

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 7 - 50 Metre Sprint**

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 Zone Record: Z 8.65 2007 B Salawu, PENRITH VALLEY

Name Age Centre Final

Section 1

1	Amber Stapleton	Jamison	9.03
2	Addisyn Ives	Emu Plains	9.59
3	Isabell Burrows	Werrington	9.95
4	Deanna Drake	Emu Plains	10.17
5	Kaitlin Reed	Werrington	10.62
6	Maddison Daley	Emu Plains	10.87
7	Lila Robins	Jamison	11.19
8	Abigail Simiana	Cranebrook	11.21
9	Madison Brown	Cranebrook	12.81

Girls U 7 - 70 Metre Sprint

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 Zone Record: Z 12.05 1985 S Wiseman, NEPEAN

Zone Record: Z 12.05 1989 K Rodziewicz, PENRITH

Zone Record: Z 12.05 2007 B Salawu, PENRITH

Name Age Centre Heats

Heat 1 Heats

1	Amber Stapleton	Jamison	Z 11.90Q
2	Addisyn Ives	Emu Plains	12.85Q
3	Deanna Drake	Emu Plains	13.33Q
4	Ella Williams	Werrington	13.79q
5	Lily Warren	Cranebrook	16.36
6	Manaia Roy	Werrington	16.87

Heat 2 Heats

1	Grace Button	Jamison	13.10Q
2	Isabell Burrows	Werrington	13.61Q
3	Abbey Cox	Cranebrook	13.74Q
4	Lillyava Brenner	Werrington	14.09q
5	Maddison Daley	Emu Plains	14.52
6	Lila Robins	Jamison	15.42
7	Elsie McLean	Werrington	16.43

Girls U 7 - 70 Metre Sprint

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 Zone Record: Z 12.05 1985 S Wiseman, NEPEAN

Zone Record: Z 12.05 1989 K Rodziewicz, PENRITH

Zone Record: Z 12.05 2007 B Salawu, PENRITH

Name Age Centre Final

Section 1 Final

1	Amber Stapleton	Jamison	11.84Z
2	Addisyn Ives	Emu Plains	12.66
3	Grace Button	Jamison	12.68
4	Deanna Drake	Emu Plains	13.20
5	Isabell Burrows	Werrington	13.48
6	Ella Williams	Werrington	13.50
7	Abbey Cox	Cranebrook	13.61
8	Lillyava Brenner	Werrington	14.41

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 8 - 70 Metre Sprint**

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Zone Record: Z 11.35 1986          S Wiseman, NEPEAN
Zone Record: Z 11.35 1990          K Rodziewicz, PENRITH
Name                               Age Centre                       Heats
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Heat 1 Heats

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1 Alyssa Brincau           Nepean                12.74Q
2 Alyssa Gibbons           Werrington            12.76Q
3 Adriana Borg             Colyton St Clair     12.87Q
4 Zara Stanford            Cranebrook            13.49
5 Lilli Kandel             Werrington            14.22
6 Krystal Burrows         Penrith               14.35

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Heat 2 Heats

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1 Holly Clark              Cranebrook            12.17Q
2 Lily Austin              Jamison              13.00Q
2 Ivory Osborne            Emu Plains           13.00Q
4 Kiara Pagnamenta        Penrith              13.09q
5 Mikayla Fisher          Colyton St Clair     13.24q
6 Bree-Anna Noake         Colyton St Clair     13.60

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Girls U 8 - 70 Metre Sprint

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Zone Record: Z 11.35 1986          S Wiseman, NEPEAN
Zone Record: Z 11.35 1990          K Rodziewicz, PENRITH
Name                               Age Centre                       Final
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Section 1 Final

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1 Holly Clark              Cranebrook            12.26
2 Alyssa Brincau           Nepean               12.58
3 Adriana Borg             Colyton St Clair     12.68
4 Ivory Osborne            Emu Plains           12.79
5 Alyssa Gibbons           Werrington            12.88
6 Lily Austin              Jamison              13.05
7 Kiara Pagnamenta        Penrith              13.15
8 Mikayla Fisher          Colyton St Clair     13.24

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Girls U 9 - 70 Metre Sprint

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Zone Record: Z 10.65 2004          T Forno, COLYTON
Name                               Age Centre                       Heats
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Heat 1 Heats

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1 Sienna Gahagan          Emu Plains           11.29Q
2 Nekea Talaia            Nepean               11.70Q
3 Judith Gould            Jamison              12.11Q
4 Alyssa Ballard          Penrith              12.80q

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Heat 2 Heats

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1 Milaya Cleary           Emu Plains           11.63Q
2 Grace Adlington         Jamison              12.42Q
3 Susannah Cooper-Pritchar Werrington           13.13Q
4 Chloe Watson            Penrith              13.24q
5 Hayley Quirk            Emu Plains           13.46
6 Summa Page              Nepean               13.53

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OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 9 - 70 Metre Sprint**

Zone Record: Z 10.65 2004 T Forno, COLYTON			
Name	Age	Centre	Final
Section 1 Final			
1 Sienna Gahagan		Emu Plains	10.91
2 Milaya Cleary		Emu Plains	11.25
3 Nekea Talaia		Nepean	11.44
4 Judith Gould		Jamison	11.91
5 Grace Adlington		Jamison	12.19
6 Alyssa Ballard		Penrith	12.33
7 Susannah Cooper-Pritchard		Werrington	12.93
8 Chloe Watson		Penrith	13.03

Girls U 10 - 70 Metre Sprint

Zone Record: Z 10.65 1997 H Maher, COLYTON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 April Almond		Penrith	11.59Q
2 Taylor Brown		Cranebrook	11.77Q
3 Grace Galuzzi		Emu Plains	11.95Q
4 Abby Hile		Colyton St Clair	13.00q
5 Amber Shearley		Cranebrook	13.02
Heat 2 Heats			
1 Alice Galluzzi		Emu Plains	11.82Q
2 Summer Atkins		Cranebrook	12.22Q
3 Olivia Cromie		Penrith	12.64Q
4 Miah Green		Emu Plains	12.67q

Girls U 10 - 70 Metre Sprint

Zone Record: Z 10.65 1997 H Maher, COLYTON			
Name	Age	Centre	Final
Section 1 Final			
1 Taylor Brown		Cranebrook	11.55
2 April Almond		Penrith	11.59
3 Alice Galluzzi		Emu Plains	11.64
4 Summer Atkins		Cranebrook	11.79
5 Grace Galuzzi		Emu Plains	11.86
6 Olivia Cromie		Penrith	12.47
7 Miah Green		Emu Plains	12.50
8 Abby Hile		Colyton St Clair	12.80

Girls U 7 - 100 Metre Sprint

Zone Record: Z 16.95 2007 B Salawu, PENRITH VALLEY			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Amber Stapleton		Jamison	Z 16.94Q
2 Grace Button		Jamison	18.17Q
3 Charlotte Bradshaw		Penrith	19.03Q
4 Hannah Sproule		Emu Plains	19.21
5 Paige Warby		Cranebrook	19.48
6 Elsie McLean		Werrington	22.85
Heat 2 Heats			
1 Addisyn Ives		Emu Plains	18.22Q

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Girls U 7 - 100 Metre Sprint**

2	Kristin Codjoe	Colyton St Clair	18.75Q
3	Deanna Drake	Emu Plains	18.88Q
4	Abbey Cox	Cranebrook	18.94q
5	Ella Williams	Werrington	19.07q
6	Kaydenze Phillips	Nepean	20.07
7	Summer Patterson	Jamison	20.84
8	Lily Warren	Cranebrook	23.11

Girls U 7 - 100 Metre Sprint

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 Zone Record: Z 16.95 2007 B Salawu, PENRITH VALLEY
 Name Age Centre Final
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Section 1 Final

1	Amber Stapleton	Jamison	17.51
2	Addisyn Ives	Emu Plains	18.39
3	Grace Button	Jamison	18.73
4	Charlotte Bradshaw	Penrith	19.21
5	Kristin Codjoe	Colyton St Clair	19.33
6	Deanna Drake	Emu Plains	19.44
7	Abbey Cox	Cranebrook	19.45
8	Ella Williams	Werrington	19.46

Girls U 8 - 100 Metre Sprint

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 Zone Record: Z 16.25 1996 B Smith, JAMISON
 Name Age Centre Heats
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Heat 1 Heats

1	Holly Clark	Cranebrook	17.48Q
2	Mabel Dukes	Emu Plains	17.50Q
3	Adriana Borg	Colyton St Clair	18.72Q
4	Kiara Pagnamenta	Penrith	19.00q
5	Lilli Kandel	Werrington	20.64
6	Krystal Burrows	Penrith	21.29
--	Lyric Salafai	Nepean	DQ

Heat 2 Heats

1	Alyssa Gibbons	Werrington	17.97Q
2	Ivory Osborne	Emu Plains	18.10Q
3	Lily Austin	Jamison	18.34Q
4	Eden Andrews	Werrington	18.93q
5	Jade Grennell-Buckley	Emu Plains	20.16

Girls U 8 - 100 Metre Sprint

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 Zone Record: Z 16.25 1996 B Smith, JAMISON
 Name Age Centre Final
 =====

Section 1 Final

1	Holly Clark	Cranebrook	17.35
2	Mabel Dukes	Emu Plains	17.68
3	Alyssa Gibbons	Werrington	17.95
4	Ivory Osborne	Emu Plains	18.05
5	Adriana Borg	Colyton St Clair	18.17
6	Lily Austin	Jamison	18.32
7	Kiara Pagnamenta	Penrith	18.48
8	Eden Andrews	Werrington	19.52

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 9 - 100 Metre Sprint**

Zone Record: Z 14.75 1985 B Piening, NEPEAN			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Taylah Burrows		Werrington	17.39Q
2 Molly Gill		Emu Plains	18.85Q
3 Mieka Batten		Nepean	18.97
4 Summa Page		Nepean	19.31
5 Amber Justice		Werrington	19.48
6 Amity Sweeney		Emu Plains	20.18
Heat 2 Heats			
1 Jade Elford		Emu Plains	16.00Q
2 Kiarna Amituanai		Nepean	17.23Q
3 Skylah Hagarty		Jamison	17.81q
4 Alleira Wilmann		Jamison	17.86
5 Susannah Cooper-Pritchard		Werrington	19.21
Heat 3 Heats			
1 Sienna Gahagan		Emu Plains	15.96Q
2 Nekea Talaia		Nepean	16.63Q
3 Judith Gould		Jamison	17.30q
4 Grace Adlington		Jamison	18.40
5 Alyssa Ballard		Penrith	18.44

Girls U 9 - 100 Metre Sprint

Zone Record: Z 14.75 1985 B Piening, NEPEAN			
Name	Age	Centre	Final
Section 1 Final			
1 Jade Elford		Emu Plains	15.57
2 Sienna Gahagan		Emu Plains	15.67
3 Nekea Talaia		Nepean	16.07
4 Judith Gould		Jamison	17.02
5 Taylah Burrows		Werrington	17.11
6 Kiarna Amituanai		Nepean	17.28
7 Skylah Hagarty		Jamison	17.89
8 Molly Gill		Emu Plains	18.36

Girls U 10 - 100 Metre Sprint

Zone Record: Z 14.25 1986 B Piening, NEPEAN			
Zone Record: Z 14.25 1987 M Mossman, NEPEAN			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Hayley Kovacs		Nepean	16.14Q
2 April Almond		Penrith	16.69Q
3 Summer Atkins		Cranebrook	17.26q
4 Miah Green		Emu Plains	18.26
5 Chloe Schofield		Cranebrook	18.35
Heat 2 Heats			
1 Halle Scheithe		Cranebrook	16.71Q
2 Grace Galuzzi		Emu Plains	16.95Q
3 Montana Ellick		Werrington	17.88
4 Amber Shearley		Cranebrook	18.14
5 Somto Igbojiaku		Colyton St Clair	18.43
Heat 3 Heats			
1 Alice Galluzzi		Emu Plains	16.62Q
2 Isabella Degei		Emu Plains	17.20Q

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Girls U 10 - 100 Metre Sprint**

3 Taylor Brown	Cranebrook	17.47q
4 Abby Hile	Colyton St Clair	19.14
5 Siobahn Butcher	Cranebrook	23.13

Girls U 10 - 100 Metre Sprint

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 Zone Record: Z 14.25 1986 B Piening, NEPEAN
 Zone Record: Z 14.25 1987 M Mossman, NEPEAN

Name	Age Centre	Final
===== Section 1 Final		
1 Hayley Kovacs	Nepean	16.19
2 Alice Galluzzi	Emu Plains	16.75
3 April Almond	Penrith	16.76
4 Halle Scheithe	Cranebrook	16.88
5 Isabella Degei	Emu Plains	17.17
6 Summer Atkins	Cranebrook	17.20
7 Grace Galuzzi	Emu Plains	17.25
8 Taylor Brown	Cranebrook	17.72

Girls U 11 - 100 Metre Sprint

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 Zone Record: Z 14.15 1987 M Mossman, NEPEAN

Name	Age Centre	Heats
===== Heat 1 Heats		
1 Gabriella Colombo	Werrington	15.59Q
2 Paige Flood	Werrington	15.80Q
3 Angela Lister	Penrith	17.18Q
4 Ellie Dinjar	Emu Plains	17.70
5 Darcy Jarman	Cranebrook	18.37
6 Rhianni Deagan	Colyton St Clair	18.84
Heat 2 Heats		
1 Ella Sweeney	Emu Plains	14.75Q
2 Paige Campbell	Colyton St Clair	14.91Q
3 Tia-Jordyn Vasilovski	Werrington	15.45Q
4 Hunter Burgers-Rebec	Nepean	15.86q
5 Talia Parnell	Penrith	16.28q
6 Katelyn Kos	Werrington	16.58
7 Nyjokiah Bell	Nepean	16.90

Girls U 11 - 100 Metre Sprint

=====
 Zone Record: Z 14.15 1987 M Mossman, NEPEAN

Name	Age Centre	Final
===== Section 1 Final		
1 Paige Campbell	Colyton St Clair	14.63
2 Ella Sweeney	Emu Plains	14.65
3 Tia-Jordyn Vasilovski	Werrington	15.36
4 Hunter Burgers-Rebec	Nepean	15.40
5 Paige Flood	Werrington	15.51
6 Gabriella Colombo	Werrington	15.77
7 Talia Parnell	Penrith	16.17
8 Angela Lister	Penrith	17.34

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 12 - 100 Metre Sprint**

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 Zone Record: Z 13.35 2007 C Heeps, JAMISON
 Name Age Centre Heats
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Heat 1 Heats

1 Donyale Fleming Emu Plains 14.62Q
 2 Taylah Hufton Nepean 15.03Q
 3 Maddison McIntosh Emu Plains 15.31Q
 4 Ella Wickenden Jamison 15.78q

Heat 2 Heats

1 Charlotte Blaikie Emu Plains 14.85Q
 2 Mia Makin Jamison 15.32Q
 3 Elyse McLachlan Werrington 15.43Q
 4 Taylah Copland Cranebrook 15.51q
 5 Melanie Napoli Nepean 15.95
 6 Chloe Parnell Penrith 16.22
 7 Mariah Dean Emu Plains 18.49

Girls U 12 - 100 Metre Sprint

=====
 Zone Record: Z 13.35 2007 C Heeps, JAMISON
 Name Age Centre Final
 =====

Section 1 Final

1 Donyale Fleming Emu Plains 14.34
 2 Charlotte Blaikie Emu Plains 14.53
 3 Maddison McIntosh Emu Plains 14.81
 4 Taylah Hufton Nepean 14.90
 5 Mia Makin Jamison 15.10
 6 Elyse McLachlan Werrington 15.41
 7 Taylah Copland Cranebrook 15.56
 8 Ella Wickenden Jamison 15.95

Girls U 13 - 100 Metre Sprint

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 Zone Record: Z 13.25 1991 R Mossman, NEPEAN
 Name Age Centre Final
 =====

Section 1

1 Sarah Polinsky Werrington 14.04
 2 Lilah Piggott Jamison 14.37
 3 Zoe Parnell Werrington 14.58
 4 Montana Atkins Cranebrook 14.88
 5 Kailah Stapleton Jamison 14.99
 6 Abbey Camenzuli Emu Plains 15.18
 7 Julia Mooney Penrith 15.45
 8 Ravdeesh Toor Emu Plains 16.13

Girls U 14 - 100 Metre Sprint

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 Zone Record: Z 12.95 1991 M Fenning, EMU PLAINS
 Name Age Centre Final
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1 Sundance Fuller Penrith 13.64
 2 Sarah Blaikie Emu Plains 14.10
 3 Hayley O'Hare Nepean 14.50
 4 Carly Bowen Werrington 15.40

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 15 - 100 Metre Sprint**

Zone Record: Z 12.95 1997 L Fotokopoulos, PENRITH VALLE			
Name	Age	Centre	Final
1 Anastasia Williams		Emu Plains	13.02
2 Monique Quirk		Emu Plains	13.17
3 Kaitlyn Dunk		Cranebrook	13.78
4 Shariyah Pickett		Werrington	13.93
5 Keely Ellerington		Nepean	14.55
6 Adut Deng		Nepean	14.73
7 Kiara VanderMeulen		Nepean	15.36
8 Shantarna McPherson-Brem		Nepean	15.73

Girls U 17 - 100 Metre Sprint

Zone Record: Z 13.32 13/12/2014 Alexandra Petersen, COLYTON S			
Name	Age	Centre	Final
1 Alexandra Petersen		Colyton St Clair	13.20Z
2 Adrienne Baxter		Nepean	13.54
3 Kaitlin Hansen		Cranebrook	13.81
4 Brittany Cairns		Werrington	14.87
5 Lace Walker		Werrington	15.03

Girls U 7 - 200 Metre Sprint

Zone Record: Z 36.05 1987 E MCGREGOR, COLYTON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Abbey Cox		Cranebrook	41.13Q
2 Hannah Sproule		Emu Plains	42.08Q
3 Charlotte Bradshaw		Penrith	42.10Q
4 Paige Warby		Cranebrook	43.08q
5 Isabell Burrows		Werrington	44.59q
Heat 2 Heats			
1 Grace Button		Jamison	39.84Q
2 Kristin Codjoe		Colyton St Clair	41.33Q
3 Kaydenze Phillips		Nepean	44.17Q
4 Kaitlin Reed		Werrington	46.48
5 Ella Williams		Werrington	46.77
6 Matilda Gill		Emu Plains	48.34

Girls U 7 - 200 Metre Sprint

Zone Record: Z 36.05 1987 E MCGREGOR, COLYTON			
Name	Age	Centre	Final
Section 1 Final			
1 Grace Button		Jamison	39.12
2 Kristin Codjoe		Colyton St Clair	39.94
3 Abbey Cox		Cranebrook	41.49
4 Hannah Sproule		Emu Plains	41.64
5 Charlotte Bradshaw		Penrith	42.50
6 Kaydenze Phillips		Nepean	42.97
7 Paige Warby		Cranebrook	43.31
8 Isabell Burrows		Werrington	45.36

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 8 - 200 Metre Sprint**

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 Zone Record: Z 32.45 1984 B Piening, NEPEAN
 Name Age Centre Heats
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Heat 1 Heats

1 Holly Clark	Cranebrook	38.37Q
2 Alyssa Brincau	Nepean	39.75Q
3 Brielle Adams	Cranebrook	41.50Q
4 Abbi Grennell	Emu Plains	43.70q
5 Krystal Burrows	Penrith	50.25

Heat 2 Heats

1 Mabel Dukes	Emu Plains	39.42Q
2 Alyssa Gibbons	Werrington	39.72Q
3 Mikayla Fisher	Colyton St Clair	41.27Q
4 Bree-Anna Noake	Colyton St Clair	46.14q
5 Lucienne Heffernan	Penrith	47.14

Girls U 8 - 200 Metre Sprint

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 Zone Record: Z 32.45 1984 B Piening, NEPEAN
 Name Age Centre Final
 =====

Section 1 Final

1 Holly Clark	Cranebrook	37.83
2 Alyssa Brincau	Nepean	38.08
3 Mabel Dukes	Emu Plains	38.09
4 Brielle Adams	Cranebrook	39.06
5 Alyssa Gibbons	Werrington	39.16
6 Mikayla Fisher	Colyton St Clair	40.74
7 Abbi Grennell	Emu Plains	44.32
8 Bree-Anna Noake	Colyton St Clair	46.61

Girls U 9 - 200 Metre Sprint

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 Zone Record: Z 30.95 1985 B Piening, NEPEAN
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Sienna Gahagan	Emu Plains	34.21Q
2 Grace Adlington	Jamison	40.13Q
3 Summa Page	Nepean	40.96Q
4 Amber Justice	Werrington	41.47q
5 Emily Steiner	Colyton St Clair	42.12

