

LITTLE ATHLETICS NORTHERN METROPOLITAN ZONE CARNIVAL 2023/2024 SEASON

TRACK PROGRAM - Friday 1 December 2023**CIRCULAR TRACK****MARSHALLING FOR ALL EVENTS WILL BE AT 6.40pm****FIRST RACE WILL COMMENCE 7.00pm**

1	U/13	Girls	3000m Run	Final
2	U/13	Boys	3000m Run	Final
3	U/14	Girls	3000m Run	Final
4	U/14	Boys	3000m Run	Final
5	U/15	Girls	3000m Run	Final
6	U/15	Boys	3000m Run	Final
7	U/17	Girls	3000m Run	Final
8	U/17	Boys	3000m Run	Final

It is likely there will only be 2, 3 or 4 races in total

The number of races and age/gender combinations will be determined when entries close

FIELD PROGRAM - Friday 1 December 2023

PLEASE NOTE: Times shown are 'NOT TO START BEFORE' times (i.e. events may start later)

MARSHALLING FOR FIRST EVENT WILL COMMENCE AT 5:40pm

9	U/11	Girls	Javelin	6.00pm	Javelin
10	U/17	Boys	Javelin	7.00pm	Javelin

LITTLE ATHLETICS NORTHERN METROPOLITAN ZONE CARNIVAL 2023/2024 SEASON

TRACK PROGRAM - Saturday 2 December 2023

PLEASE NOTE: Times shown are 'NOT TO START BEFORE" times (i.e. events may start later)

CIRCULAR TRACK

MARSHALLING COMMENCES 7.40am

11	U/13	Girls	200m Hurdles	Timed Final	8.00am
12	U/13	Boys	200m Hurdles	Timed Final	
13	U/14	Girls	200m Hurdles	Timed Final	
14	U/14	Boys	200m Hurdles	Timed Final	
15	U/15	Girls	300m Hurdles	Timed Final	
16	U/15	Boys	300m Hurdles	Timed Final	
17	U/17	Girls	300m Hurdles	Timed Final	
18	U/17	Boys	300m Hurdles	Timed Final	
19	U/15	Girls	1500m Run	Final	9.10am
20	U/15	Boys	1500m Run	Final	
21	U/17	Girls	1500m Run	Final	
22	U/17	Boys	1500m Run	Final	
23	U/11	Girls	1500m Run	Final	
24	U/11	Boys	1500m Run	Final	
25	U/12	Girls	1500m Run	Final	
26	U/12	Boys	1500m Run	Final	
27	U/13	Girls	1500m Run	Final	
28	U/13	Boys	1500m Run	Final	
29	U/14	Girls	1500m Run	Final	
30	U/14	Boys	1500m Run	Final	
31	U/15	Girls	400m Run	Timed Final	11.00am
32	U/15	Boys	400m Run	Timed Final	
33	U/17	Girls	400m Run	Timed Final	
34	U/17	Boys	400m Run	Timed Final	
35	U/11	Girls	400m Run	Timed Final	
36	U/11	Boys	400m Run	Timed Final	
37	U/12	Girls	400m Run	Timed Final	
38	U/12	Boys	400m Run	Timed Final	
TRACK OFFICIALS LUNCH BREAK					
39	U/13	Girls	400m Run	Timed Final	12.40pm
40	U/13	Boys	400m Run	Timed Final	
41	U/14	Girls	400m Run	Timed Final	
42	U/14	Boys	400m Run	Timed Final	
43	U/10	Girls	400m Run	Timed Final	1.15pm
44	U/10	Boys	400m Run	Timed Final	
45	U/9	Girls	400m Run	Timed Final	
46	U/9	Boys	400m Run	Timed Final	
47	U/8	Girls	400m Run(Pack)	Timed Final	
48	U/8	Boys	400m Run(Pack)	Timed Final	

