sprint

Name	Age	Centre	Heats
=====			
Zone: Z 12.00 12/12/2009 Talissa Scott, Kiama			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Kiara White		Albion Park	12.5hQ
2 Erin Dalley		Albion Park	13.0hQ
3 Jessi Babic		Lake Illawarra	13.3hQ
4 April Rodda		Shoalhaven	14.5h
5 Sonja Rodda		Shoalhaven	15.4h
6 Emma Scollary		Kiama	18.3h
Heat 2 Heats			
1 Georgia McEwan		Lake Illawarra	13.1hQ
2 Cassidy Morris		Kiama	13.4hQ
3 Rebecca Miles		St Georges Basin	13.6hQ

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....Girls U 17 - 100 Metre Sprint

4 Emma Lancaster	Albion Park	13.9hq
5 Emma Babic	Lake Illawarra	13.9hq
6 Naomi Robinson	Kiama	26.0h

Girls U 17 - 100 Metre Sprint

Zone: Z 12.00 12/12/2009 Talissa Scott, Kiama

Name	Age Centre	Final
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Section 1 Final

1 Kiara White	Albion Park	12.4h
2 Jessi Babic	Lake Illawarra	12.9h
3 Georgia McEwan	Lake Illawarra	13.0h
4 Erin Dalley	Albion Park	13.0h
5 Cassidy Morris	Kiama	13.1h
6 Rebecca Miles	St Georges Basin	13.3h
7 Emma Lancaster	Albion Park	13.5h

Girls U 7 - 200 Metre Sprint

Zone: Z 34.10 30/01/1982 Belinda Ruiz, Lake Illawarra

Name	Age Centre	Final
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Section 1

1 Maiya Hewitt	Albion Park	37.2h
2 Lily Bell	Kiama	37.9h
3 Jasmine Wheeler	Shoalhaven	38.7h

Girls U 8 - 200 Metre Sprint

Zone: Z 33.10 29/01/1984 S Gown, Kiama

Name	Age Centre	Final
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1 Krystal Ezeoke	Albion Park	34.4h
2 Aliyah Healey	Milton-Ulladulla	35.2h
3 Mikaela Markovski	Lake Illawarra	38.0h
4 Abby Quick	Lake Illawarra	41.2h
5 Chelsea Simpson	Shoalhaven	44.4h
6 Hailey White	Shoalhaven	51.7h

Girls U 9 - 200 Metre Sprint

Zone: Z 31.80 27/01/2002 Paige Fenech, Albion Park

Name	Age Centre	Final
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1 Ella Hewitt	Albion Park	34.9h
2 Annabelle Healey	Milton-Ulladulla	35.1h
3 Bella Sacco	Albion Park	36.4h
4 Sienna Wright	Albion Park	39.8h
5 Olivia Davis	Shoalhaven	41.2h

Girls U 10 - 200 Metre Sprint

Zone: Z 29.10 26/01/1986 S Gown, Kiama

Name	Age Centre	Final
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1 Chelsea Ezeoke	Albion Park	29.4h
2 Delta Amidzovski	Albion Park	30.7h

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....Girls U 10 - 200 Metre Sprint

3 Keely Beasley	Kiama	32.3h
3 Makayla Murphy	Albion Park	32.3h
5 Chloe Gollan	Milton-Ulladulla	34.7h

Girls U 11 - 200 Metre Sprint

Zone: Z 29.10 27/01/1991 Skye Richardson, Lake Illawar			
Name	Age	Centre	Final
1 Eliza Schweitzer		Kiama	30.2h
2 Abbey Crapp		Shoalhaven	30.4h
3 Hannah Brian		Shoalhaven	30.6h
4 Ashlyn Adams		Albion Park	30.8h
5 Hayley Baker		St Georges Basin	33.3h
6 Taya Beckers		Lake Illawarra	33.7h
7 Sienna Bell		Kiama	33.8h
8 Akala Miller		Shoalhaven	36.4h

Girls U 12 - 200 Metre Sprint

Zone: Z 26.10 28/01/1979 Kim Wilson, Lake Illawarra			
Name	Age	Centre	Final
1 Ashleigh Goncalves		Albion Park	29.3h
2 Victoria Summerill		Albion Park	29.6h
3 Lara Check		Shoalhaven	29.7h
4 Jayda Amidzovski		Albion Park	31.1h
5 Arian Lopreiato		Albion Park	31.2h
6 Abby Cox		Albion Park	32.0h

Girls U 13 - 200 Metre Sprint

Zone: Z 27.30 31/01/1993 Skye Richardson, Lake Illawar			
Name	Age	Centre	Final
1 Zoe Chater		Shoalhaven	27.5h
2 Grace Adams		Albion Park	27.9h
3 Lily Wheeler		Shoalhaven	28.4h
4 Emelia Matthews		Shoalhaven	28.9h

Girls U 14 - 200 Metre Sprint

Zone: Z 26.40 14/12/2014 Jenna Bentley, Shoalhaven			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Lauren Johnson		Albion Park	29.1hQ
2 Grace Mahon		Kiama	30.2hQ
3 Emily Gillen		Shoalhaven	30.8hQ
4 Emily France		Shoalhaven	31.5hq
5 Stephanie Gollan		Milton-Ulladulla	32.2h
Heat 2 Heats			
1 Lara Gonzalez		Albion Park	28.0hQ
2 Ella Munro		Shoalhaven	29.8hQ
3 Tara McInally		Shoalhaven	31.3hQ
4 Jemma Howard-Coney		Shoalhaven	31.9hq

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Girls U 14 - 200 Metre Sprint

Zone: Z 26.40 14/12/2014 Jenna Bentley, Shoalhaven			
Name	Age	Centre	Final
Section 1 Final			
1 Lara Gonzalez		Albion Park	27.9h
2 Lauren Johnson		Albion Park	28.5h
3 Ella Munro		Shoalhaven	29.5h
4 Grace Mahon		Kiama	30.0h
5 Emily Gillen		Shoalhaven	30.6h
6 Tara McInally		Shoalhaven	31.0h
7 Emily France		Shoalhaven	31.2h
8 Jemma Howard-Coney		Shoalhaven	32.5h

Girls U 15 - 200 Metre Sprint

Zone: Z 26.30 13/12/2009 Skye Ryan, Albion Park			
Name	Age	Centre	Final
Section 1			
1 Mikayla Check		Shoalhaven	26.4h
1 Jenna Bentley		Shoalhaven	26.4h
3 Sharlie Hind-Langwade		Shoalhaven	28.4h
4 Jessie Boardman		Shoalhaven	30.3h

Girls U 17 - 200 Metre Sprint

Zone: Z 25.30 13/12/2009 Talissa Scott, Kiama			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Erin Dalley		Albion Park	28.0hQ
2 Cassidy Morris		Kiama	28.6hQ
3 Rebecca Miles		St Georges Basin	29.3hQ
4 Emma Babic		Lake Illawarra	30.0hq
5 April Rodda		Shoalhaven	30.7h
Heat 2 Heats			
1 Kiara White		Albion Park	27.1hQ
2 Georgia McEwan		Lake Illawarra	27.7hQ
3 Jessi Babic		Lake Illawarra	27.9hQ
4 Emma Lancaster		Albion Park	29.2hq
5 Naomi Robinson		Kiama	58.8h

Girls U 17 - 200 Metre Sprint

Zone: Z 25.30 13/12/2009 Talissa Scott, Kiama			
Name	Age	Centre	Final
Section 1 Final			
1 Kiara White		Albion Park	25.3hZ
2 Georgia McEwan		Lake Illawarra	26.9h
3 Erin Dalley		Albion Park	27.1h
3 Jessi Babic		Lake Illawarra	27.1h
5 Rebecca Miles		St Georges Basin	28.1h
6 Cassidy Morris		Kiama	29.2h
7 Emma Lancaster		Albion Park	29.3h
8 Emma Babic		Lake Illawarra	30.4h

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Girls U 8 - 400 Metre Sprint

Zone: Z 1:17.40 27/01/2001 Paige Fenech, Albion Park			
Name	Age	Centre	Final
Section 1			
1 Abby Quick		Lake Illawarra	1:33.9h
2 Bethany Dobson		Shoalhaven	1:34.5h
3 Jamie-Lea Anderson		Lake Illawarra	1:35.1h
4 Zoe Meyers		Albion Park	1:36.0h
5 Georgia Ryan		Lake Illawarra	1:43.0h
6 Chelsea Simpson		Shoalhaven	1:44.3h
7 Banjo Scott		Kiama	1:46.1h

Girls U 9 - 400 Metre Sprint

Zone: Z 1:12.10 29/01/1983 Lisa Baldwin, Lake Illawarr			
Name	Age	Centre	Final
1 Ella Colusso		Milton-Ulladulla	1:22.5h
2 Annabelle Healey		Milton-Ulladulla	1:24.2h
3 Sienna Strecker		Lake Illawarra	1:28.0h
4 Ella McInally		Shoalhaven	1:29.9h
5 Matilda Bolland		Milton-Ulladulla	1:35.6h
6 Maya Hargreaves		Milton-Ulladulla	1:37.8h
7 Alisha Mustapic		Shoalhaven	1:40.8h
8 Audrey Terry		Kiama	1:44.6h

Girls U 10 - 400 Metre Sprint

Zone: Z 1:10.30 25/01/2003 Paige Fenech, Albion Park			
Name	Age	Centre	Final
1 Delta Amidzovski		Albion Park	1:13.2h
2 Kelly Blair		Lake Illawarra	1:21.5h
3 Calany Meyers		Albion Park	1:26.1h
4 Jayla Beresford		Shoalhaven	1:27.5h

Girls U 11 - 400 Metre Sprint

Zone: Z 1:04.10 31/01/2004 Paige Fenech, Albion Park			
Name	Age	Centre	Final
1 Abbey Crapp		Shoalhaven	1:11.9h
2 Grace Pomery		Albion Park	1:18.5h
3 Jada Schillert		Lake Illawarra	1:21.2h
4 Emily Strecker		Lake Illawarra	1:22.2h

Girls U 12 - 400 Metre Sprint

Zone: Z 1:04.80 30/01/1993 Kelly Hannett, Shoalhaven			
Zone: Z 1:04.80 29/01/2005 Paige Fenech, Albion Park			
Name	Age	Centre	Final
1 Victoria Summerill		Albion Park	1:10.8h
2 Ashleigh Goncalves		Albion Park	1:13.5h
3 Arian Lopreiato		Albion Park	1:16.5h

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Girls U 13 - 400 Metre Sprint

Zone: Z 1:02.10 24/01/1987 S Carr, Lake Illawarra			
Name	Age	Centre	Final
1 Hannah Stone		Shoalhaven	1:08.9h
2 Emelia Matthews		Shoalhaven	1:12.0h
3 Danielle Holt		Milton-Ulladulla	1:12.6h
4 Chloe Andriske		Kiama	1:13.0h

Girls U 14 - 400 Metre Sprint

Zone: Z 1:01.40 10/12/2011 Susie Seitaridis, Lake Illa			
Name	Age	Centre	Final
1 Grace Mahon		Kiama	1:08.1h
2 Megan Hamaty		Shoalhaven	1:10.8h
3 Ella Munro		Shoalhaven	1:12.0h
4 Emily France		Shoalhaven	1:14.8h
5 Jazmyn Shimwell		Albion Park	1:20.0h

Girls U 15 - 400 Metre Sprint

Zone: Z 59.90 8/12/2012 Susie Seitaridis, Lake Illawa			
Name	Age	Centre	Final
1 Shenay Edwards		Albion Park	1:03.3h
2 Jenna Bentley		Shoalhaven	1:06.0h
3 Sharlie Hind-Langwade		Shoalhaven	1:06.3h
4 Emma McDonald		St Georges Basin	1:10.4h

Girls U 17 - 400 Metre Sprint

Zone: Z 1:03.30 12/12/2009 Emily Debrot, Albion Park			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Erin Dalley		Albion Park	1:09.9hQ
2 Emma Lancaster		Albion Park	1:11.3hQ
3 Shayla Szakacs		Albion Park	1:14.7hQ
4 Rebecca Miles		St Georges Basin	1:19.7hQ
5 Sonja Rodda		Shoalhaven	1:26.6hQ
Heat 2 Heats			
1 Kiara White		Albion Park	1:16.8hQ
2 Georgia McEwan		Lake Illawarra	1:23.0hQ
3 Emma Scollary		Kiama	1:52.2hQ
4 Naomi Robinson		Kiama	3:19.7h

Girls U 17 - 400 Metre Sprint

Zone: Z 1:03.30 12/12/2009 Emily Debrot, Albion Park			
Name	Age	Centre	Final
Section 1 Final			
1 Kiara White		Albion Park	1:00.3hZ
2 Erin Dalley		Albion Park	1:04.9h
3 Georgia McEwan		Lake Illawarra	1:06.1h
4 Shayla Szakacs		Albion Park	1:06.5h
5 Rebecca Miles		St Georges Basin	1:09.2h
6 Emma Lancaster		Albion Park	1:12.6h

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7 Sonja Rodda	Shoalhaven	1:23.0h
8 Emma Scollary	Kiama	1:59.7h

Girls U 7 - 500 Metre Run Pack Start

Zone: Z 1:49.10 30/01/2000 Paige Fenech, Albion Park

Name	Age Centre	Final
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Section 1

1 Maiya Hewitt	Albion Park	2:01.9h
2 Annabelle Gibson	Kiama	2:04.5h
3 Alisha O'Neill	St Georges Basin	2:11.8h
4 Lilli Mawbey	Kiama	2:26.8h

Girls U 8 - 700 Metre Run Pack Start

Zone: Z 2:31.10 26/01/2003 Caitlin Foord, Lake Illawar

Name	Age Centre	Final
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1 Abby Quick	Lake Illawarra	2:55.0h
2 Bethany Dobson	Shoalhaven	2:57.1h
3 Zoe Meyers	Albion Park	3:07.7h
4 Aleisha McGarry	Lake Illawarra	3:34.2h
5 Hailey White	Shoalhaven	3:55.4h