Heat 2 Heats

1 Jade Elford	Emu Plains	33.42Q
2 Milaya Cleary	Emu Plains	35.07Q
3 Tara Hughes	Werrington	37.40Q
4 Skylah Hagarty	Jamison	38.96q
5 Therese Armstrong	Nepean	42.26
6 Gemma Elliott-Swann	Nepean	42.71

Girls U 9 - 200 Metre Sprint

=====
 Zone Record: Z 30.95 1985 B Piening, NEPEAN
 Name Age Centre Final
 =====

Section 1 Final

1 Sienna Gahagan	Emu Plains	33.19
2 Jade Elford	Emu Plains	33.88
3 Milaya Cleary	Emu Plains	36.39

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Girls U 9 - 200 Metre Sprint**

4 Tara Hughes	Werrington	38.33
5 Skylah Hagarty	Jamison	39.77
6 Grace Adlington	Jamison	40.74
7 Summa Page	Nepean	41.81
8 Amber Justice	Werrington	42.39

Girls U 10 - 200 Metre Sprint

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 Zone Record: Z 30.05 1994 N Prouse, WERRINGTON
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Name	Age Centre	Final
===== Section 1		
1 Amba Korvemaa	Penrith	34.49
2 Halle Scheithe	Cranebrook	35.20
3 Charlotte Bowden	Emu Plains	36.33
4 Ella Grennell	Emu Plains	37.17
5 Makayla Saia	Emu Plains	38.77
6 Somto Igbojiaku	Colyton St Clair	38.79
7 Chloe Schofield	Cranebrook	38.81

Girls U 11 - 200 Metre Sprint

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 Zone Record: Z 28.55 1990 R Mossman, NEPEAN
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Name	Age Centre	Final
===== Section 1		
1 Paige Campbell	Colyton St Clair	29.77
2 Ella Sweeney	Emu Plains	31.04
3 Tia-Jordyn Vasilovski	Werrington	31.93
4 Gabriella Colombo	Werrington	32.75
5 Hunter Burgers-Rebec	Nepean	33.42
6 Talia Parnell	Penrith	34.38
7 Ellie Pettit	Jamison	34.88
8 Louise Armstrong	Nepean	35.05
9 Abby Affleck	Cranebrook	41.02

Girls U 12 - 200 Metre Sprint

=====
 Zone Record: Z 27.75 1987 C Benney, PENRITH VALLEY
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Name	Age Centre	Final
===== Section 1		
1 Donyale Fleming	Emu Plains	29.72
2 Charlotte Blaikie	Emu Plains	30.46
3 Taylah Copland	Cranebrook	31.06
4 Taylah Hufton	Nepean	31.58
5 Evalina Hahn	Emu Plains	32.10
6 Melanie Napoli	Nepean	32.63
7 Elyse McLachlan	Werrington	33.04
8 Ella Wickenden	Jamison	33.54
9 Lyla Colombo	Werrington	33.92

Girls U 13 - 200 Metre Sprint

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 Zone Record: Z 27.15 1991 R Mossman, NEPEAN
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Name	Age Centre	Final
===== Section 1		
1 Montana Atkins	Cranebrook	30.96
2 Julia Mooney	Penrith	31.37

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 14 - 200 Metre Sprint**

Name	Age	Centre	Final
Zone Record: Z 26.85 1990 E Seers, WERRINGTON			
Zone Record: Z 26.85 1991 K Benoit, EMU PLAINS			
1 Sundance Fuller		Penrith	29.36
2 Clare Wentworth		Emu Plains	31.55
3 Sarah Blaikie		Emu Plains	32.47

Girls U 15 - 200 Metre Sprint

Name	Age	Centre	Final
Zone Record: Z 26.45 2013 A Peterson, COLYTON ST CLAIR			
1 Anastasia Williams		Emu Plains	26.63
2 Monique Quirk		Emu Plains	26.94
3 Kaitlyn Dunk		Cranebrook	28.95

Girls U 17 - 200 Metre Sprint

Name	Age	Centre	Final
Zone Record: Z 27.25 2012 H Stewart, EMU PLAINS			
1 Alexandra Petersen		Colyton St Clair	26.67Z
2 Adrienne Baxter		Nepean	27.48
3 Kaitlin Hansen		Cranebrook	28.32
4 Anneliese Isaacs		Nepean	29.13
5 Brittany Cairns		Werrington	30.47

Girls U 8 - 400 Metre Sprint

Name	Age	Centre	Heats
Zone Record: Z 1:16.35 1984 B Piening, NEPEAN			
Heat 1 Heats			
1 Alyssa Brincau		Nepean	1:30.40Q
2 Anna Dubier		Werrington	1:31.66Q
3 Ella Campbell		Colyton St Clair	1:35.26Q
4 Zara Stanford		Cranebrook	1:44.59q
5 Lucienne Heffernan		Penrith	1:53.04
6 Krystal Burrows		Penrith	1:55.60
Heat 2 Heats			
1 Mabel Dukes		Emu Plains	1:24.96Q
2 Brielle Adams		Cranebrook	1:27.08Q
3 Ainsley Giampietro		Emu Plains	1:27.31Q
4 Kaneesha Patrick-Ngao		Jamison	1:49.22q
5 Eden Andrews		Werrington	1:52.55

Girls U 8 - 400 Metre Sprint

Name	Age	Centre	Final
Zone Record: Z 1:16.35 1984 B Piening, NEPEAN			
Section 1 Final			
1 Brielle Adams		Cranebrook	1:25.17
2 Mabel Dukes		Emu Plains	1:26.34
3 Ainsley Giampietro		Emu Plains	1:28.11
4 Anna Dubier		Werrington	1:30.43
5 Alyssa Brincau		Nepean	1:31.10
6 Ella Campbell		Colyton St Clair	1:38.75

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Girls U 8 - 400 Metre Sprint**

7 Zara Stanford	Cranebrook	1:40.91
8 Kaneesha Patrick-Ngao	Jamison	1:44.67

Girls U 9 - 400 Metre Sprint

Zone Record: Z 1:13.95	1985	B Piening, NEPEAN	
Name	Age	Centre	Final

Section 1

1 Tyler-Eve Mair	Emu Plains	1:20.97
2 Sophie McPherson	Penrith	1:27.98
3 Tara Hughes	Werrington	1:31.30
4 Therese Armstrong	Nepean	1:37.50
5 Skylah Hagarty	Jamison	1:38.53
6 Gemma Elliott-Swann	Nepean	1:38.70
7 Amity Sweeney	Emu Plains	1:41.94

Girls U 10 - 400 Metre Sprint

Zone Record: Z 1:09.45	1986	S Harrison, NEPEAN	
Name	Age	Centre	Final

1 Summer Robins	Jamison	1:17.55
2 Amba Korvemaa	Penrith	1:19.73
3 Halle Scheithe	Cranebrook	1:20.14
4 Talia Schempp	Jamison	1:24.88
5 Ella Grennell	Emu Plains	1:25.73
6 Jemma Horton	Nepean	1:30.24
7 Amelia Forti	Emu Plains	1:38.08

Girls U 11 - 400 Metre Sprint

Zone Record: Z 1:07.95	1990	R Mossman, NEPEAN	
Name	Age	Centre	Heats

Heat 1 Heats

1 Keeli Brown	Emu Plains	1:14.17Q
2 Tia-Jordyn Vasilovski	Werrington	1:16.07Q
3 Mia Austin	Jamison	1:27.51Q
4 Nyjokiah Bell	Nepean	1:30.91
5 Rylee Schofield	Cranebrook	1:33.30

Heat 2 Heats

1 Paige Campbell	Colyton St Clair	1:09.50Q
2 Ella Sweeney	Emu Plains	1:17.00Q
3 Louise Armstrong	Nepean	1:19.41Q
4 Leeandra Wilmann	Jamison	1:23.70q
5 Angela Lister	Penrith	1:30.59q
6 Abby Affleck	Cranebrook	1:37.16
7 Thalia Devlin	Nepean	1:42.49

Girls U 11 - 400 Metre Sprint

Zone Record: Z 1:07.95	1990	R Mossman, NEPEAN	
Name	Age	Centre	Final

Section 1 Final

1 Paige Campbell	Colyton St Clair	1:08.67
2 Ella Sweeney	Emu Plains	1:12.49
3 Keeli Brown	Emu Plains	1:13.50

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Girls U 11 - 400 Metre Sprint**

4	Tia-Jordyn Vasilovski	Werrington	1:14.99
5	Leeandra Wilmann	Jamison	1:20.87
6	Louise Armstrong	Nepean	1:21.42
7	Mia Austin	Jamison	1:27.43

Girls U 12 - 400 Metre Sprint

=====
 Zone Record: Z 1:04.35 1997 R Junor, PENRITH VALLEY
 Name Age Centre Final
 =====

Section 1

1	Sydney Robins	Jamison	1:10.09
2	Taylah Copland	Cranebrook	1:12.46
3	Taylah Hufton	Nepean	1:12.47
4	Melanie Napoli	Nepean	1:16.48
5	Mia Makin	Jamison	1:17.28
6	Vivien Toth	Nepean	1:21.79
7	Caydi McPherson	Penrith	1:23.52
8	Elise Fuser	Colyton St Clair	1:28.51

Girls U 13 - 400 Metre Sprint

=====
 Zone Record: Z 1:03.35 1988 C Benney, PENRITH VALLEY
 Zone Record: Z 1:03.35 1998 R Junor, PENRITH
 Name Age Centre Final
 =====

1	Chelsea Brown	Jamison	1:14.09
2	Abbey Camenzuli	Emu Plains	1:14.65
3	Lara Towner	Colyton St Clair	1:15.34
4	Emily Adams	Cranebrook	1:18.63
5	Alyssa Youngman	Penrith	1:22.47
6	Tamika Dean	Emu Plains	1:25.25

Girls U 14 - 400 Metre Sprint

=====
 Zone Record: Z 1:02.05 1990 K Bennoit, EMU PLAINS
 Name Age Centre Final
 =====

1	Matilda Ryan	Jamison	1:05.90
2	Nadia Parris	Werrington	1:21.62

Girls U 15 - 400 Metre Sprint

=====
 Zone Record: Z 1:00.25 1990 A Menzies, EMU PLAINS
 Name Age Centre Final
 =====

1	Monique Quirk	Emu Plains	1:03.17
2	Anastasia Williams	Emu Plains	1:06.24
3	Kaitlyn Dunk	Cranebrook	1:13.68
4	Kiara VanderMeulen	Nepean	1:23.26

Girls U 17 - 400 Metre Sprint

=====
 Zone Record: Z 1:02.75 2012 H Stewart, EMU PLAINS
 Name Age Centre Final
 =====

1	Sianna Steele	Jamison	1:03.75
2	Anneliese Isaacs	Nepean	1:04.33
3	Jessica Tibbett	Cranebrook	1:09.05

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Girls U 17 - 400 Metre Sprint**

4 Brittney Tucker	Nepean	1:16.36
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Girls U 7 - 500 Metre Run Pack Start

=====
 Zone Record: Z 1:54.00 1997 S.Gunn, NEPEAN
 =====

Name	Age Centre	Final
1 Grace Button	Jamison	2:01.84
2 Abbey Cox	Cranebrook	2:07.56
3 Charlotte Bradshaw	Penrith	2:07.96
4 Hannah Sproule	Emu Plains	2:13.82
5 Abigail Simiana	Cranebrook	2:17.78
6 Harmony Rahme	Cranebrook	2:19.07
7 Kaitlin Reed	Werrington	2:19.82
8 Maddison Daley	Emu Plains	2:21.00
9 Amelia Schempp	Jamison	2:22.30
10 Leah Buhagiar	Werrington	2:22.91

Girls U 8 - 700 Metre Run Pack Start

=====
 Zone Record: Z 2:33.80 1996 A.Matafonov, PENRITH VALLEY
 =====

Name	Age Centre	Final
1 Mabel Dukes	Emu Plains	2:45.83
2 Brielle Adams	Cranebrook	2:55.28
3 Anna Dubier	Werrington	2:56.37
4 Ainsley Giampietro	Emu Plains	2:56.68
5 Mikayla Fisher	Colyton St Clair	3:04.45
6 Lily Austin	Jamison	3:09.14
7 Shatina Pritchard	Colyton St Clair	3:09.57
8 Ashleigh South	Colyton St Clair	3:12.85

Girls U 9 - 800 Metre Run

=====
 Zone Record: Z 2:48.40 1987 M Hepworth, WERRINGTON
 =====

Name	Age Centre	Final
1 Tyler-Eve Mair	Emu Plains	3:08.56
2 Alleira Wilmann	Jamison	3:09.42
3 Taylah Burrows	Werrington	3:14.76
4 Sophie McPherson	Penrith	3:16.82
5 Ashley Brunner	Jamison	3:19.25
6 Gemma Elliott-Swann	Nepean	3:36.88
7 Molly Gill	Emu Plains	3:38.35
8 Summa Page	Nepean	3:40.15
9 Hayley Quirk	Emu Plains	3:42.08
10 Therese Armstrong	Nepean	3:42.72
11 Tara Hughes	Werrington	3:44.04
12 Ella Becroft	Nepean	3:48.09

Girls U 10 - 800 Metre Run

=====
 Zone Record: Z 2:40.00 1988 M Hepworth, WERRINGTON
 =====

Name	Age Centre	Final
1 Amba Korvema	Penrith	3:01.93
2 Halle Scheithe	Cranebrook	3:06.79
3 Charlotte Bowden	Emu Plains	3:11.88
4 Talia Schempp	Jamison	3:15.78

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****...Girls U 10 - 800 Metre Run**

5 Ella Grennell	Emu Plains	3:21.20
6 Somto Igbojiaku	Colyton St Clair	3:43.96

Girls U 11 - 800 Metre Run

=====
 Zone Record: Z 2:34.10 1989 M Hepworth, WERRINGTON

Name	Age Centre	Final
1 Charlee Brunner	Jamison	2:50.50
2 Tia-Jordyn Vasilovski	Werrington	2:56.52
3 Emily Youngman	Penrith	3:04.10
4 Keeli Brown	Emu Plains	3:07.02
5 Mia Austin	Jamison	3:13.47
6 Ellie Pettit	Jamison	3:21.00
7 Stacie Becroft	Nepean	3:23.00
8 Jessica Gallen	Penrith	3:26.37
9 Louise Armstrong	Nepean	3:29.52

Girls U 12 - 800 Metre Run

=====
 Zone Record: Z 2:27.10 1999 A Heckenberg, NEPEAN

Name	Age Centre	Final
1 Ravini Ravikumar	Werrington	2:37.92
2 Tayla Gallen	Penrith	2:40.84
3 Sydney Robins	Jamison	2:41.69
4 Tiana Comber	Emu Plains	2:56.86
5 Evalina Hahn	Emu Plains	3:06.74
6 Vivien Toth	Nepean	3:09.46
7 Caydi McPherson	Penrith	3:12.68
8 Kaili Hayward	Penrith	3:24.20
9 Liana Brincau	Nepean	3:33.56

Girls U 13 - 800 Metre Run

=====
 Zone Record: Z 2:26.50 1986 A Bonham, NEPEAN

Name	Age Centre	Final
1 Lara Towner	Colyton St Clair	2:54.12
2 Emily Adams	Cranebrook	3:01.21
3 Kailah Stapleton	Jamison	3:01.74
4 Anna Mason	Werrington	3:02.33
5 Nakiya Smith	Jamison	3:14.61
6 Tamika Dean	Emu Plains	3:23.58

Girls U 14 - 800 Metre Run

=====
 Zone Record: Z 2:24.20 1990 S Harrison, NEPEAN

Name	Age Centre	Final
1 Matilda Ryan	Jamison	2:24.83
2 Katherine Bettencourt	Emu Plains	2:40.69

Girls U 17 - 800 Metre Run

=====
 Zone Record: Z 2:29.83 14/12/2014 Jessica Tibbett, CRANE BROOK

Name	Age Centre	Final
1 Sianna Steele	Jamison	2:28.21Z

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Girls U 17 - 800 Metre Run**

2	Anneliese Isaacs	Nepean	2:32.87
3	Jessica Tibbett	Cranebrook	2:39.86
4	Brittany Cairns	Werrington	3:11.76

Girls U 10 - 1500 Metre Run

=====
 Zone Record: Z 5:25.70 1988 M Hepworth, WERRINGTON

Name	Age	Centre	Final
1 Summer Robins		Jamison	5:52.22
2 Amba Korvema		Penrith	6:22.44
3 Talia Schempp		Jamison	6:32.51
4 Charlotte Bowden		Emu Plains	6:36.79
5 Ella Grennell		Emu Plains	6:51.59
6 Amy Jameson		Jamison	6:59.27

Girls U 11 - 1500 Metre Run

=====
 Zone Record: Z 5:15.50 1985 J Martin, NEPEAN

Name	Age	Centre	Final
1 Charlee Brunner		Jamison	6:04.71
2 Emily Youngman		Penrith	6:29.72
3 Mia Austin		Jamison	6:41.75
4 Stacie Becroft		Nepean	6:47.25
5 Katelyn Kos		Werrington	7:03.10
6 Jessica Gallen		Penrith	7:05.63
7 Ellie Pettit		Jamison	7:21.92
8 Holly Jarvis		Nepean	7:25.72
9 Rylee Schofield		Cranebrook	7:29.20
10 Chey-Anne Talbot		Werrington	8:30.46

Girls U 12 - 1500 Metre Run

=====
 Zone Record: Z 5:07.10 1990 M Hepworth, WERRINGTON

Name	Age	Centre	Final
1 Ravini Ravikumar		Werrington	5:29.35
2 Sydney Robins		Jamison	5:50.93
3 Vivien Toth		Nepean	6:29.75
4 Caydi McPherson		Penrith	6:47.20
5 Jada Thomson		Colyton St Clair	6:52.58
6 Liana Brincau		Nepean	7:31.96
7 Mariah Dean		Emu Plains	7:55.17

Girls U 13 - 1500 Metre Run

=====
 Zone Record: Z 4:52.20 1999 S Harrison, NEPEAN

Name	Age	Centre	Final
1 Tayler Filbin		Werrington	5:58.06
2 Lara Towner		Colyton St Clair	6:14.86
3 Anna Mason		Werrington	6:25.44
4 Tamika Dean		Emu Plains	6:26.44
5 Tara Langford		Penrith	7:19.80

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 14 - 1500 Metre Run**

Zone Record: Z 4:52.40 1996 M French, NEPEAN			
Name	Age	Centre	Final
1 Matilda Ryan		Jamison	5:10.15
2 Katherine Bettencourt		Emu Plains	5:51.13
3 Nadia Parris		Werrington	7:34.94

Girls U 15 - 1500 Metre Run

Zone Record: Z 4:50.40 1996 K Field, NEPEAN			
Name	Age	Centre	Final
1 Kiara VanderMeulen		Nepean	7:02.40

Girls U 17 - 1500 Metre Run

Zone Record: Z 5:16.05 13/12/2014 Jessica Tibbett, CRANE BROOK			
Name	Age	Centre	Final
1 Sianna Steele		Jamison	5:13.57Z
2 Jessica Tibbett		Cranebrook	5:31.14
3 Anneliese Isaacs		Nepean	5:41.57
4 Brittney Tucker		Nepean	6:26.25

Girls U 13 - 3000 Metre Run

Zone Record: Z 10:43.00 1996 M French, NEPEAN			
Name	Age	Centre	Final
1 Tayler Filbin		Werrington	13:16.16
2 Emily Adams		Cranebrook	14:03.79
3 Tamika Dean		Emu Plains	14:39.61

Girls U 17 - 3000 Metre Run

Zone Record: Z 11:17.33 12/12/2014 Jessica Tibbett, CRANE BROOK			
Name	Age	Centre	Final
1 Jessica Tibbett		Cranebrook	12:03.65
2 Brittney Tucker		Nepean	14:39.87

Girls U 8 - 60 Metre Hurdles (45cm)

Zone Record: Z 11.45 1996 B Smith, JAMISON			
Name	Age	Centre	Heats

Heat 1 Heats

1 Anna Dubier		Werrington	13.42Q
2 Brielle Adams		Cranebrook	13.57Q
3 Alyssa Brincau		Nepean	14.32Q
4 Lilli Kandel		Werrington	14.57q
5 Ainsley Giampietro		Emu Plains	15.23
6 Jade Grennell-Buckley		Emu Plains	16.15
7 Tayla Smith		Penrith	17.29

Heat 2 Heats

1 Ashleigh South		Colyton St Clair	13.85Q
2 Zara Stanford		Cranebrook	14.11Q
3 Eden Andrews		Werrington	14.20Q
4 Kayla Buhagiar		Werrington	14.81q

OUTER WEST MET ZONE TRACK & FIELD CHAMPS

Harold Corr Oval, Werrington

Results

....Girls U 8 - 60 Metre Hurdles (45cm)

