

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 8 - 70 Metre Sprint**

Region: R 10.90 1997			
Name	Age	Centre	Heats
Natasha Finlay, Manly Warring			
Heat 1 Heats			
1 Matilda Vial		Manly Warringah	11.60Q
2 Annabelle Cooper		Northern Suburbs	12.24Q
3 Noa Davies		Mosman	12.25Q
4 Kiera Yerbury		Ku-Ring-Gai	12.26q
5 Sarah-Anne Koot		Cherrybrook	12.32q
6 Emily Jackson		Parramatta	12.35
7 Phoebe James		Ku-Ring-Gai	12.51
8 Elise Murray		Parramatta	12.77
Heat 2 Heats			
1 Samara Bond		Cherrybrook	11.76Q
2 Hayley Reynolds		Nth Rocks Carlin	11.81Q
3 Eve Simpson		Manly Warringah	11.90Q
4 Sienna Brett		Ku-Ring-Gai	12.40
5 Grace Heighway		Northern Districts	12.54
6 Molly Lutton		Ryde	12.83
7 Erica Haigh		Cherrybrook	12.95

**Girls U 8 - 70 Metre Sprint**

Region: R 10.90 1997			
Name	Age	Centre	Final
Natasha Finlay, Manly Warring			
Section 1 Final			
1 Matilda Vial		Manly Warringah	11.61
2 Samara Bond		Cherrybrook	11.70
3 Hayley Reynolds		Nth Rocks Carlin	11.85
4 Annabelle Cooper		Northern Suburbs	12.15
5 Eve Simpson		Manly Warringah	12.24
6 Kiera Yerbury		Ku-Ring-Gai	12.28
7 Sarah-Anne Koot		Cherrybrook	12.35
8 Noa Davies		Mosman	12.39

**Girls U 9 - 70 Metre Sprint**

Region: R 10.20 1998			
Name	Age	Centre	Heats
Emily Pollett, Manly Warringa			
Heat 1 Heats			
1 Lara Williams		Manly Warringah	10.74Q
2 Mia Marshall		Northern Suburbs	11.41Q
3 Emily Uslu		Parramatta	11.46Q
4 Lauren Wright		Manly Warringah	11.62q
5 Isabella Hollins		Ryde	11.79
6 Jessica Gocher		Mosman	12.07
7 Jade Henry		Parramatta	12.20
8 Chloe Krklinski		Parramatta	12.36
Heat 2 Heats			
1 Indiana Mace		Manly Warringah	11.08Q
2 Abbey Le Lievre		Northern Districts	11.39Q
3 Jemma Brandon-Cooper		Mosman	11.53Q
4 Sienna Villacorta		Manly Warringah	11.69q
5 Imogen Hungerford		Northern Suburbs	11.75
6 Alicia O'Connor		Ryde	11.76
7 Isabelle Nilon		Nth Rocks Carlin	11.89
8 Penelope Girdis		Mosman	12.16

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 9 - 70 Metre Sprint**

Region: R 10.20 1998 Emily Pollett, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Lara Williams		Manly Warringah	11.00
2 Indiana Mace		Manly Warringah	11.22
3 Mia Marshall		Northern Suburbs	11.60
4 Abbey Le Lievre		Northern Districts	11.63
5 Emily Uslu		Parramatta	11.76
6 Jemma Brandon-Cooper		Mosman	11.81
7 Sienna Villacorta		Manly Warringah	12.09
8 Lauren Wright		Manly Warringah	12.19

**Girls U 10 - 70 Metre Sprint**

Region: R 9.80 2000 Alice Wilson, Ku-ring-gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Emily Crawford		Cherrybrook	10.21Q
2 Olivia Inkster		Manly Warringah	10.38Q
3 Amelia Polley		Parramatta	10.57Q
4 Krystal Weekes		Northern Districts	10.72q
5 Matilda Damian		Northern Suburbs	11.15
6 Megan Edwards		Mosman	11.18
7 Francesca Boardman		Northern Suburbs	11.87
8 Kayla Cook		Northern Suburbs	11.92
Heat 2 Heats			
1 Gabriella Taylor		Manly Warringah	10.23Q
2 Charlotte McDermid		Ku-Ring-Gai	10.81Q
3 Sally Priest		Manly Warringah	10.87Q
4 Marissa Stubbs		Manly Warringah	10.99q
5 Elinor Trevelyan-Jones		Ku-Ring-Gai	11.06
6 Eliza McKenzie		Nth Rocks Carlin	11.23
7 Mikayla Kelleher		Ryde	11.75

**Girls U 10 - 70 Metre Sprint**

Region: R 9.80 2000 Alice Wilson, Ku-ring-gai			
Name	Age	Centre	Final
Section 1 Final			
1 Emily Crawford		Cherrybrook	10.33
2 Gabriella Taylor		Manly Warringah	10.36
3 Olivia Inkster		Manly Warringah	10.61
4 Krystal Weekes		Northern Districts	10.82
5 Amelia Polley		Parramatta	10.98
6 Charlotte McDermid		Ku-Ring-Gai	11.04
7 Sally Priest		Manly Warringah	11.19
8 Marissa Stubbs		Manly Warringah	11.32

**Girls U 8 - 100 Metre Sprint**

Region: R 15.20 2005 Lauren Gilbert, Parramatta			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Eve Simpson		Manly Warringah	16.90Q
2 Azalliyah Jeffery		Parramatta	16.94Q

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****...Girls U 8 - 100 Metre Sprint**

3	Samara Bond	Cherrybrook	16.99Q
4	Madison Mitchell	Hornsby	17.16q
5	Emily Jackson	Parramatta	17.42q
6	Lara Gribbin	Mosman	17.59
7	Isabella Azizi	Ryde	17.60

## Heat 2 Heats

1	Matilda Vial	Manly Warringah	16.45Q
2	Abbie Maley	Ku-Ring-Gai	17.20Q
3	Annabelle Cooper	Northern Suburbs	17.54Q
4	Noa Davies	Mosman	17.85
5	Grace Carden	Northern Suburbs	18.04
6	Phoebe James	Ku-Ring-Gai	18.05
7	Ashlee O'Reilly	Manly Warringah	18.35
8	Olivia Sassen	Parramatta	19.06

**Girls U 8 - 100 Metre Sprint**

=====			
Region: R 15.20 2005		Lauren Gilbert, Parramatta	
Name	Age	Centre	Final
=====			

## Section 1 Final

1	Matilda Vial	Manly Warringah	16.49
2	Eve Simpson	Manly Warringah	17.15
2	Samara Bond	Cherrybrook	17.15
4	Abbie Maley	Ku-Ring-Gai	17.16
5	Azalliyah Jeffery	Parramatta	17.41
6	Annabelle Cooper	Northern Suburbs	17.56
7	Emily Jackson	Parramatta	17.86
8	Madison Mitchell	Hornsby	18.01

**Girls U 9 - 100 Metre Sprint**

=====			
Region: R 14.70 1998		Emily Pollett, Manly Warringah	
Name	Age	Centre	Heats
=====			

## Heat 1 Heats

1	Lara Williams	Manly Warringah	15.50Q
2	Abbey Le Lievre	Northern Districts	16.05Q
3	Tahlia O'Brien	Manly Warringah	16.10Q
4	Mia Marshall	Northern Suburbs	16.61q
5	Tara Webb	Cherrybrook	16.62
6	Alicia O'Connor	Ryde	16.94
7	Zoe Banks	Northern Suburbs	17.54

## Heat 2 Heats

1	Georgia Morgan	Mosman	15.62Q
2	Indiana Mace	Manly Warringah	15.69Q
3	Jemma Brandon-Cooper	Mosman	16.47Q
3	Emily Uslu	Parramatta	16.47Q
5	Bella Prosser	Ryde	16.80
6	Charlotte Farquharson	Mosman	16.99
7	Isabella Hollins	Ryde	17.23

**Girls U 9 - 100 Metre Sprint**

=====			
Region: R 14.70 1998		Emily Pollett, Manly Warringah	
Name	Age	Centre	Final
=====			

## Section 1 Final

1	Lara Williams	Manly Warringah	15.16
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**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 9 - 100 Metre Sprint**

2	Georgia Morgan	Mosman	15.47
3	Indiana Mace	Manly Warringah	15.49
4	Abbey Le Lievre	Northern Districts	16.05
5	Tahlia O'Brien	Manly Warringah	16.30
6	Jemma Brandon-Cooper	Mosman	16.32
7	Emily Uslu	Parramatta	16.56
8	Mia Marshall	Northern Suburbs	16.66

**Girls U 10 - 100 Metre Sprint**

=====			
Region: R 13.70		1991	Rosemary Hayward, Wyong
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Emily Crawford	Cherrybrook	14.37Q
2	Cayla Phillips	Manly Warringah	14.58Q
3	Matilda Damian	Northern Suburbs	15.45Q
4	Brooke Luksic	Parramatta	15.55q
5	Marissa Stubbs	Manly Warringah	15.70q
6	Emily Metcalfe	Ryde	15.74
7	Evie Cook	Northern Suburbs	16.27
8	Amelia Polley	Parramatta	17.67
Heat 2 Heats			
1	Olivia Inkster	Manly Warringah	14.82Q
2	Krystal Weekes	Northern Districts	15.53Q
3	Elinor Trevelyan-Jones	Ku-Ring-Gai	15.73Q
4	Eliza McKenzie	Nth Rocks Carlin	16.07
5	Megan Edwards	Mosman	16.16
6	Gala Vinaroz Rizaldos	Nth Rocks Carlin	16.21
7	Abby Latimer	Mosman	16.32

**Girls U 10 - 100 Metre Sprint**

=====			
Region: R 13.70		1991	Rosemary Hayward, Wyong
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Emily Crawford	Cherrybrook	14.21
2	Cayla Phillips	Manly Warringah	14.48
3	Olivia Inkster	Manly Warringah	14.52
4	Krystal Weekes	Northern Districts	15.24
5	Matilda Damian	Northern Suburbs	15.42
6	Brooke Luksic	Parramatta	15.46
7	Marissa Stubbs	Manly Warringah	15.87
8	Elinor Trevelyan-Jones	Ku-Ring-Gai	16.10

**Girls U 11 - 100 Metre Sprint**

=====			
Region: R 13.40		1992	Rossemary Hayward, Toukley
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Danielle Osifo	Cherrybrook	14.24Q
2	Jessica Maciver	Ku-Ring-Gai	14.60Q
3	Georgia Fichardt	Ku-Ring-Gai	14.79Q
3	Eliza Da Silva	Ryde	14.79Q
5	Ella Johnson	Ku-Ring-Gai	14.96q
6	Adria McAndrew	Ryde	15.47
7	Thea Prasetya	Nth Rocks Carlin	15.58

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 11 - 100 Metre Sprint**

Heat 2 Heats

1	Greta Andrews	Northern Suburbs	14.31Q
2	Ruby Mahendran	Ku-Ring-Gai	14.45Q
3	Alice Dixon	Northern Suburbs	14.84Q
4	Georgia Healy	Northern Suburbs	15.17
5	Grace-Lee Weekes	Northern Districts	15.42
6	Georgia Lafford	Hornsby	15.59
7	Maeve Johnson	Manly Warringah	15.74
8	Jasmine Cochrane	Northern Suburbs	15.94

**Girls U 11 - 100 Metre Sprint**

=====			
Region: R 13.40		1992 Rossemary Hayward, Toukley	
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Greta Andrews	Northern Suburbs	14.51
2	Jessica Maciver	Ku-Ring-Gai	14.58
3	Danielle Osifo	Cherrybrook	14.61
4	Ruby Mahendran	Ku-Ring-Gai	14.88
5	Alice Dixon	Northern Suburbs	15.03
6	Eliza Da Silva	Ryde	J15.03
7	Georgia Fichardt	Ku-Ring-Gai	15.08
8	Ella Johnson	Ku-Ring-Gai	15.32

**Girls U 12 - 100 Metre Sprint**

=====			
Region: R 12.40		2005 Annaliese Gardiner, Ku-ring-g	
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Scarlette Prowse	Cherrybrook	13.95Q
2	Elysha Cramer	Northern Suburbs	14.40Q
3	Tahlia Foye	Parramatta	14.52Q
4	Aleisha Jeremy	Manly Warringah	14.85q
5	Sophie McDonald	Hornsby	15.20
6	Emma Polley	Parramatta	15.27
7	Sophie Borsovszky	Nth Rocks Carlin	15.92
Heat 2 Heats			
1	Hana Grasse	Manly Warringah	14.06Q
2	Hayley Reynolds	Northern Suburbs	14.60Q
3	Jana Docdoc	Ryde	14.64Q
4	Eleanor Partridge	Ryde	14.85q
5	Jessica Smith	Manly Warringah	14.91
6	Katie Hooper	Mosman	15.16
7	Abby Feurtado	Ku-Ring-Gai	15.17

**Girls U 12 - 100 Metre Sprint**

=====			
Region: R 12.40		2005 Annaliese Gardiner, Ku-ring-g	
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Hana Grasse	Manly Warringah	13.67
2	Scarlette Prowse	Cherrybrook	13.75
3	Elysha Cramer	Northern Suburbs	14.16
4	Hayley Reynolds	Northern Suburbs	14.36
5	Tahlia Foye	Parramatta	14.40
6	Eleanor Partridge	Ryde	14.50

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 12 - 100 Metre Sprint**

7	Jana Docdoc	Ryde	14.56
8	Aleisha Jeremy	Manly Warringah	14.60

**Girls U 13 - 100 Metre Sprint**

Region: R 12.30 2005 Jordan Lumley, Northern Distri			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Mia Hemsworth	Ku-Ring-Gai	13.41Q
2	Maddie Owen	Manly Warringah	13.61Q
3	Eleanor Lamperts	Cherrybrook	13.96Q
4	Lara Halmarick	Ryde	14.36
5	Amie Bowrey	Cherrybrook	14.45
6	Jasmine Bonomi	Manly Warringah	14.49
7	Sophie Schell	Northern Suburbs	14.70
Heat 2 Heats			
1	Olivia Wrightson	Manly Warringah	13.27Q
2	Kyra Atherton	Manly Warringah	13.72Q
3	Cydelle Brady	Manly Warringah	13.78Q
4	Maya Challoner	Northern Suburbs	13.87q
5	Nicolette D'Onofrio	Northern Suburbs	13.98q
6	Celeste Edmunds	Cherrybrook	14.26
7	Olivia Bird	Mosman	14.32
8	Ava Vosper	Nth Rocks Carlin	14.93

**Girls U 13 - 100 Metre Sprint**

Region: R 12.30 2005 Jordan Lumley, Northern Distri			
Name	Age	Centre	Final
Section 1 Final			
1	Olivia Wrightson	Manly Warringah	13.16
2	Mia Hemsworth	Ku-Ring-Gai	13.35
3	Maddie Owen	Manly Warringah	13.54
4	Nicolette D'Onofrio	Northern Suburbs	13.78
5	Eleanor Lamperts	Cherrybrook	13.88
6	Maya Challoner	Northern Suburbs	13.88
7	Kyra Atherton	Manly Warringah	13.94
8	Cydelle Brady	Manly Warringah	13.97

**Girls U 14 - 100 Metre Sprint**

Region: R 12.10 2005 Sarah Thompson, Cherrybrook			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Briedelia Wiggins	Manly Warringah	13.17Q
2	Imogen Breslin	Ku-Ring-Gai	13.72Q
3	Amber Rose Belot	Manly Warringah	13.88Q
4	Ella Hirst	Cherrybrook	14.18
Heat 2 Heats			
1	Taylor-Lee Marconi	Parramatta	13.32Q
2	Kiera Simula	Ryde	13.68Q
3	Tea Lisle	Manly Warringah	13.74Q
4	Kandy Lee	Manly Warringah	13.78q
5	Alanna Fisher	Northern Suburbs	13.93q
6	Emma Hann	Northern Districts	14.22
7	Rachel Ingram	Cherrybrook	14.40

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 14 - 100 Metre Sprint**

Region: R 12.10 2005 Sarah Thompson, Cherrybrook			
Name	Age	Centre	Final
Section 1 Final			
1 Briedelia Wiggins		Manly Warringah	13.14
2 Taylor-Lee Marconi		Parramatta	13.27
3 Kiera Simula		Ryde	13.72
4 Tea Lisle		Manly Warringah	13.85
5 Kandy Lee		Manly Warringah	13.87
6 Alanna Fisher		Northern Suburbs	13.95
7 Amber Rose Belot		Manly Warringah	14.02
8 Imogen Breslin		Ku-Ring-Gai	14.06

**Girls U 15 - 100 Metre Sprint**

Region: R 12.10 1991 R Massey, Ryde AA			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Rowena Craker		Manly Warringah	13.21Q
2 Sami Perrin		Manly Warringah	13.58Q
3 Kelsey Cooper-Phillis		Ryde	13.63Q
4 Gabriella Chan		Northern Districts	13.91q
5 Amy Court		Ryde	13.95q
6 Katherine Tejcek		Northern Districts	14.76
Heat 2 Heats			
1 Katie Devitt		Cherrybrook	12.86Q
2 Emma Smith		Ryde	13.72Q
2 Bronte Perrin		Manly Warringah	13.72Q
4 Josephine Ritchie		Manly Warringah	14.05
5 Kate Milne		Nth Rocks Carlin	14.14
6 Brooke Matheson		Ryde	14.18

**Girls U 15 - 100 Metre Sprint**

Region: R 12.10 1991 R Massey, Ryde AA			
Name	Age	Centre	Final
Section 1 Final			
1 Katie Devitt		Cherrybrook	13.17
2 Rowena Craker		Manly Warringah	13.43
3 Sami Perrin		Manly Warringah	13.84
4 Kelsey Cooper-Phillis		Ryde	13.91
5 Emma Smith		Ryde	14.13
6 Bronte Perrin		Manly Warringah	14.16
7 Gabriella Chan		Northern Districts	14.26
8 Amy Court		Ryde	14.29

**Girls U 17 - 100 Metre Sprint**

Region: R 12.50 21/02/2009 Michelle Jenneke, Cherrybrook			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Carla Takchi		Cherrybrook	12.74Q
2 Ava Walker Charles		Manly Warringah	13.51Q
3 Venus Parfait		Nth Rocks Carlin	13.87Q
4 Laura Welch		Manly Warringah	14.13q
5 Elizabeth Scott		Manly Warringah	14.15q

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 17 - 100 Metre Sprint**

6 Farah Farajpour	Manly Warringah	15.08
Heat 2 Heats		
1 Alice Falconer	Northern Suburbs	13.47Q
2 Lia Marti	Manly Warringah	13.53Q
3 Emma Welch	Manly Warringah	14.00Q
4 Jasmin Borsovszky	Nth Rocks Carlin	14.54

**Girls U 17 - 100 Metre Sprint**

=====		
Region: R 12.50 21/02/2009 Michelle Jenneke, Cherrybrook		
Name	Age Centre	Final
=====		
Section 1 Final		
1 Carla Takchi	Cherrybrook	12.59
2 Alice Falconer	Northern Suburbs	13.40
3 Ava Walker Charles	Manly Warringah	13.44
4 Lia Marti	Manly Warringah	13.64
5 Venus Parfait	Nth Rocks Carlin	13.90
6 Emma Welch	Manly Warringah	14.19
7 Laura Welch	Manly Warringah	14.28
8 Elizabeth Scott	Manly Warringah	14.29

**Girls U 8 - 200 Metre Sprint**

=====		
Region: R 31.50 1997 Emily Pollett, Manly Warringah		
Name	Age Centre	Heats
=====		
Heat 1 Heats		
1 Azalliyah Jeffery	Parramatta	35.12Q
2 Hayley Reynolds	Nth Rocks Carlin	35.80Q
3 Madison Mitchell	Hornsby	36.42Q
4 Lucy Scholtens	Manly Warringah	36.44q
5 Chloe Dunne	Manly Warringah	36.63q
6 Bridgette Chan	Northern Districts	36.71
7 Izabella Ziolkowski	Ku-Ring-Gai	38.40
8 Annika Lee	Northern Suburbs	39.30
Heat 2 Heats		
1 Eve Simpson	Manly Warringah	35.89Q
2 Annabelle Cooper	Northern Suburbs	36.71Q
3 Noa Davies	Mosman	37.47Q
4 Eve Rothwell	Northern Suburbs	37.68
5 Abby Moore	Ku-Ring-Gai	38.83
6 Olivia Sassen	Parramatta	39.59
7 Emilia Massaro	Northern Suburbs	40.36

**Girls U 8 - 200 Metre Sprint**

=====		
Region: R 31.50 1997 Emily Pollett, Manly Warringah		
Name	Age Centre	Final
=====		
Section 1 Final		
1 Eve Simpson	Manly Warringah	35.50
2 Hayley Reynolds	Nth Rocks Carlin	35.72
3 Azalliyah Jeffery	Parramatta	35.78
4 Noa Davies	Mosman	36.95
5 Lucy Scholtens	Manly Warringah	37.01
6 Chloe Dunne	Manly Warringah	37.09
7 Madison Mitchell	Hornsby	37.47
8 Annabelle Cooper	Northern Suburbs	38.21



**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 9 - 200 Metre Sprint**

=====  
 Region: R 30.30 22/02/2009 Mikayla Mestoussis, Ryde  
 Name Age Centre Heats  
 =====

## Heat 1 Heats

1	Eva Bates	Ku-Ring-Gai	32.35Q
2	Abbey Le Lievre	Northern Districts	34.03Q
3	Jessica Gocher	Mosman	35.13Q
4	Bella Prosser	Ryde	35.19q
5	Imogen Hungerford	Northern Suburbs	35.61q
6	Erica Chou	Ryde	36.50

## Heat 2 Heats

1	Lara Williams	Manly Warringah	33.81Q
2	Tyla Christie	Manly Warringah	34.22Q
3	Jemma Brandon-Cooper	Mosman	34.46Q
4	Sienna Villacorta	Manly Warringah	35.73
5	Alicia O'Connor	Ryde	35.75
6	Carys Gibbons Maurer	Manly Warringah	35.82
7	Aliana Moala	Ryde	36.11
8	Nicole McCrostie	Cherrybrook	36.20

**Girls U 9 - 200 Metre Sprint**

=====  
 Region: R 30.30 22/02/2009 Mikayla Mestoussis, Ryde  
 Name Age Centre Final  
 =====

## Section 1 Final

1	Lara Williams	Manly Warringah	30.96
2	Eva Bates	Ku-Ring-Gai	31.85
3	Tyla Christie	Manly Warringah	33.36
4	Abbey Le Lievre	Northern Districts	33.47
5	Jemma Brandon-Cooper	Mosman	33.63
6	Bella Prosser	Ryde	34.63
7	Imogen Hungerford	Northern Suburbs	35.55
8	Jessica Gocher	Mosman	35.71

**Girls U 10 - 200 Metre Sprint**

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 Region: R 28.40 1991 Rosemary Hayward, Wyong  
 Name Age Centre Heats  
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## Heat 1 Heats

1	Cayla Phillips	Manly Warringah	30.56Q
2	Emily Crawford	Cherrybrook	31.20Q
3	Sienna Bond	Cherrybrook	31.38Q
4	Sally Priest	Manly Warringah	32.78
5	Eliza McKenzie	Nth Rocks Carlin	33.52
6	Evie Cook	Northern Suburbs	34.16
7	Elinor Trevelyan-Jones	Ku-Ring-Gai	35.05

## Heat 2 Heats

1	Olivia Inkster	Manly Warringah	29.50Q
2	Gabriella Taylor	Manly Warringah	29.78Q
3	Brianna Worsfold	Ku-Ring-Gai	30.20Q
4	Lily Tilt	Nth Rocks Carlin	31.04q
5	Brooke Luksic	Parramatta	31.87q
6	Tessa Johnston	Cherrybrook	33.51
7	Felicity Stewart	Ku-Ring-Gai	33.72
8	Lucy Corke	Hornsby	34.91

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 10 - 200 Metre Sprint**

Region: R 28.40 1991 Rosemary Hayward, Wyong			
Name	Age	Centre	Final
Section 1 Final			
1 Brianna Worsfold		Ku-Ring-Gai	29.53
2 Olivia Inkster		Manly Warringah	29.78
3 Cayla Phillips		Manly Warringah	29.80
4 Emily Crawford		Cherrybrook	J29.80
5 Gabriella Taylor		Manly Warringah	29.94
6 Sienna Bond		Cherrybrook	30.39
7 Lily Tilt		Nth Rocks Carlin	31.39
8 Brooke Luksic		Parramatta	32.14

**Girls U 11 - 200 Metre Sprint**

Region: R 27.50 1992 Rosemary Hayward, Toukley			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jessica Maciver		Ku-Ring-Gai	30.20Q
2 Greta Andrews		Northern Suburbs	30.45Q
3 Ella Johnson		Ku-Ring-Gai	30.72Q
4 Sofia Saroukos		Northern Suburbs	32.02
5 Annika Lynch		Northern Suburbs	32.06
6 Georgia Lafford		Hornsby	32.68
7 Adria McAndrew		Ryde	32.90
Heat 2 Heats			
1 Samantha Ramsden		Ku-Ring-Gai	29.60Q
2 Alice Dixon		Northern Suburbs	30.26Q
3 Eliza Da Silva		Ryde	31.01Q
4 Claudia Valletta		Manly Warringah	31.07q
5 Georgia Fichardt		Ku-Ring-Gai	31.32q
6 Kahli Johnson		Manly Warringah	31.72
7 Thea Prasetya		Nth Rocks Carlin	32.00
8 Emily Gathercole		Nth Rocks Carlin	32.47

**Girls U 11 - 200 Metre Sprint**

Region: R 27.50 1992 Rosemary Hayward, Toukley			
Name	Age	Centre	Final
Section 1 Final			
1 Greta Andrews		Northern Suburbs	29.16
2 Samantha Ramsden		Ku-Ring-Gai	29.33
3 Alice Dixon		Northern Suburbs	29.59
4 Jessica Maciver		Ku-Ring-Gai	29.74
5 Ella Johnson		Ku-Ring-Gai	30.39
6 Claudia Valletta		Manly Warringah	30.71
7 Eliza Da Silva		Ryde	30.85
8 Georgia Fichardt		Ku-Ring-Gai	30.98

**Girls U 12 - 200 Metre Sprint**

Region: R 26.30 2005 Karlie Morton, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Hana Grasse		Manly Warringah	28.39Q
2 Elysha Cramer		Northern Suburbs	29.40Q

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 12 - 200 Metre Sprint**

3	Lea Gassmann	Northern Suburbs	30.19Q
4	Jessica Smith	Manly Warringah	30.32
5	Monique Batten	Ku-Ring-Gai	30.84
6	Emma O'Reilly	Manly Warringah	31.13
7	Sofia Georgescu	Cherrybrook	31.72
8	Hayley Reynolds	Northern Suburbs	38.05

## Heat 2 Heats

1	Scarlette Prowse	Cherrybrook	28.38Q
2	Jasmin Guthrie	Northern Districts	28.96Q
3	Isabella Guthrie	Northern Districts	29.36Q
4	Gemma Bratton	Northern Suburbs	29.43q
5	Eleanor Partridge	Ryde	29.91q
6	Abby Feurtado	Ku-Ring-Gai	30.48

**Girls U 12 - 200 Metre Sprint**

=====			
Region:	R 26.30	2005	Karlie Morton, Manly Warringah
Name		Age Centre	Final
=====			

## Section 1 Final

1	Scarlette Prowse	Cherrybrook	28.18
2	Hana Grasse	Manly Warringah	28.25
3	Jasmin Guthrie	Northern Districts	28.47
4	Elysha Cramer	Northern Suburbs	29.21
5	Isabella Guthrie	Northern Districts	29.49
6	Gemma Bratton	Northern Suburbs	29.56
7	Lea Gassmann	Northern Suburbs	29.96
8	Eleanor Partridge	Ryde	29.97

**Girls U 13 - 200 Metre Sprint**

=====			
Region:	R 25.80	1994	Rosemary Hayward, Toukley
Name		Age Centre	Heats
=====			

## Heat 1 Heats

1	Tayanita Robertson	Manly Warringah	27.50Q
2	Kyra Atherton	Manly Warringah	28.06Q
3	Mia Hemsworth	Ku-Ring-Gai	28.07Q
4	Celeste Edmunds	Cherrybrook	29.16q
5	Lauren West	Northern Districts	29.40
6	Sophie Schell	Northern Suburbs	30.48
7	Lauren Brown	Northern Suburbs	30.73
8	Gabriella Richmond	Northern Suburbs	30.96

## Heat 2 Heats

1	Olivia Wrightson	Manly Warringah	27.44Q
2	Nicolette D'Onofrio	Northern Suburbs	28.45Q
3	Eleanor Lamperts	Cherrybrook	28.60Q
4	Maya Challoner	Northern Suburbs	28.61q
5	Maddie Owen	Manly Warringah	29.39
6	Olivia Bird	Mosman	29.45
7	Jasmine Bonomi	Manly Warringah	29.58
8	Tina Huang	Nth Rocks Carlin	32.01

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 13 - 200 Metre Sprint**

Region: R 25.80 1994 Rosemary Hayward, Toukley			
Name	Age	Centre	Final
Section 1 Final			
1 Olivia Wrightson		Manly Warringah	26.89
2 Tayanita Robertson		Manly Warringah	27.17
3 Mia Hemsworth		Ku-Ring-Gai	27.31
4 Kyra Atherton		Manly Warringah	27.93
5 Eleanor Lamperts		Cherrybrook	28.11
6 Celeste Edmunds		Cherrybrook	28.68
7 Nicolette D'Onofrio		Northern Suburbs	28.69
8 Maya Challoner		Northern Suburbs	29.07

**Girls U 14 - 200 Metre Sprint**

Region: R 24.60 1995 Rosemary Hayward, Toukley			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Briedelia Wiggins		Manly Warringah	26.95Q
2 Amber Rose Belot		Manly Warringah	28.37Q
3 Alanna Fisher		Northern Suburbs	28.85Q
4 Eve Timms		Cherrybrook	29.45q
5 Claudia Douglas-Robertso		Manly Warringah	29.51
6 Miranda Laurence		Mosman	32.41
Heat 2 Heats			
1 Kate Collett		Cherrybrook	27.96Q
2 Hannah Tall		Ryde	28.22Q
3 Tea Lisle		Manly Warringah	28.24Q
4 Kandy Lee		Manly Warringah	28.45q

**Girls U 14 - 200 Metre Sprint**

Region: R 24.60 1995 Rosemary Hayward, Toukley			
Name	Age	Centre	Final
Section 1 Final			
1 Briedelia Wiggins		Manly Warringah	26.85
2 Kate Collett		Cherrybrook	27.89
3 Hannah Tall		Ryde	28.10
4 Kandy Lee		Manly Warringah	28.18
5 Amber Rose Belot		Manly Warringah	28.40
6 Alanna Fisher		Northern Suburbs	28.41
7 Tea Lisle		Manly Warringah	28.73

**Girls U 15 - 200 Metre Sprint**

Region: R 25.20 1998 Jana Pittman, Parramatta			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Katie Devitt		Cherrybrook	26.71Q
2 Rowena Craker		Manly Warringah	26.75Q
3 Amy Court		Ryde	28.30Q
4 Kelsey Cooper-Phillis		Ryde	28.35q
Heat 2 Heats			
1 Kristie Edwards		Manly Warringah	27.46Q
2 Emma Smith		Ryde	27.66Q
3 Isabelle Ronksley		Manly Warringah	28.31Q

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 15 - 200 Metre Sprint**

4	Kate Johnstone	Hornsby	29.13q
5	Kate Milne	Nth Rocks Carlin	30.30

**Girls U 15 - 200 Metre Sprint**

=====			
Region: R 25.20		1998	Jana Pittman, Parramatta
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Katie Devitt	Cherrybrook	26.35
2	Kristie Edwards	Manly Warringah	26.37
3	Rowena Craker	Manly Warringah	26.45
4	Emma Smith	Ryde	27.53
5	Isabelle Ronksley	Manly Warringah	27.56
6	Kelsey Cooper-Phillis	Ryde	28.22
7	Amy Court	Ryde	28.39
8	Kate Johnstone	Hornsby	29.33

