

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Session Report**

Session: 1 Friday Track

Day 1 - Friday 1/12/2023 - Starts at 05:00 PM

Event	Round
5:00 PM #1 Girls U 13 - 200 Metre Hurdles (68cm)	Final
5:04 PM #2 Boys U 13 - 200 Metre Hurdles (68cm)	Final
5:10 PM #3 Girls U 14 - 200 Metre Hurdles (76cm)	Final
5:12 PM #4 Boys U 14 - 200 Metre Hurdles (76cm)	Final
5:19 PM #5 Girls U 15 - 300 Metre Hurdles (76cm)	Final
5:19 PM #6 Boys U 15 - 300 Metre Hurdles (76cm)	Final
5:21 PM #7 Girls U 17 - 300 Metre Hurdles (76cm)	Final
5:23 PM #8 Boys U 17 - 300 Metre Hurdles (76cm)	Final
5:35 PM #9 Girls U 7 - 500 Metre Run Pack Start	Final
5:41 PM #10 Boys U 7 - 500 Metre Run Pack Start	Final
5:47 PM #11 Girls U 8 - 700 Metre Run Pack Start	Final
5:53 PM #12 Boys U 8 - 700 Metre Run Pack Start	Final
6:07 PM #13 Girls U 13 - 3000 Metre Run	Final
6:07 PM #14 Boys U 13 - 3000 Metre Run	Final
6:22 PM #15 Girls U 14 - 3000 Metre Run	Final
6:22 PM #16 Boys U 14 - 3000 Metre Run	Final
6:22 PM #17 Girls U 15 - 3000 Metre Run	Final
6:22 PM #18 Boys U 15 - 3000 Metre Run	Final
6:22 PM #19 Girls U 17 - 3000 Metre Run	Final
6:22 PM #20 Boys U 17 - 3000 Metre Run	Final

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Session Report**

Session: 2 Friday Field

Day 1 - Friday 1/12/2023 - Starts at 05:00 PM

Event	Round
5:00 PM #1 Girls U 14 - Javelin (400 Gram)	Final
5:00 PM #2 Boys U 14 - Javelin (600 Gram)	Final
5:00 PM #3 Boys U 13-14 Multi Class Javelin	Final
6:10 PM #4 Girls U 15 - Javelin (500 Gram)	Final
6:10 PM #5 Boys U 15 - Javelin (700 Gram)	Final
6:40 PM #6 Boys U 12 - Javelin (400 Gram)	Final
6:40 PM #7 Girls U 12 - Javelin (400 Gram)	Final
6:40 PM #8 Girls U 11-12 Multi Class Javelin	Final
5:00 PM #9 Girls U 7 - Long Jump	Final
5:00 PM #10 Boys U 7 - Long Jump	Final
5:00 PM #11 Girls U 17 - Triple Jump	Final
5:45 PM #12 Boys U 17 - Triple Jump	Final
5:00 PM #13 Girls U 11 - Discus (500 Gram)	Final