5 Lyric Salafai	Nepean	14.97
6 Mia-Lee Evans-Conn	Penrith	15.10
7 Lucienne Heffernan	Penrith	15.89
8 Adriana Borg	Colyton St Clair	16.25

Girls U 8 - 60 Metre Hurdles (45cm)

=====
 Zone Record: Z 11.45 1996 B Smith, JAMISON
 Name Age Centre Final
 =====

Section 1 Final

1 Brielle Adams	Cranebrook	12.70
2 Anna Dubier	Werrington	12.85
3 Zara Stanford	Cranebrook	13.77
4 Alyssa Brincau	Nepean	14.19
5 Lilli Kandel	Werrington	14.35
6 Kayla Buhagiar	Werrington	15.14
7 Eden Andrews	Werrington	16.30
8 Ashleigh South	Colyton St Clair	17.11

Girls U 9 - 60 Metre Hurdles (45cm)

=====
 Zone Record: Z 11.15 1997 E Junor, PENRITH VALLEY
 Zone Record: Z 11.15 2000 E Spillane, NEPEAN
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Tyler-Eve Mair	Emu Plains	12.18Q
2 Milaya Cleary	Emu Plains	12.46Q
3 Emma Matthias	Emu Plains	12.78Q
4 Taylah Burrows	Werrington	13.32q
5 Sophie McPherson	Penrith	13.57
6 Grace Adlington	Jamison	14.01

Heat 2 Heats

1 Ashley Brunner	Jamison	12.87Q
2 Chloe O'Hare	Nepean	13.17Q
3 Mieka Batten	Nepean	13.42Q
4 Alyssa Ballard	Penrith	13.55q
5 Chloe Watson	Penrith	13.68
6 Fuianina Washburn	Jamison	14.60
7 Amber Justice	Werrington	14.82
8 Teagan Hall	Nepean	14.86

Girls U 9 - 60 Metre Hurdles (45cm)

=====
 Zone Record: Z 11.15 1997 E Junor, PENRITH VALLEY
 Zone Record: Z 11.15 2000 E Spillane, NEPEAN
 Name Age Centre Final
 =====

Section 1 Final

1 Tyler-Eve Mair	Emu Plains	11.36
2 Milaya Cleary	Emu Plains	11.71
3 Emma Matthias	Emu Plains	12.32
4 Chloe O'Hare	Nepean	12.56
5 Alyssa Ballard	Penrith	12.61
6 Ashley Brunner	Jamison	12.74
7 Taylah Burrows	Werrington	12.75
8 Mieka Batten	Nepean	13.38

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 10 - 60 Metre Hurdles (60cm)**

=====
 Zone Record: Z 11.26 13/12/2014 Ariana Levy, WERRINGTON

Name	Age Centre	Heats
===== Heat 1 Heats		
1 Hayley Kovacs	Nepean	12.18Q
2 Grace Galuzzi	Emu Plains	12.47Q
3 Taylor Brown	Cranebrook	12.77Q
4 Miah Green	Emu Plains	13.19q
5 Kiayla Casserly	Werrington	13.76q
6 Jemma Horton	Nepean	14.28
7 Somto Igbojiaku	Colyton St Clair	14.34
===== Heat 2 Heats		
1 April Almond	Penrith	12.24Q
2 Alice Galluzzi	Emu Plains	12.83Q
3 Summer Robins	Jamison	12.91Q
4 Makayla Saia	Emu Plains	14.13
5 Shirley Lolohea	Nepean	15.25
6 Abby Hile	Colyton St Clair	15.28

Girls U 10 - 60 Metre Hurdles (60cm)

=====
 Zone Record: Z 11.26 13/12/2014 Ariana Levy, WERRINGTON

Name	Age Centre	Final
===== Section 1 Final		
1 Hayley Kovacs	Nepean	12.00
2 April Almond	Penrith	12.05
3 Grace Galuzzi	Emu Plains	12.51
4 Alice Galluzzi	Emu Plains	12.66
5 Summer Robins	Jamison	12.68
6 Taylor Brown	Cranebrook	12.76
7 Kiayla Casserly	Werrington	13.69
8 Miah Green	Emu Plains	13.92

Girls U 11 - 60 Metre Hurdles (60cm)

=====
 Zone Record: Z 10.75 2002 E Spillane, NEPEAN

Zone Record: Z 10.75 2006 TJ Forno, COLYTON

Zone Record: Z 10.75 2013 C Meyers, EMU PLAINS

Name	Age Centre	Heats
===== Heat 1 Heats		
1 Ariana Levy	Werrington	11.52Q
2 Hunter Burgers-Rebec	Nepean	12.18Q
3 Briony White	Penrith	12.47Q
4 Katelyn Kos	Werrington	12.48q
5 Zara Meyers	Emu Plains	12.56q
6 Jane Lolohea	Nepean	14.82
7 Rhianni Deagan	Colyton St Clair	14.95
===== Heat 2 Heats		
1 Gabriella Colombo	Werrington	11.59Q
2 Ellie Dinjar	Emu Plains	12.13Q
3 Paige Flood	Werrington	12.72Q
4 Talia Parnell	Penrith	12.89
5 Darcy Jarman	Cranebrook	14.09
6 Thalia Devlin	Nepean	15.21

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 11 - 60 Metre Hurdles (60cm)**

=====
 Zone Record: Z 10.75 2002 E Spillane, NEPEAN
 Zone Record: Z 10.75 2006 TJ Forno, COLYTON
 Zone Record: Z 10.75 2013 C Meyers, EMU PLAINS

Name	Age	Centre	Final
===== Section 1 Final			
1 Gabriella Colombo		Werrington	11.22
2 Paige Flood		Werrington	11.86
3 Hunter Burgers-Rebec		Nepean	11.88
4 Ariana Levy		Werrington	12.10
5 Ellie Dinjar		Emu Plains	12.11
6 Katelyn Kos		Werrington	12.15
7 Zara Meyers		Emu Plains	12.20
8 Briony White		Penrith	12.23

Girls U 12 - 60 Metre Hurdles (68cm)

=====
 Zone Record: Z 10.13 13/12/2014 Claire Meyers, EMU PLAINS

Name	Age	Centre	Heats
===== Heat 1 Heats			
1 Maddison McIntosh		Emu Plains	11.76Q
2 Mia Makin		Jamison	12.03Q
3 Melanie Napoli		Nepean	12.39Q
4 Sky O'Hare		Nepean	12.63q
5 Caydi McPherson		Penrith	13.85
6 Chelsea Parris		Werrington	14.94
Heat 2 Heats			
1 Tayla Gallen		Penrith	11.64Q
2 Lyla Colombo		Werrington	12.20Q
3 Evalina Hahn		Emu Plains	12.45Q
4 Liana Brincau		Nepean	13.28q
5 Chloe Kohler		Nepean	13.33
6 Abbey Watson		Penrith	13.37

Girls U 12 - 60 Metre Hurdles (68cm)

=====
 Zone Record: Z 10.13 13/12/2014 Claire Meyers, EMU PLAINS

Name	Age	Centre	Final
===== Section 1 Final			
1 Maddison McIntosh		Emu Plains	11.33
2 Tayla Gallen		Penrith	11.62
3 Mia Makin		Jamison	11.63
4 Lyla Colombo		Werrington	11.80
5 Evalina Hahn		Emu Plains	11.84
6 Melanie Napoli		Nepean	12.21
7 Sky O'Hare		Nepean	12.40
8 Liana Brincau		Nepean	12.50

Girls U 13 - 80 Metre Hurdles (76cm)

=====
 Zone Record: Z 13.85 1997 E Garrard, JAMISON

Name	Age	Centre	Final
===== Section 1			
1 Sarah Polinsky		Werrington	13.43Z
2 Ainslie Baxter		Nepean	15.82
3 Zoe Parnell		Werrington	16.19

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Girls U 13 - 80 Metre Hurdles (76cm)**

4	Kailah Stapleton	Jamison	16.58
5	Julia Mooney	Penrith	19.72
6	Claire Meyers	Emu Plains	44.62

Girls U 14 - 80 Metre Hurdles (76cm)

=====			
Zone Record: Z 13.45 1997 B Flewell-Smith, PENRITH VALL			
Name	Age	Centre	Final
=====			
1	Sundance Fuller	Penrith	13.90
2	Hayley O'Hare	Nepean	14.43
3	Clare Wentworth	Emu Plains	16.14
4	Carly Bowen	Werrington	18.67

Girls U 15 - 90 Metre Hurdles (76cm)

=====			
Zone Record: Z 15.05 1997 L Hill, COLYTON			
Zone Record: Z 15.05 2004 A McBURNEY, PENRITH			
Name	Age	Centre	Final
=====			
1	Kaitlyn Dunk	Cranebrook	16.65
2	Shariyah Pickett	Werrington	16.88
3	Keely Ellerington	Nepean	18.68

Girls U 17 - 100 Metre Hurdles (76cm)

=====			
Zone Record: Z 15.77 14/12/2014 Adrienne Baxter, NEPEAN			
Name	Age	Centre	Final
=====			
1	Adrienne Baxter	Nepean	16.11
2	Alisha Dohne	Cranebrook	20.08
3	Lace Walker	Werrington	20.55

Girls U 13 - 200 Metre Hurdles (68cm)

=====			
Zone Record: Z 31.35 2007 G Marshall, PENRITH VALLEY			
Zone Record: Z 31.35 2008 L Carter, JAMISON			
Name	Age	Centre	Final
=====			
1	Sarah Polinsky	Werrington	31.39
2	Lilah Piggott	Jamison	33.25
3	Ainslie Baxter	Nepean	36.23
4	Julia Mooney	Penrith	37.35

Girls U 14 - 200 Metre Hurdles (76cm)

=====			
Zone Record: Z 30.25 1997 R Junor, PENRITH VALLEY			
Name	Age	Centre	Final
=====			
1	Sundance Fuller	Penrith	33.86

Girls U 15 - 200 Metre Hurdles (76cm)

=====			
Zone Record: Z 30.15 2010 L Carter, JAMISON			
Name	Age	Centre	Final
=====			
1	Kaitlyn Dunk	Cranebrook	35.03
2	Adut Deng	Nepean	36.61
3	Kiara VanderMeulen	Nepean	37.14

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 17 - 200 Metre Hurdles (76cm)**

Zone Record: Z 30.15 2010 G Marshall, PENRITH VALLEY			
Name	Age	Centre	Final
1 Adrienne Baxter		Nepean	30.47
2 Lace Walker		Werrington	35.97
3 Alisha Dohne		Cranebrook	38.43
4 Shannon Munnaweera		Jamison	43.28

Girls U 9-12 4x100 Metre Relay (Jnr)

Zone Record: Z 57.45 2012 Jamison, JAMISON			
Centre			Final
1 Emu Plains			1:01.18
1) Ella Sweeney 11	2) Jade Elford 9		
3) Sienna Gahagan 9	4) Charlotte Blaikie 12		
2 Nepean			1:02.05
1) Hunter Burgers-Rebec 11	2) Nekea Talaia 9		
3) Taylah Hufton 12	4) Hayley Kovacs 10		
3 Jamison			1:03.32
1) Charlee Brunner 11	2) Judith Gould 9		
3) Summer Robins 10	4) Mia Makin 12		
4 Werrington			1:04.17
1) Taylah Burrows 9	2) Elissa Lee 12		
3) Abbi Collins 10	4) Tia-Jordyn Vasilovski 11		
5 Penrith			1:05.34
1) Sophie McPherson 9	2) April Almond 10		
3) Talia Parnell 11	4) Abbey Watson 12		
6 Cranebrook			1:07.43
1) Halle Scheithe 10	2) Summer Atkins 10		
3) Taylah Copland 12	4) Anthea Karauas 9		
7 Colyton St Clair			1:08.96
1) Emily Steiner 9	2) Somto Igbojiaku 10		
3) Paige Campbell 11	4) Kiana Sheehan 12		

Girls U 12-17 4x100 Metre Relay (Snr)

Zone Record: Z 54.05 2013 Emu Plains, EMU PLAINS			
Centre			Final
1 Emu Plains			53.17Z
1) Monique Quirk 15	2) Donyale Fleming 12		
3) Sarah Blaikie 14	4) Anastasia Williams 15		
2 Nepean			56.51
1) Keely Ellerington 15	2) Hayley O'Hare 14		
3) Ainslie Baxter 13	4) Adrienne Baxter 17		
3 Jamison			56.92
1) Matilda Ryan 14	2) Lilah Piggott 13		
3) Chelsea Brown 13	4) Sianna Steele 17		
4 Werrington			57.39
1) Sarah Polinsky 13	2) Brittany Cairns 17		
3) Elyse McLachlan 12	4) Shariyah Pickett 15		
5 Cranebrook			59.38
1) Emily Adams 13	2) Montana Atkins 13		
3) Kaitlyn Dunk 15	4) Kaitlin Hansen 17		
6 Penrith			1:02.61
1) Alyssa Youngman 13	2) Julia Mooney 13		
3) Sundance Fuller 14	4) Hayley Broadhead 17		

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 9 - High Jump (S/H 0.80m)**

Zone Record: Z 1.20m 1984 A Nolan, NEPEAN			
Name	Age	Centre	Final
Flight 1			
1 Ashley Brunner		Jamison	1.06m
2 Judith Gould		Jamison	1.04m
2 Taylah Burrows		Werrington	1.04m
4 Emma Matthias		Emu Plains	1.02m
5 Chloe Watson		Penrith	0.85m
6 Chloe O'Hare		Nepean	J0.85m
7 Ella Becroft		Nepean	0.80m

Girls U 10 - High Jump (S/H 0.90m)

Zone Record: Z 1.29m 1991 K Mulheron, WERRINGTON			
Name	Age	Centre	Final
1 April Almond		Penrith	1.17m
2 Alice Galluzzi		Emu Plains	1.15m
3 Abbi Collins		Werrington	1.13m
4 Kiayla Casserly		Werrington	1.05m
5 Isabella Degei		Emu Plains	1.00m
6 Hayley Kovacs		Nepean	J1.00m
7 Makayla Saia		Emu Plains	0.85m

Girls U 11 - High Jump (S/H 1.00m)

Zone Record: Z 1.40m 1987 L Proietti, NEPEAN			
Name	Age	Centre	Final
1 Charlee Brunner		Jamison	1.29m
2 Grace Stewart		Nepean	1.23m
3 Alexandra Fleming		Emu Plains	1.19m
4 Ellie Dinjar		Emu Plains	J1.19m
5 Paige Flood		Werrington	1.17m
6 Leeandra Wilmann		Jamison	1.15m
7 Alicia Langford		Penrith	1.10m
8 Rylee Schofield		Cranebrook	J1.10m
8 Chloe Matthias		Emu Plains	J1.10m
10 Briony White		Penrith	1.05m
10 Emily Youngman		Penrith	1.05m
-- Thalia Devlin		Nepean	FAIL

Girls U 12 - High Jump (S/H 1.10m)

Zone Record: Z 1.51m 1987 K Melvin, NEPEAN			
Name	Age	Centre	Final
1 Elissa Lee		Werrington	1.35m
2 Maddison McIntosh		Emu Plains	1.33m
3 Evalina Hahn		Emu Plains	1.31m
4 Sky O'Hare		Nepean	1.23m
5 Jasmine Vella		Cranebrook	1.17m
6 Chloe Parnell		Penrith	1.15m
-- Abbey Watson		Penrith	FAIL

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 13 - High Jump (S/H 1.15m)**

Zone Record: Z 1.58m 1994 K Mulheron, WERRINGTON			
Name	Age	Centre	Final
1 Zoe Parnell		Werrington	1.37m
2 Ainslie Baxter		Nepean	1.27m
3 Alyssa Youngman		Penrith	J1.27m
3 Montana Atkins		Cranebrook	J1.27m
-- Lara Towner		Colyton St Clair	FAIL
-- Chenoa Ngwudo		Penrith	FAIL

Girls U 14 - High Jump (S/H 1.20m)

Zone Record: Z 1.57m 2000 A Kelly, PENRITH VALLEY			
Name	Age	Centre	Final
1 Jaz Byrnes		Emu Plains	1.49m
2 Hayley O'Hare		Nepean	J1.49m
3 Nadia Parris		Werrington	1.30m

Girls U 15 - High Jump (S/H 1.20m)

Zone Record: Z 1.68m 1991 L Proietti, NEPEAN			
Name	Age	Centre	Final
1 Adut Deng		Nepean	1.36m
2 Keely Ellerington		Nepean	1.32m
3 Kiara VanderMeulen		Nepean	1.24m
-- Shantarna McPherson-Brem		Nepean	FAIL

Girls U 17 - High Jump (S/H 1.25m)

Zone Record: Z 1.46m 2010 K Hackenburg, COLYTON			
Name	Age	Centre	Final
1 Alisha Dohne		Cranebrook	1.35m
2 Brittany Cairns		Werrington	1.30m
3 Emily Martin		Cranebrook	1.25m

Girls U 7 - Long Jump

Zone Record: Z 3.07m 1985 T Rockall, NEPEAN			
Name	Age	Centre	Final
1 Amber Stapleton		Jamison	3.19mZ
2 Addisyn Ives		Emu Plains	2.97m
3 Kristin Codjoe		Colyton St Clair	2.74m
4 Harmony Rahme		Cranebrook	2.66m
5 Kaitlin Reed		Werrington	2.52m
6 Matilda Gill		Emu Plains	2.47m
7 Isabell Burrows		Werrington	2.40m
8 Charlotte Bradshaw		Penrith	2.39m
9 Leah Buhagiar		Werrington	2.05m
10 Kaydenze Phillips		Nepean	1.97m
11 Manaia Roy		Werrington	1.94m
11 Paige Warby		Cranebrook	1.94m
13 Nishelle Nagaretnam		Penrith	1.74m
14 Amelia Schempp		Jamison	1.66m
15 Lily Warren		Cranebrook	1.64m
16 Madison Brown		Cranebrook	1.55m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Girls U 7 - Long Jump**

17 Elsie McLean	Werrington	1.43m
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Girls U 8 - Long Jump

Zone Record: Z 3.47m 1991 J Webster, COLYTON		
Name	Age Centre	Final
1 Holly Clark	Cranebrook	3.29m
2 Ivory Osborne	Emu Plains	3.13m
3 Lyric Salafai	Nepean	3.09m
4 Adriana Borg	Colyton St Clair	2.90m
5 Lily Austin	Jamison	2.83m
6 Ella Campbell	Colyton St Clair	2.78m
7 Eden Andrews	Werrington	2.64m
8 Mia-Lee Evans-Conn	Penrith	2.60m
9 Lilli Kandel	Werrington	2.59m
10 Abbi Grennell	Emu Plains	2.45m
11 Ainsley Giampietro	Emu Plains	2.32m
12 Kaneesha Patrick-Ngao	Jamison	2.29m
13 Olivia Bowden	Emu Plains	1.94m
14 Tayla Smith	Penrith	1.93m

Girls U 9 - Long Jump

Zone Record: Z 3.97m 1985 B Piening, NEPEAN		
Name	Age Centre	Final
1 Nekea Talaia	Nepean	3.57m
2 Milaya Cleary	Emu Plains	3.54m
3 Sienna Gahagan	Emu Plains	3.52m
4 Tara Hughes	Werrington	3.35m
5 Emma Matthias	Emu Plains	3.21m
5 Tyler-Eve Mair	Emu Plains	3.21m
7 Alleira Wilmann	Jamison	3.13m
8 Chloe O'Hare	Nepean	3.10m
9 Ashley Brunner	Jamison	3.07m
10 Judith Gould	Jamison	2.84m
11 Alyssa Ballard	Penrith	2.77m
12 Paige Pearson	Jamison	2.64m
13 Gemma Elliott-Swann	Nepean	2.58m
14 Mieka Batten	Nepean	2.54m
15 Amber Justice	Werrington	2.49m
16 Teagan Hall	Nepean	2.35m
17 Chloe Watson	Penrith	2.25m
18 Susannah Cooper-Pritchard	Werrington	2.08m
19 Tarni White	Penrith	1.58m

Girls U 10 - Long Jump

Zone Record: Z 4.24m 1985 B Piening, NEPEAN		
Name	Age Centre	Final
1 Hayley Kovacs	Nepean	3.82m
2 Taylor Brown	Cranebrook	3.59m
3 Summer Robins	Jamison	3.55m
4 Abbi Collins	Werrington	3.44m
5 Grace Galuzzi	Emu Plains	3.38m
6 Kiayla Casserly	Werrington	3.06m
7 Abby Hile	Colyton St Clair	2.72m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 11 - Long Jump**

