

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 7 - 50 Metre Sprint**

Zone: Z 8.94 4/02/2012 A.Martin, DOO			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Cheyanne Vaitusi		Quakers Hill	9.46Q
2 Amber Reverly		Tallawong Park	9.55Q
3 Jessica Stuart		Tallawong Park	10.28q
4 Arleen Chaggar		Blacktown	10.45q
5 Lily Fleeting		Quakers Hill	10.93
6 Samiya Kumar		Tallawong Park	11.11
7 Kaaviya Soma Sundaram		Quakers Hill	11.16
8 Sarah Sale		Lethbridge Park	12.44
Heat 2 Heats			
1 Summer Masterson		Mt Druitt	9.84Q
2 Teleah-Laura Hodge		Blacktown	10.15Q
3 Annabelle Furrugia		Quakers Hill	10.16q
4 Gabriella Baker		Blacktown	10.92q
5 Kaiah Wong		Minchinbury	11.04

Girls U 7 - 50 Metre Sprint

Zone: Z 8.94 4/02/2012 A.Martin, DOO			
Name	Age	Centre	Final
Section 1 Final			
1 Cheyanne Vaitusi		Quakers Hill	9.58
2 Amber Reverly		Tallawong Park	9.61
3 Summer Masterson		Mt Druitt	9.89
4 Teleah-Laura Hodge		Blacktown	10.14
5 Jessica Stuart		Tallawong Park	10.50
6 Annabelle Furrugia		Quakers Hill	10.54
7 Arleen Chaggar		Blacktown	10.56
8 Gabriella Baker		Blacktown	10.70

Girls U 7 - 70 Metre Sprint

Zone: Z 12.06 1980 J.Fineberg, BLACK			
Zone: Z 12.06 1984 J.Hass, BLACK			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Amber Reverly		Tallawong Park	12.80Q
2 Summer Masterson		Mt Druitt	13.50Q
3 Annabelle Furrugia		Quakers Hill	13.84Q
4 Kaiah Wong		Minchinbury	15.14
5 Kaaviya Soma Sundaram		Quakers Hill	15.17
6 Katie Cole		Prospect	15.39
Heat 2 Heats			
1 Shyla Cruise		Doonside	13.14Q
2 Jessica Stuart		Tallawong Park	13.61Q
3 Chole Jawad		Blacktown	13.62Q
4 Teleah-Laura Hodge		Blacktown	13.75q
5 Isalyah Seiuli		Mt Druitt	13.79q
6 Summer Reynolds		Minchinbury	13.91

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS

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Girls U 7 - 70 Metre Sprint

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=====
Zone: Z 12.06 1980          J.Fineberg, BLACK
Zone: Z 12.06 1984          J.Hass, BLACK
Name                         Age Centre                     Final
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Section 1 Final
1 Amber Reverly              Tallawong Park                 13.06
2 Shyla Cruise                Doonside                       13.24
3 Summer Masterson           Mt Druitt                      13.36
4 Isalyah Seiuli             Mt Druitt                      13.63
5 Chole Jawad                Blacktown                      13.73
6 Jessica Stuart             Tallawong Park                 13.83
7 Summer Reynolds            Minchinbury                    13.84
8 Annabelle Furrugia         Quakers Hill                   14.00
    
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Girls U 8 - 70 Metre Sprint

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Zone: Z 11.46 5/02/2012    O.Airhumwunde, MTD
Name                         Age Centre                     Heats
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Heat 1 Heats
1 Awein Lual                 Prospect                       11.63Q
2 Althea Baron               Mt Druitt                     12.86Q
3 Taya Zammit                Blacktown                     13.54Q
4 Aywen Majak                Prospect                       13.87
5 Nehal Kaushal             Minchinbury                   13.95
6 Kaitlin Clarke            Blacktown                     15.35
Heat 2 Heats
1 D'Lyla Milford             Lethbridge Park              12.18Q
2 Samurai Ifopo              Lethbridge Park              12.64Q
3 Tahira Armeda              Quakers Hill                  13.09Q
4 Lara Hodges                Blacktown                     13.35q
5 Hannah Fleming             Doonside                      13.57q
6 Isabella Clement           Blacktown                     13.94
    
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Girls U 8 - 70 Metre Sprint

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Zone: Z 11.46 5/02/2012    O.Airhumwunde, MTD
Name                         Age Centre                     Final
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Section 1 Final
1 Awein Lual                 Prospect                       11.63
2 D'Lyla Milford             Lethbridge Park              12.05
3 Samurai Ifopo              Lethbridge Park              12.69
4 Althea Baron               Mt Druitt                     12.94
5 Hannah Fleming             Doonside                      13.22
6 Lara Hodges                Blacktown                     13.31
7 Tahira Armeda              Quakers Hill                  13.38
8 Taya Zammit                Blacktown                     13.66
    
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Girls U 9 - 70 Metre Sprint

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Zone: Z 11.04 2005          J.Kilititi, LPARK
Zone: Z 11.04 2005          M.Grnovic, BLACK
Zone: Z 11.04 5/02/2013    O.Airhumwunde, Mt.D
Name                         Age Centre                     Final
=====
Section 1
1 Davita Ankrah              Quakers Hill                  12.10
2 Memphis-Cass Ifopo         Lethbridge Park              12.40
    
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....Girls U 9 - 70 Metre Sprint

3	Aliya Armeda	Quakers Hill	12.76
4	Natasha Bow	Blacktown	12.99
5	Ella Fleming	Doonside	13.01
6	Audrey Adamcewicz	Blacktown	13.03
7	Jenevieve Adeti	Blacktown	14.00

Girls U 10 - 70 Metre Sprint

Zone: Z 10.52 14/12/2014 Clara Nourdine, Doonside			
Name	Age	Centre	Final
1	Mia Friesendorff	Doonside	10.77
2	Anna Logali	Blacktown	11.02
3	Tamia Fonua	Minchinbury	11.23
4	Abbie Savic	Prospect	11.42
5	Esther Peter	Blacktown	11.52
6	Chloe Bingham	Prospect	12.55
7	Aweit Majak	Prospect	12.55
8	Lexie Auld	Doonside	14.73

Girls U 7 - 100 Metre Sprint

Zone: Z 16.94 1985 B.Smith, BLACK			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Amber Reverly	Tallawong Park	18.44Q
2	Shyla Cruise	Doonside	18.55Q
3	Summer Masterson	Mt Druitt	19.12Q
4	Summer Reynolds	Minchinbury	19.47q
5	Isalyah Seiuli	Mt Druitt	19.67
6	Addison Shaw	Mt Druitt	20.94
7	Gabriella Baker	Blacktown	21.00
8	Samiya Kumar	Tallawong Park	22.96
Heat 2 Heats			
1	Cheyenne Vaitusi	Quakers Hill	18.31Q
2	Rachel Idris	Blacktown	18.98Q
3	Chole Jawad	Blacktown	19.32Q
4	Annabelle Furrugia	Quakers Hill	19.47q
5	Jessica Stuart	Tallawong Park	19.59
6	Lily Newman	Mt Druitt	24.42

Girls U 7 - 100 Metre Sprint

Zone: Z 16.94 1985 B.Smith, BLACK			
Name	Age	Centre	Final
Section 1 Final			
1	Cheyenne Vaitusi	Quakers Hill	18.56
2	Amber Reverly	Tallawong Park	18.73
3	Shyla Cruise	Doonside	19.27
4	Summer Masterson	Mt Druitt	19.40
5	Chole Jawad	Blacktown	19.49
6	Rachel Idris	Blacktown	20.13
7	Summer Reynolds	Minchinbury	20.50
8	Annabelle Furrugia	Quakers Hill	20.71

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS

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Girls U 8 - 100 Metre Sprint

Zone: Z 16.14	1982	E.Fernandes, C.S.C
Zone: Z 16.14	2004	J.Kilititi, LPARK
Zone: Z 16.14	2009	R.Vaughan, LPARK

Name	Age	Centre	Heats
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Heat 1 Heats

1	Awein Lual	Prospect	16.42Q
2	Montana Vaitusi	Quakers Hill	17.13Q
3	D'Lyla Milford	Lethbridge Park	17.72q
4	Charlize Mahusay	Quakers Hill	17.99q
5	Samurai Ifopo	Lethbridge Park	18.56
6	Ayeshah Parker	Tallawong Park	20.46
7	Dina Vuksinic	Blacktown	20.60
8	Hannah Fleming	Doonside	27.23

Heat 2 Heats

1	Susannah Murray	Blacktown	19.22Q
2	Taya Zammit	Blacktown	19.31Q
3	Isabella Clement	Blacktown	20.59
4	Nehal Kaushal	Minchinbury	20.79
5	Peyton Bowden	Lethbridge Park	24.52

Heat 3 Heats

1	Naomi Amadi	Prospect	18.97Q
2	Tahira Armada	Quakers Hill	19.66Q
3	Carly Dearth	Quakers Hill	19.91
4	Aaliyah Kennedy	Doonside	19.94
5	Aywen Majak	Prospect	20.40

Girls U 8 - 100 Metre Sprint

Zone: Z 16.14	1982	E.Fernandes, C.S.C
Zone: Z 16.14	2004	J.Kilititi, LPARK
Zone: Z 16.14	2009	R.Vaughan, LPARK

Name	Age	Centre	Final
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Section 1 Final

1	Montana Vaitusi	Quakers Hill	16.87
2	D'Lyla Milford	Lethbridge Park	17.70
3	Charlize Mahusay	Quakers Hill	17.98
4	Naomi Amadi	Prospect	18.86
5	Susannah Murray	Blacktown	19.12
6	Tahira Armada	Quakers Hill	19.20
7	Taya Zammit	Blacktown	20.18

Girls U 9 - 100 Metre Sprint

Zone: Z 15.24	1984	J.Hass, BLACK
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Name	Age	Centre	Heats
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Heat 1 Heats

1	Debbie Beale	Lethbridge Park	17.56Q
2	Davita Ankrah	Quakers Hill	17.73Q
3	Memphis-Cass Ifopo	Lethbridge Park	18.23
4	Elizabeth Sale	Lethbridge Park	18.69
5	Taylor Bistow	Blacktown	19.20
6	Brooke Shields	Minchinbury	19.24
7	Caitlyn Morrison	Quakers Hill	20.69

Heat 2 Heats

1	Tia Matthews	Quakers Hill	16.16Q
2	Nautica-Lee Martin	Doonside	17.16Q

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3 Achol Mow	Prospect	17.49q
4 Ariana Wibberley	Blacktown	17.73q
5 Sophie Stancic	Prospect	17.75
6 Sophie Saraceno	Blacktown	20.26

Heat 3 Heats

1 Jameela Asad	Doonside	17.20Q
2 Aliya Armeda	Quakers Hill	18.28Q
3 Natasha Bow	Blacktown	19.16
4 Jessica Thompson	Tallawong Park	20.41q
5 Bethany Menin	Quakers Hill	20.41q

Girls U 9 - 100 Metre Sprint

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Zone: Z 15.24		1984	J.Hass, BLACK
Name	Age Centre	Final	
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Section 1 Final			
1 Tia Matthews	Quakers Hill	16.51	
2 Nautica-Lee Martin	Doonside	17.62	
3 Jameela Asad	Doonside	17.67	
4 Debbie Beale	Lethbridge Park	17.88	
5 Achol Mow	Prospect	17.90	
6 Davita Ankrah	Quakers Hill	17.93	
7 Ariana Wibberley	Blacktown	18.38	
8 Aliya Armeda	Quakers Hill	18.46	

Girls U 10 - 100 Metre Sprint

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Zone: Z 14.54		25/01/2014	Osaru Airhumwunde, Mt Druitt
Name	Age Centre	Heats	
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Heat 1 Heats			
1 Raphaila Idris	Blacktown	16.21Q	
2 Anna Logali	Blacktown	16.32Q	
3 Tamia Fonua	Minchinbury	16.69Q	
4 Emily Ferguson	Tallawong Park	16.92q	
5 Naomi Justin	Blacktown	17.34q	
6 Latoya Kennedy	Doonside	18.16	
Heat 2 Heats			
1 Mia Friesendorff	Doonside	15.37Q	
2 Chloe Riley	Tallawong Park	15.88Q	
3 Abbie Savic	Prospect	16.18Q	
4 Amelia Duck	Quakers Hill	18.42	
5 Paige Morrison	Quakers Hill	19.42	

Girls U 10 - 100 Metre Sprint

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Zone: Z 14.54		25/01/2014	Osaru Airhumwunde, Mt Druitt
Name	Age Centre	Final	
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Section 1 Final			
1 Mia Friesendorff	Doonside	15.72	
2 Raphaila Idris	Blacktown	16.04	
3 Anna Logali	Blacktown	16.31	
4 Chloe Riley	Tallawong Park	16.32	
5 Tamia Fonua	Minchinbury	16.36	
6 Abbie Savic	Prospect	16.90	
7 Emily Ferguson	Tallawong Park	17.12	
8 Naomi Justin	Blacktown	17.12	

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS

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Girls U 11 - 100 Metre Sprint

Zone: Z 13.84 2001 R.Asonitis, MTDRU			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Clara Nourdine		Doonside	14.26Q
2 Jaydah Murphy		Mt Druitt	16.15Q
3 Hannah Whitebread		Blacktown	16.89Q
4 Harmony Millard		Minchinbury	17.61
5 Sophie Odur		Prospect	17.99
6 Sienna Salama		Tallawong Park	18.30
7 Cherish Tseros		Minchinbury	19.05
8 Arshroop Kaur		Quakers Hill	19.22
Heat 2 Heats			
1 Alannah Martin		Doonside	14.62Q
2 Aliya Jawad		Blacktown	14.79Q
3 Elizabeth Amadi		Quakers Hill	14.96Q
4 Charli McCaffray		Quakers Hill	15.52q
5 Alai Lual		Prospect	16.54q
6 Jali Nipps		Lethbridge Park	16.88
7 Serah Poloaalii		Doonside	18.92

Girls U 11 - 100 Metre Sprint

Zone: Z 13.84 2001 R.Asonitis, MTDRU			
Name	Age	Centre	Final
Section 1 Final			
1 Clara Nourdine		Doonside	14.71
2 Aliya Jawad		Blacktown	14.93
3 Alannah Martin		Doonside	15.12
4 Elizabeth Amadi		Quakers Hill	15.28
5 Charli McCaffray		Quakers Hill	16.52
6 Jaydah Murphy		Mt Druitt	16.75
7 Hannah Whitebread		Blacktown	17.52
8 Jali Nipps		Lethbridge Park	17.55

Girls U 12 - 100 Metre Sprint

Zone: Z 13.54 2007 E.Singh, DOON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Faith Tseros		Minchinbury	14.72Q
2 Taytana Ifopo		Lethbridge Park	15.09Q
3 Sandra Lado		Blacktown	15.59Q
4 Davida Sarpong		Blacktown	16.35q
5 Jane Madeni		Blacktown	17.94
Heat 2 Heats			
1 Jessica Laurance		Doonside	13.81Q
2 Kyanna Lokeni		Blacktown	14.97Q
3 Dragana Aranbasic		Doonside	15.92Q
4 Auul Deng		Doonside	15.93q
5 Amber Steward		Doonside	16.94
6 Georgah Foote		Mt Druitt	17.68
7 Emily Thorley		Doonside	18.98

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 12 - 100 Metre Sprint**

Zone: Z 13.54 2007 E.Singh, DOON			
Name	Age	Centre	Final
Section 1 Final			
1 Jessica Laurance		Doonside	13.69
2 Kyanna Lokeni		Blacktown	14.77
3 Faith Tseros		Minchinbury	15.00
4 Taytana Ifopo		Lethbridge Park	15.53
5 Sandra Lado		Blacktown	15.82
6 Dragana Aranbasic		Doonside	16.16
7 Auul Deng		Doonside	16.34
8 Davida Sarpong		Blacktown	16.65

Girls U 13 - 100 Metre Sprint

Zone: Z 13.04 2008 D.Defoe, MTDRU			
Zone: Z 13.04 2009 M.Grnovic, BLACK			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Gabrielle Bingham		Prospect	13.15Q
2 Abbey Zahra		Quakers Hill	15.41Q
3 Zoe Morgan		Quakers Hill	15.69
4 Candice Allen		Doonside	16.17
5 Hannah McDonald		Minchinbury	17.76
Heat 2 Heats			
1 Alessia DeROSSI		Prospect	14.34Q
2 Alana Serra		Quakers Hill	15.50Q
3 Emma Campbell		Doonside	15.53
4 Hannah Ligertwood		Blacktown	16.05
5 Lily Fleming		Doonside	16.54
6 Molly Auld		Doonside	19.05
Heat 3 Heats			
1 Amy Bridge		Blacktown	14.03Q
2 Elisa Howie		Lethbridge Park	14.22Q
3 Holly McIntyre		Quakers Hill	14.69q
4 Jacinta Rotunno		Tallawong Park	15.48q
5 Kaitlyn Findlay		Tallawong Park	15.79

Girls U 13 - 100 Metre Sprint

Zone: Z 13.04 2008 D.Defoe, MTDRU			
Zone: Z 13.04 2009 M.Grnovic, BLACK			
Name	Age	Centre	Final
Section 1 Final			
1 Gabrielle Bingham		Prospect	13.20
2 Alessia DeROSSI		Prospect	14.11
3 Amy Bridge		Blacktown	14.13
4 Elisa Howie		Lethbridge Park	14.50
5 Holly McIntyre		Quakers Hill	14.86
6 Jacinta Rotunno		Tallawong Park	15.42
7 Abbey Zahra		Quakers Hill	15.49
8 Alana Serra		Quakers Hill	15.63

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 14 - 100 Metre Sprint**

Zone: Z 12.84 2003 L.Verlinden, DOON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ading Majok		Blacktown	14.05Q
2 Nevine Idris		Blacktown	14.89Q
3 Zali Adamcewicz		Blacktown	15.02Q
4 Chloe Schwarz		Minchinbury	15.10
5 Kaila Anderson		Blacktown	15.90
6 Jazmine Taylor		Lethbridge Park	16.59
7 Jordan Morrison		Quakers Hill	17.46
Heat 2 Heats			
1 Ella Kumpulainen		Doonside	13.84Q
2 Sandiolla Amto		Tallawong Park	14.77Q
3 Hope Camilleri		Minchinbury	14.90Q
4 Josephine Legge		Blacktown	14.95q
5 Claudia Estrada		Prospect	15.03q
6 Tania Shackleton		Minchinbury	15.25
7 Sylvia Charles		Mt Druitt	15.75

Girls U 14 - 100 Metre Sprint

Zone: Z 12.84 2003 L.Verlinden, DOON			
Name	Age	Centre	Final
Section 1 Final			
1 Ading Majok		Blacktown	13.78
2 Ella Kumpulainen		Doonside	13.81
3 Josephine Legge		Blacktown	14.81
4 Sandiolla Amto		Tallawong Park	14.94
5 Hope Camilleri		Minchinbury	15.07
6 Zali Adamcewicz		Blacktown	15.12
7 Nevine Idris		Blacktown	15.14
8 Claudia Estrada		Prospect	15.24

Girls U 15 - 100 Metre Sprint

Zone: Z 12.84 2004 L.Verlinden, DOON			
Zone: Z 12.84 2007 D.Goodin, BLACK			
Name	Age	Centre	Final
Section 1			
1 Abigail Thompson		Quakers Hill	14.40
2 Taya McLean		Blacktown	14.58
3 Zahara Mursal		Blacktown	14.89
4 Angel Tseros		Minchinbury	15.23
5 Jacinda Sale		Lethbridge Park	16.54
6 Clarissa Barono		Minchinbury	19.38

Girls U 17 - 100 Metre Sprint

Zone: Z 13.34 2009 K.Shannon, DOON			
Name	Age	Centre	Final
1 Bendere Oboya		Prospect	13.81
2 Gabriella Flestado		Doonside	14.65
3 Bianca Anderson		Blacktown	14.71
4 Rachel Dhu		Doonside	14.84
5 Taylor-ann Morrison		Quakers Hill	16.36

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Girls U 17 - 100 Metre Sprint**

6 Kaitlyn Morris Minchinbury 16.62

Girls U 7 - 200 Metre Sprint

Zone: Z 34.04 1985 B.Smith, BLACK

Name Age Centre Heats

Heat 1 Heats

1	Bella Hennen	Tallowong Park	40.62Q
2	Chole Jawad	Blacktown	41.23Q
3	Jessica Dhaliwal	Minchinbury	42.63Q
4	Summer Reynolds	Minchinbury	42.94q
5	Amalia White	Blacktown	46.06q
6	Lily Newman	Mt Druitt	49.14
7	Shay-Leigh Punter	Lethbridge Park	49.62

Heat 2 Heats

1	Amber Reverly	Tallowong Park	40.14Q
2	Shyla Cruise	Doonside	41.79Q
3	Teleah-Laura Hodge	Blacktown	44.81Q
4	Addison Shaw	Mt Druitt	47.42
5	Monique Langworthy	Quakers Hill	47.80
6	Katie Cole	Prospect	49.26

Girls U 7 - 200 Metre Sprint

Zone: Z 34.04 1985 B.Smith, BLACK

Name Age Centre Final

Section 1 Final

1	Amber Reverly	Tallowong Park	38.83
2	Bella Hennen	Tallowong Park	40.64
3	Chole Jawad	Blacktown	40.93
4	Jessica Dhaliwal	Minchinbury	42.06
5	Summer Reynolds	Minchinbury	42.64
--	Shyla Cruise	Doonside	DQ

