

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****Girls U 7 - 50 Metre Sprint**

Zone: Z 9.00 30/01/2010 K.Blackwell, Helensburg			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Matilda Fanning		Sutherland	Z 8.63Q
2 Mariah Photi		Illawong	9.71Q
3 Audrey Snook		St George	9.83Q
4 Bronte Blackwell		Helensburgh	10.51
5 Angela Wastie		Revesby Workers	10.73
Heat 2 Heats			
1 Shiloh Macfarlane-Anning		Sutherland	9.30Q
2 Annabelle Zafiris		Port Hacking	9.66Q
3 Katie See		Port Hacking	9.70Q
4 Harmony Taylor		Helensburgh	10.08q
5 Scarlett Mcgraw		Revesby Workers	10.25q
6 Haylee Hanley		Sutherland	10.26

Girls U 7 - 50 Metre Sprint

Zone: Z 9.00 30/01/2010 K.Blackwell, Helensburg			
Name	Age	Centre	Final
Section 1 Final			
1 Matilda Fanning		Sutherland	8.72Z
2 Shiloh Macfarlane-Anning		Sutherland	9.22
3 Mariah Photi		Illawong	9.28
4 Annabelle Zafiris		Port Hacking	9.47
5 Katie See		Port Hacking	9.55
6 Audrey Snook		St George	9.55
7 Scarlett Mcgraw		Revesby Workers	9.87
8 Harmony Taylor		Helensburgh	10.08

Girls U 7 - 70 Metre Sprint

Zone: Z 12.14 14/12/2014 Tammin Lampret, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Mariah Photi		Illawong	13.25Q
2 Taryn Mott		Sutherland	13.38Q
3 Annabelle Zafiris		Port Hacking	13.60Q
4 Angela Wastie		Revesby Workers	14.92
Heat 2 Heats			
1 Matilda Fanning		Sutherland	12.34Q
2 Maddison Druery		Port Hacking	12.69Q
3 Vienna Strauss		St George	13.74Q
4 Harmony Taylor		Helensburgh	14.13q
5 Bronte Blackwell		Helensburgh	14.35q

Girls U 7 - 70 Metre Sprint

Zone: Z 12.14 14/12/2014 Tammin Lampret, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Matilda Fanning		Sutherland	12.35
2 Maddison Druery		Port Hacking	12.70
3 Mariah Photi		Illawong	12.81
4 Taryn Mott		Sutherland	13.22

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****....Girls U 7 - 70 Metre Sprint**

5	Annabelle Zafiriris	Port Hacking	13.32
6	Vienna Strauss	St George	13.46
7	Harmony Taylor	Helensburgh	14.44
8	Bronte Blackwell	Helensburgh	14.52

Girls U 8 - 70 Metre Sprint

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Zone: Z 11.50 30/01/2011 K. Blackwell, Helensburgh			
Name	Age	Centre	Heats
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Heat 1 Heats

1	Tammin Lampret	Port Hacking	11.78Q
2	Amber Tubbs	Port Hacking	13.00Q
3	Kayleigh O'Donoghue	Port Hacking	13.01Q
4	Telina Adams	Sutherland	13.30q
5	Isabel Mcfarlane	Revesby Workers	13.54q

Heat 2 Heats

1	Tali Fowler	Helensburgh	12.83Q
2	Heidi Ryan Sweeney	Sutherland	13.20Q
3	Niamh Mackenzie	Revesby Workers	13.56Q
4	Mackenzie Potts	Port Hacking	14.26

Girls U 8 - 70 Metre Sprint

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Zone: Z 11.50 30/01/2011 K. Blackwell, Helensburgh			
Name	Age	Centre	Final
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Section 1 Final

1	Tammin Lampret	Port Hacking	11.85
2	Tali Fowler	Helensburgh	12.38
3	Amber Tubbs	Port Hacking	12.71
4	Kayleigh O'Donoghue	Port Hacking	12.83
5	Heidi Ryan Sweeney	Sutherland	12.93
6	Niamh Mackenzie	Revesby Workers	13.20
7	Telina Adams	Sutherland	13.57
8	Isabel Mcfarlane	Revesby Workers	13.92

Girls U 9 - 70 Metre Sprint

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Zone: Z 10.78 5/02/2012 Rachel Tougher, Sutherland			
Name	Age	Centre	Heats
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Heat 1 Heats

1	Jordan Moore	Sutherland	11.38Q
2	Caydelan Mitchell-bruce	St George	12.29Q
3	Kayla Barton	Illawong	12.56Q
4	Izobelle Louison-roe	Port Hacking	12.57q
5	Alexi Eizenberg	Sutherland	12.65q
6	Brooke Hunter	Revesby Workers	12.82
7	Lydia Alrahil	Revesby Workers	13.40

Heat 2 Heats

1	Bella-rose Franklin	Illawong	11.49Q
2	Savannah Taylor	Helensburgh	12.20Q
3	Trinity Basic	Revesby Workers	12.70Q
4	Caitlyn Whitbread	Sutherland	13.43
5	Ai Kamikura	St George	13.55

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****Girls U 9 - 70 Metre Sprint**

Zone: Z 10.78 5/02/2012 Rachel Tougher, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1 Jordan Moore		Sutherland	11.23
2 Bella-rose Franklin		Illawong	11.38
3 Savannah Taylor		Helensburgh	12.20
4 Caydelan Mitchell-bruce		St George	12.26
5 Alexi Eizenberg		Sutherland	12.52
6 Kayla Barton		Illawong	12.55
7 Trinity Basic		Revesby Workers	12.70
8 Izobelle Louison-roe		Port Hacking	12.77

Girls U 10 - 70 Metre Sprint

Zone: Z 10.39 5/02/2012 Isabelle Lhotka, Revesby Work			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Kate Argall		Helensburgh	11.88Q
2 Annabel Wu		Port Hacking	11.98Q
3 Jaime Dalla-camina		Illawong	12.55
4 Angelene Angelis		St George	13.14
Heat 2 Heats			
1 Jasynta Lampret		Port Hacking	11.12Q
2 Lara Davis		Sutherland	11.49Q
3 Laura Tully		Sutherland	12.60
4 Stephanie Tour		St George	12.82
5 Ava-Rose Hardy		Helensburgh	12.88
6 Natasha Lord		Sutherland	13.19
Heat 3 Heats			
1 Katerina Stojkovski		St George	11.68Q
2 Ariane Brown		Sutherland	11.70Q
3 Kayla Barge		Port Hacking	11.83q
4 Emily Gately		Helensburgh	12.01q
5 Sophia Pan		St George	12.19

Girls U 10 - 70 Metre Sprint

Zone: Z 10.39 5/02/2012 Isabelle Lhotka, Revesby Work			
Name	Age	Centre	Final
Section 1 Final			
1 Jasynta Lampret		Port Hacking	11.05
2 Lara Davis		Sutherland	11.13
3 Ariane Brown		Sutherland	11.45
4 Annabel Wu		Port Hacking	11.80
5 Kayla Barge		Port Hacking	11.86
6 Katerina Stojkovski		St George	11.90
7 Kate Argall		Helensburgh	12.09
8 Emily Gately		Helensburgh	12.19

Girls U 7 - 100 Metre Sprint

Zone: Z 16.90 30/01/2010 K.Blackwell, Helensburg			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Nova Batman		Sutherland	18.26Q

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Girls U 7 - 100 Metre Sprint

2	Vienna Strauss	St George	18.73Q
3	Annabelle Zafiris	Port Hacking	18.76q
4	Angela Wastie	Revesby Workers	20.46
5	Bronte Blackwell	Helensburgh	20.65

Heat 2 Heats

1	Maddison Druery	Port Hacking	17.71Q
2	Mariah Photi	Illawong	18.04Q
3	Shiloh Macfarlane-Anning	Sutherland	18.48q
4	Audrey Snook	St George	19.52
5	Scarlett Mcgraw	Revesby Workers	23.47

Heat 3 Heats

1	Matilda Fanning	Sutherland	Z 16.57Q
2	Taryn Mott	Sutherland	18.69Q
3	Harmony Taylor	Helensburgh	20.31
4	Ruby Topen	St George	22.89

Girls U 7 - 100 Metre Sprint

Zone: Z 16.90 30/01/2010 K.Blackwell, Helensburg

Name	Age	Centre	Final
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Section 1 Final

1	Matilda Fanning	Sutherland	17.04
2	Maddison Druery	Port Hacking	17.59
3	Shiloh Macfarlane-Anning	Sutherland	18.31
4	Nova Batman	Sutherland	18.35
5	Annabelle Zafiris	Port Hacking	18.76
6	Mariah Photi	Illawong	18.91
7	Taryn Mott	Sutherland	19.03
8	Vienna Strauss	St George	19.55

Girls U 8 - 100 Metre Sprint

Zone: Z 16.16 8/12/2012 Estelle Grantham, Illawong

Name	Age	Centre	Heats
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Heat 1 Heats

1	Ruby Power	St George	17.09Q
2	Telina Adams	Sutherland	18.32Q
3	Summer Levy	Illawong	18.99Q
4	Kalahni Crews	Sutherland	19.86
5	Ella Walters	Sutherland	20.44

Heat 2 Heats

1	Jade Pawson	Sutherland	16.31Q
2	Tali Fowler	Helensburgh	16.71Q
3	Kayleigh O'Donoghue	Port Hacking	17.12Q
4	Georgia Tsui	St George	18.28q
5	Holly Taylor	Illawong	19.15q

Girls U 8 - 100 Metre Sprint

Zone: Z 16.16 8/12/2012 Estelle Grantham, Illawong

Name	Age	Centre	Final
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Section 1 Final

1	Jade Pawson	Sutherland	16.44
2	Ruby Power	St George	16.82
3	Tali Fowler	Helensburgh	16.92
4	Kayleigh O'Donoghue	Port Hacking	17.42

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

...Girls U 8 - 100 Metre Sprint

5	Telina Adams	Sutherland	18.10
6	Georgia Tsui	St George	18.24
7	Summer Levy	Illawong	18.74
8	Holly Taylor	Illawong	19.03

Girls U 9 - 100 Metre Sprint

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Zone: Z 14.99 4/02/2012 Rachel Tougher, Sutherland			
Name	Age	Centre	Heats
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Heat 1 Heats			
1	Jordan Moore	Sutherland	15.38Q
2	Bella-rose Franklin	Illawong	15.55Q
3	Savannah Taylor	Helensburgh	16.62Q
4	Izobelle Louison-roe	Port Hacking	17.05q
5	Sienna Alderson	Sutherland	17.18q
6	Mia Fogarty	Sutherland	17.57
7	Lydia Alrahil	Revesby Workers	18.30
Heat 2 Heats			
1	Tiana Petkovski	St George	16.18Q
2	Caydelan Mitchell-bruce	St George	16.37Q
3	Alexi Eizenberg	Sutherland	17.21Q
4	Addison Bourke	Port Hacking	17.25
5	Brooke Hunter	Revesby Workers	17.84
6	Tiffany Taylor	Illawong	19.19
7	Sarah Challinor	Port Hacking	20.14

Girls U 9 - 100 Metre Sprint

=====			
Zone: Z 14.99 4/02/2012 Rachel Tougher, Sutherland			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Jordan Moore	Sutherland	15.30
2	Bella-rose Franklin	Illawong	15.72
3	Tiana Petkovski	St George	16.10
4	Caydelan Mitchell-bruce	St George	16.62
5	Savannah Taylor	Helensburgh	16.80
6	Alexi Eizenberg	Sutherland	17.54
7	Sienna Alderson	Sutherland	17.73
8	Izobelle Louison-roe	Port Hacking	19.39

Girls U 10 - 100 Metre Sprint

=====			
Zone: Z 13.92 8/12/2012 Krystal Blackwell, Helensburg			
Name	Age	Centre	Heats
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Heat 1 Heats			
1	Jasynta Lampret	Port Hacking	15.22Q
2	Lara Davis	Sutherland	15.87Q
3	Emily Gately	Helensburgh	16.34q
4	Amelia Kirby	St George	16.40
5	Jaime Dalla-camina	Illawong	17.08
6	Taylor Nangle	Revesby Workers	17.19
7	Jacinta Laverance	Port Hacking	17.81
Heat 2 Heats			
1	Ariane Brown	Sutherland	15.51Q
2	Isabella Knezevic	St George	15.96Q
3	Kate Argall	Helensburgh	16.10q

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Girls U 10 - 100 Metre Sprint

4 Annabel Wu	Port Hacking	16.43
5 Molly Fitzpatrick	Sutherland	16.50
6 Ava-Rose Hardy	Helensburgh	17.25
7 Rachel Elton	Sutherland	18.12

Heat 3 Heats

1 Alexandra Rumjahn	St George	16.73Q
2 Fiona Waddington	Port Hacking	18.89Q

Girls U 10 - 100 Metre Sprint

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 Zone: Z 13.92 8/12/2012 Krystal Blackwell, Helensburg
 Name Age Centre Final
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Section 1 Final

1 Jasynta Lampret	Port Hacking	15.28
2 Lara Davis	Sutherland	15.85
3 Ariane Brown	Sutherland	15.99
4 Kate Argall	Helensburgh	16.33
5 Isabella Knezevic	St George	16.42
6 Alexandra Rumjahn	St George	16.61
7 Emily Gately	Helensburgh	16.72
8 Amelia Kirby	St George	16.73

Girls U 11 - 100 Metre Sprint

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 Zone: Z 13.69 14/12/2013 Krystal Blackwell, Helensburg
 Name Age Centre Heats
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Heat 1 Heats

1 Emma Lee	Sutherland	14.18Q
2 Abby Aros	Illawong	14.26Q
3 Jamie Byrne	Sutherland	15.21Q
4 Laila Waters	Helensburgh	15.41q
5 Ashanti Prasad	Illawong	16.03
6 Elizabeth Wastie	Revesby Workers	16.75

Heat 2 Heats

1 Estelle Grantham	Illawong	14.46Q
2 Scarlet Heather	Revesby Workers	14.93Q
3 Claire Stegbauer	Sutherland	15.00Q
4 Amy Watson	Illawong	15.39q
5 Zara Lammers	Helensburgh	15.45
6 Paige Hirst	Helensburgh	15.87
7 Emily Challinor	Port Hacking	23.09

Girls U 11 - 100 Metre Sprint

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 Zone: Z 13.69 14/12/2013 Krystal Blackwell, Helensburg
 Name Age Centre Final
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Section 1 Final

1 Abby Aros	Illawong	14.30
2 Estelle Grantham	Illawong	14.32
3 Emma Lee	Sutherland	14.49
4 Scarlet Heather	Revesby Workers	15.13
5 Amy Watson	Illawong	15.45
6 Jamie Byrne	Sutherland	15.46
7 Claire Stegbauer	Sutherland	15.47
8 Laila Waters	Helensburgh	15.62

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Girls U 12 - 100 Metre Sprint

Zone: Z 13.20 30/01/2010 K. King, Revesby Workers			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Eve Gardner		Sutherland	14.00Q
2 Andrea Marshall		St George	14.64Q
3 Mia Szczepanik		Illawong	15.12
4 Felicity Ryan Sweeney		Sutherland	15.20
5 Paige Jones		Revesby Workers	15.50
6 Ella Burgher		Illawong	16.42
Heat 2 Heats			
1 Jessica Wardrobe		Sutherland	14.06Q
2 Hayley McKinlay		Helensburgh	14.13Q
3 Jessica Vaughan		Port Hacking	14.71q
4 Leila Szczepanik		Illawong	14.84
5 Kayla Gately		Helensburgh	15.45
6 Mia Topen		St George	16.78
Heat 3 Heats			
1 Michaela Cosgrove		Illawong	14.37Q
2 Sofia Randazzo		Sutherland	14.54Q
3 Emma Harlow		St George	14.82q
4 Sarah Barreca		Port Hacking	15.13
5 Tara Jones		Revesby Workers	15.17
6 Georgia Stevens		Port Hacking	15.33
7 Monica Way		Helensburgh	15.46

Girls U 12 - 100 Metre Sprint

Zone: Z 13.20 30/01/2010 K. King, Revesby Workers			
Name	Age	Centre	Final
Section 1 Final			
1 Eve Gardner		Sutherland	13.97
2 Hayley McKinlay		Helensburgh	14.17
3 Jessica Wardrobe		Sutherland	14.28
4 Andrea Marshall		St George	14.29
5 Michaela Cosgrove		Illawong	14.30
6 Sofia Randazzo		Sutherland	14.63
7 Jessica Vaughan		Port Hacking	14.71
8 Leila Szczepanik		Illawong	14.81

Girls U 13 - 100 Metre Sprint

Zone: Z 12.95 8/12/2012 Isabel Di Paolantonio, Port H			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Krystal Blackwell		Helensburgh	13.44Q
2 Mia Ipca		Illawong	13.93Q
3 Lyric Parcarey		St George	14.61Q
4 Celeste Walker		Sutherland	15.01
5 Aishlin Walker		Sutherland	15.40
6 Kirsten Campton		Sutherland	15.57
Heat 2 Heats			
1 Emilia Petkovski		St George	13.50Q
2 Rachel Tougher		Sutherland	14.19Q
3 Eva Kostopoulos		Port Hacking	14.38Q
4 Emmily Pettit		Illawong	14.49q
5 Jade Stegbauer		Sutherland	14.81q

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****....Girls U 13 - 100 Metre Sprint**

6 Tahlia Oldfield	Helensburgh	15.54
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Girls U 13 - 100 Metre Sprint

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Zone: Z 12.95 8/12/2012 Isabel Di Paolantonio, Port H			
Name	Age	Centre	Final
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Section 1 Final			
1 Emilia Petkovski		St George	13.33
2 Krystal Blackwell		Helensburgh	13.44
3 Rachel Tougher		Sutherland	14.31
4 Lyrice Parcarey		St George	14.37
5 Mia Ipca		Illawong	14.44
6 Emmily Pettit		Illawong	14.52
7 Eva Kostopoulos		Port Hacking	14.76
8 Jade Stegbauer		Sutherland	15.04

Girls U 14 - 100 Metre Sprint

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Zone: Z 12.68 14/12/2013 Isabella Di Paolantonio, Port			
Name	Age	Centre	Heats
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Heat 1 Heats			
1 Tierney Dunne		Helensburgh	13.07Q
2 Tia Lacoste		St George	13.29Q
3 Leanna Snudden		Illawong	13.59Q
4 Danielle Katzos		St George	13.78q
5 Emily Markoski		St George	14.12
6 Julianna Chen		Port Hacking	14.68
7 Abbey Godwin		Helensburgh	14.74
8 Sienna Bosworth-gonzaga		Port Hacking	15.04
Heat 2 Heats			
1 Sophia Cibeil		St George	13.23Q
2 Jade Johnston-mitrevska		St George	13.33Q
3 Jessica Vandermaal		Sutherland	13.61Q
4 Kiara Lucas		Port Hacking	13.98q
5 Sharnee Cosgrove		Illawong	14.56
6 Janice Rodrigues		Revesby Workers	15.22

Girls U 14 - 100 Metre Sprint

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Zone: Z 12.68 14/12/2013 Isabella Di Paolantonio, Port			
Name	Age	Centre	Final
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Section 1 Final			
1 Tierney Dunne		Helensburgh	13.25
2 Sophia Cibeil		St George	13.33
3 Jade Johnston-mitrevska		St George	13.51
4 Jessica Vandermaal		Sutherland	13.65
5 Tia Lacoste		St George	13.69
6 Leanna Snudden		Illawong	13.87
7 Danielle Katzos		St George	13.98
8 Kiara Lucas		Port Hacking	14.10

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****Girls U 15 - 100 Metre Sprint**

Zone: Z 12.40 30/01/2010 M. Pirie, Revesby Workers			
Name	Age	Centre	Final
Section 1			
1 Chantal Yu		Port Hacking	13.83
2 Mia Gastelaars		Port Hacking	13.93
3 Taleah McKelleher		Sutherland	14.44
4 Kelly Wilson		Port Hacking	14.46
5 Elyse Goodwin		Port Hacking	14.54

Girls U 17 - 100 Metre Sprint

Zone: Z 12.23 14/12/2013 Luisa Healey, Sutherland			
Name	Age	Centre	Final
1 Imogen Russell		Revesby Workers	12.94
2 Nicole Banning		Port Hacking	12.98
3 Isabel Di Paolantonio		Port Hacking	13.19
4 Talia Fisher		Port Hacking	13.74
5 Bronte Hodge		Port Hacking	13.91

Girls U 7 - 200 Metre Sprint

Zone: Z 35.80 30/01/2010 K.Blackwell, Helensburg			
Name	Age	Centre	Final
1 Maddison Druery		Port Hacking	39.10
2 Keira Toohey		Sutherland	40.39
3 Nova Batman		Sutherland	40.55
4 Vienna Strauss		St George	42.43
5 Angela Wastie		Revesby Workers	48.19
6 Ruby Topen		St George	50.77

Girls U 8 - 200 Metre Sprint

Zone: Z 32.90 30/01/2010 K. Blackwell, Helensburgh			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Tammin Lampret		Port Hacking	35.96Q
2 Gemma Hanley		Sutherland	38.75Q
3 Chloe Shephard		Port Hacking	40.80Q
4 Isabel Mcfarlane		Revesby Workers	41.80
5 Summer Anderson		Port Hacking	42.12
6 Evie Bresnahan		Sutherland	42.61
7 Kalahni Crews		Sutherland	46.80
Heat 2 Heats			
1 Tahlia Catts		Port Hacking	39.02Q
2 Telina Adams		Sutherland	39.07Q
3 Hannah Johansson		Port Hacking	39.72Q
4 Summer Levy		Illawong	40.17q
5 Georgia Tsui		St George	40.28q
6 Niamh Mackenzie		Revesby Workers	41.67
7 Mikayla Dobosz		Sutherland	43.71

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Girls U 8 - 200 Metre Sprint

Zone: Z 32.90 30/01/2010 K. Blackwell, Helensburgh			
Name	Age	Centre	Final
Section 1 Final			
1 Tammin Lampret		Port Hacking	35.54
2 Gemma Hanley		Sutherland	39.03
3 Georgia Tsui		St George	39.81
4 Hannah Johansson		Port Hacking	39.86
5 Tahlia Catts		Port Hacking	39.93
6 Summer Levy		Illawong	40.01
7 Chloe Shephard		Port Hacking	40.17
8 Telina Adams		Sutherland	41.65

Girls U 9 - 200 Metre Sprint

Zone: Z 31.88 5/02/2012 Rachel Tougher, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Tiana Petkovski		St George	34.38Q
2 Caydelan Mitchell-bruce		St George	36.74Q
3 Steffi Byrne		Sutherland	37.29Q
4 Lydia Alrahil		Revesby Workers	40.78
5 Ai Kamikura		St George	41.06
6 Amber Van Zyl		Illawong	41.28
7 Sally Archer		Sutherland	41.70
Heat 2 Heats			
1 Bella-rose Franklin		Illawong	34.69Q
2 Sienna Alderson		Sutherland	37.83Q
3 Trinity Basic		Revesby Workers	38.68Q
4 Lucy Chubb		St George	38.82q
5 Halle Bresnahan		Sutherland	39.90q
6 Charlotte Ball		Port Hacking	43.11

Girls U 9 - 200 Metre Sprint

Zone: Z 31.88 5/02/2012 Rachel Tougher, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1 Bella-rose Franklin		Illawong	33.93
2 Tiana Petkovski		St George	34.84
3 Caydelan Mitchell-bruce		St George	36.87
4 Steffi Byrne		Sutherland	36.94
5 Sienna Alderson		Sutherland	37.35
6 Lucy Chubb		St George	38.80
7 Halle Bresnahan		Sutherland	39.82
8 Trinity Basic		Revesby Workers	39.89

