

HART ZONE SPORT CHAMPIONSHIPS



 Little
Athletics
NSW

2023/24

On behalf of the Outer West Metropolitan Zone organising committee,, we welcome all athletes who will be competing this weekend for our Zone Championships at our new and exciting synthetic track - Harold Corr Oval. Thank you to Werrington Athletics for hosting the 2023/24 Zone athletics carnival.

To the Athletes: Do your best and ensure you have fun and enjoy yourselves.

To the Supporters: Help our athletes have fun and enjoy the weekend. Please applaud all performances and remember encouragement is better than pressure.

To all our Officials: We would like to thank our officials in advance who will be working hard over the entire weekend, in the track and field event areas and also the many other areas that are not as highly visible. Without officials Outer West Met Zone carnival cannot function, and we thank them for their tireless contribution. We hope that all the athletes and families appreciate the immense contribution they make.

To the Centre Helpers: Thank you also for volunteering your time to help this weekend run smoothly, without you also, this carnival would not be possible.

General Information

Canteen Facilities:

There will be no canteen facilities available at Harold Corr Oval, however Screaming Beans will have food trucks and coffee vans available for food and beverage purchases. Please remember to pack plenty of water and snacks.

Parking:

Parking is available at the field, with additional street parking available. Do not park on council strips or block access to neighbouring businesses/houses. Be mindful of parking rangers.

Marshalling:

Listen to PA announcements for track events. First and second calls will be made, take your child to the Track Marshalling tent (refer to venue map).

Field events will be announced over the PA, take your child directly to the field event location and awake instructions from the official.

Toilets:

Toilets will be available at the basketball stadium.

Place Judging/Timekeeping

We are using Timing Solutions gates in conjunction with camera/video finishes in laned events to determine all placegetters in track lane events. No Place Judges will be used apart from the Chief Place Judge(s).

Changes to the Programme

Due to some track events being changed from heats to finals and/or event numbers not running in the programme in strict numerical order, it may necessitate the programme to be changed to be in the best interests of the athletes and to allow such athletes more recuperating time between events.

Team Managers

Centres are asked to nominate at the start of the carnival their respective Team Manager (s), who will be the only people to lodge protests. No information will be given other than to those Team Managers, Information located at Nepean Club tent

Combined Events

At the discretion of the Track & Field Managers certain events may be combined due to insufficient number of competitors.

Medals

Medals will be awarded to the first three (3) placegetters in the under 7 finals.

Results:

All results over the weekend will be updated via the live website from Little Athletics NSW.



PROGRESSION FROM ZONE TO REGION AND REGION TO STATE

Region	What zones are in this region?	What places automatically progress to region from zone? Please note that any places not filled by automatic progression will not be filled by additional next best performances	What is maximum number of next best qualifiers that will progress to region from across all zone results in the region?	What places automatically progress to state from region? Please note that any places not filled by automatic progression will not be filled by additional next best performances	What is maximum number of next best qualifiers that will progress to state from across all region results?	What number of relays progress from zone to region?	What number of relays progress from region to state?
1	New England, Northern Rivers and Mid North Coast	First 4 Places	4	First 2 Places	8	First 2 Places	First Place
2	Central Coast, Lake Macquarie, Hunter, and Port Hunter	First 3 Places	4	First 2 Places	8	First 2 Places	First Place
3	Western Plains and Western Ranges	First 6 Places	4	First 2 Places	8	First 3 Places	First Place
4	Eastern Riverina, Western Riverina, Mid South Coast and South Coast Highlands	First 3 Places	4	First 2 Places	8	First 2 Places	First Place
5	Northern Metropolitan and North East Metropolitan	First 6 Places	4	First 2 Places	8	First 3 Places	First Place
6	West Metropolitan, Outer West Metropolitan and North West Metropolitan	First 4 Places	4	First 2 Places	8	First 2 Places	First Place
7	Central West Metropolitan, South West Metropolitan and Mid West Metropolitan	First 4 Places	4	First 2 Places	8	First 2 Places	First Place
8	Inner City and Southern Metropolitan	First 6 Places	4	First 2 Places	8	First 3 Places	First Place

NOTE:

- If only 9 athletes arrive at the call room from entries to heats, then the heats may be collapsed to a final of a maximum of 9 athletes
- If after resolving a protest in an earlier heat an additional athlete is added to the final, then this can result in 9 athletes being in the final, Only the top 8 will be considered for progression, so that all zones have the same number of athletes qualifying to the next level).

Selection of next best performances

- Performances in heats cannot be considered in selection of next best performances unless event is run as a Timed Final.
- Performances from all competitors in a field event will be assessed for next best performances. This means that an athlete who does not reach the second round (or final trial) may still perform a next best performance.
- Performances from all competitors in all pack events (e.g., 800 metres) will be assessed for next best performances.

Regional Championships:

U7's do not qualify for Regional Championships.

The first four (4) placegetters in all finals (U/8 to U/17) and the next best 4 clear final performances in our Region will qualify to compete at the Region 6 Championships. Our Region is made up of 3 Zones comprising Outer West Met, North West Met & West Met.

If you qualify but are unable to attend please let your centre know so that the next qualifier can take part in the carnival.

Progression to Final – as per LANSW Rules of Competition Section B Rule 9.2a

The following athletes shall progress to the final in their event:

- i. 2 heats: 1st, 2nd, and 3rd in each heat plus the next 2 fastest times
- ii. 3 heats: 1st and 2nd in each heat plus the next two fastest times
- iii. 4 or more heats: 1st in each heat with the remaining lanes filled by the next fastest times.

Live Results Out Now!



VIEW HERE



outer West Met Zone



BEHAVIOURAL GUIDELINES

(adapted from the Australian Sports Commissions' Junior Sport Codes of Behaviour)

These Behavioural Guidelines aim to give everyone a guide to what is expected of them if they are part of Little Athletics, be it participating, volunteering or standing on the sideline cheering for their child, relative or friend. The guidelines set down what is an acceptable standard of conduct and behaviour and reflect the principles upon which Little Athletics is based.

Acceptance of, and compliance with these guidelines will ensure that Little Athletes will develop good sporting behaviours and be an enjoyable sporting experience, encouraging them to remain involved in sport or otherwise be active throughout their lives.

We ask that everyone take the time to read the guidelines and make a personal commitment to always behave in accordance

Athletes

1. Compete according to the rules.
2. Work equally hard for yourself and/or your Centre.
3. Always address officials in a polite manner.
4. Be a good sport. Acknowledge all good results, whether they are made by your Centre or friends or an athlete from another Centre.
5. Only cheer good performances, not when other competitors make an error or don't perform well.
6. Treat other competitors with respect.
7. Do not act smart or 'cocky'.
8. Treat all athletes as you like to be treated. Do not bully or take unfair advantage of another competitor.
9. Cooperate with your coach, Centre-mates and other competitors. Without them there would be no competition.
10. Participate for your own enjoyment and benefit, not just to please parents and coaches.
11. Remember that all that is ever requested of you is to

BE YOUR BEST.

Parents, Relatives & Spectators

1. Remember that young people are involved in Little Athletics for their enjoyment, not yours.
2. Encourage children to participate, do not force them.
3. Focus on the child's efforts and performance rather than winning or losing.
4. Encourage athletes to always participate according to the rules.
5. Applaud good performances and efforts from all competitors.
6. Support all efforts to remove verbal and physical abuse from Little Athletics. Condemn the use of violence in any form, whether it is by spectators, coaches, officials or athletes.
7. Recognise the value and importance of being a volunteer.
8. Respect officials' decisions and teach young people to do likewise. Remember, officials freely give their time and effort for your child's involvement and enjoyment.
9. Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate.



Protests

- i. Protests can only be lodged by the centre's nominated Team Manager.
- ii. Protests must be lodged with the carnival Information Officer and no more than half an hour after the results have been posted. An amount of \$50 must accompany a protest.
- iii. The Starters decision is final, not even the Track Referee can overturn it. A protest lodged against the start of a race will be deemed frivolous and the carnival Information Officer should advise the Team Manager prior to lodging such a protest. The \$50 accompanying the protest will be retained by the carnival Information Officer if the protest is deemed frivolous or if the centre has been advised by the carnival Information Officer that it is not a valid protest and the centre still chooses to submit it.
- iv. Photographic and/or video evidence from outside the arena will never be used by a Referee to make a decision on a protest (for track or field).
- v. The Referee may decide on the protest or may refer the matter to the Jury of Appeal.
- vi. If the Referee makes a decision, there shall be a right of appeal to the Jury, which must be made within 15 minutes after notification of the Referee's decision.
- vii. Where a protest involves disputed finish line placing, Team Managers of athletes involved may view the finish line video/photofinish solely for the purpose of ensuring that athletes are correctly identified.
- viii. When a protest is lodged, the name of the protesting centre and the reason for the protest is to be announced.
- ix. Two types of reasons only shall be announced - either on a technicality or on the judges' decision.
- x. The Jury of Appeal will consist of 3 people. A panel of 5 to 7 must be named prior to the commencement of the carnival and communicated within the carnival documentation. 3 people will be selected from that group to act as jury as required. The make up of both the initial panel and the Jury of Appeal will be determined by the following:
 - a. Zone Championships – the Zone Coordinator (or their appointee)
 - b. Region Championships – the Region Coordinator (or their appointee)
 - c. All State Championships – the Championships/Competition Director (or their appointee)
 - d. Trans Tasman Trials & Trans Tasman Challenge – the Championships/Competition Director (or their appointee)
- ix. Protests concerning the status of an athlete to compete in a carnival must be made prior to the commencement of such carnival, to the Jury of Appeal. If no jury has been appointed, then to the LANSW Rules of Referee. If that matter cannot be settled satisfactorily prior to the carnival, the athlete shall be allowed to compete "under protest".

Uniform

- i. Little Athletics NSW must approve ALL centre uniforms.
- ii. ALL competitors must compete in their registered centre uniform. In the case of "individually registered athletes" centre uniform shall be classified as the generic uniform, as determined by Little Athletics NSW.
- iii. If the uniform has a manufacturer's logo, it must be no more than 5cm in height, have lettering no more than 4cm in height and not exceed a total of 30cm sq (ie. 5cm x 6cm, 3cm x 10cm etc.).
- iv. Athletes can wear plain compression/bike pants in colour of Centre uniform with no logos or contrasting stitching as an outer garment. If they wear compression/bike pants with logo or contrasting stitching they must wear as an under garment, underneath their scungies/shorts.
- v. No part of the uniform shall extend beyond the top of the knee. An application, in writing, for exemption to this rule MUST be made to the carnival organisers prior to the event. There are no exemptions for walk events.
- vi. Competition singlets/t-shirts must not cover any compulsory numbers (e.g. centre number) or patches (e.g. age patch). A competitor will be asked to tuck in the singlet/t-shirt if it covers a compulsory number or patch and a competitor may be fouled or disqualified if they fail to comply with this request.
- vii. Competitors may wear a plain "T" shirt under their competition uniform. (The colouring of such a "T" shirt must be of a neutral colour so that it does not clash with the uniform design or colour. A white "T" shirt would be preferred).
- viii. Individual "sponsors" registration numbers are to be worn by ALL LANSW competitors firmly affixed to the front of the uniform top.
- ix. Individual and Dual Registration numbers need to have number and bar codes visible., without modifications to size and must clearly show the sponsor's name. The minimum size of the registration number is that indicated by the red border printed on the number. The border must be visible.

- xi. Age numbers are to be worn on the front left hand side of the uniform.
- xii. Approved centre uniform must be worn on the presentation dais.
- xiii. "Sponsors" patches, as supplied by Little Athletics NSW, must be worn on the front top right hand side of the uniform.

Footwear

- i. Appropriate footwear is compulsory for all competitors in all events.
- ii. No competitor may wear football boots or cleats in any event.
- iii. Competitors in the U9-U10 age group may not wear spike shoes.
- iv. Competitors in the U11 age group may wear spike shoes in events run entirely in lanes, long jump, high jump and triple jump.
- v. Competitors in the U12-U17 age groups may wear spike shoes in events run entirely in lanes, long jump, triple jump, high jump and javelin.
- vi. Competitors in the U13-U17 age groups may wear spike shoes in all of the events listed in 1.4 v, as well as events not run entirely within lanes, except walks.
- vii. All spike shoes must be worn with all holes filled with a complete set of spikes, with no more than 2 blanks/slugs installed.
- viii. Spike shoes must only be worn during the event and are not to be worn to and from the event.
- ix. Any number of spikes up to 11 may be accommodated on each shoe, but the number of spike positions shall not exceed 11.
- x. Spike length (subject to any further constraint from ground policies):
 - a. Synthetic - Track 7mm Maximum High/Long/Triple/Javelin 9mm Maximum
 - b. Grass - Track/Long/Triple/High/Javelin 12mm Maximum

Assistance to Athletes

- i. At competitions organised by LANSW, the use by athletes of music devices, mobile phone or similar devices in the competition area shall not be permitted.
- ii. For the purpose of this rule the following shall not be considered as unfair aid or assistance:
 - a. A hands - on medical examination during the progress of an event by the Medical Officer(s) designated by the Organising Committee provided that it does not delay the conduct of the competition or a competitor's trial in the designated order.
 - b. Verbal or other communication, without the use of any technical device, to or from an individual who is not in the competition area.
 - iii. Coaching by officials at an event is not permitted. It shall not be considered coaching for an official to provide factual feedback to an athlete at a trial in a field event e.g. where the athlete foot landed in relation to the take-off area in the long jump.
 - iv. For the purpose of this Rule pacing in races by persons not participating in the race, by runners or walkers lapped or about to be lapped or by any kind of technical device shall be considered as assistance, and are therefore not allowed.
 - v. The following action shall be taken where an athlete is considered as having received assistance:
 - a. Any athlete giving or receiving assistance from within the competition area during an event shall be cautioned by the Referee and warned that for any repetition, he will be disqualified from that event.
 - b. Any athlete contravening this rule during a field event must be cautioned by the Referee and warned that, for any repetition, they will be barred from further participation in that event. Any performance accomplished up to that time shall stand.

Unacceptable Behaviour

- i. The appropriate Referee will speak to an athlete who displays unacceptable or unsporting behaviour. While speaking to the athlete, the Referee will hold up a yellow flag indicating that the athlete is being warned. Any repetition of that behaviour, either at that carnival or at subsequent carnivals, the athlete will be disqualified.
- ii. The Carnival Manager will notify the athlete's centre team manager. If the team manager is not present at the carnival a letter will be sent to the centre.
- iii. If the offence is of a serious nature then immediate disqualification may occur.
- iv. Little Athletics NSW is to be notified by the Zone/Region Coordinator, if an athlete has been given a yellow flag. The information will be passed on to the Manager of the next Association carnival.

Outer West Met Zone Championship 2023**Harold Corr Oval****Session Report**

Session: 1 Friday Track Events

Day 1 - Friday 01/12/2023 - Starts at 05:30 PM

	Event	Round
	Not Before 530pm	
5:30 PM	#1 Girls U 13 - 200 Metre Hurdles (68cm)	Final
	#2 Boys U 13 - 200 Metre Hurdles (68cm)	Final
	#3 Girls U 14 - 200 Metre Hurdles (76cm)	Final
	#4 Boys U 14 - 200 Metre Hurdles (76cm)	Final
	#5 Girls U 15 - 300 Metre Hurdles (76cm)	Final
	#6 Boys U 15 - 300 Metre Hurdles (76cm)	Final
	#7 Girls U 17 - 300 Metre Hurdles (76cm)	Final
	#8 Boys U 17 - 300 Metre Hurdles (76cm)	Final
	Not Before 6pm	
6:00 PM	#9 Girls U 11 - 1500 Metre Run	Final
	#10 Boys U 11 - 1500 Metre Run	Final
	#11 Girls U 12 - 1500 Metre Run	Final
	#12 Boys U 12 - 1500 Metre Run	Final
	Combined Girls 3000m	
	#13 Girls U 13 - 3000 Metre Run	Final
	#14 Girls U 14 - 3000 Metre Run	Final
	#15 Girls U 15 - 3000 Metre Run	Final
	#16 Girls U 17 - 3000 Metre Run	Final
	Not Before 7pm Combined Boys 3000m	
7:00 PM	#17 Boys U 13 - 3000 Metre Run	Final
	#18 Boys U 14 - 3000 Metre Run	Final
	#19 Boys U 15 - 3000 Metre Run	Final
	#20 Boys U 17 - 3000 Metre Run	Final

Outer West Met Zone Championship 2023**Harold Corr Oval****Session Report**

Session: 2 Friday Field Events

Day 1 - Friday 01/12/2023 - Starts at 05:30 PM

	Event	Round
5:30 PM	#21 Girls U 11 - Long Jump	Final
6:00 PM	#22 Girls U 12 - Javelin (400 Gram)	Final
6:30 PM	#23 Boys U 11 - Long Jump	Final
6:45 PM	#24 Boys U 12 - Javelin (400 Gram)	Final

Session: 3 Saturday Track Events
Day 2 - Saturday 02/12/2023 - Starts at 08:00 AM

	Event	Round
	Not Before 8am	
8:00 AM	#25 Girls U 7 - 500 Metre Run Pack Start	Final
	#26 Boys U 7 - 500 Metre Run Pack Start	Final
	#27 Boys U 8 - 400 Metre Run Pack Start	Final
	#28 Girls U 8 - 400 Metre Run Pack Start	Final
	Final Combined Age 13,14 B,G	
	#29 Girls U 13 - 1500 Metre Run	Final
	#30 Boys U 13 - 1500 Metre Run	Final
	#31 Girls U 14 - 1500 Metre Run	Final
	#32 Boys U 14 - 1500 Metre Run	Final
	Final Combined Age 15,17 B,G	
	#33 Girls U 15 - 1500 Metre Run	Final
	#34 Boys U 15 - 1500 Metre Run	Final
	#35 Girls U 17 - 1500 Metre Run	Final
	#36 Boys U 17 - 1500 Metre Run	Final
	Not Before 9am	
9:00 AM	#37 Girls U 8 - 60 Metre Hurdles (45cm)	Prelims
	#38 Boys U 8 - 60 Metre Hurdles (45cm)	Prelims
	#39 Girls U 9 - 60 Metre Hurdles (45cm)	Prelims
	#40 Boys U 9 - 60 Metre Hurdles (45cm)	Prelims
	#41 Girls U 10 - 60 Metre Hurdles (60cm)	Prelims
	#42 Girls U 8 - 60 Metre Hurdles (45cm)	Final
	#43 Boys U 8 - 60 Metre Hurdles (45cm)	Final
	#44 Girls U 9 - 60 Metre Hurdles (45cm)	Final
	#45 Boys U 9 - 60 Metre Hurdles (45cm)	Final
	#46 Girls U 10 - 60 Metre Hurdles (60cm)	Final
	#47 Boys U 10 - 60 Metre Hurdles (60cm)	Final
	Not Before 10am	
10:00 AM	#48 Girls U 7 - 100 Metre Sprint	Prelims
	#49 Boys U 7 - 100 Metre Sprint	Prelims
	#50 Girls U 13 - 100 Metre Sprint	Prelims
	#51 Boys U 13 - 100 Metre Sprint	Prelims
	#52 Girls U 8 - 100 Metre Sprint	Prelims
	#53 Boys U 8 - 100 Metre Sprint	Prelims
	#54 Girls U 9 - 100 Metre Sprint	Prelims
	#55 Boys U 9 - 100 Metre Sprint	Prelims
	#56 Girls U 10 - 100 Metre Sprint	Prelims
	Not Before 11am	
11:01 AM	#57 Boys U 10 - 100 Metre Sprint	Prelims
	#58 Girls U 11 - 100 Metre Sprint	Prelims
	#59 Boys U 11 - 100 Metre Sprint	Prelims
	#60 Boys U 17 - 100 Metre Sprint	Prelims
	#61 Boys U 12 - 100 Metre Sprint	Prelims
	#62 Girls U 7 - 50 Metre Sprint	Prelims
	#63 Boys U 7 - 50 Metre Sprint	Prelims

	#64	Girls U 13 - 400 Metre Sprint	Final
	#65	Boys U 13 - 400 Metre Sprint	Final
	#66	Girls U 14 - 400 Metre Sprint	Final
	#67	Boys U 14 - 400 Metre Sprint	Final
	#68	Girls U 15 - 400 Metre Sprint	Final
	#69	Boys U 15 - 400 Metre Sprint	Final

Not Before 12pm

12:01 PM	#70	Girls U 17 - 400 Metre Sprint	Final
	#71	Boys U 17 - 400 Metre Sprint	Final
	#72	Girls U 9 - 400 Metre Sprint	Final
	#73	Boys U 9 - 400 Metre Sprint	Final
	#74	Girls U 10 - 400 Metre Sprint	Final
	#75	Boys U 10 - 400 Metre Sprint	Final
	#76	Girls U 11 - 400 Metre Sprint	Final
	#77	Boys U 11 - 400 Metre Sprint	Final
	#78	Girls U 12 - 400 Metre Sprint	Final
	#79	Boys U 12 - 400 Metre Sprint	Final

LUNCH BREAK

Not Before 1:10pm

1:10 PM	#80	Girls U 7 - 100 Metre Sprint	Final
	#81	Boys U 7 - 100 Metre Sprint	Final
	#82	Girls U 13 - 100 Metre Sprint	Final
	#83	Boys U 13 - 100 Metre Sprint	Final
	#84	Girls U 14 - 100 Metre Sprint	Final
	#85	Boys U 14 - 100 Metre Sprint	Final
	#86	Girls U 15 - 100 Metre Sprint	Final
	#87	Boys U 15 - 100 Metre Sprint	Final
	#88	Girls U 17 - 100 Metre Sprint	Final
	#89	Boys U 17 - 100 Metre Sprint	Final
	#90	Girls U 8 - 100 Metre Sprint	Final
	#91	Boys U 8 - 100 Metre Sprint	Final
	#92	Girls U 9 - 100 Metre Sprint	Final
	#93	Boys U 9 - 100 Metre Sprint	Final
	#94	Girls U 10 - 100 Metre Sprint	Final
	#95	Boys U 10 - 100 Metre Sprint	Final
	#96	Girls U 11 - 100 Metre Sprint	Final
	#97	Boys U 11 - 100 Metre Sprint	Final
	#98	Girls U 12 - 100 Metre Sprint	Final
	#99	Boys U 12 - 100 Metre Sprint	Final
	#100	Girls U 7 - 50 Metre Sprint	Final
	#101	Boys U 7 - 50 Metre Sprint	Final

Outer West Met Zone Championship 2023**Harold Corr Oval****Session Report**

Session: 4 Saturday Field Events

Day 2 - Saturday 02/12/2023 - Starts at 08:00 AM

Event	Round
8:00 AM #102 Girls U 9 - High Jump (S/H 0.80m)	Final
9:15 AM #103 Girls U 15 - High Jump (S/H 1.20m)	Final
9:15 AM #104 Girls U 17 - High Jump (S/H 1.25m)	Final
10:00 AM #105 Boys U 10 - High Jump (S/H 0.95m)	Final
11:15 AM #106 Girls U 13 - High Jump (S/H 1.15m)	Final
12:30 PM #107 Girls U 11 - High Jump (S/H 1.00m)	Final
1:45 PM #108 Girls U 12 - High Jump (S/H 1.10m)	Final
2:45 PM #109 Boys U 14 - High Jump (S/H 1.25m)	Final
LJ1	
8:00 AM #110 Boys U 15 - Long Jump	Final
LJ2	
8:00 AM #111 Girls U 14 - Long Jump	Final
LJ1	
9:00 AM #112 Girls U 11 - Triple Jump	Final
LJ2	
9:00 AM #113 Girls U 10 - Long Jump	Final
LJ1	
10:00 AM #114 Girls U 12 - Triple Jump	Final
LJ2	
10:30 AM #115 Boys U 9 - Long Jump	Final
LJ1	
11:00 AM #116 Boys U 17 - Long Jump	Final
LJ2	
12:00 PM #117 Boys U 14 - Triple Jump	Final
LJ1	
12:00 PM #118 Girls U 8 - Long Jump	Final
LJ2	
1:00 PM #119 Boys U 12 - Long Jump	Final
LJ1	
1:15 PM #120 Boys U 13 - Triple Jump	Final
LJ2	
2:00 PM #121 Boys U 8 - Long Jump	Final
LJ1 Combined 15 & 17	
2:00 PM #122 Girls U 15 - Triple Jump	Final
LJ1 Combined 15 & 17	
2:00 PM #123 Girls U 17 - Triple Jump	Final
LJ2	
3:00 PM #124 Girls U 13 - Long Jump	Final
Discus 1	
8:00 AM #125 Boys U 9 - Discus (500 Gram)	Final
Discus 2	
8:00 AM #126 Boys U 14 - Discus (1.0 Kg)	Final
Discus 1	
9:30 AM #127 Girls U 8 - Discus (500 Gram)	Final
Discus 2	
9:30 AM #128 Boys U 12 - Discus (750 Gram)	Final
Discus 1	

