

**ZONE TRACK & FIELD CHAMPIONSHIPS****LANSW****Session Report**

Session: 5 Zone Track Session

Day 1 - Saturday 2/12/2023 - Starts at 12:00 PM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
#96	Boys U 7 - 500 Metre Run Pack Start	Final	2	1
#97	Girls U 8 - 700 Metre Run Pack Start	Final	1	1
#98	Boys U 8 - 700 Metre Run Pack Start	Final	1	1
#117	Girls U 11 - 1500 Metre Run	Final	3	1
#118	Boys U 11 - 1500 Metre Run	Final	4	1
#119	Girls U 12 - 1500 Metre Run	Final	3	1
#120	Boys U 12 - 1500 Metre Run	Final	2	1
#121	Girls U 13 - 1500 Metre Run	Final	2	1
#122	Boys U 13 - 1500 Metre Run	Final	2	1
#123	Girls U 14 - 1500 Metre Run	Final	1	1
#124	Boys U 14 - 1500 Metre Run	Final	1	1
#125	Girls U 15 - 1500 Metre Run	Final	2	1
#128	Boys U 17 - 1500 Metre Run	Final	1	1
#69	Girls U 8 - 60 Metre Hurdles (45cm)	Final	4	1
#70	Boys U 8 - 60 Metre Hurdles (45cm)	Final	4	1
#71	Girls U 9 - 60 Metre Hurdles (45cm)	Final	8	1
#72	Boys U 9 - 60 Metre Hurdles (45cm)	Final	4	1
#73	Girls U 10 - 60 Metre Hurdles (60cm)	Final	3	1
#74	Boys U 10 - 60 Metre Hurdles (60cm)	Final	3	1
#75	Girls U 11 - 80 Metre Hurdles (60cm)	Final	3	1
#76	Boys U 11 - 80 Metre Hurdles (60cm)	Final	3	1
#77	Girls U 12 - 80 Metre Hurdles (68cm)	Final	6	1
#81	Girls U 14 - 80 Metre Hurdles (76cm)	Final	1	1
#78	Boys U 12 - 80 Metre Hurdles (68cm)	Final	4	1
#80	Boys U 13 - 80 Metre Hurdles (76cm)	Final	2	1
#82	Boys U 14 - 90 Metre Hurdles (76cm)	Final	1	1
#83	Girls U 15 - 90 Metre Hurdles (76cm)	Final	2	1
#87	Girls U 13 - 200 Metre Hurdles (68cm)	Final	1	1
#3	Girls U 7 - 70 Metre Sprint	Final	5	1
#4	Boys U 7 - 70 Metre Sprint	Final	4	1
#5	Girls U 8 - 70 Metre Sprint	Final	4	1
#6	Boys U 8 - 70 Metre Sprint	Final	2	1
#7	Girls U 9 - 70 Metre Sprint	Final	3	1
#8	Boys U 9 - 70 Metre Sprint	Final	3	1
#9	Girls U 10 - 70 Metre Sprint	Final	5	1
#10	Boys U 10 - 70 Metre Sprint	Final	3	1
#99	Girls U 9 - 800 Metre Run	Final	1	1
#101	Girls U 10 - 800 Metre Run	Final	3	1
#103	Girls U 11 - 800 Metre Run	Final	5	1
#105	Girls U 12 - 800 Metre Run	Final	4	1
#100	Boys U 9 - 800 Metre Run	Final	2	1
#102	Boys U 10 - 800 Metre Run	Final	2	1
#104	Boys U 11 - 800 Metre Run	Final	6	1

