

2019 ZONE TRACK & FIELD CHAMPIONSHIPS
OFFICIAL RELEASE Ver 6 - 29/11/2019 to 1/12/2019
Nepean Blair Oval
Results

Girls U 7 - 50 Metre Sprint

Zone: Z 8.65 2007 B SALAWU, PENRITH VALLEY			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Cassidy Kelly		Penrith	9.61Q
2 Malia Odhiambo		Emu Plains	10.09Q
3 Harper Egglestone		Emu Plains	10.28Q
4 Isabelle Plunkett		Penrith	10.63q
5 Kaitlyn Downes		Nepean	11.25q
6 Hannah Garrard		Jamison	11.74
Heat 2 Heats			
1 Emmerson Andrews		Emu Plains	10.46Q
2 Marguerite Toohey		Emu Plains	10.53Q
3 Lyla Callaghan		Emu Plains	10.84Q
4 Harveen Sarai		Nepean	11.80
5 Skye Lawn		Nepean	11.84
6 Aaliya Vhandari		Nepean	13.91

Girls U 7 - 50 Metre Sprint

Zone: Z 8.65 2007 B SALAWU, PENRITH VALLEY			
Name	Age	Centre	Final
Section 1 Final			
1 Cassidy Kelly		Penrith	9.77
2 Harper Egglestone		Emu Plains	10.19
3 Malia Odhiambo		Emu Plains	10.21
4 Emmerson Andrews		Emu Plains	10.39
5 Isabelle Plunkett		Penrith	10.63
6 Kaitlyn Downes		Nepean	10.90
7 Marguerite Toohey		Emu Plains	10.97
8 Lyla Callaghan		Emu Plains	11.02

Girls U 7 - 70 Metre Sprint

Zone: Z 11.84 2015 A STAPLETON, JAMISON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Cassidy Kelly		Penrith	12.92Q
2 Briar Auvaa		Werrington	13.16Q
3 Madison Herrero		Werrington	13.28Q
4 Harper Egglestone		Emu Plains	14.17q
5 Gracie-Mae Romelo		Penrith	14.54q
6 Chloe Campbell		Jamison	14.73
7 Lyla Callaghan		Emu Plains	14.95
Heat 2 Heats			
1 Matilda Watts		Colyton St Clair	13.75Q
2 Malia Odhiambo		Emu Plains	13.77Q
3 Jenna Haydon		Emu Plains	13.91Q
4 Indi Roden		Emu Plains	14.73
5 Stella McDiamid-Great		Nepean	14.82
6 Natalie McGilvray		Werrington	17.35

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Girls U 7 - 70 Metre Sprint

Zone: Z 11.84 2015 A STAPLETON, JAMISON			
Name	Age	Centre	Final
Section 1 Final			
1 Cassidy Kelly		Penrith	12.97
2 Briar Auvaa		Werrington	13.10
3 Matilda Watts		Colyton St Clair	13.67
4 Madison Herrero		Werrington	13.72
5 Malia Odhiambo		Emu Plains	13.85
6 Harper Egglestone		Emu Plains	14.04
7 Jenna Haydon		Emu Plains	14.24

Girls U 8 - 70 Metre Sprint

Zone: Z 11.35 1986 S WISEMAN, NEPEAN			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Chelsea Wright		Werrington	12.00Q
2 Milly Burnet		Jamison	12.66Q
3 Charlotte Green		Emu Plains	12.84Q
4 Taylah Pagnamenta		Penrith	12.99q
5 Havana Pagnamenta		Penrith	13.53q
6 Bailey Smith		Jamison	13.70
7 Mylee Wales		Emu Plains	13.73
Heat 2 Heats			
1 Summer Stansfield		Emu Plains	12.80Q
2 Marlana Tualau		Werrington	13.08Q
3 Amelia Beazley		Jamison	14.05Q
4 Summer Clarke		Emu Plains	14.33
5 Harper Russell		Penrith	16.46

Girls U 8 - 70 Metre Sprint

Zone: Z 11.35 1986 S WISEMAN, NEPEAN			
Name	Age	Centre	Final
Section 1 Final			
1 Chelsea Wright		Werrington	12.05
2 Summer Stansfield		Emu Plains	12.65
3 Milly Burnet		Jamison	12.71
4 Taylah Pagnamenta		Penrith	13.01
5 Charlotte Green		Emu Plains	13.02
6 Marlana Tualau		Werrington	13.19
7 Amelia Beazley		Jamison	13.72
8 Havana Pagnamenta		Penrith	13.86

Girls U 9 - 70 Metre Sprint

Zone: Z 10.65 2004 T FORNO, COLYTON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Mia-Rose Jones		Cranebrook	11.73Q
2 Tayla Karele		Jamison	12.36Q
3 Effy Bachtis		Emu Plains	12.66Q
4 Skyla Richardson		Emu Plains	12.69q
5 Ava ilijeski		Emu Plains	12.92q

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....Girls U 9 - 70 Metre Sprint

6 Amelia Salih	Colyton St Clair	13.41q
7 Anna Coburn	Emu Plains	13.79q

Girls U 9 - 70 Metre Sprint

=====
 Zone: Z 10.65 2004 T FORNO, COLYTON
 Name Age Centre Final
 =====

Section 1 Final

1 Tayla Karele	Jamison	12.36
2 Effy Bachtis	Emu Plains	12.66
3 Skyla Richardson	Emu Plains	12.69
4 Ava ilijeski	Emu Plains	12.92
5 Amelia Salih	Colyton St Clair	13.41
6 Anna Coburn	Emu Plains	13.79

Girls U 10 - 70 Metre Sprint

=====
 Zone: Z 10.65 1997 H MAHER, COLYTON
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Lilly Brown	Emu Plains	10.89Q
2 Sienna Karele	Jamison	11.19Q
3 Ally-May Jones	Cranebrook	11.27Q
4 Maddison Smith	Jamison	11.44q
5 Alexis South	Colyton St Clair	11.65q
6 Torah Smythe	Emu Plains	12.06q
7 Madilyn Lewtschenko	Werrington	13.16q
8 Annalise Pedersen	Nepean	14.57q

Girls U 10 - 70 Metre Sprint

=====
 Zone: Z 10.65 1997 H MAHER, COLYTON
 Name Age Centre Final
 =====

Section 1 Final

1 Lilly Brown	Emu Plains	10.89
2 Sienna Karele	Jamison	11.19
3 Ally-May Jones	Cranebrook	11.27
4 Maddison Smith	Jamison	11.44
5 Alexis South	Colyton St Clair	11.65
6 Torah Smythe	Emu Plains	12.06
7 Madilyn Lewtschenko	Werrington	13.16
8 Annalise Pedersen	Nepean	14.57

Girls U 7 - 100 Metre Sprint

=====
 Zone: Z 16.94 2015 A STAPLETON, JAMISON
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Giselle Stopins	Colyton St Clair	19.44Q
2 Madison Herrero	Werrington	20.11Q
3 Malia Odhiambo	Emu Plains	20.25Q
4 Marguerite Toohey	Emu Plains	21.94q
5 Lisia Kaufononga	Nepean	25.70

Heat 2 Heats

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1 Cassidy Kelly	Penrith	19.06Q
2 Briar Auvaa	Werrington	19.35Q
3 Matilda Watts	Colyton St Clair	20.54Q
4 Lyla Callaghan	Emu Plains	22.23q
5 Kaitlyn Downes	Nepean	22.74
6 Natalie McGilvray	Werrington	25.82

Girls U 7 - 100 Metre Sprint

=====			
Zone: Z 16.94		2015	A STAPLETON, JAMISON
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Cassidy Kelly		Penrith	18.34
2 Briar Auvaa		Werrington	19.02
3 Giselle Stopins		Colyton St Clair	19.14
4 Madison Herrero		Werrington	19.71
5 Matilda Watts		Colyton St Clair	19.93
6 Malia Odhiambo		Emu Plains	19.98

Girls U 8 - 100 Metre Sprint

=====			
Zone: Z 16.25		1996	B SMITH, JAMISON
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Havana Pagnamenta		Penrith	18.68Q
2 Charlotte Green		Emu Plains	18.70Q
3 Talia Vecchio		Colyton St Clair	19.55Q
4 Olivia Darwen		Jamison	20.13Q
5 Summer Clarke		Emu Plains	21.31Q

Girls U 8 - 100 Metre Sprint

=====			
Zone: Z 16.25		1996	B SMITH, JAMISON
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Havana Pagnamenta		Penrith	18.68
2 Charlotte Green		Emu Plains	18.70
3 Talia Vecchio		Colyton St Clair	19.55
4 Olivia Darwen		Jamison	20.13
5 Summer Clarke		Emu Plains	21.30

Girls U 9 - 100 Metre Sprint

=====			
Zone: Z 14.75		1985	B PIENING, NEPEAN
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Mia-Rose Jones		Cranebrook	16.38Q
2 Phoebe Morris		Werrington	16.58Q
3 Skyla Richardson		Emu Plains	18.24q
4 Ava ilijeski		Emu Plains	18.61
5 Amelia Salih		Colyton St Clair	19.03
Heat 2 Heats			
1 Isabella Johnston		Penrith	17.26Q
2 Tayla Karele		Jamison	17.79Q

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3	Effy Bachtis	Emu Plains	18.15q
4	Makayla Richardson	Werrington	19.02
5	Zina Igbojiaku	Werrington	19.24
Heat 3 Heats			
1	Sarah Galea	Cranebrook	18.48Q
2	Maddison Fretton-Lee	Emu Plains	20.36Q
3	Gisele Woods	Emu Plains	20.60
4	Mariah Vehikite	Nepean	26.82

Girls U 9 - 100 Metre Sprint

Zone: Z 14.75 1985 B PIENING, NEPEAN

Name	Age	Centre	Final
Section 1 Final			
1	Mia-Rose Jones	Cranebrook	16.31
2	Phoebe Morris	Werrington	16.85
3	Isabella Johnston	Penrith	17.19
4	Skyla Richardson	Emu Plains	17.77
5	Tayla Karele	Jamison	18.07
6	Sarah Galea	Cranebrook	18.17
7	Effy Bachtis	Emu Plains	18.32
8	Maddison Fretton-Lee	Emu Plains	20.54

Girls U 10 - 100 Metre Sprint

Zone: Z 14.25 1986 B PIENING, NEPEAN

Name	Age	Centre	Heats
Heat 1 Heats			
1	Lilly Brown	Emu Plains	16.01Q
2	Aaliyah Vehikite	Nepean	16.20Q
3	Ally-May Jones	Cranebrook	16.71Q
4	Maddison Mahe	Werrington	16.84q
5	Alexis South	Colyton St Clair	17.58q
6	Taylor Butler	Jamison	18.73
7	Julieann Cullan	Werrington	19.79
Heat 2 Heats			
1	Sienna Karele	Jamison	16.74Q
2	Maddison Smith	Jamison	17.03Q
3	Ruby Montgomery	Nepean	17.54Q
4	Ella Affleck	Cranebrook	17.83
5	Torah Smythe	Emu Plains	17.94
6	Ruby McPhillips	Jamison	18.73
7	Annalise Pedersen	Nepean	21.04

Girls U 10 - 100 Metre Sprint

Zone: Z 14.25 1986 B PIENING, NEPEAN

Name	Age	Centre	Final
Section 1 Final			
1	Lilly Brown	Emu Plains	15.60
2	Aaliyah Vehikite	Nepean	15.80
3	Maddison Mahe	Werrington	16.12
4	Ally-May Jones	Cranebrook	16.52
5	Sienna Karele	Jamison	16.77
6	Alexis South	Colyton St Clair	17.11

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....Girls U 10 - 100 Metre Sprint

7 Maddison Smith	Jamison	17.42
8 Ruby Montgomery	Nepean	17.43

Girls U 11 - 100 Metre Sprint

=====
 Zone: Z 13.97 8/12/2018 Virginia Cole, Emu Plains
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Violet Langley	Emu Plains	15.71Q
2 Addisyn Ives	Emu Plains	15.81Q
3 Ella Williams	Werrington	16.47q
4 Nikitah Jones	Cranebrook	17.08q
5 Emily Cox	Colyton St Clair	17.13
6 Madison Brown	Cranebrook	21.38

Heat 2 Heats

1 Charlotte Bradshaw	Penrith	15.33Q
2 Madison Corner	Werrington	18.35Q
3 Emily McGilvray	Werrington	22.88

Heat 3 Heats

1 Chantai Ward	Jamison	15.83Q
2 Tahlia ilijeski	Emu Plains	16.18Q
3 Emily Pedersen	Nepean	17.66
4 Amelia Griggs	Cranebrook	19.74

Girls U 11 - 100 Metre Sprint

=====
 Zone: Z 13.97 8/12/2018 Virginia Cole, Emu Plains
 Name Age Centre Final
 =====

Section 1 Final

1 Charlotte Bradshaw	Penrith	14.88
2 Violet Langley	Emu Plains	15.52
3 Chantai Ward	Jamison	15.54
4 Ella Williams	Werrington	15.65
5 Addisyn Ives	Emu Plains	15.76
6 Tahlia ilijeski	Emu Plains	16.02
7 Madison Corner	Werrington	17.34
8 Nikitah Jones	Cranebrook	17.51

Girls U 12 - 100 Metre Sprint

=====
 Zone: Z 13.35 2007 C HEEPS, JAMISON
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Abby Macallister	Werrington	15.06Q
2 Mariah Chrisostomos	Emu Plains	15.17Q
3 Aaliyah Bavadra	Penrith	15.51Q
4 Rachel Turner	Emu Plains	16.16
5 Kristin Codjoe	Colyton St Clair	16.33
6 Krystal Burrows	Penrith	17.54

Heat 2 Heats

1 Adriana Borg	Colyton St Clair	14.16Q
2 Brooklyn Gilchrist	Penrith	14.21Q
2 Virginia Cole	Emu Plains	14.21Q
4 Ainsley Giampietro	Emu Plains	14.81q
5 Sophia Lees	Colyton St Clair	15.40q

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....Girls U 12 - 100 Metre Sprint

6 Paige Warby	Cranebrook	15.88
7 Michayla Espie	Penrith	19.51

Girls U 12 - 100 Metre Sprint

Name	Age	Centre	Final
Zone: Z 13.35 2007 C HEEPS, JAMISON			
Section 1 Final			
1 Virginia Cole		Emu Plains	13.91
2 Brooklyn Gilchrist		Penrith	14.20
3 Adriana Borg		Colyton St Clair	14.22
4 Abby Macallister		Werrington	14.93
5 Ainsley Giampietro		Emu Plains	15.09
6 Sophia Lees		Colyton St Clair	15.15
7 Mariah Chrisostomos		Emu Plains	15.27
8 Aaliyah Bavadra		Penrith	15.60

Girls U 13 - 100 Metre Sprint

Name	Age	Centre	Heats
Zone: Z 13.08 2017 Ella Sweeney, Emu Plains			
Heat 1 Heats			
1 Nekea Talaia		Emu Plains	13.71Q
2 Jade Robinson		Penrith	14.34Q
3 Famke Cullan		Werrington	14.54Q
4 Alyssa Ballard		Penrith	15.17q
5 Sophie McPherson		Penrith	16.79
Heat 2 Heats			
1 Bryanna Pettinato		Emu Plains	13.24Q
2 Tyler-Eve Mair		Emu Plains	13.66Q
3 Anthea Karavas		Cranebrook	14.23Q
4 Brooke Butler		Jamison	14.63q
5 Chloe Watson		Penrith	16.34
6 Abbey Bektas		Nepean	16.65

Girls U 13 - 100 Metre Sprint

Name	Age	Centre	Final
Zone: Z 13.08 2017 Ella Sweeney, Emu Plains			
Section 1 Final			
1 Bryanna Pettinato		Emu Plains	13.35
2 Tyler-Eve Mair		Emu Plains	13.43
3 Nekea Talaia		Emu Plains	13.74
4 Anthea Karavas		Cranebrook	14.26
5 Brooke Butler		Jamison	14.61
6 Jade Robinson		Penrith	14.64
7 Famke Cullan		Werrington	14.78
8 Alyssa Ballard		Penrith	15.45

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Girls U 14 - 100 Metre Sprint

Zone: Z 12.95 1991 M FENNING, EMU PLAINS			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Lindsay Smeekens		Colyton St Clair	14.21Q
2 Abby Hile		Colyton St Clair	14.71Q
3 Karisa Atkins		Werrington	15.35q
4 Madison Plunkett		Penrith	15.79q
5 Amber Justice		Penrith	15.85q

Girls U 14 - 100 Metre Sprint

Zone: Z 12.95 1991 M FENNING, EMU PLAINS			
Name	Age	Centre	Final
Section 1 Final			
1 Lindsay Smeekens		Colyton St Clair	14.21
2 Abby Hile		Colyton St Clair	14.71
3 Karisa Atkins		Werrington	15.35
4 Madison Plunkett		Penrith	15.79
5 Amber Justice		Penrith	15.85

Girls U 15 - 100 Metre Sprint

Zone: Z 12.84 2017 Claire Meyers, Emu Plains			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Katelyn Kos		Werrington	14.02Q
2 Hayley Kovacs		Nepean	14.50Q
3 Jenna Rose		Colyton St Clair	14.82Q
4 Leah Joseph		Penrith	15.01q
5 Emma Tualau		Werrington	15.19q
6 Abby Affleck		Cranebrook	15.56q
7 Olivia Cromie		Penrith	16.36q
8 Darcy Jarman		Cranebrook	16.63q
9 Taylor Brown		Cranebrook	21.54

Girls U 15 - 100 Metre Sprint

Zone: Z 12.84 2017 Claire Meyers, Emu Plains			
Name	Age	Centre	Final
Section 1 Final			
1 Katelyn Kos		Werrington	14.02
2 Hayley Kovacs		Nepean	14.50
3 Jenna Rose		Colyton St Clair	14.82
4 Leah Joseph		Penrith	15.01
5 Emma Tualau		Werrington	15.19
6 Abby Affleck		Cranebrook	15.56
7 Olivia Cromie		Penrith	16.36
8 Darcy Jarman		Cranebrook	16.63

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Girls U 17 - 100 Metre Sprint

Zone: Z 12.49 2017 Monique Quirk, Emu Plains			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Hunter Rebec		Nepean	14.28Q
2 Abbey Watson		Penrith	14.72Q
3 Sky O'Hare		Nepean	14.74q
4 Caydi McPherson		Penrith	15.15q

Girls U 17 - 100 Metre Sprint

Zone: Z 12.49 2017 Monique Quirk, Emu Plains			
Name	Age	Centre	Final
Section 1 Final			
1 Hunter Rebec		Nepean	14.28
2 Abbey Watson		Penrith	14.72
3 Sky O'Hare		Nepean	14.74
4 Caydi McPherson		Penrith	15.15

Girls U 7 - 200 Metre Sprint

Zone: Z 36.05 1987 E MCGREGOR, COLYTON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Cassidy Kelly		Penrith	40.21q
2 Giselle Stopins		Colyton St Clair	40.26q
3 Briar Auvaa		Werrington	42.39q
4 Chloe Campbell		Jamison	44.22q
5 Jenna Haydon		Emu Plains	45.85q
6 Marguerite Toohey		Emu Plains	48.16q
7 Skye Lawn		Nepean	51.83q

Girls U 7 - 200 Metre Sprint

Zone: Z 36.05 1987 E MCGREGOR, COLYTON			
Name	Age	Centre	Final
Section 1 Final			
1 Cassidy Kelly		Penrith	40.21
2 Giselle Stopins		Colyton St Clair	40.26
3 Briar Auvaa		Werrington	42.39
4 Chloe Campbell		Jamison	44.22
5 Jenna Haydon		Emu Plains	45.85
6 Marguerite Toohey		Emu Plains	48.16
7 Skye Lawn		Nepean	51.83

Girls U 8 - 200 Metre Sprint

Zone: Z 32.45 1984 B PIENING, NEPEAN			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Madison Easterbrook		Emu Plains	37.56Q
2 Milly Burnet		Jamison	39.53Q
3 Charlotte Green		Emu Plains	41.81Q
4 Kelsey Brown		Penrith	44.42Q

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5	Amelia Beazley	Jamison	44.75Q
6	Sophie Griggs	Cranebrook	47.36Q
7	Merkita Jaeger	Cranebrook	47.58Q

Girls U 8 - 200 Metre Sprint

Zone: Z 32.45 1984 B PIENING, NEPEAN			
Name	Age	Centre	Final
Section 1 Final			
1	Madison	Easterbrook	Emu Plains 37.56
2	Milly	Burnet	Jamison 39.53
3	Charlotte	Green	Emu Plains 41.81
4	Kelsey	Brown	Penrith 44.42
5	Amelia	Beazley	Jamison 44.75
6	Sophie	Griggs	Cranebrook 47.36
7	Merkita	Jaeger	Cranebrook 47.58

Girls U 9 - 200 Metre Sprint

Zone: Z 30.95 1985 B PIENING, NEPEAN			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Effy	Bachtis	Emu Plains 37.74Q
2	Aimee	Johannsen	Colyton St Clair 38.87Q
3	Amelia	Salih	Colyton St Clair 41.46Q
4	Akira	Westerby	Nepean 42.89
5	Skye	Kenny	Nepean 47.58
Heat 2 Heats			
1	Mia-Rose	Jones	Cranebrook 34.65Q
2	Isabella	Johnston	Penrith 36.29Q
3	Tayla	Karele	Jamison 37.06Q
4	Sarah	Galea	Cranebrook 37.26q
5	Skyla	Richardson	Emu Plains 37.54q
6	Makayla	Richardson	Werrington 39.54
7	Isabella	Roelofs	Werrington 44.52

