

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 7 - 50 Metre Sprint**

Zone: Z 9.30 13/12/2009 Kyra Phillips, Lithgow			
Name	Age	Centre	Final
Section 1			
1 Zahra, Zoe		Glenbrook	10.05
2 Tydeman, Chloe		Katoomba	10.35
3 Nightingale, Addison		Lithgow	10.38
4 Gerisch, Imogen		Kurrajong Bilpin	11.51
5 Potter, Olivia		Katoomba	13.36

Girls U 7 - 70 Metre Sprint

Zone: Z 11.80 31/03/1990 C. Ingram, Katoomba			
Name	Age	Centre	Final
1 Verriere, Sienna		Springwood	13.10
2 Nightingale, Addison		Lithgow	13.92
3 Tydeman, Chloe		Katoomba	13.93
4 Coyte, Crystal		Kurrajong Bilpin	14.05
5 Martin, Cassia		Glenbrook	14.23
6 Gerisch, Imogen		Kurrajong Bilpin	15.00
7 Reid, Hannah		Kurrajong Bilpin	15.89
8 Wilkes, Hannah		Kurrajong Bilpin	19.07

Girls U 8 - 70 Metre Sprint

Zone: Z 11.30 31/03/2002 A. Seymour, Emu Plains			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Allen, Myah		Kurrajong Bilpin	12.97Q
2 Lennie, Sophie		Kurrajong Bilpin	13.17Q
3 Ferro, Estelle		Glenbrook	13.42Q
4 Dedovic, Jasmin		Glenbrook	13.44q
5 Lamond, Quinney		Blayney	15.11q
Heat 2 Heats			
1 Dickson, Koa		Kurrajong Bilpin	12.56Q
2 Jarick, Pippi		Blayney	12.61Q
3 Crawford, Bella		Bathurst & District	12.70Q
4 Hamilton, Alyssa		Katoomba	16.20

Girls U 8 - 70 Metre Sprint

Zone: Z 11.30 31/03/2002 A. Seymour, Emu Plains			
Name	Age	Centre	Final
Section 1 Final			
1 Dickson, Koa		Kurrajong Bilpin	12.87
2 Jarick, Pippi		Blayney	12.90
3 Crawford, Bella		Bathurst & District	12.91
4 Allen, Myah		Kurrajong Bilpin	12.91
5 Lennie, Sophie		Kurrajong Bilpin	12.92
6 Dedovic, Jasmin		Glenbrook	13.43
7 Ferro, Estelle		Glenbrook	13.50

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 9 - 70 Metre Sprint**

Zone: Z 11.06 26/11/2017 Deanna Drake, Glenbrook			
Name	Age	Centre	Final
Section 1			
1 Butler, Charli		Glenbrook	11.99
2 Burden, Wren		Katoomba	12.30
3 Drake, Kristen		Glenbrook	12.37
4 Swarbrick, Jazmin		Kurrajong Bilpin	12.97
5 McGregor, Marley		Springwood	13.22
6 Mensforth, Addison		Katoomba	13.51

Girls U 10 - 70 Metre Sprint

Zone: Z 10.20 31/03/2002 C. West, Lithgow			
Name	Age	Centre	Final
1 Mckay, Ruby		Blayney	11.09
2 Bentham-Mudie, Gabriella		Glenbrook	11.15
3 Schembri, Evie		Katoomba	11.47
4 Mann, Evie		Springwood	11.91
5 Jenkins, Tess		Springwood	11.97
6 Pesle, Liana		Glenbrook	12.00
7 Healy, Lucinda		Glenbrook	12.48

Girls U 7 - 100 Metre Sprint

Zone: Z 16.40 31/03/1990 C. Ingram, Katoomba			
Name	Age	Centre	Final
1 Zahra, Zoe		Glenbrook	18.84
2 Verriere, Sienna		Springwood	19.42
3 Coyte, Crystal		Kurrajong Bilpin	19.98
4 Nightingale, Addison		Lithgow	20.47
5 Potter, Olivia		Katoomba	25.13

Girls U 8 - 100 Metre Sprint

Zone: Z 15.70 31/03/2002 A. Seymour, Emu Plains			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jarick, Pippi		Blayney	18.59Q
2 Crawford, Bella		Bathurst & District	19.16Q
3 Rawlinson, Harper		Glenbrook	20.11Q
4 Field, Olivia-Anne		Glenbrook	20.98q
5 Farrant, Macy		Glenbrook	21.03
Heat 2 Heats			
1 Dickson, Koa		Kurrajong Bilpin	18.21Q
2 Wilson, Madeline		Katoomba	18.29Q
3 Hamilton, Imogen		Glenbrook	18.75Q
4 Dedovic, Jasmin		Glenbrook	18.87q
5 King, Imogen		Glenbrook	20.28q
6 Hamilton, Alyssa		Katoomba	23.19

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 8 - 100 Metre Sprint**

Zone: Z 15.70 31/03/2002 A. Seymour, Emu Plains			
Name	Age	Centre	Final
Section 1 Final			
1 Jarick, Pippi		Blayney	18.21
2 Dickson, Koa		Kurrajong Bilpin	18.46
3 Wilson, Madeline		Katoomba	18.50
4 Crawford, Bella		Bathurst & District	18.54
5 Rawlinson, Harper		Glenbrook	19.07
6 Hamilton, Imogen		Glenbrook	19.18
7 Dedovic, Jasmin		Glenbrook	19.50
8 King, Imogen		Glenbrook	20.60
9 Field, Olivia-Anne		Glenbrook	21.31

Girls U 9 - 100 Metre Sprint

Zone: Z 14.90 31/03/1996 S. Jones, Springwood			
Name	Age	Centre	Final
Section 1			
1 Butler, Charli		Glenbrook	17.25
2 Crane, Isabelle		Glenbrook	18.06
3 Burden, Wren		Katoomba	18.17
4 Drake, Kristen		Glenbrook	18.29
5 Phelan, Claire		Canowindra	18.96
6 McGregor, Marley		Springwood	19.30
7 Mensforth, Addison		Katoomba	19.47
8 Payne, Tatiana		Katoomba	21.29

Girls U 10 - 100 Metre Sprint

Zone: Z 14.40 31/03/2006 Jenna Heath, Lithgow			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jenkins, Tess		Springwood	16.51Q
2 Johnstone, Maddison		Kurrajong Bilpin	16.58Q
3 Cunliffe, Deckota		Kurrajong Bilpin	17.00Q
4 Naumann, Lelia		Katoomba	17.33q
5 Wells, Sienna		Lithgow	17.53q
6 Madsen, Tylah		Kurrajong Bilpin	17.89
7 Willis, Elise		Glenbrook	18.52
Heat 2 Heats			
1 Schembri, Evie		Katoomba	15.69Q
2 Mckay, Ruby		Blayney	15.78Q
3 McLaughlin, Cleo		Kurrajong Bilpin	16.85Q
4 Linder, Tess		Kurrajong Bilpin	17.74
5 Graham, Kaylee		Katoomba	17.98
6 Wilson, Hannah		Katoomba	18.36
7 Reynolds, Kianne		Kurrajong Bilpin	19.24

Girls U 10 - 100 Metre Sprint

Zone: Z 14.40 31/03/2006 Jenna Heath, Lithgow			
Name	Age	Centre	Final
Section 1 Final			
1 Mckay, Ruby		Blayney	15.58
2 Schembri, Evie		Katoomba	15.62

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****...Girls U 10 - 100 Metre Sprint**

3	Jenkins, Tess	Springwood	16.57
4	Johnstone, Maddison	Kurrajong Bilpin	16.75
5	Cunliffe, Deckota	Kurrajong Bilpin	17.08
6	McLaughlin, Cleo	Kurrajong Bilpin	17.08
7	Naumann, Lelia	Katoomba	17.22
8	Wells, Sienna	Lithgow	17.83

Girls U 11 - 100 Metre Sprint

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 Zone: Z 13.72 25/11/2017 Bryanna Pettinato, Glenbrook

Name Age Centre Heats
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Heat 1 Heats

1	Wallace, Kasey	Bathurst & District	15.08Q
2	Wood, Amelia	Glenbrook	15.36Q
3	Grady, Cadence	Glenbrook	15.44Q
4	Pirie, Jewel	Kurrajong Bilpin	15.97q
5	Kremenovic, Chloe	Glenbrook	16.62q

Heat 2 Heats

1	Ringbauer, Louise	Kurrajong Bilpin	15.24Q
2	Gibbons, Tegan	Blayney	16.01Q
3	Masters, Ella	Glenbrook	16.52Q
4	McKervey, Siobhan	Glenbrook	16.97

Girls U 11 - 100 Metre Sprint

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 Zone: Z 13.72 25/11/2017 Bryanna Pettinato, Glenbrook

Name Age Centre Final
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Section 1 Final

1	Ringbauer, Louise	Kurrajong Bilpin	14.97
2	Wallace, Kasey	Bathurst & District	15.29
3	Grady, Cadence	Glenbrook	15.70
4	Gibbons, Tegan	Blayney	15.73
5	Wood, Amelia	Glenbrook	15.97
6	Pirie, Jewel	Kurrajong Bilpin	16.33
7	Masters, Ella	Glenbrook	16.48
8	Kremenovic, Chloe	Glenbrook	16.88

Girls U 12 - 100 Metre Sprint

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 Zone: Z 13.00 31/03/1990 Donna Jones, Kurrajong Bilpin

Name Age Centre Heats
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Heat 1 Heats

1	Healy, Kaaren	Glenbrook	14.41Q
2	Waters, Hazel	Katoomba	15.69Q
3	Presland, Lucy	Glenbrook	16.05
4	Mckay, Ivy	Blayney	16.17
5	Hamilton, Amelia	Glenbrook	16.83
6	McSeveny, Abigail	Springwood	17.09

Heat 2 Heats

1	Puri, Isla	Glenbrook	13.93Q
2	Teuma, Abby	Kurrajong Bilpin	14.61Q
3	Kremenovic, Tamara	Glenbrook	14.72q
4	Barnett, Sarah	Bathurst & District	14.98q

Heat 3 Heats

1	Nicholas, Zara	Springwood	14.12Q
2	Sargent, Anna	Springwood	14.92Q

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****...Girls U 12 - 100 Metre Sprint**

3 Evans, Lily	Kurrajong Bilpin	15.47
4 Turner-Smith, Abbagayle	Kurrajong Bilpin	15.61
5 Pender, Jorja	Lithgow	16.06
6 Webber, Lucy	Glenbrook	16.27

Girls U 12 - 100 Metre Sprint

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Zone: Z 13.00 31/03/1990 Donna Jones, Kurrajong Bilpin			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Puri, Isla		Glenbrook	13.81
2 Nicholas, Zara		Springwood	14.02
3 Healy, Kaaren		Glenbrook	14.35
4 Teuma, Abby		Kurrajong Bilpin	14.73
5 Kremenovic, Tamara		Glenbrook	14.77
6 Sargent, Anna		Springwood	14.87
7 Barnett, Sarah		Bathurst & District	15.25
8 Waters, Hazel		Katoomba	15.79

Girls U 13 - 100 Metre Sprint

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Zone: Z 12.90 3/12/2006 Rachel Munro, Emu Plains			
Name	Age	Centre	Heats
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Heat 1 Heats			
1 Moore, Taya		Springwood	14.58Q
2 Bijelic, Tiaani		Blayney	15.42Q
3 Plew, Jessica		Kurrajong Bilpin	16.04Q
4 Atkinson, Keira		Katoomba	16.94q
5 Howell, Lauren		Katoomba	17.13
6 Young, Holly		Oberon	18.42
Heat 2 Heats			
1 Godwin, Elizabeth		Glenbrook	14.39Q
2 Hugo, Amelie		Katoomba	14.47Q
3 Bennett Stewart, Brooke		Springwood	15.75Q
4 Watson, Mia		Springwood	15.93q
5 Bennett, Allison		Oberon	17.42

Girls U 13 - 100 Metre Sprint

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Zone: Z 12.90 3/12/2006 Rachel Munro, Emu Plains			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Moore, Taya		Springwood	14.14
2 Hugo, Amelie		Katoomba	14.16
3 Godwin, Elizabeth		Glenbrook	14.25
4 Bijelic, Tiaani		Blayney	15.30
5 Bennett Stewart, Brooke		Springwood	15.33
6 Watson, Mia		Springwood	15.64
7 Plew, Jessica		Kurrajong Bilpin	15.68
8 Atkinson, Keira		Katoomba	17.07

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 14 - 100 Metre Sprint**

Zone: Z 12.80 31/03/1990 Rebecca Burgess, Glenbrook			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Allen, Phoebe		Springwood	13.83Q
2 Layton, Bree		Kurrajong Bilpin	14.80Q
3 Robinson, Molly		Lithgow	14.93Q
4 Sargent, Eloise		Springwood	15.14
5 Crook, Tayah		Lithgow	15.18
6 Amputch, Lani		Springwood	15.25
7 Scott, Laura		Oberon	15.50
Heat 2 Heats			
1 Moore, Chyna		Springwood	13.83Q
2 Standish, Ella		Kurrajong Bilpin	14.10Q
3 Wallace, Ella		Katoomba	14.10Q
4 Smith, Grace		Springwood	14.77q
5 Crouch, Makayla		Springwood	14.84q
6 Mills, Jezebel		Glenbrook	16.37

Girls U 14 - 100 Metre Sprint

Zone: Z 12.80 31/03/1990 Rebecca Burgess, Glenbrook			
Name	Age	Centre	Final
Section 1 Final			
1 Moore, Chyna		Springwood	13.56
2 Standish, Ella		Kurrajong Bilpin	13.82
3 Wallace, Ella		Katoomba	13.87
4 Allen, Phoebe		Springwood	13.88
5 Crouch, Makayla		Springwood	14.71
6 Robinson, Molly		Lithgow	14.73
7 Layton, Bree		Kurrajong Bilpin	14.75
8 Smith, Grace		Springwood	14.90

Girls U 15 - 100 Metre Sprint

Zone: Z 12.50 31/03/1993 D. Jones, Kurrajong Bilpin			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Snelling, Emily		Glenbrook	13.71Q
2 Hromek, Chelsea		Kurrajong Bilpin	14.64Q
3 Barrett, Kyra		Glenbrook	14.95Q
4 McSpadden, Bella		Glenbrook	15.10
5 Olney, Daria		Oberon	15.30
Heat 2 Heats			
1 Jones, Molly		Springwood	13.88Q
2 Ruming, Thalia		Bathurst & District	14.08Q
3 Davis, Hayley		Bathurst & District	14.22Q
4 Patton, Hannah		Katoomba	14.23q
5 Xerri, Annalise		Kurrajong Bilpin	14.40q
6 Jackson, Mikayla		Lithgow	15.63

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 15 - 100 Metre Sprint**

Zone: Z 12.50 31/03/1993 D. Jones, Kurrajong Bilpin			
Name	Age	Centre	Final
Section 1 Final			
1 Snelling, Emily		Glenbrook	13.33
2 Jones, Molly		Springwood	13.34
3 Ruming, Thalia		Bathurst & District	13.59
4 Patton, Hannah		Katoomba	13.88
5 Xerri, Annalise		Kurrajong Bilpin	13.98
6 Davis, Hayley		Bathurst & District	14.24
7 Hromek, Chelsea		Kurrajong Bilpin	14.42
8 Barrett, Kyra		Glenbrook	14.57

Girls U 17 - 100 Metre Sprint

Zone: Z 12.55 15/12/2018 Caitlyn Ferrier, Kurrajong Bi			
Name	Age	Centre	Final
Section 1			
1 Dickie, Cleo		Blayney	13.18
2 Husarek, Charlotte		Glenbrook	13.48
3 Burke, Abbey		Glenbrook	13.79
4 Robinson, Ashley		Lithgow	13.85
5 Bennett, Brianna		Oberon	16.03

Girls U 7 - 200 Metre Sprint

Zone: Z 36.20 11/12/2010 Brooke Keller, Kurrajong Bilp			
Name	Age	Centre	Final
1 Okulicz, Charlotte		Glenbrook	39.55
2 Peake, Kiah		Glenbrook	40.00
3 Verriere, Sienna		Springwood	40.12
4 Coyte, Crystal		Kurrajong Bilpin	40.21

Girls U 8 - 200 Metre Sprint

Zone: Z 33.90 11/12/2011 Brooke Keller, Kurrajong Bilp			
Name	Age	Centre	Final
1 Jarick, Pippi		Blayney	37.53
2 Crawford, Bella		Bathurst & District	38.78
3 Hamilton, Imogen		Glenbrook	39.06
4 Lennie, Sophie		Kurrajong Bilpin	39.29
5 Wilson, Madeline		Katoomba	39.84
6 Dickson, Koa		Kurrajong Bilpin	39.87
7 Dedovic, Jasmin		Glenbrook	43.85

Girls U 9 - 200 Metre Sprint

Zone: Z 32.30 1/12/2002 Christie Pearson, Springwood			
Name	Age	Centre	Final
1 Crane, Isabelle		Glenbrook	36.69
2 Page, Lillian		Kurrajong Bilpin	37.58

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 10 - 200 Metre Sprint**

Zone: Z 30.60 31/03/1997 M. Smith, Kurrajong Bilpin			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Johnstone, Maddison		Kurrajong Bilpin	34.58Q
2 Healy, Lucinda		Glenbrook	37.18Q
3 Linder, Tess		Kurrajong Bilpin	38.06Q
Heat 2 Heats			
1 Allen, Summer		Kurrajong Bilpin	35.29Q
2 Cunliffe, Deckota		Kurrajong Bilpin	35.32Q
3 Standish, Olivia		Kurrajong Bilpin	39.29Q
4 Pidgeon, Claudia		Glenbrook	41.50q

Girls U 10 - 200 Metre Sprint

Zone: Z 30.60 31/03/1997 M. Smith, Kurrajong Bilpin			
Name	Age	Centre	Final
Section 1 Final			
1 Johnstone, Maddison		Kurrajong Bilpin	34.88
2 Allen, Summer		Kurrajong Bilpin	35.07
3 Cunliffe, Deckota		Kurrajong Bilpin	35.61
4 Healy, Lucinda		Glenbrook	37.44
5 Linder, Tess		Kurrajong Bilpin	37.82
6 Standish, Olivia		Kurrajong Bilpin	39.83
7 Pidgeon, Claudia		Glenbrook	43.02

Girls U 11 - 200 Metre Sprint

Zone: Z 28.70 5/12/2004 Christie Pearson, Springwood			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Rose, Dallyce		Glenbrook	30.35Q
2 Wallace, Kasey		Bathurst & District	31.45Q
3 Wood, Amelia		Glenbrook	32.15Q
4 Paton, Sophie		Springwood	35.67q
5 Aartoli, Philippa		Katoomba	36.00
Heat 2 Heats			
1 Ringbauer, Louise		Kurrajong Bilpin	31.44Q
2 Gibbons, Tegan		Blayney	33.67Q
3 Pirie, Jewel		Kurrajong Bilpin	34.43Q
4 Kremenovic, Chloe		Glenbrook	35.93q

Girls U 11 - 200 Metre Sprint

Zone: Z 28.70 5/12/2004 Christie Pearson, Springwood			
Name	Age	Centre	Final
Section 1 Final			
1 Rose, Dallyce		Glenbrook	30.37
2 Ringbauer, Louise		Kurrajong Bilpin	30.83
3 Wood, Amelia		Glenbrook	31.83
4 Wallace, Kasey		Bathurst & District	31.93
5 Gibbons, Tegan		Blayney	34.16
6 Pirie, Jewel		Kurrajong Bilpin	34.90
7 Kremenovic, Chloe		Glenbrook	35.00
8 Paton, Sophie		Springwood	35.49

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 12 - 200 Metre Sprint**

Zone: Z 27.60 29/01/2006 Rachel Munro, Emu Plains			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Barnett, Sarah		Bathurst & District	30.50Q
2 Evans, Lily		Kurrajong Bilpin	31.64Q
3 Presland, Lucy		Glenbrook	31.67Q
4 Turner-Smith, Abbagayle		Kurrajong Bilpin	32.63
5 Gerisch, Aaliyah		Kurrajong Bilpin	34.16
Heat 2 Heats			
1 Puri, Isla		Glenbrook	28.19Q
2 Nicholas, Zara		Springwood	28.87Q
3 Healy, Kaaren		Glenbrook	29.67Q
4 Brice, Amy		Kurrajong Bilpin	29.98q
5 Sargent, Anna		Springwood	32.44q
6 Mckay, Ivy		Blayney	32.61

Girls U 12 - 200 Metre Sprint

Zone: Z 27.60 29/01/2006 Rachel Munro, Emu Plains			
Name	Age	Centre	Final
Section 1 Final			
1 Puri, Isla		Glenbrook	27.75
2 Nicholas, Zara		Springwood	28.73
3 Healy, Kaaren		Glenbrook	29.73
4 Barnett, Sarah		Bathurst & District	30.00
5 Brice, Amy		Kurrajong Bilpin	30.59
6 Sargent, Anna		Springwood	31.92
7 Evans, Lily		Kurrajong Bilpin	32.12
8 Presland, Lucy		Glenbrook	34.11

Girls U 13 - 200 Metre Sprint

Zone: Z 27.10 31/03/2001 Amy Sadler, Kurrajong Bilpin			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Hugo, Amelie		Katoomba	28.89Q
2 Godwin, Elizabeth		Glenbrook	30.39Q
3 Ruming, Hollie		Bathurst & District	31.21Q
4 Blakestone, Ivy		Katoomba	31.41q
5 Watson, Mia		Springwood	31.82q
6 Nicholls, Claire		Glenbrook	34.45
7 Chapman, Isabelle		Kurrajong Bilpin	35.42
Heat 2 Heats			
1 Moore, Taya		Springwood	30.41Q
2 Mumberson, Kaileen		Springwood	32.36Q
3 Plew, Jessica		Kurrajong Bilpin	34.07Q

Girls U 13 - 200 Metre Sprint

Zone: Z 27.10 31/03/2001 Amy Sadler, Kurrajong Bilpin			
Name	Age	Centre	Final
Section 1 Final			
1 Hugo, Amelie		Katoomba	28.48
2 Godwin, Elizabeth		Glenbrook	29.85
3 Moore, Taya		Springwood	30.32

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Girls U 13 - 200 Metre Sprint**

4 Ruming, Hollie	Bathurst & District	30.68
5 Blakestone, Ivy	Katoomba	31.72
6 Watson, Mia	Springwood	32.02
7 Mumberson, Kaileen	Springwood	32.95
8 Plew, Jessica	Kurrajong Bilpin	33.68

Girls U 14 - 200 Metre Sprint

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Zone: Z 26.00 14/12/2008 Tayleen Singh, Kurrajong Bilp			
Name	Age	Centre	Heats
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Heat 1 Heats

1 Wallace, Ella	Katoomba	28.67Q
2 Allen, Phoebe	Springwood	28.99Q
3 Sargent, Eloise	Springwood	30.74Q
4 Amputch, Lani	Springwood	31.61
5 Robinson, Molly	Lithgow	31.62
6 Chapman, Sophie-Rose	Kurrajong Bilpin	32.53
7 Nash, Paige	Kurrajong Bilpin	33.00

Heat 2 Heats

1 Moore, Chyna	Springwood	27.95Q
2 Standish, Ella	Kurrajong Bilpin	28.36Q
3 Smith, Grace	Springwood	30.35Q
4 Crouch, Makayla	Springwood	30.44q
5 Ely, Annalisa	Katoomba	30.85q
6 Crook, Tayah	Lithgow	31.95

Girls U 14 - 200 Metre Sprint

=====			
Zone: Z 26.00 14/12/2008 Tayleen Singh, Kurrajong Bilp			
Name	Age	Centre	Final
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Section 1 Final

1 Moore, Chyna	Springwood	27.98
2 Standish, Ella	Kurrajong Bilpin	28.38
3 Wallace, Ella	Katoomba	28.75
4 Allen, Phoebe	Springwood	29.29
5 Sargent, Eloise	Springwood	30.11
6 Crouch, Makayla	Springwood	30.47
7 Smith, Grace	Springwood	30.51
8 Ely, Annalisa	Katoomba	31.03

