

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 7 - 50 Metre Sprint**

| Zone: Z 9.30 13/12/2009 Kyra Phillips, Lithgow | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Logan Ogilvie | | Glenbrook | 9.33Q |
| 2 Louise Ringbauer | | Kurrajong Bilpin | 9.97Q |
| 3 Maddison Lowe | | Springwood | 10.22Q |
| 4 Isabella Wells | | Lithgow | 10.31q |
| 5 Sarah Rivas | | Katoomba | 10.51q |
| Heat 2 Heats | | | |
| 1 Seda Amputch | | Springwood | 9.32Q |
| 2 Caitlin Murphy | | Glenbrook | 10.02Q |
| 3 Elvie Filewood | | Katoomba | 10.31Q |
| 4 Cara-lee Flecknoe | | Kurrajong Bilpin | 21.23 |

Girls U 7 - 50 Metre Sprint

| Zone: Z 9.30 13/12/2009 Kyra Phillips, Lithgow | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Seda Amputch | | Springwood | 9.5h |
| 2 Logan Ogilvie | | Glenbrook | 9.6h |
| 3 Louise Ringbauer | | Kurrajong Bilpin | 10.0h |
| 4 Caitlin Murphy | | Glenbrook | 10.1h |
| 5 Maddison Lowe | | Springwood | 10.4h |
| 6 Elvie Filewood | | Katoomba | 10.4h |
| 7 Isabella Wells | | Lithgow | 10.7h |

Girls U 7 - 70 Metre Sprint

| Zone: Z 11.80 31/03/1990 C. Ingram, Katoomba | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 | | | |
| 1 Zali Mcculkin | | Lithgow | 13.3h |
| 2 Louise Ringbauer | | Kurrajong Bilpin | 13.4h |
| 3 Caitlin Murphy | | Glenbrook | 13.7h |
| 4 Elvie Filewood | | Katoomba | 13.8h |
| 5 Maddison Lowe | | Springwood | 14.4h |
| 6 Siobhan McKervey | | Glenbrook | 14.8h |
| 7 Sarah Rivas | | Katoomba | 15.1h |
| 8 Cara-lee Flecknoe | | Kurrajong Bilpin | 18.2h |

Girls U 8 - 70 Metre Sprint

| Zone: Z 11.30 31/03/2002 A. Seymour, Emu Plains | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Taya Jules Moore | | Springwood | 11.9h |
| 2 Kaylee Alderson | | Katoomba | 12.0h |
| 3 Lily Evans | | Kurrajong Bilpin | 12.5h |
| 4 Taleah Ison | | Kurrajong Bilpin | 12.8h |
| 5 Georgie Zahra | | Glenbrook | 12.9h |
| 6 Emily Boyes | | Springwood | 12.9h |
| 7 Abbagayle Turner-Smith | | Kurrajong Bilpin | 13.3h |
| 8 Krystal Redman | | Oberon | 13.9h |
| 9 Sarah Kelly | | Mudgee | 14.1h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 9 - 70 Metre Sprint**

| Zone: Z 11.10 29/01/2006 Jenna Heath, Lithgow | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Caitlin Feltham | | Kurrajong Bilpin | 11.7h |
| 2 Jorja Bennetts | | Mudgee | 11.8h |
| 3 Suri Althofer | | Mudgee | 12.1h |
| 4 Elizabeth Godwin | | Glenbrook | 12.1h |
| 5 Natalie Nash | | Springwood | 12.2h |
| 6 Abbey Collins | | Kurrajong Bilpin | 12.2h |
| 7 April Darby | | Glenbrook | 12.7h |

Girls U 10 - 70 Metre Sprint

| Zone: Z 10.20 31/03/2002 C. West, Lithgow | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Ella Standish | | Kurrajong Bilpin | 11.76Q |
| 2 Bella Mcspadden | | Glenbrook | 11.78Q |
| 3 Neive Hogan | | Oberon | 12.19Q |
| 4 Louise Dawes | | Glenbrook | 12.62 |
| 5 Lani Gleeson | | Springwood | 13.09 |
| 6 Mirrin Sharp | | Lithgow | 13.58 |
| 7 Mae Price | | Glenbrook | 14.10 |
| Heat 2 Heats | | | |
| 1 Charlotte Brown | | Mudgee | 11.41Q |
| 2 Jezebel Mills | | Glenbrook | 11.85Q |
| 3 Grace Smith | | Springwood | 11.99Q |
| 4 Holly Wye | | Glenbrook | 12.14q |
| 5 Molly Robinson | | Lithgow | 12.32q |
| 6 Paige Nash | | Kurrajong Bilpin | 13.09 |
| 7 Lani Amputch | | Springwood | 13.29 |
| 8 Alana Murray | | Katoomba | 13.96 |

Girls U 10 - 70 Metre Sprint

| Zone: Z 10.20 31/03/2002 C. West, Lithgow | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Charlotte Brown | | Mudgee | 11.5h |
| 2 Ella Standish | | Kurrajong Bilpin | 12.0h |
| 3 Jezebel Mills | | Glenbrook | 12.1h |
| 4 Bella Mcspadden | | Glenbrook | 12.2h |
| 5 Grace Smith | | Springwood | 12.3h |
| 6 Holly Wye | | Glenbrook | 12.26 |
| 7 Neive Hogan | | Oberon | 12.4h |
| 8 Molly Robinson | | Lithgow | 12.6h |

Girls U 7 - 100 Metre Sprint

| Zone: Z 16.40 31/03/1990 C. Ingram, Katoomba | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Icelyn Scott | | Glenbrook | 18.32Q |
| 2 Seda Amputch | | Springwood | 18.57Q |
| 3 Logan Ogilvie | | Glenbrook | 18.83Q |
| 4 Maisie Mitchell | | Kurrajong Bilpin | 19.06q |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Girls U 7 - 100 Metre Sprint**

| | | |
|---------------------|------------------|--------|
| 5 Siobhan McKervey | Glenbrook | 22.32 |
| 6 Cara-lee Flecknoe | Kurrajong Bilpin | 27.03 |
| Heat 2 Heats | | |
| 1 Zali Mcculkin | Lithgow | 19.16Q |
| 2 Louise Ringbauer | Kurrajong Bilpin | 20.04Q |
| 3 Jemma Camilleri | Kurrajong Bilpin | 20.16Q |
| 4 Elvie Filewood | Katoomba | 20.28q |
| 5 Lori Jakus | Springwood | 25.91 |

Girls U 7 - 100 Metre Sprint

Zone: Z 16.40 31/03/1990 C. Ingram, Katoomba

| Name | Age Centre | Final |
|--------------------|------------------|-------|
| Section 1 Final | | |
| 1 Icelyn Scott | Glenbrook | 18.3h |
| 2 Zali Mcculkin | Lithgow | 18.4h |
| 3 Seda Amputch | Springwood | 19.0h |
| 4 Louise Ringbauer | Kurrajong Bilpin | 19.1h |
| 5 Maisie Mitchell | Kurrajong Bilpin | 19.3h |
| 6 Logan Ogilvie | Glenbrook | 19.5h |
| 7 Elvie Filewood | Katoomba | 20.1h |
| 8 Jemma Camilleri | Kurrajong Bilpin | 20.6h |

Girls U 8 - 100 Metre Sprint

Zone: Z 15.70 31/03/2002 A. Seymour, Emu Plains

| Name | Age Centre | Final |
|--------------------------|------------------|-------|
| Section 1 | | |
| 1 Taya Jules Moore | Springwood | 17.5h |
| 2 Kaylee Alderson | Katoomba | 18.0h |
| 3 Mia Watson | Springwood | 18.2h |
| 4 Taleah Ison | Kurrajong Bilpin | 19.0h |
| 5 Abbagayle Turner-Smith | Kurrajong Bilpin | 19.8h |
| 6 Matilda Horne | Katoomba | 20.7h |
| 7 Sarah Kelly | Mudgee | 21.1h |

Girls U 9 - 100 Metre Sprint

Zone: Z 14.90 31/03/1996 S. Jones, Springwood

| Name | Age Centre | Heats |
|----------------------|------------------|--------|
| Heat 1 Heats | | |
| 1 Suri Althofer | Mudgee | 17.61Q |
| 2 Chloe McGilvray | Mudgee | 17.82Q |
| 3 Jessie Lee Barrett | Katoomba | 17.99Q |
| 4 Abbey Collins | Kurrajong Bilpin | 18.18q |
| 5 Maddison Rusten | Oberon | 19.83 |
| 6 Allison Bennett | Oberon | 21.57 |
| Heat 2 Heats | | |
| 1 Jorja Bennetts | Mudgee | 17.05Q |
| 2 Caitlin Feltham | Kurrajong Bilpin | 17.40Q |
| 3 Amelie Hugo | Katoomba | 17.76Q |
| 4 Tiana Heke | Springwood | 17.93q |
| 5 Annika Della Bosca | Lithgow | 19.05 |
| 6 Ava Bergan | Glenbrook | 19.33 |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 9 - 100 Metre Sprint**

| Zone: Z 14.90 31/03/1996 S. Jones, Springwood | | | |
|---|--------------------|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 | Jorja Bennetts | Mudgee | 17.1h |
| 2 | Caitlin Feltham | Kurrajong Bilpin | 17.2h |
| 3 | Suri Althofer | Mudgee | 17.3h |
| 4 | Chloe McGilvray | Mudgee | 17.5h |
| 5 | Tiana Heke | Springwood | 17.7h |
| 6 | Amelie Hugo | Katoomba | 17.9h |
| 7 | Jessie Lee Barrett | Katoomba | 18.1h |
| 8 | Abbey Collins | Kurrajong Bilpin | 18.4h |

Girls U 10 - 100 Metre Sprint

| Zone: Z 14.40 31/03/2006 Jenna Heath, Lithgow | | | |
|---|-----------------|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 | Ella Standish | Kurrajong Bilpin | 16.21Q |
| 2 | Grace Smith | Springwood | 16.57Q |
| 3 | Bella Mcspadden | Glenbrook | 16.68Q |
| 4 | Annalisa Ely | Katoomba | 17.04 |
| 5 | Louise Dawes | Glenbrook | 17.12 |
| 6 | Molly Robinson | Lithgow | 17.37 |
| 7 | Sophia Meehan | Glenbrook | 18.28 |
| 8 | Taniesha Rusten | Oberon | 19.34 |
| Heat 2 Heats | | | |
| 1 | Charlotte Brown | Mudgee | 15.79Q |
| 2 | Cassidy Feltham | Kurrajong Bilpin | 16.01Q |
| 3 | Lily Rooney | Glenbrook | 16.19Q |
| 4 | Neive Hogan | Oberon | 16.76q |
| 5 | Tayah Crook | Lithgow | 16.83q |
| 6 | Jezebel Mills | Glenbrook | 16.93 |
| 7 | Lani Amputch | Springwood | 18.38 |

Girls U 10 - 100 Metre Sprint

| Zone: Z 14.40 31/03/2006 Jenna Heath, Lithgow | | | |
|---|-----------------|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 | Charlotte Brown | Mudgee | 16.0h |
| 2 | Ella Standish | Kurrajong Bilpin | 16.2h |
| 3 | Cassidy Feltham | Kurrajong Bilpin | 16.4h |
| 4 | Neive Hogan | Oberon | 16.5h |
| 5 | Bella Mcspadden | Glenbrook | 16.6h |
| 6 | Lily Rooney | Glenbrook | 16.7h |
| 7 | Grace Smith | Springwood | 16.9h |
| 8 | Tayah Crook | Lithgow | 17.4h |

Girls U 11 - 100 Metre Sprint

| Zone: Z 14.00 5/12/2004 Rachel Munro, Emu Plains | | | |
|--|---------------|------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 | Molly Jones | Springwood | 15.69Q |
| 2 | Sophie Redman | Oberon | 16.30Q |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Girls U 11 - 100 Metre Sprint**

| | | | |
|---|-----------------|------------------|--------|
| 3 | Maddison Garton | Kurrajong Bilpin | 17.19Q |
| 4 | Georgia Kelly | Mudgee | 17.44 |
| 5 | Jorgia McFawn | Oberon | 17.81 |
| 6 | Jacinta Jeffery | Springwood | 18.84 |

Heat 2 Heats

| | | | |
|---|------------------|------------------|--------|
| 1 | Alesha Bennetts | Mudgee | 14.48Q |
| 2 | Kasey Hayes | Mudgee | 14.66Q |
| 3 | Kate Leach | Kurrajong Bilpin | 15.28Q |
| 4 | Hayley Moir | Springwood | 16.42q |
| 5 | Hannah Patton | Katoomba | 16.51q |
| 6 | Zoe Rivas | Katoomba | 16.83 |
| 7 | Britney Brindley | Oberon | 20.12 |

Girls U 11 - 100 Metre Sprint

=====
 Zone: Z 14.00 5/12/2004 Rachel Munro, Emu Plains

Name Age Centre Final
 =====

Section 1 Final

| | | | |
|---|-----------------|------------------|-------|
| 1 | Alesha Bennetts | Mudgee | 14.8h |
| 2 | Kasey Hayes | Mudgee | 15.1h |
| 3 | Molly Jones | Springwood | 16.1h |
| 4 | Sophie Redman | Oberon | 16.2h |
| 5 | Kate Leach | Kurrajong Bilpin | 16.2h |
| 6 | Hayley Moir | Springwood | 17.2h |
| 7 | Hannah Patton | Katoomba | 17.7h |
| 8 | Maddison Garton | Kurrajong Bilpin | 18.2h |

Girls U 12 - 100 Metre Sprint

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 Zone: Z 13.00 31/03/1990 Donna Jones, Kurrajong Bilpin

Name Age Centre Heats
 =====

Heat 1 Heats

| | | | |
|---|-------------------|-----------|--------|
| 1 | Ava Healey | Lithgow | 14.36Q |
| 2 | Charlotte Husarek | Glenbrook | 14.50Q |
| 3 | Amber Love | Katoomba | 15.01Q |
| 4 | Penny Kelly | Mudgee | 15.22q |
| 5 | Xanthe Althofer | Mudgee | 15.24q |

Heat 2 Heats

| | | | |
|---|-------------------|------------|--------|
| 1 | Mia Baggett | Mudgee | 14.20Q |
| 2 | Isabella Jacobson | Glenbrook | 15.80Q |
| 3 | Mali MacDiarmid | Katoomba | 16.04Q |
| 4 | Micah Segedin | Springwood | 16.50 |
| 5 | Gabrielle Sharp | Lithgow | 20.53 |

Girls U 12 - 100 Metre Sprint

=====
 Zone: Z 13.00 31/03/1990 Donna Jones, Kurrajong Bilpin

Name Age Centre Final
 =====

Section 1 Final

| | | | |
|---|-------------------|-----------|-------|
| 1 | Mia Baggett | Mudgee | 14.2h |
| 2 | Ava Healey | Lithgow | 14.5h |
| 3 | Charlotte Husarek | Glenbrook | 14.6h |
| 4 | Xanthe Althofer | Mudgee | 15.3h |
| 5 | Amber Love | Katoomba | 15.4h |
| 6 | Penny Kelly | Mudgee | 15.4h |
| 7 | Mali MacDiarmid | Katoomba | 15.8h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Girls U 12 - 100 Metre Sprint**

| | | |
|---------------------|-----------|-------|
| 8 Isabella Jacobson | Glenbrook | 16.0h |
|---------------------|-----------|-------|

Girls U 13 - 100 Metre Sprint

Zone: Z 12.90 3/12/2006 Rachel Munro, Emu Plains

| Name | Age Centre | Heats |
|------|------------|-------|
|------|------------|-------|

Heat 1 Heats

| | | |
|-------------------|------------------|--------|
| 1 Alanna Dutton | Springwood | 13.50Q |
| 2 Kallan Phillips | Lithgow | 13.79Q |
| 3 Georgia Messina | Kurrajong Bilpin | 13.82Q |
| 4 Cushla Rue | Oberon | 14.49q |
| 5 Dana Bulman | Kurrajong Bilpin | 15.57 |
| 6 Cloe Robinson | Lithgow | 15.73 |
| 7 Ella Maynard | Mudgee | 15.97 |

Heat 2 Heats

| | | |
|--------------------------|------------------|--------|
| 1 Tay Meehan | Katoomba | 13.79Q |
| 2 Annalyse Garton | Kurrajong Bilpin | 13.95Q |
| 3 Kyra Phillips | Lithgow | 14.13Q |
| 4 Ashley Robinson | Lithgow | 14.36q |
| 5 Maya Lynes Ross | Lithgow | 14.53 |
| 6 Jasmine Williams-Smith | Kurrajong Bilpin | 15.09 |
| 7 Maddison Redman | Oberon | 15.79 |

Girls U 13 - 100 Metre Sprint

Zone: Z 12.90 3/12/2006 Rachel Munro, Emu Plains

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

Section 1 Final

| | | |
|-------------------|------------------|-------|
| 1 Alanna Dutton | Springwood | 13.2h |
| 2 Kallan Phillips | Lithgow | 13.5h |
| 3 Georgia Messina | Kurrajong Bilpin | 13.6h |
| 4 Tay Meehan | Katoomba | 13.6h |
| 5 Cushla Rue | Oberon | 13.7h |
| 6 Annalyse Garton | Kurrajong Bilpin | 13.9h |
| 7 Kyra Phillips | Lithgow | 13.9h |
| 8 Ashley Robinson | Lithgow | 14.1h |

Girls U 14 - 100 Metre Sprint

Zone: Z 12.80 31/03/1990 Rebecca Burgess, Glenbrook

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

Section 1

| | | |
|--------------------|------------------|-------|
| 1 Kiara Ison | Kurrajong Bilpin | 13.4h |
| 2 Bronte Pickering | Springwood | 13.5h |
| 3 Caitlyn Ferrier | Kurrajong Bilpin | 13.6h |
| 4 Jemma Price | Springwood | 14.3h |
| 5 Teoni Schleibs | Lithgow | 14.6h |
| 6 Isabella Casey | Glenbrook | 15.0h |

Girls U 15 - 100 Metre Sprint

Zone: Z 12.50 31/03/1993 D. Jones, Kurrajong Bilpin

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|------------------|------------------|-------|
| 1 Caitlin Fenner | Springwood | 13.8h |
| 2 Janaya Lee | Kurrajong Bilpin | 14.3h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Girls U 15 - 100 Metre Sprint**

| | | |
|-------------------|------------------|-------|
| 3 Mackenzie Stone | Glenbrook | 14.6h |
| 4 Davina Bulman | Kurrajong Bilpin | 16.6h |

Girls U 17 - 100 Metre Sprint

Zone: Z 12.70 10/12/2011 Jess Stafford, Kurrajong Bilp

Name Age Centre Final

| | | |
|-------------------|------------------|-------|
| 1 Tahlia Blanch | Kurrajong Bilpin | 13.8h |
| 2 Kaylah Lamb | Glenbrook | 13.8h |
| 3 Mary Jones | Springwood | 14.3h |
| 4 Eleanore Mercer | Springwood | 14.5h |
| 5 Shyanne Lee | Kurrajong Bilpin | 14.9h |
| 6 Alicia Blanch | Kurrajong Bilpin | 16.2h |

Girls U 7 - 200 Metre Sprint

Zone: Z 36.20 11/12/2010 Brooke Keller, Kurrajong Bilp

Name Age Centre Final

| | | |
|--------------------|------------------|-------|
| 1 Icelyn Scott | Glenbrook | 38.4h |
| 2 Seda Amputch | Springwood | 39.8h |
| 3 Zali Mcculkin | Lithgow | 42.3h |
| 4 Jemma Camilleri | Kurrajong Bilpin | 42.89 |
| 5 Louise Ringbauer | Kurrajong Bilpin | 45.6h |
| 6 Elvie Filewood | Katoomba | 46.4h |
| 7 Mikayla McMahon | Katoomba | 51.2h |

Girls U 8 - 200 Metre Sprint

Zone: Z 33.90 11/12/2011 Brooke Keller, Kurrajong Bilp

Name Age Centre Final

| | | |
|--------------------------|------------------|-------|
| 1 Kaylee Alderson | Katoomba | 37.9h |
| 2 Abbagayle Turner-Smith | Kurrajong Bilpin | 41.5h |
| 3 Krystal Redman | Oberon | 42.6h |
| 4 Lily Evans | Kurrajong Bilpin | 42.9h |
| 5 Xylia Davidson | Kurrajong Bilpin | 44.5h |
| 6 Sarah Portelli | Kurrajong Bilpin | 44.7h |
| 7 Sarah Kelly | Mudgee | 49.0h |
| 8 Isabelle Smeallie | Mudgee | 52.1h |