**Girls U 17 - 200 Metre Sprint**

=====			
Region: R 25.30		16/02/2014	Ruby Ritchie, Manly Warringah
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Lia Marti	Manly Warringah	27.61Q
2	Nicola Bowtell	Ryde	27.64Q
3	Jaslyn Setiadji	Northern Districts	28.30Q
4	Venus Parfait	Nth Rocks Carlin	28.72q
Heat 2 Heats			
1	Ava Walker Charles	Manly Warringah	28.02Q
2	Alice Falconer	Northern Suburbs	28.41Q
3	Tara Kissick	Northern Districts	29.00Q
4	Elizabeth Scott	Manly Warringah	29.49q
5	Farah Farajpour	Manly Warringah	31.20

**Girls U 17 - 200 Metre Sprint**

=====			
Region: R 25.30		16/02/2014	Ruby Ritchie, Manly Warringah
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Ava Walker Charles	Manly Warringah	27.62
2	Lia Marti	Manly Warringah	27.79
3	Nicola Bowtell	Ryde	28.07
4	Alice Falconer	Northern Suburbs	28.47
5	Venus Parfait	Nth Rocks Carlin	28.59
6	Tara Kissick	Northern Districts	28.64
7	Jaslyn Setiadji	Northern Districts	28.79
8	Elizabeth Scott	Manly Warringah	29.91

**Girls U 8 - 400 Metre Sprint**

=====			
Region: R 1:13.90		2002	Courtney Cross, Hornsby Dis
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Kiera Yerbury	Ku-Ring-Gai	1:20.20Q
2	Sarah Baker	Northern Suburbs	1:21.36Q
3	Ashlee O'Reilly	Manly Warringah	1:23.80Q

**REGION TRACK & FIELD CHAMPIONSHIPS**

**Results**

**....Girls U 8 - 400 Metre Sprint**

4 Emilie Stevens	Northern Districts	1:26.99q
5 Madison Mitchell	Hornsby	1:27.72
6 Olivia Sassen	Parramatta	1:30.22
7 Georgia Phillips	Ryde	1:33.81
8 Hayley O'Neill	Nth Rocks Carlin	1:35.23

Heat 2 Heats

1 Amber Halliday	Manly Warringah	1:19.84Q
2 Georgia Rae	Manly Warringah	1:22.03Q
3 Eve Rothwell	Northern Suburbs	1:23.17Q
4 Teagan Jones	Ku-Ring-Gai	1:23.43q
5 Abigail Johnstone	Hornsby	1:27.92
6 Emilia Massaro	Northern Suburbs	1:28.76
7 April Howison	Ryde	1:30.54
8 Charlotte Gathercole	Nth Rocks Carlin	1:30.96

**Girls U 8 - 400 Metre Sprint**

=====  
 Region: R 1:13.90 2002 Courtney Cross, Hornsby Dis  
 Name Age Centre Final  
 =====

Section 1 Final

1 Amber Halliday	Manly Warringah	1:17.48
2 Kiera Yerbury	Ku-Ring-Gai	1:18.53
3 Sarah Baker	Northern Suburbs	1:19.93
4 Georgia Rae	Manly Warringah	1:22.57
5 Ashlee O'Reilly	Manly Warringah	1:24.14
6 Eve Rothwell	Northern Suburbs	1:25.37
7 Teagan Jones	Ku-Ring-Gai	1:26.83
8 Emilie Stevens	Northern Districts	1:28.94

**Girls U 9 - 400 Metre Sprint**

=====  
 Region: R 1:09.63 15/02/2014 Brianna Worsfold, Ku-Ring-G  
 Name Age Centre Heats  
 =====

Heat 1 Heats

1 Eva Bates	Ku-Ring-Gai	1:15.54Q
2 Jessica Gocher	Mosman	1:16.53Q
3 Alyssa Medved	Manly Warringah	1:18.42Q
4 Jessica Walton	Northern Districts	1:20.80
5 Sophia Archer	Northern Suburbs	1:22.31
6 Tara Webb	Cherrybrook	1:23.41
7 Elysha Pawsey	Ryde	1:35.47

Heat 2 Heats

1 Georgia Morgan	Mosman	1:15.03Q
2 Lara Williams	Manly Warringah	1:15.35Q
3 Evie Todd	Northern Districts	1:16.68Q
4 Sierra Timms	Cherrybrook	1:18.11q
5 Elise Couper	Manly Warringah	1:18.70q
6 Bella Prosser	Ryde	1:22.48
7 Jacqueline Kerr	Ryde	1:28.62

**Girls U 9 - 400 Metre Sprint**

=====  
 Region: R 1:09.63 15/02/2014 Brianna Worsfold, Ku-Ring-G  
 Name Age Centre Final  
 =====

Section 1 Final

1 Lara Williams	Manly Warringah	1:10.73
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**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 9 - 400 Metre Sprint**

2	Eva Bates	Ku-Ring-Gai	1:11.77
3	Georgia Morgan	Mosman	1:13.63
4	Jessica Gocher	Mosman	1:16.17
5	Alyssa Medved	Manly Warringah	1:16.66
6	Jessica Walton	Northern Districts	1:18.11
7	Evie Todd	Northern Districts	1:18.56
8	Elise Couper	Manly Warringah	1:21.23

**Girls U 10 - 400 Metre Sprint**

=====			
Region: R 1:05.60		1991	Rosemary Hayward, Wyong
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Sienna Bond	Cherrybrook	1:12.64Q
2	Cayla Phillips	Manly Warringah	1:12.66Q
3	Sally Priest	Manly Warringah	1:13.20Q
4	Melissa Blume	Parramatta	1:15.07q
5	Alexandra Sinclair	Manly Warringah	1:15.38
6	Eliza McKenzie	Nth Rocks Carlin	1:17.16
7	Holly Wickham	Mosman	1:18.92
8	Amelia Rae	Manly Warringah	1:19.05
Heat 2 Heats			
1	Brianna Worsfold	Ku-Ring-Gai	1:11.88Q
2	Lily Tilt	Nth Rocks Carlin	1:12.86Q
3	Kristen Cook	Ku-Ring-Gai	1:14.37Q
4	Emma Thomas	Parramatta	1:14.63q
5	Tessa Johnston	Cherrybrook	1:15.94
6	Emma Ridley	Northern Suburbs	1:16.93
7	Felicity Stewart	Ku-Ring-Gai	1:23.32
8	Jesse Hartmann	Ryde	1:28.29

**Girls U 10 - 400 Metre Sprint**

=====			
Region: R 1:05.60		1991	Rosemary Hayward, Wyong
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Cayla Phillips	Manly Warringah	1:07.56
2	Brianna Worsfold	Ku-Ring-Gai	1:07.60
3	Sienna Bond	Cherrybrook	1:10.01
4	Lily Tilt	Nth Rocks Carlin	1:10.48
5	Kristen Cook	Ku-Ring-Gai	1:11.23
6	Sally Priest	Manly Warringah	1:12.97
7	Emma Thomas	Parramatta	1:14.92
8	Melissa Blume	Parramatta	1:20.46

**Girls U 11 - 400 Metre Sprint**

=====			
Region: R 1:01.90		17/02/2008	Sara Marshall, Gosford
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Claudia Valletta	Manly Warringah	1:11.22Q
2	Emma Kirkland	Mosman	1:12.87Q
3	Sienna Morison	Manly Warringah	1:13.35Q
4	Ruby Quoyle	Northern Suburbs	1:16.18q
5	Rachel Penny	Ku-Ring-Gai	1:19.24
6	Anastasia Lakic	Ryde	1:21.90

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 11 - 400 Metre Sprint**

7 Caitlin Rodriguez	Parramatta	1:23.23
Heat 2 Heats		
1 Kahli Johnson	Manly Warringah	1:11.40Q
2 Nicola Hogg	Mosman	1:11.95Q
3 Hannah Mathews	Nth Rocks Carlin	1:13.23Q
4 Jaz Todd	Northern Districts	1:14.34q
5 Jud Hijazi	Cherrybrook	1:16.96
6 Angela Asikin	Northern Suburbs	1:21.84

**Girls U 11 - 400 Metre Sprint**

Region: R 1:01.90 17/02/2008 Sara Marshall, Gosford			
Name	Age	Centre	Final
Section 1 Final			
1 Kahli Johnson		Manly Warringah	1:08.30
2 Claudia Valletta		Manly Warringah	1:08.58
3 Nicola Hogg		Mosman	1:09.47
4 Emma Kirkland		Mosman	1:12.09
5 Sienna Morison		Manly Warringah	1:14.38
6 Hannah Mathews		Nth Rocks Carlin	1:14.49
7 Jaz Todd		Northern Districts	1:15.13
8 Ruby Quoyle		Northern Suburbs	1:16.22

**Girls U 12 - 400 Metre Sprint**

Region: R 1:01.30 1993 Rosemary Hayward, Toukley			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Emma O'Reilly		Manly Warringah	1:07.04Q
2 Isabella Guthrie		Northern Districts	1:07.24Q
3 Ciara Sinclair		Manly Warringah	1:07.78Q
4 Olivia Attrill		Northern Suburbs	1:08.63q
5 Rebecca Terry		Northern Suburbs	1:09.15
6 Haley Mills		Parramatta	1:10.70
Heat 2 Heats			
1 Gemma Bratton		Northern Suburbs	1:03.85Q
2 Jasmin Guthrie		Northern Districts	1:04.15Q
3 Evita Dickson		Manly Warringah	1:07.24Q
4 Portia Amy-Wilson		Ryde	1:07.39q
5 Eleanor Partridge		Ryde	1:09.73
6 Kora Villa		Northern Suburbs	1:10.38
7 Jatali Brown		Manly Warringah	1:12.14
8 Lara Woollett		Hornsby	1:13.25

**Girls U 12 - 400 Metre Sprint**

Region: R 1:01.30 1993 Rosemary Hayward, Toukley			
Name	Age	Centre	Final
Section 1 Final			
1 Jasmin Guthrie		Northern Districts	1:02.86
2 Gemma Bratton		Northern Suburbs	1:04.00
3 Isabella Guthrie		Northern Districts	1:05.06
4 Evita Dickson		Manly Warringah	1:06.00
5 Ciara Sinclair		Manly Warringah	1:06.64
6 Emma O'Reilly		Manly Warringah	1:06.69
7 Portia Amy-Wilson		Ryde	1:09.21



**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 12 - 400 Metre Sprint**

8 Eleanor Partridge	Ryde	1:12.52
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**Girls U 13 - 400 Metre Sprint**

Region: R 58.60 1994 Rosemary Hayward, Toukley			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Jacinta Metcalf		Manly Warringah	1:03.75Q
2 Amy Polikowski		Manly Warringah	1:05.30Q
3 Jessica Smillie		Cherrybrook	1:07.23Q
4 Louisa Scott		Manly Warringah	1:07.58
5 Lauren Brown		Northern Suburbs	1:08.80
6 Brooke Niccol		Hornsby	1:09.20
7 Celeste Edmunds		Cherrybrook	1:11.74
Heat 2 Heats			
1 Kyra Atherton		Manly Warringah	1:03.45Q
2 Isabella Rudolph		Cherrybrook	1:05.09Q
3 Zoe Warland		Hornsby	1:06.04Q
4 Sally Guthrie		Northern Suburbs	1:06.70q
5 Gabriella Richmond		Northern Suburbs	1:07.42q
6 Amy Bonthorne		Ku-Ring-Gai	1:07.57
7 Eleanor Plummer		Ryde	1:12.02

**Girls U 13 - 400 Metre Sprint**

Region: R 58.60 1994 Rosemary Hayward, Toukley			
Name	Age	Centre	Final
Section 1 Final			
1 Kyra Atherton		Manly Warringah	1:02.79
2 Jacinta Metcalf		Manly Warringah	1:03.28
3 Isabella Rudolph		Cherrybrook	1:04.35
4 Amy Polikowski		Manly Warringah	1:04.74
5 Zoe Warland		Hornsby	1:05.29
6 Sally Guthrie		Northern Suburbs	1:06.69
7 Gabriella Richmond		Northern Suburbs	1:07.39
8 Jessica Smillie		Cherrybrook	1:08.27

**Girls U 14 - 400 Metre Sprint**

Region: R 56.20 1995 Rosemary Hayward, Toukley			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Sophie Hunter		Ryde	1:03.35Q
2 Jemma Gallagher		Northern Districts	1:04.31Q
3 Kate Collett		Cherrybrook	1:06.29Q
4 Amelia Berthold		Ku-Ring-Gai	1:09.73
Heat 2 Heats			
1 Helena De Gruchy		Manly Warringah	1:01.20Q
2 Brienna Mathieson		Manly Warringah	1:04.07Q
3 Brooke East		Northern Suburbs	1:06.09Q
4 Anika Rooney		Northern Suburbs	1:06.81q
5 Claudia Douglas-Robertso		Manly Warringah	1:08.09q

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 14 - 400 Metre Sprint**

Region: R 56.20 1995 Rosemary Hayward, Toukley			
Name	Age	Centre	Final
Section 1 Final			
1 Helena De Gruchy		Manly Warringah	59.98
2 Sophie Hunter		Ryde	1:03.19
3 Kate Collett		Cherrybrook	1:03.64
4 Jemma Gallagher		Northern Districts	1:05.44
5 Brienna Mathieson		Manly Warringah	1:05.92
6 Brooke East		Northern Suburbs	1:07.21
7 Anika Rooney		Northern Suburbs	1:08.09
8 Claudia Douglas-Robertso		Manly Warringah	1:09.06

**Girls U 15 - 400 Metre Sprint**

Region: R 55.60 1996 Rosemary Hayward, Toukley			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Isabelle Ronksley		Manly Warringah	1:02.45Q
2 Kelsey Cooper-Phillis		Ryde	1:03.26Q
3 Kate Johnstone		Hornsby	1:04.65Q
4 Molly Quoyle		Northern Suburbs	1:04.82
5 Bronte Perrin		Manly Warringah	1:06.56
6 Katherine Tejcek		Northern Districts	1:13.26
Heat 2 Heats			
1 Rowena Craker		Manly Warringah	1:00.20Q
2 Claudia Mee		Mosman	1:02.58Q
3 Zoe Latham		Ryde	1:03.22Q
4 Lauryn Walker		Northern Suburbs	1:03.41q
5 Emma Dixon		Northern Suburbs	1:04.07q
6 Maia Leadbetter		Hornsby	1:09.76

**Girls U 15 - 400 Metre Sprint**

Region: R 55.60 1996 Rosemary Hayward, Toukley			
Name	Age	Centre	Final
Section 1 Final			
1 Rowena Craker		Manly Warringah	1:00.05
2 Isabelle Ronksley		Manly Warringah	1:01.67
3 Lauryn Walker		Northern Suburbs	1:02.51
4 Claudia Mee		Mosman	1:03.08
5 Zoe Latham		Ryde	1:03.40
6 Emma Dixon		Northern Suburbs	1:04.37
7 Kelsey Cooper-Phillis		Ryde	1:05.17
8 Kate Johnstone		Hornsby	1:06.70

**Girls U 17 - 400 Metre Sprint**

Region: R 58.47 18/02/2012 Rachel Horwood, Nth Rocks Car			
Name	Age	Centre	Final
Section 1			
1 Nicola Bowtell		Ryde	1:01.26
2 Tessa Constantine		Manly Warringah	1:01.78
3 Alison Colgan		Manly Warringah	1:05.54
4 Emily Jones		Cherrybrook	1:07.40
5 Emma Longworth		Nth Rocks Carlin	1:08.43

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 17 - 400 Metre Sprint**

6 Jasmin Borsovszky	Nth Rocks Carlin	1:11.96
7 Sarah Travis	Nth Rocks Carlin	1:13.72
8 Claire Higginson	Ryde	1:13.81

**Girls U 9 - 800 Metre Run**

Region: R 2:34.80 20/02/2011 Abbey Rockliff, Ku-ring-gai			
Name	Age	Centre	Final
1 Jessica Gocher		Mosman	2:43.62
2 Sierra Timms		Cherrybrook	2:49.09
3 Sophia Archer		Northern Suburbs	2:49.28
4 Evie Todd		Northern Districts	2:51.86
5 Alyssa Medved		Manly Warringah	2:55.38
6 Keeley Holmes		Manly Warringah	2:56.33
7 Elise Couper		Manly Warringah	2:58.84
8 Ellie Beck		Ku-Ring-Gai	2:59.95
9 Ingrid Kingsmill		Northern Suburbs	3:00.19
10 Krishani Coffin		Ryde	3:08.33
11 Bella Kachel		Hornsby	3:08.84
12 Opal Bird		Mosman	3:10.30
13 Caitlin Blackburn		Ku-Ring-Gai	3:10.79
14 Bella Prosser		Ryde	3:11.06

**Girls U 10 - 800 Metre Run**

Region: R 2:27.26 19/02/2012 Abbey Rockliff, Ku-ring-gai			
Name	Age	Centre	Final
1 Kristen Cook		Ku-Ring-Gai	2:38.52
2 Emily Smith		Manly Warringah	2:42.34
3 Chelsea Smyth		Manly Warringah	2:43.83
4 Sophie Kavanagh		Nth Rocks Carlin	2:48.36
5 Holly Wickham		Mosman	2:49.26
6 Samantha Hardingham		Northern Suburbs	2:50.00
7 Arabella Price		Nth Rocks Carlin	2:51.48
8 Emma Thomas		Parramatta	2:52.00
9 Emma Ridley		Northern Suburbs	2:52.43
10 Alexandra Sinclair		Manly Warringah	2:56.25
11 Melissa Blume		Parramatta	2:58.00
12 Emilia Rawstorne		Mosman	2:59.71
13 Scarlett Davies		Manly Warringah	3:00.65
14 Georgia Spanswick		Ku-Ring-Gai	3:02.05
15 Molly Mcgrath		Ku-Ring-Gai	3:08.37

**Girls U 11 - 800 Metre Run**

Region: R 2:26.06 17/02/2013 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
1 Nicola Hogg		Mosman	2:29.46
2 Jessica Bird		Ku-Ring-Gai	2:30.10
3 Georgia Arcus		Ryde	2:40.74
4 Emma Kirkland		Mosman	2:42.10
5 Kayla Kimball		Manly Warringah	2:44.75
6 Charlotte Curran		Ku-Ring-Gai	2:46.45
7 Emily Gathercole		Nth Rocks Carlin	2:48.55
8 Jaz Todd		Northern Districts	2:52.04
9 Sienna Morison		Manly Warringah	2:53.72

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****...Girls U 11 - 800 Metre Run**

10	Ruby Quoyle	Northern Suburbs	2:56.70
11	Arienna Grebert	Cherrybrook	2:58.22
12	Milena Visser	Cherrybrook	3:02.13
13	Astrid Osborn	Manly Warringah	3:04.28
14	Caitlin Roach	Parramatta	3:32.34

**Girls U 12 - 800 Metre Run**

=====			
Region: R 2:21.69 16/02/2014 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
1	Emma Mahon	Manly Warringah	2:30.91
2	Ciara Sinclair	Manly Warringah	2:33.07
3	Emma O'Reilly	Manly Warringah	2:34.03
4	Hannah Cerezo	Northern Suburbs	2:34.78
5	Emily Gocher	Mosman	2:36.98
6	Gemma Bratton	Northern Suburbs	2:38.59
7	Olivia Rooney	Northern Suburbs	2:39.68
8	Haley Mills	Parramatta	2:40.18
9	Rebecca Terry	Northern Suburbs	2:44.31
10	Mackenzie Davie	Manly Warringah	2:45.94
11	Kirsten Frykberg	Cherrybrook	2:48.61
12	Bethany Easton	Hornsby	2:50.37
13	Georgina Hopper	Mosman	2:50.59
14	Freya Roberts	Hornsby	2:50.80

**Girls U 13 - 800 Metre Run**

=====			
Region: R 2:18.40 19/02/2006 Janine Liversage, Hills Dis			
Name	Age	Centre	Final
=====			
1	Alicia John	Parramatta	2:24.83
2	Jacinta Metcalf	Manly Warringah	2:26.80
3	Indianna Marshall-Witte	Manly Warringah	2:28.36
4	Ashlie Edwards	Manly Warringah	2:28.93
5	Imogen Gardiner	Northern Suburbs	2:30.44
6	Sally Guthrie	Northern Suburbs	2:30.79
7	Olivia Hogg	Mosman	2:31.81
8	Charlotte North	Ku-Ring-Gai	2:32.02
9	Jessica Smillie	Cherrybrook	2:33.78
10	Bridget Smith	Manly Warringah	2:39.35
11	Brooke Niccol	Hornsby	2:40.72
12	Amy Bonthorne	Ku-Ring-Gai	2:41.80
13	Angelica Gordon	Manly Warringah	2:42.72
14	Gabriella Richmond	Northern Suburbs	2:53.33

**Girls U 14 - 800 Metre Run**

=====			
Region: R 2:15.79 16/02/2014 Catherine Miller, Ku-Ring-G			
Name	Age	Centre	Final
=====			
1	Eliza Harvey	Nth Rocks Carlin	2:18.41
2	Sophie Gocher	Mosman	2:25.85
3	Jemma Gallagher	Northern Districts	2:26.35
4	Hannah Tall	Ryde	2:27.37
5	Jessica Weidenhofer	Manly Warringah	2:33.80
6	Astrid Kingsmill	Northern Suburbs	2:36.55
7	Anika Rooney	Northern Suburbs	2:37.21
8	Eve Timms	Cherrybrook	2:44.35

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 14 - 800 Metre Run**

9	Marica Huxtable	Northern Suburbs	2:46.74
10	Belinda Scott	Ku-Ring-Gai	2:55.00
11	Alanna Manfredini	Mosman	3:04.25

**Girls U 15 - 800 Metre Run**

=====			
Region: R 2:10.90 22/02/2009 Jenny Blundell, Cherrybrook			
Name	Age	Centre	Final
=====			
1	Claudia Mee	Mosman	2:26.32
2	Mikayla Hopper	Mosman	2:28.17
3	Molly Quoyle	Northern Suburbs	2:33.12
4	Siena Gordon	Manly Warringah	2:35.26
5	Kara Blackley	Manly Warringah	2:37.26
6	Hannah Johns	Northern Suburbs	2:45.92
7	Aimee Carter	Manly Warringah	2:49.06
8	Madison Murray	Hornsby	2:50.79

**Girls U 17 - 800 Metre Run**

=====			
Region: R 2:15.00 28/02/2010 Jenny Blundell, Cherrybrook			
Name	Age	Centre	Final
=====			
1	Elly Gallagher	Northern Districts	2:20.51
2	Nikita Spalvins	Mosman	2:24.56
3	Alison Colgan	Manly Warringah	2:29.73
4	Nicola Bowtell	Ryde	2:30.09
5	Natasha Salisbury	Ku-Ring-Gai	2:33.06
6	Jordyn Hess	Manly Warringah	2:35.59
7	Emma Longworth	Nth Rocks Carlin	2:40.57

**Girls U 10 - 1500 Metre Run**

=====			
Region: R 4:56.90 18/02/2012 Abbey Rockliff, Ku-ring-gai			
Name	Age	Centre	Final
=====			
1	Holly Wickham	Mosman	5:37.83
2	Arabella Price	Nth Rocks Carlin	5:38.25
3	Emma Thomas	Parramatta	5:39.64
4	Chelsea Smyth	Manly Warringah	5:39.84
5	Kristen Cook	Ku-Ring-Gai	5:45.60
6	Samantha Hardingham	Northern Suburbs	5:46.93
7	Sofia Massaro	Northern Suburbs	6:02.05
8	Emma Ridley	Northern Suburbs	6:06.31
9	Zara Halliday	Manly Warringah	6:12.02
10	Samantha Jones	Northern Districts	6:12.41
11	Lilli Krawitz	Mosman	6:14.13
12	Annabel Hutcheson	Northern Suburbs	6:15.42
13	Molly Mcgrath	Ku-Ring-Gai	6:18.02
14	Alexandra Sinclair	Manly Warringah	6:18.71
15	Lara Granelli	Parramatta	6:23.58
16	Abbey Melville	Manly Warringah	6:48.62

**Girls U 11 - 1500 Metre Run**

=====			
Region: R 4:54.70 2005 Jenny Blundell, Cherrybrook			
Name	Age	Centre	Final
=====			
1	Nicola Hogg	Mosman	5:05.58

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****...Girls U 11 - 1500 Metre Run**

2	Jessica Bird	Ku-Ring-Gai	5:09.11
3	Georgia Arcus	Ryde	5:28.94
4	Charlotte Curran	Ku-Ring-Gai	5:38.91
5	Emma Kirkland	Mosman	5:41.16
6	Kayla Kimball	Manly Warringah	5:50.64
7	April Shepherd	Northern Districts	5:54.82
8	Milena Visser	Cherrybrook	5:55.67
9	Rachel Penny	Ku-Ring-Gai	5:56.70
10	Arienna Grebert	Cherrybrook	5:57.62
11	Olivia Tommerap	Manly Warringah	6:00.78
12	Astrid Osborn	Manly Warringah	6:01.59
13	Emily Gathercole	Nth Rocks Carlin	6:02.69
14	Anastasia Lakic	Ryde	6:03.68
15	Zara Warland	Hornsby	6:11.66
16	Skye Grosvenor	Nth Rocks Carlin	6:13.55

**Girls U 12 - 1500 Metre Run**

=====			
Region: R 4:40.94 15/02/2014 Abbey Rockliff, Ku-Ring-Gai			
Name	Age	Centre	Final
=====			
1	Emma Mahon	Manly Warringah	5:12.66
2	Emily Gocher	Mosman	5:17.67
3	Olivia Rooney	Northern Suburbs	5:22.36
4	Hannah Cerezo	Northern Suburbs	5:24.64
5	Haley Mills	Parramatta	5:27.23
6	Alana Kavanagh	Nth Rocks Carlin	5:30.53
7	Sophie Boland	Ryde	5:50.11
8	Mackenzie Davie	Manly Warringah	5:53.05
9	Samantha Guthrie	Northern Suburbs	6:01.53
10	Alexandra York	Northern Suburbs	6:07.23
11	Jatali Brown	Manly Warringah	6:10.51
12	Bethany Easton	Hornsby	6:14.91
13	Kiera Maxwell	Hornsby	6:18.36
14	Kiana Vardy	Ku-Ring-Gai	6:23.24

**Girls U 13 - 1500 Metre Run**

=====			
Region: R 4:48.90 17/02/2007 Jenny Blundell, Cherrybrook			
Name	Age	Centre	Final
=====			
1	Abbey Rockliff	Ku-Ring-Gai	4:37.70R
2	Ashlie Edwards	Manly Warringah	5:03.37
3	Alicia John	Parramatta	5:03.73
4	Indianna Marshall-Witte	Manly Warringah	5:06.49
5	Olivia Hogg	Mosman	5:08.40
6	Jessica Smillie	Cherrybrook	5:17.40
7	Imogen Gardiner	Northern Suburbs	5:22.04
8	Charlotte North	Ku-Ring-Gai	5:27.50
9	Sally Guthrie	Northern Suburbs	5:32.09
10	Bridget Smith	Manly Warringah	5:50.10
11	Justine Wallis	Cherrybrook	5:56.05
12	Angelica Gordon	Manly Warringah	6:00.80

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 14 - 1500 Metre Run**

Region: R 4:37.14 15/02/2014 Catherine Miller, Ku-Ring-G			
Name	Age	Centre	Final
1 Eliza Harvey		Nth Rocks Carlin	4:55.29
2 Sophie Gocher		Mosman	5:02.51
3 Jemma Gallagher		Northern Districts	5:03.35
4 Astrid Kingsmill		Northern Suburbs	5:16.76
5 Samantha Brown		Parramatta	5:24.48
6 Anika Rooney		Northern Suburbs	5:29.03
7 Eleanor Lidbetter		Hornsby	5:59.92
8 Marica Huxtable		Northern Suburbs	6:09.80
9 Kate Watson		Northern Suburbs	6:12.74

**Girls U 15 - 1500 Metre Run**

Region: R 4:38.31 16/02/2013 Emily Hopper, MOSMAN			
Name	Age	Centre	Final
1 Leah McDonald		Parramatta	5:04.01
2 Mikayla Hopper		Mosman	5:19.63
3 Hannah Johns		Northern Suburbs	5:44.97
4 Grace Hanks		Manly Warringah	5:56.41
5 Aimee Carter		Manly Warringah	6:08.07

**Girls U 17 - 1500 Metre Run**

Region: R 4:42.90 18/02/2012 Kate Spencer, Ryde			
Name	Age	Centre	Final
1 Elly Gallagher		Northern Districts	4:51.34
2 Nikita Spalvins		Mosman	4:56.97
3 Eloise Doherty		Northern Suburbs	5:02.45
4 Alison Colgan		Manly Warringah	5:29.87
5 Jordyn Hess		Manly Warringah	5:43.34
6 Emma Longworth		Nth Rocks Carlin	5:50.91
7 Emily Jones		Cherrybrook	6:04.81

**Girls U 13 - 3000 Metre Run**

Region: R 10:30.00 18/02/2012 Gabby Mastroianni, Mosman			
Name	Age	Centre	Final
1 Abbey Rockliff		Ku-Ring-Gai	9:58.99R
2 Olivia Hogg		Mosman	11:15.90
3 Alicia John		Parramatta	11:23.90
4 Jessica Smillie		Cherrybrook	12:19.30

**Girls U 14 - 3000 Metre Run**

Region: R 10:35.60 2001 Bree Crawford, Manly Warri			
Name	Age	Centre	Final
1 Sophie Gocher		Mosman	10:56.20
2 Jemma Gallagher		Northern Districts	11:13.13
3 Samantha Brown		Parramatta	11:22.56
4 Astrid Kingsmill		Northern Suburbs	11:30.27

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 15 - 3000 Metre Run**

Region: R 10:31.70 28/02/2010 Kate Spencer, Ryde			
Name	Age	Centre	Final
1 Leah McDonald		Parramatta	10:31.56R
2 Hannah Johns		Northern Suburbs	12:09.19

**Girls U 17 - 3000 Metre Run**

Region: R 10:19.10 18/02/2012 Kate Spencer, Ryde			
Name	Age	Centre	Final
1 Elly Gallagher		Northern Districts	10:34.47
2 Nikita Spalvins		Mosman	10:57.31
3 Jasmyn Mc Donald		Parramatta	11:52.15
4 Jessica Cunningham		Nth Rocks Carlin	12:21.03
5 Jordyn Hess		Manly Warringah	12:38.86
6 Emily Jones		Cherrybrook	13:03.23

**Girls U 8 - 60 Metre Hurdles (45 cm)**

Region: R 10.90 1994 Bree Donnelly, Manly Warringah			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Azalliyah Jeffery		Parramatta	11.88Q
2 Hayley Reynolds		Nth Rocks Carlin	12.03Q
3 Isabella Azizi		Ryde	12.28Q
4 Chloe Dunne		Manly Warringah	12.31q
5 Noa Davies		Mosman	12.44
6 Amber Halliday		Manly Warringah	12.75
7 Sophie Cribb		Hornsby	13.34
8 Hayley O'Neill		Nth Rocks Carlin	13.49
Heat 2 Heats			
1 Annabelle Cooper		Northern Suburbs	12.01Q
2 Samara Bond		Cherrybrook	12.11Q
3 Lucy Scholtens		Manly Warringah	12.19Q
4 Emily Jackson		Parramatta	12.23q
5 Catrine Atherton		Manly Warringah	12.44
6 Emilie Stevens		Northern Districts	13.24
7 Madeleine Caspers		Northern Suburbs	13.85

**Girls U 8 - 60 Metre Hurdles (45 cm)**

Region: R 10.90 1994 Bree Donnelly, Manly Warringah			
Name	Age	Centre	Final
Section 1 Final			
1 Azalliyah Jeffery		Parramatta	11.94
2 Annabelle Cooper		Northern Suburbs	11.96
3 Lucy Scholtens		Manly Warringah	12.01
4 Hayley Reynolds		Nth Rocks Carlin	12.05
5 Samara Bond		Cherrybrook	12.07
6 Emily Jackson		Parramatta	12.11
7 Chloe Dunne		Manly Warringah	12.34
8 Isabella Azizi		Ryde	12.55



