

RESULTS

Nth East Met Zone - 2003/04

U/7 Boys

1	50M Run	J Harris	Ku-Ring-Gai	196	9.3
2		T Brulinski	Northern Districts	79	9.4
3		H Tucker	Ku-Ring-Gai	145	9.5
4		C Mills	Mosman	145	9.5
5		H Watts	Manly Warringah	343	9.6
6		R Gardiner	Ku-Ring-Gai	26	9.7
7		A Engelen	Ku-Ring-Gai	414	9.7
8		P Turrin	Northern Districts	35	9.7
1	70M Run	M Sahin	Ku-Ring-Gai	386	12.5
2		J McGregor	Ku-Ring-Gai	194	12.5
3		T Brulinski	Northern Districts	79	12.7
4		J Harris	Ku-Ring-Gai	196	12.9
5		H Watts	Manly Warringah	343	12.9
6		P Turrin	Northern Districts	35	13
7		J Potgieter	Mosman	125	13.2
8		A Hannigan	Northern Districts	254	13.3
1	100M Run	M Sahin	Ku-Ring-Gai	386	17.8
2		J Brown	Manly Warringah	158	17.8
3		J McGregor	Ku-Ring-Gai	194	18.1
4		T Brulinski	Northern Districts	79	18.2
5		A Engelen	Ku-Ring-Gai	414	18.6
6		A Hannigan	Northern Districts	254	18.7
7		H Watts	Manly Warringah	343	18.7
8		J Potgieter	Mosman	125	19
1	200M Run	J Brown	Manly Warringah	158	36.1
2		M Sahin	Ku-Ring-Gai	386	36.1
3		J McGregor	Ku-Ring-Gai	194	37.5
4		A Engelen	Ku-Ring-Gai	414	37.5
5		A Hannigan	Northern Districts	254	37.6
6		P Turrin	Northern Districts	35	39.2
7		J Harris	Ku-Ring-Gai	196	39.4
8		J Potgieter	Mosman	125	39.8
1	Long Jump	J Brown	Manly Warringah	158	3.1
2		T Brulinski	Northern Districts	79	2.97
3		N Cotton	Manly Warringah	209	2.84
4		D Mete	Ku-Ring-Gai	34	2.83
5		A Hannigan	Northern Districts	254	2.81
6		H Tucker	Ku-Ring-Gai	145	2.68
7		O Mears	Ku-Ring-Gai	428	2.5
8		H Griffiths	Mosman	216	2.5
1	Shot Put	N Cotton	Manly Warringah	209	5.85
2		R Dean	Northern Districts	198	5.69
3		S Hall	Ku-Ring-Gai	154	5.46

4	Shot Put	J Hutton	Northern Districts	207	5.45
5		C Mills	Mosman	145	5.04
6		P Frith	Manly Warringah	517	4.85
7		O Mears	Ku-Ring-Gai	428	4.4
8		D Mete	Ku-Ring-Gai	34	4.32
1	Discus	N Cotton	Manly Warringah	209	15.34
2		D Mete	Ku-Ring-Gai	34	13.91
3		R Dean	Northern Districts	198	13.69
4		P Frith	Manly Warringah	517	12.59
5		J Prassapoulous	Manly Warringah	533	12.49
6		O Mears	Ku-Ring-Gai	428	12.39
7		W Taylor	Ku-Ring-Gai	243	12.05
8		J McGregor	Ku-Ring-Gai	194	11.29
1	Pack Start	J Brown	Manly Warringah	158	1-43.00
2		M Sahin	Ku-Ring-Gai	386	1-43.20
3		B Wharepouriri	Manly Warringah	189	1-49.20
4		A Engelen	Ku-Ring-Gai	414	1-50.40
5		D Cronin	Northern Districts	119	1-58.40
6		W Downie	Manly Warringah	287	1-58.60
7		P Turrin	Northern Districts	35	1-58.90
8		W Taylor	Ku-Ring-Gai	243	2-01.10
9		R Gardiner	Ku-Ring-Gai	26	2-04.20
10		P Frith	Manly Warringah	517	2-04.50
11		R Dean	Northern Districts	198	2-05.20

U/8 Boys

1	70M Run	L Bonanno	Manly Warringah	410	11.6
2		C Ambrose	Manly Warringah	40	11.8
3		B Thornton	Ku-Ring-Gai	361	11.9
4		H Lister	Mosman	44	12
5		J Williams	Northern Districts	193	12.1
6		W Craven	Manly Warringah	411	12.1
7		B Maxwell	Manly Warringah	295	12.2
8		G Clothier	Northern Districts	197	12.2
1	100M Run	M Van Noort	Northern Districts	74	16.4
2		L Bonanno	Manly Warringah	410	17
3		B Thornton	Ku-Ring-Gai	361	17.3
4		R Mau'u	Manly Warringah	478	17.6
5		H Lister	Mosman	44	17.6
6		M Garrow	Manly Warringah	406	18
7		G Clothier	Northern Districts	197	18
8		T Sutcliffe	Mosman	112	18.3
1	200M Run	M Van Noort	Northern Districts	74	34
2		M Dunsmore	Manly Warringah	225	34.4
3		L Bonanno	Manly Warringah	410	35.3
4		C Ambrose	Manly Warringah	40	35.4
5	200M Run	B Thornton	Ku-Ring-Gai	361	35.8

6	J Williams	Northern Districts	193	36.5
7	S Lancaster	Ku-Ring-Gai	392	36.5
8	H Denning	Ku-Ring-Gai	224	38.3
1 400M Run	M Dunsmore	Manly Warringah	225	1-12.80
2	M Van Noort	Northern Districts	74	1-17.60
3	S Lancaster	Ku-Ring-Gai	37	1-20.80
4	C Ambrose	Manly Warringah	40	1-23.00
5	B Thornton	Ku-Ring-Gai	361	1-25.40
6	H Lister	Mosman	44	1-26.90
7	S Williams	Manly Warringah	407	1-29.80
8	J Crasti	Ku-Ring-Gai	419	1-31.70
1 60M Hurdles	T Sutcliffe	Mosman	112	11.9
2	M Howden	Ku-Ring-Gai	113	12.1
3	L Bonanno	Manly Warringah	410	12.1
3	G Clothier	Northern Districts	197	12.1
5	C Ambrose	Manly Warringah	40	12.2
6	R Mau'u	Manly Warringah	478	12.2
7	O Wetzlar	Mosman	7	12.4
8	M Arnold	Manly Warringah	113	12.5
1 Long Jump	M Van Noort	Northern Districts	74	3.45
2	G Clothier	Northern Districts	197	3.24
3	T Davis	Manly Warringah	216	3.17
4	J Williams	Northern Districts	193	3.11
5	M Arnold	Manly Warringah	113	3.07
6	D Evans	Manly Warringah	226	3.06
7	W Craven	Manly Warringah	411	2.97
8	O Wetzlar	Mosman	7	2.92
1 Shot Put	P Konert	Manly Warringah	414	6.48
2	O Wetzlar	Mosman	7	6.3
3	K Duff	Manly Warringah	576	5.58
4	T Davis	Manly Warringah	216	5.43
5	M Shields	Northern Districts	165	5.18
6	M Howden	Ku-Ring-Gai	113	5.06
7	R Mau'u	Manly Warringah	478	4.93
8	T Finn	Northern Districts	333	4.75
1 Discus	T Davis	Manly Warringah	216	23.49
2	N Cragg	Manly Warringah	294	15.68
3	M Arnold	Manly Warringah	113	14.43
4	M Hogarth	Northern Districts	30	13.8
5	P Konert	Manly Warringah	414	13.16
6	M Howden	Ku-Ring-Gai	113	13.14
7	S Wayde	Ku-Ring-Gai	402	12.72
8	M Shields	Northern Districts	165	11.47
1 Pack Start	M Dunsmore	Manly Warringah	225	2-23.50
2	S Lancaster	Ku-Ring-Gai	392	2-37.00

3	S Williams	Manly Warringah	407	2-42.70	
4	Pack Start	S Ward	Ku-Ring-Gai	462	2-43.60
5	D Evans	Manly Warringah	226	2-45.70	
6	H Fox	Northern Districts	107	2-52.70	
7	M Kavanagh	Mosman	93	2-52.90	
8	M Shields	Northern Districts	165	2-54.10	
9	J Crasti	Ku-Ring-Gai	419	2-55.50	
10	M Howden	Ku-Ring-Gai	113	3-02.30	
11	M Hogarth	Northern Districts	30	3-04.10	
12	T Buwalda	Northern Districts	126	3-20.40	

U/9 Boys

1	70M Run	S Mete	Ku-Ring-Gai	33	10.7
2	M Alcock	Manly Warringah	31	11.2	
3	S Godlewski	Ku-Ring-Gai	259	11.3	
4	Z Casella	Manly Warringah	416	11.4	
5	M Harmer	Manly Warringah	233	11.4	
6	A Gibbs	Ku-Ring-Gai	364	11.4	
7	D Steuart	Manly Warringah	33	11.4	
8	A Morrissey	Ku-Ring-Gai	324	12	

1	100M Run	S Mete	Ku-Ring-Gai	33	15.3
2	M Alcock	Manly Warringah	31	15.9	
3	S Fitzsimmons	Ku-Ring-Gai	21	16	
4	A Gibbs	Ku-Ring-Gai	364	16.2	
5	M Harmer	Manly Warringah	233	16.4	
6	I O'Shea	Mosman	23	16.6	
7	J Ansems	Northern Districts	313	16.6	

1	200M Run	S Mete	Ku-Ring-Gai	33	33.2
2	T Morton	Manly Warringah	136	33.5	
3	N Brown	Manly Warringah	423	33.9	
4	D Steuart	Manly Warringah	33	34.4	
5	N Vindin	Ku-Ring-Gai	73	35.2	
6	D Gardiner	Ku-Ring-Gai	25	35.8	
7	I O'Shea	Mosman	23	36	
8	J Gough	Manly Warringah	126	36.1	

1	400M Run	S Fitzsimmons	Ku-Ring-Gai	21	1-11.30
2	S Godlewski	Ku-Ring-Gai	259	1-12.00	
3	T Morton	Manly Warringah	136	1-12.20	
4	N Brown	Manly Warringah	423	1-12.30	
5	L Hand	Ku-Ring-Gai	197	1-18.50	
6	N Vindin	Ku-Ring-Gai	73	1-18.70	
7	J Gough	Manly Warringah	126	1-19.50	
8	J Bellamy	Northern Districts	190	1-20.30	

1	800M Run	J Ansems	Northern Districts	313	2-40.70
2	T Morton	Manly Warringah	136	2-40.90	
3	S Fitzsimmons	Ku-Ring-Gai	21	2-46.70	
4	S Godlewski	Ku-Ring-Gai	259	2-47.10	