Girls U 9 - 200 Metre Sprint

Zone: Z 32.30 1/12/2002 Christie Pearson, Springwood

Name Age Centre Final

| | | |
|--------------------|------------|-------|
| 1 Eliza English | Mudgee | 35.9h |
| 2 Tiana Heke | Springwood | 36.4h |
| 3 Chloe McGilvray | Mudgee | 36.7h |
| 4 Amelie Hugo | Katoomba | 37.1h |
| 5 Elizabeth Godwin | Glenbrook | 37.1h |
| 6 April Darby | Glenbrook | 37.3h |
| 7 Scarlett Hepper | Springwood | 46.5h |
| 8 Emma Orme | Springwood | 46.6h |
| 9 Claire Nicholls | Glenbrook | 46.8h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 10 - 200 Metre Sprint**

| Zone: Z 30.60 31/03/1997 M. Smith, Kurrajong Bilpin | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Lily Rooney | | Glenbrook | 34.49Q |
| 2 Cassidy Feltham | | Kurrajong Bilpin | 35.03Q |
| 3 Neive Hogan | | Oberon | 35.48Q |
| 4 Chyna Lily Moore | | Springwood | 37.83 |
| 5 Alana Murray | | Katoomba | 43.11 |
| Heat 2 Heats | | | |
| 1 Bella Mcspadden | | Glenbrook | 34.83Q |
| 2 Ella Standish | | Kurrajong Bilpin | 35.46Q |
| 3 Grace Smith | | Springwood | 35.75Q |
| 4 Tayah Crook | | Lithgow | 37.21q |
| 5 Annalisa Ely | | Katoomba | 37.46q |

Girls U 10 - 200 Metre Sprint

| Zone: Z 30.60 31/03/1997 M. Smith, Kurrajong Bilpin | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Lily Rooney | | Glenbrook | 34.0h |
| 2 Cassidy Feltham | | Kurrajong Bilpin | 34.3h |
| 3 Ella Standish | | Kurrajong Bilpin | 34.9h |
| 4 Neive Hogan | | Oberon | 34.9h |
| 5 Bella Mcspadden | | Glenbrook | 34.9h |
| 6 Grace Smith | | Springwood | 36.1h |
| 7 Annalisa Ely | | Katoomba | 36.8h |
| 8 Tayah Crook | | Lithgow | 37.0h |

Girls U 11 - 200 Metre Sprint

| Zone: Z 28.70 5/12/2004 Christie Pearson, Springwood | | | |
|--|-----|--------|-------|
| Name | Age | Centre | Final |
| Section 1 | | | |
| 1 Alesha Bennetts | | Mudgee | 30.8h |
| 2 Kasey Hayes | | Mudgee | 31.6h |
| 3 Sophie Redman | | Oberon | 34.7h |
| 4 Jorgia McFawn | | Oberon | 36.1h |
| 5 Georgia Kelly | | Mudgee | 37.3h |

Girls U 12 - 200 Metre Sprint

| Zone: Z 27.60 29/01/2006 Rachel Munro, Emu Plains | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Mia Baggett | | Mudgee | 29.0h |
| 2 Ava Healey | | Lithgow | 29.7h |
| 3 Charlotte Husarek | | Glenbrook | 30.4h |
| 4 Zara Ebeling | | Glenbrook | 31.1h |
| 5 Penny Kelly | | Mudgee | 32.1h |
| 6 Ivory Radford | | Kurrajong Bilpin | 32.2h |
| 7 Mali MacDiarmid | | Katoomba | 32.5h |
| 8 Bianca Packer | | Kurrajong Bilpin | 33.4h |
| 9 Madalyn McLean | | Lithgow | 33.8h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 13 - 200 Metre Sprint**

| Name | Age | Centre | Heats |
|---|-----|--------|-------|
| Zone: Z 27.10 31/03/2001 Amy Sadler, Kurrajong Bilpin | | | |

Heat 1 Heats

| | | | |
|--------------------------|--|------------------|--------|
| 1 Alanna Dutton | | Springwood | 28.60Q |
| 2 Kallan Phillips | | Lithgow | 28.99Q |
| 3 Annalyse Garton | | Kurrajong Bilpin | 29.22Q |
| 4 Cushla Rue | | Oberon | 29.76q |
| 5 Maya Lynes Ross | | Lithgow | 31.06q |
| 6 Jasmine Williams-Smith | | Kurrajong Bilpin | 31.21 |

Heat 2 Heats

| | | | |
|-------------------|--|------------------|--------|
| 1 Georgia Messina | | Kurrajong Bilpin | 29.18Q |
| 2 Ashley Robinson | | Lithgow | 30.92Q |
| 3 Kyra Phillips | | Lithgow | 30.94Q |
| 4 Dana Bulman | | Kurrajong Bilpin | 33.08 |
| 5 Cloe Robinson | | Lithgow | 33.52 |
| 6 Maddison Redman | | Oberon | 34.51 |

Girls U 13 - 200 Metre Sprint

| Name | Age | Centre | Final |
|---|-----|--------|-------|
| Zone: Z 27.10 31/03/2001 Amy Sadler, Kurrajong Bilpin | | | |

Section 1 Final

| | | | |
|-------------------|--|------------------|-------|
| 1 Alanna Dutton | | Springwood | 28.2h |
| 2 Georgia Messina | | Kurrajong Bilpin | 28.6h |
| 3 Annalyse Garton | | Kurrajong Bilpin | 29.5h |
| 4 Kallan Phillips | | Lithgow | 29.9h |
| 5 Cushla Rue | | Oberon | 30.0h |
| 6 Maya Lynes Ross | | Lithgow | 31.5h |
| 7 Kyra Phillips | | Lithgow | 31.6h |
| 8 Ashley Robinson | | Lithgow | 31.7h |

Girls U 14 - 200 Metre Sprint

| Name | Age | Centre | Final |
|--|-----|--------|-------|
| Zone: Z 26.00 14/12/2008 Tayleen Singh, Kurrajong Bilp | | | |

Section 1

| | | | |
|--------------------|--|------------------|-------|
| 1 Caitlyn Ferrier | | Kurrajong Bilpin | 26.3h |
| 2 Kiara Ison | | Kurrajong Bilpin | 27.3h |
| 3 Bronte Pickering | | Springwood | 28.3h |
| 4 Ella Lucas | | Katoomba | 29.4h |
| 5 Teoni Schleibs | | Lithgow | 30.6h |
| 6 Olivia James | | Kurrajong Bilpin | 32.5h |

Girls U 15 - 200 Metre Sprint

| Name | Age | Centre | Final |
|--|-----|--------|-------|
| Zone: Z 25.90 13/12/2009 Tayleen Singh, Kurrajong Bilp | | | |

| | | | |
|------------------|--|------------|-------|
| 1 Caitlin Fenner | | Springwood | 28.9h |
|------------------|--|------------|-------|

Girls U 17 - 200 Metre Sprint

| Name | Age | Centre | Final |
|--|-----|--------|-------|
| Zone: Z 26.80 12/12/2010 Jessie Stafford, Kurrajong Bi | | | |

| | | | |
|-----------------|--|------------------|-------|
| 1 Tahlia Blanch | | Kurrajong Bilpin | 27.8h |
|-----------------|--|------------------|-------|

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Girls U 17 - 200 Metre Sprint**

| | | |
|-------------------|------------------|-------|
| 2 Kaylah Lamb | Glenbrook | 29.2h |
| 3 Eleanore Mercer | Springwood | 29.9h |
| 4 Abbie Lucas | Katoomba | 30.3h |
| 5 Shyanne Lee | Kurrajong Bilpin | 30.8h |

Girls U 8 - 400 Metre Sprint

| Zone: Z 1:18.30 31/03/1980 R, Chapman, Springwood | | | |
|---|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Taleah Ison | | Kurrajong Bilpin | 1:30.2h |
| 2 Mia Watson | | Springwood | 1:32.6h |
| 3 Clare Williamson | | Springwood | 1:39.5h |
| 4 Abbagayle Turner-Smith | | Kurrajong Bilpin | 1:46.2h |
| 5 Sarah Kelly | | Mudgee | 1:53.9h |
| 6 Aleese Thompson | | Lithgow | 1:56.6h |

Girls U 9 - 400 Metre Sprint

| Zone: Z 1:13.40 31/03/1978 V. Potter, Dubbo | | | |
|---|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Chloe McGilvray | | Mudgee | 1:27.0h |
| 2 Amelie Hugo | | Katoomba | 1:28.0h |
| 3 Tanissa Ali | | Glenbrook | 1:30.2h |
| 4 Rebecca Coyte | | Kurrajong Bilpin | 1:31.2h |
| 5 Jessie Lee Barrett | | Katoomba | 1:32.7h |
| 6 Maddison Rusten | | Oberon | 1:40.4h |
| 7 Scarlett Hepper | | Springwood | 1:42.5h |
| 8 Ava Bergan | | Glenbrook | 1:47.0h |

Girls U 10 - 400 Metre Sprint

| Zone: Z 1:10.20 7/12/2003 Christie Pearson, Springwood | | | |
|--|-----|------------|----------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Charlotte Brown | | Mudgee | 1:18.46Q |
| 2 Lily Rooney | | Glenbrook | 1:20.50Q |
| 3 Ebony Pender | | Lithgow | 1:34.68Q |
| 4 Sophie Boyes | | Springwood | 1:36.66q |
| 5 Lilly Manning | | Oberon | 1:47.06 |
| Heat 2 Heats | | | |
| 1 Annalisa Ely | | Katoomba | 1:26.41Q |
| 2 Chyna Lily Moore | | Springwood | 1:27.82Q |
| 3 Tayah Crook | | Lithgow | 1:29.65Q |
| 4 Zara Ali | | Glenbrook | 1:37.20q |
| 5 Taniesha Rusten | | Oberon | 1:56.75 |

Girls U 10 - 400 Metre Sprint

| Zone: Z 1:10.20 7/12/2003 Christie Pearson, Springwood | | | |
|--|-----|------------|---------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Lily Rooney | | Glenbrook | 1:21.4h |
| 2 Charlotte Brown | | Mudgee | 1:22.9h |
| 3 Chyna Lily Moore | | Springwood | 1:25.1h |
| 4 Annalisa Ely | | Katoomba | 1:26.9h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Girls U 10 - 400 Metre Sprint**

| | | | |
|---|--------------|------------|---------|
| 5 | Tayah Crook | Lithgow | 1:31.2h |
| 6 | Zara Ali | Glenbrook | 1:34.1h |
| 7 | Ebony Pender | Lithgow | 1:38.7h |
| 8 | Sophie Boyes | Springwood | 1:43.3h |

Girls U 11 - 400 Metre Sprint

| | | | |
|-------|-----------------|-----------|-----------------------------|
| ===== | | | |
| | Zone: Z 1:04.50 | 5/12/2004 | Christie Pearson, Springwoo |
| Name | Age | Centre | Final |
| ===== | | | |

Section 1

| | | | |
|---|------------------|------------------|---------|
| 1 | Hannah Haberman | Springwood | 1:10.71 |
| 2 | Olivia Greenaway | Glenbrook | 1:19.17 |
| 3 | Kate Leach | Kurrajong Bilpin | 1:20.92 |
| 4 | Cordelia Navin | Kurrajong Bilpin | 1:32.49 |
| 5 | Georgia Kelly | Mudgee | 1:36.71 |
| 6 | Britney Brindley | Oberon | 2:12.31 |

Girls U 12 - 400 Metre Sprint

| | | | |
|-------|-----------------|------------|-----------------------------|
| ===== | | | |
| | Zone: Z 1:03.80 | 29/01/2006 | Christie Pearson, Springwoo |
| Name | Age | Centre | Final |
| ===== | | | |

| | | | |
|---|----------------|------------------|---------|
| 1 | Zara Ebeling | Glenbrook | 1:13.9h |
| 2 | Micah Segedin | Springwood | 1:17.7h |
| 3 | Ivory Radford | Kurrajong Bilpin | 1:18.8h |
| 4 | Madalyn McLean | Lithgow | 1:22.3h |

Girls U 13 - 400 Metre Sprint

| | | | |
|-------|-----------------|------------|-----------------------|
| ===== | | | |
| | Zone: Z 1:02.00 | 31/03/2000 | J. Doorey, Springwood |
| Name | Age | Centre | Final |
| ===== | | | |

| | | | |
|---|------------------------|------------------|---------|
| 1 | Georgia Messina | Kurrajong Bilpin | 1:07.5h |
| 2 | Maya Lynes Ross | Lithgow | 1:10.9h |
| 3 | Jasmine Williams-Smith | Kurrajong Bilpin | 1:18.3h |
| 4 | Cloe Robinson | Lithgow | 1:18.8h |

Girls U 14 - 400 Metre Sprint

| | | | |
|-------|---------------|------------|------------------------------|
| ===== | | | |
| | Zone: Z 59.60 | 31/03/2002 | Amy Sadler, Kurrajong Bilpin |
| Name | Age | Centre | Final |
| ===== | | | |

| | | | |
|---|------------------|------------------|---------|
| 1 | Caitlyn Ferrier | Kurrajong Bilpin | 1:06.5h |
| 2 | Bronte Pickering | Springwood | 1:08.6h |
| 3 | Teoni Schleibs | Lithgow | 1:10.1h |
| 4 | Elli Kozicki | Lithgow | 1:10.8h |
| 5 | Ella Lucas | Katoomba | 1:12.3h |
| 6 | Olivia James | Kurrajong Bilpin | 1:17.5h |

Girls U 15 - 400 Metre Sprint

| | | | |
|-------|---------------|------------|------------------------------|
| ===== | | | |
| | Zone: Z 59.50 | 30/11/2002 | Amy Sadler, Kurrajong Bilpin |
| Name | Age | Centre | Final |
| ===== | | | |

| | | | |
|---|---------------|------------------|---------|
| 1 | Julia Black | Kurrajong Bilpin | 1:06.2h |
| 2 | Janaya Lee | Kurrajong Bilpin | 1:12.8h |
| 3 | Emily Brown | Springwood | 1:21.7h |
| 4 | Davina Bulman | Kurrajong Bilpin | 1:31.1h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 17 - 400 Metre Sprint**

| Zone: Z 1:01.40 10/12/2011 Tahlia Hunter, Emu Plains | | | |
|--|------------|--|---------|
| Name | Age Centre | | Final |
| 1 Lillie Healey | Lithgow | | 1:08.5h |
| 2 Kaylah Lamb | Glenbrook | | 1:22.7h |

Girls U 7 - 500 Metre Run Pack Start

| Name | Age Centre | | Final |
|--------------------|------------------|--|---------|
| 1 Icelyn Scott | Glenbrook | | 1:56.13 |
| 2 Maisie Mitchell | Kurrajong Bilpin | | 2:02.81 |
| 3 Maddison Lowe | Springwood | | 2:26.12 |
| 4 Siobhan McKervey | Glenbrook | | 2:32.57 |
| 5 Sarah Coyte | Kurrajong Bilpin | | 2:37.85 |
| 6 Mikayla McMahon | Katoomba | | 2:44.76 |

Girls U 8 - 700 Metre Run Pack Start

| Name | Age Centre | | Final |
|------------------|------------|--|---------|
| 1 Mia Watson | Springwood | | 3:03.13 |
| 2 Jessica Harris | Glenbrook | | 3:39.89 |

Girls U 9 - 800 Metre Run

| Zone: Z 2:46.80 31/03/2002 A. Collier, Emu Plains | | | |
|---|------------|--|---------|
| Name | Age Centre | | Final |
| 1 Chloe McGilvray | Mudgee | | 3:19.57 |
| 2 Tiana Heke | Springwood | | 3:28.22 |
| 3 Scarlett Hepper | Springwood | | 4:05.48 |

Girls U 10 - 800 Metre Run

| Zone: Z 2:40.50 7/12/2003 Christie Pearson, Springwoo | | | |
|---|------------------|--|---------|
| Name | Age Centre | | Final |
| 1 Alexandra Sowinski | Kurrajong Bilpin | | 3:13.83 |
| 2 Olivia Harris | Glenbrook | | 3:23.21 |
| 3 Sophie Boyes | Springwood | | 3:24.46 |
| 4 Alana Murray | Katoomba | | 3:36.93 |
| 5 Ebony Pender | Lithgow | | 3:38.25 |
| 6 Paige Nash | Kurrajong Bilpin | | 3:48.92 |

Girls U 11 - 800 Metre Run

| Zone: Z 2:27.30 5/12/2004 Christie Pearson, Springwoo | | | |
|---|------------------|--|---------|
| Name | Age Centre | | Final |
| 1 Hannah Haberman | Springwood | | 2:44.66 |
| 2 Catriona Haberman | Springwood | | 2:51.30 |
| 3 Zoe Sullivan | Kurrajong Bilpin | | 2:58.63 |
| 4 Olivia Greenaway | Glenbrook | | 3:09.43 |
| 5 Ashlyn Lowe | Springwood | | 3:19.20 |
| 6 Hayley Moir | Springwood | | 3:28.17 |
| 7 Dimity J Lee | Katoomba | | 3:30.17 |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 12 - 800 Metre Run**

| Zone: Z 2:25.60 29/01/2006 Christie Pearson, Springwoo | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Mirah Larkin | | Springwood | 3:01.75 |
| 2 Bridgette Williams-Smith | | Kurrajong Bilpin | 3:10.68 |
| 3 Micah Segedin | | Springwood | 3:13.25 |
| 4 Madalyn McLean | | Lithgow | 3:16.84 |
| 5 Chloe Kitching | | Glenbrook | 3:22.68 |
| 6 Paige Bulman | | Kurrajong Bilpin | 3:25.57 |
| 7 Sarah Haydon-Schulz | | Katoomba | 4:18.82 |

Girls U 13 - 800 Metre Run

| Zone: Z 2:24.00 3/12/2006 Christie Pearson, Springwoo | | | |
|---|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Maeve Goehner | | Glenbrook | 2:27.10 |
| 2 Lillian Patterson | | Springwood | 2:33.49 |
| 3 Georgie Purcell | | Springwood | 2:36.04 |
| 4 Maya Lynes Ross | | Lithgow | 2:52.56 |
| 5 Jessica Brown | | Springwood | 2:52.81 |
| 6 Dana Bulman | | Kurrajong Bilpin | 3:21.12 |
| 7 Renee Hardy | | Kurrajong Bilpin | 3:22.51 |

Girls U 14 - 800 Metre Run

| Zone: Z 2:20.40 31/03/2002 Emily Johnson, Kurrajong Bi | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Jessica-Rose Lutschini | | Lithgow | 3:06.07 |
| 2 Olivia James | | Kurrajong Bilpin | 3:21.59 |

Girls U 15 - 800 Metre Run

| Zone: Z 2:16.20 3/12/2006 Celia Sullohern, Glenbrook | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Julia Black | | Kurrajong Bilpin | 2:36.06 |
| 2 Kaitlin Bell | | Glenbrook | 2:43.72 |
| 3 Janaya Lee | | Kurrajong Bilpin | 2:53.81 |
| 4 Davina Bulman | | Kurrajong Bilpin | 3:40.12 |

Girls U 17 - 800 Metre Run

| Zone: Z 2:30.60 14/12/2014 Sarah Luxford, Springwood | | | |
|--|-----|----------|---------|
| Name | Age | Centre | Final |
| 1 Lillie Healey | | Lithgow | 2:40.67 |
| 2 Ivy Beglinger | | Katoomba | 2:42.07 |

Girls U 10 - 1500 Metre Run

| Zone: Z 5:30.60 31/03/1998 S. Gleeson, Kurrajong Bilpi | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Alexandra Sowinski | | Kurrajong Bilpin | 6:29.19 |
| 2 Eloise Lorking | | Glenbrook | 6:37.53 |
| 3 Hannah Roots | | Springwood | 6:39.56 |
| 4 Sophie Boyes | | Springwood | 7:00.11 |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Girls U 10 - 1500 Metre Run**

| | | |
|----------------|------------------|---------|
| 5 Olivia Baird | Kurrajong Bilpin | 7:10.69 |
| 6 Zara Ali | Glenbrook | 7:14.73 |
| 7 Paige Nash | Kurrajong Bilpin | 7:17.19 |

Girls U 11 - 1500 Metre Run

| ===== | | | |
|---|------------------|---------|--|
| Zone: Z 5:17.00 5/12/2004 Christie Pearson, Springwoo | | | |
| Name | Age Centre | Final | |
| ===== | | | |
| 1 Molly Peake | Springwood | 5:48.90 | |
| 2 Catriona Haberman | Springwood | 5:55.54 | |
| 3 Zoe Sullivan | Kurrajong Bilpin | 6:05.92 | |
| 4 Cordelia Navin | Kurrajong Bilpin | 6:42.34 | |
| 5 Dimity J Lee | Katoomba | 6:56.42 | |

