

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 8 - 70 Metre Sprint**

Name	Age	Centre	Heats
Region: R 11.20	20/02/2000	C. King, Billabong	
Region: R 11.20	20/02/2003	J. McLeod, Milton Ulladulla	
State: S 10.54	16/03/1980	Annette Cavanagh, Blacktown	
Heat 1 Heats			
1 Ella Power		Albion Park	11.96Q
2 Allira Ford		Dapto	12.15Q
3 Lily Paton		Leeton	12.23Q
4 Kewa Kahuroa		Wagga Wagga	12.25q
5 Mollie Thomas		Corowa	12.37q
6 Freya Ciugureanu		Wollongong City	12.85
7 Elizabeth Davis		Shoalhaven	13.66
Heat 2 Heats			
1 Ruby Kerr		Albion Park	11.87Q
2 Pearl Stravoskoufis		Bowral	12.36Q
3 Denbigh Lewis		Wollongong City	12.38Q
4 Olivia Burns		Lake Illawarra	12.87
5 Zoe Cooper		Koorringal Wagga	13.06
6 Tehya Kelly		Finley	14.42

Girls U 8 - 70 Metre Sprint

Name	Age	Centre	Final
Region: R 11.20	20/02/2000	C. King, Billabong	
Region: R 11.20	20/02/2003	J. McLeod, Milton Ulladulla	
State: S 10.54	16/03/1980	Annette Cavanagh, Blacktown	
Section 1 Final			
1 Ruby Kerr		Albion Park	11.85
2 Allira Ford		Dapto	11.96
3 Ella Power		Albion Park	12.14
4 Mollie Thomas		Corowa	12.16
5 Lily Paton		Leeton	12.17
6 Denbigh Lewis		Wollongong City	12.18
7 Pearl Stravoskoufis		Bowral	12.23
8 Kewa Kahuroa		Wagga Wagga	12.50

Girls U 9 - 70 Metre Sprint

Name	Age	Centre	Heats
Region: R 10.50	20/02/2003	Tayla King, Albion Park	
Region: R 10.50	20/02/2003	E. Grant, Canowindra	
State: S 10.14	22/03/1998	Briony Kanard, Port Hacking	
Heat 1 Heats			
1 Jasmine Wheeler		Shoalhaven	11.21Q
2 Inez McPherson		Koorringal Wagga	11.26Q
3 Lilea Seville		Bowral	11.83Q
4 Courtney Wiseman		Northern Illawarra	12.07q
5 Addison Clarke		Finley	12.84
6 Emily Hunter		Wollondilly	14.63
Heat 2 Heats			
1 Kaitlyn Williams		Wollongong City	10.87Q
2 Lily Bell		Kiama	11.36Q
3 Charlotte Withers		Bowral	11.81Q

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 9 - 70 Metre Sprint**

4 Olivia Knowles	Shoalhaven	11.93q
5 Talia-Rose Fanning	Koorringal Wagga	12.96

Girls U 9 - 70 Metre Sprint

=====			
Region: R 10.50	20/02/2003	Tayla King, Albion Park	
Region: R 10.50	20/02/2003	E. Grant, Canowindra	
State: S 10.14	22/03/1998	Briony Kanard, Port Hacking	
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Kaitlyn Williams		Wollongong City	11.04
2 Jasmine Wheeler		Shoalhaven	11.22
3 Inez McPherson		Koorringal Wagga	11.38
4 Lily Bell		Kiama	11.78
5 Charlotte Withers		Bowral	11.83
6 Lilea Seville		Bowral	11.98
7 Courtney Wiseman		Northern Illawarra	12.28
8 Olivia Knowles		Shoalhaven	12.34

Girls U 10 - 70 Metre Sprint

=====			
Region: R 9.90	20/02/2003	Rebecca Mounsey, Albion Park	
State: S 9.84	19/03/2000	Grace Naseby, Griffith	
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Amelia Poulos		Wollongong City	10.85Q
2 Aliyah Healey		Milton-Ulladulla	11.03Q
3 Jasmine Snow		Kiama	11.11Q
4 Chelsea McKenzie		Temora	11.87
5 Annabella Hood		Wagga Wagga	12.01
6 Mackenzie Lee		Leeton	12.45
Heat 2 Heats			
1 Krystal Ezeoke		Wollongong City	10.70Q
2 Grace Krause		Temora	10.76Q
3 Charlotte Kerr		Albion Park	10.97Q
4 Isabelle Hodgson		Kiama	11.37q
5 Chelsea Groves		Northern Illawarra	11.76q
6 Geneviere Tozer		Wollongong City	12.17
7 Mia Cameron		Finley	12.60
8 Aurora Boatswain		Shoalhaven	12.62

Girls U 10 - 70 Metre Sprint

=====			
Region: R 9.90	20/02/2003	Rebecca Mounsey, Albion Park	
State: S 9.84	19/03/2000	Grace Naseby, Griffith	
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Krystal Ezeoke		Wollongong City	10.61
2 Amelia Poulos		Wollongong City	10.78
3 Grace Krause		Temora	11.00
4 Charlotte Kerr		Albion Park	11.05
5 Aliyah Healey		Milton-Ulladulla	11.16
6 Jasmine Snow		Kiama	11.22

REGION 4 TRACK & FIELD CHAMPIONSHIPS

Results

....Girls U 10 - 70 Metre Sprint

7 Isabelle Hodgson	Kiama	11.60
8 Chelsea Groves	Northern Illawarra	11.69

Girls U 8 - 100 Metre Sprint

=====			
Region:	R 15.20	20/02/2001	Rebecca Mounsey, Lake Illawar
State:	S 14.44	23/03/1979	Helen Clarke, Orange
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1 Ivy Foster	Wollongong City	16.36Q
2 Charli Speers	Kooringal Wagga	16.89Q
3 Cadence Hardy	Dapto	17.02Q
4 Ella Power	Albion Park	17.10
5 Lily Paton	Leeton	17.17
6 Pearl Stravoskoufis	Bowral	17.28
7 Chloe Musson	Shoalhaven	17.69

Heat 2 Heats

1 Ruby Kerr	Albion Park	16.28Q
2 Amarli Robinson	Shoalhaven	16.46Q
3 Denbigh Lewis	Wollongong City	16.77Q
4 Mollie Thomas	Corowa	16.96q
5 Allira Ford	Dapto	16.97q
6 Kewa Kahuroa	Wagga Wagga	17.79
7 Ella Simpson	Northern Illawarra	18.85
8 Phoenix Kember	Leeton	20.67

Girls U 8 - 100 Metre Sprint

=====			
Region:	R 15.20	20/02/2001	Rebecca Mounsey, Lake Illawar
State:	S 14.44	23/03/1979	Helen Clarke, Orange
Name	Age	Centre	Final
=====			

Section 1 Final

1 Ivy Foster	Wollongong City	16.06
2 Ruby Kerr	Albion Park	16.13
3 Amarli Robinson	Shoalhaven	16.23
4 Allira Ford	Dapto	16.98
5 Charli Speers	Kooringal Wagga	17.25
6 Denbigh Lewis	Wollongong City	17.26
7 Cadence Hardy	Dapto	17.30
8 Mollie Thomas	Corowa	17.32

Girls U 9 - 100 Metre Sprint

=====			
Region:	R 14.50	20/02/2003	K. Young, Narromine
State:	S 14.14	23/03/1979	Kate Farrell, Holroyd
State:	S 14.14	15/03/1980	Helen Clarke, Orange
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1 Jasmine Wheeler	Shoalhaven	16.03Q
2 Emily Benefiel	Wollongong City	16.34Q
3 Arika English	Dapto	16.67Q
4 Katelyn Norman	Young & District	17.01q
5 Megan Callcut	Griffith & District	18.26

REGION 4 TRACK & FIELD CHAMPIONSHIPS

Results

....Girls U 9 - 100 Metre Sprint

Heat 2 Heats

1 Lily Bell	Kiama	15.72Q
2 Ruby Blake	Bowral	15.79Q
3 Inez McPherson	Kooringal Wagga	16.18Q
4 Elena Piljevic	Wollongong City	16.46q
5 Madeleine Glenn	Leeton	17.17

Girls U 9 - 100 Metre Sprint

=====
 Region: R 14.50 20/02/2003 K. Young, Narromine
 State: S 14.14 23/03/1979 Kate Farrell, Holroyd
 State: S 14.14 15/03/1980 Helen Clarke, Orange

Name Age Centre Final

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 Section 1 Final

1 Lily Bell	Kiama	15.41
2 Ruby Blake	Bowral	15.45
3 Jasmine Wheeler	Shoalhaven	15.47
4 Inez McPherson	Kooringal Wagga	15.61
5 Emily Benefiel	Wollongong City	15.75
6 Elena Piljevic	Wollongong City	16.70
7 Arika English	Dapto	17.09
8 Katelyn Norman	Young & District	17.44

Girls U 10 - 100 Metre Sprint

=====
 Region: R 13.90 20/02/2000 Grace Naseby, Griffith
 State: S 13.54 12/03/1978 Annette Osborne, Lethbridge P
 State: S 13.54 23/03/1991 Rosemary Hayward, Wyong

Name Age Centre Heats

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 Heat 1 Heats

1 Chelsy Wayne	Wollongong City	15.36Q
2 Aliyah Healey	Milton-Ulladulla	15.37Q
3 Grace Krause	Temora	15.46Q
4 Charlotte Kerr	Albion Park	15.72q
5 Scarlett Sears	Bowral	16.33q
6 Mackenzie Lee	Leeton	17.90
7 Mia Cameron	Finley	18.19

Heat 2 Heats

1 Amelia Poulos	Wollongong City	15.08Q
2 Saige Williams	Milton-Ulladulla	15.18Q
3 Grace Costabile	Wollongong City	15.63Q
4 Olivia O'Neill	Lake Illawarra	16.43
5 Chelsea McKenzie	Temora	16.85

Girls U 10 - 100 Metre Sprint

=====
 Region: R 13.90 20/02/2000 Grace Naseby, Griffith
 State: S 13.54 12/03/1978 Annette Osborne, Lethbridge P
 State: S 13.54 23/03/1991 Rosemary Hayward, Wyong

Name Age Centre Final

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 Section 1 Final

1 Amelia Poulos	Wollongong City	15.05
2 Chelsy Wayne	Wollongong City	15.20

REGION 4 TRACK & FIELD CHAMPIONSHIPS

Results

....Girls U 10 - 100 Metre Sprint

3	Aliyah Healey	Milton-Ulladulla	15.42
4	Saige Williams	Milton-Ulladulla	15.48
5	Grace Krause	Temora	15.49
6	Charlotte Kerr	Albion Park	15.87
7	Grace Costabile	Wollongong City	15.93
8	Scarlett Sears	Bowral	16.06

Girls U 11 - 100 Metre Sprint

=====
 Region: R 13.40 16/02/2008 Haley Butcherine, Orange
 State: S 12.94 12/03/1978 Michelle Moroney, Bankstown
 Name Age Centre Heats
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Heat 1 Heats

1	Jaleesa Smith	Milton-Ulladulla	14.40Q
2	Tahlia O'Brien	Wollongong City	14.57Q
3	Olivia Gouvas	Dapto	15.04Q
4	Alisha Mustapic	Shoalhaven	15.24
5	Lucy Coughlan	Griffith & District	15.78
6	Shania McKinnon	Young & District	16.90

Heat 2 Heats

1	Holly Rea	Wollongong City	13.92Q
2	Chelsea McComb	Tumut & District	14.47Q
3	Keira Rejske	Northern Illawarra	14.97Q
4	Noumea Kember	Leeton	15.02q
5	Amelia Weatherlake	Kiama	15.08q
6	Bronte Bunch	Wollongong City	15.14
7	Grace Adlington	Griffith & District	15.38
8	Montana Hathaway	Wagga Wagga	18.05

Girls U 11 - 100 Metre Sprint

=====
 Region: R 13.40 16/02/2008 Haley Butcherine, Orange
 State: S 12.94 12/03/1978 Michelle Moroney, Bankstown
 Name Age Centre Final
 =====

Section 1 Final

1	Holly Rea	Wollongong City	14.06
2	Chelsea McComb	Tumut & District	14.47
3	Jaleesa Smith	Milton-Ulladulla	14.54
4	Tahlia O'Brien	Wollongong City	14.75
5	Keira Rejske	Northern Illawarra	14.83
6	Noumea Kember	Leeton	15.05
7	Olivia Gouvas	Dapto	15.34

Girls U 12 - 100 Metre Sprint

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 Region: R 12.90 20/02/1989 T. Barrett, Junee
 Region: R 12.90 20/02/2004 Janaya Zivkovic, Lake Illawar
 State: S 12.64 24/03/1979 Michelle Moroney, Bankstown
 State: S 12.64 16/03/2002 Jacinta Doyle, Port Hacking
 State: S 12.64 19/02/2005 Annaliese Gardiner, Ku-Ring-G
 Name Age Centre Heats
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Heat 1 Heats

1	Chelsea Ezeoke	Wollongong City	R 12.86Q
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REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 12 - 100 Metre Sprint**

2 Imogen Harrison	Albion Park	13.54Q
3 Cailee Melfi	Wollongong City	13.67Q
4 Maria Paseka	Dapto	14.28q
5 Makayla Murphy	Young & District	16.86

Heat 2 Heats

1 Caley Tallon-Henniker	Dapto	13.44Q
2 Ellie Veerhuis	Wollongong City	14.15Q
3 Emily Baulch	Leeton	14.91Q
4 Kaliah Tindall	Albion Park	15.88q
5 Bella Brownlie	Young & District	16.29
6 Erica Nicholls	Finley	16.66

Girls U 12 - 100 Metre Sprint

Region: R 12.90	20/02/1989	T. Barrett, Junee
Region: R 12.90	20/02/2004	Janaya Zivkovic, Lake Illawar
State: S 12.64	24/03/1979	Michelle Moroney, Bankstown
State: S 12.64	16/03/2002	Jacinta Doyle, Port Hacking
State: S 12.64	19/02/2005	Annaliese Gardiner, Ku-Ring-G

Name	Age	Centre	Final
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Section 1 Final

1 Chelsea Ezeoke	Wollongong City	12.70R
2 Imogen Harrison	Albion Park	13.55
3 Caley Tallon-Henniker	Dapto	13.57
4 Cailee Melfi	Wollongong City	13.75
5 Ellie Veerhuis	Wollongong City	14.22
6 Maria Paseka	Dapto	14.34
7 Emily Baulch	Leeton	15.06

Girls U 13 - 100 Metre Sprint

Region: R 12.60	20/02/1989	K. Sanders, Wagga Wagga PCYC
State: S 12.34	15/03/1986	Jo-anne Swan, Camden
State: S 12.34	7/03/1987	Rebecca Vormister, Wollongong
State: S 12.34	17/03/1996	Haylee Mathieson, Wollongong
State: S 12.34	19/02/2005	Laura Turner, Port Hacking

Name	Age	Centre	Heats
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Heat 1 Heats

1 Ashlyn Adams	Wollongong City	13.39Q
2 Hannah Brian	Shoalhaven	13.85Q
3 Ruby Faughlin	Dapto	14.16Q
4 Jada Schillert	Lake Illawarra	14.91q
5 Lilli Campbell	Wollongong City	15.25

Heat 2 Heats

1 Kailee Moore	Wollongong City	13.16Q
2 Abby Faughlin	Dapto	14.14Q
3 Eliza Schweitzer	Kiama	14.45Q
4 Lili Demello	Northern Illawarra	14.59q
5 Abbey Field	Wagga Wagga	14.91
6 Tayla Learoyd	Koorringal Wagga	15.16

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 13 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R 12.60	20/02/1989	K. Sanders, Wagga Wagga PCYC	
State: S 12.34	15/03/1986	Jo-anne Swan, Camden	
State: S 12.34	7/03/1987	Rebecca Vormister, Wollongong	
State: S 12.34	17/03/1996	Haylee Mathieson, Wollongong	
State: S 12.34	19/02/2005	Laura Turner, Port Hacking	

Section 1 Final

1 Kailee Moore	Wollongong City	12.94
2 Ashlyn Adams	Wollongong City	13.42
3 Hannah Brian	Shoalhaven	13.84
4 Abby Faughlin	Dapto	14.19
5 Eliza Schweitzer	Kiama	14.32
6 Ruby Faughlin	Dapto	14.51
7 Lili Demello	Northern Illawarra	14.63
8 Jada Schillert	Lake Illawarra	15.10

Girls U 14 - 100 Metre Sprint

Name	Age	Centre	Heats
Region: R 12.50	16/02/2008	Tayla King, Albion Park	
State: S 12.14	23/03/1991	Shelley Peattie, Macquarie Sh	

Heat 1 Heats

1 Tanaya Necovski	Wollongong City	13.06Q
2 Lara Check	Shoalhaven	13.27Q
3 Demi Leighton	Leeton	13.34Q
4 Georgia Hallam	Wagga Wagga	13.86
5 Jasmine Shakeshaft	Bowral	14.00
6 Isabella Kelly	Finley	14.01
7 Jayda Amidzovski	Albion Park	14.04
8 Chloe Mawson	Wollongong City	14.16

Heat 2 Heats

1 Lauren Percival	Milton-Ulladulla	12.63Q
2 Sophie Bowley	Temora	12.83Q
3 Alyssa Cassar	Dapto	13.39Q
4 Rebecca Mills	Wollongong City	13.59q
4 Sophie Hallam	Wagga Wagga	13.59q
6 Nathalia Taylor	Northern Illawarra	14.33
7 Madeline Stout	Finley	14.72

Girls U 14 - 100 Metre Sprint

Name	Age	Centre	Final
Region: R 12.50	16/02/2008	Tayla King, Albion Park	
State: S 12.14	23/03/1991	Shelley Peattie, Macquarie Sh	

Section 1 Final

1 Lauren Percival	Milton-Ulladulla	12.64
2 Tanaya Necovski	Wollongong City	13.04
3 Sophie Bowley	Temora	13.08
4 Lara Check	Shoalhaven	13.41
5 Alyssa Cassar	Dapto	13.43
6 Demi Leighton	Leeton	13.54
7 Sophie Hallam	Wagga Wagga	13.88
8 Rebecca Mills	Wollongong City	13.89

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 15 - 100 Metre Sprint**

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Region: R 12.30 20/02/2000 L. Johnston, Milton Ulladulla
State: S 12.04 21/03/1992 Sonia Willis, Wagga PCYC
State: S 12.04 20/03/1999 Preya Carey, Hills District
Name           Age Centre           Heats
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Heat 1 Heats

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1 Grace Adams           Wollongong City       13.57Q
2 Chantelle Coleman     Temora                 14.16Q
3 Ava Jones             Bowral                 14.42Q
4 Sarah Culla           Griffith & District    14.92

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Heat 2 Heats

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1 Emer Spiers           Wollongong City       13.01Q
2 Lily Wheeler          Shoalhaven             13.45Q
3 Sarah Walker          Dapto                  13.73Q
4 Tiarn Wilesmith       Lockhart                14.67q
5 Sarah Deaner          Wagga Wagga            14.71q
6 Felicity Hector       St Georges Basin       16.89

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Girls U 15 - 100 Metre Sprint

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Region: R 12.30 20/02/2000 L. Johnston, Milton Ulladulla
State: S 12.04 21/03/1992 Sonia Willis, Wagga PCYC
State: S 12.04 20/03/1999 Preya Carey, Hills District
Name           Age Centre           Final
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Section 1 Final

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1 Emer Spiers           Wollongong City       12.94
2 Grace Adams           Wollongong City       13.53
3 Lily Wheeler          Shoalhaven             13.60
4 Sarah Walker          Dapto                  13.88
5 Chantelle Coleman     Temora                 14.84
6 Tiarn Wilesmith       Lockhart                14.85

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Girls U 17 - 100 Metre Sprint

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Region: R 12.30 20/02/2010 Talissa Scott, Kiama
State: S 11.89 28/01/2017 Maisie Stevens, Eastern Subur
Name           Age Centre           Heats
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Heat 1 Heats

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1 Teagan Berry         Albion Park            12.62Q
2 Alicia Burazin       Kiama                  13.30Q
3 Ciara Longworth      Bowral                 13.67Q
4 Laura Tugrul         Dapto                  15.11q
5 Ashleigh Hogg        Wollongong City       15.40

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Heat 2 Heats

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1 Olivia Berry         Albion Park            13.20Q
2 Phoebe White         Griffith & District    13.43Q
3 Maggie Tomlinson     Kiama                  13.93Q
4 Claudia Pierro       Wollongong City       14.02q
5 Emma Hutchison       Lake Illawarra        15.89

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REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 17 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R 12.30 20/02/2010 Talissa Scott, Kiama			
State: S 11.89 28/01/2017 Maisie Stevens, Eastern Subur			
Name	Age	Centre	Final
Section 1 Final			
1 Teagan Berry		Albion Park	12.67
2 Olivia Berry		Albion Park	13.15
3 Alicia Burazin		Kiama	13.28
4 Phoebe White		Griffith & District	13.40
5 Ciara Longworth		Bowral	13.77
6 Maggie Tomlinson		Kiama	13.94
7 Claudia Pierro		Wollongong City	13.97
8 Laura Tugrul		Dapto	15.23

Girls U 8 - 200 Metre Sprint

Name	Age	Centre	Heats
Region: R 33.00 20/02/2001 Paige Fenech, Albion Park			
Region: R 33.00 18/03/2005 Hayley Butcherine, Bathurst a			
State: S 31.74 18/03/1984 Bronwyn Piening, Nepean			
State: S 31.74 16/02/1997 Emily Pollett, Manly Warringa			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ivy Foster		Wollongong City	35.20Q
2 Charli Speers		Koorringal Wagga	35.75Q
3 Denbigh Lewis		Wollongong City	36.28Q
4 Ella Power		Albion Park	36.57q
5 Chelsea Nicol		Albion Park	36.77q
6 Pearl Stravoskoufis		Bowral	37.69
7 Olivia Burns		Lake Illawarra	38.52
8 Grace Watterson		Narrandera	40.48
Heat 2 Heats			
1 Ruby Kerr		Albion Park	34.91Q
2 Myra Betts		Shoalhaven	35.49Q
3 Allira Ford		Dapto	35.65Q
4 Mollie Thomas		Corowa	36.92
5 Maeve Whitten		Wollongong City	38.48
6 Sienna Everson		Temora	38.54
7 Amanda Hopkins		Leeton	43.83

Girls U 8 - 200 Metre Sprint

Name	Age	Centre	Final
Region: R 33.00 20/02/2001 Paige Fenech, Albion Park			
Region: R 33.00 18/03/2005 Hayley Butcherine, Bathurst a			
State: S 31.74 18/03/1984 Bronwyn Piening, Nepean			
State: S 31.74 16/02/1997 Emily Pollett, Manly Warringa			
Name	Age	Centre	Final
Section 1 Final			
1 Ruby Kerr		Albion Park	34.72
2 Ivy Foster		Wollongong City	34.76
3 Allira Ford		Dapto	35.52
4 Myra Betts		Shoalhaven	35.96
5 Denbigh Lewis		Wollongong City	36.47
6 Chelsea Nicol		Albion Park	36.86
7 Charli Speers		Koorringal Wagga	37.05

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 8 - 200 Metre Sprint**

8 Ella Power	Albion Park	39.49
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Girls U 9 - 200 Metre Sprint

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Region: R 31.00	20/02/2002	Paige Fenech, Albion Park	
Region: R 31.00	22/02/2009	Sinead Austwick, Albion Park	
State: S 28.74	25/03/1990	Rosemary Hayward, Wyong	
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1 Lily Bell	Kiama	33.34Q
2 Maiya Hewitt	Albion Park	33.78Q
3 Arika English	Dapto	35.69Q
4 Haylee Connelly	St Georges Basin	36.69q
5 Charlotte Withers	Bowral	37.11
6 Madyson Sarkis	Griffith & District	37.87
7 Jessica Erwin	Wollondilly	41.34

Heat 2 Heats

1 Kaitlyn Williams	Wollongong City	34.18Q
2 Inez McPherson	Koorringal Wagga	34.34Q
3 Charlie Magill	Finley	35.83Q
4 Katelyn Norman	Young & District	36.12q
5 Courtney Wiseman	Northern Illawarra	37.02
6 Georgia Walker	Dapto	40.21
7 Olivia Knowles	Shoalhaven	44.46

Girls U 9 - 200 Metre Sprint

=====			
Region: R 31.00	20/02/2002	Paige Fenech, Albion Park	
Region: R 31.00	22/02/2009	Sinead Austwick, Albion Park	
State: S 28.74	25/03/1990	Rosemary Hayward, Wyong	
Name	Age	Centre	Final
=====			

Section 1 Final

1 Maiya Hewitt	Albion Park	33.56
2 Lily Bell	Kiama	34.24
3 Inez McPherson	Koorringal Wagga	35.15
4 Charlie Magill	Finley	35.60
5 Arika English	Dapto	35.94
6 Katelyn Norman	Young & District	36.28
7 Haylee Connelly	St Georges Basin	38.64

Girls U 10 - 200 Metre Sprint

=====			
Region: R 28.50	20/02/2000	Grace Naseby, Griffith	
State: S 28.22	21/03/2010	Kristie Edwards, Manly Warrin	
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1 Amelia Poulos	Wollongong City	31.54Q
2 Saige Williams	Milton-Ulladulla	32.63Q
3 Emily Looby	Leeton	33.03Q
4 Brooke Plummer	Dapto	33.46q
5 Isabelle Hodgson	Kiama	34.09
6 Chelsea Groves	Northern Illawarra	34.10

Heat 2 Heats

REGION 4 TRACK & FIELD CHAMPIONSHIPS

Results

....Girls U 10 - 200 Metre Sprint

1	Grace Krause	Temora	32.04Q
2	Krystal Ezeoke	Wollongong City	32.19Q
3	Aliyah Healey	Milton-Ulladulla	32.73Q
4	Charlotte Kerr	Albion Park	33.65q
5	Olivia O'Neill	Lake Illawarra	34.71
6	Grace Oti	Koorringal Wagga	37.66

Girls U 10 - 200 Metre Sprint

=====
 Region: R 28.50 20/02/2000 Grace Naseby, Griffith
 State: S 28.22 21/03/2010 Kristie Edwards, Manly Warrin
 Name Age Centre Final
 =====

Section 1 Final

1	Amelia Poulos	Wollongong City	31.30
2	Krystal Ezeoke	Wollongong City	31.32
3	Emily Looby	Leeton	32.26
4	Saige Williams	Milton-Ulladulla	32.39
5	Grace Krause	Temora	32.40
6	Aliyah Healey	Milton-Ulladulla	32.50
7	Brooke Plummer	Dapto	33.72
7	Charlotte Kerr	Albion Park	33.72

Girls U 11 - 200 Metre Sprint

=====
 Region: R 27.90 20/02/1994 H. Mathieson, Wollongong City
 State: S 26.12 19/03/2017 Chelsea Ezeoke, Albion Park
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Holly Rea	Wollongong City	28.54Q
2	Jaleesa Smith	Milton-Ulladulla	30.63Q
3	Grace Adlington	Griffith & District	30.90Q
4	Ella Hewitt	Albion Park	31.38q
5	Noumea Kember	Leeton	32.03q
6	Jessica Dover	Deniliquin	33.41
7	Bronte Bunch	Wollongong City	33.61
8	Mikayla Elder	Tumut & District	35.30

Heat 2 Heats

1	Keira Rejske	Northern Illawarra	30.46Q
2	Ella Colusso	Milton-Ulladulla	30.70Q
3	Elizabeth Dumbleton	Koorringal Wagga	30.95Q
4	Olivia Gouvas	Dapto	32.10
5	Lucy Coughlan	Griffith & District	33.19
6	Emily Bunch	Wollongong City	33.82
7	Alexia Lancaster	Temora	33.86

Girls U 11 - 200 Metre Sprint

=====
 Region: R 27.90 20/02/1994 H. Mathieson, Wollongong City
 State: S 26.12 19/03/2017 Chelsea Ezeoke, Albion Park
 Name Age Centre Final
 =====

Section 1 Final

1	Holly Rea	Wollongong City	29.31
2	Jaleesa Smith	Milton-Ulladulla	30.50

REGION 4 TRACK & FIELD CHAMPIONSHIPS

Results

....Girls U 11 - 200 Metre Sprint

3	Grace Adlington	Griffith & District	30.82
4	Keira Rejske	Northern Illawarra	30.95
5	Ella Colusso	Milton-Ulladulla	31.27
6	Elizabeth Dumpleton	Koorringal Wagga	31.44
7	Ella Hewitt	Albion Park	31.76
8	Noumea Kember	Leeton	32.34

Girls U 12 - 200 Metre Sprint

=====
 Region: R 27.10 20/02/1989 T. Barrett, Junee
 State: S 25.74 19/03/2017 Torrie Lewis, Macquarie Hunte
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Chelsea Ezeoke	Wollongong City	R 26.19Q
2	Imogen Harrison	Albion Park	28.13Q
3	Bella Brownlie	Young & District	35.89Q

Heat 2 Heats

1	Caley Tallon-Henniker	Dapto	27.57Q
2	Cailee Melfi	Wollongong City	28.52Q
3	Laylah Connelly	St Georges Basin	28.56Q
4	Ellie Veerhuis	Wollongong City	28.73q
5	Claudia Wheatley	Wagga Wagga	29.38q
6	Linda Clarke	Leeton	33.21
7	Erica Nicholls	Finley	34.95

Girls U 12 - 200 Metre Sprint

=====
 Region: R 27.10 20/02/1989 T. Barrett, Junee
 State: S 25.74 19/03/2017 Torrie Lewis, Macquarie Hunte
 Name Age Centre Final
 =====

