

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 7 - 50 Metre Sprint**

Zone: Z 8.80 2005 Brooke Jenkins, Ryde			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Pradhan, Sage		Cherrybrook	10.02Q
2 Tay, Scarlett		Nth Rocks Carlin	10.09Q
3 Brill, Amelia		Cherrybrook	10.47q
4 Kennedy, Elise		Northern Suburbs	11.36
5 Moussa, Christiana		Parramatta	11.47
6 Xie, Olivia		Parramatta	12.74
-- Keily, Harper		Ryde	DNS
Heat 2 Heats			
1 Lukas, Eloise		Northern Suburbs	9.63Q
2 Gilchrist, Imogen		Cherrybrook	10.26Q
3 Ko, Iris		Northern Suburbs	10.30q
4 Passmore, Mischa		Ryde	11.12
5 Maguire, Rachel		Nth Rocks Carlin	12.77
6 Moir, Kiesha		Nth Rocks Carlin	13.08
Heat 3 Heats			
1 Mokofisi-Fielea, Mosiman		Parramatta	10.17Q
2 Lam, Siahn		Nth Rocks Carlin	10.44Q
3 Care-Unger, Olive		Ryde	10.90
4 Gebhard, Nissi		Northern Suburbs	11.36
4 Karzelek, Liliana		Parramatta	11.36
-- Deng, Isabelle		Cherrybrook	DNS

**Girls U 7 - 50 Metre Sprint**

Zone: Z 8.80 2005 Brooke Jenkins, Ryde			
Name	Age	Centre	Final
Section 1 Final			
1 Lukas, Eloise		Northern Suburbs	9.67
2 Tay, Scarlett		Nth Rocks Carlin	10.01
3 Gilchrist, Imogen		Cherrybrook	10.03
4 Pradhan, Sage		Cherrybrook	10.06
5 Mokofisi-Fielea, Mosiman		Parramatta	10.12
6 Lam, Siahn		Nth Rocks Carlin	10.37
7 Ko, Iris		Northern Suburbs	10.44
8 Brill, Amelia		Cherrybrook	10.73

**Girls U 7 - 70 Metre Sprint**

Zone: Z 11.60 1989 P Robertson, Hornsby District			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Pradhan, Sage		Cherrybrook	14.06Q
2 Deng, Isabelle		Cherrybrook	14.35Q
3 Ko, Iris		Northern Suburbs	15.01Q
4 O'Brien, Clare		Parramatta	15.30q
5 Gebhard, Nissi		Northern Suburbs	16.63
6 Zhang, Lily		Parramatta	16.81
7 Elder, Audrey		Parramatta	16.91
8 Moir, Kiesha		Nth Rocks Carlin	18.44

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 7 - 70 Metre Sprint**

## Heat 2 Heats

1	Seale, Ella	Northern Suburbs	13.79Q
2	Gilchrist, Imogen	Cherrybrook	14.15Q
3	Zhou, Hailey	Cherrybrook	14.16Q
4	Mokofisi-Fielea, Mosiman	Parramatta	14.56q
5	Mitry, Isabelle	Northern Suburbs	15.78
6	Serratore, Teresa	Parramatta	16.01
7	Moussa, Christiana	Parramatta	16.96
--	Nidhin, Nivedita	Ryde	DNS

**Girls U 7 - 70 Metre Sprint**

Zone: Z 11.60 1989 P Robertson, Hornsby District

Name Age Centre Final

## Section 1 Final

1	Seale, Ella	Northern Suburbs	13.42
2	Gilchrist, Imogen	Cherrybrook	13.44
3	Pradhan, Sage	Cherrybrook	13.48
4	Zhou, Hailey	Cherrybrook	13.55
5	Mokofisi-Fielea, Mosiman	Parramatta	13.99
6	Deng, Isabelle	Cherrybrook	14.20
7	Ko, Iris	Northern Suburbs	14.34
8	O'Brien, Clare	Parramatta	14.42

**Girls U 8 - 70 Metre Sprint**

Zone: Z 11.10 1993 A Hamilton, Northern Suburbs

Name Age Centre Prelims

## Heat 1 Heats

1	Murphy, Katrina	Nth Rocks Carlin	13.27Q
2	Truong, Joelle	Nth Rocks Carlin	13.29Q
3	Hevesy, Zana	Nth Rocks Carlin	13.88q
4	Messina, Indianna	Northern Suburbs	14.30
5	Prasath, Tanya	Parramatta	15.53
6	Buonocore, Ruby	Ryde	15.60
--	Vinod Prabhu, Laya	Parramatta	DNS

## Heat 2 Heats

1	Gulczynski, Allegra	Cherrybrook	13.24Q
2	Spurr, Abby	Parramatta	13.51Q
3	Wu, Karina	Nth Rocks Carlin	14.07q
4	Ajay Natesh, Shanaya	Ryde	14.31
5	Shanahan, Caitlin	Northern Suburbs	15.81
--	Briscoe, Isabelle	Northern Suburbs	DNS

## Heat 3 Heats

1	Price, Olivia	Northern Suburbs	14.25Q
2	Jyothish, Meenakshi	Parramatta	14.35Q
3	Dive, Charli Rose	Parramatta	17.14
--	Gullick, Annabelle E	Cherrybrook	DNS
--	Cholamukhath, Hawwah Ire	Ryde	DNS
--	Morgan, Ivie	Ryde	DNS
--	Rajendran, Shirina	Northern Suburbs	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 8 - 70 Metre Sprint**

Zone: Z 11.10 1993 A Hamilton, Northern Suburbs			
Name	Age	Centre	Final
Section 1 Final			
1 Murphy, Katrina		Nth Rocks Carlin	12.84
2 Truong, Joelle		Nth Rocks Carlin	12.92
3 Gulczynski, Allegra		Cherrybrook	12.94
4 Hevesy, Zana		Nth Rocks Carlin	13.36
5 Spurr, Abby		Parramatta	13.40
6 Price, Olivia		Northern Suburbs	13.62
7 Jyothish, Meenakshi		Parramatta	13.79
8 Wu, Karina		Nth Rocks Carlin	13.83

**Girls U 9 - 70 Metre Sprint**

Zone: Z 10.30 1999 Sarah Thomson, Cherrybrook			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Dickson, Annabel		Nth Rocks Carlin	12.13Q
2 Williams, Emily		Northern Suburbs	12.48Q
3 Paton, Georgia		Ryde	12.94q
4 Semaan, Gabriella		Parramatta	13.50
5 Cox-Gallagher, Lyla		Ryde	13.82
-- Roxburgh, Anouk		Northern Suburbs	DNS
Heat 2 Heats			
1 Mo, Emma		Ryde	12.70Q
2 Lin, Maddison		Northern Suburbs	12.94Q
3 Mitry, Zara		Northern Suburbs	13.24
4 Tsen-Braddock, Asha		Ryde	13.26
5 Cuevas, Olivia Joyce		Nth Rocks Carlin	14.68
6 Perri, Ava		Parramatta	14.91
7 Dubey, Mannat		Parramatta	14.93
Heat 3 Heats			
1 Smith, Aria		Parramatta	12.54Q
2 Pokharel, Amiya		Nth Rocks Carlin	12.68Q
3 Bowden, Amba		Northern Suburbs	12.82q
4 Wang, Leah		Ryde	13.08
5 Kabangu, Eve		Parramatta	13.53
-- Cybulski, Rachel		Northern Suburbs	DNS

**Girls U 9 - 70 Metre Sprint**

Zone: Z 10.30 1999 Sarah Thomson, Cherrybrook			
Name	Age	Centre	Final
Section 1 Final			
1 Dickson, Annabel		Nth Rocks Carlin	11.82
2 Williams, Emily		Northern Suburbs	11.87
3 Smith, Aria		Parramatta	12.04
4 Pokharel, Amiya		Nth Rocks Carlin	12.15
5 Mo, Emma		Ryde	12.25
6 Bowden, Amba		Northern Suburbs	12.31
7 Paton, Georgia		Ryde	12.32
8 Lin, Maddison		Northern Suburbs	12.42

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 10 - 70 Metre Sprint**

Zone: Z 10.20 2000 Sarah Thomson, Cherrybrook			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Seale, Sierra		Northern Suburbs	11.37Q
2 Germon, Amelie		Northern Suburbs	11.76Q
3 Collier, Teagan		Nth Rocks Carlin	12.79
4 Barlow, Nancy		Ryde	13.23
5 Arora, Prisha		Parramatta	14.23
6 Yeow, Ariel		Ryde	14.45
7 Bagath, Venba		Parramatta	14.48
Heat 2 Heats			
1 Gasparini, Nadia		Parramatta	11.58Q
2 June, Charlize		Northern Suburbs	11.90Q
3 Bergsson, Lelea		Ryde	12.81
4 Cricchiola, Sophie		Nth Rocks Carlin	12.89
-- Lombardi, Valentina		Ryde	DNS
-- Ciereszko, Malinka		Parramatta	DNS
Heat 3 Heats			
1 Kum, Romy		Ryde	11.69Q
2 Silva, Serah		Nth Rocks Carlin	11.93Q
3 Gibson, Elody		Ryde	11.96q
4 Mariam, Armani		Parramatta	12.41q
5 O'Young, Charlotte		Northern Suburbs	12.46
-- Moala, Olivia		Ryde	DNS

**Girls U 10 - 70 Metre Sprint**

Zone: Z 10.20 2000 Sarah Thomson, Cherrybrook			
Name	Age	Centre	Final
Section 1 Final			
1 Gasparini, Nadia		Parramatta	11.17
2 Seale, Sierra		Northern Suburbs	11.18
3 Germon, Amelie		Northern Suburbs	11.49
4 June, Charlize		Northern Suburbs	11.59
5 Gibson, Elody		Ryde	11.61
5 Kum, Romy		Ryde	11.61
7 Silva, Serah		Nth Rocks Carlin	11.69
-- Mariam, Armani		Parramatta	DNS

**Girls U 7 - 100 Metre Sprint**

Zone: Z 16.60 1991 J Edwards, Ryde			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Lukas, Eloise		Northern Suburbs	19.42Q
2 Jonas, Ellie		Nth Rocks Carlin	20.10Q
3 Brill, Amelia		Cherrybrook	22.85
4 Serratore, Teresa		Parramatta	23.02
5 Kennedy, Elise		Northern Suburbs	23.27
-- Xie, Olivia		Parramatta	DNS
Heat 2 Heats			
1 Mokofisi-Fielea, Mosiman		Parramatta	20.89Q

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****...Girls U 7 - 100 Metre Sprint**

2	Pradhan, Sage	Cherrybrook	20.90Q
3	Ko, Iris	Northern Suburbs	21.32q
4	Deng, Isabelle	Cherrybrook	21.37q
5	Armstrong, Alice	Ryde	23.15
--	Keily, Harper	Ryde	DNS
Heat 3 Heats			
1	Seale, Ella	Northern Suburbs	20.17Q
2	Gilchrist, Imogen	Cherrybrook	20.61Q
3	Devaru, Aadya	Parramatta	23.05
4	Passmore, Mischa	Ryde	23.38
5	Gebhard, Nissi	Northern Suburbs	23.85
6	Karzelek, Liliana	Parramatta	24.38

**Girls U 7 - 100 Metre Sprint**

=====			
Zone: Z 16.60		1991	J Edwards, Ryde
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Lukas, Eloise	Northern Suburbs	19.17
2	Seale, Ella	Northern Suburbs	19.30
3	Jonas, Ellie	Nth Rocks Carlin	19.41
4	Gilchrist, Imogen	Cherrybrook	20.02
5	Pradhan, Sage	Cherrybrook	20.09
6	Mokofisi-Fielea, Mosiman	Parramatta	20.16
7	Deng, Isabelle	Cherrybrook	20.43
--	Ko, Iris	Northern Suburbs	DNS

**Girls U 8 - 100 Metre Sprint**

=====			
Zone: Z 15.40		1993	A Hamilton, Northern Suburbs
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1	Oppedisano, Lucia	Ryde	17.86Q
2	Johansen, Maddison	Cherrybrook	17.95Q
3	Hevesy, Zana	Nth Rocks Carlin	19.65q
4	Shinde, Parisa	Ryde	19.83q
5	Knight, Annalise	Parramatta	21.18
6	Watterson, Leesa	Parramatta	21.96
7	Rajendran, Shirina	Northern Suburbs	22.49
--	Truong, Joelle	Nth Rocks Carlin	DNS
Heat 2 Heats			
1	Crompton, Taylor	Ryde	19.45Q
2	Gulczynski, Allegra	Cherrybrook	19.68Q
3	Laurie, Alexis	Northern Suburbs	20.93
4	Shanahan, Caitlin	Northern Suburbs	22.76
5	Chai, Emma	Parramatta	22.78
--	Cholamukhath, Hawwah Ire	Ryde	DNS
--	Prasath, Tanya	Parramatta	DNS
Heat 3 Heats			
1	Tisi, Siena	Northern Suburbs	17.69Q
2	Spurr, Abby	Parramatta	19.69Q
3	Messina, Indianna	Northern Suburbs	20.35q
4	Morgan, Ivie	Ryde	20.36

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****...Girls U 8 - 100 Metre Sprint**

5	Wu, Karina	Nth Rocks Carlin	20.66
6	Gullick, Annabelle E	Cherrybrook	20.92
7	Megarrity, Isla	Ryde	22.01
8	Dive, Charli Rose	Parramatta	22.15

**Girls U 8 - 100 Metre Sprint**

=====			
	Zone: Z 15.40	1993	A Hamilton, Northern Suburbs
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Oppedisano, Lucia	Ryde	17.25
2	Tisi, Siena	Northern Suburbs	17.49
3	Johansen, Maddison	Cherrybrook	18.60
4	Crompton, Taylor	Ryde	18.73
5	Gulczynski, Allegra	Cherrybrook	18.89
6	Spurr, Abby	Parramatta	18.99
7	Hevesy, Zana	Nth Rocks Carlin	20.31
8	Shinde, Parisa	Ryde	20.41
9	Prasath, Tanya	Parramatta	20.88

**Girls U 9 - 100 Metre Sprint**

=====			
	Zone: Z 14.60	1999	Sarah Thomson, Cherrybrook
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1	Williams, Emily	Northern Suburbs	17.14Q
2	Wigham, Emily	Cherrybrook	17.18Q
3	Pokharel, Amiya	Nth Rocks Carlin	17.23q
4	Mo, Emma	Ryde	17.65q
5	Bowden, Amba	Northern Suburbs	19.07
6	Parnaby, Sophie	Parramatta	19.56
7	Chan, Hailey	Ryde	20.73
--	Lai, Ella	Parramatta	DNS
Heat 2 Heats			
1	Wu, Yichen	Ryde	16.87Q
2	Smith, Aria	Parramatta	17.63Q
3	Durie, Calais	Northern Suburbs	17.66
4	Paton, Georgia	Ryde	18.50
5	O'Brien, Teara	Nth Rocks Carlin	18.87
6	Gross, Aria	Nth Rocks Carlin	19.75
7	Cuevas, Olivia Joyce	Nth Rocks Carlin	20.36
8	Dubey, Mannat	Parramatta	20.97
Heat 3 Heats			
1	Ljubivic, Izabel	Ryde	16.93Q
2	Dickson, Annabel	Nth Rocks Carlin	17.59Q
3	Yam, Grace	Ryde	17.91
4	Dickson, Goldi	Northern Suburbs	18.11
5	Lin, Maddison	Northern Suburbs	18.12
6	Gudmunson, Isla	Ryde	18.22
7	Vidmar, Olivia	Parramatta	18.72
8	Semaan, Gabriella	Parramatta	19.46

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 9 - 100 Metre Sprint**

Zone: Z 14.60 1999 Sarah Thomson, Cherrybrook			
Name	Age	Centre	Final
Section 1 Final			
1 Wu, Yichen		Ryde	16.96
2 Ljubicic, Izabel		Ryde	17.23
3 Wigham, Emily		Cherrybrook	17.35
4 Williams, Emily		Northern Suburbs	17.39
5 Dickson, Annabel		Nth Rocks Carlin	17.53
6 Smith, Aria		Parramatta	17.85
7 Mo, Emma		Ryde	18.16
-- Pokharel, Amiya		Nth Rocks Carlin	DNS

**Girls U 10 - 100 Metre Sprint**

Zone: Z 13.80 2000 E Wilson, North Rocks Carling			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Huang, Leona		Cherrybrook	16.37Q
2 Gasparini, Nadia		Parramatta	16.64q
3 Silva, Serah		Nth Rocks Carlin	17.12
4 Zhong, Evelyn		Northern Suburbs	17.80
5 Cricchiola, Sophie		Nth Rocks Carlin	18.57
6 Perez Martinez, Daniela		Parramatta	19.68
-- June, Charlize		Northern Suburbs	DNS
-- Alkhateeb, Jude		Cherrybrook	DNS
Heat 2 Heats			
1 Mitchell, Indiana		Ryde	15.86Q
2 Julliard, Emmanuelle		Northern Suburbs	16.75q
3 Germon, Amelie		Northern Suburbs	16.81q
4 Edwards, Grace		Ryde	16.85q
5 Saravana, Saanvi		Cherrybrook	16.88
6 Ciereszko, Malinka		Parramatta	17.50
7 O'Young, Charlotte		Northern Suburbs	17.80
Heat 3 Heats			
1 Kum, Romy		Ryde	16.38Q
2 Gryst, Georgia		Nth Rocks Carlin	17.12
3 Bosly, Laura		Northern Suburbs	18.32
4 Kang, Erica		Ryde	18.87
5 Seif, Hannah		Parramatta	18.93
6 Perkins, Francesca		Cherrybrook	22.44
-- Mariam, Armani		Parramatta	DNS
-- Buitendag, Leane		Cherrybrook	DNS
Heat 4 Heats			
1 Price-Randall, Jacinta		Northern Suburbs	16.58Q
2 Gibson, Elody		Ryde	17.94
3 Friend, Sophie		Ryde	18.14
4 Chopra, Ananshi		Northern Suburbs	18.57
5 O'Brien, Zoe		Parramatta	19.36
6 Sardinha Rodrigues, Oliv		Nth Rocks Carlin	19.48
-- Lombardi, Valentina		Ryde	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 10 - 100 Metre Sprint**

Zone: Z 13.80 2000 E Wilson, North Rocks Carling			
Name	Age	Centre	Final
Section 1 Final			
1 Mitchell, Indiana		Ryde	15.93
2 Price-Randall, Jacinta		Northern Suburbs	16.18
3 Huang, Leona		Cherrybrook	16.41
3 Gasparini, Nadia		Parramatta	16.41
5 Kum, Romy		Ryde	16.60
6 Germon, Amelie		Northern Suburbs	16.82
7 Edwards, Grace		Ryde	16.97
-- Julliard, Emmanuelle		Northern Suburbs	DNS

**Girls U 11 - 100 Metre Sprint**

Zone: Z 13.60 1989 E Wilson, North Rocks Carling			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Bosnic, Eliza		Ryde	15.59Q
2 Lynch, Madeleine		Ryde	15.71Q
3 O'Leary, Gracie		Northern Suburbs	16.88
4 Martin, Camilla		Northern Suburbs	17.18
5 Allen, Ivy		Nth Rocks Carlin	17.21
6 Camping, Ava		Parramatta	17.72
7 Snow, Greta		Nth Rocks Carlin	17.94
8 Kerr, Mackenzie		Parramatta	18.21
Heat 2 Heats			
1 Barker, Emma		Nth Rocks Carlin	15.57Q
2 Fetrie, Claire		Parramatta	15.76Q
3 Frielingsdorf, Alexandra		Northern Suburbs	15.82q
4 Davies, Tully		Ryde	16.03q
5 Oppedisano, Talia		Ryde	16.85
6 Gilchrist, Amelie		Cherrybrook	17.01
7 Chandru Vidya, Bavatarin		Parramatta	17.03
8 Dickson, Mirabelle		Northern Suburbs	17.11
Heat 3 Heats			
1 Madigan Wong, Bree		Northern Suburbs	15.75Q
2 Yong, Jessy		Parramatta	16.06Q
3 Tazewell, Lucy C		Parramatta	16.15
4 Fraser, Charlotte		Ryde	16.91
5 Maxwell, Lily		Ryde	17.87
6 Dubey, Aditi		Cherrybrook	17.92
-- Dalle Nogare, Darcie		Northern Suburbs	DNS
-- Tauaisili, Layla		Nth Rocks Carlin	DNS

**Girls U 11 - 100 Metre Sprint**

Zone: Z 13.60 1989 E Wilson, North Rocks Carling			
Name	Age	Centre	Final
Section 1 Final			
1 Fetrie, Claire		Parramatta	15.31
2 Barker, Emma		Nth Rocks Carlin	15.64
3 Lynch, Madeleine		Ryde	15.70



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 11 - 100 Metre Sprint**

4	Bosnic, Eliza	Ryde	15.74
5	Madigan Wong, Bree	Northern Suburbs	15.76
6	Frielingsdorf, Alexandra	Northern Suburbs	16.14
7	Yong, Jessie	Parramatta	16.34
8	Davies, Tully	Ryde	16.51

**Girls U 12 - 100 Metre Sprint**

=====			
	Zone: Z 13.20	1999	Miriam Ramsay, Ryde
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1	Tabrett, Madison	Cherrybrook	14.47Q
2	Kucharski, Emilie	Nth Rocks Carlin	15.30q
3	Cellacay, Arabella	Ryde	15.44
4	Chung, Regina	Nth Rocks Carlin	17.71
--	Choi, Yena	Parramatta	DNS
--	White, Abbey	Nth Rocks Carlin	DNS
Heat 2 Heats			
1	Bowden, Florence	Northern Suburbs	15.06Q
2	Ng, Emily	Nth Rocks Carlin	15.24q
3	Krivozhnya, Christina	Cherrybrook	16.20
4	Marken, Rhea	Parramatta	16.34
5	Xian, Carina	Cherrybrook	17.43
6	Renas, Imara	Parramatta	17.97
--	Lloyd, Evie	Ryde	DNS
Heat 3 Heats			
1	Toshack, Olivia	Northern Suburbs	14.23Q
2	Dawson, Hannah	Cherrybrook	14.66q
3	Wigham, Abigail	Cherrybrook	15.08q
4	Thompson, Sienna	Ryde	15.56
5	Mclachlan, Amelia	Ryde	15.62
6	Mirzaei, Ronika	Nth Rocks Carlin	16.80
Heat 4 Heats			
1	Burge, Maddie	Northern Suburbs	14.86Q
2	Lim, Emma	Ryde	15.53
3	Pohio, Sophie	Northern Suburbs	16.21
4	El Kadi, Sophie	Nth Rocks Carlin	16.28
5	Moussa, Angelina	Parramatta	19.22
--	Kolman, Amia	Ryde	DNS

**Girls U 12 - 100 Metre Sprint**

=====			
	Zone: Z 13.20	1999	Miriam Ramsay, Ryde
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Toshack, Olivia	Northern Suburbs	14.08
2	Tabrett, Madison	Cherrybrook	14.37
3	Burge, Maddie	Northern Suburbs	14.45
4	Bowden, Florence	Northern Suburbs	14.72
5	Dawson, Hannah	Cherrybrook	14.76
6	Wigham, Abigail	Cherrybrook	15.32
7	Ng, Emily	Nth Rocks Carlin	15.47
8	Kucharski, Emilie	Nth Rocks Carlin	15.57

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 13 - 100 Metre Sprint**

Zone: Z 12.90 1992 E Wilson, North Rocks Carling			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Kariyawasam, Naduli		Parramatta	14.58Q
2 Fraser, Bella		Ryde	15.00Q
3 Hazon, Ella		Nth Rocks Carlin	15.06q
4 Moresi, Anna		Cherrybrook	15.70
5 Mcgregor, Ella-Rae		Parramatta	15.73
6 Sadhasivam Anusha, Aditi		Cherrybrook	15.97
-- Bratton, Annah		Northern Suburbs	DNS
Heat 2 Heats			
1 Dellas, Madison		Nth Rocks Carlin	14.54Q
2 Loring, Olivia		Parramatta	14.64Q
3 Burke, Pippa		Cherrybrook	14.77q
4 Truong, Alice		Nth Rocks Carlin	15.19
5 Yam, Chloe		Ryde	15.21
6 Yang, Ivy		Cherrybrook	15.27
Heat 3 Heats			
1 Paul, Michiko		Cherrybrook	14.65Q
2 Schnell, Lucia		Northern Suburbs	14.73Q
3 Jones, Sarah		Cherrybrook	15.25
4 Cheung, Beatrix		Ryde	15.57
5 Ramakumaran, Kavinmathi		Parramatta	16.73
-- Utichi, Chiara		Ryde	DNS
-- Ewing, Asta		Parramatta	DNS

**Girls U 13 - 100 Metre Sprint**

Zone: Z 12.90 1992 E Wilson, North Rocks Carling			
Name	Age	Centre	Final
Section 1 Final			
1 Kariyawasam, Naduli		Parramatta	14.38
2 Dellas, Madison		Nth Rocks Carlin	14.55
3 Paul, Michiko		Cherrybrook	14.58
4 Burke, Pippa		Cherrybrook	14.75
5 Schnell, Lucia		Northern Suburbs	14.84
6 Fraser, Bella		Ryde	14.93
7 Loring, Olivia		Parramatta	14.96
8 Hazon, Ella		Nth Rocks Carlin	15.04

**Girls U 14 - 100 Metre Sprint**

Zone: Z 12.60 1991 J Horne, Parramatta			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Fetrie, Clara		Parramatta	13.42Q
2 Rajapaksha Mudiyanse, Ni		Cherrybrook	14.69Q
3 Gasparini, Sofia		Parramatta	15.07
-- Harizanov, Bianca		Ryde	DNS
-- Palfrey, Zara		Nth Rocks Carlin	DNS
-- Chan, Talia		Ryde	DNS
Heat 2 Heats			

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****...Girls U 14 - 100 Metre Sprint**

1	Graham, Tanya	Northern Suburbs	13.65Q
2	Bateman, April	Ryde	14.66Q
3	O'Donovan, Alanah	Parramatta	14.74q
4	Antoun, Adriana	Parramatta	14.98q
5	Pavlovic, Eva	Northern Suburbs	15.34
--	Feng, Jocelyn	Northern Suburbs	DNS

## Heat 3 Heats

1	Vella, Ivy	Ryde	13.79Q
2	Prasath, Pranaya	Parramatta	16.20Q
--	Butler, Evana	Nth Rocks Carlin	DNS
--	Cullen, Annabel	Nth Rocks Carlin	DNS
--	Steventon, Jessica	Parramatta	DNS
--	Setsiripaiboon, Elina	Northern Suburbs	DNS

**Girls U 14 - 100 Metre Sprint**

=====			
	Zone: Z 12.60	1991	J Horne, Parramatta
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Fetrie, Clara	Parramatta	13.09
2	Vella, Ivy	Ryde	13.49
3	Graham, Tanya	Northern Suburbs	13.50
4	O'Donovan, Alanah	Parramatta	14.47
5	Bateman, April	Ryde	14.54
6	Rajakaksha Mudiyanse, Ni	Cherrybrook	14.64
--	Antoun, Adriana	Parramatta	DNS
--	Prasath, Pranaya	Parramatta	DNS

**Girls U 15 - 100 Metre Sprint**

=====			
	Zone: Z 12.40	2005	Sarah Thomson, Cherrybrook
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1	Durheim, Sophie	Cherrybrook	13.42Q
2	Obi, Princess	Nth Rocks Carlin	13.66Q
3	Kotulic, Tanna	Northern Suburbs	13.94Q
4	Ewing, Chiara	Parramatta	14.27q
5	Willard, Aurora	Ryde	16.41q
--	Mason, Kayla	Nth Rocks Carlin	DNS
Heat 2 Heats			
1	Webb, Emilia	Ryde	14.26Q
2	Hazon, Kara	Nth Rocks Carlin	14.41Q
3	Duncombe, Mikayla	Ryde	14.72Q
--	Cheung, Evelyn	Nth Rocks Carlin	DNS
--	Yang, Claire	Nth Rocks Carlin	DNS
--	Seneviratne, Lisara	Parramatta	DNS
--	Chong, Tsi Shan	Northern Suburbs	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 15 - 100 Metre Sprint**

Zone: Z 12.40 2005 Sarah Thomson, Cherrybrook			
Name	Age	Centre	Final
Section 1 Final			
1 Durham, Sophie		Cherrybrook	13.61
2 Obi, Princess		Nth Rocks Carlin	13.82
3 Kotulic, Tanna		Northern Suburbs	14.06
4 Webb, Emilia		Ryde	14.25
5 Hazon, Kara		Nth Rocks Carlin	14.37
6 Ewing, Chiara		Parramatta	14.85
7 Duncombe, Mikayla		Ryde	14.95
-- Willard, Aurora		Ryde	DNS

**Girls U 17 - 100 Metre Sprint**

Zone: Z 12.34 12/12/2015 Katie Devitt, Cherrybrook			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Gomez-Niewolik, Amelie		Ryde	13.84Q
2 Jones, Sacha		Northern Suburbs	14.52Q
3 Nagle, Charlotte		Ryde	14.59q
4 Ingram, Leela		Cherrybrook	15.13
5 burdett, mila		Nth Rocks Carlin	15.14
6 Murray, Elise		Parramatta	15.70
-- Truong, Naomi		Nth Rocks Carlin	DNS
Heat 2 Heats			
1 Steventon, Amelia		Parramatta	13.28Q
2 Koot, Sarah-anne		Cherrybrook	13.55Q
3 Mikan, Catherine		Northern Suburbs	13.60q
4 Perkins, Ruby		Northern Suburbs	14.68
5 Lowe, Vivian		Northern Suburbs	15.07
6 Attinger, Diana		Nth Rocks Carlin	15.32
-- Yip, Zaara		Nth Rocks Carlin	DNS
Heat 3 Heats			
1 Johnston, Jessica		Ryde	14.53Q
2 Russell, Caitlin		Cherrybrook	14.64Q
3 Busingye, Anesha		Nth Rocks Carlin	14.75
4 van der Poorten, Ellie		Ryde	14.94
-- Bosly, Grace		Northern Suburbs	DNS
-- Kolosakas, Hariclia Leah		Nth Rocks Carlin	DNS
-- Guppy, Rebecca		Parramatta	DNS

**Girls U 17 - 100 Metre Sprint**

Zone: Z 12.34 12/12/2015 Katie Devitt, Cherrybrook			
Name	Age	Centre	Final
Section 1 Final			
1 Steventon, Amelia		Parramatta	12.96
2 Koot, Sarah-anne		Cherrybrook	13.04
3 Mikan, Catherine		Northern Suburbs	13.32
4 Gomez-Niewolik, Amelie		Ryde	13.35
5 Jones, Sacha		Northern Suburbs	14.22
6 Russell, Caitlin		Cherrybrook	14.45