Girls U 12 - 1500 Metre Run

| ===== | | | |
|--|------------------|---------|--|
| Zone: Z 5:09.00 29/01/2006 Christie Pearson, Springwoo | | | |
| Name | Age Centre | Final | |
| ===== | | | |
| 1 Mirah Larkin | Springwood | 6:16.81 | |
| 2 Madalyn McLean | Lithgow | 6:38.95 | |
| 3 Bridgette Williams-Smith | Kurrajong Bilpin | 6:46.80 | |

Girls U 13 - 1500 Metre Run

| ===== | | | |
|---|------------------|---------|--|
| Zone: Z 5:00.90 3/12/2006 Christie Pearson, Springwoo | | | |
| Name | Age Centre | Final | |
| ===== | | | |
| 1 Maeve Goehner | Glenbrook | 5:08.00 | |
| 2 Lillian Patterson | Springwood | 5:18.43 | |
| 3 Jessica Brown | Springwood | 5:58.44 | |
| 4 Renee Hardy | Kurrajong Bilpin | 6:54.56 | |

Girls U 14 - 1500 Metre Run

| ===== | | | |
|---|------------|---------|--|
| Zone: Z 4:51.20 2/12/2001 Emily Johnson, Kurrajong Bi | | | |
| Name | Age Centre | Final | |
| ===== | | | |
| 1 Ella Lucas | Katoomba | 6:26.56 | |
| 2 Jessica-Rose Lutschini | Lithgow | 7:19.81 | |

Girls U 15 - 1500 Metre Run

| ===== | | | |
|--|------------------|---------|--|
| Zone: Z 4:45.40 3/12/2006 Celia Sullohern, Glenbrook | | | |
| Name | Age Centre | Final | |
| ===== | | | |
| 1 Kaitlin Bell | Glenbrook | 5:33.36 | |
| 2 Julia Black | Kurrajong Bilpin | 5:43.67 | |

Girls U 17 - 1500 Metre Run

| ===== | | | |
|---|------------|---------|--|
| Zone: Z 5:07.70 8/12/2012 Jessica Vernon, Glenbrook | | | |
| Name | Age Centre | Final | |
| ===== | | | |
| 1 Lillie Healey | Lithgow | 6:08.54 | |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 13 - 3000 Metre Run**

| Zone: Z 11:20.20 20/12/2008 Stephanie Kalemusic, Emu P | | | |
|--|-----|------------------|-----------|
| Name | Age | Centre | Final |
| 1 Maeve Goehner | | Glenbrook | 11:08.33Z |
| 2 Jessica Brown | | Springwood | 13:22.91 |
| 3 Georgia Messina | | Kurrajong Bilpin | 14:34.36 |

Girls U 14 - 3000 Metre Run

| Zone: Z 10:46.00 30/11/2002 E. Walsh, Kurrajong Bilpin | | | |
|--|-----|---------|----------|
| Name | Age | Centre | Final |
| 1 Jessica-Rose Lutschini | | Lithgow | 14:58.40 |

Girls U 15 - 3000 Metre Run

| Zone: Z 10:07.20 3/12/2006 Celia Sullohern, Glenbrook | | | |
|---|-----|-----------|----------|
| Name | Age | Centre | Final |
| 1 Kaitlin Bell | | Glenbrook | 12:15.46 |

Girls U 17 - 3000 Metre Run

| Zone: Z 11:41.10 10/12/2011 Stephanie Kalemusic, Emu P | | | |
|--|-----|----------|----------|
| Name | Age | Centre | Final |
| 1 Ivy Beglinger | | Katoomba | 13:06.40 |

Girls U 8 - 60 Metre Hurdles (45cm)

| Zone: Z 11.40 10/12/2011 Brooke Keller, Kurrajong Bilp | | | |
|--|-----|--------|-------|
| Name | Age | Centre | Heats |

Heat 1 Heats

| | | | |
|--------------------|--|------------------|--------|
| 1 Taya Jules Moore | | Springwood | 12.48Q |
| 2 Clare Williamson | | Springwood | 12.58Q |
| 3 Sarah Portelli | | Kurrajong Bilpin | 14.21Q |
| 4 Aleese Thompson | | Lithgow | 15.44q |
| 5 Lily Evans | | Kurrajong Bilpin | 16.04 |
| 6 Jessica Harris | | Glenbrook | 16.53 |

Heat 2 Heats

| | | | |
|------------------|--|------------------|--------|
| 1 Georgie Zahra | | Glenbrook | 12.93Q |
| 2 Emily Boyes | | Springwood | 13.93Q |
| 3 Matilda Horne | | Katoomba | 14.28Q |
| 4 Xylia Davidson | | Kurrajong Bilpin | 14.77q |
| 5 Jorja Pender | | Lithgow | 15.52 |
| 6 Krystal Redman | | Oberon | 16.23 |

Girls U 8 - 60 Metre Hurdles (45cm)

| Zone: Z 11.40 10/12/2011 Brooke Keller, Kurrajong Bilp | | | |
|--|-----|--------|-------|
| Name | Age | Centre | Final |

Section 1 Final

| | | | |
|--------------------|--|------------|-------|
| 1 Taya Jules Moore | | Springwood | 12.4h |
| 2 Clare Williamson | | Springwood | 12.5h |
| 3 Georgie Zahra | | Glenbrook | 13.2h |
| 4 Emily Boyes | | Springwood | 13.5h |
| 5 Matilda Horne | | Katoomba | 13.6h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Girls U 8 - 60 Metre Hurdles (45cm)**

| | | |
|-------------------|------------------|-------|
| 6 Sarah Portelli | Kurrajong Bilpin | 14.3h |
| 7 Aleese Thompson | Lithgow | 14.3h |
| 8 Xylia Davidson | Kurrajong Bilpin | 14.8h |

Girls U 9 - 60 Metre Hurdles (45cm)

| ===== | | | |
|---|-----|------------------|--------|
| Zone: Z 10.80 31/03/1996 S. Jones, Springwood | | | |
| Name | Age | Centre | Heats |
| ===== | | | |
| Heat 1 Heats | | | |
| 1 Eliza English | | Mudgee | 12.66Q |
| 2 Caitlin Feltham | | Kurrajong Bilpin | 13.02Q |
| 3 Abbey Collins | | Kurrajong Bilpin | 13.08Q |
| 4 Jessie Lee Barrett | | Katoomba | 13.14q |
| 5 Tanissa Ali | | Glenbrook | 14.04 |
| 6 Lilly Allport | | Glenbrook | 15.14 |
| Heat 2 Heats | | | |
| 1 Tiana Heke | | Springwood | 12.23Q |
| 2 Natalie Nash | | Springwood | 12.31Q |
| 3 Suri Althofer | | Mudgee | 12.73Q |
| 4 Chloe Evans | | Kurrajong Bilpin | 12.76q |
| 5 Amelie Hugo | | Katoomba | 13.16 |
| 6 Jorja Bennetts | | Mudgee | 13.19 |
| 7 Ava Bergan | | Glenbrook | 13.98 |

Girls U 9 - 60 Metre Hurdles (45cm)

| ===== | | | |
|---|-----|------------------|-------|
| Zone: Z 10.80 31/03/1996 S. Jones, Springwood | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| Section 1 Final | | | |
| 1 Natalie Nash | | Springwood | 12.1h |
| 2 Tiana Heke | | Springwood | 12.1h |
| 3 Suri Althofer | | Mudgee | 12.4h |
| 4 Caitlin Feltham | | Kurrajong Bilpin | 12.5h |
| 5 Chloe Evans | | Kurrajong Bilpin | 12.6h |
| 6 Eliza English | | Mudgee | 13.0h |
| 7 Jessie Lee Barrett | | Katoomba | 13.3h |
| 8 Abbey Collins | | Kurrajong Bilpin | 13.5h |

Girls U 10 - 60 Metre Hurdles (60cm)

| ===== | | | |
|--|-----|------------------|--------|
| Zone: Z 10.72 14/12/2013 Brooke Keller, Kurrajong Bilp | | | |
| Name | Age | Centre | Heats |
| ===== | | | |
| Heat 1 Heats | | | |
| 1 Bella Mcspadden | | Glenbrook | 12.54Q |
| 2 Chyna Lily Moore | | Springwood | 12.69Q |
| 3 Annalisa Ely | | Katoomba | 13.55Q |
| 4 Jezebel Mills | | Glenbrook | 13.76q |
| 5 Molly Robinson | | Lithgow | 14.31 |
| Heat 2 Heats | | | |
| 1 Olivia Harris | | Glenbrook | 13.04Q |
| 2 Hannah Roots | | Springwood | 13.46Q |
| 3 Olivia Baird | | Kurrajong Bilpin | 13.97Q |
| 4 Lani Gleeson | | Springwood | 14.17q |
| 5 Louise Dawes | | Glenbrook | 14.68 |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 10 - 60 Metre Hurdles (60cm)**

| Zone: Z 10.72 14/12/2013 Brooke Keller, Kurrajong Bilp | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Chyna Lily Moore | | Springwood | 12.6h |
| 2 Bella Mcspadden | | Glenbrook | 12.7h |
| 3 Annalisa Ely | | Katoomba | 12.8h |
| 4 Olivia Harris | | Glenbrook | 13.0h |
| 5 Hannah Roots | | Springwood | 13.3h |
| 6 Jezebel Mills | | Glenbrook | 13.4h |
| 7 Lani Gleeson | | Springwood | 13.7h |
| 8 Olivia Baird | | Kurrajong Bilpin | 14.1h |

Girls U 11 - 60 Metre Hurdles (60cm)

| Zone: Z 10.22 13/12/2014 Brooke Keller, Kurrajong Bilp | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Heats |
| Heat 1 Heats | | | |
| 1 Hannah Patton | | Katoomba | 12.01Q |
| 2 Molly Jones | | Springwood | 12.16Q |
| 3 Zoe Sullivan | | Kurrajong Bilpin | 12.52Q |
| 4 Jorgia McFawn | | Oberon | 13.23q |
| 5 Britney Brindley | | Oberon | 17.54 |
| Heat 2 Heats | | | |
| 1 Kate Leach | | Kurrajong Bilpin | 11.33Q |
| 2 Alesha Bennetts | | Mudgee | 11.40Q |
| 3 Natasha Watson | | Glenbrook | 12.35Q |
| 4 Sophie Redman | | Oberon | 12.98q |
| 5 Imogen Della Bosca | | Lithgow | 13.32 |
| 6 Katerina Reynolds | | Springwood | 13.47 |
| 7 Jacinta Jeffery | | Springwood | 14.33 |
| 8 Daria Olney | | Oberon | 16.36 |

Girls U 11 - 60 Metre Hurdles (60cm)

| Zone: Z 10.22 13/12/2014 Brooke Keller, Kurrajong Bilp | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Alesha Bennetts | | Mudgee | 11.4h |
| 2 Kate Leach | | Kurrajong Bilpin | 11.6h |
| 3 Zoe Sullivan | | Kurrajong Bilpin | 11.9h |
| 4 Natasha Watson | | Glenbrook | 11.9h |
| 5 Hannah Patton | | Katoomba | 11.9h |
| 6 Molly Jones | | Springwood | 12.2h |
| 7 Sophie Redman | | Oberon | 13.2h |
| 8 Jorgia McFawn | | Oberon | 13.4h |

Girls U 12 - 60 Metre Hurdles (68cm)

| Zone: Z 10.00 10/12/2011 Caitlin Bass, Springwood | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| Section 1 | | | |
| 1 Brooke Keller | | Kurrajong Bilpin | 10.8h |
| 2 Olivia De La Harpe | | Springwood | 11.1h |
| 3 Ivory Radford | | Kurrajong Bilpin | 11.9h |
| 4 Amber Love | | Katoomba | 11.9h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Girls U 12 - 60 Metre Hurdles (68cm)**

| | | | |
|---|-------------------|------------------|-------|
| 5 | Isabella Jacobson | Glenbrook | 12.4h |
| 6 | Paige Bulman | Kurrajong Bilpin | 14.1h |
| 7 | Mali MacDiarmid | Katoomba | 15.2h |

Girls U 13 - 80 Metre Hurdles (76cm)

| ===== | | | |
|-------|-----------------|------------|------------------------------|
| | Zone: Z 13.70 | 29/01/2006 | Julia King, Kurrajong Bilpin |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Ashley Robinson | Lithgow | 17.1h |

Girls U 14 - 80 Metre Hurdles (76cm)

| ===== | | | |
|-------|---------------|------------------|----------------------|
| | Zone: Z 13.40 | 31/03/2002 | A. Ahern, Springwood |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Kiara Ison | Kurrajong Bilpin | 14.0h |

Girls U 17 - 100 Metre Hurdles (76cm)

| ===== | | | |
|-------|---------------|------------------|------------------------------|
| | Zone: Z 15.60 | 13/12/2009 | Sara Klein, Kurrajong Bilpin |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Mary Jones | Springwood | 18.6h |
| 2 | Shyanne Lee | Kurrajong Bilpin | 20.8h |

Girls U 13 - 200 Metre Hurdles (68cm)

| ===== | | | |
|-------|-----------------|------------------|-------------------------------|
| | Zone: Z 30.86 | 13/12/2014 | Caitlyn Ferrier, Kurrajong Bi |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Georgia Messina | Kurrajong Bilpin | 35.2h |
| 2 | Cleo Price | Glenbrook | 41.0h |
| 3 | Ayesha Kelly | Springwood | 41.1h |

Girls U 14 - 200 Metre Hurdles (76cm)

| ===== | | | |
|-------|------------------|------------------|---------------------------|
| | Zone: Z 30.40 | 31/03/1997 | Lisa Jenkinson, Glenbrook |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Kiara Ison | Kurrajong Bilpin | 30.8h |
| 2 | Caitlyn Ferrier | Kurrajong Bilpin | 31.5h |
| 3 | Bronte Pickering | Springwood | 31.6h |
| 4 | Elli Kozicki | Lithgow | 36.31 |

Girls U 15 - 200 Metre Hurdles (76cm)

| ===== | | | |
|-------|-----------------|------------|---------------------------|
| | Zone: Z 29.30 | 31/03/1998 | Lisa Jenkinson, Glenbrook |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Mackenzie Stone | Glenbrook | 35.8h |

Girls U 17 - 200 Metre Hurdles (76cm)

| ===== | | | |
|-------|---------------|------------------|------------------------------|
| | Zone: Z 29.60 | 12/12/2009 | Sara Klein, Kurrajong Bilpin |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Tahlia Blanch | Kurrajong Bilpin | 31.1h |
| 2 | Shyanne Lee | Kurrajong Bilpin | 36.7h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 9-12 4x100 Metre Relay (Jnr)**

| Zone: Z 59.52 9/12/2012 Kurrajong Bilpin, Kurrajong B | | | |
|---|--------------------------|--------------------------|----------|
| Centre | | Final | |
| 1 | Mudgee | | 1:02.2h |
| | 1) Kasey Hayes 11 | 2) Suri Althofer 9 | |
| | 3) Charlotte Brown 10 | 4) Alesha Bennetts 11 | |
| 2 | Kurrajong Bilpin | | 1:02.3h |
| | 1) Caitlin Feltham 9 | 2) Ella Standish 10 | |
| | 3) Zoe Sullivan 11 | 4) Brooke Keller 12 | |
| 3 | Glenbrook | | 1:06.3h |
| | 1) Lily Rooney 10 | 2) Olivia Greenaway 11 | |
| | 3) April Darby 9 | 4) Charlotte Husarek 12 | |
| 4 | Katoomba | | 1:07.3h |
| | 1) Amelie Hugo 9 | 2) Annalisa Ely 10 | |
| | 3) Hannah Patton 11 | 4) Amber Love 12 | |
| 5 | Lithgow | | 1:08.0h |
| | 1) Annika Della Bosca 9 | 2) Tayah Crook 10 | |
| | 3) Imogen Della Bosca 11 | 4) Ava Healey 12 | |
| 6 | Oberon | | 1:15.4h |
| | 1) Neive Hogan 10 | 2) Maddison Rusten 9 | |
| | 3) Taniesha Rusten 10 | 4) Sophie Redman 11 | |
| -- | Springwood | | X1:06.2h |
| | 1) Tiana Heke 9 | 2) Grace Smith 10 | |
| | 3) Molly Jones 11 | 4) Olivia De La Harpe 12 | |

Girls U 12-17 4x100 Metre Relay (Snr)

| Zone: Z 52.60 13/12/2009 Kurrajong Bilpin, Kurrajong B | | | |
|--|---------------------------|------------------------|---------|
| Centre | | Final | |
| 1 | Kurrajong Bilpin | | 53.1h |
| | 1) Georgia Messina 13 | 2) Tahlia Blanch 17 | |
| | 3) Jessica Keller 15 | 4) Caitlyn Ferrier 14 | |
| 2 | Springwood | | 55.1h |
| | 1) Alanna Dutton 13 | 2) Bronte Pickering 14 | |
| | 3) Mary Jones 17 | 4) Caitlin Fenner 15 | |
| 3 | Glenbrook | | 56.9h |
| | 1) Isabella Casey 14 | 2) Maeve Goehner 13 | |
| | 3) Kaitlin Bell 15 | 4) Kaylah Lamb 17 | |
| 4 | Lithgow | | 58.5h |
| | 1) Kallan Phillips 13 | 2) Lillie Healey 17 | |
| | 3) Kyra Phillips 13 | 4) Teoni Schleibs 14 | |
| 5 | Katoomba | | 1:01.7h |
| | 1) Tay Meehan 13 | 2) Ella Lucas 14 | |
| | 3) Sarah Haydon-Schulz 12 | 4) Abbie Lucas 17 | |
| -- | Mudgee | | X58.4h |

Girls U 9 - High Jump (S/H 0.80m)

| Zone: Z 1.25m 8/12/2012 Brooke Keller, Kurrajong Bilp | | | |
|---|--------------------|------------------|-------|
| Name | Age | Centre | Final |
| Flight 1 | | | |
| 1 | Rebecca Coyte | Kurrajong Bilpin | 0.90m |
| 1 | Natalie Nash | Springwood | 0.90m |
| 3 | Annika Della Bosca | Lithgow | 0.80m |
| -- | Ava Bergan | Glenbrook | NH |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 10 - High Jump (S/H 0.90m)**

| Zone: Z 1.27m 15/12/2013 Brooke Keller, Kurrajong Bilp | | | |
|--|-----|------------|-------|
| Name | Age | Centre | Final |
| 1 Olivia Harris | | Glenbrook | 1.10m |
| 2 Lani Gleeson | | Springwood | 1.05m |
| 3 Ebony Pender | | Lithgow | 0.90m |
| 4 Chyna Lily Moore | | Springwood | 0.90m |
| -- Holly Wye | | Glenbrook | NH |
| -- Lani Amputch | | Springwood | NH |

Girls U 11 - High Jump (S/H 1.00m)

| Zone: Z 1.37m 31/03/1986 K. Ahern, Springwood | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Hannah Haberman | | Springwood | 1.24m |
| 2 Olivia Greenaway | | Glenbrook | 1.21m |
| 3 Zoe Sullivan | | Kurrajong Bilpin | 1.21m |
| 4 Natasha Watson | | Glenbrook | 1.21m |
| 5 Molly Jones | | Springwood | 1.21m |
| 6 Hayley Moir | | Springwood | 1.05m |
| 7 Katerina Reynolds | | Springwood | 1.05m |
| -- Brianna Bennett | | Oberon | NH |
| -- Sophie Redman | | Oberon | NH |

Girls U 12 - High Jump (S/H 1.10m)

| Zone: Z 1.44m 3/12/2006 Tamika Bostock, Lithgow | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Olivia De La Harpe | | Springwood | 1.40m |
| 2 Brooke Keller | | Kurrajong Bilpin | 1.33m |
| 3 Georgia Portelli | | Kurrajong Bilpin | 1.25m |
| 4 Zara Ebeling | | Glenbrook | 1.20m |
| 5 Amber Love | | Katoomba | 1.20m |
| 6 Charlotte Husarek | | Glenbrook | 1.20m |
| 7 Micah Segedin | | Springwood | 1.10m |

Girls U 13 - High Jump (S/H 1.15m)

| Zone: Z 1.57m 31/03/1984 Brooke Martin, Glenbrook | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Kallan Phillips | | Lithgow | 1.30m |
| 2 Lianna Davidson | | Kurrajong Bilpin | 1.25m |
| 3 Ashley Robinson | | Lithgow | 1.20m |
| 4 Annalyse Garton | | Kurrajong Bilpin | 1.15m |
| 5 Maddison Redman | | Oberon | 1.15m |
| -- Cleo Price | | Glenbrook | NH |

Girls U 14 - High Jump (S/H 1.20m)

| Zone: Z 1.60m 16/12/2007 Mataya Young, Katoomba | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Kiara Ison | | Kurrajong Bilpin | 1.40m |
| 2 Olivia James | | Kurrajong Bilpin | 1.30m |
| -- Elli Kozicki | | Lithgow | NH |
| -- Isabella Casey | | Glenbrook | NH |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 15 - High Jump (S/H 1.20m)**

| Zone: Z 1.65m 15/12/2007 Emma Cormack, Katoomba | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Mackenzie Stone | | Glenbrook | 1.45m |
| 2 Jessica Keller | | Kurrajong Bilpin | 1.45m |