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Session Report**

Session: 3 Saturday Track

Day 2 - Saturday 2/12/2023 - Starts at 08:00 AM

Event	Round
8:00 AM #21 Girls U 7 - 100 Metre Sprint	Heats
8:04 AM #22 Boys U 7 - 100 Metre Sprint	Heats
8:08 AM #23 Girls U 17 - 100 Metre Sprint	Heats
8:12 AM #24 Boys U 17 - 100 Metre Sprint	Heats
8:16 AM #25 Girls U 15 - 100 Metre Sprint	Heats
8:18 AM #26 Boys U 15 - 100 Metre Sprint	Heats
8:22 AM #27 Girls U 14 - 100 Metre Sprint	Heats
8:26 AM #28 Boys U 14 - 100 Metre Sprint	Heats
8:26 AM #29 Boys U 13-14 100 Metre Multi Class Run	Final
8:30 AM #30 Girls U 13 - 100 Metre Sprint	Heats
8:34 AM #31 Boys U 13 - 100 Metre Sprint	Heats
8:38 AM #32 Girls U 12 - 100 Metre Sprint	Heats
8:38 AM #33 Girls U 11-12 100 Metre Multi Class Run	Final
8:44 AM #34 Boys U 12 - 100 Metre Sprint	Heats
8:50 AM #35 Girls U 11 - 100 Metre Sprint	Heats
8:56 AM #36 Boys U 11 - 100 Metre Sprint	Heats
9:00 AM #37 Girls U 10 - 100 Metre Sprint	Heats
9:06 AM #38 Boys U 10 - 100 Metre Sprint	Heats
9:12 AM #39 Girls U 9 - 100 Metre Sprint	Heats
9:16 AM #40 Boys U 9 - 100 Metre Sprint	Heats
9:22 AM #41 Girls U 8 - 100 Metre Sprint	Heats
9:26 AM #42 Boys U 8 - 100 Metre Sprint	Heats
9:52 AM #43 Girls U 17 - 1500 Metre Run	Final
9:52 AM #44 Boys U 17 - 1500 Metre Run	Final
10:00 AM #45 Girls U 15 - 1500 Metre Run	Final
10:00 AM #46 Boys U 15 - 1500 Metre Run	Final
10:08 AM #47 Girls U 14 - 1500 Metre Run	Final
10:08 AM #48 Boys U 14 - 1500 Metre Run	Final
10:16 AM #49 Girls U 13 - 1500 Metre Run	Final
10:24 AM #50 Boys U 13 - 1500 Metre Run	Final
10:32 AM #51 Girls U 12 - 1500 Metre Run	Final
10:40 AM #52 Boys U 12 - 1500 Metre Run	Final
10:48 AM #53 Girls U 11 - 1500 Metre Run	Final
10:56 AM #54 Boys U 11 - 1500 Metre Run	Final
11:24 AM #55 Girls U 8 - 60 Metre Hurdles (45cm)	Heats
11:33 AM #56 Boys U 8 - 60 Metre Hurdles (45cm)	Heats
11:42 AM #57 Girls U 9 - 60 Metre Hurdles (45cm)	Heats
11:51 AM #58 Boys U 9 - 60 Metre Hurdles (45cm)	Heats
11:59 AM #59 Girls U 10 - 60 Metre Hurdles (60cm)	Heats
12:05 PM #60 Boys U 10 - 60 Metre Hurdles (60cm)	Heats
12:41 PM #61 Girls U 7 - 100 Metre Sprint	Final
12:43 PM #62 Boys U 7 - 100 Metre Sprint	Final
12:45 PM #64 Girls U 17 - 100 Metre Sprint	Final

