



# SECTION E

## MULTI CLASS GUIDELINES, COMPETITION RULES, EVENTS & SPECIFICATIONS

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# MULTI CLASS GUIDELINES AND COMPETITION RULES

*These rules are to be read in conjunction with Competition General Rules  
And Track Events & Field Events.*

All information regarding multi-class can be found on the Athletics Australia website.

## 16. CLASSIFICATION GUIDELINES

All athletes with a disability must have received at least a provisional classification from an approved organisation if they want to compete in disability events conducted at Little Athletics championship competition.

Classification in athletics has seven areas or categories, and each has different requirements. If an athlete does not fall into one of the following categories, then they may not be able to be classified. If an athlete cannot be classified, they are ineligible to compete in disability events and must therefore compete in the able-bodies events.

<b>Deaf (T/F 01)</b>  <i>Deaf Sports Australia</i> – <a href="http://www.deafsports.org.au">www.deafsports.org.au</a> or <a href="mailto:info@deafsports.org.au">info@deafsports.org.au</a>
<b>Visually Impaired (T/F 11-13)</b>  <i>Australian Paralympic Committee</i> – <a href="mailto:classification@paralympic.org.au">classification@paralympic.org.au</a> or 02 9704 0500
<b>Intellectual Disability (T/F 20) (T/F 21)</b>  <i>Sport Inclusion Australia</i> – <a href="http://www.sportinclusionaustralia.org.au">www.sportinclusionaustralia.org.au</a> or <a href="mailto:mail@sportinclusionaustralia.org.au">mail@sportinclusionaustralia.org.au</a>
<b>Physical Impairment: Cerebral Palsy (T/F 32-38); Amputee &amp; Les Autres (Little People) (T/F 40-46); Wheelchair Athletes (T51-54; F51-58) Limb Deficiency etc. (T/F 61-64)</b>  <i>Australian Paralympic Committee</i> – <a href="mailto:classification@paralympic.org.au">classification@paralympic.org.au</a> or 02 9704 0500
<b>Transplantee (T/F 60)</b> – A person who has received a kidney, heart, heart & lung, liver, or bone marrow transplant.  <i>Transplant Australia</i> – <a href="http://www.transplant.org.au">www.transplant.org.au</a> or <a href="mailto:contactus@transplant.org.au">contactus@transplant.org.au</a>

## 17. MULTI CLASS STANDARD EVENTS

**Note 1: RR1, RR2 & RR3 - Race Running**

**Note 2: Australian Best Performances (ABP's) are not recognised at this point in time.**

**Legend:**  Available to Offer at Association Championships U9 – U17  
 Not Available as no Baseline Exists

CLASS	100m	200m	400m	800m	Shot Put	Discus	Javelin	Long Jump	Cross Country
T/F01	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
RR1	Yellow	Cyan	Cyan	Cyan	Yellow	Yellow	Yellow	Yellow	Yellow
RR2	Yellow	Cyan	Cyan	Cyan	Yellow	Yellow	Yellow	Yellow	Yellow
RR3	Yellow	Cyan	Cyan	Cyan	Yellow	Yellow	Yellow	Yellow	Yellow
T/F11	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
T/F12	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
T/F13	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
T/F20	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
T/F21	Yellow	Yellow	Yellow	Cyan	Yellow	Yellow	Yellow	Yellow	Yellow
T/F31	Cyan	Cyan	Cyan	Cyan	Cyan	Cyan	Cyan	Cyan	Cyan
T/F32	Yellow	Yellow	Yellow	Cyan	Yellow	Yellow	Yellow	Yellow	Yellow
T/F33	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Cyan	Cyan	Yellow
T/F34	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Cyan	Cyan	Yellow
T/F35	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
T/F36	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
T/F37	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
T/F38	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
T/F40	Yellow	Yellow	Yellow	Cyan	Yellow	Yellow	Cyan	Cyan	Yellow
T/F41	Yellow	Yellow	Yellow	Cyan	Yellow	Yellow	Cyan	Cyan	Yellow
T/F42	Yellow	Yellow	Yellow	Cyan	Yellow	Yellow	Yellow	Yellow	Yellow
T/F43	Yellow	Yellow	Yellow	Cyan	Yellow	Yellow	Cyan	Cyan	Yellow
T/F44	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
T/F45	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
T/F46	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
T/F47	Yellow	Yellow	Yellow	Cyan	Cyan	Yellow	Yellow	Yellow	Yellow
T/F51	Yellow	Yellow	Yellow	Yellow	Cyan	Yellow	Cyan	Cyan	Cyan
T/F52	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Cyan	Cyan	Cyan
T/F53	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Cyan	Cyan	Cyan
T/F54	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Cyan	Cyan	Cyan
F55	Cyan	Cyan	Cyan	Cyan	Yellow	Yellow	Cyan	Cyan	Cyan
F56	Cyan	Cyan	Cyan	Cyan	Yellow	Yellow	Cyan	Cyan	Cyan
F57	Cyan	Cyan	Cyan	Cyan	Yellow	Yellow	Cyan	Cyan	Cyan
T/F60	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
T/F61	Yellow	Yellow	Yellow	Cyan	Yellow	Yellow	Yellow	Yellow	Cyan
T/F62	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
T/F63	Yellow	Yellow	Yellow	Cyan	Yellow	Yellow	Yellow	Yellow	Yellow
T/F64	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow

