

Results - 2004

North West Met Zone

BOYS

GIRLS

U/7 50M Run

1 Cameron Cavaleri	Winston Hills	9.37	1 Rebecca Symonds	Winston Hills	9.8
2 Brandon Johnston	Hawkesbury City	9.58	2 I Love	Riverstone	10.02
3 Jackson Ruwhiu	Winston Hills	9.73	3 Gemma-Lee McMahon	Winston Hills	10.09
4 Connor Manz	Winston Hills	10.14			
5 Z Gray	Riverstone	10.39			
6 Lachlan Byron	Winston Hills	11			
7 William Pankhurst	Winston Hills	11.06			

U/7 70M Run

1 Nicholas Andrews	Hills District	13	1 Lucy Claxton	Winston Hills	13
2 Joshua Byron	Winston Hills	13.2	2 Kelsey Dwyer	Hills District	13.2
3 Timothy Anstee	Hills District	13.2	3 Abbie Dwyer	Hills District	13.4
4 Cameron Cavaleri	Winston Hills	13.5	4 Daisy Bryant	Hills District	13.8
5 Joshua Morakeas	Hills District	13.8	5 Abbey Papenhuyzen	Quakers Hill	14
6 Brandon Johnston	Hawkesbury City	13.9	6 B Monaghan	Riverstone	14.3
7 Matthew Hoy	Hills District	13.9	7 Rebecca Symonds	Winston Hills	14.4
8 Dean Erickson	Hills District	14.1	8 A Cochrane	Quakers Hill	14.4

U/7 100M Run

1 Troy Black	Winston Hills	17.44	1 Lucy Claxton	Winston Hills	18.04
2 Nicholas Andrews	Hills District	17.93	2 Kelsey Dwyer	Hills District	18.05
3 Joshua Byron	Winston Hills	18.28	3 Ashlee Tait	Kings Langley	18.12
4 Timothy Anstee	Hills District	18.33	4 Abbie Dwyer	Hills District	18.18
5 Ryan Chelvarajah	Winston Hills	18.92	5 Samantha Littlefield	Hills District	18.94
6 Joshua Morakeas	Hills District	19.02	6 Sabrina Menzies	Hills District	19.24
7 Matthew Hoy	Hills District	19.67	7 Abbey Papenhuyzen	Quakers Hill	19.35
8 Aaron Hutt	Hills District	19.67	8 B Monaghan	Riverstone	19.58

U/7 200M Run

1 Troy Black	Winston Hills	37.96	1 Kelsey Dwyer	Hills District	37.63
2 Nicholas Andrews	Hills District	38.85	2 Lucy Claxton	Winston Hills	37.79
3 Timothy Anstee	Hills District	39.28	3 Ashlee Tait	Kings Langley	38.63
4 L Mulford	Quakers Hill	39.99	4 Daisy Bryant	Hills District	39.93
5 Ryan Chelvarajah	Winston Hills	40.63	5 Samantha Littlefield	Hills District	41.81
6 Joshua Morakeas	Hills District	41.57	6 B Monaghan	Riverstone	42.17
7 Dean Erickson	Hills District	42.26	7 Kirsty Welfare	Winston Hills	42.81
8 Matthew Hoy	Hills District	42.36	8 Gemma-Lee McMahon	Winston Hills	43.84

U/7 Long Jump

1 Nicholas Andrews	Hills District	2.99	1 Ashlee Tait	Kings Langley	2.64
2 Timothy Anstee	Hills District	2.98	2 Daisy Bryant	Hills District	2.58
3 Matthew Hoy	Hills District	2.82	3 B Monaghan	Riverstone	2.58
4 Cameron Cavaleri	Winston Hills	2.7	4 A Cochrane	Quakers Hill	2.53
5 L Mulford	Quakers Hill	2.61	5 Abbey Papenhuyzen	Quakers Hill	2.45
6 Brandon Johnston	Hawkesbury City	2.57	6 Michelle Dalbon	Hills District	2.33
7 Ryan Chelvarajah	Winston Hills	2.42	7 Aurelia Jackson	Hills District	2.29
8 A Kamath	Quakers Hill	2.35	8 Samantha Littlefield	Hills District	2.23

U/7 Shot Put

1 L Mulford	Quakers Hill	5.73	1 Caitlin Mitchell	Hills District	4.25
2 Jackson Ruwhiu	Winston Hills	5.73	2 Samantha Littlefield	Hills District	4.13
3 G Joseph	Quakers Hill	5.17	3 Sabrina Menzies	Hills District	3.94
4 Joshua Morakeas	Hills District	4.7	4 Kirsty Welfare	Winston Hills	3.56
5 Jacob Kojic	Hawkesbury City	4.03	5 Aurelia Jackson	Hills District	3.52
6 James Holdsworth	Winston Hills	3.76	6 Chelsea Hogan	Quakers Hill	3.34
7 Lachlan Byron	Winston Hills	3.27	7 I Love	Riverstone	3.17
8 Adam Mylonas	Winston Hills	2.23	8 Tahira Husain	Hills District	2.95

9 William Rose Winston Hills 2.23

U/7 Discus

1 Joshua Byron Winston Hills 17.82
2 Troy Black Winston Hills 17.37
3 Cameron Cavaleri Winston Hills 16.34
4 A Kamath Quakers Hill 13.74
5 Jackson Ruwhiu Winston Hills 13.53
6 Brandon Johnston Hawkesbury City 13.19
7 Jacob Kojic Hawkesbury City 12.8
8 Aaron Hutt Hills District 11.58

1 A Cochrane Quakers Hill 11.09
2 Kirsty Welfare Winston Hills 10.96
3 Stella Dalbon Hills District 9.5
4 Chelsea Hogan Quakers Hill 9.25
5 Kelsey Dwyer Hills District 8.3
6 Samantha Marshall Winston Hills 7.55
7 Alexandra Mcleod Winston Hills 6.76
8 Annalese Cooper Hills District 6.56
9 Abbie Dwyer Hills District 6.54
10 Mikaela Gardoni Winston Hills 5.79
11 Sabrina Menzies Hills District 5.57
12 Michelle Dalbon Hills District 5.34
13 Gabriella McKenna Winston Hills 4.96

U/7 Pack Start

1 Troy Black Winston Hills 1-48.33
2 Joshua Byron Winston Hills 1-54.37
3 L Mulford Quakers Hill 1-58.27
4 Mark Van Den Berg Hawkesbury City 2-07.99
5 James Holdsworth Winston Hills 2-12.83
6 William Pankhurst Winston Hills 2-25.32
7 J Wiese Riverstone 2-31.68

1 Lucy Claxton Winston Hills 1-58.80
2 Ashlee Tait Kings Langley 2-01.90
3 Sabrina Menzies Hills District 2-02.60
4 Mikaela Gardoni Winston Hills 2-03.10
5 Daisy Bryant Hills District 2-06.70
6 Samantha Marshall Winston Hills 2-09.50
7 Rebecca Symonds Winston Hills 2-10.20
8 Stella Dalbon Hills District 2-17.60
9 Cara Harris Hills District 2-17.80

U/8 70M Run

1 Andre Krucican Winston Hills 12.2
2 Aaron Apikotoa Kings Langley 12.3
3 Arshdeep Sidhu Hills District 12.4
4 Andrew Shorrock Hills District 12.7
5 Ryan Usher Winston Hills 12.8
6 Nathan Duval Kings Langley 12.8
7 T McCallum Quakers Hill 13
8 B Thornton Riverstone 13

1 Jessica Hough Hills District 12.3
2 Hannah Rhodes Winston Hills 12.3
3 Jaymie Eaton Hawkesbury City 12.9
4 Katie Gamble Hills District 12.9
5 B Rogers Quakers Hill 13
6 Courtney Elliott Winston Hills 13.1
7 Samantha Cahill Winston Hills 13.1
8 Rachel Luscombe Hawkesbury City 13.5

U/8 100M Run

1 Dylan Holdsworth Winston Hills 16.88
2 Andre Krucican Winston Hills 16.95
3 Andrew Shorrock Hills District 17.1
4 Arshdeep Sidhu Hills District 17.16
5 Luke Bayliss Hills District 17.49
6 Ryan Usher Winston Hills 17.51
7 Nathan Duval Kings Langley 17.79
8 T McCallum Quakers Hill 17.89

1 Jessica Hough Hills District 16.53
2 Matilda Souter Winston Hills 17.11
3 Paige Wilson-mosey Winston Hills 17.17
4 Brooke Hojel Kings Langley 17.74
5 Samantha Cahill Winston Hills 17.85
6 B Rogers Quakers Hill 17.95
7 Jaymie Eaton Hawkesbury City 18.23
8 K Deverell Quakers Hill 18.42

U/8 200M Run

1 Dylan Holdsworth Winston Hills 37.41
2 Luke Bayliss Hills District 37.83
3 T McCallum Quakers Hill 38.86
4 B Thornton Riverstone 39.09
5 Ryan Usher Winston Hills 39.18
6 L Kennedy Winston Hills 39.7
7 C Conte Riverstone 39.83
8 A Clarke Riverstone 41.36

1 Matilda Souter Winston Hills 35.5
2 Hannah Rhodes Winston Hills 36.65
3 Katie Gamble Hills District 38.56
4 Samantha Cahill Winston Hills 38.87
5 B Rogers Quakers Hill 39.33
6 Courtney Elliott Winston Hills 39.43
7 Brooke Dwyer Hills District 41.09
8 R Duncan Quakers Hill 41.68