Girls U 9 - 200 Metre Sprint

Zone: Z 30.95 1985 B PIENING, NEPEAN			
Name	Age	Centre	Final
Section 1 Final			
1	Mia-Rose	Jones	Cranebrook 35.17
2	Tayla	Karele	Jamison 37.02
3	Isabella	Johnston	Penrith 37.29
4	Sarah	Galea	Cranebrook 38.02
5	Effy	Bachtis	Emu Plains 38.34
6	Skyla	Richardson	Emu Plains 38.68
7	Amelia	Salih	Colyton St Clair 40.28

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Girls U 10 - 200 Metre Sprint

Zone: Z 30.05 1994 N PROUSE, WERRINGTON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Lilly Brown		Emu Plains	33.03Q
2 Aaliyah Vehikite		Nepean	34.71Q
3 Siena Vecchio		Colyton St Clair	37.21Q
4 Angela Lees		Colyton St Clair	39.98q
Heat 2 Heats			
1 Hannah Loxley		Werrington	33.60Q
2 Maddison Mahe		Werrington	34.63Q
3 Ella Affleck		Cranebrook	38.12Q
4 Julieann Cullan		Werrington	43.65q
5 Annalise Pedersen		Nepean	48.39

Girls U 10 - 200 Metre Sprint

Zone: Z 30.05 1994 N PROUSE, WERRINGTON			
Name	Age	Centre	Final
Section 1 Final			
1 Lilly Brown		Emu Plains	32.56
2 Hannah Loxley		Werrington	33.42
3 Aaliyah Vehikite		Nepean	34.18
4 Maddison Mahe		Werrington	34.97
5 Siena Vecchio		Colyton St Clair	37.67
6 Ella Affleck		Cranebrook	38.88
7 Angela Lees		Colyton St Clair	40.08

Girls U 11 - 200 Metre Sprint

Zone: Z 28.55 1990 R MOSSMAN, NEPEAN			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Charlotte Bradshaw		Penrith	31.65Q
2 Addisyn Ives		Emu Plains	34.73Q
3 Mia Brown		Penrith	36.85Q
4 Nikitah Jones		Cranebrook	37.54
5 Emily Pedersen		Nepean	39.77
6 Amelia Griggs		Cranebrook	45.45
Heat 2 Heats			
1 Ella Williams		Werrington	32.40Q
2 Violet Langley		Emu Plains	32.78Q
3 Chantai Ward		Jamison	32.89Q
4 Tahlia ilijeski		Emu Plains	34.01q
5 Jemma Camilleri		Cranebrook	34.22q
6 Emily McGilvray		Werrington	41.03

Girls U 11 - 200 Metre Sprint

Zone: Z 28.55 1990 R MOSSMAN, NEPEAN			
Name	Age	Centre	Final
Section 1 Final			
1 Charlotte Bradshaw		Penrith	31.96
2 Ella Williams		Werrington	34.14
3 Violet Langley		Emu Plains	34.81

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....Girls U 11 - 200 Metre Sprint

4	Addisyn Ives	Emu Plains	35.13
5	Tahlia ilijeski	Emu Plains	35.18
6	Jemma Camilleri	Cranebrook	37.73
7	Mia Brown	Penrith	38.88

Girls U 12 - 200 Metre Sprint

=====			
Zone: Z 27.75		1987	C BENNEY, PENRITH VALLEY
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1	Virginia Cole	Emu Plains	30.09Q
2	Mabel Dukes	Emu Plains	31.24Q
3	Ainsley Giampietro	Emu Plains	31.39Q
4	Sophia Lees	Colyton St Clair	33.77q
5	Rachel Turner	Emu Plains	35.10
6	Kristin Codjoe	Colyton St Clair	37.39
7	Krystal Burrows	Penrith	39.08

Heat 2 Heats

1	Adriana Borg	Colyton St Clair	30.40Q
2	Brooklyn Gilchrist	Penrith	30.92Q
3	Abby Macallister	Werrington	32.51Q
4	Tamika Richardson	Werrington	34.07q
5	Paige Warby	Cranebrook	35.25

Girls U 12 - 200 Metre Sprint

=====			
Zone: Z 27.75		1987	C BENNEY, PENRITH VALLEY
Name	Age	Centre	Final
=====			

Section 1 Final

1	Virginia Cole	Emu Plains	29.47
2	Adriana Borg	Colyton St Clair	29.53
3	Brooklyn Gilchrist	Penrith	29.94
4	Ainsley Giampietro	Emu Plains	30.53
5	Mabel Dukes	Emu Plains	30.63
6	Sophia Lees	Colyton St Clair	31.45
7	Abby Macallister	Werrington	31.48

Girls U 13 - 200 Metre Sprint

=====			
Zone: Z 27.15		1991	R MOSSMAN, NEPEAN
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1	Jade Robinson	Penrith	29.53Q
2	Nekea Talaia	Emu Plains	30.09Q
3	Anthea Karavas	Cranebrook	30.98Q
4	Alyssa Ballard	Penrith	31.20q
5	Brooke Butler	Jamison	31.26q
6	Chloe Nancarrow	Nepean	33.57

Heat 2 Heats

1	Bryanna Pettinato	Emu Plains	27.82Q
2	Famke Cullan	Werrington	30.05Q
3	Taylah Burrows	Werrington	31.52Q
4	Savanah Carter	Emu Plains	32.05
5	Tara Hughes	Werrington	32.36

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Girls U 13 - 200 Metre Sprint

Zone: Z 27.15 1991 R MOSSMAN, NEPEAN			
Name	Age	Centre	Final
Section 1 Final			
1 Bryanna Pettinato		Emu Plains	27.64
2 Nekea Talaia		Emu Plains	27.82
3 Jade Robinson		Penrith	30.18
4 Anthea Karavas		Cranebrook	30.41
5 Famke Cullan		Werrington	30.47
6 Brooke Butler		Jamison	31.12
7 Alyssa Ballard		Penrith	31.68

Girls U 14 - 200 Metre Sprint

Zone: Z 26.85 1990 E SEERS, WERRINGTON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Kailey Speeding		Colyton St Clair	30.93q
2 Shontay Dezenieks		Jamison	31.26q
3 Karisa Atkins		Werrington	31.98q
4 Caitlyn Griggs		Cranebrook	32.46q
5 Amelia Forti		Emu Plains	32.71q
6 Amber Justice		Penrith	34.29q
7 Chloe Burrows		Penrith	39.27q

Girls U 14 - 200 Metre Sprint

Zone: Z 26.85 1990 E SEERS, WERRINGTON			
Name	Age	Centre	Final
Section 1 Final			
1 Kailey Speeding		Colyton St Clair	30.93
2 Shontay Dezenieks		Jamison	31.26
3 Karisa Atkins		Werrington	31.98
4 Caitlyn Griggs		Cranebrook	32.46
5 Amelia Forti		Emu Plains	32.71
6 Amber Justice		Penrith	34.29
7 Chloe Burrows		Penrith	39.27

Girls U 15 - 200 Metre Sprint

Zone: Z 26.45 2013 A PETERSON, COLYTON ST CLAIR			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ariana Levy		Werrington	29.51q
2 Jenna Rose		Colyton St Clair	31.31q
3 Hayley Kovacs		Nepean	31.58q
4 Abby Affleck		Cranebrook	32.48q
5 Olivia Cromie		Penrith	34.45q
6 Darcy Jarman		Cranebrook	35.18q

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Girls U 15 - 200 Metre Sprint

Zone: Z 26.45 2013 A PETERSON, COLYTON ST CLAIR			
Name	Age	Centre	Final
Section 1 Final			
1 Ariana Levy		Werrington	29.51
2 Jenna Rose		Colyton St Clair	31.31
3 Hayley Kovacs		Nepean	31.58
4 Abby Affleck		Cranebrook	32.48
5 Olivia Cromie		Penrith	34.45
6 Darcy Jarman		Cranebrook	35.18

Girls U 17 - 200 Metre Sprint

Zone: Z 26.53 2017 Monique Quirk, Emu Plains			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Keeli Brown		Emu Plains	28.70Q
2 Caydi McPherson		Penrith	30.20Q
3 Abbey Watson		Penrith	30.48Q
4 Elissa Lee		Werrington	31.36Q
5 Ainslie Baxter		Jamison	33.53Q

Girls U 17 - 200 Metre Sprint

Zone: Z 26.53 2017 Monique Quirk, Emu Plains			
Name	Age	Centre	Final
Section 1 Final			
1 Keeli Brown		Emu Plains	28.70
2 Caydi McPherson		Penrith	30.20
3 Abbey Watson		Penrith	30.48
4 Elissa Lee		Werrington	31.36
5 Ainslie Baxter		Jamison	33.53

Girls U 8 - 400 Metre Sprint

Zone: Z 1:16.35 1984 B PIENING, NEPEAN			
Name	Age	Centre	Final
Section 1			
1 Madison Easterbrook		Emu Plains	1:26.44
2 Charlotte Morris		Werrington	1:28.95
3 Dana Francis		Nepean	1:43.83
4 Kelsey Brown		Penrith	1:47.32

Girls U 9 - 400 Metre Sprint

Zone: Z 1:13.95 1985 B PIENING, NEPEAN			
Name	Age	Centre	Final
1 Isabella Johnston		Penrith	1:26.32
2 Ayanna Katahie		Emu Plains	1:30.92
3 Evelyn Bowden		Emu Plains	1:32.45
4 Akira Westerby		Nepean	1:40.77
5 Gisele Woods		Emu Plains	1:46.62

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Girls U 10 - 400 Metre Sprint

Zone: Z 1:09.45 1986 S HARRISON, NEPEAN			
Name	Age	Centre	Final
Section 2			
1 Hannah Loxley		Werrington	1:16.25
2 Siena Vecchio		Colyton St Clair	1:25.22
3 Angela Lees		Colyton St Clair	1:28.36
4 Lara Falzon		Penrith	1:29.06
5 Ella Affleck		Cranebrook	1:29.84
6 Julieann Cullan		Werrington	1:44.67
Section 2			
1 Addison Roden		Emu Plains	1:22.26
2 Aaliyah Vehikite		Nepean	1:24.45
3 Ruby Montgomery		Nepean	1:31.40
4 Maddison Smith		Jamison	1:32.13
5 Taylor Butler		Jamison	1:36.15
6 Charli Deagan		Colyton St Clair	1:45.63

Girls U 11 - 400 Metre Sprint

Zone: Z 1:07.95 1990 R MOSSMAN, NEPEAN			
Name	Age	Centre	Final
Section 1			
1 Chantai Ward		Jamison	1:31.45
2 Jessica Crambrook		Emu Plains	1:33.72
3 Emily Pedersen		Nepean	1:42.85

Girls U 12 - 400 Metre Sprint

Zone: Z 1:04.35 1997 R JUNOR, PENRITH VALLEY			
Name	Age	Centre	Final
Section 2			
1 Mabel Dukes		Emu Plains	1:12.15
2 Kaydenze Phillips		Nepean	1:15.67
3 Brianna Atkins		Werrington	1:24.85
4 Krystal Burrows		Penrith	1:42.13
Section 2			
1 Virginia Cole		Emu Plains	1:07.66
2 Ainsley Giampietro		Emu Plains	1:08.48
3 Sophia Lees		Colyton St Clair	1:17.79
4 Abby Macallister		Werrington	1:22.12
5 Michayla Espie		Penrith	1:47.66

Girls U 13 - 400 Metre Sprint

Zone: Z 1:03.35 1988 C BENNEY, PENRITH VALLEY			
Name	Age	Centre	Final
Section 1			
1 Jade Robinson		Penrith	1:12.33
2 Alyssa Ballard		Penrith	1:14.65
3 Chloe Nancarrow		Nepean	1:15.88
4 Tara Hughes		Werrington	1:18.80
5 Sophie McPherson		Penrith	1:22.69
6 Therese Armstrong		Nepean	1:23.27

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Girls U 14 - 400 Metre Sprint

Zone: Z 1:02.05 1990 K BENNOIT, EMU PLAINS			
Name	Age	Centre	Final
1 Kailey Speeding		Colyton St Clair	1:13.51
2 Caitlyn Griggs		Cranebrook	1:16.90
3 Karisa Atkins		Werrington	1:18.56
4 Madison Plunkett		Penrith	1:25.11
5 Leah Westcott		Nepean	1:26.75

Girls U 15 - 400 Metre Sprint

Zone: Z 58.55 2015 M QUIRK, EMU PLAINS			
Name	Age	Centre	Final
1 Abby Affleck		Cranebrook	1:17.41

Girls U 17 - 400 Metre Sprint

Zone: Z 1:02.75 2012 H STEWART, EMU PLAINS			
Name	Age	Centre	Final
1 Caydi McPherson		Penrith	1:10.63
2 Keeli Brown		Emu Plains	1:11.77
3 Jada Thomson		Colyton St Clair	1:17.40
4 Kaili Hayward		Penrith	1:28.83

Girls U 7 - 500 Metre Run Pack Start

Zone: Z 1:54.00 1997 S.GUNN, NEPEAN			
Name	Age	Centre	Final
1 Briar Auvaas		Werrington	2:06.39
2 Jenna Haydon		Emu Plains	2:11.39
3 Madison Herrero		Werrington	2:15.25
4 Matilda Watts		Colyton St Clair	2:17.95
5 Isabelle Plunkett		Penrith	2:19.76
6 Skye Lawn		Nepean	2:29.28

Girls U 8 - 700 Metre Run Pack Start

Zone: Z 2:33.80 1996 A.MATAFONOV, PENRITH VALLEY			
Name	Age	Centre	Final
1 Madison Easterbrook		Emu Plains	2:47.28
2 Charlotte Morris		Werrington	2:51.76
3 Dana Francis		Nepean	3:08.14
4 Amelia Beazley		Jamison	3:08.94
5 Milly Burnet		Jamison	3:20.67
6 Harper Russell		Penrith	3:31.37

Girls U 9 - 800 Metre Run

Zone: Z 2:48.40 1987 M HEPWORTH, WERRINGTON			
Name	Age	Centre	Final
1 Ayanna Katahie		Emu Plains	3:18.15
2 Evelyn Bowden		Emu Plains	3:27.90
3 Georgia Watson		Colyton St Clair	3:33.01

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....Girls U 9 - 800 Metre Run

4 Akira Westerby	Nepean	3:48.92
5 Isabella Roelofs	Werrington	4:05.17

Girls U 10 - 800 Metre Run

Name	Age Centre	Final
Zone: Z 2:40.00 1988 M HEPWORTH, WERRINGTON		
1 Hannah Loxley	Werrington	2:54.04
2 Addison Roden	Emu Plains	3:02.59
3 Lily Moore	Emu Plains	3:03.15
4 Siena Vecchio	Colyton St Clair	3:10.41
5 Ruby Montgomery	Nepean	3:11.04
6 Maddison Smith	Jamison	3:19.16
7 Angela Lees	Colyton St Clair	3:19.37
8 Ella-Grace Douglas	Jamison	3:27.46

Girls U 11 - 800 Metre Run

Name	Age Centre	Final
Zone: Z 2:34.10 1989 M HEPWORTH, WERRINGTON		
1 Tia Bachtis	Emu Plains	3:05.61
2 Lila Robins	Jamison	3:09.61
3 Jessica Crambrook	Emu Plains	3:46.75

Girls U 12 - 800 Metre Run

Name	Age Centre	Final
Zone: Z 2:27.10 1999 A HECKENBERG, NEPEAN		
1 Mabel Dukes	Emu Plains	2:38.51
2 Kaydenze Phillips	Nepean	2:45.01
3 Ainsley Giampietro	Emu Plains	2:48.88
4 Brianna Atkins	Werrington	3:06.29
5 Tamika Richardson	Werrington	3:15.93
6 Abbi Grennell	Emu Plains	3:21.21
7 Krystal Burrows	Penrith	4:01.32

Girls U 13 - 800 Metre Run

Name	Age Centre	Final
Zone: Z 2:26.50 1986 A BONHAM, NEPEAN		
1 Layla Sharp	Werrington	2:52.33
2 Chloe Nancarrow	Nepean	3:00.24
3 Gemma Elliott-Swann	Nepean	3:04.51
4 Chardonnay Andrews	Emu Plains	3:08.32
5 Jessey Bektas	Nepean	3:09.32
6 Therese Armstrong	Nepean	3:24.29

Girls U 14 - 800 Metre Run

Name	Age Centre	Final
Zone: Z 2:24.20 1990 S HARRISON, NEPEAN		
1 Kailey Speeding	Colyton St Clair	2:52.00
2 Caitlyn Griggs	Cranebrook	3:03.48

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Girls U 15 - 800 Metre Run

Zone: Z 2:21.80 1990 A MENZIES, EMU PLAINS			
Name	Age	Centre	Final
1 Charlotte Bowden		Emu Plains	2:50.85
2 Somto Igbojiaku		Werrington	3:05.63
3 Ella Grennell		Emu Plains	3:11.68

Girls U 17 - 800 Metre Run

Zone: Z 2:28.21 2015 S STEELE, JAMISON			
Name	Age	Centre	Final
1 Caydi McPherson		Penrith	3:00.13
2 Alison Joseph		Penrith	3:20.69
3 Kaili Hayward		Penrith	3:32.76

Girls U 11 - 1500 Metre Run

Zone: Z 5:15.50 1985 J MARTIN, NEPEAN			
Name	Age	Centre	Final
1 Tia Bachtis		Emu Plains	6:24.19

Girls U 12 - 1500 Metre Run

Zone: Z 5:07.10 1990 M HEPWORTH, WERRINGTON			
Name	Age	Centre	Final
1 Mabel Dukes		Emu Plains	5:26.52
2 Kaydenze Phillips		Nepean	5:58.77
3 Brianna Atkins		Werrington	6:17.52
4 Abbi Grennell		Emu Plains	7:08.96

Girls U 13 - 1500 Metre Run

Zone: Z 4:52.20 1999 S HARRISON, NEPEAN			
Name	Age	Centre	Final
1 Tyler-Eve Mair		Emu Plains	5:48.17
2 Layla Sharp		Werrington	5:58.01
3 Jessey Bektas		Nepean	6:25.50
4 Abbey Bektas		Nepean	6:41.12
5 Gemma Elliott-Swann		Nepean	6:51.56
6 Therese Armstrong		Nepean	7:02.47

Girls U 14 - 1500 Metre Run

Zone: Z 4:52.40 1996 M FRENCH, NEPEAN			
Name	Age	Centre	Final
1 Kailey Speeding		Colyton St Clair	6:24.37
2 Caitlyn Griggs		Cranebrook	7:02.50
3 Shontay Dezenieks		Jamison	7:02.62

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Girls U 15 - 1500 Metre Run

Zone: Z 4:50.40 1996 K FIELD, NEPEAN			
Name	Age	Centre	Final
1 Charlotte Bowden		Emu Plains	5:59.29
2 Ella Grennell		Emu Plains	6:37.38
3 Rhianni Deagan		Colyton St Clair	6:51.84
4 Leah Joseph		Penrith	7:41.23

Girls U 17 - 1500 Metre Run

Zone: Z 5:13.57 2015 S STEELE, JAMISON			
Name	Age	Centre	Final
1 Caydi McPherson		Penrith	6:04.04
2 Jada Thomson		Colyton St Clair	6:05.44
3 Alison Joseph		Penrith	6:52.60

Girls U 13 - 3000 Metre Run

Zone: Z 10:43.00 1996 M FRENCH, NEPEAN			
Name	Age	Centre	Final
1 Layla Sharp		Werrington	13:28.42
2 Anna Dubier		Werrington	14:36.04
3 Jesse Bektas		Nepean	14:42.56
4 Abbey Bektas		Nepean	14:57.31

Girls U 14 - 3000 Metre Run

Zone: Z 10:33.10 1996 M FRENCH, NEPEAN			
Name	Age	Centre	Final
1 Caitlyn Griggs		Cranebrook	14:03.70

Girls U 15 - 3000 Metre Run

Zone: Z 10:15.90 1999 S HARRISON, NEPEAN			
Name	Age	Centre	Final
1 Ella Grennell		Emu Plains	12:31.01
2 Rhianni Deagan		Colyton St Clair	12:36.54

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.45 1996 B SMITH, JAMISON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Summer Stansfield		Emu Plains	13.07Q
2 Charlotte Green		Emu Plains	13.12Q
3 Charlotte Morris		Werrington	13.34Q
4 Bailey Smith		Jamison	14.59q
5 Sophie Griggs		Cranebrook	16.01
6 Mylee Wales		Emu Plains	16.60
Heat 2 Heats			
1 Taylah Pagnamenta		Penrith	14.38Q
2 Kelsey Brown		Penrith	14.49Q
3 Talia Vecchio		Colyton St Clair	14.71Q

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....Girls U 8 - 60 Metre Hurdles (45cm)

4	Summer Clarke	Emu Plains	14.88q
5	Merkita Jaeger	Cranebrook	15.99
6	Olivia Darwen	Jamison	16.11
7	Harper Russell	Penrith	17.68

Girls U 8 - 60 Metre Hurdles (45cm)

