

HART ZONE SPORT CHAMPIONSHIPS



 Little Athletics
NSW

2023/24

2023/2024 NORTH EAST METROPOLITAN ZONE ATHLETICS CHAMPIONSHIPS

Scheduled Friday 24th November to Sunday 26th November, 2023

Times listed on the left hand side are **NOT BEFORE** times. Events will not begin before this time, however they may begin later.

Note: Athletes are required to be at the venue 60 minutes prior to the Not Before Time.

Event Clashes

In the case of a clash, athletes should always go to their field event and stay there until either the completion of the event or collected by the Clash Manager. There will be a Clash Manager to collect athletes from Field events to escort them to Track events.

Once an athlete has completed their track event they must return to their field event immediately without detours.

Track Progression from Heats to Finals

Where there are 2 Heats - The first 3 from each heat plus the next 2 best times progress to the final

Where there are 3 Heats - The first 2 from each heat plus the next 2 best times progress to the final

Where there are 4 Heats - The first 1 from each heat plus the next 4 best times progress to the final

Progression from Zone to Region

Under 7 competitors do not progress beyond Zone.

For Under 8 – Under 17 competitors the first 6 place getters in a final at NEMZ plus the next best 4 competitors from the finals in that event across NEMZ and NMZ will progress to Region.

In the instance of track event finals contested with 9 athletes, only the top 8 will be considered for progression to region.

See also LANSW rules of competition SectionC.

Note: The athletes progressing must contest a final, so if you make a final and are not able to compete at Region on 10th & 11th February 2024, please let us know so a replacement can run in the final so NEMZ do not forfeit a place at Region.

ORDER OF EVENTS - TRACK FRIDAY

6:45 PM	T#1	U13	Girls	3000 Metre	Final
	T#2	U13	Boys	3000 Metre	Final
	T#3	U14	Girls	3000 Metre	Final
	T#4	U14	Boys	3000 Metre	Final
	T#5	U15	Girls	3000 Metre	Final
	T#6	U15	Boys	3000 Metre	Final
	T#7	U17	Girls	3000 Metre	Final
	T#8	U17	Boys	3000 Metre	Final

ORDER OF EVENTS - TRACK SATURDAY

Not Before Time

8:30 AM	T#9	U8	Girls	400 Metre Pack Start	Timed Finals
	T#10	U8	Boys	400 Metre Pack Start	Timed Finals
	T#11	U11	Girls	1500 Metre	Final
	T#12	U11	Boys	1500 Metre	Final
	T#13	U12	Girls	1500 Metre	Final
	T#14	U12	Boys	1500 Metre	Final
	T#15	U13	Girls	1500 Metre	Final
	T#16	U13	Boys	1500 Metre	Final
9:20 AM	T#17	U14	Girls	1500 Metre	Final
	T#18	U14	Boys	1500 Metre	Final
	T#19	U15	Girls	1500 Metre	Final
	T#20	U15	Boys	1500 Metre	Final
	T#21	U17	Girls	1500 Metre	Final
	T#22	U17	Boys	1500 Metre	Final
9:40 AM	T#23	U8	Girls	60 Metre Hurdles	Heats
	T#24	U8	Boys	60 Metre Hurdles	Heats
	T#25	U9	Girls	60 Metre Hurdles	Heats
	T#26	U9	Boys	60 Metre Hurdles	Heats
	T#27	U10	Girls	60 Metre Hurdles	Heats
	T#28	U10	Boys	60 Metre Hurdles	Heats
10:25 AM	T#29	U11	Girls	80 Metre Hurdles	Heats
	T#30	U11	Boys	80 Metre Hurdles	Heats
	T#31	U12	Girls	80 Metre Hurdles	Heats
	T#32	U12	Boys	80 Metre Hurdles	Heats
11:05 AM	T#33	U7	Girls	50 Metre	Heats
	T#34	U7	Boys	50 Metre	Heats
11:25 AM	T#35	U8	Girls	60 Metre Hurdles	Final
	T#36	U8	Boys	60 Metre Hurdles	Final
	T#37	U9	Girls	60 Metre Hurdles	Final
	T#38	U9	Boys	60 Metre Hurdles	Final
	T#39	U10	Girls	60 Metre Hurdles	Final
	T#40	U10	Boys	60 Metre Hurdles	Final
	T#41	U11	Girls	80 Metre Hurdles	Final
	T#42	U11	Boys	80 Metre Hurdles	Final
	T#43	U12	Girls	80 Metre Hurdles	Final
	T#44	U12	Boys	80 Metre Hurdles	Final

12:05 PM	T#45	U17	Girls	300 Metre Hurdles	Timed Finals
	T#46	U17	Boys	300 Metre Hurdles	Timed Finals
	T#47	U15	Girls	300 Metre Hurdles	Timed Finals
	T#48	U15	Boys	300 Metre Hurdles	Timed Finals
	T#49	U14	Girls	200 Metre Hurdles	Timed Finals
	T#50	U14	Boys	200 Metre Hurdles	Timed Finals
	T#51	U13	Girls	200 Metre Hurdles	Timed Finals
	T#52	U13	Boys	200 Metre Hurdles	Timed Finals
12:50 PM	T#53	U8	Girls	100 Metre	Heats
	T#54	U8	Boys	100 Metre	Heats
	T#55	U9	Girls	100 Metre	Heats
	T#56	U9	Boys	100 Metre	Heats
	T#57	U10	Girls	100 Metre	Heats
	T#58	U10	Boys	100 Metre	Heats
	T#59	U7	Girls	100 Metre	Heats
	T#60	U7	Boys	100 Metre	Heats
	T#61	U11	Girls	100 Metre	Heats
	T#62	U11	Boys	100 Metre	Heats
1:40 PM	T#63	U12	Girls	100 Metre	Heats
	T#64	U12	Boys	100 Metre	Heats
	T#65	U13	Girls	100 Metre	Heats
	T#66	U13	Boys	100 Metre	Heats
	T#67	U14	Girls	100 Metre	Heats
	T#68	U14	Boys	100 Metre	Heats
	T#69	U15	Girls	100 Metre	No Heat - Straight Final
	T#70	U15	Boys	100 Metre	Heats
	T#71	U17	Girls	100 Metre	Heats
	T#72	U17	Boys	100 Metre	Heats
2:35 PM	T#73	U7	Girls	50 Metre	Final
	T#74	U7	Boys	50 Metre	Final
2:40 PM	T#75	U9	Girls	400 Metre	Timed Finals
	T#76	U9	Boys	400 Metre	Timed Finals
	T#77	U10	Girls	400 Metre	Timed Finals
	T#78	U10	Boys	400 Metre	Timed Finals
	T#79	U11	Girls	400 Metre	Timed Finals
	T#80	U11	Boys	400 Metre	Timed Finals
3:20 PM	T#81	U12	Girls	400 Metre	Timed Finals
	T#82	U12	Boys	400 Metre	Timed Finals
	T#83	U13	Girls	400 Metre	Timed Finals
	T#84	U13	Boys	400 Metre	Timed Finals
	T#85	U14	Girls	400 Metre	Timed Finals
	T#86	U14	Boys	400 Metre	Timed Finals
	T#87	U15	Girls	400 Metre	Timed Finals
	T#88	U15	Boys	400 Metre	Timed Finals
	T#89	U17	Girls	400 Metre	Timed Finals
	T#90	U17	Boys	400 Metre	Timed Finals
4:20 PM	T#91	U7	Girls	100 Metre	Final
	T#92	U7	Boys	100 Metre	Final
	T#93	U8	Girls	100 Metre	Final
	T#94	U8	Boys	100 Metre	Final
	T#95	U9	Girls	100 Metre	Final
	T#96	U9	Boys	100 Metre	Final
	T#97	U10	Girls	100 Metre	Final
	T#98	U10	Boys	100 Metre	Final
	T#99	U11	Girls	100 Metre	Final
	T#100	U11	Boys	100 Metre	Final
	T#101	U12	Girls	100 Metre	Final
	T#102	U12	Boys	100 Metre	Final
	T#103	U13	Girls	100 Metre	Final
	T#104	U13	Boys	100 Metre	Final
	T#105	U14	Girls	100 Metre	Final
	T#106	U14	Boys	100 Metre	Final
	T#107	U15	Girls	100 Metre	Straight Final
	T#108	U15	Boys	100 Metre	Final
	T#109	U17	Girls	100 Metre	Final
	T#110	U17	Boys	100 Metre	Final

* U8 400 Metre Pack Start will be run as up to two seeded heats using a single waterfall pack start as timed finals.

ORDER OF EVENTS - TRACK SUNDAY

Not Before Time

8:00 AM	T#111	U9	Girls	800 Metre	Final
	T#112	U9	Boys	800 Metre	Final
	T#113	U10	Girls	800 Metre	Final
	T#114	U10	Boys	800 Metre	Final
	T#115	U11	Girls	800 Metre	Final
	T#116	U11	Boys	800 Metre	Final
8:35 AM	T#117	U12	Girls	800 Metre	Final
	T#118	U12	Boys	800 Metre	Final
	T#119	U13	Girls	800 Metre	Final
	T#120	U13	Boys	800 Metre	Final
	T#121	U14	Girls	800 Metre	Final
	T#122	U14	Boys	800 Metre	Final
	T#123	U15	Girls	800 Metre	Final
	T#124	U15	Boys	800 Metre	Final
	T#125	U17	Girls	800 Metre	Final
	T#126	U17	Boys	800 Metre	Final
9:25 AM	T#127	U7	Girls	500 Metre	Final
	T#128	U7	Boys	500 Metre	Final
9:40 AM	T#129	U8	Girls	700 Metre	Final
	T#130	U8	Boys	700 Metre	Final
9:55 AM	T#131	U9	Girls	700 Metre Walk	Final
	T#132	U9	Boys	700 Metre Walk	Final
	T#133	U10	Girls	1100 Metre Walk	Final
	T#134	U10	Boys	1100 Metre Walk	Final
	T#135	U11	Girls	1100 Metre Walk	Final
	T#136	U11	Boys	1100 Metre Walk	Final
	T#137	U12	Girls	1500 Metre Walk	Final
	T#138	U12	Boys	1500 Metre Walk	Final
	T#139	U13	Girls	1500 Metre Walk	Final
	T#140	U13	Boys	1500 Metre Walk	Final
	T#141	U14	Girls	1500 Metre Walk	Final
	T#142	U14	Boys	1500 Metre Walk	Final
	T#143	U15	Girls	1500 Metre Walk	Final
	T#144	U15	Boys	1500 Metre Walk	Final
T#145	U17	Girls	1500 Metre Walk	Final	
T#146	U17	Boys	1500 Metre Walk	Final	
11:10 AM	T#147	U9 - U12	Girls	4 x 100m Relay	Final
	T#148	U9 - U12	Boys	4 x 100m Relay	Final
	T#149	U13 - U17	Girls	4 x 100m Relay	Final
	T#150	U13 - U17	Boys	4 x 100m Relay	Final
11:40 AM	T#151	U7	Girls	70 Metre	Heats
	T#152	U7	Boys	70 Metre	Heats
	T#153	U8	Girls	70 Metre	Heats
	T#154	U8	Boys	70 Metre	Heats
	T#155	U9	Girls	70 Metre	Heats
	T#156	U9	Boys	70 Metre	Heats
	T#157	U10	Girls	70 Metre	Heats
	T#158	U10	Boys	70 Metre	Heats
12:25 PM	T#159	U13	Girls	80 Metre Hurdles	Heats
	T#160	U13	Boys	80 Metre Hurdles	Heats
	T#161	U14	Girls	80 Metre Hurdles	No Heat - Straight Final
	T#162	U14	Boys	90 Metre Hurdles	No Heat - Straight Final
	T#163	U15	Girls	90 Metre Hurdles	No Heat - Straight Final
	T#164	U15	Boys	100 Metre Hurdles	No Heat - Straight Final
	T#165	U17	Girls	100 Metre Hurdles	Heats
	T#166	U17	Boys	110 Metre Hurdles	No Heat - Straight Final
12:50 PM	T#167	U7	Girls	70 Metre	Final
	T#168	U7	Boys	70 Metre	Final
	T#169	U8	Girls	70 Metre	Final
	T#170	U8	Boys	70 Metre	Final
	T#171	U9	Girls	70 Metre	Final
	T#172	U9	Boys	70 Metre	Final
	T#173	U10	Girls	70 Metre	Final
	T#174	U10	Boys	70 Metre	Final
1:20 PM	T#175	U13	Girls	80 Metre Hurdles	Final
	T#176	U13	Boys	80 Metre Hurdles	Final
	T#177	U14	Girls	80 Metre Hurdles	Straight Final
	T#178	U14	Boys	90 Metre Hurdles	Straight Final
	T#179	U15	Girls	90 Metre Hurdles	Straight Final
	T#180	U15	Boys	100 Metre Hurdles	Straight Final
	T#181	U17	Girls	100 Metre Hurdles	Final
	T#182	U17	Boys	110 Metre Hurdles	Straight Final

1:50 PM	T#183	U7	Girls	200 Metre	Heats
	T#184	U7	Boys	200 Metre	Heats
	T#185	U8	Girls	200 Metre	Heats
	T#186	U8	Boys	200 Metre	Heats
	T#187	U9	Girls	200 Metre	Heats
	T#188	U9	Boys	200 Metre	Heats
	T#189	U10	Girls	200 Metre	Heats
	T#190	U10	Boys	200 Metre	Heats
	T#191	U11	Girls	200 Metre	Heats
	T#192	U11	Boys	200 Metre	Heats
3:05 PM	T#193	U12	Girls	200 Metre	Heats
	T#194	U12	Boys	200 Metre	Heats
	T#195	U13	Girls	200 Metre	Heats
	T#196	U13	Boys	200 Metre	Heats
	T#197	U14	Girls	200 Metre	Heats
	T#198	U14	Boys	200 Metre	Heats
	T#199	U15	Girls	200 Metre	Heats
	T#200	U15	Boys	200 Metre	Heats
	T#201	U17	Girls	200 Metre	Heats
	T#202	U17	Boys	200 Metre	Heats
4:10 PM	T#203	U7	Girls	200 Metre	Final
	T#204	U7	Boys	200 Metre	Final
	T#205	U8	Girls	200 Metre	Final
	T#206	U8	Boys	200 Metre	Final
	T#207	U9	Girls	200 Metre	Final
	T#208	U9	Boys	200 Metre	Final
	T#209	U10	Girls	200 Metre	Final
	T#210	U10	Boys	200 Metre	Final
	T#211	U11	Girls	200 Metre	Final
	T#212	U11	Boys	200 Metre	Final
	T#213	U12	Girls	200 Metre	Final
	T#214	U12	Boys	200 Metre	Final
	T#215	U13	Girls	200 Metre	Final
	T#216	U13	Boys	200 Metre	Final
	T#217	U14	Girls	200 Metre	Final
	T#218	U14	Boys	200 Metre	Final
	T#219	U15	Girls	200 Metre	Final
	T#220	U15	Boys	200 Metre	Final
	T#221	U17	Girls	200 Metre	Final
	T#222	U17	Boys	200 Metre	Final

Note: Middle Distance events with low participant numbers may race in combination with multiple age groups.

* U8 400 Metre Pack Start will be run as up to two seeded heats using a single waterfall pack start as timed finals.

2023/2024 North East Metropolitan Zone Athletics Championships

Order of Events - Saturday 25th November

*	8:30 AM	F#1 U14	Girls	Javelin (400g) JT1	11:30 AM	F#26 U13	Girls	Long Jump LJ2
*	8:30 AM	F#2 U14	Boys	#Triple Jump TJ1	11:30 AM	F#27 U7	Boys	Shot Put (1kg) SP1
*	8:30 AM	F#3 U17	Boys	Discus (1.5kg) DT1	11:30 AM	F#28 U17	Girls	Shot Put (1.5kg) SP2
*	8:30 AM	F#4 U12	Girls	Discus (750g) DT2	12:15 PM	F#29 U13	Boys	Javelin (600g) JT1
*	8:30 AM	F#5 U15	Boys	Long Jump LJ1	12:15 PM	F#30 U11	Boys	Triple Jump TJ1
*	8:30 AM	F#6 U12	Boys	Long Jump LJ2	12:30 PM	F#31 U14	Boys	High Jump (S/H 1.25m) HJ1
*	8:30 AM	F#7 U13	Girls	Shot Put (3kg) SP1	12:30 PM	F#32 U12	Girls	High Jump (S/H 1.10m) HJ2
*	8:30 AM	F#8 U11	Girls	Shot Put (2kg) SP2	1:00 PM	F#33 U15	Girls	Discus (1kg) DT1
*	8:30 AM	F#9 U9	Boys	High Jump scissors (S/H 0.85m) HJ1	1:00 PM	F#34 U7	Girls	Discus (350g) DT2
*	8:30 AM	F#10 U15	Girls	High Jump (S/H 1.20m) HJ2	1:00 PM	F#35 U10	Boys	Long Jump LJ1
	9:45 AM	F#11 U11	Boys	Javelin (400g) JT1	1:00 PM	F#36 U8	Boys	Long Jump LJ2
	9:45 AM	F#12 U17	Girls	Triple Jump TJ1	1:00 PM	F#37 U9	Girls	Shot Put (2kg) SP1
	10:00 AM	F#13 U14	Boys	Discus (1kg) DT1	1:00 PM	F#38 U15	Boys	Shot Put (4kg) SP2
	10:00 AM	F#14 U10	Boys	Discus (500g) DT2	1:30 PM	F#39 U12	Boys	Javelin (400g) JT1
	10:00 AM	F#15 U10	Girls	Long Jump LJ1	1:30 PM	F#40 U11	Girls	Triple Jump TJ1
	10:00 AM	F#16 U13	Boys	Long Jump LJ2	2:30 PM	F#41 U10	Girls	Discus (500g) DT1
	10:00 AM	F#17 U8	Boys	Shot Put (1.5kg) SP1	2:30 PM	F#42 U13	Boys	Discus (750g) DT2
	10:00 AM	F#18 U14	Girls	Shot Put (3kg) SP2	2:30 PM	F#43 U8	Girls	Long Jump LJ1
	10:30 AM	F#19 U9	Girls	High Jump scissors (S/H 0.80m) HJ1	2:30 PM	F#44 U14	Girls	Long Jump LJ2
	10:30 AM	F#20 U11	Girls	High Jump (S/H 1.00m) HJ2	2:30 PM	F#45 U9	Boys	Shot Put (2kg) SP1
	11:00 AM	F#21 U15	Boys	Javelin (700g) JT1	2:30 PM	F#46 U11	Boys	Shot Put (2kg) SP2
	11:00 AM	F#22 U12	Girls	#Triple Jump TJ1	2:30 PM	F#47 U13	Girls	High Jump (S/H 1.15m) HJ1
	11:30 AM	F#23 U8	Girls	Discus (500g) DT1	2:30 PM	F#48 U17	Boys	High Jump (S/H 1.30m) HJ2
	11:30 AM	F#24 U12	Boys	Discus (750g) DT2	2:45 PM	F#49 U17	Girls	Javelin (500g) JT1
	11:30 AM	F#25 U17	Boys	Long Jump LJ1	2:45 PM	F#50 U15	Girls	Triple Jump TJ1

<u>High Jump</u>	<u>Long Jump</u>	<u>Triple Jump</u>	<u>Shot Put</u>	<u>Discus</u>	<u>Javelin</u>
* U9B	* U15B	* U14B	* U13G	* U17B	* U14G
* U15G	* U12B	U17G	* U11G	* U12G	U11B
U9G	U10G	U12G	U8B	U14B	U15B
U11G	U13B	U11B	U14G	U10B	U13B
U14B	U17B	U11G	U7B	U8G	U12B
U12G	U13G	U15G	U17G	U12B	U17G
U13G	U10B		U9G	U15G	
U17B	U8B		U15B	U7G	
	U8G		U9B	U10G	
	U14G		U11B	U13B	

NB: All field events have no correlation to the days they will be held at State

All events marked with * will be the first field event of the day. For these events each day athletes will proceed directly to their event for marshalling at the competition area.

All Competitors in all these events should be ready by 8:10am for the first call.

For all other field event marshalling competitors must make their way to the designated field marshalling area located behind the 100m starting point on the front track.

Athletes need to arrive at the ground at least 60 minutes prior to the "Not Before" Start time listed for their event.

Times Listed are NOT BEFORE times - Events will not begin before this time but may start after this time

Order of Events - Sunday 26th November

<p>* 8:00 AM F#51 U11 Girls Javelin (400g) JT1</p> <p>* 8:00 AM F#52 U13 Boys Triple Jump TJ1</p> <p>* 8:00 AM F#53 U17 Girls Discus (1kg) DT1</p> <p>* 8:00 AM F#54 U8 Boys Discus (500g) DT2</p> <p>* 8:00 AM F#55 U7 Girls Long Jump LJ1</p> <p>* 8:00 AM F#56 U7 Boys Long Jump LJ2</p> <p>* 8:00 AM F#57 U8 Girls Shot Put (3kg) SP1</p> <p>* 8:00 AM F#58 U14 Boys Shot Put (3kg) SP2</p> <p>* 8:00 AM F#59 U10 Girls High Jump scissors (S/H 0.90m) HJ1</p> <p>* 8:00 AM F#60 U15 Boys High Jump (S/H 1.25m) HJ2</p> <p>9:15 AM F#61 U13 Girls Javelin (400g) JT1</p> <p>9:15 AM F#62 U12 Boys Triple Jump TJ1</p> <p>9:30 AM F#63 U11 Girls Discus (500g) DT1</p> <p>9:30 AM F#64 U11 Boys Discus (500g) DT2</p> <p>9:30 AM F#65 U9 Girls Long Jump LJ1</p> <p>9:30 AM F#66 U15 Girls Long Jump LJ2</p> <p>9:30 AM F#67 U13 Boys Shot Put (3kg) SP1</p> <p>9:30 AM F#68 U12 Girls Shot Put (2kg) SP2</p> <p>9:30 AM F#69 U10 Boys High Jump scissors (S/H 0.95m) HJ1</p> <p>9:30 AM F#70 U14 Girls High Jump (S/H 1.20m) HJ2</p> <p>10:30 AM F#71 U17 Boys Javelin (700g) JT1</p> <p>10:30 AM F#72 U15 Boys Triple Jump TJ1</p> <p>11:30 AM F#73 U13 Girls Discus (750g) DT1</p> <p>11:30 AM F#74 U9 Boys Discus (500g) DT2</p> <p>11:30 AM F#75 U17 Girls Long Jump LJ1</p>	<p>11:30 AM F#76 U14 Boys Long Jump LJ2</p> <p>11:30 AM F#77 U12 Boys Shot Put (2kg) SP1</p> <p>11:30 AM F#78 U10 Girls Shot Put (2kg) SP2</p> <p>11:45 AM F#79 U15 Girls Javelin (500g) JT1</p> <p>11:45 AM F#80 U17 Boys Triple Jump TJ1</p> <p>12:00 PM F#81 U13 Boys High Jump (S/H 1.20m) HJ1</p> <p>12:00 PM F#82 U11 Boys High Jump (S/H 1.05m) HJ2</p> <p>1:00 PM F#83 U14 Boys Javelin (600g) JT1</p> <p>1:00 PM F#84 U14 Girls Triple Jump TJ1</p> <p>1:00 PM F#85 U15 Boys Discus (1kg) DT1</p> <p>1:00 PM F#86 U7 Boys Discus (350g) DT2</p> <p>1:00 PM F#87 U11 Girls Long Jump LJ1</p> <p>1:00 PM F#88 U12 Girls Long Jump LJ2</p> <p>1:00 PM F#89 U7 Girls Shot Put (1kg) SP1</p> <p>1:00 PM F#90 U17 Boys Shot Put (5kg) SP2</p> <p>2:00 PM F#91 U12 Boys High Jump (S/H 1.15m) HJ1</p> <p>2:00 PM F#92 U17 Girls High Jump (S/H 1.25m) HJ2</p> <p>2:15 PM F#93 U13 Girls Triple Jump TJ1</p> <p>2:30 PM F#94 U12 Girls Javelin (400g) JT1</p> <p>2:30 PM F#95 U14 Girls Discus (1kg) DT1</p> <p>2:30 PM F#96 U9 Girls Discus (500g) DT2</p> <p>2:30 PM F#97 U9 Boys Long Jump LJ1</p> <p>2:30 PM F#98 U11 Boys Long Jump LJ2</p> <p>2:30 PM F#99 U10 Boys Shot Put (2kg) SP1</p> <p>2:30 PM F#100 U15 Girls Shot Put (3kg) SP2</p>
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<u>High Jump</u>	<u>Long Jump</u>	<u>Triple Jump</u>	<u>Shot Put</u>	<u>Discus</u>	<u>Javelin</u>
* U10G	* U7G	* U13B	* U8G	* U17G	* U11G
* U15B	* U7B	U12B	* U14B	* U8B	U13G
U10B	U9G	U15B	U13B	U11G	U17B
U14G	U15G	U17B	U12G	U11B	U15G
U13B	U17G	U14G	U12B	U13G	U14B
U11B	U14B	U13G	U10G	U9B	U12G
U12B	U11G		U7G	U15B	
U17G	U12G		U17B	U7B	
	U9B		U10B	U14G	
	U11B		U15G	U9G	

NB: All field events have no correlation to the days they will be held at State

All events marked with * will be the first field event of the day. For these events each day athletes will proceed directly to their event for marshalling at the competition area.

All Competitors in all these events should be ready by 7:40am for the first call.

For all other field event marshalling competitors must make their way to the designated field marshalling area located behind the 100m starting point on the front track.

Athletes need to arrive at the ground at least 60 minutes prior to the "Not Before" Start time listed for their event.

Times Listed are NOT BEFORE times - Events will not begin before this time but may start after this time

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

LANSW

Meet Program - Friday Track Events

Event 1 Girls U 13 - 3000 Metre Run (5)

Zone: 9:51.89 25/11/2022 Eliza Lawton

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	7762 Annabelle Cahill		Mosman	
2	19755 Alana Lulli		Manly Warringah	
3	19158 Amelia Mandalinic		Manly Warringah	
4	19157 Gemma Dixon		Manly Warringah	
5	19135 Aanya Findlay		Manly Warringah	

Event 2 Boys U 13 - 3000 Metre Run (5)

Zone: 9:51.23 30/11/2019 Oliver White

Lane	Name	Age	Centre	Seed Time
------	------	-----	--------	-----------

Section 1 of 1 Final

1	440 Liam Barnes		Ku-Ring-Gai	
2	19173 Max Donald		Manly Warringah	
3	331 Max McIntosh		Ku-Ring-Gai	
4	19155 Charlie Whelan		Manly Warringah	
5	19445 Oliver Trowell		Manly Warringah	

Event 3 Girls U 14 - 3000 Metre Run (4)

Zone: 10:32.10 4/02/2007 Thea Welsby

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	19661 Maddison Ross		Manly Warringah	
2	134 Charlotte Palmer		Ku-Ring-Gai	
3	687 Lily Horne		Ku-Ring-Gai	
4	19991 Eliza Lawton		Manly Warringah	

Event 4 Boys U 14 - 3000 Metre Run (7)

Zone: 9:43.89 3/02/2013 Joshua Phillips

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	14179 Riley Waddingham		Northern Distric	
2	8034 Toby Ward		Mosman	
3	19344 Ben Wilsher		Manly Warringah	
4	129 William Durer		Ku-Ring-Gai	
5	19638 Max McDermott		Manly Warringah	
6	14059 Alexander Braendle		Northern Distric	
7	457 Sebastian Linton		Ku-Ring-Gai	

Event 5 Girls U 15 - 3000 Metre Run (2)

Zone: 10:31.72 30/11/2019 Mercy Nathanael

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	18789 Alice Lyng		Hornsby	
2	19543 Skye Blair		Manly Warringah	

Event 6 Boys U 15 - 3000 Metre Run (2)

Zone: 9:38.91 29/01/2022 Oliver White

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	8052 Hugo Stewart		Mosman	
2	39105 Henry Stuart		Ku-Ring-Gai	

Event 7 Girls U 17 - 3000 Metre Run (5)

Zone: 10:40.62 14/12/2014 Elly Gallagher

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	8183 Grace Fisher		Mosman	
2	442 Grace Beck		Ku-Ring-Gai	
3	8074 Alexandra Pearson		Mosman	
4	39132 Ava Garnys		Ku-Ring-Gai	
5	143 Summer Sivaraj		Ku-Ring-Gai	

Event 8 Boys U 17 - 3000 Metre Run (4)

Zone: 9:23.75 25/11/2022 Isaac Brooks

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	14097 Conor Collins		Northern Distric	
2	18782 Luke Woods		Hornsby	
3	18785 Lochlann Neilan		Hornsby	
4	558 Dylan Allabush		Ku-Ring-Gai	

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

LANSW

Meet Program - Saturday Track Events

Event 9 Girls U 8 - 400 Metre Run Pack Start (17)

Zone: 1:15.11 25/01/2014 Eva Bates

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	100 Miranda Benitez		Ku-Ring-Gai	
2	19266 Sophie Hunt		Manly Warringah	
3	8009 Tessa Willis		Mosman	
4	216 Jasmine Young		Ku-Ring-Gai	
5	7987 Halina Erihe		Mosman	
6	19916 Rahni McNaughtan		Manly Warringah	
7	109 Elena Chen		Ku-Ring-Gai	
8	7968 Emily Cawthorne		Mosman	
9	18935 Grace Dyson		Hornsby	
10	19255 Eloise Debney		Manly Warringah	
11	19322 Piper Marshall		Manly Warringah	
12	789 Charlotte Shih		Ku-Ring-Gai	
13	18767 Madelyn Newlands		Hornsby	
14	14115 Sophia Taylor		Northern Distric	
15	19634 Chelsea Coleman		Manly Warringah	
16	410 Zoe Marinkovich		Ku-Ring-Gai	
17	18866 Emily Hosking		Hornsby	

Event 10 Boys U 8 - 400 Metre Run Pack Start (13)

Zone: 1:12.80 7/02/2004 Matthew Dunsmore

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	19146 Coby James		Manly Warringah	
2	19153 Sonny Farrell		Manly Warringah	
3	534 Lachlan Kandasamy		Ku-Ring-Gai	
4	19605 Lachlan Creighton		Manly Warringah	
5	43110 Joel Dubi-Nketiah		Hornsby	
6	19787 Marcus Hemsworth		Manly Warringah	
7	14218 Jai Prados-valerio		Northern Distric	
8	7907 Billy Livingstone		Mosman	
9	19809 Ryder Moloney		Manly Warringah	
10	266 John Lukas		Ku-Ring-Gai	
11	396 Thomas Montgomery		Ku-Ring-Gai	
12	461 Harrison Chiang		Ku-Ring-Gai	
13	511 Edward Giles		Ku-Ring-Gai	
14				
15				
16				

Event 11 Girls U 11 - 1500 Metre Run (16)