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<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
#106	Boys U 12 - 800 Metre Run	Final	2	1
#107	Girls U 13 - 800 Metre Run	Final	3	1
#108	Boys U 13 - 800 Metre Run	Final	3	1
#109	Girls U 14 - 800 Metre Run	Final	1	1
#111	Girls U 15 - 800 Metre Run	Final	2	1
#114	Boys U 17 - 800 Metre Run	Final	2	1
#286	Boys U 13-14 800 Metre Multi Class Run	Final	1	1
#1	Girls U 7 - 50 Metre Sprint	Final	3	1
#2	Boys U 7 - 50 Metre Sprint	Final	5	1
#13	Girls U 8 - 100 Metre Sprint	Final	4	1
#14	Boys U 8 - 100 Metre Sprint	Final	4	1
#15	Girls U 9 - 100 Metre Sprint	Final	4	1
#16	Boys U 9 - 100 Metre Sprint	Final	5	1
#17	Girls U 10 - 100 Metre Sprint	Final	4	1
#18	Boys U 10 - 100 Metre Sprint	Final	2	1
#19	Girls U 11 - 100 Metre Sprint	Final	4	1
#20	Boys U 11 - 100 Metre Sprint	Final	5	1
#21	Girls U 12 - 100 Metre Sprint	Final	2	1
#22	Boys U 12 - 100 Metre Sprint	Final	6	1
#23	Girls U 13 - 100 Metre Sprint	Final	4	1
#24	Boys U 13 - 100 Metre Sprint	Final	4	1
#25	Girls U 14 - 100 Metre Sprint	Final	3	1
#26	Boys U 14 - 100 Metre Sprint	Final	3	1
#27	Girls U 15 - 100 Metre Sprint	Final	3	1
#28	Boys U 15 - 100 Metre Sprint	Final	3	1
#29	Girls U 17 - 100 Metre Sprint	Final	1	1
#30	Boys U 17 - 100 Metre Sprint	Final	3	1
#11	Girls U 7 - 100 Metre Sprint	Final	3	1
#12	Boys U 7 - 100 Metre Sprint	Final	4	1
#33	Girls U 8 - 200 Metre Sprint	Final	1	1
#34	Boys U 8 - 200 Metre Sprint	Final	6	1
#35	Girls U 9 - 200 Metre Sprint	Final	3	1
#36	Boys U 9 - 200 Metre Sprint	Final	4	1
#38	Boys U 10 - 200 Metre Sprint	Final	5	1
#39	Girls U 11 - 200 Metre Sprint	Final	4	1
#40	Boys U 11 - 200 Metre Sprint	Final	5	1
#41	Girls U 12 - 200 Metre Sprint	Final	3	1
#42	Boys U 12 - 200 Metre Sprint	Final	4	1
#43	Girls U 13 - 200 Metre Sprint	Final	4	1
#44	Boys U 13 - 200 Metre Sprint	Final	3	1
#45	Girls U 14 - 200 Metre Sprint	Final	1	1
#46	Boys U 14 - 200 Metre Sprint	Final	3	1
#294	Boys U 13-14 200 Metre Multi Class Run	Final	1	1

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<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
#47	Girls U 15 - 200 Metre Sprint	Final	2	1
#48	Boys U 15 - 200 Metre Sprint	Final	3	1
#49	Girls U 17 - 200 Metre Sprint	Final	1	1
#50	Boys U 17 - 200 Metre Sprint	Final	2	1
#31	Girls U 7 - 200 Metre Sprint	Final	3	1
#32	Boys U 7 - 200 Metre Sprint	Final	4	1
#51	Girls U 8 - 400 Metre Run Pack Start	Final	2	1
#52	Boys U 8 - 400 Metre Run Pack Start	Final	5	1
#53	Girls U 9 - 400 Metre Sprint	Final	2	1
#54	Boys U 9 - 400 Metre Sprint	Final	3	1
#55	Girls U 10 - 400 Metre Sprint	Final	4	1
#56	Boys U 10 - 400 Metre Sprint	Final	2	1
#57	Girls U 11 - 400 Metre Sprint	Final	5	1
#58	Boys U 11 - 400 Metre Sprint	Final	4	1
#59	Girls U 12 - 400 Metre Sprint	Final	1	1
#60	Boys U 12 - 400 Metre Sprint	Final	4	1
#61	Girls U 13 - 400 Metre Sprint	Final	3	1
#62	Boys U 13 - 400 Metre Sprint	Final	3	1
#63	Girls U 14 - 400 Metre Sprint	Final	1	1
#66	Boys U 15 - 400 Metre Sprint	Final	3	1
#68	Boys U 17 - 400 Metre Sprint	Final	3	1
#310	Boys U 13-14 400 Metre Multi Class Run	Final	2	1
#137	Girls U 9 - 700 Metre Walk	Final	4	1
#139	Girls U 10 - 1100 Metre Walk	Final	3	1
#141	Girls U 11 - 1100 Metre Walk	Final	3	1
#142	Boys U 11 - 1100 Metre Walk	Final	1	1
#143	Girls U 12 - 1500 Metre Walk	Final	2	1
#145	Girls U 13 - 1500 Metre Walk	Final	1	1
#147	Girls U 14 - 1500 Metre Walk	Final	2	1
#149	Girls U 15 - 1500 Metre Walk	Final	1	1
	Athlete Count: 146		=====	=====
	Entry / Heat Totals:		345	116