Girls U 17 - High Jump (S/H 1.25m)

| Zone: Z 1.60m 13/12/2009 Mataya Young, Katoomba | | | |
|---|-----|------------|-------|
| Name | Age | Centre | Final |
| 1 Eleanore Mercer | | Springwood | 1.35m |

Girls U 7 - Long Jump

| Zone: Z 3.37m 12/12/2010 Brooke Keller, Kurrajong Bilp | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Icelyn Scott | | Glenbrook | 2.69m |
| 2 Seda Amputch | | Springwood | 2.63m |
| 3 Zali Mcculkin | | Lithgow | 2.57m |
| 4 Isabella Wells | | Lithgow | 2.50m |
| 5 Jemma Camilleri | | Kurrajong Bilpin | 2.34m |
| 6 Sarah Rivas | | Katoomba | 2.27m |
| 7 Caitlin Murphy | | Glenbrook | 2.13m |
| 8 Maddison Lowe | | Springwood | 1.84m |
| 9 Mikayla McMahon | | Katoomba | 1.80m |
| 10 Siobhan McKervey | | Glenbrook | 1.66m |
| 11 Cara-lee Flecknoe | | Kurrajong Bilpin | 1.20m |

Girls U 8 - Long Jump

| Zone: Z 4.05m 10/12/2011 Brooke Keller, Kurrajong Bilp | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Kaylee Alderson | | Katoomba | 2.86m |
| 2 Lily Evans | | Kurrajong Bilpin | 2.77m |
| 3 Taleah Ison | | Kurrajong Bilpin | 2.74m |
| 4 Mia Watson | | Springwood | 2.73m |
| 5 Clare Williamson | | Springwood | 2.65m |
| 6 Emily Boyes | | Springwood | 2.58m |
| 7 Georgie Zahra | | Glenbrook | 2.41m |
| 8 Aleese Thompson | | Lithgow | 2.25m |
| 9 Jorja Pender | | Lithgow | 1.98m |
| 10 Matilda Horne | | Katoomba | 1.91m |
| 11 Krystal Redman | | Oberon | 1.56m |

Girls U 9 - Long Jump

| Zone: Z 3.92m 9/12/2012 Brooke Keller, Kurrajong Bilp | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Eliza English | | Mudgee | 3.42m |
| 2 Chloe Evans | | Kurrajong Bilpin | 2.98m |
| 3 April Darby | | Glenbrook | 2.96m |
| 4 Annika Della Bosca | | Lithgow | 2.95m |
| 5 Emma Orme | | Springwood | 2.94m |
| 6 Tanissa Ali | | Glenbrook | 2.91m |
| 7 Suri Althofer | | Mudgee | 2.89m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Girls U 9 - Long Jump**

| | | | |
|----|------------------|------------------|-------|
| 8 | Abbey Collins | Kurrajong Bilpin | 2.89m |
| 9 | Jorja Bennetts | Mudgee | 2.75m |
| 10 | Natalie Nash | Springwood | 2.58m |
| 11 | Elizabeth Godwin | Glenbrook | 2.49m |
| 12 | Allison Bennett | Oberon | 1.83m |

Girls U 10 - Long Jump

| ===== | | | |
|--|--------------------|------------------|-------|
| Zone: Z 4.37m 31/03/1987 Laura Washington, Glenbrook | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Cassidy Feltham | Kurrajong Bilpin | 3.44m |
| 2 | Hannah Roots | Springwood | 3.19m |
| 3 | Olivia Baird | Kurrajong Bilpin | 3.11m |
| 4 | Alexandra Sowinski | Kurrajong Bilpin | 3.10m |
| 5 | Grace Smith | Springwood | 3.09m |
| 6 | Lily Rooney | Glenbrook | 3.03m |
| 7 | Lani Gleeson | Springwood | 2.94m |
| 8 | Jezebel Mills | Glenbrook | 2.94m |
| 9 | Tayah Crook | Lithgow | 2.89m |
| 10 | Louise Dawes | Glenbrook | 2.67m |
| 11 | Molly Robinson | Lithgow | 2.58m |
| 12 | Sophie Boyes | Springwood | 2.57m |
| 13 | Mae Price | Glenbrook | 2.37m |
| 14 | Mirrin Sharp | Lithgow | 2.25m |
| 15 | Taniesha Rusten | Oberon | 2.18m |
| 16 | Lilly Manning | Oberon | 2.10m |

Girls U 11 - Long Jump

| ===== | | | |
|--|--------------------|------------------|-------|
| Zone: Z 4.58m 14/12/2014 Brooke Keller, Kurrajong Bilp | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Alesha Bennetts | Mudgee | 4.06m |
| 2 | Kasey Hayes | Mudgee | 4.00m |
| 3 | Hannah Haberman | Springwood | 3.89m |
| 4 | Catriona Haberman | Springwood | 3.75m |
| 5 | Jacinta Packer | Kurrajong Bilpin | 3.74m |
| 6 | Hannah Patton | Katoomba | 3.49m |
| 7 | Olivia Greenaway | Glenbrook | 3.45m |
| 8 | Imogen Della Bosca | Lithgow | 3.38m |
| 9 | Ashlyn Lowe | Springwood | 3.26m |
| 10 | Zoe Rivas | Katoomba | 3.02m |
| 11 | Georgia Kelly | Mudgee | 2.98m |
| 12 | Hayley Moir | Springwood | 2.93m |
| 13 | Maddison Garton | Kurrajong Bilpin | 2.85m |
| 14 | Jorgia McFawn | Oberon | 2.84m |
| 15 | Daria Olney | Oberon | 2.39m |
| 16 | Brianna Bennett | Oberon | 2.16m |

Girls U 12 - Long Jump

| ===== | | | |
|---|--------------------|------------------|-------|
| Zone: Z 5.03m 31/03/1983 Brooke Martin, Glenbrook | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 | Brooke Keller | Kurrajong Bilpin | 4.73m |
| 2 | Olivia De La Harpe | Springwood | 4.28m |
| 3 | Ava Healey | Lithgow | 4.09m |
| 4 | Xanthe Althofer | Mudgee | 3.84m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****...Girls U 12 - Long Jump**

| | | | |
|----|--------------------------|------------------|-------|
| 5 | Amber Love | Katoomba | 3.83m |
| 6 | Chloe Kitching | Glenbrook | 3.79m |
| 7 | Mali MacDiarmid | Katoomba | 3.72m |
| 8 | Bridgette Williams-Smith | Kurrajong Bilpin | 3.70m |
| 9 | Penny Kelly | Mudgee | 3.53m |
| 10 | Isabella Jacobson | Glenbrook | 3.29m |
| 11 | Paige Bulman | Kurrajong Bilpin | 2.90m |
| 12 | Gabrielle Sharp | Lithgow | 2.37m |

Girls U 13 - Long Jump

Zone: Z 5.02m 3/12/2006 Mataya Young, Katoomba

| Name | Age | Centre | Final |
|------|------------------------|------------------|-------|
| 1 | Cushla Rue | Oberon | 4.49m |
| 2 | Kallan Phillips | Lithgow | 4.31m |
| 3 | Tay Meehan | Katoomba | 4.29m |
| 4 | Annalyse Garton | Kurrajong Bilpin | 4.25m |
| 5 | Ashley Robinson | Lithgow | 4.04m |
| 6 | Kyra Phillips | Lithgow | 3.85m |
| 7 | Georgia Messina | Kurrajong Bilpin | 3.80m |
| 8 | Jasmine Williams-Smith | Kurrajong Bilpin | 3.66m |
| 9 | Ella Maynard | Mudgee | 3.54m |
| 10 | Cloe Robinson | Lithgow | 3.53m |
| 11 | Ayesha Kelly | Springwood | 2.65m |
| 12 | Maddison Redman | Oberon | 2.58m |

Girls U 14 - Long Jump

Zone: Z 5.35m 31/03/2001 Jennifer Coogan, Springwood

| Name | Age | Centre | Final |
|------|------------------|------------------|-------|
| 1 | Kiara Ison | Kurrajong Bilpin | 4.80m |
| 2 | Caitlyn Ferrier | Kurrajong Bilpin | 4.40m |
| 3 | Teoni Schleibs | Lithgow | 4.16m |
| 4 | Jemma Price | Springwood | 4.14m |
| 5 | Bronte Pickering | Springwood | 3.90m |
| 6 | Isabella Casey | Glenbrook | 3.81m |

Girls U 15 - Long Jump

Zone: Z 5.49m 30/11/2002 Amy Sadler, Kurrajong Bilpin

| Name | Age | Centre | Final |
|------|----------------|------------------|-------|
| 1 | Jessica Keller | Kurrajong Bilpin | 4.64m |
| 2 | Caitlin Fenner | Springwood | 4.48m |

Girls U 17 - Long Jump

Zone: Z 5.33m 14/12/2008 Amy Nelson, Kurrajong Bilpin

| Name | Age | Centre | Final |
|------|-----------------|------------------|-------|
| 1 | Tahlia Blanch | Kurrajong Bilpin | 4.81m |
| 2 | Susan Graham | Glenbrook | 4.57m |
| 3 | Eleanore Mercer | Springwood | 4.19m |
| 4 | Alicia Blanch | Kurrajong Bilpin | 3.37m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 11 - Triple Jump**

| Zone: Z 9.96m 13/12/2014 Brooke Keller, Kurrajong Bilp | | | |
|--|----------|----------|------------------------|
| Name | Age | Centre | Final |
| 1 | Catriona | Haberman | Springwood 7.87m |
| 2 | Kate | Leach | Kurrajong Bilpin 7.60m |
| 3 | Ashlyn | Lowe | Springwood 7.09m |
| 4 | Hannah | Patton | Katoomba 6.72m |
| 5 | Katerina | Reynolds | Springwood 6.70m |
| 6 | Cordelia | Navin | Kurrajong Bilpin 5.82m |
| 7 | Maddison | Garton | Kurrajong Bilpin 5.75m |

Girls U 12 - Triple Jump

| Zone: Z 9.97m 31/03/2002 Rachel Coogan, Springwood | | | |
|--|-----------|----------------|------------------------|
| Name | Age | Centre | Final |
| 1 | Olivia | De La Harpe | Springwood 9.55m |
| 2 | Brooke | Keller | Kurrajong Bilpin 9.50m |
| 3 | Zara | Ebeling | Glenbrook 8.86m |
| 4 | Bridgette | Williams-Smith | Kurrajong Bilpin 8.82m |
| 5 | Chloe | Kitching | Glenbrook 7.12m |

Girls U 13 - Triple Jump

| Zone: Z 10.53m 3/12/2006 Mataya Young, Katoomba | | | |
|---|----------|----------------|------------------------|
| Name | Age | Centre | Final |
| 1 | Lillian | Patterson | Springwood 9.29m |
| 2 | Annalyse | Garton | Kurrajong Bilpin 9.27m |
| 3 | Cushla | Rue | Oberon 8.91m |
| 4 | Kallan | Phillips | Lithgow 8.67m |
| 5 | Tay | Meehan | Katoomba 8.08m |
| 6 | Ashley | Robinson | Lithgow 8.07m |
| 7 | Jasmine | Williams-Smith | Kurrajong Bilpin 7.82m |
| 8 | Cloe | Robinson | Lithgow 7.46m |
| 9 | Ayesha | Kelly | Springwood 5.50m |

Girls U 14 - Triple Jump

| Zone: Z 11.15m 31/03/2002 Amy Sadler, Kurrajong Bilpin | | | |
|--|--------|----------|------------------------|
| Name | Age | Centre | Final |
| 1 | Jemma | Price | Springwood 9.07m |
| 2 | Ella | Lucas | Katoomba 8.93m |
| 3 | Teoni | Schleibs | Lithgow 8.51m |
| 4 | Olivia | James | Kurrajong Bilpin 8.25m |

Girls U 15 - Triple Jump

| Zone: Z 11.10m 3/12/2006 Amy Nelson, Kurrajong Bilpin | | | |
|---|-----------|--------|-------------------------|
| Name | Age | Centre | Final |
| 1 | Jessica | Keller | Kurrajong Bilpin 10.21m |
| 2 | Mackenzie | Stone | Glenbrook 10.14m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 17 - Triple Jump**

| Zone: Z 11.63m 20/12/2008 Amy Nelson, Kurrajong Bilpin | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Tahlia Blanch | | Kurrajong Bilpin | 10.48m |
| 2 Mary Jones | | Springwood | 9.39m |
| 3 Kaylah Lamb | | Glenbrook | 8.82m |
| 4 Eleanore Mercer | | Springwood | 8.58m |
| 5 Alicia Blanch | | Kurrajong Bilpin | 7.46m |

Girls U 7 - Shot Put (1.0 Kg)

| Zone: Z 5.84m 31/03/1991 M. Hendrie, Glenbrook | | | |
|--|-----|----------|-------|
| Name | Age | Centre | Final |
| 1 Isabella Wells | | Lithgow | 4.56m |
| 2 Sarah Rivas | | Katoomba | 3.76m |

Girls U 8 - Shot Put (1.5 Kg)

| Zone: Z 5.92m 31/03/1997 S. Cain, Kurrajong Bilpin | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Sarah Portelli | | Kurrajong Bilpin | 4.66m |
| 2 Georgie Zahra | | Glenbrook | 4.57m |
| 3 Xylia Davidson | | Kurrajong Bilpin | 3.84m |
| 4 Emily Boyes | | Springwood | 3.82m |
| 5 Jorja Pender | | Lithgow | 2.28m |

Girls U 9 - Shot Put (2.0 Kg)

| Zone: Z 7.24m 31/03/1996 S. Taupau, Emu Plains | | | |
|--|-----|-----------|-------|
| Name | Age | Centre | Final |
| 1 Eliza English | | Mudgee | 5.44m |
| 2 Lilly Allport | | Glenbrook | 4.41m |
| 3 Claire Nicholls | | Glenbrook | 4.17m |
| 4 Jessie Lee Barrett | | Katoomba | 3.44m |
| 5 Maddison Rusten | | Oberon | 3.36m |
| 6 Allison Bennett | | Oberon | 2.60m |

Girls U 10 - Shot Put (2.0 Kg)

| Zone: Z 7.94m 31/03/1997 S. Taupau, Springwood | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Alexandra Sowinski | | Kurrajong Bilpin | 6.72m |
| 2 Sophia Meehan | | Glenbrook | 6.62m |
| 3 Cassidy Feltham | | Kurrajong Bilpin | 4.69m |
| 4 Zara Ali | | Glenbrook | 4.48m |
| 5 Mae Price | | Glenbrook | 4.24m |
| 6 Mirrin Sharp | | Lithgow | 4.14m |
| 7 Holly Wye | | Glenbrook | 3.83m |
| 8 Savannah Buss | | Glenbrook | 3.35m |
| 9 Alana Murray | | Katoomba | 3.09m |
| 10 Lilly Manning | | Oberon | 2.69m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 11 - Shot Put (2.0 Kg)**

| Zone: Z 10.50m 3/12/2006 Yasenaca Denicaucau, Lithgow | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Amity Buss | | Glenbrook | 8.82m |
| 2 Jacinta Packer | | Kurrajong Bilpin | 7.39m |
| 3 Charlotte Brown | | Springwood | 6.06m |
| 4 Imogen Della Bosca | | Lithgow | 5.67m |
| 5 Zoe Rivas | | Katoomba | 5.27m |
| 6 Brianna Bennett | | Oberon | 4.98m |
| 7 Maddison Garton | | Kurrajong Bilpin | 4.94m |
| 8 Daria Olney | | Oberon | 4.39m |
| 9 Dimity J Lee | | Katoomba | 4.32m |
| 10 Cordelia Navin | | Kurrajong Bilpin | 3.76m |
| 11 Britney Brindley | | Oberon | 3.43m |

Girls U 12 - Shot Put (2.0 Kg)

| Zone: Z 12.84m 16/12/2007 Yasenaca Denicaucau, Lithgow | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Georgia Portelli | | Kurrajong Bilpin | 12.32m |
| 2 Bianca Packer | | Kurrajong Bilpin | 8.33m |
| 3 Penny Kelly | | Mudgee | 7.10m |
| 4 Mirah Larkin | | Springwood | 6.52m |
| 5 Gabrielle Sharp | | Lithgow | 5.13m |
| 6 Sarah Haydon-Schulz | | Katoomba | 4.81m |

Girls U 13 - Shot Put (3.0 Kg)

| Zone: Z 12.79m 20/12/2008 Tai Denicaucau, Lithgow | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Kyra Phillips | | Lithgow | 9.14m |
| 2 Renee Hardy | | Kurrajong Bilpin | 8.99m |
| 3 Lianna Davidson | | Kurrajong Bilpin | 8.81m |
| 4 Kallan Phillips | | Lithgow | 8.64m |
| 5 Tahlia Lawson | | Springwood | 7.72m |
| 6 Cleo Price | | Glenbrook | 5.24m |
| 7 Ayesha Kelly | | Springwood | 4.44m |

Girls U 14 - Shot Put (3.0 Kg)

| Zone: Z 13.49m 12/12/2009 Tai Denicaucau, Springwood | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Charli Hayes | | Mudgee | 8.09m |
| 2 Amara Radford | | Kurrajong Bilpin | 6.75m |
| 3 Pheobe Knox | | Katoomba | 5.92m |
| 4 Teisha Rose Lee | | Katoomba | 5.65m |

Girls U 15 - Shot Put (3.0 Kg)

| Zone: Z 14.80m 31/03/1996 Katrina Steele, Springwood | | | |
|--|-----|------------|--------|
| Name | Age | Centre | Final |
| 1 Caitlin Fenner | | Springwood | 10.26m |
| 2 Lauren Perry | | Glenbrook | 7.64m |
| 3 Emily Brown | | Springwood | 7.28m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 17 - Shot Put (3.0 Kg)**

| Zone: Z 11.28m 14/12/2014 Sarah Luxford, Springwood | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Courtney Brackenrig | | Mudgee | 10.82m |
| 2 Marlies Hopman | | Glenbrook | 9.11m |
| 3 Alicia Blanch | | Kurrajong Bilpin | 4.26m |

Girls U 7 - Discus (350 Gram)

| Zone: Z 13.86m 31/03/1994 Ruth Price, Glenbrook | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Isabella Wells | | Lithgow | 12.84m |
| 2 Mikayla McMahon | | Katoomba | 10.11m |
| 3 Jemma Camilleri | | Kurrajong Bilpin | 9.02m |
| 4 Caitlin Murphy | | Glenbrook | 8.00m |
| 5 Logan Ogilvie | | Glenbrook | 6.10m |
| 6 Sarah Coyte | | Kurrajong Bilpin | 5.60m |

Girls U 8 - Discus (500 Gram)

| Zone: Z 16.14m 28/01/2006 Natasha Stork, Emu Plains | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Sarah Portelli | | Kurrajong Bilpin | 13.08m |
| 2 Clare Williamson | | Springwood | 10.33m |
| 3 Xylia Davidson | | Kurrajong Bilpin | 9.61m |
| 4 Aleese Thompson | | Lithgow | 8.44m |
| 5 Jessica Harris | | Glenbrook | 6.82m |
| 6 Jorja Pender | | Lithgow | 4.94m |
| 7 Matilda Horne | | Katoomba | 4.13m |

Girls U 9 - Discus (500 Gram)

| Zone: Z 20.06m 7/12/2003 A. Hughes, Springwood | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Emma Orme | | Springwood | 15.16m |
| 2 April Darby | | Glenbrook | 13.35m |
| 3 Chloe Evans | | Kurrajong Bilpin | 11.63m |
| 4 Claire Nicholls | | Glenbrook | 11.63m |
| 5 Lilly Allport | | Glenbrook | 11.03m |
| 6 Maddison Rusten | | Oberon | 10.41m |
| 7 Annika Della Bosca | | Lithgow | 9.99m |
| 8 Elizabeth Godwin | | Glenbrook | 9.28m |

Girls U 10 - Discus (500 Gram)

| Zone: Z 23.96m 14/12/2013 Georgia Portelli, Kurrajong | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Sophia Meehan | | Glenbrook | 17.79m |
| 2 Zara Ali | | Glenbrook | 14.49m |
| 3 Olivia Baird | | Kurrajong Bilpin | 12.20m |
| 4 Neive Hogan | | Oberon | 12.08m |
| 5 Hannah Roots | | Springwood | 11.82m |
| 6 Lani Amputch | | Springwood | 11.43m |
| 7 Taniesha Rusten | | Oberon | 11.11m |
| 8 Mae Price | | Glenbrook | 10.67m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Girls U 10 - Discus (500 Gram)**

| | | |
|-----------------|-----------|-------|
| 9 Savannah Buss | Glenbrook | 9.15m |
| 10 Ebony Pender | Lithgow | 8.97m |
| 11 Mirrin Sharp | Lithgow | 7.65m |

