



BOOKING FORM

Please complete the below forms and email participation@lansw.com.au. The LAPS Coordinator may contact you to organise a coaching program to suit your needs.

Please Note:

- LAPS is not a Sporting Schools Program. LANSW cannot guarantee you will be able to access Sporting Schools funding for LAPS
- Schools may choose the standard 10 week program, 5 week "Express Session", individualized program or Combo (express session + extra events)
- LAPS cost is a minimum payment of \$200 (up to 3hrs coaching time) per coach. \$50 per hour per coach thereafter
- Group sizes cannot exceed 30 students per coach at any time & a teacher MUST accompany each group
- Each coaching session is 30-45 minutes in duration
- No large time gaps between each session (except for lunch/recess), otherwise general hourly rates may be charged
- LANSW strictly insists that all schools requesting high jump and Long jump follow the DET Guidelines: <https://app.education.nsw.gov.au/sport/page/1063?returnpageid=1114>;

School: _____ Phone: _____

Address: _____ Post Code: _____

Contact Person Name: _____

Mobile _____ Email _____

No of Weeks _____ Requested Date/s: _____

Coaching Start Time: _____ Finish Time: _____ **Lunch time: _____ **Recesstime: _____

** All sessions must proceed with minimal time gaps between each session outside lunch and recess times. **CHOOSE**

PROGRAM OPTIONS: [] 10 Week Program [] Express Session 5 Week Program [] Individualised School Program [] Combo Events to be coached for your **Individualised Program** or **Combo Extras:** (please circle)

K-2: Athletics Based Motor Skills; **Primary:** Sprints, Relays, Shot Put, Long Jump, Hurdles, Discus, High Jump

The school must have appropriate High Jump bags and a safe, maintained Long Jump pit if they intend to conduct these events.

Please complete table below for each class that is participating							
Class Name	numbers	Class Name	numbers	Class Name	numbers	Class Name	numbers

Do you have an undercover area where sessions can continue in the case of wet weather? [] Yes [] No

Are we able to give you some information to advertise in your school newsletter? [] Yes [] No

Do you agree for a local LA Centre representative to get in contact with you? [] Yes [] No

Do any students have any special requirements /disabilities we should be aware of: _____

Any additional information: _____

Office Use Only

Coach/es: _____

Local LAC: _____

Program prepared		
Agreement sent		
Agreement returned		
Invoice and paperwork sent		