**ZONE TRACK & FIELD CHAMPIONSHIPS****LANSW****Session Report**

Session: 6 Zone Field Session

Day 1 - Saturday 2/12/2023 - Starts at 12:00 PM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
#153	Girls U 9 - High Jump (S/H 0.80m)	Final	2	1
#154	Boys U 9 - High Jump (S/H 0.85m)	Final	3	1
#155	Girls U 10 - High Jump (S/H 0.90m)	Final	3	1
#156	Boys U 10 - High Jump (S/H 0.95m)	Final	2	1
#157	Girls U 11 - High Jump (S/H 1.00m)	Final	3	1
#158	Boys U 11 - High Jump (S/H 1.05m)	Final	6	1
#159	Girls U 12 - High Jump (S/H 1.10m)	Final	6	1
#160	Boys U 12 - High Jump (S/H 1.15m)	Final	1	1
#161	Girls U 13 - High Jump (S/H 1.15m)	Final	3	1
#162	Boys U 13 - High Jump (S/H 1.20m)	Final	3	1
#164	Boys U 14 - High Jump (S/H 1.25m)	Final	1	1
#165	Girls U 15 - High Jump (S/H 1.20m)	Final	1	1
#166	Boys U 15 - High Jump (S/H 1.25m)	Final	1	1
#168	Boys U 17 - High Jump (S/H 1.30m)	Final	1	1
#169	Girls U 7 - Long Jump	Final	5	1
#170	Boys U 7 - Long Jump	Final	4	1
#171	Girls U 8 - Long Jump	Final	5	1
#172	Boys U 8 - Long Jump	Final	7	1
#173	Girls U 9 - Long Jump	Final	8	1
#174	Boys U 9 - Long Jump	Final	1	1
#175	Girls U 10 - Long Jump	Final	7	1
#176	Boys U 10 - Long Jump	Final	6	1
#177	Girls U 11 - Long Jump	Final	3	1
#178	Boys U 11 - Long Jump	Final	5	1
#179	Girls U 12 - Long Jump	Final	5	1
#180	Boys U 12 - Long Jump	Final	7	1
#181	Girls U 13 - Long Jump	Final	7	1
#182	Boys U 13 - Long Jump	Final	5	1
#183	Girls U 14 - Long Jump	Final	2	1
#184	Boys U 14 - Long Jump	Final	3	1
#185	Girls U 15 - Long Jump	Final	3	1
#186	Boys U 15 - Long Jump	Final	3	1
#187	Girls U 17 - Long Jump	Final	2	1
#188	Boys U 17 - Long Jump	Final	1	1
#189	Girls U 11 - Triple Jump	Final	6	1
#190	Boys U 11 - Triple Jump	Final	3	1
#191	Girls U 12 - Triple Jump	Final	7	1
#192	Boys U 12 - Triple Jump	Final	4	1
#193	Girls U 13 - Triple Jump	Final	6	1
#194	Boys U 13 - Triple Jump	Final	2	1
#195	Girls U 14 - Triple Jump	Final	3	1
#196	Boys U 14 - Triple Jump	Final	1	1
#197	Girls U 15 - Triple Jump	Final	5	1

