

Winter Track Series #3
The Ridge Athletics Track
Results

Girls U 8 - 100 Metre Sprint WT #3

State: S 14.44 23/03/1979 Helen Clarke, Orange					
Name	Age	Centre	Final	H#	Points
Final					
1	Amelia Oxley	Quakers Hill	15.76	1	15
2	Evelyn Whittam	Randwick Botany	15.93	3	13
3	Lyla Titcume	Glenbrook	16.03	1	12
4	Shreya Iyer	Winston Hills	16.10	3	11
5	Mila Bozikov	St Georges Basin	16.59	1	10
6	Anthea Kalidis	St George	16.89	1	9
7	Blake O'Donohue	Quakers Hill	17.00	1	8
8	Miracle Egbufor	Nepean	17.09	1	7
9	Tamanna Chaudhary	Nepean	17.52	1	6
10	Grace Kearney	Bankstown Aths	17.54	3	5
11	Olivia Crowe	Sutherland	17.69	3	4
12	Tabitha Williams	Northern Suburbs	17.73	2	3
13	Siena Murphy	Balmain	17.90	2	2
14	Taiya Fardella	Douglas Park	17.94	4	1
15	Breanna Foley	Hills District	17.96	3	1
16	Isla Broadhurst	Manly Warringah	18.12	4	1
17	Indira Death	Illawong	18.45	2	1
18	Manohwa Sydney Arangi	Quakers Hill	18.89	4	1
19	Mia Hagan	Nepean	18.93	2	1
20	Quinn Szczerbanik	Campbelltown	19.02	2	1
21	Kayla Emslie	Warradale	19.18	4	1
22	Alyssa Ng	St George	19.47	3	1
23	Emilia Field	Glenbrook	20.39	2	1
24	Ruby Lane	St George	22.22	3	1

Girls U 9 - 100 Metre Sprint WT #3

State: S 14.07 04/03/2023 Harlow Pate, Wollongong City					
State: S 14.14 , Orange					
Name	Age	Centre	Final	H#	Points
1	Harlow Pate	Wollongong City	14.41	1	15
2	Stella Wade	Northern Suburbs	15.66	1	13
3	Liv Donaldson	Randwick Botany	15.79	1	12
4	Summer Sanders	Revesby Workers	15.80	4	11
5	Aria Broadhurst	Manly Warringah	16.30	1	10
6	Jiselle Bechara	Balmain	16.31	1	9
7	Estelle Azer	Campbelltown	16.39	1	7.50
7	Alexa Lancaster	Glenbrook	16.39	2	7.50
9	Frida Leigh-Young	South Eastern	16.41	1	6
10	Tayah Szczerbanik	Campbelltown	16.50	2	5
11	Alexia Gavidì	Eastlakes	16.62	1	4
12	Mia Dzirins	Camden	16.72	3	3
13	Jerico Hayllar	Port Hacking	16.91	3	2
14	Lily Prochazka	Sutherland	17.06	4	1
15	Ava Webb	Campbelltown	17.07	3	1
16	Freida Calvert	Revesby Workers	17.13	3	1
17	Audrey Duong	Inner West	17.24	2	1
18	LilyEve Everson	Ryde	17.25	2	1
19	Charlie Risti	Revesby Workers	17.52	3	1
20	Laylah Abou-Mahmoud	Smithfield	17.58	2	1

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21 Kaiya Smith	Mosman	17.96	4	1
22 Noelle Kinred	Helensburgh	18.61	3	1
23 Indie-Rose Szczerbanik	Douglas Park	19.16	4	1
24 Cara Giles	Sutherland	19.89	4	1
25 Chloe Davis	Minchinbury	22.61	4	1

Girls U 10 - 100 Metre Sprint WT #3

=====				
State: S 13.54 12/03/1978 Annette Osborne, Lethbridge Park				
State: S 13.54 23/03/1991 Rosemary Hayward, Wyong				
Name	Age	Centre	Final	H# Points
=====				
1 Kristyna van Uden		Inner West	14.91	1 15
2 Ava Jupp		Port Hacking	14.91	1 13
3 Phoebe Dobson		Manly Warringah	15.03	1 12
4 Evie MooreMulcahy		Northern Districts	15.29	1 11
5 Isla Corin		Holroyd	15.75	1 10
6 Aliyah Abou-Mahmoud		Smithfield	15.77	1 9
7 Addison Scott		Glenbrook	15.89	1 8
8 Ava Noakes		Glenbrook	16.10	1 7
9 Lilly Huang		Quakers Hill	16.15	1 6
10 Ala Burzynska		Sutherland	16.39	2 5
11 Zahlia Ciftci		Quakers Hill	16.51	2 4
12 Charlotte Fraser		Ryde	16.65	2 3
13 Arianna Calavrias		St George	16.78	2 2
14 Amy Bright		Manly Warringah	16.90	2 1
15 Gemma Ng		St George	17.24	2 1
16 Lexie Carvalho		St George	17.70	2 1
17 Mattea Reeve		Sutherland	17.80	2 1
18 Ziva Titcume		Glenbrook	17.85	2 1

Girls U 11 - 100 Metre Sprint WT #3

=====				
State: S 12.94 12/03/1978 Michelle Moroney, Bankstown				
Name	Age	Centre	Final	H# Points
=====				
1 Capri Vincent		Eastern Suburbs	13.62	1 15
2 Savannah Cox		Hills District	13.91	1 13
3 Kalani Russell		Eastern Suburbs	14.01	1 12
4 Elanor Scott		Camden	14.67	1 11
5 Lola Rayment		Eastern Suburbs	14.96	1 10
6 Lola-May Bourke		Balmain	15.07	1 9
7 Emily Munkman		Gosford	15.14	2 8
8 Ocean Kennedy		Riverstone	15.39	2 7
9 Lilly Na'a		Eastern Suburbs	15.46	1 6
10 Hayley Foley		Hills District	15.54	2 5
11 Matilda-Holly Marks		Penrith	15.69	1 4
12 Elke Wylie		Canterbury	15.74	2 3
13 Jenna Rhodes		Glenbrook	15.74	2 2
14 Elliyah Nassif		Cabra Vale/Fair	16.28	2 1
15 Charlisse Sue Fong		The Ponds	16.37	2 1
16 Georgia Williams		The Ponds	16.62	2 1
17 Olivia-Anne Field		Glenbrook	16.63	3 1
18 Aliana Ridgewell		Revesby Workers	16.73	3 1
19 Cate McCulloch		Sutherland	17.14	3 1

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20 Viola Ramsay (T/F38)	Bankstown Aths	22.70	3	5	54.537%
21 Eden Brooks (T20)	Rouse Hill Rams	25.98	3	3	45.843%

Girls U 12 - 100 Metre Sprint WT #3

State: S 12.53 24/03/2018 Chelsea Ezeoke, Wollongong City					
Name	Age Centre	Final	H#	Points	
1 Mia Wood	Sutherland	12.55	1	15	
2 Sienna Vassella	Ku-Ring-Gai	12.67	1	13	
3 Sophie Howson	Port Hacking	12.94	1	12	
4 Sadie Rayment	Eastern Suburbs	13.06	1	11	
5 Olivia Jupp	Port Hacking	13.69	2	10	
6 Charli Butler	Glenbrook	13.94	1	9	
7 Chloe Williams	Werrington	13.99	1	8	
8 Anika Mumberson	Douglas Park	14.01	1	7	
9 Alicia Webb	Campbelltown	14.12	1	6	
10 Georgia Laverance	Port Hacking	14.15	2	5	
11 Pippa Burke	Cherrybrook	14.31	2	4	
12 Sienna Wade	Northern Suburbs	14.32	2	3	
13 Sienna Jackson	Hills District	14.35	2	2	
14 Bella Fraser	Ryde	14.79	2	1	
15 Willow Sanders	Revesby Workers	14.87	3	1	
16 Ella Caines	Rouse Hill Rams	15.07	2	1	
17 Miarose Everson	Ryde	15.19	2	1	
18 Krystal Emme	Hawkesbury City	15.40	3	1	
19 Khloe Hunter (T/F01)	Revesby Workers	15.88	3	10	73.741%
20 Elana Smith	Mosman	15.95	3	1	

Girls U 13 - 100 Metre Sprint WT #3

State: S 12.34 15/03/1986 Jo-anne Swan, Camden					
State: S 12.34 07/03/1987 Rebecca Vormister, Wollongong					
State: S 12.34 17/03/1996 Haylee Mathieson, Wollongong					
State: S 12.34 19/02/2005 Laura Turner, Port Hacking					
Name	Age Centre	Final	H#	Points	
1 Olivia Scott-Rogers	Hills District	13.23	1	15	
2 Jade Strahl	Port Hacking	13.53	1	13	
3 Maya Bower	Campbelltown	13.56	1	12	
4 Ishanvi Tiwari	Hills District	13.62	2	11	
5 Lilly Brown	Emu Plains	13.78	2	10	
6 Madison Cornish	Sutherland	13.86	1	9	
7 Matilda Oxley	Quakers Hill	13.91	1	8	
8 Pearl Stravoskoufis	Bowral	14.43	2	7	
9 Larissa Ingram	Quakers Hill	14.73	2	6	
10 Bronte Parkin	Quakers Hill	14.74	2	5	
11 Lucinda Healy	Glenbrook	18.18	2	4	

Girls U 14 - 100 Metre Sprint WT #3

State: S 12.14 23/03/1991 Shelley Peattie, Macquarie Shores					
Name	Age Centre	Final	Points		
1 Indii Bower	Campbelltown	12.98	15		

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2	Georgiana Giatsios	South Eastern	12.99	13
3	Audrey Khamphet Pearse	South Eastern	13.17	12
4	Molly Rayment	Eastern Suburbs	13.20	11
5	Sophie Durheim	Cherrybrook	13.25	10
6	Gemma Roberts	Smithfield	14.69	9

Girls U 15 - 100 Metre Sprint WT #3

=====				
State: S 12.04 21/03/1992 Sonia Willis, Wagga PCYC				
State: S 12.04 20/03/1999 Preya Carey, Hills District				
Name	Age	Centre	Final	Points
=====				
1	Reki Selita Roberts	Campbelltown	12.70	15
2	Estelle Walsh	Manly Warringah	12.76	13
3	Kaaren Healy	Glenbrook	12.98	12
4	Matilda Olson	Quakers Hill	15.83	11

Girls U 17 - 100 Metre Sprint WT #3

=====				
State: S 11.89 28/01/2017 Maisie Stevens, Eastern Suburbs				
Name	Age	Centre	Final	Points
=====				
1	Maia Madden Khan	Ku-Ring-Gai	12.61	15
2	Sarah-anne Koot	Cherrybrook	13.19	13
3	Maddison Duncombe	Ryde	13.69	12

Girls U 8 - 200 Metre Sprint WT #3

=====					
State: S 31.74 16/02/1997 Emily Pollett, Manly Warringah					
State: S 31.74 16/02/1997 Emily Pollett, Manly Warringah					
Name	Age	Centre	Final	H#	Points
=====					
1	Amelia Oxley	Quakers Hill	33.74	1	15
2	Lyla Titcume	Glenbrook	34.51	1	13
3	Evelyn Whittam	Randwick Botany	35.04	1	12
4	Shreya Iyer	Winston Hills	35.58	1	11
5	Mila Bozikov	St Georges Basin	35.82	1	10
6	Anthea Kalidis	St George	36.29	1	9
7	Siena Murphy	Balmain	38.06	2	8
8	Charlotte McGivern	St George	39.49	3	7
9	Breanna Foley	Hills District	39.72	3	6
10	Indira Death	Illawong	39.93	2	5
11	Blake O'Donohue	Quakers Hill	40.20	2	4
12	Taiya Fardella	Douglas Park	40.60	2	3
13	Mia Hagan	Nepean	40.83	3	2
14	Manohwa Sydney Arangi	Quakers Hill	40.99	2	1
15	Kayla Emslie	Warradale	41.60	3	1
16	Isla Broadhurst	Manly Warringah	41.61	3	1
17	Miracle Egbufor	Nepean	44.10	4	1
18	Emilia Field	Glenbrook	45.31	4	1
19	Quinn Szczerbanik	Campbelltown	47.81	4	1

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Girls U 9 - 200 Metre Sprint WT #3