**Note: Throwing Weights as per Implement Specifications Table 8. Maximum Cross-Country Distances as per Table 6.**

## 18. Multi-Class Implements

Classification	Little Athletics Registration Age	Girls			Boys		
		Shot Put	Discus	Javelin	Shot Put	Discus	Javelin
F01	U17	3.0Kg	1.0Kg	500g	5.0Kg	1.5Kg	700g
	U15	3.0Kg	1.0Kg	500g	4.0Kg	1.0Kg	700g
	U14	3.0Kg	1.0Kg	400g	3.0Kg	1.0Kg	600g
	U13	3.0Kg	750g	400g	3.0Kg	750g	600g
	U12	2.0Kg	750g	400g	2.0Kg	750g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	2.0Kg	500g	No Event	2.0Kg	500g	No Event
	U9	2.0Kg	500g	No Event	2.0Kg	500g	No Event
F11-F13	U17	3.0Kg	1.0Kg	500g	5.0Kg	1.5Kg	700g
	U15	3.0Kg	1.0Kg	500g	4.0Kg	1.0Kg	700g
	U14	3.0Kg	1.0Kg	400g	3.0Kg	1.0Kg	600g
	U13	3.0Kg	750g	400g	3.0Kg	750g	600g
	U12	2.0Kg	750g	400g	2.0Kg	750g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	2.0Kg	500g	No Event	2.0Kg	500g	No Event
	U9	2.0Kg	500g	No Event	2.0Kg	500g	No Event
F20	U17	3.0Kg	1.0Kg	500g	5.0Kg	1.5Kg	700g
	U15	3.0Kg	1.0Kg	500g	4.0Kg	1.0Kg	700g
	U14	3.0Kg	1.0Kg	400g	3.0Kg	1.0Kg	600g
	U13	3.0Kg	750g	400g	3.0Kg	750g	600g
	U12	2.0Kg	750g	400g	2.0Kg	750g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	2.0Kg	500g	No Event	2.0Kg	500g	No Event
	U9	2.0Kg	500g	No Event	2.0Kg	500g	No Event
F21	U17	2.0Kg	750g	400g	3.0Kg	1.0Kg	500g
	U15	2.0Kg	750g	400g	3.0Kg	1.0Kg	500g
	U14	2.0Kg	750g	400g	3.0Kg	1.0Kg	500g
	U13	2.0Kg	500g	400g	3.0Kg	750g	400g
	U12	1.0Kg	500g	400g	2.0Kg	750g	400g
	U11	1.0Kg	500g	400g	2.0Kg	500g	400g
	U10	1.0Kg	500g	No Event	2.0Kg	500g	No Event
	U9	1.0Kg	500g	No Event	2.0Kg	500g	No Event

Classification	Little Athletics Registration Age	Girls			Boys		
		Shot Put	Discus	Javelin	Shot Put	Discus	Javelin
F31 Seated Throws	U17	No Event	No Event	No Event	No Event	No Event	No Event
	U15	No Event	No Event	No Event	No Event	No Event	No Event
	U14	No Event	No Event	No Event	No Event	No Event	No Event
	U13	No Event	No Event	No Event	No Event	No Event	No Event
	U12	No Event	No Event	No Event	No Event	No Event	No Event
	U11	No Event	No Event	No Event	No Event	No Event	No Event
	U10	No Event	No Event	No Event	No Event	No Event	No Event
	U9	No Event	No Event	No Event	No Event	No Event	No Event
F32 Seated Throws	U17	1.0Kg	750g	No Event	2.0Kg	750g	No Event
	U15	1.0Kg	750g	No Event	1.0kg	750g	No Event
	U14	1.0Kg	500g	No Event	1.0kg	500g	No Event
	U13	1.0Kg	500g	No Event	1.0kg	500g	No Event
	U12	1.0Kg	500g	No Event	1.0Kg	500g	No Event
	U11	1.0Kg	500g	No Event	1.0Kg	500g	No Event
	U10	1.0Kg	500g	No Event	1.0Kg	500g	No Event
	U9	1.0Kg	350g	No Event	1.0Kg	350g	No Event
F33 Seated Throws	U17	2.0Kg	750g	500g	2.0Kg	750g	600g
	U15	2.0Kg	750g	400g	2.0kg	750g	500g
	U14	1.0Kg	500g	400g	2.0kg	500g	500g
	U13	1.0Kg	500g	400g	2.0kg	500g	400g
	U12	1.0Kg	500g	400g	1.0Kg	500g	400g
	U11	1.0Kg	500g	400g	1.0Kg	500g	400g
	U10	1.0Kg	500g	No Event	1.0Kg	500g	No Event
	U9	1.0Kg	500g	No Event	1.0Kg	500g	No Event
F34	U17	2.0Kg	750g	500g	3.0Kg	750g	600g
	U15	2.0Kg	750g	400g	3.0kg	750g	500g
	U14	2.0Kg	500g	400g	2.0kg	500g	500g
	U13	2.0Kg	500g	400g	2.0kg	500g	400g
	U12	2.0Kg	500g	400g	2.0kg	500g	400g
	U11	2.0Kg	500g	400g	2.0kg	500g	400g
	U10	1.5Kg	500g	No Event	1.5Kg	500g	No Event
	U9	1.5Kg	500g	No Event	1.5Kg	500g	No Event