**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 9 - 60 Metre Hurdles (45 cm)**

Region: R 10.20 1995 A Hamilton, Northern Suburbs			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Keeley Holmes		Manly Warringah	11.30Q
2 Chanelle Maikhael		Parramatta	11.63Q
3 Mia Marshall		Northern Suburbs	11.72Q
4 Talia Kupceric		Manly Warringah	11.83q
5 Phoebe Riley		Ku-Ring-Gai	11.93
6 Caitlin Blackburn		Ku-Ring-Gai	12.04
7 Isabella Hollins		Ryde	12.19
8 Amelia Barr		Northern Suburbs	12.78
Heat 2 Heats			
1 Emily Uslu		Parramatta	11.26Q
2 Elise Wallace		Manly Warringah	11.46Q
3 Tyla Christie		Manly Warringah	11.49Q
4 Georgia Morgan		Mosman	11.72q
5 Tara Webb		Cherrybrook	11.99
6 Isabelle Nilon		Nth Rocks Carlin	12.01
7 Sarah Passafaro		Northern Districts	12.04
8 Catherine D'Heureux		Ryde	12.60

**Girls U 9 - 60 Metre Hurdles (45 cm)**

Region: R 10.20 1995 A Hamilton, Northern Suburbs			
Name	Age	Centre	Final
Section 1 Final			
1 Emily Uslu		Parramatta	11.02
2 Tyla Christie		Manly Warringah	11.19
3 Keeley Holmes		Manly Warringah	11.25
4 Elise Wallace		Manly Warringah	11.29
5 Mia Marshall		Northern Suburbs	11.48
6 Georgia Morgan		Mosman	11.52
7 Talia Kupceric		Manly Warringah	11.76
8 Chanelle Maikhael		Parramatta	28.70

**Girls U 10 - 60 Metre Hurdles (60 cm)**

Region: R 10.00 27/02/2010 Tiana Jaber, Kings Langley			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Sienna Bond		Cherrybrook	10.56Q
2 Brianna Worsfold		Ku-Ring-Gai	11.46Q
3 Lily Tilt		Nth Rocks Carlin	11.62Q
4 Samantha Hardingham		Northern Suburbs	12.54
5 Zara Ostryn		Manly Warringah	12.95
5 Mikayla Kelleher		Ryde	12.95
Heat 2 Heats			
1 Emily Smith		Manly Warringah	10.41Q
1 Emily Crawford		Cherrybrook	10.41Q
3 Emily Moraitis		Northern Suburbs	12.17Q
4 Charlotte McDermid		Ku-Ring-Gai	12.19q
5 Amelia Rae		Manly Warringah	12.33q
6 Sophie Kavanagh		Nth Rocks Carlin	12.62
7 Marissa Stubbs		Manly Warringah	12.92

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 10 - 60 Metre Hurdles (60 cm)**

Region: R 10.00 27/02/2010 Tiana Jaber, Kings Langley			
Name	Age	Centre	Final
Section 1 Final			
1	Sienna Bond	Cherrybrook	10.31
2	Emily Crawford	Cherrybrook	10.43
3	Emily Smith	Manly Warringah	10.70
4	Brianna Worsfold	Ku-Ring-Gai	11.45
5	Lily Tilt	Nth Rocks Carlin	11.50
6	Charlotte McDermid	Ku-Ring-Gai	11.91
7	Emily Moraitis	Northern Suburbs	11.98
8	Amelia Rae	Manly Warringah	12.39

**Girls U 11 - 60 Metre Hurdles (60 cm)**

Region: R 9.60 1998 A Kerr, Winston Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Samantha Ramsden	Ku-Ring-Gai	10.35Q
2	Annika Lynch	Northern Suburbs	10.65Q
3	Grace-Lee Weekes	Northern Districts	11.76Q
4	Emily Gathercole	Nth Rocks Carlin	11.84
5	Angela Asikin	Northern Suburbs	11.94
6	Anastasia Lakic	Ryde	13.22
7	Caitlin Rodriguez	Parramatta	13.71
Heat 2 Heats			
1	Ruby Mahendran	Ku-Ring-Gai	10.01Q
2	Georgia Healy	Northern Suburbs	10.04Q
3	Danielle Osifo	Cherrybrook	11.09Q
4	Lara Stevens	Hornsby	11.19q
5	Caitlin Fletcher	Ku-Ring-Gai	11.49q
6	Ellena Vozzo	Northern Suburbs	12.66

**Girls U 11 - 60 Metre Hurdles (60 cm)**

Region: R 9.60 1998 A Kerr, Winston Hills			
Name	Age	Centre	Final
Section 1 Final			
1	Ruby Mahendran	Ku-Ring-Gai	9.87
2	Georgia Healy	Northern Suburbs	10.05
3	Samantha Ramsden	Ku-Ring-Gai	10.17
4	Annika Lynch	Northern Suburbs	10.39
5	Danielle Osifo	Cherrybrook	10.81
6	Lara Stevens	Hornsby	11.18
7	Caitlin Fletcher	Ku-Ring-Gai	11.53
8	Grace-Lee Weekes	Northern Districts	11.55

**Girls U 12 - 60 Metre Hurdles (68 cm)**

Region: R 9.10 2005 Annaliese Gardiner, Ku-ring-g			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Hayley Reynolds	Northern Suburbs	10.40Q
2	Emily Rowell	Manly Warringah	11.06Q
3	Ella Koster	Ku-Ring-Gai	11.10Q
4	Lara Woollett	Hornsby	11.19q

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 12 - 60 Metre Hurdles (68 cm)**

5	Rebecca Davies	Ku-Ring-Gai	11.42q
6	Evita Dickson	Manly Warringah	11.83
7	Jana Docdoc	Ryde	12.12
8	Emma Polley	Parramatta	14.63

## Heat 2 Heats

1	Alyssa Lowe	Ryde	10.85Q
2	Alannah Green	Mosman	10.88Q
3	Freya Carley	Manly Warringah	11.00Q
4	Aela Morrison	Northern Suburbs	11.60
5	Kristina Dang	Parramatta	11.68
6	Tess Rickard	Northern Suburbs	11.85

**Girls U 12 - 60 Metre Hurdles (68 cm)**

=====			
Region:	R 9.10	2005	Annaliese Gardiner, Ku-ring-g
Name		Age Centre	Final
=====			

## Section 1 Final

1	Hayley Reynolds	Northern Suburbs	10.44
2	Alyssa Lowe	Ryde	10.67
3	Alannah Green	Mosman	10.86
4	Freya Carley	Manly Warringah	10.91
5	Ella Koster	Ku-Ring-Gai	11.08
6	Emily Rowell	Manly Warringah	11.19
7	Lara Woollett	Hornsby	11.41
8	Rebecca Davies	Ku-Ring-Gai	11.79

**Girls U 13 - 80 Metre Hurdles (76 cm)**

=====			
Region:	R 12.60	19/02/2006	Annaliese Gardiner, Ku-ring-g
Name		Age Centre	Heats
=====			

## Heat 1 Heats

1	Julia Vignes	Hornsby	12.84Q
2	Olivia Wrightson	Manly Warringah	13.28Q
3	Zoe Warland	Hornsby	13.45Q
4	Amie Bowrey	Cherrybrook	13.66q
5	Celeste Edmunds	Cherrybrook	15.21
6	Lara Halmarick	Ryde	15.55
7	Ashlie Edwards	Manly Warringah	15.58
8	Lucy Gullotta	Northern Suburbs	17.91

## Heat 2 Heats

1	Mia Hemsworth	Ku-Ring-Gai	R 12.42Q
2	Nicolette D'Onofrio	Northern Suburbs	13.49Q
3	Nicola Markley	Manly Warringah	13.87Q
4	Isabel McCarthy	Northern Suburbs	14.20q
5	Gabriella Richmond	Northern Suburbs	14.48
6	Samantha Davis	Northern Suburbs	15.14

**Girls U 13 - 80 Metre Hurdles (76 cm)**

=====			
Region:	R 12.60	19/02/2006	Annaliese Gardiner, Ku-ring-g
Name		Age Centre	Final
=====			

## Section 1 Final

1	Mia Hemsworth	Ku-Ring-Gai	12.26R
2	Julia Vignes	Hornsby	12.74
3	Olivia Wrightson	Manly Warringah	13.15
4	Nicolette D'Onofrio	Northern Suburbs	13.20

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 13 - 80 Metre Hurdles (76 cm)**

5	Zoe Warland	Hornsby	13.41
6	Amie Bowrey	Cherrybrook	13.52
7	Nicola Markley	Manly Warringah	14.05
8	Isabel McCarthy	Northern Suburbs	14.09

**Girls U 14 - 80 Metre Hurdles (76 cm)**

Region: R 12.20 2002 Marissa Ward, Northern Suburb			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Imogen Breslin	Ku-Ring-Gai	12.51Q
2	Brooke East	Northern Suburbs	13.66Q
3	Ella Hirst	Cherrybrook	13.73Q
4	Kate Collett	Cherrybrook	14.11q
5	Brittney Hartley	Hornsby	15.26
6	Meg O'Shea	Manly Warringah	17.17
Heat 2 Heats			
1	Emily Britton	Ku-Ring-Gai	12.92Q
2	Helena De Gruchy	Manly Warringah	13.73Q
3	Georgie Jaques	Manly Warringah	13.95Q
4	Jessica Weidenhofer	Manly Warringah	14.02q
5	Junyi Fang	Ryde	14.33
6	Rachel Ingram	Cherrybrook	14.91
7	Alanna Manfredini	Mosman	19.37

**Girls U 14 - 80 Metre Hurdles (76 cm)**

Region: R 12.20 2002 Marissa Ward, Northern Suburb			
Name	Age	Centre	Final
Section 1 Final			
1	Imogen Breslin	Ku-Ring-Gai	12.50
2	Emily Britton	Ku-Ring-Gai	12.53
3	Brooke East	Northern Suburbs	13.27
4	Helena De Gruchy	Manly Warringah	13.42
5	Georgie Jaques	Manly Warringah	13.43
6	Ella Hirst	Cherrybrook	13.49
7	Jessica Weidenhofer	Manly Warringah	13.83
8	Kate Collett	Cherrybrook	13.97

**Girls U 15 - 90 Metre Hurdles (76 cm)**

Region: R 12.90 28/02/2010 Melissa Farrington, Northern			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Lauren Moses	Manly Warringah	14.53Q
2	Georgina Davey	Hornsby	14.76Q
3	Brooke Matheson	Ryde	15.69Q
4	Chloe Davis	Ryde	15.83q
Heat 2 Heats			
1	Mallory Bassett	Hornsby	14.61Q
2	Kristina Moore	Cherrybrook	15.37Q
3	Lauryn Walker	Northern Suburbs	15.46Q
4	Cherie Pan	Ryde	16.72q
5	Sami Perrin	Manly Warringah	17.13

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 15 - 90 Metre Hurdles (76 cm)**

Region: R 12.90 28/02/2010 Melissa Farrington, Northern			
Name	Age	Centre	Final
Section 1 Final			
1	Lauren Moses	Manly Warringah	14.00
2	Georgina Davey	Hornsby	14.02
3	Mallory Bassett	Hornsby	14.16
4	Lauryn Walker	Northern Suburbs	14.59
5	Brooke Matheson	Ryde	14.98
6	Kristina Moore	Cherrybrook	15.11
7	Chloe Davis	Ryde	16.09
8	Cherie Pan	Ryde	16.31

**Girls U 17 - 100 Metre Hurdles (76 cm)**

Region: R 14.00 19/02/2012 Melissa Farrington, Northern			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Jaslyn Setiadji	Northern Districts	16.26Q
2	Elizabeth Scott	Manly Warringah	17.35Q
3	Laura Welch	Manly Warringah	17.75Q
4	Nicola Bowtell	Ryde	18.27q
5	Jasmin Borsovszky	Nth Rocks Carlin	19.37
6	Sarah Travis	Nth Rocks Carlin	20.41
Heat 2 Heats			
1	Carla Takchi	Cherrybrook	14.55Q
2	Tara Kissick	Northern Districts	16.45Q
3	Samantha Bowden	Northern Suburbs	16.65Q
4	Giselle Collins	Northern Suburbs	18.48q
5	Farah Farajpour	Manly Warringah	20.48

**Girls U 17 - 100 Metre Hurdles (76 cm)**

Region: R 14.00 19/02/2012 Melissa Farrington, Northern			
Name	Age	Centre	Final
Section 1 Final			
1	Carla Takchi	Cherrybrook	14.28
2	Jaslyn Setiadji	Northern Districts	15.78
3	Tara Kissick	Northern Districts	15.85
4	Samantha Bowden	Northern Suburbs	16.54
5	Laura Welch	Manly Warringah	16.89
6	Elizabeth Scott	Manly Warringah	17.51
7	Nicola Bowtell	Ryde	17.62
8	Giselle Collins	Northern Suburbs	18.02

**Girls U 13 - 200 Metre Hurdles (68 cm)**

Region: R 28.00 1991 B Smith, Winston Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Nicolette D'Onofrio	Northern Suburbs	30.77Q
2	Zoe Warland	Hornsby	32.07Q
3	Celeste Edmunds	Cherrybrook	32.08Q
4	Nicola Markley	Manly Warringah	32.12q
5	Molly Lennon	Manly Warringah	34.86
6	Ulla Prowse	Manly Warringah	35.86

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 13 - 200 Metre Hurdles (68 cm)**

7	Lauren Hilder	Ryde	36.96
Heat 2 Heats			
1	Lauren West	Northern Districts	32.07Q
2	Gabriella Richmond	Northern Suburbs	32.33Q
3	Eleanor Plummer	Ryde	32.61Q
4	Isabel McCarthy	Northern Suburbs	33.66q
5	Amy Polikowski	Manly Warringah	33.71
6	Imogen Kenny	Ryde	35.07

**Girls U 13 - 200 Metre Hurdles (68 cm)**

=====			
Region: R 28.00		1991	B Smith, Winston Hills
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Nicolette D'Onofrio	Northern Suburbs	30.15
2	Zoe Warland	Hornsby	31.34
3	Lauren West	Northern Districts	31.52
4	Celeste Edmunds	Cherrybrook	31.77
5	Gabriella Richmond	Northern Suburbs	32.13
6	Isabel McCarthy	Northern Suburbs	32.97
7	Nicola Markley	Manly Warringah	33.41
8	Amy Polikowski	Manly Warringah	33.71

**Girls U 14 - 200 Metre Hurdles (76 cm)**

=====			
Region: R 27.60		1997	Jana Pittman, Parramatta
Name	Age	Centre	Final
=====			
Section 1			
1	Helena De Gruchy	Manly Warringah	30.00
2	Ella Hirst	Cherrybrook	30.90
3	Brooke East	Northern Suburbs	31.25
4	Tea Lisle	Manly Warringah	32.08
5	Katrina Lyon	Ryde	32.60
6	Marica Huxtable	Northern Suburbs	33.23
7	Rachel Ingram	Cherrybrook	33.64
8	Hannah Mackay	Northern Suburbs	35.32

**Girls U 15 - 200 Metre Hurdles (76 cm)**

=====			
Region: R 27.20		1998	Jana Pittman, Parramatta
Name	Age	Centre	Final
=====			
1	Mallory Bassett	Hornsby	30.01
2	Lauren Moses	Manly Warringah	30.88
3	Lauryn Walker	Northern Suburbs	31.65
4	Amy Court	Ryde	31.79
5	Cherie Pan	Ryde	31.87
6	Brooke Matheson	Ryde	32.19

**Girls U 17 - 200 Metre Hurdles (76 cm)**

=====			
Region: R 27.40		18/02/2012	Melissa Farrington, Noerthern
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Tara Kissick	Northern Districts	31.18Q
2	Samantha Bowden	Northern Suburbs	31.97Q

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 17 - 200 Metre Hurdles (76 cm)**

3 Nicola Bowtell	Ryde	32.22Q
4 Jasmin Borsovszky	Nth Rocks Carlin	32.97q
5 Farah Farajpour	Manly Warringah	36.20
Heat 2 Heats		
1 Elizabeth Scott	Manly Warringah	31.51Q
2 Jaslyn Setiadji	Northern Districts	31.89Q
3 Laura Welch	Manly Warringah	32.43Q
4 Sarah Travis	Nth Rocks Carlin	34.77q

**Girls U 17 - 200 Metre Hurdles (76 cm)**

Region: R 27.40 18/02/2012 Melissa Farrington, Noerthern			
Name	Age	Centre	Final
Section 1 Final			
1 Elizabeth Scott		Manly Warringah	30.37
2 Tara Kissick		Northern Districts	30.39
3 Nicola Bowtell		Ryde	30.80
4 Jaslyn Setiadji		Northern Districts	31.01
5 Samantha Bowden		Northern Suburbs	31.66
6 Laura Welch		Manly Warringah	32.31
7 Jasmin Borsovszky		Nth Rocks Carlin	33.66
8 Sarah Travis		Nth Rocks Carlin	35.55

**Girls U 8 - 700 Metre Multi Class Run**

Region: R 2:20.20 28/02/2010 Abbey Rockliff, Ku-ring-gai			
Name	Age	Centre	Final
Section 1			
1 Amber Halliday		Manly Warringah	2:25.00
2 Sarah Baker		Northern Suburbs	2:32.75
3 Georgia Rae		Manly Warringah	2:40.10
4 Olivia Moresi		Cherrybrook	2:41.38
5 Charlotte Gathercole		Nth Rocks Carlin	2:45.30
6 Kiera Yerbury		Ku-Ring-Gai	2:45.60
7 Teagan Jones		Ku-Ring-Gai	2:46.70
8 Emilie Stevens		Northern Districts	2:48.40
9 Abigail Johnstone		Hornsby	2:48.80
10 Ashlee O'Reilly		Manly Warringah	2:50.30
11 Georgia Phillips		Ryde	2:50.60
12 Matilda Buttini		Manly Warringah	2:50.85
13 Emilia Massaro		Northern Suburbs	2:52.50
14 Olivia Sassen		Parramatta	2:53.60
15 Melanie Allsop		Ku-Ring-Gai	3:01.30
16 Tahlia Searle		Cherrybrook	3:09.40

**Girls U 9-12 4x100 Metre Relay (Jnr)**

Region: R 55.41 19/02/2012 Manly Warringah, Manly Warrin			
A Jeremy, O Wrightson, S Stanley, K Edwards			
Centre			Final
Section 1			
1 Manly Warringah			56.46
1) Lara Williams 9		2) Hana Grasse 12	
3) Gabriella Taylor 10		4) Olivia Inkster 10	
2 Ku-Ring-Gai			56.55
1) Eva Bates 9		2) Jessica Maciver 11	
3) Brianna Worsfold 10		4) Ruby Mahendran 11	

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 9-12 4x100 Metre Relay (Jnr)**

3	Cherrybrook			58.79
	1) Sierra Timms 9		2) Emily Crawford 10	
	3) Jud Hijazi 11		4) Scarlett Prowse 12	
4	Parramatta			1:00.09
	1) Emily Uslu 9		2) Tahlia Foye 12	
	3) Amelia Polley 10		4) Sharlae Davies 11	
5	Northern Suburbs			1:00.13
	1) Mia Marshall 9		2) Evie Cook 10	
	3) Greta Andrews 11		4) Elysha Cramer 12	
6	Northern Districts			1:00.52
	1) Abbey Le Lievre 9		2) Mackenzie Williams 12	
	3) Krystal Weekes 10		4) Grace-Lee Weekes 11	

**Girls U 12-17 4x100 Metre Relay (Snr)**

Centre		Final
1	Manly Warringah	50.60
	1) Olivia Wrightson 13	2) Sami Perrin 15
	3) Briedelia Wiggins 14	4) Rowena Craker 15
2	Cherrybrook	51.36
	1) Eleanor Lamperts 13	2) Katie Devitt 15
	3) Kate Collett 14	4) Carla Takchi 17
3	Northern Suburbs	53.30
	1) Nicolette D'Onofrio 13	2) Lauryn Walker 15
	3) Alanna Fisher 14	4) Alice Falconer 17
4	Ryde	53.47
	1) Nicola Bowtell 17	2) Kelsey Cooper-Phillis 15
	3) Eleanor Plummer 13	4) Hannah Tall 14
5	Ku-Ring-Gai	56.48
	1) Mia Hemsworth 13	2) Hannah Swinton 15
	3) Lisa Catzel 14	4) Hannah Thornton 15

**Girls U 9 - High Jump (S/H 0.85m)**

Region: R 1.25m 15/02/2014 Cayla Phillips, Manly Warringah			
Name	Age	Centre	Final
Flight 1			
1		Parramatta	1.13m
2		Mosman	1.11m
3		Manly Warringah	1.09m
4		Northern Districts	1.07m
5		Ku-Ring-Gai	1.05m
6		Ku-Ring-Gai	1.00m
7		Northern Suburbs	J1.00m
8		Hornsby	J1.00m
9		Mosman	J1.00m
10		Ryde	J1.00m
11		Hornsby	J1.00m
12		Northern Suburbs	0.95m
13		Cherrybrook	0.90m

**Girls U 10 - High Jump (S/H 0.95m)**

Region: R 1.36m 2002 F Sombroek, Northern Suburbs			
Name	Age	Centre	Final
1		Manly Warringah	1.30m



**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 10 - High Jump (S/H 0.95m)**

2	Michaela Haigh	Cherrybrook	1.21m
3	Sophie Kavanagh	Nth Rocks Carlin	1.19m
4	Emma Polikowski	Manly Warringah	J1.19m
5	Kayla Cook	Northern Suburbs	1.15m
6	Francesca Boardman	Northern Suburbs	1.10m
7	Ella McKenzie	Cherrybrook	J1.10m
8	Emily Moraitis	Northern Suburbs	J1.10m
9	Paige Edmondson	Northern Suburbs	J1.10m
10	Naomi Baranowski	Parramatta	1.05m
10	Kirsten Erni	Hornsby	1.05m

**Girls U 11 - High Jump (S/H 1.05m)**

Region: R 1.48m 1995		S Lingard, Ku-ring-gai	
Name	Age	Centre	Final
1	Georgia Healy	Northern Suburbs	1.40m
2	Nicola Hogg	Mosman	1.29m
3	Anna Cahill	Hornsby	1.27m
4	Xanthe Craig	Cherrybrook	J1.27m
5	Samantha Ramsden	Ku-Ring-Gai	1.25m
6	Ella Johnson	Ku-Ring-Gai	J1.25m
7	Jessica Bryant	Manly Warringah	1.20m
8	Alice Dixon	Northern Suburbs	J1.20m
9	Imogen Falzon	Parramatta	1.15m
10	Jaz Todd	Northern Districts	J1.15m
11	Anastasia Lakic	Ryde	J1.15m
12	Sharlae Davies	Parramatta	J1.15m
13	Amy Fajemisin	Nth Rocks Carlin	1.05m

**Girls U 12 - High Jump (S/H 1.15m)**

Region: R 1.58m 2002		T Thompson, Toukley	
Name	Age	Centre	Final
1	Alannah Green	Mosman	1.48m
2	Hannah Maxwell	Ku-Ring-Gai	1.46m
3	Lily Worrall	Northern Suburbs	1.44m
4	Ella Koster	Ku-Ring-Gai	1.42m
5	Portia Amy-Wilson	Ryde	1.35m
6	Georgia O'Connor	Cherrybrook	J1.35m
7	Rebecca Terry	Northern Suburbs	J1.35m
8	Kelly Chapman	Cherrybrook	1.30m
9	Amy McFadden	Northern Districts	J1.30m
10	Mackenzie Williams	Northern Districts	J1.30m
11	Bethany Easton	Hornsby	1.25m
11	Aleisha Jeremy	Manly Warringah	1.25m
13	Monique Marschner	Northern Suburbs	J1.25m
14	Jasmine Ellery	Manly Warringah	J1.25m
--	Alison Cook	Ku-Ring-Gai	NH

**Girls U 13 - High Jump (S/H 1.20m)**

Region: R 1.63m 1995		A Carpenter, Tuggerah Lakes	
Name	Age	Centre	Final
1	Mikaela Quinlan	Northern Districts	1.50m
2	Tayanita Robertson	Manly Warringah	1.48m
3	Isabella Rudolph	Cherrybrook	1.46m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 13 - High Jump (S/H 1.20m)**

4	Bronte Corke	Hornsby	1.44m
5	Sally Guthrie	Northern Suburbs	1.40m
6	Eleanor Plummer	Ryde	J1.40m
7	Cydelle Brady	Manly Warringah	1.35m
8	Tamsyn Martin	Manly Warringah	J1.35m
9	Erin Cahill	Hornsby	J1.35m
10	Abbey Waterworth	Manly Warringah	J1.35m
11	Ava Vosper	Nth Rocks Carlin	J1.35m
12	Anna Chandler	Northern Suburbs	1.30m
13	Josephine Vu	Nth Rocks Carlin	1.20m
14	Sarah Collins	Parramatta	J1.20m

**Girls U 14 - High Jump (S/H 1.25m)**

=====			
Region: R 1.71m		1991	M Harris, Hornsby District
Name	Age	Centre	Final
=====			
1	Nicole Freestone	Cherrybrook	1.60m
2	Sydney Kania	Manly Warringah	1.56m
3	Jessica Weidenhofer	Manly Warringah	1.50m
4	Anneliese Buddee	Ku-Ring-Gai	J1.50m
5	Imogen Breslin	Ku-Ring-Gai	1.45m
6	Anna Badaoui	Ryde	J1.45m
7	Samantha Dale	Nth Rocks Carlin	J1.45m
8	Scarlett Green	Mosman	1.40m
9	Georgie Jaques	Manly Warringah	J1.40m
10	Bridget Gibson	Manly Warringah	1.35m
11	Hannah Mackay	Northern Suburbs	J1.35m
--	Eleanor Lidbetter	Hornsby	NH
--	Xanthe Black	Northern Suburbs	NH

**Girls U 15 - High Jump (S/H 1.25m)**

=====			
Region: R 1.75m		16/02/2008	Amy PejkoVIC, Cherrybrook
Name	Age	Centre	Final
=====			
1	Hannah Swinton	Ku-Ring-Gai	1.61m
2	Ellie Wilkinson	Northern Suburbs	1.55m
3	Rowena Craker	Manly Warringah	1.45m
4	Jessica Brown	Ryde	J1.45m
5	Sami Perrin	Manly Warringah	J1.45m
6	Chloe Davis	Ryde	J1.45m
7	Cherie Pan	Ryde	1.40m
8	Amy Reid	Cherrybrook	J1.40m

**Girls U 17 - High Jump (S/H 1.30m)**

=====			
Region: R 1.61m		19/02/2012	Daisy Ding, Northern Suburbs
Name	Age	Centre	Final
=====			
1	Karina Brown	Northern Suburbs	1.70mR
2	Bridget Martin	Northern Districts	1.62mR
3	Ashleigh Carter	Manly Warringah	1.54m
4	Jaslyn Setiadji	Northern Districts	1.50m
5	Laura Welch	Manly Warringah	1.45m
6	Emily Jones	Cherrybrook	J1.45m
7	Arlia Patterson	Manly Warringah	1.40m
8	Sarah Travis	Nth Rocks Carlin	J1.40m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 8 - Long Jump**

Region: R 3.65m 1995		A Kerr, Winston Hills	
Name	Age	Centre	Final
1 Matilda Vial		Manly Warringah	3.37m
2 Hayley Reynolds		Nth Rocks Carlin	3.25m
3 Azalliyah Jeffery		Parramatta	3.23m
4 Phoebe James		Ku-Ring-Gai	3.22m
5 Isabella Azizi		Ryde	3.20m
6 Chloe Dunne		Manly Warringah	3.18m
7 Samara Bond		Cherrybrook	3.01m
8 Georgia Rae		Manly Warringah	2.97m
9 Georgia Phillips		Ryde	2.87m
10 Grace Heighway		Northern Districts	2.80m
11 Bridgette Chan		Northern Districts	2.79m
12 Sophie Cribb		Hornsby	2.70m
13 Izabella Ziolkowski		Ku-Ring-Gai	J2.70m
14 Jessica Johnston		Ryde	2.58m
15 Elise Oliver		Northern Districts	2.42m
16 Emilia Massaro		Northern Suburbs	2.31m

**Girls U 9 - Long Jump**

Region: R 4.20m 1998		Emily Pollett, Manly Warringa	
Name	Age	Centre	Final
1 Indiana Mace		Manly Warringah	3.74m
2 Chanelle Maikhael		Parramatta	3.73m
3 Georgia Morgan		Mosman	3.63m
4 Angelika Van der Heiden		Northern Districts	3.57m
5 Emily Uslu		Parramatta	J3.57m
6 Mia Marshall		Northern Suburbs	3.54m
7 Keeley Holmes		Manly Warringah	3.45m
8 Nicole McCrostie		Cherrybrook	3.39m
9 Natasha Fairhall		Ryde	3.34m
10 Talia Kupceric		Manly Warringah	3.32m
11 Carys Gibbons Maurer		Manly Warringah	3.13m
12 Sarah Passafaro		Northern Districts	3.11m
13 Caitlin Blackburn		Ku-Ring-Gai	3.06m
14 Catherine D'Heureux		Ryde	3.03m

**Girls U 10 - Long Jump**

Region: R 4.54m 21/02/2004		Courtney Cross, Hornsby Distr	
Name	Age	Centre	Final
1 Olivia Inkster		Manly Warringah	4.39m
2 Lily Tilt		Nth Rocks Carlin	4.29m
3 Sienna Bond		Cherrybrook	4.23m
4 Emily Smith		Manly Warringah	4.20m
5 Matilda Damian		Northern Suburbs	3.99m
6 Emma Polikowski		Manly Warringah	3.97m
7 Sophie Kavanagh		Nth Rocks Carlin	3.91m
8 Charlotte McDermid		Ku-Ring-Gai	3.81m
9 Amelia Polley		Parramatta	3.76m
10 Emily Moraitis		Northern Suburbs	3.61m
11 Arabella Price		Nth Rocks Carlin	3.54m
12 Krystal Weekes		Northern Districts	3.53m
13 Paige Edmondson		Northern Suburbs	3.42m
14 Naomi Baranowski		Parramatta	3.36m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 10 - Long Jump**

15 Gala Vinaroz Rizaldos	Nth Rocks Carlin	3.07m
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**Girls U 11 - Long Jump**

Region: R 4.76m 1998		A Kerr, Winston Hills	
Name	Age Centre		Final
1 Danielle Osifo	Cherrybrook		4.45m
2 Ruby Mahendran	Ku-Ring-Gai		4.26m
3 Jessica Maciver	Ku-Ring-Gai		4.18m
4 Annika Lynch	Northern Suburbs		4.13m
5 Georgia Healy	Northern Suburbs		4.10m
6 Chiara Lillis	Ryde		4.09m
7 Grace-Lee Weekes	Northern Districts		4.05m
8 Georgia Lafford	Hornsby		3.95m
9 Isobel Elkan	Manly Warringah		3.92m
10 Sharlae Davies	Parramatta		3.89m
11 Jessica Bryant	Manly Warringah		3.75m
12 Stephanie McArthur	Hornsby		3.62m
13 Francesca Gunn	Northern Suburbs		3.60m
14 Alice Dixon	Northern Suburbs	J3.	3.60m
15 Ellena Vozzo	Northern Suburbs		3.57m

**Girls U 12 - Long Jump**

Region: R 5.02m 1994		D Kearney, Winston Hills	
Name	Age Centre		Final
1 Portia Amy-Wilson	Ryde		4.63m
2 Alannah Green	Mosman		4.52m
3 Tarsha Wayne	Nth Rocks Carlin		4.33m
4 Ella Koster	Ku-Ring-Gai		4.30m
5 Lauren Grech	Manly Warringah		4.22m
6 Jasmin Guthrie	Northern Districts		4.14m
7 Paige Warner	Manly Warringah		4.12m
8 Isabella Guthrie	Northern Districts		4.10m
9 Alyssa Lowe	Ryde		4.02m
10 Jana Docdoc	Ryde		3.97m
11 Lara Woollett	Hornsby		3.93m
12 Sophie McDonald	Hornsby		3.92m
13 Tahlia Foye	Parramatta		3.30m
-- Rebecca Terry	Northern Suburbs		ND