Girls U 15 - 200 Metre Sprint

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Zone: Z 25.90 13/12/2009 Tayleen Singh, Kurrajong Bilp			
Name	Age	Centre	Heats
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Heat 1 Heats

1 Graham, Mali	Kurrajong Bilpin	28.22Q
2 Leach, Kate	Kurrajong Bilpin	29.08Q
3 Davis, Hayley	Bathurst & District	30.03Q
4 McSpadden, Bella	Glenbrook	30.97
5 Olney, Daria	Oberon	31.99

Heat 2 Heats

1 Ruming, Thalia	Bathurst & District	27.86Q
2 Snelling, Emily	Glenbrook	27.98Q
3 Xerri, Annalise	Kurrajong Bilpin	28.63Q
4 De Bortoli Dodson, Alana	Katoomba	28.92q
5 Packer, Jacinta	Kurrajong Bilpin	29.18q

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Girls U 15 - 200 Metre Sprint**

6 Barrett, Kyra	Glenbrook	29.95
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Girls U 15 - 200 Metre Sprint

Zone: Z 25.90 13/12/2009 Tayleen Singh, Kurrajong Bilp

Name	Age Centre	Final
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Section 1 Final

1 Ruming, Thalia	Bathurst & District	27.87
2 Snelling, Emily	Glenbrook	28.55
3 Leach, Kate	Kurrajong Bilpin	29.14
4 Packer, Jacinta	Kurrajong Bilpin	29.38
5 Graham, Mali	Kurrajong Bilpin	29.39
6 Davis, Hayley	Bathurst & District	30.16
7 Xerri, Annalise	Kurrajong Bilpin	31.03
8 De Bortoli Dodson, Alana	Katoomba	33.74

Girls U 17 - 200 Metre Sprint

Zone: Z 24.97 26/11/2017 Caitlyn Ferrier, Kurrajong Bi

Name	Age Centre	Final
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Section 1

1 Dickie, Cleo	Blayney	26.32
2 Husarek, Charlotte	Glenbrook	27.27
3 Burke, Abbey	Glenbrook	27.95
4 Robinson, Ashley	Lithgow	28.63
5 Campbell, Sia-Rose	Springwood	29.40
6 Sullivan, Zoe	Kurrajong Bilpin	30.38

Girls U 8 - 400 Metre Sprint

Zone: Z 1:18.30 31/03/1980 R, Chapman, Springwood

Name	Age Centre	Final
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1 Hamilton, Imogen	Glenbrook	1:37.39
2 Cronshaw, Mackenzie	Katoomba	1:37.90
3 Gill, Xara	Lithgow	1:40.16
4 Corbett, Zara	Glenbrook	1:43.28

Section 2

1 Lennie, Sophie	Kurrajong Bilpin	1:32.15
2 Ali, Nila	Glenbrook	1:44.80
3 Murphy, Grace	Glenbrook	1:48.36

Girls U 9 - 400 Metre Sprint

Zone: Z 1:13.40 31/03/1978 V. Potter, Dubbo

Name	Age Centre	Final
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Section 1

1 Martin, Adalie	Glenbrook	1:23.62
2 Page, Lillian	Kurrajong Bilpin	1:24.40
3 Bew, Scarlett	Kurrajong Bilpin	1:28.47
4 McMahon, Amelia	Katoomba	1:29.59
5 Billiards, Katherine	Springwood	1:32.11
6 Swarbrick, Jazmin	Kurrajong Bilpin	1:32.45
7 Payne, Tatiana	Katoomba	1:38.78

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 10 - 400 Metre Sprint**

Zone: Z 1:10.20 7/12/2003 Christie Pearson, Springwoo			
Name	Age	Centre	Final
Section 2			
1 Nicholas, Rose		Springwood	1:22.08
2 McLaughlin, Cleo		Kurrajong Bilpin	1:28.23
3 Standish, Olivia		Kurrajong Bilpin	1:34.72
Section 2			
1 Schembri, Evie		Katoomba	1:20.79
2 Madsen, Tylah		Kurrajong Bilpin	1:26.44
3 Wells, Sienna		Lithgow	1:32.84
4 Willis, Elise		Glenbrook	1:37.98
5 McSeveny, Leah		Springwood	1:38.30

Girls U 11 - 400 Metre Sprint

Zone: Z 1:04.50 5/12/2004 Christie Pearson, Springwoo			
Name	Age	Centre	Final
Section 1			
1 Wood, Amelia		Glenbrook	1:14.58
2 Masters, Ella		Glenbrook	1:16.24
3 Touhill, Georgie		Katoomba	1:16.41
4 Paton, Sophie		Springwood	1:23.56
5 Aartoli, Philippa		Katoomba	1:26.98
Section 2			
1 Rose, Dallyce		Glenbrook	1:11.21
2 Kelsaw, Ivy		Glenbrook	1:16.77
3 McLaughlin, Leander		Kurrajong Bilpin	1:17.20
4 Atkinson, Lucy		Canowindra	1:19.33

Girls U 12 - 400 Metre Sprint

Zone: Z 1:03.80 29/01/2006 Christie Pearson, Springwoo			
Name	Age	Centre	Final
Section 1			
1 Puri, Isla		Glenbrook	1:03.98
2 Presland, Lucy		Glenbrook	1:14.05
3 Gomez, Jessica		Springwood	1:15.44
4 Turner-Smith, Abbagayle		Kurrajong Bilpin	1:16.78
5 Mckay, Ivy		Blayney	1:19.26
6 Pender, Jorja		Lithgow	1:19.66
7 Harwood, Kaylee		Kurrajong Bilpin	1:21.49

Girls U 13 - 400 Metre Sprint

Zone: Z 1:02.00 31/03/2000 J. Doorey, Springwood			
Name	Age	Centre	Final
1 Hugo, Amelie		Katoomba	1:04.87
2 Coyte, Rebecca		Kurrajong Bilpin	1:08.39
3 Blakestone, Ivy		Katoomba	1:09.15
4 Ruming, Hollie		Bathurst & District	1:11.15
5 Watson, Mia		Springwood	1:13.81
6 Mumberson, Kaileen		Springwood	1:14.55

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 14 - 400 Metre Sprint**

Zone: Z 59.60 31/03/2002 Amy Sadler, Kurrajong Bilpin			
Name	Age	Centre	Final
Section 2			
1 Moore, Chyna		Springwood	1:10.46
2 Sargent, Eloise		Springwood	1:18.79
3 Ali, Tanissa		Glenbrook	1:19.32
1 Harris, Olivia		Glenbrook	1:06.91
2 Crouch, Makayla		Springwood	1:09.83
3 Ely, Annalisa		Katoomba	1:09.97
4 Smith, Grace		Springwood	1:12.39
5 Crook, Tayah		Lithgow	1:15.92

Girls U 15 - 400 Metre Sprint

Zone: Z 59.50 30/11/2002 Amy Sadler, Kurrajong Bilpin			
Name	Age	Centre	Final
Section 1			
1 Ruming, Thalia		Bathurst & District	1:04.30
2 De Bortoli Dodson, Alana		Katoomba	1:05.81
3 Wood, Heidi		Glenbrook	1:08.18
4 Leach, Kate		Kurrajong Bilpin	1:08.26
5 Hromek, Chelsea		Kurrajong Bilpin	1:09.59
6 Olney, Daria		Oberon	1:13.32
7 Davies, Tasmyn		Lithgow	1:14.80

Girls U 17 - 400 Metre Sprint

Zone: Z 58.14 15/12/2018 Caitlyn Ferrier, Kurrajong Bi			
Name	Age	Centre	Final
1 Dickie, Cleo		Blayney	1:00.44
2 Sullivan, Zoe		Kurrajong Bilpin	1:06.40
3 Burke, Abbey		Glenbrook	1:08.38
4 Haberman, Hannah		Springwood	1:09.37
5 Haberman, Catriona		Springwood	1:11.75
6 Bennett, Brianna		Oberon	1:22.26

Girls U 7 - 500 Metre Run Pack Start

Name	Age	Centre	Final
1 Coyte, Crystal		Kurrajong Bilpin	2:01.25
2 Peake, Kiah		Glenbrook	2:14.15
3 Martin, Cassia		Glenbrook	2:16.05
4 Okulicz, Charlotte		Glenbrook	2:16.50

Girls U 8 - 700 Metre Run Pack Start

Name	Age	Centre	Final
1 Lennie, Sophie		Kurrajong Bilpin	3:01.98
2 Cronshaw, Mackenzie		Katoomba	3:06.97
3 Hamilton, Imogen		Glenbrook	3:08.77
4 Gill, Xara		Lithgow	3:09.92
5 King, Imogen		Glenbrook	3:22.71
6 Murphy, Grace		Glenbrook	3:23.17
7 Field, Olivia-Anne		Glenbrook	3:28.54

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 9 - 800 Metre Run**

Zone: Z 2:46.80 31/03/2002 A. Collier, Emu Plains			
Name	Age	Centre	Final
1 Martin, Adalie		Glenbrook	3:05.12
2 Donges, Jasmine		Blayney	3:09.62
3 Page, Lillian		Kurrajong Bilpin	3:19.72
4 Drake, Kristen		Glenbrook	3:21.93
5 Bew, Scarlett		Kurrajong Bilpin	3:25.17
6 Billiards, Katherine		Springwood	3:27.53
7 Swarbrick, Jazmin		Kurrajong Bilpin	3:39.09

Girls U 10 - 800 Metre Run

Zone: Z 2:40.50 7/12/2003 Christie Pearson, Springwoo			
Name	Age	Centre	Final
1 Nicholas, Rose		Springwood	3:04.79
2 Johnstone, Maddison		Kurrajong Bilpin	3:05.30
3 Naumann, Lelia		Katoomba	3:13.93
4 Cloey, Marissa		Glenbrook	3:16.39
5 McLaughlin, Cleo		Kurrajong Bilpin	3:18.03

Girls U 11 - 800 Metre Run

Zone: Z 2:27.30 5/12/2004 Christie Pearson, Springwoo			
Name	Age	Centre	Final
1 Mitchell, Maisie		Kurrajong Bilpin	2:46.68
2 McLaughlin, Leander		Kurrajong Bilpin	2:59.35
3 Wood, Amelia		Glenbrook	3:00.46
4 Atkinson, Lucy		Canowindra	3:01.39
5 Touhill, Georgie		Katoomba	3:12.91
6 Aartoli, Philippa		Katoomba	3:25.40
7 Roberts, Isobel		Glenbrook	3:26.40
8 Hamilton, Angelina		Katoomba	3:32.50

Girls U 12 - 800 Metre Run

Zone: Z 2:25.60 29/01/2006 Christie Pearson, Springwoo			
Name	Age	Centre	Final
1 Callaghan-Kennedy, Eva		Kurrajong Bilpin	2:42.35
2 Barnett, Sarah		Bathurst & District	2:42.36
3 Gomez, Jessica		Springwood	2:57.03
4 Gauci, Olive		Glenbrook	3:04.06
5 Gerisch, Aaliyah		Kurrajong Bilpin	3:04.59
6 Webber, Lucy		Glenbrook	3:06.60
7 Mckay, Ivy		Blayney	3:09.91
8 Harwood, Kaylee		Kurrajong Bilpin	3:10.52
9 Ryan, Audrey		Katoomba	3:11.71
10 Lowe, Maddison		Springwood	3:20.85
11 Draper, Chelsea		Lithgow	3:35.64

Girls U 13 - 800 Metre Run

Zone: Z 2:24.00 3/12/2006 Christie Pearson, Springwoo			
Name	Age	Centre	Final
1 Hugo, Amelie		Katoomba	2:41.33

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****...Girls U 13 - 800 Metre Run**

2	Donges, Renelle	Blayney	2:42.58
3	Berechree, Jessica	Glenbrook	2:52.76
4	Coyte, Rebecca	Kurrajong Bilpin	2:53.90
5	Watson, Mia	Springwood	2:57.78
6	Howell, Lauren	Katoomba	3:02.34
7	Chapman, Isabelle	Kurrajong Bilpin	3:15.47
8	Atkinson, Keira	Katoomba	3:24.17

Girls U 14 - 800 Metre Run

Zone: Z 2:17.78 11/12/2016 Georgie Purcell, Springwood

Name Age Centre Final

1	Adams, Lauren	Glenbrook	2:30.82
2	Chapman, Sophie-Rose	Kurrajong Bilpin	2:55.85
3	Ely, Annalisa	Katoomba	2:57.31
4	Ali, Tanissa	Glenbrook	3:03.50
5	Hunt, Amelia	Springwood	3:26.08

Girls U 15 - 800 Metre Run

Zone: Z 2:16.20 3/12/2006 Celia Sullohern, Glenbrook

Name Age Centre Final

1	De Bortoli Dodson, Alana	Katoomba	2:45.45
2	Isaacs, Gemma	Kurrajong Bilpin	2:46.38
3	Wood, Heidi	Glenbrook	2:47.20
4	Lowe, Ashlyn	Springwood	2:48.85

Girls U 17 - 800 Metre Run

Zone: Z 2:25.97 16/12/2018 Caitlyn Ferrier, Kurrajong

Name Age Centre Final

1	Goehner, Maeve	Glenbrook	2:21.72Z
2	Haberman, Hannah	Springwood	2:38.12
3	Mortensen, Ella	Katoomba	2:39.41
4	Sullivan, Zoe	Kurrajong Bilpin	2:49.13
5	Berechree, Sarah	Glenbrook	3:13.67

Girls U 11 - 1500 Metre Run

Zone: Z 5:17.00 5/12/2004 Christie Pearson, Springwood

Name Age Centre Final

1	Mitchell, Maisie	Kurrajong Bilpin	5:40.27
2	Atkinson, Lucy	Canowindra	6:19.63
3	Golder, Isabel	Katoomba	6:44.19

Girls U 12 - 1500 Metre Run

Zone: Z 5:09.00 29/01/2006 Christie Pearson, Springwood

Name Age Centre Final

1	Callaghan-Kennedy, Eva	Kurrajong Bilpin	5:39.80
2	Barnett, Sarah	Bathurst & District	5:41.57
3	Harwood, Kaylee	Kurrajong Bilpin	6:21.84
4	Gauci, Olive	Glenbrook	6:26.03
5	Harris, Jessica	Glenbrook	6:32.94

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****...Girls U 12 - 1500 Metre Run**

6 Draper, Chelsea	Lithgow	7:23.52
7 Bell, Charisse	Glenbrook	7:30.78

Girls U 13 - 1500 Metre Run

Zone: Z 5:00.90 3/12/2006 Christie Pearson, Springwoo

Name	Age Centre	Final
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1 Berechree, Jessica	Glenbrook	5:52.38
2 Chapman, Isabelle	Kurrajong Bilpin	6:37.75
3 Atkinson, Keira	Katoomba	6:48.27
4 Howell, Lauren	Katoomba	6:49.70

Girls U 14 - 1500 Metre Run

Zone: Z 4:51.20 2/12/2001 Emily Johnson, Kurrajong Bi

Name	Age Centre	Final
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1 Adams, Lauren	Glenbrook	5:11.51
2 Hopping, Isabella	Blayney	5:56.18
3 Ali, Tanissa	Glenbrook	6:16.03
4 Crook, Tayah	Lithgow	6:30.38
5 Nash, Paige	Kurrajong Bilpin	7:12.31

Girls U 15 - 1500 Metre Run

Zone: Z 4:45.40 3/12/2006 Celia Sullohern, Glenbrook

Name	Age Centre	Final
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1 Lowe, Ashlyn	Springwood	5:56.87
2 Isaacs, Gemma	Kurrajong Bilpin	6:07.40
3 Graham, Mali	Kurrajong Bilpin	6:14.91
4 Houston, Jasmin	Bathurst & District	6:55.75

Girls U 17 - 1500 Metre Run

Zone: Z 5:02.20 15/12/2018 Maeve Goehner, Glenbrook

Name	Age Centre	Final
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1 Goehner, Maeve	Glenbrook	5:02.73
2 Mortensen, Ella	Katoomba	5:36.20
3 Haberman, Hannah	Springwood	5:47.92
4 Sullivan, Zoe	Kurrajong Bilpin	5:55.40
5 Berechree, Sarah	Glenbrook	6:16.87
6 Vanderburg, Ashleigh	Kurrajong Bilpin	6:19.29

Girls U 13 - 3000 Metre Run

Zone: Z 11:08.33 12/12/2015 Maeve Goehner, Glenbrook

Name	Age Centre	Final
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1 Donges, Renelle	Blayney	11:55.97
2 Berechree, Jessica	Glenbrook	12:43.07
3 Coyte, Rebecca	Kurrajong Bilpin	14:13.61

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 14 - 3000 Metre Run**

Zone: Z 10:46.00 30/11/2002 E. Walsh, Kurrajong Bilpin			
Name	Age Centre		Final
1 Adams, Lauren	Glenbrook		11:08.02
2 Nash, Paige	Kurrajong Bilpin		15:56.91

Girls U 15 - 3000 Metre Run

Zone: Z 10:07.20 3/12/2006 Celia Sullohern, Glenbrook			
Name	Age Centre		Final
1 Isaacs, Gemma	Kurrajong Bilpin		13:48.85
2 Houston, Jasmin	Bathurst & District		15:37.25

Girls U 17 - 3000 Metre Run

Zone: Z 11:41.10 10/12/2011 Stephanie Kalemusic, Emu P			
Name	Age Centre		Final
1 Goehner, Maeve	Glenbrook		10:52.07Z
2 Sullivan, Zoe	Kurrajong Bilpin		13:15.41

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.40 10/12/2011 Brooke Keller, Kurrajong Bilp			
Name	Age Centre		Heats

Heat 1 Heats

1 Jarick, Pippi	Blayney		13.62Q
2 Wilson, Madeline	Katoomba		14.12Q
3 Rawlinson, Harper	Glenbrook		14.29Q
4 Dickson, Koa	Kurrajong Bilpin		14.50q
5 King, Imogen	Glenbrook		14.77q
6 Corbett, Zara	Glenbrook		15.17
7 Ali, Nila	Glenbrook		15.32
8 Gill, Xara	Lithgow		15.53

Heat 2 Heats

1 Crawford, Bella	Bathurst & District		13.99Q
2 Farrant, Macy	Glenbrook		15.23Q
3 Dedovic, Jasmin	Glenbrook		16.09Q
4 Cronshaw, Mackenzie	Katoomba		16.29
5 Crabtree, Jamie	Glenbrook		16.92
6 Lamond, Quinney	Blayney		17.42

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.40 10/12/2011 Brooke Keller, Kurrajong Bilp			
Name	Age Centre		Final

Section 1 Final

1 Jarick, Pippi	Blayney		13.30
2 Crawford, Bella	Bathurst & District		13.49
3 Dickson, Koa	Kurrajong Bilpin		13.72
4 Wilson, Madeline	Katoomba		13.74
5 Rawlinson, Harper	Glenbrook		14.07
6 Farrant, Macy	Glenbrook		14.54
7 King, Imogen	Glenbrook		15.49
8 Dedovic, Jasmin	Glenbrook		15.54

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 10.80 31/03/1996 S. Jones, Springwood			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Crane, Isabelle		Glenbrook	13.21Q
2 Burden, Wren		Katoomba	13.44Q
3 Phelan, Claire		Canowindra	14.37Q
4 Taylor, Lara		Katoomba	17.03
5 Bennett, Lillian		Oberon	19.01
Heat 2 Heats			
1 Butler, Charli		Glenbrook	13.07Q
2 Drake, Kristen		Glenbrook	13.44Q
3 McMahon, Amelia		Katoomba	13.59Q
4 Billiards, Katherine		Springwood	13.69q
5 Payne, Tatiana		Katoomba	14.07q

Girls U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.80 31/03/1996 S. Jones, Springwood			
Name	Age	Centre	Final
Section 1 Final			
1 Butler, Charli		Glenbrook	12.67
2 Crane, Isabelle		Glenbrook	13.01
3 Burden, Wren		Katoomba	13.09
4 McMahon, Amelia		Katoomba	13.35
5 Drake, Kristen		Glenbrook	13.36
6 Billiards, Katherine		Springwood	13.53
7 Phelan, Claire		Canowindra	13.68
8 Payne, Tatiana		Katoomba	14.25

Girls U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.72 14/12/2013 Brooke Keller, Kurrajong Bilp			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Naumann, Lelia		Katoomba	13.27Q
2 Pesle, Liana		Glenbrook	13.63Q
3 Mann, Evie		Springwood	13.77Q
4 Wilson, Hannah		Katoomba	14.35
5 Madsen, Tylah		Kurrajong Bilpin	14.38
6 Healy, Lucinda		Glenbrook	14.81
7 Reynolds, Kianne		Kurrajong Bilpin	16.22
Heat 2 Heats			
1 Bentham-Mudie, Gabriella		Glenbrook	12.12Q
2 McKay, Ruby		Blayney	12.56Q
3 Schembri, Evie		Katoomba	12.83Q
4 Jenkins, Tess		Springwood	13.22q
5 Cloey, Marissa		Glenbrook	14.06q
6 Graham, Kaylee		Katoomba	14.25
7 Gerisch, Paige		Kurrajong Bilpin	17.15

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 10 - 60 Metre Hurdles (60cm)**

Zone: Z 10.72 14/12/2013 Brooke Keller, Kurrajong Bilp			
Name	Age	Centre	Final
Section 1 Final			
1 Bentham-Mudie, Gabriella		Glenbrook	11.94
2 Mckay, Ruby		Blayney	12.19
3 Schembri, Evie		Katoomba	12.91
4 Jenkins, Tess		Springwood	13.10
5 Pesle, Liana		Glenbrook	13.21
6 Naumann, Lelia		Katoomba	13.64
7 Mann, Evie		Springwood	13.71
8 Cloey, Marissa		Glenbrook	15.06

Girls U 11 - 80 Metre Hurdles (60cm)

Name	Age	Centre	Heats
Heat 1 Heats			
1 Vukoja, Lilly		Springwood	17.03Q
2 Phelan, Sophie		Canowindra	17.50Q
3 Kelsaw, Ivy		Glenbrook	18.02Q
4 Kremenovic, Chloe		Glenbrook	19.74
Heat 2 Heats			
1 Ogilvie, Logan		Glenbrook	15.74Q
2 Atkinson, Lucy		Canowindra	16.66Q
3 Gibbons, Tegan		Blayney	17.29Q
4 Golder, Isabel		Katoomba	19.14q
5 Welch, Addisen		Lithgow	19.37q
6 Hamilton, Angelina		Katoomba	20.26

Girls U 11 - 80 Metre Hurdles (60cm)

Name	Age	Centre	Final
Section 1 Final			
1 Ogilvie, Logan		Glenbrook	14.96
2 Atkinson, Lucy		Canowindra	16.17
3 Vukoja, Lilly		Springwood	17.03
4 Gibbons, Tegan		Blayney	17.20
5 Phelan, Sophie		Canowindra	17.37
6 Golder, Isabel		Katoomba	18.50
7 Welch, Addisen		Lithgow	19.78

Girls U 12 - 80 Metre Hurdles (68cm)

Name	Age	Centre	Heats
Heat 1 Heats			
1 Waters, Hazel		Katoomba	15.90Q
2 Capararo, Alexandra		Glenbrook	17.70Q
3 Kremenovic, Tamara		Glenbrook	18.06Q
4 Gauci, Olive		Glenbrook	18.41q
5 Naumann, Tara		Katoomba	19.33q
Heat 2 Heats			
1 Evans, Lily		Kurrajong Bilpin	16.45Q
2 Gomez, Jessica		Springwood	17.40Q
3 Lowe, Maddison		Springwood	18.67Q
4 Lee, Elka		Lithgow	19.98
5 McMahon, Mikayla		Katoomba	21.14

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 12 - 80 Metre Hurdles (68cm)**