Section 1 Final

1	Chelsea Ezeoke	Wollongong City	26.18R
2	Caley Tallon-Henniker	Dapto	28.13
3	Imogen Harrison	Albion Park	28.51
4	Ellie Veerhuis	Wollongong City	29.08
5	Cailee Melfi	Wollongong City	29.23
5	Laylah Connelly	St Georges Basin	29.23

Girls U 13 - 200 Metre Sprint

=====
 Region: R 26.10 18/03/2005 Janaya Zivkovic, Lake Illawar
 State: S 24.96 19/03/2017 Alice Dixon, Northern Suburbs
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Jess Quilter-Jones	Wollongong City	28.07Q
2	Eliza Schweitzer	Kiama	28.84Q
3	Amber Necovski	Wollongong City	30.17Q
4	Abbey Field	Wagga Wagga	30.44q
5	Akala Miller	Shoalhaven	31.26q
6	Tayla Learoyd	Koorringal Wagga	32.10
7	Savera Tanuvasa	Griffith & District	33.84

Heat 2 Heats

1	Ashlyn Adams	Wollongong City	27.79Q
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REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 13 - 200 Metre Sprint**

2	Hannah Brian	Shoalhaven	28.06Q
3	Abby Faughlin	Dapto	30.55Q
4	Jada Schillert	Lake Illawarra	31.33

Girls U 13 - 200 Metre Sprint

=====			
Region:	R 26.10	18/03/2005	Janaya Zivkovic, Lake Illawar
State:	S 24.96	19/03/2017	Alice Dixon, Northern Suburbs
Name		Age Centre	Final
=====			

Section 1 Final

1	Jess Quilter-Jones	Wollongong City	27.41
2	Ashlyn Adams	Wollongong City	27.71
3	Hannah Brian	Shoalhaven	27.91
4	Eliza Schweitzer	Kiama	29.06
5	Abby Faughlin	Dapto	29.71
6	Amber Necovski	Wollongong City	30.40
7	Akala Miller	Shoalhaven	30.91
8	Abbey Field	Wagga Wagga	31.03

Girls U 14 - 200 Metre Sprint

=====			
Region:	R 25.60	20/02/1994	Skye Richardson, Lake Illawar
State:	S 24.54	16/03/2008	Ella Nelson, Sutherland
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Sophie Bowley	Temora	27.19Q
2	Brooke McCabe	Wollongong City	27.79Q
3	Alyssa Cassar	Dapto	28.42Q
4	Sophie Hallam	Wagga Wagga	28.73
5	Victoria Summerill	Albion Park	28.80
6	Rebecca Mills	Wollongong City	29.91

Heat 2 Heats

1	Lauren Percival	Milton-Ulladulla	26.30Q
2	Tanaya Necovski	Wollongong City	26.48Q
3	Ashleigh Goncalves	Albion Park	27.27Q
4	Demi Leighton	Leeton	28.20q
5	Georgia Hallam	Wagga Wagga	28.43q
6	Isabella Kelly	Finley	29.63

Girls U 14 - 200 Metre Sprint

=====			
Region:	R 25.60	20/02/1994	Skye Richardson, Lake Illawar
State:	S 24.54	16/03/2008	Ella Nelson, Sutherland
Name		Age Centre	Final
=====			

Section 1 Final

1	Lauren Percival	Milton-Ulladulla	26.22
2	Tanaya Necovski	Wollongong City	26.69
3	Ashleigh Goncalves	Albion Park	26.97
4	Sophie Bowley	Temora	26.98
5	Demi Leighton	Leeton	27.78
6	Brooke McCabe	Wollongong City	27.85
7	Alyssa Cassar	Dapto	29.04

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 15 - 200 Metre Sprint**

Name	Age	Centre	Final
Region: R	24.50	20/02/2003 J. Hoebergen, Wollongong City	
State: S	24.24	20/03/2005 Olivia Tauro, Kurri Kurri	
State: S	24.24	22/02/2009 Ella Nelson, Sutherland	

Section 1

1	Hannah Crinnion	Wollongong City	26.49
2	Emer Spiers	Wollongong City	27.33
3	Chantelle Coleman	Temora	30.07
4	Sarah Deaner	Wagga Wagga	31.59
5	Emma Twomey	St Georges Basin	32.89

Girls U 17 - 200 Metre Sprint

Name	Age	Centre	Final
Region: R	25.80	22/02/2015 Casey-Lee Bedford, Albion Par	
State: S	24.33	23/03/2014 Ruby Ritchie, Manly Warringah	

1	Teagan Berry	Albion Park	25.97
2	Olivia Berry	Albion Park	27.20
3	Mikayla Check	Shoalhaven	27.59
4	Alicia Burazin	Kiama	27.88
5	Phoebe White	Griffith & District	27.98
6	Ciara Longworth	Bowral	28.37
7	Rosie Tozer	Wollongong City	28.85
8	Nikita Freeburn	Lake Illawarra	30.51

Girls U 8 - 400 Metre Sprint

Name	Age	Centre	Heats
Region: R	1:17.10	20/02/1994 M. Thornton, Wollondilly	
State: S	1:11.44	21/03/1981 Jo-anne Swan, Camden	

Heat 1 Heats

1	Elizabeth Suthers	Wollongong City	1:23.60Q
2	Mollie Thomas	Corowa	1:27.64Q
3	Imogen Walsh	Dapto	1:29.69Q
4	Breanna Webster	Kiama	1:31.37q
5	Sophie Malyn	Bowral	1:32.19q
6	Zoe Cooper	Koorringal Wagga	1:40.29
7	Amanda Hopkins	Leeton	1:42.51

Heat 2 Heats

1	Allira Ford	Dapto	1:20.51Q
2	Myra Betts	Shoalhaven	1:26.88Q
3	Myer Mescia	Koorringal Wagga	1:30.34Q
4	Sasha Curry	Temora	1:34.32
5	Imogen Anderson	Wollongong City	1:35.98
6	Grace Watterson	Narrandera	1:36.04
7	Mercaydes Bray	Albion Park	1:38.39

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 8 - 400 Metre Sprint**

=====			
Region: R 1:17.10		20/02/1994	M. Thornton, Wollondilly
State: S 1:11.44		21/03/1981	Jo-anne Swan, Camden
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Elizabeth Suthers	Wollongong City	1:23.59
2	Allira Ford	Dapto	1:27.27
3	Imogen Walsh	Dapto	1:27.45
4	Mollie Thomas	Corowa	1:27.83
5	Myra Betts	Shoalhaven	1:29.75
6	Myer Mescia	Koorringal Wagga	1:30.54
7	Breanna Webster	Kiama	1:31.85
8	Sophie Malyn	Bowral	1:32.10

Girls U 9 - 400 Metre Sprint

=====			
Region: R 1:12.10		20/02/2003	Karlie Chambers, Northern I
State: S 1:06.64		24/03/1990	Rosemary Hayward, Wyong
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Arika English	Dapto	1:19.87Q
2	Lily Heckenberg	St Georges Basin	1:24.41Q
3	Lilea Seville	Bowral	1:25.64Q
4	Katelyn Norman	Young & District	1:27.63q
5	Hannah Gallagher	Northern Illawarra	1:28.69
Heat 2 Heats			
1	Ruby Blake	Bowral	1:16.23Q
2	Maiya Hewitt	Albion Park	1:19.39Q
3	Charlie Magill	Finley	1:22.38Q
4	Indiana Cole	Koorringal Wagga	1:23.02q
5	Haylee Connelly	St Georges Basin	1:28.44
6	Tayla Lawrence	Wagga Wagga	1:30.02
7	Madyson Sarkis	Griffith & District	1:30.92
8	Georgie Marks	Bowral	1:32.56

Girls U 9 - 400 Metre Sprint

=====			
Region: R 1:12.10		20/02/2003	Karlie Chambers, Northern I
State: S 1:06.64		24/03/1990	Rosemary Hayward, Wyong
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Ruby Blake	Bowral	1:16.81
2	Maiya Hewitt	Albion Park	1:19.93
3	Lily Heckenberg	St Georges Basin	1:22.76
4	Charlie Magill	Finley	1:23.09
5	Indiana Cole	Koorringal Wagga	1:23.85
6	Arika English	Dapto	1:24.42
7	Lilea Seville	Bowral	1:25.48
8	Katelyn Norman	Young & District	1:32.48

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 10 - 400 Metre Sprint**

=====			
Region: R 1:08.30		20/02/2003	Paige Fenech, Albion Park
State: S 1:03.84		15/03/2003	Paige Fenech, Albion Park
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Aliyah Healey	Milton-Ulladulla	1:16.80Q
2	Emily Looby	Leeton	1:19.10Q
3	Lara Curry	Temora	1:21.41Q
4	Lilah Norden	Tumut & District	1:29.70q
Heat 2 Heats			
1	Lara Thompson	Albion Park	1:17.12Q
2	Grace Costabile	Wollongong City	1:18.72Q
3	Brooke Plummer	Dapto	1:20.36Q
4	Saige Williams	Milton-Ulladulla	1:20.63q
5	Kirsty Richards	Wollondilly	1:52.20

Girls U 10 - 400 Metre Sprint

=====			
Region: R 1:08.30		20/02/2003	Paige Fenech, Albion Park
State: S 1:03.84		15/03/2003	Paige Fenech, Albion Park
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Lara Thompson	Albion Park	1:12.55
2	Grace Costabile	Wollongong City	1:13.86
3	Aliyah Healey	Milton-Ulladulla	1:13.96
4	Lara Curry	Temora	1:18.44
5	Brooke Plummer	Dapto	1:18.88
6	Emily Looby	Leeton	1:19.37
7	Saige Williams	Milton-Ulladulla	1:22.15
8	Lilah Norden	Tumut & District	1:27.89

Girls U 11 - 400 Metre Sprint

=====			
Region: R 1:04.30		19/02/2005	K. Butcherine, Bathurst and
State: S 1:01.34		12/03/1978	Michelle Moroney, Bankstown
State: S 1:01.34		17/03/2001	Jacinta Doyle, Port Hacking
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Tahlia O'Brien	Wollongong City	1:12.55Q
2	Grace Adlington	Griffith & District	1:15.57Q
3	Ella Hewitt	Albion Park	1:16.53Q
4	Kara Hunter	Wollondilly	1:23.92
5	Mikayla Elder	Tumut & District	1:30.38
6	Shania McKinnon	Young & District	1:42.59
Heat 2 Heats			
1	Zoe McClutchie	Wollongong City	1:13.24Q
2	Ella Colusso	Milton-Ulladulla	1:13.90Q
3	Elizabeth Dumbleton	Koorringal Wagga	1:14.17Q
4	Noumea Kember	Leeton	1:18.31q
5	Bela Seville	Bowral	1:20.51q

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 11 - 400 Metre Sprint**

Name	Age	Centre	Final
Region: R 1:04.30 19/02/2005 K. Butcherine, Bathurst and			
State: S 1:01.34 12/03/1978 Michelle Moroney, Bankstown			
State: S 1:01.34 17/03/2001 Jacinta Doyle, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Zoe McClutchie		Wollongong City	1:11.02
2 Tahlia O'Brien		Wollongong City	1:11.27
3 Grace Adlington		Griffith & District	1:11.72
4 Ella Colusso		Milton-Ulladulla	1:14.10
5 Elizabeth Dumpleton		Koorringal Wagga	1:16.30
6 Ella Hewitt		Albion Park	1:18.55
7 Bela Seville		Bowral	1:30.27

Girls U 12 - 400 Metre Sprint

Name	Age	Centre	Heats
Region: R 1:01.70 19/02/2005 Paige Fenech, Albion Park			
State: S 57.74 21/02/1979 Nicole Leistenschneider, Ma			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Claudia Wheatley		Wagga Wagga	1:10.30Q
2 Samara Jirsa		Wollongong City	1:16.96Q
3 Emily Howarth		Dapto	1:17.08Q
4 Caitlyn Hendry		Northern Illawarra	1:21.83
Heat 2 Heats			
1 Chelsea Ezeoke		Wollongong City	1:06.93Q
2 Laylah Connelly		St Georges Basin	1:08.83Q
3 Cailee Melfi		Wollongong City	1:11.21Q
4 Holly Roach		Wagga Wagga	1:12.36q
5 Sienna Burke		Finley	1:12.57q

Girls U 12 - 400 Metre Sprint

Name	Age	Centre	Final
Region: R 1:01.70 19/02/2005 Paige Fenech, Albion Park			
State: S 57.74 21/02/1979 Nicole Leistenschneider, Ma			
Name	Age	Centre	Final
Section 1 Final			
1 Chelsea Ezeoke		Wollongong City	1:02.28
2 Samara Jirsa		Wollongong City	1:05.31
3 Claudia Wheatley		Wagga Wagga	1:06.55
4 Laylah Connelly		St Georges Basin	1:06.92
5 Cailee Melfi		Wollongong City	1:14.29
6 Holly Roach		Wagga Wagga	1:15.84
7 Emily Howarth		Dapto	1:15.87

Girls U 13 - 400 Metre Sprint

Name	Age	Centre	Heats
Region: R 1:00.10 20/02/1993 L. Elms, Wollongong City			
State: S 57.24 16/03/1986 Jo-anne Swan, Camden			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jess Quilter-Jones		Wollongong City	1:07.15Q
2 Nikki Taylor		Northern Illawarra	1:12.12Q

REGION 4 TRACK & FIELD CHAMPIONSHIPS

Results

....Girls U 13 - 400 Metre Sprint

3 Tayla Learoyd	Koorringal Wagga	1:16.75Q
4 Charlotte Edwards	Young & District	1:26.22q
5 Savera Tanuvasa	Griffith & District	1:30.26

Heat 2 Heats

1 Grace Pomery	Wollongong City	1:08.57Q
2 Amber Necovski	Wollongong City	1:12.73Q
3 Abby Faughlin	Dapto	1:16.15Q
4 Ella Lawrence	Temora	1:25.76q

Girls U 13 - 400 Metre Sprint

Region: R 1:00.10 20/02/1993 L. Elms, Wollongong City
 State: S 57.24 16/03/1986 Jo-anne Swan, Camden

Name Age Centre Final

Section 1 Final

1 Jess Quilter-Jones	Wollongong City	1:02.39
2 Grace Pomery	Wollongong City	1:07.54
3 Amber Necovski	Wollongong City	1:10.59
4 Nikki Taylor	Northern Illawarra	1:13.14
5 Abby Faughlin	Dapto	1:14.15
6 Charlotte Edwards	Young & District	1:20.54
7 Tayla Learoyd	Koorringal Wagga	1:21.48
8 Ella Lawrence	Temora	1:23.04

Girls U 14 - 400 Metre Sprint

Region: R 1:00.70 20/02/1999 K. Fraser, Wollongong City
 State: S 56.02 23/03/2012 Molly Blakey, South Eastern

Name Age Centre Heats

Heat 1 Heats

1 Tanaya Necovski	Wollongong City	1:02.68Q
2 Ashleigh Goncalves	Albion Park	1:03.75Q
3 Ally Barlow	Finley	1:09.82Q
4 Annabel Roach	Wagga Wagga	1:19.10q
5 Kaylah Edwards	Young & District	1:27.59

Heat 2 Heats

1 Ruby-lee Paterson	Northern Illawarra	1:06.31Q
2 Georgia Richards	Kiama	1:06.37Q
3 Victoria Summerill	Albion Park	1:10.71Q
4 Leila Christofides	Wollongong City	1:16.47q

Girls U 14 - 400 Metre Sprint

Region: R 1:00.70 20/02/1999 K. Fraser, Wollongong City
 State: S 56.02 23/03/2012 Molly Blakey, South Eastern

Name Age Centre Final

Section 1 Final

1 Tanaya Necovski	Wollongong City	1:00.75
2 Ashleigh Goncalves	Albion Park	1:00.83
3 Ruby-lee Paterson	Northern Illawarra	1:02.12
4 Georgia Richards	Kiama	1:05.87
5 Victoria Summerill	Albion Park	1:08.89
6 Ally Barlow	Finley	1:09.72

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 14 - 400 Metre Sprint**

7 Annabel Roach	Wagga Wagga	1:13.81
8 Leila Christofides	Wollongong City	1:15.34

Girls U 15 - 400 Metre Sprint

=====			
Region:	R 57.30	21/02/2009	Karlie Chambers, Wollongong C
State:	S 55.74	18/02/1996	Rosemary Hayward, Toukley
Name	Age	Centre	Final
=====			

Section 1

1 Leyla Liakatos	Wagga Wagga	1:01.84
2 Hannah Crinnion	Wollongong City	1:02.49
3 Baylee Holland	Shoalhaven	1:03.36
4 Emma Twomey	St Georges Basin	1:17.46
5 Chantelle Coleman	Temora	1:19.98

Girls U 17 - 400 Metre Sprint

=====			
Region:	R 1:00.40	20/02/2010	Sarah Carli, Wollongong Cit
State:	S 56.41	21/03/2014	Ruby Ritchie, Manly Warring
Name	Age	Centre	Final
=====			

1 Hannah Clarke	Leeton	1:05.02
2 Taliah Moxham	Albion Park	1:05.84
3 Ciara Longworth	Bowral	1:07.14
4 Claudia Pierro	Wollongong City	1:11.29

Girls U 8 - 700 Metre Run Pack Start

=====			
Region:	R 2:30.10	18/03/2005	S. Howard, Lockhart
Name	Age	Centre	Final
=====			

1 Elizabeth Suthers	Wollongong City	2:40.50
2 Chelsea Nicol	Albion Park	2:41.55
3 Myra Betts	Shoalhaven	2:47.54
4 Imogen Walsh	Dapto	2:50.02
5 Sasha Curry	Temora	2:54.57
6 Myer Mescia	Koorringal Wagga	3:01.64
7 Maeve Whitten	Wollongong City	3:02.77
8 Grace Watterson	Narrandera	3:17.20

Girls U 9 - 800 Metre Run

=====			
Region:	R 2:43.10	20/02/1989	L. Elms, Wollongong City
State:	S 2:33.00	20/03/2011	Abbey Rockliff, Ku-Ring-Gai
Name	Age	Centre	Final
=====			

1 Arika English	Dapto	3:01.87
2 Indiana Cole	Koorringal Wagga	3:02.48
3 Charlie Magill	Finley	3:06.43
4 Kaitlyn Williams	Wollongong City	3:12.77
5 Courtney Wiseman	Northern Illawarra	3:22.25
6 Hannah Gallagher	Northern Illawarra	3:22.60
7 Madyson Sarkis	Griffith & District	3:31.05
8 Jessica Erwin	Wollondilly	3:51.79
9 Ellena Halloran	Leeton	3:52.75

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 9 - 800 Metre Run**

10 Layla Simpson Northern Illawarra 4:22.40

Girls U 10 - 800 Metre Run

Region: R 2:36.60 18/03/2005 T. Davies, Wollongong City

State: S 2:27.30 19/02/2012 Abbey Rockliff, Ku-Ring-Gai

Name Age Centre Final

1	Lara Thompson	Albion Park	2:49.03
2	Grace Costabile	Wollongong City	2:51.99
3	Lara Curry	Temora	2:53.02
4	Aaliah Hancock	Wollongong City	2:56.76
5	Zoe Meyers	Albion Park	2:58.82
6	Abby Quick	Lake Illawarra	3:03.48
7	Emily McLaren	Shoalhaven	3:07.63
8	Jasmine Snow	Kiama	3:15.46
9	Lilah Norden	Tumut & District	3:20.29
10	Olivia Otsyula	Northern Illawarra	3:20.71
11	Matilda Sidebottom	Leeton	3:50.80
12	Kirsty Richards	Wollondilly	4:17.28

Girls U 11 - 800 Metre Run

Region: R 2:28.40 20/02/1991 L. Elms, Wollongong City

State: S 2:21.80 20/03/2016 Imogen Stewart, Illawong

Name Age Centre Final

1	Zoe McClutchie	Wollongong City	2:41.38
2	Alisha Mustapic	Shoalhaven	2:47.96
3	Matilda Cole	Koorringal Wagga	2:49.58
4	Calella Lewis	Wollongong City	2:54.57
5	Kara Hunter	Wollondilly	2:55.68
6	Ella Colusso	Milton-Ulladulla	2:55.76
7	Sienna Strecker	Lake Illawarra	2:57.26
8	Ashley Robinson	Griffith & District	3:07.14
9	Mikayla Elder	Tumut & District	3:11.29
10	Grace Shakeshaft	Bowral	3:25.16

Girls U 12 - 800 Metre Run

Region: R 2:26.80 20/02/1993 K. O'Neill, Koorringal Wagga

State: S 2:16.34 23/03/2014 Abbey Rockliff, Ku-Ring-Gai

Name Age Centre Final

1	Samara Jirsa	Wollongong City	2:36.04
2	Olivia Greenhalgh	Milton-Ulladulla	2:37.95
3	Tyla Hurst	Albion Park	2:38.04
4	Emily Howarth	Dapto	2:52.29
5	Jasmine Burke	Finley	2:52.90
6	Calany Meyers	Albion Park	2:54.15
7	Dakota Farn	Shoalhaven	2:54.16
8	Charlotte Priest	Koorringal Wagga	2:57.04
9	Holly Roach	Wagga Wagga	3:02.41
10	Caitlyn Hendry	Northern Illawarra	3:10.54
11	Charli Ryan	Lake Illawarra	3:15.48

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 13 - 800 Metre Run**

=====			
Region: R 2:20.40		16/02/2014	Jade Mustapic, Shoalhaven
State: S 2:15.20		22/02/1987	Suzy Walsham, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1	Jess Quilter-Jones	Wollongong City	2:30.46
2	Grace Pomery	Wollongong City	2:33.80
3	Emily Strecker	Lake Illawarra	2:43.33
4	Harriet Priest	Koorringal Wagga	2:47.85
5	Jayde Gitto	Wollongong City	2:57.67
6	Charlotte Edwards	Young & District	3:19.89
7	Ella Lawrence	Temora	3:22.70

Girls U 14 - 800 Metre Run

=====			
Region: R 2:15.00		20/02/1999	L. Corrigan, Canowindra
State: S 2:13.20		20/03/1988	Suzy Walsham, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1	Georgia Richards	Kiama	2:28.58
2	Ruby-lee Paterson	Northern Illawarra	2:29.70
3	Victoria Summerill	Albion Park	2:47.00
4	Ally Barlow	Finley	2:50.08
5	Jasmine Shakeshaft	Bowral	2:51.61
6	Arian Lopreiato	Albion Park	2:51.63
7	Alicia Deaner	Wagga Wagga	3:00.42
8	Sophie Jacobson	Northern Illawarra	3:27.98

Girls U 15 - 800 Metre Run

=====			
Region: R 2:16.30		22/02/2009	Karlie Chambers, Wollongong
State: S 2:09.57		20/03/2016	Carley Thomas, Hills Distri
Name	Age	Centre	Final
=====			
1	Baylee Holland	Shoalhaven	2:22.12
2	Leyla Liakatos	Wagga Wagga	2:26.46
3	Keira-Lee Meyers	Albion Park	2:35.15
4	Tegan McKay	St Georges Basin	2:54.79
5	Emma Twomey	St Georges Basin	3:05.86
6	Chantelle Coleman	Temora	3:25.30
7	Sarah Culla	Griffith & District	3:49.30

Girls U 17 - 800 Metre Run

=====			
Region: R 2:15.80		16/02/2014	Jessica Hull, Albion Park
State: S 2:12.59		25/03/2012	Kate Spencer, Ryde
Name	Age	Centre	Final
=====			
1	Emma McDonald	St Georges Basin	2:34.43
2	Taliah Moxham	Albion Park	2:37.16
3	Mikayla Dejong	Albion Park	2:47.59
4	Ciara Longworth	Bowral	2:47.60
5	Nikita Freeburn	Lake Illawarra	2:54.34
6	Laura Tugrul	Dapto	3:09.78
7	Ashleigh Hogg	Wollongong City	3:13.69

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 10 - 1500 Metre Run**

=====			
Region: R 5:20.30		20/02/1990	L. Elms, Wollongong City
State: S 4:56.90		18/02/2012	Abbey Rockliff, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1 Lara Curry		Temora	5:49.80
2 Kara Heckenberg		St Georges Basin	5:50.11
3 Aaliah Hancock		Wollongong City	5:57.54
4 Zoe Meyers		Albion Park	5:59.82
5 Emily McLaren		Shoalhaven	6:19.21
6 Lilah Norden		Tumut & District	6:40.04
7 Olivia Otsyula		Northern Illawarra	7:00.12
8 Aurora Boatswain		Shoalhaven	7:13.39

Girls U 11 - 1500 Metre Run

=====			
Region: R 5:16.70		20/02/1996	D. Jaques, Koorringal Wagga
State: S 4:44.07		19/03/2016	Imogen Stewart, Illawong
Name	Age	Centre	Final
=====			
1 Zoe McClutchie		Wollongong City	5:33.68
2 Matilda Cole		Koorringal Wagga	5:39.98
3 Kara Hunter		Wollondilly	5:50.95
4 Annabelle Healey		Milton-Ulladulla	5:51.14
5 Ella Colusso		Milton-Ulladulla	5:55.63
6 Sienna Strecker		Lake Illawarra	5:56.02
7 Calella Lewis		Wollongong City	5:57.61
8 Ashley Robinson		Griffith & District	6:10.65
9 Mikayla Elder		Tumut & District	6:26.20

Girls U 12 - 1500 Metre Run

=====			
Region: R 4:59.50		20/02/1993	L. Elms, Wollongong City
State: S 4:34.47		22/03/2014	Abbey Rockliff, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1 Olivia Greenhalgh		Milton-Ulladulla	5:35.05
2 Jasmine Burke		Finley	5:49.23
3 Emily Howarth		Dapto	5:52.40
4 Dakota Farn		Shoalhaven	6:07.31
5 Calany Meyers		Albion Park	6:12.79
6 Nakita Boatswain		Shoalhaven	6:38.89
7 Ruby Bagnell		Bowral	6:43.63
8 Caitlyn Hendry		Northern Illawarra	6:54.70

Girls U 13 - 1500 Metre Run

=====			
Region: R 4:52.10		15/02/2014	Wynonna Lawrence, West Wyal
State: S 4:36.10		21/02/1987	Suzy Walsham, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1 Grace Pomery		Wollongong City	5:08.61
2 Harriet Priest		Koorringal Wagga	5:35.87
3 Emily Strecker		Lake Illawarra	5:56.04

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 14 - 1500 Metre Run**

=====			
Region: R 4:55.30		20/02/1995	T. Moxham, Lake Illawarra
State: S 4:35.30		15/03/2003	Lexy Gilmour, Helensburgh
Name	Age	Centre	Final
=====			
1 Charli Hurst		Albion Park	5:04.12
2 Georgia Richards		Kiama	5:07.41
3 Ruby-lee Paterson		Northern Illawarra	5:26.22

Girls U 15 - 1500 Metre Run

=====			
Region: R 4:49.40		18/02/2012	Jessica Hull, Albion Park
State: S 4:30.10		19/03/2016	Emily Schneider, Sutherland
Name	Age	Centre	Final
=====			
1 Baylee Holland		Shoalhaven	5:03.48
2 Keira-Lee Meyers		Albion Park	5:31.83
3 Tegan McKay		St Georges Basin	6:00.17
4 Emma Twomey		St Georges Basin	6:14.92

Girls U 17 - 1500 Metre Run

=====			
Region: R 4:34.40		15/02/2014	Jessica Hull, Albion Park
State: S 4:33.13		20/03/2010	Jenny Blundell, Cherrybrook
Name	Age	Centre	Final
=====			
1 Karlie Gentles		Albion Park	5:20.98
2 Emma McDonald		St Georges Basin	5:21.31
3 Mikayla Dejong		Albion Park	5:39.20
4 Ciara Longworth		Bowral	6:00.86
5 Gabrielle Marriott		Lake Illawarra	6:15.18

Girls U 13 - 3000 Metre Run

=====			
Region: R 10:40.90		20/02/2010	Jessica Hull, Albion Park
State: S 9:58.99		15/02/2015	Abbey Rockliff, Ku-Ring-Ga
Name	Age	Centre	Final
=====			
1 Harriet Priest		Koorringal Wagga	12:04.12
2 Jayde Gitto		Wollongong City	13:01.19

Girls U 14 - 3000 Metre Run

=====			
Region: R 10:15.20		19/02/2011	Jessica Hull, Albion Park
State: S 9:59.16		20/03/2015	Emily Schneider, Sutherland
Name	Age	Centre	Final
=====			
1 Charli Hurst		Albion Park	11:27.45
2 Ruby McPhillips		Albion Park	12:17.71
3 Jasmine Shakeshaft		Bowral	13:29.25
4 Annabel Roach		Wagga Wagga	14:19.70
-- Sophie Jacobson		Northern Illawarra	DNF

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 15 - 3000 Metre Run**

Name	Age	Centre	Final
Region: R 10:02.50 18/02/2012 Jessica Hull, Albion Park			
State: S 9:43.02 18/03/2016 Emily Schneider, Sutherland			
Name	Age	Centre	Final
1 Hannah Billet		Wagga Wagga	12:15.25
2 Keira-Lee Meyers		Albion Park	12:17.33
3 Ruby Keen		Lake Illawarra	13:19.91
4 Emma Twomey		St Georges Basin	14:43.99

