

# Conference schedule Saturday

8.00am	Arrival and registrations		
8.30am	Little Athletics NSW Annual General Meeting		
10.30am	Morning Tea		
11.00am	Conference welcome and Welcome to Country		
11.20am	<b>The Vision for Little Athletics in NSW – Melissa Chandler, LANSW Chair</b> An update on behalf of the Little Athletics NSW Board on the revised Vision and Strategy to strengthen Little Athletics in NSW.		
11.40am	<b>The Road from Adversity to Diversity – Katie Kelly, OAM</b> Katie is a diversity and inclusion advocate, and a two-time Paralympian who won Gold in the Paratriathlon at the Rio Paralympics in 2016 and placed sixth at Tokyo (2020/2021). Katie's passion for diversity and inclusion in the community has spanned a lifetime.		
12.30am	<b>Valour - Katharine Kurek</b> Valour will showcase their exciting new compression range – with the help of some of our Little Athletics NSW Athletes.		
12.45pm	Lunch		
1.15pm	<b>Volunteering - Kellie May, DoCJ</b> Struggling to gain or retain volunteers? Need help keeping people motivated and engaged? Hear from our industry expert to provide you all the tools/tips.		
2.00pm	<b>Ronald McDonald House Charity - Michaela Britt &amp; Monica Crismale</b> Ronald McDonald House Charities Greater Western Sydney is the longest standing charity partner of LANSW. Hear an update from the team about the importance of their past activity, as well as an overview of their upcoming campaigns due to launch within the 2022-23 Little Athletics season.		
2.20pm	<b>Sherrie Boulter, President - Little Athletics Australia and Myles Foreman, CEO - Little Athletics Australia</b> <b>Vision and priorities at a national level for Little Athletics</b>		
2.40pm	Breakout session 1		
	<b>Social Media – Pat McGregor, LANSW Marketing Coordinator</b> Pat will run you through the importance of social media and how you can be using <b>FREE</b> resources to create revenue for your Centre.	<b>Timing Solutions - Nick Frederiksen &amp; Chris Hazeldine</b> Need to know basics, refresh your knowledge and get your answers to trouble shooting questions.	<b>R U OK? - Christopher Newman</b> Learn how to engage in a conversation with someone you care about who may be showing signs of mental fatigue or other mental health concerns.
3.30pm	Afternoon Tea		
4.00pm	Breakout session 2		
	<b>LANSW Competitions and the Rules of Competition - Panel</b> An opportunity to discuss and ask questions regarding LANSW Competitions and the Rules of Competitions with an experienced panel.	<b>LANSW Initiatives – Rebecca Shaw, LANSW CEO</b> Hear about new initiatives including Centre marketing resources, Primary School Carnival, Turbo Team Challenge, Website project and more!	<b>Innovations by Centres – Centre representatives</b> Who better to present on ideas happening in Centres, than Centres themselves? Hear what innovative ideas these three Centres are implementing.
6.30pm for 7.00pm start	<b>Little Athletics NSW Annual Dinner and Awards Night Celebrating 50+1 years of Little Athletics in NSW</b>		

## Conference schedule – Sunday

8.45am

### Think Tanks – All Conference delegates

This is an opportunity to brainstorm and share ideas on a range of topics which impact Centres and Little Athletics in NSW.

10.00am

### The NEW LANSW Age Manager/Parent Helper Training – Darren Wensor, Head of Coach and Volunteer Development

Age managers are integral to the Little Athletics experience and the successful operation of a Centre. They are the sport's largest group of front-line volunteer workers. The support and resources currently available to this group do not reflect the prominence and significance of their role. Little Athletics NSW is developing specific age manager training and resources that will more fully harness the potential of this workforce. The project will lead to a better experience for both the age managers and the participants in their charge.

10.45am

### Morning Tea

11.15am

### New legislation – The 10 Child Safe Standards and how to implement these at your Centre – Mark Lorenti, Office of Sport

Keeping our children safe whilst participating in Little Athletics is our biggest priority!. After a successful trial, within selected Little Athletics Centres in the Illawarra area, the tools/resources for rolling out the 10 Child Safe Standards are ready to be implemented at your Centre. Be well informed and compliant with the latest Child Safe legislation.

12.00pm

### Not On My Watch - Child Protection in Sport – Morgan Landers

Morgan's passion for protecting the vulnerable is second to none and he has assisted organisations in risk management for the past 15 years. Morgan is an independent representative on the National Reference Group for Play By The Rules since 2006.

12.45am

### Lunch

1.30pm

### Breakout session 3

#### Meet Manager – Craig Scott

A beginners guide to Meet Manager for your competition needs.

#### Game Day – a practical session for Registrars

This session is specifically designed as a step by step guide on how to set up GameDay for the 2022/23 season. Bring your computer and follow along and you will be ready to go within this 50 minute session.

#### Season / Committee Structures – LANSW Board Members

Opportunity to discuss with LANSW Board the structure of the season, and options to allow more flexibility for Centre committee members.

2.20pm

### How to deal with Conflict – Morgan Landers

Morgan has over 15 years of experience in risk management and will be assisting Centres with conflict resolution.

3.00pm

### Closing remarks – Melissa Chandler, LANSW Chair