

HART ZONE SPORT CHAMPIONSHIPS



 Little Athletics
NSW

2023/24

A Warm Welcome To All

On behalf of the Shoalhaven Little Athletics Centre, its committee and athletes I'd like to welcome you to Ron Brown Oval for the 2023/2024 Mid-South Coast Zone Championships.

I wish to acknowledge the traditional owners, past, present, and future of the Yuin people whose land on which we will compete this weekend. In this great country of Australia, it is a privilege and honour to share it these wonderful people.

To all the athletes competing at this weekend's carnival, I wish you all the best in your chosen events and for all those successful athletes I also wish you all the best at the Region 4 Championships to be held in Wollongong at Kerryn McCann Athletic Centre in 2024, and hopefully on to State. We all hope for good comradeship, sportsmanship, and good weather. Looking forward to seeing some records broken.

Thanks to our special guest, Scott Johnson President of Nowra Athletics Club, who will open the Championships and judge the March Past.

We have a great menu for this weekend's carnival, with our BBQ running hot with a selection of Hot Dogs, Cheese burgers, Egg and Bacon Rolls, Sausage sambos, cold drinks, lollies and more. There will also be a Coffee Van both days. Officials and age managers will be catered for with meal and drink vouchers. A drinks cart will also do a regular lap of the track. EFT Pos will be available at the canteen.

A huge thank you to all the officials and volunteers that will be on duty for the carnival. We really do appreciate the time and effort you give. We would not be able to run on Tuesday nights without you let alone a carnival. To the committee of SLAC thank you all.

The school grounds are locked at the end of each day with Shoalhaven security making regular rounds. Member's gazebos can be left at the ground but remain the owner's responsibility.

On behalf of the SLAC committee have a great weekend.

Scott McLaren

President

Shoalhaven Little Athletics Centre



Mid South Coast Zone Championships



The Carnival Manager shall have the right to combine events where necessary, but separate results shall be recorded for each event so combined.

All athletes at the Zone Championships will receive certificates. The first three (3) place getters in the Under 7 events will receive State medals. The first three (3) place getters in all other age groups will receive Zone medals.

The first three (3) place getters in all Under 8 to Under 17 finals will progress to the Region 4 Championships at the Kerryn McCann Athletics Centre, Wollongong, on Saturday 10th and Sunday 11th February 2024. In addition, the next best four (4) performances in each event across Region 4 will also qualify for the Region 4 Championships. The first two (2) place getters in the Relays will progress to the Region 4 Championships.

Should an athlete, for any reason, be unable to attend the Region 4 Championships, the Information Officer should be informed immediately. This will be the only opportunity for replacements to be considered. No further withdrawals/replacements will be accepted/designated after the completion of the Zone Championships.

At the Region 4 Championships the first two (2) place getters in all Under 9 to Under 17 finals will progress to the State Track And Field Championships at Sydney Olympic Park Athletic Centre, Homebush on Friday 22nd, Saturday 23rd and Sunday 24th March 2024. In addition, the next best eight (8) performances in each event across all Regions will also qualify for the State Track And Field Championships.

No State records, either track or field, are recognised at the Zone Championships.

On the track, if insufficient athletes turn up when an event is called for heats to be run, then the final will be run instead of the heats and the final listed later in the program will be cancelled.

During heats all straight lanes will be used. If finals are run where heats should be then all lanes could be used. If finals are run after heats, then only eight (8) lanes will be used.

The competition area is only for athletes, officials, and parent helpers. No spectators are permitted inside the area of competition at any time without prior consent from the Carnival Manager.

Centre Team Managers are recognised as the official representatives for Centres at the Zone Championships. Issues that arise during the Zone Championships must be communicated via Team Managers to the Information Officer for subsequent consideration and/or action.

SPONSOR



SPECIAL GUEST

Scott Johnson
(President Of Nowra Athletics Club)

LIVE RESULTS

Live Results are available at www.littleareults.com.
Use the QR Code below to access event results.



Centre Information

Centre	Abbrev.	No.	Uniform	Team Manager
Albion Park	ALB	71	Red, white & navy blue with wave midriff pattern. Navy blue shorts.	Fernando Oiteirinho
Kiama	KIA	114	Lime green with black & white trim. Black shorts.	Josh Hewitt Kelly Hewitt
Lake Illawarra	LKI	10	Royal blue, black panels with black and white contoured striping. Royal blue or black shorts.	Simone Ivanovski Ashleigh Graham
Milton Ulladulla	MIL	185	Black with two white diagonal stripes. Black shorts.	Lisa Kann
Shoalhaven	SHO	120	Royal blue with dark blue, white & red pattern on LHS. Matching shorts.	Kylie Oke
St Georges Basin	SGB	167	Red & black with white "V" stripe. Black shorts.	Claire Bozikov

Uniform Requirements

Athletes must compete in correct Centre uniform. The McDonald's registration number **MUST** have the **FULL** red border clearly visible. If this number is too large for the girls' crop top it may be folded at the top **ONLY**. The Coles patch **MUST** be placed on the front right shoulder and the Age patch on the front left-hand side of the uniform.

Dean Blair Registration Numbers Under 7 To Under 17

Albion Park	134	Milton Ulladulla	13
Kiama	75	Shoalhaven	188
Lake Illawarra	108	St Georges Basin	87

Mid South Coast Zone - Life Members

Howard McGarry - Lake Illawarra (1999)
 Peter Cotter - St Georges Basin (2000)
 Sonja Schofield - Shoalhaven (2001)
 Heather Jimenez - Lake Illawarra (2001)
 Carol McGarry - Lake Illawarra (2003)
 Janet Poppett - Kiama (2004)

Gary Poppett - Kiama (2004)
 Jan Cotter - St Georges Basin (2006)
 Paul Joines - St Georges Basin (2009)
 Craig Scott - Kiama (2009)
 Stacey Scott - Kiama (2009)

Officials For Mid South Coast Zone Championships
Held at Ron Brown Sporting Complex
2nd and 3rd December, 2023

Host Centre		Shoalhaven
Carnival Manager	Doonan McLaren	Zone Coordinator
Assist. Carnival Manager	Scott McLaren	Shoalhaven
Timing Gates	Isaac Wilson	Albion Park
Starting Panel	Andrew Flint Colin McCallum Brad Stevens	Shoalhaven Shoalhaven Shoalhaven
Announcer	Adam Kann	Milton Ulladulla
Information Officer	Adam Kann	Milton Ulladulla
Safety Officer	Katie Dent	Albion Park
Jury Of Appeal	Doonan McLaren Simone Ivanovski Craig Scott	Zone Coordinator Lake Illawarra Kiama
Walks Panel	Irwin Burbage Tracy Mandavy Tsar Mandavy Kevin McGarry	Shoalhaven St Georges Basin St Georges Basin Lake Illawarra
Recording	Tracy Mandavy	St Georges Basin
Computer Coordinator	Craig Scott	Kiama
Medal Presentations (Under 7's Only)	Doonan McLaren	Zone Coordinator
Medical Officer	Colleen Allen	St Georges Basin
Dean Blair Trophy Compiler	Craig Scott	Kiama
Track Marshalling		All Centres
Shot Put Chief	Jacque Peace	Shoalhaven
Discus Chief	Ron Cox	Shoalhaven
Long/Triple Jump Chief - 1	Trudy Wheeler	St Georges Basin
Long/Triple Jump Chief - 2	Tsar Mandavy	St Georges Basin
High Jump Chief	Craig Scott	Kiama
Javelin Chief	Scott McLaren	Shoalhaven

Protocol

1. We require assistance to run events. If an official requests assistance at an event, please help. There will be delays if there are insufficient personnel available to run events.
2. Parents must wear enclosed shoes when assisting at events.
3. Parent helpers are not permitted to coach or assist athletes at events.
4. Parent helpers are to refrain from cheering athletes from the inside of the track.
5. The competition area is only for athletes, officials, and parent helpers. No spectators are permitted inside the fence at any time without prior consent from the Carnival Manager.

Starting Times

Saturday

- 8:00am First call for Officials
- 8:15am First call for March Past
- 8:30am March Past commences
- 8:45am Official Opening
- 9:00am First call for Events
- 9:15am First Events commence

Opening Ceremony

1. March Past winner's trophy presented by Scott Johnson.
2. Dean Blair Trophy - Doonan McLaren to address guests and athletes.
3. Hand over Dean Blair trophy to Zone Coordinator by previous winner.
4. National Anthem
5. Official Opening by Scott Johnson.

Sunday

- 8:30am First call for Officials
- 8:45am First call for Events
- 9:00am First Events commence

Relay Teams

The first two (2) place getters in the Relays will progress to the Region 4 Championships.

Team Composition

Junior Relay

4 athletes (one athlete from U9, U10, U11 & U12)

U12 may be replaced by an U9, U10 or U11

U11 may be replaced by an U9 or U10

U10 may be replaced by an U9

Senior Relay

4 athletes (one athlete from U13, U14, U15 & U17)

U17 may be replaced by an U15, U14 or U13

U15 may be replaced by an U14 or U13

U14 may be replaced by an U13

U13 may be replaced by an U12 (Note: a maximum of 1 x U12 athlete may be used in a senior relay team. If an U12 is used in the Senior Relay team the same athlete cannot be a member of the Junior Relay team).

Athletes may compete in any order in Relays.

Dean Blair Memorial Trophy

Dean Blair was a member of Kiama Little Athletics Centre from September to December 1980. During his short but exceptionally progressive membership he excelled in both track and field events. Having not been coached he was a "natural" little athlete.

Joining at the age of nine (9) he broke fifteen (15) records in three (3) months, a testimony to his natural ability.

Among his achievements were:

100m	14.6 secs	1500m	5 mins 31.3 secs
200m	29.8 secs	60m/h	10.3 secs
400m	1 min 6.8 secs	Discus	23.90m
800m	2 mins 42.1 secs	Long Jump	4.35m

He displayed a great degree of enthusiasm, sportsmanship, and co-operation, which is a necessary ingredient to be given in order to gain from athletics. His one aim was to be good enough to compete at the Olympics.

Tragically, Dean died on the 5th of December 1980 as a result of a playground accident at school. At the time he had been looking forward to, and preparing for, the Zone Championships and had entered his four (4) events. He died the day before the Championships were to begin.

As a result of this the idea of a perpetual memorial trophy for these Championships came into being. Exclusively through the thoughtfulness of Mr Bill Young and Mr John May, from Lake Illawarra Little Athletics Centre. Mr John May crafted the original trophy, and it was first presented in 1982.

The inscription on the base reads:

"This trophy is in memory of a little boy who gave so much. May his love of athletics be an inspiration and enjoyment for all young, dedicated athletes to follow. May their efforts fulfil his dreams."

His parents dedicated this inscription.

He is a little boy now, so sadly missed.

My encouragement goes out to all young athletes competing in the Zone Championships each year. The spirit of team effort and loyalty to each other is quite evident.

Good luck to all,
Mrs Joan Blair

Dean Blair Memorial Trophy

Previous Winners

1982-83 Lake Illawarra
1983-84 Kiama
1984-85 Lake Illawarra
1985-86 Lake Illawarra
1986-87 Lake Illawarra
1987-88 Albion Park
1988-89 Albion Park
1989-90 Albion Park
1990-91 Albion Park
1991-92 Albion Park
1992-93 Albion Park
1993-94 Lake Illawarra
1994-95 Albion Park
1995-96 St Georges Basin
1996-97 Kiama
1997-98 Lake Illawarra
1998-99 St Georges Basin
1999-00 Albion Park
2000-01 Lake Illawarra
2001-02 St Georges Basin
2002-03 Lake Illawarra



2003-04 Albion Park
2004-05 Albion Park
2005-06 Albion Park
2006-07 Lake Illawarra
2007-08 Albion Park
2008-09 Albion Park
2009-10 Albion Park
2010-11 Albion Park
2011-12 Albion Park
2012-13 Albion Park
2013-14 Albion Park
2014-15 Albion Park
2015-16 Albion Park
2016-17 Albion Park
2017-18 Albion Park
2018-19 Albion Park
2019-20 Albion Park
2020-21 Not Awarded (COVID)
2021-22 Albion Park
2022-23 Albion Park

The Dean Blair Memorial Trophy is calculated on a Centre point score system. The system used to determine the winning Centre is set out below.

Points : The points for the calculation of the Dean Blair Memorial Trophy are gained in the following manner:

5 points for 1st
4 points for 2nd
3 points for 3rd
1 point for each other place

The above points are awarded to place getters in **ALL** track and field events in finals only except for the relays.

Registrations : The number of athletes registered at each Centre from Under 7 to Under 17 as at the cut off date for Zone nominations.

Calculation : The following formula is used to calculate the points score for each Centre. The Centre with the highest points score being the winner.

$$\frac{\text{Points} \times 100}{\text{Registrations}}$$

To each Centre - GOOD LUCK!

Placement of numbers and patches for all Little Athletics NSW Events & Carnivals

Registration number, age patch and sponsor patch placement for all registered athletes is as per the pictures below



REGISTRATION NUMBER

ALL ATHLETES FROM TINY TOTS TO U17 WEAR THE MCDONALD'S REGISTRATION NUMBER WHICH **MUST** HAVE THE **FULL** RED BORDER SHOWING INCLUDING THE YEAR, AND BE PLACED IN THE CENTRE OF THE UNIFORM TOP (SEE ABOVE)

AGE PATCH

FOR ALL AGES THE AGE PATCH **MUST** BE PLACED ON THE FRONT LEFT HAND SIDE OF THE UNIFORM. THIS CAN BE ON THE SHOULDER OR SHORTS (SEE ABOVE)

SPONSOR PATCH

COLES SPONSORS PATCH (AS ABOVE) **MUST** BE PLACED ON THE FRONT RIGHT SHOULDER OF ALL UNIFORMS. IT CAN BE PLACED OVER THE CORNER OF THE RED BORDER OF THE NUMBER, BUT MUST NOT COVER THE MCDONALD'S LOGO OR REGISTRATION NUMBER.

PROGRESSION FROM ZONE TO REGION AND REGION TO STATE

Region	What zones are in this region?	What places automatically progress to region from zone? Please note that any places not filled by automatic progression will not be filled by additional next best performances	What is maximum number of next best qualifiers that will progress to region from across all zone results in the region?	What places automatically progress to state from region? Please note that any places not filled by automatic progression will not be filled by additional next best performances	What is maximum number of next best qualifiers that will progress to state from across all region results?	What number of relays progress from zone to region?	What number of relays progress from region to state?
1	New England, Northern Rivers and Mid North Coast	First 4 Places	4	First 2 Places	8	First 2 Places	First Place
2	Central Coast, Lake Macquarie, Hunter, and Port Hunter	First 3 Places	4	First 2 Places	8	First 2 Places	First Place
3	Western Plains and Western Ranges	First 6 Places	4	First 2 Places	8	First 3 Places	First Place
4	Eastern Riverina, Western Riverina, Mid South Coast and South Coast Highlands	First 3 Places	4	First 2 Places	8	First 2 Places	First Place
5	Northern Metropolitan and North East Metropolitan	First 6 Places	4	First 2 Places	8	First 3 Places	First Place
6	West Metropolitan, Outer West Metropolitan and North West Metropolitan	First 4 Places	4	First 2 Places	8	First 2 Places	First Place
7	Central West Metropolitan, South West Metropolitan and Mid West Metropolitan	First 4 Places	4	First 2 Places	8	First 2 Places	First Place
8	Inner City and Southern Metropolitan	First 6 Places	4	First 2 Places	8	First 3 Places	First Place

NOTE:

- If only 9 athletes arrive at the call room from entries to heats then the heats may be collapsed to a final of a maximum of 9 athletes
- If after resolving a protest in an earlier heat an additional athlete is added to the final, then this can result in 9 athletes being in the final, Only the top 8 will be considered for progression, so that all zones have the same number of athletes qualifying to the next level).