U/8 400M Run

1 Jayden Rennie Hills District 1-22.18
2 Garrett Woods Hills District 1-25.70
3 Joel Lyons Hawkesbury City 1-27.70
4 Ivan Raguz Winston Hills 1-30.42
5 A Clarke Riverstone 1-32.17

1 Matilda Souter Winston Hills 1-17.12
2 Hannah Rhodes Winston Hills 1-22.01
3 K Deverell Quakers Hill 1-25.84
4 Alicia Van Arkel Hills District 1-26.20
5 Courtney Elliott Winston Hills 1-28.35

6 Aden Cah	Kings Langley	1-32.36	6 Katie Gamble	Hills District	1-28.40
7 Kieran Sultana	Hills District	1-33.56	7 Brooke Dwyer	Hills District	1-29.92
8 Andrew Horan-Barker	Hawkesbury City	1-35.53	8 A Brown	Riverstone	1-30.43

U/8 60M Hurdles

1 Dylan Holdsworth	Winston Hills	12.35	1 Jessica Hough	Hills District	12.31
2 Andre Krucican	Winston Hills	12.4	2 Paige Wilson-mosey	Winston Hills	12.66
3 Arshdeep Sidhu	Hills District	12.47	3 Brooke Hojel	Kings Langley	12.76
4 Andrew Shorrock	Hills District	12.58	4 Angela Cox	Winston Hills	13.16
5 Mark Mcleay	Hills District	12.87	5 J Avery	Riverstone	13.36
6 Nathan Duval	Kings Langley	13.03	6 Aimie Williams	Winston Hills	13.8
7 Brandon Whitby	Hills District	13.09	7 Alicia Van Arkel	Hills District	13.91
8 Aden Cah	Kings Langley	13.29	8 K Deverell	Quakers Hill	14.02

U/8 Long Jump

1 Andre Krucican	Winston Hills	3.33	1 Jessica Hough	Hills District	3.27
2 Arshdeep Sidhu	Hills District	3.19	2 Taylah Sengul	Winston Hills	3
3 Aaron Apikotoa	Kings Langley	3.11	3 Paige Wilson-mosey	Winston Hills	2.87
4 Luke Bayliss	Hills District	3.07	4 Brooke Hojel	Kings Langley	2.8
5 L Kennedy	Winston Hills	2.96	5 Jaymie Eaton	Hawkesbury City	2.72
6 Mark Mcleay	Hills District	2.95	6 Jacinda Martin	Winston Hills	2.65
7 Michael Northey	Hawkesbury City	2.93	7 Alicia Van Arkel	Hills District	2.57
8 Ben Martyn	Winston Hills	2.91	8 Meaghan Gemmell	Hawkesbury City	2.5

U/8 Shot Put

1 Caylem Smith	Hawkesbury City	6.12	1 Taylah Sengul	Winston Hills	8.5
2 Aaron Apikotoa	Kings Langley	6.08	2 Meaghan Gemmell	Hawkesbury City	5.95
3 Ben Martyn	Winston Hills	5.57	3 Courtney Prevost	Winston Hills	5.21
4 Jayden Rennie	Hills District	5.08	4 Claudia Carnevale	Winston Hills	4.94
5 Brandon Whitby	Hills District	4.94	5 Teegan Ryan	Hawkesbury City	4.57
6 Bradley Baker	Hills District	4.77	6 B Wright	Quakers Hill	4.51
7 Daniel Tedesco	Hills District	4.18	7 Angela Cox	Winston Hills	3.9
8 C Conte	Riverstone	3.98	8 Jacinda Martin	Winston Hills	3.72

U/8 Discus

1 Mitchell Anderson	Hawkesbury City	17.52	1 Taylah Sengul	Winston Hills	23.74
2 Aaron Apikotoa	Kings Langley	16.5	2 Meaghan Gemmell	Hawkesbury City	14.76
3 B Wasson	Quakers Hill	15.04	3 Courtney Prevost	Winston Hills	14.21
4 Michael Northey	Hawkesbury City	15.02	4 Angela Cox	Winston Hills	13.51
5 Ben Martyn	Winston Hills	14.83	5 Paige Wilson-mosey	Winston Hills	11.73
6 Brandon Whitby	Hills District	14.2	6 Alicia Van Arkel	Hills District	11.51
7 Bradley Baker	Hills District	13.8	7 Claudia Carnevale	Winston Hills	11.27
8 Luke Bayliss	Hills District	12.62	8 B Wright	Quakers Hill	9.41

U/8 Pack Start

1 Dylan Holdsworth	Winston Hills	2-37.70	1 Matilda Souter	Winston Hills	2-37.00
2 Jayden Rennie	Hills District	2-39.30	2 Courtney Elliott	Winston Hills	2-48.50
3 T McCallum	Quakers Hill	2-52.60	3 K Deverell	Quakers Hill	2-49.50
4 Kieran Sultana	Hills District	2-55.10	4 Katie Gamble	Hills District	2-51.10
5 Aden Cah	Kings Langley	2-55.50	5 Taylah Sengul	Winston Hills	2-52.80
6 Ivan Raguz	Winston Hills	2-56.00	6 Brooke Hojel	Kings Langley	3-05.80
7 L Kennedy	Winston Hills	2-57.50	7 Holly Dymond	Winston Hills	3-23.50
8 Andrew Horan-Barker	Hawkesbury City	3-06.30	8 Elise Pawelko	Hills District	3-33.50

U/9 70M Run

1 Ben Goodwin	Winston Hills	11.7	1 Natalie Apikotoa	Kings Langley	11.2
2 Steven Jessep	Kings Langley	11.7	2 Natalie Rimac	Winston Hills	11.2
3 Jarrid Fyfe	Hawkesbury City	12	3 Jessica Clarke	Winston Hills	11.3
4 Tom Bracey	Winston Hills	12	4 Chloe Taylor	Hills District	11.8
5 Owen Murray	Winston Hills	12.2	5 Brianna Gardoni	Winston Hills	12.5
6 J Dorahy	Riverstone	12.2	6 Alice Marcel	Hills District	12.5
7 David Thomson	Winston Hills	12.3	7 Emma Sheridan	Hawkesbury City	12.8
8 Lachlan Evans	Winston Hills	13	8 Taren Conway	Winston Hills	12.9

U/9 100M Run

1 Ben Goodwin	Winston Hills	15.83	1 Natalie Rimac	Winston Hills	15.29
2 Steven Jessep	Kings Langley	15.94	2 Natalie Apikotoa	Kings Langley	15.5
3 Owen Murray	Winston Hills	16.06	3 Alexandra Pollett	Hills District	16.16
4 Jarrid Fyfe	Hawkesbury City	16.33	4 Chloe Taylor	Hills District	16.39
5 Jack Alderton	Hills District	16.63	5 Kate Shirvington	Hills District	16.65
6 Joel Edwards	Winston Hills	16.95	6 Brianna Gardoni	Winston Hills	17.71
7 Craig Whittle	Hills District	17.06	7 Alice Marcel	Hills District	17.87
8 Matthew Curran	Hills District	17.06	8 Jasmin Wanschers	Winston Hills	17.95

U/9 200M Run

1 Jarrid Fyfe	Hawkesbury City	34.89	1 Natalie Apikotoa	Kings Langley	33.09
2 Jack Alderton	Hills District	34.91	2 Natalie Rimac	Winston Hills	33.77
3 J Dorahy	Riverstone	34.94	3 Chloe Taylor	Hills District	35.62
4 Aaron Wilkinson	Hawkesbury City	34.96	4 Alexandra Walsh	Winston Hills	35.83
5 Tom Bracey	Winston Hills	36.46	5 Kate Shirvington	Hills District	36.78
6 Lachlan Evans	Winston Hills	37.35	6 Emily Bidart	Hills District	37.84
7 Brendon Rappolt	Winston Hills	37.46	7 Jasmin Wanschers	Winston Hills	37.96
8 Daniel Bairamian	Winston Hills	39.18	8 Chloe Black	Hawkesbury City	40.17

U/9 400M Run

1 Jack Alderton	Hills District	1-14.93	1 Karly Melrose	Winston Hills	1-19.37
2 J Dorahy	Riverstone	1-18.19	2 Emily Bidart	Hills District	1-21.30
3 Brendon Rappolt	Winston Hills	1-21.53	3 Brianna Gardoni	Winston Hills	1-21.81
4 David Thomson	Winston Hills	1-21.53	4 Shinelle Baker	Winston Hills	1-22.67
5 Dean Johnson	Hawkesbury City	1-22.40	5 Zoe Gilbert	Hills District	1-22.78
6 Ryan Kenny	Hills District	1-26.39	6 C Wallace	Riverstone	1-26.49
7 Michael Candiloro	Hills District	1-27.55	7 Rebecca Monty	Hills District	1-29.19
			8 Kristal Lewis	Hawkesbury City	1-30.18

U/9 800M Run

1 Shiva Sanjai Krishna	Winston Hills	2-56.99	1 Jessica Clarke	Winston Hills	2-59.46
2 Harrison Andrews	Hills District	3-00.69	2 Karly Melrose	Winston Hills	3-01.43
3 David Thomson	Winston Hills	3-02.80	3 Kristal Lewis	Hawkesbury City	3-08.04
4 Dean Johnson	Hawkesbury City	3-03.91	4 Kate Shirvington	Hills District	3-08.78
5 Sean Leckie	Winston Hills	3-04.79	5 Rebecca Monty	Hills District	3-10.41
6 Michael Candiloro	Hills District	3-08.09	6 Shinelle Baker	Winston Hills	3-16.33
7 J Bergamin	Quakers Hill	3-11.26	7 Isabella Shina	Hills District	3-19.96
8 Alexander Algeri	Hills District	3-12.68	8 Jasmin Cobb	Winston Hills	3-22.23

