



VALOUR STATE RELAY CHAMPIONSHIPS

SUNDAY, 12 NOVEMBER 2023

TRACK PROGRAM

Event No.	Age Group - Event	Heat Or Final	Call Room By	Start Time
#50	Girls U 12/U 15 - Middle Distance	Timed Final	8:40:00	9:00:00
#51	Boys U 12/U 15 - Middle Distance	Timed Final	9:10:00	9:30:00
#52	Boys U 12 - 4 x 100m	Heats	9:40:00	10:00:00
#53	Boys U 13 - 4 x 100m	Heats	10:00:00	10:20:00
#54	Girls U 15 - 4 x 100m	Heats	10:15:00	10:35:00
#55	Girls U 14 - 4 x 100m	Heats	10:25:00	10:45:00
#56	Girls U 17 - 4 x 100m	Heats	10:40:00	11:00:00
#57	Boys U 14 - 4 x 100m	Heats	10:50:00	11:10:00
#58	Mixed U 14 - 4 x 100m	Heats	11:00:00	11:20:00
#59	Girls U 13 - 4 x 100m	Heats	11:10:00	11:30:00
#60	Mixed U 13 - 4 x 100m	Heats	11:25:00	11:45:00
#61	Boys U 15 - 4 x 100m	Heats	11:35:00	11:55:00
#62	Mixed U 15 - 4 x 100m	Heats	11:45:00	12:05:00
#63	Mixed U 12/U 15 - 4 x 100m	Heats	11:55:00	12:15:00
#64	Girls U 12 - 4 x 100m	Heats	12:05:00	12:25:00
#65	Mixed U 12 - 4 x 100m	Heats	12:20:00	12:40:00
#66	Boys U 17 - 4 x 100m	Heats	12:30:00	12:50:00
#67	Mixed U 17 - 4 x 100m	Heats	12:45:00	13:05:00
	Lunch			13:15:00
#68	Mixed U 12 - 4 x 400m	Timed Final	13:20:00	13:45:00
#69	Mixed U 13 - 4 x 400m	Timed Final	13:44:00	14:09:00
#70	Mixed U 14 - 4 x 400m	Timed Final	14:08:00	14:33:00
#71	Mixed U 15 - 4 x 400m	Timed Final	14:24:00	14:49:00
#72	Mixed U 17 - 4 x 400m	Timed Final	14:40:00	15:05:00
#73	Girls U 12 - 4 x 100m	Final	14:56:00	15:21:00
#74	Boys U 12 - 4 x 100m	Final	15:01:00	15:26:00
#75	Girls U 13 - 4 x 100m	Final	15:06:00	15:31:00
#76	Boys U 13 - 4 x 100m	Final	15:11:00	15:36:00
#77	Girls U 14 - 4 x 100m	Final	15:16:00	15:41:00
#78	Boys U 14 - 4 x 100m	Final	15:21:00	15:46:00
#79	Girls U 15 - 4 x 100m	Final	15:26:00	15:51:00
#80	Boys U 15 - 4 x 100m	Final	15:31:00	15:56:00
#81	Girls U 17 - 4 x 100m	Final	15:36:00	16:01:00
#82	Boys U 17 - 4 x 100m	Final	15:41:00	16:06:00
#83	Mixed U 12/U 15 - 4 x 100m	Final	15:46:00	16:11:00
#84	Girls U 12 - 4 x 100m	Final	15:51:00	16:16:00
#85	Mixed U 13 - 4 x 100m	Final	15:56:00	16:21:00
#86	Mixed U 14 - 4 x 100m	Final	16:01:00	16:26:00
#87	Mixed U 15 - 4 x 100m	Final	16:06:00	16:31:00
#88	Mixed U 17 - 4 x 100m	Final	16:11:00	16:36:00