=====			
Zone: Z 11.45		1996	B SMITH, JAMISON
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Summer Stansfield	Emu Plains	12.94
2	Charlotte Green	Emu Plains	13.10
3	Charlotte Morris	Werrington	13.53
4	Taylah Pagnamenta	Penrith	13.91
5	Kelsey Brown	Penrith	14.38
6	Talia Vecchio	Colyton St Clair	14.97
7	Summer Clarke	Emu Plains	15.15
8	Bailey Smith	Jamison	39.12

Girls U 9 - 60 Metre Hurdles (45cm)

=====			
Zone: Z 11.15		1997	E JUNOR, PENRITH VALLEY
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Mia-Rose Jones	Cranebrook	12.09Q
2	Taylah Chrisostomos	Emu Plains	12.58Q
3	Sophie Thomas	Colyton St Clair	12.70q
4	Akira Westerby	Nepean	14.11
5	Grace Corner	Werrington	14.39
Heat 2 Heats			
1	Ayanna Katahie	Emu Plains	12.62Q
2	Makayla Richardson	Werrington	13.73Q
3	Amelia Salih	Colyton St Clair	14.63
4	Gisele Woods	Emu Plains	15.03
5	Mariah Vehikite	Nepean	15.38
Heat 3 Heats			
1	Phoebe Morris	Werrington	12.73Q
2	Skyla Richardson	Emu Plains	13.18Q
3	Ava ilijeski	Emu Plains	13.32q
4	Effy Bachtis	Emu Plains	14.38
5	Georgia Watson	Colyton St Clair	16.03

Girls U 9 - 60 Metre Hurdles (45cm)

=====			
Zone: Z 11.15		1997	E JUNOR, PENRITH VALLEY
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Mia-Rose Jones	Cranebrook	11.88
2	Phoebe Morris	Werrington	12.12
3	Ayanna Katahie	Emu Plains	12.55
4	Sophie Thomas	Colyton St Clair	12.72
5	Skyla Richardson	Emu Plains	13.06
6	Makayla Richardson	Werrington	13.65
7	Ava ilijeski	Emu Plains	15.81
8	Taylah Chrisostomos	Emu Plains	16.84

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Girls U 10 - 60 Metre Hurdles (60cm)

Zone: Z 11.26 2014 A LEVY, WERRINGTON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Siena Vecchio		Colyton St Clair	13.43Q
2 Taylor Butler		Jamison	14.56Q
3 Charlotte McNeil		Cranebrook	17.18Q
Heat 2 Heats			
1 Aaliyah Vehikite		Nepean	12.76Q
2 Ally-May Jones		Cranebrook	14.10Q
3 Torah Smythe		Emu Plains	14.96Q
4 Madilyn Lewtschenko		Werrington	15.06q
5 Charli Deagan		Colyton St Clair	15.07q
6 Ava Gregory		Penrith	16.73

Girls U 10 - 60 Metre Hurdles (60cm)

Zone: Z 11.26 2014 A LEVY, WERRINGTON			
Name	Age	Centre	Final
Section 1 Final			
1 Aaliyah Vehikite		Nepean	12.66
2 Siena Vecchio		Colyton St Clair	13.06
3 Ally-May Jones		Cranebrook	13.14
4 Madilyn Lewtschenko		Werrington	13.97
5 Torah Smythe		Emu Plains	14.18
6 Taylor Butler		Jamison	14.53
7 Charli Deagan		Colyton St Clair	14.92
8 Charlotte McNeil		Cranebrook	16.14

Girls U 11 - 80 Metre Hurdles (60cm)

Zone: Z 14.48 1/12/2019 Charlotte Bradshaw, Penrith			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Charlotte Bradshaw		Penrith	15.12Q
2 Isabell Burrows		Werrington	16.42Q
3 Tahlia ilijeski		Emu Plains	18.72Q
4 Emily Cox		Colyton St Clair	19.82q
5 Madison Brown		Cranebrook	20.22q
6 Chantai Ward		Jamison	20.42
Heat 2 Heats			
1 Violet Langley		Emu Plains	17.38Q
2 Nikitah Jones		Cranebrook	18.75Q
3 Alicia Mason		Jamison	20.34Q
4 Emily McGilvray		Werrington	22.49

Girls U 11 - 80 Metre Hurdles (60cm)

Zone: Z 14.48 1/12/2019 Charlotte Bradshaw, Penrith			
Name	Age	Centre	Final
Section 1 Final			
1 Charlotte Bradshaw		Penrith	14.48Z
2 Violet Langley		Emu Plains	15.79
3 Isabell Burrows		Werrington	16.51
4 Nikitah Jones		Cranebrook	17.72

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....Girls U 11 - 80 Metre Hurdles (60cm)

5	Tahlia ilijeski	Emu Plains	18.61
6	Alicia Mason	Jamison	19.51
7	Emily Cox	Colyton St Clair	19.78
8	Madison Brown	Cranebrook	25.18

Girls U 12 - 80 Metre Hurdles (68cm)

Name	Age	Centre	Heats
Zone: Z 16.72 1/12/2019 Hannah Sproule, Emu Plains			

Heat 1 Heats

1	Hannah Sproule	Emu Plains	17.07Q
2	Paige Warby	Cranebrook	17.37Q
3	Aaliyah Bavadra	Penrith	17.62Q
4	Abby Macallister	Werrington	18.16q
5	Sophia Lees	Colyton St Clair	18.32q

Heat 2 Heats

1	Kiara Pagnamenta	Penrith	17.80Q
2	Rachel Turner	Emu Plains	17.96Q
3	Mariah Chrisostomos	Emu Plains	18.19Q
4	Brianna Atkins	Werrington	19.38

Girls U 12 - 80 Metre Hurdles (68cm)

Name	Age	Centre	Final
Zone: Z 16.72 1/12/2019 Hannah Sproule, Emu Plains			

Section 1 Final

1	Hannah Sproule	Emu Plains	16.72Z
2	Aaliyah Bavadra	Penrith	16.86
3	Kiara Pagnamenta	Penrith	17.02
4	Paige Warby	Cranebrook	17.10
5	Mariah Chrisostomos	Emu Plains	17.36
6	Rachel Turner	Emu Plains	17.90
7	Sophia Lees	Colyton St Clair	19.64

Girls U 13 - 80 Metre Hurdles (76cm)

Name	Age	Centre	Heats
Zone: Z 13.32 2015 S POLINSKY, WERRINGTON			

Heat 1 Heats

1	Tyler-Eve Mair	Emu Plains	14.70Q
2	Famke Cullan	Werrington	14.97Q
3	Chardonnay Andrews	Emu Plains	17.03Q
4	Savanah Carter	Emu Plains	18.82Q
5	Brooke Butler	Jamison	19.14Q
6	Gemma Elliott-Swann	Nepean	19.53Q

Girls U 13 - 80 Metre Hurdles (76cm)

Name	Age	Centre	Final
Zone: Z 13.32 2015 S POLINSKY, WERRINGTON			

Section 1 Final

1	Tyler-Eve Mair	Emu Plains	14.70
2	Famke Cullan	Werrington	14.97
3	Chardonnay Andrews	Emu Plains	17.03

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....Girls U 13 - 80 Metre Hurdles (76cm)

4 Savannah Carter	Emu Plains	18.82
5 Brooke Butler	Jamison	19.14
6 Gemma Elliott-Swann	Nepean	19.53

Girls U 14 - 80 Metre Hurdles (76cm)

=====
 Zone: Z 12.84 2016 C MEYERS, EMU PLAINS
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Amelia Forti	Emu Plains	17.93q
2 Kailey Speeding	Colyton St Clair	18.23q
3 Karisa Atkins	Werrington	19.27q

Girls U 14 - 80 Metre Hurdles (76cm)

=====
 Zone: Z 12.84 2016 C MEYERS, EMU PLAINS
 Name Age Centre Final
 =====

Section 1 Final

1 Amelia Forti	Emu Plains	17.93
2 Kailey Speeding	Colyton St Clair	18.23
3 Karisa Atkins	Werrington	19.27

Girls U 15 - 90 Metre Hurdles (76cm)

=====
 Zone: Z 13.55 2017 Claire Meyers, Emu Plains
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Zara Meyers	Emu Plains	14.85q
2 Ariana Levy	Werrington	16.99q
3 Katelyn Kos	Werrington	17.46q
4 Hayley Kovacs	Nepean	18.39q
5 Taylor Brown	Cranebrook	21.16q

Girls U 15 - 90 Metre Hurdles (76cm)

=====
 Zone: Z 13.55 2017 Claire Meyers, Emu Plains
 Name Age Centre Final
 =====

Section 1 Final

1 Zara Meyers	Emu Plains	14.85
2 Ariana Levy	Werrington	16.99
3 Katelyn Kos	Werrington	17.46
4 Hayley Kovacs	Nepean	18.39
5 Taylor Brown	Cranebrook	21.16

Girls U 17 - 100 Metre Hurdles (76cm)

=====
 Zone: Z 15.77 2014 A BAXTER, NEPEAN
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Elissa Lee	Werrington	22.27q
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Girls U 17 - 100 Metre Hurdles (76cm)

Zone: Z 15.77 2014 A BAXTER, NEPEAN			
Name	Age	Centre	Final
Section 1 Final			
1 Elissa Lee		Werrington	22.27

Girls U 13 - 200 Metre Hurdles (68cm)

Zone: Z 31.35 2007 G MARSHALL, PENRITH VALLEY			
Name	Age	Centre	Final
Section 1			
1 Famke Cullan		Werrington	32.83
2 Chardonnay Andrews		Emu Plains	35.28
3 Savannah Carter		Emu Plains	35.54
4 Brooke Butler		Jamison	35.64

Girls U 14 - 200 Metre Hurdles (76cm)

Zone: Z 30.25 1997 R JUNOR, PENRITH VALLEY			
Name	Age	Centre	Final
1 Amelia Forti		Emu Plains	35.45
2 Kiayla Casserly		Werrington	38.72
3 Madison Plunkett		Penrith	46.70

Girls U 15 - 300 Metre Hurdles (76cm)

Zone: Z 49.62 7/12/2018 Keeli Brown, Emu Plains			
Name	Age	Centre	Final
1 Ariana Levy		Werrington	54.50
2 Taylor Brown		Cranebrook	1:01.69
3 Olivia Cromie		Penrith	1:05.58

Girls U 17 - 300 Metre Hurdles (76cm)

Zone: Z 48.16 7/12/2018 Sundance Fuller, Penrith			
Name	Age	Centre	Final
1 Keeli Brown		Emu Plains	1:18.00
2 Elissa Lee		Werrington	1:18.96

Girls U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 57.45 2012 JAMISON, JAMISON			
Centre	Age	Centre	Final
1 Werrington			1:03.99
1) Phoebe Morris 9		2)	
2 Emu Plains			1:04.27
3 Cranebrook			1:08.77
4 Nepean			1:09.60
5 Colyton St Clair			1:10.08
6 Penrith			1:10.09
1) Isabella Johnston 9		2) Ava Gregory 10	
3) Charlotte Bradshaw 11		4) Mia Brown 11	

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Girls U 12-17 4x100 Metre Relay (Snr)

Zone: Z 53.17 2015 EMU PLAINS, EMU PLAINS			
M Quirk, D Fleming, S Blaikie, A Williams			
Centre			Final
1 Emu Plains			53.48
2 Nepean			57.18
3 Werrington			57.36
4 Penrith			58.09
1) Brooklyn Gilchrist 12	2) Jade Robinson 13		
3) Leah Joseph 15	4) Abbey Watson 17		
5 Cranebrook			1:00.12
1) Abby Affleck 15	2)		

Girls U 9 - High Jump (S/H 0.80m)

Zone: Z 1.20m 1984 A NOLAN, NEPEAN			
Name	Age	Centre	Final
Flight 1			
1 Taylah Chrisostomos		Emu Plains	1.00m
2 Phoebe Morris		Werrington	1.00m
3 Aimee Johannsen		Colyton St Clair	0.95m
4 Sophie Thomas		Colyton St Clair	0.90m
5 Georgia Watson		Colyton St Clair	0.80m
5 Anna Coburn		Emu Plains	0.80m
5 Grace Corner		Werrington	0.80m

Girls U 10 - High Jump (S/H 0.90m)

Zone: Z 1.29m 1991 K MULHERON, WERRINGTON			
Name	Age	Centre	Final
1 Lara Falzon		Penrith	0.95m
1 Ruby Montgomery		Nepean	0.95m
1 Lily Moore		Emu Plains	0.95m
1 Ally-May Jones		Cranebrook	0.95m
5 Maddison Mahe		Werrington	0.95m
6 Torah Smythe		Emu Plains	0.90m
-- Hannah Eldridge		Nepean	NH
-- Angela Lees		Colyton St Clair	NH

Girls U 11 - High Jump (S/H 1.00m)

Zone: Z 1.40m 1987 L PROIETTI, NEPEAN			
Name	Age	Centre	Final
1 Isabell Burrows		Werrington	1.14m
2 Mia Brown		Penrith	1.12m
3 Kaitlin Reed		Werrington	1.05m
4 Madison Corner		Werrington	1.00m
-- Alicia Mason		Jamison	NH
-- Emily Cox		Colyton St Clair	NH
-- Amelia Griggs		Cranebrook	NH

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Girls U 12 - High Jump (S/H 1.10m)

Zone: Z 1.51m 1987 K MELVIN, NEPEAN			
Name	Age	Centre	Final
1 Brooklyn Gilchrist		Penrith	1.15m
2 Tamika Richardson		Werrington	1.10m

Girls U 13 - High Jump (S/H 1.15m)

Zone: Z 1.58m 1994 K MULHERON, WERRINGTON			
Name	Age	Centre	Final
1 Chloe O'Hare		Nepean	1.35m
2 Taylah Burrows		Werrington	1.25m
3 Jessey Bektas		Nepean	1.20m
-- Famke Cullan		Werrington	NH
-- Chloe Nancarrow		Nepean	NH

Girls U 14 - High Jump (S/H 1.20m)

Zone: Z 1.57m 2000 A KELLY, PENRITH VALLEY			
Name	Age	Centre	Final
1 Lindsay Smeekens		Colyton St Clair	1.30m
2 Kiayla Casserly		Werrington	1.25m
3 Abby Hile		Colyton St Clair	1.20m

Girls U 15 - High Jump (S/H 1.20m)

Zone: Z 1.68m 1991 L PROIETTI, NEPEAN			
Name	Age	Centre	Final
1 Alicia Langford		Penrith	1.25m
2 Taylor Brown		Cranebrook	1.25m
3 Hayley Kovacs		Nepean	1.20m

Girls U 17 - High Jump (S/H 1.25m)

Zone: Z 1.56m 2017 Jaz Byrnes, Emu Plains			
Name	Age	Centre	Final
1 Alyssa Youngman		Penrith	1.45m
2 Hunter Rebec		Nepean	1.40m
3 Elissa Lee		Werrington	1.35m
3 Sky O'Hare		Nepean	1.35m
5 Abbey Watson		Penrith	1.25m

Girls U 7 - Long Jump

Zone: Z 3.19m 2015 A STAPLETON, JAMISON			
Name	Age	Centre	Final
1 Matilda Watts		Colyton St Clair	2.72m
2 Harper Egglestone		Emu Plains	2.55m
3 Malia Odhiambo		Emu Plains	2.39m
4 Madison Herrero		Werrington	2.31m
5 Chloe Campbell		Jamison	2.29m
6 Isabelle Plunkett		Penrith	2.28m
7 Gracie-Mae Romelo		Penrith	2.15m

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....Girls U 7 - Long Jump

8 Marguerite Toohey	Emu Plains	2.13m
9 Stella McDiamid-Great	Nepean	1.96m
10 Hannah Garrard	Jamison	1.94m
11 Veyda Fazel	Cranebrook	1.92m
12 Kaitlyn Downes	Nepean	1.68m
13 Lisia Kaufononga	Nepean	1.57m
14 Aaliya Vhandari	Nepean	1.32m
15 Natalie McGilvray	Werrington	1.23m
16 Harveen Sarai	Nepean	1.18m

Girls U 8 - Long Jump

Zone: Z 3.47m 1991		J WEBSTER, COLYTON	
Name	Age Centre		Final
1 Chelsea Wright	Werrington		3.37m
2 Charlotte Morris	Werrington		2.98m
3 Summer Stansfield	Emu Plains		2.89m
4 Marlena Tualau	Werrington		2.70m
5 Dana Francis	Nepean		2.48m
6 Merkita Jaeger	Cranebrook		2.41m
7 Sophie Griggs	Cranebrook		2.35m
8 Amelia Beazley	Jamison		2.25m
9 Milly Burnet	Jamison		2.20m

Girls U 9 - Long Jump

Zone: Z 3.97m 1985		B PIENING, NEPEAN	
Name	Age Centre		Final
1 Phoebe Morris	Werrington		3.37m
2 Sophie Thomas	Colyton St Clair		3.14m
3 Taylah Chrisostomos	Emu Plains		3.10m
4 Aimee Johannsen	Colyton St Clair		2.96m
5 Isabella Johnston	Penrith		2.94m
6 Grace Corner	Werrington		2.56m
7 Anna Coburn	Emu Plains		2.55m
8 Mariah Vehikite	Nepean		2.41m

Girls U 10 - Long Jump

Zone: Z 4.24m 1985		B PIENING, NEPEAN	
Name	Age Centre		Final
1 Hannah Loxley	Werrington		3.49m
2 Maddison Mahe	Werrington		3.42m
3 Addison Roden	Emu Plains		3.04m
4 Lara Falzon	Penrith		2.88m
5 Ella-Grace Douglas	Jamison		2.73m
6 Ruby McPhillips	Jamison		2.61m
7 Ava Gregory	Penrith		2.53m
8 Madilyn Lewtschenko	Werrington		2.41m

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Girls U 11 - Long Jump

Zone: Z 4.45m 1990		R MOSSMAN, NEPEAN	
Name	Age	Centre	Final
1 Violet Langley		Emu Plains	3.30m
2 Addisyn Ives		Emu Plains	3.23m
3 Emily Cox		Colyton St Clair	3.22m
4 Alicia Mason		Jamison	3.09m
5 Calista Love		Emu Plains	2.74m
6 Emily Pedersen		Nepean	2.57m
7 Madison Brown		Cranebrook	2.52m
8 Jessica Crambrook		Emu Plains	2.46m
9 Emily McGilvray		Werrington	2.22m
-- Mia Brown		Penrith	ND

Girls U 12 - Long Jump

Zone: Z 4.78m 1991		R MOSSMAN, NEPEAN	
Name	Age	Centre	Final
1 Adriana Borg		Colyton St Clair	4.24m
2 Brooklyn Gilchrist		Penrith	3.79m
3 Ainsley Giampietro		Emu Plains	3.61m
4 Kaydenze Phillips		Nepean	3.47m
5 Lilli Kandel		Werrington	3.45m
6 Mariah Chrisostomos		Emu Plains	3.24m
7 Kristin Codjoe		Colyton St Clair	3.15m
8 Rachel Turner		Emu Plains	3.00m
9 Jessica Dhaliwal		Colyton St Clair	2.49m
10 Chelsea Sciberras		Nepean	2.38m

Girls U 13 - Long Jump

Zone: Z 5.16m 1991		R MOSSMAN, NEPEAN	
Name	Age	Centre	Final
1 Nekea Talaia		Emu Plains	4.68m
2 Chloe O'Hare		Nepean	4.57m
3 Tyler-Eve Mair		Emu Plains	4.43m
4 Anthea Karavas		Cranebrook	4.15m
5 Famke Cullan		Werrington	4.05m
6 Taylah Burrows		Werrington	4.00m
7 Jade Robinson		Penrith	3.85m
8 Tara Hughes		Werrington	3.65m
9 Alyssa Ballard		Penrith	3.64m
10 Chloe Nancarrow		Nepean	3.52m
11 Abbey Bektas		Nepean	3.43m
12 Jessey Bektas		Nepean	3.39m
13 Gemma Elliott-Swann		Nepean	3.35m
14 Savannah Carter		Emu Plains	3.27m
15 Chloe Watson		Penrith	3.15m

Girls U 14 - Long Jump

Zone: Z 5.34m 2009		C HEEPS, JAMISON	
Name	Age	Centre	Final
1 Lindsay Smeekens		Colyton St Clair	4.59m
2 Abby Hile		Colyton St Clair	3.99m

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....Girls U 14 - Long Jump

3	Karisa Atkins	Werrington	3.81m
4	Emma Matthias	Emu Plains	3.69m
5	Amber Justice	Penrith	3.37m
6	Kirra Richardson	Jamison	2.91m
7	Stephanie Galea	Cranebrook	2.86m

Girls U 15 - Long Jump

=====			
	Zone: Z 5.36m	2013	A BAXTER, NEPEAN
Name	Age	Centre	Final
=====			
1	Katelyn Kos	Werrington	4.70m
2	Ariana Levy	Werrington	4.67m
3	Taylor Brown	Cranebrook	4.65m
4	Hayley Kovacs	Nepean	4.42m
5	Emma Tualau	Werrington	3.99m
6	Darcy Jarman	Cranebrook	3.69m
7	Olivia Cromie	Penrith	3.53m

Girls U 17 - Long Jump

=====			
	Zone: Z 5.52m	2015	A BAXTER, NEPEAN
Name	Age	Centre	Final
=====			
1	Ainslie Baxter	Jamison	4.27m
2	Elissa Lee	Werrington	3.99m
3	Hunter Rebec	Nepean	3.80m
4	Sky O'Hare	Nepean	3.06m