STRAIGHT TRACK

MARSHALLING COMMENCES 7.40am

49	U/8	Girls	60m Hurdles	Heats	8.00am
50	U/8	Boys	60m Hurdles	Heats	
51	U/9	Girls	60m Hurdles	Heats	
52	U/9	Boys	60m Hurdles	Heats	
53	U/10	Girls	60m Hurdles	Heats	
54	U/10	Boys	60m Hurdles	Heats	
55	U/8	Girls	60m Hurdles	Final	9.00am
56	U/8	Boys	60m Hurdles	Final	
57	U/9	Girls	60m Hurdles	Final	
58	U/9	Boys	60m Hurdles	Final	
59	U/10	Girls	60m Hurdles	Final	
60	U/10	Boys	60m Hurdles	Final	
61	U/7	Girls	50m Run	Heats	9.30am
62	U/7	Boys	50m Run	Heats	
63	U/15	Girls	100m Run	Heats	9.50am
64	U/15	Boys	100m Run	Heats	
65	U/17	Girls	100m Run	Heats	
66	U/17	Boys	100m Run	Heats	
67	U/7	Girls	50m Run	Final	10.30am
68	U/7	Boys	50m Run	Final	
69	U/11	Girls	100m Run	Heats	10.45am
70	U/11	Boys	100m Run	Heats	
71	U/12	Girls	100m Run	Heats	
72	U/12	Boys	100m Run	Heats	
73	U/13	Girls	100m Run	Heats	
74	U/13	Boys	100m Run	Heats	
75	U/14	Girls	100m Run	Heats	
76	U/14	Boys	100m Run	Heats	
77	U/10	Girls	100m Run	Heats	11.30am
78	U/10	Boys	100m Run	Heats	
79	U/9	Girls	100m Run	Heats	
80	U/9	Boys	100m Run	Heats	
81	U/8	Girls	100m Run	Heats	
82	U/8	Boys	100m Run	Heats	
83	U/7	Girls	100m Run	Heats	
84	U/7	Boys	100m Run	Heats	
TRACK OFFICIALS LUNCH BREAK					
85	U/15	Girls	100m Run	Final	1.40pm
86	U/15	Boys	100m Run	Final	
87	U/17	Girls	100m Run	Final	
88	U/17	Boys	100m Run	Final	
89	U/11	Girls	100m Run	Final	
90	U/11	Boys	100m Run	Final	
91	U/12	Girls	100m Run	Final	
92	U/12	Boys	100m Run	Final	
93	U/13	Girls	100m Run	Final	
94	U/13	Boys	100m Run	Final	
95	U/14	Girls	100m Run	Final	
96	U/14	Boys	100m Run	Final	
97	U/10	Girls	100m Run	Final	2.10pm
98	U/10	Boys	100m Run	Final	
99	U/9	Girls	100m Run	Final	
100	U/9	Boys	100m Run	Final	
101	U/8	Girls	100m Run	Final	
102	U/8	Boys	100m Run	Final	
103	U/7	Girls	100m Run	Final	
104	U/7	Boys	100m Run	Final	