Girls U 9 - 800 Metre Run

Zone: Z 2:43.00 30/01/1983 Lisa Baldwin, Lake Illawarr

Name	Age Centre	Final
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1 Ella Hewitt	Albion Park	3:18.4h
2 Sienna Strecker	Lake Illawarra	3:22.0h
3 Matilda Bolland	Milton-Ulladulla	3:24.4h
4 Ella Colusso	Milton-Ulladulla	3:26.1h
5 Ella McInally	Shoalhaven	3:26.6h
6 Darcy Arnold	Kiama	3:27.2h
7 Selena Williams	Lake Illawarra	3:50.5h

Girls U 10 - 800 Metre Run

Zone: Z 2:42.10 26/01/1986 Kylie Watkins, Lake Illawar

Name	Age Centre	Final
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1 Kelly Blair	Lake Illawarra	2:56.8h
2 Makayla Murphy	Albion Park	2:57.0h
3 Calany Meyers	Albion Park	3:17.2h
4 Victoria Sargeant	Shoalhaven	3:43.2h

Girls U 11 - 800 Metre Run

Zone: Z 2:29.10 31/01/1982 K Tiech, Kiama

Name	Age Centre	Final
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1 Grace Pomery	Albion Park	2:56.5h
2 Emily Strecker	Lake Illawarra	3:09.7h
3 Emma-Jane Johnson	Albion Park	3:21.8h

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Girls U 12 - 800 Metre Run

Zone: Z 2:29.10 30/01/1983 K Tieck, Kiama			
Name	Age	Centre	Final
1 Georgia Richards		Kiama	2:39.3h
2 Arian Lopreiato		Albion Park	3:02.6h
3 Ruby McPhillips		Albion Park	3:05.8h

Girls U 13 - 800 Metre Run

Zone: Z 2:24.40 30/01/2000 Cian Maciejewski, Milton Ul			
Name	Age	Centre	Final
1 Hannah Stone		Shoalhaven	2:49.6h
2 Danielle Holt		Milton-Ulladulla	2:51.1h
3 Keira-Lee Meyers		Albion Park	2:54.8h
4 Eleace Davidson		St Georges Basin	3:02.4h
5 Tegan McKay		St Georges Basin	3:14.4h
6 Emma Twomey		St Georges Basin	3:16.8h

Girls U 14 - 800 Metre Run

Zone: Z 2:21.80 14/12/2014 Shenay Edwards, Albion Park			
Name	Age	Centre	Final
1 Taliah Moxham		Albion Park	2:36.5h
2 Karlie Gentles		Albion Park	2:43.5h
3 Grace Mahon		Kiama	2:49.2h
4 Leah Dobson		Shoalhaven	2:57.4h
5 Megan Hamaty		Shoalhaven	3:01.6h
6 Jazmyn Shimwell		Albion Park	3:10.5h
7 Gabrielle Marriott		Kiama	3:16.0h

Girls U 15 - 800 Metre Run

Zone: Z 2:19.50 9/12/2012 Susie Seitaridis, Lake Illa			
Name	Age	Centre	Final
1 Shenay Edwards		Albion Park	2:25.6h
2 Emma McDonald		St Georges Basin	2:53.1h

Girls U 17 - 800 Metre Run

Zone: Z 2:15.30 9/12/2012 Jessica Hull, Albion Park			
Name	Age	Centre	Final
1 Shayla Szakacs		Albion Park	2:32.8h
2 Erin Dalley		Albion Park	2:40.0h
3 Briony Munro		Shoalhaven	2:40.9h
4 Emma Lancaster		Albion Park	2:56.0h
5 Rebecca Miles		St Georges Basin	2:57.1h
6 Clare Dobson		Shoalhaven	3:07.9h
7 Emma Scollary		Kiama	4:32.7h

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Girls U 10 - 1500 Metre Run

Zone: Z 5:33.10 24/01/1981 K Tiech, Kiama			
Name	Age	Centre	Final
1 Kelly Blair		Lake Illawarra	6:00.0h
2 Tyla Hurst		Lake Illawarra	6:25.7h
3 Calany Meyers		Albion Park	6:39.8h
4 Jayla Beresford		Shoalhaven	6:45.6h
5 Charli Ryan		Lake Illawarra	7:06.8h
6 Chloe Gollan		Milton-Ulladulla	7:07.9h

Girls U 11 - 1500 Metre Run

Zone: Z 4:54.00 29/01/2000 Cian Maciejewski, Milton Ul			
Name	Age	Centre	Final
1 Grace Pomery		Albion Park	5:49.2h
2 Emily Strecker		Lake Illawarra	6:44.1h

Girls U 12 - 1500 Metre Run

Zone: Z 5:01.10 29/01/1983 K Tieck, Kiama			
Name	Age	Centre	Final
1 Georgia Richards		Kiama	5:27.2h
2 Ruby McPhillips		Albion Park	5:47.0h
3 Charli Hurst		Lake Illawarra	5:49.3h
4 India Akonnah		Albion Park	6:10.2h

Girls U 13 - 1500 Metre Run

Zone: Z 5:06.10 29/01/1994 T Moxham, Lake Illawarra			
Name	Age	Centre	Final
1 Danielle Holt		Milton-Ulladulla	5:52.4h
2 Keira-Lee Meyers		Albion Park	5:55.6h
3 Ruby Keen		Lake Illawarra	6:13.0h
4 Tegan McKay		St Georges Basin	6:19.4h
5 Eleace Davidson		St Georges Basin	6:19.7h
6 Emma Twomey		St Georges Basin	7:02.5h

Girls U 14 - 1500 Metre Run

Zone: Z 5:06.50 29/01/2011 Jessica Hull, Albion Park			
Name	Age	Centre	Final
1 Taliah Moxham		Albion Park	5:34.4h
2 Leah Dobson		Shoalhaven	5:58.1h
3 Megan Hamaty		Shoalhaven	6:14.1h
4 Gabrielle Marriott		Kiama	6:19.6h
5 Jazmyn Shimwell		Albion Park	6:56.9h

Girls U 15 - 1500 Metre Run

Zone: Z 4:50.70 10/12/2011 Jessica Hull, Albion Park			
Name	Age	Centre	Final
1 Victoria Kennedy		Shoalhaven	5:34.8h
2 Emma McDonald		St Georges Basin	6:09.5h

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....Girls U 15 - 1500 Metre Run

3 Melissa Holt	Milton-Ulladulla	6:22.7h
4 Nikita Freeburn	Lake Illawarra	6:55.7h

Girls U 17 - 1500 Metre Run

Zone: Z 4:37.40 14/12/2013 Jessica Hull, Albion Park		
Name	Age Centre	Final
1 Shayla Szakacs	Albion Park	5:16.6h
2 Clare Dobson	Shoalhaven	6:18.1h
3 April Rodda	Shoalhaven	6:40.5h

Girls U 13 - 3000 Metre Run

Zone: Z 10:58.30 12/12/2009 Jessica Hull, Albion Park		
Name	Age Centre	Final
1 Keira-Lee Meyers	Albion Park	12:36.4h
2 Ruby Keen	Lake Illawarra	13:29.9h
3 Eleace Davidson	St Georges Basin	14:10.9h
4 Emma Twomey	St Georges Basin	16:07.4h

Girls U 14 - 3000 Metre Run

Zone: Z 11:02.20 28/01/1995 T Moxham, Lake Illawarra		
Name	Age Centre	Final
1 Karlie Gentles	Albion Park	11:49.0h
2 Ruby Sawtell	Albion Park	12:22.8h
3 Leah Dobson	Shoalhaven	13:23.0h

Girls U 15 - 3000 Metre Run

Zone: Z 10:31.00 10/12/2011 Jessica Hull, Albion Park		
Name	Age Centre	Final
1 Victoria Kennedy	Shoalhaven	11:44.6h

Girls U 17 - 3000 Metre Run

Zone: Z 10:01.50 14/12/2013 Jessica Hull, Albion Park		
Name	Age Centre	Final
1 Clare Dobson	Shoalhaven	13:57.9h

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.70 13/12/2008 Shenay Edwards, Albion Park		
Name	Age Centre	Heats

Heat 1 Heats

1 Aliyah Healey	Milton-Ulladulla	12.1hQ
2 Krystal Ezeoke	Albion Park	12.4hQ
3 Abby Quick	Lake Illawarra	14.1hQ
4 Elysha Davis	Shoalhaven	16.1h
5 Georgia Ryan	Lake Illawarra	16.8h

Heat 2 Heats

1 Addison Maggs	Albion Park	13.0hQ
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....Girls U 8 - 60 Metre Hurdles (45cm)

2	Jamie-Lea Anderson	Lake Illawarra	13.3hQ
3	Banjo Scott	Kiama	14.1hQ
4	Kelly McDonald	St Georges Basin	14.4hq
5	Bethany Dobson	Shoalhaven	15.1hq

Girls U 8 - 60 Metre Hurdles (45cm)

=====
 Zone: Z 11.70 13/12/2008 Shenay Edwards, Albion Park
 Name Age Centre Final
 =====

Section 1 Final

1	Krystal Ezeoke	Albion Park	12.0h
2	Aliyah Healey	Milton-Ulladulla	12.0h
3	Addison Maggs	Albion Park	12.7h
4	Jamie-Lea Anderson	Lake Illawarra	12.9h
5	Abby Quick	Lake Illawarra	13.6h
6	Banjo Scott	Kiama	14.2h
7	Kelly McDonald	St Georges Basin	14.7h
8	Bethany Dobson	Shoalhaven	15.2h

Girls U 9 - 60 Metre Hurdles (45cm)

=====
 Zone: Z 10.30 13/12/2014 Delta Amidzovski, Albion Park
 Name Age Centre Final
 =====

Section 1

1	Olivia Davis	Shoalhaven	12.4h
2	Sienna Strecker	Lake Illawarra	12.6h
3	Amelia Weatherlake	Kiama	12.9h
4	Audrey Terry	Kiama	13.3h
5	Alisha Mustapic	Shoalhaven	13.5h
6	Peta Harris	Shoalhaven	14.2h

Girls U 10 - 60 Metre Hurdles (60cm)

=====
 Zone: Z 10.80 28/01/1995 Katie Wagner, Lake Illawarra
 Zone: Z 10.80 31/01/2004 Karra-Lee Nolan, Lake Illawarra
 Name Age Centre Final
 =====

1	Delta Amidzovski	Albion Park	10.6hZ
2	Imogen Harrison	Kiama	12.0h
3	Naomi Gibson	Kiama	13.0h
4	Kaliah Tindall	Albion Park	13.2h
5	Charli Ryan	Lake Illawarra	14.1h
6	Keira Watt	St Georges Basin	14.9h

Girls U 11 - 60 Metre Hurdles (60cm)

=====
 Zone: Z 10.00 31/01/2004 Rebecca Mounsey, Albion Park
 Name Age Centre Final
 =====

1	Ashlyn Adams	Albion Park	10.3h
2	Jada Schillert	Lake Illawarra	12.1h
3	Brooklyn Folsom	St Georges Basin	12.3h
4	Emma-Jane Johnson	Albion Park	12.5h

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Girls U 12 - 60 Metre Hurdles (68cm)

Zone: Z 9.90 12/12/2009 Susie Seitaridis, Lake Illawa			
Name	Age	Centre	Final
1 Chelsey-Rose Jackson		Albion Park	10.5h
2 Jayda Amidzovski		Albion Park	12.7h
3 Sophie Fletcher		Shoalhaven	14.6h

Girls U 13 - 80 Metre Hurdles (76cm)

Zone: Z 12.60 30/01/2011 Susie Seitaridis, Lake Illawa			
Name	Age	Centre	Final
1 Grace Adams		Albion Park	13.0h
2 Ella Cleal-Cook		Kiama	14.5h
3 Danielle Holt		Milton-Ulladulla	15.8h

Girls U 14 - 80 Metre Hurdles (76cm)

Zone: Z 12.50 11/12/2011 Susie Seitaridis, Lake Illawa			
Name	Age	Centre	Final
1 Karissa High		Albion Park	13.4h
2 Jemma Howard-Coney		Shoalhaven	15.6h
3 Olivia Fletcher		Shoalhaven	16.3h
4 Stephanie Gollan		Milton-Ulladulla	18.0h
5 Emily France		Shoalhaven	18.1h

Girls U 15 - 90 Metre Hurdles (76cm)

Zone: Z 13.60 9/12/2012 Susie Seitaridis, Lake Illawa			
Name	Age	Centre	Final
1 Jenna Bentley		Shoalhaven	15.3h
2 Sharlie Hind-Langwade		Shoalhaven	16.3h
3 Emma Hutchison		Lake Illawarra	19.3h

Girls U 17 - 100 Metre Hurdles (76cm)

Zone: Z 14.40 13/12/2009 Talissa Scott, Kiama			
Name	Age	Centre	Final
1 Jessi Babic		Lake Illawarra	16.1h
2 Celeste Sulerzyski		Albion Park	17.6h

Girls U 13 - 200 Metre Hurdles (68cm)

Zone: Z 30.90 28/01/2006 Paige Fenech, Albion Park			
Name	Age	Centre	Final
1 Zoe Chater		Shoalhaven	29.7hZ
2 Grace Adams		Albion Park	31.3h
3 Ella Cleal-Cook		Kiama	33.3h

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Girls U 14 - 200 Metre Hurdles (76cm)

Zone: Z 28.50 28/01/2006 Janaya Zivkovic, Kiama			
Name	Age	Centre	Final
1 Emily Gillen		Shoalhaven	33.5h
2 Karissa High		Albion Park	33.9h
3 Emily France		Shoalhaven	34.7h
4 Tara McInally		Shoalhaven	35.3h
5 Stephanie Gollan		Milton-Ulladulla	35.5h
6 Olivia Fletcher		Shoalhaven	35.8h
7 Jemma Howard-Coney		Shoalhaven	37.2h

Girls U 15 - 200 Metre Hurdles (76cm)

Zone: Z 29.40 8/12/2012 Susie Seitaridis, Lake Illawa			
Name	Age	Centre	Final
1 Mikayla Check		Shoalhaven	30.4h
2 Sharlie Hind-Langwade		Shoalhaven	31.9h
3 Emma Hutchison		Lake Illawarra	35.8h

Girls U 17 - 200 Metre Hurdles (76cm)