Selection of next best performances

- Performances in heats cannot be considered in selection of next best performances unless event is run as a Timed Final.
- Performances from all competitors in a field event will be assessed for next best performances. This means that an athlete who does not reach the second round (or final 3 trials) may still perform a next best performance.
- Performances from all competitors in all pack events (eg. 800 metres) will be assessed for next best performances.

MID SOUTH COAST ZONE TRACK & FIELD CHAMPIONSHIPS

Ron Brown Sporting Complex

Session: 1 Saturday Track Events

Day 1 - Saturday 02/12/2023 - Starts at 09:15 AM

Event	Description	Round
#1	Girls U 7 - 500 Metre Run Pack Start	Final
#2	Boys U 7 - 500 Metre Run Pack Start	Final
#3	Girls U 11 - 1500 Metre Run	Final
#4	Girls U 12 - 1500 Metre Run	Final
#5	Boys U 11 - 1500 Metre Run	Final
#6	Boys U 12 - 1500 Metre Run	Final
#7	Girls U 13 - 1500 Metre Run	Final
#8	Girls U 15 - 1500 Metre Run	Final
#9	Girls U 17 - 1500 Metre Run	Final
#10	Boys U 13 - 1500 Metre Run	Final
#11	Boys U 14 - 1500 Metre Run	Final
#12	Boys U 15 - 1500 Metre Run	Final
#13	Boys U 17 - 1500 Metre Run	Final
#14	Girls U 8 - 60 Metre Hurdles (45cm)	Heats
#15	Boys U 8 - 60 Metre Hurdles (45cm)	Heats
#16	Girls U 13 - 200 Metre Hurdles (68cm)	Final
#17	Girls U 14 - 200 Metre Hurdles (76cm)	Final
#18	Boys U 14 - 200 Metre Hurdles (76cm)	Final
#19	Girls U 15 - 300 Metre Hurdles (76cm)	Final
#20	Girls U 17 - 300 Metre Hurdles (76cm)	Final
#21	Boys U 17 - 300 Metre Hurdles (76cm)	Final
#22	Girls U 8 - 60 Metre Hurdles (45cm)	Final
#23	Boys U 8 - 60 Metre Hurdles (45cm)	Final
#24	Girls U 9 - 60 Metre Hurdles (45cm)	Final
#25	Boys U 9 - 60 Metre Hurdles (45cm)	Final
#26	Girls U 10 - 60 Metre Hurdles (60cm)	Final
#27	Boys U 10 - 60 Metre Hurdles (60cm)	Final
#28	Girls U 8 - 100 Metre Sprint	Heats
#29	Girls U 10 - 100 Metre Sprint	Heats
#30	Boys U 10 - 100 Metre Sprint	Heats
#31	Girls U 12 - 100 Metre Sprint	Heats
#32	Girls U 13 - 400 Metre Sprint	Final
#33	Boys U 13 - 400 Metre Sprint	Final
#34	Girls U 14 - 400 Metre Sprint	Final
#35	Boys U 14 - 400 Metre Sprint	Final
#36	Girls U 15 - 400 Metre Sprint	Final
#37	Boys U 15 - 400 Metre Sprint	Final
#38	Girls U 17 - 400 Metre Sprint	Final
#39	Boys U 17 - 400 Metre Sprint	Final
#40	Girls U 8 - 400 Metre Run Pack Start	Final
#41	Boys U 8 - 400 Metre Run Pack Start	Final
#42	Girls U 9 - 400 Metre Sprint	Final
#43	Boys U 9 - 400 Metre Sprint	Final

*Bracketed events will be combined.

Event	Description	Round
#44	Girls U 10 - 400 Metre Sprint	Final
#45	Boys U 10 - 400 Metre Sprint	Final
#46	Girls U 11 - 400 Metre Sprint	Final
#47	Boys U 11 - 400 Metre Sprint	Final
#48	Girls U 12 - 400 Metre Sprint	Final
#49	Boys U 12 - 400 Metre Sprint	Final
#50	Girls U 7 - 100 Metre Sprint	Final
#51	Girls U 13 - 100 Metre Sprint	Final
#52	Boys U 13 - 100 Metre Sprint	Final
#53	Girls U 14 - 100 Metre Sprint	Final
#54	Boys U 14 - 100 Metre Sprint	Final
#55	Boys U 15-17 100 Metre Multi Class Run	Final
#56	Girls U 15 - 100 Metre Sprint	Final
#57	Girls U 17 - 100 Metre Sprint	Final
#58	Boys U 17 - 100 Metre Sprint	Final
#59	Girls U 8 - 100 Metre Sprint	Final
#60	Boys U 8 - 100 Metre Sprint	Final
#61	Girls U 9 - 100 Metre Sprint	Final
#62	Boys U 9 - 100 Metre Sprint	Final
#63	Girls U 10 - 100 Metre Sprint	Final
#64	Boys U 10 - 100 Metre Sprint	Final
#65	Girls U 11 - 100 Metre Sprint	Final
#66	Boys U 11 - 100 Metre Sprint	Final
#67	Girls U 12 - 100 Metre Sprint	Final
#68	Boys U 12 - 100 Metre Sprint	Final
#69	Girls U 7 - 50 Metre Sprint	Final
#70	Boys U 7 - 50 Metre Sprint	Final
#71	Girls U 13 - 3000 Metre Run	Final
#72	Boys U 13 - 3000 Metre Run	Final
#73	Boys U 14 - 3000 Metre Run	Final
#74	Girls U 15 - 3000 Metre Run	Final
#75	Girls U 17 - 3000 Metre Run	Final
#76	Boys U 17 - 3000 Metre Run	Final

*Bracketed events will be combined.

MID SOUTH COAST ZONE
TRACK & FIELD CHAMPIONSHIPS - 2/12/2023 to 3/12/2023
Ron Brown Sporting Complex
Meet Program - Saturday Track Events

Event 1 Girls U 7 - 500 Metre Run Pack Start (4)

Zone: 1:49.10 30/01/2000 Paige Fenech

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	36075 Aaliyah Hetherington		Albion Park	
2	35931 Zariah Hennen		Albion Park	
3	35936 Felicity Houldsworth		Albion Park	
4	12940 Rosie Lester		Lake Illawarra	

Event 2 Boys U 7 - 500 Metre Run Pack Start (4)

Zone: 1:46.70 27/01/2008 Mitchell Potts

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

5	12974 Jesse Tebb		Lake Illawarra	
6	33485 Blake Fryar		Shoalhaven	
7	33513 Jai Burbage		Shoalhaven	
8	20677 Luke Dennett		St Georges Basin	

Event 3 Girls U 11 - 1500 Metre Run (4)

Zone: 4:54.00 29/01/2000 Cian Maciejewski

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	36018 Brooklyn McWilliams		Albion Park	
2	20715 Sienna Stoddart		St Georges Basin	
3	35903 India Binks		Albion Park	
4	33466 Annie Dziubinski		Shoalhaven	

Event 4 Girls U 12 - 1500 Metre Run (4)

Zone: 5:01.10 29/01/1983 K Tieck

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

4	38592 Lena Flore-Quirk		Milton-Ulladulla	
5	33625 Eleanor Parnell		Shoalhaven	
6	33540 Emerson Boatswain		Shoalhaven	
7	35920 Hayley Bennett		Albion Park	

Event 5 Boys U 11 - 1500 Metre Run (2)

Zone: 4:56.10 24/01/1981 Simon Hull

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	35946 Ky Jesus		Albion Park	
2	38589 Jonah Kann		Milton-Ulladulla	

Event 6 Boys U 12 - 1500 Metre Run (4)

Zone: 4:46.10 30/01/1982 Simon Hull

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

3	35906 Parker Bruce		Albion Park	
4	35912 Xavier Wilson		Albion Park	
5	33536 Macarthur Davis		Shoalhaven	
6	33581 Elijah Mercer		Shoalhaven	

Event 7 Girls U 13 - 1500 Metre Run (3)

Zone: 5:06.10 29/01/1994 T Moxham

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	33467 Airlie Stevens		Shoalhaven	
2	33494 Keira Forster		Shoalhaven	
3	33578 Madeline Oke		Shoalhaven	

Event 8 Girls U 15 - 1500 Metre Run (1)

Zone: 4:50.70 10/12/2011 Jessica Hull

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

4	33577 Olivia Oke		Shoalhaven	
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Event 9 Girls U 17 - 1500 Metre Run (1)

Zone: 4:37.40 14/12/2013 Jessica Hull

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

5	33623 Emily McLaren		Shoalhaven	
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Event 10 Boys U 13 - 1500 Metre Run (2)

Zone: 4:39.10 29/01/1983 Simon Hull

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	36054 Jacob Stoneham		Albion Park	
2	36063 Jed Fowler		Albion Park	

Event 11 Boys U 14 - 1500 Metre Run (1)

Zone: 4:46.80 28/01/2006 Jason Invernon

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

3	35972 Deakin Cook		Albion Park	
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Event 12 Boys U 15 - 1500 Metre Run (1)

Zone: 4:36.60 29/01/2000 Jared Poppett

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

4	36055 William Stoneham		Albion Park	
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Event 13 Boys U 17 - 1500 Metre Run (3)

Zone: 4:17.80 3/12/2022 Moses Fowler

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

5	33624 Hamish McLaren		Shoalhaven	
6	12999 Parker Ivanovski		Lake Illawarra	
7	36062 Moses Fowler		Albion Park	

Event 14 Girls U 8 - 60 Metre Hurdles (45cm) (11)**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Zone: 11.70 13/12/2008 Shenay Edwards

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Heats

2	33472 Imogen Bertholini		Shoalhaven	
3	12914 Holly Smyth		Lake Illawarra	
4	33442 Macey Dixon		Shoalhaven	
5	12907 Hannah Auld		Lake Illawarra	
6	33530 Madison Sandstrom		Shoalhaven	
7	38572 Grace Braddick		Milton-Ulladulla	

MID SOUTH COAST ZONE
TRACK & FIELD CHAMPIONSHIPS - 2/12/2023 to 3/12/2023
Ron Brown Sporting Complex
Meet Program - Saturday Track Events

Heat 2 of 2 Heats...(Event 14 Girls U 8 - 60 Metre Hurdles (45cm) (11

2	10678 Marley Walker	St Georges Basin
3	33600 Emery Pienaar	Shoalhaven
4	38571 Arianne Lang	Milton-Ulladulla
5	33473 Hayley Astin-Briggs	Shoalhaven
6	12957 Zaeli Talbot	Lake Illawarra

Event 15 Boys U 8 - 60 Metre Hurdles (45cm) (9)**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Zone: 11.10 28/01/2006 Hayden Moon

Zone: 11.10 13/12/2008 Jarrod Coomby

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Heats

2	33426 Tallan Carley	Shoalhaven
3	20709 Liam Davison	St Georges Basin
4	33445 Liam France	Shoalhaven
5	35934 Oscar Goode	Albion Park
6	33446 Harrison Withyman	Shoalhaven

Heat 2 of 2 Heats

2	36030 Isaiah Ayoub	Albion Park
3	24036 Levi Winchester	Kiama
4	33501 Jasper McConville	Shoalhaven
5	20689 Jackson Porteous	St Georges Basin

Event 16 Girls U 13 - 200 Metre Hurdles (68cm) (1)

Zone: 29.70 12/12/2015 Zoe Chater

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	13010 Calai Dach	Lake Illawarra
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Event 17 Girls U 14 - 200 Metre Hurdles (76cm) (5)

Zone: 28.50 28/01/2006 Janaya Zivkovic

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

3	36005 Ruby Kerr	Albion Park
4	33537 Elizabeth Davis	Shoalhaven
5	35980 Chelsea Nicol	Albion Park
6	35975 Ella Power	Albion Park
7	13005 Isabella Clowes	Lake Illawarra

Event 18 Boys U 14 - 200 Metre Hurdles (76cm) (1)

Zone: 27.10 29/01/2011 Jye Brooker

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

8	36022 Lucius Te Ahuru Itama	Albion Park
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Event 19 Girls U 15 - 300 Metre Hurdles (76cm) (1)

Zone: 51.20 10/12/2016 Teagan Berry

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	24026 Maiya Hewitt	Kiama
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Event 20 Girls U 17 - 300 Metre Hurdles (76cm) (1)

Zone: 50.70 1/12/2018 Georgia Richards

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

3	20713 Jasmine Wheeler	St Georges Basin
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Event 21 Boys U 17 - 300 Metre Hurdles (76cm) (1)

Zone: 43.10 10/12/2016 Luke Hunter

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

4	36033 Joshua Lakeman	Albion Park
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Event 24 Girls U 9 - 60 Metre Hurdles (45cm) (5)

Zone: 10.30 13/12/2014 Delta Amidzovski

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	33520 Claire Sargent	Shoalhaven
3	38616 Mila Graham	Milton-Ulladulla
4	33658 Addison Galloway	Shoalhaven
5	20742 Tilly O'Connor	St Georges Basin
6	35949 Tanisha Murray	Albion Park

Event 25 Boys U 9 - 60 Metre Hurdles (45cm) (5)

Zone: 10.00 24/01/1998 Kane Linnett

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	24039 Silas Kiehl	Kiama
3	35913 Lincoln Gorrie	Albion Park
4	24037 Billy Winchester	Kiama
5	36003 Aiden Elphick	Albion Park
6	33457 Thomas Dziubinski	Shoalhaven

Event 26 Girls U 10 - 60 Metre Hurdles (60cm) (7)

Zone: 10.60 12/12/2015 Delta Amidzovski

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	12929 Zoe Gregory	Lake Illawarra
3	33636 Matilda Hellyer	Shoalhaven
4	12965 Olivia Brown	Lake Illawarra
5	12944 Darcy Kite	Lake Illawarra
6	33465 Ashleigh Astin-Briggs	Shoalhaven
7	12956 Aleaha Talbot	Lake Illawarra
8	20692 Ruby Chapman	St Georges Basin

Event 27 Boys U 10 - 60 Metre Hurdles (60cm) (3)

Zone: 10.40 12/12/2009 Tristan Brazilaitis

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	38586 Teddy Braddick	Milton-Ulladulla
3	33427 Tristan Carley	Shoalhaven
4	33549 Elijah Cook	Shoalhaven

Event 28 Girls U 8 - 100 Metre Sprint (11)**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Zone: 16.00 26/01/1980 K Taylor

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Heats

2	24085 McKenzie Harding	Kiama
3	38571 Arianne Lang	Milton-Ulladulla
4	33627 Penny Boyle	Shoalhaven
5	12907 Hannah Auld	Lake Illawarra
6	38573 Lucy Kann	Milton-Ulladulla
7	33472 Imogen Bertholini	Shoalhaven

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Heat 2 of 2 Heats...(Event 28 Girls U 8 - 100 Metre Sprint (11))

2	33600 Emery Pienaar	Shoalhaven
3	12957 Zaeli Talbot	Lake Illawarra
4	33440 Mia De Ruyter	Shoalhaven
5	38574 Marla Flore-Quirk	Milton-Ulladulla
6	10678 Marley Walker	St Georges Basin

Event 29 Girls U 10 - 100 Metre Sprint (14)**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Zone: 14.10 25/01/1986 S Gown

Zone: 14.10 28/01/2006 Shayna Wilson

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Heats

2	33523 Annabelle Seymour-Mi	Shoalhaven
3	35951 Maeve Rimmer	Albion Park
4	33574 Ivy Horwood	Shoalhaven
5	12929 Zoe Gregory	Lake Illawarra
6	33636 Matilda Hellyer	Shoalhaven
7	12956 Aleaha Talbot	Lake Illawarra
8	35937 Elivia Kirk	Albion Park