U/9 700M Walk

1 Sean Leckie	Winston Hills	4-45.60	1 Jasmin Cobb	Winston Hills	4-30.20
2 Owen Murray	Winston Hills	4-46.00	2 Isabella Shina	Hills District	4-32.00
3 Ali Javam	Winston Hills	5-00.20	3 Danielle Watson	Hills District	4-32.90
4 A Gregg	Quakers Hill	5-01.70	4 Rebecca Monty	Hills District	4-36.50
5 Vinny Todd	Winston Hills	5-04.70	5 Jasmin Wanschers	Winston Hills	4-45.90
6 Lal Morriss	Kings Langley	5-09.95	6 Mikaela Cameron	Winston Hills	4-49.30
7 Andrew Thomas	Winston Hills	5-49.20	7 Caitlin McDonald	Hills District	4-51.90
			8 Anneka Mathias	Hills District	5-21.10

U/9 60M Hurdles

1 Shiva Sanjai Krishna	Winston Hills	10.93	1 Jessica Clarke	Winston Hills	11.8
2 Jarrid Fyfe	Hawkesbury City	11.67	2 Jordan Kaatzke-McDonald	Winston Hills	12.6
3 Harrison Andrews	Hills District	12.11	3 Alexandra Walsh	Winston Hills	12.62
4 Ryan Kenny	Hills District	12.13	4 Kate Shirvington	Hills District	12.73
5 David Thomson	Winston Hills	12.27	5 Courtney Cavaleri	Winston Hills	12.91
6 Sean Leckie	Winston Hills	12.27	6 Jasmin Wanschers	Winston Hills	13.13
7 Craig Whittle	Hills District	13.05	7 C Wallace	Riverstone	13.22
8 B Robins	Quakers Hill	14.71	8 Kirstyn Button	Hills District	13.48

U/9 Long Jump

1 Steven Jessep	Kings Langley	3.71	1 Natalie Apikotoa	Kings Langley	3.8
2 Ben Goodwin	Winston Hills	3.69	2 Jessica Clarke	Winston Hills	3.78
3 Shiva Sanjai Krishna	Winston Hills	3.54	3 Alexandra Pollett	Hills District	3.7

4 Tom Bracey	Winston Hills	3.32	4 Alexandra Walsh	Winston Hills	3.44
5 Owen Murray	Winston Hills	3.29	5 Courtney Cavaleri	Winston Hills	3.32
6 Brendon Rappolt	Winston Hills	3.19	6 Brianna Gardoni	Winston Hills	3.24
7 J Dorahy	Riverstone	3.15	7 Emily Bidart	Hills District	3.08
8 Jarryd Rylance	Hills District	3.14	8 Jordon Kaatzke-Mcdonald	Winston Hills	3.06

U/9 High Jump

1 Joel Edwards	Winston Hills	1.22	1 Alexandra Walsh	Winston Hills	1.08
2 Tom Bracey	Winston Hills	1.12	2 Courtney Cavaleri	Winston Hills	1
3 Steven Jessep	Kings Langley	1.1	3 Natalie Rimac	Winston Hills	1
4 A Dhalowal	Quakers Hill	1.06	4 Chloe Taylor	Hills District	1
5 Matthew Curran	Hills District	1	5 Kristal Lewis	Hawkesbury City	0.95
6 Ryan Kenny	Hills District	1	Katie Kelly	Winston Hills	0.95
7 Harrison Andrews	Hills District	0.95	7 Jordon Kaatzke-Mcdonald	Winston Hills	0.95
8 Andrew Thomas	Winston Hills	0.95	Zoe Gilbert	Hills District	0.95

U/9 Shot Put

1 Pita Vi	Winston Hills	8.99	1 Jean Harvey	Winston Hills	6.71
2 Vinny Todd	Winston Hills	6.73	2 Karly Melrose	Winston Hills	6.03
3 Jarryd Rylance	Hills District	6.5	3 Zoe Gilbert	Hills District	4.7
4 Raymond Leane-Silva	Winston Hills	5.96	4 Mikaela Cameron	Winston Hills	4.5
5 A Dhalowal	Quakers Hill	5.83	5 Madeline Welsby	Winston Hills	4.47
6 Joel Edwards	Winston Hills	5.41	6 Danielle Watson	Hills District	4.11
7 Owen Mcloughlin	Hills District	5.27	7 Rhiannon Traynor	Kings Langley	3.93
8 Ali Javam	Winston Hills	5.13	8 Rebecca Monty	Hills District	3.92

U/9 Discus

1 Pita Vi	Winston Hills	23.73	1 Karly Melrose	Winston Hills	19.65
2 A Dhalowal	Quakers Hill	22.99	2 Jean Harvey	Winston Hills	19.07
3 Shiva Sanjai Krishna	Winston Hills	19.26	3 Alexandra Pollett	Hills District	15.05
4 Ali Javam	Winston Hills	18.08	4 Courtney Cavaleri	Winston Hills	15.01
5 Jarryd Rylance	Hills District	17.16	5 Mikaela Cameron	Winston Hills	14.56
6 Vinny Todd	Winston Hills	15.44	6 Danielle Watson	Hills District	11.75
7 Aaron Wilkinson	Hawkesbury City	14.76	7 Kirstyn Button	Hills District	10.24
8 J Bergamin	Quakers Hill	14.53	8 Madeline Welsby	Winston Hills	10.01

U/10 70M Run

1 Nicholas Hough	Hills District	10.9	1 Ashley Breen	Hills District	11.1
2 Matthew Gonzalez	Hills District	11.2	2 Felicity Bright	Hills District	11.3
3 Daniel Moore	Hills District	11.3	3 Cassie Hewitt	Hills District	11.3
4 Luke Graham	Hills District	11.7	4 Amy Lewis	Hills District	11.5
5 Shane Gavin	Winston Hills	12	5 Danielle Cox	Winston Hills	12.4
6 Luke Goodwin	Winston Hills	12.1	6 L Deverell	Quakers Hill	12.5
			7 Christina Maresca	Hills District	12.6
			8 Courtney Bridge	Winston Hills	13.2

U/10 100M Run

1 Nicholas Hough	Hills District	14.81	1 Ashley Breen	Hills District	15.59
2 S Kwakwa	Quakers Hill	15.4	2 Felicity Bright	Hills District	15.65
3 M Wesble	Riverstone	15.72	3 Amy Lewis	Hills District	15.83
4 Daniel Moore	Hills District	15.87	4 Sarah Bright	Hills District	16.04
5 Matthew Gonzalez	Hills District	15.91	5 Cassie Hewitt	Hills District	16.15
6 Shameem Husain	Hills District	16.08	6 S Brown	Riverstone	16.27
7 Van Poppel Van Poppel	Hawkesbury City	16.54	7 Emily Gough	Winston Hills	16.3
8 Luke Graham	Hills District	16.62	8 B McCallum	Quakers Hill	16.45

U/10 200M Run

1 Nicholas Hough	Hills District	31.21	1 Sarah Bright	Hills District	33.76
2 Nathan White	Kings Langley	33.22	2 Amy Lewis	Hills District	34.25
3 Shameem Husain	Hills District	33.47	3 S Brown	Riverstone	34.55
4 Van Poppel Van Poppel	Hawkesbury City	34.55	4 Emily Gough	Winston Hills	35.33
5 C Gregg	Quakers Hill	35.04	5 B McCallum	Quakers Hill	35.39
6 Lang T e h	Hills District	35.57	6 Christie Soury	Kings Langley	38.64
7 Luke Graham	Hills District	35.59	7 Courtney Bridge	Winston Hills	40.91

8 Shane Gavin	Winston Hills	37.69	8 A Husking	Quakers Hill	40.97
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U/10 400M Run

1 Daniel Moore	Hills District	1-15.29	1 S Brown	Riverstone	1-19.53
2 Richard Lack	Hills District	1-18.31	2 G Dawson	Riverstone	1-20.83
3 C Gregg	Quakers Hill	1-19.94	3 Brianna Murray	Winston Hills	1-22.25
4 B Lockrey	Quakers Hill	1-23.98	4 B McCallum	Quakers Hill	1-26.54
5 Aiden Kelly	Winston Hills	1-26.47	5 Cayda Cambaz	Hills District	1-26.64
6 Anthony Bakhos	Winston Hills	1-29.96	6 Brittney Cook	Winston Hills	1-30.30
7 Patrick Skinner	Winston Hills	1-40.15	7 Jordan Munro	Quakers Hill	1-34.88

U/10 800M Run

1 Richard Lack	Hills District	2-48.14	1 Sarah Bright	Hills District	2-55.03
2 Matthew Van Arkel	Hills District	2-50.40	2 L Deverell	Quakers Hill	2-57.62
3 K Hayman	Quakers Hill	2-54.14	3 Brianna Murray	Winston Hills	2-58.67
4 Blake Frankham	Winston Hills	3-04.00	4 G Dawson	Riverstone	2-59.64
5 Blake Wigley	Hills District	3-08.95	5 Felicity Bright	Hills District	3-01.55
6 Aiden Kelly	Winston Hills	3-14.88	6 Ashley Breen	Hills District	3-14.48
7 Jackson Canning	Hills District	3-24.48	7 Brittney Cook	Winston Hills	3-15.40
8 N Duncan	Quakers Hill	3-24.66	8 Bronte Bryant	Hills District	3-16.79