Zone: 5:00.58 2/02/2013 Abbey Rockliff

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	349 Matilda Corbett		Ku-Ring-Gai	
2	14051 Beatrice Mathers		Northern Distric	
3	18771 Sofia Fierens		Hornsby	
4	14034 Arya Dixon		Northern Distric	
5	394 Kate McLean		Ku-Ring-Gai	
6	270 Katelyn ThorinDembo		Ku-Ring-Gai	
7	19753 Evelyn Lulli		Manly Warringah	
8	14050 Georgie Mathers		Northern Distric	
9	19323 Hayley Marshall		Manly Warringah	
10	8208 Harriet Petros		Mosman	
11	871 Ella Hartwig		Ku-Ring-Gai	
12	242 Chloe McCulloch		Ku-Ring-Gai	
13	19244 Clio Hong		Manly Warringah	
14	19530 Ferial BesodiBoujemac		Manly Warringah	
15	13940 Claire Holder		Northern Distric	
16	19147 Sarah Covich		Manly Warringah	

Event 12 Boys U 11 - 1500 Metre Run (14)

Zone: 4:57.10 7/02/2009 Adam Halmly

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	19730 Austin Grennan		Manly Warringah	
2	19419 Oscar Steggles		Manly Warringah	
3	14121 Reef Bailey		Northern Distric	
4	591 Josh Kietzmann		Ku-Ring-Gai	
5	483 Lachlan Meryment		Ku-Ring-Gai	
6	19759 Cian Guerin		Manly Warringah	
7	18881 Parker Pride		Hornsby	
8	366 Nathaniel Gu		Ku-Ring-Gai	
9	19132 Flynn Jauncey		Manly Warringah	
10	656 Miller Harris		Ku-Ring-Gai	
11	19643 Harrison Smith		Manly Warringah	
12	155 Brody Johnson		Ku-Ring-Gai	
13	8056 Harry Nicholson		Mosman	
14	18999 Alistair Kinsey		Hornsby	

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

LANSW

Meet Program - Saturday Track Events

Event 13 Girls U 12 - 1500 Metre Run (12)

Zone: 4:44.24 29/01/2022 Eliza Lawton

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	19312 Coco Blundell		Manly Warringah	
2	8063 Emma Jones		Mosman	
3	133 Sophie Palmer		Ku-Ring-Gai	
4	422 Ashley Temple		Ku-Ring-Gai	
5	19651 Hallie Owers		Manly Warringah	
6	19171 Kyah Ryals		Manly Warringah	
7	19607 Claudia Patfield		Manly Warringah	
8	8022 Natalie Rice		Mosman	
9	39133 Beatrice Garnys		Ku-Ring-Gai	
10	18803 Juliet Erickson		Hornsby	
11	406 Scout Linton		Ku-Ring-Gai	
12	13966 Zoe Swain		Northern Distric	

Event 14 Boys U 12 - 1500 Metre Run (11)

Zone: 4:43.39 26/11/2022 Max McIntosh

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	19723 Harry Magee		Manly Warringah	
2	678 Edward Smith		Ku-Ring-Gai	
3	19703 Tasman Vale		Manly Warringah	
4	14024 Tyler Cosier		Northern Distric	
5	754 William Graham		Ku-Ring-Gai	
6	19622 Hugo Condon		Manly Warringah	
7	19329 Max Torkington		Manly Warringah	
8	8026 Xavier Hokins		Mosman	
9	19616 Connor Matthews		Manly Warringah	
10	14028 Charlie Candy		Northern Distric	
11	19432 Henry Ferguson		Manly Warringah	

Event 15 Girls U 13 - 1500 Metre Run (9)

Zone: 4:42.63 13/12/2014 Abbey Rockliff

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	19180 Josie Perkins		Manly Warringah	
2	7762 Annabelle Cahill		Mosman	
3	19270 Alexis Tague		Manly Warringah	
4	131 Elsie Clatworthy		Ku-Ring-Gai	
5	18930 Alice McAdam		Hornsby	
6	19157 Gemma Dixon		Manly Warringah	
7	19158 Amelia Mandalinic		Manly Warringah	
8	8075 Alexandra Bova		Mosman	
9	19755 Alana Lulli		Manly Warringah	

Event 16 Boys U 13 - 1500 Metre Run (11)

Zone: 4:33.62 30/11/2019 Oliver White

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	331 Max McIntosh		Ku-Ring-Gai	
2	19155 Charlie Whelan		Manly Warringah	
3	19027 Aston Maclaime		Hornsby	
4	19363 Billy Lowe		Manly Warringah	
5	19045 Haiyue Liao		Hornsby	
6	19178 Leon Barrie		Manly Warringah	
7	8085 Samuel Cook		Mosman	
8	14173 Judah Louie		Northern Distric	
9	13953 Sam Ogier		Northern Distric	
10	19173 Max Donald		Manly Warringah	
11	19445 Oliver Trowell		Manly Warringah	

Event 17 Girls U 14 - 1500 Metre Run (7)

Zone: 4:38.51 25/01/2014 Catherine Miller

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	19991 Eliza Lawton		Manly Warringah	
2	19661 Maddison Ross		Manly Warringah	
3	134 Charlotte Palmer		Ku-Ring-Gai	
4	19291 Eliza Williams		Manly Warringah	
5	687 Lily Horne		Ku-Ring-Gai	
6	19615 Belinda Matthews		Manly Warringah	
7	453 Abigail Soper		Ku-Ring-Gai	

Event 18 Boys U 14 - 1500 Metre Run (9)

Zone: 4:21.49 13/12/2014 Bryn Lynch

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	14059 Alexander Braendle		Northern Distric	
2	129 William Durer		Ku-Ring-Gai	
3	14052 Evan Beasley		Northern Distric	
4	19326 Oscar Needham		Manly Warringah	
5	19344 Ben Wilsher		Manly Warringah	
6	19250 Nathan Longster		Manly Warringah	
7	457 Sebastian Linton		Ku-Ring-Gai	
8	19638 Max McDermott		Manly Warringah	
9	8034 Toby Ward		Mosman	

Event 19 Girls U 15 - 1500 Metre Run (6)

Zone: 4:41.20 2/02/2013 Emily Hopper

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	8230 Annabelle Cigna		Mosman	
2	19673 Sophie Hinds		Manly Warringah	
3	19701 Indianna Vale		Manly Warringah	
4	13967 Aniela Knight		Northern Distric	
5	19543 Skye Blair		Manly Warringah	
6	18789 Alice Lyng		Hornsby	

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

LANSW

Meet Program - Saturday Track Events

Event 20 Boys U 15 - 1500 Metre Run (10)

Zone: 4:14.02 12/12/2015 Bryn Lynch

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	18897 Matthew Sims		Hornsby	
2	14157 Matthew Searles		Northern Distric	
3	8052 Hugo Stewart		Mosman	
4	14158 Braeden Searles		Northern Distric	
5	18780 Manning Johnson		Hornsby	
6	19277 Benjamin Frantz		Manly Warringah	
7	19117 Dylan Mortimer		Manly Warringah	
8	14198 Ryan Mooney		Northern Distric	
9	338 Liam Broome		Ku-Ring-Gai	
10	388 Hugo Reynolds		Ku-Ring-Gai	

Event 21 Girls U 17 - 1500 Metre Run (6)

Zone: 4:49.32 13/12/2014 Ely Gallagher

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	8074 Alexandra Pearson		Mosman	
2	13982 Freya Tonkin		Northern Distric	
3	19028 Ally Maclaine		Hornsby	
4	8183 Grace Fisher		Mosman	
5	19602 Ava Gray		Manly Warringah	
6	39132 Ava Garnys		Ku-Ring-Gai	

Event 22 Boys U 17 - 1500 Metre Run (4)

Zone: 4:09.80 26/11/2022 Isaac Brooks

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	19440 Orlando Grinbergs		Manly Warringah	
2	18782 Luke Woods		Hornsby	
3	18785 Lochlann Neilan		Hornsby	
4	558 Dylan Allabush		Ku-Ring-Gai	

Event 23 Girls U 8 - 60 Metre Hurdles (45cm) (15)

Zone: 11.40 7/02/1997 Emily Pollett

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Heats

1	18866 Emily Hosking		Hornsby	
2	13970 Molly MooreMulcahy		Northern Distric	
3	19104 Zoe Olofinsky		Manly Warringah	
4	19517 Matilda Alexander		Manly Warringah	
5	410 Zoe Marinkovich		Ku-Ring-Gai	
6	19266 Sophie Hunt		Manly Warringah	
7	18935 Grace Dyson		Hornsby	
8	8231 Madeleine Sloane		Mosman	

Heat 2 of 2 Heats

1	275 Chloe Mason		Ku-Ring-Gai	
2	216 Jasmine Young		Ku-Ring-Gai	
3	7952 Morgan Jones		Mosman	
4	19264 Georgia Atkins		Manly Warringah	
5	19612 Tippi Acevedo		Manly Warringah	
6	272 Heidi Thompson		Ku-Ring-Gai	
7	503 Anna Wang		Ku-Ring-Gai	
8				

Event 24 Boys U 8 - 60 Metre Hurdles (45cm) (15)

Zone: 10.82 4/02/2012 Riley Hemsworth

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Heats

1	18879 Krish Kodakalla		Hornsby	
2	19560 Max Severino		Manly Warringah	
3	19408 Jack Vukovic		Manly Warringah	
4	19437 Aiden Dunne		Manly Warringah	
5	333 Bailey Vassella		Ku-Ring-Gai	
6	856 Julian Pita		Ku-Ring-Gai	
7	19809 Ryder Moloney		Manly Warringah	
8				

Heat 2 of 2 Heats

1	18948 Jack Clementson		Hornsby	
2	18887 Flynn Hickey		Hornsby	
3	14091 Nico Brichta		Northern Distric	
4	241 Kenneth Huang		Ku-Ring-Gai	
5	644 Stephen Harvey		Ku-Ring-Gai	
6	266 John Lukas		Ku-Ring-Gai	
7	19381 Kai Cocks		Manly Warringah	
8	7907 Billy Livingstone		Mosman	

Event 25 Girls U 9 - 60 Metre Hurdles (45cm) (20)

Zone: 10.60 7/02/1997 Shona Martin

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 3 Heats

1	18754 Riley Lloyd-Owen		Hornsby	
2	18958 Phoebe deCarvalho		Hornsby	
3	19380 Chloe Cocks		Manly Warringah	
4	19263 Abigail Maher		Manly Warringah	
5	479 Edwina Mair		Ku-Ring-Gai	
6	14032 Lune Coetzer		Northern Distric	
7	8080 Charlotte Hawkins		Mosman	
8				

Heat 2 of 3 Heats

1				
2	198 Kinsley Harvey		Ku-Ring-Gai	
3	19351 Hannah Dick		Manly Warringah	
4	139 Sienna Fourie		Ku-Ring-Gai	
5	8059 Evie Francis		Mosman	
6	8012 Stefanie Phillipou		Mosman	
7	18873 Nalinga Albino		Hornsby	
8				

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

LANSW

Meet Program - Saturday Track Events

Heat 3 of 3 Heats...(Event 25 Girls U 9 - 60 Metre Hurdles (45cm) (20)

1	18711 Grace Cotton	Hornsby
2	39112 Lola Nalywajko	Ku-Ring-Gai
3	19592 IslaF Talaese	Manly Warringah
4	19177 Lila Louis	Manly Warringah
5	18755 Lucy Keevy	Hornsby
6	251 Rose Benson	Ku-Ring-Gai
7	14131 Paityn Hawes	Northern Distric
8		

Event 26 Boys U 9 - 60 Metre Hurdles (45cm) (20)

Zone: 10.19 2/02/2013 Riley Hemsworth				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 3 Heats				
1				
2	7970 Zachary Yorke		Mosman	
3	572 Zac Gerrand		Ku-Ring-Gai	
4	18843 Tyler Holdsworth		Hornsby	
5	191 Jack Cross		Ku-Ring-Gai	
6	393 James McLean		Ku-Ring-Gai	
7	14116 William Taylor		Northern Distric	
8				

Heat 2 of 3 Heats

1	14170 Isaiah Louie		Northern Distric	
2	18750 Sebastian Banks		Hornsby	
3	601 Arun Macmillan		Ku-Ring-Gai	
4	19444 Blake Creelman		Manly Warringah	
5	19210 Jack Miller		Manly Warringah	
6	404 Matthew Clarke		Ku-Ring-Gai	
7	14031 Loki Gleeson		Northern Distric	
8				

Heat 3 of 3 Heats

1	7929 Jake Cussen		Mosman	
2	18882 Gurman Singh		Hornsby	
3	19443 Charlie Trowell		Manly Warringah	
4	19151 AdamMichael Vesely		Manly Warringah	
5	19767 Jack Houston		Manly Warringah	
6	18690 RanbirIlan Duneja		Hornsby	
7	18992 Joel Orr		Hornsby	
8				

Event 27 Girls U 10 - 60 Metre Hurdles (60cm) (19)

Zone: 10.40 7/02/1997 Sarah Alchin				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 3 Heats				
1				
2	8223 Sherlyn NaLampoon		Mosman	
3	19310 Isobel Miles		Manly Warringah	
4	521 Anya Keshwara		Ku-Ring-Gai	
5	8027 Sabella Sewell		Mosman	
6	776 Anabelle Bocska		Ku-Ring-Gai	
7	8049 Isla Cleland		Mosman	
8				

Heat 2 of 3 Heats

1				
2	851 Scarlett Xiong		Ku-Ring-Gai	
3	19493 Rosemary Pilgrim		Manly Warringah	
4	19458 Lucy Turner		Manly Warringah	
5	19795 Alice Orth		Manly Warringah	
6	19159 Eloise Lunn		Manly Warringah	
7	14046 Evie McCabe		Northern Distric	
8				

Heat 3 of 3 Heats

1	18888 Chloe Hickey		Hornsby	
2	463 Georgia Chiang		Ku-Ring-Gai	
3	297 Amelie Ogden		Ku-Ring-Gai	
4	8061 April Abboud		Mosman	
5	8123 Sofia Rich		Mosman	
6	18732 Calla Riddle		Hornsby	
7	18710 Charlotte Chan		Hornsby	
8				

Event 28 Boys U 10 - 60 Metre Hurdles (60cm) (16)

Zone: 9.90 5/02/2005 Sam Mete				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 2 Heats				
1	19114 Samuel King		Manly Warringah	
2	239 Maximus Murdoch		Ku-Ring-Gai	
3	19107 Brody Scott-Faul		Manly Warringah	
4	124 Hamish Skeates		Ku-Ring-Gai	
5	121 Alexander Conner		Ku-Ring-Gai	
6	819 Bethan Compion		Ku-Ring-Gai	
7	19186 Edward Gillett		Manly Warringah	
8	14182 Stuart Richards		Northern Distric	
Heat 2 of 2 Heats				
1	7985 Zachary Sherlock		Mosman	
2	19653 Freddie McVicar		Manly Warringah	
3	223 Julian Conway		Ku-Ring-Gai	
4	19271 Hudson McGregor		Manly Warringah	
5	8004 Finn Sorbara		Mosman	
6	7982 angus Morrison		Mosman	
7	14090 Evan Dengate		Northern Distric	
8	7825 Cian Cullen		Mosman	

Event 29 Girls U 11 - 80 Metre Hurdles (60cm) (15)

Zone: 13.75 26/11/2022 Manvi Arabolu				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 2 Heats				
1	590 Elodie Barnes		Ku-Ring-Gai	
2	19126 Isabella Wang		Manly Warringah	
3	8115 Mia Rich		Mosman	
4	19242 Genevieve Dunnet		Manly Warringah	
5	8051 Lola Francis		Mosman	
6	8208 Harriet Petros		Mosman	
7	565 Audrey Donohoe		Ku-Ring-Gai	
8				

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

LANSW

Meet Program - Saturday Track Events

Heat 2 of 2 Heats...(Event 29 Girls U 11 - 80 Metre Hurdles (60cm) (1

1	675 Annabel Lew	Ku-Ring-Gai
2	225 Safina Burgess	Ku-Ring-Gai
3	8067 Eloise Eslick	Mosman
4	19205 Phoebe Dobson	Manly Warringah
5	19238 Amity Batchler	Manly Warringah
6	19240 Eloise Knorr	Manly Warringah
7	376 Ava-Capri Rossi	Ku-Ring-Gai
8	18746 Elina Gill	Hornsby

Event 30 Boys U 11 - 80 Metre Hurdles (60cm) (16)

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Heats

1	296 Alex Potter	Ku-Ring-Gai
2	7889 Orlando Clarke	Mosman
3	19274 Ryan Huang	Manly Warringah
4	19337 Harry Dryden	Manly Warringah
5	19152 Jaxon Farrell	Manly Warringah
6	559 Reuben Hanly	Ku-Ring-Gai
7	221 Emmett Snape	Ku-Ring-Gai
8	18947 Harry Clementson	Hornsby

Heat 2 of 2 Heats

1	465 Charlie Toth	Ku-Ring-Gai
2	366 Nathaniel Gu	Ku-Ring-Gai
3	19597 Thomas Wilson	Manly Warringah
4	7941 Hunter Vakili	Mosman
5	19717 Zane Romyn	Manly Warringah
6	8035 Toby Uys	Mosman
7	14121 Reef Bailey	Northern Distric
8	8031 Rory Hartigan	Mosman

Event 31 Girls U 12 - 80 Metre Hurdles (68cm) (26)

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 3 Heats

1	19225 Lucie Lyne	Manly Warringah
2	18731 Ada Riddle	Hornsby
3	19352 Rhiannon Dick	Manly Warringah
4	480 Sophie Mair	Ku-Ring-Gai
5	19652 Milly McVicar	Manly Warringah
6	19427 Audrey Grether	Manly Warringah
7	19342 Milla Kacilala	Manly Warringah
8	854 Holly Kyle	Ku-Ring-Gai
9	14089 Amelia Dengate	Northern Distric

Heat 2 of 3 Heats

1	19349 Fleur Herbert-Jones	Manly Warringah
2	611 Charlotte Barnsley	Ku-Ring-Gai
3	13966 Zoe Swain	Northern Distric
4	334 Zara Denney	Ku-Ring-Gai
5	19108 Marley Scott-Faul	Manly Warringah
6	13941 Bianca Ferreira	Northern Distric
7	19562 Rianna MorenoByrne	Manly Warringah
8	19790 Mia Barrett	Manly Warringah
9		

Heat 3 of 3 Heats

1	8019 Nina Parkinson	Mosman
2	19789 Amy Senior	Manly Warringah
3	18796 Grace Carlton	Hornsby
4	8198 Sophie Savage	Mosman
5	19710 Lotte Roessler	Manly Warringah
6	8000 Maisie Yorke	Mosman
7	19807 Charlotte Selinas	Manly Warringah
8	8063 Emma Jones	Mosman
9	14130 Jade Hawes	Northern Distric

Event 32 Boys U 12 - 80 Metre Hurdles (68cm) (19)

Lane	Name	Age	Centre	Seed Time
------	------	-----	--------	-----------

Heat 1 of 3 Heats

1		
2	610 Edward Barnsley	Ku-Ring-Gai
3	18955 Zachary Lawrence	Hornsby
4	19288 Jaxon Solomon	Manly Warringah
5	19141 Beau Riches	Manly Warringah
6	504 Nuoyi Wang	Ku-Ring-Gai
7	19233 Tommy Beezley	Manly Warringah
8		

Heat 2 of 3 Heats

1		
2	19737 Tommo Goldsack	Manly Warringah
3	14060 Christopher Braendle	Northern Distric
4	19999 Toby Creelman	Manly Warringah
5	658 Caelan Drysdale	Ku-Ring-Gai
6	19534 Harlem Howe	Manly Warringah
7	13932 Orson List	Northern Distric
8		

Heat 3 of 3 Heats

1	19723 Harry Magee	Manly Warringah
2	8213 Joshua Yates	Mosman
3	168 Andy Zhang	Ku-Ring-Gai
4	8081 Charlie Baird-Petroni	Mosman
5	19471 Luca Escribano	Manly Warringah
6	14038 Samuel Hart	Northern Distric
7	19248 Eden Paice	Manly Warringah
8		

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Event 33 Girls U 7 - 50 Metre Run (16)

Zone: 8.94 13/12/2014 Gemma McIntosh				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 2 Heats				
1	18856 Isabella Flinn		Hornsby	
2	19719 Lumi MunguiaKopra		Manly Warringah	
3	775 Skyler Leshinsky		Ku-Ring-Gai	
4	19632 Zali Colivas		Manly Warringah	
5	848 Monica Kelly		Ku-Ring-Gai	
6	7925 Scarlett Bright		Mosman	
7	693 Emily Watters		Ku-Ring-Gai	
8	18906 Eloise Duong		Hornsby	
Heat 2 of 2 Heats				
1	18742 Krishaani Singaram		Hornsby	
2	520 Liyana Keshwara		Ku-Ring-Gai	
3	19830 Amber Whitehouse		Manly Warringah	
4	19762 Kira Turmanis		Manly Warringah	
5	14230 Rubylee Kurariki-Davi		Northern Distric	
6	19531 Phoebe Goninan		Manly Warringah	
7	482 Abby Horsburgh		Ku-Ring-Gai	
8	18857 Myla Flinn		Hornsby	

Event 34 Boys U 7 - 50 Metre Run (18)

Zone: 8.90 5/02/2005 Oscar Smith				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 3 Heats				
1				
2	7726 Henry Corbett		Mosman	
3	649 Ayaan Lalji		Ku-Ring-Gai	
4	14033 Luka Dixon		Northern Distric	
5	19877 Harley Clifton		Manly Warringah	
6	837 Rory Kurath		Ku-Ring-Gai	
7	14014 Tobias Spada		Northern Distric	
8				
Heat 2 of 3 Heats				
1				
2	399 Boston Duong		Ku-Ring-Gai	
3	14039 Lucas DelgadilloAtara		Northern Distric	
4	19272 Bodhi McGregor		Manly Warringah	
5	19713 Emerson Lane		Manly Warringah	
6	19496 Elijah Williams		Manly Warringah	
7	7964 Oscar Mills		Mosman	
8				
Heat 3 of 3 Heats				
1				
2	18926 Liam Schooling		Hornsby	
3	576 Rylan Moriarty		Ku-Ring-Gai	
4	19109 Harry Weir		Manly Warringah	
5	517 Cruz Gray		Ku-Ring-Gai	
6	19015 Julian DePasquale		Hornsby	
7	7939 Hudson Vakili		Mosman	
8				

Event 45 Girls U 17 - 300 Metre Hurdles (76cm) (7)

Zone: 43.95 30/11/2019 Emily Smith				
Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	13934 Elizabeth Toynbee		Northern Distric	
2	143 Summer Sivaraj		Ku-Ring-Gai	
3	8143 Ajaya Owusu		Mosman	
4	19384 Annika Boys		Manly Warringah	
5	13982 Freya Tonkin		Northern Distric	
6	14080 Ava Mitchell		Northern Distric	
7	18811 Michaela Couper		Hornsby	
8				

Event 46 Boys U 17 - 300 Metre Hurdles (76cm) (6)

Zone: 40.14 30/11/2019 Dylan Charlier				
Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1				
2	13944 Kalan Harding		Northern Distric	
3	18759 Ashton Sawtell		Hornsby	
4	19214 Leo Brown		Manly Warringah	
5	19354 Jannik McErlane		Manly Warringah	
6	19046 Mackenzie Goonan		Hornsby	
7	39124 Neil Rawat		Ku-Ring-Gai	
8				

Event 47 Girls U 15 - 300 Metre Hurdles (76cm) (2)

Zone: 46.09 26/11/2022 Grace Townsend				
Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1				
2				
3				
4	13967 Aniela Knight		Northern Distric	
5	19543 Skye Blair		Manly Warringah	
6				
7				
8				

Event 48 Boys U 15 - 300 Metre Hurdles (76cm) (1)

Zone: 41.83 1/12/2018 Dylan Charlier				
Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1				
2				
3				
4	19340 Zac Stante		Manly Warringah	
5				
6				
7				
8				

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Event 49 Girls U 14 - 200 Metre Hurdles (76cm) (8)

Zone: 28.90 12/12/2015 Mia Hemsworth			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	8025 Millie Morrison		Mosman
2	151 Chelsea Forte		Ku-Ring-Gai
3	612 Ava Grant		Ku-Ring-Gai
4	19504 Avie Russell		Manly Warringah
5	39109 Lily Hughes		Ku-Ring-Gai
6	18895 Camila Iorio		Hornsby
7	18850 Tara Gilkeson		Hornsby
8	8125 Sarah Yates		Mosman

Event 50 Boys U 14 - 200 Metre Hurdles (76cm) (3)

Zone: 24.70 7/02/1999 Ivan Scannell			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1			
2			
3	8034 Toby Ward		Mosman
4	19305 Sebastian Cech		Manly Warringah
5	747 Kase Willis-Jansen		Ku-Ring-Gai
6			
7			
8			

Event 51 Girls U 13 - 200 Metre Hurdles (68cm) (7)

Zone: 29.54 2/02/2013 Lauren Moses			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	135 Georgia Birch		Ku-Ring-Gai
2	7694 Alexandra Davis		Mosman
3	18798 Amy Campbell		Hornsby
4	19341 Chloe Stante		Manly Warringah
5	14085 Sophia Cottrell		Northern Distric
6	19194 Alexandra Kirkbride		Manly Warringah
7	14196 Sasha Sefton		Northern Distric
8			

Event 52 Boys U 13 - 200 Metre Hurdles (68cm) (9)

Zone: 26.30 4/02/2006 Kane Thompson			
Lane	Name	Age	Centre
Section 1 of 2 Final			
1			
2			
3	337 Jacoby Neal		Ku-Ring-Gai
4	19309 Jonathan Miles		Manly Warringah
5	869 Adam AlEdwan		Ku-Ring-Gai
6			
7			
8			

Section 2 of 2 Final

1			
2	14045 Finn McCabe		Northern Distric
3	19115 William King		Manly Warringah
4	19265 James Atkins		Manly Warringah
5	19101 Taten Rogers		Manly Warringah
6	19404 Eamon King		Manly Warringah
7	14035 Jordan Dixon		Northern Distric
8			

Event 53 Girls U 8 - 100 Metre Run (18)

Zone: 15.90 7/02/1997 Natasha Finlay			
Lane	Name	Age	Centre
Heat 1 of 3 Heats			
1			
2	272 Heidi Thompson		Ku-Ring-Gai
3	7952 Morgan Jones		Mosman
4	19916 Rahni McNaughtan		Manly Warringah
5	18935 Grace Dyson		Hornsby
6	789 Charlotte Shih		Ku-Ring-Gai
7	18858 Darcie Flinn		Hornsby
8			

Heat 2 of 3 Heats

1			
2	14115 Sophia Taylor		Northern Distric
3	503 Anna Wang		Ku-Ring-Gai
4	19423 Elle McDermott		Manly Warringah
5	19634 Chelsea Coleman		Manly Warringah
6	18867 Elizabeth Hannaford		Hornsby
7	7987 Halina Erihe		Mosman
8			

Heat 3 of 3 Heats

1			
2	100 Miranda Benitez		Ku-Ring-Gai
3	381 Sophia Lizzio		Ku-Ring-Gai
4	19612 Tippi Acevedo		Manly Warringah
5	19857 Vida Webber		Manly Warringah
6	18866 Emily Hosking		Hornsby
7	7968 Emily Cawthorne		Mosman
8			

Event 54 Boys U 8 - 100 Metre Run (15)

Zone: 15.00 7/02/1999 Michael Oldfield			
Lane	Name	Age	Centre
Heat 1 of 2 Heats			
1	856 Julian Pita		Ku-Ring-Gai
2	19153 Sonny Farrell		Manly Warringah
3	644 Stephen Harvey		Ku-Ring-Gai
4	19516 Jacob Alexander		Manly Warringah
5	19408 Jack Vukovic		Manly Warringah
6	333 Bailey Vassella		Ku-Ring-Gai
7	7907 Billy Livingstone		Mosman
8	13926 Josh Hales		Northern Distric

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Heat 2 of 2 Heats...(Event 54 Boys U 8 - 100 Metre Run (15))

1	43110 Joel Dubi-Nketiah	Hornsby
2	19605 Lachlan Creighton	Manly Warringah
3	14091 Nico Brichta	Northern Distric
4	19437 Aiden Dunne	Manly Warringah
5	241 Kenneth Huang	Ku-Ring-Gai
6	137 Reuben Achike	Ku-Ring-Gai
7	18887 Flynn Hickey	Hornsby
8		

Event 55 Girls U 9 - 100 Metre Run (21)

Zone:		14.80	7/02/1999	Alice Wilson
Lane	Name	Age	Centre	Seed Time
Heat 1 of 3 Heats				
1	13975 Ariela Sakajani		Northern Distric	
2	8012 Stefanie Phillipou		Mosman	
3	689 Amelia Scott		Ku-Ring-Gai	
4	19177 Lila Louis		Manly Warringah	
5	19120 Brooke Debney		Manly Warringah	
6	18873 Nalinga Albino		Hornsby	
7	117 Sophie McCullough		Ku-Ring-Gai	
8				

Heat 2 of 3 Heats

1	18958 Phoebe deCarvalho	Hornsby
2	13927 Emma Hales	Northern Distric
3	139 Sienna Fourie	Ku-Ring-Gai
4	19282 Ruby Losurdo	Manly Warringah
5	18704 Juliet Allan	Hornsby
6	14032 Lune Coetzer	Northern Distric
7	8080 Charlotte Hawkins	Mosman
8		

Heat 3 of 3 Heats

1	18743 Anamika Singaram	Hornsby
2	354 Jade Lynas	Ku-Ring-Gai
3	479 Edwina Mair	Ku-Ring-Gai
4	19110 Abbie Weir	Manly Warringah
5	19592 IslaF Talaese	Manly Warringah
6	18682 Ashleigh dewhurst	Hornsby
7	8059 Evie Francis	Mosman
8		

Event 56 Boys U 9 - 100 Metre Run (21)

Zone:		14.60	2/02/2013	Zachery Gardner
Lane	Name	Age	Centre	Seed Time
Heat 1 of 3 Heats				
1	7763 Charles Cahill		Mosman	
2	14015 Benjamin Spada		Northern Distric	
3	19016 Andreas DePasquale		Hornsby	
4	578 Edmund Chen		Ku-Ring-Gai	
5	191 Jack Cross		Ku-Ring-Gai	
6	19767 Jack Houston		Manly Warringah	
7	18882 Gurman Singh		Hornsby	
8				

Heat 2 of 3 Heats

1	7929 Jake Cussen	Mosman
2	14116 William Taylor	Northern Distric
3	19920 Daniel McNaughtan	Manly Warringah
4	19444 Blake Creelman	Manly Warringah
5	146 Charl Price	Ku-Ring-Gai
6	18690 RanbirIan Duneja	Hornsby
7	18750 Sebastian Banks	Hornsby
8		

Heat 3 of 3 Heats

1	7722 Theodore Schramm	Mosman
2	532 Toby Watters	Ku-Ring-Gai
3	18843 Tyler Holdsworth	Hornsby
4	19151 AdamMichael Vesely	Manly Warringah
5	19766 nathaniel kei	Manly Warringah
6	320 Rene Barkhuysen	Ku-Ring-Gai
7	8029 William Waterhouse	Mosman
8		

Event 57 Girls U 10 - 100 Metre Run (26)

