

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
**EJ BIFFEN OVAL, NAMBUCCA HEADS**  
**Results**

**Girls U 7 - 50 Metre Sprint**

Zone: Z 9.30 1/12/2008 N. Geddes, Sawtell / Toormina			
Name	Age	Centre	Final
Section 1			
1 Emma Kerr		Lower Clarence	10.86
2 Jordan Ferguson		Nambucca & District	12.13

**Girls U 7 - 70 Metre Sprint**

Zone: Z 12.00 1/12/1990 A. Day, Casino			
Name	Age	Centre	Final
1 Emma Kerr		Lower Clarence	14.97
2 Lily Lhuede		Nambucca & District	15.63
3 Jordan Ferguson		Nambucca & District	16.03
4 Savannah Stephens		Coffs Coast	16.21
5 Jaani Gill		Coffs Coast	16.27
6 Zoe Gill		Coffs Coast	19.87

**Girls U 8 - 70 Metre Sprint**

Zone: Z 11.70 1/12/1994 M. Morrison, Coffs Harbour			
Name	Age	Centre	Final
1 Grace Noonan		Nambucca & District	12.65
2 Holly Mansfield		Ballina	12.83
3 Nikki Andonov		Lismore	15.16

**Girls U 9 - 70 Metre Sprint**

Zone: Z 10.80 1/12/1997 A. Day, Casino			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ella Byrne		Lismore	12.21q
2 Allie Hancock		Nambucca & District	12.27q
3 Harriet Pagulayan-McCabe		Urunga/Bellinger	12.73q
4 Olivia Hayden		Evans Head	13.67q
5 Ava Hodnett-Daly		Nambucca & District	13.91
6 Samantha Little		Urunga/Bellinger	14.34
7 Ashlee Little		Urunga/Bellinger	14.55
Heat 2 Heats			
1 Maya Sutherland		Lower Clarence	11.89q
2 India Walker		Nambucca & District	12.13q
3 Jorgi Jeffrey		Lower Clarence	13.41q
4 Linsay Guest		Urunga/Bellinger	13.50q
5 Heidi McClure		Evans Head	13.79
6 Taylah McIntosh		Ballina	14.89
7 Jacqueline Andonov		Lismore	15.60

**Girls U 9 - 70 Metre Sprint**

Zone: Z 10.80 1/12/1997 A. Day, Casino			
Name	Age	Centre	Final
Section 1 Final			
1 Maya Sutherland		Lower Clarence	11.95
2 Allie Hancock		Nambucca & District	12.06

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**....Girls U 9 - 70 Metre Sprint**

3	India Walker	Nambucca & District	12.09
4	Ella Byrne	Lismore	12.10
5	Harriet Pagulayan-McCabe	Urunga/Bellinger	12.40
6	Olivia Hayden	Evans Head	13.17
7	Jorgi Jeffrey	Lower Clarence	13.36
8	Linsay Guest	Urunga/Bellinger	13.43

**Girls U 10 - 70 Metre Sprint**

=====			
Zone: Z 10.60 1/12/1999 K. Wallace, Coffs Harbour			
Name	Age	Centre	Final
=====			
Section 1			
1	Shayla Webb	Coffs Coast	11.13

**Girls U 7 - 100 Metre Sprint**

=====			
Zone: Z 16.70 1/12/1989 K. Gough, Grafton			
Name	Age	Centre	Final
=====			
1	Lily Lhuede	Nambucca & District	23.14
2	Jordan Ferguson	Nambucca & District	23.49
3	Savannah Stephens	Coffs Coast	23.58

**Girls U 8 - 100 Metre Sprint**

=====			
Zone: Z 16.30 8/12/2011 Dayle/Marie Bolt, Ballina			
Name	Age	Centre	Final
=====			
1	Holly Mansfield	Ballina	18.04
2	Grace Noonan	Nambucca & District	18.18
3	Jenna Ros	Casino	19.92
4	Ilaria Blenkhorn	Ballina	19.97
5	Jordyn Howarth	Woolgoolga	21.81
6	Miah Engel	Coffs Coast	24.81

**Girls U 9 - 100 Metre Sprint**

=====			
Zone: Z 15.20 1/12/2004 L. Prieser, Ballina			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	India Walker	Nambucca & District	16.92q
2	Maya Sutherland	Lower Clarence	17.00q
3	Ella Byrne	Lismore	17.52q
4	Keira Phelps	Nambucca & District	18.63q
5	Makaylah Cavanagh-Rose	Urunga/Bellinger	22.61
Heat 2 Heats			
1	Allie Hancock	Nambucca & District	17.02q
2	Savarna Wheatley	Coffs Coast	17.60q
3	Harriet Pagulayan-McCabe	Urunga/Bellinger	17.69q
4	Heidi McClure	Evans Head	19.11q
5	Linsay Guest	Urunga/Bellinger	19.38

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**Girls U 9 - 100 Metre Sprint**

Zone: Z 15.20 1/12/2004 L. Prieser, Ballina			
Name	Age	Centre	Final
Section 1 Final			
1 Allie Hancock		Nambucca & District	16.76
2 India Walker		Nambucca & District	16.88
3 Maya Sutherland		Lower Clarence	16.94
4 Ella Byrne		Lismore	17.39
5 Harriet Pagulayan-McCabe		Urunga/Bellinger	17.47
6 Savarna Wheatley		Coffs Coast	17.75
7 Keira Phelps		Nambucca & District	18.00
8 Heidi McClure		Evans Head	19.01

**Girls U 10 - 100 Metre Sprint**

Zone: Z 14.30 1/12/1994 J.Watkins, Casino			
Name	Age	Centre	Final
Section 1			
1 Shayla Webb		Coffs Coast	16.24
2 Charlotte Gilliand		Ballina	16.81
3 Jasmine Tibbett		Coffs Coast	17.02
4 Jessica Harrison		Coffs Coast	17.12
5 Skye Birkett		Woolgoolga	17.69
6 Izabelle Salway		Nambucca & District	20.45
7 Hannah Sharp		Nambucca & District	20.77
8 Breanna Gill		Nambucca & District	21.39

**Girls U 11 - 100 Metre Sprint**

Zone: Z 14.20 12/12/2015 Kaleah Doherty, Coffs Coast			
Name	Age	Centre	Final
1 Kaleah Doherty		Coffs Coast	14.20Z
2 Jessica McKie		Lismore	16.63
3 Aaliyah Hodnett-Daly		Nambucca & District	17.10
4 Charlotte Kearney		Nambucca & District	20.03

**Girls U 12 - 100 Metre Sprint**

Zone: Z 13.80 1/12/1991 R. Doolan, Grafton			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Alyssa Jenkins		Coffs Coast	14.59q
2 Faith Pittman		Casino	14.71q
3 Emily Gyory		Lower Clarence	16.16q
4 Gabriella Hill		Lismore	16.39q
5 Emily Kilpatrick		Coffs Coast	16.84q
Heat 2 Heats			
1 Anysia Blenkhorn		Ballina	14.84q
2 Gemma Keough		Coffs Coast	15.52q
3 Sophie Walsh		Coffs Coast	15.57q
4 Indigo Sharp		Nambucca & District	17.46

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**Girls U 12 - 100 Metre Sprint**

Zone: Z 13.80 1/12/1991 R. Doolan, Grafton			
Name	Age	Centre	Final
Section 1 Final			
1 Alyssa Jenkins		Coffs Coast	14.46
2 Faith Pittman		Casino	14.77
3 Anysia Blenkhorn		Ballina	14.98
4 Sophie Walsh		Coffs Coast	15.64
5 Gemma Keough		Coffs Coast	15.69
6 Emily Gyory		Lower Clarence	16.01
7 Gabriella Hill		Lismore	16.40
8 Emily Kilpatrick		Coffs Coast	16.85

**Girls U 13 - 100 Metre Sprint**

Zone: Z 13.40 1/12/1997 R. Tweedle, Coffs Harbour			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Amisha Marican		Nambucca & District	14.89q
2 Megan Harris		Ballina	15.00q
3 Holly Pagulayan-McCabe		Urunga/Bellinger	15.51q
4 Ashley-Louise Sticker		Urunga/Bellinger	15.83q
Heat 2 Heats			
1 Nathalie Avery		Grafton	14.26q
2 Savannah Sproule		Coffs Coast	15.14q
3 Elizabeth Sanders		Coffs Coast	15.34q
4 Mia Hayes		Ballina	16.52q

**Girls U 13 - 100 Metre Sprint**

Zone: Z 13.40 1/12/1997 R. Tweedle, Coffs Harbour			
Name	Age	Centre	Final
Section 1 Final			
1 Nathalie Avery		Grafton	13.91
2 Amisha Marican		Nambucca & District	14.77
3 Megan Harris		Ballina	14.95
4 Savannah Sproule		Coffs Coast	15.21
5 Elizabeth Sanders		Coffs Coast	15.34
6 Holly Pagulayan-McCabe		Urunga/Bellinger	15.55
7 Ashley-Louise Sticker		Urunga/Bellinger	15.94
8 Mia Hayes		Ballina	16.32

**Girls U 14 - 100 Metre Sprint**

Zone: Z 13.10 1/12/2001 B. Spear, Nambucca			
Name	Age	Centre	Final
Section 1			
1 Sarah Hartsuyker		Coffs Coast	14.36
2 Chelsea Williams		Coffs Coast	14.65
3 Brooke Kinna		Ballina	14.82
4 Heather Orme		Glenreagh	16.12

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**Girls U 15 - 100 Metre Sprint**

Zone: Z 12.60 1/12/1999 K. Crocker, Nambucca			
Name	Age	Centre	Final
1 Stephanie Schultz		Ballina	13.77
2 Mia Fisher		Coffs Coast	14.08
3 Emily Conlan		Coffs Coast	14.27
4 Jessica Clark		Lismore	16.39

**Girls U 17 - 100 Metre Sprint**

Zone: Z 13.05 14/12/2013 Courtney Linton, Lismore			
Name	Age	Centre	Final
1 Rachel Naylor		Nambucca & District	13.59
2 Grace Lewis		Ballina	14.25
3 Brooke Hodge		Ballina	14.75
4 Jocelyn Pedrola		Nambucca & District	15.04
5 Hailey Duroux		Grafton	15.45

**Girls U 7 - 200 Metre Sprint**

Zone: Z 35.80 1/12/2010 K. Gough, Grafton			
Name	Age	Centre	Final
1 Lily Lhuede		Nambucca & District	52.84
2 Jaani Gill		Coffs Coast	59.50
3 Zoe Gill		Coffs Coast	1:07.08

**Girls U 8 - 200 Metre Sprint**

Zone: Z 34.50 1/12/1994 M. Morrison, Coffs Harbour			
Name	Age	Centre	Final
1 Grace Noonan		Nambucca & District	41.13
2 Ilaria Blenkhorn		Ballina	43.83
3 Holly Mansfield		Ballina	44.64

**Girls U 9 - 200 Metre Sprint**

Zone: Z 32.30 1/12/1996 A. Day, Casino			
Name	Age	Centre	Final
1 Allie Hancock		Nambucca & District	36.88
2 Maya Sutherland		Lower Clarence	37.27
3 Angeline Codrington		Lismore	37.50
4 Savarna Wheatley		Coffs Coast	37.79
5 Harriet Pagulayan-McCabe		Urunga/Bellinger	38.04
6 Ava Hodnett-Daly		Nambucca & District	43.06

**Girls U 10 - 200 Metre Sprint**

Zone: Z 30.90 1/12/1994 J. Watkins, Casino			
Name	Age	Centre	Final
1 Bonnie Malt		Urunga/Bellinger	36.94
2 Charlotte Gilliand		Ballina	37.41
3 Jasmine Tibbett		Coffs Coast	37.53
4 Skye Birkett		Woolgoolga	40.18

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**....Girls U 10 - 200 Metre Sprint**

5	Izabelle Salway	Nambucca & District	44.23
6	Isabelle Johnson	Woolgoolga	45.31
7	Charlee Woods	Nambucca & District	47.25

**Girls U 11 - 200 Metre Sprint**

Zone: Z 29.80 1/12/1990 R. Doolan, Grafton			
Name	Age	Centre	Final
1	Kaleah Doherty	Coffs Coast	31.86
2	Laila McDonald	Coffs Coast	33.14
3	Aaliyah Hodnett-Daly	Nambucca & District	37.85
4	Emma Cox	Nambucca & District	43.01

**Girls U 12 - 200 Metre Sprint**

Zone: Z 28.70 1/12/1993 V. Simmonds, Bellinger Valley			
Name	Age	Centre	Final
1	Alyssa Jenkins	Coffs Coast	31.20
2	Faith Pittman	Casino	31.72
3	Gemma Keough	Coffs Coast	32.99
4	Sophie Walsh	Coffs Coast	34.22
5	Emily Gyory	Lower Clarence	35.37

**Girls U 13 - 200 Metre Sprint**

Zone: Z 27.10 1/12/2002 L. Duncan, Nambucca			
Name	Age	Centre	Final
1	Nathalie Avery	Grafton	30.54
2	Megan Harris	Ballina	31.76
3	Amisha Marican	Nambucca & District	32.61
4	Elizabeth Sanders	Coffs Coast	33.59
5	Mia Hayes	Ballina	34.98

**Girls U 14 - 200 Metre Sprint**

Zone: Z 26.50 1/12/2003 L. Duncan, Nambucca			
Name	Age	Centre	Final
1	Chelsea Williams	Coffs Coast	30.99
2	Brooke Kinna	Ballina	31.18
3	Sarah Hartsuyker	Coffs Coast	32.04

**Girls U 15 - 200 Metre Sprint**

Zone: Z 26.10 1/12/2002 B. Spear, Nambucca			
Name	Age	Centre	Final
1	Stephanie Schultz	Ballina	29.60
2	Emily Conlan	Coffs Coast	33.84
3	Fiona Martin	Coffs Coast	43.66

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**Girls U 17 - 200 Metre Sprint**

Zone: Z 27.20 1/12/2009 C. Hackett, Grafton			
Name	Age	Centre	Final
1 Rachel Naylor		Nambucca & District	28.48
2 Katie Thorn		Coffs Coast	29.74
3 Grace Lewis		Ballina	30.34
4 Brooke Hodge		Ballina	31.64
5 Sarah Lavender		Grafton	32.78

**Girls U 8 - 400 Metre Sprint**

Zone: Z 1:21.20 1/12/1994 E. Charles, Coffs Harbour			
Name	Age	Centre	Final
1 Allira Lisciotto		Coffs Coast	1:29.46
2 Grace Noonan		Nambucca & District	1:33.43
3 Ilaria Blenkhorn		Ballina	1:43.16
4 Tana Lowe		Lower Clarence	1:43.82
5 Jordyn Howarth		Woolgoolga	1:52.11