Heat 2 of 2 Heats

2	12944 Darcy Kite	Lake Illawarra
3	33465 Ashleigh Astin-Briggs	Shoalhaven
4	24112 Elsey Chapman	Kiama
5	12978 Kalani Warren	Lake Illawarra
6	20692 Ruby Chapman	St Georges Basin
7	12965 Olivia Brown	Lake Illawarra
8	33659 Mia Musson	Shoalhaven

Event 30 Boys U 10 - 100 Metre Sprint (9)**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Zone: 13.10 26/01/1980 David Carter

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Heats

2	33549 Elijah Cook	Shoalhaven
3	13015 Saxon Rogers	Lake Illawarra
4	36046 Soul Evans	Albion Park
5	24075 Tasman Oldfield	Kiama
6	36058 Fynn Gillet	Albion Park

Heat 2 of 2 Heats

2	33427 Tristan Carley	Shoalhaven
3	36048 Ziggy Evans	Albion Park
4	20750 Jaison Fuller	St Georges Basin
5	33626 Edward Parnell	Shoalhaven

Event 31 Girls U 12 - 100 Metre Sprint (9)**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Zone: 13.10 27/01/1979 Kim Wilson

Zone: 13.10 28/01/2006 Abbie Taddeo

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Heats

2	38591 Hollie Braddick	Milton-Ulladulla
3	12983 Chleo Luis	Lake Illawarra
4	38608 Mia Ferguson	Milton-Ulladulla
5	20743 Layla Bishop	St Georges Basin
6	20747 Ava Porteous	St Georges Basin

Heat 2 of 2 Heats

2	38592 Lena Flore-Quirk	Milton-Ulladulla
3	33458 Sophie Bull	Shoalhaven
4	20688 Jaylah Russell	St Georges Basin
5	35950 Kaylie Murray	Albion Park

Event 32 Girls U 13 - 400 Metre Sprint (3)

Zone: 1:01.30 1/12/2018 Chelsea Ezeoke

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	33573 Brooklyn Horwood	Shoalhaven
3	33494 Keira Forster	Shoalhaven
4	33467 Airlie Stevens	Shoalhaven

Event 33 Boys U 13 - 400 Metre Sprint (3)

Zone: 59.80 10/12/2011 Zachary Havadjia

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

5	36054 Jacob Stoneham	Albion Park
6	36063 Jed Fowler	Albion Park
7	24087 Sinclair Davis	Kiama

Event 34 Girls U 14 - 400 Metre Sprint (6)

Zone: 59.60 14/12/2019 Chelsea Ezeoke

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	35975 Ella Power	Albion Park
2	38594 Suvi Flore-Quirk	Milton-Ulladulla
3	35980 Chelsea Nicol	Albion Park
4	13012 Ellie King	Lake Illawarra
5	36005 Ruby Kerr	Albion Park
6	33537 Elizabeth Davis	Shoalhaven

Event 35 Boys U 14 - 400 Metre Sprint (2)

Zone: 55.50 8/12/2012 Zachary Havadjia

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

7	35958 Ryder Haines	Albion Park
8	35972 Deakin Cook	Albion Park

Event 36 Girls U 15 - 400 Metre Sprint (2)

Zone: 59.90 8/12/2012 Susie Seitavidis

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	33660 Haylee Connelly	Shoalhaven
3	36019 Darcie Dwyer	Albion Park

Event 37 Boys U 15 - 400 Metre Sprint (1)

Zone: 55.10 14/12/2013 Zachary Havadjia

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

4	36055 William Stoneham	Albion Park
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Event 38 Girls U 17 - 400 Metre Sprint (4)

Zone: 1:00.30 12/12/2015 Kiara White			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
2	35976 Ava Power	Albion Park	
3	33499 Grace Gibson	Shoalhaven	
4	33623 Emily McLaren	Shoalhaven	
5	24027 Ella Hewitt	Kiama	

Event 39 Boys U 17 - 400 Metre Sprint (3)

Zone: 52.70 8/12/2012 Billy Wallington			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
6	36062 Moses Fowler	Albion Park	
7	33624 Hamish McLaren	Shoalhaven	
8	36033 Joshua Lakeman	Albion Park	

Event 40 Girls U 8 - 400 Metre Run Pack Start (9)

Zone: 1:17.40 27/01/2001 Paige Fenech			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	38574 Marla Flore-Quirk	Milton-Ulladulla	
2	33632 Makayla Musson	Shoalhaven	
3	38571 Arianne Lang	Milton-Ulladulla	
4	24085 McKenzie Harding	Kiama	
5	38572 Grace Braddick	Milton-Ulladulla	
6	33627 Penny Boyle	Shoalhaven	
7	38573 Lucy Kann	Milton-Ulladulla	
8	10678 Marley Walker	St Georges Basin	
9	33440 Mia De Ruyter	Shoalhaven	

Event 41 Boys U 8 - 400 Metre Run Pack Start (7)

Zone: 1:16.10 13/12/2008 Mitchell Potts			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	20740 Toby Pell	St Georges Basin	
2	33445 Liam France	Shoalhaven	
3	12909 Jude Bish	Lake Illawarra	
4	24036 Levi Winchester	Kiama	
5	33426 Tallan Carley	Shoalhaven	
6	35934 Oscar Goode	Albion Park	
7	20709 Liam Davison	St Georges Basin	

Event 42 Girls U 9 - 400 Metre Sprint (2)

Zone: 1:12.10 29/01/1983 Lisa Baldwin			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
2	38616 Mila Graham	Milton-Ulladulla	
3	33444 Rachael Clarke	Shoalhaven	

Event 43 Boys U 9 - 400 Metre Sprint (3)

Zone: 1:12.00 24/01/1984 Brett Stumbles			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
4	35959 Oliver Sandona	Albion Park	
5	24039 Silas Kiehl	Kiama	
6	36003 Aiden Elphick	Albion Park	

Event 44 Girls U 10 - 400 Metre Sprint (9)

Zone: 1:09.90 14/12/2019 Ruby Kerr			
Lane	Name	Age Centre	Seed Time
Section 1 of 2 Final			
2	33636 Matilda Hellyer	Shoalhaven	
3	12944 Darcy Kite	Lake Illawarra	
4	33659 Mia Musson	Shoalhaven	
5	20692 Ruby Chapman	St Georges Basin	
6	35937 Elivia Kirk	Albion Park	
Section 2 of 2 Final			
2	33574 Ivy Horwood	Shoalhaven	
3	35951 Maeve Rimmer	Albion Park	
4	33438 Lara Gordon	Shoalhaven	
5	12978 Kalani Warren	Lake Illawarra	

Event 45 Boys U 10 - 400 Metre Sprint (11)

Zone: 1:06.10 24/01/1987 Steven Pusso			
Lane	Name	Age Centre	Seed Time
Section 1 of 2 Final			
2	13015 Saxon Rogers	Lake Illawarra	
3	33427 Tristan Carley	Shoalhaven	
4	35919 Oliver Bennett	Albion Park	
5	20702 Callan Davison	St Georges Basin	
6	33538 Owen Harlor	Shoalhaven	
7	36058 Fynn Gillet	Albion Park	
Section 2 of 2 Final			
2	36046 Soul Evans	Albion Park	
3	33549 Elijah Cook	Shoalhaven	
4	36048 Ziggy Evans	Albion Park	
5	33551 Finn Goddard	Shoalhaven	
6	36017 Bryson McWilliams	Albion Park	

Event 46 Girls U 11 - 400 Metre Sprint (2)

Zone: 1:04.10 31/01/2004 Paige Fenech			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
2	33566 Evalyn Norris	Shoalhaven	
3	35935 Ada Houldsworth	Albion Park	

Event 47 Boys U 11 - 400 Metre Sprint (3)

Zone: 1:04.10 24/01/1981 Simon Hull			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
4	24038 Isaac Winchester	Kiama	
5	35911 Lucas Gill-Gomes	Albion Park	
6	33476 Riley Bertholini	Shoalhaven	

Event 48 Girls U 12 - 400 Metre Sprint (10)

Zone: 1:03.20 3/12/2022 Maddison McWilliams			
Lane	Name	Age Centre	Seed Time
Section 1 of 2 Final			
2	20743 Layla Bishop	St Georges Basin	
3	35920 Hayley Bennett	Albion Park	
4	33540 Emerson Boatswain	Shoalhaven	
5	35916 Aliyah Holland-Kamar	Albion Park	
6	33625 Eleanor Parnell	Shoalhaven	

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Section 2 of 2 Final...(Event 48 Girls U 12 - 400 Metre Sprint (10))

2	38608 Mia Ferguson	Milton-Ulladulla
3	33597 Amelia Percival	Shoalhaven
4	38592 Lena Flore-Quirk	Milton-Ulladulla
5	33424 Layla Dixon	Shoalhaven
6	36027 Charli Dwyer	Albion Park

Event 49 Boys U 12 - 400 Metre Sprint (4)

Zone: 1:03.10 30/01/1982 Simon Hull

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	35912 Xavier Wilson	Albion Park
3	33536 Macarthur Davis	Shoalhaven
4	24051 Henry Keane	Kiama
5	35914 Gianni Oiteirinho	Albion Park

Event 50 Girls U 7 - 100 Metre Sprint (4)

Zone: 16.10 30/01/1982 Belinda Ruiz

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	33474 Evelyn Vickery	Shoalhaven
3	33488 Chelsea James	Shoalhaven
4	36075 Aaliyah Hetherington	Albion Park
5	35931 Zariah Hennen	Albion Park

Event 51 Girls U 13 - 100 Metre Sprint (2)

Zone: 12.90 12/12/2015 Zoe Chater

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	33573 Brooklyn Horwood	Shoalhaven
3	35982 Ane Pretorius	Albion Park

Event 52 Boys U 13 - 100 Metre Sprint (4)

Zone: 12.50 28/01/1995 Henderson McCue

Zone: 12.50 10/12/2011 Zachary Havadjia

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	13008 Morgan Vagg	Lake Illawarra
3	13011 Beau Lidbetter	Lake Illawarra
4	24087 Sinclair Davis	Kiama
5	13004 Thomas Gowans	Lake Illawarra

Event 53 Girls U 14 - 100 Metre Sprint (4)

Zone: 12.90 10/12/2016 Zoe Chater

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	35975 Ella Power	Albion Park
3	13012 Ellie King	Lake Illawarra
4	36005 Ruby Kerr	Albion Park
5	38594 Suvi Flore-Quirk	Milton-Ulladulla

Event 54 Boys U 14 - 100 Metre Sprint (3)

Zone: 11.80 29/01/2011 Jye Brooker

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	36022 Lucius Te Ahuru Itama	Albion Park
3	13007 Nate Talbot	Lake Illawarra
4	36056 Zach Gillett	Albion Park

Event 55 Boys U 15-17 100 Metre Multi Class Run (1)

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

5	33571 Kynan Miller (T/F20)	Shoalhaven
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Event 56 Girls U 15 - 100 Metre Sprint (2)

Zone: 12.50 28/01/1995 Skye Richardson

Zone: 12.50 29/01/2000 Lianna Braithwaite

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	33660 Haylee Connelly	Shoalhaven
3	36019 Darcie Dwyer	Albion Park

Event 57 Girls U 17 - 100 Metre Sprint (5)

Zone: 12.00 12/12/2009 Talissa Scott

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	36004 Charlotte Kerr	Albion Park
3	35976 Ava Power	Albion Park
4	20664 Natarsha Mandavy	St Georges Basin
5	33499 Grace Gibson	Shoalhaven
6	20713 Jasmine Wheeler	St Georges Basin

Event 58 Boys U 17 - 100 Metre Sprint (2)

Zone: 11.10 12/12/2015 Emerson Brian

Zone: 11.10 29/01/2011 Brodie Leeson

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	20706 Caleb Saunders	St Georges Basin
3	35942 Waldo Pretorius	Albion Park

Event 60 Boys U 8 - 100 Metre Sprint (7)

Zone: 15.10 30/01/1982 Matthew Dalby

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	33446 Harrison Withyman	Shoalhaven
3	36057 Kayden Gillett	Albion Park
4	33445 Liam France	Shoalhaven
5	35934 Oscar Goode	Albion Park
6	33426 Tallan Carley	Shoalhaven
7	12916 Toby Fogarty	Lake Illawarra
8	33501 Jasper McConville	Shoalhaven

Event 61 Girls U 9 - 100 Metre Sprint (4)

Zone: 15.10 28/01/1984 Belinda Ruiz

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	20742 Tilly O'Connor	St Georges Basin
3	33444 Rachael Clarke	Shoalhaven
4	38616 Mila Graham	Milton-Ulladulla
5	33658 Addison Galloway	Shoalhaven

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Event 62 Boys U 9 - 100 Metre Sprint (4)

Zone: 14.10 30/01/1982 David Gillis
Zone: 14.10 25/01/1986 Steven Russo

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	12972 Oliver Tebb		Lake Illawarra	
3	33479 Harry Stubbs		Shoalhaven	
4	24037 Billy Winchester		Kiama	
5	35959 Oliver Sandona		Albion Park	

Event 65 Girls U 11 - 100 Metre Sprint (8)

Zone: 13.10 26/01/1980 Kerry Reko

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	33521 Isla Sargent		Shoalhaven	
2	20686 Layla McGinn		St Georges Basin	
3	36002 Amelia Elphick		Albion Park	
4	33566 Evalyn Norris		Shoalhaven	
5	20668 Nevaeh Williams		St Georges Basin	
6	38609 Lily Rose Boyle		Milton-Ulladulla	
7	20714 Katherine Arendse		St Georges Basin	
8	35960 Tilly Berg		Albion Park	

Event 66 Boys U 11 - 100 Metre Sprint (5)

Zone: 13.00 29/01/2000 Kane Linnett

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	35946 Ky Jesus		Albion Park	
3	35997 Jackson Hutchinson		Albion Park	
4	33529 Riley Sandstrom		Shoalhaven	
5	33443 Tyler Dixon		Shoalhaven	
6	33471 Isaac Fragar		Shoalhaven	

Event 68 Boys U 12 - 100 Metre Sprint (8)

Zone: 12.70 28/01/2006 Caine Trindall

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	24051 Henry Keane		Kiama	
2	33450 Joshua Astin-Briggs		Shoalhaven	
3	35914 Gianni Oiteirinho		Albion Park	
4	24050 Rudy Keane		Kiama	
5	38743 Tye Bishop		St Georges Basin	
6	24086 Tristan Harding		Kiama	
7	20687 Landon Russell		St Georges Basin	
8	33475 Jackson Turner		Shoalhaven	

Event 69 Girls U 7 - 50 Metre Sprint (3)

Zone: 9.00 12/12/2015 Lily Bell
Zone: 9.00 9/12/2017 Ginger Siasat

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	33474 Evelyn Vickery		Shoalhaven	
3	33441 Charlotte Fragar		Shoalhaven	
4	36075 Aaliyah Hetherington		Albion Park	

Event 70 Boys U 7 - 50 Metre Sprint (1)

Zone: 8.60 12/12/2015 Asher Chapman

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

5	20677 Luke Dennett		St Georges Basin	
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Event 71 Girls U 13 - 3000 Metre Run (1)

Zone: 10:58.30 12/12/2009 Jessica Hull

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	33578 Madeline Oke		Shoalhaven	
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Event 72 Boys U 13 - 3000 Metre Run (1)

Zone: 10:28.20 8/12/2012 Troy Whittington

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	36063 Jed Fowler		Albion Park	
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Event 73 Boys U 14 - 3000 Metre Run (1)

Zone: 10:00.80 31/01/2004 Ryan Gregson

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

3	35972 Deakin Cook		Albion Park	
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Event 74 Girls U 15 - 3000 Metre Run (1)