Outer West Met Zone Championship 2023**Harold Corr Oval****Session Report**

Session: 4 Saturday Field Events

Day 2 - Saturday 02/12/2023 - Starts at 08:00 AM

	Event	Round
10:30 AM	#129 Girls U 10 - Discus (500 Gram) Discus 2	Final
10:30 AM	#130 Boys U 7 - Discus (350 Gram) Discus 1	Final
12:30 PM	#131 Girls U 17 - Discus (1.0 Kg) Discus 2	Final
12:30 PM	#132 Girls U 15 - Discus (1.0 Kg) Discus 1	Final
1:30 PM	#133 Boys U 11 - Discus 500 Gram) Discus 2	Final
2:15 PM	#134 Boys U 13 - Discus (750 Gram) Shot 1	Final
8:00 AM	#135 Boys U 17 - Shot Put (5.0 Kg) Shot 2	Final
8:00 AM	#136 Girls U 11 - Shot Put (2.0 Kg) Shot 1	Final
9:00 AM	#137 Girls U 9 - Shot Put (2.0 Kg) Shot 2	Final
9:00 AM	#138 Girls U 7 - Shot Put (1.0 Kg) Shot 1	Final
10:00 AM	#139 Boys U 15 - Shot Put (4.0 Kg) Shot 2	Final
10:00 AM	#140 Girls U 13 - Shot Put (3.0 Kg) Shot 1	Final
11:00 AM	#141 Boys U 10 - Shot Put (2.0 Kg) Shot 2	Final
11:00 AM	#142 Boys U 8 - Shot Put (1.5 Kg) Shot 1	Final
12:30 PM	#143 Girls U 14 - Shot Put (3.0 Kg) Shot 2	Final
12:30 PM	#144 Girls U 12 - Shot Put (2.0 Kg)	Final
8:00 AM	#145 Boys U 13 - Javelin (600 Gram)	Final
9:00 AM	#146 Girls U 14 - Javelin (400 Gram)	Final
10:30 AM	#147 Boys U 11 - Javelin (400 Gram)	Final
11:30 AM	#148 Boys U 15 - Javelin (700 Gram)	Final
1:00 PM	#149 Boys U 17 - Javelin (700 Gram)	Final

Session: 5 Sunday Track Events
Day 3 - Sunday 03/12/2023 - Starts at 08:00 AM

	Event	Round
	Not Before 8am	
8:00 AM	#150 Girls U 11 - 80 Metre Hurdles (60cm)	Prelims
	#151 Boys U 8 - 700 Metre Run Pack Start	Final
	#152 Girls U 8 - 700 Metre Run Pack Start Combined 1100m	Final
	#153 Girls U 11 - 1100 Metre Walk	Final
	#154 Boys U 11 - 1100 Metre Walk	Final
	#155 Girls U 10 - 1100 Metre Walk	Final
	#156 Boys U 10 - 1100 Metre Walk Combined 700m	Final
	#157 Girls U 9 - 700 Metre Walk	Final
	#158 Boys U 9 - 700 Metre Walk Combined 1500m	Final
	#159 Girls U 12 - 1500 Metre Walk	Final
	#160 Boys U 12 - 1500 Metre Walk	Final
	#161 Girls U 13 - 1500 Metre Walk	Final
	#162 Boys U 13 - 1500 Metre Walk	Final
	#163 Boys U 14 - 1500 Metre Walk	Final
	#164 Girls U 15 - 1500 Metre Walk	Final
	#165 Girls U 17 - 1500 Metre Walk	Final
	#166 Boys U 17 - 1500 Metre Walk	Final
	Not Before 9am	
9:00 AM	#167 Girls U 11 - 80 Metre Hurdles (60cm)	Final
	#168 Boys U 11 - 80 Metre Hurdles (60cm)	Final
	#169 Girls U 12 - 80 Metre Hurdles (68cm)	Final
	#170 Boys U 12 - 80 Metre Hurdles (68cm)	Final
	#171 Girls U 13 - 80 Metre Hurdles (76cm)	Final
	#172 Boys U 13 - 80 Metre Hurdles (76cm)	Final
	#173 Girls U 14 - 80 Metre Hurdles (76cm)	Final
	#174 Boys U 14 - 90 Metre Hurdles (76cm)	Final
	#175 Girls U 15 - 90 Metre Hurdles (76cm)	Final
	#176 Boys U 15 - 100 Metre Hurdles (76cm)	Final
	#177 Girls U 17 - 100 Metre Hurdles (76cm)	Final
	#178 Boys U 17 - 110 Metre Hurdles (76cm)	Final
	Not Before 10am	
10:00 AM	#179 Girls U 10 - 70 Metre Sprint	Prelims
	#180 Boys U 10 - 70 Metre Sprint	Prelims
	#181 Girls U 9 - 70 Metre Sprint	Prelims
	#182 Boys U 9 - 70 Metre Sprint	Prelims
	#183 Girls U 8 - 70 Metre Sprint	Prelims
	#184 Boys U 8 - 70 Metre Sprint	Prelims
	#185 Girls U 7 - 70 Metre Sprint	Prelims
	#186 Boys U 7 - 70 Metre Sprint	Prelims
	#187 Boys U 11 - 200 Metre Sprint	Prelims
	#188 Girls U 12 - 200 Metre Sprint	Prelims

	#189	Boys U 12 - 200 Metre Sprint	Prelims
	#190	Girls U 13 - 200 Metre Sprint	Prelims
	#191	Girls U 10 - 200 Metre Sprint	Prelims
		Not Before 11am	
11:00 AM	#192	Boys U 10 - 200 Metre Sprint	Prelims
	#193	Girls U 9 - 200 Metre Sprint	Prelims
	#194	Boys U 9 - 200 Metre Sprint	Prelims
	#195	Girls U 8 - 200 Metre Sprint	Prelims
	#196	Boys U 8 - 200 Metre Sprint	Prelims
	#197	Girls U 7 - 200 Metre Sprint	Prelims
	#198	Boys U 7 - 200 Metre Sprint	Prelims
	#199	Girls U 17 - 200 Metre Sprint	Prelims
	#200	Boys U 17 - 200 Metre Sprint	Prelims
		LUNCH BREAK	
		Not Before 1230pm	
12:30 PM	#201	Girls U 10 - 70 Metre Sprint	Final
	#202	Boys U 10 - 70 Metre Sprint	Final
	#203	Girls U 9 - 70 Metre Sprint	Final
	#204	Boys U 9 - 70 Metre Sprint	Final
	#205	Girls U 8 - 70 Metre Sprint	Final
	#206	Boys U 8 - 70 Metre Sprint	Final
	#207	Girls U 7 - 70 Metre Sprint	Final
	#208	Boys U 7 - 70 Metre Sprint	Final
		Not Before 1pm	
1:00 PM	#209	Girls U 11 - 800 Metre Run	Final
	#210	Boys U 11 - 800 Metre Run	Final
	#211	Girls U 12 - 800 Metre Run	Final
	#212	Boys U 12 - 800 Metre Run	Final
	#213	Girls U 13 - 800 Metre Run	Final
	#214	Boys U 13 - 800 Metre Run	Final
	#215	Girls U 14 - 800 Metre Run	Final
	#216	Boys U 14 - 800 Metre Run	Final
	#217	Girls U 15 - 800 Metre Run	Final
	#218	Boys U 15 - 800 Metre Run	Final
	#219	Girls U 17 - 800 Metre Run	Final
	#220	Boys U 17 - 800 Metre Run	Final
	#221	Girls U 10 - 800 Metre Run	Final
	#222	Boys U 10 - 800 Metre Run	Final
	#223	Girls U 9 - 800 Metre Run	Final
	#224	Boys U 9 - 800 Metre Run	Final
		Not Before 2:00pm	
2:00 PM	#225	Girls U 8 - 200 Metre Sprint	Final
	#226	Boys U 8 - 200 Metre Sprint	Final
	#227	Girls U 7 - 200 Metre Sprint	Final
	#228	Boys U 7 - 200 Metre Sprint	Final
	#248	Girls U 11 - 200 Metre Sprint	Final
	#229	Boys U 11 - 200 Metre Sprint	Final
	#230	Girls U 12 - 200 Metre Sprint	Final
	#231	Boys U 12 - 200 Metre Sprint	Final

	#232	Girls U 13 - 200 Metre Sprint	Final
	#233	Boys U 13 - 200 Metre Sprint	Final
	#234	Girls U 14 - 200 Metre Sprint	Final
	#235	Boys U 14 - 200 Metre Sprint	Final
	#236	Girls U 15 - 200 Metre Sprint	Final
	#237	Boys U 15 - 200 Metre Sprint	Final
	#238	Girls U 17 - 200 Metre Sprint	Final
	#239	Boys U 17 - 200 Metre Sprint	Final
	#240	Girls U 10 - 200 Metre Sprint	Final
	#241	Boys U 10 - 200 Metre Sprint	Final
	#242	Girls U 9 - 200 Metre Sprint	Final
	#243	Boys U 9 - 200 Metre Sprint	Final
		Not before 315pm	
3:15 PM	#244	Girls U 12-17 4x100 Metre Relay (Snr)	Final
	#245	Boys U 12-17 4x100 Metre Relay (Snr)	Final
	#246	Girls U 9-12 4x100 Metre Relay (Jnr)	Final
	#247	Boys U 9-12 4x100 Metre Relay (Jnr)	Final

Outer West Met Zone Championship 2023**Harold Corr Oval****Session Report**

Session: 6 Sunday Field Events

Day 3 - Sunday 03/12/2023 - Starts at 08:00 AM

	Event	Round
	LJ1	
8:00 AM	#248 Boys U 14 - Long Jump	Final
	LJ2	
8:00 AM	#249 Girls U 15 - Long Jump	Final
	LJ1	
9:00 AM	#250 Boys U 10 - Long Jump	Final
	LJ2	
9:00 AM	#251 Girls U 12 - Long Jump	Final
	LJ1	
10:15 AM	#252 Boys U 17 - Triple Jump	Final
	LJ2	
10:15 AM	#253 Boys U 11 - Triple Jump	Final
	LJ1	
11:15 AM	#254 Girls U 9 - Long Jump	Final
	LJ2	
11:30 AM	#255 Boys U 13 - Long Jump	Final
	LJ1	
1:00 PM	#256 Girls U 13 - Triple Jump	Final
	LJ2	
1:00 PM	#257 Girls U 17 - Long Jump	Final
	LJ2	
1:45 PM	#258 Girls U 7 - Long Jump	Final
	LJ1	
2:00 PM	#259 Boys U 15 - Triple Jump	Final
	LJ1	
3:00 PM	#260 Boys U 7 - Long Jump	Final
	LJ2 Combined G14,B12	
3:00 PM	#261 Girls U 14 - Triple Jump	Final
	LJ2 Combined G14,B12	
3:00 PM	#262 Boys U 12 - Triple Jump	Final
	Discus 1	
8:00 AM	#263 Girls U 13 - Discus (750 Gram)	Final
	Discus 2	
8:00 AM	#264 Girls U 14 - Discus (1.0 Kg)	Final
	Discus 1	
9:00 AM	#265 Girls U 7 - Discus (350 Gram)	Final
	Discus 2	
9:00 AM	#266 Girls U 11 - Discus (500 Gram)	Final
	Discus 1	
10:00 AM	#267 Boys U 8 - Discus (500 Gram)	Final
	Discus 2	
10:00 AM	#268 Girls U 9 - Discus (500 Gram)	Final
	Discus 1	
11:15 AM	#269 Boys U 10 - Discus (500 Gram)	Final
	Discus 2	
11:15 AM	#270 Girls U 12 - Discus (750 Gram)	Final
	Discus 1	

Outer West Met Zone Championship 2023**Harold Corr Oval****Session Report**

Session: 6 Sunday Field Events

Day 3 - Sunday 03/12/2023 - Starts at 08:00 AM

	Event	Round
12:30 PM	#271 Boys U 17 - Discus (1.5 Kg) Discus 2	Final
12:30 PM	#272 Boys U 15 - Discus (1.0 Kg) Shot 1	Final
8:00 AM	#273 Boys U 13 - Shot Put (3.0 Kg) Shot 2	Final
8:00 AM	#274 Boys U 12 - Shot Put (2.0 Kg) Shot 1	Final
9:00 AM	#275 Girls U 8 - Shot Put (1.5 Kg) Shot 2	Final
9:00 AM	#276 Boys U 7 - Shot Put (1.0 Kg) Shot 1	Final
10:00 AM	#277 Boys U 9 - Shot Put (2.0 Kg) Shot 2	Final
10:00 AM	#278 Girls U 15 - Shot Put (3.0 Kg) Shot 2	Final
11:00 AM	#279 Girls U 17 - Shot Put (3.0 Kg) Shot 1	Final
11:30 AM	#280 Boys U 14 - Shot Put (3.0 Kg) Shot 2	Final
12:30 PM	#281 Girls U 10 - Shot Put (2.0 Kg) Shot 1	Final
12:30 PM	#282 Boys U 11 - Shot Put (2.0 Kg)	Final
8:00 AM	#283 Boys U 9 - High Jump (S/H 0.85m)	Final
9:00 AM	#284 Boys U 15 - High Jump (S/H 1.25m)	Final
10:00 AM	#285 Girls U 10 - High Jump (S/H 0.90m)	Final
11:00 AM	#286 Girls U 14 - High Jump (S/H 1.20m)	Final
12:30 AM	#287 Boys U 12 - High Jump (S/H 1.15m)	Final
1:30 PM	#288 Boys U 17 - High Jump (S/H 1.30m)	Final
2:30 PM	#289 Boys U 11 - High Jump (S/H 1.05m)	Final
3:30 PM	#290 Boys U 13 - High Jump (S/H 1.20m)	Final
8:00 AM	#291 Girls U 17 - Javelin (500 Gram)	Final
9:00 AM	#292 Girls U 15 - Javelin (500 Gram)	Final
10:00 AM	#293 Boys U 14 - Javelin (600 Gram)	Final
11:00 AM	#294 Girls U 13 - Javelin (400 Gram)	Final
12:30 PM	#295 Girls U 11 - Javelin (400 Gram)	Final

Outer West Met Zone Championship 2023

Harold Corr Oval

Meet Program

Event 1 Girls U 13 - 200 Metre Hurdles (68cm) (6)

Zone: 31.35 2007 G MARSHALL

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	26435 Keiley Dowds		Colyton St Clair	_____
2	31425 Elousie Murray		Emu Plains	_____
3	31700 Ava Ilijeski		Emu Plains	_____
4	31405 Mia Magnoli		Emu Plains	_____
5	18616 Chloe Griffiths		Penrith	_____
6	31620 Katherine Raniga		Emu Plains	_____

Event 2 Boys U 13 - 200 Metre Hurdles (68cm) (1)

Zone: 27.45 2013 S MUNAWEERA

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	31322 Oliver Gregorace		Emu Plains	_____
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Event 3 Girls U 14 - 200 Metre Hurdles (76cm) (4)

Zone: 30.25 1997 R JUNOR

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	31691 Lilly Brown		Emu Plains	_____
2	31605 Krystal Trigg		Emu Plains	_____
3	38758 Chelsea Attwill		Werrington	_____
4	5457 Laylah Golden		Werrington	_____

Event 4 Boys U 14 - 200 Metre Hurdles (76cm) (7)

Zone: 28.15 1997 A SCHEFE

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	38768 Preston Clarke		Werrington	_____
2	26462 Diesel Speeding		Colyton St Clair	_____
3	31468 Jaxson Willmington		Emu Plains	_____
4	5425 Liam McSweeney		Werrington	_____
5	31670 William Jones		Emu Plains	_____
6	26252 Brody Watson		Colyton St Clair	_____
7	18639 Brayden Kelly		Penrith	_____

Event 5 Girls U 15 - 300 Metre Hurdles (76cm) (2)

Zone: 49.62 07/12/2018 Keeli Brown

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	18590 Charlotte Bradshaw		Penrith	_____
2	31567 Ayla Kandemir		Emu Plains	_____

Event 6 Boys U 15 - 300 Metre Hurdles (76cm) (2)

Zone: 46.10 2017 Toby Hamblin

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	31500 Kael Brown		Emu Plains	_____
2	18514 Thomas Cody		Penrith	_____

Event 7 Girls U 17 - 300 Metre Hurdles (76cm) (2)

Zone: 48.16 07/12/2018 Sundance Fuller

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	31403 Savannah Carter		Emu Plains	_____
2	18505 Sophie McPherson		Penrith	_____

Event 8 Boys U 17 - 300 Metre Hurdles (76cm) (4)

Zone: 43.96 07/12/2018 Toby Hamblin

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	31675 Matthew Willetts		Emu Plains	_____
2	5462 Cooper Levy		Werrington	_____
3	31707 Cooper Crane		Emu Plains	_____
4	5320 Lowndes Motler		Werrington	_____

Event 9 Girls U 11 - 1500 Metre Run (6)

Zone: 5:15.50 1985 J MARTIN

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	18522 Alanna Thornton		Penrith	_____
2	31486 Lucy Tindall		Emu Plains	_____
3	18386 Emily Rogers		Penrith	_____
4	31618 Eva Hetherington		Emu Plains	_____
5	10814 Mia Olds		Colyton St Clair	_____
6	5353 Laci Roman		Werrington	_____

Event 10 Boys U 11 - 1500 Metre Run (4)

Zone: 5:05.90 1991 R SCHEMP

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	18285 Blake Miller		Penrith	_____
2	26373 Ethan Wood		Colyton St Clair	_____
3	18443 Ranuka Koswattage		Penrith	_____
4	31689 Baxter Ristau		Emu Plains	_____

Event 11 Girls U 12 - 1500 Metre Run (8)

Zone: 5:07.10 1990 M HEPWORTH

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	5465 Charlotte Morris		Werrington	_____
2	5240 Emily Payne		Werrington	_____
3	26350 Saige Zammitt		Colyton St Clair	_____
4	18607 Harmoni Hill		Penrith	_____
5	9091 Dana Francis		Nepean	_____
6	5232 Matilda-Holly Marks		Werrington	_____
7	31482 Madison Easterbrook		Emu Plains	_____
8	31682 Amelia Beazley		Emu Plains	_____

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Meet Program

Event 12 Boys U 12 - 1500 Metre Run (3)

Zone: 4:56.90 1985 D McILROY

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	31402 Orlando Pontello		Emu Plains	_____
2	18474 Joshua Jensen		Penrith	_____
3	31478 Peter Bachtis		Emu Plains	_____

Event 14 Girls U 14 - 3000 Metre Run (1)

Zone: 10:33.10 1996 M FRENCH

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	31605 Krystal Trigg		Emu Plains	_____
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Event 15 Girls U 15 - 3000 Metre Run (1)

Zone: 10:15.90 1999 S HARRISON

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	31477 Tia Bachtis		Emu Plains	_____
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Event 16 Girls U 17 - 3000 Metre Run (2)

Zone: 11:17.33 2014 J TIBBETT

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	9071 Jessey Bektas		Nepean	_____
2	31454 Mabel Dukes		Emu Plains	_____

Event 17 Boys U 13 - 3000 Metre Run (3)

Zone: 10:10.65 04/12/2022 Ellis Haydon

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	9068 Jordan Jara		Nepean	_____
2	31322 Oliver Gregorace		Emu Plains	_____
3	8875 Noah Vella		Nepean	_____

Event 18 Boys U 14 - 3000 Metre Run (2)

Zone: 10:02.35 2017 Andrew Laycock

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	5373 Michael Zappala		Werrington	_____
2	5461 Owen Levy		Werrington	_____

Event 19 Boys U 15 - 3000 Metre Run (1)

Zone: 9:31.84 07/12/2018 Andrew Laycock

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	5354 Kai Roman		Werrington	_____
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Event 20 Boys U 17 - 3000 Metre Run (2)

Zone: 9:15.25 29/11/2019 Daniel Kelly

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	5420 Josh Reed		Werrington	_____
2	26343 Bayley White		Colyton St Clair	_____

Event 21 Girls U 11 - Long Jump (14)

Zone: 4.45m 1990 R MOSSMAN

Pos	Name	Age	Centre	Seed Mark
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Flight 1 of 1 Final

1	18371 Briar Auva'a		Penrith	_____
2	31422 Harper Egglestone		Emu Plains	_____
3	31533 Ava Young		Emu Plains	_____
5	5355 Lily Aldred		Werrington	_____
6	18343 Mavie Aris		Penrith	_____
7	31694 Marguerite Toohey		Emu Plains	_____
8	31635 Felicity Sutton		Emu Plains	_____
9	9025 Kaitlyn Downes		Nepean	_____
10	9084 Alana Keil		Nepean	_____
11	8898 Wylear Morgan-Thomas		Nepean	_____
12	26471 Matilda Watts		Colyton St Clair	_____
13	9128 Skye Lawn		Nepean	_____
15	9008 Alexis Allen		Nepean	_____
16	5246 Hannah Garrard		Werrington	_____

Event 22 Girls U 12 - Javelin (400 Gram) (5)

Zone: 27.42m 2016 A LEVY

Pos	Name	Age	Centre	Seed Mark
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Flight 1 of 1 Final

1	5252 Lily Pattison		Werrington	_____
2	5465 Charlotte Morris		Werrington	_____
3	18513 Havana Pagnamenta		Penrith	_____
4	31367 Chelsea Hardacre		Emu Plains	_____
5	31482 Madison Easterbrook		Emu Plains	_____

Event 23 Boys U 11 - Long Jump (12)

Zone: 4.87m 1996 P TONER

Pos	Name	Age	Centre	Seed Mark
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Flight 1 of 1 Final

1	10819 Tyler McSharry		Colyton St Clair	_____
2	9028 Praise Egbufor		Nepean	_____
3	18631 Finn Robinson		Penrith	_____
4	18450 Noah Harvey		Penrith	_____
5	5369 Harry Alexander		Werrington	_____
6	31431 Levi Holden		Emu Plains	_____
7	26289 Declan Thomas		Colyton St Clair	_____
8	31720 Zachary Trigg		Emu Plains	_____
9	5235 Chase Walker		Werrington	_____
10	26373 Ethan Wood		Colyton St Clair	_____
11	18588 Koen Beale		Penrith	_____
12	5405 Braxton Colburn		Werrington	_____

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Event 24 Boys U 12 - Javelin (400 Gram) (9)

Zone: 30.60m 2017 Toby Camilleri			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	10820 Aghshaan Muraledaran	Colyton St Clair	_____
2	18289 Caleb Kennedy	Penrith	_____
3	5438 Maximilianvs De Vita	Werrington	_____
4	16569 Noah Goncalves	Cranebrook	_____
5	42607 Wyatt Sielicki	Nepean	_____
6	8946 Owen Sulsters	Nepean	_____
7	18586 Clayton Gregory	Penrith	_____
8	42604 Zachary Ryan	Nepean	_____
9	8870 Preston Swann	Nepean	_____

Event 25 Girls U 7 - 500 Metre Run Pack Start (12)

Zone: 1:54.00 1997 S.GUNN			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	31561 Adriana Martin	Emu Plains	_____
2	18446 Millie Planer	Penrith	_____
3	18587 Kyah Beale	Penrith	_____
4	956 Selena Sawaszenko	Cranebrook	_____
5	31562 Arianna Martin	Emu Plains	_____
6	8996 Zoe Forth	Nepean	_____
7	31394 Lucy Cairns	Emu Plains	_____
8	16521 Summer Lewis	Cranebrook	_____
9	9004 Ava Kanmaz	Nepean	_____
10	31721 Penelope Peachy	Emu Plains	_____
11	18557 Ariana Tantalos	Penrith	_____
12	5266 Georgia Irwin	Werrington	_____