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 17 - 100 Metre Sprint**

7 Nagle, Charlotte	Ryde	14.53
-- Johnston, Jessica	Ryde	DNS

**Girls U 7 - 200 Metre Sprint**

=====			
	Zone: Z 36.00	1989	P Robertson, Hornsby District
Name	Age	Centre	Final
=====			
Section 1			
1 Lukas, Eloise		Northern Suburbs	40.10
2 Seale, Ella		Northern Suburbs	41.01
3 Mokofisi-Fielea, Mosiman		Parramatta	41.28
4 Jonas, Ellie		Nth Rocks Carlin	41.56
5 Zhou, Hailey		Cherrybrook	41.60
6 Deng, Isabelle		Cherrybrook	44.70
7 Loudon, Natasha		Nth Rocks Carlin	46.15
8 Armstrong, Alice		Ryde	47.64
Section 2			
-- Xie, Olivia		Parramatta	DNS
-- Karzelek, Liliana		Parramatta	DNS
-- Brill, Amelia		Cherrybrook	DNS
-- Devaru, Aadya		Parramatta	DNS

**Girls U 8 - 200 Metre Sprint**

=====			
	Zone: Z 33.80	1997	S Corio, Tiger Wests
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1 Tisi, Siena		Northern Suburbs	37.14Q
2 Truong, Joelle		Nth Rocks Carlin	40.71Q
3 Spurr, Abby		Parramatta	41.29Q
4 Shinde, Parisa		Ryde	41.77q
5 Ajay Natesh, Shanaya		Ryde	43.81
6 Wu, Karina		Nth Rocks Carlin	45.48
7 Dive, Charli Rose		Parramatta	50.84
Heat 2 Heats			
1 Oppedisano, Lucia		Ryde	36.90Q
2 Kim, April		Parramatta	37.69Q
3 Barnett-Palmer, Rhyleian		Ryde	37.70Q
4 Huang, Alice		Nth Rocks Carlin	42.34q
5 Gulczynski, Allegra		Cherrybrook	42.52
6 Price, Olivia		Northern Suburbs	42.62
7 Flett, Jahara		Parramatta	46.48
8 Kamali, Celine		Nth Rocks Carlin	46.66

**Girls U 8 - 200 Metre Sprint**

=====			
	Zone: Z 33.80	1997	S Corio, Tiger Wests
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Tisi, Siena		Northern Suburbs	36.25
2 Oppedisano, Lucia		Ryde	36.72
3 Barnett-Palmer, Rhyleian		Ryde	38.65

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 8 - 200 Metre Sprint**

4 Kim, April	Parramatta	38.73
5 Truong, Joelle	Nth Rocks Carlin	40.81
6 Shinde, Parisa	Ryde	41.10
-- Huang, Alice	Nth Rocks Carlin	DNS
-- Spurr, Abby	Parramatta	DNS

**Girls U 9 - 200 Metre Sprint**

=====			
Zone: Z 31.20 15/12/2013 Emily Crawford, Cherrybrook			
Name	Age	Centre	Prelims
=====			

## Heat 1 Heats

1 De Pomeroy, Eden	Nth Rocks Carlin	37.25Q
2 Pokharel, Amiya	Nth Rocks Carlin	39.24Q
3 Mitry, Zara	Northern Suburbs	39.48
4 Vidmar, Olivia	Parramatta	40.92
5 Cox-Gallagher, Lyla	Ryde	41.64
-- Parnaby, Sophie	Parramatta	DNS

## Heat 2 Heats

1 Dobe, Isabella	Nth Rocks Carlin	36.34Q
2 Smith, Aria	Parramatta	37.98Q
3 Liyanage, Kiara	Cherrybrook	38.81q
4 Gross, Aria	Nth Rocks Carlin	39.77
5 Bowden, Amba	Northern Suburbs	39.82
6 Armstrong, Lucy	Ryde	40.90
-- Cybulski, Rachel	Northern Suburbs	DNS

## Heat 3 Heats

1 Wigham, Emily	Cherrybrook	35.80Q
2 Williams, Tabitha	Northern Suburbs	36.46Q
3 Obrien, Teara	Nth Rocks Carlin	38.17q
4 Wehbe, Faith	Ryde	39.82
5 Cuevas, Olivia Joyce	Nth Rocks Carlin	44.48
6 Ng Chok, Isabelle	Parramatta	47.72
-- Roxburgh, Anouk	Northern Suburbs	DNS

**Girls U 9 - 200 Metre Sprint**

=====			
Zone: Z 31.20 15/12/2013 Emily Crawford, Cherrybrook			
Name	Age	Centre	Final
=====			

## Section 1 Final

1 Wigham, Emily	Cherrybrook	35.01
2 De Pomeroy, Eden	Nth Rocks Carlin	35.71
3 Dobe, Isabella	Nth Rocks Carlin	36.25
4 Williams, Tabitha	Northern Suburbs	36.53
5 Pokharel, Amiya	Nth Rocks Carlin	37.64
6 Liyanage, Kiara	Cherrybrook	37.84
7 Smith, Aria	Parramatta	37.93
8 Obrien, Teara	Nth Rocks Carlin	38.48

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 10 - 200 Metre Sprint**

Zone: Z 29.00 2003 Rubeena King, Northern Suburb			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Germon, Amelie		Northern Suburbs	35.47Q
2 Gebhard, Ajabu		Northern Suburbs	35.78Q
3 Silva, Serah		Nth Rocks Carlin	36.20
4 Ciereszko, Malinka		Parramatta	36.74
5 Barnett-Palmer, Rafaiell		Ryde	39.13
Heat 2 Heats			
1 Alkhateeb, Jude		Cherrybrook	33.08Q
2 Chopra, Ananshi		Northern Suburbs	36.99Q
3 Nicol, Lani		Ryde	38.22
4 Bergsson, Lelea		Ryde	43.28
5 Arora, Prisha		Parramatta	45.14
Heat 3 Heats			
1 Wade, Stella		Northern Suburbs	30.88Q
2 Mitchell, Indiana		Ryde	32.24Q
3 Kum, Romy		Ryde	34.90q
4 June, Charlize		Northern Suburbs	35.96q
5 Angelo, Juliana		Ryde	37.12
6 Collier, Teagan		Nth Rocks Carlin	38.85
-- Sardinha Rodrigues, Oliv		Nth Rocks Carlin	DNS

**Girls U 10 - 200 Metre Sprint**

Zone: Z 29.00 2003 Rubeena King, Northern Suburb			
Name	Age	Centre	Final
Section 1 Final			
1 Wade, Stella		Northern Suburbs	30.77
2 Mitchell, Indiana		Ryde	31.83
3 Alkhateeb, Jude		Cherrybrook	32.32
4 Gebhard, Ajabu		Northern Suburbs	34.71
5 Germon, Amelie		Northern Suburbs	36.17
6 Chopra, Ananshi		Northern Suburbs	37.16
-- Kum, Romy		Ryde	DNS
-- June, Charlize		Northern Suburbs	DNS

**Girls U 11 - 200 Metre Sprint**

Zone: Z 28.00 2004 Courtney Cross, Hornsby Distr			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Tazewell, Lucy C		Parramatta	31.74Q
2 Fetrie, Claire		Parramatta	32.28Q
3 Jordan, Zoe		Cherrybrook	33.42q
4 Lau, Olivia Felicity		Northern Suburbs	34.02
5 Bennett, Katherine		Ryde	34.40
6 Mitry, Ally		Northern Suburbs	34.72
7 Lu, Amelia		Cherrybrook	37.77
8 Tang, Lauren		Northern Suburbs	38.47
Heat 2 Heats			
1 Bosnic, Eliza		Ryde	33.08Q

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 11 - 200 Metre Sprint**

2	Davies, Tully	Ryde	33.95Q
3	Tauaisili, Layla	Nth Rocks Carlin	35.31
4	Gilchrist, Amelie	Cherrybrook	36.14
5	Ladhane, Sanchi	Parramatta	36.21
6	Murphy, Jacinta	Nth Rocks Carlin	39.35
7	Ewing, Emilia	Parramatta	42.44
--	Dubey, Aditi	Cherrybrook	DNS

## Heat 3 Heats

1	Lynch, Madeleine	Ryde	32.15Q
2	Yong, Jessy	Parramatta	32.62Q
3	Wegener, Anna	Cherrybrook	32.67q
4	North, Tara	Cherrybrook	34.56
5	Martin, Camilla	Northern Suburbs	35.38
6	Chandru Vidya, Bavatarin	Parramatta	37.05
7	Connolly, Sophie	Northern Suburbs	38.94

**Girls U 11 - 200 Metre Sprint**

=====			
	Zone: Z 28.00	2004	Courtney Cross, Hornsby Distr
Name	Age	Centre	Final
=====			

## Section 1 Final

1	Lynch, Madeleine	Ryde	31.70
2	Fetrie, Claire	Parramatta	32.41
3	Wegener, Anna	Cherrybrook	32.50
4	Bosnic, Eliza	Ryde	32.62
5	Jordan, Zoe	Cherrybrook	33.19
6	Yong, Jessy	Parramatta	33.30
7	Davies, Tully	Ryde	33.45
8	Tazewell, Lucy C	Parramatta	33.49

**Girls U 12 - 200 Metre Sprint**

=====			
	Zone: Z 27.07	2012	Taylor-Lee Marconi, Parramatt
Name	Age	Centre	Prelims
=====			

## Heat 1 Heats

1	Dawson, Hannah	Cherrybrook	30.41Q
2	Cellacay, Arabella	Ryde	30.61Q
3	Kucharski, Emilie	Nth Rocks Carlin	32.16
4	Marken, Rhea	Parramatta	33.11
5	Liu, Jasmine	Cherrybrook	33.83
6	Clarke, Jessica	Ryde	33.99
--	Choi, Yena	Parramatta	DNS
--	Mirzaei, Ronika	Nth Rocks Carlin	DNS

## Heat 2 Heats

1	Tazewell, Sophie	Parramatta	31.51Q
2	Wirianata, Jolin	Nth Rocks Carlin	32.06Q
3	Mclachlan, Amelia	Ryde	32.26
4	Gatfield-Davis, Madison	Northern Suburbs	33.56
5	Krivozhnya, Christina	Cherrybrook	34.23
6	Anson, Charlize	Ryde	34.81
--	Bedford, Gillian	Ryde	DNS

## Heat 3 Heats

1	Tabrett, Madison	Cherrybrook	29.12Q
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**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****...Girls U 12 - 200 Metre Sprint**

2 Ng, Emily	Nth Rocks Carlin	30.87Q
3 Wigham, Abigail	Cherrybrook	31.78q
4 Perry, Julia	Nth Rocks Carlin	32.02q
5 Lim, Emma	Ryde	32.03
6 Lombardi, Alessandra	Ryde	32.45
7 Bibring, Aria	Nth Rocks Carlin	35.62
-- Moussa, Angelina	Parramatta	DNS

**Girls U 12 - 200 Metre Sprint**

=====			
Zone: Z 27.07 2012		Taylor-Lee Marconi, Parramatt	
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Tabrett, Madison		Cherrybrook	29.55
2 Dawson, Hannah		Cherrybrook	30.41
3 Cellacay, Arabella		Ryde	30.97
4 Ng, Emily		Nth Rocks Carlin	31.11
5 Wigham, Abigail		Cherrybrook	31.29
6 Tazewell, Sophie		Parramatta	31.33
7 Perry, Julia		Nth Rocks Carlin	31.54
8 Wirianata, Jolin		Nth Rocks Carlin	32.22

**Girls U 13 - 200 Metre Sprint**

=====			
Zone: Z 26.10 2003		Sarah Thomson, Cherrybrook	
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1 Kariyawasam, Naduli		Parramatta	29.18Q
2 Dellas, Madison		Nth Rocks Carlin	29.41Q
3 Pawsey, Jacqueline		Ryde	29.42q
4 Schnell, Lucia		Northern Suburbs	29.44q
-- Spurr, Georgie		Parramatta	DNS
-- Gartner, Makenzi		Cherrybrook	DNS
-- Utichi, Chiara		Ryde	DNS
Heat 2 Heats			
1 Truong, Alice		Nth Rocks Carlin	31.95Q
2 Tang, Natalie		Nth Rocks Carlin	35.90Q
-- Nagle, Bronte		Ryde	DNS
-- Ewing, Asta		Parramatta	DNS
-- Roy, Tvisha		Cherrybrook	DNS
-- Lumley, Collette		Northern Suburbs	DNS
Heat 3 Heats			
1 Wade, Sienna		Northern Suburbs	29.05Q
2 Paul, Michiko		Cherrybrook	29.13Q
3 Loring, Olivia		Parramatta	30.88
4 Jones, Sarah		Cherrybrook	31.78
5 Cherian, Arpita		Nth Rocks Carlin	33.25
-- Ramakumaran, Kavinmathi		Parramatta	DNS
-- Cheung, Beatrice		Ryde	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 13 - 200 Metre Sprint**

Zone: Z 26.10 2003 Sarah Thomson, Cherrybrook			
Name	Age	Centre	Final
Section 1 Final			
1 Wade, Sienna		Northern Suburbs	28.44
2 Kariyawasam, Naduli		Parramatta	29.42
3 Paul, Michiko		Cherrybrook	29.71
4 Schnell, Lucia		Northern Suburbs	29.75
5 Pawsey, Jacqueline		Ryde	29.93
6 Dellas, Madison		Nth Rocks Carlin	30.21
7 Truong, Alice		Nth Rocks Carlin	31.69
8 Tang, Natalie		Nth Rocks Carlin	36.04

**Girls U 14 - 200 Metre Sprint**

Zone: Z 26.00 2004 Sarah Thomson, Cherrybrook			
Name	Age	Centre	Final
Section 1			
1 Vella, Ivy		Ryde	28.59
2 O'Donovan, Alanah		Parramatta	30.82
-- Feng, Jocelyn		Northern Suburbs	DNS
-- Kim, Ivy		Parramatta	DNS
-- Campbell, Erin		Northern Suburbs	DNS
-- Hubbard, Alison		Nth Rocks Carlin	DNS
-- Chan, Talia		Ryde	DNS
-- Richards, Scarlett		Nth Rocks Carlin	DNS
Section 2			
1 Fetrie, Clara		Parramatta	26.87
2 Graham, Tanya		Northern Suburbs	28.06
3 Prasath, Pranaya		Parramatta	34.74
-- Gross, Mia		Nth Rocks Carlin	DNS
-- Bateman, April		Ryde	DNS
-- Wyatt, Claudia		Cherrybrook	DNS
-- Antoun, Adriana		Parramatta	DNS
-- McGregor, Chloe		Ryde	DNS

**Girls U 15 - 200 Metre Sprint**

Zone: Z 25.70 2002 A Attenborough, Hornsby Distr			
Name	Age	Centre	Final
Section 1			
1 Durham, Sophie		Cherrybrook	28.47
2 Obi, Princess		Nth Rocks Carlin	28.74
3 Ewing, Chiara		Parramatta	30.41
4 Seneviratne, Lisara		Parramatta	30.43
5 Son, Reena		Northern Suburbs	30.46
-- Willard, Aurora		Ryde	DNS
-- Storey, Hannah		Cherrybrook	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 17 - 200 Metre Sprint**

Zone: Z 25.20 2009 Michelle Jenneke, Cherrybrook			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Moresi, Olivia		Cherrybrook	27.69Q
2 Jones, Sacha		Northern Suburbs	29.19Q
3 van der Poorten, Ellie		Ryde	30.49q
4 Roach, Kaley		Parramatta	30.62q
-- Yip, Zaara		Nth Rocks Carlin	DNS
-- Barlow, Claudia		Ryde	DNS
Heat 2 Heats			
1 Pawsey, Zara		Ryde	27.69Q
2 Ingram, Leela		Cherrybrook	30.58Q
3 Leggatt, Alicia		Ryde	30.77
-- Russell, Caitlin		Cherrybrook	DNS
-- Guppy, Rebecca		Parramatta	DNS
-- Longley, Isabella		Northern Suburbs	DNS
-- Busingye, Anesha		Nth Rocks Carlin	DNS
Heat 3 Heats			
1 Steventon, Amelia		Parramatta	26.92Q
2 Gomez-Niewolik, Amelie		Ryde	27.17Q
3 Vanderklauw, Serena		Cherrybrook	32.38
4 Kaur, Jeslyn		Parramatta	35.79
-- Lowe, Vivian		Northern Suburbs	DNS
-- burdett, mila		Nth Rocks Carlin	DNS
-- Nagle, Charlotte		Ryde	DNS

**Girls U 17 - 200 Metre Sprint**

Zone: Z 25.20 2009 Michelle Jenneke, Cherrybrook			
Name	Age	Centre	Final
Section 1 Final			
1 Steventon, Amelia		Parramatta	26.72
2 Pawsey, Zara		Ryde	26.81
3 Gomez-Niewolik, Amelie		Ryde	27.31
4 Moresi, Olivia		Cherrybrook	27.92
5 Jones, Sacha		Northern Suburbs	29.51
6 Roach, Kaley		Parramatta	30.53
7 Ingram, Leela		Cherrybrook	30.71
-- van der Poorten, Ellie		Ryde	DNS

**Girls U 9 - 400 Metre Sprint**

Zone: Z 1:14.40 1999 L Willis, Hornsby District			
Name	Age	Centre	Final
Section 1			
1 Wigham, Emily		Cherrybrook	1:25.16
2 Lam, Sofia		Nth Rocks Carlin	1:34.82
3 Cox-Gallagher, Lyla		Ryde	1:39.24
4 Yam, Grace		Ryde	1:39.66
5 Thushyanthan, Swarnika		Parramatta	1:56.50
6 Dubey, Mannat		Parramatta	1:56.89
Section 2			

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****...Girls U 9 - 400 Metre Sprint**

1	Wu, Yichen	Ryde	1:22.74
2	Dobe, Isabella	Nth Rocks Carlin	1:22.88
3	Williams, Tabitha	Northern Suburbs	1:24.97
4	Stewart, Philippa	Northern Suburbs	1:25.58
5	Gudmunson, Isla	Ryde	1:33.61
6	Ljubivicic, Izabel	Ryde	1:34.48
7	Armstrong, Lucy	Ryde	1:37.19

**Girls U 10 - 400 Metre Sprint**

=====			
	Zone: Z 1:10.30	2008	Raukura Doyle, Northern Sub
Name	Age	Centre	Final
=====			

## Section 1

1	Aroyan, Savannah	Parramatta	1:26.98
2	Nicol, Lani	Ryde	1:29.82
3	Ong, Elizabeth	Ryde	1:31.03
4	Bakla, Maddison	Ryde	1:37.00
5	Perez Martinez, Daniela	Parramatta	1:37.55
6	Seif, Hannah	Parramatta	1:39.63
--	Sardinha Rodrigues, Oliv	Nth Rocks Carlin	DNS

## Section 2

1	Wade, Stella	Northern Suburbs	1:11.83
2	Huang, Leona	Cherrybrook	1:16.46
3	Julliard, Emmanuelle	Northern Suburbs	1:20.05
4	Fowler, Casey	Parramatta	1:21.63
5	Young, Natalie	Ryde	1:21.85
6	Silva, Serah	Nth Rocks Carlin	1:27.01
7	Sarah, Abigail	Nth Rocks Carlin	1:27.24
--	Alkhateeb, Jude	Cherrybrook	DNS

**Girls U 11 - 400 Metre Sprint**

=====			
	Zone: Z 1:07.10	1995	R Junor, Tiger Wests
Name	Age	Centre	Final
=====			

## Section 1

1	North, Tara	Cherrybrook	1:17.82
2	Martin, Camilla	Northern Suburbs	1:23.51
3	Chandru Vidya, Bavatarin	Parramatta	1:29.25
4	Dubey, Aditi	Cherrybrook	1:31.35
5	Lettice, Sarah	Cherrybrook	1:43.07
6	Kerr, Mackenzie	Parramatta	1:47.28

## Section 2

1	Yong, Jessy	Parramatta	1:14.13
2	Bennett, Katherine	Ryde	1:16.37
3	Frielingsdorf, Alexandra	Northern Suburbs	1:16.67
4	Ekers, Kira	Ryde	1:16.94
5	Jordan, Zoe	Cherrybrook	1:17.39
6	Saber, Katherine	Northern Suburbs	1:26.23

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 12 - 400 Metre Sprint**

Zone: Z 1:05.18 2012 Eliza Harvey, Nth Rocks C'f			
Name	Age	Centre	Final
Section 1			
1 Hevesy, Taryn		Nth Rocks Carlin	1:18.92
2 Kucharski, Emilie		Nth Rocks Carlin	1:21.51
3 Ho, Taylor		Ryde	1:26.36
4 Caunca, Keilah		Ryde	1:26.58
5 Yam, Sienna		Ryde	1:26.76
6 Storey, Katherine		Cherrybrook	1:27.08
7 Molesworth, Savannah		Nth Rocks Carlin	1:28.83
Section 2			
1 Ng, Emily		Nth Rocks Carlin	1:12.34
2 Gatfield-Davis, Madison		Northern Suburbs	1:14.87
3 Waddell, Heidi		Nth Rocks Carlin	1:17.26
4 Lim, Emma		Ryde	1:19.25
5 Xian, Carina		Cherrybrook	1:24.91
6 Balcombe, Zoe		Northern Suburbs	1:30.66
-- Kolman, Amia		Ryde	DNS
Section 3			
1 Lee, Meredith		Northern Suburbs	1:08.18
2 Tabrett, Madison		Cherrybrook	1:13.29
3 Mansell, Ashleigh		Cherrybrook	1:15.22
4 Cox, Zara		Ryde	1:16.61
5 Marken, Rhea		Parramatta	1:18.59
-- Tazewell, Sophie		Parramatta	DNS
-- Choi, Yena		Parramatta	DNS

**Girls U 13 - 400 Metre Sprint**

Zone: Z 1:02.40 2011 Chelsea Loughrey, Parramatt			
Name	Age	Centre	Final
Section 1			
1 Jasrotia, Ridhi		Cherrybrook	1:09.21
2 Cherian, Arpita		Nth Rocks Carlin	1:15.40
3 Virgona, Abigail		Nth Rocks Carlin	1:16.53
4 Tan, Shiori		Parramatta	1:19.50
5 La Vinh, Alicia		Nth Rocks Carlin	1:24.76
-- Roy, Tvisha		Cherrybrook	DNS
-- Royce, Ava		Ryde	DNS
-- Gartner, Makenzi		Cherrybrook	DNS
Section 2			
1 Wade, Sienna		Northern Suburbs	1:05.03
2 Kariyawasam, Naduli		Parramatta	1:06.91
3 Dellas, Madison		Nth Rocks Carlin	1:09.76
4 Loring, Olivia		Parramatta	1:10.55
5 Schnell, Lucia		Northern Suburbs	1:11.13
6 Yam, Chloe		Ryde	1:15.01
7 Ramakumaran, Kavinmathi		Parramatta	1:20.52
-- Jones, Sarah		Cherrybrook	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 14 - 400 Metre Sprint**

Zone: Z 1:00.30 2005 Elle-Maree Farrington, Nort			
Name	Age	Centre	Final
Section 1			
1 Campbell, Erin		Northern Suburbs	1:10.72
2 Richards, Scarlett		Nth Rocks Carlin	1:17.83
3 Pavlovic, Eva		Northern Suburbs	1:19.70
4 Connell, Alicia		Northern Suburbs	1:22.06
-- Kim, Ivy		Parramatta	DNS
-- Polkinghorne, Sophie		Nth Rocks Carlin	DNS
-- Wyatt, Claudia		Cherrybrook	DNS
-- Feng, Jocelyn		Northern Suburbs	DNS

**Girls U 15 - 400 Metre Sprint**

Zone: Z 59.80 2010 Erin Blundell, Cherrybrook			
Name	Age	Centre	Final
1 Storey, Hannah		Cherrybrook	1:03.52
2 Loring, Jessica		Parramatta	1:09.05
3 Ewing, Chiara		Parramatta	1:11.56
4 Stirling, Stella		Parramatta	1:12.04
5 Son, Reena		Northern Suburbs	1:12.87
6 Million, Mia		Ryde	1:18.30
7 Cheung, Evelyn		Nth Rocks Carlin	1:18.42
-- Boorman-Franks, Alice		Parramatta	DNS

**Girls U 17 - 400 Metre Sprint**

Zone: Z 59.80 2009 Jenny Blundell, Cherrybrook			
Name	Age	Centre	Final
1 van der Poorten, Ellie		Ryde	1:09.31
2 Tan, Amia		Parramatta	1:15.03
3 Vanderklauw, Serena		Cherrybrook	1:16.58
4 Kaur, Jeslyn		Parramatta	1:26.64
-- Kolosakas, Hariclia Leah		Nth Rocks Carlin	DNS
-- Moresi, Olivia		Cherrybrook	DNS
Section 2			
1 Pawsey, Zara		Ryde	1:06.04
2 Leggatt, Alicia		Ryde	1:11.22
3 Nagle, Charlotte		Ryde	1:11.55
4 Jones, Sacha		Northern Suburbs	1:11.88
5 Roach, Kaley		Parramatta	1:18.60
-- Lowe, Vivian		Northern Suburbs	DNS

**Girls U 8 - 400 Metre Run Pack Start**

Zone: Z 1:25.23 02/12/2023 Lauren Bennett, Ryde			
Name	Age	Centre	Final
Section 1			
1 Bennett, Lauren		Ryde	1:25.23Z
2 Johansen, Maddison		Cherrybrook	1:34.86
3 Spurr, Abby		Parramatta	1:42.45

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****...Girls U 8 - 400 Metre Run Pack Start**

4 Patchett, Charlotte	Cherrybrook	1:42.89
5 Hevesy, Zana	Nth Rocks Carlin	1:44.59
6 Zammit, Liara	Parramatta	1:45.31
7 Kamali, Celine	Nth Rocks Carlin	1:50.75
8 Flett, Jahara	Parramatta	1:51.28
9 Knight, Annalise	Parramatta	1:53.24
-- Laurie, Alexis	Northern Suburbs	DNS

## Section 2

1 Reitano, Aliska	Northern Suburbs	1:28.56
2 Tisi, Siena	Northern Suburbs	1:30.38
3 Shinde, Parisa	Ryde	1:33.63
4 Dong, Sophie	Northern Suburbs	1:34.64
5 Ng, Alana	Nth Rocks Carlin	1:47.36
6 Jyothish, Meenakshi	Parramatta	1:50.26
7 Shanahan, Caitlin	Northern Suburbs	1:51.33
8 Vinod Prabhu, Laya	Parramatta	2:03.53
-- Utichi, Chloe	Ryde	DNS
-- Huang, Alice	Nth Rocks Carlin	DNS

**Girls U 7 - 500 Metre Run Pack Start**

=====			
Zone: Z 1:48.90		1998	M D'Arcy, Hornsby District
Name	Age	Centre	Final
=====			

## Section 1

1 Jonas, Ellie	Nth Rocks Carlin	2:15.13
2 Loudon, Natasha	Nth Rocks Carlin	2:19.27
3 Lam, Siahn	Nth Rocks Carlin	2:24.14
4 De Pomeroy, Portia	Nth Rocks Carlin	2:31.79
5 Zhang, Lily	Parramatta	2:33.17
6 Yeldham, Gabrielle	Northern Suburbs	2:35.75
7 Elder, Audrey	Parramatta	2:42.63
8 Oliveira, Chloe	Ryde	2:50.78
-- Jordan, Lucy	Cherrybrook	DNS
-- Devaru, Aadya	Parramatta	DNS

**Girls U 8 - 700 Metre Run Pack Start**

=====			
Zone: Z 2:26.40		2010	Metiria Doyle, Northern Sub
Name	Age	Centre	Final
=====			

1 Bennett, Lauren	Ryde	2:47.15
2 Reitano, Aliska	Northern Suburbs	2:47.42
3 Kim, April	Parramatta	2:55.13
4 Dong, Sophie	Northern Suburbs	3:02.36
5 Murphy, Katrina	Nth Rocks Carlin	3:05.12
6 Shinde, Parisa	Ryde	3:05.49
7 Cribbin, Lucilla	Cherrybrook	3:13.33
8 Patchett, Charlotte	Cherrybrook	3:14.24
9 Zammit, Liara	Parramatta	3:15.00
10 Huang, Alice	Nth Rocks Carlin	3:15.25
11 Ng, Alana	Nth Rocks Carlin	3:21.51
12 Buonocore, Ruby	Ryde	3:23.16
13 Basukala, Emma	Nth Rocks Carlin	3:35.58
14 Kamali, Celine	Nth Rocks Carlin	3:36.62

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 8 - 700 Metre Run Pack Start**

-- Jyothish, Meenakshi Parramatta DNS

**Girls U 9 - 800 Metre Run**

Zone: Z 2:50.00 1999 L Willis, Hornsby District			
Name	Age	Centre	Final
1 De Pomeroy, Eden		Nth Rocks Carlin	3:11.57
2 Dobe, Isabella		Nth Rocks Carlin	3:12.58
3 Williams, Tabitha		Northern Suburbs	3:16.74
4 Stewart, Philippa		Northern Suburbs	3:21.08
5 Lam, Sofia		Nth Rocks Carlin	3:34.49
6 Armstrong, Lucy		Ryde	3:37.15
7 Vidmar, Olivia		Parramatta	3:38.25
8 Hudson, Sara		Northern Suburbs	3:46.22
9 Dubey, Mannat		Parramatta	5:00.19
10 Hanington, Victoria		Parramatta	6:10.03
-- Wehbe, Faith		Ryde	DNS

**Girls U 10 - 800 Metre Run**

Zone: Z 2:39.60 2006 Patricia La Hood, Parramatt			
Name	Age	Centre	Final
1 Huang, Leona		Cherrybrook	2:53.18
2 Fowler, Casey		Parramatta	3:03.03
3 Young, Natalie		Ryde	3:08.14
4 Everson, LilyEve		Ryde	3:16.19
5 Sarah, Abigail		Nth Rocks Carlin	3:20.33
6 Aroyan, Savannah		Parramatta	3:23.91
7 Bakla, Maddison		Ryde	3:40.15
8 Costin, Charlotte		Nth Rocks Carlin	3:40.85
9 Oliveira, Emma		Ryde	4:00.12
-- Morey, Myrah		Parramatta	DNS