Zone Record: Z 4.45m 1990 R Mossman, NEPEAN			
Name	Age	Centre	Final
1 Paige Campbell		Colyton St Clair	4.35m
2 Ella Sweeney		Emu Plains	4.04m
3 Ariana Levy		Werrington	3.93m
4 Keeli Brown		Emu Plains	3.78m
5 Gabriella Colombo		Werrington	3.77m
6 Briony White		Penrith	3.56m
7 Grace Stewart		Nepean	3.49m
8 Ellie Dinjar		Emu Plains	3.44m
9 Zara Meyers		Emu Plains	3.35m
10 Nyjokiah Bell		Nepean	3.26m
11 Paige Flood		Werrington	3.19m
12 Darcy Jarman		Cranebrook	3.09m
13 Talia Parnell		Penrith	3.08m
14 Rhianni Deagan		Colyton St Clair	2.90m
15 Abby Affleck		Cranebrook	2.79m

Girls U 12 - Long Jump

Zone Record: Z 4.78m 1991 R Mossman, NEPEAN			
Name	Age	Centre	Final
1 Maddison McIntosh		Emu Plains	4.41m
2 Charlotte Blaikie		Emu Plains	4.15m
3 Elissa Lee		Werrington	4.14m
4 Ravini Ravikumar		Werrington	4.10m
5 Donyale Fleming		Emu Plains	4.02m
6 Elyse McLachlan		Werrington	3.99m
7 Sky O'Hare		Nepean	3.82m
8 Chloe Kohler		Nepean	3.67m
9 Abbey Watson		Penrith	3.45m
10 Lyla Colombo		Werrington	3.38m
11 Ella Wickenden		Jamison	3.36m
12 Chelsea Parris		Werrington	3.21m
13 Elise Fuser		Colyton St Clair	3.18m
14 Vivien Toth		Nepean	3.02m
15 Mariah Dean		Emu Plains	2.98m
16 Liana Brincau		Nepean	2.78m

Girls U 13 - Long Jump

Zone Record: Z 5.16m 1991 R Mossman, NEPEAN			
Name	Age	Centre	Final
1 Lilah Piggott		Jamison	4.39m
2 Sarah Polinsky		Werrington	4.33m
3 Ainslie Baxter		Nepean	4.10m
4 Lara Towner		Colyton St Clair	4.06m
5 Chelsea Brown		Jamison	4.03m
6 Zoe Parnell		Werrington	3.75m
7 Julia Mooney		Penrith	3.38m
8 Ravdeesh Toor		Emu Plains	3.23m
9 Ashleigh Cook		Penrith	3.03m
10 Alyssa Youngman		Penrith	2.92m
11 Chenoa Ngwudo		Penrith	2.60m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 14 - Long Jump**

Zone Record: Z 5.34m 2009 C Heeps, JAMISON			
Name	Age	Centre	Final
1 Hayley O'Hare		Nepean	4.49m
2 Sarah Blaikie		Emu Plains	4.31m
3 Alysha Pearson		Jamison	3.94m
4 Renee Taylor		Emu Plains	3.68m

Girls U 15 - Long Jump

Zone Record: Z 5.36m 2013 A Baxter, NEPEAN			
Name	Age	Centre	Final
1 Anastasia Williams		Emu Plains	4.90m
2 Kaitlyn Dunk		Cranebrook	4.87m
3 Shariyah Pickett		Werrington	4.65m
4 Monique Quirk		Emu Plains	4.62m
5 Keely Ellerington		Nepean	3.99m

Girls U 17 - Long Jump

Zone Record: Z 5.32m 2012 A Ruse, JAMISON			
Name	Age	Centre	Final
1 Adrienne Baxter		Nepean	5.52mZ
2 Alexandra Petersen		Colyton St Clair	5.47mZ
3 Jessica Tibbett		Cranebrook	4.68m
4 Shannon Munnaweera		Jamison	3.78m

Girls U 11 - Triple Jump

Zone Record: Z 9.54m 1990 R Mossman, NEPEAN			
Name	Age	Centre	Final
1 Keeli Brown		Emu Plains	8.85m
2 Ariana Levy		Werrington	8.15m
3 Charlee Brunner		Jamison	8.10m
4 Katelyn Kos		Werrington	7.95m
5 Briony White		Penrith	7.72m
6 Elyzah Allan		Colyton St Clair	7.65m
7 Alicia Langford		Penrith	7.35m
8 Zara Meyers		Emu Plains	7.15m
9 Chloe Matthias		Emu Plains	7.09m
10 Leeandra Wilmann		Jamison	7.00m
11 Alexandra Fleming		Emu Plains	6.50m
12 Rylee Schofield		Cranebrook	6.35m

Girls U 12 - Triple Jump

Zone Record: Z 9.94m 2003 S Pepa, PENRITH VALLEY			
Name	Age	Centre	Final
1 Elissa Lee		Werrington	9.47m
2 Donyale Fleming		Emu Plains	9.28m
3 Tiana Comber		Emu Plains	9.17m
4 Sydney Robins		Jamison	9.09m
5 Ravini Ravikumar		Werrington	8.58m
6 Sky O'Hare		Nepean	8.38m
7 Taylah Copland		Cranebrook	8.31m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****...Girls U 12 - Triple Jump**

8	Lyla Colombo	Werrington	7.87m
9	Ella Wickenden	Jamison	7.17m
10	Elise Fuser	Colyton St Clair	6.91m
--	Chloe Parnell	Penrith	FOUL

Girls U 13 - Triple Jump

Zone Record: Z 10.56m 2010 M Rushton, CRANEBROOK			
Name	Age	Centre	Final
1	Sarah Polinsky	Werrington	10.05m
2	Lilah Piggott	Jamison	9.25m
3	Lara Towner	Colyton St Clair	8.92m
4	Kailah Stapleton	Jamison	8.63m
5	Chelsea Brown	Jamison	8.43m
6	Julia Mooney	Penrith	7.83m
7	Emily Adams	Cranebrook	7.48m
8	Alyssa Youngman	Penrith	7.33m
9	Ravdeesh Toor	Emu Plains	7.16m
10	Tamika Dean	Emu Plains	6.66m
11	Tara Langford	Penrith	5.88m
--	Chenoa Ngwudo	Penrith	FOUL

Girls U 14 - Triple Jump

Zone Record: Z 11.32m 2010 A Ruse, JAMISON			
Name	Age	Centre	Final
1	Hayley O'Hare	Nepean	10.61m
2	Sundance Fuller	Penrith	9.15m
3	Nadia Parris	Werrington	8.50m

Girls U 15 - Triple Jump

Zone Record: Z 11.47m 2012 T Garrett, PENRITH VALLEY			
Name	Age	Centre	Final
1	Anastasia Williams	Emu Plains	10.43m
2	Shariyah Pickett	Werrington	9.73m
3	Keely Ellerington	Nepean	9.55m
4	Adut Deng	Nepean	9.50m
5	Shantarna McPherson-Brem	Nepean	8.61m
6	Kiara VanderMeulen	Nepean	8.44m

Girls U 17 - Triple Jump

Zone Record: Z 11.83m 2012 A Ruse, JAMISON			
Name	Age	Centre	Final
1	Alexandra Petersen	Colyton St Clair	11.43m
2	Emily Martin	Cranebrook	9.22m
3	Brittany Cairns	Werrington	8.46m
4	Lace Walker	Werrington	8.28m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 7 - Shot Put (1.0 Kg)**

Zone Record: Z 6.34m 1988 K Mulheron, WERRINGTON			
Name	Age	Centre	Final
1 Harmony Rahme		Cranebrook	4.12m
2 Lillyava Brenner		Werrington	3.99m
3 Hannah Sproule		Emu Plains	3.98m
4 Ella Williams		Werrington	3.58m
5 Matilda Gill		Emu Plains	3.55m
6 Manaia Roy		Werrington	3.24m
7 Madison Brown		Cranebrook	2.99m
8 Elsie McLean		Werrington	2.82m

Girls U 8 - Shot Put (1.5 Kg)

Zone Record: Z 6.99m 2006 T Hill, COLYTON			
Name	Age	Centre	Final
1 Shatina Pritchard		Colyton St Clair	5.07m
2 Lyric Salafai		Nepean	4.98m
3 Mia-Lee Evans-Conn		Penrith	4.97m
4 Alyssa Gibbons		Werrington	4.69m
5 Ashleigh South		Colyton St Clair	4.33m
6 Olivia Bowden		Emu Plains	4.26m
7 Bree-Anna Noake		Colyton St Clair	4.24m
8 Kayla Buhagiar		Werrington	4.23m
9 Kiara Pagnamenta		Penrith	3.63m
10 Isabella Vella		Nepean	3.19m
11 Lucienne Heffernan		Penrith	2.74m

Girls U 9 - Shot Put (2.0 Kg)

Zone Record: Z 7.67m 2003 K Chapple, NEPEAN			
Name	Age	Centre	Final
1 Caroline Hansen		Colyton St Clair	4.97m
2 Kiarna Amituanai		Nepean	4.76m
3 Molly Gill		Emu Plains	4.18m
4 Teagan Hall		Nepean	4.03m
5 Fuianina Washburn		Jamison	3.95m
6 Susannah Cooper-Pritchar		Werrington	3.64m
7 Therese Armstrong		Nepean	3.62m
8 Hayley Quirk		Emu Plains	3.29m
9 Paige Pearson		Jamison	2.74m

Girls U 10 - Shot Put (2.0 Kg)

Zone Record: Z 9.04m 1991 K Mulheron, WERRINGTON			
Name	Age	Centre	Final
1 Isabella Degei		Emu Plains	7.34m
2 Amber Shearley		Cranebrook	6.33m
3 Summer Atkins		Cranebrook	5.97m
4 Jenna Isaacs		Emu Plains	5.45m
5 Jade Busst		Jamison	5.35m
6 Chloe Burrows		Penrith	5.19m
7 Shirley Lolohea		Nepean	4.64m
8 Chloe Schofield		Cranebrook	4.54m
9 Olivia Cromie		Penrith	3.85m
10 Siobahn Butcher		Cranebrook	3.16m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 11 - Shot Put (2.0 Kg)**

Zone Record: Z 11.36m 1996 K Donovan, COLYTON			
Name	Age	Centre	Final
1 Elyzah Allan		Colyton St Clair	7.25m
2 Holly Lampard		Nepean	6.89m
3 Angela Lister		Penrith	6.45m
4 Louise Armstrong		Nepean	6.26m
5 Zara Meyers		Emu Plains	5.46m
6 Alexandra Fleming		Emu Plains	5.07m
7 Chloe Matthias		Emu Plains	4.95m
8 Darcy Jarman		Cranebrook	4.61m
9 Natasha Spiers		Jamison	4.22m

Girls U 12 - Shot Put (2.0 Kg)

Zone Record: Z 13.72m 1996 M Martin, COLYTON			
Name	Age	Centre	Final
1 Alissa Keene		Emu Plains	10.07m
2 Jessica Keene		Emu Plains	9.89m
3 Jasmine Vella		Cranebrook	9.10m
4 Chloe Kohler		Nepean	8.43m
5 Amelia Stone		Emu Plains	7.96m
6 Kiana Sheehan		Colyton St Clair	6.71m
7 Elyssa Green		Emu Plains	5.49m
8 Chelsea Parris		Werrington	5.45m

Girls U 13 - Shot Put (3.0 Kg)

Zone Record: Z 11.76m 2007 K Chapple, NEPEAN			
Name	Age	Centre	Final
1 Shahni Edwards		Nepean	10.69m
2 Montana Atkins		Cranebrook	7.45m
3 Ainslie Baxter		Nepean	7.32m
4 Sophie Heather		Nepean	6.69m
5 Ravdeesh Toor		Emu Plains	6.07m
6 Tara Langford		Penrith	4.96m
7 Chenoa Ngwudo		Penrith	4.84m

Girls U 14 - Shot Put (3.0 Kg)

Zone Record: Z 12.28m 2008 K Chapple, NEPEAN			
Name	Age	Centre	Final
1 Alysha Pearson		Jamison	11.59m
2 Hayley O'Hare		Nepean	8.51m
3 Renee Taylor		Emu Plains	8.03m
4 Nadia Parris		Werrington	6.89m

Girls U 15 - Shot Put (3.0 Kg)

Zone Record: Z 12.14m 2009 K Chapple, NEPEAN			
Name	Age	Centre	Final
1 Shariyah Pickett		Werrington	7.49m
2 Shantarna McPherson-Brem		Nepean	7.24m
3 Keely Ellerington		Nepean	6.83m
4 Selena Ledbrook		Nepean	6.48m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 17 - Shot Put (3.0 Kg)**

Zone Record: Z 15.98m 2012 T Sengal, NEPEAN			
Name	Age	Centre	Final
1 Adrienne Baxter		Nepean	9.94m
2 Georgia Dengate		Cranebrook	9.76m
3 Shannon Munnaweera		Jamison	9.42m
4 Ashleigh Whitbread		Cranebrook	9.29m
5 Hayley Broadhead		Penrith	9.25m
6 Kaitlin Hansen		Cranebrook	8.30m
7 Emily Martin		Cranebrook	8.14m
8 Micaela Price		Cranebrook	7.40m

Girls U 7 - Discus (350 Gram)

Zone Record: Z 17.26m 2001 K Ranadi, NEPEAN			
Name	Age	Centre	Final
1 Harmony Rahme		Cranebrook	9.02m
2 Matilda Gill		Emu Plains	8.76m
3 Paige Warby		Cranebrook	8.11m
4 Amelia Schempp		Jamison	7.17m
5 Lillyava Brenner		Werrington	6.83m
6 Deanna Drake		Emu Plains	6.60m
7 Lily Warren		Cranebrook	6.27m
8 Madison Brown		Cranebrook	5.28m
9 Manaia Roy		Werrington	5.20m

Girls U 8 - Discus (500 Gram)

Zone Record: Z 18.56m 2002 J Peters, NEPEAN			
Name	Age	Centre	Final
1 Kiara Pagnamenta		Penrith	12.54m
2 Mia-Lee Evans-Conn		Penrith	11.02m
3 Ashleigh South		Colyton St Clair	10.90m
4 Shatina Pritchard		Colyton St Clair	10.50m
5 Anna Dubier		Werrington	10.03m
6 Bree-Anna Noake		Colyton St Clair	9.68m
7 Isabella Vella		Nepean	9.34m
8 Kaneesha Patrick-Ngao		Jamison	6.02m
-- Jade Grennell-Buckley		Emu Plains	FOUL

Girls U 9 - Discus (500 Gram)

Zone Record: Z 26.46m 1985 A Richards, JAMISON			
Name	Age	Centre	Final
1 Emma Matthias		Emu Plains	15.28m
2 Caroline Hansen		Colyton St Clair	14.92m
3 Chloe O'Hare		Nepean	14.03m
4 Kiarna Amituanai		Nepean	13.99m
5 Mieka Batten		Nepean	11.89m
6 Alleira Wilmann		Jamison	11.36m
7 Lucy Klemesrud		Werrington	11.12m
8 Hayley Quirk		Emu Plains	9.98m
9 Teagan Hall		Nepean	9.54m
10 Molly Gill		Emu Plains	9.36m
11 Sophie McPherson		Penrith	7.85m
12 Tarni White		Penrith	6.40m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Girls U 9 - Discus (500 Gram)**

13 Paige Pearson	Jamison	4.76m
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Girls U 10 - Discus (500 Gram)

Zone Record: Z 30.38m 1991 P McGUFFOG, COLYTON		
Name	Age Centre	Final
1 Isabella Degei	Emu Plains	20.51m
2 Amber Shearley	Cranebrook	16.04m
3 Jade Busst	Jamison	15.87m
4 Summer Atkins	Cranebrook	13.58m
5 Miah Green	Emu Plains	12.88m
6 Abbi Collins	Werrington	12.21m
7 Jenna Isaacs	Emu Plains	12.15m
8 Chloe Burrows	Penrith	11.26m
9 Makayla Saia	Emu Plains	10.12m
10 Siobahn Butcher	Cranebrook	9.95m

Girls U 11 - Discus (750 Gram)

Zone Record: Z 31.74m 1996 K Donovan, COLYTON		
Name	Age Centre	Final
1 Elyzah Allan	Colyton St Clair	20.95m
2 Holly Lampard	Nepean	18.00m
3 Leeandra Wilmann	Jamison	14.53m
4 Grace Stewart	Nepean	11.94m

Girls U 12 - Discus (750 Gram)

Zone Record: Z 35.68m 1996 K Donovan, COLYTON		
Name	Age Centre	Final
1 Jessica Keene	Emu Plains	31.93m
2 Alissa Keene	Emu Plains	24.03m
3 Chloe Kohler	Nepean	22.30m
4 Amelia Stone	Emu Plains	22.16m
5 Chelsea Parris	Werrington	15.89m
6 Jasmine Vella	Cranebrook	15.46m
7 Elyssa Green	Emu Plains	15.30m
8 Elyse McLachlan	Werrington	15.16m
9 Kiana Sheehan	Colyton St Clair	12.69m
10 Kaili Hayward	Penrith	10.45m

Girls U 13 - Discus (750 Gram)

Zone Record: Z 37.62m 14/12/2014 Alysha Pearson, JAMISON		
Name	Age Centre	Final
1 Shahni Edwards	Nepean	32.63m
2 Ainslie Baxter	Nepean	22.38m
3 Ravdeesh Toor	Emu Plains	19.63m
4 Ashleigh Cook	Penrith	17.35m
5 Sophie Heather	Nepean	16.98m
6 Abbey Camenzuli	Emu Plains	16.78m
7 Chelsea Brown	Jamison	15.91m
8 Alyssa Youngman	Penrith	15.45m
9 Tara Langford	Penrith	13.50m
10 Chenoa Ngwudo	Penrith	11.83m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 14 - Discus (1.0 Kg)**

Zone Record: Z 32.68m 1996 L Martin, COLYTON			
Name	Age	Centre	Final
1 Alysha Pearson		Jamison	38.80mZ
2 Clare Wentworth		Emu Plains	19.72m
3 Carly Bowen		Werrington	12.25m

Girls U 15 - Discus (1.0 Kg)

Zone Record: Z 37.76m 2005 N Forth, NEPEAN			
Name	Age	Centre	Final
1 Monique Quirk		Emu Plains	20.74m
2 Selena Ledbrook		Nepean	19.84m
3 Shantarna McPherson-Brem		Nepean	17.90m
4 Jessica Bartolo		Cranebrook	17.49m
5 Kayla Bartolo		Cranebrook	17.03m

Girls U 17 - Discus (1.0 Kg)

Zone Record: Z 43.07m 2012 T Sengal, NEPEAN			
Name	Age	Centre	Final
1 Shannon Munnaweera		Jamison	29.22m
2 Emily Martin		Cranebrook	25.97m
3 Georgia Dengate		Cranebrook	25.01m
4 Hayley Broadhead		Penrith	24.52m
5 Ashleigh Whitbread		Cranebrook	24.05m
6 Brittany Cairns		Werrington	13.57m

Girls U 11 - Javelin (400 Gram)

Name	Age	Centre	Final
1 Angela Lister		Penrith	16.03m
2 Alicia Langford		Penrith	15.21m
3 Emily Youngman		Penrith	14.64m
4 Ariana Levy		Werrington	13.99m
5 Elyzah Allan		Colyton St Clair	12.90m
6 Chloe Matthias		Emu Plains	8.12m
7 Holly Lampard		Nepean	7.05m

Girls U 12 - Javelin (400 Gram)

Zone Record: Z 20.41m 2011 S Munaweera, JAMISON			
Name	Age	Centre	Final
1 Elissa Lee		Werrington	21.19mZ
2 Jessica Keene		Emu Plains	20.43mZ
3 Amelia Stone		Emu Plains	13.10m
4 Kaili Hayward		Penrith	11.37m
5 Elise Fuser		Colyton St Clair	11.02m
6 Mariah Dean		Emu Plains	10.10m
7 Alissa Keene		Emu Plains	9.32m
8 Jada Thomson		Colyton St Clair	8.80m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 13 - Javelin (400 Gram)**

Zone Record: Z 31.98m 2003 N Forth, NEPEAN			
Name	Age	Centre	Final
1 Shahni Edwards		Nepean	24.38m
2 Alyssa Youngman		Penrith	19.78m
3 Kailah Stapleton		Jamison	14.76m
4 Ashleigh Cook		Penrith	13.80m
5 Tara Langford		Penrith	13.59m
6 Sophie Heather		Nepean	13.45m
7 Ravdeesh Toor		Emu Plains	11.04m
8 Tamika Dean		Emu Plains	9.29m

Girls U 14 - Javelin (400 Gram)

Zone Record: Z 29.25m 2011 J Bunting, PENRITH			
Name	Age	Centre	Final
1 Alysha Pearson		Jamison	31.31mZ
2 Clare Wentworth		Emu Plains	26.34m
3 Sundance Fuller		Penrith	17.70m
4 Nadia Parris		Werrington	16.32m
5 Carly Bowen		Werrington	15.74m

Girls U 15 - Javelin (500 Gram)

Zone Record: Z 31.95m 2011 B Potter, NEPEAN			
Name	Age	Centre	Final
1 Shariyah Pickett		Werrington	18.97m
2 Shantarna McPherson-Brem		Nepean	15.12m
3 Selena Ledbrook		Nepean	10.71m