Zone: 10:31.00 10/12/2011 Jessica Hull

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

4	33577 Olivia Oke		Shoalhaven	
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Event 75 Girls U 17 - 3000 Metre Run (1)

Zone: 10:01.50 14/12/2013 Jessica Hull

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

5	33623 Emily McLaren		Shoalhaven	
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Event 76 Boys U 17 - 3000 Metre Run (2)

Zone: 9:33.50 12/12/2015 James Seal

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

6	33624 Hamish McLaren		Shoalhaven	
7	36062 Moses Fowler		Albion Park	

**MID SOUTH COAST ZONE
TRACK & FIELD CHAMPIONSHIPS**

Ron Brown Sporting Complex

Session: 2 Saturday Field Events

Day 1 - Saturday 02/12/2023 - Starts at 09:15 AM

Event	Description	Round
#77	Girls U 9 - High Jump (S/H 0.80m)	Final
#78	Girls U 14 - Long Jump	Final
#79	Girls U 17 - Triple Jump	Final
#80	Boys U 9 - Discus (500 Gram)	Final
#81	Boys U 14 - Discus (1.0 Kg)	Final
#82	Boys U 17 - Shot Put (5.0 Kg)	Final
#83	Girls U 11 - Shot Put (2.0 Kg)	Final
#84	Girls U 10 - Long Jump	Final
#85	Boys U 11 - Long Jump	Final
#86	Girls U 12 - Triple Jump	Final
#87	Girls U 8 - Discus (500 Gram)	Final
#88	Boys U 12 - Discus (750 Gram)	Final
#89	Boys U 13 - Javelin (600 Gram)	Final
#90	Girls U 7 - Shot Put (1.0 Kg)	Final
#91	Boys U 10 - High Jump (S/H 0.95m)	Final
#92	Girls U 13 - High Jump (S/H 1.15m)	Final
#93	Boys U 9 - Long Jump	Final
#94	Boys U 17 - Long Jump	Final
#95	Boys U 15-17 Multi Class Long Jump	Final
#96	Boys U 14 - Triple Jump	Final
#97	Girls U 10 - Discus (500 Gram)	Final
#98	Boys U 7 - Discus (350 Gram)	Final
#99	Girls U 14 - Javelin (400 Gram)	Final
#100	Girls U 9 - Shot Put (2.0 Kg)	Final
#101	Boys U 15 - Shot Put (4.0 Kg)	Final
#102	Boys U 15-17 Multi Class Shot Put	Final
#103	Girls U 11 - High Jump (S/H 1.00m)	Final
#104	Girls U 17 - High Jump (S/H 1.25m)	Final
#105	Girls U 8 - Long Jump	Final
#106	Boys U 12 - Long Jump	Final
#107	Boys U 13 - Triple Jump	Final
#108	Girls U 15 - Discus (1.0 Kg)	Final
#109	Boys U 11 - Javelin (400 Gram)	Final
#110	Boys U 10 - Shot Put (2.0 Kg)	Final
#111	Girls U 13 - Shot Put (3.0 Kg)	Final
#112	Girls U 12 - High Jump (S/H 1.10m)	Final
#113	Boys U 14 - High Jump (S/H 1.25m)	Final
#114	Boys U 8 - Long Jump	Final
#115	Girls U 15 - Triple Jump	Final
#116	Girls U 17 - Discus (1.0 Kg)	Final
#117	Boys U 15 - Javelin (700 Gram)	Final
#118	Boys U 15-17 Multi Class Javelin	Final
#119	Boys U 8 - Shot Put (1.5 Kg)	Final
#120	Girls U 14 - Shot Put (3.0 Kg)	Final
#121	Girls U 13 - Long Jump	Final
#122	Girls U 11 - Triple Jump	Final
#123	Boys U 11 - Discus 500 Gram)	Final
#124	Boys U 17 - Javelin (700 Gram)	Final
#125	Girls U 12 - Shot Put (2.0 Kg)	Final
#126	Boys U 13 - Discus (750 Gram)	Final
#127	Boys U 12 - Javelin (400 Gram)	Final

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*Bracketed events will be combined.

MID SOUTH COAST ZONE
TRACK & FIELD CHAMPIONSHIPS - 2/12/2023 to 3/12/2023
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Event 77 Girls U 9 - High Jump (S/H 0.80m) (3)

Zone: 1.14m 30/01/1982 Raylene Mullaney			
Zone: 1.14m 1/12/2018 Chelsea Nicol			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	20667 Mila Bozikov		St Georges Basin
2	35981 Callie Dent		Albion Park
3	33520 Claire Sargent		Shoalhaven

Event 78 Girls U 14 - Long Jump (7)

Zone: 5.39m 26/01/2008 Tayla King			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	13005 Isabella Clowes		Lake Illawarra
2	13000 Tauris Ivanovski		Lake Illawarra
3	38594 Suvi Flore-Quirk		Milton-Ulladulla
4	36005 Ruby Kerr		Albion Park
5	35980 Chelsea Nicol		Albion Park
6	35975 Ella Power		Albion Park
7	33537 Elizabeth Davis		Shoalhaven

Event 79 Girls U 17 - Triple Jump (3)

Zone: 11.39m 14/12/2008 Talissa Scott			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	24027 Ella Hewitt		Kiama
2	20664 Natarsha Mandavy		St Georges Basin
3	20713 Jasmine Wheeler		St Georges Basin

Event 80 Boys U 9 - Discus (500 Gram) (5)

Zone: 29.67m 14/12/2014 Ryan Keen			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	33449 Mason Beck		Shoalhaven
2	20678 Sam Dennett		St Georges Basin
3	20682 Braxton Naylor		St Georges Basin
4	35913 Lincoln Gorrie		Albion Park
5	33457 Thomas Dziubinski		Shoalhaven

Event 81 Boys U 14 - Discus (1.0 Kg) (1)

Zone: 45.23m 8/12/2012 Connor Grozde			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	36056 Zach Gillett		Albion Park

Event 82 Boys U 17 - Shot Put (5.0 Kg) (3)

Zone: 13.18m 8/12/2012 Joshua Fernandes			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	35942 Waldo Pretorius		Albion Park
2	12999 Parker Ivanovski		Lake Illawarra
3	36033 Joshua Lakeman		Albion Park

Event 83 Girls U 11 - Shot Put (2.0 Kg) (8)

Zone: 11.47m 10/12/2016 Chelsea Ezeoke			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	33469 Abby Beck		Shoalhaven
2	35960 Tilly Berg		Albion Park
3	24033 Mackenzie Massey		Kiama
4	20714 Katherine Arendse		St Georges Basin
5	20668 Nevaeh Williams		St Georges Basin
6	12884 Hannah Lidbetter		Lake Illawarra
7	33521 Isla Sargent		Shoalhaven
8	24077 Ivy Turano-Lyall		Kiama

Event 84 Girls U 10 - Long Jump (10)

Zone: 4.31m 12/12/2015 Delta Amidzovski			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	12978 Kalani Warren		Lake Illawarra
2	33636 Matilda Hellyer		Shoalhaven
3	33574 Ivy Horwood		Shoalhaven
4	33659 Mia Musson		Shoalhaven
5	20692 Ruby Chapman		St Georges Basin
6	12929 Zoe Gregory		Lake Illawarra
7	33523 Annabelle Seymour-Mi		Shoalhaven
8	33511 Cailin Burbage		Shoalhaven
9	33486 Sienna Fryar		Shoalhaven
10	12965 Olivia Brown		Lake Illawarra

Event 85 Boys U 11 - Long Jump (4)

Zone: 4.89m 25/01/2003 Kevin Orgaz			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	35946 Ky Jesus		Albion Park
2	33443 Tyler Dixon		Shoalhaven
3	33529 Riley Sandstrom		Shoalhaven
4	38589 Jonah Kann		Milton-Ulladulla

Event 86 Girls U 12 - Triple Jump (6)

Zone: 10.52m 13/12/2009 Chloe Docker			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	12991 Paige King		Lake Illawarra
2	20688 Jaylah Russell		St Georges Basin
3	35916 Aliyah Holland-Kamar		Albion Park
4	20741 Abbey Pell		St Georges Basin
5	33597 Amelia Percival		Shoalhaven
6	20747 Ava Porteous		St Georges Basin

Event 87 Girls U 8 - Discus (500 Gram) (6)

Zone: 20.00m 27/01/2001 Talissa Scott			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	33442 Macey Dixon		Shoalhaven
2	33600 Emery Pienaar		Shoalhaven
3	36020 Stevie Hedges		Albion Park
4	12907 Hannah Auld		Lake Illawarra
5	33473 Hayley Astin-Briggs		Shoalhaven
6	24085 McKenzie Harding		Kiama

MID SOUTH COAST ZONE
TRACK & FIELD CHAMPIONSHIPS - 2/12/2023 to 3/12/2023
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Event 88 Boys U 12 - Discus (750 Gram) (8)

Zone: 40.39m 13/12/2014 Trey Barlow			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	35912 Xavier Wilson	Albion Park	
2	33450 Joshua Astin-Briggs	Shoalhaven	
3	36032 Jacob Lakeman	Albion Park	
4	24086 Tristan Harding	Kiama	
5	33621 Aidan McLaren	Shoalhaven	
6	33475 Jackson Turner	Shoalhaven	
7	20687 Landon Russell	St Georges Basin	
8	33536 Macarthur Davis	Shoalhaven	

Event 89 Boys U 13 - Javelin (600 Gram) (2)

Zone: 40.44m 28/01/2006 Justin Webb			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	13011 Beau Lidbetter	Lake Illawarra	
2	13008 Morgan Vagg	Lake Illawarra	

Event 90 Girls U 7 - Shot Put (1.0 Kg) (4)

Zone: 6.97m 27/01/1991 Belinda Jackson			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	35936 Felicity Houldsworth	Albion Park	
2	36075 Aaliyah Hetherington	Albion Park	
3	33488 Chelsea James	Shoalhaven	
4	33441 Charlotte Fragar	Shoalhaven	

Event 91 Boys U 10 - High Jump (S/H 0.95m) (5)

Zone: 1.42m 31/01/1982 Glen Morante			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	20702 Callan Davison	St Georges Basin	
2	35919 Oliver Bennett	Albion Park	
3	38586 Teddy Braddick	Milton-Ulladulla	
4	13015 Saxon Rogers	Lake Illawarra	
5	33538 Owen Harlor	Shoalhaven	

Event 92 Girls U 13 - High Jump (S/H 1.15m) (3)

Zone: 1.56m 27/01/2007 Tayla King			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	33494 Keira Forster	Shoalhaven	
2	33522 Olivia Seymour-Munn	Shoalhaven	
3	35982 Ane Pretorius	Albion Park	

Event 93 Boys U 9 - Long Jump (5)

Zone: 4.33m 14/12/2008 Aron Cox			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	12972 Oliver Tebb	Lake Illawarra	
2	20682 Braxton Naylor	St Georges Basin	
3	24039 Silas Kiehl	Kiama	
4	35959 Oliver Sandona	Albion Park	
5	35913 Lincoln Gorrie	Albion Park	

Event 94 Boys U 17 - Long Jump (2)

Zone: 6.32m 18/12/2021 Lucas Campbell			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	20706 Caleb Saunders	St Georges Basin	
2	36033 Joshua Lakeman	Albion Park	

Event 95 Boys U 15-17 Multi Class Long Jump (1)

Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	33571 Kynan Miller (T/F20)	Shoalhaven	

Event 96 Boys U 14 - Triple Jump (3)

Zone: 12.80m 28/01/2006 Kevin Orgaz			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	24089 Max Kiehl	Kiama	
2	36056 Zach Gillett	Albion Park	
3	24122 Stephen Alfano	Kiama	

Event 97 Girls U 10 - Discus (500 Gram) (5)

Zone: 26.05m 29/01/2000 Emma Cooke			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	33511 Cailin Burbage	Shoalhaven	
2	12944 Darcy Kite	Lake Illawarra	
3	33486 Sienna Fryar	Shoalhaven	
4	33438 Lara Gordon	Shoalhaven	
5	12965 Olivia Brown	Lake Illawarra	

Event 98 Boys U 7 - Discus (350 Gram) (5)

Zone: 22.41m 30/01/2000 Joel Fitness			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	12974 Jesse Tebb	Lake Illawarra	
2	38569 Jake Ferguson	Milton-Ulladulla	
3	20677 Luke Dennett	St Georges Basin	
4	33513 Jai Burbage	Shoalhaven	
5	33485 Blake Fryar	Shoalhaven	

Event 99 Girls U 14 - Javelin (400 Gram) (5)

Zone: 36.38m 10/12/2011 Susie Seitaridis			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	35998 Mackenzie Hutchinson	Albion Park	
2	33622 Heidi McLaren	Shoalhaven	
3	13012 Ellie King	Lake Illawarra	
4	13000 Tauris Ivanovski	Lake Illawarra	
5	13005 Isabella Clowes	Lake Illawarra	

Event 100 Girls U 9 - Shot Put (2.0 Kg) (3)

Zone: 7.18m 27/01/2001 Kendall Vaughan			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	33520 Claire Sargent	Shoalhaven	
2	35981 Callie Dent	Albion Park	
3	35949 Tanisha Murray	Albion Park	

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Event 101 Boys U 15 - Shot Put (4.0 Kg) (1)

Zone: 13.75m 24/01/1998 Luke Singleton

Pos	Name	Age	Centre	Seed	Mark
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Flight 1 of 1 Final

1	33568 Riley Moore		Shoalhaven		
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Event 102 Boys U 15-17 Multi Class Shot Put (1)

Pos	Name	Age	Centre	Seed	Mark
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Flight 1 of 1 Final

1	33571 Kynan Miller (T/F20)		Shoalhaven		
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Event 103 Girls U 11 - High Jump (S/H 1.00m) (4)

Zone: 1.42m 29/01/2005 Tayla King

Pos	Name	Age	Centre	Seed	Mark
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Flight 1 of 1 Final

1	36002 Amelia Elphick		Albion Park		
2	35935 Ada Houldsworth		Albion Park		
3	20715 Sienna Stoddart		St Georges Basin		
4	24076 Archie Turano-Lyall		Kiama		

Event 104 Girls U 17 - High Jump (S/H 1.25m) (3)

Zone: 1.56m 14/12/2014 Celeste Sulerzyski

Pos	Name	Age	Centre	Seed	Mark
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Flight 1 of 1 Final

1	35976 Ava Power		Albion Park		
2	33499 Grace Gibson		Shoalhaven		
3	20664 Natarsha Mandavy		St Georges Basin		

Event 105 Girls U 8 - Long Jump (12)

Zone: 3.80m 26/01/1985 Karen Dean

Pos	Name	Age	Centre	Seed	Mark
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Flight 1 of 1 Final

1	10678 Marley Walker		St Georges Basin		
2	38574 Marla Flore-Quirk		Milton-Ulladulla		
3	38573 Lucy Kann		Milton-Ulladulla		
4	38572 Grace Braddick		Milton-Ulladulla		
5	12907 Hannah Auld		Lake Illawarra		
6	33473 Hayley Astin-Briggs		Shoalhaven		
7	12914 Holly Smyth		Lake Illawarra		
8	12957 Zaeli Talbot		Lake Illawarra		
9	24085 McKenzie Harding		Kiama		
10	33530 Madison Sandstrom		Shoalhaven		
11	33600 Emery Pienaar		Shoalhaven		
12	33442 Macey Dixon		Shoalhaven		

Event 106 Boys U 12 - Long Jump (8)

Zone: 5.31m 30/01/1982 David Carter

Pos	Name	Age	Centre	Seed	Mark
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Flight 1 of 1 Final