Girls U 10 - 200 Metre Sprint

Zone: Z 29.38 14/12/2014 Emma Lee, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jasynta Lampret		Port Hacking	32.41Q
2 Annabel Wu		Port Hacking	34.79Q
3 Holly Mathieson		Helensburgh	36.73Q
4 Jaime Dalla-camina		Illawong	37.72q

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Girls U 10 - 200 Metre Sprint

5 Angelene Angelis	St George	38.43q
Heat 2 Heats		
1 Katerina Stojkovski	St George	34.60Q
2 Alexandra Rumjahn	St George	35.32Q
3 Ava-Rose Hardy	Helensburgh	38.63Q
4 Stephanie Tour	St George	40.10
5 Emma Gardner	Sutherland	42.32
6 Shardae Simperler	Sutherland	45.01

Girls U 10 - 200 Metre Sprint

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 Zone: Z 29.38 14/12/2014 Emma Lee, Sutherland
 Name Age Centre Final
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Section 1 Final

1 Jasynta Lampret	Port Hacking	32.72
2 Alexandra Rumjahn	St George	34.34
3 Annabel Wu	Port Hacking	34.49
4 Katerina Stojkovski	St George	35.11
5 Ava-Rose Hardy	Helensburgh	36.70
6 Holly Mathieson	Helensburgh	36.83
7 Jaime Dalla-camina	Illawong	37.55
8 Angelene Angelis	St George	41.19

Girls U 11 - 200 Metre Sprint

=====
 Zone: Z 29.14 15/12/2013 Krystal Blackwell, Helensburg
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Tayla Bell	Port Hacking	31.95Q
2 Scarlet Heather	Revesby Workers	32.17Q
3 Amy Watson	Illawong	32.86Q
4 Zara Lammers	Helensburgh	33.17q
5 Kaitlyn Halkidis	Port Hacking	33.26q
6 Claire Stegbauer	Sutherland	34.18
7 Stefania Guercio	Illawong	35.69
8 Sara Tully	Sutherland	40.61

Heat 2 Heats

1 Estelle Grantham	Illawong	30.47Q
2 Emma Lee	Sutherland	30.59Q
3 Caylah Lumb	Helensburgh	33.50Q
4 Ashanti Prasad	Illawong	34.93
5 Emma Stackpool	Port Hacking	35.59

Girls U 11 - 200 Metre Sprint

=====
 Zone: Z 29.14 15/12/2013 Krystal Blackwell, Helensburg
 Name Age Centre Final
 =====

Section 1 Final

1 Emma Lee	Sutherland	30.24
2 Estelle Grantham	Illawong	31.23
3 Tayla Bell	Port Hacking	32.02
4 Scarlet Heather	Revesby Workers	32.33
5 Amy Watson	Illawong	32.84
6 Zara Lammers	Helensburgh	33.48
7 Caylah Lumb	Helensburgh	34.57
8 Kaitlyn Halkidis	Port Hacking	35.12

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Girls U 12 - 200 Metre Sprint

=====
 Zone: Z 27.55 14/12/2014 Krystal Blackwell, Helensburg
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Michaela Cosgrove	Illawong	31.03Q
2	Jessica Vaughan	Port Hacking	31.08Q
3	Evie Donnelly	Revesby Workers	33.93
4	Sarah Kennedy	Revesby Workers	37.92

Heat 2 Heats

1	Hayley McKinlay	Helensburgh	31.24Q
2	Monica Way	Helensburgh	33.55Q
3	Georgia Stevens	Port Hacking	34.18
4	Paige Jones	Revesby Workers	34.84
5	Ella Burgher	Illawong	36.25

Heat 3 Heats

1	Jessica Wardrobe	Sutherland	30.91Q
2	Andrea Marshall	St George	30.94Q
3	Tara Jones	Revesby Workers	32.24q
4	Sarah Barreca	Port Hacking	32.73q
5	Elle Mcguigan	Helensburgh	35.72

Girls U 12 - 200 Metre Sprint

=====
 Zone: Z 27.55 14/12/2014 Krystal Blackwell, Helensburg
 Name Age Centre Final
 =====

Section 1 Final

1	Jessica Wardrobe	Sutherland	30.12
2	Andrea Marshall	St George	30.70
3	Hayley McKinlay	Helensburgh	30.84
4	Jessica Vaughan	Port Hacking	30.87
5	Michaela Cosgrove	Illawong	30.94
6	Tara Jones	Revesby Workers	32.09
7	Sarah Barreca	Port Hacking	32.86
8	Monica Way	Helensburgh	33.06

Girls U 13 - 200 Metre Sprint

=====
 Zone: Z 26.61 14/12/2014 Tierney Dunne, Helensburgh
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Krystal Blackwell	Helensburgh	28.46Q
2	Emmily Pettit	Illawong	30.28Q
3	Dakota Owers	Port Hacking	30.89Q
4	Lytic Parcarey	St George	31.06
5	Kyla Tracey	Sutherland	31.94
6	Celeste Walker	Sutherland	32.98

Heat 2 Heats

1	Lauren Hocking	Port Hacking	27.56Q
2	Emilia Petkovski	St George	28.10Q
3	Charlotte Tsui	St George	28.45Q
4	Rachel Tougher	Sutherland	29.45q
5	Mia Ipca	Illawong	30.11q
6	Jade Stegbauer	Sutherland	32.37
7	Kirsten Campton	Sutherland	33.22
8	Tahlia Oldfield	Helensburgh	33.64

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Girls U 13 - 200 Metre Sprint

Zone: Z 26.61 14/12/2014 Tierney Dunne, Helensburgh			
Name	Age	Centre	Final
Section 1 Final			
1	Emilia	Petkovski	St George 27.79
2	Lauren	Hocking	Port Hacking 27.93
3	Krystal	Blackwell	Helensburgh 28.49
4	Charlotte	Tsui	St George 29.32
5	Rachel	Tougher	Sutherland 30.03
6	Emmily	Pettit	Illawong 30.23
7	Mia	Ipca	Illawong 30.42
8	Dakota	Owers	Port Hacking 30.49

Girls U 14 - 200 Metre Sprint

Zone: Z 26.13 5/02/2012 Luisa Healey, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Tierney	Dunne	Helensburgh 27.55Q
2	Hayley	Waters	Sutherland 27.93Q
3	Leanna	Snudden	Illawong 29.33q
4	Sarah	Archer	Sutherland 29.86
5	Alicia	Langley	St George 31.67
Heat 2 Heats			
1	Sophia	Cibei	St George 27.26Q
2	Jessica	Vandermaal	Sutherland 27.83Q
3	Danielle	Katzos	St George 29.19q
4	Emily	Markoski	St George 29.46
Heat 3 Heats			
1	Kiara	Lucas	Port Hacking 29.79Q
2	Tia	Lacoste	St George 30.42Q
3	Sharnee	Cosgrove	Illawong 31.41
4	Miri	Maroney	Sutherland 32.28

Girls U 14 - 200 Metre Sprint

Zone: Z 26.13 5/02/2012 Luisa Healey, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1	Tierney	Dunne	Helensburgh 27.05
2	Sophia	Cibei	St George 27.28
3	Hayley	Waters	Sutherland 27.58
4	Jessica	Vandermaal	Sutherland 28.11
5	Kiara	Lucas	Port Hacking 28.60
6	Danielle	Katzos	St George 28.61
7	Tia	Lacoste	St George 29.07
8	Leanna	Snudden	Illawong 29.18

Girls U 15 - 200 Metre Sprint

Zone: Z 25.66 14/12/2014 Morgan Griffiths, St George			
Name	Age	Centre	Final
Section 1			
1	Mia	Gastelaars	Port Hacking 28.47
2	Taleah	McKelleher	Sutherland 30.06
3	Kelly	Wilson	Port Hacking 30.16

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Girls U 15 - 200 Metre Sprint

4	Catelyn Mckenzie	Port Hacking	31.62
5	Elyse Goodwin	Port Hacking	34.25
6	Nivage Gibson	Port Hacking	34.25
7	Chantal Yu	Port Hacking	34.28

Girls U 17 - 200 Metre Sprint

=====
 Zone: Z 25.33 15/12/2013 Luisa Healey, Sutherland
 Name Age Centre Final
 =====

1	Imogen Russell	Revesby Workers	26.50
2	Nicole Banning	Port Hacking	26.93
3	Isabel Di Paolantonio	Port Hacking	27.15
4	Jane Vodicar	Helensburgh	28.11
5	Sarah Ding	Port Hacking	28.28
6	Talia Fisher	Port Hacking	28.52
7	Madeline Carroll	Revesby Workers	29.19
8	Bronte Hodge	Port Hacking	29.75

Girls U 8 - 400 Metre Sprint

=====
 Zone: Z 1:19.93 8/12/2012 Imogen Stewart, St George
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Matilda Richards	Revesby Workers	1:28.07Q
2	Georgia Tsui	St George	1:29.48Q
3	Chloe Shephard	Port Hacking	1:31.03Q
4	Summer Levy	Illawong	1:32.24q
5	Lani De Cean	St George	1:38.09

Heat 2 Heats

1	Jade Pawson	Sutherland	1:21.21Q
2	Tahlia Catts	Port Hacking	1:23.43Q
3	Gemma Hanley	Sutherland	1:27.48Q
4	Kayleigh O'Donoghue	Port Hacking	1:29.33q
5	Hannah Johansson	Port Hacking	1:33.51
6	Amber Lee	St George	1:43.19

Girls U 8 - 400 Metre Sprint

=====
 Zone: Z 1:19.93 8/12/2012 Imogen Stewart, St George
 Name Age Centre Final
 =====

Section 1 Final

1	Jade Pawson	Sutherland	1:21.71
2	Tahlia Catts	Port Hacking	1:25.81
3	Gemma Hanley	Sutherland	1:26.42
4	Matilda Richards	Revesby Workers	1:27.97
5	Kayleigh O'Donoghue	Port Hacking	1:30.48
6	Chloe Shephard	Port Hacking	1:30.63
7	Georgia Tsui	St George	1:30.65
8	Summer Levy	Illawong	1:34.94

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****Girls U 9 - 400 Metre Sprint**

Zone: Z 1:11.57 4/02/2012 Krystal Blackwell, Helensbu			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Tiana Petkovski		St George	1:16.34Q
2 Sienna Alderson		Sutherland	1:20.52Q
3 Isabella Lorusso		Illawong	1:25.59Q
4 Caitlin Gilbett		Helensburgh	1:26.77q
5 Sally Archer		Sutherland	1:33.50
Heat 2 Heats			
1 Bella-rose Franklin		Illawong	1:17.35Q
2 Addison Bourke		Port Hacking	1:22.15Q
3 Alexi Eizenberg		Sutherland	1:24.00Q
4 Sophie Rogers		Sutherland	1:24.51q

Girls U 9 - 400 Metre Sprint

Zone: Z 1:11.57 4/02/2012 Krystal Blackwell, Helensbu			
Name	Age	Centre	Final
Section 1 Final			
1 Bella-rose Franklin		Illawong	1:17.21
2 Tiana Petkovski		St George	1:19.12
3 Sienna Alderson		Sutherland	1:21.69
4 Addison Bourke		Port Hacking	1:23.31
5 Alexi Eizenberg		Sutherland	1:23.88
6 Sophie Rogers		Sutherland	1:24.52
7 Isabella Lorusso		Illawong	1:25.78
8 Sally Archer		Sutherland	1:32.46

Girls U 10 - 400 Metre Sprint

Zone: Z 1:09.76 13/12/2014 Imogen Stewart, Illawong			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Bella Cooper		Sutherland	1:19.72Q
2 Amelia Kirby		St George	1:20.68Q
3 Stephanie Tour		St George	1:27.32Q
4 Taylor Nangle		Revesby Workers	1:36.33q
5 Fiona Waddington		Port Hacking	1:43.50
Heat 2 Heats			
1 Nicola Barge		Port Hacking	1:16.18Q
2 Alexandra Rumjahn		St George	1:18.20Q
3 Kiana Naitaka		Illawong	1:21.78Q
4 Holly Mathieson		Helensburgh	1:23.07q

Girls U 10 - 400 Metre Sprint

Zone: Z 1:09.76 13/12/2014 Imogen Stewart, Illawong			
Name	Age	Centre	Final
Section 1 Final			
1 Nicola Barge		Port Hacking	1:13.58
2 Alexandra Rumjahn		St George	1:18.85
3 Bella Cooper		Sutherland	1:19.41
4 Kiana Naitaka		Illawong	1:23.11
5 Amelia Kirby		St George	1:26.27
6 Stephanie Tour		St George	1:30.46

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****....Girls U 10 - 400 Metre Sprint**

7 Taylor Nangle	Revesby Workers	1:35.26
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Girls U 11 - 400 Metre Sprint

Zone: Z 1:05.21 14/12/2013 Krystal Blackwell, Helensbu

Name	Age Centre	Heats
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Heat 1 Heats

1 Aiesha Stevill	Helensburgh	1:15.54Q
2 Emily Laverance	Port Hacking	1:19.17Q
3 Alexandria Kalamvokis	Illawong	1:19.77Q
4 Ashanti Prasad	Illawong	1:22.08
5 Lucy Alexander	Sutherland	1:25.50
6 Taylah Dalla-camina	Illawong	1:26.74
7 Charlotte O'Neill	St George	1:27.75

Heat 2 Heats

1 Imogen Stewart	Illawong	1:10.88Q
2 Eloise Carey	St George	1:12.12Q
3 Miloshka Sharma	St George	1:12.61Q
4 Scarlet Heather	Revesby Workers	1:13.21q
5 Ashleigh Waters	Sutherland	1:17.26q
6 Emma Stackpool	Port Hacking	1:21.60

Girls U 11 - 400 Metre Sprint

Zone: Z 1:05.21 14/12/2013 Krystal Blackwell, Helensbu

Name	Age Centre	Final
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Section 1 Final

1 Imogen Stewart	Illawong	1:08.80
2 Miloshka Sharma	St George	1:11.27
3 Eloise Carey	St George	1:12.29
4 Alexandria Kalamvokis	Illawong	1:15.80
5 Scarlet Heather	Revesby Workers	1:16.42
6 Aiesha Stevill	Helensburgh	1:16.74
7 Emily Laverance	Port Hacking	1:17.34
8 Emma Stackpool	Port Hacking	1:26.91

Girls U 12 - 400 Metre Sprint

Zone: Z 1:02.75 13/12/2014 Krystal Blackwell, Helensbu

Name	Age Centre	Final
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Section 1

1 Eve Gardner	Sutherland	1:04.89
2 Lili Brandt	Port Hacking	1:09.70
3 Michaela Cosgrove	Illawong	1:13.00
4 Annabelle Harrington	Port Hacking	1:15.53
5 Mia Szczepanik	Illawong	1:19.45

Girls U 13 - 400 Metre Sprint

Zone: Z 1:02.60 13/12/2014 Hayley Waters, Sutherland

Name	Age Centre	Heats
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Heat 1 Heats

1 Charlotte Tsui	St George	1:03.02Q
2 Emilia Petkovski	St George	1:04.73Q
3 Rachel Tougher	Sutherland	1:06.27Q

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Girls U 13 - 400 Metre Sprint

4	Dakota Owers	Port Hacking	1:08.66q
5	Emmily Pettit	Illawong	1:09.50q
6	Brieanna Gibson	Port Hacking	1:19.93

Heat 2 Heats

1	Krystal Blackwell	Helensburgh	1:04.80Q
2	Samantha Archer	Sutherland	1:09.70Q
3	Eva Kostopoulos	Port Hacking	1:11.78Q
4	Kyla Tracey	Sutherland	1:14.18
5	Tahlia Oldfield	Helensburgh	1:19.48

Girls U 13 - 400 Metre Sprint

Zone: Z 1:02.60 13/12/2014 Hayley Waters, Sutherland

Name Age Centre Final

Section 1 Final

1	Emilia Petkovski	St George	1:02.73
2	Charlotte Tsui	St George	1:04.07
3	Krystal Blackwell	Helensburgh	1:06.84
4	Rachel Tougher	Sutherland	1:07.49
5	Dakota Owers	Port Hacking	1:08.10
6	Samantha Archer	Sutherland	1:08.87
7	Emmily Pettit	Illawong	1:13.86
8	Tahlia Oldfield	Helensburgh	1:21.27

Girls U 14 - 400 Metre Sprint

Zone: Z 1:02.95 14/12/2013 Morgan Griffiths, St George

Name Age Centre Heats

Heat 1 Heats

1	Sophia Cibe	St George	Z 1:01.90Q
2	Elena Christian	Illawong	1:05.30Q
3	Janice Rodrigues	Revesby Workers	1:10.30Q
4	Miri Maroney	Sutherland	1:10.40q

Heat 2 Heats

1	Hayley Waters	Sutherland	1:03.23Q
2	Sarah Archer	Sutherland	1:06.20Q
3	Alicia Langley	St George	1:07.65Q
4	Sharnee Cosgrove	Illawong	1:10.27q
5	Brittany Robertson	Port Hacking	1:12.85

Girls U 14 - 400 Metre Sprint

Zone: Z 1:02.95 14/12/2013 Morgan Griffiths, St George

Name Age Centre Final

Section 1 Final

1	Hayley Waters	Sutherland	1:00.84Z
2	Sophia Cibe	St George	1:02.37Z
3	Elena Christian	Illawong	1:03.91
4	Sarah Archer	Sutherland	1:05.27
5	Alicia Langley	St George	1:08.35
6	Sharnee Cosgrove	Illawong	1:09.26
7	Miri Maroney	Sutherland	1:11.99

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****Girls U 15 - 400 Metre Sprint**

Zone: Z 58.20 13/12/2014 Morgan Griffiths, St George			
Name	Age	Centre	Final
Section 1			
1 Mia Gastelaars		Port Hacking	1:04.29
2 Chantal Yu		Port Hacking	1:05.12
3 Taleah McKelleher		Sutherland	1:09.04
4 Catelyn McKenzie		Port Hacking	1:11.62

Girls U 17 - 400 Metre Sprint

Zone: Z 1:01.38 4/02/2012 Nicola Keane, Sutherland			
Name	Age	Centre	Final
1 Imogen Russell		Revesby Workers	1:00.38Z
2 Sarah Ding		Port Hacking	1:03.70
3 Jane Vodigar		Helensburgh	1:04.60
4 Talia Fisher		Port Hacking	1:08.98
5 Emily Hawkins		Port Hacking	1:10.13

Girls U 7 - 500 Metre Run Pack Start

Name	Age	Centre	Final
1 Keira Toohey		Sutherland	1:53.52
2 Jordan Davis		Port Hacking	1:58.77
3 Nova Batman		Sutherland	2:01.24
4 Katie See		Port Hacking	2:07.86
5 Taryn Mott		Sutherland	2:12.09
6 Vienna Strauss		St George	2:14.29
7 Scarlett McGraw		Revesby Workers	2:14.65
8 Haylee Hanley		Sutherland	2:15.18
9 Bronte Blackwell		Helensburgh	2:18.08
10 Bianca Rudzis		Sutherland	2:23.46

Girls U 8 - 700 Metre Run Park Start

Name	Age	Centre	Final
1 Mathilda Delfs		Sutherland	2:43.34
2 Matilda Richards		Revesby Workers	2:46.21
3 Evie Bresnahan		Sutherland	2:47.60
4 Chloe Shephard		Port Hacking	2:52.93
5 Georgia Tsui		St George	2:53.35
6 Kayleigh O'Donoghue		Port Hacking	2:53.36
7 Telina Adams		Sutherland	2:55.15
8 Summer Anderson		Port Hacking	2:57.26
9 Amber Lee		St George	3:11.75
10 Kalahni Crews		Sutherland	3:21.51

Girls U 9 - 800 Metre Run

Zone: Z 2:42.54 15/12/2013 Imogen Stewart, St George			
Name	Age	Centre	Final
1 Tiana Petkovski		St George	2:57.52
2 Sienna Alderson		Sutherland	3:05.37
3 Isabella Lorusso		Illawong	3:12.02
4 Sophie Rogers		Sutherland	3:12.81

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Girls U 9 - 800 Metre Run

5	Caitlin Gilbett	Helensburgh	3:13.53
6	Mia Fogarty	Sutherland	3:13.65
7	Halle Bresnahan	Sutherland	3:15.09
8	Maria Tsavalias	Illawong	3:23.55
9	Ai Kamikura	St George	3:26.24
10	Trinity Basic	Revesby Workers	3:27.17

Girls U 10 - 800 Metre Run

Zone: Z 2:33.82 14/12/2014 Imogen Stewart, Illawong			
Name	Age	Centre	Final
1	Mia Toohey	Sutherland	2:41.27
2	Sienna Wright	Illawong	2:46.47
3	Georgie Latanis	St George	2:51.36
4	Nicola Barge	Port Hacking	2:52.72
5	Katerina Stojkovski	St George	2:53.56
6	Bella Cooper	Sutherland	2:53.62
7	Charley Holder	Sutherland	3:00.53
8	Kiana Naitaka	Illawong	3:03.29
9	Chynna Hardy	Helensburgh	3:05.25
10	Holly Mathieson	Helensburgh	3:08.03
11	Mia Adams	Sutherland	3:19.40
12	Angelene Angelis	St George	3:27.59

Girls U 11 - 800 Metre Run

Zone: Z 2:42.03 5/02/2012 Emily Schneider, Sutherland			
Name	Age	Centre	Final
1	Grace Elliott	St George	2:34.03Z
2	Eloise Carey	St George	2:38.79Z
3	Casey Mood	Sutherland	2:44.20
4	Aiesha Stevill	Helensburgh	2:45.82
5	Lucy Alexander	Sutherland	2:49.43
6	Ellie-jo De Celis	Illawong	3:06.95
7	Kyla Gibson	Port Hacking	3:07.16
8	Taylah Dalla-camina	Illawong	3:25.91
Section 2			
1	Imogen Stewart	Illawong	2:28.37Z
2	Alexandria Kalamvokis	Illawong	2:43.83
3	Miloshka Sharma	St George	2:48.43
4	Demi Bresnahan	Sutherland	2:50.47
5	Cloe Herrmann	Illawong	2:51.79
6	Emily Laverance	Port Hacking	3:10.80
7	Charlotte O'Neill	St George	3:19.07
8	Emma Stackpool	Port Hacking	3:21.55
9	Grace McManus	Sutherland	4:01.94

Girls U 12 - 800 Metre Run

Zone: Z 2:35.00 15/12/2013 Taylor Porter, Port Hacking			
Name	Age	Centre	Final
Section 1			
1	Eve Gardner	Sutherland	2:32.77Z
2	Lani Bresnahan	Sutherland	2:45.07
3	Lili Maroney	Sutherland	2:49.63
4	Casey Stanley	Illawong	2:51.89

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

...Girls U 12 - 800 Metre Run

5 Annabelle Harrington	Port Hacking	2:55.54
6 Clarissa Kalamvokis	Illawong	3:01.84
7 Elle Mcguigan	Helensburgh	3:05.18
8 Sarah Kennedy	Revesby Workers	3:47.84

Girls U 13 - 800 Metre Run

Zone: Z 2:26.75 15/12/2013 Emily Schneider, Sutherland			
Name	Age	Centre	Final
1 Charlotte Tsui		St George	2:27.50
2 Tayla Schneider		Sutherland	2:28.17
3 Hayley Wheeldon		Illawong	2:32.95
4 Lauren Carey		St George	2:33.67
5 Rachel Tougher		Sutherland	2:46.99
6 Samantha Archer		Sutherland	2:55.89
7 Tahlia Oldfield		Helensburgh	3:05.62
8 Brianna Gibson		Port Hacking	3:06.13