LITTLE ATHLETICS NORTHERN METROPOLITAN ZONE CARNIVAL 2023/2024 SEASON											
TRACK PROGRAM - Sunday 3 December 2023											
PLEASE NOTE: Times shown are 'NOT TO START BEFORE' times (i.e. events may start later)											
CIRCULAR TRACK											
MARSHALLING COMMENCES 7.40am											
ALL WALKERS CAN BE MARSHALLED TO RACE AT 8.00am											
156	U/7	Girls	500m Pack Start	Final	8.00am	212	U/11	Girls	200m Run	Final	2.30pm
157	U/7	Boys	500m Pack Start	Final		213	U/11	Boys	200m Run	Final	
158	U/8	Girls	700m Pack Start	Final		214	U/12	Girls	200m Run	Final	
159	U/8	Boys	700m Pack Start	Final		215	U/12	Boys	200m Run	Final	
160	U/9	Girls	700m Walk	Final	8.15am	216	U/13	Girls	200m Run	Final	
161	U/9	Boys	700m Walk	Final		217	U/13	Boys	200m Run	Final	
162	U/10	Girls	1100m Walk	Final		218	U/14	Girls	200m Run	Final	
163	U/10	Boys	1100m Walk	Final		219	U/14	Boys	200m Run	Final	
164	U/11	Girls	1100m Walk	Final		220	U/15	Girls	200m Run	Final	
165	U/11	Boys	1100m Walk	Final		221	U/15	Boys	200m Run	Final	
166	U/12	Girls	1500m Walk	Final		222	U/17	Girls	200m Run	Final	
167	U/12	Boys	1500m Walk	Final		223	U/17	Boys	200m Run	Final	
168	U/13	Girls	1500m Walk	Final		224	U/10	Girls	200m Run	Final	2.55pm
169	U/13	Boys	1500m Walk	Final		225	U/10	Boys	200m Run	Final	
170	U/14	Girls	1500m Walk	Final		226	U/9	Girls	200m Run	Final	
171	U/14	Boys	1500m Walk	Final		227	U/9	Boys	200m Run	Final	
172	U/15	Girls	1500m Walk	Final		228	U/8	Girls	200m Run	Final	
173	U/15	Boys	1500m Walk	Final		229	U/8	Boys	200m Run	Final	
174	U/17	Girls	1500m Walk	Final		230	U/7	Girls	200m Run	Final	
175	U/17	Boys	1500m Walk	Final		231	U/7	Boys	200m Run	Final	
176	U/9	Girls	800m Run	Final	10.00am	232	Junior	Girls	Relay	Final	3.30pm
177	U/9	Boys	800m Run	Final		233	Junior	Boys	Relay	Final	
178	U/10	Girls	800m Run	Final		234	Senior	Girls	Relay	Final	
179	U/10	Boys	800m Run	Final		235	Senior	Boys	Relay	Final	
180	U/11	Girls	800m Run	Final							
181	U/11	Boys	800m Run	Final							
182	U/12	Girls	800m Run	Final							
183	U/12	Boys	800m Run	Final							
184	U/13	Girls	800m Run	Final	10.50am						
185	U/13	Boys	800m Run	Final							
186	U/14	Girls	800m Run	Final							
187	U/14	Boys	800m Run	Final							
188	U/15	Girls	800m Run	Final							
189	U/15	Boys	800m Run	Final							
190	U/17	Girls	800m Run	Final							
191	U/17	Boys	800m Run	Final							
TRACK OFFICIALS LUNCH BREAK											
U/17 LAP OF HONOUR											
					12.20pm						
192	U/11	Girls	200m Run	Heats	12.30pm	236	U/11	Girls	80m Hurdles	Heats	8.00am
193	U/11	Boys	200m Run	Heats		237	U/11	Boys	80m Hurdles	Heats	
194	U/12	Girls	200m Run	Heats		238	U/12	Girls	80m Hurdles	Heats	
195	U/12	Boys	200m Run	Heats		239	U/12	Boys	80m Hurdles	Heats	
196	U/13	Girls	200m Run	Heats		240	U/13	Girls	80m Hurdles	Heats	
197	U/13	Boys	200m Run	Heats		241	U/13	Boys	80m Hurdles	Heats	
198	U/14	Girls	200m Run	Heats		242	U/14	Girls	80m Hurdles	Heats	9.00am
199	U/14	Boys	200m Run	Heats		243	U/14	Boys	90m Hurdles	Heats	Straight Final E255
200	U/15	Girls	200m Run	Heats	Straight Final E220	244	U/15	Girls	90m Hurdles	Heats	Straight Final E256
201	U/15	Boys	200m Run	Heats		245	U/15	Boys	100m Hurdles	Heats	Straight Final E257
202	U/17	Girls	200m Run	Heats	1.30pm	246	U/17	Girls	100m Hurdles	Heats	
203	U/17	Boys	200m Run	Heats		247	U/17	Boys	110m Hurdles	Heats	
204	U/10	Girls	200m Run	Heats		248	U/11	Girls	80m Hurdles	Final	9.45am
205	U/10	Boys	200m Run	Heats		249	U/11	Boys	80m Hurdles	Final	
206	U/9	Girls	200m Run	Heats		250	U/12	Girls	80m Hurdles	Final	
207	U/9	Boys	200m Run	Heats		251	U/12	Boys	80m Hurdles	Final	
208	U/8	Girls	200m Run	Heats		252	U/13	Girls	80m Hurdles	Final	
209	U/8	Boys	200m Run	Heats		253	U/13	Boys	80m Hurdles	Final	
210	U/7	Girls	200m Run	Heats		254	U/14	Girls	80m Hurdles	Final	
211	U/7	Boys	200m Run	Heats		255	U/14	Boys	90m Hurdles	Final	
						256	U/15	Girls	90m Hurdles	Final	
						257	U/15	Boys	100m Hurdles	Final	
						258	U/17	Girls	100m Hurdles	Final	
						259	U/17	Boys	110m Hurdles	Final	
						260	U/7	Girls	70m Run	Heats	10.40am
						261	U/7	Boys	70m Run	Heats	
						262	U/8	Girls	70m Run	Heats	
						263	U/8	Boys	70m Run	Heats	
						264	U/9	Girls	70m Run	Heats	
						265	U/9	Boys	70m Run	Heats	
						266	U/10	Girls	70m Run	Heats	
						267	U/10	Boys	70m Run	Heats	
						268	U/7	Girls	70m Run	Final	11.45am
						269	U/7	Boys	70m Run	Final	
						270	U/8	Girls	70m Run	Final	
						271	U/8	Boys	70m Run	Final	
						272	U/9	Girls	70m Run	Final	
						273	U/9	Boys	70m Run	Final	
						274	U/10	Girls	70m Run	Final	
						275	U/10	Boys	70m Run	Final	
						276	Multi	Class	100m Run	Final	12.15pm