State: S 28.74 25/03/1990 Rosemary Hayward, Wyong					
Name	Age	Centre	Final	H#	Points
1 Harlow Pate		Wollongong City	29.31	1	15
2 Stella Wade		Northern Suburbs	32.16	1	13
3 Jiselle Bechara		Balmain	32.86	1	12
4 Liv Donaldson		Randwick Botany	32.94	1	11
5 Aria Broadhurst		Manly Warringah	33.46	1	10
6 Alexa Lancaster		Glenbrook	33.51	1	9
7 Frida Leigh-Young		South Eastern	34.36	2	8
8 Estelle Azer		Campbelltown	34.55	2	7
9 Audrey Duong		Inner West	36.40	3	6
10 Tayah Szczerbanik		Campbelltown	36.52	2	5
11 Mia Dzirins		Camden	37.56	3	4
12 Jerico Hayllar		Port Hacking	37.91	2	3
13 Lily Prochazka		Sutherland	39.41	3	2
14 Mila Penman		Sutherland	39.56	2	1
15 Casey Fowler		Parramatta	41.33	3	1
16 LilyEve Everson		Ryde	41.48	2	1
17 Ava Webb		Campbelltown	43.78	2	1
18 Laylah Abou-Mahmoud		Smithfield	44.12	3	1
19 Charlie Risti		Revesby Workers	45.54	3	1

Girls U 10 - 200 Metre Sprint WT #3

State: S 28.22 21/03/2010 Kristie Edwards, Manly Warringah					
Name	Age	Centre	Final	H#	Points
1 Ava Jupp		Port Hacking	30.22	1	15
2 Evie MooreMulcahy		Northern Districts	31.05	1	13
3 Kristyna van Uden		Inner West	32.59	1	12
4 Aliyah Abou-Mahmoud		Smithfield	33.35	2	11
5 Ava Noakes		Glenbrook	33.39	2	10
6 Phoebe Dobson		Manly Warringah	33.73	1	9
7 Addison Scott		Glenbrook	33.82	2	8
8 Isla Corin		Holroyd	34.50	1	7
9 Lilly Huang		Quakers Hill	34.87	1	6
10 Zahlia Ciftci		Quakers Hill	35.83	2	5
11 Amy Bright		Manly Warringah	36.70	2	4
12 Arianna Calavrias		St George	36.99	2	3
13 Charlotte Fraser		Ryde	37.12	2	2
14 Gemma Ng		St George	38.26	2	1

Girls U 11 - 200 Metre Sprint WT #3

State: S 26.12 19/03/2017 Chelsea Ezeoke, Albion Park					
Name	Age	Centre	Final	H#	Points
1 Savannah Cox		Hills District	29.02	1	15
2 Kalani Russell		Eastern Suburbs	29.83	1	13
3 Elanor Scott		Camden	30.35	1	12
4 Matilda-Holly Marks		Penrith	31.61	1	11
5 Lucy Schofield		Albion Park	31.86	2	10
6 Hayley Foley		Hills District	32.33	2	9
7 Winter Wawn		Inner West	32.67	1	8

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8	Elliyah Nassif	Cabra Vale/Fair	32.93	2	7	
9	Lilly Na'a	Eastern Suburbs	33.27	1	6	
10	Ocean Kennedy	Riverstone	33.58	1	5	
11	Jenna Rhodes	Glenbrook	34.52	3	4	
12	Elke Wylie	Canterbury	34.56	2	3	
13	Charlisse Sue Fong	The Ponds	35.01	2	2	
14	Georgia Williams	The Ponds	35.38	1	1	
15	Cate McCulloch	Sutherland	35.55	3	1	
16	Olivia-Anne Field	Glenbrook	38.51	3	1	
17	Viola Ramsay (T/F38)	Bankstown Aths	52.65	3	3	49.231%
18	Eden Brooks (T20)	Rouse Hill Rams	1:06.52	3	2	37.598%

Girls U 12 - 200 Metre Sprint WT #3

=====						
State: S 25.69 25/03/2018 Chelsea Ezeoke, Wollongong City						
Name	Age	Centre	Final	H#	Points	
=====						
1	Mia Wood	Sutherland	26.32	1	15	
2	Sienna Vassella	Ku-Ring-Gai	26.69	1	13	
3	Sadie Rayment	Eastern Suburbs	28.04	1	12	
4	Eisla Scully	Balmain	28.52	2	11	
5	Chloe Williams	Werrington	28.56	1	10	
6	Hanna Wichgers	Sutherland	28.62	4	9	
7	Sienna Wade	Northern Suburbs	28.93	1	8	
8	Alicia Webb	Campbelltown	28.99	1	7	
9	Charli Butler	Glenbrook	29.44	1	6	
10	Olivia Jupp	Port Hacking	29.56	2	5	
11	Jacqueline Pawsey	Ryde	29.82	2	4	
12	Georgia Laverance	Port Hacking	29.96	3	3	
13	Anika Mumberson	Douglas Park	30.27	2	2	
14	Allie Terkildsen	Sutherland	30.51	2	1	
15	Sienna Jackson	Hills District	30.56	3	1	
16	Tarlie Hube	Randwick Botany	30.62	2	1	
17	Ella Caines	Rouse Hill Rams	30.95	4	1	
17	Sanjana Iyer	Winston Hills	30.95	2	1	
19	Miarose Everson	Ryde	31.21	3	1	
20	Bella Fraser	Ryde	31.25	3	1	
21	Sidney Bartle	Albion Park	31.67	4	1	
22	Krystal Emme	Hawkesbury City	31.69	3	1	
23	Felicity Barnes	Port Hacking	32.41	3	1	
24	Khloe Hunter (T/F01)	Revesby Workers	32.71	4	10	74.687%

Girls U 13 - 200 Metre Sprint WT #3

=====					
State: S 24.96 19/03/2017 Alice Dixon, Northern Suburbs					
Name	Age	Centre	Final	Points	
=====					
1	Olivia Scott-Rogers	Hills District	27.55	15	
2	Lilly Brown	Emu Plains	28.06	13	
3	Matilda Oxley	Quakers Hill	28.47	12	
4	Maya Bower	Campbelltown	28.58	11	
5	Ishanvi Tiwari	Hills District	29.77	10	
6	Larissa Ingram	Quakers Hill	32.84	9	
7	Morgan Fowler	Parramatta	32.89	8	

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Girls U 14 - 200 Metre Sprint WT #3

State: S 24.54 16/03/2008 Ella Nelson, Sutherland				
Name	Age	Centre	Final	Points
1 Georgiana Giatsios		South Eastern	26.16	15
2 Indii Bower		Campbelltown	26.38	13
3 Audrey Khamphet Pearse		South Eastern	26.97	12
4 Molly Rayment		Eastern Suburbs	27.23	11
5 Hannah Storey		Cherrybrook	27.29	10

Girls U 15 - 200 Metre Sprint WT #3

State: S 24.24 20/03/2005 Olivia Tauro, Kurri Kurri				
State: S 24.24 22/02/2009 Ella Nelson, Sutherland				
Name	Age	Centre	Final	Points
1 Estelle Walsh		Manly Warringah	25.82	15
2 Reki Selita Roberts		Campbelltown	25.92	13
3 Kaaren Healy		Glenbrook	28.41	12

Girls U 17 - 200 Metre Sprint WT #3

State: S 24.08 25/03/2018 Caitlin Ferrier, Kurrajong Bilpin				
Name	Age	Centre	Final	Points
1 Maddison Duncombe		Ryde	30.35	15
2 Annalisa Ely		Springwood	30.64	13

Girls U 8 - 400 Metre Sprint WT #3

State: S 1:11.44 21/03/1981 Jo-anne Swan, Camden				
Name	Age	Centre	Final	Points
1 Amelia Oxley		Quakers Hill	1:18.18	15
2 Lyla Titcume		Glenbrook	1:19.05	13
3 Sienna Hopkins		Bankstown Aths	1:23.64	12
4 Anthea Kalidis		St George	1:25.61	11
5 Mila Bozиков		St Georges Basin	1:27.42	10
6 Isla Struthers		Balmain	1:29.54	9
7 Breanna Foley		Hills District	1:31.05	8
8 Peyton Wassilenko		Nepean	1:35.12	7
9 Charlotte McGivern		St George	1:36.37	6
10 Manohwa Sydney Arangi		Quakers Hill	1:37.38	5
11 Kayla Emslie		Warradale	1:42.39	4
12 Tamanna Chaudhary		Nepean	1:45.52	3
13 Alyssa Ng		St George	1:48.44	2
14 Quinn Szczerbanik		Campbelltown	1:54.12	1
15 Ruby Lane		St George	2:02.94	1

Girls U 9 - 400 Metre Sprint WT #3

State: S 1:06.64 24/03/1990 Rosemary Hayward, Wyong					
Name	Age	Centre	Final	H#	Points
1 Harlow Pate		Wollongong City	1:06.78	1	15
2 Jiselle Bechara		Balmain	1:13.25	1	13

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3 Stella Wade	Northern Suburbs	1:15.70	1	12
4 Liv Donaldson	Randwick Botany	1:17.64	1	11
5 Alexa Lancaster	Glenbrook	1:18.36	1	10
6 Frida Leigh-Young	South Eastern	1:19.62	1	9
7 Estelle Azer	Campbelltown	1:20.24	3	8
8 LilyEve Everson	Ryde	1:22.86	2	7
9 Casey Fowler	Parramatta	1:23.11	1	6
10 Audrey Duong	Inner West	1:24.42	2	5
11 Charlie Risti	Revesby Workers	1:25.15	3	4
12 Mila Penman	Sutherland	1:26.31	3	3
13 Ava Webb	Campbelltown	1:26.47	2	2
14 Mia Dzirins	Camden	1:28.07	3	1
15 Imogen Casey	Campbelltown	1:28.18	2	1
16 Tayah Szczerbanik	Campbelltown	1:30.66	3	1
17 Kaiya Smith	Mosman	1:31.64	4	1
18 Lily Prochazka	Sutherland	1:32.39	4	1
19 Indie-Rose Szczerbanik	Douglas Park	1:39.03	4	1
20 Laylah Abou-Mahmoud	Smithfield	1:39.14	4	1

Girls U 10 - 400 Metre Sprint WT #3

State: S 1:03.84 15/03/2003 Paige Fenech, Albion Park

Name	Age Centre	Final	H#	Points
1 Evie MooreMulcahy	Northern Districts	1:09.65	1	15
2 Ava Noakes	Glenbrook	1:14.87	1	13
3 Kristyna van Uden	Inner West	1:15.47	1	12
4 Arianna Calavrias	St George	1:19.23	2	11
5 Isla Corin	Holroyd	1:20.13	1	10
6 Lilly Huang	Quakers Hill	1:21.28	1	9
7 Aliyah Abou-Mahmoud	Smithfield	1:22.33	2	8
8 Amy Bright	Manly Warringah	1:23.47	1	7
9 Zahlia Ciftci	Quakers Hill	1:23.94	2	6
10 Mattea Reeve	Sutherland	1:25.58	1	5
11 Addison Scott	Glenbrook	1:26.21	1	4
12 Sienna Whittam	Randwick Botany	1:29.14	2	3
13 Lexie Carvalho	St George	1:29.39	2	2

Girls U 11 - 400 Metre Sprint WT #3

State: S 1:01.34 12/03/1978 Michelle Moroney, Bankstown

State: S 1:01.34 17/03/2001 Jacinta Doyle, Port Hacking

Name	Age Centre	Final	H#	Points
1 Capri Vincent	Eastern Suburbs	1:02.24	1	15
2 Savannah Cox	Hills District	1:08.10	1	13
3 Elanor Scott	Camden	1:09.64	1	12
4 Emily Munkman	Gosford	1:09.90	1	11
5 Hayley Foley	Hills District	1:11.03	2	10
6 Elliyah Nassif	Cabra Vale/Fair	1:14.87	2	9
7 Matilda-Holly Marks	Penrith	1:14.92	1	8
8 Elke Wylie	Canterbury	1:18.28	3	7
9 Charlisse Sue Fong	The Ponds	1:19.96	2	6
10 Cate McCulloch	Sutherland	1:22.27	2	5
11 Lola-May Bourke	Balmain	1:22.50	1	4

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12 Georgia Williams	The Ponds	1:24.27	2	3	
13 Jenna Rhodes	Glenbrook	1:25.65	3	2	
14 Eden Brooks (T20)	Rouse Hill Rams	2:54.20	3	2	32.14%