**Girls U 9 - 400 Metre Sprint**

Zone: Z 1:16.80 1/12/1990 S. Byrnes, Grafton			
Name	Age	Centre	Final
1 Angeline Codrington		Lismore	1:23.23
2 Harriet Pagulayan-McCabe		Urunga/Bellinger	1:25.15
3 Helaina Lisciotto		Coffs Coast	1:27.50
4 Jorgi Jeffrey		Lower Clarence	1:30.39
5 Olivia Hayden		Evans Head	1:33.26
6 Hayley Pitkin		Urunga/Bellinger	1:37.38
7 Lani Blunn		Evans Head	1:53.03
8 Makayla Lamb		Nambucca & District	2:13.02

**Girls U 10 - 400 Metre Sprint**

Zone: Z 1:13.60 1/12/1994 J.Watkins, Casino			
Name	Age	Centre	Final
1 Charlotte Gilliand		Ballina	1:23.55
2 Summer Williams		Coffs Coast	1:31.73
3 Molly Cohen		Woolgoolga	1:35.66
4 Ella-Ruth Beynon-Whitela		Coffs Coast	1:49.83
5 Kayla Hilton		Nambucca & District	1:50.49

**Girls U 11 - 400 Metre Sprint**

Zone: Z 1:07.10 1/12/1999 T. Sherratt, Coffs Harbour			
Name	Age	Centre	Final
1 Laila McDonald		Coffs Coast	1:11.97
2 Holly Sangster		Lower Clarence	1:16.45
3 Elke Bowles		Coffs Coast	1:17.23
4 Emma Cox		Nambucca & District	1:34.65

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**Girls U 12 - 400 Metre Sprint**

Zone: Z 1:05.10 1/12/2001 C. Maddocks, Sawtell / Toor			
Name	Age	Centre	Final
1 Ruby Parker		Ballina	1:08.71
2 Krystal McMahon		Grafton	1:14.66
3 Crystal Wylie		Nambucca & District	1:17.94
4 Jorgia Young		Coffs Coast	1:21.34

**Girls U 13 - 400 Metre Sprint**

Zone: Z 1:03.40 1/12/1999 S. Ringstad, Nambucca			
Name	Age	Centre	Final
1 Megan Harris		Ballina	1:08.03
2 Jessica Deans		Coffs Coast	1:09.60
3 Amisha Marican		Nambucca & District	1:13.90
4 Ashley-Louise Sticker		Urunga/Bellinger	1:21.70
5 Holly Pagulayan-McCabe		Urunga/Bellinger	1:28.49

**Girls U 14 - 400 Metre Sprint**

Zone: Z 1:02.20 1/12/2000 S. Ringstad, Nambucca			
Name	Age	Centre	Final
1 Brooke Kinna		Ballina	1:12.70
2 Tara Everson		Coffs Coast	1:18.81

**Girls U 15 - 400 Metre Sprint**

Zone: Z 1:03.00 1/12/2001 S. Ringstad, Nambucca			
Name	Age	Centre	Final
1 Mia Fisher		Coffs Coast	1:05.56
2 Stephanie Schultz		Ballina	1:06.20
3 Jacinta Nicolas		Lismore	1:07.25

**Girls U 17 - 400 Metre Sprint**

Zone: Z 1:02.60 12/12/2015 Rachel Naylor, Nambucca			
Name	Age	Centre	Final
1 Rachel Naylor		Nambucca & District	1:02.60Z
2 Grace Lewis		Ballina	1:03.87
3 Katie Thorn		Coffs Coast	1:04.66

**Girls U 7 - 500 Metre Run Pack Start**

Zone: Z 2:42.52 12/12/2015 Amelia Harrison, Coffs Coas			
Name	Age	Centre	Final
1 Amelia Harrison		Coffs Coast	2:42.52Z

**Girls U 8 - 700 Metre Run Park Start**

Zone: Z 2:57.87 13/12/2015 Allira Lisciotto, Coffs Coa			
Name	Age	Centre	Final
1 Allira Lisciotto		Coffs Coast	2:57.87Z



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**....Girls U 8 - 700 Metre Run Park Start**

2 Fiona Holloway	Nambucca & District	3:17.27
3 Paige Jackson	Nambucca & District	3:24.04

**Girls U 9 - 800 Metre Run**

Zone: Z 2:52.10 1/12/1990 S. Byrnes, Grafton

Name	Age Centre	Final
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1 Angeline Codrington	Lismore	3:14.52
2 Jorgi Jeffrey	Lower Clarence	3:20.37
3 Helaina Lisciotto	Coffs Coast	3:29.69
4 Hayley Pitkin	Urunga/Bellinger	3:33.45

**Girls U 10 - 800 Metre Run**

Zone: Z 2:44.50 1/12/1991 A. Johnson, Bellinger Valle

Name	Age Centre	Final
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1 Bonnie Malt	Urunga/Bellinger	3:14.73
2 Summer Williams	Coffs Coast	3:25.57
3 Skye Birkett	Woolgoolga	3:34.27
4 Lilli Cummnngs	Coffs Coast	3:41.47

**Girls U 11 - 800 Metre Run**

Zone: Z 2:35.00 1/12/1999 T. Sherratt, Coffs Harbour

Name	Age Centre	Final
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1 Elke Bowles	Coffs Coast	2:46.09
2 Laila McDonald	Coffs Coast	2:48.23
3 Keira Williams	Coffs Coast	2:58.50
4 Holly Sangster	Lower Clarence	2:59.85
5 Jaye Everson	Coffs Coast	3:29.47
6 Emma Cox	Nambucca & District	3:33.23

**Girls U 12 - 800 Metre Run**

Zone: Z 2:35.80 1/12/2005 Siobhan Deam, Sawtell / Too

Name	Age Centre	Final
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1 Ruby Parker	Ballina	2:45.33
2 Gabriella Hill	Lismore	2:50.80
3 Crystal Wylie	Nambucca & District	3:02.62
4 Jorgia Young	Coffs Coast	3:09.96

**Girls U 13 - 800 Metre Run**

Zone: Z 2:30.40 1/12/1996 N. Greenhalgh, Grafton

Name	Age Centre	Final
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1 Jessica Deans	Coffs Coast	2:46.12
2 Abbi Dagger	Coffs Coast	2:57.02

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**Girls U 14 - 800 Metre Run**

Zone: Z 2:28.90 1/12/2002 T. Sherratt, Coffs Harbour			
Name	Age	Centre	Final
1 Tara Everson		Coffs Coast	2:39.31
2 Brooke Kinna		Ballina	2:57.89
3 Gemma Codrington		Lismore	3:07.42

**Girls U 15 - 800 Metre Run**

Zone: Z 2:24.80 11/12/2011 A. Tate, Sawtell-Toormina			
Name	Age	Centre	Final
1 Jacinta Nicolas		Lismore	2:44.39
2 Fiona Martin		Coffs Coast	3:40.77

**Girls U 17 - 800 Metre Run**

Zone: Z 2:23.60 1/12/2009 S. Deam, Sawtell / Toormina			
Name	Age	Centre	Final
1 Emily Raeburn		Ballina	2:29.58
2 Grace Lewis		Ballina	2:35.15
3 Chloe Bulloch		Coffs Coast	2:37.04

**Girls U 10 - 1500 Metre Run**

Zone: Z 5:27.10 1/12/1991 A. Johnson, Bellinger Valle			
Name	Age	Centre	Final
1 Molly Cohen		Woolgoolga	6:51.64
2 Summer Williams		Coffs Coast	6:56.50

**Girls U 11 - 1500 Metre Run**

Zone: Z 5:34.40 1/12/1999 R. Ringstad, Nambucca			
Name	Age	Centre	Final
1 Elke Bowles		Coffs Coast	5:43.32

**Girls U 12 - 1500 Metre Run**

Zone: Z 5:17.00 1/12/2000 T. Sherratt, Coffs Harbour			
Name	Age	Centre	Final
1 Gabriella Hill		Lismore	5:46.31
2 Crystal Wylie		Nambucca & District	6:17.36
3 Indigo Sharp		Nambucca & District	6:58.84

**Girls U 13 - 1500 Metre Run**

Zone: Z 5:16.86 12/12/2015 Jessica Deans, Coffs Coast			
Name	Age	Centre	Final
1 Jessica Deans		Coffs Coast	5:16.86Z
2 Abbi Dagger		Coffs Coast	6:05.15
3 Ashley-Louise Sticker		Urunga/Bellinger	6:11.76

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
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**Results**

**Girls U 14 - 1500 Metre Run**

Zone: Z 5:05.30 1/12/2002 T. Sherratt, Coffs Harbour			
Name	Age	Centre	Final
1 Tara Everson		Coffs Coast	5:18.40
2 Alexa Foster		Coffs Coast	5:49.59
3 Brooke Kinna		Ballina	6:10.07
4 Gemma Codrington		Lismore	6:11.77

**Girls U 15 - 1500 Metre Run**

Zone: Z 5:08.75 8/12/2011 Romany Seemann, Sawtell-Too			
Name	Age	Centre	Final
1 Jacinta Nicolas		Lismore	5:30.38

**Girls U 17 - 1500 Metre Run**

Zone: Z 5:04.55 14/12/2013 Bethany Hickey, Grafton			
Name	Age	Centre	Final
1 Emily Raeburn		Ballina	5:07.27
2 Chloe Bulloch		Coffs Coast	5:08.42

**Girls U 13 - 3000 Metre Run**

Zone: Z 11:37.50 1/12/2000 A. Perry, Numbucca			
Name	Age	Centre	Final
1 Jessica Deans		Coffs Coast	11:40.37
2 Abbi Dagger		Coffs Coast	13:45.52
3 Amber Curtis		Lismore	15:43.67

**Girls U 14 - 3000 Metre Run**

Zone: Z 11:34.07 8/12/2011 Cara Feain-Ryan, Lismore			
Name	Age	Centre	Final
1 Tara Everson		Coffs Coast	13:17.62

**Girls U 17 - 3000 Metre Run**

Zone: Z 11:21.65 12/12/2015 Chloe Bulloch, Coffs Coast			
Name	Age	Centre	Final
1 Chloe Bulloch		Coffs Coast	11:21.65Z
2 Emily Raeburn		Ballina	11:39.78

**Girls U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 12.16 8/12/2011 Dayle/Marie Bolt, Ballina			
Name	Age	Centre	Final
1 Fiona Holloway		Nambucca & District	13.98
2 Ilaria Blenkhorn		Ballina	14.36
3 Paige Jackson		Nambucca & District	14.62
4 Jordyn Howarth		Woolgoolga	15.16
5 Tana Lowe		Lower Clarence	16.03
6 Miah Engel		Coffs Coast	19.35

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
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**Results**

**Girls U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 11.30 1/12/1991 T. Taylor, Grafton			
Name	Age	Centre	Heats
Heat 1 Heats			
1 India Walker		Nambucca & District	12.83q
2 Savarna Wheatley		Coffs Coast	13.14q
3 Linsay Guest		Urunga/Bellinger	13.65q
4 Samantha Little		Urunga/Bellinger	14.76q
5 Imogen Webb		Urunga/Bellinger	14.80q
Heat 2 Heats			
1 Maya Sutherland		Lower Clarence	12.24q
2 Ella Byrne		Lismore	12.26q
3 Keira Phelps		Nambucca & District	13.00q
4 Makaylah Cavanagh-Rose		Urunga/Bellinger	15.00
5 Ashlee Little		Urunga/Bellinger	15.28
6 Makayla Lamb		Nambucca & District	16.11

**Girls U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 11.30 1/12/1991 T. Taylor, Grafton			
Name	Age	Centre	Final
Section 1 Final			
1 Ella Byrne		Lismore	11.82
2 Maya Sutherland		Lower Clarence	11.89
3 India Walker		Nambucca & District	11.98
4 Keira Phelps		Nambucca & District	12.64
5 Savarna Wheatley		Coffs Coast	12.65
6 Linsay Guest		Urunga/Bellinger	13.12
7 Imogen Webb		Urunga/Bellinger	14.12
8 Samantha Little		Urunga/Bellinger	14.13

**Girls U 10 - 60 Metre Hurdles (60cm)**

Zone: Z 10.90 1/12/1989 R. Doolan, Grafton			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Bonnie Malt		Urunga/Bellinger	12.80q
2 Gemma Barnes		Woolgoolga	14.21q
3 Cassandra Hill		Lismore	14.26q
4 Hannah Sharp		Nambucca & District	15.09q
5 Molly Cohen		Woolgoolga	16.03q
6 Breanna Gill		Nambucca & District	16.33q
Heat 2 Heats			
1 Shayla Webb		Coffs Coast	13.63q
2 Lilli Cummnngs		Coffs Coast	13.65q
3 Ella-Ruth Beynon-Whitela		Coffs Coast	19.11

**Girls U 10 - 60 Metre Hurdles (60cm)**

Zone: Z 10.90 1/12/1989 R. Doolan, Grafton			
Name	Age	Centre	Final
Section 1 Final			
1 Bonnie Malt		Urunga/Bellinger	12.43
2 Shayla Webb		Coffs Coast	12.46
3 Lilli Cummnngs		Coffs Coast	13.17

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
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**Results**

**....Girls U 10 - 60 Metre Hurdles (60cm)**

4	Cassandra Hill	Lismore	13.99
5	Gemma Barnes	Woolgoolga	14.42
6	Molly Cohen	Woolgoolga	15.43
7	Hannah Sharp	Nambucca & District	15.64
8	Breanna Gill	Nambucca & District	18.99

**Girls U 11 - 60 Metre Hurdles (60cm)**

=====			
Zone: Z 11.03 10/12/2011 A. Bradford, Ballina			
Name	Age	Centre	Final
=====			

Section 1

1	Elke Bowles	Coffs Coast	12.17
2	Jessica McKie	Lismore	12.83
3	Keira Williams	Coffs Coast	13.14
4	Aaliyah Hodnett-Daly	Nambucca & District	13.30
5	Charlotte Kearney	Nambucca & District	13.90
6	Jaye Everson	Coffs Coast	14.41
7	Emma Cox	Nambucca & District	14.41

**Girls U 12 - 60 Metre Hurdles (68cm)**

=====			
Zone: Z 10.50 1/12/1994 R. Harrigan, Coffs Harbour			
Name	Age	Centre	Final
=====			

1	Alyssa Jenkins	Coffs Coast	11.79
2	Anysia Blenkhorn	Ballina	11.83
3	Emily Gyory	Lower Clarence	12.68
4	Emily Kilpatrick	Coffs Coast	13.12