Girls U 17 - 3000 Metre Run

Name	Age	Centre	Final
Region: R 9:57.50 15/02/2014 Jessica Hull, Albion Park			
State: S 9:57.22 15/02/2014 Jessica Hull, Albion Park			
Name	Age	Centre	Final
1 Grace Mahon		Kiama	11:49.88
2 Mikayla Dejong		Albion Park	12:14.91
3 Emma McDonald		St Georges Basin	12:15.07
4 Ciara Longworth		Bowral	13:56.19

Girls U 8 - 60 Metre Hurdles (45cm)

Name	Age	Centre	Heats
Region: R 11.10 20/02/2001 Talissa Scott, Lake Illawarra			
State: S 10.92 30/01/2016 Tammin Lampret, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Amarli Robinson		Shoalhaven	12.08Q
2 Sienna Everson		Temora	13.34Q
3 Mia Gentles		Albion Park	13.78Q
4 Liku Paseka		Dapto	13.87
5 Grace Watterson		Narrandera	13.94
6 Ella Simpson		Northern Illawarra	13.99
7 Kadance Naylor		St Georges Basin	14.28
Heat 2 Heats			
1 Maeve Whitten		Wollongong City	12.85Q
2 Charli Speers		Koorringal Wagga	12.96Q
3 Cadence Hardy		Dapto	12.98Q
4 Chloe Musson		Shoalhaven	13.12q
5 Ella Power		Albion Park	13.54q
6 Lily Paton		Leeton	13.76

Girls U 8 - 60 Metre Hurdles (45cm)

Name	Age	Centre	Final
Region: R 11.10 20/02/2001 Talissa Scott, Lake Illawarra			
State: S 10.92 30/01/2016 Tammin Lampret, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Amarli Robinson		Shoalhaven	11.81
2 Cadence Hardy		Dapto	12.57
3 Maeve Whitten		Wollongong City	12.82
4 Charli Speers		Koorringal Wagga	12.83
5 Sienna Everson		Temora	12.88
6 Ella Power		Albion Park	13.30
7 Chloe Musson		Shoalhaven	13.31

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 8 - 60 Metre Hurdles (45cm)**

8 Mia Gentles	Albion Park	13.67
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Girls U 9 - 60 Metre Hurdles (45cm)

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=====
Region: R 10.20 20/02/1989 L. Camilato, Glenbrook
State: S 9.84 21/02/2009 Chyna Tavai-Willams, Bankstow
Name Age Centre Heats
=====

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Heat 1 Heats

1 Emily Benefiel	Wollongong City	11.21Q
2 Ruby Blake	Bowral	11.52Q
3 Lily Bell	Kiama	12.13Q
4 Indiana Cole	Koorringal Wagga	12.53q
5 Tayla Lawrence	Wagga Wagga	13.54q
6 Georgia Walker	Dapto	13.61
7 Megan Callcut	Griffith & District	14.50

Heat 2 Heats

1 Jasmine Wheeler	Shoalhaven	11.36Q
2 Lilea Seville	Bowral	12.26Q
3 Charlie Magill	Finley	12.88Q
4 Hannah Gallagher	Northern Illawarra	13.56
5 Madyson Sarkis	Griffith & District	13.98
6 Haylee Connelly	St Georges Basin	14.07

Girls U 9 - 60 Metre Hurdles (45cm)

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=====
Region: R 10.20 20/02/1989 L. Camilato, Glenbrook
State: S 9.84 21/02/2009 Chyna Tavai-Willams, Bankstow
Name Age Centre Final
=====

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Section 1 Final

1 Jasmine Wheeler	Shoalhaven	11.11
2 Ruby Blake	Bowral	11.15
3 Emily Benefiel	Wollongong City	11.16
4 Lilea Seville	Bowral	11.68
5 Lily Bell	Kiama	12.02
6 Charlie Magill	Finley	12.47
7 Indiana Cole	Koorringal Wagga	12.50
8 Tayla Lawrence	Wagga Wagga	13.08

Girls U 10 - 60 Metre Hurdles (60cm)

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=====
Region: R 10.10 20/02/1989 L. Olejarnik, Kurrajong Bilpi
State: S 9.84 20/03/2010 Chyna Tavai-Willams, Bankstow
Name Age Centre Heats
=====

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Heat 1 Heats

1 Zali Wheatley	Wagga Wagga	12.83Q
2 Jamie-Lea Anderson	Lake Illawarra	13.24Q
3 Malia Cummins	Kiama	13.59Q
4 Mikaela Markovski	Albion Park	13.95
5 Mia Cameron	Finley	14.42
6 Aurora Boatswain	Shoalhaven	14.85

Heat 2 Heats

1 Jasmine Snow	Kiama	12.30Q
2 Lara Curry	Temora	12.41Q

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 10 - 60 Metre Hurdles (60cm)**

3	Emily McLaren	Shoalhaven	13.08Q
4	Scarlett Sears	Bowral	13.15q
5	Elysha Davis	Shoalhaven	13.72q
6	Mackenzie Lee	Leeton	13.90
7	Grace Oti	Koorringal Wagga	14.44

Girls U 10 - 60 Metre Hurdles (60cm)

=====			
Region:	R 10.10	20/02/1989	L. Olejarnik, Kurrajong Bilpi
State:	S 9.84	20/03/2010	Chyna Tavai-Willams, Bankstow
Name		Age Centre	Final
=====			

Section 1 Final

1	Jasmine Snow	Kiama	11.94
2	Lara Curry	Temora	12.12
3	Zali Wheatley	Wagga Wagga	12.70
4	Jamie-Lea Anderson	Lake Illawarra	12.71
5	Scarlett Sears	Bowral	13.37
6	Emily McLaren	Shoalhaven	13.48
7	Malia Cummins	Kiama	13.80
8	Elysha Davis	Shoalhaven	14.22

Girls U 11 - 60 Metre Hurdles (60cm)

=====			
Region:	R 9.70	20/02/1989	D. Jones, Kurrajong Bilpin
State:	S 9.34	20/03/2004	Annaliese Gardiner, Ku-Ring-G
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Annabelle Healey	Milton-Ulladulla	11.29Q
2	Amelia Weatherlake	Kiama	11.46Q
3	Bela Seville	Bowral	11.79Q
4	Olivia Davis	Shoalhaven	12.68q
5	Cecilia Ucin	Koorringal Wagga	13.80
6	Rose Stuart	Northern Illawarra	13.92
7	Paige Sergi	Griffith & District	15.57
--	Tahlia O'Brien	Wollongong City	DQ

Heat 2 Heats

1	Chelsea McComb	Tumut & District	10.26Q
2	Grace Adlington	Griffith & District	11.49Q
3	Hailey Deacon	Northern Illawarra	11.91Q
4	Jaleesa Smith	Milton-Ulladulla	12.81q

Girls U 11 - 60 Metre Hurdles (60cm)

=====			
Region:	R 9.70	20/02/1989	D. Jones, Kurrajong Bilpin
State:	S 9.34	20/03/2004	Annaliese Gardiner, Ku-Ring-G
Name		Age Centre	Final
=====			

Section 1 Final

1	Chelsea McComb	Tumut & District	10.21
2	Annabelle Healey	Milton-Ulladulla	11.03
3	Grace Adlington	Griffith & District	11.07
4	Amelia Weatherlake	Kiama	11.23
5	Bela Seville	Bowral	11.41
6	Hailey Deacon	Northern Illawarra	12.38

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 11 - 60 Metre Hurdles (60cm)**

7	Jaleesa Smith	Milton-Ulladulla	12.68
8	Olivia Davis	Shoalhaven	12.77

Girls U 12 - 60 Metre Hurdles (68cm)

=====			
Region:	R 9.40	20/02/1993	S. Berry, Wagga Wagga PCYC
State:	S 9.34	19/03/2005	Annaliese Gardiner, Ku-Ring-G
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Delta Amidzovski	Albion Park	9.68Q
2	Amelia Och	Northern Illawarra	12.51Q
3	Natalia Horsley	Wagga Wagga	12.90Q
4	Laylah Connelly	St Georges Basin	13.02q
5	Ruby Bagnell	Bowral	13.38q
6	Chelsea Coleman	Temora	16.08

Heat 2 Heats

1	Ellie Veerhuis	Wollongong City	10.81Q
2	Kaliah Tindall	Albion Park	12.14Q
3	Maddie Cooper	West Wyalong	12.64Q
4	Caitlyn Hendry	Northern Illawarra	14.81
5	Bella Brownlie	Young & District	16.24

Girls U 12 - 60 Metre Hurdles (68cm)

=====			
Region:	R 9.40	20/02/1993	S. Berry, Wagga Wagga PCYC
State:	S 9.34	19/03/2005	Annaliese Gardiner, Ku-Ring-G
Name		Age Centre	Final
=====			

Section 1 Final

1	Delta Amidzovski	Albion Park	9.56
2	Ellie Veerhuis	Wollongong City	10.74
3	Kaliah Tindall	Albion Park	12.07
4	Amelia Och	Northern Illawarra	12.15
5	Laylah Connelly	St Georges Basin	12.54
6	Natalia Horsley	Wagga Wagga	12.75
7	Maddie Cooper	West Wyalong	12.77
8	Ruby Bagnell	Bowral	14.02

Girls U 13 - 80 Metre Hurdles (76cm)

=====			
Region:	R 13.00	18/02/2007	Karra-Lee Nolan, Lake Illawar
State:	S 12.26	15/02/2015	Mia Hemsworth, Ku-Ring-Gai
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Kailee Moore	Wollongong City	14.08Q
2	Eliza Schweitzer	Kiama	15.05Q
3	Ruby Faughlin	Dapto	16.07Q
4	Jada Schillert	Lake Illawarra	17.47q
5	Ella Lawrence	Temora	20.26

Heat 2 Heats

1	Ashlyn Adams	Wollongong City	13.46Q
2	Abby Faughlin	Dapto	15.96Q
3	Hannah Brian	Shoalhaven	17.41Q
4	Bethany Horton	Dapto	17.62q

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 13 - 80 Metre Hurdles (76cm)**

5 Tayla Learoyd	Koorringal Wagga	18.69
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Girls U 13 - 80 Metre Hurdles (76cm)

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=====
Region: R 13.00 18/02/2007 Karra-Lee Nolan, Lake Illawar
State: S 12.26 15/02/2015 Mia Hemsworth, Ku-Ring-Gai
Name           Age Centre           Final
=====

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Section 1 Final

1 Ashlyn Adams	Wollongong City	13.06
2 Kailee Moore	Wollongong City	13.36
3 Eliza Schweitzer	Kiama	14.73
4 Ruby Faughlin	Dapto	14.84
5 Abby Faughlin	Dapto	15.63
6 Jada Schillert	Lake Illawarra	16.92
7 Hannah Brian	Shoalhaven	16.95
8 Bethany Horton	Dapto	17.40

Girls U 14 - 80 Metre Hurdles (76cm)

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=====
Region: R 12.40 19/02/2012 Susie Seitaridis, Lake Illawa
State: S 11.94 19/03/2006 Carly Rodger, Port Hacking
Name           Age Centre           Heats
=====

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Heat 1 Heats

1 Chloe Mawson	Wollongong City	13.83Q
2 Abby Cox	Albion Park	14.12Q
3 Madeline Stout	Finley	14.53Q
4 Jasmine Shakeshaft	Bowral	15.07q
5 Leila Christofides	Wollongong City	15.11

Heat 2 Heats

1 Georgia Hallam	Wagga Wagga	13.89Q
2 Rebecca Mills	Wollongong City	14.14Q
3 Jayda Amidzovski	Albion Park	14.34Q
4 Brooke McCabe	Wollongong City	14.39q
5 Karla Nicholls	Finley	18.39

Girls U 14 - 80 Metre Hurdles (76cm)

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=====
Region: R 12.40 19/02/2012 Susie Seitaridis, Lake Illawa
State: S 11.94 19/03/2006 Carly Rodger, Port Hacking
Name           Age Centre           Final
=====

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Section 1 Final

1 Chloe Mawson	Wollongong City	13.57
2 Georgia Hallam	Wagga Wagga	13.68
3 Rebecca Mills	Wollongong City	13.76
4 Abby Cox	Albion Park	13.79
5 Jayda Amidzovski	Albion Park	14.21
6 Brooke McCabe	Wollongong City	14.24
7 Jasmine Shakeshaft	Bowral	14.93
8 Madeline Stout	Finley	15.27

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 15 - 90 Metre Hurdles (76cm)**

Name	Age	Centre	Final
Region: R 13.70 18/02/2007 Janaya Zivkovic, Kiama			
State: S 12.44 3/03/2007 Carly Rodger, Port Hacking			

Section 1

1	Grace Adams	Wollongong City	13.91
2	Kirra Bennett-Smith	Wollondilly	14.51
3	Ella Cleal-Cook	Kiama	14.98
4	Sarah Walker	Dapto	15.14
5	Isabella Halls	St Georges Basin	20.15
6	Felicity Hector	St Georges Basin	21.85

Girls U 17 - 100 Metre Hurdles (76cm)

Name	Age	Centre	Final
Region: R 14.50 22/02/2009 Talissa Scott, Kiama			
State: S 13.87 21/03/2010 Michelle Jenneke, Cherrybrook			

1	Maggie Tomlinson	Kiama	18.43
2	Emma Hutchison	Lake Illawarra	20.34
3	Gabrielle Marriott	Lake Illawarra	20.47

Girls U 13 - 200 Metre Hurdles (68cm)

Name	Age	Centre	Heats
Region: R 28.80 20/02/1993 Skye Richardson, Lake Illawar			
State: S 28.10 18/03/2017 Tiahna Skelton, Wallsend RSL			

Heat 1 Heats

1	Ashlyn Adams	Wollongong City	31.21Q
2	Ruby Faughlin	Dapto	32.37Q
3	Eliza Schweitzer	Kiama	33.98Q
4	Jada Schillert	Lake Illawarra	35.13q
5	Ella Lawrence	Temora	39.10

Heat 2 Heats

1	Kailee Moore	Wollongong City	30.85Q
2	Abby Faughlin	Dapto	32.74Q
3	Nikki Taylor	Northern Illawarra	34.01Q
4	Tayla Learoyd	Koorringal Wagga	35.39q
5	Taylah Hurst	Lake Illawarra	35.44

Girls U 13 - 200 Metre Hurdles (68cm)

Name	Age	Centre	Final
Region: R 28.80 20/02/1993 Skye Richardson, Lake Illawar			
State: S 28.10 18/03/2017 Tiahna Skelton, Wallsend RSL			

Section 1 Final

1	Kailee Moore	Wollongong City	29.25
2	Ashlyn Adams	Wollongong City	29.77
3	Eliza Schweitzer	Kiama	31.84
4	Ruby Faughlin	Dapto	32.60
5	Abby Faughlin	Dapto	33.03
6	Nikki Taylor	Northern Illawarra	33.97
7	Jada Schillert	Lake Illawarra	34.92
8	Tayla Learoyd	Koorringal Wagga	35.29

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 14 - 200 Metre Hurdles (76cm)**

Name	Age	Centre	Heats
Region: R 28.90	20/02/1994	Skye Richardson, Lake Illawar	
State: S 27.04	18/03/2006	Carly Rodger, Port Hacking	

Heat 1 Heats

1 Georgia Hallam		Wagga Wagga	30.66Q
2 Lara Check		Shoalhaven	30.71Q
3 Brooke McCabe		Wollongong City	31.24Q
4 Chloe Mawson		Wollongong City	31.93q
5 Victoria Summerill		Albion Park	34.13

Heat 2 Heats

1 Rebecca Mills		Wollongong City	30.53Q
2 Abby Cox		Albion Park	32.47Q
3 Jayda Amidzovski		Albion Park	32.63Q
4 Alyssa Cassar		Dapto	32.99q
5 Leila Christofides		Wollongong City	34.01

Girls U 14 - 200 Metre Hurdles (76cm)

Name	Age	Centre	Final
Region: R 28.90	20/02/1994	Skye Richardson, Lake Illawar	
State: S 27.04	18/03/2006	Carly Rodger, Port Hacking	

Section 1 Final

1 Georgia Hallam		Wagga Wagga	30.24
2 Lara Check		Shoalhaven	30.44
3 Rebecca Mills		Wollongong City	30.53
4 Brooke McCabe		Wollongong City	30.63
5 Chloe Mawson		Wollongong City	32.59
6 Jayda Amidzovski		Albion Park	32.98
7 Abby Cox		Albion Park	33.29
8 Alyssa Cassar		Dapto	33.83

Girls U 15 - 300 Metre Hurdles (76cm)

Name	Age	Centre	Final
Region: R 58.20	11/02/2017	Madeline Walshe, Wagga Wagga	
State: S 45.01	18/03/2017	Elene Christian, Illawong	

Section 1

1 Sarah Walker		Dapto	49.04R
2 Grace Adams		Wollongong City	51.39R
3 Ella Cleal-Cook		Kiama	53.83R
4 Isabella Halls		St Georges Basin	58.01R
5 Ruby Keen		Lake Illawarra	1:01.71

Girls U 17 - 300 Metre Hurdles (76cm)

Name	Age	Centre	Final
Region: R 50.40	11/02/2017	Maya Francis, Wollongong City	
State: S 44.38	18/03/2017	Scarlett Pye, Inner West	

1 Mikayla Check		Shoalhaven	50.49
2 Emma Hutchison		Lake Illawarra	56.73
3 Madeline Walshe		Wagga Wagga	1:03.83

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 8-10 100 Metre Run Para**

Name	Age Centre	Final
1 Isobella Kentwell	Young & District	36.38

Girls U 11-12 100 Metre Run Para

Name	Age Centre	Final
1 Charlize Colwell	Wollongong City	18.76

Girls U 9-12 4x100 Metre Relay (Jnr)

Region:	R 58.00	21/02/2003	Lake Illawarra, Lake Illawarr
State:	S 54.62	25/03/2012	Manly Warringah
Centre			Final
1 Wollongong City			56.91R
1) Kaitlyn Williams 9		2) Chelsy Wayne 10	
3) Holly Rea 11		4) Chelsea Ezeoke 12	
2 Albion Park			1:02.32
1) Maiya Hewitt 9		2) Charlotte Kerr 10	
3) Ella Hewitt 11		4) Delta Amidzovski 12	
3 Dapto			1:03.23
1) Arika English 9		2) Brooke Plummer 10	
3) Brielle Masters 11		4) Caley Tallon-Henniker 12	
4 Shoalhaven			1:04.09
1) Jasmine Wheeler 9		2) Alisha Mustapic 11	
3) Emily McLaren 10		4) Emma Whitehouse 12	
5 Koorringal Wagga			1:07.29
1) Inez McPherson 9		2) Grace Oti 10	
3) Elizabeth Dumpleton 11		4) Elisa Cook 12	

Girls U 12-17 4x100 Metre Relay (Snr)

Region:	R 51.60	22/02/2009	Albion Park, Albion Park
State:	S 48.69	24/03/2013	Manly Warringah
Centre			Final
1 Wollongong City			52.79
1) Kailee Moore 13		2) Tanaya Necovski 14	
3) Emer Spiers 15		4) Claudia Pierro 17	
2 Shoalhaven			53.14
1) Hannah Brian 13		2) Lara Check 14	
3) Lily Wheeler 15		4) Mikayla Check 17	
3 Kiama			55.22
1) Eliza Schweitzer 13		2) Georgia Richards 14	
3) Ella Cleal-Cook 15		4) Alicia Burazin 17	
4 Dapto			55.94
1) Abby Faughlin 13		2) Alyssa Cassar 14	
3) Sarah Walker 15		4) Ruby Faughlin 13	

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 9 - High Jump (S/H 0.85m)**

=====			
Region: R 1.20m		21/02/2015	Manuela Piljevic, Wollongong
State: S 1.39m		24/03/2012	Tomysha Clark, Port Hacking
Name	Age	Centre	Final
=====			
Flight 1			
1	Maiya Hewitt	Albion Park	1.09m
2	Emily Benefiel	Wollongong City	1.02m
3	Elena Piljevic	Wollongong City	0.95m
3	Georgia Walker	Dapto	0.95m
3	Lily Heckenberg	St Georges Basin	0.95m
3	Natarsha Mandavy	St Georges Basin	0.95m
7	Madeleine Glenn	Leeton	0.90m
8	Megan Callcut	Griffith & District	0.85m
8	Talia-Rose Fanning	Koorringal Wagga	0.85m
8	Alynta Watts	Griffith & District	0.85m
--	Skye Bezuidenhout	Dapto	FAIL

Girls U 10 - High Jump (S/H 0.95m)

=====			
Region: R 1.42m		20/02/1998	Sophia Begg, Bowral
State: S 1.47m		24/03/2013	Tomysha Clark, Port Hacking
Name	Age	Centre	Final
=====			
1	Scarlett Sears	Bowral	1.18m
2	Brooke Plummer	Dapto	1.12m
3	Olivia Otsyula	Northern Illawarra	1.10m
3	Zali Wheatley	Wagga Wagga	1.10m
3	Olivia O'Neill	Lake Illawarra	1.10m
6	Abby Quick	Lake Illawarra	1.05m
7	Annabella Hood	Wagga Wagga	1.00m

Girls U 11 - High Jump (S/H 1.05m)

=====			
Region: R 1.44m		20/02/1999	Sophia Begg, Wollondilly
State: S 1.55m		22/03/2014	Tomysha Clark, Port Hacking
Name	Age	Centre	Final
=====			
1	Tahlia O'Brien	Wollongong City	1.32m
2	Annabelle Healey	Milton-Ulladulla	1.28m
3	Brielle Masters	Dapto	1.24m
4	Hailey Deacon	Northern Illawarra	1.22m
5	Lydia Ross-Anderson	Corowa	1.10m
5	Olivia Davis	Shoalhaven	1.10m
5	Matilda Cook	Koorringal Wagga	1.10m
8	Amelia Weatherlake	Kiama	1.05m

Girls U 12 - High Jump (S/H 1.15m)

=====			
Region: R 1.54m		19/02/2006	Tayla King, Albion Park
State: S 1.65m		20/03/2015	Tomysha Clark, Port Hacking
Name	Age	Centre	Final
=====			
1	Claudia Wheatley	Wagga Wagga	1.46m
1	Sienna Burke	Finley	1.46m
3	Delta Amidzovski	Albion Park	1.43m
4	Cailee Melfi	Wollongong City	1.40m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 12 - High Jump (S/H 1.15m)**

5 Holly Roach	Wagga Wagga	1.32m
6 Jasmine Burke	Finley	1.25m
6 Jamaya Wayne	Wollongong City	1.25m
8 Stella Coppolino	Corowa	1.20m
9 Abbey Wallace	Bowral	1.15m
9 Tayla Magill	Finley	1.15m

Girls U 13 - High Jump (S/H 1.20m)

=====			
Region:	R 1.61m	20/02/1996	L. Hugan, Orange
State:	S 1.80m	22/03/1987	Sonja Wennekes, Sutherland
Name	Age	Centre	Final
=====			
1 Emma Otsyula	Northern Illawarra	1.42m	
2 Taylah Hurst	Lake Illawarra	1.38m	
3 Lili Demello	Northern Illawarra	1.35m	
4 Kailee Moore	Wollongong City	1.30m	
4 Bethany Horton	Dapto	1.30m	
6 Hannah Hosking	Lake Illawarra	1.25m	
6 Nikki Taylor	Northern Illawarra	1.25m	
8 Sienna Bell	Kiama	1.20m	
8 Ruby Faughlin	Dapto	1.20m	

Girls U 14 - High Jump (S/H 1.25m)

=====			
Region:	R 1.66m	17/02/2008	Tayla King, Albion Park
State:	S 1.75m	19/03/2006	Mia McKinnon, Port Hacking
State:	S 1.75m	18/03/2007	Amy Pejkoivic, Cherrybrook
Name	Age	Centre	Final
=====			
1 Lara Check	Shoalhaven	1.63m	
2 Maya Bos-Woods	Bowral	1.61m	
3 Georgia Hallam	Wagga Wagga	1.50m	
4 Sophie Bowley	Temora	1.45m	
4 Brooke McCabe	Wollongong City	1.45m	
6 Karla Nicholls	Finley	1.25m	

Girls U 15 - High Jump (S/H 1.25m)

=====			
Region:	R 1.73m	20/02/1998	L. Hugan, Orange
State:	S 1.80m	16/03/2008	Amy Pejkoivic, Cherrybrook
Name	Age	Centre	Final
=====			
1 Lily Wheeler	Shoalhaven	1.54m	
1 Ava Jones	Bowral	1.54m	
3 Sarah Walker	Dapto	1.45m	
4 Ruby Keen	Lake Illawarra	1.35m	
5 Chantelle Coleman	Temora	1.25m	
-- Tiarn Wilesmith	Lockhart	FAIL	

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 17 - High Jump (S/H 1.30m)**

Name	Age	Centre	Final
Region: R 1.70m 21/02/2010 Emily Crutcher, Grenfell			
Region: R 1.70m 20/02/2011 Emily Crutcher, Grenfell			
State: S 1.84m 21/03/2010 Emily Crutcher, Grenfell			
Name	Age	Centre	Final
1 Rosie Tozer		Wollongong City	1.66m
2 Holly Murphy		Lockhart	1.58m
3 Phoebe White		Griffith & District	1.56m
4 Mikayla Dejong		Albion Park	1.40m
5 Alicia Burazin		Kiama	1.30m
-- Laura Tugrul		Dapto	NH

Girls U 8 - Long Jump

Name	Age	Centre	Final
Region: R 3.78m 20/02/2001 Rebecca Mounsey, Lake Illawar			
State: S 4.17m 2/03/1986 Danya Kerr, Winston Hills			
Name	Age	Centre	Final
1 Amarli Robinson		Shoalhaven	3.35m
2 Charli Speers		Koorringal Wagga	3.21m
3 Elizabeth Suthers		Wollongong City	3.18m
4 Lily Paton		Leeton	3.12m
5 Pearl Stravoskoufis		Bowral	2.99m
6 Cadence Hardy		Dapto	2.94m
7 Sienna Everson		Temora	2.81m
8 Freya Ciugureanu		Wollongong City	2.79m
9 Myer Mescia		Koorringal Wagga	2.77m
10 Sasha Curry		Temora	2.60m
11 Amanda Hopkins		Leeton	2.55m
12 Phoenix Kember		Leeton	2.45m
13 Chloe Richards		Lake Illawarra	2.41m

Girls U 9 - Long Jump

Name	Age	Centre	Final
Region: R 4.13m 20/02/1990 S. Berry, Tumut			
State: S 4.42m 16/03/1985 Selina Dundas, Armidale			
Name	Age	Centre	Final
1 Jasmine Wheeler		Shoalhaven	3.80m
2 Maiya Hewitt		Albion Park	3.51m
3 Charlotte Withers		Bowral	3.46m
4 Inez McPherson		Koorringal Wagga	3.38m
5 Indiana Cole		Koorringal Wagga	3.26m
6 Lilea Seville		Bowral	3.25m
7 Madeleine Glenn		Leeton	3.17m
8 Emily Benefiel		Wollongong City	3.16m
9 Haylee Connelly		St Georges Basin	3.08m
10 Olivia Knowles		Shoalhaven	2.88m
11 Addison Clarke		Finley	2.69m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 10 - Long Jump**

=====			
Region: R 4.47m		13/02/2016	Delta Amidzovski, Albion Park
State: S 4.75m		24/03/1991	Rosemary Hayward, Wyong
Name	Age	Centre	Final
=====			
1	Chelsy Wayne	Wollongong City	3.88m
2	Grace Krause	Temora	3.86m
3	Emily Looby	Leeton	3.82m
4	Jasmine Snow	Kiama	3.78m
5	Mikaela Markovski	Albion Park	3.52m
6	Brooke Plummer	Dapto	3.43m
7	Scarlett Sears	Bowral	3.37m
7	Chelsea Groves	Northern Illawarra	3.37m
9	Jamie-Lea Anderson	Lake Illawarra	3.34m
10	Zali Wheatley	Wagga Wagga	3.25m
11	Annabella Hood	Wagga Wagga	3.20m
12	Malia Cummins	Kiama	3.15m
13	Mackenzie Lee	Leeton	3.00m
14	Elysha Davis	Shoalhaven	2.59m

Girls U 11 - Long Jump

=====			
Region: R 4.50m		20/02/1998	A. McDonald, Wollongong City
State: S 4.97m		20/03/2011	Chyna Tavai-Williams, Banksto
Name	Age	Centre	Final
=====			
1	Jaleesa Smith	Milton-Ulladulla	4.05m
2	Chelsea McComb	Tumut & District	4.04m
3	Ella Hewitt	Albion Park	3.91m
4	Keira Rejske	Northern Illawarra	3.76m
5	Bronte Bunch	Wollongong City	3.70m
6	Rose Stuart	Northern Illawarra	3.59m
7	Elizabeth Dumbleton	Koorringal Wagga	3.56m
8	Noumea Kember	Leeton	3.54m
9	Grace Shakeshaft	Bowral	3.34m
10	Daniela Naccari	Northern Illawarra	3.30m
11	Lucy Coughlan	Griffith & District	3.11m
--	Annabelle Healey	Milton-Ulladulla	FOUL

Girls U 12 - Long Jump

=====			
Region: R 4.93m		20/02/2010	Chloe Docker, Albion Park
State: S 5.42m		16/03/1986	Tracy Blackburn, Kurri Kurri
Name	Age	Centre	Final
=====			
1	Delta Amidzovski	Albion Park	4.73m
2	Imogen Harrison	Albion Park	4.38m
3	Claudia Wheatley	Wagga Wagga	4.22m
3	Maria Paseka	Dapto	4.22m
5	Caley Tallon-Henniker	Dapto	4.20m
6	Laylah Connelly	St Georges Basin	3.92m
7	Emily Baulch	Leeton	3.90m
8	Abbey Wallace	Bowral	3.75m
9	Emily Howarth	Dapto	3.68m
10	Amelia Och	Northern Illawarra	3.59m
11	Kaliah Tindall	Albion Park	3.42m
12	Erica Nicholls	Finley	3.01m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 12 - Long Jump**