Girls U 12 - 400 Metre Sprint WT #3

State: S 57.74 21/02/1979 Nicole Leistenschneider, Manly Warringa					
Name	Age Centre	Final	H#	Points	
1 Mia Wood	Sutherland	1:05.42	1	15	
2 Alicia Webb	Campbelltown	1:06.45	1	13	
3 Sienna Wade	Northern Suburbs	1:06.80	1	12	
4 Hanna Wichgers	Sutherland	1:07.27	2	11	
5 Chloe Williams	Werrington	1:07.57	1	10	
6 Anika Mumberson	Douglas Park	1:11.11	2	9	
7 Miarose Everson	Ryde	1:12.01	2	8	
8 Charli Butler	Glenbrook	1:13.50	1	7	
9 Ella Caines	Rouse Hill Rams	1:13.85	2	6	
10 Felicity Barnes	Port Hacking	1:14.91	2	5	
11 Sidney Bartle	Albion Park	1:17.24	2	4	
12 Elana Smith	Mosman	1:23.32	2	3	

Girls U 13 - 400 Metre Sprint WT #3

State: S 57.24 16/03/1986 Jo-anne Swan, Camden				
Name	Age Centre	Final	Points	
1 Olivia Scott-Rogers	Hills District	1:01.83	15	
2 Lilly Brown	Emu Plains	1:05.78	13	
3 Matilda Oxley	Quakers Hill	1:07.05	12	
4 Lola Upfold	Eastern Suburbs	1:08.80	11	
5 Charlotte Scott-Rogers	Hills District	1:12.09	10	
6 Morgan Fowler	Parramatta	1:18.89	9	
7 Larissa Ingram	Quakers Hill	1:25.17	8	

Girls U 14 - 400 Metre Sprint WT #3

State: S 56.02 23/03/2012 Molly Blakey, South Eastern				
Name	Age Centre	Final	Points	
1 Sienna Latanis	St George	1:08.80	15	

Girls U 15 - 400 Metre Sprint WT #3

State: S 55.74 18/02/1996 Rosemary Hayward, Toukley				
Name	Age Centre	Final	Points	
1 Reki Selita Roberts	Campbelltown	1:04.60	15	
2 Zara Pawsey	Ryde	1:05.32	13	
3 Ainsley Giampietro	Emu Plains	1:05.78	12	
4 Matilda Olson	Quakers Hill	1:18.78	11	

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Girls U 17 - 400 Metre Sprint WT #3

State: S 55.25 24/03/2018 Caitlin Ferrier, Kurrajong Bilpin				
Name	Age	Centre	Final	Points
1 Alannah Roberts		St George	1:05.87	15
2 Annalisa Ely		Springwood	1:12.95	13

Girls U 8 - 700 Metre Run WT #3 Pack

Name	Age	Centre	Final	Points
1 Amelia Oxley		Quakers Hill	2:41.79	15
2 Isla Struthers		Balmain	2:45.98	13
3 Sienna Hopkins		Bankstown Aths	2:46.61	12
4 Anthea Kalidis		St George	2:47.67	11
5 Mila Bozikov		St Georges Basin	2:54.10	10
6 Charlotte McGivern		St George	3:00.29	9
7 Peyton Wassilenko		Nepean	3:01.44	8
8 Breanna Foley		Hills District	3:09.29	7
9 Emilia Field		Glenbrook	3:09.42	6

Girls U 9 - 800 Metre Run WT #3

State: S 2:33.00 20/03/2011 Abbey Rockliff, Ku-Ring-Gai				
Name	Age	Centre	Final	H# Points
1 Jiselle Bechara		Balmain	2:46.79	1 15
2 Stella Wade		Northern Suburbs	2:54.88	1 13
3 Scout Koernig		Port Hacking	3:00.04	1 12
4 Frida Leigh-Young		South Eastern	3:02.06	1 11
5 Alexa Lancaster		Glenbrook	3:04.03	1 10
6 Casey Fowler		Parramatta	3:08.63	2 9
7 Freida Calvert		Revesby Workers	3:11.69	2 8
8 Imogen Casey		Campbelltown	3:12.78	1 7
9 Mila Penman		Sutherland	3:16.74	1 6
10 LilyEve Everson		Ryde	3:17.23	2 5
11 Jerico Hayllar		Port Hacking	3:18.53	2 4
12 Ava Webb		Campbelltown	3:23.14	1 3
13 Tayah Szczerbanik		Campbelltown	3:41.29	2 2
14 Laylah Abou-Mahmoud		Smithfield	3:58.82	2 1
15 Chloe Davis		Minchinbury	5:06.82	2 1

Girls U 10 - 800 Metre Run WT #3

State: S 2:27.30 19/02/2012 Abbey Rockliff, Ku-Ring-Gai				
Name	Age	Centre	Final	Points
1 Arianna Calavrias		St George	2:51.17	15
2 Evie MooreMulcahy		Northern Districts	2:54.05	13
3 Ava Noakes		Glenbrook	2:58.53	12
4 Amy Bright		Manly Warringah	3:00.80	11
5 Addison Scott		Glenbrook	3:12.03	10
6 Lilly Huang		Quakers Hill	3:14.79	9
7 Zahlia Ciftci		Quakers Hill	3:20.53	8
8 Sienna Whittam		Randwick Botany	3:27.82	7
9 Isla Corin		Holroyd	3:34.22	6

Winter Track Series #3
The Ridge Athletics Track
Results

....Girls U 10 - 800 Metre Run WT #3

10 Gemma Ng	St George	3:45.77	5
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Girls U 11 - 800 Metre Run WT #3

State: S 2:21.80 20/03/2016 Imogen Stewart, Illawong			
Name	Age Centre	Final	Points
<hr/>			
1 Elanor Scott	Camden	2:42.62	15
2 Emily Munkman	Gosford	2:42.68	13
3 Charlisie Sue Fong	The Ponds	2:44.35	12
4 Savannah Cox	Hills District	2:45.08	11
5 Matilda-Holly Marks	Penrith	2:45.35	10
6 Elliyah Nassif	Cabra Vale/Fair	2:46.53	9
7 Hayley Foley	Hills District	2:47.37	8
8 Olivia-Anne Field	Glenbrook	3:03.69	7

Girls U 12 - 800 Metre Run WT #3

State: S 2:16.34 23/03/2014 Abbey Rockliff, Ku-Ring-Gai			
Name	Age Centre	Final	Points
<hr/>			
1 Alicia Webb	Campbelltown	2:33.01	15
2 Sienna Wade	Northern Suburbs	2:33.20	13
3 Hanna Wichgers	Sutherland	2:42.10	12
4 Miarose Everson	Ryde	2:45.98	11
5 Felicity Barnes	Port Hacking	2:46.45	10
6 Allie Terkildsen	Sutherland	2:51.11	9
7 Ella Caines	Rouse Hill Rams	2:53.13	8
8 Sidney Bartle	Albion Park	3:13.64	7

Girls U 13 - 800 Metre Run WT #3

State: S 2:14.30 25/03/2018 Imogen Stewart, Illawong			
Name	Age Centre	Final	Points
<hr/>			
1 Charlotte Scott-Rogers	Hills District	2:40.11	15
2 Matilda Oxley	Quakers Hill	2:52.80	13
3 Bronte Parkin	Quakers Hill	2:53.39	12
4 Morgan Fowler	Parramatta	2:57.17	11
5 Larissa Ingram	Quakers Hill	3:06.30	10

Girls U 14 - 800 Metre Run WT #3

State: S 2:12.29 28/03/2021 Ivy Boothroyd, Sutherland			
Name	Age Centre	Final	Points
<hr/>			
1 Hannah Storey	Cherrybrook	2:47.39	15
2 Sienna Latanis	St George	2:52.75	13

Girls U 15 - 800 Metre Run WT #3

State: S 2:09.57 20/03/2016 Carley Thomas, Hills District			
Name	Age Centre	Final	Points
<hr/>			
1 Ainsley Giampietro	Emu Plains	2:42.72	15

Winter Track Series #3
The Ridge Athletics Track
Results

....Girls U 15 - 800 Metre Run WT #3

2	Zara Pawsey	Ryde	2:48.56	13
3	Reki Selita Roberts	Campbelltown	2:50.13	12
4	Matilda Olson	Quakers Hill	3:03.37	11

Girls U 17 - 800 Metre Run WT #3

State: S 2:09.22 28/03/2021 Montana Monk, Macquarie Hunter				
Name	Age	Centre	Final	Points
1	Alannah Roberts	St George	2:35.23	15
2	Annalisa Ely	Springwood	3:01.52	13

Girls U 8 - Long Jump WT #3

State: S 4.17m 02/03/1986 Danya Kerr, Winston Hills				
Name	Age	Centre	Final	Points
1	Shreya Iyer	Winston Hills	3.50m	15
2	Grace Kearney	Bankstown Aths	3.33m	13
3	Sienna Hopkins	Bankstown Aths	3.22m	12
4	Mila Bozikov	St Georges Basin	3.16m	11
5	Tamanna Chaudhary	Nepean	3.10m	10
6	Olivia Crowe	Sutherland	3.01m	9
7	Indira Death	Illawong	2.96m	8
8	Siena Murphy	Balmain	2.91m	7
9	Amelia Oxley	Quakers Hill	2.83m	6
10	Anthea Kalidis	St George	2.80m	5
11	Blake O'Donohue	Quakers Hill	2.77m	4
12	Charlotte McGivern	St George	2.71m	3
13	Mieke van Uden	Inner West	2.70m	2
14	Manohwa Sydney Arangi	Quakers Hill	2.68m	1
15	Miracle Egbufor	Nepean	2.67m	1
16	Mia Hagan	Nepean	2.59m	1
17	Kayla Emslie	Warradale	2.48m	1
17	Breanna Foley	Hills District	2.48m	1
19	Alyssa Ng	St George	2.35m	1
20	Emilia Field	Glenbrook	2.30m	1
21	Taiya Fardella	Douglas Park	2.21m	1
22	Peyton Wassilenko	Nepean	2.13m	1

Girls U 9 - Long Jump WT #3

State: S 4.42m 16/03/1985 Selina Dundas, Armidale				
Name	Age	Centre	Final	Points
1	Harlow Pate	Wollongong City	4.13m	15
2	Liv Donaldson	Randwick Botany	3.67m	13
3	Stella Wade	Northern Suburbs	3.58m	12
4	Emily Sztelma	Cranebrook	3.52m	11
5	Scout Koernig	Port Hacking	3.41m	10
6	Audrey Duong	Inner West	3.23m	9
7	Freida Calvert	Revesby Workers	3.17m	8
8	Frida Leigh-Young	South Eastern	3.16m	7
9	Alexia Gavidì	Eastlakes	3.03m	6
10	Jiselle Bechara	Balmain	2.97m	5

Winter Track Series #3
The Ridge Athletics Track
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...Girls U 9 - Long Jump WT #3

11 Charlie Risti	Revesby Workers	2.96m	4
12 LilyEve Everson	Ryde	2.93m	3
13 Jerico Hayllar	Port Hacking	2.87m	2
14 Ava Webb	Campbelltown	2.86m	1
15 Estelle Azer	Campbelltown	2.79m	1
16 Noelle Kinred	Helensburgh	2.77m	1
17 Laylah Abou-Mahmoud	Smithfield	2.66m	1
18 Mia Dzirins	Camden	2.63m	1
19 Cara Giles	Sutherland	2.20m	1
20 Chloe Davis	Minchinbury	1.68m	1

Girls U 10 - Long Jump WT #3

State: S 4.75m 24/03/1991 Rosemary Hayward, Wyong				
Name	Age	Centre	Final	Points
1 Evie MooreMulcahy		Northern Districts	3.71m	15
2 Ava Jupp		Port Hacking	3.62m	13
3 Kristyna van Uden		Inner West	3.60m	12
4 Phoebe Dobson		Manly Warringah	3.42m	11
5 Ala Burzynska		Sutherland	3.41m	10
6 Zahlia Ciftci		Quakers Hill	3.29m	9
7 Lilly Huang		Quakers Hill	3.28m	8
8 Aliyah Abou-Mahmoud		Smithfield	3.27m	7
9 Isla Corin		Holroyd	3.17m	6
10 Arianna Calavrias		St George	3.05m	5
11 Charlotte Fraser		Ryde	3.05m	4
12 Ziva Titcume		Glenbrook	2.86m	3
13 Ivy Lane		St George	2.80m	2
14 Lexie Carvalho		St George	2.64m	1
15 Gemma Ng		St George	2.62m	1