**Girls U 13 - Long Jump**

Region: R 5.18m 1991		D Kerr, Winston Hills	
Name	Age Centre		Final
1 Amie Bowrey	Cherrybrook		5.03m
2 Zoe Warland	Hornsby		4.68m
3 Lara Halmarick	Ryde		4.56m
4 Eleanor Lamperts	Cherrybrook		4.54m
5 Cydelle Brady	Manly Warringah		4.53m
6 Jasmine Bonomi	Manly Warringah		4.37m
7 Natasha Hartley	Hornsby		4.23m
8 Maya Challoner	Northern Suburbs		4.20m
9 Abbey Waterworth	Manly Warringah		4.11m
10 Lillian O'Rourke	Northern Districts		4.08m
11 Zoe Fajemisin	Nth Rocks Carlin		3.98m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****...Girls U 13 - Long Jump**

12 Imogen Kenny	Ryde	3.97m
13 Olivia Bird	Mosman	3.59m

**Girls U 14 - Long Jump**

Region: R 5.42m 1991		B Scott, Northern Suburbs	
Name	Age	Centre	Final
1 Brienna Mathieson		Manly Warringah	4.82m
2 Ella Hirst		Cherrybrook	4.76m
3 Imogen Breslin		Ku-Ring-Gai	4.75m
4 Georgie Jaques		Manly Warringah	4.57m
5 Sydney Kania		Manly Warringah	4.46m
6 Kiera Simula		Ryde	4.33m
7 Katrina Lyon		Ryde	4.32m
8 Hannah Tall		Ryde	4.29m
9 Taylor-Lee Marconi		Parramatta	4.23m
10 Hannah Mackay		Northern Suburbs	4.02m
11 Anna Badaoui		Ryde	3.99m
12 Scarlett Green		Mosman	3.85m
13 Brittney Hartley		Hornsby	3.79m

**Girls U 15 - Long Jump**

Region: R 5.88m 19/02/2012		Katrina Hunt, Northern Suburb	
Name	Age	Centre	Final
1 Hannah Thornton		Ku-Ring-Gai	4.79m
2 Rowena Craker		Manly Warringah	4.74m
3 Cherie Pan		Ryde	4.73m
4 Hannah Swinton		Ku-Ring-Gai	4.73m
5 Kristina Moore		Cherrybrook	4.67m
6 Jessica Brown		Ryde	4.55m
7 Chloe Davis		Ryde	4.45m
8 Amy Court		Ryde	4.43m
9 Emma Smith		Ryde	4.36m
10 Kate Milne		Nth Rocks Carlin	4.32m
11 Amy Reid		Cherrybrook	4.13m
12 Sami Perrin		Manly Warringah	3.95m
13 Katherine Tejcek		Northern Districts	3.80m

**Girls U 17 - Long Jump**

Region: R 5.64m 19/02/2012		Melissa Farrington, Northern	
Name	Age	Centre	Final
1 Maya Leverett		Nth Rocks Carlin	5.10m
2 Carla Takchi		Cherrybrook	5.08m
3 Bridget Martin		Northern Districts	4.99m
4 Samantha Bowden		Northern Suburbs	4.76m
5 Emma Welch		Manly Warringah	4.39m
6 Sandy Chen		Nth Rocks Carlin	4.37m
7 Emily Jones		Cherrybrook	4.35m
8 Tiana Hazlewood		Northern Districts	4.32m
9 Ashleigh Carter		Manly Warringah	4.19m
10 Elizabeth Scott		Manly Warringah	4.18m
11 Sandra Buchert		Northern Suburbs	4.00m
12 Jasmin Borsovszky		Nth Rocks Carlin	3.85m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 11 - Triple Jump**

Region: R 10.18m 19/02/2011 Tiana Jaber, Kings Langley			
Name	Age	Centre	Final
1 Annika Lynch		Northern Suburbs	9.69m
2 Danielle Osifo		Cherrybrook	9.45m
3 Greta Andrews		Northern Suburbs	9.03m
4 Eliza Da Silva		Ryde	8.77m
5 Chiara Lillis		Ryde	8.70m
6 Cassandra Fowler		Northern Districts	8.39m
7 Francesca Gunn		Northern Suburbs	8.15m
8 Amy Fajemisin		Nth Rocks Carlin	8.08m
9 Sharlae Davies		Parramatta	8.06m
10 Grace-Lee Weekes		Northern Districts	8.04m
11 Lara Stevens		Hornsby	J8.04m
12 Ellena Vozzo		Northern Suburbs	7.67m
13 Imogen Falzon		Parramatta	7.48m
14 Eliza Nickson-Pole		Manly Warringah	7.34m

**Girls U 12 - Triple Jump**

Region: R 10.48m 1995 Lisa Antill, Ku-ring-gai			
Name	Age	Centre	Final
1 Portia Amy-Wilson		Ryde	9.80m
2 Alana Kavanagh		Nth Rocks Carlin	9.64m
3 Lily Worrall		Northern Suburbs	9.53m
4 Isabella Guthrie		Northern Districts	9.44m
5 Sarah Brown		Ryde	9.33m
6 Freya Carley		Manly Warringah	9.28m
7 Tarsha Wayne		Nth Rocks Carlin	9.25m
8 Mikaela Bruntsch		Ryde	8.82m
9 Mackenzie Williams		Northern Districts	8.73m
10 Kristina Dang		Parramatta	8.64m
11 Jasmine Ellery		Manly Warringah	8.52m
12 Jatali Brown		Manly Warringah	8.36m
13 Alyssa Lowe		Ryde	8.19m
14 Hana Maxwell		Hornsby	8.14m

**Girls U 13 - Triple Jump**

Region: R 10.91m 1995 C Morris, Hornsby District			
Name	Age	Centre	Final
1 Zoe Fajemisin		Nth Rocks Carlin	10.14m
2 Lara Halmarick		Ryde	9.86m
3 Abbey Waterworth		Manly Warringah	9.76m
4 Olivia Wrightson		Manly Warringah	9.71m
5 Natasha Hartley		Hornsby	9.58m
6 Eleanor Plummer		Ryde	9.38m
7 Louisa Scott		Manly Warringah	9.21m
8 Faith Devitt		Cherrybrook	9.04m
9 Imogen Kenny		Ryde	8.97m
10 Olivia Bird		Mosman	8.91m
11 Maya Challoner		Northern Suburbs	8.90m
12 Lillian O'Rourke		Northern Districts	8.71m
13 Jasmine Bonomi		Manly Warringah	8.62m
14 Ava Vosper		Nth Rocks Carlin	8.57m
15 Erin Cahill		Hornsby	8.44m
16 Harriette Burke		Manly Warringah	8.26m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 14 - Triple Jump**

Region: R 11.63m 20/02/2011 Mercy Agbeze, Gosford			
Name	Age	Centre	Final
1 Brienna Mathieson		Manly Warringah	10.21m
2 Georgie Jaques		Manly Warringah	10.13m
3 Ella Hirst		Cherrybrook	9.99m
4 Sydney Kania		Manly Warringah	9.86m
5 Junyi Fang		Ryde	8.99m
6 Rachel Ingram		Cherrybrook	8.98m
7 Tamara Kowcz Rosinke		Northern Suburbs	8.89m
8 Hannah Mackay		Northern Suburbs	8.69m
9 Scarlett Green		Mosman	8.62m
10 Kiera Simula		Ryde	8.61m
11 Eleanor Lidbetter		Hornsby	8.39m
12 Meg O'Shea		Manly Warringah	7.92m

**Girls U 15 - Triple Jump**

Region: R 11.58m 1998 Lisa Antill, Ku-ring-gai			
Name	Age	Centre	Final
1 Emma Smith		Ryde	10.62m
2 Rowena Craker		Manly Warringah	10.50m
3 Cherie Pan		Ryde	10.15m
4 Hannah Thornton		Ku-Ring-Gai	10.12m
5 Jessica Brown		Ryde	10.05m
6 Chloe Davis		Ryde	9.87m
7 Amy Court		Ryde	9.76m
8 Amy Reid		Cherrybrook	9.73m
9 Sami Perrin		Manly Warringah	9.14m
10 Kate Milne		Nth Rocks Carlin	8.55m

**Girls U 17 - Triple Jump**

Region: R 11.79m 18/02/2012 Daisy Ding, Northern Suburbs			
Name	Age	Centre	Final
1 Bridget Martin		Northern Districts	10.36m
2 Emma Welch		Manly Warringah	10.17m
3 Samantha Bowden		Northern Suburbs	10.04m
4 Laura Welch		Manly Warringah	10.03m
5 Ashleigh Carter		Manly Warringah	9.63m
6 Jasmin Borsovszky		Nth Rocks Carlin	9.53m
7 Elizabeth Scott		Manly Warringah	9.44m
8 Sandy Chen		Nth Rocks Carlin	9.27m
9 Zoe Kavanagh		Nth Rocks Carlin	8.72m
10 Sandra Buchert		Northern Suburbs	8.64m
11 Giselle Collins		Northern Suburbs	8.41m

**Girls U 8 - Shot Put (1.5 Kg)**

Region: R 7.85m 22/02/2004 Taylah Sengul, WInston Hills			
Name	Age	Centre	Final
1 Sarah Baker		Northern Suburbs	5.57m
2 Danielle Lay		Manly Warringah	5.34m
3 Georgia Phillips		Ryde	5.08m
4 Jessica Johnston		Ryde	5.08m
5 Sarah Lovell		Ku-Ring-Gai	4.92m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 8 - Shot Put (1.5 Kg)**

6	Ava Thomson	Ku-Ring-Gai	4.55m
7	Rahni Holmes	Manly Warringah	4.54m
8	Emilia De La Rue Browne	Ku-Ring-Gai	4.27m
9	Ariana Garland-Powell	Northern Districts	4.26m
10	Charlotte Gathercole	Nth Rocks Carlin	4.09m
11	Eloise Halloran	Northern Suburbs	4.04m
12	Lara Inman	Northern Districts	4.00m
13	Eve Rothwell	Northern Suburbs	3.62m
14	Darcey Hazlewood	Northern Districts	3.40m
15	Sophia Bowyer	Northern Suburbs	3.38m

**Girls U 9 - Shot Put (2.0 Kg)**

=====			
	Region: R 8.16m	1993	Leilani Burnes, Manly Warring
Name	Age	Centre	Final
=====			
1	Ella Gibbons	Northern Districts	7.82m
2	Natasha Fairhall	Ryde	6.53m
3	Caitlin Dickinson	Manly Warringah	5.87m
4	Aliana Moala	Ryde	5.80m
5	Jessica Coppolelli	Cherrybrook	5.60m
6	Caitlin Blackburn	Ku-Ring-Gai	5.30m
7	Jessica Walton	Northern Districts	5.26m
8	Lilli Jennings	Hornsby	5.05m
9	Tyla Christie	Manly Warringah	4.90m
10	Nellie Muir	Ryde	4.76m
11	Alyssa Medved	Manly Warringah	4.67m
12	Isabel Relova	Ryde	4.43m
13	Carys Gibbons Maurer	Manly Warringah	4.42m
14	Ellie Beck	Ku-Ring-Gai	4.12m

**Girls U 10 - Shot Put (2.0 Kg)**

=====			
	Region: R 10.90m	19/02/2006	Taylah Sengul, Winston Hills
Name	Age	Centre	Final
=====			
1	Emma Polikowski	Manly Warringah	9.00m
2	Georgia Spanswick	Ku-Ring-Gai	6.90m
3	Scarlet Brett	Ku-Ring-Gai	6.83m
4	Monique Brown	Nth Rocks Carlin	6.75m
5	Anaia Cruickshank	Manly Warringah	6.65m
6	Caitlin Waldron	Nth Rocks Carlin	6.64m
7	Thinaya Jayasinghe	Parramatta	6.49m
8	Ally Baker	Northern Suburbs	6.02m
9	Amelia Sim	Manly Warringah	5.97m
10	Emily Moraitis	Northern Suburbs	5.94m
11	Clare Doherty	Ryde	5.87m
12	Mikayla Kelleher	Ryde	5.86m
13	Alexis Aldous	Ryde	5.84m
14	Ella Bales	Parramatta	5.73m
15	Georgia Clifford	Northern Suburbs	5.24m
16	Emily Edler	Ku-Ring-Gai	5.11m

**Girls U 11 - Shot Put (2.0 Kg)**

=====			
	Region: R 12.71m	17/02/2007	Samantha Farrant, Gosford
Name	Age	Centre	Final
=====			
1	Jessica Maciver	Ku-Ring-Gai	10.05m



**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 11 - Shot Put (2.0 Kg)**

2	Chiara Lillis	Ryde	9.63m
3	Bronte Hodson	Northern Suburbs	9.26m
4	Tamiah Henry	Parramatta	8.20m
5	Caitlin Fletcher	Ku-Ring-Gai	8.16m
6	Monique Hore	Northern Suburbs	7.93m
7	Zara Warland	Hornsby	7.67m
8	Roisin Dengate	Ku-Ring-Gai	7.04m
9	Scarlett O'Kane	Northern Suburbs	6.97m
10	Gabrielle Ohmer	Parramatta	6.75m
11	Anna Kely	Nth Rocks Carlin	6.56m
12	Kayla Kimball	Manly Warringah	6.02m
13	Cassandra Fowler	Northern Districts	5.85m

**Girls U 12 - Shot Put (2.0 Kg)**

Region: R 16.12m 17/02/2008 Taylah Sengul, Winston Hills

Name	Age	Centre	Final
1	Hannah Morgan	Northern Suburbs	13.01m
2	Imogen Harrigan	Parramatta	10.87m
3	Kate Peterson	Parramatta	10.47m
4	Madison Sloane	Parramatta	10.46m
5	Georgia Quinn	Manly Warringah	10.02m
6	Jada Powell	Ku-Ring-Gai	9.90m
7	Astreia Denby	Hornsby	9.76m
8	Sophie Vaughan	Parramatta	9.12m
9	Ta'alili Feaunati	Ku-Ring-Gai	9.03m
10	Chloe Leahy	Ku-Ring-Gai	7.95m
11	Kayla McCormack	Hornsby	7.93m
12	Evelyn McKay	Northern Suburbs	7.86m
13	Mackenzie Williams	Northern Districts	6.95m
14	Jessica Smith	Manly Warringah	6.59m
15	Monique Marschner	Northern Suburbs	6.37m

**Girls U 13 - Shot Put (3.0 Kg)**

Region: R 14.23m 22/02/2009 Taylah Sengul, Winston Hills

Name	Age	Centre	Final
1	Amy Polikowski	Manly Warringah	10.95m
2	Amie Bowrey	Cherrybrook	9.83m
3	Samantha Davis	Northern Suburbs	9.77m
4	Sabina Nilsson	Hornsby	9.43m
5	Khiala Holmes	Manly Warringah	9.16m
6	Zoe Warland	Hornsby	8.55m
7	Abbey Waterworth	Manly Warringah	8.21m
8	Alyssa Logan	Manly Warringah	7.85m
9	Isabel McCarthy	Northern Suburbs	7.75m
10	Victoria Cullen	Cherrybrook	7.67m
11	Zoe Fajemisin	Nth Rocks Carlin	7.36m
12	Bronte Corke	Hornsby	6.95m
--	Lauren Brown	Northern Suburbs	ND

**Girls U 14 - Shot Put (3.0 Kg)**

Region: R 14.67m 27/02/2010 Taylah Sengul, WInston Hills

Name	Age	Centre	Final
1	Kate Collett	Cherrybrook	10.83m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****...Girls U 14 - Shot Put (3.0 Kg)**

2	Rebekah Meafou	Parramatta	10.36m
3	Lisa Catzel	Ku-Ring-Gai	9.46m
4	Eleanor Lidbetter	Hornsby	9.34m
5	Georgie Jaques	Manly Warringah	9.33m
6	Brooke East	Northern Suburbs	8.81m
7	Julia Kelland	Ryde	8.63m
8	Ashleigh O'Keefe	Nth Rocks Carlin	8.02m
9	Kandy Lee	Manly Warringah	7.63m
10	Hannah Mackay	Northern Suburbs	7.62m
11	Novini Jayasinghe	Parramatta	7.54m
12	Alannah Kuka	Nth Rocks Carlin	7.18m

**Girls U 15 - Shot Put (3.0 Kg)**

=====			
Region: R 14.00m		2000	B Johnson, Northern Suburbs
Name	Age	Centre	Final
=====			
1	Josephine Ritchie	Manly Warringah	13.94m
2	Kristina Moore	Cherrybrook	13.33m
3	Mallory Bassett	Hornsby	10.73m
4	Georgina Lemckert	Northern Districts	8.67m
5	Brooke Matheson	Ryde	8.31m
6	Isabelle Ronksley	Manly Warringah	8.04m
7	Chloe Davis	Ryde	7.72m
8	Kate Milne	Nth Rocks Carlin	6.71m

**Girls U 17 - Shot Put (3.0 Kg)**

=====			
Region: R 12.95m		19/02/2012	Samantha Farrant, Gosford
Name	Age	Centre	Final
=====			
1	Brianna Gibson	Northern Suburbs	11.99m
2	Tiana Hazlewood	Northern Districts	11.03m
3	Phoebe Carter	Mosman	10.36m
4	Jennifer Lambert	Manly Warringah	10.13m
5	Karissa Kuka	Nth Rocks Carlin	9.68m
6	Ashleigh Carter	Manly Warringah	9.66m
7	Ava Walker Charles	Manly Warringah	9.55m
8	Sophia Jaques	Manly Warringah	9.54m
9	Lauren Bassett	Hornsby	9.19m
10	Sarah Kelland	Ryde	8.99m
11	Emma Welch	Manly Warringah	8.44m
12	Madeleine Vaz	Northern Suburbs	7.97m

**Girls U 8 - Discus (500 Gram)**

=====			
Region: R 24.09m		21/02/2004	Taylah Sengul, Winston Hills
Name	Age	Centre	Final
=====			
1	Sarah Baker	Northern Suburbs	15.43m
2	Sienna Brett	Ku-Ring-Gai	13.72m
3	Jessica Johnston	Ryde	13.62m
4	Izabella Ziolkowski	Ku-Ring-Gai	13.17m
5	Eve Rothwell	Northern Suburbs	12.82m
6	Ariana Garland-Powell	Northern Districts	12.67m
7	Emma Blume	Parramatta	12.32m
8	Darcey Hazlewood	Northern Districts	11.25m
9	Alana Marinkov	Parramatta	10.97m
10	Madeleine Caspers	Northern Suburbs	10.74m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 8 - Discus (500 Gram)**

11 Lara Inman	Northern Districts	10.55m
12 Louise Lovell	Ku-Ring-Gai	9.34m
-- Danielle Lay	Manly Warringah	ND
-- Emily Jackson	Parramatta	ND

**Girls U 9 - Discus (500 Gram)**

=====			
Region: R 27.23m 15/02/2005 Taylah Sengul, Winston Hills			
Name	Age	Centre	Final
=====			
1 Natasha Fairhall		Ryde	23.13m
2 Ella Gibbons		Northern Districts	22.57m
3 Jessica Peterson		Parramatta	15.41m
4 Caitlin Dickinson		Manly Warringah	14.62m
5 Shayla Gleeson		Northern Districts	14.57m
6 Nellie Muir		Ryde	14.35m
7 Isabelle Miechels		Cherrybrook	13.76m
8 Jessica Walton		Northern Districts	13.42m
9 Jessica Coppolelli		Cherrybrook	13.27m
10 Catherine D'Heureux		Ryde	13.07m
11 Angelika Van der Heiden		Northern Districts	12.90m
12 Talia Kupceric		Manly Warringah	12.86m
13 Charlotte Lafford		Hornsby	12.67m
14 Hannah Taha		Ku-Ring-Gai	12.40m
15 Imogen Hungerford		Northern Suburbs	11.80m
16 Sophia Horbach		Ku-Ring-Gai	10.72m

**Girls U 10 - Discus (500 Gram)**

=====			
Region: R 34.57m 18/02/2006 Taylah Sengul, Winston Hills			
Name	Age	Centre	Final
=====			
1 Ella Bales		Parramatta	27.78m
2 Emma Polikowski		Manly Warringah	25.44m
3 Brianna Worsfold		Ku-Ring-Gai	25.33m
4 Thinaya Jayasinghe		Parramatta	24.77m
5 Melissa Blume		Parramatta	24.64m
6 Samantha Hardingham		Northern Suburbs	23.32m
7 Caitlin Waldron		Nth Rocks Carlin	22.21m
8 Felicity Stewart		Ku-Ring-Gai	20.93m
9 Elina McKay		Northern Suburbs	17.02m
10 Ally Baker		Northern Suburbs	16.80m
11 Scarlet Brett		Ku-Ring-Gai	16.65m
12 Amelia Sim		Manly Warringah	16.59m
13 Monique Brown		Nth Rocks Carlin	16.32m
14 Inge Ackland		Ku-Ring-Gai	15.47m
15 Amelia Milat		Nth Rocks Carlin	14.54m
16 Ava McMillan		Manly Warringah	14.48m

**Girls U 11 - Discus (750 Gram)**

=====			
Region: R 35.18m 18/02/2007 Taylah Sengul, Winston Hills			
Name	Age	Centre	Final
=====			
1 Chiara Lillis		Ryde	26.71m
2 Zara Warland		Hornsby	25.73m
3 Caitlin Fletcher		Ku-Ring-Gai	25.29m
4 Bronte Hodson		Northern Suburbs	24.53m
5 Gabrielle Ohmer		Parramatta	23.14m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 11 - Discus (750 Gram)**

6	Tamiah Henry	Parramatta	22.63m
7	Cassandra Fowler	Northern Districts	20.82m
8	Monique Hore	Northern Suburbs	20.72m
9	Saskia Scholle	Ku-Ring-Gai	16.61m
10	Lara Stevens	Hornsby	16.31m
11	Imogen Falzon	Parramatta	16.20m
12	Jemima Austin	Manly Warringah	16.18m
13	Annabel Lee	Northern Suburbs	16.05m
14	Monica Bastian	Manly Warringah	14.89m
15	Maddie Taudien	Manly Warringah	14.79m

**Girls U 12 - Discus (750 Gram)**

Region: R 43.10m 16/02/2008 Taylah Sengul, Winston Hills			
Name	Age	Centre	Final
1	Georgia O'Connor	Cherrybrook	32.22m
2	Hannah Morgan	Northern Suburbs	30.48m
3	Kate Peterson	Parramatta	30.03m
4	Jada Powell	Ku-Ring-Gai	29.93m
5	Ta'alili Feaunati	Ku-Ring-Gai	26.02m
6	Jessica Forster	Hornsby	24.27m
7	Imogen Harrigan	Parramatta	24.01m
8	Freya Carley	Manly Warringah	22.90m
9	Evelyn McKay	Northern Suburbs	21.97m
10	Kayla McCormack	Hornsby	21.67m
11	Madison Sloane	Parramatta	19.37m
12	Sophie Vaughan	Parramatta	18.68m
13	Mackenzie Williams	Northern Districts	16.25m
14	Holly Lay	Manly Warringah	15.20m
15	Chloe Leahy	Ku-Ring-Gai	15.12m

**Girls U 13 - Discus (750 Gram)**

Region: R 46.71m 21/02/2009 Taylah Sengul, Winston Hills			
Name	Age	Centre	Final
1	Amy Polikowski	Manly Warringah	38.09m
2	Amie Bowrey	Cherrybrook	34.13m
3	Samantha Davis	Northern Suburbs	29.21m
4	Zoe Warland	Hornsby	28.40m
5	Alyssa Logan	Manly Warringah	27.24m
6	Charlotte Winston-Booth	Northern Districts	25.79m
7	Sabina Nilsson	Hornsby	25.67m
8	Lauren Brown	Northern Suburbs	22.72m
9	Isabel McCarthy	Northern Suburbs	22.56m
10	Annalise Haldane	Ryde	20.38m
11	Victoria Cullen	Cherrybrook	20.01m
12	Jasmine Bonomi	Manly Warringah	19.13m
13	Nicola Markley	Manly Warringah	18.78m
--	Olivia O'Donnell	Mosman	ND

**Girls U 14 - Discus (1.0 Kg)**

Region: R 42.86m 27/02/2010 Taylah Sengul, Winston Hills			
Name	Age	Centre	Final
1	Kate Collett	Cherrybrook	32.96m
2	Brooke East	Northern Suburbs	29.59m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 14 - Discus (1.0 Kg)**

3	Julia Kelland	Ryde	28.75m
4	Claire Eaton	Cherrybrook	28.26m
5	Lisa Catzel	Ku-Ring-Gai	27.44m
6	Rebekah Meafou	Parramatta	24.92m
7	Eleanor Lidbetter	Hornsby	24.59m
8	Hannah Tall	Ryde	22.00m
9	Alannah Kuka	Nth Rocks Carlin	19.58m
10	Junyi Fang	Ryde	17.41m
11	Alanna Manfredini	Mosman	14.91m
12	Xanthe Black	Northern Suburbs	14.58m

**Girls U 15 - Discus (1.0 Kg)**

=====			
Region: R 44.32m		1995	V LLoyd, Tiger Wests
Name	Age	Centre	Final
=====			
1	Kristina Moore	Cherrybrook	46.12mR
2	Mallory Bassett	Hornsby	34.72m
3	Josephine Ritchie	Manly Warringah	32.00m
4	Georgina Lemckert	Northern Districts	29.71m
5	Brooke Matheson	Ryde	24.94m
6	Briony Black	Northern Suburbs	22.82m
7	Lauryn Walker	Northern Suburbs	21.47m
8	Jessica Brown	Ryde	19.97m

**Girls U 17 - Discus (1.0 Kg)**

=====			
Region: R 39.36m		16/02/2013	Maddy Bergfield, RYDE
Name	Age	Centre	Final
=====			
1	Tiana Hazlewood	Northern Districts	35.40m
2	Brianna Gibson	Northern Suburbs	34.45m
3	Phoebe Carter	Mosman	32.39m
4	Sarah Kelland	Ryde	29.94m
5	Nicola Bowtell	Ryde	29.72m
6	Sophia Jaques	Manly Warringah	27.59m
7	Georgia Swinton	Ku-Ring-Gai	27.55m
8	Lauren Bassett	Hornsby	26.65m
9	Bridget Martin	Northern Districts	25.07m
10	Karissa Kuka	Nth Rocks Carlin	22.70m
11	Emma Welch	Manly Warringah	21.51m
12	Ashleigh Carter	Manly Warringah	21.27m
13	Madeleine Vaz	Northern Suburbs	19.35m
14	Isabelle Monier-Gorton	Parramatta	18.67m

**Girls U 12 - Javelin (400 Gram)**

=====			
Region: R 30.70m		15/02/2014	Amie Bowrey, Cherrybrook
Name	Age	Centre	Final
=====			
1	Kate Peterson	Parramatta	24.79m
2	Tarsha Wayne	Nth Rocks Carlin	23.13m
3	Sophie Vaughan	Parramatta	22.48m
4	Alana Kavanagh	Nth Rocks Carlin	21.99m
5	Imogen Harrigan	Parramatta	21.08m
6	Jessica Forster	Hornsby	20.99m
7	Olivia Attrill	Northern Suburbs	20.51m
8	Chloe Leahy	Ku-Ring-Gai	19.92m
9	Madison Sloane	Parramatta	17.85m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Girls U 12 - Javelin (400 Gram)**

10	Isabelle Charlier	Manly Warringah	17.65m
11	Hannah Morgan	Northern Suburbs	17.18m
12	Evelyn McKay	Northern Suburbs	16.42m
13	Brooke Smith	Manly Warringah	16.07m
14	Jasmine Ellery	Manly Warringah	14.00m
15	Emily Roffe	Cherrybrook	13.30m
16	Amileigh Clarke	Manly Warringah	7.01m

**Girls U 13 - Javelin (400 Gram)**

Region: R 44.37m 21/02/2009 Taylah Sengul, Winston Hills			
Name	Age	Centre	Final
1	Amie Bowrey	Cherrybrook	33.03m
2	Amy Polikowski	Manly Warringah	27.44m
3	Ashlie Edwards	Manly Warringah	27.40m
4	Victoria Cullen	Cherrybrook	26.40m
5	Emily Ralph	Ryde	23.03m
6	Alyssa Logan	Manly Warringah	21.98m
7	Brooke Niccol	Hornsby	21.74m
8	Erin Cahill	Hornsby	21.67m
9	Abbey Waterworth	Manly Warringah	18.45m
10	Nicola Markley	Manly Warringah	18.44m
11	Lauren Brown	Northern Suburbs	17.61m
12	Isabel McCarthy	Northern Suburbs	14.49m
13	Zoe Madigan	Ryde	11.55m

**Girls U 14 - Javelin (400 Gram)**

Region: R 35.33m 15/02/2014 Chloe Davis, Ryde			
Name	Age	Centre	Final
1	Brooke East	Northern Suburbs	36.32mR
2	Julia Kelland	Ryde	30.26m
3	Kate Collett	Cherrybrook	28.83m
4	Hannah Tall	Ryde	25.96m
5	Alannah Kuka	Nth Rocks Carlin	24.75m
6	Georgie Jaques	Manly Warringah	24.29m
7	Ashleigh O'Keefe	Nth Rocks Carlin	22.92m
8	Tamara Kowcz Rosinke	Northern Suburbs	20.82m
9	Novini Jayasinghe	Parramatta	20.56m
10	Brittney Hartley	Hornsby	18.09m
11	Courtney Laytham	Manly Warringah	11.89m

**Girls U 15 - Javelin (500 Gram)**

Region: R 41.89m 19/02/2012 Alysha Burnett, Northern Dis			
Name	Age	Centre	Final
1	Kristina Moore	Cherrybrook	34.65m
2	Mallory Bassett	Hornsby	33.69m
3	Chloe Davis	Ryde	33.14m
4	Hannah Swinton	Ku-Ring-Gai	24.57m
5	Georgina Lemckert	Northern Districts	22.56m
6	Briony Black	Northern Suburbs	21.50m
7	Sophie Crichton	Ku-Ring-Gai	20.39m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 17 - Javelin (500 Gram)**

Region: R 36.73m 18/02/2012 Casey Judge, Tuggerah Lakes			
Name	Age	Centre	Final
1	Tiana Hazlewood	Northern Districts	37.59mR
2	Brianna Gibson	Northern Suburbs	36.10m
3	Sarah Kelland	Ryde	30.61m
4	Karissa Kuka	Nth Rocks Carlin	28.02m
5	Sophia Jaques	Manly Warringah	26.53m
6	Isabelle Monier-Gorton	Parramatta	25.50m
7	Lauren Bassett	Hornsby	24.41m
8	Ashleigh Carter	Manly Warringah	22.96m
9	Donna Cook	Manly Warringah	20.61m
10	Emma Welch	Manly Warringah	19.31m
11	Karina Brown	Northern Suburbs	18.01m
12	Jennifer Lambert	Manly Warringah	17.82m

**Girls U 9 - 700 Metre Walk**

Region: R 3:27.40 22/02/2004 Amy Bettiol, Manly Warringah			
Name	Age	Centre	Final
Section 1			
1	Keeley Holmes	Manly Warringah	3:58.75
2	Ava Luxford	Ku-Ring-Gai	4:12.64
3	Chloe Krklinski	Parramatta	4:23.52
4	Claudia Endicott	Ku-Ring-Gai	4:28.31
5	Natasha Fairhall	Ryde	4:30.15
6	Juliette Bryan	Northern Suburbs	4:43.21
7	Alicia O'Connor	Ryde	4:55.93
8	Natasha Poschalk	Manly Warringah	4:56.10
9	Erica Chou	Ryde	4:58.19
10	Kaiya Grebert	Cherrybrook	5:06.05
11	Catherine Hall	Manly Warringah	5:06.24
12	Gigi Spiller	Ku-Ring-Gai	5:06.40
13	Sophia Horbach	Ku-Ring-Gai	5:24.64
14	Sara Elkass	Cherrybrook	5:31.06
--	Catherine Bryan	Northern Suburbs	DQ