**Girls U 13 - 80 Metre Hurdles (76cm)**

=====			
Zone: Z 14.20 1/12/1994 V. Simmonds, Bellinger-Valley			
Name	Age	Centre	Final
=====			

1	Megan Harris	Ballina	17.03
2	Savannah Sproule	Coffs Coast	17.24
3	Nathalie Avery	Grafton	17.92
4	Whitney Stephens	Coffs Coast	20.42

**Girls U 14 - 80 Metre Hurdles (76cm)**

=====			
Zone: Z 13.30 1/12/2005 B. McCabe, Sawtell / Toormina			
Name	Age	Centre	Final
=====			

1	Sarah Hartsuyker	Coffs Coast	15.21
---	------------------	-------------	-------

**Girls U 15 - 90 Metre Hurdles (76cm)**

=====			
Zone: Z 14.10 1/12/2002 H. McCrae, Sawtell / Toormina			
Name	Age	Centre	Final
=====			

1	Mia Fisher	Coffs Coast	17.17
2	Megan Tillman	Grafton	17.81
3	Erica Tillman	Grafton	17.90
4	Allissa Tate	Coffs Coast	18.56

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
**EJ BIFFEN OVAL, NAMBUCCA HEADS**

**Results**

**Girls U 17 - 100 Metre Hurdles (76cm)**

Zone: Z 16.78 9/12/2011 L. Moye, Sawtell-Toormina			
Name	Age	Centre	Final
1 Jocelyn Pedrola		Nambucca & District	17.47
2 Katie Thorn		Coffs Coast	17.71
3 Hailey Duroux		Grafton	21.30

**Girls U 13 - 200 Metre Hurdles (68cm)**

Zone: Z 31.40 1/12/1999 A. Green, Grafton			
Name	Age	Centre	Final
1 Megan Harris		Ballina	33.75
2 Savannah Sproule		Coffs Coast	35.15
3 Ashley-Louise Sticker		Urunga/Bellinger	35.56
4 Amber Curtis		Lismore	36.16
5 Holly Pagulayan-McCabe		Urunga/Bellinger	36.53

**Girls U 14 - 200 Metre Hurdles (76cm)**

Zone: Z 31.30 1/12/1990 K. Jaye, Grafton			
Name	Age	Centre	Final
1 Sarah Hartsuyker		Coffs Coast	36.58
2 Jade Tapfield		Woolgoolga	39.97
3 Gemma Codrington		Lismore	41.56

**Girls U 15 - 200 Metre Hurdles (76cm)**

Zone: Z 29.20 1/12/1989 M. Gaudon, Grafton			
Name	Age	Centre	Final
1 Mia Fisher		Coffs Coast	32.76
2 Erica Tillman		Grafton	34.28
3 Megan Tillman		Grafton	34.62

**Girls U 17 - 200 Metre Hurdles (76cm)**

Zone: Z 29.42 14/12/2013 Lillie Moye, Coffs Coast			
Name	Age	Centre	Final
1 Katie Thorn		Coffs Coast	31.87
2 Grace Lewis		Ballina	32.72
3 Jocelyn Pedrola		Nambucca & District	34.96
4 Brooke Hodge		Ballina	35.74

**Girls U 9-12 4x100 Metre Relay (Jnr)**

Zone: Z 1:00.98 13/12/2015 Coffs Coast, Coffs Coast			
S Wheatley, S Webb, L McDonald, A Jenkins			
Centre			Final
1 Coffs Coast			1:00.98Z
1) Savarna Wheatley 9		2) Shayla Webb 10	
3) Laila McDonald 11		4) Alyssa Jenkins 12	
2 Ballina			1:05.71
1) Taylah McIntosh 9		2) Charlotte Gilliland 10	
3) Ruby Parker 12		4) Anysia Blenkhorn 12	

**ZONE TRACK & FIELD CHAMPIONSHIPS  
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EJ BIFFEN OVAL, NAMBUCCA HEADS  
Results**

**....Girls U 9-12 4x100 Metre Relay (Jnr)**

3 Lower Clarence	1:07.98
1) Maya Sutherland 9	2) Holly Sangster 11
3) Emily Gyory 12	4) Jorgi Jeffrey 9
4 Lismore	1:08.01
1) Ella Byrne 9	2) Cassandra Hill 10
3) Jessica McKie 11	4) Gabriella Hill 12
5 Nambucca & District	1:09.72
1) Allie Hancock 9	2) Charlee Woods 10
3) Aaliyah Hodnett-Daly 11	4) Crystal Wylie 12
6 Urunga/Bellinger Valley	1:24.51
1) Linsay Guest 9	2) Bonnie Malt 10
3) Hayley Pitkin 9	4) Harriet Pagulayan-McCabe 9

**Girls U 12-17 4x100 Metre Relay (Snr)**

=====  
 Zone: Z 56.11 13/12/2015 Coffs Coast, Coffs Coast  
 E Sanders, S Hartsuyker, E Conlan, K Thorn  
 Centre Final  
 =====

1 Coffs Coast	56.11Z
1) Elizabeth Sanders 13	2) Sarah Hartsuyker 14
3) Emily Conlan 15	4) Katie Thorn 17
2 Grafton	56.12
1) Krystal McMahon 12	2) Nathalie Avery 13
3) Megan Tillman 15	4) Hailey Duroux 17
3 Ballina	56.67
1) Megan Harris 13	2) Brooke Kinna 14
3) Stephanie Schultz 15	4) Grace Lewis 17
4 Lismore	1:02.21
1) Amber Curtis 13	2) Gemma Codrington 14
3) Jessica Clark 15	4) Jacinta Nicolas 15

**Girls U 9 - High Jump (S/H 0.80m)**

=====  
 Zone: Z 1.10m 1/12/1990 T. Cameron, Sawtell / Toormin  
 Name Age Centre Final  
 =====

Flight 1

1 Hayley Pitkin	Urunga/Bellinger	0.90m
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**Girls U 10 - High Jump (S/H 0.90m)**

=====  
 Zone: Z 1.25m 1/12/2005 N. Makings, Lismore  
 Name Age Centre Final  
 =====

1 Isabelle Johnson	Woolgoolga	1.08m
2 Jessica Harrison	Coffs Coast	1.05m
3 Lilli Cummnngs	Coffs Coast	0.95m

**Girls U 11 - High Jump (S/H 1.00m)**

=====  
 Zone: Z 1.40m 1/12/1990 M. Tucker, Coffs Harbour  
 Name Age Centre Final  
 =====

1 Keira Williams	Coffs Coast	1.30m
2 Jaye Everson	Coffs Coast	1.05m

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
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**Results**

**Girls U 12 - High Jump (S/H 1.10m)**

Zone: Z 1.52m 1/12/1991 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
1 Laini Casserly		Grafton	1.39m
1 Alexandra Harrison		Coffs Coast	1.39m
3 Jorgia Young		Coffs Coast	1.20m
4 Crystal Wylie		Nambucca & District	1.15m

**Girls U 13 - High Jump (S/H 1.15m)**

Zone: Z 1.51m 12/12/2015 Jesse Beresford, Woolgoolga			
Name	Age	Centre	Final
1 Jesse Beresford		Woolgoolga	1.51mZ
2 Amber Curtis		Lismore	1.45m
3 Savannah Sproule		Coffs Coast	1.40m
4 Ashley-Louise Sticker		Urunga/Bellinger	1.20m
5 Amisha Marican		Nambucca & District	1.15m
5 Holly Pagulayan-McCabe		Urunga/Bellinger	1.15m
-- Whitney Stephens		Coffs Coast	NH

**Girls U 14 - High Jump (S/H 1.20m)**

Zone: Z 1.60m 1/12/1996 T. Coddington, Bellinger			
Name	Age	Centre	Final
1 April Flaherty		Woolgoolga	1.39m
2 Gemma Codrington		Lismore	1.31m
2 Heather Orme		Glenreagh	1.31m
4 Jade Tapfield		Woolgoolga	1.20m

**Girls U 15 - High Jump (S/H 1.20m)**

Zone: Z 1.60m 1/12/1994 M. Tucker, Sawtell / Toormina			
Name	Age	Centre	Final
1 Erica Tillman		Grafton	1.55m
2 Megan Tillman		Grafton	1.50m
3 Allissa Tate		Coffs Coast	1.30m

**Girls U 17 - High Jump (S/H 1.25m)**

Zone: Z 1.50m 11/12/2011 S. Kerr, Lower Clarence			
Name	Age	Centre	Final
1 Renee Wood		Nambucca & District	1.30m

**Girls U 7 - Long Jump**

Zone: Z 2.97m 1/12/2000 L. Maranic, Coffs Harbour			
Name	Age	Centre	Final
1 Emma Kerr		Lower Clarence	2.48m
2 Amelia Harrison		Coffs Coast	2.05m
3 Jaani Gill		Coffs Coast	2.02m
4 Savannah Stephens		Coffs Coast	1.96m
5 Zoe Gill		Coffs Coast	1.79m



**ZONE TRACK & FIELD CHAMPIONSHIPS**  
**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
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**Results**

**Girls U 8 - Long Jump**

Zone: Z 3.43m 1/12/1993 K. Day, Casino			
Name	Age	Centre	Final
1 Allira Lisciotto		Coffs Coast	2.56m
2 Paige Jackson		Nambucca & District	2.53m
3 Holly Mansfield		Ballina	2.52m
4 Jenna Ros		Casino	2.41m
5 Fiona Holloway		Nambucca & District	2.32m
6 Nikki Andonov		Lismore	2.15m
7 Miah Engel		Coffs Coast	1.79m

**Girls U 9 - Long Jump**

Zone: Z 3.73m 1/12/2004 L. Prieser, Ballina			
Name	Age	Centre	Final
1 Allie Hancock		Nambucca & District	3.61m
2 Savarna Wheatley		Coffs Coast	3.34m
3 Ella Byrne		Lismore	3.11m
4 Angeline Codrington		Lismore	3.08m
5 Olivia Hayden		Evans Head	2.90m
6 Keira Phelps		Nambucca & District	2.84m
7 Heidi McClure		Evans Head	2.78m
8 Ava Hodnett-Daly		Nambucca & District	2.45m
9 Jacqueline Andonov		Lismore	2.00m

**Girls U 10 - Long Jump**

Zone: Z 3.94m 1/12/1990 A. Scott, Mullumbimby			
Name	Age	Centre	Final
1 Charlotte Gilliland		Ballina	3.41m
2 Summer Williams		Coffs Coast	3.41m
3 Shayla Webb		Coffs Coast	3.26m
4 Lilli Cummngs		Coffs Coast	3.22m
5 Gemma Barnes		Woolgoolga	3.20m
6 Jessica Harrison		Coffs Coast	3.14m
7 Jasmine Tibbett		Coffs Coast	3.09m
8 Cassandra Hill		Lismore	2.93m
9 Charlee Woods		Nambucca & District	2.88m
10 Hannah Sharp		Nambucca & District	2.69m
11 Ella-Ruth Beynon-Whitela		Coffs Coast	2.66m
12 Kayla Hilton		Nambucca & District	2.41m
13 Holly Blanch		Nambucca & District	2.29m

**Girls U 11 - Long Jump**

Zone: Z 4.35m 1/12/2000 L. Duncan, Nambucca			
Name	Age	Centre	Final
1 Kaleah Doherty		Coffs Coast	4.11m
2 Aaliyah Hodnett-Daly		Nambucca & District	3.14m
3 Tomika Orme		Glenreagh	2.80m

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
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**Girls U 12 - Long Jump**

Zone: Z 4.65m 12/12/2015 Faith Pittman, Casino			
Name	Age	Centre	Final
1 Faith Pittman		Casino	4.65mZ
2 Alyssa Jenkins		Coffs Coast	4.28m
3 Alexandra Harrison		Coffs Coast	4.26m
4 Krystal McMahan		Grafton	4.19m
5 Ruby Parker		Ballina	4.01m
6 Laini Casserly		Grafton	3.96m
7 Emily Gyory		Lower Clarence	3.81m
8 Anysia Blenkhorn		Ballina	3.67m
9 Sophie Walsh		Coffs Coast	3.51m
10 Emily Kilpatrick		Coffs Coast	3.43m
11 Gemma Keough		Coffs Coast	3.30m
12 Indigo Sharp		Nambucca & District	3.23m
13 Tiffany Brien		Lower Clarence	2.31m

**Girls U 13 - Long Jump**

Zone: Z 4.90m 1/12/2008 L. Prieser, Ballina			
Name	Age	Centre	Final
1 Amber Curtis		Lismore	4.29m
2 Amisha Marican		Nambucca & District	4.00m
3 Nathalie Avery		Grafton	3.96m
4 Megan Harris		Ballina	3.82m
5 Ashley-Louise Sticker		Urunga/Bellinger	3.70m
6 Mia Hayes		Ballina	3.69m
6 Holly Pagulayan-McCabe		Urunga/Bellinger	3.69m
8 Whitney Stephens		Coffs Coast	3.52m
9 Jessica Deans		Coffs Coast	3.15m
10 Paris Stadhams		Nambucca & District	3.09m
-- Elizabeth Sanders		Coffs Coast	FOUL

**Girls U 14 - Long Jump**

Zone: Z 5.17m 1/12/2001 L. Pirlo, Casino			
Name	Age	Centre	Final
1 Chelsea Williams		Coffs Coast	4.67m
2 Sarah Hartsuyker		Coffs Coast	4.14m
3 Alexa Foster		Coffs Coast	4.01m
4 Brooke Kinna		Ballina	3.70m
5 Heather Orme		Glenreagh	3.66m
6 Jade Tapfield		Woolgoolga	3.53m
7 Khetala Heuston		Ballina	3.35m

**Girls U 15 - Long Jump**

Zone: Z 5.17m 1/12/1994 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
1 Mia Fisher		Coffs Coast	4.65m
2 Erica Tillman		Grafton	4.54m
3 Lavinia Blenkhorn		Ballina	4.49m
4 Stephanie Schultz		Ballina	4.40m
5 Megan Tillman		Grafton	4.32m
6 Allissa Tate		Coffs Coast	4.26m

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**Results**

**....Girls U 15 - Long Jump**

7	Jessica Clark	Lismore	3.51m
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**Girls U 17 - Long Jump**

Zone: Z 5.02m 9/12/2011 Lillie Moye, Sawtell-Toormina			
Name	Age	Centre	Final
1	Katie Thorn	Coffs Coast	4.79m
2	Hailey Duroux	Grafton	4.08m
3	Renee Wood	Nambucca & District	4.05m
4	Sarah Lavender	Grafton	4.02m
5	Brooke Hodge	Ballina	3.98m