Girls U 11 - Triple Jump

=====			
	Zone: Z 9.54m	1990	R MOSSMAN, NEPEAN
Name	Age	Centre	Final
=====			
1	Ava Maurer	Emu Plains	8.37m
2	Charlotte Bradshaw	Penrith	8.26m
3	Isabell Burrows	Werrington	7.30m
4	Addisyn Ives	Emu Plains	7.20m
5	Kaitlin Reed	Werrington	6.68m
6	Tahlia ilijeski	Emu Plains	6.23m

Girls U 12 - Triple Jump

=====			
	Zone: Z 9.94m	2003	S PEPA, PENRITH VALLEY
Name	Age	Centre	Final
=====			
1	Adriana Borg	Colyton St Clair	9.46m
2	Lilli Kandel	Werrington	7.97m
3	Abby Macallister	Werrington	7.60m
4	Aaliyah Bavadra	Penrith	7.28m
5	Mariah Chrisostomos	Emu Plains	7.18m
6	Hannah Sproule	Emu Plains	6.91m
7	Brianna Atkins	Werrington	6.71m

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Girls U 13 - Triple Jump

Zone: Z 10.56m 2010 M RUSHTON, CRANEBROOK			
Name	Age	Centre	Final
1 Nekea Talaia		Emu Plains	10.01m
2 Chloe O'Hare		Nepean	9.51m
3 Taylah Burrows		Werrington	8.59m
4 Tara Hughes		Werrington	8.14m
5 Chloe Nancarrow		Nepean	7.63m
6 Chloe Watson		Penrith	7.12m
7 Savannah Carter		Emu Plains	7.07m

Girls U 14 - Triple Jump

Zone: Z 11.32m 2010 A RUSE, JAMISON			
Name	Age	Centre	Final
1 Lindsay Smeekens		Colyton St Clair	8.87m
2 Abby Hile		Colyton St Clair	8.65m
3 Karisa Atkins		Werrington	8.40m
4 Kiayla Casserly		Werrington	8.16m
5 Emma Matthias		Emu Plains	7.57m
6 Stephanie Galea		Cranebrook	6.03m

Girls U 15 - Triple Jump

Zone: Z 11.47m 2012 T GARRETT, PENRITH VALLEY			
Name	Age	Centre	Final
1 Katelyn Kos		Werrington	9.98m
2 Taylor Brown		Cranebrook	9.59m
3 Emma Tualau		Werrington	8.23m
4 Denise Tualau		Werrington	6.91m
5 Olivia Cromie		Penrith	6.86m
6 Rhianni Deagan		Colyton St Clair	6.78m

Girls U 17 - Triple Jump

Zone: Z 11.83m 2012 A RUSE, JAMISON			
Name	Age	Centre	Final
1 Keeli Brown		Emu Plains	11.02m
2 Elissa Lee		Werrington	9.55m
3 Alyssa Youngman		Penrith	9.29m

Girls U 7 - Shot Put (1.0 Kg)

Zone: Z 6.34m 1988 K MULHERON, WERRINGTON			
Name	Age	Centre	Final
1 Giselle Stopins		Colyton St Clair	4.08m
2 Gracie-Mae Romelo		Penrith	3.80m
3 Emmerson Andrews		Emu Plains	3.72m
4 Stella McDiamid-Great		Nepean	3.55m
5 Natalie McGilvray		Werrington	3.04m
6 Indi Roden		Emu Plains	3.03m
7 Isabelle Plunkett		Penrith	2.56m
8 Aaliya Vhandari		Nepean	1.89m
9 Harveen Sarai		Nepean	1.81m

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....Girls U 7 - Shot Put (1.0 Kg)

10 Lisia Kaufononga	Nepean	1.53m
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Girls U 8 - Shot Put (1.5 Kg)

Zone: Z 6.99m 2006 T HILL, COLYTON

Name	Age Centre	Final
1 Havana Pagnamenta	Penrith	5.20m
2 Chelsea Wright	Werrington	4.76m
3 Taylah Pagnamenta	Penrith	4.65m
4 Marlana Tualau	Werrington	4.48m
5 Talia Vecchio	Colyton St Clair	4.21m
6 Bailey Smith	Jamison	3.48m
7 Merkita Jaeger	Cranebrook	3.47m
8 Sophie Griggs	Cranebrook	2.30m

Girls U 9 - Shot Put (2.0 Kg)

Zone: Z 7.67m 2003 K CHAPPLE, NEPEAN

Name	Age Centre	Final
1 Aimee Johannsen	Colyton St Clair	4.55m
2 Isabella Roelofs	Werrington	4.46m
3 Anna Coburn	Emu Plains	3.13m

Girls U 10 - Shot Put (2.0 Kg)

Zone: Z 9.04m 1991 K MULHERON, WERRINGTON

Name	Age Centre	Final
1 Alexis South	Colyton St Clair	5.90m
2 Sienna Karele	Jamison	5.67m
3 Indyana Campbell	Nepean	4.69m
4 Charlotte McNeil	Cranebrook	4.68m
5 Hannah Eldridge	Nepean	4.48m
6 Ava Gregory	Penrith	4.35m

Girls U 11 - Shot Put (2.0 Kg)

Zone: Z 11.36m 1996 K DONOVAN, COLYTON

Name	Age Centre	Final
1 Lesieli Mokofisi	Nepean	10.39m
2 Zhaliya Tanielu-Park	Colyton St Clair	9.48m
3 Ella Williams	Werrington	7.64m
4 Jemma Camilleri	Cranebrook	7.50m
5 Ava Maurer	Emu Plains	6.76m
6 Isabell Burrows	Werrington	5.58m
7 Calista Love	Emu Plains	4.52m

Girls U 12 - Shot Put (2.0 Kg)

Zone: Z 13.72m 1996 M MARTIN, COLYTON

Name	Age Centre	Final
1 Ashleigh South	Colyton St Clair	8.79m
2 Brooklyn Gilchrist	Penrith	8.02m
3 Mia Thomson	Werrington	7.65m

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....Girls U 12 - Shot Put (2.0 Kg)

4	Hannah Sproule	Emu Plains	7.19m
5	Zoe Mark	Nepean	7.17m
6	Jessica Dhaliwal	Colyton St Clair	6.85m
7	Michayla Espie	Penrith	6.14m
8	Chelsea Sciberras	Nepean	5.14m

Girls U 13 - Shot Put (3.0 Kg)

Zone: Z 11.76m 2007 K CHAPPLE, NEPEAN			
Name	Age	Centre	Final
1	Maretta Fuimaono	Werrington	10.46m
2	Anita-Jane Saito	Emu Plains	8.34m
3	Nekea Talaia	Emu Plains	8.15m
4	Anthea Karavas	Cranebrook	7.50m
5	Jade Robinson	Penrith	6.32m
6	Tiana Heke	Emu Plains	6.04m
7	Therese Armstrong	Nepean	5.65m
8	Abbey Bektas	Nepean	5.44m

Girls U 14 - Shot Put (3.0 Kg)

Zone: Z 12.28m 2008 K CHAPPLE, NEPEAN			
Name	Age	Centre	Final
1	Emma Matthias	Emu Plains	11.43m
2	Erin Oshannessy	Jamison	8.63m
3	Kiayla Casserly	Werrington	7.55m
4	Leah Westcott	Nepean	6.97m
5	Chloe Burrows	Penrith	6.61m
6	Stephanie Galea	Cranebrook	6.51m
7	Kirra Richardson	Jamison	6.48m
8	Amber Justice	Penrith	5.94m
9	Madison Plunkett	Penrith	5.02m

Girls U 15 - Shot Put (3.0 Kg)

Zone: Z 13.02m 2016 A PEARSON, JAMISON			
Name	Age	Centre	Final
1	Ariana Levy	Werrington	10.44m
2	Emma Tualau	Werrington	8.88m
3	Denise Tualau	Werrington	7.93m

Girls U 17 - Shot Put (3.0 Kg)

Zone: Z 15.98m 2012 T SENGAL, NEPEAN			
Name	Age	Centre	Final
1	Shahni Edwards	Nepean	11.58m
2	Alissa Keene	Emu Plains	10.38m
3	Amelia Stone	Emu Plains	9.31m
4	Jessica Keene	Emu Plains	9.13m
5	Ainslie Baxter	Jamison	8.36m

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Girls U 7 - Discus (350 Gram)

Zone: Z 17.26m 2001 K RANADI, NEPEAN			
Name	Age	Centre	Final
1 Harper Egglestone		Emu Plains	8.64m
2 Stella McDiamid-Great		Nepean	8.24m
3 Chloe Campbell		Jamison	8.05m
4 Gracie-Mae Romelo		Penrith	7.47m
5 Emmerson Andrews		Emu Plains	6.92m
6 Giselle Stopins		Colyton St Clair	6.54m
7 Aaliya Vhandari		Nepean	5.95m
8 Kaitlyn Downes		Nepean	4.99m

Girls U 8 - Discus (500 Gram)

Zone: Z 18.56m 2002 J PETERS, NEPEAN			
Name	Age	Centre	Final
1 Taylah Pagnamenta		Penrith	11.97m
2 Marlana Tualau		Werrington	11.48m
3 Chelsea Wright		Werrington	11.44m
4 Havana Pagnamenta		Penrith	11.01m
5 Summer Stansfield		Emu Plains	9.39m
6 Talia Vecchio		Colyton St Clair	8.82m
7 Dana Francis		Nepean	8.05m
8 Kelsey Maurer		Emu Plains	7.90m
9 Bailey Smith		Jamison	6.70m
10 Kelsey Brown		Penrith	4.89m
11 Harper Russell		Penrith	4.47m

Girls U 9 - Discus (500 Gram)

Zone: Z 26.46m 1985 A RICHARDS, JAMISON			
Name	Age	Centre	Final
1 Ayanna Katahie		Emu Plains	12.85m
2 Taylah Chrisostomos		Emu Plains	12.43m
3 Sophie Thomas		Colyton St Clair	12.26m
4 Isabella Roelofs		Werrington	11.63m
5 Sarah Galea		Cranebrook	11.43m
6 Tayla Karele		Jamison	10.35m
7 Makayla Richardson		Werrington	8.08m
8 Ava ilijeski		Emu Plains	7.87m
9 Grace Corner		Werrington	6.67m

Girls U 10 - Discus (500 Gram)

Zone: Z 30.38m 1991 P MCGUFFOG, COLYTON			
Name	Age	Centre	Final
1 Sienna Karele		Jamison	15.06m
2 Ava Gregory		Penrith	14.69m
3 Alexis South		Colyton St Clair	14.44m
4 Charlotte McNeil		Cranebrook	13.33m
5 Hannah Eldridge		Nepean	13.25m
6 Indyana Campbell		Nepean	12.39m
7 Charli Deagan		Colyton St Clair	8.50m

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Girls U 11 - Discus (500 Gram)

Zone: Z 31.74m 1996		K DONOVAN, COLYTON	
Name	Age	Centre	Final
1	Jemma Camilleri	Cranebrook	30.15m
2	Lesieli Mokofisi	Nepean	25.18m
3	Zhaliya Tanielu-Park	Colyton St Clair	24.80m
4	Ella Williams	Werrington	20.30m
5	Tia Bachtis	Emu Plains	16.05m
6	Mia Brown	Penrith	14.75m
7	Madison Corner	Werrington	12.60m
8	Calista Love	Emu Plains	11.33m
9	Madison Brown	Cranebrook	9.22m
10	Amelia Griggs	Cranebrook	9.02m

Girls U 12 - Discus (750 Gram)

Zone: Z 35.68m 1996		K DONOVAN, COLYTON	
Name	Age	Centre	Final
1	Mia Thomson	Werrington	25.59m
2	Zoe Mark	Nepean	22.81m
3	Ashleigh South	Colyton St Clair	22.57m
4	Jessica Dhaliwal	Colyton St Clair	17.21m
5	Michayla Espie	Penrith	15.59m
6	Aaliyah Bavadra	Penrith	14.81m
7	Tamika Richardson	Werrington	14.37m
8	Hannah Sproule	Emu Plains	13.88m
9	Chelsea Sciberras	Nepean	10.73m
10	Abbi Grennell	Emu Plains	10.38m

Girls U 13 - Discus (750 Gram)

Zone: Z 37.62m 2014		A PEARSON, JAMISON	
Name	Age	Centre	Final
1	Maretta Fuimaono	Werrington	27.96m
2	Tara Hughes	Werrington	22.22m
3	Fuianina Washburn	Jamison	17.79m
4	Alyssa Ballard	Penrith	14.76m
5	Gemma Elliott-Swann	Nepean	12.76m
6	Therese Armstrong	Nepean	11.70m
7	Sophie McPherson	Penrith	11.56m
8	Chloe Watson	Penrith	11.05m

Girls U 14 - Discus (1.0 Kg)

Zone: Z 38.80m 2015		A PEARSON, JAMISON	
Name	Age	Centre	Final
1	Emma Matthias	Emu Plains	29.92m
2	Kiayla Casserly	Werrington	17.11m
3	Chloe Burrows	Penrith	15.86m
4	Kirra Richardson	Jamison	15.78m
5	Leah Westcott	Nepean	15.36m
6	Erin Oshannessy	Jamison	13.73m
7	Stephanie Galea	Cranebrook	12.42m

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Girls U 15 - Discus (1.0 Kg)

Zone: Z 42.96m 2016 A PEARSON, JAMISON			
Name	Age	Centre	Final
1 Emma Tualau		Werrington	22.08m
2 Alicia Langford		Penrith	18.84m
3 Denise Tualau		Werrington	14.52m
4 Darcy Jarman		Cranebrook	14.22m

Girls U 17 - Discus (1.0 Kg)

Zone: Z 43.07m 2012 T SENGAL, NEPEAN			
Name	Age	Centre	Final
1 Shahni Edwards		Nepean	33.40m
2 Alissa Keene		Emu Plains	23.02m
3 Amelia Stone		Emu Plains	21.87m
4 Tara Langford		Penrith	18.66m
5 Ainslie Baxter		Jamison	17.46m

Girls U 11 - Javelin (400 Gram)

Zone: Z 21.50m 2017 Emma Matthias, Emu Plains			
Name	Age	Centre	Final
1 Jemma Camilleri		Cranebrook	16.80m
2 Madison Corner		Werrington	11.22m
3 Lesieli Mokofisi		Nepean	8.84m
4 Kaitlin Reed		Werrington	8.10m
5 Calista Love		Emu Plains	7.40m
6 Jessica Crambrook		Emu Plains	6.94m
7 Nikitah Jones		Cranebrook	6.92m

Girls U 12 - Javelin (400 Gram)

Zone: Z 27.42m 2016 A LEVY, WERRINGTON			
Name	Age	Centre	Final
1 Ashleigh South		Colyton St Clair	17.30m
2 Zoe Mark		Nepean	15.82m
3 Aaliyah Bavadra		Penrith	14.44m
4 Hannah Sproule		Emu Plains	14.38m
5 Mariah Chrisostomos		Emu Plains	13.74m
6 Jessica Dhaliwal		Colyton St Clair	13.12m
7 Abbi Grennell		Emu Plains	10.18m
8 Brianna Atkins		Werrington	9.60m
9 Chelsea Sciberras		Nepean	8.00m

Girls U 13 - Javelin (400 Gram)

Zone: Z 31.98m 2003 N FORTH, NEPEAN			
Name	Age	Centre	Final
1 Tara Hughes		Werrington	28.50m
2 Gemma Elliott-Swann		Nepean	20.06m
3 Alyssa Ballard		Penrith	18.20m

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Girls U 14 - Javelin (400 Gram)

Zone: Z 31.56m 2016 S EDWARDS, NEPEAN			
Name	Age	Centre	Final
1 Emma Matthias		Emu Plains	27.38m
2 Kirra Richardson		Jamison	26.14m
3 Abby Hile		Colyton St Clair	18.44m
4 Leah Westcott		Nepean	13.54m
5 Kiayla Casserly		Werrington	13.20m
6 Chloe Burrows		Penrith	10.26m

Girls U 15 - Javelin (500 Gram)

Zone: Z 35.73m 2016 C SCHWARZ, NEPEAN			
Name	Age	Centre	Final
1 Ariana Levy		Werrington	31.68m
2 Alicia Langford		Penrith	22.14m
3 Emma Tualau		Werrington	13.50m
4 Denise Tualau		Werrington	12.02m

Girls U 17 - Javelin (500 Gram)

Zone: Z 37.71m 2012 T SENGAL, NEPEAN			
Name	Age	Centre	Final
1 Alyssa Youngman		Penrith	27.06m
2 Jessica Keene		Emu Plains	25.88m
3 Alissa Keene		Emu Plains	23.24m
4 Kaili Hayward		Penrith	22.08m
5 Amelia Stone		Emu Plains	18.02m

Girls U 9 - 700 Metre Walk

Zone: Z 3:29.20 2000 J MILLER, NEPEAN			
Name	Age	Centre	Final
Section 1			
1 Georgia Watson		Colyton St Clair	9:52.36

Girls U 10 - 1100 Metre Walk

Zone: Z 5:36.00 2003 S JENNINGS, NEPEAN			
Name	Age	Centre	Final
1 Indyana Campbell		Nepean	7:18.45
2 Charli Deagan		Colyton St Clair	7:38.30
3 Lily Moore		Emu Plains	7:44.89

Girls U 11 - 1100 Metre Walk

Zone: Z 5:43.40 2000 S MILLER, NEPEAN			
Name	Age	Centre	Final
1 Tia Bachtis		Emu Plains	7:46.52
2 Kaitlin Reed		Werrington	8:32.52

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Girls U 12 - 1500 Metre Walk

Zone: Z 7:05.30 1996 L McILVENIE, NEPEAN			
Name	Age	Centre	Final
1 Ashleigh South		Colyton St Clair	9:36.97
2 Aaliyah Bavadra		Penrith	11:47.39

Girls U 13 - 1500 Metre Walk

Zone: Z 6:55.80 2006 S JENNINGS, NEPEAN			
Name	Age	Centre	Final
1 Abbey Bektas		Nepean	9:02.42
2 Jessey Bektas		Nepean	9:02.64
3 Therese Armstrong		Nepean	10:20.89

Girls U 14 - 1500 Metre Walk

Zone: Z 6:43.20 1996 R McASKILL, NEPEAN			
Name	Age	Centre	Final
1 Amelia Forti		Emu Plains	9:50.64
2 Leah Westcott		Nepean	10:20.16
3 Chloe Burrows		Penrith	11:26.32

Girls U 15 - 1500 Metre Walk

Zone: Z 6:37.40 1991 C WEBB, PENRITH			
Name	Age	Centre	Final
1 Rhianni Deagan		Colyton St Clair	8:43.47

Girls U 17 - 1500 Metre Walk

Zone: Z 7:56.90 2013 B BEASLEY, NEPEAN			
Name	Age	Centre	Final
1 Jada Thomson		Colyton St Clair	8:09.70

Boys U 7 - 50 Metre Sprint

Zone: Z 8.41 8/12/2018 Beau Argæet, Nepean			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Dante Ward		Jamison	9.30Q
2 Chayse Edwards		Nepean	9.55Q
3 Marley Bavadra		Penrith	10.33q
4 Leo Simpson		Werrington	10.46q
5 Manaia Thomas		Penrith	11.13
6 Dominic Pagett-Salman		Nepean	13.41
Heat 2 Heats			
1 Lucas Wells		Penrith	9.83Q
2 Riley Bradshaw		Penrith	10.54Q
Heat 3 Heats			
1 Alexander Simpson		Emu Plains	9.23Q
2 Daniel Marsh-Tidyman		Emu Plains	9.96Q
3 Zadyn Casserly		Werrington	10.70
4 Isaac McNaught		Penrith	10.72

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....Boys U 7 - 50 Metre Sprint

5 Owen Sproule Emu Plains 12.19

Boys U 7 - 50 Metre Sprint

=====
 Zone: Z 8.41 8/12/2018 Beau Argaet, Nepean

Name Age Centre Final
 =====

Section 1 Final

1 Dante Ward	Jamison	9.21
2 Alexander Simpson	Emu Plains	9.24
3 Chayse Edwards	Nepean	9.59
4 Daniel Marsh-Tidyman	Emu Plains	9.77
5 Lucas Wells	Penrith	9.80
6 Marley Bavadra	Penrith	10.12
7 Leo Simpson	Werrington	10.51
8 Riley Bradshaw	Penrith	10.52

Boys U 7 - 70 Metre Sprint

=====
 Zone: Z 11.45 1997 B MEDLIN, JAMISON

Name Age Centre Heats
 =====

Heat 1 Heats

1 Koen Beale	Penrith	12.77Q
2 Byron Mansour	Werrington	13.21Q
3 Harrison Gilchrist	Penrith	13.49q
4 Marley Bavadra	Penrith	14.27
5 Leo Simpson	Werrington	14.48
6 Matthew Davis	Emu Plains	16.42

Heat 2 Heats

1 Issac Spaccavento	Nepean	12.58Q
2 Dante Ward	Jamison	12.87Q
3 Chayse Edwards	Nepean	13.11q
4 Andreatta Mathayus	Cranebrook	14.14
5 Riley Bradshaw	Penrith	14.38
6 Harrison Lewtschenko	Werrington	15.14