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<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
#198	Boys U 15 - Triple Jump	Final	3	1
#199	Girls U 17 - Triple Jump	Final	2	1
#200	Boys U 17 - Triple Jump	Final	1	1
#201	Girls U 7 - Discus (350 Gram)	Final	2	1
#202	Boys U 7 - Discus (350 Gram)	Final	3	1
#203	Girls U 8 - Discus (500 Gram)	Final	4	1
#204	Boys U 8 - Discus (500 Gram)	Final	3	1
#205	Girls U 9 - Discus (500 Gram)	Final	6	1
#206	Boys U 9 - Discus (500 Gram)	Final	3	1
#207	Girls U 10 - Discus (500 Gram)	Final	8	1
#208	Boys U 10 - Discus (500 Gram)	Final	4	1
#209	Girls U 11 - Discus (500 Gram)	Final	4	1
#210	Boys U 11 - Discus 500 Gram)	Final	9	1
#211	Girls U 12 - Discus (750 Gram)	Final	7	1
#212	Boys U 12 - Discus (750 Gram)	Final	7	1
#213	Girls U 13 - Discus (750 Gram)	Final	7	1
#214	Boys U 13 - Discus (750 Gram)	Final	6	1
#215	Girls U 14 - Discus (1.0 Kg)	Final	1	1
#216	Boys U 14 - Discus (1.0 Kg)	Final	2	1
#217	Girls U 15 - Discus (1.0 Kg)	Final	3	1
#218	Boys U 15 - Discus (1.0 Kg)	Final	2	1
#219	Girls U 17 - Discus (1.0 Kg)	Final	2	1
#220	Boys U 17 - Discus (1.5 Kg)	Final	1	1
#221	Girls U 7 - Shot Put (1.0 Kg)	Final	2	1
#222	Boys U 7 - Shot Put (1.0 Kg)	Final	2	1
#223	Girls U 8 - Shot Put (1.5 Kg)	Final	4	1
#224	Boys U 8 - Shot Put (1.5 Kg)	Final	3	1
#225	Girls U 9 - Shot Put (2.0 Kg)	Final	5	1
#226	Boys U 9 - Shot Put (2.0 Kg)	Final	3	1
#227	Girls U 10 - Shot Put (2.0 Kg)	Final	7	1
#228	Boys U 10 - Shot Put (2.0 Kg)	Final	2	1
#229	Girls U 11 - Shot Put (2.0 Kg)	Final	4	1
#230	Boys U 11 - Shot Put (2.0 Kg)	Final	8	1
#231	Girls U 12 - Shot Put (2.0 Kg)	Final	4	1
#232	Boys U 12 - Shot Put (2.0 Kg)	Final	6	1
#233	Girls U 13 - Shot Put (3.0 Kg)	Final	5	1
#234	Boys U 13 - Shot Put (3.0 Kg)	Final	6	1
#235	Girls U 14 - Shot Put (3.0 Kg)	Final	1	1
#236	Boys U 14 - Shot Put (3.0 Kg)	Final	2	1
#237	Girls U 15 - Shot Put (3.0 Kg)	Final	4	1
#238	Boys U 15 - Shot Put (4.0 Kg)	Final	1	1
#239	Girls U 17 - Shot Put (3.0 Kg)	Final	2	1
#241	Girls U 11 - Javelin (400 Gram)	Final	1	1

**ZONE TRACK & FIELD CHAMPIONSHIPS**

**LANSW**

**Session Report**

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Day 1 - Saturday 2/12/2023 - Starts at 12:00 PM

<b>Starts at</b>	<b>Event</b>	<b>Round</b>	<b>Entries</b>	<b>Heats</b>
#242	Boys U 11 - Javelin (400 Gram)	Final	7	1
#243	Girls U 12 - Javelin (400 Gram)	Final	4	1
#244	Boys U 12 - Javelin (400 Gram)	Final	5	1
#245	Girls U 13 - Javelin (400 Gram)	Final	5	1
#246	Boys U 13 - Javelin (600 Gram)	Final	5	1
#247	Girls U 14 - Javelin (400 Gram)	Final	1	1
#248	Boys U 14 - Javelin (600 Gram)	Final	2	1
#249	Girls U 15 - Javelin (500 Gram)	Final	4	1
#250	Boys U 15 - Javelin (700 Gram)	Final	3	1
#252	Boys U 17 - Javelin (700 Gram)	Final	1	1
#266	Boys U 13-14 Multi Class Long Jump	Final	1	1
#274	Boys U 13-14 Multi Class Discus	Final	1	1
#302	Boys U 13-14 Multi Class Shot Put	Final	1	1
#321	Boys U 13-14 Javelin Multi-Class	Prelims	1	1
	Athlete Count: 145		=====	=====
	Entry / Heat Totals:		365	100