Classification	Little Athletics Registration Age	Girls			Boys		
		Shot Put	Discus	Javelin	Shot Put	Discus	Javelin
F35	U17	2.0Kg	750g	500g	3.0Kg	750g	600g
	U15	2.0Kg	750g	400g	3.0kg	750g	500g
	U14	2.0Kg	500g	400g	2.0Kg	500g	500g
	U13	2.0Kg	500g	400g	2.0Kg	500g	400g
	U12	2.0Kg	500g	400g	2.0Kg	500g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	1.5Kg	500g	No Event	1.5Kg	500g	No Event
	U9	1.5Kg	500g	No Event	1.5Kg	500g	No Event
	F36	U17	2.0Kg	750g	500g	3.0Kg	750g
U15		2.0Kg	750g	400g	3.0kg	750g	500g
U14		2.0Kg	500g	400g	2.0kg	500g	500g
U13		2.0Kg	500g	400g	2.0kg	500g	400g
U12		2.0Kg	500g	400g	2.0kg	500g	400g
U11		2.0Kg	500g	400g	2.0kg	500g	400g
U10		1.5Kg	500g	No Event	1.5Kg	500g	No Event
U9		1.5Kg	500g	No Event	1.5Kg	500g	No Event
F37	U17	2.0Kg	750g	500g	4.0Kg	750g	600g
	U15	2.0Kg	750g	400g	3.0kg	750g	500g
	U14	2.0Kg	500g	400g	2.0kg	500g	500g
	U13	2.0Kg	500g	400g	2.0kg	500g	400g
	U12	2.0Kg	500g	400g	2.0kg	500g	400g
	U11	2.0Kg	500g	400g	2.0kg	500g	400g
	U10	1.5Kg	500g	No Event	1.5Kg	500g	No Event
	U9	1.5Kg	500g	No Event	1.5Kg	500g	No Event
F38	U17	2.0Kg	750g	500g	4.0Kg	1.0Kg	700g
	U15	2.0Kg	750g	400g	3.0kg	750g	500g
	U14	2.0Kg	500g	400g	2.0kg	500g	500g
	U13	2.0Kg	500g	400g	2.0kg	500g	400g
	U12	2.0Kg	500g	400g	2.0kg	500g	400g
	U11	2.0Kg	500g	400g	2.0kg	500g	400g
	U10	1.5Kg	500g	No Event	1.5Kg	500g	No Event
	U9	1.5Kg	500g	No Event	1.5Kg	500g	No Event
F40-F41	U17	2.0Kg	750g	400g	3.0Kg	1.0Kg	600g
	U15	2.0Kg	750g	400g	3.0Kg	1.0Kg	400g
	U14	2.0Kg	500g	400g	2.0Kg	750g	400g
	U13	2.0Kg	500g	400g	2.0Kg	750g	400g
	U12	1.5Kg	500g	400g	1.5Kg	500g	400g
	U11	1.5Kg	500g	400g	1.5Kg	500g	400g
	U10	1.5Kg	500g	No Event	1.5Kg	500g	No Event
	U9	1.5Kg	500g	No Event	1.5Kg	500g	No Event

Classification	Little Athletics Registration Age	Girls			Boys		
		Shot Put	Discus	Javelin	Shot Put	Discus	Javelin
F42	U17	3.0Kg	1.0Kg	500g	5.0Kg	1.0Kg	700g
	U15	3.0Kg	1.0Kg	400g	4.0Kg	1.0Kg	600g
	U14	3.0Kg	1.0Kg	400g	3.0Kg	1.0Kg	600g
	U13	3.0Kg	750g	400g	3.0Kg	750g	500g
	U12	2.0Kg	750g	400g	2.0Kg	750g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	2.0Kg	500g	No Event	2.0Kg	500g	No Event
	U9	2.0Kg	500g	No Event	2.0Kg	500g	No Event
F43-F44	U17	3.0Kg	1.0Kg	500g	5.0Kg	1.0Kg	700g
	U15	3.0Kg	1.0Kg	400g	4.0Kg	1.0Kg	600g
	U14	3.0Kg	1.0Kg	400g	3.0Kg	1.0Kg	600g
	U13	3.0Kg	750g	400g	3.0Kg	750g	500g
	U12	2.0Kg	750g	400g	2.0Kg	750g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	2.0Kg	500g	No Event	2.0Kg	500g	No Event
	U9	2.0Kg	500g	No Event	2.0Kg	500g	No Event
F45	U17	3.0Kg	1.0Kg	500g	5.0Kg	1.0Kg	600g
	U15	3.0Kg	1.0Kg	400g	4.0Kg	1.0Kg	600g
	U14	3.0Kg	1.0Kg	400g	3.0Kg	1.0Kg	600g
	U13	3.0Kg	750g	400g	3.0Kg	750g	500g
	U12	2.0Kg	750g	400g	2.0Kg	750g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	2.0Kg	500g	No Event	2.0Kg	500g	No Event
	U9	2.0Kg	500g	No Event	2.0Kg	500g	No Event
F46	U17	3.0Kg	1.0Kg	500g	5.0Kg	1.0Kg	700g
	U15	3.0Kg	1.0Kg	400g	4.0Kg	1.0Kg	600g
	U14	3.0Kg	1.0Kg	400g	3.0Kg	1.0Kg	600g
	U13	3.0Kg	750g	400g	3.0Kg	750g	500g
	U12	2.0Kg	750g	400g	2.0Kg	750g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	2.0Kg	500g	No Event	2.0Kg	500g	No Event
	U9	2.0Kg	500g	No Event	2.0Kg	500g	No Event
F51 Seated Throws	U17	No Event	750g	No Event	No Event	750g	No Event
	U15	No Event	750g	No Event	No Event	750g	No Event
	U14	No Event	500g	No Event	No Event	500g	No Event
	U13	No Event	500g	No Event	No Event	500g	No Event
	U12	No Event	500g	No Event	No Event	500g	No Event
	U11	No Event	500g	No Event	No Event	500g	No Event
	U10	No Event	500g	No Event	No Event	500g	No Event
	U9	No Event	350g	No Event	No Event	350g	No Event