5	800M Run	N Brown	Manly Warringah	423	2-47.40
6		J Bellamy	Northern Districts	190	2-59.30
7		L Hand	Ku-Ring-Gai	197	3-04.90
8		B Tait	Manly Warringah	184	3-10.10
9		D Rhodes	Manly Warringah	341	3-11.90
10		M Gelder	Ku-Ring-Gai	122	3-18.60
11		L Hogarth	Northern Districts	29	3-24.20
1	700M Walk	L Camp	Northern Districts	319	4-28.10
2		A Butler	Manly Warringah	297	4-41.70
3		J Rowland	Manly Warringah	38	4-47.50
4		S Payne	Ku-Ring-Gai	20	4-48.80
5		M Payne	Ku-Ring-Gai	19	4-50.70
6		H Tozer	Ku-Ring-Gai	237	5-14.60
7		M Oakes	Manly Warringah	420	5-22.60
1	60M Hurdles	S Mete	Ku-Ring-Gai	33	10.5
2		M Alcock	Manly Warringah	31	10.8
3		M Harmer	Manly Warringah	233	11.5
4		T Morton	Manly Warringah	136	11.6
5		N Vindin	Ku-Ring-Gai	73	11.9
6		Z Casella	Manly Warringah	416	11.9
7		T Milton-Hine	Mosman	90	12.3
8		L Hand	Ku-Ring-Gai	197	12.3
1	Long Jump	B Tait	Manly Warringah	184	3.7
2		J Gough	Manly Warringah	126	3.6
3		M Harmer	Manly Warringah	233	3.57
4		D Steuart	Manly Warringah	33	3.47
5		J Ansems	Northern Districts	313	3.45
6		A Gibbs	Ku-Ring-Gai	364	3.42
7		S Godlewski	Ku-Ring-Gai	259	3.34
8		M Blacklaw	Mosman	66	3.15
1	High Jump	N Vindin	Ku-Ring-Gai	73	1.09
2		M Alcock	Manly Warringah	31	1.07
3		N Brown	Manly Warringah	423	1.02
3		B Tait	Manly Warringah	184	1.02
5		J Ansems	Northern Districts	313	1.02
6		N Graham Robinson	Northern Districts	297	0.95
7		J Asensi	Mosman	107	0.95
8		M Gelder	Ku-Ring-Gai	122	0.9
1	Shot Put	L Camp	Northern Districts	319	6.17
2		T Milton-Hine	Mosman	90	5.25
3		S Faraher	Manly Warringah	340	5.21
4		A Whittaker	Manly Warringah	153	5.04
5		M Thoroughgood	Manly Warringah	418	5.03
6		J Van den Berg	Ku-Ring-Gai	117	4.9
7		D Young	Ku-Ring-Gai	520	4.68
8		M Payne	Ku-Ring-Gai	19	4.06

1	Discus	L Camp	Northern Districts	319	19.03
2	Discus	L Hogarth	Northern Districts	29	18.47
3		H Tozer	Ku-Ring-Gai	237	18.03
4		B Tait	Manly Warringah	184	16.43
5		C Pester	Ku-Ring-Gai	461	14.52
6		J Van den Berg	Ku-Ring-Gai	117	10.87
7		T Mason	Ku-Ring-Gai	458	10.38

U/10 Boys

1	70M Run	E Clothier	Northern Districts	196	10.4
2		M Rowland	Manly Warringah	93	10.7
3		D Allman	Manly Warringah	81	11.2
4		D Vorster	Ku-Ring-Gai	292	11.3
5		J Williamson	Ku-Ring-Gai	216	11.3
6		A Lee	Northern Districts	54	11.4
7		R O'Connor	Manly Warringah	91	11.5
8		O Zaki	Ku-Ring-Gai	500	11.6

1	100M Run	E Clothier	Northern Districts	196	14.8
2		F Stegman	Manly Warringah	486	15.4
3		D Van Noort	Northern Districts	73	15.6
4		R O'Connor	Manly Warringah	91	15.9
5		D Allman	Manly Warringah	81	16
6		N Heath	Ku-Ring-Gai	130	16.1
7		D Vorster	Ku-Ring-Gai	292	16.3
8		S Molineaux	Manly Warringah	27	16.3

1	200M Run	E Clothier	Northern Districts	196	30.2
2		M Rowland	Manly Warringah	93	31.4
3		J Skilbeck	Ku-Ring-Gai	85	31.8
4		S Cragg	Manly Warringah	304	32.3
5		N Heath	Ku-Ring-Gai	130	32.9
6		C O'Connell	Manly Warringah	26	33.3
7		B Emmett	Mosman	102	34.1
8		M Davis	Ku-Ring-Gai	491	35.2

1	400M Run	J Skilbeck	Ku-Ring-Gai	85	1-10.90
2		T Parrish	Manly Warringah	485	1-12.40
3		M Pearsall	Ku-Ring-Gai	447	1-12.60
4		D Alcock	Manly Warringah	24	1-19.80

1	800M Run	D Van Noort	Northern Districts	73	2-40.00
2		T Parrish	Manly Warringah	485	2-44.00
3		M Pearsall	Ku-Ring-Gai	447	2-45.40
4		B Emmett	Mosman	102	2-45.60
5		C O'Connell	Manly Warringah	26	2-47.40
6		N Sim	Northern Districts	135	2-47.70
7		C Huuk	Ku-Ring-Gai	207	2-49.10
8		Z Hicks	Northern Districts	69	3-03.60
9		O Zaki	Ku-Ring-Gai	500	3-04.80

10	A Blair	Manly Warringah	196	3-06.80	
11	800M Run	D East	Mosman	45	3-10.00
12	B Atkinson	Manly Warringah	430	3-26.40	
1	1500M Run	D Van Noort	Northern Districts	73	5-28.20
2	M Pearsall	Ku-Ring-Gai	447	5-39.40	
3	N Sim	Northern Districts	135	5-45.40	
4	C O'Connell	Manly Warringah	26	5-48.10	
5	D Vorster	Ku-Ring-Gai	292	5-56.80	
6	Z Hicks	Northern Districts	69	6-05.30	
7	J Duffin	Ku-Ring-Gai	295	6-10.20	
8	A Blair	Manly Warringah	196	6-13.30	
9	E McClintock	Northern Districts	19	6-18.40	
10	M Davis	Ku-Ring-Gai	491	6-21.60	
11	H Suters	Manly Warringah	426	6-23.40	
1	1100M Walk	J Duffin	Ku-Ring-Gai	295	6-57.80
2	B Atkinson	Manly Warringah	430	7-37.30	
3	H Krha	Ku-Ring-Gai	50	7-42.10	
4	S MacLennan	Ku-Ring-Gai	178	7-43.50	
5	S Cragg	Manly Warringah	304	8-39.80	
6	F Stegman	Manly Warringah	486	8-49.90	
1	60M Hurdles	M Rowland	Manly Warringah	93	11
2	A Denning	Ku-Ring-Gai	223	11.4	
3	D Allman	Manly Warringah	81	11.5	
4	N Heath	Ku-Ring-Gai	130	11.7	
5	R O'Connor	Manly Warringah	91	11.7	
6	F Stegman	Manly Warringah	486	11.8	
7	R Van Hagen	Mosman	191	11.9	
8	C Milligan	Northern Districts	12	12.5	
1	Long Jump	J Skilbeck	Ku-Ring-Gai	85	4.09
2	A Denning	Ku-Ring-Gai	223	4.07	
3	E Clothier	Northern Districts	196	3.9	
4	D Vorster	Ku-Ring-Gai	292	3.89	
5	S Molineaux	Manly Warringah	27	3.81	
6	C O'Connell	Manly Warringah	26	3.79	
7	D Ward	Northern Districts	174	3.71	
8	J Silver	Mosman	67	3.07	
1	High Jump	S Cragg	Manly Warringah	304	1.31
2	N Osei	Ku-Ring-Gai	70	1.25	
3	E McClintock	Northern Districts	19	1.25	
4	D Alcock	Manly Warringah	24	1.22	
5	H Suters	Manly Warringah	426	1.2	
6	M Pearsall	Ku-Ring-Gai	447	1.1	
7	O Zaki	Ku-Ring-Gai	500	1.05	
8	C Huuk	Ku-Ring-Gai	207	1.05	
9	C Milligan	Northern Districts	12	0.95	
9	B Steele	Northern Districts	23	0.95	

1	Shot Put	D Ward	Northern Districts	174	8.91
2		M Mc Leay	Manly Warringah	23	8.85
3	Shot Put	J Skilbeck	Ku-Ring-Gai	85	8.3
4		D Alcock	Manly Warringah	24	8
5		T Tucker	Ku-Ring-Gai	143	7.34
6		B Heath	Northern Districts	50	6.64
7		O Knight	Ku-Ring-Gai	519	6.57
8		L McEntyre	Ku-Ring-Gai	39	6.4
1	Discus	M Rowland	Manly Warringah	93	26.12
2		S MacLennan	Ku-Ring-Gai	178	25.96
3		L McEntyre	Ku-Ring-Gai	39	24.44
4		M Mc Leay	Manly Warringah	23	23.8
5		D Ward	Northern Districts	174	23.32
6		D Alcock	Manly Warringah	24	23.13
7		T Tucker	Ku-Ring-Gai	143	21.89
8		S Cragg	Manly Warringah	304	21.46

U/11 Boys

1	100M Run	A Northam	Manly Warringah	79	14
2		C Clark	Ku-Ring-Gai	29	14.5
3		D Royds	Ku-Ring-Gai	174	14.7
4		L Gardiner	Manly Warringah	313	14.9
5		T Chapple	Manly Warringah	110	15.2
6		S Abramowicz	Ku-Ring-Gai	71	15.3
6		Z Segal	Ku-Ring-Gai	100	15.3
1	200M Run	K Thompson	Manly Warringah	111	28.4
2		C Clark	Ku-Ring-Gai	29	29.1
3		D Lancaster	Ku-Ring-Gai	36	30
4		D Royds	Ku-Ring-Gai	174	30.8
5		L Gardiner	Manly Warringah	313	30.9
6		D Imber	Manly Warringah	20	30.9
7		S Abramowicz	Ku-Ring-Gai	71	31.6
8		C Zele	Northern Districts	261	33.4
1	400M Run	D Imber	Manly Warringah	20	1-08.70
2		D Lancaster	Ku-Ring-Gai	36	1-09.40
3		A MacCulloch	Ku-Ring-Gai	301	1-11.30
4		K Ishii-Milovahov	Northern Districts	229	1-12.00
5		N Mulcahy	Mosman	138	1-12.90
6		L Gardiner	Manly Warringah	313	1-13.80
7		K Ansah	Northern Districts	329	1-19.00
1	800M Run	D Imber	Manly Warringah	20	2-42.20
2		S Gray	Manly Warringah	314	2-42.90
3		A MacCulloch	Ku-Ring-Gai	301	2-43.10
4		D Virmani	Ku-Ring-Gai	426	2-43.40
5		A Gregory	Ku-Ring-Gai	201	2-45.60
6		K Ishii-Milovahov	Northern Districts	229	2-50.80