Zone:		14.53	13/12/2014	Olivia Inkster
Lane	Name	Age	Centre	Seed Time
Heat 1 of 3 Heats				
1	14086 Scarlett Tinacci %		Northern Distric	
2	14076 Matilda Haggarty		Northern Distric	
3	463 Georgia Chiang		Ku-Ring-Gai	
4	229 Chloe Huang		Ku-Ring-Gai	
5	766 Evie Rophail		Ku-Ring-Gai	
6	792 Nicole Shih		Ku-Ring-Gai	
7	18732 Calla Riddle		Hornsby	
8	8027 Sabella Sewell		Mosman	
9	14119 Addison Nash-krause		Northern Distric	
Heat 2 of 3 Heats				
1	14063 Olivia Barrett		Northern Distric	
2	18885 AvaS Mode		Hornsby	
3	8049 Isla Cleland		Mosman	
4	19795 Alice Orth		Manly Warringah	
5	19779 Lexie Beesley		Manly Warringah	
6	8061 April Abboud		Mosman	
7	18859 Erin Cooper		Hornsby	
8	8123 Sofia Rich		Mosman	
9	18710 Charlotte Chan		Hornsby	

Heat 3 of 3 Heats

1				
2	14046 Evie McCabe		Northern Distric	
3	8223 Sherlyn NaLampoon		Mosman	
4	18949 Matilda Clementson		Hornsby	
5	19699 Frankie Jones		Manly Warringah	
6	19136 Aria Broadhurst		Manly Warringah	
7	19633 Grace Coleman		Manly Warringah	
8	307 Jasmine Gong		Ku-Ring-Gai	
9	14105 Olivia Byrne		Northern Distric	

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Event 58 Boys U 10 - 100 Metre Run (20)

Zone: 14.18 25/01/2014 Zachery Gardner				
Lane	Name	Age	Centre	Seed Time

Heat 1 of 3 Heats

1	14152 Reve Creek		Northern Distric	
2	171 Euan Smith		Ku-Ring-Gai	
3	819 Bethan Compion		Ku-Ring-Gai	
4	19107 Brody Scott-Faul		Manly Warringah	
5	18921 Tadhg Crowley		Hornsby	
6	8004 Finn Sorbara		Mosman	
7	7985 Zachary Sherlock		Mosman	
8				

Heat 2 of 3 Heats

1				
2	8033 Max Madar		Mosman	
3	13958 Max Pullin		Northern Distric	
4	124 Hamish Skeates		Ku-Ring-Gai	
5	19376 Eli Conning		Manly Warringah	
6	19764 Owen Snell		Manly Warringah	
7	7825 Cian Cullen		Mosman	
8				

Heat 3 of 3 Heats

1	14182 Stuart Richards		Northern Distric	
2	223 Julian Conway		Ku-Ring-Gai	
3	121 Alexander Conner		Ku-Ring-Gai	
4	19271 Hudson McGregor		Manly Warringah	
5	19304 Samson Cech		Manly Warringah	
6	8065 Kingston Davis		Mosman	
7	14037 William Hart		Northern Distric	
8				

Event 59 Girls U 7 - 100 Metre Run (19)

Zone: 17.14 4/02/2012 Olivia Inkster				
Lane	Name	Age	Centre	Seed Time

Heat 1 of 3 Heats

1	18857 Myla Flinn		Hornsby	
2	13974 Madison Sakajani		Northern Distric	
3	123 Charlotte Skeates		Ku-Ring-Gai	
4	14230 Rubylee Kurariki-Davi		Northern Distric	
5	848 Monica Kelly		Ku-Ring-Gai	
6	19719 Lumi MunguiaKopra		Manly Warringah	
7	18856 Isabella Flinn		Hornsby	
8				

Heat 2 of 3 Heats

1				
2	19830 Amber Whitehouse		Manly Warringah	
3	18774 Saphira Richardson		Hornsby	
4	259 Zara Smith		Ku-Ring-Gai	
5	19632 Zali Colivas		Manly Warringah	
6	693 Emily Watters		Ku-Ring-Gai	
7	18721 Athieu Adut		Hornsby	
8				

Heat 3 of 3 Heats

1				
2	7891 Ivy Skinner		Mosman	
3	520 Liyana Keshwara		Ku-Ring-Gai	
4	19762 Kira Turmanis		Manly Warringah	
5	19581 Jade Spencer		Manly Warringah	
6	7925 Scarlett Bright		Mosman	
7	18742 Krishnaani Singaram		Hornsby	
8				

Event 60 Boys U 7 - 100 Metre Run (18)

Zone: 16.53 13/12/2014 Brody Folkes				
Lane	Name	Age	Centre	Seed Time

Heat 1 of 3 Heats

1				
2	19015 Julian DePasquale		Hornsby	
3	14162 Thor Jennings		Northern Distric	
4	19272 Bodhi McGregor		Manly Warringah	
5	19109 Harry Weir		Manly Warringah	
6	649 Ayaan Lalji		Ku-Ring-Gai	
7	14014 Tobias Spada		Northern Distric	
8				

Heat 2 of 3 Heats

1				
2	14039 Lucas DelgadilloAtara		Northern Distric	
3	13990 Ethan Rivers-Mugford		Northern Distric	
4	19301 Liam Lowe		Manly Warringah	
5	19283 Domenic Losurdo		Manly Warringah	
6	576 Rylan Moriarty		Ku-Ring-Gai	
7	14033 Luka Dixon		Northern Distric	
8				

Heat 3 of 3 Heats

1				
2	18926 Liam Schooling		Hornsby	
3	245 James Dockrill		Ku-Ring-Gai	
4	517 Cruz Gray		Ku-Ring-Gai	
5	19877 Harley Clifton		Manly Warringah	
6	150 Elijah Firth		Ku-Ring-Gai	
7	7726 Henry Corbett		Mosman	
8				

Event 61 Girls U 11 - 100 Metre Run (16)

Zone: 13.50 7/02/1999 Charlotte van Veenenda				
Lane	Name	Age	Centre	Seed Time

Heat 1 of 2 Heats

1	8067 Eloise Eslick		Mosman	
2	376 Ava-Capri Rossi		Ku-Ring-Gai	
3	19430 Caitlin Butler		Manly Warringah	
4	19251 Leanne Barayuga		Manly Warringah	
5	19295 Anieke Coetsee		Manly Warringah	
6	225 Safina Burgess		Ku-Ring-Gai	
7	380 Eloise Bradfield		Ku-Ring-Gai	
8	18746 Elina Gill		Hornsby	

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Heat 2 of 2 Heats...(Event 61 Girls U 11 - 100 Metre Run (16))

1	8115 Mia Rich	Mosman
2	261 Claudia Birrell	Ku-Ring-Gai
3	18739 Willow Hickey	Hornsby
4	19205 Phoebe Dobson	Manly Warringah
5	19242 Genevieve Dunnet	Manly Warringah
6	586 Camilla Roderick	Ku-Ring-Gai
7	8051 Lola Francis	Mosman
8	18775 Samantha Campbell	Hornsby

Event 62 Boys U 11 - 100 Metre Run (19)

Lane	Name	Age	Centre	Seed Time
Zone: 13.51 25/11/2017 Dylan Hall				

Heat 1 of 3 Heats

1				
2	7941 Hunter Vakili		Mosman	
3	507 Oska Koch		Ku-Ring-Gai	
4	19337 Harry Dryden		Manly Warringah	
5	18923 James Bissaker		Hornsby	
6	559 Reuben Hanly		Ku-Ring-Gai	
7	8035 Toby Uys		Mosman	
8				

Heat 2 of 3 Heats

1				
2	602 Alexander Macmillan		Ku-Ring-Gai	
3	14065 Jensen Barrett		Northern Distric	
4	19152 Jaxon Farrell		Manly Warringah	
5	8084 Edward Sharp		Mosman	
6	19597 Thomas Wilson		Manly Warringah	
7	8031 Rory Hartigan		Mosman	
8				

Heat 3 of 3 Heats

1	18896 Marco Iorio		Hornsby	
2	221 Emmett Snape		Ku-Ring-Gai	
3	19626 Callum Yates		Manly Warringah	
4	19709 Heath Towers		Manly Warringah	
5	7889 Orlando Clarke		Mosman	
6	116 Matthew McCullough		Ku-Ring-Gai	
7	18881 Parker Pride		Hornsby	
8				

Event 63 Girls U 12 - 100 Metre Run (35)

Lane	Name	Age	Centre	Seed Time
Zone: 13.10 7/02/2005 Annaliese Gardiner				

Heat 1 of 4 Heats

1	8019 Nina Parkinson		Mosman	
2	19428 Alice Larbey		Manly Warringah	
3	18803 Juliet Erickson		Hornsby	
4	19607 Claudia Patfield		Manly Warringah	
5	19683 Ciara Faulkner		Manly Warringah	
6	19346 Maeve Heldt		Manly Warringah	
7	683 Poppy McAuliffe		Ku-Ring-Gai	
8	19427 Audrey Grether		Manly Warringah	
9	8086 Emily PereiradeJesus		Mosman	

Heat 2 of 4 Heats

1	13966 Zoe Swain		Northern Distric	
2	18959 Grace deCarvalho		Hornsby	
3	14153 Estelle Creek		Northern Distric	
4	19562 Rianna MorenoByrne		Manly Warringah	
5	19128 Mackenzie Couchman		Manly Warringah	
6	19716 Isabella Ross		Manly Warringah	
7	19342 Milla Kacilala		Manly Warringah	
8	19454 Jasmine Simes		Manly Warringah	
9	611 Charlotte Barnsley		Ku-Ring-Gai	

Heat 3 of 4 Heats

1				
2	14089 Amelia Dengate		Northern Distric	
3	19385 Roxanne Parkes		Manly Warringah	
4	8198 Sophie Savage		Mosman	
5	19108 Marley Scott-Faul		Manly Warringah	
6	730 Ella Achike		Ku-Ring-Gai	
7	19789 Amy Senior		Manly Warringah	
8	18886 Jayda Mode		Hornsby	
9	386 Annabelle Heyden		Ku-Ring-Gai	

Heat 4 of 4 Heats

1	18795 Grace Lean		Hornsby	
2	7983 Sasha Grant		Mosman	
3	18796 Grace Carlton		Hornsby	
4	13941 Bianca Ferreira		Northern Distric	
5	19744 Valerie Pickup		Manly Warringah	
6	19807 Charlotte Selinas		Manly Warringah	
7	854 Holly Kyle		Ku-Ring-Gai	
8	126 Zara Conner		Ku-Ring-Gai	
9	19790 Mia Barrett		Manly Warringah	

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Event 64 Boys U 12 - 100 Metre Run (21)

Zone:		12.90	5/02/2005	Kane Thompson	
Lane	Name	Age	Centre	Seed Time	

Heat 1 of 3 Heats

1	197 James Xin		Ku-Ring-Gai		
2	504 Nuoyi Wang		Ku-Ring-Gai		
3	18980 Jake Bylykbashi		Hornsby		
4	19288 Jaxon Solomon		Manly Warringah		
5	658 Caelan Drysdale		Ku-Ring-Gai		
6	19999 Toby Creelman		Manly Warringah		
7	8213 Joshua Yates		Mosman		
8					

Heat 2 of 3 Heats

1	8195 Arlo Seeto		Mosman		
2	287 Harrison Nicholls		Ku-Ring-Gai		
3	19416 Jacob Pieper		Manly Warringah		
4	8142 Tyrese-Lloyd Owusu		Mosman		
5	19721 Taj Biddlecombe		Manly Warringah		
6	168 Andy Zhang		Ku-Ring-Gai		
7	14038 Samuel Hart		Northern Distric		
8					

Heat 3 of 3 Heats

1	13932 Orson List		Northern Distric		
2	497 Bento Gove		Ku-Ring-Gai		
3	19471 Luca Escribano		Manly Warringah		
4	111 William Saputra		Ku-Ring-Gai		
5	8081 Charlie Baird-Petroni		Mosman		
6	19737 Tommo Goldsack		Manly Warringah		
7	13972 Benjamin Schyvens		Northern Distric		
8					

Event 65 Girls U 13 - 100 Metre Run (19)

Zone:		13.20	4/02/2005	Jordan Lumley	
Lane	Name	Age	Centre	Seed Time	

Heat 1 of 3 Heats

1					
2	836 Chloe Han		Ku-Ring-Gai		
3	14085 Sophia Cottrell		Northern Distric		
4	19241 Pilard Shephard		Manly Warringah		
5	19279 Willow Toll		Manly Warringah		
6	19302 Sophie Rogerson		Manly Warringah		
7	7694 Alexandra Davis		Mosman		
8					

Heat 2 of 3 Heats

1					
2	19540 Isabel Jordan		Manly Warringah		
3	135 Georgia Birch		Ku-Ring-Gai		
4	19386 Louisa Mehta		Manly Warringah		
5	8057 Lexi Hartigan		Mosman		
6	19345 Jemma Wilsher		Manly Warringah		
7	14044 Lucy Edgar		Northern Distric		
8					

Heat 3 of 3 Heats

1	7762 Annabelle Cahill		Mosman		
2	19314 Trinity Perrett		Manly Warringah		
3	19001 Ava Beattie		Hornsby		
4	19387 Sarah Mehta		Manly Warringah		
5	19511 Emma Kramer		Manly Warringah		
6	8071 Aliya Meehan		Mosman		
7	19194 Alexandra Kirkbride		Manly Warringah		
8					

Event 66 Boys U 13 - 100 Metre Run (22)

Zone:		12.27	30/11/2019	Dylan Hall	
Lane	Name	Age	Centre	Seed Time	

Heat 1 of 3 Heats

1	869 Adam AlEdwan		Ku-Ring-Gai		
2	19045 Haiyue Liao		Hornsby		
3	707 Kourosh Rad		Ku-Ring-Gai		
4	19101 Taten Rogers		Manly Warringah		
5	19286 Deacon Pallpratt		Manly Warringah		
6	19206 Roman Dobson		Manly Warringah		
7	19794 Harley Singleton		Manly Warringah		
8					

Heat 2 of 3 Heats

1	481 Patrick Le Roux		Ku-Ring-Gai		
2	43109 Pierre Dubi-Nketiah		Hornsby		
3	541 Rhys Duncan		Ku-Ring-Gai		
4	19544 Kornchawal Benoliel		Manly Warringah		
5	19609 Parker Ball		Manly Warringah		
6	860 Finn MacBeth		Ku-Ring-Gai		
7	14173 Judah Louie		Northern Distric		
8	14035 Jordan Dixon		Northern Distric		

Heat 3 of 3 Heats

1	14045 Finn McCabe		Northern Distric		
2	10840 Liam McIntyre		Northern Distric		
3	853 Maximillian Kyle		Ku-Ring-Gai		
4	19265 James Atkins		Manly Warringah		
5	8120 Jake Osullivan		Mosman		
6	19404 Eamon King		Manly Warringah		
7	712 Kai Hutchinson		Ku-Ring-Gai		
8					

Event 67 Girls U 14 - 100 Metre Run (17)

Zone:		12.68	26/11/2022	Matilda Harrison	
Lane	Name	Age	Centre	Seed Time	

Heat 1 of 3 Heats

1					
2	18917 Sophia Tsaousidis		Hornsby		
3	14084 Annalise Cottrell		Northern Distric		
4	19504 Avie Russell		Manly Warringah		
5	14133 Alannah Pryor		Northern Distric		
6	19232 Zara Parslow		Manly Warringah		
7	39109 Lily Hughes		Ku-Ring-Gai		
8					

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

LANSW

Meet Program - Saturday Track Events

Heat 2 of 3 Heats...(Event 67 Girls U 14 - 100 Metre Run (17))

1		
2	293 Kayla Daniell	Ku-Ring-Gai
3	19280 Eliza Jeffrey	Manly Warringah
4	19339 Naomi Krajangic	Manly Warringah
5	19483 Gemma Sellick	Manly Warringah
6	8025 Millie Morrison	Mosman
7		
8		

Heat 3 of 3 Heats

1		
2	7932 Charlie Goodare	Mosman
3	612 Ava Grant	Ku-Ring-Gai
4	159 Amalia Bond	Ku-Ring-Gai
5	19359 Isla Scoular	Manly Warringah
6	19743 Olivia Pickup	Manly Warringah
7	8125 Sarah Yates	Mosman
8		

Event 68 Boys U 14 - 100 Metre Run (12)

Zone: 12.00 3/02/2007 Kane Thompson

Lane Name Age Centre Seed Time

Heat 1 of 2 Heats

1		
2	19758 Andrew Guerin	Manly Warringah
3	19305 Sebastian Cech	Manly Warringah
4	39101 Kye Kearney	Ku-Ring-Gai
5	19355 Ethan McErlane	Manly Warringah
6	19760 Ed Hammond	Manly Warringah
7	18749 Benjamin Aguilar	Hornsby
8		

Heat 2 of 2 Heats

1		
2	19133 Ethan Jauncey	Manly Warringah
3	19390 Lucas Nuttall	Manly Warringah
4	19731 Harvey Glanville	Manly Warringah
5	7824 Sam Hewit	Mosman
6	747 Kase Willis-Jansen	Ku-Ring-Gai
7	14195 Jake Sefton	Northern Distric
8		

Event 70 Boys U 15 - 100 Metre Run (12)

Zone: 11.48 4/02/2012 Joshua Swan

Lane Name Age Centre Seed Time

Heat 1 of 2 Heats

1		
2	8078 Daniel Benoliel	Mosman
3	19313 Jack Memillan	Manly Warringah
4	140 Jake Fourie	Ku-Ring-Gai
5	18741 Shiva Rajesh	Hornsby
6	19475 Jack Nixon	Manly Warringah
7	8206 Shivraaj Gopakumar	Mosman
8		

Heat 2 of 2 Heats

1		
2	8037 Jeffrey Benoliel	Mosman
3	490 Jimmy Thebridge	Ku-Ring-Gai
4	19424 Reese Francis	Manly Warringah
5	19476 Harry Nixon	Manly Warringah
6	18831 Aiden McDaid	Hornsby
7	14047 Cooper Guthrie	Northern Distric
8		

Event 71 Girls U 17 - 100 Metre Run (17)

Zone: 12.34 10/12/2016 Kristie Edwards

Lane Name Age Centre Seed Time

Heat 1 of 3 Heats

1		
2	820 Eliza Heys	Ku-Ring-Gai
3	19239 Poppy Day	Manly Warringah
4	19631 Tara Hollyoak	Manly Warringah
5	19836 Estelle Walsh	Manly Warringah
6	13983 Bronte Tonkin	Northern Distric
7	14129 Sinead Hawes	Northern Distric
8		

Heat 2 of 3 Heats

1		
2	19620 Pia Cortina	Manly Warringah
3	19776 Daisy Burt	Manly Warringah
4	158 Samara Bond	Ku-Ring-Gai
5	19509 Ashlee O'Reilly	Manly Warringah
6	18974 Leila Broadley	Hornsby
7		
8		

Heat 3 of 3 Heats

1		
2	18811 Michaela Couper	Hornsby
3	8149 Grace Carden	Mosman
4	19396 sienna kupceric	Manly Warringah
5	39119 Maia MaddenKhan	Ku-Ring-Gai
6	330 Gemma McIntosh	Ku-Ring-Gai
7	19050 Sheryl Machado	Hornsby
8		

Event 72 Boys U 17 - 100 Metre Run (16)

Zone: 10.92 2/02/2013 Joshua Swan

Lane Name Age Centre Seed Time

Heat 1 of 2 Heats

1	39124 Neil Rawat	Ku-Ring-Gai
2	43108 Emmanuel Dubi-Nketi	Hornsby
3	18872 Wol Albino	Hornsby
4	19880 Joshua Bowry	Manly Warringah
5	19574 Liam Downs	Manly Warringah
6	8028 Xavier Frost	Mosman
7	18933 Lachlan Blackwell	Hornsby
8	39123 Bede Hogard	Ku-Ring-Gai

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

LANSW

Meet Program - Saturday Track Events

Heat 2 of 2 Heats...(Event 72 Boys U 17 - 100 Metre Run (16))

1	8190 Alex Trajanoski	Mosman
2	18759 Ashton Sawtell	Hornsby
3	19169 Michael Godden	Manly Warringah
4	518 Lars Ackland	Ku-Ring-Gai
5	19354 Jannik McErlane	Manly Warringah
6	13944 Kalan Harding	Northern Distric
7	8154 Chase Burrows	Mosman
8	8058 Finn Pereira	Mosman

Event 75 Girls U 9 - 400 Metre Run (12)

Zone: 1:10.88 13/12/2014 Eva Bates

Lane	Name	Age	Centre	Seed Time
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Section 1 of 2 Final

1				
2				
3	198 Kinsley Harvey		Ku-Ring-Gai	
4	18682 Ashleigh dewhurst		Hornsby	
5	117 Sophie McCullough		Ku-Ring-Gai	
6	540 Morgan Duncan		Ku-Ring-Gai	
7				
8				

Section 2 of 2 Final

1	7975 Millar Hicks		Mosman	
2	167 Harlow Campbell		Ku-Ring-Gai	
3	19160 Amelia Esser		Manly Warringah	
4	19134 Ella Harding		Manly Warringah	
5	19282 Ruby Losurdo		Manly Warringah	
6	128 Scarlett Docherty		Ku-Ring-Gai	
7	19120 Brooke Debney		Manly Warringah	
8	19263 Abigail Maher		Manly Warringah	

Event 76 Boys U 9 - 400 Metre Run (21)

Zone: 1:08.70 5/02/2005 Matthew Dunsmore

Lane	Name	Age	Centre	Seed Time
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Section 1 of 3 Final

1				
2	7763 Charles Cahill		Mosman	
3	14170 Isaiah Louie		Northern Distric	
4	8029 William Waterhouse		Mosman	
5	14120 Jarrah Bailey		Northern Distric	
6	18801 Eric Colgan		Hornsby	
7				
8				

Section 2 of 3 Final

1	14015 Benjamin Spada		Northern Distric	
2	319 Ryan Rudolph		Ku-Ring-Gai	
3	18915 Harrison Tye		Hornsby	
4	19016 Andreas DePasquale		Hornsby	
5	207 Ian Liang		Ku-Ring-Gai	
6	280 Michael Omar		Ku-Ring-Gai	
7	18788 Alistair Fierens		Hornsby	
8	7966 Frederick Bangs		Mosman	

Section 3 of 3 Final

1	526 Oliver Duvnjak		Ku-Ring-Gai	
2	19181 Liam Tysoe		Manly Warringah	
3	19665 Archie Cole		Manly Warringah	
4	19210 Jack Miller		Manly Warringah	
5	19268 Max Miller		Manly Warringah	
6	578 Edmund Chen		Ku-Ring-Gai	
7	19285 Zachary Cooke		Manly Warringah	
8	13998 Lachlan Ross		Northern Distric	

Event 77 Girls U 10 - 400 Metre Run (18)

Zone: 1:06.55 4/02/2012 Abbey Rockliff

Lane	Name	Age	Centre	Seed Time
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Section 1 of 3 Final

1				
2				
3	317 Maxwell Verney		Ku-Ring-Gai	
4	8066 Kaiya Smith		Mosman	
5	755 Perla Endacott		Ku-Ring-Gai	
6	506 Carly Veasey		Ku-Ring-Gai	
7				
8				

Section 2 of 3 Final

1				
2	14046 Evie McCabe		Northern Distric	
3	13978 Beth Cochrane		Northern Distric	
4	8060 Aurelia Stewart		Mosman	
5	374 Ellie Boers		Ku-Ring-Gai	
6	8123 Sofia Rich		Mosman	
7	18888 Chloe Hickey		Hornsby	
8				

Section 3 of 3 Final

1	19779 Lexie Beesley		Manly Warringah	
2	8027 Sabella Sewell		Mosman	
3	19633 Grace Coleman		Manly Warringah	
4	19425 Josephine Han		Manly Warringah	
5	19702 evelyn vale		Manly Warringah	
6	19828 Amelia Berry		Manly Warringah	
7	864 Evelyn Finley		Ku-Ring-Gai	
8	13997 Stephanie Ross		Northern Distric	

Event 78 Boys U 10 - 400 Metre Run (20)

Zone: 1:05.35 12/12/2015 Lachlan Herbert

Lane	Name	Age	Centre	Seed Time
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Section 1 of 3 Final

1				
2				
3	14182 Stuart Richards		Northern Distric	
4	13992 Harry Patterson		Northern Distric	
5	14025 Liam Cosier		Northern Distric	
6	8126 Luke Yates		Mosman	
7				
8				

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

LANSW

Meet Program - Saturday Track Events

Section 2 of 3 Final...(Event 78 Boys U 10 - 400 Metre Run (20))

1	793 Ethan Pethiyagoda	Ku-Ring-Gai
2	8065 Kingston Davis	Mosman
3	14090 Evan Dengate	Northern Distric
4	14128 Riley Daley	Northern Distric
5	257 Sam Annesley	Ku-Ring-Gai
6	132 Benjamin Palmer	Ku-Ring-Gai
7	18800 Ethan Carlton	Hornsby
8	7982 angus Morrison	Mosman

Section 3 of 3 Final

1	19764 Owen Snell	Manly Warringah
2	19492 Hugo Gledhill	Manly Warringah
3	19308 Caden Symons	Manly Warringah
4	19103 Ryder Lane-Brown	Manly Warringah
5	8033 Max Madar	Mosman
6	234 Nicolas James-Taylor	Ku-Ring-Gai
7	19304 Samson Cech	Manly Warringah
8	615 Tommy Kay	Ku-Ring-Gai

Event 79 Girls U 11 - 400 Metre Run (14)

Zone: 1:02.82 4/02/2012 Edita Grinbergs

Lane	Name	Age	Centre	Seed Time
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Section 1 of 2 Final

1				
2	18773 Olivia Fierens		Hornsby	
3	18914 Sophia Tye		Hornsby	
4	270 Katelyn ThorinDembo		Ku-Ring-Gai	
5	813 Kara McEwan		Ku-Ring-Gai	
6	349 Matilda Corbett		Ku-Ring-Gai	
7	14034 Arya Dixon		Northern Distric	
8				

Section 2 of 2 Final

1	586 Camilla Roderick		Ku-Ring-Gai	
2	242 Chloe McCulloch		Ku-Ring-Gai	
3	19323 Hayley Marshall		Manly Warringah	
4	19530 Ferial BesodiBoujemac		Manly Warringah	
5	19753 Evelyn Lulli		Manly Warringah	
6	19238 Amity Batchler		Manly Warringah	
7	19207 Chloe Peaper		Manly Warringah	
8	8115 Mia Rich		Mosman	

Event 80 Boys U 11 - 400 Metre Run (15)

Zone: 1:03.20 7/02/1993 David Geddes

Lane	Name	Age	Centre	Seed Time
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Section 1 of 2 Final

1	18896 Marco Iorio		Hornsby	
2	507 Oska Koch		Ku-Ring-Gai	
3	18881 Parker Pride		Hornsby	
4	8010 Peter Phillipou		Mosman	
5	19373 Aiden Henne		Manly Warringah	
6	483 Lachlan Meryment		Ku-Ring-Gai	
7	429 Ethan Lally		Ku-Ring-Gai	
8				

Section 2 of 2 Final

1	19597 Thomas Wilson		Manly Warringah	
2	19730 Austin Grennan		Manly Warringah	
3	7940 Harrison Vakili		Mosman	
4	19717 Zane Romyn		Manly Warringah	
5	18923 James Bissaker		Hornsby	
6	19922 Lewis McNaughtan		Manly Warringah	
7	155 Brody Johnson		Ku-Ring-Gai	
8	116 Matthew McCullough		Ku-Ring-Gai	

Event 81 Girls U 12 - 400 Metre Run (19)

Zone: 1:02.08 10/12/2016 Brianna Worsfold

Lane	Name	Age	Centre	Seed Time
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Section 1 of 3 Final

1				
2				
3	14089 Amelia Dengate		Northern Distric	
4	19790 Mia Barrett		Manly Warringah	
5	133 Sophie Palmer		Ku-Ring-Gai	
6	39133 Beatrice Garnys		Ku-Ring-Gai	
7				
8				

Section 2 of 3 Final

1	19352 Rhiannon Dick		Manly Warringah	
2	8086 Emily PereiradeJesus		Mosman	
3	8022 Natalie Rice		Mosman	
4	19349 Fleur Herbert-Jones		Manly Warringah	
5	19254 Kenzie Wark		Manly Warringah	
6	19454 Jasmine Simes		Manly Warringah	
7	334 Zara Denney		Ku-Ring-Gai	
8				

Section 3 of 3 Final

1	8063 Emma Jones		Mosman	
2	19716 Isabella Ross		Manly Warringah	
3	19171 Kyah Ryals		Manly Warringah	
4	19744 Valerie Pickup		Manly Warringah	
5	19607 Claudia Patfield		Manly Warringah	
6	19710 Lotte Roessler		Manly Warringah	
7	18803 Juliet Erickson		Hornsby	
8	19371 Grace Mercer		Manly Warringah	

Event 82 Boys U 12 - 400 Metre Run (19)

Zone: 1:00.38 26/11/2022 Jake Wood

Lane	Name	Age	Centre	Seed Time
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Section 1 of 3 Final

1				
2				
3	19233 Tommy Beezley		Manly Warringah	
4	8195 Arlo Seeto		Mosman	
5	19248 Eden Paice		Manly Warringah	
6	19723 Harry Magee		Manly Warringah	
7				
8				

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

LANSW

Meet Program - Saturday Track Events

Section 2 of 3 Final...(Event 82 Boys U 12 - 400 Metre Run (19))

1	8026 Xavier Hokins	Mosman
2	14024 Tyler Cosier	Northern Distric
3	8213 Joshua Yates	Mosman
4	19347 Freddie Atkinson	Manly Warringah
5	401 Alexander Nosek	Ku-Ring-Gai
6	18980 Jake Bylykbashi	Hornsby
7	19700 Henry Jones	Manly Warringah
8		

Section 3 of 3 Final

1	19616 Connor Matthews	Manly Warringah
2	19622 Hugo Condon	Manly Warringah
3	8081 Charlie Baird-Petroni	Mosman
4	19426 Isaac Han	Manly Warringah
5	19482 Alex Kinner	Manly Warringah
6	19471 Luca Escribano	Manly Warringah
7	111 William Saputra	Ku-Ring-Gai
8	19703 Tasman Vale	Manly Warringah

Event 83 Girls U 13 - 400 Metre Run (18)

Zone: 59.93 25/01/2014 Edita Grinbergs

Lane Name Age Centre Seed Time

Section 1 of 3 Final

1		
2		
3	19387 Sarah Mehta	Manly Warringah
4	7762 Annabelle Cahill	Mosman
5	18791 Isla Johnston	Hornsby
6	19386 Louisa Mehta	Manly Warringah
7		
8		

Section 2 of 3 Final

1		
2	13984 Maddison Barratt	Northern Distric
3	14044 Lucy Edgar	Northern Distric
4	19755 Alana Lulli	Manly Warringah
5	19345 Jemma Wilsher	Manly Warringah
6	19135 Anya Findlay	Manly Warringah
7	170 Isla Smith	Ku-Ring-Gai
8		