**Girls U 10 - 1100 Metre Walk**

Region: R 5:42.80 18/02/2007 Tayla-Paige Billington, Manly Warringah			
Name	Age	Centre	Final
1	Tara Laytham	Manly Warringah	6:11.00
2	Alannah Hickson	Ku-Ring-Gai	6:27.31
3	Courtney Mavin	Ku-Ring-Gai	6:41.85
4	Izabella Kalachian	Ryde	6:52.29
5	Sofia Massaro	Northern Suburbs	7:07.58
6	Emma Thomas	Parramatta	7:12.63
7	Jasmin Kennett	Parramatta	7:26.51
8	Abbey Melville	Manly Warringah	7:26.77
9	Chloe Hickson	Ku-Ring-Gai	7:31.04
10	Sofia Polson	Parramatta	7:45.08
11	Abigail Cribb	Hornsby	7:52.77
12	Elna McKay	Northern Suburbs	8:31.05
--	Alexandra Sinclair	Manly Warringah	DQ

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 11 - 1100 Metre Walk**

Region: R 5:23.40 28/02/2010 Jasmyn McDonald, Parramatta			
Name	Age	Centre	Final
1 Elizabeth McMillan		Manly Warringah	5:49.66
2 Olivia thomson		Manly Warringah	5:55.90
3 Sofia Saroukos		Northern Suburbs	5:57.10
4 Georgia Arcus		Ryde	6:16.51
5 Monique Hore		Northern Suburbs	6:34.04
6 Charlotte Curran		Ku-Ring-Gai	6:36.26
7 Saskia Scholle		Ku-Ring-Gai	6:38.27
8 Kayla Kimball		Manly Warringah	7:25.00
9 Xanthe Craig		Cherrybrook	8:04.44
10 Mykaela Hayhurst		Cherrybrook	8:22.49
11 Brooke Rollo		Parramatta	8:26.78
-- Alana Shehadie		Parramatta	DQ

**Girls U 12 - 1500 Metre Walk**

Region: R 7:19.05 17/02/2013 Eliza De Laine, Northern Su			
Name	Age	Centre	Final
1 Hannah Parker		Manly Warringah	7:52.30
2 Haley Mills		Parramatta	8:03.10
3 Alana Kavanagh		Nth Rocks Carlin	8:08.10
4 Eleanor Partridge		Ryde	8:43.62
5 Imogen Steele		Northern Suburbs	8:57.83
-- Prudence Silver		Northern Districts	DQ

**Girls U 13 - 1500 Metre Walk**

Region: R 7:04.00 17/02/2008 Amy Bettiol, Manly Warringa			
Name	Age	Centre	Final
1 Lily Johnston		Ku-Ring-Gai	8:55.75
2 Ainslie Brown		Northern Suburbs	9:04.45
3 Emily Crichton		Ku-Ring-Gai	9:44.60
4 Annabelle Walker		Northern Suburbs	10:17.15
5 Lucia Massaro		Northern Suburbs	10:26.87
-- Taya-Jade Radford		Manly Warringah	DQ

**Girls U 14 - 1500 Metre Walk**

Region: R 6:52.04 17/02/2013 Jasmyn McDonald, Parramatta			
Name	Age	Centre	Final
1 Samantha Brown		Parramatta	7:28.80
2 Courtney Laytham		Manly Warringah	8:32.42
3 Abbey McMillen		Manly Warringah	8:57.59
4 Ashleigh O'Keefe		Nth Rocks Carlin	9:22.48
5 Alexa Carey		Ku-Ring-Gai	9:30.42

**Girls U 15 - 1500 Metre Walk**

Region: R 6:53.10 19/02/2006 Melissa Hayes, Kings Langle			
Name	Age	Centre	Final
1 Sophie Crichton		Ku-Ring-Gai	9:17.71
2 Melissa Hoy		Parramatta	9:27.03
3 Briony Black		Northern Suburbs	9:36.82



**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Girls U 17 - 1500 Metre Walk**

Region: R 6:59.47 17/02/2013 Tayla-Paige Billington, MOS			
Name	Age	Centre	Final
1	Jasmyn Mc Donald	Parramatta	6:52.69R
2	Lucinda Francis	Ku-Ring-Gai	7:28.30
3	Sarah Kelland	Ryde	9:01.14

**Boys U 8 - 70 Metre Sprint**

Region: R 10.60 19/02/2006 Jordan Shelley, Hills Distric			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Koby Bryant	Manly Warringah	11.51Q
2	Llewyn Morrison	Northern Suburbs	11.75Q
3	Matthew Gough	Nth Rocks Carlin	11.76Q
4	Marco Boccaletti	Cherrybrook	11.90q
5	Paddy Bright	Manly Warringah	12.20
6	Raymand Maikhael	Parramatta	12.47
7	Archie Taylor	Manly Warringah	12.57
8	Jai Satuala	Hornsby	12.59
Heat 2 Heats			
1	Oliver Edwards	Northern Suburbs	11.59Q
2	Billy Ryan	Manly Warringah	11.63Q
3	Andrew Kalos	Ryde	12.05Q
4	Nathanael Ramsay	Hornsby	12.09q
5	Zac Herbert	Ku-Ring-Gai	12.23
6	Kieran Arnott	Parramatta	12.51
6	Declan Reidy	Parramatta	12.51
8	Jack Thompson	Mosman	12.55

**Boys U 8 - 70 Metre Sprint**

Region: R 10.60 19/02/2006 Jordan Shelley, Hills Distric			
Name	Age	Centre	Final
Section 1 Final			
1	Koby Bryant	Manly Warringah	11.32
2	Billy Ryan	Manly Warringah	11.47
3	Oliver Edwards	Northern Suburbs	11.51
4	Marco Boccaletti	Cherrybrook	11.73
5	Llewyn Morrison	Northern Suburbs	11.79
6	Nathanael Ramsay	Hornsby	11.86
7	Andrew Kalos	Ryde	11.91
8	Matthew Gough	Nth Rocks Carlin	11.99

**Boys U 9 - 70 Metre Sprint**

Region: R 10.00 2000 Michael Oldfield, Manly Warri			
Name	Age	Centre	Heats
Heat 1 Heats			
1	Joshua Pozzolungo	Parramatta	11.04Q
2	Jet Sully	Manly Warringah	11.09Q
3	Nate Killiby	Ryde	11.27Q
4	Alexander Trueman	Manly Warringah	11.37q
5	Jack Carmichael	Ku-Ring-Gai	11.44
6	Gus Duffield	Manly Warringah	11.92
7	Riley Turkal	Ryde	12.17

**REGION TRACK & FIELD CHAMPIONSHIPS**

**Results**

**....Boys U 9 - 70 Metre Sprint**

Heat 2 Heats

1	Harrison Clark	Cherrybrook	10.94Q
2	Finnlay Bartlett	Mosman	11.05Q
3	Evan Venning	Northern Suburbs	11.16Q
4	Marcus Warner	Mosman	11.32q
5	Julian Lee	Northern Suburbs	11.39
6	Jesse Robinson	Northern Districts	11.43

**Boys U 9 - 70 Metre Sprint**

Region: R 10.00 2000		Michael Oldfield, Manly Warri	
Name	Age	Centre	Final

Section 1 Final

1	Joshua Pozzolungo	Parramatta	10.95
2	Harrison Clark	Cherrybrook	10.98
3	Jet Sully	Manly Warringah	11.01
4	Finnlay Bartlett	Mosman	11.03
5	Nate Killiby	Ryde	11.29
6	Alexander Trueman	Manly Warringah	11.36
7	Evan Venning	Northern Suburbs	11.39
8	Marcus Warner	Mosman	11.73

**Boys U 10 - 70 Metre Sprint**

Region: R 9.50 2000		Joshua Mulligan, Gosford	
Name	Age	Centre	Heats

Heat 1 Heats

1	Aidan Jones	Ku-Ring-Gai	10.39Q
2	Ethan Quintana	Northern Suburbs	10.48Q
3	Henry Roberts	Mosman	10.59Q
4	Oliver Roberts	Mosman	10.66q
5	Samiuela Moala	Ryde	10.79
6	Lewis Fahey	Northern Suburbs	11.80
7	Patrick Largo	Nth Rocks Carlin	11.83

Heat 2 Heats

1	Tama Simpkins	Northern Districts	10.31Q
2	Cormac Morrison	Northern Suburbs	10.33Q
3	Harry Anderson	Manly Warringah	10.51Q
4	Thomas Klem	Manly Warringah	10.53q
5	Sam Marsden	Cherrybrook	10.82
6	Ethan Clarke	Manly Warringah	10.90
7	Lachlan Dewar	Cherrybrook	10.93

**Boys U 10 - 70 Metre Sprint**

Region: R 9.50 2000		Joshua Mulligan, Gosford	
Name	Age	Centre	Final

Section 1 Final

1	Aidan Jones	Ku-Ring-Gai	10.57
1	Ethan Quintana	Northern Suburbs	10.57
3	Cormac Morrison	Northern Suburbs	10.70
4	Tama Simpkins	Northern Districts	10.72
5	Henry Roberts	Mosman	10.77
6	Harry Anderson	Manly Warringah	10.86
7	Thomas Klem	Manly Warringah	10.89
8	Sam Marsden	Cherrybrook	11.11

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 8 - 100 Metre Sprint**

Region: R 13.90 1995 J DeSilva, Winston Hills			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Cooper Elkins		Manly Warringah	16.17Q
2 Nathanael Ramsay		Hornsby	16.37Q
3 Billy Ryan		Manly Warringah	16.42Q
4 Matthew Gough		Nth Rocks Carlin	16.84
5 Daniel Silverstone		Ku-Ring-Gai	17.25
6 Declan Reidy		Parramatta	17.29
7 Thomas Buchanan		Nth Rocks Carlin	17.80
Heat 2 Heats			
1 Oliver Edwards		Northern Suburbs	16.11Q
2 Freddie Benson-Sparkes		Manly Warringah	16.30Q
3 Harvey Monnock		Manly Warringah	16.37Q
4 Andrew Kalos		Ryde	16.54q
5 Llewyn Morrison		Northern Suburbs	16.66q
6 William Tye		Hornsby	16.77
7 Cornelis Rawlinson		Parramatta	17.30
8 Raymand Maikhael		Parramatta	18.16

**Boys U 8 - 100 Metre Sprint**

Region: R 13.90 1995 J DeSilva, Winston Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Cooper Elkins		Manly Warringah	16.03
2 Oliver Edwards		Northern Suburbs	16.11
3 Billy Ryan		Manly Warringah	16.12
4 Nathanael Ramsay		Hornsby	16.42
5 Freddie Benson-Sparkes		Manly Warringah	16.43
6 Llewyn Morrison		Northern Suburbs	16.55
7 Harvey Monnock		Manly Warringah	16.60
8 Andrew Kalos		Ryde	16.86

**Boys U 9 - 100 Metre Sprint**

Region: R 13.90 2000 Michael Oldfield, Manly Warri			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Lachlan Herbert		Ku-Ring-Gai	15.29Q
2 James Harden		Ku-Ring-Gai	15.75Q
3 Marcus Warner		Mosman	16.09Q
4 Jack Carmichael		Ku-Ring-Gai	16.11q
5 Julian Lee		Northern Suburbs	16.22
6 Harry Court		Ryde	16.33
7 Finnlay Bartlett		Mosman	16.55
8 Nicholas Bradshaw		Cherrybrook	16.59
Heat 2 Heats			
1 Harrison Clark		Cherrybrook	15.65Q
2 Jet Sully		Manly Warringah	15.91Q
3 Joshua Pozzolungo		Parramatta	15.96Q
4 Joshua Harty		Mosman	16.10q
5 Alexander Trueman		Manly Warringah	16.47
6 Leo Walls		Northern Suburbs	16.77
7 Levi Dirks		Cherrybrook	16.96
8 Charlie Roughan		Northern Suburbs	17.04

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 9 - 100 Metre Sprint**

Region: R 13.90 2000 Michael Oldfield, Manly Warri			
Name	Age	Centre	Final
Section 1 Final			
1 Lachlan Herbert		Ku-Ring-Gai	15.01
2 Jet Sully		Manly Warringah	15.09
3 Harrison Clark		Cherrybrook	15.10
4 Joshua Pozzolungo		Parramatta	15.32
5 James Harden		Ku-Ring-Gai	15.58
6 Joshua Harty		Mosman	15.85
7 Jack Carmichael		Ku-Ring-Gai	16.14
8 Marcus Warner		Mosman	16.23

**Boys U 10 - 100 Metre Sprint**

Region: R 13.30 2000 Joshua Mulligan, Gosford			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Aidan Jones		Ku-Ring-Gai	14.64Q
2 Cormac Morrison		Northern Suburbs	15.09Q
3 Ramsey Cook		Manly Warringah	15.31Q
4 Vikay Rawali		Parramatta	15.38q
5 Sam Marsden		Cherrybrook	15.53
5 William Legget-Budden		Manly Warringah	15.53
7 Ethan Quintana		Northern Suburbs	15.65
8 Isaac Hartshorne		Hornsby	15.92
Heat 2 Heats			
1 Cameron Leverton		Northern Districts	14.68Q
2 Tama Simpkins		Northern Districts	14.82Q
3 Joseph Lynch		Manly Warringah	15.19Q
4 Brody Paterson		Northern Suburbs	15.35q
5 Lachlan Dewar		Cherrybrook	15.49
6 John Suzuki		Northern Suburbs	15.87
7 Jeremy Hargreaves		Ku-Ring-Gai	15.92
8 Gabriel Miletich		Cherrybrook	16.22

**Boys U 10 - 100 Metre Sprint**

Region: R 13.30 2000 Joshua Mulligan, Gosford			
Name	Age	Centre	Final
Section 1 Final			
1 Aidan Jones		Ku-Ring-Gai	14.53
2 Cameron Leverton		Northern Districts	14.75
3 Tama Simpkins		Northern Districts	14.83
4 Cormac Morrison		Northern Suburbs	15.06
5 Joseph Lynch		Manly Warringah	15.21
6 Ramsey Cook		Manly Warringah	15.24
7 Vikay Rawali		Parramatta	15.30
8 Brody Paterson		Northern Suburbs	15.70

**Boys U 11 - 100 Metre Sprint**

Region: R 13.10 2005 Nicholas Hough, Hills Distric			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Daniel Bertolissio		Parramatta	13.99Q

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 11 - 100 Metre Sprint**

2	Donovan Bradshaw	Cherrybrook	14.12Q
3	Sehan Samaragunaratna	Parramatta	14.45Q
4	Jonathan Reid	Cherrybrook	14.89q
5	Joshua Reynolds	Mosman	15.04q
6	Sam Bates	Ku-Ring-Gai	15.21
7	Dillon Hayford	Northern Suburbs	15.29
8	Luke Simpson	Manly Warringah	15.38

## Heat 2 Heats

1	Archie Saunders	Manly Warringah	14.33Q
2	Zachery Gardner	Manly Warringah	14.54Q
3	Gabriel Lockley	Hornsby	14.92Q
4	Max Kelly	Manly Warringah	15.14
5	Cameron Kemmis	Hornsby	15.31
6	Max Purcell	Northern Suburbs	15.35
7	Savi Moala	Ryde	15.61
8	William Hopkins	Cherrybrook	16.50

**Boys U 11 - 100 Metre Sprint**

=====			
Region: R 13.10		2005	Nicholas Hough, Hills Distric
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Daniel Bertolissio	Parramatta	13.75
2	Archie Saunders	Manly Warringah	14.00
3	Donovan Bradshaw	Cherrybrook	14.05
4	Sehan Samaragunaratna	Parramatta	14.26
5	Zachery Gardner	Manly Warringah	14.37
6	Jonathan Reid	Cherrybrook	14.51
7	Gabriel Lockley	Hornsby	14.60

**Boys U 12 - 100 Metre Sprint**

=====			
Region: R 12.30		2005	Kane Thompson, Manly Warringa
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Jordan Metcalfe	Ryde	13.68Q
2	Max Hirst	Cherrybrook	13.97Q
3	Callum Brown	Northern Suburbs	14.83Q
4	Cameron Ross-Egarr	Northern Districts	15.16
5	Joshua Ling	Hornsby	15.31
Heat 2 Heats			
1	Connor Bond	Cherrybrook	13.80Q
2	Oliver Leverton	Northern Districts	14.05Q
3	Jack Comeskey	Cherrybrook	14.31Q
4	Jackson Archibald	Mosman	14.58q
5	Lachlan Reynolds	Mosman	15.13q

**Boys U 12 - 100 Metre Sprint**

=====			
Region: R 12.30		2005	Kane Thompson, Manly Warringa
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Jordan Metcalfe	Ryde	13.38
2	Connor Bond	Cherrybrook	13.43
3	Max Hirst	Cherrybrook	13.88
4	Oliver Leverton	Northern Districts	13.94

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 12 - 100 Metre Sprint**

5	Jack Comeskey	Cherrybrook	14.20
6	Jackson Archibald	Mosman	14.50
7	Callum Brown	Northern Suburbs	14.65

**Boys U 13 - 100 Metre Sprint**

=====			
Region: R 11.70 17/02/2007 Nicholas Hough, Hills Distric			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Dillon Harris	Northern Suburbs	12.94Q
2	Riley Marosa	Manly Warringah	13.11Q
3	Aryan Sehgal	Parramatta	13.51Q
4	Aaron Steyne	Manly Warringah	13.70q
5	Jack Berte	Northern Suburbs	14.00
Heat 2 Heats			
1	Kaeo Weekes	Northern Districts	12.85Q
2	Tyrese Vidal	Ku-Ring-Gai	13.32Q
3	Nick Kalimeris	Ku-Ring-Gai	13.34Q
4	Luke Van Ratingen	Manly Warringah	13.39q
5	Thomas Hunt	Northern Suburbs	13.73
6	Ben Simpson	Manly Warringah	14.52

**Boys U 13 - 100 Metre Sprint**

=====			
Region: R 11.70 17/02/2007 Nicholas Hough, Hills Distric			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Kaeo Weekes	Northern Districts	13.08
2	Dillon Harris	Northern Suburbs	13.13
3	Riley Marosa	Manly Warringah	13.47
4	Tyrese Vidal	Ku-Ring-Gai	13.59
5	Nick Kalimeris	Ku-Ring-Gai	13.82
6	Luke Van Ratingen	Manly Warringah	13.85
7	Aryan Sehgal	Parramatta	13.87
8	Aaron Steyne	Manly Warringah	13.90

**Boys U 14 - 100 Metre Sprint**

=====			
Region: R 11.20 1995 Scott Fraser, Manly Warringah			
Name	Age	Centre	Final
=====			
Section 1			
1	Lachlan Don	Manly Warringah	12.64
2	Nathaniel Wong	Mosman	12.93
3	James Roffe	Cherrybrook	13.02
4	Aidan Pincus	Manly Warringah	13.05
5	Kalafi Moala	Ryde	13.22
6	Ryan Leatt	Ku-Ring-Gai	13.25
7	Oliver Lockley	Hornsby	13.32
8	Harish Abimanju	Cherrybrook	13.43

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 15 - 100 Metre Sprint**

Region: R 10.70 21/02/2009 Nicholas Hough, Hills Distric			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Victor Teo		Ku-Ring-Gai	12.30Q
2 Donald Ohmer		Parramatta	12.68Q
3 Angus Treeby		Manly Warringah	12.89Q
4 Nicholas Ramakrishnan		Cherrybrook	13.30q
5 Connor Hungerford		Northern Suburbs	13.82
Heat 2 Heats			
1 Kieren Briggs		Parramatta	12.61Q
2 Oscar Saunders		Manly Warringah	12.75Q
3 Jasper Spiller		Ku-Ring-Gai	13.05Q
4 Adam Ayad		Hornsby	13.30q
5 Jack Polson		Parramatta	13.88

**Boys U 15 - 100 Metre Sprint**

Region: R 10.70 21/02/2009 Nicholas Hough, Hills Distric			
Name	Age	Centre	Final
Section 1 Final			
1 Victor Teo		Ku-Ring-Gai	12.18
2 Kieren Briggs		Parramatta	12.46
3 Donald Ohmer		Parramatta	12.77
4 Angus Treeby		Manly Warringah	12.84
5 Oscar Saunders		Manly Warringah	12.88
6 Jasper Spiller		Ku-Ring-Gai	13.16
7 Adam Ayad		Hornsby	13.35

**Boys U 17 - 100 Metre Sprint**

Region: R 11.07 16/02/2013 Joshua Swan, MOSMAN			
Name	Age	Centre	Final
Section 1			
1 Ben Mackay		Northern Suburbs	11.70
2 Max Le Ban		Manly Warringah	12.04
3 Nicholas Thomson		Hornsby	12.12
4 Haydn Houssenloge		Ryde	12.15
5 Adnan Hameed		Northern Suburbs	12.23
6 Liam Frankish		Ku-Ring-Gai	12.34
7 Tom Carter		Manly Warringah	12.45
8 Nicholas Andrews		Manly Warringah	12.54

**Boys U 8 - 200 Metre Sprint**

Region: R 31.00 2001 Alexander Pettigrew, Hornsby			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Cooper Elkins		Manly Warringah	33.74Q
2 Harvey Monnock		Manly Warringah	34.63Q
3 Freddie Benson-Sparkes		Manly Warringah	35.50Q
4 Jack Thompson		Mosman	37.34
5 Archie Taylor		Manly Warringah	38.12
6 Harrison Twyman		Northern Suburbs	38.50
7 Hayden Roberts		Ku-Ring-Gai	38.84
Heat 2 Heats			

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 8 - 200 Metre Sprint**

1	Matthew Hunt	Northern Suburbs	34.02Q
2	Lachlan Tilt	Nth Rocks Carlin	34.65Q
3	Oliver Edwards	Northern Suburbs	34.78Q
4	Nathanael Ramsay	Hornsby	34.91q
5	Oscar Davidson	Cherrybrook	36.49q
6	Nikita Khomenko	Northern Suburbs	37.26
7	Tadhg Mcgrath	Ku-Ring-Gai	37.37
8	Jett Ho	Northern Suburbs	37.59

**Boys U 8 - 200 Metre Sprint**

=====			
	Region: R 31.00	2001	Alexander Pettigrew, Hornsby
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Cooper Elkins	Manly Warringah	33.10
2	Matthew Hunt	Northern Suburbs	33.35
3	Harvey Monnock	Manly Warringah	34.18
4	Lachlan Tilt	Nth Rocks Carlin	34.26
5	Freddie Benson-Sparkes	Manly Warringah	34.71
6	Nathanael Ramsay	Hornsby	34.76
7	Oliver Edwards	Northern Suburbs	36.11
8	Oscar Davidson	Cherrybrook	36.37

**Boys U 9 - 200 Metre Sprint**

=====			
	Region: R 29.10	2002	Alexander Pettigrew, Hornsby
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	James Harden	Ku-Ring-Gai	31.75Q
2	Jet Sully	Manly Warringah	32.23Q
3	Evan Venning	Northern Suburbs	32.25Q
4	Evan Dransfield	Northern Suburbs	33.28q
5	Harry Court	Ryde	33.88
6	Julian Lee	Northern Suburbs	33.99
7	Nicholas Woodhouse	Nth Rocks Carlin	34.19
8	Alexander Trueman	Manly Warringah	34.50
Heat 2 Heats			
1	Lachlan Herbert	Ku-Ring-Gai	31.02Q
2	Harrison Clark	Cherrybrook	31.86Q
3	Finn Bellerby	Manly Warringah	32.43Q
4	Joshua Harty	Mosman	32.58q
5	Lucas Sassen	Parramatta	33.54
6	Marcus Warner	Mosman	33.82
7	Nicholas Bradshaw	Cherrybrook	33.91

**Boys U 9 - 200 Metre Sprint**

=====			
	Region: R 29.10	2002	Alexander Pettigrew, Hornsby
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Lachlan Herbert	Ku-Ring-Gai	30.50
2	James Harden	Ku-Ring-Gai	31.12
3	Harrison Clark	Cherrybrook	31.50
4	Finn Bellerby	Manly Warringah	32.37
5	Evan Venning	Northern Suburbs	32.43
6	Jet Sully	Manly Warringah	32.45



**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 9 - 200 Metre Sprint**

7 Joshua Harty	Mosman	33.14
8 Evan Dransfield	Northern Suburbs	33.74

**Boys U 10 - 200 Metre Sprint**

=====			
Region:	R 27.50	2001	Justin Hayward, Manly Warring
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Lucas Head		Manly Warringah	30.07Q
2 Tama Simpkins		Northern Districts	31.06Q
3 Brody Paterson		Northern Suburbs	31.34Q
4 Lachlan Dewar		Cherrybrook	32.12
5 Isaac Hartshorne		Hornsby	32.30
Heat 2 Heats			
1 Aidan Jones		Ku-Ring-Gai	30.25Q
2 Thomas Klem		Manly Warringah	31.39Q
3 Joseph Lynch		Manly Warringah	31.56Q
4 Sam Marsden		Cherrybrook	31.74q
5 Cormac Morrison		Northern Suburbs	31.81q
6 Zachary Flynn		Manly Warringah	31.98
7 Vikay Rawali		Parramatta	32.56
8 Lance David		Parramatta	33.70

**Boys U 10 - 200 Metre Sprint**

=====			
Region:	R 27.50	2001	Justin Hayward, Manly Warring
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Lucas Head		Manly Warringah	29.95
2 Aidan Jones		Ku-Ring-Gai	30.10
3 Brody Paterson		Northern Suburbs	31.46
4 Tama Simpkins		Northern Districts	31.65
5 Sam Marsden		Cherrybrook	32.19
6 Joseph Lynch		Manly Warringah	32.20
7 Lachlan Dewar		Cherrybrook	32.30
8 Cormac Morrison		Northern Suburbs	32.60

**Boys U 11 - 200 Metre Sprint**

=====			
Region:	R 27.10	22/02/2004	Alexander Pettigrew, Parramat
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1 Daniel Bertolissio		Parramatta	29.60Q
2 Sam Bates		Ku-Ring-Gai	29.77Q
3 Austin Little		Northern Suburbs	30.17Q
4 Cameron Kemmis		Hornsby	30.20q
5 Dillon Hayford		Northern Suburbs	30.72
6 Anthony Feng		Ryde	31.47
7 Ashton Hanna		Ryde	34.00
Heat 2 Heats			
1 Donovan Bradshaw		Cherrybrook	28.19Q
2 Zachery Gardner		Manly Warringah	29.01Q
3 Marcus Panetta		Northern Districts	29.42Q
4 Max Kelly		Manly Warringah	30.55q
5 Joshua Reynolds		Mosman	31.90
6 Riley Hemsworth		Ku-Ring-Gai	31.93

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 11 - 200 Metre Sprint**

7 Savi Moala	Ryde	32.14
8 Darcy Holmes	Northern Suburbs	32.63

**Boys U 11 - 200 Metre Sprint**

=====			
Region:	R 27.10	22/02/2004	Alexander Pettigrew, Parramat
Name		Age Centre	Final
=====			

## Section 1 Final

1 Daniel Bertolissio	Parramatta	27.71
2 Donovan Bradshaw	Cherrybrook	27.74
3 Zachery Gardner	Manly Warringah	28.85
4 Sam Bates	Ku-Ring-Gai	29.00
5 Marcus Panetta	Northern Districts	29.10
6 Cameron Kemmis	Hornsby	30.05
7 Austin Little	Northern Suburbs	30.28
8 Max Kelly	Manly Warringah	30.48

**Boys U 12 - 200 Metre Sprint**

=====			
Region:	R 25.80	2005	Kane Thompson, Manly Warringa
Name		Age Centre	Heats
=====			

## Heat 1 Heats

1 Jordan Metcalfe	Ryde	27.70Q
2 Aymeric Moloney	Manly Warringah	28.24Q
3 Noah Liu	Parramatta	28.80Q
4 Jonathan Friend	Hornsby	28.99q
5 Jaden Georgoulas	Ku-Ring-Gai	31.07

## Heat 2 Heats

1 Connor Bond	Cherrybrook	28.06Q
2 Jack Comeskey	Cherrybrook	28.42Q
3 Callum Brown	Northern Suburbs	29.85Q
4 Jai Lagois	Manly Warringah	30.04q
5 Lachlan Reynolds	Mosman	30.34

**Boys U 12 - 200 Metre Sprint**

=====			
Region:	R 25.80	2005	Kane Thompson, Manly Warringa
Name		Age Centre	Final
=====			

## Section 1 Final

1 Jordan Metcalfe	Ryde	27.55
2 Connor Bond	Cherrybrook	27.68
3 Aymeric Moloney	Manly Warringah	27.88
4 Noah Liu	Parramatta	28.49
5 Jack Comeskey	Cherrybrook	28.71
6 Jonathan Friend	Hornsby	29.58
7 Callum Brown	Northern Suburbs	30.19

**Boys U 13 - 200 Metre Sprint**

=====			
Region:	R 24.00	18/02/2007	Nicholas Hough, Hills Distric
Name		Age Centre	Heats
=====			

## Heat 1 Heats

1 Dillon Harris	Northern Suburbs	26.26Q
2 Riley Marosa	Manly Warringah	26.85Q
3 Tyrese Vidal	Ku-Ring-Gai	27.46Q

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 13 - 200 Metre Sprint**

4	Liam Coble	Parramatta	27.91q
5	Thomas Hunt	Northern Suburbs	27.94
6	Jack Wrightson	Manly Warringah	28.69

## Heat 2 Heats

1	Kaeo Weekes	Northern Districts	26.38Q
2	Morgan Little	Cherrybrook	26.59Q
3	Luke Van Ratingen	Manly Warringah	26.99Q
4	Aryan Sehgal	Parramatta	27.47q
5	Thisara Gunawardena	Cherrybrook	29.13

**Boys U 13 - 200 Metre Sprint**

Region: R 24.00 18/02/2007 Nicholas Hough, Hills Distric

Name Age Centre Final

## Section 1 Final

1	Dillon Harris	Northern Suburbs	26.02
2	Kaeo Weekes	Northern Districts	26.32
3	Morgan Little	Cherrybrook	26.58
4	Luke Van Ratingen	Manly Warringah	26.88
5	Tyrese Vidal	Ku-Ring-Gai	27.04
6	Thomas Hunt	Northern Suburbs	27.23
7	Aryan Sehgal	Parramatta	27.96
8	Liam Coble	Parramatta	28.03

**Boys U 14 - 200 Metre Sprint**

Region: R 22.90 17/02/2008 Nicholas Hough, Hills Distric

Name Age Centre Heats

## Heat 1 Heats

1	Lachlan Don	Manly Warringah	26.63Q
2	James Roffe	Cherrybrook	26.77Q
3	Miles Sizer	Mosman	27.20Q
4	Nathaniel Wong	Mosman	27.25q
5	Charlie Lovegrove	Northern Suburbs	28.36

## Heat 2 Heats

1	Daniel Tan	Nth Rocks Carlin	26.58Q
2	Ryan Leatt	Ku-Ring-Gai	26.95Q
3	Kalafi Moala	Ryde	27.01Q
4	Harish Abimanju	Cherrybrook	27.62q
5	Samuel Plummer	Ryde	27.63
6	Jonah Marsden	Northern Districts	28.34

**Boys U 14 - 200 Metre Sprint**

Region: R 22.90 17/02/2008 Nicholas Hough, Hills Distric

Name Age Centre Final

## Section 1 Final

1	Lachlan Don	Manly Warringah	26.32
2	Daniel Tan	Nth Rocks Carlin	26.47
3	James Roffe	Cherrybrook	26.62
4	Ryan Leatt	Ku-Ring-Gai	26.80
5	Kalafi Moala	Ryde	27.24
6	Nathaniel Wong	Mosman	27.47

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 15 - 200 Metre Sprint**

Region: R 21.50 22/02/2009 Nicholas Hough, Hills Distric			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Ben Carter		Manly Warringah	25.20Q
2 John Economides		Manly Warringah	25.38Q
3 Jamie Basheer		Northern Suburbs	25.73Q
4 Donald Ohmer		Parramatta	26.02q
5 Jasper Spiller		Ku-Ring-Gai	26.14
6 Nicholas Ramakrishnan		Cherrybrook	28.23
Heat 2 Heats			
1 Louis Purcell		Ryde	24.33Q
2 Victor Teo		Ku-Ring-Gai	25.07Q
3 Kieren Briggs		Parramatta	25.22Q
4 Jacob Winston		Manly Warringah	25.62q
5 Finnian Kelleher		Manly Warringah	26.19
6 Angus Treeby		Manly Warringah	26.48
7 Nathan Culhane		Northern Suburbs	26.77