7	D Mc Intyre	Manly Warringah	560	2-51.20	
8	C Cepak	Ku-Ring-Gai	5	2-59.20	
9	800M Run	R Bastable	Mosman	79	3-07.70
1	1500M Run	M Bell	Mosman	173	5-19.60
2	A Cronin	Northern Districts	118	5-26.10	
3	D Virmani	Ku-Ring-Gai	426	5-30.40	
4	O Bownes	Ku-Ring-Gai	48	5-34.30	
5	H Kindred	Mosman	139	5-40.20	
6	R Hendry	Ku-Ring-Gai	16	5-49.70	
7	L Job	Manly Warringah	438	5-55.70	
8	S Gray	Manly Warringah	314	6-00.10	
9	R Bastable	Mosman	79	6-13.40	
1	1100M Walk	Q Williams	Manly Warringah	623	6-29.80
2	M Tozer	Ku-Ring-Gai	236	7-51.70	
3	D Cameron	Manly Warringah	334	7-55.30	
4	R Hendry	Ku-Ring-Gai	16	7-56.60	
5	L Job	Manly Warringah	438	7-58.30	
1	60M Hurdles	K Thompson	Manly Warringah	111	9.7
2	C Clark	Ku-Ring-Gai	29	10.2	
3	A Northam	Manly Warringah	79	10.2	
4	D Royds	Ku-Ring-Gai	174	10.6	
5	A MacCulloch	Ku-Ring-Gai	301	10.7	
6	G Ambrose	Manly Warringah	17	10.9	
7	H Jones	Manly Warringah	62	11.4	
8	Z Segal	Ku-Ring-Gai	100	11.5	
1	Long Jump	A MacCulloch	Ku-Ring-Gai	301	4.34
2	C Clark	Ku-Ring-Gai	29	4.29	
3	M Subloo	Manly Warringah	316	4.14	
4	Z Segal	Ku-Ring-Gai	100	3.97	
5	C Zele	Northern Districts	261	3.95	
6	L Gardiner	Manly Warringah	313	3.9	
7	J Davern	Northern Districts	288	3.65	
8	H Therick	Mosman	98	3.59	
1	High Jump	K Thompson	Manly Warringah	111	1.5
2	A Velk	Manly Warringah	317	1.4	
3	D Royds	Ku-Ring-Gai	174	1.35	
4	M Taylor	Ku-Ring-Gai	242	1.3	
5	D Lancaster	Ku-Ring-Gai	36	1.25	
6	H Jones	Manly Warringah	62	1.25	
7	M Subloo	Manly Warringah	316	1.2	
8	R Hendry	Ku-Ring-Gai	16	1.2	
1	Triple Jump	T Chapple	Manly Warringah	110	9
2	D Imber	Manly Warringah	20	8.65	
3	G Ambrose	Manly Warringah	17	8.36	
4	B Edmonds	Northern Districts	16	6.91	

5	J Le Mesurier	Northern Districts	58	6.38	
1	Shot Put	K Thompson	Manly Warringah	111	12.51
2		C Cepak	Ku-Ring-Gai	5	8.11
3		M Taylor	Ku-Ring-Gai	242	7.99
4	Shot Put	G Ambrose	Manly Warringah	17	7.98
5		M Wilson	Manly Warringah	276	7.87
6		C Blake	Ku-Ring-Gai	140	7.7
7		B Edmonds	Northern Districts	16	6.92
8		M Subloo	Manly Warringah	316	6.9
1	Discus	C Cepak	Ku-Ring-Gai	5	23.72
2		M Taylor	Ku-Ring-Gai	242	21.97
3		B Edmonds	Northern Districts	16	21.1
4		M Murdock	Manly Warringah	250	20.68
5		T Fleming	Manly Warringah	432	20.02
6		C Blake	Ku-Ring-Gai	140	17.13
7		M Subloo	Manly Warringah	316	17.04
8		D Cameron	Manly Warringah	334	16.67
9		J Davern	Northern Districts	288	15.25

U/12 Boys

1	100M Run	Z Gelder	Ku-Ring-Gai	120	14.3
2		M Brown	Ku-Ring-Gai	45	14.6
3		J Sturrock	Mosman	176	14.7
4		S Goodman	Ku-Ring-Gai	348	14.7
5		J Blinkhorne	Manly Warringah	320	15
6		K McKenna	Northern Districts	157	15.1
7		C Grundy	Mosman	12	15.2
8		M Pettini	Northern Districts	124	15.6
1	200M Run	Z Gelder	Ku-Ring-Gai	120	27.9
2		K McKenna	Northern Districts	157	29.7
3		M Pettini	Northern Districts	124	30
4		T Slood	Ku-Ring-Gai	74	30
5		J Sullivan	Ku-Ring-Gai	329	30.4
6		C Grundy	Mosman	12	31.2
7		T Watts	Manly Warringah	342	31.9
8		M Coates	Manly Warringah	487	32.1
1	400M Run	Z Gelder	Ku-Ring-Gai	120	1-02.90
2		S Goodman	Ku-Ring-Gai	348	1-09.80
3		T Slood	Ku-Ring-Gai	74	1-10.90
4		M Pettini	Northern Districts	124	1-11.70
5		M Coates	Manly Warringah	487	1-14.80
6		M O'Donnell	Mosman	50	1-17.20
1	800M Run	Z Gelder	Ku-Ring-Gai	120	2-28.90
2		M Ryan	Manly Warringah	258	2-34.30
3		T Slood	Ku-Ring-Gai	74	2-46.20
4		D Bullbrook	Ku-Ring-Gai	435	2-46.40

5	J Seage	Northern Districts	130	2-49.30
6	A Hirst	Northern Districts	25	2-52.60
7	N Harper	Ku-Ring-Gai	93	2-56.60
8	C Edmondson	Manly Warringah	279	2-59.20
9	800M Run	M O'Donnell	50	3-02.70
10	B Donaldson	Manly Warringah	218	3-09.50
11	J Pringle	Northern Districts	236	3-32.40
1	1500M Run	T Slood	74	5-27.40
2	N Heazlewood	Ku-Ring-Gai	40	5-27.90
3	J Seage	Northern Districts	130	5-34.30
4	N Harper	Ku-Ring-Gai	93	5-43.00
5	D Bulbrook	Ku-Ring-Gai	435	5-50.20
6	B Donaldson	Manly Warringah	218	5-55.70
7	C Edmondson	Manly Warringah	279	6-02.00
8	C Puchner	Manly Warringah	322	6-20.50
1	1500M Walk	B Johnston	442	8-04.60
2	J Gillard	Manly Warringah	633	8-22.10
3	N Heazlewood	Ku-Ring-Gai	40	8-24.50
4	J Blinkhorne	Manly Warringah	320	10-09.30
5	B Donaldson	Manly Warringah	218	10-46.90
1	60M Hurdles	T Watts	342	10.7
2	B Johnston	Manly Warringah	442	11
3	C Taylor	Northern Districts	2	11.1
4	A Hirst	Northern Districts	25	11.2
5	B Davies	Ku-Ring-Gai	182	11.2
6	E Pienaar	Ku-Ring-Gai	288	11.4
7	M Gostelow	Manly Warringah	321	11.5
8	E Huuk	Ku-Ring-Gai	206	13
1	Long Jump	S Goodman	348	4.58
2	T Watts	Manly Warringah	342	4.55
3	B Davies	Ku-Ring-Gai	182	4.33
4	M Murphy	Northern Districts	20	4.32
5	M Coates	Manly Warringah	487	4.24
6	J Meppem	Ku-Ring-Gai	300	4.07
7	M Gostelow	Manly Warringah	321	4.05
8	J Blinkhorne	Manly Warringah	320	4.03
1	High Jump	S Goodman	348	1.4
2	B Johnston	Manly Warringah	442	1.35
2	M Gostelow	Manly Warringah	321	1.35
4	J Gillard	Manly Warringah	633	1.35
5	N Heazlewood	Ku-Ring-Gai	40	1.3
6	E Pienaar	Ku-Ring-Gai	288	1.3
7	A Seward	Ku-Ring-Gai	393	1.25
8	M O'Donnell	Mosman	50	1.2
1	Triple Jump	M Murphy	20	9.44

2	M Gostelow	Manly Warringah	321	9.07
3	T Watts	Manly Warringah	342	8.78
4	M Coates	Manly Warringah	487	8.35
5	C Taylor	Northern Districts	2	8.09
1 Shot Put	M Murphy	Northern Districts	20	8.85
2	J Meppem	Ku-Ring-Gai	300	8.26
3 Shot Put	C Taylor	Northern Districts	2	7.68
4	B Northey	Manly Warringah	515	6.94
5	C Moore	Ku-Ring-Gai	304	6.73
6	J Gillard	Manly Warringah	633	6.61
7	M White	Manly Warringah	274	6.51
1 Discus	A Cepak	Ku-Ring-Gai	4	36.45
2	M Murphy	Northern Districts	20	32.51
3	B Northey	Manly Warringah	515	26.08
4	J Seage	Northern Districts	130	25.97
5	M White	Manly Warringah	274	23.99
6	B Johnston	Manly Warringah	442	20.32
7	J Meppem	Ku-Ring-Gai	300	18.27
8	C Puchner	Manly Warringah	322	17.96

U/13 Boys

1 100M Run	D Olivera	Manly Warringah	254	13.2
2	M Oldfield	Manly Warringah	446	13.8
3	T Kingston	Mosman	174	13.8
4	B Poulton	Ku-Ring-Gai	190	13.8
5	N Pritchard	Manly Warringah	584	14.2
6	B Dunsmore	Manly Warringah	223	14.7
7	T Mitchell	Northern Districts	321	14.9
8	A McEntyre	Ku-Ring-Gai	38	15.2
1 200M Run	D Olivera	Manly Warringah	254	26.6
2	T Kingston	Mosman	174	27.7
3	O West	Manly Warringah	447	28.3
4	B Poulton	Ku-Ring-Gai	190	28.3
5	M Skilbeck	Ku-Ring-Gai	86	29.2
6	A McEntyre	Ku-Ring-Gai	38	30.5
7	A Zaboklicki	Northern Districts	189	31.2
1 400M Run	J Clark	Ku-Ring-Gai	495	1-01.10
2	R Williams	Ku-Ring-Gai	356	1-01.70
3	O West	Manly Warringah	447	1-02.30
4	D Lee	Manly Warringah	445	1-04.80
5	A Matheson	Manly Warringah	246	1-05.90
6	S Burns	Ku-Ring-Gai	226	1-10.80
7	M Downie	Manly Warringah	325	1-14.00
1 800M Run	J Smith	Manly Warringah	10	2-16.60
2	R Williams	Ku-Ring-Gai	356	2-20.70
3	J Clark	Ku-Ring-Gai	495	2-24.40