Zone: Z 27.50 12/12/2009 Talissa Scott, Kiama			
Name	Age	Centre	Final
1 Kiara White		Albion Park	29.4h
2 Jessi Babic		Lake Illawarra	30.5h
3 Erin Dalley		Albion Park	32.5h
4 Emily Power		St Georges Basin	33.6h
5 Celeste Sulerzyski		Albion Park	35.6h

Girls U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 57.90 13/12/2009 Lake Illawarra, Lake Illawarr			
Centre	Age	Centre	Final
1 Albion Park			1:01.5h
1) Ella Hewitt 9		2) Chelsea Ezeoke 10	
3) Ashlyn Adams 11		4) Chelsey-Rose Jackson 12	
2 Kiama			1:04.8h
1) Darcy Arnold 9		2) Imogen Harrison 10	
3) Eliza Schweitzer 11		4) Georgia Richards 12	
3 Shoalhaven			1:05.8h
1) Ella McInally 9		2) Jayla Beresford 10	
3) Hannah Brian 11		4) Lara Check 12	
4 Milton-Ulladulla			1:10.3h
1) Annabelle Healey 9		2) Ella Colusso 9	
3) Matilda Bolland 9		4) Chloe Gollan 10	

Girls U 12-17 4x100 Metre Relay (Snr)

Zone: Z 52.10 14/12/2008 Albion Park, Albion Park			
Centre	Age	Centre	Final
1 Shoalhaven			52.3h
1) Zoe Chater 13		2) Lily Wheeler 13	
3) Mikayla Check 15		4) Jenna Bentley 15	
2 Albion Park			53.3h

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....Girls U 12-17 4x100 Metre Relay (Snr)

1) Grace Adams 13	2) Lara Gonzalez 14
3) Shenay Edwards 15	4) Kiara White 17
3 Kiama	59.5h
1) Ella Cleal-Cook 13	2) Makenzie Morris 13
3) Grace Mahon 14	4) Cassidy Morris 17
4 St Georges Basin	1:00.7h
1) Rebecca Miles 17	2) Emma McDonald 15
3) Eleace Davidson 13	4) Emma Twomey 13

Girls U 9 - High Jump (S/H 0.80m)

Zone: Z 1.14m 30/01/1982 Raylene Mullaney, Lake Illawa			
Name	Age	Centre	Final
Flight 1			
1 Annabelle Healey		Milton-Ulladulla	1.05m
2 Matilda Bolland		Milton-Ulladulla	0.95m
2 Ella Hewitt		Albion Park	0.95m
4 Selena Williams		Lake Illawarra	0.90m
5 Sienna Wright		Albion Park	0.90m

Girls U 10 - High Jump (S/H 0.90m)

Zone: Z 1.25m 27/01/2008 Lucy Marron, Shoalhaven			
Zone: Z 1.25m 14/12/2014 Ella Hendrick, Lake Illawarra			
Name	Age	Centre	Final
1 Amelia Geraghty		Kiama	1.14m
2 Keely Beasley		Kiama	1.12m
3 Kaliah Tindall		Albion Park	1.04m

Girls U 11 - High Jump (S/H 1.00m)

Zone: Z 1.42m 29/01/2005 Tayla King, Albion Park			
Name	Age	Centre	Final
1 Ella Headrick		Lake Illawarra	1.28m
2 Abbey Crapp		Shoalhaven	1.26m
3 Emily Strecker		Lake Illawarra	1.10m

Girls U 12 - High Jump (S/H 1.10m)

Zone: Z 1.48m 30/01/2005 Talissa Scott, Kiama			
Name	Age	Centre	Final
1 Lara Check		Shoalhaven	1.27m
2 Victoria Summerill		Albion Park	1.25m
-- Jayda Amidzovski		Albion Park	NH

Girls U 13 - High Jump (S/H 1.15m)

Zone: Z 1.56m 27/01/2007 Tayla King, Albion Park			
Name	Age	Centre	Final
1 Grace Shaw		Albion Park	1.50m
2 Danielle Holt		Milton-Ulladulla	1.35m
3 Makenzie Morris		Kiama	1.30m
4 Ruby Keen		Lake Illawarra	1.30m

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....Girls U 13 - High Jump (S/H 1.15m)

5 Montana Stamp	Albion Park	1.25m
6 Mayha Podolski	Albion Park	1.15m
-- Emma Twomey	St Georges Basin	NH

Girls U 14 - High Jump (S/H 1.20m)

Zone: Z 1.61m 27/01/2008 Tayla King, Albion Park

Name	Age Centre	Final
1 Lara Gonzalez	Albion Park	1.35m
2 Leah Dobson	Shoalhaven	1.25m
3 Annie Schweitzer	Kiama	1.20m
-- Jazmyn Shimwell	Albion Park	NH

Girls U 15 - High Jump (S/H 1.20m)

Zone: Z 1.65m 13/12/2008 Tayla King, Albion Park

Zone: Z 1.65m 14/12/2013 Celeste Sulerzyski, Albion Pa

Name	Age Centre	Final
1 Sharlie Hind-Langwade	Shoalhaven	1.35m
2 Melissa Holt	Milton-Ulladulla	1.30m

Girls U 17 - High Jump (S/H 1.25m)

Zone: Z 1.56m 14/12/2014 Celeste Sulerzyski, Albion Pa

Name	Age Centre	Final
1 Celeste Sulerzyski	Albion Park	1.50m
2 Emma Lancaster	Albion Park	1.35m

Girls U 7 - Long Jump

Zone: Z 3.33m 26/01/2001 Tayla King, Albion Park

Name	Age Centre	Final
1 Maiya Hewitt	Albion Park	2.99m
2 Jasmine Wheeler	Shoalhaven	2.92m
3 Annabelle Gibson	Kiama	2.91m
4 Lilli Mawbey	Kiama	2.35m

Girls U 8 - Long Jump

Zone: Z 3.80m 26/01/1985 Karen Dean, Lake Illawarra

Name	Age Centre	Final
1 Mikaela Markovski	Lake Illawarra	3.08m
2 Eliza Beckers	Lake Illawarra	2.83m
3 Chelsea Simpson	Shoalhaven	2.78m
4 Banjo Scott	Kiama	2.71m
5 Addison Maggs	Albion Park	2.70m
6 Jamie-Lea Anderson	Lake Illawarra	2.67m
7 Aleisha McGarry	Lake Illawarra	2.46m
8 Kelly McDonald	St Georges Basin	2.30m
9 Bethany Dobson	Shoalhaven	2.26m

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Girls U 9 - Long Jump

Zone: Z 4.22m 27/01/1985 S Gown, Kiama			
Name	Age	Centre	Final
1	Amelia Weatherlake	Kiama	3.38m
2	Ella Hewitt	Albion Park	3.37m
3	Ella McInally	Shoalhaven	3.31m
4	Ella Colusso	Milton-Ulladulla	2.98m
5	Darcy Arnold	Kiama	2.97m
6	Talea Miller	Shoalhaven	2.34m

Girls U 10 - Long Jump

Zone: Z 4.24m 28/01/1995 Tova Deku, Milton Ulladulla			
Name	Age	Centre	Final
1	Delta Amidzovski	Albion Park	4.31mZ
2	Imogen Harrison	Kiama	3.94m
3	Naomi Gibson	Kiama	3.70m
4	Kelly Blair	Lake Illawarra	3.32m
5	Kaliah Tindall	Albion Park	3.08m
6	Ruby Marriott	Kiama	2.28m

Girls U 11 - Long Jump

Zone: Z 4.78m 26/01/2002 Teresa Garcia, Lake Illawarra			
Name	Age	Centre	Final
1	Ella Headrick	Lake Illawarra	4.66m
2	Eliza Schweitzer	Kiama	4.05m
3	Hannah Brian	Shoalhaven	3.98m
4	Grace Pomery	Albion Park	3.51m
5	Hayley Baker	St Georges Basin	3.24m
6	Emma-Jane Johnson	Albion Park	3.18m
7	Hannah Hosking	Lake Illawarra	2.98m
8	Akala Miller	Shoalhaven	2.80m

Girls U 12 - Long Jump

Zone: Z 4.93m 12/12/2009 Chloe Docker, Albion Park			
Name	Age	Centre	Final
1	Georgia Richards	Kiama	4.36m
2	Ashleigh Goncalves	Albion Park	3.93m
3	Lara Check	Shoalhaven	3.89m
4	Abby Cox	Albion Park	3.68m
5	Ellyse Tindall	Albion Park	3.09m

Girls U 13 - Long Jump

Zone: Z 5.15m 14/12/2008 Rowenn Turvey, Albion Park			
Name	Age	Centre	Final
1	Emelia Matthews	Shoalhaven	4.66m
2	Lily Wheeler	Shoalhaven	4.53m
3	Grace Adams	Albion Park	4.40m
4	Ella Cleal-Cook	Kiama	4.19m
5	Danielle Holt	Milton-Ulladulla	3.84m
6	Ryleigh Johnson	Albion Park	3.73m

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....Girls U 13 - Long Jump

7 Eleace Davidson	St Georges Basin	3.71m
8 Emma Twomey	St Georges Basin	3.30m

Girls U 14 - Long Jump

Zone: Z 5.39m 26/01/2008 Tayla King, Albion Park

Name	Age Centre	Final
1 Grace Mahon	Kiama	4.29m
2 Lauren Johnson	Albion Park	4.28m
3 Ella Munro	Shoalhaven	3.99m
4 Emily France	Shoalhaven	3.83m
5 Olivia Fletcher	Shoalhaven	3.56m
6 Stephanie Gollan	Milton-Ulladulla	3.53m
7 Maddison Gossage	Shoalhaven	3.22m

Girls U 15 - Long Jump

Zone: Z 5.72m 13/12/2008 Tayla King, Albion Park

Name	Age Centre	Final
1 Mikayla Check	Shoalhaven	4.32m
2 Emma McDonald	St Georges Basin	4.25m
3 Nikita Freeburn	Lake Illawarra	4.05m

Girls U 17 - Long Jump

Zone: Z 5.75m 13/12/2008 Talissa Scott, Kiama

Name	Age Centre	Final
1 Jessi Babic	Lake Illawarra	4.80m
2 Kiara White	Albion Park	4.72m
3 Rebecca Miles	St Georges Basin	4.65m
4 Georgia McEwan	Lake Illawarra	4.56m
5 Emily Power	St Georges Basin	4.47m
6 Cassidy Morris	Kiama	4.45m
7 Emma Lancaster	Albion Park	4.41m
8 Celeste Sulerzyski	Albion Park	4.20m
9 Emma Babic	Lake Illawarra	4.01m
10 Erin Dalley	Albion Park	3.93m

Girls U 11 - Triple Jump

Zone: Z 8.99m 27/01/1996 Katie Wagner, Lake Illawarra

Name	Age Centre	Final
1 Eliza Schweitzer	Kiama	8.21m
2 Ashlyn Adams	Albion Park	8.14m
3 Jada Schillert	Lake Illawarra	6.76m

Girls U 12 - Triple Jump

Zone: Z 10.52m 13/12/2009 Chloe Docker, Albion Park

Name	Age Centre	Final
1 Georgia Richards	Kiama	9.06m
2 Chelsey-Rose Jackson	Albion Park	8.71m
3 Abby Cox	Albion Park	6.90m

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....Girls U 12 - Triple Jump

4 Sophie Fletcher	Shoalhaven	6.38m
5 Nina Heidke	Shoalhaven	5.88m

Girls U 13 - Triple Jump

Zone: Z 10.41m 29/01/2005 Janaya Zivkovic, Lake Illawa			
Name	Age	Centre	Final
1 Grace Adams		Albion Park	9.28m
2 Lily Wheeler		Shoalhaven	9.16m
3 Emelia Matthews		Shoalhaven	8.97m
4 Ella Cleal-Cook		Kiama	8.70m
5 Grace Shaw		Albion Park	8.28m
6 Eleace Davidson		St Georges Basin	7.33m
7 Ryleigh Johnson		Albion Park	7.32m
8 Mayha Podolski		Albion Park	7.05m
9 Emma Twomey		St Georges Basin	6.50m

Girls U 14 - Triple Jump

Zone: Z 11.20m 27/01/2008 Tayla King, Albion Park			
Name	Age	Centre	Final
1 Lara Gonzalez		Albion Park	9.62m
2 Grace Mahon		Kiama	9.01m
3 Lauren Johnson		Albion Park	8.82m
4 Megan Hamaty		Shoalhaven	8.38m
5 Leah Dobson		Shoalhaven	8.26m
6 Emily France		Shoalhaven	8.15m
7 Annie Schweitzer		Kiama	7.57m
8 Gabrielle Marriott		Kiama	7.23m

Girls U 15 - Triple Jump

Zone: Z 11.23m 14/12/2008 Tayla King, Albion Park			
Name	Age	Centre	Final
1 Emma McDonald		St Georges Basin	9.18m
2 Nikita Freeburn		Lake Illawarra	8.69m
3 Emma Hutchison		Lake Illawarra	8.47m

Girls U 17 - Triple Jump

Zone: Z 11.39m 14/12/2008 Talissa Scott, Kiama			
Name	Age	Centre	Final
1 Cassidy Morris		Kiama	10.24m
2 Jessi Babic		Lake Illawarra	10.12m
3 Celeste Sulerzyski		Albion Park	9.74m
4 Emily Power		St Georges Basin	9.18m
5 April Rodda		Shoalhaven	8.69m

Girls U 7 - Shot Put (1.0 Kg)

Zone: Z 6.97m 27/01/1991 Belinda Jackson, Lake Illawar			
Name	Age	Centre	Final
1 Natarsha Mandavy		St Georges Basin	3.48m

ZONE TRACK & FIELD CHAMPIONSHIPS
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Girls U 8 - Shot Put (1.5 Kg)

Zone: Z 6.39m 30/01/2000 Kendall Vaughan, Lake Illawar			
Name	Age	Centre	Final
1 Mikaela Markovski		Lake Illawarra	4.80m
2 Aleisha McGarry		Lake Illawarra	4.24m
3 Elysha Davis		Shoalhaven	3.98m
4 Hailey White		Shoalhaven	2.90m

Girls U 9 - Shot Put (2.0 Kg)

Zone: Z 7.18m 27/01/2001 Kendall Vaughan, Lake Illawar			
Name	Age	Centre	Final
1 Talea Miller		Shoalhaven	4.61m
2 Matilda Bolland		Milton-Ulladulla	4.50m
3 Audrey Terry		Kiama	3.63m
4 Maya Hargreaves		Milton-Ulladulla	3.15m