Girls U 14 - 800 Metre Run

Zone: Z 2:26.43 9/12/2012 Lili Gorman-Brown, Port Hac			
Name	Age	Centre	Final
1 Taylor Porter		Port Hacking	2:24.88Z
2 Elena Christian		Illawong	2:25.98Z
3 Alicia Langley		St George	2:42.57
4 Sarah Archer		Sutherland	2:45.46
5 Jessica Bennett		Sutherland	2:47.21

Girls U 15 - 800 Metre Run

Zone: Z 2:24.01 15/12/2013 Jessica Guo, Sutherland			
Name	Age	Centre	Final
1 Bethany Arentz		Illawong	2:24.24
2 Caitlin Hammond		St George	2:49.10
3 Mia Gastelaars		Port Hacking	3:25.98
4 Nivage Gibson		Port Hacking	3:36.02

Girls U 17 - 800 Metre Run

Zone: Z 2:21.65 14/12/2014 Jessica Guo, Sutherland			
Name	Age	Centre	Final
1 Amy Bennett		Sutherland	2:25.77
2 Lili Gorman-brown		Port Hacking	2:26.56
3 Brittany Watson		Sutherland	2:36.48
4 Rhianna Turner		Illawong	2:38.99
5 Talia Fisher		Port Hacking	2:47.68
6 Caitlyn Flynn		Sutherland	2:50.41

Girls U 10 - 1500 Metre Run

Zone: Z 5:10.76 13/12/2014 Imogen Stewart, Illawong			
Name	Age	Centre	Final
1 Mia Toohy		Sutherland	5:24.31
2 Sienna Wright		Illawong	5:38.80

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

...Girls U 10 - 1500 Metre Run

3 Nicola Barge	Port Hacking	5:46.04
4 Karina Bell	Illawong	5:47.72
5 Georgie Latanis	St George	5:55.57
6 Ella Gair	Sutherland	5:57.30
7 Bella Cooper	Sutherland	5:57.96
8 Chynna Hardy	Helensburgh	6:08.60
9 Kiana Naitaka	Illawong	6:10.81
10 Mia Adams	Sutherland	6:36.58
11 Holly Mathieson	Helensburgh	6:44.98
-- Charley Holder	Sutherland	DNF

Girls U 11 - 1500 Metre Run

Name	Age Centre	Final
Zone: Z 5:22.21 8/12/2012 Taylor Porter, Port Hacking		
1 Imogen Stewart	Illawong	4:49.47Z
2 Grace Elliott	St George	5:09.28Z
3 Eloise Carey	St George	5:21.39Z
4 Alexandria Kalamvokis	Illawong	5:23.38
5 Aiesha Stevill	Helensburgh	5:32.89
6 Lucy Alexander	Sutherland	5:39.91
7 Casey Mood	Sutherland	5:40.53
8 Demi Bresnahan	Sutherland	5:53.13
9 Hayley Denneen	Sutherland	6:22.57
10 Emily Laverance	Port Hacking	6:27.55
11 Chia Walters	Sutherland	6:43.29
12 Elizabeth Wastie	Revesby Workers	6:50.08
13 Taylah Dalla-camina	Illawong	6:54.67
-- Charlotte O'Neill	St George	DNF

Girls U 12 - 1500 Metre Run

Name	Age Centre	Final
Zone: Z 5:18.96 8/12/2012 Emily Schneider, Sutherland		
1 Lani Bresnahan	Sutherland	5:39.80
2 Lili Maroney	Sutherland	5:46.81
3 Casey Stanley	Illawong	5:59.16
4 Annabelle Harrington	Port Hacking	6:15.01
5 Amelia Cooper	Illawong	6:27.15
6 Clarissa Kalamvokis	Illawong	6:41.99
7 Evie Donnelly	Revesby Workers	6:52.32

Girls U 13 - 1500 Metre Run

Name	Age Centre	Final
Zone: Z 5:08.98 14/12/2013 Emily Schneider, Sutherland		
1 Lauren Carey	St George	5:06.41Z
2 Tayla Schneider	Sutherland	5:09.63
3 Emma Blanch	Port Hacking	5:12.44
4 Dakota Owers	Port Hacking	5:44.97
5 Brianna Gibson	Port Hacking	6:27.05

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Girls U 14 - 1500 Metre Run

Zone: Z 4:52.18 13/12/2014 Emily Schneider, Sutherland			
Name	Age	Centre	Final
1 Miri Maroney		Sutherland	5:31.99
2 Jessica Bennett		Sutherland	5:34.67
3 Georgia Flynn		Sutherland	5:42.49
4 Elena Christian		Illawong	5:45.94
5 Taylor Porter		Port Hacking	7:15.73

Girls U 15 - 1500 Metre Run

Zone: Z 5:00.04 8/12/2012 Sophie Maxwell, Illawong			
Name	Age	Centre	Final
1 Emily Schneider		Sutherland	4:38.36Z
2 Bethany Arentz		Illawong	5:08.51

Girls U 17 - 1500 Metre Run

Zone: Z 4:58.21 13/12/2014 Jessica Guo, Sutherland			
Name	Age	Centre	Final
1 Brittany Watson		Sutherland	5:11.83
2 Amy Bennett		Sutherland	5:18.08
3 Rhianna Turner		Illawong	5:29.62
4 Caitlyn Flynn		Sutherland	6:08.06

Girls U 13 - 3000 Metre Run

Zone: Z 10:46.14 13/12/2013 Emily Schneider, Sutherlan			
Name	Age	Centre	Final
1 Lauren Carey		St George	10:55.18
2 Tayla Schneider		Sutherland	11:10.04
3 Emma Blanch		Port Hacking	11:47.54

Girls U 14 - 3000 Metre Run

Zone: Z 10:15.18 12/12/2014 Emily Schneider, Sutherlan			
Name	Age	Centre	Final
1 Georgia Flynn		Sutherland	12:24.63
2 Jessica Bennett		Sutherland	12:42.44
3 Elena Christian		Illawong	12:45.40
4 Taylor Porter		Port Hacking	15:23.17

Girls U 15 - 3000 Metre Run

Zone: Z 10:28.91 13/12/2013 Jessica Guo, Sutherland			
Name	Age	Centre	Final
1 Emily Schneider		Sutherland	10:01.18Z
2 Caitlin Hammond		St George	12:37.22

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Girls U 17 - 3000 Metre Run

Zone: Z 10:07.27 12/12/2014 Jessica Guo, Sutherland			
Name	Age	Centre	Final
1 Brittany Watson		Sutherland	10:56.17
2 Amy Bennett		Sutherland	11:06.75
3 Rhianna Turner		Illawong	12:34.21
4 Caitlyn Flynn		Sutherland	14:11.99

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.30 30/01/2011 K. Blackwell, Helensburgh			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Gemma Hanley		Sutherland	12.50Q
2 Heidi Ryan Sweeney		Sutherland	13.09Q
3 Tahlia Catts		Port Hacking	13.18Q
4 Holly Taylor		Illawong	13.79q
5 Olive Kirby		St George	14.08
6 Hannah Johansson		Port Hacking	14.70
Heat 2 Heats			
1 Tammin Lampret		Port Hacking	11.53Q
2 Tali Fowler		Helensburgh	12.12Q
3 Amber Tubbs		Port Hacking	13.25Q
4 Lani De Cean		St George	13.62q
5 Mikayla Dobosz		Sutherland	14.32
6 Kalahni Crews		Sutherland	14.43
7 Mareta Carati		St George	14.59
8 Evie Bresnahan		Sutherland	14.81

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.30 30/01/2011 K. Blackwell, Helensburgh			
Name	Age	Centre	Final
Section 1 Final			
1 Tammin Lampret		Port Hacking	11.21Z
2 Tali Fowler		Helensburgh	11.90
3 Gemma Hanley		Sutherland	12.44
4 Amber Tubbs		Port Hacking	12.97
5 Heidi Ryan Sweeney		Sutherland	12.97
6 Tahlia Catts		Port Hacking	13.15
7 Lani De Cean		St George	13.37
8 Holly Taylor		Illawong	14.02

Girls U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.55 4/02/2012 Tomysha Clark, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Alexi Eizenberg		Sutherland	12.53Q
2 Lucy Chubb		St George	13.12Q
3 Charlotte Ball		Port Hacking	13.59Q
4 Caitlin Gilbett		Helensburgh	13.66q
5 Elliana Clarke		Sutherland	13.97q
6 Sarah Challinor		Port Hacking	14.03
-- Halle Bresnahan		Sutherland	DNF
Heat 2 Heats			

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****....Girls U 9 - 60 Metre Hurdles (45cm)**

1	Jordan Moore	Sutherland	11.02Q
2	Izobelle Louison-roe	Port Hacking	11.37Q
3	Savannah Taylor	Helensburgh	11.43Q
4	Tiffany Taylor	Illawong	14.29

Girls U 9 - 60 Metre Hurdles (45cm)

=====			
	Zone: Z 10.55	4/02/2012	Tomysha Clark, Port Hacking
Name	Age	Centre	Final
=====			

Section 1 Final

1	Jordan Moore	Sutherland	10.67
2	Izobelle Louison-roe	Port Hacking	10.99
3	Savannah Taylor	Helensburgh	11.54
4	Alexi Eizenberg	Sutherland	11.64
5	Lucy Chubb	St George	12.75
6	Charlotte Ball	Port Hacking	13.28
7	Elliana Clarke	Sutherland	13.45
8	Caitlin Gilbett	Helensburgh	13.60

Girls U 10 - 60 Metre Hurdles (60cm)

=====			
	Zone: Z 10.53	14/12/2013	Andrea Marshall, St George
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1	Lara Davis	Sutherland	12.01Q
2	Kayla Barge	Port Hacking	12.17Q
3	Ariane Brown	Sutherland	12.26Q
4	Chynna Hardy	Helensburgh	13.08q
5	Kiana Naitaka	Illawong	13.09
6	Stephanie Tour	St George	14.03
7	Fiona Waddington	Port Hacking	14.60

Heat 2 Heats

1	Jasynta Lampret	Port Hacking	11.24Q
2	Amelia Kirby	St George	12.61Q
3	Alana Pokorny	Sutherland	12.74Q
4	Isabella Knezevic	St George	12.84q
5	Elizabeth Smithson	Sutherland	13.53
6	Charley Holder	Sutherland	13.61

Girls U 10 - 60 Metre Hurdles (60cm)

=====			
	Zone: Z 10.53	14/12/2013	Andrea Marshall, St George
Name	Age	Centre	Final
=====			

Section 1 Final

1	Jasynta Lampret	Port Hacking	11.25
2	Ariane Brown	Sutherland	12.10
3	Lara Davis	Sutherland	12.12
4	Kayla Barge	Port Hacking	12.29
5	Amelia Kirby	St George	12.45
6	Isabella Knezevic	St George	12.76
7	Alana Pokorny	Sutherland	12.89
8	Chynna Hardy	Helensburgh	13.32

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****Girls U 11 - 60 Metre Hurdles (60cm)**

Zone: Z 10.10 30/01/2010 S. Moss, Revesby Workers			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jamie Byrne		Sutherland	11.33Q
2 Amy Watson		Illawong	12.17Q
3 Laila Waters		Helensburgh	12.50
4 Sara Tully		Sutherland	14.24
5 Charlotte Beudeker		Sutherland	15.37
Heat 2 Heats			
1 Estelle Grantham		Illawong	11.07Q
2 Zara Lammers		Helensburgh	12.45Q
3 Emma Stackpool		Port Hacking	12.67
4 Holly Ramsey		Helensburgh	12.93
5 Tahlia Dunne		St George	13.66
6 Grace McManus		Sutherland	14.32
Heat 3 Heats			
1 Caitlin Saville		Sutherland	10.90Q
2 Tayla Bell		Port Hacking	11.04Q
3 Kaitlyn Halkidis		Port Hacking	11.66q
4 Paige Hirst		Helensburgh	11.88q
4 Miloshka Sharma		St George	11.88q
6 Tiana Carrington		St George	13.88

Girls U 11 - 60 Metre Hurdles (60cm)

Zone: Z 10.10 30/01/2010 S. Moss, Revesby Workers			
Name	Age	Centre	Final
Section 1 Final			
1 Caitlin Saville		Sutherland	10.61
2 Estelle Grantham		Illawong	10.75
3 Tayla Bell		Port Hacking	10.93
4 Jamie Byrne		Sutherland	10.98
5 Zara Lammers		Helensburgh	11.49
6 Miloshka Sharma		St George	11.54
7 Kaitlyn Halkidis		Port Hacking	11.54
8 Amy Watson		Illawong	11.87
9 Paige Hirst		Helensburgh	11.99

Girls U 12 - 60 Metre Hurdles (68cm)

Zone: Z 10.35 13/12/2014 Tomysa Clark, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Andrea Marshall		St George	10.62Q
2 Zielle Hinton		Port Hacking	11.11Q
3 Felicity Ryan Sweeney		Sutherland	11.63Q
4 Isabel Van Zyl		Illawong	12.65q
5 Ella Burgher		Illawong	13.96
Heat 2 Heats			
1 Lani Bresnahan		Sutherland	12.03Q
2 Sarah Barreca		Port Hacking	12.06Q
3 Georgia Stevens		Port Hacking	12.50Q
4 Mia Szczepanik		Illawong	13.31q
5 Clarissa Kalamvokis		Illawong	13.36
6 Ella Ashton		Revesby Workers	14.00

**SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE**

Results

Girls U 12 - 60 Metre Hurdles (68cm)

Zone: Z 10.35 13/12/2014 Tomysha Clark, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Andrea Marshall		St George	10.29Z
2 Felicity Ryan Sweeney		Sutherland	11.19
3 Zielle Hinton		Port Hacking	11.20
4 Sarah Barreca		Port Hacking	11.71
5 Lani Bresnahan		Sutherland	11.90
6 Georgia Stevens		Port Hacking	12.72
7 Isabel Van Zyl		Illawong	12.79
8 Mia Szczepanik		Illawong	13.08

Girls U 13 - 80 Metre Hurdles (76cm)

Zone: Z 13.30 30/01/2010 S. Geddes, Port Hacking			
Name	Age	Centre	Final
Section 1			
1 Lauren Hocking		Port Hacking	13.23Z
2 Tomysha Clark		Port Hacking	13.65
3 Jasmine Catts		Port Hacking	16.54
4 Kirsten Campton		Sutherland	18.88
5 Tahlia Oldfield		Helensburgh	20.04
6 Brianna Lumb		Helensburgh	21.70

Girls U 14 - 80 Metre Hurdles (76cm)

Zone: Z 13.00 30/01/2011 S. Geddes, Port Hacking			
Name	Age	Centre	Final
1 Tia Lacoste		St George	13.04
2 Kiara Lucas		Port Hacking	13.90
3 Emily Markoski		St George	14.30
4 Sarah Archer		Sutherland	15.09
5 Miri Maroney		Sutherland	16.83
6 Abbey Godwin		Helensburgh	19.31

Girls U 15 - 90 Metre Hurdles (76cm)

Zone: Z 13.60 30/01/2011 B. Giffen, Illawong			
Name	Age	Centre	Final
1 Chantal Yu		Port Hacking	15.48
2 Catelyn Mckenzie		Port Hacking	19.51

Girls U 17 - 100 Metre Hurdles (76cm)

Zone: Z 15.02 5/02/2012 Toni Anderson, Sutherland			
Name	Age	Centre	Final
1 Imogen Russell		Revesby Workers	16.33
2 Lyndal Schnabel		Sutherland	16.52

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Girls U 13 - 200 Metre Hurdles (68cm)

Zone: Z 29.30 30/01/2010 S. Geddes, Port Hacking			
Name	Age	Centre	Final
1 Lauren Hocking		Port Hacking	29.07Z
2 Tomysha Clark		Port Hacking	30.05
3 Maya Pendleton		Illawong	33.39
4 Aishlin Walker		Sutherland	36.34
5 Kirsten Campton		Sutherland	39.33
6 Brianna Lumb		Helensburgh	41.37

Girls U 14 - 200 Metre Hurdles (76cm)

Zone: Z 29.10 31/01/2011 S. Geddes, Port Hacking			
Name	Age	Centre	Final
1 Hayley Waters		Sutherland	29.17
2 Tia Lacoste		St George	30.13
3 Kiara Lucas		Port Hacking	30.23
4 Emily Markoski		St George	31.03
5 Sarah Archer		Sutherland	32.15
6 Miri Maroney		Sutherland	33.69
7 Tanya Kay		Port Hacking	34.05
8 Tiarne Bernardi		Sutherland	38.20

Girls U 15 - 200 Metre Hurdles (76cm)

Zone: Z 29.30 30/01/2010 A. Abdullah, Illawong			
Name	Age	Centre	Final
1 Erin Denneen		Sutherland	32.50
2 Catelyn Mckenzie		Port Hacking	34.26
3 Nivage Gibson		Port Hacking	39.45

Girls U 17 - 200 Metre Hurdles (76cm)

Zone: Z 29.48 14/12/2013 Tay-Leiha Clark, Port Hacking			
Name	Age	Centre	Final
1 Imogen Russell		Revesby Workers	28.97Z
2 Lyndal Schnabel		Sutherland	30.28
3 Talia Fisher		Port Hacking	31.04

Girls U 9-12 4x100 Metre Relay (Jnr)

Centre	Final
1 Sutherland	57.42
1) Ariane Brown 10	
3) Jordan Moore 9	
2 Port Hacking	1:00.48
1) Addison Bourke 9	
3) Sarah Barreca 12	
3 Illawong	1:02.32
1) Bella-rose Franklin 9	
3) Karina Bell 10	
4 St George	1:03.58
1) Tiana Petkovski 9	
3) Isabella Knezevic 10	
5 Helensburgh	1:05.68
2) Eve Gardner 12	
4) Emma Lee 11	
2) Tayla Bell 11	
4) Jasynta Lampret 10	
2) Estelle Grantham 11	
4) Michaela Cosgrove 12	
2) Miloshka Sharma 11	
4) Andrea Marshall 12	

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****....Girls U 9-12 4x100 Metre Relay (Jnr)**

1) Emily Gately 10	2) Caylah Lumb 11
3) Savannah Taylor 9	4) Kayla Gately 12
6 Revesby Workers	1:08.43
1) Evie Donnelly 12	2) Scarlet Heather 11
3) Lydia Alrahil 9	4) Trinity Basic 9

Girls U 13-17 4x100 Metre Relay (Snr)

Centre	Final
1 Port Hacking	52.27
1) Elyse Goodwin 15	2) Nicole Banning 17
3) Lauren Hocking 13	4) Kiara Lucas 14
2 Sutherland	52.70
1) Rachel Tougher 13	2) Hayley Waters 14
3) Jessica Vandermaal 14	4) Amy Bennett 17
3 Helensburgh	53.55
1) Monica Way 12	2) Krystal Blackwell 13
3) Jane Vodicar 17	4) Tierney Dunne 14
4 Illawong	55.08
1) Rebekah Lee 15	2) Leanna Snudden 14
3) Bethany Arentz 15	4) Mia Ipca 13
5 Revesby Workers	58.23
1) Imogen Russell 17	2) Sami Taylor 13
3) Phoebe Bottrill 14	4) Paige Jones 12

Girls U 9 - High Jump (S/H 0.80m)

Name	Age Centre	Final
Zone: Z 1.38m 4/02/2012 Tomysha Clark, Port Hacking		
Flight 1		
1 Savannah Taylor	Helensburgh	1.02m
2 Steffi Byrne	Sutherland	1.00m
3 Amber Van Zyl	Illawong	0.96m
4 Hayley Blanch	Port Hacking	0.80m
-- Caitlin Gilbett	Helensburgh	NH
-- Isabella Lorusso	Illawong	NH
-- Elliana Clarke	Sutherland	NH

Girls U 10 - High Jump (S/H 0.90m)

Name	Age Centre	Final
Zone: Z 1.40m 9/12/2012 Tomysha Clark, Port Hacking		
1 Karina Bell	Illawong	1.25m
2 Kate Argall	Helensburgh	1.25m
3 Kayla Barge	Port Hacking	1.22m
4 Molly Fitzpatrick	Sutherland	1.16m
5 Katerina Stojkovski	St George	1.10m
6 Alana Pokorny	Sutherland	1.05m
7 Charley Holder	Sutherland	1.00m
8 Angelene Angelis	St George	0.95m
9 Christie Kannengiesser	Illawong	0.95m
10 Isabella Knezevic	St George	0.95m
-- Phoebe Ryan Sweeney	Sutherland	NH

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****Girls U 11 - High Jump (S/H 1.00m)**

Zone: Z 1.45m 30/01/2010 B. Salzman, Illawong			
Name	Age	Centre	Final
1 Caitlin Saville		Sutherland	1.37m
2 Caylah Lumb		Helensburgh	1.35m
3 Sophie Paice		Illawong	1.35m
4 Charlotte McNamara		Sutherland	1.25m
5 Holly Ramsey		Helensburgh	1.17m
6 Claire Stegbauer		Sutherland	1.10m
7 Jamie Byrne		Sutherland	1.10m
7 Chia Walters		Sutherland	1.10m
9 Tahlia Dunne		St George	1.05m
-- Erin Mueller		St George	NH

Girls U 12 - High Jump (S/H 1.10m)

Zone: Z 1.61m 14/12/2014 Tomysha Clark, Port Hacking			
Name	Age	Centre	Final
1 Lili Brandt		Port Hacking	1.37m
2 Hayley McKinlay		Helensburgh	1.35m
3 Paige Jones		Revesby Workers	1.31m
3 Sofia Randazzo		Sutherland	1.31m
5 Jessica Wardrobe		Sutherland	1.29m
6 Sarah Kennedy		Revesby Workers	1.25m
7 Isabel Van Zyl		Illawong	1.20m
7 Tara Jones		Revesby Workers	1.20m
-- Leila Szczepanik		Illawong	NH
-- Brooke Pokorny		Sutherland	NH

Girls U 13 - High Jump (S/H 1.15m)

Zone: Z 1.60m 29/01/2003 L. Turner, Port Hacking			
Name	Age	Centre	Final
1 Tomysha Clark		Port Hacking	1.61mZ
2 Eva Kostopoulos		Port Hacking	1.53m
3 Jasmine Catts		Port Hacking	1.50m
4 Kirsten Campton		Sutherland	1.15m
4 Jade Stegbauer		Sutherland	1.15m
-- Lylia Franich		St George	NH

Girls U 14 - High Jump (S/H 1.20m)

Zone: Z 1.66m 14/12/2014 Lauren Samrani, St George			
Name	Age	Centre	Final
1 Charlotte O'Brien		Sutherland	1.55m
2 Kiara Lucas		Port Hacking	1.46m
3 Tia Lacoste		St George	1.46m
4 Jade Johnston-mitrevska		St George	1.46m
5 Tanya Kay		Port Hacking	1.40m
-- Rebecca O'Dea		St George	NH

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Girls U 15 - High Jump (S/H 1.20m)

Zone: Z 1.70m 29/01/2011 T. Anderson, Sutherland			
Name	Age	Centre	Final
1 Jazmine Di Palma		St George	1.30m
2 Jennifer Tan		Port Hacking	1.25m
3 Nivage Gibson		Port Hacking	1.20m
3 Catelyn Mckenzie		Port Hacking	1.20m