**Girls U 11 - Triple Jump**

Zone: Z 9.37m 1/12/1990 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
1	Laila McDonald	Coffs Coast	8.81m
2	Jessica McKie	Lismore	7.46m
3	Holly Sangster	Lower Clarence	7.04m

**Girls U 12 - Triple Jump**

Zone: Z 9.49m 1/12/1991 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
1	Faith Pittman	Casino	9.14m
2	Alexandra Harrison	Coffs Coast	8.79m
3	Anysia Blenkhorn	Ballina	8.66m
4	Gemma Keough	Coffs Coast	8.05m

**Girls U 13 - Triple Jump**

Zone: Z 10.36m 1/12/1992 M. Tucker, Coffs Harbour			
Name	Age	Centre	Final
1	Amber Curtis	Lismore	9.55m
2	Savannah Sproule	Coffs Coast	9.50m
3	Nathalie Avery	Grafton	8.78m
4	Mia Hayes	Ballina	8.08m
5	Whitney Stephens	Coffs Coast	7.75m
--	Elizabeth Sanders	Coffs Coast	FOUL

**Girls U 14 - Triple Jump**

Zone: Z 10.53m 13/12/2015 Chelsea Williams, Coffs Coas			
Name	Age	Centre	Final
1	Chelsea Williams	Coffs Coast	10.53mZ
2	Alexa Foster	Coffs Coast	8.79m
3	Heather Orme	Glenreagh	8.42m

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
**EJ BIFFEN OVAL, NAMBUCCA HEADS**  
**Results**

**Girls U 15 - Triple Jump**

Zone: Z 10.65m 10/12/2011 R. Rotumah, Nambucca			
Name	Age	Centre	Final
1 Erica Tillman		Grafton	10.53m
2 Mia Fisher		Coffs Coast	10.15m
3 Megan Tillman		Grafton	9.77m
4 Jacinta Nicolas		Lismore	9.43m
5 Lavinia Blenkhorn		Ballina	9.24m
6 Jessica Clark		Lismore	7.16m

**Girls U 17 - Triple Jump**

Zone: Z 11.15m 14/12/2013 Cori Hardy, Ballina			
Name	Age	Centre	Final
1 Katie Thorn		Coffs Coast	10.28m
2 Brooke Hodge		Ballina	9.19m
3 Hailey Duroux		Grafton	8.75m
4 Jocelyn Pedrola		Nambucca & District	8.56m
5 Renee Wood		Nambucca & District	8.44m

**Girls U 7 - Shot Put (1.0 Kg)**

Zone: Z 5.05m 1/12/1994 A. Johnson, Nambucca			
Name	Age	Centre	Final
1 Emma Kerr		Lower Clarence	4.14m
2 Savannah Stephens		Coffs Coast	2.94m
3 Amelia Harrison		Coffs Coast	2.93m
4 Jaani Gill		Coffs Coast	2.77m
5 Jordan Ferguson		Nambucca & District	2.28m
6 Zoe Gill		Coffs Coast	2.26m

**Girls U 8 - Shot Put (1.5 Kg)**

Zone: Z 6.15m 1/12/1997 R. O'Connor, Coffs Harbour			
Name	Age	Centre	Final
1 Tana Lowe		Lower Clarence	4.01m
2 Nikki Andonov		Lismore	3.75m
3 Allira Lisciotto		Coffs Coast	3.61m
4 Fiona Holloway		Nambucca & District	3.32m

**Girls U 9 - Shot Put (2.0 Kg)**

Zone: Z 6.02m 12/12/2015 India Walker, Nambucca			
Name	Age	Centre	Final
1 India Walker		Nambucca & District	6.02mZ
2 Helaina Lisciotto		Coffs Coast	5.54m
3 Jacqueline Andonov		Lismore	4.95m
4 Keira Phelps		Nambucca & District	4.71m
5 Olivia Hayden		Evans Head	4.53m
6 Lani Blunn		Evans Head	4.41m
7 Hayley Pitkin		Urunga/Bellinger	4.07m
8 Makaylah Cavanagh-Rose		Urunga/Bellinger	4.03m
9 Taylah McIntosh		Ballina	3.32m
10 Makayla Lamb		Nambucca & District	3.27m

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
**EJ BIFFEN OVAL, NAMBUCCA HEADS**  
**Results**

**....Girls U 9 - Shot Put (2.0 Kg)**

11 Samantha Little	Urunga/Bellinger	2.87m
11 Imogen Webb	Urunga/Bellinger	2.87m

**Girls U 10 - Shot Put (2.0 Kg)**

Zone: Z 7.53m 1/12/1991 K. Thompson, Coffs Harbour		
Name	Age Centre	Final
1 Holly Blanch	Nambucca & District	6.97m
2 Charlee Woods	Nambucca & District	6.19m
3 Izabelle Salway	Nambucca & District	4.90m
4 Isabelle Johnson	Woolgoolga	4.55m
5 Cassandra Hill	Lismore	4.47m
6 Breanna Gill	Nambucca & District	4.21m
7 Kayla Hilton	Nambucca & District	3.24m

**Girls U 11 - Shot Put (2.0 Kg)**

Zone: Z 9.04m 1/12/2003 B. Ainsworth, McLean		
Name	Age Centre	Final
1 Jessica McKie	Lismore	7.39m
2 Tomika Orme	Glenreagh	4.92m
3 Charlotte Kearney	Nambucca & District	4.64m

**Girls U 12 - Shot Put (2.0 Kg)**

Zone: Z 11.08m 1/12/1997 K. Meredith, Nambucca		
Name	Age Centre	Final
1 Zali Bourke	Lower Clarence	7.46m
2 Piper Moloney	Casino	6.56m
3 Tiffany Brien	Lower Clarence	6.49m

**Girls U 13 - Shot Put (3.0 Kg)**

Zone: Z 10.99m 1/12/2005 A. Jennings, Lismore		
Name	Age Centre	Final
1 Tessa Conlan	Coffs Coast	8.70m
2 Jessica Roche	Evans Head	6.07m

**Girls U 14 - Shot Put (3.0 Kg)**

Zone: Z 11.24m 1/12/2002 L. Patterson, Sawtell / Toor		
Name	Age Centre	Final
1 Jade Tapfield	Woolgoolga	8.61m
2 Alexa Foster	Coffs Coast	8.04m
3 Khetala Heuston	Ballina	6.51m
4 Sophia Pittman	Casino	6.24m

**Girls U 15 - Shot Put (3.0 Kg)**

Zone: Z 11.80m 1/12/2002 L. Patterson, Sawtell / Toor		
Name	Age Centre	Final
1 Emily Conlan	Coffs Coast	9.18m

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**....Girls U 15 - Shot Put (3.0 Kg)**

2 Jacinta Nicolas	Lismore	8.27m
3 Allissa Tate	Coffs Coast	8.01m
4 Fiona Martin	Coffs Coast	7.17m

**Girls U 17 - Shot Put (3.0 Kg)**

Zone: Z 12.06m 1/12/2009 R. Morris, Lismore			
Name	Age	Centre	Final
1 Renee Wood		Nambucca & District	10.28m

**Girls U 7 - Discus (350 Gram)**

Zone: Z 12.40m 1/12/2000 E. Newcombe, Urunga			
Name	Age	Centre	Final
1 Lily Lhuede		Nambucca & District	4.75m
2 Amelia Harrison		Coffs Coast	3.28m

**Girls U 8 - Discus (500 Gram)**

Zone: Z 16.74m 1/12/1997 R. O'Connor, Coffs Harbour			
Name	Age	Centre	Final
1 Tana Lowe		Lower Clarence	9.88m
2 Jordyn Howarth		Woolgoolga	9.17m
3 Nikki Andonov		Lismore	7.32m
4 Paige Jackson		Nambucca & District	6.47m
5 Miah Engel		Coffs Coast	5.32m

**Girls U 9 - Discus (500 Gram)**

Zone: Z 18.34m 1/12/2008 R. Woods, Nambucca			
Name	Age	Centre	Final
1 Lani Blunn		Evans Head	12.60m
2 Helaina Lisciotto		Coffs Coast	10.86m
3 Jacqueline Andonov		Lismore	9.53m
4 Ava Hodnett-Daly		Nambucca & District	9.47m
5 Heidi McClure		Evans Head	8.80m
6 Jorgi Jeffrey		Lower Clarence	7.22m
7 Linsay Guest		Urunga/Bellinger	6.26m

**Girls U 10 - Discus (500 Gram)**

Zone: Z 22.84m 1/12/1999 R. Shipman, Coffs Harbour			
Name	Age	Centre	Final
1 Charlee Woods		Nambucca & District	16.10m
2 Bonnie Malt		Urunga/Bellinger	13.84m
3 Ella-Ruth Beynon-Whitela		Coffs Coast	12.39m
4 Gemma Barnes		Woolgoolga	12.36m
5 Isabelle Salway		Nambucca & District	11.59m
6 Breanna Gill		Nambucca & District	10.96m
7 Holly Blanch		Nambucca & District	10.41m
8 Hannah Sharp		Nambucca & District	9.46m

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**Girls U 11 - Discus (750 Gram)**

Zone: Z 21.74m 1/12/2000 R. Shipman, Coffs Harbour			
Name	Age	Centre	Final
1 Holly Sangster		Lower Clarence	14.59m
2 Charlotte Kearney		Nambucca & District	13.08m
3 Tomika Orme		Glenreagh	11.50m

**Girls U 12 - Discus (750 Gram)**

Zone: Z 29.14m 1/12/1993 K. Thompson, Coffs Harbour			
Name	Age	Centre	Final
1 Zali Bourke		Lower Clarence	20.59m
2 Krystal McMahon		Grafton	15.52m
3 Emily Kilpatrick		Coffs Coast	15.47m
4 Tiffany Brien		Lower Clarence	12.38m
5 Piper Moloney		Casino	11.86m

**Girls U 13 - Discus (750 Gram)**

Zone: Z 32.24m 1/12/2005 A. Jennings, Lismore			
Name	Age	Centre	Final
1 Jessica Roche		Evans Head	20.41m
2 Tessa Conlan		Coffs Coast	19.99m
3 Whitney Stephens		Coffs Coast	13.57m

**Girls U 14 - Discus (1.0 Kg)**

Zone: Z 33.71m 1/12/2002 L. Patterson, Sawtell / Toor			
Name	Age	Centre	Final
1 Jade Tapfield		Woolgoolga	24.86m
2 Alexa Foster		Coffs Coast	23.50m
3 Sophia Pittman		Casino	17.44m
4 Heather Orme		Glenreagh	17.23m
5 Sarah Hartsuyker		Coffs Coast	15.95m
6 Khetala Heuston		Ballina	14.82m

**Girls U 15 - Discus (1.0 Kg)**

Zone: Z 33.06m 1/12/1994 L. Patterson, Sawtell / Toor			
Name	Age	Centre	Final
1 Emily Conlan		Coffs Coast	23.75m
2 Fiona Martin		Coffs Coast	21.24m
3 Allissa Tate		Coffs Coast	17.85m
4 Jessica Clark		Lismore	14.87m

**Girls U 17 - Discus (1.0 Kg)**

Zone: Z 37.38m 1/12/2009 R. Morris, Lismore			
Name	Age	Centre	Final
1 Renee Wood		Nambucca & District	20.16m

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**Girls U 11 - Javelin (400 Gram)**

Zone: Z 12.71m 12/12/2015 Keira Williams, Coffs Coast			
Name	Age	Centre	Final
1 Keira Williams		Coffs Coast	12.71mZ
2 Tomika Orme		Glenreagh	6.31m

**Girls U 12 - Javelin (400 Gram)**

Zone: Z 15.35m 12/12/2015 Alexandra Harrison, Coffs Co			
Name	Age	Centre	Final
1 Alexandra Harrison		Coffs Coast	15.35mZ
2 Zali Bourke		Lower Clarence	13.87m
3 Piper Moloney		Casino	11.63m
4 Tiffany Brien		Lower Clarence	9.56m

**Girls U 13 - Javelin (400 Gram)**

Zone: Z 29.12m 9/12/2011 Bridgette Ward, Sawtell-Toor			
Name	Age	Centre	Final
1 Tessa Conlan		Coffs Coast	27.26m
2 Amber Curtis		Lismore	17.38m
3 Whitney Stephens		Coffs Coast	11.90m
4 Jessica Roche		Evans Head	11.40m

**Girls U 14 - Javelin (400 Gram)**

Zone: Z 30.64m 12/12/2015 Jade Tapfield, Woolgoolga			
Name	Age	Centre	Final
1 Jade Tapfield		Woolgoolga	30.64mZ
2 Alexa Foster		Coffs Coast	23.60m
3 Sophia Pittman		Casino	16.59m
4 Gemma Codrington		Lismore	15.61m
5 Heather Orme		Glenreagh	13.37m

**Girls U 15 - Javelin (500 Gram)**

Zone: Z 29.20m 1/12/2005 L. Robson, Sawtell / Toormin			
Name	Age	Centre	Final
1 Megan Tillman		Grafton	25.06m
2 Stephanie Schultz		Ballina	22.45m
3 Lavinia Blenkhorn		Ballina	22.39m
4 Erica Tillman		Grafton	20.93m
5 Emily Conlan		Coffs Coast	18.89m
6 Fiona Martin		Coffs Coast	16.56m

**Girls U 17 - Javelin (500 Gram)**

Zone: Z 34.09m 8/12/2011 Levi Brown, Lismore			
Name	Age	Centre	Final
1 Jocelyn Pedrola		Nambucca & District	24.68m
2 Renee Wood		Nambucca & District	22.50m



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**Girls U 9 - 700 Metre Walk**

=====  
 Zone: Z 4:21.10 1/12/2008 B. Knight, Sawtell / Toormi  
 Name Age Centre Final  
 =====

## Section 1

1 Taylah McIntosh	Ballina	6:00.32
2 Lani Blunn	Evans Head	6:02.75
3 Makayla Lamb	Nambucca & District	6:02.77

**Girls U 10 - 1100 Metre Walk**

=====  
 Zone: Z 6:53.80 1/12/2002 C. Attwater, Grafton  
 Name Age Centre Final  
 =====

1 Cassandra Hill	Lismore	7:42.96
2 Skye Birkett	Woolgoolga	7:53.40
3 Jessica Harrison	Coffs Coast	8:39.37

**Girls U 11 - 1100 Metre Walk**

=====  
 Zone: Z 6:30.60 1/12/2005 K. Knight, Coff Harbour  
 Name Age Centre Final  
 =====

1 Jaye Everson	Coffs Coast	8:32.65
2 Gabrielle Bowles	Coffs Coast	8:38.84

**Girls U 12 - 1500 Metre Walk**

=====  
 Zone: Z 8:39.34 13/12/2015 Gabriella Hill, Lismore  
 Name Age Centre Final  
 =====