Name	Age Centre	Final
Section 1 Final		
1 Evans, Lily	Kurrajong Bilpin	15.39
2 Waters, Hazel	Katoomba	15.62
3 Gomez, Jessica	Springwood	16.14
4 Kremenovic, Tamara	Glenbrook	17.55
5 Capararo, Alexandra	Glenbrook	17.58
6 Gauci, Olive	Glenbrook	18.16
7 Lowe, Maddison	Springwood	19.00
8 Naumann, Tara	Katoomba	19.52

Girls U 13 - 80 Metre Hurdles (76cm)

Name	Age Centre	Final
Zone: Z 13.70 29/01/2006 Julia King, Kurrajong Bilpin		
Section 1		
1 Bijelic, Tiaani	Blayney	16.19
2 Moore, Taya	Springwood	16.69
3 Plew, Jessica	Kurrajong Bilpin	18.22
4 Rusten, Maddison	Oberon	22.03
5 Bennett, Allison	Oberon	42.36

Girls U 14 - 80 Metre Hurdles (76cm)

Name	Age Centre	Final
Zone: Z 13.40 31/03/2002 A. Ahern, Springwood		
1 Allen, Phoebe	Springwood	15.41
2 Smith, Grace	Springwood	16.01
3 Nash, Paige	Kurrajong Bilpin	17.56
4 Gilchrist, Emily	Springwood	17.97
5 Harris, Olivia	Glenbrook	18.36

Girls U 15 - 90 Metre Hurdles (76cm)

Name	Age Centre	Final
Zone: Z 14.00 31/03/1998 Lisa Jenkinson, Glenbrook		
1 Leach, Kate	Kurrajong Bilpin	16.37
2 Hromek, Chelsea	Kurrajong Bilpin	17.13
3 Patton, Hannah	Katoomba	17.71
4 Graham, Mali	Kurrajong Bilpin	17.72
5 Davis, Hayley	Bathurst & District	18.53
6 Barrett, Kyra	Glenbrook	18.75

Girls U 17 - 100 Metre Hurdles (76cm)

Name	Age Centre	Final
Zone: Z 15.60 13/12/2009 Sara Klein, Kurrajong Bilpin		
1 Dickie, Cleo	Blayney	15.98
2 Burke, Abbey	Glenbrook	17.85
3 Haberman, Catriona	Springwood	18.49
4 Robinson, Ashley	Lithgow	18.62
5 Vanderburg, Ashleigh	Kurrajong Bilpin	22.66
-- Price, Cleo	Glenbrook	DNF

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 13 - 200 Metre Hurdles (68cm)**

Zone: Z 30.86 13/12/2014 Caitlyn Ferrier, Kurrajong Bi			
Name	Age	Centre	Final
1 Moore, Taya		Springwood	33.09
2 Coyte, Rebecca		Kurrajong Bilpin	34.51
3 Godwin, Elizabeth		Glenbrook	35.60
4 Plew, Jessica		Kurrajong Bilpin	37.90
5 Nicholls, Claire		Glenbrook	39.18

Girls U 14 - 200 Metre Hurdles (76cm)

Zone: Z 30.40 31/03/1997 Lisa Jenkinson, Glenbrook			
Name	Age	Centre	Final
1 Allen, Phoebe		Springwood	32.83
2 Wallace, Ella		Katoomba	33.19
3 Smith, Grace		Springwood	34.28
4 Nash, Paige		Kurrajong Bilpin	36.22
5 Hopping, Isabella		Blayney	38.17
6 Ali, Tanissa		Glenbrook	39.92

Girls U 15 - 300 Metre Hurdles (76cm)

Zone: Z 50.18 25/11/2017 Cleo Dickie, Blayney			
Name	Age	Centre	Final
1 De Bortoli Dodson, Alana		Katoomba	50.69
2 Isaacs, Gemma		Kurrajong Bilpin	52.21
3 Barrett, Kyra		Glenbrook	53.99

Girls U 17 - 300 Metre Hurdles (76cm)

Zone: Z 50.54 15/12/2018 Cleo Dickie, Blayney			
Name	Age	Centre	Final
1 Dickie, Cleo		Blayney	46.66Z
2 Burke, Abbey		Glenbrook	52.86
3 Williams, Linae		Glenbrook	1:01.58

Girls U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 58.94 16/12/2018 Glenbrook, Glenbrook			
Centre	Age	Centre	Final
1 Glenbrook			59.98
1) Butler, Charli 9		2) Bentham-Mudie, Gabriella 10	
3) Rose, Dallyce 11		4) Puri, Isla 12	
2 Kurrajong Bilpin			1:03.58
1) Page, Lillian 9		2) Mitchell, Maisie 11	
3) Cunliffe, Deckota 10		4) Brice, Amy 12	
3 Springwood			1:03.60
1) Amputch, Seda 11		2) Nicholas, Rose 10	
3) McGregor, Marley 9		4) Nicholas, Zara 12	
4 Katoomba			1:06.39
1) McMahon, Amelia 9		2) Schembri, Evie 10	
3) Touhill, Georgie 11		4) Waters, Hazel 12	

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 12-17 4x100 Metre Relay (Snr)**

Zone: Z 52.60 13/12/2009 Kurrajong Bilpin, Kurrajong B Centre Final			
1	Glenbrook		53.01
	1) Godwin, Elizabeth 13	2) Adams, Lauren 14	
	3) Husarek, Charlotte 17	4) Snelling, Emily 15	
2	Springwood		53.51
	1) Allen, Phoebe 14	2) Moore, Chyna 14	
	3) Moore, Taya 13	4) Jones, Molly 15	
3	Kurrajong Bilpin		54.24
	1) Coyte, Rebecca 13	2) Standish, Ella 14	
	3) Xerri, Annalise 15	4) Young, Ella 17	
4	Katoomba		55.19
	1) Hugo, Amelie 13	2) Wallace, Ella 14	
	3) De Bortoli Dodson, Alana 15	4) Patton, Hannah 15	
5	Lithgow		59.03
	1) Pender, Ebony 14	2) Lee, Elka 12	
	3) Robinson, Molly 14	4) Robinson, Ashley 17	
6	Bathurst & District		59.84
	1) Ruming, Thalia 15	2) Barnett, Sarah 12	
	3) Ruming, Hollie 13	4) Davis, Hayley 15	

Girls U 9 - High Jump (S/H 0.80m)

Zone: Z 1.25m 8/12/2012 Brooke Keller, Kurrajong Bilp			
Name	Age	Centre	Final
Flight 1			
1	Crane, Isabelle	Glenbrook	0.90m
2	Mensforth, Addison	Katoomba	0.90m
--	Donges, Jasmine	Blayney	NH

Girls U 10 - High Jump (S/H 0.90m)

Zone: Z 1.27m 15/12/2013 Brooke Keller, Kurrajong Bilp			
Name	Age	Centre	Final
1	Bentham-Mudie, Gabriella	Glenbrook	1.14m
2	Wells, Sienna	Lithgow	1.11m
3	Mann, Evie	Springwood	1.05m
4	Cloey, Marissa	Glenbrook	0.95m
5	Graham, Kaylee	Katoomba	0.95m
6	Wilson, Hannah	Katoomba	0.90m
--	Willis, Elise	Glenbrook	NH

Girls U 11 - High Jump (S/H 1.00m)

Zone: Z 1.37m 31/03/1986 K. Ahern, Springwood			
Name	Age	Centre	Final
1	Scott, Icelyn	Glenbrook	1.21m
2	McKervey, Siobhan	Glenbrook	1.18m
3	Wallace, Kasey	Bathurst & District	1.15m
4	Paton, Sophie	Springwood	1.10m
5	Ogilvie, Logan	Glenbrook	1.10m
5	Vukoja, Lilly	Springwood	1.10m
7	Touhill, Georgie	Katoomba	1.05m
8	McLaughlin, Leander	Kurrajong Bilpin	1.05m
9	Grady, Cadence	Glenbrook	1.00m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Girls U 11 - High Jump (S/H 1.00m)**

10 Pirie, Jewel	Kurrajong Bilpin	1.00m
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Girls U 12 - High Jump (S/H 1.10m)

Zone: Z 1.44m 3/12/2006 Tamika Bostock, Lithgow

Name	Age Centre	Final
1 Brice, Amy	Kurrajong Bilpin	1.45mZ
2 Lee, Elka	Lithgow	1.25m
3 Waters, Hazel	Katoomba	1.20m
4 Puri, Isla	Glenbrook	1.20m
5 Wells, Isabella	Lithgow	1.20m
6 Lowe, Maddison	Springwood	1.15m
7 Gerisch, Aaliyah	Kurrajong Bilpin	1.15m
8 Webber, Lucy	Glenbrook	1.15m
8 Gomez, Jessica	Springwood	1.15m
-- Teuma, Abby	Kurrajong Bilpin	NH
-- Bell, Charisse	Glenbrook	NH
-- Kremenovic, Tamara	Glenbrook	NH

Girls U 13 - High Jump (S/H 1.15m)

Zone: Z 1.57m 31/03/1984 Brooke Martin, Glenbrook

Name	Age Centre	Final
1 Bijelic, Tiaani	Blayney	1.25m
2 Plew, Jessica	Kurrajong Bilpin	1.15m
3 Donges, Renelle	Blayney	1.15m
-- Berechree, Jessica	Glenbrook	NH

Girls U 14 - High Jump (S/H 1.20m)

Zone: Z 1.60m 16/12/2007 Mataya Young, Katoomba

Name	Age Centre	Final
1 Gleeson, Lani	Springwood	1.46m
2 Pender, Ebony	Lithgow	1.46m
3 Harris, Olivia	Glenbrook	1.43m
4 Gilchrist, Emily	Springwood	1.35m
5 Mills, Jezebel	Glenbrook	1.25m
6 Layton, Bree	Kurrajong Bilpin	1.25m

Girls U 15 - High Jump (S/H 1.20m)

Zone: Z 1.65m 15/12/2007 Emma Cormack, Katoomba

Name	Age Centre	Final
1 Lowe, Ashlyn	Springwood	1.50m
2 Jones, Molly	Springwood	1.50m
3 Graham, Mali	Kurrajong Bilpin	1.40m

Girls U 17 - High Jump (S/H 1.25m)

Zone: Z 1.60m 13/12/2009 Mataya Young, Katoomba

Name	Age Centre	Final
1 Haberman, Hannah	Springwood	1.43m
2 Burke, Abbey	Glenbrook	1.43m
3 Husarek, Charlotte	Glenbrook	1.40m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****...Girls U 17 - High Jump (S/H 1.25m)**

4 Bennett, Brianna	Oberon	1.35m
4 Campbell, Sia-Rose	Springwood	1.35m

Girls U 7 - Long Jump

Zone: Z 3.37m 12/12/2010 Brooke Keller, Kurrajong Bilp

Name Age Centre Final

1 Peake, Kiah	Glenbrook	2.53m
2 Tydeman, Chloe	Katoomba	2.47m
3 Okulicz, Charlotte	Glenbrook	2.46m
4 Verriere, Sienna	Springwood	2.39m
5 Martin, Cassia	Glenbrook	2.24m
6 Nightingale, Addison	Lithgow	1.99m
7 Reid, Hannah	Kurrajong Bilpin	1.79m
8 Wilkes, Hannah	Kurrajong Bilpin	1.20m

Girls U 8 - Long Jump

Zone: Z 4.05m 10/12/2011 Brooke Keller, Kurrajong Bilp

Name Age Centre Final

1 Rawlinson, Harper	Glenbrook	2.53m
2 King, Imogen	Glenbrook	2.49m
3 Ferro, Estelle	Glenbrook	2.48m
4 Gill, Xara	Lithgow	2.37m
5 Murphy, Grace	Glenbrook	2.32m
6 Ali, Nila	Glenbrook	2.30m
7 Corbett, Zara	Glenbrook	2.23m
8 Hay, Amber	Glenbrook	2.20m
9 Wilson, Madeline	Katoomba	2.15m
10 Lamond, Quinney	Blayney	1.99m
11 Gardiner, Chloe	Glenbrook	1.77m

Girls U 9 - Long Jump

Zone: Z 3.92m 9/12/2012 Brooke Keller, Kurrajong Bilp

Name Age Centre Final

1 Butler, Charli	Glenbrook	3.13m
2 Phelan, Claire	Canowindra	2.69m
3 Martin, Adalie	Glenbrook	2.57m
4 McGregor, Marley	Springwood	2.54m
5 Swarbrick, Jazmin	Kurrajong Bilpin	2.51m
6 Billiards, Katherine	Springwood	2.50m
7 McMahon, Amelia	Katoomba	2.43m
8 Taylor, Lara	Katoomba	2.41m
9 Bew, Scarlett	Kurrajong Bilpin	2.37m
10 Bennett, Lillian	Oberon	1.81m

Girls U 10 - Long Jump

Zone: Z 4.37m 31/03/1987 Laura Washington, Glenbrook

Name Age Centre Final

1 Bentham-Mudie, Gabriella	Glenbrook	3.65m
2 Nicholas, Rose	Springwood	3.40m
3 Jenkins, Tess	Springwood	3.34m
4 McLaughlin, Cleo	Kurrajong Bilpin	3.22m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Girls U 10 - Long Jump**

5 Wells, Sienna	Lithgow	3.18m
6 Naumann, Lelia	Katoomba	3.10m
7 Graham, Kaylee	Katoomba	3.05m
8 Wilson, Hannah	Katoomba	3.01m
9 Johnstone, Maddison	Kurrajong Bilpin	2.81m
10 Jackson, Alana	Glenbrook	2.70m
11 Linder, Tess	Kurrajong Bilpin	2.56m
12 Healy, Lucinda	Glenbrook	2.55m
13 Jones, Madeleine	Kurrajong Bilpin	2.33m
14 Pidgeon, Claudia	Glenbrook	2.17m
15 Lee, Indianna	Lithgow	2.14m
16 Gerisch, Paige	Kurrajong Bilpin	1.97m

Girls U 11 - Long Jump

=====
 Zone: Z 4.58m 14/12/2014 Brooke Keller, Kurrajong Bilp

Name	Age Centre	Final
1 Ogilvie, Logan	Glenbrook	3.87m
2 Wallace, Kasey	Bathurst & District	3.74m
3 McLaughlin, Leander	Kurrajong Bilpin	3.73m
4 Vukoja, Lilly	Springwood	3.52m
5 Gibbons, Tegan	Blayney	3.51m
6 Fortunat, Eleanor	Springwood	3.32m
7 Amputch, Seda	Springwood	3.29m
8 Paton, Sophie	Springwood	3.17m
9 Kremenovic, Chloe	Glenbrook	2.92m
10 Boss-Walker, Zoe	Oberon	2.42m
11 Hamilton, Angelina	Katoomba	2.35m

Girls U 12 - Long Jump

=====
 Zone: Z 5.03m 31/03/1983 Brooke Martin, Glenbrook

Name	Age Centre	Final
1 Nicholas, Zara	Springwood	4.78m
2 Puri, Isla	Glenbrook	4.33m
3 Brice, Amy	Kurrajong Bilpin	4.30m
4 Sargent, Anna	Springwood	4.09m
5 Evans, Lily	Kurrajong Bilpin	4.05m
6 Healy, Kaaren	Glenbrook	3.97m
7 Kremenovic, Tamara	Glenbrook	3.93m
8 Gomez, Jessica	Springwood	3.86m
9 Lee, Elka	Lithgow	3.41m
10 Lowe, Maddison	Springwood	3.30m
11 Presland, Lucy	Glenbrook	3.21m
12 Ryan, Audrey	Katoomba	3.18m
13 Pender, Jorja	Lithgow	3.15m
14 McSeveny, Abigail	Springwood	3.15m
15 Wells, Isabella	Lithgow	3.07m
16 Bell, Charisse	Glenbrook	2.79m
17 Draper, Chelsea	Lithgow	2.50m

Girls U 13 - Long Jump

=====
 Zone: Z 5.02m 3/12/2006 Mataya Young, Katoomba

Name	Age Centre	Final
1 Coyte, Rebecca	Kurrajong Bilpin	4.01m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****...Girls U 13 - Long Jump**

2 Moore, Taya	Springwood	3.94m
3 Bijelic, Tiaani	Blayney	3.86m
4 Blakestone, Ivy	Katoomba	3.60m
5 Donges, Renelle	Blayney	3.30m
6 Atkinson, Keira	Katoomba	3.22m
7 Howell, Lauren	Katoomba	3.22m
8 Rusten, Maddison	Oberon	2.76m

Girls U 14 - Long Jump

Zone: Z 5.35m 31/03/2001 Jennifer Coogan, Springwood

Name	Age Centre	Final
1 Moore, Chyna	Springwood	4.44m
2 Standish, Ella	Kurrajong Bilpin	4.38m
3 Pender, Ebony	Lithgow	4.37m
4 Gleeson, Lani	Springwood	4.30m
5 Smith, Dakota	Glenbrook	4.14m
6 Smith, Grace	Springwood	4.11m
7 Ali, Tanissa	Glenbrook	3.76m
8 Gilchrist, Emily	Springwood	3.75m
9 Crouch, Makayla	Springwood	3.74m
10 Crook, Tayah	Lithgow	3.68m
11 Scott, Laura	Oberon	3.53m
12 Robinson, Molly	Lithgow	3.40m
13 Price, Mae	Glenbrook	3.12m
14 Amputch, Lani	Springwood	3.05m

Girls U 15 - Long Jump

Zone: Z 5.49m 30/11/2002 Amy Sadler, Kurrajong Bilpin

Name	Age Centre	Final
1 Jones, Molly	Springwood	4.86m
2 Leach, Kate	Kurrajong Bilpin	4.63m
3 Graham, Mali	Kurrajong Bilpin	4.56m
4 Isaacs, Gemma	Kurrajong Bilpin	4.50m
5 Snelling, Emily	Glenbrook	4.48m
6 Packer, Jacinta	Kurrajong Bilpin	4.47m
7 Lowe, Ashlyn	Springwood	4.34m
8 Davis, Hayley	Bathurst & District	4.20m
9 Davies, Tasmyn	Lithgow	4.17m
10 McSpadden, Bella	Glenbrook	4.10m
11 Hromek, Chelsea	Kurrajong Bilpin	3.93m
12 Xerri, Annalise	Kurrajong Bilpin	3.92m
13 Ingersole, Lily	Kurrajong Bilpin	3.84m
14 Jackson, Mikayla	Lithgow	3.84m
15 Olney, Daria	Oberon	3.44m

Girls U 17 - Long Jump

Zone: Z 5.33m 14/12/2008 Amy Nelson, Kurrajong Bilpin

Name	Age Centre	Final
1 Young, Ella	Kurrajong Bilpin	5.71mZ
2 Dickie, Cleo	Blayney	5.37mZ
3 Husarek, Charlotte	Glenbrook	4.55m
4 Robinson, Ashley	Lithgow	4.49m
5 Campbell, Sia-Rose	Springwood	4.45m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****...Girls U 17 - Long Jump**

6 Woods, Sarah	Glenbrook	4.33m
7 Pettiford, Paige	Kurrajong Bilpin	3.68m
8 Bennett, Brianna	Oberon	3.43m
9 Price, Cleo	Glenbrook	3.29m

Girls U 11 - Triple Jump

=====			
Zone: Z 9.96m 13/12/2014 Brooke Keller, Kurrajong Bilp			
Name	Age	Centre	Final
=====			
1 Mitchell, Maisie		Kurrajong Bilpin	7.81m
2 Touhill, Georgie		Katoomba	7.53m
3 Ogilvie, Logan		Glenbrook	7.43m
4 Shepherd, Emily		Glenbrook	7.05m
5 Kelsaw, Ivy		Glenbrook	6.71m
6 Ferguson, Isabella		Glenbrook	6.67m
7 Phelan, Sophie		Canowindra	6.65m
8 Scott, Icelyn		Glenbrook	5.92m

Girls U 12 - Triple Jump

=====			
Zone: Z 9.97m 31/03/2002 Rachel Coogan, Springwood			
Name	Age	Centre	Final
=====			
1 Brice, Amy		Kurrajong Bilpin	9.20m
2 Healy, Kaaren		Glenbrook	9.16m
3 Nicholas, Zara		Springwood	8.89m
4 Evans, Lily		Kurrajong Bilpin	8.51m
5 Teuma, Abby		Kurrajong Bilpin	8.32m
6 Gomez, Jessica		Springwood	8.00m
7 Pender, Jorja		Lithgow	7.95m
8 Hamilton, Amelia		Glenbrook	7.46m
9 Sargent, Anna		Springwood	6.92m
10 Harwood, Kaylee		Kurrajong Bilpin	6.88m
11 Webber, Lucy		Glenbrook	6.80m
12 Gauci, Olive		Glenbrook	6.65m
13 Presland, Lucy		Glenbrook	6.55m
14 McSeveny, Abigail		Springwood	6.47m
15 Naumann, Tara		Katoomba	6.02m

Girls U 13 - Triple Jump

=====			
Zone: Z 10.53m 3/12/2006 Mataya Young, Katoomba			
Name	Age	Centre	Final
=====			
1 Coyte, Rebecca		Kurrajong Bilpin	9.09m
2 Mumberson, Kaileen		Springwood	8.37m
3 Plew, Jessica		Kurrajong Bilpin	8.06m
4 Blakestone, Ivy		Katoomba	8.02m
5 Howell, Lauren		Katoomba	7.46m
6 Donges, Renelle		Blayney	6.95m
7 Rusten, Maddison		Oberon	6.03m
8 Bennett, Allison		Oberon	5.72m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 14 - Triple Jump**

Zone: Z 11.15m 31/03/2002 Amy Sadler, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Pender, Ebony		Lithgow	9.77m
2 Gleeson, Lani		Springwood	9.57m
3 Smith, Dakota		Glenbrook	9.31m
4 Standish, Ella		Kurrajong Bilpin	9.01m
5 Crouch, Makayla		Springwood	8.99m
6 Layton, Bree		Kurrajong Bilpin	8.67m
7 Gilchrist, Emily		Springwood	8.56m
8 Ali, Tanissa		Glenbrook	8.38m
9 Rusten, Taniesha		Oberon	6.08m

Girls U 15 - Triple Jump

Zone: Z 11.54m 15/12/2018 Ella Young, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Davis, Hayley		Bathurst & District	10.27m
2 Jones, Molly		Springwood	10.06m
3 Leach, Kate		Kurrajong Bilpin	9.82m
4 Packer, Jacinta		Kurrajong Bilpin	9.59m
5 Graham, Mali		Kurrajong Bilpin	9.55m
6 McSpadden, Bella		Glenbrook	9.01m
7 Barrett, Kyra		Glenbrook	8.67m
8 Ali, Zara		Glenbrook	7.83m

Girls U 17 - Triple Jump

Zone: Z 11.63m 20/12/2008 Amy Nelson, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Young, Ella		Kurrajong Bilpin	12.15mZ
2 Husarek, Charlotte		Glenbrook	9.30m
3 Woods, Sarah		Glenbrook	8.78m
4 Packer, Bianca		Kurrajong Bilpin	8.43m
5 Pettiford, Paige		Kurrajong Bilpin	8.25m
6 Bennett, Brianna		Oberon	7.93m

Girls U 7 - Shot Put (1.0 Kg)

Zone: Z 5.84m 31/03/1991 M. Hendrie, Glenbrook			
Name	Age	Centre	Final
1 Zahra, Zoe		Glenbrook	5.17m
2 Martin, Cassia		Glenbrook	3.09m
3 Tydeman, Chloe		Katoomba	2.84m
4 Potter, Olivia		Katoomba	2.30m
5 Gerisch, Imogen		Kurrajong Bilpin	2.29m

Girls U 8 - Shot Put (1.5 Kg)

Zone: Z 5.92m 31/03/1997 S. Cain, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Cronshaw, Mackenzie		Katoomba	3.81m
2 Ferro, Estelle		Glenbrook	3.62m
3 Hay, Amber		Glenbrook	3.56m
4 Farrant, Macy		Glenbrook	3.42m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Girls U 8 - Shot Put (1.5 Kg)**