## Section 2

1 Julliard, Emmanuelle		Northern Suburbs	2:59.93
2 Flower, Sienna		Northern Suburbs	3:03.53
3 Mok, Milena		Cherrybrook	3:03.96
4 Robinson, Jessica		Northern Suburbs	3:19.80
5 Huang, Celine		Cherrybrook	3:29.97
6 Perkins, Francesca		Cherrybrook	3:53.13
7 Yeow, Ariel		Ryde	4:08.30
8 Lumley, Astrid		Northern Suburbs	4:13.84
-- Marsaus, Molly		Ryde	DNS

**Girls U 11 - 800 Metre Run**

Zone: Z 2:29.50 2004 Jenny Blundell, Cherrybrook			
Name	Age	Centre	Final
Section 1			
1 Wegener, Anna		Cherrybrook	2:56.60
2 Saber, Katherine		Northern Suburbs	2:57.26
3 Lau, Olivia Felicity		Northern Suburbs	2:58.41
4 Bennett, Katherine		Ryde	2:59.25



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****...Girls U 11 - 800 Metre Run**

5	Jordan, Zoe	Cherrybrook	2:59.51
6	Tazewell, Lucy C	Parramatta	2:59.75
7	Ekers, Kira	Ryde	3:06.28
8	North, Tara	Cherrybrook	3:07.14
9	Tang, Lauren	Northern Suburbs	3:21.43
10	Lu, Amelia	Cherrybrook	3:39.51
11	Chandru Vidya, Bavatarin	Parramatta	3:47.78
12	Keene, Hinata	Cherrybrook	3:49.89
13	Davis, Sophia	Parramatta	3:59.74
--	Kouch, Felicity	Nth Rocks Carlin	DNS
--	Dagg, Eloise	Cherrybrook	DNS
--	Stewart, Grace	Northern Suburbs	DNS

**Girls U 12 - 800 Metre Run**

=====				
	Zone: Z	2:27.80	2004	Janine Liversage, Cherrybro
Name	Age	Centre	Final	
=====				
1	Mansell, Ashleigh	Cherrybrook	2:48.21	
2	Buonocore, Yazmyn	Ryde	2:54.75	
3	Huang, Chantelle	Cherrybrook	2:55.76	
4	Holl, Kourtney	Ryde	3:02.81	
5	Dawson, Hannah	Cherrybrook	3:06.10	
6	Hevesy, Taryn	Nth Rocks Carlin	3:09.48	
7	Khadar, Amelia	Parramatta	3:11.11	
8	Storey, Katherine	Cherrybrook	3:24.35	
--	Molesworth, Savannah	Nth Rocks Carlin	DNS	
--	Ho, Taylor	Ryde	DNS	

## Section 2

1	Lee, Meredith	Northern Suburbs	2:37.91
2	Bodley, Eve	Cherrybrook	2:52.08
3	Baraniak, Ayla	Ryde	2:53.30
4	Lim, Emma	Ryde	2:55.11
5	Balcombe, Zoe	Northern Suburbs	3:03.23
6	Cox, Zara	Ryde	3:06.25
7	Waddell, Heidi	Nth Rocks Carlin	3:07.99
8	Gatfield-Davis, Madison	Northern Suburbs	3:10.03
9	Kucharski, Emilie	Nth Rocks Carlin	3:17.49
10	Carroll, Hayley	Nth Rocks Carlin	3:27.54
--	Tazewell, Sophie	Parramatta	DNS

**Girls U 13 - 800 Metre Run**

=====				
	Zone: Z	2:17.60	2006	Jenny Blundell, Cherrybrook
Name	Age	Centre	Final	
=====				
Section 1				
1	Wade, Sienna	Northern Suburbs	2:35.52	
2	Jasrotia, Ridhi	Cherrybrook	2:39.62	
3	Bealby, Isla	Northern Suburbs	2:39.92	
4	Everson, Miarose	Ryde	2:48.14	
5	Gartner, Makenzi	Cherrybrook	2:55.20	
6	Rendall, Olivia	Northern Suburbs	3:01.26	
7	Cherian, Arpita	Nth Rocks Carlin	3:01.58	
8	Ramakumaran, Kavinmathi	Parramatta	3:19.02	

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****...Girls U 13 - 800 Metre Run**

9	Tang, Natalie	Nth Rocks Carlin	3:19.22
--	Royce, Ava	Ryde	DNS
--	Neupert, Teresa	Northern Suburbs	DNS
--	Cheung, Beatrix	Ryde	DNS
--	Shannon, Ella	Cherrybrook	DNS
--	Graham, Mia	Cherrybrook	DNS
--	Sardinha Rodrigues, Clar	Nth Rocks Carlin	DNS
--	Lin, Ella	Nth Rocks Carlin	DNS

**Girls U 14 - 800 Metre Run**

Zone: Z 2:19.10 2007 Jenny Blundell, Cherrybrook			
Name	Age	Centre	Final
1	Bennett, Aliyah	Cherrybrook	2:23.08
2	Polkinghorne, Sophie	Nth Rocks Carlin	2:34.38
3	Hubbard, Alison	Nth Rocks Carlin	2:48.82
4	Richards, Scarlett	Nth Rocks Carlin	2:55.32
5	Campbell, Erin	Northern Suburbs	3:03.93
--	Kim, Ivy	Parramatta	DNS
--	Wyatt, Claudia	Cherrybrook	DNS
--	Hollobon, Alina	Northern Suburbs	DNS

**Girls U 15 - 800 Metre Run**

Zone: Z 2:15.80 1989 M Wilson, North Rocks Carli			
Name	Age	Centre	Final
1	Loring, Jessica	Parramatta	2:31.46
2	Storey, Hannah	Cherrybrook	2:31.87
--	Stirling, Stella	Parramatta	DNS
--	Loo, Zoey	Nth Rocks Carlin	DNS

**Girls U 17 - 800 Metre Run**

Zone: Z 2:21.60 2008 Hannah Menday, Cherrybrook			
Name	Age	Centre	Final
1	Timms, Amy	Cherrybrook	2:43.38
2	McGregor, Ella	Ryde	2:48.81
3	Butcher, Tahlia	Parramatta	2:51.34
4	Leggatt, Alicia	Ryde	2:58.78
5	Primrose, Isabella	Nth Rocks Carlin	3:02.21
6	Roach, Kaley	Parramatta	3:06.12
7	Kaur, Jeslyn	Parramatta	3:41.51
--	Yip, Zaara	Nth Rocks Carlin	DNS

**Girls U 11 - 1500 Metre Run**

Zone: Z 5:01.90 2004 Jenny Blundell, Cherrybrook			
Name	Age	Centre	Final
1	Saber, Katherine	Northern Suburbs	6:01.78
2	Tazewell, Lucy C	Parramatta	6:08.31
3	Jordan, Zoe	Cherrybrook	6:12.85

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 11 - 1500 Metre Run**

4 Spiden, Skye	Ryde	6:18.14
5 Dickson, Mirabelle	Northern Suburbs	6:33.38
6 Lettice, Sarah	Cherrybrook	6:37.95
7 Tang, Lauren	Northern Suburbs	6:41.41
-- Kouch, Felicity	Nth Rocks Carlin	DNS

**Girls U 12 - 1500 Metre Run**

Zone: Z 4:58.70 2005 Jenny Blundell, Cherrybrook		
Name	Age Centre	Final
1 Lee, Meredith	Northern Suburbs	5:28.79
2 Mansell, Ashleigh	Cherrybrook	5:47.86
3 Carroll, Hayley	Nth Rocks Carlin	5:53.04
4 Baraniak, Ayla	Ryde	5:54.61
5 Balcombe, Zoe	Northern Suburbs	6:07.37
6 Holl, Kourtney	Ryde	6:24.08
7 Wirianata, Jolin	Nth Rocks Carlin	6:25.45
8 Khadar, Amelia	Parramatta	6:27.35
9 Boorman-Franks, Beth	Parramatta	7:00.96
10 Xian, Carina	Cherrybrook	7:10.64
11 Caunca, Keilah	Ryde	7:12.59
12 Holman, Hazel	Parramatta	7:22.19

**Girls U 13 - 1500 Metre Run**

Zone: Z 4:53.80 2006 Jenny Blundell, Cherrybrook		
Name	Age Centre	Final
1 Wade, Sienna	Northern Suburbs	5:19.73
2 Everson, Miarose	Ryde	5:40.81
3 Gartner, Makenzi	Cherrybrook	6:10.15
4 Rendall, Olivia	Northern Suburbs	6:26.27
5 Lin, Ella	Nth Rocks Carlin	6:37.88
6 Shannon, Ella	Cherrybrook	6:48.51
7 La Vinh, Alicia	Nth Rocks Carlin	7:05.68
8 Tang, Natalie	Nth Rocks Carlin	7:10.50
-- Ramakumaran, Kavinmathi	Parramatta	DNS
-- Sardinha Rodrigues, Clar	Nth Rocks Carlin	DNS

**Girls U 14 - 1500 Metre Run**

Zone: Z 5:00.83 02/12/2023 Aliyah Bennett, Cherrybrook		
Zone: Z 5:00.83 02/12/2023 Aliyah Bennett, Cherrybrook		
Name	Age Centre	Final
1 Bennett, Aliyah	Cherrybrook	5:00.83Z
2 Polkinghorne, Sophie	Nth Rocks Carlin	5:02.30
3 Pavlovic, Eva	Northern Suburbs	6:26.09
-- Wyatt, Claudia	Cherrybrook	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 15 - 1500 Metre Run**

Zone: Z 4:52.40 2009 Courtney Chamberlain, Cherr			
Name	Age	Centre	Final
1 Loring, Jessica		Parramatta	5:25.16
2 Loo, Zoey		Nth Rocks Carlin	6:11.01
3 Stirling, Stella		Parramatta	6:13.29
4 Mason, Kayla		Nth Rocks Carlin	6:27.07
-- Boorman-Franks, Alice		Parramatta	DNS

**Girls U 17 - 1500 Metre Run**

Zone: Z 4:43.10 2011 Kate Spencer, Ryde			
Name	Age	Centre	Final
1 Timms, Amy		Cherrybrook	5:44.35
2 McGregor, Ella		Ryde	5:56.62
3 Leggatt, Alicia		Ryde	6:02.51
4 Butcher, Tahlia		Parramatta	6:12.56
5 Roach, Kaley		Parramatta	6:51.95
-- Shannon, Caitlin		Cherrybrook	DNS
-- Kaur, Jeslyn		Parramatta	DNS

**Girls U 13 - 3000 Metre Run**

Zone: Z 10:51.64 30/11/2019 Sarah Baker, Northern Subu			
Name	Age	Centre	Final
1 Wade, Sienna		Northern Suburbs	11:16.04
2 Bealby, Isla		Northern Suburbs	12:08.47
3 Everson, Miarose		Ryde	12:21.77
4 Gartner, Makenzi		Cherrybrook	13:49.32
5 Mcgregor, Ella-Rae		Parramatta	14:37.72
6 La Vinh, Alicia		Nth Rocks Carlin	15:00.18
7 Shannon, Ella		Cherrybrook	15:25.59

**Girls U 14 - 3000 Metre Run**

Zone: Z 10:45.98 01/12/2023 Aliyah Bennett, Cherrybroo			
Zone: Z 10:45.98 01/12/2023 Aliyah Bennett, Cherrybroo			
Name	Age	Centre	Final
1 Bennett, Aliyah		Cherrybrook	10:45.98Z
2 Polkinghorne, Sophie		Nth Rocks Carlin	10:59.18
3 Wyatt, Claudia		Cherrybrook	11:37.55
4 Pavlovic, Eva		Northern Suburbs	14:01.09
-- Gorringer, Emma		Ryde	DNS
-- Penn, Ruby		Cherrybrook	DNS

**Girls U 15 - 3000 Metre Run**

Zone: Z 10:42.00 1995 A Coyle, Parramatta			
Name	Age	Centre	Final
1 Loring, Jessica		Parramatta	11:28.78

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 17 - 3000 Metre Run**

Zone: Z 10:41.90 2011 Kate Spencer, Ryde			
Name	Age	Centre	Final
1 Timms, Amy		Cherrybrook	12:40.37
2 McGregor, Ella		Ryde	13:01.07
3 Leggatt, Alicia		Ryde	13:45.45
4 Primrose, Isabella		Nth Rocks Carlin	14:23.59
5 Shannon, Caitlin		Cherrybrook	14:34.44
6 Roach, Kaley		Parramatta	15:16.86
-- Kaur, Jeslyn		Parramatta	DNS

**Girls U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 11.40 1998 C Gomes, Ryde			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Oppedisano, Lucia		Ryde	12.89Q
2 Murphy, Katrina		Nth Rocks Carlin	13.52Q
3 Ng, Alana		Nth Rocks Carlin	14.41
4 Johansen, Maddison		Cherrybrook	14.42
5 Chai, Emma		Parramatta	17.06
6 Henebery, Piper		Parramatta	17.30
-- Briscoe, Isabelle		Northern Suburbs	DNS
Heat 2 Heats			
1 Crumpton, Taylor		Ryde	12.98Q
2 Reitano, Aliska		Northern Suburbs	13.15Q
3 Barnett-Palmer, Rhylean		Ryde	13.16q
4 Hevesy, Zana		Nth Rocks Carlin	14.45
5 Laurie, Alexis		Northern Suburbs	14.79
6 Kamali, Celine		Nth Rocks Carlin	15.68
7 Morgan, Ivie		Ryde	15.90
8 Basukala, Emma		Nth Rocks Carlin	15.96
Heat 3 Heats			
1 Kim, April		Parramatta	13.51Q
2 Bennett, Lauren		Ryde	13.80Q
3 Messina, Indianna		Northern Suburbs	14.03q
4 Campbell, Phoebe		Cherrybrook	14.87
5 Knight, Annalise		Parramatta	14.89
6 Reid, Natalie L		Cherrybrook	15.72
6 Liu, Evelyn		Nth Rocks Carlin	15.72
8 Rajendran, Shirina		Northern Suburbs	16.56

**Girls U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 11.40 1998 C Gomes, Ryde			
Name	Age	Centre	Final
Section 1 Final			
1 Murphy, Katrina		Nth Rocks Carlin	12.74
2 Reitano, Aliska		Northern Suburbs	12.91
3 Kim, April		Parramatta	12.99
4 Bennett, Lauren		Ryde	13.01
5 Crumpton, Taylor		Ryde	13.15
6 Barnett-Palmer, Rhylean		Ryde	13.20

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 8 - 60 Metre Hurdles (45cm)**

7 Messina, Indianna	Northern Suburbs	13.67
8 Oppedisano, Lucia	Ryde	14.27

**Girls U 9 - 60 Metre Hurdles (45cm)**

=====			
Zone: Z 10.70	1994	A Hamilton,	Northern Suburbs
Name	Age	Centre	Prelims
=====			

## Heat 1 Heats

1 Paton, Georgia	Ryde	12.93Q
2 Turton, Alyssa	Northern Suburbs	13.33Q
3 Ljubicic, Izabel	Ryde	13.46
4 Armstrong, Lucy	Ryde	13.56
5 Thushyanthan, Swarnika	Parramatta	15.25
6 Anwar, Sarah	Nth Rocks Carlin	15.89

## Heat 2 Heats

1 Liyanage, Kiara	Cherrybrook	13.60Q
2 McLachlan, Isla	Ryde	14.44Q
3 Gross, Aria	Nth Rocks Carlin	14.86
4 Lin, Maddison	Northern Suburbs	15.14
-- Stewart, Philippa	Northern Suburbs	DNS
-- Cox-Gallagher, Lyla	Ryde	DNS

## Heat 3 Heats

1 Williams, Emily	Northern Suburbs	12.13Q
2 Dickson, Annabel	Nth Rocks Carlin	12.41Q
3 Durie, Calais	Northern Suburbs	12.48q
4 Dickson, Goldi	Northern Suburbs	13.05q
5 Hallit, Jamie	Parramatta	14.17
6 Ng Chok, Isabelle	Parramatta	15.20
7 Wensor, Amelia	Parramatta	17.77

**Girls U 9 - 60 Metre Hurdles (45cm)**

=====			
Zone: Z 10.70	1994	A Hamilton,	Northern Suburbs
Name	Age	Centre	Final
=====			

## Section 1 Final

1 Williams, Emily	Northern Suburbs	11.55
2 Dickson, Annabel	Nth Rocks Carlin	12.17
3 Durie, Calais	Northern Suburbs	12.21
4 Dickson, Goldi	Northern Suburbs	12.43
5 Paton, Georgia	Ryde	12.61
6 Liyanage, Kiara	Cherrybrook	12.68
7 Turton, Alyssa	Northern Suburbs	12.76
8 McLachlan, Isla	Ryde	14.05

**Girls U 10 - 60 Metre Hurdles (60cm)**

=====			
Zone: Z 10.46	09/12/2017	Catherine Mikan,	Northern Sub
Name	Age	Centre	Prelims
=====			

## Heat 1 Heats

1 Flower, Sienna	Northern Suburbs	13.25Q
2 Bosly, Laura	Northern Suburbs	13.79Q
3 Kang, Erica	Ryde	14.07

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****...Girls U 10 - 60 Metre Hurdles (60cm)**

4 de Sacadura, Ava	Cherrybrook	15.78
5 Perez Martinez, Daniela	Parramatta	18.88
6 Morey, Myrah	Parramatta	18.99

## Heat 2 Heats

1 Seale, Sierra	Northern Suburbs	12.43Q
2 Young, Natalie	Ryde	13.13Q
2 Germon, Amelie	Northern Suburbs	13.13Q
4 Zhong, Evelyn	Northern Suburbs	13.55
5 Barnett-Palmer, Rafaiell	Ryde	14.43
6 Friend, Sophie	Ryde	14.57

## Heat 3 Heats

1 Mitchell, Indiana	Ryde	12.25Q
2 Gryst, Georgia	Nth Rocks Carlin	12.78Q
3 Price-Randall, Jacinta	Northern Suburbs	13.09q
4 O'Young, Charlotte	Northern Suburbs	13.42
5 Edwards, Grace	Ryde	13.72
-- June, Charlize	Northern Suburbs	DNS
-- Fung, Ivy	Parramatta	DNS

**Girls U 10 - 60 Metre Hurdles (60cm)**

Zone: Z 10.46 09/12/2017 Catherine Mikan, Northern Sub

Name	Age Centre	Final
------	------------	-------

## Section 1 Final

1 Seale, Sierra	Northern Suburbs	11.61
2 Mitchell, Indiana	Ryde	12.01
3 Gryst, Georgia	Nth Rocks Carlin	12.70
4 Price-Randall, Jacinta	Northern Suburbs	13.13
5 Germon, Amelie	Northern Suburbs	13.18
6 Young, Natalie	Ryde	13.41
7 Flower, Sienna	Northern Suburbs	13.50
8 Bosly, Laura	Northern Suburbs	13.98

**Girls U 11 - 80 Metre Hurdles (60cm)**

Zone: Z 15.15 04/12/2022 Meredith Lee, Northern Suburb

Name	Age Centre	Prelims
------	------------	---------

## Heat 1 Heats

1 Bosnic, Eliza	Ryde	15.53Q
2 Madigan Wong, Bree	Northern Suburbs	16.56Q
3 Ladhane, Sanchi	Parramatta	18.38q
4 Lu, Amelia	Cherrybrook	18.61
5 Keene, Hinata	Cherrybrook	20.74
-- Dean, Amelie	Ryde	DNS
-- Dalle Nogare, Darcie	Northern Suburbs	DNS

## Heat 2 Heats

1 Allen, Ivy	Nth Rocks Carlin	17.05Q
2 Davies, Tully	Ryde	18.03Q
3 Mitry, Ally	Northern Suburbs	18.15q
4 Oppedisano, Talia	Ryde	18.94
5 Yip, Myesha	Nth Rocks Carlin	19.65
-- Kerr, Mackenzie	Parramatta	DNS

## Heat 3 Heats

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****...Girls U 11 - 80 Metre Hurdles (60cm)**

1	Barker, Emma	Nth Rocks Carlin	15.48Q
2	North, Tara	Cherrybrook	17.51Q
3	Bennett, Katherine	Ryde	18.79
4	Campling, Ava	Parramatta	19.37
--	Kouch, Felicity	Nth Rocks Carlin	DNS
--	Stewart, Grace	Northern Suburbs	DNS
--	Neupert, Christine	Northern Suburbs	DNS

**Girls U 11 - 80 Metre Hurdles (60cm)**

Zone: Z 15.15 04/12/2022 Meredith Lee, Northern Suburb

Name Age Centre Final

## Section 1 Final

1	Bosnic, Eliza	Ryde	15.20
2	Madigan Wong, Bree	Northern Suburbs	15.24
3	North, Tara	Cherrybrook	16.90
4	Allen, Ivy	Nth Rocks Carlin	16.96
5	Barker, Emma	Nth Rocks Carlin	17.00
6	Davies, Tully	Ryde	17.43
7	Mitry, Ally	Northern Suburbs	17.52
8	Ladhane, Sanchi	Parramatta	18.58

**Girls U 12 - 80 Metre Hurdles (68cm)**

Zone: Z 13.61 01/12/2019 Catherine Mikan, Northern Sub

Name Age Centre Prelims

## Heat 1 Heats

1	Burge, Maddie	Northern Suburbs	15.21Q
2	Aroyan, Lily	Parramatta	17.48Q
3	Hevesy, Taryn	Nth Rocks Carlin	18.18
4	Krivozhnyia, Christina	Cherrybrook	18.45
5	Marken, Rhea	Parramatta	18.47
6	Bedford, Gillian	Ryde	18.91
7	Mirzaei, Ronika	Nth Rocks Carlin	19.83
--	Choi, Yena	Parramatta	DNS

## Heat 2 Heats

1	Bowden, Florence	Northern Suburbs	15.82Q
2	Waddell, Heidi	Nth Rocks Carlin	16.91Q
3	Moala, Lesieli	Ryde	17.07
4	Gatfield-Davis, Madison	Northern Suburbs	17.26
5	Boorman-Franks, Beth	Parramatta	18.23
6	Renas, Imara	Parramatta	19.20
7	Anson, Charlize	Ryde	19.31
--	Mulder, Maya	Parramatta	DNS

## Heat 3 Heats

1	Tabrett, Madison	Cherrybrook	15.02Q
2	Lee, Meredith	Northern Suburbs	15.45Q
3	Lolomanaia, Latu	Nth Rocks Carlin	16.61q
4	El Kadi, Sophie	Nth Rocks Carlin	16.86q
5	Buonocore, Yazmyn	Ryde	17.15
6	Lloyd, Evie	Ryde	17.64
7	White, Abbey	Nth Rocks Carlin	18.37
--	Lombardi, Alessandra	Ryde	DNS



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 12 - 80 Metre Hurdles (68cm)**

Zone: Z 13.61 01/12/2019 Catherine Mikan, Northern Sub			
Name	Age	Centre	Final
Section 1 Final			
1 Tabrett, Madison		Cherrybrook	14.37
2 Burge, Maddie		Northern Suburbs	14.52
3 Bowden, Florence		Northern Suburbs	15.19
4 Lolomanaia, Latu		Nth Rocks Carlin	15.31
5 Lee, Meredith		Northern Suburbs	15.53
6 Waddell, Heidi		Nth Rocks Carlin	16.48
7 El Kadi, Sophie		Nth Rocks Carlin	16.68
8 Aroyan, Lily		Parramatta	17.02

**Girls U 13 - 80 Metre Hurdles (76cm)**

Zone: Z 12.90 2006 Courtney Cross, Hornsby Distr			
Name	Age	Centre	Final
Section 1			
1 Schnell, Lucia		Northern Suburbs	14.36
2 Pawsey, Jacqueline		Ryde	14.80
3 Yang, Ivy		Cherrybrook	17.14
-- Hill, Savannah		Nth Rocks Carlin	DNS
-- Burke, Pippa		Cherrybrook	DNS
Section 2			
1 Truong, Alice		Nth Rocks Carlin	18.38
2 Lumley, Collette		Northern Suburbs	19.23
3 Nagle, Bronte		Ryde	19.54
-- Roy, Tvisha		Cherrybrook	DNS
-- Dao, Isabel		Nth Rocks Carlin	DNS
-- Neupert, Teresa		Northern Suburbs	DNS

**Girls U 14 - 80 Metre Hurdles (76cm)**

Zone: Z 12.50 1996 S Gabrael, Parramatta			
Name	Age	Centre	Final
Section 1			
1 Hubbard, Alison		Nth Rocks Carlin	17.52
-- Bateman, April		Ryde	DNS
-- Feng, Jocelyn		Northern Suburbs	DNS
-- Steventon, Jessica		Parramatta	DNS
-- Vercoe, Heidi		Cherrybrook	DNS
Section 2			
1 Burkhardt, Laila		Cherrybrook	16.07
2 McGregor, Chloe		Ryde	17.40
3 Lolomanaia, Lu'isa		Nth Rocks Carlin	18.14
-- Cullen, Annabel		Nth Rocks Carlin	DNS
-- Setsiripaiboon, Elina		Northern Suburbs	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 15 - 90 Metre Hurdles (76cm)**

Zone: Z 13.30 2009 Melissa Farrington, Northern			
Name	Age	Centre	Final
Section 1			
1 Byrnes, Carys		Nth Rocks Carlin	16.90
2 Son, Reena		Northern Suburbs	17.33
3 Alexander, Ainsley		Northern Suburbs	18.65

**Girls U 17 - 100 Metre Hurdles (76cm)**

Zone: Z 14.40 2009 Michelle Jenneke, Cherrybrook			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Mikan, Catherine		Northern Suburbs	16.28Q
2 Khiroya, Lani		Nth Rocks Carlin	16.72Q
3 Nagle, Charlotte		Ryde	17.71Q
4 Massaro, Emilia		Northern Suburbs	18.67q
5 Kernaghan, Maddison		Parramatta	18.91q
6 Murray, Elise		Parramatta	20.52
-- Leggatt, Alicia		Ryde	DNS
Heat 2 Heats			
1 Koot, Sarah-anne		Cherrybrook	16.52Q
2 Pawsey, Zara		Ryde	16.92Q
3 Attinger, Diana		Nth Rocks Carlin	19.08Q
4 Kolosakas, Hariclia Leah		Nth Rocks Carlin	19.39
5 Butler, Bridget		Parramatta	19.72
-- Guppy, Rebecca		Parramatta	DNS

**Girls U 17 - 100 Metre Hurdles (76cm)**

Zone: Z 14.40 2009 Michelle Jenneke, Cherrybrook			
Name	Age	Centre	Final
Section 1 Final			
1 Koot, Sarah-anne		Cherrybrook	15.35
2 Mikan, Catherine		Northern Suburbs	15.44
3 Pawsey, Zara		Ryde	16.55
4 Khiroya, Lani		Nth Rocks Carlin	17.04
5 Nagle, Charlotte		Ryde	17.85
6 Massaro, Emilia		Northern Suburbs	18.30
7 Attinger, Diana		Nth Rocks Carlin	19.08
8 Kernaghan, Maddison		Parramatta	22.56

**Girls U 13 - 200 Metre Hurdles (68cm)**

Zone: Z 29.52 10/12/2016 Annika Lynch, Northern Suburb			
Name	Age	Centre	Final
Section 1			
1 Hazon, Ella		Nth Rocks Carlin	35.61
2 Nagle, Bronte		Ryde	36.62
3 Lumley, Collette		Northern Suburbs	38.68
-- Hill, Savannah		Nth Rocks Carlin	DNS
-- Roy, Tvisha		Cherrybrook	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 13 - 200 Metre Hurdles (68cm)**

-- Gartner, Makenzi	Cherrybrook	DNS
Section 2		
1 Lambert, Hannah	Nth Rocks Carlin	31.29
2 Schnell, Lucia	Northern Suburbs	32.05
3 Pawsey, Jacqueline	Ryde	32.62
4 Fraser, Bella	Ryde	33.04
5 Kariyawasam, Naduli	Parramatta	33.52
6 Jones, Sarah	Cherrybrook	35.73
7 Kokay, Alana	Parramatta	40.34

**Girls U 14 - 200 Metre Hurdles (76cm)**

Zone: Z 28.50 1996		Jana Pittman, Parramatta
Name	Age Centre	Final
Section 1		
1 Bateman, April	Ryde	35.04
-- Gasparini, Sofia	Parramatta	DNS
-- Lolomanaia, Lu'isa	Nth Rocks Carlin	DNS
-- Vercoe, Heidi	Cherrybrook	DNS
Section 2		
1 Pavlovic, Eva	Northern Suburbs	35.80
2 McGregor, Chloe	Ryde	35.88
-- Wyatt, Claudia	Cherrybrook	DNS
-- Connell, Alicia	Northern Suburbs	DNS
-- Richards, Scarlett	Nth Rocks Carlin	DNS

**Girls U 15 - 300 Metre Hurdles (76cm)**

Zone: Z 48.44 2016		Nicolet D'Onofrio, Northern S
Name	Age Centre	Final
Section 1		
1 Son, Reena	Northern Suburbs	55.92
2 Alexander, Ainsley	Northern Suburbs	58.23
3 Million, Mia	Ryde	1:00.80
4 Cheung, Evelyn	Nth Rocks Carlin	1:02.06
-- Durham, Sophie	Cherrybrook	DNS

**Girls U 17 - 300 Metre Hurdles (76cm)**

Zone: Z 46.98 30/11/2019		Annika Lynch, Northern Suburb
Name	Age Centre	Final
Section 1		
1 Mikan, Catherine	Northern Suburbs	48.31
2 Pawsey, Zara	Ryde	51.04
3 Koot, Sarah-anne	Cherrybrook	52.88
4 Jones, Sacha	Northern Suburbs	53.73
5 Nagle, Charlotte	Ryde	53.81
-- Goddard, Chloe	Northern Suburbs	DNS
-- Kernaghan, Maddison	Parramatta	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**Girls U 9-12 4x100 Metre Relay (Jnr)**

Zone: Z 58.30 17/12/2000 Cherrybrook, Cherrybrook			
Centre			Final
1 Northern Suburbs			1:02.62
1) Seale, Sierra 10	2) Wade, Stella 10		
3) Williams, Emily 9	4) Burge, Maddie 12		
2 Cherrybrook			1:04.75
1) Alkhateeb, Jude 10	2) Tabrett, Madison 12		
3) Wigham, Emily 9	4) Wegener, Anna 11		
3 Ryde			1:04.98
1) Bosnic, Eliza 11	2) Mitchell, Indiana 10		
3) Ljubicic, Izabel 9	4) Lynch, Madeleine 11		
4 North Rocks Carlingford			1:05.45
1) Dobe, Isabella 9	2) Barker, Emma 11		
3) Silva, Serah 10	4) Wirianata, Jolin 12		
5 Parramatta			1:06.21
1) Smith, Aria 9	2) Fetrie, Claire 11		
3) Gasparini, Nadia 10	4) Boorman-Franks, Beth 12		