Event 26 Boys U 7 - 500 Metre Run Pack Start (8)

Zone: 1:49.09 07/12/2018 Beau Argæt			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	26392 Spencer Robinson	Colyton St Clair	_____
2	9037 Jakai Leslie	Nepean	_____
3	38760 Lucas Ashman	Werrington	_____
4	38771 Harrison Jory	Werrington	_____
5	39001 Asher Vella	Cranebrook	_____
6	31388 Liam Collimore	Emu Plains	_____
7	8905 Ignatius Ireton	Nepean	_____
8	18441 Senuka Amarasena	Penrith	_____

Event 27 Boys U 8 - 400 Metre Run Pack Start (9)

Zone: 1:20.53 29/01/2022 William Treharne			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	38773 Austin Mccarron	Werrington	_____
2	5398 Hayden Formosa	Werrington	_____
3	31619 Samuel Raniga	Emu Plains	_____
4	26266 Joel Mabbs	Colyton St Clair	_____
5	16520 Dallas Lewis	Cranebrook	_____
6	8951 Riley King	Nepean	_____
7	16653 George French	Cranebrook	_____
8	5414 Jamie Saliba	Werrington	_____
9	18507 Dexter Kelly	Penrith	_____

Event 27 Girls U 15 - 100 Metre Sprint (5)

Zone: 12.84 2017 Claire Meyers			
Lane	Name	Age Centre	Seed Time
Heat 1 of 1 Prelims			
1	9023 Taylah Conway	Werrington	_____
2	31567 Ayla Kandemir	Emu Plains	_____
3	16504 Amelia Griggs	Cranebrook	_____
4	26394 Aliye Dalkiline	Colyton St Clair	_____
5	18590 Charlotte Bradshaw	Penrith	_____

Event 28 Girls U 8 - 400 Metre Run Pack Start (8)

Zone: 1:21.60 03/12/2022 Miracle Egbufor			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	8982 Holly Mitchell	Nepean	_____
2	16649 Charlotte Haworth	Cranebrook	_____
3	16542 Amaya Matakatea-Will	Cranebrook	_____
4	8889 Ivy-Rose Christie	Nepean	_____
5	5255 Avarni Palu-Luka	Werrington	_____
6	18399 Maxwell Bale	Penrith	_____
7	16613 Moana Owens	Cranebrook	_____
8	26315 Cadence Miles	Colyton St Clair	_____

Event 29 Girls U 13 - 1500 Metre Run (3)

Zone: 4:52.20 1999 S HARRISON			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	31423 Bonnie Clark	Emu Plains	_____
2	5464 Phoebe Morris	Werrington	_____
3	26253 Georgia Watson	Colyton St Clair	_____

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Meet Program

Event 29 Girls U 17 - 100 Metre Sprint (7)

Zone: 12.49 2017 Monique Quirk			
Lane	Name	Age Centre	Seed Time
Heat 1 of 1 Prelims			
1	31674 Nekea Talaia	Emu Plains	_____
2	9070 Abbey Bektas	Nepean	_____
3	5228 Breana Steele	Werrington	_____
4	31432 Ainsley Giampietro	Emu Plains	_____
5	9071 Jessey Bektas	Nepean	_____
6	26275 Adriana Borg	Colyton St Clair	_____
7	5236 Lilli Kandel	Werrington	_____

Event 30 Boys U 13 - 1500 Metre Run (4)

Zone: 4:45.01 30/11/2019 Will Haydon			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	9068 Jordan Jara	Nepean	_____
2	8875 Noah Vella	Nepean	_____
3	31461 Kade Wallington	Emu Plains	_____
4	31322 Oliver Gregorace	Emu Plains	_____

Event 31 Girls U 14 - 1500 Metre Run (2)

Zone: 4:52.40 1996 M FRENCH			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	31605 Krystal Trigg	Emu Plains	_____
2	5347 Hannah Loxley	Werrington	_____

Event 32 Boys U 14 - 1500 Metre Run (3)

Zone: 4:39.99 2017 Luke Boyes			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	5461 Owen Levy	Werrington	_____
2	5373 Michael Zappala	Werrington	_____
3	26365 Ryan Sciberras	Colyton St Clair	_____

Event 33 Girls U 15 - 1500 Metre Run (1)

Zone: 4:50.40 1996 K FIELD			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	31477 Tia Bachtis	Emu Plains	_____

Event 34 Boys U 15 - 1500 Metre Run (3)

Zone: 4:30.40 2001 J MILBURN			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	5354 Kai Roman	Werrington	_____
2	18523 Jai Thornton	Penrith	_____
3	31416 Archie King	Emu Plains	_____

Event 35 Girls U 17 - 1500 Metre Run (1)

Zone: 5:13.57 2015 S STEELE			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	31454 Mabel Dukes	Emu Plains	_____

Event 36 Boys U 17 - 1500 Metre Run (3)

Zone: 4:24.40 2012 D KEENE			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	5420 Josh Reed	Werrington	_____
2	26343 Bayley White	Colyton St Clair	_____
3	5462 Cooper Levy	Werrington	_____

Event 37 Girls U 8 - 60 Metre Hurdles (45cm) (13)

Zone: 11.45 1996 B SMITH			
Lane	Name	Age Centre	Seed Time
Heat 1 of 2 Prelims			
1	16516 Lucy Sztelma	Cranebrook	_____
2	18399 Maxwell Bale	Penrith	_____
3	8923 Taylah Milosev	Nepean	_____
4	16649 Charlotte Haworth	Cranebrook	_____
5	5255 Avarni Palu-Luka	Werrington	_____
6	31557 Charlotte Flemming	Emu Plains	_____
7	18324 Charlotte Morris	Penrith	_____

Heat 2 of 2 Prelims

1	31414 Ava Kean	Emu Plains	_____
2	26287 Evelyn Lilly Callus	Colyton St Clair	_____
3	42599 Mariah Spillane	Nepean	_____
4	8895 Hennessy Thomas	Nepean	_____
5	16603 Emmi Munro	Cranebrook	_____
6	31413 Charlotte Simpson	Emu Plains	_____

Event 38 Boys U 8 - 60 Metre Hurdles (45cm) (22)

Zone: 11.35 1997 M CAHALANE			
Lane	Name	Age Centre	Seed Time
Heat 1 of 3 Prelims			
1	26312 Nixon Heron	Colyton St Clair	_____
2	8953 Harrison Fisher	Nepean	_____
3	8970 Justin Richards	Nepean	_____
4	31581 Ari Laffan	Emu Plains	_____
5	16653 George French	Cranebrook	_____
6	5275 Zac Farrugia	Werrington	_____
7	18507 Dexter Kelly	Penrith	_____
8	31397 Archer Tonacia	Emu Plains	_____

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Heat 2 of 3 Prelims...(Event 38 Boys U 8 - 60 Metre Hurdles (45cm) (2

1	5274 Nate Farrugia	Werrington	_____
2	5245 Lucas Garrard	Werrington	_____
3	26321 Rowan Willis	Colyton St Clair	_____
4	18476 Kenny Josio	Penrith	_____
5	26311 Chase Heron	Colyton St Clair	_____
6	5414 Jamie Saliba	Werrington	_____
7	26269 Noah Smith	Colyton St Clair	_____

Heat 3 of 3 Prelims

1	18302 Dalton Percival	Penrith	_____
2	8987 Peyton Arecco	Nepean	_____
3	5262 Michael Matthias	Werrington	_____
4	9104 Sidney Jarman	Nepean	_____
5	16520 Dallas Lewis	Cranebrook	_____
6	26266 Joel Mabbs	Colyton St Clair	_____
7	8927 Arthur Forth	Nepean	_____

Event 39 Girls U 9 - 60 Metre Hurdles (45cm) (16)

Zone: 11.15 1997 E JUNIOR

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Prelims

1	31492 Olivia Hayek	Emu Plains	_____
2	5251 Aniva Malaeculu	Werrington	_____
3	18405 Reagan Mackie	Penrith	_____
4	31406 Mia Egglestone	Emu Plains	_____
5	8880 Mia Hagan	Nepean	_____
6	31409 Madelyn Murray	Emu Plains	_____
7	18356 Eleanna Papadimas	Penrith	_____
8	9075 Jayde Thompson	Nepean	_____

Heat 2 of 2 Prelims

1	5453 Keziah Lui Key	Werrington	_____
2	31595 Evaloni Fekitoa	Emu Plains	_____
3	18325 Ivory-Lee Mitchell	Penrith	_____
4	18342 Pippa Aris	Penrith	_____
5	18492 Mackenzie Hanson	Penrith	_____
6	31404 Ruby Magnoli	Emu Plains	_____
7	31319 Willow Hewett	Emu Plains	_____
8	18415 Maddison Carter	Penrith	_____

Event 40 Boys U 9 - 60 Metre Hurdles (45cm) (15)

Zone: 10.45 1999 Z SPERBER

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Prelims

1	5318 Sami Bol	Werrington	_____
2	8921 Ashton Salter	Nepean	_____
3	26374 Nixon Bell	Colyton St Clair	_____
4	8952 Noah King	Nepean	_____
5	16537 Bailey Fitzgerald	Cranebrook	_____
6	39007 Madden Vella	Cranebrook	_____
7	26274 Lucas Borg	Colyton St Clair	_____

Heat 2 of 2 Prelims

1	5298 Logan Devereux	Werrington	_____
2	18311 Jacob Kurniadi	Penrith	_____
3	5271 Kaleb Wright	Werrington	_____
4	31512 Leon Broome	Emu Plains	_____
5	31333 Eli Coburn	Emu Plains	_____
6	38795 Jireh-Pita Pilia'e-Rasab	Werrington	_____
7	31421 Henry Cairns	Emu Plains	_____
8	31636 Harrison Sutton	Emu Plains	_____

Event 41 Girls U 10 - 60 Metre Hurdles (60cm) (17)

Zone: 11.26 2014 A LEVY

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 3 Prelims

1	9059 Jazmine Zarglis	Nepean	_____
2	9073 Alueth Majak	Nepean	_____
3	18564 Liana Alderson	Penrith	_____
4	8937 Maria Nordsvan-McLea	Nepean	_____
5	5435 Sahara McGaughey	Werrington	_____
6	9090 Charlotte Donlan	Nepean	_____

Heat 2 of 3 Prelims

1	5247 Vivienne Pola	Werrington	_____
2	31558 Summer Flemming	Emu Plains	_____
3	5458 Tiannah Hickson	Werrington	_____
4	26372 Aleigha Regan	Colyton St Clair	_____
5	16517 Emily Sztelma	Cranebrook	_____
6	18296 Airlie Howard	Penrith	_____

Heat 3 of 3 Prelims

1	5319 Salwa Bol	Werrington	_____
2	9098 Nicole Rich	Nepean	_____
3	8950 Hailey Pehr	Nepean	_____
4	38753 Klarity Talivaa	Werrington	_____
5	5396 Mannat Kaur Gill	Werrington	_____

Event 47 Boys U 10 - 60 Metre Hurdles (60cm) (7)

Zone: 10.45 1997 C RUDDOCK

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	31593 Lawson Brown	Emu Plains	_____
2	5432 Brady Henricksen	Werrington	_____
3	8928 Harrison Forth	Nepean	_____
4	5406 Abdulsalam Ogunwoolu	Werrington	_____
5	26463 Axel Speeding	Colyton St Clair	_____
6	31427 William Edwards	Emu Plains	_____
7	9067 Ashton Campbell	Nepean	_____

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Event 48 Girls U 7 - 100 Metre Sprint (17)

Zone: 16.94 2015 A STAPLETON			
Lane	Name	Age Centre	Seed Time
Heat 1 of 3 Prelims			
1	16521 Summer Lewis	Cranebrook	_____
2	16632 Olivia Enushi Senaratn	Cranebrook	_____
3	16647 Claire King	Cranebrook	_____
4	8996 Zoe Forth	Nepean	_____
5	18463 Charlotte Maynard	Penrith	_____
6	8882 Chloe Barbe	Nepean	_____
Heat 2 of 3 Prelims			
1	18446 Millie Planer	Penrith	_____
2	31728 Lila Hetherington	Emu Plains	_____
3	26243 Aria Hutton	Colyton St Clair	_____
4	994 Scarlett Owens	Cranebrook	_____
5	5248 Felicity Pola	Werrington	_____
6	18633 Noa Robinson	Penrith	_____
Heat 3 of 3 Prelims			
2	31562 Arianna Martin	Emu Plains	_____
3	31561 Adriana Martin	Emu Plains	_____
4	8926 Addison Daly	Nepean	_____
5	31721 Penelope Peachy	Emu Plains	_____
6	31564 Alara Kandemir	Emu Plains	_____

Event 49 Boys U 7 - 100 Metre Sprint (13)

Zone: 16.25 1997 B MEDLIN			
Lane	Name	Age Centre	Seed Time
Heat 1 of 2 Prelims			
1	31327 Liev Kovacevic	Emu Plains	_____
2	8905 Ignatius Ireton	Nepean	_____
3	5370 Lachlan Soe-Lausi'i	Werrington	_____
4	18376 Kai Stewart-Williams	Penrith	_____
5	26392 Spencer Robinson	Colyton St Clair	_____
6	18449 Malaki Ioane	Penrith	_____
Heat 2 of 2 Prelims			
1	26371 Tyler Regan	Colyton St Clair	_____
2	38760 Lucas Ashman	Werrington	_____
3	31388 Liam Collimore	Emu Plains	_____
4	18504 Abhinu Wijayarathna	Penrith	_____
5	38828 Ashton Henricksen	Werrington	_____
6	18441 Senuka Amarasena	Penrith	_____
7	39001 Asher Vella	Cranebrook	_____

Event 50 Girls U 13 - 100 Metre Sprint (16)

Zone: 13.08 2017 Ella Sweeney			
Lane	Name	Age Centre	Seed Time
Heat 1 of 2 Prelims			
1	31441 Hayley Milson	Emu Plains	_____
2	8920 Alysha Bodie	Nepean	_____
3	8980 Zoe Mitchell	Nepean	_____
4	31546 Taylor Auld	Emu Plains	_____
5	31398 Summer Amituanai	Emu Plains	_____
6	16587 Sarah Galea	Cranebrook	_____
7	31700 Ava Ilijeski	Emu Plains	_____
8	31704 Alexis Rowan	Emu Plains	_____
Heat 2 of 2 Prelims			
1	38772 Ella Long	Werrington	_____
2	31479 Effy Bachtis	Emu Plains	_____
3	26404 Taya Brewer	Colyton St Clair	_____
4	5289 Chloe Williams	Werrington	_____
5	8960 Breanna Calford	Nepean	_____
6	9117 Aliyah Adjei	Nepean	_____
7	38754 Kimora Talivaa	Werrington	_____
8	31405 Mia Magnoli	Emu Plains	_____

Event 51 Boys U 13 - 100 Metre Sprint (9)

Zone: 12.35 2013 S MUNAWEERA			
Lane	Name	Age Centre	Seed Time
Heat 1 of 2 Prelims			
1	9129 Aiden Lawn	Nepean	_____
2	5356 Henry McDowell	Werrington	_____
3	18535 Zachary Bateman	Penrith	_____
4	31575 Denzel Odhiambo	Emu Plains	_____
Heat 2 of 2 Prelims			
1	31461 Kade Wallington	Emu Plains	_____
2	5379 Ebosiogwe Ugbomhe	Werrington	_____
3	8947 Liam Sulsters	Nepean	_____
4	31401 Timothy Hammond	Emu Plains	_____
5	18595 Isaac Lemon	Penrith	_____

Event 52 Girls U 8 - 100 Metre Sprint (16)

Zone: 16.25 1996 B SMITH			
Lane	Name	Age Centre	Seed Time
Heat 1 of 2 Prelims			
1	8982 Holly Mitchell	Nepean	_____
2	16603 Emmi Munro	Cranebrook	_____
3	26254 Ruby Watson	Colyton St Clair	_____
4	42600 Charlotte Penning	Nepean	_____
5	16523 Nora Venables	Cranebrook	_____
6	16613 Moana Owens	Cranebrook	_____
7	31598 Charlie Williams	Emu Plains	_____
8	42599 Mariah Spillane	Nepean	_____

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Heat 2 of 2 Prelims...(Event 52 Girls U 8 - 100 Metre Sprint (16))

1	31414 Ava Kean	Emu Plains	_____
2	16555 Naya Boueiri	Cranebrook	_____
3	8895 Hennessy Thomas	Nepean	_____
4	16592 Hazel Nicholls	Cranebrook	_____
5	9001 Olivia Zarglis	Nepean	_____
6	8923 Taylah Milosev	Nepean	_____
7	5408 Harper Stein	Werrington	_____
8	31413 Charlotte Simpson	Emu Plains	_____

Event 53 Boys U 8 - 100 Metre Sprint (23)

Zone:		15.35	1987	PROSE	
Lane	Name	Age	Centre	Seed	Time

Heat 1 of 3 Prelims

1	9138 Raphael Vaifale	Nepean	_____
2	18476 Kenny Josio	Penrith	_____
3	31426 Jett Rastall	Emu Plains	_____
4	8974 Taswik Battu	Nepean	_____
5	26311 Chase Heron	Colyton St Clair	_____
6	16520 Dallas Lewis	Cranebrook	_____
7	31397 Archer Tonacia	Emu Plains	_____
8	18566 Blake Watkins	Penrith	_____

Heat 2 of 3 Prelims

1	5274 Nate Farrugia	Werrington	_____
2	16653 George French	Cranebrook	_____
3	8987 Peyton Arecco	Nepean	_____
4	5230 Raymond Vella	Werrington	_____
5	8896 Silas Thomas	Nepean	_____
6	9104 Sidney Jarman	Nepean	_____
7	26312 Nixon Heron	Colyton St Clair	_____
8	5412 Eli Newman	Werrington	_____

Heat 3 of 3 Prelims

1	5234 Aaron Walker	Werrington	_____
2	26269 Noah Smith	Colyton St Clair	_____
3	5463 Ekambir Singh	Werrington	_____
4	38773 Austin Mccarron	Werrington	_____
5	8953 Harrison Fisher	Nepean	_____
6	8869 Linkon Crosby	Nepean	_____
7	18302 Dalton Percival	Penrith	_____

Event 54 Girls U 9 - 100 Metre Sprint (16)

Zone:		14.75	1985	B PIENING	
Lane	Name	Age	Centre	Seed	Time

Heat 1 of 2 Prelims

1	42614 Nya Wilson	Nepean	_____
2	8897 Ruthie-May Morgan-Th	Nepean	_____
3	31492 Olivia Hayek	Emu Plains	_____
4	5348 Lily Kilgour	Werrington	_____
5	31409 Madelyn Murray	Emu Plains	_____
6	18460 Ava Harvey	Penrith	_____
7	18333 Violet Panopoulos	Penrith	_____
8	8907 Charlotte Furby	Nepean	_____

Heat 2 of 2 Prelims

1	13566 Jeyda Kandemir	Emu Plains	_____
2	8876 Tamanna Chaudhary	Nepean	_____
3	9075 Jayde Thompson	Nepean	_____
4	5267 Charlotte Irwin	Werrington	_____
5	31595 Evaloni Fekitoa	Emu Plains	_____
6	31349 Adalynn Hook	Emu Plains	_____
7	9069 Nora Flynn	Nepean	_____
8	9139 Lily-Davina Campbell	Nepean	_____

Event 55 Boys U 9 - 100 Metre Sprint (18)

Zone:		14.55	1994	A GARRARD	
Lane	Name	Age	Centre	Seed	Time

Heat 1 of 3 Prelims

1	5390 Jonathan Finn	Werrington	_____
2	961 Chase Swift	Cranebrook	_____
3	26262 Tyler Horvath	Colyton St Clair	_____
4	31333 Eli Coburn	Emu Plains	_____
5	39007 Madden Vella	Cranebrook	_____
6	5302 Chase Hodgins	Werrington	_____

Heat 2 of 3 Prelims

1	31352 Saxon Borg	Emu Plains	_____
2	18417 Thomas Fokes	Penrith	_____
3	8921 Ashton Salter	Nepean	_____
4	9032 Arkin Lat	Nepean	_____
5	5318 Sami Bol	Werrington	_____
6	31636 Harrison Sutton	Emu Plains	_____

Heat 3 of 3 Prelims

1	18457 Minon Molligoda	Penrith	_____
2	31535 Cooper Martin	Emu Plains	_____
3	8903 Kai Mihalic	Nepean	_____
4	9105 Edward Jarman	Nepean	_____
5	26388 Kobe Laws	Colyton St Clair	_____
6	31547 Archie Brown	Emu Plains	_____

Event 56 Girls U 10 - 100 Metre Sprint (18)

Zone:		14.25	1986	B PIENING	
Lane	Name	Age	Centre	Seed	Time

Heat 1 of 3 Prelims

1	16593 Chaise Nicholls	Cranebrook	_____
2	18547 Mikayla Pace	Penrith	_____
3	8871 Hannah Parkinson	Nepean	_____
4	26372 Aleigha Regan	Colyton St Clair	_____
5	16658 Isabelle Bourke	Cranebrook	_____
6	9073 Alueth Majak	Nepean	_____

Heat 2 of 3 Prelims

1	5247 Vivienne Pola	Werrington	_____
2	18562 Keira Alderson	Penrith	_____
3	8950 Hailey Pehr	Nepean	_____
4	18536 Isabella Bateman	Penrith	_____
5	18632 Everleigh Robinson	Penrith	_____
6	9140 Amelia Campbell	Nepean	_____

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Heat 3 of 3 Prelims...(Event 56 Girls U 10 - 100 Metre Sprint (18))

1	18396 Sarah Maczek	Penrith	_____
2	18296 Airlie Howard	Penrith	_____
3	9090 Charlotte Donlan	Nepean	_____
4	5319 Salwa Bol	Werrington	_____
5	9036 Adrianna Keil	Nepean	_____
6	38774 Aaliyah Mccarron	Werrington	_____

Event 57 Boys U 10 - 100 Metre Sprint (14)

Zone: 14.05 1985 S SUTTON

Lane	Name	Age Centre	Seed Time
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Heat 1 of 2 Prelims

1	26302 Logan Leathan	Colyton St Clair	_____
2	31427 William Edwards	Emu Plains	_____
3	42603 Aiden Ryan	Nepean	_____
4	9107 Riley Penning	Nepean	_____
5	18475 Ashton Jenson	Penrith	_____
6	16549 Edward Gersteling	Cranebrook	_____
7	16660 Levi Brothers	Cranebrook	_____

Heat 2 of 2 Prelims

1	5406 Abdulsalam Ogunwoolu	Werrington	_____
2	5295 Liam Kintanar	Werrington	_____
3	5432 Brady Henricksen	Werrington	_____
4	26460 Aisake McGoon	Colyton St Clair	_____
5	18542 Aiden Lisso	Penrith	_____
6	5239 Isaac Payne	Werrington	_____
7	8945 Aaron Sulsters	Nepean	_____

Event 58 Girls U 11 - 100 Metre Sprint (10)

Zone: 13.97 08/12/2018 Virginia Cole

Lane	Name	Age Centre	Seed Time
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Heat 1 of 2 Prelims

1	31574 Malia Odhiambo	Emu Plains	_____
2	18371 Briar Auva'a	Penrith	_____
3	10814 Mia Olds	Colyton St Clair	_____
4	18640 Cassidy Kelly	Penrith	_____
5	5355 Lily Aldred	Werrington	_____

Heat 2 of 2 Prelims

1	9084 Alana Keil	Nepean	_____
2	31695 Rosie Chan	Emu Plains	_____
3	18343 Mavie Aris	Penrith	_____
4	31635 Felicity Sutton	Emu Plains	_____
5	9025 Kaitlyn Downes	Nepean	_____

Event 59 Boys U 11 - 100 Metre Sprint (13)