13 Mikalie Vearing	Narrandera	2.53m
14 Jorja Winfield	Temora	2.47m

Girls U 13 - Long Jump

=====			
Region:	R 5.16m	20/02/1991	L. Richardson, Dubbo
State:	S 5.51m	24/03/1991	Leanne Richardson, Dubbo
Name	Age	Centre	Final
=====			
1	Kailee Moore	Wollongong City	4.63m
2	Ruby Faughlin	Dapto	4.24m
3	Eliza Schweitzer	Kiama	4.17m
4	Abby Faughlin	Dapto	4.06m
5	Taylah Hurst	Lake Illawarra	3.93m
6	Millie Rees	West Wyalong	3.85m
7	Jada Schillert	Lake Illawarra	3.62m
8	Savera Tanuvasa	Griffith & District	3.21m

Girls U 14 - Long Jump

=====			
Region:	R 5.38m	16/02/2013	Teghan Barklay, Wollongong Ci
State:	S 5.87m	18/03/2017	Tomysha Clark, Port Hacking
Name	Age	Centre	Final
=====			
1	Lara Check	Shoalhaven	4.93m
2	Lauren Percival	Milton-Ulladulla	4.87m
3	Sophie Bowley	Temora	4.76m
3	Sophie Hallam	Wagga Wagga	4.76m
5	Georgia Richards	Kiama	4.74m
6	Jasmine Shakeshaft	Bowral	4.58m
7	Jayda Amidzovski	Albion Park	4.43m
8	Maya Bos-Woods	Bowral	4.42m
9	Victoria Summerill	Albion Park	4.20m
10	Isabella Kelly	Finley	4.09m
11	Brooke McCabe	Wollongong City	4.03m
12	Madeline Stout	Finley	3.99m
13	Leila Christofides	Wollongong City	3.96m
14	Karla Nicholls	Finley	3.59m

Girls U 15 - Long Jump

=====			
Region:	R 5.48m	21/02/2009	Tayla King, Albion Park
State:	S 5.80m	19/03/2005	Jacinta Doyle, Port Hacking
Name	Age	Centre	Final
=====			
1	Hannah Crinnion	Wollongong City	5.03m
2	Kirra Bennett-Smith	Wollondilly	4.94m
3	Alyssa Parks	Wollongong City	4.89m
4	Lily Wheeler	Shoalhaven	4.63m
5	Sarah Walker	Dapto	4.17m
6	Chantelle Coleman	Temora	4.15m
7	Tiarn Wilesmith	Lockhart	4.10m
8	Isabella Halls	St Georges Basin	4.03m
9	Sarah Deaner	Wagga Wagga	3.90m
10	Sarah Culla	Griffith & District	3.61m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 17 - Long Jump**

=====			
Region: R 5.70m 21/02/2009 Talissa Scott, Kiama			
State: S 5.84m 22/03/2013 Audrey Kyriacou, Randwick Bot			
Name	Age	Centre	Final
=====			
1 Hannah Clarke		Leeton	4.77m
2 Phoebe White		Griffith & District	4.65m
3 Rosie Tozer		Wollongong City	4.63m
4 Emma McDonald		St Georges Basin	4.60m
5 Alicia Burazin		Kiama	4.44m
6 Nikita Freeburn		Lake Illawarra	4.27m
7 Holly Murphy		Lockhart	4.10m
8 Claudia Pierro		Wollongong City	3.92m
9 Madeline Walshe		Wagga Wagga	3.79m
10 Shaylee Crowe		Dapto	3.05m

Girls U 11 - Triple Jump

=====			
Region: R 9.32m 20/02/1997 M. Thornton, Wollondilly			
State: S 10.38m 21/03/2004 Rebecca Mounsey, Albion Park			
Name	Age	Centre	Final
=====			
1 Chelsea McComb		Tumut & District	8.43m
2 Ella Hewitt		Albion Park	7.94m
3 Elizabeth Dumbleton		Koorringal Wagga	7.82m
4 Lucy Coughlan		Griffith & District	6.86m
5 Jessica Dover		Deniliquin	6.64m
6 Kyesha Miller		Lockhart	6.39m
7 Lydia Ross-Anderson		Corowa	6.01m
8 Mitalia Tanuvasa		Griffith & District	5.98m
9 Georgia Barnett		Deniliquin	5.88m
10 Alexia Lancaster		Temora	5.83m
11 Shania McKinnon		Young & District	5.61m

Girls U 12 - Triple Jump

=====			
Region: R 10.09m 20/02/2005 Rebecca Mounsey, Albion Park			
State: S 10.94m 20/03/1994 Amy Carpenter, Tuggerah Lake			
Name	Age	Centre	Final
=====			
1 Delta Amidzovski		Albion Park	9.69m
2 Caley Tallon-Henniker		Dapto	8.65m
3 Sienna Burke		Finley	8.64m
4 Imogen Harrison		Albion Park	8.57m
5 Emma Whitehouse		Shoalhaven	7.90m
6 Emily Baulch		Leeton	7.67m
7 Kaliah Tindall		Albion Park	7.65m
8 Elisa Cook		Koorringal Wagga	7.06m
9 Charli Ryan		Lake Illawarra	7.04m
10 Dakota Farn		Shoalhaven	6.79m
11 Zoe Harper		Temora	6.69m
12 Erica Nicholls		Finley	6.50m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 13 - Triple Jump**

Name	Age	Centre	Final
Region: R 10.94m	20/02/1991	L. Richardson, Dubbo	
Region: R 10.94m	20/02/2002	A. House, Koorringal Wagga	
State: S 11.27m	20/03/2016	Tomysa Clark, Port Hacking	
1 Kailee Moore		Wollongong City	9.67m
2 Nikki Taylor		Northern Illawarra	9.13m
3 Eliza Schweitzer		Kiama	9.10m
4 Olivia Grant		Wollongong City	8.67m
5 Jada Schillert		Lake Illawarra	8.16m
6 Harriet Priest		Koorringal Wagga	7.99m
7 Emma Otsyula		Northern Illawarra	7.82m
8 Bethany Horton		Dapto	7.47m
9 Ruby Faughlin		Dapto	7.27m
10 Tatiana Hathaway		Wagga Wagga	7.13m
11 Savera Tanuvasa		Griffith & District	6.96m

Girls U 14 - Triple Jump

Name	Age	Centre	Final
Region: R 11.28m	18/02/2007	Talissa Scott, Kiama	
State: S 12.15m	16/03/2003	Alyisha House, Koorringal Wag	
1 Sophie Hallam		Wagga Wagga	10.00m
2 Sophie Bowley		Temora	9.89m
3 Jayda Amidzovski		Albion Park	9.34m
4 Leila Christofides		Wollongong City	8.97m
5 Madeline Stout		Finley	8.75m
6 Karla Nicholls		Finley	8.21m

Girls U 15 - Triple Jump

Name	Age	Centre	Final
Region: R 12.30m	20/02/2004	A. House, Koorringal Wagga	
State: S 12.42m	21/03/2004	Alyisha House, Koorringal Wag	
1 Lily Wheeler		Shoalhaven	10.14m
2 Sarah Walker		Dapto	9.88m
3 Ava Jones		Bowral	9.54m
4 Isabella Halls		St Georges Basin	8.52m
5 Sarah Culla		Griffith & District	8.18m
6 Sarah Deaner		Wagga Wagga	8.09m
7 Tegan McKay		St Georges Basin	7.79m

Girls U 17 - Triple Jump

Name	Age	Centre	Final
Region: R 11.27m	22/02/2009	Talissa Scott, Kiama	
State: S 12.52m	31/01/2016	Jasmine Fountas, Randwick Bo	
1 Alicia Burazin		Kiama	9.86m
2 Hannah Clarke		Leeton	9.81m
3 Emma McDonald		St Georges Basin	9.64m
4 Holly Murphy		Lockhart	9.56m
5 Nikita Freeburn		Lake Illawarra	9.23m
6 Madeline Walshe		Wagga Wagga	9.00m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 17 - Triple Jump**

7	Emma Hutchison	Lake Illawarra	8.53m
8	Gabrielle Marriott	Lake Illawarra	8.40m
9	Laura Tugrul	Dapto	8.06m
10	Catherine Sawyer	Coolamon	7.85m

Girls U 8 - Shot Put (1.5 Kg)

=====			
Region: R 7.66m		14/02/2016	Chelsy Wayne, Wollongong City
State: S 8.52m		17/02/2002	Kristy Dingwall, Smithfield
Name	Age	Centre	Final
=====			
1	Chelsea Nicol	Albion Park	5.05m
2	Kewa Kahuroa	Wagga Wagga	5.01m
3	Ruby Kerr	Albion Park	4.84m
4	Kadance Naylor	St Georges Basin	4.59m
5	Elizabeth Davis	Shoalhaven	4.39m
6	Aroua Bray	Albion Park	4.31m
7	Maeve Whitten	Wollongong City	4.29m
8	Elizabeth Suthers	Wollongong City	4.19m
9	Chloe Musson	Shoalhaven	4.09m
9	Amanda Hopkins	Leeton	4.09m
11	Tehya Kelly	Finley	3.14m

Girls U 9 - Shot Put (2.0 Kg)

=====			
Region: R 9.18m		11/02/2017	Chelsy Wayne, Wollongong City
State: S 9.23m		1/03/2014	Maliyah Osbaldiston, Bankstow
Name	Age	Centre	Final
=====			
1	Kaelani Goolagong	Wagga Wagga	6.30m
2	Alynta Watts	Griffith & District	4.79m
3	Larni Winfield	Temora	4.59m
4	Tayla Wiki	Wollongong City	4.58m
4	Tayla Lawrence	Wagga Wagga	4.58m
6	Natarsha Mandavy	St Georges Basin	4.57m
7	Ailie Carroll	Wollondilly	4.42m
8	Lily O'Neill	Lake Illawarra	4.18m
9	Emily Hunter	Wollondilly	3.63m
10	Georgie Marks	Bowral	3.61m
11	Skye Bezuidenhout	Dapto	3.01m
12	Hayley Eade-Hollier	Griffith & District	2.97m

Girls U 10 - Shot Put (2.0 Kg)

=====			
Region: R 9.24m		14/02/2016	Chelsea Ezeoke, Albion Park
State: S 11.92m		19/02/2006	Filoi Aokuso, Blacktown
Name	Age	Centre	Final
=====			
1	Chelsy Wayne	Wollongong City	9.52mR
2	Krystal Ezeoke	Wollongong City	8.88m
3	Mikaela Markovski	Albion Park	6.98m
4	Kitale Kuron	Koorringal Wagga	6.13m
5	Zali Wheatley	Wagga Wagga	5.84m
6	Isabelle Hodgson	Kiama	5.73m
7	Geneviere Tozer	Wollongong City	5.41m
8	Georgia Ryan	Lake Illawarra	4.90m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****...Girls U 10 - Shot Put (2.0 Kg)**

9 Ella Ryan	Leeton	4.47m
10 Elysha Davis	Shoalhaven	4.42m
11 Matilda Sidebottom	Leeton	3.94m
12 Kirsty Richards	Wollondilly	3.47m

Girls U 11 - Shot Put (2.0 Kg)

=====			
Region:	R 11.93m	11/02/2017	Chelsea Ezeoke, Albion Park
State:	S 14.07m	18/03/2007	Filoi Aokuso, Blacktown
Name	Age	Centre	Final
=====			
1 Mitalia Tanuvasa		Griffith & District	8.07m
1 Jessica Dover		Deniliquin	8.07m
3 Amy Campbell		Wollongong City	7.90m
4 Georgia Barnett		Deniliquin	7.21m
5 Mackenzie Best		Dapto	7.15m
6 Tyla Smith		Tumut & District	6.96m
7 Talea Miller		Shoalhaven	6.88m
8 Rose Stuart		Northern Illawarra	6.73m
9 Chloe Daniel		Shoalhaven	6.59m
10 Montana Hathaway		Wagga Wagga	6.50m
11 Bela Seville		Bowral	6.29m
12 Cecilia Ucin		Koorringal Wagga	5.92m
13 Tahlia Bocking		Tumut & District	5.72m
14 Keira Rejske		Northern Illawarra	5.22m

Girls U 12 - Shot Put (2.0 Kg)

=====			
Region:	R 13.21m	22/02/2015	Lilly Hewitt, Narrandera
State:	S 16.19m	20/03/1988	Kylie Standing, Bankstown
Name	Age	Centre	Final
=====			
1 Chelsea Ezeoke		Wollongong City	12.95m
2 Chantelle Bourne		Young & District	9.01m
3 Natalia Horsley		Wagga Wagga	8.97m
4 Alana McGarry		Lake Illawarra	8.96m
5 Shelby Nevinson		Deniliquin	7.79m
6 Jorja Winfield		Temora	7.54m
7 Maddie Cooper		West Wyalong	7.23m
8 Elisa Cook		Koorringal Wagga	7.02m
9 Keira Watt		St Georges Basin	6.72m
10 Stella Coppolino		Corowa	6.69m
11 Jayla Beresford		Shoalhaven	6.19m
12 Nakita Boatswain		Shoalhaven	5.21m

Girls U 13 - Shot Put (3.0 Kg)

=====			
Region:	R 12.05m	20/02/1996	S. Wood, Lithgow
State:	S 14.95m	24/03/2012	Grace Robinson, St George
Name	Age	Centre	Final
=====			
1 Hannah Liakatos		Wagga Wagga	8.23m
2 Savera Tanuvasa		Griffith & District	7.67m
3 Lilli Campbell		Wollongong City	7.18m
4 Taylah Hurst		Lake Illawarra	6.75m
5 Bethany Horton		Dapto	6.32m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 13 - Shot Put (3.0 Kg)**

6	Tatiana Hathaway	Wagga Wagga	6.17m
7	Hannah Hosking	Lake Illawarra	5.75m
8	Shantae Clark	Temora	5.19m

Girls U 14 - Shot Put (3.0 Kg)

=====			
Region: R 13.05m 11/02/2017 Lilly Hewitt, Narrandera			
State: S 15.94m 22/03/2013 Grace Robinson, St George			
Name	Age	Centre	Final
=====			
1	Jackie Lenartowicz	Wollongong City	9.29m
2	Kristi Babic	Lake Illawarra	8.41m
3	Kaylah Edwards	Young & District	7.75m
4	Jade Cooper	Leeton	7.71m
4	Isabella Kelly	Finley	7.71m
6	Casey Smith	Tumut & District	7.52m
7	Alicia Deaner	Wagga Wagga	6.97m
8	Hannah Reid-O'Brien	Wollongong City	6.17m
9	Madison Watt	St Georges Basin	5.87m
10	Alyssa Cassar	Dapto	5.70m

Girls U 15 - Shot Put (3.0 Kg)

=====			
Region: R 13.56m 21/02/2010 Rachelle Grozde, Albion Park			
State: S 15.25m 16/02/2014 Grace Robinson, St George			
Name	Age	Centre	Final
=====			
1	Lily Hewitt	Narrandera	13.56mR
2	Kirra Bennett-Smith	Wollondilly	10.36m
3	Janna Hadaya	Wollongong City	8.95m
4	Hannah Crinnion	Wollongong City	8.66m
5	Belinda Barnes	Dapto	8.03m
6	Ruby Keen	Lake Illawarra	7.70m
7	Ella Cleal-Cook	Kiama	7.29m
8	Sarah Culla	Griffith & District	7.21m
9	Ella Gunning	Kiama	6.52m
10	Felicity Hector	St Georges Basin	6.20m

Girls U 17 - Shot Put (3.0 Kg)

=====			
Region: R 13.25m 17/02/2013 Chelsea Lenarduzzi, Bowral			
State: S 16.29m 18/02/2012 Taylah Sengul, Nepean			
Name	Age	Centre	Final
=====			
1	Kelsy Hislop	Finley	10.15m
2	Catherine Sawyer	Coolamon	9.61m
2	Ebony Johnson	Shoalhaven	9.61m
4	Ashleigh Hogg	Wollongong City	8.43m
5	Shaylee Crowe	Dapto	7.92m
6	Hayley Waine	Lake Illawarra	7.83m
7	Jasmine Irving	Bowral	7.63m
8	Gabrielle Marriott	Lake Illawarra	7.54m
9	Emma Hutchison	Lake Illawarra	6.73m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 8 - Discus (500 Gram)**

=====			
Region: R 22.72m		20/02/2010	Leia Varley, Finley
State: S 24.42m		23/11/2003	Taylah Sengul, Winston Hills
Name	Age	Centre	Final
=====			
1	Kewa Kahuroa	Wagga Wagga	13.04m
2	Freya Ciugureanu	Wollongong City	12.96m
3	Chloe Richards	Lake Illawarra	12.28m
4	Kadance Naylor	St Georges Basin	11.71m
5	Tehya Kelly	Finley	10.80m
6	Chelsea Nicol	Albion Park	10.69m
7	Sienna Everson	Temora	10.62m
8	Myra Betts	Shoalhaven	10.37m
9	Lily Cassar	Lake Illawarra	9.00m
10	Chloe Musson	Shoalhaven	8.85m
11	Imogen Anderson	Wollongong City	8.37m
12	Cadence Hardy	Dapto	8.09m
13	Taryn Smith-Benham	Lake Illawarra	7.16m

Girls U 9 - Discus (500 Gram)

=====			
Region: R 27.97m		12/02/2017	Chelsy Wayne, Wollongong Cit
State: S 31.22m		28/11/2004	Filoi Aokuso, Blacktown
Name	Age	Centre	Final
=====			
1	Ellena Halloran	Leeton	15.31m
2	Larni Winfield	Temora	14.96m
3	Kaitlyn Williams	Wollongong City	13.47m
4	Charlotte Withers	Bowral	13.21m
5	Alynta Watts	Griffith & District	11.90m
6	Georgia Walker	Dapto	11.78m
7	Ailie Carroll	Wollondilly	11.49m
8	Hayley Eade-Hollier	Griffith & District	10.51m
9	Emily Hunter	Wollondilly	9.95m
10	Tayla Lawrence	Wagga Wagga	9.93m
11	Olivia Knowles	Shoalhaven	9.48m
12	Addison Clarke	Finley	7.63m
13	Natarsha Mandavy	St Georges Basin	7.42m
14	Tayla Wiki	Wollongong City	6.92m
15	Kaelani Goolagong	Wagga Wagga	4.62m

Girls U 10 - Discus (500 Gram)

=====			
Region: R 29.80m		16/02/2008	Molly Darrington, Narrandera
State: S 37.22m		16/03/1985	Michelle Haage, Bankstown
Name	Age	Centre	Final
=====			
1	Chelsy Wayne	Wollongong City	30.30mR
2	Kitale Kuron	Koorringal Wagga	19.85m
3	Mikaela Markovski	Albion Park	18.35m
4	Emily Looby	Leeton	16.01m
5	Annabella Hood	Wagga Wagga	15.69m
6	Elysha Davis	Shoalhaven	15.55m
7	Emily McLaren	Shoalhaven	15.45m
8	Matilda Sidebottom	Leeton	14.42m
9	Chelsea McKenzie	Temora	12.79m
10	Mia Cameron	Finley	12.47m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 10 - Discus (500 Gram)**

11	Zoe Meyers	Albion Park	10.92m
12	Grace Oti	Koorringal Wagga	10.65m
13	Kirsty Richards	Wollondilly	10.46m

Girls U 11 - Discus (750 Gram)

=====			
Region: R 30.21m		17/02/2013	Leia Varley, Finley
State: S 39.03m		7/03/2010	Grace Robinson, St George
Name	Age	Centre	Final
=====			
1	Talea Miller	Shoalhaven	21.72m
2	Mitalia Tanuvasa	Griffith & District	21.14m
3	Olivia Davis	Shoalhaven	20.61m
4	Jessica Dover	Deniliquin	20.20m
5	Montana Hathaway	Wagga Wagga	19.84m
6	Tyla Smith	Tumut & District	19.56m
7	Brielle Masters	Dapto	18.87m
8	Georgia Barnett	Deniliquin	18.15m
9	Hailey Deacon	Northern Illawarra	16.39m
10	Chloe Daniel	Shoalhaven	14.66m
11	Zoe Simpson	Northern Illawarra	13.85m
12	Tahlia Bocking	Tumut & District	13.56m
13	Cecilia Ucin	Koorringal Wagga	11.73m
14	Lydia Ross-Anderson	Corowa	11.53m

Girls U 12 - Discus (750 Gram)

=====			
Region: R 34.52m		20/02/1998	M. Kendall, Wagga Wagga PCYC
State: S 46.19m		15/03/2008	Filoi Aokuso, Blacktown
Name	Age	Centre	Final
=====			
1	Jamaya Wayne	Wollongong City	28.96m
2	Alana McGarry	Lake Illawarra	25.36m
3	Maddie Cooper	West Wyalong	23.33m
4	Calany Meyers	Albion Park	22.33m
5	Natalia Horsley	Wagga Wagga	22.19m
6	Elisa Cook	Koorringal Wagga	19.51m
7	Chantelle Bourne	Young & District	19.37m
8	Shelby Nevinson	Deniliquin	19.26m
9	Jayla Beresford	Shoalhaven	17.03m
10	Keira Watt	St Georges Basin	16.08m
11	Tyla Hurst	Albion Park	15.81m
12	Abbey Wallace	Bowral	15.26m
13	Ruby Bagnell	Bowral	15.08m
14	Jasmine Burke	Finley	13.57m
15	Stella Coppolino	Corowa	13.38m

Girls U 13 - Discus (750 Gram)

=====			
Region: R 46.51m		22/02/2015	Leia Varley, Finley
State: S 49.57m		20/03/2009	Taylah Sengul, Winston Hills
Name	Age	Centre	Final
=====			
1	Hannah Liakatos	Wagga Wagga	28.18m
2	Olivia Grant	Wollongong City	22.09m
3	Shantae Clark	Temora	21.65m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 13 - Discus (750 Gram)**

4	Jayde Gitto	Wollongong City	21.26m
5	Bethany Horton	Dapto	21.12m
6	Savera Tanuvasa	Griffith & District	20.63m
7	Hannah Hosking	Lake Illawarra	18.42m
8	Sienna Bell	Kiama	16.08m
9	Olivia Galea	Dapto	15.74m
10	Taylah Hurst	Lake Illawarra	10.97m

Girls U 14 - Discus (1.0 Kg)

=====			
Region: R 38.59m 17/02/2013 Samantha Peace, Shoalhaven			
State: S 45.39m 20/03/2016 Sally Shokry, Hills District			
Name	Age	Centre	Final
=====			
1	Demi Leighton	Leeton	28.54m
2	Isabella Kelly	Finley	24.97m
3	Jackie Lenartowicz	Wollongong City	24.70m
4	Casey Smith	Tumut & District	21.38m
5	Kaylah Edwards	Young & District	21.05m
6	Jade Cooper	Leeton	20.06m
7	Leila Christofides	Wollongong City	18.49m
8	Kristi Babic	Lake Illawarra	18.48m
9	Victoria Summerill	Albion Park	16.16m
10	Maya Bos-Woods	Bowral	15.57m
11	Arian Lopreiato	Albion Park	14.23m
12	Hannah Reid-O'Brien	Wollongong City	13.51m

Girls U 15 - Discus (1.0 Kg)

=====			
Region: R 43.93m 15/02/2014 Samantha Peace, Shoalhaven			
State: S 48.18m 29/11/1995 Katrina Steele, Springwood			
Name	Age	Centre	Final
=====			
1	Lily Hewitt	Narrandera	34.89m
2	Kirra Bennett-Smith	Wollondilly	30.87m
3	Ruby Keen	Lake Illawarra	25.00m
4	Felicity Hector	St Georges Basin	18.29m
5	Ella Cleal-Cook	Kiama	18.07m
6	Isabella Halls	St Georges Basin	17.03m
7	Tegan McKay	St Georges Basin	15.79m
8	Sarah Culla	Griffith & District	12.79m
--	Belinda Barnes	Dapto	FOUL

Girls U 17 - Discus (1.0 Kg)

=====			
Region: R 48.60m 13/02/2016 Samantha Peace, Shoalhaven			
State: S 48.65m 17/02/2012 Taylah Sengul, Nepean			
Name	Age	Centre	Final
=====			
1	Madeline Walshe	Wagga Wagga	28.32m
2	Ebony Johnson	Shoalhaven	25.44m
3	Kelsy Hislop	Finley	22.81m
4	Catherine Sawer	Coolamon	21.84m
5	Ashleigh Hogg	Wollongong City	20.33m
6	Shaylee Crowe	Dapto	17.56m
7	Hayley Waine	Lake Illawarra	17.45m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 8-10 Discus Para**

Name	Age Centre	Final
1 Isobella Kentwell	Young & District	2.71m

Girls U 11-12 Discus Para

Name	Age Centre	Final
1 Charlize Colwell	Wollongong City	7.22m

Girls U 11 - Javelin (400 Gram)

Name	Age Centre	Final
Region: R 18.11m 11/02/2017 Sienna Burke, Finley		
State: S 28.94m 19/03/2017 Rachel Bardney, Kings Langle		
Name	Age Centre	Final
1 Brielle Masters	Dapto	18.88mR
2 Tyla Smith	Tumut & District	18.27mR
3 Rose Stuart	Northern Illawarra	16.58m
4 Olivia Davis	Shoalhaven	14.71m
5 Kyasha Miller	Lockhart	13.81m
6 Chelsea Winn	Finley	12.46m
7 Paige Sergi	Griffith & District	11.49m
8 Chloe Daniel	Shoalhaven	9.45m
9 Ashley Robinson	Griffith & District	8.46m
10 Alexia Lancaster	Temora	7.47m

Girls U 12 - Javelin (400 Gram)

Name	Age Centre	Final
Region: R 26.68m 21/02/2015 Jasmine Ostridge, Wollondill		
State: S 34.42m 21/03/2015 Lianna Davidson, Kurrajong B		
Name	Age Centre	Final
1 Sienna Burke	Finley	27.96mR
2 Jayla Beresford	Shoalhaven	19.04m
3 Maria Paseka	Dapto	18.32m
4 Shelby Nevinson	Deniliquin	17.50m
5 Calany Meyers	Albion Park	16.97m
6 Zoe Harper	Temora	14.95m
7 Natalia Horsley	Wagga Wagga	14.55m
8 Alana McGarry	Lake Illawarra	12.70m
9 Chantelle Bourne	Young & District	11.76m
10 Mikalie Vearing	Narrandera	10.24m
11 Jorja Winfield	Temora	10.17m
12 Ruby Marriott	Lake Illawarra	8.17m

Girls U 13 - Javelin (400 Gram)

Name	Age Centre	Final
Region: R 34.97m 22/02/2009 Molly Dugan, Northern Illawa		
State: S 45.91m 22/03/2009 Taylah Sengul, Winston Hills		
Name	Age Centre	Final
1 Shantae Clark	Temora	17.15m
2 Harriet Priest	Koorringal Wagga	14.63m
3 Hannah Hosking	Lake Illawarra	14.46m
4 Tatiana Hathaway	Wagga Wagga	12.37m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Girls U 13 - Javelin (400 Gram)**

5 Sienna Bell	Kiama	12.18m
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Girls U 14 - Javelin (400 Gram)

=====			
Region:	R 39.22m	13/02/2016	Tess Staines, Leeton
State:	S 52.23m	18/03/2017	Lianna Davidson, Kurrajong B
Name	Age	Centre	Final
=====			
1 Demi Leighton		Leeton	27.86m
2 Jade Cooper		Leeton	23.96m
3 Summer Rees		West Wyalong	23.42m
4 Karla Nicholls		Finley	23.34m
5 Casey Smith		Tumut & District	18.50m
6 Kristi Babic		Lake Illawarra	17.93m
7 Sophie Jacobson		Northern Illawarra	14.84m
8 Hannah Reid-O'Brien		Wollongong City	13.86m
9 Maya Bos-Woods		Bowral	12.04m
10 Alicia Deaner		Wagga Wagga	10.71m

Girls U 15 - Javelin (500 Gram)

=====			
Region:	R 35.15m	12/02/2017	Tess Stains, Leeton
State:	S 43.00m	19/03/2017	Chole Schwarz, Nepean
Name	Age	Centre	Final
=====			
1 Kirra Bennett-Smith		Wollondilly	35.39mR
2 Emelia Matthews		Shoalhaven	29.64m
3 Ella Cleal-Cook		Kiama	22.65m
4 Janna Hadaya		Wollongong City	20.62m
5 Belinda Barnes		Dapto	18.50m
6 Ella Gunning		Kiama	12.70m

Girls U 17 - Javelin (500 Gram)

=====			
Region:	R 41.24m	13/02/2016	Madelaine Warburton, Leeton
State:	S 43.09m	19/03/2016	Madeline Warburton, Leeton
Name	Age	Centre	Final
=====			
1 Tess Staines		Leeton	39.33m
2 Ebony Johnson		Shoalhaven	26.73m
3 Emma McDonald		St Georges Basin	26.44m
4 Hannah Mison		Koorringal Wagga	25.70m
5 Kelsy Hislop		Finley	22.77m
6 Nikita Freeburn		Lake Illawarra	22.11m
7 Eilidh Lucas		Koorringal Wagga	20.16m
8 Catherine Sawyer		Coolamon	19.64m
9 Gabrielle Marriott		Lake Illawarra	16.13m
10 Ashleigh Hogg		Wollongong City	14.43m
11 Hayley Waine		Lake Illawarra	14.09m
12 Claudia Pierro		Wollongong City	9.68m