Girls U 8 - 200 Metre Sprint

Zone: Z 32.24 1980 A.Cavanagh, BLACK

Name Age Centre Heats

Heat 1 Heats

1	Aleesha Martin	Doonside	37.06Q
2	Charlize Mahusay	Quakers Hill	37.88Q
3	Samurai Ifopo	Lethbridge Park	39.46Q
4	Aaliyah Kennedy	Doonside	40.33q
5	Pakhi Singh	Blacktown	42.27
6	Katie Allen	Quakers Hill	43.67
7	Nehal Kaushal	Minchinbury	46.48

Heat 2 Heats

1	Naomi Amadi	Prospect	38.49Q
2	Susannah Murray	Blacktown	39.28Q
3	Carly Dearth	Quakers Hill	39.75Q
4	Lara Hodges	Blacktown	40.99q
5	Inayat Randhawa	Blacktown	43.99
6	Peyton Bowden	Lethbridge Park	52.15
7	Catherine New	Quakers Hill	1:04.37

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 8 - 200 Metre Sprint**

Zone: Z 32.24 1980 A.Cavanagh, BLACK			
Name	Age	Centre	Final
Section 1 Final			
1 Aleesha Martin		Doonside	36.64
2 Charlize Mahusay		Quakers Hill	37.72
3 Samurai Ifopo		Lethbridge Park	39.01
4 Susannah Murray		Blacktown	39.70
5 Lara Hodges		Blacktown	39.90
6 Carly Dearth		Quakers Hill	41.01
7 Katie Allen		Quakers Hill	42.98

Girls U 9 - 200 Metre Sprint

Zone: Z 31.64 1981 A.Cavanagh, BLACK			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jameela Asad		Doonside	35.50Q
2 Nautica-Lee Martin		Doonside	36.67Q
3 Debbie Beale		Lethbridge Park	37.07Q
4 Achol Mow		Prospect	37.15q
5 Shay Bolt-Mitchell		Lethbridge Park	41.33q
6 Sophia Smith		Blacktown	41.68
7 Caitlyn Morrison		Quakers Hill	45.14
Heat 2 Heats			
1 Tia Matthews		Quakers Hill	33.40Q
2 Aleah Slater		Minchinbury	35.76Q
3 Taylor Bistow		Blacktown	40.71Q
4 Natasha Bow		Blacktown	41.78
5 Charlotte Latham		Quakers Hill	42.97
6 Kairi Pope		Prospect	43.61
7 Audrey Adamcewicz		Blacktown	45.32

Girls U 9 - 200 Metre Sprint

Zone: Z 31.64 1981 A.Cavanagh, BLACK			
Name	Age	Centre	Final
Section 1 Final			
1 Tia Matthews		Quakers Hill	34.38
2 Aleah Slater		Minchinbury	35.41
3 Jameela Asad		Doonside	35.58
4 Achol Mow		Prospect	37.72
5 Nautica-Lee Martin		Doonside	38.56
6 Debbie Beale		Lethbridge Park	38.70
7 Taylor Bistow		Blacktown	41.89
8 Shay Bolt-Mitchell		Lethbridge Park	43.35

Girls U 10 - 200 Metre Sprint

Zone: Z 29.84 1978 L.Hopkins, PEN			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Mia Friesendorff		Doonside	31.51Q
2 Chloe Riley		Tallawong Park	32.54Q
3 Esther Peter		Blacktown	34.44Q
4 Victoria Hart		Quakers Hill	38.56

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Girls U 10 - 200 Metre Sprint**

Heat 2 Heats

1	Emily Ferguson	Tallowong Park	34.17Q
2	Abbie Savic	Prospect	34.59Q
3	Alana Corbett	Minchinbury	36.61Q
4	Latoya Kennedy	Doonside	37.42q
5	Ava Pelaez	Blacktown	37.43q
6	Paige Morrison	Quakers Hill	43.08

Girls U 10 - 200 Metre Sprint

Zone: Z 29.84 1978 L.Hopkins, PEN

Name Age Centre Final

Section 1 Final

1	Chloe Riley	Tallowong Park	31.97
2	Abbie Savic	Prospect	33.65
3	Emily Ferguson	Tallowong Park	34.39
4	Esther Peter	Blacktown	34.58
5	Alana Corbett	Minchinbury	37.20
6	Ava Pelaez	Blacktown	37.90
7	Mia Friesendorff	Doonside	54.39

Girls U 11 - 200 Metre Sprint

Zone: Z 28.84 2001 R.Asonitis, MTDRU

Name Age Centre Heats

Heat 1 Heats

1	Aliya Jawad	Blacktown	29.52Q
2	Alai Lual	Prospect	31.53Q
3	Jali Nipps	Lethbridge Park	36.27Q
4	Caitlin Leys	Quakers Hill	41.45

Heat 2 Heats

1	Clara Nourdine	Doonside	Z 28.38Q
2	Alannah Martin	Doonside	30.98Q
2	Charli McCaffray	Quakers Hill	30.98Q
4	Dhiya Arun	Quakers Hill	33.34q
5	Harmony Millard	Minchinbury	35.63q
6	Sophie Odur	Prospect	37.22

Girls U 11 - 200 Metre Sprint

Zone: Z 28.84 2001 R.Asonitis, MTDRU

Name Age Centre Final

Section 1 Final

1	Clara Nourdine	Doonside	29.23
2	Aliya Jawad	Blacktown	29.68
3	Alannah Martin	Doonside	30.54
4	Charli McCaffray	Quakers Hill	31.43
5	Alai Lual	Prospect	31.58
6	Dhiya Arun	Quakers Hill	34.01
7	Jali Nipps	Lethbridge Park	36.28
8	Caitlin Leys	Quakers Hill	42.07

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS

11/12/2015 to 13/12/2015

Results

Girls U 12 - 200 Metre Sprint

Zone: Z 27.24 1976 T.Collins, BLACK			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Faith Tseros		Minchinbury	29.89Q
2 Sandra Lado		Blacktown	31.06Q
3 Dragana Aranbasic		Doonside	31.51Q
4 Auul Deng		Doonside	32.59q
Heat 2 Heats			
1 Jessica Laurance		Doonside	Z 27.17Q
2 Hayley Wright		Prospect	27.64Q
3 Taytana Ifopo		Lethbridge Park	30.71Q
4 Briley Campbell		Minchinbury	32.24q
5 Jane Madeni		Blacktown	35.05

Girls U 12 - 200 Metre Sprint

Zone: Z 27.24 1976 T.Collins, BLACK			
Name	Age	Centre	Final
Section 1 Final			
1 Jessica Laurance		Doonside	27.06Z
2 Hayley Wright		Prospect	27.41
3 Faith Tseros		Minchinbury	30.08
4 Taytana Ifopo		Lethbridge Park	30.17
5 Briley Campbell		Minchinbury	30.65
6 Auul Deng		Doonside	31.71
7 Sandra Lado		Blacktown	31.75
8 Dragana Aranbasic		Doonside	32.05

Girls U 13 - 200 Metre Sprint

Zone: Z 27.34 2003 R.Asonitis, MTDRU			
Zone: Z 27.34 2009 M.Grnovic, BLACK			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Gabrielle Bingham		Prospect	Z 27.30Q
2 Elisa Howie		Lethbridge Park	30.05Q
3 Zoe Morgan		Quakers Hill	32.16Q
4 Alana Serra		Quakers Hill	33.40q
5 Lily Fleming		Doonside	35.02
6 Tahlie Rotgans		Blacktown	39.39
Heat 2 Heats			
1 Caitlin Preston		Doonside	29.12Q
2 Amy Bridge		Blacktown	29.74Q
3 Alessia DeROSSI		Prospect	30.52Q
4 Abbey Zahra		Quakers Hill	31.44q

Girls U 13 - 200 Metre Sprint

Zone: Z 27.34 2003 R.Asonitis, MTDRU			
Zone: Z 27.34 2009 M.Grnovic, BLACK			
Name	Age	Centre	Final
Section 1 Final			
1 Gabrielle Bingham		Prospect	26.89Z
2 Caitlin Preston		Doonside	27.37
3 Alessia DeROSSI		Prospect	29.35

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS

11/12/2015 to 13/12/2015

Results

....Girls U 13 - 200 Metre Sprint

4 Amy Bridge	Blacktown	29.56
5 Elisa Howie	Lethbridge Park	29.82
6 Zoe Morgan	Quakers Hill	31.65

Girls U 14 - 200 Metre Sprint

=====			
Zone: Z 25.74		2003	L.Verlinden, DOON
Name	Age	Centre	Final
=====			
Section 1			
1 Ella Kumpulainen		Doonside	28.34
2 Taylar Cregan		Doonside	28.67
3 Sandiolla Amito		Tallawong Park	30.49
4 Charlotte Bettuci		Quakers Hill	30.59
5 Claudia Estrada		Prospect	30.71
6 Tania Shackleton		Minchinbury	31.09
7 Hope Camilleri		Minchinbury	31.63
8 Jordan Morrison		Quakers Hill	35.73

Girls U 15 - 200 Metre Sprint

=====			
Zone: Z 25.44		1995	R.Ryan, BLACK
Name	Age	Centre	Final
=====			
1 Abigail Thompson		Quakers Hill	29.12
2 Zahara Mursal		Blacktown	30.14
3 Angel Tseros		Minchinbury	33.30
4 Jacinda Sale		Lethbridge Park	35.68

Girls U 17 - 200 Metre Sprint

=====			
Zone: Z 27.21		14/12/2014	Deyana Trikaliotis, Blacktown
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Bendere Oboya		Prospect	Z 27.05Q
2 Daniela Ankrah		Quakers Hill	28.38Q
3 Tayla Adamson		Blacktown	30.53Q
4 Rachel Varley		Minchinbury	32.58q
5 Taylor-ann Morrison		Quakers Hill	34.75
Heat 2 Heats			
1 Deyana Trikaliotis		Blacktown	Z 26.73Q
2 Joy Tedeschi		Mt Druitt	29.63Q
3 Kaitlyn Hulley		Prospect	30.90Q
4 Kaitlyn Morris		Minchinbury	34.22q

Girls U 17 - 200 Metre Sprint

=====			
Zone: Z 27.21		14/12/2014	Deyana Trikaliotis, Blacktown
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Deyana Trikaliotis		Blacktown	26.57Z
2 Bendere Oboya		Prospect	26.62Z
3 Daniela Ankrah		Quakers Hill	27.67
4 Joy Tedeschi		Mt Druitt	29.69
5 Tayla Adamson		Blacktown	29.79

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 8 - 400 Metre Sprint**

Zone: Z 1:17.64 1980 A.Cavanagh, BLACK			
Name	Age	Centre	Final
Section 1			
1 Aleesha Martin		Doonside	1:27.78
2 Susannah Murray		Blacktown	1:32.76
3 D'Lyla Milford		Lethbridge Park	1:33.55
4 Aaliyah Kennedy		Doonside	1:35.58
5 Pakhi Singh		Blacktown	1:36.22
6 Carly Dearth		Quakers Hill	1:36.58
7 Katherina Alimo		Blacktown	1:44.27
8 Inayat Randhawa		Blacktown	1:46.49

Girls U 9 - 400 Metre Sprint

Zone: Z 1:11.34 1981 A.Cavanagh, BLACK			
Name	Age	Centre	Final
1 Tia Matthews		Quakers Hill	1:15.66
2 Jameela Asad		Doonside	1:22.13
3 Aleah Slater		Minchinbury	1:25.48
4 Nautica-Lee Martin		Doonside	1:28.41
5 Shay Bolt-Mitchell		Lethbridge Park	1:37.66
6 Sophia Smith		Blacktown	1:37.93
7 Natasha Bow		Blacktown	1:38.95

Girls U 10 - 400 Metre Sprint

Zone: Z 1:07.24 1982 S.Page, NEP			
Name	Age	Centre	Final
1 Esther Peter		Blacktown	1:16.31
2 Kamini Simonsen		Minchinbury	1:19.34
3 Chloe Riley		Tallawong Park	1:20.14
4 Abbie Savic		Prospect	1:23.64
5 Alana Corbett		Minchinbury	1:24.47
6 Kaitlyn Nash		Doonside	1:26.87
7 Victoria Hart		Quakers Hill	1:28.15
8 Losanie Jasenthuliyana		Blacktown	1:30.57
9 Shivaani Pillai		Blacktown	1:31.46
10 Billie Wild		Mt Druitt	1:42.07

Girls U 11 - 400 Metre Sprint

Zone: Z 1:03.34 2001 R.Asonitis, MTDRO			
Name	Age	Centre	Final
1 Aliya Jawad		Blacktown	1:10.09
2 Charli McCaffray		Quakers Hill	1:14.41
3 Mackenzie Doust		Doonside	1:18.08
4 Chelsea Dearth		Quakers Hill	1:19.98
5 Jaydah Murphy		Mt Druitt	1:22.55
6 Jali Nipps		Lethbridge Park	1:25.14
7 Kinuli Premnath		Blacktown	1:27.65
8 Anu Virk		Blacktown	1:36.15
9 Sienna Salama		Tallawong Park	1:43.19
10 Caitlin Leys		Quakers Hill	1:49.39

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 12 - 400 Metre Sprint**

Zone: Z 1:02.44 2002 R.Asonitis, MTDRU			
Name	Age	Centre	Final
1 Hayley Wright		Prospect	1:01.86Z
2 Taytana Ifopo		Lethbridge Park	1:11.37
3 Auul Deng		Doonside	1:12.07
4 Dragana Aranbasic		Doonside	1:12.93
5 Chenae Cruise		Doonside	1:24.68

Girls U 13 - 400 Metre Sprint

Zone: Z 58.64 2003 R.Asonitis, MTDRU			
Name	Age	Centre	Final
1 Caitlin Preston		Doonside	1:06.15
2 Alana Serra		Quakers Hill	1:18.43
3 Adut Akok		Minchinbury	1:19.49
4 Hannah Ligertwood		Blacktown	1:19.63

Girls U 14 - 400 Metre Sprint

Zone: Z 57.54 2004 R.Asonitis, MTDRU			
Name	Age	Centre	Final
1 Taylar Cregan		Doonside	1:06.54
2 Paris Staal		Doonside	1:11.17
3 Charlotte Bettuci		Quakers Hill	1:12.00
4 Livia Suric- Vuksinic		Blacktown	1:13.62
5 Sandiolla Amato		Tallawong Park	1:18.72
6 Tania Shackleton		Minchinbury	1:19.71
7 Jordan Morrison		Quakers Hill	1:30.11

Girls U 15 - 400 Metre Sprint

Zone: Z 1:03.34 25/01/2014 Catelin Vreeswyk, Doonside			
Name	Age	Centre	Final
1 Zahara Mursal		Blacktown	1:13.16
2 Abbey Street		Prospect	1:16.69

Girls U 17 - 400 Metre Sprint

Zone: Z 1:01.05 13/12/2014 Deyana Trikaliotis, Blackto			
Name	Age	Centre	Final
1 Deyana Trikaliotis		Blacktown	59.21Z
2 Bendere Oboya		Prospect	1:01.08
3 Hayley Armitage		Prospect	1:08.48
4 Tayla Adamson		Blacktown	1:09.87
5 Kaitlyn Hulley		Prospect	1:11.11
6 Sarah Branson		Prospect	1:11.99
7 Rachel Varley		Minchinbury	1:13.40
8 Rachel Dhu		Doonside	1:15.57

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 7 - 500 Metre Run Pack Start**

Zone: Z 1:52.20 2007 T.Campbell			
Name	Age	Centre	Final
1 Cheyanne Vaitusi		Quakers Hill	1:57.70
2 Chole Jawad		Blacktown	2:05.60
3 Shyla Cruise		Doonside	2:10.10
4 Bella Hennen		Tallawong Park	2:10.90
5 Amalia White		Blacktown	2:12.00
6 Alice Edenborough		Quakers Hill	2:14.80
7 Jessica Dhaliwal		Minchinbury	2:20.60
8 Gabriella Baker		Blacktown	2:26.20
9 Shay-Leigh Punter		Lethbridge Park	3:09.00

Girls U 8 - 700 Metre Run Pack Start

Zone: Z 2:31.50 2011 C.Preston, DOON			
Name	Age	Centre	Final
1 Montana Vaitusi		Quakers Hill	2:46.40
2 Aleesha Martin		Doonside	2:51.30
3 Lara Hodges		Blacktown	2:53.10
4 Carly Dearth		Quakers Hill	3:09.20
5 Pakhi Singh		Blacktown	3:14.10
6 Matilda Olson		Quakers Hill	3:19.70
7 Abbey Cook-Spalding		Quakers Hill	3:22.00
8 Dina Vuksinic		Blacktown	3:34.10
9 Katie Allen		Quakers Hill	3:39.80
10 Aaliyah Skoric		Doonside	3:50.00
-- Isabella Clement		Blacktown	DNF

Girls U 9 - 800 Metre Run

Zone: Z 2:41.00 1981 K.Power, EMUP			
Name	Age	Centre	Final
1 Tia Matthews		Quakers Hill	2:55.23
2 Nautica-Lee Martin		Doonside	3:12.83
3 Aleah Slater		Minchinbury	3:13.97
4 Sophie Stancic		Prospect	3:15.85
5 Shay Bolt-Mitchell		Lethbridge Park	3:32.44
6 Ariana Wibberley		Blacktown	3:34.15
7 Sophia Smith		Blacktown	3:35.24
8 Charlotte Latham		Quakers Hill	3:51.17
9 Jayda Hennen		Tallawong Park	4:16.45

Girls U 10 - 800 Metre Run

Zone: Z 2:34.50 1979 M.Hartley, GIRR			
Name	Age	Centre	Final
1 Kamini Simonsen		Minchinbury	2:56.05
2 Alana Corbett		Minchinbury	3:08.40
3 Esther Peter		Blacktown	3:09.57
4 Anna Logali		Blacktown	3:09.89
5 Madeleine Tabone		Tallawong Park	3:12.17
6 Kaitlyn Nash		Doonside	3:16.48
7 Victoria Hart		Quakers Hill	3:20.60
8 Losanie Jasenthuliyana		Blacktown	3:21.20
9 Aweit Majak		Prospect	3:28.21

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Girls U 10 - 800 Metre Run**

10	Latoya Kennedy	Doonside	3:32.46
11	Rhea Khasa	Blacktown	3:37.08
12	Makayla Hennen	Tallawong Park	3:37.29

Girls U 11 - 800 Metre Run

=====			
Zone: Z 2:31.90		1980	M.Morris, BLACK
Name	Age	Centre	Final
=====			
1	Tehya Cook-Spalding	Quakers Hill	3:04.12
2	Chelsea Dearth	Quakers Hill	3:12.97
3	Ashley Rotgans	Blacktown	3:36.44
4	Jali Nipps	Lethbridge Park	3:48.07

Girls U 12 - 800 Metre Run

=====			
Zone: Z 2:27.10		2002	R.Asonitis, MTDRU
Name	Age	Centre	Final
=====			
1	Alexandra Wicks	Quakers Hill	2:50.89
2	Cassandra King	Doonside	3:00.31
3	Chenae Cruise	Doonside	3:01.27
4	Cara Durham	Blacktown	3:03.15
5	Krishna Cereno	Mt Druitt	3:20.37
6	Jane Madeni	Blacktown	3:34.10
7	Jasmine Saraceno	Blacktown	3:44.40

Girls U 13 - 800 Metre Run

=====			
Zone: Z 2:25.30		1992	B.Konopka, DOON
Name	Age	Centre	Final
=====			
1	Brooke Martin	Doonside	3:03.86
2	Crystal D'Cunha	Blacktown	3:06.03
3	Jessie Stancic	Prospect	3:09.09
4	Hayley Ditton	Tallawong Park	3:15.54
5	Jemma Bonnell	Blacktown	3:24.73
6	Christine Beale	Lethbridge Park	3:27.30
7	Sarah Johns	Doonside	3:28.53

Girls U 14 - 800 Metre Run

=====			
Zone: Z 2:25.30		2000	C.Harrison, BLACK
Name	Age	Centre	Final
=====			
1	Taylor Cregan	Doonside	2:43.88
2	Paris Staal	Doonside	2:48.88
3	Olivia Beeston	Prospect	2:52.40
4	Sarah Lewis	Doonside	2:54.91
5	Charlotte Bettuci	Quakers Hill	2:56.16
6	Sylvia Charles	Mt Druitt	3:06.82

Girls U 17 - 800 Metre Run

=====			
Zone: Z 2:40.40		5/02/2012	N.Adamson, BLA
Name	Age	Centre	Final
=====			
1	Joy Tedeschi	Mt Druitt	2:44.35
2	Hayley Armitage	Prospect	2:47.72

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****...Girls U 17 - 800 Metre Run**

3 Sarah Branson	Prospect	2:52.57
4 Olivia Adamewiciz	Blacktown	3:17.95
5 Abigail McNamara	Mt Druitt	3:23.52
6 Claire McKinley	Blacktown	3:24.92

Girls U 10 - 1500 Metre Run

=====			
	Zone: Z 5:09.00	1979	G.Hartley, GIRR
Name	Age	Centre	Final
=====			
1 Victoria Hart		Quakers Hill	6:48.42
2 Madeleine Tabone		Tallawong Park	6:51.35
3 Hayley Bourke		Quakers Hill	7:00.51
4 Losanie Jasenthuliyana		Blacktown	7:13.10
5 Shivaani Pillai		Blacktown	7:20.98
6 Rhea Khasa		Blacktown	7:21.95
7 Amayah Burns		Doonside	7:26.18

Girls U 11 - 1500 Metre Run

=====			
	Zone: Z 5:12.80	1979	J.Coyen, BLACK
Name	Age	Centre	Final
=====			
1 Tehya Cook-Spalding		Quakers Hill	6:02.79
2 Chelsea Dearth		Quakers Hill	6:20.76
3 Jaydah Murphy		Mt Druitt	6:57.82
4 Alyse-May McCutcheon		Mt Druitt	7:30.49