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Session Report**

Session: 3 Saturday Track

Day 2 - Saturday 2/12/2023 - Starts at 08:00 AM

Event	Round
12:47 PM #63 Boys U 17 - 100 Metre Sprint	Final
12:49 PM #65 Girls U 15 - 100 Metre Sprint	Final
12:49 PM #66 Boys U 15 - 100 Metre Sprint	Final
12:51 PM #67 Girls U 14 - 100 Metre Sprint	Final
12:53 PM #68 Boys U 14 - 100 Metre Sprint	Final
12:55 PM #69 Girls U 13 - 100 Metre Sprint	Final
12:57 PM #70 Boys U 13 - 100 Metre Sprint	Final
12:59 PM #71 Girls U 12 - 100 Metre Sprint	Final
1:01 PM #72 Boys U 12 - 100 Metre Sprint	Final
1:03 PM #73 Girls U 11 - 100 Metre Sprint	Final
1:05 PM #74 Boys U 11 - 100 Metre Sprint	Final
1:07 PM #75 Girls U 10 - 100 Metre Sprint	Final
1:09 PM #76 Boys U 10 - 100 Metre Sprint	Final
1:11 PM #77 Girls U 9 - 100 Metre Sprint	Final
1:13 PM #78 Boys U 9 - 100 Metre Sprint	Final
1:15 PM #79 Girls U 8 - 100 Metre Sprint	Final
1:17 PM #80 Boys U 8 - 100 Metre Sprint	Final
1:29 PM #81 Girls U 8 - 60 Metre Hurdles (45cm)	Final
1:32 PM #82 Boys U 8 - 60 Metre Hurdles (45cm)	Final
1:35 PM #83 Girls U 9 - 60 Metre Hurdles (45cm)	Final
1:38 PM #84 Boys U 9 - 60 Metre Hurdles (45cm)	Final
1:41 PM #85 Girls U 10 - 60 Metre Hurdles (60cm)	Final
1:44 PM #86 Boys U 10 - 60 Metre Hurdles (60cm)	Final
2:07 PM #87 Girls U 7 - 50 Metre Sprint	Heats
2:11 PM #88 Boys U 7 - 50 Metre Sprint	Heats
2:22 PM #89 Girls U 12 - 400 Metre Sprint	Final
2:28 PM #90 Boys U 12 - 400 Metre Sprint	Final
2:34 PM #91 Girls U 11 - 400 Metre Sprint	Final
2:40 PM #92 Boys U 11 - 400 Metre Sprint	Final
2:49 PM #93 Girls U 10 - 400 Metre Sprint	Final
2:58 PM #94 Boys U 10 - 400 Metre Sprint	Final
3:07 PM #95 Girls U 9 - 400 Metre Sprint	Final
3:16 PM #96 Boys U 9 - 400 Metre Sprint	Final
3:25 PM #97 Girls U 8 - 400 Metre Run Pack Start	Final
3:28 PM #98 Boys U 8 - 400 Metre Run Pack Start	Final
3:31 PM #99 Boys U 17 - 400 Metre Sprint	Final
3:37 PM #100 Girls U 17 - 400 Metre Sprint	Final
3:40 PM #101 Boys U 15 - 400 Metre Sprint	Final
3:46 PM #102 Girls U 15 - 400 Metre Sprint	Final
3:49 PM #103 Boys U 14 - 400 Metre Sprint	Final
3:57 PM #104 Girls U 14 - 400 Metre Sprint	Final
3:58 PM #105 Boys U 13 - 400 Metre Sprint	Final
4:04 PM #106 Girls U 13 - 400 Metre Sprint	Final

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Session Report

Session: 3 Saturday Track

Day 2 - Saturday 2/12/2023 - Starts at 08:00 AM

Event	Round
4:10 PM #107 Girls U 7 - 50 Metre Sprint	Final
4:12 PM #108 Boys U 7 - 50 Metre Sprint	Final