Girls U 17 - High Jump (S/H 1.25m)

Zone: Z 1.66m 9/12/2012 Toni Anderson, Sutherland			
Name	Age	Centre	Final
1 Lyndal Schnabel		Sutherland	1.60m
2 Sarah Ding		Port Hacking	1.45m
3 Ashleigh Mooney		Revesby Workers	1.45m
4 Bronte Hodge		Port Hacking	1.35m
5 Madeline Carroll		Revesby Workers	1.30m

Girls U 7 - Long Jump

Zone: Z 3.44m 1976 N. Larkin, Sutherland			
Name	Age	Centre	Final
1 Matilda Fanning		Sutherland	3.15m
2 Maddison Druery		Port Hacking	3.07m
3 Mariah Photi		Illawong	2.95m
4 Jordan Davis		Port Hacking	2.89m
5 Katie See		Port Hacking	2.60m
6 Haylee Hanley		Sutherland	2.49m
7 Nova Batman		Sutherland	2.39m
8 Annabelle Zafiris		Port Hacking	2.31m
9 Audrey Snook		St George	2.19m
10 Harmony Taylor		Helensburgh	1.95m
11 Rylee Helm		St George	1.93m

Girls U 8 - Long Jump

Zone: Z 3.65m 1981 K. Liprini, Port Hacking			
Name	Age	Centre	Final
1 Tammin Lampret		Port Hacking	3.32m
2 Mathilda Delfs		Sutherland	3.10m
3 Jade Pawson		Sutherland	3.07m
4 Tali Fowler		Helensburgh	3.07m
5 Ruby Power		St George	3.04m
6 Gemma Hanley		Sutherland	2.94m
7 Matilda Richards		Revesby Workers	2.81m
8 Lani De Cean		St George	2.72m
9 Chloe Kay		Port Hacking	2.66m
10 Hannah Johansson		Port Hacking	2.65m
11 Amber Tubbs		Port Hacking	2.55m
12 Mackenzie Potts		Port Hacking	2.51m
13 Summer Levy		Illawong	2.29m
14 Mareta Carati		St George	2.29m
15 Holly Taylor		Illawong	2.28m
16 Ella Walters		Sutherland	2.17m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Girls U 9 - Long Jump

Zone: Z 4.14m 1975			F. McConnell, Sutherland
Name	Age Centre	Final	
1 Izobelle Louison-roe	Port Hacking	3.55m	
2 Jordan Moore	Sutherland	3.49m	
3 Steffi Byrne	Sutherland	3.29m	
4 Jordan O'Neill	Illawong	3.16m	
5 Kayla Barton	Illawong	3.06m	
6 Caydelan Mitchell-bruce	St George	2.99m	
7 Maria Tsavalias	Illawong	2.92m	
8 Lucy Chubb	St George	2.87m	
9 Charlotte Ball	Port Hacking	2.85m	
10 Trinity Basic	Revesby Workers	2.84m	
11 Lydia Alrahil	Revesby Workers	2.49m	
12 Ai Kamikura	St George	2.46m	

Girls U 10 - Long Jump

Zone: Z 4.39m 13/12/2014			Emma Lee, Sutherland
Name	Age Centre	Final	
1 Kate Argall	Helensburgh	4.00m	
2 Isabella Knezevic	St George	3.56m	
3 Ella Gair	Sutherland	3.40m	
4 Chynna Hardy	Helensburgh	3.36m	
5 Alana Pokorny	Sutherland	3.34m	
6 Ava-Rose Hardy	Helensburgh	3.20m	
7 Elizabeth Smithson	Sutherland	3.13m	
8 Taylor Nangle	Revesby Workers	3.03m	
9 Jacinta Laverance	Port Hacking	2.89m	
10 Natasha Lord	Sutherland	2.75m	
11 Christie Kannengiesser	Illawong	2.67m	
12 Amelia Crocker	Port Hacking	1.47m	

Girls U 11 - Long Jump

Zone: Z 4.53m 30/01/2010			B. Salzman, Illawong
Name	Age Centre	Final	
1 Emma Lee	Sutherland	4.25m	
2 Tayla Bell	Port Hacking	4.11m	
3 Caitlin Saville	Sutherland	4.04m	
4 Kaitlyn Halkidis	Port Hacking	3.86m	
5 Caylah Lumb	Helensburgh	3.77m	
6 Aiesha Stevill	Helensburgh	3.67m	
7 Miloshka Sharma	St George	3.66m	
8 Stephanie Faulkner	Illawong	3.59m	
9 Amy Watson	Illawong	3.57m	
10 Claire Stegbauer	Sutherland	3.56m	
11 Kyla Gibson	Port Hacking	3.55m	
12 Sophie Paice	Illawong	3.54m	
13 Stefania Guercio	Illawong	3.41m	
14 Holly Ramsey	Helensburgh	3.38m	
15 Scarlet Heather	Revesby Workers	3.06m	
16 Grace McManus	Sutherland	2.79m	

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Girls U 12 - Long Jump

Zone: Z 5.01m 31/01/2004 L. Turner, Port Hacking			
Name	Age	Centre	Final
1 Hayley McKinlay		Helensburgh	4.54m
2 Eve Gardner		Sutherland	4.39m
3 Michaela Cosgrove		Illawong	4.29m
4 Mia Szczepanik		Illawong	4.29m
5 Lili Brandt		Port Hacking	4.27m
6 Emma Harlow		St George	4.19m
7 Elle Mcguigan		Helensburgh	3.95m
8 Felicity Ryan Sweeney		Sutherland	3.92m
9 Sarah Barreca		Port Hacking	3.70m
10 Evie Donnelly		Revesby Workers	3.70m
11 Kayla Gately		Helensburgh	3.55m
12 Paige Jones		Revesby Workers	3.54m
13 Ella Ashton		Revesby Workers	3.48m
14 Tara Jones		Revesby Workers	3.44m
15 Monica Way		Helensburgh	3.25m
16 Sarah Argall		Helensburgh	3.20m
17 Mia Topen		St George	3.17m

Girls U 13 - Long Jump

Zone: Z 5.25m 2/02/2003 J. Doyle, Port Hacking			
Name	Age	Centre	Final
1 Tomysha Clark		Port Hacking	5.05m
2 Krystal Blackwell		Helensburgh	4.80m
3 Eva Kostopoulos		Port Hacking	4.50m
4 Maya Pendleton		Illawong	3.88m
5 Jasmine Catts		Port Hacking	3.82m
6 Aishlin Walker		Sutherland	3.74m
7 Lylia Franich		St George	3.56m
8 Dakota Owers		Port Hacking	3.54m
9 Celeste Walker		Sutherland	3.49m
10 Georgia Schmidt-uili		Illawong	3.29m

Girls U 14 - Long Jump

Zone: Z 5.27m 7/02/1987 K. Liprini, Port Hacking			
Name	Age	Centre	Final
1 Sophia Cibeil		St George	5.11m
2 Tia Lacoste		St George	4.89m
3 Jade Johnston-mitrevska		St George	4.81m
4 Charlotte O'Brien		Sutherland	4.80m
5 Kiara Lucas		Port Hacking	4.63m
6 Jessica Vandermaal		Sutherland	4.42m
7 Danielle Katzos		St George	4.12m
8 Alicia Langley		St George	3.90m
9 Annelise Faust		Illawong	3.59m
10 Sienna Bosworth-gonzaga		Port Hacking	3.30m

Girls U 15 - Long Jump

Zone: Z 5.46m 9/12/2012 Tay-Leiha Clark, Port Hacking			
Name	Age	Centre	Final
1 Chantal Yu		Port Hacking	4.78m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

...Girls U 15 - Long Jump

2	Rebekah Lee	Illawong	4.61m
3	Kelly Wilson	Port Hacking	4.54m

Girls U 17 - Long Jump

Zone: Z 5.17m 5/02/2012 Toni Anderson, Sutherland

Name	Age	Centre	Final
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1	Lyndal Schnabel	Sutherland	5.05m
2	Sarah Ding	Port Hacking	4.85m
3	Jane Vodigar	Helensburgh	4.72m
4	Bronte Hodge	Port Hacking	4.54m
5	Ashleigh Mooney	Revesby Workers	3.89m

Girls U 11 - Triple Jump

Zone: Z 9.52m 30/01/1993 B. Sanders, Sutherland

Name	Age	Centre	Final
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1	Caitlin Saville	Sutherland	9.13m
2	Tayla Bell	Port Hacking	9.11m
3	Eloise Carey	St George	8.10m
4	Kaitlyn Halkidis	Port Hacking	7.87m
5	Sophie Paice	Illawong	7.80m
6	Elizabeth Wastie	Revesby Workers	7.43m
7	Stefania Guercio	Illawong	7.34m
8	Lucy Alexander	Sutherland	6.96m
9	Stephanie Faulkner	Illawong	6.48m

Girls U 12 - Triple Jump

Zone: Z 10.10m 6/02/1994 B. Sanders, Sutherland

Name	Age	Centre	Final
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1	Lili Brandt	Port Hacking	9.43m
2	Jessica Wardrobe	Sutherland	9.30m
3	Leila Szczepanik	Illawong	8.92m
4	Sofia Randazzo	Sutherland	8.80m

Girls U 13 - Triple Jump

Zone: Z 10.99m 31/01/2004 K. Bannister, Illawong

Name	Age	Centre	Final
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1	Tomysha Clark	Port Hacking	10.71m
2	Eva Kostopoulos	Port Hacking	9.56m
3	Rachel Tougher	Sutherland	9.23m
4	Aishlin Walker	Sutherland	8.61m
5	Brieanna Gibson	Port Hacking	6.72m

Girls U 14 - Triple Jump

Zone: Z 11.20m 30/01/2005 K. Bannister, Illawong

Name	Age	Centre	Final
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1	Sophia Cibei	St George	10.28m
2	Jade Johnston-mitrevska	St George	9.97m
3	Charlotte O'Brien	Sutherland	9.75m
4	Hayley Waters	Sutherland	9.44m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

...Girls U 14 - Triple Jump

5	Jessica Vandermaal	Sutherland	9.18m
6	Sienna Bosworth-gonzaga	Port Hacking	7.31m

Girls U 15 - Triple Jump

Zone: Z 11.72m 29/01/2006 K. Bannister, Illawong

Name	Age Centre	Final
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1	Kelly Wilson	Port Hacking	10.01m
2	Catelyn Mckenzie	Port Hacking	8.70m
3	Nivage Gibson	Port Hacking	8.48m

Girls U 17 - Triple Jump

Zone: Z 11.20m 14/12/2013 Tay-Leiha Clark, Port Hackin

Name	Age Centre	Final
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1	Sarah Ding	Port Hacking	11.23mZ
2	Lyndal Schnabel	Sutherland	10.67m
3	Imogen Russell	Revesby Workers	10.63m
4	Bronte Hodge	Port Hacking	10.10m
5	Ashleigh Mooney	Revesby Workers	8.63m

Girls U 7 - Shot Put (1.0 Kg)

Zone: Z 6.44m 7/02/1978 J. Spiteri, Port Hacking

Name	Age Centre	Final
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1	Keira Toohey	Sutherland	5.33m
2	Jordan Davis	Port Hacking	5.19m
3	Bianca Rudzis	Sutherland	4.47m
4	Taryn Mott	Sutherland	4.41m
5	Rylee Helm	St George	4.32m
6	Audrey Snook	St George	4.23m
7	Ruby Topen	St George	2.57m

Girls U 8 - Shot Put (1.5 Kg)

Zone: Z 7.09m 4/02/2007 G. Robinson, St George

Name	Age Centre	Final
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1	Jasmine Franich	St George	5.19m
2	Jade Pawson	Sutherland	4.66m
3	Mareta Carati	St George	4.36m
4	Tamra Simperler	Sutherland	4.31m
5	Chloe Kay	Port Hacking	4.26m
6	Heidi Ryan Sweeney	Sutherland	4.20m
7	Mikayla Dobosz	Sutherland	3.73m
8	Isabel Mcfarlane	Revesby Workers	3.62m
9	Mackenzie Potts	Port Hacking	3.37m
10	Emily Kennedy	Sutherland	3.27m
11	Kwanita Olney	Illawong	3.25m
12	Amber Tubbs	Port Hacking	2.86m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Girls U 9 - Shot Put (2.0 Kg)

Zone: Z 9.06m 1/02/2003 A. Iosefo, St George			
Name	Age	Centre	Final
1 Jordan O'Neill		Illawong	5.73m
2 Kayla Barton		Illawong	4.43m
3 Sophie Rogers		Sutherland	4.32m
4 Brooke Hunter		Revesby Workers	4.13m
5 Sophie McNamara		Sutherland	4.05m
6 Lucy Chubb		St George	3.78m
7 Hayley Blanch		Port Hacking	3.70m
8 Alyssa Momirceviski		Revesby Workers	3.65m
9 Caitlyn Whitbread		Sutherland	3.35m
10 Sally Archer		Sutherland	3.33m
11 Sarah Challinor		Port Hacking	3.02m

Girls U 10 - Shot Put (2.0 Kg)

Zone: Z 11.03m 1/02/2009 G. Robinson, St George			
Name	Age	Centre	Final
1 Nicola Barge		Port Hacking	7.60m
2 Karina Bell		Illawong	7.56m
3 Mia Toohey		Sutherland	7.39m
4 Georgie Latanis		St George	7.26m
5 Phoebe Ryan Sweeney		Sutherland	6.19m
6 Audree Impey		Port Hacking	6.01m
7 Rachel Elton		Sutherland	5.91m
8 Nanditha Hariharan		Port Hacking	5.43m
9 Christie Kannengiesser		Illawong	5.15m
9 Tyra Olney		Illawong	5.15m
11 Emily Gately		Helensburgh	4.91m
12 Chloe Burne		Port Hacking	4.76m
13 Mia Adams		Sutherland	4.69m
14 Jacinta Laverance		Port Hacking	4.49m
15 Natasha Lord		Sutherland	4.46m

Girls U 11 - Shot Put (2.0 Kg)

Zone: Z 13.14m 30/01/2010 G. Robinson, St George			
Name	Age	Centre	Final
1 Madeleine Chubb		St George	8.67m
2 Charlotte Beudeker		Sutherland	7.61m
3 Leila Yavala		Port Hacking	7.44m
4 Kyla Gibson		Port Hacking	6.73m
5 Ashleigh Waters		Sutherland	6.66m
6 Holly Ramsey		Helensburgh	6.39m
7 Tiana Carrington		St George	6.17m
8 Erin Mueller		St George	5.79m
9 Elizabeth Wastie		Revesby Workers	5.65m
10 Ashleigh Barton		Illawong	5.22m
11 Nicola Gastelaars		Port Hacking	4.74m
12 Sienna Harrod		Port Hacking	4.62m
13 Sara Tully		Sutherland	3.47m
14 Emily Challinor		Port Hacking	3.16m

**SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE**

Results

Girls U 12 - Shot Put (2.0 Kg)

Zone: Z 15.08m 30/01/2011 G. Robinson, St George			
Name	Age	Centre	Final
1 Aurelia Banach		Helensburgh	10.49m
2 Felicity Ryan Sweeney		Sutherland	8.20m
3 Jessica Ward		Sutherland	7.21m
4 Eve Way		Helensburgh	7.11m
5 Leila Szczepanik		Illawong	6.74m
6 Lili Maroney		Sutherland	6.69m
7 Kayla Gately		Helensburgh	6.38m
8 Mia Topen		St George	6.29m

Girls U 13 - Shot Put (3.0 Kg)

Zone: Z 14.21m 4/02/2012 Grace Robinson, St George			
Name	Age	Centre	Final
1 Emma Blanch		Port Hacking	7.60m
2 Kyla Tracey		Sutherland	6.98m
3 Samantha Archer		Sutherland	6.83m
4 Joelle Forest-jones		Revesby Workers	6.14m
5 Sahara Waide		Illawong	5.90m

Girls U 14 - Shot Put (3.0 Kg)

Zone: Z 14.98m 8/12/2012 Grace Robinson, St George			
Name	Age	Centre	Final
1 Emily Markoski		St George	9.41m
2 Tanya Kay		Port Hacking	7.87m
3 Annelise Faust		Illawong	7.34m

Girls U 15 - Shot Put (3.0 Kg)

Zone: Z 15.24m 15/12/2013 Grace Robinson, St George			
Name	Age	Centre	Final
1 Rebekah Lee		Illawong	10.12m
2 Jennifer Tan		Port Hacking	8.74m

Girls U 17 - Shot Put (3.0 Kg)

Zone: Z 15.30m 14/12/2014 Grace Robinson, St George			
Name	Age	Centre	Final
1 Grace Robinson		St George	15.46mZ
2 Ashleigh Mooney		Revesby Workers	7.67m
3 Olivia Lavidis		Illawong	6.55m

Girls U 7 - Discus (350 Gram)

Zone: Z 14.38m 29/01/2005 A. Schubert			
Name	Age	Centre	Final
1 Keira Toohey		Sutherland	11.28m
2 Katie See		Port Hacking	10.72m
3 Rylee Helm		St George	10.12m
4 Jordan Davis		Port Hacking	10.09m
5 Ruby Topen		St George	7.25m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****....Girls U 7 - Discus (350 Gram)**

6 Bianca Rudzis	Sutherland	6.47m
7 Haylee Hanley	Sutherland	6.13m
8 Scarlett McGraw	Revesby Workers	4.76m

Girls U 8 - Discus (500 Gram)

Zone: Z 19.89m 31/01/2009 A. Dimon, Port Hacking

Name	Age Centre	Final
1 Heidi Ryan Sweeney	Sutherland	10.96m
2 Jasmine Franich	St George	10.06m
3 Chloe Kay	Port Hacking	9.55m
4 Tamra Simperler	Sutherland	8.96m
5 Mackenzie Potts	Port Hacking	8.04m
6 Kwanita Olney	Illawong	6.73m

Girls U 9 - Discus (500 Gram)

Zone: Z 25.30m 14/12/2014 Georgie Latanis, St George

Name	Age Centre	Final
1 Jordan O'Neill	Illawong	14.32m
2 Brooke Williams	Illawong	14.09m
3 Kayla Barton	Illawong	12.26m
4 Maria Tsavalias	Illawong	11.65m
5 Sophie Rogers	Sutherland	10.51m
6 Hayley Blanch	Port Hacking	10.41m
7 Alyssa Momirceviski	Revesby Workers	10.11m
8 Brooke Hunter	Revesby Workers	9.50m
9 Caitlyn Whitbread	Sutherland	8.51m
10 Sally Archer	Sutherland	8.23m

Girls U 10 - Discus (500 Gram)

Zone: Z 33.56m 3/02/2007 M. Dimon, Sutherland

Name	Age Centre	Final
1 Karina Bell	Illawong	27.90m
2 Georgie Latanis	St George	26.12m
3 Mia Toohey	Sutherland	21.74m
4 Rachel Elton	Sutherland	20.94m
5 Emily Gately	Helensburgh	15.99m
6 Chloe Burne	Port Hacking	15.54m
7 Phoebe Ryan Sweeney	Sutherland	13.39m
8 Jacinta Laverance	Port Hacking	12.93m
9 Nanditha Hariharan	Port Hacking	12.39m
10 Taylor Nangle	Revesby Workers	12.00m
11 Tyra Olney	Illawong	11.76m
12 Mia Adams	Sutherland	11.16m
13 Audree Impey	Port Hacking	10.62m
14 Ella Batman	Sutherland	10.00m

Girls U 11 - Discus (750 Gram)

Zone: Z 35.62m 30/01/2010 G. Robinson, St George

Name	Age Centre	Final
1 Madeleine Chubb	St George	25.11m
2 Stephanie Hocroft	Illawong	21.47m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****....Girls U 11 - Discus (750 Gram)**

3	Kyla Gibson	Port Hacking	13.81m
4	Ashleigh Waters	Sutherland	13.72m
5	Ashleigh Barton	Illawong	12.41m
6	Zara Lammers	Helensburgh	11.07m
7	Grace McManus	Sutherland	10.22m
8	Nicola Gastelaars	Port Hacking	10.21m
9	Tahlia Dunne	St George	9.37m

Girls U 12 - Discus (750 Gram)

Zone: Z 43.60m 29/01/2011 G. Robinson, St George

Name	Age Centre	Final
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1	Aurelia Banach	Helensburgh	23.35m
2	Jessica Vaughan	Port Hacking	17.99m
3	Kayla Gately	Helensburgh	16.49m
4	Jessica Ward	Sutherland	15.40m

Girls U 13 - Discus (750 Gram)

Zone: Z 39.10m 3/02/2001 Z. Giampietro, St George

Name	Age Centre	Final
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1	Lauren Hocking	Port Hacking	30.85m
2	Emma Blanch	Port Hacking	23.43m
3	Hayley Wheeldon	Illawong	18.84m
4	Kyla Tracey	Sutherland	18.74m
5	Sahara Waide	Illawong	18.08m
6	Celeste Walker	Sutherland	17.96m
7	Samantha Archer	Sutherland	16.21m
8	Dakota Owers	Port Hacking	16.02m
9	Joelle Forest-jones	Revesby Workers	13.82m
10	Brieanna Gibson	Port Hacking	13.42m
11	Kirsten Campton	Sutherland	12.29m
12	Tahlia Oldfield	Helensburgh	11.51m

Girls U 14 - Discus (1.0 Kg)

Zone: Z 39.78m 8/02/1995 F. Entwistle, Revesby Worker

Name	Age Centre	Final
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1	Annelise Faust	Illawong	17.79m
2	Rebecca O'Dea	St George	17.30m
3	Tiarne Bernardi	Sutherland	15.48m
4	Monique Noyeaux	Sutherland	14.82m

Girls U 15 - Discus (1.0 Kg)

Zone: Z 40.46m 3/02/1996 F. Entwistle, Revesby Worker

Name	Age Centre	Final
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1	Jennifer Tan	Port Hacking	25.28m
2	Rebekah Lee	Illawong	24.30m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****Girls U 17 - Discus (1.0 Kg)**

Zone: Z 40.95m 13/12/2014 Grace Robinson, St George			
Name	Age	Centre	Final
1 Grace Robinson		St George	40.20m
2 Ashleigh Mooney		Revesby Workers	22.96m
3 Olivia Lavidis		Illawong	20.17m

Girls U 11 - Javelin (400 Gram)

Name	Age	Centre	Final
1 Ashleigh Waters		Sutherland	17.81m
2 Caylah Lumb		Helensburgh	16.98m
3 Madeleine Chubb		St George	16.47m
4 Leila Yavala		Port Hacking	16.09m
5 Ashleigh Barton		Illawong	14.05m
6 Emily Laverance		Port Hacking	13.70m
7 Tiana Carrington		St George	10.84m
8 Charlotte Beudeker		Sutherland	8.47m
9 Sienna Harrod		Port Hacking	8.15m
-- Ellie-jo De Celis		Illawong	FOUL

Girls U 12 - Javelin (400 Gram)

Name	Age	Centre	Final
1 Aurelia Banach		Helensburgh	20.98m
2 Jessica Ward		Sutherland	12.21m
3 Jessica Vaughan		Port Hacking	10.71m
4 Sofia Randazzo		Sutherland	10.69m
5 Mia Topen		St George	8.77m
6 Lili Maroney		Sutherland	3.03m

Girls U 13 - Javelin (400 Gram)

Name	Age	Centre	Final
1 Lauren Hocking		Port Hacking	30.39m
2 Emma Blanch		Port Hacking	26.10m
3 Hayley Wheeldon		Illawong	18.86m
4 Lylia Franich		St George	16.18m
5 Brianna Lumb		Helensburgh	14.26m
6 Jade Stegbauer		Sutherland	12.52m
7 Joelle Forest-jones		Revesby Workers	11.65m
8 Samantha Archer		Sutherland	9.70m