Girls U 12 - 1500 Metre Run

=====			
	Zone: Z 5:03.20	1982	C.Smith, NEP
Name	Age	Centre	Final
=====			
1 Alexandra Wicks		Quakers Hill	5:56.22
2 Chenae Cruise		Doonside	6:06.66
3 Cassandra King		Doonside	6:12.32
4 Krishna Cereno		Mt Druitt	6:43.40
5 Jasmine Saraceno		Blacktown	7:15.43
6 Emilee Hicks		Lethbridge Park	8:00.00

Girls U 13 - 1500 Metre Run

=====			
	Zone: Z 4:50.80	1983	C.Smith, NEP
Name	Age	Centre	Final
=====			
1 Brooke Martin		Doonside	6:21.60
2 Crystal D'Cunha		Blacktown	6:30.13
3 Rachel Palmer		Mt Druitt	6:31.59
4 Jessie Stancic		Prospect	6:35.30
5 Christine Beale		Lethbridge Park	6:45.75
6 Hannah Branson		Prospect	6:47.72
7 Adut Akok		Minchinbury	7:05.12
8 Maddison Latham		Quakers Hill	7:05.37
9 Sarah Johns		Doonside	7:19.41
10 Hayley Ditton		Tallawong Park	7:46.12
11 Kaitlyn Findlay		Tallawong Park	7:55.12

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 14 - 1500 Metre Run**

Zone: Z 5:02.50 1989 K.Ward, GIRR			
Name	Age	Centre	Final
1 Olivia Beeston		Prospect	6:07.49
2 Livia Suric- Vuksinic		Blacktown	6:44.25
3 Zali Adamcewicz		Blacktown	6:53.41
4 Sarah Lewis		Doonside	7:15.31

Girls U 17 - 1500 Metre Run

Zone: Z 5:31.50 25/01/2014 Jasmine Dighton, Lethbridge			
Name	Age	Centre	Final
1 Sarah Branson		Prospect	5:54.44
2 Olivia Adamewiciz		Blacktown	6:55.92
3 Abigail McNamara		Mt Druitt	7:05.42
4 Samantha Wild		Mt Druitt	7:11.50
5 Claire McKinley		Blacktown	7:29.97

Girls U 13 - 3000 Metre Run

Zone: Z 11:18.40 3/02/2012 C.Vreeswyk, DOO			
Name	Age	Centre	Final
1 Holly McIntyre		Quakers Hill	14:01.12
2 Zoe Elliott		Quakers Hill	14:20.67
3 Jessie Stancic		Prospect	14:38.63
4 Rachel Palmer		Mt Druitt	15:11.75
5 Sarah Johns		Doonside	15:29.04
6 Hannah Ligertwood		Blacktown	15:55.29
7 Molly Auld		Doonside	18:56.56

Girls U 14 - 3000 Metre Run

Zone: Z 11:40.70 2001 C.Jones, MTDRU			
Name	Age	Centre	Final
1 Sarah Lewis		Doonside	17:12.52

Girls U 17 - 3000 Metre Run

Zone: Z 11:29.90 24/01/2014 Jasmine Dighton, Lethbridg			
Name	Age	Centre	Final
1 Joy Tedeschi		Mt Druitt	13:30.06
2 Sarah Branson		Prospect	14:31.73

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.54 2007 T.Campbell, DOON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Charlize Mahusay		Quakers Hill	13.59Q
2 Abbey Cook-Spalding		Quakers Hill	14.38Q
3 Dina Vuksinic		Blacktown	15.30Q
4 Salote Wolfgramm		Blacktown	15.85
5 Kaitlin Clarke		Blacktown	18.58
6 Peyton Bowden		Lethbridge Park	21.91

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Girls U 8 - 60 Metre Hurdles (45cm)**

Heat 2 Heats

1	Montana Vaitusi	Quakers Hill	12.97Q
2	Aleesha Martin	Doonside	13.23Q
3	Tahira Armeda	Quakers Hill	13.36Q
4	Samurai Ifopo	Lethbridge Park	13.72q
5	Hannah Fleming	Doonside	15.40q
6	Inayat Randhawa	Blacktown	17.48
7	Aaliyah Skoric	Doonside	17.74

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.54 2007 T.Campbell, DOON

Name Age Centre Final

Section 1 Final

1	Montana Vaitusi	Quakers Hill	12.74
2	Charlize Mahusay	Quakers Hill	12.97
3	Tahira Armeda	Quakers Hill	13.47
4	Samurai Ifopo	Lethbridge Park	13.53
5	Abbey Cook-Spalding	Quakers Hill	13.59
6	Aleesha Martin	Doonside	13.85
7	Hannah Fleming	Doonside	14.03
8	Dina Vuksinic	Blacktown	15.48

Girls U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.74 2005 S.Taumaialo, LPARK

Name Age Centre Heats

Heat 1 Heats

1	Debbie Beale	Lethbridge Park	12.84Q
2	Davita Ankrah	Quakers Hill	12.97Q
3	Shay Bolt-Mitchell	Lethbridge Park	14.11q
4	Ella Fleming	Doonside	14.43
5	Achol Mow	Prospect	15.02

Heat 2 Heats

1	Elizabeth Sale	Lethbridge Park	13.98Q
2	Memphis-Cass Ifopo	Lethbridge Park	14.08Q
3	Brooke Shields	Minchinbury	14.20
4	Keeley Phelan	Minchinbury	14.31
5	Agampreet Kaur	Quakers Hill	15.92

Heat 3 Heats

1	Ariana Wibberley	Blacktown	13.59Q
2	Jessica Thompson	Tallawong Park	14.02Q
3	Sophie Saraceno	Blacktown	14.19q
4	Jenevieve Adeti	Blacktown	15.13
5	Jayda Hennen	Tallawong Park	15.47

Girls U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.74 2005 S.Taumaialo, LPARK

Name Age Centre Final

Section 1 Final

1	Debbie Beale	Lethbridge Park	12.30
2	Davita Ankrah	Quakers Hill	12.32
3	Ariana Wibberley	Blacktown	12.88
4	Elizabeth Sale	Lethbridge Park	13.43
5	Brooke Shields	Minchinbury	13.49

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Girls U 9 - 60 Metre Hurdles (45cm)**

6 Memphis-Cass Ifopo	Lethbridge Park	13.78
7 Jessica Thompson	Tallawong Park	14.02
8 Sophie Saraceno	Blacktown	14.21

Girls U 10 - 60 Metre Hurdles (60cm)

=====			
	Zone: Z 10.74	2006	S.Taumaialo, LPARK
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Raphaela Idris		Blacktown	11.98Q
2 Kamini Simonsen		Minchinbury	12.91Q
3 Chloe Riley		Tallawong Park	12.94Q
4 Ava Pelaez		Blacktown	13.60q
5 Kaitlyn Nash		Doonside	13.95q
6 Amelia Duck		Quakers Hill	14.60
7 Lexie Auld		Doonside	16.62
Heat 2 Heats			
1 Naomi Justin		Blacktown	12.91Q
2 Tamia Fonua		Minchinbury	12.96Q
3 Alana Corbett		Minchinbury	14.31Q
4 Alexis Scicluna		Quakers Hill	14.61
5 Makayla Hennen		Tallawong Park	14.71

Girls U 10 - 60 Metre Hurdles (60cm)

=====			
	Zone: Z 10.74	2006	S.Taumaialo, LPARK
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Raphaela Idris		Blacktown	11.75
2 Chloe Riley		Tallawong Park	12.46
3 Naomi Justin		Blacktown	12.61
4 Tamia Fonua		Minchinbury	12.63
5 Kamini Simonsen		Minchinbury	12.85
6 Kaitlyn Nash		Doonside	13.80
7 Ava Pelaez		Blacktown	13.82
8 Alana Corbett		Minchinbury	14.27

Girls U 11 - 60 Metre Hurdles (60cm)

=====			
	Zone: Z 10.24	2011	T.Campbell, DOON
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Alai Lual		Prospect	12.02Q
2 Kayla Gwilliam		Prospect	12.52Q
3 Alyse-May McCutcheon		Mt Druitt	13.22Q
4 Afreen Randhawa		Blacktown	15.73q
Heat 2 Heats			
1 Elizabeth Amadi		Quakers Hill	11.17Q
2 Mackenzie Doust		Doonside	11.29Q
3 Hannah Whitebread		Blacktown	13.30Q
4 Emily Rea		Mt Druitt	13.88q
5 Caitlin Leys		Quakers Hill	16.37

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 11 - 60 Metre Hurdles (60cm)**

Zone: Z 10.24 2011 T.Campbell, DOON			
Name	Age	Centre	Final
Section 1 Final			
1 Elizabeth Amadi		Quakers Hill	10.89
2 Mackenzie Doust		Doonside	11.23
3 Alai Lual		Prospect	12.02
4 Kayla Gwilliam		Prospect	12.39
5 Alyse-May McCutcheon		Mt Druitt	12.60
6 Hannah Whitebread		Blacktown	12.99
7 Emily Rea		Mt Druitt	13.90

Girls U 12 - 60 Metre Hurdles (68cm)

Zone: Z 10.14 2012 T.Campbell, DOO			
Name	Age	Centre	Final
Section 1			
1 Taytana Ifopo		Lethbridge Park	11.89
2 Chenae Cruise		Doonside	12.14
3 Amber Steward		Doonside	12.59
4 Jane Madeni		Blacktown	13.12
5 Emilee Hicks		Lethbridge Park	13.26
6 Tyler Kitto		Quakers Hill	14.76

Girls U 13 - 80 Metre Hurdles (76cm)

Zone: Z 13.74 2003 C.Berry, BLACK			
Name	Age	Centre	Final
1 Caitlin Preston		Doonside	14.41
2 Talia Ma'u		Doonside	14.76
3 Kaitlyn Findlay		Tallawong Park	18.84
4 Tamii Taylor		Lethbridge Park	18.85
5 Hayley Ditton		Tallawong Park	20.98
6 Hannah McDonald		Minchinbury	21.55

Girls U 14 - 80 Metre Hurdles (76cm)

Zone: Z 13.84 2010 B.Kirk, DOON			
Name	Age	Centre	Final
1 Paris Staal		Doonside	15.85
2 Zali Adamcewicz		Blacktown	16.57
3 Sandiolla Amato		Tallawong Park	17.46
4 Chloe Schwarz		Minchinbury	17.99
5 Kaila Anderson		Blacktown	18.42

Girls U 15 - 90 Metre Hurdles (76cm)

Zone: Z 13.96 14/12/2014 Tara Campbell, Doonside			
Name	Age	Centre	Final
1 Abigail Thompson		Quakers Hill	17.42
2 Taya McLean		Blacktown	18.41

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 17 - 100 Metre Hurdles (76cm)**

Zone: Z 15.84 5/02/2012 B.Kirk, DOO			
Name	Age	Centre	Final
1 Daniela Ankrah		Quakers Hill	18.08
2 Joy Tedeschi		Mt Druitt	18.08
3 Kaitlyn Hulley		Prospect	20.35
4 Rachel Varley		Minchinbury	20.45
5 Taylor-ann Morrison		Quakers Hill	21.47

Girls U 13 - 200 Metre Hurdles (68cm)

Zone: Z 30.54 1999 K.Paull, BLACK			
Name	Age	Centre	Final
1 Caitlin Preston		Doonside	30.07Z
2 Gabrielle Bingham		Prospect	30.64
3 Talia Ma'u		Doonside	31.53
4 Kaitlyn Findlay		Tallawong Park	36.73
5 Zoe Morgan		Quakers Hill	37.11
6 Lily Fleming		Doonside	37.46
7 Hayley Ditton		Tallawong Park	40.49

Girls U 14 - 200 Metre Hurdles (76cm)

Zone: Z 30.44 2010 B.Kirk, DOON			
Name	Age	Centre	Final
1 Paris Staal		Doonside	34.39
2 Claudia Estrada		Prospect	35.46
3 Sandiolla Amito		Tallawong Park	36.40
4 Chloe Schwarz		Minchinbury	39.89

Girls U 15 - 200 Metre Hurdles (76cm)

Zone: Z 29.94 2005 C.Berry, BLACK			
Name	Age	Centre	Final
1 Abigail Thompson		Quakers Hill	32.22
2 Taya McLean		Blacktown	33.70

Girls U 17 - 200 Metre Hurdles (76cm)

Zone: Z 31.14 4/02/2012 B.Kirk, DOO			
Name	Age	Centre	Final
1 Bendere Oboya		Prospect	30.68Z
2 Joy Tedeschi		Mt Druitt	31.81
3 Kaitlyn Hulley		Prospect	35.39
4 Rachel Varley		Minchinbury	35.90

Girls U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 59.44 2001 Blacktown, BLACK			Final
Centre			
1 Blacktown			1:01.11
2 Prospect			1:01.78
3 Doonside			1:02.58
4 Quakers Hill			1:05.54

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Girls U 9-12 4x100 Metre Relay (Jnr)**

5 Minchinbury	1:10.78
6 Tallawong Park	1:11.15
7 Lethbridge Park	1:11.37

Girls U 12-17 4x100 Metre Relay (Snr)

=====			
Zone: Z	54.44	2010	Blacktown, BLACK
Zone: Z	54.44		
Centre			Final
=====			
1 Prospect	54.59		
2 Doonside	57.00		
3 Blacktown	58.28		
4 Quakers Hill	59.11		
5 Minchinbury	59.63		
6 Mt Druitt	1:00.49		
7 Tallawong Park	1:01.05		
8 Lethbridge Park	1:02.14		

Girls U 9 - High Jump (S/H 0.80m)

=====			
Zone: Z	1.19m	1976	R.Burton, NEP
Name	Age	Centre	Final
=====			
Flight 1			
1 Keeley Phelan		Minchinbury	0.80m

Girls U 10 - High Jump (S/H 0.90m)

=====			
Zone: Z	1.40m	2008	K.Shaw, DOON
Name	Age	Centre	Final
=====			
1 Naomi Justin		Blacktown	1.16m
2 Tamia Fonua		Minchinbury	1.14m
3 Kamini Simonsen		Minchinbury	1.12m
4 Kaitlyn Nash		Doonside	1.10m
5 Raphaela Idris		Blacktown	1.02m
6 Anna Logali		Blacktown	1.02m
7 Aweit Majak		Prospect	0.95m
8 Hannah Lewis		Doonside	0.95m
8 Billie Wild		Mt Druitt	0.95m

Girls U 11 - High Jump (S/H 1.00m)

=====			
Zone: Z	1.42m	2009	K.Shaw, DOON
Name	Age	Centre	Final
=====			
1 Elizabeth Amadi		Quakers Hill	1.28m
2 Mackenzie Doust		Doonside	1.26m
3 Alai Lual		Prospect	1.12m
4 Abby Kitto		Quakers Hill	1.05m
-- Nimo Vaitusi		Quakers Hill	NH
-- Anu Virk		Blacktown	NH

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 12 - High Jump (S/H 1.10m)**

Zone: Z 1.53m 1995 J.Fisher, GIRR			
Name	Age	Centre	Final
1 Cassandra King		Doonside	1.20m
2 Tyler Kitto		Quakers Hill	1.15m
-- Monique De Hoedt		Tallawong Park	NH

Girls U 13 - High Jump (S/H 1.15m)

Zone: Z 1.55m 2004 S.Langridge, BLACK			
Zone: Z 1.55m 13/12/2014 J.Airhumwunde, Mt.Druitt			
Name	Age	Centre	Final
1 Jemma Bonnell		Blacktown	1.37m
2 Amy Bridge		Blacktown	1.29m
3 Chloe Kennedy		Quakers Hill	1.27m
4 Holly McIntyre		Quakers Hill	1.25m
5 Hannah Ligertwood		Blacktown	1.20m
6 Hayley Ditton		Tallawong Park	1.15m
-- Adut Akok		Minchinbury	NH
-- Zoe Elliott		Quakers Hill	NH
-- Zoe Morgan		Quakers Hill	NH

Girls U 14 - High Jump (S/H 1.20m)

Zone: Z 1.60m 1997 J.Fisher, DIRR			
Name	Age	Centre	Final
1 Zali Adamcewicz		Blacktown	1.40m
2 Chloe Thorley		Doonside	1.40m
3 Kaila Anderson		Blacktown	1.25m
4 Sandiolla Amato		Tallawong Park	1.25m
-- Sarah Lewis		Doonside	NH

Girls U 17 - High Jump (S/H 1.25m)

Zone: Z 1.53m 5/02/2013 J.Marsh, BLA			
Name	Age	Centre	Final
1 Bendere Oboya		Prospect	1.39m
2 Alyssa Philip		Prospect	1.35m
3 Kaitlyn Hulley		Prospect	1.30m
4 Claire McKinley		Blacktown	1.25m
-- Elizabeth Harrigan		Doonside	NH

Girls U 7 - Long Jump

Zone: Z 3.34m 1985 B.Smith, BLACK			
Name	Age	Centre	Final
1 Alice Edenborough		Quakers Hill	2.73m
2 Isalyah Seiuli		Mt Druitt	2.53m
3 Annabelle Furrugia		Quakers Hill	2.25m
4 Jessica Dhaliwal		Minchinbury	2.18m
5 Amalia White		Blacktown	2.17m
6 Summer Masterson		Mt Druitt	2.15m
7 Bella Hennen		Tallawong Park	2.05m
8 Sarah Sale		Lethbridge Park	2.02m
9 Lily Newman		Mt Druitt	1.61m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Girls U 7 - Long Jump**

10 Teleah-Laura Hodge	Blacktown	1.53m
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Girls U 8 - Long Jump

Zone: Z 3.79m 1986 B.Smith, BLACK

Name	Age Centre	Final
1 Awein Lual	Prospect	3.29m
2 Naomi Amadi	Prospect	2.86m
3 Tahira Armeda	Quakers Hill	2.59m
4 Charlize Mahusay	Quakers Hill	2.55m
5 Susannah Murray	Blacktown	2.40m
6 Salote Wolfgramm	Blacktown	2.38m
7 Katie Allen	Quakers Hill	2.36m
8 Matilda Olson	Quakers Hill	2.22m
9 Ayesah Parker	Tallawong Park	2.21m
10 Katherina Alimo	Blacktown	2.10m
11 Aywen Majak	Prospect	1.99m
12 Inayat Randhawa	Blacktown	1.71m

Girls U 9 - Long Jump

Zone: Z 3.83m 1985 M.Graham, DOON

Name	Age Centre	Final
1 Sophie Stancic	Prospect	3.15m
2 Audrey Adamcewicz	Blacktown	2.84m
3 Achol Mow	Prospect	2.76m
4 Charlotte Latham	Quakers Hill	2.61m
5 Elizabeth Sale	Lethbridge Park	2.49m
6 Debbie Beale	Lethbridge Park	2.48m
7 Aliya Armeda	Quakers Hill	2.42m
8 Taylor Bistow	Blacktown	2.29m
9 Caitlyn Morrison	Quakers Hill	2.05m
10 Kairi Pope	Prospect	1.99m
11 Sophie Saraceno	Blacktown	1.96m
12 Brianna Faorlin	Prospect	1.47m

Girls U 10 - Long Jump

Zone: Z 4.29m 2002 F.Kelemete, MTDRU

Name	Age Centre	Final
1 Mia Friesendorff	Doonside	3.76m
2 Raphaila Idris	Blacktown	3.70m
3 Naomi Justin	Blacktown	3.24m
4 Emily Ferguson	Tallawong Park	3.23m
5 Madeleine Tabone	Tallawong Park	2.96m
6 Madison Leroy-Wye	Blacktown	2.91m
7 Catherine Schofield	Blacktown	2.90m
8 Chloe Bingham	Prospect	2.83m
9 Amelia Duck	Quakers Hill	2.50m
10 Eve Vaitusi	Quakers Hill	2.44m
11 Paige Morrison	Quakers Hill	2.42m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 11 - Long Jump**

Zone: Z 4.74m 1975 T.Collins, BLACK			
Name	Age	Centre	Final
1 Clara Nourdine		Doonside	4.77mZ
2 Alannah Martin		Doonside	4.29m
3 Charli McCaffray		Quakers Hill	3.50m
4 Hannah Whitebread		Blacktown	3.39m
5 Tehya Cook-Spalding		Quakers Hill	3.29m
6 Amy Watson		Tallawong Park	3.11m
7 Emily Rea		Mt Druitt	3.08m
8 Dhiya Arun		Quakers Hill	3.03m
9 Sophie Odur		Prospect	2.93m
10 Harmony Millard		Minchinbury	2.91m
11 Arshroop Kaur		Quakers Hill	2.48m
12 Mariah Boersma		Blacktown	2.45m
13 Anastasia Holbourn		Prospect	2.24m
14 Cherish Tseros		Minchinbury	2.21m

Girls U 12 - Long Jump

Zone: Z 4.85m 2004 F.Asiata, DOON			
Name	Age	Centre	Final
1 Jessica Laurance		Doonside	4.93mZ
2 Hayley Wright		Prospect	4.48m
3 Alexandra Wicks		Quakers Hill	3.74m
4 Cara Durham		Blacktown	3.60m
5 Faith Tseros		Minchinbury	3.57m
6 Kyanna Lokeni		Blacktown	3.48m
7 Emilee Hicks		Lethbridge Park	3.26m
8 Briley Campbell		Minchinbury	2.75m
9 Monique De Hoedt		Tallawong Park	2.46m
10 Emily Thorley		Doonside	2.35m
11 Dilpreet Kaur		Quakers Hill	2.32m
12 Rusham Thind		Quakers Hill	2.22m
13 Crystal Shields		Minchinbury	2.16m