U/10 1500M Run

1 Richard Lack	Hills District	5-39.94	1 Sarah Bright	Hills District	5-52.42
2 K Hayman	Quakers Hill	5-55.30	2 G Dawson	Riverstone	6-21.33
3 Blake Frankham	Winston Hills	5-59.60	3 Natalie Carr	Hills District	6-34.95
4 Matthew Van Arkel	Hills District	6-00.28	4 Brittney Cook	Winston Hills	6-38.58
5 Blake Wigley	Hills District	6-23.96	5 B McCallum	Quakers Hill	6-44.10
6 Aiden Kelly	Winston Hills	6-41.14	6 Kate Scholz	Winston Hills	6-45.85
			7 Eliza Lans	Hawkesbury City	6-47.22
			8 Emily Gough	Winston Hills	6-50.65

U/10 1100M Walk

1 B Lockrey	Quakers Hill	7-18.50	1 Kate Scholz	Winston Hills	7-01.90
2 Aiden Kelly	Winston Hills	7-21.00	2 L Deverell	Quakers Hill	7-07.00
3 Phillip Lorenzelli	Hills District	7-23.60	3 Tanika Anderson	Winston Hills	7-29.20
4 Matthew Van Arkel	Hills District	8-32.80	4 Emillie Scott	Hawkesbury City	9-02.45
5 Jackson Canning	Hills District	8-33.10	5 S Variyar	Quakers Hill	10-29.30
			6 Nicole Thomas	Winston Hills	11-35.00

U/10 60M Hurdles

1 Shane Nicholls	Hawkesbury City	11.34	1 S Brown	Riverstone	12.54
2 Shameem Husain	Hills District	11.86	2 Amber Van Zeeland	Winston Hills	12.82
3 Scott Ranson	Hawkesbury City	11.95	3 Emily Gough	Winston Hills	12.92
4 S Kwakwa	Quakers Hill	12.01	4 Bronte Bryant	Hills District	13.04
5 Daniel Moore	Hills District	12.44	5 Danielle Cox	Winston Hills	13.19
6 M Wesble	Riverstone	12.59	6 Brianna Murray	Winston Hills	13.48
7 Patrick Skinner	Winston Hills	12.74	7 A Husking	Quakers Hill	13.9
8 Matthew Gonzalez	Hills District	12.94	8 Emillie Scott	Hawkesbury City	14.53

U/10 Long Jump

1 Nicholas Hough	Hills District	4.26	1 Taylor Breeze-Backers	Winston Hills	3.97
2 S Kwakwa	Quakers Hill	4.08	2 Cassie Hewitt	Hills District	3.86
3 Shane Nicholls	Hawkesbury City	3.97	3 Amy Lewis	Hills District	3.81
4 M Wesble	Riverstone	3.95	4 Amber Van Zeeland	Winston Hills	3.65
5 Shameem Husain	Hills District	3.77	5 Tamara Williams	Winston Hills	3.55
6 Luke Collyer	Hills District	3.7	6 Brianna Murray	Winston Hills	3.53
7 Thomas Gamble	Hills District	3.69	7 Felicity Bright	Hills District	3.4
8 Kurt Lumby	Hawkesbury City	3.21	8 Samantha Dew	Winston Hills	3.38

U/10 High Jump

1 Shane Nicholls	Hawkesbury City	1.29	1 Taylor Breeze-Backers	Winston Hills	1.27
2 Nathan White	Kings Langley	1.27	2 Tara Bartolec	Winston Hills	1.17
3 Nathan Tereba	Hills District	1.19	3 Cassie Hewitt	Hills District	1.13
4 S Kwakwa	Quakers Hill	1.17	4 Ashley Breen	Hills District	1.11
5 Thomas Gamble	Hills District	1.15	5 M Vogt	Quakers Hill	1.11

6 Luke Collyer	Hills District	1.07	6 Samantha Dew	Winston Hills	1.07
7 C Gregg	Quakers Hill	1	7 Christina Maresca	Hills District	1
Patrick Skinner	Winston Hills	1	L Deverell	Quakers Hill	1

U/10 Shot Put

1 Scott Ranson	Hawkesbury City	8.43	1 Taylor Breeze-Backers	Winston Hills	9.27
2 Jye Pettigrew	Hawkesbury City	7.3	2 Amber Van Zeeland	Winston Hills	8.61
3 Luke Collyer	Hills District	7.19	3 Belinda Kane	Hills District	8.05
4 K Hayman	Quakers Hill	6.5	4 Samantha Dew	Winston Hills	7.53
5 Blake Wigley	Hills District	6.24	5 Jessica Punch	Winston Hills	7.33
6 Jordan Northey	Hawkesbury City	5.85	6 M Vogt	Quakers Hill	6.02
7 Phillip Lorenzelli	Hills District	5.44	7 Bronte Bryant	Hills District	5
8 Nathan Tereba	Hills District	4.45	8 Christie Soury	Kings Langley	4.82

U/10 Discus

1 Scott Ranson	Hawkesbury City	29.76	1 Jessica Punch	Winston Hills	25.7
2 Shane Nicholls	Hawkesbury City	27.28	2 Taylor Breeze-Backers	Winston Hills	25.64
3 Blake Frankham	Winston Hills	21.88	3 Amber Van Zeeland	Winston Hills	22.7
4 Jordan Northey	Hawkesbury City	19.97	4 Samantha Dew	Winston Hills	22.48
5 Blake Wigley	Hills District	19.38	5 Kate Scholz	Winston Hills	16.76
6 Shastri Haines	Winston Hills	19.25	6 Belinda Kane	Hills District	16.54
7 K Hayman	Quakers Hill	16.25	7 Bronte Bryant	Hills District	15.89
8 Richard Lack	Hills District	13.91	8 Hannah Dalrymple	Winston Hills	15.76

U/11 100M Run

1 Tommy Cirjak	Winston Hills	14.46	1 Rebecca Watts	Winston Hills	15.29
2 Elliott Balkin	Hills District	14.67	2 Natalie Van Den Berg	Hawkesbury City	15.41
3 D Moonesamy	Quakers Hill	14.85	3 Erin Sheridan	Hawkesbury City	15.46
4 G McCallum	Quakers Hill	15.04	4 Bronwyn Button	Hills District	16.33
5 Alexander Lorenzelli	Hills District	15.08	5 Emily Thomson	Winston Hills	16.38
6 L Monaghan	Riverstone	15.57	6 Zhenalawther	Winston Hills	16.41
7 Corey Bidart	Hills District	15.85	7 Lucy Peek	Hawkesbury City	16.88
			8 Nikki Rimac	Winston Hills	18.2

U/11 200M Run

1 D Moonesamy	Quakers Hill	30.36	1 Meryn Denning	Hills District	30.44
2 Elliott Balkin	Hills District	30.62	2 Rebecca Watts	Winston Hills	30.89
3 Tommy Cirjak	Winston Hills	31.45	3 Natalie Van Den Berg	Hawkesbury City	31.98
4 Dominic Claxton	Winston Hills	31.66	4 B Emblton	Quakers Hill	32
5 G McCallum	Quakers Hill	31.67	5 Hannah Monty	Hills District	32.24
6 J Clarke	Riverstone	32.05	6 Gabriella Gerace	Hills District	33.01
7 Corey Bidart	Hills District	33.14	7 Bethany Claassens	Hawkesbury City	33.18
8 Blake Romer	Hills District	33.74	8 Bronwyn Button	Hills District	33.49

U/11 400M Run

1 D Moonesamy	Quakers Hill	1-11.65	1 Rebecca Watts	Winston Hills	1-13.69
2 James Romer	Hills District	1-14.58	2 Gabriella Gerace	Hills District	1-14.15
3 J Clarke	Riverstone	1-15.08	3 Bronwyn Button	Hills District	1-17.08
4 Hayden Capewell	Hills District	1-15.72	4 Sarah Baker	Hawkesbury City	1-17.14
5 Justin Sultana	Hills District	1-16.85	5 Bethany Claassens	Hawkesbury City	1-17.56
6 Chad Doering	Hawkesbury City	1-20.25	6 Simone Reynolds	Kings Langley	1-20.52
7 Hayden Mchugh	Winston Hills	1-21.66	7 Georgia Mchugh	Winston Hills	1-25.56
8 Reece Ayoub	Winston Hills	1-26.49	8 Toni Marie Wilkinson	Hawkesbury City	1-30.46

U/11 800M Run

1 Tommy Cirjak	Winston Hills	2-44.85	1 Meryn Denning	Hills District	2-46.34
2 Hayden Capewell	Hills District	2-45.98	2 Hannah Monty	Hills District	2-53.23
3 Chad Doering	Hawkesbury City	2-46.58	3 Erin Handley	Hills District	3-01.18
4 Justin Sultana	Hills District	2-49.49	4 Emily Thomson	Winston Hills	3-04.32
5 Zachary Freeburn	Hills District	2-52.81	5 Rebecca Houston	Winston Hills	3-05.14
6 Thomas Rowe	Kings Langley	2-52.81	6 Gabriella Gerace	Hills District	3-07.97
7 J Rose	Riverstone	2-56.03	7 Georgia Mchugh	Winston Hills	3-11.78
8 James Romer	Hills District	2-56.90	8 Saja Chamma	Winston Hills	3-16.88