Girls U 8-10 Long Jump Para

=====			
Name	Age	Centre	Final
=====			
-- Isobella Kentwell		Young & District	FOUL

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 11-12 Long Jump Para**

Name	Age Centre	Final
1 Charlize Colwell	Wollongong City	2.57m

Girls U 9 - 700 Metre Walk

Name	Age Centre	Final
Region: R 4:05.70 17/02/2008 Lucinda Paine, Wollongong C		
State: S 3:21.70 21/03/1999 Natasha Agius, Nepean		
Section 1		
1 Madeleine Glenn	Leeton	4:46.71
2 Natarsha Mandavy	St Georges Basin	5:15.64
3 Skye Bezuidenhout	Dapto	5:34.13

Girls U 10 - 1100 Metre Walk

Name	Age Centre	Final
Region: R 6:11.10 20/02/1996 R. McDermott, Narrandera		
State: S 5:21.20 21/03/2004 Kini Chapple, Nepean		
1 Georgia Ryan	Lake Illawarra	8:01.50
2 Lilah Norden	Tumut & District	8:36.29
3 Aurora Boatswain	Shoalhaven	11:37.68
-- Matilda Sidebottom	Leeton	DQ

Girls U 11 - 1100 Metre Walk

Name	Age Centre	Final
Region: R 5:57.90 20/02/1998 N. Upward, Wollongong City		
State: S 5:01.30 20/03/2005 Kini Chapple, Nepean		
1 Brielle Masters	Dapto	6:36.09
2 Chelsea Winn	Finley	6:44.07
3 Mackenzie Best	Dapto	6:54.06
4 Hailey Deacon	Northern Illawarra	7:32.16
5 Grace Shakeshaft	Bowral	7:47.53
6 Matilda Cook	Koorringal Wagga	8:18.85

Girls U 12 - 1500 Metre Walk

Name	Age Centre	Final
Region: R 8:02.10 18/02/2007 Summer Micallef, Wollondill		
State: S 6:38.70 20/03/1994 Renee McAskill, Nepean		
1 Holly Roach	Wagga Wagga	9:07.93
2 Keira Watt	St Georges Basin	9:30.06
3 Charli Ryan	Lake Illawarra	9:46.08
4 Kaylee Reid-O'Brien	Wollongong City	10:30.28
5 Nakita Boatswain	Shoalhaven	10:40.92
6 Victoria Glenn	Leeton	10:52.13
7 Ruby Marriott	Lake Illawarra	11:04.56

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Girls U 13 - 1500 Metre Walk**

Name	Age Centre	Final
Region: R 8:02.80 20/02/1999 R. McDermott, Narrandera		
State: S 6:35.30 19/03/2006 Shannon Jennings, Nepean		
1 Harriet Priest	Koorringal Wagga	9:31.87
2 Taylah Hurst	Lake Illawarra	11:41.54
3 Shantae Clark	Temora	12:14.56

Girls U 14 - 1500 Metre Walk

Name	Age Centre	Final
Region: R 7:20.30 19/02/2006 Tanya Poppett, Kiama		
State: S 6:15.40 17/03/1996 Renee McAskill, Nepean		
1 Hayley Kolts	Dapto	9:01.72
2 Casey Smith	Tumut & District	9:09.79
3 Madison Watt	St Georges Basin	11:18.70

Girls U 15 - 1500 Metre Walk

Name	Age Centre	Final
Region: R 7:14.00 18/02/2007 Tanya Poppett, Kiama		
State: S 6:24.20 16/03/1997 Renee McAskill, Doonside		
1 Ruby Keen	Lake Illawarra	9:27.58
2 Tegan McKay	St Georges Basin	9:34.68
3 Emma Twomey	St Georges Basin	10:33.38
4 Belinda Barnes	Dapto	11:50.36

Girls U 17 - 1500 Metre Walk

Name	Age Centre	Final
Region: R 7:56.00 20/02/2011 Summer Micallef, Wollongong		
State: S 6:41.91 23/03/2014 Jasmine Dighton, Lethbridge		
1 Hannah Mison	Koorringal Wagga	7:04.28R
2 Eilidh Lucas	Koorringal Wagga	8:20.90
3 Gabrielle Marriott	Lake Illawarra	9:13.19
4 Emma Hutchison	Lake Illawarra	9:53.05
5 Ashleigh Hogg	Wollongong City	12:36.39

Boys U 8 - 70 Metre Sprint

Name	Age Centre	Heats
Region: R 10.50 19/02/1989 L. Chodat, Wollongong City		
State: S 10.34 11/03/1978 Tim Harper, Weston Creek		
State: S 10.34 11/03/1978 Mark Lever, Hornsby		
Heat 1 Heats		
1 Darcy Cameron	Wagga Wagga	11.87Q
2 Maximus Owen	Northern Illawarra	12.08Q
3 Callan Malcolm	Wollongong City	12.51Q
4 Harrison Fanning	Koorringal Wagga	12.55q
5 Quinn Rippon	Albion Park	12.89q
6 Toby Pryor	Bowral	13.26
7 Zachariah Diver	Milton-Ulladulla	13.32

REGION 4 TRACK & FIELD CHAMPIONSHIPS

Results

...Boys U 8 - 70 Metre Sprint

8 Xavier Owen	Northern Illawarra	13.59
Heat 2 Heats		
1 Isaac Malcolm	Wollongong City	11.53Q
2 Connor Deegan	Kiama	11.65Q
3 Austin Ross-Anderson	Corowa	12.04Q
4 Kieran Ritter	Northern Illawarra	13.28
5 Malik Zocevic	Wollongong City	13.52
6 Reo Norden	Tumut & District	15.05

Boys U 8 - 70 Metre Sprint

=====
 Region: R 10.50 19/02/1989 L. Chodat, Wollongong City
 State: S 10.34 11/03/1978 Tim Harper, Weston Creek
 State: S 10.34 11/03/1978 Mark Lever, Hornsby
 Name Age Centre Final
 =====

Section 1 Final

1 Isaac Malcolm	Wollongong City	11.68
2 Connor Deegan	Kiama	11.72
3 Austin Ross-Anderson	Corowa	11.90
4 Darcy Cameron	Wagga Wagga	11.94
5 Maximus Owen	Northern Illawarra	12.01
6 Harrison Fanning	Koorringal Wagga	12.58
7 Callan Malcolm	Wollongong City	12.61
8 Quinn Rippon	Albion Park	12.76

Boys U 9 - 70 Metre Sprint

=====
 Region: R 10.10 17/02/2008 Jarrod Twigg, Wollongong City
 State: S 9.94 22/03/1998 John Grant, Canowindra
 State: S 9.94 20/02/2000 Daniel Perkins, Sutherland
 State: S 9.94 19/03/2000 Michael Oldfield, Manly Warri
 State: S 9.94 18/03/2007 Benjamin Alessio, St George
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Germaine Wright	Albion Park	10.26Q
2 Elijah Dikkenberg	Koorringal Wagga	10.69Q
3 Jack Johanson	Wollongong City	10.89Q
4 Benjamin Virago	Griffith & District	11.45q
5 Zachery Botha	Temora	11.48q
6 Kaleel Goolagong	Wagga Wagga	11.51
7 Brodie Strangeway	Lake Illawarra	12.24

Heat 2 Heats

1 Gabriel Lombardi	Wollongong City	10.56Q
2 Miller Siasat	Kiama	10.69Q
3 Cameron Paull	Milton-Ulladulla	11.38Q
4 Joshua McKenzie	Temora	11.53
5 Luke Bechaz	Leeton	11.96
6 Travis McCabe	Wollongong City	13.41

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 9 - 70 Metre Sprint**

Region: R	10.10	17/02/2008	Jarrold Twigg, Wollongong City
State: S	9.94	22/03/1998	John Grant, Canowindra
State: S	9.94	20/02/2000	Daniel Perkins, Sutherland
State: S	9.94	19/03/2000	Michael Oldfield, Manly Warri
State: S	9.94	18/03/2007	Benjamin Alessio, St George
Name		Age Centre	Final

Section 1 Final

1	Germaine Wright	Albion Park	10.33
2	Miller Siasat	Kiama	10.52
3	Gabriel Lombardi	Wollongong City	10.55
4	Elijah Dikkenberg	Koorringal Wagga	10.72
5	Jack Johanson	Wollongong City	11.13
6	Zachery Botha	Temora	11.24
7	Benjamin Virago	Griffith & District	11.30
8	Cameron Paull	Milton-Ulladulla	11.50

Boys U 10 - 70 Metre Sprint

Region: R	9.60	18/02/2007	Luke Watts, Albion Park
State: S	9.54	20/03/1999	Christopher Lawrence, Campbel
State: S	9.54	19/03/2000	Josh Mulligan, Gosford
Name		Age Centre	Heats

Heat 1 Heats

1	Rylan Wade	Deniliquin	10.32Q
2	Sebastian Diver	Milton-Ulladulla	10.37Q
3	Tasman Rippon	Albion Park	10.41Q
4	Matthew Arregui	Bowral	10.47q
5	Jake Walsh	Wollongong City	10.50q
6	Elijah Howarth	Wollongong City	11.23
7	Thomas Johnstone	Leeton	11.62
8	Brian Hynes	Wagga Wagga	12.62

Heat 2 Heats

1	Cooper Morrison	Wollongong City	9.98Q
2	Ashton Moran	Wollongong City	10.18Q
3	Charlie Harper	Wagga Wagga	10.19Q
4	Archie Boag	Griffith & District	11.23
5	Jack Warden	Wagga Wagga	11.35
6	Abdul Conteh	Koorringal Wagga	11.60
7	Cooper Walsh	Dapto	11.71

Boys U 10 - 70 Metre Sprint

Region: R	9.60	18/02/2007	Luke Watts, Albion Park
State: S	9.54	20/03/1999	Christopher Lawrence, Campbel
State: S	9.54	19/03/2000	Josh Mulligan, Gosford
Name		Age Centre	Final

Section 1 Final

1	Cooper Morrison	Wollongong City	9.97
2	Charlie Harper	Wagga Wagga	10.20
3	Ashton Moran	Wollongong City	10.23
3	Matthew Arregui	Bowral	10.23
5	Sebastian Diver	Milton-Ulladulla	10.33
6	Tasman Rippon	Albion Park	10.49

REGION 4 TRACK & FIELD CHAMPIONSHIPS

Results

...Boys U 10 - 70 Metre Sprint

7 Jake Walsh Wollongong City 10.56

Boys U 8 - 100 Metre Sprint

Name	Age	Centre	Heats
Region: R 14.90	20/02/1997	J. Grant, Canowindra	
Region: R 14.90	15/02/2014	Kalvin Bown, St Georges Basin	
State: S 14.24	12/03/1978	Tim Harper, Weston Creek	

Heat 1 Heats

1 Zach Gillett		Albion Park	16.47Q
2 Connor Deegan		Kiama	16.54Q
2 Darcy Cameron		Wagga Wagga	16.54Q
4 Jundamurra Smith		Milton-Ulladulla	17.34q
5 Joshua Costabile		Wollongong City	17.37
6 Lado Kuron		Kooringal Wagga	17.86
7 Oscar Wren		Deniliquin	17.99

Heat 2 Heats

1 Dean Austin		Shoalhaven	16.16Q
2 Blake Plummer		Dapto	16.21Q
3 Aidan Williams		Lake Illawarra	16.33Q
4 Austin Ross-Anderson		Corowa	16.41q
5 Markian Riznyk		Wollongong City	17.75
6 Quinn Rippon		Albion Park	17.97

Boys U 8 - 100 Metre Sprint

Name	Age	Centre	Final
Region: R 14.90	20/02/1997	J. Grant, Canowindra	
Region: R 14.90	15/02/2014	Kalvin Bown, St Georges Basin	
State: S 14.24	12/03/1978	Tim Harper, Weston Creek	

Section 1 Final

1 Aidan Williams		Lake Illawarra	16.18
2 Austin Ross-Anderson		Corowa	16.25
3 Dean Austin		Shoalhaven	16.34
4 Zach Gillett		Albion Park	16.38
5 Connor Deegan		Kiama	16.40
6 Darcy Cameron		Wagga Wagga	16.79
7 Blake Plummer		Dapto	17.07
8 Jundamurra Smith		Milton-Ulladulla	17.73

Boys U 9 - 100 Metre Sprint

Name	Age	Centre	Heats
Region: R 14.20	20/02/1993	M. Doggett, Lithgow	
Region: R 14.20	16/02/2008	Austin Mertz, Moulamein	
State: S 13.64	21/02/1998	Christopher Lawrence, Campbel	

Heat 1 Heats

1 Gabriel Lombardi		Wollongong City	14.37Q
2 Asher Chapman		St Georges Basin	14.42Q
3 Peter Ucin		Kooringal Wagga	15.42Q
4 Jake Duncan		Dapto	15.82q
5 Hunter Bright		Northern Illawarra	15.83
6 Jamie Malyn		Bowral	16.06

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 9 - 100 Metre Sprint**

7 Riley Gillett	Albion Park	16.18
8 Cooper Adlington	Griffith & District	16.19
Heat 2 Heats		
1 Germaine Wright	Albion Park	R 14.04Q
2 Miller Siasat	Kiama	14.69Q
3 Benjamin Virago	Griffith & District	15.52Q
4 Joshua McKenzie	Temora	15.77q
5 Locklen Oti	Koorringal Wagga	15.84
5 Lachlan Rayner	Northern Illawarra	15.84
7 Oscar Harris	Bowral	16.86

Boys U 9 - 100 Metre Sprint

=====			
Region:	R 14.20	20/02/1993	M. Doggett, Lithgow
Region:	R 14.20	16/02/2008	Austin Mertz, Moulamein
State:	S 13.64	21/02/1998	Christopher Lawrence, Campbel
Name		Age Centre	Final
=====			
Section 1 Final			
1 Germaine Wright	Albion Park		14.53
2 Gabriel Lombardi	Wollongong City		14.71
3 Asher Chapman	St Georges Basin		14.95
4 Miller Siasat	Kiama		15.05
5 Peter Ucin	Koorringal Wagga		15.91
6 Benjamin Virago	Griffith & District		15.94
7 Joshua McKenzie	Temora		16.40
8 Jake Duncan	Dapto		16.46

Boys U 10 - 100 Metre Sprint

=====			
Region:	R 13.40	20/02/1993	R. Vanderrijt, Wagga Wagga PC
State:	S 12.94	12/03/1978	Philip Provenzano, Randwick B
Name		Age Centre	Heats
=====			
Heat 1 Heats			
1 Charlie Harper	Wagga Wagga		14.05Q
2 Tasman Rippon	Albion Park		14.59Q
3 Ashton Moran	Wollongong City		14.67Q
4 Jake Walsh	Wollongong City		14.76q
5 Archie Boag	Griffith & District		15.51q
6 Xavier Gordon	Northern Illawarra		15.78
7 Thomas Johnstone	Leeton		16.15
Heat 2 Heats			
1 Cooper Morrison	Wollongong City		14.33Q
2 Jackson Riley	Young & District		14.37Q
3 Matthew Arregui	Bowral		14.55Q
4 Lincoln Reynolds	Northern Illawarra		15.56
5 Mitchell Harper	Temora		15.91
6 Dane Simpson	Dapto		16.21

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 10 - 100 Metre Sprint**

=====			
Region: R 13.40		20/02/1993	R. Vanderrijt, Wagga Wagga PC
State: S 12.94		12/03/1978	Philip Provenzano, Randwick B
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Jackson	Riley	Young & District 14.21
2	Charlie	Harper	Wagga Wagga 14.22
3	Cooper	Morrison	Wollongong City 14.25
4	Matthew	Arregui	Bowral 14.28
5	Tasman	Rippon	Albion Park 14.59
6	Jake	Walsh	Wollongong City 14.77
7	Ashton	Moran	Wollongong City 14.82
8	Archie	Boag	Griffith & District 15.70

Boys U 11 - 100 Metre Sprint

=====			
Region: R 13.00		20/02/1995	M. Doggett, Lithgow
State: S 12.64		12/03/1978	Robert Stanford, Nepean
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Lucas	Campbell	Albion Park 13.50Q
2	Brent	Coggan	Dapto 13.94Q
3	Riley	Moran	Wollongong City 14.28Q
4	Samuel	Stout	Wagga Wagga 14.29q
5	Harvey	Webster	Kiama 15.96
Heat 2 Heats			
1	Oscar	Perrot	Wagga Wagga 13.57Q
2	Toby	Bowley	Temora 13.64Q
3	Yoan	Ciugureanu	Wollongong City 13.70Q
4	Christian	Callcut	Griffith & District 13.96q
5	Jayden	Mazoudier	Dapto 15.10
6	Reece	Simmons	Finley 15.73

Boys U 11 - 100 Metre Sprint

=====			
Region: R 13.00		20/02/1995	M. Doggett, Lithgow
State: S 12.64		12/03/1978	Robert Stanford, Nepean
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Yoan	Ciugureanu	Wollongong City 13.44
1	Toby	Bowley	Temora 13.44
3	Lucas	Campbell	Albion Park 13.59
4	Oscar	Perrot	Wagga Wagga 13.64
5	Riley	Moran	Wollongong City 13.72
6	Christian	Callcut	Griffith & District 13.93
7	Brent	Coggan	Dapto 14.01
8	Samuel	Stout	Wagga Wagga 14.23

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 12 - 100 Metre Sprint**

Name	Age	Centre	Heats
Region: R 12.70	20/02/2000	B. Roberts, Wagga Wagga PCYC	
State: S 12.04	20/03/1999	Todd Shanahan, Macquarie Shor	
State: S 12.04	23/03/2013	James Roach, Randwick Botany	
=====			
Heat 1 Heats			
1 Malokai Tomo		Lake Illawarra	13.19Q
2 Kalani Vella		Albion Park	13.26Q
3 Thomas Kirk		Wollongong City	13.38Q
4 Rush Taylor		Northern Illawarra	13.76q
5 Nat Carroll		Wollondilly	14.37q
6 Blaine Speers		Koorringal Wagga	15.22
7 Beau Davies		Narrandera	17.13
Heat 2 Heats			
1 Calem Brown		Wollondilly	13.09Q
2 Alexander Harris		Bowral	13.61Q
3 Jonah Allen		Leeton	14.23Q
4 Matthew Walker		Northern Illawarra	14.55
5 Lachlan Field		Wagga Wagga	15.53

Boys U 12 - 100 Metre Sprint

Name	Age	Centre	Final
Region: R 12.70	20/02/2000	B. Roberts, Wagga Wagga PCYC	
State: S 12.04	20/03/1999	Todd Shanahan, Macquarie Shor	
State: S 12.04	23/03/2013	James Roach, Randwick Botany	
=====			
Section 1 Final			
1 Calem Brown		Wollondilly	12.89
2 Kalani Vella		Albion Park	13.13
3 Malokai Tomo		Lake Illawarra	13.22
4 Alexander Harris		Bowral	13.45
5 Thomas Kirk		Wollongong City	13.51
6 Rush Taylor		Northern Illawarra	13.93
7 Nat Carroll		Wollondilly	14.42
8 Jonah Allen		Leeton	14.53

Boys U 13 - 100 Metre Sprint

Name	Age	Centre	Heats
Region: R 12.10	16/02/2008	Harry Grove, Tumut District	
State: S 11.72	22/03/2014	James Roach, Randwick Botany	
=====			
Heat 1 Heats			
1 Jack Neyland		Griffith & District	12.86Q
2 Tobias Delaney		Wollongong City	12.89Q
3 Will Cooper		Koorringal Wagga	13.16Q
4 Chaise Sergi		Griffith & District	13.27q
5 Joshua Walker		Northern Illawarra	13.89
6 William Field		Wagga Wagga	14.06
7 Lachlan Poole		Kiama	14.20
Heat 2 Heats			
1 Ramses Munro		Northern Illawarra	13.12Q
2 Mathew Murphy		Young & District	13.32Q
3 Hunter Schultz		Wagga Wagga	13.33Q
4 Blake Hasler		Wollongong City	13.35q

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 13 - 100 Metre Sprint**

5 Tsar Mandavy	St Georges Basin	13.51
6 Tyrell Taione	Kiama	14.13

Boys U 13 - 100 Metre Sprint

Name	Age	Centre	Final
Region: R 12.10 16/02/2008 Harry Grove, Tumut District			
State: S 11.72 22/03/2014 James Roach, Randwick Botany			
=====			
Section 1 Final			
1 Tobias Delaney		Wollongong City	12.61
2 Jack Neyland		Griffith & District	12.92
3 Will Cooper		Koorringal Wagga	13.00
4 Ramses Munro		Northern Illawarra	13.05
5 Chaise Sergi		Griffith & District	13.09
6 Blake Hasler		Wollongong City	13.30
7 Hunter Schultz		Wagga Wagga	13.47
8 Mathew Murphy		Young & District	13.61

Boys U 14 - 100 Metre Sprint

Name	Age	Centre	Heats
Region: R 11.50 20/02/1998 J. Parker, Wollongong City			
State: S 11.34 17/03/1996 Matthew Manns, Ingleburn RSL			
State: S 11.34 15/03/2008 Nicholas Hough, Hills Distric			
=====			
Heat 1 Heats			
1 Ethan Donetto		Griffith & District	11.90Q
2 George Fuller		Young & District	12.07Q
3 Dylan Clarke		Albion Park	12.49Q
4 Gerard Okerenyang		Koorringal Wagga	13.08q
5 Shannon Speers		Koorringal Wagga	13.79
6 Levi Willer		Dapto	14.58
Heat 2 Heats			
1 Jett Link		Wollongong City	12.64Q
2 Jackson Hare		Koorringal Wagga	12.79Q
3 Jack Murphy		Young & District	12.91Q
3 Lachlan Wallace		Griffith & District	12.91Q
5 Rhys Barnes		Dapto	13.95

Boys U 14 - 100 Metre Sprint

Name	Age	Centre	Final
Region: R 11.50 20/02/1998 J. Parker, Wollongong City			
State: S 11.34 17/03/1996 Matthew Manns, Ingleburn RSL			
State: S 11.34 15/03/2008 Nicholas Hough, Hills Distric			
=====			
Section 1 Final			
1 Ethan Donetto		Griffith & District	11.80
2 George Fuller		Young & District	11.96
3 Dylan Clarke		Albion Park	12.62
4 Lachlan Wallace		Griffith & District	12.74
5 Jett Link		Wollongong City	12.76
6 Gerard Okerenyang		Koorringal Wagga	12.95
7 Jackson Hare		Koorringal Wagga	12.97
8 Jack Murphy		Young & District	13.10

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 15 - 100 Metre Sprint**

=====			
Region:	R 11.00	20/02/1989	M. Rayment, Koorringal Wagga
State:	S 10.84	21/03/2009	Nicholas Hough, Hills Distric
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Ji Latini	Northern Illawarra	12.12Q
2	Ben Ebzery	St Georges Basin	12.48Q
3	Rowan Karanja	Albion Park	12.54Q
4	Lachlan Kirk	Wollongong City	12.82q
5	Joshua Gamble	Lake Illawarra	13.48
Heat 2 Heats			
1	Connor Sully	Griffith & District	11.82Q
2	Jake Trower	Albion Park	11.93Q
3	Jack Gould	Tumut & District	12.02Q
4	Clarry Christopherson	Wollongong City	12.57q

Boys U 15 - 100 Metre Sprint

=====			
Region:	R 11.00	20/02/1989	M. Rayment, Koorringal Wagga
State:	S 10.84	21/03/2009	Nicholas Hough, Hills Distric
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Connor Sully	Griffith & District	11.86
2	Jack Gould	Tumut & District	11.87
3	Jake Trower	Albion Park	11.93
4	Ji Latini	Northern Illawarra	12.15
5	Ben Ebzery	St Georges Basin	12.60
6	Rowan Karanja	Albion Park	12.71
7	Lachlan Kirk	Wollongong City	13.09

Boys U 17 - 100 Metre Sprint

=====			
Region:	R 11.30	18/02/2012	Brodie Leeson, Albion Park
Region:	R 11.30	16/02/2013	Christopher Twigg, Wollongong
State:	S 10.81	18/03/2017	Joshua Azzopardi, Camden
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Thomas Power	St Georges Basin	11.62Q
2	Aleksandar Cameron	Wollongong City	11.80Q
3	Blake Barklay	Wollongong City	11.81Q
4	Saxon Southwell	Young & District	11.99q
5	Flynn Bonfield-Watson	Griffith & District	12.02q
6	Lachlan Crawford	Kiama	12.66
Heat 2 Heats			
1	Godfrey Okerenyang	Koorringal Wagga	R 10.90Q
2	Isaiah Ryder	Albion Park	11.46Q
3	Jacob Mills	Wagga Wagga	11.93Q
4	Austen Lantry	Wollongong City	12.09
5	Andrew Lau	Dapto	13.17

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 17 - 100 Metre Sprint**

Name	Age	Centre	Final
Region: R 11.30	18/02/2012	Brodie Leeson, Albion Park	
Region: R 11.30	16/02/2013	Christopher Twigg, Wollongong	
State: S 10.81	18/03/2017	Joshua Azzopardi, Camden	
Section 1 Final			
1 Godfrey Okerenyang		Koorringal Wagga	10.80S
2 Isaiah Ryder		Albion Park	11.32
3 Thomas Power		St Georges Basin	11.63
4 Aleksandar Cameron		Wollongong City	11.64
5 Blake Barklay		Wollongong City	11.98
6 Flynn Bonfield-Watson		Griffith & District	12.00
6 Saxon Southwell		Young & District	12.00
8 Jacob Mills		Wagga Wagga	12.08

Boys U 8 - 200 Metre Sprint

Name	Age	Centre	Heats
Region: R 31.50	20/02/1990	R. Petrovski, Lake Illawarra	
Region: R 31.50	22/02/2009	Kynan Headon, Hay	
Region: R 31.50	22/02/2009	Mitchell Potts, Albion Park	
State: S 30.64	19/02/2017	Joseph Ezekiel, Werrington	
Heat 1 Heats			
1 Darcy Cameron		Wagga Wagga	36.00Q
2 Callan Malcolm		Wollongong City	37.10Q
3 Joshua Costabile		Wollongong City	37.25Q
4 Jundamurra Smith		Milton-Ulladulla	38.71
5 Toby Pryor		Bowral	39.63
6 Kieran Ritter		Northern Illawarra	41.28
Heat 2 Heats			
1 Harry Wheatley		Wagga Wagga	34.29Q
2 Isaac Malcolm		Wollongong City	34.33Q
3 William Morrison		Wollongong City	35.91Q
4 Austin Ross-Anderson		Corowa	36.95q
5 Lado Kuron		Koorringal Wagga	38.27q
6 Quinn Rippon		Albion Park	38.64

Boys U 8 - 200 Metre Sprint

Name	Age	Centre	Final
Region: R 31.50	20/02/1990	R. Petrovski, Lake Illawarra	
Region: R 31.50	22/02/2009	Kynan Headon, Hay	
Region: R 31.50	22/02/2009	Mitchell Potts, Albion Park	
State: S 30.64	19/02/2017	Joseph Ezekiel, Werrington	
Section 1 Final			
1 Isaac Malcolm		Wollongong City	33.98
2 Darcy Cameron		Wagga Wagga	34.09
3 Austin Ross-Anderson		Corowa	36.11
4 Harry Wheatley		Wagga Wagga	36.25
5 William Morrison		Wollongong City	37.52
6 Callan Malcolm		Wollongong City	38.04
7 Joshua Costabile		Wollongong City	38.06

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 9 - 200 Metre Sprint**

Name	Age	Centre	Heats
Region: R 29.50	20/02/1990	L. Spokes, Wagga Wagga PCYC	
State: S 28.44	22/03/1975	Glen Murgatroyd, Campbelltown	

Heat 1 Heats

1	Germaine Wright	Albion Park	30.04Q
2	Jack Johanson	Wollongong City	32.90Q
3	Locklen Oti	Kooringal Wagga	33.02Q
4	Joshua McKenzie	Temora	33.15q
5	Luke Bechaz	Leeton	35.71
6	Caelan Granger	Bowral	36.18

Heat 2 Heats

1	Gabriel Lombardi	Wollongong City	30.21Q
2	Asher Chapman	St Georges Basin	30.93Q
3	Peter Ucin	Kooringal Wagga	33.08Q
4	Archer Coppolino	Corowa	33.24q
5	Cohen Marsden	Wollondilly	34.72
6	Oscar Harris	Bowral	34.93
7	Eli Elphick	Bowral	35.89

Boys U 9 - 200 Metre Sprint

Name	Age	Centre	Final
Region: R 29.50	20/02/1990	L. Spokes, Wagga Wagga PCYC	
State: S 28.44	22/03/1975	Glen Murgatroyd, Campbelltown	

Section 1 Final

1	Germaine Wright	Albion Park	30.02
2	Gabriel Lombardi	Wollongong City	30.47
3	Asher Chapman	St Georges Basin	31.51
4	Jack Johanson	Wollongong City	33.32
5	Peter Ucin	Kooringal Wagga	33.64
6	Archer Coppolino	Corowa	33.96
7	Locklen Oti	Kooringal Wagga	34.32

Boys U 10 - 200 Metre Sprint

Name	Age	Centre	Heats
Region: R 28.00	19/02/2000	J. Cunnington, Kooringal Wagg	
State: S 26.94	11/03/1978	Chris Newman, Queanbeyan	