Girls U 13 - Long Jump

Zone: Z 5.08m 2009 J.Kilititi, DOON			
Name	Age	Centre	Final
1 Gabrielle Bingham		Prospect	4.67m
2 Alessia DeROSSI		Prospect	4.18m
3 Amy Bridge		Blacktown	4.10m
4 Emma Campbell		Doonside	3.98m
5 Elisa Howie		Lethbridge Park	3.96m
6 Alana Serra		Quakers Hill	3.60m
7 Hannah Ligertwood		Blacktown	3.44m
8 Candice Allen		Doonside	3.38m
9 Chloe Kennedy		Quakers Hill	3.16m
10 Zoe Elliott		Quakers Hill	3.14m
11 Jacinta Rotunno		Tallawong Park	3.10m
12 Adut Akok		Minchinbury	3.06m
13 Jemma Bonnell		Blacktown	3.03m
14 Deena Poulos		Quakers Hill	3.02m
15 Abbey Zahra		Quakers Hill	3.01m
16 Zoe Morgan		Quakers Hill	2.99m
17 Hannah McDonald		Minchinbury	2.88m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Girls U 13 - Long Jump**

18 Maddison Latham	Quakers Hill	2.60m
19 Tahlie Rotgans	Blacktown	2.27m
20 Molly Auld	Doonside	2.13m

Girls U 14 - Long Jump

Zone: Z 5.20m 2009		D.Defoe, MTDRU	
Name	Age Centre		Final
1 Ella Kumpulainen	Doonside		4.50m
2 Taylar Cregan	Doonside		4.24m
3 Zali Adamcewicz	Blacktown		4.23m
4 Nevine Idris	Blacktown		4.16m
5 Paris Staal	Doonside		4.06m
6 Hope Camilleri	Minchinbury		4.04m
7 Chloe Schwarz	Minchinbury		3.84m
8 Rhallize Verisa Cereno	Mt Druitt		3.81m
9 Charlotte Bettuci	Quakers Hill		3.43m
10 Jordan Morrison	Quakers Hill		3.03m

Girls U 15 - Long Jump

Zone: Z 5.14m 2010		D.Defoe, MTDRU	
Name	Age Centre		Final
1 Abigail Thompson	Quakers Hill		4.60m
2 Zahara Mursal	Blacktown		4.10m
3 Angel Tseros	Minchinbury		3.75m
4 Clarissa Barono	Minchinbury		3.07m
5 Jacinda Sale	Lethbridge Park		2.84m

Girls U 17 - Long Jump

Zone: Z 5.23m 5/02/2012		B.Kirk, DOO	
Name	Age Centre		Final
1 Deyana Trikaliotis	Blacktown		5.07m
2 Bendere Oboya	Prospect		4.50m
3 Olivia Rotunno	Tallawong Park		4.41m
4 Alyssa Philip	Prospect		4.30m
5 Hayley Armitage	Prospect		4.11m
6 Claire McKinley	Blacktown		3.63m
7 Taylor-ann Morrison	Quakers Hill		3.61m
8 Tamara Savage	Blacktown		3.59m
9 Rachel Varley	Minchinbury		3.50m
10 Abigail McNamara	Mt Druitt		2.91m

Girls U 11 - Triple Jump

Zone: Z 9.71m 2003		F.Asiata, DOON	
Name	Age Centre		Final
1 Clara Nourdine	Doonside		10.47mZ
2 Alannah Martin	Doonside		8.90m
3 Hannah Whitebread	Blacktown		8.20m
4 Mackenzie Doust	Doonside		8.09m
5 Kayla Gwilliam	Prospect		7.06m
6 Nimo Vaitusi	Quakers Hill		6.78m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 12 - Triple Jump**

Zone: Z 10.62m 2004 F.Asyata, DOON			
Name	Age	Centre	Final
1 Jessica Laurance		Doonside	10.07m
2 Hayley Wright		Prospect	9.51m
3 Cara Durham		Blacktown	8.10m
4 Krishna Cereno		Mt Druitt	7.97m
5 Kyanna Lokeni		Blacktown	7.72m
6 Cassandra King		Doonside	7.42m
7 Tyler Kitto		Quakers Hill	7.40m
8 Emilee Hicks		Lethbridge Park	6.93m
9 Rachel Thorley		Doonside	6.23m

Girls U 13 - Triple Jump

Zone: Z 10.85m 2009 J.Kilititi, DOON			
Name	Age	Centre	Final
1 Gabrielle Bingham		Prospect	9.72m
2 Emma Campbell		Doonside	8.59m
3 Amy Bridge		Blacktown	8.30m
4 Kaitlyn Findlay		Tallawong Park	8.05m
5 Candice Allen		Doonside	7.93m
6 Jacinta Rotunno		Tallawong Park	7.86m
7 Hannah McDonald		Minchinbury	7.61m
8 Deena Poulos		Quakers Hill	7.56m
9 Maddison Latham		Quakers Hill	6.96m
10 Hayley Ditton		Tallawong Park	5.85m
11 Lily Fleming		Doonside	5.16m

Girls U 14 - Triple Jump

Zone: Z 10.94m 1996 E.O'Neill, GIRR			
Name	Age	Centre	Final
1 Nevine Idris		Blacktown	9.51m
2 Taylar Cregan		Doonside	8.84m
3 Paris Staal		Doonside	8.81m
4 Ella Kumpulainen		Doonside	8.80m
5 Chloe Thorley		Doonside	8.71m
6 Rhallize Verisa Cereno		Mt Druitt	8.50m
7 Olivia Beeston		Prospect	8.47m
8 Hope Camilleri		Minchinbury	8.40m
9 Chloe Schwarz		Minchinbury	8.33m

Girls U 15 - Triple Jump

Zone: Z 11.45m 2010 D.Defoe, MTDRU			
Name	Age	Centre	Final
1 Taya McLean		Blacktown	9.49m
2 Abigail Thompson		Quakers Hill	9.15m
3 Abbey Street		Prospect	8.07m
4 Clarissa Barono		Minchinbury	6.85m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 17 - Triple Jump**

Zone: Z 10.69m 4/02/2012 B.Kirk, DOO

Zone: Z 10.69m , DOO

Name	Age Centre	Final
1 Deyana Trikaliotis	Blacktown	11.25mZ
2 Alyssa Philip	Prospect	9.79m
3 Hayley Armitage	Prospect	9.52m
4 Joy Tedeschi	Mt Druitt	9.46m
5 Tamara Savage	Blacktown	7.72m

Girls U 7 - Shot Put (1.0 Kg)

Zone: Z 6.25m 1994 T.Bird, MTDRU

Name	Age Centre	Final
1 Addison Shaw	Mt Druitt	3.82m
2 Kaiah Wong	Minchinbury	3.66m
3 Monique Langworthy	Quakers Hill	3.62m
4 Chloe Attard	Blacktown	3.15m
5 Isalyah Seiuli	Mt Druitt	3.03m
6 Samiya Kumar	Tallawong Park	2.91m
7 Sehaj Bassan	Blacktown	2.79m
8 Amalia White	Blacktown	2.73m
9 Kaaviya Soma Sundaram	Quakers Hill	2.62m
10 Sarah Sale	Lethbridge Park	2.45m
11 Hannah Van Reyk	Blacktown	2.41m
12 Arleen Chaggar	Blacktown	2.28m
13 Lily Fleeting	Quakers Hill	2.07m

Girls U 8 - Shot Put (1.5 Kg)

Zone: Z 6.93m 2008 J.Moeroa, LPARK

Name	Age Centre	Final
1 Salote Wolfgramm	Blacktown	4.58m
2 D'Lyla Milford	Lethbridge Park	4.48m
3 Matilda Olson	Quakers Hill	3.76m
4 Lara Hodges	Blacktown	3.55m
5 Taya Zammit	Blacktown	3.32m
6 Hannah Fleming	Doonside	3.09m
7 Kaitlin Clarke	Blacktown	3.06m
8 Ayesah Parker	Tallawong Park	2.65m
9 Katie Allen	Quakers Hill	2.18m
10 Catherine New	Quakers Hill	2.18m
11 Aaliyah Skoric	Doonside	1.98m

Girls U 9 - Shot Put (2.0 Kg)

Zone: Z 7.81m 2010 S.Saua, DOON

Name	Age Centre	Final
1 Tahlia Scicluna	Quakers Hill	6.21m
2 Ella Fleming	Doonside	4.54m
3 Jenevieve Adeti	Blacktown	4.35m
4 Brianna Faorlin	Prospect	3.31m
5 Agampreet Kaur	Quakers Hill	3.25m
6 Aleah Slater	Minchinbury	3.04m
7 Taylor Bistow	Blacktown	3.04m
8 Caitlyn Morrison	Quakers Hill	2.81m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Girls U 9 - Shot Put (2.0 Kg)**

-- Memphis-Cass Ifopo Lethbridge Park ND

Girls U 10 - Shot Put (2.0 Kg)

Zone: Z 11.47m 2006 F.Aokuso, BLACK

Name	Age Centre	Final
1 Alexis Scicluna	Quakers Hill	6.26m
2 Catherine Schofield	Blacktown	5.27m
3 Amelia Duck	Quakers Hill	5.05m
4 Amayah Burns	Doonside	4.90m
5 Madison Leroy-Wye	Blacktown	4.75m
6 Hannah Lewis	Doonside	4.59m

Girls U 11 - Shot Put (2.0 Kg)

Zone: Z 13.64m 2007 F.Aokuso, BLACK

Name	Age Centre	Final
1 Cherish Tseros	Minchinbury	7.23m
2 Serah Poloaalii	Doonside	6.86m
3 Rebecca Adeti	Blacktown	6.85m
4 Breanna Stuart	Tallawong Park	6.78m
5 Divjyot Pooni	Blacktown	5.91m
6 Afreen Randhawa	Blacktown	5.72m
7 Kayla Gwilliam	Prospect	5.37m
8 Simar Mann	Blacktown	4.37m
9 Arshroop Kaur	Quakers Hill	4.32m
10 Abby Kitto	Quakers Hill	4.12m
11 Anastasia Holbourn	Prospect	2.85m

Girls U 12 - Shot Put (2.0 Kg)

Zone: Z 15.51m 2008 F.Aokuso, BLACK

Name	Age Centre	Final
1 Bethaney Toia	Quakers Hill	8.43m
2 Kyanna Lokeni	Blacktown	7.19m
3 Brianna Edwards	Quakers Hill	6.66m
4 Georgia Smith	Quakers Hill	6.35m
5 Georgah Foote	Mt Druitt	5.79m
6 Jessica Faorlin	Prospect	4.57m
7 Dilpreet Kaur	Quakers Hill	4.48m

Girls U 13 - Shot Put (3.0 Kg)

Zone: Z 13.62m 2009 F.Aokuso, BLACK

Name	Age Centre	Final
1 Chloe Kennedy	Quakers Hill	9.05m
2 Chelsea Scicluna	Quakers Hill	8.86m
3 Jacinta Rotunno	Tallawong Park	7.21m
4 Alana Serra	Quakers Hill	7.11m
5 Candice Allen	Doonside	5.71m
6 Tamii Taylor	Lethbridge Park	4.96m
7 Hannah McDonald	Minchinbury	4.65m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 14 - Shot Put (3.0 Kg)**

Zone: Z 13.72m 2010 F.Aokuso, BLACK			
Name	Age	Centre	Final
1 Amelia Smith		Quakers Hill	7.96m
2 Nevine Idris		Blacktown	7.38m
3 Jazmine Taylor		Lethbridge Park	6.58m
4 Sylvia Charles		Mt Druitt	5.85m
5 Tania Shackleton		Minchinbury	5.81m
6 Taylah Scutts		Blacktown	5.81m
7 Rebekah Wishart		Quakers Hill	5.59m
8 Samantha Faller		Prospect	5.57m
9 Jordan Morrison		Quakers Hill	4.64m

Girls U 15 - Shot Put (3.0 Kg)

Zone: Z 13.03m 1998 S.Wood, BLACK			
Name	Age	Centre	Final
1 Taya McLean		Blacktown	8.93m
2 Tiarne Verbeek		Minchinbury	7.74m
3 Angel Tseros		Minchinbury	7.64m
4 Clarissa Barono		Minchinbury	6.46m

Girls U 17 - Shot Put (3.0 Kg)

Zone: Z 11.70m 14/12/2014 Emily Rotunno, Tallawong Pa			
Name	Age	Centre	Final
1 Tamara Savage		Blacktown	9.23m
2 Jenelyn Castle		Lethbridge Park	9.20m
3 Rachel Lipscombe		Blacktown	8.04m
4 Abigail McNamara		Mt Druitt	7.78m
5 Jordan Ashby-Brigandi		Prospect	7.42m
6 Hayley Armitage		Prospect	7.22m
7 Taylor-ann Morrison		Quakers Hill	6.87m
8 Kaitlyn Morris		Minchinbury	5.46m

Girls U 7 - Discus (350 Gram)

Zone: Z 15.95m 4/02/2013 A.Scicluna, QUA			
Name	Age	Centre	Final
1 Cheyanne Vaitusi		Quakers Hill	10.48m
2 Jessica Stuart		Tallawong Park	9.29m
3 Kaaviya Soma Sundaram		Quakers Hill	9.18m
4 Kaiah Wong		Minchinbury	8.69m
5 Summer Reynolds		Minchinbury	8.58m
6 Sarah Sale		Lethbridge Park	8.27m
7 Monique Langworthy		Quakers Hill	8.17m
8 Jessica Dhaliwal		Minchinbury	8.11m
9 Addison Shaw		Mt Druitt	5.37m
10 Lily Fleeting		Quakers Hill	4.43m
11 Gabriella Baker		Blacktown	3.22m
12 Shay-Leigh Punter		Lethbridge Park	2.43m
13 Eshita Patel		Blacktown	2.38m
-- Sehaj Bassan		Blacktown	ND

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 8 - Discus (500 Gram)**

Zone: Z 20.04m 2009 S.Saua, LPARK			
Name	Age	Centre	Final
1 Aaliyah Kennedy		Doonside	10.15m
2 Taya Zammit		Blacktown	9.89m
3 Salote Wolfgramm		Blacktown	9.64m
4 Matilda Olson		Quakers Hill	8.47m
5 Ayesha Parker		Tallawong Park	8.30m
6 Nehal Kaushal		Minchinbury	6.15m
7 Elysica Barret		Blacktown	4.56m
8 Catherine New		Quakers Hill	3.84m
9 Peyton Bowden		Lethbridge Park	3.29m

Girls U 9 - Discus (500 Gram)

Zone: Z 25.72m 2010 S.Saua, DOON			
Name	Age	Centre	Final
1 Sophie Stancic		Prospect	14.88m
2 Ella Fleming		Doonside	11.06m
3 Agampreet Kaur		Quakers Hill	10.29m
4 Keeley Phelan		Minchinbury	8.40m
5 Kairi Pope		Prospect	8.30m
6 Ariana Wibberley		Blacktown	8.26m
7 Elizabeth Sale		Lethbridge Park	8.24m
8 Brooke Shields		Minchinbury	7.24m
9 Aliya Armeda		Quakers Hill	6.76m
10 Jenevieve Adeti		Blacktown	6.25m
11 Sophie Saraceno		Blacktown	5.13m
-- Tahlia Scicluna		Quakers Hill	ND
-- Madelyn Diks		Tallawong Park	ND
-- Sophia Campbell		Blacktown	ND
-- Brianna Faorlin		Prospect	ND

Girls U 10 - Discus (500 Gram)

Zone: Z 34.11m 2006 F.Aokuso, BLACK			
Name	Age	Centre	Final
1 Catherine Schofield		Blacktown	20.34m
2 Eve Vaitusi		Quakers Hill	18.11m
3 Alexis Scicluna		Quakers Hill	16.37m
4 Madison Leroy-Wye		Blacktown	13.19m
5 Amayah Burns		Doonside	12.69m
6 Latoya Kennedy		Doonside	10.27m
7 Hannah Lewis		Doonside	9.63m
8 Madeleine Tabone		Tallawong Park	9.02m
9 Paige Morrison		Quakers Hill	8.10m
10 Emily Ferguson		Tallawong Park	8.10m
11 Lexie Auld		Doonside	7.20m
-- Chloe Bingham		Prospect	ND

Girls U 11 - Discus (750 Gram)

Zone: Z 36.13m 2007 F.Aokuso, BLACK			
Name	Age	Centre	Final
1 Amy Watson		Tallawong Park	18.53m
2 Divjyot Pooni		Blacktown	16.51m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Girls U 11 - Discus (750 Gram)**

3	Serah Poloaalii	Doonside	15.36m
4	Afreen Randhawa	Blacktown	14.32m
5	Breanna Stuart	Tallawong Park	13.12m
6	Cherish Tseros	Minchinbury	12.32m
7	Rebecca Adeti	Blacktown	12.20m
8	Anastasia Holbourn	Prospect	6.34m

Girls U 12 - Discus (750 Gram)

=====			
Zone: Z 45.83m 2008		F.Aokuso, BLACK	
Name	Age	Centre	Final
=====			
1	Georgah Foote	Mt Druitt	15.57m
2	Brianna Edwards	Quakers Hill	13.27m
3	Dilpreet Kaur	Quakers Hill	12.83m
4	Georgia Smith	Quakers Hill	12.26m
5	Rachel Thorley	Doonside	10.92m
6	Rusham Thind	Quakers Hill	10.31m

Girls U 13 - Discus (750 Gram)

=====			
Zone: Z 45.12m 2009		F.Aokuso, BLACK	
Name	Age	Centre	Final
=====			
1	Jacinta Rotunno	Tallawong Park	31.28m
2	Caitlin Preston	Doonside	23.80m
3	Chelsea Scicluna	Quakers Hill	23.00m
4	Gabrielle Bingham	Prospect	22.56m
5	Zoe Elliott	Quakers Hill	18.20m
6	Zoe Morgan	Quakers Hill	15.47m
7	Christine Beale	Lethbridge Park	14.97m
8	Maddison Latham	Quakers Hill	14.77m
9	Hannah McDonald	Minchinbury	13.62m
10	Alana Serra	Quakers Hill	12.87m
11	Elisa Howie	Lethbridge Park	12.02m
12	Tamii Taylor	Lethbridge Park	11.92m
13	Lily Fleming	Doonside	10.44m
14	Sarah Johns	Doonside	9.79m

Girls U 14 - Discus (1.0 Kg)

=====			
Zone: Z 42.60m 2010		F.Aokuso, BLACK	
Name	Age	Centre	Final
=====			
1	Olivia Beeston	Prospect	19.06m
2	Claudia Estrada	Prospect	16.64m
3	Rebekah Wishart	Quakers Hill	14.92m
4	Taylah Scutts	Blacktown	14.60m
5	Jazmine Taylor	Lethbridge Park	13.25m
6	Sylvia Charles	Mt Druitt	12.34m
7	Jordan Morrison	Quakers Hill	11.69m
8	Samantha Faller	Prospect	10.47m
--	Amelia Smith	Quakers Hill	ND

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Girls U 15 - Discus (1.0 Kg)**

Zone: Z 37.69m 2003 T.Richardson, BLACK			
Name	Age	Centre	Final
1 Angel Tseros		Minchinbury	19.73m
2 Clarissa Barono		Minchinbury	17.68m
3 Abbey Street		Prospect	15.53m
4 Jacinda Sale		Lethbridge Park	11.76m

Girls U 17 - Discus (1.0 Kg)

Zone: Z 37.88m 13/12/2014 Emily Rotunno, Tallawong Pa			
Name	Age	Centre	Final
1 Tamara Savage		Blacktown	26.24m
2 Olivia Rotunno		Tallawong Park	25.92m
3 Deyana Trikaliotis		Blacktown	22.88m
4 Alyssa Philip		Prospect	22.28m
5 Rachel Lipscombe		Blacktown	21.99m
6 Jenelyn Castle		Lethbridge Park	20.73m
7 Jordan Ashby-Brigandi		Prospect	18.69m
8 Taylor-ann Morrison		Quakers Hill	17.98m
9 Abigail McNamara		Mt Druitt	15.83m
10 Rachel Dhu		Doonside	15.59m
11 Kylie Baxter		Blacktown	12.98m

Girls U 11 - Javelin (400 Gram)

Name	Age	Centre	Final
1 Breanna Stuart		Tallawong Park	10.40m
2 Abby Kitto		Quakers Hill	9.63m
3 Alyse-May McCutcheon		Mt Druitt	9.29m
4 Kayla Gwilliam		Prospect	9.05m
5 Nimo Vaitusi		Quakers Hill	8.56m

Girls U 12 - Javelin (400 Gram)

Zone: Z 21.81m 2012 O.Rotunno, Blacktown			
Name	Age	Centre	Final
1 Rachel Thorley		Doonside	12.77m
2 Tyler Kitto		Quakers Hill	11.43m
3 Monique De Hoedt		Tallawong Park	10.26m
4 Brianna Edwards		Quakers Hill	9.79m
5 Jasmine Saraceno		Blacktown	9.06m
6 Dragana Aranbasic		Doonside	8.05m

Girls U 13 - Javelin (400 Gram)

Zone: Z 35.49m 2009 F.Aokuso, Blacktown			
Name	Age	Centre	Final
1 Zoe Elliott		Quakers Hill	20.02m
2 Chloe Kennedy		Quakers Hill	18.11m
3 Rachel Palmer		Mt Druitt	16.81m
4 Kaitlyn Findlay		Tallawong Park	14.13m
5 Jemma Bonnell		Blacktown	13.82m
6 Tamii Taylor		Lethbridge Park	12.91m
7 Hannah Ligertwood		Blacktown	12.03m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Girls U 13 - Javelin (400 Gram)**