Classification	Little Athletics Registration Age	Girls			Boys		
		Shot Put	Discus	Javelin	Shot Put	Discus	Javelin
F52 Seated Throws	U17	2.0Kg	750g	500g	2.0Kg	750g	500g
	U15	2.0Kg	750g	400g	2.0Kg	750g	400g
	U14	2.0Kg	500g	400g	2.0Kg	500g	400g
	U13	2.0Kg	500g	400g	2.0Kg	500g	400g
	U12	1.5Kg	500g	400g	1.5Kg	500g	400g
	U11	1.5Kg	500g	400g	1.5Kg	500g	400g
	U10	1.5Kg	500g	No Event	1.5Kg	500g	No Event
	U9	1.5Kg	350g	No Event	1.5Kg	350g	No Event
F53	U17	2.0Kg	750g	500g	2.0Kg	750g	500g
	U15	2.0Kg	750g	400g	2.0Kg	750g	400g
	U14	2.0Kg	500g	400g	2.0Kg	500g	400g
	U13	2.0Kg	500g	400g	2.0Kg	500g	400g
	U12	1.5Kg	500g	400g	1.5Kg	500g	400g
	U11	1.5Kg	500g	400g	1.5Kg	500g	400g
	U10	1.5Kg	500g	No Event	1.5Kg	500g	No Event
	U9	1.5Kg	350g	No Event	1.5Kg	350g	No Event
F54 Seated Throws	U17	2.0Kg	750g	500g	3.0Kg	750g	500g
	U15	2.0Kg	750g	400g	2.0Kg	750g	400g
	U14	2.0Kg	500g	400g	2.0Kg	500g	400g
	U13	2.0Kg	500g	400g	2.0Kg	500g	400g
	U12	2.0Kg	500g	400g	2.0Kg	500g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	1.5Kg	500g	No Event	1.5Kg	500g	No Event
	U9	1.5Kg	350g	No Event	1.5Kg	350g	No Event
F55	U17	2.0Kg	750g	500g	3.0Kg	750g	500g
	U15	2.0Kg	750g	400g	2.0Kg	750g	400g
	U14	2.0Kg	500g	400g	2.0Kg	500g	400g
	U13	2.0Kg	500g	400g	2.0Kg	500g	400g
	U12	2.0Kg	500g	400g	2.0Kg	500g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	1.5Kg	500g	No Event	1.5Kg	500g	No Event
	U9	1.5Kg	350g	No Event	1.5Kg	350g	No Event
F56	U17	2.0Kg	750g	500g	3.0Kg	750g	500g
	U15	2.0Kg	750g	400g	2.0Kg	750g	400g
	U14	2.0Kg	500g	400g	2.0Kg	500g	400g
	U13	2.0Kg	500g	400g	2.0Kg	500g	400g
	U12	2.0Kg	500g	400g	2.0Kg	500g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	1.5Kg	500g	No Event	1.5Kg	500g	No Event
	U9	1.5Kg	350g	No Event	1.5Kg	350g	No Event



Classification	Little Athletics Registration Age	Girls			Boys		
		Shot Put	Discus	Javelin	Shot Put	Discus	Javelin
F57	U17	2.0Kg	750g	500g	3.0Kg	750g	600g
	U15	2.0Kg	750g	400g	2.0Kg	750g	500g
	U14	2.0Kg	500g	400g	2.0Kg	500g	500g
	U13	2.0Kg	500g	400g	2.0Kg	500g	400g
	U12	2.0Kg	500g	400g	2.0Kg	500g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	1.5Kg	500g	No Event	1.5Kg	500g	No Event
	U9	1.5Kg	350g	No Event	1.5Kg	350g	No Event
F60	U17	3.0Kg	1.0Kg	500g	5.0Kg	1.5Kg	700g
	U15	3.0Kg	1.0Kg	500g	4.0Kg	1.0Kg	700g
	U14	3.0Kg	1.0Kg	400g	3.0Kg	1.0Kg	600g
	U13	3.0Kg	750g	400g	3.0Kg	750g	600g
	U12	2.0Kg	750g	400g	2.0kg	750g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	2.0Kg	500g	No Event	2.0Kg	500g	No Event
	U9	2.0Kg	500g	No Event	2.0Kg	500g	No Event
F61	U17	3.0Kg	1.0Kg	500g	5.0Kg	1.0Kg	700g
	U15	3.0Kg	1.0Kg	400g	4.0Kg	1.0Kg	600g
	U14	3.0Kg	1.0Kg	400g	3.0Kg	1.0Kg	600g
	U13	3.0Kg	750g	400g	3.0Kg	750g	500g
	U12	2.0Kg	750g	400g	2.0kg	750g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	2.0Kg	500g	No Event	2.0Kg	500g	No Event
	U9	2.0Kg	500g	No Event	2.0Kg	500g	No Event
F62	U17	3.0Kg	1.0Kg	500g	5.0Kg	1.0Kg	700g
	U15	3.0Kg	1.0Kg	400g	4.0Kg	1.0Kg	600g
	U14	3.0Kg	1.0Kg	400g	3.0Kg	1.0Kg	600g
	U13	3.0Kg	750g	400g	3.0Kg	750g	500g
	U12	2.0Kg	750g	400g	2.0kg	750g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	2.0Kg	500g	No Event	2.0Kg	500g	No Event
	U9	2.0Kg	500g	No Event	2.0Kg	500g	No Event
F63	U17	3.0Kg	1.0Kg	500g	5.0Kg	1.0Kg	700g
	U15	3.0Kg	1.0Kg	400g	4.0Kg	1.0Kg	600g
	U14	3.0Kg	1.0Kg	400g	3.0Kg	1.0Kg	600g
	U13	3.0Kg	750g	400g	3.0Kg	750g	500g
	U12	2.0Kg	750g	400g	2.0kg	750g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	2.0Kg	500g	No Event	2.0Kg	500g	No Event
	U9	2.0Kg	500g	No Event	2.0Kg	500g	No Event