5 Gardiner, Chloe	Glenbrook	3.02m
6 Lamond, Quinney	Blayney	2.46m
7 Field, Olivia-Anne	Glenbrook	2.38m
8 Webb-Johnson, Maycee	Glenbrook	2.00m
9 Hamilton, Alyssa	Katoomba	1.65m

Girls U 9 - Shot Put (2.0 Kg)

Zone: Z 7.24m 31/03/1996 S. Taupau, Emu Plains		
Name	Age Centre	Final
1 Phelan, Claire	Canowindra	3.77m
2 Martin, Adalie	Glenbrook	3.67m
3 McGregor, Marley	Springwood	3.36m
4 Bennett, Lillian	Oberon	3.16m
5 Taylor, Lara	Katoomba	2.61m

Girls U 10 - Shot Put (2.0 Kg)

Zone: Z 7.94m 31/03/1997 S. Taupau, Springwood		
Name	Age Centre	Final
1 Nicholas, Rose	Springwood	6.60m
2 Allen, Summer	Kurrajong Bilpin	5.71m
3 Madsen, Tylah	Kurrajong Bilpin	5.14m
4 Pesle, Liana	Glenbrook	5.05m
5 Lee, Indianna	Lithgow	4.59m
6 Linder, Tess	Kurrajong Bilpin	4.31m
7 Gerisch, Paige	Kurrajong Bilpin	4.24m
8 Webb-Johnson, Marissa	Glenbrook	4.21m
9 Taylor, Zoe	Katoomba	3.89m
10 Jones, Madeleine	Kurrajong Bilpin	3.85m

Girls U 11 - Shot Put (2.0 Kg)

Zone: Z 10.50m 3/12/2006 Yassenaca Denicaucou, Lithgow		
Name	Age Centre	Final
1 Ringbauer, Louise	Kurrajong Bilpin	8.38m
2 Ferguson, Isabella	Glenbrook	7.51m
3 Phelan, Sophie	Canowindra	7.45m
4 Shepherd, Emily	Glenbrook	6.85m
5 Rose, Dallyce	Glenbrook	6.76m
6 Scott, Icelyn	Glenbrook	6.63m
7 Fortunat, Eleanor	Springwood	6.22m
8 Masters, Ella	Glenbrook	6.09m
9 Boss-Walker, Zoe	Oberon	5.62m
10 McKervey, Siobhan	Glenbrook	5.20m

Girls U 12 - Shot Put (2.0 Kg)

Zone: Z 12.84m 16/12/2007 Yassenaca Denicaucou, Lithgow		
Name	Age Centre	Final
1 Lee, Elka	Lithgow	9.84m
2 Blinkhorn, Leah	Glenbrook	8.10m
3 Teuma, Abby	Kurrajong Bilpin	7.13m
4 Wells, Isabella	Lithgow	7.04m
5 Davidson, Xylia	Kurrajong Bilpin	6.39m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Girls U 12 - Shot Put (2.0 Kg)**

6	Murphy, Caitlin	Glenbrook	6.27m
7	Hamilton, Amelia	Glenbrook	6.09m
8	Naumann, Tara	Katoomba	5.74m
9	Gerisch, Aaliyah	Kurrajong Bilpin	5.52m
10	Draper, Chelsea	Lithgow	4.22m

Girls U 13 - Shot Put (3.0 Kg)

=====			
Zone: Z 12.79m 20/12/2008 Tai Denicaucau, Lithgow			
Name	Age	Centre	Final
=====			
1	Allport, Lilly	Glenbrook	9.06m
2	Ruming, Hollie	Bathurst & District	8.62m
3	Nicholls, Claire	Glenbrook	6.60m
4	Godwin, Elizabeth	Glenbrook	6.23m
5	Rusten, Maddison	Oberon	5.86m
6	Young, Holly	Oberon	5.38m
7	Watson, Mia	Springwood	4.99m
8	Bennett Stewart, Brooke	Springwood	4.68m

Girls U 14 - Shot Put (3.0 Kg)

=====			
Zone: Z 13.49m 12/12/2009 Tai Denicaucau, Springwood			
Name	Age	Centre	Final
=====			
1	Harris, Olivia	Glenbrook	9.89m
2	Cronshaw, Emmagen	Katoomba	9.05m
3	Buss, Savannah	Glenbrook	8.78m
4	Scott, Laura	Oberon	8.38m
5	Smith, Dakota	Glenbrook	7.92m
6	Mills, Jezebel	Glenbrook	6.36m
7	Price, Mae	Glenbrook	5.63m
8	Rusten, Taniesha	Oberon	5.59m
9	Amputch, Lani	Springwood	5.31m

Girls U 15 - Shot Put (3.0 Kg)

=====			
Zone: Z 14.80m 31/03/1996 Katrina Steele, Springwood			
Name	Age	Centre	Final
=====			
1	Davies, Tasmyn	Lithgow	9.71m
2	Ruming, Thalia	Bathurst & District	9.38m
3	Hromek, Chelsea	Kurrajong Bilpin	9.22m
4	Packer, Jacinta	Kurrajong Bilpin	8.95m
5	Ingersole, Lily	Kurrajong Bilpin	7.83m
6	De Bortoli Dodson, Alana	Katoomba	7.05m
7	Ali, Zara	Glenbrook	6.80m
8	Olney, Daria	Oberon	6.53m

Girls U 17 - Shot Put (3.0 Kg)

=====			
Zone: Z 12.68m 26/11/2017 Teleisha Besant, Kandos Ryls			
Name	Age	Centre	Final
=====			
1	Buss, Amity	Glenbrook	12.05m
2	Packer, Bianca	Kurrajong Bilpin	10.66m
3	Vanderburg, Ashleigh	Kurrajong Bilpin	9.47m
4	Price, Cleo	Glenbrook	6.60m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 7 - Discus (350 Gram)**

Zone: Z 13.86m 31/03/1994 Ruth Price, Glenbrook			
Name	Age	Centre	Final
1 Zahra, Zoe		Glenbrook	11.68m
2 Peake, Kiah		Glenbrook	9.49m
3 Okulicz, Charlotte		Glenbrook	7.13m
4 Gerisch, Imogen		Kurrajong Bilpin	6.65m
5 Reid, Hannah		Kurrajong Bilpin	5.04m
6 Wilkes, Hannah		Kurrajong Bilpin	3.00m

Girls U 8 - Discus (500 Gram)

Zone: Z 16.14m 28/01/2006 Natasha Stork, Emu Plains			
Name	Age	Centre	Final
1 Farrant, Macy		Glenbrook	8.27m
2 Ferro, Estelle		Glenbrook	7.43m
3 Murphy, Grace		Glenbrook	6.94m
4 Ali, Nila		Glenbrook	6.80m
5 Field, Olivia-Anne		Glenbrook	6.58m
6 Hay, Amber		Glenbrook	6.45m
7 Corbett, Zara		Glenbrook	5.89m
8 Gardiner, Chloe		Glenbrook	5.69m
9 Crabtree, Jamie		Glenbrook	4.99m
10 Hamilton, Alyssa		Katoomba	4.43m
11 Webb-Johnson, Maycee		Glenbrook	4.16m

Girls U 9 - Discus (500 Gram)

Zone: Z 20.52m 26/11/2017 Louise Ringbauer, Kurrajong			
Name	Age	Centre	Final
1 McCaffery, Freya		Canowindra	13.64m
2 McMahon, Amelia		Katoomba	11.78m
3 Mensforth, Addison		Katoomba	10.41m
4 Bennett, Lillian		Oberon	8.82m
5 Taylor, Lara		Katoomba	7.85m
6 Donges, Jasmine		Blayney	7.41m
7 Payne, Tatiana		Katoomba	6.61m

Girls U 10 - Discus (500 Gram)

Zone: Z 24.90m 15/12/2018 Louise Ringbauer, Kurrajong			
Name	Age	Centre	Final
1 Lee, Indianna		Lithgow	14.14m
2 Taylor, Zoe		Katoomba	13.77m
3 Jackson, Alana		Glenbrook	12.86m
4 Jones, Madeleine		Kurrajong Bilpin	12.35m
5 McSeveny, Leah		Springwood	12.16m
6 Mann, Evie		Springwood	12.11m
7 Pesle, Liana		Glenbrook	11.94m
8 Gerisch, Paige		Kurrajong Bilpin	10.36m
9 Webb-Johnson, Marissa		Glenbrook	9.89m
10 Reynolds, Kianne		Kurrajong Bilpin	9.82m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 11 - Discus (500 Gram)**

Zone: Z 24.95m 2018 Leah Blinhorn, Glenbrook			
Name	Age	Centre	Final
1 Ringbauer, Louise		Kurrajong Bilpin	31.08mZ
2 Ferguson, Isabella		Glenbrook	27.89mZ
3 Phelan, Sophie		Canowindra	20.12m
4 Shepherd, Emily		Glenbrook	18.61m
5 Scott, Icelyn		Glenbrook	17.95m
6 Welch, Addisen		Lithgow	14.12m
7 Roberts, Isobel		Glenbrook	13.73m
8 Fortunat, Eleanor		Springwood	13.33m
9 Boss-Walker, Zoe		Oberon	10.98m
10 Hamilton, Angelina		Katoomba	7.04m

Girls U 12 - Discus (750 Gram)

Zone: Z 34.82m 12/12/2015 Georgia Portelli, Kurrajong			
Name	Age	Centre	Final
1 Blinkhorn, Leah		Glenbrook	27.48m
2 Mullins, Ashley		Bathurst & District	26.29m
3 Lee, Elka		Lithgow	25.46m
4 Wells, Isabella		Lithgow	21.54m
5 Davidson, Xylia		Kurrajong Bilpin	15.28m
6 Harwood, Kaylee		Kurrajong Bilpin	14.74m
7 Murphy, Caitlin		Glenbrook	14.66m
8 McMahon, Mikayla		Katoomba	12.51m
9 Gauci, Olive		Glenbrook	12.41m
10 Koutsonikolis, Kiahna		Glenbrook	11.59m

Girls U 13 - Discus (750 Gram)

Zone: Z 42.79m 20/12/2008 Tai Denicaucau, Lithgow			
Name	Age	Centre	Final
1 Allport, Lilly		Glenbrook	26.04m
2 Ruming, Hollie		Bathurst & District	22.35m
3 Nicholls, Claire		Glenbrook	20.12m
4 Godwin, Elizabeth		Glenbrook	19.49m
5 Mumberson, Kaileen		Springwood	16.22m
6 Rusten, Maddison		Oberon	13.71m
7 Chapman, Isabelle		Kurrajong Bilpin	13.24m
8 Bennett, Allison		Oberon	11.63m
9 Young, Holly		Oberon	9.71m

Girls U 14 - Discus (1.0 Kg)

Zone: Z 42.70m 13/12/2009 Tai Denicaucau, Springwood			
Name	Age	Centre	Final
1 Buss, Savannah		Glenbrook	27.31m
2 Smith, Dakota		Glenbrook	23.49m
3 Scott, Laura		Oberon	20.74m
4 Crook, Tayah		Lithgow	18.76m
5 Rusten, Taniesha		Oberon	14.60m
6 Price, Mae		Glenbrook	13.97m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Girls U 15 - Discus (1.0 Kg)**

Zone: Z 47.29m 11/12/2010 Tai Denicaucau, Springwood			
Name	Age	Centre	Final
1 Davies, Tasmyn		Lithgow	33.53m
2 Ruming, Thalia		Bathurst & District	26.35m
3 Hromek, Chelsea		Kurrajong Bilpin	24.14m
4 Ingersole, Lily		Kurrajong Bilpin	22.43m
5 Ali, Zara		Glenbrook	15.77m

Girls U 17 - Discus (1.0 Kg)

Zone: Z 38.79m 15/12/2018 Teleisha Besant, Kandos Ryls			
Name	Age	Centre	Final
1 Buss, Amity		Glenbrook	33.11m
2 Packer, Bianca		Kurrajong Bilpin	27.74m
3 Haberman, Hannah		Springwood	23.07m
4 Williams, Linae		Glenbrook	22.59m
5 Vanderburg, Ashleigh		Kurrajong Bilpin	22.46m
6 Berechree, Sarah		Glenbrook	21.30m
7 Haberman, Catriona		Springwood	20.85m
8 Price, Cleo		Glenbrook	16.22m
9 Pettiford, Paige		Kurrajong Bilpin	12.12m

Girls U 11 - Javelin (400 Gram)

Zone: Z 21.93m 15/12/2018 Elka Lee, Lithgow			
Name	Age	Centre	Final
1 Ferguson, Isabella		Glenbrook	18.86m
2 Roberts, Isobel		Glenbrook	12.97m
3 Grady, Cadence		Glenbrook	11.73m
4 Fortunat, Eleanor		Springwood	10.08m

Girls U 12 - Javelin (400 Gram)

Zone: Z 28.20m 12/12/2015 Georgia Portelli, Kurrajong			
Name	Age	Centre	Final
1 Lee, Elka		Lithgow	25.53m
2 Harwood, Kaylee		Kurrajong Bilpin	23.26m
3 Blinkhorn, Leah		Glenbrook	20.80m
4 Koutsonikolis, Kiahna		Glenbrook	19.72m
5 Davidson, Xylia		Kurrajong Bilpin	16.81m
6 Kremenovic, Tamara		Glenbrook	13.40m
7 Naumann, Tara		Katoomba	13.12m
8 Capararo, Alexandra		Glenbrook	10.75m
9 Murphy, Caitlin		Glenbrook	10.05m
-- Turner-Smith, Abbagayle		Kurrajong Bilpin	ND

Girls U 13 - Javelin (400 Gram)

Zone: Z 37.64m 11/12/2016 Georgia Portelli, Kurrajong			
Name	Age	Centre	Final
1 Allport, Lilly		Glenbrook	26.73m
2 Ruming, Hollie		Bathurst & District	24.60m
3 Godwin, Elizabeth		Glenbrook	22.42m
4 Chapman, Isabelle		Kurrajong Bilpin	18.65m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Girls U 13 - Javelin (400 Gram)**

5 Nicholls, Claire	Glenbrook	16.27m
6 Rusten, Maddison	Oberon	10.68m
7 Young, Holly	Oberon	9.62m
8 Bennett, Allison	Oberon	9.35m
9 Mumberson, Kaileen	Springwood	8.21m

Girls U 14 - Javelin (400 Gram)

=====			
Zone: Z 41.80m 10/12/2016 Lianna Davidson, Kurrajong B			
Name	Age Centre		Final
=====			
1 Harris, Olivia	Glenbrook		28.69m
2 Smith, Dakota	Glenbrook		28.17m
3 Pender, Ebony	Lithgow		21.02m
4 Crouch, Makayla	Springwood		19.02m
5 Gleeson, Lani	Springwood		16.23m
6 Scott, Laura	Oberon		15.65m
7 Price, Mae	Glenbrook		13.49m
8 Amputch, Lani	Springwood		11.77m
-- Rusten, Taniesha	Oberon		ND

Girls U 15 - Javelin (500 Gram)

=====			
Zone: Z 42.16m 26/11/2017 Lianna Davidson, Kurrajong B			
Name	Age Centre		Final
=====			
1 Packer, Jacinta	Kurrajong Bilpin		28.68m
2 Davies, Tasmyn	Lithgow		25.15m
3 Ali, Zara	Glenbrook		17.39m
4 Olney, Daria	Oberon		11.48m

Girls U 17 - Javelin (500 Gram)

=====			
Zone: Z 45.26m 15/12/2018 Lianna Davidson, Kurrajong B			
Name	Age Centre		Final
=====			
1 Packer, Bianca	Kurrajong Bilpin		33.85m
2 Vanderburg, Ashleigh	Kurrajong Bilpin		31.80m
3 Buss, Amity	Glenbrook		29.10m
4 Berechree, Sarah	Glenbrook		23.77m
5 Young, Ella	Kurrajong Bilpin		23.69m
6 Bennett, Brianna	Oberon		17.93m
7 Pettiford, Paige	Kurrajong Bilpin		7.87m

Girls U 9 - 700 Metre Walk

=====			
Zone: Z 4:10.20 16/12/2007 Danielle Kalemusic, Emu Pla			
Name	Age Centre		Final
=====			
Section 1			
1 Page, Lillian	Kurrajong Bilpin		5:36.05
2 Bew, Scarlett	Kurrajong Bilpin		5:49.02

Girls U 10 - 1100 Metre Walk

=====			
Zone: Z 5:46.20 29/01/2006 Tabitha Porley, Kurrajong B			
Name	Age Centre		Final
=====			
1 Cloey, Marissa	Glenbrook		7:44.83

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****...Girls U 10 - 1100 Metre Walk**

2 Jackson, Alana	Glenbrook	7:56.30	
3 Cunliffe, Deckota	Kurrajong Bilpin	7:57.19	
4 Willis, Elise	Glenbrook	10:36.90	
-- McSeveny, Leah	Springwood	DQ	IAAF Rule 230.78

Girls U 11 - 1100 Metre Walk

Zone: Z 5:44.93 15/12/2013 Renee Hardy, Kurrajong Bilp			
Name	Age Centre	Final	
1 Mitchell, Maisie	Kurrajong Bilpin	5:55.04	
2 Kelsaw, Ivy	Glenbrook	7:18.71	
3 Grady, Cadence	Glenbrook	7:47.81	
4 Shepherd, Emily	Glenbrook	7:55.05	
5 Coyte, Sarah	Kurrajong Bilpin	8:03.47	
6 Welch, Addisen	Lithgow	8:20.86	
-- Vukoja, Lilly	Springwood	DQ	IAAF Rule 203.78

Girls U 12 - 1500 Metre Walk

Zone: Z 7:53.30 16/12/2007 Tabitha Porley, Kurrajong B			
Name	Age Centre	Final	
1 Gauci, Olive	Glenbrook	9:39.01	
2 Harris, Jessica	Glenbrook	9:45.30	
3 Capararo, Alexandra	Glenbrook	9:46.50	
4 Bell, Charisse	Glenbrook	10:11.35	
5 McSeveny, Abigail	Springwood	10:14.69	

Girls U 13 - 1500 Metre Walk

Zone: Z 7:38.50 13/12/2009 Jasmine Dighton, Glenbrook			
Name	Age Centre	Final	
1 Berechree, Jessica	Glenbrook	9:07.85	
2 Ruming, Hollie	Bathurst & District	9:23.09	
3 Mumberson, Kaileen	Springwood	9:53.91	

Girls U 14 - 1500 Metre Walk

Zone: Z 7:43.60 3/12/2006 Jade Dighton, Glenbrook			
Name	Age Centre	Final	
1 Nash, Paige	Kurrajong Bilpin	9:03.09	
2 Harris, Olivia	Glenbrook	9:16.68	

Girls U 17 - 1500 Metre Walk

Zone: Z 7:12.89 9/12/2012 Jasmine Dighton, Glenbrook			
Name	Age Centre	Final	
1 Sullivan, Zoe	Kurrajong Bilpin	8:34.50	
2 Vanderburg, Ashleigh	Kurrajong Bilpin	8:44.77	
3 Price, Cleo	Glenbrook	9:49.32	

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 7 - 50 Metre Sprint**

Zone: Z 8.81 8/12/2012 Aiden Miller, Kurrajong Bilpi			
Name	Age	Centre	Final
1 Butler, Jordan		Glenbrook	9.76
2 Noonan, Oliver		Glenbrook	9.93
3 Hahn, Chase		Blayney	10.05
4 Farquhar, Lachlan		Kurrajong Bilpin	10.79
5 Ashford, Liam		Kandos Rylstone	11.03
6 Atkinson, Riley		Katoomba	11.08
7 Youngman, Noah		Glenbrook	11.20

Boys U 7 - 70 Metre Sprint

Zone: Z 11.50 31/03/1990 D. Monck, Katoomba			
Name	Age	Centre	Final
1 Butler, Jordan		Glenbrook	13.27
2 Driver, Tom		Springwood	13.37
3 Noonan, Oliver		Glenbrook	13.56
4 MacDonald, Quinn		Springwood	13.76
5 Beckett, Ethan		Lithgow	14.48
6 Atkinson, Riley		Katoomba	14.72
7 Lee, Archer		Lithgow	15.31
8 Youngman, Noah		Glenbrook	15.38

Boys U 8 - 70 Metre Sprint

Zone: Z 11.00 31/03/1998 P. Maloney, Springwood			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Morris, Owen		Glenbrook	11.84Q
2 Harwood, Blake		Kurrajong Bilpin	12.02Q
3 Paul, Xavier		Katoomba	12.23Q
4 Pravdacich, Julian		Katoomba	12.84q
5 Crane, Harrison		Glenbrook	13.04q
6 Robinson, Lucas		Glenbrook	13.26
7 Beckett, Kane		Lithgow	13.89
Heat 2 Heats			
1 Godwin, Alexander		Glenbrook	11.89Q
2 Gibbons, Tyla		Lithgow	12.76Q
3 Clune, Conor		Glenbrook	13.14Q
4 Turner-Smith, William		Kurrajong Bilpin	13.55
5 Rowe, Xavier		Bathurst & District	13.62
6 Naumann, Isaac		Katoomba	13.66
7 Williams, Michael		Kandos Rylstone	13.70
8 Clines, Tim		Katoomba	13.84

Boys U 8 - 70 Metre Sprint

Zone: Z 11.00 31/03/1998 P. Maloney, Springwood			
Name	Age	Centre	Final
Section 1 Final			
1 Godwin, Alexander		Glenbrook	11.53
2 Morris, Owen		Glenbrook	11.68
3 Harwood, Blake		Kurrajong Bilpin	11.91
4 Paul, Xavier		Katoomba	12.16
5 Pravdacich, Julian		Katoomba	12.76

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 8 - 70 Metre Sprint**

6 Crane, Harrison	Glenbrook	12.87
7 Gibbons, Tyla	Lithgow	12.90
8 Clune, Conor	Glenbrook	13.08

Boys U 9 - 70 Metre Sprint

=====			
Zone: Z 10.40 11/12/2011 Jake McLenaghan, Springwood			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Nightingale, Chase		Lithgow	11.26Q
2 McGregor, Max		Kurrajong Bilpin	11.63Q
3 Reberger, Michael		Kurrajong Bilpin	11.68Q
4 Bell, Patrick		Glenbrook	11.99q
5 Stein, Dylan		Kurrajong Bilpin	12.93
6 Andrews, Maverick		Katoomba	14.55
Heat 2 Heats			
1 Deveigne, Tye		Lithgow	11.32Q
2 Mtawarira, Audius		Katoomba	11.43Q
3 Uthmeyer, Daniel		Glenbrook	12.13Q
4 Fernando, Sammuell		Lithgow	12.59q

Boys U 9 - 70 Metre Sprint

=====			
Zone: Z 10.40 11/12/2011 Jake McLenaghan, Springwood			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Nightingale, Chase		Lithgow	11.08
2 Deveigne, Tye		Lithgow	11.18
3 McGregor, Max		Kurrajong Bilpin	11.53
4 Mtawarira, Audius		Katoomba	11.55
5 Bell, Patrick		Glenbrook	11.67
6 Reberger, Michael		Kurrajong Bilpin	11.72
7 Uthmeyer, Daniel		Glenbrook	12.21
8 Fernando, Sammuell		Lithgow	12.50

Boys U 10 - 70 Metre Sprint

=====			
Zone: Z 10.00 11/12/2011 Miles Harrold, Emu Plains			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Dedovic, Damien		Glenbrook	10.46Q
2 Evans, Jackson		Kurrajong Bilpin	10.96Q
3 Rojas, Will		Glenbrook	10.98Q
4 Gill, Beau		Lithgow	11.04q
5 Gilchrist, Jacob		Springwood	11.27q
6 Paul, Reuben		Katoomba	11.62
7 Roebuck, Fraser		Glenbrook	13.30
8 Robinson, Toby		Lithgow	13.40
9 Kleij, Samuel		Katoomba	13.73
Heat 2 Heats			
1 Verriere, Tyson		Springwood	10.97Q
2 Mancer, Cohen		Glenbrook	11.01Q
3 Vachalec, Cooper		Springwood	11.44Q
4 Koutsonikolis, Hugo		Glenbrook	11.57
5 Beckett, Dustin		Lithgow	11.60
6 Riddell, Owen		Springwood	11.63