8 Maddison Latham	Quakers Hill	11.34m
9 Cassidy Gabriel	Lethbridge Park	8.66m

Girls U 14 - Javelin (400 Gram)

Zone: Z 30.64m 13/12/2015 T.McLean, Blacktown

Name	Age Centre	Final
1 Chloe Thorley	Doonside	21.54m
2 Chloe Schwarz	Minchinbury	18.87m
3 Taylah Scutts	Blacktown	17.20m
4 Amelia Smith	Quakers Hill	16.64m
5 Claudia Estrada	Prospect	16.11m
6 Jazmine Taylor	Lethbridge Park	14.38m
7 Sylvia Charles	Mt Druitt	12.09m
8 Rebekah Wishart	Quakers Hill	10.69m

Girls U 15 - Javelin (500 Gram)

Zone: Z 30.73m 2014 S.Mani, Doonside

Name	Age Centre	Final
1 Taya McLean	Blacktown	35.85mZ
2 Tiarne Verbeek	Minchinbury	17.99m
3 Clarissa Barono	Minchinbury	13.65m
4 Jacinda Sale	Lethbridge Park	11.03m

Girls U 17 - Javelin (500 Gram)

Zone: Z 31.65m 13/12/2015 T.Savage, Blacktown

Name	Age Centre	Final
1 Tamara Savage	Blacktown	33.34mZ
2 Olivia Rotunno	Tallawong Park	30.77m
3 Alyssa Philip	Prospect	23.86m
4 Hayley Armitage	Prospect	23.80m
5 Rachel Lipscombe	Blacktown	21.00m
6 Jordan Ashby-Brigandi	Prospect	19.45m
7 Jenelyn Castle	Lethbridge Park	17.50m
8 Abigail McNamara	Mt Druitt	16.38m
9 Tayla Adamson	Blacktown	15.62m
10 Kylie Baxter	Blacktown	10.13m

Girls U 9 - 700 Metre Walk

Zone: Z 3:53.20 1997 K.Pertel, BLACK

Name	Age Centre	Final
Section 1		
1 Brooke Shields	Minchinbury	6:00.99
2 Keeley Phelan	Minchinbury	6:25.14

Girls U 10 - 1100 Metre Walk

Zone: Z 5:50.30 1996 P.Gough, DOON

Name	Age Centre	Final
1 Lexie Auld	Doonside	7:35.20
2 Catherine Schofield	Blacktown	7:40.85

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Girls U 10 - 1100 Metre Walk**

3	Hayley Bourke	Quakers Hill	7:45.58
4	Madison Leroy-Wye	Blacktown	7:55.36
5	Amayah Burns	Doonside	8:18.20
6	Hannah Lewis	Doonside	8:18.96
7	Chloe Bingham	Prospect	8:22.60

Girls U 11 - 1100 Metre Walk

=====			
Zone: Z 5:40.80		1997	K.Evans, DOON
Name	Age	Centre	Final
=====			
1	Abby Kitto	Quakers Hill	6:40.98
2	Alyse-May McCutcheon	Mt Druitt	8:32.53

Girls U 12 - 1500 Metre Walk

=====			
Zone: Z 7:31.70		1982	K.Strub, NEP
Name	Age	Centre	Final
=====			
1	Brodie Douglas	Doonside	9:27.31
2	Alexandra Wicks	Quakers Hill	10:37.54
3	Krishna Cereno	Mt Druitt	10:37.59
4	Jasmine Saraceno	Blacktown	10:50.47
5	Georgah Foote	Mt Druitt	11:54.76
6	Crystal Shields	Minchinbury	13:02.88

Girls U 13 - 1500 Metre Walk

=====			
Zone: Z 7:23.40		1989	M.Coulter, BLACK
Name	Age	Centre	Final
=====			
1	Brooke Martin	Doonside	8:27.32
2	Zoe Elliott	Quakers Hill	9:37.15
3	Jemma Bonnell	Blacktown	9:47.54
4	Jessie Stancic	Prospect	10:03.31
5	Hannah Branson	Prospect	10:41.99
6	Lily Fleming	Doonside	12:01.87
--	Adut Akok	Minchinbury	DQ

Girls U 15 - 1500 Metre Walk

=====			
Zone: Z 6:26.90		1997	R.McAskill, DOON
Name	Age	Centre	Final
=====			
1	Tiarne Verbeek	Minchinbury	9:33.11

Girls U 17 - 1500 Metre Walk

=====			
Zone: Z 7:00.50		26/01/2014	Jasmine Dighton, Lethbridge
Name	Age	Centre	Final
=====			
1	Raquel Roukos	Doonside	7:23.41
2	Samantha Wild	Mt Druitt	10:01.39
3	Claire McKinley	Blacktown	10:14.44
4	Rachel Dhu	Doonside	10:31.11

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 7 - 50 Metre Sprint**

Zone: Z 8.94 4/02/2012 L.Neiufi, MTD			
Name	Age	Centre	Final
1 Levai Smith		Doonside	9.32
2 Arav Shetty		Blacktown	9.41
3 Rebeen Mirzaeli		Quakers Hill	9.53
4 Caleb Zahra		Quakers Hill	9.95
5 Kushal Mariguddi		Blacktown	9.95
6 Dean Adriano		Minchinbury	10.04
7 Jarron Evangelista		Blacktown	10.17
8 Nate Auld		Doonside	10.48
9 Lachlan Gillett		Minchinbury	11.90

Boys U 7 - 70 Metre Sprint

Zone: Z 11.34 1984 N.Gale, GIRR			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Levai Smith		Doonside	12.22Q
2 Tyran Shields		Minchinbury	12.38Q
3 Hunter McKillop-Davies		Lethbridge Park	12.45Q
4 Rebeen Mirzaeli		Quakers Hill	12.65q
5 Alex Spadaro		Prospect	13.16q
6 Silas Tohilima-Gardiner		Minchinbury	13.54
7 Aiden Todd		Blacktown	13.98
8 Sebastian Vergara		Quakers Hill	14.94
Heat 2 Heats			
1 Arav Shetty		Blacktown	12.74Q
2 Lachlan Fahey		Blacktown	13.54Q
3 Dean Adriano		Minchinbury	13.66Q
4 Nate Auld		Doonside	14.16
5 Saatvik Jathan		Quakers Hill	14.37
6 Daniel Stuart		Tallawong Park	14.48
7 Lachlan Gillett		Minchinbury	16.25

Boys U 7 - 70 Metre Sprint

Zone: Z 11.34 1984 N.Gale, GIRR			
Name	Age	Centre	Final
Section 1 Final			
1 Levai Smith		Doonside	12.34
2 Arav Shetty		Blacktown	12.38
3 Tyran Shields		Minchinbury	12.69
4 Hunter McKillop-Davies		Lethbridge Park	12.71
5 Rebeen Mirzaeli		Quakers Hill	12.75
6 Lachlan Fahey		Blacktown	13.56
7 Silas Tohilima-Gardiner		Minchinbury	13.63
8 Dean Adriano		Minchinbury	14.06

Boys U 8 - 70 Metre Sprint

Zone: Z 11.14 2001 A.Neville, BLACK			
Name	Age	Centre	Final
Section 1			
1 Lado Sule		Blacktown	11.49
2 Daniel Cinya		Prospect	11.77

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS

11/12/2015 to 13/12/2015

Results

....Boys U 8 - 70 Metre Sprint

3 Fraser McLaughlin	Quakers Hill	12.24
4 Brock Hansen-Daley	Lethbridge Park	12.74
5 Nicholas Bright	Doonside	12.75
6 Neev Chaula	Blacktown	13.15

Boys U 9 - 70 Metre Sprint

Zone: Z 10.74 2000 G.Waddell, LPARK
 Zone: Z 10.74 2008 T.Lene, DOON

Name Age Centre Heats

Heat 1 Heats

1 Bryan Odur	Prospect	11.09Q
2 Bailey Schwarz	Minchinbury	11.43Q
3 Nathan Sarpong	Blacktown	11.51q
4 Rezah Armeda	Quakers Hill	11.91q
5 Karanbir Singh	Blacktown	12.45
6 Steven Holbourn	Prospect	14.14

Heat 2 Heats

1 Dominic Hefferman	Quakers Hill	10.98Q
2 Jonathan Cavanagh	Minchinbury	11.52Q
3 Aaron Gupta	Quakers Hill	11.59q
4 Richard Tako	Prospect	11.84q
5 Jay Nelson	Blacktown	11.98
6 Milos Arambasic	Doonside	12.04

Boys U 9 - 70 Metre Sprint

Zone: Z 10.74 2000 G.Waddell, LPARK
 Zone: Z 10.74 2008 T.Lene, DOON

Name Age Centre Final

Section 1 Final

1 Dominic Hefferman	Quakers Hill	10.85
2 Bryan Odur	Prospect	10.97
3 Aaron Gupta	Quakers Hill	11.48
4 Nathan Sarpong	Blacktown	11.57
5 Jonathan Cavanagh	Minchinbury	11.62
6 Bailey Schwarz	Minchinbury	11.68
7 Richard Tako	Prospect	11.68
8 Rezah Armeda	Quakers Hill	12.08

Boys U 10 - 70 Metre Sprint

Zone: Z 10.14 2001 G.Waddell, LPARK
 Zone: Z 10.14 2009 T.Lene, DOON

Name Age Centre Final

Section 1

1 Jake Hayter	Blacktown	10.73
2 Matthew Amadi	Prospect	10.91
3 Orlando Pawlik	Blacktown	10.96
4 Oliver Phillips	Blacktown	11.33
5 Dominic Asalemo	Doonside	11.53
6 Jason Caruana	Blacktown	12.12
7 Ethan Martin	Doonside	14.54

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS

11/12/2015 to 13/12/2015

Results

Boys U 7 - 100 Metre Sprint

=====
 Zone: Z 16.54 1982 J.Fineberg, BLACK
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Caleb Zahra	Quakers Hill	18.74Q
2	Tyran Shields	Minchinbury	18.79Q
3	Brayden Doran	Minchinbury	19.39Q
4	Nate Auld	Doonside	20.21q
5	Sebastian Vergara	Quakers Hill	23.62

Heat 2 Heats

1	Rebeen Mirzaeli	Quakers Hill	19.02Q
2	Ty-Asher Pawlik	Blacktown	19.33Q
3	Cooper Masterson	Mt Druitt	19.35Q
4	Kushal Mariguddi	Blacktown	19.83q
5	Lachlan Fahey	Blacktown	20.67
6	Saatvik Jathan	Quakers Hill	21.45
7	Gurjot Singh	Quakers Hill	21.59

Boys U 7 - 100 Metre Sprint

=====
 Zone: Z 16.54 1982 J.Fineberg, BLACK
 Name Age Centre Final
 =====

Section 1 Final

1	Tyran Shields	Minchinbury	18.46
2	Rebeen Mirzaeli	Quakers Hill	18.83
3	Ty-Asher Pawlik	Blacktown	18.87
4	Caleb Zahra	Quakers Hill	19.18
5	Cooper Masterson	Mt Druitt	19.45
6	Kushal Mariguddi	Blacktown	19.51
7	Brayden Doran	Minchinbury	19.74
8	Nate Auld	Doonside	20.66

Boys U 8 - 100 Metre Sprint

=====
 Zone: Z 15.54 1999 G.Waddell, LPARK
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Fraser McLaughlin	Quakers Hill	18.40Q
2	Nicholas Bright	Doonside	18.67Q
3	Derrick Acellam	Tallawong Park	18.70
4	Logan White	Quakers Hill	19.71
5	Julio-Xavier Tatupu	Quakers Hill	20.78

Heat 2 Heats

1	Max Konstantinoff	Doonside	16.77Q
2	Maxwell Donaldson	Quakers Hill	17.90Q
3	James Schofield	Blacktown	17.97q
4	Thomas Varga-Strike	Quakers Hill	18.13q
5	Lucas Abiuso	Tallawong Park	18.68
6	Brock Hansen-Daley	Lethbridge Park	19.15
7	Dominic-Xander Tatupu	Quakers Hill	19.24

Heat 3 Heats

1	Kingston Vaitusi	Quakers Hill	16.33Q
2	Lado Sule	Blacktown	16.34Q
3	Zack Shewry Wells	Doonside	18.46
4	Brayden Graham	Minchinbury	18.57
5	Hayden Culbert	Minchinbury	25.54

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 8 - 100 Metre Sprint**

Zone: Z 15.54 1999 G.Waddell, LPARK			
Name	Age	Centre	Final
Section 1 Final			
1 Max Konstantinoff		Doonside	16.88
2 Kingston Vaitusi		Quakers Hill	17.12
3 Fraser McLaughlin		Quakers Hill	18.35
4 Maxwell Donaldson		Quakers Hill	18.37
5 James Schofield		Blacktown	18.66
6 Thomas Varga-Strike		Quakers Hill	18.67
7 Daniel Sinclair		Doonside	18.71
8 Nicholas Bright		Doonside	18.73

Boys U 9 - 100 Metre Sprint

Zone: Z 14.64 2001 A.Jenner, BLACK			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Bryan Odur		Prospect	15.88Q
2 Aiden De Hoedt		Tallawong Park	16.59Q
3 Bailey Schwarz		Minchinbury	16.69Q
4 Milos Arambasic		Doonside	16.88q
5 Vaughn Wilbow		Blacktown	17.60
6 Lucas Perez		Tallawong Park	18.52
Heat 2 Heats			
1 Nathan Sarpong		Blacktown	16.79Q
2 Arney Kadaganch		Blacktown	16.90Q
3 Aaron Gupta		Quakers Hill	16.98Q
4 Cailan Winikerei		Tallawong Park	17.34q
5 Karanbir Singh		Blacktown	18.54
6 Tyrone Campbell		Quakers Hill	18.57
7 Lachlan Findlay		Tallawong Park	19.78
8 Camren Allen		Doonside	19.92

Boys U 9 - 100 Metre Sprint

Zone: Z 14.64 2001 A.Jenner, BLACK			
Name	Age	Centre	Final
Section 1 Final			
1 Bryan Odur		Prospect	16.27
2 Aiden De Hoedt		Tallawong Park	16.71
3 Nathan Sarpong		Blacktown	16.82
4 Bailey Schwarz		Minchinbury	16.88
5 Arney Kadaganch		Blacktown	16.92
6 Milos Arambasic		Doonside	17.03
7 Aaron Gupta		Quakers Hill	17.20

Boys U 10 - 100 Metre Sprint

Zone: Z 14.14 2001 G.Waddell, LPARK			
Zone: Z 14.14 2009 T.Lene, DOON			
Name	Age	Centre	Final
Section 1			
1 Jake Hayter		Blacktown	15.26
2 Mitchell Bradley		Prospect	15.28
3 John Lukuda		Blacktown	16.14

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS

11/12/2015 to 13/12/2015

Results

....Boys U 10 - 100 Metre Sprint

4 Rombe Sule	Blacktown	16.32
5 Oliver Phillips	Blacktown	16.35
6 Dominic Asalemo	Doonside	17.28
7 Isaac Paulino	Tallawong Park	17.88
8 Alex Crabtree	Quakers Hill	18.17

Boys U 11 - 100 Metre Sprint

=====
 Zone: Z 13.69 13/12/2014 Nwazuruka Ohiaeri, Lethbridge
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Owen Evans	Doonside	14.95Q
2 Peter Cinya	Prospect	15.09Q
3 Tyrone Martin	Doonside	15.32Q
4 Cooper Rushby	Minchinbury	15.40q
5 Jesse Bingham	Prospect	15.90
6 Daan Coolen	Prospect	18.13

Heat 2 Heats

1 Harry Stancic	Prospect	14.28Q
2 Jada Legg	Blacktown	15.10Q
3 Benjamin Murray	Blacktown	15.35Q
4 Sammy Omia	Tallawong Park	15.46q
5 Tevita Smith	Doonside	15.53
6 Cameron Gornall	Blacktown	16.26

Boys U 11 - 100 Metre Sprint

=====
 Zone: Z 13.69 13/12/2014 Nwazuruka Ohiaeri, Lethbridge
 Name Age Centre Final
 =====

Section 1 Final

1 Harry Stancic	Prospect	14.18
2 Owen Evans	Doonside	14.44
3 Peter Cinya	Prospect	14.68
4 Jada Legg	Blacktown	15.05
5 Cooper Rushby	Minchinbury	15.06
6 Tyrone Martin	Doonside	15.10
7 Benjamin Murray	Blacktown	15.30
8 Sammy Omia	Tallawong Park	15.38

Boys U 12 - 100 Metre Sprint

=====
 Zone: Z 13.24 2007 J.Lansdowne, MINCH
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Michael White	Blacktown	14.37Q
2 Tane Bob	Tallawong Park	15.98Q
3 Maddix Fualau	Minchinbury	16.80Q
4 Matthew Herder	Mt Druitt	17.07
5 Christian Vergara	Quakers Hill	18.22

Heat 2 Heats

1 Nwazuruka Ohiaeri	Lethbridge Park	Z 13.10Q
2 Nabarun Tamang	Blacktown	13.36Q
3 Christopher Gillett	Minchinbury	13.53Q
4 Tyler Anderson	Blacktown	13.54q
5 Jake Valdivia	Quakers Hill	15.78q
6 Thomas Crabtree	Quakers Hill	15.80

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 12 - 100 Metre Sprint**

Zone: Z 13.24 2007 J.Lansdowne, MINCH			
Name	Age	Centre	Final
Section 1 Final			
1 Nwazuruka Ohiaeri		Lethbridge Park	13.44
2 Christopher Gillett		Minchinbury	13.87
3 Tyler Anderson		Blacktown	13.89
3 Nabarun Tamang		Blacktown	13.89
5 Michael White		Blacktown	14.20
6 Tane Bob		Tallawong Park	16.23
7 Thomas Crabtree		Quakers Hill	16.77

Boys U 13 - 100 Metre Sprint

Zone: Z 12.14 2009 A.Ganaba Abu, BLACK			
Name	Age	Centre	Final
Section 1			
1 Elijah Barret		Blacktown	12.62
2 Rhys Walker		Doonside	13.10
3 Samuel Appleby		Doonside	13.12
4 Samson Logali		Blacktown	14.06
5 Jordan Thompson		Quakers Hill	14.13
6 Lachlan Watson		Minchinbury	14.79
7 William Jackson		Blacktown	15.06
8 Nestor Batoon		Blacktown	15.35
9 Fadi Anglo		Blacktown	18.95

Boys U 14 - 100 Metre Sprint

Zone: Z 11.74 4/02/2012 B.O'Donnell, DOO			
Name	Age	Centre	Final
1 Wade Diks		Tallawong Park	13.25
2 Haven Tedeshi		Mt Druitt	13.80
3 Travis Foote		Mt Druitt	14.17
3 Huon Cousins		Doonside	14.17
5 Mandar Mariguddi		Blacktown	14.26
6 Nathan Jones		Mt Druitt	14.66
7 Nicholas Morgan		Prospect	15.14
8 Franco Vergara		Quakers Hill	15.51

Boys U 15 - 100 Metre Sprint

Zone: Z 11.54 2009 T.Soliman, BLACK			
Name	Age	Centre	Final
1 Joe (Phongsak) Kala		Quakers Hill	13.09
2 Zach White		Quakers Hill	14.02
3 Jonathan Tabone		Tallawong Park	14.17
4 Corey Spinks		Tallawong Park	14.39

Boys U 17 - 100 Metre Sprint

Zone: Z 11.34 4/02/2012 A.Abuganaba, BLA			
Name	Age	Centre	Final
1 Alexander Thompson		Quakers Hill	12.09
2 Keanan Baxter		Mt Druitt	12.55

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Boys U 17 - 100 Metre Sprint**

3	Joshua Gallard	Prospect	12.98
4	Alexander Abnous	Quakers Hill	13.12
5	Jacob Waine	Tallawong Park	13.46
6	John Poloaalii	Doonside	14.40
7	Matthew Varley	Minchinbury	14.82

Boys U 7 - 200 Metre Sprint

=====			
	Zone: Z 34.24	1980	B.Scanlon, PEN
	Zone: Z 34.24	1982	J.Fineberg, BLACK
	Name	Age Centre	Heats
=====			

Heat 1 Heats

1	Tyran Shields	Minchinbury	37.17Q
2	Caleb Zahra	Quakers Hill	39.46Q
3	Ty-Asher Pawlik	Blacktown	39.53Q
4	Kushal Mariguddi	Blacktown	40.51q
5	Lewis Savic	Prospect	42.31
6	Seth Garbriel	Lethbridge Park	44.31

Heat 2 Heats

1	Arav Shetty	Blacktown	37.38Q
2	Cooper Masterson	Mt Druitt	38.01Q
3	Hunter McKillop-Davies	Lethbridge Park	39.05Q
4	Brayden Doran	Minchinbury	39.05q
5	Lucas Martin	Doonside	42.68
6	Silas Tohilima-Gardiner	Minchinbury	44.54

Boys U 7 - 200 Metre Sprint

=====			
	Zone: Z 34.24	1980	B.Scanlon, PEN
	Zone: Z 34.24	1982	J.Fineberg, BLACK
	Name	Age Centre	Final
=====			

Section 1 Final

1	Tyran Shields	Minchinbury	37.27
2	Arav Shetty	Blacktown	37.35
3	Cooper Masterson	Mt Druitt	38.91
4	Caleb Zahra	Quakers Hill	39.26
5	Brayden Doran	Minchinbury	40.31
6	Hunter McKillop-Davies	Lethbridge Park	41.68
7	Kushal Mariguddi	Blacktown	43.30
8	Lewis Savic	Prospect	44.90