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Session Report**

Session: 4 Saturday Field

Day 2 - Saturday 2/12/2023 - Starts at 08:00 AM

Event	Round
8:30 AM #14 Boys U 14 - Discus (1.0 Kg)	Final
8:30 AM #15 Boys U 13-14 Multi Class Discus	Final
9:15 AM #16 Boys U 17 - Discus (1.5 Kg)	Final
10:00 AM #17 Boys U 13 - Discus (750 Gram)	Final
11:10 AM #18 Girls U 15 - Discus (1.0 Kg)	Final
8:30 AM #19 Girls U 10 - Discus (500 Gram)	Final
10:00 AM #20 Boys U 10 - Discus (500 Gram)	Final
11:30 AM #21 Girls U 8 - Discus (500 Gram)	Final
12:40 PM #22 Girls U 12 - Discus (750 Gram)	Final
12:40 PM #23 Girls U 11-12 Multi Class Discus	Final
2:10 PM #24 Boys U 12 - Discus (750 Gram)	Final
8:30 AM #25 Girls U 15 - High Jump (S/H 1.20m)	Final
9:15 AM #26 Girls U 12 - High Jump (S/H 1.10m)	Final
10:25 AM #27 Boys U 9 - High Jump (S/H 0.85m)	Final
11:55 AM #28 Girls U 9 - High Jump (S/H 0.80m)	Final
8:30 AM #29 Girls U 13 - High Jump (S/H 1.15m)	Final
9:40 AM #30 Boys U 14 - High Jump (S/H 1.25m)	Final
10:50 AM #31 Boys U 17 - High Jump (S/H 1.30m)	Final
12:00 PM #32 Girls U 11 - High Jump (S/H 1.00m)	Final
1:25 PM #33 Boys U 13 - Javelin (600 Gram)	Final
1:25 PM #34 Boys U 11 - Javelin (400 Gram)	Final
2:35 PM #35 Girls U 17 - Javelin (500 Gram)	Final
8:30 AM #36 Boys U 12 - Long Jump	Final
10:00 AM #37 Girls U 13 - Long Jump	Final
11:30 AM #38 Boys U 10 - Long Jump	Final
1:00 PM #39 Boys U 17 - Long Jump	Final
2:30 PM #40 Girls U 14 - Long Jump	Final
8:30 AM #41 Boys U 8 - Long Jump	Final
10:00 AM #42 Girls U 10 - Long Jump	Final
11:30 AM #43 Boys U 13 - Long Jump	Final
1:00 PM #44 Boys U 15 - Long Jump	Final
2:30 PM #45 Girls U 8 - Long Jump	Final
8:30 AM #46 Boys U 15 - Shot Put (4.0 Kg)	Final
9:15 AM #47 Girls U 14 - Shot Put (3.0 Kg)	Final
10:00 AM #48 Boys U 11 - Shot Put (2.0 Kg)	Final
11:10 AM #49 Boys U 8 - Shot Put (1.5 Kg)	Final
12:20 PM #50 Girls U 13 - Shot Put (3.0 Kg)	Final
8:30 AM #51 Girls U 11 - Shot Put (2.0 Kg)	Final
10:00 AM #52 Boys U 7 - Shot Put (1.0 Kg)	Final
11:30 AM #53 Girls U 17 - Shot Put (3.0 Kg)	Final
12:15 PM #54 Boys U 9 - Shot Put (2.0 Kg)	Final
1:45 PM #55 Girls U 9 - Shot Put (2.0 Kg)	Final
10:00 AM #56 Girls U 15 - Triple Jump	Final

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Session Report

Session: 4 Saturday Field

Day 2 - Saturday 2/12/2023 - Starts at 08:00 AM

	Event	Round
11:30 AM	#57 Boys U 11 - Triple Jump	Final
1:30 PM	#58 Girls U 11 - Triple Jump	Final

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Session Report**

Session: 5 Sunday Track

Day 3 - Sunday 3/12/2023 - Starts at 08:00 AM

Event	Round
7:30 AM #109 Girls U 9 - 700 Metre Walk	Final
7:37 AM #110 Boys U 9 - 700 Metre Walk	Final
7:44 AM #111 Girls U 10 - 1100 Metre Walk	Final
7:44 AM #112 Boys U 10 - 1100 Metre Walk	Final
7:53 AM #113 Girls U 11 - 1100 Metre Walk	Final
7:53 AM #114 Boys U 11 - 1100 Metre Walk	Final
8:02 AM #115 Girls U 12 - 1500 Metre Walk	Final
8:02 AM #116 Boys U 12 - 1500 Metre Walk	Final
8:14 AM #117 Girls U 13 - 1500 Metre Walk	Final
8:14 AM #118 Boys U 13 - 1500 Metre Walk	Final
8:14 AM #119 Girls U 14 - 1500 Metre Walk	Final
8:14 AM #120 Boys U 14 - 1500 Metre Walk	Final
8:14 AM #121 Girls U 15 - 1500 Metre Walk	Final
8:14 AM #122 Boys U 15 - 1500 Metre Walk	Final
8:14 AM #123 Girls U 17 - 1500 Metre Walk	Final
8:14 AM #124 Boys U 17 - 1500 Metre Walk	Final
8:46 AM #125 Boys U 17 - 110 Metre Hurdles (76cm)	Heats
8:51 AM #126 Girls U 17 - 100 Metre Hurdles (76cm)	Heats
8:53 AM #127 Boys U 15 - 100 Metre Hurdles (76cm)	Heats
8:58 AM #128 Girls U 15 - 90 Metre Hurdles (76cm)	Heats
9:00 AM #129 Boys U 14 - 90 Metre Hurdles (76cm)	Heats
9:05 AM #130 Girls U 14 - 80 Metre Hurdles (76cm)	Heats
9:07 AM #131 Boys U 13 - 80 Metre Hurdles (76cm)	Heats
9:11 AM #132 Girls U 13 - 80 Metre Hurdles (76cm)	Heats
9:16 AM #133 Girls U 12 - 80 Metre Hurdles (68cm)	Heats
9:20 AM #134 Boys U 12 - 80 Metre Hurdles (68cm)	Heats
9:27 AM #135 Girls U 11 - 80 Metre Hurdles (60cm)	Heats
9:31 AM #136 Boys U 11 - 80 Metre Hurdles (60cm)	Heats
9:45 AM #137 Girls U 7 - 70 Metre Sprint	Heats
9:49 AM #138 Boys U 7 - 70 Metre Sprint	Heats
9:53 AM #139 Girls U 8 - 70 Metre Sprint	Heats
9:57 AM #140 Boys U 8 - 70 Metre Sprint	Heats
10:01 AM #141 Girls U 9 - 70 Metre Sprint	Heats
10:07 AM #142 Boys U 9 - 70 Metre Sprint	Heats
10:11 AM #143 Girls U 10 - 70 Metre Sprint	Heats
10:15 AM #144 Boys U 10 - 70 Metre Sprint	Heats
10:41 AM #145 Boys U 17 - 800 Metre Run	Final
10:45 AM #146 Girls U 17 - 800 Metre Run	Final
10:45 AM #147 Girls U 15 - 800 Metre Run	Final
10:49 AM #148 Boys U 15 - 800 Metre Run	Final
10:53 AM #149 Girls U 14 - 800 Metre Run	Final
10:57 AM #150 Boys U 14 - 800 Metre Run	Final
11:01 AM #151 Girls U 13 - 800 Metre Run	Final