Heat 1 Heats

1	Ashton Moran	Wollongong City	30.32Q
2	Tasman Rippon	Albion Park	30.50Q
3	Lucas Woodham	Wagga Wagga	31.51Q
4	Mitchell Harper	Temora	32.38q
5	Zac Sherlock	Northern Illawarra	32.48

Heat 2 Heats

1	Cooper Morrison	Wollongong City	29.43Q
2	Jackson Riley	Young & District	29.74Q
3	Matthew Arregui	Bowral	29.94Q
4	Lincoln Reynolds	Northern Illawarra	32.03q
5	Ted Thomas	Corowa	34.36

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 10 - 200 Metre Sprint**

=====			
Region: R 28.00		19/02/2000	J. Cunnington, Koorungal Wagga
State: S 26.94		11/03/1978	Chris Newman, Queanbeyan
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Ashton Moran		Wollongong City	29.98
2 Cooper Morrison		Wollongong City	30.06
3 Matthew Arregui		Bowral	30.17
4 Jackson Riley		Young & District	30.60
5 Tasman Rippon		Albion Park	30.79
6 Lucas Woodham		Wagga Wagga	32.04
7 Mitchell Harper		Temora	32.75
8 Lincoln Reynolds		Northern Illawarra	33.32

Boys U 11 - 200 Metre Sprint

=====			
Region: R 27.10		20/02/1999	B. Roberts, Wagga Wagga PCYC
State: S 25.84		11/03/1978	Robert Stanford, Nepean
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Riley Moran		Wollongong City	28.80Q
2 Lachlan Martin		Kiama	29.71Q
3 Brent Coggan		Dapto	29.90Q
4 James DalBroi		Griffith & District	30.92q
5 Samuel Stout		Wagga Wagga	30.97
Heat 2 Heats			
1 Lucas Campbell		Albion Park	28.35Q
2 Yoan Ciugureanu		Wollongong City	28.65Q
3 Oscar Perrot		Wagga Wagga	28.91Q
3 Reilly Caswell		Shoalhaven	28.91Q
5 Nickan Rahmannia		Wollongong City	31.62
6 Jordan Virago		Griffith & District	32.23

Boys U 11 - 200 Metre Sprint

=====			
Region: R 27.10		20/02/1999	B. Roberts, Wagga Wagga PCYC
State: S 25.84		11/03/1978	Robert Stanford, Nepean
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Lucas Campbell		Albion Park	28.13
2 Riley Moran		Wollongong City	28.46
3 Yoan Ciugureanu		Wollongong City	28.93
4 Reilly Caswell		Shoalhaven	29.64
5 Oscar Perrot		Wagga Wagga	29.87
6 Brent Coggan		Dapto	30.06
7 Lachlan Martin		Kiama	31.41
8 James DalBroi		Griffith & District	32.21

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 12 - 200 Metre Sprint**

=====			
Region:	R 26.40	20/02/1993	L. Chodat, Wollongong City
State:	S 24.59	24/03/2013	James Roach, Randwick Botany
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Calem Brown	Wollondilly	26.82Q
2	Kalani Vella	Albion Park	26.86Q
3	Joe Hinds	Northern Illawarra	30.81Q
4	Tyson Kentwell	Young & District	35.53
5	Beau Davies	Narrandera	37.77
Heat 2 Heats			
1	Thomas Kirk	Wollongong City	27.35Q
2	Alexander Harris	Bowral	27.93Q
3	Rush Taylor	Northern Illawarra	28.40Q
4	Jonah Allen	Leeton	29.52q
5	Matthew Walker	Northern Illawarra	30.52q
6	Malokai Tomo	Lake Illawarra	30.57

Boys U 12 - 200 Metre Sprint

=====			
Region:	R 26.40	20/02/1993	L. Chodat, Wollongong City
State:	S 24.59	24/03/2013	James Roach, Randwick Botany
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Calem Brown	Wollondilly	26.88
2	Kalani Vella	Albion Park	26.98
3	Thomas Kirk	Wollongong City	27.34
4	Alexander Harris	Bowral	28.33
5	Rush Taylor	Northern Illawarra	28.74
6	Jonah Allen	Leeton	29.52
7	Joe Hinds	Northern Illawarra	29.57

Boys U 13 - 200 Metre Sprint

=====			
Region:	R 25.30	20/02/1995	C. Brown, Wagga Wagga PCYC
Region:	R 25.30	20/02/2003	M. Nielsen, Shoalhaven
State:	S 23.34	18/03/2007	Nicholas Hough, Hills Distric
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Jack Neyland	Griffith & District	26.45Q
2	Blake Hasler	Wollongong City	27.50Q
3	Joshua Walker	Northern Illawarra	28.21Q
4	Cohen Deegan	Kiama	28.92
5	Hayden Musson	Shoalhaven	29.02
6	Louis Losurdo	St Georges Basin	29.64
7	Logan Burkinshaw	Wagga Wagga	30.01
Heat 2 Heats			
1	Tobias Delaney	Wollongong City	26.26Q
2	Ramses Munro	Northern Illawarra	26.90Q
3	Mathew Murphy	Young & District	27.22Q
4	Will Cooper	Koorringal Wagga	28.05q
5	Chaise Sergi	Griffith & District	28.19q
6	William Field	Wagga Wagga	29.04

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 13 - 200 Metre Sprint**

Name	Age	Centre	Final
Region: R 25.30	20/02/1995	C. Brown, Wagga Wagga PCYC	
Region: R 25.30	20/02/2003	M. Nielsen, Shoalhaven	
State: S 23.34	18/03/2007	Nicholas Hough, Hills Distric	
Section 1 Final			
1 Tobias Delaney		Wollongong City	26.20
2 Jack Neyland		Griffith & District	26.27
3 Mathew Murphy		Young & District	27.33
4 Blake Hasler		Wollongong City	27.50
5 Ramses Munro		Northern Illawarra	27.58
6 Chaise Sergi		Griffith & District	27.59
7 Joshua Walker		Northern Illawarra	28.55

Boys U 14 - 200 Metre Sprint

Name	Age	Centre	Final
Region: R 23.40	20/02/1997	A. Cominicioli, Mudgee	
State: S 22.64	19/02/2006	Luke Hamer, St George	
Section 1			
1 Ethan Donetto		Griffith & District	24.42
2 Kippy Langat		Kooringal Wagga	25.37
3 Jack Murphy		Young & District	26.72
4 Lachlan Wallace		Griffith & District	26.73
5 Sean Ritter		Northern Illawarra	28.78
6 Levi Willer		Dapto	30.41

Boys U 15 - 200 Metre Sprint

Name	Age	Centre	Heats
Region: R 23.00	22/02/2009	Joshua Prem, Albion Park	
State: S 21.74	22/02/2009	Nicholas Hough, Hills Distric	
Heat 1 Heats			
1 Ji Latini		Northern Illawarra	25.33Q
2 Ben Ebzery		St Georges Basin	25.76Q
3 Jorden Foster		Young & District	27.15Q
4 Clarry Christopherson		Wollongong City	29.48
Heat 2 Heats			
1 Connor Sully		Griffith & District	24.18Q
2 Jake Trower		Albion Park	24.54Q
3 Jack Gould		Tumut & District	25.21Q
4 Rowan Karanja		Albion Park	26.18q
5 Lachlan Kirk		Wollongong City	26.82q

Boys U 15 - 200 Metre Sprint

Name	Age	Centre	Final
Region: R 23.00	22/02/2009	Joshua Prem, Albion Park	
State: S 21.74	22/02/2009	Nicholas Hough, Hills Distric	
Section 1 Final			
1 Jack Gould		Tumut & District	23.86
2 Connor Sully		Griffith & District	24.42
3 Jake Trower		Albion Park	24.58

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 15 - 200 Metre Sprint**

4	Ji Latini	Northern Illawarra	25.54
5	Ben Ebzery	St Georges Basin	25.92
6	Rowan Karanja	Albion Park	26.33
7	Lachlan Kirk	Wollongong City	27.01
8	Jorden Foster	Young & District	27.28

Boys U 17 - 200 Metre Sprint

=====			
Region:	R 22.50	19/02/2012	Brodie Leeson, Albion Park
State:	S 21.32	19/03/2017	Yadin Ngeng, Bankstown Sports
Name		Age Centre	Final
=====			

Section 1

1	Godfrey Okerenyang	Koorringal Wagga	22.00R
2	Isaiah Ryder	Albion Park	23.39
3	Thomas Power	St Georges Basin	23.87
4	Saxon Southwell	Young & District	24.51
5	Austen Lantry	Wollongong City	25.15
6	Flynn Bonfield-Watson	Griffith & District	25.20
7	Lachlan Crawford	Kiama	26.31
8	Andrew Lau	Dapto	26.94

Boys U 8 - 400 Metre Sprint

=====			
Region:	R 1:12.20	21/01/1989	S. Armitt, Goulburn
State:	S 1:07.94	23/03/1975	David Misson, Randwick Bota
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Harry Wheatley	Wagga Wagga	1:16.39Q
2	Zach Gillett	Albion Park	1:24.41Q
3	Dylan Short	Northern Illawarra	1:24.76Q
4	Joshua Costabile	Wollongong City	1:26.05q
5	Tynan Caswell	Shoalhaven	1:26.17q

Heat 2 Heats

1	Jundamurra Smith	Milton-Ulladulla	1:24.86Q
2	Jack Noonan	Northern Illawarra	1:26.32Q
3	Blake Plummer	Dapto	1:27.88Q
4	William Morrison	Wollongong City	1:28.75

Boys U 8 - 400 Metre Sprint

=====			
Region:	R 1:12.20	21/01/1989	S. Armitt, Goulburn
State:	S 1:07.94	23/03/1975	David Misson, Randwick Bota
Name		Age Centre	Final
=====			

Section 1 Final

1	Harry Wheatley	Wagga Wagga	1:18.49
2	Zach Gillett	Albion Park	1:24.23
3	Jack Noonan	Northern Illawarra	1:24.69
4	Jundamurra Smith	Milton-Ulladulla	1:24.92
5	Blake Plummer	Dapto	1:26.67
6	Tynan Caswell	Shoalhaven	1:26.98
7	Joshua Costabile	Wollongong City	1:27.31
8	Dylan Short	Northern Illawarra	1:28.44

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 9 - 400 Metre Sprint**

```

=====
Region: R 1:09.40 19/02/2005 H. Green, Northern Illawarr
State: S 1:04.40 23/03/1975 Glen Murgatroyd, Campbellto
Name           Age Centre           Heats
=====

```

Heat 1 Heats

```

1 Jai Kenny           Griffith & District  1:17.89Q
2 Zachery Botha      Temora               1:22.13Q
3 Cohen Marsden      Wollondilly         1:23.86Q
4 Eli Elphick        Bowral               1:24.80
5 Jaxsan Clark       Temora               1:40.29

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Heat 2 Heats

```

1 Archer Coppolino   Corowa               1:15.48Q
2 Gabriel Lombardi   Wollongong City     1:15.62Q
3 Asher Chapman      St Georges Basin    1:16.04Q
4 Jamie Malyn        Bowral               1:19.79q
5 Jack Johanson      Wollongong City     1:20.74q
6 Jake Duncan        Dapto                1:23.45
7 Riley Gillett      Albion Park          1:25.81
8 Lenny Lancaster   Temora               1:29.03

```

Boys U 9 - 400 Metre Sprint

```

=====
Region: R 1:09.40 19/02/2005 H. Green, Northern Illawarr
State: S 1:04.40 23/03/1975 Glen Murgatroyd, Campbellto
Name           Age Centre           Final
=====

```

Section 1 Final

```

1 Gabriel Lombardi   Wollongong City     1:14.41
2 Jai Kenny           Griffith & District  1:16.40
3 Archer Coppolino   Corowa               1:17.27
4 Jamie Malyn        Bowral               1:18.49
5 Jack Johanson      Wollongong City     1:18.53
6 Asher Chapman      St Georges Basin    1:21.16
7 Cohen Marsden      Wollondilly         1:26.66
8 Zachery Botha      Temora               1:33.39

```

Boys U 10 - 400 Metre Sprint

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=====
Region: R 1:03.90 20/02/1993 A. O'Neill, Koorringal Wagga
State: S 1:01.34 16/03/2003 Alex Pettigrew, Parramatta
Name           Age Centre           Heats
=====

```

Heat 1 Heats

```

1 Benji Lee-Billinghurst Bowral               1:14.70Q
2 Ted Thomas         Corowa               1:16.93Q
3 Lincoln Reynolds   Northern Illawarra  1:19.93Q
4 William Erwin      Wollondilly         1:23.13q
5 Brian Hynes        Wagga Wagga         1:32.66
6 Abdul Conteh       Koorringal Wagga   1:42.38

```

Heat 2 Heats

```

1 Charlie Harper     Wagga Wagga         1:10.89Q
2 Jackson Riley      Young & District    1:13.31Q
3 James Uitterlinden Dapto                1:19.43Q
4 Xavier Gordon      Northern Illawarra  1:23.66q
5 Michael Miller     Lockhart             1:26.28
6 Zac Richter        Shoalhaven           1:28.59

```

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 10 - 400 Metre Sprint**

=====			
Region: R 1:03.90		20/02/1993	A. O'Neill, Koorringal Wagga
State: S 1:01.34		16/03/2003	Alex Pettigrew, Parramatta
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Charlie Harper		Wagga Wagga	1:10.98
2 Benji Lee-Billinghurst		Bowral	1:12.78
3 Ted Thomas		Corowa	1:16.08
4 Jackson Riley		Young & District	1:16.60
5 James Uitterlinden		Dapto	1:19.01
6 William Erwin		Wollondilly	1:21.02
7 Lincoln Reynolds		Northern Illawarra	1:22.19
8 Xavier Gordon		Northern Illawarra	1:23.11

Boys U 11 - 400 Metre Sprint

=====			
Region: R 59.90		20/02/1993	L. Kennedy, Wagga Wagga PCYC
State: S 57.64		23/03/1979	Chris Newman, Queanbeyan
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Joshua Benefiel		Wollongong City	1:10.57Q
2 Lachlan Martin		Kiama	1:12.58Q
3 Mitchell Healey		Northern Illawarra	1:17.24Q
4 Jordan Virago		Griffith & District	1:18.79
5 Bede Kenny		Griffith & District	1:23.43
Heat 2 Heats			
1 Reilly Caswell		Shoalhaven	1:08.38Q
2 Alex Gallagher		Northern Illawarra	1:10.43Q
3 James DalBroi		Griffith & District	1:12.43Q
4 Cody Sullivan		Wollongong City	1:14.45q
5 Elias Oldfield		Kiama	1:14.58q

Boys U 11 - 400 Metre Sprint

=====			
Region: R 59.90		20/02/1993	L. Kennedy, Wagga Wagga PCYC
State: S 57.64		23/03/1979	Chris Newman, Queanbeyan
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Reilly Caswell		Shoalhaven	1:08.15
2 Lachlan Martin		Kiama	1:09.80
3 Alex Gallagher		Northern Illawarra	1:09.84
4 James DalBroi		Griffith & District	1:11.16
5 Joshua Benefiel		Wollongong City	1:11.25
6 Elias Oldfield		Kiama	1:12.04
7 Cody Sullivan		Wollongong City	1:14.41
8 Mitchell Healey		Northern Illawarra	1:17.30

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 12 - 400 Metre Sprint**

Name	Age	Centre	Final
Region: R 1:00.20 20/02/1994 L. Kennedy, Wagga Wagga PCY			
State: S 56.88 18/03/2016 Donovan Bradshaw, Cherrybro			
Name	Age	Centre	Final
Section 1			
1 Kalani Vella		Albion Park	1:02.34
2 Rush Taylor		Northern Illawarra	1:04.68
3 Joe Hinds		Northern Illawarra	1:04.82
4 Jack McClutchie		Wollongong City	1:06.58
5 Lachlan Musson		Shoalhaven	1:14.33
6 Zac Maher		Shoalhaven	1:19.97
7 Tyson Kentwell		Young & District	1:24.01

Boys U 13 - 400 Metre Sprint

Name	Age	Centre	Heats
Region: R 56.80 20/02/1993 A. White, Griffith			
State: S 53.33 17/03/2017 Donovan Bradshaw, Cherrybrook			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Chaise Sergi		Griffith & District	1:03.89Q
2 Blake Hasler		Wollongong City	1:04.09Q
3 Loro Kuron		Koorringal Wagga	1:10.30Q
4 Louis Losurdo		St Georges Basin	1:11.51
5 Ashton O'Dea		Albion Park	1:18.24
Heat 2 Heats			
1 Mathew Murphy		Young & District	1:01.33Q
2 Jack Neyland		Griffith & District	1:04.86Q
3 Cameron Culey		Dapto	1:06.11Q
4 Will Cooper		Koorringal Wagga	1:07.38q
5 Hayden Musson		Shoalhaven	1:08.72q

Boys U 13 - 400 Metre Sprint

Name	Age	Centre	Final
Region: R 56.80 20/02/1993 A. White, Griffith			
State: S 53.33 17/03/2017 Donovan Bradshaw, Cherrybrook			
Name	Age	Centre	Final
Section 1 Final			
1 Chaise Sergi		Griffith & District	1:01.42
2 Blake Hasler		Wollongong City	1:01.81
3 Mathew Murphy		Young & District	1:01.86
4 Cameron Culey		Dapto	1:06.73
5 Jack Neyland		Griffith & District	1:06.77
6 Loro Kuron		Koorringal Wagga	1:07.28

Boys U 14 - 400 Metre Sprint

Name	Age	Centre	Final
Region: R 54.40 20/02/1996 C. Brown, Wagga Wagga PCYC			
State: S 50.97 23/03/2012 Jarrod Cullen, Canterbury			
Name	Age	Centre	Final
Section 1			
1 Ethan Donetto		Griffith & District	54.52
2 George Fuller		Young & District	58.36
3 Kippy Langat		Koorringal Wagga	58.59

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 14 - 400 Metre Sprint**

4 Gerard Okerenyang Koorringal Wagga 1:04.39

Boys U 15 - 400 Metre Sprint

Region: R 51.50 18/02/2006 Grant Billingham, Koorringal W

State: S 49.64 15/03/1997 David Geddes, Manly Warringah

Name Age Centre Final

1	Jack Gould	Tumut & District	53.83
2	Alexander Robinson	Griffith & District	59.87
3	Jake Trower	Albion Park	1:00.45
4	Ben Ebzery	St Georges Basin	1:01.02
5	Clary Christopherson	Wollongong City	1:01.74
6	Joshua Gamble	Lake Illawarra	1:08.44

Boys U 17 - 400 Metre Sprint

Region: R 51.90 21/02/2009 Gareth Ryan, Albion Park

State: S 48.09 17/03/2017 Tyler Gunn, Gosford

Name Age Centre Final

1	Joshua Baulch	Leeton	51.30R
2	Saxon Southwell	Young & District	57.06
3	Andrew Lau	Dapto	1:00.27

Boys U 8 - 700 Metre Run Pack Start

Region: R 2:21.10 20/02/2003 L. Hurst, Leeton

Name Age Centre Final

1	Zach Gillett	Albion Park	2:36.19
2	Dylan Short	Northern Illawarra	2:37.13
3	Blake Plummer	Dapto	2:37.83
4	Tynan Caswell	Shoalhaven	2:38.00
5	William Morrison	Wollongong City	2:39.76
6	Jundamurra Smith	Milton-Ulladulla	2:46.87
7	Jack Noonan	Northern Illawarra	2:48.12
8	Zachariah Diver	Milton-Ulladulla	2:55.81
9	Kieran Ritter	Northern Illawarra	2:57.26
10	Reo Norden	Tumut & District	3:08.87
11	Zac Uitterlinden	Dapto	3:12.45

Boys U 9 - 800 Metre Run

Region: R 2:37.90 20/02/1992 A. O'Neill, Koorringal Wagga

Region: R 2:37.90 22/02/2015 Jack McClatchie, Wollongong

State: S 2:25.70 17/03/2002 Alex Pettigrew, Hornsby

Name Age Centre Final

1	Elijah Dikkenberg	Koorringal Wagga	2:43.09
2	Jai Kenny	Griffith & District	2:46.59
3	Cameron Paull	Milton-Ulladulla	2:52.88
4	Jack Johanson	Wollongong City	2:59.11
5	Lachlan Rayner	Northern Illawarra	3:01.41
6	Eli Elphick	Bowral	3:01.56
7	Oscar Harris	Bowral	3:07.83

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 9 - 800 Metre Run**

8 Lenny Lancaster	Temora	3:12.20
9 Joseph Heffrnan	Northern Illawarra	3:20.26
10 Brodie Strangeway	Lake Illawarra	3:21.12
11 Nicholas Sargeant	Shoalhaven	3:28.21
12 Cohen Marsden	Wollondilly	3:30.06

Boys U 10 - 800 Metre Run

=====			
Region:	R 2:26.50	20/02/1993	A. O'Neill, Koorringal Wagga
State:	S 2:21.60	25/03/1979	Paul Kelly, Greystanes
Name	Age	Centre	Final
=====			
1 Thomas Partland		Wollongong City	2:42.44
2 Aiden Dhu		Shoalhaven	2:45.82
3 Macleay Kesby		Wollongong City	2:48.97
4 Sebastian Diver		Milton-Ulladulla	2:54.28
5 Owen Cragg		Bowral	2:55.37
6 James Uitterlinden		Dapto	2:57.48
7 Cooper Walsh		Dapto	2:58.77
8 Lucas Woodham		Wagga Wagga	3:02.22
9 Nate Sergi		Griffith & District	3:03.47
10 Lincoln Reynolds		Northern Illawarra	3:06.33
11 William Erwin		Wollondilly	3:11.67

Boys U 11 - 800 Metre Run

=====			
Region:	R 2:20.50	20/02/1994	A. O'Neill, Koorringal Wagga
State:	S 2:17.37	24/03/2013	Luke Young, Macquarie Hunte
Name	Age	Centre	Final
=====			
1 Mason Mescia		Koorringal Wagga	2:29.89
2 Noah Towill		Wollongong City	2:31.40
3 Joshua Benefiel		Wollongong City	2:36.73
4 Cody Sullivan		Wollongong City	2:40.46
5 Alex Gallagher		Northern Illawarra	2:41.36
6 Reilly Caswell		Shoalhaven	2:42.58
7 Toby Dyball		Shoalhaven	2:44.64
8 James DalBroi		Griffith & District	2:46.69
9 Lachlan Martin		Kiama	3:04.29
10 Daray Davis		Shoalhaven	3:07.60
11 Bede Kenny		Griffith & District	3:07.80
12 Jordan Virago		Griffith & District	3:10.91
13 Liam Watkins		Tumut & District	3:14.21

Boys U 12 - 800 Metre Run

=====			
Region:	R 2:18.10	20/02/1995	A. O'Neill, Koorringal Wagga
State:	S 2:13.20	20/03/2005	James Connor, Campbelltown
Name	Age	Centre	Final
=====			
1 Jack McClutchie		Wollongong City	2:26.39
2 Joe Hinds		Northern Illawarra	2:26.95
3 Rush Taylor		Northern Illawarra	2:40.35
4 Noah Parker		Kiama	2:41.88
5 Lachlan Musson		Shoalhaven	2:43.71
6 Mitchell Blackburn		Wollongong City	2:48.30

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 12 - 800 Metre Run**

7	Kade Dhu	Shoalhaven	2:52.32
8	Eamon Ritter	Northern Illawarra	3:09.59
9	Tyson Kentwell	Young & District	3:11.40

Boys U 13 - 800 Metre Run

=====			
	Region: R	2:14.70	20/02/1993 A. White, Griffith
	State: S	2:06.10	17/03/1985 Robert Wunder, Northern Sub
	Name	Age Centre	Final
=====			
1	William Dyball	Shoalhaven	2:27.02
2	Loro Kuron	Kooringal Wagga	2:31.27
3	Ryan Smith	Shoalhaven	2:33.76
4	Oliver Halls	St Georges Basin	2:40.24
5	Elijah Byron	Dapto	2:41.13
6	Logan Burkinshaw	Wagga Wagga	2:44.58
7	Harry Waddell	Wollondilly	2:51.77
8	Cohen Deegan	Kiama	3:21.97

Boys U 14 - 800 Metre Run

=====			
	Region: R	2:09.70	17/02/2013 Scotti Hamilton, Wollongong
	State: S	2:01.40	19/03/2017 Joshua Atkinson, Hills Dist
	Name	Age Centre	Final
=====			
1	Nathan Henderson-Walls	Wollongong City	2:18.56
2	Isaac Shaw	Albion Park	2:19.55
3	Jai Holland	Shoalhaven	2:20.67
4	Ben Shephard	Milton-Ulladulla	2:22.00
5	Lachlan Wallace	Griffith & District	2:30.47
6	Sam Maher	Shoalhaven	2:37.65
7	Sean Ritter	Northern Illawarra	2:42.81
8	David White	Leeton	2:45.19
9	Zane Howarth	Dapto	2:56.80

Boys U 15 - 800 Metre Run

=====			
	Region: R	2:05.30	16/02/2014 Scott Hamilton, Wollongong
	State: S	1:57.20	20/02/2005 James Kaan, Hills District
	State: S	1:57.20	16/03/2008 James Connor, Campbelltown
	Name	Age Centre	Final
=====			
1	Jack Gould	Tumut & District	2:06.30
2	Max Buckham	Shoalhaven	2:13.17
3	Alexander Robinson	Griffith & District	2:24.76
4	Damian Wells	Temora	2:25.47
5	Rowan Karanja	Albion Park	2:41.00

Boys U 17 - 800 Metre Run

=====			
	Region: R	1:58.20	22/02/2015 Jye Edwards, Albion Park
	State: S	1:54.00	5/03/2017 Tyler Gunn, Gosford
	Name	Age Centre	Final
=====			
1	Joshua Baulch	Leeton	1:57.19R
2	Jesse Buckham	Shoalhaven	2:03.61

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 17 - 800 Metre Run**

3	Jordan Heywood	Albion Park	2:06.68
4	Nathan Scollary	Kiama	2:13.62
5	Jake Attwell	Dapto	2:14.64
6	Kobe Priest	Koorringal Wagga	2:16.90
7	Saxon Southwell	Young & District	2:17.10

Boys U 10 - 1500 Metre Run

=====			
Region: R 5:02.00 20/02/1993 A. O'Neill, Koorringal Wagga			
State: S 4:44.10 19/03/1983 Richard McCarthy, Randwick			
Name	Age	Centre	Final
=====			
1	Thomas Partland	Wollongong City	5:25.64
2	Macleay Kesby	Wollongong City	5:27.66
3	Aiden Dhu	Shoalhaven	5:32.90
4	Ronan Whitten	Wollongong City	5:46.37
5	Benji Lee-Billinghurst	Bowral	5:59.33
6	James Uitterlinden	Dapto	6:01.13
7	Nate Sergi	Griffith & District	6:11.21
8	Ted Thomas	Corowa	6:25.51
9	Zac Richter	Shoalhaven	6:35.36

Boys U 11 - 1500 Metre Run

=====			
Region: R 4:55.30 20/02/1994 A. O'Neill, Koorringal Wagga			
State: S 4:36.90 17/03/1984 Richard McCarthy, Randwick			
Name	Age	Centre	Final
=====			
1	Mason Mescia	Koorringal Wagga	5:08.14
2	Joshua Benefiel	Wollongong City	5:11.31
3	Noah Towill	Wollongong City	5:14.60
4	Cody Sullivan	Wollongong City	5:28.72
5	Toby Dyball	Shoalhaven	5:43.02
6	Hamish McLaren	Shoalhaven	6:07.09
7	Daray Davis	Shoalhaven	6:10.18
8	Lexin O'Dea	Albion Park	6:11.13
9	Jack Pomery	Wollongong City	6:38.37

Boys U 12 - 1500 Metre Run

=====			
Region: R 4:40.20 20/02/1995 A. O'Neill, Koorringal Wagga			
State: S 4:27.20 19/03/1983 Peter Stellino, Hills Distr			
Name	Age	Centre	Final
=====			
1	Jack McClutchie	Wollongong City	4:53.79
2	Joe Hinds	Northern Illawarra	5:05.06
3	Keegan Whitten	Wollongong City	5:36.94
4	Kade Dhu	Shoalhaven	5:40.68
5	Alec Morrisby	Wollondilly	5:41.03
6	Tyson Kentwell	Young & District	6:29.89

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 13 - 1500 Metre Run**

=====			
Region: R 4:28.70 20/02/1993 A. White, Griffith			
State: S 4:21.30 18/03/2006 James Connor, Campbelltown			
Name	Age	Centre	Final
=====			
1 William Dyball		Shoalhaven	5:06.06
2 Ryan Smith		Shoalhaven	5:08.01
3 Logan Burkinshaw		Wagga Wagga	5:17.46
4 Harry Waddell		Wollondilly	5:45.99
5 Cameron Walshe		Wagga Wagga	5:54.22
6 Brendon Looby		Leeton	5:56.85

Boys U 14 - 1500 Metre Run

=====			
Region: R 4:29.90 20/02/1994 A. White, Griffith			
State: S 4:11.93 22/03/2014 Harrison Wade, Ryde			
Name	Age	Centre	Final
=====			
1 Isaac Shaw		Albion Park	4:45.45
2 Nathan Henderson-Walls		Wollongong City	4:46.71
3 Ben Shephard		Milton-Ulladulla	4:48.24
4 Jai Holland		Shoalhaven	4:50.27
5 Sam Maher		Shoalhaven	5:26.29

Boys U 15 - 1500 Metre Run

=====			
Region: R 4:22.00 20/02/1995 A. White, Griffith			
State: S 4:03.70 15/03/2008 James Connor, Campbelltown			
Name	Age	Centre	Final
=====			
1 Jack Gould		Tumut & District	4:31.47
2 Max Buckham		Shoalhaven	4:34.48
3 Braith Schmetzer		Leeton	5:52.60
4 Corey Jarvis		St Georges Basin	6:16.42