Heat 3 Heats

1 Daniel Marsh-Tidyman	Emu Plains	13.34Q
2 Lucas Wells	Penrith	14.15Q
3 Dominic Pagett-Salman	Nepean	14.46

Boys U 7 - 70 Metre Sprint

=====
 Zone: Z 11.45 1997 B MEDLIN, JAMISON

Name Age Centre Final
 =====

Section 1 Final

1 Issac Spaccavento	Nepean	12.37
2 Koen Beale	Penrith	12.89
3 Chayse Edwards	Nepean	12.90
4 Dante Ward	Jamison	12.99
5 Byron Mansour	Werrington	13.35
6 Daniel Marsh-Tidyman	Emu Plains	13.40
7 Lucas Wells	Penrith	13.59
8 Harrison Gilchrist	Penrith	13.79

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Boys U 8 - 70 Metre Sprint

Zone: Z 11.12 1/12/2019 Jobie Madden, Werrington			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jobie Madden		Werrington	11.47Q
2 Zeki Salih		Colyton St Clair	12.24Q
3 Haydin Firman		Nepean	14.48
Heat 2 Heats			
1 Levi Pignat		Nepean	11.84Q
2 Peter Bachtis		Emu Plains	12.17Q
3 Kahil Perez		Werrington	12.18q
4 Ethan Robinson		Penrith	13.50
5 Jensen Pryke		Cranebrook	13.51
Heat 3 Heats			
1 Hayden Macaulay		Penrith	12.02Q
2 Eli Simpson		Werrington	12.05Q
3 Khye Hunter		Jamison	12.48q
4 Clayton Gregory		Penrith	12.63
5 Casey Crambrook		Emu Plains	13.64

Boys U 8 - 70 Metre Sprint

Zone: Z 11.12 1/12/2019 Jobie Madden, Werrington			
Name	Age	Centre	Final
Section 1 Final			
1 Jobie Madden		Werrington	11.12Z
2 Hayden Macaulay		Penrith	11.63
3 Levi Pignat		Nepean	11.75
4 Eli Simpson		Werrington	11.82
5 Zeki Salih		Colyton St Clair	11.86
6 Peter Bachtis		Emu Plains	12.06
7 Kahil Perez		Werrington	12.13
8 Khye Hunter		Jamison	12.48

Boys U 9 - 70 Metre Sprint

Zone: Z 10.35 1996 D CAHALANE, CRANE BROOK			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Timothy Hammond		Emu Plains	11.28q
2 Kitiseni Gabriel Alefosi		Werrington	11.73q
3 Denzel Odhiambo		Emu Plains	11.92q
4 Oscar Gilchrist		Penrith	12.34
5 Tanner Clarke		Emu Plains	12.46
Heat 2 Heats			
1 Remy Cross		Emu Plains	11.41q
2 Bailey Plunkett		Penrith	11.80q
3 Dominic Kassouf		Werrington	12.27
4 Flynn Falzon		Penrith	12.54
Heat 3 Heats			
1 Egbosiogwe Ugbomhe		Werrington	11.07q
2 Reece Gallagher		Nepean	11.45q
3 Ilhan Elve		Penrith	11.79q
4 Thiago Mironow		Nepean	12.16

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Boys U 9 - 70 Metre Sprint

Zone: Z 10.35 1996 D CAHALANE, CRANE BROOK			
Name	Age	Centre	Final
Section 1 Final			
1 Reece Gallagher		Nepean	10.54
2 Remy Cross		Emu Plains	10.82
3 Egbosilogwe Ugbomhe		Werrington	10.96
4 Timothy Hammond		Emu Plains	11.15
5 Ilhan Elve		Penrith	11.39
6 Kitiseni Gabriel Alefosi		Werrington	11.41
7 Bailey Plunkett		Penrith	11.49
8 Denzel Odhiambo		Emu Plains	11.68

Boys U 10 - 70 Metre Sprint

Zone: Z 10.15 1997 J ATKINS, CRANE BROOK			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Caelan Green		Emu Plains	10.65q
2 Jaxson Willmington		Emu Plains	11.16q
3 Ryan Sciberras		Nepean	11.26q
4 Zachary Herrero		Werrington	12.00q
5 Callam Firman		Nepean	12.28q

Boys U 10 - 70 Metre Sprint

Zone: Z 10.15 1997 J ATKINS, CRANE BROOK			
Name	Age	Centre	Final
Section 1 Final			
1 Caelan Green		Emu Plains	10.65
2 Jaxson Willmington		Emu Plains	11.16
3 Ryan Sciberras		Nepean	11.26
4 Zachary Herrero		Werrington	12.00
5 Callam Firman		Nepean	12.28

Boys U 7 - 100 Metre Sprint

Zone: Z 16.25 1997 B MEDLIN, JAMISON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Issac Spaccavento		Nepean	17.77Q
2 Alexander Simpson		Emu Plains	18.04Q
3 Harrison Gilchrist		Penrith	18.92q
4 Daniel Marsh-Tidyman		Emu Plains	19.04q
5 Manaia Thomas		Penrith	22.30
6 Isaac McNaught		Penrith	25.27
Heat 2 Heats			
1 Dante Ward		Jamison	17.97Q
2 Koen Beale		Penrith	18.57Q
3 Byron Mansour		Werrington	20.05
4 Tevita-Jr Gatehau		Werrington	20.83
5 Leo Simpson		Werrington	20.92
Heat 3 Heats			
1 Nephi Shortland		Colyton St Clair	19.80Q
2 Piri Heke		Emu Plains	20.11Q

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....Boys U 7 - 100 Metre Sprint

3 Marley Bavadra	Penrith	20.12
4 Riley Bradshaw	Penrith	21.54

Boys U 7 - 100 Metre Sprint

Name	Age	Centre	Final
Zone: Z 16.25 1997 B MEDLIN, JAMISON			
Section 1 Final			
1 Issac Spaccavento		Nepean	17.65
2 Koen Beale		Penrith	18.05
3 Dante Ward		Jamison	18.51
4 Harrison Gilchrist		Penrith	18.84
5 Piri Heke		Emu Plains	19.55
6 Nephi Shortland		Colyton St Clair	19.82

Boys U 8 - 100 Metre Sprint

Name	Age	Centre	Heats
Zone: Z 15.35 1987 P ROSE, EMU PLAINS			
Heat 1 Heats			
1 Preston Swann		Nepean	18.47Q
2 Liam Karavas		Cranebrook	19.06
3 Jenson Pryke		Cranebrook	19.42
4 Riley McPhillips		Jamison	20.07
5 Haydin Firman		Nepean	21.51
6 Yannick Kansakar		Nepean	22.98
Heat 2 Heats			
1 Eli Simpson		Werrington	16.83Q
2 Zeki Salih		Colyton St Clair	17.29q
3 Peter Bachtis		Emu Plains	17.93
4 Jack Bailey		Nepean	19.10
-- Clayton Gregory		Penrith	DQ
Heat 3 Heats			
1 Chigozie Ogbonna		Colyton St Clair	15.61Q
2 Levi Pignat		Nepean	16.21q
3 Kahil Perez		Werrington	16.90q
4 Ethan Robinson		Penrith	18.58
Heat 4 Heats			
1 Jobie Madden		Werrington	16.21Q
2 Hayden Macaulay		Penrith	17.31q
3 Lachlan Bradshaw		Penrith	18.08
4 Khye Hunter		Jamison	18.12
5 Lucas O'Hare		Nepean	22.67

Boys U 8 - 100 Metre Sprint

Name	Age	Centre	Final
Zone: Z 15.35 1987 P ROSE, EMU PLAINS			
Section 1 Final			
1 Jobie Madden		Werrington	15.99
2 Zeki Salih		Colyton St Clair	16.69
3 Eli Simpson		Werrington	16.93
4 Levi Pignat		Nepean	16.95
5 Hayden Macaulay		Penrith	17.04
6 Kahil Perez		Werrington	17.15

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....Boys U 8 - 100 Metre Sprint

7	Preston Swann	Nepean	18.51
--	Chigozie Ogbonna	Colyton St Clair	DQ Removed Protest

Boys U 9 - 100 Metre Sprint

=====
 Zone: Z 14.55 1994 A GARRARD, JAMISON
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Reece Gallagher	Nepean	15.73Q
2	Lachlan Cordell	Penrith	16.56Q
3	Denzel Odhiambo	Emu Plains	16.76q
4	Bailey Plunkett	Penrith	16.86
5	Hague Trudinger Asare	Colyton St Clair	17.33
6	Harlum Hooke	Penrith	17.69
7	Oscar Gilchrist	Penrith	17.97
8	Joel Romelo	Penrith	19.28

Heat 2 Heats

1	Egbosilogwe Ugbomhe	Werrington	15.59Q
2	Timothy Hammond	Emu Plains	15.70Q
3	Remy Cross	Emu Plains	16.29q
4	Blake Callaghan	Emu Plains	17.77
5	Tanner Clarke	Emu Plains	17.85

Heat 3 Heats

1	Kitiseni Gabriel Alefosi	Werrington	16.31Q
2	Ilhan Elve	Penrith	16.38Q
3	Thiago Mironow	Nepean	16.80
4	Brayden Fretton-Lee	Emu Plains	17.69
5	Dominic Kassouf	Werrington	17.73
6	Spencer Schofield	Cranebrook	18.07

Boys U 9 - 100 Metre Sprint

=====
 Zone: Z 14.55 1994 A GARRARD, JAMISON
 Name Age Centre Final
 =====

Section 1 Final

1	Reece Gallagher	Nepean	15.12
2	Remy Cross	Emu Plains	15.43
3	Timothy Hammond	Emu Plains	15.62
4	Egbosilogwe Ugbomhe	Werrington	15.71
5	Kitiseni Gabriel Alefosi	Werrington	16.02
6	Lachlan Cordell	Penrith	16.16
7	Ilhan Elve	Penrith	16.19
8	Denzel Odhiambo	Emu Plains	16.80

Boys U 10 - 100 Metre Sprint

=====
 Zone: Z 14.05 1985 S SUTTON, EMU PLAINS
 Name Age Centre Heats
 =====

Heat 1 Heats

1	Caiden Waugh	Penrith	15.72Q
2	Jarryd Edmunds	Cranebrook	16.12Q
3	Lachlan Gillard	Colyton St Clair	16.50q
4	Brayden Kelly	Penrith	16.90
5	Ismail Akram	Nepean	17.30
6	Lachlan Woods	Emu Plains	18.38

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....Boys U 10 - 100 Metre Sprint

Heat 2 Heats			
1	Findlay Toohey	Emu Plains	15.92Q
1	Mafia Saito	Emu Plains	15.92Q
3	Ryan Sciberras	Nepean	15.96q
4	Zara Igbojiaku	Werrington	17.22
5	Sunia Ula	Nepean	18.13
6	Ethan Hughes	Werrington	20.13
Heat 3 Heats			
1	Caelan Green	Emu Plains	15.66Q
2	Malakhi Sutherland-Naylo	Penrith	16.24Q
3	Jaxson Willmington	Emu Plains	16.73
4	Benji Ebejer	Cranebrook	16.84
5	Xzavier Jones-Dunn	Penrith	17.25
6	Zachary Herrero	Werrington	17.98

Boys U 10 - 100 Metre Sprint

=====			
	Zone: Z 14.05	1985	S SUTTON, EMU PLAINS
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Caelan Green	Emu Plains	15.29
2	Caiden Waugh	Penrith	15.34
3	Findlay Toohey	Emu Plains	15.71
4	Ryan Sciberras	Nepean	15.72
5	Jarryd Edmunds	Cranebrook	15.79
6	Mafia Saito	Emu Plains	15.85
7	Lachlan Gillard	Colyton St Clair	16.61
8	Malakhi Sutherland-Naylo	Penrith	19.94

Boys U 11 - 100 Metre Sprint

=====			
	Zone: Z 13.25	1996	A GARRARD, JAMISON
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Hamish Aussel	Emu Plains	14.89Q
2	Ethan Nixon	Emu Plains	15.06Q
3	Noah Hams	Colyton St Clair	15.09Q
4	William Bradford	Emu Plains	16.39
5	Lucas Aquilina	Nepean	16.48
Heat 2 Heats			
1	Dylan Taylor-Rogers	Cranebrook	14.18Q
2	Epeosi Ugbohmhe	Werrington	14.71Q
3	Bryson Browne	Nepean	14.85Q
4	Ryan Debritt	Cranebrook	15.36q
5	Ardit Singh Maan	Colyton St Clair	16.23q
6	Jason Bailey	Nepean	16.99

Boys U 11 - 100 Metre Sprint

=====			
	Zone: Z 13.25	1996	A GARRARD, JAMISON
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Dylan Taylor-Rogers	Cranebrook	14.09
2	Ethan Nixon	Emu Plains	14.42
3	Noah Hams	Colyton St Clair	14.53

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....Boys U 11 - 100 Metre Sprint

4 Epeosi Ugbomhe	Werrington	14.64
5 Hamish Aussel	Emu Plains	14.70
6 Bryson Browne	Nepean	14.75
7 Ryan Debritt	Cranebrook	14.85
8 Ardit Singh Maan	Colyton St Clair	15.93

Boys U 12 - 100 Metre Sprint

=====			
	Zone: Z 12.95	2012	S MUNAWEERA, JAMISON
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Jack Gillard		Colyton St Clair	14.06Q
2 Ashton Dawes		Penrith	14.28Q
3 Andrew Kaufononga		Nepean	14.67Q
4 Cody Francis		Nepean	15.81q
5 Luke Alderson		Penrith	16.27
6 Jaxson Armson		Colyton St Clair	17.16
7 Hussain Akram		Nepean	18.08
Heat 2 Heats			
1 Ethan Hadfield		Werrington	13.69Q
2 Tyler Peken		Penrith	13.87Q
3 Jack Affleck		Cranebrook	14.07Q
4 Xavier Perry		Nepean	14.15q
5 Cenk Elve		Penrith	16.13
6 Liam Buhagiar		Werrington	16.91

Boys U 12 - 100 Metre Sprint

=====			
	Zone: Z 12.95	2012	S MUNAWEERA, JAMISON
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Ethan Hadfield		Werrington	13.45
2 Tyler Peken		Penrith	13.48
3 Jack Affleck		Cranebrook	13.70
4 Jack Gillard		Colyton St Clair	13.71
5 Ashton Dawes		Penrith	14.06
6 Andrew Kaufononga		Nepean	14.34
7 Xavier Perry		Nepean	14.44
8 Cody Francis		Nepean	15.60

Boys U 13 - 100 Metre Sprint

=====			
	Zone: Z 12.35	2013	S MUNAWEERA, JAMISON
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Malakai Bavadra		Penrith	13.73Q
2 Kian Brown		Emu Plains	14.49Q
3 Mitchell Crocker		Werrington	14.66Q
4 Jackson Clarke		Emu Plains	15.10q
5 Lochlain Smith		Penrith	15.11q
6 Hayden Aquilina		Nepean	15.64q
7 Lachlan O'Mullane-Slade		Nepean	17.66q
8 Lowndes Motler		Werrington	18.32q

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Boys U 13 - 100 Metre Sprint

Zone: Z 12.35 2013 S MUNAWEERA, JAMISON			
Name	Age	Centre	Final
Section 1 Final			
1 Malakai Bavadra		Penrith	13.73
2 Kian Brown		Emu Plains	14.49
3 Mitchell Crocker		Werrington	14.66
4 Jackson Clarke		Emu Plains	15.10
5 Lochlain Smith		Penrith	15.11
6 Hayden Aquilina		Nepean	15.64
7 Lachlan O'Mullane-Slade		Nepean	17.66
8 Lowndes Motler		Werrington	18.32

Boys U 14 - 100 Metre Sprint

Zone: Z 11.45 2013 A GALE, NEPEAN			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Evander Kelly		Emu Plains	12.48Q
2 Jacob Kelly		Emu Plains	12.61Q
3 Joel Gomes		Emu Plains	13.14Q
4 Kai Hughes		Jamison	13.42q
5 Lincoln Hole		Colyton St Clair	13.45q
6 Osione Ugbonmhe		Werrington	14.37q
7 Flynn Sanders		Emu Plains	15.66q
8 Christian Ansell		Jamison	17.18q

Boys U 14 - 100 Metre Sprint

Zone: Z 11.45 2013 A GALE, NEPEAN			
Name	Age	Centre	Final
Section 1 Final			
1 Evander Kelly		Emu Plains	12.46
2 Jacob Kelly		Emu Plains	12.61
3 Joel Gomes		Emu Plains	13.14
3 Kai Hughes		Jamison	13.14
5 Lincoln Hole		Colyton St Clair	13.45
6 Osione Ugbonmhe		Werrington	14.37
7 Flynn Sanders		Emu Plains	15.16
8 Christian Ansell		Jamison	17.18

Boys U 15 - 100 Metre Sprint

Zone: Z 11.20 2014 A GALE, NEPEAN			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Joshua Debritt		Cranebrook	12.24Q
2 Cruz Pagnamenta		Penrith	12.32Q
3 Khain Letford		Werrington	12.87Q
4 Adrian Hadfield		Werrington	12.91q
5 William Ives		Emu Plains	12.92q
6 Isaac Sharp		Werrington	13.30q
7 Rhys Warby		Cranebrook	13.32q
8 Ryan Letford		Werrington	13.35q
9 Aiden Espie		Penrith	18.02

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Boys U 15 - 100 Metre Sprint

Zone: Z 11.20 2014 A GALE, NEPEAN			
Name	Age	Centre	Final
Section 1 Final			
1 Joshua Debritt		Cranebrook	12.24
2 Cruz Pagnamenta		Penrith	12.32
3 Khain Letford		Werrington	12.87
4 Adrian Hadfield		Werrington	12.91
5 William Ives		Emu Plains	12.92
6 Isaac Sharp		Werrington	13.30
7 Rhys Warby		Cranebrook	13.32
8 Ryan Letford		Werrington	13.35

Boys U 17 - 100 Metre Sprint

Zone: Z 11.03 2015 A GALE, NEPEAN			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Laud Codjoe		Colyton St Clair	11.54Q
2 Ryan Mooney		Jamison	11.80Q
3 Dylan O'Mullane-Slade		Nepean	11.99q
4 Jackson Justice		Penrith	12.27q

Boys U 17 - 100 Metre Sprint

Zone: Z 11.03 2015 A GALE, NEPEAN			
Name	Age	Centre	Final
Section 1 Final			
1 Laud Codjoe		Colyton St Clair	11.54
2 Ryan Mooney		Jamison	11.80
3 Dylan O'Mullane-Slade		Nepean	11.99
4 Jackson Justice		Penrith	12.27

Boys U 7 - 200 Metre Sprint

Zone: Z 34.25 1985 T WOZNIAK, PENRITH VALLEY			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Dante Ward		Jamison	40.41Q
2 Harrison Gilchrist		Penrith	42.41Q
3 Tevita-Jr Gatehau		Werrington	43.99q
4 Ismail Majedzada		Nepean	44.31q
5 Tyler McSharry		Nepean	49.54
Heat 2 Heats			
1 Issac Spaccavento		Nepean	39.47Q
2 Koen Beale		Penrith	43.41Q
3 Riley Bradshaw		Penrith	46.15q
4 Owen Sproule		Emu Plains	48.08q

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Boys U 7 - 200 Metre Sprint

Zone: Z 34.25 1985 T WOZNIAK, PENRITH VALLEY			
Name	Age	Centre	Final
Section 1 Final			
1 Issac Spaccavento		Nepean	37.94
2 Koen Beale		Penrith	41.23
3 Dante Ward		Jamison	41.44
4 Harrison Gilchrist		Penrith	41.49
5 Tevita-Jr Gatehau		Werrington	45.78
6 Owen Sproule		Emu Plains	46.94

Boys U 8 - 200 Metre Sprint

Zone: Z 32.25 1986 J BAYLIS, COLYTON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Chigozie Ogbonna		Colyton St Clair	35.23Q
2 Hayden Macaulay		Penrith	36.99Q
3 Preston Swann		Nepean	40.33Q
4 Khye Hunter		Jamison	40.61q
5 Casey Crambrook		Emu Plains	41.04q
6 Haydin Firman		Nepean	52.52
Heat 2 Heats			
1 Zeki Salih		Colyton St Clair	37.86Q
2 Ethan Robinson		Penrith	40.84Q
3 Liam Karavas		Cranebrook	41.12Q
4 Coen Houben		Emu Plains	44.16

Boys U 8 - 200 Metre Sprint

Zone: Z 32.25 1986 J BAYLIS, COLYTON			
Name	Age	Centre	Final
Section 1 Final			
1 Chigozie Ogbonna		Colyton St Clair	35.66
2 Hayden Macaulay		Penrith	36.94
3 Zeki Salih		Colyton St Clair	37.40
4 Ethan Robinson		Penrith	39.84
5 Liam Karavas		Cranebrook	40.73
6 Preston Swann		Nepean	40.91
7 Khye Hunter		Jamison	41.96

Boys U 9 - 200 Metre Sprint

Zone: Z 30.35 1984 S SUTTON, EMU PLAINS			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Egbosioigwe Ugbomhe		Werrington	31.72Q
2 Denzel Odhiambo		Emu Plains	36.02Q
3 Brayden Fretton-Lee		Emu Plains	36.85Q
4 Tanner Clarke		Emu Plains	37.75
5 Luke Down		Nepean	38.06
6 Logan McFawn		Nepean	41.82
Heat 2 Heats			
1 Timothy Hammond		Emu Plains	32.61Q
2 Cooper Falzon		Werrington	32.63Q

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....Boys U 9 - 200 Metre Sprint

3 Remy Cross	Emu Plains	33.09Q
4 Henry McDowell	Werrington	33.20q
5 Lachlan Cordell	Penrith	34.14q
6 Conan Waugh	Penrith	36.31
7 Tom Billaut	Emu Plains	38.14
8 Isaac Crowe	Werrington	41.30