1 Gabriella Hill	Lismore	8:39.34Z
2 Ruby Parker	Ballina	11:46.91
3 Piper Moloney	Casino	12:14.75
4 Zali Bourke	Lower Clarence	14:21.13

**Girls U 15 - 1500 Metre Walk**

=====  
 Zone: Z 7:29.90 1/12/2008 S. Deam, Sawtell / Toormina  
 Name Age Centre Final  
 =====

1 Fiona Martin	Coffs Coast	8:54.50
2 Jacinta Nicolas	Lismore	9:19.30
3 Stephanie Schultz	Ballina	9:43.09
4 Lavinia Blenkhorn	Ballina	9:54.88

**Girls U 17 - 1500 Metre Walk**

=====  
 Zone: Z 7:27.13 9/12/2011 Jayde Hill, Nambucca Distri  
 Name Age Centre Final  
 =====

1 Ashley Naylor	Nambucca & District	10:33.13
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**Boys U 7 - 50 Metre Sprint**

=====  
 Zone: Z 8.80 1/12/2008 J. Guy, Sawtell / Toormina  
 Name Age Centre Final  
 =====

1 Cooper Monaghan	Casino	10.28
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**ZONE TRACK & FIELD CHAMPIONSHIPS**  
**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
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**....Boys U 7 - 50 Metre Sprint**

2	Joseph Birkett	Woolgoolga	10.34
3	Cooper Seccombe	Coffs Coast	11.22
4	Dominic Cohn	Woolgoolga	11.60

**Boys U 7 - 70 Metre Sprint**

Zone: Z 11.90 1/12/1991 J. Wilson, Coffs Harbour			
Name	Age	Centre	Final
1	Alexander Doherty	Lower Clarence	13.39
2	Luke Earnshaw	Urunga/Bellinger	14.13
3	Joseph Birkett	Woolgoolga	14.34
4	Cooper Seccombe	Coffs Coast	14.56
5	Blake Staines	Coffs Coast	16.75

**Boys U 8 - 70 Metre Sprint**

Zone: Z 11.99 9/12/2011 Cayden Close, Sawtell-Toormin			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Samuel Carswell	Coffs Coast	12.33q
2	Arthur Gill	Nambucca & District	13.36q
3	Sonny Colyer	Coffs Coast	13.58q
4	William Bennett	Woolgoolga	13.87q
Heat 2 Heats			
1	Michael Bullpitt	Lismore	12.79q
2	Tyrell Dootson	Coffs Coast	13.10q
3	Jaxon White	Nambucca & District	13.50q
4	Oslo Harradine	Lower Clarence	13.89q
5	Connor Corbett	Nambucca & District	13.99

**Boys U 8 - 70 Metre Sprint**

Zone: Z 11.99 9/12/2011 Cayden Close, Sawtell-Toormin			
Name	Age	Centre	Final
Section 1 Final			
1	Samuel Carswell	Coffs Coast	12.18
2	Michael Bullpitt	Lismore	12.83
3	Tyrell Dootson	Coffs Coast	12.90
4	Jaxon White	Nambucca & District	13.22
5	Arthur Gill	Nambucca & District	13.38
6	William Bennett	Woolgoolga	13.79
7	Oslo Harradine	Lower Clarence	14.09
8	Sonny Colyer	Coffs Coast	14.10

**Boys U 9 - 70 Metre Sprint**

Zone: Z 10.60 1/12/1999 A. Burns, Coffs Harbour			
Name	Age	Centre	Final
Section 1			
1	George Cummings	Coffs Coast	11.77
2	Liam Ball	Coffs Coast	12.50
3	Leo Iggulden	Coffs Coast	12.89
4	Tristian Staines	Coffs Coast	13.09
5	Cash Howarth	Woolgoolga	13.73

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**....Boys U 9 - 70 Metre Sprint**

6 Tate Ferguson	Nambucca & District	14.57
7 Shaman Pittman	Casino	15.38

**Boys U 10 - 70 Metre Sprint**

Zone: Z 10.20 1/12/2001 J. Pefferkon, Nambucca			
Name	Age	Centre	Final
1 Ben Keough		Coffs Coast	10.79
2 Zane Lowe		Lower Clarence	12.10
3 Zack Roche		Evans Head	12.17
4 Caleb Jackson		Nambucca & District	12.28

**Boys U 7 - 100 Metre Sprint**

Zone: Z 16.70 1/12/2008 J. Guy, Sawtell / Toormina			
Name	Age	Centre	Final
1 Alexander Doherty		Lower Clarence	18.58
2 Joseph Birkett		Woolgoolga	20.35
3 Skeet McMahon		Urunga/Bellinger	20.39
4 Riley Burgess		Woolgoolga	20.89
5 Dominic Cohn		Woolgoolga	22.07

**Boys U 8 - 100 Metre Sprint**

Zone: Z 11.70 1/12/1994 B. Johnson, Nambucca			
Name	Age	Centre	Final
1 Samuel Carswell		Coffs Coast	17.61
2 Tyrell Dootson		Coffs Coast	18.46
3 Jaxon White		Nambucca & District	18.55
4 Arthur Gill		Nambucca & District	18.68
5 Sonny Colyer		Coffs Coast	19.26
6 Bayley Cavanagh-Rose		Urunga/Bellinger	19.76
7 Ryan Lloyd		Lower Clarence	21.05

**Boys U 9 - 100 Metre Sprint**

Zone: Z 14.50 1/12/2008 A. Wallace, Sawtell / Toormin			
Name	Age	Centre	Heats
Heat 1 Heats			
1 George Cummings		Coffs Coast	16.74q
2 Christian Sanders		Coffs Coast	17.54q
3 Landan Laws		Coffs Coast	19.94q
4 Shaman Pittman		Casino	20.79q
5 Tate Ferguson		Nambucca & District	20.87
Heat 2 Heats			
1 Josh Upsall		Coffs Coast	16.32q
2 Logan Lacey		Coffs Coast	16.38q
3 Heaton Lloyd		Lower Clarence	17.25q
4 Liam Ball		Coffs Coast	17.32q

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
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**Results**

**Boys U 9 - 100 Metre Sprint**

Zone: Z 14.50 1/12/2008 A. Wallace, Sawtell / Toormin			
Name	Age	Centre	Final
Section 1 Final			
1 George Cummings		Coffs Coast	16.41
2 Josh Upsall		Coffs Coast	16.45
3 Logan Lacey		Coffs Coast	16.54
4 Heaton Lloyd		Lower Clarence	17.33
5 Christian Sanders		Coffs Coast	17.76
6 Liam Ball		Coffs Coast	17.83
7 Landan Laws		Coffs Coast	19.72
8 Shaman Pittman		Casino	21.58

**Boys U 10 - 100 Metre Sprint**

Zone: Z 13.80 1/12/2001 A. Kappen, McLean			
Name	Age	Centre	Final
Section 1			
1 Ben Keough		Coffs Coast	15.17
2 Caleb Jackson		Nambucca & District	17.36
3 Zack Roche		Evans Head	17.63
4 Angus Holloway		Nambucca & District	17.82

**Boys U 11 - 100 Metre Sprint**

Zone: Z 13.80 1/12/1989 S. Tuxford, Coffs Harbour			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ptolemy Horan		Coffs Coast	14.92q
2 Cayden Close		Coffs Coast	15.02q
3 Elias Blenkhorn		Ballina	15.99q
4 Noah Glavocih		Ballina	16.25q
5 Mitchell Summers-Whalley		Nambucca & District	17.16q
6 Reid Stephens		Coffs Coast	17.27q
Heat 2 Heats			
1 Mason Woods		Coffs Coast	15.60q
2 Lewis Pagulayan-McCabe		Urunga/Bellinger	17.13q
3 Andrew Clark		Lismore	17.49
4 Nathan Pade		Urunga/Bellinger	17.85

**Boys U 11 - 100 Metre Sprint**

Zone: Z 13.80 1/12/1989 S. Tuxford, Coffs Harbour			
Name	Age	Centre	Final
Section 1 Final			
1 Cayden Close		Coffs Coast	14.66
2 Ptolemy Horan		Coffs Coast	14.75
3 Mason Woods		Coffs Coast	15.39
4 Elias Blenkhorn		Ballina	15.84
5 Noah Glavocih		Ballina	16.52
6 Lewis Pagulayan-McCabe		Urunga/Bellinger	16.91
7 Reid Stephens		Coffs Coast	16.97
8 Mitchell Summers-Whalley		Nambucca & District	17.06

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**Boys U 12 - 100 Metre Sprint**

Zone: Z 13.00 1/12/1997 Ri Williams, Urunga			
Name	Age	Centre	Final
Section 1			
1 Joven Walker		Nambucca & District	13.81
2 Jack Ros		Casino	14.95
3 Harry Ward		Coffs Coast	15.06
4 Desmond Ferguson		Ballina	15.49
5 Jarrett Power-Casson		Lower Clarence	15.52
6 Charlie Greenhalgh		Woolgoolga	16.39
7 Sam Essery		Lismore	19.10

**Boys U 13 - 100 Metre Sprint**

Zone: Z 12.60 1/12/1995 B. Rose, Bellingen			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Malaki Ferguson		Ballina	14.27q
2 Jayden Thomson		Ballina	14.46q
3 Hunter Churchwell		Coffs Coast	15.00q
4 Isaac Malt		Urunga/Bellinger	15.37q
5 Jack McIntosh		Ballina	16.11
Heat 2 Heats			
1 Rowan Mansfield		Ballina	13.22q
2 Michael Spinoglio		Coffs Coast	14.17q
3 Nathan Zawadzki		Coffs Coast	14.42q
4 Kai Mildren		Woolgoolga	15.36q
5 Quinnlan Boyce		Grafton	15.39

**Boys U 13 - 100 Metre Sprint**

Zone: Z 12.60 1/12/1995 B. Rose, Bellingen			
Name	Age	Centre	Final
Section 1 Final			
1 Rowan Mansfield		Ballina	13.57
2 Michael Spinoglio		Coffs Coast	14.27
3 Malaki Ferguson		Ballina	14.43
4 Nathan Zawadzki		Coffs Coast	14.66
5 Jayden Thomson		Ballina	14.80
6 Hunter Churchwell		Coffs Coast	15.34
7 Kai Mildren		Woolgoolga	15.68
8 Isaac Malt		Urunga/Bellinger	15.69

**Boys U 14 - 100 Metre Sprint**

Zone: Z 12.64 8/12/2011 Andrew Durrington, Grafton			
Name	Age	Centre	Final
Section 1			
1 Declan Moran		Lower Clarence	13.33
2 Tyler Glavocih		Ballina	13.47
3 Jayden Glackin		Lower Clarence	13.67
4 Campbell Harvey		Lismore	14.95

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**Boys U 15 - 100 Metre Sprint**

Zone: Z 11.70 1/12/2008 J. Chant, Sawtell / Toormina			
Name	Age	Centre	Final
1 Damien Duroux		Grafton	12.38
2 Isaac Hodnett-Daly		Nambucca & District	12.64
3 Luke Allen		Lismore	12.72
4 Oscar Churchwell		Coffs Coast	12.85
5 Nick Essery		Lismore	13.38
6 Roan Beucker		Lismore	16.31

**Boys U 17 - 100 Metre Sprint**

Zone: Z 11.50 1/12/2008 R. Lenihan, Sawtell / Toormin			
Name	Age	Centre	Final
1 Jack Churchwell		Coffs Coast	12.13
2 Liam Bloomer		Grafton	12.45
3 Kyle Mcilveen		Grafton	13.00
4 Tom Fogarty		Woolgoolga	13.38

**Boys U 7 - 200 Metre Sprint**

Zone: Z 37.10 1/12/2008 B. Kernaghan, Ballina			
Name	Age	Centre	Final
1 Liam Bonham		Coffs Coast	44.75
2 Luke Earnshaw		Urunga/Bellinger	45.63
3 Joseph Birkett		Woolgoolga	45.64

**Boys U 8 - 200 Metre Sprint**

Zone: Z 32.60 1/12/1990 M. Wills, Sawtell / Toormina			
Name	Age	Centre	Final
1 Tyrell Dootson		Coffs Coast	40.78
2 Michael Bullpitt		Lismore	41.86
3 Cooper Moore`		Coffs Coast	42.46
4 Sonny Colyer		Coffs Coast	44.26
5 William Bennett		Woolgoolga	44.30
6 Kodie Hilton		Nambucca & District	46.38

**Boys U 9 - 200 Metre Sprint**

Zone: Z 30.20 1/12/2002 B. Smith, Ballina			
Name	Age	Centre	Final
1 Zachary Wilson		Coffs Coast	34.46
2 Logan Lacey		Coffs Coast	35.03
3 George Cummings		Coffs Coast	35.05
4 Josh Upsall		Coffs Coast	35.10
5 Liam Ball		Coffs Coast	37.26
6 Tristian Staines		Coffs Coast	41.44

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**Boys U 10 - 200 Metre Sprint**

Zone: Z 29.70 1/12/2002 J. Fischer, McLean			
Name	Age	Centre	Final
1 Joshua Monaghan		Nambucca & District	37.94
2 Zane Lowe		Lower Clarence	38.09

**Boys U 11 - 200 Metre Sprint**

Zone: Z 28.50 1/12/2011 B. Hunt, Ballina			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Noah Glavocih		Ballina	35.24q
2 Kele Jeffrey		Lower Clarence	36.00q
3 Lewis Pagulayan-McCabe		Urunga/Bellinger	36.31q
4 Kayne Pacey		Lower Clarence	44.27
Heat 2 Heats			
1 Ptolemy Horan		Coffs Coast	31.40q
2 Cayden Close		Coffs Coast	31.89q
3 Mason Woods		Coffs Coast	32.62q
4 Elias Blenkhorn		Ballina	35.72q
5 Daniel Lavender		Grafton	37.64q

**Boys U 11 - 200 Metre Sprint**

Zone: Z 28.50 1/12/2011 B. Hunt, Ballina			
Name	Age	Centre	Final
Section 1 Final			
1 Ptolemy Horan		Coffs Coast	31.93
2 Cayden Close		Coffs Coast	32.58
3 Mason Woods		Coffs Coast	33.98
4 Elias Blenkhorn		Ballina	35.16
5 Noah Glavocih		Ballina	35.51
6 Lewis Pagulayan-McCabe		Urunga/Bellinger	35.84
7 Kele Jeffrey		Lower Clarence	36.12
8 Daniel Lavender		Grafton	41.43