Zone: 13.25 1996 A GARRARD

Lane	Name	Age Centre	Seed Time
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Heat 1 of 2 Prelims

1	8990 Riley Kacarovski	Nepean	_____
2	5427 Damian Beale	Werrington	_____
3	18450 Noah Harvey	Penrith	_____
4	5227 Sebastian Steele	Werrington	_____
5	31685 Jake Farrugia	Emu Plains	_____
6	26289 Declan Thomas	Colyton St Clair	_____

Heat 2 of 2 Prelims

1	5235 Chase Walker	Werrington	_____
2	18631 Finn Robinson	Penrith	_____
3	31420 Alexander Simpson	Emu Plains	_____
4	18334 Saxon Panopoulos	Penrith	_____
5	18588 Koen Beale	Penrith	_____
6	5405 Braxton Colburn	Werrington	_____
7	5468 Jax McAvoy	Werrington	_____

Event 60 Boys U 17 - 100 Metre Sprint (13)

Zone: 11.03 2015 A GALE

Lane	Name	Age Centre	Seed Time
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Heat 1 of 2 Prelims

1	31675 Matthew Willetts	Emu Plains	_____
2	31501 Kian Brown	Emu Plains	_____
3	42615 Athiei Deng	Nepean	_____
4	31715 Maximus Konstantinof	Emu Plains	_____
5	5320 Lowndes Motler	Werrington	_____
6	31707 Cooper Crane	Emu Plains	_____
7	18563 Luke Alderson	Penrith	_____

Heat 2 of 2 Prelims

1	42618 Junior Pita	Nepean	_____
2	26433 Dominic Vecchio	Colyton St Clair	_____
3	18398 Aarush Mittal	Penrith	_____
4	9141 Brayden Davenport	Nepean	_____
5	9131 Isaac Muir-Hanstock	Nepean	_____
6	31712 Caine Crawford	Emu Plains	_____

Event 61 Boys U 12 - 100 Metre Sprint (17)

Zone: 12.95 2012 S MUNAWEERA

Lane	Name	Age Centre	Seed Time
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Heat 1 of 3 Prelims

1	18593 Lachlan Bradshaw	Penrith	_____
2	31559 Harrison Flemming	Emu Plains	_____
3	18406 Caleb Mackie	Penrith	_____
4	5363 Xander Pringle	Werrington	_____
5	18327 Devrim Tenish	Penrith	_____
6	31478 Peter Bachtis	Emu Plains	_____

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Heat 2 of 3 Prelims...(Event 61 Boys U 12 - 100 Metre Sprint (17))

1	18289 Caleb Kennedy	Penrith	_____
2	31661 Isaac Diola	Emu Plains	_____
3	8870 Preston Swann	Nepean	_____
4	9005 Lucas O'Hare	Nepean	_____
5	5407 Mukhtar Ogunwoolu	Werrington	_____
6	10820 Ageshaan Muraledaran	Colyton St Clair	_____

Heat 3 of 3 Prelims

1	18567 Hayden Macaulay	Penrith	_____
2	18295 Loki Howard	Penrith	_____
3	42607 Wyatt Sielicki	Nepean	_____
4	31402 Orlando Pontello	Emu Plains	_____
5	5233 Lucas Walker	Werrington	_____

Event 62 Girls U 7 - 50 Metre Sprint (15)

Zone: 8.65 2007 B SALAWU

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Prelims

1	994 Scarlett Owens	Cranebrook	_____
2	16632 Olivia Enushi Senaratn	Cranebrook	_____
3	5368 Georgia Alexander	Werrington	_____
4	18456 Minuli Molligoda	Penrith	_____
5	18557 Ariana Tantalos	Penrith	_____
6	31481 Isabella Sullivan	Emu Plains	_____
7	16521 Summer Lewis	Cranebrook	_____
8	18633 Noa Robinson	Penrith	_____

Heat 2 of 2 Prelims

1	8926 Addison Daly	Nepean	_____
2	31728 Lila Hetherington	Emu Plains	_____
3	26243 Aria Hutton	Colyton St Clair	_____
4	31564 Alara Kandemir	Emu Plains	_____
5	31603 Abigail McKinnon	Emu Plains	_____
6	5248 Felicity Pola	Werrington	_____
7	8882 Chloe Barbe	Nepean	_____

Event 63 Boys U 7 - 50 Metre Sprint (9)

Zone: 8.41 08/12/2018 Beau Argaut

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Prelims

1	18470 Carter Tidyman	Penrith	_____
2	38828 Ashton Henricksen	Werrington	_____
3	16515 Tyler Hawkings	Cranebrook	_____
4	26323 Noah Kolila Nanai	Colyton St Clair	_____

Heat 2 of 2 Prelims

1	38760 Lucas Ashman	Werrington	_____
2	38808 Elijah Devos	Werrington	_____
3	18504 Abhinu Wijayarathna	Penrith	_____
4	18449 Malaki Ioane	Penrith	_____
5	31327 Liev Kovacevic	Emu Plains	_____

Event 64 Girls U 13 - 400 Metre Sprint (12)

Zone: 1:03.35 1988 C BENNEY

Lane	Name	Age	Centre	Seed Time
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Section 1 of 2 Final

1	38754 Kimora Talivaa		Werrington	_____
2	26404 Taya Brewer		Colyton St Clair	_____
3	5289 Chloe Williams		Werrington	_____
4	18616 Chloe Griffiths		Penrith	_____
5	8980 Zoe Mitchell		Nepean	_____
6	31546 Taylor Auld		Emu Plains	_____

Section 2 of 2 Final

1	31620 Katherine Raniga		Emu Plains	_____
2	31423 Bonnie Clark		Emu Plains	_____
3	16587 Sarah Galea		Cranebrook	_____
4	9117 Aliyah Adjei		Nepean	_____
5	5464 Phoebe Morris		Werrington	_____
6	26253 Georgia Watson		Colyton St Clair	_____

Event 65 Boys U 13 - 400 Metre Sprint (7)

Zone: 58.15 1996 P HARDING

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	31461 Kade Wallington		Emu Plains	_____
2	18535 Zachary Bateman		Penrith	_____
3	9129 Aiden Lawn		Nepean	_____
4	31401 Timothy Hammond		Emu Plains	_____
5	5356 Henry McDowell		Werrington	_____
6	8875 Noah Vella		Nepean	_____
7	31322 Oliver Gregorace		Emu Plains	_____

Event 66 Girls U 14 - 400 Metre Sprint (6)

Zone: 1:02.05 1990 K BENNOIT

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	5347 Hannah Loxley		Werrington	_____
2	39021 Charlotte Harrison		Cranebrook	_____
3	5317 Sophie Kuach		Werrington	_____
4	31691 Lilly Brown		Emu Plains	_____
5	26416 Siena Vecchio		Colyton St Clair	_____
6	31556 Adelaide Grima		Emu Plains	_____

Event 67 Boys U 14 - 400 Metre Sprint (4)

Zone: 53.85 1996 P HARDING

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	5373 Michael Zappala		Werrington	_____
2	973 Owen Cashel		Cranebrook	_____
3	31693 Findlay Toohey		Emu Plains	_____
4	5461 Owen Levy		Werrington	_____

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Event 68 Girls U 15 - 400 Metre Sprint (3)

Zone: 58.55 2015 M QUIRK

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	26394 Aliye Dalkilinc		Colyton St Clair	_____
2	9023 Taylah Conway		Werrington	_____
3	31567 Ayla Kandemir		Emu Plains	_____

Event 69 Boys U 15 - 400 Metre Sprint (4)

Zone: 52.75 2001 J MILBURN

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	31500 Kael Brown		Emu Plains	_____
2	38762 Arthma Jhamat		Werrington	_____
3	5344 Xavier Piper		Werrington	_____
4	5378 Epeosi Ugbonmhe		Werrington	_____

Event 70 Girls U 17 - 400 Metre Sprint (8)

Zone: 1:02.75 2012 H STEWART

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	38766 Brianna Atkins		Werrington	_____
2	31674 Nekea Talaia		Emu Plains	_____
3	5278 Layla Sharp		Werrington	_____
4	18448 Krystal Burrows		Penrith	_____
5	5236 Lilli Kandel		Werrington	_____
6	31454 Mabel Dukes		Emu Plains	_____
7	9130 Kirsty Battye		Nepean	_____
8	31432 Ainsley Giampietro		Emu Plains	_____

Event 71 Boys U 17 - 400 Metre Sprint (7)

Zone: 52.45 2015 D MIZZI

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	26343 Bayley White		Colyton St Clair	_____
2	18444 Sanuka Koswattage		Penrith	_____
3	42618 Junior Pita		Nepean	_____
4	31715 Maximus Konstantinof		Emu Plains	_____
5	18563 Luke Alderson		Penrith	_____
6	42615 Athiei Deng		Nepean	_____
7	18398 Aarush Mittal		Penrith	_____

Event 72 Girls U 9 - 400 Metre Sprint (13)

Zone: 1:13.95 1985 B PIENING

Lane	Name	Age	Centre	Seed Time
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Section 1 of 2 Final

1	8973 Elena Demetriou		Nepean	_____
2	31395 Ariana Pontello		Emu Plains	_____
3	42614 Nya Wilson		Nepean	_____
4	9139 Lily-Davina Campbell		Nepean	_____
5	8873 Peyton Wassilenko		Nepean	_____
6	18342 Pippa Aris		Penrith	_____
7	31349 Adalynn Hook		Emu Plains	_____

Section 2 of 2 Final

1	31673 Taneeka Talaia		Emu Plains	_____
2	5348 Lily Kilgour		Werrington	_____
3	13566 Jeyda Kandemir		Emu Plains	_____
4	18400 Marlowe Bale		Penrith	_____
5	18415 Maddison Carter		Penrith	_____
6	31319 Willow Hewett		Emu Plains	_____

Event 73 Boys U 9 - 400 Metre Sprint (13)

Zone: 1:09.54 2015 N LANG

Lane	Name	Age	Centre	Seed Time
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Section 1 of 2 Final

1	5298 Logan Devereux		Werrington	_____
2	18387 Oscar Rogers		Penrith	_____
3	31681 Thomas Beazley		Emu Plains	_____
4	8903 Kai Mihalic		Nepean	_____
5	38795 Jireh-Pita Pilia'e-Rasab		Werrington	_____
6	31495 Oliver Copeland		Emu Plains	_____

Section 2 of 2 Final

1	18417 Thomas Fokes		Penrith	_____
2	31372 Ashton Shone		Emu Plains	_____
3	26262 Tyler Horvath		Colyton St Clair	_____
4	31421 Henry Cairns		Emu Plains	_____
5	5271 Kaleb Wright		Werrington	_____
6	18311 Jacob Kurniadi		Penrith	_____
7	9032 Arkin Lat		Nepean	_____

Event 74 Girls U 10 - 400 Metre Sprint (16)

Zone: 1:09.45 1986 S HARRISON

Lane	Name	Age	Centre	Seed Time
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Section 1 of 2 Final

1	18564 Liana Alderson		Penrith	_____
2	16658 Isabelle Bourke		Cranebrook	_____
3	16678 Willow Duggan		Cranebrook	_____
4	38753 Klarity Talivaa		Werrington	_____
5	5229 Serena Vella		Werrington	_____
6	9036 Adrianna Keil		Nepean	_____
7	18558 Allegra Tantalos		Penrith	_____
8	5458 Tiannah Hickson		Werrington	_____

Section 2 of 2 Final

1	31558 Summer Flemming		Emu Plains	_____
2	26354 Isobel Omoh		Colyton St Clair	_____
3	9009 Eden Allen		Nepean	_____
4	9140 Amelia Campbell		Nepean	_____
5	38774 Aaliyah Mccarron		Werrington	_____
6	18296 Airlie Howard		Penrith	_____
7	16593 Chaise Nicholls		Cranebrook	_____
8	9098 Nicole Rich		Nepean	_____

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Event 75 Boys U 10 - 400 Metre Sprint (8)

Zone: 1:07.95 1996 J MILBURN			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	5239 Isaac Payne	Werrington	_____
2	42603 Aiden Ryan	Nepean	_____
3	31593 Lawson Brown	Emu Plains	_____
4	26316 Toby Miles	Colyton St Clair	_____
5	26460 Aisake McGoon	Colyton St Clair	_____
6	9058 William Treharne	Nepean	_____
7	5253 Seth Pattison	Werrington	_____
8	5392 Rocky Wynbergen Parn	Werrington	_____

Event 76 Girls U 11 - 400 Metre Sprint (4)

Zone: 1:07.95 1990 R MOSSMAN			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	9084 Alana Keil	Nepean	_____
2	10814 Mia Olds	Colyton St Clair	_____
3	31694 Marguerite Toohey	Emu Plains	_____
4	18343 Mavie Aris	Penrith	_____

Event 77 Boys U 11 - 400 Metre Sprint (7)

Zone: 1:05.05 1997 J MILBURN			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	18334 Saxon Panopoulos	Penrith	_____
2	16661 Mark Plume	Cranebrook	_____
3	8990 Riley Kacarovski	Nepean	_____
4	18285 Blake Miller	Penrith	_____
5	10819 Tyler McSharry	Colyton St Clair	_____
6	5273 Archie Humphrey-Gasar	Werrington	_____
7	5369 Harry Alexander	Werrington	_____

Event 78 Girls U 12 - 400 Metre Sprint (9)

Zone: 1:04.35 1997 R JUNOR			
Lane	Name	Age Centre	Seed Time
Section 1 of 2 Final			
1	5240 Emily Payne	Werrington	_____
2	26350 Saige Zammit	Colyton St Clair	_____
3	42606 Charlize Sielicki	Nepean	_____
4	5272 Chelsea Wright	Werrington	_____
5	18607 Harmoni Hill	Penrith	_____
Section 2 of 2 Final			
1	31356 Bianca Rossetto	Emu Plains	_____
2	26345 Sasha Anderson	Colyton St Clair	_____
3	16505 Sophie Griggs	Cranebrook	_____
4	5232 Matilda-Holly Marks	Werrington	_____

Event 79 Boys U 12 - 400 Metre Sprint (7)

Zone: 1:02.75 1996 L ROONEY			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	8946 Owen Sulsters	Nepean	_____
2	18406 Caleb Mackie	Penrith	_____
3	18295 Loki Howard	Penrith	_____
4	10820 Ageshaan Muraledaran	Colyton St Clair	_____
5	16569 Noah Goncalves	Cranebrook	_____
6	8939 Nijel Senathirajah	Nepean	_____
7	31402 Orlando Pontello	Emu Plains	_____

Event 84 Girls U 14 - 100 Metre Sprint (5)

Zone: 12.95 1991 M FENNING			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	39021 Charlotte Harrison	Cranebrook	_____
2	5457 Laylah Golden	Werrington	_____
3	31691 Lilly Brown	Emu Plains	_____
4	38758 Chelsea Attwill	Werrington	_____
5	26416 Siena Vecchio	Colyton St Clair	_____

Event 85 Boys U 14 - 100 Metre Sprint (7)

Zone: 11.45 2013 A GALE			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	31670 William Jones	Emu Plains	_____
2	31468 Jaxson Willmington	Emu Plains	_____
3	18639 Brayden Kelly	Penrith	_____
4	973 Owen Cashel	Cranebrook	_____
5	5425 Liam McSweeney	Werrington	_____
6	9106 Joshua Jarman	Nepean	_____
7	10821 Rathushaan Muraledara	Colyton St Clair	_____

Event 87 Boys U 15 - 100 Metre Sprint (9)

Zone: 11.20 2014 A GALE			
Lane	Name	Age Centre	Seed Time
Section 1 of 2 Final			
1	5437 Elias McGaughey	Werrington	_____
2	5259 Hunter Mckillop-Davies	Werrington	_____
3	16643 Dylan Taylor-Rogers	Cranebrook	_____
4	38762 Arthma Jhamat	Werrington	_____
5	5354 Kai Roman	Werrington	_____
Section 2 of 2 Final			
1	5378 Epeosi Ugbonmhe	Werrington	_____
2	5344 Xavier Piper	Werrington	_____
3	26387 Noah Hams	Colyton St Clair	_____
4	18523 Jai Thornton	Penrith	_____

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Event 98 Girls U 12 - 100 Metre Sprint (7)

Zone: 13.35 2007 C HEEPS			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	18607 Harmoni Hill	Penrith	_____
2	42606 Charlize Sielicki	Nepean	_____
3	26345 Sasha Anderson	Colyton St Clair	_____
4	18512 Taylah Pagnamenta	Penrith	_____
5	31621 Christine Raniga	Emu Plains	_____
6	16505 Sophie Griggs	Cranebrook	_____
7	5272 Chelsea Wright	Werrington	_____

Event 102 Girls U 9 - High Jump (S/H 0.80m) (11)

Zone: 1.20m 1984 A NOLAN			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	18333 Violet Panopoulos	Penrith	_____
2	26290 Evie Thomas	Colyton St Clair	_____
3	31673 Taneeka Talaia	Emu Plains	_____
4	18405 Reagan Mackie	Penrith	_____
5	5453 Keziah Lui Key	Werrington	_____
6	13566 Jeyda Kandemir	Emu Plains	_____
7	31395 Ariana Pontello	Emu Plains	_____
8	5251 Aniva Malaeulu	Werrington	_____
9	31406 Mia Egglestone	Emu Plains	_____
10	8897 Ruthie-May Morgan-Th	Nepean	_____
11	18492 Mackenzie Hanson	Penrith	_____

Event 103 Girls U 15 - High Jump (S/H 1.20m) (3)

Zone: 1.68m 1991 L PROIETTI			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	18490 Mia Brown	Penrith	_____
2	9023 Taylah Conway	Werrington	_____
3	18590 Charlotte Bradshaw	Penrith	_____

Event 104 Girls U 17 - High Jump (S/H 1.25m) (1)

Zone: 1.56m 2017 Jaz Byrnes			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	9071 Jessey Bektas	Nepean	_____

Event 105 Boys U 10 - High Jump (S/H 0.95m) (14)

Zone: 1.34m 1989 B MALLARD			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5239 Isaac Payne	Werrington	_____
2	16549 Edward Gersteling	Cranebrook	_____
3	8931 Cooper Campbell	Nepean	_____
4	26463 Axel Speeding	Colyton St Clair	_____
5	957 Roman Sawaszenko	Cranebrook	_____
6	8928 Harrison Forth	Nepean	_____
7	16660 Levi Brothers	Cranebrook	_____
8	18475 Ashton Jenson	Penrith	_____
9	9067 Ashton Campbell	Nepean	_____
10	5406 Abdulsalam Ogunwoolu	Werrington	_____
11	18542 Aiden Lisso	Penrith	_____
12	8997 Liam Forth	Nepean	_____
13	26302 Logan Leathan	Colyton St Clair	_____
14	8945 Aaron Sulsters	Nepean	_____

Event 106 Girls U 13 - High Jump (S/H 1.15m) (7)

Zone: 1.58m 1994 K MULHERON			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	31546 Taylor Auld	Emu Plains	_____
2	26319 Aimee Johannsen	Colyton St Clair	_____
3	18616 Chloe Griffiths	Penrith	_____
4	38772 Ella Long	Werrington	_____
5	26253 Georgia Watson	Colyton St Clair	_____
6	9117 Aliyah Adjei	Nepean	_____
7	26404 Taya Brewer	Colyton St Clair	_____

Event 107 Girls U 11 - High Jump (S/H 1.00m) (10)

Zone: 1.40m 1987 L PROIETTI			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	31694 Marguerite Toohey	Emu Plains	_____
2	18386 Emily Rogers	Penrith	_____
3	9128 Skye Lawn	Nepean	_____
4	31635 Felicity Sutton	Emu Plains	_____
5	26428 Giselle Stopins	Colyton St Clair	_____
6	31422 Harper Egglestone	Emu Plains	_____
7	5353 Laci Roman	Werrington	_____
8	986 Sabella Whelan	Cranebrook	_____
9	5355 Lily Aldred	Werrington	_____
10	18371 Briar Auva'a	Penrith	_____

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Event 108 Girls U 12 - High Jump (S/H 1.10m) (6)

Zone: 1.51m 1987 K MELVIN			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	10816 Talia Vecchio	Colyton St Clair	_____
2	31621 Christine Raniga	Emu Plains	_____
3	9127 Aliyah Henderson	Nepean	_____
4	31682 Amelia Beazley	Emu Plains	_____
5	18513 Havana Pagnamenta	Penrith	_____
6	998 Holly Chater	Cranebrook	_____

Event 109 Boys U 14 - High Jump (S/H 1.25m) (7)

Zone: 1.75m 1996 D PEDERSON			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	26462 Diesel Speeding	Colyton St Clair	_____
2	31670 William Jones	Emu Plains	_____
3	26252 Brody Watson	Colyton St Clair	_____
4	9106 Joshua Jarman	Nepean	_____
5	18639 Brayden Kelly	Penrith	_____
6	5461 Owen Levy	Werrington	_____
7	31468 Jaxson Willmington	Emu Plains	_____

Event 110 Boys U 15 - Long Jump (10)

Zone: 6.34m 2015 S MUNAWERRA			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5259 Hunter Mckillop-Davies	Werrington	_____
2	16643 Dylan Taylor-Rogers	Cranebrook	_____
3	5354 Kai Roman	Werrington	_____
4	18514 Thomas Cody	Penrith	_____
5	38762 Arthma Jhamat	Werrington	_____
6	26387 Noah Hams	Colyton St Clair	_____
7	5437 Elias McGaughey	Werrington	_____
8	31416 Archie King	Emu Plains	_____
9	5344 Xavier Piper	Werrington	_____
10	18523 Jai Thornton	Penrith	_____

Event 111 Girls U 14 - Long Jump (7)

Zone: 5.34m 2009 C HEEPS			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	38758 Chelsea Attwill	Werrington	_____
2	26416 Siena Vecchio	Colyton St Clair	_____
3	31556 Adelaide Grima	Emu Plains	_____
4	8969 Kiarna Bretschneider	Nepean	_____
5	39021 Charlotte Harrison	Cranebrook	_____
6	31605 Krystal Trigg	Emu Plains	_____
7	5457 Laylah Golden	Werrington	_____

Event 112 Girls U 11 - Triple Jump (12)

Zone: 9.54m 1990 R MOSSMAN			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	31493 Lilliana Hayek	Emu Plains	_____
2	5246 Hannah Garrard	Werrington	_____
3	31422 Harper Egglestone	Emu Plains	_____
4	8935 Stella McDiarmid-Great	Nepean	_____
5	18640 Cassidy Kelly	Penrith	_____
6	26471 Matilda Watts	Colyton St Clair	_____
7	31694 Marguerite Toohey	Emu Plains	_____
8	26428 Giselle Stopins	Colyton St Clair	_____
9	31486 Lucy Tindall	Emu Plains	_____
10	986 Sabella Whelan	Cranebrook	_____
11	8932 Chloe Campbell	Nepean	_____
12	31574 Malia Odhiambo	Emu Plains	_____

Event 113 Girls U 10 - Long Jump (26)

Zone: 4.24m 1985 B PIENING			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	18396 Sarah Maczek	Penrith	_____
2	9045 Lara Evans	Nepean	_____
3	16517 Emily Sztelma	Cranebrook	_____
4	18632 Everleigh Robinson	Penrith	_____
5	9036 Adrianna Keil	Nepean	_____
6	5435 Sahara McGaughey	Werrington	_____
7	9090 Charlotte Donlan	Nepean	_____
8	42608 Pascalle Hartnig	Nepean	_____
9	31558 Summer Flemming	Emu Plains	_____
10	8938 Holly Krahe	Nepean	_____
11	9140 Amelia Campbell	Nepean	_____
12	38774 Aaliyah Mccarron	Werrington	_____
13	18547 Mikayla Pace	Penrith	_____
14	8937 Maria Nordsvan-McLea	Nepean	_____
15	26405 Ava Zeibots	Colyton St Clair	_____
16	18562 Keira Alderson	Penrith	_____
17	8950 Hailey Pehr	Nepean	_____
18	8871 Hannah Parkinson	Nepean	_____
19	9052 Millie Okell	Nepean	_____
20	16593 Chaise Nicholls	Cranebrook	_____
21	8872 Sophie Maloney	Nepean	_____
22	31430 Jessica Edwards	Emu Plains	_____
23	9059 Jazmine Zarglis	Nepean	_____
24	9073 Alueth Majak	Nepean	_____
25	26464 Lilly McSharry	Colyton St Clair	_____
26	9009 Eden Allen	Nepean	_____