**Boys U 15 - 200 Metre Sprint**

Region: R 21.50 22/02/2009 Nicholas Hough, Hills Distric			
Name	Age	Centre	Final
Section 1 Final			
1 Louis Purcell		Ryde	24.29
2 Ben Carter		Manly Warringah	24.42
3 Victor Teo		Ku-Ring-Gai	24.81
4 John Economides		Manly Warringah	24.97
5 Kieren Briggs		Parramatta	25.35
6 Jamie Basheer		Northern Suburbs	25.57
7 Jacob Winston		Manly Warringah	26.16
8 Donald Ohmer		Parramatta	26.42

**Boys U 17 - 200 Metre Sprint**

Region: R 22.64 17/02/2013 Joshua Swan, MOSMAN			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Sam Richardson		Northern Suburbs	24.80Q
2 Nicholas Andrews		Manly Warringah	25.00Q
3 Keishon Lynch		Manly Warringah	25.08Q
4 Nicholas O'Donohue		Northern Suburbs	25.34q
5 Benjamin Woollett		Hornsby	26.38
Heat 2 Heats			
1 Ben Mackay		Northern Suburbs	24.01Q
2 Joshua Baddock		Cherrybrook	24.08Q
3 Austin Hake		Northern Suburbs	25.19Q
4 Tom Carter		Manly Warringah	25.67q

**Boys U 17 - 200 Metre Sprint**

Region: R 22.64 17/02/2013 Joshua Swan, MOSMAN			
Name	Age	Centre	Final
Section 1 Final			
1 Ben Mackay		Northern Suburbs	22.96
2 Sam Richardson		Northern Suburbs	23.47

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 17 - 200 Metre Sprint**

3	Nicholas O'Donohue	Northern Suburbs	23.87
4	Austin Hake	Northern Suburbs	24.86
5	Nicholas Andrews	Manly Warringah	24.94
6	Keishon Lynch	Manly Warringah	25.11
7	Tom Carter	Manly Warringah	25.15

**Boys U 8 - 400 Metre Sprint**

=====			
	Region: R 1:09.70	2001	Alexander Pettigrew, Hornsb
Name	Age	Centre	Heats
=====			

## Heat 1 Heats

1	Will Kay	Ku-Ring-Gai	1:15.45Q
2	Matthew Hunt	Northern Suburbs	1:18.94Q
3	Max Duncan	Ku-Ring-Gai	1:20.39Q
4	Cornelis Rawlinson	Parramatta	1:24.31
5	Aidan Lee	Northern Suburbs	1:27.65
6	Oscar Davidson	Cherrybrook	1:28.23
7	Ravi Soni-Abayakoon	Parramatta	1:32.31

## Heat 2 Heats

1	Freddie Benson-Sparkes	Manly Warringah	1:15.84Q
2	Paddy Bright	Manly Warringah	1:17.72Q
3	Nathanael Ramsay	Hornsby	1:20.01Q
4	Alec Mitchell	Nth Rocks Carlin	1:21.31q
5	William Rawstorne	Mosman	1:21.66q
6	Maxx Heaton	Ryde	1:22.90
7	Daniel Clempson	Manly Warringah	1:23.44
8	Marcus Walsh	Northern Suburbs	1:24.42

**Boys U 8 - 400 Metre Sprint**

=====			
	Region: R 1:09.70	2001	Alexander Pettigrew, Hornsb
Name	Age	Centre	Final
=====			

## Section 1 Final

1	Will Kay	Ku-Ring-Gai	1:14.32
2	Matthew Hunt	Northern Suburbs	1:15.50
3	Freddie Benson-Sparkes	Manly Warringah	1:16.57
4	Nathanael Ramsay	Hornsby	1:18.52
5	Paddy Bright	Manly Warringah	1:18.58
6	Max Duncan	Ku-Ring-Gai	1:20.53
7	William Rawstorne	Mosman	1:24.41
8	Alec Mitchell	Nth Rocks Carlin	1:24.52

**Boys U 9 - 400 Metre Sprint**

=====			
	Region: R 1:05.30	2002	Alexander Pettigrew, Hornsb
Name	Age	Centre	Heats
=====			

## Heat 1 Heats

1	Lachlan Herbert	Ku-Ring-Gai	1:10.37Q
2	Evan Dransfield	Northern Suburbs	1:10.81Q
3	Owen Douglas	Ryde	1:15.67Q
4	Thomas Brennan	Nth Rocks Carlin	1:17.98
5	Ieuan Horlock	Manly Warringah	1:19.04
6	Marcus Warner	Mosman	1:19.54

## Heat 2 Heats

1	James Harden	Ku-Ring-Gai	1:12.58Q
2	Harrison Clark	Cherrybrook	1:12.96Q

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 9 - 400 Metre Sprint**

3	Charlie Roughan	Northern Suburbs	1:13.57Q
4	Julian Lee	Northern Suburbs	1:14.48q
5	Sean Williams	Ku-Ring-Gai	1:14.68q
6	Lucas Sassen	Parramatta	1:17.57
7	Gus Duffield	Manly Warringah	1:19.33
8	Jonah Watson	Parramatta	1:20.11

**Boys U 9 - 400 Metre Sprint**

=====			
Region:	R 1:05.30	2002	Alexander Pettigrew, Hornsb
Name		Age Centre	Final
=====			

## Section 1 Final

1	Lachlan Herbert	Ku-Ring-Gai	1:08.59
2	Evan Dransfield	Northern Suburbs	1:09.52
3	James Harden	Ku-Ring-Gai	1:11.56
4	Sean Williams	Ku-Ring-Gai	1:14.28
5	Charlie Roughan	Northern Suburbs	1:15.69
6	Owen Douglas	Ryde	1:16.56
7	Harrison Clark	Cherrybrook	1:16.76
8	Julian Lee	Northern Suburbs	1:18.40

**Boys U 10 - 400 Metre Sprint**

=====			
Region:	R 1:02.50	27/02/2010	Tyler Gunn, Gosford
Name		Age Centre	Heats
=====			

## Heat 1 Heats

1	Lucas Head	Manly Warringah	1:07.80Q
2	Isaac Nevin	Manly Warringah	1:12.54Q
3	Finn Kennedy	Northern Suburbs	1:15.27Q
4	Lachlan Roberts	Parramatta	1:17.48
5	Cormac Morrison	Northern Suburbs	1:19.54
6	Corey Dewar	Cherrybrook	1:22.56

## Heat 2 Heats

1	Zachary Roome	Manly Warringah	1:09.67Q
2	Zachary Flynn	Manly Warringah	1:10.01Q
3	Lewis Fahey	Northern Suburbs	1:10.56Q
4	Alex Mills	Hornsby	1:13.78q
5	Joshua Mitchell	Hornsby	1:14.57q
6	Dylan Searle	Cherrybrook	1:15.00
7	Hamish Smillie	Cherrybrook	1:19.98
8	Lucas Longley	Northern Suburbs	1:20.14

**Boys U 10 - 400 Metre Sprint**

=====			
Region:	R 1:02.50	27/02/2010	Tyler Gunn, Gosford
Name		Age Centre	Final
=====			

## Section 1 Final

1	Lucas Head	Manly Warringah	1:05.00
2	Zachary Roome	Manly Warringah	1:07.08
3	Zachary Flynn	Manly Warringah	1:08.20
4	Lewis Fahey	Northern Suburbs	1:09.12
5	Joshua Mitchell	Hornsby	1:11.07
6	Alex Mills	Hornsby	1:12.57
7	Finn Kennedy	Northern Suburbs	1:13.37
8	Isaac Nevin	Manly Warringah	1:13.62

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 11 - 400 Metre Sprint**

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=====
Region: R 1:00.50 22/02/2004 Alexander Pettigrew, Parram
Name Age Centre Heats
=====

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## Heat 1 Heats

1	Donovan Bradshaw	Cherrybrook	1:06.26Q
2	Cameron Kemmis	Hornsby	1:07.32Q
3	Liam McKenzie	Cherrybrook	1:07.88Q
4	Duncan Loane	Northern Suburbs	1:08.86q
5	Coby Walton	Northern Districts	1:08.91
6	Alex Palmer	Manly Warringah	1:11.47
7	Lachlan Easdown	Ku-Ring-Gai	1:14.62
8	Jonty Rudolph	Cherrybrook	1:21.92

## Heat 2 Heats

1	Marcus Panetta	Northern Districts	1:07.26Q
2	Ethan Jeffrey	Northern Suburbs	1:07.85Q
3	Joseph Rooney	Northern Suburbs	1:07.96Q
4	Hunter Hosking	Nth Rocks Carlin	1:08.32q
5	William Klem	Manly Warringah	1:10.34
6	Zachery Gardner	Manly Warringah	1:12.50
7	James Farrington	Cherrybrook	1:12.87

**Boys U 11 - 400 Metre Sprint**

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=====
Region: R 1:00.50 22/02/2004 Alexander Pettigrew, Parram
Name Age Centre Final
=====

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## Section 1 Final

1	Marcus Panetta	Northern Districts	1:04.44
2	Donovan Bradshaw	Cherrybrook	1:06.50
3	Cameron Kemmis	Hornsby	1:07.29
4	Duncan Loane	Northern Suburbs	1:07.49
5	Hunter Hosking	Nth Rocks Carlin	1:07.91
6	Liam McKenzie	Cherrybrook	1:08.32
7	Joseph Rooney	Northern Suburbs	1:08.89
8	Ethan Jeffrey	Northern Suburbs	1:09.99

**Boys U 12 - 400 Metre Sprint**

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=====
Region: R 58.60 18/02/2006 Adam Harding, Hills District
Name Age Centre Heats
=====

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## Heat 1 Heats

1	James Constable	Ku-Ring-Gai	1:04.07Q
2	Dominic Panozzo	Northern Suburbs	1:05.32Q
3	Benjamin Maestri	Parramatta	1:07.75Q
4	Jaden Georgoulas	Ku-Ring-Gai	1:07.97q
5	Thomas Russo	Hornsby	1:09.94
6	Jacob Rodriguez	Parramatta	1:11.67

## Heat 2 Heats

1	Jonathan Friend	Hornsby	1:02.91Q
2	Max Holmes	Northern Suburbs	1:05.80Q
3	Harry Farrington	Cherrybrook	1:06.65Q
4	Keanu Goehring	Manly Warringah	1:07.70q
5	James Hunt	Northern Suburbs	1:10.98
6	Will Green	Northern Suburbs	1:13.57
7	Robert Attard	Parramatta	1:14.95

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 12 - 400 Metre Sprint**

Region: R 58.60 18/02/2006 Adam Harding, Hills District			
Name	Age	Centre	Final
Section 1 Final			
1 James Constable		Ku-Ring-Gai	1:01.47
2 Jonathan Friend		Hornsby	1:01.85
3 Dominic Panozzo		Northern Suburbs	1:02.32
4 Max Holmes		Northern Suburbs	1:03.10
5 Harry Farrington		Cherrybrook	1:06.56
6 Keanu Goehring		Manly Warringah	1:08.51
7 Benjamin Maestri		Parramatta	1:10.12
8 Jaden Georgoulas		Ku-Ring-Gai	1:11.63

**Boys U 13 - 400 Metre Sprint**

Region: R 55.70 27/02/2010 Stephen Eaton, Cherrybrook			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Riley Marosa		Manly Warringah	59.22Q
2 Nick Kalimeris		Ku-Ring-Gai	1:01.37Q
3 Connor Latham		Ryde	1:02.94Q
4 Aaron Steyne		Manly Warringah	1:03.38q
5 Aryan Sehgal		Parramatta	1:05.52
6 Hugo Blackley		Manly Warringah	1:06.18
7 William Stacey		Northern Suburbs	1:07.52
Heat 2 Heats			
1 Morgan Little		Cherrybrook	1:00.53Q
2 Thomas Hunt		Northern Suburbs	1:01.15Q
3 Hamish Murray		Hornsby	1:02.14Q
4 Luke Van Ratingen		Manly Warringah	1:02.48q
5 Lawrence Cuevas		Cherrybrook	1:07.43

**Boys U 13 - 400 Metre Sprint**

Region: R 55.70 27/02/2010 Stephen Eaton, Cherrybrook			
Name	Age	Centre	Final
Section 1 Final			
1 Morgan Little		Cherrybrook	56.68
2 Riley Marosa		Manly Warringah	59.04
3 Thomas Hunt		Northern Suburbs	1:00.84
4 Hamish Murray		Hornsby	1:01.71
5 Connor Latham		Ryde	1:03.07
6 Luke Van Ratingen		Manly Warringah	1:04.53
7 Nick Kalimeris		Ku-Ring-Gai	1:09.99

**Boys U 14 - 400 Metre Sprint**

Region: R 53.50 2002 Rhys Thumbadoo, Manly Warring			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Austin Thomson		Ku-Ring-Gai	59.55Q
2 Luke Gosper		Parramatta	1:00.44Q
3 Dan Rasmussen		Manly Warringah	1:01.16Q
4 Patrick Hore		Manly Warringah	1:02.31q
5 Kalafi Moala		Ryde	1:03.30
6 Andrew Tse		Northern Suburbs	1:09.09



**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 14 - 400 Metre Sprint**

Heat 2 Heats

1	Bryn Lynch	Manly Warringah	58.40Q
2	Ryan Leatt	Ku-Ring-Gai	59.72Q
3	Miles Sizer	Mosman	59.77Q
4	Harish Abimanju	Cherrybrook	1:00.73q
5	Benjamin Vu	Nth Rocks Carlin	1:10.65

**Boys U 14 - 400 Metre Sprint**

=====			
Region:	R 53.50	2002	Rhys Thumbadoo, Manly Warring
Name		Age Centre	Final
=====			

Section 1 Final

1	Bryn Lynch	Manly Warringah	55.47
2	Austin Thomson	Ku-Ring-Gai	58.59
3	Dan Rasmussen	Manly Warringah	58.70
4	Miles Sizer	Mosman	59.36
5	Luke Gosper	Parramatta	59.39
6	Patrick Hore	Manly Warringah	1:00.41
7	Ryan Leatt	Ku-Ring-Gai	1:00.72
8	Harish Abimanju	Cherrybrook	1:03.65

**Boys U 15 - 400 Metre Sprint**

=====			
Region:	R 50.90	1991	James Robinson, Parramatta
Name		Age Centre	Final
=====			

Section 1

1	Ben Carter	Manly Warringah	54.99
2	Thomas Corel	Mosman	56.10
3	Jasper Spiller	Ku-Ring-Gai	56.74
4	Nathan Culhane	Northern Suburbs	57.52
5	Nicholas Ramakrishnan	Cherrybrook	1:02.48
6	Will law	Manly Warringah	1:07.53

**Boys U 17 - 400 Metre Sprint**

=====			
Region:	R 49.75	16/02/2013	Bryce Collins, Northern Subur
Name		Age Centre	Heats
=====			

Heat 1 Heats

1	Sam Richardson	Northern Suburbs	52.37Q
2	Liam Frankish	Ku-Ring-Gai	53.57Q
3	Richard Ledger	Manly Warringah	54.37Q
4	Oliver Clarke	Cherrybrook	55.64q
5	Henry Schweers	Northern Districts	1:01.88

Heat 2 Heats

1	Ben Mackay	Northern Suburbs	53.21Q
2	Austin Hake	Northern Suburbs	54.51Q
3	Nicholas Purcell	Ryde	55.87Q
4	Andrew Chapman	Northern Suburbs	56.66q
5	Keishon Lynch	Manly Warringah	56.96
6	Christopher Davies	Manly Warringah	1:02.52

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 17 - 400 Metre Sprint**

Region: R 49.75 16/02/2013 Bryce Collins, Northern Subur			
Name	Age	Centre	Final
Section 1 Final			
1 Ben Mackay		Northern Suburbs	50.97
2 Sam Richardson		Northern Suburbs	51.92
3 Austin Hake		Northern Suburbs	53.20
4 Liam Frankish		Ku-Ring-Gai	53.63
5 Richard Ledger		Manly Warringah	55.07
6 Nicholas Purcell		Ryde	55.68
7 Oliver Clarke		Cherrybrook	56.23
8 Andrew Chapman		Northern Suburbs	1:00.54

**Boys U 9 - 800 Metre Run**

Region: R 2:27.80 2002 Alexander Pettigrew, Hornsb			
Name	Age	Centre	Final
Section 1			
1 Evan Dransfield		Northern Suburbs	2:37.90
2 Sean Williams		Ku-Ring-Gai	2:39.83
3 Owen Douglas		Ryde	2:46.81
4 Charlie Roughan		Northern Suburbs	2:48.37
5 Thomas Brennan		Nth Rocks Carlin	2:50.27
6 Corban Ross		Hornsby	2:51.33
7 Matthew Hogg		Mosman	2:52.01
8 Lucas Sassen		Parramatta	2:54.30
9 Joshua Easton		Hornsby	2:54.57
10 Nicholas Woodhouse		Nth Rocks Carlin	2:58.58
11 Joshua Harty		Mosman	2:59.03
12 George Newbrun		Ku-Ring-Gai	3:02.49
13 Ivan Prizmic		Ryde	3:06.52
14 Harrison Flower		Hornsby	3:06.80

**Boys U 10 - 800 Metre Run**

Region: R 2:27.30 16/02/2003 Alexander Pettigrew, Parram			
Name	Age	Centre	Final
1 Zachary Roome		Manly Warringah	2:35.35
2 Ryan Frykberg		Cherrybrook	2:38.51
3 Jenson McIntosh		Ku-Ring-Gai	2:39.22
4 Lewis Fahey		Northern Suburbs	2:39.44
5 Charlie Burt		Northern Suburbs	2:40.11
6 Lachlan Roberts		Parramatta	2:40.34
7 Isaac Nevin		Manly Warringah	2:43.48
8 Finn Kennedy		Northern Suburbs	2:44.36
9 Max Halliday		Manly Warringah	2:46.47
10 Dylan Searle		Cherrybrook	2:47.04
11 Daniel Hopper		Mosman	2:48.06
12 Noah Ashton		Ku-Ring-Gai	2:50.67
13 Samuel Walter		Ku-Ring-Gai	2:51.45
14 Alex Mills		Hornsby	2:51.81

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 11 - 800 Metre Run**

Region: R 2:21.80 22/02/2004 Alexander Pettigrew, Parram				
Name	Age	Centre	Final	
1	Marcus	Panetta	Northern Districts	2:28.05
2	Rafi	Gordon	Manly Warringah	2:28.28
3	William	Constable	Ku-Ring-Gai	2:28.51
4	Adam	Bruntsch	Ryde	2:31.14
5	Hunter	Hosking	Nth Rocks Carlin	2:31.34
6	Aaron	Ho	Northern Suburbs	2:34.33
7	Duncan	Loane	Northern Suburbs	2:35.69
8	Wilson	Sarkies	Manly Warringah	2:36.24
9	James	Farrington	Cherrybrook	2:36.95
10	Joseph	Rooney	Northern Suburbs	2:40.98
11	Thomas	Davey	Hornsby	2:43.50
12	Cameron	Gorman	Manly Warringah	2:45.02
13	Ashton	Cooper	Nth Rocks Carlin	2:55.43
14	Jonty	Rudolph	Cherrybrook	3:02.66

**Boys U 12 - 800 Metre Run**

Region: R 2:16.20 2005 Alexander Pettigrew, Parram				
Name	Age	Centre	Final	
1	James	Constable	Ku-Ring-Gai	2:20.23
2	Dominic	Panozzo	Northern Suburbs	2:24.36
3	Harry	Farrington	Cherrybrook	2:24.60
4	Jonathan	Friend	Hornsby	2:26.86
5	Jack	Stokeld	Mosman	2:28.96
6	Keanu	Goehring	Manly Warringah	2:34.57
7	Will	Green	Northern Suburbs	2:36.68
8	William	Blackburn	Ku-Ring-Gai	2:37.09
9	Chris	Hope	Manly Warringah	2:39.35
10	Jason	McCoy	Ku-Ring-Gai	2:39.66
11	Robert	Attard	Parramatta	2:41.22
12	William	Bowden	Cherrybrook	2:41.54
13	Aidan	Lidbetter	Hornsby	2:42.95
14	Benjamin	Maestri	Parramatta	2:45.13

**Boys U 13 - 800 Metre Run**

Region: R 2:11.20 2005 Michael Todd, Ryde				
Name	Age	Centre	Final	
1	Morgan	Little	Cherrybrook	2:19.61
2	Kieran	Gorman	Manly Warringah	2:24.87
3	Thomas	Hunt	Northern Suburbs	2:25.36
4	Hamish	Murray	Hornsby	2:28.66
5	James	Wilson	Manly Warringah	2:30.51
6	Zackary	Kimball	Manly Warringah	2:33.02
7	Curtis	Kingsmill	Northern Suburbs	2:33.37
8	Connor	Latham	Ryde	2:34.52
9	Anthony	Shahla	Nth Rocks Carlin	2:36.23
10	Aryan	Sehgal	Parramatta	2:40.87
11	Hamish	Longworth	Northern Suburbs	2:47.40
12	Elijah	Khallouf	Northern Districts	2:49.86

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 14 - 800 Metre Run**

Region: R 2:07.40 2002 P Cummings, Gosford			
Name	Age	Centre	Final
1 Bryn Lynch		Manly Warringah	2:06.95R
2 Benjamin Bishop		Cherrybrook	2:13.83
3 Dan Rasmussen		Manly Warringah	2:19.40
4 Joshua Silver		Northern Districts	2:22.48
5 Oliver Arcus		Ryde	2:23.13
6 Patrick Hore		Manly Warringah	2:23.58
7 Logan Wade		Ryde	2:24.90
8 Timothy Walter		Ku-Ring-Gai	2:27.79
9 Erik Frykberg		Cherrybrook	2:29.72
10 Charlie Lovegrove		Northern Suburbs	2:41.27
11 Benjamin Vu		Nth Rocks Carlin	2:46.84

**Boys U 15 - 800 Metre Run**

Region: R 1:58.88 19/02/2012 Jack Collett, Gosford			
Name	Age	Centre	Final
1 Jack Mills		Manly Warringah	2:01.54
2 Elliot Metcalf		Manly Warringah	2:02.29
3 Harrison Wade		Ryde	2:07.19
4 Fergus Whelan		Northern Suburbs	2:12.91
5 Liam Gorman		Manly Warringah	2:13.69
6 Nick Corel		Mosman	2:14.23
7 Eddie Frankish		Ku-Ring-Gai	2:24.14
8 Paul Morrison		Parramatta	2:36.47

**Boys U 17 - 800 Metre Run**

Region: R 1:58.90 28/02/2010 Craig Cameron, Gosford			
Name	Age	Centre	Final
1 Ben Mackay		Northern Suburbs	2:00.00
2 James McFadden		Ku-Ring-Gai	2:01.46
3 Luke Gorman		Manly Warringah	2:02.29
4 Adam Halmy		Northern Districts	2:05.26
5 Oliver Clarke		Cherrybrook	2:06.62
6 Nicholas Purcell		Ryde	2:13.71
7 Michael Frost		Northern Districts	2:20.85

**Boys U 10 - 1500 Metre Run**

Region: R 4:58.80 15/02/2003 Alexander Pettigrew, Parram			
Name	Age	Centre	Final
1 Zachary Roome		Manly Warringah	5:20.91
2 Ryan Frykberg		Cherrybrook	5:22.45
3 Finn Kennedy		Northern Suburbs	5:25.54
4 Ethan Oliver		Northern Districts	5:25.73
5 Lewis Fahey		Northern Suburbs	5:29.32
6 Noah Ashton		Ku-Ring-Gai	5:42.10
7 Lachlan Roberts		Parramatta	5:46.98
8 Hamish Smillie		Cherrybrook	5:48.21
9 Jeremy Plummer		Ryde	5:52.01
10 Ryan Khattar		Ku-Ring-Gai	5:53.61
11 Cavan Ryan		Ku-Ring-Gai	5:58.09
12 Max Fisher		Northern Suburbs	6:03.95

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 10 - 1500 Metre Run**

13 Lucas Longley	Northern Suburbs	6:04.25
14 Frederic Serisier	Manly Warringah	6:04.90

**Boys U 11 - 1500 Metre Run**

Region: R 4:47.70 19/02/2011 Elliot Metcalf, Manly Warri		
Name	Age Centre	Final
1 Marcus Panetta	Northern Districts	5:05.82
2 William Constable	Ku-Ring-Gai	5:07.50
3 Rafi Gordon	Manly Warringah	5:10.29
4 Duncan Loane	Northern Suburbs	5:11.80
5 Adam Bruntsch	Ryde	5:12.19
6 Cameron Gorman	Manly Warringah	5:12.43
7 Joseph Rooney	Northern Suburbs	5:20.11
8 Wilson Sarkies	Manly Warringah	5:21.74
9 James Farrington	Cherrybrook	5:26.03
10 Hunter Hosking	Nth Rocks Carlin	5:27.34
11 Jonah Edwards	Northern Suburbs	5:29.37
12 Jonty Rudolph	Cherrybrook	5:56.60
13 Ashton Cooper	Nth Rocks Carlin	5:56.96
14 Oliver Patchett	Hornsby	6:12.78

**Boys U 12 - 1500 Metre Run**

Region: R 4:43.00 2005 Alexander Pettigrew, Parram		
Name	Age Centre	Final
1 Harry Farrington	Cherrybrook	5:00.85
2 Jack Stokeld	Mosman	5:11.69
3 Will Green	Northern Suburbs	5:16.42
4 Keanu Goehring	Manly Warringah	5:19.82
5 Robert Attard	Parramatta	5:23.19
6 Martin Leerberg	Northern Suburbs	5:27.85
7 Chris Hope	Manly Warringah	5:29.69
8 Kye Ullman	Manly Warringah	5:36.25
9 Alex Doherty	Ryde	5:38.00
10 Oliver Lennox	Cherrybrook	5:42.30
11 William Blackburn	Ku-Ring-Gai	5:43.21
12 Sam Axford	Mosman	6:03.19
13 Lachlan Cruickshank	Manly Warringah	6:04.33
-- Thomas Russo	Hornsby	DNF

**Boys U 13 - 1500 Metre Run**

Region: R 4:33.00 21/02/2004 Cameron Page, Gosford		
Name	Age Centre	Final
1 Kieran Gorman	Manly Warringah	4:57.62
2 James Wilson	Manly Warringah	5:05.76
3 Curtis Kingsmill	Northern Suburbs	5:16.06
4 Lawrence Cuevas	Cherrybrook	5:19.40
5 Ben Graham	Hornsby	5:24.22
6 Hayden Blaskett	Manly Warringah	5:25.36
7 Harrison Ross	Northern Districts	5:28.34
8 Ryan Manley	Parramatta	5:39.56
9 William Stacey	Northern Suburbs	5:43.22
10 Cameron McMahon	Nth Rocks Carlin	5:45.92

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 14 - 1500 Metre Run**

Region: R 4:23.88 15/02/2014 Harrison Wade, Ryde			
Name	Age	Centre	Final
1	Bryn Lynch	Manly Warringah	4:24.91
2	Luke Gosper	Parramatta	4:34.11
3	Benjamin Bishop	Cherrybrook	4:34.96
4	Max Mahon	Manly Warringah	4:43.85
5	Ryan Jones	Cherrybrook	4:52.45
6	Thomas Davies	Mosman	4:53.48
7	Logan Wade	Ryde	4:54.15
8	Joshua Silver	Northern Districts	4:54.45
9	Oliver Arcus	Ryde	4:58.68
10	Harrison Mavin	Ku-Ring-Gai	5:03.88
11	Corey Kavanagh	Nth Rocks Carlin	5:08.07
12	Erik Frykberg	Cherrybrook	5:12.20
13	Timothy Walter	Ku-Ring-Gai	5:17.56
14	Peter Gardiner	Northern Suburbs	5:36.76
15	Benjamin Vu	Nth Rocks Carlin	5:55.36

**Boys U 15 - 1500 Metre Run**

Region: R 4:10.70 2005 James Kaan, Hills District			
Name	Age	Centre	Final
1	Harrison Wade	Ryde	4:14.76
2	Jack Mills	Manly Warringah	4:19.44
3	Elliot Metcalf	Manly Warringah	4:20.93
4	Liam Gorman	Manly Warringah	4:28.20
5	Fergus Whelan	Northern Suburbs	4:46.13
6	Hugo Whelan	Northern Suburbs	4:46.95
7	Nick Corel	Mosman	5:08.87

**Boys U 17 - 1500 Metre Run**

Region: R 4:14.24 16/02/2013 Taylor John, Ku-Ring-Gai			
Name	Age	Centre	Final
1	Adam Halmy	Northern Districts	4:16.88
2	Luke Gorman	Manly Warringah	4:17.07
3	Charlie Doherty	Northern Suburbs	4:21.44
4	Harlan Mulherin	Manly Warringah	4:29.57
5	Nathan Brown	Hornsby	4:45.39
6	Henry Schweers	Northern Districts	5:11.28

**Boys U 13 - 3000 Metre Run**

Region: R 9:47.60 21/02/2004 Cameron Page, Gosford			
Name	Age	Centre	Final
1	Kieran Gorman	Manly Warringah	10:28.60
2	Hamish Murray	Hornsby	11:00.00
3	Ross Poole	Northern Suburbs	11:07.70
4	Hamish Longworth	Northern Suburbs	11:08.90
5	Hayden Blaskett	Manly Warringah	11:25.90
6	Ben Graham	Hornsby	11:28.20
7	Lawrence Cuevas	Cherrybrook	11:51.00
8	Robert Culliver	Parramatta	12:58.40

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 14 - 3000 Metre Run**

Region: R 9:19.00 2005 Cameron Page, Gosford			
Name	Age	Centre	Final
1 Benjamin Bishop		Cherrybrook	9:57.35
2 Luke Gosper		Parramatta	10:06.93
3 Ryan Jones		Cherrybrook	10:24.24
4 Thomas Davies		Mosman	10:28.25
5 Joshua Silver		Northern Districts	10:48.13
6 Logan Wade		Ryde	10:55.27
7 Charlie Farrington		Cherrybrook	11:10.37
8 Harrison Mavin		Ku-Ring-Gai	11:26.38
9 Jackson Mackie		Manly Warringah	11:34.08
10 Timothy Walter		Ku-Ring-Gai	11:45.45
11 Hugh Brogan		Nth Rocks Carlin	13:21.55

**Boys U 15 - 3000 Metre Run**

Region: R 9:12.70 18/02/2006 Cameron Page, Gosford			
Name	Age	Centre	Final
1 Harrison Wade		Ryde	9:21.41
2 Jack Mills		Manly Warringah	9:24.25
3 Liam Gorman		Manly Warringah	9:59.21
4 Hugo Whelan		Northern Suburbs	10:40.57

**Boys U 17 - 3000 Metre Run**

Region: R 9:20.76 16/02/2013 David Gardiner, Northern Su			
Name	Age	Centre	Final
1 Harlan Mulherin		Manly Warringah	9:33.62
2 Adam Halmy		Northern Districts	9:35.72

**Boys U 8 - 60 Metre Hurdles (45 cm)**

Region: R 10.50 2001 Alexander Pettigrew, Hornsby			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Cooper Elkins		Manly Warringah	11.17Q
2 Llewyn Morrison		Northern Suburbs	11.29Q
3 Declan Reidy		Parramatta	11.88Q
4 Kevin Lu Yang		Northern Districts	12.01q
5 Hugo Willington		Mosman	12.44
6 Connor Santos		Ryde	12.62
7 Jeremy Jubb		Ryde	12.79
Heat 2 Heats			
1 Billy Ryan		Manly Warringah	11.50Q
2 Harvey Monnock		Manly Warringah	11.92Q
3 Tomas Moloney		Manly Warringah	11.98Q
4 Lachlan Tilt		Nth Rocks Carlin	12.11q
5 Oliver Ludgate		Mosman	12.97
6 Raymand Maikhael		Parramatta	13.29
7 Marco Boccaletti		Cherrybrook	13.35

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 8 - 60 Metre Hurdles (45 cm)**