Girls U 11 - Long Jump WT #3

State: S 4.97m 20/03/2011 Chyna Tavai-Williams, Bankstown Spor				
Name	Age	Centre	Final	Points
1 Savannah Cox		Hills District	4.38m	15
2 Ocean Kennedy		Riverstone	3.90m	13
3 Jenna Rhodes		Glenbrook	3.88m	12
4 Georgia Williams		The Ponds	3.86m	11
5 Lola-May Bourke		Balmain	3.84m	10
6 Lilly Na'a		Eastern Suburbs	3.84m	9
7 Kalani Russell		Eastern Suburbs	3.80m	8
8 Elanor Scott		Camden	3.78m	7
9 Winter Wawn		Inner West	3.64m	6
10 Emily Munkman		Gosford	3.59m	5
11 Hayley Foley		Hills District	3.47m	4
12 Lucy Schofield		Albion Park	3.44m	3
13 Elliyah Nassif		Cabra Vale/Fair	3.29m	2
14 Aliana Ridgewell		Revesby Workers	3.09m	1
15 Olivia-Anne Field		Glenbrook	3.06m	1
16 Dakota Parkin		Quakers Hill	2.85m	1
17 Eden Brooks (T20)		Rouse Hill Rams	2.25m	9

36.232%

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Girls U 12 - Long Jump WT #3

State: S 5.42m 16/03/1986 Tracy Blackburn, Kurri Kurri				
Name	Age	Centre	Final	Points
1	Sienna Vassella	Ku-Ring-Gai	4.92m	15
2	Sanjana Iyer	Winston Hills	4.40m	13
3	Georgia Laverance	Port Hacking	4.16m	12
4	Allie Terkildsen	Sutherland	4.14m	11
5	Sienna Wade	Northern Suburbs	4.04m	10
6	Pippa Burke	Cherrybrook	3.99m	9
7	Jacqueline Pawsey	Ryde	3.94m	8
8	Anika Mumberson	Douglas Park	3.91m	7
9	Tarlie Hube	Randwick Botany	3.89m	6
10	Charli Butler	Glenbrook	3.86m	5
11	Krystal Emme	Hawkesbury City	3.77m	4
12	Hanna Wichgers	Sutherland	3.64m	3
13	Bella Fraser	Ryde	3.58m	2
14	Alicia Webb	Campbelltown	3.50m	1
15	Ella Caines	Rouse Hill Rams	3.48m	1
16	Miarose Everson	Ryde	3.36m	1
17	Sidney Bartle	Albion Park	2.95m	1
18	Elana Smith	Mosman	2.85m	1
19	Skyla Harris	Helensburgh	2.63m	1

Girls U 13 - Long Jump WT #3

State: S 5.58m 16/03/2019 Delta Amidzovski, Wollongong City				
Name	Age	Centre	Final	Points
1	Jade Strahl	Port Hacking	4.82m	15
2	Pearl Stravoskoufis	Bowral	4.24m	13
3	Ishanvi Tiwari	Hills District	4.12m	12
4	Bronte Parkin	Quakers Hill	3.86m	11
5	Larissa Ingram	Quakers Hill	3.73m	10
6	Matilda Oxley	Quakers Hill	3.56m	9

Girls U 14 - Long Jump WT #3

State: S 5.87m 18/03/2017 Tomysha Clark, Port Hacking				
Name	Age	Centre	Final	Points
1	Caitlyn Martin	Winston Hills	5.02m	15
2	Audrey Khamphet Pearse	South Eastern	4.88m	13
3	Sophie Durheim	Cherrybrook	4.34m	12
4	Gemma Roberts	Smithfield	3.69m	11

Girls U 15 - Long Jump WT #3

State: S 5.80m 19/03/2005 Jacinta Doyle, Port Hacking				
Name	Age	Centre	Final	Points
1	Reki Selita Roberts	Campbelltown	5.05m	15
2	Zara Pawsey	Ryde	4.61m	13
3	Kaaren Healy	Glenbrook	4.13m	12

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Girls U 17 - Long Jump WT #3

State: S 6.03m 27/03/2021 Sienna Bond, Ku-Ring-Gai				
Name	Age	Centre	Final	Points
1 Sarah-anne Koot		Cherrybrook	4.51m	15
2 Maddison Duncombe		Ryde	4.28m	13

Girls U 8 - Shot Put WT #3 1.5kg

State: S 8.52m 17/02/2002 Kristy Dingwall, Smithfield				
Name	Age	Centre	Final	Points
1 Shreya Iyer		Winston Hills	7.28m	15
2 Indira Death		Illawong	6.41m	13
3 Miracle Egbufor		Nepean	5.98m	12
4 Olivia Crowe		Sutherland	5.67m	11
5 Rosalee Harvey		Doonside	5.65m	10
6 Anthea Kalidis		St George	5.17m	9
7 Isla Struthers		Balmain	4.72m	8
8 Taiya Fardella		Douglas Park	4.47m	7
9 Tamanna Chaudhary		Nepean	4.25m	6
10 Ruby Lane		St George	4.21m	5
11 Manohwa Sydney Arangi		Quakers Hill	3.45m	4
12 Emilia Field		Glenbrook	3.11m	3
13 Alyssa Ng		St George	2.98m	2

Girls U 9 - Shot Put WT #3 2kg

State: S 9.23m 01/03/2014 Maliyah Osbaldiston, Bankstown Sport				
Name	Age	Centre	Final	Points
1 Alexia Gavidì		Eastlakes	7.10m	15
2 Antonia Powter		Emu Plains	6.11m	13
3 Sophie Maloney		Nepean	5.85m	12
4 Emily Sztelma		Cranebrook	5.76m	11
5 Chloe Davis		Minchinbury	5.24m	10
6 LilyEve Everson		Ryde	4.95m	9
7 Charlie Risti		Revesby Workers	4.91m	8
8 Frida Leigh-Young		South Eastern	4.82m	7
9 Noelle Kinred		Helensburgh	4.58m	6
10 Audrey Duong		Inner West	4.37m	5
11 Audrey Smith		Ryde	4.35m	4
12 Cara Giles		Sutherland	4.23m	3

Girls U 10 - Shot Put WT #3 2kg

State: S 11.92m 19/02/2006 Filoi Aokuso, Blacktown				
Name	Age	Centre	Final	Points
1 Evie MooreMulcahy		Northern Districts	6.74m	15
2 Stella McDiarmid Great		Nepean	6.37m	13
3 Ivy Lane		St George	6.31m	12
4 Lilly Huang		Quakers Hill	5.99m	11
5 Zahlia Ciftci		Quakers Hill	5.81m	10
6 Phoebe Dobson		Manly Warringah	5.65m	9
7 Charlotte Fraser		Ryde	5.54m	8

Winter Track Series #3
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....Girls U 10 - Shot Put WT #3 2kg

8 Arianna Calavrias	St George	5.35m	7
9 Isla Corin	Holroyd	4.92m	6
10 Ziva Titcume	Glenbrook	4.58m	5
11 Gemma Ng	St George	4.31m	4

Girls U 11 - Shot Put WT #3 2kg

State: S 14.07m 18/03/2007 Filoi Aokuso, Blacktown					
Name	Age	Centre	Final	Points	
1 Ocean Kennedy		Riverstone	10.87m	15	
2 Eleni Rakasi		Bankstown Aths	10.60m	13	
3 Aaliyah Skuse		Sutherland	8.92m	12	
4 Kalani Russell		Eastern Suburbs	7.98m	11	
5 Lucy Schofield		Albion Park	7.70m	10	
6 Lilly Na'a		Eastern Suburbs	7.31m	9	
7 Emily Munkman		Gosford	6.92m	8	
8 Winter Wawn		Inner West	5.94m	7	
9 Elliyah Nassif		Cabra Vale/Fair	5.64m	6	
10 Dakota Parkin		Quakers Hill	5.14m	5	
11 Olivia-Anne Field		Glenbrook	4.40m	4	
12 Eden Brooks (T20)		Rouse Hill Rams	3.82m	7	27.092%
13 Viola Ramsay (T/F38)		Bankstown Aths	3.40m	7	27.027%

Girls U 12 - Shot Put WT #3 2kg

State: S 16.19m 20/03/1988 Kylie Standing, Bankstown					
Name	Age	Centre	Final	Points	
1 Sienna Vassella		Ku-Ring-Gai	11.29m	15	
2 Krystal Emme		Hawkesbury City	10.50m	13	
3 Sanjana Iyer		Winston Hills	9.72m	12	
4 Sidney Bartle		Albion Park	7.96m	11	
5 Khloe Hunter (T/F01)		Revesby Workers	7.93m	13	51.729%
6 Ella Caines		Rouse Hill Rams	7.45m	9	
7 Miarose Everson		Ryde	7.12m	8	
8 Bella Fraser		Ryde	6.73m	7	
9 Anika Mumberson		Douglas Park	6.21m	6	
10 Skyla Harris		Helensburgh	6.20m	5	
11 Elana Smith		Mosman	6.01m	4	

Girls U 13 - Shot Put WT #3 3kg

State: S 14.95m 24/03/2012 Grace Robinson, St George				
Name	Age	Centre	Final	Points
1 Madison Cornish		Sutherland	10.64m	15
2 Lowami Carati		St George	9.85m	13
3 Pearl Stravoskoufis		Bowral	8.11m	12
4 Larissa Ingram		Quakers Hill	7.54m	11
5 Bronte Parkin		Quakers Hill	6.20m	10
6 Mikaela mcdonald		Riverstone	3.30m	9

Winter Track Series #3
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Girls U 14 - Shot Put WT #3 3kg

State: S 15.94m 22/03/2013 Grace Robinson, St George				
Name	Age	Centre	Final	Points
1 Zhaliya Tanielupark		Colyton St Clair	11.45m	15
2 Sienna Latanis		St George	11.06m	13

Girls U 15 - Shot Put WT #3 3kg

State: S 15.25m 16/02/2014 Grace Robinson, St George				
Name	Age	Centre	Final	Points
1 Reki Selita Roberts		Campbelltown	13.20m	15
2 Zoe Mark		Nepean	9.71m	13
3 Kaaren Healy		Glenbrook	8.22m	12
4 Matilda Olson		Quakers Hill	8.21m	11

Girls U 17 - Shot Put WT #3 3kg

State: S 16.29m 18/02/2012 Taylah Sengul, Nepean				
Name	Age	Centre	Final	Points
1 Maia Madden Khan		Ku-Ring-Gai	12.89m	15
2 Mareta Carati		St George	11.48m	13
3 Maddison Duncombe		Ryde	10.47m	12

Girls U 8 - Discus WT #3 500g

State: S 24.42m 23/11/2003 Taylah Sengul, Winston Hills				
Name	Age	Centre	Final	Points
1 Miracle Egbufor		Nepean	16.15m	15
2 Shreya Iyer		Winston Hills	15.95m	13
3 Indira Death		Illawong	15.01m	12
4 Anthea Kalidis		St George	13.87m	11
5 Tamanna Chaudhary		Nepean	13.15m	10
6 Olivia Crowe		Sutherland	12.98m	9
7 Blake O'Donohue		Quakers Hill	9.89m	8
8 Manohwa Sydney Arangi		Quakers Hill	9.84m	7
9 Ruby Lane		St George	9.05m	6
10 Taiya Fardella		Douglas Park	8.77m	5
11 Rosalee Harvey		Doonside	8.30m	4
12 Alyssa Ng		St George	5.09m	3

Girls U 9 - Discus WT #3 500g

State: S 31.22m 28/11/2004 Filoi Aokuso, Blacktown				
Name	Age	Centre	Final	Points
1 Antonia Powter		Emu Plains	19.40m	15
2 Alexia Gavidi		Eastlakes	19.23m	13
3 Stella Wade		Northern Suburbs	18.24m	12
4 Sophie Maloney		Nepean	18.19m	11
5 Emily Sztelma		Cranebrook	15.99m	10
6 Chloe Davis		Minchinbury	14.08m	9
7 Noelle Kinred		Helensburgh	13.96m	8

Winter Track Series #3
The Ridge Athletics Track
Results

....Girls U 9 - Discus WT #3 500g

8 Kaiya Smith	Mosman	12.73m	7
9 Ava Webb	Campbelltown	12.00m	6
10 Estelle Azer	Campbelltown	11.69m	5
11 Frida Leigh-Young	South Eastern	9.73m	4
12 Audrey Smith	Ryde	9.50m	3
13 Mila Penman	Sutherland	9.07m	2
14 Audrey Duong	Inner West	8.36m	1
15 Cara Giles	Sutherland	6.61m	1
-- LilyEve Everson	Ryde	ND	