Girls U 17 - Javelin (500 Gram)

Zone Record: Z 37.71m 2012 T Sengal, NEPEAN			
Name	Age	Centre	Final
1 Ashleigh Whitbread		Cranebrook	21.42m
2 Hayley Broadhead		Penrith	20.34m
3 Shannon Munnaweera		Jamison	18.09m

Girls U 9 - 700 Metre Walk

Zone Record: Z 3:29.20 2000 J Miller, NEPEAN			
Name	Age	Centre	Final
Section 1			
1 Ella Becroft		Nepean	5:01.93
2 Emily Steiner		Colyton St Clair	5:12.23
3 Tarni White		Penrith	5:59.59

Girls U 10 - 1100 Metre Walk

Zone Record: Z 5:36.00 2003 S Jennings, NEPEAN			
Name	Age	Centre	Final
1 Amelia Forti		Emu Plains	8:00.08
2 Chloe Burrows		Penrith	9:34.82
-- Siobahn Butcher		Cranebrook	DQ

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Girls U 11 - 1100 Metre Walk**

Zone Record: Z 5:43.40 2000 S Miller, NEPEAN			
Name	Age	Centre	Final
1 Stacie Becroft		Nepean	6:40.57
2 Jessica Gallen		Penrith	8:37.80
3 Rhianni Deagan		Colyton St Clair	9:55.92

Girls U 12 - 1500 Metre Walk

Zone Record: Z 7:05.30 1996 L McILVENIE, NEPEAN			
Name	Age	Centre	Final
1 Jada Thomson		Colyton St Clair	9:39.22
2 Charlotte Forti		Emu Plains	11:08.60

Girls U 13 - 1500 Metre Walk

Zone Record: Z 6:55.80 2006 S Jennings, NEPEAN			
Name	Age	Centre	Final
1 Tara Langford		Penrith	12:18.14

Boys U 7 - 50 Metre Sprint

Zone Record: Z 8.85 2005 J Taunton, COLYTON			
Name	Age	Centre	Heats

Heat 1 Heats

1 Kamsu Igbojiaku		Colyton St Clair	9.10Q
2 Brodie Saia		Emu Plains	10.21Q
3 Kobhi Sanders		Jamison	10.73Q
4 Conner Pryke		Cranebrook	10.86

Heat 2 Heats

1 Jackson Fayers		Cranebrook	9.30Q
2 Morbe Kenyi		Colyton St Clair	9.35Q
3 Ryan Cloey		Colyton St Clair	9.42Q
4 Brodie Williams		Emu Plains	9.57q
5 Zachary Levy		Emu Plains	10.68q
6 Wil White		Penrith	10.78

Boys U 7 - 50 Metre Sprint

Zone Record: Z 8.85 2005 J Taunton, COLYTON			
Name	Age	Centre	Final

Section 1 Final

1 Kamsu Igbojiaku		Colyton St Clair	9.19
2 Ryan Cloey		Colyton St Clair	9.33
3 Jackson Fayers		Cranebrook	9.36
4 Morbe Kenyi		Colyton St Clair	9.61
5 Brodie Williams		Emu Plains	9.67
6 Brodie Saia		Emu Plains	10.83
7 Kobhi Sanders		Jamison	10.98

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 7 - 70 Metre Sprint**

=====
 Zone Record: Z 11.45 1997 B Medlin, JAMISON
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Kamso Igbojiaku	Colyton St Clair	12.39Q
2	Jackson Fayers	Cranebrook	12.95Q
3	Morbe Kenyi	Colyton St Clair	12.97Q
4	Tanner Mahe	Werrington	13.05q
5	Cooper Adlington	Jamison	14.35
6	Wil White	Penrith	14.50

Heat 2 Heats

1	Joseph Ezekiel	Werrington	12.50Q
2	Bailey Hall	Jamison	12.60Q
3	Ryan Cloey	Colyton St Clair	12.97Q
4	Brodie Saia	Emu Plains	13.89q
5	Kobhi Sanders	Jamison	15.54

Boys U 7 - 70 Metre Sprint

=====
 Zone Record: Z 11.45 1997 B Medlin, JAMISON
 Name Age Centre Final
 =====

Section 1 Final

1	Joseph Ezekiel	Werrington	11.99
2	Kamso Igbojiaku	Colyton St Clair	12.16
3	Bailey Hall	Jamison	12.39
4	Ryan Cloey	Colyton St Clair	12.62
5	Jackson Fayers	Cranebrook	12.71
6	Tanner Mahe	Werrington	12.93
7	Morbe Kenyi	Colyton St Clair	13.00
8	Brodie Saia	Emu Plains	13.62

Boys U 8 - 70 Metre Sprint

=====
 Zone Record: Z 11.15 1986 J Baylis, COLYTON
 Zone Record: Z 11.15 1986 J Wozniac, NEPEAN
 Zone Record: Z 11.15 1991 M Pecenicic, PENRITH
 Zone Record: Z 11.15 1998 B Medlin, JAMISON
 Zone Record: Z 11.15 2012 L Neiufi, NEPEAN
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Ethan Hadfield	Werrington	12.40Q
2	Jack Gillard	Colyton St Clair	13.08Q
3	Brody Green	Emu Plains	13.13Q
4	Angus Bramston	Colyton St Clair	14.38

Heat 2 Heats

1	Joel Kijurina	Werrington	12.30Q
2	Ashton Dawes	Penrith	12.34Q
3	Taylan Ali	Cranebrook	12.45Q
4	Aidan Clune	Colyton St Clair	12.59q
5	Riley Coburn	Emu Plains	12.97q
6	Daniel Rolls	Colyton St Clair	13.20

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 8 - 70 Metre Sprint**

Zone Record: Z 11.15	1986	J Baylis, COLYTON	
Zone Record: Z 11.15	1986	J Wozniac, NEPEAN	
Zone Record: Z 11.15	1991	M Pecenicic, PENRITH	
Zone Record: Z 11.15	1998	B Medlin, JAMISON	
Zone Record: Z 11.15	2012	L Neiufi, NEPEAN	
Name	Age	Centre	Final

Section 1 Final

1 Joel Kijurina		Werrington	12.07
2 Aidan Clune		Colyton St Clair	12.13
3 Ethan Hadfield		Werrington	12.14
4 Ashton Dawes		Penrith	12.16
5 Taylan Ali		Cranebrook	12.26
6 Jack Gillard		Colyton St Clair	12.81
7 Riley Coburn		Emu Plains	12.92
7 Brody Green		Emu Plains	12.92

Boys U 9 - 70 Metre Sprint

Zone Record: Z 10.35	1996	D Cahalane, CRANE BROOK	
Name	Age	Centre	Heats

Heat 1 Heats

1 Jarred Haydon		Jamison	11.14Q
2 Hunter Bell		Werrington	11.44Q
3 Lachlan Green		Emu Plains	11.80Q
4 Mason Dohne		Cranebrook	11.93q
5 Cameron Cloey		Colyton St Clair	12.58
6 Joseph Napoli		Nepean	12.64
7 Caleb Walker		Werrington	13.09
8 Toby Mew		Penrith	13.57

Heat 2 Heats

1 Jared Haywood		Nepean	11.21Q
2 Jaspa McFadden		Emu Plains	11.59Q
3 Cameron Hall		Jamison	11.89Q
4 Duku Kenyi		Colyton St Clair	12.53q
5 Jac Coppins		Nepean	15.26

Boys U 9 - 70 Metre Sprint

Zone Record: Z 10.35	1996	D Cahalane, CRANE BROOK	
Name	Age	Centre	Final

Section 1 Final

1 Jared Haywood		Nepean	10.85
2 Jarred Haydon		Jamison	10.96
3 Hunter Bell		Werrington	11.15
4 Jaspa McFadden		Emu Plains	11.16
5 Cameron Hall		Jamison	11.54
6 Mason Dohne		Cranebrook	11.62
7 Lachlan Green		Emu Plains	11.79
8 Duku Kenyi		Colyton St Clair	12.41

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 10 - 70 Metre Sprint**

=====
 Zone Record: Z 10.15 1997 J Atkins, CRANEBROOK
 Zone Record: Z 10.15 2001 J Leslie, COLYTON

Name	Age	Centre	Final
===== Section 1			
1 Jacob Kelly		Emu Plains	10.82
2 Flynn Sanders		Jamison	11.48
3 Cruz Pagnamenta		Penrith	11.49
4 Byron Fleming		Emu Plains	11.71
5 Lincoln Hole		Colyton St Clair	11.72
6 Jordan Willmington		Emu Plains	11.76
7 Caleb Fayers		Cranebrook	11.82

Boys U 7 - 100 Metre Sprint

=====
 Zone Record: Z 16.25 1997 B Medlin, JAMISON

Name	Age	Centre	Heats
===== Heat 1 Heats			
1 Joseph Ezekiel		Werrington	17.10Q
2 Bailey Hall		Jamison	17.84Q
3 Morbe Kenyi		Colyton St Clair	18.10Q
4 Ryan Debritt		Cranebrook	18.22q
5 Brodie Williams		Emu Plains	19.22
6 Amaziah Pritchard		Colyton St Clair	20.30
7 Cooper Adlington		Jamison	21.69
8 Ricky Morris		Colyton St Clair	23.07
Heat 2 Heats			
1 Kamso Igbojiaku		Colyton St Clair	18.12Q
2 Ryan Cloey		Colyton St Clair	18.41Q
3 Jackson Fayers		Cranebrook	18.52Q
4 Tanner Mahe		Werrington	18.91q
5 Chevy McPherson-Bordigno		Nepean	19.15
6 Kobhi Sanders		Jamison	23.69

Boys U 7 - 100 Metre Sprint

=====
 Zone Record: Z 16.25 1997 B Medlin, JAMISON

Name	Age	Centre	Final
===== Section 1 Final			
1 Joseph Ezekiel		Werrington	17.54
2 Kamso Igbojiaku		Colyton St Clair	18.27
3 Bailey Hall		Jamison	18.51
4 Morbe Kenyi		Colyton St Clair	18.98
5 Ryan Cloey		Colyton St Clair	18.99
6 Jackson Fayers		Cranebrook	19.02
7 Ryan Debritt		Cranebrook	19.16
8 Tanner Mahe		Werrington	19.33

Boys U 8 - 100 Metre Sprint

=====
 Zone Record: Z 15.35 1987 P Rose, EMU PLAINS
 Zone Record: Z 15.35 1991 M Olgilvie, EMU PLAINS

Name	Age	Centre	Heats
===== Heat 1 Heats			
1 Lachlan Henderson		Emu Plains	16.63Q
2 Ashton Gauci		Colyton St Clair	17.91Q

OUTER WEST MET ZONE TRACK & FIELD CHAMPS

Harold Corr Oval, Werrington

Results

....Boys U 8 - 100 Metre Sprint

3 Adam McDonald	Jamison	17.93q
4 Jack Gillard	Colyton St Clair	18.03q
5 Jayms Tourish	Emu Plains	18.12
6 Samuel Parnell	Penrith	18.22
7 Abbas Hammoud	Cranebrook	19.45

Heat 2 Heats

1 Jack Affleck	Cranebrook	16.67Q
2 Ethan Hadfield	Werrington	17.48Q
3 Aidan Clune	Colyton St Clair	18.08
4 Daniel Rolls	Colyton St Clair	19.14
5 Dylan Ryan	Jamison	20.78
6 Dylan Korber	Emu Plains	21.49

Heat 3 Heats

1 Taylan Ali	Cranebrook	17.30Q
2 Riley Coburn	Emu Plains	18.13Q
3 Angus Bramston	Colyton St Clair	18.63
4 Ryan Johannsen	Colyton St Clair	18.83

Boys U 8 - 100 Metre Sprint

=====
 Zone Record: Z 15.35 1987 P Rose, EMU PLAINS
 Zone Record: Z 15.35 1991 M Olgilvie, EMU PLAINS

Name	Age	Centre	Final
------	-----	--------	-------

Section 1 Final

1 Jack Affleck	Cranebrook	16.64
2 Lachlan Henderson	Emu Plains	16.75
3 Ethan Hadfield	Werrington	17.41
4 Taylan Ali	Cranebrook	17.69
5 Ashton Gauci	Colyton St Clair	18.14
6 Adam McDonald	Jamison	18.25
7 Riley Coburn	Emu Plains	18.68
8 Jack Gillard	Colyton St Clair	18.69

Boys U 9 - 100 Metre Sprint

=====
 Zone Record: Z 14.55 1994 A Garrard, JAMISON
 Zone Record: Z 14.55 1995 D Cahalane, CRANEBROOK
 Zone Record: Z 14.55 1996 J Atkins, CRANEBROOK
 Zone Record: Z 14.55 2001 J Leslie, COLYTON

Name	Age	Centre	Heats
------	-----	--------	-------

Heat 1 Heats

1 Jarred Haydon	Jamison	15.61Q
2 Mason Dohne	Cranebrook	17.11Q
3 Duku Kenyi	Colyton St Clair	17.36
4 Hamish Mackay	Emu Plains	17.67
5 Chase Jackson	Werrington	22.13

Heat 2 Heats

1 Jared Haywood	Nepean	16.11Q
2 Brody Hull	Cranebrook	16.94Q
3 Kian Brown	Emu Plains	17.31
4 Phoenix Tauasa	Nepean	18.06
5 Jermaine Marshall-Taylor	Colyton St Clair	18.33
6 Shannon Hollman	Werrington	18.43

Heat 3 Heats

1 Riley Busst	Jamison	15.91Q
2 Hunter Bell	Werrington	16.01Q
3 Jaspa McFadden	Emu Plains	16.16q

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Boys U 9 - 100 Metre Sprint**

4 Cameron Hall	Jamison	16.34q
5 Rhys Argaget	Nepean	16.37
6 Lochlain Smith	Penrith	18.03
7 Zac Voorn	Emu Plains	18.08

Boys U 9 - 100 Metre Sprint

Zone Record: Z 14.55	1994	A Garrard, JAMISON
Zone Record: Z 14.55	1995	D Cahalane, CRANEBROOK
Zone Record: Z 14.55	1996	J Atkins, CRANEBROOK
Zone Record: Z 14.55	2001	J Leslie, COLYTON

Name	Age	Centre	Final
Section 1 Final			
1 Jarred Haydon		Jamison	15.43
2 Jared Haywood		Nepean	15.44
3 Riley Busst		Jamison	15.66
4 Jaspa McFadden		Emu Plains	15.71
5 Hunter Bell		Werrington	15.87
6 Mason Dohne		Cranebrook	16.64
7 Cameron Hall		Jamison	16.80
8 Brody Hull		Cranebrook	16.92

Boys U 10 - 100 Metre Sprint

Zone Record: Z 14.05	1985	S Sutton, EMU PLAINS
Zone Record: Z 14.05	2005	J Jay, PENRITH

Name	Age	Centre	Heats
Heat 1 Heats			
1 Evander Kelly		Emu Plains	15.62Q
2 William Ezekiel		Werrington	15.90Q
3 Cruz Pagnamenta		Penrith	16.40Q
4 Byron Fleming		Emu Plains	17.11
5 Jett Jackson		Emu Plains	21.74
Heat 2 Heats			
1 Jacob Kelly		Emu Plains	15.33Q
2 Lincoln Hole		Colyton St Clair	15.51Q
3 Flynn Sanders		Jamison	16.18Q
4 Blake Grennell-Buckley		Emu Plains	16.58q
5 Jordan Aspinall		Colyton St Clair	16.81q
6 Caleb Fayers		Cranebrook	16.84
7 Lamarjay Heather		Werrington	19.65

Boys U 10 - 100 Metre Sprint

Zone Record: Z 14.05	1985	S Sutton, EMU PLAINS
Zone Record: Z 14.05	2005	J Jay, PENRITH

Name	Age	Centre	Final
Section 1 Final			
1 Evander Kelly		Emu Plains	15.22
2 Lincoln Hole		Colyton St Clair	15.37
3 Jacob Kelly		Emu Plains	15.46
4 William Ezekiel		Werrington	15.72
5 Flynn Sanders		Jamison	16.06
6 Cruz Pagnamenta		Penrith	16.24
7 Blake Grennell-Buckley		Emu Plains	17.03
8 Caleb Fayers		Cranebrook	17.10

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 11 - 100 Metre Sprint**

=====			
Zone Record: Z	13.25	1996	A Garrard, JAMISON
Zone Record: Z	13.25	1996	P Toner, NEPEAN
Name	Age	Centre	Final
=====			
Section 1			
1 Zaid Lehn		Werrington	14.16
2 Joshua Debritt		Cranebrook	14.25
3 Marcus Bishop		Jamison	14.63
4 Mitchell Heather		Nepean	14.97
5 Adrian Hadfield		Werrington	15.25
6 Lincoln Gilmour		Emu Plains	15.74
7 Finlay Hahn		Emu Plains	15.75
8 Brock Stapleton		Jamison	15.76
9 Rhys Warby		Cranebrook	16.30

Boys U 12 - 100 Metre Sprint

=====			
Zone Record: Z	12.95	2012	S Munaweera, JAMISON
Name	Age	Centre	Final
=====			
1 Ryan Mooney		Penrith	14.04
2 Moses Ezekiel		Werrington	14.59
3 Jackson Justice		Werrington	14.65
4 Ethan Clune		Colyton St Clair	14.68
5 Jai Williams		Emu Plains	15.28
6 Jesse Jackson		Werrington	15.66
7 Leighton Heather		Werrington	15.93
8 Daniel Borland		Werrington	15.98
9 Tyler Roy		Werrington	16.60

Boys U 13 - 100 Metre Sprint

=====			
Zone Record: Z	12.35	2013	S Munaweera, JAMISON
Name	Age	Centre	Final
=====			
1 Laud Codjoe		Colyton St Clair	13.08
2 Justin O'Reilly		Penrith	13.79
3 Matthew Kirkwood		Jamison	14.30
4 Marcus Massignani		Emu Plains	14.41
5 Ahmed Hammoud		Cranebrook	14.48
6 Alec Bell		Nepean	16.09
7 Joshua Hill		Werrington	16.12

Boys U 14 - 100 Metre Sprint

=====			
Zone Record: Z	11.45	2013	A Gale, NEPEAN
Name	Age	Centre	Final
=====			
1 Phillip Baker		Werrington	12.80
2 Levi Ngaha		Nepean	12.95
3 Jordan Petersen		Colyton St Clair	13.21
4 Benjamin Abbott		Emu Plains	13.27
5 Damian Levell		Penrith	13.47
6 Bryce Zabiello		Nepean	13.84
7 Lachlan Ryan		Werrington	13.99
8 Jarrad VanderMeulen		Nepean	14.62

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 15 - 100 Metre Sprint**

Zone Record: Z 11.20 13/12/2014 Anthony Gale, NEPEAN

Name	Age Centre	Final
1 Luke Trevillian	Nepean	J11.68
1 Joshua McLachlan	Werrington	11.68
3 Shane Munaweera	Jamison	11.72
4 Brodie Hile	Colyton St Clair	12.39
5 Jack Treasure	Emu Plains	12.40
6 Kyle Pattison	Werrington	12.53
7 Lachlan Ash	Nepean	12.55
8 Darcy Wilson	Emu Plains	12.66

Boys U 17 - 100 Metre Sprint

Zone Record: Z 11.65 2012 T Currie, NEPEAN

Name	Age Centre	Final
1 Anthony Gale	Nepean	11.03Z
2 Zane Camenzuli	Emu Plains	11.87
3 Damien Mizzi	Colyton St Clair	12.26
4 Joshua Baker	Werrington	12.70
5 Joshua Lees	Nepean	12.86

Boys U 7 - 200 Metre Sprint

Zone Record: Z 34.25 1985 T Wozniak, PENRITH VALLEY

Name	Age Centre	Heats
Heat 1 Heats		
1 Joseph Ezekiel	Werrington	37.23Q
2 Ryan Debritt	Cranebrook	40.36Q
3 Jackson Fayers	Cranebrook	42.40Q
4 Amaziah Pritchard	Colyton St Clair	44.83q
Heat 2 Heats		
1 Kael Brown	Emu Plains	37.47Q
2 Kamso Igbojiaku	Colyton St Clair	38.27Q
3 Tanner Mahe	Werrington	42.94Q
4 Brodie Saia	Emu Plains	45.33q
5 Conner Pryke	Cranebrook	46.90
6 Kobhi Sanders	Jamison	54.68
7 Ricky Morris	Colyton St Clair	55.34