Boys U 9 - 200 Metre Sprint

=====
 Zone: Z 30.35 1984 S SUTTON, EMU PLAINS
 Name Age Centre Final
 =====

Section 1 Final

1 Egbosiogwe Ugbonhe	Werrington	32.12
2 Remy Cross	Emu Plains	33.04
3 Henry McDowell	Werrington	33.49
4 Timothy Hammond	Emu Plains	33.69
5 Cooper Falzon	Werrington	33.70
6 Lachlan Cordell	Penrith	34.12
7 Denzel Odhiambo	Emu Plains	36.45
8 Brayden Fretton-Lee	Emu Plains	37.06

Boys U 10 - 200 Metre Sprint

=====
 Zone: Z 29.25 1990 J DIBBS, COLYTON
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Sebastian Cech	Emu Plains	32.54Q
2 Ellis Haydon	Emu Plains	33.02Q
3 Ryan Sciberras	Nepean	33.97Q
4 Malakhi Sutherland-Naylo	Penrith	34.33q
5 Sunia Ula	Nepean	39.65

Heat 2 Heats

1 Jarryd Edmunds	Cranebrook	33.85Q
2 Jaxson Willmington	Emu Plains	34.69Q
3 Brayden Kelly	Penrith	35.62Q
4 Tyler Horne	Penrith	37.30q
5 Zachary Herrero	Werrington	38.89
6 Xzavier Jones-Dunn	Penrith	39.39

Boys U 10 - 200 Metre Sprint

=====
 Zone: Z 29.25 1990 J DIBBS, COLYTON
 Name Age Centre Final
 =====

Section 1 Final

1 Sebastian Cech	Emu Plains	32.93
2 Jarryd Edmunds	Cranebrook	33.33
3 Malakhi Sutherland-Naylo	Penrith	33.66
4 Ryan Sciberras	Nepean	33.84
5 Ellis Haydon	Emu Plains	34.18
6 Brayden Kelly	Penrith	35.55
7 Jaxson Willmington	Emu Plains	35.66
8 Tyler Horne	Penrith	39.01

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Boys U 11 - 200 Metre Sprint

Zone: Z 27.55 1996 P TONER, NEPEAN			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Kamso Igbojiaku		Werrington	31.37Q
2 Dylan Taylor-Rogers		Cranebrook	31.58Q
3 Ryan Debritt		Cranebrook	32.23Q
4 Bryson Browne		Nepean	32.43q
5 Archie King		Emu Plains	33.04
6 Samuel Abboud		Nepean	36.31
7 Lucas Aquilina		Nepean	36.93
8 Jason Bailey		Nepean	40.52
Heat 2 Heats			
1 Kai Cullens		Jamison	30.66Q
2 Epeosi Ugbonmhe		Werrington	31.10Q
3 Kael Brown		Emu Plains	31.87Q
4 Ethan Nixon		Emu Plains	32.15q
5 Hamish Aussel		Emu Plains	33.45
6 Jackson Fayers		Cranebrook	34.70
7 Riley Jarvis		Penrith	38.57

Boys U 11 - 200 Metre Sprint

Zone: Z 27.55 1996 P TONER, NEPEAN			
Name	Age	Centre	Final
Section 1 Final			
1 Kai Cullens		Jamison	30.13
2 Dylan Taylor-Rogers		Cranebrook	30.49
3 Kael Brown		Emu Plains	30.62
4 Ryan Debritt		Cranebrook	30.69
5 Ethan Nixon		Emu Plains	31.13
6 Kamso Igbojiaku		Werrington	31.19
7 Epeosi Ugbonmhe		Werrington	31.20
-- Bryson Browne		Nepean	DQ

Boys U 12 - 200 Metre Sprint

Zone: Z 26.45 2012 S MUNAWEERA, JAMISON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Tyler Peken		Penrith	30.32Q
2 Jack Affleck		Cranebrook	31.02Q
3 Andrew Kaufononga		Nepean	31.99Q
4 Adam McDonald		Jamison	32.19q
5 Dominic Vecchio		Colyton St Clair	33.30q
6 Jordan Primmer		Nepean	33.79
Heat 2 Heats			
1 Ethan Hadfield		Werrington	28.80Q
2 Jack Gillard		Colyton St Clair	29.45Q
3 Xavier Perry		Nepean	29.62Q
4 Dante Masi		Colyton St Clair	34.25
5 Liam Buhagiar		Werrington	36.65

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Boys U 12 - 200 Metre Sprint

Zone: Z 26.45 2012 S MUNAWEERA, JAMISON			
Name	Age	Centre	Final
Section 1 Final			
1 Tyler Peken		Penrith	27.87
2 Ethan Hadfield		Werrington	27.99
3 Jack Affleck		Cranebrook	29.00
4 Jack Gillard		Colyton St Clair	29.57
5 Xavier Perry		Nepean	30.49
6 Andrew Kaufononga		Nepean	31.87
7 Adam McDonald		Jamison	32.51
8 Dominic Vecchio		Colyton St Clair	34.47

Boys U 13 - 200 Metre Sprint

Zone: Z 24.35 2013 S MUNAWEERA, JAMISON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Will Haydon		Emu Plains	30.52Q
2 Lochlain Smith		Penrith	31.46Q
3 Hayden Aquilina		Nepean	33.20Q
4 Lachlan Pryke		Cranebrook	34.88q
5 Jack Giampietro		Emu Plains	35.04q
6 Lachlan O'Mullane-Slade		Nepean	38.16
Heat 2 Heats			
1 Malakai Bavadra		Penrith	28.90Q
2 Kian Brown		Emu Plains	29.65Q
3 Mitchell Crocker		Werrington	31.06Q

Boys U 13 - 200 Metre Sprint

Zone: Z 24.35 2013 S MUNAWEERA, JAMISON			
Name	Age	Centre	Final
Section 1 Final			
1 Will Haydon		Emu Plains	28.13
2 Malakai Bavadra		Penrith	28.56
3 Kian Brown		Emu Plains	30.03
4 Mitchell Crocker		Werrington	30.78
5 Lochlain Smith		Penrith	32.07
6 Hayden Aquilina		Nepean	33.67
7 Jack Giampietro		Emu Plains	34.71
8 Lachlan Pryke		Cranebrook	35.17

Boys U 14 - 200 Metre Sprint

Zone: Z 24.34 2016 L CODJOE, COLYTON ST CLAIR			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Evander Kelly		Emu Plains	25.46Q
2 Joel Gomes		Emu Plains	26.66Q
3 Lincoln Hole		Colyton St Clair	26.90Q
4 Kai Hughes		Jamison	27.15q
5 Toby Camilleri		Cranebrook	28.06q
6 Osione Ugbonmhe		Werrington	30.13q
7 Evan O'Mullane-Slade		Nepean	31.66q

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....Boys U 14 - 200 Metre Sprint

8 Christian Ansell	Jamison	37.61q
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Boys U 14 - 200 Metre Sprint

=====
 Zone: Z 24.34 2016 L CODJOE, COLYTON ST CLAIR
 Name Age Centre Final
 =====

Section 1 Final

1 Evander Kelly	Emu Plains	25.46
2 Joel Gomes	Emu Plains	26.66
3 Lincoln Hole	Colyton St Clair	26.90
4 Kai Hughes	Jamison	27.15
5 Toby Camilleri	Cranebrook	28.06
6 Osione Ugbonmhe	Werrington	30.13
7 Evan O'Mullane-Slade	Nepean	31.66
8 Christian Ansell	Jamison	37.61

Boys U 15 - 200 Metre Sprint

=====
 Zone: Z 23.15 2015 J McLACHLAN, WERRINGTON
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Cruz Pagnamenta	Penrith	25.27q
2 Joshua Debritt	Cranebrook	25.28q
3 Adrian Hadfield	Werrington	25.88q
4 Khain Letford	Werrington	26.36q
5 Ryan Letford	Werrington	27.56q
6 Isaac Sharp	Werrington	28.16q
7 Rhys Warby	Cranebrook	28.83q

Boys U 15 - 200 Metre Sprint

=====
 Zone: Z 23.15 2015 J McLACHLAN, WERRINGTON
 Name Age Centre Final
 =====

Section 1 Final

1 Cruz Pagnamenta	Penrith	25.27
2 Joshua Debritt	Cranebrook	25.28
3 Adrian Hadfield	Werrington	25.88
4 Khain Letford	Werrington	26.36
5 Ryan Letford	Werrington	27.56
6 Isaac Sharp	Werrington	28.16
7 Rhys Warby	Cranebrook	28.83

Boys U 17 - 200 Metre Sprint

=====
 Zone: Z 22.49 2015 A GALE, NEPEAN
 Name Age Centre Heats
 =====

Heat 1 Heats

1 Laud Codjoe	Colyton St Clair	23.75q
2 Ryan Mooney	Jamison	24.50q
3 Jackson Justice	Penrith	24.68q
4 Hugh Harrold	Emu Plains	24.71q
5 Dylan O'Mullane-Slade	Nepean	24.79q

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Zone: Z 22.49 2015 A GALE, NEPEAN			
Name	Age	Centre	Final
Section 1 Final			
1 Laud Codjoe		Colyton St Clair	23.75
2 Ryan Mooney		Jamison	24.50
3 Jackson Justice		Penrith	24.68
4 Hugh Harrold		Emu Plains	24.71
5 Dylan O'Mullane-Slade		Nepean	24.79

Boys U 8 - 400 Metre Sprint

Zone: Z 1:14.25 1991 L ROONEY, PENRITH VALLEY			
Name	Age	Centre	Final
Section 1			
1 Kahil Perez		Werrington	1:31.95
2 Lucas McPherson		Penrith	1:35.15
3 Casey Crambrook		Emu Plains	1:38.82
4 Jack Bailey		Nepean	1:41.11
5 Riley McPhillips		Jamison	1:41.97
-- Ethan Robinson		Penrith	DQ

Boys U 9 - 400 Metre Sprint

Zone: Z 1:09.54 2015 N LANG, JAMISON			
Name	Age	Centre	Final
1 Timothy Hammond		Emu Plains	1:21.02
2 Tom Billaut		Emu Plains	1:24.96
3 Blake Callaghan		Emu Plains	1:33.05
4 Spencer Schofield		Cranebrook	1:34.30
5 Jarryd Morris		Colyton St Clair	1:58.37
Section 2			
1 Henry McDowell		Werrington	1:16.38
2 Jordan Jara		Nepean	1:26.08
3 Conan Waugh		Penrith	1:28.92
4 Luke Down		Nepean	1:33.71
5 Isaac Crowe		Werrington	1:33.86
6 Logan McFawn		Nepean	1:37.73
7 Dominic Kassouf		Werrington	1:38.93
8 Joel Romelo		Penrith	1:52.70

Boys U 10 - 400 Metre Sprint

Zone: Z 1:07.95 1996 J MILBURN, NEPEAN			
Name	Age	Centre	Final
Section 1			
1 Ellis Haydon		Emu Plains	1:13.85
2 Sebastian Cech		Emu Plains	1:18.19
3 Evan Francis		Nepean	1:18.82
4 Owen Levy		Werrington	1:20.93
5 Jarryd Edmunds		Cranebrook	1:24.76
6 Malakhi Sutherland-Naylo		Penrith	1:27.54
Section 2			
1 Raemon-Jr Gatehau		Werrington	1:16.76
2 Findlay Toohey		Emu Plains	1:19.92

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....Boys U 10 - 400 Metre Sprint

3 Mafia Saito	Emu Plains	1:20.75
4 William Jones	Emu Plains	1:20.94
5 Lachlan Gillard	Colyton St Clair	1:26.70
6 Caleb Eldridge	Nepean	1:30.20

Boys U 11 - 400 Metre Sprint

=====			
Zone: Z 1:05.05		1997	J MILBURN, NEPEAN
Name	Age	Centre	Final
=====			
Section 1			
1 Samuel Abboud		Nepean	1:17.46
2 Eamon Toland		Emu Plains	1:18.65
3 Lucas Aquilina		Nepean	1:20.75
4 Sevan Billaut		Emu Plains	1:21.08
5 Hamish Aussel		Emu Plains	1:21.11
Section 2			
1 Kamsu Igbojiaku		Werrington	1:11.43
2 Kael Brown		Emu Plains	1:11.51
3 Ryan Debritt		Cranebrook	1:19.05
4 Jackson Fayers		Cranebrook	1:28.27

Boys U 12 - 400 Metre Sprint

=====			
Zone: Z 1:02.75		1996	L ROONEY, PENRITH VALLEY
Name	Age	Centre	Final
=====			
Section 1			
1 Tyler Peken		Penrith	1:09.70
2 Xavier Perry		Nepean	1:10.73
3 Adam McDonald		Jamison	1:11.01
4 Ethan Mackie		Emu Plains	1:14.30
5 Luke Alderson		Penrith	1:22.48
6 Hussain Akram		Nepean	1:43.52

Boys U 13 - 400 Metre Sprint

=====			
Zone: Z 58.15		1996	P HARDING, PENRITH
Name	Age	Centre	Final
=====			
1 Will Haydon		Emu Plains	1:06.67
2 Malakai Bavadra		Penrith	1:08.01
3 Jake Roberts		Emu Plains	1:14.77
4 Hayden Aquilina		Nepean	1:21.68

Boys U 14 - 400 Metre Sprint

=====			
Zone: Z 53.85		1996	P HARDING, PENRITH VALLEY
Name	Age	Centre	Final
=====			
1 Joel Gomes		Emu Plains	1:03.08
2 Kai Hughes		Jamison	1:09.55
3 Dylan Jones		Jamison	1:16.82
4 Flynn Sanders		Emu Plains	1:28.44

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Boys U 15 - 400 Metre Sprint

Zone: Z 52.75 2001 J MILBURN, NEPEAN			
Name	Age	Centre	Final
1 Cruz Pagnamenta		Penrith	58.60
2 Adrian Hadfield		Werrington	1:02.09
3 Tiago Ribeiro		Emu Plains	1:04.64
4 Isaac Sharp		Werrington	1:05.53
5 Cohen Aussel		Emu Plains	1:11.52
6 Aiden Espie		Penrith	1:30.47

Boys U 17 - 400 Metre Sprint

Zone: Z 52.45 2015 D MIZZI, COLYTON ST CLAIR			
Name	Age	Centre	Final
1 Hugh Harrold		Emu Plains	55.18
2 Daniel Kelly		Emu Plains	55.51
3 Ryan Mooney		Jamison	58.38

Boys U 7 - 500 Metre Run Pack Start

Zone: Z 1:49.09 7/12/2018 Beau Argaet, Nepean			
Name	Age	Centre	Final
1 Piri Heke		Emu Plains	2:13.00
2 Ismail Majedzada		Nepean	2:13.87
3 Andreatta Mathayus		Cranebrook	2:15.93
4 Owen Sproule		Emu Plains	2:19.46
5 Leo Simpson		Werrington	2:22.00
6 Nate Deagan		Colyton St Clair	2:28.78
7 Isaac McNaught		Penrith	2:35.28
8 Issac Spaccavento		Nepean	2:37.28
9 Tyler McSharry		Nepean	2:37.57

Boys U 8 - 700 Metre Run Pack Start

Zone: Z 2:24.00 2012 M.FORD, EMU PLAINS			
Name	Age	Centre	Final
1 Lincoln Moore		Emu Plains	2:50.76
2 Peter Bachtis		Emu Plains	2:59.81
3 Preston Swann		Nepean	3:03.84
4 Coen Houben		Emu Plains	3:04.64

Boys U 9 - 800 Metre Run

Zone: Z 2:28.10 1990 B McCONNELL, NEPEAN			
Name	Age	Centre	Final
1 Cooper Falzon		Werrington	2:54.95
2 Henry McDowell		Werrington	2:58.73
3 Lachlan Cordell		Penrith	3:03.98
4 Aiden Lawn		Nepean	3:07.06
5 Tom Billaut		Emu Plains	3:07.76
6 Hague Trudinger Asare		Colyton St Clair	3:16.82
7 Bailey Plunkett		Penrith	3:24.82
8 Isaac Crowe		Werrington	3:31.37
9 Logan McFawn		Nepean	3:34.40

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....Boys U 9 - 800 Metre Run

10 Luke Down	Nepean	3:39.87
11 Oliver Mackie	Emu Plains	3:47.64
12 Jordan Jara	Nepean	5:56.23

Boys U 10 - 800 Metre Run

Name	Age	Centre	Final
Zone: Z 2:32.19 2016 W HAYDON, EMU PLAINS			
1 Ellis Haydon		Emu Plains	2:40.70
2 Raemon-Jr Gatehau		Werrington	2:46.77
3 Evan Francis		Nepean	2:48.57
4 Owen Levy		Werrington	2:59.01
5 Benji Ebejer		Cranebrook	3:01.84
6 Findlay Toohey		Emu Plains	3:02.93
7 Dominic Anteckki		Werrington	3:11.38
8 Caleb Eldridge		Nepean	3:22.91

Boys U 11 - 800 Metre Run

Name	Age	Centre	Final
Zone: Z 2:25.93 2017 Will Haydon, Emu Plains			
1 Kai Cullens		Jamison	2:47.00
2 Samuel Abboud		Nepean	2:52.05
3 Eamon Toland		Emu Plains	2:52.22
4 Kamso Igbojiaku		Werrington	2:53.14
5 Conner Pryke		Cranebrook	2:59.29
6 Lucas Aquilina		Nepean	3:00.59
7 Liam Lang		Jamison	3:01.33
8 Lachlan Thomas		Colyton St Clair	3:01.47
9 Alexander Mackie		Emu Plains	3:12.75
10 James Karavas		Cranebrook	3:34.73

Boys U 12 - 800 Metre Run

Name	Age	Centre	Final
Zone: Z 2:23.44 9/12/2018 Will Haydon, Emu Plains			
1 Adam McDonald		Jamison	2:41.48
2 Ethan Mackie		Emu Plains	2:46.74
3 Matthew Armstrong		Nepean	2:50.27
4 Lincoln Douglas		Jamison	2:52.10
5 Cenk Elve		Penrith	2:55.93
6 Jordan Primmer		Nepean	3:14.49
7 Dante Masi		Colyton St Clair	3:14.82

Boys U 13 - 800 Metre Run

Name	Age	Centre	Final
Zone: Z 2:16.54 1/12/2019 Will Haydon, Emu Plains			
1 Will Haydon		Emu Plains	2:16.54Z
2 Josh Reed		Werrington	2:30.62
3 Jake Roberts		Emu Plains	2:40.51
4 Lachlan Pryke		Cranebrook	2:54.45
5 Hayden Aquilina		Nepean	3:10.85
6 Ryan Love		Emu Plains	3:15.65

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Boys U 14 - 800 Metre Run

Zone: Z 2:10.80 2000 J MILBURN, NEPEAN			
Name	Age	Centre	Final
1 Lachlan Anteckki		Werrington	2:35.18
2 Kai Hughes		Jamison	2:43.26
3 Dylan Jones		Jamison	2:50.54
4 Aidan Romeo		Jamison	2:55.76

Boys U 15 - 800 Metre Run

Zone: Z 2:05.60 2001 J MILBURN, NEPEAN			
Name	Age	Centre	Final
1 Brock Reed		Werrington	2:41.68
2 Cohen Aussel		Emu Plains	2:46.91

Boys U 17 - 800 Metre Run

Zone: Z 2:05.08 2016 J HAMBLIN, EMU PLAINS			
Name	Age	Centre	Final
1 Daniel Kelly		Emu Plains	2:08.85
2 Hugh Harrold		Emu Plains	2:18.79
3 Adrian Jones		Jamison	2:25.98
4 Logan Dwyer		Penrith	2:27.43

Boys U 11 - 1500 Metre Run

Zone: Z 5:05.90 1991 R SCHEMP, NEPEAN			
Name	Age	Centre	Final
1 Kai Cullens		Jamison	5:36.00
2 Eamon Toland		Emu Plains	5:40.75
3 Lachlan Thomas		Colyton St Clair	6:09.89
4 Liam Lang		Jamison	6:15.92
5 Alexander Mackie		Emu Plains	6:36.67
6 Conner Pryke		Cranebrook	6:48.64
7 James Karavas		Cranebrook	8:05.36

Boys U 12 - 1500 Metre Run

Zone: Z 4:56.90 1985 D McILROY, EMU PLAINS			
Name	Age	Centre	Final
1 Jack Affleck		Cranebrook	5:29.30
2 Lincoln Douglas		Jamison	5:46.58
3 Adam McDonald		Jamison	5:46.97
4 Ethan Mackie		Emu Plains	5:50.19
5 Matthew Armstrong		Nepean	5:51.18
6 Cenk Elve		Penrith	6:00.38
7 Cody Francis		Nepean	6:11.43

Boys U 13 - 1500 Metre Run

Zone: Z 4:45.01 30/11/2019 Will Haydon, Emu Plains			
Name	Age	Centre	Final
1 Will Haydon		Emu Plains	4:45.01Z

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....Boys U 13 - 1500 Metre Run

2	Josh Reed	Werrington	5:11.27
3	Jake Roberts	Emu Plains	5:22.88
4	Lachlan Pryke	Cranebrook	5:35.94
5	Alex Muir	Nepean	6:19.44
6	Cooper Levy	Werrington	6:25.18
7	Ryan Love	Emu Plains	6:33.34
8	Hayden Aquilina	Nepean	6:34.64