Section 3 of 3 Final

1	19180 Josie Perkins	Manly Warringah
2	19270 Alexis Tague	Manly Warringah
3	19241 Pilard Shephard	Manly Warringah
4	8075 Alexandra Bova	Mosman
5	19756 Anais Biasi	Manly Warringah
6	7902 Billie Fallows	Mosman
7	7967 Sayah Weeding	Mosman
8	19904 Eden McNaughtan	Manly Warringah

Event 84 Boys U 13 - 400 Metre Run (14)

Zone: 57.90 7/02/1994 Scott Fraser

Lane Name Age Centre Seed Time

Section 1 of 2 Final

1		
2	481 Patrick Le Roux	Ku-Ring-Gai
3	14045 Finn McCabe	Northern Distric
4	8120 Jake Osullivan	Mosman
5	19045 Haiyue Liao	Hornsby
6	18786 Joel Ramsay	Hornsby
7	14035 Jordan Dixon	Northern Distric
8		

Section 2 of 2 Final

1	614 Archie Kay	Ku-Ring-Gai
2	19286 Deacon Pallpratt	Manly Warringah
3	541 Rhys Duncan	Ku-Ring-Gai
4	19445 Oliver Trowell	Manly Warringah
5	253 Thomas Vedris	Ku-Ring-Gai
6	19609 Parker Ball	Manly Warringah
7	19155 Charlie Whelan	Manly Warringah
8	14173 Judah Louie	Northern Distric

Event 85 Girls U 14 - 400 Metre Run (14)

Zone: 57.75 25/11/2017 Jessica Bird

Lane Name Age Centre Seed Time

Section 1 of 2 Final

1		
2	687 Lily Horne	Ku-Ring-Gai
3	134 Charlotte Palmer	Ku-Ring-Gai
4	18895 Camila Iorio	Hornsby
5	8025 Millie Morrison	Mosman
6	453 Abigail Soper	Ku-Ring-Gai
7	18954 Hannah Lawrence	Hornsby
8		

Section 2 of 2 Final

1	19450 Sophie Irvine	Manly Warringah
2	19395 emily kupceric	Manly Warringah
3	19615 Belinda Matthews	Manly Warringah
4	19339 Naomi Krajancic	Manly Warringah
5	19291 Eliza Williams	Manly Warringah
6	316 Mia Hooton	Ku-Ring-Gai
7	18850 Tara Gilkeson	Hornsby
8	19661 Maddison Ross	Manly Warringah

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

LANSW

Meet Program - Saturday Track Events

Event 86 Boys U 14 - 400 Metre Run (10)

Zone: 53.13 10/12/2016 Ewan Burns

Lane	Name	Age	Centre	Seed Time
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Section 1 of 2 Final

1				
2				
3	795 Ziv Danieli		Ku-Ring-Gai	
4	377 Alessandro Rossi		Ku-Ring-Gai	
5	14052 Evan Beasley		Northern Distric	
6	14195 Jake Sefton		Northern Distric	
7				
8				

Section 2 of 2 Final

1				
2	19326 Oscar Needham		Manly Warringah	
3	19758 Andrew Guerin		Manly Warringah	
4	19731 Harvey Glanville		Manly Warringah	
5	19390 Lucas Nuttall		Manly Warringah	
6	19344 Ben Wilsher		Manly Warringah	
7	14059 Alexander Braendle		Northern Distric	
8				

Event 87 Girls U 15 - 400 Metre Run (5)

Zone: 57.70 30/11/2019 Olivia Inkster

Lane	Name	Age	Centre	Seed Time
------	------	-----	--------	-----------

Section 1 of 1 Final

1				
2	19701 Indianna Vale		Manly Warringah	
3	18913 Eden Herring		Hornsby	
4	13967 Aniela Knight		Northern Distric	
5	19508 Emma Garden		Manly Warringah	
6	8230 Annabelle Cigna		Mosman	
7				
8				

Event 88 Boys U 15 - 400 Metre Run (11)

Zone: 51.58 4/02/2012 Patrick Frith

Lane	Name	Age	Centre	Seed Time
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Section 1 of 2 Final

1				
2				
3	8204 Hamish Cleland		Mosman	
4	18831 Aiden McDaid		Hornsby	
5	19277 Benjamin Frantz		Manly Warringah	
6	388 Hugo Reynolds		Ku-Ring-Gai	
7				
8				

Section 2 of 2 Final

1	8052 Hugo Stewart		Mosman	
2	18741 Shiva Rajesh		Hornsby	
3	19340 Zac Stante		Manly Warringah	
4	19476 Harry Nixon		Manly Warringah	
5	8212 Riley Grant		Mosman	
6	19475 Jack Nixon		Manly Warringah	
7	322 Rian Conners		Ku-Ring-Gai	
8				

Event 89 Girls U 17 - 400 Metre Run (14)

Zone: 57.81 12/12/2015 Kristie Edwards

Lane	Name	Age	Centre	Seed Time
------	------	-----	--------	-----------

Section 1 of 2 Final

1				
2	19533 Jasmine Rintel		Manly Warringah	
3	19460 Kristina Prizmic		Manly Warringah	
4	13934 Elizabeth Toynbee		Northern Distric	
5	19776 Daisy Burt		Manly Warringah	
6	19050 Sheryl Machado		Hornsby	
7	19689 Eve Simpson		Manly Warringah	
8				

Section 2 of 2 Final

1	13983 Bronte Tonkin		Northern Distric	
2	13982 Freya Tonkin		Northern Distric	
3	19384 Annika Boys		Manly Warringah	
4	158 Samara Bond		Ku-Ring-Gai	
5	19836 Estelle Walsh		Manly Warringah	
6	19447 Matilda Bridge		Manly Warringah	
7	39132 Ava Garnys		Ku-Ring-Gai	
8	820 Eliza Heys		Ku-Ring-Gai	

Event 90 Boys U 17 - 400 Metre Run (9)

Zone: 49.37 26/11/2022 Lachlan Herbert

Lane	Name	Age	Centre	Seed Time
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Section 1 of 2 Final

1				
2				
3	19440 Orlando Grinbergs		Manly Warringah	
4	39123 Bede Hogard		Ku-Ring-Gai	
5	19046 Mackenzie Goonan		Hornsby	
6				
7				
8				

Section 2 of 2 Final

1				
2	18759 Ashton Sawtell		Hornsby	
3	19169 Michael Godden		Manly Warringah	
4	19214 Leo Brown		Manly Warringah	
5	19354 Jannik McErlane		Manly Warringah	
6	18776 Nathanael Ramsay		Hornsby	
7	18872 Wol Albino		Hornsby	
8				

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

LANSW

Meet Program - Saturday Track Events

Event 107 Girls U 15 - 100 Metre Run (8)

Zone: 12.35 30/11/2019 Gabriella Taylor

Lane Name Age Centre Seed Time

Section 1 of 1 Final

1	19334 Tayah Rubes	Manly Warringah
2	731 Olivia Achike	Ku-Ring-Gai
3	19506 Sofia Ehnбом	Manly Warringah
4	19508 Emma Garden	Manly Warringah
5	19436 Kaitlinn Dunne	Manly Warringah
6	14101 Kyrarah McMahon	Northern Distric
7	659 Arabella Lewis	Ku-Ring-Gai
8	18781 Josie Clayton	Hornsby

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

LANSW

Meet Program - Saturday Field Events

Event 1 Girls U 14 - Javelin (400 Gram) (6)

Zone: 34.90m 30/11/2019 Isabelle Cruickshank				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	626 Sophie Farrell		Ku-Ring-Gai	
2	18917 Sophia Tsaousidis		Hornsby	
3	151 Chelsea Forte		Ku-Ring-Gai	
4	14084 Annalise Cottrell		Northern Distric	
5	18850 Tara Gilkeson		Hornsby	
6	19232 Zara Parslow		Manly Warringah	

Event 2 Boys U 14 - Triple Jump (6)

Zone: 12.83m 7/02/1996 David Geddes				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	651 Max McPherson		Ku-Ring-Gai	
2	19355 Ethan McErlane		Manly Warringah	
3	19287 Davin Yap		Manly Warringah	
4	19133 Ethan Jauncey		Manly Warringah	
5	747 Kase Willis-Jansen		Ku-Ring-Gai	
6	795 Ziv Danieli		Ku-Ring-Gai	

Event 3 Boys U 17 - Discus (1.5 Kg) (6)

Zone: 46.86m 26/01/2014 William Brown				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	8058 Finn Pereira		Mosman	
2	13945 Joshua Harding		Northern Distric	
3	18759 Ashton Sawtell		Hornsby	
4	19300 Freddie BensonSparkes		Manly Warringah	
5	8028 Xavier Frost		Mosman	
6	13944 Kalan Harding		Northern Distric	

Event 4 Girls U 12 - Discus (750 Gram) (23)

Zone: 34.70m 7/02/1996 Leilani Burnes				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	18886 Jayda Mode		Hornsby	
2	512 Hayley Laslett		Ku-Ring-Gai	
3	13968 Clara Knight		Northern Distric	
4	583 Harmony Satchithanantha		Ku-Ring-Gai	
5	18795 Grace Lean		Hornsby	
6	19428 Alice Larbey		Manly Warringah	
7	18731 Ada Riddle		Hornsby	
8	14130 Jade Hawes		Northern Distric	
9	14151 Taya Creek		Northern Distric	
10	19652 Milly McVicar		Manly Warringah	
11	570 Jeorgia Bowden		Ku-Ring-Gai	
12	14089 Amelia Dengate		Northern Distric	
13	19383 Georgia Warr		Manly Warringah	
14	8000 Maisie Yorke		Mosman	
15	19427 Audrey Grether		Manly Warringah	
16	611 Charlotte Barnsley		Ku-Ring-Gai	
17	7983 Sasha Grant		Mosman	
18	18821 Samantha Fong		Hornsby	
19	14012 Scarlett Owers		Northern Distric	
20	14153 Estelle Creek		Northern Distric	
21	19790 Mia Barrett		Manly Warringah	
22	19225 Lucie Lyne		Manly Warringah	
23	19342 Milla Kacilala		Manly Warringah	

Event 5 Boys U 15 - Long Jump (11)

Zone: 6.46m 7/02/2003 Matthew Walker				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19687 Max Figueira		Manly Warringah	
2	19340 Zac Stante		Manly Warringah	
3	18897 Matthew Sims		Hornsby	
4	8078 Daniel Benoliel		Mosman	
5	490 Jimmy Thebridge		Ku-Ring-Gai	
6	8206 Shivraaj Gopakumar		Mosman	
7	18741 Shiva Rajesh		Hornsby	
8	14062 Sam Wu		Northern Distric	
9	19424 Reese Francis		Manly Warringah	
10	19313 Jack Mcmillan		Manly Warringah	
11	14047 Cooper Guthrie		Northern Distric	

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Event 6 Boys U 12 - Long Jump (23)

Zone: 5.49m 7/02/2003 Justin Haywood				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	8142 Tyrese-Lloyd Owusu		Mosman	
2	13932 Orson List		Northern Distric	
3	8081 Charlie Baird-Petroni		Mosman	
4	197 James Xin		Ku-Ring-Gai	
5	19737 Tommo Goldsack		Manly Warringah	
6	287 Harrison Nicholls		Ku-Ring-Gai	
7	14024 Tyler Cosier		Northern Distric	
8	14060 Christopher Braendle		Northern Distric	
9	13972 Benjamin Schyvens		Northern Distric	
10	658 Caelan Drysdale		Ku-Ring-Gai	
11	504 Nuoyi Wang		Ku-Ring-Gai	
12	497 Bento Gove		Ku-Ring-Gai	
13	19141 Beau Riches		Manly Warringah	
14	19999 Toby Creelman		Manly Warringah	
15	610 Edward Barnsley		Ku-Ring-Gai	
16	168 Andy Zhang		Ku-Ring-Gai	
17	18993 Ethan Orr		Hornsby	
18	18955 Zachary Lawrence		Hornsby	
19	14053 Joah Beasley		Northern Distric	
20	19721 Taj Biddlecombe		Manly Warringah	
21	14038 Samuel Hart		Northern Distric	
22	19248 Eden Paice		Manly Warringah	
23	19622 Hugo Condon		Manly Warringah	

Event 7 Girls U 13 - Shot Put (3.0 Kg) (6)

Zone: 12.05m 25/11/2017 Brianna Worsfold				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	8073 Elana Smith		Mosman	
2	14196 Sasha Sefton		Northern Distric	
3	19180 Josie Perkins		Manly Warringah	
4				
5	19511 Emma Kramer		Manly Warringah	
6	19202 Karina Olofinsky		Manly Warringah	
7	19540 Isabel Jordan		Manly Warringah	

Event 8 Girls U 11 - Shot Put (2.0 Kg) (16)

Zone: 11.99m 7/02/1995 Leilani Burnes				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19559 Caitlin Willacy		Manly Warringah	
2	785 Stella Mullins		Ku-Ring-Gai	
3	18746 Elina Gill		Hornsby	
4	18914 Sophia Tye		Hornsby	
5	18775 Samantha Campbell		Hornsby	
6	565 Audrey Donohoe		Ku-Ring-Gai	
7	18728 Zahra Haidari		Hornsby	
8	14042 Dulcie Thompson		Northern Distric	
9	193 Grace Patterson		Ku-Ring-Gai	
10	19343 Olive Kacilala		Manly Warringah	
11	14013 Annika Owers		Northern Distric	
12	343 Anna Sarkodee		Ku-Ring-Gai	
13	19105 Emma Olofinsky		Manly Warringah	
14	460 Lucy Bell		Ku-Ring-Gai	
15	19203 Louisa Olofinsky		Manly Warringah	
16	19799 Sophie Griffiths		Manly Warringah	

Event 9 Boys U 9 - High Jump (S/H 0.85m) (18)

Zone: 1.33m 4/02/2008 Emile Mau'u				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	404 Matthew Clarke		Ku-Ring-Gai	
2	18750 Sebastian Banks		Hornsby	
3	19767 Jack Houston		Manly Warringah	
4	19268 Max Miller		Manly Warringah	
5	19766 nathaniel kei		Manly Warringah	
6	600 Neil Macmillan		Ku-Ring-Gai	
7	7966 Frederick Bangs		Mosman	
8	18998 Henry Kinsey		Hornsby	
9	18690 RanbirIan Duneja		Hornsby	
10	348 Henry Corbett		Ku-Ring-Gai	
11	7746 Edward Cambridge		Mosman	
12	146 Charl Price		Ku-Ring-Gai	
13	19151 AdamMichael Vesely		Manly Warringah	
14	18894 Dante Iorio		Hornsby	
15	357 Sebastian O'Connell		Ku-Ring-Gai	
16	19166 Van Jordan		Manly Warringah	
17	7997 Spencer Parkinson		Mosman	
18	14031 Loki Gleeson		Northern Distric	

Event 10 Girls U 15 - High Jump (S/H 1.20m) (1)

Zone: 1.75m 4/02/2012 Alysha Burnett				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19673 Sophie Hinds		Manly Warringah	

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Event 11 Boys U 11 - Javelin (400 Gram) (12)

Zone: 30.02m 13/12/2015 Ethan Oliver				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	18947 Harry Clementson		Hornsby	
2	19577 Edward Brennan		Manly Warringah	
3	19626 Callum Yates		Manly Warringah	
4	7941 Hunter Vakili		Mosman	
5	602 Alexander Macmillan		Ku-Ring-Gai	
6	19132 Flynn Jauncey		Manly Warringah	
7	19410 William Barnett		Manly Warringah	
8	591 Josh Kietzmann		Ku-Ring-Gai	
9	7940 Harrison Vakili		Mosman	
10	696 Liam Ng		Ku-Ring-Gai	
11	713 Jackson Teede		Ku-Ring-Gai	
12	19402 Lucas Fischer		Manly Warringah	

Event 12 Girls U 17 - Triple Jump (9)

Zone: 11.64m 30/11/2019 Danielle Osifo				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19509 Ashlee O'Reilly		Manly Warringah	
2	19776 Daisy Burt		Manly Warringah	
3	13934 Elizabeth Toynbee		Northern Distric	
4	8143 Ajaya Owusu		Mosman	
5	13933 Charlotte Toynbee		Northern Distric	
6	19620 Pia Cortina		Manly Warringah	
7	19460 Kristina Prizmic		Manly Warringah	
8	13982 Freya Tonkin		Northern Distric	
9	19462 Catrine Atherton		Manly Warringah	

Event 13 Boys U 14 - Discus (1.0 Kg) (5)

Zone: 49.50m 7/02/1994 Peter Elvy				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19133 Ethan Jauncey		Manly Warringah	
2	138 Zach Fourie		Ku-Ring-Gai	
3	651 Max McPherson		Ku-Ring-Gai	
4	8170 Nicolas Chaseling		Mosman	
5	613 Alexander Grant		Ku-Ring-Gai	

Event 14 Boys U 10 - Discus (500 Gram) (18)

Zone: 38.37m 8/02/2008 Lachlan Behagg				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	239 Maximus Murdoch		Ku-Ring-Gai	
2	13958 Max Pullin		Northern Distric	
3	19114 Samuel King		Manly Warringah	
4	615 Tommy Kay		Ku-Ring-Gai	
5	124 Hamish Skeates		Ku-Ring-Gai	
6	18792 Huxley Richardson		Hornsby	
7	19874 Asher Stevens		Manly Warringah	
8	19653 Freddie McVicar		Manly Warringah	
9	18921 Tadhg Crowley		Hornsby	
10	7935 Connor Meehan		Mosman	
11	14152 Reve Creek		Northern Distric	
12	7985 Zachary Sherlock		Mosman	
13	19186 Edward Gillett		Manly Warringah	
14	7695 Nick Bradshaw		Mosman	
15	563 Oliver Kok		Ku-Ring-Gai	
16	14025 Liam Cosier		Northern Distric	
17	147 Liam Carter		Ku-Ring-Gai	
18	19112 Mitchell Cohen		Manly Warringah	

Event 15 Girls U 10 - Long Jump (19)

Zone: 4.40m 7/02/1999 Emily Pollett				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19310 Isobel Miles		Manly Warringah	
2	8139 Zara Rogers		Mosman	
3	521 Anya Keshwara		Ku-Ring-Gai	
4	19458 Lucy Turner		Manly Warringah	
5	14046 Evie McCabe		Northern Distric	
6	8001 Gabriella Fainga'anuku		Mosman	
7				
8	19795 Alice Orth		Manly Warringah	
9	18949 Matilda Clementson		Hornsby	
10	14076 Matilda Haggarty		Northern Distric	
11	864 Evelyn Finley		Ku-Ring-Gai	
12	792 Nicole Shih		Ku-Ring-Gai	
13	19828 Amelia Berry		Manly Warringah	
14	18885 AvaS Mode		Hornsby	
15	8048 Isla Erihe		Mosman	
16	19269 Grace Tague		Manly Warringah	
17	8049 Isla Cleland		Mosman	
18	18710 Charlotte Chan		Hornsby	
19	307 Jasmine Gong		Ku-Ring-Gai	
20	753 Annabel PatmoreGraham		Ku-Ring-Gai	

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Event 16 Boys U 13 - Long Jump (21)

Zone: 5.85m 1/12/2019 Dylan Hall				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19705 Zachary Morgan		Manly Warringah	
2	19794 Harley Singleton		Manly Warringah	
3	19404 Eamon King		Manly Warringah	
4	541 Rhys Duncan		Ku-Ring-Gai	
5	19206 Roman Dobson		Manly Warringah	
6	8032 Maximilian Nemeth		Mosman	
7	712 Kai Hutchinson		Ku-Ring-Gai	
8	869 Adam AlEdwan		Ku-Ring-Gai	
9	14035 Jordan Dixon		Northern Distric	
10	19565 Harrison Kyme		Manly Warringah	
11	14173 Judah Louie		Northern Distric	
12	19544 Kornchawal Benoliel		Manly Warringah	
13	19609 Parker Ball		Manly Warringah	
14	19111 Luke Cohen		Manly Warringah	
15	19309 Jonathan Miles		Manly Warringah	
16	19445 Oliver Trowell		Manly Warringah	
17	19113 Henry Smith		Manly Warringah	
18	19265 James Atkins		Manly Warringah	
19	18786 Joel Ramsay		Hornsby	
20	860 Finn MacBeth		Ku-Ring-Gai	
21	853 Maximillian Kyle		Ku-Ring-Gai	

Event 17 Boys U 8 - Shot Put (1.5 Kg) (13)

Zone: 8.61m 30/01/2010 Jack McFadden				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	18841 Elliot Sumpton		Hornsby	
2	18948 Jack Clementson		Hornsby	
3	569 Hugo Ruff		Ku-Ring-Gai	
4	14109 Cooper Young		Northern Distric	
5	19691 Thomas Pilgrim		Manly Warringah	
6	182 Zachary Philips		Ku-Ring-Gai	
7	695 Lucas Ng		Ku-Ring-Gai	
8	494 Taj Gove		Ku-Ring-Gai	
9	18879 Krish Kodakalla		Hornsby	
10	19560 Max Severino		Manly Warringah	
11	19377 Harvey Laing		Manly Warringah	
12	19650 Harvey owers		Manly Warringah	
13	19839 Joen Johnson		Manly Warringah	

Event 18 Girls U 14 - Shot Put (3.0 Kg) (8)

Zone: 12.71m 1/12/2018 Brianna Worsfold				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	18954 Hannah Lawrence		Hornsby	
2	39109 Lily Hughes		Ku-Ring-Gai	
3	19414 Millie Buxton		Manly Warringah	
4	18850 Tara Gilkeson		Hornsby	
5	7932 Charlie Goodare		Mosman	
6	151 Chelsea Forte		Ku-Ring-Gai	
7	18917 Sophia Tsaousidis		Hornsby	
8	626 Sophie Farrell		Ku-Ring-Gai	

Event 19 Girls U 9 - High Jump (S/H 0.80m) (14)

Zone: 1.20m 25/01/2014 Cayla Phillips				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	736 Georgia Rouse		Ku-Ring-Gai	
2	19552 Ellie Turmanis		Manly Warringah	
3	18755 Lucy Keevy		Hornsby	
4	299 Olivia Hanuska		Ku-Ring-Gai	
5	354 Jade Lynas		Ku-Ring-Gai	
6	19535 Aliya Howe		Manly Warringah	
7	19160 Amelia Esser		Manly Warringah	
8	18704 Juliet Allan		Hornsby	
9	18711 Grace Cotton		Hornsby	
10	19230 Mila Ward		Manly Warringah	
11	14131 Paityn Hawes		Northern Distric	
12	19351 Hannah Dick		Manly Warringah	
13	167 Harlow Campbell		Ku-Ring-Gai	
14	128 Scarlett Docherty		Ku-Ring-Gai	

Event 20 Girls U 11 - High Jump (S/H 1.00m) (11)

Zone: 1.48m 7/02/1995 Sarah Lingard				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19242 Genevieve Dunnet		Manly Warringah	
2	19203 Louisa Olofinsky		Manly Warringah	
3	18739 Willow Hickey		Hornsby	
4	19873 Zalia Stevens		Manly Warringah	
5	261 Claudia Birrell		Ku-Ring-Gai	
6	349 Matilda Corbett		Ku-Ring-Gai	
7	193 Grace Patterson		Ku-Ring-Gai	
8	565 Audrey Donohoe		Ku-Ring-Gai	
9	19320 Anastasia Morgan		Manly Warringah	
10	871 Ella Hartwig		Ku-Ring-Gai	
11	19821 Mia Taba		Manly Warringah	

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Event 21 Boys U 15 - Javelin (700 Gram) (8)

Zone: 61.62m 25/01/2014 Cameron McEntyre				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19687 Max Figueira		Manly Warringah	
2	8052 Hugo Stewart		Mosman	
3	19461 Luka Prizmic		Manly Warringah	
4	19846 Luka Simmons		Manly Warringah	
5	18852 Ronan Pattie		Hornsby	
6	19340 Zac Stante		Manly Warringah	
7	8037 Jeffrey Benoliel		Mosman	
8	19541 Alberto Jordan		Manly Warringah	

Event 22 Girls U 12 - Triple Jump (18)

Zone: 10.72m 7/02/1995 Lisa Antill				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19171 Kyah Ryals		Manly Warringah	
2	8198 Sophie Savage		Mosman	
3	126 Zara Conner		Ku-Ring-Gai	
4	19267 Molly Miller		Manly Warringah	
5	19807 Charlotte Selinas		Manly Warringah	
6	308 Evaleigh Gong		Ku-Ring-Gai	
7	19427 Audrey Grether		Manly Warringah	
8	19790 Mia Barrett		Manly Warringah	
9	19352 Rhiannon Dick		Manly Warringah	
10	19385 Roxanne Parkes		Manly Warringah	
11	18795 Grace Lean		Hornsby	
12	19428 Alice Larbey		Manly Warringah	
13	8000 Maisie Yorke		Mosman	
14	8019 Nina Parkinson		Mosman	
15	19652 Milly McVicar		Manly Warringah	
16	13966 Zoe Swain		Northern Distric	
17	19346 Maeve Heldt		Manly Warringah	
18	18796 Grace Carlton		Hornsby	

Event 23 Girls U 8 - Discus (500 Gram) (16)

Zone: 19.32m 7/02/1993 Vicky Byrne				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19243 Riley Hong		Manly Warringah	
2	414 Abigail Morgan		Ku-Ring-Gai	
3	13970 Molly MooreMulcahy		Northern Distric	
4	19366 Layla Plummer		Manly Warringah	
5	18858 Darcie Flinn		Hornsby	
6	14161 Kaylee Bain		Northern Distric	
7	19379 Alena Andrijic		Manly Warringah	
8	18919 Iliana Tsaousidis		Hornsby	
9	19322 Piper Marshall		Manly Warringah	
10	272 Heidi Thompson		Ku-Ring-Gai	
11	635 Rhea Krishnan		Ku-Ring-Gai	
12	13938 Hope Wales		Northern Distric	
13	18994 Peyton Schooling		Hornsby	
14	282 Anjali Agnew		Ku-Ring-Gai	
15	19517 Matilda Alexander		Manly Warringah	
16	554 Chiara Bigg		Ku-Ring-Gai	

Event 24 Boys U 12 - Discus (750 Gram) (16)

Zone: 39.82m 5/02/2011 Cameron McEntyre				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	18818 Mathias Hutchens		Hornsby	
2	14201 Harry Mooney		Northern Distric	
3	8213 Joshua Yates		Mosman	
4	14053 Joah Beasley		Northern Distric	
5	14060 Christopher Braendle		Northern Distric	
6	18918 Alexandros Tsaousidis		Hornsby	
7	14024 Tyler Cosier		Northern Distric	
8	610 Edward Barnsley		Ku-Ring-Gai	
9	19367 Jordy Plummer		Manly Warringah	
10	18819 Sebastian Hutchens		Hornsby	
11	19426 Isaac Han		Manly Warringah	
12	19616 Connor Matthews		Manly Warringah	
13	13994 Bradlee Taylor		Northern Distric	
14	18955 Zachary Lawrence		Hornsby	
15	306 Dylan SarenasAsnicar		Ku-Ring-Gai	
16	249 William Geldenhuys		Ku-Ring-Gai	

Event 25 Boys U 17 - Long Jump (8)

Zone: 6.64m 12/12/2015 Willson Lowe				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1				
2	19888 Sam Hildebrandt		Manly Warringah	
3	19574 Liam Downs		Manly Warringah	
4	39123 Bede Hogard		Ku-Ring-Gai	
5	19595 Cameron Tizzard		Manly Warringah	
6	8154 Chase Burrows		Mosman	
7	18776 Nathanael Ramsay		Hornsby	
8	8028 Xavier Frost		Mosman	
9	18933 Lachlan Blackwell		Hornsby	

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Event 26 Girls U 13 - Long Jump (16)

Zone: 4.96m 7/02/1992 Katherine Hepburn				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	836 Chloe Han		Ku-Ring-Gai	
2	7910 Sienna Ballantyne		Mosman	
3	19387 Sarah Mehta		Manly Warringah	
4	7694 Alexandra Davis		Mosman	
5	13984 Maddison Barratt		Northern Distric	
6	19386 Louisa Mehta		Manly Warringah	
7	8071 Aliya Meehan		Mosman	
8	19279 Willow Toll		Manly Warringah	
9	14044 Lucy Edgar		Northern Distric	
10				
11	19341 Chloe Stante		Manly Warringah	
12	19540 Isabel Jordan		Manly Warringah	
13	7902 Billie Fallows		Mosman	
14	135 Georgia Birch		Ku-Ring-Gai	
15	14085 Sophia Cottrell		Northern Distric	
16	7967 Sayah Weeding		Mosman	
17	19467 Ellie Briggs		Manly Warringah	

Event 27 Boys U 7 - Shot Put (1.0 Kg) (13)

Zone: 8.26m 7/02/1990 Chris Reynolds				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	13990 Ethan Rivers-Mugford		Northern Distric	
2	305 Zakary Hurley		Ku-Ring-Gai	
3	14030 Alfie Gleeson		Northern Distric	
4	609 Samuel Koura		Ku-Ring-Gai	
5	108 Aaron Wells		Ku-Ring-Gai	
6	19182 Alfie Tysoe		Manly Warringah	
7	19227 Jaevavier Ross		Manly Warringah	
8	604 James Greenwood		Ku-Ring-Gai	
9	576 Rylan Moriarty		Ku-Ring-Gai	
10	19246 Tayden Sloane		Manly Warringah	
11	19619 Lachlan Smith		Manly Warringah	
12	19127 Oscar Wang		Manly Warringah	
13	7745 Angus Cambridge		Mosman	

Event 28 Girls U 17 - Shot Put (3.0 Kg) (14)

Zone: 15.79m 30/01/2022 Emma Polikowski				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	18863 Annabelle Stewart		Hornsby	
2	546 Sarah Lovell		Ku-Ring-Gai	
3	545 Louise Lovell		Ku-Ring-Gai	
4	39119 Maia MaddenKhan		Ku-Ring-Gai	
5	19028 Ally Maclaine		Hornsby	
6	19459 Adriana Prizmic		Manly Warringah	
7	8150 Fenella Burns		Mosman	
8	330 Gemma McIntosh		Ku-Ring-Gai	
9	13933 Charlotte Toynbee		Northern Distric	
10	14211 Elise Oliver		Northern Distric	
11	19239 Poppy Day		Manly Warringah	
12	19631 Tara Hollyoak		Manly Warringah	
13	14129 Sinead Hawes		Northern Distric	
14	13934 Elizabeth Toynbee		Northern Distric	

Event 29 Boys U 13 - Javelin (600 Gram) (11)

Zone: 43.20m 4/02/2012 Cameron McEntyre				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	337 Jacoby Neal		Ku-Ring-Gai	
2	726 Cameron Green		Ku-Ring-Gai	
3	19156 Lucas Figueira		Manly Warringah	
4	19705 Zachary Morgan		Manly Warringah	
5	614 Archie Kay		Ku-Ring-Gai	
6	19206 Roman Dobson		Manly Warringah	
7	19111 Luke Cohen		Manly Warringah	
8	8014 Orlando Stewart		Mosman	
9	19544 Kornchawal Benoliel		Manly Warringah	
10	19115 William King		Manly Warringah	
11	18786 Joel Ramsay		Hornsby	

Event 30 Boys U 11 - Triple Jump (11)