Region: R 10.50 2001 Alexander Pettigrew, Hornsby			
Name	Age	Centre	Final
Section 1 Final			
1 Cooper Elkins		Manly Warringah	11.05
2 Llewyn Morrison		Northern Suburbs	11.23
3 Billy Ryan		Manly Warringah	11.25
4 Harvey Monnock		Manly Warringah	11.38
5 Declan Reidy		Parramatta	11.66
6 Tomas Moloney		Manly Warringah	11.75
7 Lachlan Tilt		Nth Rocks Carlin	12.15
8 Kevin Lu Yang		Northern Districts	12.24

**Boys U 9 - 60 Metre Hurdles (45 cm)**

Region: R 9.30 1999 Joshua Mulligan, Gosford			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Finnlay Bartlett		Mosman	10.81Q
2 Finn Bellerby		Manly Warringah	11.26Q
3 Wil Rylands		Manly Warringah	11.35Q
4 Leo Walls		Northern Suburbs	11.44q
5 Jed Wigley		Ku-Ring-Gai	11.53
6 Nicholas Bradshaw		Cherrybrook	11.76
7 Riley Turkal		Ryde	12.13
8 George Grummett		Hornsby	12.37
Heat 2 Heats			
1 Evan Dransfield		Northern Suburbs	10.41Q
2 Evan Venning		Northern Suburbs	10.78Q
3 George Newbrun		Ku-Ring-Gai	10.85Q
4 Timothy Forster		Hornsby	11.11q
5 Gordon Durie		Northern Suburbs	11.77
6 Lachie Murray		Northern Suburbs	11.85
7 Jake George		Parramatta	12.42

**Boys U 9 - 60 Metre Hurdles (45 cm)**

Region: R 9.30 1999 Joshua Mulligan, Gosford			
Name	Age	Centre	Final
Section 1 Final			
1 Evan Dransfield		Northern Suburbs	10.10
2 Evan Venning		Northern Suburbs	10.47
3 Finnlay Bartlett		Mosman	10.78
4 Finn Bellerby		Manly Warringah	10.80
5 George Newbrun		Ku-Ring-Gai	J10.80
6 Wil Rylands		Manly Warringah	10.94
7 Timothy Forster		Hornsby	11.07
8 Leo Walls		Northern Suburbs	11.36

**Boys U 10 - 60 Metre Hurdles (60 cm)**

Region: R 9.70 2005 Sam Mete, Ku-ring-gai			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Lucas Head		Manly Warringah	10.58Q
2 Charlie Wilson		Manly Warringah	10.78Q



**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 10 - 60 Metre Hurdles (60 cm)**

3	Ethan Oliver	Northern Districts	11.47Q
4	Xavier Bryce	Manly Warringah	11.54q
5	Thomas Ralph	Ryde	11.65q
6	Dylan Searle	Cherrybrook	11.95
7	Jeremy Hargreaves	Ku-Ring-Gai	12.87

## Heat 2 Heats

1	Cameron Leverton	Northern Districts	10.67Q
2	Brody Paterson	Northern Suburbs	11.60Q
3	Max Milani	Northern Suburbs	11.67Q
4	Ashton Gleeson	Ryde	11.93
5	Alex Mills	Hornsby	12.25
6	Gustavo Negrete	Northern Suburbs	12.32
7	Daniel Betts	Ryde	12.56

**Boys U 10 - 60 Metre Hurdles (60 cm)**

=====			
Region:	R 9.70	2005	Sam Mete, Ku-ring-gai
Name		Age Centre	Final
=====			

## Section 1 Final

1	Cameron Leverton	Northern Districts	10.45
2	Lucas Head	Manly Warringah	10.78
3	Charlie Wilson	Manly Warringah	J10.78
4	Xavier Bryce	Manly Warringah	11.31
5	Brody Paterson	Northern Suburbs	11.49
6	Max Milani	Northern Suburbs	11.68
7	Ethan Oliver	Northern Districts	11.70
8	Thomas Ralph	Ryde	11.89

**Boys U 11 - 60 Metre Hurdles (60 cm)**

=====			
Region:	R 9.20	21/02/2009	Bailey Simonsson, Manly Warri
Name		Age Centre	Heats
=====			

## Heat 1 Heats

1	Riley Hemsworth	Ku-Ring-Gai	9.57Q
2	Jonathan Reid	Cherrybrook	9.92Q
3	Sam Bates	Ku-Ring-Gai	10.55Q
4	Oskar Warner	Manly Warringah	10.59q
5	Joshua Klobusiak	Ku-Ring-Gai	11.01
6	Darcy Holmes	Northern Suburbs	11.34
7	Tommy Bennett	Cherrybrook	12.02
8	Mitchell Rushworth	Ryde	12.40

## Heat 2 Heats

1	Austin Little	Northern Suburbs	10.12Q
2	Sehan Samaragunaratna	Parramatta	10.39Q
3	Cameron Kemmis	Hornsby	10.71Q
4	Luke Fisher	Northern Suburbs	10.74q
5	Max Oldham	Manly Warringah	11.01
6	Ethan Neilson	Manly Warringah	11.10
7	Adam Bruntsch	Ryde	11.70

**Boys U 11 - 60 Metre Hurdles (60 cm)**

=====			
Region:	R 9.20	21/02/2009	Bailey Simonsson, Manly Warri
Name		Age Centre	Final
=====			

## Section 1 Final

1	Riley Hemsworth	Ku-Ring-Gai	9.54
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**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 11 - 60 Metre Hurdles (60 cm)**

2 Austin Little	Northern Suburbs	9.82
3 Jonathan Reid	Cherrybrook	9.83
4 Sehan Samaragunaratna	Parramatta	10.23
5 Cameron Kemmis	Hornsby	10.50
6 Oskar Warner	Manly Warringah	10.51
7 Sam Bates	Ku-Ring-Gai	10.60
8 Luke Fisher	Northern Suburbs	10.74

**Boys U 12 - 60 Metre Hurdles (68 cm)**

Region: R	8.90	2005	Kane Thompson, Manly Warringah
Name		Age Centre	Heats

## Heat 1 Heats

1 Aymeric Moloney	Manly Warringah	9.93Q
1 Connor Bond	Cherrybrook	9.93Q
3 Samuel Galati	Ryde	10.55Q
4 Hamish Lapsley	Ku-Ring-Gai	10.87q
5 Zaki Razi	Nth Rocks Carlin	10.90q
6 Sam Lee	Northern Suburbs	13.19

## Heat 2 Heats

1 Max Hirst	Cherrybrook	9.83Q
2 Jack Gibbons	Northern Districts	10.62Q
3 Oliver Leverton	Northern Districts	10.77Q
4 Felix Jackson	Manly Warringah	10.94
5 Daniel Menin	Parramatta	10.99
6 Oli Walls	Northern Suburbs	11.33
7 Keanu Goehring	Manly Warringah	12.03
8 Ty Ditchburn	Hornsby	24.26

**Boys U 12 - 60 Metre Hurdles (68 cm)**

Region: R	8.90	2005	Kane Thompson, Manly Warringah
Name		Age Centre	Final

## Section 1 Final

1 Max Hirst	Cherrybrook	9.60
2 Connor Bond	Cherrybrook	10.04
3 Aymeric Moloney	Manly Warringah	10.36
4 Samuel Galati	Ryde	10.38
5 Oliver Leverton	Northern Districts	10.60
6 Hamish Lapsley	Ku-Ring-Gai	10.82
7 Jack Gibbons	Northern Districts	11.05
8 Zaki Razi	Nth Rocks Carlin	11.09

**Boys U 13 - 80 Metre Hurdles (76 cm)**

Region: R	12.00	5/02/2006	Kane Thompson, Manly Warringah
Name		Age Centre	Heats

## Heat 1 Heats

1 Matthew Rose	Cherrybrook	14.37Q
2 Benjamin Crimp	Northern Suburbs	14.53Q
3 Curtis Kingsmill	Northern Suburbs	16.02Q
4 Joshua Coppolelli	Cherrybrook	16.95
5 Lachlan Krklinski	Parramatta	19.85

## Heat 2 Heats

1 James Wilson	Manly Warringah	13.88Q
2 Michael Newbrun	Ku-Ring-Gai	14.52Q

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 13 - 80 Metre Hurdles (76 cm)**

3	Elijah Weir	Parramatta	15.26Q
4	Thomas Hunt	Northern Suburbs	15.30q
5	Luke Hackett	Manly Warringah	16.67q

**Boys U 13 - 80 Metre Hurdles (76 cm)**

=====			
Region: R 12.00 5/02/2006 Kane Thompson, Manly Warringah			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Thomas Hunt	Northern Suburbs	13.51
2	James Wilson	Manly Warringah	13.53
3	Michael Newbrun	Ku-Ring-Gai	13.96
4	Matthew Rose	Cherrybrook	14.03
5	Benjamin Crimp	Northern Suburbs	14.15
6	Elijah Weir	Parramatta	14.78
7	Curtis Kingsmill	Northern Suburbs	15.29
8	Luke Hackett	Manly Warringah	16.15

**Boys U 14 - 90 Metre Hurdles (76 cm)**

=====			
Region: R 11.90 17/02/2008 Nicholas Hough, Hills Distric			
Name	Age	Centre	Heats
=====			
Heat 1 Heats			
1	Jonathan Bell	Ku-Ring-Gai	14.11Q
2	Sebastian Herbert	Ku-Ring-Gai	14.14Q
3	Angus Cutbill	Manly Warringah	14.27Q
4	Harrison Muller	Ku-Ring-Gai	15.05q
5	Joshua Bennett	Cherrybrook	16.47q
6	Joel Magee	Nth Rocks Carlin	16.74
7	Joe Dyson	Northern Suburbs	18.67
Heat 2 Heats			
1	Alex Willett	Manly Warringah	14.07Q
2	Otto Prowse	Manly Warringah	14.57Q
3	Jeremy Vaz	Northern Suburbs	14.77Q
4	Nathan Taylor	Ku-Ring-Gai	16.56
5	Daniel Bowtell	Ryde	16.91
6	Bradley Thomas	Parramatta	17.59

**Boys U 14 - 90 Metre Hurdles (76 cm)**

=====			
Region: R 11.90 17/02/2008 Nicholas Hough, Hills Distric			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Alex Willett	Manly Warringah	13.18
2	Jonathan Bell	Ku-Ring-Gai	13.88
3	Sebastian Herbert	Ku-Ring-Gai	14.07
4	Jeremy Vaz	Northern Suburbs	14.08
5	Otto Prowse	Manly Warringah	14.25
6	Angus Cutbill	Manly Warringah	14.34
7	Harrison Muller	Ku-Ring-Gai	14.85
8	Joshua Bennett	Cherrybrook	16.01

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 15 - 100 Metre Hurdles (76 cm)**

Region: R 12.70 22/02/2009 Nicholas Hough, Hills Distric			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Nicholas Frost		Parramatta	14.22Q
2 Ben Carter		Manly Warringah	14.66Q
3 Jamie Basheer		Northern Suburbs	15.18Q
4 Donald Ohmer		Parramatta	16.18q
5 Justin Sunderland		Ryde	16.37q
Heat 2 Heats			
1 John Economides		Manly Warringah	14.14Q
2 Jacob Winston		Manly Warringah	14.54Q
3 Matthew McVey		Parramatta	14.71Q
4 Harry Thompson		Manly Warringah	16.72
5 Alexander Galati		Ryde	17.28

**Boys U 15 - 100 Metre Hurdles (76 cm)**

Region: R 12.70 22/02/2009 Nicholas Hough, Hills Distric			
Name	Age	Centre	Final
Section 1 Final			
1 Ben Carter		Manly Warringah	13.82
1 John Economides		Manly Warringah	13.82
3 Nicholas Frost		Parramatta	14.41
4 Jacob Winston		Manly Warringah	14.82
5 Matthew McVey		Parramatta	14.93
6 Jamie Basheer		Northern Suburbs	15.13
7 Donald Ohmer		Parramatta	15.69
8 Justin Sunderland		Ryde	16.31

**Boys U 17 - 110 Metre Hurdles (76 cm)**

Region: R 14.38 17/02/2013 Bryce Collins, Northern Subur			
Name	Age	Centre	Final
Section 1			
1 Nicholas Thomson		Hornsby	14.71
1 Sam Richardson		Northern Suburbs	14.71
3 Dustin Auld		Northern Suburbs	16.07
4 Juan Rasines		Mosman	16.79
5 Andrew Chapman		Northern Suburbs	16.95

**Boys U 13 - 200 Metre Hurdles (68 cm)**

Region: R 26.40 18/02/2006 Kane Thompson, Manly Warringa			
Name	Age	Centre	Heats
Heat 1 Heats			
1 Thomas Hunt		Northern Suburbs	29.38Q
2 Aaron Steyne		Manly Warringah	30.94Q
3 Matua Simpkins		Northern Districts	33.33Q
4 Luke Hackett		Manly Warringah	33.45q
5 Ben Montgomery		Northern Districts	33.75
Heat 2 Heats			
1 Morgan Little		Cherrybrook	29.65Q
2 Jack Wrightson		Manly Warringah	30.52Q
3 Cooper Barr		Northern Suburbs	32.06Q
4 Curtis Kingsmill		Northern Suburbs	32.14q

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 13 - 200 Metre Hurdles (68 cm)**

5 Oscar Browne	Parramatta	34.01
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**Boys U 13 - 200 Metre Hurdles (68 cm)**

Region: R 26.40	18/02/2006	Kane Thompson, Manly Warringah
Name	Age Centre	Final

## Section 1 Final

1 Thomas Hunt	Northern Suburbs	28.80
2 Morgan Little	Cherrybrook	29.40
3 Jack Wrightson	Manly Warringah	30.21
4 Aaron Steyne	Manly Warringah	30.49
5 Curtis Kingsmill	Northern Suburbs	32.63
6 Luke Hackett	Manly Warringah	32.68
7 Matua Simpkins	Northern Districts	33.66
8 Cooper Barr	Northern Suburbs	34.32

**Boys U 14 - 200 Metre Hurdles (76 cm)**

Region: R 24.60	16/02/2008	Nicholas Hough, Hills Distric
Name	Age Centre	Heats

## Heat 1 Heats

1 Jonathan Bell	Ku-Ring-Gai	28.83Q
2 Otto Prowse	Manly Warringah	29.09Q
3 Nathan Taylor	Ku-Ring-Gai	31.79Q
4 Jackson Mackie	Manly Warringah	34.26

## Heat 2 Heats

1 Jeremy Vaz	Northern Suburbs	29.93Q
2 Joel Magee	Nth Rocks Carlin	30.86Q
3 Andrew Tse	Northern Suburbs	31.99Q
4 Joshua Silver	Northern Districts	32.01q
5 Joshua Bennett	Cherrybrook	33.11q
6 Bradley Thomas	Parramatta	33.77

**Boys U 14 - 200 Metre Hurdles (76 cm)**

Region: R 24.60	16/02/2008	Nicholas Hough, Hills Distric
Name	Age Centre	Final

## Section 1 Final

1 Jonathan Bell	Ku-Ring-Gai	28.98
2 Jeremy Vaz	Northern Suburbs	29.65
3 Otto Prowse	Manly Warringah	30.66
4 Joel Magee	Nth Rocks Carlin	31.86
5 Nathan Taylor	Ku-Ring-Gai	32.23
6 Joshua Silver	Northern Districts	32.79
7 Joshua Bennett	Cherrybrook	33.34
8 Andrew Tse	Northern Suburbs	33.75

**Boys U 15 - 200 Metre Hurdles (76 cm)**

Region: R 24.40	1991	D Connell, Manly Warringah
Name	Age Centre	Final

## Section 1

1 John Economides	Manly Warringah	26.92
2 Jacob Winston	Manly Warringah	27.48
3 Jamie Basheer	Northern Suburbs	27.63

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 15 - 200 Metre Hurdles (76 cm)**

4 Justin Sunderland	Ryde	28.48
5 Harry Thompson	Manly Warringah	30.02
6 Alexander Galati	Ryde	30.21

**Boys U 17 - 200 Metre Hurdles (76 cm)**

Region: R 24.55 16/02/2013 Bryce Collins, Northern Subur			
Name	Age	Centre	Final
1 Sam Richardson		Northern Suburbs	24.54R
2 Ben Mackay		Northern Suburbs	24.70
3 Nicholas Thomson		Hornsby	25.60
4 Stephen Todd		Nth Rocks Carlin	27.34
5 Andrew Chapman		Northern Suburbs	27.44
6 Juan Rasines		Mosman	27.52

**Boys U 8 - 700 Metre Multi Class Run**

Region: R 2:17.40 2001 Alexander Pettigrew, Hornsb			
Name	Age	Centre	Final
1 Will Kay		Ku-Ring-Gai	2:23.84
2 Freddie Benson-Sparkes		Manly Warringah	2:25.79
3 Matias Moloney		Manly Warringah	2:25.98
4 Max Duncan		Ku-Ring-Gai	2:27.25
5 Jonathan Horrocks		Ryde	2:29.80
6 Marcus Walsh		Northern Suburbs	2:31.06
7 Paddy Bright		Manly Warringah	2:31.75
8 Cody Burton		Nth Rocks Carlin	2:34.20
9 Riley Pereira		Hornsby	2:36.34
10 Matthew Hunt		Northern Suburbs	2:38.24
11 Logan Shepherd		Northern Districts	2:41.73
12 Maxx Heaton		Ryde	2:48.06
13 Jett Ho		Northern Suburbs	2:50.48
14 Declan Reidy		Parramatta	2:59.42
15 Tadhg Mcgrath		Ku-Ring-Gai	2:59.80

**Boys U 9-12 4x100 Metre Relay (Jnr)**

Region: R 55.20 2001 Gosford			
Centre			Final
1 Manly Warringah			55.91
1) Jet Sully 9	2) Zachery Gardner 11		
3) Joshua Gedz 10	4) Aymeric Moloney 12		
2 Ku-Ring-Gai			56.74
1) Lachlan Herbert 9	2) Sam Bates 11		
3) Aidan Jones 10	4) James Constable 12		
3 Cherrybrook			57.58
1) Harrison Clark 9	2) Sam Marsden 10		
3) Donovan Bradshaw 11	4) Connor Bond 12		
4 Parramatta			57.78
1) Joshua Pozzolongu 9	2) Sehan Samaragunaratna 11		
3) Vikay Rawali 10	4) Daniel Bertolissio 11		
5 Northern Suburbs			58.32
1) Evan Venning 9	2) Cormac Morrison 10		
3) Austin Little 11	4) Callum Brown 12		
6 Mosman			58.72
1) Henry Roberts 10	2) Henry O'Donnell 12		

## REGION TRACK &amp; FIELD CHAMPIONSHIPS

## Results

## ....Boys U 9-12 4x100 Metre Relay (Jnr)

3) Marcus Warner 9	4) Joshua Reynolds 11
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## Boys U 12-17 4x100 Metre Relay (Snr)

Centre	Final
1 Manly Warringah	46.46
1) Riley Marosa 13	2) Ben Carter 15
3) Lachlan Don 14	4) Max Le Ban 17
2 Northern Suburbs	48.19
1) Dillon Harris 13	2) Ben Mackay 17
3) Jeremy Vaz 14	4) Jamie Basheer 15
3 Ku-Ring-Gai	48.64
1) Tyrese Vidal 13	2) Victor Teo 15
3) Austin Thomson 14	4) Jasper Spiller 15
4 North Rocks Carlingford	50.53
1) Riley Leverett 13	2) Daniel Tan 14
3) Stephen Todd 17	4) Terence Huang 15
-- Cherrybrook	DQ
1) Morgan Little 13	2) James Roffe 14
3) Nicholas Ramakrishnan 15	4) Beau Ingram 17

## Boys U 9 - High Jump (S/H 0.90m)

Region: R 1.31m 21/02/2004 Joel Edwards, Winston Hills			
Name	Age	Centre	Final
Flight 1			
1 Owen Douglas		Ryde	1.21m
2 Mitchell Hatfield		Manly Warringah	1.19m
3 Jake Fisher		Northern Suburbs	J1.19m
4 Leo Walls		Northern Suburbs	1.17m
5 Matt Ashcroft		Hornsby	1.10m
6 Ivan Prizmic		Ryde	J1.10m
7 Dominic Herngren		Ryde	J1.10m
8 Charlie O'Kane		Northern Suburbs	J1.10m
9 Joshua Easton		Hornsby	1.05m
10 Castro Cawood		Northern Suburbs	J1.05m
11 Gus Duffield		Manly Warringah	J1.05m
12 Jed Wigley		Ku-Ring-Gai	1.00m
13 Bryce Cameron		Manly Warringah	J1.00m
14 Brodie Waldock		Ku-Ring-Gai	0.95m
15 Jesse Robinson		Northern Districts	0.90m

## Boys U 10 - High Jump (S/H 1.00m)

Region: R 1.42m 17/02/2008 Lachlan Behagg, Manly Warring			
Name	Age	Centre	Final
1 Thomas Klem		Manly Warringah	1.33m
2 Charlie Wilson		Manly Warringah	J1.33m
3 Ethan Clarke		Manly Warringah	1.27m
4 Ethan Oliver		Northern Districts	1.25m
5 Jeremy Plummer		Ryde	J1.25m
6 Brody Paterson		Northern Suburbs	1.20m
7 Patrick Largo		Nth Rocks Carlin	J1.20m
8 Kai Morrison		Manly Warringah	J1.20m
9 Jeremy Hargreaves		Ku-Ring-Gai	J1.20m
10 Tom Shefi		Ku-Ring-Gai	J1.20m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 10 - High Jump (S/H 1.00m)**

11	Gustavo Negrete	Northern Suburbs	J1.20m
12	Blake Gillian	Ku-Ring-Gai	1.15m
13	Gabriel Miletich	Cherrybrook	1.05m
14	William Hunt	Ku-Ring-Gai	J1.05m

**Boys U 11 - High Jump (S/H 1.10m)**

=====			
Region: R 1.59m 16/02/2008 Thomas Cheel, Ku-ring-gai			
Name	Age	Centre	Final
=====			
1	Tom Stone	Ryde	1.51m
2	Riley Hensworth	Ku-Ring-Gai	J1.51m
3	Darcy Holmes	Northern Suburbs	1.41m
4	Christian Webster	Northern Districts	1.37m
5	Liam McKenzie	Cherrybrook	J1.37m
6	Sam Valderrama	Northern Districts	1.30m
7	Henry Worrell	Ryde	J1.30m
8	Max Purcell	Northern Suburbs	1.25m
9	Ethan Neilson	Manly Warringah	J1.25m
10	Archie Saunders	Manly Warringah	J1.25m
11	Owen Mickan	Ryde	1.20m
11	Tommy Bennett	Cherrybrook	1.20m
11	Thomas Davey	Hornsby	1.20m
11	Keeghan Marshall-Witte	Manly Warringah	1.20m
11	Kaylan Clark	Cherrybrook	1.20m
16	Sebastian Aardoom	Mosman	1.10m

**Boys U 12 - High Jump (S/H 1.20m)**

=====			
Region: R 1.59m 16/02/2005 Kane Thompson, Manly Warringah			
Name	Age	Centre	Final
=====			
1	Samuel Park	Northern Districts	1.55m
2	Jonathan Woodcock	Northern Suburbs	1.44m
3	Ben Newson	Manly Warringah	J1.44m
4	Jamie Costello	Northern Districts	1.42m
5	Jack Stone	Ryde	1.40m
6	Kyle Fisher	Northern Suburbs	1.35m
7	Jaden Georgoulas	Ku-Ring-Gai	J1.35m
8	Thomas Russo	Hornsby	J1.35m
9	Carl Watson	Manly Warringah	1.30m
9	Oliver Morris	Cherrybrook	1.30m
11	Joshua Arcus	Ryde	J1.30m
12	Liam Oliver	Northern Districts	1.25m
13	Jordan Metcalfe	Ryde	J1.25m

**Boys U 13 - High Jump (S/H 1.25m)**

=====			
Region: R 1.71m 19/02/2006 Tom Evans, Tuggerah Lakes			
Name	Age	Centre	Final
=====			
1	Zak Power	Manly Warringah	1.55m
1	Ethan Burgess	Ku-Ring-Gai	1.55m
3	Michael Newbrun	Ku-Ring-Gai	1.50m
4	Riley Marosa	Manly Warringah	1.45m
5	Benjamin Crimp	Northern Suburbs	J1.45m
6	Connor Latham	Ryde	J1.45m
7	Jack Wrightson	Manly Warringah	J1.45m
8	Sam Drull	Ku-Ring-Gai	1.35m



**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 13 - High Jump (S/H 1.25m)**

9	Elijah Weir	Parramatta	1.30m
10	Darragh Cunningham	Northern Suburbs	J1.30m
11	Theo Kemp	Northern Suburbs	1.25m
--	Lockyer Couvret	Ku-Ring-Gai	NH

**Boys U 14 - High Jump (S/H 1.30m)**

=====			
Region: R 1.85m		1999	J Watson, Manly Warringah
Name	Age	Centre	Final
=====			
1	Benjamin Nogajski	Ryde	1.75m
2	Harrison Menin	Parramatta	1.71m
3	Bryn Lynch	Manly Warringah	J1.71m
4	Jonathan Bell	Ku-Ring-Gai	1.49m
5	Oliver Lockley	Hornsby	1.40m
6	Nicholas Smith	Parramatta	J1.40m
6	Marko Prizmic	Ryde	J1.40m
8	Aidan Pincus	Manly Warringah	J1.40m
9	Felix Holm	Northern Districts	1.35m
10	Scott Chapman	Cherrybrook	1.30m

**Boys U 15 - High Jump (S/H 1.30m)**

=====			
Region: R 1.90m		17/02/2013	Declan Pluim, Cherrybrook
Name	Age	Centre	Final
=====			
1	John Economides	Manly Warringah	1.64m
1	Jacob Winston	Manly Warringah	1.64m
3	Liam Israel	Hornsby	1.62m
4	Mitchell Baker	Cherrybrook	1.55m
5	Kobe Millard	Ku-Ring-Gai	J1.55m
6	Jackson Tuynman	Northern Districts	J1.55m
7	Victor Teo	Ku-Ring-Gai	J1.55m
8	Justin Sunderland	Ryde	1.50m
9	Angus Treeby	Manly Warringah	J1.50m
10	Gianni Cincotta-Lee	Manly Warringah	1.45m
11	Aidan Wylie	Manly Warringah	1.40m
12	Lachlan Antoinette	Cherrybrook	J1.40m

**Boys U 17 - High Jump (S/H 1.35m)**

=====			
Region: R 2.05m		27/02/2010	Brendan Starc, Parramatta
Name	Age	Centre	Final
=====			
1	Liam Quinlan	Northern Districts	1.90m
2	Richard Ledger	Manly Warringah	1.82m
3	Joey Ryu	Northern Suburbs	1.80m
4	Dustin Auld	Northern Suburbs	1.74m
5	Max Le Ban	Manly Warringah	1.70m
6	Nicholas Thomson	Hornsby	J1.70m
7	Tom Carter	Manly Warringah	1.65m
8	Dylan Rodgers	Ryde	J1.65m
9	Stephen Todd	Nth Rocks Carlin	J1.65m
10	Timothy Sharp	Northern Districts	1.60m
11	Christopher Davies	Manly Warringah	1.50m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 8 - Long Jump**

Region: R 4.01m 1999		Michael Oldfield, Manly Warri	
Name	Age	Centre	Final
1	Lachlan Tilt	Nth Rocks Carlin	3.47m
2	Cooper Elkins	Manly Warringah	3.42m
3	Billy Ryan	Manly Warringah	3.32m
4	Daniel Powrie	Ku-Ring-Gai	3.17m
5	Zac Herbert	Ku-Ring-Gai	3.15m
6	Charlie Maguire	Manly Warringah	3.13m
7	Cornelis Rawlinson	Parramatta	3.11m
8	Kevin Lu Yang	Northern Districts	3.04m
9	Marco Boccaletti	Cherrybrook	2.94m
10	Mitchell Healy	Northern Suburbs	2.86m
11	Hugo Willington	Mosman	J2.86m
12	Koby Bryant	Manly Warringah	2.84m
13	Jeremy Jubb	Ryde	2.72m
14	Zachary Little	Northern Suburbs	2.67m
15	Oliver Ludgate	Mosman	2.59m

**Boys U 9 - Long Jump**

Region: R 4.48m 2000		Michael Oldfield, Manly Warri	
Name	Age	Centre	Final
1	Lachlan Herbert	Ku-Ring-Gai	3.97m
2	Timothy Forster	Hornsby	3.88m
3	James Harden	Ku-Ring-Gai	J3.88m
4	Joshua Pozzolungo	Parramatta	3.82m
5	Finnlay Bartlett	Mosman	3.81m
6	Jed Wigley	Ku-Ring-Gai	3.76m
7	Castro Cawood	Northern Suburbs	3.68m
8	Hunter Meredith	Manly Warringah	3.52m
9	Evan Venning	Northern Suburbs	3.47m
10	Owen Douglas	Ryde	J3.47m
11	Ivan Prizmic	Ryde	3.40m
12	Alexander Trueman	Manly Warringah	3.31m
13	Bailey Chapman	Cherrybrook	3.28m
14	Matt Ashcroft	Hornsby	3.27m
15	Matthew Stitt	Ryde	3.26m

**Boys U 10 - Long Jump**

Region: R 4.81m 1997		A Fitzgerald, Manly Warringah	
Name	Age	Centre	Final
1	Lucas Head	Manly Warringah	4.33m
2	Cameron Leverton	Northern Districts	J4.33m
3	Tama Simpkins	Northern Districts	4.31m
4	Jeremy Plummer	Ryde	4.23m
5	Justin George	Manly Warringah	4.08m
6	Dylan Searle	Cherrybrook	3.78m
7	Ethan Quintana	Northern Suburbs	3.74m
8	Finn Kennedy	Northern Suburbs	3.73m
9	Harry Anderson	Manly Warringah	3.72m
10	Flynn Macgregor	Ku-Ring-Gai	3.69m
11	Gustavo Negrete	Northern Suburbs	3.63m
12	John Suzuki	Northern Suburbs	3.57m
13	Lachlan Dewar	Cherrybrook	3.54m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 11 - Long Jump**

Region: R 5.14m 22/02/2002 Alexander Pettigrew, Parramat			
Name	Age	Centre	Final
1 Jonathan Reid		Cherrybrook	4.61m
2 Austin Little		Northern Suburbs	4.45m
3 Cameron Mace		Manly Warringah	4.40m
4 Tom Stone		Ryde	4.27m
5 Archie Saunders		Manly Warringah	4.24m
6 Luke Simpson		Manly Warringah	4.22m
7 Liam McKenzie		Cherrybrook	4.15m
8 Sam Valderrama		Northern Districts	4.12m
9 Jonah Edwards		Northern Suburbs	4.04m
10 Gabriel Lockley		Hornsby	3.99m
11 Adam Bruntsch		Ryde	3.91m
12 Joshua Klobusiak		Ku-Ring-Gai	J3.91m
13 Duncan Loane		Northern Suburbs	3.79m
14 Joshua Reynolds		Mosman	3.72m
15 Tommy Bennett		Cherrybrook	3.67m

**Boys U 12 - Long Jump**

Region: R 5.66m 21/02/2004 Martin Stonis, Northern Subur			
Name	Age	Centre	Final
1 Max Hirst		Cherrybrook	5.16m
2 Joshua Arcus		Ryde	4.93m
3 Aymeric Moloney		Manly Warringah	4.91m
4 Connor Bond		Cherrybrook	4.60m
5 Noah Liu		Parramatta	4.55m
6 Oliver Levertton		Northern Districts	J4.55m
7 Jett Tall		Ryde	4.42m
8 Felix Jackson		Manly Warringah	4.34m
9 Lachlan Reynolds		Mosman	4.25m
10 Jamie Costello		Northern Districts	4.19m
11 Dominic Panozzo		Northern Suburbs	4.18m
12 Callum Brown		Northern Suburbs	4.13m
13 Jonathan Woodcock		Northern Suburbs	4.12m
14 Jeremy Hughson-Miranda		Northern Suburbs	4.05m