U/11 1500M Run

1 Hayden Capewell	Hills District	5-42.06	1 Laura Kenny	Hills District	5-56.86
2 Justin Sultana	Hills District	5-42.56	2 Emily Thomson	Winston Hills	6-09.51
3 Chad Doering	Hawkesbury City	5-43.22	3 Georgia Mchugh	Winston Hills	6-14.56
4 Zachary Freeburn	Hills District	5-50.58	4 Erin Handley	Hills District	6-16.28
5 Hayden Mchugh	Winston Hills	5-59.14	5 Natalie Scott	Hills District	6-49.66
6 Nicholas Mchugh	Winston Hills	6-07.59	6 Tegan Dronfield	Hills District	7-00.46
7 Bryce Traynor	Kings Langley	6-09.92	7 Natalie Hendley	Kings Langley	7-15.85
8 Liam McKenna	Winston Hills	6-12.17	8 Nikki Rimac	Winston Hills	7-50.38

U/11 1100M Walk

1 Justin Sultana	Hills District	6-21.70	1 Rebecca Houston	Winston Hills	6-25.70
2 Jack Dimery	Hills District	8-33.60	2 Bethany Claassens	Hawkesbury City	6-28.10
3 Ciaran Fitzsimons	Winston Hills	8-58.80	3 A Hanly	Quakers Hill	6-30.20
			4 Nikki Watson	Hills District	6-44.40
			5 Erin Handley	Hills District	6-47.10
			6 Ashley Ball	Hawkesbury City	8-07.20
			7 Gemma Piali	Hills District	8-12.50
			8 Holly Cassin	Winston Hills	8-31.60

U/11 60M Hurdles

1 Tim Clarke	Winston Hills	11.02	1 Laura Kenny	Hills District	12.04
2 Hayden Capewell	Hills District	11.61	2 Erin Sheridan	Hawkesbury City	12.32
Justin Wolstenholme	Winston Hills	11.61	3 Lauren Dowle	Winston Hills	12.49
4 Gerard Dulay	Winston Hills	11.86	4 Hannah Monty	Hills District	12.72
5 Anthony Mackman	Kings Langley	11.98	5 Tegan Dronfield	Hills District	12.9
6 J Clarke	Riverstone	12.84	6 Simone Reynolds	Kings Langley	13.02
7 Aiden Evans	Winston Hills	13.04	7 Emily Thomson	Winston Hills	13.41
8 Luke Murie	Winston Hills	13.09	8 Kristy Hampson	Hills District	13.64

U/11 Long Jump

1 Tim Clarke	Winston Hills	4.33	1 Erin Sheridan	Hawkesbury City	3.95
2 Elliott Balkin	Hills District	4.14	2 Kim Kennedy	Winston Hills	3.88
3 Alexander Lorenzelli	Hills District	3.98	3 Zhenalawther	Winston Hills	3.74
4 Corey Bidart	Hills District	3.98	4 Natalie Van Den Berg	Hawkesbury City	3.72
5 Tommy Cirjak	Winston Hills	3.88	5 Simone Reynolds	Kings Langley	3.42
6 Justin Wolstenholme	Winston Hills	3.82	6 Lainey Lawther	Winston Hills	3.37
7 L Monaghan	Riverstone	3.67	7 I Cuttilan	Quakers Hill	3.32
8 Brandon Webster	Winston Hills	3.53	8 Nikki Watson	Hills District	3.32

U/11 High Jump

1 Tim Clarke	Winston Hills	1.4	1 Bethany Claassens	Hawkesbury City	1.23
2 Alexander Lorenzelli	Hills District	1.25	2 Lauren Dowle	Winston Hills	1.19
3 Anthony Mackman	Kings Langley	1.23	3 Zhenalawther	Winston Hills	1.19
4 Angus Baird	Hills District	1.21	4 Meryn Denning	Hills District	1.17
5 Brendan Hord	Winston Hills	1.21	5 Emily Spudic	Hills District	1.13
6 Blake Romer	Hills District	1.15	6 Gabriella Gerace	Hills District	1.07
7 Brandon Webster	Winston Hills	1.1			
8 Adam Walters	Hawkesbury City	1.05			

U/11 Triple Jump

1 Tim Clarke	Winston Hills	9.66	1 Meryn Denning	Hills District	9.15
2 Elliott Balkin	Hills District	9.36	2 Kim Kennedy	Winston Hills	8.18
3 Alexander Lorenzelli	Hills District	8.35	3 Lauren Dowle	Winston Hills	7.8
4 Justin Wolstenholme	Winston Hills	8.26	4 Laura Kenny	Hills District	7.8
5 Corey Bidart	Hills District	7.97	5 Rebecca Houston	Winston Hills	7.78
6 Gerard Dulay	Winston Hills	7.8	6 Erin Sheridan	Hawkesbury City	7.74
7 Nicholas Mentis	Winston Hills	7.79	7 Natalie Van Den Berg	Hawkesbury City	7.52
8 Blake Romer	Hills District	7.71	8 Alexandra Hutchison	Hills District	7.22

U/11 Shot Put

1 Maeva-nui Teina	Winston Hills	13.22	1 Kim Kennedy	Winston Hills	8.24
2 Benn Melrose	Winston Hills	9.78	2 Elyce Hanson	Winston Hills	7.7

3	Dominic Green	Winston Hills	8.78	3	Zhena Lawther	Winston Hills	7.64
4	Brendan Hord	Winston Hills	8.15	4	Lauren Dowle	Winston Hills	7.27
5	Kieryn King	Hills District	7.55	5	Lainey Lawther	Winston Hills	6.89
6	Aiden Evans	Winston Hills	6.82	6	Alexandra Hutchison	Hills District	6.34
7	Ciaran Fitzsimons	Winston Hills	6.81	7	Natalie Scott	Hills District	6.26
8	Cameron Powell	Hawkesbury City	6.58	8	Laura Ross	Hills District	5.29

U/11 Discus

1	Maeva-nui Teina	Winston Hills	33.83	1	Kim Kennedy	Winston Hills	22.92
2	Benn Melrose	Winston Hills	29.35	2	Caitlin Lowe	Winston Hills	19.15
3	Brendan Hord	Winston Hills	22.28	3	Alexandra Hutchison	Hills District	18.39
4	D Bergamin	Quakers Hill	20.97	4	Madeleine Cox	Winston Hills	17.18
5	Dominic Green	Winston Hills	17.71	5	Nikki Watson	Hills District	16.44
6	Angus Baird	Hills District	16.65	6	Rebecca Houston	Winston Hills	16.41
7	Adam Walters	Hawkesbury City	14.94	7	Elyce Hanson	Winston Hills	16.4
8	Cameron Powell	Hawkesbury City	14.16	8	Bonnie-Anne Black	Hawkesbury City	14.08

U/12 100M Run

1	Cameron Searle	Winston Hills	14.59	1	Caitlin Stedman	Hawkesbury City	14.4
2	M Loader	Riverstone	14.7	2	Dominique Macer-wright	Kings Langley	14.69
3	Kurt Herzog	Hills District	14.78	3	Jessi Elliott	Winston Hills	14.7
4	Luke Herzog	Hills District	14.95	4	M Barlow	Quakers Hill	14.93
5	Luke Fishburn	Kings Langley	15.34	5	Adrijana Cirjak	Winston Hills	15.26
6	Cameron Whittle	Hills District	15.67	6	Rachel May	Winston Hills	15.38
7	A Ignacz	Quakers Hill	16.04	7	Alison Mcintyre	Hills District	15.39
8	Benjamin Apikotoa	Kings Langley	16.09	8	Jemimah Hoare	Winston Hills	15.73

U/12 200M Run

1	Daniel Marcel	Hills District	28.06	1	Caitlin Stedman	Hawkesbury City	29.73
2	Cameron Searle	Winston Hills	28.84	2	M Barlow	Quakers Hill	31.06
3	Kurt Herzog	Hills District	29.56	3	Alison Mcintyre	Hills District	32.71
4	M Loader	Riverstone	29.79	4	Louise Dalbon	Hills District	33
5	A Lans	Quakers Hill	30.07	5	Shalysse Romer	Hills District	34.19
6	Mitchell Blackburn	Winston Hills	32.11	6	J Mooneesamy	Quakers Hill	34.51
7	Mitchell Cooper	Hills District	32.14	7	Emilie Duval	Kings Langley	34.59
8	Daniel Rappolt	Winston Hills	32.67	8	Ashlee Clews	Winston Hills	35.23

U/12 400M Run

1	Daniel Marcel	Hills District	1-05.72	1	Caitlin Stedman	Hawkesbury City	1-09.41
2	Kurt Herzog	Hills District	1-12.07	2	Jessi Elliott	Winston Hills	1-10.68
3	Michael Tereba	Hills District	1-12.55	3	J Dawson	Riverstone	1-11.16
4	Daniel Rappolt	Winston Hills	1-13.11	4	Adrijana Cirjak	Winston Hills	1-15.42
5	Mitchell Blackburn	Winston Hills	1-16.20	5	Chelsea Rudd	Winston Hills	1-17.43
6	Brendan Modini	Winston Hills	1-28.90	6	Shalysse Romer	Hills District	1-18.68
7	Robert Jessep	Kings Langley	1-35.20	7	Elizabeth Apostopoulos	Winston Hills	1-22.59
				8	Eliza Souter	Winston Hills	1-23.84