1	20687 Landon Russell		St Georges Basin		
2	24050 Rudy Keane		Kiama		
3	35912 Xavier Wilson		Albion Park		
4	24086 Tristan Harding		Kiama		
5	24051 Henry Keane		Kiama		
6	38743 Tye Bishop		St Georges Basin		
7	33464 Jayden Clarke		Shoalhaven		
8	35906 Parker Bruce		Albion Park		

Event 107 Boys U 13 - Triple Jump (2)

Zone: 11.07m 25/01/1997 C Costello

Pos	Name	Age	Centre	Seed	Mark
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Flight 1 of 1 Final

1	13004 Thomas Gowans		Lake Illawarra		
2	13008 Morgan Vagg		Lake Illawarra		

Event 108 Girls U 15 - Discus (1.0 Kg) (3)

Zone: 39.07m 14/12/2013 Samantha Peace

Pos	Name	Age	Centre	Seed	Mark
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Flight 1 of 1 Final

1	36019 Darcie Dwyer		Albion Park		
2	33577 Olivia Oke		Shoalhaven		
3	20683 Kadance Naylor		St Georges Basin		

Event 109 Boys U 11 - Javelin (400 Gram) (3)

Zone: 26.40m 11/12/2016 Drew Langdon

Pos	Name	Age	Centre	Seed	Mark
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Flight 1 of 1 Final

1	35911 Lucas Gill-Gomes		Albion Park		
2	35997 Jackson Hutchinson		Albion Park		
3	33471 Isaac Fragar		Shoalhaven		

Event 110 Boys U 10 - Shot Put (2.0 Kg) (7)

Zone: 10.44m 27/01/1991 Bradley Jackson

Pos	Name	Age	Centre	Seed	Mark
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Flight 1 of 1 Final

1	13015 Saxon Rogers		Lake Illawarra		
2	33427 Tristan Carley		Shoalhaven		
3	24075 Tasman Oldfield		Kiama		
4	33549 Elijah Cook		Shoalhaven		
5	35919 Oliver Bennett		Albion Park		
6	33650 Stirling Mercer		Shoalhaven		
7	33626 Edward Parnell		Shoalhaven		

Event 111 Girls U 13 - Shot Put (3.0 Kg) (3)

Zone: 11.84m 1/12/2018 Chelsea Ezeoke

Pos	Name	Age	Centre	Seed	Mark
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Flight 1 of 1 Final

1	13010 Calai Dach		Lake Illawarra		
2	33569 Lilly Moore		Shoalhaven		
3	33463 Layla Beck		Shoalhaven		

Event 112 Girls U 12 - High Jump (S/H 1.10m) (10)

Zone: 1.57m 10/12/2017 Delta Amidzovski

Pos	Name	Age	Centre	Seed	Mark
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Flight 1 of 1 Final

1	12991 Paige King		Lake Illawarra		
2	35920 Hayley Bennett		Albion Park		
3	33458 Sophie Bull		Shoalhaven		
4	38591 Hollie Braddick		Milton-Ulladulla		
5	38608 Mia Ferguson		Milton-Ulladulla		
6	20747 Ava Porteous		St Georges Basin		
7	20741 Abbey Pell		St Georges Basin		
8	20688 Jaylah Russell		St Georges Basin		
9	35950 Kaylie Murray		Albion Park		
10	35916 Aliyah Holland-Kamar		Albion Park		

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Event 113 Boys U 14 - High Jump (S/H 1.25m) (4)

Zone: 1.75m 30/01/2000 Steven Cluff

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	13007 Nate Talbot		Lake Illawarra	
2	36022 Lucius Te Ahuru Itama		Albion Park	
3	24089 Max Kiehl		Kiama	
4	24122 Stephen Alfano		Kiama	

Event 114 Boys U 8 - Long Jump (9)

Zone: 4.19m 26/01/1985 Steven Russo

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	20740 Toby Pell		St Georges Basin	
2	33501 Jasper McConville		Shoalhaven	
3	12916 Toby Fogarty		Lake Illawarra	
4	35934 Oscar Goode		Albion Park	
5	36030 Isaiah Ayoub		Albion Park	
6	33446 Harrison Withyman		Shoalhaven	
7	20689 Jackson Porteous		St Georges Basin	
8	36057 Kayden Gillett		Albion Park	
9	33445 Liam France		Shoalhaven	

Event 115 Girls U 15 - Triple Jump (4)

Zone: 11.23m 14/12/2008 Tayla King

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	20683 Kadance Naylor		St Georges Basin	
2	33660 Haylee Connelly		Shoalhaven	
3	33577 Olivia Oke		Shoalhaven	
4	24026 Maiya Hewitt		Kiama	

Event 116 Girls U 17 - Discus (1.0 Kg) (4)

Zone: 48.42m 12/12/2015 Samantha Peace

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	33623 Emily McLaren		Shoalhaven	
2	36004 Charlotte Kerr		Albion Park	
3	20664 Natarsha Mandavy		St Georges Basin	
4	13001 Aleisha McGarry		Lake Illawarra	

Event 117 Boys U 15 - Javelin (700 Gram) (1)

Zone: 42.03m 14/12/2013 Connar Grozde

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	33568 Riley Moore		Shoalhaven	

Event 118 Boys U 15-17 Multi Class Javelin (1)

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	33571 Kynan Miller (T/F20)		Shoalhaven	

Event 119 Boys U 8 - Shot Put (1.5 Kg) (6)

Zone: 8.98m 27/01/2001 Joel Fitness

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	36030 Isaiah Ayoub		Albion Park	
2	12916 Toby Fogarty		Lake Illawarra	
3	33446 Harrison Withyman		Shoalhaven	
4	12909 Jude Bish		Lake Illawarra	
5	20740 Toby Pell		St Georges Basin	
6	33426 Tallan Carley		Shoalhaven	

Event 120 Girls U 14 - Shot Put (3.0 Kg) (3)

Zone: 12.77m 13/12/2008 Rachele Grozde

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	35998 Mackenzie Hutchinson		Albion Park	
2	13000 Tauris Ivanovski		Lake Illawarra	
3	13012 Ellie King		Lake Illawarra	

Event 121 Girls U 13 - Long Jump (5)

Zone: 5.20m 18/12/2021 Maiya Hewitt

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	33522 Olivia Seymour-Munn		Shoalhaven	
2	33573 Brooklyn Horwood		Shoalhaven	
3	33494 Keira Forster		Shoalhaven	
4	33578 Madeline Oke		Shoalhaven	
5	35982 Ane Pretorius		Albion Park	

Event 122 Girls U 11 - Triple Jump (4)

Zone: 8.99m 27/01/1996 Katie Wagner

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	33521 Isla Sargent		Shoalhaven	
2	33512 Layla Burbage		Shoalhaven	
3	20668 Nevaeh Williams		St Georges Basin	
4	24033 Mackenzie Massey		Kiama	

Event 123 Boys U 11 - Discus 500 Gram) (6)

Zone: 36.24m 18/12/2021 Beau Lidbetter

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	36031 Justin Lakeman		Albion Park	
2	35911 Lucas Gill-Gomes		Albion Park	
3	33476 Riley Bertholini		Shoalhaven	
4	33529 Riley Sandstrom		Shoalhaven	
5	33471 Isaac Fragar		Shoalhaven	
6	35997 Jackson Hutchinson		Albion Park	

Event 124 Boys U 17 - Javelin (700 Gram) (4)

Zone: 47.57m 13/12/2008 Chris Joines

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	33624 Hamish McLaren		Shoalhaven	
2	35942 Waldo Pretorius		Albion Park	
3	12999 Parker Ivanovski		Lake Illawarra	
4	36033 Joshua Lakeman		Albion Park	

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Event 125 Girls U 12 - Shot Put (2.0 Kg) (6)

Zone: 12.48m 28/01/2007 Rachelle Grozde

Pos	Name	Age	Centre	Seed Mark
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Flight 1 of 1 Final

1	33597 Amelia Percival		Shoalhaven	
2	33625 Eleanor Parnell		Shoalhaven	
3	20741 Abbey Pell		St Georges Basin	
4	35920 Hayley Bennett		Albion Park	
5	13020 Charlotte Lester		Lake Illawarra	
6	12991 Paige King		Lake Illawarra	

Event 126 Boys U 13 - Discus (750 Gram) (2)

Zone: 34.35m 1/12/2018 Isaac Walchli

Pos	Name	Age	Centre	Seed Mark
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Flight 1 of 1 Final

1	24087 Sinclair Davis		Kiama	
2	13011 Beau Lidbetter		Lake Illawarra	

Event 127 Boys U 12 - Javelin (400 Gram) (5)

Zone: 33.10m 10/12/2017 Ryan Keen

Pos	Name	Age	Centre	Seed Mark
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Flight 1 of 1 Final

1	38743 Tye Bishop		St Georges Basin	
2	33536 Macarthur Davis		Shoalhaven	
3	35914 Gianni Oiteirinho		Albion Park	
4	33475 Jackson Turner		Shoalhaven	
5	33621 Aidan McLaren		Shoalhaven	

Bill Young - A Man Who Loved Kids

Bill Young had a simple philosophy.

"If kids are interested in sport, they will not be walking the streets, and getting into trouble."

Bill maintained this philosophy throughout his long association with Little Athletics. The love of children and athletics lasted for more than twenty (20) years. During this time, he came into contact with thousands of children from all over the state.

Bill learnt to be a Starter when he first became associated with Little Athletics in Cowra. Lake Illawarra's association with Bill and his family started when they moved from Cowra to the Illawarra.

During his years with Lake Illawarra he helped out in many ways. He became Head Starter of Lake Illawarra Little Athletics Centre in 1979. This position he held until he hung up his gun in 1990.

Besides being Head Starter for Lake Illawarra he was the official Starter for the Mid South Coast Zone and Monaro region. He was often called upon to start at School Carnivals held at King Memorial Oval.

Over the years he became affectionately known as Pop, Grand Pop, Uncle Bill or Mr Young. This affection was well deserved by a man who encouraged all athletes. His aim was to bring Little Athletics to as many children as possible.

Bill was an unassuming man who gave freely of himself whilst striving to uphold his philosophy. He touched the hearts of so many people during his time with Lake Illawarra Little Athletics. He gave so much to the sport he loved.

Previous March Past Winners

1990-91 Kiama

1991-92 Lake Illawarra

1992-93 St Georges Basin

1993-94 St Georges Basin

1994-95 Shoalhaven

1995-96 St Georges Basin

1996-97 Milton Ulladulla

1997-98 Huskisson

1998-99 Lake Illawarra

1999-00 St Georges Basin

2000-01 Kiama

2001-02 Lake Illawarra

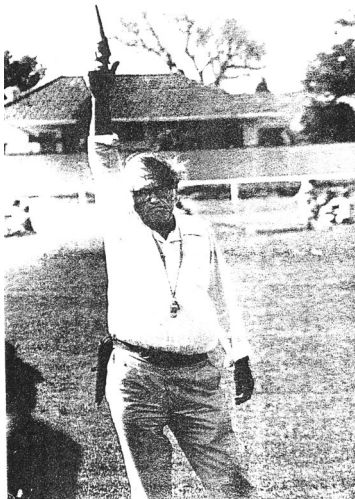
2002-03 Milton Ulladulla

2003-04 St Georges Basin

2004-05 Kiama

2005-06 Milton Ulladulla

2006-07 Kiama



2007-08 Lake Illawarra

2008-09 Kiama

2009-10 Milton Ulladulla

2010-11 Shoalhaven

2011-12 Shoalhaven

2012-13 Kiama

2013-14 Lake Illawarra

2014-15 Milton Ulladulla

2015-16 St Georges Basin

2016-17 Kiama

2017-18 St Georges Basin

2018-19 Albion Park

2019-20 St Georges

2020-21 Not Awarded (COVID)

2021-22 Albion Park

2022-23 Shoalhaven

"ON YOUR MARKS! SET! GO!"

MID SOUTH COAST ZONE TRACK & FIELD CHAMPIONSHIPS

Ron Brown Sporting Complex

Session: 3 Sunday Track Events

Day 2 - Sunday 03/12/2023 - Starts at 09:00 AM

Event	Description	Round
#128	Girls U 11 - 1100 Metre Walk	Final
#129	Boys U 11 - 1100 Metre Walk	Final
#130	Boys U 10 - 1100 Metre Walk	Final
#131	Girls U 9 - 700 Metre Walk	Final
#132	Girls U 8 - 700 Metre Run Pack Start	Final
#133	Boys U 8 - 700 Metre Run Pack Start	Final
#134	Girls U 12 - 1500 Metre Walk	Final
#135	Boys U 12 - 1500 Metre Walk	Final
#136	Girls U 13 - 1500 Metre Walk	Final
#137	Boys U 13 - 1500 Metre Walk	Final
#138	Girls U 17 - 1500 Metre Walk	Final
#139	Boys U 17 - 1500 Metre Walk	Final
#140	Girls U 11 - 80 Metre Hurdles (60cm)	Final
#141	Boys U 11 - 80 Metre Hurdles (60cm)	Final
#142	Girls U 12 - 80 Metre Hurdles (68cm)	Final
#143	Boys U 12 - 80 Metre Hurdles (68cm)	Final
#144	Girls U 13 - 80 Metre Hurdles (76cm)	Final
#145	Boys U 13 - 80 Metre Hurdles (76cm)	Final
#146	Girls U 14 - 80 Metre Hurdles (76cm)	Final
#147	Boys U 14 - 90 Metre Hurdles (76cm)	Final
#148	Girls U 15 - 90 Metre Hurdles (76cm)	Final
#149	Girls U 17 - 100 Metre Hurdles (76cm)	Final
#150	Girls U 12 - 200 Metre Sprint	Heats
#151	Girls U 10 - 70 Metre Sprint	Final
#152	Boys U 10 - 70 Metre Sprint	Final
#153	Girls U 9 - 70 Metre Sprint	Final
#154	Boys U 9 - 70 Metre Sprint	Final
#155	Girls U 8 - 70 Metre Sprint	Final
#156	Boys U 8 - 70 Metre Sprint	Final
#157	Girls U 7 - 70 Metre Sprint	Final
#158	Boys U 7 - 70 Metre Sprint	Final
#159	Girls U 11 - 800 Metre Run	Final
#160	Boys U 11 - 800 Metre Run	Final
#161	Girls U 12 - 800 Metre Run	Final
#162	Boys U 12 - 800 Metre Run	Final
#163	Girls U 13 - 800 Metre Run	Final
#164	Boys U 13 - 800 Metre Run	Final
#165	Girls U 14 - 800 Metre Run	Final
#166	Boys U 14 - 800 Metre Run	Final

*Bracketed events will be combined.

Event	Description	Round
#167	Girls U 15 - 800 Metre Run	Final
#168	Boys U 15 - 800 Metre Run	Final
#169	Girls U 17 - 800 Metre Run	Final
#170	Boys U 17 - 800 Metre Run	Final
#171	Girls U 10 - 800 Metre Run	Final
#172	Boys U 10 - 800 Metre Run	Final
#173	Girls U 9 - 800 Metre Run	Final
#174	Boys U 9 - 800 Metre Run	Final
#175	Girls U 8 - 200 Metre Sprint	Final
#176	Boys U 8 - 200 Metre Sprint	Final
#177	Girls U 7 - 200 Metre Sprint	Final
#178	Boys U 7 - 200 Metre Sprint	Final
#179	Girls U 11 - 200 Metre Sprint	Final
#180	Girls U 12 - 200 Metre Sprint	Final
#181	Boys U 12 - 200 Metre Sprint	Final
#182	Girls U 13 - 200 Metre Sprint	Final
#183	Boys U 13 - 200 Metre Sprint	Final
#184	Girls U 14 - 200 Metre Sprint	Final
#185	Boys U 14 - 200 Metre Sprint	Final
#186	Girls U 15 - 200 Metre Sprint	Final
#187	Girls U 17 - 200 Metre Sprint	Final
#188	Boys U 17 - 200 Metre Sprint	Final
#189	Girls U 10 - 200 Metre Sprint	Final
#190	Boys U 10 - 200 Metre Sprint	Final
#191	Girls U 9 - 200 Metre Sprint	Final
#192	Boys U 9 - 200 Metre Sprint	Final
#193	Girls U 12-17 4x100 Metre Relay (Snr)	Final
#194	Boys U 12-17 4x100 Metre Relay (Snr)	Final
#195	Girls U 9-12 4x100 Metre Relay (Jnr)	Final
#196	Boys U 9-12 4x100 Metre Relay (Jnr)	Final

*Bracketed events will be combined.