Girls U 14 - Javelin (400 Gram)

Name	Age	Centre	Final
1 Jasmin Lockwood		Sutherland	38.77m
2 Emily Markoski		St George	34.43m
3 Sophia Cibe		St George	33.49m
4 Tanya Kay		Port Hacking	26.46m
5 Brittany Robertson		Port Hacking	21.43m
6 Monique Noyeaux		Sutherland	15.22m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Girls U 15 - Javelin (500 Gram)

Zone: Z 35.70m 15/12/2013 Grace Robinson, St George			
Name	Age	Centre	Final
1 Rebekah Lee		Illawong	36.80mZ
2 Jennifer Tan		Port Hacking	24.00m
3 Kelly Wilson		Port Hacking	17.66m

Girls U 17 - Javelin (500 Gram)

Zone: Z 41.65m 2/01/2009 A Severino			
Name	Age	Centre	Final
1 Grace Robinson		St George	38.56m
2 Lyndal Schnabel		Sutherland	28.11m
3 Sarah Ding		Port Hacking	26.43m
4 Emily Hawkins		Port Hacking	15.56m
5 Olivia Lavidis		Illawong	13.24m

Girls U 9 - 700 Metre Walk

Zone: Z 4:27.00 30/01/2011 E. Robinson, Illawong			
Name	Age	Centre	Final
Section 1			
1 Sarah Challinor		Port Hacking	4:47.83
2 Jordan O'Neill		Illawong	4:50.22
3 Isabella Lorusso		Illawong	4:52.55
4 Amber Van Zyl		Illawong	5:05.02
5 Maria Tsavalias		Illawong	5:09.35
6 Hayley Blanch		Port Hacking	6:22.59

Girls U 10 - 1100 Metre Walk

Zone: Z 6:14.29 5/02/2012 Ella Robinson, Illawong			
Name	Age	Centre	Final
1 Tyra Olney		Illawong	7:26.93
2 Kayla Barge		Port Hacking	7:36.91
3 Chloe Burne		Port Hacking	8:15.30
4 Amelia Crocker		Port Hacking	9:06.52

Girls U 11 - 1100 Metre Walk

Zone: Z 5:49.73 15/12/2013 Emma Blanch, Port Hacking			
Name	Age	Centre	Final
1 Ellie-jo De Celis		Illawong	5:37.39Z
2 Sienna Harrod		Port Hacking	8:00.28
3 Ashleigh Barton		Illawong	8:26.83
4 Emily Challinor		Port Hacking	9:06.56

Girls U 12 - 1500 Metre Walk

Zone: Z 7:38.68 14/12/2014 Emma Blanch, Port Hacking			
Name	Age	Centre	Final
1 Casey Stanley		Illawong	8:19.75
2 Annabelle Harrington		Port Hacking	10:38.39
3 Ella Ashton		Revesby Workers	10:42.82

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Girls U 12 - 1500 Metre Walk

4	Amelia Cooper	Illawong	10:47.75
--	Ella Burgher	Illawong	DQ
--	Sarah Kennedy	Revesby Workers	DQ

Girls U 13 - 1500 Metre Walk

Zone: Z 8:35.40 30/01/2011 R. Lucas, Port Hacking			
Name	Age	Centre	Final
1	Emma Blanch	Port Hacking	7:36.09Z
2	Sahara Waide	Illawong	9:31.18
3	Joelle Forest-jones	Revesby Workers	9:57.30
--	Dakota Owers	Port Hacking	DQ

Girls U 14 - 1500 Metre Walk

Zone: Z 7:48.50 30/01/2010 G. Moseley, Illawong			
Name	Age	Centre	Final
1	Brittany Robertson	Port Hacking	8:23.90
2	Julianna Chen	Port Hacking	10:54.49

Girls U 15 - 1500 Metre Walk

Zone: Z 8:24.80 30/01/2011 G. Moseley, Illawong			
Name	Age	Centre	Final
1	Nivage Gibson	Port Hacking	11:22.48

Girls U 17 - 1500 Metre Walk

Zone: Z 7:58.00 30/01/2010 S. Flood, Revesby Workers			
Name	Age	Centre	Final
1	Amy Henry	Port Hacking	8:01.17

Boys U 7 - 50 Metre Sprint

Zone: Z 8.51 13/12/2014 Callum Grantham, Illawong			
Name	Age	Centre	Final
1	Alex Kennerson	St George	9.42
2	Finn Hanna	Port Hacking	9.73
3	Oscar Randazzo	Sutherland	9.90
4	Cruz Alvarez	St George	9.91
5	Kaden Anthony	Sutherland	9.92
6	Byron Whitbread	Sutherland	10.01
7	Lachlan Faust	Illawong	10.51
8	Conrad Eizenberg	Sutherland	10.73

Boys U 7 - 70 Metre Sprint

Zone: Z 11.48 14/12/2014 Callum Grantham, Illawong			
Name	Age	Centre	Final
1	Tomas Faulkner	Illawong	12.39
2	Grayson Brown	Sutherland	13.29
3	Ashton Beudeker	Sutherland	13.52
4	Cruz Alvarez	St George	13.54

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****....Boys U 7 - 70 Metre Sprint**

5 Chase Cross	Illawong	13.55
6 Oscar Randazzo	Sutherland	14.10
7 Tawfik Alrahil	Revesby Workers	15.19
8 Jude Low	Sutherland	15.22

Boys U 8 - 70 Metre Sprint

=====			
Zone: Z 11.06 14/12/2014 Reilly Farrell, Port Hacking			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Ethan Baker		St George	12.62Q
2 Luke Farley		Port Hacking	12.71Q
3 Cooper White		Revesby Workers	12.87Q
4 Liam Mitchell-bruce		St George	12.88q
5 Hamish Barlow		Sutherland	14.01
Heat 2 Heats			
1 Callum Grantham		Illawong	11.64Q
2 Kingston Yavala		Port Hacking	12.57Q
3 Flyn Alessi		Helensburgh	12.72Q
4 Thomas Beattie		Revesby Workers	13.41q
5 Marco Venturino		St George	13.74

Boys U 8 - 70 Metre Sprint

=====			
Zone: Z 11.06 14/12/2014 Reilly Farrell, Port Hacking			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Callum Grantham		Illawong	11.40
2 Kingston Yavala		Port Hacking	12.25
3 Flyn Alessi		Helensburgh	12.37
4 Ethan Baker		St George	12.48
5 Luke Farley		Port Hacking	12.56
6 Liam Mitchell-bruce		St George	12.85
7 Cooper White		Revesby Workers	12.87
8 Thomas Beattie		Revesby Workers	13.22

Boys U 9 - 70 Metre Sprint

=====			
Zone: Z 10.41 15/12/2013 Daniel Cattana, Sutherland			
Name	Age	Centre	Final
=====			
Section 1			
1 Jack Druery		Port Hacking	11.41
2 Oliver Randazzo		Sutherland	11.58
3 Alexander Photi		Illawong	11.96
4 Lukas Webber		Port Hacking	11.98
5 Dylan Charmer		Helensburgh	12.21
6 Jesiah Low		Sutherland	12.48
7 Alexander Zafiris		Port Hacking	12.68

Boys U 10 - 70 Metre Sprint

=====			
Zone: Z 9.79 14/12/2014 Daniel Cattana, Sutherland			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Tristan Tubbs		Port Hacking	11.06Q

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Boys U 10 - 70 Metre Sprint

2 James Chernich	Port Hacking	11.17Q
3 Jett Dunn	Sutherland	12.04Q
4 James Szczepanik	Illawong	12.14q

Heat 2 Heats

1 Mark Farley	Port Hacking	11.30Q
2 Ryan Redman	Illawong	11.33Q
3 Coby Lomas	St George	11.97Q
4 Ethan Casey	St George	12.04q
5 Harrison Bull	Sutherland	12.22

Boys U 10 - 70 Metre Sprint

Zone: Z 9.79 14/12/2014 Daniel Cattana, Sutherland

Name	Age Centre	Final
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Section 1 Final

1 Tristan Tubbs	Port Hacking	10.96
2 Ryan Redman	Illawong	11.09
3 James Chernich	Port Hacking	11.16
4 Mark Farley	Port Hacking	11.18
5 Coby Lomas	St George	11.79
6 Ethan Casey	St George	11.86
7 James Szczepanik	Illawong	11.99
8 Jett Dunn	Sutherland	12.09

Boys U 7 - 100 Metre Sprint

Zone: Z 16.40 14/12/2013 Dylan Charmer, Helensburgh

Name	Age Centre	Heats
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Heat 1 Heats

1 Joshua Kannengiesser	Illawong	17.78Q
2 Grayson Brown	Sutherland	18.48Q
3 Finn Hanna	Port Hacking	18.84Q
4 James Tsavalias	Illawong	20.55q

Heat 2 Heats

1 Alex Kennerson	St George	17.76Q
2 Chase Cross	Illawong	18.59Q
3 Thomas Fogarty	Sutherland	19.66Q
4 Lachlan Faust	Illawong	20.40q
5 Tawfik Alrahil	Revesby Workers	20.99
6 Conrad Eizenberg	Sutherland	21.17

Boys U 7 - 100 Metre Sprint

Zone: Z 16.40 14/12/2013 Dylan Charmer, Helensburgh

Name	Age Centre	Final
------	------------	-------

Section 1 Final

1 Joshua Kannengiesser	Illawong	17.68
2 Alex Kennerson	St George	18.03
3 Grayson Brown	Sutherland	18.41
4 Chase Cross	Illawong	18.72
5 Finn Hanna	Port Hacking	18.89
6 Thomas Fogarty	Sutherland	19.73
7 Lachlan Faust	Illawong	20.70
8 James Tsavalias	Illawong	21.16

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****Boys U 8 - 100 Metre Sprint**

Zone: Z 15.88 13/12/2014 Oliver Randazzo, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Callum Grantham		Illawong	Z 15.66Q
2 Luke Farley		Port Hacking	17.45Q
3 Calvin Dunn		Sutherland	17.69
4 Liam Mitchell-bruce		St George	17.88
5 Zachary Schutt		Helensburgh	18.77
6 Joshua Nangle		Revesby Workers	19.61
Heat 2 Heats			
1 Jake Bender		Revesby Workers	16.53Q
2 Benjamin Gardner		Sutherland	16.64Q
3 Zain Moussa		St George	17.15q
4 Max Baumhof		Port Hacking	17.68q
5 Cooper Moss		Sutherland	18.00
6 Hamish Barlow		Sutherland	19.38
Heat 3 Heats			
1 Kingston Yavala		Port Hacking	16.91Q
2 Flyn Alessi		Helensburgh	17.37Q
3 Cooper White		Revesby Workers	17.93
4 Marco Venturino		St George	18.79
5 Alexander Podgorski		Sutherland	19.16

Boys U 8 - 100 Metre Sprint

Zone: Z 15.88 13/12/2014 Oliver Randazzo, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1 Callum Grantham		Illawong	15.91
2 Jake Bender		Revesby Workers	16.96
3 Kingston Yavala		Port Hacking	17.13
4 Benjamin Gardner		Sutherland	17.28
5 Flyn Alessi		Helensburgh	17.54
6 Zain Moussa		St George	17.73
7 Luke Farley		Port Hacking	17.89
8 Max Baumhof		Port Hacking	17.90

Boys U 9 - 100 Metre Sprint

Zone: Z 14.38 14/12/2013 Daniel Cattana, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Dylan Charmer		Helensburgh	15.88Q
2 Mitchell Waller		Helensburgh	16.29Q
3 Daniel Hornery		Sutherland	16.61q
4 Benjamin Pittman		Revesby Workers	16.85
5 Cruz Clark		Illawong	17.42
6 Dean Rufati		Port Hacking	18.27
Heat 2 Heats			
1 Addison Ramirez		Sutherland	15.06Q
2 Lukas Webber		Port Hacking	15.98Q
3 Max De Celis		Illawong	16.05q
4 Lincoln Schutt		Helensburgh	19.22
Heat 3 Heats			
1 Jack Druery		Port Hacking	15.65Q
2 David Hurley		Revesby Workers	15.90Q

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Boys U 9 - 100 Metre Sprint

3 Brock Cairns	Illawong	16.76
4 Fletcher Goodwin	Helensburgh	18.18

Boys U 9 - 100 Metre Sprint

=====
 Zone: Z 14.38 14/12/2013 Daniel Cattana, Sutherland
 Name Age Centre Final
 =====

Section 1 Final

1 Jack Druery	Port Hacking	15.76
2 Lukas Webber	Port Hacking	15.77
3 David Hurley	Revesby Workers	15.97
4 Dylan Charmer	Helensburgh	16.09
5 Mitchell Waller	Helensburgh	16.35
6 Max De Celis	Illawong	16.36
7 Brock Cairns	Illawong	16.50
8 Daniel Hornery	Sutherland	16.76

Boys U 10 - 100 Metre Sprint

=====
 Zone: Z 13.85 8/12/2012 Andrew Goschnik, Port Hacking
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Lachlan Ball	Port Hacking	15.16Q
2 Ethan Casey	St George	16.07Q
3 Lucas Cross	Illawong	16.19
4 Jack Harris	Port Hacking	16.23

Heat 2 Heats

1 Tristan Tubbs	Port Hacking	14.91Q
2 Owen Burgher	Illawong	15.12Q
3 Jeremy Hall	Helensburgh	15.72
4 Ryan Redman	Illawong	15.79
5 Jack Stewart	Sutherland	15.98
6 Oliver Ferraz	St George	16.37
7 James Szczepanik	Illawong	16.67

Heat 3 Heats

1 Mark Farley	Port Hacking	14.69Q
2 Kosta Milionis	Sutherland	14.76Q
3 Blake Kendrick	Helensburgh	15.05q
4 Coby Lomas	St George	15.08q
5 Cooper Levy	Illawong	15.38
6 Jordan Talbot	Sutherland	16.26
7 Jett Dunn	Sutherland	16.78

Boys U 10 - 100 Metre Sprint

=====
 Zone: Z 13.85 8/12/2012 Andrew Goschnik, Port Hacking
 Name Age Centre Final
 =====

Section 1 Final

1 Tristan Tubbs	Port Hacking	14.93
2 Mark Farley	Port Hacking	14.98
3 Kosta Milionis	Sutherland	15.21
4 Blake Kendrick	Helensburgh	15.22
5 Lachlan Ball	Port Hacking	15.27
6 Owen Burgher	Illawong	15.51
7 Coby Lomas	St George	15.64
8 Ethan Casey	St George	16.15

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 11 - 100 Metre Sprint

Zone: Z 13.27 14/12/2013 Jack Hornery, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Fernando Nash	Port Hacking	13.92Q
2	Dion Zafiris	Port Hacking	14.08Q
3	Henri Hiles-Fraser	Helensburgh	14.51q
4	Tanu Booker	Helensburgh	15.22
5	Luke Sidney	Sutherland	15.31
6	Alex Markoski	St George	16.29
Heat 2 Heats			
1	Logan Talbot	Sutherland	14.23Q
2	Cole Taylor	Illawong	14.44Q
3	Alexander Francis	Port Hacking	14.67
4	Tyson Oldfield	Helensburgh	14.78
5	Carlin Nakhle	St George	15.28
6	Adam Pittman	Revesby Workers	18.03
Heat 3 Heats			
1	Daniel Cattana	Sutherland	13.63Q
2	Marcus Armstrong	Port Hacking	14.20Q
3	Joshua Hewitt	St George	14.42q
4	Noah Anderson	Helensburgh	14.73
5	Bailey Clarke	Sutherland	14.82

Boys U 11 - 100 Metre Sprint

Zone: Z 13.27 14/12/2013 Jack Hornery, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1	Daniel Cattana	Sutherland	13.59
2	Dion Zafiris	Port Hacking	13.89
3	Henri Hiles-Fraser	Helensburgh	14.24
4	Logan Talbot	Sutherland	14.25
5	Joshua Hewitt	St George	14.29
6	Marcus Armstrong	Port Hacking	14.32
7	Cole Taylor	Illawong	14.57
8	Alexander Francis	Port Hacking	14.93

Boys U 12 - 100 Metre Sprint

Zone: Z 12.76 8/12/2012 Sidney Noppen, St George			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Jesper Webber	Port Hacking	13.78Q
2	Jordan Lorusso	Illawong	14.42Q
3	Ryan Mckinlay	Helensburgh	14.56Q
4	Zane Moore	Sutherland	15.09q
5	Miles Scarra	Sutherland	15.50
Heat 2 Heats			
1	Damian Puebla	St George	13.77Q
2	Kalani Pilcher	Illawong	14.09Q
3	Sebastian Byrne	Sutherland	14.58Q
4	Luke Veleviski	Port Hacking	14.61q
5	Ryan Noyeaux	Sutherland	15.10

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****Boys U 12 - 100 Metre Sprint**

Zone: Z 12.76 8/12/2012 Sidney Noppen, St George			
Name	Age	Centre	Final
Section 1 Final			
1 Jesper Webber		Port Hacking	13.81
2 Damian Puebla		St George	13.97
3 Kalani Pilcher		Illawong	14.20
4 Sebastian Byrne		Sutherland	14.43
5 Ryan Mckinlay		Helensburgh	14.56
6 Jordan Lorusso		Illawong	14.65
7 Luke Velevski		Port Hacking	14.78
8 Zane Moore		Sutherland	15.44

Boys U 13 - 100 Metre Sprint

Zone: Z 12.30 30/01/2010 C. Moore, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jack Hornery		Sutherland	12.54Q
2 Jack Tipping		Sutherland	13.54Q
3 Lachlan Farrell		Port Hacking	13.73Q
4 Kai Kamikura		St George	14.13q
5 Miles Smith		Illawong	14.47
6 Benjamin Lawler		St George	19.30
Heat 2 Heats			
1 Ryan Ashbury		Helensburgh	13.69Q
2 Alexander Tyler		Sutherland	14.27Q
3 Nicholas Atkinson		St George	14.34Q
4 Corey Burling		Helensburgh	14.45q
5 Ronan Mauro		St George	15.04

Boys U 13 - 100 Metre Sprint

Zone: Z 12.30 30/01/2010 C. Moore, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1 Jack Hornery		Sutherland	12.89
2 Jack Tipping		Sutherland	13.90
3 Ryan Ashbury		Helensburgh	13.96
4 Lachlan Farrell		Port Hacking	14.26
5 Nicholas Atkinson		St George	14.47
6 Corey Burling		Helensburgh	14.66
7 Alexander Tyler		Sutherland	14.71
8 Kai Kamikura		St George	14.81

Boys U 14 - 100 Metre Sprint

Zone: Z 11.81 14/12/2013 Milton Stathakis, Port Hackin			
Name	Age	Centre	Final
Section 1			
1 Jamie Lawler		St George	12.70
2 Jake Sidney		Sutherland	13.10
3 Jack Weinstein		Port Hacking	13.32
4 Joshua Annett		St George	13.41
5 Beau Whitaker		Helensburgh	13.82
6 Luke Marshall		St George	14.10

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****Boys U 15 - 100 Metre Sprint**

Zone: Z 11.46 13/12/2014 Zachary Cameron, St George			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Luke Goschnik		Port Hacking	12.13Q
2 Jay Scarra		Sutherland	12.49Q
3 George Frangos		Revesby Workers	12.74Q
4 Matthew Anger		Helensburgh	12.90q
5 Jackson Safi		Port Hacking	12.93q
6 Harry Karakatsanis		St George	13.19
Heat 2 Heats			
1 Jared Rios		St George	12.90Q
2 Luke Rufati		Port Hacking	14.49Q
3 Sean Noyeaux		Sutherland	16.88Q

Boys U 15 - 100 Metre Sprint

Zone: Z 11.46 13/12/2014 Zachary Cameron, St George			
Name	Age	Centre	Final
Section 1 Final			
1 Luke Goschnik		Port Hacking	12.13
2 Jay Scarra		Sutherland	12.31
3 Matthew Anger		Helensburgh	12.62
4 Jared Rios		St George	12.70
5 George Frangos		Revesby Workers	12.96
6 Jackson Safi		Port Hacking	13.09
7 Luke Rufati		Port Hacking	14.27
8 Sean Noyeaux		Sutherland	15.20

Boys U 17 - 100 Metre Sprint

Zone: Z 10.83 14/12/2013 Zach Holdsworth, Sutherland			
Name	Age	Centre	Final
Section 1			
1 Harrison Brierley		Illawong	11.79
2 Yianni Kalantzis		Illawong	12.14
3 Jack Dwyer		Port Hacking	12.64
4 Daniel Mauro		St George	13.01
5 Guojun Gan		Revesby Workers	13.04

Boys U 7 - 200 Metre Sprint

Zone: Z 33.87 14/12/2014 Callum Grantham, Illawong			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Tomas Faulkner		Illawong	37.16Q
2 Joshua Kannengiesser		Illawong	39.67Q
3 Oscar Randazzo		Sutherland	42.51Q
4 Jone Tuqiri		St George	42.52q
5 Tawfik Alrahil		Revesby Workers	47.64
6 Jude Low		Sutherland	51.89
Heat 2 Heats			
1 Finn Nixon		Sutherland	39.46Q
2 Cruz Alvarez		St George	41.94Q
3 Alex Brandt		Port Hacking	43.94Q
4 Lachlan Faust		Illawong	45.90q

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 7 - 200 Metre Sprint

Zone: Z 33.87 14/12/2014 Callum Grantham, Illawong			
Name	Age	Centre	Final
Section 1 Final			
1	Tomas	Faulkner	Illawong 37.60
2	Joshua	Kannengiesser	Illawong 38.05
3	Finn	Nixon	Sutherland 38.23
4	Cruz	Alvarez	St George 41.16
5	Alex	Brandt	Port Hacking 42.04
6	Oscar	Randazzo	Sutherland 42.80
7	Jone	Tuqiri	St George 42.86
8	Tawfik	Alrahil	Revesby Workers 49.00

Boys U 8 - 200 Metre Sprint

Zone: Z 32.74 14/12/2014 Liam Sykes, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Callum	Grantham	Illawong 33.18Q
2	Dane	Sutton	Port Hacking 37.76Q
3	Zain	Moussa	St George 38.36Q
4	Ethan	Baker	St George 38.84q
5	Cooper	Maclean	Sutherland 40.41
6	Scott	Beattie	Revesby Workers 41.92
Heat 2 Heats			
1	Kobe	Stewart	Illawong 35.88Q
2	Benjamin	Gardner	Sutherland 36.12Q
3	Calvin	Dunn	Sutherland 39.10Q
4	Cameron	Marshall	St George 39.77q
5	Joshua	Mckenzie	Port Hacking 43.62
6	Hamish	Barlow	Sutherland 43.66

Boys U 8 - 200 Metre Sprint

Zone: Z 32.74 14/12/2014 Liam Sykes, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1	Callum	Grantham	Illawong 33.02
2	Dane	Sutton	Port Hacking 36.11
3	Kobe	Stewart	Illawong 36.12
4	Benjamin	Gardner	Sutherland 36.14
5	Ethan	Baker	St George 39.29
6	Zain	Moussa	St George 40.73
7	Cameron	Marshall	St George 41.02
8	Calvin	Dunn	Sutherland 41.24