U/12 800M Run

1	A Lans	Quakers Hill	2-40.91	1	Xanthe Dwyer	Hills District	2-37.94
2	D Bragg	Quakers Hill	2-45.00	2	J Dawson	Riverstone	2-42.02
3	Kerris Menzies	Hills District	2-52.16	3	Jessi Elliott	Winston Hills	2-45.46
4	J Rojas	Quakers Hill	2-53.93	4	A Xuereb	Riverstone	2-50.84
5	Max Olsson	Kings Langley	2-55.64	5	Samantha Shaw	Hills District	2-52.31
6	Cameron Whittle	Hills District	2-56.00	6	Chelsea Rudd	Winston Hills	3-05.95
7	Mitchell Blackburn	Winston Hills	3-00.57	7	Liana Raschella	Kings Langley	3-10.12
8	Adam Grech	Hills District	3-09.86	8	Eliza Souter	Winston Hills	3-18.22

U/12 1500M Run

1	D Bragg	Quakers Hill	5-34.28	1	Xanthe Dwyer	Hills District	5-29.03
2	Kerris Menzies	Hills District	5-44.95	2	A Xuereb	Riverstone	5-41.76
3	Nathan Hourigan	Hills District	5-50.44	3	J Dawson	Riverstone	5-50.71
4	Brendan Modini	Winston Hills	5-52.55	4	Samantha Shaw	Hills District	5-52.91
5	Cameron Whittle	Hills District	5-53.20	5	Chelsea Rudd	Winston Hills	6-14.76
6	Jarred Rice	Winston Hills	6-32.01	6	Liana Raschella	Kings Langley	6-21.21

U/12 1500M Walk

1 J Rojas	Quakers Hill	8-43.20	1 Lauren Leckie	Winston Hills	9-07.30
2 Max Olsson	Kings Langley	8-47.00	2 Sarah Boyle	Hills District	9-11.70
3 Cameron Whittle	Hills District	10-22.30	3 Lauren Cameron	Winston Hills	9-32.40
4 Brendan Modini	Winston Hills	11-16.20	4 Alice Taylor	Hills District	9-49.40
			5 Natalie Gamble	Hawkesbury City	10-09.10

U/12 60M Hurdles

1 Luke Herzog	Hills District	11.18	1 Dominique Macer-wright	Kings Langley	10.67
2 Mitchell Cooper	Hills District	11.83	2 Rachel May	Winston Hills	11.76
3 Michael Tereba	Hills District	13.12	3 Isabella Cannavo	Hills District	12.22
4 A Ignacz	Quakers Hill	13.13	4 Jemimah Hoare	Winston Hills	12.25
5 Robert Jessep	Kings Langley	14.81	5 Ashlee Clews	Winston Hills	12.81
			6 Emilie Duval	Kings Langley	13.21
			7 Lauren Leckie	Winston Hills	13.73
			8 Alice Taylor	Hills District	13.9

U/12 Long Jump

1 Daniel Marcel	Hills District	4.69	1 Dominique Macer-wright	Kings Langley	4.44
2 A Lans	Quakers Hill	4.44	2 Caitlin Stedman	Hawkesbury City	4.19
3 Cameron Searle	Winston Hills	4.43	3 Jessi Elliott	Winston Hills	4.12
4 Luke Herzog	Hills District	4.42	4 Rebekah Frankham	Winston Hills	4.11
5 Luke Fishburn	Kings Langley	4.34	5 Holly Clarkin	Winston Hills	4.03
6 Michael Tereba	Hills District	4.15	6 Rachel May	Winston Hills	3.94
7 Mitchell Cooper	Hills District	4.13	7 Adrijana Cirjak	Winston Hills	3.83
8 Adam Grech	Hills District	4.12	8 Sarah Boyle	Hills District	3.64

U/12 High Jump

1 Adam Grech	Hills District	1.36	1 Jemimah Hoare	Winston Hills	1.33
2 Michael Tereba	Hills District	1.34	2 Ashlee Clews	Winston Hills	1.25
3 Jordan Ruwhiu	Winston Hills	1.34	3 Sarah Dalrymple	Winston Hills	1.23
4 D Hayman	Quakers Hill	1.32	4 R Vogt	Quakers Hill	1.19
5 Bradley Hamilton	Winston Hills	1.32	5 Shalysse Romer	Hills District	1.17
6 Kerris Menzies	Hills District	1.3	6 Alice Taylor	Hills District	1.17
7 Luke Fishburn	Kings Langley	1.25			
8 S Dhaliwal	Quakers Hill	1.2			

U/12 Triple Jump

1 Jordan Ruwhiu	Winston Hills	9.2	1 Dominique Macer-wright	Kings Langley	9.02
2 Daniel Marcel	Hills District	8.91	2 Rebekah Frankham	Winston Hills	8.78
3 A Lans	Quakers Hill	8.72	3 Holly Clarkin	Winston Hills	8.36
4 Adam Grech	Hills District	8.68	4 Alison Mcintyre	Hills District	8.33
5 Cameron Searle	Winston Hills	8.47	5 Rachel May	Winston Hills	8.26
6 Bradley Hamilton	Winston Hills	8.43	6 Chelsea Rudd	Winston Hills	8.16
7 S Dhaliwal	Quakers Hill	8.33			
8 Daniel Rappolt	Winston Hills	8.14			

U/12 Shot Put

1 Jordan Ruwhiu	Winston Hills	9.8	1 Alison Brough	Hills District	9.58
2 Kurt Herzog	Hills District	8.78	2 Rebekah Frankham	Winston Hills	9.46
3 S Dhaliwal	Quakers Hill	8.63	3 Lauren Cameron	Winston Hills	9.16
4 D Hayman	Quakers Hill	8.52	4 Sarah Boyle	Hills District	8.97
5 Benjamin Apikotoa	Kings Langley	8	5 Sarah Dalrymple	Winston Hills	8.71
6 Bradley Hamilton	Winston Hills	6.74	6 Holly Clarkin	Winston Hills	6.65
			7 R Vogt	Quakers Hill	6.25

U/12 Discus

1 Jordan Ruwhiu	Winston Hills	32.77	1 Sarah Dalrymple	Winston Hills	24.92
2 D Hayman	Quakers Hill	30.58	2 Lauren Cameron	Winston Hills	22.84
3 Luke Herzog	Hills District	25.07	3 Ashlee Clews	Winston Hills	22.45
4 Mitchell Cooper	Hills District	24.16	4 Rebekah Frankham	Winston Hills	22.04
5 Mark Bishop	Kings Langley	23.32	5 Alison Brough	Hills District	21.26
6 Kerris Menzies	Hills District	23.32	6 Holly Clarkin	Winston Hills	19.7
7 Benjamin Apikotoa	Kings Langley	23.01	7 Carmen Blanck	Kings Langley	14.72

8 S Dhaliwal	Quakers Hill	20.67	8 Gabriella Martyn	Winston Hills	12.76
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U/13 100M Run

1 Sean crosdale	Kings Langley	13	1 Phoebe Rom	Winston Hills	13.75
2 Adam Luzi	Winston Hills	13.21	2 Lauren Nicola	Winston Hills	14.14
3 Nicholas Schmid	Hills District	14.12	3 Rachel Aplitt	Winston Hills	14.28
4 Adam Nagle	Hawkesbury City	14.19	4 Sarah Weaver	Hills District	14.46
5 Kristopher Stockbridge	Hawkesbury City	15.1	5 Alannah Frankham	Winston Hills	14.6
6 Swithun Tegjeu	Winston Hills	15.14	6 Madison Johnstone	Winston Hills	14.77
7 Daniel Walsh	Winston Hills	16.43	7 Shalini Haines	Winston Hills	14.89
			8 Jennifer Burge	Hills District	14.96

U/13 200M Run

1 Sean crosdale	Kings Langley	27.53	1 Phoebe Rom	Winston Hills	27.6
2 Adam Nagle	Hawkesbury City	29.82	2 Andrea Zaja	Hills District	28.24
3 Nicholas Schmid	Hills District	30.6	3 Natalie Tereba	Hills District	29.07
4 Kristopher Stockbridge	Hawkesbury City	31.84	4 Lauren Nicola	Winston Hills	29.33
5 Mitchell Dobson	Hawkesbury City	33.2	5 Rachel Aplitt	Winston Hills	29.34
			6 Jennifer Burge	Hills District	30.64
			7 Zoe Wanschers	Winston Hills	31.06

U/13 400M Run

1 Blake Simpson	Winston Hills	1-08.02	1 Phoebe Rom	Winston Hills	1-02.04
2 David Atkins	Winston Hills	1-09.46	2 Brittany Melrose	Winston Hills	1-04.69
3 Justin Ferraro	Hills District	1-11.71	3 Andrea Zaja	Hills District	1-06.17
4 Mitchell Dobson	Hawkesbury City	1-15.17	4 Zoe Wanschers	Winston Hills	1-12.38
5 Shawn Dronfield	Hills District	1-19.05	5 Sarah Weaver	Hills District	1-13.93
6 Kristopher Stockbridge	Hawkesbury City	1-20.34	6 Zara Doering	Hawkesbury City	1-22.56