4	A Matheson	Manly Warringah	246	2-26.70
5	A Nock	Northern Districts	150	2-38.50
6	R Mc Intyre	Manly Warringah	559	2-40.80
7	D Lee	Manly Warringah	445	2-41.90
8	M Downie	Manly Warringah	325	2-51.90
9	B Trupiano	Ku-Ring-Gai	281	3-04.50
1 1500M Run				
1	J Smith	Manly Warringah	10	4-44.10
2	A Matheson	Manly Warringah	246	4-58.20
3	L Peterson	Northern Districts	162	5-17.20
4	B Kirley	Northern Districts	222	5-40.70
1 3000M Run				
1	J Smith	Manly Warringah	10	10-21.50
2	A Matheson	Manly Warringah	246	10-42.90
3	L Peterson	Northern Districts	162	10-56.80
4	R Williams	Ku-Ring-Gai	356	11-06.90
5	B Kirley	Northern Districts	222	11-37.70
1 1500M Walk				
1	B Trupiano	Ku-Ring-Gai	281	9-24.10
2	A Nock	Northern Districts	150	11-12.60
1 80M Hurdles				
1	M Oldfield	Manly Warringah	446	14.1
2	M Halabi	Ku-Ring-Gai	472	14.7
3	A Parkinson	Manly Warringah	618	15.3
4	K Osei	Ku-Ring-Gai	69	15.8
5	L Peterson	Northern Districts	162	16.8
6	S Burns	Ku-Ring-Gai	226	17.1
7	L Turrin	Northern Districts	33	17.3
1 200M Hurdles				
1	D Olivera	Manly Warringah	254	30.5
2	R Mc Intyre	Manly Warringah	559	31.3
3	A Parkinson	Manly Warringah	618	31.8
1 Long Jump				
1	T Meppem	Ku-Ring-Gai	299	4.9
2	D Olivera	Manly Warringah	254	4.81
3	B Dunsmore	Manly Warringah	223	4.69
4	J Clark	Ku-Ring-Gai	495	4.56
5	M Oldfield	Manly Warringah	446	4.44
6	O West	Manly Warringah	447	4.28
7	B Poulton	Ku-Ring-Gai	190	4.19
8	L Peterson	Northern Districts	162	4.01
1 High Jump				
1	T Meppem	Ku-Ring-Gai	299	1.6
2	B Dunsmore	Manly Warringah	223	1.5
3	M Halabi	Ku-Ring-Gai	472	1.5
4	A Parkinson	Manly Warringah	618	1.4
4	L Turrin	Northern Districts	33	1.4
6	T Mitchell	Northern Districts	321	1.4
7	C Rolfe	Manly Warringah	144	1.35
8	M Skilbeck	Ku-Ring-Gai	86	1.35
1 Triple Jump				
1	T Meppem	Ku-Ring-Gai	299	10.82

2	B Dunsmore	Manly Warringah	223	10.17
3	J Clark	Ku-Ring-Gai	495	9.65
4	A Nock	Northern Districts	150	9.17
5	A Zaboklicki	Northern Districts	189	8.92
1 Shot Put				
	J Bingham	Northern Districts	257	10.39
2	M Skilbeck	Ku-Ring-Gai	86	9.89
3	K Osei	Ku-Ring-Gai	69	8.67
4	B Bromley	Mosman	179	8.2
5 Shot Put				
	D Lee	Manly Warringah	445	7.44
6	K Husband	Northern Districts	136	6.31
1 Discus				
	A McEntyre	Ku-Ring-Gai	38	31.37
2	J Bingham	Northern Districts	257	26.14
3	M Evans	Manly Warringah	336	23.41
4	N Pritchard	Manly Warringah	584	21.83
5	D Lee	Manly Warringah	445	18.48
6	K Husband	Northern Districts	136	17.74
1 Javelin				
	J Bingham	Northern Districts	257	33.3
2	A McEntyre	Ku-Ring-Gai	38	27.52
3	M Halabi	Ku-Ring-Gai	472	24.97
4	M Evans	Manly Warringah	336	23.01

U/14 Boys

1 100M Run				
	M Trbojevich	Manly Warringah	448	13.1
2	A Chee	Ku-Ring-Gai	489	13.3
3	L Jacob	Ku-Ring-Gai	494	13.5
4	E Tale	Manly Warringah	450	13.6
5	C Haynes	Northern Districts	303	13.6
6	N Taylor	Northern Districts	310	14
7	P Pedersen	Northern Districts	112	14.3
1 200M Run				
	M Trbojevich	Manly Warringah	448	26.6
2	C Haynes	Northern Districts	303	27.5
3	R Bowden	Northern Districts	238	27.7
4	N Taylor	Northern Districts	310	28
5	J Selby	Manly Warringah	493	28.5
6	S Toth	Manly Warringah	563	30
1 400M Run				
	M Trbojevich	Manly Warringah	448	58.3
2	H Virmani	Ku-Ring-Gai	425	1-00.30
3	J Selby	Manly Warringah	493	1-00.70
4	L Doust	Ku-Ring-Gai	10	1-01.10
5	R Bowden	Northern Districts	238	1-01.40
6	D de Wit	Ku-Ring-Gai	427	1-06.40
1 800M Run				
	H Virmani	Ku-Ring-Gai	425	2-21.20
2	L Doust	Ku-Ring-Gai	10	2-23.60
3	S McDowell	Manly Warringah	449	2-27.80
4	A Jensen	Ku-Ring-Gai	398	2-29.00

5	D de Wit	Ku-Ring-Gai	427	2-31.30
6	R Bowden	Northern Districts	238	2-37.30
7	B Harris	Northern Districts	295	2-47.40
1 1500M Run	A Jensen	Ku-Ring-Gai	398	5-00.20
2	R Donaldson	Manly Warringah	219	6-00.80
1 3000M Run	A Jensen	Ku-Ring-Gai	398	10-59.40
2	S McDowell	Manly Warringah	449	14-12.30
3 3000M Run	R Donaldson	Manly Warringah	219	14-12.70
1 1500M Walk	D de Wit	Ku-Ring-Gai	427	8-09.00
2	S Grech	Northern Districts	140	9-24.90
1 90M Hurdles	A Chee	Ku-Ring-Gai	489	14
2	E Tale	Manly Warringah	450	14.9
3	R Curren	Ku-Ring-Gai	135	16.7
4	B Harris	Northern Districts	295	16.8
1 200M Hurdles	E Tale	Manly Warringah	450	29.5
2	C Haynes	Northern Districts	303	29.7
3	J Selby	Manly Warringah	493	31.8
4	S Toth	Manly Warringah	563	33.2
5	M Garde	Northern Districts	14	36.5
1 Long Jump	A Chee	Ku-Ring-Gai	489	5.1
2	M Zylstra	Ku-Ring-Gai	320	5.06
3	M Trbojevich	Manly Warringah	448	4.9
4	N Taylor	Northern Districts	310	4.79
5	P Pedersen	Northern Districts	112	4.68
6	R Curren	Ku-Ring-Gai	135	4.28
7	L Cummins	Northern Districts	123	4.1
1 High Jump	M Zylstra	Ku-Ring-Gai	320	1.6
2	R Curren	Ku-Ring-Gai	135	1.6
3	N Taylor	Northern Districts	310	1.5
4	S Grech	Northern Districts	140	1.4
5	P Pedersen	Northern Districts	112	1.35
1 Triple Jump	M Zylstra	Ku-Ring-Gai	320	9.58
2	E Tale	Manly Warringah	450	9.42
3	S Grech	Northern Districts	140	8.57
4	L Cummins	Northern Districts	123	7.56
1 Shot Put	M Frith	Manly Warringah	579	10.83
2	M Garde	Northern Districts	14	9.19
3	S Grech	Northern Districts	140	7.68
1 Discus	M Frith	Manly Warringah	579	33.4
2	M Garde	Northern Districts	14	29.37
3	R Bowden	Northern Districts	238	24.04
4	L Cummins	Northern Districts	123	19.72

1	Javelin	M Zylstra	Ku-Ring-Gai	320	34.28
2		M Frith	Manly Warringah	579	31.07
3		M Garde	Northern Districts	14	27.21
4		J Selby	Manly Warringah	493	26.26
5		L Cummins	Northern Districts	123	21.79
6		A Chee	Ku-Ring-Gai	489	5.15

U/15 Boys

1	100M Run	T Shaw	Manly Warringah	606	13.2
1	200M Run	T Ryan	Northern Districts	218	26.7
2		C Wood	Manly Warringah	149	27.3
1	400M Run	A Perceval	Manly Warringah	2	57.5
1	800M Run	A Perceval	Manly Warringah	2	2-22.30
1	1500M Run	A Perceval	Manly Warringah	2	4-51.20
2		T Baker	Northern Districts	15	5-12.80
3		N Saunders	Northern Districts	167	5-21.20
1	1500M Walk	D Apin	Ku-Ring-Gai	60	9-34.80
1	100M Hurdles	C Neville	Manly Warringah	451	20.1
1	200M Hurdles	T Shaw	Manly Warringah	606	29.2
2		L Marr	Northern Districts	180	29.8
3		D Apin	Ku-Ring-Gai	60	30.6
1	Long Jump	C Wood	Manly Warringah	149	5.07
2		N Saunders	Northern Districts	167	4.33
1	High Jump	T Shaw	Manly Warringah	606	1.5
1	Triple Jump	C Wood	Manly Warringah	149	10.57
2		D Apin	Ku-Ring-Gai	60	9.68
1	Shot Put	L Marr	Northern Districts	180	12.31
2		J Cooke	Ku-Ring-Gai	305	11.33
3		C Neville	Manly Warringah	451	10.82
4		M Weaver	Manly Warringah	415	9.24
1	Discus	L Marr	Northern Districts	180	48.7
2		C Neville	Manly Warringah	451	39.67
3		M Weaver	Manly Warringah	415	29.34
4		A Hubbard	Manly Warringah	490	29.25
1	Javelin	A Perceval	Manly Warringah	2	41.54
2		C Neville	Manly Warringah	451	40.85
3		L Marr	Northern Districts	180	37.91
4		C Wood	Manly Warringah	149	31

5	M Weaver	Manly Warringah	415	30.94
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Junior Boys

1	4 x 100 Relay	JB relay team	Ku-Ring-Gai	9002	56.3
2		JB relay team	Manly Warringah	9002	57.2
3		JB relay team	Northern Districts	9002	59.4
4		JB relay team	Mosman	9002	1-00.00

Senior Boys

1	4 x 100 Relay	SB relay team	Manly Warringah	9004	50.8
2		SB relay team	Ku-Ring-Gai	9004	52.6
3	4 x 100 Relay	SB relay team	Northern Districts	9004	53.5

U/7 Girls

1	50M Run	A Suters	Manly Warringah	358	9.6
2		B Phillips	Northern Districts	268	9.7
3		A Elliot	Manly Warringah	164	9.8
4		H Smith	Ku-Ring-Gai	353	9.8
5		E Augustine	Manly Warringah	45	9.9
6		A Pengilley	Ku-Ring-Gai	8	10
7		R Burt-Morris	Mosman	73	10
8		S Phillips	Ku-Ring-Gai	423	10.3

1	70M Run	A Suters	Manly Warringah	358	13
2		G Daniels	Manly Warringah	357	13
3		A Pengilley	Ku-Ring-Gai	8	13.2
4		H Smith	Ku-Ring-Gai	353	13.3
5		M Allcroft	Manly Warringah	516	13.4
6		R Burt-Morris	Mosman	73	13.5
7		C McCartney	Mosman	16	13.6
8		B Phillips	Northern Districts	268	13.6

1	100M Run	G Daniels	Manly Warringah	357	18.8
2		A Suters	Manly Warringah	358	18.9
3		H Smith	Ku-Ring-Gai	353	19.2
4		M Allcroft	Manly Warringah	516	19.2
5		B Phillips	Northern Districts	268	19.6
6		E Augustine	Manly Warringah	45	19.7
7		R Burt-Morris	Mosman	73	19.9