Boys U 8 - 200 Metre Sprint

=====			
	Zone: Z 32.14	1981	B.Rogers, LAL
	Name	Age Centre	Heats
=====			

Heat 1 Heats

1	Maxwell Donaldson	Quakers Hill	36.96Q
2	Thomas Varga-Strike	Quakers Hill	37.26Q
3	Brayden Graham	Minchinbury	37.35Q
4	Fraser McLaughlin	Quakers Hill	38.90q
5	Derrick Acellam	Tallawong Park	39.26
6	James Schofield	Blacktown	40.92
7	Neev Chaula	Blacktown	41.77

Heat 2 Heats

1	Max Konstantinoff	Doonside	34.22Q
2	Daniel Cinya	Prospect	34.46Q

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Boys U 8 - 200 Metre Sprint**

3 Connor O'Reilly	Quakers Hill	37.46Q
4 Nicholas Bright	Doonside	37.92q
5 Lucas Abiuso	Tallawong Park	40.14

Boys U 8 - 200 Metre Sprint

=====			
Zone: Z 32.14		1981	B.Rogers, LAL
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Max Konstantinoff		Doonside	34.30
2 Daniel Cinya		Prospect	34.39
3 Connor O'Reilly		Quakers Hill	36.45
4 Maxwell Donaldson		Quakers Hill	36.91
5 Thomas Varga-Strike		Quakers Hill	37.05
6 Nicholas Bright		Doonside	37.54
7 Brayden Graham		Minchinbury	37.81
8 Fraser McLaughlin		Quakers Hill	37.89

Boys U 9 - 200 Metre Sprint

=====			
Zone: Z 30.54		1984	P.Zelasko, GIRR
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Bryan Odur		Prospect	33.02Q
2 Aaron Gupta		Quakers Hill	33.75Q
3 Vaughn Wilbow		Blacktown	35.11Q
4 Nathan Sarpong		Blacktown	35.37q
5 Tony Justin		Blacktown	37.20
6 Lucas Perez		Tallawong Park	37.32
7 Bailey Wright		Lethbridge Park	41.95
Heat 2 Heats			
1 Dominic Hefferman		Quakers Hill	32.25Q
2 Zackary Armitage		Prospect	33.60Q
3 Aiden De Hoedt		Tallawong Park	33.77Q
4 Jonathan Cavanagh		Minchinbury	33.81q
5 Milos Arambasic		Doonside	35.39
6 Isaac Beacroft		Quakers Hill	35.77
7 Tyrone Campbell		Quakers Hill	38.31
8 Rajvir Virk		Blacktown	42.11

Boys U 9 - 200 Metre Sprint

=====			
Zone: Z 30.54		1984	P.Zelasko, GIRR
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Dominic Hefferman		Quakers Hill	32.59
2 Zackary Armitage		Prospect	33.74
3 Bryan Odur		Prospect	33.79
4 Aiden De Hoedt		Tallawong Park	33.81
5 Jonathan Cavanagh		Minchinbury	33.84
6 Aaron Gupta		Quakers Hill	33.95
7 Nathan Sarpong		Blacktown	34.27
8 Vaughn Wilbow		Blacktown	36.31

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS

11/12/2015 to 13/12/2015

Results

Boys U 10 - 200 Metre Sprint

=====
 Zone: Z 29.64 2001 G.Waddell, LPARK
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Mitchell Bradley	Prospect	30.77Q
2 John Lukuda	Blacktown	31.71Q
3 Cameron Bately	Quakers Hill	39.16Q
4 Benjamin Taylor	Lethbridge Park	43.91

Heat 2 Heats

1 Rombe Sule	Blacktown	34.03Q
2 Orlando Pawlik	Blacktown	35.26Q
3 Jacob Whitebead	Blacktown	36.60Q
4 Dylan Moodie	Lethbridge Park	38.75q
5 Thomas New	Quakers Hill	41.81q

Boys U 10 - 200 Metre Sprint

=====
 Zone: Z 29.64 2001 G.Waddell, LPARK
 Name Age Centre Final
 =====

Section 1 Final

1 Mitchell Bradley	Prospect	30.79
2 John Lukuda	Blacktown	32.61
3 Rombe Sule	Blacktown	33.91
4 Orlando Pawlik	Blacktown	34.57
5 Jacob Whitebead	Blacktown	36.07
6 Dylan Moodie	Lethbridge Park	37.05
7 Cameron Bately	Quakers Hill	39.21
8 Thomas New	Quakers Hill	44.54

Boys U 11 - 200 Metre Sprint

=====
 Zone: Z 27.69 14/12/2014 Nwazuruka Ohiaeri, Lethbridge
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Peter Cinya	Prospect	29.74Q
2 James White	Quakers Hill	30.07Q
3 Sammy Omia	Tallawong Park	32.08Q
4 Daan Coolen	Prospect	35.95

Heat 2 Heats

1 Harry Stancic	Prospect	28.80Q
2 Tyrone Martin	Doonside	30.15Q
3 Jada Legg	Blacktown	31.33Q
4 Ayouk Mow	Prospect	32.02q
5 Riley Fleming	Doonside	32.44q
6 Lachlan Clement	Blacktown	36.38

Boys U 11 - 200 Metre Sprint

=====
 Zone: Z 27.69 14/12/2014 Nwazuruka Ohiaeri, Lethbridge
 Name Age Centre Final
 =====

Section 1 Final

1 Harry Stancic	Prospect	28.87
2 Peter Cinya	Prospect	29.32
3 Tyrone Martin	Doonside	29.80
4 James White	Quakers Hill	29.85
5 Ayouk Mow	Prospect	31.27

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Boys U 11 - 200 Metre Sprint**

6 Jada Legg	Blacktown	31.37
7 Sammy Omia	Tallawong Park	31.87

Boys U 12 - 200 Metre Sprint

=====			
Zone: Z 26.34	1989	S.Brooker, DOON	
Name	Age	Centre	Final
=====			

Section 1

1 Tyler Anderson	Blacktown	27.98
2 Abiatar Peter	Blacktown	28.01
3 Nate Tevelen	Quakers Hill	28.46
4 Christopher Gillett	Minchinbury	28.65
5 Nabarun Tamang	Blacktown	28.66
6 Jake Valdivia	Quakers Hill	32.76
7 Jiordan Salama	Tallawong Park	33.48
8 Andrew Roseby	Tallawong Park	34.97

Boys U 13 - 200 Metre Sprint

=====			
Zone: Z 25.14	2007	T.Soliman, BLACK	
Zone: Z 25.14	2011	B.O'Donnell, DOON	
Name	Age	Centre	Final
=====			

1 Elijah Barret	Blacktown	25.85
2 Rhys Walker	Doonside	26.50
3 Jordan Thompson	Quakers Hill	28.92
4 Samson Logali	Blacktown	28.96
5 James Wark	Tallawong Park	29.72

Boys U 14 - 200 Metre Sprint

=====			
Zone: Z 23.74	5/02/2012	B.O'Donnell, DOO	
Name	Age	Centre	Final
=====			

1 Darren Ankrah	Quakers Hill	24.98
2 Akashdeep Singh	Blacktown	27.41
3 Haven Tedeshi	Mt Druitt	28.45
4 Travis Foote	Mt Druitt	28.79
5 Oskar McLaughlin	Quakers Hill	30.35
6 Tristan Patton	Doonside	31.75
7 Franco Vergara	Quakers Hill	32.44

Boys U 15 - 200 Metre Sprint

=====			
Zone: Z 22.54	1995	A.Pomeroy, DOON	
Name	Age	Centre	Final
=====			

1 Joe (Phongsak) Kala	Quakers Hill	26.03
2 Lachlan McIntrye	Quakers Hill	28.63

Boys U 17 - 200 Metre Sprint

=====			
Zone: Z 22.44	5/02/2012	A.Abuganaba, BLA	
Name	Age	Centre	Final
=====			

1 Alexander Thompson	Quakers Hill	25.20
2 Travis Barendregt	Doonside	28.98
3 John Poloaalii	Doonside	29.96

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 8 - 400 Metre Sprint**

Zone: Z 1:13.14 1983 B.Ball, BLACK			
Name	Age	Centre	Final
1 Thomas Varga-Strike		Quakers Hill	1:21.61
2 Max Konstantinoff		Doonside	1:21.90
3 Connor O'Reilly		Quakers Hill	1:26.23
4 Brayden Graham		Minchinbury	1:27.34
5 Jye Clarke-Stoddart		Blacktown	1:33.99
6 Lucas Abiuso		Tallawong Park	1:37.62
7 Gabriel Paul		Tallawong Park	1:42.87
8 Derrick Acellam		Tallawong Park	1:49.08
9 Hayden Culbert		Minchinbury	1:58.11

Boys U 9 - 400 Metre Sprint

Zone: Z 1:08.04 2001 D.Asonitis, MTDRU			
Name	Age	Centre	Final
1 Ryan Edwards		Quakers Hill	1:16.97
2 Zackary Armitage		Prospect	1:17.19
3 Aiden De Hoedt		Tallawong Park	1:23.76
4 Jonathan Cavanagh		Minchinbury	1:25.53
5 Harry White		Blacktown	1:25.91
5 Jay Nelson		Blacktown	1:25.91
7 Tyrone Campbell		Quakers Hill	1:29.52
8 Isaac Beacroft		Quakers Hill	1:30.53
9 Arney Kadaganch		Blacktown	1:36.88
10 Bailey Wright		Lethbridge Park	1:43.13
11 Lorenzo De Guzman		Blacktown	1:45.96

Boys U 10 - 400 Metre Sprint

Zone: Z 1:06.54 1982 R.Clark, EMUP			
Name	Age	Centre	Final
1 James Kennedy		Quakers Hill	1:13.71
2 Jaiden Selvan		Blacktown	1:19.60
3 Brendan Clarkin		Blacktown	1:22.54
4 Scott Allen		Quakers Hill	1:31.56
5 Aaron Glenn		Quakers Hill	1:32.40
6 Jacob Whitebead		Blacktown	1:32.61
7 Benjamin Taylor		Lethbridge Park	1:43.23

Boys U 11 - 400 Metre Sprint

Zone: Z 1:05.64 1984 D.Paabo, DOON			
Name	Age	Centre	Final
1 Tyrone Martin		Doonside	1:10.09
2 James White		Quakers Hill	1:10.12
3 Stuart Cregan		Doonside	1:12.23
4 Peter Cinya		Prospect	1:12.27
5 Jesse Bingham		Prospect	1:15.39
6 Ayouk Mow		Prospect	1:18.30
7 Henry Branson		Prospect	1:25.29
8 Cameron Gornall		Blacktown	1:27.51

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 12 - 400 Metre Sprint**

Zone: Z 1:01.64 2005 V.Borg, MTDRU			
Name	Age	Centre	Final
1 Oliver Duck		Quakers Hill	1:06.45
2 Jiordan Salama		Tallawong Park	1:17.96
3 Ben White		Blacktown	1:20.20
4 Andrew Roseby		Tallawong Park	1:20.68
5 Chaise Simonsen		Minchinbury	1:29.92

Boys U 13 - 400 Metre Sprint

Zone: Z 59.74 2001 S.Condon, DOON			
Name	Age	Centre	Final
1 Jordan Thompson		Quakers Hill	1:13.80
2 Virkram Benepal		Blacktown	1:17.55
3 Jack Allen		Quakers Hill	1:18.78

Boys U 14 - 400 Metre Sprint

Zone: Z 56.84 1995 M.Pedrana, BLACK			
Name	Age	Centre	Final
1 Darren Ankrah		Quakers Hill	59.30
2 Wade Diks		Tallawong Park	1:00.90
3 Akashdeep Singh		Blacktown	1:01.66
4 Haven Tedeshi		Mt Druitt	1:07.18
5 Oskar McLaughlin		Quakers Hill	1:11.96
6 Thevin Premnath		Blacktown	1:13.85
7 Tristan Patton		Doonside	1:17.14

Boys U 15 - 400 Metre Sprint

Zone: Z 54.34 1996 M.Pedrana, BLACK			
Name	Age	Centre	Final
1 Joe (Phongsak) Kala		Quakers Hill	1:01.68
2 Harry Poulos		Quakers Hill	1:02.97
3 Jonathan Tabone		Tallawong Park	1:08.53
4 Corey Spinks		Tallawong Park	1:13.19

Boys U 17 - 400 Metre Sprint

Zone: Z 52.24 4/02/2012 Z.Amos, BLA			
Name	Age	Centre	Final
1 Brodie Rushby		Minchinbury	53.00
2 Jordan Graham		Minchinbury	53.31
3 Alexander Thompson		Quakers Hill	54.27
4 Michael Herder		Mt Druitt	1:00.58
5 Nikolas Savage		Blacktown	1:02.10
6 Matthew Varley		Minchinbury	1:03.21
7 Travis Barendregt		Doonside	1:03.81

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 7 - 500 Metre Run Pack Start**

Zone: Z 1:46.20 2005 E.Dhu, DOON			
Name	Age	Centre	Final
1 Brayden Doran		Minchinbury	1:59.70
2 Hunter McKillop-Davies		Lethbridge Park	2:02.40
3 Cooper Masterson		Mt Druitt	2:03.00
4 Caleb Zahra		Quakers Hill	2:07.30
5 Lewis Savic		Prospect	2:08.80
6 Lucas Whelan		Quakers Hill	2:09.60
7 Seth Garbriel		Lethbridge Park	2:17.00
8 Lucas Mortimer		Blacktown	2:17.40
9 Aiden Todd		Blacktown	2:29.50
10 Matthew Clarkin		Blacktown	2:34.20
11 Malakai Smirolodo		Blacktown	2:34.40

Boys U 8 - 700 Metre Run Pack Start

Zone: Z 2:19.50 2003 J.Thompson			
Name	Age	Centre	Final
1 Kingston Vaitusi		Quakers Hill	2:39.00
2 Max Konstantinoff		Doonside	2:39.57
3 Connor O'Reilly		Quakers Hill	2:44.27
4 Thomas Varga-Strike		Quakers Hill	2:52.86
5 weska Hopkins		Tallawong Park	3:06.54
6 Gabriel Paul		Tallawong Park	3:22.53
7 Hayden Culbert		Minchinbury	3:43.07
8 Jackson Marriott		Blacktown	3:48.16

Boys U 9 - 800 Metre Run

Zone: Z 2:36.20 1984 B.Ball, BLACK			
Name	Age	Centre	Final
1 Peter Elliott		Quakers Hill	2:54.69
2 Ryan Edwards		Quakers Hill	2:55.77
3 Zackary Armitage		Prospect	2:59.00
4 Dominic Hefferman		Quakers Hill	3:04.60
5 Isaac Beacroft		Quakers Hill	3:08.29
6 Tyrone Campbell		Quakers Hill	3:08.85
7 Harry White		Blacktown	3:14.20
8 Vaughn Wilbow		Blacktown	3:27.26
9 Jonathan Cavanagh		Minchinbury	3:38.02
10 Lachlan Findlay		Tallawong Park	3:39.60
11 Bailey Wright		Lethbridge Park	3:52.59

Boys U 10 - 800 Metre Run

Zone: Z 2:30.50 2003 V.Borg, MTDRU			
Name	Age	Centre	Final
1 Matthew Amadi		Prospect	2:50.04
2 Jaiden Selvan		Blacktown	2:53.43
3 Shannon Allen		Doonside	2:53.45
4 Scott Allen		Quakers Hill	3:03.39
5 Joshua Herder		Mt Druitt	3:05.41
6 Rombe Sule		Blacktown	3:09.29
7 Brendan Clarkin		Blacktown	3:12.85
8 Cody Kingcott		Quakers Hill	3:14.37

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Boys U 10 - 800 Metre Run**

9 Dylan Hayter	Blacktown	3:17.50
10 Benjamin Taylor	Lethbridge Park	3:30.22

Boys U 11 - 800 Metre Run

=====			
	Zone: Z 2:24.20	2004	V.Borg, MTDRU
Name	Age	Centre	Final
=====			
1 James White		Quakers Hill	2:43.73
2 Stuart Cregan		Doonside	2:49.47
3 Ayouk Mow		Prospect	2:51.46
4 Bilal Parker		Tallowong Park	2:54.16
5 Benjamin Murray		Blacktown	2:55.44
6 Henry Branson		Prospect	2:55.73
7 Sammy Omia		Tallowong Park	3:01.61
8 Peter Cinya		Prospect	3:07.69
9 Daan Coolen		Prospect	3:18.26
10 Zaiden Mitrovic-Waine		Tallowong Park	3:24.71
11 Lachlan Clement		Blacktown	3:44.34
12 Aiden Priestley		Lethbridge Park	4:06.73

Boys U 12 - 800 Metre Run

=====			
	Zone: Z 2:20.50	2005	V.Borg, MTDRU
Name	Age	Centre	Final
=====			
1 Oliver Duck		Quakers Hill	2:33.89
2 Abiatara Peter		Blacktown	2:42.82
3 Jordyn Camilleri		Minchinbury	2:51.92
4 Jiordan Salama		Tallowong Park	2:53.63
5 Ben White		Blacktown	2:58.16
6 Lucas Tabone		Tallowong Park	3:07.86
7 Michael Justin		Blacktown	3:26.67
8 Chaise Simonsen		Minchinbury	3:43.50
-- Gursimran Singh		Blacktown	DQ

Boys U 13 - 800 Metre Run

=====			
	Zone: Z 2:20.20	2006	V.Borg, MTDRU
Name	Age	Centre	Final
=====			
1 Virkram Benepal		Blacktown	2:48.48
2 Jonathan D'Cunha		Blacktown	2:50.92
3 James Wark		Tallowong Park	2:57.83
4 Jack Allen		Quakers Hill	3:00.41
5 Samson Logali		Blacktown	3:24.22
6 Thomas Morris		Minchinbury	3:49.07

Boys U 14 - 800 Metre Run

=====			
	Zone: Z 2:11.30	2007	V.Borg, MTDRU
Name	Age	Centre	Final
=====			
1 Christopher Wicks		Quakers Hill	2:22.00
2 Joshua Amadi		Prospect	2:23.32
3 Akashdeep Singh		Blacktown	2:29.41
4 Wade Diks		Tallowong Park	2:32.12
5 Haven Tedeshi		Mt Druitt	2:39.38
6 Nathan Jones		Mt Druitt	2:49.54

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 15 - 800 Metre Run**

Zone: Z 2:03.20 2008 V.Borg, MTDRU			
Name	Age	Centre	Final
1 Harry Poulos		Quakers Hill	2:31.95
2 Blake Dwyer-Hall		Blacktown	2:38.22

Boys U 17 - 800 Metre Run

Zone: Z 2:06.25 14/12/2014 Brodie Rushby, Minchinbury			
Name	Age	Centre	Final
1 Brodie Rushby		Minchinbury	2:01.39Z
2 Jordan Graham		Minchinbury	2:07.50
3 Keanan Baxter		Mt Druitt	2:20.47
4 Stephen Bali		Doonside	2:24.99
5 Nikolas Savage		Blacktown	2:30.25
6 Matthew Varley		Minchinbury	2:31.52
7 Michael Herder		Mt Druitt	2:45.54

Boys U 10 - 1500 Metre Run

Zone: Z 4:58.80 2003 V.Borg, MTDRU			
Name	Age	Centre	Final
1 Jaiden Selvan		Blacktown	5:48.41
2 Shannon Allen		Doonside	5:53.38
3 Aiden Faller		Prospect	5:56.93
4 Scott Allen		Quakers Hill	6:10.18
5 Joshua Herder		Mt Druitt	6:22.15
6 Brendan Clarkin		Blacktown	6:32.80
7 Dylan Hayter		Blacktown	6:57.54
8 Edward Paul		Tallawong Park	6:59.54
9 Dylan Moodie		Lethbridge Park	7:10.38
10 Benjamin Taylor		Lethbridge Park	7:50.85

Boys U 11 - 1500 Metre Run

Zone: Z 4:52.40 2004 V.Borg, MTDRU			
Name	Age	Centre	Final
1 Jada Legg		Blacktown	5:39.24
2 Stuart Cregan		Doonside	5:46.54
3 Henry Branson		Prospect	5:49.24
4 Jackson Parker		Lethbridge Park	6:03.06
5 Benjamin Wicks		Quakers Hill	6:03.32
6 Brayden Matthews		Quakers Hill	6:28.26
7 Cameron Gornall		Blacktown	6:29.63
8 Zaiden Mitrovic-Waine		Tallawong Park	7:08.63
9 Aiden Priestley		Lethbridge Park	8:17.86

Boys U 12 - 1500 Metre Run

Zone: Z 4:49.30 2004 D.Asonitis, MTDRU			
Name	Age	Centre	Final
1 Oliver Duck		Quakers Hill	5:29.36
2 Jordyn Camilleri		Minchinbury	5:49.82
3 Ben White		Blacktown	6:04.04
4 Lucas Tabone		Tallawong Park	6:17.11

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Boys U 12 - 1500 Metre Run**

5 Michael Justin Blacktown 6:34.97

Boys U 13 - 1500 Metre Run

Zone: Z 4:42.40 2006 V.Borg, MTDRU

Name Age Centre Final

1	Lachlan Watson	Minchinbury	5:38.09
2	Jonathan D'Cunha	Blacktown	5:51.75
3	Virkram Benepal	Blacktown	5:59.87
4	Thomas McKinley	Blacktown	6:53.59
5	Thomas Morris	Minchinbury	7:54.91
--	Jack Allen	Quakers Hill	DQ