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Session Report**

Session: 5 Sunday Track

Day 3 - Sunday 3/12/2023 - Starts at 08:00 AM

Event	Round
11:05 AM #152 Boys U 13 - 800 Metre Run	Final
11:09 AM #153 Girls U 12 - 800 Metre Run	Final
11:13 AM #154 Boys U 12 - 800 Metre Run	Final
11:17 AM #155 Girls U 11 - 800 Metre Run	Final
11:21 AM #156 Boys U 11 - 800 Metre Run	Final
11:25 AM #157 Girls U 10 - 800 Metre Run	Final
11:29 AM #158 Boys U 10 - 800 Metre Run	Final
11:33 AM #159 Girls U 9 - 800 Metre Run	Final
11:37 AM #160 Boys U 9 - 800 Metre Run	Final
11:41 AM #161 Girls U 8 - 200 Metre Sprint	Heats
11:55 AM #162 Boys U 8 - 200 Metre Sprint	Heats
12:01 PM #163 Girls U 7 - 200 Metre Sprint	Heats
12:07 PM #164 Boys U 7 - 200 Metre Sprint	Heats
12:13 PM #165 Girls U 17 - 200 Metre Sprint	Heats
12:15 PM #166 Boys U 17 - 200 Metre Sprint	Heats
12:19 PM #167 Girls U 15 - 200 Metre Sprint	Heats
12:21 PM #168 Boys U 15 - 200 Metre Sprint	Heats
12:25 PM #169 Girls U 14 - 200 Metre Sprint	Heats
12:29 PM #170 Boys U 14 - 200 Metre Sprint	Heats
12:33 PM #171 Girls U 13 - 200 Metre Sprint	Heats
12:37 PM #172 Boys U 13 - 200 Metre Sprint	Heats
12:37 PM #173 Girls U 12 - 200 Metre Sprint	Heats
12:41 PM #174 Boys U 12 - 200 Metre Sprint	Heats
12:47 PM #175 Girls U 11 - 200 Metre Sprint	Heats
12:53 PM #176 Boys U 11 - 200 Metre Sprint	Heats
12:57 PM #177 Girls U 10 - 200 Metre Sprint	Heats
1:03 PM #178 Boys U 10 - 200 Metre Sprint	Heats
1:11 PM #179 Girls U 9 - 200 Metre Sprint	Heats
1:17 PM #180 Boys U 9 - 200 Metre Sprint	Heats
1:43 PM #181 Boys U 17 - 110 Metre Hurdles (76cm)	Final
1:43 PM #182 Girls U 17 - 100 Metre Hurdles (76cm)	Final
1:43 PM #183 Boys U 15 - 100 Metre Hurdles (76cm)	Final
1:43 PM #184 Girls U 15 - 90 Metre Hurdles (76cm)	Final
1:43 PM #185 Boys U 14 - 90 Metre Hurdles (76cm)	Final
1:43 PM #186 Girls U 14 - 80 Metre Hurdles (76cm)	Final
1:43 PM #187 Girls U 13 - 80 Metre Hurdles (76cm)	Final
1:45 PM #188 Boys U 13 - 80 Metre Hurdles (76cm)	Final
1:45 PM #189 Girls U 12 - 80 Metre Hurdles (68cm)	Final
1:45 PM #190 Boys U 12 - 80 Metre Hurdles (68cm)	Final
1:47 PM #191 Girls U 11 - 80 Metre Hurdles (60cm)	Final
1:49 PM #192 Boys U 11 - 80 Metre Hurdles (60cm)	Final
2:01 PM #193 Girls U 7 - 70 Metre Sprint	Final
2:03 PM #194 Boys U 7 - 70 Metre Sprint	Final