Boys U 7 - 200 Metre Sprint

Zone Record: Z 34.25 1985 T Wozniak, PENRITH VALLEY

Name	Age Centre	Final
Section 1 Final		
1 Joseph Ezekiel	Werrington	36.20
2 Kael Brown	Emu Plains	37.63
3 Kamso Igbojiaku	Colyton St Clair	37.90
4 Ryan Debritt	Cranebrook	40.05
5 Jackson Fayers	Cranebrook	41.42
6 Tanner Mahe	Werrington	41.72
7 Amaziah Pritchard	Colyton St Clair	45.16
8 Conner Pryke	Cranebrook	48.07

OUTER WEST MET ZONE TRACK & FIELD CHAMPS

Harold Corr Oval, Werrington

Results

Boys U 8 - 200 Metre Sprint

Zone Record: Z 32.25 1986 J Baylis, COLYTON			
Name	Age	Centre	Final
Section 1			
1 Jack Affleck		Cranebrook	35.50
2 Josh Reed		Werrington	35.88
3 Joel Kijurina		Werrington	37.20
4 Harrison Frendo		Colyton St Clair	37.91
5 Jayms Tourish		Emu Plains	39.31
6 Jack Gillard		Colyton St Clair	39.92
7 Brody Green		Emu Plains	45.68
8 Matthew Armsrtong		Nepean	45.87

Boys U 9 - 200 Metre Sprint

Zone Record: Z 30.35 1984 S Sutton, EMU PLAINS			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jared Haywood		Nepean	32.98Q
2 Jaspa McFadden		Emu Plains	33.21Q
3 Noah Lang		Jamison	33.83Q
4 Rhys Argæet		Nepean	34.05q
5 Jayden Cowell		Nepean	34.57q
6 Caleb Walker		Werrington	34.77
7 Hunter Bell		Werrington	35.67
8 Zac Voorn		Emu Plains	38.53
Heat 2 Heats			
1 Riley Busst		Jamison	33.56Q
2 Will Haydon		Emu Plains	34.41Q
3 Brody Hull		Cranebrook	35.54Q
4 Dylan Jones		Jamison	38.35
5 Joseph Napoli		Nepean	42.51
6 Jack Giampietro		Emu Plains	45.63
7 Shannon Hollman		Werrington	48.30

Boys U 9 - 200 Metre Sprint

Zone Record: Z 30.35 1984 S Sutton, EMU PLAINS			
Name	Age	Centre	Final
Section 1 Final			
1 Noah Lang		Jamison	32.75
2 Jared Haywood		Nepean	32.80
3 Jaspa McFadden		Emu Plains	33.49
4 Will Haydon		Emu Plains	33.85
5 Rhys Argæet		Nepean	34.50
6 Jayden Cowell		Nepean	34.65
7 Brody Hull		Cranebrook	34.82
8 Riley Busst		Jamison	35.02

Boys U 10 - 200 Metre Sprint

Zone Record: Z 29.25 1990 J Dibbs, COLYTON			
Name	Age	Centre	Final
Section 1			
1 Evander Kelly		Emu Plains	31.63
2 Jaxen Edgar		Jamison	31.66

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Boys U 10 - 200 Metre Sprint**

3	Jacob Kelly	Emu Plains	32.38
4	William Ezekiel	Werrington	32.75
5	Zach McPherson	Penrith	33.15
6	Jacob Landers	Jamison	34.21
7	Jayden Burns	Jamison	34.61
8	Jordan Willmington	Emu Plains	34.72

Boys U 11 - 200 Metre Sprint

=====			
Zone Record: Z 27.55		1996	P Toner, NEPEAN
Name	Age	Centre	Final
=====			
1	Joshua Debritt	Cranebrook	29.74
2	Marcus Bishop	Jamison	30.23
3	Rodney Peyasi	Nepean	30.68
4	Zaid Lehn	Werrington	30.77
5	Mitchell Heather	Nepean	31.17
6	Mackenzie Hall	Nepean	31.21
7	Finlay Hahn	Emu Plains	32.91
8	Khain Letford	Werrington	33.04
9	Archie Gill	Emu Plains	33.17

Boys U 12 - 200 Metre Sprint

=====			
Zone Record: Z 26.45		2012	S Munaweera, JAMISON
Name	Age	Centre	Final
=====			
1	Ryan Mooney	Penrith	28.94
2	Hugh Harrold	Emu Plains	29.02
3	Moses Ezekiel	Werrington	29.54
4	Jackson Justice	Werrington	31.18
5	Tyler Roy	Werrington	34.06

Boys U 13 - 200 Metre Sprint

=====			
Zone Record: Z 24.35		2013	S Munaweera, JAMISON
Name	Age	Centre	Final
=====			
1	Laud Codjoe	Colyton St Clair	26.52
2	Emmanuel Boadu	Nepean	26.60
3	Justin O'Reilly	Penrith	28.69
4	Ahmed Hammoud	Cranebrook	30.65
5	Luke Zammit	Colyton St Clair	32.39
6	Alec Bell	Nepean	32.50

Boys U 14 - 200 Metre Sprint

=====			
Zone Record: Z 24.45		2013	A Gale, NEPEAN
Name	Age	Centre	Final
=====			
1	Phillip Baker	Werrington	26.27
2	Levi Ngaha	Nepean	26.71
3	Benjamin Abbott	Emu Plains	27.15
4	Miles Harrold	Emu Plains	27.52
5	Bryce Zabiello	Nepean	28.13
6	Damian Levell	Penrith	28.30
7	Jarrad VanderMeulen	Nepean	30.17
8	Lachlan Ryan	Werrington	30.49

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 15 - 200 Metre Sprint**

=====
 Zone Record: Z 23.25 2010 J Jay, PENRITH VALLEY
 =====

Name	Age Centre	Final
1 Joshua McLachlan	Werrington	23.37
2 Shane Munaweera	Jamison	23.68
3 Lachlan Ash	Nepean	24.98
4 Jack Treasure	Emu Plains	25.13
5 Kyle Pattison	Werrington	25.73
6 Darcy Wilson	Emu Plains	25.98
7 James Neilly	Jamison	26.48

Boys U 17 - 200 Metre Sprint

=====
 Zone Record: Z 23.45 2012 T Currie, NEPEAN
 =====

Name	Age Centre	Final
1 Anthony Gale	Nepean	22.49Z
2 Zane Camenzuli	Emu Plains	24.37
3 Damien Mizzi	Colyton St Clair	24.67
4 Joshua Baker	Werrington	25.46
5 Joshua Lees	Nepean	26.53

Boys U 8 - 400 Metre Sprint

=====
 Zone Record: Z 1:14.25 1991 L Rooney, PENRITH VALLEY
 =====

Name	Age Centre	Heats
Heat 1 Heats		
1 Harrison Frendo	Colyton St Clair	1:27.65Q
2 Elisha Ngwudo	Penrith	1:29.68Q
3 Joel Kijurina	Werrington	1:30.76Q
4 Jayms Tourish	Emu Plains	1:31.05q
5 Matthew Armsrtong	Nepean	1:42.55
6 Dylan Ryan	Jamison	1:43.06
7 Dylan Korber	Emu Plains	1:52.52

Heat 2 Heats		
1 Lachlan Henderson	Emu Plains	1:19.84Q
2 Josh Reed	Werrington	1:23.63Q
3 Adam McDonald	Jamison	1:29.04Q
4 Jack Gillard	Colyton St Clair	1:32.03q
5 Lachlan Pryke	Cranebrook	1:34.36

Boys U 8 - 400 Metre Sprint

=====
 Zone Record: Z 1:14.25 1991 L Rooney, PENRITH VALLEY
 =====

Name	Age Centre	Final
Section 1 Final		
1 Lachlan Henderson	Emu Plains	1:19.89
2 Josh Reed	Werrington	1:23.06
3 Harrison Frendo	Colyton St Clair	1:26.15
4 Adam McDonald	Jamison	1:27.08
5 Joel Kijurina	Werrington	1:28.20
6 Jayms Tourish	Emu Plains	1:29.52
7 Elisha Ngwudo	Penrith	1:29.80
8 Jack Gillard	Colyton St Clair	1:30.76

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 9 - 400 Metre Sprint**

=====
 Zone Record: Z 1:10.25 1988 B Moore, PENRITH VALLEY
 Name Age Centre Final
 =====

Section 1

1	Will Haydon	Emu Plains	1:13.24
2	Noah Lang	Jamison	1:13.55
3	Ethan Wickenden	Jamison	1:18.76
4	Rhys Argaget	Nepean	1:21.27
5	Cameron Cloey	Colyton St Clair	1:22.01
6	Kian Brown	Emu Plains	1:22.69
7	Dawson Hayward	Penrith	1:37.07
8	Jayden Baumgartner	Penrith	1:41.35

Boys U 10 - 400 Metre Sprint

=====
 Zone Record: Z 1:07.95 1996 J Milburn, NEPEAN
 Name Age Centre Final
 =====

1	Jaxen Edgar	Jamison	1:13.85
2	Adam Baxter	Nepean	1:15.91
3	Zach McPherson	Penrith	1:16.15
4	Flynn Sanders	Jamison	1:19.48
5	Byron Fleming	Emu Plains	1:19.75

Boys U 11 - 400 Metre Sprint

=====
 Zone Record: Z 1:05.05 1997 J Milburn, NEPEAN
 Name Age Centre Final
 =====

1	Myles Ford	Emu Plains	1:10.44
2	Zane Lang	Jamison	1:10.64
3	Bailey Hagarty	Jamison	1:12.91
4	Haratio Edwards	Colyton St Clair	1:13.37
5	Marcus Bishop	Jamison	1:15.97
6	Blake Adams	Cranebrook	1:16.90
7	Jayden Gauci	Colyton St Clair	1:26.45

Boys U 12 - 400 Metre Sprint

=====
 Zone Record: Z 1:02.75 1996 L Rooney, PENRITH VALLEY
 Zone Record: Z 1:02.75 1998 T Heron, PENRITH
 Name Age Centre Final
 =====

1	Ryan Mooney	Penrith	1:08.67
2	Daniel Borland	Werrington	1:16.22
3	Cody Dwyer	Penrith	1:22.96

Boys U 13 - 400 Metre Sprint

=====
 Zone Record: Z 58.15 1996 P Harding, PENRITH
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Emmanuel Boadu	Nepean	1:02.09Q
2	Justin O'Reilly	Penrith	1:06.66Q
3	Toby Hamblin	Emu Plains	1:12.47Q
4	Nicholas Potter	Emu Plains	1:20.06q

Heat 2 Heats

1	Matthew Kirkwood	Jamison	1:09.85Q
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OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Boys U 13 - 400 Metre Sprint**

2	Seth Wilson	Emu Plains	1:13.49Q
3	Alec Bell	Nepean	1:17.52Q
4	Logan Dwyer	Penrith	1:21.46q
5	Joshua Hill	Werrington	1:35.03

Boys U 13 - 400 Metre Sprint

=====
 Zone Record: Z 58.15 1996 P Harding, PENRITH
 Name Age Centre Final
 =====

Section 1 Final

1	Emmanuel Boadu	Nepean	1:03.42
2	Matthew Kirkwood	Jamison	1:05.68
3	Toby Hamblin	Emu Plains	1:09.89
4	Justin O'Reilly	Penrith	1:10.68
5	Seth Wilson	Emu Plains	1:12.10
6	Logan Dwyer	Penrith	1:20.05
7	Nicholas Potter	Emu Plains	1:21.58
8	Alec Bell	Nepean	1:22.80

Boys U 14 - 400 Metre Sprint

=====
 Zone Record: Z 53.85 1996 P Harding, PENRITH VALLEY
 Name Age Centre Final
 =====

Section 1

1	Phillip Baker	Werrington	1:01.07
2	Kienan Brown	Emu Plains	1:02.51
3	Damian Fuser	Colyton St Clair	1:08.00

Boys U 15 - 400 Metre Sprint

=====
 Zone Record: Z 52.75 2001 J Milburn, NEPEAN
 Name Age Centre Final
 =====

1	Jack Hamblin	Emu Plains	55.86
2	Lachlan Ash	Nepean	56.63
3	Harrison Gilligan	Nepean	56.73
4	Kyle Pattison	Werrington	1:01.11
5	Bailey Hunter	Colyton St Clair	1:03.75
6	Patrick Coppini	Nepean	1:21.03

Boys U 17 - 400 Metre Sprint

=====
 Zone Record: Z 55.25 2013 D Hemingway, COLYTON ST CLAIR
 Name Age Centre Final
 =====

1	Marcus Miralia	Jamison	53.36Z
2	Damien Mizzi	Colyton St Clair	54.29Z
3	Joshua Baker	Werrington	56.79
4	Joshua West	Werrington	56.93
5	Angus Harrold	Emu Plains	57.17
6	Joshua Lees	Nepean	1:00.91

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 7 - 500 Metre Run Pack Start**

Zone Record: Z 1:52.50 2007 T.Hannoford, COLYTON ST CLA			
Name	Age	Centre	Final
1 Joseph Ezekiel		Werrington	1:54.21
2 Ryan Cloey		Colyton St Clair	1:54.56
3 Kael Brown		Emu Plains	2:00.24
4 CJ Honeman		Werrington	2:08.97
5 Brodie Saia		Emu Plains	2:11.97
6 Ryan Debritt		Cranebrook	2:13.58
7 Conner Pryke		Cranebrook	2:22.77
8 Zachary Levy		Emu Plains	2:29.19
9 Ricky Morris		Colyton St Clair	2:38.52
10 Myles Ritter		Colyton St Clair	2:38.92

Boys U 8 - 700 Metre Run Pack Start

Zone Record: Z 2:24.00 2012 M.Ford, EMU PLAINS			
Name	Age	Centre	Final
1 Jack Affleck		Cranebrook	2:36.82
2 Josh Reed		Werrington	2:38.40
3 Jayms Tourish		Emu Plains	2:46.65
4 Adam McDonald		Jamison	2:46.92
5 Harrison Frendo		Colyton St Clair	2:48.68
6 Riley Coburn		Emu Plains	2:53.95
7 Elisha Ngwudo		Penrith	2:54.18
8 Lachlan Pryke		Cranebrook	2:58.22
9 Jake Roberts		Colyton St Clair	2:58.93
10 Matthew Armsrtong		Nepean	3:17.01

Boys U 9 - 800 Metre Run

Zone Record: Z 2:28.10 1990 B McCONNELL, NEPEAN			
Name	Age	Centre	Final
1 Will Haydon		Emu Plains	2:41.32
2 Noah Lang		Jamison	2:45.32
3 Riley Busst		Jamison	2:58.03
4 Ethan Wickenden		Jamison	2:59.35
5 Cameron Cloey		Colyton St Clair	3:01.83
6 Kian Brown		Emu Plains	3:09.04
7 Zac Voorn		Emu Plains	3:13.70
8 Brody Hull		Cranebrook	3:15.67
9 Connor Voorn		Emu Plains	3:16.24
10 Matthew Bentzen		Nepean	3:27.43
11 Cooper Levy		Werrington	3:28.89
12 Dawson Hayward		Penrith	3:30.45
13 Jayden Baumgartner		Penrith	3:39.67

Boys U 10 - 800 Metre Run

Zone Record: Z 2:36.00 1999 N Nonenmacker, NEPEAN			
Name	Age	Centre	Final
1 Jaxen Edgar		Jamison	2:42.91
2 Adam Baxter		Nepean	2:51.55
3 Will Dukes		Emu Plains	2:55.72
4 Charlie Klemesrud		Werrington	2:57.52
5 Jaydee Davies		Cranebrook	3:01.02

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Boys U 10 - 800 Metre Run**

6 Liam Coburn	Emu Plains	3:01.48
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Boys U 11 - 800 Metre Run

Zone Record: Z 2:29.20	1991	R Schemp, NEPEAN
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Name	Age Centre	Final
1 Zane Lang	Jamison	2:37.43
2 Myles Ford	Emu Plains	2:37.68
3 Bailey Hagarty	Jamison	2:44.88
4 Rodney Peyasi	Nepean	2:46.64
5 Haratio Edwards	Colyton St Clair	2:48.45
6 Archie Gill	Emu Plains	2:57.70
7 Khain Letford	Werrington	3:00.52
8 Brock Stapleton	Jamison	3:04.48
9 Ryan Letford	Werrington	3:07.26
10 Brock Reed	Werrington	3:13.72
11 Blake Elliott-Swann	Nepean	3:26.55
12 Blake Adams	Cranebrook	3:32.30

Boys U 12 - 800 Metre Run

Zone Record: Z 2:25.50	1985	D McILROY, EMU PLAINS
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Name	Age Centre	Final
1 Hugh Harrold	Emu Plains	2:36.21
2 Andrew Laycock	Emu Plains	2:39.73
3 Luke Voorn	Emu Plains	2:48.13
4 Cody Dwyer	Penrith	2:53.94
5 Daniel Borland	Werrington	2:54.91
6 Kade Walker	Werrington	3:11.83

Boys U 13 - 800 Metre Run

Zone Record: Z 2:17.30	1987	D Cooney, PENRITH VALLEY
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Name	Age Centre	Final
1 Matthew Kirkwood	Jamison	2:44.00
2 Toby Hamblin	Emu Plains	2:47.96
3 Seth Wilson	Emu Plains	2:50.68
4 Ahmed Hammoud	Cranebrook	2:55.86
5 Logan Dwyer	Penrith	3:01.67
6 Luke Zammit	Colyton St Clair	3:05.72
7 Nicholas Potter	Emu Plains	3:22.84

Boys U 14 - 800 Metre Run

Zone Record: Z 2:10.80	2000	J Milburn, NEPEAN
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Name	Age Centre	Final
1 Michael Bettencourt	Emu Plains	2:19.77
2 Niran Ravikumar	Werrington	2:32.13
3 Damian Levell	Penrith	2:47.75
4 Lachlan Ryan	Werrington	2:50.31
5 Lachlan Beecroft	Nepean	3:03.52

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 15 - 800 Metre Run**

Zone Record: Z 2:05.60 2001 J Milburn, NEPEAN			
Name	Age	Centre	Final
1 Jack Hamblin		Emu Plains	2:14.14
2 Matthew Glass		Jamison	2:18.26
3 Harrison Gilligan		Nepean	2:20.33
4 Hayden Brown		Jamison	2:22.77
5 Patrick Coppini		Nepean	3:07.72

Boys U 17 - 800 Metre Run

Zone Record: Z 2:06.60 2012 D Keane, EMU PLAINS			
Name	Age	Centre	Final
1 Marcus Miralia		Jamison	2:08.12
2 Damien Mizzi		Colyton St Clair	2:12.77
3 Robert Mason		Werrington	2:13.41
4 Joshua West		Werrington	2:19.25

Boys U 10 - 1500 Metre Run

Zone Record: Z 5:07.70 1990 R Schempp, NEPEAN			
Name	Age	Centre	Final
1 Will Dukes		Emu Plains	6:00.05
2 Daniel Clarke		Emu Plains	6:10.01
3 Charlie Klemesrud		Werrington	6:17.71
4 Zach McPherson		Penrith	6:25.85
5 Jaydee Davies		Cranebrook	6:30.24
6 Liam Coburn		Emu Plains	6:44.37

Boys U 11 - 1500 Metre Run

Zone Record: Z 5:05.90 1991 R Schempp, NEPEAN			
Name	Age	Centre	Final
1 Zane Lang		Jamison	5:26.28
2 Myles Ford		Emu Plains	5:29.01
3 Haratio Edwards		Colyton St Clair	5:38.03
4 Rodney Peyasi		Nepean	5:54.72
5 Archie Gill		Emu Plains	6:05.72
6 Khain Letford		Werrington	6:14.59
7 Dylan McPherson		Penrith	6:16.42
8 Ryan Letford		Werrington	6:23.05
9 Brock Reed		Werrington	6:27.48
10 Jayden Gauci		Colyton St Clair	6:44.00
11 Blake Elliott-Swann		Nepean	7:45.66

Boys U 12 - 1500 Metre Run

Zone Record: Z 4:56.90 1985 D McILROY, EMU PLAINS			
Name	Age	Centre	Final
1 Andrew Laycock		Emu Plains	5:20.00
2 Cody Dwyer		Penrith	6:05.13
3 Kade Walker		Werrington	7:05.16

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 13 - 1500 Metre Run**

=====
 Zone Record: Z 4:54.90 2013 S Watson, PENRITH
 Zone Record: Z 4:54.90 1985 M Jameson, JAMISON

Name	Age	Centre	Final
1 Matthew Kirkwood		Jamison	5:37.22
2 Seth Wilson		Emu Plains	5:53.80
3 Logan Dwyer		Penrith	6:18.70
4 Luke Zammitt		Colyton St Clair	6:20.53
5 Nicholas Potter		Emu Plains	6:30.10

Boys U 14 - 1500 Metre Run

=====
 Zone Record: Z 4:44.20 2008 I Montgomery, PENRITH VALLE

Name	Age	Centre	Final
1 Michael Bettencourt		Emu Plains	4:47.88
2 Niran Ravikumar		Werrington	5:03.71
3 Jacob Voorn		Emu Plains	5:25.53
4 Jarrad VanderMeulen		Nepean	6:24.06
5 Daniel Thomas		Cranebrook	7:15.13