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Event 114 Girls U 12 - Triple Jump (7)

Zone: 9.94m 2003		S PEPA	
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5240 Emily Payne	Werrington	_____
2	31682 Amelia Beazley	Emu Plains	_____
3	10816 Talia Vecchio	Colyton St Clair	_____
4	5252 Lily Pattison	Werrington	_____
5	18326 Emelia Corby	Penrith	_____
6	16505 Sophie Griggs	Cranebrook	_____
7	18607 Harmoni Hill	Penrith	_____

Event 115 Boys U 9 - Long Jump (24)

Zone: 4.44m 1991		D SMITH	
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5271 Kaleb Wright	Werrington	_____
2	31495 Oliver Copeland	Emu Plains	_____
3	26374 Nixon Bell	Colyton St Clair	_____
4	31535 Cooper Martin	Emu Plains	_____
5	9057 Tyler Treharne	Nepean	_____
6	18378 Parker Lynch	Penrith	_____
7	5302 Chase Hodgins	Werrington	_____
8	26274 Lucas Borg	Colyton St Clair	_____
9	38795 Jireh-Pita Pilia'e-Rasab	Werrington	_____
10	26388 Kobee Laws	Colyton St Clair	_____
11	31547 Archie Brown	Emu Plains	_____
12	31512 Leon Broome	Emu Plains	_____
13	8921 Ashton Salter	Nepean	_____
14	961 Chase Swift	Cranebrook	_____
15	9105 Edward Jarman	Nepean	_____
16	18387 Oscar Rogers	Penrith	_____
17	5318 Sami Bol	Werrington	_____
18	31372 Ashton Shone	Emu Plains	_____
19	18417 Thomas Fokes	Penrith	_____
20	31636 Harrison Sutton	Emu Plains	_____
21	18457 Minon Molligoda	Penrith	_____
22	9115 Hunter Ngapuhi	Nepean	_____
23	39007 Madden Vella	Cranebrook	_____
24	31421 Henry Cairns	Emu Plains	_____

Event 116 Boys U 17 - Long Jump (9)

Zone: 6.67m 2012		T CURRIE	
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	26343 Bayley White	Colyton St Clair	_____
2	9141 Brayden Davenport	Nepean	_____
3	18398 Aarush Mittal	Penrith	_____
4	42618 Junior Pita	Nepean	_____
5	5320 Lowndes Motler	Werrington	_____
6	42615 Athiei Deng	Nepean	_____
7	31707 Cooper Crane	Emu Plains	_____
8	26433 Dominic Vecchio	Colyton St Clair	_____
9	9131 Isaac Muir-Hanstock	Nepean	_____

Event 117 Boys U 14 - Triple Jump (6)

Zone: 12.59m 2013		A GALE	
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	26252 Brody Watson	Colyton St Clair	_____
2	31670 William Jones	Emu Plains	_____
3	26462 Diesel Speeding	Colyton St Clair	_____
4	31468 Jaxson Willmington	Emu Plains	_____
5	31693 Findlay Toohey	Emu Plains	_____
6	18639 Brayden Kelly	Penrith	_____

Event 118 Girls U 8 - Long Jump (19)

Zone: 3.47m 1991		J WEBSTER	
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	9001 Olivia Zarglis	Nepean	_____
2	31557 Charlotte Flemming	Emu Plains	_____
3	8889 Ivy-Rose Christie	Nepean	_____
4	960 Arya Swift	Cranebrook	_____
5	31598 Charlie Williams	Emu Plains	_____
6	16603 Emmi Munro	Cranebrook	_____
7	5408 Harper Stein	Werrington	_____
8	9043 Azaria Lima	Nepean	_____
9	16516 Lucy Sztelma	Cranebrook	_____
10	8982 Holly Mitchell	Nepean	_____
11	26254 Ruby Watson	Colyton St Clair	_____
12	16523 Nora Venables	Cranebrook	_____
13	18324 Charlotte Morris	Penrith	_____
14	9103 Acacia Jarman	Nepean	_____
15	16592 Hazel Nicholls	Cranebrook	_____
16	8923 Taylah Milosev	Nepean	_____
17	16555 Naya Boueiri	Cranebrook	_____
18	42600 Charlotte Penning	Nepean	_____
19	16649 Charlotte Haworth	Cranebrook	_____

Event 119 Boys U 12 - Long Jump (14)

Zone: 5.39m 2012		S MUNAWEERA	
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5233 Lucas Walker	Werrington	_____
2	42607 Wyatt Sielicki	Nepean	_____
3	31559 Harrison Flemming	Emu Plains	_____
4	5407 Mukhtar Ogunwoolu	Werrington	_____
5	18593 Lachlan Bradshaw	Penrith	_____
6	8946 Owen Sulsters	Nepean	_____
7	8939 Nijel Senathirajah	Nepean	_____
8	5363 Xander Pringle	Werrington	_____
9	18289 Caleb Kennedy	Penrith	_____
10	31661 Isaac Diola	Emu Plains	_____
11	18506 Lucas McPherson	Penrith	_____
12	18586 Clayton Gregory	Penrith	_____
13	9005 Lucas O'Hare	Nepean	_____
14	5438 Maximilianvs De Vita	Werrington	_____

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Event 120 Boys U 13 - Triple Jump (5)

Zone: 11.82m 2015 L CODJOE			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	31401 Timothy Hammond	Emu Plains	_____
2	18595 Isaac Lemon	Penrith	_____
3	31575 Denzel Odhiambo	Emu Plains	_____
4	5379 Ebosiogwe Ugbonmhe	Werrington	_____
5	8947 Liam Sulsters	Nepean	_____

Event 121 Boys U 8 - Long Jump (16)

Zone: 4.02m 2016 J EZEKIEL			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	16653 George French	Cranebrook	_____
2	5440 William Ellis	Werrington	_____
3	31397 Archer Tonacia	Emu Plains	_____
4	8974 Taswik Battu	Nepean	_____
5	5463 Ekambir Singh	Werrington	_____
6	18638 Blake Kelly	Penrith	_____
7	989 Jensen Edwards	Cranebrook	_____
8	5275 Zac Farrugia	Werrington	_____
9	8869 Linkon Crosby	Nepean	_____
10	5234 Aaron Walker	Werrington	_____
11	8896 Silas Thomas	Nepean	_____
12	31619 Samuel Raniga	Emu Plains	_____
13	8970 Justin Richards	Nepean	_____
14	38773 Austin Mccarron	Werrington	_____
15	8987 Peyton Arecco	Nepean	_____
16	5274 Nate Farrugia	Werrington	_____

Event 122 Girls U 15 - Triple Jump (2)

Zone: 11.47m 2012 T GARRETT			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	18590 Charlotte Bradshaw	Penrith	_____
2	31477 Tia Bachtis	Emu Plains	_____

Event 123 Girls U 17 - Triple Jump (10)

Zone: 11.83m 2012 A RUSE			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5236 Lilli Kandel	Werrington	_____
2	9071 Jessey Bektas	Nepean	_____
3	31403 Savannah Carter	Emu Plains	_____
4	18353 Michayla Espie	Penrith	_____
5	5377 Tara Hughes	Werrington	_____
6	38766 Brianna Atkins	Werrington	_____
7	26275 Adriana Borg	Colyton St Clair	_____
8	18505 Sophie McPherson	Penrith	_____
9	5228 Breana Steele	Werrington	_____
10	18448 Krystal Burrows	Penrith	_____

Event 124 Girls U 13 - Long Jump (14)

Zone: 5.16m 1991 R MOSSMAN			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5264 Isabella Roelofs	Werrington	_____
2	31425 Elousie Murray	Emu Plains	_____
3	31479 Effy Bachtis	Emu Plains	_____
4	26319 Aimee Johannsen	Colyton St Clair	_____
5	31704 Alexis Rowan	Emu Plains	_____
6	9117 Aliyah Adjei	Nepean	_____
7	18616 Chloe Griffiths	Penrith	_____
8	8960 Breanna Calford	Nepean	_____
9	31405 Mia Magnoli	Emu Plains	_____
10	8920 Alysha Bodie	Nepean	_____
11	31700 Ava Ilijeski	Emu Plains	_____
12	31423 Bonnie Clark	Emu Plains	_____
13	26270 Maddison Smith	Colyton St Clair	_____
14	8980 Zoe Mitchell	Nepean	_____

Event 125 Boys U 9 - Discus (500 Gram) (19)

Zone: 29.34m 1986 J IMBRAHIM			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	9057 Tyler Treharne	Nepean	_____
2	987 Jack Whelan	Cranebrook	_____
3	31535 Cooper Martin	Emu Plains	_____
4	8952 Noah King	Nepean	_____
5	18594 Jack Lemon	Penrith	_____
6	5390 Jonathan Finn	Werrington	_____
7	18378 Parker Lynch	Penrith	_____
8	18596 Peyton Walker	Penrith	_____
9	26374 Nixon Bell	Colyton St Clair	_____
10	5298 Logan Devereux	Werrington	_____
11	8983 Jaxon Leslie	Nepean	_____
12	5318 Sami Bol	Werrington	_____
13	5271 Kaleb Wright	Werrington	_____
14	9121 Ellery Klaassen	Nepean	_____
15	18387 Oscar Rogers	Penrith	_____
16	9115 Hunter Ngapuhi	Nepean	_____
17	31681 Thomas Beazley	Emu Plains	_____
18	18433 Hunter Demuth	Penrith	_____
19	31636 Harrison Sutton	Emu Plains	_____

Event 126 Boys U 14 - Discus (1.0 Kg) (6)

Zone: 53.47m 2016 L ROSE			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	8971 Blade Richards	Nepean	_____
2	10821 Rathushaan Muraledar	Colyton St Clair	_____
3	31686 Jonny Farrugia	Emu Plains	_____
4	973 Owen Cashel	Cranebrook	_____
5	26252 Brody Watson	Colyton St Clair	_____
6	5376 Ethan Hughes	Werrington	_____

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Event 127 Girls U 8 - Discus (500 Gram) (10)

Zone: 18.56m 2002 J PETERS			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	16542 Amaya Matakatea-Will	Cranebrook	_____
2	5408 Harper Stein	Werrington	_____
3	42599 Mariah Spillane	Nepean	_____
4	960 Arya Swift	Cranebrook	_____
5	16516 Lucy Sztelma	Cranebrook	_____
6	26315 Cadence Miles	Colyton St Clair	_____
7	31657 Vanessa Lia	Emu Plains	_____
8	16555 Naya Boueiri	Cranebrook	_____
9	16592 Hazel Nicholls	Cranebrook	_____
10	16523 Nora Venables	Cranebrook	_____

Event 128 Boys U 12 - Discus (750 Gram) (9)

Zone: 48.85m 2014 L ROSE			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	8870 Preston Swann	Nepean	_____
2	5309 Jett Risse	Werrington	_____
3	5438 Maximilianvs De Vita	Werrington	_____
4	10820 Agheshaan Muraledaran	Colyton St Clair	_____
5	18506 Lucas McPherson	Penrith	_____
6	42604 Zachary Ryan	Nepean	_____
7	5306 Eli Simpson	Werrington	_____
8	31661 Isaac Diola	Emu Plains	_____
9	18567 Hayden Macaulay	Penrith	_____

Event 129 Girls U 10 - Discus (500 Gram) (21)

Zone: 30.38m 1991 P MCGUFFOG			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	16518 Sienna Hawkings	Cranebrook	_____
2	18396 Sarah Maczek	Penrith	_____
3	31417 Antonia Powter	Emu Plains	_____
4	8950 Hailey Pehr	Nepean	_____
5	18564 Liana Alderson	Penrith	_____
6	9009 Eden Allen	Nepean	_____
7	9052 Millie Okell	Nepean	_____
8	8871 Hannah Parkinson	Nepean	_____
9	31368 Scarlett Hardacre	Emu Plains	_____
10	31430 Jessica Edwards	Emu Plains	_____
11	5439 Phoebe Ellis	Werrington	_____
12	5396 Mannat Kaur Gill	Werrington	_____
13	18558 Allegra Tantalos	Penrith	_____
14	42608 Pascalle Hartnig	Nepean	_____
15	8872 Sophie Maloney	Nepean	_____
16	26405 Ava Zeibots	Colyton St Clair	_____
17	26372 Aleigha Regan	Colyton St Clair	_____
18	5435 Sahara McGaughey	Werrington	_____
19	16593 Chaise Nicholls	Cranebrook	_____
20	8938 Holly Krahe	Nepean	_____
21	9045 Lara Evans	Nepean	_____

Event 130 Boys U 7 - Discus (350 Gram) (13)

Zone: 22.37m 03/12/2022 Arthur Forth			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	26422 Kai Morris	Colyton St Clair	_____
2	5370 Lachlan Soe-Lausi'i	Werrington	_____
3	38808 Elijah Devos	Werrington	_____
4	31327 Liev Kovacevic	Emu Plains	_____
5	5375 Mitchell Hughes	Werrington	_____
6	38760 Lucas Ashman	Werrington	_____
7	26371 Tyler Regan	Colyton St Clair	_____
8	9120 Malachi Klaassen	Nepean	_____
9	10805 Agamjot Singh	Colyton St Clair	_____
10	18441 Senuka Amarasena	Penrith	_____
11	26323 Noah Kolila Nanai	Colyton St Clair	_____
12	16515 Tyler Hawkings	Cranebrook	_____
13	9037 Jakai Leslie	Nepean	_____

Event 131 Girls U 17 - Discus (1.0 Kg) (7)

Zone: 43.07m 2012 T SENEGAL			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	18353 Michayla Espie	Penrith	_____
2	26386 Ashleigh South	Colyton St Clair	_____
3	8874 Zoe Mark	Nepean	_____
4	5330 Mia Thomson	Werrington	_____
5	5377 Tara Hughes	Werrington	_____
6	9130 Kirsty Battye	Nepean	_____
7	26349 Jessican Dhaliwal	Colyton St Clair	_____

Event 132 Girls U 15 - Discus (1.0 Kg) (6)

Zone: 42.96m 2016 A PEARSON			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	31477 Tia Bachtis	Emu Plains	_____
2	5404 Kaiah Wong	Werrington	_____
3	18552 Mannat Mann	Penrith	_____
4	9023 Taylah Conway	Werrington	_____
5	16554 Jemma Camilleri	Cranebrook	_____
6	26327 Zhaliya Tanielu-Park	Colyton St Clair	_____

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Event 133 Boys U 11 - Discus 500 Gram) (13)

Zone: 36.71m 2013 L ROSE			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	26344 Levi White	Colyton St Clair	_____
2	18471 Daniel Marsh-Tidyman	Penrith	_____
3	18631 Finn Robinson	Penrith	_____
4	968 Mathayus Andreatta	Cranebrook	_____
5	18443 Ranuka Koswattage	Penrith	_____
6	9028 Praise Egbufor	Nepean	_____
7	31685 Jake Farrugia	Emu Plains	_____
8	18293 Lucas Wells	Penrith	_____
9	31431 Levi Holden	Emu Plains	_____
10	5369 Harry Alexander	Werrington	_____
11	5427 Damian Beale	Werrington	_____
12	10819 Tyler McSharry	Colyton St Clair	_____
13	5305 Leo Simpson	Werrington	_____

Event 134 Boys U 13 - Discus (750 Gram) (7)

Zone: 42.04m 2015 L ROSE			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	9068 Jordan Jara	Nepean	_____
2	8922 Hague Asare	Nepean	_____
3	8947 Liam Sulsters	Nepean	_____
4	26313 Jarryd Morris	Colyton St Clair	_____
5	5436 Conan McGaughey	Werrington	_____
6	26378 Deaun Al Hassan	Colyton St Clair	_____
7	18595 Isaac Lemon	Penrith	_____

Event 135 Boys U 17 - Shot Put (5.0 Kg) (7)

Zone: 18.23m 29/01/2022 Amosia Soatini			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5462 Cooper Levy	Werrington	_____
2	42618 Junior Pita	Nepean	_____
3	9000 Lachlan Green	Nepean	_____
4	26433 Dominic Vecchio	Colyton St Clair	_____
5	9141 Brayden Davenport	Nepean	_____
6	5320 Lowndes Motler	Werrington	_____
7	26398 Josh Carter (Multi Clas	Colyton St Clair	_____

Event 136 Girls U 11 - Shot Put (2.0 Kg) (9)

Zone: 11.36m 1996 K DONOVAN			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	26428 Giselle Stopins	Colyton St Clair	_____
2	18343 Mavie Aris	Penrith	_____
3	31493 Lilliana Hayek	Emu Plains	_____
4	9025 Kaitlyn Downes	Nepean	_____
5	8898 Wylear Morgan-Thomas	Nepean	_____
6	18561 Jannat Mann	Penrith	_____
7	986 Sabella Whelan	Cranebrook	_____
8	8935 Stella McDiarmid-Great	Nepean	_____
9	31618 Eva Hetherington	Emu Plains	_____

Event 137 Girls U 9 - Shot Put (2.0 Kg) (10)

Zone: 7.67m 2003 K CHAPPLE			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	8907 Charlotte Furby	Nepean	_____
2	31404 Ruby Magnoli	Emu Plains	_____
3	8934 Monika Dabra	Nepean	_____
4	18356 Eleanna Papadimas	Penrith	_____
5	5453 Keziah Lui Key	Werrington	_____
6	8955 Mishika Bhardwaj	Nepean	_____
7	18325 Ivory-Lee Mitchell	Penrith	_____
8	9027 Miracle Egbufor	Nepean	_____
9	18333 Violet Panopoulos	Penrith	_____
10	8973 Elena Demetriou	Nepean	_____

Event 138 Girls U 7 - Shot Put (1.0 Kg) (12)

Zone: 6.34m 1988 K MULHERON			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	18587 Kyah Beale	Penrith	_____
2	18463 Charlotte Maynard	Penrith	_____
3	16647 Claire King	Cranebrook	_____
4	5368 Georgia Alexander	Werrington	_____
5	956 Selena Sawaszenko	Cranebrook	_____
6	16632 Olivia Enushi Senaratn	Cranebrook	_____
7	26406 Isla Zeibots	Colyton St Clair	_____
8	31603 Abigail McKinnon	Emu Plains	_____
9	9004 Ava Kanmaz	Nepean	_____
10	8996 Zoe Forth	Nepean	_____
11	5393 Aliyana Burg	Werrington	_____
12	9051 Ohana Brandt	Nepean	_____

Event 139 Boys U 15 - Shot Put (4.0 Kg) (3)

Zone: 16.18m 1990 C COONEY			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	26314 Ricky Morris	Colyton St Clair	_____
2	5437 Elias McGaughey	Werrington	_____
3	31416 Archie King	Emu Plains	_____

Event 140 Girls U 13 - Shot Put (3.0 Kg) (9)

Zone: 11.76m 2007 K CHAPPLE			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5264 Isabella Roelofs	Werrington	_____
2	31398 Summer Amituanai	Emu Plains	_____
3	26319 Aimee Johannsen	Colyton St Clair	_____
4	8960 Breanna Calford	Nepean	_____
5	31620 Katherine Raniga	Emu Plains	_____
6	8980 Zoe Mitchell	Nepean	_____
7	31382 Olivia Holden	Emu Plains	_____
8	16587 Sarah Galea	Cranebrook	_____
9	38754 Kimora Talivaa	Werrington	_____

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Event 141 Boys U 10 - Shot Put (2.0 Kg) (11)

Zone: 10.82m 1985 G LEE			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	16660 Levi Brothers	Cranebrook	_____
2	957 Roman Sawaszenko	Cranebrook	_____
3	38769 Kordell Dean	Werrington	_____
4	26326 Zaviar Tanielu-Park	Colyton St Clair	_____
5	8928 Harrison Forth	Nepean	_____
6	31412 Christian Simpson	Emu Plains	_____
7	16556 Ryan Boueiri	Cranebrook	_____
8	8997 Liam Forth	Nepean	_____
9	5295 Liam Kintanar	Werrington	_____
10	9058 William Treharne	Nepean	_____
11	18475 Ashton Jenson	Penrith	_____

Event 142 Boys U 8 - Shot Put (1.5 Kg) (14)

Zone: 7.90m 1996 S BLACKETT			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	8927 Arthur Forth	Nepean	_____
2	8953 Harrison Fisher	Nepean	_____
3	18638 Blake Kelly	Penrith	_____
4	31581 Ari Laffan	Emu Plains	_____
5	9138 Raphael Vaifale	Nepean	_____
6	5262 Michael Matthias	Werrington	_____
7	18566 Blake Watkins	Penrith	_____
8	5412 Eli Newman	Werrington	_____
9	8951 Riley King	Nepean	_____
10	989 Jensen Edwards	Cranebrook	_____
11	5245 Lucas Garrard	Werrington	_____
12	5440 William Ellis	Werrington	_____
13	5234 Aaron Walker	Werrington	_____
14	8970 Justin Richards	Nepean	_____

Event 143 Girls U 14 - Shot Put (3.0 Kg) (6)

Zone: 12.28m 2008 K CHAPPLE			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	42612 Indyana Campbell	Nepean	_____
2	26385 Alexis South	Colyton St Clair	_____
3	18585 Ava Gregory	Penrith	_____
4	5457 Laylah Golden	Werrington	_____
5	8969 Kiarna Bretschneider	Nepean	_____
6	5331 Tahlia Thomson	Werrington	_____

Event 144 Girls U 12 - Shot Put (2.0 Kg) (7)

Zone: 13.72m 1996 M MARTIN			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	9127 Aliyah Henderson	Nepean	_____
2	18513 Havana Pagnamenta	Penrith	_____
3	5465 Charlotte Morris	Werrington	_____
4	9056 Mackenzie Russell	Nepean	_____
5	18512 Taylah Pagnamenta	Penrith	_____
6	10816 Talia Vecchio	Colyton St Clair	_____
7	5252 Lily Pattison	Werrington	_____

Event 145 Boys U 13 - Javelin (600 Gram) (5)

Zone: 39.14m 1997 D BOORMAKIN			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	26313 Jarryd Morris	Colyton St Clair	_____
2	8922 Hague Asare	Nepean	_____
3	5436 Conan McGaughey	Werrington	_____
4	8875 Noah Vella	Nepean	_____
5	9068 Jordan Jara	Nepean	_____

Event 146 Girls U 14 - Javelin (400 Gram) (8)

Zone: 34.13m 03/12/2022 Jemma Camilleri			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	18585 Ava Gregory	Penrith	_____
2	5347 Hannah Loxley	Werrington	_____
3	8969 Kiarna Bretschneider	Nepean	_____
4	5457 Laylah Golden	Werrington	_____
5	31605 Krystal Trigg	Emu Plains	_____
6	26385 Alexis South	Colyton St Clair	_____
7	26456 Ruby Rose Steiner	Colyton St Clair	_____
8	42612 Indyana Campbell	Nepean	_____

Event 147 Boys U 11 - Javelin (400 Gram) (5)

Zone: 24.14m 2017 Lachlan Green			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	31685 Jake Farrugia	Emu Plains	_____
2	968 Mathayus Andreatta	Cranebrook	_____
3	31720 Zachary Trigg	Emu Plains	_____
4	5427 Damian Beale	Werrington	_____
5	9028 Praise Egbufor	Nepean	_____

Event 148 Boys U 15 - Javelin (700 Gram) (3)

Zone: 41.38m 30/11/2019 Finlay Hahn			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5437 Elias McGaughey	Werrington	_____
2	26314 Ricky Morris	Colyton St Clair	_____
3	31416 Archie King	Emu Plains	_____

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Event 149 Boys U 17 - Javelin (700 Gram) (5)

Zone: 56.76m 2016 A KEENE

Pos	Name	Age	Centre	Seed Mark
Flight 1 of 1 Final				
1	31660 Riley Coburn		Emu Plains	_____
2	5462 Cooper Levy		Werrington	_____
3	31712 Caine Crawford		Emu Plains	_____
4	9141 Brayden Davenport		Nepean	_____
5	31675 Matthew Willetts		Emu Plains	_____