Girls U 11 - Discus (750 Gram)

| ===== | | | |
|---|-----|------------------|--------|
| Zone: Z 30.55m 14/12/2014 Georgia Portelli, Kurrajong | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Amity Buss | | Glenbrook | 28.67m |
| 2 Natasha Watson | | Glenbrook | 27.21m |
| 3 Jacinta Packer | | Kurrajong Bilpin | 18.17m |
| 4 Jacinta Jeffery | | Springwood | 15.84m |
| 5 Charlotte Brown | | Springwood | 15.14m |
| 6 Brianna Bennett | | Oberon | 9.70m |
| 7 Dimity J Lee | | Katoomba | 8.92m |

Girls U 12 - Discus (750 Gram)

| ===== | | | |
|--|-----|------------------|---------|
| Zone: Z 33.61m 15/12/2007 Yasenaca Denicaucau, Lithgow | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Georgia Portelli | | Kurrajong Bilpin | 34.82mZ |
| 2 Bianca Packer | | Kurrajong Bilpin | 20.50m |
| 3 Xanthe Althofer | | Mudgee | 18.45m |
| 4 Mia Baggett | | Mudgee | 12.73m |
| 5 Mirah Larkin | | Springwood | 12.35m |
| 6 Gabrielle Sharp | | Lithgow | 9.40m |

Girls U 13 - Discus (750 Gram)

| ===== | | | |
|---|-----|------------------|--------|
| Zone: Z 42.79m 20/12/2008 Tai Denicaucau, Lithgow | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Lianna Davidson | | Kurrajong Bilpin | 28.53m |
| 2 Renee Hardy | | Kurrajong Bilpin | 28.32m |
| 3 Tahlia Lawson | | Springwood | 19.35m |
| 4 Cleo Price | | Glenbrook | 14.94m |
| 5 Cloe Robinson | | Lithgow | 13.38m |

Girls U 14 - Discus (1.0 Kg)

| ===== | | | |
|--|-----|------------------|--------|
| Zone: Z 42.70m 13/12/2009 Tai Denicaucau, Springwood | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Elli Kozicki | | Lithgow | 24.35m |
| 2 Charli Hayes | | Mudgee | 21.03m |
| 3 Isabella Casey | | Glenbrook | 18.14m |
| 4 Jemma Price | | Springwood | 17.18m |
| 5 Olivia James | | Kurrajong Bilpin | 15.90m |
| 6 Amara Radford | | Kurrajong Bilpin | 15.55m |
| 7 Pheobe Knox | | Katoomba | 13.45m |

Girls U 15 - Discus (1.0 Kg)

| ===== | | | |
|--|-----|------------|--------|
| Zone: Z 47.29m 11/12/2010 Tai Denicaucau, Springwood | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Caitlin Fenner | | Springwood | 31.23m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Girls U 15 - Discus (1.0 Kg)**

| | | |
|----------------|------------|--------|
| 2 Lauren Perry | Glenbrook | 22.55m |
| 3 Emily Brown | Springwood | 14.19m |

Girls U 17 - Discus (1.0 Kg)

Zone: Z 34.17m 10/12/2011 Tai Denicaucau, Springwood

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|-----------------------|------------------|--------|
| 1 Courtney Brackenrig | Mudgee | 28.91m |
| 2 Marlies Hopman | Glenbrook | 22.77m |
| 3 Alicia Blanch | Kurrajong Bilpin | 11.38m |

Girls U 11 - Javelin (400 Gram)

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|-------------------|------------------|--------|
| 1 Kasey Hayes | Mudgee | 17.78m |
| 2 Jacinta Packer | Kurrajong Bilpin | 15.75m |
| 3 Natasha Watson | Glenbrook | 15.67m |
| 4 Amity Buss | Glenbrook | 15.17m |
| 5 Charlotte Brown | Springwood | 12.56m |
| 6 Ashlyn Lowe | Springwood | 8.97m |
| 7 Daria Olney | Oberon | 7.94m |

Girls U 12 - Javelin (400 Gram)

Zone: Z 28.18m 13/12/2014 Lianna Davidson, Kurrajong B

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|---------------------|------------------|---------|
| 1 Georgia Portelli | Kurrajong Bilpin | 28.20mZ |
| 2 Bianca Packer | Kurrajong Bilpin | 21.80m |
| 3 Mia Baggett | Mudgee | 14.15m |
| 4 Ivory Radford | Kurrajong Bilpin | 13.38m |
| 5 Charlotte Husarek | Glenbrook | 12.12m |
| 6 Isabella Jacobson | Glenbrook | 11.95m |
| 7 Chloe Kitching | Glenbrook | 11.77m |
| 8 Xanthe Althofer | Mudgee | 9.97m |

Girls U 13 - Javelin (400 Gram)

Zone: Z 27.04m 9/12/2012 Emily Liddle, Springwood

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|-------------------|------------------|---------|
| 1 Lianna Davidson | Kurrajong Bilpin | 33.59mZ |
| 2 Ella McCann | Glenbrook | 19.95m |
| 3 Kyra Phillips | Lithgow | 17.74m |
| 4 Tahlia Lawson | Springwood | 16.19m |
| 5 Renee Hardy | Kurrajong Bilpin | 14.83m |
| 6 Cleo Price | Glenbrook | 12.36m |
| 7 Ayesha Kelly | Springwood | 10.13m |

Girls U 14 - Javelin (400 Gram)

Zone: Z 35.63m 9/12/2012 Courtney Brackenrig, Mudgee

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|-------------------|------------------|--------|
| 1 Elli Kozicki | Lithgow | 25.49m |
| 2 Caitlyn Ferrier | Kurrajong Bilpin | 21.41m |
| 3 Jemma Price | Springwood | 16.40m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Girls U 14 - Javelin (400 Gram)**

| | | |
|-----------------|------------------|--------|
| 4 Charli Hayes | Mudgee | 13.03m |
| 5 Amara Radford | Kurrajong Bilpin | 12.80m |
| 6 Pheobe Knox | Katoomba | 9.70m |

Girls U 15 - Javelin (500 Gram)

| ===== | | | |
|----------------|--------|------------|-----------------------------|
| Zone: Z | 34.48m | 15/12/2013 | Courtney Brackenrig, Mudgee |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Emily Brown | | Springwood | 19.92m |
| 2 Lauren Perry | | Glenbrook | 16.68m |

Girls U 17 - Javelin (500 Gram)

| ===== | | | |
|-----------------------|--------|------------------|-----------------------------|
| Zone: Z | 39.53m | 10/12/2011 | Katrina Blackett, Kurrajong |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Courtney Brackenrig | | Mudgee | 38.84m |
| 2 Marlies Hopman | | Glenbrook | 24.70m |
| 3 Mary Jones | | Springwood | 18.14m |
| 4 Niamh McKervey | | Glenbrook | 17.79m |
| 5 Alicia Blanch | | Kurrajong Bilpin | 12.21m |

Girls U 9 - 700 Metre Walk

| ===== | | | |
|-------------------|---------|------------------|-----------------------------|
| Zone: Z | 4:10.20 | 16/12/2007 | Danielle Kalemusic, Emu Pla |
| Name | Age | Centre | Final |
| ===== | | | |
| Section 1 | | | |
| 1 Chloe Evans | | Kurrajong Bilpin | 5:03.38 |
| 2 Emma Orme | | Springwood | 5:04.01 |
| 3 Caitlin Feltham | | Kurrajong Bilpin | 5:14.57 |
| 4 Tanissa Ali | | Glenbrook | 5:27.62 |
| 5 Lilly Allport | | Glenbrook | 5:37.62 |
| 6 Scarlett Hepper | | Springwood | 6:27.00 |

Girls U 10 - 1100 Metre Walk

| ===== | | | |
|-----------------|---------|------------------|-----------------------------|
| Zone: Z | 5:46.20 | 29/01/2006 | Tabitha Porley, Kurrajong B |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Olivia Harris | | Glenbrook | 7:49.84 |
| 2 Paige Nash | | Kurrajong Bilpin | 8:01.80 |

Girls U 11 - 1100 Metre Walk

| ===== | | | |
|---------------------|---------|------------|-----------------------------|
| Zone: Z | 5:44.93 | 15/12/2013 | Renee Hardy, Kurrajong Bilp |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Katerina Reynolds | | Springwood | 8:35.48 |

Girls U 12 - 1500 Metre Walk

| ===== | | | |
|----------------|---------|------------------|-----------------------------|
| Zone: Z | 7:53.30 | 16/12/2007 | Tabitha Porley, Kurrajong B |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Paige Bulman | | Kurrajong Bilpin | 10:07.04 |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Girls U 13 - 1500 Metre Walk**

| Zone: Z 7:38.50 13/12/2009 Jasmine Dighton, Glenbrook | | | |
|---|-----|------------------|----------|
| Name | Age | Centre | Final |
| 1 Renee Hardy | | Kurrajong Bilpin | 8:10.74 |
| 2 Dana Bulman | | Kurrajong Bilpin | 10:06.38 |
| 3 Cleo Price | | Glenbrook | 11:48.17 |
| 4 Ayesha Kelly | | Springwood | 13:15.20 |

Girls U 14 - 1500 Metre Walk

| Zone: Z 7:43.60 3/12/2006 Jade Dighton, Glenbrook | | | |
|---|-----|---------|-------|
| Name | Age | Centre | Final |
| -- Jessica-Rose Lutschini | | Lithgow | DQ |

Girls U 15 - 1500 Metre Walk

| Zone: Z 7:28.50 11/12/2011 Jasmine Dighton, Glenbrook | | | |
|---|-----|------------------|----------|
| Name | Age | Centre | Final |
| 1 Janaya Lee | | Kurrajong Bilpin | 8:32.18 |
| 2 Davina Bulman | | Kurrajong Bilpin | 10:42.83 |

Girls U 17 - 1500 Metre Walk

| Zone: Z 7:12.89 9/12/2012 Jasmine Dighton, Glenbrook | | | |
|--|-----|------------|---------|
| Name | Age | Centre | Final |
| 1 Mary Jones | | Springwood | 8:19.05 |

Boys U 7 - 50 Metre Sprint

| Zone: Z 8.81 8/12/2012 Aiden Miller, Kurrajong Bilpi | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Flynn Driver | | Springwood | 9.5h |
| 2 Tarik Langley | | Katoomba | 9.9h |
| 3 Adam Jordan | | Kurrajong Bilpin | 10.0h |
| 4 Baxter Hepper | | Springwood | 10.3h |
| 5 Felix Capon-Redman | | Springwood | 10.6h |
| 6 Harry Kitching | | Glenbrook | 11.8h |

Boys U 7 - 70 Metre Sprint

| Zone: Z 11.50 31/03/1990 D. Monck, Katoomba | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Nicholas Godwin | | Glenbrook | 12.6h |
| 2 Isaac Roberts | | Katoomba | 13.1h |
| 3 Jacob Bell | | Glenbrook | 13.8h |
| 4 Adam Jordan | | Kurrajong Bilpin | 13.9h |
| 5 Solomon Meehan | | Glenbrook | 14.1h |
| 6 Baxter Hepper | | Springwood | 14.3h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 8 - 70 Metre Sprint**

| Zone: Z 11.00 31/03/1998 P. Maloney, Springwood | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Lachlan Hay | | Glenbrook | 12.5h |
| 2 Alexander Sinnett | | Kurrajong Bilpin | 12.6h |
| 3 Luke Hronsky | | Katoomba | 13.0h |
| 4 Gabriel Geach-Andrews | | Katoomba | 13.6h |
| 5 Patrick Smith | | Springwood | 14.5h |
| 6 Aden Rovella | | Kandos Rylstone | 14.5h |

Boys U 9 - 70 Metre Sprint

| Zone: Z 10.40 11/12/2011 Jake McLenaghan, Springwood | | | |
|--|-----|------------|-------|
| Name | Age | Centre | Final |
| 1 Ethan Cook | | Glenbrook | 11.6h |
| 2 Bailey McGregor | | Springwood | 11.7h |
| 3 Oscar Quaine | | Springwood | 12.1h |
| 4 Cameron Purcell | | Springwood | 12.2h |
| 5 Harry Greenaway | | Glenbrook | 12.3h |
| 6 Finn Conole-Buck | | Glenbrook | 12.5h |
| 7 Coby Massarella | | Lithgow | 12.7h |
| 8 William Jones | | Springwood | 13.1h |
| 9 Leon Murray | | Glenbrook | 13.2h |

Boys U 10 - 70 Metre Sprint

| Zone: Z 10.00 11/12/2011 Miles Harrold, Emu Plains | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Tristan Scott | | Glenbrook | 10.8h |
| 2 Aiden Miller | | Kurrajong Bilpin | 10.9h |
| 3 Angus Clues | | Lithgow | 11.1h |

Boys U 7 - 100 Metre Sprint

| Zone: Z 16.20 31/03/1990 D. Monck, Katoomba | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Isaac Roberts | | Katoomba | 17.8h |
| 2 Flynn Driver | | Springwood | 17.8h |
| 3 Connor Milewski | | Oberon | 19.7h |
| 4 Baxter Hepper | | Springwood | 20.6h |
| 5 Felix Capon-Redman | | Springwood | 21.3h |
| 6 Adam Jordan | | Kurrajong Bilpin | 21.5h |

Boys U 8 - 100 Metre Sprint

| Zone: Z 15.40 31/03/1990 R. Gillespie, Springwood | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Lachlan Hay | | Glenbrook | 17.8h |
| 2 Alexander Sinnett | | Kurrajong Bilpin | 18.1h |
| 3 Luke Hronsky | | Katoomba | 19.2h |
| 4 Patrick Smith | | Springwood | 20.4h |
| 5 Laken Crook | | Lithgow | 20.5h |
| 6 Hugh Rohr | | Mudgee | 21.2h |
| 7 Aden Rovella | | Kandos Rylstone | 21.2h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 9 - 100 Metre Sprint**

=====
 Zone: Z 14.30 3/12/2006 Brodie Vassallo, Kurrajong Bi
 Name Age Centre Heats
 =====

Heat 1 Heats

| | | | |
|---|-----------------|------------------|--------|
| 1 | Arlo Langley | Katoomba | 16.05Q |
| 2 | Bailey McGregor | Springwood | 16.87Q |
| 3 | Joshua Mitchell | Springwood | 17.17Q |
| 4 | Coby Massarella | Lithgow | 17.21q |
| 5 | Harry Abel | Kurrajong Bilpin | 17.29q |
| 6 | Oscar Quaine | Springwood | 17.35 |
| 7 | Harry Greenaway | Glenbrook | 17.50 |

Heat 2 Heats

| | | | |
|---|---------------|------------|--------|
| 1 | Oscar Mills | Springwood | 15.67Q |
| 2 | Ethan Cook | Glenbrook | 16.56Q |
| 3 | Liam Moir | Springwood | 16.70Q |
| 4 | Zac Sheehy | Oberon | 17.44 |
| 5 | Jack Kelly | Mudgee | 17.55 |
| 6 | William Jones | Springwood | 18.93 |

Boys U 9 - 100 Metre Sprint

=====
 Zone: Z 14.30 3/12/2006 Brodie Vassallo, Kurrajong Bi
 Name Age Centre Final
 =====

Section 1 Final

| | | | |
|---|-----------------|------------------|-------|
| 1 | Arlo Langley | Katoomba | 15.8h |
| 2 | Oscar Mills | Springwood | 16.4h |
| 3 | Ethan Cook | Glenbrook | 16.7h |
| 4 | Bailey McGregor | Springwood | 16.9h |
| 5 | Liam Moir | Springwood | 17.1h |
| 6 | Harry Abel | Kurrajong Bilpin | 17.1h |
| 7 | Joshua Mitchell | Springwood | 17.6h |
| 8 | Coby Massarella | Lithgow | 17.8h |

Boys U 10 - 100 Metre Sprint

=====
 Zone: Z 14.10 31/03/2000 Michael Cox, Lithgow
 Name Age Centre Final
 =====

Section 1

| | | | |
|---|------------------|------------------|-------|
| 1 | Alfie Williamson | Springwood | 15.6h |
| 2 | Aiden Miller | Kurrajong Bilpin | 15.7h |
| 3 | Angus Clues | Lithgow | 15.7h |
| 4 | Riley Dutton | Springwood | 16.2h |
| 5 | Oscar Smeallie | Mudgee | 16.8h |
| 6 | Roman Mensforth | Springwood | 17.3h |
| 7 | Beau Rohr | Mudgee | 17.4h |
| 8 | Jude Horne | Katoomba | 17.5h |

Boys U 11 - 100 Metre Sprint

=====
 Zone: Z 13.30 31/03/1998 T. Joseph, Lithgow
 Name Age Centre Heats
 =====

Heat 1 Heats

| | | | |
|---|-----------------|------------|--------|
| 1 | Nathan Fokes | Springwood | 14.54Q |
| 2 | Keegan Reasbeck | Glenbrook | 14.81Q |
| 3 | Jason Jordan | Lithgow | 15.85Q |
| 4 | Nate Mallett | Springwood | 16.71 |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Boys U 11 - 100 Metre Sprint**

| | | | |
|--------------|--------------------|------------|--------|
| 5 | Francesco Difranco | Lithgow | 16.94 |
| Heat 2 Heats | | | |
| 1 | Cooper Jeal | Glenbrook | 14.69Q |
| 2 | Tadhg Dougan | Springwood | 14.86Q |
| 3 | Lachlan Thompson | Lithgow | 15.04Q |
| 4 | Aaron Shields | Katoomba | 15.36q |
| 5 | Vincent Applebee | Springwood | 15.74q |
| 6 | Ben Stanton | Oberon | 17.11 |
| 7 | Indigo Fraser | Katoomba | 17.31 |

Boys U 11 - 100 Metre Sprint

=====
 Zone: Z 13.30 31/03/1998 T. Joseph, Lithgow

| Name | Age Centre | Final |
|--------------------------|------------------|------------------|
| ===== Section 1 Final | | |
| 1 | Nathan Fokes | Springwood 14.8h |
| 2 | Keegan Reasbeck | Glenbrook 14.8h |
| 3 | Cooper Jeal | Glenbrook 14.9h |
| 4 | Tadhg Dougan | Springwood 14.9h |
| 5 | Lachlan Thompson | Lithgow 15.0h |
| 6 | Vincent Applebee | Springwood 15.7h |
| 7 | Jason Jordan | Lithgow 15.8h |

Boys U 12 - 100 Metre Sprint

=====
 Zone: Z 13.10 10/12/2011 Liam McCann, Glenbrook

| Name | Age Centre | Final |
|--------------------|-----------------|------------------------|
| ===== Section 1 | | |
| 1 | Bede Smeallie | Mudgee 13.6h |
| 2 | Cameron Ferrier | Kurrajong Bilpin 14.0h |
| 3 | Kobi Egan | Lithgow 14.1h |
| 4 | Ethan Craig | Glenbrook 14.3h |
| 5 | Eamonn Luchetti | Springwood 14.6h |
| 6 | Maxwell Murray | Glenbrook 14.7h |
| 7 | Cody Feltham | Kurrajong Bilpin 16.7h |

Boys U 13 - 100 Metre Sprint

=====
 Zone: Z 12.40 31/03/2002 Sam Rodgers, Emu Plains

| Name | Age Centre | Final |
|--------------------|-------------------|------------------|
| ===== Section 1 | | |
| 1 | Jake McLenaghan | Springwood 13.1h |
| 2 | Ashton van Putten | Glenbrook 13.3h |
| 3 | Erin Phipps | Springwood 13.5h |
| 4 | Mitchell Holt | Springwood 14.1h |
| 5 | Alexander Peel | Glenbrook 14.5h |
| 6 | Alexander Rivas | Katoomba 14.6h |

Boys U 14 - 100 Metre Sprint

=====
 Zone: Z 11.65 14/12/2013 Liam McCann, Glenbrook

| Name | Age Centre | Final |
|--------------------|-------------------|------------------------|
| ===== Section 1 | | |
| 1 | Kiran Nath | Glenbrook 12.6h |
| 2 | Damien Lefevre | Kurrajong Bilpin 12.7h |
| 3 | Cameron Jeffery | Springwood 13.2h |
| 4 | Lachlan Camilleri | Kurrajong Bilpin 13.4h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Boys U 14 - 100 Metre Sprint**

| | | |
|----------------|----------|-------|
| 5 Alex Howe | Katoomba | 13.4h |
| 6 Brian Barnes | Oberon | 16.9h |