U/13 800M Run

1 Adam Nagle	Hawkesbury City	2-37.34	1 Brittany Melrose	Winston Hills	2-32.20
2 Michael Ichael Walsh	Hills District	2-52.34	2 Katy Tomasums	Hills District	2-37.74
3 Tim Brewster	Winston Hills	3-04.57	3 Alyse Wigley	Hills District	2-48.93
			4 Lauren Gonzalez	Hills District	3-07.03
			5 Zara Doering	Hawkesbury City	3-08.54

U/13 1500M Run

1 Michael Ichael Walsh	Hills District	5-46.07	1 Alyse Wigley	Hills District	5-47.04
			2 Melissa Hayes	Kings Langley	6-04.48
			3 Erika Hendley	Kings Langley	6-37.16
			4 Zara Doering	Hawkesbury City	6-52.85

U/13 3000M Run

1 Blake Simpson	Winston Hills	13-06.80	1 Melissa Hayes	Kings Langley	13-12.20
2 Tim Brewster	Winston Hills	14-12.50			

U/13 1500M Walk

1 Joshua Tuohy	Hills District	9-27.10	1 Brittany Melrose	Winston Hills	8-01.40
2 Steven Kurb	Winston Hills	9-39.60	2 Melissa Hayes	Kings Langley	8-57.10
3 Mitchell Dobson	Hawkesbury City	10-41.30	3 Kristen Watson	Hills District	9-57.50
4 Lachlan O'flynn	Winston Hills	11-01.30	4 Alyse Wigley	Hills District	10-02.90
			5 Alannah Frankham	Winston Hills	10-07.50
			6 Zara Doering	Hawkesbury City	10-57.50

U/13 80M Hurdles

1 Nicholas Schmid	Hills District	15.43	1 Jennifer Burge	Hills District	14.88
2 David Atkins	Winston Hills	15.44	2 Madison Johnstone	Winston Hills	15.14
3 Daniel Walsh	Winston Hills	17.49	3 Alannah Frankham	Winston Hills	16.04
			4 Nicole Franks	Hills District	17.19
			5 Melis Eminov	Hills District	17.91
			6 Natalie Leibeck	Kings Langley	18.14
			7 Emma MacIntosh	Hills District	20.57

U/13 200M Hurdles

1 Nicholas Schmid	Hills District	35.56	1 Phoebe Rom	Winston Hills	32.54
2 Swithun Tegjeu	Winston Hills	37.41	2 Jennifer Burge	Hills District	32.64
3 Nevo Rom	Winston Hills	38.92	3 Natalie Tereba	Hills District	33.85
			4 Madison Johnstone	Winston Hills	34.94

U/13 Long Jump

1 Sean crosdale	Kings Langley	4.88	1 Shalini Haines	Winston Hills	4.27
2 Adam Nagle	Hawkesbury City	4.5	2 Andrea Zaja	Hills District	4.23
3 Daniel Walsh	Winston Hills	3.91	3 Jessica Dowle	Winston Hills	4.07
			4 Zoe Wanschers	Winston Hills	3.92
			5 H Miles	Quakers Hill	3.63
			6 Natalie Leibeck	Kings Langley	3.6
			7 Nicole Franks	Hills District	3.57
			8 Jessica Cameron	Winston Hills	3.5

U/13 High Jump

1 David Atkins	Winston Hills	1.32	1 Kate Dossaer	Hawkesbury City	1.36
2 Michael□Ichael Walsh	Hills District	1.28	2 Zoe Wanschers	Winston Hills	1.33
3 Joshua Tuohy	Hills District	1.24	3 Rachel Aplitt	Winston Hills	1.25
Gerard Hord	Winston Hills	1.24	Jessica Dowle	Winston Hills	1.25
5 Steven Kurp	Winston Hills	1.24	5 H Miles	Quakers Hill	1.25
6 Shawn Dronfield	Hills District	1.2			

U/13 Triple Jump

1 Michael□Ichael Walsh	Hills District	9.25	1 Natalie Tereba	Hills District	9.2
2 Daniel Walsh	Winston Hills	8.78	2 Jessica Dowle	Winston Hills	8.78
3 Joshua Tuohy	Hills District	8.73	3 Shalini Haines	Winston Hills	8.54
4 Swithun Tegjeu	Winston Hills	8.7	4 Madison Johnstone	Winston Hills	8.14
5 Justin Ferraro	Hills District	8.64	5 Sarah Weaver	Hills District	8.07
6 Tim Brewster	Winston Hills	7.93	6 Megan Shirvington	Hills District	7.89
7 Kieran Walsh	Winston Hills	7.54	7 Nicole Franks	Hills District	7.84
			8 Katherine Grassi	Hills District	7.5

U/13 Shot Put

1 Adam Luzi	Winston Hills	14.57	1 Jessica Cameron	Winston Hills	11.14
2 Gerard Hord	Winston Hills	10.77	2 Bridgette Gemmell	Hawkesbury City	9.55
3 Nevo Rom	Winston Hills	9.38	3 Mellisa Kane	Hills District	8.98
4 Shawn Dronfield	Hills District	6.81	4 Rachel Aplitt	Winston Hills	8.46
5 Kieran Walsh	Winston Hills	6.09	5 Imogen Seymour	Winston Hills	7.65
			6 Jodie Davis	Hills District	6.55
			7 Erika Hendley	Kings Langley	6.44
			8 Carly Knott	Winston Hills	6.08

U/13 Discus

1 Adam Luzi	Winston Hills	41.93	1 Jessica Cameron	Winston Hills	37.24
2 Gerard Hord	Winston Hills	29.26	2 Bridgette Gemmell	Hawkesbury City	27.7
3 Nevo Rom	Winston Hills	22.98	3 Monique Welch	Winston Hills	27.62
4 Joshua Tuohy	Hills District	20.43	4 Natalie Tereba	Hills District	25.27
5 Kieran Walsh	Winston Hills	16.39	5 Caitlin Scott	Hawkesbury City	23.59
			6 Imogen Seymour	Winston Hills	22.21
			7 Mellisa Kane	Hills District	22.16
			8 Alannah Frankham	Winston Hills	21.34

U/13 Javelin

1 Adam Luzi	Winston Hills	39.67	1 Jessica Cameron	Winston Hills	31.49
2 Blake Simpson	Winston Hills	26.64	2 Monique Welch	Winston Hills	21.87
3 Gerard Hord	Winston Hills	25.49	3 Mellisa Kane	Hills District	18.29
4 Nevo Rom	Winston Hills	20.42	4 Bridgette Gemmell	Hawkesbury City	15.94
5 Shawn Dronfield	Hills District	17.69	5 Caitlin Scott	Hawkesbury City	14.64
6 Kieran Walsh	Winston Hills	17.21	6 Jodie Davis	Hills District	10.72
7 Mitchell Dobson	Hawkesbury City	14.95	7 Lauren Gonzalez	Hills District	10.07
			8 Megan Shirvington	Hills District	10.02

U/14 100M Run

1 J Rumble	Quakers Hill	12.47	1 Cara Berry	Winston Hills	13.07
2 Bradley Hoy	Hills District	12.8	2 Janine Hampson	Hills District	13.5
3 Chris Burns	Hawkesbury City	12.81	3 Courtney Stedman	Hawkesbury City	14.12
			4 Charisse Dulay	Winston Hills	20.28

U/14 200M Run

1 Bradley Hoy	Hills District	26.69	1 Cara Berry	Winston Hills	27.22
2 Chris Burns	Hawkesbury City	27.09	2 Janine Hampson	Hills District	29.09
3 David Blackburn	Winston Hills	29.04	3 Lauren Johnston	Hills District	29.29
			4 Courtney Stedman	Hawkesbury City	30.26
			5 E Connell	Quakers Hill	32.9
			6 Jessica Cobb	Winston Hills	33.7
			7 Charisse Dulay	Winston Hills	34.64

U/14 400M Run

1 Andrew Ellis	Hills District	1-03.49	1 Lauren Johnston	Hills District	1-03.84
2 David Blackburn	Winston Hills	1-04.57	2 Jacquelyn Dalbon	Hills District	1-06.87
3 Matthew Modini	Winston Hills	1-05.88	3 Sasha Serrao	Winston Hills	1-17.18
4 Joshua Powell	Hawkesbury City	1-09.34	4 Alex Manz	Winston Hills	1-18.66
			5 Charisse Dulay	Winston Hills	1-21.03
			6 Jessica Bisazza	Winston Hills	1-25.69

U/14 800M Run

1 J Rumble	Quakers Hill	2-20.76	1 Lauren Wheeler	Hills District	2-39.62
2 Andrew Ellis	Hills District	2-22.76	2 Jacquelyn Dalbon	Hills District	2-52.62
3 Matthew Modini	Winston Hills	2-27.04	3 Rebecca Lane	Kings Langley	2-55.02
4 Baden Claassens	Hawkesbury City	2-41.70	4 Alex Manz	Winston Hills	3-04.93
			5 Jessica Cobb	Winston Hills	3-14.17
			6 Jessica Bisazza	Winston Hills	3-14.38

U/14 1500M Run

1 Andrew Ellis	Hills District	4-54.32	1 Lauren Wheeler	Hills District	6-02.07
2 Matthew Modini	Winston Hills	5-14.87	2 Jessica Bisazza	Winston Hills	6-46.29
3 Baden Claassens	Hawkesbury City	5-28.78	3 Laura Fletcher	Hawkesbury City	7-05.74

U/14 3000M Run

1 Andrew Ellis	Hills District	10-11.90	1 Malissa Smith	Hawkesbury City	17-33.40
2 Matthew Modini	Winston Hills	11-01.60	Laura Fletcher	Hawkesbury City	17-33.40
3 Baden Claassens	Hawkesbury City	12-10.20			