Event 150 Girls U 11 - 80 Metre Hurdles (60cm) (9)

Zone: 14.48 01/12/2019 Charlotte Bradshaw

Lane	Name	Age	Centre	Seed Time
Heat 1 of 2 Prelims				
1	18522 Alanna Thornton		Penrith	_____
2	986 Sabella Whelan		Cranebrook	_____
3	31486 Lucy Tindall		Emu Plains	_____
4	18640 Cassidy Kelly		Penrith	_____
5	31533 Ava Young		Emu Plains	_____
Heat 2 of 2 Prelims				
1	8898 Wylear Morgan-Thomas		Nepean	_____
2	5353 Laci Roman		Werrington	_____
3	31695 Rosie Chan		Emu Plains	_____
4	31574 Malia Odhiambo		Emu Plains	_____

Event 151 Boys U 8 - 700 Metre Run Pack Start (12)

Zone: 2:24.00 2012 M.FORD

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	31397 Archer Tonacia		Emu Plains	_____
2	31581 Ari Laffan		Emu Plains	_____
3	8927 Arthur Forth		Nepean	_____
4	26321 Rowan Willis		Colyton St Clair	_____
5	9104 Sidney Jarman		Nepean	_____
6	18281 Logan Brown		Penrith	_____
7	5262 Michael Matthias		Werrington	_____
8	8951 Riley King		Nepean	_____
9	16520 Dallas Lewis		Cranebrook	_____
10	18507 Dexter Kelly		Penrith	_____
11	5230 Raymond Vella		Werrington	_____
12	5414 Jamie Saliba		Werrington	_____

Event 152 Girls U 8 - 700 Metre Run Pack Start (9)

Zone: 2:33.80 1996 A.MATAFONOV

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	18399 Maxwell Bale		Penrith	_____
2	26315 Cadence Miles		Colyton St Clair	_____
3	9103 Acacia Jarman		Nepean	_____
4	26287 Evelyn Lilly Callus		Colyton St Clair	_____
5	16649 Charlotte Haworth		Cranebrook	_____
6	31557 Charlotte Flemming		Emu Plains	_____
7	31598 Charlie Williams		Emu Plains	_____
8	16542 Amaya Matakatea-Will		Cranebrook	_____
9	8889 Ivy-Rose Christie		Nepean	_____

Event 153 Girls U 11 - 1100 Metre Walk (5)

Zone: 5:43.40 2000 S MILLER

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	9008 Alexis Allen		Nepean	_____
2	31618 Eva Hetherington		Emu Plains	_____
3	9128 Skye Lawn		Nepean	_____
4	8932 Chloe Campbell		Nepean	_____
5	18386 Emily Rogers		Penrith	_____

Event 154 Boys U 11 - 1100 Metre Walk (1)

Zone: 5:08.80 1999 L FITZGERALD

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	18293 Lucas Wells		Penrith	_____

Event 155 Girls U 10 - 1100 Metre Walk (6)

Zone: 5:36.00 2003 S JENNINGS

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	31417 Antonia Powter		Emu Plains	_____
2	9045 Lara Evans		Nepean	_____
3	26464 Lilly McSharry		Colyton St Clair	_____
4	8938 Holly Krahe		Nepean	_____
5	8872 Sophie Maloney		Nepean	_____
6	5247 Vivienne Pola		Werrington	_____

Event 156 Boys U 10 - 1100 Metre Walk (1)

Zone: 5:22.40 1997 L FITZGERALD

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	8945 Aaron Sulsters		Nepean	_____

Event 157 Girls U 9 - 700 Metre Walk (4)

Zone: 3:29.20 2000 J MILLER

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	8955 Mishika Bhardwaj		Nepean	_____
2	8934 Monika Dabra		Nepean	_____
3	8880 Mia Hagan		Nepean	_____
4	18325 Ivory-Lee Mitchell		Penrith	_____

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Event 158 Boys U 9 - 700 Metre Walk (4)

Zone: 3:22.40 1997 L FITZGERALD

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	31617 Leo Hetherington		Emu Plains	_____
2	18457 Minon Molligoda		Penrith	_____
3	31333 Eli Coburn		Emu Plains	_____
4	31372 Ashton Shone		Emu Plains	_____

Event 159 Girls U 12 - 1500 Metre Walk (3)

Zone: 7:05.30 1996 L McILVENIE

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	18326 Emelia Corby		Penrith	_____
2	26350 Saige Zammit		Colyton St Clair	_____
3	9091 Dana Francis		Nepean	_____

Event 160 Boys U 12 - 1500 Metre Walk (1)

Zone: 7:03.70 2000 L FITZGERALD

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	31478 Peter Bachtis		Emu Plains	_____
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Event 161 Girls U 13 - 1500 Metre Walk (4)

Zone: 6:55.80 2006 S JENNINGS

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	8980 Zoe Mitchell		Nepean	_____
2	26253 Georgia Watson		Colyton St Clair	_____
3	26319 Aimee Johannsen		Colyton St Clair	_____
4	31479 Effy Bachtis		Emu Plains	_____

Event 162 Boys U 13 - 1500 Metre Walk (1)

Zone: 7:11.10 2001 L FITZGERALD

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	8875 Noah Vella		Nepean	_____
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Event 163 Boys U 14 - 1500 Metre Walk (2)

Zone: 6:56.30 1999 K CLIFFORD

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	10821 Rathushaan Muraledar		Colyton St Clair	_____
2	9106 Joshua Jarman		Nepean	_____

Event 164 Girls U 15 - 1500 Metre Walk (2)

Zone: 6:37.40 1991 C WEBB

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	26394 Aliye Dalkilinc		Colyton St Clair	_____
2	31477 Tia Bachtis		Emu Plains	_____

Event 165 Girls U 17 - 1500 Metre Walk (2)

Zone: 7:56.90 2013 B BEASLEY

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	9070 Abbey Bektas		Nepean	_____
2	9071 Jessey Bektas		Nepean	_____

Event 168 Boys U 11 - 80 Metre Hurdles (60cm) (6)

Zone: 14.92 01/12/2019 Bryson Browne

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	18285 Blake Miller		Penrith	_____
2	31431 Levi Holden		Emu Plains	_____
3	18443 Ranuka Koswattage		Penrith	_____
6	31720 Zachary Trigg		Emu Plains	_____
7	16661 Mark Plume		Cranebrook	_____
8	5405 Braxton Colburn		Werrington	_____

Event 169 Girls U 12 - 80 Metre Hurdles (68cm) (3)

Zone: 15.12 04/12/2022 Aliyah Adjei

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

3	31356 Bianca Rossetto		Emu Plains	_____
4	31621 Christine Raniga		Emu Plains	_____
5	26345 Sasha Anderson		Colyton St Clair	_____

Event 170 Boys U 12 - 80 Metre Hurdles (68cm) (8)

Zone: 14.21 01/12/2019 Ethan Hadfield

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	18327 Devrim Tenish		Penrith	_____
2	5407 Mukhtar Ogunwoolu		Werrington	_____
3	31661 Isaac Diola		Emu Plains	_____
4	18474 Joshua Jensen		Penrith	_____
5	16569 Noah Goncalves		Cranebrook	_____
6	31478 Peter Bachtis		Emu Plains	_____
7	18406 Caleb Mackie		Penrith	_____
8	18506 Lucas McPherson		Penrith	_____

Event 171 Girls U 13 - 80 Metre Hurdles (76cm) (8)

Zone: 13.32 2015 S POLINSKY

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	31405 Mia Magnoli		Emu Plains	_____
2	26435 Keiley Dowds		Colyton St Clair	_____
3	26404 Taya Brewer		Colyton St Clair	_____
4	9117 Aliyah Adjei		Nepean	_____
5	18616 Chloe Griffiths		Penrith	_____
6	26253 Georgia Watson		Colyton St Clair	_____
7	38772 Ella Long		Werrington	_____
8	26270 Maddison Smith		Colyton St Clair	_____

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Event 172 Boys U 13 - 80 Metre Hurdles (76cm) (3)

Zone: 13.25 2004 W DRURY			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
3	31575 Denzel Odhiambo	Emu Plains	_____
4	9129 Aiden Lawn	Nepean	_____
5	8947 Liam Sulsters	Nepean	_____

Event 173 Girls U 14 - 80 Metre Hurdles (76cm) (2)

Zone: 12.84 2016 C MEYERS			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
3	26416 Siena Vecchio	Colyton St Clair	_____
4	38758 Chelsea Attwill	Werrington	_____

Event 174 Boys U 14 - 90 Metre Hurdles (76cm) (6)

Zone: 13.15 1997 A SCHEFE			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
2	26462 Diesel Speeding	Colyton St Clair	_____
3	31468 Jaxson Willmington	Emu Plains	_____
4	5425 Liam McSweeney	Werrington	_____
5	18639 Brayden Kelly	Penrith	_____
6	38768 Preston Clarke	Werrington	_____
7	973 Owen Cashel	Cranebrook	_____

Event 175 Girls U 15 - 90 Metre Hurdles (76cm) (1)

Zone: 13.55 2017 Claire Meyers			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
4	18590 Charlotte Bradshaw	Penrith	_____

Event 176 Boys U 15 - 100 Metre Hurdles (76cm) (3)

Zone: 14.25 2006 W DRURY			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
3	26387 Noah Hams	Colyton St Clair	_____
4	18514 Thomas Cody	Penrith	_____
5	16643 Dylan Taylor-Rogers	Cranebrook	_____

Event 177 Girls U 17 - 100 Metre Hurdles (76cm) (3)

Zone: 15.77 2014 A BAXTER			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
4	18505 Sophie McPherson	Penrith	_____
5	31403 Savannah Carter	Emu Plains	_____
6	31674 Nekea Talaia	Emu Plains	_____

Event 178 Boys U 17 - 110 Metre Hurdles (76cm) (4)

Zone: 16.31 2015 Z CAMENZULI			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
3	5462 Cooper Levy	Werrington	_____
4	31675 Matthew Willetts	Emu Plains	_____
5	9131 Isaac Muir-Hanstock	Nepean	_____
6	31707 Cooper Crane	Emu Plains	_____

Event 179 Girls U 10 - 70 Metre Sprint (12)

Zone: 10.65 1997 H MAHER			
Lane	Name	Age Centre	Seed Time
Heat 1 of 2 Prelims			
1	18547 Mikayla Pace	Penrith	_____
2	5319 Salwa Bol	Werrington	_____
3	9059 Jazmine Zarglis	Nepean	_____
4	42608 Pascalle Hartnig	Nepean	_____
5	16518 Sienna Hawkings	Cranebrook	_____
6	18536 Isabella Bateman	Penrith	_____
Heat 2 of 2 Prelims			
1	9052 Millie Okell	Nepean	_____
2	8937 Maria Nordsvan-McLea	Nepean	_____
3	5247 Vivienne Pola	Werrington	_____
4	18632 Everleigh Robinson	Penrith	_____
5	38753 Klarity Talivaa	Werrington	_____
6	26405 Ava Zeibots	Colyton St Clair	_____

Event 180 Boys U 10 - 70 Metre Sprint (11)

Zone: 10.15 1997 J ATKINS			
Lane	Name	Age Centre	Seed Time
Heat 1 of 2 Prelims			
1	8931 Cooper Campbell	Nepean	_____
2	5432 Brady Henricksen	Werrington	_____
3	26302 Logan Leathan	Colyton St Clair	_____
4	9067 Ashton Campbell	Nepean	_____
5	16660 Levi Brothers	Cranebrook	_____
6	18542 Aiden Lisso	Penrith	_____
Heat 2 of 2 Prelims			
2	5295 Liam Kintanar	Werrington	_____
3	9107 Riley Penning	Nepean	_____
4	957 Roman Sawaszenko	Cranebrook	_____
5	26316 Toby Miles	Colyton St Clair	_____
6	31427 William Edwards	Emu Plains	_____

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Event 181 Girls U 9 - 70 Metre Sprint (9)

Zone: 10.65 2004 T FORNO

Lane Name Age Centre Seed Time

Heat 1 of 2 Prelims

1	31595 Evaloni Fekitoa	Emu Plains	_____
2	8973 Elena Demetriou	Nepean	_____
3	42614 Nya Wilson	Nepean	_____
4	31492 Olivia Hayek	Emu Plains	_____

Heat 2 of 2 Prelims

1	18460 Ava Harvey	Penrith	_____
2	8876 Tamanna Chaudhary	Nepean	_____
3	9027 Miracle Egbufor	Nepean	_____
4	8880 Mia Hagan	Nepean	_____
5	9069 Nora Flynn	Nepean	_____

Event 182 Boys U 9 - 70 Metre Sprint (13)

Zone: 10.35 1996 D CAHALANE

Lane Name Age Centre Seed Time

Heat 1 of 2 Prelims

1	18311 Jacob Kurniadi	Penrith	_____
2	9115 Hunter Ngapuhi	Nepean	_____
3	26374 Nixon Bell	Colyton St Clair	_____
4	26388 Kobbie Laws	Colyton St Clair	_____
5	8921 Ashton Salter	Nepean	_____
6	18433 Hunter Demuth	Penrith	_____
7	18594 Jack Lemon	Penrith	_____

Heat 2 of 2 Prelims

2	26274 Lucas Borg	Colyton St Clair	_____
3	9057 Tyler Treharne	Nepean	_____
4	5390 Jonathan Finn	Werrington	_____
5	18457 Minon Molligoda	Penrith	_____
6	9121 Ellery Klaassen	Nepean	_____
7	961 Chase Swift	Cranebrook	_____

Event 183 Girls U 8 - 70 Metre Sprint (16)

Zone: 11.35 1986 S WISEMAN

Lane Name Age Centre Seed Time

Heat 1 of 2 Prelims

1	5408 Harper Stein	Werrington	_____
2	8895 Hennessy Thomas	Nepean	_____
3	9043 Azaria Lima	Nepean	_____
4	5255 Avarni Palu-Luka	Werrington	_____
5	960 Arya Swift	Cranebrook	_____
6	26287 Evelyn Lilly Callus	Colyton St Clair	_____
7	31413 Charlotte Simpson	Emu Plains	_____
8	16613 Moana Owens	Cranebrook	_____

Heat 2 of 2 Prelims

1	42599 Mariah Spillane	Nepean	_____
2	16592 Hazel Nicholls	Cranebrook	_____
3	26254 Ruby Watson	Colyton St Clair	_____
4	31414 Ava Kean	Emu Plains	_____
5	31657 Vanessa Lia	Emu Plains	_____
6	8923 Taylah Milosev	Nepean	_____
7	16603 Emmi Munro	Cranebrook	_____
8	42600 Charlotte Penning	Nepean	_____

Event 184 Boys U 8 - 70 Metre Sprint (17)

Zone: 11.12 01/12/2019 Jobie Madden

Lane Name Age Centre Seed Time

Heat 1 of 3 Prelims

1	26311 Chase Heron	Colyton St Clair	_____
2	18281 Logan Brown	Penrith	_____
3	18476 Kenny Josio	Penrith	_____
4	26269 Noah Smith	Colyton St Clair	_____
5	18566 Blake Watkins	Penrith	_____

Heat 2 of 3 Prelims

1	5275 Zac Farrugia	Werrington	_____
2	5234 Aaron Walker	Werrington	_____
3	31426 Jett Rastall	Emu Plains	_____
4	18638 Blake Kelly	Penrith	_____
5	989 Jensen Edwards	Cranebrook	_____
6	8974 Taswik Battu	Nepean	_____

Heat 3 of 3 Prelims

1	26312 Nixon Heron	Colyton St Clair	_____
2	5412 Eli Newman	Werrington	_____
3	5274 Nate Farrugia	Werrington	_____
4	18302 Dalton Percival	Penrith	_____
5	5463 Ekambir Singh	Werrington	_____
6	9138 Raphael Vaifale	Nepean	_____

Event 185 Girls U 7 - 70 Metre Sprint (14)

Zone: 11.84 2015 A STAPLETON

Lane Name Age Centre Seed Time

Heat 1 of 2 Prelims

1	18446 Millie Planer	Penrith	_____
2	31728 Lila Hetherington	Emu Plains	_____
3	16632 Olivia Enushi Senaratn	Cranebrook	_____
4	994 Scarlett Owens	Cranebrook	_____
5	31564 Alara Kandemir	Emu Plains	_____
6	5368 Georgia Alexander	Werrington	_____
7	31481 Isabella Sullivan	Emu Plains	_____

Heat 2 of 2 Prelims

1	26243 Aria Hutton	Colyton St Clair	_____
2	9051 Ohana Brandt	Nepean	_____
3	31394 Lucy Cairns	Emu Plains	_____
4	8926 Addison Daly	Nepean	_____
5	5248 Felicity Pola	Werrington	_____
6	18456 Minuli Molligoda	Penrith	_____
7	5266 Georgia Irwin	Werrington	_____

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Event 186 Boys U 7 - 70 Metre Sprint (12)

Zone: 11.45 1997 B MEDLIN

Lane Name Age Centre Seed Time

Heat 1 of 2 Prelims

1	26392 Spencer Robinson	Colyton St Clair	_____
2	18449 Malaki Ioane	Penrith	_____
3	18470 Carter Tidyman	Penrith	_____
4	16515 Tyler Hawkings	Cranebrook	_____
5	39001 Asher Vella	Cranebrook	_____
6	5370 Lachlan Soe-Lausi'i	Werrington	_____

Heat 2 of 2 Prelims

1	18504 Abhinu Wijayathna	Penrith	_____
2	38828 Ashton Henricksen	Werrington	_____
3	26323 Noah Kolila Nanai	Colyton St Clair	_____
4	38808 Elijah Devos	Werrington	_____
5	9120 Malachi Klaassen	Nepean	_____
6	5375 Mitchell Hughes	Werrington	_____

Event 187 Boys U 11 - 200 Metre Sprint (11)

Zone: 27.55 1996 P TONER

Lane Name Age Centre Seed Time

Heat 1 of 2 Prelims

1	8990 Riley Kacarovski	Nepean	_____
2	26289 Declan Thomas	Colyton St Clair	_____
3	18334 Saxon Panopoulos	Penrith	_____
4	5405 Braxton Colburn	Werrington	_____
5	10819 Tyler McSharry	Colyton St Clair	_____
6	18450 Noah Harvey	Penrith	_____

Heat 2 of 2 Prelims

1	26344 Levi White	Colyton St Clair	_____
2	5235 Chase Walker	Werrington	_____
3	31420 Alexander Simpson	Emu Plains	_____
4	31689 Baxter Ristau	Emu Plains	_____
5	5227 Sebastian Steele	Werrington	_____

Event 188 Girls U 12 - 200 Metre Sprint (10)

Zone: 27.75 1987 C BENNEY

Lane Name Age Centre Seed Time

Heat 1 of 2 Prelims

1	5272 Chelsea Wright	Werrington	_____
2	26345 Sasha Anderson	Colyton St Clair	_____
3	16505 Sophie Griggs	Cranebrook	_____
4	9091 Dana Francis	Nepean	_____
5	31621 Christine Raniga	Emu Plains	_____

Heat 2 of 2 Prelims

1	31356 Bianca Rossetto	Emu Plains	_____
2	42606 Charlize Sielicki	Nepean	_____
3	998 Holly Chater	Cranebrook	_____
4	18512 Taylah Pagnamenta	Penrith	_____
5	5240 Emily Payne	Werrington	_____

Event 189 Boys U 12 - 200 Metre Sprint (14)

Zone: 26.45 2012 S MUNAWEEERA

Lane Name Age Centre Seed Time

Heat 1 of 2 Prelims

1	18506 Lucas McPherson	Penrith	_____
2	42607 Wyatt Sielicki	Nepean	_____
3	18567 Hayden Macaulay	Penrith	_____
4	5233 Lucas Walker	Werrington	_____
5	8870 Preston Swann	Nepean	_____
6	16569 Noah Goncalves	Cranebrook	_____
7	10820 Ageshaan Muraledaran	Colyton St Clair	_____

Heat 2 of 2 Prelims

2	31478 Peter Bachtis	Emu Plains	_____
3	31661 Isaac Diola	Emu Plains	_____
4	31402 Orlando Pontello	Emu Plains	_____
5	5407 Mukhtar Ogunwoolu	Werrington	_____
6	5363 Xander Pringle	Werrington	_____
7	18327 Devrim Tenish	Penrith	_____
8	18295 Loki Howard	Penrith	_____

Event 190 Girls U 13 - 200 Metre Sprint (16)

Zone: 27.15 1991 R MOSSMAN

Lane Name Age Centre Seed Time

Heat 1 of 2 Prelims

1	8980 Zoe Mitchell	Nepean	_____
2	31546 Taylor Auld	Emu Plains	_____
3	31441 Hayley Milson	Emu Plains	_____
4	31620 Katherine Raniga	Emu Plains	_____
5	5464 Phoebe Morris	Werrington	_____
6	31398 Summer Amituanai	Emu Plains	_____
7	31423 Bonnie Clark	Emu Plains	_____
8	9117 Aliyah Adjei	Nepean	_____

Heat 2 of 2 Prelims

1	38754 Kimora Talivaa	Werrington	_____
2	26404 Taya Brewer	Colyton St Clair	_____
3	31700 Ava Ilijeski	Emu Plains	_____
4	38772 Ella Long	Werrington	_____
5	16587 Sarah Galea	Cranebrook	_____
6	31704 Alexis Rowan	Emu Plains	_____
7	31479 Effy Bachtis	Emu Plains	_____
8	5289 Chloe Williams	Werrington	_____

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Event 191 Girls U 10 - 200 Metre Sprint (15)

Zone: 30.05 1994 N PROUSE

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Prelims

1	26354 Isobel Omoh		Colyton St Clair	_____
2	9036 Adrianna Keil		Nepean	_____
3	9090 Charlotte Donlan		Nepean	_____
4	5319 Salwa Bol		Werrington	_____
5	18558 Allegra Tantalos		Penrith	_____
6	9140 Amelia Campbell		Nepean	_____
7	9098 Nicole Rich		Nepean	_____
8	9073 Alueth Majak		Nepean	_____

Heat 2 of 2 Prelims

1	38774 Aaliyah Mccarron		Werrington	_____
2	18564 Liana Alderson		Penrith	_____
3	18396 Sarah Maczek		Penrith	_____
4	16658 Isabelle Bourke		Cranebrook	_____
5	18536 Isabella Bateman		Penrith	_____
6	18296 Airlie Howard		Penrith	_____
7	18562 Keira Alderson		Penrith	_____

Event 192 Boys U 10 - 200 Metre Sprint (10)

Zone: 29.25 1990 J DIBBS

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Prelims

1	31593 Lawson Brown		Emu Plains	_____
2	5392 Rocky Wynbergen Parnic		Werrington	_____
3	31427 William Edwards		Emu Plains	_____
4	26463 Axel Speeding		Colyton St Clair	_____
5	42603 Aiden Ryan		Nepean	_____

Heat 2 of 2 Prelims

2	5295 Liam Kintanar		Werrington	_____
3	9107 Riley Penning		Nepean	_____
4	16549 Edward Gersteling		Cranebrook	_____
5	26316 Toby Miles		Colyton St Clair	_____
6	26460 Aisake McGoon		Colyton St Clair	_____

Event 193 Girls U 9 - 200 Metre Sprint (19)

Zone: 30.95 1985 B PIENING

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 3 Prelims

1	31673 Taneeka Talaia		Emu Plains	_____
2	31349 Adalynn Hook		Emu Plains	_____
3	31319 Willow Hewett		Emu Plains	_____
4	8897 Ruthie-May Morgan-Thompson		Nepean	_____
5	9075 Jayde Thompson		Nepean	_____
6	8873 Peyton Wassilenko		Nepean	_____
7	18333 Violet Panopoulos		Penrith	_____

Heat 2 of 3 Prelims

2	9069 Nora Flynn		Nepean	_____
3	31395 Ariana Pontello		Emu Plains	_____
4	9027 Miracle Egbufor		Nepean	_____
5	5348 Lily Kilgour		Werrington	_____
6	42614 Nya Wilson		Nepean	_____
7	31406 Mia Egglestone		Emu Plains	_____