FINAL PROGRAM

Issued 12 October 2023 - updated 27 November 2023

LITTLE ATHLETICS NORTHERN METROPOLITAN ZONE CARNIVAL 2023/2024 SEASON												
FIELD PROGRAM - Sunday 3 December 2023												
PLEASE NOTE: Times shown are 'NOT TO START BEFORE" times (i.e. events may start later)												
MARSHALLING FOR FIRST EVENTS WILL COMMENCE AT 7.40am												
277	U/9	Boys	High Jump	*8:00	Scissor Mat		280	U/13	Boys	Long Jump	*8:00	LJ1
278	U/12	Boys	High Jump	*8:00	High Jump 2		281	U/10	Boys	Long Jump	*8:00	LJ2
279	U/14	Girls	High Jump	*8:00	High Jump 1		282	U/13	Girls	Triple Jump	*8:00	LJ/TJ 3
							283	U/17	Boys	Triple Jump	*8:00	LJ/TJ 4
298	U/11	Boys	High Jump	10:00	High Jump 2							
299	U/13	Boys	High Jump	10:00	High Jump 1		289	U/15	Girls	Long Jump	9:30	LJ1
300	U/10	Girls	High Jump	10:00	Scissor Mat		290	U/14	Boys	Long Jump	9:30	LJ2
OFFICIALS LUNCH BREAK							291	U/11	Girls	Long Jump	9:30	LJ/TJ 3
310	U/15	Boys	High Jump	12:30	High Jump 2		292	U/15	Boys	Triple Jump	9:30	LJ/TJ 4
311	U/17	Boys	High Jump	12:30	High Jump 1							
							301	U/9	Girls	Long Jump	11:00	LJ 1
							302	U/12	Girls	Long Jump	11:00	LJ 2
284	U/14	Boys	Javelin	8:00	Javelin		303	U/14	Girls	Triple Jump	11:00	LJ /TJ3
293	U/12	Girls	Javelin	9:30	Javelin		304	U/12	Boys	Triple Jump	11:00	LJ/TJ 4
305	U/13	Girls	Javelin	11:00	Javelin		OFFICIALS LUNCH BREAK					
OFFICIALS LUNCH BREAK							315	U/17	Girls	Long Jump	12:45	LJ 1
314	U/15	Girls	Javelin	12:45	Javelin		316	U/11	Boys	Triple Jump	12:45	LJ/TJ 4
323	U/17	Girls	Javelin	2:15	Javelin		317	Multi	Class	Long Jump	12:45	LJ2
285	U/15	Boys	Discus	*8:00	Discus 2		287	U/15	Girls	Shot Put	*8:00	Shot 1
286	U/8	Boys	Discus	*8:00	Discus 1		288	U/11	Boys	Shot Put	*8:00	Shot 2
294	U/10	Boys	Discus	9:30	Discus 2		296	U/17	Girls	Shot Put	9:30	Shot 1
295	U/17	Boys	Discus	9:30	Discus 1		297	U/12	Boys	Shot Put	9:30	Shot 2
306	U/7	Boys	Discus	11:00	Discus 2		308	U/13	Boys	Shot Put	11:00	Shot 1
307	Multi	Class	Discus	11:00	Discus 1		309	U/14	Boys	Shot Put	11:00	Shot 2
OFFICIALS LUNCH BREAK							OFFICIALS LUNCH BREAK					
312	U/14	Girls	Discus	12:45	Discus 2		318	U/9	Boys	Shot Put	12:45	Shot 1
313	U/9	Girls	Discus	12:45	Discus 1		319	U/7	Girls	Shot Put	12:45	Shot 2
320	U/12	Girls	Discus	2:15	Discus 2		324	U/10	Girls	Shot Put	2:15	Shot 1
321	U/11	Girls	Discus	2:15	Discus 1		325	U/8	Girls	Shot Put	2:15	Shot 2
322	U/13	Girls	Discus	2:15	Discus 3							
* For first event only please go direct to field event area												
For all other events please report to the Field Marshalling Tent												