U/14 1500M Walk

1 Jessica Cobb	Winston Hills	9-37.00
2 Jacquelyn Dalbon	Hills District	10-03.60
3 Kristen Hopwood	Hills District	10-03.80

U/14 90M Hurdles

1 Chris Burns	Hawkesbury City	13.84	1 Cara Berry	Winston Hills	13.18
2 Joshua Powell	Hawkesbury City	18.6	2 Laura Denning	Hills District	13.37

U/14 200M Hurdles

1 Laura Denning	Hills District	30.67
2 Lauren Wheeler	Hills District	32.89
3 Zoe Clarkin	Winston Hills	37.51
4 Jessica Cobb	Winston Hills	38.81
5 Melissa Rochfort	Winston Hills	40.42

U/14 Long Jump

1 J Rumble	Quakers Hill	5.5	1 Cara Berry	Winston Hills	4.91
2 Cameron Menzies	Hills District	5.05	Janine Hampson	Hills District	4.91
			3 Lara Huston	Winston Hills	4.82
			4 Courtney Stedman	Hawkesbury City	4.21
			5 Zoe Clarkin	Winston Hills	4.17
			6 Katherine Little	Hills District	3.74
			7 Ellen Nicholls	Hawkesbury City	3.58

U/14 High Jump

1 Ryan Webster	Winston Hills	1.69	1 Lauren Johnston	Hills District	1.39
2 Bradley Hoy	Hills District	1.57	2 Melissa Rochfort	Winston Hills	1.35
3 Chris Burns	Hawkesbury City	1.57	3 Crystal Claridge	Winston Hills	1.35
4 Cameron Menzies	Hills District	1.5	4 Monika Spudic	Hills District	1.33
			5 Zoe Clarkin	Winston Hills	1.31
			6 Rebecca Lane	Kings Langley	1.27

U/14 Triple Jump

1 Ryan Webster	Winston Hills	10.79	1 Lara Huston	Winston Hills	10.26
2 Bradley Hoy	Hills District	10.45	2 Janine Hampson	Hills District	9.38
3 Cameron Menzies	Hills District	9.79	3 Rebecca Lane	Kings Langley	9.06
4 Luke Maddalena	Hills District	8.55	4 Zoe Clarkin	Winston Hills	8.98
			5 Kristen Hopwood	Hills District	8.32
			6 Melissa Rochfort	Winston Hills	8.27
			7 Lauren Wheeler	Hills District	8.04
			8 Crystal Claridge	Winston Hills	7.95

U/14 Shot Put

1 Ryan Webster	Winston Hills	10.34	1 Rhiannon Sengul	Winston Hills	9.49
2 Joshua Powell	Hawkesbury City	9.41	2 Sasha Serrao	Winston Hills	8
3 Luke Maddalena	Hills District	7.74	3 Melanie Knott	Winston Hills	7.93
			4 Rachael Bennett	Winston Hills	7.55
			5 Erin-Marie Bruce	Winston Hills	6.52

U/14 Discus

1 Luke Maddalena	Hills District	31.08	1 Lara Huston	Winston Hills	26.65
2 Joshua Powell	Hawkesbury City	22.87	2 Rhiannon Sengul	Winston Hills	26.26
			3 Melanie Knott	Winston Hills	24.47
			4 Melissa Rochfort	Winston Hills	23.61
			5 E Connell	Quakers Hill	22.5
			6 Sasha Serrao	Winston Hills	21.59
			7 Crystal Claridge	Winston Hills	18.41
			8 Erin-Marie Bruce	Winston Hills	16.84

U/14 Javelin

1 Ryan Webster	Winston Hills	40.63	1 Lara Huston	Winston Hills	32.17
2 Cameron Menzies	Hills District	30.73	2 Rhiannon Sengul	Winston Hills	31
3 Luke Maddalena	Hills District	26.22	3 Jessica Bowman	Winston Hills	22.84
			4 Rachael Bennett	Winston Hills	21.92
			5 Sasha Serrao	Winston Hills	20.3
			6 Kristen Hopwood	Hills District	19.85
			7 Melanie Knott	Winston Hills	19.04
			8 Laura Denning	Hills District	17.29

U/15 100M Run

1 Leo Dulay	Winston Hills	12.04	1 Candice Davis	Hills District	13.75
2 Daniel Marshall	Hills District	12.17	2 Lauren Shirvington	Hills District	13.99
3 Ravi Jayanetti	Winston Hills	12.55	3 Courtney Chircop	Winston Hills	14.86
4 James Milojevic	Hills District	13.52	4 E Nguyen	Quakers Hill	14.96

U/15 200M Run

1 Daniel Marshall	Hills District	25.13	1 Filomena Tassone	Hills District	28.16
2 Ravi Jayanetti	Winston Hills	26.26	2 Courtney Vince	Winston Hills	28.65
			3 Lauren Shirvington	Hills District	29.51
			4 Candice Davis	Hills District	29.6
			5 Lyndall Hord	Winston Hills	30.3
			6 Courtney Chircop	Winston Hills	31.52
			7 Nicole Schaerer	Winston Hills	31.72

U/15 400M Run

1 David Wylie	Winston Hills	58.39	1 Filomena Tassone	Hills District	1-04.41
2 Ravi Jayanetti	Winston Hills	1-00.13	2 Penny Skeen	Hills District	1-06.96
3 Christopher Jackson	Hills District	1-07.54	3 N Xuereb	Riverstone	1-09.76

U/15 800M Run

1 Martin Trescott	Winston Hills	2-38.54	1 N Xuereb	Riverstone	2-40.48
2 James Milojevic	Hills District	2-45.88	2 Penny Skeen	Hills District	2-40.83
3 Scott Johnstone	Winston Hills	2-47.88	3 Jessica Brewster	Winston Hills	2-41.24
			4 Chantelle Martyn	Winston Hills	3-14.65

U/15 1500M Run

1 Martin Trescott	Winston Hills	5-31.98	1 Jessica Brewster	Winston Hills	5-49.95
			2 N Xuereb	Riverstone	6-07.00
			3 Chantelle Martyn	Winston Hills	6-58.44

U/15 3000M Run

1 Jessica Brewster	Winston Hills	12-59.40
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U/15 1500M Walk

1 Scott Johnstone	Winston Hills	9-53.00	1 Amy Sultana	Hills District	10-49.30
2 Matthew Simpson	Winston Hills	12-36.10	2 Kathryn Brauer	Hills District	11-20.70

U/15 100M Hurdles

1 Leo Dulay	Winston Hills	14.65	1 Nicole Schaerer	Winston Hills	19.61
			2 E Nguyen	Quakers Hill	19.75

U/15 200M Hurdles

1 Leo Dulay	Winston Hills	27.57	1 Courtney Vince	Winston Hills	32.3
2 Christopher Jackson	Hills District	32.3	2 Lauren Shirvington	Hills District	34.36
3 James Milojevic	Hills District	32.82			

U/15 Long Jump

1 Daniel Marshall	Hills District	5.92	1 Courtney Vince	Winston Hills	4.65
2 Ravi Jayanetti	Winston Hills	5.86	2 Filomena Tassone	Hills District	4.45
3 Leo Dulay	Winston Hills	5.67	3 Courtney Chircop	Winston Hills	4.36
4 James Milojevic	Hills District	3.9	4 Candice Davis	Hills District	4.12
			5 Lyndall Hord	Winston Hills	3.88
			6 E Nguyen	Quakers Hill	3.7

U/15 High Jump

1 Christopher Chester	Winston Hills	1.48	1 Penny Skeen	Hills District	1.46
2 Christopher Jackson	Hills District	1.46	2 Courtney Chircop	Winston Hills	1.4

U/15 Triple Jump

1 Christopher Jackson	Hills District	10.42	1 Courtney Vince	Winston Hills	9.64
2 Christopher Chester	Winston Hills	9.68	2 Filomena Tassone	Hills District	9.15
3 Scott Johnstone	Winston Hills	9.17	3 Jessica Brewster	Winston Hills	8.9

U/15 Discus

1 Craig Hurdis	Hawkesbury City	25.26	1 Amanda Levick	Kings Langley	28.24
			2 Lyndall Hord	Winston Hills	23.8
			3 Nicole Schaerer	Winston Hills	18.06

U/15 Shot Put

1 Amanda Levick	Kings Langley	11.08
2 Candice Davis	Hills District	7.13
3 Nicole Schaerer	Winston Hills	5.85

U/15 Javelin

1 Daniel Marshall	Hills District	37	1 Amanda Levick	Kings Langley	24.68
			2 Lyndall Hord	Winston Hills	20.6
			3 Penny Skeen	Hills District	20.14

Junior 4 x 100 Relay

1 Hd Hd	Hills District	59.35	1 Hd Hd	Hills District	1-01.07
2 Wh Wh	Winston Hills	1-02.79	2 Kl Kl	Kings Langley	1-03.94
3 Kl Kl	Kings Langley	1-03.49			
4 Qh Qh	Quakers Hill	1-03.96			

Senior 4 x 100 Relay

1 Wh Wh	Winston Hills	51.25	1 Hd Hd	Hills District	53.62
2 Hd Hd	Hills District	52.49	2 Wh Wh	Winston Hills	53.66
			3 Qh Qh	Quakers Hill	54.66
			4 Kl Kl	Kings Langley	55.66