Heat 3 of 3 Prelims

1	5267 Charlotte Irwin		Werrington	_____
2	18400 Marlowe Bale		Penrith	_____
3	9139 Lily-Davina Campbell		Nepean	_____
4	18460 Ava Harvey		Penrith	_____
5	26290 Evie Thomas		Colyton St Clair	_____
6	13566 Jeyda Kandemir		Emu Plains	_____

Event 194 Boys U 9 - 200 Metre Sprint (17)

Zone: 30.35 1984 S SUTTON

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 3 Prelims

1	31547 Archie Brown		Emu Plains	_____
2	26388 Kobee Laws		Colyton St Clair	_____
3	18594 Jack Lemon		Penrith	_____
4	31681 Thomas Beazley		Emu Plains	_____
5	16537 Bailey Fitzgerald		Cranebrook	_____
6	31495 Oliver Copeland		Emu Plains	_____

Heat 2 of 3 Prelims

1	5302 Chase Hodgins		Werrington	_____
2	9032 Arkin Lat		Nepean	_____
3	18433 Hunter Demuth		Penrith	_____
4	38795 Jireh-Pita Pilia'e-Rasab		Werrington	_____
5	26262 Tyler Horvath		Colyton St Clair	_____

Heat 3 of 3 Prelims

1	961 Chase Swift		Cranebrook	_____
2	9121 Ellery Klaassen		Nepean	_____
3	31512 Leon Broome		Emu Plains	_____
4	9105 Edward Jarman		Nepean	_____
5	8903 Kai Mihalic		Nepean	_____
6	31352 Saxon Borg		Emu Plains	_____

Event 195 Girls U 8 - 200 Metre Sprint (15)

Zone: 32.45 1984 B PIENING

Lane	Name	Age	Centre	Seed Time
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Heat 1 of 2 Prelims

1	42600 Charlotte Penning		Nepean	_____
2	26287 Evelyn Lilly Callus		Colyton St Clair	_____
3	26315 Cadence Miles		Colyton St Clair	_____
4	8895 Hennessy Thomas		Nepean	_____
5	31413 Charlotte Simpson		Emu Plains	_____
6	18399 Maxwell Bale		Penrith	_____
7	31598 Charlie Williams		Emu Plains	_____
8	9043 Azaria Lima		Nepean	_____

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Heat 2 of 2 Prelims...(Event 195 Girls U 8 - 200 Metre Sprint (15))

1	9001 Olivia Zarglis	Nepean	_____
2	26254 Ruby Watson	Colyton St Clair	_____
3	8982 Holly Mitchell	Nepean	_____
4	16613 Moana Owens	Cranebrook	_____
5	5255 Avarni Palu-Luka	Werrington	_____
6	31414 Ava Kean	Emu Plains	_____
7	9103 Acacia Jarman	Nepean	_____

Event 196 Boys U 8 - 200 Metre Sprint (18)

Zone: 32.25 1986 J BAYLIS

Lane	Name	Age Centre	Seed Time
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Heat 1 of 3 Prelims

1	26311 Chase Heron	Colyton St Clair	_____
2	38773 Austin Mccarron	Werrington	_____
3	5414 Jamie Saliba	Werrington	_____
4	8987 Peyton Arecco	Nepean	_____
5	18476 Kenny Josio	Penrith	_____
6	18566 Blake Watkins	Penrith	_____

Heat 2 of 3 Prelims

1	26266 Joel Mabbs	Colyton St Clair	_____
2	8896 Silas Thomas	Nepean	_____
3	5398 Hayden Formosa	Werrington	_____
4	31581 Ari Laffan	Emu Plains	_____
5	31426 Jett Rastall	Emu Plains	_____
6	8869 Linkon Crosby	Nepean	_____

Heat 3 of 3 Prelims

1	26312 Nixon Heron	Colyton St Clair	_____
2	18281 Logan Brown	Penrith	_____
3	8974 Taswik Battu	Nepean	_____
4	9104 Sidney Jarman	Nepean	_____
5	18507 Dexter Kelly	Penrith	_____
6	5245 Lucas Garrard	Werrington	_____

Event 197 Girls U 7 - 200 Metre Sprint (14)

Zone: 36.05 1987 E MCGREGOR

Lane	Name	Age Centre	Seed Time
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Heat 1 of 2 Prelims

1	18446 Millie Planer	Penrith	_____
2	31564 Alara Kandemir	Emu Plains	_____
3	16647 Claire King	Cranebrook	_____
4	31721 Penelope Peachy	Emu Plains	_____
5	5266 Georgia Irwin	Werrington	_____
6	18557 Ariana Tantalos	Penrith	_____
7	9004 Ava Kanmaz	Nepean	_____

Heat 2 of 2 Prelims

1	18463 Charlotte Maynard	Penrith	_____
2	31394 Lucy Cairns	Emu Plains	_____
3	31561 Adriana Martin	Emu Plains	_____
4	31481 Isabella Sullivan	Emu Plains	_____
5	31562 Arianna Martin	Emu Plains	_____
6	16521 Summer Lewis	Cranebrook	_____
7	26406 Isla Zeibots	Colyton St Clair	_____

Event 198 Boys U 7 - 200 Metre Sprint (10)

Zone: 34.25 1985 T WOZNIAK

Lane	Name	Age Centre	Seed Time
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Heat 1 of 2 Prelims

1	8905 Ignatius Ireton	Nepean	_____
2	31327 Liev Kovacevic	Emu Plains	_____
3	31388 Liam Collimore	Emu Plains	_____
4	38771 Harrison Jory	Werrington	_____
5	18441 Senuka Amarasena	Penrith	_____

Heat 2 of 2 Prelims

1	26371 Tyler Regan	Colyton St Clair	_____
2	18376 Kai Stewart-Williams	Penrith	_____
3	39001 Asher Vella	Cranebrook	_____
4	9120 Malachi Klaassen	Nepean	_____
5	18470 Carter Tidyman	Penrith	_____

Event 199 Girls U 17 - 200 Metre Sprint (9)

Zone: 26.53 2017 Monique Quirk

Lane	Name	Age Centre	Seed Time
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Heat 1 of 2 Prelims

1	9130 Kirsty Battye	Nepean	_____
2	31432 Ainsley Giampietro	Emu Plains	_____
3	5236 Lilli Kandel	Werrington	_____
4	31674 Nekea Talaia	Emu Plains	_____
5	5228 Breana Steele	Werrington	_____

Heat 2 of 2 Prelims

1	26275 Adriana Borg	Colyton St Clair	_____
2	31454 Mabel Dukes	Emu Plains	_____
3	18448 Krystal Burrows	Penrith	_____
4	5377 Tara Hughes	Werrington	_____

Event 200 Boys U 17 - 200 Metre Sprint (13)

Zone: 22.49 2015 A GALE

Lane	Name	Age Centre	Seed Time
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Heat 1 of 2 Prelims

1	18398 Aarush Mittal	Penrith	_____
2	5320 Lowndes Motler	Werrington	_____
3	31501 Kian Brown	Emu Plains	_____
4	31712 Caine Crawford	Emu Plains	_____
5	31707 Cooper Crane	Emu Plains	_____
6	18563 Luke Alderson	Penrith	_____
7	26433 Dominic Vecchio	Colyton St Clair	_____

Heat 2 of 2 Prelims

1	9131 Isaac Muir-Hanstock	Nepean	_____
2	31675 Matthew Willetts	Emu Plains	_____
3	31715 Maximus Konstantinof	Emu Plains	_____
4	42615 Athiei Deng	Nepean	_____
5	42618 Junior Pita	Nepean	_____
6	26343 Bayley White	Colyton St Clair	_____

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Event 209 Girls U 11 - 800 Metre Run (7)

Zone: 2:34.10 1989 M HEPWORTH

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	31618 Eva Hetherington		Emu Plains	_____
2	10814 Mia Olds		Colyton St Clair	_____
3	31486 Lucy Tindall		Emu Plains	_____
4	5353 Laci Roman		Werrington	_____
5	26471 Matilda Watts		Colyton St Clair	_____
6	9128 Skye Lawn		Nepean	_____
7	18522 Alanna Thornton		Penrith	_____

Event 210 Boys U 11 - 800 Metre Run (7)

Zone: 2:25.93 2017 Will Haydon

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	26373 Ethan Wood		Colyton St Clair	_____
2	5468 Jax McAvoy		Werrington	_____
3	18285 Blake Miller		Penrith	_____
4	16661 Mark Plume		Cranebrook	_____
5	31689 Baxter Ristau		Emu Plains	_____
6	5273 Archie Humphrey-Gasar		Werrington	_____
7	5369 Harry Alexander		Werrington	_____

Event 211 Girls U 12 - 800 Metre Run (8)

Zone: 2:27.10 1999 A HECKENBERG

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	31356 Bianca Rossetto		Emu Plains	_____
2	9091 Dana Francis		Nepean	_____
3	5240 Emily Payne		Werrington	_____
4	5465 Charlotte Morris		Werrington	_____
5	5232 Matilda-Holly Marks		Werrington	_____
6	26350 Saige Zammit		Colyton St Clair	_____
7	31482 Madison Easterbrook		Emu Plains	_____
8	31682 Amelia Beazley		Emu Plains	_____

Event 212 Boys U 12 - 800 Metre Run (7)

Zone: 2:23.44 09/12/2018 Will Haydon

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	31402 Orlando Pontello		Emu Plains	_____
2	18406 Caleb Mackie		Penrith	_____
3	31478 Peter Bachtis		Emu Plains	_____
4	5233 Lucas Walker		Werrington	_____
5	31559 Harrison Flemming		Emu Plains	_____
6	8946 Owen Sulsters		Nepean	_____
7	18295 Loki Howard		Penrith	_____

Event 213 Girls U 13 - 800 Metre Run (4)

Zone: 2:26.50 1986 A BONHAM

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	31398 Summer Amituanai		Emu Plains	_____
2	18616 Chloe Griffiths		Penrith	_____
3	31423 Bonnie Clark		Emu Plains	_____
4	5264 Isabella Roelofs		Werrington	_____

Event 214 Boys U 13 - 800 Metre Run (3)

Zone: 2:16.54 01/12/2019 Will Haydon

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	9068 Jordan Jara		Nepean	_____
2	31579 Caleb Commerford		Emu Plains	_____
3	8875 Noah Vella		Nepean	_____

Event 215 Girls U 14 - 800 Metre Run (2)

Zone: 2:24.20 1990 S HARRISON

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	5347 Hannah Loxley		Werrington	_____
2	5317 Sophie Kuach		Werrington	_____

Event 216 Boys U 14 - 800 Metre Run (6)

Zone: 2:10.80 2000 J MILBURN

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	5461 Owen Levy		Werrington	_____
2	5373 Michael Zappala		Werrington	_____
3	31670 William Jones		Emu Plains	_____
4	31693 Findlay Toohey		Emu Plains	_____
5	26365 Ryan Sciberras		Colyton St Clair	_____
6	9106 Joshua Jarman		Nepean	_____

Event 217 Girls U 15 - 800 Metre Run (3)

Zone: 2:21.80 1990 A MENZIES

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	16507 Felicity Duggan		Cranebrook	_____
2	31477 Tia Bachtis		Emu Plains	_____
3	31567 Ayla Kandemir		Emu Plains	_____

Event 218 Boys U 15 - 800 Metre Run (2)

Zone: 2:05.60 2001 J MILBURN

Lane	Name	Age	Centre	Seed Time
Section 1 of 1 Final				
1	31416 Archie King		Emu Plains	_____
2	18523 Jai Thornton		Penrith	_____

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Event 219 Girls U 17 - 800 Metre Run (6)

Zone: 2:28.21 2015 S STEELE			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	9130 Kirsty Battye	Nepean	_____
2	38766 Brianna Atkins	Werrington	_____
3	26349 Jessican Dhaliwal	Colyton St Clair	_____
4	31432 Ainsley Giampietro	Emu Plains	_____
5	18448 Krystal Burrows	Penrith	_____
6	31454 Mabel Dukes	Emu Plains	_____

Event 220 Boys U 17 - 800 Metre Run (3)

Zone: 2:05.08 2016 J HAMBLIN			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	26343 Bayley White	Colyton St Clair	_____
2	31715 Maximus Konstantinof	Emu Plains	_____
3	5462 Cooper Levy	Werrington	_____

Event 221 Girls U 10 - 800 Metre Run (12)

Zone: 2:40.00 1988 M HEPWORTH			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	31580 Audrey Commerford	Emu Plains	_____
2	26464 Lilly McSharry	Colyton St Clair	_____
3	5458 Tiannah Hickson	Werrington	_____
4	16658 Isabelle Bourke	Cranebrook	_____
5	38753 Klarity Talivaa	Werrington	_____
6	16678 Willow Duggan	Cranebrook	_____
7	31417 Antonia Powter	Emu Plains	_____
8	31558 Summer Flemming	Emu Plains	_____
9	5229 Serena Vella	Werrington	_____
10	18558 Allegra Tantalos	Penrith	_____
11	9009 Eden Allen	Nepean	_____
12	9098 Nicole Rich	Nepean	_____

Event 222 Boys U 10 - 800 Metre Run (10)

Zone: 2:32.19 2016 W HAYDON			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	31593 Lawson Brown	Emu Plains	_____
2	8997 Liam Forth	Nepean	_____
3	42603 Aiden Ryan	Nepean	_____
4	9058 William Treharne	Nepean	_____
5	5239 Isaac Payne	Werrington	_____
6	16556 Ryan Boueiri	Cranebrook	_____
7	5392 Rocky Wynbergen Parnc	Werrington	_____
8	5253 Seth Pattison	Werrington	_____
9	26460 Aisake McGoon	Colyton St Clair	_____
10	26316 Toby Miles	Colyton St Clair	_____

Event 223 Girls U 9 - 800 Metre Run (11)

Zone: 2:48.40 1987 M HEPWORTH			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	18405 Reagan Mackie	Penrith	_____
2	8973 Elena Demetriou	Nepean	_____
3	8873 Peyton Wassilenko	Nepean	_____
4	18492 Mackenzie Hanson	Penrith	_____
5	31349 Adalynn Hook	Emu Plains	_____
6	5267 Charlotte Irwin	Werrington	_____
7	18342 Pippa Aris	Penrith	_____
8	18415 Maddison Carter	Penrith	_____
9	5251 Aniva Malaaculu	Werrington	_____
10	18400 Marlowe Bale	Penrith	_____
11	31395 Ariana Pontello	Emu Plains	_____

Event 224 Boys U 9 - 800 Metre Run (15)

Zone: 2:28.10 1990 B McCONNELL			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	9032 Arkin Lat	Nepean	_____
2	31352 Saxon Borg	Emu Plains	_____
3	26262 Tyler Horvath	Colyton St Clair	_____
4	31495 Oliver Copeland	Emu Plains	_____
5	16537 Bailey Fitzgerald	Cranebrook	_____
6	18417 Thomas Fokes	Penrith	_____
7	31333 Eli Coburn	Emu Plains	_____
8	5302 Chase Hodgins	Werrington	_____
9	18311 Jacob Kurniadi	Penrith	_____
10	31421 Henry Cairns	Emu Plains	_____
11	987 Jack Whelan	Cranebrook	_____
12	31681 Thomas Beazley	Emu Plains	_____
13	31372 Ashton Shone	Emu Plains	_____
14	8903 Kai Mihalic	Nepean	_____
15	8983 Jaxon Leslie	Nepean	_____

Event 233 Boys U 13 - 200 Metre Sprint (8)

Zone: 24.35 2013 S MUNAWEERA			
Lane	Name	Age Centre	Seed Time
Section 1 of 1 Final			
1	31401 Timothy Hammond	Emu Plains	_____
2	5379 Ebosioigwe Ugbomhe	Werrington	_____
3	8947 Liam Sulsters	Nepean	_____
4	31575 Denzel Odhiambo	Emu Plains	_____
5	9129 Aiden Lawn	Nepean	_____
6	18535 Zachary Bateman	Penrith	_____
7	31461 Kade Wallington	Emu Plains	_____
8	5356 Henry McDowell	Werrington	_____

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Event 234 Girls U 14 - 200 Metre Sprint (4)

Zone: 26.85 1990 E SEERS

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	39021 Charlotte Harrison		Cranebrook	_____
2	31691 Lilly Brown		Emu Plains	_____
3	5317 Sophie Kuach		Werrington	_____
4	38758 Chelsea Attwill		Werrington	_____

Event 235 Boys U 14 - 200 Metre Sprint (8)

Zone: 24.31 04/12/2022 Epeosi Ugbonmhe

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	38768 Preston Clarke		Werrington	_____
2	31670 William Jones		Emu Plains	_____
3	973 Owen Cashel		Cranebrook	_____
4	9106 Joshua Jarman		Nepean	_____
5	5425 Liam McSweeney		Werrington	_____
6	31693 Findlay Toohey		Emu Plains	_____
7	10821 Rathushaan Muraledar		Colyton St Clair	_____
8	31468 Jaxson Willmington		Emu Plains	_____

Event 236 Girls U 15 - 200 Metre Sprint (5)

Zone: 26.45 2013 A PETERSON

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	18590 Charlotte Bradshaw		Penrith	_____
2	16504 Amelia Griggs		Cranebrook	_____
3	31567 Ayla Kandemir		Emu Plains	_____
4	26394 Aliye Dalkilinc		Colyton St Clair	_____
5	9023 Taylah Conway		Werrington	_____

Event 237 Boys U 15 - 200 Metre Sprint (7)

Zone: 23.15 2015 J McLACHLAN

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	38762 Arthma Jhamat		Werrington	_____
2	31500 Kael Brown		Emu Plains	_____
3	26387 Noah Hams		Colyton St Clair	_____
4	5378 Epeosi Ugbonmhe		Werrington	_____
5	5259 Hunter Mckillop-Davies		Werrington	_____
6	18523 Jai Thornton		Penrith	_____
7	5344 Xavier Piper		Werrington	_____

Event 248 Boys U 14 - Long Jump (8)

Zone: 6.88m 2013 A GALE

Pos	Name	Age	Centre	Seed Mark
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Flight 1 of 1 Final

1	973 Owen Cashel		Cranebrook	_____
2	26365 Ryan Sciberras		Colyton St Clair	_____
3	9106 Joshua Jarman		Nepean	_____
4	26252 Brody Watson		Colyton St Clair	_____
5	18639 Brayden Kelly		Penrith	_____
6	5425 Liam McSweeney		Werrington	_____
7	5461 Owen Levy		Werrington	_____
8	31693 Findlay Toohey		Emu Plains	_____

Event 248 Girls U 11 - 200 Metre Sprint (7)

Zone: 28.55 1990 R MOSSMAN

Lane	Name	Age	Centre	Seed Time
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Section 1 of 1 Final

1	18522 Alanna Thornton		Penrith	_____
2	18640 Cassidy Kelly		Penrith	_____
3	9025 Kaitlyn Downes		Nepean	_____
4	31635 Felicity Sutton		Emu Plains	_____
5	31695 Rosie Chan		Emu Plains	_____
6	9084 Alana Keil		Nepean	_____
7	31574 Malia Odhiambo		Emu Plains	_____

Event 249 Girls U 15 - Long Jump (4)

Zone: 5.36m 2013 A BAXTER

Pos	Name	Age	Centre	Seed Mark
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Flight 1 of 1 Final

1	16507 Felicity Duggan		Cranebrook	_____
2	9023 Taylah Conway		Werrington	_____
3	18490 Mia Brown		Penrith	_____
4	16504 Amelia Griggs		Cranebrook	_____

Event 250 Boys U 10 - Long Jump (13)

Zone: 4.60m 2012 P BAKER

Pos	Name	Age	Centre	Seed Mark
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Flight 1 of 1 Final

1	16556 Ryan Boueiri		Cranebrook	_____
2	9107 Riley Penning		Nepean	_____
3	9058 William Treharne		Nepean	_____
4	5406 Abdulsalam Ogunwoolu		Werrington	_____
5	16549 Edward Gersteling		Cranebrook	_____
6	5392 Rocky Wynbergen Parne		Werrington	_____
7	9067 Ashton Campbell		Nepean	_____
8	26463 Axel Speeding		Colyton St Clair	_____
9	18542 Aiden Lisso		Penrith	_____
10	5253 Seth Pattison		Werrington	_____
11	5432 Brady Henricksen		Werrington	_____
12	26302 Logan Leathan		Colyton St Clair	_____
13	8931 Cooper Campbell		Nepean	_____

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Event 251 Girls U 12 - Long Jump (10)

Zone: 4.78m 1991 R MOSSMAN			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	42606 Charlize Sielicki	Nepean	_____
2	5240 Emily Payne	Werrington	_____
3	9056 Mackenzie Russell	Nepean	_____
4	31356 Bianca Rossetto	Emu Plains	_____
5	9127 Aliyah Henderson	Nepean	_____
6	998 Holly Chater	Cranebrook	_____
7	31367 Chelsea Hardacre	Emu Plains	_____
8	10816 Talia Vecchio	Colyton St Clair	_____
9	18326 Emelia Corby	Penrith	_____
10	5272 Chelsea Wright	Werrington	_____

Event 252 Boys U 17 - Triple Jump (3)

Zone: 13.72m 01/12/2019 Laud Codjoe			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	26433 Dominic Vecchio	Colyton St Clair	_____
2	18398 Aarush Mittal	Penrith	_____
3	9131 Isaac Muir-Hanstock	Nepean	_____

Event 253 Boys U 11 - Triple Jump (15)

Zone: 9.89m 1991 J CONN			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5468 Jax McAvoy	Werrington	_____
2	31689 Baxter Ristau	Emu Plains	_____
3	18293 Lucas Wells	Penrith	_____
4	5305 Leo Simpson	Werrington	_____
5	18443 Ranuka Koswattage	Penrith	_____
6	31431 Levi Holden	Emu Plains	_____
7	18471 Daniel Marsh-Tidyman	Penrith	_____
8	5227 Sebastian Steele	Werrington	_____
9	5273 Archie Humphrey-Gasar	Werrington	_____
10	18450 Noah Harvey	Penrith	_____
11	31420 Alexander Simpson	Emu Plains	_____
12	18588 Koen Beale	Penrith	_____
13	26344 Levi White	Colyton St Clair	_____
14	968 Mathayus Andreatta	Cranebrook	_____
15	26289 Declan Thomas	Colyton St Clair	_____

Event 254 Girls U 9 - Long Jump (18)

Zone: 3.97m 1985 B PIENING			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	8934 Monika Dabra	Nepean	_____
2	31406 Mia Egglestone	Emu Plains	_____
3	8880 Mia Hagan	Nepean	_____
4	31409 Madelyn Murray	Emu Plains	_____
5	18342 Pippa Aris	Penrith	_____
6	8955 Mishika Bhardwaj	Nepean	_____
7	18356 Eleanna Papadimas	Penrith	_____
8	8873 Peyton Wassilenko	Nepean	_____
9	8897 Ruthie-May Morgan-Th	Nepean	_____
10	18325 Ivory-Lee Mitchell	Penrith	_____
11	31404 Ruby Magnoli	Emu Plains	_____
12	18400 Marlowe Bale	Penrith	_____
13	8876 Tamanna Chaudhary	Nepean	_____
14	5453 Keziah Lui Key	Werrington	_____
15	9139 Lily-Davina Campbell	Nepean	_____
16	26290 Evie Thomas	Colyton St Clair	_____
17	31319 Willow Hewett	Emu Plains	_____
18	31595 Evaloni Fekitoa	Emu Plains	_____

Event 255 Boys U 13 - Long Jump (7)

Zone: 5.68m 2015 L CODJOE			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	9129 Aiden Lawn	Nepean	_____
2	31461 Kade Wallington	Emu Plains	_____
3	31575 Denzel Odhiambo	Emu Plains	_____
4	18535 Zachary Bateman	Penrith	_____
5	5379 Ebosioigwe Ugbomhe	Werrington	_____
6	5356 Henry McDowell	Werrington	_____
7	8947 Liam Sulsters	Nepean	_____

Event 256 Girls U 13 - Triple Jump (9)