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Session Report**

Session: 5 Sunday Track

Day 3 - Sunday 3/12/2023 - Starts at 08:00 AM

Event	Round
2:05 PM #195 Girls U 8 - 70 Metre Sprint	Final
2:07 PM #196 Boys U 8 - 70 Metre Sprint	Final
2:09 PM #197 Girls U 9 - 70 Metre Sprint	Final
2:11 PM #198 Boys U 9 - 70 Metre Sprint	Final
2:13 PM #199 Girls U 10 - 70 Metre Sprint	Final
2:15 PM #200 Boys U 10 - 70 Metre Sprint	Final
2:47 PM #201 Girls U 9-12 4x100 Metre Relay (Jnr)	Final
2:51 PM #202 Boys U 9-12 4x100 Metre Relay (Jnr)	Final
2:55 PM #203 Girls U 12-17 4x100 Metre Relay (Snr)	Final
2:59 PM #204 Boys U 12-17 4x100 Metre Relay (Snr)	Final
3:33 PM #205 Girls U 8 - 200 Metre Sprint	Final
3:35 PM #206 Boys U 8 - 200 Metre Sprint	Final
3:41 PM #207 Girls U 7 - 200 Metre Sprint	Final
3:47 PM #208 Boys U 7 - 200 Metre Sprint	Final
3:53 PM #209 Girls U 17 - 200 Metre Sprint	Final
3:55 PM #210 Boys U 17 - 200 Metre Sprint	Final
3:59 PM #211 Girls U 15 - 200 Metre Sprint	Final
4:01 PM #212 Boys U 15 - 200 Metre Sprint	Final
4:05 PM #213 Girls U 14 - 200 Metre Sprint	Final
5:09 PM #214 Boys U 14 - 200 Metre Sprint	Final
4:13 PM #215 Girls U 13 - 200 Metre Sprint	Final
4:17 PM #216 Boys U 13 - 200 Metre Sprint	Final
4:23 PM #217 Girls U 12 - 200 Metre Sprint	Final
4:27 PM #218 Boys U 12 - 200 Metre Sprint	Final
4:33 PM #219 Girls U 11 - 200 Metre Sprint	Final
4:39 PM #220 Boys U 11 - 200 Metre Sprint	Final
4:43 PM #221 Girls U 10 - 200 Metre Sprint	Final
4:49 PM #222 Boys U 10 - 200 Metre Sprint	Final
4:57 PM #223 Girls U 9 - 200 Metre Sprint	Final
5:03 PM #224 Boys U 9 - 200 Metre Sprint	Final