Zone: 10.42m 7/02/1993 David Geddes				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19831 Ashton Forrester		Manly Warringah	
2	18947 Harry Clementson		Hornsby	
3	19306 Alex Fraser		Manly Warringah	
4	19337 Harry Dryden		Manly Warringah	
5	465 Charlie Toth		Ku-Ring-Gai	
6	19709 Heath Towers		Manly Warringah	
7	221 Emmett Snape		Ku-Ring-Gai	
8	296 Alex Potter		Ku-Ring-Gai	
9	298 Daniel Hanuska		Ku-Ring-Gai	
10	19922 Lewis McNaughtan		Manly Warringah	
11	7940 Harrison Vakili		Mosman	

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Event 31 Boys U 14 - High Jump (S/H 1.25m) (7)

Zone: 1.90m 7/02/1999 James Watson				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19760 Ed Hammond		Manly Warringah	
2	392 Xavier Kalinin		Ku-Ring-Gai	
3	831 Tyler Stead		Ku-Ring-Gai	
4	428 Fergus Keogh		Ku-Ring-Gai	
5	651 Max McPherson		Ku-Ring-Gai	
6	19287 Davin Yap		Manly Warringah	
7	14052 Evan Beasley		Northern Distric	

Event 32 Girls U 12 - High Jump (S/H 1.10m) (22)

Zone: 1.53m 14/12/2014 Alannah Green				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	480 Sophie Mair		Ku-Ring-Gai	
2	19651 Hallie Owers		Manly Warringah	
3	7983 Sasha Grant		Mosman	
4	8063 Emma Jones		Mosman	
5	19383 Georgia Warr		Manly Warringah	
6	18799 Amber Clayton		Hornsby	
7	8043 Harriet Morrison		Mosman	
8	19562 Rianna MorenoByrne		Manly Warringah	
9	19346 Maeve Heldt		Manly Warringah	
10	19607 Claudia Patfield		Manly Warringah	
11	854 Holly Kyle		Ku-Ring-Gai	
12	14130 Jade Hawes		Northern Distric	
13	583 Harmony Satchithanantha		Ku-Ring-Gai	
14	787 Natalie Maher		Ku-Ring-Gai	
15	19385 Roxanne Parkes		Manly Warringah	
16	19267 Molly Miller		Manly Warringah	
17	19371 Grace Mercer		Manly Warringah	
18	13941 Bianca Ferreira		Northern Distric	
19	8019 Nina Parkinson		Mosman	
20	19352 Rhiannon Dick		Manly Warringah	
21	14153 Estelle Creek		Northern Distric	
22	19128 Mackenzie Couchman		Manly Warringah	

Event 33 Girls U 15 - Discus (1.0 Kg) (7)

Zone: 40.04m 7/02/1997 Amber Bennett				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	13967 Aniela Knight		Northern Distric	
2	19508 Emma Garden		Manly Warringah	
3	18820 Tiffany Fong		Hornsby	
4	8002 Sally Fainga'anuku		Mosman	
5	13979 Imogen Cochrane		Northern Distric	
6	584 Nehara DeMel		Ku-Ring-Gai	
7	14101 Kyrah McMahon		Northern Distric	

Event 34 Girls U 7 - Discus (350 Gram) (16)

Zone: 19.11m 3/02/2007 Chloe Katoa				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	693 Emily Watters		Ku-Ring-Gai	
2	18856 Isabella Flinn		Hornsby	
3	19636 Mabel Jones		Manly Warringah	
4	18857 Myla Flinn		Hornsby	
5	13937 Imogen Sharp		Northern Distric	
6	18721 Athieu Adut		Hornsby	
7	14183 Leila Richards		Northern Distric	
8	482 Abby Horsburgh		Ku-Ring-Gai	
9	775 Skyler Leshinsky		Ku-Ring-Gai	
10	123 Charlotte Skeates		Ku-Ring-Gai	
11	19231 Chloe Collyer		Manly Warringah	
12	13974 Madison Sakajani		Northern Distric	
13	190 Sophia Morelli		Ku-Ring-Gai	
14	19122 Zalie Doria		Manly Warringah	
15	19221 Ella O'Leary		Manly Warringah	
16	19811 Edie Rockell		Manly Warringah	

Event 35 Boys U 10 - Long Jump (18)

Zone: 4.84m 7/02/1997 Andrew Fitzgerald				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	234 Nicolas James-Taylor		Ku-Ring-Gai	
2	19112 Mitchell Cohen		Manly Warringah	
3	19653 Freddie McVicar		Manly Warringah	
4	19226 Lequintin Nicholson		Manly Warringah	
5	8126 Luke Yates		Mosman	
6	19718 Solomon Romyn		Manly Warringah	
7	14090 Evan Dengate		Northern Distric	
8	8033 Max Madar		Mosman	
9	7695 Nick Bradshaw		Mosman	
10	868 Lucas Yik		Ku-Ring-Gai	
11	124 Hamish Skeates		Ku-Ring-Gai	
12	7825 Cian Cullen		Mosman	
13	13958 Max Pullin		Northern Distric	
14	171 Euan Smith		Ku-Ring-Gai	
15	14037 William Hart		Northern Distric	
16	19186 Edward Gillett		Manly Warringah	
17	657 Woody Harris		Ku-Ring-Gai	
18	18792 Huxley Richardson		Hornsby	

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Event 36 Boys U 8 - Long Jump (14)

Zone: 3.99m 7/02/1994 Benn Rintala				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	695 Lucas Ng		Ku-Ring-Gai	
2	18887 Flynn Hickey		Hornsby	
3	18841 Elliot Sumpton		Hornsby	
4	19437 Aiden Dunne		Manly Warringah	
5	19146 Coby James		Manly Warringah	
6	19787 Marcus Hemsworth		Manly Warringah	
7	241 Kenneth Huang		Ku-Ring-Gai	
8	7907 Billy Livingstone		Mosman	
9	644 Stephen Harvey		Ku-Ring-Gai	
10	396 Thomas Montgomery		Ku-Ring-Gai	
11	19516 Jacob Alexander		Manly Warringah	
12	19377 Harvey Laing		Manly Warringah	
13	18948 Jack Clementson		Hornsby	
14	333 Bailey Vassella		Ku-Ring-Gai	

Event 37 Girls U 9 - Shot Put (2.0 Kg) (20)

Zone: 8.73m 25/01/2014 Emma Polikowski				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	736 Georgia Rouse		Ku-Ring-Gai	
2	360 Rysa Dave		Ku-Ring-Gai	
3	19535 Aliya Howe		Manly Warringah	
4	251 Rose Benson		Ku-Ring-Gai	
5	18711 Grace Cotton		Hornsby	
6	18754 Riley Lloyd-Owen		Hornsby	
7	148 Zara Higlett		Ku-Ring-Gai	
8	19190 Indiana AllanCrocker		Manly Warringah	
9	19139 Brooke Walker		Manly Warringah	
10	18805 Alexa Erickson		Hornsby	
11	342 Xanthe Sarkodee		Ku-Ring-Gai	
12	13975 Ariela Sakajani		Northern Distric	
13	18755 Lucy Keevy		Hornsby	
14	14131 Paityn Hawes		Northern Distric	
15	19642 Sienna Smith		Manly Warringah	
16	8012 Stefanie Phillipou		Mosman	
17	13936 Sofia Sharp		Northern Distric	
18	19552 Ellie Turmanis		Manly Warringah	
19	18924 Alexandra Bissaker		Hornsby	
20	14008 Lillian Brookes		Northern Distric	

Event 38 Boys U 15 - Shot Put (4.0 Kg) (5)

Zone: 17.04m 7/02/1998 Peter Elvy				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	8206 Shivraaj Gopakumar		Mosman	
2	19541 Alberto Jordan		Manly Warringah	
3	140 Jake Fourie		Ku-Ring-Gai	
4	19129 Thomas Greenaway		Manly Warringah	
5	18897 Matthew Sims		Hornsby	

Event 39 Boys U 12 - Javelin (400 Gram) (15)

Zone: 35.50m 11/12/2016 Ethan Oliver				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19347 Freddie Atkinson		Manly Warringah	
2	445 Ethan Louttit		Ku-Ring-Gai	
3	19141 Beau Riches		Manly Warringah	
4	18918 Alexandros Tsaousidis		Hornsby	
5	19233 Tommy Beezley		Manly Warringah	
6	306 Dylan SarenasAsnicar		Ku-Ring-Gai	
7	14060 Christopher Braendle		Northern Distric	
8	19700 Henry Jones		Manly Warringah	
9	14038 Samuel Hart		Northern Distric	
10	19367 Jordy Plummer		Manly Warringah	
11	19723 Harry Magee		Manly Warringah	
12	19622 Hugo Condon		Manly Warringah	
13	19416 Jacob Pieper		Manly Warringah	
14	13994 Bradlee Taylor		Northern Distric	
15	610 Edward Barnsley		Ku-Ring-Gai	

Event 40 Girls U 11 - Triple Jump (8)

Zone: 9.41m 7/02/1999 Shona Martin				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	225 Safina Burgess		Ku-Ring-Gai	
2	590 Elodie Barnes		Ku-Ring-Gai	
3	19205 Phoebe Dobson		Manly Warringah	
4	261 Claudia Birrell		Ku-Ring-Gai	
5	19240 Eloise Knorr		Manly Warringah	
6	19238 Amity Batchler		Manly Warringah	
7	19430 Caitlin Butler		Manly Warringah	
8	19873 Zalia Stevens		Manly Warringah	

Event 41 Girls U 10 - Discus (500 Gram) (17)

Zone: 32.64m 7/02/1995 Vicky Byrne				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	513 Mackenzie Laslett		Ku-Ring-Gai	
2	13939 Airlie Wales		Northern Distric	
3	14007 Matilda Brookes		Northern Distric	
4	397 Elise Montgomery		Ku-Ring-Gai	
5	8001 Gabriella Fainga'anuku		Mosman	
6	307 Jasmine Gong		Ku-Ring-Gai	
7	297 Amelie Ogden		Ku-Ring-Gai	
8	19261 Ayla Davis		Manly Warringah	
9	19458 Lucy Turner		Manly Warringah	
10	14119 Addison Nash-krause		Northern Distric	
11	13978 Beth Cochrane		Northern Distric	
12	19183 Sienna Milotic		Manly Warringah	
13	19290 Mia Severino		Manly Warringah	
14	229 Chloe Huang		Ku-Ring-Gai	
15	8048 Isla Erihe		Mosman	
16	19472 Maia Escribano		Manly Warringah	
17	8066 Kaiya Smith		Mosman	

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Event 42 Boys U 13 - Discus (750 Gram) (15)

Zone: 41.22m 7/02/1993 Peter Elvy				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19286 Deacon Pallpratt		Manly Warringah	
2	19111 Luke Cohen		Manly Warringah	
3	19156 Lucas Figueira		Manly Warringah	
4	19610 Liam Ball		Manly Warringah	
5	597 Lachlan Harris		Ku-Ring-Gai	
6	19027 Aston Maclaine		Hornsby	
7	19115 William King		Manly Warringah	
8	337 Jacoby Neal		Ku-Ring-Gai	
9	14045 Finn McCabe		Northern Distric	
10	862 Darsh Didwani		Ku-Ring-Gai	
11	19206 Roman Dobson		Manly Warringah	
12	8014 Orlando Stewart		Mosman	
13	19363 Billy Lowe		Manly Warringah	
14	614 Archie Kay		Ku-Ring-Gai	
15	860 Finn MacBeth		Ku-Ring-Gai	

Event 43 Girls U 8 - Long Jump (19)

Zone: 3.81m 7/02/1997 Emily Pollett				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	635 Rhea Krishnan		Ku-Ring-Gai	
2	18866 Emily Hosking		Hornsby	
3	19916 Rahni McNaughtan		Manly Warringah	
4	7952 Morgan Jones		Mosman	
5	256 Maddie Annesley		Ku-Ring-Gai	
6	18935 Grace Dyson		Hornsby	
7	19255 Eloise Debney		Manly Warringah	
8	410 Zoe Marinkovich		Ku-Ring-Gai	
9	18919 Iliana Tsaousidis		Hornsby	
10	19264 Georgia Atkins		Manly Warringah	
11	8231 Madeleine Sloane		Mosman	
12	13970 Molly MooreMulcahy		Northern Distric	
13	18994 Peyton Schooling		Hornsby	
14	454 Chloe Forrester		Ku-Ring-Gai	
15	19243 Riley Hong		Manly Warringah	
16	103 Emily Hosie		Ku-Ring-Gai	
17	18858 Darcie Flinn		Hornsby	
18	14161 Kaylee Bain		Northern Distric	
19	19449 Alyssa Goslin		Manly Warringah	

Event 44 Girls U 14 - Long Jump (12)

Zone: 5.25m 7/02/1995 Lauren Wright				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	612 Ava Grant		Ku-Ring-Gai	
2	19504 Avie Russell		Manly Warringah	
3	39109 Lily Hughes		Ku-Ring-Gai	
4	14133 Alannah Pryor		Northern Distric	
5	19232 Zara Parslow		Manly Warringah	
6	151 Chelsea Forte		Ku-Ring-Gai	
7	18917 Sophia Tsaousidis		Hornsby	
8				
9	159 Amalia Bond		Ku-Ring-Gai	
10	539 Alicia Endicott		Ku-Ring-Gai	
11	14084 Annalise Cottrell		Northern Distric	
12	8125 Sarah Yates		Mosman	
13	19359 Isla Scoular		Manly Warringah	

Event 45 Boys U 9 - Shot Put (2.0 Kg) (16)

Zone: 9.42m 7/02/2009 Nicholas Frost				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	18998 Henry Kinsey		Hornsby	
2	7746 Edward Cambridge		Mosman	
3	601 Arun Macmillan		Ku-Ring-Gai	
4	896 Luca Hage		Ku-Ring-Gai	
5	858 Daniel Owili		Ku-Ring-Gai	
6	19166 Van Jordan		Manly Warringah	
7	19222 Lachlan deBree		Manly Warringah	
8	18750 Sebastian Banks		Hornsby	
9	572 Zac Gerrand		Ku-Ring-Gai	
10	14031 Loki Gleeson		Northern Distric	
11	18915 Harrison Tye		Hornsby	
12	19175 Harley Donald		Manly Warringah	
13	146 Charl Price		Ku-Ring-Gai	
14	18894 Dante Iorio		Hornsby	
15	19151 AdamMichael Vesely		Manly Warringah	
16	19192 Sonny Cheng		Manly Warringah	

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Event 46 Boys U 11 - Shot Put (2.0 Kg) (14)

Zone: 12.51m 7/02/2004 Kane Thompson				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	596 Mitchell Harris		Ku-Ring-Gai	
2	19220 Will Turi		Manly Warringah	
3	366 Nathaniel Gu		Ku-Ring-Gai	
4	14118 Nate Nash-krause		Northern Distric	
5	19626 Callum Yates		Manly Warringah	
6	324 Nick Bennett		Ku-Ring-Gai	
7	19364 Tomasi Lowe		Manly Warringah	
8	8035 Toby Uys		Mosman	
9	19410 William Barnett		Manly Warringah	
10	19402 Lucas Fischer		Manly Warringah	
11	465 Charlie Toth		Ku-Ring-Gai	
12	8010 Peter Phillipou		Mosman	
13	43115 Timothy Zhu		Hornsby	
14	713 Jackson Teede		Ku-Ring-Gai	

Event 47 Girls U 13 - High Jump (S/H 1.15m) (9)

Zone: 1.59m 7/02/1997 Renee Gartner				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19467 Ellie Briggs		Manly Warringah	
2	19904 Eden McNaughtan		Manly Warringah	
3	7910 Sienna Ballantyne		Mosman	
4	135 Georgia Birch		Ku-Ring-Gai	
5	14085 Sophia Cottrell		Northern Distric	
6	18853 Ella Pattie		Hornsby	
7	19341 Chloe Stante		Manly Warringah	
8	14235 Eden Suduk		Northern Distric	
9	19194 Alexandra Kirkbride		Manly Warringah	

Event 48 Boys U 17 - High Jump (S/H 1.30m) (6)

Zone: 2.01m 30/01/2022 Ivan Prizmic				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19888 Sam Hildebrandt		Manly Warringah	
2	19574 Liam Downs		Manly Warringah	
3	43108 Emmanuel Dubi-Nketi		Hornsby	
4	19595 Cameron Tizzard		Manly Warringah	
5	18933 Lachlan Blackwell		Hornsby	
6	39123 Bede Hogard		Ku-Ring-Gai	

Event 49 Girls U 17 - Javelin (500 Gram) (10)

Zone: 43.33m 25/11/2017 Brooke East				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	14211 Elise Oliver		Northern Distric	
2	19239 Poppy Day		Manly Warringah	
3	18804 Charlotte Clayton		Hornsby	
4	19631 Tara Hollyoak		Manly Warringah	
5	19462 Catrine Atherton		Manly Warringah	
6	546 Sarah Lovell		Ku-Ring-Gai	
7	19620 Pia Cortina		Manly Warringah	
8	19459 Adriana Prizmic		Manly Warringah	
9	18863 Annabelle Stewart		Hornsby	
10	545 Louise Lovell		Ku-Ring-Gai	

Event 50 Girls U 15 - Triple Jump (7)

Zone: 11.75m 30/11/2019 Sienna Bond				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	13967 Aniela Knight		Northern Distric	
2	19506 Sofia Ehnбом		Manly Warringah	
3	731 Olivia Achike		Ku-Ring-Gai	
4	19508 Emma Garden		Manly Warringah	
5	14101 Kyrah McMahan		Northern Distric	
6	19334 Tayah Rubes		Manly Warringah	
7	19543 Skye Blair		Manly Warringah	

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Event 111 Girls U 9 - 800 Metre Run (14)

Zone: 2:37.00 6/02/2012 Abbey Rockliff			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	251 Rose Benson		Ku-Ring-Gai
2	19263 Abigail Maher		Manly Warringah
3	148 Zara Higlett		Ku-Ring-Gai
4	167 Harlow Campbell		Ku-Ring-Gai
5	7975 Millar Hicks		Mosman
6	19596 Jade Wilson		Manly Warringah
7	18755 Lucy Keevy		Hornsby
8	19134 Ella Harding		Manly Warringah
9	14008 Lillian Brookes		Northern Distric
10	540 Morgan Duncan		Ku-Ring-Gai
11	198 Kinsley Harvey		Ku-Ring-Gai
12	18682 Ashleigh dewhurst		Hornsby
13	19121 Arelie Doria		Manly Warringah
14	19230 Mila Ward		Manly Warringah
15			
16			

Event 112 Boys U 9 - 800 Metre Run (21)

Zone: 2:36.20 7/02/1995 Doug Edmonds			
Lane	Name	Age	Centre
Section 1 of 2 Final			
1	18788 Alistair Fierens		Hornsby
2	7763 Charles Cahill		Mosman
3	14120 Jarrah Bailey		Northern Distric
4	14023 Bryce Hodgkiss		Northern Distric
5	18992 Joel Orr		Hornsby
6	393 James McLean		Ku-Ring-Gai
7	8029 William Waterhouse		Mosman
8	18998 Henry Kinsey		Hornsby
9	14170 Isaiah Louie		Northern Distric
10			
11			
12			
Section 2 of 2 Final			
1	319 Ryan Rudolph		Ku-Ring-Gai
2	600 Neil Macmillan		Ku-Ring-Gai
3	14015 Benjamin Spada		Northern Distric
4	19285 Zachary Cooke		Manly Warringah
5	578 Edmund Chen		Ku-Ring-Gai
6	19210 Jack Miller		Manly Warringah
7	7966 Frederick Bangs		Mosman
8	19181 Liam Tysoe		Manly Warringah
9	13998 Lachlan Ross		Northern Distric
10	19665 Archie Cole		Manly Warringah
11	526 Oliver Duvnjak		Ku-Ring-Gai
12	19268 Max Miller		Manly Warringah

Event 113 Girls U 10 - 800 Metre Run (15)

Zone: 2:28.38 4/02/2012 Abbey Rockliff			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	18779 Elodie Mcinnes		Hornsby
2	19633 Grace Coleman		Manly Warringah
3	19425 Josephine Han		Manly Warringah
4	229 Chloe Huang		Ku-Ring-Gai
5	14007 Matilda Brookes		Northern Distric
6	8060 Aurelia Stewart		Mosman
7	606 Harriet Henderson		Ku-Ring-Gai
8	13997 Stephanie Ross		Northern Distric
9	119 Chella Shields		Ku-Ring-Gai
10	8066 Kaiya Smith		Mosman
11	19702 evelyn vale		Manly Warringah
12	19754 Annaliese Lulli		Manly Warringah
13	19828 Amelia Berry		Manly Warringah
14	374 Ellie Boers		Ku-Ring-Gai
15	379 Georgia Loveday		Ku-Ring-Gai
16			

Event 114 Boys U 10 - 800 Metre Run (19)

Zone: 2:29.10 7/02/1990 Frazer Dowling			
Lane	Name	Age	Centre
Section 1 of 2 Final			
1	14025 Liam Cosier		Northern Distric
2	352 Arthur Lay		Ku-Ring-Gai
3	257 Sam Annesley		Ku-Ring-Gai
4	152 Charlie Firth		Ku-Ring-Gai
5	18747 Jayden McSorley		Hornsby
6	13992 Harry Patterson		Northern Distric
7	7973 Ethan Creswell		Mosman
8			
9			
10			
11			
12			
Section 2 of 2 Final			
1	19226 Lequintin Nicholson		Manly Warringah
2	19103 Ryder Lane-Brown		Manly Warringah
3	132 Benjamin Palmer		Ku-Ring-Gai
4	18792 Huxley Richardson		Hornsby
5	8065 Kingston Davis		Mosman
6	14128 Riley Daley		Northern Distric
7	14090 Evan Dengate		Northern Distric
8	615 Tommy Kay		Ku-Ring-Gai
9	19308 Caden Symons		Manly Warringah
10	8033 Max Madar		Mosman
11	19764 Owen Snell		Manly Warringah
12	19492 Hugo Gledhill		Manly Warringah

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Event 115 Girls U 11 - 800 Metre Run (16)

Zone: 2:27.39 3/02/2013 Abbey Rockliff			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	19323 Hayley Marshall		Manly Warringah
2	14034 Arya Dixon		Northern Distric
3	14050 Georgie Mathers		Northern Distric
4	394 Kate McLean		Ku-Ring-Gai
5	19438 Lily Dunne		Manly Warringah
6	18794 Avery Johnston		Hornsby
7	19753 Evelyn Lulli		Manly Warringah
8	270 Katelyn ThorinDembo		Ku-Ring-Gai
9	19530 Ferial BesodiBoujemac		Manly Warringah
10	19147 Sarah Covich		Manly Warringah
11	871 Ella Hartwig		Ku-Ring-Gai
12	242 Chloe McCulloch		Ku-Ring-Gai
13	14051 Beatrice Mathers		Northern Distric
14	18771 Sofia Fierens		Hornsby
15	675 Annabel Lew		Ku-Ring-Gai
16	18773 Olivia Fierens		Hornsby

Event 116 Boys U 11 - 800 Metre Run (15)

Zone: 2:24.80 6/02/2011 Elliot Metcalf			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	656 Miller Harris		Ku-Ring-Gai
2	8056 Harry Nicholson		Mosman
3	591 Josh Kietzmann		Ku-Ring-Gai
4	18999 Alistair Kinsey		Hornsby
5	19643 Harrison Smith		Manly Warringah
6	18881 Parker Pride		Hornsby
7	8010 Peter Phillipou		Mosman
8	324 Nick Bennett		Ku-Ring-Gai
9	19717 Zane Romyne		Manly Warringah
10	19730 Austin Grennan		Manly Warringah
11	483 Lachlan Meryment		Ku-Ring-Gai
12	155 Brody Johnson		Ku-Ring-Gai
13	14121 Reef Bailey		Northern Distric
14	19132 Flynn Jauncey		Manly Warringah
15	19179 Kyahn Hyde		Manly Warringah
16			

Event 117 Girls U 12 - 800 Metre Run (21)

Zone: 2:19.89 26/01/2014 Abbey Rockliff			
Lane	Name	Age	Centre
Section 1 of 2 Final			
1	18959 Grace deCarvalho		Hornsby
2	7969 Sophie Cawthorne		Mosman
3	8043 Harriet Morrison		Mosman
4	19349 Fleur Herbert-Jones		Manly Warringah
5	8063 Emma Jones		Mosman
6	133 Sophie Palmer		Ku-Ring-Gai
7	18821 Samantha Fong		Hornsby
8	39133 Beatrice Garnys		Ku-Ring-Gai
9	7974 Imogen Creswell		Mosman
10			
11			
12			
Section 2 of 2 Final			
1	334 Zara Denney		Ku-Ring-Gai
2	19744 Valerie Pickup		Manly Warringah
3	19254 Kenzie Wark		Manly Warringah
4	18803 Juliet Erickson		Hornsby
5	19371 Grace Mercer		Manly Warringah
6	19171 Kyah Ryals		Manly Warringah
7	422 Ashley Temple		Ku-Ring-Gai
8	19312 Coco Blundell		Manly Warringah
9	19607 Claudia Patfield		Manly Warringah
10	8022 Natalie Rice		Mosman
11	19640 Maja Bennedick		Manly Warringah
12	8047 Hana Horii		Mosman

Event 118 Boys U 12 - 800 Metre Run (19)

Zone: 2:19.58 4/02/2012 Robert Dickinson			
Lane	Name	Age	Centre
Section 1 of 2 Final			
1	18818 Mathias Hutchens		Hornsby
2	8195 Arlo Seeto		Mosman
3	19233 Tommy Beezley		Manly Warringah
4	678 Edward Smith		Ku-Ring-Gai
5	14028 Charlie Candy		Northern Distric
6	401 Alexander Nosek		Ku-Ring-Gai
7	18993 Ethan Orr		Hornsby
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NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

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Section 2 of 2 Final...(Event 118 Boys U 12 - 800 Metre Run (19))

1	19703 Tasman Vale	Manly Warringah
2	19432 Henry Ferguson	Manly Warringah
3	19616 Connor Matthews	Manly Warringah
4	754 William Graham	Ku-Ring-Gai
5	19622 Hugo Condon	Manly Warringah
6	14024 Tyler Cosier	Northern Distric
7	19329 Max Torkington	Manly Warringah
8	19723 Harry Magee	Manly Warringah
9	8026 Xavier Hokins	Mosman
10	19700 Henry Jones	Manly Warringah
11	19471 Luca Escribano	Manly Warringah
12	168 Andy Zhang	Ku-Ring-Gai

Event 119 Girls U 13 - 800 Metre Run (14)

Zone: 2:16.50 9/12/2016 Nicola Hogg

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	7902 Billie Fallows	Mosman
2	18960 Olivia Gouws	Hornsby
3	131 Elsie Clatworthy	Ku-Ring-Gai
4	19755 Alana Lulli	Manly Warringah
5	8075 Alexandra Bova	Mosman
6	7967 Sayah Weeding	Mosman
7	18791 Isla Johnston	Hornsby
8	14044 Lucy Edgar	Northern Distric
9	7762 Annabelle Cahill	Mosman
10	19756 Anais Biasi	Manly Warringah
11	19270 Alexis Tague	Manly Warringah
12	19135 Aanya Findlay	Manly Warringah
13	19180 Josie Perkins	Manly Warringah
14	8073 Elana Smith	Mosman
15		
16		

Event 120 Boys U 13 - 800 Metre Run (15)

Zone: 2:10.38 13/12/2015 James Constable

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	614 Archie Kay	Ku-Ring-Gai
2	440 Liam Barnes	Ku-Ring-Gai
3	597 Lachlan Harris	Ku-Ring-Gai
4	19363 Billy Lowe	Manly Warringah
5	19027 Aston Maclaine	Hornsby
6	14173 Judah Louie	Northern Distric
7	8085 Samuel Cook	Mosman
8	19178 Leon Barrie	Manly Warringah
9	331 Max McIntosh	Ku-Ring-Gai
10	19155 Charlie Whelan	Manly Warringah
11	19609 Parker Ball	Manly Warringah
12	253 Thomas Vedris	Ku-Ring-Gai
13	13953 Sam Ogier	Northern Distric
14	19445 Oliver Trowell	Manly Warringah
15	19173 Max Donald	Manly Warringah
16		

Event 121 Girls U 14 - 800 Metre Run (9)

Zone: 2:12.73 13/12/2015 Abbey Rockliff

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	19291 Eliza Williams	Manly Warringah
2	19615 Belinda Matthews	Manly Warringah
3	453 Abigail Soper	Ku-Ring-Gai
4	14084 Annalise Cottrell	Northern Distric
5	749 Harriet Barnett	Ku-Ring-Gai
6	316 Mia Hooton	Ku-Ring-Gai
7	134 Charlotte Palmer	Ku-Ring-Gai
8	687 Lily Horne	Ku-Ring-Gai
9	19661 Maddison Ross	Manly Warringah
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Event 122 Boys U 14 - 800 Metre Run (11)

Zone: 2:04.04 14/12/2014 Bryn Lynch

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	457 Sebastian Linton	Ku-Ring-Gai
2	14059 Alexander Braendle	Northern Distric
3	19344 Ben Wilsher	Manly Warringah
4	19638 Max McDermott	Manly Warringah
5	19326 Oscar Needham	Manly Warringah
6	14052 Evan Beasley	Northern Distric
7	18784 Lucas Beven	Hornsby
8	129 William Durer	Ku-Ring-Gai
9	8034 Toby Ward	Mosman
10	19250 Nathan Longster	Manly Warringah
11	377 Alessandro Rossi	Ku-Ring-Gai
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NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

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Event 123 Girls U 15 - 800 Metre Run (6)

Zone: 2:14.20 8/02/2004 Sianne Toemoe			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	8230 Annabelle Cigna		Mosman
2	13967 Aniela Knight		Northern Distric
3	19701 Indianna Vale		Manly Warringah
4	19673 Sophie Hinds		Manly Warringah
5	19543 Skye Blair		Manly Warringah
6	18789 Alice Lyng		Hornsby
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14			
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Event 124 Boys U 15 - 800 Metre Run (9)

Zone: 2:00.32 13/12/2015 Bryn Lynch			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	18831 Aiden McDaid		Hornsby
2	19551 Saxon Lund		Manly Warringah
3	8052 Hugo Stewart		Mosman
4	338 Liam Broome		Ku-Ring-Gai
5	19117 Dylan Mortimer		Manly Warringah
6	18780 Manning Johnson		Hornsby
7	18897 Matthew Sims		Hornsby
8	388 Hugo Reynolds		Ku-Ring-Gai
9	19277 Benjamin Frantz		Manly Warringah
10			
11			
12			
13			
14			
15			
16			

Event 125 Girls U 17 - 800 Metre Run (6)

Zone: 2:14.07 26/01/2014 Emily Hopper			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	19028 Ally Maclaine		Hornsby
2	19447 Matilda Bridge		Manly Warringah
3	19460 Kristina Prizmic		Manly Warringah
4	19602 Ava Gray		Manly Warringah
5	39132 Ava Garnys		Ku-Ring-Gai
6	18804 Charlotte Clayton		Hornsby
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14			
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Event 126 Boys U 17 - 800 Metre Run (5)