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 10 - 70 Metre Sprint**

7 Palmer, Jacob	Springwood	24.22
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Boys U 10 - 70 Metre Sprint

Zone: Z 10.00 11/12/2011 Miles Harrold, Emu Plains

Name	Age Centre	Final
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Section 1 Final

1 Dedovic, Damien	Glenbrook	10.48
2 Mancer, Cohen	Glenbrook	10.53
3 Rojas, Will	Glenbrook	10.88
4 Verriere, Tyson	Springwood	10.92
5 Gill, Beau	Lithgow	10.95
6 Evans, Jackson	Kurrajong Bilpin	11.02
7 Gilchrist, Jacob	Springwood	11.19
8 Vachalec, Cooper	Springwood	11.41

Boys U 7 - 100 Metre Sprint

Zone: Z 16.20 31/03/1990 D. Monck, Katoomba

Name	Age Centre	Final
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Section 1

1 Noonan, Oliver	Glenbrook	19.19
2 McSpadden, Lennix	Glenbrook	19.54
3 Hugo, Jarvis	Katoomba	19.58
4 MacDonald, Quinn	Springwood	19.61
5 Hahn, Chase	Blayney	19.68
6 Beckett, Ethan	Lithgow	20.10
7 Farquhar, Lachlan	Kurrajong Bilpin	20.46
8 Youngman, Noah	Glenbrook	22.15

Boys U 8 - 100 Metre Sprint

Zone: Z 15.40 31/03/1990 R. Gillespie, Springwood

Name	Age Centre	Heats
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Heat 1 Heats

1 Harwood, Blake	Kurrajong Bilpin	17.88Q
2 Gibbons, Tyla	Lithgow	18.35Q
3 Williams, Michael	Kandos Rylstone	19.88
4 Clines, Tim	Katoomba	19.92
5 Turner-Smith, William	Kurrajong Bilpin	21.28
-- Rowe, Xavier	Bathurst & District	DNF

Heat 2 Heats

1 Devery, Elijah	Springwood	16.73Q
2 Paul, Xavier	Katoomba	17.91Q
3 Hicks, James	Springwood	18.88
4 Crane, Harrison	Glenbrook	19.86
5 McMahon, Liam	Katoomba	21.02
6 Palmer, Julian	Springwood	21.08

Heat 3 Heats

1 Morris, Owen	Glenbrook	17.32Q
2 Walton, Rhys	Springwood	18.08Q
3 Pravdacich, Julian	Katoomba	18.23q
4 Hopping, Hunter	Blayney	18.35q
5 Radzki, Braxton	Springwood	19.41
6 Clune, Conor	Glenbrook	19.52
7 White, Harold	Bathurst & District	19.57

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 8 - 100 Metre Sprint**

8 Crichton, Chris	Oberon	23.45
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Boys U 8 - 100 Metre Sprint

Zone: Z 15.40 31/03/1990 R. Gillespie, Springwood

Name	Age Centre	Final
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Section 1 Final

1 Devery, Elijah	Springwood	16.08
2 Morris, Owen	Glenbrook	16.18
3 Harwood, Blake	Kurrajong Bilpin	16.96
4 Paul, Xavier	Katoomba	17.39
5 Hopping, Hunter	Blayney	17.85
6 Pravdacich, Julian	Katoomba	18.24
7 Gibbons, Tyla	Lithgow	18.46
8 Walton, Rhys	Springwood	18.95

Boys U 9 - 100 Metre Sprint

Zone: Z 14.30 3/12/2006 Brodie Vassallo, Kurrajong Bi

Name	Age Centre	Heats
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Heat 1 Heats

1 Burn, Jay	Canowindra	15.40Q
2 Bell, Patrick	Glenbrook	16.52Q
3 McGregor, Max	Kurrajong Bilpin	16.73q
4 Sander, Kasper	Kandos Rylstone	20.77

Heat 2 Heats

1 Nightingale, Chase	Lithgow	15.78Q
2 Pentecost, Douglas	Katoomba	16.52Q
3 Reberger, Michael	Kurrajong Bilpin	16.85
4 Muehlbacher, Jerome	Katoomba	17.74
5 Perry, Hayden	Kurrajong Bilpin	18.47
6 Teuma, Axle	Kurrajong Bilpin	18.89

Heat 3 Heats

1 O'Connor, Levi	Lithgow	15.43Q
2 Paton, Lucas	Springwood	16.14Q
3 Deveigne, Tye	Lithgow	16.15q
4 Blundell, Jacob	Bathurst & District	17.33
5 Hamilton, Jayden	Katoomba	17.53
6 Brown, Luke	Springwood	18.14
7 Masselos, Oliver	Katoomba	19.68

Boys U 9 - 100 Metre Sprint

Zone: Z 14.30 3/12/2006 Brodie Vassallo, Kurrajong Bi

Name	Age Centre	Final
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Section 1 Final

1 O'Connor, Levi	Lithgow	15.03
2 Burn, Jay	Canowindra	15.23
3 Nightingale, Chase	Lithgow	15.69
4 Deveigne, Tye	Lithgow	15.75
5 Pentecost, Douglas	Katoomba	16.01
6 Paton, Lucas	Springwood	16.14
7 McGregor, Max	Kurrajong Bilpin	16.52
8 Bell, Patrick	Glenbrook	16.66

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 10 - 100 Metre Sprint**

Zone: Z 14.10 31/03/2000 Michael Cox, Lithgow			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Verriere, Tyson		Springwood	15.36Q
2 Mancer, Cohen		Glenbrook	15.36Q
3 Riddell, Owen		Springwood	16.20
4 Hahn, Caiden		Blayney	16.74
5 Maloney, Levi		Oberon	17.55
6 Palmer, Jacob		Springwood	31.25
Heat 2 Heats			
1 Curtin, William		Bathurst & District	14.78Q
2 Dedovic, Damien		Glenbrook	14.90Q
3 Peters, Timothy		Springwood	15.70q
4 Paul, Reuben		Katoomba	16.06q
5 Vachalec, Cooper		Springwood	16.10
6 Beckett, Dustin		Lithgow	16.50
7 MacDonald, Hamish		Springwood	16.92
Heat 3 Heats			
1 Rojas, Will		Glenbrook	15.94Q
2 Graham, Hugh		Kurrajong Bilpin	17.80Q
3 Robinson, Toby		Lithgow	19.56
4 Kleij, Samuel		Katoomba	20.80

Boys U 10 - 100 Metre Sprint

Zone: Z 14.10 31/03/2000 Michael Cox, Lithgow			
Name	Age	Centre	Final
Section 1 Final			
1 Curtin, William		Bathurst & District	14.58
2 Dedovic, Damien		Glenbrook	14.85
3 Mancer, Cohen		Glenbrook	14.89
4 Verriere, Tyson		Springwood	15.20
5 Rojas, Will		Glenbrook	15.22
6 Peters, Timothy		Springwood	15.47
7 Paul, Reuben		Katoomba	16.13
8 Graham, Hugh		Kurrajong Bilpin	17.49

Boys U 11 - 100 Metre Sprint

Zone: Z 13.30 31/03/1998 T. Joseph, Lithgow			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Godwin, Nicholas		Glenbrook	14.59Q
2 Bryant, Joel		Katoomba	14.95Q
3 Ruming, Dylan		Bathurst & District	14.97Q
4 Andrews, Jaxon		Katoomba	15.54q
5 Georgiou, Zachariah		Glenbrook	15.57
6 Stein, Oliver		Kurrajong Bilpin	15.80
7 Bayer-Barrow, Aydin		Lithgow	15.80
8 Georgiou, Micah		Glenbrook	16.67
9 Attard, Brady		Kurrajong Bilpin	16.79
Heat 2 Heats			
1 Driver, Flynn		Springwood	14.53Q
2 Knox, Samuel		Blayney	15.23Q
3 Cunliffe, Preston		Kurrajong Bilpin	15.23Q
4 Webber, Ben		Glenbrook	15.30q

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 11 - 100 Metre Sprint**

5	Loy, Thomas	Katoomba	15.97
6	Hopping, Bradley	Blayney	16.58
7	Williams, Joshua	Kandos Rylstone	16.98
8	Eiler, James	Oberon	17.03
9	Huggins, Carter	Springwood	17.21

Boys U 11 - 100 Metre Sprint

=====			
Zone: Z 13.30 31/03/1998 T. Joseph, Lithgow			
Name	Age	Centre	Final
=====			

Section 1 Final

1	Driver, Flynn	Springwood	14.23
2	Godwin, Nicholas	Glenbrook	14.50
3	Bryant, Joel	Katoomba	14.56
4	Ruming, Dylan	Bathurst & District	14.81
5	Knox, Samuel	Blayney	15.01
6	Cunliffe, Preston	Kurrajong Bilpin	15.07
7	Andrews, Jaxon	Katoomba	15.21
8	Webber, Ben	Glenbrook	15.22

Boys U 12 - 100 Metre Sprint

=====			
Zone: Z 13.10 10/12/2011 Liam McCann, Glenbrook			
Name	Age	Centre	Heats
=====			

Heat 1 Heats

1	Jayakody, Joseph	Glenbrook	14.62Q
2	Jenkins, Finn	Springwood	14.96Q
3	Curtin, Edward	Bathurst & District	15.03Q
4	Ramos McNeil, Christian	Springwood	15.12q
5	Mann, Felix	Springwood	15.14
6	Jennings, Ewan	Katoomba	16.12

Heat 2 Heats

1	Sharwood, Fraser	Bathurst & District	14.41Q
2	Borgstahl, Kobe	Bathurst & District	14.41Q
3	Hay, Lachlan	Glenbrook	14.58Q
4	King, Ryley	Glenbrook	14.67q
5	Wallace, Denzel	Katoomba	16.45
6	McGregor, Rory	Springwood	16.75

Boys U 12 - 100 Metre Sprint

=====			
Zone: Z 13.10 10/12/2011 Liam McCann, Glenbrook			
Name	Age	Centre	Final
=====			

Section 1 Final

1	Sharwood, Fraser	Bathurst & District	14.10
2	Borgstahl, Kobe	Bathurst & District	14.13
3	King, Ryley	Glenbrook	14.72
4	Hay, Lachlan	Glenbrook	14.85
5	Jayakody, Joseph	Glenbrook	14.90
6	Curtin, Edward	Bathurst & District	15.17
7	Jenkins, Finn	Springwood	15.23
8	Ramos McNeil, Christian	Springwood	15.55

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 13 - 100 Metre Sprint**

Zone: Z 12.40 31/03/2002 Sam Rodgers, Emu Plains			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Cook, Ethan		Glenbrook	13.72Q
2 Lewis, Damon		Katoomba	13.87Q
3 Fiene, Brody		Cowra	14.58Q
4 Mitchell, Joshua		Springwood	14.65q
Heat 2 Heats			
1 Abel, Harry		Kurrajong Bilpin	15.21Q
2 Vukoja, Alex		Springwood	15.31Q
3 Clifton, Lochie		Katoomba	15.60Q
4 Bayer-Barrow, Haymish		Lithgow	16.78q

Boys U 13 - 100 Metre Sprint

Zone: Z 12.40 31/03/2002 Sam Rodgers, Emu Plains			
Name	Age	Centre	Final
Section 1 Final			
1 Cook, Ethan		Glenbrook	13.26
2 Lewis, Damon		Katoomba	13.39
3 Mitchell, Joshua		Springwood	14.31
4 Fiene, Brody		Cowra	14.45
5 Clifton, Lochie		Katoomba	14.90
6 Vukoja, Alex		Springwood	15.03
7 Bayer-Barrow, Haymish		Lithgow	16.30

Boys U 14 - 100 Metre Sprint

Zone: Z 11.65 14/12/2013 Liam McCann, Glenbrook			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Rawlings, Max		Kurrajong Bilpin	13.05Q
2 Pasfield, Blake		Kurrajong Bilpin	13.34Q
3 Lauer, Lindsay		Springwood	13.35Q
4 Pirie, Cody		Kurrajong Bilpin	13.57q
5 Scott, Tristan		Glenbrook	13.61q
6 Korzeniowski, Alexander		Kurrajong Bilpin	13.70
Heat 2 Heats			
1 Clues, Angus		Springwood	12.57Q
2 Boss-Walker, Indiana		Oberon	13.57Q
3 Walters, Leeland		Kurrajong Bilpin	14.11Q
4 Young, Drew		Oberon	18.86

Boys U 14 - 100 Metre Sprint

Zone: Z 11.65 14/12/2013 Liam McCann, Glenbrook			
Name	Age	Centre	Final
Section 1 Final			
1 Clues, Angus		Springwood	12.34
2 Rawlings, Max		Kurrajong Bilpin	12.99
3 Lauer, Lindsay		Springwood	13.06
4 Pasfield, Blake		Kurrajong Bilpin	13.19
5 Pirie, Cody		Kurrajong Bilpin	13.26
6 Boss-Walker, Indiana		Oberon	13.38
7 Scott, Tristan		Glenbrook	13.41

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 14 - 100 Metre Sprint**

8 Walters, Leeland	Kurrajong Bilpin	14.08
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Boys U 15 - 100 Metre Sprint

Zone: Z 11.39 13/12/2014 Liam McCann, Glenbrook

Name	Age Centre	Final
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Section 1

1 Plew, Lachlan	Kurrajong Bilpin	12.42
2 Jeal, Cooper	Glenbrook	12.58
3 Clines, Trevor	Katoomba	12.75
4 Hinchliffe, Oliver	Glenbrook	12.99
5 McKervey, Aidan	Glenbrook	13.20
6 Dickson, Patrick	Glenbrook	13.38
7 Stretton, Blake	Springwood	13.50
8 Traykovski, Jordan	Springwood	14.09
9 Holt, Liam	Springwood	14.23

Boys U 17 - 100 Metre Sprint

Zone: Z 11.16 10/12/2016 Liam McCann, Glenbrook

Name	Age Centre	Final
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1 Van Putten, Ashton	Glenbrook	11.62
2 McLenaghan, Jake	Springwood	11.73
3 Purkis, Lachlann	Kurrajong Bilpin	11.85
4 Peel, Alexander	Glenbrook	12.15
5 Buckley, Jordan	Katoomba	12.44
6 Ferrier, Cameron	Kurrajong Bilpin	12.62
7 Traykovski, Elijah	Springwood	12.97
8 Hay, Ting	Glenbrook	14.03
9 Boss-Walker, O'Connell	Oberon	14.16

Boys U 7 - 200 Metre Sprint

Zone: Z 35.50 31/03/1990 D. Monck, Katoomba

Name	Age Centre	Heats
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Heat 1 Heats

1 Ringbauer, Heath	Kurrajong Bilpin	40.41Q
2 Hugo, Jarvis	Katoomba	41.35Q
3 Noonan, Oliver	Glenbrook	42.19Q
4 Giles, Joshua	Kurrajong Bilpin	43.55q

Heat 2 Heats

1 McSpadden, Lennix	Glenbrook	42.36Q
2 Beckett, Ethan	Lithgow	43.97Q
3 Giles, Noah	Kurrajong Bilpin	45.09Q
4 Youngman, Noah	Glenbrook	50.16q

Boys U 7 - 200 Metre Sprint

Zone: Z 35.50 31/03/1990 D. Monck, Katoomba

Name	Age Centre	Final
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Section 1 Final

1 Ringbauer, Heath	Kurrajong Bilpin	39.71
2 McSpadden, Lennix	Glenbrook	41.17
3 Hugo, Jarvis	Katoomba	42.05
4 Beckett, Ethan	Lithgow	43.57

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 7 - 200 Metre Sprint**

5	Giles, Noah	Kurrajong Bilpin	47.23
6	Giles, Joshua	Kurrajong Bilpin	48.07

Boys U 8 - 200 Metre Sprint

Zone: Z 33.10 31/03/1998 P. Maloney, Springwood

Name	Age	Centre	Heats
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Heat 1 Heats

1	Morris, Owen	Glenbrook	35.39Q
2	Woolsey, Jaxxon	Lithgow	36.99Q
3	Mitchell, Jack	Kurrajong Bilpin	37.02Q
4	Paul, Xavier	Katoomba	37.26q
5	Crane, Harrison	Glenbrook	42.23
6	Smith, Curtis	Glenbrook	42.53
7	McMahon, Liam	Katoomba	42.65

Heat 2 Heats

1	Devery, Elijah	Springwood	33.38Q
2	Blattman, Jack	Glenbrook	37.71Q
2	Harrison, Tasman	Katoomba	37.71Q
4	Gauci, Jarvis	Glenbrook	38.33q
5	Pravdacich, Julian	Katoomba	38.38
6	Palmer, Julian	Springwood	43.96
7	Crichton, Chris	Oberon	54.49

Boys U 8 - 200 Metre Sprint

Zone: Z 33.10 31/03/1998 P. Maloney, Springwood

Name	Age	Centre	Final
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Section 1 Final

1	Devery, Elijah	Springwood	33.46
2	Morris, Owen	Glenbrook	33.59
3	Mitchell, Jack	Kurrajong Bilpin	37.33
4	Paul, Xavier	Katoomba	37.48
5	Blattman, Jack	Glenbrook	37.54
6	Woolsey, Jaxxon	Lithgow	37.68
7	Gauci, Jarvis	Glenbrook	40.19

Boys U 9 - 200 Metre Sprint

Zone: Z 31.10 31/03/1990 D. Ambrose, Kurrajong Bilpin

Name	Age	Centre	Heats
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Heat 1 Heats

1	Deveigne, Tye	Lithgow	33.28Q
2	Knox, Hugh	Blayney	33.29Q
3	Ritchie, Caleb	Glenbrook	36.09Q
4	Mills, Bronson	Springwood	36.12
5	Smith, Liam	Glenbrook	37.03

Heat 2 Heats

1	Beckett, Isaac	Lithgow	32.32Q
2	Djuric Tubarao, Noah	Glenbrook	32.44Q
3	Paton, Lucas	Springwood	34.24Q
4	Reberger, Michael	Kurrajong Bilpin	34.32q
5	Hamilton, Jayden	Katoomba	35.97q

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 9 - 200 Metre Sprint**

Zone: Z 31.10 31/03/1990 D. Ambrose, Kurrajong Bilpin			
Name	Age	Centre	Final
Section 1 Final			
1 Beckett, Isaac		Lithgow	32.28
2 Deveigne, Tye		Lithgow	33.31
3 Paton, Lucas		Springwood	33.78
4 Djuric Tubarao, Noah		Glenbrook	34.01
5 Knox, Hugh		Blayney	34.03
6 Hamilton, Jayden		Katoomba	35.25
7 Reberger, Michael		Kurrajong Bilpin	35.97

Boys U 10 - 200 Metre Sprint

Zone: Z 29.90 31/03/1985 Lachlan Cameron, Glenbrook			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Curtin, William		Bathurst & District	30.49Q
2 Peters, Timothy		Springwood	32.40Q
2 Verriere, Tyson		Springwood	32.40Q
4 Vachalec, Cooper		Springwood	34.07q
5 Roebuck, Fraser		Glenbrook	40.86
6 Kleij, Samuel		Katoomba	43.99
Heat 2 Heats			
1 Dedovic, Damien		Glenbrook	31.61Q
2 Rojas, Will		Glenbrook	31.64Q
3 Dickson, Liam		Kurrajong Bilpin	33.96Q
4 Cooper, Ellis		Oberon	36.18q
5 Palmer, Jacob		Springwood	1:18.00

Boys U 10 - 200 Metre Sprint

Zone: Z 29.90 31/03/1985 Lachlan Cameron, Glenbrook			
Name	Age	Centre	Final
Section 1 Final			
1 Curtin, William		Bathurst & District	30.06
2 Dedovic, Damien		Glenbrook	31.41
3 Peters, Timothy		Springwood	32.06
4 Verriere, Tyson		Springwood	32.96
5 Rojas, Will		Glenbrook	33.05
6 Vachalec, Cooper		Springwood	33.90
7 Dickson, Liam		Kurrajong Bilpin	34.74
8 Cooper, Ellis		Oberon	36.89

Boys U 11 - 200 Metre Sprint

Zone: Z 27.50 31/03/1998 T. Joseph, Lithgow			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Godwin, Nicholas		Glenbrook	30.09Q
2 Ruming, Dylan		Bathurst & District	30.51Q
3 Knox, Samuel		Blayney	31.42Q
4 Abel, Hunter		Kurrajong Bilpin	32.61q
5 Hamilton, Joshua		Glenbrook	32.80
Heat 2 Heats			
1 Bryant, Joel		Katoomba	30.29Q

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 11 - 200 Metre Sprint**

2 Cunliffe, Preston	Kurrajong Bilpin	30.74Q
3 Georgiou, Zachariah	Glenbrook	31.60Q
4 Andrews, Jaxon	Katoomba	32.75q
5 Giles, Bailey	Kurrajong Bilpin	32.93
6 Georgiou, Micah	Glenbrook	32.95

Boys U 11 - 200 Metre Sprint

=====		
Zone: Z 27.50 31/03/1998 T. Joseph, Lithgow		
Name	Age Centre	Final
=====		

Section 1 Final

1 Bryant, Joel	Katoomba	29.73
2 Ruming, Dylan	Bathurst & District	29.77
3 Godwin, Nicholas	Glenbrook	29.88
4 Cunliffe, Preston	Kurrajong Bilpin	30.51
5 Knox, Samuel	Blayney	30.81
6 Georgiou, Zachariah	Glenbrook	31.63
7 Andrews, Jaxon	Katoomba	32.10
8 Abel, Hunter	Kurrajong Bilpin	34.57

Boys U 12 - 200 Metre Sprint

=====		
Zone: Z 27.50 31/03/1994 David Moore, Emu Plains		
Name	Age Centre	Heats
=====		

Heat 1 Heats

1 Borgstahl, Kobe	Bathurst & District	29.20Q
2 King, Ryley	Glenbrook	29.27Q
3 Jayakody, Joseph	Glenbrook	29.75Q
4 Tydeman, Zac	Katoomba	33.11q

Heat 2 Heats

1 Sharwood, Fraser	Bathurst & District	29.77Q
2 Hay, Lachlan	Glenbrook	30.87Q
3 Peterson, Ty	Glenbrook	34.43Q

Boys U 12 - 200 Metre Sprint

=====		
Zone: Z 27.50 31/03/1994 David Moore, Emu Plains		
Name	Age Centre	Final
=====		

Section 1 Final

1 Sharwood, Fraser	Bathurst & District	29.20
2 Jayakody, Joseph	Glenbrook	29.54
3 Borgstahl, Kobe	Bathurst & District	30.00
4 Hay, Lachlan	Glenbrook	30.31
5 King, Ryley	Glenbrook	30.74
6 Tydeman, Zac	Katoomba	33.32

Boys U 13 - 200 Metre Sprint

=====		
Zone: Z 25.50 31/03/1996 Dayne Neininckx, Emu Plains		
Name	Age Centre	Final
=====		

Section 1

1 Duguid, Harry	Canowindra	29.86
2 Mitchell, Joshua	Springwood	29.99
3 Clifton, Lochie	Katoomba	30.08

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 14 - 200 Metre Sprint**

Zone: Z 23.90 31/03/1998 M. Doggett, Lithgow			
Name	Age Centre	Heats	
Heat 1 Heats			
1 Pasfield, Blake	Kurrajong Bilpin	26.57Q	
2 Pirie, Cody	Kurrajong Bilpin	27.91Q	
3 Brice, Ryan	Kurrajong Bilpin	30.24Q	
4 Young, Drew	Oberon	41.54	
Heat 2 Heats			
1 Rawlings, Max	Kurrajong Bilpin	26.27Q	
2 Lauer, Lindsay	Springwood	26.63Q	
3 Scott, Tristan	Glenbrook	27.40Q	
4 Boss-Walker, Indiana	Oberon	27.98q	
5 Walters, Leeland	Kurrajong Bilpin	29.06q	