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Event 128 Girls U 11 - 1100 Metre Walk (1)

Zone: 6:12.40 25/01/1998 Chantelle Corish

Lane Name	Age Centre	Seed Time
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Section 1 of 1 Final

1 20715 Sienna Stoddart St Georges Basin

Event 129 Boys U 11 - 1100 Metre Walk (1)

Zone: 6:03.50 1/02/2004 Nathan Mackinnon

Lane Name	Age Centre	Seed Time
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Section 1 of 1 Final

2 33476 Riley Bertholini Shoalhaven

Event 130 Boys U 10 - 1100 Metre Walk (1)

Zone: 6:44.40 15/12/2013 Joshua Jackson

Lane Name	Age Centre	Seed Time
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Section 1 of 1 Final

3 20676 Declan Bennett St Georges Basin

Event 131 Girls U 9 - 700 Metre Walk (3)

Zone: 4:23.30 25/01/1998 Jacinta Kelly

Lane Name	Age Centre	Seed Time
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Section 1 of 1 Final

1 12954 Mollie Bremner Lake Illawarra
 2 20667 Mila Bozиков St Georges Basin
 3 20742 Tilly O'Connor St Georges Basin

Event 132 Girls U 8 - 700 Metre Run Pack Start (6)

Zone: 2:31.10 26/01/2003 Caitlin Foord

Lane Name	Age Centre	Seed Time
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Section 1 of 1 Final

1 33530 Madison Sandstrom Shoalhaven
 2 12914 Holly Smyth Lake Illawarra
 3 13018 Avenue-Sage Filiposki Lake Illawarra
 4 38573 Lucy Kann Milton-Ulladulla
 5 33632 Makayla Musson Shoalhaven
 6 33627 Penny Boyle Shoalhaven

Event 133 Boys U 8 - 700 Metre Run Pack Start (1)

Zone: 2:23.80 14/12/2008 Mitchell Potts

Lane Name	Age Centre	Seed Time
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Section 1 of 1 Final

7 24036 Levi Winchester Kiama

Event 134 Girls U 12 - 1500 Metre Walk (3)

Zone: 8:09.10 26/01/1986 Leanne Wilford

Lane Name	Age Centre	Seed Time
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Section 1 of 1 Final

1 20741 Abbey Pell St Georges Basin
 2 33424 Layla Dixon Shoalhaven
 3 33540 Emerson Boatswain Shoalhaven

Event 135 Boys U 12 - 1500 Metre Walk (1)

Zone: 8:29.10 30/01/1983 B Hall

Lane Name	Age Centre	Seed Time
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Section 1 of 1 Final

4 35906 Parker Bruce Albion Park

Event 136 Girls U 13 - 1500 Metre Walk (2)

Zone: 8:22.10 25/01/1987 Leanne Wilford

Lane Name	Age Centre	Seed Time
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Section 1 of 1 Final

5 13010 Calai Dach Lake Illawarra
 6 13006 Mae Bremner Lake Illawarra

Event 137 Boys U 13 - 1500 Metre Walk (1)

Zone: 8:16.10 29/01/1984 B Hall

Lane Name	Age Centre	Seed Time
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Section 1 of 1 Final

7 13008 Morgan Vagg Lake Illawarra

Event 138 Girls U 17 - 1500 Metre Walk (1)

Zone: 8:21.70 11/12/2011 Emily Warden

Lane Name	Age Centre	Seed Time
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Section 1 of 1 Final

8 13001 Aleisha McGarry Lake Illawarra

Event 139 Boys U 17 - 1500 Metre Walk (1)

Zone: 7:23.30 14/12/2014 James Clay

Lane Name	Age Centre	Seed Time
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Section 1 of 1 Final

9 12999 Parker Ivanovski Lake Illawarra

Event 140 Girls U 11 - 80 Metre Hurdles (60cm) (5)

Zone: 16.00 15/12/2019 Claire Vogelaar

Lane Name	Age Centre	Seed Time
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Section 1 of 1 Final

2 24076 Archie Turano-Lyall Kiama
 3 33512 Layla Burbage Shoalhaven
 4 36002 Amelia Elphick Albion Park
 5 20686 Layla McGinn St Georges Basin
 6 36085 Ivy Grebert Albion Park

Event 141 Boys U 11 - 80 Metre Hurdles (60cm) (5)

Zone: 15.10 15/12/2019 Asher Chapman

Lane Name	Age Centre	Seed Time
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Section 1 of 1 Final

2 33443 Tyler Dixon Shoalhaven
 3 36031 Justin Lakeman Albion Park
 4 33476 Riley Bertholini Shoalhaven
 5 24038 Isaac Winchester Kiama
 6 35911 Lucas Gill-Gomes Albion Park

Event 142 Girls U 12 - 80 Metre Hurdles (68cm) (8)

Zone: 14.90 19/12/2021 Myra Betts

Lane Name	Age Centre	Seed Time
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Section 1 of 1 Final

1 12983 Chleo Luis Lake Illawarra
 2 20743 Layla Bishop St Georges Basin
 3 33424 Layla Dixon Shoalhaven
 4 20688 Jaylah Russell St Georges Basin
 5 35950 Kaylie Murray Albion Park
 6 38608 Mia Ferguson Milton-Ulladulla
 7 20747 Ava Porteous St Georges Basin
 8 33458 Sophie Bull Shoalhaven

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Event 143 Boys U 12 - 80 Metre Hurdles (68cm) (6)

Zone: 14.10 4/12/2022 Temana Searle			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	33450 Joshua Astin-Briggs		Shoalhaven
3	20687 Landon Russell		St Georges Basin
4	35906 Parker Bruce		Albion Park
5	33475 Jackson Turner		Shoalhaven
6	36032 Jacob Lakeman		Albion Park
7	38743 Tye Bishop		St Georges Basin

Event 144 Girls U 13 - 80 Metre Hurdles (76cm) (4)

Zone: 12.60 30/01/2011 Susie Seitaridis			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	33494 Keira Forster		Shoalhaven
3	33522 Olivia Seymour-Munn		Shoalhaven
4	13010 Calai Dach		Lake Illawarra
5	35982 Ane Pretorius		Albion Park

Event 145 Boys U 13 - 80 Metre Hurdles (76cm) (3)

Zone: 12.90 29/01/2006 Jack Doyle			
Zone: 12.90 13/12/2009 Jye Brooker			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	13004 Thomas Gowans		Lake Illawarra
3	24087 Sinclair Davis		Kiama
4	13008 Morgan Vagg		Lake Illawarra

Event 146 Girls U 14 - 80 Metre Hurdles (76cm) (2)

Zone: 12.50 11/12/2011 Susie Seitaridis			
Lane	Name	Age	Centre
Section 1 of 1 Final			
5	35980 Chelsea Nicol		Albion Park
6	36005 Ruby Kerr		Albion Park

Event 147 Boys U 14 - 90 Metre Hurdles (76cm) (1)

Zone: 12.60 30/01/2011 Jye Brooker			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	36056 Zach Gillett		Albion Park

Event 148 Girls U 15 - 90 Metre Hurdles (76cm) (2)

Zone: 13.60 9/12/2012 Susie Seitaridis			
Lane	Name	Age	Centre
Section 1 of 1 Final			
3	20683 Kadance Naylor		St Georges Basin
4	36019 Darcie Dwyer		Albion Park

Event 149 Girls U 17 - 100 Metre Hurdles (76cm) (1)

Zone: 14.40 13/12/2009 Talissa Scott			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	20713 Jasmine Wheeler		St Georges Basin

Event 150 Girls U 12 - 200 Metre Sprint (9)

8 Advance: Top 3 Each Heat plus Next 2 Best Times			
Zone: 26.10 28/01/1979 Kim Wilson			
Lane	Name	Age	Centre
Heat 1 of 2 Heats			
2	36014 Kara Condello		Albion Park
3	38592 Lena Flore-Quirk		Milton-Ulladulla
4	20747 Ava Porteous		St Georges Basin
5	38591 Hollie Braddick		Milton-Ulladulla
6	33458 Sophie Bull		Shoalhaven
Heat 2 of 2 Heats			
2	20743 Layla Bishop		St Georges Basin
3	38608 Mia Ferguson		Milton-Ulladulla
4	20688 Jaylah Russell		St Georges Basin
5	12983 Chleo Luis		Lake Illawarra

Event 151 Girls U 10 - 70 Metre Sprint (3)

Zone: 10.20 29/01/2006 Shayna Wilson			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	36084 Zarli Grebert		Albion Park
3	24112 Elsey Chapman		Kiama
4	12956 Aleaha Talbot		Lake Illawarra

Event 152 Boys U 10 - 70 Metre Sprint (7)

Zone: 9.40 13/12/2009 Tristan Brazulaitis			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	36046 Soul Evans		Albion Park
3	24075 Tasman Oldfield		Kiama
4	12985 Braxton Carlaw		Lake Illawarra
5	36048 Ziggy Evans		Albion Park
6	20750 Jaison Fuller		St Georges Basin
7	33626 Edward Parnell		Shoalhaven
8	38586 Teddy Braddick		Milton-Ulladulla

Event 153 Girls U 9 - 70 Metre Sprint (4)

Zone: 10.80 14/12/2014 Delta Amidzovski			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	35981 Callie Dent		Albion Park
3	12954 Mollie Bremner		Lake Illawarra
4	36016 Kaylee Condello		Albion Park
5	35949 Tanisha Murray		Albion Park

Event 154 Boys U 9 - 70 Metre Sprint (4)

Zone: 10.40 13/12/2015 Riley Moran			
Zone: 10.40 13/12/2009 Connor Ruse-Kent			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	35959 Oliver Sandona		Albion Park
3	24049 Koa Matterson		Kiama
4	33479 Harry Stubbs		Shoalhaven
5	24037 Billy Winchester		Kiama

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Event 155 Girls U 8 - 70 Metre Sprint (8)

Zone: 11.10 31/01/1982 Rachel Dean			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	33442 Macey Dixon	Shoalhaven	
2	38572 Grace Braddick	Milton-Ulladulla	
3	33440 Mia De Ruyter	Shoalhaven	
4	36020 Stevie Hedges	Albion Park	
5	13018 Avenue-Sage Filiposki	Lake Illawarra	
6	33472 Imogen Bertholini	Shoalhaven	
7	12957 Zaeli Talbot	Lake Illawarra	
8	33473 Hayley Astin-Briggs	Shoalhaven	

Event 156 Boys U 8 - 70 Metre Sprint (4)

Zone: 10.10 30/01/1983 P Giobbi			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
2	20689 Jackson Porteous	St Georges Basin	
3	36057 Kayden Gillett	Albion Park	
4	24036 Levi Winchester	Kiama	
5	33501 Jasper McConville	Shoalhaven	

Event 157 Girls U 7 - 70 Metre Sprint (3)

Zone: 11.10 31/01/1982 Belinda Ruiz			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
2	33441 Charlotte Fragar	Shoalhaven	
3	24048 Arlie Matterson	Kiama	
4	36015 Kyla Condello	Albion Park	

Event 158 Boys U 7 - 70 Metre Sprint (4)

Zone: 11.10 30/01/1983 L O'Connor			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
2	38569 Jake Ferguson	Milton-Ulladulla	
3	12974 Jesse Tebb	Lake Illawarra	
4	20677 Luke Dennett	St Georges Basin	
5	12953 Archie Bremner	Lake Illawarra	

Event 159 Girls U 11 - 800 Metre Run (6)

Zone: 2:29.10 31/01/1982 K Tiech			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	36085 Ivy Grebert	Albion Park	
2	38609 Lily Rose Boyle	Milton-Ulladulla	
3	35935 Ada Houldsworth	Albion Park	
4	33466 Annie Dziubinski	Shoalhaven	
5	36002 Amelia Elphick	Albion Park	
6	36018 Brooklyn McWilliams	Albion Park	

Event 160 Boys U 11 - 800 Metre Run (2)

Zone: 2:29.00 25/01/1981 Simon Hull			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
7	24038 Isaac Winchester	Kiama	
8	38589 Jonah Kann	Milton-Ulladulla	

Event 161 Girls U 12 - 800 Metre Run (7)

Zone: 2:29.10 30/01/1983 K Tiech			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	33540 Emerson Boatswain	Shoalhaven	
2	38592 Lena Flore-Quirk	Milton-Ulladulla	
3	33597 Amelia Percival	Shoalhaven	
4	36014 Kara Condello	Albion Park	
5	35916 Aliyah Holland-Kamar	Albion Park	
6	35920 Hayley Bennett	Albion Park	
7	33424 Layla Dixon	Shoalhaven	

Event 162 Boys U 12 - 800 Metre Run (8)

Zone: 2:23.00 31/01/1982 Simon Hull			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	24050 Rudy Keane	Kiama	
2	35912 Xavier Wilson	Albion Park	
3	24086 Tristan Harding	Kiama	
4	33536 Macarthur Davis	Shoalhaven	
5	24051 Henry Keane	Kiama	
6	33450 Joshua Astin-Briggs	Shoalhaven	
7	35906 Parker Bruce	Albion Park	
8	33581 Elijah Mercer	Shoalhaven	

Event 163 Girls U 13 - 800 Metre Run (5)

Zone: 2:24.40 30/01/2000 Cian Maciejewski			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	33494 Keira Forster	Shoalhaven	
2	13006 Mae Bremner	Lake Illawarra	
3	33578 Madeline Oke	Shoalhaven	
4	33467 Airlie Stevens	Shoalhaven	
5	33573 Brooklyn Horwood	Shoalhaven	

Event 164 Boys U 13 - 800 Metre Run (3)

Zone: 2:16.50 9/12/2012 Troy Whittington			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
6	36054 Jacob Stoneham	Albion Park	
7	13004 Thomas Gowans	Lake Illawarra	
8	36063 Jed Fowler	Albion Park	

Event 165 Girls U 14 - 800 Metre Run (2)

Zone: 2:21.50 15/12/2019 Tayissa Buchanan			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	33537 Elizabeth Davis	Shoalhaven	
2	35980 Chelsea Nicol	Albion Park	

Event 166 Boys U 14 - 800 Metre Run (2)

Zone: 2:16.80 9/12/2012 Kade Szakacs			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
3	35958 Ryder Haines	Albion Park	
4	35972 Deakin Cook	Albion Park	

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Event 167 Girls U 15 - 800 Metre Run (1)

Zone: 2:19.50 9/12/2012 Susie Seitaridis			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	33660 Haylee Connelly		Shoalhaven

Event 168 Boys U 15 - 800 Metre Run (1)

Zone: 2:10.10 27/01/1991 Chris Russell			
Zone: 2:10.10 15/12/2013 Kade Szakaacs			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	36055 William Stoneham		Albion Park

Event 169 Girls U 17 - 800 Metre Run (2)

Zone: 2:15.30 9/12/2012 Jessica Hull			
Lane	Name	Age	Centre
Section 1 of 1 Final			
3	35976 Ava Power		Albion Park
4	33623 Emily McLaren		Shoalhaven

Event 170 Boys U 17 - 800 Metre Run (2)