Girls U 10 - Discus WT #3 500g

State: S 37.22m 16/03/1985 Michelle Haage, Bankstown

Name	Age Centre	Final	Points
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1 Evie MooreMulcahy	Northern Districts	21.87m	15
2 Stella McDiarmid Great	Nepean	19.72m	13
3 Ivy Lane	St George	19.56m	12
4 Zahlia Ciftci	Quakers Hill	17.54m	11
5 Charlotte Fraser	Ryde	16.81m	10
6 Lilly Huang	Quakers Hill	16.63m	9
7 Arianna Calavrias	St George	16.57m	8
8 Isla Corin	Holroyd	15.07m	7
9 Gemma Ng	St George	12.39m	6

Girls U 11 - Discus WT #3 500g

State: S 37.74m 07/02/2021 Annisha Reader, Girraween

Name	Age Centre	Final	Points
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1 Ocean Kennedy	Riverstone	34.27m	15	
2 Eleni Rakasi	Bankstown Aths	27.98m	13	
3 Lucy Schofield	Albion Park	25.92m	12	
4 Aaliyah Skuse	Sutherland	23.44m	11	
5 Emily Munkman	Gosford	18.10m	10	
6 Kalani Russell	Eastern Suburbs	16.38m	9	
7 Jenna Rhodes	Glenbrook	16.18m	8	
8 Winter Wawn	Inner West	15.43m	7	
9 Elliyah Nassif	Cabra Vale/Fair	14.32m	6	
10 Lilly Na'a	Eastern Suburbs	14.07m	5	
11 Dakota Parkin	Quakers Hill	13.80m	4	
12 Elanor Scott	Camden	12.58m	3	
13 Cate McCulloch	Sutherland	12.14m	2	
14 Eden Brooks (T20)	Rouse Hill Rams	11.97m	7	27.435%
15 Viola Ramsay (T/F38)	Bankstown Aths	5.18m	3	13.693%

Girls U 12 - Discus WT #3 750g

State: S 46.19m 15/03/2008 Filoi Aokuso, Blacktown

Name	Age Centre	Final	Points
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1 Sidney Bartle	Albion Park	30.89m	15	
2 Sanjana Iyer	Winston Hills	28.05m	13	
3 Sienna Vassella	Ku-Ring-Gai	23.91m	12	
4 Khloe Hunter (T/F01)	Revesby Workers	22.32m	2	38.128%

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....Girls U 12 - Discus WT #3 750g

5	Krystal Emme	Hawkesbury City	21.78m	10
6	Skyla Harris	Helensburgh	17.01m	9
7	Miarose Everson	Ryde	13.95m	8
8	Bella Fraser	Ryde	13.64m	7
9	Ella Caines	Rouse Hill Rams	13.04m	6
10	Anika Mumberson	Douglas Park	12.59m	5
11	Felicity Barnes	Port Hacking	12.31m	4

Girls U 13 - Discus WT #3 750g

State: S 49.57m 20/03/2009 Taylah Sengul, Winston Hills				
Name	Age	Centre	Final	Points
1	Lowami	Carati	St George	37.12m 15
2	Madison	Cornish	Sutherland	33.16m 13
3	Jade	Strahl	Port Hacking	30.59m 12
4	Larissa	Ingram	Quakers Hill	19.25m 11
5	Bronte	Parkin	Quakers Hill	14.36m 10
6	Mikaela	mcdonald	Riverstone	6.82m 9

Girls U 14 - Discus WT #3 1kg

State: S 45.39m 20/03/2016 Sally Shokry, Hills District				
Name	Age	Centre	Final	Points
1	Sienna	Latanis	St George	27.84m 15
2	Zhaliya	Tanielupark	Colyton St Clair	22.57m 13

Girls U 15 - Discus WT #3 1kg

State: S 48.18m 29/11/1995 Katrina Steele, Springwood				
Name	Age	Centre	Final	Points
1	Matilda	Olson	Quakers Hill	25.94m 15
2	Zoe	Mark	Nepean	25.56m 13
3	Gemma	McIntosh	Ku-Ring-Gai	25.30m 12
4	Reki	Selita Roberts	Campbelltown	22.94m 11

Girls U 17 - Discus WT #3 1kg

State: S 48.65m 17/02/2012 Taylah Sengul, Nepean				
Name	Age	Centre	Final	Points
1	Jessica	Johnston	Ryde	40.58m 15
2	Maia	Madden Khan	Ku-Ring-Gai	33.57m 13
3	Mareta	Carati	St George	31.01m 12
4	Maddison	Duncombe	Ryde	27.66m 11

Boys U 8 - 100 Metre Sprint WT #3

State: S 14.24 12/03/1978 Tim Harper, Weston Creek					
Name	Age	Centre	Final	H#	Points
1	Blake	Creelman	Manly Warringah	15.26	1 15
2	Oliver	Lane	Balmain	15.47	1 13

Winter Track Series #3
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....Boys U 8 - 100 Metre Sprint WT #3

3	Jayden Grant	Koorringal Wagga	15.72	1	12
4	Edmund Chen	Ku-Ring-Gai	15.82	1	11
5	Karim Orfali	Campbelltown	15.98	1	10
6	Cohen Lacey	Campbelltown	16.27	1	9
7	Thoma Bolla-Nozawa	Ryde	16.31	1	8
8	Brendan Jones	Cherrybrook	16.35	1	7
9	Lachlan McCulloch	Sutherland	16.61	2	6
10	Luke Carey	South Eastern	16.64	1	5
11	Van Jordan	Manly Warringah	16.65	2	4
12	Jake Ridgewell	Revesby Workers	16.79	3	3
13	Neil Bapat	Blacktown	16.81	3	2
14	Alex Burzynski	Sutherland	16.85	2	1
15	Matthew Richards	Sutherland	17.23	3	1
16	Marcus Trigwell	Ryde	17.42	2	1
17	Archie Baker	Helensburgh	17.48	3	1
18	Lincoln Gorrie	Albion Park	17.76	2	1
19	Beau Hennessy	Port Hacking	18.02	3	1
20	Rishaank Mayank Kansal	Blacktown	18.37	3	1
21	Sean Day	Randwick Botany	19.43	2	1

Boys U 9 - 100 Metre Sprint WT #3

State: S 13.64 21/02/1998 Christopher Lawrence, Campbelltown					
Name	Age	Centre	Final	H#	Points
1	Jarraah Flack	Wollongong City	14.40	1	15
2	Maximilian Yeo	Balmain	14.51	1	13
3	Amir Sapateh	Sutherland	15.21	1	12
4	Nyri Gutierrez-Morris	Balmain	15.43	1	11
5	Harrison Forth	Nepean	15.59	1	10
6	Max Pullin	Northern Districts	15.73	1	9
7	Lachlan Weir	Illawong	15.92	1	8
8	Ryan Anesu Chidamba	Campbelltown	15.94	2	7
9	Archer Griffiths	Ryde	16.01	2	6
10	Max Harris	Canterbury	16.02	1	5
11	River Stampar	Balmain	16.65	2	4
12	Thomas Field	Glenbrook	17.25	2	3
13	Nicholas Bolanos	Bankstown Aths	17.30	2	2
14	Nathan Pulfer	Ryde	17.39	2	1
15	Levi Brothers	Cranebrook	18.07	2	1

Boys U 10 - 100 Metre Sprint WT #3

State: S 12.94 12/03/1978 Philip Provenzano, Randwick Botany					
Name	Age	Centre	Final	H#	Points
1	Lachlan Chappell	Randwick Botany	13.91	1	15
2	Lucas Guercio	Bankstown Aths	14.53	1	13
3	Jett Dennis	Illawong	14.71	1	12
4	Jacob Dowler	Wollongong City	14.94	1	11
5	Harry Struthers	Balmain	15.07	2	10
6	Noah Van dyk	Sutherland	15.25	1	9
7	Flynn Sawers	Balmain	15.38	3	8
8	Harley Winn-Wright	Balmain	15.39	2	7
9	Edward Leyland	Sutherland	15.54	3	6

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....Boys U 10 - 100 Metre Sprint WT #3

10 Riley Sandstrom	Shoalhaven	15.57	1	5
11 Timothy Richards	Sutherland	15.57	3	4
12 Cooper Dzirins	Camden	15.57	2	3
13 Jacob Bechara	Balmain	15.59	2	2
14 Kobe Lyons	Revesby Workers	15.60	1	1
15 Ashton Sebastian	Hills District	15.62	3	1
16 Lewis Wilson	Bankstown Aths	15.83	3	1
17 Jordan Butler	Glenbrook	16.06	2	1
18 Benjamin Day	Randwick Botany	16.11	2	1
19 Emmett Snape	Ku-Ring-Gai	16.96	3	1
20 Clement Franco	St George	17.01	3	1

Boys U 11 - 100 Metre Sprint WT #3

=====					
State: S 12.64 12/03/1978 Robert Stanford, Nepean					
Name	Age Centre	Final	H#	Points	
=====					
1 Corbyn Fainga'a	St George	13.32	1	15	
2 Finn Wilson	Ku-Ring-Gai	13.34	1	13	
3 Charles Carrano	Eastern Suburbs	13.80	1	12	
4 Riley Death	Illawong	13.97	1	11	
5 Caelan Drysdale	Ku-Ring-Gai	14.10	1	10	
6 Max Munce	Helensburgh	14.45	1	9	
7 Alexander Moore	Bowral	14.54	2	8	
8 Dylan Moffatt	Illawong	14.60	2	7	
9 Marcus Lee	St George	14.69	2	6	
10 William Tindall	Balmain	14.88	2	5	
11 Algernon Marchant	Balmain	14.99	2	4	
12 Mitchell Cox	Ryde	15.03	2	3	
13 Matthew Faulkner	Illawong	15.23	3	2	
14 Jason Tiet	Tiger Wests	15.73	3	1	
15 Ilias Orfali	Campbelltown	16.00	3	1	
16 Michael Hunnam	Illawong	16.58	3	1	
17 Aiden Walters	St George	17.12	3	1	

Boys U 12 - 100 Metre Sprint WT #3

=====					
State: S 12.04 20/03/1999 Todd Shanahan, Macquarie Shores					
State: S 12.04 23/03/2013 James Roach, Randwick Botany					
Name	Age Centre	Final	Points		
=====					
1 Callum Gilchrist	Ku-Ring-Gai	13.12	15		
2 Augustus Moore	Bowral	13.34	13		
3 Cooper Manser	Gosford	13.85	12		
4 Lachlan Hennessy	Port Hacking	14.15	11		
5 Blake Spencer	Rouse Hill Rams	14.49	10		
6 Declan Xing	St George	16.09	9		
7 Liam Hunnam	Illawong	17.25	8		

Boys U 13 - 100 Metre Sprint WT #3

=====					
State: S 11.72 22/03/2014 James Roach, Randwick Botany					
Name	Age Centre	Final	Points		
=====					
1 Owen Trinh	Ryde	12.22	15		

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....Boys U 13 - 100 Metre Sprint WT #3

2	Robert Tannous	Inner West	12.50	13	
3	Tyson Verriere	Springwood	13.15	12	
4	Aidan Shaw	Randwick Botany	13.43	11	
5	Kody Wrench (T/F20)	Gosford	14.02	10	74.679%
6	Trevor Lee	St George	14.25	9	
7	Thomas Giles	Sutherland	14.43	8	
8	Lachlan Margetson (T/F21)	Sutherland	27.37	3	49.178%

Boys U 14 - 100 Metre Sprint WT #3

State: S 11.17 27/03/2021 Billy Blair, Balmain

State: S 11.34 15/03/2008 Nicholas Hough, Hills District

Name	Age	Centre	Final	Points	
1	Cameron Badger	Sutherland	12.25	15	
2	Calan Hahlos	Ryde	12.29	13	
3	Hugo Macri	St George	12.34	12	
4	Dylan Lau	St George	12.74	11	
5	Brendan Armstrong	Cherrybrook	12.92	10	
6	Alberto Jordan	Manly Warringah	12.95	9	
7	Reese Francis	Manly Warringah	13.07	8	
8	Daniel Cox	Ryde	13.51	7	
9	Jayden Bechara	Balmain	14.55	6	
10	Nate Castelli (T/F36)	Port Macquarie	37.41	2	31.329%

Boys U 15 - 100 Metre Sprint WT #3

State: S 10.84 21/03/2009 Nicholas Hough, Hills District

Name	Age	Centre	Final	Points	
1	Olly McDonald	Manly Warringah	11.45	15	
2	Aiden Wright	Ryde	11.47	13	
3	James Woods	Ryde	11.52	12	
4	Joshua Smith	Ryde	12.03	11	
5	Kevin Bosco	The Ponds	12.28	10	