VALOUR STATE RELAY CHAMPIONSHIPS

SUNDAY, 12 NOVEMBER 2023

FIELD PROGRAM

*WUT = events will be on the Warm-Up Track

Event No.	Age Group - Event	Area	Straight To Event	Start Time
#89	Boys U 14 - Discus	Discus 2	8:40:00	9:00:00
#89	Boys U 14 - Shot	Shot 1	8:40:00	9:00:00
#89	Boys U 14 -Javelin	Javelin 1	8:40:00	9:00:00
#90	Girls U 12 - Long	Long 1	8:40:00	9:00:00
#90	Girls U 12 -Triple	Triple 3	8:40:00	9:00:00
#90	Girls U 12 - High	High 2	8:40:00	9:00:00
#91	Boys U 15 - Long	Long 2	8:40:00	9:00:00
#91	Boys U 15 - High	High 4 W	8:40:00	9:00:00
#91	Boys U 15 -Triple	Triple 4	8:40:00	9:00:00
#92	Girls U 13 - Discus	Discus 3 W	8:40:00	9:00:00
#92	Girls U 13 - Shot	Shot 3 W	8:40:00	9:00:00
#92	Girls U 13 - Javelin	Javelin 2 W	8:40:00	9:00:00
#93	Boys U 17 – High	High 3	8:40:00	9:00:00
			Call Room Time	Start Time
#94	Boys U 12 – Discus	Discus 2	9:40:00	10:00:00
#94	Boys U 12 – Shot	Shot 1	9:40:00	10:00:00
#93	Boys U 17 – Long	Long 2	9:35:00	9:55:00
#93	Boys U 17 -Triple	Triple 4	9:35:00	9:55:00
#94	Boys U 12 – Javelin	Javelin 1	9:55:00	10:15:00
#95	Boys U 13 - Discus	Discus 3 W	9:50:00	10:10:00
#95	Boys U 13 - Shot	Shot 3 W	9:50:00	10:10:00
#95	Boys U 13 - Javelin	Javelin 2 W	10:05:00	10:25:00
#96	Girls U 17 – Long	Long 1	9:55:00	10:15:00
#96	Girls U 17 – Triple	Triple 3	9:55:00	10:15:00
#96	Girls U 17 – High	High 4 W	10:15:00	10:35:00
#100	Boys U 14 – High	High 3	10:35:00	10:55:00
#97	Boys U 15 – Discus	Discus 2	10:50:00	11:10:00
#97	Boys U 15 – Shot	Shot 1	10:50:00	11:10:00
#98	Girls U 14 – Discus	Discus 3 W	10:45:00	11:05:00
#98	Girls U 14 – Shot	Shot 3 W	10:45:00	11:05:00
#99	Girls U 15 – Long	Long 2	10:40:00	11:00:00
#99	Girls U 15 – Triple	Triple 4	10:40:00	11:00:00



VALOUR STATE RELAY CHAMPIONSHIPS SUNDAY, 12 NOVEMBER 2023

#97	Boys U 15 – Javelin	Javelin 1	11:20:00	11:40:00
#98	Girls U 14 – Javelin	Javelin 2 W	11:15:00	11:35:00
#100	Boys U 14 – Long	Long 1	11:05:00	11:25:00
#100	Boys U 14 – Triple	Triple 3	11:05:00	11:25:00
#99	Girls U 15 – High	High 2	10:55:00	11:15:00
#101	Boys U 17 – Discus	Discus 2	11:45:00	12:05:00
#101	Boys U 17 – Shot	Shot 1	11:45:00	12:05:00
#102	Girls U 17 – Discus	Discus 3 W	11:35:00	11:55:00
#102	Girls U 17 – Shot	Shot 3 W	11:35:00	11:55:00
#103	Boys U 12 – Long	Long 2	11:40:00	12:00:00
#103	Boys U 12 – Triple	Triple 4	11:40:00	12:00:00
#101	Boys U 17 – Javelin	Javelin 1	12:25:00	12:45:00
#102	Girls U 17 – Javelin	Javelin 2 W	12:15:00	12:35:00
#104	Girls U 14 – High	High 4 W	12:15:00	12:35:00
#105	Girls U 13 – Long	Long 1	12:05:00	12:25:00
#105	Girls U 13 – Triple	Triple 3	12:05:00	12:25:00
#106	Girls U 12 – Discus	Discus 2	12:45:00	13:05:00
#106	Girls U 12 – Shot	Shot 1	12:45:00	13:05:00
#103	Boys U 12 – High	High 3	12:15:00	12:35:00
#107	Girls U 15 – Shot	Shot 3 W	12:30:00	12:50:00
#105	Girls U 13 – High	High 2	12:35:00	12:55:00
#107	Girls U 15 – Discus	Discus 3 W	12:30:00	12:50:00
#106	Girls U 12 – Javelin	Javelin 1	13:35:00	13:55:00
#104	Girls U 14 – Long	Long 2	13:10:00	13:30:00
#104	Girls U 14 – Triple	Triple 4	13:10:00	13:30:00
#107	Girls U 15 – Javelin	Javelin 2 W	13:20:00	13:40:00
#108	Boys U 13 – Long	Long 1	13:35:00	13:55:00
#108	Boys U 13 – Triple	Triple 3	13:35:00	13:55:00
#108	Boys U 13 – High	High 4 W	14:15:00	14:35:00
#109	Mixed U 12/15 - 4 x Long Jump	Long 2	14:20:00	14:40:00

*WUT = events will be on the Warm-Up Track