Zone: 2:01.70 13/12/2015 Kade Szakaacs			
Lane	Name	Age	Centre
Section 1 of 1 Final			
5	36062 Moses Fowler		Albion Park
6	33624 Hamish McLaren		Shoalhaven

Event 171 Girls U 10 - 800 Metre Run (8)

Zone: 2:41.30 4/12/2022 Brooklyn McWilliams			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	33574 Ivy Horwood		Shoalhaven
2	12978 Kalani Warren		Lake Illawarra
3	36084 Zarli Grebert		Albion Park
4	33659 Mia Musson		Shoalhaven
5	35937 Elivia Kirk		Albion Park
6	33486 Sienna Fryar		Shoalhaven
7	35951 Maeve Rimmer		Albion Park
8	33511 Cailin Burbage		Shoalhaven

Event 172 Boys U 10 - 800 Metre Run (8)

Zone: 2:32.10 27/01/1980 Simon Hull			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	33551 Finn Goddard		Shoalhaven
2	36058 Fynn Gillet		Albion Park
3	33538 Owen Harlor		Shoalhaven
4	36017 Bryson McWilliams		Albion Park
5	33650 Stirling Mercer		Shoalhaven
6	20676 Declan Bennett		St Georges Basin
7	35919 Oliver Bennett		Albion Park
8	12985 Braxton Carlaw		Lake Illawarra

Event 173 Girls U 9 - 800 Metre Run (2)

Zone: 2:43.00 30/01/1983 Lisa Baldwin			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	33444 Rachael Clarke		Shoalhaven
2	36016 Kaylee Condello		Albion Park

Event 174 Boys U 9 - 800 Metre Run (4)

Zone: 2:42.10 25/01/1998 Guy Cuttil			
Lane	Name	Age	Centre
Section 1 of 1 Final			
3	33457 Thomas Dziubinski		Shoalhaven
4	12972 Oliver Tebb		Lake Illawarra
5	36003 Aiden Elphick		Albion Park
6	20678 Sam Dennett		St Georges Basin

Event 175 Girls U 8 - 200 Metre Sprint (5)

Zone: 33.10 29/01/1984 S Gown			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	33530 Madison Sandstrom		Shoalhaven
3	13018 Avenue-Sage Filiposki		Lake Illawarra
4	33440 Mia De Ruyter		Shoalhaven
5	38574 Marla Flore-Quirk		Milton-Ulladulla
6	36020 Stevie Hedges		Albion Park

Event 176 Boys U 8 - 200 Metre Sprint (4)

Zone: 32.10 31/01/1982 Matthew Dalby			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	20709 Liam Davison		St Georges Basin
3	36057 Kayden Gillett		Albion Park
4	12909 Jude Bish		Lake Illawarra
5	20689 Jackson Porteous		St Georges Basin

Event 177 Girls U 7 - 200 Metre Sprint (5)

Zone: 34.10 30/01/1982 Belinda Ruiz			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	33488 Chelsea James		Shoalhaven
3	12940 Rosie Lester		Lake Illawarra
4	35931 Zariah Hennen		Albion Park
5	24048 Arlie Matterson		Kiama
6	36015 Kyla Condello		Albion Park

Event 178 Boys U 7 - 200 Metre Sprint (1)

Zone: 33.10 13/12/2015 Gabriel Lombardi			
Lane	Name	Age	Centre
Section 1 of 1 Final			
7	12953 Archie Bremner		Lake Illawarra

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Event 179 Girls U 11 - 200 Metre Sprint (7)

Zone: 29.10 27/01/1991 Skye Richardson			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	20668 Nevaeh Williams		St Georges Basin
3	36085 Ivy Grebert		Albion Park
4	20686 Layla McGinn		St Georges Basin
5	33566 Evalyn Norris		Shoalhaven
6	20714 Katherine Arendse		St Georges Basin
7	35960 Tilly Berg		Albion Park
8	38609 Lily Rose Boyle		Milton-Ulladulla

Event 181 Boys U 12 - 200 Metre Sprint (8)

Zone: 26.60 29/01/2006 Caine Trindall			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	33475 Jackson Turner		Shoalhaven
2	35914 Gianni Oiteirinho		Albion Park
3	24051 Henry Keane		Kiama
4	33536 Macarthur Davis		Shoalhaven
5	38743 Tye Bishop		St Georges Basin
6	35912 Xavier Wilson		Albion Park
7	24050 Rudy Keane		Kiama
8	20687 Landon Russell		St Georges Basin

Event 182 Girls U 13 - 200 Metre Sprint (2)

Zone: 26.30 2/12/2018 Chelsea Ezeoke			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	13006 Mae Bremner		Lake Illawarra
3	33573 Brooklyn Horwood		Shoalhaven

Event 183 Boys U 13 - 200 Metre Sprint (2)

Zone: 25.40 28/01/2007 Caine Trindall			
Lane	Name	Age	Centre
Section 1 of 1 Final			
4	36063 Jed Fowler		Albion Park
5	24087 Sinclair Davis		Kiama

Event 184 Girls U 14 - 200 Metre Sprint (5)

Zone: 26.40 14/12/2014 Jenna Bentley			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	13012 Ellie King		Lake Illawarra
3	33537 Elizabeth Davis		Shoalhaven
4	36005 Ruby Kerr		Albion Park
5	38594 Suvi Flore-Quirk		Milton-Ulladulla
6	35975 Ella Power		Albion Park

Event 185 Boys U 14 - 200 Metre Sprint (3)

Zone: 24.20 30/01/2000 Johnny Finkernagel			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	35972 Deakin Cook		Albion Park
3	36022 Lucius Te Ahuru Itama		Albion Park
4	36056 Zach Gillett		Albion Park

Event 186 Girls U 15 - 200 Metre Sprint (3)

Zone: 26.30 13/12/2009 Skye Ryan			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	33660 Haylee Connelly		Shoalhaven
3	24026 Maiya Hewitt		Kiama
4	36019 Darcie Dwyer		Albion Park

Event 187 Girls U 17 - 200 Metre Sprint (5)

Zone: 25.30 13/12/2009 Talissa Scott			
Zone: 25.30 13/12/2015 Kiara White			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	33499 Grace Gibson		Shoalhaven
3	36004 Charlotte Kerr		Albion Park
4	24027 Ella Hewitt		Kiama
5	35976 Ava Power		Albion Park
6	20713 Jasmine Wheeler		St Georges Basin

Event 188 Boys U 17 - 200 Metre Sprint (2)

Zone: 22.60 11/12/2011 Brodie Leeson			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	36033 Joshua Lakeman		Albion Park
3	20706 Caleb Saunders		St Georges Basin

Event 189 Girls U 10 - 200 Metre Sprint (6)

Zone: 29.10 26/01/1986 S Gown			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	35951 Maeve Rimmer		Albion Park
3	33465 Ashleigh Astin-Briggs		Shoalhaven
4	35937 Elivia Kirk		Albion Park
5	24112 Elsey Chapman		Kiama
6	36084 Zarli Grebert		Albion Park
7	12956 Aleaha Talbot		Lake Illawarra

Event 190 Boys U 10 - 200 Metre Sprint (5)

Zone: 28.20 28/01/2007 Luke Watts			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	20702 Callan Davison		St Georges Basin
3	33551 Finn Goddard		Shoalhaven
4	36048 Ziggy Evans		Albion Park
5	33626 Edward Parnell		Shoalhaven
6	12985 Braxton Carlaw		Lake Illawarra

Event 191 Girls U 9 - 200 Metre Sprint (3)

Zone: 31.80 27/01/2002 Paige Fenech			
Lane	Name	Age	Centre
Section 1 of 1 Final			
2	36016 Kaylee Condello		Albion Park
3	33444 Rachael Clarke		Shoalhaven
4	20667 Mila Bozikov		St Georges Basin

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Event 192 Boys U 9 - 200 Metre Sprint (5)

Zone: 30.10 26/01/1986 Steven Russo

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

2	24039 Silas Kiehl		Kiama	
3	12972 Oliver Tebb		Lake Illawarra	
4	20678 Sam Dennett		St Georges Basin	
5	33479 Harry Stubbs		Shoalhaven	
6	24037 Billy Winchester		Kiama	

Event 193 Girls U 12-17 4x100 Metre Relay (Snr) (6)

Zone: 52.10 14/12/2008 Albion Park

Lane	Centre	Relay	Seed Time
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Section 1 of 1 Final

2	Albion Park		
3	St Georges Basin		
4	Kiama		
5	Shoalhaven		
6	Milton-Ulladulla		
7	Lake Illawarra		

Event 194 Boys U 12-17 4x100 Metre Relay (Snr) (6)

Zone: 48.50 14/12/2008 Albion Park

Lane	Centre	Relay	Seed Time
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Section 1 of 1 Final

2	Shoalhaven		
3	Milton-Ulladulla		
4	St Georges Basin		
5	Lake Illawarra		
6	Albion Park		
7	Kiama		

Event 195 Girls U 9-12 4x100 Metre Relay (Jnr) (6)

Zone: 57.90 13/12/2009 Lake Illawarra

Lane	Centre	Relay	Seed Time
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Section 1 of 1 Final

2	Lake Illawarra		
3	Albion Park		
4	Shoalhaven		
5	St Georges Basin		
6	Kiama		
7	Milton-Ulladulla		

Event 196 Boys U 9-12 4x100 Metre Relay (Jnr) (6)

Zone: 57.20 14/12/2008 Albion Park

Lane	Centre	Relay	Seed Time
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Section 1 of 1 Final

2	St Georges Basin		
3	Lake Illawarra		
4	Milton-Ulladulla		
5	Kiama		
6	Albion Park		
7	Shoalhaven		

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Session: 4 Sunday Field Events
Day 2 - Sunday 03/12/2023 - Starts at 09:00 AM

Event	Description	Round
#197	Boys U 14 - Long Jump	Final
#198	Girls U 15 - Long Jump	Final
#199	Boys U 17 - Triple Jump	Final
#200	Girls U 13 - Discus (750 Gram)	Final
#201	Girls U 14 - Discus (1.0 Kg)	Final
#202	Boys U 13 - Shot Put (3.0 Kg)	Final
#203	Girls U 17 - Shot Put (3.0 Kg)	Final
#204	Boys U 9 - High Jump (S/H 0.85m)	Final
#205	Boys U 15 - High Jump (S/H 1.25m)	Final
#206	Boys U 10 - Long Jump	Final
#207	Girls U 12 - Long Jump	Final
#208	Boys U 11 - Triple Jump	Final
#209	Girls U 7 - Discus (350 Gram)	Final
#210	Girls U 11 - Discus (500 Gram)	Final
#211	Girls U 17 - Javelin (500 Gram)	Final
#212	Girls U 8 - Shot Put (1.5 Kg)	Final
#213	Boys U 14 - Shot Put (3.0 Kg)	Final
#214	Girls U 10 - High Jump (S/H 0.90m)	Final
#215	Boys U 12 - High Jump (S/H 1.15m)	Final
#216	Girls U 9 - Long Jump	Final
#217	Boys U 13 - Long Jump	Final
#218	Girls U 13 - Triple Jump	Final
#219	Boys U 8 - Discus (500 Gram)	Final
#220	Girls U 12 - Javelin (400 Gram)	Final
#221	Boys U 7 - Shot Put (1.0 Kg)	Final
#222	Girls U 15 - Shot Put (3.0 Kg)	Final
#223	Girls U 14 - High Jump (S/H 1.20m)	Final
#224	Boys U 17 - High Jump (S/H 1.30m)	Final
#225	Girls U 11 - Long Jump	Final
#226	Girls U 17 - Long Jump	Final
#227	Girls U 9 - Discus (500 Gram)	Final
#228	Boys U 10 - Discus (500 Gram)	Final
#229	Girls U 15 - Javelin (500 Gram)	Final
#230	Boys U 9 - Shot Put (2.0 Kg)	Final
#231	Boys U 12 - Shot Put (2.0 Kg)	Final
#232	Boys U 11 - High Jump (S/H 1.05m)	Final
#233	Boys U 13 - High Jump (S/H 1.20m)	Final
#234	Girls U 7 - Long Jump	Final
#235	Boys U 7 - Long Jump	Final
#236	Girls U 14 - Triple Jump	Final
#237	Girls U 12 - Discus (750 Gram)	Final
#238	Boys U 14 - Javelin (600 Gram)	Final
#239	Boys U 11 - Shot Put (2.0 Kg)	Final
#240	Girls U 10 - Shot Put (2.0 Kg)	Final
#241	Boys U 12 - Triple Jump	Final
#242	Boys U 17 - Discus (1.5 Kg)	Final
#243	Girls U 13 - Javelin (400 Gram)	Final
#244	Boys U 15 - Discus (1.0 Kg)	Final
#245	Boys U 15-17 Multi Class Discus	Final
#246	Girls U 11 - Javelin (400 Gram)	Final

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*Bracketed events will be combined.

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Event 197 Boys U 14 - Long Jump (5)

Zone: 5.83m 30/01/2011 Jye Brooker			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	24089 Max Kiehl		Kiama
2	36056 Zach Gillett		Albion Park
3	24122 Stephen Alfano		Kiama
4	36022 Lucius Te Ahuru Itama		Albion Park
5	13007 Nate Talbot		Lake Illawarra

Event 198 Girls U 15 - Long Jump (5)

Zone: 5.72m 13/12/2008 Tayla King			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	33577 Olivia Oke		Shoalhaven
2	20683 Kadance Naylor		St Georges Basin
3	33660 Haylee Connelly		Shoalhaven
4	36019 Darcie Dwyer		Albion Park
5	24026 Maiya Hewitt		Kiama

Event 199 Boys U 17 - Triple Jump (2)

Zone: 12.47m 19/12/2021 Tsar Mandavy			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	35942 Waldo Pretorius		Albion Park
2	20706 Caleb Saunders		St Georges Basin

Event 200 Girls U 13 - Discus (750 Gram) (5)

Zone: 39.35m 2/12/2018 Chelsea Ezeoke			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	33463 Layla Beck		Shoalhaven
2	13010 Calai Dach		Lake Illawarra
3	33569 Lilly Moore		Shoalhaven
4	13006 Mae Bremner		Lake Illawarra
5	33522 Olivia Seymour-Munn		Shoalhaven

Event 201 Girls U 14 - Discus (1.0 Kg) (4)

Zone: 42.03m 9/12/2012 Samantha Peace			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	13005 Isabella Clowes		Lake Illawarra
2	33622 Heidi McLaren		Shoalhaven
3	35998 Mackenzie Hutchinson		Albion Park
4	13012 Ellie King		Lake Illawarra

Event 202 Boys U 13 - Shot Put (3.0 Kg) (1)

Zone: 14.29m 30/01/1983 Paul Kaiserfield			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	13011 Beau Lidbetter		Lake Illawarra

Event 203 Girls U 17 - Shot Put (3.0 Kg) (2)

Zone: 13.12m 11/12/2011 Rachelle Grozde			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	20664 Natarsha Mandavy		St Georges Basin
2	13001 Aleisha McGarry		Lake Illawarra

Event 204 Boys U 9 - High Jump (S/H 0.85m) (4)

Zone: 1.25m 29/01/1983 Matthew Dalby			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	20682 Braxton Naylor		St Georges Basin
2	36003 Aiden Elphick		Albion Park
3	33479 Harry Stubbs		Shoalhaven
4	20678 Sam Dennett		St Georges Basin

Event 205 Boys U 15 - High Jump (S/H 1.25m) (1)

Zone: 1.77m 15/12/2019 Tsar Mandavy			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	36055 William Stoneham		Albion Park

Event 206 Boys U 10 - Long Jump (8)