Classification	Little Athletics Registration Age	Girls			Boys		
		Shot Put	Discus	Javelin	Shot Put	Discus	Javelin
F64	U17	3.0Kg	1.0Kg	500g	5.0Kg	1.0Kg	700g
	U15	3.0Kg	1.0Kg	400g	4.0Kg	1.0Kg	600g
	U14	3.0Kg	1.0Kg	400g	3.0Kg	1.0Kg	600g
	U13	3.0Kg	750g	400g	3.0Kg	750g	500g
	U12	2.0Kg	750g	400g	2.0kg	750g	400g
	U11	2.0Kg	500g	400g	2.0Kg	500g	400g
	U10	2.0Kg	500g	No Event	2.0Kg	500g	No Event
	U9	2.0Kg	500g	No Event	2.0Kg	500g	No Event

## 19. BASELINE SCORING

***BASELINE provides a simplified way for athletes, administrators, and coaches to compare performances in multi-class events across all athletes with an eligible classification.***

***BASELINE uses a base time/distance/height in each class for each contestable event and measures this as a percentage against the individual athlete's performance to generate a percentage score.***

***Athletics Australia (AA) may change or amend the BASELINE guidelines and associated resources (including base performances) at any time.***

***Base performances are determined using the following priority protocol:***

- i. The base performances will be the official World Record as of 1 February each year. In the case where an Official World Record is not available the base performances will be: -
  - a. The number one World Ranked performance as of 1 February, if quicker/higher/further than an existing base performance.
- ii. In the case where a number one World Ranked performance is not available the base performance will be generated using one of the following methods: -
  - a. The base performance of the next available preceding classification within the same classification system group.
  - b. Relative to past performances at Australian National Championships
  - c. Determined by the AA Paralympic Program Manager/AA Competitions team.
- iii. The BASELINE can be found on the Athletics Australia website [www.athletics.com.au/multi-class-scoring](http://www.athletics.com.au/multi-class-scoring)

## 20. MULTI CLASS ATHLETES

### 20.1 General Conditions

- i. Athletes with a disability qualifying in any able body event at the Region or State Track & Field Championships will not be allowed to compete in the equivalent multi-class event conducted on the same program.

- ii. Implements shall comply with the specifications as defined by LANSW for multi-class events.
- iii. In multi-class field events only three trials will be allowed.
- iv. All multi-class track events will be timed finals.
- v. All LANSW and World Athletics/World Para (where applicable) rules of competition shall apply except in the following instances.
- vi. There may be instances where an athlete with a physical impairment, such as a club foot may need to wear a shoe which does not meet the normal requirements. As long as the shoe does not give the athlete any unfair additional assistance it should be allowed.
- vii. On the field of play assistants must have a clear understanding of the rules for competition. Any breach of a rule by an assistant may result in the athlete being disqualified in that event.
- viii. Only assistants / guide runners for athletes in the T/F11 & 12 classification will be permitted to accompany competitors onto the track or into the throwing and jumping areas.
- ix. Those persons acting as assistants or guides must be clearly identifiable by wearing a bright coloured vest provided by the organising committee.
- x. In field events where competitors receive assistance from assistants, the time allowed for an attempt shall begin from the moment when the official responsible is satisfied that the athlete has completed the process of orientation.
  - Note: if the athlete loses their orientation so that they require to be re-orientated, the clock shall be stopped and only re-started (to include any elapsed time already recorded) once orientation has again been completed.*
- xi. Starting blocks may be used for classes T11-13, T20-21, T35-38, T42-47, and T61-64 by athletes in the U11 and above age.
  - Note: Some athletes in Classes T20, T21, T35-38, T42-47, and T61-64 may require their starting blocks to be set for them by the Starter's Assistant.*

## **20.2 Classification**

- i. Athletes with a disability must be formerly classified by a recognised organisation, prior to competing at the Regional Track & Field Championships.
- ii. Classification is a way of grouping athletes of similar function or ability for the purpose of competition.

## **20.3 Competition**

- i. Boys and girls may compete together in both track and field events where warranted. All shall compete using the correct implement specifications as well as be judged and awarded for their particular age and gender.
- ii. All events will be conducted as multi-disability events. Competitors will compete against a Baseline standard as determined by the Australian Paralympic Committee. Placings will be determined by the competitor's time/distance calculated against a percentage of the Baseline standard.
- iii. In all competitions involving throwing events athletes must use the implement weight specified for their classification/age group, (refer multi-class Athletes Implement Specification Table).
- iv. Except for Seated Throwing Events, no athlete shall have more than one trial consecutively.
  - Note: At competition events where combined age groups are conducted the competitors will throw the weight specified for their age group. This could result in different weight implements being used in the same event.*

## 21. VISUALLY IMPAIRED ATHLETES – Classification 11, 12, 13

### 21.1 General Conditions

#### 21.1.1 Facility Location and Equipment

- i. Competitors with classification 11 must wear approved opaque glasses or an appropriate substitute in all track and field events. The opaque glasses or substitute must be approved by the Carnival Referee. Glasses, once approved, must be made available for checking at all times. When not competing, the athlete may remove the dark glasses or substitute.
- ii. Acoustic signals are permitted for athletes in this class, as specified in the following rules. Where acoustic assistance is being used (e.g., Long Jump) complete silence shall be requested from spectators.
- iii. For athletes with classification 12, modification of the existing facility is permitted (e.g., by powder, cones, flags etc.). Acoustic signals may also be used in Long Jump events.
- iv. For athletes with classification 13, LANSW and World Athletics/World Para (where applicable) rules will be followed in their entirety, except as otherwise listed.

#### 21.1.2 Escort / Guide Runner

- i. Competitors in the Long Jump with classification 11 may use a caller to provide acoustic orientation during the approach run. This guide/caller can assist in positioning the athlete on the run-way.
- ii. Competitors in the Long Jump with classification 12 may be accompanied to the competition area by only one person, who may serve as caller and/or guide. No additional persons will be permitted in the competition area.
- iii. Guide Runners must have a clear understanding of the rules for competition. Any breach of a rule by a guide runner may result in the athlete being disqualified in that event.
- iv. Assistants may provide verbal instruction for positioning and orientation before, during and after each attempt.
- v. Athletes must provide their own guide runners for all competitions.