Boys U 17 - 100 Metre Sprint WT #3

State: S 10.80 17/02/2018 Godfrey Okerenyang, Koorringal Wagga

State: S 10.80 24/02/2018 Taine Petersen, Tuggerah Lakes Minga

Name	Age	Centre	Final	Points	
1	Xavier Hennessey	Cherrybrook	11.84	15	
2	Daniel Fay	Balmain	11.99	13	
3	Christian Kotis	Eastern Suburbs	12.24	12	

Boys U 8 - 200 Metre Sprint WT #3

State: S 30.64 19/02/2017 Joseph Ezekiel, Werrington

Name	Age	Centre	Final	H#	Points
1	Oliver Lane	Balmain	31.96	1	15
2	Blake Creelman	Manly Warringah	32.12	1	13
3	Jayden Grant	Koorringal Wagga	32.83	1	12
4	Karim Orfali	Campbelltown	33.43	1	11

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....Boys U 8 - 200 Metre Sprint WT #3

5	Edmund Chen	Ku-Ring-Gai	33.93	1	10
6	Brendan Jones	Cherrybrook	34.58	1	9
7	Thoma Bolla-Nozawa	Ryde	34.78	1	8
8	Alex Burzynski	Sutherland	35.18	2	7
9	Cohen Lacey	Campbelltown	35.21	1	6
10	Lachlan McCulloch	Sutherland	36.50	2	5
11	Neil Bapat	Blacktown	36.61	3	4
12	Luke Carey	South Eastern	36.74	2	3
13	Van Jordan	Manly Warringah	37.45	2	2
14	Jake Ridgewell	Revesby Workers	37.69	2	1
15	Matthew Richards	Sutherland	39.83	3	1
16	Rishaank Mayank Kansal	Blacktown	42.07	3	1

Boys U 9 - 200 Metre Sprint WT #3

State: S 28.44 22/03/1975 Glen Murgatroyd, Campbelltown

Name	Age	Centre	Final	H#	Points
1	Sam Kelly	Balmain	31.12	2	15
2	Jarraah Flack	Wollongong City	31.55	1	13
3	Maximilian Yeo	Balmain	32.59	1	12
4	Amir Sapateh	Sutherland	33.29	1	11
5	Nyri Gutierrez-Morris	Balmain	33.88	1	10
6	Lachlan Weir	Illawong	34.14	1	9
7	Ryan Anesu Chidamba	Campbelltown	34.17	2	8
8	River Stampar	Balmain	35.39	1	7
9	Archer Griffiths	Ryde	36.68	2	6
10	Nicholas Bolanos	Bankstown Aths	37.41	1	5
11	Thomas Field	Glenbrook	39.98	2	4
12	Jack Richardson	Blacktown	43.88	2	3

Boys U 10 - 200 Metre Sprint WT #3

State: S 26.94 11/03/1978 Chris Newman, Queanbeyan

Name	Age	Centre	Final	H#	Points
1	Lucas Guercio	Bankstown Aths	29.92	1	15
2	Jett Dennis	Illawong	30.56	1	13
3	Flynn Sawers	Balmain	30.68	2	12
4	Noah Van dyk	Sutherland	31.29	3	11
5	Edward Leyland	Sutherland	31.33	3	10
6	Kobe Lyons	Revesby Workers	31.51	2	9
7	Jacob Bechara	Balmain	31.77	1	8
8	Harry Struthers	Balmain	31.81	3	7
9	Timothy Richards	Sutherland	31.89	1	6
10	Lewis Wilson	Bankstown Aths	32.02	3	5
11	Elliott Hagan	Illawong	32.85	2	4
12	Ashton Sebastian	Hills District	33.37	1	3
13	Cooper Dzirins	Camden	33.39	2	2
14	Thomas Chabo	Inner West	33.66	3	1
15	Jordan Butler	Glenbrook	34.00	3	1
16	Clement Franco	St George	34.54	1	1
17	Riley Sandstrom	Shoalhaven	34.89	2	1
18	Emmett Snape	Ku-Ring-Gai	35.17	3	1
19	Harley Winn-Wright	Balmain	36.25	2	1

Winter Track Series #3
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Boys U 11 - 200 Metre Sprint WT #3

State: S 25.84 11/03/1978 Robert Stanford, Nepean					
Name	Age	Centre	Final	H#	Points
1	Corbyn	Fainga'a	St George	27.62	1 15
2	Finn	Wilson	Ku-Ring-Gai	28.58	1 13
3	Davin	Carty	Balmain	28.81	1 12
4	Caelan	Drysdale	Ku-Ring-Gai	29.41	2 11
5	Alexander	Moore	Bowral	29.71	2 9.50
5	Isaac	O'Brien	Balmain	29.71	1 9.50
7	Charles	Carrano	Eastern Suburbs	29.93	1 8
8	Max	Munce	Helensburgh	30.56	4 7
9	Callum	McMillan	The Ponds	31.16	3 6
10	Matthew	Faulkner	Illawong	31.35	1 5
11	Marcus	Lee	St George	31.38	3 4
12	Dylan	Moffatt	Illawong	32.34	3 3
13	Mitchell	Cox	Ryde	33.41	3 2
14	Ilias	Orfali	Campbelltown	33.50	2 1
15	William	Tindall	Balmain	33.61	3 1
16	Jason	Tiet	Tiger Wests	34.00	4 1
17	Michael	Hunnam	Illawong	35.84	4 1
18	Aiden	Walters	St George	36.30	4 1
19	Aiden	Knevett (T/F37)	Gosford	48.82	4 1

Boys U 12 - 200 Metre Sprint WT #3

State: S 24.43 25/03/2018 Rashid Kabba, Holroyd				
Name	Age	Centre	Final	Points
1	Callum	Gilchrist	Ku-Ring-Gai	27.05 15
2	Augustus	Moore	Bowral	27.28 13
3	Blake	Spencer	Rouse Hill Rams	29.94 12
4	Cooper	Manser	Gosford	31.20 11
5	Liam	Hunnam	Illawong	38.17 10

Boys U 13 - 200 Metre Sprint WT #3

State: S 23.34 18/03/2007 Nicholas Hough, Hills District						
Name	Age	Centre	Final	Points		
1	Owen	Trinh	Ryde	24.99	15	
2	Robert	Tannous	Inner West	25.81	13	
3	Tyson	Verriere	Springwood	27.12	12	
4	Ben	Wichgers	Sutherland	28.29	11	
5	Aidan	Shaw	Randwick Botany	28.58	10	
6	Thomas	Giles	Sutherland	28.84	9	
7	Kody	Wrench (T/F20)	Gosford	28.91	10	74.196%
8	Lachlan	Margetson (T/F21)	Sutherland	1:22.06	2	34.584%

Boys U 14 - 200 Metre Sprint WT #3

State: S 22.64 19/02/2006 Luke Hamer, St George				
Name	Age	Centre	Final	Points
1	Cameron	Badger	Sutherland	24.90 15
2	Hugo	Macri	St George	24.97 13

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....Boys U 14 - 200 Metre Sprint WT #3

3	Alberto Jordan	Manly Warringah	25.43	12	
4	Reese Francis	Manly Warringah	26.56	11	
5	Daniel Cox	Ryde	27.24	10	
6	Jayden Bechara	Balmain	28.63	9	
7	Nate Castelli (T/F36)	Port Macquarie	1:34.81	1	24.808%

Boys U 15 - 200 Metre Sprint WT #3

=====					
State: S 21.74 22/02/2009 Nicholas Hough, Hills District					
Name	Age	Centre	Final	Points	
=====					
1	Aiden Wright	Ryde	23.36	15	
2	James Woods	Ryde	23.78	13	
3	Kevin Bosco	The Ponds	25.76	12	

Boys U 17 - 200 Metre Sprint WT #3

=====					
State: S 21.32 19/03/2017 Yadin Ngeng, Bankstown Sports					
Name	Age	Centre	Final	Points	
=====					
1	Xavier Hennessey	Cherrybrook	25.19	15	

Boys U 8 - 400 Metre Sprint WT #3

=====					
State: S 1:07.94 23/03/1975 David Misson, Randwick Botany					
Name	Age	Centre	Final	Points	
=====					
1	Oliver Lane	Balmain	1:15.40	15	
2	Karim Orfali	Campbelltown	1:16.20	13	
3	Thoma Bolla-Nozawa	Ryde	1:17.46	12	
4	Alex Burzynski	Sutherland	1:19.97	11	
5	Marcus Trigwell	Ryde	1:21.47	10	
6	Edmund Chen	Ku-Ring-Gai	1:22.83	9	
7	Jayden Grant	Koorngal Wagga	1:22.93	8	
8	Cohen Lacey	Campbelltown	1:23.11	7	
9	Lachlan McCulloch	Sutherland	1:28.16	6	
10	Matthew Richards	Sutherland	1:31.80	5	
11	Rishaank Mayank Kansal	Blacktown	1:43.49	4	

Boys U 9 - 400 Metre Sprint WT #3

=====					
State: S 1:04.40 23/03/1975 Glen Murgatroyd, Campbelltown					
Name	Age	Centre	Final	H#	Points
=====					
1	Levi McKenzie	Camden	1:07.96	1	15
2	Max Harris	Canterbury	1:18.06	1	13
3	Amir Sapateh	Sutherland	1:19.02	1	12
4	Nyri Gutierrez-Morris	Balmain	1:19.48	1	11
5	Jarraah Flack	Wollongong City	1:24.57	1	10
6	River Stampar	Balmain	1:26.23	1	9
7	Noah McDonnell	St George	1:29.71	2	8
8	Joel Munkman	Gosford	1:31.10	2	7
9	Sreyaan Banik	Blacktown	1:38.37	2	6
10	Jack Richardson	Blacktown	1:42.21	2	5

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Boys U 10 - 400 Metre Sprint WT #3

State: S 1:01.34 16/03/2003 Alex Pettigrew, Parramatta					
Name	Age	Centre	Final	H#	Points
1	Jett Dennis	Illawong	1:07.55	1	15
2	Edward Leyland	Sutherland	1:09.27	1	13
3	Paxton Hube	Randwick Botany	1:12.39	1	12
4	Lucas Guercio	Bankstown Aths	1:13.18	1	11
5	Jacob Bechara	Balmain	1:14.97	2	10
6	Chase Mattiazzo	Rouse Hill Rams	1:15.19	1	9
7	Elliott Hagan	Illawong	1:15.35	1	8
8	Cooper Dzirins	Camden	1:16.91	2	7
9	Flynn Sawers	Balmain	1:17.77	3	6
10	Thomas Chabo	Inner West	1:17.82	2	5
11	Harry Struthers	Balmain	1:18.64	2	4
12	Jaxon Bitzos	Bankstown Aths	1:18.91	2	3
13	Timothy Richards	Sutherland	1:20.74	3	2
14	Lewis Wilson	Bankstown Aths	1:22.11	3	1
15	Emmett Snape	Ku-Ring-Gai	1:32.86	3	1

Boys U 11 - 400 Metre Sprint WT #3

State: S 57.64 23/03/1979 Chris Newman, Queanbeyan					
Name	Age	Centre	Final	H#	Points
1	Alexander Moore	Bowral	1:06.57	1	15
2	Davin Carty	Balmain	1:07.53	1	13
3	Matthew Faulkner	Illawong	1:08.51	1	12
4	Max Munce	Helensburgh	1:10.93	2	11
5	Isaac O'Brien	Balmain	1:12.17	1	10
6	Caelan Drysdale	Ku-Ring-Gai	1:12.35	2	9
7	Bailey Williams	Nth Rocks Carlin	1:16.63	2	8
8	Ilias Orfali	Campbelltown	1:18.09	2	7
9	Jacob Fox	Illawong	1:18.40	1	6
10	Algernon Marchant	Balmain	1:18.52	3	5
11	William Tindall	Balmain	1:21.39	3	4
12	Aiden Walters	St George	1:22.61	3	3
13	Michael Hunnam	Illawong	1:24.39	2	2
14	Jason Tiet	Tiger Wests	1:25.08	3	1

Boys U 12 - 400 Metre Sprint WT #3

State: S 56.88 18/03/2016 Donovan Bradshaw, Cherrybrook				
Name	Age	Centre	Final	Points
1	Augustus Moore	Bowral	1:02.80	15
2	Dominic Trigwell	Ryde	1:12.16	13
3	Blake Spencer	Rouse Hill Rams	1:16.73	12
4	Declan Xing	St George	1:22.40	11
5	Liam Hunnam	Illawong	1:34.38	10