Boys U 14 - 1500 Metre Run

Zone: Z 4:39.99 2017 Luke Boyes, Emu Plains			
Name	Age	Centre	Final
1	Noah Lang	Jamison	5:08.82
2	Lachlan Anteckki	Werrington	5:23.21
3	Dylan Jones	Jamison	5:46.44
4	Aidan Romeo	Jamison	5:54.04
5	Oliver Woods	Emu Plains	6:02.35

Boys U 15 - 1500 Metre Run

Zone: Z 4:30.40 2001 J MILBURN, NEPEAN			
Name	Age	Centre	Final
1	Tiago Ribeiro	Emu Plains	4:36.16
2	Brock Reed	Werrington	5:28.51
3	Hayden Husar	Cranebrook	5:29.91
4	Cohen Aussel	Emu Plains	5:46.52
5	Will Dukes	Emu Plains	6:13.49

Boys U 17 - 1500 Metre Run

Zone: Z 4:24.40 2012 D KEENE, EMU PLAINS			
Name	Age	Centre	Final
1	Daniel Kelly	Emu Plains	4:48.58
2	Andrew Laycock	Emu Plains	5:00.88
3	Mitchell Kelly	Emu Plains	5:01.19
4	Daniel Schouten	Penrith	5:05.07
5	Adrian Jones	Jamison	5:11.19
6	Logan Dwyer	Penrith	5:22.86

Boys U 13 - 3000 Metre Run

Zone: Z 10:27.64 29/11/2019 Will Haydon, Emu Plains			
Name	Age	Centre	Final
1	Will Haydon	Emu Plains	10:27.64Z
2	Josh Reed	Werrington	10:46.70
3	Jake Roberts	Emu Plains	11:36.14
4	Alex Muir	Nepean	14:03.21
5	Cooper Levy	Werrington	15:11.96

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Boys U 14 - 3000 Metre Run

Zone: Z 10:02.35 2017 Andrew Laycock, Emu Plains			
Name	Age	Centre	Final
1 Noah Lang		Jamison	10:56.93
2 Oliver Woods		Emu Plains	13:55.43

Boys U 15 - 3000 Metre Run

Zone: Z 9:31.84 7/12/2018 Andrew Laycock, Emu Plains			
Name	Age	Centre	Final
1 Tiago Ribeiro		Emu Plains	9:43.12
2 Taniora Heke		Emu Plains	11:18.78
3 Brock Reed		Werrington	11:56.48
4 Hayden Husar		Cranebrook	12:38.25
5 Cohen Aussel		Emu Plains	12:54.67
6 Will Dukes		Emu Plains	13:14.03

Boys U 17 - 3000 Metre Run

Zone: Z 9:15.25 29/11/2019 Daniel Kelly, Emu Plains			
Name	Age	Centre	Final
1 Daniel Kelly		Emu Plains	9:15.25Z
2 Andrew Laycock		Emu Plains	10:05.84
3 Mitchell Kelly		Emu Plains	10:06.25
4 Daniel Schouten		Penrith	10:28.70
5 Adrian Jones		Jamison	11:37.72
6 Logan Dwyer		Penrith	11:47.17

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.35 1997 M CAHALANE, CRANE BROOK			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jobie Madden		Werrington	11.64Q
2 Eli Simpson		Werrington	12.33Q
3 Lucas McPherson		Penrith	12.39Q
4 Clayton Gregory		Penrith	12.41q
5 Hayden Macaulay		Penrith	13.27q
6 Lachlan Bradshaw		Penrith	13.60q
7 Charlie Davis		Emu Plains	13.76q
8 Jenson Pryke		Cranebrook	14.86q

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.35 1997 M CAHALANE, CRANE BROOK			
Name	Age	Centre	Final
Section 1 Final			
1 Jobie Madden		Werrington	11.64
2 Eli Simpson		Werrington	12.33
3 Lucas McPherson		Penrith	12.39
4 Clayton Gregory		Penrith	12.41
5 Lachlan Bradshaw		Penrith	13.60
6 Charlie Davis		Emu Plains	13.76
-- Harvey Nix		Penrith	NT

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....Boys U 8 - 60 Metre Hurdles (45cm)

-- Cooper Hines Penrith NT

Boys U 9 - 60 Metre Hurdles (45cm)

=====			
Zone: Z 10.45 1999		Z SPERBER, PENRITH VALLEY	
Name	Age Centre	Heats	
=====			
Heat 1 Heats			
1 Aiden Lawn	Nepean	11.99Q	
2 Bailey Plunkett	Penrith	12.01Q	
3 Brayden Fretton-Lee	Emu Plains	12.68q	
4 Spencer Schofield	Cranebrook	12.70q	
5 Tanner Clarke	Emu Plains	13.09	
6 Joel Romelo	Penrith	13.76	
Heat 2 Heats			
1 Reece Gallagher	Nepean	11.54Q	
2 Ilhan Elve	Penrith	11.90Q	
3 Blake Callaghan	Emu Plains	12.88	
4 Oscar Gilchrist	Penrith	13.05	
5 Jackson Spano	Werrington	14.20	
Heat 3 Heats			
1 Cooper Falzon	Werrington	11.58Q	
2 Thiago Mironow	Nepean	12.16Q	
3 Flynn Falzon	Penrith	13.46	
4 Luke Down	Nepean	13.58	

Boys U 9 - 60 Metre Hurdles (45cm)

=====			
Zone: Z 10.45 1999		Z SPERBER, PENRITH VALLEY	
Name	Age Centre	Final	
=====			
Section 1 Final			
1 Cooper Falzon	Werrington	11.14	
2 Reece Gallagher	Nepean	11.24	
3 Thiago Mironow	Nepean	11.25	
4 Aiden Lawn	Nepean	11.77	
5 Spencer Schofield	Cranebrook	12.22	
6 Ilhan Elve	Penrith	12.34	
7 Brayden Fretton-Lee	Emu Plains	12.42	
8 Bailey Plunkett	Penrith	14.95	

Boys U 10 - 60 Metre Hurdles (60cm)

=====			
Zone: Z 10.45 1997		C RUDDOCK, COLYTON	
Name	Age Centre	Heats	
=====			
Heat 1 Heats			
1 Sebastian Cech	Emu Plains	11.55Q	
2 Caelan Green	Emu Plains	11.78Q	
3 Jaxson Willmington	Emu Plains	12.50Q	
4 Jordan Kliendienst	Penrith	12.68q	
5 Benji Ebejer	Cranebrook	13.27q	
6 Lachlan Woods	Emu Plains	13.87	
7 Callam Firman	Nepean	15.67	
Heat 2 Heats			
1 Caiden Waugh	Penrith	11.86Q	
2 William Jones	Emu Plains	12.64Q	
3 Ellis Haydon	Emu Plains	12.90Q	

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....Boys U 10 - 60 Metre Hurdles (60cm)

4 Brody Watson	Colyton St Clair	13.53
5 Zara Igbojiaku	Werrington	13.63
6 Dominic Anteckki	Werrington	14.64
7 Ethan Hughes	Werrington	15.87

Boys U 10 - 60 Metre Hurdles (60cm)

Name	Age	Centre	Final
Zone: Z 10.45 1997 C RUDDOCK, COLYTON			
Section 1 Final			
1 Sebastian Cech		Emu Plains	11.52
2 Caelan Green		Emu Plains	11.72
3 Caiden Waugh		Penrith	11.74
4 Jaxson Willmington		Emu Plains	11.84
5 William Jones		Emu Plains	12.30
6 Jordan Kliendienst		Penrith	12.44
7 Ellis Haydon		Emu Plains	12.68
8 Benji Ebejer		Cranebrook	15.32

Boys U 11 - 80 Metre Hurdles (60cm)

Name	Age	Centre	Heats
Zone: Z 14.92 1/12/2019 Bryson Browne, Nepean			
Heat 1 Heats			
1 Kael Brown		Emu Plains	16.39Q
2 Ethan Nixon		Emu Plains	17.76Q
3 Ardit Singh Maan		Colyton St Clair	18.58Q
4 Alexander Mackie		Emu Plains	18.94
Heat 2 Heats			
1 Bryson Browne		Nepean	15.46Q
2 William Bradford		Emu Plains	16.14Q
3 Noah Hams		Colyton St Clair	16.46Q
4 Jackson Fayers		Cranebrook	16.90q
5 Riley Jarvis		Penrith	17.63q

Boys U 11 - 80 Metre Hurdles (60cm)

Name	Age	Centre	Final
Zone: Z 14.92 1/12/2019 Bryson Browne, Nepean			
Section 1 Final			
1 Bryson Browne		Nepean	14.92Z
2 Ethan Nixon		Emu Plains	15.81
3 Kael Brown		Emu Plains	15.85
4 Noah Hams		Colyton St Clair	15.90
5 William Bradford		Emu Plains	15.99
6 Ardit Singh Maan		Colyton St Clair	16.55
7 Riley Jarvis		Penrith	16.78
8 Jackson Fayers		Cranebrook	16.84

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Boys U 12 - 80 Metre Hurdles (68cm)

Zone: Z 14.21 1/12/2019 Ethan Hadfield, Werrington			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ethan Hadfield		Werrington	Z 14.21q
2 Dante Masi		Colyton St Clair	16.95q
3 Cody Francis		Nepean	18.38q
4 Cenk Elve		Penrith	18.66q

Boys U 12 - 80 Metre Hurdles (68cm)

Zone: Z 14.21 1/12/2019 Ethan Hadfield, Werrington			
Name	Age	Centre	Final
Section 1 Final			
1 Ethan Hadfield		Werrington	14.21Z
2 Dante Masi		Colyton St Clair	16.95
3 Cody Francis		Nepean	18.38
4 Cenk Elve		Penrith	18.66

Boys U 13 - 80 Metre Hurdles (76cm)

Zone: Z 13.25 2004 W DRURY, WERRINGTON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Malakai Bavadra		Penrith	16.78Q
2 Mitchell Crocker		Werrington	17.53Q
3 Ryan Love		Emu Plains	18.75Q
4 Cooper Levy		Werrington	27.28Q

Boys U 13 - 80 Metre Hurdles (76cm)

Zone: Z 13.25 2004 W DRURY, WERRINGTON			
Name	Age	Centre	Final
Section 1 Final			
1 Malakai Bavadra		Penrith	16.78
2 Mitchell Crocker		Werrington	17.53
3 Ryan Love		Emu Plains	18.75
4 Cooper Levy		Werrington	27.28

Boys U 14 - 90 Metre Hurdles (76cm)

Zone: Z 13.15 1997 A SCHEFE, JAMISON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jacob Kelly		Emu Plains	15.10q
2 Flynn Sanders		Emu Plains	19.31q
3 Lucas Grbin		Emu Plains	20.02q
4 Christian Ansell		Jamison	26.46q

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Boys U 14 - 90 Metre Hurdles (76cm)

Zone: Z 13.15 1997 A SCHEFE, JAMISON			
Name	Age	Centre	Final
Section 1 Final			
1 Jacob Kelly		Emu Plains	15.10
2 Flynn Sanders		Emu Plains	19.13
3 Lucas Grbin		Emu Plains	20.02
4 Christian Ansell		Jamison	26.46

Boys U 15 - 100 Metre Hurdles (76cm)

Zone: Z 14.25 2006 W DRURY, WERRINGTON			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Khain Letford		Werrington	16.99q
2 Hayden Husar		Cranebrook	20.82q

Boys U 15 - 100 Metre Hurdles (76cm)

Zone: Z 14.25 2006 W DRURY, WERRINGTON			
Name	Age	Centre	Final
Section 1 Final			
1 Khain Letford		Werrington	16.99
2 Hayden Husar		Cranebrook	20.82

Boys U 17 - 110 Metre Hurdles (76cm)

Zone: Z 16.31 2015 Z CAMENZULI, EMU PLAINS			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Laud Codjoe		Colyton St Clair	16.44q 16.20 Hand Timed
-- Toby Hamblin		Emu Plains	DQ

Boys U 17 - 110 Metre Hurdles (76cm)

Zone: Z 16.31 2015 Z CAMENZULI, EMU PLAINS			
Name	Age	Centre	Final
Section 1 Final			
1 Laud Codjoe		Colyton St Clair	16.2hZ

Boys U 13 - 200 Metre Hurdles (68cm)

Zone: Z 27.45 2013 S MUNAWEERA, JAMISON			
Name	Age	Centre	Final
Section 1			
1 Kian Brown		Emu Plains	32.04
2 Josh Reed		Werrington	32.29
3 Jackson Clarke		Emu Plains	32.56

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Boys U 14 - 200 Metre Hurdles (76cm)

Zone: Z 28.15 1997 A SCHEFE, JAMISON			
Name	Age	Centre	Final
1 Evander Kelly		Emu Plains	28.80
2 Lachlan Anteckki		Werrington	33.45
3 Lucas Grbin		Emu Plains	37.20

Boys U 15 - 300 Metre Hurdles (76cm)

Zone: Z 46.10 2017 Toby Hamblin, Emu Plains			
Name	Age	Centre	Final
1 Ryan Letford		Werrington	51.11
2 Hayden Husar		Cranebrook	55.26

Boys U 17 - 300 Metre Hurdles (76cm)

Zone: Z 43.96 7/12/2018 Toby Hamblin, Emu Plains			
Name	Age	Centre	Final
1 Adrian Jones		Jamison	46.00
2 Trent Whitbread		Penrith	46.13

Boys U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 52.95 2012 NEPEAN, NEPEAN			
Centre			Final
1 Werrington			1:00.22
2 Emu Plains			1:00.93
3 Penrith			1:02.08
1) Riley Jarvis 11	2) Ilhan Elve 9		
3) Caiden Waugh 10	4) Ashton Dawes 12		
4 Colyton St Clair			1:03.38
5 Nepean			1:05.88

Boys U 12-17 4x100 Metre Relay (Snr)

Zone: Z 48.35 2015 COLYTON ST CLAIR, COLYTON ST			
L Codjoe, J Petersen, B Hile, D Mizzi			
Centre			Final
1 Emu Plains			50.10
2 Penrith			50.96
1) Jackson Justice 17	2) Tyler Peken 12		
3) Malakai Bavadra 13	4) Cruz Pagnamenta 15		
3 Cranebrook			51.89
4 Werrington			53.96
5 Nepean			59.67
1) Hussain Akram 12	2)		

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Boys U 9 - High Jump (S/H 0.85m)

Zone: Z 1.26m 1999		J DIBBS, COLYTON	
Name	Age	Centre	Final
Flight 1			
1 Egboiogwe Ugbomhe		Werrington	1.13m
2 Ilhan Elve		Penrith	1.00m
2 Henry McDowell		Werrington	1.00m
2 Conan Waugh		Penrith	1.00m
5 Kitiseni Gabriel Alefosi		Werrington	0.95m
5 Aiden Lawn		Nepean	0.95m
7 Dominic Kassouf		Werrington	0.90m
7 Flynn Falzon		Penrith	0.90m
9 Harlum Hooke		Penrith	0.85m
-- Jett Levy		Werrington	NH

Boys U 10 - High Jump (S/H 0.95m)

Zone: Z 1.34m 1989		B MALLARD, JAMISON	
Name	Age	Centre	Final
1 William Jones		Emu Plains	1.16m
2 Caiden Waugh		Penrith	1.14m
3 Caelan Green		Emu Plains	1.05m
3 Lachlan Gillard		Colyton St Clair	1.05m
5 Brody Watson		Colyton St Clair	1.05m
6 Raemon-Jr Gatehau		Werrington	1.05m
7 Jordan Kliendienst		Penrith	1.05m
8 Caleb Eldridge		Nepean	0.95m
8 Owen Levy		Werrington	0.95m
8 Evan Francis		Nepean	0.95m
8 Brayden Kelly		Penrith	0.95m
12 Dominic Anteckki		Werrington	0.95m
-- Tyler Horne		Penrith	NH
-- Lachlan Woods		Emu Plains	NH
-- Callam Firman		Nepean	NH

Boys U 11 - High Jump (S/H 1.05m)

Zone: Z 1.47m 1993		D GREGORY, PENRITH	
Name	Age	Centre	Final
1 Kamsu Igbojiaku		Werrington	1.17m
2 Noah Hams		Colyton St Clair	1.15m
2 James Karavas		Cranebrook	1.15m
4 Hunter Mckillop-Davies		Werrington	1.10m
5 Bryson Browne		Nepean	1.10m
6 Riley Jarvis		Penrith	1.05m
7 Thomas Cody		Colyton St Clair	1.05m
-- Ardit Singh Maan		Colyton St Clair	NH

Boys U 12 - High Jump (S/H 1.15m)

Zone: Z 1.52m 1994		D GREGORY, PENRITH VALLEY	
Name	Age	Centre	Final
1 Ashton Dawes		Penrith	1.33m
2 Ethan Hadfield		Werrington	1.25m
3 Cody Francis		Nepean	1.20m

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....Boys U 12 - High Jump (S/H 1.15m)

4	Ryan Johannsen	Colyton St Clair	1.15m
5	Jack Affleck	Cranebrook	1.15m
--	Dominic Vecchio	Colyton St Clair	NH
--	Hussain Akram	Nepean	NH
--	Luke Alderson	Penrith	NH
--	Jaxson Armson	Colyton St Clair	NH

Boys U 13 - High Jump (S/H 1.20m)

Zone: Z 1.65m 1996 D PEDERSON, COLYTON			
Name	Age	Centre	Final
1	Jake Roberts	Emu Plains	1.25m
--	Petelo Tualau	Werrington	NH
--	Riley Coburn	Emu Plains	NH

Boys U 14 - High Jump (S/H 1.25m)

Zone: Z 1.75m 1996 D PEDERSON, COLYTON			
Name	Age	Centre	Final
1	Joel Gomes	Emu Plains	1.58m
2	Evander Kelly	Emu Plains	1.55m
3	Lincoln Hole	Colyton St Clair	1.50m
4	Jacob Kelly	Emu Plains	1.45m
5	Dylan Jones	Jamison	1.35m
6	Lachlan Anteckki	Werrington	1.25m

Boys U 15 - High Jump (S/H 1.25m)

Zone: Z 1.80m 2001 A JACKSON, PENRITH VALLEY			
Name	Age	Centre	Final
1	Ryan Letford	Werrington	1.53m
2	Liam Coburn	Emu Plains	1.40m
3	Nathan O'Reilly	Penrith	1.30m
3	Joshua Debritt	Cranebrook	1.30m

Boys U 17 - High Jump (S/H 1.30m)

Zone: Z 1.85m 30/11/2019 Daniel Kelly, Emu Plains			
Name	Age	Centre	Final
1	Daniel Kelly	Emu Plains	1.85mZ
2	Dylan O'Mullane-Slade	Nepean	1.55m
3	Adrian Jones	Jamison	1.35m
4	Trent Whitbread	Penrith	1.30m

Boys U 7 - Long Jump

Zone: Z 3.59m 1987 J DIBBS, COLYTON			
Name	Age	Centre	Final
1	Byron Mansour	Werrington	2.64m 1st Count Back
2	Nephi Shortland	Colyton St Clair	2.64m 2nd Count Back
3	Koen Beale	Penrith	2.63m
4	Andreatta Mathayus	Cranebrook	2.59m
5	Dominic Pagett-Salman	Nepean	2.41m

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....Boys U 7 - Long Jump

6 Lucas Wells	Penrith	2.39m
6 Harrison Lewtschenko	Werrington	2.39m
8 Tyler McSharry	Nepean	2.17m
9 Matthew Davis	Emu Plains	1.85m
10 Harrison Gilchrist	Penrith	1.80m
11 Zadyn Casserly	Werrington	1.79m
12 Marley Bavadra	Penrith	1.71m
13 Callam Bock	Nepean	1.64m

Boys U 8 - Long Jump

=====			
Zone: Z 4.02m 2016		J EZEKIEL, WERRINGTON	
Name	Age	Centre	Final
=====			
1 Jobie Madden		Werrington	3.46m
2 Levi Pignat		Nepean	3.32m
3 Zeki Salih		Colyton St Clair	3.19m
4 Kahil Perez		Werrington	3.18m
5 Eli Simpson		Werrington	3.15m
6 Chigozie Ogbonna		Colyton St Clair	3.13m
7 Liam Karavas		Cranebrook	2.97m
8 Preston Swann		Nepean	2.89m
9 Jack Bailey		Nepean	2.82m
10 Lucas O'Hare		Nepean	2.68m
11 Lucas McPherson		Penrith	2.60m
12 Jenson Pryke		Cranebrook	2.59m
13 Clayton Gregory		Penrith	2.57m
14 Lincoln Moore		Emu Plains	2.53m
15 Haydin Firman		Nepean	2.42m
16 Casey Crambrook		Emu Plains	2.09m
17 Riley McPhillips		Jamison	2.06m
18 Declan Downes		Nepean	1.35m

Boys U 9 - Long Jump

=====			
Zone: Z 4.44m 1991		D SMITH, PENRITH VALLEY	
Name	Age	Centre	Final
=====			
1 Cooper Falzon		Werrington	3.62m
2 Kitiseni Gabriel Alefosi		Werrington	3.57m
3 Remy Cross		Emu Plains	3.45m
4 Aiden Lawn		Nepean	3.29m
5 Denzel Odhiambo		Emu Plains	3.25m
6 Lachlan Cordell		Penrith	3.21m
7 Reece Gallagher		Nepean	3.09m
8 Thiago Mironow		Nepean	3.04m
9 Jackson Spano		Werrington	2.94m
10 Joel Romelo		Penrith	2.48m
11 Logan McFawn		Nepean	2.46m
12 Jared Husar		Cranebrook	2.44m
13 Jett Levy		Werrington	2.39m
-- Oliver Mackie		Emu Plains	DQ
-- Harlum Hooke		Penrith	DQ
-- Jarryd Morris		Colyton St Clair	DQ