1	200M Run	T-P Billington	Manly Warringah	186	39.1
2		M Allcroft	Manly Warringah	516	39.6
3		I Hyslop	Manly Warringah	522	39.9
4		A Pengilley	Ku-Ring-Gai	8	40.4
4		B Phillips	Northern Districts	268	40.4
6		T Hayes	Northern Districts	151	40.4
7		R Burt-Morris	Mosman	73	41.5
8		C McCartney	Mosman	16	41.7

1	Long Jump	A Suters	Manly Warringah	358	2.76
2		T Hayes	Northern Districts	151	2.54
3		B Roberts	Northern Districts	176	2.41
4		C O'Connell	Ku-Ring-Gai	175	2.4
5		D Carr	Manly Warringah	108	2.25
6		A McHarg	Mosman	36	2.21
7		L Pinker	Ku-Ring-Gai	355	2.19
8		W Gruzman	Mosman	210	2.17
1	Shot Put	A Elliot	Manly Warringah	164	5.18
2		M Neville	Manly Warringah	251	4.76
3		N McKay	Manly Warringah	354	4.31
4	Shot Put	A Pengilley	Ku-Ring-Gai	8	3.53
5		W Gruzman	Mosman	210	3.52
6		N Carr	Manly Warringah	638	3.31
7		J King	Ku-Ring-Gai	451	2.94
8		G Sticpewich	Ku-Ring-Gai	43	2.69
1	Discus	A Elliot	Manly Warringah	164	12.3
2		D Carr	Manly Warringah	108	11.16
3		T Jacobs	Manly Warringah	355	9.59
4		C Wilson	Ku-Ring-Gai	424	9.19
5		R Stalph	Mosman	99	9.19
6		N Carr	Manly Warringah	638	7.84
7		S Darley	Ku-Ring-Gai	307	5.48
7		J King	Ku-Ring-Gai	451	5.48
1	Pack Start	T-P Billington	Manly Warringah	186	1-54.80
2		M Allcroft	Manly Warringah	516	1-58.00
3		C McCartney	Mosman	16	2-02.00
4		C O'Connell	Ku-Ring-Gai	175	2-07.30
5		C O'Sullivan	Manly Warringah	291	2-08.60
6		E Augustine	Manly Warringah	45	2-08.90
7		S Phillips	Ku-Ring-Gai	423	2-13.90
8		Lisa Kavanagh	Mosman	95	2-18.10
9		Laura Kavanagh	Mosman	94	2-22.80
10		S Wyndham	Ku-Ring-Gai	277	2-25.00
11		C Wilson	Ku-Ring-Gai	424	2-27.90

U/8 Girls

1	70M Run	L Harrison	Ku-Ring-Gai	314	12.3
2		T Froment	Northern Districts	296	12.4
3		B Rowland	Manly Warringah	41	12.7
4		C Smyth	Manly Warringah	183	12.9
5		N Cordi	Ku-Ring-Gai	64	13
6		J Steele	Northern Districts	24	13
7		J Ferro	Manly Warringah	227	13.1
8		K Johnson	Northern Districts	121	13.5
1	100M Run	M Simpson	Manly Warringah	595	17.5

2	L Harrison	Ku-Ring-Gai	314	17.6	
3	T Froment	Northern Districts	296	17.7	
4	C Smyth	Manly Warringah	183	18.1	
5	L Tapp	Ku-Ring-Gai	418	18.9	
6	S Caprarelli	Ku-Ring-Gai	108	18.9	
7	E O'Connell	Manly Warringah	39	19.1	
1	200M Run	M Simpson	Manly Warringah	595	32.1
2		S Bruce	Ku-Ring-Gai	166	38.2
3		T Froment	Northern Districts	296	38.9
4		N Rowland	Manly Warringah	94	39
5		L Martin	Ku-Ring-Gai	131	39
6	200M Run	M Olivera	Manly Warringah	256	40.1
7		C Smyth	Manly Warringah	183	40.2
8		R Wessels	Ku-Ring-Gai	218	41.7
1	400M Run	S Bruce	Ku-Ring-Gai	166	1-23.80
2		S Gordon	Northern Districts	83	1-25.90
3		C Smyth	Manly Warringah	183	1-26.40
4		E O'Connell	Manly Warringah	39	1-27.20
5		J Steele	Northern Districts	24	1-27.50
6		N Simmons	Ku-Ring-Gai	302	1-29.40
7		R Wessels	Ku-Ring-Gai	218	1-30.90
8		I Vick	Ku-Ring-Gai	210	1-31.20
1	60M Hurdles	B Rowland	Manly Warringah	41	12.4
2		L Harrison	Ku-Ring-Gai	314	12.4
3		T Froment	Northern Districts	296	13.2
4		S Gordon	Northern Districts	83	13.4
5		R Wessels	Ku-Ring-Gai	218	13.6
6		G Lord	Ku-Ring-Gai	32	13.7
7		Z Whitewolf	Mosman	211	14.6
1	Long Jump	J Ferro	Manly Warringah	227	2.85
2		L Harrison	Ku-Ring-Gai	314	2.83
3		B Rowland	Manly Warringah	41	2.8
4		M Lutze	Manly Warringah	103	2.76
5		L Martin	Ku-Ring-Gai	131	2.76
6		J Steele	Northern Districts	24	2.74
7		S Gordon	Northern Districts	83	2.74
8		M Simpson	Manly Warringah	595	2.72
1	Shot Put	S Caprarelli	Ku-Ring-Gai	108	5.47
2		G Lord	Ku-Ring-Gai	32	4.83
3		N Rowland	Manly Warringah	94	4.52
4		K Johnson	Northern Districts	121	4.14
5		M Prosper	Northern Districts	8	4.05
6		Z Whitewolf	Mosman	211	3.99
7		A Mottram	Northern Districts	94	3.99
1	Discus	L Martin	Ku-Ring-Gai	131	13.75

2	L Hennessy	Northern Districts	330	11.75
3	G Lord	Ku-Ring-Gai	32	10.17
4	J Grabs	Ku-Ring-Gai	326	9.94
5	M Prosper	Northern Districts	8	9.83
6	K Johnson	Northern Districts	121	9.82
7	E O'Connell	Manly Warringah	39	8.57
8	A Edwards	Manly Warringah	364	8.18
9	J Dudley	Mosman	223	4.73
1 Pack Start				
	E O'Connell	Manly Warringah	39	2-42.80
2	R Wessels	Ku-Ring-Gai	218	2-45.20
3	I Hicks	Northern Districts	70	2-49.20
4	J Steele	Northern Districts	24	2-49.60
5	N Simmons	Ku-Ring-Gai	302	2-49.80
6 Pack Start				
	M Scheffers	Manly Warringah	180	2-52.80
7	M Prosper	Northern Districts	8	2-57.50
8	B Rowland	Manly Warringah	41	3-00.70
9	K Dubourdieu	Mosman	203	3-02.60
10	R Weatherley	Manly Warringah	106	3-04.00
11	M East	Mosman	46	3-08.60
12	N Cordi	Ku-Ring-Gai	64	3-13.40
13	E Allchin	Mosman	207	3-17.20
14	J Dudley	Mosman	223	3-28.60

U/9 Girls

1 70M Run				
	K Oswald	Northern Districts	52	11.3
2	J Gledhill	Manly Warringah	66	11.6
3	E Nelson	Manly Warringah	459	11.7
4	L Forrest	Manly Warringah	167	11.7
5	A Hirst	Northern Districts	26	12
6	E Harris	Ku-Ring-Gai	195	12.2
7	A Clementson	Manly Warringah	634	12.3
8	K Hunter	Northern Districts	95	12.6
1 100M Run				
	K Oswald	Northern Districts	52	15.8
2	G Gillard	Manly Warringah	67	16
3	L Forrest	Manly Warringah	167	16.1
4	O Fusca	Northern Districts	129	16.3
5	M Tredinnick	Manly Warringah	366	16.5
6	T Groom	Manly Warringah	231	17.1
7	E Harris	Ku-Ring-Gai	195	17.1
8	E Dobrijevic	Ku-Ring-Gai	61	17.8
1 200M Run				
	K Oswald	Northern Districts	52	32.5
2	G Gillard	Manly Warringah	67	32.6
3	O Fusca	Northern Districts	129	34.5
4	J Gledhill	Manly Warringah	66	34.6
5	M Tredinnick	Manly Warringah	366	35.4
6	L Wallberg	Manly Warringah	150	35.6
7	B Halmy	Northern Districts	46	35.7

8	E Harris	Ku-Ring-Gai	195	35.9	
1	400M Run	E Nelson	Manly Warringah	459	1-13.10
2		G Gillard	Manly Warringah	67	1-17.20
3		B Halmy	Northern Districts	46	1-17.70
4		B Brown	Manly Warringah	367	1-21.00
5		K Hunter	Northern Districts	95	1-22.50
6		A Clementson	Manly Warringah	634	1-22.70
7		S Lewington	Ku-Ring-Gai	479	1-22.90
8		L Gray	Northern Districts	6	1-24.50
1	800M Run	E Nelson	Manly Warringah	459	2-51.80
2		B Halmy	Northern Districts	46	2-59.30
3		B Brown	Manly Warringah	367	3-06.80
4	800M Run	E Cepak	Ku-Ring-Gai	6	3-07.10
5		A Bettiol	Manly Warringah	157	3-10.80
6		L Forrest	Manly Warringah	167	3-13.80
7		C Sankey	Ku-Ring-Gai	163	3-16.40
8		L Gray	Northern Districts	6	3-19.30
9		F Lewis	Ku-Ring-Gai	56	3-19.60
10		S Unicomb	Ku-Ring-Gai	12	3-30.40
11		K Driver	Northern Districts	201	3-34.70
1	700M Walk	A Bettiol	Manly Warringah	157	3-30.40
2		B Brown	Manly Warringah	367	4-06.90
3		L Gray	Northern Districts	6	4-20.70
4		J Troup	Ku-Ring-Gai	129	4-40.60
5		C Sankey	Ku-Ring-Gai	163	4-45.10
6		C Opperman	Ku-Ring-Gai	104	5-15.60
1	60M Hurdles	L Wallberg	Manly Warringah	150	11.6
2		A Hirst	Northern Districts	26	12
3		M Tredinnick	Manly Warringah	366	12
4		Z Jackson	Manly Warringah	68	12
5		E Cepak	Ku-Ring-Gai	6	12.1
6		L Whitelan	Manly Warringah	590	12.2
7		A Frost	Northern Districts	110	12.3
8		C Hume	Ku-Ring-Gai	159	12.4
1	Long Jump	K Oswald	Northern Districts	52	3.35
2		A Clementson	Manly Warringah	634	3.23
3		B Brown	Manly Warringah	367	3.14
4		L Wallberg	Manly Warringah	150	3.09
5		M Tredinnick	Manly Warringah	366	3.03
6		A Frost	Northern Districts	110	2.88
7		J Troup	Ku-Ring-Gai	129	2.84
8		A Hirst	Northern Districts	26	2.79
1	High Jump	Z Jackson	Manly Warringah	68	1.13
2		E Cepak	Ku-Ring-Gai	6	1.09
3		K Hunter	Northern Districts	95	1.07