Winter Track Series #3
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Boys U 13 - 400 Metre Sprint WT #3

State: S 53.33 17/03/2017 Donovan Bradshaw, Cherrybrook				
Name	Age	Centre	Final	Points
1 Lachlan Wheeler		Sutherland	59.35	15
2 Ben Wichgers		Sutherland	1:03.80	13

Boys U 14 - 400 Metre Sprint WT #3

State: S 50.97 23/03/2012 Jarrod Cullen, Canterbury				
Name	Age	Centre	Final	Points
1 Cameron Badger		Sutherland	53.65	15
2 Alberto Jordan		Manly Warringah	55.79	13
3 Calan Hahlos		Ryde	56.03	12
4 Brendan Armstrong		Cherrybrook	57.91	11
5 Jayden Bechara		Balmain	1:07.54	10
6 Reese Francis		Manly Warringah	1:12.87	9
7 Nate Castelli (T/F36)		Port Macquarie	3:23.34	1 25.43%

Boys U 15 - 400 Metre Sprint WT #3

State: S 49.64 15/03/1997 David Geddes, Manly Warringah				
Name	Age	Centre	Final	Points
1 Olly McDonald		Manly Warringah	51.17	15
2 Aiden Wright		Ryde	53.61	13
3 James Woods		Ryde	55.54	12
4 Kevin Bosco		The Ponds	59.05	11

Boys U 17 - 400 Metre Sprint WT #3

State: S 48.09 17/03/2017 Tyler Gunn, Gosford				
Name	Age	Centre	Final	Points
1 Alexander Ayre		Tallawong Park	56.18	15

Boys U 8 - 700 Metre Run WT #3 Pack

Name	Age	Centre	Final	Points
1 Oliver Lane		Balmain	2:27.02	15
2 Marcus Trigwell		Ryde	2:28.91	13
3 Archie Baker		Helensburgh	2:31.33	12
4 Karim Orfali		Campbelltown	2:31.35	11
5 Edmund Chen		Ku-Ring-Gai	2:34.17	10

Boys U 9 - 800 Metre Run WT #3

State: S 2:25.70 17/03/2002 Alex Pettigrew, Hornsby				
Name	Age	Centre	Final	Points
1 Levi McKenzie		Camden	2:27.54	15
2 Max Harris		Canterbury	2:59.48	13
3 Noah McDonnell		St George	3:02.86	12
4 Amir Sapateh		Sutherland	3:09.31	11

Winter Track Series #3
The Ridge Athletics Track
Results

....Boys U 9 - 800 Metre Run WT #3

5 Joel Munkman	Gosford	3:10.31	10
6 Sreyaan Banik	Blacktown	3:16.12	9
7 Jack Richardson	Blacktown	3:42.92	8

Boys U 10 - 800 Metre Run WT #3

State: S 2:21.60 25/03/1979 Paul Kelly, Greystanes			
Name	Age Centre	Final	Points
1 Jett Dennis	Illawong	2:40.20	15
2 Jesse Baker	Helensburgh	2:43.12	13
3 Paxton Hube	Randwick Botany	2:45.11	12
4 Thomas Chabo	Inner West	2:45.16	11
5 Cooper Dzirins	Camden	2:49.59	10
6 Chase Mattiazzo	Rouse Hill Rams	2:50.17	9
7 Elliott Hagan	Illawong	2:53.45	8
8 Clement Franco	St George	2:57.02	7

Boys U 11 - 800 Metre Run WT #3

State: S 2:17.37 24/03/2013 Luke Young, Macquarie Hunter			
Name	Age Centre	Final	Points
1 Matthew Faulkner	Illawong	2:25.06	15
2 Davin Carty	Balmain	2:26.10	13
3 Isaac O'Brien	Balmain	2:44.93	12
4 Caelan Drysdale	Ku-Ring-Gai	2:45.89	11
5 Jacob Fox	Illawong	2:47.15	10
6 Callum McMillan	The Ponds	2:51.12	9
7 Aiden Walters	St George	3:03.34	8

Boys U 12 - 800 Metre Run WT #3

State: S 2:12.80 17/03/2019 Joshua O'Connell, Balmain			
Name	Age Centre	Final	Points
1 Dominic Trigwell	Ryde	2:39.84	15
2 Akira Bray	Balmain	2:51.58	13

Boys U 13 - 800 Metre Run WT #3

State: S 2:06.10 17/03/1985 Robert Wunder, Northern Suburbs			
Name	Age Centre	Final	Points
1 Lachlan Wheeler	Sutherland	2:08.54	15
2 Ben Wichgers	Sutherland	2:18.87	13

Boys U 14 - 800 Metre Run WT #3

State: S 2:01.40 19/03/2017 Joshua Atkinson, Hills District			
Name	Age Centre	Final	Points
1 Cameron Badger	Sutherland	2:15.97	15
2 Alberto Jordan	Manly Warringah	2:16.13	13
3 Jayden Bechara	Balmain	2:33.97	12

Winter Track Series #3
The Ridge Athletics Track
Results

....Boys U 14 - 800 Metre Run WT #3

4 Jone Tuqiri	St George	2:53.19	11
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Boys U 15 - 800 Metre Run WT #3

Name	Age Centre	Final	Points
=====			
State: S 1:57.20 20/02/2005 James Kaan, Hills District			
State: S 1:57.20 16/03/2008 James Connor, Campbelltown UWS			
1 Kevin Bosco	The Ponds	2:33.97	15

Boys U 17 - 800 Metre Run WT #3

Name	Age Centre	Final	Points
=====			
State: S 1:53.49 10/02/2019 Joshua Atkinson, Hills District			
1 Mitchell Ely	Springwood	2:22.69	15

Boys U 8 - Long Jump WT #3

Name	Age Centre	Final	Points
=====			
State: S 4.24m 22/02/1987 Steven Grant, Port Hacking			
1 Blake Creelman	Manly Warringah	3.75m	15
2 Edmund Chen	Ku-Ring-Gai	3.50m	13
3 Thoma Bolla-Nozawa	Ryde	3.35m	12
4 Brendan Jones	Cherrybrook	3.29m	11
5 Neil Bapat	Blacktown	3.29m	10
6 Jayden Grant	Koorringal Wagga	3.29m	9
7 Lincoln Gorrie	Albion Park	3.28m	8
8 Van Jordan	Manly Warringah	3.25m	7
9 Alex Burzynski	Sutherland	3.23m	6
10 Cohen Lacey	Campbelltown	3.21m	5
11 Karim Orfali	Campbelltown	3.19m	4
12 Luke Carey	South Eastern	3.12m	3
13 Matthew Richards	Sutherland	3.12m	2
14 Marcus Trigwell	Ryde	3.07m	1
15 Lachlan McCulloch	Sutherland	2.87m	1
16 Rishaank Mayank Kansal	Blacktown	1.82m	1

Boys U 9 - Long Jump WT #3

Name	Age Centre	Final	Points
=====			
State: S 4.71m 24/03/1991 Grant Buchanan, Illawong			
1 Sam Kelly	Balmain	3.69m	15
2 Harrison Forth	Nepean	3.64m	13
3 Max Pullin	Northern Districts	3.43m	12
4 Sreyaan Banik	Blacktown	3.42m	11
5 Archer Griffiths	Ryde	3.30m	10
6 Amir Sapateh	Sutherland	3.25m	9
7 Max Harris	Canterbury	3.14m	8
8 Thomas Field	Glenbrook	3.12m	7
9 Nathan Pulfer	Ryde	3.08m	6
10 Joel Munkman	Gosford	3.03m	5
11 Jack Richardson	Blacktown	1.86m	4

Winter Track Series #3
The Ridge Athletics Track
Results

Boys U 10 - Long Jump WT #3

State: S 5.17m 16/03/1980 Martin Moore, Bathurst				
Name	Age	Centre	Final	Points
1 Harley Winn-Wright		Balmain	4.17m	15
2 Lucas Guercio		Bankstown Aths	4.12m	13
3 Noah Van dyk		Sutherland	4.11m	12
4 Jett Dennis		Illawong	4.00m	11
5 Jacob Bechara		Balmain	3.89m	10
6 Riley Sandstrom		Shoalhaven	3.88m	9
7 Nicholas Sargent		Camden	3.82m	8
8 Timothy Richards		Sutherland	3.75m	7
9 Jacob Dowler		Wollongong City	3.70m	6
10 Edward Leyland		Sutherland	3.65m	5
11 Paxton Hube		Randwick Botany	3.63m	4
12 Lewis Wilson		Bankstown Aths	3.59m	3
13 Kobe Lyons		Revesby Workers	3.55m	2
14 Ashton Sebastian		Hills District	3.46m	1
15 Jordan Butler		Glenbrook	3.44m	1
16 Benjamin Day		Randwick Botany	3.40m	1
17 Clement Franco		St George	3.28m	1
18 Cooper Dzirins		Camden	3.26m	1
19 Emmett Snape		Ku-Ring-Gai	2.98m	1
20 Amiah Govou		Sutherland	2.43m	1

Boys U 11 - Long Jump WT #3

State: S 5.34m 07/02/1987 Craig Woodroff, Manly Warringah				
Name	Age	Centre	Final	Points
1 Riley Death		Illawong	4.79m	15
2 Charles Carrano		Eastern Suburbs	4.71m	13
3 Finn Wilson		Ku-Ring-Gai	4.46m	12
4 Corbyn Fainga'a		St George	4.44m	11
5 Max Munce		Helensburgh	4.42m	10
6 Caelan Drysdale		Ku-Ring-Gai	4.20m	9
7 Marcus Lee		St George	4.02m	8
8 Isaac O'Brien		Balmain	3.98m	7
9 Davin Carty		Balmain	3.98m	6
10 Mitchell Cox		Ryde	3.95m	5
11 Callum McMillan		The Ponds	3.84m	4
12 Oliver Cook		Illawong	3.61m	3
13 Jacob Fox		Illawong	3.58m	2
14 Michael Hunnam		Illawong	3.51m	1
15 Matthew Faulkner		Illawong	3.47m	1
16 Charlie Shiel		Ryde	3.42m	1
17 Jason Tiet		Tiger Wests	3.41m	1
18 Aiden Walters		St George	3.16m	1
19 William Tindall		Balmain	3.15m	1
20 Dylan Moffatt		Illawong	3.08m	1

Winter Track Series #3
The Ridge Athletics Track
Results

Boys U 12 - Long Jump WT #3

State: S 5.86m 17/03/1996 Michael Doggett, Lithgow				
Name	Age	Centre	Final	Points
1 Cooper Manser		Gosford	4.07m	15
2 Blake Spencer		Rouse Hill Rams	4.05m	13
3 Dominic Trigwell		Ryde	3.52m	12
4 Liam Hunnam		Illawong	3.28m	11
5 Akira Bray		Balmain	3.13m	10

Boys U 13 - Long Jump WT #3

State: S 6.11m 19/03/2006 Kurt Jenner, Mt Pritchard				
Name	Age	Centre	Final	Points
1 Tyson Verriere		Springwood	5.26m	15
2 Ben Wichgers		Sutherland	4.67m	13
3 Thomas Giles		Sutherland	4.18m	12
4 Aidan Shaw		Randwick Botany	3.76m	11
5 Kody Wrench (T/F20)		Gosford	3.45m	11
6 Trevor Lee		St George	3.44m	9

45.157%

Boys U 14 - Long Jump WT #3

State: S 6.52m 17/03/1996 Stephen Jacenko, Balmain				
Name	Age	Centre	Final	Points
1 Alberto Jordan		Manly Warringah	5.15m	15
2 Hayden Dick		Sutherland	4.95m	13
3 Filtomas Finekifolau		Bankstown Aths	4.75m	12
4 Reese Francis		Manly Warringah	4.66m	11
5 Jone Tuqiri		St George	3.58m	10
6 Nate Castelli (T/F36)		Port Macquarie	0.77m	3

12.985%

Boys U 15 - Long Jump WT #3

State: S 7.12m 20/03/2009 Thomas Soliman, Blacktown				
Name	Age	Centre	Final	Points
1 Joshua Smith		Ryde	5.69m	15
2 Kevin Bosco		The Ponds	5.25m	13

Boys U 17 - Long Jump WT #3

State: S 7.28m 18/03/2017 Alex Willett, Manly Warringah				
Name	Age	Centre	Final	Points
1 Alexander Ayre		Tallawong Park	6.19m	15
2 Daniel Fay		Balmain	4.92m	13