Boys U 9 - 200 Metre Sprint

Zone: Z 30.97 15/12/2013 Daniel Cattana, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Liam	Sykes	Port Hacking 32.52Q
2	David	Hurley	Revesby Workers 34.40Q
3	Dylan	Charmer	Helensburgh 35.14Q
4	Max	De Celis	Illawong 35.49q
5	Daniel	Hornery	Sutherland 36.38q

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Boys U 9 - 200 Metre Sprint

6	Jesiah Low	Sutherland	36.61
Heat 2 Heats			
1	Harrison Farrow	Port Hacking	33.25Q
2	Benjamin Pittman	Revesby Workers	36.35Q
3	Liam Baker	St George	40.46Q
4	Dean Rufati	Port Hacking	43.10

Boys U 9 - 200 Metre Sprint

=====
 Zone: Z 30.97 15/12/2013 Daniel Cattana, Sutherland
 Name Age Centre Final
 =====

Section 1 Final

1	Liam Sykes	Port Hacking	31.96
2	Harrison Farrow	Port Hacking	32.12
3	Dylan Charmer	Helensburgh	34.60
4	David Hurley	Revesby Workers	34.85
5	Max De Celis	Illawong	35.06
6	Benjamin Pittman	Revesby Workers	35.73
7	Daniel Hornery	Sutherland	37.21
8	Liam Baker	St George	38.22

Boys U 10 - 200 Metre Sprint

=====
 Zone: Z 28.20 14/12/2014 Daniel Cattana, Sutherland
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Lachlan Ball	Port Hacking	32.41Q
2	Owen Burgher	Illawong	32.48Q
3	Jack Harris	Port Hacking	34.73Q
4	Coby Lomas	St George	35.21q
5	Ethan Casey	St George	35.36
6	Jett Dunn	Sutherland	36.08

Heat 2 Heats

1	Kosta Milionis	Sutherland	32.84Q
2	Cooper Levy	Illawong	34.00Q
3	Mark Farley	Port Hacking	34.01Q
4	Mohamed Moussa	St George	35.01q
5	Jack Stewart	Sutherland	36.77

Boys U 10 - 200 Metre Sprint

=====
 Zone: Z 28.20 14/12/2014 Daniel Cattana, Sutherland
 Name Age Centre Final
 =====

Section 1 Final

1	Kosta Milionis	Sutherland	32.46
2	Lachlan Ball	Port Hacking	32.80
3	Owen Burgher	Illawong	33.13
4	Mark Farley	Port Hacking	33.31
5	Cooper Levy	Illawong	33.66
6	Mohamed Moussa	St George	35.34
7	Jack Harris	Port Hacking	35.45
8	Coby Lomas	St George	36.02

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****Boys U 11 - 200 Metre Sprint**

Zone: Z 27.76 14/12/2014 Jesper Webber, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Daniel Cattana		Sutherland	30.24Q
2 Marcus Armstrong		Port Hacking	31.20Q
3 Cole Taylor		Illawong	32.40
4 Alexander Francis		Port Hacking	32.89
5 Jett Hardy		Helensburgh	34.94
6 Alex Markoski		St George	37.01
Heat 2 Heats			
1 Henri Hiles-Fraser		Helensburgh	30.58Q
2 Logan Talbot		Sutherland	32.47Q
3 Tyson Oldfield		Helensburgh	32.96
4 Luke Sidney		Sutherland	33.19
5 Gabriel Tseros		St George	34.09
Heat 3 Heats			
1 Dion Zafiris		Port Hacking	30.05Q
2 Joshua Hewitt		St George	30.38Q
3 Noah Anderson		Helensburgh	32.02q
4 Riley Fowler		Helensburgh	32.24q
5 Carlin Nakhle		St George	33.94
6 Travis Basic		Revesby Workers	39.25

Boys U 11 - 200 Metre Sprint

Zone: Z 27.76 14/12/2014 Jesper Webber, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Daniel Cattana		Sutherland	29.14
2 Dion Zafiris		Port Hacking	29.91
3 Joshua Hewitt		St George	30.02
4 Henri Hiles-Fraser		Helensburgh	30.33
5 Marcus Armstrong		Port Hacking	30.84
6 Riley Fowler		Helensburgh	31.36
7 Cole Taylor		Illawong	31.77
8 Noah Anderson		Helensburgh	33.01

Boys U 12 - 200 Metre Sprint

Zone: Z 26.58 14/12/2014 Iram Palma, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jesse Photi		Illawong	29.70Q
2 Riley Sykes		Port Hacking	31.09Q
3 Joshua Richardson		Sutherland	31.85Q
4 Ryan Noyeaux		Sutherland	34.24
Heat 2 Heats			
1 Rowan Tan		Port Hacking	27.81Q
2 Jesper Webber		Port Hacking	29.32Q
3 Jordan Lorusso		Illawong	30.63Q
4 Kalani Pilcher		Illawong	30.66q
5 Sebastian Byrne		Sutherland	32.27q
6 Ryan Mckinlay		Helensburgh	33.29
7 Miles Scarra		Sutherland	34.24

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 12 - 200 Metre Sprint

Zone: Z 26.58 14/12/2014 Iram Palma, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1 Rowan Tan		Port Hacking	28.70
2 Jesper Webber		Port Hacking	29.60
3 Jesse Photi		Illawong	29.73
4 Kalani Pilcher		Illawong	31.18
5 Jordan Lorusso		Illawong	31.54
6 Riley Sykes		Port Hacking	31.98
7 Joshua Richardson		Sutherland	33.19
8 Sebastian Byrne		Sutherland	33.26

Boys U 13 - 200 Metre Sprint

Zone: Z 26.10 30/01/2011 T. Fragiadakis, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jack Hornery		Sutherland	26.55Q
2 Ryan Ashbury		Helensburgh	28.79Q
3 Jack Tipping		Sutherland	29.53Q
4 Liam Mckenzie		Port Hacking	31.35q
5 Ronan Mauro		St George	31.67q
6 Noah Ramsey		Helensburgh	32.63
Heat 2 Heats			
1 Patrick Cantlon		Sutherland	30.24Q
2 Corey Burling		Helensburgh	30.83Q
3 Luke Arendse		Sutherland	30.89Q
4 Jack Exton		Revesby Workers	32.82

Boys U 13 - 200 Metre Sprint

Zone: Z 26.10 30/01/2011 T. Fragiadakis, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1 Jack Hornery		Sutherland	26.89
2 Ryan Ashbury		Helensburgh	29.57
3 Patrick Cantlon		Sutherland	29.93
4 Jack Tipping		Sutherland	30.54
5 Luke Arendse		Sutherland	31.48
6 Corey Burling		Helensburgh	31.75
7 Liam Mckenzie		Port Hacking	33.73
8 Ronan Mauro		St George	34.51

Boys U 14 - 200 Metre Sprint

Zone: Z 24.10 5/02/2012 Teri Fragiadakis, Sutherland			
Name	Age	Centre	Final
Section 1			
1 Bradley Simpson		Illawong	25.45
2 Jamie Lawler		St George	26.42
3 Jake Sidney		Sutherland	27.11
4 Jack Weinstein		Port Hacking	27.28
5 Joshua Annett		St George	27.65
6 Beau Whitaker		Helensburgh	29.17
7 Luke Marshall		St George	29.94

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 15 - 200 Metre Sprint

Zone: Z 23.34 14/12/2014 Zachary Cameron, St George			
Name	Age	Centre	Final
1 Luke Goschnik		Port Hacking	24.85
2 Jay Scarra		Sutherland	25.47
3 Matthew Anger		Helensburgh	25.65
4 George Frangos		Revesby Workers	26.72
5 Ky Gawinek		Port Hacking	27.13
6 Cody Nicholson		Sutherland	27.65
7 Sean Noyeaux		Sutherland	36.05

Boys U 17 - 200 Metre Sprint

Zone: Z 21.95 14/12/2014 Teri Fragiadakis, Sutherland			
Name	Age	Centre	Final
1 Harrison Brierley		Illawong	24.09
2 Eric Herger		Illawong	24.47
3 Yianni Kalantzis		Illawong	24.98
4 Daniel Mauro		St George	26.09
5 Jack Dwyer		Port Hacking	26.25

Boys U 8 - 400 Metre Sprint

Zone: Z 1:15.73 12/12/2014 Oliver Randazzo, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Callum Grantham		Illawong	Z 1:12.48Q
2 Zain Moussa		St George	1:22.43Q
3 Zoran Szekeres		Sutherland	1:25.08Q
4 Cooper Maclean		Sutherland	1:32.04q
5 Max Baumhof		Port Hacking	1:34.63
6 Joshua Mckenzie		Port Hacking	1:38.23
Heat 2 Heats			
1 Bailey Dean Latanis		St George	Z 1:14.80Q
2 Kobe Stewart		Illawong	Z 1:15.10Q
3 Dane Sutton		Port Hacking	1:17.37Q
4 Alex Christian		Illawong	1:17.77q

Boys U 8 - 400 Metre Sprint

Zone: Z 1:15.73 12/12/2014 Oliver Randazzo, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1 Callum Grantham		Illawong	1:12.18Z
2 Bailey Dean Latanis		St George	1:16.61
3 Kobe Stewart		Illawong	1:17.30
4 Alex Christian		Illawong	1:18.55
5 Dane Sutton		Port Hacking	1:23.04
6 Zain Moussa		St George	1:26.75
7 Zoran Szekeres		Sutherland	1:27.23
8 Cooper Maclean		Sutherland	1:36.79

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 9 - 400 Metre Sprint

Zone: Z 1:10.34 4/02/2012 Blake Toohey, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Oliver Randazzo		Sutherland	1:11.59Q
2 Cooper Daley		Illawong	1:14.62Q
3 Taylor Harrod		Port Hacking	1:14.91Q
4 David Hurley		Revesby Workers	1:16.23q
5 Hunter Coffey		Port Hacking	1:29.84
Heat 2 Heats			
1 Harrison Farrow		Port Hacking	1:12.95Q
2 Max De Celis		Illawong	1:20.69Q
3 Logan Buddle		Illawong	1:23.03Q
4 Zac Pokorny		Sutherland	1:25.40q
5 Fletcher Goodwin		Helensburgh	1:31.55
6 James Stackpool		Port Hacking	1:32.44
-- Daniel Hornery		Sutherland	DQ

Boys U 9 - 400 Metre Sprint

Zone: Z 1:10.34 4/02/2012 Blake Toohey, Sutherland			
Name	Age	Centre	Final
Section 1 Final			
1 Harrison Farrow		Port Hacking	1:11.32
2 Oliver Randazzo		Sutherland	1:14.00
3 Taylor Harrod		Port Hacking	1:16.37
4 Cooper Daley		Illawong	1:16.53
5 David Hurley		Revesby Workers	1:19.26
6 Max De Celis		Illawong	1:20.08
7 Logan Buddle		Illawong	1:20.27
8 Zac Pokorny		Sutherland	1:21.52

Boys U 10 - 400 Metre Sprint

Zone: Z 1:09.76 8/12/2012 Kai Hammond, St George			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jeremy Hall		Helensburgh	1:16.19Q
2 Sebastian Newman		Port Hacking	1:17.97Q
3 Owen Burgher		Illawong	1:19.43Q
4 Lucas Cross		Illawong	1:19.91q
5 Jack Harris		Port Hacking	1:22.07
Heat 2 Heats			
1 Lachlan Ball		Port Hacking	1:12.23Q
2 Cooper Levy		Illawong	1:14.29Q
3 Kosta Milionis		Sutherland	1:14.93Q
4 Mohamed Moussa		St George	1:16.83q

Boys U 10 - 400 Metre Sprint

Zone: Z 1:09.76 8/12/2012 Kai Hammond, St George			
Name	Age	Centre	Final
Section 1 Final			
1 Lachlan Ball		Port Hacking	1:12.62
2 Kosta Milionis		Sutherland	1:15.47
3 Jeremy Hall		Helensburgh	1:15.96

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Boys U 10 - 400 Metre Sprint

4 Cooper Levy	Illawong	1:16.04
5 Mohamed Moussa	St George	1:18.17
6 Lucas Cross	Illawong	1:19.00
7 Sebastian Newman	Port Hacking	1:19.12
8 Owen Burgher	Illawong	1:20.68

Boys U 11 - 400 Metre Sprint

=====			
Zone: Z 1:06.03 14/12/2013 Kai Hammond, St George			
Name	Age Centre	Heats	
=====			
Heat 1 Heats			
1 Tyson Oldfield	Helensburgh	1:14.01Q	
2 Joseph Cantlon	Sutherland	1:17.69Q	
3 Carlin Nakhle	St George	1:17.83Q	
4 Sora Kamikura	St George	1:22.68q	
5 Luke Sidney	Sutherland	1:30.47	
Heat 2 Heats			
1 Marcus Armstrong	Port Hacking	1:10.05Q	
2 Max Dobson	Sutherland	1:12.77Q	
3 Jett Hardy	Helensburgh	1:17.08Q	
4 Bailey Pawson	Sutherland	1:23.54q	

Boys U 11 - 400 Metre Sprint

=====			
Zone: Z 1:06.03 14/12/2013 Kai Hammond, St George			
Name	Age Centre	Final	
=====			
Section 1 Final			
1 Max Dobson	Sutherland	1:10.22	
2 Joseph Cantlon	Sutherland	1:10.42	
3 Marcus Armstrong	Port Hacking	1:10.68	
4 Carlin Nakhle	St George	1:13.96	
5 Tyson Oldfield	Helensburgh	1:15.28	
6 Jett Hardy	Helensburgh	1:16.77	
7 Bailey Pawson	Sutherland	1:21.63	
8 Sora Kamikura	St George	1:23.91	

Boys U 12 - 400 Metre Sprint

=====			
Zone: Z 1:03.10 4/02/2012 Tom King, Helensburgh			
Name	Age Centre	Final	
=====			
Section 1			
1 Noah Meakin	Sutherland	1:04.54	
2 Theo Christian	Illawong	1:05.93	
3 Jordan Lorusso	Illawong	1:09.66	
4 Julian Lorusso	Illawong	1:10.91	
5 Lachlan Wolfe	St George	1:16.58	
6 Miles Scarra	Sutherland	1:20.00	
7 Dylan Anthony	Sutherland	1:24.53	

Boys U 13 - 400 Metre Sprint

=====			
Zone: Z 1:01.10 30/01/2010 M. Lucas, Port Hacking			
Name	Age Centre	Final	
=====			
1 Liam McKenzie	Port Hacking	1:06.88	
2 Andrew Goschnik	Port Hacking	1:07.94	

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Boys U 13 - 400 Metre Sprint

3 Tyler Paton	Sutherland	1:08.99
4 Patrick Cantlon	Sutherland	1:09.71
5 Ronan Mauro	St George	1:14.00
6 Tyrone Schutt	Helensburgh	1:14.36
7 Alexander Tyler	Sutherland	1:14.98

Boys U 14 - 400 Metre Sprint

Zone: Z 58.51 14/12/2013 Jesse Paice, Illawong			
Name	Age	Centre	Final
1 Bradley Simpson		Illawong	57.73Z
2 Ben Johnson		Illawong	1:00.86
3 Joshua Annett		St George	1:02.37
4 Beau Whitaker		Helensburgh	1:15.96

Boys U 15 - 400 Metre Sprint

Zone: Z 54.77 4/02/2012 Nicholas Fox, Port Hacking			
Name	Age	Centre	Final
1 Ky Gawinek		Port Hacking	59.17
2 Cody Nicholson		Sutherland	1:05.81

Boys U 17 - 400 Metre Sprint

Zone: Z 51.25 14/12/2013 Teri Fragiadakis, Sutherland			
Name	Age	Centre	Final
1 Eric Herger		Illawong	53.35
2 Jacob Rios		St George	59.03
3 Jackson Gordon		Sutherland	1:03.23

Boys U 7 - 500 Metre Run Pack Start

Name	Age	Centre	Final
1 Finn Nixon		Sutherland	1:48.73
2 Joshua Kannengiesser		Illawong	1:48.82
3 Finn Hanna		Port Hacking	1:51.76
4 Thomas Fogarty		Sutherland	1:54.01
5 Chase Cross		Illawong	1:58.95
6 Kade Rogers		Sutherland	2:00.46
7 Ashton Beudeker		Sutherland	2:03.16
8 James Tsavalias		Illawong	2:03.44
9 Alex Solomon		Revesby Workers	2:04.86
10 Jone Tuqiri		St George	2:04.92
11 Austin Alexander		Sutherland	2:05.11

Boys U 8 - 700 Metre Run Pack Start

Name	Age	Centre	Final
1 Kobe Stewart		Illawong	2:19.58
2 Bailey Dean Latanis		St George	2:28.71
3 Alex Christian		Illawong	2:28.97
4 Dane Sutton		Port Hacking	2:38.09
5 Zain Moussa		St George	2:43.04
6 Finn Pope		St George	2:44.16

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Boys U 8 - 700 Metre Run Pack Start

7	Antonio Da Silva	St George	2:46.87
8	Ethan Baker	St George	2:48.99
9	Thomas Beattie	Revesby Workers	2:51.76
10	Scott Beattie	Revesby Workers	3:02.49

Boys U 9 - 800 Metre Run

=====			
Zone: Z 2:43.59 5/02/2012 Blake Toohey, Sutherland			
Name	Age	Centre	Final
=====			
1	Oliver Randazzo	Sutherland	2:43.20Z
2	Cooper Daley	Illawong	2:44.79
3	Jesiah Low	Sutherland	2:46.09
4	Logan Toohey	Sutherland	2:47.18
5	Harrison Farrow	Port Hacking	2:48.73
6	Taylor Harrod	Port Hacking	2:51.22
7	Liam Baker	St George	2:53.69
8	Brock Cairns	Illawong	2:55.79
9	David Hurley	Revesby Workers	2:58.53
10	Zac Pokorny	Sutherland	3:02.79
11	Logan Buddle	Illawong	3:06.26
12	Jordan White	Revesby Workers	3:07.72
13	Daniel Hornery	Sutherland	3:10.81
14	Hunter Coffey	Port Hacking	3:21.52
15	James Stackpool	Port Hacking	3:25.04

Boys U 10 - 800 Metre Run

=====			
Zone: Z 2:40.31 9/12/2012 Blake Toohey, Sutherland			
Name	Age	Centre	Final
=====			
1	Kosta Milionis	Sutherland	2:46.86
2	Lachlan Ball	Port Hacking	2:48.73
3	Mohamed Moussa	St George	2:51.20
4	Blake Wardrobe	Sutherland	2:52.67
5	Orrin Young	Port Hacking	2:53.04
6	Ryan Redman	Illawong	2:53.97
7	Sebastian Newman	Port Hacking	2:54.48
8	Owen Forest-jones	Revesby Workers	2:57.19
9	Mitchell Langley	St George	3:24.81
10	Marcus Kursar	St George	3:27.48

Boys U 11 - 800 Metre Run

=====			
Zone: Z 2:31.04 15/12/2013 Blake Toohey, Sutherland			
Name	Age	Centre	Final
=====			
1	Jack Waide	Illawong	2:27.62Z
2	Joshua Hewitt	St George	2:28.22Z
3	Max Dobson	Sutherland	2:34.22
4	Joseph Cantlon	Sutherland	2:38.15
5	Luke Kozul	Sutherland	2:50.70
6	Logan Coffey	Port Hacking	2:53.80
7	Gabriel Tseros	St George	2:54.78
8	Sora Kamikura	St George	3:00.73
9	Connor Giovenco	Illawong	3:08.06

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 12 - 800 Metre Run

Zone: Z 2:23.69 14/12/2014 Blake Toohey, Sutherland			
Name	Age	Centre	Final
1 Noah Meakin		Sutherland	2:24.22
2 Theo Christian		Illawong	2:30.57
3 Jordan Lorusso		Illawong	2:34.40
4 William Cooper		Illawong	2:34.77
5 Julian Lorusso		Illawong	2:34.84
6 William Martin		St George	2:34.88
7 Ryan Waters		Sutherland	2:37.68
8 Alessandro Santilli		Sutherland	3:09.66

Boys U 13 - 800 Metre Run

Zone: Z 2:20.81 15/12/2013 Benjamin Birchall, Illawong			
Name	Age	Centre	Final
1 Kai Hammond		St George	2:17.90Z
2 Patrick Cantlon		Sutherland	2:19.13Z
3 Bevan Lord		Sutherland	2:29.60
4 Tyler Paton		Sutherland	2:39.81
5 Marley Simperler		Sutherland	2:43.42
6 Liam Mckenzie		Port Hacking	2:49.79
7 Jack Wedgwood		Revesby Workers	2:51.40
8 Tyrone Schutt		Helensburgh	2:59.41
9 Ronan Mauro		St George	3:08.67
10 Benjamin Lawler		St George	3:43.81

Boys U 14 - 800 Metre Run

Zone: Z 2:13.53 15/12/2013 Thomas King, Helensburgh			
Name	Age	Centre	Final
1 Riley Dobson		Sutherland	2:15.02
2 Ben Johnson		Illawong	2:16.80
3 Mitchell Parsons		Sutherland	2:23.12
4 Jamie Lawler		St George	2:32.28
5 Patrick Cartwright		Helensburgh	2:52.56
-- Beau Whitaker		Helensburgh	DNF

Boys U 15 - 800 Metre Run

Zone: Z 2:11.70 14/12/2014 Thomas King, Helensburgh			
Name	Age	Centre	Final
1 Kash Powell		Illawong	2:11.71
2 Joshua Toohey		Sutherland	2:19.66
3 Ky Gawinek		Port Hacking	2:28.20
4 Jackson Safi		Port Hacking	2:43.24

Boys U 17 - 800 Metre Run

Zone: Z 2:07.20 15/12/2013 Blake Charman, Helensburgh			
Name	Age	Centre	Final
1 James Bottrill		Revesby Workers	2:06.94Z
2 Jarrod Herrmann		Illawong	2:10.79
3 Eric Herger		Illawong	2:14.14
4 Dominic Herger		Illawong	2:14.69

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Boys U 17 - 800 Metre Run

5	Jacob Rios	St George	2:15.83
6	Daniel Mauro	St George	2:25.17
7	Jackson Gordon	Sutherland	2:33.25
8	Joel Cashman	Port Hacking	2:52.88

Boys U 10 - 1500 Metre Run

Zone: Z 5:18.41 8/12/2012 Blake Toohey, Sutherland			
Name	Age	Centre	Final
1	Ryan Redman	Illawong	5:35.77
2	Blake Wardrobe	Sutherland	5:36.39
3	Jeremy Hall	Helensburgh	5:37.46
4	Sebastian Newman	Port Hacking	5:43.47
5	Taj Hanna	Port Hacking	5:47.15
6	Orrin Young	Port Hacking	5:49.25
7	Mohamed Moussa	St George	5:53.15
8	Oliver Ferraz	St George	6:46.75
9	Ryder Clark	Illawong	7:22.03

Boys U 11 - 1500 Metre Run

Zone: Z 5:04.32 14/12/2013 Blake Toohey, Sutherland			
Name	Age	Centre	Final
1	Jack Waide	Illawong	5:00.31Z
2	Max Dobson	Sutherland	5:14.57
3	Joseph Cantlon	Sutherland	5:19.76
4	Curtis Bevern	Port Hacking	6:00.80
5	Oliver Santo	Port Hacking	6:07.61
6	Logan Coffey	Port Hacking	6:13.33

Boys U 12 - 1500 Metre Run

Zone: Z 4:53.94 13/12/2014 Patrick Cantlon, Sutherland			
Name	Age	Centre	Final
1	Noah Meakin	Sutherland	5:04.01
2	Theo Christian	Illawong	5:13.13
3	Julian Lorusso	Illawong	5:21.11
4	William Cooper	Illawong	5:22.91
5	William Martin	St George	5:25.64
6	Alessandro Santilli	Sutherland	6:04.10
7	Lachlan Wolfe	St George	6:28.65