**Girls U 12-17 4x100 Metre Relay (Snr)**

Zone: Z 50.52 11/12/2016 Northern Suburbs, Northern Su			
E Cramer, A Dixon, A Fisher, N D'onofrio			
Centre			Final
1 Cherrybrook			53.48
1) Rajapaksha Mudiyanse, Nisini 14	2) Durheim, Sophie 15		
3) Jasrotia, Ridhi 13	4) Koot, Sarah-anne 17		
2 Parramatta			53.76
1) Seneviratne, Lisara 15	2) Fetrie, Clara 14		
3) Kariyawasam, Naduli 13	4) Steventon, Amelia 17		
3 Ryde			55.11
1) Fraser, Bella 13	2) Pawsey, Zara 17		
3) Pawsey, Jacqueline 13	4) Vella, Ivy 14		
4 North Rocks Carlingford			55.78
1) Gross, Mia 14	2) Lambert, Hannah 13		
3) Hazon, Kara 15	4) Busingye, Anesha 17		
-- Northern Suburbs			DQ
1) Wade, Sienna 13	2) Graham, Tanya 14		
3) Schnell, Lucia 13	4) Mikan, Catherine 17		

**Girls U 9 - High Jump (S/H 0.80m)**

Zone: Z 1.21m 2006			
Name	Age	Centre	Final
Flight 1			
1 Durie, Calais		Northern Suburbs	1.07m
0.80	0.85	0.90	0.95
0.97	0.99	1.02	1.05
1.07	1.10		
O	O	O	O
XO	XO	XO	O
XXO	XXX		
2 Obrien, Teara		Nth Rocks Carlin	0.97m
0.80	0.85	0.90	0.95
0.97	0.99		
O	O	XO	XO
O	XXX		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Girls U 9 - High Jump (S/H 0.80m)**

3	Wensor, Amelia	Parramatta	0.90m
	0.80 0.85 0.90 0.95		
	O XO O XXX		
4	De Pomeroy, Eden	Nth Rocks Carlin	0.90m
	0.80 0.85 0.90 0.95		
	O O XO XXX		
5	Kerkham, Audrey	Northern Suburbs	0.90m
	0.80 0.85 0.90 0.95		
	XO O XO XXX		
6	Liyanage, Kiara	Cherrybrook	0.90m
	0.80 0.85 0.90 0.95		
	O O XXO XXX		
7	Turton, Alyssa	Northern Suburbs	0.90m
	0.80 0.85 0.90 0.95		
	O XO XXO XXX		
8	Hallit, Jamie	Parramatta	0.85m
	0.80 0.85 0.90		
	O XO XXX		
9	Vidmar, Olivia	Parramatta	0.80m
	0.80 0.85		
	O XXX		
9	Dickson, Goldi	Northern Suburbs	0.80m
	0.80 0.85		
	O XXX		
11	Gross, Aria	Nth Rocks Carlin	0.80m
	0.80 0.85		
	XO XXX		
--	Henebery, Sophie	Parramatta	NH
	0.80		
	XXX		
--	Bowden, Amba	Northern Suburbs	DNS
--	Lai, Ella	Parramatta	DNS

**Girls U 10 - High Jump (S/H 0.90m)**

=====													
Zone: Z 1.38m 2001			F Sombroek, Northern Suburbs										
Name	Age Centre												Final
=====													
1	Seale, Sierra	Northern Suburbs										1.21m	
	0.90 0.95 1.00 1.05 1.07 1.09 1.11 1.13 1.15 1.18 1.21 1.24												
	P P O XO O O O O XXO XXO O XXX												
2	Lombardi, Valentina	Ryde										1.11m	
	0.90 0.95 1.00 1.05 1.07 1.09 1.11 1.13												
	O O O O O XO XO XXX												
3	Flower, Sienna	Northern Suburbs										1.09m	
	0.90 0.95 1.00 1.05 1.07 1.09 1.11												
	O O O XO XXO XO XXX												
4	Friend, Sophie	Ryde										1.05m	
	0.90 0.95 1.00 1.05 1.07												
	O O O XXO XXX												
5	Saravana, Saanvi	Cherrybrook										1.00m	
	0.90 0.95 1.00 1.05												
	O O O XXX												

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Girls U 10 - High Jump (S/H 0.90m)**

6 Sarah, Abigail	Nth Rocks Carlin	1.00m
0.90 0.95 1.00 1.05		
O O XO XXX		
7 Mariam, Armani	Parramatta	1.00m
0.90 0.95 1.00 1.05		
O P XO XXX		
8 O'Young, Charlotte	Northern Suburbs	1.00m
0.90 0.95 1.00 1.05		
O O XXO XXX		
9 Angelo, Juliana	Ryde	1.00m
0.90 0.95 1.00 1.05		
XO XO XXO XXX		
10 Perez Martinez, Daniela	Parramatta	0.95m
0.90 0.95 1.00		
O O XXX		
10 Barnett-Palmer, Rafaiell	Ryde	0.95m
0.90 0.95 1.00		
O O XXX		
12 Nicol, Mila	Ryde	0.95m
0.90 0.95 1.00		
XXO O XXX		
13 Moran, Eloise	Ryde	0.95m
0.90 0.95 1.00		
O XO XXX		
14 Ngai, Josephine	Nth Rocks Carlin	0.90m
0.90 0.95		
O XXX		
15 Costin, Charlotte	Nth Rocks Carlin	0.90m
0.90 0.95		
XO XXX		
16 Bergsson, Lelea	Ryde	0.90m
0.90 0.95		
XXO XXX		
-- Buitendag, Leane	Cherrybrook	DNS
-- Ciereszko, Malinka	Parramatta	DNS
-- Bosly, Laura	Northern Suburbs	DNS
-- Alkhateeb, Jude	Cherrybrook	DNS
-- Marsaus, Molly	Ryde	DNS

**Girls U 11 - High Jump (S/H 1.00m)**

Zone: Z 1.40m 1989		C Mortleman, Hornsby District	
Name	Age Centre	Final	
1 Barker, Emma	Nth Rocks Carlin	1.30m	
1.00 1.05 1.10 1.15 1.17 1.20 1.25 1.30 1.35			
P O O O P XXO O XXO XXX			
2 Bosnic, Eliza	Ryde	1.15m	
1.00 1.05 1.10 1.15 1.17			
XO O O O XXX			
3 Connell, Imogen	Cherrybrook	1.15m	
1.00 1.05 1.10 1.15 1.17			
O O O XXO XXX			

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Girls U 11 - High Jump (S/H 1.00m)**

4	Dean, Amelie	Ryde	1.10m
	1.00 1.05 1.10 1.15		
	XO O O XXX		
5	Frielingsdorf, Alexandra	Northern Suburbs	1.10m
	1.00 1.05 1.10 1.15		
	O XO XO XXX		
5	Campling, Ava	Parramatta	1.10m
	1.00 1.05 1.10 1.15		
	O XO XO XXX		
7	Wang, Pippa	Ryde	1.10m
	1.00 1.05 1.10 1.15		
	O O XXO XXX		
8	Ladhane, Sanchi	Parramatta	1.05m
	1.00 1.05 1.10		
	O O XXX		
9	Lewanavanua, Selina	Nth Rocks Carlin	1.00m
	1.00 1.05		
	XO XXX		
--	Oppedisano, Talia	Ryde	NH
	1.00		
	XXX		
--	Kouch, Felicity	Nth Rocks Carlin	DNS
--	Dubey, Aditi	Cherrybrook	DNS

**Girls U 12 - High Jump (S/H 1.10m)**

=====  
 Zone: Z 1.48m 03/12/2022 Hannah Lambert, Nth Rocks Car  
 Name Age Centre Final  
 =====

1	Tabrett, Madison	Cherrybrook	1.40m
	1.10 1.15 1.20 1.25 1.30 1.32 1.34 1.40 1.45		
	P P O O O O O O XXX		
2	Lolomanaia, Latu	Nth Rocks Carlin	1.32m
	1.10 1.15 1.20 1.25 1.30 1.32 1.34		
	O O O O XO XO XXX		
3	Connell, Holly	Northern Suburbs	1.30m
	1.10 1.15 1.20 1.25 1.30 1.32		
	O XO O XXO O XXX		
4	Ng, Emily	Nth Rocks Carlin	1.30m
	1.10 1.15 1.20 1.25 1.30 1.32		
	O O O XXO XXO XXX		
5	Mclachlan, Amelia	Ryde	1.25m
	1.10 1.15 1.20 1.25 1.30		
	O O XO O XXX		
6	Fijan, Maia	Northern Suburbs	1.25m
	1.10 1.15 1.20 1.25 1.30		
	O O O XXO XXX		
6	Greig, Gia	Ryde	1.25m
	1.10 1.15 1.20 1.25 1.30		
	O O O XXO XXX		
8	Aroyan, Lily	Parramatta	1.15m
	1.10 1.15 1.20 1.25		
	O O P XXX		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Girls U 12 - High Jump (S/H 1.10m)**

8	Waddell, Heidi	Nth Rocks Carlin	1.15m
	1.10 1.15 1.20		
	O O XXX		
8	Bodley, Eve	Cherrybrook	1.15m
	1.10 1.15 1.20		
	O O XXX		
11	Lombardi, Alessandra	Ryde	1.15m
	1.10 1.15 1.20		
	O XO XXX		
12	Moala, Lesieli	Ryde	1.15m
	1.10 1.15 1.20		
	XO XXO XXX		
13	Perry, Julia	Nth Rocks Carlin	1.10m
	1.10 1.15		
	O XXX		
14	Wong, Claire	Nth Rocks Carlin	1.10m
	1.10 1.15		
	XO XXX		
--	Babiy, Veronika	Ryde	NH
	1.10		
	XXX		
--	Lloyd, Evie	Ryde	DNS
--	Hevesy, Taryn	Nth Rocks Carlin	DNS
--	Moussa, Angelina	Parramatta	DNS
--	White, Abbey	Nth Rocks Carlin	DNS
--	Kolman, Amia	Ryde	DNS
--	Xian, Carina	Cherrybrook	DNS

**Girls U 13 - High Jump (S/H 1.15m)**

=====  
 Zone: Z 1.64m 08/12/2018 Viktorija Calusic, Cherrybrook  
 Name Age Centre Final  
 =====

1	Lambert, Hannah	Nth Rocks Carlin	1.50m
	1.15 1.20 1.25 1.30 1.32 1.34 1.36 1.38 1.40 1.42 1.44 1.46 1.50 1.53		
	P P O O P O P O P O P O O XXX		
2	Pawsey, Jacqueline	Ryde	1.44m
	1.15 1.20 1.25 1.30 1.32 1.34 1.36 1.38 1.40 1.42 1.44 1.46		
	P P O O O O O XO O XO XO XXX		
3	Fraser, Bella	Ryde	1.38m
	1.15 1.20 1.25 1.30 1.32 1.34 1.36 1.38 1.40		
	O XO XO O XO O O XO XXX		
4	Bratton, Annah	Northern Suburbs	1.34m
	1.15 1.20 1.25 1.30 1.32 1.34 1.36		
	O O O XO XO O XXX		
5	Koussas, Isabella	Ryde	1.30m
	1.15 1.20 1.25 1.30 1.32		
	O O O XXO XXX		
6	Nagle, Bronte	Ryde	1.25m
	1.15 1.20 1.25 1.30		
	O O O XXX		
6	Moresi, Anna	Cherrybrook	1.25m Won Jump Off 1.30m
	1.15 1.20 1.25 1.30		
	O O O XXX		



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Girls U 13 - High Jump (S/H 1.15m)**

6	Dellas, Madison	Nth Rocks Carlin	1.25m
	1.15 1.20 1.25 1.30		
	O O O XXX		
9	Jasrotia, Ridhi	Cherrybrook	1.25m
	1.15 1.20 1.25 1.30		
	O XO XO XXX		
10	Cheung, Beatrix	Ryde	1.25m
	1.15 1.20 1.25 1.30		
	XXO XXO XXO XXX		
11	Virgona, Abigail	Nth Rocks Carlin	1.20m
	1.15 1.20 1.25		
	O O XXX		
12	Graham, Mia	Cherrybrook	1.20m
	1.15 1.20 1.25		
	O XXO XXX		
13	Mcgregor, Ella-Rae	Parramatta	1.15m
	1.15 1.20		
	XXO XXX		
--	Dao, Isabel	Nth Rocks Carlin	DNS
--	Lin, Ella	Nth Rocks Carlin	DNS

**Girls U 14 - High Jump (S/H 1.20m)**

=====  
 Zone: Z 1.65m 2006 Amy PejkoVIC, Cherrybrook  
 Name Age Centre Final  
 =====

1	Rajakpaksha Mudiyanse, Ni	Cherrybrook	1.42m
	1.20 1.25 1.30 1.32 1.34 1.36 1.38 1.40 1.42		
	O P XO O O O O O O		
2	Burkhardt, Laila	Cherrybrook	1.38m
	1.20 1.25 1.30 1.32 1.34 1.36 1.38 1.40		
	O O O O O O O O XXX		
3	Cullen, Annabel	Nth Rocks Carlin	1.36m
	1.20 1.25 1.30 1.32 1.34 1.36 1.38		
	O XO O O XXO XXO XXX		
4	Richards, Scarlett	Nth Rocks Carlin	1.20m
	1.20 1.25		
	XO XXX		
--	Dunn, Zara	Ryde	NH
	1.20		
	XXX		
--	Feng, Jocelyn	Northern Suburbs	DNS
--	Harizanov, Bianca	Ryde	DNS
--	Lolomanaia, Lu'isa	Nth Rocks Carlin	DNS
--	Vercoe, Heidi	Cherrybrook	DNS
--	Hubbard, Alison	Nth Rocks Carlin	DNS

**Girls U 15 - High Jump (S/H 1.20m)**

=====  
 Zone: Z 1.75m 2007 Amy PejkoVIC, Cherrybrook  
 Name Age Centre Final  
 =====

1	Webb, Emilia	Ryde	1.45m
	1.20 1.25 1.30 1.35 1.41 1.45 1.49		
	P P P O XO XO XXX		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Girls U 15 - High Jump (S/H 1.20m)**

2	Durheim, Sophie	Cherrybrook	1.41m
	1.20 1.25 1.30 1.35 1.41 1.45		
	P P O O O XXX		
3	Kotulic, Tanna	Northern Suburbs	1.35m
	1.20 1.25 1.30 1.35 1.41		
	O XO O O XXX		
4	Stirling, Stella	Parramatta	1.25m
	1.20 1.25 1.30		
	O XXO XXX		
5	Olymbios, Giselle	Ryde	1.25m
	1.20 1.25 1.30		
	XO XXO XXX		
6	Connell, Zoe	Cherrybrook	1.20m
	1.20 1.25		
	XO XXX		
7	Cheung, Evelyn	Nth Rocks Carlin	1.20m
	1.20 1.25		
	XO XXX		

**Girls U 17 - High Jump (S/H 1.25m)**

Zone: Z 1.66m 02/12/2023 Olivia Moresi, Cherrybrook  
 Zone: Z 1.66m 02/12/2023 Olivia Moresi, Cherrybrook

Name	Age	Centre	Final
1 Moresi, Olivia		Cherrybrook	1.66mZ
	1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.66		
	P P P P O O O O XXO		
2 Mikan, Catherine		Northern Suburbs	1.50m
	1.25 1.30 1.35 1.40 1.45 1.50 1.55		
	P P P O O XO XXX		
3 Perkins, Ruby		Northern Suburbs	1.45m
	1.25 1.30 1.35 1.40 1.45 1.50		
	P O O O O XXX		
4 Pawsey, Zara		Ryde	1.45m
	1.25 1.30 1.35 1.40 1.45 1.50		
	P O O O XO XXX		
-- Goddard, Chloe		Northern Suburbs	DNS
-- Bosly, Grace		Northern Suburbs	DNS
-- Attinger, Diana		Nth Rocks Carlin	DNS
-- Yip, Zaara		Nth Rocks Carlin	DNS

**Girls U 7 - Long Jump**

Zone: Z 3.09m 1989 M Harrison, Hornsby District

Name	Age	Centre	Final
1 Seale, Ella		Northern Suburbs	2.88m
	2.88m 2.72m 2.78m 2.70m 2.80m FOUL		
2 Lukas, Eloise		Northern Suburbs	2.83m
	2.24m FOUL 2.53m 2.70m 2.66m 2.83m		
3 Tay, Scarlett		Nth Rocks Carlin	2.63m
	2.09m 2.33m 2.63m 2.22m 2.24m 1.46m		
4 Lam, Siahn		Nth Rocks Carlin	2.55m
	2.55m 2.48m 2.43m 2.45m 2.19m 2.30m		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Girls U 7 - Long Jump**

5	Gilchrist, Imogen	Cherrybrook	2.50m
	1.52m 2.45m 2.38m 2.16m 2.50m FOUL		
6	Pradhan, Sage	Cherrybrook	2.48m
	FOUL FOUL 2.35m 2.48m FOUL FOUL		
7	Loudon, Natasha	Nth Rocks Carlin	2.44m
	2.22m 2.19m 2.17m 2.44m 2.10m 2.09m		
8	Care-Unger, Olive	Ryde	2.38m
	2.20m 2.38m 2.02m 2.23m 2.06m 2.29m		
9	De Pomeroy, Portia	Nth Rocks Carlin	2.21m
	2.20m 2.11m 2.21m		
10	O'Brien, Clare	Parramatta	2.16m
	2.16m 1.98m 1.97m		
11	Zhou, Hailey	Cherrybrook	2.07m
	2.07m 1.64m 1.33m		
12	Passmore, Mischa	Ryde	2.04m
	1.96m 1.95m 2.04m		
13	Jones, Eliana	Ryde	1.98m
	1.84m 1.87m 1.98m		
14	Devaru, Aadya	Parramatta	1.98m
	1.65m 1.80m 1.98m		
15	Brill, Amelia	Cherrybrook	1.95m
	1.92m 1.95m 1.90m		
16	Nidhin, Nivedita	Ryde	1.66m
	FOUL 1.42m 1.66m		
17	Maguire, Rachel	Nth Rocks Carlin	1.63m
	1.58m 1.63m 1.45m		
18	Jordan, Lucy	Cherrybrook	1.58m
	1.58m 1.37m 1.49m		
19	Moussa, Christiana	Parramatta	1.55m
	1.35m FOUL 1.55m		
20	Moir, Kiesha	Nth Rocks Carlin	1.53m
	1.53m 1.47m FOUL		
21	Gebhard, Nissi	Northern Suburbs	1.50m
	1.50m FOUL 1.49m		
--	Keily, Harper	Ryde	DNS

**Girls U 8 - Long Jump**

=====			
	Zone: Z 3.59m 1994	E Bornstein, Northern Suburbs	
Name	Age	Centre	Final
=====			
1	Tisi, Siena	Northern Suburbs	3.13m
	2.87m FOUL 2.98m 2.77m 3.13m 2.86m		
2	Murphy, Katrina	Nth Rocks Carlin	3.06m
	FOUL 2.90m 2.72m 2.86m 3.03m 3.06m		
3	Reitano, Aliska	Northern Suburbs	3.04m
	3.04m 2.87m 2.81m 2.96m 2.92m FOUL		
4	Barnett-Palmer, Rhylean	Ryde	2.99m
	FOUL 2.99m 2.82m 2.75m 2.77m 2.84m		
5	Oppedisano, Lucia	Ryde	2.88m
	2.67m 2.64m 2.69m 2.88m 2.70m FOUL		
6	Kim, April	Parramatta	2.75m
	FOUL 2.68m 2.75m 2.63m FOUL 2.71m		
7	Messina, Indianna	Northern Suburbs	2.73m
	2.62m 2.60m 2.73m 2.69m 2.72m 2.67m		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 8 - Long Jump**

8	Huang, Alice	Nth Rocks Carlin	2.70m
	2.70m 2.63m FOUL 2.55m	2.63m 2.65m	
9	Patchett, Charlotte	Cherrybrook	2.69m
	2.41m 2.69m 2.40m		
10	Ng, Alana	Nth Rocks Carlin	2.63m
	2.63m 2.29m 2.56m		
11	Reid, Natalie L	Cherrybrook	2.51m
	2.51m 2.23m 2.31m		
12	Gulczynski, Allegra	Cherrybrook	2.51m
	2.51m FOUL FOUL		
13	Liu, Evelyn	Nth Rocks Carlin	2.49m
	2.49m 2.13m 2.48m		
14	Basukala, Emma	Nth Rocks Carlin	2.49m
	2.47m 2.49m FOUL		
15	Crumpton, Taylor	Ryde	2.48m
	2.47m 2.26m 2.48m		
16	Allanki, Shasha	Nth Rocks Carlin	2.45m
	FOUL FOUL 2.45m		
17	Jyothish, Meenakshi	Parramatta	2.41m
	FOUL 2.34m 2.41m		
18	Johansen, Maddison	Cherrybrook	2.38m
	FOUL 2.17m 2.38m		
19	Zammit, Liara	Parramatta	2.19m
	2.19m FOUL 2.17m		
20	Prasath, Tanya	Parramatta	2.12m
	2.12m 1.70m 1.86m		
21	Morgan, Ivie	Ryde	2.01m
	1.54m 1.49m 2.01m		
22	Vinod Prabhu, Laya	Parramatta	1.94m
	1.94m FOUL 1.55m		
23	Henebery, Piper	Parramatta	1.92m
	FOUL 1.73m 1.92m		
24	Gullick, Annabelle E	Cherrybrook	1.86m
	1.49m 1.78m 1.86m		
--	Utichi, Chloe	Ryde	DNS
--	Truong, Joelle	Nth Rocks Carlin	DNS
--	Briscoe, Isabelle	Northern Suburbs	DNS

**Girls U 9 - Long Jump**

=====			
Zone: Z 4.06m 11/12/2016 Catherine Mikan, Northern Sub			
Name	Age	Centre	Final
=====			
1	Wigham, Emily	Cherrybrook	3.53m
	3.53m 3.42m 3.37m 3.41m		
2	Dobe, Isabella	Nth Rocks Carlin	3.36m
	3.36m 3.34m 3.22m 3.17m		
3	Turton, Alyssa	Northern Suburbs	3.35m
	3.35m 3.15m 3.07m 2.88m		
4	De Pomeroy, Eden	Nth Rocks Carlin	3.31m
	2.57m 3.31m 3.18m 3.20m		
5	Kerkham, Audrey	Northern Suburbs	3.27m
	3.12m 3.27m 3.14m 3.13m		
6	Williams, Emily	Northern Suburbs	3.14m
	FOUL 3.14m 3.11m 2.97m		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Girls U 9 - Long Jump**

7	Liyanage, Kiara	Cherrybrook	2.83m
	2.63m 2.83m FOUL 2.58m		
8	Lin, Maddison	Northern Suburbs	2.82m
	2.29m 2.80m 2.82m 2.74m		
9	Tsen-Braddock, Asha	Ryde	2.78m
	2.78m 2.43m 2.51m		
10	Mo, Emma	Ryde	2.71m
	2.52m 2.71m 2.45m		
11	Kabangu, Eve	Parramatta	2.62m
	2.57m 2.62m 2.55m		
12	Wensor, Amelia	Parramatta	2.61m
	2.61m 2.58m 2.61m		
13	Perri, Ava	Parramatta	2.19m
	2.19m 1.88m 1.95m		
14	Hanington, Victoria	Parramatta	1.94m
	1.88m FOUL 1.94m		
--	Henebery, Sophie	Parramatta	DNS
--	McLachlan, Isla	Ryde	DNS
--	Ekanayake, Minuli	Cherrybrook	DNS
--	Stewart, Philippa	Northern Suburbs	DNS
--	Lai, Ella	Parramatta	DNS
--	Cybulski, Rachel	Northern Suburbs	DNS

**Girls U 10 - Long Jump**

Zone: Z 4.40m 2000		M Gault, Ryde	
Name	Age	Centre	Final
1	Seale, Sierra	Northern Suburbs	3.91m
	3.67m 3.09m 3.41m 3.21m 3.22m 3.91m		
2	Mitchell, Indiana	Ryde	3.69m
	FOUL 3.58m 3.40m FOUL 3.67m 3.69m		
3	Flower, Sienna	Northern Suburbs	3.63m
	3.37m 3.27m 2.91m 3.28m 3.01m 3.63m		
4	Mok, Milena	Cherrybrook	3.42m
	3.22m 3.41m 3.38m 3.42m 3.28m 3.42m		
5	Marando, Zoey	Ryde	3.41m
	3.35m 3.25m 3.38m 3.23m 3.25m 3.41m		
6	Gryst, Georgia	Nth Rocks Carlin	3.39m
	FOUL 3.34m 3.29m 3.39m 3.27m 3.22m		
7	Gasparini, Nadia	Parramatta	3.35m
	3.35m 3.19m 3.12m 2.57m 3.18m 3.32m		
8	Bosly, Laura	Northern Suburbs	3.27m
	3.27m 3.16m 3.13m 3.22m 3.18m 3.00m		
9	Everson, LilyEve	Ryde	3.22m
	3.19m 3.22m FOUL		
10	Mariam, Armani	Parramatta	3.15m
	3.15m 3.06m 3.14m		
11	Millar, Zoe	Northern Suburbs	3.14m
	3.02m 3.13m 3.14m		
12	Edwards, Grace	Ryde	3.13m
	FOUL 3.13m 3.00m		
13	Zhong, Evelyn	Northern Suburbs	3.11m
	2.93m 3.11m 2.84m		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**...Girls U 10 - Long Jump**

14 Barnett-Palmer, Rafaiell	Ryde	3.09m
3.03m 3.09m 3.01m		
15 O'Brien, Zoe	Parramatta	3.05m
3.05m 2.97m FOUL		
16 Cricchiola, Sophie	Nth Rocks Carlin	3.00m
2.94m 3.00m FOUL		
17 Seif, Hannah	Parramatta	3.00m
FOUL 3.00m 2.75m		
18 Kang, Erica	Ryde	2.99m
2.45m 2.99m 2.96m		
19 Fowler, Casey	Parramatta	2.98m
FOUL 2.91m 2.98m		
20 Collier, Teagan	Nth Rocks Carlin	2.97m
2.97m FOUL 2.92m		
21 Aroyan, Savannah	Parramatta	2.88m
FOUL 2.88m 2.80m		
22 Gibson, Elody	Ryde	2.86m
2.86m 2.79m 2.70m		
23 Sarah, Abigail	Nth Rocks Carlin	2.85m
2.83m 2.85m 2.69m		
24 Gebhard, Ajabu	Northern Suburbs	2.83m
FOUL 2.83m 2.82m		
25 Ngai, Josephine	Nth Rocks Carlin	2.73m
2.73m FOUL FOUL		
26 Costin, Charlotte	Nth Rocks Carlin	2.70m
2.45m 2.50m 2.70m		
27 de Sacadura, Ava	Cherrybrook	2.67m
2.18m 2.37m 2.67m		
-- Buitendag, Leane	Cherrybrook	DNS
-- Marsaus, Molly	Ryde	DNS
-- Mahoney, Mia	Nth Rocks Carlin	DNS

**Girls U 11 - Long Jump**

=====			
Zone: Z 4.74m 13/12/2015 Sienna Bond, Cherrybrook			
Name	Age	Centre	Final
=====			
1 Madigan Wong, Bree		Northern Suburbs	3.91m
3.79m 3.60m 3.91m 3.71m			
2 Lynch, Madeleine		Ryde	3.62m
3.23m 3.41m 3.62m 3.36m			
3 Davies, Tully		Ryde	3.51m
3.45m 3.12m 3.51m 3.45m			
4 Fraser, Charlotte		Ryde	3.50m
3.32m 3.21m 3.25m 3.50m			
5 Tauaisili, Layla		Nth Rocks Carlin	3.45m
3.25m 3.45m 3.26m 3.09m			
6 Campling, Ava		Parramatta	3.33m
3.00m 3.33m FOUL FOUL			
7 Wegener, Anna		Cherrybrook	3.20m
1.48m 3.20m 3.20m FOUL			
8 Webb, Florence		Ryde	3.06m
2.86m FOUL 3.05m 3.06m			
9 Yong, Jessy		Parramatta	3.00m
FOUL 3.00m 2.10m			

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 11 - Long Jump**

10 Allen, Ivy	Nth Rocks Carlin	2.99m
FOUL 2.99m 2.91m		
11 Bomba, Mila	Ryde	2.94m
2.94m 2.65m 2.93m		
12 Connolly, Sophie	Northern Suburbs	2.86m
2.86m 2.52m 2.55m		
13 Lu, Amelia	Cherrybrook	2.84m
2.84m 2.43m 2.62m		
14 Lalor, Olivia	Cherrybrook	2.83m
2.55m FOUL 2.83m		
15 Keene, Hinata	Cherrybrook	2.38m
2.38m 2.27m FOUL		
16 Hudson, Juliet	Northern Suburbs	2.28m
2.28m 1.96m 2.25m		
-- Lewanavanua, Selina	Nth Rocks Carlin	FOUL
FOUL FOUL FOUL		
-- Lau, Olivia Felicity	Northern Suburbs	DNS
-- Kerr, Mackenzie	Parramatta	DNS
-- Dean, Amelie	Ryde	DNS

**Girls U 12 - Long Jump**

Zone: Z 5.26m 2005				Courtney Cross, Hornsby Distr	
Name	Age	Centre			Final
1 Toshack, Olivia		Northern Suburbs			4.41m
4.36m 4.36m 4.31m	4.41m				
2 Burge, Maddie		Northern Suburbs			4.21m
4.08m 4.21m 3.98m	4.18m				
3 Tabrett, Madison		Cherrybrook			4.17m
3.98m 3.88m 3.99m	4.17m				
4 Lombardi, Alessandra		Ryde			3.98m
3.64m 3.73m 3.51m	3.98m				
5 Buonocore, Yazmyn		Ryde			3.92m
3.37m 3.67m 3.76m	3.92m				
6 Mansell, Ashleigh		Cherrybrook			3.87m
3.87m 3.69m 3.74m	FOUL				
7 Wigham, Abigail		Cherrybrook			3.68m
3.68m 3.66m FOUL					
8 Ng, Emily		Nth Rocks Carlin			3.66m
3.20m 3.66m 3.56m	3.59m				
9 White, Abbey		Nth Rocks Carlin			3.57m
3.38m 3.30m 3.57m					
10 Lim, Emma		Ryde			3.55m
3.55m 3.49m 3.29m					
11 Krivozhnya, Christina		Cherrybrook			3.53m
3.53m 3.52m 3.45m					
12 Lloyd, Evie		Ryde			3.53m
3.53m 3.48m FOUL					
13 Boorman-Franks, Beth		Parramatta			3.51m
3.39m 3.45m 3.51m					
14 Aroyan, Lily		Parramatta			3.44m
3.28m 3.20m 3.44m					
15 Liu, Jasmine		Cherrybrook			3.43m
3.30m 3.43m FOUL					