Girls U 10 - Shot Put (2.0 Kg)

Zone: Z 7.86m 25/01/1998 K Cabanas, Lake Illawarra			
Name	Age	Centre	Final
1 Chelsea Ezeoke		Albion Park	8.90mZ
2 Alana McGarry		Lake Illawarra	6.09m
3 Keely Beasley		Kiama	5.08m
4 Keira Watt		St Georges Basin	4.83m
5 Amelia Geraghty		Kiama	4.74m

Girls U 11 - Shot Put (2.0 Kg)

Zone: Z 9.97m 27/01/1990 Gina Hampel, Lake Illawarra			
Name	Age	Centre	Final
1 Makiya Shaw		Albion Park	5.73m
2 Jada Schillert		Lake Illawarra	5.06m
3 Taya Beckers		Lake Illawarra	4.71m
4 Hannah Hosking		Lake Illawarra	4.59m

Girls U 12 - Shot Put (2.0 Kg)

Zone: Z 12.48m 28/01/2007 Rachelle Grozde, Albion Park			
Name	Age	Centre	Final
1 Kristi Babic		Lake Illawarra	8.42m
2 Ellyse Tindall		Albion Park	7.04m
3 Nina Heidke		Shoalhaven	5.56m

Girls U 13 - Shot Put (3.0 Kg)

Zone: Z 11.60m 27/01/2008 Rachelle Grozde, Albion Park			
Name	Age	Centre	Final
1 Montana Stamp		Albion Park	8.84m
2 Amanda Herringe		St Georges Basin	8.63m
3 Eleace Davidson		St Georges Basin	6.19m
4 Tegan McKay		St Georges Basin	6.10m
5 Ruby Keen		Lake Illawarra	6.07m

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Girls U 14 - Shot Put (3.0 Kg)

Zone: Z 12.77m 13/12/2008 Rachelle Grozde, Albion Park			
Name	Age	Centre	Final
1 Olivia Fletcher		Shoalhaven	7.27m
2 Gabrielle Marriott		Kiama	6.30m
3 Maddison Gossage		Shoalhaven	5.97m

Girls U 15 - Shot Put (3.0 Kg)

Zone: Z 13.02m 13/12/2009 Rachelle Grozde, Albion Park			
Name	Age	Centre	Final
1 Annette Peace		Shoalhaven	10.29m
2 Ebony Johnson		Shoalhaven	9.37m
3 Hayley Waine		Lake Illawarra	7.47m
4 Emma Hutchison		Lake Illawarra	6.54m
5 Melissa Holt		Milton-Ulladulla	6.34m

Girls U 17 - Shot Put (3.0 Kg)

Zone: Z 13.12m 11/12/2011 Rachelle Grozde, Albion Park			
Name	Age	Centre	Final
1 Samantha Peace		Shoalhaven	10.65m
2 Emily Power		St Georges Basin	10.32m
3 Georgia McEwan		Lake Illawarra	9.78m
4 Celeste Sulerzyski		Albion Park	8.84m
5 Rebecca Miles		St Georges Basin	8.30m
6 Sonja Rodda		Shoalhaven	8.04m
7 Emma Babic		Lake Illawarra	8.02m
8 Naomi Robinson		Kiama	3.44m

Girls U 7 - Discus (350 Gram)

Zone: Z 14.83m 29/01/2000 Talissa Scott, Lake Illawarr			
Name	Age	Centre	Final
1 Bronte Bennett		St Georges Basin	9.44m
2 Natarsha Mandavy		St Georges Basin	9.31m
3 Alisha O'Neill		St Georges Basin	7.40m
4 Annabelle Gibson		Kiama	6.78m
5 Lilli Mawbey		Kiama	5.53m

Girls U 8 - Discus (500 Gram)

Zone: Z 20.00m 27/01/2001 Talissa Scott, Lake Illawarr			
Name	Age	Centre	Final
1 Mikaela Markovski		Lake Illawarra	15.58m
2 Aleisha McGarry		Lake Illawarra	13.00m
3 Eliza Beckers		Lake Illawarra	8.59m
4 Zoe Meyers		Albion Park	8.27m
5 Kelly McDonald		St Georges Basin	5.45m
-- Addison Maggs		Albion Park	ND

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Girls U 9 - Discus (500 Gram)

Zone: Z 24.07m 27/01/2002 Talissa Scott, Lake Illawarr			
Name	Age	Centre	Final
1 Talea Miller		Shoalhaven	16.56m
2 Olivia Davis		Shoalhaven	11.78m
3 Alisha Mustapic		Shoalhaven	10.18m
4 Selena Williams		Lake Illawarra	8.56m

Girls U 10 - Discus (500 Gram)

Zone: Z 26.05m 29/01/2000 Emma Cooke, Shoalhaven			
Name	Age	Centre	Final
1 Jayla Beresford		Shoalhaven	17.66m
2 Alana McGarry		Lake Illawarra	15.98m
3 Calany Meyers		Albion Park	15.65m
4 Naomi Gibson		Kiama	14.59m
5 Ruby Marriott		Kiama	9.07m

Girls U 11 - Discus (750 Gram)

Zone: Z 28.71m 13/12/2009 Samantha Peace, Shoalhaven			
Name	Age	Centre	Final
1 Makiya Shaw		Albion Park	13.29m
2 Hayley Baker		St Georges Basin	13.11m
3 Hannah Hosking		Lake Illawarra	13.08m

Girls U 12 - Discus (750 Gram)

Zone: Z 33.96m 29/01/2011 Samantha Peace, Shoalhaven			
Name	Age	Centre	Final
1 Kristi Babic		Lake Illawarra	17.88m
2 Ellyse Tindall		Albion Park	13.60m
3 Sophie Fletcher		Shoalhaven	13.13m
4 Nina Heidke		Shoalhaven	11.88m

Girls U 13 - Discus (750 Gram)

Zone: Z 39.06m 26/01/2008 Rachelle Grozde, Albion Park			
Name	Age	Centre	Final
1 Amanda Herringe		St Georges Basin	25.07m
2 Grace Shaw		Albion Park	22.12m
3 Ruby Keen		Lake Illawarra	20.70m
4 Mayha Podolski		Albion Park	17.63m
5 Tegan McKay		St Georges Basin	16.18m
6 Montana Stamp		Albion Park	15.58m

Girls U 14 - Discus (1.0 Kg)

Zone: Z 42.03m 9/12/2012 Samantha Peace, Shoalhaven			
Name	Age	Centre	Final
1 Olivia Fletcher		Shoalhaven	17.07m
2 Stephanie Gollan		Milton-Ulladulla	15.99m

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Girls U 15 - Discus (1.0 Kg)

Zone: Z 39.07m 14/12/2013 Samantha Peace, Shoalhaven			
Name	Age	Centre	Final
1 Annette Peace		Shoalhaven	34.10m
2 Ebony Johnson		Shoalhaven	28.63m
3 Hayley Waine		Lake Illawarra	18.40m

Girls U 17 - Discus (1.0 Kg)

Zone: Z 47.63m 13/12/2014 Samantha Peace, Shoalhaven			
Name	Age	Centre	Final
1 Samantha Peace		Shoalhaven	48.42mZ
2 Emily Power		St Georges Basin	29.12m
3 Georgia McEwan		Lake Illawarra	25.66m
4 Sonja Rodda		Shoalhaven	19.34m
5 Emma Babic		Lake Illawarra	17.21m
6 Naomi Robinson		Kiama	6.61m

Girls U 11 - Javelin (400 Gram)

Name	Age	Centre	Final
1 Taya Beckers		Lake Illawarra	9.93m
2 Makiya Shaw		Albion Park	9.23m
-- Hannah Brian		Shoalhaven	ND

Girls U 12 - Javelin (400 Gram)

Zone: Z 27.93m 10/12/2011 Shaye-Lee Frier, Lake Illawa			
Name	Age	Centre	Final
1 Kristi Babic		Lake Illawarra	14.46m
2 Nina Heidke		Shoalhaven	10.87m
3 Ellyse Tindall		Albion Park	9.11m
4 Sophie Fletcher		Shoalhaven	9.08m
5 India Akonnah		Albion Park	8.65m

Girls U 13 - Javelin (400 Gram)

Zone: Z 31.62m 9/12/2012 Shaye-Lee Frier, Lake Illawa			
Name	Age	Centre	Final
1 Emelia Matthews		Shoalhaven	22.14m
2 Ella Cleal-Cook		Kiama	20.27m
3 Amanda Herringe		St Georges Basin	15.44m
4 Tegan McKay		St Georges Basin	12.78m
5 Ryleigh Johnson		Albion Park	12.53m

Girls U 14 - Javelin (400 Gram)

Zone: Z 36.38m 10/12/2011 Susie Seitaridis, Lake Illaw			
Name	Age	Centre	Final
1 Megan Hamaty		Shoalhaven	21.91m
2 Olivia Fletcher		Shoalhaven	20.18m
3 Gabrielle Marriott		Kiama	14.65m

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Girls U 15 - Javelin (500 Gram)

Zone: Z 33.03m 9/12/2012 Susie Seitaridis, Lake Illaw			
Name	Age	Centre	Final
1 Ebony Johnson		Shoalhaven	28.20m
2 Emma McDonald		St Georges Basin	21.19m
3 Annette Peace		Shoalhaven	19.57m
4 Nikita Freeburn		Lake Illawarra	19.45m
5 Melissa Holt		Milton-Ulladulla	16.97m

Girls U 17 - Javelin (500 Gram)

Zone: Z 34.11m 10/12/2011 Rachelle Grozde, Albion Park			
Name	Age	Centre	Final
1 Emily Power		St Georges Basin	27.10m
2 Samantha Peace		Shoalhaven	25.00m
3 Emma Babic		Lake Illawarra	24.07m
4 Kiara White		Albion Park	21.51m
5 Sonja Rodda		Shoalhaven	11.59m

Girls U 9 - 700 Metre Walk

Zone: Z 4:23.30 25/01/1998 Jacinta Kelly, Lake Illawar			
Name	Age	Centre	Final
Section 1			
1 Ella McInally		Shoalhaven	5:08.6h
2 Alisha Mustapic		Shoalhaven	5:14.3h
3 Selena Williams		Lake Illawarra	7:16.5h

Girls U 10 - 1100 Metre Walk

Zone: Z 6:43.20 15/12/2013 Madison Callaway, Lake Illa			
Name	Age	Centre	Final
1 Keira Watt		St Georges Basin	7:36.8h
2 Ruby Marriott		Kiama	7:48.5h
3 Alana McGarry		Lake Illawarra	7:59.0h
4 Jayla Beresford		Shoalhaven	8:07.1h

Girls U 11 - 1100 Metre Walk

Zone: Z 6:12.40 25/01/1998 Chantelle Corish, St George			
Name	Age	Centre	Final
1 Hayley Baker		St Georges Basin	9:26.1h

Girls U 13 - 1500 Metre Walk

Zone: Z 8:22.10 25/01/1987 Leanne Wilford, Kiama			
Name	Age	Centre	Final
1 Ruby Keen		Lake Illawarra	9:18.9h
2 Tegan McKay		St Georges Basin	9:54.0h

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Girls U 14 - 1500 Metre Walk

Zone: Z 7:37.50 29/01/2006 Tanya Poppett, Kiama			
Name	Age	Centre	Final
1 Tara McInally		Shoalhaven	9:02.3h
2 Gabrielle Marriott		Kiama	9:29.2h

Girls U 15 - 1500 Metre Walk

Zone: Z 7:25.70 28/01/2007 Tanya Poppett, Kiama			
Name	Age	Centre	Final
1 Melissa Holt		Milton-Ulladulla	9:10.1h
2 Emma Hutchison		Lake Illawarra	10:23.9h

Girls U 17 - 1500 Metre Walk

Zone: Z 8:21.70 11/12/2011 Emily Warden, Shoalhaven			
Name	Age	Centre	Final
1 April Rodda		Shoalhaven	10:42.4h
2 Sonja Rodda		Shoalhaven	13:08.3h

Boys U 7 - 50 Metre Sprint

Zone: Z 8.80 29/01/2005 Hayden Moon, Kiama			
Name	Age	Centre	Final
1 Asher Chapman		St Georges Basin	8.6hZ
2 Kobe Pearce		Shoalhaven	8.8hZ
3 Alex Richards		Lake Illawarra	9.1h
4 Phoenix Williams		Milton-Ulladulla	9.6h
5 Isaac Oldfield		Kiama	9.8h
6 Cody Chater		Shoalhaven	11.2h

Boys U 7 - 70 Metre Sprint

Zone: Z 11.10 30/01/1983 L O'Connor, Wollondilly			
Name	Age	Centre	Final
1 Germaine Wright		Albion Park	11.2h
2 Kobe Pearce		Shoalhaven	11.7h
3 Bow Mills		Shoalhaven	11.7h
4 Alex Richards		Lake Illawarra	12.5h
5 Nicholas Sargeant		Shoalhaven	14.6h
6 Cody Chater		Shoalhaven	14.7h

Boys U 8 - 70 Metre Sprint

Zone: Z 10.10 30/01/1983 P Giobbi, Wollongong City			
Name	Age	Centre	Final
1 Ashton Moran		Albion Park	10.9h
2 Max Fife		Albion Park	11.2h
3 Kynan Miller		Shoalhaven	12.7h
4 Brody Watt		St Georges Basin	13.2h

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Boys U 9 - 70 Metre Sprint

=====			
Zone: Z 10.40		14/12/2008	Aron Cox, Kiama
Zone: Z 10.40		13/12/2009	Connor Ruse-Kent, Albion Park
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Jaylon Pearce	Shoalhaven	10.6hQ
2	Joshua Hosking	Lake Illawarra	10.7hQ
3	Rhys O'Dea	Albion Park	11.7hQ
4	Brooklyn Mandavy	St Georges Basin	11.8h
Heat 2 Heats			
1	Riley Moran	Albion Park	10.5hQ
2	Reilly Caswell	Kiama	10.7hQ
3	Lucas Campbell	Albion Park	11.0hQ
4	Chad O'Brien	Lake Illawarra	11.2hq
5	Cooper Deegan	Kiama	11.6hq