Zone: 4.75m 26/01/1980 David Carter			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	36017 Bryson McWilliams		Albion Park
2	20676 Declan Bennett		St Georges Basin
3	20750 Jaison Fuller		St Georges Basin
4	36046 Soul Evans		Albion Park
5	38586 Teddy Braddick		Milton-Ulladulla
6	20702 Callan Davison		St Georges Basin
7	36058 Fynn Gillet		Albion Park
8	12985 Braxton Carlaw		Lake Illawarra

Event 207 Girls U 12 - Long Jump (15)

Zone: 4.93m 12/12/2009 Chloe Docker			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	33458 Sophie Bull		Shoalhaven
2	35920 Hayley Bennett		Albion Park
3	12991 Paige King		Lake Illawarra
4	20743 Layla Bishop		St Georges Basin
5	20688 Jaylah Russell		St Georges Basin
6	35950 Kaylie Murray		Albion Park
7	20747 Ava Porteous		St Georges Basin
8	38591 Hollie Braddick		Milton-Ulladulla
9	33625 Eleanor Parnell		Shoalhaven
10	36014 Kara Condello		Albion Park
11	38592 Lena Flore-Quirk		Milton-Ulladulla
12	13020 Charlotte Lester		Lake Illawarra
13	35916 Aliyah Holland-Kamar		Albion Park
14	20741 Abbey Pell		St Georges Basin
15	38608 Mia Ferguson		Milton-Ulladulla

Event 208 Boys U 11 - Triple Jump (1)

Zone: 9.96m 26/01/2003 Kevin Orgaz			
Zone: 9.96m 28/01/2006 Joshua Bingham			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	24038 Isaac Winchester		Kiama

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Event 209 Girls U 7 - Discus (350 Gram) (4)

Zone: 14.83m 29/01/2000 Talissa Scott			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	33474 Evelyn Vickery		Shoalhaven
2	36015 Kyla Condello		Albion Park
3	12940 Rosie Lester		Lake Illawarra
4	35936 Felicity Houldsworth		Albion Park

Event 210 Girls U 11 - Discus (500 Gram) (10)

Zone: 21.98m 4/12/2022 Lucy Schofield			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	12884 Hannah Lidbetter		Lake Illawarra
2	33521 Isla Sargent		Shoalhaven
3	24077 Ivy Turano-Lyall		Kiama
4	33512 Layla Burbage		Shoalhaven
5	36018 Brooklyn McWilliams		Albion Park
6	36085 Ivy Grebert		Albion Park
7	35960 Tilly Berg		Albion Park
8	24033 Mackenzie Massey		Kiama
9	33469 Abby Beck		Shoalhaven
10	20715 Sienna Stoddart		St Georges Basin

Event 211 Girls U 17 - Javelin (500 Gram) (3)

Zone: 34.11m 10/12/2011 Rachelle Grozde			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	13001 Aleisha McGarry		Lake Illawarra
2	33499 Grace Gibson		Shoalhaven
3	33623 Emily McLaren		Shoalhaven

Event 212 Girls U 8 - Shot Put (1.5 Kg) (5)

Zone: 6.39m 30/01/2000 Kendall Vaughan			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	36020 Stevie Hedges		Albion Park
2	12914 Holly Smyth		Lake Illawarra
3	13018 Avenue-Sage Filiposki		Lake Illawarra
4	33632 Makayla Musson		Shoalhaven
5	33472 Imogen Bertholini		Shoalhaven

Event 213 Boys U 14 - Shot Put (3.0 Kg) (1)

Zone: 14.07m 2/12/2018 Ryan Keen			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	13007 Nate Talbot		Lake Illawarra

Event 214 Girls U 10 - High Jump (S/H 0.90m) (7)

Zone: 1.32m 2/12/2018 Mia Davis			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	36084 Zarli Grebert		Albion Park
2	33486 Sienna Fryar		Shoalhaven
3	33438 Lara Gordon		Shoalhaven
4	24112 Elsey Chapman		Kiama
5	33523 Annabelle Seymour-Mi		Shoalhaven
6	33465 Ashleigh Astin-Briggs		Shoalhaven
7	12929 Zoe Gregory		Lake Illawarra

Event 215 Boys U 12 - High Jump (S/H 1.15m) (7)

Zone: 1.67m 31/01/1982 Mineo Bonetig			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	24051 Henry Keane		Kiama
2	33450 Joshua Astin-Briggs		Shoalhaven
3	35914 Gianni Oiteirinho		Albion Park
4	20687 Landon Russell		St Georges Basin
5	33581 Elijah Mercer		Shoalhaven
6	38743 Tye Bishop		St Georges Basin
7	24050 Rudy Keane		Kiama

Event 216 Girls U 9 - Long Jump (5)

Zone: 4.22m 27/01/1985 S Gown			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	20667 Mila Bozikov		St Georges Basin
2	20742 Tilly O'Connor		St Georges Basin
3	38616 Mila Graham		Milton-Ulladulla
4	12954 Mollie Bremner		Lake Illawarra
5	36016 Kaylee Condello		Albion Park

Event 217 Boys U 13 - Long Jump (2)

Zone: 5.41m 29/01/1989 Che Wicks			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	24087 Sinclair Davis		Kiama
2	13004 Thomas Gowans		Lake Illawarra

Event 218 Girls U 13 - Triple Jump (6)

Zone: 10.56m 2/12/2018 Chelsea Ezeoke			
Pos	Name	Age	Centre
Flight 1 of 1 Final			
1	33522 Olivia Seymour-Munn		Shoalhaven
2	33467 Airlie Stevens		Shoalhaven
3	33578 Madeline Oke		Shoalhaven
4	33573 Brooklyn Horwood		Shoalhaven
5	35982 Ane Pretorius		Albion Park
6	13006 Mae Bremner		Lake Illawarra

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Event 219 Boys U 8 - Discus (500 Gram) (5)

Zone: 25.34m 30/01/2000 S Harris

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	12909 Jude Bish		Lake Illawarra	
2	12916 Toby Fogarty		Lake Illawarra	
3	20740 Toby Pell		St Georges Basin	
4	36030 Isaiah Ayoub		Albion Park	
5	20709 Liam Davison		St Georges Basin	

Event 220 Girls U 12 - Javelin (400 Gram) (7)

Zone: 27.93m 10/12/2011 Shaye-Lee Frier

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	12983 Chleo Luis		Lake Illawarra	
2	35950 Kaylie Murray		Albion Park	
3	33597 Amelia Percival		Shoalhaven	
4	33540 Emerson Boatswain		Shoalhaven	
5	12991 Paige King		Lake Illawarra	
6	36014 Kara Condello		Albion Park	
7	13020 Charlotte Lester		Lake Illawarra	

Event 221 Boys U 7 - Shot Put (1.0 Kg) (4)

Zone: 7.52m 13/12/2014 Noah Jackson

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	33485 Blake Fryar		Shoalhaven	
2	12953 Archie Bremner		Lake Illawarra	
3	38569 Jake Ferguson		Milton-Ulladulla	
4	33513 Jai Burbage		Shoalhaven	

Event 222 Girls U 15 - Shot Put (3.0 Kg) (1)

Zone: 13.02m 13/12/2009 Rachelle Grozde

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	20683 Kadance Naylor		St Georges Basin	

Event 223 Girls U 14 - High Jump (S/H 1.20m) (3)

Zone: 1.61m 27/01/2008 Tayla King

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	33622 Heidi McLaren		Shoalhaven	
2	35975 Ella Power		Albion Park	
3	13005 Isabella Clowes		Lake Illawarra	

Event 224 Boys U 17 - High Jump (S/H 1.30m) (2)

Zone: 1.90m 10/12/2016 Jye Shumack

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	36039 Mackay Jones		Albion Park	
2	20706 Caleb Saunders		St Georges Basin	

Event 225 Girls U 11 - Long Jump (8)

Zone: 4.78m 26/01/2002 Teresa Garcia

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	38609 Lily Rose Boyle		Milton-Ulladulla	
2	33566 Evalyn Norris		Shoalhaven	
3	36018 Brooklyn McWilliams		Albion Park	
4	20714 Katherine Arendse		St Georges Basin	
5	12884 Hannah Lidbetter		Lake Illawarra	
6	35935 Ada Houldsworth		Albion Park	
7	24076 Archie Turano-Lyall		Kiama	
8	24033 Mackenzie Massey		Kiama	

Event 226 Girls U 17 - Long Jump (6)

Zone: 5.75m 13/12/2008 Talissa Scott

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	36004 Charlotte Kerr		Albion Park	
2	20664 Natarsha Mandavy		St Georges Basin	
3	20713 Jasmine Wheeler		St Georges Basin	
4	24027 Ella Hewitt		Kiama	
5	33499 Grace Gibson		Shoalhaven	
6	35976 Ava Power		Albion Park	

Event 227 Girls U 9 - Discus (500 Gram) (4)

Zone: 24.07m 27/01/2002 Talissa Scott

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	12954 Mollie Bremner		Lake Illawarra	
2	35981 Callie Dent		Albion Park	
3	35949 Tanisha Murray		Albion Park	
4	33520 Claire Sargent		Shoalhaven	

Event 228 Boys U 10 - Discus (500 Gram) (6)

Zone: 34.09m 12/12/2015 Ryan Keen

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	36017 Bryson McWilliams		Albion Park	
2	33650 Stirling Mercer		Shoalhaven	
3	20750 Jaison Fuller		St Georges Basin	
4	20676 Declan Bennett		St Georges Basin	
5	33538 Owen Harlor		Shoalhaven	
6	24075 Tasman Oldfield		Kiama	

Event 229 Girls U 15 - Javelin (500 Gram) (1)

Zone: 33.03m 9/12/2012 Susie Seitaridis

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	20683 Kadance Naylor		St Georges Basin	

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Event 230 Boys U 9 - Shot Put (2.0 Kg) (5)

Zone: 8.79m 26/01/1991 Bradley Jackson				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	35913 Lincoln Gorrie		Albion Park	
2	33449 Mason Beck		Shoalhaven	
3	20682 Braxton Naylor		St Georges Basin	
4	33457 Thomas Dziubinski		Shoalhaven	
5	24049 Koa Matterson		Kiama	

Event 231 Boys U 12 - Shot Put (2.0 Kg) (5)

Zone: 11.70m 4/12/2022 Beau Lidbetter				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	24086 Tristan Harding		Kiama	
2	33475 Jackson Turner		Shoalhaven	
3	36032 Jacob Lakeman		Albion Park	
4	33621 Aidan McLaren		Shoalhaven	
5	35914 Gianni Oiteirinho		Albion Park	

Event 232 Boys U 11 - High Jump (S/H 1.05m) (2)

Zone: 1.50m 24/01/1981 Mineo Bonetig				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	35946 Ky Jesus		Albion Park	
2	36031 Justin Lakeman		Albion Park	

Event 233 Boys U 13 - High Jump (S/H 1.20m) (2)

Zone: 1.66m 11/12/2011 Jake Rallings				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	13008 Morgan Vagg		Lake Illawarra	
2	13004 Thomas Gowans		Lake Illawarra	

Event 234 Girls U 7 - Long Jump (7)

Zone: 3.33m 26/01/2001 Tayla King				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	12940 Rosie Lester		Lake Illawarra	
2	36015 Kyla Condello		Albion Park	
3	35931 Zariah Hennen		Albion Park	
4	33474 Evelyn Vickery		Shoalhaven	
5	33488 Chelsea James		Shoalhaven	
6	35936 Felicity Houldsworth		Albion Park	
7	33441 Charlotte Fragar		Shoalhaven	

Event 235 Boys U 7 - Long Jump (5)

Zone: 3.50m 13/12/2015 Germaine Wright				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	33513 Jai Burbage		Shoalhaven	
2	12974 Jesse Tebb		Lake Illawarra	
3	12953 Archie Bremner		Lake Illawarra	
4	38569 Jake Ferguson		Milton-Ulladulla	
5	33485 Blake Fryar		Shoalhaven	

Event 236 Girls U 14 - Triple Jump (2)

Zone: 11.20m 27/01/2008 Tayla King				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	35980 Chelsea Nicol		Albion Park	
2	13005 Isabella Clowes		Lake Illawarra	

Event 237 Girls U 12 - Discus (750 Gram) (10)

Zone: 33.96m 29/01/2011 Samantha Peace				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	12991 Paige King		Lake Illawarra	
2	35950 Kaylie Murray		Albion Park	
3	33424 Layla Dixon		Shoalhaven	
4	33458 Sophie Bull		Shoalhaven	
5	20743 Layla Bishop		St Georges Basin	
6	20741 Abbey Pell		St Georges Basin	
7	33540 Emerson Boatswain		Shoalhaven	
8	33597 Amelia Percival		Shoalhaven	
9	36014 Kara Condello		Albion Park	
10	13020 Charlotte Lester		Lake Illawarra	

Event 238 Boys U 14 - Javelin (600 Gram) (1)

Zone: 41.08m 29/01/2005 Michael Baillie				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	36022 Lucius Te Ahuru Itama		Albion Park	

Event 239 Boys U 11 - Shot Put (2.0 Kg) (5)

Zone: 12.08m 27/01/1996 Alex Cabanas				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	36031 Justin Lakeman		Albion Park	
2	33443 Tyler Dixon		Shoalhaven	
3	35997 Jackson Hutchinson		Albion Park	
4	33529 Riley Sandstrom		Shoalhaven	
5	33471 Isaac Fragar		Shoalhaven	

Event 240 Girls U 10 - Shot Put (2.0 Kg) (3)

Zone: 8.90m 13/12/2015 Chelsea Ezeoke				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	33511 Cailin Burbage		Shoalhaven	
2	33523 Annabelle Seymour-Mi		Shoalhaven	
3	33438 Lara Gordon		Shoalhaven	

Event 241 Boys U 12 - Triple Jump (3)

Zone: 10.68m 30/01/2011 Jake Rallings				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	36032 Jacob Lakeman		Albion Park	
2	35906 Parker Bruce		Albion Park	
3	24050 Rudy Keane		Kiama	

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Ron Brown Sporting Complex
Meet Program - Sunday Field Events

Event 242 Boys U 17 - Discus (1.5 Kg) (2)

Zone: 41.00m 19/12/2021 Ryan Keen

Pos	Name	Age Centre	Seed Mark
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Flight 1 of 1 Final

1	33624 Hamish McLaren	Shoalhaven	
2	12999 Parker Ivanovski	Lake Illawarra	

Event 243 Girls U 13 - Javelin (400 Gram) (5)

Zone: 31.62m 9/12/2012 Shaye-Lee Frier

Pos	Name	Age Centre	Seed Mark
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Flight 1 of 1 Final

1	33463 Layla Beck	Shoalhaven	
2	35982 Ane Pretorius	Albion Park	
3	13010 Calai Dach	Lake Illawarra	
4	33569 Lilly Moore	Shoalhaven	
5	33522 Olivia Seymour-Munn	Shoalhaven	

Event 244 Boys U 15 - Discus (1.0 Kg) (1)

Zone: 56.56m 15/12/2019 Ryan Keen

Pos	Name	Age Centre	Seed Mark
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Flight 1 of 1 Final

1	33568 Riley Moore	Shoalhaven	
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Event 245 Boys U 15-17 Multi Class Discus (1)

Pos	Name	Age Centre	Seed Mark
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Flight 1 of 1 Final

1	33571 Kynan Miller (T/F20)	Shoalhaven	
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Event 246 Girls U 11 - Javelin (400 Gram) (5)

Zone: 16.87m 9/12/2017 Olivia Davis

Pos	Name	Age Centre	Seed Mark
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Flight 1 of 1 Final

1	12884 Hannah Lidbetter	Lake Illawarra	
2	24077 Ivy Turano-Lyall	Kiama	
3	33512 Layla Burbage	Shoalhaven	
4	33469 Abby Beck	Shoalhaven	
5	24076 Archie Turano-Lyall	Kiama	

Ground Layout