Boys U 15 - 1500 Metre Run

=====
 Zone Record: Z 4:30.40 2001 J Milburn, NEPEAN

Name	Age	Centre	Final
1 Jack Hamblin		Emu Plains	4:43.06
2 Hayden Brown		Jamison	4:52.07
3 Matthew Glass		Jamison	4:55.10
4 Max Jameson		Jamison	5:00.89
5 Kobi Newell		Emu Plains	5:16.90
6 Patrick Coppini		Nepean	6:42.78

Boys U 17 - 1500 Metre Run

=====
 Zone Record: Z 4:24.40 2012 D Keane, EMU PLAINS

Name	Age	Centre	Final
1 Marcus Miralia		Jamison	4:35.85
2 Robert Mason		Werrington	4:36.51
3 Damien Mizzi		Colyton St Clair	4:58.77
4 Liam Polinsky		Werrington	5:17.60

Boys U 13 - 3000 Metre Run

=====
 Zone Record: Z 10:31.80 2013 M Jameson, JAMISON

Name	Age	Centre	Final
1 Logan Dwyer		Penrith	13:45.94
2 Seth Wilson		Emu Plains	14:41.99

Boys U 14 - 3000 Metre Run

=====
 Zone Record: Z 10:36.60 1998 S Kearnes, NEPEAN

Name	Age	Centre	Final
1 Niran Ravikumar		Werrington	10:50.01
2 Lachlan Beecroft		Nepean	14:26.10
3 Daniel Thomas		Cranebrook	15:58.78

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 15 - 3000 Metre Run**

Zone Record: Z 9:57.10 1991 G Worobiej, NEPEAN			
Name	Age	Centre	Final
1 Matthew Glass		Jamison	10:24.63
2 Hayden Brown		Jamison	10:28.54
3 Max Jameson		Jamison	10:52.65
4 Kobi Newell		Emu Plains	11:15.71
5 Harrison Gilligan		Nepean	11:54.98
-- Patrick Coppini		Nepean	DNF

Boys U 17 - 3000 Metre Run

Zone Record: Z 9:36.70 2012 D Keane, EMU PLAINS			
Name	Age	Centre	Final
1 Damien Mizzi		Colyton St Clair	11:02.10
2 Ryan Thomson		Colyton St Clair	11:58.91

Boys U 8 - 60 Metre Hurdles (45cm)

Zone Record: Z 11.35 1997 M Cahalane, CRANE BROOK			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ethan Hadfield		Werrington	12.27Q
2 Josh Reed		Werrington	12.70Q
3 Taylan Ali		Cranebrook	13.05Q
4 Samuel Parnell		Penrith	13.10q
5 Ashton Dawes		Penrith	13.29q
6 Aidan Clune		Colyton St Clair	13.59
7 Riley Coburn		Emu Plains	13.67
8 Ryan Johannsen		Colyton St Clair	13.72
Heat 2 Heats			
1 Elisha Ngwudo		Penrith	12.57Q
2 Angus Bramston		Colyton St Clair	12.65Q
3 Lachlan Henderson		Emu Plains	12.67Q
4 Brody Green		Emu Plains	13.76
5 Jake Roberts		Colyton St Clair	13.96
6 Daniel Rolls		Colyton St Clair	14.31
7 Zaiden Heather		Werrington	14.52

Boys U 8 - 60 Metre Hurdles (45cm)

Zone Record: Z 11.35 1997 M Cahalane, CRANE BROOK			
Name	Age	Centre	Final
Section 1 Final			
1 Lachlan Henderson		Emu Plains	12.21
2 Josh Reed		Werrington	12.24
3 Ethan Hadfield		Werrington	12.28
4 Elisha Ngwudo		Penrith	12.83
5 Angus Bramston		Colyton St Clair	12.88
6 Taylan Ali		Cranebrook	12.95
7 Ashton Dawes		Penrith	13.01
8 Samuel Parnell		Penrith	13.46

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 9 - 60 Metre Hurdles (45cm)**

Zone Record: Z 10.45 1999 Z Sperber, PENRITH VALLEY			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Riley Busst		Jamison	11.36Q
2 Lachlan Green		Emu Plains	11.98Q
3 Shannon Hollman		Werrington	12.23q
4 Cameron Cloey		Colyton St Clair	12.74
5 Joseph Napoli		Nepean	13.23
6 Braith Stewart		Nepean	14.77
Heat 2 Heats			
1 Will Haydon		Emu Plains	11.81Q
2 Lochlain Smith		Penrith	12.73Q
3 Jermaine Marshall-Taylor		Colyton St Clair	13.55
4 Caleb Walker		Werrington	13.63
5 Mason Dohne		Cranebrook	15.87
Heat 3 Heats			
1 Brody Hull		Cranebrook	11.73Q
2 Cameron Hall		Jamison	11.76Q
3 Callum Roy		Werrington	12.09q
4 Toby Mew		Penrith	13.50
5 Ben Daley		Emu Plains	13.91

Boys U 9 - 60 Metre Hurdles (45cm)

Zone Record: Z 10.45 1999 Z Sperber, PENRITH VALLEY			
Name	Age	Centre	Final
Section 1 Final			
1 Riley Busst		Jamison	11.06
2 Callum Roy		Werrington	11.58
3 Will Haydon		Emu Plains	11.59
4 Cameron Hall		Jamison	11.60
5 Brody Hull		Cranebrook	11.70
6 Lachlan Green		Emu Plains	11.73
7 Shannon Hollman		Werrington	12.34
8 Lochlain Smith		Penrith	14.67

Boys U 10 - 60 Metre Hurdles (60cm)

Zone Record: Z 10.45 1997 C Ruddock, COLYTON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Flynn Sanders		Jamison	12.22Q
2 Lincoln Hole		Colyton St Clair	12.26Q
3 Blake Grennell-Buckley		Emu Plains	12.34Q
4 Liam Coburn		Emu Plains	12.80q
5 Riley Allen		Cranebrook	12.92q
6 Zach McPherson		Penrith	13.28
Heat 2 Heats			
1 Evander Kelly		Emu Plains	11.41Q
2 Jacob Kelly		Emu Plains	11.50Q
3 Jacob Landers		Jamison	12.01Q
4 Jeremiah Ngwudo		Penrith	13.05
5 Benjamin Spiers		Jamison	13.24
6 Lamarjay Heather		Werrington	15.36

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 10 - 60 Metre Hurdles (60cm)**

=====
 Zone Record: Z 10.45 1997 C Ruddock, COLYTON
 Name Age Centre Final
 =====

Section 1 Final

1	Evander Kelly	Emu Plains	11.36
2	Jacob Kelly	Emu Plains	11.49
3	Jacob Landers	Jamison	11.92
4	Flynn Sanders	Jamison	11.95
5	Lincoln Hole	Colyton St Clair	12.56
6	Liam Coburn	Emu Plains	12.71
7	Blake Grennell-Buckley	Emu Plains	12.77
8	Riley Allen	Cranebrook	12.86

Boys U 11 - 60 Metre Hurdles (60cm)

=====
 Zone Record: Z 10.25 2005 A Niulesa, WERRINGTON
 Name Age Centre Final
 =====

1	Zaid Lehn	Werrington	11.35
2	Dylan McPherson	Penrith	11.62
3	Adrian Hadfield	Werrington	11.86
4	Mackenzie Hall	Nepean	11.89
5	Finlay Hahn	Emu Plains	12.49
6	Rhys Warby	Cranebrook	13.34
7	Brock Stapleton	Jamison	13.37
8	Jayden Gauci	Colyton St Clair	14.51
9	Mark Westcott	Nepean	41.58

Boys U 12 - 60 Metre Hurdles (68cm)

=====
 Zone Record: Z 10.15 2006 A Niulesa, WERRINGTON
 Zone Record: Z 10.15 2007 J Jay, PENRITH
 Name Age Centre Final
 =====

Section 1

1	Moses Ezekiel	Werrington	11.37
2	Jackson Justice	Werrington	11.45
3	Ethan Clune	Colyton St Clair	12.08
4	Luke Dollar	Colyton St Clair	13.38
5	Orlando Williams	Emu Plains	13.61

Boys U 13 - 80 Metre Hurdles (76cm)

=====
 Zone Record: Z 13.25 2004 W Drury, WERRINGTON
 Name Age Centre Final
 =====

1	Justin O'Reilly	Penrith	16.56
2	Toby Hamblin	Emu Plains	17.00
3	Trent Whitbread	Cranebrook	19.44

Boys U 14 - 90 Metre Hurdles (76cm)

=====
 Zone Record: Z 13.15 1997 A Schefe, JAMISON
 Name Age Centre Final
 =====

1	Favour Ogie	Jamison	16.35
2	Lachlan Ryan	Werrington	17.06
3	Daniel Thomas	Cranebrook	20.49

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 15 - 100 Metre Hurdles (76cm)**

Zone Record: Z 14.25 2006 W Drury, WERRINGTON			
Name	Age	Centre	Final
1 Shane Munaweera		Jamison	14.88
2 Mitchell Price		Cranebrook	18.36

Boys U 17 - 110 Metre Hurdles (76cm)

Zone Record: Z 17.35 2013 S Close, CRANEBROOK			
Name	Age	Centre	Final
1 Zane Camenzuli		Emu Plains	16.31Z
2 Joshua Baker		Werrington	16.68Z

Boys U 13 - 200 Metre Hurdles (68cm)

Zone Record: Z 27.45 2013 S Munaweera, JAMISON			
Name	Age	Centre	Final
1 Trent Whitbread		Cranebrook	35.39
2 Seth Wilson		Emu Plains	39.41
3 Nicholas Potter		Emu Plains	41.40

Boys U 14 - 200 Metre Hurdles (76cm)

Zone Record: Z 28.15 1997 A Schefe, JAMISON			
Name	Age	Centre	Final
1 Kienan Brown		Emu Plains	31.07
2 Favour Ogie		Jamison	31.59
3 Bryce Zabiello		Nepean	31.63
4 Damian Fuser		Colyton St Clair	34.95
5 Daniel Thomas		Cranebrook	38.47

Boys U 15 - 200 Metre Hurdles (76cm)

Zone Record: Z 27.15 1999 M Forth, NEPEAN			
Name	Age	Centre	Final
1 Lachlan Ash		Nepean	32.47
2 Brodie Hile		Colyton St Clair	33.01
3 Bailey Hunter		Colyton St Clair	35.98
4 Patrick Coppini		Nepean	36.62

Boys U 17 - 200 Metre Hurdles (76cm)

Zone Record: Z 27.45 2010 C Moore, PENRITH VALLEY			
Name	Age	Centre	Final
1 Marcus Miralia		Jamison	30.88
2 Aaron Keene		Emu Plains	31.38

Boys U 9-12 4x100 Metre Relay (Jnr)

Zone Record: Z 52.95 2012 Nepean, NEPEAN			
Centre	Age	Centre	Final
1 Werrington			1:01.35
1) Hunter Bell 9		2) Zaid Lehn 11	

OUTER WEST MET ZONE TRACK & FIELD CHAMPS

Harold Corr Oval, Werrington

Results

....Boys U 9-12 4x100 Metre Relay (Jnr)

3) William Ezekiel 10	4) Jackson Justice 12	
2 Jamison		1:01.43
1) Zane Lang 11	2) Jaxen Edgar 10	
3) Jarred Haydon 9	4) Marcus Bishop 11	
3 Emu Plains		1:01.74
1) Jaspa McFadden 9	2) Myles Ford 11	
3) Finlay Hahn 11	4) Evander Kelly 10	
4 Penrith		1:03.13
1) Lochlain Smith 9	2) Cruz Pagnamenta 10	
3) Dylan McPherson 11	4) Ryan Mooney 12	
5 Nepean		1:03.15
1) Adam Baxter 10	2) Mitchell Heather 11	
3) Jett Coppins 12	4) Jared Haywood 9	
6 Colyton St Clair		1:03.37
1) Cameron Cloey 9	2) Haratio Edwards 11	
3) Lincoln Hole 10	4) Ethan Clune 12	
7 Cranebrook		1:07.90
1) Brody Hull 9	2) Jaydee Davies 10	
3) Caleb Fayers 10	4) Rhys Warby 11	

Boys U 12-17 4x100 Metre Relay (Snr)

=====			
Zone Record: Z 48.75	2013	Nepean, NEPEAN	
Centre			Final
=====			
1 Colyton St Clair			48.35Z
1) Laud Codjoe 13	2) Jordan Petersen 14		
3) Brodie Hile 15	4) Damien Mizzi 17		
2 Nepean			48.41Z
1) Anthony Gale 17	2) Levi Ngaha 14		
3) Emmanuel Boadu 13	4) Luke Trevillian 15		
3 Werrington			49.36
1) Moses Ezekiel 12	2) Joshua Baker 17		
3) Phillip Baker 14	4) Joshua McLachlan 15		
4 Emu Plains			51.92
1) Jack Treasure 15	2) Benjamin Abbott 14		
3) Hugh Harrold 12	4) Aaron Keene 17		
5 Cranebrook			1:02.46
1) Trent Whitbread 13	2) Ahmed Hammoud 13		
3) Daniel Thomas 14	4) Mitchell Price 15		

Boys U 9 - High Jump (S/H 0.85m)

=====			
Zone Record: Z 1.26m	1999	J Dibbs, COLYTON	
Name	Age	Centre	Final
=====			
Flight 1			
1 Hamish Mackay		Emu Plains	1.11m
2 Jayden Cowell		Nepean	1.09m
3 Evan Garbutt		Colyton St Clair	1.00m
4 Jac Coppins		Nepean	0.85m
5 Caleb Walker		Werrington	J0.85m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 10 - High Jump (S/H 0.95m)**

Name	Age	Centre	Final
=====			
Zone Record: Z 1.34m	1989	B Mallard, JAMISON	
Zone Record: Z 1.34m	1991	D Gregory, PENRITH	
Name	Age	Centre	Final
=====			
1 Lincoln Hole		Colyton St Clair	1.15m
2 William Ezekiel		Werrington	1.13m
3 Jordan Willmington		Emu Plains	1.11m
4 Liam Coburn		Emu Plains	1.07m
5 Jeremiah Ngwudo		Penrith	1.00m
6 Caleb Fayers		Cranebrook	J1.00m
7 Jett Jackson		Emu Plains	0.95m
-- Riley Allen		Cranebrook	FAIL

Boys U 11 - High Jump (S/H 1.05m)

Name	Age	Centre	Final
=====			
Zone Record: Z 1.47m	1993	D Gregory, PENRITH	
Name	Age	Centre	Final
=====			
1 Ryan Letford		Werrington	1.26m
2 Joshua Debritt		Cranebrook	J1.26m
3 Jett Cleary		Emu Plains	1.24m
4 Zane Lang		Jamison	J1.24m
5 Finn Newell		Emu Plains	1.15m
6 Mackenzie Hall		Nepean	J1.15m
7 Lincoln Gilmour		Emu Plains	1.10m
-- Blake Adams		Cranebrook	FAIL
-- Brock Reed		Werrington	FAIL
-- Nathan O'Reilly		Penrith	FAIL

Boys U 12 - High Jump (S/H 1.15m)

Name	Age	Centre	Final
=====			
Zone Record: Z 1.52m	1994	D Gregory, PENRITH VALLEY	
Zone Record: Z 1.52m	1997	A Buxton, NEPEAN	
Name	Age	Centre	Final
=====			
1 Jett Coppins		Nepean	1.33m
2 Luke Voorn		Emu Plains	1.29m
3 Jesse Jackson		Werrington	1.27m
4 Tyler Roy		Werrington	1.17m

Boys U 13 - High Jump (S/H 1.20m)

Name	Age	Centre	Final
=====			
Zone Record: Z 1.65m	1996	D Pederson, COLYTON	
Name	Age	Centre	Final
=====			
1 Lucas Rose		Colyton St Clair	1.45m
2 Emmanuel Boadu		Nepean	1.41m
-- Joshua Hill		Werrington	FAIL

Boys U 14 - High Jump (S/H 1.25m)

Name	Age	Centre	Final
=====			
Zone Record: Z 1.75m	1996	D Pederson, COLYTON	
Name	Age	Centre	Final
=====			
1 Damian Levell		Penrith	1.52m
2 Niran Ravikumar		Werrington	1.48m
3 Levi Ngaha		Nepean	1.46m
4 Miles Harrold		Emu Plains	1.42m
5 Damian Fuser		Colyton St Clair	1.40m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Boys U 14 - High Jump (S/H 1.25m)**

6	Jordan Petersen	Colyton St Clair	1.35m
6	Benjamin Abbott	Emu Plains	1.35m
8	Jarrad VanderMeulen	Nepean	1.30m
--	Daniel Thomas	Cranebrook	FAIL

Boys U 15 - High Jump (S/H 1.25m)

=====			
Zone Record: Z	1.80m	2001	A Jackson, PENRITH VALLEY
Zone Record: Z	1.80m	2004	C Legg, COLYTON
Name	Age	Centre	Final
=====			
1	Mitchell Price	Cranebrook	1.62m
2	Harrison Gilligan	Nepean	1.60m
2	Kyle Pattison	Werrington	1.60m
4	Lachlan Ash	Nepean	1.55m
5	Brodie Hile	Colyton St Clair	1.50m

Boys U 17 - High Jump (S/H 1.30m)

=====			
Zone Record: Z	1.78m	2009	J Craig, WERRINGTON
Name	Age	Centre	Final
=====			
1	Mark Neill	Nepean	1.50m
2	Kyle Stanford	Jamison	1.40m

Boys U 7 - Long Jump

=====			
Zone Record: Z	3.59m	1987	J Dibbs, COLYTON
Name	Age	Centre	Final
=====			
1	Bailey Hall	Jamison	3.05m
2	Tanner Mahe	Werrington	2.66m
3	Chevy McPherson-Bordigno	Nepean	2.58m
4	Kael Brown	Emu Plains	2.52m
5	Ryan Debritt	Cranebrook	2.51m
6	Myles Ritter	Colyton St Clair	2.18m
7	Ricky Morris	Colyton St Clair	1.88m
8	Johnathon Lolohea	Nepean	1.52m
9	Wil White	Penrith	1.43m
10	Zachary Levy	Emu Plains	1.30m

Boys U 8 - Long Jump

=====			
Zone Record: Z	3.77m	2002	B Yavas, COLYTON
Name	Age	Centre	Final
=====			
1	Elisha Ngwudo	Penrith	3.33m
2	Joel Kijurina	Werrington	3.31m
3	Jack Affleck	Cranebrook	3.22m
4	Ashton Dawes	Penrith	3.14m
5	Harrison Frendo	Colyton St Clair	3.07m
6	Taylan Ali	Cranebrook	2.94m
7	Aidan Clune	Colyton St Clair	2.91m
8	Ryan Johannsen	Colyton St Clair	2.75m
9	Daniel Rolls	Colyton St Clair	2.48m
10	Dylan Ryan	Jamison	1.79m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 9 - Long Jump**

Zone Record: Z 4.44m 1991 D Smith, PENRITH VALLEY			
Name	Age	Centre	Final
1 Jared Haywood		Nepean	3.91m
2 Callum Roy		Werrington	3.87m
3 Noah Lang		Jamison	3.73m
4 Jarred Haydon		Jamison	3.65m
5 Lachlan Green		Emu Plains	3.60m
6 Evan Garbutt		Colyton St Clair	3.53m
7 Jaspa McFadden		Emu Plains	3.45m
8 Hunter Bell		Werrington	3.35m
9 Kian Brown		Emu Plains	3.16m
9 Phoenix Tauasa		Nepean	3.16m
11 Dylan Jones		Jamison	3.07m
12 Shannon Hollman		Werrington	2.96m
13 Jermaine Marshall-Taylor		Colyton St Clair	2.95m
14 Mason Dohne		Cranebrook	2.85m
14 Lochlain Smith		Penrith	2.85m
16 Hamish Mackay		Emu Plains	2.81m
17 Ben Daley		Emu Plains	2.47m
18 Braith Stewart		Nepean	2.37m

Boys U 10 - Long Jump

Zone Record: Z 4.60m 2012 P Baker, WERRINGTON			
Name	Age	Centre	Final
1 Evander Kelly		Emu Plains	4.25m
2 Jaxen Edgar		Jamison	3.93m
3 William Ezekiel		Werrington	3.88m
4 Riley Allen		Cranebrook	3.53m
5 Adam Baxter		Nepean	3.35m
6 Benjamin Spiers		Jamison	3.17m
7 Jordan Aspinall		Colyton St Clair	3.10m