**Boys U 12 - 200 Metre Sprint**

Zone: Z 27.40 1/12/1994 D. Rose, Bellinger Valley			
Name	Age	Centre	Final
Section 1			
1 Joven Walker		Nambucca & District	30.10
2 Campbell Booth		Ballina	33.94
3 Zac Pacey		Lower Clarence	34.20

**Boys U 13 - 200 Metre Sprint**

Zone: Z 25.50 1/12/1996 D. Garbin, Grafton			
Name	Age	Centre	Final
1 Rowan Mansfield		Ballina	28.05
2 Nathan Zawadzki		Coffs Coast	29.89
3 Michael Spinoglio		Coffs Coast	30.06
4 Calvin Brown		Lismore	30.37
5 Jayden Thomson		Ballina	30.45

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
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**Results**

**....Boys U 13 - 200 Metre Sprint**

6 Hunter Churchwell	Coffs Coast	30.98
7 Elijah Thorn	Coffs Coast	33.13

**Boys U 14 - 200 Metre Sprint**

Zone: Z 24.90 1/12/2008 R. Cole, Sawtell / Toormina			
Name	Age	Centre	Final
1 Tyler Glavocih		Ballina	29.01
2 Nicholas Lavender		Grafton	31.97

**Boys U 15 - 200 Metre Sprint**

Zone: Z 23.90 1/12/1994 J. Farmer, Coffs Harbour			
Name	Age	Centre	Final
1 Damien Duroux		Grafton	26.56
2 Isaac Hodnett-Daly		Nambucca & District	26.93
3 Luke Allen		Lismore	27.87
4 Nick Essery		Lismore	30.42
5 Roan Beucker		Lismore	30.92

**Boys U 17 - 200 Metre Sprint**

Zone: Z 23.60 11/12/2012 J. Chevalley, Grafton			
Name	Age	Centre	Final
1 Hugh Churchwell		Coffs Coast	26.01
2 Liam Bloomer		Grafton	26.74
3 Tom Fogarty		Woolgoolga	28.30
4 Riley Bartlett		Nambucca & District	32.35

**Boys U 8 - 400 Metre Sprint**

Zone: Z 1:15.40 1/12/1994 J. Gava, Casino			
Name	Age	Centre	Final
1 Cooper Moore`		Coffs Coast	1:27.90
2 Oslo Harradine		Lower Clarence	1:35.32
3 Bayley Cavanagh-Rose		Urunga/Bellinger	1:37.10
4 Sonny Colyer		Coffs Coast	1:39.24
5 Ryan Lloyd		Lower Clarence	1:54.76

**Boys U 9 - 400 Metre Sprint**

Zone: Z 1:11.60 1/12/1990 M. Wills, Sawtell / Toormin			
Name	Age	Centre	Final
1 Liam Ball		Coffs Coast	1:21.68
2 Ryan Bonham		Coffs Coast	1:23.93
3 Heaton Lloyd		Lower Clarence	1:30.78
4 Ryan Monaghan		Casino	1:34.78
5 Cash Howarth		Woolgoolga	1:37.64
6 Aiden Beynon-Whitelaw		Coffs Coast	1:54.91



**ZONE TRACK & FIELD CHAMPIONSHIPS**  
**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
**EJ BIFFEN OVAL, NAMBUCCA HEADS**  
**Results**

**Boys U 10 - 400 Metre Sprint**

Zone: Z 1:08.70 1/12/2002 J. Duncan, Sawtell / Toormi			
Name	Age	Centre	Final
1 Lewis Parker		Ballina	1:21.34
2 Joshua Monaghan		Nambucca & District	1:24.11

**Boys U 11 - 400 Metre Sprint**

Zone: Z 1:05.80 1/12/1999 R. Ibbott, Grafton			
Name	Age	Centre	Final
1 Max Iggulden		Coffs Coast	1:11.14
2 Mason Woods		Coffs Coast	1:13.73
3 Kele Jeffrey		Lower Clarence	1:13.98
4 Djuan Pawson		Lismore	1:15.94
5 Mitchell Summers-Whalley		Nambucca & District	1:20.17

**Boys U 12 - 400 Metre Sprint**

Zone: Z 1:06.50 1/12/2005 M. Payne, Lismore			
Name	Age	Centre	Final
1 Toby Mumford		Ballina	1:23.14
2 Shannon Pade		Urunga/Bellinger	1:30.62
3 Caleb Knobloch		Urunga/Bellinger	1:42.62

**Boys U 13 - 400 Metre Sprint**

Zone: Z 59.40 1/12/1996 D. Garbin, Grafton			
Name	Age	Centre	Final
1 Calvin Brown		Lismore	1:04.39
2 Hunter Churchwell		Coffs Coast	1:06.06
3 Nathan Zawadzki		Coffs Coast	1:08.40
4 Quinnlan Boyce		Grafton	1:12.14
5 Kai Mildren		Woolgoolga	1:12.37

**Boys U 14 - 400 Metre Sprint**

Zone: Z 57.50 1/12/2008 R. Cole, Sawtell / Toormina			
Name	Age	Centre	Final
1 Lachlan Mumford		Ballina	1:02.79
2 Tyler Glavocih		Ballina	1:11.58

**Boys U 15 - 400 Metre Sprint**

Zone: Z 54.60 1/12/1996 A. Antonioli, Casino			
Name	Age	Centre	Final
1 Oscar Churchwell		Coffs Coast	58.61
2 Roan Beucker		Lismore	1:05.93
3 Isaac Hodnett-Daly		Nambucca & District	1:10.89

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
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**Results**

**Boys U 17 - 400 Metre Sprint**

Zone: Z 53.58 8/12/2011 Toby McCann, Woolgoolga			
Name	Age	Centre	Final
1 Jack Churchwell		Coffs Coast	54.13
2 Hugh Churchwell		Coffs Coast	55.64
3 Jonathon Gusman		Coffs Coast	57.70
4 Jacob Pedrola		Nambucca & District	59.44
5 Jesse Vincent-Ellis		Nambucca & District	1:08.70
6 Riley Bartlett		Nambucca & District	1:09.72

**Boys U 7 - 500 Metre Run Pack Start**

Zone: Z 2:06.77 12/12/2015 Liam Bonham, Coffs Coast			
Name	Age	Centre	Final
1 Liam Bonham		Coffs Coast	2:06.77Z
2 Cooper Monaghan		Casino	2:16.83
3 Riley Burgess		Woolgoolga	2:31.81

**Boys U 8 - 700 Metre Run Pack Start**

Zone: Z 2:39.65 13/12/2015 Cooper Moore`, Coffs Coast			
Name	Age	Centre	Final
1 Cooper Moore`		Coffs Coast	2:39.65Z
2 Michael Bullpitt		Lismore	2:52.41
3 William Bennett		Woolgoolga	3:10.47
4 Kodie Hilton		Nambucca & District	3:24.05

**Boys U 9 - 800 Metre Run**

Zone: Z 2:47.28 1/12/2009 J. Mumford, Ballina			
Name	Age	Centre	Final
1 Zachary Wilson		Coffs Coast	2:55.70
2 Tristian Staines		Coffs Coast	3:02.86
3 Ryan Bonham		Coffs Coast	3:07.01
4 Christian Sanders		Coffs Coast	3:14.19
5 Malachi Canning		Lismore	3:29.14
6 Ryan Monaghan		Casino	3:45.96

**Boys U 10 - 800 Metre Run**

Zone: Z 2:42.70 1/12/1990 D. Bryant, Coffs Harbour			
Name	Age	Centre	Final
1 Lewis Parker		Ballina	2:58.36
2 Joshua Monaghan		Nambucca & District	3:11.38
3 Zane Lowe		Lower Clarence	3:18.72

**Boys U 11 - 800 Metre Run**

Zone: Z 2:33.10 1/12/1999 R. Ibbott, Grafton			
Name	Age	Centre	Final
1 Harrison Colyer		Coffs Coast	2:33.16
2 Kyan Upsall		Coffs Coast	2:42.90
3 Kele Jeffrey		Lower Clarence	2:44.07

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
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**Results**

**....Boys U 11 - 800 Metre Run**

4 Max Iggulden	Coffs Coast	2:44.17
5 Ptolemy Horan	Coffs Coast	2:49.73
6 Djuan Pawson	Lismore	2:54.63
7 Mitchell Summers-Whalley	Nambucca & District	2:59.64
8 Riley Dagger	Coffs Coast	3:09.35
9 Reid Stephens	Coffs Coast	3:15.14
10 Dylan Bonham	Coffs Coast	3:28.18

**Boys U 12 - 800 Metre Run**

Zone: Z 2:25.10 1/12/2005 M. Payne, Lismore

Name	Age Centre	Final
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1 Toby Mumford	Ballina	2:49.65
2 Zac Pacey	Lower Clarence	2:55.82

**Boys U 13 - 800 Metre Run**

Zone: Z 2:20.20 1/12/2000 S. Simpson, Woolgoolga

Name	Age Centre	Final
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1 Calvin Brown	Lismore	2:33.88
2 Charlie Naylor	Nambucca & District	2:38.85
3 Hunter Churchwell	Coffs Coast	2:39.31
4 Elijah Thorn	Coffs Coast	2:55.93
5 Jack McIntosh	Ballina	3:11.34
6 Axel James	Nambucca & District	3:45.27

**Boys U 14 - 800 Metre Run**

Zone: Z 2:21.82 13/12/2015 Lachlan Mumford, Ballina

Name	Age Centre	Final
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1 Lachlan Mumford	Ballina	2:21.82Z
2 Ben Burridge	Coffs Coast	2:31.07
3 Nicholas Lavender	Grafton	2:54.47

**Boys U 15 - 800 Metre Run**

Zone: Z 2:10.10 1/12/2001 C. Bruihmsma, Bellingen

Name	Age Centre	Final
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1 Joshua Mumford	Ballina	2:12.32
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**Boys U 17 - 800 Metre Run**

Zone: Z 2:06.49 13/12/2015 Jonathon Gusman, Coffs Coas

Name	Age Centre	Final
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1 Jonathon Gusman	Coffs Coast	2:06.49Z
2 Hugh Churchwell	Coffs Coast	2:07.08
3 Jacob Pedrola	Nambucca & District	2:28.50

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
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**Results**

**Boys U 10 - 1500 Metre Run**

Zone: Z 5:27.50 1/12/1990 D. Bryant, Coffs Harbour			
Name	Age	Centre	Final
1 Lewis Parker		Ballina	5:47.84

**Boys U 11 - 1500 Metre Run**

Zone: Z 5:01.98 12/12/2015 Harrison Colyer, Coffs Coas			
Name	Age	Centre	Final
1 Harrison Colyer		Coffs Coast	5:01.98Z
2 Kyan Upsall		Coffs Coast	5:29.03
3 Kele Jeffrey		Lower Clarence	5:29.67
4 Djuan Pawson		Lismore	5:41.63
5 Riley Dagger		Coffs Coast	6:20.63
6 Dylan Bonham		Coffs Coast	6:40.63

**Boys U 12 - 1500 Metre Run**

Zone: Z 4:59.80 1/12/1994 A. Myers, Coffs Harbour			
Name	Age	Centre	Final
1 Toby Mumford		Ballina	5:46.13
2 Zac Pacey		Lower Clarence	6:04.97
3 Caleb Knobloch		Urunga/Bellinger	7:36.59

**Boys U 13 - 1500 Metre Run**

Zone: Z 4:49.70 1/12/2002 C. Fitzpatrick, Coffs Harbo			
Name	Age	Centre	Final
1 Peter Cohen		Woolgoolga	5:14.69
2 Charlie Naylor		Nambucca & District	5:32.44
3 Sean Nicolas		Lismore	5:39.51
4 Daniel Clark		Lismore	6:03.97

**Boys U 14 - 1500 Metre Run**

Zone: Z 4:41.60 1/12/1995 M. Wills, Sawtell / Toormin			
Name	Age	Centre	Final
1 Lachlan Mumford		Ballina	4:53.86
2 Ben Burridge		Coffs Coast	4:59.92

**Boys U 15 - 1500 Metre Run**

Zone: Z 4:35.87 12/12/2015 Joshua Mumford, Ballina			
Name	Age	Centre	Final
1 Joshua Mumford		Ballina	4:35.87Z

**Boys U 17 - 1500 Metre Run**

Zone: Z 4:28.41 10/12/2011 M. Berrington, Sawtell-Toor			
Name	Age	Centre	Final
1 Jonathon Gusman		Coffs Coast	4:32.83
2 Isaiah Koopmans		Woolgoolga	4:35.23

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
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**Results**

**....Boys U 17 - 1500 Metre Run**

3 Hugh Churchwell	Coffs Coast	4:46.68
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**Boys U 13 - 3000 Metre Run**

Zone: Z 10:44.47 8/12/2011 Josh Guy, Sawtell-Toormina		
Name	Age Centre	Final
1 Peter Cohen	Woolgoolga	11:35.00
2 Daniel Clark	Lismore	13:34.72

**Boys U 14 - 3000 Metre Run**

Zone: Z 10:32.10 1/12/1995 C. Iddles, Woolgoolga		
Name	Age Centre	Final
1 Lachlan Mumford	Ballina	10:52.03
2 Ben Burridge	Coffs Coast	10:56.75

**Boys U 15 - 3000 Metre Run**

Zone: Z 9:55.47 8/12/2011 Jai Lyons, Sawtell-Toormina		
Name	Age Centre	Final
1 Joshua Mumford	Ballina	10:05.77

**Boys U 17 - 3000 Metre Run**

Zone: Z 9:57.15 8/12/2011 Luke Tarrant, Sawtell-Toorm		
Name	Age Centre	Final
1 Isaiah Koopmans	Woolgoolga	10:02.46
2 Jonathon Gusman	Coffs Coast	10:44.03

**Boys U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 11.80 1/12/1997 B. Weick, Bellinger Valley		
Name	Age Centre	Final
1 Samuel Carswell	Coffs Coast	12.58
2 Tyrell Dootson	Coffs Coast	13.45
3 Bayley Cavanagh-Rose	Urunga/Bellinger	13.84
4 Connor Corbett	Nambucca & District	13.96
5 Malcome Goltz	Lismore	13.97
6 Ryan Lloyd	Lower Clarence	15.61

**Boys U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 10.60 1/12/2008 A. Wallace, Sawtell Toormina		
Name	Age Centre	Heats
Heat 1 Heats		
1 Josh Upsall	Coffs Coast	11.87q
2 George Cummings	Coffs Coast	11.91q
3 Heaton Lloyd	Lower Clarence	13.45q
4 Aiden Beynon-Whitelaw	Coffs Coast	17.86q
Heat 2 Heats		
1 Logan Lacey	Coffs Coast	11.99q
2 Leo Iggulden	Coffs Coast	12.01q

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
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**....Boys U 9 - 60 Metre Hurdles (45cm)**