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Session Report**

Session: 6 Sunday Field

Day 3 - Sunday 3/12/2023 - Starts at 08:00 AM

Event	Round
8:30 AM #59 Boys U 7 - Discus (350 Gram)	Final
10:00 AM #60 Girls U 7 - Discus (350 Gram)	Final
11:10 AM #61 Boys U 8 - Discus (500 Gram)	Final
12:40 PM #62 Boys U 9 - Discus (500 Gram)	Final
2:10 PM #63 Girls U 9 - Discus (500 Gram)	Final
8:30 AM #64 Girls U 14 - Discus (1.0 Kg)	Final
9:40 AM #65 Boys U 15 - Discus (1.0 Kg)	Final
10:10 AM #66 Girls U 13 - Discus (750 Gram)	Final
11:20 AM #67 Girls U 17 - Discus (1.0 Kg)	Final
12:05 PM #68 Boys U 11 - Discus 500 Gram)	Final
8:30 AM #69 Girls U 17 - High Jump (S/H 1.25m)	Final
9:15 AM #70 Boys U 11 - High Jump (S/H 1.05m)	Final
10:10 AM #71 Boys U 15 - High Jump (S/H 1.25m)	Final
8:30 AM #72 Boys U 12 - High Jump (S/H 1.15m)	Final
10:00 AM #73 Boys U 13 - High Jump (S/H 1.20m)	Final
11:05 AM #74 Girls U 14 - High Jump (S/H 1.20m)	Final
10:55 AM #75 Boys U 10 - High Jump (S/H 0.95m)	Final
11:50 AM #76 Girls U 10 - High Jump (S/H 0.90m)	Final
1:35 PM #77 Girls U 11 - Javelin (400 Gram)	Final
1:35 PM #78 Girls U 13 - Javelin (400 Gram)	Final
2:45 PM #79 Boys U 17 - Javelin (700 Gram)	Final
8:30 AM #80 Boys U 9 - Long Jump	Final
10:00 AM #81 Girls U 9 - Long Jump	Final
11:30 AM #82 Girls U 11 - Long Jump	Final
12:50 PM #83 Boys U 14 - Long Jump	Final
2:20 PM #84 Boys U 13-14 Multi Class Long Jump	Final
8:30 AM #85 Girls U 12 - Long Jump	Final
8:30 AM #86 Girls U 11-12 Multi Class Long Jump	Final
9:40 AM #87 Girls U 15 - Long Jump	Final
10:45 AM #88 Boys U 11 - Long Jump	Final
12:45 PM #89 Girls U 17 - Long Jump	Final
8:30 AM #90 Boys U 10 - Shot Put (2.0 Kg)	Final
10:00 AM #91 Girls U 10 - Shot Put (2.0 Kg)	Final
11:30 AM #92 Girls U 15 - Shot Put (3.0 Kg)	Final
12:00 PM #93 Boys U 17 - Shot Put (5.0 Kg)	Final
12:30 PM #94 Girls U 7 - Shot Put (1.0 Kg)	Final
8:30 AM #95 Girls U 8 - Shot Put (1.5 Kg)	Final
9:40 AM #96 Boys U 14 - Shot Put (3.0 Kg)	Final
9:40 AM #97 Boys U 13-14 Multi Class Shot Put	Final
10:25 AM #98 Boys U 12 - Shot Put (2.0 Kg)	Final
11:10 AM #99 Boys U 13 - Shot Put (3.0 Kg)	Final
1:05 PM #100 Girls U 12 - Shot Put (2.0 Kg)	Final
1:05 PM #101 Girls U 11-12 Multi Class Shot Put	Final

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Session Report**

Session: 6 Sunday Field

Day 3 - Sunday 3/12/2023 - Starts at 08:00 AM

	Event	Round
8:30 AM	#102 Boys U 14 - Triple Jump	Final
9:40 AM	#103 Girls U 14 - Triple Jump	Final
10:50 AM	#104 Boys U 15 - Triple Jump	Final
11:35 AM	#105 Girls U 12 - Triple Jump	Final
1:05 PM	#106 Boys U 13 - Triple Jump	Final
2:05 PM	#107 Boys U 12 - Triple Jump	Final
3:35 PM	#108 Girls U 13 - Triple Jump	Final