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****...Girls U 12 - Long Jump**

16	Waddell, Heidi	Nth Rocks Carlin	3.42m
	3.38m 3.42m 3.38m		
17	Wirianata, Jolin	Nth Rocks Carlin	3.40m
	FOUL 3.40m 3.33m		
18	Khadar, Amelia	Parramatta	3.24m
	3.24m 2.32m 2.12m		
19	Bedford, Gillian	Ryde	3.21m
	2.86m 2.93m 3.21m		
20	Fijan, Maia	Northern Suburbs	3.19m
	3.15m 3.19m 3.10m		
21	Minard, Sophie	Nth Rocks Carlin	3.12m
	3.12m FOUL 2.99m		
22	Chung, Regina	Nth Rocks Carlin	2.93m
	2.62m 2.88m 2.93m		
23	Collier, Jasmin	Nth Rocks Carlin	2.92m
	2.76m 2.92m 2.85m		
24	Renas, Imara	Parramatta	2.91m
	2.85m 2.77m 2.91m		
--	Anson, Charlize	Ryde	DNS
--	Choi, Yena	Parramatta	DNS
--	Moussa, Angelina	Parramatta	DNS
--	Thompson, Sienna	Ryde	DNS

**Girls U 13 - Long Jump**

Zone: Z 5.03m 30/11/2019 Isabella Azizi, Northern Subu			
Name	Age	Centre	Final
1 Lambert, Hannah		Nth Rocks Carlin	5.00m
	4.71m 4.69m 4.72m 4.75m 4.68m 5.00m		
2 Pawsey, Jacqueline		Ryde	4.42m
	4.42m 4.04m 4.04m 4.33m 4.29m 4.27m		
3 Jasrotia, Ridhi		Cherrybrook	4.31m
	4.20m 4.30m 4.31m 4.28m 4.25m 4.22m		
4 Kariyawasam, Naduli		Parramatta	4.25m
	4.02m 4.25m FOUL 3.92m 3.98m 4.18m		
5 Paul, Michiko		Cherrybrook	4.23m
	3.86m 4.23m 3.99m		
6 Burke, Pippa		Cherrybrook	4.22m
	4.22m 3.98m 4.02m 3.69m 3.92m 3.93m		
7 Loring, Olivia		Parramatta	4.18m
	4.18m 4.00m 4.15m 3.94m FOUL FOUL		
8 Fraser, Bella		Ryde	4.16m
	0.01m 4.16m 3.89m 3.85m FOUL FOUL		
9 Hazon, Ella		Nth Rocks Carlin	4.01m
	3.83m 4.01m 3.56m		
10 Yang, Ivy		Cherrybrook	3.96m
	3.84m 3.96m 3.77m		
11 Bratton, Annah		Northern Suburbs	3.94m
	3.94m FOUL 3.73m		
12 Everson, Miarose		Ryde	3.85m
	3.85m 3.58m 3.50m		
13 Lin, Ella		Nth Rocks Carlin	3.77m
	3.77m 3.59m 2.85m		



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 13 - Long Jump**

14	Koussas, Isabella	Ryde	3.72m
	3.72m 3.43m 3.60m		
15	Moresi, Anna	Cherrybrook	3.59m
	3.46m 3.05m 3.59m		
16	Jones, Sarah	Cherrybrook	3.53m
	3.53m 2.91m 2.61m		
17	Mcgregor, Ella-Rae	Parramatta	3.45m
	3.45m 3.24m 3.45m		
18	Virgona, Abigail	Nth Rocks Carlin	3.40m
	3.40m 3.06m 3.36m		
19	La Vinh, Alicia	Nth Rocks Carlin	3.37m
	3.37m 3.35m 3.25m		
20	Yam, Chloe	Ryde	3.31m
	3.06m FOUL 3.31m		
--	Utichi, Chiara	Ryde	DNS
--	Dao, Isabel	Nth Rocks Carlin	DNS
--	Ramakumaran, Kavinmathi	Parramatta	DNS
--	Cheung, Beatrix	Ryde	DNS

**Girls U 14 - Long Jump**

Zone: Z 5.38m 2007		Courtney Cross, Hornsby Distr	
Name	Age Centre		Final
1	Rajakpaksha Mudiyanse, Ni	Cherrybrook	4.68m
	4.47m 4.51m 4.64m 4.49m 4.68m PASS		
2	Graham, Tanya	Northern Suburbs	4.62m
	4.45m 4.16m 4.09m 3.75m 4.62m 4.47m		
3	Burkhardt, Laila	Cherrybrook	4.24m
	4.08m 4.24m 4.14m 4.09m 4.10m PASS		
4	Butler, Evana	Nth Rocks Carlin	4.01m
	3.99m 3.81m 3.47m 3.93m 3.99m 4.01m		
5	Gross, Mia	Nth Rocks Carlin	3.99m
	3.76m 3.34m 3.64m 3.38m 3.99m 3.55m		
6	Bateman, April	Ryde	3.97m
	3.97m 3.94m 3.90m 3.48m 3.65m 3.87m		
7	Palfrey, Zara	Nth Rocks Carlin	3.84m
	3.81m 3.83m 3.78m 3.84m 3.84m 3.45m		
8	Hubbard, Alison	Nth Rocks Carlin	3.76m
	3.76m PASS 3.66m 3.55m PASS 3.72m		
9	Cullen, Annabel	Nth Rocks Carlin	3.71m
	3.65m 3.71m 3.40m		
10	Megarrity, Charlotte	Ryde	3.67m
	3.67m 3.16m 3.27m		
11	Richards, Scarlett	Nth Rocks Carlin	3.65m
	3.65m 3.56m 3.23m		
12	Prasath, Pranaya	Parramatta	3.44m
	3.28m 3.44m 3.32m		
--	Feng, Jocelyn	Northern Suburbs	DNS
--	Vercoe, Heidi	Cherrybrook	DNS
--	Steventon, Jessica	Parramatta	DNS
--	Harizanov, Bianca	Ryde	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 15 - Long Jump**

Zone: Z 5.64m 2011 Katrina Hunt, Norths				
Name	Age	Centre		Final
1 Kotulic, Tanna		Northern Suburbs		4.98m
	4.76m 4.85m 4.98m 4.80m			
2 Seneviratne, Lisara		Parramatta		4.86m
	4.86m 4.61m 4.75m 4.51m			
3 Durheim, Sophie		Cherrybrook		4.81m
	4.65m 4.81m 4.67m FOUL			
4 Webb, Emilia		Ryde		4.57m
	4.21m 4.41m 4.57m 4.37m			
5 Hazon, Kara		Nth Rocks Carlin		3.98m
	3.98m 3.19m 3.48m 3.62m			
6 Boorman-Franks, Alice		Parramatta		3.65m
	FOUL 3.62m FOUL 3.65m			
7 Connell, Zoe		Cherrybrook		3.54m
	3.54m 3.42m 3.31m 3.28m			
-- Ewing, Chiara		Parramatta		DNS
-- Chong, Tsi Shan		Northern Suburbs		DNS
-- Cheung, Evelyn		Nth Rocks Carlin		DNS
-- Stirling, Stella		Parramatta		DNS

**Girls U 17 - Long Jump**

Zone: Z 5.96m 01/12/2019 Alyssa Lowe, Ryde				
Name	Age	Centre		Final
1 Oshea, Miah		Ryde		5.18m
	5.03m 5.18m 4.74m 4.79m			
2 Mikan, Catherine		Northern Suburbs		4.98m
	FOUL 4.80m 4.98m 4.82m			
3 Koot, Sarah-anne		Cherrybrook		4.91m
	4.88m PASS 4.55m 4.91m			
4 Busingye, Anesha		Nth Rocks Carlin		4.76m
	4.13m 4.76m 4.60m 4.07m			
5 Khiroya, Lani		Nth Rocks Carlin		4.72m
	4.65m FOUL 4.47m 4.72m			
6 Pawsey, Zara		Ryde		4.72m
	4.24m 4.55m 4.43m 4.72m			
7 Gomez-Niewolik, Amelie		Ryde		4.43m
	4.43m 4.27m 4.21m 3.56m			
8 burdett, mila		Nth Rocks Carlin		4.42m
	3.99m 4.42m 3.99m 3.90m			
9 Johnston, Jessica		Ryde		4.38m
	4.30m 4.38m 4.06m			
10 Barlow, Claudia		Ryde		4.34m
	4.18m 4.34m 4.11m			
11 Murray, Elise		Parramatta		3.94m
	3.94m 3.82m 3.78m			
12 Kolosakas, Hariclia Leah		Nth Rocks Carlin		3.80m
	3.80m FOUL 3.51m			
-- Longley, Isabella		Northern Suburbs		DNS
-- Sankaran, Rithaja		Nth Rocks Carlin		DNS
-- Lowe, Vivian		Northern Suburbs		DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**Girls U 11 - Triple Jump**

Zone: Z 9.61m 12/12/2015 Sienna Bond, Cherrybrook							
Name	Age		Centre				Final
1 Barker, Emma			Nth Rocks Carlin				8.32m
	8.24m	8.06m	8.32m	8.13m	8.29m	8.16m	
2 Madigan Wong, Bree			Northern Suburbs				8.22m
	7.48m	8.15m	7.91m	8.22m	7.90m	FOUL	
3 Fraser, Charlotte			Ryde				7.87m
	7.64m	7.84m	7.67m	7.87m	7.86m	7.72m	
4 Ekers, Kira			Ryde				7.83m
	7.53m	7.54m	7.54m	7.73m	7.83m	7.72m	
5 Connell, Imogen			Cherrybrook				7.77m
	FOUL	7.41m	7.66m	FOUL	7.77m	FOUL	
6 Lynch, Madeleine			Ryde				7.37m
	7.15m	6.68m	7.37m	FOUL	7.34m	7.34m	
7 Oppedisano, Talia			Ryde				7.36m
	7.15m	6.89m	7.29m	7.36m	6.50m	6.84m	
8 Wang, Pippa			Ryde				7.26m
	6.55m	6.93m	7.13m	6.91m	7.26m	6.87m	
9 Webb, Florence			Ryde				7.03m
	6.65m	6.70m	7.03m				
10 Johnstone, Abigail			Northern Suburbs				6.51m
	FOUL	6.32m	6.51m				
11 Spurr, Stella			Parramatta				6.28m
	FOUL	6.28m	FOUL				
12 Lettice, Sarah			Cherrybrook				6.26m
	6.05m	6.26m	5.67m				
-- Dean, Amelie			Ryde				DNS

**Girls U 12 - Triple Jump**

Zone: Z 10.35m 02/12/2023 Olivia Toshack, Northern Sub							
Zone: Z 10.35m 02/12/2023 Olivia Toshack, Northern Sub							
Name	Age		Centre				Final
1 Toshack, Olivia			Northern Suburbs				10.35mZ
	FOUL	9.99m	9.89m	9.83m	10.35m	10.12m	
2 Bowden, Florence			Northern Suburbs				9.08m
	8.72m	8.90m	9.08m	8.95m	9.05m	9.08m	
3 Wirianata, Jolin			Nth Rocks Carlin				8.71m
	8.60m	8.32m	8.28m	8.14m	8.71m	8.49m	
4 Wigham, Abigail			Cherrybrook				8.47m
	8.39m	FOUL	8.26m	8.47m	7.99m	8.14m	
5 Perry, Julia			Nth Rocks Carlin				8.47m
	7.96m	7.95m	8.25m	8.47m	8.34m	8.10m	
6 Bodley, Eve			Cherrybrook				8.44m
	8.20m	8.08m	FOUL	8.44m	FOUL	7.69m	
7 Lolomanaia, Latu			Nth Rocks Carlin				8.18m
	7.57m	8.13m	8.18m	7.91m	7.66m	7.89m	
8 Fijan, Maia			Northern Suburbs				8.16m
	8.13m	8.00m	8.16m	8.16m	7.73m	7.93m	
9 Waddell, Heidi			Nth Rocks Carlin				8.12m
	7.88m	7.93m	8.12m				
10 Mansell, Ashleigh			Cherrybrook				8.11m
	8.11m	8.06m	FOUL				

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 12 - Triple Jump**

11	Boorman-Franks, Beth	Parramatta	7.98m
	7.98m 7.70m 7.76m		
12	Krivozhnya, Christina	Cherrybrook	7.95m
	7.82m 7.95m 7.88m		
13	Moala, Lesieli	Ryde	7.87m
	7.56m 7.56m 7.87m		
14	Aroyan, Lily	Parramatta	7.82m
	7.13m 7.30m 7.82m		
15	Wang, Claire	Ryde	7.57m
	7.57m 7.16m 7.15m		
16	White, Abbey	Nth Rocks Carlin	7.18m
	7.05m 7.18m FOUL		
17	Pohio, Sophie	Northern Suburbs	6.99m
	6.99m 6.86m 6.88m		
18	Collier, Jasmin	Nth Rocks Carlin	6.94m
	6.94m FOUL FOUL		
19	Babiy, Veronika	Ryde	6.85m
	6.84m 6.85m FOUL		
20	Storey, Katherine	Cherrybrook	6.83m
	6.27m 6.50m 6.83m		
21	Yam, Sienna	Ryde	6.29m
	6.29m 6.19m 6.11m		
22	Wong, Claire	Nth Rocks Carlin	6.19m
	5.54m 6.19m 5.93m		
--	Chung, Regina	Nth Rocks Carlin	DNS
--	Choi, Yena	Parramatta	DNS
--	Tazewell, Sophie	Parramatta	DNS
--	Kolman, Amia	Ryde	DNS
--	Lloyd, Evie	Ryde	DNS

**Girls U 13 - Triple Jump**

Zone: Z 11.04m 1994				C Morris, Hornsby District	
Name	Age	Centre	Final		
1 Lambert, Hannah		Nth Rocks Carlin	10.73m		
			10.62m 10.35m 10.46m 10.73m		
2 Loring, Olivia		Parramatta	10.10m		
			9.96m 10.10m 9.77m 9.64m		
3 Pawsey, Jacqueline		Ryde	9.75m		
			9.75m 9.28m 9.66m 9.54m		
4 Yang, Ivy		Cherrybrook	9.22m		
			8.48m 8.65m 9.22m 8.83m		
5 Paul, Michiko		Cherrybrook	9.16m		
			FOUL 9.05m 8.99m 9.16m		
6 Dellas, Madison		Nth Rocks Carlin	8.64m		
			8.04m 8.31m 8.49m 8.64m		
7 Everson, Miarose		Ryde	8.28m		
			8.12m 8.28m FOUL 8.26m		
8 Graham, Mia		Cherrybrook	7.26m		
			7.18m 7.26m 7.14m 7.23m		
--	Sadhasivam Anusha, Aditi	Cherrybrook	FOUL		
			FOUL FOUL FOUL		
--	Fraser, Bella	Ryde	FOUL		
			FOUL FOUL FOUL		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****...Girls U 13 - Triple Jump**

-- Bratton, Annah	Northern Suburbs	DNS
-- Lin, Ella	Nth Rocks Carlin	DNS
-- Spurr, Georgie	Parramatta	DNS
-- Burke, Pippa	Cherrybrook	DNS

**Girls U 14 - Triple Jump**

Zone: Z 11.48m 10/12/2017 Annika Lynch, Northern Subur			
Name	Age	Centre	Final
1 Rajapaksha Mudiyanse, Ni		Cherrybrook	10.21m
	10.08m 10.00m 9.91m 10.21m		
2 Graham, Tanya		Northern Suburbs	9.78m
	9.14m 9.53m 9.78m 9.76m		
3 Burkhardt, Laila		Cherrybrook	8.97m
	8.66m 8.97m 8.79m 8.89m		
4 Hubbard, Alison		Nth Rocks Carlin	8.52m
	8.52m 7.60m PASS 7.49m		
5 Palfrey, Zara		Nth Rocks Carlin	8.44m
	8.44m 8.28m 8.44m 7.92m		
6 Cullen, Annabel		Nth Rocks Carlin	8.40m
	8.11m FOUL 8.09m 8.40m		
7 McGregor, Chloe		Ryde	8.37m
	8.14m 8.26m 7.77m 8.37m		
8 Gross, Mia		Nth Rocks Carlin	8.32m
	8.15m 8.05m 7.97m 8.32m		
9 Gasparini, Sofia		Parramatta	7.33m
	7.27m 7.33m 6.70m		
10 Prasath, Pranaya		Parramatta	7.12m
	7.00m 7.01m 7.12m		
11 Butler, Charlotte		Parramatta	6.74m
	FOUL 6.62m 6.74m		
-- Vercoe, Heidi		Cherrybrook	DNS
-- Harizanov, Bianca		Ryde	DNS
-- Butler, Evana		Nth Rocks Carlin	DNS

**Girls U 15 - Triple Jump**

Zone: Z 11.62m 2007 Amy PejkoVIC, Cherrybrook			
Name	Age	Centre	Final
1 Webb, Emilia		Ryde	10.32m
	10.08m 10.27m 10.32m 10.06m 10.00m 10.25m		
2 Durheim, Sophie		Cherrybrook	10.30m
	9.70m 9.70m FOUL 9.25m 10.30m FOUL		
3 Seneviratne, Lisara		Parramatta	9.97m
	9.83m 9.67m 9.91m 9.21m 9.97m 9.47m		
4 Kotulic, Tanna		Northern Suburbs	9.47m
	9.20m 9.31m 9.19m 9.47m 8.99m 9.13m		
5 Boorman-Franks, Alice		Parramatta	8.20m
	8.20m FOUL FOUL FOUL 7.75m 8.00m		
6 Olymbios, Giselle		Ryde	7.80m
	7.30m 7.34m 7.62m 7.67m 7.80m 7.64m		
-- Cheung, Evelyn		Nth Rocks Carlin	DNS
-- Minard, Maddison		Nth Rocks Carlin	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 15 - Triple Jump**

-- Chong, Tsi Shan Northern Suburbs DNS

**Girls U 17 - Triple Jump**

Zone: Z 12.11m 12/12/2015 Maya Leverett, Nth Rocks Car						
Name	Age	Centre				Final
1 Khiroya, Lani		Nth Rocks Carlin				11.08m
	10.74m	10.59m	11.08m			
2 Gomez-Niewolik, Amelie		Ryde				10.64m
	10.26m	10.64m	10.57m	10.15m		
3 Oshea, Miah		Ryde				10.63m
	FOUL	10.42m	9.91m	9.93m	10.48m	10.63m
4 Busingye, Anesha		Nth Rocks Carlin				10.38m
	9.55m	10.15m	10.27m	10.21m	10.38m	10.06m
5 Johnston, Jessica		Ryde				10.05m
	10.00m	10.01m	10.05m	FOUL	FOUL	9.63m
6 Perkins, Ruby		Northern Suburbs				9.97m
	9.57m	9.64m	9.69m	9.56m	FOUL	9.97m
7 Lowe, Vivian		Northern Suburbs				9.42m
	9.29m	9.42m	9.27m	9.29m	8.86m	
8 Primrose, Isabella		Nth Rocks Carlin				9.31m
	8.91m	9.31m	9.01m	8.64m	8.73m	
9 Barlow, Claudia		Ryde				9.02m
	8.73m	8.90m	9.02m			
10 Butler, Bridget		Parramatta				8.15m
	8.07m	8.15m	8.12m			
-- Yip, Zaara		Nth Rocks Carlin				DNS
-- Bosly, Grace		Northern Suburbs				DNS
-- Longley, Isabella		Northern Suburbs				DNS
-- Goddard, Chloe		Northern Suburbs				DNS
-- Sankaran, Rithaja		Nth Rocks Carlin				DNS

**Girls U 7 - Shot Put (1.0 Kg)**

Zone: Z 6.71m 2006 Mallory Bassett, Hornsby Dist						
Name	Age	Centre				Final
1 Zhou, Hailey		Cherrybrook				3.49m
	2.59m	2.55m	FOUL	3.07m	3.01m	3.49m
2 Care-Unger, Olive		Ryde				3.44m
	FOUL	3.15m	3.44m	2.63m	3.09m	2.27m
3 O'Brien, Clare		Parramatta				3.32m
	3.06m	2.90m	2.54m	3.32m	2.53m	2.85m
4 Tay, Scarlett		Nth Rocks Carlin				3.27m
	3.03m	3.14m	3.27m	FOUL	2.76m	FOUL
5 Ko, Iris		Northern Suburbs				2.84m
	2.15m	FOUL	2.65m	2.81m	2.84m	2.80m
6 Nidhin, Nivedita		Ryde				2.78m
	2.69m	2.78m	2.57m	2.26m	2.28m	2.35m
7 Lam, Siahn		Nth Rocks Carlin				2.53m
	2.26m	2.24m	2.41m	2.44m	2.53m	FOUL
8 Elder, Audrey		Parramatta				0.82m
	0.82m	FOUL	FOUL	PASS	PASS	PASS
-- Maguire, Rachel		Nth Rocks Carlin				DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 7 - Shot Put (1.0 Kg)**

-- Brock, Matilda	Nth Rocks Carlin	DNS
-- Mitry, Isabelle	Northern Suburbs	DNS
-- Moir, Kiesha	Nth Rocks Carlin	DNS

**Girls U 8 - Shot Put (1.5 Kg)**

=====						
Zone: Z 7.01m 11/12/2016 Tayla Moore, Cherrybrook						
Name	Age Centre					Final
=====						
1 Allanki, Shasha	Nth Rocks Carlin					4.39m
	3.99m	4.39m	3.71m	4.27m	3.98m 4.27m	
2 Zammit, Liara	Parramatta					3.91m
	3.91m	3.15m	3.50m	3.38m	FOUL 2.85m	
3 Barnett-Palmer, Rhyleian	Ryde					3.88m
	3.61m	3.69m	3.85m	3.46m	3.88m 3.87m	
4 Liu, Evelyn	Nth Rocks Carlin					3.75m
	3.37m	3.75m	3.70m	2.60m	3.16m 3.19m	
5 Watterson, Leesa	Parramatta					3.27m
	FOUL	3.02m	2.73m	3.27m	FOUL 2.77m	
6 Knight, Annalise	Parramatta					3.24m
	FOUL	3.24m	FOUL	2.98m	FOUL 3.11m	
7 Henebery, Piper	Parramatta					3.21m
	FOUL	FOUL	3.21m	FOUL	3.01m 2.90m	
8 Basukala, Emma	Nth Rocks Carlin					2.22m
	FOUL	2.20m	FOUL	FOUL	2.22m FOUL	
9 Utichi, Chloe	Ryde					1.70m
	1.30m	1.70m	1.58m			
-- Cholanukhath, Hawwah Ire	Ryde					DNS
-- Shanahan, Caitlin	Northern Suburbs					DNS
-- Reid, Natalie L	Cherrybrook					DNS

**Girls U 9 - Shot Put (2.0 Kg)**

=====						
Zone: Z 7.75m 09/12/2017 Tayla Moore, Cherrybrook						
Name	Age Centre					Final
=====						
1 Durie, Calais	Northern Suburbs					4.89m
	4.28m	4.89m	4.15m	4.42m	4.60m FOUL	
2 Hewitt, Ruby	Nth Rocks Carlin					4.85m
	4.83m	4.36m	4.85m	4.44m	4.85m 4.16m	
3 Care-Unger, Hazel	Ryde					4.80m
	4.49m	4.80m	4.47m	3.93m	4.48m 4.12m	
4 Jones, Naomi	Ryde					4.66m
	FOUL	4.64m	4.30m	4.10m	4.66m 4.12m	
5 Kerkham, Audrey	Northern Suburbs					4.56m
	FOUL	4.03m	FOUL	4.14m	4.40m 4.56m	
6 Ng Chok, Isabelle	Parramatta					4.46m
	4.46m	FOUL	4.12m	4.41m	3.64m 4.16m	
7 Wensor, Amelia	Parramatta					4.11m
	3.88m	4.11m	3.62m	3.77m	3.77m 4.04m	
8 Obi, Vanessa	Nth Rocks Carlin					4.00m
	3.87m	FOUL	3.72m	FOUL	4.00m FOUL	
9 Dickson, Goldi	Northern Suburbs					3.84m
	FOUL	3.84m	FOUL			

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 9 - Shot Put (2.0 Kg)**

10	Chan, Hailey	Ryde	3.83m
	3.66m 3.83m FOUL		
11	Semaan, Gabriella	Parramatta	3.74m
	FOUL 3.36m 3.74m		
12	Thushyanthan, Swarnika	Parramatta	3.72m
	3.72m 2.78m 3.36m		
13	Hallit, Jamie	Parramatta	3.35m
	FOUL FOUL 3.35m		
14	Yam, Grace	Ryde	3.18m
	3.16m 3.18m 3.09m		
15	Lam, Sofia	Nth Rocks Carlin	3.13m
	2.52m 2.77m 3.13m		
16	Ekanayake, Minuli	Cherrybrook	3.11m
	3.11m 3.10m 2.74m		
17	Henebery, Sophie	Parramatta	2.55m
	FOUL 2.55m FOUL		

**Girls U 10 - Shot Put (2.0 Kg)**

Zone: Z 8.98m 2009		Kristina Moore, Cherrybrook	
Name	Age Centre		Final
1	Moala, Olivia	Ryde	7.47m
	6.91m FOUL 7.08m 7.47m 7.18m FOUL		
2	Saravana, Saanvi	Cherrybrook	7.02m
	5.89m 6.53m 6.78m 6.40m 6.72m 7.02m		
3	Gasparini, Nadia	Parramatta	5.64m
	3.99m 4.56m 5.20m 5.13m 5.29m 5.64m		
4	Yu, Addison	Ryde	5.60m
	5.13m 5.48m 5.03m 5.19m 5.54m 5.60m		
5	Moran, Eloise	Ryde	5.28m
	4.93m 5.17m 4.85m 5.10m 5.25m 5.28m		
6	Gebhard, Ajabu	Northern Suburbs	5.04m
	4.21m 4.78m 4.98m FOUL 5.04m 4.79m		
7	Mok, Milena	Cherrybrook	4.89m
	3.86m 3.87m 4.89m 3.62m 4.70m 4.10m		
8	Smith, Audrey	Ryde	4.65m
	4.65m 4.26m 4.08m 4.34m 4.23m 3.44m		
9	Chopra, Ananshi	Northern Suburbs	4.49m
	4.44m 3.79m 4.49m		
10	Friend, Sophie	Ryde	4.40m
	4.17m 4.40m 4.28m		
11	Barlow, Nancy	Ryde	4.35m
	4.35m 4.15m 4.11m		
12	O'Brien, Zoe	Parramatta	4.30m
	4.01m 4.30m 4.18m		
13	Lumley, Astrid	Northern Suburbs	4.29m
	4.05m 3.81m 4.29m		
14	Bagath, Venba	Parramatta	3.34m
	2.94m 3.34m 2.85m		
15	Yeow, Ariel	Ryde	3.32m
	3.32m 3.13m 3.11m		
--	Buitendag, Leane	Cherrybrook	DNS



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 11 - Shot Put (2.0 Kg)**

Zone: Z 10.79m 1995 B Johnson, Northern Suburbs							
Name	Age Centre						Final
1 Fetrie, Claire	Parramatta						8.86m
	8.19m	8.55m	8.77m	8.69m	8.86m	8.52m	
2 Connell, Imogen	Cherrybrook						8.11m
	6.97m	7.26m	7.66m	7.35m	8.11m	8.09m	
3 Obi, Angel	Nth Rocks Carlin						7.68m
	7.28m	FOUL	7.47m	FOUL	7.51m	7.68m	
4 O'Leary, Gracie	Northern Suburbs						7.45m
	6.78m	6.86m	7.45m	6.77m	7.21m	7.05m	
5 Spiden, Skye	Ryde						7.43m
	7.21m	7.41m	6.32m	7.43m	6.94m	6.44m	
6 Lewanavanua, Selina	Nth Rocks Carlin						7.06m
	FOUL	FOUL	6.74m	6.32m	FOUL	7.06m	
7 Johnstone, Abigail	Northern Suburbs						6.62m
	FOUL	6.62m	5.46m	6.16m	6.11m	6.27m	
8 Webb, Florence	Ryde						6.56m
	5.79m	6.18m	5.27m	6.08m	6.16m	6.56m	
9 Yip, Myesha	Nth Rocks Carlin						5.91m
	5.91m	4.88m	5.61m				
10 Michaels, Melina	Ryde						5.49m
	4.92m	5.49m	5.30m				
11 Stewart, Eva	Northern Suburbs						5.41m
	5.35m	4.76m	5.41m				
12 Stewart, Grace	Northern Suburbs						5.29m
	5.18m	5.29m	4.93m				
13 Ewing, Emilia	Parramatta						4.96m
	4.96m	FOUL	4.81m				
14 Davis, Sophia	Parramatta						3.58m
	3.51m	3.58m	3.36m				
-- Trujillo, Sophie	Nth Rocks Carlin						DNS

**Girls U 12 - Shot Put (2.0 Kg)**

Zone: Z 13.18m 13/12/2015 Chiara Lillis, Ryde							
Name	Age Centre						Final
1 Yeomans, Sophie	Ryde						8.81m
	8.06m	8.56m	8.30m	8.37m	8.35m	8.81m	
2 Connell, Holly	Northern Suburbs						7.57m
	6.77m	6.16m	7.24m	6.56m	7.51m	7.57m	
3 Mclachlan, Amelia	Ryde						7.29m
	6.80m	7.14m	5.69m	7.00m	7.29m	6.62m	
4 Aroyan, Lily	Parramatta						7.24m
	FOUL	6.80m	FOUL	7.24m	6.94m	7.06m	
5 Moala, Lesieli	Ryde						7.05m
	6.37m	6.42m	6.74m	6.34m	7.05m	6.82m	
6 Wang, Claire	Ryde						7.01m
	6.75m	6.94m	6.85m	7.01m	6.95m	6.94m	
7 Lolomanai, Latu	Nth Rocks Carlin						6.77m
	6.13m	6.66m	FOUL	6.52m	6.77m	6.08m	
8 Boorman-Franks, Beth	Parramatta						6.58m
	5.75m	6.18m	5.08m	6.39m	5.07m	6.58m	

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Girls U 12 - Shot Put (2.0 Kg)**