Boys U 13 - 1500 Metre Run

Zone: Z 4:50.32 8/12/2012 Thomas King, Helensburgh			
Name	Age	Centre	Final
1	Patrick Cantlon	Sutherland	4:43.75Z
2	Kai Hammond	St George	4:47.87Z
3	Bevan Lord	Sutherland	5:01.78
4	Corey Denneen	Sutherland	5:04.78
5	Blake Toohey	Sutherland	5:19.70
6	Marley Simperler	Sutherland	5:24.48

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 14 - 1500 Metre Run

Zone: Z 4:37.93 13/12/2014 Kash Powell, Illawong			
Name	Age	Centre	Final
1 Riley Dobson		Sutherland	4:46.48
2 Mitchell Parsons		Sutherland	4:59.64
3 Ben Johnson		Illawong	5:49.51

Boys U 15 - 1500 Metre Run

Zone: Z 4:30.12 13/12/2014 Thomas King, Helensburgh			
Name	Age	Centre	Final
1 Kash Powell		Illawong	4:28.62Z
2 Joshua Toohey		Sutherland	4:45.73
3 Ky Gawinek		Port Hacking	4:58.72
4 William Gair		Sutherland	5:01.50
5 Jackson Safi		Port Hacking	5:16.64

Boys U 17 - 1500 Metre Run

Zone: Z 4:40.90 30/01/2010 V.Donnadieu, Port Hacking			
Name	Age	Centre	Final
1 James Bottrill		Revesby Workers	4:27.38Z
2 Jarrod Herrmann		Illawong	4:38.40Z
3 Dominic Herger		Illawong	4:40.71Z
4 Jordan Awad		St George	4:56.26
5 Daniel Mauro		St George	5:00.21
6 Jackson Gordon		Sutherland	5:23.22
7 Nicholas Anastas		Port Hacking	5:31.74

Boys U 13 - 3000 Metre Run

Zone: Z 10:21.10 30/01/2010 P. Coles-Sinclair, Illawong			
Name	Age	Centre	Final
1 Patrick Cantlon		Sutherland	10:21.91
2 Kai Hammond		St George	10:24.06
3 Bevan Lord		Sutherland	10:52.10
4 Corey Denneen		Sutherland	11:28.58
5 Jack Wedgwood		Revesby Workers	12:01.15

Boys U 14 - 3000 Metre Run

Zone: Z 10:19.68 7/12/2012 Patrick Tegg, Sutherland			
Name	Age	Centre	Final
1 Riley Dobson		Sutherland	10:35.27
2 Mitchell Parsons		Sutherland	11:51.81
3 Ben Johnson		Illawong	12:01.41
4 Patrick Cartwright		Helensburgh	13:40.27

Boys U 15 - 3000 Metre Run

Zone: Z 9:52.24 3/02/2012 Rhys Gillon, Sutherland			
Name	Age	Centre	Final
1 Joshua Toohey		Sutherland	10:26.07
2 William Gair		Sutherland	10:36.43

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 17 - 3000 Metre Run

Zone: Z 10:07.10 30/01/2010 C. Doran, Helensburgh			
Name	Age	Centre	Final
1 James Bottrill		Revesby Workers	10:12.07
2 Jordan Awad		St George	10:24.24
3 Dominic Herger		Illawong	11:55.39
4 Nicholas Anastas		Port Hacking	12:29.25

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.00 30/01/2011 A. Goschnik, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Alex Christian		Illawong	12.04Q
2 Ethan Baker		St George	12.42Q
3 Cameron Marshall		St George	12.61Q
4 Cooper Maclean		Sutherland	13.17q
5 Jonah Austin		Revesby Workers	13.90
6 Calvin Dunn		Sutherland	14.00
7 Joshua Nangle		Revesby Workers	14.26
Heat 2 Heats			
1 Bailey Dean Latanis		St George	11.96Q
2 Benjamin Gardner		Sutherland	12.15Q
3 Jake Bender		Revesby Workers	12.17Q
4 Kingston Yavala		Port Hacking	12.79q
5 Marco Venturino		St George	14.01
6 Alexander Podgorski		Sutherland	14.76
7 Hamish Barlow		Sutherland	14.95

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.00 30/01/2011 A. Goschnik, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Bailey Dean Latanis		St George	11.49
2 Benjamin Gardner		Sutherland	11.69
3 Jake Bender		Revesby Workers	11.74
4 Alex Christian		Illawong	11.87
5 Kingston Yavala		Port Hacking	12.61
6 Cameron Marshall		St George	12.67
7 Cooper Maclean		Sutherland	12.82
8 Ethan Baker		St George	12.85

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.68 14/12/2013 Logan Talbot, Sutherland			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Liam Sykes		Port Hacking	10.85Q
2 Cooper Daley		Illawong	10.95Q
3 Jack Druery		Port Hacking	11.04q
4 Mitchell Waller		Helensburgh	12.28
5 Michael Papadakis		Sutherland	12.89
Heat 2 Heats			
1 Harrison Farrow		Port Hacking	11.20Q
2 Brock Cairns		Illawong	11.65Q

**SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE**

Results

....Boys U 9 - 60 Metre Hurdles (45cm)

3 Alexander Zafiris	Port Hacking	12.26q
4 Fletcher Goodwin	Helensburgh	12.68
5 Kael Austin	Revesby Workers	13.69
Heat 3 Heats		
1 Dylan Charmer	Helensburgh	11.61Q
2 Logan Toohey	Sutherland	11.91Q
3 Hunter Coffey	Port Hacking	13.02

Boys U 9 - 60 Metre Hurdles (45cm)

=====		
Zone: Z 10.68 14/12/2013 Logan Talbot, Sutherland		
Name	Age Centre	Final
=====		
Section 1 Final		
1 Liam Sykes	Port Hacking	10.51Z
2 Harrison Farrow	Port Hacking	10.61Z
3 Dylan Charmer	Helensburgh	10.81
4 Cooper Daley	Illawong	10.87
5 Jack Druery	Port Hacking	11.18
6 Logan Toohey	Sutherland	11.23
7 Brock Cairns	Illawong	11.53
8 Alexander Zafiris	Port Hacking	11.95

Boys U 10 - 60 Metre Hurdles (60cm)

=====		
Zone: Z 10.44 14/12/2013 Jesper Webber, Port Hacking		
Name	Age Centre	Heats
=====		
Heat 1 Heats		
1 Blake Kendrick	Helensburgh	11.70Q
2 Mark Farley	Port Hacking	12.36Q
3 Oliver Ferraz	St George	12.49Q
4 Taj Hanna	Port Hacking	12.70q
5 Jack Stewart	Sutherland	12.72q
6 Orrin Young	Port Hacking	12.82
Heat 2 Heats		
1 Tristan Tubbs	Port Hacking	12.22Q
2 Harrison Bull	Sutherland	12.54Q
3 Rex Prosser	Port Hacking	13.47Q
4 Lucas Cross	Illawong	13.68
5 Jett Dunn	Sutherland	13.91
6 Marcus Kursar	St George	14.52

Boys U 10 - 60 Metre Hurdles (60cm)

=====		
Zone: Z 10.44 14/12/2013 Jesper Webber, Port Hacking		
Name	Age Centre	Final
=====		
Section 1 Final		
1 Blake Kendrick	Helensburgh	11.58
2 Tristan Tubbs	Port Hacking	11.81
3 Mark Farley	Port Hacking	12.10
4 Jack Stewart	Sutherland	12.15
5 Oliver Ferraz	St George	12.27
6 Harrison Bull	Sutherland	12.34
7 Taj Hanna	Port Hacking	12.75
8 Rex Prosser	Port Hacking	12.86

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 11 - 60 Metre Hurdles (60cm)

Zone: Z 9.96 13/12/2014 Jesper Webber, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Dion Zafiris		Port Hacking	10.85Q
2 Bailey Clarke		Sutherland	11.21Q
3 Luke Kozul		Sutherland	11.70Q
4 Riley Fowler		Helensburgh	11.75q
5 Alexander Francis		Port Hacking	12.06
6 Nathaniel Seeto		St George	12.22
7 Curtis Bevern		Port Hacking	12.23
8 Bailey Pawson		Sutherland	12.42
Heat 2 Heats			
1 Fernando Nash		Port Hacking	10.18Q
2 Bronson Schmidt-uili		Illawong	10.89Q
3 Alex Markoski		St George	11.28Q
4 Baxter Kitteringham		Port Hacking	11.71q
5 Carlin Nakhle		St George	12.08
6 Tyson Oldfield		Helensburgh	12.11
7 Henri Hiles-Fraser		Helensburgh	12.62
8 Marcus Eizenberg		Sutherland	13.05

Boys U 11 - 60 Metre Hurdles (60cm)

Zone: Z 9.96 13/12/2014 Jesper Webber, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Bronson Schmidt-uili		Illawong	10.53
2 Dion Zafiris		Port Hacking	10.69
3 Bailey Clarke		Sutherland	10.73
4 Alex Markoski		St George	11.30
5 Baxter Kitteringham		Port Hacking	11.57
6 Fernando Nash		Port Hacking	11.81
7 Luke Kozul		Sutherland	11.82
8 Riley Fowler		Helensburgh	12.01

Boys U 12 - 60 Metre Hurdles (68cm)

Zone: Z 9.94 13/12/2014 Andrew Goschnik, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Aiden Gambrell		St George	10.57Q
2 Riley Sykes		Port Hacking	11.32Q
3 Joshua Richardson		Sutherland	11.72Q
4 Riley Kennedy		Sutherland	12.26q
5 Ryan Waters		Sutherland	12.42q
Heat 2 Heats			
1 Jesper Webber		Port Hacking	10.13Q
2 Zane Moore		Sutherland	11.85Q
3 Luke Veleviski		Port Hacking	11.95Q
4 Miles Scarra		Sutherland	12.58
5 Ryan Mckinlay		Helensburgh	12.87

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 12 - 60 Metre Hurdles (68cm)

Zone: Z 9.94 13/12/2014 Andrew Goschnik, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Jesper Webber		Port Hacking	10.00
2 Aiden Gambrell		St George	10.59
3 Riley Sykes		Port Hacking	11.24
4 Luke Veleviski		Port Hacking	11.38
5 Joshua Richardson		Sutherland	11.40
6 Zane Moore		Sutherland	11.50
7 Riley Kennedy		Sutherland	11.88
8 Ryan Waters		Sutherland	12.25

Boys U 13 - 80 Metre Hurdles (76cm)

Zone: Z 13.20 30/01/2010 L. Cashman, Port Hacking			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Andrew Goschnik		Port Hacking	13.36Q
2 Blake Toohey		Sutherland	15.06Q
3 Luke Arendse		Sutherland	16.13Q
4 Ryan Ashbury		Helensburgh	16.34q
Heat 2 Heats			
1 Nicholas Atkinson		St George	14.17Q
2 Liam Mckenzie		Port Hacking	16.44Q
3 Noah Ramsey		Helensburgh	18.04Q
4 Joshua Saville		Sutherland	18.34q
5 Luca Santilli		Sutherland	18.37
6 Jack Exton		Revesby Workers	21.16

Boys U 13 - 80 Metre Hurdles (76cm)

Zone: Z 13.20 30/01/2010 L. Cashman, Port Hacking			
Name	Age	Centre	Final
Section 1 Final			
1 Andrew Goschnik		Port Hacking	13.09Z
2 Nicholas Atkinson		St George	13.86
3 Blake Toohey		Sutherland	14.17
4 Ryan Ashbury		Helensburgh	15.38
5 Luke Arendse		Sutherland	16.09
6 Liam Mckenzie		Port Hacking	16.52
7 Joshua Saville		Sutherland	17.41
8 Noah Ramsey		Helensburgh	17.86

Boys U 14 - 90 Metre Hurdles (76cm)

Zone: Z 13.20 30/01/2010 D. Watt, Port Hacking			
Name	Age	Centre	Final
Section 1			
1 Kobi Sharp		Port Hacking	13.70
2 Jack Weinstein		Port Hacking	14.28
3 Luke Marshall		St George	16.18

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 15 - 100 Metre Hurdles (76cm)

Zone: Z 13.90 30/01/2011 D. Watt, Port Hacking			
Name	Age	Centre	Final
1 Luke Goschnik		Port Hacking	14.81
2 Donald Catallo		Port Hacking	15.32

Boys U 17 - 110 Metre Hurdles (76cm)

Zone: Z 14.84 15/12/2013 Liam Cashman, Port Hacking			
Name	Age	Centre	Final
1 Harrison Brierley		Illawong	16.00
2 Jackson Gordon		Sutherland	18.61
3 Jack Dwyer		Port Hacking	19.03
4 Nicholas Anastas		Port Hacking	20.44

Boys U 13 - 200 Metre Hurdles (68cm)

Zone: Z 29.60 30/01/2010 M. Lucas, Port Hacking			
Name	Age	Centre	Final
1 Jack Hornery		Sutherland	28.79Z
2 Andrew Goschnik		Port Hacking	28.85Z
3 Nicholas Atkinson		St George	30.35
4 Jack Tipping		Sutherland	30.97
5 Lachlan Farrell		Port Hacking	32.13
6 Luca Santilli		Sutherland	33.89
7 Alexander Tyler		Sutherland	34.34

Boys U 14 - 200 Metre Hurdles (76cm)

Zone: Z 26.21 13/12/2014 William Humberstone, Port Hac			
Name	Age	Centre	Final
1 Jack Weinstein		Port Hacking	30.17
2 Luke Marshall		St George	32.50
3 Mitchell Parsons		Sutherland	48.29

Boys U 15 - 200 Metre Hurdles (76cm)

Zone: Z 27.11 4/02/2012 Nicholas Fox, Port Hacking			
Name	Age	Centre	Final
1 Luke Goschnik		Port Hacking	27.36
2 Donald Catallo		Port Hacking	30.96

Boys U 17 - 200 Metre Hurdles (76cm)

Zone: Z 24.92 14/12/2013 Liam Cashman, Port Hacking			
Name	Age	Centre	Final
1 Jack Dwyer		Port Hacking	29.25
2 Jackson Gordon		Sutherland	30.02
3 Nicholas Anastas		Port Hacking	33.05

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 9-12 4x100 Metre Relay (Jnr)

Centre	Final
1 Port Hacking	56.99
1) Harrison Farrow 9	2) Jesper Webber 12
3) Dion Zafiris 11	4) Mark Farley 10
2 Illawong	59.36
1) Owen Burgher 10	2) Cole Taylor 11
3) Cooper Daley 9	4) Joshua Keedle-Ortiz 12
3 St George	1:05.12
1) Liam Baker 9	2) Coby Lomas 10
3) Joshua Hewitt 11	4) Mohamed Moussa 10
4 Revesby Workers	1:06.86
1) Benjamin Pittman 9	2) Ben Exton 11
3) Adam Pittman 11	4) Kael Austin 9
-- Sutherland	DQ
1) Oliver Randazzo 9	2) Sebastian Byrne 12
3) Kosta Milionis 10	4) Daniel Cattana 11

Boys U 13-17 4x100 Metre Relay (Snr)

Centre	Final
1 Sutherland	48.94
1) Jay Scarra 15	2) Cody Nicholson 15
3) Jake Sidney 14	4) Jack Hornery 13
2 Port Hacking	49.09
1) Kobi Sharp 14	2) Luke Goschnik 15
3) Andrew Goschnik 13	4) Jack Dwyer 17
3 Illawong	50.45
1) Lachlan King 13	2) Bradley Simpson 14
3) Ben Johnson 14	4) Harrison Brierley 17
4 St George	50.87
1) Nicholas Atkinson 13	2) Jamie Lawler 14
3) Jared Rios 15	4) Daniel Mauro 17
5 Revesby Workers	59.64
1) Atharva Karle 15	2) Jack Exton 13
3) Jack Wedgwood 13	4) Guojun Gan 17

Boys U 9 - High Jump (S/H 0.85m)

Zone: Z 1.30m 31/01/2009 H. Brierley, Illawong

Name	Age Centre	Final
Flight 1		
1 Oliver Randazzo	Sutherland	1.13m
2 Lukas Webber	Port Hacking	1.11m
3 Liam Sykes	Port Hacking	1.09m
4 Liam Baker	St George	1.05m
5 Taylor Harrod	Port Hacking	1.00m
6 Mitchell Waller	Helensburgh	1.00m
7 Brock Cairns	Illawong	1.00m
8 Garrick Hinton	Port Hacking	0.95m
9 Jordan White	Revesby Workers	0.95m
10 Kael Austin	Revesby Workers	0.90m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****Boys U 10 - High Jump (S/H 0.95m)**

Zone: Z 1.47m 4/02/2007 T. Potin, Illawong			
Name	Age	Centre	Final
1 Lucas Cross		Illawong	1.27m
2 Sebastian Newman		Port Hacking	1.06m
3 Rex Prosser		Port Hacking	1.00m
4 Owen Forest-jones		Revesby Workers	0.95m
4 Taj Hanna		Port Hacking	0.95m

Boys U 11 - High Jump (S/H 1.05m)

Zone: Z 1.54m 2/02/2008 T. Potin, Illawong			
Name	Age	Centre	Final
1 Oskar Oxenbury		Helensburgh	1.38m
2 Daniel Cattana		Sutherland	1.38m
3 Bronson Schmidt-uili		Illawong	1.38m
4 Baxter Kitteringham		Port Hacking	1.35m
5 Jett Hardy		Helensburgh	1.25m
6 Josh Keating		Helensburgh	1.20m
7 Noah Anderson		Helensburgh	1.15m
8 Bailey Pawson		Sutherland	1.15m
9 Luke Kozul		Sutherland	1.15m
10 Alexander Francis		Port Hacking	1.10m
11 Bailey Clarke		Sutherland	1.10m
12 Nathaniel Seeto		St George	1.10m
13 Connor Giovenco		Illawong	1.05m

Boys U 12 - High Jump (S/H 1.15m)

Zone: Z 1.66m 4/02/2012 Harrison Brierley, Illawong			
Name	Age	Centre	Final
1 Rowan Tan		Port Hacking	1.55m
2 Riley Kennedy		Sutherland	1.29m
2 Aiden Gambrell		St George	1.29m
4 Ryan Waters		Sutherland	1.15m
-- Lachlan Wolfe		St George	NH
-- Alessandro Santilli		Sutherland	NH

Boys U 13 - High Jump (S/H 1.20m)

Zone: Z 1.71m 30/01/2010 T. Potin, Illawong			
Name	Age	Centre	Final
1 Lenny Robin		Port Hacking	1.40m
2 Dane Gawinek		Port Hacking	1.37m
2 Jayden Seeto		St George	1.37m
4 Luca Santilli		Sutherland	1.35m
4 Declan Perry		Illawong	1.35m
6 Noah Ramsey		Helensburgh	1.30m
7 Nicholas Atkinson		St George	1.30m
7 Tyrone Schutt		Helensburgh	1.30m
9 Marcos Francis		Port Hacking	1.20m
-- Corey Burling		Helensburgh	NH
-- Jack Exton		Revesby Workers	NH

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 14 - High Jump (S/H 1.25m)

Zone: Z 1.81m 29/01/2011 T. Potin, Illawong			
Name	Age	Centre	Final
1 Kobi Sharp		Port Hacking	1.82mZ
2 Ethan Schmidt-uili		Illawong	1.50m
3 Ben Johnson		Illawong	1.50m
4 Jake Sidney		Sutherland	1.45m
5 Liam Bolger		St George	1.40m

Boys U 15 - High Jump (S/H 1.25m)

Zone: Z 1.80m 14/12/2014 Harrison Brierley, Illawong			
Name	Age	Centre	Final
1 Ky Gawinek		Port Hacking	1.60m
2 Jared Rios		St George	1.55m
3 Donald Catallo		Port Hacking	1.55m
4 Tallis Brown		St George	1.40m
5 Luke Rufati		Port Hacking	1.35m

Boys U 17 - High Jump (S/H 1.30m)

Zone: Z 1.86m 13/12/2014 Adam Engeler, Illawong			
Name	Age	Centre	Final
1 Harrison Brierley		Illawong	1.90mZ
2 Dominic Herger		Illawong	1.65m
3 Christian Di Matteo		Port Hacking	1.45m

Boys U 7 - Long Jump

Zone: Z 3.43m 1978 P. Dowd, M F			
Name	Age	Centre	Final
1 Alex Kennerson		St George	2.86m
2 Grayson Brown		Sutherland	2.85m
3 Chase Cross		Illawong	2.74m
4 Kaden Anthony		Sutherland	2.67m
4 Alex Brandt		Port Hacking	2.67m
6 Kade Rogers		Sutherland	2.57m
7 Tomas Faulkner		Illawong	2.56m
8 Finn Hanna		Port Hacking	2.55m
9 Lachlan Faust		Illawong	2.47m
10 Byron Whitbread		Sutherland	2.35m
11 Oscar Randazzo		Sutherland	2.16m
12 James Tsavalias		Illawong	1.96m
13 Tawfik Alrahil		Revesby Workers	1.91m

Boys U 8 - Long Jump

Zone: Z 3.89m 8/02/1987 S. Grant, Port Hacking			
Name	Age	Centre	Final
1 Jake Bender		Revesby Workers	3.64m
2 Kobe Stewart		Illawong	3.41m
3 Kingston Yavala		Port Hacking	3.10m
4 Zachary Schutt		Helensburgh	2.81m
5 Thomas Beattie		Revesby Workers	2.78m
6 Joshua Nangle		Revesby Workers	2.77m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Boys U 8 - Long Jump

7	Cooper Moss	Sutherland	2.67m
8	Finn Pope	St George	2.66m
9	Flyn Alessi	Helensburgh	2.61m
10	Liam Mitchell-bruce	St George	2.60m
11	Cooper White	Revesby Workers	2.58m
12	Luke Farley	Port Hacking	2.49m
13	Max Baumhof	Port Hacking	2.47m
14	Scott Beattie	Revesby Workers	2.33m
15	Joshua Mckenzie	Port Hacking	2.22m
16	Christopher Szekeres	Sutherland	2.17m
17	Cooper Maclean	Sutherland	2.13m
18	Alexander Podgorski	Sutherland	2.09m

Boys U 9 - Long Jump

Zone: Z 4.13m 5/02/1998 J. Reddy, Sutherland

Name	Age Centre	Final	
1	Liam Sykes	Port Hacking	3.86m
2	Jack Druery	Port Hacking	3.79m
3	Cooper Daley	Illawong	3.64m
4	Mitchell Waller	Helensburgh	3.30m
5	Alexander Photi	Illawong	3.27m
6	Jordan White	Revesby Workers	3.17m
7	Liam Baker	St George	3.17m
8	Max De Celis	Illawong	3.10m
9	Alexander Zafiris	Port Hacking	2.88m
10	Zac Pokorny	Sutherland	2.81m
11	Dean Rufati	Port Hacking	2.75m
12	Lincoln Schutt	Helensburgh	2.73m
13	Jairus Brealey	Illawong	2.69m

Boys U 10 - Long Jump

Zone: Z 4.63m 5/02/1989 C. Best, Sutherland

Name	Age Centre	Final	
1	Blake Kendrick	Helensburgh	4.03m
2	Jeremy Hall	Helensburgh	3.85m
3	Tristan Tubbs	Port Hacking	3.80m
4	Harrison Bull	Sutherland	3.77m
5	Cooper Levy	Illawong	3.70m
6	Owen Burgher	Illawong	3.53m
7	Blake Wardrobe	Sutherland	3.39m
8	Jack Stewart	Sutherland	3.35m
9	Jordan Talbot	Sutherland	2.95m
10	Rex Prosser	Port Hacking	2.93m
11	Mitchell Langley	St George	2.69m
12	Ryder Clark	Illawong	2.30m