Boys U 14 - 200 Metre Sprint

Zone: Z 23.90 31/03/1998 M. Doggett, Lithgow			
Name	Age Centre	Final	
Section 1 Final			
1 Rawlings, Max	Kurrajong Bilpin	26.22	
2 Pasfield, Blake	Kurrajong Bilpin	26.28	
3 Lauer, Lindsay	Springwood	27.06	
4 Scott, Tristan	Glenbrook	27.52	
5 Pirie, Cody	Kurrajong Bilpin	27.73	
6 Boss-Walker, Indiana	Oberon	28.16	
7 Walters, Leeland	Kurrajong Bilpin	29.80	
8 Brice, Ryan	Kurrajong Bilpin	32.30	

Boys U 15 - 200 Metre Sprint

Zone: Z 23.06 11/12/2016 Heath Shields, Kurrajong Bilp			
Name	Age Centre	Heats	
Heat 1 Heats			
1 Jeal, Cooper	Glenbrook	25.07Q	
2 Dickson, Patrick	Glenbrook	26.86Q	
3 Holt, Liam	Springwood	28.96Q	
Heat 2 Heats			
1 Hinchliffe, Oliver	Glenbrook	25.74Q	
2 Clines, Trevor	Katoomba	25.76Q	
3 McKervey, Aidan	Glenbrook	26.25Q	
4 Stretton, Blake	Springwood	27.59q	
5 Drew, Oliver	Katoomba	27.63q	

Boys U 15 - 200 Metre Sprint

Zone: Z 23.06 11/12/2016 Heath Shields, Kurrajong Bilp			
Name	Age Centre	Final	
Section 1 Final			
1 Jeal, Cooper	Glenbrook	25.17	
2 Clines, Trevor	Katoomba	25.50	
3 Hinchliffe, Oliver	Glenbrook	25.56	
4 McKervey, Aidan	Glenbrook	26.28	
5 Dickson, Patrick	Glenbrook	26.86	
6 Stretton, Blake	Springwood	27.86	
7 Drew, Oliver	Katoomba	28.32	

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 15 - 200 Metre Sprint**

8 Holt, Liam	Springwood	28.75
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Boys U 17 - 200 Metre Sprint

Zone: Z 22.04 13/12/2015 Liam McCann, Glenbrook

Name	Age Centre	Heats
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Heat 1 Heats

1 Ferrier, Cameron	Kurrajong Bilpin	25.25Q
2 Ingersole, Jack	Kurrajong Bilpin	26.98Q
3 Peel, Alexander	Glenbrook	27.31Q

Heat 2 Heats

1 Van Putten, Ashton	Glenbrook	28.21Q
2 Blanch, Spencer	Kurrajong Bilpin	28.28Q
3 McLenaghan, Jake	Springwood	28.31Q
4 Buckley, Jordan	Katoomba	28.36q

Boys U 17 - 200 Metre Sprint

Zone: Z 22.04 13/12/2015 Liam McCann, Glenbrook

Name	Age Centre	Final
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Section 1 Final

1 Van Putten, Ashton	Glenbrook	23.01
2 McLenaghan, Jake	Springwood	23.58
3 Peel, Alexander	Glenbrook	24.65
4 Buckley, Jordan	Katoomba	24.75
5 Blanch, Spencer	Kurrajong Bilpin	24.77
6 Ferrier, Cameron	Kurrajong Bilpin	25.13
7 Ingersole, Jack	Kurrajong Bilpin	25.82

Boys U 8 - 400 Metre Sprint

Zone: Z 1:15.80 31/03/1994 C. Close, Kurrajong Bilpin

Name	Age Centre	Final
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Section 1

1 Mitchell, Jack	Kurrajong Bilpin	1:25.21
2 Pesle, Johnny	Glenbrook	1:25.70
3 Gardiner, Beau	Springwood	1:28.63
4 Hicks, James	Springwood	1:31.88
5 Taylor, Phoenix	Katoomba	1:35.80

Section 2

1 Woolsey, Jaxxon	Lithgow	1:29.74
2 White, Harold	Bathurst & District	1:33.77
3 Smith, Curtis	Glenbrook	1:34.15
4 Palmer, Julian	Springwood	1:40.13
5 Radzki, Braxton	Springwood	1:52.20
6 Walton, Rhys	Springwood	2:02.34

Boys U 9 - 400 Metre Sprint

Zone: Z 1:10.00 31/03/1985 Scott Whitton, Glenbrook

Name	Age Centre	Final
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Section 1

1 Djuric Tubarao, Noah	Glenbrook	1:13.67
2 Beckett, Isaac	Lithgow	1:14.89
3 Knox, Hugh	Blayney	1:17.02

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 9 - 400 Metre Sprint**

4 Fernando, Samuel	Lithgow	1:33.30
5 Marshall, Bailey	Kurrajong Bilpin	1:33.51
Section 2		
1 Brown, Luke	Springwood	1:20.58
2 Lasky, Samuel	Glenbrook	1:20.62
3 Reberger, Michael	Kurrajong Bilpin	1:24.56
4 Paton, Lucas	Springwood	1:26.91
5 Phelan, Thomas	Canowindra	1:36.16

Boys U 10 - 400 Metre Sprint

=====			
Zone: Z 1:07.27 8/12/2012 Riley Howarth, Kurrajong Bi			
Name	Age Centre		Final
=====			
Section 1			
1 Gill, Beau	Lithgow		1:10.35
2 Scott, Zavier	Glenbrook		1:15.29
3 Lennie, Charlie	Kurrajong Bilpin		1:28.83
4 Benson, Kynan	Katoomba		1:29.82
Section 2			
1 Wood, William	Glenbrook		1:15.50
2 Pender, Hunter	Lithgow		1:20.13
3 MacDonald, Hamish	Springwood		1:21.00
4 Cooper, Ellis	Oberon		1:25.83

Boys U 11 - 400 Metre Sprint

=====			
Zone: Z 1:05.71 14/12/2013 Riley Howarth, Kurrajong Bi			
Name	Age Centre		Final
=====			
Section 1			
1 Webber, Ben	Glenbrook		1:08.36
2 Giles, Bailey	Kurrajong Bilpin		1:13.59
3 Ruming, Dylan	Bathurst & District		1:13.68
4 Huggins, Carter	Springwood		1:22.54
5 Jordan, Adam	Kurrajong Bilpin		1:31.26
Section 2			
1 Georgiou, Zachariah	Glenbrook		1:13.51
2 Billiards, Lachlan	Springwood		1:22.03
3 Ebbeling, Benjamin	Springwood		1:22.91
4 Maloney, Kyran	Oberon		1:29.45
Section 3			
1 Bryant, Joel	Katoomba		1:14.79
2 Hopping, Bradley	Blayney		1:19.84
3 Georgiou, Micah	Glenbrook		1:22.50
4 Rowe, Dominic	Bathurst & District		1:32.13
5 Payne, Ruaig	Katoomba		1:39.61

Boys U 12 - 400 Metre Sprint

=====			
Zone: Z 1:03.10 31/03/1988 G. Jones, Katoomba			
Name	Age Centre		Final
=====			
Section 1			
1 Morris, William	Glenbrook		1:08.92
2 Sinnett, Alex	Kurrajong Bilpin		1:09.38
3 Sharwood, Fraser	Bathurst & District		1:11.52
4 Taylor, Levi	Katoomba		1:11.66
5 Ramos McNeil, Christian	Springwood		1:13.49

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 12 - 400 Metre Sprint**

6 Tydeman, Zac	Katoomba	1:13.51
Section 2		
1 Perry, Byron	Kurrajong Bilpin	1:17.61
2 Peterson, Ty	Glenbrook	1:21.81
3 Wallace, Denzel	Katoomba	1:26.34

Boys U 13 - 400 Metre Sprint

=====			
Zone: Z 1:00.49 12/12/2015 Riley Howarth, Kurrajong Bi			
Name	Age Centre		Final
=====			
Section 1			
1 Goman, Caleb	Springwood		1:07.52
2 Duguid, Harry	Canowindra		1:07.94
3 Clifton, Lochie	Katoomba		1:11.44
4 Synnott, Benji	Springwood		1:16.69
5 Cook, Ethan	Springwood		1:25.96

Boys U 14 - 400 Metre Sprint

=====			
Zone: Z 54.50 31/03/1994 Robert Rose, Glenbrook			
Name	Age Centre		Final
=====			
1 Rawlings, Max	Kurrajong Bilpin		59.37
2 Scott, Tristan	Glenbrook		1:01.01
3 Korzeniowski, Alexander	Kurrajong Bilpin		1:02.15
4 Brice, Ryan	Kurrajong Bilpin		1:12.69
5 Peters, Jonathan	Springwood		1:15.97

Boys U 15 - 400 Metre Sprint

=====			
Zone: Z 52.97 10/12/2016 Heath Shields, Kurrajong Bilp			
Name	Age Centre		Final
=====			
1 Jeal, Cooper	Glenbrook		56.19
2 Holt, Liam	Springwood		1:10.27
3 Traykovski, Jordan	Springwood		1:14.07
Section 2			
1 Lucas, Max	Katoomba		53.75
2 Plew, Lachlan	Kurrajong Bilpin		54.39
3 Stretton, Blake	Springwood		59.99
4 McLenaghan, Scott	Springwood		1:00.71
5 Drew, Oliver	Katoomba		1:02.47

Boys U 17 - 400 Metre Sprint

=====			
Zone: Z 51.72 15/12/2018 Zen Clark, Bathurst			
Name	Age Centre		Final
=====			
Section 1			
1 Buckley, Jordan	Katoomba		55.35
2 Nicholls, Lachlan	Glenbrook		56.86
3 Hay, Ting	Glenbrook		1:07.29
Section 2			
1 McLenaghan, Jake	Springwood		53.93
2 Capararo, Samuel	Glenbrook		1:02.86
3 Gleeson, Alec	Springwood		1:06.90

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 7 - 500 Metre Run Pack Start**

Name	Age Centre	Final
Section 1		
1 Ringbauer, Heath	Kurrajong Bilpin	2:04.29
2 MacDonald, Quinn	Springwood	2:07.64
3 McSpadden, Lennix	Glenbrook	2:11.99
4 Giles, Noah	Kurrajong Bilpin	2:13.17
5 Beckett, Ethan	Lithgow	2:15.30
6 Giles, Joshua	Kurrajong Bilpin	2:15.64

Boys U 8 - 700 Metre Run Pack Start

Name	Age Centre	Final
1 Blattman, Jack	Glenbrook	2:37.49
2 Gauci, Jarvis	Glenbrook	2:40.32
3 Mitchell, Jack	Kurrajong Bilpin	2:41.06
4 Pesle, Johnny	Glenbrook	2:41.78
5 Gardiner, Beau	Springwood	2:48.24
6 Woolsey, Jaxxon	Lithgow	2:51.40
7 Bonham, Jacob	Katoomba	3:02.25
8 Smith, Curtis	Glenbrook	3:03.27
9 Taylor, Phoenix	Katoomba	3:06.80
10 Palmer, Julian	Springwood	3:08.53

Boys U 9 - 800 Metre Run

Name	Age Centre	Final
Zone: Z 2:40.90 31/03/1985 Scott Whitton, Glenbrook		
1 Knox, Hugh	Blayney	2:53.65
2 Brown, Luke	Springwood	2:53.82
3 Djuric Tubarao, Noah	Glenbrook	3:03.68
4 Lasky, Samuel	Glenbrook	3:04.10
5 Lynch, Quentin	Glenbrook	3:05.72
6 Blundell, Jacob	Bathurst & District	3:19.16
7 Phelan, Thomas	Canowindra	3:25.12
8 Smith, Rhys	Kurrajong Bilpin	3:35.05
9 Snowden, Clinton	Katoomba	3:38.90
10 Marshall, Bailey	Kurrajong Bilpin	3:58.06

Boys U 10 - 800 Metre Run

Name	Age Centre	Final
Zone: Z 2:31.90 31/03/1978 P. Seagar, Bathurst		
1 Gill, Beau	Lithgow	2:41.22
2 Scott, Zavier	Glenbrook	2:47.46
3 Wood, William	Glenbrook	2:53.04
4 MacDonald, Hamish	Springwood	3:02.15
5 Pender, Hunter	Lithgow	3:04.46
6 Lennie, Charlie	Kurrajong Bilpin	3:06.62
7 Ryan, Jack	Katoomba	3:07.26
8 Dickson, Liam	Kurrajong Bilpin	3:09.62
9 Cooper, Ellis	Oberon	3:24.20

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 11 - 800 Metre Run**

Zone: Z 2:25.90 31/03/1984 Mark Whitton, Glenbrook			
Name	Age	Centre	Final
1 Donges, Ethan		Blayney	2:33.98
2 Webber, Ben		Glenbrook	2:41.76
3 Cronshaw, Cooper		Katoomba	2:42.01
4 Georgiou, Zachariah		Glenbrook	2:50.73
5 Dunwell, Zachary		Glenbrook	2:52.13
6 Bew, Noah		Kurrajong Bilpin	2:54.57
7 Tyrrell, Connor		Glenbrook	2:57.79
8 Hamilton, Joshua		Glenbrook	2:59.93
9 Georgiou, Micah		Glenbrook	3:03.49
10 Huggins, Carter		Springwood	3:03.75
11 Billiards, Lachlan		Springwood	3:10.28
12 Ebbeling, Benjamin		Springwood	3:14.01
13 Payne, Ruaig		Katoomba	3:19.62
14 Rowe, Dominic		Bathurst & District	3:19.81

Boys U 12 - 800 Metre Run

Zone: Z 2:24.40 31/03/1988 G. Jones, Katoomba			
Name	Age	Centre	Final
1 Jayakody, Joseph		Glenbrook	2:37.56
2 Kleij, Finn		Katoomba	2:38.99
3 Taylor, Levi		Katoomba	2:41.34
4 Morris, William		Glenbrook	2:49.57
5 Tydeman, Zac		Katoomba	2:50.16
6 Dixon, Logan		Glenbrook	2:54.91
7 Smith, Lachlan		Kurrajong Bilpin	3:32.77

Boys U 13 - 800 Metre Run

Zone: Z 2:23.00 12/12/2010 Adam Hooper, Glenbrook			
Name	Age	Centre	Final
1 Goman, Rhett		Springwood	2:35.31
2 Wells, Ryan		Lithgow	2:41.89
3 Duguid, Harry		Canowindra	2:42.72
4 Grady, Thomas		Glenbrook	2:58.38
5 Aynsley-Hahn, Brett		Blayney	2:58.44
6 Cook, Ethan		Springwood	2:59.63
7 Stein, Jett		Kurrajong Bilpin	3:03.46

Boys U 14 - 800 Metre Run

Zone: Z 2:14.00 13/12/2009 Daniel Keene, Emu Plains			
Name	Age	Centre	Final
1 Rawlings, Max		Kurrajong Bilpin	2:35.81
2 Ely, Mitchell		Katoomba	2:45.63
3 Insch, William		Kurrajong Bilpin	3:09.92

Boys U 15 - 800 Metre Run

Zone: Z 2:08.30 12/12/2010 Daniel Keene, Emu Plains			
Name	Age	Centre	Final
1 Plew, Lachlan		Kurrajong Bilpin	2:31.02

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 15 - 800 Metre Run**

2	Frazer, Ziggy	Springwood	2:31.64
3	McLenaghan, Scott	Springwood	2:33.68
4	Drew, Oliver	Katoomba	2:35.71
5	Rawlings, John	Kurrajong Bilpin	2:40.48
6	Traykovski, Jordan	Springwood	2:43.67
7	Fraser, Indigo	Katoomba	2:49.38
8	Rowe, Thomas	Bathurst & District	2:59.81
9	Barnes, Riley	Oberon	3:17.30

Boys U 17 - 800 Metre Run

Zone: Z 2:04.51 9/12/2012 Paul Loader, Glenbrook

Name Age Centre Final

1	Nicholls, Lachlan	Glenbrook	2:13.20
2	Ingersole, Jack	Kurrajong Bilpin	2:20.72
3	Buckley, Jordan	Katoomba	2:24.03
4	Capararo, Samuel	Glenbrook	2:27.91
5	Gleeson, Alec	Springwood	2:30.13
6	Kimbel, Liam	Bathurst & District	2:31.29

Boys U 11 - 1500 Metre Run

Zone: Z 4:52.20 31/03/1984 Mark Whitton, Glenbrook

Name Age Centre Final

1	Donges, Ethan	Blayney	5:16.21
2	Cronshaw, Cooper	Katoomba	5:29.08
3	Scott, Izaak	Oberon	5:34.53
4	Dunwell, Zachary	Glenbrook	5:46.53
5	Bew, Noah	Kurrajong Bilpin	5:49.78
6	Hamilton, Joshua	Glenbrook	5:52.27
7	Hendry, Tyler	Kurrajong Bilpin	6:25.58
8	Williams, Joshua	Kandos Rylstone	6:35.19
9	Attard, Brady	Kurrajong Bilpin	6:43.46
10	Ebbeling, Benjamin	Springwood	6:51.30
11	Payne, Ruaig	Katoomba	7:04.31
12	Jordan, Adam	Kurrajong Bilpin	7:13.95
--	Huggins, Carter	Springwood	DQ

Boys U 12 - 1500 Metre Run

Zone: Z 4:49.30 31/03/1985 Mark Whitton, Glenbrook

Name Age Centre Final

1	Jayakody, Joseph	Glenbrook	5:21.42
2	Kleij, Finn	Katoomba	5:23.15
3	Taylor, Levi	Katoomba	5:23.20
4	Dixon, Logan	Glenbrook	5:57.98
5	Korzeniowski, Luke	Kurrajong Bilpin	6:02.43
6	Jackson, Oliver	Glenbrook	6:09.20
7	Peterson, Ty	Glenbrook	6:13.60
8	Smith, Lachlan	Kurrajong Bilpin	6:42.29
9	Bell, Matthew	Glenbrook	7:10.08

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 13 - 1500 Metre Run**

Zone: Z 4:55.00 30/11/2002 Jared Lekkas, Springwood			
Name	Age	Centre	Final
1 Goman, Rhett		Springwood	5:15.84
2 Aynsley-Hahn, Brett		Blayney	5:56.10
3 Cook, Ethan		Springwood	6:11.59
4 Wells, Ryan		Lithgow	6:33.68
5 Grady, Thomas		Glenbrook	6:37.79

Boys U 14 - 1500 Metre Run

Zone: Z 4:39.00 11/12/2010 Hayden Sly, Kurrajong Bilpi			
Name	Age	Centre	Final
1 Korzeniowski, Alexander		Kurrajong Bilpin	5:20.45
2 Ely, Mitchell		Katoomba	5:38.75
3 Bell, Darcy		Kurrajong Bilpin	5:49.85
4 Insch, William		Kurrajong Bilpin	6:12.55
-- Rees, Tate		Katoomba	DQ IAAF rule 142.4C

Boys U 15 - 1500 Metre Run

Zone: Z 4:29.10 10/12/2011 Daniel Francken, Glenbrook			
Name	Age	Centre	Final
1 Frazer, Ziggy		Springwood	4:50.42
2 Drew, Oliver		Katoomba	5:36.75
3 Rowe, Thomas		Bathurst & District	5:47.47
4 Blanch, Cooper		Kurrajong Bilpin	6:05.90
5 Rawlings, John		Kurrajong Bilpin	6:08.23
6 Fraser, Indigo		Katoomba	6:21.95

Boys U 17 - 1500 Metre Run

Zone: Z 4:21.74 8/12/2012 Michael Ellliott, Springwood			
Name	Age	Centre	Final
1 Nicholls, Lachlan		Glenbrook	4:41.80
2 Murphy, Thomas		Springwood	4:44.18
3 Houston, Aaron		Bathurst & District	5:00.39
4 Capararo, Samuel		Glenbrook	5:03.76
5 Kimbel, Liam		Bathurst & District	5:09.95
6 Gleeson, Alec		Springwood	5:16.10

Boys U 13 - 3000 Metre Run

Zone: Z 10:28.90 31/03/1998 Brendan Heape, Glenbrook			
Name	Age	Centre	Final
1 Goman, Rhett		Springwood	11:34.32
2 Wells, Ryan		Lithgow	14:04.62
3 Grady, Thomas		Glenbrook	14:34.00

Boys U 14 - 3000 Metre Run

Zone: Z 9:49.36 10/12/2016 Daniel Kelly, Springwood			
Name	Age	Centre	Final
1 Ely, Mitchell		Katoomba	11:45.67

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 14 - 3000 Metre Run**

2 Bell, Darcy	Kurrajong Bilpin	12:56.64
3 Insch, William	Kurrajong Bilpin	13:17.57

Boys U 15 - 3000 Metre Run

=====			
Zone: Z 9:48.30 31/03/1996 D. Byrne, Kurrajong Bilpin			
Name	Age	Centre	Final
=====			
1 Frazer, Ziggy		Springwood	10:27.22
2 Rowe, Thomas		Bathurst & District	13:07.26
3 Blanch, Cooper		Kurrajong Bilpin	14:01.79

Boys U 17 - 3000 Metre Run

=====			
Zone: Z 9:46.49 14/12/2013 Hayden Sly, Kurrajong Bilpi			
Name	Age	Centre	Final
=====			
1 Murphy, Thomas		Springwood	10:11.88
2 Houston, Aaron		Bathurst & District	10:18.26
3 Kimbel, Liam		Bathurst & District	11:02.20
4 Gleeson, Alec		Springwood	12:28.99

Boys U 8 - 60 Metre Hurdles (45cm)

=====			
Zone: Z 11.50 11/12/2010 Luke Thompson, Lithgow			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Morris, Owen		Glenbrook	12.72Q
2 Woolsey, Jaxxon		Lithgow	13.05q
3 Gauci, Jarvis		Glenbrook	14.08
4 Robinson, Lucas		Glenbrook	14.34
5 Taylor, Phoenix		Katoomba	15.25
6 Naumann, Isaac		Katoomba	15.33
7 McMahan, Liam		Katoomba	15.95
Heat 2 Heats			
1 Godwin, Alexander		Glenbrook	13.06Q
2 Devery, Elijah		Springwood	13.24q
3 Crane, Harrison		Glenbrook	13.25q
4 Walton, Rhys		Springwood	14.26
5 Smith, Curtis		Glenbrook	15.78
6 Beckett, Kane		Lithgow	17.03
Heat 3 Heats			
1 Hicks, James		Springwood	13.02Q
2 Harwood, Blake		Kurrajong Bilpin	13.08q
3 Paul, Xavier		Katoomba	13.38
4 Bonham, Jacob		Katoomba	13.63
5 White, Harold		Bathurst & District	14.23
6 Turner-Smith, William		Kurrajong Bilpin	16.09
Heat 4 Heats			
1 Gardiner, Beau		Springwood	13.24Q
2 Pesle, Johnny		Glenbrook	13.44
3 Gibbons, Tyla		Lithgow	14.55
4 Radzki, Braxton		Springwood	14.67
5 Charlesworth, Hunter		Kurrajong Bilpin	15.05
6 Clune, Conor		Glenbrook	15.09

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 11.50 11/12/2010 Luke Thompson, Lithgow			
Name	Age	Centre	Final
Section 1 Final			
1 Morris, Owen		Glenbrook	12.21
2 Harwood, Blake		Kurrajong Bilpin	12.65
3 Hicks, James		Springwood	12.69
4 Godwin, Alexander		Glenbrook	12.73
5 Crane, Harrison		Glenbrook	12.89
6 Devery, Elijah		Springwood	12.97
7 Gardiner, Beau		Springwood	13.12
8 Woolsey, Jaxxon		Lithgow	13.21