### 21.2 Track Events

#### 21.2.1 Running Competition Rules

- i. The 100m event for T11 to T13 classification athletes shall have timed finals consisting of a maximum of four athletes with guides per heat.
- ii. A re-run may only be requested when circumstances beyond the control of the athlete and guide (as a team) have interfered with the performance of the athlete.
- iii. Athlete(s) in Sport Class T11 and T12 shall adhere to rule 7.4:- shall refer to athlete(s) and/or guide runner(s). In the event a breach of the rule committed by a guide-runner resulting in warning, or disqualification the accompanying athlete shall be consequently warned or disqualified.

#### 21.2.2 Methods of Guidance

- i. Athletes **must** bring their own guides to competitions.
- ii. When competitor and guide are in competition they are to be regarded as a team.
- iii. As the blind runner crosses the finish line, the **guide must be** behind the athlete or disqualification will apply.
- iv. An athlete competing in Sports Class T11 and T12 with a guide runner, shall be guided with a commercially produced tether or elbow lead supplied by the athlete. It shall be made from nonelastic material and shall not store energy and/or offer a performance gain to the

athlete. In addition, the runner may receive verbal instruction from the guide. (Bicycles or other mechanical means of transport may not be used by guides).

- v. At no time may the guide pull the athlete or propel the athlete forward by pushing. Infringement of this rule shall lead to disqualification.
- vi. Whether or not a tether is being used, the athlete and guide shall be not more than 0.50m apart at all times.

*NOTE: Where extraordinary or accidental circumstances lead to a breach of this rule it shall be the sole responsibility of the Track Referee to decide for or against disqualification. The principles that will govern such a decision shall include consideration of any danger to or disadvantage suffered by another competitor in the same race.*

vii. In all races run in lanes, each athlete and the athlete's guide runner shall keep within their allocated lane from start to finish. This shall apply to any portion of a race run in lanes. If the referee is satisfied that an athlete has violated this Rule and that a material advantage was gained over other athletes, they:

- a) In the U9-11 age group: May be disqualified.
- b) In the U12 and above age groups: Shall be disqualified.

- viii. Guide runners must wear a bright coloured vest, in order that they are clearly distinguished from competitors. These vests will be provided by the Organising Committee.
- ix. Any athlete or athlete's guide runner who jostles or obstructs another athlete, so as to impede their progress, shall be liable to disqualification from that event. The Referee shall have the authority to order the race to be re- held excluding any disqualified athlete or, in the case of heats, to permit any athlete/s seriously affected by jostling or obstruction (other than the disqualified athlete) to compete in the final of the event. Normally, such an athlete should have completed the event with bona fide effort. Regardless of whether there has been a disqualification, the Referee, in exceptional circumstances, shall also have the authority to order the race to be re-held if they consider it just and reasonable to do so.
- x. Where guide runners are used by athletes in classes T11 and T12, lanes allocated for all races should be every second lane. For example: Lanes 1, 3, 5, 7 or 2, 4, 6, 8 etc.

## **21.3 Field Events**

### **21.3.1 Field Event Time Limits**

- i. In field events where competitors receive assistance from callers or guides, the time allowed for an attempt shall begin from the moment when the official responsible is satisfied that the athlete has completed the process of orientation.

*NOTE: If the athlete loses their orientation so that he or she requires to be re-oriented, the clock shall be stopped and only re-started (to include any elapsed time already recorded) once orientation has again been completed.*

### **21.3.2 Long Jump**

- i. Escorts/callers may be used only by athletes in T11 and T12 classifications.
- ii. It is the task of the escort/caller to help the athlete orientate himself or herself on the runway before attempting the jump. The escort/caller must leave the runway before the jump can begin.
- iii. For T11 to T13 athletes, the take-off area shall consist of a rectangle 1.0 x 1.22 metres which must be prepared in such a way by the use of sand, that the athlete leaves an impression on the area with his or her take-off foot. The maximum distance between the take-off area and the front edge of the landing pit shall be one (1) meter.
  - a) **NOTE.** For purposes of safety, it is strongly recommended that the minimum distance between the axis of the runway and the sides of the landing area should be 1.75 metres.

*If this recommendation cannot be met, additional safety measures may be required by the officials responsible for the event.*

- iv. Where no part of the athlete's foot lands in the take-off area, the jump will be measured from the nearest break in the landing area made by any part of the body or limbs to the edge of the take-off area furthest from the landing area, or its extension. The measurement must be taken perpendicular to the back of the mat or its extension.
- v. Athletes may use the 1m or 2m take-off board rather than the sand box.

### **21.3.3 Throws**

- i. Assistants may be used by athletes in the F11 and F12 classifications.
- ii. Athletes with F11 and F12 classification, (where appropriate) must be brought to the throwing circle by an assistant.
- iii. The assistant may help the athlete orientate himself or herself in the throwing circle before the throwing attempt and then must leave the circle before the throw can begin.
- iv. Acoustic orientation is permitted for athletes with F11 and F12 classification before, during and after their throwing attempts.
- v. If the event judge determines that an assistant who is providing acoustic orientation is in an unsafe location, the judge shall direct the assistant to move to a more suitable position.
- vi. Athletes with F11 and F12 classifications **must** be escorted from the throwing circle only after the judges have determined whether the attempt is valid or not.

*NOTE: Rule (Section C 2.1.7 vii) regarding exiting the throwing circle after the throw shall not apply.*

## **22. WHEELCHAIR ATHLETES & RACERUNNING – Classification 31-34, 51-57 & RR1, RR2, & RR3**

### **22.1 General Conditions**

#### **22.1.2 Wheelchairs**

If strapping is used it must only be to the chair and of non-elastic material.