Boys U 17 - 1500 Metre Run

=====			
Region: R 4:07.00 21/02/2015 Jye Edwards, Albion Park			
State: S 4:02.95 19/03/2016 Harrison Wade, Ryde			
Name	Age	Centre	Final
=====			
1 Nathan Scollary		Kiama	4:25.11
2 Jesse Buckham		Shoalhaven	4:25.38
3 Jordan Heywood		Albion Park	4:26.38
4 Jake Attwell		Dapto	4:35.21
5 Kobe Priest		Koorringal Wagga	4:47.27
6 Ethan Zvargulis		Wollongong City	5:05.56
7 Nash Buzer		Dapto	5:05.70

Boys U 13 - 3000 Metre Run

=====			
Region: R 10:09.30 16/02/2013 Troy Whittington, Albion P			
State: S 9:39.60 20/03/2004 Cameron Page, Gosford			
Name	Age	Centre	Final
=====			
1 Alec Dobson		Shoalhaven	11:17.99
2 Logan Burkinshaw		Wagga Wagga	12:02.16

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 13 - 3000 Metre Run**

3 Harry Waddell	Wollondilly	12:41.59
4 Elijah Byron	Dapto	13:19.11

Boys U 14 - 3000 Metre Run

Region: R 9:39.30 15/02/2014 James Seal, Wollongong City
 State: S 9:13.83 21/03/2014 Harrison Wade, Ryde

Name	Age Centre	Final
------	------------	-------

1 Isaac Shaw	Albion Park	10:17.16
2 Nathan Henderson-Walls	Wollongong City	10:20.42
3 Jai Holland	Shoalhaven	10:20.96
4 Ben Shephard	Milton-Ulladulla	10:37.83
5 Zane Howarth	Dapto	10:55.80

Boys U 15 - 3000 Metre Run

Region: R 9:38.00 20/02/1994 T. Harden, Young

State: S 8:50.60 18/03/2006 Cameron Page, Gosford

Name	Age Centre	Final
------	------------	-------

1 Jack Gould	Tumut & District	11:11.11
2 Ciar'an Flynn	Northern Illawarra	11:13.22
3 Corey Jarvis	St Georges Basin	14:28.41

Boys U 17 - 3000 Metre Run

Region: R 9:22.56 11/02/2017 Troy Whittington, Shoalhave

State: S 8:55.90 18/03/2016 Connor Whiteley, Orange

Name	Age Centre	Final
------	------------	-------

1 Hugh Dobson	Shoalhaven	9:44.45
2 Liam Pass	Albion Park	9:52.49
3 Jake Attwell	Dapto	10:01.93
4 Kobe Priest	Koorringal Wagga	10:24.76
5 Nash Buzer	Dapto	11:38.69

Boys U 8 - 60 Metre Hurdles (45cm)

Region: R 10.70 21/02/2003 Joshua Bingham, Lake Illawarr

State: S 10.63 15/02/2014 Jesse Ingleton, Camden

Name	Age Centre	Heats
------	------------	-------

Heat 1 Heats

1 Harrison Fanning	Koorringal Wagga	12.40Q
2 Darcy Cameron	Wagga Wagga	12.59Q
3 Dylan Short	Northern Illawarra	12.61Q
4 Bailey McKinnon	Young & District	13.33q
5 Quinn Rippon	Albion Park	13.44q

Heat 2 Heats

1 Zach Gillett	Albion Park	11.75Q
2 William Morrison	Wollongong City	12.95Q
3 Oscar Wren	Deniliquin	13.03Q
4 Maximus Owen	Northern Illawarra	13.46
5 Elijah Duncan	Shoalhaven	13.72
6 Zac Clark	Temora	14.27

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 8 - 60 Metre Hurdles (45cm)**

7 Kallan Rendell	Bowral	14.73
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Boys U 8 - 60 Metre Hurdles (45cm)

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=====
Region: R 10.70 21/02/2003 Joshua Bingham, Lake Illawarr
State: S 10.63 15/02/2014 Jesse Ingleton, Camden
Name Age Centre Final
=====

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Section 1 Final

1 Zach Gillett	Albion Park	11.52
2 Darcy Cameron	Wagga Wagga	12.29
3 Dylan Short	Northern Illawarra	12.46
4 Oscar Wren	Deniliquin	12.68
5 William Morrison	Wollongong City	12.84
6 Quinn Rippon	Albion Park	13.24
7 Harrison Fanning	Koorringal Wagga	13.58
8 Bailey McKinnon	Young & District	16.27

Boys U 9 - 60 Metre Hurdles (45cm)

```

=====
Region: R 10.00 20/02/1989 L. Stokes, Lake Illawarra
State: S 9.54 21/02/1999 Joshua Mulligan, Gosford
State: S 9.54 21/03/2009 Rory Barkley, Northern Suburb
Name Age Centre Heats
=====

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Heat 1 Heats

1 Ryan McComb	Tumut & District	10.82Q
2 Joshua McKenzie	Temora	11.26Q
3 Jai Kenny	Griffith & District	11.28Q
4 Jake Duncan	Dapto	11.66q
5 Jamie Malyn	Bowral	12.06
6 Isaac Oldfield	Kiama	12.20
7 Cayless Richens	Young & District	13.52

Heat 2 Heats

1 Asher Chapman	St Georges Basin	10.60Q
2 Zachery Botha	Temora	10.90Q
3 Luke Bechaz	Leeton	11.28Q
4 Riley Gillett	Albion Park	11.60q
5 Tyce Tehovnik	Dapto	11.98
6 Cooper Adlington	Griffith & District	12.23
7 Ryland Coelho	Lake Illawarra	12.50
8 Cain Reko	Bowral	12.85

Boys U 9 - 60 Metre Hurdles (45cm)

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=====
Region: R 10.00 20/02/1989 L. Stokes, Lake Illawarra
State: S 9.54 21/02/1999 Joshua Mulligan, Gosford
State: S 9.54 21/03/2009 Rory Barkley, Northern Suburb
Name Age Centre Final
=====

```

Section 1 Final

1 Asher Chapman	St Georges Basin	10.58
2 Joshua McKenzie	Temora	10.83
3 Zachery Botha	Temora	10.84
4 Ryan McComb	Tumut & District	10.93
5 Jai Kenny	Griffith & District	10.94

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 9 - 60 Metre Hurdles (45cm)**

6 Jake Duncan	Dapto	11.29
7 Luke Bechaz	Leeton	11.48
8 Riley Gillett	Albion Park	11.76

Boys U 10 - 60 Metre Hurdles (60cm)

=====			
Region: R	9.50	20/02/1989	D. Piper, Kiama
State: S	9.74	16/03/2002	Sean Potter, Macquarie Shores
Name		Age Centre	Heats
=====			

Heat 1 Heats

1 Ashton Moran	Wollongong City	10.68Q
2 Sebastian Diver	Milton-Ulladulla	11.59Q
3 Lucas Woodham	Wagga Wagga	11.92Q
4 Nick Cooper	West Wyalong	12.60q
5 Archie Boag	Griffith & District	12.67q
6 Haryson McKenzie	Temora	13.26

Heat 2 Heats

1 Jake Walsh	Wollongong City	11.45Q
2 Aiden Dhu	Shoalhaven	11.99Q
2 Tasman Rippon	Albion Park	11.99Q
4 Dane Simpson	Dapto	12.73
5 William Erwin	Wollondilly	13.03
6 Khye Forrester	Wollongong City	13.19
7 Jacob McKinnon	Young & District	13.55

Boys U 10 - 60 Metre Hurdles (60cm)

=====			
Region: R	9.50	20/02/1989	D. Piper, Kiama
State: S	9.74	16/03/2002	Sean Potter, Macquarie Shores
Name		Age Centre	Final
=====			

Section 1 Final

1 Ashton Moran	Wollongong City	11.09
2 Jake Walsh	Wollongong City	11.29
3 Sebastian Diver	Milton-Ulladulla	11.71
4 Lucas Woodham	Wagga Wagga	11.76
5 Tasman Rippon	Albion Park	11.80
6 Aiden Dhu	Shoalhaven	12.12
7 Nick Cooper	West Wyalong	12.29
8 Archie Boag	Griffith & District	12.69

Boys U 11 - 60 Metre Hurdles (60cm)

=====			
Region: R	9.60	20/02/1993	R. Petrovski, Lake Illawarra
Region: R	9.60	18/02/2006	Joshua Bingham, Lake Illawarr
Region: R	9.60	20/02/2010	Jarrold Twigg, Wollongong City
State: S	9.24	19/02/2000	William Mataka, Revesby Worke
Name		Age Centre	Heats
=====			

Heat 1 Heats

1 Toby Bowley	Temora	10.92Q
2 Lachlan Burchell	Shoalhaven	11.25Q
3 Ajay Bezuidenhout	Dapto	11.52Q
4 Samuel Stout	Wagga Wagga	11.73q

Heat 2 Heats

REGION 4 TRACK & FIELD CHAMPIONSHIPS

Results

....Boys U 11 - 60 Metre Hurdles (60cm)

1	Riley Moran	Wollongong City	10.49Q
2	Preston Schultz	Wagga Wagga	10.89Q
3	Christian Callcut	Griffith & District	11.12Q
4	Bailey Gossage	Shoalhaven	12.84q
5	Aiden Speers	Koorringal Wagga	13.33
6	Brooklyn Mandavy	St Georges Basin	13.34

Boys U 11 - 60 Metre Hurdles (60cm)

Region:	R	9.60	20/02/1993	R. Petrovski, Lake Illawarra
Region:	R	9.60	18/02/2006	Joshua Bingham, Lake Illawarr
Region:	R	9.60	20/02/2010	Jarrod Twigg, Wollongong City
State:	S	9.24	19/02/2000	William Mataka, Revesby Worke
Name			Age Centre	Final

Section 1 Final

1	Riley Moran	Wollongong City	10.45
2	Christian Callcut	Griffith & District	10.65
3	Toby Bowley	Temora	10.69
4	Preston Schultz	Wagga Wagga	11.15
5	Bailey Gossage	Shoalhaven	11.90
6	Ajay Bezuidenhout	Dapto	11.91
7	Samuel Stout	Wagga Wagga	12.06
8	Lachlan Burchell	Shoalhaven	12.28

Boys U 12 - 60 Metre Hurdles (68cm)

Region:	R	9.40	20/02/1989	B. Walker, Wagga Wagga PCYC
State:	S	9.14	19/02/2005	Kane Thompson, Manly Warringa
Name			Age Centre	Heats

Heat 1 Heats

1	Marc Moore	Wollongong City	10.81Q
2	Ben Hale	St Georges Basin	11.83Q
3	Lachlan Field	Wagga Wagga	11.92Q
4	Jonah Allen	Leeton	12.19q
5	Beau Davies	Narrandera	13.19

Heat 2 Heats

1	Trey Quibulue	Northern Illawarra	10.60Q
2	Ryan Keen	Lake Illawarra	11.09Q
3	Alec Morrisby	Wollondilly	11.86Q
4	Beau Sillato	St Georges Basin	12.14q
5	Lachlan Musson	Shoalhaven	12.92

Boys U 12 - 60 Metre Hurdles (68cm)

Region:	R	9.40	20/02/1989	B. Walker, Wagga Wagga PCYC
State:	S	9.14	19/02/2005	Kane Thompson, Manly Warringa
Name			Age Centre	Final

Section 1 Final

1	Trey Quibulue	Northern Illawarra	10.34
2	Marc Moore	Wollongong City	10.51
3	Ryan Keen	Lake Illawarra	10.77
4	Ben Hale	St Georges Basin	11.51
5	Jonah Allen	Leeton	11.72

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 12 - 60 Metre Hurdles (68cm)**

6	Lachlan Field	Wagga Wagga	11.83
7	Alec Morrisby	Wollondilly	11.94
8	Beau Sillato	St Georges Basin	12.24

Boys U 13 - 80 Metre Hurdles (76cm)

=====			
Region:	R 12.50	22/02/2009	Christopher Twigg, Wollongong
State:	S 12.04	16/03/1997	Ahmed Abou-Mahmoud, Winston H
State:	S 12.04	19/03/2000	Ross Roberts, Gosford
Name		Age Centre	Final
=====			

Section 1

1	Oliver Halls	St Georges Basin	13.92
2	Hunter Schultz	Wagga Wagga	13.93
3	Lachlan Poole	Kiama	14.46
4	Tsar Mandavy	St Georges Basin	14.55
5	Hayden Musson	Shoalhaven	15.28
6	Blake Hasler	Wollongong City	16.20
7	Ashton O'Dea	Albion Park	18.58

Boys U 14 - 90 Metre Hurdles (76cm)

=====			
Region:	R 12.60	17/02/2013	Jarrold Twigg, Wollongong City
State:	S 12.04	16/03/2008	Nicholas Hough, Hills Distric
Name		Age Centre	Final
=====			

1	Jett Link	Wollongong City	13.15
2	Lachlan Wallace	Griffith & District	14.80
3	Sean Ritter	Northern Illawarra	19.10

Boys U 15 - 100 Metre Hurdles (76cm)

=====			
Region:	R 13.00	20/02/1997	H. McCue, Albion Park
Region:	R 13.00	16/02/2014	Jarrold Twigg, Wollongong City
State:	S 12.64	22/03/2009	Nicholas Hough, Hills Distric
Name		Age Centre	Final
=====			
1	Leroy Veerhuis	Wollongong City	14.35
2	Rowan Karanja	Albion Park	17.43

Boys U 17 - 110 Metre Hurdles (76cm)

=====			
Region:	R 14.30	22/02/2015	Jarrold Twigg, Wollongong City
Region:	R 14.60	20/02/2011	Dean Invernon, Lake Illawarra
State:	S 13.64	24/03/2013	Ivor Metcalf, Randwick Botany
Name		Age Centre	Final
=====			
1	Blake Barklay	Wollongong City	15.06
2	Lachlan Crawford	Kiama	17.54

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 13 - 200 Metre Hurdles (68cm)**

Name	Age	Centre	Final
Region: R 27.40 20/02/1993 C. Tubby, Wollongong City			
State: S 26.21 19/03/2011 Jarrod Cullen, Canterbury			
Name	Age	Centre	Final
1 Ramses Munro		Northern Illawarra	29.51
2 Hunter Schultz		Wagga Wagga	29.65
3 Oliver Halls		St Georges Basin	29.75
4 Hayden Musson		Shoalhaven	31.34
5 Lachlan Poole		Kiama	33.40

Boys U 14 - 200 Metre Hurdles (76cm)

Name	Age	Centre	Final
Region: R 26.60 20/02/1993 J. Fililose, Parkes			
State: S 24.64 15/03/2008 Nicholas Hough, Hills Distric			
Name	Age	Centre	Final
1 Jett Link		Wollongong City	27.88
2 Kippy Langat		Kooringal Wagga	29.13
3 Jay Summers		Griffith & District	35.81

Boys U 15 - 300 Metre Hurdles (76cm)

Name	Age	Centre	Final
Region: R 45.85 11/02/2017 Blake Barklay, Wollongong Cit			
State: S 38.92 18/03/2017 Thomas Hunt, Northern Suburbs			
Name	Age	Centre	Final
1 Leroy Veerhuis		Wollongong City	43.48R
2 Joshua Gamble		Lake Illawarra	50.68

Boys U 17 - 300 Metre Hurdles (76cm)

Name	Age	Centre	Final
Region: R 42.19 11/02/2017 Isaac O'Brien, Wollongong Cit			
State: S 37.14 18/03/2017 Sebastien Moir, South Eastern			
Name	Age	Centre	Final
1 Blake Barklay		Wollongong City	41.67R
2 Thomas Power		St Georges Basin	43.25
3 Lachlan Crawford		Kiama	46.43

Boys U 9-10 100 Metre Run Para

Name	Age	Centre	Final
1 Aidyn Zeccvic		Wollongong City	33.22

Boys U 9-12 4x100 Metre Relay (Jnr)

Centre	Final
Region: R 55.90 22/02/2009 Albion Park, Albion Park	
State: S 53.84 17/03/1996 Bankstown Sports	
State: S 53.84 20/03/2016 Ku-Ring-Gai	
Centre	Final
1 Albion Park	56.90
1) Germaine Wright 9	2) Tasman Rippon 10
3) Lucas Campbell 11	4) Kalani Vella 12
2 Wollongong City	56.92

REGION 4 TRACK & FIELD CHAMPIONSHIPS

Results

....Boys U 9-12 4x100 Metre Relay (Jnr)

- | | |
|-----------------------|--------------------------|
| 1) Gabriel Lombardi 9 | 2) Cooper Morrison 10 |
| 3) Yoan Ciugureanu 11 | 4) Thomas Kirk 12 |
| 3 Dapto | 1:03.93 |
| 1) Tyce Tehovnik 9 | 2) James Uitterlinden 10 |
| 3) Brent Coggan 11 | 4) Luke Kolts 12 |

Boys U 12-17 4x100 Metre Relay (Snr)

=====			
Region:	R 47.40	22/02/2009	Wollongong City, Wollongong C
State:	S 45.63	21/03/2010	Cherrybrook
Centre			Final
=====			
1 Griffith & District			48.98
1) Jack Neyland 13	2) Ethan Donetto 14		
3) Connor Sully 15	4) Flynn Bonfield-Watson 17		
2 Koorringal Wagga			49.16
1) Will Cooper 13	2) Jackson Hare 14		
3) Gerard Okerenyang 14	4) David Curtis 17		
3 Young & District			50.70
1) Mathew Murphy 13	2) George Fuller 14		
3) Jordan Foster 15	4) Saxon Southwell 17		
4 Wollongong City			50.76
1) Tobias Delaney 13	2) Jett Link 14		
3) Clarry Christopherson 15	4) Blake Barklay 17		
5 Shoalhaven			52.38
1) Hayden Musson 13	2) Jai Holland 14		
3) Max Buckham 15	4) Jesse Buckham 17		
6 Northern Illawarra			53.47
1) Joshua Walker 13	2) Ramses Munro 13		
3) Ji Latini 15	4) Nathan Bowman 15		
7 Kiama			54.08
1) Tyrell Taione 13	2) Lachlan Poole 13		
3) Matt Cordell 15	4) Lachlan Crawford 17		

Boys U 9 - High Jump (S/H 0.90m)

=====			
Region:	R 1.33m	20/02/1993	M. Doggett, Lithgow
State:	S 1.40m	17/03/1985	Jamie Shortland, Randwick Bot
State:	S 1.40m	21/03/2009	Harrison Brierley, Illawong
Name	Age	Centre	Final
=====			
Flight 1			
1 Elijah Dikkenberg		Koorringal Wagga	1.14m
2 Benjamin Virago		Griffith & District	1.12m
3 Jake Duncan		Dapto	1.10m
4 Jai Kenny		Griffith & District	1.05m
4 Cooper Adlington		Griffith & District	1.05m
4 Locklen Oti		Koorringal Wagga	1.05m
7 Ryan McComb		Tumut & District	1.00m
7 Cain Reko		Bowral	1.00m
9 Tyce Tehovnik		Dapto	0.95m
10 Darcy Attwell		Dapto	0.90m
-- Ryland Coelho		Lake Illawarra	FAIL

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 10 - High Jump (S/H 1.00m)**

=====			
Region: R 1.41m		20/02/1994	M. Doggett, Lithgow
State: S 1.51m		21/03/2004	Jake Stein, Warradale
Name	Age	Centre	Final
=====			
1 Archie Boag		Griffith & District	1.10m
1 Elijah Howarth		Wollongong City	1.10m
1 Callum McIntosh		Griffith & District	1.10m
1 Lucas Woodham		Wagga Wagga	1.10m
5 Haryson McKenzie		Temora	1.05m
5 Troy Morrisby		Wollondilly	1.05m
7 Thomas Johnstone		Leeton	1.00m
7 Ronan Whitten		Wollongong City	1.00m
-- Cooper Walsh		Dapto	NH
-- Justin Eade-Hollier		Griffith & District	NH
-- Owen Cragg		Bowral	NH

Boys U 11 - High Jump (S/H 1.10m)

=====			
Region: R 1.51m		20/02/1995	M. Doggett, Lithgow
State: S 1.63m		17/03/1996	John Thornell, Green Valley
Name	Age	Centre	Final
=====			
1 Christian Callcut		Griffith & District	1.36m
2 Max Deal		Koorringal Wagga	1.34m
3 Lucas Campbell		Albion Park	1.28m
4 Riley Moran		Wollongong City	1.25m
5 Noah Towill		Wollongong City	1.25m
6 Thomas Galea		Dapto	1.20m
7 Lachlan Burchell		Shoalhaven	1.15m

Boys U 12 - High Jump (S/H 1.20m)

=====			
Region: R 1.62m		20/02/1998	S. Cluff, Shoalhaven
State: S 1.72m		21/03/2009	Thibaut Potin, Illawong
Name	Age	Centre	Final
=====			
1 Keegan Whitten		Wollongong City	1.38m
2 Marc Moore		Wollongong City	1.35m
3 Samuel Baggett		Koorringal Wagga	1.25m
4 Brodie Masters		Dapto	1.20m
4 Matthew Walker		Northern Illawarra	1.20m
4 Beau Sillato		St Georges Basin	1.20m

Boys U 13 - High Jump (S/H 1.25m)

=====			
Region: R 1.71m		19/02/2012	Jake Rallings, Albion Park
State: S 1.81m		21/03/2010	Thibaut Potin, Illawong
Name	Age	Centre	Final
=====			
1 William Field		Wagga Wagga	1.57m
2 Mathew Murphy		Young & District	1.53m
3 Tyrell Taione		Kiama	1.47m
4 Jayden Broadbent		Leeton	1.45m
5 Ramses Munro		Northern Illawarra	1.40m
5 Tsar Mandavy		St Georges Basin	1.40m
7 Louis Losurdo		St Georges Basin	1.35m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****...Boys U 13 - High Jump (S/H 1.25m)**

8 Jack Cordell	Kiama	1.30m
9 Loro Kuron	Koorringal Wagga	1.25m

Boys U 14 - High Jump (S/H 1.30m)

Region: R 1.78m 20/02/2000 S. Cluff, Shoalhaven
 State: S 1.95m 20/03/1994 Justin Hathway, Tamworth

Name	Age Centre	Final
------	------------	-------

1 Lachlan Wallace	Griffith & District	1.56m
2 Jackson Hare	Koorringal Wagga	1.54m
3 Jay Summers	Griffith & District	1.52m
4 Henry Cook	Koorringal Wagga	1.45m
5 Levi Willer	Dapto	1.35m
5 Hayden Cooper	West Wyalong	1.35m
7 Zane Howarth	Dapto	1.30m

Boys U 15 - High Jump (S/H 1.30m)

Region: R 1.87m 20/02/1994 M. Carmody, Young
 State: S 2.06m 18/03/2000 James Watson, Manly Warringah

Name	Age Centre	Final
------	------------	-------

1 Matt Cordell	Kiama	1.70m
2 Damian Wells	Temora	1.59m
3 Jordan Foster	Young & District	1.48m
4 Joshua Gamble	Lake Illawarra	1.35m
5 Rowan Karanja	Albion Park	1.30m

Boys U 17 - High Jump (S/H 1.35m)

Region: R 1.90m 11/02/2017 Nicholas Horton, Dapto
 State: S 2.10m 20/03/2010 Brandon Starc, Parramatta

Name	Age Centre	Final
------	------------	-------

1 Austen Lantry	Wollongong City	1.80m
2 Ethan Zvargulis	Wollongong City	1.70m
3 Kobe Priest	Koorringal Wagga	1.60m
4 Andrew Lau	Dapto	1.55m
4 Saxon Southwell	Young & District	1.55m
6 Allan Gardiner	Finley	1.50m

Boys U 8 - Long Jump

Region: R 3.83m 21/02/1992 M. Doggett, Lithgow
 State: S 4.24m 22/02/1987 Steven Grant, Port Hacking

Name	Age Centre	Final
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1 Aidan Williams	Lake Illawarra	3.68m
2 Dean Austin	Shoalhaven	3.32m
3 Oscar Wren	Deniliquin	3.30m
4 Blake Plummer	Dapto	3.23m
5 Austin Ross-Anderson	Corowa	3.16m
6 Maximus Owen	Northern Illawarra	3.07m
7 Harry Wheatley	Wagga Wagga	3.00m
8 Markian Riznyk	Wollongong City	2.90m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 8 - Long Jump**

8 Lado Kuron	Koorringal Wagga	2.90m
10 Tynan Caswell	Shoalhaven	2.72m
11 Harrison Fanning	Koorringal Wagga	2.67m
12 Elijah Duncan	Shoalhaven	2.57m
13 Connor Hutchins	Griffith & District	2.46m
14 Leroy Reynolds	Northern Illawarra	2.34m
15 Zac Uitterlinden	Dapto	2.17m

Boys U 9 - Long Jump

Region: R 4.25m 20/02/1991 J. McClements, Bathurst and D
 State: S 4.71m 24/03/1991 Grant Buchanan, Illawong

Name	Age Centre	Final
1 Germaine Wright	Albion Park	3.97m
2 Elijah Dikkenberg	Koorringal Wagga	3.86m
3 Archer Coppolino	Corowa	3.74m
4 Cameron Paull	Milton-Ulladulla	3.60m
5 Ryan McComb	Tumut & District	3.54m
6 Zachery Botha	Temora	3.38m
7 Phoenix Williams	Milton-Ulladulla	3.35m
8 Max Wiencke	Temora	3.30m
9 Bryce Krause	Temora	3.26m
10 Luke Bechaz	Leeton	3.16m
11 Caelan Granger	Bowral	2.93m
11 Cohen Marsden	Wollondilly	2.93m
13 Nicholas Sargeant	Shoalhaven	2.72m
14 Joseph Heffrnan	Northern Illawarra	2.68m

Boys U 10 - Long Jump

Region: R 4.70m 20/02/1994 M. Doggett, Lithgow
 State: S 5.17m 16/03/1980 Martin Moore, Bathurst

Name	Age Centre	Final
1 Cooper Morrison	Wollongong City	4.03m
2 Charlie Harper	Wagga Wagga	3.95m
3 Jackson Riley	Young & District	3.75m
4 Jake Walsh	Wollongong City	3.65m
5 Benji Lee-Billinghurst	Bowral	3.51m
6 Callum McIntosh	Griffith & District	3.43m
7 Sebastian Diver	Milton-Ulladulla	3.39m
8 Troy Morrisby	Wollondilly	3.31m
9 Perry Herbert	Lake Illawarra	3.24m
10 Nate Sergi	Griffith & District	3.16m
11 Jacob McKinnon	Young & District	3.14m
12 Lane Williams	Milton-Ulladulla	2.80m

Boys U 11 - Long Jump

Region: R 5.22m 20/02/1995 M. Doggett, Lithgow
 State: S 5.34m 7/02/1987 Craig Woodroff, Manly Warring

Name	Age Centre	Final
1 Lucas Campbell	Albion Park	4.58m
2 Reilly Caswell	Shoalhaven	4.46m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****...Boys U 11 - Long Jump**

3	Christian Callcut	Griffith & District	4.24m
4	Brent Coggan	Dapto	4.19m
5	Cooper Deegan	Kiama	3.99m
6	Samuel Stout	Wagga Wagga	3.96m
7	Oscar Perrot	Wagga Wagga	3.77m
8	Chase Grant	Wollongong City	3.73m
9	Nickan Rahmannia	Wollongong City	3.60m
10	Jayden Mazoudier	Dapto	3.20m
11	Harrison Steele	Northern Illawarra	3.01m
12	Tom Cooper	Leeton	2.87m
13	Lincon Betts	Shoalhaven	2.77m
14	Adam Blackbourn	Wollongong City	2.58m

Boys U 12 - Long Jump

Region: R 5.14m 20/02/1998 J. Finkernagael, Albion Park
 State: S 5.86m 17/03/1996 Michael Doggett, Lithgow

Name	Age	Centre	Final
------	-----	--------	-------

1	Marc Moore	Wollongong City	4.15m
2	Lachlan Field	Wagga Wagga	4.08m
3	Blaine Speers	Koorringal Wagga	3.90m
4	Nat Carroll	Wollondilly	3.88m
5	Samuel Baggett	Koorringal Wagga	3.86m

Boys U 13 - Long Jump

Region: R 5.55m 20/02/1989 C. Wicks, St Georges Basin
 State: S 6.11m 19/03/2006 Kurt Jenner, Mt Pritchard

Name	Age	Centre	Final
------	-----	--------	-------

1	Ramses Munro	Northern Illawarra	4.97m
2	Hunter Schultz	Wagga Wagga	4.84m
3	Oliver Halls	St Georges Basin	4.76m
4	Tobias Delaney	Wollongong City	4.57m
5	Lachlan Poole	Kiama	4.45m
6	Blake Hasler	Wollongong City	4.44m
7	Tyrell Taione	Kiama	4.35m
8	William Field	Wagga Wagga	4.29m
9	Will Cooper	Koorringal Wagga	4.19m
10	Louis Losurdo	St Georges Basin	3.93m
11	Jayden Broadbent	Leeton	3.76m
12	Brendon Looby	Leeton	3.36m

Boys U 14 - Long Jump

Region: R 6.31m 20/02/1998 A. Cominicioli, Mudgee
 State: S 6.52m 17/03/1996 Stephen Jacenko, Balmain