Boys U 9 - 70 Metre Sprint

=====			
Zone: Z 10.40		14/12/2008	Aron Cox, Kiama
Zone: Z 10.40		13/12/2009	Connor Ruse-Kent, Albion Park
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Riley Moran	Albion Park	10.4hZ
2	Jaylon Pearce	Shoalhaven	10.5h
3	Reilly Caswell	Kiama	10.6h
4	Joshua Hosking	Lake Illawarra	10.6h
5	Cooper Deegan	Kiama	11.3h
6	Chad O'Brien	Lake Illawarra	11.3h
7	Lucas Campbell	Albion Park	11.5h
8	Rhys O'Dea	Albion Park	12.0h

Boys U 10 - 70 Metre Sprint

=====			
Zone: Z 9.40		13/12/2009	Tristan Brazulaitis, Albion P
Name	Age	Centre	Final
=====			
Section 1			
1	Thomas Kirk	Albion Park	10.1h
2	Charlie Heidke	Shoalhaven	10.1h
3	Lachlan Vrana	Lake Illawarra	10.8h
4	Liam Lambert	Albion Park	11.0h
5	Taj Kay	Shoalhaven	12.5h

Boys U 7 - 100 Metre Sprint

=====			
Zone: Z 16.10		29/01/1983	R Hazel, Kiama
Name	Age	Centre	Final
=====			
1	Germaine Wright	Albion Park	15.6hZ
2	Gabriel Lombardi	Kiama	15.9hZ
3	Kobe Pearce	Shoalhaven	17.0h
4	Asher Chapman	St Georges Basin	17.2h
5	Isaac Oldfield	Kiama	19.9h

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Boys U 8 - 100 Metre Sprint

Zone: Z 15.10 30/01/1982 Matthew Dalby, Lake Illawarra			
Name	Age	Centre	Final
1 Ashton Moran		Albion Park	15.5h
2 Kai Wilson		Kiama	15.5h
3 Kynan Miller		Shoalhaven	18.3h

Boys U 9 - 100 Metre Sprint

Zone: Z 14.10 30/01/1982 David Gillis, Lake Illawarra			
Zone: Z 14.10 25/01/1986 Steven Russo, Lake Illawarra			
Name	Age	Centre	Heats

Heat 1 Heats

1 Riley Moran		Albion Park	15.3hQ
2 Jaylon Pearce		Shoalhaven	15.7hQ
3 Chad O'Brien		Lake Illawarra	16.1hQ
4 Elias Oldfield		Kiama	16.6hq
5 Lexin O'Dea		Albion Park	16.9hq

Heat 2 Heats

1 Joshua Hosking		Lake Illawarra	15.4hQ
2 Joshua Stumbles		Albion Park	15.8hQ
3 Bailey Gossage		Shoalhaven	16.3hQ
4 Lachlan O'Neill		St Georges Basin	18.8h

Boys U 9 - 100 Metre Sprint

Zone: Z 14.10 30/01/1982 David Gillis, Lake Illawarra			
Zone: Z 14.10 25/01/1986 Steven Russo, Lake Illawarra			
Name	Age	Centre	Final

Section 1 Final

1 Riley Moran		Albion Park	14.9h
2 Joshua Hosking		Lake Illawarra	15.0h
3 Joshua Stumbles		Albion Park	15.4h
4 Jaylon Pearce		Shoalhaven	15.5h
5 Bailey Gossage		Shoalhaven	15.8h
6 Elias Oldfield		Kiama	16.4h
7 Chad O'Brien		Lake Illawarra	16.5h
8 Lexin O'Dea		Albion Park	16.6h

Boys U 10 - 100 Metre Sprint

Zone: Z 13.10 26/01/1980 David Carter, Lake Illawarra			
Name	Age	Centre	Heats

Heat 1 Heats

1 Thomas Kirk		Albion Park	14.4hQ
2 Charlie Heidke		Shoalhaven	14.8hQ
3 Lachlan Vrana		Lake Illawarra	15.6hQ
4 Hudson Fishlock		Milton-Ulladulla	15.9hq
5 Jake Wilkins		Lake Illawarra	16.4hq

Heat 2 Heats

1 Kalani Vella		Albion Park	14.5hQ
2 Drew Langdon		Lake Illawarra	15.3hQ
3 Liam Lambert		Albion Park	16.4hQ
4 Taj Kay		Shoalhaven	19.8h

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Boys U 10 - 100 Metre Sprint

Zone: Z 13.10 26/01/1980 David Carter, Lake Illawarra			
Name	Age	Centre	Final
Section 1 Final			
1 Kalani Vella		Albion Park	14.1h
2 Thomas Kirk		Albion Park	14.4h
3 Charlie Heidke		Shoalhaven	14.6h
4 Drew Langdon		Lake Illawarra	15.0h
5 Lachlan Vrana		Lake Illawarra	15.6h
6 Hudson Fishlock		Milton-Ulladulla	15.6h
7 Jake Wilkins		Lake Illawarra	16.3h
8 Liam Lambert		Albion Park	16.3h

Boys U 11 - 100 Metre Sprint

Zone: Z 13.00 29/01/2000 Kane Linnett, Lake Illawarra			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Matthew Murphy		Albion Park	14.6hQ
2 Cohen Deegan		Kiama	15.8hQ
3 Louis Losurdo		St Georges Basin	16.3hQ
4 Ashton O'Dea		Albion Park	16.7h
Heat 2 Heats			
1 Darnell Wright		Albion Park	15.0hQ
2 Ryan Kilpatrick		Albion Park	15.5hQ
3 Lachlan Poole		Kiama	15.6hQ
4 Jordan High		Albion Park	15.8hq
5 Cohen Scott		Kiama	16.4hq

Boys U 11 - 100 Metre Sprint

Zone: Z 13.00 29/01/2000 Kane Linnett, Lake Illawarra			
Name	Age	Centre	Final
Section 1 Final			
1 Matthew Murphy		Albion Park	14.2h
2 Darnell Wright		Albion Park	14.5h
3 Cohen Deegan		Kiama	14.7h
4 Ryan Kilpatrick		Albion Park	15.3h
5 Lachlan Poole		Kiama	15.6h
6 Louis Losurdo		St Georges Basin	15.7h
7 Jordan High		Albion Park	16.0h
8 Cohen Scott		Kiama	16.4h

Boys U 12 - 100 Metre Sprint

Zone: Z 12.70 28/01/2006 Caine Trindall, St Georges Ba			
Name	Age	Centre	Final
Section 1			
1 Cody Gimenez-King		Albion Park	13.5h
2 Jack Murphy		Albion Park	13.5h
3 Joshua Little		Shoalhaven	14.2h
4 Dylan Clarke		Albion Park	14.7h
5 Riley Kay		Shoalhaven	15.2h

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Boys U 13 - 100 Metre Sprint

Name	Age	Centre	Final
Zone: Z 12.50 28/01/1995 Henderson McCue, Albion Park			
Zone: Z 12.50 10/12/2011 Zachary Havadjia, Shoalhaven			
1 Alden Johnston		Shoalhaven	14.3h
2 Mason Beresford		Shoalhaven	15.0h
3 Oliver Lambert		Albion Park	17.3h

Boys U 14 - 100 Metre Sprint

Name	Age	Centre	Final
Zone: Z 11.80 29/01/2011 Jye Brooker, Albion Park			
1 Jordan Tankoski		Albion Park	12.2h
2 Thomas Power		St Georges Basin	12.6h
3 Jack Scotcher		Shoalhaven	12.7h
4 Lewis Terry		Kiama	14.9h

Boys U 15 - 100 Metre Sprint

Name	Age	Centre	Final
Zone: Z 11.50 12/12/2009 Brodie Leeson, Albion Park			
1 Lachlan Kaszonyi		Shoalhaven	12.0h
2 Jai Marland		Lake Illawarra	12.7h
3 Tom Kilpatrick		Albion Park	12.8h
4 Josh Monro		Albion Park	12.9h

Boys U 17 - 100 Metre Sprint

Name	Age	Centre	Heats
Zone: Z 11.10 12/12/2009 Joshua Prem, Albion Park			
Zone: Z 11.10 29/01/2011 Brodie Leeson, Albion Park			
Heat 1 Heats			
1 Emerson Brian		Shoalhaven	11.3hQ
2 Dylan Thompson		St Georges Basin	11.5hQ
3 Ryan Waine		Lake Illawarra	12.7hQ
4 Brodie Lucchitti		Lake Illawarra	12.9hq
5 Jordan Davis		St Georges Basin	14.9h
Heat 2 Heats			
1 Trent Clarke		Albion Park	11.7hQ
2 Robert Marks		Lake Illawarra	12.3hQ
3 Jack Neeves		St Georges Basin	12.6hQ
4 Bryce Turley		Milton-Ulladulla	12.9hq

Boys U 17 - 100 Metre Sprint

Name	Age	Centre	Final
Zone: Z 11.10 12/12/2009 Joshua Prem, Albion Park			
Zone: Z 11.10 29/01/2011 Brodie Leeson, Albion Park			
Section 1 Final			
1 Emerson Brian		Shoalhaven	11.1hZ
2 Trent Clarke		Albion Park	11.5h
3 Robert Marks		Lake Illawarra	12.0h
4 Ryan Waine		Lake Illawarra	12.1h
5 Jack Neeves		St Georges Basin	12.2h

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....Boys U 17 - 100 Metre Sprint

6 Brodie Lucchitti	Lake Illawarra	12.7h
7 Bryce Turley	Milton-Ulladulla	12.7h
-- Dylan Thompson	St Georges Basin	DNF

Boys U 7 - 200 Metre Sprint

=====			
Zone: Z 34.10 29/01/1984 D Soussa, Wollongong City			
Name	Age	Centre	Final
=====			
Section 1			
1 Gabriel Lombardi		Kiama	33.1hZ
2 Germaine Wright		Albion Park	33.3hZ
3 Bow Mills		Shoalhaven	39.0h
4 Nicholas Sargeant		Shoalhaven	45.6h

Boys U 8 - 200 Metre Sprint

=====			
Zone: Z 32.10 31/01/1982 Matthew Dalby, Lake Illawarra			
Name	Age	Centre	Final
=====			
1 Ashton Moran		Albion Park	32.7h
2 Max Fife		Albion Park	34.4h
3 Aiden Dhu		Shoalhaven	38.2h
4 Kynan Miller		Shoalhaven	39.3h
5 Lane Williams		Milton-Ulladulla	39.5h

Boys U 9 - 200 Metre Sprint

=====			
Zone: Z 30.10 26/01/1986 Steven Russo, Lake Illawarra			
Name	Age	Centre	Final
=====			
1 Riley Moran		Albion Park	32.2h
2 Lucas Campbell		Albion Park	32.4h
3 Jack Baker		St Georges Basin	33.0h
4 Lexin O'Dea		Albion Park	36.6h
5 Rhys O'Dea		Albion Park	37.4h
6 Zac Peters		Kiama	38.5h

Boys U 10 - 200 Metre Sprint

=====			
Zone: Z 28.20 28/01/2007 Luke Watts, Albion Park			
Name	Age	Centre	Final
=====			
1 Kalani Vella		Albion Park	29.3h
2 Charlie Heidke		Shoalhaven	31.0h
3 Drew Langdon		Lake Illawarra	34.0h
4 Zac Maher		Shoalhaven	36.6h

Boys U 11 - 200 Metre Sprint

=====			
Zone: Z 28.00 30/01/2000 Kane Linnett, Lake Illawarra			
Name	Age	Centre	Final
=====			
1 Matthew Murphy		Albion Park	28.9h
2 Darnell Wright		Albion Park	30.4h
3 Cohen Deegan		Kiama	31.5h
4 Ryan Kilpatrick		Albion Park	32.3h
5 Louis Losurdo		St Georges Basin	32.5h

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....Boys U 11 - 200 Metre Sprint

6 Kaden Bradley	Milton-Ulladulla	33.1h
7 Jasper Arnold	Kiama	33.1h
8 Ashton O'Dea	Albion Park	34.1h

Boys U 12 - 200 Metre Sprint

Zone: Z 26.60 29/01/2006 Caine Trindall, St Georges Ba			
Name	Age	Centre	Final
1 Jack Murphy		Albion Park	27.9h
2 Cody Gimenez-King		Albion Park	28.6h
3 Isaac Shaw		Albion Park	29.6h
4 Micah Gibson		Kiama	30.4h
5 Sam Maher		Shoalhaven	31.1h

Boys U 13 - 200 Metre Sprint

Zone: Z 25.40 28/01/2007 Caine Trindall, St Georges ba			
Name	Age	Centre	Final
1 Alden Johnston		Shoalhaven	28.6h
2 Matthew Dimovski		Lake Illawarra	30.1h

Boys U 14 - 200 Metre Sprint

Zone: Z 24.20 30/01/2000 Johnny Finkernagel, St George			
Name	Age	Centre	Final
1 Jordan Tankoski		Albion Park	26.1h
2 Jack Scotcher		Shoalhaven	27.5h
3 Nathan Scollary		Kiama	27.9h

Boys U 15 - 200 Metre Sprint

Zone: Z 23.30 13/12/2009 Brodie Leeson, Albion Park			
Name	Age	Centre	Final
1 Cooper Thomsen		Shoalhaven	25.6h
2 Tom Kilpatrick		Albion Park	26.5h

Boys U 17 - 200 Metre Sprint

Zone: Z 22.60 11/12/2011 Brodie Leeson, Albion Park			
Name	Age	Centre	Final
1 Emerson Brian		Shoalhaven	23.5h
2 Trent Clarke		Albion Park	23.6h
3 Cameron Musgrove		Shoalhaven	24.2h
4 Jack Neeves		St Georges Basin	25.3h
5 Robert Marks		Lake Illawarra	26.0h
6 Brodie Lucchitti		Lake Illawarra	27.3h

Boys U 8 - 400 Metre Sprint

Zone: Z 1:16.10 13/12/2008 Mitchell Potts, Albion Park			
Name	Age	Centre	Final
1 Max Fife		Albion Park	1:25.4h

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....Boys U 8 - 400 Metre Sprint