Boys U 11 - Long Jump

Zone: Z 5.22m 18/02/1990 C. Best, Sutherland

Name	Age Centre	Final	
1	Daniel Cattana	Sutherland	4.74m
2	Joshua Hewitt	St George	4.34m
3	Bailey Clarke	Sutherland	4.28m
4	Marcus Armstrong	Port Hacking	4.20m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****....Boys U 11 - Long Jump**

5	Jett Hardy	Helensburgh	4.12m
6	Riley Fowler	Helensburgh	4.08m
7	Noah Anderson	Helensburgh	4.07m
8	Logan Talbot	Sutherland	4.04m
9	Luke Kozul	Sutherland	3.93m
10	Oskar Oxenbury	Helensburgh	3.72m
11	Sora Kamikura	St George	3.64m
12	Gabriel Tseros	St George	3.56m
13	Lachlan Chen	Port Hacking	3.36m

Boys U 12 - Long Jump

Zone: Z 5.28m 30/01/1999 D. Tehuia, St George

Name	Age	Centre	Final
1	Rowan Tan	Port Hacking	5.00m
2	Jesper Webber	Port Hacking	4.53m
3	Aiden Gambrell	St George	4.25m
4	Joshua Richardson	Sutherland	4.24m
5	Luca Cantarella	Port Hacking	4.17m
6	Sebastian Byrne	Sutherland	4.16m
7	Luke Veleviski	Port Hacking	4.15m
8	Ryan Mckinlay	Helensburgh	4.14m
9	Julian Lorusso	Illawong	3.95m
10	Billy Dickens	Sutherland	3.93m
11	Zane Moore	Sutherland	3.68m
12	Connell Hadzinickitas	St George	3.43m

Boys U 13 - Long Jump

Zone: Z 5.56m 18/02/1990 M. Stcherbina, Port Hacking

Name	Age	Centre	Final
1	Andrew Goschnik	Port Hacking	4.88m
2	Lenny Robin	Port Hacking	4.75m
3	Blake Toohey	Sutherland	4.59m
4	Luke Arendse	Sutherland	4.50m
5	Nicholas Atkinson	St George	4.35m
6	Ryan Ashbury	Helensburgh	4.32m
7	Jack Tipping	Sutherland	4.28m
8	Joshua Saville	Sutherland	4.16m
9	Jayden Seeto	St George	4.04m
10	Corey Burling	Helensburgh	3.97m
11	Marcos Francis	Port Hacking	3.80m
12	Kai Kamikura	St George	3.61m
13	Tyrone Schutt	Helensburgh	3.49m
14	Ronan Mauro	St George	3.42m

Boys U 14 - Long Jump

Zone: Z 5.63m 15/12/2013 Harrison Brierley, Illawong

Name	Age	Centre	Final
1	Kobi Sharp	Port Hacking	5.62m
2	Ethan Schmidt-uili	Illawong	5.17m
3	Jake Sidney	Sutherland	5.05m
4	Jordan Pejowski	St George	4.80m
5	Beau Whitaker	Helensburgh	4.63m
6	Liam Bolger	St George	4.56m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****....Boys U 14 - Long Jump**

7 Luke Marshall	St George	4.42m
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Boys U 15 - Long Jump

Zone: Z 6.33m 28/01/2006 C. Sills, Port Hacking

Name	Age Centre	Final
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1 Jackson Safi	Port Hacking	5.28m
2 Donald Catallo	Port Hacking	5.28m
3 Luke Goschnik	Port Hacking	5.22m
4 Harry Karakatsanis	St George	4.75m
5 Tallis Brown	St George	4.55m
6 Jay Scarra	Sutherland	4.27m

Boys U 17 - Long Jump

Zone: Z 6.82m 14/12/2013 Liam Cashman, Port Hacking

Name	Age Centre	Final
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1 Harrison Brierley	Illawong	6.39m
2 Yianni Kalantzis	Illawong	5.83m
3 Daniel Mauro	St George	5.41m
4 Jack Dwyer	Port Hacking	5.34m
5 Guojun Gan	Revesby Workers	4.94m

Boys U 11 - Triple Jump

Zone: Z 9.76m 5/02/1984 M. Baldwin, Sutherland

Name	Age Centre	Final
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1 Fernando Nash	Port Hacking	9.82mZ
2 Dion Zafiris	Port Hacking	9.19m
3 Cole Taylor	Illawong	9.16m
4 Bronson Schmidt-uili	Illawong	8.67m
5 Lachlan Chen	Port Hacking	8.40m
6 Luke Nicholson	Sutherland	8.23m
7 Logan Coffey	Port Hacking	7.28m
8 Adam Pittman	Revesby Workers	6.69m

Boys U 12 - Triple Jump

Zone: Z 10.67m 1/02/1990 A. Macarthur, Sutherland

Name	Age Centre	Final
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1 Rowan Tan	Port Hacking	10.31m
2 Jesse Photi	Illawong	8.90m
3 Joshua Richardson	Sutherland	8.79m
4 Luca Cantarella	Port Hacking	8.72m
5 Aiden Gambrell	St George	8.55m
6 Billy Dickens	Sutherland	8.28m
7 Luke Velevski	Port Hacking	8.01m
8 Riley Kennedy	Sutherland	7.60m
9 Zane Moore	Sutherland	7.55m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 13 - Triple Jump

Zone: Z 10.95m 2/02/2008 J. Knopf, St George			
Name	Age	Centre	Final
1 Andrew Goschnik		Port Hacking	10.07m
2 Miles Smith		Illawong	9.50m
3 Luke Arendse		Sutherland	9.45m
4 Lachlan Farrell		Port Hacking	9.14m
5 Jayden Seeto		St George	9.07m
6 Joshua Saville		Sutherland	8.98m
7 Marcos Francis		Port Hacking	8.34m
8 Ronan Mauro		St George	8.05m

Boys U 14 - Triple Jump

Zone: Z 12.15m 30/01/1993 G. Cuthill, Sutherland			
Name	Age	Centre	Final
1 Kobi Sharp		Port Hacking	11.30m
2 Jordan Pejowski		St George	10.70m
3 Ethan Schmidt-uili		Illawong	10.42m
4 Liam Bolger		St George	9.23m

Boys U 15 - Triple Jump

Zone: Z 12.84m 6/02/1994 G. Cuthill, Sutherland			
Name	Age	Centre	Final
1 Jackson Safi		Port Hacking	12.19m
2 Donald Catallo		Port Hacking	11.95m
3 Tallis Brown		St George	10.07m
4 Luke Rufati		Port Hacking	9.12m

Boys U 17 - Triple Jump

Zone: Z 13.71m 15/12/2013 Liam Cashman, Port Hacking			
Name	Age	Centre	Final
1 Harrison Brierley		Illawong	12.31m
2 Oscar Schmidt-uili		Illawong	12.12m
3 Yianni Kalantzis		Illawong	11.57m
4 Nicholas Anastas		Port Hacking	10.67m
5 Christian Di Matteo		Port Hacking	8.49m

Boys U 7 - Shot Put (1.0 Kg)

Zone: Z 9.99m 2/02/1986 S. Grant, Port Hacking			
Name	Age	Centre	Final
1 Ashton Beudeker		Sutherland	5.80m
2 Kade Rogers		Sutherland	5.00m
3 Kaden Anthony		Sutherland	4.74m
4 Jone Tuqiri		St George	4.48m
5 Byron Whitbread		Sutherland	4.46m
6 Conrad Eizenberg		Sutherland	3.41m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 8 - Shot Put (1.5 Kg)

Zone: Z 9.60m 29/01/2011 B. Toohey, Sutherland			
Name	Age	Centre	Final
1 Alex Christian		Illawong	6.39m
2 Max Baumhof		Port Hacking	6.12m
3 Christopher Szekeres		Sutherland	5.76m
4 Zoran Szekeres		Sutherland	5.75m
5 Dane Sutton		Port Hacking	5.61m
6 Zachary Schutt		Helensburgh	5.42m
7 Cooper Moss		Sutherland	4.93m
8 Cameron Marshall		St George	4.93m
9 Liam Mitchell-bruce		St George	4.61m
10 Jonah Austin		Revesby Workers	4.54m
11 Jack Margetson		Sutherland	3.96m
12 Joshua Nangle		Revesby Workers	3.94m
13 Kyan Reeve		Port Hacking	3.67m

Boys U 9 - Shot Put (2.0 Kg)

Zone: Z 10.55m 2/02/2008 P. Toamotu, St George			
Name	Age	Centre	Final
1 Alexander Photi		Illawong	8.00m
2 Logan Toohey		Sutherland	7.69m
3 Benjamin Pittman		Revesby Workers	6.32m
4 Michael Papadakis		Sutherland	6.10m
5 Garrick Hinton		Port Hacking	5.45m
6 Alexander Zafiris		Port Hacking	5.23m
7 Lincoln Schutt		Helensburgh	4.94m

Boys U 10 - Shot Put (2.0 Kg)

Zone: Z 11.26m 9/12/2012 Blake Toohey, Sutherland			
Name	Age	Centre	Final
1 Jack Jessep		Port Hacking	6.85m
2 Marcus Kursar		St George	5.75m
3 Owen Forest-jones		Revesby Workers	5.60m
4 Ryder Clark		Illawong	5.22m

Boys U 11 - Shot Put (2.0 Kg)

Zone: Z 12.18m 2/02/2008 H. Sele, St George			
Name	Age	Centre	Final
1 Jed Robin		Port Hacking	9.27m
2 Cole Taylor		Illawong	8.73m
3 Mathew Lavidis		Illawong	8.66m
4 Baxter Kitteringham		Port Hacking	8.25m
5 Luke Nicholson		Sutherland	8.05m
6 Bronson Schmidt-uili		Illawong	7.84m
7 Tanu Booker		Helensburgh	7.76m
8 Adam Pittman		Revesby Workers	7.61m
9 Emmanuel Tseros		St George	7.37m
10 Oliver Santo		Port Hacking	6.73m
11 Marcus Eizenberg		Sutherland	6.64m
12 Kade Tougher		Sutherland	6.58m
13 Logan Talbot		Sutherland	6.57m
14 Curtis Bevern		Port Hacking	5.05m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

Boys U 12 - Shot Put (3.0 Kg)

Zone: Z 12.75m 30/01/2011 P. Toamotu, St George			
Name	Age	Centre	Final
1 Billy Dickens		Sutherland	9.55m
2 Solomon Tuqiri		St George	8.25m
3 Connell Hadzinickitas		St George	7.77m
4 Riley Sykes		Port Hacking	6.98m
5 Dylan Anthony		Sutherland	6.41m

Boys U 13 - Shot Put (3.0 Kg)

Zone: Z 15.36m 5/02/2012 Peta Toamotu, St George			
Name	Age	Centre	Final
1 Blake Toohey		Sutherland	10.83m
2 Jack Hornery		Sutherland	10.04m
3 Nicholas Papadakis		Sutherland	9.11m
4 Corey Burling		Helensburgh	8.03m
5 Noah Ramsey		Helensburgh	7.72m
6 Benjamin Lawler		St George	5.89m

Boys U 14 - Shot Put (3.0 Kg)

Zone: Z 16.95m 9/12/2012 Pita Toamotu, St George			
Name	Age	Centre	Final
1 Dane Burgmann		Helensburgh	10.47m
2 Ethan Schmidt-uili		Illawong	9.95m
3 Jake Sidney		Sutherland	9.12m
4 Liam Bolger		St George	9.01m
5 Patrick Cartwright		Helensburgh	8.19m

Boys U 15 - Shot Put (4.0 Kg)

Zone: Z 17.25m 14/12/2013 Pita Toamotu, St George			
Name	Age	Centre	Final
1 Zane Jegers		Port Hacking	13.15m
2 Jared Rios		St George	12.43m
3 Tyler Seeto		St George	10.70m

Boys U 17 - Shot Put (5.0 Kg)

Zone: Z 16.74m 13/12/2014 Pita Toamotu, St George			
Name	Age	Centre	Final
1 Luke Byrnes		St George	11.95m
2 Jacob Rios		St George	11.15m

Boys U 7 - Discus (350 Gram)

Zone: Z 24.51m 31/01/2005 A. Kakouski, Port Hacking			
Name	Age	Centre	Final
1 Kade Rogers		Sutherland	11.98m
2 Alex Brandt		Port Hacking	11.29m
3 Kaden Anthony		Sutherland	10.93m
4 Byron Whitbread		Sutherland	10.77m
5 Ashton Beudeker		Sutherland	10.06m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Boys U 7 - Discus (350 Gram)

6	Jone Tuqiri	St George	9.16m
7	James Tsavalias	Illawong	8.04m
8	Austin Alexander	Sutherland	8.01m

Boys U 8 - Discus (500 Gram)

Zone: Z 22.90m 1/12/1991 J. Parsons, Revesby Workers				
Name	Age	Centre	Final	
1	Bailey Dean	Latanis	St George	22.13m
2	Zoran Szekeres	Sutherland	15.50m	
3	Christopher Szekeres	Sutherland	14.32m	
4	Flyn Alessi	Helensburgh	12.23m	
5	Thomas Beattie	Revesby Workers	12.16m	
6	Jonah Austin	Revesby Workers	12.10m	
7	Cooper White	Revesby Workers	11.51m	
8	Scott Beattie	Revesby Workers	10.72m	
9	Cameron Marshall	St George	9.68m	
10	Kyan Reeve	Port Hacking	9.32m	
11	Luke Farley	Port Hacking	9.17m	
12	Joshua Mckenzie	Port Hacking	9.04m	
13	Jack Margetson	Sutherland	8.96m	
14	Cooper Moss	Sutherland	8.62m	
15	Zachary Schutt	Helensburgh	5.96m	

Boys U 9 - Discus (500 Gram)

Zone: Z 31.34m 5/02/2012 Blake Toohey, Sutherland			
Name	Age	Centre	Final
1	Michael Papadakis	Sutherland	19.19m
2	Alexander Photi	Illawong	18.31m
3	Benjamin Pittman	Revesby Workers	17.21m
4	Lukas Webber	Port Hacking	16.78m
5	Logan Toohey	Sutherland	16.42m
6	Kael Austin	Revesby Workers	16.32m
7	James Rudzis	Sutherland	14.97m
8	James Stackpool	Port Hacking	12.23m
9	Jasper Appleby	Helensburgh	11.10m
10	Zac Pokorny	Sutherland	10.49m
11	Jordan White	Revesby Workers	9.97m
12	Fletcher Goodwin	Helensburgh	9.28m
13	Lincoln Schutt	Helensburgh	8.71m

Boys U 10 - Discus (500 Gram)

Zone: Z 34.92m 3/02/1997 A. Huntiungdon, Sutherland			
Name	Age	Centre	Final
1	Jack Jessep	Port Hacking	21.87m
2	Blake Kendrick	Helensburgh	19.42m
3	Harrison Bull	Sutherland	17.33m
4	Rex Prosser	Port Hacking	16.98m
5	Blake Wardrobe	Sutherland	16.75m
6	James Szczepanik	Illawong	16.47m
7	Taj Hanna	Port Hacking	15.83m
8	Mitchell Langley	St George	14.99m
9	Orrin Young	Port Hacking	13.61m
10	Marcus Kursar	St George	12.88m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Boys U 10 - Discus (500 Gram)

11 Ethan Casey	St George	12.19m
12 Zacary Awad	St George	10.61m

Boys U 11 - Discus (750 Gram)

=====			
Zone: Z 33.70m 4/02/1989 M. McGrath, Illawong			
Name	Age Centre		Final
=====			
1 Jed Robin	Port Hacking		27.39m
2 Mathew Lavidis	Illawong		23.31m
3 Riley Fowler	Helensburgh		22.25m
4 Luke Nicholson	Sutherland		21.94m
5 Henri Hiles-Fraser	Helensburgh		21.24m
6 Josh Keating	Helensburgh		19.90m
7 Bailey Pawson	Sutherland		18.33m
8 Adam Pittman	Revesby Workers		15.94m
9 Travis Basic	Revesby Workers		15.91m
10 Tanu Booker	Helensburgh		14.88m
11 Sora Kamikura	St George		14.25m
12 Oskar Oxenbury	Helensburgh		13.37m
13 Kade Tougher	Sutherland		12.54m
-- Marcus Eizenberg	Sutherland		FOUL

Boys U 12 - Discus (750 Gram)

=====			
Zone: Z 45.49m 31/01/2008 H. Sele, St George			
Name	Age Centre		Final
=====			
1 Billy Dickens	Sutherland		31.57m
2 Solomon Tuqiri	St George		31.44m
3 Dylan Anthony	Sutherland		19.40m
4 Connell Hadzinickitas	St George		19.09m
5 Jordan Papadakis	Sutherland		17.94m
6 Leonardo Nash	Port Hacking		17.52m
7 Sebastian Byrne	Sutherland		14.30m

Boys U 13 - Discus (1.0 Kg)

=====			
Zone: Z 46.80m 30/01/2010 H. Sele, St George			
Name	Age Centre		Final
=====			
1 Blake Toohey	Sutherland		28.34m
2 Nicholas Papadakis	Sutherland		27.17m
3 Corey Burling	Helensburgh		20.55m
4 Dane Gawinek	Port Hacking		20.32m
5 Kai Kamikura	St George		18.65m
6 Tyrone Schutt	Helensburgh		17.13m
7 Noah Ramsey	Helensburgh		15.13m
8 Benjamin Lawler	St George		10.93m

Boys U 14 - Discus (1.0 Kg)

=====			
Zone: Z 50.57m 8/12/2012 Pita Toamotu, St George			
Name	Age Centre		Final
=====			
1 Dane Burgmann	Helensburgh		32.43m
2 Ethan Schmidt-uili	Illawong		29.65m
3 Jordan Pejowski	St George		23.24m
4 Christopher Lavidis	Illawong		20.92m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Boys U 14 - Discus (1.0 Kg)

5 Patrick Cartwright Helensburgh 20.27m

Boys U 15 - Discus (1.0 Kg)

Zone: Z 62.90m 31/01/1993 M. McGrath, Illawong

Name	Age Centre	Final
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1 Zane Jegers	Port Hacking	38.92m
2 Ky Gawinek	Port Hacking	38.54m
3 Tyler Seeto	St George	31.24m
4 Jackson Safi	Port Hacking	30.09m
5 Joshua Toohey	Sutherland	27.29m
6 Luke Rufati	Port Hacking	14.30m

Boys U 17 - Discus (1.5 Kg)

Zone: Z 53.52m 14/12/2014 Pita Toamotu, St George

Name	Age Centre	Final
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1 Luke Byrnes	St George	29.59m
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Boys U 11 - Javelin (400 Gram)

Name	Age Centre	Final
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1 Baxter Kitteringham	Port Hacking	21.13m
2 Mathew Lavidis	Illawong	18.34m
3 Luke Nicholson	Sutherland	18.06m
4 Jed Robin	Port Hacking	17.92m
5 Oliver Santo	Port Hacking	16.95m
6 Gabriel Tseros	St George	16.31m
7 Logan Coffey	Port Hacking	16.13m
8 Alex Markoski	St George	15.36m
9 Josh Keating	Helensburgh	13.11m
10 Kade Tougher	Sutherland	10.97m
11 Tanu Booker	Helensburgh	8.27m
-- Marcus Eizenberg	Sutherland	FOUL

Boys U 12 - Javelin (400 Gram)

Name	Age Centre	Final
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1 Ryan Waters	Sutherland	23.44m
2 Luca Cantarella	Port Hacking	23.22m
3 Alessandro Santilli	Sutherland	18.74m
4 Dylan Anthony	Sutherland	17.28m
5 Tom Jessep	Port Hacking	17.12m
6 Solomon Tuqiri	St George	15.28m
7 Jordan Papadakis	Sutherland	15.17m
8 Riley Kennedy	Sutherland	12.16m

Boys U 13 - Javelin (600 Gram)

Name	Age Centre	Final
------	------------	-------

1 Blake Toohey	Sutherland	34.69m
2 Andrew Goschnik	Port Hacking	26.56m
3 Nicholas Papadakis	Sutherland	26.27m
4 Ryan Ashbury	Helensburgh	22.60m

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS
THE RIDGE ATHLETICS TRACK BARDEN RIDGE

Results

....Boys U 13 - Javelin (600 Gram)

5 Tyrone Schutt	Helensburgh	20.88m
6 Jayden Seeto	St George	19.23m
7 Tyler Paton	Sutherland	17.64m
8 Noah Ramsey	Helensburgh	16.55m
9 Jack Tipping	Sutherland	15.20m
10 Luca Santilli	Sutherland	10.39m

Boys U 14 - Javelin (600 Gram)

Name	Age Centre	Final
1 Jamie Lawler	St George	29.06m
2 Jake Sidney	Sutherland	26.35m
3 Patrick Cartwright	Helensburgh	24.41m
4 Jordan Pejowski	St George	23.63m
5 Christopher Lavidis	Illawong	21.17m

Boys U 15 - Javelin (700 Gram)

Name	Age Centre	Final
1 Luke Goschnik	Port Hacking	32.21m
2 Dominic Nisbet	Illawong	19.64m
3 Tyler Seeto	St George	15.60m

Boys U 17 - Javelin (700 Gram)

Name	Age Centre	Final
1 Eric Herger	Illawong	42.67m
2 Adam Engeler	Illawong	37.33m
3 Jacob Rios	St George	34.92m
4 Luke Byrnes	St George	34.54m
5 Jackson Gordon	Sutherland	20.98m

Boys U 9 - 700 Metre Walk

Zone: Z 4:37.35 15/12/2013 Oliver Santo, Port Hacking		
Name	Age Centre	Final
Section 1		
1 Taylor Harrod	Port Hacking	4:10.63Z
2 Garrick Hinton	Port Hacking	4:19.12Z
3 James Stackpool	Port Hacking	4:55.42
-- Kael Austin	Revesby Workers	DQ

Boys U 10 - 1100 Metre Walk

Zone: Z 6:04.10 30/01/2010 A. Duffy, Port Hacking		
Name	Age Centre	Final
1 Jack Jessep	Port Hacking	6:45.99

Boys U 11 - 1100 Metre Walk

Zone: Z 5:54.74 14/12/2014 Tom Jessep, Port Hacking		
Name	Age Centre	Final
1 Oliver Santo	Port Hacking	5:35.04Z

SOUTHERN MET ZONE TRACK & FIELD CHAMPIONSHIPS**THE RIDGE ATHLETICS TRACK BARDEN RIDGE****Results****....Boys U 11 - 1100 Metre Walk**

2	Lachlan Chen	Port Hacking	7:53.32
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Boys U 12 - 1500 Metre Walk

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Zone: Z 8:22.81 9/12/2012 Luke Goschnik, Port Hacking

Name Age Centre Final

=====
1 Tom Jessep Port Hacking 10:11.62

Boys U 14 - 1500 Metre Walk

=====
Zone: Z 8:11.85 14/12/2014 Luke Goschnik, Port Hacking

Name Age Centre Final

=====
1 Ben Johnson Illawong 13:02.32

Boys U 15 - 1500 Metre Walk

=====
Zone: Z 8:30.30 30/01/2011 M. Zitco, Port Hacking

Name Age Centre Final

=====
1 Donald Catallo Port Hacking 8:08.30Z