**Boys U 13 - Long Jump**

Region: R 5.75m 1995 D Geddes, Manly Warringah			
Name	Age	Centre	Final
1 Zak Power		Manly Warringah	5.07m
2 Kalani Lenehan		Ku-Ring-Gai	4.75m
3 Riley Marosa		Manly Warringah	4.63m
4 Ethan Burgess		Ku-Ring-Gai	4.57m
5 Sam Drull		Ku-Ring-Gai	J4.57m
6 Riley Leverett		Nth Rocks Carlin	4.52m
7 Christopher Wyatt		Mosman	4.26m
8 Liam Coble		Parramatta	4.07m
9 Aryan Sehgal		Parramatta	3.90m
10 Joshua Coppolelli		Cherrybrook	3.60m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 14 - Long Jump**

Region: R 6.13m 1997			
Name	Age	Centre	Final
A Abou-Mahmoud, Hills Distric			
1 Alex Willett		Manly Warringah	5.63m
2 Kalafi Moala		Ryde	5.13m
3 Marko Prizmic		Ryde	4.78m
4 Sebastian Herbert		Ku-Ring-Gai	4.71m
5 Harish Abimanju		Cherrybrook	J4.71m
6 Daniel Tan		Nth Rocks Carlin	4.70m
7 Jeremy Vaz		Northern Suburbs	4.57m
8 Harrison Muller		Ku-Ring-Gai	4.51m
9 Otto Prowse		Manly Warringah	4.45m
10 Nathan Taylor		Ku-Ring-Gai	4.22m

**Boys U 15 - Long Jump**

Region: R 6.47m 1991			
Name	Age	Centre	Final
J Robinson, Parramatta			
1 John Economides		Manly Warringah	5.87m
2 Jacob Winston		Manly Warringah	5.83m
3 Ben Carter		Manly Warringah	5.74m
4 Jamie Basheer		Northern Suburbs	5.46m
5 Kieren Briggs		Parramatta	J5.43m
5 Adam Ayad		Hornsby	5.43m
7 Nicholas Frost		Parramatta	5.33m
8 Matthew McVey		Parramatta	5.14m
9 Mitchell Baker		Cherrybrook	4.97m
10 Justin Sunderland		Ryde	4.90m
11 Harry Thompson		Manly Warringah	4.87m
12 Jaden Clark		Northern Suburbs	4.40m
13 Aidan Wylie		Manly Warringah	3.97m

**Boys U 17 - Long Jump**

Region: R 6.60m 19/02/2011			
Name	Age	Centre	Final
Benjamin Cox, Ryde			
1 Alex Nguyen-Ha		Cherrybrook	6.34m
2 Willson Lowe		Manly Warringah	6.15m
3 Tom Carter		Manly Warringah	6.10m
4 Dustin Auld		Northern Suburbs	5.89m
5 Nicholas Thomson		Hornsby	5.79m
6 Joey Ryu		Northern Suburbs	5.71m
7 Haydn Houssenloge		Ryde	5.51m
8 Liam Frankish		Ku-Ring-Gai	5.45m
9 Max Le Ban		Manly Warringah	5.39m
10 Mathew Theseira		Manly Warringah	5.35m

**Boys U 11 - Triple Jump**

Region: R 10.29m 1993			
Name	Age	Centre	Final
D Geddes, Manly Warringah			
1 Tom Stone		Ryde	10.20m
2 Jonathan Reid		Cherrybrook	10.13m
3 Austin Little		Northern Suburbs	10.07m
4 Sehan Samaragunarathna		Parramatta	9.94m
5 Daniel Bertolissio		Parramatta	9.80m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 11 - Triple Jump**

6 Archie Saunders	Manly Warringah	9.71m
7 Liam McKenzie	Cherrybrook	9.44m
8 Darcy Holmes	Northern Suburbs	8.84m
9 Raff De Stradis	Hornsby	8.60m
10 Max Oldham	Manly Warringah	8.45m
11 Nicholas Zvolanek	Cherrybrook	8.35m
12 Oskar Warner	Manly Warringah	8.25m
13 Tomas Ribas	Hornsby	J8.25m
14 Dylan Charlier	Manly Warringah	8.17m
15 Marco De Paulis	Northern Districts	7.94m

**Boys U 12 - Triple Jump**

Region: R 11.54m 22/02/2004 Martin Stonis, Northern Subu			
Name	Age Centre		Final
1 Max Hirst	Cherrybrook		10.79m
2 Joshua Arcus	Ryde		10.53m
3 Jett Tall	Ryde		10.20m
4 Jai Lagois	Manly Warringah		9.87m
5 Felix Jackson	Manly Warringah		9.71m
6 Ben Newson	Manly Warringah		9.54m
7 Kyle Fisher	Northern Suburbs		9.00m
8 Chris Hope	Manly Warringah		8.75m
9 Samuel Galati	Ryde		8.54m
10 George Davis	Ryde		J8.54m

**Boys U 13 - Triple Jump**

Region: R 12.03m 17/02/2007 Nicholas Hough, Hills Distri			
Name	Age Centre		Final
1 Zak Power	Manly Warringah		10.38m
2 Nick Kalimeris	Ku-Ring-Gai		10.22m
3 Jack Wrightson	Manly Warringah		10.14m
4 Riley Leverett	Nth Rocks Carlin		9.54m
5 Elijah Weir	Parramatta		9.03m
6 Joshua Coppolelli	Cherrybrook		8.95m
7 Theo Kemp	Northern Suburbs		8.55m
8 Lockyer Couvret	Ku-Ring-Gai		7.89m
9 Cameron McMahan	Nth Rocks Carlin		7.79m

**Boys U 14 - Triple Jump**

Region: R 13.27m 1996 D Geddes, Manly Warringah			
Name	Age Centre		Final
1 Alex Willett	Manly Warringah		11.27m
2 Sebastian Herbert	Ku-Ring-Gai		10.54m
3 Jeremy Vaz	Northern Suburbs		10.43m
4 Marko Prizmic	Ryde		10.29m
5 Harrison Muller	Ku-Ring-Gai		10.03m
6 Miguel Ribas	Hornsby		9.51m
7 Ryan Jones	Cherrybrook		8.88m
8 Andrew Tse	Northern Suburbs		8.85m
9 Joshua Bennett	Cherrybrook		8.68m
10 Joel Magee	Nth Rocks Carlin		8.63m
11 Jackson Mackie	Manly Warringah		8.31m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 15 - Triple Jump**

Region: R 13.44m 20/02/2011 Cameron Pappas, Ryde			
Name	Age	Centre	Final
1 Ben Carter		Manly Warringah	12.39m
2 Harry Thompson		Manly Warringah	12.32m
3 Justin Sunderland		Ryde	12.25m
4 Adam Ayad		Hornsby	11.84m
5 Mitchell Baker		Cherrybrook	11.51m
6 Jacob Winston		Manly Warringah	11.48m
7 Jackson Tuynman		Northern Districts	11.02m
8 Lachlan Antoinette		Cherrybrook	10.93m
9 Nicholas Lees		Northern Suburbs	10.71m
10 Aidan Wylie		Manly Warringah	10.30m
11 Jaden Clark		Northern Suburbs	10.23m
12 Alexander Galati		Ryde	10.08m

**Boys U 17 - Triple Jump**

Region: R 14.30m 17/02/2013 Emmanuel Fakiye, Nth Rocks C			
Name	Age	Centre	Final
1 Joshua Baddock		Cherrybrook	13.19m
2 Alex Nguyen-Ha		Cherrybrook	12.84m
3 Willson Lowe		Manly Warringah	12.35m
4 Dustin Auld		Northern Suburbs	12.34m
5 Tom Carter		Manly Warringah	12.21m
6 Stephen Todd		Nth Rocks Carlin	11.35m
7 Joey Ryu		Northern Suburbs	11.28m
8 Adam Halmy		Northern Districts	10.85m
9 Mathew Theseira		Manly Warringah	10.82m
10 Tyler Monaghan		Northern Suburbs	10.16m
11 Jackson Ellis		Manly Warringah	9.25m

**Boys U 8 - Shot Put (1.5 Kg)**

Region: R 9.58m 19/02/2011 Daniel Manin, Parramatta			
Name	Age	Centre	Final
1 Andrew Kalos		Ryde	7.32m
2 Mitchell Healy		Northern Suburbs	6.52m
3 Harvey Monnock		Manly Warringah	6.47m
4 Paddy Bright		Manly Warringah	6.10m
5 Keegan Daly		Hornsby	6.07m
6 Luke Collins		Hornsby	5.82m
7 Oliver Ludgate		Mosman	5.79m
8 Lewis Chappell		Manly Warringah	5.48m
9 Benjamin Heytman		Northern Suburbs	5.47m
10 Hugo Willington		Mosman	5.42m
11 Michael Ajaka		Parramatta	5.34m
12 Aarish Mistry		Ryde	5.33m
13 Jai Satuala		Hornsby	5.30m
14 Matthew Walter		Ku-Ring-Gai	5.26m
-- Archie Taylor		Manly Warringah	ND
-- Lachlan Tilt		Nth Rocks Carlin	ND

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 9 - Shot Put (2.0 Kg)**

Region: R 9.82m 18/02/2012 Daniel Menin, Parramatta			
Name	Age	Centre	Final
1 William Pamplin		Manly Warringah	8.70m
2 Lachie Murray		Northern Suburbs	8.48m
3 Brodie Waldock		Ku-Ring-Gai	8.37m
4 George Shahla		Nth Rocks Carlin	8.18m
5 Marcus El-Char		Parramatta	7.15m
6 Charlie O'Kane		Northern Suburbs	7.13m
7 Kyan McDougall		Manly Warringah	7.04m
8 Kai Schofield		Nth Rocks Carlin	6.87m
9 Jed Wigley		Ku-Ring-Gai	6.43m
10 Bailey Chapman		Cherrybrook	6.23m
11 Gordon Durie		Northern Suburbs	6.10m
12 Harry Court		Ryde	5.35m
13 Sean Williams		Ku-Ring-Gai	4.81m

**Boys U 10 - Shot Put (2.0 Kg)**

Region: R 11.70m 17/02/2013 Daniel Menin, Parramatta			
Name	Age	Centre	Final
1 Ethan Clarke		Manly Warringah	9.22m
2 Jacob Morige		Cherrybrook	9.20m
3 Joshua Gedz		Manly Warringah	8.54m
4 Harry Anderson		Manly Warringah	8.35m
5 Max Milani		Northern Suburbs	8.23m
6 Ethan Oliver		Northern Districts	8.18m
7 Julian Ajaka		Parramatta	7.65m
8 Ethan Harrigan		Parramatta	7.63m
9 Flynn Macgregor		Ku-Ring-Gai	7.41m
10 Dionte Vidal		Ku-Ring-Gai	7.26m
11 Benson Liu		Northern Suburbs	7.25m
12 Blake Gillian		Ku-Ring-Gai	7.04m
13 Takoda Cheng		Parramatta	6.75m
14 Alexander Bonomi		Manly Warringah	5.52m

**Boys U 11 - Shot Put (2.0 Kg)**

Region: R 13.37m 15/02/2014 Daniel Menin, Parramatta			
Name	Age	Centre	Final
1 Nosa Obaseki		Northern Districts	10.66m
2 Alexander Shahla		Nth Rocks Carlin	10.54m
3 Oskar Warner		Manly Warringah	10.07m
4 Thomas Goddard		Northern Suburbs	9.71m
5 Jacob King		Manly Warringah	9.64m
6 Maxi Zihlmann		Northern Suburbs	9.63m
7 Dom De Stradis		Hornsby	9.33m
8 Coby Walton		Northern Districts	9.26m
9 Max Purcell		Northern Suburbs	8.75m
10 Eli Sagala		Northern Districts	8.47m
11 Fredrik Hancock		Manly Warringah	8.35m
12 Samuel Holm		Northern Districts	8.14m
13 Anthony Feng		Ryde	7.24m
14 Daniel Bertolissio		Parramatta	7.19m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 12 - Shot Put (3.0 Kg)**

Region: R 13.30m 16/02/2003 A Luzi, Winston Hills			
Name	Age	Centre	Final
1 Daniel Menin		Parramatta	11.27m
2 Matthew Butler		Northern Suburbs	10.79m
3 Jack Gibbons		Northern Districts	9.47m
4 Ben Newson		Manly Warringah	8.98m
5 Jett Tall		Ryde	8.79m
6 Jordan Porter		Manly Warringah	8.64m
7 Lachlan Reynolds		Mosman	7.68m
8 Jai Lagois		Manly Warringah	7.61m
9 Ethan Munro		Manly Warringah	7.39m
10 Dylan Walton		Northern Districts	7.20m
11 Shaun Hughes		Northern Suburbs	6.77m
12 Marcus Lal		Northern Suburbs	5.70m
13 Adam Jubb		Ryde	5.54m
14 James Hunt		Northern Suburbs	5.45m

**Boys U 13 - Shot Put (3.0 Kg)**

Region: R 15.66m 1994 S Novkovic, Winston Hills			
Name	Age	Centre	Final
1 Jack McFadden		Ku-Ring-Gai	11.24m
2 Anthony Shahla		Nth Rocks Carlin	10.88m
3 Zak Power		Manly Warringah	10.88m
4 John Hunter		Ku-Ring-Gai	10.84m
5 Tyrese Vidal		Ku-Ring-Gai	10.75m
6 Benjamin Suleyman		Ku-Ring-Gai	10.29m
7 James Bird		Ku-Ring-Gai	9.57m
8 Michael Newbrun		Ku-Ring-Gai	8.37m
9 Henry O'Kane		Northern Suburbs	7.95m
10 Aryan Sehgal		Parramatta	7.35m

**Boys U 14 - Shot Put (3.0 Kg)**

Region: R 16.85m 16/02/2014 Kieren Briggs, Parramatta			
Name	Age	Centre	Final
1 Kevin Yang		Cherrybrook	16.00m
2 Benjamin Nogajski		Ryde	13.98m
3 Zachary Jamieson		Northern Districts	13.48m
4 Jackson Menin		Parramatta	12.51m
5 Daniel Hall		Mosman	12.25m
6 Harrison Menin		Parramatta	12.23m
7 Kalafi Moala		Ryde	11.45m
8 Scott Chapman		Cherrybrook	10.32m
9 Jasper Melchiorsen		Northern Districts	9.40m
10 Joshua Webster		Northern Districts	9.14m

**Boys U 15 - Shot Put (4.0 Kg)**

Region: R 17.44m 1995 P Elvy, Manly Warringah			
Name	Age	Centre	Final
1 Kieren Briggs		Parramatta	16.19m
2 Nicholas Frost		Parramatta	15.21m
3 Matthew McVey		Parramatta	13.08m
4 Donald Ohmer		Parramatta	13.02m



**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 15 - Shot Put (4.0 Kg)**

5	Lachlan Antoinette	Cherrybrook	12.74m
6	Jaden Clark	Northern Suburbs	12.03m
7	Matt Graham	Hornsby	9.78m
8	Alec Thompson	Northern Suburbs	9.76m
9	Ewan Hudson	Northern Suburbs	7.04m

**Boys U 17 - Shot Put (5.0 Kg)**

=====			
Region: R 16.18m 16/02/2013 Tyson Davis, Manly Warringah			
Name	Age	Centre	Final
=====			
1	James McFadden	Ku-Ring-Gai	13.10m
2	Nick Chatters	Ku-Ring-Gai	12.77m
3	Charles Seppelt	Northern Suburbs	12.68m
4	Ben Mackay	Northern Suburbs	12.48m
5	Richard Ledger	Manly Warringah	12.15m
6	Haydn Houssenloge	Ryde	12.02m
7	Wade Buhler	Parramatta	11.84m
8	Tyler Monaghan	Northern Suburbs	10.91m
9	Campbell Lemckert	Northern Districts	9.84m
10	Christopher Davies	Manly Warringah	9.28m

**Boys U 8 - Discus (500 Gram)**

=====			
Region: R 31.36m 1992 Gareth Care, North Rocks Car			
Name	Age	Centre	Final
=====			
1	Will Kay	Ku-Ring-Gai	20.75m
2	Andrew Kalos	Ryde	20.68m
3	Lewis Chappell	Manly Warringah	19.71m
4	Michael Ajaka	Parramatta	18.10m
5	Benjamin Heytman	Northern Suburbs	17.84m
6	Felix Scholle	Ku-Ring-Gai	17.20m
7	Ethan Waite	Northern Districts	15.93m
8	Jai Satuala	Hornsby	15.72m
9	Ravi Soni-Abayakoon	Parramatta	15.70m
10	Joshua Strefner	Hornsby	14.75m
11	Xavier Weir	Parramatta	14.39m
12	Max Duncan	Ku-Ring-Gai	14.00m
13	William Dyson	Northern Suburbs	13.17m
14	Matthew Walter	Ku-Ring-Gai	12.98m
15	Ben Fairbrother	Manly Warringah	11.57m

**Boys U 9 - Discus (500 Gram)**

=====			
Region: R 32.96m 1998 Christopher Bassett, Hornsby			
Name	Age	Centre	Final
=====			
1	Brodie Waldock	Ku-Ring-Gai	27.26m
2	George Shahla	Nth Rocks Carlin	25.69m
3	William Pamplin	Manly Warringah	24.10m
4	Dominic Herngren	Ryde	23.15m
5	Jordan Cocks	Nth Rocks Carlin	21.91m
6	Kai Schofield	Nth Rocks Carlin	20.16m
7	Bailey Chapman	Cherrybrook	19.79m
8	Joshua Easton	Hornsby	19.12m
9	Ivan Prizmic	Ryde	18.00m
10	Joseph Harkin	Northern Suburbs	16.68m
11	Oscar Blackley	Manly Warringah	15.49m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 9 - Discus (500 Gram)**

12	Baxter Warner	Manly Warringah	15.29m
13	Charlie Roughan	Northern Suburbs	14.70m
14	William Valderrama	Northern Districts	14.31m
--	Harry Court	Ryde	ND
--	Sam Terry	Northern Suburbs	ND

**Boys U 10 - Discus (500 Gram)**

=====			
Region: R 39.76m		1999	Christopher Bassett, Hornsby
Name	Age	Centre	Final
=====			
1	Harry Anderson	Manly Warringah	29.34m
2	Justin George	Manly Warringah	28.97m
3	Blake Gillian	Ku-Ring-Gai	26.17m
4	Benson Liu	Northern Suburbs	25.68m
5	Ashton Gleeson	Ryde	24.26m
6	Ethan Clarke	Manly Warringah	22.83m
7	Joshua Richter	Cherrybrook	22.16m
8	Dionte Vidal	Ku-Ring-Gai	21.85m
9	Ethan Harrigan	Parramatta	21.80m
10	Hamish Smillie	Cherrybrook	18.81m
11	Max Milani	Northern Suburbs	18.13m

**Boys U 11 - Discus (750 Gram)**

=====			
Region: R 37.09m		20/02/2011	Nicholas Frost, Northern Dis
Name	Age	Centre	Final
=====			
1	Nosa Obaseki	Northern Districts	32.80m
2	Sehan Samaragunaratna	Parramatta	29.04m
3	Thomas Jackson	Parramatta	27.84m
4	Alexander Shahla	Nth Rocks Carlin	25.91m
5	Maxi Zihlmann	Northern Suburbs	25.13m
6	Thomas Goddard	Northern Suburbs	24.51m
7	Jacob King	Manly Warringah	22.54m
8	Dom De Stradis	Hornsby	21.82m
9	Raff De Stradis	Hornsby	21.19m
10	Josh Banfield	Manly Warringah	20.11m
11	Adam Waite	Northern Districts	18.09m
12	Coby Walton	Northern Districts	17.29m
13	Michael Gardiner	Northern Suburbs	17.18m
14	Evan O'Rourke	Northern Districts	16.93m
15	Lachlan Schneider	Nth Rocks Carlin	16.73m

**Boys U 12 - Discus (750 Gram)**

=====			
Region: R 44.04m		1993	S Novkovic, Winston Hills
Name	Age	Centre	Final
=====			
1	Daniel Menin	Parramatta	36.40m
2	Matthew Butler	Northern Suburbs	35.40m
3	Jonathan Woodcock	Northern Suburbs	32.75m
4	Jordan Porter	Manly Warringah	30.40m
5	Jack Gibbons	Northern Districts	J30.40m
6	Carl Watson	Manly Warringah	28.32m
7	Riveen Jayasinghe	Parramatta	24.95m
8	Samuel Park	Northern Districts	24.34m
9	Ben Newson	Manly Warringah	22.53m
10	William Blackburn	Ku-Ring-Gai	20.72m

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 12 - Discus (750 Gram)**

11 Aidan Lidbetter	Hornsby	18.98m
12 Stuart Downie	Northern Suburbs	18.30m
13 Bayden Little	Cherrybrook	16.79m

**Boys U 13 - Discus (1.0 Kg)**

Region: R 48.10m 1994		S Novkovic, Winston Hills	
Name	Age Centre	Final	
1 Tyrese Vidal	Ku-Ring-Gai	39.43m	
2 John Hunter	Ku-Ring-Gai	32.65m	
3 Jack McFadden	Ku-Ring-Gai	31.41m	
4 Anthony Shahla	Nth Rocks Carlin	30.97m	
5 Matthew Rose	Cherrybrook	30.38m	
6 Mitchell McVey	Parramatta	28.50m	
7 Kaeo Weekes	Northern Districts	28.37m	
8 Henry O'Kane	Northern Suburbs	28.30m	
9 Michael Newbrun	Ku-Ring-Gai	23.74m	
10 Luke Hackett	Manly Warringah	20.93m	
11 Jack Wrightson	Manly Warringah	20.64m	
12 Joshua Arns	Northern Districts	18.92m	
13 Hayden Blaskett	Manly Warringah	17.87m	

**Boys U 14 - Discus (1.0 Kg)**

Region: R 55.22m 1995		S Novkovic, Winston Hills	
Name	Age Centre	Final	
1 Kevin Yang	Cherrybrook	44.46m	
2 Daniel Hall	Mosman	41.49m	
3 Zachary Jamieson	Northern Districts	36.10m	
4 Jonathan Bell	Ku-Ring-Gai	35.69m	
5 Kalafi Moala	Ryde	J35.69m	
6 Benjamin Nogajski	Ryde	34.33m	
7 Jackson Menin	Parramatta	33.76m	
8 Harrison Menin	Parramatta	33.03m	
9 Thomas Coy	Manly Warringah	30.65m	
10 Scott Chapman	Cherrybrook	27.04m	
11 Ryan Leatt	Ku-Ring-Gai	25.83m	
12 Andrew Tse	Northern Suburbs	24.58m	
13 Bradley Thomas	Parramatta	21.29m	

**Boys U 15 - Discus (1.0 Kg)**

Region: R 56.28m 1999		A Walker, Hills District	
Name	Age Centre	Final	
1 Nicholas Frost	Parramatta	64.26mR	
2 Kieren Briggs	Parramatta	54.76m	
3 Matthew McVey	Parramatta	53.95m	
4 Donald Ohmer	Parramatta	48.71m	
5 Lachlan Antoinette	Cherrybrook	45.44m	
6 Darcy Hampton	Manly Warringah	39.05m	
7 Gianni Cincotta-Lee	Manly Warringah	33.17m	
8 Adam Ayad	Hornsby	31.50m	
9 Jaden Clark	Northern Suburbs	29.22m	
10 Nathan Culhane	Northern Suburbs	28.79m	
11 Alec Thompson	Northern Suburbs	28.63m	
12 Angus Treeby	Manly Warringah	22.78m	

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 15 - Discus (1.0 Kg)**

13 Ewan Hudson	Northern Suburbs	22.73m
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**Boys U 17 - Discus (1.5 Kg)**

Region: R 47.54m 17/02/2013 Tyson Davis, Manly Warringah		
Name	Age Centre	Final
1 Tim Heyes	Northern Suburbs	50.17mR
2 Nick Chatters	Ku-Ring-Gai	44.95m
3 Ellington Steanes	Northern Suburbs	41.60m
4 Campbell Lemckert	Northern Districts	41.32m
5 Richard Ledger	Manly Warringah	38.56m
6 Frank Morris	Northern Districts	36.51m
7 Wade Buhler	Parramatta	34.12m
8 Tyler Monaghan	Northern Suburbs	32.05m
-- Christopher Davies	Manly Warringah	ND

**Boys U 12 - Javelin (400 Gram)**

Region: R 36.87m 19/02/2012 Kieren Briggs, Parramatta		
Name	Age Centre	Final
1 Daniel Menin	Parramatta	36.96mR
2 Bayden Little	Cherrybrook	25.34m
3 Samuel Galati	Ryde	25.09m
4 Kyle Fisher	Northern Suburbs	25.06m
5 Samuel Park	Northern Districts	24.74m
6 Alex Norris	Manly Warringah	23.19m
7 Joshua Arcus	Ryde	22.91m
8 Zaki Razi	Nth Rocks Carlin	21.91m
9 Jack Gibbons	Northern Districts	19.07m
10 Ethan Munro	Manly Warringah	18.92m
11 Charlie East	Northern Suburbs	18.79m
12 George Davis	Ryde	16.76m
13 Adam Jubb	Ryde	16.66m
14 Aidan Lidbetter	Hornsby	16.61m
-- Marcus Lal	Northern Suburbs	ND

**Boys U 13 - Javelin (600 Gram)**

Region: R 42.98m 17/02/2007 Elliot Lang, Northern Suburb		
Name	Age Centre	Final
1 Zak Power	Manly Warringah	34.00m
2 Morgan Little	Cherrybrook	33.69m
3 Mitchell McVey	Parramatta	30.44m
4 Hamish Murray	Hornsby	29.51m
5 Jack McFadden	Ku-Ring-Gai	28.82m
6 Ben Graham	Hornsby	26.68m
7 Benjamin Suleyman	Ku-Ring-Gai	23.87m
8 Matua Simpkins	Northern Districts	22.92m
9 John Hunter	Ku-Ring-Gai	21.83m
10 Harrison Ross	Northern Districts	18.43m
11 Anthony Shahla	Nth Rocks Carlin	17.16m
12 Cooper Barr	Northern Suburbs	14.58m
13 Riley Leverett	Nth Rocks Carlin	14.49m
14 Elijah Khallouf	Northern Districts	11.10m
-- Darragh Cunningham	Northern Suburbs	ND

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 14 - Javelin (600 Gram)**

Region: R 53.00m 17/02/2013 Cameron McEntyre, Ku-Ring-Ga			
Name	Age	Centre	Final
1 Jonathan Bell		Ku-Ring-Gai	41.29m
2 Daniel Hall		Mosman	37.51m
3 Otto Prowse		Manly Warringah	33.65m
4 Jasper Melchiorson		Northern Districts	32.92m
5 Ryan Leatt		Ku-Ring-Gai	31.91m
6 Scott Chapman		Cherrybrook	31.10m
7 Jeremy Vaz		Northern Suburbs	27.46m
8 Marko Prizmic		Ryde	25.66m
9 Thomas Coy		Manly Warringah	25.09m
10 Samuel Plummer		Ryde	23.39m
11 Joshua Silver		Northern Districts	22.66m
12 Ryan Jones		Cherrybrook	22.31m
13 Nicholas Smith		Parramatta	22.28m
14 Timothy Walter		Ku-Ring-Gai	20.18m

**Boys U 15 - Javelin (700 Gram)**

Region: R 59.69m 15/02/2014 Cameron McEntyre, Ku-Ring-Ga			
Name	Age	Centre	Final
1 Matthew McVey		Parramatta	49.50m
2 Donald Ohmer		Parramatta	48.54m
3 Kieren Briggs		Parramatta	47.15m
4 Nicholas Frost		Parramatta	44.82m
5 Matt Graham		Hornsby	38.58m
6 Gianni Cincotta-Lee		Manly Warringah	34.81m
7 Jaden Clark		Northern Suburbs	27.57m
8 Jack Polson		Parramatta	23.86m

**Boys U 17 - Javelin (700 Gram)**

Region: R 62.32m 17/02/2013 Tyson Davis, Manly Warringah			
Name	Age	Centre	Final
1 Frank Morris		Northern Districts	52.70m
2 James McFadden		Ku-Ring-Gai	50.72m
3 Charles Seppelt		Northern Suburbs	46.48m
4 Tyler Monaghan		Northern Suburbs	45.12m
5 Wade Buhler		Parramatta	38.83m
6 Matthew Hall		Mosman	37.59m
7 Campbell Lemckert		Northern Districts	36.95m
8 Christopher Davies		Manly Warringah	36.70m
9 Adam Halmy		Northern Districts	27.44m

**Boys U 9 - 700 Metre Walk**

Region: R 3:34.60 1998 Christopher Bassett, Hornsb			
Name	Age	Centre	Final
Section 1			
1 Lachlan McIntosh		Ku-Ring-Gai	4:14.50
2 Alejandro Briones		Manly Warringah	4:24.68
3 Nick Kimball		Manly Warringah	4:24.99
4 Ethan Quartly		Manly Warringah	4:37.75
5 Matias Chong		Parramatta	5:00.69
6 George Grummett		Hornsby	5:28.97

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****....Boys U 9 - 700 Metre Walk**

-- Jake Fisher	Northern Suburbs	DQ
-- Owen Simpson	Parramatta	DQ

**Boys U 10 - 1100 Metre Walk**

=====			
Region:	R 5:45.20	1998	K Tansley, Manly Warringah
Name	Age	Centre	Final
=====			
1 Myles Kinchington		Ku-Ring-Gai	6:17.13
2 Max Milani		Northern Suburbs	6:43.94
3 Luca Bell		Manly Warringah	7:12.53
4 Julian Ajaka		Parramatta	7:16.11
5 Samuel Walter		Ku-Ring-Gai	7:16.37
6 James Manion		Ku-Ring-Gai	7:51.52
7 Alexander Bonomi		Manly Warringah	7:57.96
8 Takoda Cheng		Parramatta	9:29.44
-- Joel Solomon		Manly Warringah	DQ

**Boys U 11 - 1100 Metre Walk**

=====			
Region:	R 5:19.18	19/02/2012	Dylan Richardson, Gosford
Name	Age	Centre	Final
=====			
1 Cameron Laytham		Manly Warringah	5:52.78
2 Tony Vujnovic		Manly Warringah	6:37.89
3 Alex Sky		Ku-Ring-Gai	7:50.98
4 Luke Morosin-Smith		Ryde	8:21.93
5 John Hall		Manly Warringah	9:34.84

**Boys U 12 - 1500 Metre Walk**

=====			
Region:	R 7:06.59	17/02/2013	Harrison Mavin, Ku-Ring-Gai
Name	Age	Centre	Final
=====			
1 Ethan Barlow		Manly Warringah	7:53.70
2 Dion Carrothers		Manly Warringah	8:25.70
3 Martin Leerberg		Northern Suburbs	8:34.95
4 William Mills		Hornsby	8:44.16
5 Bayden Little		Cherrybrook	8:49.43
6 George Davis		Ryde	8:51.44
7 Max Wilkins		Ku-Ring-Gai	9:54.05
8 Lachlan Cruickshank		Manly Warringah	10:25.63
9 Adam Jubb		Ryde	10:56.67
-- James Walter		Ku-Ring-Gai	DQ

**Boys U 13 - 1500 Metre Walk**

=====			
Region:	R 7:04.60	19/02/2006	Jordan Mulhearn, Parramatta
Name	Age	Centre	Final
=====			
1 Hayden Blaskett		Manly Warringah	7:26.90
2 Lachie Sky		Ku-Ring-Gai	8:33.92
3 Robert Culliver		Parramatta	11:05.19
-- Morgan Little		Cherrybrook	DQ

**REGION TRACK & FIELD CHAMPIONSHIPS****Results****Boys U 14 - 1500 Metre Walk**

=====			
Region: R 6:28.16 19/02/2012 Tyler Jones, Wyong			
Name	Age	Centre	Final
=====			
1	Harrison	Mavin	Ku-Ring-Gai 7:59.56
2	Sean	Teo	Ku-Ring-Gai 8:27.44
3	Samuel	Plummer	Ryde 10:29.30

**Boys U 15 - 1500 Metre Walk**

=====			
Region: R 6:35.20 1995 Andrew Nappin, Manly Warrin			
Name	Age	Centre	Final
=====			
1	Hayden	Millican	Northern Districts 7:54.41

**Boys U 17 - 1500 Metre Walk**

=====			
Region: R 6:15.10 28/02/2010 Jordan Mulhearn, Parramatta			
Name	Age	Centre	Final
=====			
1	Aidan	Kerr	Ku-Ring-Gai 6:51.34