Boys U 14 - 1500 Metre Run

Zone: Z 4:28.20 2007 V.Borg, MTDRU

Name Age Centre Final

1	Joshua Amadi	Prospect	5:01.20
2	Christopher Wicks	Quakers Hill	5:04.41
3	Thevin Premnath	Blacktown	5:56.35
4	Nathan Jones	Mt Druitt	6:07.53
5	Luke Mulligan	Minchinbury	6:07.63
6	Grant Kennerley	Mt Druitt	8:52.18

Boys U 15 - 1500 Metre Run

Zone: Z 4:14.60 2008 V.Borg, MTDRU

Name Age Centre Final

1	Blake Dwyer-Hall	Blacktown	5:20.85
2	Corey Spinks	Tallawong Park	5:38.62

Boys U 17 - 1500 Metre Run

Zone: Z 4:35.50 25/01/2014 Connor Baggs, Blacktown

Name Age Centre Final

1	Stephen Bali	Doonside	4:53.19
2	Keanan Baxter	Mt Druitt	5:00.60
3	Matthew Varley	Minchinbury	5:01.08
4	Nikolas Savage	Blacktown	5:12.24
5	Zachary Faorlin	Prospect	5:18.92
6	Michael Herder	Mt Druitt	5:53.22

Boys U 14 - 3000 Metre Run

Zone: Z 9:30.80 2007 V.Borg, MTDRU

Name Age Centre Final

1	Christopher Wicks	Quakers Hill	11:07.83
2	Haven Tedeshi	Mt Druitt	14:00.73
3	Luke Mulligan	Minchinbury	14:26.13
4	Nathan Jones	Mt Druitt	15:43.30

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 15 - 3000 Metre Run**

Zone: Z 9:10.70 2008 V.Borg, MTDRU			
Name	Age	Centre	Final
1 Blake Dwyer-Hall		Blacktown	11:21.01
2 Corey Spinks		Tallawong Park	12:37.27
3 Daniel Carrick		Tallawong Park	13:32.31

Boys U 17 - 3000 Metre Run

Zone: Z 10:04.20 24/01/2014 Connor Baggs, Blacktown			
Name	Age	Centre	Final
1 Michael Herder		Mt Druitt	14:43.20

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.24 1999 G.Waddell, LPARK			
Zone: Z 11.24 2001 A.Neville, DOON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Daniel Sinclair		Doonside	13.48Q
2 Jye Clarke-Stoddart		Blacktown	14.09Q
3 Nicholas Bright		Doonside	14.11Q
4 Ryan Ferguson		Tallawong Park	14.19q
5 Dominic Apulu		Lethbridge Park	14.47

Heat 2 Heats			
1 Daniel Cinya		Prospect	12.48Q
2 Kingston Vaitusi		Quakers Hill	12.58Q
3 Logan White		Quakers Hill	13.64Q
4 Neev Chaula		Blacktown	13.98q
5 Gabriel Paul		Tallawong Park	14.57
6 Brock Hansen-Daley		Lethbridge Park	14.75

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.24 1999 G.Waddell, LPARK			
Zone: Z 11.24 2001 A.Neville, DOON			
Name	Age	Centre	Final
Section 1 Final			
1 Daniel Cinya		Prospect	11.94
2 Kingston Vaitusi		Quakers Hill	12.51
3 Logan White		Quakers Hill	12.99
4 Daniel Sinclair		Doonside	13.73
5 Ryan Ferguson		Tallawong Park	13.74
6 Jye Clarke-Stoddart		Blacktown	13.88
7 Dominic Apulu		Lethbridge Park	13.88
8 Nicholas Bright		Doonside	14.06

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.14 2002 A.Neville, BLACK			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Bryan Odur		Prospect	11.81Q
2 Tony Justin		Blacktown	12.09Q
3 Vaughn Wilbow		Blacktown	12.12Q

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Boys U 9 - 60 Metre Hurdles (45cm)**

4 Jay Nelson	Blacktown	12.20q
5 Jeremiah Vaisima	Doonside	12.65q

Heat 2 Heats

1 Bailey Schwarz	Minchinbury	12.49Q
2 Rezah Armeda	Quakers Hill	13.15Q
3 Lachlan Findlay	Tallawong Park	13.50Q
4 Camren Allen	Doonside	13.92
5 Rajvir Virk	Blacktown	14.54

Boys U 9 - 60 Metre Hurdles (45cm)

=====		
Zone: Z 10.14 2002		A.Neville, BLACK
Name	Age Centre	Final
=====		
Section 1 Final		
1 Bryan Odur	Prospect	11.16
2 Bailey Schwarz	Minchinbury	11.29
3 Tony Justin	Blacktown	11.72
4 Vaughn Wilbow	Blacktown	12.04
5 Lachlan Findlay	Tallawong Park	12.35
6 Rezah Armeda	Quakers Hill	12.55
7 Rajvir Virk	Blacktown	13.85

Boys U 10 - 60 Metre Hurdles (60cm)

=====		
Zone: Z 10.54 1994		C.Browne, BLACK
Name	Age Centre	Heats
=====		
Heat 1 Heats		
1 Matthew Amadi	Prospect	11.37Q
2 John Lukuda	Blacktown	11.48Q
3 Joshua Herder	Mt Druitt	13.33Q
4 Dylan Moodie	Lethbridge Park	13.92
5 Alex Crabtree	Quakers Hill	14.06
6 Thomas New	Quakers Hill	14.93
Heat 2 Heats		
1 James Kennedy	Quakers Hill	11.88Q
2 Casey McLean	Blacktown	12.34Q
3 Orlando Pawlik	Blacktown	12.51Q
4 Dominic Asalemo	Doonside	12.82q
5 Isaac Paulino	Tallawong Park	13.18q
6 Cody Kingcott	Quakers Hill	13.19

Boys U 10 - 60 Metre Hurdles (60cm)

=====		
Zone: Z 10.54 1994		C.Browne, BLACK
Name	Age Centre	Final
=====		
Section 1 Final		
1 Matthew Amadi	Prospect	11.02
2 John Lukuda	Blacktown	11.09
3 James Kennedy	Quakers Hill	11.54
4 Casey McLean	Blacktown	11.87
5 Dominic Asalemo	Doonside	12.66
6 Cody Kingcott	Quakers Hill	13.09
7 Joshua Herder	Mt Druitt	13.17
-- Orlando Pawlik	Blacktown	DQ

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 11 - 60 Metre Hurdles (60cm)**

Zone: Z 9.94 1995 C.Browne, BLACK			
Name	Age	Centre	Final
Section 1			
1 Harry Stancic		Prospect	10.57
2 Owen Evans		Doonside	10.65
3 Jesse McLean		Blacktown	10.69
4 Jesse Bingham		Prospect	11.58
5 Ayouk Mow		Prospect	11.66
6 Daan Coolen		Prospect	13.98

Boys U 12 - 60 Metre Hurdles (68cm)

Zone: Z 10.04 2004 A.Jenner, BLACK			
Zone: Z 10.04 2008 A.McNab, DOON			
Name	Age	Centre	Final
1 Abiatar Peter		Blacktown	10.44
2 Michael White		Blacktown	10.86
3 Thomas Crabtree		Quakers Hill	11.76
4 Samuel Adeti		Blacktown	12.54
5 Christopher Gillett		Minchinbury	12.54
6 Jozsef Spilack		Tallawong Park	12.91
7 Beau Jenkins		Blacktown	13.81
8 Matthew Herder		Mt Druitt	13.85

Boys U 13 - 80 Metre Hurdles (76cm)

Zone: Z 13.14 2007 R.Sultana, BLACK			
Name	Age	Centre	Final
1 Andrew Dean		Doonside	14.20
2 James Leys		Quakers Hill	15.23
3 Ashlyn Philip		Prospect	18.12

Boys U 14 - 90 Metre Hurdles (76cm)

Zone: Z 13.04 2008 J.Venzlauska, BLACK			
Name	Age	Centre	Final
1 Huon Cousins		Doonside	15.44
2 Haven Tedeshi		Mt Druitt	16.81
3 Angelo Justin		Prospect	16.99
4 Travis Foote		Mt Druitt	17.46
5 Franco Vergara		Quakers Hill	18.02

Boys U 15 - 100 Metre Hurdles (76cm)

Zone: Z 13.74 2007 N.Rushworth, DOON			
Name	Age	Centre	Final
1 Joe (Phongsak) Kala		Quakers Hill	18.35
2 Lachlan McIntrye		Quakers Hill	18.92

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 17 - 110 Metre Hurdles (76cm)**

Zone: Z 14.49 14/12/2014 Alexander Thompson, Quakers H			
Name	Age	Centre	Final
1 Alexander Thompson		Quakers Hill	14.38Z
2 Matt Moynahan		Mt Druitt	16.37
3 Michael Herder		Mt Druitt	17.13
4 Zachary Faorlin		Prospect	19.90
5 John Poloaalii		Doonside	21.27

Boys U 13 - 200 Metre Hurdles (68cm)

Zone: Z 28.34 2005 A.Jenner, BLACK			
Name	Age	Centre	Final
1 Andrew Dean		Doonside	30.95
2 James Leys		Quakers Hill	33.40

Boys U 14 - 200 Metre Hurdles (76cm)

Zone: Z 25.34 2008 T.Soliman, BLACK			
Name	Age	Centre	Final
1 Huon Cousins		Doonside	32.40
2 Travis Foote		Mt Druitt	32.79

Boys U 15 - 200 Metre Hurdles (76cm)

Zone: Z 26.14 1998 F.Lapierre, BLACK			
Zone: Z 26.14 25/01/2014 Alexander Thompson, Quakers H			
Name	Age	Centre	Final
1 Lachlan McIntrye		Quakers Hill	31.63

Boys U 17 - 200 Metre Hurdles (76cm)

Zone: Z 25.40 13/12/2014 Alexander Thompson, Quakers H			
Name	Age	Centre	Final
1 Alexander Thompson		Quakers Hill	25.38Z
2 Matt Moynahan		Mt Druitt	27.49

Boys U 11-12 100 Metre Run Para

Name	Age	Centre	Final
1 Dustin Coles		Lethbridge Park	27.81

Boys U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 57.94 2003 Blacktown, BLACK			
Centre	Age	Centre	Final
1 Prospect			58.82
2 Quakers Hill			1:00.08
3 Blacktown			1:01.57
4 Doonside			1:02.01
5 Lethbridge Park			1:04.93
6 Tallawong Park			1:08.66

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 12-17 4x100 Metre Relay (Snr)**

Zone: Z 47.94 2009 Blacktown, BLACK			
Centre			Final
1 Quakers Hill			50.16
2 Doonside			52.12
3 Blacktown			53.18
4 Tallawong Park			54.10
5 Mt Druitt			55.91
6 Minchinbury			59.63

Boys U 9 - High Jump (S/H 0.85m)

Zone: Z 1.24m 1996 S.Benson, GIRR			
Zone: Z 1.24m 2003 C.Sayer, MINCH			
Name	Age	Centre	Final
Flight 1			
1 Tony Justin		Blacktown	1.03m
2 Ryan Edwards		Quakers Hill	1.01m
3 Harry White		Blacktown	1.01m
4 Navin Soma Sundaram		Quakers Hill	0.97m
5 Max Fleeting		Quakers Hill	0.97m
6 Zackary Armitage		Prospect	0.95m
7 Rezah Armeda		Quakers Hill	0.90m
8 Bailey Schwarz		Minchinbury	0.90m

Boys U 10 - High Jump (S/H 0.95m)

Zone: Z 1.40m 1997 M.Hendy, BLACK			
Name	Age	Centre	Final
1 John Lukuda		Blacktown	1.23m
2 James Kennedy		Quakers Hill	1.21m
3 Joshua Herder		Mt Druitt	1.13m
4 Casey McLean		Blacktown	1.09m
5 Joshua Phegan		Blacktown	1.05m
6 Aiden Faller		Prospect	1.05m
7 Jaideen Selvan		Blacktown	1.00m
8 Cameron Bately		Quakers Hill	1.00m
9 Scott Allen		Quakers Hill	0.95m

Boys U 11 - High Jump (S/H 1.05m)

Zone: Z 1.48m 1975 P.Cavanagh, BLACK			
Name	Age	Centre	Final
1 Muhumuza Guma		Prospect	1.40m
2 James White		Quakers Hill	1.31m
3 Jesse McLean		Blacktown	1.29m
4 Tevita Smith		Doonside	1.27m
5 Riley Fleming		Doonside	1.19m
6 Jackson Parker		Lethbridge Park	1.10m
7 Jada Legg		Blacktown	1.10m
8 Matthias Barrett		Prospect	1.10m
9 Bilal Parker		Tallawong Park	1.10m
-- Zaiden Mitrovic-Waine		Tallawong Park	NH

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 12 - High Jump (S/H 1.15m)**

Zone: Z 1.53m 1997 G.Murphy, BLACK			
Name	Age	Centre	Final
1 Abiatara Peter		Blacktown	1.45m
2 Nwazuruka Ohiaeri		Lethbridge Park	1.45m
3 Thomas Crabtree		Quakers Hill	1.27m
4 Jesse Jackson		Blacktown	1.27m
5 Jaxon Savage		Blacktown	1.25m
6 Jordyn Camilleri		Minchinbury	1.20m
7 Nabarun Tamang		Blacktown	1.15m
8 Matthew Herder		Mt Druitt	1.15m
8 Jake Valdivia		Quakers Hill	1.15m

Boys U 13 - High Jump (S/H 1.20m)

Zone: Z 1.65m 2003 R.Campbell-Gillard, LPARK			
Name	Age	Centre	Final
1 Andrew Dean		Doonside	1.55m
2 James Wark		Tallawong Park	1.34m
3 Samuel Appleby		Doonside	1.32m
-- James Leys		Quakers Hill	NH

Boys U 14 - High Jump (S/H 1.25m)

Zone: Z 1.76m 2007 A.Neville, BLACK			
Name	Age	Centre	Final
1 Christopher Wicks		Quakers Hill	1.54m
2 Noah Cook-spalding		Quakers Hill	1.45m
3 Travis Foote		Mt Druitt	1.37m
4 Wade Diks		Tallawong Park	1.37m
5 Tristan Patton		Doonside	1.30m

Boys U 15 - High Jump (S/H 1.25m)

Zone: Z 1.90m 2008 A.Neville, BLACK			
Name	Age	Centre	Final
1 Lachlan McIntrye		Quakers Hill	1.51m
2 Daniel Carrick		Tallawong Park	1.35m
3 Blake Dwyer-Hall		Blacktown	1.30m

Boys U 17 - High Jump (S/H 1.30m)

Zone: Z 1.81m 2009 N.Rushworth, DOON			
Name	Age	Centre	Final
1 Keanan Baxter		Mt Druitt	1.70m
2 Michael Herder		Mt Druitt	1.70m

Boys U 7 - Long Jump

Zone: Z 3.42m 2000 A.Neville, BLACK			
Name	Age	Centre	Final
1 Levai Smith		Doonside	2.86m
2 Tyran Shields		Minchinbury	2.63m
3 Rebeen Mirzaeli		Quakers Hill	2.48m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Boys U 7 - Long Jump**

4	Lucas Martin	Doonside	2.35m
5	Kushal Mariguddi	Blacktown	2.31m
6	Lachlan Fahey	Blacktown	2.29m
7	Nate Auld	Doonside	2.27m
8	Silas Tohilima-Gardiner	Minchinbury	2.20m
9	Lucas Whelan	Quakers Hill	2.15m
10	Saatvik Jathan	Quakers Hill	2.12m
11	Sebastian Vergara	Quakers Hill	2.09m
12	Malakai Smiroldo	Blacktown	2.01m
13	Dean Adriano	Minchinbury	2.00m
14	Lewis Savic	Prospect	1.96m
15	Gurjot Singh	Quakers Hill	1.84m
16	Matthew Clarkin	Blacktown	1.27m

Boys U 8 - Long Jump

=====			
	Zone: Z 4.01m	2001	A.Neville, BLACK
Name	Age	Centre	Final
=====			
1	Lado Sule	Blacktown	3.24m
2	Daniel Cinya	Prospect	3.04m
3	Logan White	Quakers Hill	2.92m
4	Connor O'Reilly	Quakers Hill	2.77m
5	Daniel Sinclair	Doonside	2.68m
6	Jye Clarke-Stoddart	Blacktown	2.60m
7	Maxwell Donaldson	Quakers Hill	2.50m
8	Ayan Motani	Blacktown	2.50m
9	Dominic Apulu	Lethbridge Park	2.22m
10	Riley Purkiss	Quakers Hill	2.20m
11	Julio-Xavier Tatupu	Quakers Hill	2.07m
12	Dominic-Xander Tatupu	Quakers Hill	2.01m
13	Hayden Culbert	Minchinbury	1.74m

Boys U 9 - Long Jump

=====			
	Zone: Z 4.07m	1985	C.Moore, DOON
Name	Age	Centre	Final
=====			
1	Ryan Edwards	Quakers Hill	3.49m
2	Milos Arambasic	Doonside	3.08m
3	Dominic Hefferman	Quakers Hill	3.06m
4	Richard Tako	Prospect	2.97m
5	Tony Justin	Blacktown	2.97m
6	Rezah Armeda	Quakers Hill	2.96m
7	Navin Soma Sundaram	Quakers Hill	2.95m
8	Dante Carbone	Blacktown	2.77m
9	Jay Nelson	Blacktown	2.43m
10	Camren Allen	Doonside	2.43m
11	Max Fleeting	Quakers Hill	2.29m
12	Koby Langworthy	Quakers Hill	2.05m

Boys U 10 - Long Jump

=====			
	Zone: Z 4.54m	1991	C.Battley, LPARK
Name	Age	Centre	Final
=====			
1	Mitchell Bradley	Prospect	4.12m
2	Matthew Amadi	Prospect	3.93m
3	Oliver Phillips	Blacktown	3.89m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Boys U 10 - Long Jump**

4	Casey McLean	Blacktown	3.64m
5	Shannon Allen	Doonside	3.58m
6	Joshua Phegan	Blacktown	3.52m
7	Aiden Faller	Prospect	3.50m
8	Isaac Paulino	Tallawong Park	2.96m
9	Jacob Whitebead	Blacktown	2.80m
10	Aaron Glenn	Quakers Hill	2.70m
11	Cameron Bately	Quakers Hill	2.69m

Boys U 11 - Long Jump

=====
 Zone: Z 4.74m 1991 A.Hosking, DOON
 Zone: Z 4.74m 2010 F.Adutwum, BLACK
 Zone: Z 4.74m 2011 D.Trukaliotis, BLACK

Name	Age	Centre	Final
1	Owen Evans	Doonside	4.57m
2	Jesse McLean	Blacktown	4.31m
3	Jesse Bingham	Prospect	3.98m
4	Benjamin Murray	Blacktown	3.92m
5	Riley Fleming	Doonside	3.84m
6	Ucheme Ohiaeri	Lethbridge Park	3.66m
7	Bilal Parker	Tallawong Park	3.65m
8	Benjamin Wicks	Quakers Hill	3.41m
9	Sammy Omia	Tallawong Park	3.28m
10	Zaiden Mitrovic-Waine	Tallawong Park	3.27m
11	Caidyn Joel Armitage	Prospect	3.23m
12	Blake Langworthy	Quakers Hill	2.77m
13	Henry Branson	Prospect	2.61m
14	Lachlan Clement	Blacktown	2.55m

Boys U 12 - Long Jump

=====
 Zone: Z 5.08m 2010 B.O'Donnell, DOON

Name	Age	Centre	Final
1	Tyler Anderson	Blacktown	4.73m
2	Samuel Adeti	Blacktown	3.82m
3	Jesse Jackson	Blacktown	3.74m
4	Jake Valdivia	Quakers Hill	3.63m
5	Tane Bob	Tallawong Park	3.55m
6	Jozsef Spilack	Tallawong Park	3.22m
7	Chaise Simonsen	Minchinbury	3.19m
8	Christian Vergara	Quakers Hill	3.08m

Boys U 13 - Long Jump

=====
 Zone: Z 5.56m 1998 J.Khan, MTDRU

Name	Age	Centre	Final
1	Elijah Barret	Blacktown	5.28m
2	Andrew Dean	Doonside	4.85m
3	Noah Nourdine	Doonside	4.63m
4	Rhys Walker	Doonside	4.51m
5	Samuel Appleby	Doonside	4.26m
6	William Jackson	Blacktown	3.62m
7	Darcy Purkiss	Quakers Hill	3.57m
8	Ashlyn Philip	Prospect	3.52m
9	Jack Allen	Quakers Hill	3.42m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Boys U 13 - Long Jump**

10 Thomas Morris Minchinbury 2.63m

Boys U 14 - Long Jump

Zone: Z 6.43m 2008 T.Soliman, BLACK

Name	Age Centre	Final
------	------------	-------

1 Huon Cousins	Doonside	4.30m
2 Wade Diks	Tallawong Park	4.14m
3 Nicholas Morgan	Prospect	4.01m
4 Noah Cook-spalding	Quakers Hill	3.83m
5 Tristan Patton	Doonside	3.73m
6 Angelo Justin	Prospect	3.52m

Boys U 15 - Long Jump

Zone: Z 6.46m 2000 J.Khan, MTDRU

Name	Age Centre	Final
------	------------	-------

1 Zach White	Quakers Hill	4.59m
2 Brayden Findlay	Tallawong Park	4.49m
3 Matthew Allen	Quakers Hill	3.73m

Boys U 17 - Long Jump

Zone: Z 6.25m 13/12/2014 Kieran Kirk, Doonside

Name	Age Centre	Final
------	------------	-------

1 Frederick Adutwum	Quakers Hill	6.64mZ
2 Alexander Thompson	Quakers Hill	5.40m
3 Joshua Gallard	Prospect	5.06m
4 Alexander Abnous	Quakers Hill	4.64m
5 Matthew Varley	Minchinbury	3.72m