4	O Fusca	Northern Districts	129	1.05
5	R Bird	Northern Districts	102	1.05
6	M Mitchell - Adams	Manly Warringah	302	1
7	K Driver	Northern Districts	201	1
8	E Harris	Ku-Ring-Gai	195	0.95
1 Shot Put				
	J Troup	Ku-Ring-Gai	129	6.01
2	E Shields	Northern Districts	164	5.08
3	E Cepak	Ku-Ring-Gai	6	4.88
4	L Wallberg	Manly Warringah	150	4.76
5	A Frost	Northern Districts	110	4.68
6	C Haines	Ku-Ring-Gai	203	4.33
7	R Bird	Northern Districts	102	4.21
8	K Russell	Manly Warringah	587	4.02
1 Discus				
	J Troup	Ku-Ring-Gai	129	17.66
2 Discus				
	O Flynn	Ku-Ring-Gai	220	15.33
3	E Shields	Northern Districts	164	15.12
4	O Fusca	Northern Districts	129	14.99
5	E Pinker	Ku-Ring-Gai	354	14.21
6	A Frost	Northern Districts	110	13.73
7	A Hirst	Northern Districts	26	13
8	M Papp	Manly Warringah	303	12.79

U/10 Girls

1 70M Run				
	K Dunsmore	Manly Warringah	639	11
2	M Gray	Northern Districts	5	11
3	E Mitchell	Northern Districts	72	11.2
4	B Smith - Davies	Manly Warringah	592	11.2
5	T Peterson	Manly Warringah	30	11.3
6	M Thornton	Ku-Ring-Gai	360	11.3
7	S Church	Manly Warringah	206	11.3
1 100M Run				
	K Dunsmore	Manly Warringah	639	15.5
2	E Mitchell	Northern Districts	72	15.6
3	L Augustine	Manly Warringah	28	15.7
4	S Church	Manly Warringah	206	16
5	M Fabricus	Mosman	153	16
6	M Thornton	Ku-Ring-Gai	360	16.1
7	B Smith - Davies	Manly Warringah	592	16.5
8	T Bracka	Ku-Ring-Gai	185	16.6
1 200M Run				
	L Augustine	Manly Warringah	28	32.1
2	E Mitchell	Northern Districts	72	32.6
3	T Peterson	Manly Warringah	30	33.2
4	M Fabricus	Mosman	153	33.7
5	T Bracka	Ku-Ring-Gai	185	34.2
6	R Hall	Northern Districts	249	34.8
7	A Robertson	Ku-Ring-Gai	146	35.2
1 400M Run				
	J Wharepouri	Manly Warringah	188	1-14.30

2	T Peterson	Manly Warringah	30	1-14.60	
3	M Ballard	Ku-Ring-Gai	115	1-17.10	
4	R Hall	Northern Districts	249	1-17.10	
5	G Maher	Ku-Ring-Gai	67	1-17.40	
6	C Levitt	Ku-Ring-Gai	487	1-20.10	
7	T Mc Kee	Manly Warringah	551	1-35.70	
1	800M Run	L Augustine	Manly Warringah	28	2-48.70
2		M Ballard	Ku-Ring-Gai	115	2-54.10
3		S Roper	Northern Districts	71	2-55.10
4		N Forbes-Smith	Northern Districts	60	2-55.30
5		J Wharepouri	Manly Warringah	188	3-02.00
6		G Maher	Ku-Ring-Gai	67	3-06.80
7		A Crothers	Northern Districts	179	3-08.50
8		A Robertson	Ku-Ring-Gai	146	3-09.20
9	800M Run	F Tout	Mosman	41	3-12.30
10		G Beck	Mosman	17	3-12.50
11		L Daffas	Mosman	155	3-17.70
12		T Hill	Mosman	164	3-17.90
13		B Smith - Davies	Manly Warringah	592	3-24.50
14		M Wallace	Ku-Ring-Gai	452	3-33.30
1	1500M Run	M Ballard	Ku-Ring-Gai	115	5-46.70
2		L Augustine	Manly Warringah	28	5-49.60
3		J Wharepouri	Manly Warringah	188	5-52.20
4		N Forbes-Smith	Northern Districts	60	5-52.50
5		M Cornelius Mau'u	Manly Warringah	497	5-55.30
6		S Roper	Northern Districts	71	6-06.70
7		A Crothers	Northern Districts	179	6-07.30
8		G Maher	Ku-Ring-Gai	67	6-07.60
9		A Robertson	Ku-Ring-Gai	146	6-07.80
10		R Hall	Northern Districts	249	6-25.90
11		E McClelland	Ku-Ring-Gai	397	7-51.40
1	1100M Walk	E Bettiol	Manly Warringah	156	6-11.20
2		C Hepworth	Manly Warringah	463	6-43.40
3		E Williams	Manly Warringah	378	6-56.50
4		M Lagos	Ku-Ring-Gai	27	7-18.70
5		E Duffin	Ku-Ring-Gai	297	7-42.50
6		C Duffin	Ku-Ring-Gai	296	7-42.90
1	60M Hurdles	M Gray	Northern Districts	5	12
2		R Cotton	Manly Warringah	208	12.2
3		D Davis	Manly Warringah	119	12.2
4		B Smith - Davies	Manly Warringah	592	12.4
5		C Levitt	Ku-Ring-Gai	487	12.7
6		M Fabricus	Mosman	153	13.1
7		M Thornton	Ku-Ring-Gai	360	13.3
8		E Sharp	Ku-Ring-Gai	431	13.4
1	Long Jump	K Dunsmore	Manly Warringah	639	3.7

2	M Gray	Northern Districts	5	3.64
3	R Cotton	Manly Warringah	208	3.51
4	T Bracka	Ku-Ring-Gai	185	3.47
5	S Church	Manly Warringah	206	3.4
6	F Tout	Mosman	41	3.38
7	M Ballard	Ku-Ring-Gai	115	3.35
8	M Fox	Northern Districts	104	3.35
1 High Jump				
	K Dunsmore	Manly Warringah	639	1.22
2	R Cotton	Manly Warringah	208	1.12
3	M Fabricus	Mosman	153	1.12
4	T Mc Kee	Manly Warringah	551	1.12
5	M Thornton	Ku-Ring-Gai	360	1.05
6	C Levitt	Ku-Ring-Gai	487	1.05
7	Z Osborne	Ku-Ring-Gai	502	1.05
7	F Tout	Mosman	41	1.05
1 Shot Put				
	H Opperman	Ku-Ring-Gai	103	6.54
2	O Caprarelli	Ku-Ring-Gai	107	6.3
3	M Fox	Northern Districts	104	6.07
4	R Cotton	Manly Warringah	208	5.72
5	E Johnson	Northern Districts	120	5.18
6	S Church	Manly Warringah	206	5.08
7	S Levitt	Ku-Ring-Gai	488	5.03
8	R Hall	Northern Districts	249	5.01
1 Discus				
	H Opperman	Ku-Ring-Gai	103	18.92
2	E Duffin	Ku-Ring-Gai	297	17.3
3	O Caprarelli	Ku-Ring-Gai	107	17.14
4	E Johnson	Northern Districts	120	17
5	R Hepworth	Manly Warringah	462	14.1
6	S Levitt	Ku-Ring-Gai	488	14.03
7	M Cornelius Mau'u	Manly Warringah	497	13.82
8	M Gray	Northern Districts	5	13.36

U/11 Girls

1 100M Run				
	K Morton	Manly Warringah	135	13.7
2	A Gardiner	Ku-Ring-Gai	24	13.9
3	S Morton	Manly Warringah	381	14.9
4	B Reddan	Manly Warringah	178	15
5	G Igoe	Mosman	108	16
6	A Crowley	Ku-Ring-Gai	303	16
7	A Harrison	Ku-Ring-Gai	313	16.1
8	H Morton	Northern Districts	100	16.3
1 200M Run				
	K Morton	Manly Warringah	135	28
2	A Gardiner	Ku-Ring-Gai	24	28.4
3	B Reddan	Manly Warringah	178	31.6
4	S Gelder	Ku-Ring-Gai	121	32.5
5	E Carr	Manly Warringah	107	33

6	I Rowe	Mosman	148	34.5
7	G Igoe	Mosman	108	34.6
8	S Hopper	Northern Districts	210	35.6
1 400M Run	K Morton	Manly Warringah	135	1-05.50
2	S Morton	Manly Warringah	381	1-09.60
3	S Gelder	Ku-Ring-Gai	121	1-12.00
4	T Chepel	Northern Districts	64	1-12.30
5	J Coates	Manly Warringah	469	1-14.10
6	A Crowley	Ku-Ring-Gai	303	1-14.60
7	L McLean	Ku-Ring-Gai	47	1-16.10
8	N Turrin	Northern Districts	34	1-19.90
1 800M Run	N Laird	Ku-Ring-Gai	77	2-39.30
2	S Morton	Manly Warringah	381	2-42.90
3	J Coates	Manly Warringah	469	2-46.70
4	S Gelder	Ku-Ring-Gai	121	2-50.20
5 800M Run	E Bluett	Ku-Ring-Gai	240	2-52.10
6	T Derwin	Manly Warringah	604	2-52.70
7	H Wilson	Ku-Ring-Gai	205	2-55.80
8	N Turrin	Northern Districts	34	2-57.40
9	M Gronager	Mosman	169	3-16.70
10	G Igoe	Mosman	108	3-41.80
1 1500M Run	J Coates	Manly Warringah	469	5-32.10
2	N Laird	Ku-Ring-Gai	77	5-38.90
3	S Gelder	Ku-Ring-Gai	121	5-41.10
4	H Wilson	Ku-Ring-Gai	205	5-47.10
5	L Penny	Northern Districts	17	5-54.40
6	A Smith	Manly Warringah	181	6-03.90
7	E Bluett	Ku-Ring-Gai	240	6-12.50
8	I Rowe	Mosman	148	6-49.20
1 1100M Walk	L McLean	Ku-Ring-Gai	47	6-21.30
2	H Wilson	Ku-Ring-Gai	205	6-33.40
3	A Trupiano	Ku-Ring-Gai	282	6-36.00
4	J Clay	Manly Warringah	382	7-01.80
5	B Abbot	Manly Warringah	58	7-06.40
6	L Aspinall	Manly Warringah	465	7-35.40
7	M Payne	Ku-Ring-Gai	18	7-40.40
8	T Walsh	Manly Warringah	151	8-09.50
1 60M Hurdles	A Gardiner	Ku-Ring-Gai	24	9.9
2	B Reddan	Manly Warringah	178	11
3	J Hitch	Manly Warringah	128	11.3
4	N Garlick	Ku-Ring-Gai	138	11.4
5	A Brown	Mosman	51	11.6
6	L McLean	Ku-Ring-Gai	47	12.2
7	H Wilson	Ku-Ring-Gai	205	12.6
8	P Graham	Northern Districts	169	12.8