Boys U 11 - Long Jump

Zone Record: Z 4.87m 1996 P Toner, NEPEAN			
Name	Age	Centre	Final
1 Joshua Debritt		Cranebrook	4.33m
2 Zaid Lehn		Werrington	3.99m
3 Mitchell Heather		Nepean	3.98m
4 Myles Ford		Emu Plains	3.94m
5 Finlay Hahn		Emu Plains	3.82m
6 Dylan McPherson		Penrith	3.71m
7 Lincoln Gilmour		Emu Plains	3.64m
8 Adrian Hadfield		Werrington	3.63m
9 Finn Newell		Emu Plains	3.54m
10 Xavier Degei		Emu Plains	3.39m
11 Blake Adams		Cranebrook	3.04m
12 Rhys Warby		Cranebrook	3.00m
13 Brock Reed		Werrington	2.95m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 12 - Long Jump**

Zone Record: Z 5.39m 2012 S Munaweera, JAMISON			
Name	Age	Centre	Final
1 Siotame Hansen		Colyton St Clair	4.80m
2 Hugh Harrold		Emu Plains	4.69m
3 Jackson Justice		Werrington	4.49m
4 Ethan Clune		Colyton St Clair	4.28m
5 Luke Voorn		Emu Plains	4.24m
6 Andrew Laycock		Emu Plains	4.16m
7 Jesse Jackson		Werrington	3.94m

Boys U 13 - Long Jump

Zone Record: Z 5.51m 2006 J Williamson, WERRINGTON			
Name	Age	Centre	Final
1 Laud Codjoe		Colyton St Clair	5.68mZ
2 Marcus Massignani		Emu Plains	4.89m
3 Emmanuel Boadu		Nepean	4.74m
4 Matthew Kirkwood		Jamison	4.36m
5 Trent Whitbread		Cranebrook	J4.36m
6 Alec Bell		Nepean	3.97m
7 Ahmed Hammoud		Cranebrook	3.89m
8 Joshua Hill		Werrington	3.36m

Boys U 14 - Long Jump

Zone Record: Z 6.88m 2013 A Gale, NEPEAN			
Name	Age	Centre	Final
1 Miles Harrold		Emu Plains	5.47m
2 Phillip Baker		Werrington	5.44m
3 Jordan Petersen		Colyton St Clair	5.40m
4 Benjamin Abbott		Emu Plains	5.33m
5 Favour Ogie		Jamison	5.17m
6 Kienan Brown		Emu Plains	5.08m
7 Damian Levell		Penrith	4.82m
8 Lachlan Ryan		Werrington	4.72m
9 Niran Ravikumar		Werrington	4.67m
10 Jarrad VanderMeulen		Nepean	4.18m
11 Damian Fuser		Colyton St Clair	4.13m
12 Levi Ngaha		Nepean	3.68m

Boys U 15 - Long Jump

Zone Record: Z 6.24m 1988 J Zabiello, NEPEAN			
Name	Age	Centre	Final
1 Shane Munaweera		Jamison	6.34mZ
2 Brodie Hile		Colyton St Clair	5.95m
3 James Neilly		Jamison	5.36m
4 Joshua McLachlan		Werrington	5.33m
5 Kyle Pattison		Werrington	4.89m
6 Darcy Wilson		Emu Plains	4.31m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 17 - Long Jump**

Zone Record: Z 6.67m 2012 T Currie, NEPEAN			
Name	Age	Centre	Final
1 Aaron Keene		Emu Plains	5.89m
2 Joshua West		Werrington	5.45m
3 Joshua Lees		Nepean	5.43m
4 Joshua Baker		Werrington	5.10m
5 Kyle Stanford		Jamison	4.82m

Boys U 11 - Triple Jump

Zone Record: Z 9.89m 1991 J Conn, PENRITH			
Name	Age	Centre	Final
1 Mitchell Heather		Nepean	8.63m
2 Archie Gill		Emu Plains	8.60m
3 Mackenzie Hall		Nepean	8.55m
4 Ryan Letford		Werrington	8.05m
5 Dylan McPherson		Penrith	7.94m
6 Khain Letford		Werrington	7.91m
7 Marcus Bishop		Jamison	7.44m
8 Brock Stapleton		Jamison	7.38m
9 Blake Elliott-Swann		Nepean	5.55m

Boys U 12 - Triple Jump

Zone Record: Z 10.93m 2012 J Neilly, JAMISON			
Name	Age	Centre	Final
1 Moses Ezekiel		Werrington	9.59m
2 Ethan Clune		Colyton St Clair	9.12m
3 Jesse Jackson		Werrington	8.60m
4 Jett Coppins		Nepean	8.27m

Boys U 13 - Triple Jump

Zone Record: Z 11.62m 1991 A Ongley, PENRITH VALLEY			
Name	Age	Centre	Final
1 Laud Codjoe		Colyton St Clair	11.82mZ
2 Justin O'Reilly		Penrith	10.06m
3 Trent Whitbread		Cranebrook	8.65m
4 Nicholas Potter		Emu Plains	7.62m
5 Joshua Hill		Werrington	7.53m

Boys U 14 - Triple Jump

Zone Record: Z 12.59m 2013 A Gale, NEPEAN			
Name	Age	Centre	Final
1 Miles Harrold		Emu Plains	11.24m
2 Phillip Baker		Werrington	10.66m
3 Jordan Petersen		Colyton St Clair	10.65m
4 Favour Ogie		Jamison	10.40m
4 Kienan Brown		Emu Plains	10.40m
6 Niran Ravikumar		Werrington	10.10m
7 Damian Levell		Penrith	10.00m
8 Bryce Zabiello		Nepean	9.68m
9 Jarrad VanderMeulen		Nepean	9.15m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 15 - Triple Jump**

Zone Record: Z 12.89m 1997 D Perderson, COLYTON			
Name	Age	Centre	Final
1 James Neilly		Jamison	12.05m
2 Brodie Hile		Colyton St Clair	11.95m
3 Darcy Wilson		Emu Plains	9.44m

Boys U 17 - Triple Jump

Zone Record: Z 12.88m 14/12/2014 Kirk Morozoff, NEPEAN			
Name	Age	Centre	Final
1 Aaron Keene		Emu Plains	12.44m
2 Joshua West		Werrington	12.23m
3 Joshua Lees		Nepean	11.25m

Boys U 7 - Shot Put (1.0 Kg)

Zone Record: Z 8.80m 1990 M Kandel, WERRINGTON			
Name	Age	Centre	Final
1 Amaziah Pritchard		Colyton St Clair	5.98m
2 Chevy McPherson-Bordigno		Nepean	5.29m
3 CJ Honeman		Werrington	4.64m
4 Myles Ritter		Colyton St Clair	3.97m
5 Agostino Sparta		Nepean	3.24m
6 Conner Pryke		Cranebrook	2.96m

Boys U 8 - Shot Put (1.5 Kg)

Zone Record: Z 7.90m 1996 S Blackett, COLYTON			
Name	Age	Centre	Final
1 Ryan Johannsen		Colyton St Clair	5.22m
2 Jake Roberts		Colyton St Clair	4.78m
3 Samuel Parnell		Penrith	4.48m
4 Ethan Hadfield		Werrington	4.36m
5 Zaiden Heather		Werrington	4.28m
6 Lachlan Pryke		Cranebrook	4.24m
7 Matthew Armsrtong		Nepean	3.93m
8 Dylan Ryan		Jamison	2.54m

Boys U 9 - Shot Put (2.0 Kg)

Zone Record: Z 9.36m 1990 S Burdett, COLYTON			
Name	Age	Centre	Final
1 Phoenix Tauasa		Nepean	7.08m
2 Jayden Cowell		Nepean	6.40m
3 Braith Stewart		Nepean	6.01m
4 Evan Garbutt		Colyton St Clair	6.00m
5 Callum Roy		Werrington	5.65m
6 Cooper Levy		Werrington	5.20m
7 Dylan Jones		Jamison	4.98m
8 Connor Voorn		Emu Plains	4.70m
9 Matthew Bentzen		Nepean	4.51m
10 Jack Giampietro		Emu Plains	3.94m
11 Ben Daley		Emu Plains	3.93m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 10 - Shot Put (2.0 Kg)**

Zone Record: Z 10.82m 1985 G Lee, NEPEAN			
Name	Age	Centre	Final
1 Jacob Landers		Jamison	7.92m
2 Riley Allen		Cranebrook	7.47m
3 Cruz Pagnamenta		Penrith	7.25m
4 Jayden Burns		Jamison	7.10m
5 Adam Baxter		Nepean	6.97m
6 Caleb Fayers		Cranebrook	6.47m
7 Vaughn Gilligan		Nepean	6.15m
8 Byron Fleming		Emu Plains	5.99m
9 Jordan Willmington		Emu Plains	5.23m
10 Lamarjay Heather		Werrington	4.39m
11 Jeremiah Ngwudo		Penrith	4.15m

Boys U 11 - Shot Put (2.0 Kg)

Zone Record: Z 13.05m 2012 EJ Brown-Vaelua, NEPEAN			
Name	Age	Centre	Final
1 Xavier Degei		Emu Plains	11.78m
2 Lachlan Stone		Emu Plains	7.43m
3 Daniel Ash		Nepean	7.24m
4 Adrian Hadfield		Werrington	6.76m
5 Nathan O'Reilly		Penrith	6.60m

Boys U 12 - Shot Put (3.0 Kg)

Zone Record: Z 13.27m 2012 EJ Brown-Vaelua, NEPEAN			
Name	Age	Centre	Final
1 Siotame Hansen		Colyton St Clair	11.09m
2 Gift Williams-Hewett		Werrington	8.59m
3 Leighton Heather		Werrington	7.02m
4 Luke Dollar		Colyton St Clair	5.82m
5 Hayden Schempp		Jamison	5.71m
6 Orlando Williams		Emu Plains	5.18m

Boys U 13 - Shot Put (3.0 Kg)

Zone Record: Z 15.41m 2013 EJ Brown-Vaelua, NEPEAN			
Name	Age	Centre	Final
1 Lucas Rose		Colyton St Clair	12.54m
2 Tylan Casserly		Werrington	7.46m
3 Trent Whitbread		Cranebrook	7.30m

Boys U 14 - Shot Put (3.0 Kg)

Zone Record: Z 16.20m 14/12/2014 EJ Brown-Vaelua, NEPEAN			
Name	Age	Centre	Final
1 Peter Hansen		Colyton St Clair	11.93m
2 Jordan Petersen		Colyton St Clair	11.40m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 15 - Shot Put (4.0 Kg)**

Zone Record: Z 16.18m 1990 C Cooney, PENRITH VALLEY			
Name	Age	Centre	Final
1 Shaun Neill		Nepean	11.61m
2 Darcy Wilson		Emu Plains	9.93m
3 Mitchell Price		Cranebrook	J9.93m
4 Jack Treasure		Emu Plains	9.51m
5 Matthew Glass		Jamison	9.50m
6 Joshua McLachlan		Werrington	9.21m
7 Bailey Hunter		Colyton St Clair	9.11m
8 James Neilly		Jamison	8.38m

Boys U 17 - Shot Put (5.0 Kg)

Zone Record: Z 14.78m 2012 C Kousparis, CRANE BROOK			
Name	Age	Centre	Final
1 Mark Neill		Nepean	13.36m
2 Aaron Keene		Emu Plains	11.32m
3 Zane Camenzuli		Emu Plains	11.17m

Boys U 7 - Discus (350 Gram)

Zone Record: Z 20.00m 1994 J O'Sullivan, PENRITH			
Name	Age	Centre	Final
1 Bailey Hall		Jamison	11.47m
2 Amaziah Pritchard		Colyton St Clair	9.99m
3 CJ Honeman		Werrington	9.19m
4 Chevy McPherson-Bordigno		Nepean	9.00m
5 Wil White		Penrith	6.62m
6 Myles Ritter		Colyton St Clair	6.31m
7 Zachary Levy		Emu Plains	6.15m
8 Kael Brown		Emu Plains	5.77m
9 Agostino Sparta		Nepean	5.40m

Boys U 8 - Discus (500 Gram)

Zone Record: Z 24.02m 1992 D Thomson, EMU PLIANS			
Name	Age	Centre	Final
1 Brody Green		Emu Plains	14.56m
2 Jake Roberts		Colyton St Clair	14.18m
3 Lachlan Henderson		Emu Plains	12.53m
4 Angus Bramston		Colyton St Clair	11.29m
5 Ashton Dawes		Penrith	10.10m
6 Zaiden Heather		Werrington	9.51m
7 Abbas Hammoud		Cranebrook	8.79m
8 Lachlan Pryke		Cranebrook	8.53m

Boys U 9 - Discus (500 Gram)

Zone Record: Z 29.34m 1986 J Imbrahim, NEPEAN			
Name	Age	Centre	Final
1 Callum Roy		Werrington	22.36m
2 Jayden Cowell		Nepean	20.22m
3 Lachlan Green		Emu Plains	18.47m
4 Evan Garbutt		Colyton St Clair	18.14m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Boys U 9 - Discus (500 Gram)**

5	Cooper Levy	Werrington	15.96m
6	Rhys Argaet	Nepean	15.80m
7	Hamish Mackay	Emu Plains	15.25m
8	Jarred Haydon	Jamison	15.23m
9	Braith Stewart	Nepean	13.20m
10	Phoenix Tauasa	Nepean	13.09m
11	Cameron Hall	Jamison	12.90m
12	Dylan Jones	Jamison	12.88m
13	Connor Voorn	Emu Plains	11.59m
14	Jack Giampietro	Emu Plains	9.84m
15	Matthew Bentzen	Nepean	9.44m
16	Duku Kenyi	Colyton St Clair	7.80m

Boys U 10 - Discus (500 Gram)

=====			
Zone Record: Z 38.19m 2012 L Rose, COLYTON ST CLAIR			
Name	Age	Centre	Final
=====			
1	Cruz Pagnamenta	Penrith	23.42m
2	Jayden Burns	Jamison	18.78m
3	Jacob Landers	Jamison	17.23m
4	Ayden Hoggard	Colyton St Clair	15.84m
5	Lamarjay Heather	Werrington	15.04m
6	Blake Grennell-Buckley	Emu Plains	13.25m
7	Jeremiah Ngwudo	Penrith	12.55m
8	Vaughn Gilligan	Nepean	11.84m

Boys U 11 - Discus (750 Gram)

=====			
Zone Record: Z 36.71m 2013 L Rose, COLYTON ST CLAIR			
Name	Age	Centre	Final
=====			
1	Xavier Degei	Emu Plains	31.48m
2	Lachlan Stone	Emu Plains	19.52m
3	Mark Westcott	Nepean	16.81m
4	Nathan O'Reilly	Penrith	15.09m

Boys U 12 - Discus (750 Gram)

=====			
Zone Record: Z 48.85m 13/12/2014 Lucas Rose, COLYTON ST CLAIR			
Name	Age	Centre	Final
=====			
1	Siotame Hansen	Colyton St Clair	36.41m
2	Hugh Harrold	Emu Plains	29.97m
3	Tyler Roy	Werrington	22.18m
4	Leighton Heather	Werrington	19.80m
5	Orlando Williams	Emu Plains	18.55m
6	Hayden Schempp	Jamison	18.01m
7	Gift Williams-Hewett	Werrington	17.48m
8	Luke Dollar	Colyton St Clair	16.72m

Boys U 13 - Discus (1.0 Kg)

=====			
Zone Record: Z 41.58m 2009 J Maloney, NEPEAN			
Name	Age	Centre	Final
=====			
1	Lucas Rose	Colyton St Clair	42.04mZ
2	Trent Whitbread	Cranebrook	17.67m
3	Tylan Casserly	Werrington	15.52m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Boys U 13 - Discus (1.0 Kg)**

4 Nicholas Potter	Emu Plains	14.34m
5 Logan Dwyer	Penrith	12.27m

Boys U 14 - Discus (1.0 Kg)

Zone Record: Z 51.98m 1999 C Cooney, PENRITH VALLEY		
Name	Age Centre	Final
1 Peter Hansen	Colyton St Clair	35.27m
2 Jacob Voorn	Emu Plains	22.23m
3 Benjamin Abbott	Emu Plains	21.07m

Boys U 15 - Discus (1.0 Kg)

Zone Record: Z 53.36m 1990 C Cooney, PENRITH VALLEY		
Name	Age Centre	Final
1 Shane Munaweera	Jamison	50.56m
2 Shaun Neill	Nepean	43.00m
3 Brodie Hile	Colyton St Clair	30.90m
4 Mitchell Price	Cranebrook	30.50m
5 Jack Treasure	Emu Plains	23.46m
6 Matthew Glass	Jamison	23.35m
7 Charlie Jarvis	Nepean	23.31m

Boys U 17 - Discus (1.5 Kg)

Zone Record: Z 44.57m 14/12/2014 Joshua Baker, WERRINGTON		
Name	Age Centre	Final
1 Joshua Baker	Werrington	43.95m
2 Mark Neill	Nepean	43.86m
3 Angus Harrold	Emu Plains	39.69m
4 Aaron Keene	Emu Plains	34.50m
5 Zane Camenzuli	Emu Plains	28.21m
6 Joshua Crouch	Nepean	21.88m

Boys U 11 - Javelin (400 Gram)

Name	Age Centre	Final
1 Xavier Degei	Emu Plains	19.81m
2 Rhys Warby	Cranebrook	18.21m
3 Lachlan Stone	Emu Plains	17.44m
4 Finn Newell	Emu Plains	14.39m
5 Mark Westcott	Nepean	13.21m
6 Jayden Gauci	Colyton St Clair	11.07m
7 Nathan O'Reilly	Penrith	10.37m
8 Blake Elliott-Swann	Nepean	8.78m

Boys U 12 - Javelin (400 Gram)

Zone Record: Z 28.55m 2013 A Garrett, PENRITH		
Name	Age Centre	Final
1 Leighton Heather	Werrington	23.81m
2 Luke Dollar	Colyton St Clair	18.20m
3 Jett Coppins	Nepean	16.78m
4 Hayden Schempp	Jamison	16.50m

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****....Boys U 12 - Javelin (400 Gram)**

5 Gift Williams-Hewett	Werrington	13.93m
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Boys U 13 - Javelin (600 Gram)

Zone Record: Z 39.14m	1997	D Boormakin, PENRITH
Name	Age Centre	Final

1 Lucas Rose	Colyton St Clair	33.00m
2 Joshua Hill	Werrington	17.13m
3 Seth Wilson	Emu Plains	15.03m

Boys U 14 - Javelin (600 Gram)

Zone Record: Z 44.66m	2000	C Forth, NEPEAN
Name	Age Centre	Final

1 Jacob Voorn	Emu Plains	26.65m
2 Lachlan Ryan	Werrington	23.27m
3 Peter Hansen	Colyton St Clair	20.53m
4 Daniel Thomas	Cranebrook	20.08m
5 Damian Fuser	Colyton St Clair	12.95m

Boys U 15 - Javelin (700 Gram)

Zone Record: Z 41.17m	12/12/2014	Aaron Keene, EMU PLAINS
Name	Age Centre	Final

1 Matthew Glass	Jamison	33.56m
2 Mitchell Price	Cranebrook	26.22m
3 Shaun Neill	Nepean	23.55m
4 James Neilly	Jamison	23.04m
5 Darcy Wilson	Emu Plains	21.09m
6 Patrick Coppini	Nepean	17.61m
7 Charlie Jarvis	Nepean	16.70m
8 Bailey Hunter	Colyton St Clair	11.94m

Boys U 17 - Javelin (700 Gram)

Zone Record: Z 46.59m	2013	M Haynes, NEPEAN
Name	Age Centre	Final

1 Aaron Keene	Emu Plains	47.99mZ
2 Mark Neill	Nepean	39.87m
3 Angus Harrold	Emu Plains	30.72m
4 Joshua West	Werrington	27.67m

Boys U 9 - 700 Metre Walk

Zone Record: Z 3:22.40	1997	L Fitzgerald, NEPEAN
Name	Age Centre	Final

Section 1

1 Joseph Napoli	Nepean	5:26.20
2 Matthew Bentzen	Nepean	5:59.84
3 Cooper Levy	Werrington	6:01.10
4 Jayden Baumgartner	Penrith	6:06.77

OUTER WEST MET ZONE TRACK & FIELD CHAMPS**Harold Corr Oval, Werrington****Results****Boys U 11 - 1100 Metre Walk**

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Zone Record: Z 5:08.80 1999          L Fitzgerald, NEPEAN
Name                               Age Centre                               Final
=====
1 Riley Foord                       Emu Plains                               7:43.43
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Boys U 14 - 1500 Metre Walk

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Zone Record: Z 6:56.30 1999          K Clifford, NEPEAN
Name                               Age Centre                               Final
=====
1 Lachlan Beecroft                  Nepean                                   9:01.02
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Boys U 17 - 1500 Metre Walk

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Zone Record: Z 6:43.80 2010          S Washburn, NEPEAN
Name                               Age Centre                               Final
=====
1 Kyle Bedford                       Nepean                                   7:07.26
2 Ryan Thomson                       Colyton St Clair                         7:27.44
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