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.50 31/03/2003 Z. Plummer, Kurrajong Bilpin			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Beckett, Isaac		Lithgow	11.17Q
2 Burn, Jay		Canowindra	11.60Q
3 Djuric Tubarao, Noah		Glenbrook	12.22Q
4 Bell, Patrick		Glenbrook	12.39q
5 Hamilton, Jayden		Katoomba	12.76q
6 Harris, William		Glenbrook	13.56
7 Teuma, Axle		Kurrajong Bilpin	13.59
8 Snowden, Clinton		Katoomba	13.96
Heat 2 Heats			
1 Nightingale, Chase		Lithgow	11.96Q
2 Simpson, Nathan		Kurrajong Bilpin	12.58Q
3 Uthmeyer, Daniel		Glenbrook	12.69Q
4 Mills, Bronson		Springwood	13.52
5 Phelan, Thomas		Canowindra	14.01
6 Andrews, Maverick		Katoomba	15.34

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.50 31/03/2003 Z. Plummer, Kurrajong Bilpin			
Name	Age	Centre	Final
Section 1 Final			
1 Beckett, Isaac		Lithgow	11.16
2 Burn, Jay		Canowindra	11.52
3 Nightingale, Chase		Lithgow	11.56
4 Djuric Tubarao, Noah		Glenbrook	11.96
5 Bell, Patrick		Glenbrook	12.10
6 Uthmeyer, Daniel		Glenbrook	12.14
7 Simpson, Nathan		Kurrajong Bilpin	12.15
8 Hamilton, Jayden		Katoomba	12.70

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 10.30 31/03/2000 M. Maroulis, Springwood			
Name	Age	Centre	Final
Section 1			
1 Mancer, Cohen		Glenbrook	11.93
2 Evans, Jackson		Kurrajong Bilpin	12.92
3 Gilchrist, Jacob		Springwood	12.97

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 10 - 60 Metre Hurdles (60cm)**

4 Peters, Timothy	Springwood	13.20
5 Graham, Hugh	Kurrajong Bilpin	13.98
6 Ryan, Jack	Katoomba	14.49
7 Dickson, Liam	Kurrajong Bilpin	15.01

Boys U 11 - 80 Metre Hurdles (60cm)

Name	Age Centre	Heats
Heat 1 Heats		
1 Cloey, Ryan	Glenbrook	14.70Q
2 Driver, Flynn	Springwood	14.95Q
3 Howell, Hayden	Katoomba	16.68Q
4 Giles, Bailey	Kurrajong Bilpin	18.00q
5 Rowe, Dominic	Bathurst & District	23.68
Heat 2 Heats		
1 Ruming, Dylan	Bathurst & District	15.96Q
2 Cunliffe, Preston	Kurrajong Bilpin	16.00Q
3 Abel, Hunter	Kurrajong Bilpin	17.49Q
4 Nash, Mitchell	Kurrajong Bilpin	18.08q
5 Andrews, Jaxon	Katoomba	19.19

Boys U 11 - 80 Metre Hurdles (60cm)

Name	Age Centre	Final
Section 1 Final		
1 Cloey, Ryan	Glenbrook	14.18
2 Driver, Flynn	Springwood	14.28
3 Cunliffe, Preston	Kurrajong Bilpin	15.48
4 Ruming, Dylan	Bathurst & District	15.62
5 Howell, Hayden	Katoomba	16.71
6 Abel, Hunter	Kurrajong Bilpin	17.38
7 Nash, Mitchell	Kurrajong Bilpin	17.57
8 Giles, Bailey	Kurrajong Bilpin	19.13

Boys U 12 - 80 Metre Hurdles (68cm)

Name	Age Centre	Final
Section 1		
1 King, Ryley	Glenbrook	15.06
2 Sinnett, Alex	Kurrajong Bilpin	17.22
3 Jackson, Oliver	Glenbrook	18.27
4 Bell, Jacob	Glenbrook	18.45

Boys U 13 - 80 Metre Hurdles (76cm)

Name	Age Centre	Final
Zone: Z 12.50 3/12/2006 Shane Nicholls, Kurrajong Bil		
1 Fiene, Brody	Cowra	14.62
2 Abel, Harry	Kurrajong Bilpin	15.36
3 Lewis, Damon	Katoomba	15.57
4 Wilson, Reilly	Katoomba	18.97
5 Eiler, Brandon	Oberon	23.53

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 14 - 90 Metre Hurdles (76cm)**

Zone: Z 12.90 31/03/1998 N. Cook, Emu Plains			
Name	Age	Centre	Final
1 Pasfield, Blake		Kurrajong Bilpin	14.50
2 Boss-Walker, Indiana		Oberon	16.04
3 McGregor, Bailey		Springwood	16.94

Boys U 15 - 100 Metre Hurdles (76cm)

Zone: Z 14.42 26/11/2017 Luke Thompson, Lithgow			
Name	Age	Centre	Final
1 Stretton, Blake		Springwood	15.92
2 Hinchliffe, Oliver		Glenbrook	16.22
3 Dickson, Patrick		Glenbrook	16.86
4 Hinchliffe, Spencer		Glenbrook	18.72
5 Blanch, Cooper		Kurrajong Bilpin	18.72
6 Fraser, Indigo		Katoomba	20.06
7 Barnes, Riley		Oberon	21.94

Boys U 17 - 110 Metre Hurdles (76cm)

Zone: Z 14.49 26/11/2017 Tully Murphy, Kurrajong Bilpi			
Name	Age	Centre	Final
1 Blanch, Spencer		Kurrajong Bilpin	16.34
2 Holt, Mitchell		Springwood	17.58
3 Olney, Lucas		Oberon	19.88

Boys U 13 - 200 Metre Hurdles (68cm)

Zone: Z 29.90 31/03/1996 Luke Rooney, Springwood			
Name	Age	Centre	Final
1 Abel, Harry		Kurrajong Bilpin	30.72
2 Darwin, Monty		Glenbrook	33.67

Boys U 14 - 200 Metre Hurdles (76cm)

Zone: Z 28.10 15/12/2007 Jack Bangel, Kurrajong Bilpin			
Name	Age	Centre	Final
1 Pasfield, Blake		Kurrajong Bilpin	28.97
2 McGregor, Bailey		Springwood	33.04
3 Walters, Leeland		Kurrajong Bilpin	34.46

Boys U 15 - 300 Metre Hurdles (76cm)

Zone: Z 43.70 10/12/2016 Caleb Fairweather, Kurrajong			
Name	Age	Centre	Final
1 Dickson, Patrick		Glenbrook	49.87
2 Hinchliffe, Spencer		Glenbrook	50.68
3 Jordan, Jason		Katoomba	55.02
4 Holt, Liam		Springwood	56.10
5 Fraser, Indigo		Katoomba	1:02.33

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 17 - 300 Metre Hurdles (76cm)**

Zone: Z 41.66 25/11/2017 Calab Fairweather, Kurrajong			
Name	Age	Centre	Final
1 Holt, Mitchell		Springwood	44.60
2 Olney, Lucas		Oberon	50.34

Boys U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 57.80 31/03/1994 Springwood, Springwood			
Centre	Age	Centre	Final
1 Glenbrook			58.85
1) Godwin, Nicholas 11		2) King, Ryley 12	
3) Djuric Tubarao, Noah 9		4) Mancer, Cohen 10	
2 Bathurst & District			59.44
1) Curtin, William 10		2) Blundell, Jacob 9	
3) Ruming, Dylan 11		4) Borgstahl, Kobe 12	
3 Springwood			1:00.15
1) Verriere, Tyson 10		2) Sagovac, Travis 11	
3) Paton, Lucas 9		4) Driver, Flynn 11	
4 Kurrajong Bilpin			1:02.50
1) Reberger, Michael 9		2) Cunliffe, Preston 11	
3) Evans, Jackson 10		4) Sinnett, Alex 12	
5 Katoomba			1:03.61
1) Pentecost, Douglas 9		2) Paul, Reuben 10	
3) Bryant, Joel 11		4) Tydeman, Zac 12	
6 Lithgow			1:03.83
1) Nightingale, Chase 9		2) Beckett, Isaac 9	
3) Gill, Beau 10		4) Beckett, Dustin 10	

Boys U 12-17 4x100 Metre Relay (Snr)

Zone: Z 47.05 13/12/2015 Glenbrook, Glenbrook			
Centre	Age	Centre	Final
1 Glenbrook			48.42 protest upheld
1) Scott, Tristan 14		2) Jeal, Cooper 15	
3) Cook, Ethan 13		4) Van Putten, Ashton 17	
2 Kurrajong Bilpin			49.75
1) Abel, Harry 13		2) Ingersole, Jack 17	
3) Rawlings, Max 14		4) Plew, Lachlan 15	
3 Springwood			50.26
1) Mitchell, Joshua 13		2) Holt, Mitchell 17	
3) Stretton, Blake 15		4) Clues, Angus 14	
4 Katoomba			52.04
1) Lewis, Damon 13		2) Clifton, Lochie 13	
3) Clines, Trevor 15		4) Buckley, Jordan 17	

Boys U 9 - High Jump (S/H 0.85m)

Zone: Z 1.26m 31/03/1989 Matthew Hafford, Springwood			
Name	Age	Centre	Final
Flight 1			
1 McGregor, Max		Kurrajong Bilpin	1.09m
2 Lynch, Quentin		Glenbrook	1.06m
3 Beckett, Isaac		Lithgow	1.00m
4 Pentecost, Douglas		Katoomba	1.00m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 9 - High Jump (S/H 0.85m)**

5	Deveigne, Tye	Lithgow	1.00m
6	Smith, Liam	Glenbrook	0.90m
7	Stein, Dylan	Kurrajong Bilpin	0.85m
7	Harris, William	Glenbrook	0.85m
8	Marshall, Bailey	Kurrajong Bilpin	0.85m

Boys U 10 - High Jump (S/H 0.95m)

=====			
Zone: Z 1.50m 31/03/1990 Matthew Hafford, Springwood			
Name	Age	Centre	Final
=====			
1	Gilchrist, Jacob	Springwood	1.22m
2	Evans, Jackson	Kurrajong Bilpin	1.19m
3	Hahn, Caiden	Blayney	1.16m
4	Gill, Beau	Lithgow	1.13m
5	Curtin, William	Bathurst & District	1.10m
6	Dickson, Liam	Kurrajong Bilpin	1.05m
7	Paul, Reuben	Katoomba	1.05m
8	MacDonald, Hamish	Springwood	0.95m
9	Robinson, Toby	Lithgow	0.95m
10	Maloney, Levi	Oberon	0.95m
--	Jacklin, Felix	Springwood	NH
--	Fay, Ethan	Springwood	NH

Boys U 11 - High Jump (S/H 1.05m)

=====			
Zone: Z 1.59m 28/01/2006 David Snowden, Kurrajong Bilp			
Name	Age	Centre	Final
=====			
1	Loy, Thomas	Katoomba	1.33m
2	Sagovac, Travis	Springwood	1.33m
3	Scott, Izaak	Oberon	1.20m
4	Lamond, Parker	Blayney	1.20m
5	Howell, Hayden	Katoomba	1.15m
6	Bayer-Barrow, Aydin	Lithgow	1.15m
7	Donges, Ethan	Blayney	1.15m
8	Charlesworth, Saxon	Kurrajong Bilpin	1.15m
9	Knox, Samuel	Blayney	1.15m
10	Driver, Flynn	Springwood	1.10m
11	Eiler, James	Oberon	1.10m
12	Stein, Oliver	Kurrajong Bilpin	1.10m
12	Attard, Brady	Kurrajong Bilpin	1.10m
14	Williams, Joshua	Kandos Rylstone	1.05m
14	Nash, Mitchell	Kurrajong Bilpin	1.05m
--	Tyrrell, Connor	Glenbrook	NH
--	Carle, Bailey	Kurrajong Bilpin	NH

Boys U 12 - High Jump (S/H 1.15m)

=====			
Zone: Z 1.58m 5/12/2004 Michael Hartley, Emu Plains			
Name	Age	Centre	Final
=====			
1	Sharwood, Fraser	Bathurst & District	1.33m
2	Rice, Lachlan	Canowindra	1.30m
3	Jackson, Oliver	Glenbrook	1.25m
4	Hay, Lachlan	Glenbrook	1.20m
4	Kleij, Finn	Katoomba	1.20m
6	Jayakody, Joseph	Glenbrook	1.20m
7	King, Ryley	Glenbrook	1.20m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 12 - High Jump (S/H 1.15m)**

8 Gardiner, Michael	Glenbrook	1.20m
9 Hale, Xavier	Springwood	1.15m
-- Mann, Felix	Springwood	NH

Boys U 13 - High Jump (S/H 1.20m)

Zone: Z 1.70m 31/03/2001 D. Wood, Kurrajong Bilpin

Name	Age Centre	Final
1 Wells, Ryan	Lithgow	1.45m
2 Lewis, Damon	Katoomba	1.40m
3 Darwin, Monty	Glenbrook	1.35m
4 Madsen, Jaden	Kurrajong Bilpin	1.30m
5 Synnott, Benji	Springwood	1.30m
6 Goman, Rhett	Springwood	1.30m
7 Aynsley-Hahn, Brett	Blayney	1.30m
8 Bayer-Barrow, Haymish	Lithgow	1.20m
9 Driver, Hugh	Springwood	1.20m
-- Wilson, Reilly	Katoomba	NH

Boys U 14 - High Jump (S/H 1.25m)

Zone: Z 1.82m 16/12/2007 Shane Nicholls, Kurrajong Bilpin

Name	Age Centre	Final
1 Brice, Ryan	Kurrajong Bilpin	1.45m
2 Murphy, Liam	Glenbrook	1.40m
3 Boss-Walker, Indiana	Oberon	1.35m
4 Pirie, Cody	Kurrajong Bilpin	1.30m
-- King, Billy-James	Kandos Rylstone	NH

Boys U 15 - High Jump (S/H 1.25m)

Zone: Z 1.91m 13/12/2009 David Snowden, Kurrajong Bilpin

Name	Age Centre	Final
1 Plew, Lachlan	Kurrajong Bilpin	1.56m
2 Hinchliffe, Spencer	Glenbrook	1.53m
3 Jordan, Jason	Katoomba	1.50m
4 Hinchliffe, Oliver	Glenbrook	1.45m
5 Mumberson, Lachlan	Springwood	1.25m

Boys U 17 - High Jump (S/H 1.30m)

Zone: Z 1.90m 11/12/2010 David Snowden, Kurrajong Bilpin

Name	Age Centre	Final
1 Blanch, Spencer	Kurrajong Bilpin	1.90mZ
2 Smith, Evan	Bathurst & District	1.80m
3 Hay, Ting	Glenbrook	1.70m
4 Ingersole, Jack	Kurrajong Bilpin	1.55m
5 Ferrier, Cameron	Kurrajong Bilpin	1.45m
6 Olney, Lucas	Oberon	1.45m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 7 - Long Jump**

Zone: Z 3.39m 31/03/1982 J. Flesch, Springwood

Name	Age Centre	Final
1 Hugo, Jarvis	Katoomba	2.72m
2 Hahn, Chase	Blayney	2.68m
3 Butler, Jordan	Glenbrook	2.66m
4 Karnjhanacheewa, Teerave	Katoomba	2.57m
5 Driver, Tom	Springwood	2.57m
6 Ashford, Liam	Kandos Rylstone	2.43m
7 McSpadden, Lennix	Glenbrook	2.43m
8 Ringbauer, Heath	Kurrajong Bilpin	2.36m
9 Atkinson, Riley	Katoomba	1.81m
10 Lee, Archer	Lithgow	1.71m

Boys U 8 - Long Jump

Zone: Z 3.62m 31/03/1998 P. Maloney, Springwood

Name	Age Centre	Final
1 Devery, Elijah	Springwood	3.46m
2 Harwood, Blake	Kurrajong Bilpin	3.18m
3 Robinson, Lucas	Glenbrook	2.93m
4 Mitchell, Jack	Kurrajong Bilpin	2.92m
5 Walton, Rhys	Springwood	2.89m
6 Gibbons, Tyla	Lithgow	2.88m
7 Clune, Conor	Glenbrook	2.87m
8 Gardiner, Beau	Springwood	2.68m
9 Hopping, Hunter	Blayney	2.61m
9 Radzki, Braxton	Springwood	2.61m
11 Charlesworth, Hunter	Kurrajong Bilpin	2.57m
11 Bonham, Jacob	Katoomba	2.57m
13 Clines, Tim	Katoomba	2.45m
14 Taylor, Phoenix	Katoomba	2.44m
15 Naumann, Isaac	Katoomba	2.34m
16 Williams, Michael	Kandos Rylstone	2.11m
17 McMahon, Liam	Katoomba	2.01m
18 Napoli, Enzo	Springwood	1.75m
19 Crichton, Chris	Oberon	1.33m

Boys U 9 - Long Jump

Zone: Z 4.20m 31/03/2000 Jani Bajramovic, Glenbrook

Name	Age Centre	Final
1 Burn, Jay	Canowindra	3.51m
2 Knox, Hugh	Blayney	3.38m
3 Paton, Lucas	Springwood	3.31m
4 Ritchie, Caleb	Glenbrook	3.31m
5 Bell, Patrick	Glenbrook	3.23m
6 Mtawarira, Audius	Katoomba	3.23m
7 Nightingale, Chase	Lithgow	3.17m
8 Simpson, Nathan	Kurrajong Bilpin	2.93m
9 Lasky, Samuel	Glenbrook	2.88m
9 Teuma, Axle	Kurrajong Bilpin	2.88m
11 Marshall, Bailey	Kurrajong Bilpin	2.71m
12 Masselos, Oliver	Katoomba	2.68m
13 Perry, Hayden	Kurrajong Bilpin	2.56m
14 Harris, William	Glenbrook	2.37m
15 Andrews, Maverick	Katoomba	1.94m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 10 - Long Jump**

Zone: Z 4.48m 31/03/2001 Jani Bajramovic, Glenbrook			
Name	Age	Centre	Final
1 Curtin, William		Bathurst & District	4.29m
2 Verriere, Tyson		Springwood	3.97m
3 Dedovic, Damien		Glenbrook	3.94m
4 Evans, Jackson		Kurrajong Bilpin	3.90m
5 Mancer, Cohen		Glenbrook	3.90m
6 Peters, Timothy		Springwood	3.82m
7 Scott, Zavier		Glenbrook	3.72m
8 Riddell, Owen		Springwood	3.59m
9 Hahn, Caiden		Blayney	3.54m
10 Rojas, Will		Glenbrook	3.48m
11 Paul, Reuben		Katoomba	3.45m
12 Vachalec, Cooper		Springwood	3.33m
13 Graham, Hugh		Kurrajong Bilpin	3.22m
14 Maloney, Levi		Oberon	3.06m
15 Ryan, Jack		Katoomba	2.85m
16 Benson, Kynan		Katoomba	2.67m
17 Fay, Ethan		Springwood	2.54m

Boys U 11 - Long Jump

Zone: Z 4.90m 31/03/1986 Craig Johnstone, Glenbrook			
Name	Age	Centre	Final
1 Sagovac, Travis		Springwood	4.05m
2 Bryant, Joel		Katoomba	4.01m
3 Knox, Samuel		Blayney	3.92m
4 Driver, Flynn		Springwood	3.79m
5 Loy, Thomas		Katoomba	3.78m
6 Cunliffe, Preston		Kurrajong Bilpin	3.71m
7 Lamond, Parker		Blayney	3.67m
8 Stein, Oliver		Kurrajong Bilpin	3.60m
9 Hopping, Bradley		Blayney	3.40m
10 Billiards, Lachlan		Springwood	3.40m
11 Bew, Noah		Kurrajong Bilpin	3.37m
12 Hendry, Tyler		Kurrajong Bilpin	3.16m
13 Williams, Joshua		Kandos Rylstone	2.99m
14 Carle, Bailey		Kurrajong Bilpin	2.87m
15 Eiler, James		Oberon	2.65m
16 Maloney, Kyran		Oberon	2.65m

Boys U 12 - Long Jump

Zone: Z 5.37m 30/11/2002 Jani Bajramovic, Glenbrook			
Name	Age	Centre	Final
1 Jenkins, Finn		Springwood	4.09m
2 Sinnett, Alex		Kurrajong Bilpin	4.04m
3 Morris, William		Glenbrook	3.96m
4 King, Ryley		Glenbrook	3.96m
5 Hay, Lachlan		Glenbrook	3.95m
6 McGregor, Rory		Springwood	3.66m
7 Tydeman, Zac		Katoomba	3.62m
8 Jennings, Ewan		Katoomba	3.61m
9 Rice, Lachlan		Canowindra	3.43m
10 Bell, Jacob		Glenbrook	3.42m
11 Gardiner, Michael		Glenbrook	3.41m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 12 - Long Jump**

12 Mann, Felix	Springwood	3.41m
13 Wallace, Denzel	Katoomba	3.33m
14 Perry, Byron	Kurrajong Bilpin	3.32m
15 Curtin, Edward	Bathurst & District	3.29m
16 Chevor, Draedyn	Springwood	3.14m

Boys U 13 - Long Jump

=====			
Zone: Z 5.55m 31/03/2002 Sam Rodgers, Emu Plains			
Name	Age	Centre	Final
=====			
1 Lewis, Damon		Katoomba	4.33m
2 Goman, Caleb		Springwood	4.30m
3 Abel, Harry		Kurrajong Bilpin	4.19m
4 Synnott, Benji		Springwood	4.11m
5 Mitchell, Joshua		Springwood	4.08m
6 Duguid, Harry		Canowindra	3.97m
7 Stein, Jett		Kurrajong Bilpin	3.67m

Boys U 14 - Long Jump

=====			
Zone: Z 6.12m 7/12/2003 Michael Cox, Lithgow			
Name	Age	Centre	Final
=====			
1 Clues, Angus		Springwood	6.04m
2 Boss-Walker, Indiana		Oberon	4.50m
3 Pirie, Cody		Kurrajong Bilpin	4.49m
4 McGregor, Bailey		Springwood	4.44m
5 Murphy, Liam		Glenbrook	4.31m
6 Pasfield, Blake		Kurrajong Bilpin	4.30m
7 Brice, Ryan		Kurrajong Bilpin	4.07m
8 King, Billy-James		Kandos Rylstone	3.90m
9 Williams, Jacob		Kandos Rylstone	3.72m
10 Young, Drew		Oberon	2.86m

Boys U 15 - Long Jump

=====			
Zone: Z 6.47m 7/12/2003 Sam Rodgers, Emu Plains			
Name	Age	Centre	Final
=====			
1 Plew, Lachlan		Kurrajong Bilpin	5.64m
2 Jeal, Cooper		Glenbrook	5.43m
3 Dickson, Patrick		Glenbrook	5.04m
4 Hinchliffe, Spencer		Glenbrook	4.59m
5 Jordan, Jason		Katoomba	4.57m
6 Holt, Liam		Springwood	4.48m
7 Blanch, Cooper		Kurrajong Bilpin	4.31m
8 Mumberson, Lachlan		Springwood	4.19m
9 Fraser, Indigo		Katoomba	4.03m
10 Barnes, Riley		Oberon	3.64m

Boys U 17 - Long Jump

=====			
Zone: Z 6.57m 15/12/2018 Zen Clark, Bathurst			
Name	Age	Centre	Final
=====			
1 Buckley, Jordan		Katoomba	5.58m
2 Holt, Mitchell		Springwood	5.45m
3 Traykovski, Elijah		Springwood	5.13m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 17 - Long Jump**

4 Egan, Kobi	Lithgow	5.04m
5 Ferrier, Cameron	Kurrajong Bilpin	4.86m
6 Olney, Lucas	Oberon	4.36m
7 Heslip Morgan, Olias	Katoomba	3.68m

Boys U 11 - Triple Jump

Zone: Z 9.82m 31/03/1980 Shane Stead, Katoomba

Name	Age Centre	Final
1 Sagovac, Travis	Springwood	8.73m
2 Loy, Thomas	Katoomba	8.51m
3 Stein, Oliver	Kurrajong Bilpin	8.08m
4 Andrews, Jaxon	Katoomba	7.88m
5 Howell, Hayden	Katoomba	7.86m
6 Scott, Izaak	Oberon	7.77m
7 Bew, Noah	Kurrajong Bilpin	7.61m
8 Abel, Hunter	Kurrajong Bilpin	7.46m
9 Webber, Ben	Glenbrook	7.26m
10 Billiards, Lachlan	Springwood	7.08m
11 Hamilton, Joshua	Glenbrook	6.55m