3 Landan Laws	Coffs Coast	13.87q
4 Tate Ferguson	Nambucca & District	16.25q

**Boys U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 10.60 1/12/2008 A. Wallace, Sawtell Toormina  
 Name Age Centre Final

## Section 1 Final

1 Logan Lacey	Coffs Coast	11.68
2 Josh Upsall	Coffs Coast	11.72
3 Leo Iggulden	Coffs Coast	11.85
4 George Cummings	Coffs Coast	11.85
5 Heaton Lloyd	Lower Clarence	13.08
6 Landan Laws	Coffs Coast	13.16
7 Tate Ferguson	Nambucca & District	15.64
8 Aiden Beynon-Whitelaw	Coffs Coast	17.32

**Boys U 10 - 60 Metre Hurdles (60cm)**

Zone: Z 10.30 1/12/1991 J. Northey, Grafton  
 Name Age Centre Final

## Section 1

1 Lewis Parker	Ballina	12.51
2 Caleb Jackson	Nambucca & District	12.95

**Boys U 11 - 60 Metre Hurdles (60cm)**

Zone: Z 10.30 1/12/1991 D. Bryant, Coffs Harbour  
 Name Age Centre Final

1 Cayden Close	Coffs Coast	11.43
2 Lewis Pagulayan-McCabe	Urunga/Bellinger	12.64
3 Reid Stephens	Coffs Coast	12.66
4 Jayden Jackson	Nambucca & District	13.32

**Boys U 12 - 60 Metre Hurdles (68cm)**

Zone: Z 10.10 1/12/1989 D. Cross, Grafton  
 Name Age Centre Final

1 Jack Ros	Casino	11.86
2 Jarrett Power-Casson	Lower Clarence	13.04
3 Desmond Ferguson	Ballina	14.64

**Boys U 13 - 80 Metre Hurdles (76cm)**

Zone: Z 13.30 1/12/2002 E. Rice, McLean  
 Name Age Centre Final

1 Jayden Thomson	Ballina	15.56
2 Sean Nicolas	Lismore	17.05
3 Jack McIntosh	Ballina	17.60
4 Axel James	Nambucca & District	24.43

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
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**Boys U 14 - 90 Metre Hurdles (76cm)**

Zone: Z 14.10 1/12/1999 J. Spear, Nambucca			
Name	Age	Centre	Final
1 Campbell Harvey		Lismore	16.15
2 Nicholas Lavender		Grafton	17.25
3 Simon Walker		Nambucca & District	20.14

**Boys U 15 - 100 Metre Hurdles (76cm)**

Zone: Z 14.60 1/12/1996 J. Northey, Grafton			
Name	Age	Centre	Final
1 Isaac Hodnett-Daly		Nambucca & District	16.17

**Boys U 17 - 110 Metre Hurdles (76cm)**

Zone: Z 17.65 13/12/2015 Kyle Mcilveen, Grafton			
Name	Age	Centre	Final
1 Kyle Mcilveen		Grafton	17.65Z
2 Liam Bloomer		Grafton	18.58
3 Hunter Perks		Coffs Coast	18.94
4 Tom Fogarty		Woolgoolga	19.54

**Boys U 13 - 200 Metre Hurdles (68cm)**

Zone: Z 29.70 1/12/1990 D. Cross, Grafton			
Name	Age	Centre	Final
1 Calvin Brown		Lismore	33.18
2 Malaki Ferguson		Ballina	34.21
3 Sean Nicolas		Lismore	34.85
4 Elijah Thorn		Coffs Coast	35.00
5 Quinnlan Boyce		Grafton	35.23

**Boys U 14 - 200 Metre Hurdles (76cm)**

Zone: Z 28.90 1/12/2001 L. Bickerton, Grafton			
Name	Age	Centre	Final
1 Campbell Harvey		Lismore	33.14

**Boys U 17 - 200 Metre Hurdles (76cm)**

Zone: Z 29.12 14/12/2013 Nesta Walker, Nambucca			
Name	Age	Centre	Final
1 Kyle Mcilveen		Grafton	30.64
2 Tom Fogarty		Woolgoolga	30.73

**Boys U 9-12 4x100 Metre Relay (Jnr)**

Zone: Z 1:00.49 13/12/2015 Coffs Coast, Coffs Coast			
Z Wilson, B Keough, C Close, H Ward			Final
Centre			
1 Coffs Coast			1:00.49Z
1) Zachary Wilson 9	2) Ben Keough	10	

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
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**....Boys U 9-12 4x100 Metre Relay (Jnr)**

3) Cayden Close 11	4) Harry Ward 12	
2 Ballina		1:04.90
1) Elias Blenkhorn 11	2) Lewis Parker 10	
3) Noah Glavocih 11	4) Darnell Heuston-Mcleod 12	
3 Lower Clarence		1:04.92
1) Jarrett Power-Casson 12	2) Zane Lowe 10	
3) Kele Jeffrey 11	4) Zac Pacey 12	
4 Nambucca & District		1:08.76
1) Tate Ferguson 9	2) Joshua Monaghan 10	
3) Mitchell Summers-Whalley 11	4) Joven Walker 12	

**Boys U 12-17 4x100 Metre Relay (Snr)**

=====  
 Zone: Z 52.93 13/12/2015 Ballina, Ballina  
 R Mansfield, T Glavocih, L Mumford, J Mumford  
 Centre Final  
 =====

1 Ballina		52.93Z
1) Rowan Mansfield 13	2) Tyler Glavocih 14	
3) Lachlan Mumford 14	4) Joshua Mumford 15	
2 Lismore		54.17
1) Calvin Brown 13	2) Campbell Harvey 14	
3) Nick Essery 15	4) Luke Allen 15	
3 Coffs Coast		54.73
1) Michael Spinoglio 13	2) Nathan Zawadzki 13	
3) Ben Burridge 14	4) Hugh Churchwell 17	
4 Nambucca & District		55.70
1) Charlie Naylor 13	2) Simon Walker 14	
3) Isaac Hodnett-Daly 15	4) Jacob Pedrola 17	

**Boys U 9 - High Jump (S/H 0.85m)**

=====  
 Zone: Z 1.17m 1/12/2002 W. Nolan, C offs Harbour  
 Name Age Centre Final  
 =====

Flight 1

1 Josh Upsall	Coffs Coast	0.95m
1 Ryan Monaghan	Casino	0.95m
3 Landan Laws	Coffs Coast	0.90m
4 Aiden Beynon-Whitelaw	Coffs Coast	0.75m

**Boys U 10 - High Jump (S/H 0.95m)**

=====  
 Zone: Z 1.32m 1/12/1993 K. Wooley, Sawtell / Toormina  
 Name Age Centre Final  
 =====

1 Ben Keough	Coffs Coast	1.10m
2 Thor Harradine	Lower Clarence	1.05m
3 Zane Lowe	Lower Clarence	1.00m
-- Angus Holloway	Nambucca & District	NH

**Boys U 11 - High Jump (S/H 1.05m)**

=====  
 Zone: Z 1.41m 1/12/2002 R. Williams, Lismore  
 Name Age Centre Final  
 =====

1 Daniel Lavender	Grafton	1.24m
2 Harrison Colyer	Coffs Coast	1.18m



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**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
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**....Boys U 11 - High Jump (S/H 1.05m)**

2 Malcolm Noble	Nambucca & District	1.18m
4 Noah Glavocih	Ballina	1.15m
5 Djuan Pawson	Lismore	1.10m
5 Elvis McDonald	Coffs Coast	1.10m
5 Kyan Upsall	Coffs Coast	1.10m
5 Andrew Clark	Lismore	1.10m
9 Jayden Jackson	Nambucca & District	1.05m

**Boys U 12 - High Jump (S/H 1.15m)**

Zone: Z 1.51m 1/12/2002 J. Crowley, Coffs Harbour

Name	Age Centre	Final
1 Charlie Greenhalgh	Woolgoolga	1.40m
2 Campbell Booth	Ballina	1.37m
3 Luke Curtis	Lismore	1.25m
3 Shannon Pade	Urunga/Bellinger	1.25m
5 Darnell Heuston-Mcleod	Ballina	1.20m
6 Ryan Barnes	Woolgoolga	1.15m
-- Desmond Ferguson	Ballina	NH
-- Zac Pacey	Lower Clarence	NH

**Boys U 13 - High Jump (S/H 1.20m)**

Zone: Z 1.63m 1/12/1989 K. Riddick, Grafton

Name	Age Centre	Final
1 Michael Spinoglio	Coffs Coast	1.31m
2 Hunter Churchwell	Coffs Coast	1.28m
3 Daniel Clark	Lismore	1.25m
3 Isaac Malt	Urunga/Bellinger	1.25m
-- Axel James	Nambucca & District	NH

**Boys U 14 - High Jump (S/H 1.25m)**

Zone: Z 1.65m 1/12/1997 R. R. Woolley, Woolgoolga

Zone: Z 1.65m 12/12/2015 Justin Baker, Casino

Name	Age Centre	Final
1 Justin Baker	Casino	1.65mZ
2 Tyler Glavocih	Ballina	1.50m
3 Jayden Glackin	Lower Clarence	1.40m
4 Campbell Harvey	Lismore	1.35m
5 Declan Moran	Lower Clarence	1.30m

**Boys U 15 - High Jump (S/H 1.25m)**

Zone: Z 1.83m 1/12/1996 K. Elliott, Grafton

Name	Age Centre	Final
1 Oscar Churchwell	Coffs Coast	1.25m

**Boys U 17 - High Jump (S/H 1.30m)**

Zone: Z 1.75m 12/12/2015 Kyle Mcilveen, Grafton

Name	Age Centre	Final
1 Kyle Mcilveen	Grafton	1.75mZ

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
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**....Boys U 17 - High Jump (S/H 1.30m)**

2 Jack Churchwell	Coffs Coast	1.65m
3 Hunter Perks	Coffs Coast	1.60m
4 Liam Bloomer	Grafton	1.55m

**Boys U 7 - Long Jump**

Zone: Z 3.01m 1/12/1990 T. Rouse, Grafton

Name	Age Centre	Final
1 Liam Bonham	Coffs Coast	2.80m
2 Cooper Monaghan	Casino	2.62m
3 Riley Burgess	Woolgoolga	2.55m
4 Luke Earnshaw	Urunga/Bellinger	2.36m
5 Blake Staines	Coffs Coast	1.67m

**Boys U 8 - Long Jump**

Zone: Z 3.63m 1/12/1999 B. Spence, Coffs Harbour

Name	Age Centre	Final
1 Samuel Carswell	Coffs Coast	3.05m
2 Kodie Hilton	Nambucca & District	2.87m
3 Cooper Moore`	Coffs Coast	2.79m
4 Oslo Harradine	Lower Clarence	2.71m
5 Malcome Goltz	Lismore	2.63m
6 Bayley Cavanagh-Rose	Urunga/Bellinger	2.62m
7 Jaxon White	Nambucca & District	2.38m

**Boys U 9 - Long Jump**

Zone: Z 4.17m 1/12/1990 M. Wills, Sawtell / Toormina

Name	Age Centre	Final
1 Zachary Wilson	Coffs Coast	3.77m
2 Logan Lacey	Coffs Coast	3.53m
3 Tristian Staines	Coffs Coast	2.98m
4 Malachi Canning	Lismore	2.96m
5 Leo Iggulden	Coffs Coast	2.93m
6 Shaman Pittman	Casino	2.38m
7 Tate Ferguson	Nambucca & District	2.31m

**Boys U 10 - Long Jump**

Zone: Z 4.30m 1/12/2000 A. Pateman, MacLean

Name	Age Centre	Final
1 Ben Keough	Coffs Coast	3.91m
2 Thor Harradine	Lower Clarence	3.51m
3 Zack Roche	Evans Head	3.30m
4 Bobby Carter	Coffs Coast	2.81m

**Boys U 11 - Long Jump**

Zone: Z 4.56m 1/12/2005 R. Cole, Sawtell / Toormina

Name	Age Centre	Final
1 Ptolemy Horan	Coffs Coast	4.15m
2 Mason Woods	Coffs Coast	3.95m

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**NORTHERN RIVERS - 12/12/2015 to 13/12/2015**  
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**....Boys U 11 - Long Jump**

3	Max Iggulden	Coffs Coast	3.91m
4	Noah Glavocih	Ballina	3.75m
5	Mitchell Summers-Whalley	Nambucca & District	3.64m
6	Daniel Lavender	Grafton	3.59m
7	Dylan Bonham	Coffs Coast	3.45m
8	Elvis McDonald	Coffs Coast	2.95m

**Boys U 12 - Long Jump**

Zone: Z 4.97m 1/12/1994 D. Rose, Bellingen			
Name	Age	Centre	Final
1	Shannon Pade	Urunga/Bellinger	4.24m
2	Jack Ros	Casino	4.10m
3	Jarrett Power-Casson	Lower Clarence	4.00m
4	Charlie Greenhalgh	Woolgoolga	3.96m
5	Desmond Ferguson	Ballina	3.81m
6	Ryan Barnes	Woolgoolga	3.66m
6	Luke Curtis	Lismore	3.66m
8	Caleb Knobloch	Urunga/Bellinger	3.17m
9	Sam Essery	Lismore	2.86m

**Boys U 13 - Long Jump**

Zone: Z 5.33m 1/12/1995 D. Rose, Bellingen			
Name	Age	Centre	Final
1	Rowan Mansfield	Ballina	4.94m
2	Jayden Thomson	Ballina	4.81m
3	Isaac Malt	Urunga/Bellinger	4.37m
4	Michael Spinoglio	Coffs Coast	4.08m
5	Hunter Churchwell	Coffs Coast	3.76m
6	Elijah Thorn	Coffs Coast	3.69m
7	Daniel Clark	Lismore	3.58m
8	Axel James	Nambucca & District	3.03m

**Boys U 14 - Long Jump**

Zone: Z 6.05m 1/12/2008 R. Cole, Sawtell / Toormina			
Name	Age	Centre	Final
1	Tyler Glavocih	Ballina	5.25m
1	Justin Baker	Casino	5.25m
3	Campbell Harvey	Lismore	4.97m
4	Jayden Glackin	Lower Clarence	4.74m
5	Nicholas Lavender	Grafton	4.05m
6	Declan Moran	Lower Clarence	3.03m

**Boys U 15 - Long Jump**

Zone: Z 6.22m 1/12/1994 S. Betland, Coffs Harbour			
Name	Age	Centre	Final
1	Nick Essery	Lismore	5.45m
2	Oscar Churchwell	Coffs Coast	5.27m
3	Luke Allen	Lismore	5.11m
4	Roan Beucker	Lismore	5.04m
5	Damien Duroux	Grafton	5.00m