Name	Age	Centre	Final
------	-----	--------	-------

1	Ethan Donetto	Griffith & District	5.66m
2	George Fuller	Young & District	5.54m
3	Jett Link	Wollongong City	5.26m
4	Jai Holland	Shoalhaven	4.92m
5	Jack Murphy	Young & District	4.70m
6	Kippy Langat	Koorringal Wagga	4.68m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****....Boys U 14 - Long Jump**

7 Sean Ritter	Northern Illawarra	4.05m
8 Levi Willer	Dapto	3.86m
9 Mathew Hutchison	Lake Illawarra	3.83m
9 Zane Howarth	Dapto	3.83m

Boys U 15 - Long Jump

=====			
Region:	R 6.51m	20/02/1999	A. Cominicioli, Mudgee
State:	S 7.12m	20/03/2009	Thomas Soliman, Blacktown
Name		Age Centre	Final
=====			
1 Connor Sully		Griffith & District	6.11m
2 Nathan Bowman		Northern Illawarra	5.59m
3 Ji Latini		Northern Illawarra	5.37m
4 Jake Trower		Albion Park	5.28m
5 Damian Wells		Temora	5.13m
6 Mason Beresford		Shoalhaven	4.52m
7 Joshua Gamble		Lake Illawarra	4.45m

Boys U 17 - Long Jump

=====			
Region:	R 6.57m	19/02/2011	Dean Invernon, Lake Illawarra
State:	S 7.28m	18/03/2017	Alex Willett, Manly Warringah
Name		Age Centre	Final
=====			
1 Godfrey Okerenyang		Koorringal Wagga	6.88mR
2 Jacob Mills		Wagga Wagga	5.94m
3 Isaiah Ryder		Albion Park	5.73m
4 Austen Lantry		Wollongong City	5.56m
5 Blake Barklay		Wollongong City	5.53m
6 Thomas Power		St Georges Basin	5.48m
7 Allan Gardiner		Finley	5.32m
8 Ethan Zvargulis		Wollongong City	5.24m
9 David Curtis		Koorringal Wagga	4.84m
-- Noah Methven		Northern Illawarra	ND

Boys U 11 - Triple Jump

=====			
Region:	R 9.74m	18/02/2006	Joshua Bingham, Lake Illawar
State:	S 11.06m	27/03/1993	David Geddes, Manly Warringa
Name		Age Centre	Final
=====			
1 Brent Coggan		Dapto	8.71m
2 Chase Grant		Wollongong City	8.40m
3 Alex Gallagher		Northern Illawarra	8.29m
4 Elias Oldfield		Kiama	8.11m
5 Toby Bowley		Temora	7.92m
6 Cooper Deegan		Kiama	7.66m
7 Bede Kenny		Griffith & District	7.30m
8 Brody Summers		Griffith & District	7.21m
9 Marcus Liackman		Northern Illawarra	6.57m
10 Mitchell Healey		Northern Illawarra	6.37m
11 Lincon Betts		Shoalhaven	6.03m
-- Joshua Hosking		Lake Illawarra	FOUL
-- Preston Schultz		Wagga Wagga	FOUL

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 12 - Triple Jump**

=====			
Region: R 10.92m		20/02/2004	Kevin Orgaz, St Georges Basi
State: S 12.78m		19/03/1995	Gima Keimelo, Randwick Botan
Name	Age	Centre	Final
=====			
1 Marc Moore		Wollongong City	8.66m
2 Trey Quibulue		Northern Illawarra	8.21m
3 Nat Carroll		Wollondilly	8.10m
4 Blaine Speers		Koorringal Wagga	7.97m
5 Keegan Whitten		Wollongong City	7.80m
6 Matthew Walker		Northern Illawarra	7.52m
7 Lachlan Musson		Shoalhaven	7.39m
8 James Murray		Bowral	6.77m

Boys U 13 - Triple Jump

=====			
Region: R 11.65m		20/02/2010	Jye Brooker, Albion Park
State: S 12.72m		18/03/2007	Nicholas Hough, Hills Distri
Name	Age	Centre	Final
=====			
1 Hunter Schultz		Wagga Wagga	10.02m
2 Tyrell Taione		Kiama	9.41m
3 Joshua Walker		Northern Illawarra	9.39m
4 Chaise Sergi		Griffith & District	9.36m
4 Loro Kuron		Koorringal Wagga	9.36m
6 Lachlan Poole		Kiama	9.09m
7 Elijah Byron		Dapto	8.45m
8 Brendon Looby		Leeton	6.23m

Boys U 14 - Triple Jump

=====			
Region: R 12.64m		13/02/2016	Godfrey Okerenyang, Koorringa
State: S 13.48m		17/03/1996	David Geddes, Manly Warringa
Name	Age	Centre	Final
=====			
1 Kippy Langat		Koorringal Wagga	11.12m
2 George Fuller		Young & District	11.06m
3 Lachlan Wallace		Griffith & District	10.50m
4 Gerard Okerenyang		Koorringal Wagga	10.04m
5 Jack Murphy		Young & District	9.67m
6 Jay Summers		Griffith & District	9.43m
7 Henry Cook		Koorringal Wagga	9.06m
8 Mathew Hutchison		Lake Illawarra	8.52m
9 Levi Willer		Dapto	8.32m
10 Harrison Best		Dapto	8.08m
-- Zane Howarth		Dapto	FOUL

Boys U 15 - Triple Jump

=====			
Region: R 13.24m		12/02/2017	Godfrey Okerenyang, Koorringa
State: S 14.35m		21/03/1999	Fabrice Lapierre, Blacktown
Name	Age	Centre	Final
=====			
1 Damian Wells		Temora	10.91m
2 Clarry Christopherson		Wollongong City	10.74m
3 Matt Cordell		Kiama	10.73m
4 Alexander Robinson		Griffith & District	10.02m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****...Boys U 15 - Triple Jump**

5	Mason Beresford	Shoalhaven	9.80m
6	Jorden Foster	Young & District	9.61m
7	Braith Schmetzer	Leeton	8.74m
8	Corey Jarvis	St Georges Basin	7.39m

Boys U 17 - Triple Jump

=====			
	Region: R 13.09m	12/02/2017	Jarod Falconer, Albion Park
	State: S 14.80m	24/03/2013	Emmanuel Fakiye, Nth Rocks C
	Name	Age Centre	Final
=====			
1	Jacob Mills	Wagga Wagga	12.18m
2	Blake Barklay	Wollongong City	10.83m
3	Allan Gardiner	Finley	10.77m

Boys U 8 - Shot Put (1.5 Kg)

=====			
	Region: R 8.57m	20/02/2001	Joel Fitness, Albion Park
	State: S 10.98m	6/03/2011	Blake Toohey, Sutherland
	Name	Age Centre	Final
=====			
1	Dean Austin	Shoalhaven	6.45m
2	Connor Hutchins	Griffith & District	5.90m
3	Connor Deegan	Kiama	5.68m
4	Maximus Owen	Northern Illawarra	4.68m
5	Elijah Duncan	Shoalhaven	4.56m
6	Harrison Fanning	Koorringal Wagga	4.49m
7	Zachariah Diver	Milton-Ulladulla	4.31m
8	Bailey McKinnon	Young & District	4.19m
9	Zac Clark	Temora	3.62m
10	Xavier Owen	Northern Illawarra	3.50m
10	Kallan Rendell	Bowral	3.50m
12	Malik Zocevic	Wollongong City	3.35m
13	Zac Uitterlinden	Dapto	3.23m

Boys U 9 - Shot Put (2.0 Kg)

=====			
	Region: R 8.82m	18/03/2005	S. Robinson, Dubbo RSL
	State: S 11.33m	20/03/1999	Jamal Idris, Bankstown Sport
	Name	Age Centre	Final
=====			
1	Alexander Yongai	Koorringal Wagga	7.31m
2	Kaleel Goolagong	Wagga Wagga	6.50m
3	Patrick Smith	Leeton	5.81m
4	Isaac Oldfield	Kiama	5.45m
5	Parker Ivanovski	Lake Illawarra	5.42m
6	Peter Ucin	Koorringal Wagga	5.32m
7	James Barnett	Deniliquin	5.24m
8	Tyce Tehovnik	Dapto	5.20m
9	Jye Douglas	Lake Illawarra	4.77m
10	Phoenix Williams	Milton-Ulladulla	4.71m
11	Cain Reko	Bowral	4.55m
12	Cayless Richens	Young & District	4.39m
13	Riley Pilkington	Griffith & District	4.32m
14	Bryce Krause	Temora	3.97m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 10 - Shot Put (2.0 Kg)**

=====			
Region: R 11.03m		20/02/1989	T. Payten, Temora
State: S 13.22m		20/02/2011	EJ Brown-Vaelua, Nepean
Name	Age	Centre	Final
=====			
1	Jack	Wagga Wagga	9.99m
2	Noah	Lake Illawarra	9.33m
3	Callum	Griffith & District	8.81m
4	Abdul	Koorringal Wagga	7.81m
5	Nick	West Wyalong	7.74m
6	Macleay	Wollongong City	7.28m
7	Khye	Wollongong City	6.24m
8	Jack	Bowral	6.20m
9	Elijah	Wollongong City	5.62m
10	Angus	Shoalhaven	5.57m
11	Michael	Lockhart	4.95m
12	Troy	Wollondilly	4.80m
13	Brody	St Georges Basin	4.79m
14	Jacob	Young & District	3.72m

Boys U 11 - Shot Put (2.0 Kg)

=====			
Region: R 12.67m		20/02/1996	A. Cabanas, Lake Illawarra
State: S 14.42m		19/03/2011	Payne Haas, Macquarie Hunter
Name	Age	Centre	Final
=====			
1	Marcus	Northern Illawarra	9.42m
2	Bede	Deniliquin	9.35m
3	Joshua	Lake Illawarra	8.79m
4	Brody	Griffith & District	8.76m
5	Cooper	Kiama	8.43m
6	William	Wollongong City	8.09m
7	Lachlan	Shoalhaven	7.37m
8	Benjamin	Dapto	7.22m
9	Preston	Wagga Wagga	7.05m
10	Jordan	Kiama	6.84m
11	Rhys	Albion Park	6.57m
12	Bailey	Shoalhaven	6.41m
13	Liam	Tumut & District	5.84m
14	Andrew	Koorringal Wagga	4.90m

Boys U 12 - Shot Put (3.0 Kg)

=====			
Region: R 12.17m		20/02/1992	P. Zamuner, Wollongong City
State: S 15.66m		17/03/2002	Emanuele Fuamatu, Fairfield
Name	Age	Centre	Final
=====			
1	Ryan	Lake Illawarra	11.14m
2	Thomas	Wollongong City	9.70m
3	Vaughn	Milton-Ulladulla	7.52m
4	Jed	Northern Illawarra	7.06m
5	Alastair	West Wyalong	6.95m
6	Max	Shoalhaven	6.92m
7	Beau	Narrandera	6.36m
8	James	Bowral	5.65m
9	Luke	Bowral	5.41m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 13 - Shot Put (3.0 Kg)**

=====			
Region: R 16.24m		20/02/1993	P. Zamuner, Wollongong City
State: S 19.11m		20/03/2009	Tepai Moeroa, Doonside
Name	Age	Centre	Final
=====			
1	Hamilton Tenkate	Northern Illawarra	12.14m
2	Thomas Yongai	Koorringal Wagga	11.41m
3	Jack Neyland	Griffith & District	10.98m
4	Callum Johnson	Shoalhaven	9.28m
5	Ramses Munro	Northern Illawarra	9.24m
6	Jack Cordell	Kiama	8.02m
7	Tyrell Taione	Kiama	7.75m
8	Lachlan Poole	Kiama	7.71m
9	Ethan Ryan	Milton-Ulladulla	7.31m
10	Cohen Deegan	Kiama	7.06m
11	Ashton O'Dea	Albion Park	6.80m
12	Marcus Hasler	Wollongong City	5.62m

Boys U 14 - Shot Put (3.0 Kg)

=====			
Region: R 13.75m		16/02/2014	Samuel Varley, Finley
State: S 18.51m		16/02/2013	Tyrone Taukamo, Randwick Bot
Name	Age	Centre	Final
=====			
1	Gerard Okerenyang	Koorringal Wagga	15.00mR
2	Hayden Cooper	West Wyalong	13.16m
3	David White	Leeton	12.04m
4	Ben Shephard	Milton-Ulladulla	9.85m
5	Ben Johnson	Shoalhaven	9.83m
6	Henry Cook	Koorringal Wagga	9.47m
7	Mathew Hutchison	Lake Illawarra	9.03m
8	Rhys Barnes	Dapto	8.52m

Boys U 15 - Shot Put (4.0 Kg)

=====			
Region: R 17.08m		20/02/2002	A. Cooke, Wollondilly
State: S 19.62m		18/03/2011	Tepai Moeroa, Doonside
Name	Age	Centre	Final
=====			
1	Matt Cordell	Kiama	12.04m
2	Damian Wells	Temora	11.64m
3	Ciar'an Flynn	Northern Illawarra	10.41m
4	Ji Latini	Northern Illawarra	9.93m
5	Jorden Foster	Young & District	9.87m
6	Jack Murphy	Lockhart	9.06m
7	Ben Ebzery	St Georges Basin	8.37m
8	Zac Heywood	Albion Park	8.30m
9	Mason Beresford	Shoalhaven	6.33m

Boys U 17 - Shot Put (5.0 Kg)

=====			
Region: R 14.45m		15/02/2014	Rhys Wilesmith, Leeton
State: S 17.89m		24/03/2012	Tepai Moeroa, Doonside
Name	Age	Centre	Final
=====			
1	Jacob Mills	Wagga Wagga	11.32m
2	Matthew Elliott	Bowral	9.78m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****...Boys U 17 - Shot Put (5.0 Kg)**

3 David Curtis	Koorringal Wagga	9.76m
4 Will Maher	Shoalhaven	7.07m

Boys U 8 - Discus (500 Gram)

Region: R 24.80m 18/02/2007 Luke Debrot, Albion Park		
State: S 31.36m 16/02/1992 Gareth Care, Nth Rocks Carli		
Name	Age Centre	Final
1 Lado Kuron	Koorringal Wagga	18.20m
2 Connor Hutchins	Griffith & District	16.39m
3 Oscar Wren	Deniliquin	15.05m
4 Connor Deegan	Kiama	14.92m
5 Dean Austin	Shoalhaven	14.63m
6 Aidan Williams	Lake Illawarra	14.23m
7 Dylan Short	Northern Illawarra	13.63m
8 Xavier Owen	Northern Illawarra	11.38m
9 Tynan Caswell	Shoalhaven	11.10m
10 Zachariah Diver	Milton-Ulladulla	10.83m
11 Leroy Reynolds	Northern Illawarra	10.16m
12 Zac Clark	Temora	9.92m
13 Kieran Ritter	Northern Illawarra	8.99m
14 Harry Wheatley	Wagga Wagga	8.95m

Boys U 9 - Discus (500 Gram)

Region: R 29.94m 20/02/1996 B. Dryburgh, Leeton		
State: S 36.68m 22/11/1998 Jamal Idris, Bankstown Sport		
Name	Age Centre	Final
1 Alexander Yongai	Koorringal Wagga	29.17m
2 Archer Coppolino	Corowa	20.47m
3 Kaleel Goolagong	Wagga Wagga	20.28m
4 Patrick Smith	Leeton	19.87m
5 Ryan McComb	Tumut & District	19.47m
6 Peter Ucin	Koorringal Wagga	17.85m
7 Locklen Oti	Koorringal Wagga	17.79m
8 Jye Douglas	Lake Illawarra	17.16m
9 Phoenix Williams	Milton-Ulladulla	16.15m
10 James Barnett	Deniliquin	15.95m
11 Riley Boag	Griffith & District	15.53m
12 Parker Ivanovski	Lake Illawarra	15.01m
13 Lachlan Rayner	Northern Illawarra	13.62m
14 Caelan Granger	Bowral	12.46m
15 Darcy Attwell	Dapto	11.97m

Boys U 10 - Discus (500 Gram)

Region: R 35.60m 20/02/1991 D. Sebelic, Mudgee		
State: S 43.20m 19/03/1983 Jason Amberger, Nepean		
Name	Age Centre	Final
1 Nick Cooper	West Wyalong	27.93m
2 Jack Warden	Wagga Wagga	27.13m
3 Callum McIntosh	Griffith & District	26.30m
4 Mitchell Harper	Temora	23.56m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****...Boys U 10 - Discus (500 Gram)**

5	Benji Lee-Billinghurst	Bowral	20.27m
6	Abdul Conteh	Koorringal Wagga	18.89m
7	Brody Watt	St Georges Basin	17.84m
8	Khye Forrester	Wollongong City	15.36m
9	Ted Thomas	Corowa	14.99m
10	Troy Morrisby	Wollondilly	14.24m
11	Zac Richter	Shoalhaven	14.00m
12	Jack Rendell	Bowral	12.43m
13	Lane Williams	Milton-Ulladulla	11.75m
14	Michael Miller	Lockhart	11.43m
15	Jacob McKinnon	Young & District	11.24m

Boys U 11 - Discus (750 Gram)

=====			
Region: R 32.04m 20/02/1996 A. Cooke, Bowral			
State: S 40.45m 17/02/2012 EJ Brown-Vaelua, Nepean			
Name	Age	Centre	Final
=====			
1	Bede Orr	Deniliquin	25.49m
2	William Willis	Wollongong City	25.17m
3	Marcus Liackman	Northern Illawarra	22.35m
4	Cooper Deegan	Kiama	22.06m
5	Benjamin Taylor	Dapto	19.70m
6	Preston Schultz	Wagga Wagga	19.68m
7	Brody Summers	Griffith & District	19.25m
8	Jordan Poole	Kiama	18.29m
9	Hamish McLaren	Shoalhaven	16.87m
10	Alex Gallagher	Northern Illawarra	16.51m
11	Reece Simmons	Finley	16.12m
12	Tom Cooper	Leeton	15.91m
13	James DalBroi	Griffith & District	14.75m
14	Andrew Stumpel-Taylor	Koorringal Wagga	10.40m

Boys U 12 - Discus (750 Gram)

=====			
Region: R 41.69m 21/02/2015 Trey Barlow, Albion Park			
State: S 52.43m 16/03/2002 Emanuele Fuamatu, Fairfield			
Name	Age	Centre	Final
=====			
1	Ryan Keen	Lake Illawarra	40.75m
2	Thomas Kirk	Wollongong City	32.60m
3	Jed Stuart	Northern Illawarra	25.16m
4	Max Beck	Shoalhaven	22.65m
5	Alec Morrisby	Wollondilly	20.75m
6	Brodie Masters	Dapto	20.05m
7	Vaughn Gilligan	Milton-Ulladulla	19.59m
8	Luke Kolts	Dapto	18.97m
9	Nat Carroll	Wollondilly	17.33m

Boys U 13 - Discus (1.0 Kg)

=====			
Region: R 43.46m 20/02/1998 A. Cooke, Bowral			
State: S 53.78m 16/03/2003 Emanuele Fuamatu, Fairfield			
Name	Age	Centre	Final
=====			
1	Lois Villella	Wollongong City	33.87m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****...Boys U 13 - Discus (1.0 Kg)**

2	Thomas Yongai	Koorringal Wagga	30.07m
3	Jack Paterson	Northern Illawarra	24.98m
4	Callum Johnson	Shoalhaven	24.48m
5	Tsar Mandavy	St Georges Basin	24.21m
6	Cameron Walshe	Wagga Wagga	23.93m
7	Ryan Smith	Shoalhaven	23.34m
8	Cohen Deegan	Kiama	21.53m
9	Oliver Halls	St Georges Basin	19.44m
10	Jack Cordell	Kiama	18.99m
11	Louis Losurdo	St Georges Basin	15.95m
--	Hamilton Tenkate	Northern Illawarra	FOUL

Boys U 14 - Discus (1.0 Kg)

Region: R 49.47m 20/02/2000 T. Lane, Coonamble
 State: S 57.71m 20/03/2010 Tepai Moeroa, Doonside

Name	Age	Centre	Final
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1	Gerard Okerenyang	Koorringal Wagga	36.96m
2	Hayden Cooper	West Wyalong	35.28m
3	Ben Johnson	Shoalhaven	28.66m
4	Rhys Barnes	Dapto	25.73m
5	Mathew Hutchison	Lake Illawarra	25.65m
6	Thomas Horsley	Wagga Wagga	21.76m
7	Zane Howarth	Dapto	13.63m

Boys U 15 - Discus (1.0 Kg)

Region: R 55.48m 20/02/1999 A. Murphy, Wollongong City
 State: S 64.26m 15/02/2015 Nicholas Frost, Parramatta

Name	Age	Centre	Final
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1	Damian Wells	Temora	37.97m
2	Matt Cordell	Kiama	34.67m
3	Ciar'an Flynn	Northern Illawarra	33.89m
4	Alexander Robinson	Griffith & District	29.98m
5	Jack Murphy	Lockhart	29.56m
6	Zac Heywood	Albion Park	29.49m
7	Ben Ebzery	St Georges Basin	22.95m
8	Mason Beresford	Shoalhaven	22.69m

Boys U 17 - Discus (1.5 Kg)

Region: R 45.58m 22/02/2015 Nicholas Hay, Wagga Wagga
 State: S 56.17m 22/03/2009 Liam Speers, Macquarie Hunte

Name	Age	Centre	Final
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1	Thomas Power	St Georges Basin	30.44m
2	Jonty Faulkner	Dapto	29.58m
3	Andrew Lau	Dapto	28.42m
4	Kobe Priest	Koorringal Wagga	27.50m
5	Jacob Mills	Wagga Wagga	27.47m
6	Allan Gardiner	Finley	26.64m
7	David Curtis	Koorringal Wagga	24.01m
8	Will Maher	Shoalhaven	16.94m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 9-10 Discus Para**

Name	Age Centre	Final
1 Aidyn Zeccvic	Wollongong City	3.77m

Boys U 11 - Javelin (400 Gram)

Name	Age Centre	Final
Region: R 27.54m 12/02/2017 Drew Langdon, Lake Illawarra		
State: S 34.27m 19/03/2016 Baxter Kitteringham, Port Ha		
Name	Age Centre	Final
1 Bede Orr	Deniliquin	26.58m
2 Reece Simmons	Finley	21.09m
3 Jordan Poole	Kiama	20.87m
4 Marcus Liackman	Northern Illawarra	20.45m
5 Elias Oldfield	Kiama	19.82m
6 Hamish McLaren	Shoalhaven	18.24m
7 William Willis	Wollongong City	17.42m
8 Toby Bowley	Temora	14.64m
9 Cade Chapman	St Georges Basin	14.54m
10 Lincon Betts	Shoalhaven	13.49m
11 Tom Cooper	Leeton	12.38m
12 Benjamin Taylor	Dapto	10.33m
13 Andrew Stumpel-Taylor	Koorringal Wagga	8.83m

Boys U 12 - Javelin (400 Gram)

Name	Age Centre	Final
Region: R 34.33m 22/02/2015 Lachlan Smith, Milton-Ulladu		
State: S 40.48m 21/03/2015 Daniel Menin, Parramatta		
Name	Age Centre	Final
1 Alec Morrisby	Wollondilly	27.71m
2 Ryan Keen	Lake Illawarra	25.49m
3 Brodie Masters	Dapto	24.91m
4 Trey Quibulue	Northern Illawarra	20.81m
5 Jonah Allen	Leeton	19.79m
6 Alastair Ramsay	West Wyalong	19.22m
7 Jake Wilkins	Lake Illawarra	15.90m
8 Eamon Ritter	Northern Illawarra	15.68m
9 Jed Stuart	Northern Illawarra	11.53m

Boys U 13 - Javelin (600 Gram)

Name	Age Centre	Final
Region: R 39.37m 20/02/2000 N. Sievert, Mudgee		
State: S 48.80m 18/03/2007 Shane Nicholls, Kurrajong Bi		
Name	Age Centre	Final
1 Hamilton Tenkate	Northern Illawarra	33.30m
2 Thomas Yongai	Koorringal Wagga	25.99m
3 Ryan Smith	Shoalhaven	25.58m
4 Jack Cordell	Kiama	23.89m
5 Tsar Mandavy	St Georges Basin	21.34m
6 Callum Johnson	Shoalhaven	21.04m
7 Cameron Walshe	Wagga Wagga	14.87m
8 Marcus Hasler	Wollongong City	13.51m
9 Jaymes Cassar	Dapto	11.69m

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 14 - Javelin (600 Gram)**

=====			
Region: R 48.00m		20/02/1999	A. Cooke, Wollondilly
State: S 56.87m		18/03/2001	Jonathon Wynn, Camden Haven
Name	Age	Centre	Final
=====			
1 Jay Summers		Griffith & District	28.15m
2 Ben Johnson		Shoalhaven	23.19m
3 Mathew Hutchison		Lake Illawarra	21.70m
4 Rhys Barnes		Dapto	21.58m
5 Harrison Best		Dapto	19.06m
6 Sean Ritter		Northern Illawarra	15.85m

Boys U 15 - Javelin (700 Gram)

=====			
Region: R 44.25m		15/02/2014	Connar Grozde, Albion Park
State: S 59.69m		15/02/2014	Cameron McEntyre, Ku-Ring-Ga
Name	Age	Centre	Final
=====			
1 Matt Cordell		Kiama	35.60m
2 Zac Heywood		Albion Park	27.44m
3 Jack Murphy		Lockhart	24.81m
4 Joshua Gamble		Lake Illawarra	22.50m
5 Rowan Karanja		Albion Park	22.29m
6 Mason Beresford		Shoalhaven	21.75m
7 Braith Schmetzer		Leeton	19.08m

Boys U 17 - Javelin (700 Gram)

=====			
Region: R 56.40m		22/02/2015	Lachlan Varley, Finley
State: S 68.40m		24/03/2013	Rhys Stein, Warradale
Name	Age	Centre	Final
=====			
1 Matthew Elliott		Bowral	43.76m
2 Allan Gardiner		Finley	36.38m
3 Thomas Power		St Georges Basin	35.06m
4 Blake Barklay		Wollongong City	35.04m
5 Jacob Mills		Wagga Wagga	34.89m
6 Jonty Faulkner		Dapto	28.09m
7 Austen Lantry		Wollongong City	27.44m
8 Andrew Lau		Dapto	24.65m

Boys U 9 - 700 Metre Walk

=====			
Region: R 4:13.10		22/02/2015	Brodie Masters, Dapto
State: S 3:15.36		20/03/2016	Peter Elliott, Quakers Hill
Name	Age	Centre	Final
=====			
Section 1			
1 Parker Ivanovski		Lake Illawarra	4:33.36
2 Brodie Strangeway		Lake Illawarra	4:51.15
3 Jye Douglas		Lake Illawarra	5:23.25
-- Jaxsan Clark		Temora	DQ

REGION 4 TRACK & FIELD CHAMPIONSHIPS**Results****Boys U 10 - 1100 Metre Walk**

Name	Age	Centre	Final
Region: R 6:22.60 20/02/1998 R. Toyer, Lake Illawarra			
State: S 5:01.70 22/03/1998 Luke Fitzgerald, Nepean			
Name	Age	Centre	Final
1 Lane Williams		Milton-Ulladulla	8:02.68
2 Brody Watt		St Georges Basin	8:16.18
3 James Uitterlinden		Dapto	9:23.70
-- Owen Cragg		Bowral	DQ

Boys U 11 - 1100 Metre Walk

Name	Age	Centre	Final
Region: R 5:38.30 20/02/2004 N. MacKinnon, Lake Illawarr			
State: S 5:05.80 21/03/1999 Luke Fitzgerald, Nepean			
Name	Age	Centre	Final
1 Ajay Bezuidenhout		Dapto	7:03.68
2 Cade Chapman		St Georges Basin	8:40.44
3 Benjamin Taylor		Dapto	9:06.03
4 Brooklyn Mandavy		St Georges Basin	9:36.66
-- Daray Davis		Shoalhaven	DQ

Boys U 12 - 1500 Metre Walk

Name	Age	Centre	Final
Region: R 8:05.40 20/02/1994 C. Fearnley, Bathurst and D			
State: S 6:45.20 19/03/2000 Luke Fitzgerald, Nepean			
Name	Age	Centre	Final
1 Mark Walker		Koorringal Wagga	8:19.55
2 Keegan Whitten		Wollongong City	8:36.26
3 Brodie Masters		Dapto	9:18.82
4 Kade Dhu		Shoalhaven	10:21.10
5 Luke Kolts		Dapto	10:36.27

Boys U 13 - 1500 Metre Walk

Name	Age	Centre	Final
Region: R 6:55.00 20/02/1994 Troy Sundstrom, Highlanders			
State: S 6:30.40 28/03/1993 David Beacroft, Blacktown			
Name	Age	Centre	Final
1 Harry Waddell		Wollondilly	10:36.11
2 Tsar Mandavy		St Georges Basin	11:17.26
3 Ashton O'Dea		Albion Park	12:10.95

Boys U 14 - 1500 Metre Walk

Name	Age	Centre	Final
Region: R 6:32.20 20/02/1995 Troy Sundstrom, Highlanders			
State: S 6:13.40 19/03/1995 Troy Sundstrom, Highlanders			
Name	Age	Centre	Final
1 Harrison Best		Dapto	8:42.74
2 Rhys Barnes		Dapto	9:51.46

REGION 4 TRACK & FIELD CHAMPIONSHIPS

Results

Boys U 17 - 1500 Metre Walk

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=====
Region: R 7:14.70 22/02/2015 James Clay, Lake Illawarra
State: S 5:56.11 23/03/2014 Tyler Jones, Wyong
Name           Age Centre           Final
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1 Jake Attwell           Dapto           7:06.84R
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