Zone: 2:00.10 27/11/2022 Isaac Brooks			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	19046 Mackenzie Goonan		Hornsby
2	19440 Orlando Grinbergs		Manly Warringah
3	18782 Luke Woods		Hornsby
4	18776 Nathanael Ramsay		Hornsby
5	19214 Leo Brown		Manly Warringah
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NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

LANSW

Meet Program - Sunday Track Events

Event 127 Girls U 7 - 500 Metre Run Pack Start (15)

Zone: 1:46.60 8/02/2009 Abbey Rockliff			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	19781 Alice Garden		Manly Warringah
2	14127 Scarlett Daley		Northern Distric
3	19581 Jade Spencer		Manly Warringah
4	259 Zara Smith		Ku-Ring-Gai
5	746 Indi Sherwood		Ku-Ring-Gai
6	19811 Edie Rockell		Manly Warringah
7	123 Charlotte Skeates		Ku-Ring-Gai
8	520 Liyana Keshwara		Ku-Ring-Gai
9	14183 Leila Richards		Northern Distric
10	7938 Emlyly Bangs		Mosman
11	7891 Ivy Skinner		Mosman
12	13974 Madison Sakajani		Northern Distric
13	145 Emily Price		Ku-Ring-Gai
14	19122 Zalie Doria		Manly Warringah
15	19231 Chloe Collyer		Manly Warringah
16			

Event 128 Boys U 7 - 500 Metre Run Pack Start (17)

Zone: 1:43.00 8/02/2004 Justin Brown			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	19283 Domenic Losurdo		Manly Warringah
2	7726 Henry Corbett		Mosman
3	19619 Lachlan Smith		Manly Warringah
4	7939 Hudson Vakili		Mosman
5	14030 Alfie Gleeson		Northern Distric
6	245 James Dockrill		Ku-Ring-Gai
7	7745 Angus Cambridge		Mosman
8	19539 Harry Forster		Manly Warringah
9	18964 Franklin Hutchinson		Hornsby
10	837 Rory Kurath		Ku-Ring-Gai
11	13990 Ethan Rivers-Mugford		Northern Distric
12	403 Thomas Clarke		Ku-Ring-Gai
13	19496 Elijah Williams		Manly Warringah
14	18758 Reuben McInnes		Hornsby
15	19584 Max Dougheney		Manly Warringah
16	845 Teddy Thompson		Ku-Ring-Gai
17	649 Ayaan Lalji		Ku-Ring-Gai

Event 129 Girls U 8 - 700 Metre Run Pack Start (12)

Zone: 2:24.80 7/02/2001 Karlie Morton			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	103 Emily Hosie		Ku-Ring-Gai
2	109 Elena Chen		Ku-Ring-Gai
3	19322 Piper Marshall		Manly Warringah
4	19517 Matilda Alexander		Manly Warringah
5	19335 Betsy Derbyshire		Manly Warringah
6	410 Zoe Marinkovich		Ku-Ring-Gai
7	414 Abigail Morgan		Ku-Ring-Gai
8	19266 Sophie Hunt		Manly Warringah
9	19255 Eloise Debney		Manly Warringah
10	256 Maddie Annesley		Ku-Ring-Gai
11	7987 Halina Erihe		Mosman
12	7952 Morgan Jones		Mosman

Event 130 Boys U 8 - 700 Metre Run Pack Start (12)

Zone: 2:21.00 5/02/2009 Adam Halmy			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	560 Ashton Kannangara		Ku-Ring-Gai
2	511 Edward Giles		Ku-Ring-Gai
3	266 John Lukas		Ku-Ring-Gai
4	19809 Ryder Moloney		Manly Warringah
5	19377 Harvey Laing		Manly Warringah
6	294 Dashiell Arnold		Ku-Ring-Gai
7	19787 Marcus Hemsworth		Manly Warringah
8	19437 Aiden Dunne		Manly Warringah
9	18922 Reuben Herbert		Hornsby
10	534 Lachlan Kandasamy		Ku-Ring-Gai
11	14218 Jai Prados-valerio		Northern Distric
12	19691 Thomas Pilgrim		Manly Warringah

Event 131 Girls U 9 - 700 Metre Walk (11)

Zone: 3:30.40 8/02/2004 Amy Bettiol			
Lane	Name	Age	Centre
Section 1 of 1 Final			
1	19596 Jade Wilson		Manly Warringah
2	736 Georgia Rouse		Ku-Ring-Gai
3	19121 Arelie Doria		Manly Warringah
4	198 Kinsley Harvey		Ku-Ring-Gai
5	342 Xanthe Sarkodee		Ku-Ring-Gai
6	7975 Millar Hicks		Mosman
7	354 Jade Lynas		Ku-Ring-Gai
8	19230 Mila Ward		Manly Warringah
9	19190 Indiana AllanCrocker		Manly Warringah
10	19464 Ava Trapps		Manly Warringah
11	148 Zara Higlett		Ku-Ring-Gai

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Event 132 Boys U 9 - 700 Metre Walk (11)

Zone: 2:49.41 4/02/2012 Dion Currothers			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	19175 Harley Donald	Manly Warringah	
2	19393 Archer Lane	Manly Warringah	
3	319 Ryan Rudolph	Ku-Ring-Gai	
4	572 Zac Gerrand	Ku-Ring-Gai	
5	839 Brian Liu	Ku-Ring-Gai	
6	19285 Zachary Cooke	Manly Warringah	
7	19268 Max Miller	Manly Warringah	
8	357 Sebastian O'Connell	Ku-Ring-Gai	
9	18801 Eric Colgan	Hornsby	
10	393 James McLean	Ku-Ring-Gai	
11	19222 Lachlan deBree	Manly Warringah	

Event 133 Girls U 10 - 1100 Metre Walk (12)

Zone: 5:31.60 4/02/2007 Tayla-Paige Billington			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	506 Carly Veasey	Ku-Ring-Gai	
2	19663 Olivia Baxter	Manly Warringah	
3	13978 Beth Cochrane	Northern Distric	
4	317 Maxwell Verney	Ku-Ring-Gai	
5	19213 Jessica Wood	Manly Warringah	
6	19754 Annaliese Lulli	Manly Warringah	
7	18710 Charlotte Chan	Hornsby	
8	374 Ellie Boers	Ku-Ring-Gai	
9	776 Anabelle Bocska	Ku-Ring-Gai	
10	19525 Sadie Tyler	Manly Warringah	
11	19269 Grace Tague	Manly Warringah	
12	297 Amelie Ogden	Ku-Ring-Gai	

Event 134 Boys U 10 - 1100 Metre Walk (9)

Zone: 5:47.20 7/02/2000 Cameron Williams			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	18800 Ethan Carlton	Hornsby	
2	19874 Asher Stevens	Manly Warringah	
3	370 Leo Cass	Ku-Ring-Gai	
4	19114 Samuel King	Manly Warringah	
5	211 Jedidiah Lee	Ku-Ring-Gai	
6	19163 James Smith	Manly Warringah	
7	19492 Hugo Gledhill	Manly Warringah	
8	19112 Mitchell Cohen	Manly Warringah	
9	641 Dylan Zhou	Ku-Ring-Gai	

Event 135 Girls U 11 - 1100 Metre Walk (11)

Zone: 5:24.00 3/02/2008 Tayla-Paige Billington			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	380 Eloise Bradfield	Ku-Ring-Gai	
2	19105 Emma Olofinsky	Manly Warringah	
3	394 Kate McLean	Ku-Ring-Gai	
4	349 Matilda Corbett	Ku-Ring-Gai	
5	14013 Annika Owers	Northern Distric	
6	19624 Serafina Volpe	Manly Warringah	
7	496 Annabel Reid	Ku-Ring-Gai	
8	19176 Madeleine Louis	Manly Warringah	
9	19333 Caitlin Allum	Manly Warringah	
10	19257 Amy Bright	Manly Warringah	
11	623 Madeline Ivey	Ku-Ring-Gai	

Event 136 Boys U 11 - 1100 Metre Walk (8)

Zone: 5:26.73 3/02/2013 Hayden Blaskett			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	19174 Lachlan Donald	Manly Warringah	
2	19759 Cian Guerin	Manly Warringah	
3	429 Ethan Lally	Ku-Ring-Gai	
4	19577 Edward Brennan	Manly Warringah	
5	284 Sachin Agnew	Ku-Ring-Gai	
6	19179 Kyahn Hyde	Manly Warringah	
7	870 Jack Kirby	Ku-Ring-Gai	
8	19477 Archer Hailstone	Manly Warringah	

Event 137 Girls U 12 - 1500 Metre Walk (5)

Zone: 7:21.50 4/02/2007 Amy Bettiol			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	406 Scout Linton	Ku-Ring-Gai	
2	19371 Grace Mercer	Manly Warringah	
3	19733 Gemma Hunt	Manly Warringah	
4	19640 Maja Bennedick	Manly Warringah	
5	19267 Molly Miller	Manly Warringah	

Event 138 Boys U 12 - 1500 Metre Walk (7)

Zone: 7:24.00 7/02/1992 Andrew Nappin			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	658 Caelan Drysdale	Ku-Ring-Gai	
2	19426 Isaac Han	Manly Warringah	
3	18819 Sebastian Hutchens	Hornsby	
4	19233 Tommy Beezley	Manly Warringah	
5	14038 Samuel Hart	Northern Distric	
6	18818 Mathias Hutchens	Hornsby	
7	19347 Freddie Atkinson	Manly Warringah	

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

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Event 139 Girls U 13 - 1500 Metre Walk (1)

Zone: 6:53.03 9/12/2016 Elizabeth McMillen

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	19157 Gemma Dixon		Manly Warringah	
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Event 140 Boys U 13 - 1500 Metre Walk (4)

Zone: 7:12.20 7/02/1993 Andrew Nappin

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	19155 Charlie Whelan		Manly Warringah	
2	19027 Aston Maclaine		Hornsby	
3	597 Lachlan Harris		Ku-Ring-Gai	
4	19565 Harrison Kyme		Manly Warringah	

Event 141 Girls U 14 - 1500 Metre Walk (1)

Zone: 7:01.58 24/11/2017 Elizabeth McMillen

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	687 Lily Horne		Ku-Ring-Gai	
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Event 142 Boys U 14 - 1500 Metre Walk (2)

Zone: 6:57.33 3/02/2013 Aidan Kerr

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	457 Sebastian Linton		Ku-Ring-Gai	
2	14059 Alexander Braendle		Northern Distric	

Event 143 Girls U 15 - 1500 Metre Walk (1)

Zone: 7:03.70 8/02/2004 Nicole Fagan

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	13979 Imogen Cochrane		Northern Distric	
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Event 144 Boys U 15 - 1500 Metre Walk (1)

Zone: 6:47.60 7/02/1995 Andrew Nappin

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	19561 Alexander Wenzel		Manly Warringah	
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Event 145 Girls U 17 - 1500 Metre Walk (3)

Zone: 6:53.70 6/02/2011 Amy Bettiol

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	19028 Ally Maclaine		Hornsby	
2	143 Summer Sivaraj		Ku-Ring-Gai	
3	442 Grace Beck		Ku-Ring-Gai	

Event 146 Boys U 17 - 1500 Metre Walk (1)

Zone: 6:43.12 14/12/2014 Aidan Kerr

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	558 Dylan Allabush		Ku-Ring-Gai	
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Event 147 Girls U 9-12 4x100 Metre Relay (Jnr) (5)

Zone: 56.36 5/02/2012 Manly Warringah

Lane	Centre	Relay	Seed Time
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Section 1 of 1 Final

1			
2	Mosman		
3	Ku-Ring-Gai		
4	Hornsby		
5	Northern Distric		
6	Manly Warringah		
7			
8			

Event 148 Boys U 9-12 4x100 Metre Relay (Jnr) (5)

Zone: 55.33 11/12/2016 Ku-Ring-Gai

L Ackland, D Hall, L Herbert, A Jones

Lane	Centre	Relay	Seed Time
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Section 1 of 1 Final

1			
2	Mosman		
3	Manly Warringah		
4	Hornsby		
5	Ku-Ring-Gai		
6	Northern Distric		
7			
8			

Event 149 Girls U 12-17 4x100 Metre Relay (Snr) (5)

Zone: 49.37 1/12/2019 Manly Warringah

K Theodorides, L Scholtens, G Taylor, O Inkster

Lane	Centre	Relay	Seed Time
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Section 1 of 1 Final

1			
2	Manly Warringah		
3	Mosman		
4	Hornsby		
5	Northern Distric		
6	Ku-Ring-Gai		
7			
8			

Event 150 Boys U 12-17 4x100 Metre Relay (Snr) (5)

Zone: 46.11 1/12/2019 Ku-Ring-Gai

D Hall, L Herbert, A Jones, S Doney

Lane	Centre	Relay	Seed Time
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Section 1 of 1 Final

1			
2	Mosman		
3	Northern Distric		
4	Hornsby		
5	Manly Warringah		
6	Ku-Ring-Gai		
7			
8			

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

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Event 151 Girls U 7 - 70 Metre Run (15)

Zone: 12.09 14/12/2014 Gemma McIntosh				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 2 Heats				
1	190 Sophia Morelli		Ku-Ring-Gai	
2	587 Ava Fartek		Ku-Ring-Gai	
3	19581 Jade Spencer		Manly Warringah	
4	18721 Athieu Adut		Hornsby	
5	18742 Krishaani Singaram		Hornsby	
6	19632 Zali Colivas		Manly Warringah	
7	19719 Lumi MunguiaKopra		Manly Warringah	
8	14183 Leila Richards		Northern Distric	
Heat 2 of 2 Heats				
1	19830 Amber Whitehouse		Manly Warringah	
2	848 Monica Kelly		Ku-Ring-Gai	
3	7925 Scarlett Bright		Mosman	
4	19762 Kira Turmanis		Manly Warringah	
5	259 Zara Smith		Ku-Ring-Gai	
6	14230 Rubylee Kurariki-Davi		Northern Distric	
7	347 Beatrice Corbett		Ku-Ring-Gai	
8				

Event 152 Boys U 7 - 70 Metre Run (19)

Zone: 11.70 7/02/1998 Michael Oldfield				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 3 Heats				
1				
2	7726 Henry Corbett		Mosman	
3	737 Morgan Bearfield		Ku-Ring-Gai	
4	19109 Harry Weir		Manly Warringah	
5	19713 Emerson Lane		Manly Warringah	
6	150 Elijah Firth		Ku-Ring-Gai	
7	7964 Oscar Mills		Mosman	
8				
Heat 2 of 3 Heats				
1	14014 Tobias Spada		Northern Distric	
2	18964 Franklin Hutchinson		Hornsby	
3	845 Teddy Thompson		Ku-Ring-Gai	
4	19272 Bodhi McGregor		Manly Warringah	
5	517 Cruz Gray		Ku-Ring-Gai	
6	19015 Julian DePasquale		Hornsby	
7	18907 Dominic Duong		Hornsby	
8				
Heat 3 of 3 Heats				
1				
2	18926 Liam Schooling		Hornsby	
3	399 Boston Duong		Ku-Ring-Gai	
4	19584 Max Dougheney		Manly Warringah	
5	19877 Harley Clifton		Manly Warringah	
6	14039 Lucas DelgadilloAtara		Northern Distric	
7	14162 Thor Jennings		Northern Distric	
8				

Event 153 Girls U 8 - 70 Metre Run (16)

Zone: 11.20 7/02/1997 Natasha Finlay				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 2 Heats				
1	18994 Peyton Schooling		Hornsby	
2	503 Anna Wang		Ku-Ring-Gai	
3	19527 Eliza Pennings		Manly Warringah	
4	109 Elena Chen		Ku-Ring-Gai	
5	19916 Rahni McNaughtan		Manly Warringah	
6	19612 Tippi Acevedo		Manly Warringah	
7	789 Charlotte Shih		Ku-Ring-Gai	
8	14115 Sophia Taylor		Northern Distric	
Heat 2 of 2 Heats				
1	8231 Madeleine Sloane		Mosman	
2	381 Sophia Lizzio		Ku-Ring-Gai	
3	19423 Elle McDermott		Manly Warringah	
4	7848 Jade Shanahan		Mosman	
5	19634 Chelsea Coleman		Manly Warringah	
6	7968 Emily Cawthorne		Mosman	
7	408 Sylvia Mumford		Ku-Ring-Gai	
8	18919 Iliana Tsaousidis		Hornsby	

Event 154 Boys U 8 - 70 Metre Run (12)

Zone: 10.70 7/02/1999 Michael Oldfield				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 2 Heats				
1				
2	19605 Lachlan Creighton		Manly Warringah	
3	14091 Nico Brichta		Northern Distric	
4	241 Kenneth Huang		Ku-Ring-Gai	
5	19408 Jack Vukovic		Manly Warringah	
6	493 Louis Jeloscek		Ku-Ring-Gai	
7	43110 Joel Dubi-Nketiah		Hornsby	
8				
Heat 2 of 2 Heats				
1				
2	286 Riley Hwang		Ku-Ring-Gai	
3	19146 Coby James		Manly Warringah	
4	19516 Jacob Alexander		Manly Warringah	
5	137 Reuben Achike		Ku-Ring-Gai	
6	19153 Sonny Farrell		Manly Warringah	
7	311 Joshua Liu		Ku-Ring-Gai	
8				

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

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Meet Program - Sunday Track Events

Event 155 Girls U 9 - 70 Metre Run (16)

Zone: 10.50 7/02/1998 Emily Pollett				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 2 Heats				
1	117 Sophie McCullough		Ku-Ring-Gai	
2	689 Amelia Scott		Ku-Ring-Gai	
3	19120 Brooke Debney		Manly Warringah	
4	19110 Abbie Weir		Manly Warringah	
5	19160 Amelia Esser		Manly Warringah	
6	18704 Juliet Allan		Hornsby	
7	802 Zoe Schulz		Ku-Ring-Gai	
8	18743 Anamika Singaram		Hornsby	
Heat 2 of 2 Heats				
1	13927 Emma Hales		Northern Distric	
2	167 Harlow Campbell		Ku-Ring-Gai	
3	8059 Evie Francis		Mosman	
4	19177 Lila Louis		Manly Warringah	
5	19592 IslaF Talaese		Manly Warringah	
6	479 Edwina Mair		Ku-Ring-Gai	
7	18958 Phoebe deCarvalho		Hornsby	
8	13975 Ariela Sakajani		Northern Distric	

Event 156 Boys U 9 - 70 Metre Run (16)

Zone: 10.43 3/02/2013 Zachery Gardner				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 2 Heats				
1	18882 Gurman Singh		Hornsby	
2	19920 Daniel McNaughtan		Manly Warringah	
3	18843 Tyler Holdsworth		Hornsby	
4	19444 Blake Creelman		Manly Warringah	
5	320 Rene Barkhuysen		Ku-Ring-Gai	
6	19443 Charlie Trowell		Manly Warringah	
7	14116 William Taylor		Northern Distric	
8	7970 Zachary Yorke		Mosman	
Heat 2 of 2 Heats				
1	7722 Theodore Schramm		Mosman	
2	532 Toby Watters		Ku-Ring-Gai	
3	19210 Jack Miller		Manly Warringah	
4	191 Jack Cross		Ku-Ring-Gai	
5	19766 nathaniel kei		Manly Warringah	
6	146 Charl Price		Ku-Ring-Gai	
7	600 Neil Macmillan		Ku-Ring-Gai	
8	7997 Spencer Parkinson		Mosman	

Event 157 Girls U 10 - 70 Metre Run (23)

Zone: 10.38 2/12/2018 Olivia Achike				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 3 Heats				
1	525 Genevieve Abbott		Ku-Ring-Gai	
2	18949 Matilda Clementson		Hornsby	
3	766 Evie Rophail		Ku-Ring-Gai	
4	8049 Isla Cleland		Mosman	
5	19699 Frankie Jones		Manly Warringah	
6	13997 Stephanie Ross		Northern Distric	
7	18885 AvaS Mode		Hornsby	
8	18961 Isabelle Gouws		Hornsby	
Heat 2 of 3 Heats				
1	14105 Olivia Byrne		Northern Distric	
2	14119 Addison Nash-krause		Northern Distric	
3	19779 Lexie Beesley		Manly Warringah	
4	8139 Zara Rogers		Mosman	
5	8066 Kaiya Smith		Mosman	
6	792 Nicole Shih		Ku-Ring-Gai	
7	14076 Matilda Haggarty		Northern Distric	
8	18888 Chloe Hickey		Hornsby	
Heat 3 of 3 Heats				
1	379 Georgia Loveday		Ku-Ring-Gai	
2	19269 Grace Tague		Manly Warringah	
3	19136 Aria Broadhurst		Manly Warringah	
4	8061 April Abboud		Mosman	
5	8048 Isla Erihe		Mosman	
6	19633 Grace Coleman		Manly Warringah	
7	18779 Elodie Mcinnes		Hornsby	
8				

Event 158 Boys U 10 - 70 Metre Run (21)

Zone: 10.00 5/02/2005 Sam Mete				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 3 Heats				
1	18793 Hugo Beven		Hornsby	
2	819 Bethan Compion		Ku-Ring-Gai	
3	19226 Lequintin Nicholson		Manly Warringah	
4	19271 Hudson McGregor		Manly Warringah	
5	7973 Ethan Creswell		Mosman	
6	7695 Nick Bradshaw		Mosman	
7	171 Euan Smith		Ku-Ring-Gai	
8				
Heat 2 of 3 Heats				
1	18908 Felix Duong		Hornsby	
2	13985 Mason McIntyre		Northern Distric	
3	19718 Solomon Romyn		Manly Warringah	
4	8004 Finn Sorbara		Mosman	
5	18921 Tadhg Crowley		Hornsby	
6	13958 Max Pullin		Northern Distric	
7	18747 Jayden McSorley		Hornsby	
8				

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

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Meet Program - Sunday Track Events

Heat 3 of 3 Heats...(Event 158 Boys U 10 - 70 Metre Run (21))

1	14152 Reve Creek	Northern Distric
2	223 Julian Conway	Ku-Ring-Gai
3	19304 Samson Cech	Manly Warringah
4	7985 Zachary Sherlock	Mosman
5	19107 Brody Scott-Faul	Manly Warringah
6	121 Alexander Conner	Ku-Ring-Gai
7	239 Maximus Murdoch	Ku-Ring-Gai
8		

Event 159 Girls U 13 - 80 Metre Hurdles (76cm) (12)

Zone: 12.55 14/12/2014 Mia Hemsworth

Lane Name Age Centre Seed Time

Heat 1 of 2 Heats

1		
2	7910 Sienna Ballantyne	Mosman
3	7694 Alexandra Davis	Mosman
4	19467 Ellie Briggs	Manly Warringah
5	18798 Amy Campbell	Hornsby
6	19540 Isabel Jordan	Manly Warringah
7	14044 Lucy Edgar	Northern Distric
8		

Heat 2 of 2 Heats

1		
2	170 Isla Smith	Ku-Ring-Gai
3	8071 Aliya Meehan	Mosman
4	19279 Willow Toll	Manly Warringah
5	135 Georgia Birch	Ku-Ring-Gai
6	19194 Alexandra Kirkbride	Manly Warringah
7	14193 Ruby Mcintyre	Northern Distric
8		

Event 160 Boys U 13 - 80 Metre Hurdles (76cm) (10)

Zone: 12.30 4/02/2006 Kane Thompson

Lane Name Age Centre Seed Time

Heat 1 of 2 Heats

1		
2	43109 Pierre Dubi-Nketiah	Hornsby
3	19309 Jonathan Miles	Manly Warringah
4	19265 James Atkins	Manly Warringah
5	337 Jacoby Neal	Ku-Ring-Gai
6	19404 Eamon King	Manly Warringah
7		
8		

Heat 2 of 2 Heats

1		
2	869 Adam AlEdwan	Ku-Ring-Gai
3	853 Maximillian Kyle	Ku-Ring-Gai
4	19101 Taten Rogers	Manly Warringah
5	19286 Deacon Pallpratt	Manly Warringah
6	19705 Zachary Morgan	Manly Warringah
7		
8		

Event 165 Girls U 17 - 100 Metre Hurdles (76cm) (10)

Zone: 14.69 30/01/2022 Talia Kupceric

Lane Name Age Centre Seed Time

Heat 1 of 2 Heats

1		
2	19620 Pia Cortina	Manly Warringah
3	143 Summer Sivaraj	Ku-Ring-Gai
4	545 Louise Lovell	Ku-Ring-Gai
5	8182 Jojo Pike	Mosman
6	18810 Eleanor Schwarz	Hornsby
7		
8		

Heat 2 of 2 Heats

1		
2	19384 Annika Boys	Manly Warringah
3	14080 Ava Mitchell	Northern Distric
4	546 Sarah Lovell	Ku-Ring-Gai
5	18974 Leila Broadley	Hornsby
6	18811 Michaela Couper	Hornsby
7		
8		

Event 177 Girls U 14 - 80 Metre Hurdles (76cm) (9)

Zone: 12.79 14/12/2014 Imogen Breslin

Lane Name Age Centre Seed Time

Section 1 of 1 Final

1	612 Ava Grant	Ku-Ring-Gai
2	18850 Tara Gilkeson	Hornsby
3	19359 Isla Scoular	Manly Warringah
4	19395 emily kupceric	Manly Warringah
5	19195 Isla Maris	Manly Warringah
6	39109 Lily Hughes	Ku-Ring-Gai
7	8025 Millie Morrison	Mosman
8	18895 Camila Iorio	Hornsby
9	8125 Sarah Yates	Mosman

Event 178 Boys U 14 - 90 Metre Hurdles (76cm) (4)

Zone: 13.07 26/01/2014 Ben Carter

Lane Name Age Centre Seed Time

Section 1 of 1 Final

1		
2		
3	19305 Sebastian Cech	Manly Warringah
4	19287 Davin Yap	Manly Warringah
5	19355 Ethan McErlane	Manly Warringah
6	831 Tyler Stead	Ku-Ring-Gai
7		
8		

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

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Meet Program - Sunday Track Events

Event 179 Girls U 15 - 90 Metre Hurdles (76cm) (4)

Zone: 12.87 2/12/2018 Emelia Duncan			
Lane	Name	Age	Centre

Section 1 of 1 Final

1			
2			
3	19543 Skye Blair		Manly Warringah
4	18913 Eden Herring		Hornsby
5	19673 Sophie Hinds		Manly Warringah
6	19508 Emma Garden		Manly Warringah
7			
8			

Event 180 Boys U 15 - 100 Metre Hurdles (76cm) (3)

Zone: 13.50 5/02/2008 Matthew Hulme			
Lane	Name	Age	Centre

Section 1 of 1 Final

1			
2			
3	18783 Luke Photios		Hornsby
4	140 Jake Fourie		Ku-Ring-Gai
5			
6	19424 Reese Francis		Manly Warringah
7			
8			

Event 182 Boys U 17 - 110 Metre Hurdles (76cm) (5)

Zone: 14.76 3/02/2013 Jack McArdle			
Lane	Name	Age	Centre

Section 1 of 1 Final

1			
2	8154 Chase Burrows		Mosman
3	18759 Ashton Sawtell		Hornsby
4	19354 Jannik McErlane		Manly Warringah
5	19214 Leo Brown		Manly Warringah
6	13944 Kalan Harding		Northern Distric
7			
8			

Event 183 Girls U 7 - 200 Metre Run (18)

Zone: 35.33 2/02/2013 Eva Bates			
Lane	Name	Age	Centre

Heat 1 of 3 Heats

1			
2	18721 Athieu Adut		Hornsby
3	347 Beatrice Corbett		Ku-Ring-Gai
4	259 Zara Smith		Ku-Ring-Gai
5	19719 Lumi MunguiaKopra		Manly Warringah
6	19781 Alice Garden		Manly Warringah
7	18742 Krishaani Singaram		Hornsby
8			

Heat 2 of 3 Heats

1			
2	7925 Scarlett Bright		Mosman
3	14127 Scarlett Daley		Northern Distric
4	19762 Kira Turmanis		Manly Warringah
5	693 Emily Watters		Ku-Ring-Gai
6	391 Vivienne Frankish		Ku-Ring-Gai
7	18906 Eloise Duong		Hornsby
8			

Heat 3 of 3 Heats

1			
2	19122 Zalie Doria		Manly Warringah
3	587 Ava Fartek		Ku-Ring-Gai
4	14230 Rubylee Kurariki-Davi		Northern Distric
5	19581 Jade Spencer		Manly Warringah
6	7891 Ivy Skinner		Mosman
7	18774 Saphira Richardson		Hornsby
8			

Event 184 Boys U 7 - 200 Metre Run (21)

Zone: 34.55 10/12/2016 Rian Conners			
Lane	Name	Age	Centre

Heat 1 of 3 Heats

1	14014 Tobias Spada		Northern Distric
2	837 Rory Kurath		Ku-Ring-Gai
3	13990 Ethan Rivers-Mugford		Northern Distric
4	19272 Bodhi McGregor		Manly Warringah
5	19713 Emerson Lane		Manly Warringah
6	18964 Franklin Hutchinson		Hornsby
7	7745 Angus Cambridge		Mosman
8			

Heat 2 of 3 Heats

1	14033 Luka Dixon		Northern Distric
2	19015 Julian DePasquale		Hornsby
3	14162 Thor Jennings		Northern Distric
4	19877 Harley Clifton		Manly Warringah
5	19283 Domenic Losurdo		Manly Warringah
6	150 Elijah Firth		Ku-Ring-Gai
7	7964 Oscar Mills		Mosman
8			

Heat 3 of 3 Heats

1	18758 Reuben McInnes		Hornsby
2	224 Connor To		Ku-Ring-Gai
3	14039 Lucas DelgadilloAtara		Northern Distric
4	19301 Liam Lowe		Manly Warringah
5	245 James Dockrill		Ku-Ring-Gai
6	399 Boston Duong		Ku-Ring-Gai
7	18907 Dominic Duong		Hornsby
8			

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

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Meet Program - Sunday Track Events

Event 185 Girls U 8 - 200 Metre Run (15)

Zone: 32.00 7/02/1997 Emily Pollett				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 2 Heats				
1	13970 Molly Moore	Mulcahy	Northern Distric	
2	272 Heidi Thompson		Ku-Ring-Gai	
3	8009 Tessa Willis		Mosman	
4	19612 Tippi Acevedo		Manly Warringah	
5	109 Elena Chen		Ku-Ring-Gai	
6	19322 Piper Marshall		Manly Warringah	
7	381 Sophia Lizzio		Ku-Ring-Gai	
8	14115 Sophia Taylor		Northern Distric	
Heat 2 of 2 Heats				
1	414 Abigail Morgan		Ku-Ring-Gai	
2	7968 Emily Cawthorne		Mosman	
3	19264 Georgia Atkins		Manly Warringah	
4	19255 Eloise Debney		Manly Warringah	
5	19634 Chelsea Coleman		Manly Warringah	
6	7987 Halina Erihe		Mosman	
7	503 Anna Wang		Ku-Ring-Gai	
8				

Event 186 Boys U 8 - 200 Metre Run (12)