2 Aiden Dhu	Shoalhaven	1:33.3h
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Boys U 9 - 400 Metre Sprint

Zone: Z 1:12.00 24/01/1984 Brett Stumbles, Dapto

Name	Age Centre	Final
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1 Reilly Caswell	Kiama	1:16.2h
2 Elias Oldfield	Kiama	1:18.8h
3 Joshua Stumbles	Albion Park	1:21.5h
4 Lucas Campbell	Albion Park	1:24.0h
5 Cooper Deegan	Kiama	1:26.4h
6 Jack Pomery	Albion Park	1:34.5h
7 Lexin O'Dea	Albion Park	1:37.0h

Boys U 10 - 400 Metre Sprint

Zone: Z 1:06.10 24/01/1987 Steven Pusso, Lake Illawarr

Name	Age Centre	Final
------	------------	-------

1 Kalani Vella	Albion Park	1:13.8h
2 Zac Maher	Shoalhaven	1:26.4h
3 Alex Mawbey	Kiama	1:29.6h
4 Kade Dhu	Shoalhaven	1:32.3h

Boys U 11 - 400 Metre Sprint

Zone: Z 1:04.10 24/01/1981 Simon Hull, Lake Illawarra

Name	Age Centre	Final
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1 Matthew Murphy	Albion Park	1:09.6h
2 Lachlan Poole	Kiama	1:28.9h
3 Cohen Scott	Kiama	1:34.0h

Boys U 12 - 400 Metre Sprint

Zone: Z 1:03.10 30/01/1982 Simon Hull, Lake Illawarra

Name	Age Centre	Final
------	------------	-------

1 Isaac Shaw	Albion Park	1:09.9h
2 Cody Gimenez-King	Albion Park	1:13.5h
3 Tallen Scott	Kiama	1:17.7h

Boys U 13 - 400 Metre Sprint

Zone: Z 59.80 10/12/2011 Zachary Havadjia, Shoalhaven

Name	Age Centre	Final
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1 Lachlan Smith	Shoalhaven	1:10.1h
2 Max Buckham	Shoalhaven	1:15.0h

Boys U 14 - 400 Metre Sprint

Zone: Z 55.50 8/12/2012 Zachary Havadjia, Shoalhaven

Name	Age Centre	Final
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1 Jordan Tankoski	Albion Park	1:03.2h
2 Jack Scotcher	Shoalhaven	1:08.5h

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....Boys U 14 - 400 Metre Sprint

3 Zack Hind-Langwade Shoalhaven 1:09.8h

Boys U 15 - 400 Metre Sprint

Zone: Z 55.10 14/12/2013 Zachary Havadjia, Shoalhaven

Name	Age Centre	Final
1 Jarrod Falconer	Albion Park	59.9h
2 Cooper Thomsen	Shoalhaven	1:00.7h
3 Lachlan Kaszonyi	Shoalhaven	1:05.8h

1 Jarrod Falconer	Albion Park	59.9h
2 Cooper Thomsen	Shoalhaven	1:00.7h
3 Lachlan Kaszonyi	Shoalhaven	1:05.8h

Boys U 17 - 400 Metre Sprint

Zone: Z 52.70 8/12/2012 Billy Wallington, Shoalhaven

Name	Age Centre	Final
1 Kade Szakacs	Albion Park	53.5h
2 Cameron Musgrove	Shoalhaven	53.8h
3 Trent Clarke	Albion Park	57.0h
4 Jack Neeves	St Georges Basin	1:01.7h
5 Brodie Lucchitti	Lake Illawarra	1:15.0h
6 Robert Marks	Lake Illawarra	1:15.3h

1 Kade Szakacs	Albion Park	53.5h
2 Cameron Musgrove	Shoalhaven	53.8h
3 Trent Clarke	Albion Park	57.0h
4 Jack Neeves	St Georges Basin	1:01.7h
5 Brodie Lucchitti	Lake Illawarra	1:15.0h
6 Robert Marks	Lake Illawarra	1:15.3h

Boys U 7 - 500 Metre Run Pack Start

Zone: Z 1:46.70 27/01/2008 Mitchell Potts, Albion Park

Name	Age Centre	Final
1 Gabriel Lombardi	Kiama	1:50.0h
2 Asher Chapman	St Georges Basin	2:01.0h
3 Parker Ivanovski	Lake Illawarra	2:03.1h
-- Isaac Oldfield	Kiama	DNF

1 Gabriel Lombardi	Kiama	1:50.0h
2 Asher Chapman	St Georges Basin	2:01.0h
3 Parker Ivanovski	Lake Illawarra	2:03.1h
-- Isaac Oldfield	Kiama	DNF

Boys U 8 - 700 Metre Run Pack Start

Zone: Z 2:23.80 14/12/2008 Mitchell Potts, Albion Park

Name	Age Centre	Final
1 Max Fife	Albion Park	2:40.0h
2 Aiden Dhu	Shoalhaven	2:47.7h

1 Max Fife	Albion Park	2:40.0h
2 Aiden Dhu	Shoalhaven	2:47.7h

Boys U 9 - 800 Metre Run

Zone: Z 2:42.10 25/01/1998 Guy Cuttil, Lake Illawarra

Name	Age Centre	Final
1 Jack Baker	St Georges Basin	2:52.7h
2 Reilly Caswell	Kiama	2:55.8h
3 Jack Pomery	Albion Park	3:18.7h
4 Zac Peters	Kiama	3:21.0h
5 Matthew Page	Kiama	3:23.7h

1 Jack Baker	St Georges Basin	2:52.7h
2 Reilly Caswell	Kiama	2:55.8h
3 Jack Pomery	Albion Park	3:18.7h
4 Zac Peters	Kiama	3:21.0h
5 Matthew Page	Kiama	3:23.7h

Boys U 10 - 800 Metre Run

Zone: Z 2:32.10 27/01/1980 Simon Hull, Lake Illawarra

Name	Age Centre	Final
1 Kalani Vella	Albion Park	2:47.6h

1 Kalani Vella	Albion Park	2:47.6h
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....Boys U 10 - 800 Metre Run

2 Callum Richards	Kiama	3:04.6h
3 Kade Dhu	Shoalhaven	3:30.6h

Boys U 11 - 800 Metre Run

Name	Age	Centre	Final
Zone: Z 2:29.00 25/01/1981 Simon Hull, Lake Illawarra			
1 Ryan Smith		Shoalhaven	2:47.1h
2 Jasper Arnold		Kiama	3:03.8h

Boys U 12 - 800 Metre Run

Name	Age	Centre	Final
Zone: Z 2:23.00 31/01/1982 Simon Hull, Lake Illawarra			
1 Ben Shephard		Milton-Ulladulla	2:37.3h
2 Bailey Sacco		Albion Park	2:46.4h
3 Micah Gibson		Kiama	2:48.7h
4 Sam Maher		Shoalhaven	2:48.9h

Boys U 13 - 800 Metre Run

Name	Age	Centre	Final
Zone: Z 2:16.50 9/12/2012 Troy Whittington, Albion Pa			
1 Vinnie Scotti		Albion Park	2:32.4h
2 Lachlan Smith		Shoalhaven	2:34.9h
3 Max Buckham		Shoalhaven	2:37.5h
4 Matthew Dimovski		Lake Illawarra	2:40.8h
5 Joseph Strecker		Lake Illawarra	2:50.0h
6 Marcus Hargreaves		Milton-Ulladulla	3:00.8h

Boys U 14 - 800 Metre Run

Name	Age	Centre	Final
Zone: Z 2:16.80 9/12/2012 Kade Szakacs, Albion Park			
1 Nathan Scollary		Kiama	2:30.9h
2 Zack Hind-Langwade		Shoalhaven	2:38.4h

Boys U 15 - 800 Metre Run

Name	Age	Centre	Final
Zone: Z 2:10.10 27/01/1991 Chris Russell, Lake Illawarra			
Zone: Z 2:10.10 15/12/2013 Kade Szakacs, Albion Park			
1 Hugh Dobson		Shoalhaven	2:20.2h
2 Jesse Buckham		Shoalhaven	2:24.6h

Boys U 17 - 800 Metre Run

Name	Age	Centre	Final
Zone: Z 2:02.10 14/12/2014 Jye Edwards, Albion Park			
1 Kade Szakacs		Albion Park	2:01.7hZ
2 Cameron Musgrove		Shoalhaven	2:04.6h
3 Troy Whittington		Shoalhaven	2:07.3h

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....Boys U 17 - 800 Metre Run

4 Dylan Holland	Albion Park	2:10.2h
5 James Seal	Albion Park	2:14.4h
6 Finlay Mcphillips	Albion Park	2:18.7h

Boys U 10 - 1500 Metre Run

=====			
	Zone: Z	5:05.10	26/01/1991 David Buchanan, Albion Park
Name	Age	Centre	Final
=====			
1 Callum Richards		Kiama	6:09.0h
2 Alex Mawbey		Kiama	6:12.2h
3 Jake Wilkins		Lake Illawarra	6:24.5h
4 Kade Dhu		Shoalhaven	6:57.0h

Boys U 11 - 1500 Metre Run

=====			
	Zone: Z	4:56.10	24/01/1981 Simon Hull, Lake Illawarra
Name	Age	Centre	Final
=====			
1 Ryan Smith		Shoalhaven	5:32.7h
2 Alec Dobson		Shoalhaven	5:54.2h
3 Cohen Scott		Kiama	6:22.9h

Boys U 12 - 1500 Metre Run

=====			
	Zone: Z	4:46.10	30/01/1982 Simon Hull, Lake Illawarra
Name	Age	Centre	Final
=====			
1 Isaac Shaw		Albion Park	5:11.9h
2 Ben Shephard		Milton-Ulladulla	5:30.7h
3 Sam Maher		Shoalhaven	5:42.0h
4 Tallen Scott		Kiama	6:01.7h

Boys U 13 - 1500 Metre Run

=====			
	Zone: Z	4:39.10	29/01/1983 Simon Hull, Lake Illawarra
Name	Age	Centre	Final
=====			
1 Vinnie Scotti		Albion Park	5:25.2h
2 Max Buckham		Shoalhaven	5:26.1h
3 Joseph Strecker		Lake Illawarra	5:49.5h
4 Marcus Hargreaves		Milton-Ulladulla	5:59.2h

Boys U 14 - 1500 Metre Run

=====			
	Zone: Z	4:46.80	28/01/2006 Jason Invernon, Lake Illawa
Name	Age	Centre	Final
=====			
1 Zack Hind-Langwade		Shoalhaven	6:43.6h

Boys U 15 - 1500 Metre Run

=====			
	Zone: Z	4:36.60	29/01/2000 Jared Poppett, Kiama
Name	Age	Centre	Final
=====			
1 Hugh Dobson		Shoalhaven	4:42.4h
2 Jesse Buckham		Shoalhaven	4:52.7h
3 Jordan Heywood		Lake Illawarra	5:17.6h

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Boys U 17 - 1500 Metre Run

Zone: Z 4:26.50 14/12/2013 Jye Edwards, Albion Park			
Name	Age	Centre	Final
1 Kade Szakacs		Albion Park	4:21.1hZ
2 James Seal		Albion Park	4:24.0hZ
3 Troy Whittington		Shoalhaven	4:24.4hZ
4 Dylan Holland		Albion Park	4:27.3h
5 Finlay Mcphillips		Albion Park	4:53.7h
6 Jordan Davis		St Georges Basin	6:02.0h

Boys U 13 - 3000 Metre Run

Zone: Z 10:28.20 8/12/2012 Troy Whittington, Albion P			
Name	Age	Centre	Final
1 Vinnie Scotti		Albion Park	11:45.5h
2 Max Buckham		Shoalhaven	13:00.4h

Boys U 14 - 3000 Metre Run

Zone: Z 10:00.80 31/01/2004 Ryan Gregson, Albion Park			
Name	Age	Centre	Final
1 Nathan Scollary		Kiama	11:25.0h
2 Zack Hind-Langwade		Shoalhaven	12:01.3h

Boys U 15 - 3000 Metre Run

Zone: Z 9:57.00 29/01/2005 Ryan Gregson, Albion Park			
Name	Age	Centre	Final
1 Hugh Dobson		Shoalhaven	10:13.7h
2 Jesse Buckham		Shoalhaven	11:13.9h
3 Jordan Heywood		Lake Illawarra	11:49.7h

Boys U 17 - 3000 Metre Run

Zone: Z 9:38.00 13/12/2014 Jye Edwards, Albion Park			
Name	Age	Centre	Final
1 James Seal		Albion Park	9:33.5hZ
2 Dylan Holland		Albion Park	9:36.8hZ
3 Troy Whittington		Shoalhaven	9:41.2h
4 Finlay Mcphillips		Albion Park	10:12.2h
5 William Gamble		Lake Illawarra	11:31.1h

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.10 28/01/2006 Hayden Moon, Kiama			
Zone: Z 11.10 13/12/2008 Jarrod Coomby, Albion Park			
Name	Age	Centre	Final
1 Noah Jackson		Lake Illawarra	12.4h
2 Kai Wilson		Kiama	12.5h
3 Aiden Dhu		Shoalhaven	12.5h
4 Lane Williams		Milton-Ulladulla	13.4h
5 Brody Watt		St Georges Basin	15.6h

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Boys U 9 - 60 Metre Hurdles (45cm)

=====
 Zone: Z 10.00 24/01/1998 Kane Linnett, Lake Illawarra
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Riley Moran	Albion Park	10.9hQ
2	Bailey Gossage	Shoalhaven	11.3hQ
3	Elias Oldfield	Kiama	11.6hQ
4	Joshua Stumbles	Albion Park	11.8hq
5	Jordan Poole	Kiama	12.1hq
6	Lachlan O'Neill	St Georges Basin	12.4h

Heat 2 Heats

1	Reilly Caswell	Kiama	11.0hQ
2	Lucas Campbell	Albion Park	11.4hQ
3	Cooper Deegan	Kiama	11.5hQ
4	Rhys O'Dea	Albion Park	12.8h

Boys U 9 - 60 Metre Hurdles (45cm)

=====
 Zone: Z 10.00 24/01/1998 Kane Linnett, Lake Illawarra
 Name Age Centre Final
 =====