9	Mirzaei, Ronika	Nth Rocks Carlin	6.06m
	5.80m 5.80m 6.06m		
10	Perry, Elizabeth	Nth Rocks Carlin	6.02m
	6.02m 5.43m 5.76m		
11	Tazewell, Sophie	Parramatta	5.73m
	5.73m FOUL 4.77m		
12	Le Fevre, Charlotte	Ryde	5.46m
	5.14m 5.14m 5.46m		
13	Babiy, Veronika	Ryde	5.29m
	4.73m 5.29m 5.07m		
14	Xian, Carina	Cherrybrook	5.19m
	FOUL FOUL 5.19m		
15	Mulder, Maya	Parramatta	5.18m
	FOUL 5.18m FOUL		
16	Bibring, Aria	Nth Rocks Carlin	4.98m
	FOUL 4.98m 4.96m		
17	Krivozhnya, Christina	Cherrybrook	4.95m
	4.60m 4.95m 4.55m		
--	Rose, Darcey	Nth Rocks Carlin	DNS

**Girls U 13 - Shot Put (3.0 Kg)**

Zone: Z 11.78m 2012		Kristina Moore, Cherrybrook	
Name	Age Centre	Final	
1	Lumley, Collette	Northern Suburbs	7.59m
	6.52m 7.23m 6.96m 6.77m	7.59m 6.59m	
2	Kariyawasam, Naduli	Parramatta	7.51m
	7.41m 7.51m 7.40m 7.33m	FOUL 6.88m	
3	Kokay, Alana	Parramatta	6.96m
	6.22m 6.89m 6.96m 6.45m	6.62m 5.77m	
4	Graham, Mia	Cherrybrook	6.81m
	6.13m 6.36m 6.40m 6.30m	6.55m 6.81m	
5	Utichi, Chiara	Ryde	6.62m
	6.47m 6.62m 6.55m 6.34m	FOUL 6.40m	
6	Virgona, Abigail	Nth Rocks Carlin	6.27m
	6.27m 6.27m 6.27m 5.04m	5.78m FOUL	
7	Nagle, Bronte	Ryde	6.00m
	5.78m 5.99m 5.39m 5.90m	5.91m 6.00m	
8	Yam, Chloe	Ryde	5.74m
	5.08m 5.46m 5.47m 4.67m	5.65m 5.74m	
9	Roy, Tvisha	Cherrybrook	5.27m
	5.27m 5.27m 4.21m		
--	Royce, Ava	Ryde	DNS
--	Ewing, Asta	Parramatta	DNS

**Girls U 14 - Shot Put (3.0 Kg)**

Zone: Z 12.48m 1998		B Johnson, Northern Suburbs	
Name	Age Centre	Final	
1	Butler, Evana	Nth Rocks Carlin	11.01m
	10.72m 11.01m 10.41m 10.52m	10.50m 10.68m	
2	Rajakaksha Mudiyanse, Ni	Cherrybrook	9.81m
	8.82m 9.15m 8.85m 9.31m	9.81m 9.57m	

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Girls U 14 - Shot Put (3.0 Kg)**

3	El Sayed Ahmad, Alesha	Parramatta	7.34m
	6.85m 6.91m 7.34m 6.60m 6.55m	FOUL	
4	Kokay, Grace	Parramatta	7.16m
	7.16m FOUL 6.10m 6.04m 6.14m	PASS	
5	Dunn, Marcella	Ryde	7.15m
	5.95m 6.22m 7.15m 5.69m 7.06m 6.83m		
6	Aiken, Summer	Parramatta	6.53m
	6.23m 5.42m 5.97m 5.91m 6.53m 6.26m		
7	Megarrity, Charlotte	Ryde	5.86m
	5.86m 5.42m 5.69m 5.52m	FOUL 5.60m	
8	Prasath, Pranaya	Parramatta	5.58m
	5.03m 5.24m 5.58m	FOUL FOUL 4.68m	
9	Connell, Alicia	Northern Suburbs	5.39m
	4.92m 5.39m 4.81m		
--	Vercoe, Heidi	Cherrybrook	DNS
--	Sinteur, Cheyenne	Cherrybrook	DNS

**Girls U 15 - Shot Put (3.0 Kg)**

=====						
	Zone: Z 13.62m	1999		B Johnson, Northern Suburbs		
Name	Age	Centre				Final
=====						
1	Duncombe, Mikayla	Ryde	10.56m			
	9.83m 10.56m 10.37m 9.89m 10.03m 10.25m					
2	Olymbios, Giselle	Ryde	8.79m			
	7.59m 8.45m 7.48m 8.32m 8.79m 8.75m					
3	White, Stella	Parramatta	7.75m			
	7.48m 7.25m 7.75m 7.63m 7.01m 7.08m					
4	Tawbe, Layla	Cherrybrook	7.14m			
	7.04m 6.81m 6.68m 7.14m 6.74m 6.94m					
5	Boorman-Franks, Alice	Parramatta	7.10m			
	7.10m 6.25m 6.35m 6.66m 6.44m 6.43m					
6	Connell, Zoe	Cherrybrook	5.76m			
	5.29m 5.09m 5.22m 5.76m 5.43m	FOUL				
--	Yang, Claire	Nth Rocks Carlin	DNS			
--	Chong, Tsi Shan	Northern Suburbs	DNS			

**Girls U 17 - Shot Put (3.0 Kg)**

=====						
	Zone: Z 13.96m	11/12/2016		Kristina Moore, Cherrybrook		
Name	Age	Centre				Final
=====						
1	Johnston, Jessica	Ryde	13.38m			
	11.39m 12.10m 11.08m 12.27m 13.38m 12.88m					
2	Barbara, Isabella	Ryde	10.76m			
	9.23m FOUL FOUL 10.76m 10.13m	FOUL				
3	Kernaghan, Maddison	Parramatta	10.55m			
	9.40m 9.22m 10.49m 10.37m 9.86m 10.55m					
4	Govers, Emily	Northern Suburbs	10.32m			
	9.84m 10.32m 10.11m	FOUL 9.83m 10.14m				
5	Perkins, Ruby	Northern Suburbs	10.15m			
	9.88m 9.66m 8.92m 10.00m 10.11m 10.15m					
6	Nagy, Amelia	Nth Rocks Carlin	10.11m			
	9.13m 9.42m 9.28m 9.57m 9.77m 10.11m					

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Girls U 17 - Shot Put (3.0 Kg)**

7	Barlow, Claudia	Ryde	8.81m
	7.90m 8.81m 8.37m 8.02m 7.51m 8.19m		
8	Nagle, Charlotte	Ryde	8.35m
	8.03m 7.78m 8.30m 7.98m 8.35m 8.23m		
9	Busingye, Anesha	Nth Rocks Carlin	8.12m
	7.73m 8.12m 7.95m		
10	Shepherd, Amelia	Parramatta	7.82m
	7.82m 7.69m 7.56m		
11	Sankaran, Rithaja	Nth Rocks Carlin	7.79m
	7.79m 7.75m 7.70m		
--	Moore, Tayla	Cherrybrook	DNS
--	Goddard, Chloe	Northern Suburbs	DNS

**Girls U 7 - Discus (350 Gram)**

Zone: Z 18.80m 2006				Mallory Bassett, Hornsby Dis	
Name	Age	Centre	Final		
1	Jonas, Ellie	Nth Rocks Carlin	9.58m		
	8.24m FOUL 7.32m 7.99m 9.58m 7.03m				
2	Care-Unger, Olive	Ryde	9.26m		
	5.83m 6.49m FOUL 7.00m 5.52m 9.26m				
3	Loudon, Natasha	Nth Rocks Carlin	6.50m		
	5.19m 6.50m 5.47m 5.32m 5.77m 6.50m				
4	Tay, Scarlett	Nth Rocks Carlin	5.87m		
	5.38m 5.51m 5.87m 5.58m 4.65m 5.87m				
5	O'Brien, Clare	Parramatta	5.79m		
	5.37m 4.53m 5.79m 3.97m 5.78m 4.76m				
6	De Pomeroy, Portia	Nth Rocks Carlin	4.70m		
	FOUL 4.70m 3.99m 3.49m 3.17m 4.70m				
7	Nidhin, Nivedita	Ryde	3.97m		
	3.28m FOUL 2.32m 3.97m 2.59m 3.33m				
--	Keily, Harper	Ryde	DNS		
--	Passmore, Mischa	Ryde	DNS		
--	Maguire, Rachel	Nth Rocks Carlin	DNS		
--	Brock, Matilda	Nth Rocks Carlin	DNS		
--	Moussa, Christiana	Parramatta	DNS		

**Girls U 8 - Discus (500 Gram)**

Zone: Z 19.89m 2007				Mallory Bassett, Hornsby Dis	
Name	Age	Centre	Final		
1	Bennett, Lauren	Ryde	10.60m		
	FOUL 7.82m 8.08m 8.60m 9.08m 10.60m				
2	Allanki, Shasha	Nth Rocks Carlin	10.12m		
	FOUL 10.01m 9.68m 10.12m 9.98m 9.61m				
3	Crumpton, Taylor	Ryde	9.93m		
	8.13m 4.77m 4.62m 7.02m 5.97m 9.93m				
4	Henebery, Piper	Parramatta	8.85m		
	8.49m 8.60m 8.84m 8.33m 8.85m 7.83m				
5	Dixit, Shanaya	Parramatta	8.28m		
	FOUL 7.19m 5.33m 8.28m 7.68m FOUL				
6	Dong, Sophie	Northern Suburbs	8.19m		
	8.19m FOUL 7.80m 7.96m 7.23m 7.23m				

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 8 - Discus (500 Gram)**

7	Liu, Evelyn		Nth Rocks Carlin	7.94m
	FOUL 7.35m	FOUL 7.86m	7.94m	FOUL
8	Reid, Natalie L		Cherrybrook	5.04m
	4.50m	FOUL 4.85m	4.87m	4.75m 5.04m
9	Gullick, Annabelle E		Cherrybrook	3.91m
	FOUL 2.89m	3.91m		
10	Utichi, Chloe		Ryde	3.38m
	3.38m	2.59m	2.31m	
11	Vinod Prabhu, Laya		Parramatta	3.11m
	1.95m	3.07m	3.11m	
--	Prasath, Tanya		Parramatta	DNS
--	Cholamukhath, Hawwah Ire		Ryde	DNS
--	Rajendran, Shirina		Northern Suburbs	DNS

**Girls U 9 - Discus (500 Gram)**

=====				
	Zone: Z	24.53m	2008	Mallory Bassett, Hornsby Dis
Name	Age	Centre		Final
=====				
1	Kerkham, Audrey		Northern Suburbs	17.30m
	FOUL 14.84m	15.53m	17.30m	13.87m FOUL
2	Tsen-Braddock, Asha		Ryde	12.49m
	12.49m	10.75m	9.11m	7.30m 11.57m 9.92m
3	Turton, Alyssa		Northern Suburbs	12.46m
	9.86m	4.85m	9.46m	10.68m 9.94m 12.46m
4	Obi, Vanessa		Nth Rocks Carlin	12.39m
	12.39m	11.59m	11.21m	11.76m 11.44m 11.35m
5	Ng Chok, Isabelle		Parramatta	11.24m
	10.16m	FOUL	10.19m	9.39m 9.94m 11.24m
6	Care-Unger, Hazel		Ryde	11.07m
	FOUL 9.10m	9.11m	9.76m	11.07m 10.49m
7	Obrien, Teara		Nth Rocks Carlin	10.80m
	10.80m	FOUL 9.60m	8.95m	8.36m 9.21m
8	Semaan, Gabriella		Parramatta	10.14m
	9.75m	10.14m	FOUL 9.34m	7.61m 5.34m
9	Mitry, Zara		Northern Suburbs	8.98m
	8.98m	FOUL	FOUL	
10	Paton, Georgia		Ryde	8.38m
	FOUL 7.20m	8.38m		
11	Henebery, Sophie		Parramatta	7.87m
	6.33m	4.99m	7.87m	
12	Williams, Tabitha		Northern Suburbs	7.70m
	FOUL 7.70m	7.57m		
13	Wang, Leah		Ryde	7.52m
	7.52m	FOUL	6.73m	
14	Hallit, Jamie		Parramatta	6.95m
	5.61m	6.92m	6.95m	
15	Anwar, Sarah		Nth Rocks Carlin	4.81m
	4.81m	4.25m	4.62m	
--	Hewitt, Ruby		Nth Rocks Carlin	FOUL
	FOUL	FOUL	FOUL	
--	Smith, Aria		Parramatta	DNS
--	Thushyanthan, Swarnika		Parramatta	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 10 - Discus (500 Gram)**

Zone: Z 30.54m 2009		Kristina Moore, Cherrybrook	
Name	Age Centre		Final
1 Wade, Stella	Northern Suburbs		23.21m
14.34m 23.21m FOUL	FOUL 23.19m 10.75m		
2 Saravana, Saanvi	Cherrybrook		21.31m
19.41m 21.31m FOUL	5.39m FOUL 20.80m		
3 Everson, LilyEve	Ryde		18.92m
FOUL 12.90m 18.84m	7.39m 18.83m 18.92m		
4 Chopra, Ananshi	Northern Suburbs		16.10m
15.11m 13.65m FOUL	15.49m 16.10m FOUL		
5 Barlow, Nancy	Ryde		15.11m
15.06m FOUL 15.11m	14.86m 11.94m 11.98m		
6 Moran, Eloise	Ryde		15.03m
14.70m 13.33m 15.01m	15.03m FOUL FOUL		
7 Bagath, Venba	Parramatta		14.39m
9.84m 14.39m 10.05m	13.55m 8.88m FOUL		
8 Smith, Audrey	Ryde		13.72m
11.48m 13.72m 13.11m	13.38m 12.69m 12.64m		
9 Gebhard, Ajabu	Northern Suburbs		13.00m
FOUL 13.00m 12.95m			
10 Gryst, Georgia	Nth Rocks Carlin		12.60m
11.01m 12.60m 12.27m			
11 Cricchiola, Sophie	Nth Rocks Carlin		12.58m
11.25m FOUL 12.58m			
12 Zhong, Evelyn	Northern Suburbs		12.13m
FOUL 12.13m FOUL			
13 de Sacadura, Ava	Cherrybrook		11.85m
FOUL 9.78m 11.85m			
14 Lumley, Astrid	Northern Suburbs		10.61m
9.75m FOUL 10.61m			
15 Young, Natalie	Ryde		9.21m
FOUL 9.21m FOUL			
16 O'Brien, Zoe	Parramatta		8.92m
8.72m 8.78m 8.92m			
17 Costin, Charlotte	Nth Rocks Carlin		8.83m
8.11m 6.42m 8.83m			
18 Kang, Erica	Ryde		8.74m
FOUL FOUL 8.74m			
19 Ngai, Josephine	Nth Rocks Carlin		8.71m
8.71m 8.50m FOUL			
20 Morey, Myrah	Parramatta		8.14m
8.14m FOUL FOUL			
21 Perkins, Francesca	Cherrybrook		7.98m
4.91m 6.61m 7.98m			
22 Seif, Hannah	Parramatta		7.25m
FOUL 5.56m 7.25m			
23 Arora, Prisha	Parramatta		7.01m
7.01m 5.49m 6.03m			
24 Aroyan, Savannah	Parramatta		6.41m
6.41m 6.35m FOUL			
-- Yu, Addison	Ryde		FOUL
FOUL FOUL FOUL			
-- Moala, Olivia	Ryde		DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 11 - Discus (500 Gram)**

Zone: Z 30.41m 03/12/2023 Imogen Connell, Cherrybrook						
Name	Age	Centre				Final
1 Connell, Imogen		Cherrybrook				30.41mZ
	19.03m	FOUL	FOUL	28.98m	25.34m	30.41m
2 Frielingsdorf, Alexandra		Northern Suburbs				27.51m
	20.86m	FOUL	22.98m	27.51m	18.26m	22.09m
3 Bomba, Mila		Ryde				22.43m
	17.39m	18.32m	22.43m	FOUL	FOUL	18.30m
4 Johnstone, Abigail		Northern Suburbs				21.74m
	4.51m	FOUL	15.99m	14.98m	21.74m	17.19m
5 Wang, Pippa		Ryde				19.87m
	19.87m	16.50m	14.11m	7.01m	FOUL	FOUL
6 O'Leary, Gracie		Northern Suburbs				18.79m
	15.04m	18.79m	FOUL	16.10m	17.14m	15.48m
7 Spiden, Skye		Ryde				18.42m
	16.34m	16.62m	15.59m	18.42m	13.53m	18.09m
8 Dalle Nogare, Darcie		Northern Suburbs				15.75m
	FOUL	15.41m	15.23m	5.03m	7.92m	15.75m
9 Lewanavanua, Selina		Nth Rocks Carlin				15.09m
	FOUL	10.38m	15.09m			
10 Obi, Angel		Nth Rocks Carlin				14.47m
	14.02m	14.47m	14.23m			
11 Webb, Florence		Ryde				13.80m
	13.80m	FOUL	13.03m			
12 Spurr, Stella		Parramatta				12.99m
	FOUL	12.99m	10.97m			
13 Murphy, Jacinta		Nth Rocks Carlin				11.81m
	10.89m	11.81m	11.05m			
14 Snow, Greta		Nth Rocks Carlin				11.79m
	FOUL	11.79m	9.07m			
15 Stewart, Eva		Northern Suburbs				11.65m
	11.65m	10.43m	10.38m			
16 Yip, Myesha		Nth Rocks Carlin				10.74m
	10.74m	9.66m	FOUL			
17 Lalor, Olivia		Cherrybrook				10.62m
	10.62m	8.72m	7.46m			
18 Gilchrist, Amelie		Cherrybrook				10.42m
	8.06m	7.14m	10.42m			
19 Tauaisili, Layla		Nth Rocks Carlin				9.72m
	FOUL	FOUL	9.72m			
20 Stewart, Grace		Northern Suburbs				9.52m
	8.23m	8.61m	9.52m			
21 Connolly, Sophie		Northern Suburbs				7.18m
	6.55m	7.18m	FOUL			
22 Davis, Sophia		Parramatta				6.11m
	6.11m	5.46m	4.55m			
23 Ewing, Emilia		Parramatta				5.20m
	5.20m	FOUL	FOUL			
24 Fraser, Charlotte		Ryde				4.29m
	FOUL	FOUL	4.29m			
-- Michaels, Melina		Ryde				DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 12 - Discus (750 Gram)**

Zone: Z 36.97m 2011 Kristina Moore, Cherrybrook						
Name	Age	Centre				Final
1 Connell, Holly		Northern Suburbs				19.30m
FOUL	19.30m	16.04m	11.41m	17.56m	19.06m	
2 Wang, Claire		Ryde				18.29m
14.76m	17.43m	18.07m	17.83m	18.29m	16.00m	
3 Lolomanaia, Latu		Nth Rocks Carlin				17.79m
16.38m	17.14m	15.02m	FOUL	14.72m	17.79m	
4 Bedford, Gillian		Ryde				17.38m
FOUL	16.51m	16.11m	15.95m	17.38m	FOUL	
5 Cox, Zara		Ryde				16.52m
15.41m	14.83m	16.18m	15.16m	15.82m	16.52m	
6 Wirianata, Jolin		Nth Rocks Carlin				15.91m
14.09m	11.32m	14.19m	15.91m	15.90m	14.38m	
7 Pohio, Sophie		Northern Suburbs				14.79m
4.92m	FOUL	14.79m	FOUL	FOUL	14.14m	
8 Mirzaei, Ronika		Nth Rocks Carlin				14.19m
14.19m	12.28m	13.70m	13.50m	14.09m	13.70m	
9 Bodley, Eve		Cherrybrook				13.93m
FOUL	12.70m	13.93m				
10 Perry, Julia		Nth Rocks Carlin				13.72m
9.13m	13.72m	10.61m				
11 Liu, Jasmine		Cherrybrook				13.22m
11.46m	12.59m	13.22m				
12 Perry, Elizabeth		Nth Rocks Carlin				12.88m
12.67m	4.97m	12.88m				
-- Rose, Darcey		Nth Rocks Carlin				DNS

**Girls U 13 - Discus (750 Gram)**

Zone: Z 39.68m 2000 S Vale, Parramatta						
Name	Age	Centre				Final
1 Lumley, Collette		Northern Suburbs				23.74m
22.56m	19.78m	FOUL	19.97m	23.74m	FOUL	
2 Utichi, Chiara		Ryde				20.85m
4.35m	FOUL	14.79m	17.70m	17.20m	20.85m	
3 Fraser, Bella		Ryde				20.30m
20.30m	18.89m	FOUL	FOUL	FOUL	14.83m	
4 Hazon, Ella		Nth Rocks Carlin				19.91m
14.09m	18.47m	19.91m	PASS	PASS	PASS	
5 Moresi, Anna		Cherrybrook				15.10m
13.76m	15.10m	11.98m	14.17m	12.89m	13.47m	
6 Kokay, Alana		Parramatta				12.68m
FOUL	FOUL	FOUL	11.93m	FOUL	12.68m	
-- Roy, Tvisha		Cherrybrook				DNS
-- Smith, Yasmine		Parramatta				DNS
-- Ewing, Asta		Parramatta				DNS



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 14 - Discus (1.0 Kg)**

Zone: Z 37.46m 15/12/2013 Kristina Moore, Cherrybrook						
Name	Age	Centre				Final
1 Rajapaksha Mudiyanse, Ni		Cherrybrook				29.22m
	29.18m	28.43m	FOUL	27.42m	29.22m	28.62m
2 Sinteur, Cheyenne		Cherrybrook				21.47m
	21.47m	19.57m	FOUL	17.39m	18.58m	15.58m
3 Gasparini, Sofia		Parramatta				19.07m
	17.19m	17.74m	17.57m	17.34m	16.49m	19.07m
4 Lolomanaia, Lu'isa		Nth Rocks Carlin				16.89m
	4.24m	14.12m	FOUL	14.21m	16.89m	16.36m
5 Megarrity, Charlotte		Ryde				13.10m
	12.66m	FOUL	11.20m	FOUL	11.60m	13.10m
6 Prasath, Pranaya		Parramatta				12.73m
	12.73m	12.21m	12.07m	11.13m	12.25m	12.10m
-- Palfrey, Zara		Nth Rocks Carlin				DNS
-- Aiken, Summer		Parramatta				DNS

**Girls U 15 - Discus (1.0 Kg)**

Zone: Z 38.82m 13/12/2014 Kristina Moore, Cherrybrook						
Name	Age	Centre				Final
1 Duncombe, Mikayla		Ryde				30.69m
	29.59m	FOUL	30.69m	FOUL	29.32m	24.87m
2 Connell, Zoe		Cherrybrook				23.92m
	20.98m	21.68m	FOUL	22.43m	22.96m	23.92m
3 Tawbe, Layla		Cherrybrook				19.92m
	19.92m	19.33m	18.57m	FOUL	18.72m	19.86m
4 White, Stella		Parramatta				19.17m
	18.62m	9.09m	13.76m	15.80m	19.17m	FOUL
5 Yang, Claire		Nth Rocks Carlin				18.10m
	14.22m	15.46m	15.68m	18.10m	15.28m	16.66m
-- Chong, Tsi Shan		Northern Suburbs				DNS

**Girls U 17 - Discus (1.0 Kg)**

Zone: Z 46.25m 10/12/2016 Kristina Moore, Cherrybrook						
Name	Age	Centre				Final
1 Johnston, Jessica		Ryde				43.78m
	39.99m	42.06m	43.78m	36.74m	43.08m	42.65m
2 Barbara, Isabella		Ryde				29.97m
	28.54m	26.39m	25.58m	24.84m	29.97m	FOUL
3 Kernaghan, Maddison		Parramatta				28.40m
	26.51m	28.40m	23.48m	28.19m	27.28m	PASS
4 Nagy, Amelia		Nth Rocks Carlin				27.48m
	23.50m	27.48m	24.80m	27.06m	24.27m	25.26m
5 Barlow, Claudia		Ryde				27.17m
	22.66m	FOUL	22.67m	24.30m	27.17m	FOUL
6 Sankaran, Rithaja		Nth Rocks Carlin				21.46m
	20.58m	21.46m	18.59m	17.68m	18.46m	FOUL
7 Murray, Elise		Parramatta				21.20m
	FOUL	18.27m	20.62m	21.20m	18.21m	21.20m

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Girls U 17 - Discus (1.0 Kg)**

8	Shepherd, Amelia	Parramatta	20.06m
	16.01m 19.82m 20.06m 17.14m 18.55m 17.38m		
9	Perkins, Ruby	Northern Suburbs	19.68m
	FOUL 19.68m FOUL		
10	Butler, Bridget	Parramatta	16.26m
	15.93m 16.05m 16.26m		
--	Truong, Naomi	Nth Rocks Carlin	DNS
--	Moore, Tayla	Cherrybrook	DNS
--	Quinnell, Sophie	Northern Suburbs	DNS
--	burdett, mila	Nth Rocks Carlin	DNS

**Girls U 11 - Javelin (400 Gram)**

=====			
	Zone: Z 20.95m	10/12/2016	Natasha Fairhall, Ryde
Name	Age	Centre	Final
=====			
1	Wang, Pippa	Ryde	18.47m
	12.81m 13.36m 12.14m 15.39m FOUL 18.47m		
2	Dalle Nogare, Darcie	Northern Suburbs	13.82m
	12.01m 11.13m 13.26m 11.75m 13.82m 13.01m		
3	O'Leary, Gracie	Northern Suburbs	12.14m
	12.14m 11.24m 10.95m 9.95m 8.51m 8.09m		
4	Lalor, Olivia	Cherrybrook	11.65m
	10.52m FOUL 8.48m FOUL 8.28m 11.65m		
5	Mitry, Ally	Northern Suburbs	10.88m
	10.76m FOUL 9.39m 9.33m 10.88m 8.88m		
6	Bomba, Mila	Ryde	10.84m
	8.91m FOUL FOUL 10.84m 5.97m FOUL		
7	Michaels, Melina	Ryde	10.52m
	FOUL 6.81m 9.30m FOUL 9.82m 10.52m		
8	Wegener, Anna	Cherrybrook	10.31m
	8.80m 7.11m 10.31m 7.80m 8.96m FOUL		
9	Stewart, Eva	Northern Suburbs	8.52m
	8.52m FOUL 5.76m		
10	Ladhane, Sanchi	Parramatta	8.45m
	8.45m 8.33m FOUL		
11	Ewing, Emilia	Parramatta	7.29m
	5.99m 7.29m 5.73m		

**Girls U 12 - Javelin (400 Gram)**

=====			
	Zone: Z 29.54m	09/12/2017	Elianna Hemakumara, Parramat
Name	Age	Centre	Final
=====			
1	Collier, Jasmin	Nth Rocks Carlin	19.13m
	17.70m 19.05m 19.13m FOUL FOUL 17.90m		
2	Le Fevre, Charlotte	Ryde	18.46m
	18.46m 17.17m FOUL FOUL 13.94m 16.56m		
3	Bedford, Gillian	Ryde	18.03m
	18.03m 17.95m 15.25m 17.84m 13.97m 14.09m		
4	Tazewell, Sophie	Parramatta	17.91m
	17.80m 17.33m 17.05m 17.84m 17.91m 17.23m		
5	Connell, Holly	Northern Suburbs	12.70m
	12.03m FOUL FOUL FOUL 9.76m 12.70m		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 12 - Javelin (400 Gram)**

6	Bibring, Aria			Nth Rocks Carlin	12.38m	
	12.38m	12.12m	FOUL	11.42m	10.34m	11.75m
7	Perry, Elizabeth			Nth Rocks Carlin	11.27m	
	10.81m	8.65m	8.21m	10.17m	9.90m	11.27m
8	Boorman-Franks, Beth			Parramatta	10.81m	
	9.85m	10.34m	10.81m	9.74m	FOUL	10.23m
9	Lloyd, Evie			Ryde	10.70m	
	10.07m	FOUL	10.70m			
10	Moussa, Angelina			Parramatta	8.25m	
	6.52m	7.86m	8.25m			
--	Rose, Darcey			Nth Rocks Carlin	DNS	

**Girls U 13 - Javelin (400 Gram)**

=====						
Zone: Z 35.85m 15/12/2013 Kate Collett, Cherrybrook						
Name	Age Centre			Final		
=====						
1	Lambert, Hannah			Nth Rocks Carlin	26.10m	
	21.43m	21.69m	18.55m	26.10m	24.62m	24.92m
2	Moresi, Anna			Cherrybrook	21.66m	
	FOUL	FOUL	14.65m	12.56m	17.90m	21.66m
3	Lumley, Collette			Northern Suburbs	18.83m	
	14.57m	FOUL	18.83m	FOUL	FOUL	
4	Hazon, Ella			Nth Rocks Carlin	16.13m	
	11.17m	15.83m	16.13m	13.07m	13.84m	13.89m
5	Nagle, Bronte			Ryde	14.71m	
	10.45m	9.59m	11.67m	13.90m	FOUL	14.71m
6	Rendall, Olivia			Northern Suburbs	14.55m	
	13.90m	12.56m	12.02m	13.67m	14.55m	12.00m
7	Kokay, Alana			Parramatta	14.09m	
	12.27m	10.80m	14.09m	9.95m	13.70m	FOUL
--	Shannon, Ella			Cherrybrook	DNS	
--	Ewing, Asta			Parramatta	DNS	

**Girls U 14 - Javelin (400 Gram)**

=====						
Zone: Z 37.85m 10/12/2016 Kate Peterson, Parramatta						
Name	Age Centre			Final		
=====						
1	Sinteur, Cheyenne			Cherrybrook	25.72m	
	25.26m	22.32m	24.53m	23.64m	25.72m	23.42m
2	Butler, Evana			Nth Rocks Carlin	20.95m	
	18.46m	20.46m	FOUL	20.95m	18.23m	17.31m
3	Gasparini, Sofia			Parramatta	20.57m	
	14.74m	19.74m	18.69m	17.72m	20.37m	20.57m
4	Penn, Ruby			Cherrybrook	18.94m	
	17.38m	16.55m	18.54m	16.16m	17.66m	18.94m
5	Lolomanaia, Lu'isa			Nth Rocks Carlin	18.80m	
	18.80m	11.80m	14.66m	13.21m	14.96m	FOUL
6	McGregor, Chloe			Ryde	17.23m	
	FOUL	17.23m	13.16m	FOUL	FOUL	11.40m
7	Butler, Charlotte			Parramatta	16.76m	
	13.45m	12.53m	12.55m	16.15m	16.08m	16.76m
8	Armstrong, Erin			Ryde	15.22m	
	15.22m	13.54m	11.71m	11.52m	13.42m	13.49m