##### **i. Escorts**

Only escorts for athletes with classification 32, 51–53 will be permitted to accompany competitors onto the track or into throwing and jumping areas. Those persons acting as escorts must be clearly identified by wearing a coloured vest provided by the Organising Committee.

##### **b. Track Events - Classifications T31-T34, T51-T54**

#### **22.2.1 Wheelchairs**

- i. The wheelchair shall have at least two large wheels and one small wheel.
- ii. In all races not conducted in a straight lane (in straight line), the athlete must be able to turn the front wheel(s) manually both to the left and to the right.
- iii. No part of the body of the chair may extend forward beyond the hub of the front wheel and be wider than the inside of the hubs of the two rear wheels. The maximum height from the ground of the main body of the chair shall be 50 cm.
- iv. The maximum diameter of the large wheel including the inflated tyre shall not exceed 70 cm.
- v. The maximum diameter of the small wheel including the inflated tyre shall not exceed 50 cm.

- vi. Only one plain, round, hand rim is allowed for each large wheel. This rule may be waived for persons requiring a single arm drive chair.
- vii. No mechanical gears or levers shall be allowed, that may be used to propel the chair.
- viii. Only hand-operated, mechanical steering devices will be allowed.
- ix. The use of mirrors is not permitted in track races.
- x. No part of the chair may protrude behind the vertical plane of the back edge of the rear tyres.
- xi. It will be the responsibility of the competitor to ensure the wheelchair conforms to all the above rules, and no event shall be delayed whilst a competitor makes adjustments to their chair.
- xii. Chairs will be measured in the Call Room and may not leave that area before the start of the event. Chairs that have been examined may be liable to re-examination before or after the event by the official in charge of the event.
- xiii. It shall be the responsibility, in the first instance, of the official conducting the event, to rule on the safety of the chair.
- xiv. Athletes must ensure that no part of their lower limbs can fall to the ground or track during the event.
- xv. The wearing of helmets for Sport Classes T32 – T34 and T-51 – T54 is compulsory in all track wheelchair races. All helmets must meet the Australian safety standard AS/NZS 2063:2008.

### **22.2.2 The Start**

- i. The start rules as defined in 7.4 shall apply except as follows.
  - a) In the case of wheelchair races (classes T33-34 and T51-54), including classes T31-32, the following commands and positions are required. After the 'On Your marks' command, an athlete shall approach the start line, assume a position entirely within his allocated lane and behind the start line. At the 'Set' command, an athlete should immediately take up his final starting position retaining the contact of the front wheel with the ground behind the line"

#### **i. Lanes**

- i. For wheelchair races, cones should not be placed on the track. Coloured flat markers 50mmx50mm may be placed at the intersection of the lane lines at the break-line.
- ii. For wheelchair races, a flag, 1.5m high must be positioned on both ends of the break line. One on the infield and the other on the outside of the track.
- iii. For wheelchair races, athletes may leave their respective lanes when the bottom of both rear wheels which are touching the ground have gone past the nearer edge of the break line close to the start line.

#### **ii. The Race**

Progression by any other method except the competitor pushing on the wheels or hand rims will result in disqualification.

#### **iii. The Finish**

- i. In Wheelchair and RaceRunning races, the time shall be taken to the moment in which the centre of the axle of the leading wheel reaches the vertical plane of the nearer edge of the finish line. Hand timing would need to be used for these classes where gate timing systems would otherwise be used.

## **22.3 Throws Events - Classifications F31-F34, F51-F57**

### **22.3.1 General**

- i. Athletes may be permitted to have three trials consecutively.
- ii. Referees shall have the power to change the place of the competition in any field event, if in their opinion the conditions justify a change.

**NOTE:** *The round DOES NOT have to be completed before the change is made.*

### 22.3.2 Throwing Frame/Wheelchair

- i. All seated throws events will be conducted from a site with tie down devices. An athlete may use a standard day wheelchair to compete in throws. LAA and/or Member Associations take no responsibility for any damage caused to a chair through being restrained.
- ii. The maximum height of the throwing frame, including the cushion(s), used as a seat, shall not exceed 75 cm.
- iii. The frame may have a holding bar made of metal, fiberglass, or similar materials, but this must not have any articulation or joints.
- iv. All parts of the frame must be fixed. Assistance to the athlete by flexible parts is not allowed.
- v. It will be the responsibility of the competitor to ensure that the frame conforms to all the above rules, and no event shall be delayed whilst a competitor makes adjustments to his frame.
- vi. Frames will be measured before the competitor enters the throwing circle. Frames that have been examined may be liable to re-examination before or after the event by the official in charge of the event. Measurement will always take place without the athlete sitting in the frame.
- vii. If an authorised holding device is used and breaks during the execution of a throw, it shall not count as a trial, providing it was made in accordance with the rules. If the competitor thereby loses his balance and commits a foul, it shall not count against them.
- viii. In seated throws, clothing must be close fitting so that the view of the judges is not impeded.

### 22.3.3 Throws

- i. To protect the wrist from injury, a competitor may wear a bandage at the wrist. Athletes with classification F51–F53 may use strapping or a glove on their non-throwing hand, and anchor that hand to the frame.