Boys U 11 - Triple Jump

Zone: Z 10.27m 2010 F.Adutwum, BLACK

Name	Age Centre	Final
------	------------	-------

1 Harry Stancic	Prospect	9.05m
2 Jesse McLean	Blacktown	8.91m
3 Stuart Cregan	Doonside	8.05m
4 Bilal Parker	Tallawong Park	7.58m
5 Ucheme Ohiaeri	Lethbridge Park	7.54m
6 Caidyn Joel Armitage	Prospect	7.15m
7 Matthias Barrett	Prospect	6.60m
8 Lachlan Clement	Blacktown	5.95m
9 Aiden Priestley	Lethbridge Park	5.41m

Boys U 12 - Triple Jump

Zone: Z 10.74m 1996 F.Lapierre, BLACK

Name	Age Centre	Final
------	------------	-------

1 Nate Tevelen	Quakers Hill	9.49m
2 Jordyn Camilleri	Minchinbury	8.51m
3 Michael White	Blacktown	8.46m
4 Beau Jenkins	Blacktown	8.26m
5 Jesse Jackson	Blacktown	7.95m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 13 - Triple Jump**

Zone: Z 11.01m 2002 S.Condon, DOON			
Name	Age	Centre	Final
1 Noah Nourdine		Doonside	9.91m
2 Andrew Dean		Doonside	9.72m
3 Rhys Walker		Doonside	9.65m
4 James Leys		Quakers Hill	9.19m
5 William Jackson		Blacktown	8.05m
6 Ashlyn Philip		Prospect	7.88m
7 Jack Allen		Quakers Hill	7.46m
8 Thomas McKinley		Blacktown	6.38m
9 Fadi Anglo		Blacktown	5.89m

Boys U 14 - Triple Jump

Zone: Z 12.49m 2000 M.Mansour, BLACK			
Name	Age	Centre	Final
1 Darren Ankrah		Quakers Hill	11.12m
2 Joshua Amadi		Prospect	9.55m
3 Christopher Wicks		Quakers Hill	9.09m
4 Noah Cook-spalding		Quakers Hill	8.90m
5 Tristan Patton		Doonside	8.54m
6 Luke Mulligan		Minchinbury	8.41m
7 Nathan Jones		Mt Druitt	8.16m
8 Franco Vergara		Quakers Hill	7.74m
9 Jakob Sale		Lethbridge Park	7.07m

Boys U 15 - Triple Jump

Zone: Z 13.45m 1999 F.Lapierre, BLACK			
Name	Age	Centre	Final
1 Brayden Findlay		Tallawong Park	9.39m
2 Blake Dwyer-Hall		Blacktown	9.23m
3 Matthew Allen		Quakers Hill	8.29m

Boys U 17 - Triple Jump

Zone: Z 13.37m 14/12/2014 Frederick Adutuum, Quakers H			
Name	Age	Centre	Final
1 Frederick Adutuum		Quakers Hill	13.99mZ
2 Joshua Gallard		Prospect	10.76m
3 Zachary Faorlin		Prospect	9.03m
4 Matthew Varley		Minchinbury	8.67m

Boys U 7 - Shot Put (1.0 Kg)

Zone: Z 8.90m 1994 S.Benson, GIRR			
Name	Age	Centre	Final
1 Lucas Whelan		Quakers Hill	5.52m
2 Cooper Masterson		Mt Druitt	5.38m
3 Levai Smith		Doonside	5.04m
4 Sebastian Vergara		Quakers Hill	4.37m
5 Arav Shetty		Blacktown	3.89m
6 Lucas Martin		Doonside	3.71m
7 Ty-Asher Pawlik		Blacktown	3.60m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Boys U 7 - Shot Put (1.0 Kg)**

8	Saatvik Jathan	Quakers Hill	3.47m
9	Seth Garbriel	Lethbridge Park	3.14m
10	Lachlan Gillett	Minchinbury	3.03m
11	Malakai Smiroldo	Blacktown	2.38m

Boys U 8 - Shot Put (1.5 Kg)

=====			
	Zone: Z 8.85m	1995	S.Benson, GIRR
Name	Age	Centre	Final
=====			
1	James Schofield	Blacktown	6.72m
2	Hasani Bloomfield	Blacktown	6.21m
3	Dominic-Xander Tatupu	Quakers Hill	5.70m
4	Ryan Ferguson	Tallawong Park	5.48m
5	Logan White	Quakers Hill	5.35m
6	Dominic Apulu	Lethbridge Park	4.90m
7	Julio-Xavier Tatupu	Quakers Hill	4.43m
8	Brock Hansen-Daley	Lethbridge Park	4.19m
9	Riley Purkiss	Quakers Hill	4.07m
10	Daniel Sinclair	Doonside	3.78m

Boys U 9 - Shot Put (2.0 Kg)

=====			
	Zone: Z 10.07m	2003	H.Cherrington, BLACK
Name	Age	Centre	Final
=====			
1	Peter Elliott	Quakers Hill	6.56m
2	Luis Iv Magsanoc	Quakers Hill	6.35m
3	Richard Tako	Prospect	6.26m
4	Thomas Daw	Minchinbury	5.95m
5	Navin Soma Sundaram	Quakers Hill	5.79m
6	Max Fleeting	Quakers Hill	5.42m
7	Harry White	Blacktown	5.29m
8	Rajvir Virk	Blacktown	4.67m
9	Koby Langworthy	Quakers Hill	3.96m
10	Steven Holbourn	Prospect	3.58m
11	Karanbir Singh	Blacktown	3.19m
12	Dante Carbone	Blacktown	3.13m

Boys U 10 - Shot Put (2.0 Kg)

=====			
	Zone: Z 12.11m	1991	S.Lee, BLACK
Name	Age	Centre	Final
=====			
1	James Kennedy	Quakers Hill	7.90m
2	Casey McLean	Blacktown	7.60m
3	Aiden Faller	Prospect	6.80m
4	Blake Hodges	Blacktown	5.85m
5	Cody Kingcott	Quakers Hill	5.38m
6	Jason Caruana	Blacktown	5.00m
7	Thomas New	Quakers Hill	4.78m
8	Cameron Bately	Quakers Hill	4.66m
9	Kristen Hansenp-Daley	Lethbridge Park	2.71m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 11 - Shot Put (2.0 Kg)**

Zone: Z 12.56m 2007 T.Moeroa, LPARK			
Name	Age	Centre	Final
1 Muhumuza Guma		Prospect	13.54mZ
2 Tevita Smith		Doonside	9.83m
3 Cooper Rushby		Minchinbury	7.69m
4 Brayden Matthews		Quakers Hill	6.92m
5 Blake Langworthy		Quakers Hill	6.30m
6 Benjamin Wicks		Quakers Hill	5.13m

Boys U 12 - Shot Put (3.0 Kg)

Zone: Z 15.61m 1989 S.Brooker, DOON			
Name	Age	Centre	Final
1 Maddix Fualau		Minchinbury	8.74m
2 Nate Tevelen		Quakers Hill	6.91m
3 Jaxon Savage		Blacktown	6.71m
4 Samuel Adeti		Blacktown	6.05m
5 Byron Cousins		Doonside	5.81m
6 Jack Beeston		Prospect	5.64m
7 Andrew Roseby		Tallawong Park	4.94m
8 Luga Lukudu		Blacktown	4.72m
9 Ryan Glenn		Quakers Hill	3.01m

Boys U 13 - Shot Put (3.0 Kg)

Zone: Z 16.88m 2009 T.Moeroa, DOON			
Name	Age	Centre	Final
1 James Wark		Tallawong Park	8.11m
2 William Jackson		Blacktown	7.93m
3 Samuel Appleby		Doonside	7.08m
4 Darcy Purkiss		Quakers Hill	7.03m
5 Logan Barendregt		Doonside	5.59m

Boys U 14 - Shot Put (3.0 Kg)

Zone: Z 11.96m 5/02/2013 D.Amos, BLA			
Name	Age	Centre	Final
1 Jake Ferguson		Tallawong Park	10.40m
2 Benjamin Skoric		Doonside	9.00m
3 Shaq Chandra		Tallawong Park	8.99m
4 Mandar Mariguddi		Blacktown	8.95m
5 Jakob Sale		Lethbridge Park	8.73m
6 Luke Mulligan		Minchinbury	8.00m
7 Grant Kennerley		Mt Druitt	7.78m

Boys U 15 - Shot Put (4.0 Kg)

Zone: Z 18.08m 2011 T.Moeroa, DOON			
Name	Age	Centre	Final
1 Zach White		Quakers Hill	10.91m
2 Brayden Findlay		Tallawong Park	8.67m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 17 - Shot Put (5.0 Kg)**

Zone: Z 17.93m 4/02/2013 T.Moeroa, DOO			
Name	Age	Centre	Final
1 Joshua Gallard		Prospect	10.70m
2 Matt Moynahan		Mt Druitt	10.43m
3 Nikolas Savage		Blacktown	10.16m
4 John Poloaalii		Doonside	9.57m
5 Kyle Martin		Doonside	9.54m

Boys U 7 - Discus (350 Gram)

Zone: Z 20.27m 2003 W.O'Brien, MTDRU			
Name	Age	Centre	Final
1 Silas Tohilima-Gardiner		Minchinbury	13.67m
2 Hunter McKillop-Davies		Lethbridge Park	12.80m
3 Malakai Smiroldo		Blacktown	12.37m
4 Tanielu Pula		Doonside	11.91m
5 Lucas Martin		Doonside	11.09m
6 Daniel Stuart		Tallawong Park	10.90m
7 Brayden Doran		Minchinbury	10.47m
8 Gurjot Singh		Quakers Hill	9.64m
9 Lachlan Fahey		Blacktown	9.06m
10 Seth Garbriel		Lethbridge Park	8.22m
11 Aiden Todd		Blacktown	7.70m
12 Ty-Asher Pawlik		Blacktown	6.89m
13 Lachlan Gillett		Minchinbury	5.82m
-- Hayden Culver		Quakers Hill	ND
-- Kaynon Kwan		Minchinbury	ND
-- Lucas Whelan		Quakers Hill	ND

Boys U 8 - Discus (500 Gram)

Zone: Z 24.40m 1981 J.Arneberger, NEP			
Name	Age	Centre	Final
1 James Schofield		Blacktown	18.51m
2 Dominic-Xander Tatupu		Quakers Hill	13.09m
3 Julio-Xavier Tatupu		Quakers Hill	13.05m
4 Dominic Apulu		Lethbridge Park	12.56m
5 Ryan Ferguson		Tallawong Park	11.45m
6 Lado Sule		Blacktown	9.83m
7 Gabriel Paul		Tallawong Park	9.12m

Boys U 9 - Discus (500 Gram)

Zone: Z 32.28m 1982 S.Williams, BLACK			
Name	Age	Centre	Final
1 Peter Elliott		Quakers Hill	23.49m
2 Thomas Daw		Minchinbury	17.43m
3 Luis Iv Magsanoc		Quakers Hill	17.14m
4 Max Fleeting		Quakers Hill	15.71m
5 Navin Soma Sundaram		Quakers Hill	15.39m
6 Richard Tako		Prospect	14.28m
7 Rajvir Virk		Blacktown	13.06m
8 Camren Allen		Doonside	12.66m
9 Karanbir Singh		Blacktown	9.36m
10 Koby Langworthy		Quakers Hill	9.19m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Boys U 9 - Discus (500 Gram)**

11 Dante Carbone	Blacktown	8.81m
12 Lachlan Findlay	Tallawong Park	8.77m
13 Lorenzo De Guzman	Blacktown	8.28m
14 Nathan Reverly	Tallawong Park	7.80m
15 Steven Holbourn	Prospect	7.24m

Boys U 10 - Discus (500 Gram)

Zone: Z 41.48m 1983			J.Arneberger, NEP
Name	Age Centre		Final
1 Shannon Allen	Doonside		20.55m
2 Mitchell Bradley	Prospect		18.58m
3 Blake Hodges	Blacktown		17.91m
4 Cody Kingcott	Quakers Hill		16.71m
5 Edward Paul	Tallawong Park		16.50m
6 Alex Crabtree	Quakers Hill		16.35m
7 Joshua Phegan	Blacktown		15.77m
8 Oliver Phillips	Blacktown		14.82m
9 Kristen Hansenp-Daley	Lethbridge Park		12.70m
10 Thomas New	Quakers Hill		12.43m
11 Aaron Glenn	Quakers Hill		10.20m

Boys U 11 - Discus (750 Gram)

Zone: Z 34.54m 2008			P.Aokuso, BLACK
Name	Age Centre		Final
1 Muhumuza Guma	Prospect		34.25m
2 Blake Langworthy	Quakers Hill		14.70m
3 Benjamin Wicks	Quakers Hill		14.30m
4 Jackson Parker	Lethbridge Park		13.96m
5 Caidyn Joel Armitage	Prospect		13.41m
6 Matthias Barrett	Prospect		13.16m

Boys U 12 - Discus (750 Gram)

Zone: Z 45.99m 2008			T.Moeroa, LPARK
Name	Age Centre		Final
1 Nwazuruka Ohiaeri	Lethbridge Park		32.86m
2 Christopher Gillett	Minchinbury		30.56m
3 Maddix Fualau	Minchinbury		28.47m
4 Thomas Crabtree	Quakers Hill		19.15m
5 Lucas Tabone	Tallawong Park		17.52m
6 Nicholas Bunting	Tallawong Park		15.89m
7 Samuel Adeti	Blacktown		15.48m
8 Jaxon Savage	Blacktown		15.22m
9 Byron Cousins	Doonside		13.27m
10 Andrew Roseby	Tallawong Park		13.02m
11 Christian Vergara	Quakers Hill		12.80m
12 Luga Lukudu	Blacktown		11.98m
13 Gursimran Singh	Blacktown		11.78m
14 Ryan Glenn	Quakers Hill		10.50m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 13 - Discus (1.0 Kg)**

Zone: Z 51.39m 2009 T.Moeroa, DOON			
Name	Age	Centre	Final
1 James Wark		Tallawong Park	20.58m
2 Declan Thompson		Quakers Hill	19.08m
3 Andrew Dean		Doonside	17.48m
4 William Jackson		Blacktown	17.39m
5 Darcy Purkiss		Quakers Hill	16.28m
6 Ashlyn Philip		Prospect	14.14m
7 Logan Barendregt		Doonside	11.42m

Boys U 14 - Discus (1.0 Kg)

Zone: Z 54.22m 2010 T.Moeroa, DOON			
Name	Age	Centre	Final
1 Travis Foote		Mt Druitt	24.62m
2 Mandar Mariguddi		Blacktown	23.54m
3 Shaq Chandra		Tallawong Park	23.47m
4 Benjamin Skoric		Doonside	23.13m
5 Jakob Sale		Lethbridge Park	22.39m
6 Angelo Justin		Prospect	18.42m
7 Grant Kennerley		Mt Druitt	16.74m
8 Franco Vergara		Quakers Hill	15.81m
-- Bailey Rushby		Minchinbury	ND

Boys U 15 - Discus (1.0 Kg)

Zone: Z 55.59m 2011 T.Moeroa, DOON			
Name	Age	Centre	Final
1 Lachlan McIntrye		Quakers Hill	31.67m
2 Zach White		Quakers Hill	22.32m
3 Brayden Findlay		Tallawong Park	21.68m
4 Matthew Allen		Quakers Hill	15.35m

Boys U 17 - Discus (1.5 Kg)

Zone: Z 41.81m 5/02/2012 J.Bartley, BLA			
Name	Age	Centre	Final
1 Joshua Gallard		Prospect	32.87m
2 John Poloaalii		Doonside	27.74m
3 Nikolas Savage		Blacktown	25.14m
4 Kyle Martin		Doonside	24.74m
5 Michael Wishart		Quakers Hill	18.56m

Boys U 11-12 Discus Para

Name	Age	Centre	Final
1 Dustin Coles		Lethbridge Park	4.90m

Boys U 11 - Javelin (400 Gram)

Name	Age	Centre	Final
1 Muhumuza Guma		Prospect	26.84m
2 Jackson Parker		Lethbridge Park	17.29m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****....Boys U 11 - Javelin (400 Gram)**

3	Tevita Smith	Doonside	15.21m
4	Blake Langworthy	Quakers Hill	12.15m
5	Matthias Barrett	Prospect	10.45m
--	Aiden Priestley	Lethbridge Park	ND

Boys U 12 - Javelin (400 Gram)

=====			
	Zone: Z 30.15m	2011	B.Rodricks, Doonside
Name	Age	Centre	Final
=====			
1	Tyler Anderson	Blacktown	30.39mZ
2	Nwazuruka Ohiaeri	Lethbridge Park	21.51m
3	Maddix Fualau	Minchinbury	20.82m
4	Nate Tevelen	Quakers Hill	17.97m
5	Nicholas Bunting	Tallowong Park	15.14m
6	Byron Cousins	Doonside	13.24m
7	Chaise Simonsen	Minchinbury	12.06m
8	Lucas Tabone	Tallowong Park	11.00m
9	Jaxon Savage	Blacktown	9.27m
10	Jack Beeston	Prospect	9.20m
--	Beau Jenkins	Blacktown	ND

Boys U 13 - Javelin (600 Gram)

=====			
	Zone: Z 38.05m	2009	T.Moeroa, Doonside
Name	Age	Centre	Final
=====			
1	Declan Thompson	Quakers Hill	20.14m
2	James Wark	Tallowong Park	19.85m
3	Ashlyn Philip	Prospect	14.85m
4	William Jackson	Blacktown	13.35m
5	Nestor Batoon	Blacktown	10.86m

Boys U 14 - Javelin (600 Gram)

=====			
	Zone: Z 44.83m	2007	A.Neville, Blacktown
Name	Age	Centre	Final
=====			
1	Jake Ferguson	Tallowong Park	28.24m
2	Mandar Mariguddi	Blacktown	23.93m
3	Jakob Sale	Lethbridge Park	23.34m
4	Huon Cousins	Doonside	20.85m
5	Angelo Justin	Prospect	15.01m
6	Luke Mulligan	Minchinbury	8.06m
--	Nicholas Morgan	Prospect	ND

Boys U 15 - Javelin (700 Gram)

=====			
	Zone: Z 39.62m	2014	B.Rodricks, Doonside
Name	Age	Centre	Final
=====			
1	Lachlan McIntrye	Quakers Hill	32.77m
2	Zach White	Quakers Hill	27.27m
3	Brayden Findlay	Tallowong Park	21.29m
4	Daniel Carrick	Tallowong Park	19.09m
5	Matthew Allen	Quakers Hill	13.79m

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 17 - Javelin (700 Gram)**

Zone: Z 42.29m 2013 M.Hayes, Blacktown			
Name	Age	Centre	Final
1 Joshua Gallard		Prospect	41.69m
2 Kyle Martin		Doonside	27.86m
3 John Poloaalii		Doonside	25.55m

Boys U 11-12 Long Jump Para

Name	Age	Centre	Final
1 Dustin Coles		Lethbridge Park	1.60m

Boys U 9 - 700 Metre Walk

Zone: Z 3:36.30 1999 J.Milan, MINCH			
Name	Age	Centre	Final
Section 1			
1 Peter Elliott		Quakers Hill	4:33.18
2 Isaac Beacroft		Quakers Hill	5:40.89
-- Lorenzo De Guzman		Blacktown	DQ
-- Dante Carbone		Blacktown	DQ

Boys U 10 - 1100 Metre Walk

Zone: Z 5:45.30 2003 N.Henshaw, DOON			
Name	Age	Centre	Final
1 Edward Paul		Tallawong Park	9:30.50
-- Brendan Clarkin		Blacktown	DQ
-- Blake Hodges		Blacktown	DQ
-- Joshua Phegan		Blacktown	DQ

Boys U 11 - 1100 Metre Walk

Zone: Z 5:38.00 2005 S.Washburn, MTDRU			
Name	Age	Centre	Final
1 Caidyn Joel Armitage		Prospect	8:31.08

Boys U 12 - 1500 Metre Walk

Zone: Z 7:08.60 1992 D.Beacroft, BLACK			
Name	Age	Centre	Final
1 Beau Jenkins		Blacktown	9:03.12
2 Byron Cousins		Doonside	11:42.72
3 Matthew Herder		Mt Druitt	11:43.44
-- Jozsef Spilack		Tallawong Park	DQ

Boys U 13 - 1500 Metre Walk

Zone: Z 7:04.60 2003 B.Keys, DOON			
Name	Age	Centre	Final
1 Michael carrick		Tallawong Park	9:20.04
2 Logan Barendregt		Doonside	11:29.66
-- Thomas McKinley		Blacktown	DQ

WEST MET ZONE TRACK & FIELD CHAMPIONSHIPS**11/12/2015 to 13/12/2015****Results****Boys U 14 - 1500 Metre Walk**

=====			
Zone: Z	6:33.40	1994	D.Beacroft, BLACK
Name	Age	Centre	Final
=====			
1 Christopher Wicks		Quakers Hill	8:27.97
2 Timothy Leask		Quakers Hill	9:26.00
-- Nathan Jones		Mt Druitt	DQ

Boys U 15 - 1500 Metre Walk

=====			
Zone: Z	5:57.50	1998	D.Connolly, MTDRU
Name	Age	Centre	Final
=====			
1 Blake Dwyer-Hall		Blacktown	7:19.42
2 Corey Spinks		Tallawong Park	9:15.00
3 Brayden Findlay		Tallawong Park	9:51.38

Boys U 17 - 1500 Metre Walk

=====			
Zone: Z	7:41.30	5/02/2012	J.Dhu, DOO
Name	Age	Centre	Final
=====			
1 Travis Barendregt		Doonside	7:43.57