Boys U 8 - Shot Put WT #3 1.5kg

State: S 10.98m 06/03/2011 Blake Toohey, Sutherland				
Name	Age	Centre	Final	Points
1 Sandon Stojic		Blacktown	6.97m	15

Winter Track Series #3
The Ridge Athletics Track
Results

....Boys U 8 - Shot Put WT #3 1.5kg

2	Lincoln Gorrie	Albion Park	6.92m	13
3	Karim Orfali	Campbelltown	6.32m	12
4	Luke Carey	South Eastern	5.81m	11
5	Cohen Lacey	Campbelltown	5.79m	10
6	Marcus Trigwell	Ryde	5.78m	9
7	Van Jordan	Manly Warringah	5.76m	8
8	Jaxon Leslie	Nepean	5.37m	7
9	Jake Ridgewell	Revesby Workers	5.26m	6
10	Jayden Grant	Koorringal Wagga	4.71m	5
11	Edmund Chen	Ku-Ring-Gai	4.42m	4
12	Neil Bapat	Blacktown	4.14m	3
13	Matthew Richards	Sutherland	4.08m	2
14	Alex Burzynski	Sutherland	3.60m	1
15	Rishaank Mayank Kansal	Blacktown	3.52m	1
16	Lachlan McCulloch	Sutherland	3.25m	1

Boys U 9 - Shot Put WT #3 2kg

=====				
State: S 11.33m 20/03/1999 Jamal Idris, Bankstown Sports				
Name	Age	Centre	Final	Points
=====				
1	Harrison Forth	Nepean	7.77m	15
2	Zaviar Tanielupark	Colyton St Clair	7.54m	13
3	Lucas Okulicz	Glenbrook	6.94m	12
4	Roman Sawaszenko	Cranebrook	6.91m	11
5	Archer Griffiths	Ryde	5.95m	10
6	Levi Brothers	Cranebrook	5.84m	9
7	Noah McDonnell	St George	5.57m	8
8	Nathan Pulfer	Ryde	5.39m	7
9	Sreyaan Banik	Blacktown	4.87m	6
10	Thomas Field	Glenbrook	4.86m	5
11	Max Pullin	Northern Districts	4.69m	4
12	Jack Richardson	Blacktown	4.64m	3

Boys U 10 - Shot Put WT #3 2kg

=====				
State: S 13.22m 20/02/2011 EJ Brown-Vaelua, Nepean				
Name	Age	Centre	Final	Points
=====				
1	Lachlan Chappell	Randwick Botany	11.46m	15
2	Jett Dennis	Illawong	9.79m	13
3	Praise Egbufor	Nepean	9.39m	12
4	Leo Terjesen-Soem	Woy Woy Peninsula	8.54m	11
5	Harley Winn-Wright	Balmain	7.34m	10
6	Andre Liyanage	Cherrybrook	7.21m	9
7	Riley Sandstrom	Shoalhaven	7.09m	8
8	Thomas Chabo	Inner West	6.78m	7
9	Kobe Lyons	Revesby Workers	5.77m	6
10	Ashton Sebastian	Hills District	4.66m	5
11	Amiah Govou	Sutherland	4.43m	4

Winter Track Series #3
The Ridge Athletics Track
Results

Boys U 11 - Shot Put WT #3 2kg

State: S 14.42m 19/03/2011 Payne Haas, Macquarie Hunter				
Name	Age	Centre	Final	Points
1 Callan Atherton		Gosford	11.74m	15
2 Oliver Cook		Illawong	10.71m	13
3 Finn Wilson		Ku-Ring-Gai	10.53m	12
4 Michael Hunnam		Illawong	9.92m	11
5 Jacob Fox		Illawong	9.44m	10
6 Charlie Shiel		Ryde	9.26m	9
7 Riley Death		Illawong	8.96m	8
8 William Tindall		Balmain	7.52m	7
9 Davin Carty		Balmain	7.40m	6
10 Aiden Walters		St George	6.31m	5
11 Lachlan Richardson		Blacktown	5.88m	4
12 Aiden Knevett (T/F37)		Gosford	5.53m	3

Boys U 12 - Shot Put WT #3 2kg

State: S 15.69m 02/03/2019 Benjamin Kasozi, Hills District				
Name	Age	Centre	Final	Points
1 Izach Saalea-Morgan		Campbelltown	10.82m	15
2 Cooper Manser		Gosford	10.36m	13
3 Joshua Dick		Sutherland	9.68m	12
4 Liam Hunnam		Illawong	9.00m	11
5 John Calavrias		St George	7.99m	10
6 Declan Xing		St George	6.90m	9

Boys U 13 - Shot Put WT #3 3kg

State: S 19.11m 20/03/2009 Tepai Moeroa, Doonside				
Name	Age	Centre	Final	Points
1 Ashton Taeloa		Campbelltown	13.87m	15
2 Tyson Verriere		Springwood	11.55m	13
3 Cooper Hunter		Revesby Workers	9.67m	12
4 Kody Wrench (T/F20)		Gosford	7.25m	10
5 Thomas Giles		Sutherland	6.56m	10
6 Lachlan Margetson (T/F21)		Sutherland	3.92m	9

Boys U 14 - Shot Put WT #3 3kg

State: S 18.51m 16/02/2013 Tyrone Taukamo, Randwick Botany				
Name	Age	Centre	Final	Points
1 Boston Traino		Sutherland	14.20m	15
2 Filtomas Finekifolau		Bankstown Aths	13.93m	13
3 Hayden Dick		Sutherland	13.06m	12
4 Alberto Jordan		Manly Warringah	13.05m	11
5 Jone Tuqiri		St George	9.30m	10
6 Matthew Sucur		St George	9.17m	9
7 Reese Francis		Manly Warringah	7.19m	8
8 Nate Castelli (T/F36)		Port Macquarie	2.23m	3

Winter Track Series #3
The Ridge Athletics Track
Results

Boys U 15 - Shot Put WT #3 4kg

State: S 19.62m 18/03/2011 Tepai Moeroa, Doonside				
Name	Age	Centre	Final	Points
1 Tory Emme		Hawkesbury City	8.68m	15

Boys U 17 - Shot Put WT #3 5kg

State: S 18.25m 19/03/2022 Amosia Soatini, Nepean				
Name	Age	Centre	Final	Points
1 Xavier Hennessey		Cherrybrook	9.56m	15

Boys U 8 - Discus WT #3 500g

State: S 31.36m 16/02/1992 Gareth Care, Nth Rocks Carlingford				
Name	Age	Centre	Final	Points
1 Lincoln Gorrie		Albion Park	19.52m	15
2 Jaxon Leslie		Nepean	17.33m	13
3 Sandon Stojic		Blacktown	15.78m	12
4 Van Jordan		Manly Warringah	14.67m	11
5 Blake Creelman		Manly Warringah	13.91m	10
6 Marcus Trigwell		Ryde	13.44m	9
7 Jayden Grant		Koorringal Wagga	13.32m	8
8 Thoma Bolla-Nozawa		Ryde	12.52m	7
9 Alex Burzynski		Sutherland	10.91m	6
10 Rishaank Mayank Kansal		Blacktown	10.73m	5
11 Karim Orfali		Campbelltown	10.70m	4
12 Luke Carey		South Eastern	10.53m	3
13 Jake Ridgewell		Revesby Workers	9.97m	2
14 Matthew Richards		Sutherland	9.40m	1
15 Cohen Lacey		Campbelltown	9.36m	1
16 Lachlan McCulloch		Sutherland	8.04m	1
17 Neil Bapat		Blacktown	5.58m	1

Boys U 9 - Discus WT #3 500g

State: S 36.68m 22/11/1998 Jamal Idris, Bankstown Sports				
Name	Age	Centre	Final	Points
1 Roman Sawaszenko		Cranebrook	29.47m	15
2 Harrison Forth		Nepean	26.45m	13
3 Zaviar Tanielupark		Colyton St Clair	25.70m	12
4 Levi McKenzie		Camden	25.33m	11
5 Archer Griffiths		Ryde	24.53m	10
6 Lucas Okulicz		Glenbrook	17.94m	9
7 Max Pullin		Northern Districts	17.59m	8
8 Nathan Pulfer		Ryde	16.45m	7
9 Joel Munkman		Gosford	15.74m	6
10 Sreyaan Banik		Blacktown	14.54m	5
11 Levi Brothers		Cranebrook	13.24m	4
12 Noah McDonnell		St George	12.36m	3
13 Jack Richardson		Blacktown	7.81m	2

Winter Track Series #3
The Ridge Athletics Track
Results

Boys U 10 - Discus WT #3 500g

State: S 43.20m 19/03/1983 Jason Arnberger, Nepean				
Name	Age	Centre	Final	Points
1 Lachlan Chappell		Randwick Botany	36.14m	15
2 Leo Terjesen-Soem		Woy Woy Peninsula	27.38m	13
3 Andre Liyanage		Cherrybrook	27.24m	12
4 Jett Dennis		Illawong	25.68m	11
5 Riley Sandstrom		Shoalhaven	23.55m	10
6 Praise Egbufor		Nepean	21.58m	9
7 Thomas Chabo		Inner West	20.97m	8
8 Harley Winn-Wright		Balmain	20.19m	7
9 Jordan Butler		Glenbrook	15.20m	6
10 Amiah Govou		Sutherland	10.83m	5

Boys U 11 - Discus WT #3 500g

State: S 41.51m 17/03/2019 Jozef Cluff, Smithfield				
Name	Age	Centre	Final	Points
1 Callan Atherton		Gosford	34.60m	15
2 Finn Wilson		Ku-Ring-Gai	29.25m	13
3 Oliver Cook		Illawong	26.97m	12
4 Riley Death		Illawong	23.06m	11
5 Davin Carty		Balmain	22.70m	10
6 Jason Tiet		Tiger Wests	22.41m	9
7 Michael Hunnam		Illawong	21.08m	8
8 Lachlan Richardson		Blacktown	18.93m	7
9 Ilias Orfali		Campbelltown	16.10m	6
10 William Tindall		Balmain	15.21m	5
11 Dylan Moffatt		Illawong	11.04m	4
12 Aiden Knevett (T/F37)		Gosford	9.66m	3
13 Aiden Walters		St George	9.32m	2

Boys U 12 - Discus WT #3 750g

State: S 52.43m 16/03/2002 Emanuele Fuamatu, Fairfield				
Name	Age	Centre	Final	Points
1 Izach Saalea-Morgan		Campbelltown	31.23m	15
2 Cooper Manser		Gosford	29.05m	13
3 Joshua Dick		Sutherland	24.40m	12
4 Liam Hunnam		Illawong	18.75m	11
5 John Calavrias		St George	15.00m	10
6 Declan Xing		St George	14.31m	9

Boys U 13 - Discus WT #3 750g

State: S 60.74m 02/02/2019 Angus Clues, Springwood				
Name	Age	Centre	Final	Points
1 Ashton Taeiloa		Campbelltown	39.11m	15
2 Cooper Hunter		Revsby Workers	34.00m	13
3 Tyson Verriere		Springwood	29.53m	12
4 Thomas Giles		Sutherland	17.20m	11
5 Lachlan Margetson (T/F21)		Sutherland	7.26m	5

22.263%

Winter Track Series #3
The Ridge Athletics Track
Results

Boys U 14 - Discus WT #3 1kg

State: S 57.71m 20/03/2010 Tepai Moeroa, Doonside				
Name	Age	Centre	Final	Points
1 ashley hogan		Balmain	54.73m	15
2 Filtomas Finekifolau		Bankstown Aths	44.68m	13
3 Hayden Dick		Sutherland	35.01m	12
4 Boston Traino		Sutherland	33.92m	11
5 Alberto Jordan		Manly Warringah	33.00m	10
6 Jone Tuqiri		St George	26.95m	9
7 Matthew Sucur		St George	26.00m	8
8 Reese Francis		Manly Warringah	24.24m	7
9 Daniel Cox		Ryde	19.77m	6
10 Nate Castelli (T/F36)		Port Macquarie	4.29m	2
				9.986%

Boys U 15 - Discus WT #3 1kg

State: S 64.26m 15/02/2015 Nicholas Frost, Parramatta				
Name	Age	Centre	Final	Points
1 Tory Emme		Hawkesbury City	17.49m	15

Boys U 17 - Discus WT #3 1.5kg

State: S 56.17m 22/03/2009 Liam Speers, Macquarie Hunter				
Name	Age	Centre	Final	Points
1 Xavier Hennessey		Cherrybrook	22.28m	15