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 14 - Javelin (400 Gram)**

9	Connell, Alicia	Northern Suburbs	11.00m
	FOUL 9.65m 11.00m		
10	Aiken, Summer	Parramatta	10.97m
	10.95m 10.97m 9.57m		

**Girls U 15 - Javelin (500 Gram)**

=====			
Zone: Z 38.62m 11/12/2016 Amie Bowrey, Cherrybrook			
Name	Age	Centre	Final
=====			
1	Tawbe, Layla	Cherrybrook	33.24m
	FOUL 32.95m 33.24m FOUL 30.97m FOUL		
2	Duncombe, Mikayla	Ryde	26.11m
	20.19m 22.12m 22.37m 21.25m FOUL 26.11m		
3	Kotulic, Tanna	Northern Suburbs	23.49m
	FOUL 21.25m 22.99m 23.49m FOUL 19.89m		
4	Byrnes, Carys	Nth Rocks Carlin	16.75m
	16.02m 13.55m 16.14m 16.55m 16.75m FOUL		
5	Boorman-Franks, Alice	Parramatta	15.89m
	15.89m 12.15m 12.19m 13.89m 12.62m 12.06m		
6	Connell, Zoe	Cherrybrook	13.44m
	13.44m 10.94m 10.02m 8.38m 8.89m 10.58m		
7	White, Stella	Parramatta	13.35m
	FOUL 13.35m 13.16m FOUL FOUL FOUL		
--	Chong, Tsi Shan	Northern Suburbs	DNS

**Girls U 17 - Javelin (500 Gram)**

=====			
Zone: Z 39.73m 08/12/2018 Kate Peterson, Parramatta			
Name	Age	Centre	Final
=====			
1	Johnston, Jessica	Ryde	38.97m
	35.57m 35.83m 36.60m FOUL FOUL 38.97m		
2	Nagy, Amelia	Nth Rocks Carlin	34.68m
	29.44m 34.68m 31.92m 30.17m 32.82m 34.28m		
3	Koussas, Jessica	Ryde	31.53m
	FOUL 31.44m FOUL 31.53m FOUL 28.39m		
4	Kernaghan, Maddison	Parramatta	30.82m
	27.34m 29.67m FOUL 30.82m 29.35m FOUL		
5	Perkins, Ruby	Northern Suburbs	25.91m
	25.91m FOUL 25.90m 25.91m FOUL FOUL		
6	Quinnell, Sophie	Northern Suburbs	24.18m
	19.45m 24.18m 21.55m 20.44m FOUL FOUL		
7	Sankaran, Rithaja	Nth Rocks Carlin	24.11m
	23.25m 24.11m 17.85m 22.88m 18.94m 15.65m		
8	Barlow, Claudia	Ryde	20.76m
	FOUL FOUL 20.76m FOUL 18.90m FOUL		
9	Murray, Elise	Parramatta	17.22m
	13.92m 16.18m 17.22m		
10	Butler, Bridget	Parramatta	14.51m
	FOUL FOUL 14.51m		
--	Shepherd, Amelia	Parramatta	FOUL
	FOUL FOUL FOUL		
--	Govers, Emily	Northern Suburbs	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Girls U 9 - 700 Metre Walk**

Name	Age	Centre	Final
Zone: Z 3:49.63 04/12/2022 Stella Wade, Northern Subur			

## Section 1

1	Dickson, Annabel	Nth Rocks Carlin	5:19.37
2	Lam, Sofia	Nth Rocks Carlin	5:22.07
3	Hudson, Sara	Northern Suburbs	6:39.92
4	Hanington, Victoria	Parramatta	6:54.79
5	Anwar, Sarah	Nth Rocks Carlin	6:59.38
--	Roxburgh, Anouk	Northern Suburbs	DNS

**Girls U 10 - 1100 Metre Walk**

Name	Age	Centre	Final
Zone: Z 5:30.87 03/12/2023 Stella Wade, Northern Subur			
Zone: Z 5:30.87 03/12/2023 Stella Wade, Northern Subur			

1	Wade, Stella	Northern Suburbs	5:30.87Z
2	Everson, LilyEve	Ryde	6:32.93
3	Fowler, Casey	Parramatta	7:14.80
4	Mok, Milena	Cherrybrook	8:31.70
5	Moran, Eloise	Ryde	8:41.29
6	Perkins, Francesca	Cherrybrook	8:41.44
7	Yeow, Ariel	Ryde	8:50.98
8	Smith, Audrey	Ryde	9:00.90
9	Oliveira, Emma	Ryde	9:01.05
--	Tai, Alma	Northern Suburbs	DQ

**Girls U 11 - 1100 Metre Walk**

Name	Age	Centre	Final
Zone: Z 5:38.10 2011 Eliza DeLaine, Norths			

1	Ekers, Kira	Ryde	6:58.35
2	Spiden, Skye	Ryde	7:20.64
3	Michaels, Melina	Ryde	7:30.61
4	Davis, Sophia	Parramatta	7:55.94
5	Allen, Ivy	Nth Rocks Carlin	8:07.95
6	Lalor, Olivia	Cherrybrook	9:09.97
--	Hudson, Juliet	Northern Suburbs	DQ
--	Martin, Camilla	Northern Suburbs	DNS

**Girls U 12 - 1500 Metre Walk**

Name	Age	Centre	Final
Zone: Z 7:31.80 2003 Jessica Bennett, Parramatta			

1	Mansell, Ashleigh	Cherrybrook	8:22.60
2	Carroll, Hayley	Nth Rocks Carlin	10:48.90
3	Wirianata, Jolin	Nth Rocks Carlin	11:14.31
4	Mirzaei, Ronika	Nth Rocks Carlin	11:19.96
5	Bibring, Aria	Nth Rocks Carlin	11:22.07
6	Collier, Jasmin	Nth Rocks Carlin	11:52.79
--	Twaddle, Amelia	Parramatta	DNS
--	Le Fevre, Charlotte	Ryde	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Girls U 12 - 1500 Metre Walk**

-- Rose, Darcey                                      Nth Rocks Carlin                                      DNS

**Girls U 13 - 1500 Metre Walk**

=====			
Zone: Z 7:03.00 04/12/2022 Sophie Polkinghorne, Nth Ro			
Name	Age	Centre	Final
=====			
1 Everson, Miarose		Ryde	8:18.34
2 Wade, Sienna		Northern Suburbs	8:47.65
3 McGregor, Ella-Rae		Parramatta	10:17.73
4 Graham, Mia		Cherrybrook	11:34.38

**Girls U 14 - 1500 Metre Walk**

=====			
Zone: Z 6:51.26 03/12/2023 Sophie Polkinghorne, Nth Ro			
Zone: Z 6:51.26 03/12/2023 Sophie Polkinghorne, Nth Ro			
Name	Age	Centre	Final
=====			
1 Polkinghorne, Sophie		Nth Rocks Carlin	6:51.26Z
2 Penn, Ruby		Cherrybrook	9:55.98
3 McGregor, Chloe		Ryde	11:57.70

**Girls U 15 - 1500 Metre Walk**

=====			
Zone: Z 6:50.79 13/12/2015 Samantha Brown, Parramatta			
Name	Age	Centre	Final
=====			
1 Loring, Jessica		Parramatta	7:06.69

**Girls U 17 - 1500 Metre Walk**

=====			
Zone: Z 7:06.40 14/12/2014 Jasmyn Mc Donald, Parramatt			
Name	Age	Centre	Final
=====			
1 McGregor, Ella		Ryde	10:10.64
2 Primrose, Isabella		Nth Rocks Carlin	10:30.72

**Boys U 7 - 50 Metre Sprint**

=====			
Zone: Z 8.60 2005 Jordan Idiare, Parramatta			
Name	Age	Centre	Prelims
=====			

**Heat 1 Heats**

1 Eaton, Hugo		Northern Suburbs	10.40Q
2 Fitzpatrick, Aidan		Nth Rocks Carlin	10.78Q
3 Kakadiya, Nevish		Parramatta	11.31
4 Wang, Roger		Nth Rocks Carlin	11.64
5 Sandeep, Aaron		Parramatta	11.95
-- Chu, Stellan		Northern Suburbs	DNS
-- Nie, Aiden		Ryde	DNS

**Heat 2 Heats**

1 Cricchiola, Jacob		Nth Rocks Carlin	10.02Q
2 Aroyan, Jonah		Parramatta	10.19Q
2 Economides, Oliver		Ryde	10.19Q
4 Pellegrino, Jack		Northern Suburbs	10.34q

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 7 - 50 Metre Sprint**

5 Su, JayJay	Cherrybrook	10.80
6 Perez Garcia, Michael An	Parramatta	10.99

## Heat 3 Heats

1 Topp, Archie	Northern Suburbs	9.95Q
2 Griffiths, Hugo	Ryde	10.43Q
3 Naig, Jishnu	Nth Rocks Carlin	10.62
4 Lolomanaia, Malakai	Nth Rocks Carlin	11.17
5 Youssef, Jordan	Parramatta	11.32
6 Cheung, Connor	Parramatta	11.42

**Boys U 7 - 50 Metre Sprint**

=====			
Zone: Z	8.60	2005	Jordan Idiare, Parramatta
Name	Age	Centre	Final
=====			
Section 1	Final		
1 Topp, Archie		Northern Suburbs	9.70
2 Aroyan, Jonah		Parramatta	10.03
3 Cricchiola, Jacob		Nth Rocks Carlin	10.13
4 Pellegrino, Jack		Northern Suburbs	10.17
5 Eaton, Hugo		Northern Suburbs	10.31
6 Griffiths, Hugo		Ryde	10.48
7 Fitzpatrick, Aidan		Nth Rocks Carlin	10.68
8 Naig, Jishnu		Nth Rocks Carlin	10.69

**Boys U 7 - 70 Metre Sprint**

=====			
Zone: Z	11.30	1989	J Blackett, North Rocks Carli
Name	Age	Centre	Prelims
=====			
Heat 1	Heats		
1 Huang, Aiden		Northern Suburbs	13.28Q
2 Zeng, Austin Guanbo		Cherrybrook	13.64Q
3 Price, Jeremy		Northern Suburbs	14.38q
4 Griffiths, Hugo		Ryde	14.57
5 El Kadi, Mark		Nth Rocks Carlin	14.87
6 Yong, Jay		Parramatta	15.10
-- Barbour, Nikolai		Parramatta	DNS
Heat 2	Heats		
1 Cricchiola, Jacob		Nth Rocks Carlin	13.79Q
2 Su, JayJay		Cherrybrook	14.02Q
3 Moore, Oliver		Ryde	14.49
4 Lee, Raikkonen		Northern Suburbs	15.39
5 Wang, Roger		Nth Rocks Carlin	16.29
-- Chu, Stellan		Northern Suburbs	DNS
Heat 3	Heats		
1 Rathod, Yansh		Parramatta	13.85Q
2 Blanco, Felix		Northern Suburbs	13.95Q
3 Aroyan, Jonah		Parramatta	14.24q
4 Eaton, Hugo		Northern Suburbs	14.72
5 Fitzpatrick, Aidan		Nth Rocks Carlin	15.22
6 Perez Garcia, Michael An		Parramatta	15.34
7 Economides, Oliver		Ryde	16.08

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 7 - 70 Metre Sprint**

Zone: Z 11.30 1989 J Blackett, North Rocks Carli			
Name	Age	Centre	Final
Section 1 Final			
1 Huang, Aiden		Northern Suburbs	13.29
2 Su, JayJay		Cherrybrook	13.56
3 Cricchiola, Jacob		Nth Rocks Carlin	13.58
4 Blanco, Felix		Northern Suburbs	13.60
5 Aroyan, Jonah		Parramatta	13.87
6 Zeng, Austin Guanbo		Cherrybrook	13.92
7 Price, Jeremy		Northern Suburbs	14.22
-- Rathod, Yansh		Parramatta	DNS

**Boys U 8 - 70 Metre Sprint**

Zone: Z 10.60 2008 Ben Kinasch, Cherrybrook			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Haycraft, Zach		Northern Suburbs	11.97Q
2 Hall, Elliot		Northern Suburbs	12.01Q
3 Garland, Thomas		Nth Rocks Carlin	12.24q
4 Hohmann, Oliver		Nth Rocks Carlin	13.13q
5 Dibia, Kyrie		Parramatta	13.50
6 Cellacay, Gavin		Ryde	13.53
-- Hilgendorf, Tomas		Cherrybrook	DNS
-- Tran, Hayden		Ryde	DNS
Heat 2 Heats			
1 Josa, Ethan		Northern Suburbs	12.56Q
2 Keene, Hiroki		Cherrybrook	13.89Q
3 Giang, Sebastian		Cherrybrook	14.16
4 Gower, Noah		Parramatta	14.20
-- Nie, Barron		Ryde	DNS
-- Harizanov, Christopher		Ryde	DNS
-- Kerr, Roman		Parramatta	DNS
Heat 3 Heats			
1 Smith, Noah		Ryde	12.64Q
2 Pragadeesh, Kanav		Cherrybrook	13.25Q
3 Wang, Jerry		Ryde	13.55
4 hu, haotian		Northern Suburbs	13.62
5 Vummenthala, Suhaan Redd		Parramatta	16.09
-- Zhao, Nathaniel		Northern Suburbs	DNS
-- Balaji Venkatesh, Sainis		Parramatta	DNS

**Boys U 8 - 70 Metre Sprint**

Zone: Z 10.60 2008 Ben Kinasch, Cherrybrook			
Name	Age	Centre	Final
Section 1 Final			
1 Hall, Elliot		Northern Suburbs	11.61
2 Haycraft, Zach		Northern Suburbs	11.74
3 Smith, Noah		Ryde	11.77
4 Garland, Thomas		Nth Rocks Carlin	11.78
5 Josa, Ethan		Northern Suburbs	12.00



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 8 - 70 Metre Sprint**

6 Pragadeesh, Kanav	Cherrybrook	12.57
7 Hohmann, Oliver	Nth Rocks Carlin	13.46
8 Keene, Hiroki	Cherrybrook	14.08

**Boys U 9 - 70 Metre Sprint**

Zone: Z 10.30 2009		Ben Kinasch, Cherrybrook	
Name	Age Centre	Prelims	
Heat 1 Heats			
1 Garton, Jaxon	Northern Suburbs	12.12Q	
2 Tian, Ryan	Cherrybrook	12.51Q	
3 Fitzpatrick, Sean	Nth Rocks Carlin	12.52	
4 Baddeley, Joey	Ryde	12.78	
5 Fernando, Chenuka	Cherrybrook	13.61	
6 Ramakumaran, Adhitya	Parramatta	14.63	
7 Kulshreshtha, Adamyia	Parramatta	16.09	
Heat 2 Heats			
1 Thorat, Riyansh	Parramatta	11.60Q	
2 Jones, Brendan	Cherrybrook	11.68Q	
3 Newman, Ari	Ryde	12.14q	
4 Hazon, Darcy	Nth Rocks Carlin	12.21q	
5 Lim, Alexander	Ryde	13.52	
6 Fisk-Batho, Ben	Parramatta	13.57	
Heat 3 Heats			
1 Elder, Maximilian	Parramatta	12.15Q	
2 Wechsler, Nathan	Northern Suburbs	12.28Q	
3 Paul, Kenji	Cherrybrook	12.61	
4 Smith, Ethan	Northern Suburbs	12.69	
5 Davis, Scott	Parramatta	13.01	
-- Xie, Jacob	Cherrybrook	DNS	

**Boys U 9 - 70 Metre Sprint**

Zone: Z 10.30 2009		Ben Kinasch, Cherrybrook	
Name	Age Centre	Final	
Section 1 Final			
1 Thorat, Riyansh	Parramatta	11.23	
2 Garton, Jaxon	Northern Suburbs	11.39	
3 Elder, Maximilian	Parramatta	11.51	
4 Newman, Ari	Ryde	11.54	
5 Wechsler, Nathan	Northern Suburbs	11.59	
6 Hazon, Darcy	Nth Rocks Carlin	11.69	
-- Tian, Ryan	Cherrybrook	DNS	
-- Jones, Brendan	Cherrybrook	DNS	

**Boys U 10 - 70 Metre Sprint**

Zone: Z 9.80 2009		Lewis Clabburn, Northern Subu	
Name	Age Centre	Prelims	
Heat 1 Heats			
1 Campbell, Harrison	Cherrybrook	10.98Q	
2 El Kadi, Matthew	Nth Rocks Carlin	11.30Q	

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 10 - 70 Metre Sprint**

3 Griffiths (1), Archer	Ryde	11.39q
4 Moyo, Ethan	Ryde	11.68q
5 Connell, Kingsley	Northern Suburbs	11.72
6 Hill, Beau	Nth Rocks Carlin	12.67
7 Rendall, Hamish	Northern Suburbs	13.11
-- Nair, Roneil	Northern Suburbs	DNS
Heat 2 Heats		
1 Ko, Ezra	Northern Suburbs	11.41Q
2 Bourne, Ethan	Ryde	11.97Q
3 Megarritty, Lewis	Ryde	11.99
4 Grieve, Alexander	Northern Suburbs	12.29
5 Wong, Jonathan	Nth Rocks Carlin	13.59
-- Vinod Prabhu, Vivan	Parramatta	DNS
-- Lai, Oliver	Parramatta	DNS
Heat 3 Heats		
1 Fijan, Nicholas	Northern Suburbs	11.11Q
2 Dessanti, Marco	Ryde	11.13Q
3 Yao, Edwin	Parramatta	11.75
4 Sandeep, Sriyaansh	Parramatta	11.82
5 Chung, Kirin	Nth Rocks Carlin	11.83
6 Shanahan, Christopher	Northern Suburbs	12.43
-- Mclenaghan, Sebastian	Ryde	DNS

**Boys U 10 - 70 Metre Sprint**

=====			
Zone: Z	9.80	2009	Lewis Clabburn, Northern Subu
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Campbell, Harrison		Cherrybrook	10.79
2 Fijan, Nicholas		Northern Suburbs	11.02
3 El Kadi, Matthew		Nth Rocks Carlin	11.13
4 Griffiths (1), Archer		Ryde	11.14
5 Dessanti, Marco		Ryde	11.22
6 Ko, Ezra		Northern Suburbs	11.38
7 Moyo, Ethan		Ryde	11.42
8 Bourne, Ethan		Ryde	11.88

**Boys U 7 - 100 Metre Sprint**

=====			
Zone: Z	15.90	1999	L Thomson, Cherrybrook
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1 Parnaby, Thomas		Parramatta	19.80Q
2 Jack, Liam		Northern Suburbs	20.56Q
3 Naig, Jishnu		Nth Rocks Carlin	20.60q
4 Dawson, Lachlan		Northern Suburbs	21.63
5 Fitzpatrick, Aidan		Nth Rocks Carlin	21.75
6 Economides, Oliver		Ryde	23.75
7 Cheung, Connor		Parramatta	24.16
Heat 2 Heats			
1 Huang, Aiden		Northern Suburbs	19.57Q
2 Kingsley, Leo		Ryde	20.02Q
3 Griffiths, Hugo		Ryde	22.07

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 7 - 100 Metre Sprint**

4 Zhong, Carter	Northern Suburbs	22.23
5 Youssef, Jordan	Parramatta	23.98
6 Sandeep, Aaron	Parramatta	24.08
-- Chu, Stellan	Northern Suburbs	DNS

## Heat 3 Heats

1 Topp, Archie	Northern Suburbs	20.07Q
2 Su, JayJay	Cherrybrook	20.09Q
3 Zeng, Austin Guanbo	Cherrybrook	20.49q
4 Pellegrino, Jack	Northern Suburbs	20.92
5 Charteris, Oscar	Ryde	21.27
6 Eaton, Hugo	Northern Suburbs	21.42
7 Dadge, Timothy	Parramatta	22.98

**Boys U 7 - 100 Metre Sprint**

=====  
 Zone: Z 15.90 1999 L Thomson, Cherrybrook

Name	Age Centre	Final
===== Section 1 Final		
1 Huang, Aiden	Northern Suburbs	18.53
2 Kingsley, Leo	Ryde	18.60
3 Parnaby, Thomas	Parramatta	18.82
4 Topp, Archie	Northern Suburbs	19.14
5 Su, JayJay	Cherrybrook	19.35
6 Jack, Liam	Northern Suburbs	19.46
7 Zeng, Austin Guanbo	Cherrybrook	19.51
-- Naig, Jishnu	Nth Rocks Carlin	DNS

**Boys U 8 - 100 Metre Sprint**

=====  
 Zone: Z 15.20 2008 Ben Kinasch, Cherrybrook

Name	Age Centre	Prelims
===== Heat 1 Heats		
1 Garland, Thomas	Nth Rocks Carlin	17.38Q
2 Rann, Ryan	Cherrybrook	18.35Q
3 Perri, Joey	Parramatta	18.87
4 hu, haotian	Northern Suburbs	19.38
5 Balaji Venkatesh, Sainis	Parramatta	21.19
6 Hebert, Walter	Ryde	22.66
-- Francis, Dominic	Northern Suburbs	DNS
-- Nie, Barron	Ryde	DNS
Heat 2 Heats		
1 Hall, Elliot	Northern Suburbs	17.29Q
2 Frazier, Apollo	Ryde	18.39Q
3 Kucharski, William	Nth Rocks Carlin	18.54q
4 Dibia, Kyrie	Parramatta	19.18
5 Wang, Jerry	Ryde	19.20
6 Gower, Noah	Parramatta	22.15
-- Zhao, Nathaniel	Northern Suburbs	DNS
-- Byrne, Max	Northern Suburbs	DNS
Heat 3 Heats		
1 Passmore, Ilya	Ryde	18.25Q
2 Josa, Ethan	Northern Suburbs	18.59Q
3 Curtis, Levi	Parramatta	18.82q

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****...Boys U 8 - 100 Metre Sprint**

4 Seif, Noah	Parramatta	21.45
5 Dharmsey, Jiyansh	Cherrybrook	21.63
6 Tran, Hayden	Ryde	21.70
-- Hohmann, Oliver	Nth Rocks Carlin	DNS

**Boys U 8 - 100 Metre Sprint**

=====			
	Zone: Z 15.20	2008	Ben Kinasch, Cherrybrook
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Hall, Elliot		Northern Suburbs	16.56
2 Garland, Thomas		Nth Rocks Carlin	16.61
3 Passmore, Ilya		Ryde	17.30
4 Josa, Ethan		Northern Suburbs	17.36
5 Rann, Ryan		Cherrybrook	17.71
6 Frazier, Apollo		Ryde	17.84
7 Curtis, Levi		Parramatta	18.07
8 Kucharski, William		Nth Rocks Carlin	18.18

**Boys U 9 - 100 Metre Sprint**

=====			
	Zone: Z 14.30	2001	Alexander Pettigrew, Hornsby
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1 Hazon, Darcy		Nth Rocks Carlin	16.80Q
2 Simonian, Anthony		Ryde	16.81Q
3 Baddeley, Joey		Ryde	17.84
4 Fitzpatrick, Sean		Nth Rocks Carlin	17.86
5 Chandru Vidya, Hariharas		Parramatta	18.24
6 Moussa, Christopher		Parramatta	22.34
-- Xie, Jacob		Cherrybrook	DNS
Heat 2 Heats			
1 Garton, Jett		Northern Suburbs	15.79Q
2 Thorat, Riyansh		Parramatta	16.02Q
2 Bolla-Nozawa, Thoma		Ryde	16.02Q
4 Jones, Brendan		Cherrybrook	16.12q
5 Tian, Ryan		Cherrybrook	17.39
6 Kulshreshtha, Adamyia		Parramatta	22.93
-- Lukas (Yc), Charles		Northern Suburbs	DNS
-- Smith, Lincoln		Nth Rocks Carlin	DNS
Heat 3 Heats			
1 Venkatesh, Garvik		Nth Rocks Carlin	17.18Q
2 Mikhael, Ethan		Nth Rocks Carlin	17.26Q
3 McQuillan, Elliott		Parramatta	18.05
4 Thornton, Henry		Parramatta	18.76
5 Lim, Alexander		Ryde	18.83
6 Caunca, Jeremiah		Ryde	21.23
-- Verissimo, Santiago		Northern Suburbs	DNS
-- Smith, Ethan		Northern Suburbs	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 9 - 100 Metre Sprint**

Zone: Z 14.30 2001 Alexander Pettigrew, Hornsby			
Name	Age	Centre	Final
Section 1 Final			
1 Garton, Jett		Northern Suburbs	15.59
2 Bolla-Nozawa, Thoma		Ryde	15.67
3 Thorat, Riyansh		Parramatta	15.90
3 Jones, Brendan		Cherrybrook	15.90
5 Simonian, Anthony		Ryde	16.26
6 Hazon, Darcy		Nth Rocks Carlin	17.08
7 Venkatesh, Garvik		Nth Rocks Carlin	17.32
8 Mikhael, Ethan		Nth Rocks Carlin	17.35

**Boys U 10 - 100 Metre Sprint**

Zone: Z 13.50 2009 Lewis Clabburn, Northern Subu			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Campbell, Harrison		Cherrybrook	15.64Q
2 Baird, Liam		Northern Suburbs	15.74q
3 Nanni, James		Parramatta	16.09
3 Brill, Alastair		Cherrybrook	16.09
5 Nesovanovic, Bogdan		Ryde	17.14
6 Wong, Jonathan		Nth Rocks Carlin	19.32
7 Chua, Thomas		Ryde	19.87
Heat 2 Heats			
1 Balcombe, Matthew		Northern Suburbs	15.77Q
2 Wilkin-Smith, Henry		Northern Suburbs	15.86q
3 Dessanti, Marco		Ryde	15.93q
4 Walker, Ryan		Parramatta	16.70
5 Kohout, Daniel		Ryde	18.66
6 Yan, Tyler		Nth Rocks Carlin	18.81
7 Vinod Prabhu, Vivan		Parramatta	30.15
Heat 3 Heats			
1 Gulczynski, Archie		Cherrybrook	15.84Q
2 Perry, Aston		Northern Suburbs	16.29
3 Megarrity, Lewis		Ryde	16.76
4 Sandeep, Sriyaansh		Parramatta	17.00
5 Chung, Kirin		Nth Rocks Carlin	17.32
6 Tran, Bryan		Ryde	17.73
-- Tang, Nathan		Nth Rocks Carlin	DNS
Heat 4 Heats			
1 Scrivener, Flynn		Northern Suburbs	15.67Q
2 Nair, Roneil		Northern Suburbs	15.95q
3 Lambert, Jake		Nth Rocks Carlin	16.24
4 Mahesh, Pranay		Ryde	17.49
5 Jordan, Hugo		Cherrybrook	18.30
6 Hall, william		Nth Rocks Carlin	18.32
-- Mclenaghan, Sebastian		Ryde	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**Boys U 10 - 100 Metre Sprint**

Zone: Z 13.50 2009 Lewis Clabburn, Northern Subu			
Name	Age	Centre	Final
Section 1 Final			
1 Baird, Liam		Northern Suburbs	15.36
2 Scrivener, Flynn		Northern Suburbs	15.48
3 Campbell, Harrison		Cherrybrook	15.50
4 Dessanti, Marco		Ryde	15.61
5 Gulczynski, Archie		Cherrybrook	15.68
6 Balcombe, Matthew		Northern Suburbs	15.75
7 Wilkin-Smith, Henry		Northern Suburbs	15.83
8 Nair, Roneil		Northern Suburbs	15.96

**Boys U 11 - 100 Metre Sprint**

Zone: Z 13.40 1990 A Leon, North Rocks Carlingfo			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Williamson, Max		Ryde	15.04Q
2 Economides, Alexander		Ryde	15.38Q
3 Chong, Jeffrey		Nth Rocks Carlin	15.51q
4 Norquay, Thomas		Northern Suburbs	16.39
5 Kulkarni, Naithik		Parramatta	16.68
6 McQuillan, Aiden		Parramatta	16.89
-- Grech, Kane		Cherrybrook	DNS
-- Gyau-Awuah, Jett		Northern Suburbs	DNS
Heat 2 Heats			
1 Leivesley, Finn		Cherrybrook	14.68Q
2 Cheung YC, Enzo		Ryde	15.06Q YC 5.10a
3 Williams, Michael		Northern Suburbs	15.70q
4 Mallawa Arachchige, Ryan		Northern Suburbs	15.91
5 Johansen, Hayden		Cherrybrook	16.40
6 Tashjian, David		Ryde	16.44
7 Dixon, Hayden		Parramatta	17.63
8 Wilson, William		Parramatta	18.43
Heat 3 Heats			
1 Liyanage, Andre		Cherrybrook	15.08Q
2 Devine, Roberto		Northern Suburbs	15.12Q
3 Smith, Josiah		Nth Rocks Carlin	16.20
4 Fernando, Dhulain		Cherrybrook	16.40
5 Helou, Kiyan		Parramatta	16.93
6 Magers, Ethan		Ryde	16.97
-- Dellas, Elijah		Nth Rocks Carlin	DNS
-- Francis, Marcus		Northern Suburbs	DNS

**Boys U 11 - 100 Metre Sprint**

Zone: Z 13.40 1990 A Leon, North Rocks Carlingfo			
Name	Age	Centre	Final
Section 1 Final			
1 Leivesley, Finn		Cherrybrook	14.93
2 Williamson, Max		Ryde	15.05
3 Economides, Alexander		Ryde	15.38

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 11 - 100 Metre Sprint**

4 Devine, Roberto	Northern Suburbs	15.47
5 Cheung YC, Enzo	Ryde	15.53
6 Liyanage, Andre	Cherrybrook	15.80
7 Chong, Jeffrey	Nth Rocks Carlin	15.87
8 Williams, Michael	Northern Suburbs	16.05

**Boys U 12 - 100 Metre Sprint**

=====			
Zone: Z 12.87 12/12/2015 Jason Ho, Northern Suburbs			
Name	Age	Centre	Prelims
=====			

## Heat 1 Heats

1 Leung, Zachary	Ryde	13.54Q
2 Spencer, Jack	Ryde	13.57Q
3 Chong, Jayden	Northern Suburbs	14.73q
4 Baddeley, Louis	Ryde	14.74q
5 Halfhide, Oliver	Cherrybrook	15.43
6 Menon, Vinay	Parramatta	15.44
-- Jung, Justin	Northern Suburbs	DNS
-- Molesworth, Patrick	Nth Rocks Carlin	DNS

## Heat 2 Heats

1 Cox, Mitchell	Ryde	14.89Q
2 Le Fevre, Jack	Ryde	14.94Q
3 Hoang, Leon	Northern Suburbs	15.01
4 Lupton, John	Northern Suburbs	15.52
5 Hebert, Stanley	Ryde	15.55
6 Hill, Benji	Nth Rocks Carlin	15.60
-- Deng, Lincoln	Parramatta	DNS

## Heat 3 Heats

1 Wehbe, Joseph	Ryde	14.62Q
2 Keeping, Cohen	Nth Rocks Carlin	14.71Q
3 Gibson, Bayley	Ryde	14.96
4 Wilson, Cooper	Northern Suburbs	15.29
5 Choe, Julian	Parramatta	15.75
6 Choe, Benjamin	Parramatta	16.89
-- Li, Yijia	Nth Rocks Carlin	DNS