Boys U 15 - 100 Metre Sprint

| ===== | | | |
|---|-----|------------------|-------|
| Zone: Z 11.39 13/12/2014 Liam McCann, Glenbrook | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Isaac Ebeling | | Glenbrook | 12.5h |
| 2 Tully Murphy | | Kurrajong Bilpin | 12.6h |

Boys U 17 - 100 Metre Sprint

| ===== | | | |
|---|-----|------------------|-------|
| Zone: Z 11.20 11/12/2010 Mitchell Byrne, Springwood | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Liam McCann | | Glenbrook | 11.4h |
| 2 Jordan Monteleone | | Kurrajong Bilpin | 11.7h |
| 3 Timothy Kniha | | Springwood | 11.9h |
| 4 Luke Zaurrini | | Kurrajong Bilpin | 12.0h |
| 5 Brad Richardson | | Kurrajong Bilpin | 12.1h |
| 6 Brenton Jeffery | | Springwood | 12.9h |
| 7 Jye Hardy | | Kurrajong Bilpin | 12.9h |
| 8 Danial Eiler-Carr | | Oberon | 13.0h |
| 9 Connor Feltham | | Kurrajong Bilpin | 13.5h |

Boys U 7 - 200 Metre Sprint

| ===== | | | |
|---|-----|------------------|-------|
| Zone: Z 35.50 31/03/1990 D. Monck, Katoomba | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Nicholas Godwin | | Glenbrook | 39.8h |
| 2 Connor Milewski | | Oberon | 41.7h |
| 3 Jacob Bell | | Glenbrook | 41.7h |
| 4 Hunter Abel | | Kurrajong Bilpin | 42.1h |
| 5 Matthew Bell | | Glenbrook | 49.3h |

Boys U 8 - 200 Metre Sprint

| ===== | | | |
|---|-----|------------------|-------|
| Zone: Z 33.10 31/03/1998 P. Maloney, Springwood | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Lachlan Hay | | Glenbrook | 37.43 |
| 2 Blake Rasho | | Katoomba | 37.75 |
| 3 William Morris | | Glenbrook | 38.05 |
| 4 Alexander Sinnett | | Kurrajong Bilpin | 39.12 |
| 5 Gabriel Geach-Andrews | | Katoomba | 41.43 |
| 6 Laken Crook | | Lithgow | 41.83 |

Boys U 9 - 200 Metre Sprint

| ===== | | | |
|---|-----|------------|-------|
| Zone: Z 31.10 31/03/1990 D. Ambrose, Kurrajong Bilpin | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Oscar Mills | | Springwood | 34.0h |
| 2 Logan Whitton | | Glenbrook | 34.4h |
| 3 Cameron Purcell | | Springwood | 36.7h |
| 4 Finn Conole-Buck | | Glenbrook | 38.1h |
| 5 Harry Greenaway | | Glenbrook | 38.4h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Boys U 9 - 200 Metre Sprint**

| | | |
|--------------|--------|-------|
| 6 Jack Kelly | Mudgee | 38.9h |
|--------------|--------|-------|

Boys U 10 - 200 Metre Sprint

Zone: Z 29.90 31/03/1985 Lachlan Cameron, Glenbrook

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|--------------------|------------------|-------|
| 1 Cooper Blanch | Kurrajong Bilpin | 31.9h |
| 2 Scott McLenaghan | Springwood | 32.2h |
| 3 Toby Camilleri | Kurrajong Bilpin | 32.2h |
| 4 Angus Clues | Lithgow | 33.7h |
| 5 Liam Murphy | Glenbrook | 33.7h |
| 6 William Zakis | Katoomba | 33.9h |
| 7 Oscar Smeallie | Mudgee | 34.4h |
| 8 Tate Rees | Springwood | 37.6h |

Boys U 11 - 200 Metre Sprint

Zone: Z 27.50 31/03/1998 T. Joseph, Lithgow

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|-------------------|------------|-------|
| 1 Cooper Jeal | Glenbrook | 30.5h |
| 2 Nathan Fokes | Springwood | 31.0h |
| 3 Keegan Reasbeck | Glenbrook | 31.3h |
| 4 Tadhg Dougan | Springwood | 31.4h |
| 5 Ben Stanton | Oberon | 35.0h |
| 6 Indigo Fraser | Katoomba | 35.9h |
| 7 Riley Barnes | Oberon | 38.9h |
| 8 Liam Holt | Springwood | 39.7h |

Boys U 12 - 200 Metre Sprint

Zone: Z 27.50 31/03/1994 David Moore, Emu Plains

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|--------------------|------------------|-------|
| 1 Bede Smeallie | Mudgee | 28.1h |
| 2 Ethan Craig | Glenbrook | 28.9h |
| 3 Cameron Ferrier | Kurrajong Bilpin | 30.0h |
| 4 Maxwell Murray | Glenbrook | 31.5h |
| 5 Lachlan Nicholls | Glenbrook | 32.5h |
| 6 Cody Feltham | Kurrajong Bilpin | 36.3h |

Boys U 13 - 200 Metre Sprint

Zone: Z 25.50 31/03/1996 Dayne Neininckx, Emu Plains

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|---------------------|------------|-------|
| 1 Jake McLenaghan | Springwood | 26.7h |
| 2 Ashton van Putten | Glenbrook | 27.3h |
| 3 Erin Phipps | Springwood | 28.8h |
| 4 Mitchell Holt | Springwood | 29.6h |

Boys U 14 - 200 Metre Sprint

Zone: Z 23.90 31/03/1998 M. Doggett, Lithgow

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|--------------------|-----------|-------|
| 1 Kiran Nath | Glenbrook | 25.6h |
| 2 Zachary Rothwell | Katoomba | 26.0h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Boys U 14 - 200 Metre Sprint**

| | | | |
|---|-------------------|------------------|-------|
| 3 | Damien Lefevre | Kurrajong Bilpin | 26.1h |
| 4 | Cameron Jeffery | Springwood | 26.6h |
| 5 | Lachlan Camilleri | Kurrajong Bilpin | 26.7h |
| 6 | Alex Howe | Katoomba | 27.7h |
| 7 | Brian Barnes | Oberon | 35.4h |

Boys U 15 - 200 Metre Sprint

Zone: Z 23.20 31/03/1996 D. Pietersma, Springwood

| Name | Age Centre | Final |
|------|------------------|-----------------|
| 1 | Isaac Ebeling | Glenbrook 25.4h |
| 2 | Cameron Kitching | Glenbrook 26.3h |

Boys U 17 - 200 Metre Sprint

Zone: Z 23.80 13/12/2009 Jack Bangel, Kurrajong Bilpin

| Name | Age Centre | Final |
|------|-------------------|-------------------------|
| 1 | Liam McCann | Glenbrook 22.1hZ |
| 2 | Luke Zaurrini | Kurrajong Bilpin 23.5hZ |
| 3 | Timothy Kniha | Springwood 23.5hZ |
| 4 | Jordan Monteleone | Kurrajong Bilpin 23.6hZ |
| 5 | Brad Richardson | Kurrajong Bilpin 25.0h |
| 6 | Brenton Jeffery | Springwood 25.7h |
| 7 | Danial Eiler-Carr | Oberon 26.9h |

Boys U 8 - 400 Metre Sprint

Zone: Z 1:15.80 31/03/1994 C. Close, Kurrajong Bilpin

| Name | Age Centre | Final |
|------|----------------------|--------------------------|
| 1 | William Morris | Glenbrook 1:30.5h |
| 2 | Blake Rasho | Katoomba 1:32.8h |
| 3 | Alexander Sinnett | Kurrajong Bilpin 1:41.0h |
| 4 | Laken Crook | Lithgow 1:41.9h |
| 5 | Colin Benson | Katoomba 1:46.1h |
| 6 | Hugh Rohr | Mudgee 2:06.0h |
| 7 | Ambrose Capon-Redman | Springwood 2:14.7h |

Boys U 9 - 400 Metre Sprint

Zone: Z 1:10.00 31/03/1985 Scott Whitton, Glenbrook

| Name | Age Centre | Heats |
|------|------------|-------|
|------|------------|-------|

Heat 1 Heats

| | | | |
|---|---------------|------------------|----------|
| 1 | Ryan Wells | Lithgow | 1:21.76Q |
| 2 | Harry Abel | Kurrajong Bilpin | 1:29.82Q |
| 3 | Leon Murray | Glenbrook | 1:34.00Q |
| 4 | Zac Sheehy | Oberon | 1:44.34 |
| 5 | Brandon Eiler | Oberon | 1:56.78 |

Heat 2 Heats

| | | | |
|---|---------------|------------|----------|
| 1 | Oscar Mills | Springwood | 1:18.81Q |
| 2 | Logan Whitton | Glenbrook | 1:19.35Q |
| 3 | Damon Lewis | Katoomba | 1:26.55Q |
| 4 | Jack Kelly | Mudgee | 1:35.64q |
| 5 | William Craig | Glenbrook | 1:41.56q |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 9 - 400 Metre Sprint**

| Zone: Z 1:10.00 31/03/1985 Scott Whitton, Glenbrook | | | |
|---|-----|------------------|---------|
| Name | Age | Centre | Final |
| Section 1 Final | | | |
| 1 Ryan Wells | | Lithgow | 1:20.4h |
| 1 Oscar Mills | | Springwood | 1:20.4h |
| 3 Logan Whitton | | Glenbrook | 1:24.8h |
| 4 Damon Lewis | | Katoomba | 1:27.2h |
| 5 Harry Abel | | Kurrajong Bilpin | 1:27.6h |
| 6 Jack Kelly | | Mudgee | 1:33.3h |

Boys U 10 - 400 Metre Sprint

| Zone: Z 1:07.27 8/12/2012 Riley Howarth, Kurrajong Bi | | | |
|---|-----|------------------|---------|
| Name | Age | Centre | Final |
| Section 1 | | | |
| 1 Scott McLenaghan | | Springwood | 1:13.7h |
| 2 Casper Larkin | | Springwood | 1:14.9h |
| 3 Tristan Scott | | Glenbrook | 1:16.0h |
| 4 Toby Camilleri | | Kurrajong Bilpin | 1:18.1h |
| 5 Tate Rees | | Springwood | 1:22.2h |
| 6 Beau Rohr | | Mudgee | 1:23.8h |
| 7 Oscar Smeallie | | Mudgee | 1:24.2h |
| 8 Connor Secker | | Katoomba | 1:35.7h |

Boys U 11 - 400 Metre Sprint

| Zone: Z 1:05.71 14/12/2013 Riley Howarth, Kurrajong Bi | | | |
|--|-----|------------|---------|
| Name | Age | Centre | Final |
| 1 Cooper Jeal | | Glenbrook | 1:08.8h |
| 2 Aaron Shields | | Katoomba | 1:10.1h |
| 3 Max Lucas | | Katoomba | 1:12.3h |
| 4 Taniora Heke | | Springwood | 1:15.2h |
| 5 Jason Jordan | | Lithgow | 1:19.4h |
| 6 Nate Mallett | | Springwood | 1:29.2h |
| 7 Ben Stanton | | Oberon | 1:30.6h |
| 8 Liam Holt | | Springwood | 1:36.7h |

Boys U 12 - 400 Metre Sprint

| Zone: Z 1:03.10 31/03/1988 G. Jones, Katoomba | | | |
|---|-----|------------|---------|
| Name | Age | Centre | Final |
| 1 Luke Boyes | | Springwood | 1:08.7h |
| 2 Lachlan Nicholls | | Glenbrook | 1:13.1h |
| 3 Guy Rohr | | Mudgee | 1:17.9h |
| 4 Ryan Starr | | Springwood | 1:25.6h |

Boys U 13 - 400 Metre Sprint

| Zone: Z 1:00.50 31/03/2000 J. Hunter, Springwood | | | |
|--|-----|------------------|----------|
| Name | Age | Centre | Final |
| 1 Riley Howarth | | Kurrajong Bilpin | 1:00.5hZ |
| 2 Jake McLenaghan | | Springwood | 1:03.2h |
| 3 James Piggott | | Springwood | 1:12.6h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 14 - 400 Metre Sprint**

Zone: Z 54.50 31/03/1994 Robert Rose, Glenbrook

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|---------------------|------------------|---------|
| 1 Zachary Rothwell | Katoomba | 1:01.5h |
| 2 Lachlan Camilleri | Kurrajong Bilpin | 1:02.4h |
| 3 Joel Williams | Kurrajong Bilpin | 1:03.1h |
| 4 Cameron Jeffery | Springwood | 1:07.1h |
| 5 Alex Howe | Katoomba | 1:07.2h |

Boys U 15 - 400 Metre Sprint

Zone: Z 53.50 31/03/1996 D. Pietersma, Springwood

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|-----------------|-----------|-------|
| 1 Isaac Ebeling | Glenbrook | 57.8h |
|-----------------|-----------|-------|

Boys U 17 - 400 Metre Sprint

Zone: Z 51.80 8/12/2012 Gabriel Corke, Glenbrook

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|----------------------|------------------|---------|
| 1 Luke Zaurrini | Kurrajong Bilpin | 53.1h |
| 2 Timothy Kniha | Springwood | 54.6h |
| 3 Jonathan Blunden | Kurrajong Bilpin | 58.2h |
| 4 Benjamin Jagger | Glenbrook | 59.1h |
| 5 Lewis Squadrito | Springwood | 59.2h |
| 6 Harry Wrightson | Glenbrook | 1:06.2h |
| 7 Bayne Lee | Katoomba | 1:14.6h |
| -- Danial Eiler-Carr | Oberon | DNF |

Boys U 7 - 500 Metre Run Pack Start

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|----------------------|------------------|---------|
| 1 Isaac Roberts | Katoomba | 2:07.26 |
| 2 Connor Milewski | Oberon | 2:12.61 |
| 3 Hunter Abel | Kurrajong Bilpin | 2:22.69 |
| 4 Saxon Charlesworth | Kurrajong Bilpin | 2:27.96 |
| 5 Matthew Bell | Glenbrook | 2:38.85 |
| 6 Mitchell Nash | Kurrajong Bilpin | 2:44.06 |

Boys U 8 - 700 Metre Run Pack Start

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|------------------|-----------|---------|
| 1 William Morris | Glenbrook | 2:54.86 |
|------------------|-----------|---------|

Boys U 9 - 800 Metre Run

Zone: Z 2:40.90 31/03/1985 Scott Whitton, Glenbrook

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|-----------------------|------------------|---------|
| 1 Ryan Wells | Lithgow | 3:00.81 |
| 2 Logan Whitton | Glenbrook | 3:15.02 |
| 3 Justin Charlesworth | Kurrajong Bilpin | 3:19.69 |
| 4 Finn Conole-Buck | Glenbrook | 3:25.62 |
| 5 Jack Kelly | Mudgee | 3:39.38 |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 10 - 800 Metre Run**

Zone: Z 2:31.90 31/03/1978 P. Seagar, Bathurst

| Name | Age Centre | Final |
|-------------------|------------------|---------|
| 1 Casper Larkin | Springwood | 2:49.79 |
| 2 Cooper Blanch | Kurrajong Bilpin | 3:00.81 |
| 3 Tristan Scott | Glenbrook | 3:01.31 |
| 4 William Zakis | Katoomba | 3:01.56 |
| 5 Riley Dutton | Springwood | 3:04.66 |
| 6 Tate Rees | Springwood | 3:10.15 |
| 7 Darcy Bell | Kurrajong Bilpin | 3:11.18 |
| 8 Mitchell Ely | Katoomba | 3:18.40 |
| 9 Joseph Kitching | Glenbrook | 3:20.42 |
| 10 Connor Secker | Katoomba | 3:33.34 |

Boys U 11 - 800 Metre Run

Zone: Z 2:25.90 31/03/1984 Mark Whitton, Glenbrook

| Name | Age Centre | Final |
|--------------------|------------------|---------|
| 1 Russell Topp | Katoomba | 2:44.10 |
| 2 Taniora Heke | Springwood | 2:44.18 |
| 3 Rory Lomax | Kandos Rylstone | 2:44.63 |
| 4 Jett Fendall | Katoomba | 2:44.84 |
| 5 Max Lucas | Katoomba | 2:46.10 |
| 6 Cooper Jeal | Glenbrook | 2:52.22 |
| 7 Flynn English | Mudgee | 2:59.50 |
| 8 Levi Scott | Glenbrook | 2:59.90 |
| 9 Shaqiulle Bulman | Kurrajong Bilpin | 3:07.31 |
| 10 Nate Mallett | Springwood | 3:28.50 |
| 11 Trevor Clines | Katoomba | 3:40.46 |

Boys U 12 - 800 Metre Run

Zone: Z 2:24.40 31/03/1988 G. Jones, Katoomba

| Name | Age Centre | Final |
|-------------------|------------------|---------|
| 1 Luke Boyes | Springwood | 2:35.38 |
| 2 Cameron Ferrier | Kurrajong Bilpin | 2:45.98 |
| 3 Jordan Buckley | Katoomba | 2:48.54 |

Boys U 13 - 800 Metre Run

Zone: Z 2:23.00 12/12/2010 Adam Hooper, Glenbrook

| Name | Age Centre | Final |
|-----------------|------------------|---------|
| 1 Riley Howarth | Kurrajong Bilpin | 2:23.03 |
| 2 Daniel Kelly | Springwood | 2:40.30 |
| 3 James Piggott | Springwood | 2:46.81 |

Boys U 14 - 800 Metre Run

Zone: Z 2:14.00 13/12/2009 Daniel Keene, Emu Plains

| Name | Age Centre | Final |
|---------------------|------------------|---------|
| 1 Joel Williams | Kurrajong Bilpin | 2:29.58 |
| 2 Caleb Fairweather | Kurrajong Bilpin | 2:34.35 |
| 3 Alex Howe | Katoomba | 2:48.99 |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 15 - 800 Metre Run**

| Zone: Z 2:08.30 12/12/2010 Daniel Keene, Emu Plains | | | |
|---|-----|-----------|---------|
| Name | Age | Centre | Final |
| 1 Cameron Kitching | | Glenbrook | 2:21.72 |

Boys U 17 - 800 Metre Run

| Zone: Z 2:04.51 9/12/2012 Paul Loader, Glenbrook | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Timothy Kniha | | Springwood | 2:10.78 |
| 2 Jonathan Blunden | | Kurrajong Bilpin | 2:13.84 |
| 3 Benjamin Jagger | | Glenbrook | 2:14.23 |
| 4 Lewis Squadrito | | Springwood | 2:24.03 |
| 5 Harry Wrightson | | Glenbrook | 2:39.12 |
| 6 Danial Eiler-Carr | | Oberon | 3:04.35 |

Boys U 10 - 1500 Metre Run

| Zone: Z 5:11.10 31/03/1983 Mark Whitton, Glenbrook | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Casper Larkin | | Springwood | 5:48.31 |
| 2 Cooper Blanch | | Kurrajong Bilpin | 6:01.51 |
| 3 Beau Rohr | | Mudgee | 6:02.35 |
| 4 William Zakis | | Katoomba | 6:15.68 |
| 5 Tate Rees | | Springwood | 6:19.33 |
| 6 Darcy Bell | | Kurrajong Bilpin | 6:19.72 |
| 7 Mitchell Ely | | Katoomba | 6:36.01 |
| 8 Connor Secker | | Katoomba | 7:06.62 |

Boys U 11 - 1500 Metre Run

| Zone: Z 4:52.20 31/03/1984 Mark Whitton, Glenbrook | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Taniora Heke | | Springwood | 5:41.50 |
| 2 Jett Fendall | | Katoomba | 5:42.48 |
| 3 Russell Topp | | Katoomba | 5:45.17 |
| 4 Flynn English | | Mudgee | 5:52.50 |
| 5 Levi Scott | | Glenbrook | 5:53.79 |
| 6 Shaquille Bulman | | Kurrajong Bilpin | 6:36.19 |
| 7 Trevor Clines | | Katoomba | 6:48.60 |
| 8 Riley Barnes | | Oberon | 8:17.10 |

Boys U 12 - 1500 Metre Run

| Zone: Z 4:49.30 31/03/1985 Mark Whitton, Glenbrook | | | |
|--|-----|------------|---------|
| Name | Age | Centre | Final |
| 1 Luke Boyes | | Springwood | 5:08.41 |
| 2 Jordan Buckley | | Katoomba | 5:36.50 |
| 3 Guy Rohr | | Mudgee | 6:18.74 |
| 4 Jake Andrews | | Glenbrook | 6:19.56 |
| 5 Ryan Starr | | Springwood | 6:45.44 |
| 6 Lucas Olney | | Oberon | 6:49.62 |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 13 - 1500 Metre Run**

| Zone: Z 4:55.00 30/11/2002 Jared Lekkas, Springwood | | | |
|---|-----|------------|---------|
| Name | Age | Centre | Final |
| 1 Daniel Kelly | | Springwood | 5:17.42 |
| 2 Mitchell Kelly | | Springwood | 5:35.41 |
| 3 James Piggott | | Springwood | 5:35.59 |
| 4 Finley Mcauley | | Glenbrook | 5:51.69 |
| 5 Samuel Bass | | Springwood | 6:46.13 |