Section 1 Final

1	Riley Moran	Albion Park	10.6h
2	Lucas Campbell	Albion Park	11.2h
3	Joshua Stumbles	Albion Park	11.2h
4	Bailey Gossage	Shoalhaven	11.3h
5	Elias Oldfield	Kiama	11.4h
6	Cooper Deegan	Kiama	11.7h
7	Reilly Caswell	Kiama	11.9h
8	Jordan Poole	Kiama	12.0h

Boys U 10 - 60 Metre Hurdles (60cm)

=====
 Zone: Z 10.40 12/12/2009 Tristan Brazilaitis, Albion P
 Name Age Centre Final
 =====

Section 1

1	Thomas Kirk	Albion Park	11.3h
2	Hudson Fishlock	Milton-Ulladulla	12.9h
3	Alex Mawbey	Kiama	15.9h

Boys U 11 - 60 Metre Hurdles (60cm)

=====
 Zone: Z 9.60 28/01/2006 Joshua Bingham, Lake Illawarr
 Name Age Centre Final
 =====

1	Darnell Wright	Albion Park	10.5h
2	Lachlan Poole	Kiama	10.8h
3	Tyrell Taione	Kiama	11.0h
4	Tsar Mandavy	St Georges Basin	11.3h
5	Ashton O'Dea	Albion Park	12.3h

Boys U 12 - 60 Metre Hurdles (68cm)

=====
 Zone: Z 9.80 28/01/2006 Caine Trindall, St Georges Ba
 Name Age Centre Final
 =====

1	Cody Gimenez-King	Albion Park	9.6hZ
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....Boys U 12 - 60 Metre Hurdles (68cm)

2 Dylan Clarke	Albion Park	13.1h
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Boys U 13 - 80 Metre Hurdles (76cm)

Zone: Z 12.90 29/01/2006 Jack Doyle, Lake Illawarra

Zone: Z 12.90 13/12/2009 Jye Brooker, Albion Park

Name	Age Centre	Final
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1 Mason Beresford	Shoalhaven	14.6h
2 Matthew Dimovski	Lake Illawarra	15.6h

Boys U 14 - 90 Metre Hurdles (76cm)

Zone: Z 12.60 30/01/2011 Jye Brooker, Albion Park

Name	Age Centre	Final
------	------------	-------

1 Thomas Power	St Georges Basin	14.3h
2 Corey McConville	Shoalhaven	16.1h

Boys U 15 - 100 Metre Hurdles (76cm)

Zone: Z 14.00 25/01/1997 Henderson McCue, Albion Park

Name	Age Centre	Final
------	------------	-------

1 Jarrod Falconer	Albion Park	14.1h
2 Cooper Thomsen	Shoalhaven	15.7h

Boys U 17 - 110 Metre Hurdles (76cm)

Zone: Z 14.50 30/01/2011 Dean Invernon, Lake Illawarra

Name	Age Centre	Final
------	------------	-------

1 Jake Cleal-Cook	Kiama	17.6h
2 Jordan Davis	St Georges Basin	23.7h

Boys U 13 - 200 Metre Hurdles (68cm)

Zone: Z 28.50 12/12/2009 Jye Brooker, Albion Park

Name	Age Centre	Final
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1 Mason Beresford	Shoalhaven	33.2h
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Boys U 14 - 200 Metre Hurdles (76cm)

Zone: Z 27.10 29/01/2011 Jye Brooker, Albion Park

Name	Age Centre	Final
------	------------	-------

1 Thomas Power	St Georges Basin	29.9h
2 Jack Scotcher	Shoalhaven	30.9h
3 Corey McConville	Shoalhaven	31.7h
4 Lewis Terry	Kiama	32.3h

Boys U 17 - 200 Metre Hurdles (76cm)

Zone: Z 25.90 12/12/2009 Phillip Komninos, Lake Illawa

Name	Age Centre	Final
------	------------	-------

1 Luke Hunter	Albion Park	27.7h
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....Boys U 17 - 200 Metre Hurdles (76cm)

2 Jake Cleal-Cook	Kiama	28.0h
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Boys U 9-12 4x100 Metre Relay (Jnr)

=====
 Zone: Z 57.20 14/12/2008 Albion Park, Albion Park
 Centre Final
 =====

1 Albion Park		58.9h
1) Riley Moran 9	2) Kalani Vella 10	
3) Matthew Murphy 11	4) Cody Gimenez-King 12	
2 Shoalhaven		1:03.5h
1) Jaylon Pearce 9	2) Charlie Heidke 10	
3) Ryan Smith 11	4) Joshua Little 12	
3 Lake Illawarra		1:04.4h
1) Joshua Hosking 9	2) Drew Langdon 10	
3) Lachlan Vrana 10	4) Flynn Langdon 12	
4 Kiama		1:05.6h
1) Reilly Caswell 9	2) Callum Richards 10	
3) Cohen Deegan 11	4) Jasper Arnold 11	
5 St Georges Basin		1:06.8h
1) Tsar Mandavy 11	2) Louis Losurdo 11	
3) Brooklyn Mandavy 9	4) Jack Baker 9	

Boys U 12-17 4x100 Metre Relay (Snr)

=====
 Zone: Z 48.50 14/12/2008 Albion Park, Albion Park
 Centre Final
 =====

1 Albion Park		51.2h
1) Jack Murphy 12	2) Jordan Tankoski 14	
3) Jarrod Falconer 15	4) Trent Clarke 17	
2 Shoalhaven		52.6h
1) Alden Johnston 13	2) Jack Scotcher 14	
3) Cooper Thomsen 15	4) Emerson Brian 17	
3 Kiama		56.1h
1) Matt Cordell 13	2) Lewis Terry 14	
3) Jake Cleal-Cook 17	4) Nathan Scollary 14	

Boys U 9 - High Jump (S/H 0.85m)

=====
 Zone: Z 1.25m 29/01/1983 Matthew Dalby, Lake Illawarra
 Name Age Centre Final
 =====

Flight 1

1 Chad O'Brien	Lake Illawarra	0.95m
2 Bailey Gossage	Shoalhaven	0.90m
2 Lexin O'Dea	Albion Park	0.90m
4 Brooklyn Mandavy	St Georges Basin	0.90m
5 Lachlan O'Neill	St Georges Basin	0.85m

Boys U 10 - High Jump (S/H 0.95m)

=====
 Zone: Z 1.42m 31/01/1982 Glen Morante, Lake Illawarra
 Name Age Centre Final
 =====

1 Ryan Keen	Lake Illawarra	1.12m
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Boys U 11 - High Jump (S/H 1.05m)

Zone: Z 1.50m 24/01/1981 Mineo Bonetig, Lake Illawarra			
Name	Age	Centre	Final
1 Tyrell Taione		Kiama	1.42m
2 Matthew Murphy		Albion Park	1.29m
3 Callum Johnson		Shoalhaven	1.23m
4 Jack Cordell		Kiama	1.15m
5 Louis Losurdo		St Georges Basin	1.15m
6 Tsar Mandavy		St Georges Basin	1.15m

Boys U 12 - High Jump (S/H 1.15m)

Zone: Z 1.67m 31/01/1982 Mineo Bonetig, Lake Illawarra			
Name	Age	Centre	Final
1 Ben Shephard		Milton-Ulladulla	1.42m
2 Joshua Little		Shoalhaven	1.40m
3 Tallen Scott		Kiama	1.25m

Boys U 13 - High Jump (S/H 1.20m)

Zone: Z 1.66m 11/12/2011 Jake Rallings, Albion Park			
Name	Age	Centre	Final
1 Matt Cordell		Kiama	1.30m
1 Matthew Dimovski		Lake Illawarra	1.30m

Boys U 14 - High Jump (S/H 1.25m)

Zone: Z 1.75m 30/01/2000 Steven Cluff, Shoalhaven			
Name	Age	Centre	Final
1 Jack Scotcher		Shoalhaven	1.50m
2 Nathan Scollary		Kiama	1.45m
3 Corey McConville		Shoalhaven	1.30m
4 Zack Hind-Langwade		Shoalhaven	1.30m

Boys U 15 - High Jump (S/H 1.25m)

Zone: Z 1.75m 26/01/2002 R Hewitt, Albion Park			
Name	Age	Centre	Final
1 Jye Shumack		Albion Park	1.76mZ
2 Cooper Thomsen		Shoalhaven	1.65m

Boys U 17 - High Jump (S/H 1.30m)

Zone: Z 1.72m 13/12/2014 Jack Fowler, Albion Park			
Name	Age	Centre	Final
1 Robert Marks		Lake Illawarra	1.70m
2 Bryce Turley		Milton-Ulladulla	1.60m
3 Jake Cleal-Cook		Kiama	1.50m

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Boys U 7 - Long Jump

Zone: Z 3.31m 27/01/1985 G Neal, Lake Illawarra			
Name	Age	Centre	Final
1	Germaine Wright	Albion Park	3.50mZ
2	Kobe Pearce	Shoalhaven	3.21m
3	Bow Mills	Shoalhaven	2.95m
4	Phoenix Williams	Milton-Ulladulla	2.70m
5	Parker Ivanovski	Lake Illawarra	2.70m
6	Nicholas Sargeant	Shoalhaven	2.38m
7	Cody Chater	Shoalhaven	2.02m

Boys U 8 - Long Jump

Zone: Z 4.19m 26/01/1985 Steven Russo, Lake Illawarra			
Name	Age	Centre	Final
1	Ashton Moran	Albion Park	3.34m
2	Kai Wilson	Kiama	3.01m
3	Noah Jackson	Lake Illawarra	2.77m
4	Lane Williams	Milton-Ulladulla	2.72m
5	Kynan Miller	Shoalhaven	2.53m

Boys U 9 - Long Jump

Zone: Z 4.33m 14/12/2008 Aron Cox, Kiama			
Name	Age	Centre	Final
1	Joshua Hosking	Lake Illawarra	3.80m
2	Jack Baker	St Georges Basin	3.73m
3	Chad O'Brien	Lake Illawarra	3.53m
4	Matthew Page	Kiama	3.35m
5	Jordan Poole	Kiama	3.17m
6	Zac Peters	Kiama	3.03m
7	Brock Tankoski	Albion Park	2.26m

Boys U 10 - Long Jump

Zone: Z 4.75m 26/01/1980 David Carter, Lake Illawarra			
Name	Age	Centre	Final
1	Charlie Heidke	Shoalhaven	4.27m
2	Hudson Fishlock	Milton-Ulladulla	3.52m
3	Jake Wilkins	Lake Illawarra	3.33m
4	Callum Richards	Kiama	3.07m
5	Zac Maher	Shoalhaven	2.78m

Boys U 11 - Long Jump

Zone: Z 4.89m 25/01/2003 Kevin Orgaz, St Georges Basin			
Name	Age	Centre	Final
1	Lachlan Poole	Kiama	4.10m
2	Kaden Bradley	Milton-Ulladulla	3.99m
3	Louis Losurdo	St Georges Basin	3.97m
4	Jordan High	Albion Park	3.58m
5	George Penn	Kiama	3.57m

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Boys U 12 - Long Jump

Zone: Z 5.31m 30/01/1982 David Carter, Lake Illawarra			
Name	Age	Centre	Final
1 Joshua Little		Shoalhaven	4.63m
2 Jack Murphy		Albion Park	4.57m
3 Isaac Shaw		Albion Park	4.45m
4 Tallen Scott		Kiama	4.29m
5 Riley Kay		Shoalhaven	4.08m
6 Micah Gibson		Kiama	4.05m
7 Ben Johnson		Shoalhaven	3.18m

Boys U 13 - Long Jump

Zone: Z 5.41m 29/01/1989 Che Wicks, St Georges Basin			
Name	Age	Centre	Final
1 Mason Beresford		Shoalhaven	4.39m
2 Alden Johnston		Shoalhaven	4.34m
3 Matthew Dimovski		Lake Illawarra	4.31m
4 Lachlan Smith		Shoalhaven	4.10m

Boys U 14 - Long Jump

Zone: Z 5.83m 30/01/2011 Jye Brooker, Albion Park			
Name	Age	Centre	Final
1 Thomas Power		St Georges Basin	4.88m
2 Jack Scotcher		Shoalhaven	4.73m
3 Jordan Tankoski		Albion Park	4.60m

Boys U 15 - Long Jump

Zone: Z 6.11m 27/01/2007 Kevin Orgaz, St Georges Basin			
Name	Age	Centre	Final
1 Jarrod Falconer		Albion Park	5.86m
2 Lachlan Kaszonyi		Shoalhaven	5.58m
3 Jye Shumack		Albion Park	5.54m
4 Jai Marland		Lake Illawarra	5.24m
5 Cooper Thomsen		Shoalhaven	5.21m
6 Jesse Buckham		Shoalhaven	4.48m
7 Tom Kilpatrick		Albion Park	4.42m

Boys U 17 - Long Jump

Zone: Z 6.18m 8/12/2012 Billy Wallington, Shoalhaven			
Name	Age	Centre	Final
1 Jake Cleal-Cook		Kiama	5.42m
2 Trent Clarke		Albion Park	5.20m
3 Robert Marks		Lake Illawarra	5.02m
4 Brodie Lucchitti		Lake Illawarra	4.39m

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Boys U 11 - Triple Jump

Name	Age	Centre	Final
Zone: Z 9.96m 26/01/2003 Kevin Orgaz, St Georges basin			
Zone: Z 9.96m 28/01/2006 Joshua Bingham, Lake Illawarr			
Name	Age	Centre	Final
1 Tyrell Taione		Kiama	8.45m
2 Cohen Deegan		Kiama	8.35m
3 Cohen Scott		Kiama	6.72m

Boys U 12 - Triple Jump

Name	Age	Centre	Final
Zone: Z 10.68m 30/01/2011 Jake Rallings, Albion Park			
Name	Age	Centre	Final
1 Joshua Little		Shoalhaven	9.84m
2 Jack Murphy		Albion Park	9.80m
3 Flynn Langdon		Lake Illawarra	7.12m

Boys U 13 - Triple Jump

Name	Age	Centre	Final
Zone: Z 11.07m 25/01/1997 C Costello, Albion Park			
Name	Age	Centre	Final
1 Alden Johnston		Shoalhaven	9.01m
2 Joseph Strecker		Lake Illawarra	8.01m
3 Marcus Hargreaves		Milton-Ulladulla	7.72m