1	Long Jump	A Gardiner	Ku-Ring-Gai	24	4.61
2		K Morton	Manly Warringah	135	4.27
3		N Laird	Ku-Ring-Gai	77	4.01
4		M Lord	Ku-Ring-Gai	31	3.8
5		J Coates	Manly Warringah	469	3.74
6		P Graham	Northern Districts	169	3.7
7		A Harrison	Ku-Ring-Gai	313	3.65
8		N Turrin	Northern Districts	34	3.49
1	High Jump	N Laird	Ku-Ring-Gai	77	1.4
2		T Chepel	Northern Districts	64	1.27
3		J Hitch	Manly Warringah	128	1.24
4		A Myers	Northern Districts	148	1.22
5		K Lofthouse	Manly Warringah	319	1.2
6		M Payne	Ku-Ring-Gai	18	1.15
7		P Graham	Northern Districts	169	1.15
8		D O'Shea	Mosman	25	1.15
1	Triple Jump	L Malar	Manly Warringah	614	8.65
2	Triple Jump	J Hitch	Manly Warringah	128	8.31
3		L Weatherley	Manly Warringah	105	8.16
4		A Myers	Northern Districts	148	7.84
5		L McDermid	Manly Warringah	285	7.39
6		C Prosper	Northern Districts	11	7.14
7		L Penny	Northern Districts	17	7.05
1	Shot Put	M Troup	Ku-Ring-Gai	128	9.43
2		A Myers	Northern Districts	148	7.98
3		N Wheeler	Ku-Ring-Gai	41	7.64
4		M Lord	Ku-Ring-Gai	31	7.3
5		E Carr	Manly Warringah	107	7.14
6		L Monk	Ku-Ring-Gai	110	6.96
7		T Walsh	Manly Warringah	151	6.14
8		B Abbot	Manly Warringah	58	5.77
1	Discus	M Troup	Ku-Ring-Gai	128	25.75
2		N Wheeler	Ku-Ring-Gai	41	19.77
3		M Lord	Ku-Ring-Gai	31	17.38
4		E Carr	Manly Warringah	107	15.48
5		L Malar	Manly Warringah	614	14.18
6		R Reel	Ku-Ring-Gai	286	13.8
7		B Reddan	Manly Warringah	178	13.63
8		J Clay	Manly Warringah	382	12.65

U/12 Girls

1	100M Run	J Lumley	Northern Districts	158	13.9
2		C Ker	Manly Warringah	214	14.2
3		L Desmidt	Ku-Ring-Gai	106	14.5
4		S Carter	Mosman	4	14.7
5		A Rubie	Manly Warringah	212	14.7

6	R Edelstein	Ku-Ring-Gai	54	14.9
7	M Lamberton	Northern Districts	9	15
8	E Maxton	Ku-Ring-Gai	95	15.1
1 200M Run	J Lumley	Northern Districts	158	28.4
2	L Desmidt	Ku-Ring-Gai	106	29.2
3	A Rubie	Manly Warringah	212	29.3
4	S Carter	Mosman	4	30.1
5	R Edelstein	Ku-Ring-Gai	54	30.9
6	E Dumbrell	Mosman	1	31.4
7	E Maxton	Ku-Ring-Gai	95	31.8
8	C Stewart	Manly Warringah	267	32
1 400M Run	A Rubie	Manly Warringah	212	1-04.30
2	C Hayward	Manly Warringah	11	1-09.50
3	L Desmidt	Ku-Ring-Gai	106	1-10.40
4	L Harvey	Northern Districts	273	1-12.70
5	A Bratby	Ku-Ring-Gai	53	1-14.20
6	H Ascroft	Ku-Ring-Gai	116	1-14.20
7 400M Run	L Myers	Manly Warringah	384	1-14.80
8	L Lynch	Ku-Ring-Gai	384	1-16.30
1 800M Run	C Hayward	Manly Warringah	11	2-39.40
2	A Christie	Ku-Ring-Gai	177	2-41.20
3	L Harvey	Northern Districts	273	2-42.60
4	H Pearce	Ku-Ring-Gai	158	2-47.50
5	A Kucera	Northern Districts	265	2-53.40
6	L Lynch	Ku-Ring-Gai	384	2-53.70
7	R Cormack	Manly Warringah	15	2-58.00
8	T Ker	Manly Warringah	213	3-02.20
9	G Smith - Davies	Manly Warringah	605	3-12.60
10	E Dumbrell	Mosman	1	3-26.40
1 1500M Run	A Mason	Manly Warringah	174	5-18.80
2	L Harvey	Northern Districts	273	5-32.60
3	A Christie	Ku-Ring-Gai	177	5-36.20
4	H Pearce	Ku-Ring-Gai	158	5-46.50
5	A Kucera	Northern Districts	265	6-01.70
6	T Ker	Manly Warringah	213	6-11.30
7	L Lynch	Ku-Ring-Gai	384	6-11.70
8	J Wust	Ku-Ring-Gai	530	6-15.70
9	R Cormack	Manly Warringah	15	6-24.90
1 1500M Walk	S Devlin	Ku-Ring-Gai	267	8-48.70
2	T Ker	Manly Warringah	213	9-13.40
3	L Wiseman	Manly Warringah	118	10-10.90
4	K Donaldson	Ku-Ring-Gai	57	10-18.20
1 60M Hurdles	J Lumley	Northern Districts	158	10.2
2	C Ker	Manly Warringah	214	10.4
3	E Maxton	Ku-Ring-Gai	95	10.7

4	B Frewin	Northern Districts	269	11.4
5	K Birkby	Manly Warringah	193	12
6	A Raymond	Manly Warringah	175	12
7	L Myers	Manly Warringah	384	12.2
8	A Chapman	Ku-Ring-Gai	161	12.3
1 Long Jump				
	C Ker	Manly Warringah	214	4.59
2	L Desmidt	Ku-Ring-Gai	106	4.49
3	S Carter	Mosman	4	4.15
4	J Lumley	Northern Districts	158	4.12
5	L Oswald	Northern Districts	51	4.11
6	M Lamberton	Northern Districts	9	4.02
7	L Myers	Manly Warringah	384	3.94
8	B Frewin	Northern Districts	269	3.83
1 High Jump				
	C Hayward	Manly Warringah	11	1.3
2	M Lamberton	Northern Districts	9	1.28
3	H Ascroft	Ku-Ring-Gai	116	1.26
4	I Hewitt	Mosman	166	1.24
5	R Carruthers	Manly Warringah	567	1.24
6	A Morgan	Ku-Ring-Gai	249	1.2
7 High Jump	A Raymond	Manly Warringah	175	1.15
7	L Oswald	Northern Districts	51	1.15
1 Triple Jump				
	C Ker	Manly Warringah	214	9.58
2	C Hayward	Manly Warringah	11	9.28
3	L Myers	Manly Warringah	384	8.78
4	A Rubie	Manly Warringah	212	8.59
1 Shot Put				
	F Seale	Ku-Ring-Gai	63	8.87
2	C Balkin	Ku-Ring-Gai	390	8.21
3	R Edelstein	Ku-Ring-Gai	54	8.21
4	J Keverian	Manly Warringah	55	7.42
5	L Oswald	Northern Districts	51	7.36
6	O Kirk	Northern Districts	287	7.29
7	A Morgan	Ku-Ring-Gai	249	7.14
8	R Carruthers	Manly Warringah	567	7.08
1 Discus				
	F Seale	Ku-Ring-Gai	63	33.19
2	J Keverian	Manly Warringah	55	20.63
3	G Smith - Davies	Manly Warringah	605	19.21
4	A Raymond	Manly Warringah	175	18.14
5	P Purnell	Ku-Ring-Gai	374	17.2
6	C Balkin	Ku-Ring-Gai	390	17.14
7	R Edelstein	Ku-Ring-Gai	54	10.65

U/13 Girls

1 100M Run	J Perkins	Northern Districts	262	14
2	J Derwin	Manly Warringah	603	14.1
3	N Baltussen	Ku-Ring-Gai	200	14.2
4	C Lewis	Northern Districts	133	14.5

5	A King	Ku-Ring-Gai	293	14.7
6	E Lutze	Manly Warringah	101	14.8
7	S Claypole	Northern Districts	152	15.1
8	I Thomas	Mosman	118	15.3
1 200M Run				
1	J Perkins	Northern Districts	262	28.9
2	J Derwin	Manly Warringah	603	29.8
3	N Baltussen	Ku-Ring-Gai	200	30
4	A King	Ku-Ring-Gai	293	30.1
5	C Alexander	Mosman	87	30.6
6	E Lutze	Manly Warringah	101	31.4
7	K Trahair	Manly Warringah	4	32.2
1 400M Run				
1	T Morton	Manly Warringah	134	1-01.30
2	M Carrington - Barcla	Manly Warringah	120	1-04.50
3	A Sandig	Ku-Ring-Gai	14	1-07.10
4	I Thomas	Mosman	118	1-11.10
5	K Trahair	Manly Warringah	4	1-12.50
1 800M Run				
1	T Morton	Manly Warringah	134	2-24.20
2	M Carrington - Barcla	Manly Warringah	120	2-34.30
3 800M Run				
1	J O'Brien	Northern Districts	270	2-36.50
4	H Goddard	Manly Warringah	3	2-38.30
5	A Sandig	Ku-Ring-Gai	14	2-42.70
6	B Bull	Manly Warringah	53	2-51.70
7	S Bilsborough	Manly Warringah	470	2-52.80
8	H Johnston	Ku-Ring-Gai	294	2-58.40
9	K Trahair	Manly Warringah	4	3-07.30
10	R O'Shea	Mosman	24	3-13.30
1 1500M Run				
1	T Morton	Manly Warringah	134	5-02.00
2	J O'Brien	Northern Districts	270	5-15.70
3	H Goddard	Manly Warringah	3	5-23.40
4	B Bull	Manly Warringah	53	5-39.30
5	H Johnston	Ku-Ring-Gai	294	5-44.40
6	S Bilsborough	Manly Warringah	470	6-01.50
1 3000M Run				
1	J O'Brien	Northern Districts	270	11-41.00
2	H Johnston	Ku-Ring-Gai	294	12-45.90
3	B Bull	Manly Warringah	53	12-57.30
4	N Hall	Ku-Ring-Gai	152	13-06.20
1 1500M Walk				
1	N Hall	Ku-Ring-Gai	152	8-13.90
2	E Vindin	Ku-Ring-Gai	72	9-43.50
3	H Pymble	Manly Warringah	50	10-19.10
1 80M Hurdles				
1	M Carrington - Barcla	Manly Warringah	120	15.5
2	M Mulvogue	Northern Districts	55	15.8
3	A King	Ku-Ring-Gai	293	15.9
4	R O'Shea	Mosman	24	18.6
5	G Chase Berry	Manly Warringah	204	19.9
6	E Vindin	Ku-Ring-Gai	72	20.4