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Boys U 10 - Long Jump

Zone: Z 4.60m 2012		P BAKER, WERRINGTON	
Name	Age	Centre	Final
1 Caiden Waugh		Penrith	4.08m
2 Raemon-Jr Gatehau		Werrington	3.85m
3 Sebastian Cech		Emu Plains	3.67m
4 Lachlan Gillard		Colyton St Clair	3.66m
5 Owen Levy		Werrington	3.49m
5 Evan Francis		Nepean	3.49m
7 Jordan Kliendienst		Penrith	3.47m
8 Brayden Kelly		Penrith	3.41m
9 Malakhi Sutherland-Naylo		Penrith	3.17m
10 Lachlan Woods		Emu Plains	3.15m
11 Ismail Akram		Nepean	2.93m
12 Callam Firman		Nepean	2.61m

Boys U 11 - Long Jump

Zone: Z 4.87m 1996		P TONER, NEPEAN	
Name	Age	Centre	Final
1 Dylan Taylor-Rogers		Cranebrook	4.00m
2 Hunter Mckillop-Davies		Werrington	3.91m
3 Ethan Nixon		Emu Plains	3.81m
4 Archie King		Emu Plains	3.77m
5 Samuel Abboud		Nepean	3.57m
6 Noah Hams		Colyton St Clair	3.46m
7 Hamish Aussel		Emu Plains	3.34m
8 James Karavas		Cranebrook	3.27m
9 Jason Bailey		Nepean	3.20m
10 Ardit Singh Maan		Colyton St Clair	3.18m
11 Zachary Levy		Werrington	3.02m
12 Chevy McPherson-Bordigno		Nepean	2.99m
13 Alexander Mackie		Emu Plains	2.91m

Boys U 12 - Long Jump

Zone: Z 5.39m 2012		S MUNAWEERA, JAMISON	
Name	Age	Centre	Final
1 Tyler Peken		Penrith	4.29m
2 Jack Affleck		Cranebrook	4.25m
3 Ethan Mackie		Emu Plains	4.11m
4 Jack Gillard		Colyton St Clair	4.05m
5 Connor Oshannessy		Jamison	4.03m 3.93m 2nd longest
5 Andrew Kaufononga		Nepean	4.03m 3.84m 2nd longest
7 Ryan Johannsen		Colyton St Clair	3.49m
8 Dominic Vecchio		Colyton St Clair	3.47m
9 Jaxson Armson		Colyton St Clair	3.22m
10 Liam Buhagiar		Werrington	2.79m

Boys U 13 - Long Jump

Zone: Z 5.68m 2015		L CODJOE, COLYTON ST CLAIR	
Name	Age	Centre	Final
1 Jake Roberts		Emu Plains	4.18m
2 Lochlain Smith		Penrith	3.83m

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....Boys U 13 - Long Jump

3 Mitchell Crocker	Werrington	3.70m
4 Ryan Love	Emu Plains	3.60m
5 Petelo Tualau	Werrington	3.55m

Boys U 14 - Long Jump

Zone: Z 6.88m 2013			A GALE, NEPEAN
Name	Age Centre	Final	
1 Evander Kelly	Emu Plains	5.45m	
2 Joel Gomes	Emu Plains	5.20m	
3 Lincoln Hole	Colyton St Clair	3.48m	

Boys U 15 - Long Jump

Zone: Z 6.34m 2015			S MUNAWERRA, JAMISON
Name	Age Centre	Final	
1 Joshua Debritt	Cranebrook	5.66m	
2 Khain Letford	Werrington	5.52m	
3 Ryan Letford	Werrington	5.19m	
4 Finlay Hahn	Emu Plains	5.18m	
5 William Ives	Emu Plains	5.07m	
6 Liam Coburn	Emu Plains	4.64m	

Boys U 17 - Long Jump

Zone: Z 6.67m 2012			T CURRIE, NEPEAN
Name	Age Centre	Final	
1 Laud Codjoe	Colyton St Clair	6.45m	
2 Toby Hamblin	Emu Plains	5.67m	
3 Jackson Justice	Penrith	5.55m	
4 Trent Whitbread	Penrith	5.24m	
5 Dylan O'Mullane-Slade	Nepean	4.86m	
6 Adrian Jones	Jamison	4.38m	

Boys U 11 - Triple Jump

Zone: Z 9.89m 1991			J CONN, PENRITH
Name	Age Centre	Final	
1 Hunter Mckillop-Davies	Werrington	8.62m	
2 Kael Brown	Emu Plains	8.50m	
3 Ryan Debritt	Cranebrook	8.22m	
4 Riley Jarvis	Penrith	7.20m	
5 Chevy McPherson-Bordigno	Nepean	6.47m	
6 Ricky Morris	Colyton St Clair	6.19m	

Boys U 12 - Triple Jump

Zone: Z 10.93m 2012			J NEILLY, JAMISON
Name	Age Centre	Final	
1 Jack Affleck	Cranebrook	8.88m	
2 Ethan Mackie	Emu Plains	8.74m	
3 Andrew Kaufononga	Nepean	8.13m	
4 Ryan Johannsen	Colyton St Clair	8.03m	

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....Boys U 12 - Triple Jump

5 Matthew Armstrong	Nepean	7.07m
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Boys U 13 - Triple Jump

Zone: Z 11.82m 2015 L CODJOE, COLYTON ST CLAIR			
Name	Age	Centre	Final
1 Kian Brown		Emu Plains	8.71m
2 Josh Reed		Werrington	8.33m
3 Alex Muir		Nepean	7.94m
4 Lachlan Pryke		Cranebrook	6.71m
5 Petelo Tualau		Werrington	6.35m

Boys U 14 - Triple Jump

Zone: Z 12.59m 2013 A GALE, NEPEAN			
Name	Age	Centre	Final
1 Evander Kelly		Emu Plains	12.20m
2 Lincoln Hole		Colyton St Clair	8.70m
3 Flynn Sanders		Emu Plains	7.90m

Boys U 15 - Triple Jump

Zone: Z 12.89m 1997 D PERDERSON, COLYTON			
Name	Age	Centre	Final
1 Joshua Debritt		Cranebrook	11.22m
2 Khain Letford		Werrington	10.96m
3 Ryan Letford		Werrington	10.55m
4 Finlay Hahn		Emu Plains	10.42m
5 Liam Coburn		Emu Plains	9.92m
6 Adrian Hadfield		Werrington	9.83m
7 Nathan O'Reilly		Penrith	9.81m

Boys U 17 - Triple Jump

Zone: Z 13.72m 1/12/2019 Laud Codjoe, Colyton St Clair			
Name	Age	Centre	Final
1 Laud Codjoe		Colyton St Clair	13.72mZ
2 Toby Hamblin		Emu Plains	12.95m
3 Jackson Justice		Penrith	11.40m
4 Trent Whitbread		Penrith	11.19m

Boys U 7 - Shot Put (1.0 Kg)

Zone: Z 8.80m 1990 M KANDEL, WERRINGTON			
Name	Age	Centre	Final
1 Manaia Thomas		Penrith	4.90m
2 Harrison Lewtschenko		Werrington	3.98m
3 Tevita-Jr Gatehau		Werrington	3.95m
4 Nate Deagan		Colyton St Clair	3.92m
5 Piri Heke		Emu Plains	3.40m
6 Tyler McSharry		Nepean	3.37m
7 Owen Sproule		Emu Plains	2.85m

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Boys U 8 - Shot Put (1.5 Kg)

Zone: Z 7.90m 1996 S BLACKETT, COLYTON			
Name	Age	Centre	Final
1 Levi Pignat		Nepean	6.48m
2 Liam Karavas		Cranebrook	4.88m
3 Lachlan Bradshaw		Penrith	4.46m
4 Coen Houben		Emu Plains	4.27m
5 Yannick Kansakar		Nepean	3.61m
6 Declan Downes		Nepean	3.38m

Boys U 9 - Shot Put (2.0 Kg)

Zone: Z 9.36m 1990 S BURDETT, COLYTON			
Name	Age	Centre	Final
1 Hague Trudinger Asare		Colyton St Clair	6.37m
2 Isaac Lemon		Penrith	5.42m
3 Jackson Spano		Werrington	4.77m
4 Spencer Schofield		Cranebrook	4.59m
5 Jared Husar		Cranebrook	4.29m
6 Jett Levy		Werrington	4.14m
7 Oliver Mackie		Emu Plains	3.97m
8 Jarryd Morris		Colyton St Clair	3.24m

Boys U 10 - Shot Put (2.0 Kg)

Zone: Z 10.82m 1985 G LEE, NEPEAN			
Name	Age	Centre	Final
1 Isaia Fuimaono		Werrington	6.73m
2 Brody Watson		Colyton St Clair	6.44m
3 Ethan Hughes		Werrington	6.43m
4 Cooper Abercrombie		Emu Plains	5.76m
5 Sunia Ula		Nepean	5.72m
6 Jarryd Edmunds		Cranebrook	5.68m

Boys U 11 - Shot Put (2.0 Kg)

Zone: Z 13.05m 2012 EJ BROWN-VAELUA, NEPEAN			
Name	Age	Centre	Final
1 Chevy McPherson-Bordigno		Nepean	7.57m
2 Sebastian Galea		Cranebrook	7.23m
3 Jackson Fayers		Cranebrook	6.94m
4 Archie King		Emu Plains	6.90m
5 William Bradford		Emu Plains	6.89m
6 Zachary Levy		Werrington	5.63m
7 Lopeti Tualau		Werrington	5.35m
8 Conner Pryke		Cranebrook	5.17m

Boys U 12 - Shot Put (2.0 Kg)

Zone: Z 13.27m 2012 EJ BROWN-VAELUA, NEPEAN			
Name	Age	Centre	Final
1 Connor Oshannessy		Jamison	10.55m
2 Dominic Vecchio		Colyton St Clair	8.15m
3 Ryan Johannsen		Colyton St Clair	7.97m

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....Boys U 12 - Shot Put (2.0 Kg)

4 Hussain Akram	Nepean	6.24m
5 Liam Buhagiar	Werrington	5.18m

Boys U 13 - Shot Put (3.0 Kg)

Zone: Z 15.41m 2013 EJ BROWN-VAELUA, NEPEAN			
Name	Age	Centre	Final
1 Evan Garbutt		Colyton St Clair	9.85m
2 Lochlain Smith		Penrith	7.25m
3 Jack Giampietro		Emu Plains	7.24m
4 Mitchell Crocker		Werrington	6.78m
5 Petelo Tualau		Werrington	6.62m
6 Giorgio Avgerinos		Werrington	6.47m
7 Cooper Levy		Werrington	6.43m
8 Lowndes Motler		Werrington	2.25m

Boys U 14 - Shot Put (3.0 Kg)

Zone: Z 19.91m 1/12/2019 Amosia Soatini, Nepean			
Name	Age	Centre	Final
1 Amosia Soatini		Nepean	19.91mZ
2 Toby Camilleri		Cranebrook	13.71m
3 Joel Gomes		Emu Plains	8.95m
4 Dylan Jones		Jamison	8.71m

Boys U 15 - Shot Put (4.0 Kg)

Zone: Z 16.18m 1990 C COONEY, PENRITH VALLEY			
Name	Age	Centre	Final
1 Nathan O'Reilly		Penrith	11.25m
2 Cruz Pagnamenta		Penrith	10.08m
3 William Ives		Emu Plains	9.02m
4 Aiden Espie		Penrith	5.20m

Boys U 17 - Shot Put (5.0 Kg)

Zone: Z 14.78m 2012 C KOUSPARIS, CRANEBROOK			
Name	Age	Centre	Final
1 Lachlan Stone		Emu Plains	11.45m
2 Lucas Rose		Colyton St Clair	10.55m
3 Corey Doyle		Penrith	10.21m

Boys U 7 - Discus (350 Gram)

Zone: Z 20.00m 1994 J O'SULLIVAN, PENRITH			
Name	Age	Centre	Final
1 Byron Mansour		Werrington	12.09m
2 Praise Egbufor		Jamison	11.08m
3 Manaia Thomas		Penrith	10.76m
4 Tevita-Jr Gatehau		Werrington	9.46m
5 Lucas Wells		Penrith	8.24m
6 Dominic Pagett-Salman		Nepean	8.04m
7 Isaac McNaught		Penrith	7.05m

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....Boys U 7 - Discus (350 Gram)

8	Harrison Lewtschenko	Werrington	6.96m
9	Nate Deagan	Colyton St Clair	6.24m
10	Zadyn Casserly	Werrington	4.99m
--	Daniel Marsh-Tidyman	Emu Plains	ND
--	Matthew Davis	Emu Plains	ND

Boys U 8 - Discus (500 Gram)

Zone: Z 24.02m 1992 D THOMSON, EMU PLIANS			
Name	Age	Centre	Final
1	Lucas McPherson	Penrith	12.17m
2	Lachlan Bradshaw	Penrith	11.28m
3	Peter Bachtis	Emu Plains	10.75m
4	Declan Downes	Nepean	7.44m
5	Yannick Kansakar	Nepean	6.84m
6	Lucas O'Hare	Nepean	6.83m

Boys U 9 - Discus (500 Gram)

Zone: Z 29.34m 1986 J IMBRAHIM, NEPEAN			
Name	Age	Centre	Final
1	Hague Trudinger Asare	Colyton St Clair	18.00m
2	Isaac Lemon	Penrith	15.06m
3	Jackson Spano	Werrington	11.54m
4	Oscar Gilchrist	Penrith	11.49m
5	Harlum Hooke	Penrith	11.13m
6	Jett Levy	Werrington	9.83m
7	Jarryd Morris	Colyton St Clair	8.62m

Boys U 10 - Discus (500 Gram)

Zone: Z 38.19m 2012 L ROSE, COLYTON ST CLAIR			
Name	Age	Centre	Final
1	Jordan Kliendienst	Penrith	20.94m
2	Brody Watson	Colyton St Clair	18.56m
3	Zachary Herrero	Werrington	18.40m
4	Ethan Hughes	Werrington	17.66m
5	Isaia Fuimaono	Werrington	16.07m
6	Sunia Ula	Nepean	14.51m
7	Xzavier Jones-Dunn	Penrith	14.40m
8	Mafia Saito	Emu Plains	13.75m
9	Benji Ebejer	Cranebrook	11.47m
10	Ismail Akram	Nepean	10.31m

Boys U 11 - Discus 500 Gram)

Zone: Z 36.71m 2013 L ROSE, COLYTON ST CLAIR			
Name	Age	Centre	Final
1	Dylan Taylor-Rogers	Cranebrook	23.47m
2	William Bradford	Emu Plains	19.32m
3	Chevy McPherson-Bordigno	Nepean	16.42m
4	Ricky Morris	Colyton St Clair	15.47m
5	Sebastian Galea	Cranebrook	15.46m
6	Archie King	Emu Plains	15.22m

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....Boys U 11 - Discus 500 Gram)

7 Zachary Levy	Werrington	13.90m
8 Lopeti Tualau	Werrington	12.94m
-- Lachlan Thomas	Colyton St Clair	ND

Boys U 12 - Discus (750 Gram)

Zone: Z 48.85m 2014 L ROSE, COLYTON ST CLAIR		
Name	Age Centre	Final
1 Cenk Elve	Penrith	16.98m
2 Liam Buhagiar	Werrington	12.04m

Boys U 13 - Discus (750 Gram)

Zone: Z 42.04m 2015 L ROSE, COLYTON ST CLAIR		
Name	Age Centre	Final
1 Lachlan Green	Emu Plains	39.67m
2 Evan Garbutt	Colyton St Clair	27.52m
3 Giorgio Avgerinos	Werrington	21.78m
4 Jack Giampietro	Emu Plains	19.21m
5 Petelo Tualau	Werrington	18.45m
6 Malakai Bavadra	Penrith	17.87m
7 Riley Coburn	Emu Plains	15.97m
8 Josh Carter (awd T-57)	Colyton St Clair	4.71m

Boys U 14 - Discus (1.0 Kg)

Zone: Z 53.47m 2016 L ROSE, COLYTON ST CLAIR		
Name	Age Centre	Final
1 Toby Camilleri	Cranebrook	39.25m
2 Dylan Jones	Jamison	19.35m

Boys U 15 - Discus (1.0 Kg)

Zone: Z 53.36m 1990 C COONEY, PENRITH VALLEY		
Name	Age Centre	Final
1 Cruz Pagnamenta	Penrith	41.56m
2 Nathan O'Reilly	Penrith	26.02m
3 Aiden Espie	Penrith	13.71m

Boys U 17 - Discus (1.5 Kg)

Zone: Z 44.57m 2014 J BAKER, WERRINGTON		
Name	Age Centre	Final
1 Corey Doyle	Penrith	42.89m
2 Lucas Rose	Colyton St Clair	37.92m
3 Hugh Harrold	Emu Plains	34.07m
4 Laud Codjoe	Colyton St Clair	28.63m
5 Mark Westcott	Nepean	23.94m
6 Logan Dwyer	Penrith	18.16m

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Boys U 11 - Javelin (400 Gram)

Zone: Z 24.14m 2017 Lachlan Green, Nepean			
Name	Age	Centre	Final
1 Lachlan Thomas		Colyton St Clair	16.36m
2 Zachary Levy		Werrington	14.86m
3 Sebastian Galea		Cranebrook	14.16m
4 Lopeti Tualau		Werrington	12.94m
5 Ricky Morris		Colyton St Clair	10.22m
-- Thomas Cody		Colyton St Clair	DQ
-- Hunter Mckillop-Davies		Werrington	DQ

Boys U 12 - Javelin (400 Gram)

Zone: Z 30.60m 2017 Toby Camilleri, Cranebrook			
Name	Age	Centre	Final
1 Jack Gillard		Colyton St Clair	20.68m
2 Ethan Mackie		Emu Plains	19.58m
3 Cenk Elve		Penrith	15.80m

Boys U 13 - Javelin (600 Gram)

Zone: Z 39.14m 1997 D BOORMAKIN, PENRITH			
Name	Age	Centre	Final
1 Evan Garbutt		Colyton St Clair	23.78m
2 Mitchell Crocker		Werrington	15.32m
3 Cooper Levy		Werrington	14.82m
4 Petelo Tualau		Werrington	14.66m
5 Josh Carter (awd T-57)		Colyton St Clair	2.68m

Boys U 14 - Javelin (600 Gram)

Zone: Z 44.66m 2000 C FORTH, NEPEAN			
Name	Age	Centre	Final
1 Toby Camilleri		Cranebrook	42.20m
2 Lincoln Hole		Colyton St Clair	20.84m
3 Flynn Sanders		Emu Plains	18.24m
4 Oliver Woods		Emu Plains	14.28m

Boys U 15 - Javelin (700 Gram)

Zone: Z 41.38m 30/11/2019 Finlay Hahn, Emu Plains			
Name	Age	Centre	Final
1 Finlay Hahn		Emu Plains	41.38mZ
2 Liam Coburn		Emu Plains	32.20m
3 Isaac Sharp		Werrington	15.78m
4 Aiden Espie		Penrith	12.16m

Boys U 17 - Javelin (700 Gram)

Zone: Z 56.76m 2016 A KEENE, EMU PLAINS			
Name	Age	Centre	Final
1 Trent Whitbread		Penrith	33.10m
2 Lachlan Stone		Emu Plains	33.04m

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....Boys U 17 - Javelin (700 Gram)

3 Mark Westcott	Nepean	25.50m
4 Lucas Rose	Colyton St Clair	24.52m

Boys U 10 - 1100 Metre Walk

Name	Age	Centre	Final
Zone: Z 5:22.40 1997 L FITZGERALD, NEPEAN			
Section 1			
1 Findlay Toohey		Emu Plains	7:07.45
2 Caleb Eldridge		Nepean	7:53.44

Boys U 11 - 1100 Metre Walk

Name	Age	Centre	Final
Zone: Z 5:08.80 1999 L FITZGERALD, NEPEAN			
1 Conner Pryke		Cranebrook	8:32.52
2 Ricky Morris		Colyton St Clair	8:43.99
-- Jason Bailey		Nepean	DQ

Boys U 12 - 1500 Metre Walk

Name	Age	Centre	Final
Zone: Z 7:03.70 2000 L FITZGERALD, NEPEAN			
1 Matthew Armstrong		Nepean	9:40.07
2 Jaxson Armson		Colyton St Clair	11:03.47

Boys U 13 - 1500 Metre Walk

Name	Age	Centre	Final
Zone: Z 7:11.10 2001 L FITZGERALD, NEPEAN			
1 Alex Muir		Nepean	8:06.53
2 Lachlan Pryke		Cranebrook	9:34.45

Boys U 15 - 1500 Metre Walk

Name	Age	Centre	Final
Zone: Z 6:35.20 1991 G WOROBIJ, NEPEAN			
1 Thomas Muir		Nepean	8:27.25
2 Brock Reed		Werrington	8:30.96

Boys U 17 - 1500 Metre Walk

Name	Age	Centre	Final
Zone: Z 6:33.35 2016 K BEDFORD, NEPEAN			
1 Mark Westcott		Nepean	8:35.84