Boys U 14 - 1500 Metre Run

| Zone: Z 4:39.00 11/12/2010 Hayden Sly, Kurrajong Bilpi | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Joel Williams | | Kurrajong Bilpin | 5:18.10 |
| 2 Aiden Lefevre | | Kurrajong Bilpin | 5:48.44 |

Boys U 15 - 1500 Metre Run

| Zone: Z 4:29.10 10/12/2011 Daniel Francken, Glenbrook | | | |
|---|-----|-----------|---------|
| Name | Age | Centre | Final |
| 1 Cameron Kitching | | Glenbrook | 5:20.87 |

Boys U 17 - 1500 Metre Run

| Zone: Z 4:21.74 8/12/2012 Michael Ellliott, Springwood | | | |
|--|-----|------------|---------|
| Name | Age | Centre | Final |
| 1 Benjamin Jagger | | Glenbrook | 4:36.56 |
| 2 Timothy Kniha | | Springwood | 4:44.69 |
| 3 Jett Cairns | | Springwood | 4:59.62 |
| 4 Lewis Squadrito | | Springwood | 5:02.35 |
| 5 Harry Wrightson | | Glenbrook | 5:30.54 |
| 6 Danial Eiler-Carr | | Oberon | 6:10.26 |

Boys U 13 - 3000 Metre Run

| Zone: Z 10:28.90 31/03/1998 Brendan Heape, Glenbrook | | | |
|--|-----|------------|----------|
| Name | Age | Centre | Final |
| 1 Daniel Kelly | | Springwood | 11:12.71 |
| 2 Mitchell Kelly | | Springwood | 12:22.33 |
| 3 Finley Mcauley | | Glenbrook | 12:59.33 |

Boys U 14 - 3000 Metre Run

| Zone: Z 10:06.60 5/12/2004 David Ricketts, Glenbrook | | | |
|--|-----|------------------|----------|
| Name | Age | Centre | Final |
| 1 Aiden Lefevre | | Kurrajong Bilpin | 13:17.35 |

Boys U 17 - 3000 Metre Run

| Zone: Z 9:46.49 14/12/2013 Hayden Sly, Kurrajong Bilpi | | | |
|--|-----|------------|----------|
| Name | Age | Centre | Final |
| 1 Benjamin Jagger | | Glenbrook | 10:07.22 |
| 2 Jett Cairns | | Springwood | 10:56.13 |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Boys U 17 - 3000 Metre Run**

| | | |
|-------------------|------------|----------|
| 3 Lewis Squadrito | Springwood | 11:21.06 |
| 4 Harry Wrightson | Glenbrook | 13:13.35 |

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.50 11/12/2010 Luke Thompson, Lithgow

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|------------------------|------------|-------|
| 1 Lachlan Hay | Glenbrook | 13.2h |
| 2 Ambrose Capon-Redman | Springwood | 16.6h |
| 3 Hugh Rohr | Mudgee | 17.1h |

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.50 31/03/2003 Z. Plummer, Kurrajong Bilpin

| Name | Age Centre | Heats |
|------|------------|-------|
|------|------------|-------|

Heat 1 Heats

| | | |
|-------------------|------------------|--------|
| 1 Arlo Langley | Katoomba | 11.22Q |
| 2 Harry Abel | Kurrajong Bilpin | 11.38Q |
| 3 Zac Sheehy | Oberon | 12.37Q |
| 4 James Reynolds | Springwood | 12.43q |
| 5 Leon Murray | Glenbrook | 12.89q |
| 6 Harry Greenaway | Glenbrook | 13.15 |
| 7 Hugh Driver | Springwood | 14.40 |
| 8 Brodie Roots | Springwood | 14.87 |

Heat 2 Heats

| | | |
|-------------------|------------------|--------|
| 1 Damon Lewis | Katoomba | 11.75Q |
| 2 Bailey McGregor | Springwood | 12.39Q |
| 3 Joshua Mitchell | Springwood | 12.88Q |
| 4 William Craig | Glenbrook | 13.09 |
| 5 Alex Sullivan | Kurrajong Bilpin | 13.19 |
| 6 William Jones | Springwood | 14.17 |

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.50 31/03/2003 Z. Plummer, Kurrajong Bilpin

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

Section 1 Final

| | | |
|-------------------|------------------|-------|
| 1 Arlo Langley | Katoomba | 11.2h |
| 2 Harry Abel | Kurrajong Bilpin | 11.3h |
| 3 Bailey McGregor | Springwood | 11.8h |
| 4 Damon Lewis | Katoomba | 12.1h |
| 5 James Reynolds | Springwood | 12.2h |
| 6 Zac Sheehy | Oberon | 12.3h |
| 7 Joshua Mitchell | Springwood | 12.4h |
| 8 Leon Murray | Glenbrook | 12.6h |

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.30 31/03/2000 M. Maroulis, Springwood

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

Section 1

| | | |
|--------------------|------------------|-------|
| 1 Aiden Miller | Kurrajong Bilpin | 11.7h |
| 2 Alfie Williamson | Springwood | 11.9h |
| 3 Riley Dutton | Springwood | 12.0h |
| 4 Jude Horne | Katoomba | 16.9h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 11 - 60 Metre Hurdles (60cm)**

| Zone: Z 9.90 31/03/2001 M. Maroulis, Springwood | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Tadhg Dougan | | Springwood | 11.4h |
| 2 Max Lucas | | Katoomba | 11.5h |
| 3 Lachlan Thompson | | Lithgow | 11.6h |
| 4 Vincent Applebee | | Springwood | 12.0h |
| 5 Shaqiulle Bulman | | Kurrajong Bilpin | 13.2h |
| 6 Francesco Difranco | | Lithgow | 16.3h |

Boys U 12 - 60 Metre Hurdles (68cm)

| Zone: Z 9.60 31/03/1996 Phillip Rickaby, Springwood | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Eamonn Luchetti | | Springwood | 10.5h |
| 2 Ethan Craig | | Glenbrook | 10.6h |
| 3 Cody Brian | | Kurrajong Bilpin | 11.2h |
| 4 Joel Miller | | Kurrajong Bilpin | 12.4h |
| 5 Ryan Starr | | Springwood | 12.7h |
| 6 Alexander Xuereb | | Glenbrook | 13.1h |
| 7 Guy Rohr | | Mudgee | 13.8h |
| 8 Cody Feltham | | Kurrajong Bilpin | 13.9h |

Boys U 13 - 80 Metre Hurdles (76cm)

| Zone: Z 12.50 3/12/2006 Shane Nicholls, Kurrajong Bil | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Erin Phipps | | Springwood | 14.5h |
| 2 Michael James | | Kurrajong Bilpin | 15.3h |
| 3 Spencer Blanch | | Kurrajong Bilpin | 16.0h |
| 4 Lachlan Reasbeck | | Glenbrook | 16.2h |

Boys U 14 - 90 Metre Hurdles (76cm)

| Zone: Z 12.90 31/03/1998 N. Cook, Emu Plains | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Caleb Fairweather | | Kurrajong Bilpin | 14.8h |
| 2 Lachlan Strahan | | Glenbrook | 20.4h |

Boys U 15 - 100 Metre Hurdles (76cm)

| Zone: Z 14.60 31/03/1999 A. Stewart, Kurrajong Bilpin | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Tully Murphy | | Kurrajong Bilpin | 14.7h |
| 2 Lochlan Brian | | Kurrajong Bilpin | 17.2h |

Boys U 17 - 110 Metre Hurdles (76cm)

| Zone: Z 14.80 20/12/2008 Michael Loudin, Kurrajong Bil | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Connor Feltham | | Kurrajong Bilpin | 17.5h |
| 2 Brenton Jeffery | | Springwood | 1:04.4h |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 13 - 200 Metre Hurdles (68cm)**

| Zone: Z 29.90 31/03/1996 Luke Rooney, Springwood | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Michael James | | Kurrajong Bilpin | 32.4h |
| 2 Erin Phipps | | Springwood | 32.5h |
| 3 Mitchell Holt | | Springwood | 33.8h |
| 4 Finley Mcauley | | Glenbrook | 34.7h |

Boys U 14 - 200 Metre Hurdles (76cm)

| Zone: Z 28.10 15/12/2007 Jack Bangel, Kurrajong Bilpin | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Caleb Fairweather | | Kurrajong Bilpin | 29.9h |
| 2 Cameron Jeffery | | Springwood | 30.7h |

Boys U 15 - 200 Metre Hurdles (76cm)

| Zone: Z 26.90 31/03/1998 C. Cook, Emu Plains | | | |
|--|-----|-----------|-------|
| Name | Age | Centre | Final |
| 1 Isaac Ebeling | | Glenbrook | 31.9h |

Boys U 17 - 200 Metre Hurdles (76cm)

| Zone: Z 26.20 12/12/2009 Jack Bangel, Kurralong Bilpin | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Jonathan Blunden | | Kurrajong Bilpin | 27.3h |
| 2 Brenton Jeffery | | Springwood | 27.8h |
| 3 Timothy Kniha | | Springwood | 28.5h |
| 4 Connor Feltham | | Kurrajong Bilpin | 29.6h |
| 5 Benjamin Jagger | | Glenbrook | 32.5h |

Boys U 9-12 4x100 Metre Relay (Jnr)

| Zone: Z 57.80 31/03/1994 Springwood, Springwood | | | |
|---|-----|-----------------------|---------|
| Centre | Age | Centre | Final |
| 1 Glenbrook | | | 58.91 |
| 1) Tristan Scott 10 | | 2) Ethan Craig 12 | |
| 3) Logan Whitton 9 | | 4) Cooper Jeal 11 | |
| 2 Kurrajong Bilpin | | | 1:00.12 |
| 1) Harry Abel 9 | | 2) Aiden Miller 10 | |
| 3) Cooper Blanch 10 | | 4) Cameron Ferrier 12 | |
| 3 Springwood | | | 1:01.19 |
| 1) Oscar Mills 9 | | 2) Tadhg Dougan 11 | |
| 3) Nathan Fokes 11 | | 4) Riley Dutton 10 | |
| 4 Lithgow | | | 1:01.51 |
| 1) Ryan Wells 9 | | 2) Angus Clues 10 | |
| 3) Lachlan Thompson 11 | | 4) Kobi Egan 12 | |
| 5 Mudgee | | | 1:01.95 |
| 1) Oscar Smeallie 10 | | 2) Flynn English 11 | |
| 3) Jack Kelly 9 | | 4) Bede Smeallie 12 | |
| 6 Katoomba | | | 1:03.19 |
| 1) Arlo Langley 9 | | 2) Connor Secker 10 | |
| 3) Russell Topp 11 | | 4) Jordan Buckley 12 | |
| 7 Oberon | | | 1:24.51 |
| 1) Brandon Eiler 9 | | 2) Ben Stanton 11 | |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Boys U 9-12 4x100 Metre Relay (Jnr)**

3) Riley Barnes 11 4) Zac Sheehy 9

Boys U 12-17 4x100 Metre Relay (Snr)Zone: Z 49.20 14/12/2014 Glenbrook, Glenbrook
J Egerdie, K Nath, I Ebeling, L McCann

Centre Final

| | | |
|-------------------------|-------------------------|--------|
| 1 Glenbrook | | 47.1hZ |
| 1) Ashton van Putten 13 | 2) Kiran Nath 14 | |
| 3) Isaac Ebeling 15 | 4) Liam McCann 17 | |
| 2 Kurrajong Bilpin | | 49.1hZ |
| 1) Michael James 13 | 2) Damien Lefevre 14 | |
| 3) Tully Murphy 15 | 4) Jordan Monteleone 17 | |
| 3 Springwood | | 51.9h |
| 1) Erin Phipps 13 | 2) Mitchell Holt 13 | |
| 3) Cameron Jeffery 14 | 4) Timothy Kniha 17 | |
| 4 Katoomba | | 52.6h |
| 1) Alexander Rivas 13 | 2) Alex Howe 14 | |
| 3) Zachary Rothwell 14 | 4) Brodie Lancaster 17 | |

Boys U 9 - High Jump (S/H 0.85m)

Zone: Z 1.26m 31/03/1989 Matthew Hafford, Springwood

Name Age Centre Final

Flight 1

| | | |
|----------------------|------------------|-------|
| 1 Ryan Wells | Lithgow | 1.10m |
| 2 Damon Lewis | Katoomba | 1.08m |
| 3 Arlo Langley | Katoomba | 1.00m |
| 4 Alex Sullivan | Kurrajong Bilpin | 0.95m |
| 5 Oscar Quaine | Springwood | 0.95m |
| 6 Lachlan Williamson | Springwood | 0.95m |
| 7 Liam Moir | Springwood | 0.90m |
| 8 William Craig | Glenbrook | 0.85m |
| -- Brodie Roots | Springwood | NH |
| -- Hugh Driver | Springwood | NH |

Boys U 10 - High Jump (S/H 0.95m)

Zone: Z 1.50m 31/03/1990 Matthew Hafford, Springwood

Name Age Centre Final

| | | |
|-----------------|------------------|-------|
| 1 Cooper Blanch | Kurrajong Bilpin | 1.18m |
| 2 Casper Larkin | Springwood | 1.15m |
| 3 Liam Murphy | Glenbrook | 1.10m |

Boys U 11 - High Jump (S/H 1.05m)

Zone: Z 1.59m 28/01/2006 David Snowden, Kurrajong Bilp

Name Age Centre Final

| | | |
|--------------------|-----------|-------|
| 1 Lachlan Thompson | Lithgow | 1.33m |
| 2 Harrison Wells | Lithgow | 1.31m |
| 3 Flynn English | Mudgee | 1.26m |
| 4 Russell Topp | Katoomba | 1.15m |
| 5 Keegan Reasbeck | Glenbrook | 1.15m |
| 6 Jett Fendall | Katoomba | 1.10m |
| 7 Jason Jordan | Lithgow | 1.10m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Boys U 11 - High Jump (S/H 1.05m)**

| | | |
|--------------|-----------------|-------|
| 8 Rory Lomax | Kandos Rylstone | 1.05m |
|--------------|-----------------|-------|

Boys U 12 - High Jump (S/H 1.15m)

Zone: Z 1.58m 5/12/2004 Michael Hartley, Emu Plains

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|-------------------|------------------|-------|
| 1 Ethan Craig | Glenbrook | 1.31m |
| 2 Kobi Egan | Lithgow | 1.28m |
| 3 Bede Smeallie | Mudgee | 1.28m |
| 4 Cody Brian | Kurrajong Bilpin | 1.25m |
| 5 Eamonn Luchetti | Springwood | 1.20m |
| 6 Ben Williamson | Springwood | 1.20m |

Boys U 13 - High Jump (S/H 1.20m)

Zone: Z 1.70m 31/03/2001 D. Wood, Kurrajong Bilpin

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|------------------|------------------|-------|
| 1 Michael James | Kurrajong Bilpin | 1.40m |
| 1 Daniel Kelly | Springwood | 1.40m |
| 3 Spencer Blanch | Kurrajong Bilpin | 1.30m |
| 4 James Piggott | Springwood | 1.30m |
| 5 Nathan Nash | Springwood | 1.30m |

Boys U 14 - High Jump (S/H 1.25m)

Zone: Z 1.82m 16/12/2007 Shane Nicholls, Kurrajong Bilpin

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|---------------------|------------------|-------|
| 1 Dylan Forster | Glenbrook | 1.65m |
| 2 Zachary Rothwell | Katoomba | 1.60m |
| 3 Damien Lefevre | Kurrajong Bilpin | 1.40m |
| 4 Lachlan Camilleri | Kurrajong Bilpin | 1.35m |
| 5 Tom Wrightson | Glenbrook | 1.30m |

Boys U 15 - High Jump (S/H 1.25m)

Zone: Z 1.91m 13/12/2009 David Snowden, Kurrajong Bilpin

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|--------------------|------------------|-------|
| 1 Cameron Kitching | Glenbrook | 1.50m |
| 2 Lochlan Brian | Kurrajong Bilpin | 1.45m |

Boys U 17 - High Jump (S/H 1.30m)

Zone: Z 1.90m 11/12/2010 David Snowden, Kurrajong Bilpin

| Name | Age Centre | Final |
|------|------------|-------|
|------|------------|-------|

| | | |
|-------------------|------------------|-------|
| 1 Hayden Perry | Glenbrook | 1.70m |
| 2 Benjamin Jagger | Glenbrook | 1.65m |
| 3 Jye Hardy | Kurrajong Bilpin | 1.55m |
| 4 Harry Wrightson | Glenbrook | 1.50m |
| 5 Connor Feltham | Kurrajong Bilpin | 1.35m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 7 - Long Jump**

| Zone: Z 3.39m 31/03/1982 J. Flesch, Springwood | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Isaac Roberts | | Katoomba | 2.69m |
| 2 Tarik Langley | | Katoomba | 2.60m |
| 3 Flynn Driver | | Springwood | 2.52m |
| 4 Nicholas Godwin | | Glenbrook | 2.49m |
| 5 Connor Milewski | | Oberon | 2.43m |
| 6 Jacob Bell | | Glenbrook | 2.36m |
| 7 Saxon Charlesworth | | Kurrajong Bilpin | 2.19m |
| 8 Baxter Hepper | | Springwood | 1.95m |
| 9 Harry Kitching | | Glenbrook | 1.60m |

Boys U 8 - Long Jump

| Zone: Z 3.62m 31/03/1998 P. Maloney, Springwood | | | |
|---|-----|------------|-------|
| Name | Age | Centre | Final |
| 1 William Morris | | Glenbrook | 3.00m |
| 2 Blake Rasho | | Katoomba | 2.88m |
| 3 Laken Crook | | Lithgow | 2.65m |
| 4 Colin Benson | | Katoomba | 2.24m |
| 5 Ambrose Capon-Redman | | Springwood | 2.16m |
| 6 Hugh Rohr | | Mudgee | 1.78m |

Boys U 9 - Long Jump

| Zone: Z 4.20m 31/03/2000 Jani Bajramovic, Glenbrook | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Ryan Wells | | Lithgow | 3.56m |
| 2 Arlo Langley | | Katoomba | 3.45m |
| 3 Logan Whitton | | Glenbrook | 3.39m |
| 4 Zac Sheehy | | Oberon | 3.18m |
| 5 Harry Abel | | Kurrajong Bilpin | 3.12m |
| 6 Bailey McGregor | | Springwood | 3.09m |
| 7 Leon Murray | | Glenbrook | 3.08m |
| 8 James Reynolds | | Springwood | 2.91m |
| 9 Cameron Purcell | | Springwood | 2.79m |
| 10 Brandon Eiler | | Oberon | 2.67m |
| 11 William Craig | | Glenbrook | 2.47m |

Boys U 10 - Long Jump

| Zone: Z 4.48m 31/03/2001 Jani Bajramovic, Glenbrook | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Aiden Miller | | Kurrajong Bilpin | 3.87m |
| 2 Angus Clues | | Lithgow | 3.81m |
| 3 Liam Murphy | | Glenbrook | 3.72m |
| 4 Alfie Williamson | | Springwood | 3.69m |
| 5 Joseph Kitching | | Glenbrook | 3.40m |
| 6 Jude Horne | | Katoomba | 3.35m |
| 7 Roman Mensforth | | Springwood | 3.27m |
| 8 Beau Rohr | | Mudgee | 3.10m |
| 9 Oscar Smeallie | | Mudgee | 2.66m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 11 - Long Jump**

| Zone: Z 4.90m 31/03/1986 Craig Johnstone, Glenbrook | | | |
|---|-----|------------|-------|
| Name | Age | Centre | Final |
| 1 Lachlan Thompson | | Lithgow | 4.17m |
| 2 Flynn English | | Mudgee | 4.00m |
| 3 Nathan Fokes | | Springwood | 3.89m |
| 4 Russell Topp | | Katoomba | 3.88m |
| 5 Tadhg Dougan | | Springwood | 3.83m |
| 6 Aaron Shields | | Katoomba | 3.75m |
| 7 Harrison Wells | | Lithgow | 3.70m |
| 8 Levi Scott | | Glenbrook | 3.67m |
| 9 Keegan Reasbeck | | Glenbrook | 3.54m |
| 9 Jason Jordan | | Lithgow | 3.54m |
| 11 Harrison Strahan | | Glenbrook | 2.91m |
| 12 Indigo Fraser | | Katoomba | 2.89m |
| 13 Riley Barnes | | Oberon | 2.59m |
| -- Francesco Difranco | | Lithgow | DQ |