**Note:** *Athletes in Classes F31-34, F54-57 must not use gloves.*

- ii. It shall be a foul throw/put if any part of the body touches the top of the rim or any holding device is outside the vertical plane of the edge of the circle during the throw. For athletes with F51–F58 classification only the footrest(s) or any part of the wheel or push rims not touching the circle may be outside the circumference of the circle.
- iii. A competitor shall commence a throw/put from a stationary seated position.  
*The seated position is defined as follows:*
  - a) *The athlete must sit so that both legs are in contact with the seat surface from the back of the knee to the back of the buttock.*
  - b) *This sitting position must be maintained throughout the throwing action until the throw has been marked. (Strapping across the upper thighs and or pelvis is allowed and encouraged).*
- iv. An athlete is not allowed to touch the strap(s) outside the vertical plane of the throwing circle.
- v. It shall be a failure if an athlete moves from the seated position from the time the athlete takes the implement into the starting position of the trial until the throw has been marked by an official.
- vi. A trial is complete once the implement has landed within the permitted zone.



- vii. For athletes with classification F31-F34, F51-F57, a stop board is unnecessary for all athletes competing from frames.
- viii. For athletes with classification F31-F34, F51-F57 and using an approved holding device, the rule regarding exiting the throwing circle after the throw shall not apply.
- ix. A reasonable amount of time will be permitted for an athlete's throwing frame or wheelchair to be secured in the circle before the athlete attains a seated position. The maximum time allowed is for athletes to secure themselves to the chair and have as many warm-up throws as time permits is:
  - a) 5 minutes for Sport Classes F32-34 and F54-57, or
  - b) 6 minutes for Sport Classes F31 and F51-53.

*Note:* Timing should begin at the time the chair is oriented, secured to the throwing platform and made available to the athlete to secure themselves into position.

## 23 LIMB DEFICIENCY ATHLETES (who compete standing)

### 23.1 Track Events - Classification T42–T47 & T61–T64

#### 23.1.1 Prosthesis

Athletes in classes T61, T62, T63 & T64 shall use leg prosthesis in running events. Hopping is not allowed. In all competitions except running for classes T61, T62, T63 & T64 the wearing of prosthesis is optional.

*Note:* Competition prostheses are not considered as appliances, which can give the wearer an advantage.

#### 23.1.2 Start

- i. A competitor must not touch either the start line or the ground in front of it with their hands or feet when on their marks.
- ii. For athletes with classification T35 -T38 & T42–T47 it is acceptable for arm amputee athletes or those with short arms to use pads on which to rest stumps at the start. Pads must be completely behind the start line and not interfere with any other athlete.
- iii. For further information on starting techniques for other classes, please refer to the WPA rules document.

### 23.2 Jump Events - Classification F42–F47 & F61–F64

#### 23.2.1 General

Athletes with classification T42-T44 & T61–T64 may use a running, hopping, or standing start in jumping events.

#### 23.1.3 Prosthesis

Athletes with classification T61–T64

- i. the use of prosthetic device(s) is optional.
- ii. If the prosthetic device(s) is lost during the run-up then the athlete cannot continue without the prosthetic device(s).
- iii. The athlete shall fix/adjust the prosthetic devices and recommence the trial provided they are within the time allowed for the trial.
- iv. If the prosthetic devices are lost during the process of jumping and the mark where the prosthetic device(s) lands is the closest mark to the take-off board in the landing area, then that is the mark that the trial will be measured from.
- v. If the prosthetic device(s) lands outside the landing area, it shall be counted as a failure and recorded as such.

## 24 HEARING, INTELLECTUAL, SHORT STATURE AND TRANSPLANT ATHLETES

For athletes with classification T/F 1, 20, 21, 40, 41, and 60, LANSW and World Athletics (where applicable) rules will be followed in their entirety.

- 24.1** If an athlete has a hearing impairment the starter or his assistant may use a flag, a strobe light or other visual device as well as a pistol to signal the start. In some circumstances, for athletes with both a vision and a hearing impairment, an official may touch an athlete to signal the start.

## 25 CLASSIFICATION INFORMATION

### Track & Jumps (T) & Throws (F) Events available

TRACK & JUMPS EVENTS	THROWS EVENTS
<b>Athletes with a hearing impairment</b>	<b>Athletes with a hearing impairment</b>
T01	F01
<b>Athletes with a physical impairment</b>	<b>Athletes with a physical impairment</b>
RR1-RR3	-
<b>Athletes with a visual impairment</b>	<b>Athletes with a visual impairment</b>
T11	F11
T12	F12
T13	F13
<b>Athletes with an intellectual impairment</b>	<b>Athletes with an intellectual impairment</b>
T20	F20
T21	F21
<b>Athletes with hypertonia, ataxia or athetosis who compete sitting</b>	<b>Athletes with hypertonia, ataxia or athetosis who compete sitting</b>
-	F31
T32	F32
T33	F33
T34	F34
<b>Athletes with hypertonia, ataxia or athetosis who compete standing</b>	<b>Athletes with hypertonia, ataxia or athetosis who compete standing</b>
T35	F35
T36	F36
T37	F37
T38	F38
<b>Athletes with Short Stature</b>	<b>Athletes with Short Stature</b>
T40	F40
T41	F41
<b>Athletes with limbs deficiency, muscle weakness or joint restriction who compete standing</b>	<b>Athletes with limbs deficiency, muscle weakness or joint restriction who compete standing</b>
T42	F42
T43	F43
T44	F44
T45	F45
T46	F46
T47	-
<b>Athletes with limbs deficiency, muscle weakness or joint restriction who compete in a track chair</b>	<b>Athletes with limbs deficiency, muscle weakness or joint restriction who compete seated</b>
T51	F51
T52	F52
T53	F53
T54	F54
-	F55
-	F56
-	F57
<b>Athletes with a transplant</b>	<b>Athletes with a transplant</b>

T60	F60
<b>Athletes with Limb Deficiency or Leg Length Difference who compete with a Prosthesis/Protheses</b>	<b>Athletes with Limb Deficiency or Leg Length Difference who compete with a Prosthesis/Protheses</b>
T61	F61
T62	F62
T63	F63
T64	F64