Zone: 32.30 7/02/1999 Michael Oldfield				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 2 Heats				
1				
2	294 Dashiell Arnold		Ku-Ring-Gai	
3	19153 Sonny Farrell		Manly Warringah	
4	19516 Jacob Alexander		Manly Warringah	
5	19787 Marcus Hemsworth		Manly Warringah	
6	569 Hugo Ruff		Ku-Ring-Gai	
7	43110 Joel Dubi-Nketiah		Hornsby	
8				
Heat 2 of 2 Heats				
1				
2	856 Julian Pita		Ku-Ring-Gai	
3	644 Stephen Harvey		Ku-Ring-Gai	
4	19408 Jack Vukovic		Manly Warringah	
5	19146 Coby James		Manly Warringah	
6	534 Lachlan Kandasamy		Ku-Ring-Gai	
7	18879 Krish Kodakalla		Hornsby	
8				

Event 187 Girls U 9 - 200 Metre Run (16)

Zone: 30.90 7/02/1998 Emily Pollett				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 2 Heats				
1	18873 Nalinga Albino		Hornsby	
2	139 Sienna Fourie		Ku-Ring-Gai	
3	8080 Charlotte Hawkins		Mosman	
4	19282 Ruby Losurdo		Manly Warringah	
5	19134 Ella Harding		Manly Warringah	
6	13927 Emma Hales		Northern Distric	
7	128 Scarlett Docherty		Ku-Ring-Gai	
8	18682 Ashleigh dewhurst		Hornsby	
Heat 2 of 2 Heats				
1	689 Amelia Scott		Ku-Ring-Gai	
2	18704 Juliet Allan		Hornsby	
3	19263 Abigail Maher		Manly Warringah	
4	19110 Abbie Weir		Manly Warringah	
5	19177 Lila Louis		Manly Warringah	
6	8012 Stefanie Phillipou		Mosman	
7	802 Zoe Schulz		Ku-Ring-Gai	
8	540 Morgan Duncan		Ku-Ring-Gai	

Event 188 Boys U 9 - 200 Metre Run (20)

Zone: 30.10 7/02/1997 Michael Hoekman				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 3 Heats				
1	18882 Gurman Singh		Hornsby	
2	8029 William Waterhouse		Mosman	
3	771 Cooper Nguyen		Ku-Ring-Gai	
4	578 Edmund Chen		Ku-Ring-Gai	
5	19016 Andreas DePasquale		Hornsby	
6	320 Rene Barkhuysen		Ku-Ring-Gai	
7	7763 Charles Cahill		Mosman	
8				
Heat 2 of 3 Heats				
1				
2	7929 Jake Cussen		Mosman	
3	19443 Charlie Trowell		Manly Warringah	
4	19193 LucaMatteo Ferri		Manly Warringah	
5	19665 Archie Cole		Manly Warringah	
6	14116 William Taylor		Northern Distric	
7	532 Toby Watters		Ku-Ring-Gai	
8				
Heat 3 of 3 Heats				
1	8040 James Bova		Mosman	
2	7722 Theodore Schramm		Mosman	
3	13998 Lachlan Ross		Northern Distric	
4	19920 Daniel McNaughtan		Manly Warringah	
5	19166 Van Jordan		Manly Warringah	
6	14015 Benjamin Spada		Northern Distric	
7	233 Daniel Duckers		Ku-Ring-Gai	
8				

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

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Meet Program - Sunday Track Events

Event 189 Girls U 10 - 200 Metre Run (21)

Zone:		29.60	7/02/2003	Karlie Morton
Lane	Name	Age	Centre	Seed Time

Heat 1 of 3 Heats

1	14063 Olivia Barrett		Northern Distric	
2	8048 Isla Erihe		Mosman	
3	7947 Jemima Sharp		Mosman	
4	19458 Lucy Turner		Manly Warringah	
5	19795 Alice Orth		Manly Warringah	
6	864 Evelyn Finley		Ku-Ring-Gai	
7	825 Yuanya Miao		Ku-Ring-Gai	
8				

Heat 2 of 3 Heats

1	18927 Emma CanizalesGome		Hornsby	
2	18859 Erin Cooper		Hornsby	
3	766 Evie Rophail		Ku-Ring-Gai	
4	19425 Josephine Han		Manly Warringah	
5	8061 April Abboud		Mosman	
6	792 Nicole Shih		Ku-Ring-Gai	
7	18885 AvaS Mode		Hornsby	
8				

Heat 3 of 3 Heats

1	14086 Scarlett Tinacci %		Northern Distric	
2	588 Emma Fartek		Ku-Ring-Gai	
3	8060 Aurelia Stewart		Mosman	
4	19699 Frankie Jones		Manly Warringah	
5	19779 Lexie Beesley		Manly Warringah	
6	13997 Stephanie Ross		Northern Distric	
7	18779 Elodie Mcinnes		Hornsby	
8				

Event 190 Boys U 10 - 200 Metre Run (22)

Zone:		29.30	7/02/2001	Justin Hayward
Lane	Name	Age	Centre	Seed Time

Heat 1 of 3 Heats

1	18908 Felix Duong		Hornsby	
2	171 Euan Smith		Ku-Ring-Gai	
3	13985 Mason McIntyre		Northern Distric	
4	19103 Ryder Lane-Brown		Manly Warringah	
5	19304 Samson Cech		Manly Warringah	
6	7825 Cian Cullen		Mosman	
7	370 Leo Cass		Ku-Ring-Gai	
8	14182 Stuart Richards		Northern Distric	

Heat 2 of 3 Heats

1	793 Ethan Pethiyagoda		Ku-Ring-Gai	
2	13992 Harry Patterson		Northern Distric	
3	8065 Kingston Davis		Mosman	
4	19271 Hudson McGregor		Manly Warringah	
5	234 Nicolas James-Taylor		Ku-Ring-Gai	
6	7982 angus Morrison		Mosman	
7	14025 Liam Cosier		Northern Distric	
8				

Heat 3 of 3 Heats

1	18800 Ethan Carlton		Hornsby	
2	7973 Ethan Creswell		Mosman	
3	8126 Luke Yates		Mosman	
4	19107 Brody Scott-Faul		Manly Warringah	
5	19718 Solomon Romyn		Manly Warringah	
6	14128 Riley Daley		Northern Distric	
7	152 Charlie Firth		Ku-Ring-Gai	
8				

Event 191 Girls U 11 - 200 Metre Run (15)

Zone:		28.00	8/02/2004	Karlie Morton
Lane	Name	Age	Centre	Seed Time

Heat 1 of 2 Heats

1	675 Annabel Lew		Ku-Ring-Gai	
2	376 Ava-Capri Rossi		Ku-Ring-Gai	
3	8051 Lola Francis		Mosman	
4	19251 Leanne Barayuga		Manly Warringah	
5	19295 Anieke Coetsee		Manly Warringah	
6	225 Safina Burgess		Ku-Ring-Gai	
7	8067 Eloise Eslick		Mosman	
8				

Heat 2 of 2 Heats

1	18794 Avery Johnston		Hornsby	
2	387 Imogen Newey		Ku-Ring-Gai	
3	19438 Lily Dunne		Manly Warringah	
4	19242 Genevieve Dunnet		Manly Warringah	
5	19587 Liv Havenstein		Manly Warringah	
6	18739 Willow Hickey		Hornsby	
7	270 Katelyn ThorinDembo		Ku-Ring-Gai	
8	14034 Arya Dixon		Northern Distric	

Event 192 Boys U 11 - 200 Metre Run (18)

Zone:		27.90	8/02/2004	Kane Thompson
Lane	Name	Age	Centre	Seed Time

Heat 1 of 3 Heats

1				
2	155 Brody Johnson		Ku-Ring-Gai	
3	19626 Callum Yates		Manly Warringah	
4	7889 Orlando Clarke		Mosman	
5	19597 Thomas Wilson		Manly Warringah	
6	8031 Rory Hartigan		Mosman	
7	221 Emmett Snape		Ku-Ring-Gai	
8				

Heat 2 of 3 Heats

1				
2	18790 Alexander Sorensen		Hornsby	
3	19507 Harley Ehnbo		Manly Warringah	
4	19709 Heath Towers		Manly Warringah	
5	19152 Jaxon Farrell		Manly Warringah	
6	507 Oska Koch		Ku-Ring-Gai	
7	18896 Marco Iorio		Hornsby	
8				

NORTH EAST METROPOLITAN ZONE CHAMPIONSHIPS

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Meet Program - Sunday Track Events

Heat 3 of 3 Heats...(Event 192 Boys U 11 - 200 Metre Run (18))

1		
2	8010 Peter Phillipou	Mosman
3	18923 James Bissaker	Hornsby
4	14065 Jensen Barrett	Northern Distric
5	8084 Edward Sharp	Mosman
6	116 Matthew McCullough	Ku-Ring-Gai
7	602 Alexander Macmillan	Ku-Ring-Gai
8		

Event 193 Girls U 12 - 200 Metre Run (29)

Zone:	26.70	5/02/2005	Annaliese Gardiner	
Lane	Name	Age	Centre	Seed Time

Heat 1 of 4 Heats

1	14130 Jade Hawes	Northern Distric
2	18886 Jayda Mode	Hornsby
3	19789 Amy Senior	Manly Warringah
4	8198 Sophie Savage	Mosman
5	19562 Rianna MorenoByrne	Manly Warringah
6	14153 Estelle Creek	Northern Distric
7	8000 Maisie Yorke	Mosman
8		

Heat 2 of 4 Heats

1	611 Charlotte Barnsley	Ku-Ring-Gai
2	8086 Emily PereiradeJesus	Mosman
3	19371 Grace Mercer	Manly Warringah
4	19744 Valerie Pickup	Manly Warringah
5	19607 Claudia Patfield	Manly Warringah
6	18803 Juliet Erickson	Hornsby
7	18821 Samantha Fong	Hornsby
8		

Heat 3 of 4 Heats

1	18799 Amber Clayton	Hornsby
2	14089 Amelia Dengate	Northern Distric
3	19254 Kenzie Wark	Manly Warringah
4	19710 Lotte Roessler	Manly Warringah
5	19108 Marley Scott-Faul	Manly Warringah
6	7974 Imogen Creswell	Mosman
7	386 Annabelle Heyden	Ku-Ring-Gai
8	18795 Grace Lean	Hornsby

Heat 4 of 4 Heats

1	126 Zara Conner	Ku-Ring-Gai
2	18796 Grace Carlton	Hornsby
3	19427 Audrey Grether	Manly Warringah
4	19683 Ciara Faulkner	Manly Warringah
5	19807 Charlotte Selinas	Manly Warringah
6	19349 Fleur Herbert-Jones	Manly Warringah
7	18959 Grace deCarvalho	Hornsby
8		

Event 194 Boys U 12 - 200 Metre Run (22)

Zone:	26.00	2/12/2018	Dylan Hall	
Lane	Name	Age	Centre	Seed Time

Heat 1 of 3 Heats

1	306 Dylan SarenasAsnicar	Ku-Ring-Gai
2	19721 Taj Biddlecombe	Manly Warringah
3	8213 Joshua Yates	Mosman
4	8081 Charlie Baird-Petroni	Mosman
5	19416 Jacob Pieper	Manly Warringah
6	111 William Saputra	Ku-Ring-Gai
7	13972 Benjamin Schyvens	Northern Distric
8		

Heat 2 of 3 Heats

1	14028 Charlie Candy	Northern Distric
2	168 Andy Zhang	Ku-Ring-Gai
3	19426 Isaac Han	Manly Warringah
4	19288 Jaxon Solomon	Manly Warringah
5	19471 Luca Escribano	Manly Warringah
6	658 Caelan Drysdale	Ku-Ring-Gai
7	497 Bento Gove	Ku-Ring-Gai
8		

Heat 3 of 3 Heats

1	197 James Xin	Ku-Ring-Gai
2	19248 Eden Paice	Manly Warringah
3	8195 Arlo Seeto	Mosman
4	19141 Beau Riches	Manly Warringah
5	19737 Tommo Goldsack	Manly Warringah
6	504 Nuoyi Wang	Ku-Ring-Gai
7	14024 Tyler Cosier	Northern Distric
8	18980 Jake Bylykbashi	Hornsby

Event 195 Girls U 13 - 200 Metre Run (18)

Zone:	26.63	3/02/2013	Kristie Edwards	
Lane	Name	Age	Centre	Seed Time

Heat 1 of 3 Heats

1		
2	170 Isla Smith	Ku-Ring-Gai
3	18798 Amy Campbell	Hornsby
4	8057 Lexi Hartigan	Mosman
5	19387 Sarah Mehta	Manly Warringah
6	19904 Eden McNaughtan	Manly Warringah
7	8073 Elana Smith	Mosman
8		

Heat 2 of 3 Heats

1		
2	14077 Madison Haggarty	Northern Distric
3	19302 Sophie Rogerson	Manly Warringah
4	19386 Louisa Mehta	Manly Warringah
5	19314 Trinity Perrett	Manly Warringah
6	135 Georgia Birch	Ku-Ring-Gai
7	19001 Ava Beattie	Hornsby
8		

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Heat 3 of 3 Heats...(Event 195 Girls U 13 - 200 Metre Run (18))

1		
2	7762 Annabelle Cahill	Mosman
3	7967 Sayah Weeding	Mosman
4	19241 Pilard Shephard	Manly Warringah
5	19345 Jemma Wilsher	Manly Warringah
6	19540 Isabel Jordan	Manly Warringah
7	14193 Ruby Mcintyre	Northern Distric
8		

Event 196 Boys U 13 - 200 Metre Run (18)

Zone:	25.26	1/12/2019	Dylan Hall
Lane	Name	Age	Centre

Heat 1 of 3 Heats

1		
2	614 Archie Kay	Ku-Ring-Gai
3	541 Rhys Duncan	Ku-Ring-Gai
4	19265 James Atkins	Manly Warringah
5	253 Thomas Vedris	Ku-Ring-Gai
6	10840 Liam McIntyre	Northern Distric
7	19794 Harley Singleton	Manly Warringah
8		

Heat 2 of 3 Heats

1		
2	19027 Aston Maclaine	Hornsby
3	19206 Roman Dobson	Manly Warringah
4	8120 Jake Osullivan	Mosman
5	19286 Deacon Pallpratt	Manly Warringah
6	19404 Eamon King	Manly Warringah
7	14035 Jordan Dixon	Northern Distric
8		

Heat 3 of 3 Heats

1		
2	869 Adam AlEdwan	Ku-Ring-Gai
3	707 Kourosh Rad	Ku-Ring-Gai
4	19544 Kornchawal Benoiel	Manly Warringah
5	19609 Parker Ball	Manly Warringah
6	860 Finn MacBeth	Ku-Ring-Gai
7	481 Patrick Le Roux	Ku-Ring-Gai
8		

Event 197 Girls U 14 - 200 Metre Run (16)

Zone:	25.33	2/12/2018	Olivia Inkster
Lane	Name	Age	Centre

Heat 1 of 2 Heats

1	293 Kayla Daniell	Ku-Ring-Gai
2	18895 Camila Iorio	Hornsby
3	19280 Eliza Jeffrey	Manly Warringah
4	159 Amalia Bond	Ku-Ring-Gai
5	14133 Alannah Pryor	Northern Distric
6	19743 Olivia Pickup	Manly Warringah
7	7932 Charlie Goodare	Mosman
8	8125 Sarah Yates	Mosman

Heat 2 of 2 Heats

1	612 Ava Grant	Ku-Ring-Gai
2	19232 Zara Parslow	Manly Warringah
3	19450 Sophie Irvine	Manly Warringah
4	19339 Naomi Krajancic	Manly Warringah
5	19359 Isla Scoular	Manly Warringah
6	19483 Gemma Sellick	Manly Warringah
7	18931 Lucy VanHooft	Hornsby
8	18954 Hannah Lawrence	Hornsby

Event 198 Boys U 14 - 200 Metre Run (12)

Zone:	23.79	11/12/2016	Max Mandera
Lane	Name	Age	Centre

Heat 1 of 2 Heats

1		
2	14195 Jake Sefton	Northern Distric
3	19758 Andrew Guerin	Manly Warringah
4	19731 Harvey Glanville	Manly Warringah
5	7824 Sam Hewit	Mosman
6	18749 Benjamin Aguilar	Hornsby
7	651 Max McPherson	Ku-Ring-Gai
8		

Heat 2 of 2 Heats

1		
2	18784 Lucas Beven	Hornsby
3	428 Fergus Keogh	Ku-Ring-Gai
4	39101 Kye Kearney	Ku-Ring-Gai
5	19390 Lucas Nuttall	Manly Warringah
6	831 Tyler Stead	Ku-Ring-Gai
7	14059 Alexander Braendle	Northern Distric
8		

Event 199 Girls U 15 - 200 Metre Run (9)

Zone:	25.05	1/12/2019	Olivia Inkster
Lane	Name	Age	Centre

Heat 1 of 2 Heats

1		
2		
3	19508 Emma Garden	Manly Warringah
4	19436 Kaitlenn Dunne	Manly Warringah
5	659 Arabella Lewis	Ku-Ring-Gai
6	18781 Josie Clayton	Hornsby
7		
8		

Heat 2 of 2 Heats

1		
2	18913 Eden Herring	Hornsby
3	14101 Kyrah McMahan	Northern Distric
4	19334 Tayah Rubes	Manly Warringah
5	19506 Sofia Ehnbohm	Manly Warringah
6	18820 Tiffany Fong	Hornsby
7		
8		

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Event 200 Boys U 15 - 200 Metre Run (10)

Zone: 23.28 2/12/2018 Archie Saunders				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 2 Heats				
1				
2	8206 Shivraaj Gopakumar		Mosman	
3	18741 Shiva Rajesh		Hornsby	
4	19424 Reese Francis		Manly Warringah	
5	19313 Jack Mcmillan		Manly Warringah	
6	18831 Aiden McDaid		Hornsby	
7				
8				
Heat 2 of 2 Heats				
1				
2	322 Rian Conners		Ku-Ring-Gai	
3	490 Jimmy Thebridge		Ku-Ring-Gai	
4	19476 Harry Nixon		Manly Warringah	
5	8078 Daniel Benoliel		Mosman	
6	140 Jake Fourie		Ku-Ring-Gai	
7				
8				

Event 201 Girls U 17 - 200 Metre Run (24)

Zone: 25.14 11/12/2016 Kristie Edwards				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 3 Heats				
1	18810 Eleanor Schwarz		Hornsby	
2	13983 Bronte Tonkin		Northern Distric	
3	546 Sarah Lovell		Ku-Ring-Gai	
4	158 Samara Bond		Ku-Ring-Gai	
5	19447 Matilda Bridge		Manly Warringah	
6	545 Louise Lovell		Ku-Ring-Gai	
7	18804 Charlotte Clayton		Hornsby	
8	19050 Sheryl Machado		Hornsby	
Heat 2 of 3 Heats				
1	18811 Michaela Couper		Hornsby	
2	14211 Elise Oliver		Northern Distric	
3	19689 Eve Simpson		Manly Warringah	
4	19631 Tara Hollyoak		Manly Warringah	
5	39119 Maia MaddenKhan		Ku-Ring-Gai	
6	19776 Daisy Burt		Manly Warringah	
7	18974 Leila Broadley		Hornsby	
8	19028 Ally Maclaine		Hornsby	
Heat 3 of 3 Heats				
1	13933 Charlotte Toynbee		Northern Distric	
2	19620 Pia Cortina		Manly Warringah	
3	19509 Ashlee O'Reilly		Manly Warringah	
4	19396 sienna kupceric		Manly Warringah	
5	19533 Jasmine Rintel		Manly Warringah	
6	19836 Estelle Walsh		Manly Warringah	
7	820 Eliza Heys		Ku-Ring-Gai	
8	330 Gemma McIntosh		Ku-Ring-Gai	

Event 202 Boys U 17 - 200 Metre Run (13)

Zone: 22.56 3/02/2013 Joshua Swan				
Lane	Name	Age	Centre	Seed Time
Heat 1 of 2 Heats				
1				
2	18933 Lachlan Blackwell		Hornsby	
3	18776 Nathanael Ramsay		Hornsby	
4	19880 Joshua Bowry		Manly Warringah	
5	19574 Liam Downs		Manly Warringah	
6	13944 Kalan Harding		Northern Distric	
7	39123 Bede Hogard		Ku-Ring-Gai	
8				
Heat 2 of 2 Heats				
1	19046 Mackenzie Goonan		Hornsby	
2	8190 Alex Trajanoski		Mosman	
3	8028 Xavier Frost		Mosman	
4	518 Lars Ackland		Ku-Ring-Gai	
5	18872 Wol Albino		Hornsby	
6	18759 Ashton Sawtell		Hornsby	
7	39124 Neil Rawat		Ku-Ring-Gai	
8				

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Meet Program - Sunday Field Events

Event 51 Girls U 11 - Javelin (400 Gram) (10)

Zone: 19.87m 12/12/2015 Emma Polikowski				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19240 Eloise Knorr		Manly Warringah	
2	496 Annabel Reid		Ku-Ring-Gai	
3	19333 Caitlin Allum		Manly Warringah	
4	19753 Evelyn Lulli		Manly Warringah	
5	14013 Annika Owers		Northern Distric	
6	19207 Chloe Peaper		Manly Warringah	
7	380 Eloise Bradfield		Ku-Ring-Gai	
8	19624 Serafina Volpe		Manly Warringah	
9	650 Chloe McPherson		Ku-Ring-Gai	
10	18775 Samantha Campbell		Hornsby	

Event 52 Boys U 13 - Triple Jump (15)

Zone: 11.14m 25/01/2014 Alex Willett				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19206 Roman Dobson		Manly Warringah	
2	19544 Kornchawal Benoliel		Manly Warringah	
3	597 Lachlan Harris		Ku-Ring-Gai	
4	853 Maximillian Kyle		Ku-Ring-Gai	
5	541 Rhys Duncan		Ku-Ring-Gai	
6	19115 William King		Manly Warringah	
7	19609 Parker Ball		Manly Warringah	
8	19101 Taten Rogers		Manly Warringah	
9	869 Adam AlEdwan		Ku-Ring-Gai	
10	19705 Zachary Morgan		Manly Warringah	
11	14035 Jordan Dixon		Northern Distric	
12	19111 Luke Cohen		Manly Warringah	
13	19594 Sebastian Tizzard		Manly Warringah	
14	19265 James Atkins		Manly Warringah	
15	19404 Eamon King		Manly Warringah	

Event 53 Girls U 17 - Discus (1.0 Kg) (11)

Zone: 38.81m 29/01/2022 Brianna Worsfold				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	330 Gemma McIntosh		Ku-Ring-Gai	
2	18863 Annabelle Stewart		Hornsby	
3	8149 Grace Carden		Mosman	
4	8182 Jojo Pike		Mosman	
5	13933 Charlotte Toynbee		Northern Distric	
6	13934 Elizabeth Toynbee		Northern Distric	
7	39119 Maia MaddenKhan		Ku-Ring-Gai	
8	143 Summer Sivaraj		Ku-Ring-Gai	
9	19473 Elisabeth Pulis		Manly Warringah	
10	14080 Ava Mitchell		Northern Distric	
11	8150 Fenella Burns		Mosman	

Event 54 Boys U 8 - Discus (500 Gram) (15)

Zone: 27.48m 7/02/1993 Christopher Burnett				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19691 Thomas Pilgrim		Manly Warringah	
2	494 Taj Gove		Ku-Ring-Gai	
3	19560 Max Severino		Manly Warringah	
4	14109 Cooper Young		Northern Distric	
5	333 Bailey Vassella		Ku-Ring-Gai	
6	18841 Elliot Sumpton		Hornsby	
7	18948 Jack Clementson		Hornsby	
8	19839 Joen Johnson		Manly Warringah	
9	266 John Lukas		Ku-Ring-Gai	
10	18887 Flynn Hickey		Hornsby	
11	19809 Ryder Moloney		Manly Warringah	
12	744 Hamish McGill		Ku-Ring-Gai	
13	18879 Krish Kodakalla		Hornsby	
14	493 Louis Jeloscek		Ku-Ring-Gai	
15	19377 Harvey Laing		Manly Warringah	

Event 55 Girls U 7 - Long Jump (13)

Zone: 3.21m 7/02/1991 Alexandra Conroy				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	520 Liyana Keshwara		Ku-Ring-Gai	
2	13937 Imogen Sharp		Northern Distric	
3	587 Ava Fartek		Ku-Ring-Gai	
4	190 Sophia Morelli		Ku-Ring-Gai	
5	7938 Emilly Bangs		Mosman	
6	123 Charlotte Skeates		Ku-Ring-Gai	
7	18774 Saphira Richardson		Hornsby	
8	19632 Zali Colivas		Manly Warringah	
9	775 Skyler Leshinsky		Ku-Ring-Gai	
10	19781 Alice Garden		Manly Warringah	
11	19531 Phoebe Goninan		Manly Warringah	
12	19231 Chloe Collyer		Manly Warringah	
13	19221 Ella O'Leary		Manly Warringah	

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Event 56 Boys U 7 - Long Jump (15)

Zone: 3.45m 5/02/2005 Oscar Smith				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	845 Teddy Thompson		Ku-Ring-Gai	
2	7939 Hudson Vakili		Mosman	
3	19713 Emerson Lane		Manly Warringah	
4	14033 Luka Dixon		Northern Distric	
5	7964 Oscar Mills		Mosman	
6	19283 Domenic Losurdo		Manly Warringah	
7	19109 Harry Weir		Manly Warringah	
8	14162 Thor Jennings		Northern Distric	
9	14030 Alfie Gleeson		Northern Distric	
10	153 Alexander Vagi		Ku-Ring-Gai	
11	517 Cruz Gray		Ku-Ring-Gai	
12	19301 Liam Lowe		Manly Warringah	
13	19619 Lachlan Smith		Manly Warringah	
14	822 Liam Su		Ku-Ring-Gai	
15	576 Rylan Moriarty		Ku-Ring-Gai	

Event 57 Girls U 8 - Shot Put (1.5 Kg) (13)

Zone: 6.88m 7/02/1994 Samantha Gards				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19517 Matilda Alexander		Manly Warringah	
2	103 Emily Hosie		Ku-Ring-Gai	
3	18919 Iliana Tsaousidis		Hornsby	
4	19366 Layla Plummer		Manly Warringah	
5	8231 Madeleine Sloane		Mosman	
6	19833 Bernadette Bowes		Manly Warringah	
7	635 Rhea Krishnan		Ku-Ring-Gai	
8	381 Sophia Lizzio		Ku-Ring-Gai	
9	19264 Georgia Atkins		Manly Warringah	
10	13938 Hope Wales		Northern Distric	
11	100 Miranda Benitez		Ku-Ring-Gai	
12	275 Chloe Mason		Ku-Ring-Gai	
13	19260 Zara Davis		Manly Warringah	

Event 58 Boys U 14 - Shot Put (3.0 Kg) (5)

Zone: 15.65m 7/02/1994 Peter Elvy				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19133 Ethan Jauncey		Manly Warringah	
2	14195 Jake Sefton		Northern Distric	
3	8170 Nicolas Chaseling		Mosman	
4	138 Zach Fourie		Ku-Ring-Gai	
5	613 Alexander Grant		Ku-Ring-Gai	

Event 59 Girls U 10 - High Jump (S/H 0.90m) (17)

Zone: 1.34m 13/12/2015 Talia Kupceric				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19699 Frankie Jones		Manly Warringah	
2	374 Ellie Boers		Ku-Ring-Gai	
3	18949 Matilda Clementson		Hornsby	
4	8060 Aurelia Stewart		Mosman	
5	753 Annabel PatmoreGraham		Ku-Ring-Gai	
6	18888 Chloe Hickey		Hornsby	
7	19493 Rosemary Pilgrim		Manly Warringah	
8	19269 Grace Tague		Manly Warringah	
9	8027 Sabella Sewell		Mosman	
10	297 Amelie Ogden		Ku-Ring-Gai	
11	8139 Zara Rogers		Mosman	
12	19183 Sienna Milotic		Manly Warringah	
13	19249 Mikayla Paice		Manly Warringah	
14	229 Chloe Huang		Ku-Ring-Gai	
15	14007 Matilda Brookes		Northern Distric	
16	864 Evelyn Finley		Ku-Ring-Gai	
17	14119 Addison Nash-krause		Northern Distric	

Event 60 Boys U 15 - High Jump (S/H 1.25m) (6)

Zone: 2.07m 7/02/2000 James Watson				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	8078 Daniel Benoliel		Mosman	
2	19541 Alberto Jordan		Manly Warringah	
3	18831 Aiden McDaid		Hornsby	
4	19313 Jack Mcmillan		Manly Warringah	
5	19129 Thomas Greenaway		Manly Warringah	
6	19846 Luka Simmons		Manly Warringah	

Event 61 Girls U 13 - Javelin (400 Gram) (7)

Zone: 34.05m 31/01/2010 Alysha Burnett				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	18798 Amy Campbell		Hornsby	
2	19511 Emma Kramer		Manly Warringah	
3	19157 Gemma Dixon		Manly Warringah	
4	13984 Maddison Barratt		Northern Distric	
5				
6	18960 Olivia Gouws		Hornsby	
7	14044 Lucy Edgar		Northern Distric	
8	19755 Alana Lulli		Manly Warringah	

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Event 62 Boys U 12 - Triple Jump (11)

Zone: 11.21m 27/11/2022 James Atkins				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	13932 Orson List		Northern Distric	
2	19700 Henry Jones		Manly Warringah	
3	287 Harrison Nicholls		Ku-Ring-Gai	
4	19141 Beau Riches		Manly Warringah	
5	19721 Taj Biddlecombe		Manly Warringah	
6	18993 Ethan Orr		Hornsby	
7	14028 Charlie Candy		Northern Distric	
8	19622 Hugo Condon		Manly Warringah	
9	18955 Zachary Lawrence		Hornsby	
10	497 Bento Gove		Ku-Ring-Gai	
11	14053 Joah Beasley		Northern Distric	

Event 63 Girls U 11 - Discus (500 Gram) (16)

Zone: 34.90m 1/12/2019 Fiorella Collins				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	14013 Annika Owers		Northern Distric	
2	19105 Emma Olofinsky		Manly Warringah	
3	394 Kate McLean		Ku-Ring-Gai	
4	43105 Matilda Zunica		Hornsby	
5	343 Anna Sarkodee		Ku-Ring-Gai	
6	18728 Zahra Haidari		Hornsby	
7	18794 Avery Johnston		Hornsby	
8	380 Eloise Bradfield		Ku-Ring-Gai	
9	19430 Caitlin Butler		Manly Warringah	
10	19333 Caitlin Allum		Manly Warringah	
11	14042 Dulcie Thompson		Northern Distric	
12	19240 Eloise Knorr		Manly Warringah	
13	193 Grace Patterson		Ku-Ring-Gai	
14	871 Ella Hartwig		Ku-Ring-Gai	
15	18775 Samantha Campbell		Hornsby	
16	19343 Olive Kacilala		Manly Warringah	

Event 64 Boys U 11 - Discus 500 Gram) (15)