Boys U 12 - Long Jump

| Zone: Z 5.37m 30/11/2002 Jani Bajramovic, Glenbrook | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Bede Smeallie | | Mudgee | 4.28m |
| 2 Maxwell Murray | | Glenbrook | 4.14m |
| 3 Cody Brian | | Kurrajong Bilpin | 4.06m |
| 4 Jordan Buckley | | Katoomba | 3.96m |
| 5 Eamonn Luchetti | | Springwood | 3.92m |
| 6 Joel Miller | | Kurrajong Bilpin | 3.74m |
| 7 Guy Rohr | | Mudgee | 3.59m |
| 8 Ryan Starr | | Springwood | 3.37m |

Boys U 13 - Long Jump

| Zone: Z 5.55m 31/03/2002 Sam Rodgers, Emu Plains | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Michael James | | Kurrajong Bilpin | 4.56m |
| 2 Spencer Blanch | | Kurrajong Bilpin | 4.11m |
| 3 Alexander Rivas | | Katoomba | 4.05m |
| 4 Erin Phipps | | Springwood | 4.00m |
| 5 Mitchell Holt | | Springwood | 3.91m |
| 6 James Piggott | | Springwood | 3.72m |

Boys U 14 - Long Jump

| Zone: Z 6.12m 7/12/2003 Michael Cox, Lithgow | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Zachary Rothwell | | Katoomba | 5.45m |
| 2 Caleb Fairweather | | Kurrajong Bilpin | 5.07m |
| 3 Dylan Forster | | Glenbrook | 5.04m |
| 4 Damien Lefevre | | Kurrajong Bilpin | 4.96m |
| 5 Brian Barnes | | Oberon | 3.61m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 15 - Long Jump**

| Zone: Z 6.47m 7/12/2003 Sam Rodgers, Emu Plains | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Tully Murphy | | Kurrajong Bilpin | 5.64m |
| 2 Cameron Kitching | | Glenbrook | 5.17m |
| 3 Isaac Ebeling | | Glenbrook | 4.94m |

Boys U 17 - Long Jump

| Zone: Z 6.45m 13/12/2014 Mitchell Andrews, Glenbrook | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Hayden Perry | | Glenbrook | 5.81m |
| 2 Jordan Monteleone | | Kurrajong Bilpin | 5.63m |
| 3 Jye Hardy | | Kurrajong Bilpin | 5.46m |
| 4 Brad Richardson | | Kurrajong Bilpin | 5.45m |
| 5 Brenton Jeffery | | Springwood | 5.15m |
| 6 Connor Feltham | | Kurrajong Bilpin | 4.97m |

Boys U 11 - Triple Jump

| Zone: Z 9.82m 31/03/1980 Shane Stead, Katoomba | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Aidan McKervey | | Glenbrook | 6.31m |
| 2 Shaquille Bulman | | Kurrajong Bilpin | 6.29m |
| 3 Levi Jones | | Springwood | 5.37m |

Boys U 12 - Triple Jump

| Zone: Z 10.66m 29/01/2006 Shane Nicholls, Kurrajong Bi | | | |
|--|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Luke Boyes | | Springwood | 9.44m |
| 2 Kobi Egan | | Lithgow | 9.35m |
| 3 Jarrod Davidson | | Kurrajong Bilpin | 8.88m |
| 4 Cameron Ferrier | | Kurrajong Bilpin | 8.02m |
| 5 Brandon Peary | | Springwood | 7.39m |

Boys U 13 - Triple Jump

| Zone: Z 11.94m 3/12/2006 Shane Nicholls, Kurrajong Bi | | | |
|---|-----|------------------|-------|
| Name | Age | Centre | Final |
| 1 Michael James | | Kurrajong Bilpin | 9.94m |
| 2 Spencer Blanch | | Kurrajong Bilpin | 9.34m |
| 3 Alexander Rivas | | Katoomba | 9.20m |
| 4 Mitchell Holt | | Springwood | 8.88m |
| 5 Finley Mcauley | | Glenbrook | 8.59m |
| 6 Jed Hayes | | Mudgee | 6.50m |

Boys U 14 - Triple Jump

| Zone: Z 12.88m 15/12/2007 Shane Nicholls, Kurrajong Bi | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Damien Lefevre | | Kurrajong Bilpin | 10.42m |
| 2 Cameron Jeffery | | Springwood | 10.32m |
| 3 Joel Williams | | Kurrajong Bilpin | 9.73m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Boys U 14 - Triple Jump**

| | | |
|-------------------|-----------|-------|
| 4 Tom Wrightson | Glenbrook | 9.50m |
| 5 Lachlan Strahan | Glenbrook | 8.42m |

Boys U 15 - Triple Jump

| ===== | | | |
|--|-----|------------------|--------|
| Zone: Z 13.36m 14/12/2008 Shane Nicholls, Kurrajong Bi | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Tully Murphy | | Kurrajong Bilpin | 12.70m |
| 2 Isaac Ebeling | | Glenbrook | 11.25m |
| 3 Lochlan Brian | | Kurrajong Bilpin | 9.87m |

Boys U 17 - Triple Jump

| ===== | | | |
|--|-----|------------------|--------|
| Zone: Z 12.23m 20/12/2008 Cameron Jones, Kurrajong Bil | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Brenton Jeffery | | Springwood | 11.13m |
| 2 Jordan Monteleone | | Kurrajong Bilpin | 11.04m |
| 3 Jye Hardy | | Kurrajong Bilpin | 10.82m |
| 4 Brad Richardson | | Kurrajong Bilpin | 10.29m |
| 5 Connor Feltham | | Kurrajong Bilpin | 10.07m |

Boys U 7 - Shot Put (1.0 Kg)

| ===== | | | |
|---|-----|------------------|-------|
| Zone: Z 7.89m 31/03/1997 Daniel Rydl-Sharp, Glenbrook | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Solomon Meehan | | Glenbrook | 6.74m |
| 2 Saxon Charlesworth | | Kurrajong Bilpin | 5.98m |
| 3 Xavier Mensforth | | Springwood | 5.12m |
| 4 Hunter Abel | | Kurrajong Bilpin | 4.86m |
| 5 Matthew Bell | | Glenbrook | 4.36m |
| 6 Tarik Langley | | Katoomba | 3.88m |
| 7 Felix Capon-Redman | | Springwood | 3.58m |
| 8 Harry Kitching | | Glenbrook | 2.79m |

Boys U 8 - Shot Put (1.5 Kg)

| ===== | | | |
|---|-----|-----------------|-------|
| Zone: Z 7.18m 31/03/1998 J. Johnson, Emu Plains | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Jyilen Ferry | | Springwood | 6.32m |
| 2 Patrick Smith | | Springwood | 4.25m |
| 3 Luke Hronsky | | Katoomba | 4.23m |
| 4 Ambrose Capon-Redman | | Springwood | 4.00m |
| 5 Aden Rovella | | Kandos Rylstone | 3.41m |

Boys U 9 - Shot Put (2.0 Kg)

| ===== | | | |
|--|-----|------------------|-------|
| Zone: Z 8.12m 31/03/1984 J. Flesch, Springwood | | | |
| Name | Age | Centre | Final |
| ===== | | | |
| 1 Ethan Cook | | Glenbrook | 6.28m |
| 2 Oscar Quaine | | Springwood | 5.27m |
| 3 Justin Charlesworth | | Kurrajong Bilpin | 5.23m |
| 4 Liam Moir | | Springwood | 5.18m |
| 5 James Reynolds | | Springwood | 5.12m |
| 6 Brodie Roots | | Springwood | 4.39m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****....Boys U 9 - Shot Put (2.0 Kg)**

| | | |
|-------------------|------------|-------|
| 7 Damon Lewis | Katoomba | 3.83m |
| 8 Joshua Mitchell | Springwood | 3.64m |

Boys U 10 - Shot Put (2.0 Kg)

| Zone: Z 10.22m 31/03/1993 J. Roberts, Katoomba | | |
|--|------------------|-------|
| Name | Age Centre | Final |
| 1 Scott McLenaghan | Springwood | 8.53m |
| 2 Toby Camilleri | Kurrajong Bilpin | 6.84m |
| 3 Joseph Kitching | Glenbrook | 5.92m |

Boys U 11 - Shot Put (2.0 Kg)

| Zone: Z 10.85m 31/03/2000 T. Dawson, Emu Plains | | |
|---|------------------|-------|
| Name | Age Centre | Final |
| 1 Nathan Fokes | Springwood | 8.61m |
| 2 Aaron Shields | Katoomba | 7.79m |
| 3 Nate Mallett | Springwood | 7.61m |
| 4 Oliver Hinchliffe | Glenbrook | 6.50m |
| 5 Liam Holt | Springwood | 6.39m |
| 6 Harrison Strahan | Glenbrook | 5.93m |
| 7 Aidan McKervey | Glenbrook | 5.81m |
| 8 Spencer Hinchliffe | Glenbrook | 5.71m |
| 9 Aiden Hardy | Kurrajong Bilpin | 5.32m |
| 10 Ben Stanton | Oberon | 4.92m |
| 11 Levi Jones | Springwood | 4.80m |
| 12 Riley Barnes | Oberon | 4.11m |

Boys U 12 - Shot Put (3.0 Kg)

| Zone: Z 10.77m 31/03/1990 M. Wolfendon, Lithgow | | |
|---|------------------|-------|
| Name | Age Centre | Final |
| 1 Lachlan Nicholls | Glenbrook | 7.75m |
| 2 Alexander Xuereb | Glenbrook | 7.36m |
| 3 Jarrod Davidson | Kurrajong Bilpin | 7.35m |
| 4 Brandon Peary | Springwood | 6.72m |
| 5 Cody Feltham | Kurrajong Bilpin | 4.24m |

Boys U 13 - Shot Put (3.0 Kg)

| Zone: Z 14.91m 31/03/1990 M. Wolfenden, Lithgow | | |
|---|------------------|--------|
| Name | Age Centre | Final |
| 1 Dominic Della Bosca | Lithgow | 10.01m |
| 2 Nathan Nash | Springwood | 9.75m |
| 3 Jed Hayes | Mudgee | 8.47m |
| 4 Luke Charlesworth | Kurrajong Bilpin | 8.05m |
| 5 Mitchell Holt | Springwood | 7.39m |

Boys U 14 - Shot Put (3.0 Kg)

| Zone: Z 11.97m 15/12/2013 Ned Bond, Kurrajong Bilpin | | |
|--|------------------|--------|
| Name | Age Centre | Final |
| 1 Aiden Lefevre | Kurrajong Bilpin | 10.40m |
| 2 Lachlan Camilleri | Kurrajong Bilpin | 8.71m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 17 - Shot Put (5.0 Kg)**

| Zone: Z 13.66m 13/12/2009 Campbell Hislop, Springwood | | | |
|---|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Luke Zaurrini | | Kurrajong Bilpin | 14.01mZ |
| 2 Hayden Perry | | Glenbrook | 12.39m |

Boys U 7 - Discus (350 Gram)

| Zone: Z 19.40m 14/12/2014 Douglas Peters, Kurrajong Bi | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Solomon Meehan | | Glenbrook | 15.17m |
| 2 Saxon Charlesworth | | Kurrajong Bilpin | 11.11m |
| 3 Matthew Bell | | Glenbrook | 10.23m |
| 4 Jacob Bell | | Glenbrook | 10.18m |
| 5 Hunter Abel | | Kurrajong Bilpin | 10.17m |
| 6 Nicholas Godwin | | Glenbrook | 9.96m |
| 7 Flynn Driver | | Springwood | 9.25m |
| 8 Adam Jordan | | Kurrajong Bilpin | 6.65m |

Boys U 8 - Discus (500 Gram)

| Zone: Z 24.50m 31/03/1998 Jared Lekkass, Springwood | | | |
|---|-----|-----------------|--------|
| Name | Age | Centre | Final |
| 1 Jyilen Ferry | | Springwood | 17.29m |
| 2 Aden Rovella | | Kandos Rylstone | 12.49m |
| 3 Luke Hronsky | | Katoomba | 12.34m |
| 4 Gabriel Geach-Andrews | | Katoomba | 11.63m |
| 5 Blake Rasho | | Katoomba | 10.58m |
| 6 Colin Benson | | Katoomba | 10.20m |
| 7 Patrick Smith | | Springwood | 9.80m |

Boys U 9 - Discus (500 Gram)

| Zone: Z 27.48m 31/03/1998 H. Watson, Springwood | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Ethan Cook | | Glenbrook | 19.42m |
| 2 Justin Charlesworth | | Kurrajong Bilpin | 15.82m |
| 3 Oscar Mills | | Springwood | 15.45m |
| 4 Liam Moir | | Springwood | 14.64m |
| 5 Hugh Driver | | Springwood | 13.10m |
| 6 Brandon Eiler | | Oberon | 12.86m |
| 7 William Jones | | Springwood | 9.02m |

Boys U 10 - Discus (500 Gram)

| Zone: Z 31.06m 31/03/2000 Jared Lekkass, Springwood | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Toby Camilleri | | Kurrajong Bilpin | 28.84m |
| 2 Alfie Williamson | | Springwood | 22.70m |
| 3 Scott McLenaghan | | Springwood | 22.66m |
| 4 William Zakis | | Katoomba | 18.61m |
| 5 Riley Dutton | | Springwood | 16.47m |
| 6 Joseph Kitching | | Glenbrook | 15.42m |
| 7 Connor Secker | | Katoomba | 12.95m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 11 - Discus (750 Gram)**

| Zone: Z 32.18m 31/03/1995 D. Thompson, Kurrajong Bilpi | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Harrison Wells | | Lithgow | 20.17m |
| 2 Jett Fendall | | Katoomba | 17.93m |
| 3 Harrison Strahan | | Glenbrook | 17.35m |
| 4 Oliver Hinchliffe | | Glenbrook | 15.27m |
| 5 Spencer Hinchliffe | | Glenbrook | 15.20m |
| 6 Taniora Heke | | Springwood | 14.44m |
| 7 Rory Lomax | | Kandos Rylstone | 14.14m |
| 8 Aiden Hardy | | Kurrajong Bilpin | 13.74m |
| 9 Trevor Clines | | Katoomba | 13.48m |
| 10 Liam Holt | | Springwood | 12.39m |
| 11 Indigo Fraser | | Katoomba | 11.16m |
| 12 Levi Jones | | Springwood | 10.61m |

Boys U 12 - Discus (750 Gram)

| Zone: Z 39.26m 31/03/1996 D. Thompson, Emu Plains | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Jarrod Davidson | | Kurrajong Bilpin | 25.58m |
| 2 Lachlan Nicholls | | Glenbrook | 23.88m |
| 3 Jordan Buckley | | Katoomba | 20.51m |
| 4 Alexander Xuereb | | Glenbrook | 20.48m |
| 5 Brandon Peary | | Springwood | 19.70m |
| 6 Jake Andrews | | Glenbrook | 17.62m |

Boys U 13 - Discus (1.0 Kg)

| Zone: Z 38.21m 31/03/2000 M. Laws, Emu Plains | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Nathan Nash | | Springwood | 26.34m |
| 2 Jake McLenaghan | | Springwood | 26.07m |
| 3 Luke Charlesworth | | Kurrajong Bilpin | 21.12m |
| 4 Dominic Della Bosca | | Lithgow | 21.00m |
| 5 Jed Hayes | | Mudgee | 19.62m |

Boys U 14 - Discus (1.0 Kg)

| Zone: Z 46.98m 31/03/2002 B. Keat, Emu Plains | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Lachlan Camilleri | | Kurrajong Bilpin | 30.98m |
| 2 Aiden Lefevre | | Kurrajong Bilpin | 26.38m |
| 3 Brian Barnes | | Oberon | 21.45m |

Boys U 15 - Discus (1.0 Kg)

| Zone: Z 49.16m 31/03/1996 Mitchell Cook, Emu Plains | | | |
|---|-----|--------|--------|
| Name | Age | Centre | Final |
| 1 Aiden Olney | | Oberon | 11.55m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 17 - Discus (1.5 Kg)**

| Zone: Z 37.65m 15/12/2013 James Colless, Springwood | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Hayden Perry | | Glenbrook | 36.86m |
| 2 Jordan Monteleone | | Kurrajong Bilpin | 27.09m |
| 3 Danial Eiler-Carr | | Oberon | 20.75m |

Boys U 11 - Javelin (400 Gram)

| Name | Age | Centre | Final |
|----------------------|-----|------------------|--------|
| 1 Harrison Wells | | Lithgow | 18.33m |
| 2 Trevor Clines | | Katoomba | 17.24m |
| 3 Max Lucas | | Katoomba | 16.48m |
| 4 Levi Scott | | Glenbrook | 12.42m |
| 5 Aiden Hardy | | Kurrajong Bilpin | 11.38m |
| 6 Francesco Difranco | | Lithgow | 10.35m |
| -- Aidan McKervey | | Glenbrook | FOUL |

Boys U 12 - Javelin (400 Gram)

| Zone: Z 30.94m 12/12/2010 Hayden Perry, Glenbrook | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Jarrod Davidson | | Kurrajong Bilpin | 29.29m |
| 2 Cody Brian | | Kurrajong Bilpin | 23.96m |
| 3 Brandon Peary | | Springwood | 16.65m |
| 4 Alexander Xuereb | | Glenbrook | 16.36m |

Boys U 13 - Javelin (600 Gram)

| Zone: Z 40.95m 3/12/2006 Shane Nicholls, Kurrajong Bi | | | |
|---|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Nathan Nash | | Springwood | 24.96m |
| 2 Jed Hayes | | Mudgee | 24.51m |
| 3 Luke Charlesworth | | Kurrajong Bilpin | 21.56m |
| 4 Dominic Della Bosca | | Lithgow | 17.45m |

Boys U 14 - Javelin (600 Gram)

| Zone: Z 50.64m 15/12/2007 Shane Nicholls, Kurrajong Bi | | | |
|--|-----|------------------|--------|
| Name | Age | Centre | Final |
| 1 Aiden Lefevre | | Kurrajong Bilpin | 32.11m |
| 2 Kiran Nath | | Glenbrook | 31.66m |
| 3 Joel Williams | | Kurrajong Bilpin | 29.04m |
| 4 Cameron Jeffery | | Springwood | 24.54m |
| 5 Caleb Fairweather | | Kurrajong Bilpin | 22.77m |
| 6 Lachlan Strahan | | Glenbrook | 19.25m |
| 7 Brian Barnes | | Oberon | 18.16m |

Boys U 15 - Javelin (700 Gram)

| Zone: Z 49.09m 14/12/2013 Hayden Perry, Glenbrook | | | |
|---|-----|-----------|--------|
| Name | Age | Centre | Final |
| 1 Cameron Kitching | | Glenbrook | 37.36m |
| 2 Aiden Olney | | Oberon | 13.19m |

Western Ranges Zone Championships 2015/16**Lithgow Showground, Lithgow****Results****Boys U 17 - Javelin (700 Gram)**

| Zone: Z 49.29m 14/12/2014 Shayne Campbell, Kurrajong B | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Hayden Perry | | Glenbrook | 52.06mZ |
| 2 Luke Zaurrini | | Kurrajong Bilpin | 43.12m |
| 3 Jonathan Blunden | | Kurrajong Bilpin | 37.34m |
| 4 Liam McCann | | Glenbrook | 32.95m |
| 5 Bayne Lee | | Katoomba | 19.92m |

Boys U 9 - 700 Metre Walk

| Zone: Z 4:35.50 31/03/1997 J. Bazley, Kurrajong Bilpin | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| Section 1 | | | |
| 1 James Reynolds | | Springwood | 5:04.14 |
| 2 Alex Sullivan | | Kurrajong Bilpin | 5:04.32 |

Boys U 10 - 1100 Metre Walk

| Zone: Z 6:30.60 31/03/1998 Brendan Sullohern, Glenbroo | | | |
|--|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Liam Murphy | | Glenbrook | 7:34.69 |
| 2 Darcy Bell | | Kurrajong Bilpin | 8:31.09 |

Boys U 11 - 1100 Metre Walk

| Zone: Z 5:40.90 31/03/1998 Daniel Buenen, Glenbrook | | | |
|---|-----|------------------|---------|
| Name | Age | Centre | Final |
| 1 Aiden Hardy | | Kurrajong Bilpin | 7:27.03 |
| 2 Harrison Strahan | | Glenbrook | 8:04.34 |
| 3 Levi Jones | | Springwood | 8:27.44 |

Boys U 13 - 1500 Metre Walk

| Zone: Z 8:20.10 31/03/1990 J. Keyes, Katoomba | | | |
|---|-----|------------------|----------|
| Name | Age | Centre | Final |
| 1 Spencer Blanch | | Kurrajong Bilpin | 12:29.33 |

Boys U 17 - 1500 Metre Walk

| Zone: Z 7:23.30 16/12/2007 Adam Toms, Kurrajong Bilpin | | | |
|--|-----|-----------|---------|
| Name | Age | Centre | Final |
| 1 Harry Wrightson | | Glenbrook | 9:22.31 |