7	G Cooke	Ku-Ring-Gai	65	20.9
1 200M Hurdles	J Perkins	Northern Districts	262	33
2	M Mulvogue	Northern Districts	55	35.2
1 Long Jump	J Perkins	Northern Districts	262	4.67
2	C Lewis	Northern Districts	133	4.56
3	H Goddard	Manly Warringah	3	4.44
4	N Baltussen	Ku-Ring-Gai	200	4.42
5	T Kay	Manly Warringah	388	4.2
6	A Monaghan	Northern Districts	105	4.07
7	C Alexander	Mosman	87	3.97
8	J Derwin	Manly Warringah	603	3.86
1 High Jump	N Baltussen	Ku-Ring-Gai	200	1.5
2	M Carrington - Barcla	Manly Warringah	120	1.4
3	M Mau'u	Manly Warringah	473	1.35
4	K Blinkhorne	Manly Warringah	326	1.35
5	M Mulvogue	Northern Districts	55	1.3
6	S Claypole	Northern Districts	152	1.25
1 Triple Jump	A King	Ku-Ring-Gai	293	9.01
2	H Goddard	Manly Warringah	3	8.99
3 Triple Jump	J Derwin	Manly Warringah	603	8.7
4	M Mau'u	Manly Warringah	473	8.67
5	E Carr	Northern Districts	42	8.57
6	M Mulvogue	Northern Districts	55	8.56
7	B Ainge	Northern Districts	36	7.76
8	G Williams	Ku-Ring-Gai	114	7.53
1 Shot Put	A Hipwell	Northern Districts	3	9.3
2	K Blinkhorne	Manly Warringah	326	7.91
3	G Williams	Ku-Ring-Gai	114	7.62
4	H Pymble	Manly Warringah	50	7.46
5	S Dixon	Manly Warringah	471	6.99
6	B Ainge	Northern Districts	36	6.41
7	G Rowe	Mosman	151	5.5
1 Discus	K Trahair	Manly Warringah	4	25.56
2	H Pymble	Manly Warringah	50	24.6
3	A Hipwell	Northern Districts	3	23.08
4	S Dixon	Manly Warringah	471	22.84
5	M Lucas	Ku-Ring-Gai	246	19.13
6	G Williams	Ku-Ring-Gai	114	19.09
7	C Lewis	Northern Districts	133	17.72
8	J Kemsley	Northern Districts	1	12.89
1 Javelin	S Dixon	Manly Warringah	471	23.2
2	G Chase Berry	Manly Warringah	204	22.25
3	A Hipwell	Northern Districts	3	16.6
4	G Williams	Ku-Ring-Gai	114	15.9
5	E Doyle	Manly Warringah	387	15.49

6	T Kay	Manly Warringah	388	4.6
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U/14 Girls

1	100M Run	A Roberts	Northern Districts	7	13.6
2		C Thomas	Mosman	120	14
3		V Edwards	Manly Warringah	390	14.5
4		K Wright	Northern Districts	239	15
5		K Masterton	Mosman	217	15.4

1	200M Run	C Hirst	Northern Districts	27	27.8
2		A Roberts	Northern Districts	7	28
3		E Lee	Manly Warringah	393	28.3
4		C Pritchard	Manly Warringah	503	28.4
5		E Pienaar	Ku-Ring-Gai	505	28.9
6		C Thomas	Mosman	120	29.2
7		K Masterton	Mosman	217	31.3

1	400M Run	C Hirst	Northern Districts	27	1-02.60
2		E Pienaar	Ku-Ring-Gai	505	1-04.20
3		E Lee	Manly Warringah	393	1-04.70
4		C Thomas	Mosman	120	1-05.20
5	400M Run	R Cathers	Manly Warringah	200	1-07.20
6		J Doyle	Manly Warringah	394	1-08.90
7		J Sandig	Ku-Ring-Gai	13	1-09.20
8		T Hogarth	Northern Districts	28	1-09.70

1	800M Run	S Montgomery	Northern Districts	13	2-30.60
2		C Garde	Northern Districts	4	2-32.60
3		C Hirst	Northern Districts	27	2-36.00
4		J Sandig	Ku-Ring-Gai	13	2-37.80
5		S Phillips	Manly Warringah	504	2-50.00
6		R Cathers	Manly Warringah	200	2-51.00
7		B Ullhorn	Ku-Ring-Gai	139	2-54.90

1	1500M Run	S Montgomery	Northern Districts	13	5-19.60
2		J Sandig	Ku-Ring-Gai	13	5-31.80
3		C Garde	Northern Districts	4	5-47.00

1	3000M Run	S Montgomery	Northern Districts	13	13-47.90
2		C Johnco - Pellatt	Manly Warringah	389	14-17.00

1	1500M Walk	A Downie	Northern Districts	44	8-25.90
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1	80M Hurdles	E Pienaar	Ku-Ring-Gai	505	14
2		N Dyce	Northern Districts	77	14.2
3		E Lee	Manly Warringah	393	14.6
4		T Cameron	Manly Warringah	333	19.1

1	200M Hurdles	C Hirst	Northern Districts	27	31.5
2		J Sandig	Ku-Ring-Gai	13	32.5
3		R Cathers	Manly Warringah	200	34

4	E Lee	Manly Warringah	393	34.4
1 Long Jump	N Dyce	Northern Districts	77	4.48
2	E O'Brien	Manly Warringah	555	4.46
3	C Pritchard	Manly Warringah	503	4.45
4	I Clayton	Manly Warringah	475	4.11
5	V Edwards	Manly Warringah	390	3.65
1 High Jump	E Pienaar	Ku-Ring-Gai	505	1.61
2	A Roberts	Northern Districts	7	1.49
3	E O'Brien	Manly Warringah	555	1.47
4	J Doyle	Manly Warringah	394	1.35
5	C Rodgers	Ku-Ring-Gai	416	1.3
1 Triple Jump	N Dyce	Northern Districts	77	9.74
2	C Pritchard	Manly Warringah	503	9.14
3	L Gordon	Northern Districts	87	8.66
4	T Hogarth	Northern Districts	28	8.57
1 Shot Put	A Roberts	Northern Districts	7	8.67
2	C Pritchard	Manly Warringah	503	8.24
1 Discus	C Garde	Northern Districts	4	27.6
2	B Ulhorn	Ku-Ring-Gai	139	21.67
3	C Johnco - Pellatt	Manly Warringah	389	18.85
4	C Rodgers	Ku-Ring-Gai	416	14.33
5 Discus	T Cameron	Manly Warringah	333	9.84
1 Javelin	N Dyce	Northern Districts	77	28.01
2	C Garde	Northern Districts	4	26.82
3	C Johnco - Pellatt	Manly Warringah	389	11.55

U/15 Girls

1 100M Run	E Pollett	Manly Warringah	1	13.7
2	M Read	Manly Warringah	176	13.8
3	S Mau'u	Manly Warringah	476	14.1
4	A Burton	Mosman	116	14.8
5	E Vanny	Northern Districts	89	14.9
6	A Quinnell	Manly Warringah	577	14.9
7	M Medic	Manly Warringah	247	15.2
8	S Ryan	Northern Districts	86	15.5
1 200M Run	S Toemoe	Ku-Ring-Gai	105	27.7
2	A Brown	Manly Warringah	123	27.8
3	E Pollett	Manly Warringah	1	28.3
4	M Read	Manly Warringah	176	28.7
5	M Fox	Ku-Ring-Gai	529	30.3
6	A Quinnell	Manly Warringah	577	31.4
7	S Maspero	Mosman	103	32.2
8	E Alchin	Northern Districts	185	34.2

1	400M Run	S Toemoe	Ku-Ring-Gai	105	58
2		A Brown	Manly Warringah	123	1-00.30
3		E Pollett	Manly Warringah	1	1-02.20
4		C Matheson	Manly Warringah	245	1-06.00
5		A Burton	Mosman	116	1-07.80
6		M Fox	Ku-Ring-Gai	529	1-09.00
7		E Maslen	Ku-Ring-Gai	176	1-09.30
1	800M Run	S Toemoe	Ku-Ring-Gai	105	2-14.20
2		C Matheson	Manly Warringah	245	2-31.10
3		L Scheffers	Manly Warringah	179	2-43.90
4		S Maspero	Mosman	103	2-49.90
5		K Ker	Manly Warringah	215	2-50.70
1	1500M Run	C Matheson	Manly Warringah	245	5-16.10
2		M Penn	Ku-Ring-Gai	3	5-34.20
3		L Scheffers	Manly Warringah	179	5-46.90
4		K Ker	Manly Warringah	215	6-00.80
5		D Turrin	Northern Districts	32	6-09.70
6		S Birouste	Ku-Ring-Gai	228	6-22.60
1	3000M Run	C Matheson	Manly Warringah	245	12-04.30
2		M Penn	Ku-Ring-Gai	3	12-15.40
3		L Scheffers	Manly Warringah	179	12-56.60
4		K Ker	Manly Warringah	215	14-30.30
1	1500M Walk	N Fagan	Ku-Ring-Gai	2	7-03.70
2		K Ker	Manly Warringah	215	8-35.70
3		M Callaghan	Northern Districts	279	8-58.50
4		E Johnson	Manly Warringah	339	9-15.20
1	90M Hurdles	C Yeates	Ku-Ring-Gai	1	14
2		S Ryan	Northern Districts	86	17.6
3		A Quinnell	Manly Warringah	577	18.8
1	200M Hurdles	C Yeates	Ku-Ring-Gai	1	29.5
2		S Mau'u	Manly Warringah	476	31.9
3		M Fox	Ku-Ring-Gai	529	32.8
4		K Griffin	Manly Warringah	453	34.1
5		S Ryan	Northern Districts	86	35.2
1	Long Jump	C Yeates	Ku-Ring-Gai	1	4.95
2		M Read	Manly Warringah	176	4.91
3		E Pollett	Manly Warringah	1	4.77
4		S Mau'u	Manly Warringah	476	4.43
5		R Evans	Manly Warringah	335	3.96
6		G Sedmak	Manly Warringah	145	3.84
7		A Quinnell	Manly Warringah	577	3.82
8		M Medic	Manly Warringah	247	3.73
1	High Jump	K Griffin	Manly Warringah	453	1.52
2		L O'Neill	Manly Warringah	593	1.45

3	S Ryan	Northern Districts	86	1.37
1 Triple Jump	C Yeates	Ku-Ring-Gai	1	10.42
2	M Read	Manly Warringah	176	10.3
3	K Griffin	Manly Warringah	453	9.47
4	M Callaghan	Northern Districts	279	8.86
1 Shot Put	L Quire	Ku-Ring-Gai	66	13.3
2	A Haines	Ku-Ring-Gai	248	9.97
3	K Griffin	Manly Warringah	453	9.17
4	R Evans	Manly Warringah	335	9.13
5	G Sedmak	Manly Warringah	145	8.64
6	E Alchin	Northern Districts	185	5.84
1 Discus	L Quire	Ku-Ring-Gai	66	35.49
2	R Evans	Manly Warringah	335	26.33
3	A Haines	Ku-Ring-Gai	248	24.61
4	K Moore	Manly Warringah	49	19.33
5	J Filmer	Manly Warringah	396	18.4
6	E Alchin	Northern Districts	185	11.43
1 Javelin	L Quire	Ku-Ring-Gai	66	34.62
2	R Evans	Manly Warringah	335	29.77
3	G Sedmak	Manly Warringah	145	25.43
4	J Filmer	Manly Warringah	396	19.27

Junior Girls

1 4 x 100 Relay	relay team	Manly Warringah	9001	57.9
2	JG relay team	Northern Districts	9001	1-00.40
3	relay team	Ku-Ring-Gai	9001	1-02.00
4	JG relay team	Mosman	9001	1-03.10

Senior Girls

1 4 x 100 Relay	SG relay team	Manly Warringah	9003	53.1
2	SG relay team	Ku-Ring-Gai	9003	53.9
3	SG relay team	Northern Districts	9003	55