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**....Boys U 15 - Long Jump**

6 Isaac Hodnett-Daly                      Nambucca & District                      4.99m

**Boys U 17 - Long Jump**

Zone: Z 6.32m 8/12/2011 Anthony Walker, Nambucca Dist

Name	Age Centre	Final
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1 Jack Churchwell	Coffs Coast	5.80m
2 Liam Bloomer	Grafton	5.63m
3 Hunter Perks	Coffs Coast	5.38m
4 Riley Bartlett	Nambucca & District	3.63m

**Boys U 11 - Triple Jump**

Zone: Z 9.34m 1/12/1992 M. Wills, Sawtell / Toormina

Name	Age Centre	Final
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1 Reid Stephens	Coffs Coast	7.85m
2 Max Iggulden	Coffs Coast	7.80m
3 Malcolm Noble	Nambucca & District	7.78m
4 Riley Dagger	Coffs Coast	7.47m
5 Lewis Pagulayan-McCabe	Urunga/Bellinger	7.12m
6 Andrew Clark	Lismore	7.00m
7 Nathan Pade	Urunga/Bellinger	5.69m

**Boys U 12 - Triple Jump**

Zone: Z 10.70m 1/12/1994 D. Rose, Bellingen

Name	Age Centre	Final
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1 Luke Curtis	Lismore	8.81m
2 Sam Essery	Lismore	6.63m

**Boys U 13 - Triple Jump**

Zone: Z 10.82m 1/12/1995 D. Rose, Bellingen

Name	Age Centre	Final
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1 Jayden Thomson	Ballina	9.48m
2 Isaac Malt	Urunga/Bellinger	8.95m
3 Kai Mildren	Woolgoolga	8.80m
4 Elijah Thorn	Coffs Coast	8.56m
5 Sean Nicolas	Lismore	8.31m

**Boys U 14 - Triple Jump**

Zone: Z 12.20m 1/12/2000 B. McDonald, McLean

Name	Age Centre	Final
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1 Tyler Glavocih	Ballina	11.03m
2 Campbell Harvey	Lismore	10.22m

**Boys U 15 - Triple Jump**

Zone: Z 12.58m 1/12/1991 T. Bryant, Grafton

Name	Age Centre	Final
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1 Roan Beucker	Lismore	10.91m
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**....Boys U 15 - Triple Jump**

2 Isaac Hodnett-Daly Nambucca & District 10.39m

**Boys U 17 - Triple Jump**

Zone: Z 12.55m 13/12/2015 Liam Bloomer, Grafton

Name	Age Centre	Final
1 Liam Bloomer	Grafton	12.55mZ
2 Kyle Mcilveen	Grafton	11.02m
3 Jacob Pedrola	Nambucca & District	10.40m
4 Alec Gage	Nambucca & District	10.19m

**Boys U 7 - Shot Put (1.0 Kg)**

Zone: Z 6.76m 1/12/2005 J.Casson, Lismore

Name	Age Centre	Final
1 Alexander Doherty	Lower Clarence	5.87m
2 Cooper Seccombe	Coffs Coast	4.95m
3 Dominic Cohn	Woolgoolga	3.54m

**Boys U 8 - Shot Put (1.5 Kg)**

Zone: Z 7.54m 1/12/1990 J. Northey, Grafton

Name	Age Centre	Final
1 Connor Corbett	Nambucca & District	5.68m
2 Malcome Goltz	Lismore	4.06m
3 Arthur Gill	Nambucca & District	3.97m
4 Jaxon White	Nambucca & District	3.90m
5 Ryan Lloyd	Lower Clarence	3.43m
6 Kordaie Ferguson	Ballina	3.34m

**Boys U 9 - Shot Put (2.0 Kg)**

Zone: Z 8.42m 1/12/1997 B. Robertson, Grafton

Name	Age Centre	Final
1 Malachi Canning	Lismore	5.57m
2 Cash Howarth	Woolgoolga	5.14m
3 Aiden Beynon-Whitelaw	Coffs Coast	3.81m
4 Landan Laws	Coffs Coast	3.59m

**Boys U 10 - Shot Put (2.0 Kg)**

Zone: Z 9.99m 1/12/1996 S. Spear, Nambucca

Name	Age Centre	Final
1 Thor Harradine	Lower Clarence	7.14m
2 Angus Holloway	Nambucca & District	6.73m

**Boys U 11 - Shot Put (2.0 Kg)**

Zone: Z 12.00m 1/12/1999 B. Robertson, Grafton

Name	Age Centre	Final
1 Malcolm Noble	Nambucca & District	9.45m
2 Kayne Pacey	Lower Clarence	6.89m

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**....Boys U 11 - Shot Put (2.0 Kg)**

3 Nathan Pade	Urunga/Bellinger	5.07m
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**Boys U 12 - Shot Put (3.0 Kg)**

Zone: Z 10.52m 1/12/1997 K. Spence, Nambucca		
Name	Age Centre	Final
1 Harry Ward	Coffs Coast	8.25m
2 Marko Andonov	Lismore	6.80m
3 Sam Essery	Lismore	5.85m

**Boys U 13 - Shot Put (3.0 Kg)**

Zone: Z 12.63m 1/12/2005 J. Welna, Woolgoolga		
Name	Age Centre	Final
1 Rowan Mansfield	Ballina	9.30m
2 Michael Spinoglio	Coffs Coast	8.89m
3 Kalvin Brown	Lismore	8.24m
4 Travys Downton	Woolgoolga	7.81m
5 Sean Nicolas	Lismore	7.30m
6 Jack McIntosh	Ballina	6.39m

**Boys U 14 - Shot Put (3.0 Kg)**

Zone: Z 15.70m 13/12/2015 Justin Baker, Casino		
Name	Age Centre	Final
1 Justin Baker	Casino	15.70mZ
2 Jayden Glackin	Lower Clarence	8.47m
3 Simon Walker	Nambucca & District	8.38m

**Boys U 15 - Shot Put (4.0 Kg)**

Zone: Z 14.95m 1/12/2000 P. Spence, Coffs Harbour		
Name	Age Centre	Final
1 Nick Essery	Lismore	12.22m
2 Luke Allen	Lismore	9.42m

**Boys U 17 - Shot Put (5.0 Kg)**

Zone: Z 13.64m 8/12/2011 Anthony Walker, Nambucca Dis		
Name	Age Centre	Final
1 Jesse Vincent-Ellis	Nambucca & District	11.89m
2 Alec Gage	Nambucca & District	10.74m
3 Hunter Perks	Coffs Coast	9.10m
4 Dylan Blanch	Nambucca & District	7.81m

**Boys U 7 - Discus (350 Gram)**

Zone: Z 16.47m 1/12/2005 J. Casson, Lismore		
Name	Age Centre	Final
1 Liam Bonham	Coffs Coast	12.82m
2 Cooper Monaghan	Casino	12.72m
3 Riley Burgess	Woolgoolga	12.39m

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**....Boys U 7 - Discus (350 Gram)**

4 Cooper Seccombe	Coffs Coast	12.16m
5 Alexander Doherty	Lower Clarence	11.59m
6 Luke Earnshaw	Urunga/Bellinger	11.43m

**Boys U 8 - Discus (500 Gram)**

Zone: Z 20.78m 1/12/1992 S. Webber, Nambucca			
Name	Age	Centre	Final
1 Connor Corbett		Nambucca & District	14.92m
2 Malcome Goltz		Lismore	12.67m
3 Oslo Harradine		Lower Clarence	11.78m
4 Michael Bullpitt		Lismore	10.14m
5 Kodie Hilton		Nambucca & District	8.85m
6 William Bennett		Woolgoolga	8.21m
7 Arthur Gill		Nambucca & District	7.84m

**Boys U 9 - Discus (500 Gram)**

Zone: Z 25.34m 1/12/1994 B. Spence, Coffs Harbour			
Name	Age	Centre	Final
1 Ryan Monaghan		Casino	18.74m
2 Zachary Wilson		Coffs Coast	18.11m
3 Malachi Canning		Lismore	15.73m
4 Ryan Bonham		Coffs Coast	14.90m

**Boys U 10 - Discus (500 Gram)**

Zone: Z 31.69m 1/12/1999 D. Robertson, Grafton			
Name	Age	Centre	Final
1 Thor Harradine		Lower Clarence	27.74m
2 Caleb Jackson		Nambucca & District	17.01m
3 Bobby Carter		Coffs Coast	16.73m
4 Joshua Monaghan		Nambucca & District	14.12m
5 Angus Holloway		Nambucca & District	14.03m

**Boys U 11 - Discus (750 Gram)**

Zone: Z 31.48m 1/12/1997 S. Spear, Nambucca			
Name	Age	Centre	Final
1 Malcolm Noble		Nambucca & District	21.14m
2 Cayden Close		Coffs Coast	19.90m
3 Riley Dagger		Coffs Coast	16.77m
4 Dylan Bonham		Coffs Coast	13.99m
5 Elias Blenkhorn		Ballina	13.12m
6 Kayne Pacey		Lower Clarence	13.02m

**Boys U 12 - Discus (750 Gram)**

Zone: Z 37.75m 1/12/1999 S. Spear, Nambucca			
Name	Age	Centre	Final
1 Marko Andonov		Lismore	24.50m
2 Harry Ward		Coffs Coast	24.25m
3 Ryan Barnes		Woolgoolga	22.94m

**ZONE TRACK & FIELD CHAMPIONSHIPS**  
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**....Boys U 12 - Discus (750 Gram)**

4 Joven Walker	Nambucca & District	21.22m
5 Toby Mumford	Ballina	20.10m
6 Darnell Heuston-Mcleod	Ballina	18.68m
7 Shannon Pade	Urunga/Bellinger	17.88m
8 Jack Ros	Casino	15.67m

**Boys U 13 - Discus (1.0 Kg)**

Zone: Z 38.28m 1/12/1999 P. Spence, Coffs Harbour		
Name	Age Centre	Final
1 Rowan Mansfield	Ballina	27.88m
2 Travys Downton	Woolgoolga	23.72m
3 Michael Spinoglio	Coffs Coast	23.46m
4 Quinnlan Boyce	Grafton	18.00m
5 Daniel Clark	Lismore	17.78m
6 Jack McIntosh	Ballina	17.36m
7 Sean Nicolas	Lismore	17.01m

**Boys U 14 - Discus (1.0 Kg)**

Zone: Z 46.50m 1/12/1999 K. Spence, Coffs Harbour		
Name	Age Centre	Final
1 Justin Baker	Casino	45.62m
2 Lachlan Mumford	Ballina	29.57m

**Boys U 15 - Discus (1.0 Kg)**

Zone: Z 50.45m 1/12/2000 P. Spence, Coffs Harbour		
Name	Age Centre	Final
1 Joshua Mumford	Ballina	28.69m

**Boys U 17 - Discus (1.5 Kg)**

Zone: Z 37.74m 9/12/2011 Charlie Morris, Lismore		
Name	Age Centre	Final
1 Alec Gage	Nambucca & District	33.66m
2 Jesse Vincent-Ellis	Nambucca & District	32.94m
3 Hunter Perks	Coffs Coast	22.82m
4 Dylan Blanch	Nambucca & District	22.06m
5 Kyle Mcilveen	Grafton	20.95m
6 Riley Bartlett	Nambucca & District	15.87m

**Boys U 12 - Javelin (400 Gram)**

Zone: Z 25.37m 13/12/2015 Harry Ward, Coffs Coast		
Name	Age Centre	Final
1 Harry Ward	Coffs Coast	25.37mZ
2 Joven Walker	Nambucca & District	23.25m
3 Jarrett Power-Casson	Lower Clarence	20.58m
4 Darnell Heuston-Mcleod	Ballina	17.04m
5 Marko Andonov	Lismore	15.62m
6 Luke Curtis	Lismore	11.34m



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**Boys U 13 - Javelin (600 Gram)**

Zone: Z 37.45m 1/12/2001 J. Parry, Coffs Harbour			
Name	Age	Centre	Final
1 Rowan Mansfield		Ballina	29.24m
2 Kalvin Brown		Lismore	26.25m
3 Travys Downton		Woolgoolga	24.03m
4 Quinlan Boyce		Grafton	20.47m
5 Elijah Thorn		Coffs Coast	15.47m
6 Daniel Clark		Lismore	14.88m
7 Axel James		Nambucca & District	12.40m

**Boys U 14 - Javelin (600 Gram)**

Zone: Z 43.00m 1/12/1997 J. Wilson, Coffs Harbour			
Name	Age	Centre	Final
1 Justin Baker		Casino	42.73m
2 Simon Walker		Nambucca & District	28.95m
3 Nicholas Lavender		Grafton	23.15m

**Boys U 15 - Javelin (700 Gram)**

Zone: Z 48.03m 1/12/2000 P. Spence, Coffs Harbour			
Name	Age	Centre	Final
1 Damien Duroux		Grafton	27.16m
2 Roan Beucker		Lismore	17.40m

**Boys U 17 - Javelin (700 Gram)**

Zone: Z 53.93m 9/12/2011 Anthony Walker, Nambucca Dis			
Name	Age	Centre	Final
1 Jesse Vincent-Ellis		Nambucca & District	37.62m
2 Alec Gage		Nambucca & District	33.00m
3 Dylan Blanch		Nambucca & District	29.78m

**Boys U 9 - 700 Metre Walk**

Zone: Z 4:51.70 1/12/1996 R. Fennessey, Grafton			
Name	Age	Centre	Final
Section 1			
1 Ryan Bonham		Coffs Coast	5:24.93

**Boys U 11 - 1100 Metre Walk**

Zone: Z 6:18.10 1/12/2008 J. Knight, Sawtell / Toormi			
Name	Age	Centre	Final
1 Daniel Lavender		Grafton	7:36.72
2 Andrew Clark		Lismore	8:04.58
3 Elias Blenkhorn		Ballina	8:05.29
4 Kyan Upsall		Coffs Coast	8:06.17

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**Boys U 12 - 1500 Metre Walk**

Zone: Z 7:30.10 1/12/1990 S. Hobbs, Grafton			
Name	Age	Centre	Final
1 Darnell Heuston-Mcleod		Ballina	12:13.00

**Boys U 13 - 1500 Metre Walk**

Zone: Z 7:28.00 1/12/1990 T. McClymont, Grafton			
Name	Age	Centre	Final
1 Travys Downton		Woolgoolga	10:33.67
2 Axel James		Nambucca & District	11:32.71

**Boys U 14 - 1500 Metre Walk**

Zone: Z 7:22.00 1/12/1992 S, Hobbs, Grafton			
Name	Age	Centre	Final
1 Nicholas Lavender		Grafton	10:26.20