Boys U 14 - Triple Jump

Name	Age	Centre	Final
Zone: Z 12.80m 28/01/2006 Kevin Orgaz, St Georges Basi			
Name	Age	Centre	Final
1 Corey McConville		Shoalhaven	9.18m
2 Lewis Terry		Kiama	8.72m

Boys U 15 - Triple Jump

Name	Age	Centre	Final
Zone: Z 12.54m 28/01/2007 Kevin Orgaz, St Georges Basi			
Name	Age	Centre	Final
1 Jarrod Falconer		Albion Park	12.26m
2 Jye Shumack		Albion Park	11.98m
3 Cooper Thomsen		Shoalhaven	11.35m

Boys U 17 - Triple Jump

Name	Age	Centre	Final
Zone: Z 12.31m 13/12/2009 Dean Invernon, Lake Illawarr			
Name	Age	Centre	Final
1 Jake Cleal-Cook		Kiama	11.85m
2 Robert Marks		Lake Illawarra	10.52m
3 Jack Neeves		St Georges Basin	10.46m

Boys U 7 - Shot Put (1.0 Kg)

Name	Age	Centre	Final
Zone: Z 7.52m 13/12/2014 Noah Jackson, Lake Illawarra			
Name	Age	Centre	Final
1 Isaac Oldfield		Kiama	5.26m

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....Boys U 7 - Shot Put (1.0 Kg)

2 Alex Richards	Lake Illawarra	5.22m
3 Parker Ivanovski	Lake Illawarra	4.71m
4 Asher Chapman	St Georges Basin	4.61m
5 Phoenix Williams	Milton-Ulladulla	4.31m

Boys U 8 - Shot Put (1.5 Kg)

Zone: Z 8.98m 27/01/2001 Joel Fitness, Albion Park			
Name	Age	Centre	Final
1 Noah Jackson		Lake Illawarra	7.40m
2 Kai Wilson		Kiama	5.14m
3 Lane Williams		Milton-Ulladulla	4.08m
4 Brody Watt		St Georges Basin	3.95m

Boys U 9 - Shot Put (2.0 Kg)

Zone: Z 8.79m 26/01/1991 Bradley Jackson, Lake Illawarra			
Name	Age	Centre	Final
1 Tyler Jackson		Lake Illawarra	6.43m
2 Joshua Hosking		Lake Illawarra	5.73m
3 Rhys O'Dea		Albion Park	5.50m
4 Elias Oldfield		Kiama	5.42m
5 Bailey Gossage		Shoalhaven	5.03m
6 Jordan Poole		Kiama	4.99m
7 Lachlan O'Neill		St Georges Basin	4.49m
8 Brooklyn Mandavy		St Georges Basin	4.33m
9 Brock Tankoski		Albion Park	3.70m

Boys U 10 - Shot Put (2.0 Kg)

Zone: Z 10.44m 27/01/1991 Bradley Jackson, Lake Illawarra			
Name	Age	Centre	Final
1 Ryan Keen		Lake Illawarra	8.75m
2 Thomas Kirk		Albion Park	7.84m
3 Drew Langdon		Lake Illawarra	7.50m
4 Lachlan Vrana		Lake Illawarra	7.01m
5 Liam Lambert		Albion Park	5.39m
6 Jake Wilkins		Lake Illawarra	5.27m

Boys U 11 - Shot Put (2.0 Kg)

Zone: Z 12.08m 27/01/1996 Alex Cabanas, Lake Illawarra			
Name	Age	Centre	Final
1 Tyrell Taione		Kiama	8.20m
2 Callum Johnson		Shoalhaven	8.05m
3 Ryan Smith		Shoalhaven	7.96m
4 Jack Cordell		Kiama	7.25m
5 Jordan High		Albion Park	6.48m
6 Ashton O'Dea		Albion Park	6.11m

ZONE TRACK & FIELD CHAMPIONSHIPS
MID SOUTH COAST ZONE - 12/12/2015 to 13/12/2015
Ron Browne Sporting Complex
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Boys U 12 - Shot Put (3.0 Kg)

Zone: Z 11.53m 25/01/1997 Alex Cabanas, Lake Illawarra			
Name	Age	Centre	Final
1 Harrison High		Albion Park	8.98m
2 Ben Shephard		Milton-Ulladulla	8.32m
3 Taj Hart		Shoalhaven	8.29m
4 Joshua Jackson		Lake Illawarra	7.67m
5 Mathew Hutchison		Lake Illawarra	6.04m
6 Ben Johnson		Shoalhaven	6.00m

Boys U 13 - Shot Put (3.0 Kg)

Zone: Z 14.29m 30/01/1983 Paul Kaiserfield, Lake Illaw			
Name	Age	Centre	Final
1 Trey Barlow		Albion Park	12.57m
2 Matt Cordell		Kiama	9.35m
3 Zac Heywood		Lake Illawarra	7.94m
4 Oliver Lambert		Albion Park	7.41m

Boys U 14 - Shot Put (3.0 Kg)

Zone: Z 12.78m 9/12/2012 Connar Grozde, Albion Park			
Name	Age	Centre	Final
1 Tyson Hart		Shoalhaven	11.68m
2 Thomas Power		St Georges Basin	9.83m
3 Will Maher		Shoalhaven	5.55m

Boys U 15 - Shot Put (4.0 Kg)

Zone: Z 13.75m 24/01/1998 Luke Singleton, Albion Park			
Name	Age	Centre	Final
1 Josh Monro		Albion Park	11.26m
2 Jai Marland		Lake Illawarra	10.97m
3 Lachlan Kaszonyi		Shoalhaven	10.57m
4 Haydn Galea		Milton-Ulladulla	6.80m

Boys U 17 - Shot Put (5.0 Kg)

Zone: Z 13.18m 8/12/2012 Joshua Fernandes, Lake Illaw			
Name	Age	Centre	Final
1 Luke Hunter		Albion Park	9.61m
2 Ryan Waine		Lake Illawarra	8.93m
3 Brodie Lucchitti		Lake Illawarra	8.79m
4 Jack Neeves		St Georges Basin	8.64m
5 Bryce Turley		Milton-Ulladulla	7.86m

Boys U 7 - Discus (350 Gram)

Zone: Z 22.41m 30/01/2000 Joel Fitness, Albion Park			
Name	Age	Centre	Final
1 Gabriel Lombardi		Kiama	19.48m
2 Bow Mills		Shoalhaven	15.15m
3 Alex Richards		Lake Illawarra	14.15m

ZONE TRACK & FIELD CHAMPIONSHIPS
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....Boys U 7 - Discus (350 Gram)

4 Parker Ivanovski	Lake Illawarra	13.70m
5 Phoenix Williams	Milton-Ulladulla	12.50m

Boys U 8 - Discus (500 Gram)

Zone: Z 25.34m 30/01/2000 S Harris, Albion Park

Name	Age Centre	Final
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1 Noah Jackson	Lake Illawarra	20.00m
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Boys U 9 - Discus (500 Gram)

Zone: Z 29.67m 14/12/2014 Ryan Keen, Lake Illawarra

Name	Age Centre	Final
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1 Jack Baker	St Georges Basin	21.36m
2 Matthew Page	Kiama	20.83m
3 Cooper Deegan	Kiama	19.30m
4 Zac Peters	Kiama	18.63m
5 Jordan Poole	Kiama	15.47m
6 Jaylon Pearce	Shoalhaven	15.22m
7 Tyler Jackson	Lake Illawarra	13.86m

Boys U 10 - Discus (500 Gram)

Zone: Z 32.80m 26/01/2002 Chris Joines, St Georges Bas

Name	Age Centre	Final
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1 Ryan Keen	Lake Illawarra	34.09mZ
2 Drew Langdon	Lake Illawarra	25.05m
3 Lachlan Vrana	Lake Illawarra	24.79m

Boys U 11 - Discus (750 Gram)

Zone: Z 31.34m 29/01/1995 Chris Bell, St Georges Basin

Name	Age Centre	Final
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1 Tsar Mandavy	St Georges Basin	21.49m
2 Christian Page	Kiama	21.24m
3 Callum Johnson	Shoalhaven	19.06m
4 George Penn	Kiama	18.26m
5 Kaden Bradley	Milton-Ulladulla	13.45m

Boys U 12 - Discus (750 Gram)

Zone: Z 40.39m 13/12/2014 Trey Barlow, Albion Park

Name	Age Centre	Final
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1 Taj Hart	Shoalhaven	29.74m
2 Harrison High	Albion Park	27.17m
3 Joshua Jackson	Lake Illawarra	25.20m
4 Micah Gibson	Kiama	23.51m
5 Ben Johnson	Shoalhaven	21.05m
6 Mathew Hutchison	Lake Illawarra	16.48m

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Boys U 13 - Discus (1.0 Kg)

Zone: Z 38.86m 29/01/1983 Paul Kaiserfield, Lake Illaw			
Name	Age	Centre	Final
1 Trey Barlow		Albion Park	44.34mZ
2 Zac Heywood		Lake Illawarra	22.03m
3 Mason Beresford		Shoalhaven	19.87m
4 Oliver Lambert		Albion Park	17.71m

Boys U 14 - Discus (1.0 Kg)

Zone: Z 45.23m 8/12/2012 Connar Grozde, Albion Park			
Name	Age	Centre	Final
1 Thomas Power		St Georges Basin	32.18m
2 Tyson Hart		Shoalhaven	30.88m
3 Will Maher		Shoalhaven	13.96m

Boys U 15 - Discus (1.0 Kg)

Zone: Z 42.84m 9/12/2012 Brock Nichols, St Georges Ba			
Name	Age	Centre	Final
1 Josh Monro		Albion Park	37.01m
2 Haydn Galea		Milton-Ulladulla	23.21m

Boys U 17 - Discus (1.5 Kg)

Zone: Z 38.76m 14/12/2014 Brock Nichols, St Georges Ba			
Name	Age	Centre	Final
1 Jack Neeves		St Georges Basin	31.97m
2 Ryan Waine		Lake Illawarra	30.98m
3 Brodie Lucchitti		Lake Illawarra	24.24m
4 William Gamble		Lake Illawarra	23.05m
5 Luke Hunter		Albion Park	21.27m
6 Jordan Davis		St Georges Basin	20.25m

Boys U 11 - Javelin (400 Gram)

Name	Age	Centre	Final
1 Ryan Smith		Shoalhaven	24.07m
2 Darnell Wright		Albion Park	21.35m
3 George Penn		Kiama	21.20m
4 Tsar Mandavy		St Georges Basin	20.65m
5 Christian Page		Kiama	19.96m
6 Callum Johnson		Shoalhaven	14.54m

Boys U 12 - Javelin (400 Gram)

Zone: Z 31.62m 14/12/2014 Lachlan Smith, Milton-Ulladu			
Name	Age	Centre	Final
1 Taj Hart		Shoalhaven	30.02m
2 Joshua Jackson		Lake Illawarra	20.89m
3 Ben Johnson		Shoalhaven	17.12m
4 Mathew Hutchison		Lake Illawarra	15.84m

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Boys U 13 - Javelin (600 Gram)

Zone: Z 40.44m 28/01/2006 Justin Webb, Shoalhaven			
Name	Age	Centre	Final
1 Lachlan Smith		Shoalhaven	26.87m
2 Zac Heywood		Lake Illawarra	19.31m
3 Mason Beresford		Shoalhaven	18.13m
4 Marcus Hargreaves		Milton-Ulladulla	13.13m

Boys U 14 - Javelin (600 Gram)

Zone: Z 41.08m 29/01/2005 Michael Baillie, Shoalhaven			
Name	Age	Centre	Final
1 Tyson Hart		Shoalhaven	32.80m
2 Corey McConville		Shoalhaven	22.62m
3 Lewis Terry		Kiama	20.55m

Boys U 15 - Javelin (700 Gram)

Zone: Z 42.03m 14/12/2013 Connar Grozde, Albion Park			
Name	Age	Centre	Final
1 Jai Marland		Lake Illawarra	35.27m
2 Hugh Dobson		Shoalhaven	21.88m
3 Haydn Galea		Milton-Ulladulla	18.61m

Boys U 17 - Javelin (700 Gram)

Zone: Z 47.57m 13/12/2008 Chris Joines, St Georges Bas			
Name	Age	Centre	Final
1 Luke Hunter		Albion Park	39.60m
2 William Gamble		Lake Illawarra	38.76m
3 Ryan Waine		Lake Illawarra	34.38m

Boys U 9 - 700 Metre Walk

Zone: Z 4:29.40 1/02/2004 Timothy Adams, Lake Illawar			
Name	Age	Centre	Final
Section 1			
1 Tyler Jackson		Lake Illawarra	5:45.7h
2 Brooklyn Mandavy		St Georges Basin	5:47.6h
3 Matthew Page		Kiama	5:48.2h

Boys U 10 - 1100 Metre Walk

Zone: Z 6:44.40 15/12/2013 Joshua Jackson, Lake Illawa			
Name	Age	Centre	Final
1 Ryan Keen		Lake Illawarra	7:49.3h
2 Zac Maher		Shoalhaven	10:04.2h
3 Alex Mawbey		Kiama	10:45.3h
4 Kade Dhu		Shoalhaven	11:00.5h

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Boys U 11 - 1100 Metre Walk

=====			
Zone: Z 6:03.50 1/02/2004 Nathan Mackinnon, Lake Illa			
Name	Age	Centre	Final
=====			
1 Christian Page		Kiama	8:05.2h

Boys U 12 - 1500 Metre Walk

=====			
Zone: Z 8:29.10 30/01/1983 B Hall, Kiama			
Name	Age	Centre	Final
=====			
1 Joshua Jackson		Lake Illawarra	8:50.7h
2 Mathew Hutchison		Lake Illawarra	10:59.5h

Boys U 14 - 1500 Metre Walk

=====			
Zone: Z 7:34.40 29/01/2006 John Tilden, Lake Illawarra			
Name	Age	Centre	Final
=====			
1 Corey McConville		Shoalhaven	8:46.9h

Boys U 17 - 1500 Metre Walk

=====			
Zone: Z 7:23.30 14/12/2014 James Clay, Lake Illawarra			
Name	Age	Centre	Final
=====			
1 William Gamble		Lake Illawarra	9:20.6h
2 Jordan Davis		St Georges Basin	9:26.0h
3 Ryan Waine		Lake Illawarra	9:46.2h