Boys U 12 - Triple Jump

Zone: Z 10.66m 29/01/2006 Shane Nicholls, Kurrajong Bi

Name	Age Centre	Final
1 Borgstahl, Kobe	Bathurst & District	9.07m
2 Jenkins, Finn	Springwood	8.49m
3 Sinnett, Alex	Kurrajong Bilpin	8.32m
4 Jayakody, Joseph	Glenbrook	8.32m
5 Morris, William	Glenbrook	8.11m
6 Gardiner, Michael	Glenbrook	7.92m
7 Mann, Felix	Springwood	7.89m
8 Taylor, Levi	Katoomba	7.73m
9 Jackson, Oliver	Glenbrook	7.49m
10 Curtin, Edward	Bathurst & District	7.38m
11 Peterson, Ty	Glenbrook	6.06m

Boys U 13 - Triple Jump

Zone: Z 11.94m 3/12/2006 Shane Nicholls, Kurrajong Bi

Name	Age Centre	Final
1 Abel, Harry	Kurrajong Bilpin	9.79m
2 Darwin, Monty	Glenbrook	9.47m
3 Fiene, Brody	Cowra	8.89m
4 Goman, Caleb	Springwood	8.88m
5 Grady, Thomas	Glenbrook	8.85m
6 Madsen, Jaden	Kurrajong Bilpin	8.58m
7 Driver, Hugh	Springwood	8.10m
8 Stein, Jett	Kurrajong Bilpin	7.50m
9 Cook, Ethan	Springwood	6.65m
10 Wilson, Reilly	Katoomba	6.37m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 14 - Triple Jump**

Zone: Z 12.88m 15/12/2007 Shane Nicholls, Kurrajong Bi			
Name	Age	Centre	Final
1 Clues, Angus		Springwood	12.15m
2 Murphy, Liam		Glenbrook	9.85m
3 Boss-Walker, Indiana		Oberon	9.77m
4 Pasfield, Blake		Kurrajong Bilpin	9.69m
5 Peters, Jonathan		Springwood	7.85m

Boys U 15 - Triple Jump

Zone: Z 13.40m 11/12/2016 Heath Shields, Kurrajong Bil			
Name	Age	Centre	Final
1 Dickson, Patrick		Glenbrook	10.84m
2 Jordan, Jason		Katoomba	9.83m
3 Blanch, Cooper		Kurrajong Bilpin	9.68m
4 Mumberson, Lachlan		Springwood	9.66m
5 Fraser, Indigo		Katoomba	8.94m
6 Barnes, Riley		Oberon	8.51m

Boys U 17 - Triple Jump

Zone: Z 13.63m 26/11/2017 Tully Murphy, Kurrajong Bilp			
Name	Age	Centre	Final
1 Holt, Mitchell		Springwood	11.96m
2 Blanch, Spencer		Kurrajong Bilpin	11.72m
3 Buckley, Jordan		Katoomba	11.27m
4 Ferrier, Cameron		Kurrajong Bilpin	11.09m
5 Traykovski, Elijah		Springwood	11.00m
-- Gleeson, Alec		Springwood	ND

Boys U 7 - Shot Put (1.0 Kg)

Zone: Z 7.89m 31/03/1997 Daniel Rydl-Sharp, Glenbrook			
Name	Age	Centre	Final
1 Driver, Tom		Springwood	5.07m
2 Ashford, Liam		Kandos Rylstone	4.09m
3 Karnjhanacheewa, Teerave		Katoomba	3.80m
4 Ringbauer, Heath		Kurrajong Bilpin	3.77m
5 Lee, Archer		Lithgow	3.40m
6 Giles, Joshua		Kurrajong Bilpin	3.22m
7 Hugo, Jarvis		Katoomba	3.19m
8 Giles, Noah		Kurrajong Bilpin	2.99m
9 Atkinson, Riley		Katoomba	2.49m
10 Webb-Johnson, Manix		Glenbrook	1.72m
-- Butler, Jordan		Glenbrook	ND

Boys U 8 - Shot Put (1.5 Kg)

Zone: Z 7.18m 31/03/1998 J. Johnson, Emu Plains			
Name	Age	Centre	Final
1 Beckett, Kane		Lithgow	5.81m
2 Hicks, James		Springwood	5.01m
3 Godwin, Alexander		Glenbrook	4.66m
4 Bonham, Jacob		Katoomba	4.63m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 8 - Shot Put (1.5 Kg)**

5	Charlesworth, Hunter	Kurrajong Bilpin	4.44m
6	Naumann, Isaac	Katoomba	3.77m
7	Williams, Michael	Kandos Rylstone	2.97m
8	Crichton, Chris	Oberon	2.61m

Boys U 9 - Shot Put (2.0 Kg)

=====			
	Zone: Z 8.12m	31/03/1984	J. Flesch, Springwood
Name	Age	Centre	Final
=====			
1	Uthmeyer, Daniel	Glenbrook	6.81m
2	Pentecost, Douglas	Katoomba	6.71m
3	Simpson, Nathan	Kurrajong Bilpin	5.43m
4	Ritchie, Caleb	Glenbrook	5.36m
5	Lynch, Quentin	Glenbrook	5.04m
6	Snowden, Clinton	Katoomba	5.01m
7	Mills, Bronson	Springwood	4.27m
8	Sander, Kasper	Kandos Rylstone	4.24m
9	Stein, Dylan	Kurrajong Bilpin	4.10m

Boys U 10 - Shot Put (2.0 Kg)

=====			
	Zone: Z 10.78m	16/12/2018	Solomon Meehan, Glenbrook
Name	Age	Centre	Final
=====			
1	Beckett, Dustin	Lithgow	7.74m
2	Fay, Ethan	Springwood	6.31m
3	Rice, Alexander	Canowindra	6.24m
4	Graham, Hugh	Kurrajong Bilpin	6.14m
5	Jacklin, Felix	Springwood	5.60m
6	Hahn, Caiden	Blayney	5.32m
7	Maloney, Levi	Oberon	3.98m

Boys U 11 - Shot Put (2.0 Kg)

=====			
	Zone: Z 10.94m	15/12/2018	Emeric Fuamatu, Lithgow
Name	Age	Centre	Final
=====			
1	Charlesworth, Saxon	Kurrajong Bilpin	9.33m
2	Cloey, Ryan	Glenbrook	9.03m
3	Sander, Oskar	Kandos Rylstone	7.83m
4	Banffy, Ziggy	Katoomba	7.53m
5	Dixon, Byron	Glenbrook	6.64m
6	Carle, Bailey	Kurrajong Bilpin	6.54m
7	Lamond, Parker	Blayney	6.06m
8	Nash, Mitchell	Kurrajong Bilpin	4.99m
9	Kitching, Harry	Glenbrook	4.49m
10	Maloney, Kyran	Oberon	4.21m

Boys U 12 - Shot Put (2.0 Kg)

=====			
	Zone: Z 10.89m	2018	Blake Fittler, Lithgow
Name	Age	Centre	Final
=====			
1	Fuamatu, Emeric	Lithgow	12.85mZ
2	Sinnett, Alex	Kurrajong Bilpin	8.99m
3	Crook, Laken	Lithgow	8.64m
4	Mann, Felix	Springwood	8.51m
5	Dixon, Logan	Glenbrook	8.33m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 12 - Shot Put (2.0 Kg)**

6 Bell, Jacob	Glenbrook	7.89m
7 Hay, Lachlan	Glenbrook	7.83m
8 Rice, Lachlan	Canowindra	7.40m
9 Gardiner, Michael	Glenbrook	7.08m
10 Hale, Xavier	Springwood	5.53m

Boys U 13 - Shot Put (3.0 Kg)

=====			
Zone: Z 14.91m 31/03/1990 M. Wolfenden, Lithgow			
Name	Age Centre		Final
=====			
1 Cook, Ethan	Glenbrook		10.83m
2 Daw, Thomas	Glenbrook		9.55m
3 Fiene, Brody	Cowra		9.02m
4 Darwin, Monty	Glenbrook		8.34m
5 Aynsley-Hahn, Brett	Blayney		7.25m
6 Eiler, Brandon	Oberon		7.00m
7 Sander, Felikss	Kandos Rylstone		6.53m

Boys U 14 - Shot Put (3.0 Kg)

=====			
Zone: Z 14.02m 16/12/2018 Oliver Hinchliffe, Glenbrook			
Name	Age Centre		Final
=====			
1 Clues, Angus	Springwood		15.99mZ
2 Beegan, Felix	Kurrajong Bilpin		9.48m
3 King, Billy-James	Kandos Rylstone		9.43m
4 Williams, Jacob	Kandos Rylstone		8.51m
5 Walters, Leeland	Kurrajong Bilpin		7.18m
6 Charlesworth, Justin	Kurrajong Bilpin		6.92m
7 Young, Drew	Oberon		5.02m

Boys U 15 - Shot Put (4.0 Kg)

=====			
Zone: Z 16.18m 31/03/2001 G. O'Neill, Emu Plains			
Name	Age Centre		Final
=====			
1 Hinchliffe, Oliver	Glenbrook		13.11m
2 McKervey, Aidan	Glenbrook		11.54m
3 McLenaghan, Scott	Springwood		10.18m
4 Hinchliffe, Spencer	Glenbrook		9.26m
5 Stretton, Blake	Springwood		8.56m
6 Holt, Liam	Springwood		7.53m
7 Barnes, Riley	Oberon		6.04m

Boys U 17 - Shot Put (5.0 Kg)

=====			
Zone: Z 14.01m 12/12/2015 Luke Zaurrini, Kurrajong Bil			
Name	Age Centre		Final
=====			
1 Smith, Evan	Bathurst & District		10.80m
2 Nash, Nathan	Springwood		10.56m
3 Boss-Walker, O'Connell	Oberon		10.18m
4 Nicholls, Lachlan	Glenbrook		9.34m
5 Holt, Mitchell	Springwood		9.04m
6 Olney, Lucas	Oberon		6.92m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 7 - Discus (350 Gram)**

Zone: Z 19.40m 14/12/2014 Douglas Peters, Kurrajong Bi			
Name	Age	Centre	Final
1 Driver, Tom		Springwood	13.70m
2 Karnjhanacheewa, Teerave		Katoomba	9.96m
3 Ashford, Liam		Kandos Rylstone	8.85m
4 Lee, Archer		Lithgow	8.46m
5 Webb-Johnson, Manix		Glenbrook	3.06m
-- Hahn, Chase		Blayney	ND

Boys U 8 - Discus (500 Gram)

Zone: Z 24.50m 31/03/1998 Jared Lekkas, Springwood			
Name	Age	Centre	Final
1 Beckett, Kane		Lithgow	15.07m
2 Blattman, Jack		Glenbrook	13.61m
3 Godwin, Alexander		Glenbrook	11.19m
4 Charlesworth, Hunter		Kurrajong Bilpin	10.72m
5 Robinson, Lucas		Glenbrook	9.76m
6 Clines, Tim		Katoomba	9.33m
7 Gauci, Jarvis		Glenbrook	8.98m
8 Pravdacich, Julian		Katoomba	7.52m
-- Napoli, Enzo		Springwood	ND

Boys U 9 - Discus (500 Gram)

Zone: Z 27.48m 31/03/1998 H. Watson, Springwood			
Name	Age	Centre	Final
1 Uthmeyer, Daniel		Glenbrook	19.76m
2 Pentecost, Douglas		Katoomba	18.24m
3 Ritchie, Caleb		Glenbrook	17.22m
4 Snowden, Clinton		Katoomba	14.22m
5 Hamilton, Jayden		Katoomba	13.76m
6 Blundell, Jacob		Bathurst & District	13.28m
7 Simpson, Nathan		Kurrajong Bilpin	13.13m
8 McGregor, Max		Kurrajong Bilpin	12.95m
9 Mills, Bronson		Springwood	11.74m
10 Harris, William		Glenbrook	11.26m
11 Stein, Dylan		Kurrajong Bilpin	11.24m
12 Phelan, Thomas		Canowindra	10.42m
13 Teuma, Axle		Kurrajong Bilpin	8.93m
14 Smith, Rhys		Kurrajong Bilpin	8.54m
15 Perry, Hayden		Kurrajong Bilpin	8.53m
16 Fernando, Samuel		Lithgow	8.06m
-- Sander, Kasper		Kandos Rylstone	ND
-- Chapman, Elliott		Glenbrook	ND

Boys U 10 - Discus (500 Gram)

Zone: Z 33.21m 15/12/2018 Ryan Cloey, Glenbrook			
Name	Age	Centre	Final
1 Rice, Alexander		Canowindra	25.39m
2 Beckett, Dustin		Lithgow	24.58m
3 Lennie, Charlie		Kurrajong Bilpin	18.58m
4 Jacklin, Felix		Springwood	17.58m
5 Gilchrist, Jacob		Springwood	17.19m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 10 - Discus (500 Gram)**

6	Fay, Ethan	Springwood	17.09m
7	Koutsonikolis, Hugo	Glenbrook	15.81m
8	Cooper, Ellis	Oberon	15.19m
9	Robinson, Toby	Lithgow	13.80m
10	Benson, Kynan	Katoomba	8.78m

Boys U 11 - Discus 500 Gram)

Zone: Z 33.52m 16/12/2018 Emeric Fuamatu, Lithgow

Name	Age Centre	Final	
1	Cloey, Ryan	Glenbrook	38.25mZ
2	Scott, Izaak	Oberon	26.28m
3	Godwin, Nicholas	Glenbrook	24.12m
4	Banffy, Ziggy	Katoomba	19.93m
5	Donges, Ethan	Blayney	19.65m
6	Sander, Oskar	Kandos Rylstone	18.96m
7	Nash, Mitchell	Kurrajong Bilpin	17.34m
8	Dixon, Byron	Glenbrook	17.29m
9	Eiler, James	Oberon	15.19m
10	Kitching, Harry	Glenbrook	13.98m
11	Jordan, Adam	Kurrajong Bilpin	13.13m
12	Ebbeling, Benjamin	Springwood	12.39m
13	Carle, Bailey	Kurrajong Bilpin	10.76m
14	Maloney, Kyran	Oberon	10.60m

Boys U 12 - Discus (750 Gram)

Zone: Z 39.26m 31/03/1996 D. Thompson, Emu Plains

Name	Age Centre	Final	
1	Rice, Lachlan	Canowindra	32.99m
2	Fuamatu, Emeric	Lithgow	26.22m
3	Bell, Jacob	Glenbrook	19.96m
4	Crook, Laken	Lithgow	18.79m
5	Mann, Felix	Springwood	18.49m
6	Dixon, Logan	Glenbrook	18.19m
7	Gardiner, Michael	Glenbrook	16.99m
8	Peterson, Ty	Glenbrook	15.59m
9	Hale, Xavier	Springwood	13.71m
10	Smith, Lachlan	Kurrajong Bilpin	13.62m
11	Ramos McNeil, Christian	Springwood	11.98m
12	Chevor, Draedyn	Springwood	9.86m

Boys U 13 - Discus (750 Gram)

Zone: Z 48.59m 15/12/2018 Angus Clues, Springwood

Name	Age Centre	Final	
1	Cook, Ethan	Glenbrook	35.33m
2	Daw, Thomas	Glenbrook	33.08m
3	Fiene, Brody	Cowra	28.76m
4	Aynsley-Hahn, Brett	Blayney	19.44m
5	Driver, Hugh	Springwood	17.36m
6	Eiler, Brandon	Oberon	16.71m
7	Stein, Jett	Kurrajong Bilpin	15.72m
8	Clifton, Lochie	Katoomba	14.69m
9	Sander, Felikss	Kandos Rylstone	13.23m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****Boys U 14 - Discus (1.0 Kg)**

Zone: Z 46.98m 31/03/2002 B. Keat, Emu Plains			
Name	Age	Centre	Final
1 Clues, Angus		Springwood	55.39mZ
2 Rawlings, Max		Kurrajong Bilpin	21.43m
3 King, Billy-James		Kandos Rylstone	21.00m
4 Bell, Darcy		Kurrajong Bilpin	20.34m
5 Williams, Jacob		Kandos Rylstone	17.95m
6 Young, Drew		Oberon	12.93m

Boys U 15 - Discus (1.0 Kg)

Zone: Z 49.16m 31/03/1996 Mitchell Cook, Emu Plains			
Name	Age	Centre	Final
1 Hinchliffe, Oliver		Glenbrook	43.15m
2 McKervey, Aidan		Glenbrook	39.02m
3 Stretton, Blake		Springwood	32.01m
4 McLenaghan, Scott		Springwood	30.55m
5 Jordan, Jason		Katoomba	29.90m
6 Hinchliffe, Spencer		Glenbrook	29.15m
7 Rawlings, John		Kurrajong Bilpin	20.96m
8 Mumberson, Lachlan		Springwood	17.25m
9 Barnes, Riley		Oberon	14.38m

Boys U 17 - Discus (1.5 Kg)

Zone: Z 39.63m 16/12/2018 Nathan Nash, Springwood			
Name	Age	Centre	Final
1 Nash, Nathan		Springwood	34.37m
2 Smith, Evan		Bathurst & District	33.48m
3 Nicholls, Lachlan		Glenbrook	27.42m
4 Hay, Ting		Glenbrook	18.48m

Boys U 11 - Javelin (400 Gram)

Zone: Z 26.82m 26/11/2017 Brody Fiene, Cowra			
Name	Age	Centre	Final
1 Cloey, Ryan		Glenbrook	29.49mZ
2 Charlesworth, Saxon		Kurrajong Bilpin	19.95m
3 Sagovac, Travis		Springwood	18.91m
4 Godwin, Nicholas		Glenbrook	16.22m
5 Dixon, Byron		Glenbrook	12.60m
6 Dunwell, Zachary		Glenbrook	11.99m
7 Sander, Oskar		Kandos Rylstone	11.03m
8 Cronshaw, Cooper		Katoomba	8.66m
9 Jordan, Adam		Kurrajong Bilpin	7.78m

Boys U 12 - Javelin (400 Gram)

Zone: Z 33.64m 26/11/2017 Angus Clues, Springwood			
Name	Age	Centre	Final
1 Morris, William		Glenbrook	25.74m
2 McGregor, Rory		Springwood	24.12m
3 Gardiner, Michael		Glenbrook	23.35m
4 Dixon, Logan		Glenbrook	22.66m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****...Boys U 12 - Javelin (400 Gram)**

5 Jackson, Oliver	Glenbrook	22.08m
6 Jenkins, Finn	Springwood	18.68m
7 Crook, Laken	Lithgow	18.35m
8 Bell, Jacob	Glenbrook	16.32m
9 Perry, Byron	Kurrajong Bilpin	13.51m
10 Chevor, Draedyn	Springwood	12.74m
11 Smith, Lachlan	Kurrajong Bilpin	12.38m
12 Peterson, Ty	Glenbrook	7.59m
-- Kleij, Finn	Katoomba	ND
-- Hale, Xavier	Springwood	ND

Boys U 13 - Javelin (600 Gram)

=====			
Zone: Z 40.95m 3/12/2006 Shane Nicholls, Kurrajong Bi			
Name	Age Centre		Final
=====			
1 Cook, Ethan	Glenbrook		33.31m
2 Daw, Thomas	Glenbrook		31.56m
3 Fiene, Brody	Cowra		24.42m
4 Aynsley-Hahn, Brett	Blayney		22.26m
5 Grady, Thomas	Glenbrook		17.52m
6 Driver, Hugh	Springwood		15.27m
7 Eiler, Brandon	Oberon		12.66m
8 Sander, Felikss	Kandos Rylstone		12.37m
-- Wilson, Reilly	Katoomba		ND

Boys U 14 - Javelin (600 Gram)

=====			
Zone: Z 50.64m 15/12/2007 Shane Nicholls, Kurrajong Bi			
Name	Age Centre		Final
=====			
1 Clues, Angus	Springwood		44.83m
2 Kitching, Joseph	Glenbrook		33.50m
3 Rawlings, Max	Kurrajong Bilpin		28.17m
4 Insch, William	Kurrajong Bilpin		17.75m
5 Charlesworth, Justin	Kurrajong Bilpin		17.44m
6 Young, Drew	Oberon		12.99m
7 Bell, Darcy	Kurrajong Bilpin		4.65m

Boys U 15 - Javelin (700 Gram)

=====			
Zone: Z 49.09m 14/12/2013 Hayden Perry, Glenbrook			
Name	Age Centre		Final
=====			
1 Lucas, Max	Katoomba		28.51m
2 McKervey, Aidan	Glenbrook		26.58m
3 Clines, Trevor	Katoomba		24.85m
4 Traykovski, Jordan	Springwood		20.29m
5 Jordan, Jason	Katoomba		19.24m
6 Rawlings, John	Kurrajong Bilpin		11.25m

Boys U 17 - Javelin (700 Gram)

=====			
Zone: Z 54.37m 16/12/2018 Kane Simmons, Blayney			
Name	Age Centre		Final
=====			
1 Smith, Evan	Bathurst & District		42.29m
2 Nash, Nathan	Springwood		35.65m
3 Kimbel, Liam	Bathurst & District		19.70m

ZONE TRACK & FIELD CHAMPIONSHIPS**LANSW****Results****....Boys U 17 - Javelin (700 Gram)**

4 Ferrier, Cameron	Kurrajong Bilpin	17.90m
5 Capararo, Samuel	Glenbrook	6.01m

Boys U 9 - 700 Metre Walk

Zone: Z 4:26.25 26/11/2017 Jacob Bell, Glenbrook

Name	Age Centre	Final
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Section 1

1 Smith, Rhys	Kurrajong Bilpin	5:37.77
2 Fernando, Sammuel	Lithgow	5:48.88
3 Andrews, Maverick	Katoomba	6:06.36
4 Lynch, Quentin	Glenbrook	6:41.51
-- Smith, Liam	Glenbrook	DQ IAAF Rule 230.78

Boys U 10 - 1100 Metre Walk

Zone: Z 6:30.60 31/03/1998 Brendan Sullohern, Glenbrook

Name	Age Centre	Final
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1 Lennie, Charlie	Kurrajong Bilpin	9:48.73
2 Pender, Hunter	Lithgow	9:49.07

Boys U 11 - 1100 Metre Walk

Zone: Z 5:40.90 31/03/1998 Daniel Buenen, Glenbrook

Name	Age Centre	Final
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1 Charlesworth, Saxon	Kurrajong Bilpin	7:24.28
2 Abel, Hunter	Kurrajong Bilpin	9:12.06
3 Attard, Brady	Kurrajong Bilpin	9:38.22

Boys U 12 - 1500 Metre Walk

Zone: Z 7:14.00 31/03/1995 Omar Khattab, Glenbrook

Name	Age Centre	Final
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1 Sinnett, Alex	Kurrajong Bilpin	9:00.59
2 Bell, Jacob	Glenbrook	9:33.91
3 King, Ryley	Glenbrook	9:55.90
4 Smith, Lachlan	Kurrajong Bilpin	11:27.73
5 Bell, Matthew	Glenbrook	13:19.67
-- Crook, Laken	Lithgow	DQ IAAF Rule 230.78

Boys U 13 - 1500 Metre Walk

Zone: Z 8:20.10 31/03/1990 J. Keyes, Katoomba

Name	Age Centre	Final
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1 Grady, Thomas	Glenbrook	9:32.94
2 Goman, Caleb	Springwood	9:54.23

Boys U 14 - 1500 Metre Walk

Zone: Z 7:51.50 31/03/1991 C. Bryen, Kurrajong Bilpin

Name	Age Centre	Final
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1 Bell, Darcy	Kurrajong Bilpin	9:18.34
2 Murphy, Liam	Glenbrook	9:22.60