Zone: 35.07m 27/11/2022 Finn Wilson				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	465 Charlie Toth		Ku-Ring-Gai	
2	43115 Timothy Zhu		Hornsby	
3	19577 Edward Brennan		Manly Warringah	
4	324 Nick Bennett		Ku-Ring-Gai	
5	596 Mitchell Harris		Ku-Ring-Gai	
6	18999 Alistair Kinsey		Hornsby	
7	18947 Harry Clementson		Hornsby	
8	591 Josh Kietzmann		Ku-Ring-Gai	
9	19364 Tomasi Lowe		Manly Warringah	
10	14118 Nate Nash-krause		Northern Distric	
11	19179 Kyahn Hyde		Manly Warringah	
12	8031 Rory Hartigan		Mosman	
13	19220 Will Turi		Manly Warringah	
14	366 Nathaniel Gu		Ku-Ring-Gai	
15	19922 Lewis McNaughtan		Manly Warringah	

Event 65 Girls U 9 - Long Jump (17)

Zone: 4.05m 7/02/1998 Emily Pollett				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	479 Edwina Mair		Ku-Ring-Gai	
2	19134 Ella Harding		Manly Warringah	
3	14160 Claire Angwin		Northern Distric	
4	8080 Charlotte Hawkins		Mosman	
5	14008 Lillian Brookes		Northern Distric	
6	18873 Nalinga Albino		Hornsby	
7	354 Jade Lynas		Ku-Ring-Gai	
8	18958 Phoebe deCarvalho		Hornsby	
9	13927 Emma Hales		Northern Distric	
10	128 Scarlett Docherty		Ku-Ring-Gai	
11	139 Sienna Fourie		Ku-Ring-Gai	
12	19552 Ellie Turmanis		Manly Warringah	
13	19164 Marie-Coco Collignon		Manly Warringah	
14	19282 Ruby Losurdo		Manly Warringah	
15	8059 Evie Francis		Mosman	
16	689 Amelia Scott		Ku-Ring-Gai	
17				
18	19120 Brooke Debney		Manly Warringah	

Event 66 Girls U 15 - Long Jump (4)

Zone: 5.64m 7/02/2001 Christelle Coulon				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	18913 Eden Herring		Hornsby	
2	731 Olivia Achike		Ku-Ring-Gai	
3	19506 Sofia Ehnbonm		Manly Warringah	
4	14101 Kyrach McMahan		Northern Distric	

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Event 67 Boys U 13 - Shot Put (3.0 Kg) (10)

Zone: 14.56m 4/02/2007 Elliot Lang				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19705 Zachary Morgan		Manly Warringah	
2	19156 Lucas Figueira		Manly Warringah	
3	597 Lachlan Harris		Ku-Ring-Gai	
4	8014 Orlando Stewart		Mosman	
5	19111 Luke Cohen		Manly Warringah	
6	19027 Aston Maclaine		Hornsby	
7	19286 Deacon Pallpratt		Manly Warringah	
8	860 Finn MacBeth		Ku-Ring-Gai	
9	337 Jacoby Neal		Ku-Ring-Gai	
10	614 Archie Kay		Ku-Ring-Gai	

Event 68 Girls U 12 - Shot Put (2.0 Kg) (19)

Zone: 12.64m 11/12/2016 Brianna Worsfold				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	14012 Scarlett Owers		Northern Distric	
2	18821 Samantha Fong		Hornsby	
3	730 Ella Achike		Ku-Ring-Gai	
4	8198 Sophie Savage		Mosman	
5	7983 Sasha Grant		Mosman	
6	19428 Alice Larbey		Manly Warringah	
7	19662 Isabella Baxter		Manly Warringah	
8	18731 Ada Riddle		Hornsby	
9	19789 Amy Senior		Manly Warringah	
10	8000 Maisie Yorke		Mosman	
11	611 Charlotte Barnsley		Ku-Ring-Gai	
12	19652 Milly McVicar		Manly Warringah	
13	18886 Jayda Mode		Hornsby	
14	13968 Clara Knight		Northern Distric	
15	583 Harmony Satchithanantha		Ku-Ring-Gai	
16	19225 Lucie Lyne		Manly Warringah	
17	7969 Sophie Cawthorne		Mosman	
18	13941 Bianca Ferreira		Northern Distric	
19	512 Hayley Laslett		Ku-Ring-Gai	

Event 69 Boys U 10 - High Jump (S/H 0.95m) (14)

Zone: 1.41m 13/12/2015 Jed Wigley				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	121 Alexander Conner		Ku-Ring-Gai	
2	18747 Jayden McSorley		Hornsby	
3	8004 Finn Sorbara		Mosman	
4	19718 Solomon Romyn		Manly Warringah	
5	14037 William Hart		Northern Distric	
6	223 Julian Conway		Ku-Ring-Gai	
7	18792 Huxley Richardson		Hornsby	
8	19693 Patrick Mirabito		Manly Warringah	
9	19764 Owen Snell		Manly Warringah	
10	657 Woody Harris		Ku-Ring-Gai	
11	234 Nicolas James-Taylor		Ku-Ring-Gai	
12	19103 Ryder Lane-Brown		Manly Warringah	
13	19226 Lequintin Nicholson		Manly Warringah	
14	8126 Luke Yates		Mosman	

Event 70 Girls U 14 - High Jump (S/H 1.20m) (7)

Zone: 1.67m 7/02/1990 Virginia Young				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	293 Kayla Daniell		Ku-Ring-Gai	
2	19359 Isla Scoular		Manly Warringah	
3				
4	151 Chelsea Forte		Ku-Ring-Gai	
5	539 Alicia Endicott		Ku-Ring-Gai	
6	8025 Millie Morrison		Mosman	
7	19483 Gemma Sellick		Manly Warringah	
8	19515 Sienna Evans		Manly Warringah	

Event 71 Boys U 17 - Javelin (700 Gram) (9)

Zone: 63.87m 3/02/2013 Tyson Davis				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19574 Liam Downs		Manly Warringah	
2	19442 Ruann Eksteen		Manly Warringah	
3	18776 Nathanael Ramsay		Hornsby	
4	18872 Wol Albino		Hornsby	
5	8058 Finn Pereira		Mosman	
6	39124 Neil Rawat		Ku-Ring-Gai	
7	8154 Chase Burrows		Mosman	
8	8028 Xavier Frost		Mosman	
9	19300 Freddie BensonSparks		Manly Warringah	

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Event 72 Boys U 15 - Triple Jump (11)

Zone: 12.90m 7/02/2003 Matthew Walker				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	490 Jimmy Thebridge		Ku-Ring-Gai	
2	322 Rian Connors		Ku-Ring-Gai	
3	19340 Zac Stante		Manly Warringah	
4	19424 Reese Francis		Manly Warringah	
5	8037 Jeffrey Benoliel		Mosman	
6	19687 Max Figueira		Manly Warringah	
7	19313 Jack Mcmillan		Manly Warringah	
8	14062 Sam Wu		Northern Distric	
9	18741 Shiva Rajesh		Hornsby	
10	19129 Thomas Greenaway		Manly Warringah	
11	19846 Luka Simmons		Manly Warringah	

Event 73 Girls U 13 - Discus (750 Gram) (10)

Zone: 42.95m 30/01/2022 Fiorella Collins				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	8071 Aliya Meehan		Mosman	
2	14196 Sasha Sefton		Northern Distric	
3	7910 Sienna Ballantyne		Mosman	
4	13984 Maddison Barratt		Northern Distric	
5	19540 Isabel Jordan		Manly Warringah	
6				
7	14085 Sophia Cottrell		Northern Distric	
8	19341 Chloe Stante		Manly Warringah	
9	18798 Amy Campbell		Hornsby	
10	19202 Karina Olofinsky		Manly Warringah	
11	154 Olivia Johnson		Ku-Ring-Gai	

Event 74 Boys U 9 - Discus (500 Gram) (19)

Zone: 32.01m 6/02/2001 Jack McFadden				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	601 Arun Macmillan		Ku-Ring-Gai	
2	896 Luca Hage		Ku-Ring-Gai	
3	18998 Henry Kinsey		Hornsby	
4	19166 Van Jordan		Manly Warringah	
5	19281 Benjamin Thompson		Manly Warringah	
6	572 Zac Gerrand		Ku-Ring-Gai	
7	7997 Spencer Parkinson		Mosman	
8	14120 Jarrah Bailey		Northern Distric	
9	19143 Lachlan Riches		Manly Warringah	
10	14031 Loki Gleeson		Northern Distric	
11	19365 Hendrix Davis		Manly Warringah	
12	19175 Harley Donald		Manly Warringah	
13	600 Neil Macmillan		Ku-Ring-Gai	
14	18801 Eric Colgan		Hornsby	
15	319 Ryan Rudolph		Ku-Ring-Gai	
16	7746 Edward Cambridge		Mosman	
17	18894 Dante Iorio		Hornsby	
18	7929 Jake Cussen		Mosman	
19	7970 Zachary Yorke		Mosman	

Event 75 Girls U 17 - Long Jump (17)

Zone: 5.73m 30/01/2022 Sienna Bond				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	8182 Jojo Pike		Mosman	
2	19620 Pia Cortina		Manly Warringah	
3	13982 Freya Tonkin		Northern Distric	
4	19447 Matilda Bridge		Manly Warringah	
5	18810 Eleanor Schwarz		Hornsby	
6	546 Sarah Lovell		Ku-Ring-Gai	
7	19631 Tara Hollyoak		Manly Warringah	
8	8149 Grace Carden		Mosman	
9	820 Eliza Heys		Ku-Ring-Gai	
10	18974 Leila Broadley		Hornsby	
11	19239 Poppy Day		Manly Warringah	
12	19776 Daisy Burt		Manly Warringah	
13	13934 Elizabeth Toynbee		Northern Distric	
14	13933 Charlotte Toynbee		Northern Distric	
15	545 Louise Lovell		Ku-Ring-Gai	
16	39119 Maia MaddenKhan		Ku-Ring-Gai	
17	143 Summer Sivaraj		Ku-Ring-Gai	

Event 76 Boys U 14 - Long Jump (9)

Zone: 6.03m 7/02/1995 Stephen Byles				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1				
2	831 Tyler Stead		Ku-Ring-Gai	
3	747 Kase Willis-Jansen		Ku-Ring-Gai	
4	14179 Riley Waddingham		Northern Distric	
5	7824 Sam Hewit		Mosman	
6	19287 Davin Yap		Manly Warringah	
7	14052 Evan Beasley		Northern Distric	
8	18784 Lucas Beven		Hornsby	
9	19760 Ed Hammond		Manly Warringah	
10	19133 Ethan Jauncey		Manly Warringah	

Event 77 Boys U 12 - Shot Put (2.0 Kg) (14)

Zone: 12.06m 3/02/2013 Kevin Yang				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	306 Dylan SarenasAsnicar		Ku-Ring-Gai	
2	497 Bento Gove		Ku-Ring-Gai	
3	504 Nuoyi Wang		Ku-Ring-Gai	
4	18918 Alexandros Tsaousidis		Hornsby	
5	19721 Taj Biddlecombe		Manly Warringah	
6	19471 Luca Escribano		Manly Warringah	
7	13994 Bradlee Taylor		Northern Distric	
8	19416 Jacob Pieper		Manly Warringah	
9	14201 Harry Mooney		Northern Distric	
10	610 Edward Barnsley		Ku-Ring-Gai	
11	14028 Charlie Candy		Northern Distric	
12	8213 Joshua Yates		Mosman	
13	249 William Geldenhuys		Ku-Ring-Gai	
14	18955 Zachary Lawrence		Hornsby	

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Event 78 Girls U 10 - Shot Put (2.0 Kg) (15)

Zone: 9.45m 7/02/1994 Leilani Burnes				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	13978 Beth Cochrane		Northern Distric	
2	157 Maia FarahaniRad		Ku-Ring-Gai	
3	19472 Maia Escribano		Manly Warringah	
4	19261 Ayla Davis		Manly Warringah	
5	19116 Alyra Rogers		Manly Warringah	
6	513 Mackenzie Laslett		Ku-Ring-Gai	
7	14007 Matilda Brookes		Northern Distric	
8	8001 Gabriella Fainga'anuku		Mosman	
9	19704 Florence Morgan		Manly Warringah	
10	8139 Zara Rogers		Mosman	
11	397 Elise Montgomery		Ku-Ring-Gai	
12	18961 Isabelle Gouws		Hornsby	
13	19219 Harlie Nugent		Manly Warringah	
14	18927 Emma CanizalesGome		Hornsby	
15	776 Anabelle Bocska		Ku-Ring-Gai	

Event 79 Girls U 15 - Javelin (500 Gram) (6)

Zone: 41.60m 5/02/2012 Alysha Burnett				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	786 Lily Greig		Ku-Ring-Gai	
2	18913 Eden Herring		Hornsby	
3	13979 Imogen Cochrane		Northern Distric	
4	8002 Sally Fainga'anuku		Mosman	
5	18781 Josie Clayton		Hornsby	
6	18820 Tiffany Fong		Hornsby	

Event 80 Boys U 17 - Triple Jump (7)

Zone: 14.63m 2/12/2018 Ryan Marshall				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19888 Sam Hildebrandt		Manly Warringah	
2	19169 Michael Godden		Manly Warringah	
3	19595 Cameron Tizzard		Manly Warringah	
4	18933 Lachlan Blackwell		Hornsby	
5	19574 Liam Downs		Manly Warringah	
6	39124 Neil Rawat		Ku-Ring-Gai	
7	39123 Bede Hogard		Ku-Ring-Gai	

Event 81 Boys U 13 - High Jump (S/H 1.20m) (16)

Zone: 1.78m 7/02/1995 Richard Baird				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	13953 Sam Ogier		Northern Distric	
2	19113 Henry Smith		Manly Warringah	
3	8032 Maximilian Nemeth		Mosman	
4	10840 Liam McIntyre		Northern Distric	
5	19309 Jonathan Miles		Manly Warringah	
6	19544 Kornchawal Benoliel		Manly Warringah	
7	712 Kai Hutchinson		Ku-Ring-Gai	
8	541 Rhys Duncan		Ku-Ring-Gai	
9	597 Lachlan Harris		Ku-Ring-Gai	
10	19173 Max Donald		Manly Warringah	
11	39104 Noah Satchithananthan		Ku-Ring-Gai	
12	860 Finn MacBeth		Ku-Ring-Gai	
13	19594 Sebastian Tizzard		Manly Warringah	
14	19705 Zachary Morgan		Manly Warringah	
15	337 Jacoby Neal		Ku-Ring-Gai	
16	19565 Harrison Kyme		Manly Warringah	

Event 82 Boys U 11 - High Jump (S/H 1.05m) (14)

Zone: 1.57m 4/02/2008 Thomas Cheel				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	14121 Reef Bailey		Northern Distric	
2	19306 Alex Fraser		Manly Warringah	
3	8084 Edward Sharp		Mosman	
4	18790 Alexander Sorensen		Hornsby	
5	19643 Harrison Smith		Manly Warringah	
6	298 Daniel Hanuska		Ku-Ring-Gai	
7	19370 Hunter O'Sullivan		Manly Warringah	
8	596 Mitchell Harris		Ku-Ring-Gai	
9	872 Hugo Cordingley		Ku-Ring-Gai	
10	19922 Lewis McNaughtan		Manly Warringah	
11	324 Nick Bennett		Ku-Ring-Gai	
12	18999 Alistair Kinsey		Hornsby	
13	559 Reuben Hanly		Ku-Ring-Gai	
14	19831 Ashton Forrester		Manly Warringah	

Event 83 Boys U 14 - Javelin (600 Gram) (4)

Zone: 55.84m 3/02/2013 Cameron McEntyre				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19760 Ed Hammond		Manly Warringah	
2	8170 Nicolas Chaseling		Mosman	
3	651 Max McPherson		Ku-Ring-Gai	
4	19133 Ethan Jauncey		Manly Warringah	

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Event 84 Girls U 14 - Triple Jump (5)

Zone: 11.13m 7/02/1997 Lisa Antill				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19359 Isla Scoular		Manly Warringah	
2				
3	14133 Alannah Pryor		Northern Distric	
4	159 Amalia Bond		Ku-Ring-Gai	
5	612 Ava Grant		Ku-Ring-Gai	
6	19232 Zara Parslow		Manly Warringah	
7				

Event 85 Boys U 15 - Discus (1.0 Kg) (11)

Zone: 56.36m 7/02/1994 James Murphy				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19541 Alberto Jordan		Manly Warringah	
2	322 Rian Conners		Ku-Ring-Gai	
3	490 Jimmy Thebridge		Ku-Ring-Gai	
4	18897 Matthew Sims		Hornsby	
5	19687 Max Figueira		Manly Warringah	
6	140 Jake Fourie		Ku-Ring-Gai	
7	19340 Zac Stante		Manly Warringah	
8	18783 Luke Photios		Hornsby	
9	19846 Luka Simmons		Manly Warringah	
10	19424 Reese Francis		Manly Warringah	
11	19129 Thomas Greenaway		Manly Warringah	

Event 86 Boys U 7 - Discus (350 Gram) (13)

Zone: 24.04m 7/02/1993 Andrew Frith				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19227 Jaetzavier Ross		Manly Warringah	
2	399 Boston Duong		Ku-Ring-Gai	
3	7745 Angus Cambridge		Mosman	
4	19127 Oscar Wang		Manly Warringah	
5	837 Rory Kurath		Ku-Ring-Gai	
6	19619 Lachlan Smith		Manly Warringah	
7	19199 Tex Collins		Manly Warringah	
8	19301 Liam Lowe		Manly Warringah	
9	649 Ayaan Lalji		Ku-Ring-Gai	
10	245 James Dockrill		Ku-Ring-Gai	
11	14030 Alfie Gleeson		Northern Distric	
12	305 Zakary Hurley		Ku-Ring-Gai	
13	7939 Hudson Vakili		Mosman	

Event 87 Girls U 11 - Long Jump (15)

Zone: 4.72m 7/02/1999 Sarah McIlwraith				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	387 Imogen Newey		Ku-Ring-Gai	
2	8067 Eloise Eslick		Mosman	
3	19430 Caitlin Butler		Manly Warringah	
4	376 Ava-Capri Rossi		Ku-Ring-Gai	
5	261 Claudia Birrell		Ku-Ring-Gai	
6	586 Camilla Roderick		Ku-Ring-Gai	
7	19203 Louisa Olofinsky		Manly Warringah	
8	19205 Phoebe Dobson		Manly Warringah	
9	813 Kara McEwan		Ku-Ring-Gai	
10	18739 Willow Hickey		Hornsby	
11	18728 Zahra Haidari		Hornsby	
12	18794 Avery Johnston		Hornsby	
13	19238 Amity Batchler		Manly Warringah	
14	8051 Lola Francis		Mosman	
15	19438 Lily Dunne		Manly Warringah	

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Event 88 Girls U 12 - Long Jump (32)

Zone: 5.04m 5/02/2005 Annaliese Gardiner				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	18799 Amber Clayton		Hornsby	
2	19789 Amy Senior		Manly Warringah	
3				
4	8019 Nina Parkinson		Mosman	
5	19526 Ruby Tyler		Manly Warringah	
6	8198 Sophie Savage		Mosman	
7	19267 Molly Miller		Manly Warringah	
8	19385 Roxanne Parkes		Manly Warringah	
9	308 Evaleigh Gong		Ku-Ring-Gai	
10	19427 Audrey Grether		Manly Warringah	
11	19371 Grace Mercer		Manly Warringah	
12	334 Zara Denney		Ku-Ring-Gai	
13	19171 Kyah Ryals		Manly Warringah	
14	19225 Lucie Lyne		Manly Warringah	
15	512 Hayley Laslett		Ku-Ring-Gai	
16	19683 Ciara Faulkner		Manly Warringah	
17	19710 Lotte Roessler		Manly Warringah	
18	19652 Milly McVicar		Manly Warringah	
19	13941 Bianca Ferreira		Northern Distric	
20	854 Holly Kyle		Ku-Ring-Gai	
21	126 Zara Conner		Ku-Ring-Gai	
22	18886 Jayda Mode		Hornsby	
23	19352 Rhiannon Dick		Manly Warringah	
24	19807 Charlotte Selinas		Manly Warringah	
25	480 Sophie Mair		Ku-Ring-Gai	
26	19790 Mia Barrett		Manly Warringah	
27	8086 Emily PereiradeJesus		Mosman	
28	14153 Estelle Creek		Northern Distric	
29	14130 Jade Hawes		Northern Distric	
30	7974 Imogen Creswell		Mosman	
31	18959 Grace deCarvalho		Hornsby	
32	611 Charlotte Barnsley		Ku-Ring-Gai	
33	14089 Amelia Dengate		Northern Distric	

Event 89 Girls U 7 - Shot Put (1.0 Kg) (13)

Zone: 5.96m 7/02/1991 Bettina Woodward				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19781 Alice Garden		Manly Warringah	
2	19161 Sophia Esser		Manly Warringah	
3	677 Sara Khoury		Ku-Ring-Gai	
4	19221 Ella O'Leary		Manly Warringah	
5	19636 Mabel Jones		Manly Warringah	
6	315 Poppy Ding		Ku-Ring-Gai	
7	13937 Imogen Sharp		Northern Distric	
8	848 Monica Kelly		Ku-Ring-Gai	
9	190 Sophia Morelli		Ku-Ring-Gai	
10	18774 Saphira Richardson		Hornsby	
11	19122 Zalie Doria		Manly Warringah	
12	775 Skyler Leshinsky		Ku-Ring-Gai	
13	13974 Madison Sakajani		Northern Distric	

Event 90 Boys U 17 - Shot Put (5.0 Kg) (6)

Zone: 16.20m 2/02/2013 Tyson Davis				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	8058 Finn Pereira		Mosman	
2	19300 Freddie BensonSparke		Manly Warringah	
3	13944 Kalan Harding		Northern Distric	
4	18872 Wol Albino		Hornsby	
5	13945 Joshua Harding		Northern Distric	
6	39124 Neil Rawat		Ku-Ring-Gai	

Event 91 Boys U 12 - High Jump (S/H 1.15m) (19)

Zone: 1.59m 5/02/2005 Kane Thompson				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19347 Freddie Atkinson		Manly Warringah	
2	19141 Beau Riches		Manly Warringah	
3	19233 Tommy Beezley		Manly Warringah	
4	19700 Henry Jones		Manly Warringah	
5	610 Edward Barnsley		Ku-Ring-Gai	
6	19367 Jordy Plummer		Manly Warringah	
7	14038 Samuel Hart		Northern Distric	
8	19721 Taj Biddlecombe		Manly Warringah	
9	111 William Saputra		Ku-Ring-Gai	
10	19723 Harry Magee		Manly Warringah	
11	8081 Charlie Baird-Petroni		Mosman	
12	14053 Joah Beasley		Northern Distric	
13	401 Alexander Nosek		Ku-Ring-Gai	
14	168 Andy Zhang		Ku-Ring-Gai	
15	19534 Harlem Howe		Manly Warringah	
16	8142 Tyrese-Lloyd Owusu		Mosman	
17	497 Bento Gove		Ku-Ring-Gai	
18	18993 Ethan Orr		Hornsby	
19	19432 Henry Ferguson		Manly Warringah	

Event 92 Girls U 17 - High Jump (S/H 1.25m) (15)

Zone: 1.68m 29/01/2022 Talia Kupceric				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	14211 Elise Oliver		Northern Distric	
2	13982 Freya Tonkin		Northern Distric	
3	19631 Tara Hollyoak		Manly Warringah	
4	545 Louise Lovell		Ku-Ring-Gai	
5	8143 Ajaya Owusu		Mosman	
6	14180 Lana Waddingham		Northern Distric	
7	546 Sarah Lovell		Ku-Ring-Gai	
8	19384 Annika Boys		Manly Warringah	
9	8149 Grace Carden		Mosman	
10	19398 Erin Heraghty		Manly Warringah	
11	19462 Catrine Atherton		Manly Warringah	
12	19460 Kristina Prizmic		Manly Warringah	
13	18974 Leila Broadley		Hornsby	
14	19776 Daisy Burt		Manly Warringah	
15	18810 Eleanor Schwarz		Hornsby	

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Event 93 Girls U 13 - Triple Jump (14)

Zone: 10.54m 27/11/2022 Amalia Bond				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19467 Ellie Briggs		Manly Warringah	
2	18798 Amy Campbell		Hornsby	
3	14235 Eden Suduk		Northern Distric	
4	19341 Chloe Stante		Manly Warringah	
5				
6	8073 Elana Smith		Mosman	
7	14196 Sasha Sefton		Northern Distric	
8	8071 Aliya Meehan		Mosman	
9	13984 Maddison Barratt		Northern Distric	
10	836 Chloe Han		Ku-Ring-Gai	
11	19904 Eden McNaughtan		Manly Warringah	
12	18960 Olivia Gouws		Hornsby	
13	19386 Louisa Mehta		Manly Warringah	
14	19369 Piper O'Sullivan		Manly Warringah	
15	19202 Karina Olofinsky		Manly Warringah	

Event 94 Girls U 12 - Javelin (400 Gram) (18)

Zone: 26.31m 30/01/2022 Chelsea Forte				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19789 Amy Senior		Manly Warringah	
2	18799 Amber Clayton		Hornsby	
3	18803 Juliet Erickson		Hornsby	
4	19652 Milly McVicar		Manly Warringah	
5	19662 Isabella Baxter		Manly Warringah	
6	8000 Maisie Yorke		Mosman	
7	8019 Nina Parkinson		Mosman	
8	18821 Samantha Fong		Hornsby	
9	13968 Clara Knight		Northern Distric	
10	19236 Mikaila Semmens		Manly Warringah	
11	19428 Alice Larbey		Manly Warringah	
12	14012 Scarlett Owers		Northern Distric	
13	308 Evaleigh Gong		Ku-Ring-Gai	
14	583 Harmony Satchithanatha		Ku-Ring-Gai	
15	512 Hayley Laslett		Ku-Ring-Gai	
16	19385 Roxanne Parkes		Manly Warringah	
17	14130 Jade Hawes		Northern Distric	
18	19225 Lucie Lyne		Manly Warringah	

Event 95 Girls U 14 - Discus (1.0 Kg) (11)

Zone: 37.45m 2/12/2018 Brianna Worsfold				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	151 Chelsea Forte		Ku-Ring-Gai	
2	18917 Sophia Tsaousidis		Hornsby	
3	7932 Charlie Goodare		Mosman	
4	8125 Sarah Yates		Mosman	
5	19232 Zara Parslow		Manly Warringah	
6	539 Alicia Endicott		Ku-Ring-Gai	
7	39109 Lily Hughes		Ku-Ring-Gai	
8	626 Sophie Farrell		Ku-Ring-Gai	
9	18954 Hannah Lawrence		Hornsby	
10	19515 Sienna Evans		Manly Warringah	
11	19414 Millie Buxton		Manly Warringah	

Event 96 Girls U 9 - Discus (500 Gram) (19)

Zone: 27.60m 7/02/1993 Leilani Burnes				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	321 Sophie Bennett		Ku-Ring-Gai	
2	13975 Ariela Sakajani		Northern Distric	
3	13936 Sofia Sharp		Northern Distric	
4	19658 Erica Fenner		Manly Warringah	
5	19535 Aliya Howe		Manly Warringah	
6	18754 Riley Lloyd-Owen		Hornsby	
7	19160 Amelia Esser		Manly Warringah	
8	19592 IslaF Talaese		Manly Warringah	
9	802 Zoe Schulz		Ku-Ring-Gai	
10	18711 Grace Cotton		Hornsby	
11	14008 Lillian Brookes		Northern Distric	
12	18924 Alexandra Bissaker		Hornsby	
13	18805 Alexa Erickson		Hornsby	
14	14131 Paityn Hawes		Northern Distric	
15	342 Xanthe Sarkodee		Ku-Ring-Gai	
16	251 Rose Benson		Ku-Ring-Gai	
17	19139 Brooke Walker		Manly Warringah	
18	14160 Claire Angwin		Northern Distric	
19	360 Rysa Dave		Ku-Ring-Gai	

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Event 97 Boys U 9 - Long Jump (19)

Zone: 4.31m 7/02/2000 Michael Oldfield				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	601 Arun Macmillan		Ku-Ring-Gai	
2	19444 Blake Creelman		Manly Warringah	
3	18690 Ranbiran Duneja		Hornsby	
4	7746 Edward Cambridge		Mosman	
5	7970 Zachary Yorke		Mosman	
6	19920 Daniel McNaughtan		Manly Warringah	
7	450 William Prichard		Ku-Ring-Gai	
8	13998 Lachlan Ross		Northern Distric	
9	19766 nathaniel kei		Manly Warringah	
10	7722 Theodore Schramm		Mosman	
11	7997 Spencer Parkinson		Mosman	
12	19443 Charlie Trowell		Manly Warringah	
13	19767 Jack Houston		Manly Warringah	
14	18843 Tyler Holdsworth		Hornsby	
15	7966 Frederick Bangs		Mosman	
16	18801 Eric Colgan		Hornsby	
17	357 Sebastian O'Connell		Ku-Ring-Gai	
18	771 Cooper Nguyen		Ku-Ring-Gai	
19	191 Jack Cross		Ku-Ring-Gai	

Event 98 Boys U 11 - Long Jump (15)

Zone: 5.00m 4/02/2012 Alex Willett				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	14065 Jensen Barrett		Northern Distric	
2	19337 Harry Dryden		Manly Warringah	
3	18790 Alexander Sorensen		Hornsby	
4	19152 Jaxon Farrell		Manly Warringah	
5	19179 Kyahn Hyde		Manly Warringah	
6	507 Oska Koch		Ku-Ring-Gai	
7	298 Daniel Hanuska		Ku-Ring-Gai	
8	602 Alexander Macmillan		Ku-Ring-Gai	
9	596 Mitchell Harris		Ku-Ring-Gai	
10	19730 Austin Grennan		Manly Warringah	
11	19709 Heath Towers		Manly Warringah	
12	559 Reuben Hanly		Ku-Ring-Gai	
13	7941 Hunter Vakili		Mosman	
14	7940 Harrison Vakili		Mosman	
15	7889 Orlando Clarke		Mosman	

Event 99 Boys U 10 - Shot Put (2.0 Kg) (15)

Zone: 10.96m 5/02/2005 Duane Matulick				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	19653 Freddie McVicar		Manly Warringah	
2	147 Liam Carter		Ku-Ring-Gai	
3	19112 Mitchell Cohen		Manly Warringah	
4	563 Oliver Kok		Ku-Ring-Gai	
5	19114 Samuel King		Manly Warringah	
6	18921 Tadhg Crowley		Hornsby	
7	19163 James Smith		Manly Warringah	
8	7695 Nick Bradshaw		Mosman	
9	239 Maximus Murdoch		Ku-Ring-Gai	
10	819 Bethan Compion		Ku-Ring-Gai	
11	615 Tommy Kay		Ku-Ring-Gai	
12	19186 Edward Gillett		Manly Warringah	
13	18800 Ethan Carlton		Hornsby	
14	14037 William Hart		Northern Distric	
15	7935 Connor Meehan		Mosman	

Event 100 Girls U 15 - Shot Put (3.0 Kg) (5)

Zone: 13.87m 1/12/2019 Brianna Worsfold				
Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	14101 Kyrah McMahon		Northern Distric	
2	13979 Imogen Cochrane		Northern Distric	
3	8002 Sally Fainga'anuku		Mosman	
4	584 Nehara DeMel		Ku-Ring-Gai	
5	18820 Tiffany Fong		Hornsby	