Zone: 10.56m 2010 M RUSHTON			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	26319 Aimee Johannsen	Colyton St Clair	_____
2	31700 Ava Ilijeski	Emu Plains	_____
3	31704 Alexis Rowan	Emu Plains	_____
4	9117 Aliyah Adjei	Nepean	_____
5	5464 Phoebe Morris	Werrington	_____
6	31425 Elousie Murray	Emu Plains	_____
7	8920 Alysha Bodie	Nepean	_____
8	26253 Georgia Watson	Colyton St Clair	_____
9	31423 Bonnie Clark	Emu Plains	_____

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Event 257 Girls U 17 - Long Jump (9)

Zone: 5.52m 2015 A BAXTER			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	31403 Savannah Carter	Emu Plains	_____
2	18505 Sophie McPherson	Penrith	_____
3	31432 Ainsley Giampietro	Emu Plains	_____
4	9070 Abbey Bektas	Nepean	_____
5	26275 Adriana Borg	Colyton St Clair	_____
6	5236 Lilli Kandel	Werrington	_____
7	31674 Nekea Talaia	Emu Plains	_____
8	5377 Tara Hughes	Werrington	_____
9	18353 Michayla Espie	Penrith	_____

Event 258 Girls U 7 - Long Jump (18)

Zone: 3.19m 2015 A STAPLETON			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	994 Scarlett Owens	Cranebrook	_____
2	31561 Adriana Martin	Emu Plains	_____
3	8926 Addison Daly	Nepean	_____
4	956 Selena Sawaszenko	Cranebrook	_____
5	31603 Abigail McKinnon	Emu Plains	_____
6	5248 Felicity Pola	Werrington	_____
7	31562 Arianna Martin	Emu Plains	_____
8	9051 Ohana Brandt	Nepean	_____
9	18587 Kyah Beale	Penrith	_____
10	26406 Isla Zeibots	Colyton St Clair	_____
11	31728 Lila Hetherington	Emu Plains	_____
12	5266 Georgia Irwin	Werrington	_____
13	18456 Minuli Molligoda	Penrith	_____
14	31481 Isabella Sullivan	Emu Plains	_____
15	26243 Aria Hutton	Colyton St Clair	_____
16	9004 Ava Kanmaz	Nepean	_____
17	31394 Lucy Cairns	Emu Plains	_____
18	8882 Chloe Barbe	Nepean	_____

Event 259 Boys U 15 - Triple Jump (9)

Zone: 12.89m 1997 D PERDERSON			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	31416 Archie King	Emu Plains	_____
2	18523 Jai Thornton	Penrith	_____
3	5437 Elias McGaughey	Werrington	_____
4	38762 Arthma Jhamat	Werrington	_____
5	26387 Noah Hams	Colyton St Clair	_____
6	18514 Thomas Cody	Penrith	_____
7	5344 Xavier Piper	Werrington	_____
8	16643 Dylan Taylor-Rogers	Cranebrook	_____
9	5259 Hunter Mckillop-Davies	Werrington	_____

Event 260 Boys U 7 - Long Jump (11)

Zone: 3.59m 1987 J DIBBS			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	18504 Abhinu Wijayarathna	Penrith	_____
2	26323 Noah Kolila Nanai	Colyton St Clair	_____
3	9037 Jakai Leslie	Nepean	_____
4	31388 Liam Collimore	Emu Plains	_____
5	38771 Harrison Jory	Werrington	_____
6	18376 Kai Stewart-Williams	Penrith	_____
7	9120 Malachi Klaassen	Nepean	_____
8	26392 Spencer Robinson	Colyton St Clair	_____
9	5375 Mitchell Hughes	Werrington	_____
10	8905 Ignatius Ireton	Nepean	_____
11	38808 Elijah Devos	Werrington	_____

Event 261 Girls U 14 - Triple Jump (8)

Zone: 11.32m 2010 A RUSE			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	38758 Chelsea Attwill	Werrington	_____
2	26385 Alexis South	Colyton St Clair	_____
3	39021 Charlotte Harrison	Cranebrook	_____
4	31691 Lilly Brown	Emu Plains	_____
5	5347 Hannah Loxley	Werrington	_____
6	31556 Adelaide Grima	Emu Plains	_____
7	26416 Siena Vecchio	Colyton St Clair	_____
8	8969 Kiarna Bretschneider	Nepean	_____

Event 262 Boys U 12 - Triple Jump (7)

Zone: 10.93m 2012 J NEILLY			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	18593 Lachlan Bradshaw	Penrith	_____
2	5233 Lucas Walker	Werrington	_____
3	8939 Nijel Senathirajah	Nepean	_____
4	5438 Maximilianvs De Vita	Werrington	_____
5	9005 Lucas O'Hare	Nepean	_____
6	5407 Mukhtar Ogunwoolu	Werrington	_____
7	18586 Clayton Gregory	Penrith	_____

Event 263 Girls U 13 - Discus (750 Gram) (9)

Zone: 37.62m 2014 A PEARSON			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	26319 Aimee Johannsen	Colyton St Clair	_____
2	16587 Sarah Galea	Cranebrook	_____
3	5264 Isabella Roelofs	Werrington	_____
4	31382 Olivia Holden	Emu Plains	_____
5	8960 Breanna Calford	Nepean	_____
6	5464 Phoebe Morris	Werrington	_____
7	31700 Ava Ilijeski	Emu Plains	_____
8	8920 Alysha Bodie	Nepean	_____
9	38754 Kimora Talivaa	Werrington	_____

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Event 264 Girls U 14 - Discus (1.0 Kg) (7)

Zone: 38.80m 2015 A PEARSON			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5457 Laylah Golden	Werrington	_____
2	42612 Indyana Campbell	Nepean	_____
3	18585 Ava Gregory	Penrith	_____
4	5331 Tahlia Thomson	Werrington	_____
5	31605 Krystal Trigg	Emu Plains	_____
6	8969 Kiarna Bretschneider	Nepean	_____
7	26385 Alexis South	Colyton St Clair	_____

Event 265 Girls U 7 - Discus (350 Gram) (14)

Zone: 17.26m 2001 K RANADI			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	18557 Ariana Tantalos	Penrith	_____
2	26406 Isla Zeibots	Colyton St Clair	_____
3	18463 Charlotte Maynard	Penrith	_____
4	18587 Kyah Beale	Penrith	_____
5	9051 Ohana Brandt	Nepean	_____
6	956 Selena Sawaszenko	Cranebrook	_____
7	5368 Georgia Alexander	Werrington	_____
8	31603 Abigail McKinnon	Emu Plains	_____
9	18456 Minuli Molligoda	Penrith	_____
10	18633 Noa Robinson	Penrith	_____
11	8882 Chloe Barbe	Nepean	_____
12	31721 Penelope Peachy	Emu Plains	_____
13	8996 Zoe Forth	Nepean	_____
14	16647 Claire King	Cranebrook	_____

Event 266 Girls U 11 - Discus (500 Gram) (11)

Zone: 31.74m 1996 K DONOVAN			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	8898 Wylear Morgan-Thomas	Nepean	_____
2	5355 Lily Aldred	Werrington	_____
3	8935 Stella McDiarmid-Great	Nepean	_____
4	31695 Rosie Chan	Emu Plains	_____
5	26428 Giselle Stopins	Colyton St Clair	_____
6	18561 Jannat Mann	Penrith	_____
7	8932 Chloe Campbell	Nepean	_____
8	31493 Lilliana Hayek	Emu Plains	_____
9	9008 Alexis Allen	Nepean	_____
10	18371 Briar Auva'a	Penrith	_____
11	31422 Harper Egglestone	Emu Plains	_____

Event 267 Boys U 8 - Discus (500 Gram) (17)

Zone: 24.02m 1992 D THOMSON			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	989 Jensen Edwards	Cranebrook	_____
2	8896 Silas Thomas	Nepean	_____
3	18281 Logan Brown	Penrith	_____
4	18638 Blake Kelly	Penrith	_____
5	9138 Raphael Vaifale	Nepean	_____
6	8970 Justin Richards	Nepean	_____
7	31619 Samuel Raniga	Emu Plains	_____
8	8869 Linkon Crosby	Nepean	_____
9	5262 Michael Matthias	Werrington	_____
10	5245 Lucas Garrard	Werrington	_____
11	8953 Harrison Fisher	Nepean	_____
12	5275 Zac Farrugia	Werrington	_____
13	5463 Ekambir Singh	Werrington	_____
14	8951 Riley King	Nepean	_____
15	5412 Eli Newman	Werrington	_____
16	5440 William Ellis	Werrington	_____
17	8927 Arthur Forth	Nepean	_____

Event 268 Girls U 9 - Discus (500 Gram) (16)

Zone: 26.46m 1985 A RICHARDS			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	18405 Reagan Mackie	Penrith	_____
2	5251 Aniva Malaeculu	Werrington	_____
3	9069 Nora Flynn	Nepean	_____
4	9075 Jayde Thompson	Nepean	_____
5	5267 Charlotte Irwin	Werrington	_____
6	8955 Mishika Bhardwaj	Nepean	_____
7	31673 Taneeka Talaia	Emu Plains	_____
8	9027 Miracle Egbufor	Nepean	_____
9	8934 Monika Dabra	Nepean	_____
10	31409 Madelyn Murray	Emu Plains	_____
11	18492 Mackenzie Hanson	Penrith	_____
12	5348 Lily Kilgour	Werrington	_____
13	31404 Ruby Magnoli	Emu Plains	_____
14	18356 Eleanna Papadimas	Penrith	_____
15	8876 Tamanna Chaudhary	Nepean	_____
16	31492 Olivia Hayek	Emu Plains	_____

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Event 269 Boys U 10 - Discus (500 Gram) (10)

Zone: 38.19m 2012 L ROSE			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	957 Roman Sawaszenko	Cranebrook	_____
2	18475 Ashton Jenson	Penrith	_____
3	8931 Cooper Campbell	Nepean	_____
4	31412 Christian Simpson	Emu Plains	_____
5	5253 Seth Pattison	Werrington	_____
6	8997 Liam Forth	Nepean	_____
7	16556 Ryan Boueiri	Cranebrook	_____
8	8928 Harrison Forth	Nepean	_____
9	26326 Zaviar Tanielu-Park	Colyton St Clair	_____
10	8945 Aaron Sulsters	Nepean	_____

Event 270 Girls U 12 - Discus (750 Gram) (8)

Zone: 35.68m 1996 K DONOVAN			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5252 Lily Pattison	Werrington	_____
2	998 Holly Chater	Cranebrook	_____
3	9127 Aliyah Henderson	Nepean	_____
4	18512 Taylah Pagnamenta	Penrith	_____
5	9056 Mackenzie Russell	Nepean	_____
6	18513 Havana Pagnamenta	Penrith	_____
7	5272 Chelsea Wright	Werrington	_____
8	18326 Emelia Corby	Penrith	_____

Event 271 Boys U 17 - Discus (1.5 Kg) (5)

Zone: 44.57m 2014 J BAKER			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	9000 Lachlan Green	Nepean	_____
2	31712 Caine Crawford	Emu Plains	_____
3	9141 Brayden Davenport	Nepean	_____
4	5320 Lowndes Motler	Werrington	_____
5	26398 Josh Carter (Multi Clas	Colyton St Clair	_____

Event 272 Boys U 15 - Discus (1.0 Kg) (3)

Zone: 53.36m 1990 C COONEY			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5437 Elias McGaughey	Werrington	_____
2	26314 Ricky Morris	Colyton St Clair	_____
3	5259 Hunter Mckillop-Davies	Werrington	_____

Event 273 Boys U 13 - Shot Put (3.0 Kg) (8)

Zone: 15.41m 2013 EJ BROWN-VAELUA			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	31575 Denzel Odhiambo	Emu Plains	_____
2	26378 Deaun Al Hassan	Colyton St Clair	_____
3	8922 Hague Asare	Nepean	_____
4	18595 Isaac Lemon	Penrith	_____
5	5436 Conan McGaughey	Werrington	_____
6	9068 Jordan Jara	Nepean	_____
7	31579 Caleb Commerford	Emu Plains	_____
8	26313 Jarryd Morris	Colyton St Clair	_____

Event 274 Boys U 12 - Shot Put (2.0 Kg) (10)

Zone: 13.27m 2012 EJ BROWN-VAELUA			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	18474 Joshua Jensen	Penrith	_____
2	5306 Eli Simpson	Werrington	_____
3	18567 Hayden Macaulay	Penrith	_____
4	10820 Ageshaan Muraledaran	Colyton St Clair	_____
5	18593 Lachlan Bradshaw	Penrith	_____
6	42604 Zachary Ryan	Nepean	_____
7	31661 Isaac Diola	Emu Plains	_____
8	18289 Caleb Kennedy	Penrith	_____
9	5438 Maximilianvs De Vita	Werrington	_____
10	8939 Nijel Senathirajah	Nepean	_____

Event 275 Girls U 8 - Shot Put (1.5 Kg) (10)

Zone: 6.99m 2006 T HILL			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	16516 Lucy Sztelma	Cranebrook	_____
2	31657 Vanessa Lia	Emu Plains	_____
3	9103 Acacia Jarman	Nepean	_____
4	9043 Azaria Lima	Nepean	_____
5	16555 Naya Boueiri	Cranebrook	_____
6	9001 Olivia Zarglis	Nepean	_____
7	960 Arya Swift	Cranebrook	_____
8	16542 Amaya Matakatea-Will	Cranebrook	_____
9	8889 Ivy-Rose Christie	Nepean	_____
10	16523 Nora Venables	Cranebrook	_____

Event 276 Boys U 7 - Shot Put (1.0 Kg) (8)

Zone: 8.80m 1990 M KANDEL			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	18449 Malaki Ioane	Penrith	_____
2	5375 Mitchell Hughes	Werrington	_____
3	18376 Kai Stewart-Williams	Penrith	_____
4	26422 Kai Morris	Colyton St Clair	_____
5	5370 Lachlan Soe-Laui'i	Werrington	_____
6	26371 Tyler Regan	Colyton St Clair	_____
7	16515 Tyler Hawkings	Cranebrook	_____
8	9037 Jakai Leslie	Nepean	_____

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Event 277 Boys U 9 - Shot Put (2.0 Kg) (14)

Zone: 9.36m 1990 S BURDETT			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	9115 Hunter Ngapuhi	Nepean	_____
2	31535 Cooper Martin	Emu Plains	_____
3	8983 Jaxon Leslie	Nepean	_____
4	9121 Ellery Klaassen	Nepean	_____
5	18378 Parker Lynch	Penrith	_____
6	9057 Tyler Treharne	Nepean	_____
7	18594 Jack Lemon	Penrith	_____
8	8952 Noah King	Nepean	_____
9	31352 Saxon Borg	Emu Plains	_____
10	18596 Peyton Walker	Penrith	_____
11	5390 Jonathan Finn	Werrington	_____
12	9105 Edward Jarman	Nepean	_____
13	31512 Leon Broome	Emu Plains	_____
14	18433 Hunter Demuth	Penrith	_____

Event 278 Girls U 15 - Shot Put (3.0 Kg) (4)

Zone: 13.02m 2016 A PEARSON			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	16554 Jemma Camilleri	Cranebrook	_____
2	26327 Zhaliya Tanielu-Park	Colyton St Clair	_____
3	5404 Kaiah Wong	Werrington	_____
4	18552 Mannat Mann	Penrith	_____

Event 279 Girls U 17 - Shot Put (3.0 Kg) (8)

Zone: 15.98m 2012 T SENGAL			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	26386 Ashleigh South	Colyton St Clair	_____
2	5377 Tara Hughes	Werrington	_____
3	9070 Abbey Bektas	Nepean	_____
4	18353 Michayla Espie	Penrith	_____
5	8874 Zoe Mark	Nepean	_____
6	31674 Nekea Talaia	Emu Plains	_____
7	9130 Kirsty Battye	Nepean	_____
8	5330 Mia Thomson	Werrington	_____

Event 280 Boys U 14 - Shot Put (3.0 Kg) (5)

Zone: 19.91m 01/12/2019 Amosia Soatini			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	31686 Jonny Farrugia	Emu Plains	_____
2	5376 Ethan Hughes	Werrington	_____
3	26252 Brody Watson	Colyton St Clair	_____
4	10821 Rathushaan Muraledar	Colyton St Clair	_____
5	8971 Blade Richards	Nepean	_____

Event 281 Girls U 10 - Shot Put (2.0 Kg) (16)

Zone: 9.04m 1991 K MULHERON			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	9045 Lara Evans	Nepean	_____
2	5435 Sahara McGaughey	Werrington	_____
3	31417 Antonia Powter	Emu Plains	_____
4	5396 Mannat Kaur Gill	Werrington	_____
5	26372 Aleigha Regan	Colyton St Clair	_____
6	8938 Holly Krahe	Nepean	_____
7	9052 Millie Okell	Nepean	_____
8	42608 Pascalle Hartnig	Nepean	_____
9	18562 Keira Alderson	Penrith	_____
10	8871 Hannah Parkinson	Nepean	_____
11	9059 Jazmine Zarglis	Nepean	_____
12	8872 Sophie Maloney	Nepean	_____
13	5439 Phoebe Ellis	Werrington	_____
14	31430 Jessica Edwards	Emu Plains	_____
15	16517 Emily Sztelma	Cranebrook	_____
16	26405 Ava Zeibots	Colyton St Clair	_____

Event 282 Boys U 11 - Shot Put (2.0 Kg) (5)

Zone: 13.05m 2012 EJ BROWN-VAELUA			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5427 Damian Beale	Werrington	_____
3	18471 Daniel Marsh-Tidyman	Penrith	_____
4	31685 Jake Farrugia	Emu Plains	_____
5	9028 Praise Egbufor	Nepean	_____
6	5305 Leo Simpson	Werrington	_____

Event 283 Boys U 9 - High Jump (S/H 0.85m) (9)

Zone: 1.26m 1999 J DIBBS			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	8952 Noah King	Nepean	_____
2	18387 Oscar Rogers	Penrith	_____
3	16537 Bailey Fitzgerald	Cranebrook	_____
4	39007 Madden Vella	Cranebrook	_____
5	8983 Jaxon Leslie	Nepean	_____
6	31617 Leo Hetherington	Emu Plains	_____
7	987 Jack Whelan	Cranebrook	_____
8	26274 Lucas Borg	Colyton St Clair	_____
9	18378 Parker Lynch	Penrith	_____

Event 284 Boys U 15 - High Jump (S/H 1.25m) (6)

Zone: 1.80m 2001 A JACKSON			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	38762 Arthma Jhamat	Werrington	_____
2	26387 Noah Hams	Colyton St Clair	_____
3	5259 Hunter Mckillop-Davies	Werrington	_____
4	18514 Thomas Cody	Penrith	_____
5	5354 Kai Roman	Werrington	_____
6	5344 Xavier Piper	Werrington	_____

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Event 285 Girls U 10 - High Jump (S/H 0.90m) (8)

Zone: 1.29m 1991 K MULHERON			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5458 Tiannah Hickson	Werrington	_____
2	26464 Lilly McSharry	Colyton St Clair	_____
3	16517 Emily Sztelma	Cranebrook	_____
4	26354 Isobel Omoh	Colyton St Clair	_____
5	8937 Maria Nordsvan-McLea	Nepean	_____
6	5396 Mannat Kaur Gill	Werrington	_____
7	16518 Sienna Hawkings	Cranebrook	_____
8	18547 Mikayla Pace	Penrith	_____

Event 286 Girls U 14 - High Jump (S/H 1.20m) (4)

Zone: 1.57m 2000 A KELLY			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	5347 Hannah Loxley	Werrington	_____
2	26416 Siena Vecchio	Colyton St Clair	_____
3	5317 Sophie Kuach	Werrington	_____
4	39021 Charlotte Harrison	Cranebrook	_____

Event 287 Boys U 12 - High Jump (S/H 1.15m) (6)

Zone: 1.52m 1994 D GREGORY			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	18474 Joshua Jensen	Penrith	_____
2	9005 Lucas O'Hare	Nepean	_____
3	5438 Maximilianvs De Vita	Werrington	_____
4	31402 Orlando Pontello	Emu Plains	_____
5	5233 Lucas Walker	Werrington	_____
6	18586 Clayton Gregory	Penrith	_____

Event 288 Boys U 17 - High Jump (S/H 1.30m) (8)

Zone: 1.85m 30/11/2019 Daniel Kelly			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	31712 Caine Crawford	Emu Plains	_____
2	42615 Athiei Deng	Nepean	_____
3	26433 Dominic Vecchio	Colyton St Clair	_____
4	9141 Brayden Davenport	Nepean	_____
5	31707 Cooper Crane	Emu Plains	_____
6	42618 Junior Pita	Nepean	_____
7	31675 Matthew Willetts	Emu Plains	_____
8	18398 Aarush Mittal	Penrith	_____

Event 289 Boys U 11 - High Jump (S/H 1.05m) (14)

Zone: 1.47m 1993 D GREGORY			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	16661 Mark Plume	Cranebrook	_____
2	31720 Zachary Trigg	Emu Plains	_____
3	5468 Jax McAvoy	Werrington	_____
4	26373 Ethan Wood	Colyton St Clair	_____
5	31420 Alexander Simpson	Emu Plains	_____
6	18588 Koen Beale	Penrith	_____
7	26344 Levi White	Colyton St Clair	_____
8	8990 Riley Kacarovski	Nepean	_____
9	18293 Lucas Wells	Penrith	_____
10	18471 Daniel Marsh-Tidyman	Penrith	_____
11	5235 Chase Walker	Werrington	_____
12	5273 Archie Humphrey-Gasar	Werrington	_____
13	18631 Finn Robinson	Penrith	_____
14	968 Mathayus Andreatta	Cranebrook	_____

Event 290 Boys U 13 - High Jump (S/H 1.20m) (2)

Zone: 1.65m 1996 D PEDERSON			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	9129 Aiden Lawn	Nepean	_____
2	5379 Ebosioigwe Ugbonmhe	Werrington	_____

Event 291 Girls U 17 - Javelin (500 Gram) (5)

Zone: 37.71m 2012 T SENGAL			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	18353 Michayla Espie	Penrith	_____
2	26349 Jessican Dhaliwal	Colyton St Clair	_____
3	26386 Ashleigh South	Colyton St Clair	_____
4	31403 Savannah Carter	Emu Plains	_____
5	5377 Tara Hughes	Werrington	_____

Event 292 Girls U 15 - Javelin (500 Gram) (3)

Zone: 35.73m 2016 C SCHWARZ			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	16554 Jemma Camilleri	Cranebrook	_____
2	5404 Kaiyah Wong	Werrington	_____
3	18552 Mannat Mann	Penrith	_____

Event 293 Boys U 14 - Javelin (600 Gram) (4)

Zone: 44.66m 2000 C FORTH			
Pos	Name	Age Centre	Seed Mark
Flight 1 of 1 Final			
1	8971 Blade Richards	Nepean	_____
2	10821 Rathushaan Muraledar	Colyton St Clair	_____
3	31686 Jonny Farrugia	Emu Plains	_____
4	5376 Ethan Hughes	Werrington	_____

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Event 294 Girls U 13 - Javelin (400 Gram) (6)

Zone: 31.98m 2003 N FORTH

Pos	Name	Age Centre	Seed Mark
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Flight 1 of 1 Final

1	31398 Summer Amituanai	Emu Plains	_____
2	31400 Anna Coburn	Emu Plains	_____
3	16587 Sarah Galea	Cranebrook	_____
4	38754 Kimora Talivaa	Werrington	_____
5	31425 Elousie Murray	Emu Plains	_____
6	26270 Maddison Smith	Colyton St Clair	_____

Event 295 Girls U 11 - Javelin (400 Gram) (7)

Zone: 21.50m 2017 Emma Matthias

Pos	Name	Age Centre	Seed Mark
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Flight 1 of 1 Final

1	8932 Chloe Campbell	Nepean	_____
2	18561 Jannat Mann	Penrith	_____
3	8935 Stella McDiarmid-Great	Nepean	_____
4	31533 Ava Young	Emu Plains	_____
5	31493 Lilliana Hayek	Emu Plains	_____
6	5246 Hannah Garrard	Werrington	_____
7	26471 Matilda Watts	Colyton St Clair	_____