**Boys U 12 - 100 Metre Sprint**

=====			
Zone: Z 12.87 12/12/2015 Jason Ho, Northern Suburbs			
Name	Age	Centre	Final
=====			

## Section 1 Final

1 Spencer, Jack	Ryde	13.42
2 Leung, Zachary	Ryde	13.48
3 Keeping, Cohen	Nth Rocks Carlin	14.58
4 Baddeley, Louis	Ryde	14.65
5 Wehbe, Joseph	Ryde	14.71
6 Cox, Mitchell	Ryde	14.91
7 Le Fevre, Jack	Ryde	15.11
-- Chong, Jayden	Northern Suburbs	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 13 - 100 Metre Sprint**

=====			
Zone: Z 11.80 10/12/2016 Donovan Bradshaw, Cherrybrook			
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1	Kim, Ji Yong	Parramatta	13.56Q
2	Mataele, Malachi	Parramatta	14.39q
3	De mel, Charithu	Cherrybrook	14.51
4	Martin, Liam	Ryde	14.77
5	Kasprzak, Nixon	Nth Rocks Carlin	14.84
6	Wechsler, John	Northern Suburbs	14.94
7	Shen, Jialin	Ryde	15.51
Heat 2 Heats			
1	Mikan, James	Northern Suburbs	14.05Q
2	Fifita-Uluikavoro, Aisak	Parramatta	14.59
3	Mitchell, Xavier	Ryde	14.97
4	Wechsler, Lewis	Northern Suburbs	14.98
--	Muntean, Eli	Ryde	DNS
--	Olymbios, Leon	Ryde	DNS
Heat 3 Heats			
1	Gilchrist, Callum	Cherrybrook	13.62Q
2	Kim, Andrew	Cherrybrook	13.83q
3	Campling, Aeden	Parramatta	14.63
4	Tashjian, Mark	Ryde	15.37
5	Fleming, Mitchell	Nth Rocks Carlin	16.21
--	McMullan, Felix	Ryde	DNS
--	Williams, Conor	Northern Suburbs	DNS
Heat 4 Heats			
1	Yap, Jun min	Ryde	13.44Q
2	Song, Alexander	Nth Rocks Carlin	13.85q
3	Yip, Kingsley	Ryde	13.90q
4	Wilson, Christopher	Parramatta	14.83
5	Dynon, Sidney	Northern Suburbs	15.14
6	Gilbertson, Tyler	Ryde	15.64

**Boys U 13 - 100 Metre Sprint**

=====			
Zone: Z 11.80 10/12/2016 Donovan Bradshaw, Cherrybrook			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Yap, Jun min	Ryde	13.23
2	Kim, Ji Yong	Parramatta	13.24
3	Mikan, James	Northern Suburbs	13.51
4	Gilchrist, Callum	Cherrybrook	13.57
5	Song, Alexander	Nth Rocks Carlin	13.67
6	Kim, Andrew	Cherrybrook	13.77
7	Yip, Kingsley	Ryde	13.87
8	Mataele, Malachi	Parramatta	14.60



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 14 - 100 Metre Sprint**

Zone: Z 11.80 1999 M Roberts, Northern Suburbs			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Trinh, Owen		Ryde	12.61Q
2 Lacson, Manuel		Parramatta	12.65Q
3 Smart, Nicholas		Nth Rocks Carlin	13.71Q
4 Keeping, Hudson		Nth Rocks Carlin	14.12
5 Deng, Phoenix		Parramatta	14.32
Heat 2 Heats			
1 Leung, Cameron		Ryde	13.25Q
2 Semaan, Jacob		Parramatta	13.39Q
3 Wigham, Harry		Cherrybrook	13.61Q
4 Kastelan, Jamie		Nth Rocks Carlin	13.72q
5 Cheung, Thomas		Ryde	13.74q

**Boys U 14 - 100 Metre Sprint**

Zone: Z 11.80 1999 M Roberts, Northern Suburbs			
Name	Age	Centre	Final
Section 1 Final			
1 Lacson, Manuel		Parramatta	12.44
2 Trinh, Owen		Ryde	12.55
3 Leung, Cameron		Ryde	12.98
4 Semaan, Jacob		Parramatta	13.21
5 Cheung, Thomas		Ryde	13.28
5 Wigham, Harry		Cherrybrook	13.28
7 Kastelan, Jamie		Nth Rocks Carlin	13.56
8 Smart, Nicholas		Nth Rocks Carlin	13.81

**Boys U 15 - 100 Metre Sprint**

Zone: Z 11.40 2005 Len Pearce, Ryde			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Pereira de Jesus, Oliver		Northern Suburbs	12.80Q
2 Fijan, Alexander		Northern Suburbs	12.90Q
3 Perry, Benjamin		Nth Rocks Carlin	13.05Q
4 Cox, Daniel		Ryde	13.60
5 Runo, Thayu		Northern Suburbs	14.34
-- Kounthapanya, Calvin		Parramatta	DNS
Heat 2 Heats			
1 Aroyan, Thomas		Parramatta	12.37Q
2 Ghadiali, Kyros		Parramatta	12.45Q
3 Evans, Zak		Northern Suburbs	12.50Q
4 Fieramosca, Jesse		Northern Suburbs	12.82q
5 Lewanavanua, Ratu Viliam		Nth Rocks Carlin	12.84q

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 15 - 100 Metre Sprint**

Zone: Z 11.40 2005 Len Pearce, Ryde			
Name	Age	Centre	Final
Section 1 Final			
1 Aroyan, Thomas		Parramatta	12.09
2 Ghadiali, Kyros		Parramatta	12.14
3 Evans, Zak		Northern Suburbs	12.38
4 Fieramosca, Jesse		Northern Suburbs	12.62
4 Lewanavanua, Ratu Viliam		Nth Rocks Carlin	12.62
6 Perry, Benjamin		Nth Rocks Carlin	12.74
7 Fijan, Alexander		Northern Suburbs	12.83
8 Pereira de Jesus, Oliver		Northern Suburbs	12.90

**Boys U 17 - 100 Metre Sprint**

Zone: Z 11.00 14/12/2013 Jordan Shelley, Cherrybrook			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Woods, James		Ryde	12.06Q
2 Corne, Oliver		Parramatta	12.55Q
3 Doak, Hugo		Northern Suburbs	12.60
4 Perry, William		Nth Rocks Carlin	12.64
5 Boccaletti, Marco		Cherrybrook	13.31
-- Mcnicol, Oliver		Nth Rocks Carlin	DNS
Heat 2 Heats			
1 Chandler, Owen		Ryde	12.08Q
2 Wright, Aiden		Ryde	12.20Q
3 Wong, Lewis		Nth Rocks Carlin	12.35q
4 Mitchell, Tyler E		Parramatta	12.66
5 Abood, Zachariah		Parramatta	12.82
-- Hampton, Teddy		Cherrybrook	DNS
Heat 3 Heats			
1 Hampel, Andres		Northern Suburbs	11.99Q
2 Morrison, Llewyn		Northern Suburbs	12.38Q
3 Hennessey, Xavier		Cherrybrook	12.52q
4 Bragg, Declan		Parramatta	12.58
5 Feldman, Kennedy		Cherrybrook	12.92
-- Smith, Joshua		Ryde	DNS
-- Moala, Christopher		Ryde	DNS

**Boys U 17 - 100 Metre Sprint**

Zone: Z 11.00 14/12/2013 Jordan Shelley, Cherrybrook			
Name	Age	Centre	Final
Section 1 Final			
1 Hampel, Andres		Northern Suburbs	11.70
2 Woods, James		Ryde	11.81
3 Morrison, Llewyn		Northern Suburbs	11.82
4 Chandler, Owen		Ryde	12.04
5 Wright, Aiden		Ryde	12.05
6 Wong, Lewis		Nth Rocks Carlin	12.36
7 Hennessey, Xavier		Cherrybrook	12.46
8 Corne, Oliver		Parramatta	12.48

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 7 - 200 Metre Sprint**

Zone: Z 33.90 1989 T Harrington, North Rocks Car			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Blanco, Felix		Northern Suburbs	40.90Q
2 Su, JayJay		Cherrybrook	43.87Q
3 Hinton, Joe		Nth Rocks Carlin	51.67
-- Parnaby, Thomas		Parramatta	DNS
-- Barbour, Nikolai		Parramatta	DNS
-- Charteris, Oscar		Ryde	DNS
Heat 2 Heats			
1 Price, Jeremy		Northern Suburbs	44.09Q
2 Kakadiya, Nevish		Parramatta	46.52Q
3 Wang, Archer		Ryde	52.09
-- Cummings, Nick		Nth Rocks Carlin	DNS
-- Dawson, Lachlan		Northern Suburbs	DNS
-- Moore, Oliver		Ryde	DNS
Heat 3 Heats			
1 Rathod, Yansh		Parramatta	40.57Q
2 Cox, Darcy		Ryde	41.49Q
3 Zeng, Austin Guanbo		Cherrybrook	44.11q
4 Perez Garcia, Michael An		Parramatta	48.44q
5 Economides, Oliver		Ryde	49.03
-- Naig, Jishnu		Nth Rocks Carlin	DNS

**Boys U 7 - 200 Metre Sprint**

Zone: Z 33.90 1989 T Harrington, North Rocks Car			
Name	Age	Centre	Final
Section 1 Final			
1 Rathod, Yansh		Parramatta	39.29
2 Blanco, Felix		Northern Suburbs	40.25
3 Cox, Darcy		Ryde	41.30
4 Zeng, Austin Guanbo		Cherrybrook	41.72
5 Su, JayJay		Cherrybrook	42.61
6 Price, Jeremy		Northern Suburbs	45.00
7 Kakadiya, Nevish		Parramatta	45.34
-- Perez Garcia, Michael An		Parramatta	DNS

**Boys U 8 - 200 Metre Sprint**

Zone: Z 31.00 2000 Alexander Pettigrew, Hornsby			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Hall, Elliot		Northern Suburbs	35.89Q
2 Rann, Ryan		Cherrybrook	36.78Q
3 Josa, Ethan		Northern Suburbs	39.59q
4 Bakla, Mason		Ryde	40.91
5 Keene, Hiroki		Cherrybrook	43.79
6 Hohmann, Oliver		Nth Rocks Carlin	44.07
Heat 2 Heats			
1 Byrne, Max		Northern Suburbs	36.85Q
2 Kucharski, William		Nth Rocks Carlin	38.86Q

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 8 - 200 Metre Sprint**

3 Perri, Joey	Parramatta	38.88q
4 Wang, Jerry	Ryde	40.69
5 Sido, Kabir	Northern Suburbs	41.19
6 Giang, Sebastian	Cherrybrook	42.23

## Heat 3 Heats

1 Haycraft, Zach	Northern Suburbs	39.78Q
2 hu, haotian	Northern Suburbs	40.83Q
3 Kudupudi, Shrihaan	Parramatta	41.35
4 Dibia, Kyrie	Parramatta	41.39
5 Pragadeesh, Kanav	Cherrybrook	44.39
6 Yeow, Sebastian	Ryde	47.98

**Boys U 8 - 200 Metre Sprint**

=====			
	Zone: Z 31.00	2000	Alexander Pettigrew, Hornsby
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Hall, Elliot		Northern Suburbs	35.31
2 Byrne, Max		Northern Suburbs	35.84
3 Rann, Ryan		Cherrybrook	36.71
4 Haycraft, Zach		Northern Suburbs	36.80
5 Josa, Ethan		Northern Suburbs	37.04
6 Kucharski, William		Nth Rocks Carlin	39.28
7 Perri, Joey		Parramatta	40.05
8 hu, haotian		Northern Suburbs	40.61

**Boys U 9 - 200 Metre Sprint**

=====			
	Zone: Z 29.80	2001	Alexander Pettigrew, Hornsby
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1 Wechsler, Nathan		Northern Suburbs	35.52Q
2 Venkatesh, Garvik		Nth Rocks Carlin	36.60Q
3 Thornton, Henry		Parramatta	37.64
-- Longley, Edward		Northern Suburbs	DNS
-- Ramakumaran, Adhitya		Parramatta	DNS
-- Satheesh, Atharva		Cherrybrook	DNS
Heat 2 Heats			
1 Lau, Andrew Edrick		Northern Suburbs	36.36Q
2 Paul, Kenji		Cherrybrook	36.99Q
3 Saber, Nicholas		Northern Suburbs	37.95
4 Chandru Vidya, Hariharas		Parramatta	39.69
5 Mittal, Saatvik		Parramatta	42.22
-- Kerr, Elliott		Parramatta	DNS
Heat 3 Heats			
1 Jones, Brendan		Cherrybrook	33.47Q
2 Thorat, Riyansh		Parramatta	33.94Q
3 Smart, Daniel		Nth Rocks Carlin	34.02q
4 Lukas (Yc), Charles		Northern Suburbs	34.82q
5 Mikhael, Ethan		Nth Rocks Carlin	35.86
6 Fernando, Chenuka		Cherrybrook	41.71

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 9 - 200 Metre Sprint**

Zone: Z 29.80 2001 Alexander Pettigrew, Hornsby			
Name	Age	Centre	Final
Section 1 Final			
1 Jones, Brendan		Cherrybrook	33.23
2 Smart, Daniel		Nth Rocks Carlin	33.69
3 Thorat, Riyansh		Parramatta	34.00
4 Lukas (Yc), Charles		Northern Suburbs	34.21
5 Lau, Andrew Edrick		Northern Suburbs	35.04
6 Wechsler, Nathan		Northern Suburbs	35.29
7 Venkatesh, Garvik		Nth Rocks Carlin	35.90
8 Paul, Kenji		Cherrybrook	36.57

**Boys U 10 - 200 Metre Sprint**

Zone: Z 28.10 2002 Alexander Pettigrew, Parramat			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Scrivener, Flynn		Northern Suburbs	32.53Q
2 Gulczynski, Archie		Cherrybrook	33.21Q
3 Walker, Ryan		Parramatta	35.61
4 Ko, Ezra		Northern Suburbs	36.14
5 Muthuri, Rio		Ryde	37.29
-- Magers, Isaac		Ryde	DNS
-- Tang, Nathan		Nth Rocks Carlin	DNS
-- Song, Kevin		Nth Rocks Carlin	DNS
Heat 2 Heats			
1 Curley, Dara		Ryde	30.69Q
2 Campbell, Harrison		Cherrybrook	31.32Q
3 Lambert, Jake		Nth Rocks Carlin	32.40q
4 Robertson, Angus		Northern Suburbs	34.19
5 Sandeep, Sriyaansh		Parramatta	35.19
-- Mclenaghan, Sebastian		Ryde	DNS
-- Nair, Roneil		Northern Suburbs	DNS
-- Hall, william		Nth Rocks Carlin	DNS
Heat 3 Heats			
1 Wilkin-Smith, Henry		Northern Suburbs	31.44Q
2 Baird, Liam		Northern Suburbs	32.23Q
3 Dessanti, Marco		Ryde	33.14q
4 Bennett, Harrison		Ryde	33.39
5 Jordan, Hugo		Cherrybrook	37.58
6 Yan, Tyler		Nth Rocks Carlin	37.95
-- Bourne, Ethan		Ryde	DNS
-- Thornton, Jack		Northern Suburbs	DNS

**Boys U 10 - 200 Metre Sprint**

Zone: Z 28.10 2002 Alexander Pettigrew, Parramat			
Name	Age	Centre	Final
Section 1 Final			
1 Curley, Dara		Ryde	29.63
2 Scrivener, Flynn		Northern Suburbs	30.55
3 Lambert, Jake		Nth Rocks Carlin	30.67

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 10 - 200 Metre Sprint**

4 Campbell, Harrison	Cherrybrook	30.75
5 Wilkin-Smith, Henry	Northern Suburbs	30.79
6 Gulczynski, Archie	Cherrybrook	31.81
6 Baird, Liam	Northern Suburbs	31.81
8 Dessanti, Marco	Ryde	32.30

**Boys U 11 - 200 Metre Sprint**

=====			
	Zone: Z 27.90	2008	Alex Nguyen-Ha, Cherrybrook
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1 Devine, Roberto		Northern Suburbs	31.03Q
2 Johnson, Riley		Nth Rocks Carlin	32.23Q
3 Vercoe, Lachlan		Cherrybrook	33.14q
4 Mallawa Arachchige, Ryan		Northern Suburbs	33.89
5 Li, Jinbo		Ryde	34.33
6 Wilson, William		Parramatta	39.32
-- Kulkarni, Naithik		Parramatta	DNS
Heat 2 Heats			
1 Radzim, Zachary		Northern Suburbs	32.37Q
-- Tashjian, David		Ryde	DNS
-- Lam, Sebastian		Nth Rocks Carlin	DNS
-- Magers, Ethan		Ryde	DNS
-- Balaji, Dhasarat		Parramatta	DNS
-- Connolly, Joshua		Northern Suburbs	DNS
Heat 3 Heats			
1 Leivesley, Finn		Cherrybrook	30.17Q
2 Cheung YC, Enzo		Ryde	30.87Q
3 Economides, Alexander		Ryde	31.18q
4 Williams, Michael		Northern Suburbs	32.08q
5 Norquay, Thomas		Northern Suburbs	33.69
6 Hewitt, Ayden		Nth Rocks Carlin	34.37
7 Helou, Kiyan		Parramatta	37.46

**Boys U 11 - 200 Metre Sprint**

=====			
	Zone: Z 27.90	2008	Alex Nguyen-Ha, Cherrybrook
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Leivesley, Finn		Cherrybrook	29.92
2 Devine, Roberto		Northern Suburbs	30.82
3 Cheung YC, Enzo		Ryde	31.09
4 Economides, Alexander		Ryde	31.61
5 Johnson, Riley		Nth Rocks Carlin	31.93
6 Vercoe, Lachlan		Cherrybrook	32.03
7 Radzim, Zachary		Northern Suburbs	32.15
8 Williams, Michael		Northern Suburbs	32.17

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 12 - 200 Metre Sprint**

Zone: Z 26.80 2000 T Bateman, Hornsby District			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Steel, Liam		Cherrybrook	28.77Q
2 Wehbe, Joseph		Ryde	29.86Q
3 Le Fevre, Jack		Ryde	29.95q
4 Hoang, Leon		Northern Suburbs	30.86
5 Brewer, Tom		Northern Suburbs	32.21
-- Choe, Julian		Parramatta	DNS
-- Choe, Benjamin		Parramatta	DNS
Heat 2 Heats			
1 Leung, Zachary		Ryde	28.49Q
2 Spencer, Jack		Ryde	29.83Q
3 Cox, Mitchell		Ryde	30.87
4 Akbarzadeh, Aiden		Nth Rocks Carlin	34.04
-- Aiken, Jackson		Parramatta	DNS
-- Deng, Lincoln		Parramatta	DNS
-- Li, Yijia		Nth Rocks Carlin	DNS
Heat 3 Heats			
1 Keeping, Cohen		Nth Rocks Carlin	29.47Q
2 Gibson, Bayley		Ryde	30.13Q
3 Baddeley, Louis		Ryde	30.25q
4 Oppedisano, Raffael		Ryde	30.91
-- Hudson, Nicholas		Northern Suburbs	DNS
-- Jung, Justin		Northern Suburbs	DNS
-- Halfhide, Oliver		Cherrybrook	DNS

**Boys U 12 - 200 Metre Sprint**

Zone: Z 26.80 2000 T Bateman, Hornsby District			
Name	Age	Centre	Final
Section 1 Final			
1 Spencer, Jack		Ryde	27.14
2 Leung, Zachary		Ryde	28.06
3 Steel, Liam		Cherrybrook	28.36
4 Keeping, Cohen		Nth Rocks Carlin	29.77
5 Le Fevre, Jack		Ryde	30.37
6 Gibson, Bayley		Ryde	30.47
7 Wehbe, Joseph		Ryde	30.48
8 Baddeley, Louis		Ryde	30.86

**Boys U 13 - 200 Metre Sprint**

Zone: Z 24.17 11/12/2016 Donovan Bradshaw, Cherrybrook			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 De mel, Charithu		Cherrybrook	29.20Q
2 Sharma, Rohan		Cherrybrook	29.87
3 Gilbertson, Tyler		Ryde	31.65
4 Shen, Jialin		Ryde	32.11
-- Wang, Felix		Nth Rocks Carlin	DNS
-- Fifita-Uluikavoro, Aisak		Parramatta	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 13 - 200 Metre Sprint**

## Heat 2 Heats

1 Kim, Andrew	Cherrybrook	28.71Q
2 Mitchell, Xavier	Ryde	29.14q
3 Martin, Liam	Ryde	30.03
4 Bharati, Aryan	Cherrybrook	32.16
-- Mataele, Malachi	Parramatta	DNS
-- Williams, Conor	Northern Suburbs	DNS
-- Tashjian, Mark	Ryde	DNS

## Heat 3 Heats

1 Yap, Jun min	Ryde	27.52Q
2 Kim, Ji Yong	Parramatta	27.81q
3 Yip, Kingsley	Ryde	28.24q
4 Kasprzak, Nixon	Nth Rocks Carlin	30.25
5 Dynon, Sidney	Northern Suburbs	32.40
-- Kwok, James	Cherrybrook	DNS

## Heat 4 Heats

1 Gilchrist, Callum	Cherrybrook	27.94Q
2 Eaton, Thomas	Northern Suburbs	28.75q
3 Wilson, Christopher	Parramatta	29.65
4 Wechsler, Lewis	Northern Suburbs	30.81
5 Wechsler, John	Northern Suburbs	32.40
6 Inman, Lachlan	Ryde	32.83
-- McMullan, Felix	Ryde	DNS

**Boys U 13 - 200 Metre Sprint**

=====  
 Zone: Z 24.17 11/12/2016 Donovan Bradshaw, Cherrybrook

Name Age Centre Final

=====

## Section 1 Final

1 Gilchrist, Callum	Cherrybrook	26.85
2 Yap, Jun min	Ryde	26.96
3 Kim, Andrew	Cherrybrook	27.17
4 Kim, Ji Yong	Parramatta	27.21
5 Yip, Kingsley	Ryde	28.32
6 De mel, Charithu	Cherrybrook	29.33
7 Eaton, Thomas	Northern Suburbs	29.47
8 Mitchell, Xavier	Ryde	30.37

**Boys U 14 - 200 Metre Sprint**

=====  
 Zone: Z 24.00 2007 Ben Jaworski, Cherrybrook

Name Age Centre Prelims

=====

## Heat 1 Heats

1 Trinh, Owen	Ryde	25.68Q
2 Leung, Cameron	Ryde	26.28Q
3 Semaan, Jacob	Parramatta	27.07Q
4 Kastelan, Jamie	Nth Rocks Carlin	27.21q
5 Keeping, Hudson	Nth Rocks Carlin	28.32
-- Deng, Phoenix	Parramatta	DNS

## Heat 2 Heats

1 Lacson, Manuel	Parramatta	26.68Q
2 Wigham, Harry	Cherrybrook	27.35Q
3 Smart, Nicholas	Nth Rocks Carlin	27.46Q



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 14 - 200 Metre Sprint**

4 Cheung, Thomas	Ryde	28.11q
5 Austin, Ronan	Northern Suburbs	32.76

**Boys U 14 - 200 Metre Sprint**

=====			
	Zone: Z 24.00	2007	Ben Jaworski, Cherrybrook
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Trinh, Owen		Ryde	24.85
2 Leung, Cameron		Ryde	25.55
3 Iacson, Manuel		Parramatta	25.83
4 Wigham, Harry		Cherrybrook	26.41
5 Semaan, Jacob		Parramatta	26.69
6 Cheung, Thomas		Ryde	26.93
7 Kastelan, Jamie		Nth Rocks Carlin	27.01
8 Smart, Nicholas		Nth Rocks Carlin	27.17

**Boys U 15 - 200 Metre Sprint**

=====			
	Zone: Z 23.44	2012	Jordan Shelley, Cherrybrook
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1 Aroyan, Thomas		Parramatta	24.44Q
2 Fijan, Alexander		Northern Suburbs	25.75Q
3 Cox, Daniel		Ryde	28.15Q
4 Redhead, Ryan		Cherrybrook	33.95
-- Kounthapanya, Calvin		Parramatta	DNS
Heat 2 Heats			
1 Ghadiali, Kyros		Parramatta	24.89Q
2 Hahlos, Calan		Ryde	25.15Q
3 Perry, Benjamin		Nth Rocks Carlin	25.45Q
4 Pereira de Jesus, Oliver		Northern Suburbs	25.61q
5 Runo, Thayu		Northern Suburbs	29.94q

**Boys U 15 - 200 Metre Sprint**

=====			
	Zone: Z 23.44	2012	Jordan Shelley, Cherrybrook
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Aroyan, Thomas		Parramatta	23.90
2 Ghadiali, Kyros		Parramatta	24.63
3 Hahlos, Calan		Ryde	24.72
4 Fijan, Alexander		Northern Suburbs	25.37
5 Perry, Benjamin		Nth Rocks Carlin	25.45
6 Pereira de Jesus, Oliver		Northern Suburbs	26.38
7 Runo, Thayu		Northern Suburbs	29.91
-- Cox, Daniel		Ryde	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 17 - 200 Metre Sprint**

Zone: Z 22.28 15/12/2013 Jordan Shelley, Cherrybrook			
Name	Age	Centre	Prelims

## Heat 1 Heats

1 Woods, James		Ryde	24.07Q
2 Wong, Lewis		Nth Rocks Carlin	24.86Q
3 Smith, Joshua		Ryde	25.15Q
4 Corne, Oliver		Parramatta	25.59q
5 Perry, William		Nth Rocks Carlin	26.16
-- Morrison, Llewyn		Northern Suburbs	DNS
-- Hennessey, Xavier		Cherrybrook	DNS
-- Feldman, Kennedy		Cherrybrook	DNS

## Heat 2 Heats

1 Wright, Aiden		Ryde	24.43Q
2 Hampel, Andres		Northern Suburbs	24.45Q
3 Mitchell, Tyler E		Parramatta	25.09Q
4 Waldron, Lachlan		Nth Rocks Carlin	25.77q
-- Boccaletti, Marco		Cherrybrook	DNS
-- Chopra, Shaurya		Cherrybrook	DNS
-- Doak, Hugo		Northern Suburbs	DNS

**Boys U 17 - 200 Metre Sprint**

Zone: Z 22.28 15/12/2013 Jordan Shelley, Cherrybrook			
Name	Age	Centre	Final

## Section 1 Final

1 Woods, James		Ryde	23.19
2 Wright, Aiden		Ryde	23.32
3 Hampel, Andres		Northern Suburbs	23.70
4 Smith, Joshua		Ryde	24.71
5 Wong, Lewis		Nth Rocks Carlin	25.12
6 Mitchell, Tyler E		Parramatta	25.21
7 Corne, Oliver		Parramatta	25.39
8 Waldron, Lachlan		Nth Rocks Carlin	25.60

**Boys U 9 - 400 Metre Sprint**

Zone: Z 1:10.50 2010 Riley Leverett, North Rocks			
Name	Age	Centre	Final

## Section 1

1 Chandru Vidya, Hariharas		Parramatta	1:31.69
2 Caunca, Jeremiah		Ryde	1:37.45
3 Mittal, Saatvik		Parramatta	1:38.67
-- Satheesh, Atharva		Cherrybrook	DNS
-- Ramakumaran, Adhitya		Parramatta	DNS

## Section 2

1 McQuillan, Elliott		Parramatta	1:21.77
2 Longley, Edward		Northern Suburbs	1:24.62
3 Kendall, Jenson		Nth Rocks Carlin	1:27.92
4 Thornton, Henry		Parramatta	1:28.64
5 Baddeley, Joey		Ryde	1:29.62
6 Jonas, Daniel		Nth Rocks Carlin	1:33.19
-- Lim, Alexander		Ryde	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 9 - 400 Metre Sprint**

## Section 3

1	Bolla-Nozawa, Thoma	Ryde	1:14.13
2	Wirianata, Flynn	Nth Rocks Carlin	1:18.54
3	Mikhael, Ethan	Nth Rocks Carlin	1:20.84
4	Alexander, Elliott	Ryde	1:26.49
5	Venkatesh, Garvik	Nth Rocks Carlin	1:28.79
6	Davis, Scott	Parramatta	1:29.02
7	Saber, Nicholas	Northern Suburbs	1:29.33

**Boys U 10 - 400 Metre Sprint**

=====			
	Zone: Z 1:06.50	2002	Alexander Pettigrew, Parram
Name	Age	Centre	Final
=====			

## Section 1

1	Shanahan, Christopher	Northern Suburbs	1:30.52
2	Chua, Thomas	Ryde	1:41.20
--	Magers, Isaac	Ryde	DNS
--	Fung, Kayden	Parramatta	DNS
--	Mclenaghan, Sebastian	Ryde	DNS
--	Vinod Prabhu, Vivan	Parramatta	DNS

## Section 2

1	Hill, Beau	Nth Rocks Carlin	1:25.54
2	Hall, william	Nth Rocks Carlin	1:26.79
3	Trinidad, Joshua	Parramatta	1:28.15
4	Mahesh, Pranay	Ryde	1:29.77
5	Chahal, Saacha	Nth Rocks Carlin	1:30.76
--	Walker, Ryan	Parramatta	DNS
--	Tang, Nathan	Nth Rocks Carlin	DNS

## Section 3

1	Gulczynski, Archie	Cherrybrook	1:14.95
2	Loudon, Joshua	Nth Rocks Carlin	1:19.58
3	Muthuri, Rio	Ryde	1:20.09
4	Rendall, Hamish	Northern Suburbs	1:20.39
5	Rantall, Mason	Northern Suburbs	1:20.51
6	Robertson, Angus	Northern Suburbs	1:20.64
7	Jordan, Hugo	Cherrybrook	1:25.42
--	Thornton, Jack	Northern Suburbs	DNS

## Section 4

1	Balcombe, Matthew	Northern Suburbs	1:10.16
2	Wilkin-Smith, Henry	Northern Suburbs	1:11.72
3	Bennett, Harrison	Ryde	1:16.72
4	Song, Ryan	Nth Rocks Carlin	1:17.01
5	Brill, Alastair	Cherrybrook	1:19.22
6	Holl, Ashton	Ryde	1:19.39
7	Shehadie, Jaidyn	Parramatta	1:23.13
--	Curley, Dara	Ryde	DNS

**Boys U 11 - 400 Metre Sprint**

=====			
	Zone: Z 1:01.20	2003	Alexander Pettigrew, Parram
Name	Age	Centre	Final
=====			

## Section 1

1	Magers, Ethan	Ryde	1:20.52
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**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Boys U 11 - 400 Metre Sprint**

2	Norquay, Thomas	Northern Suburbs	1:21.19
3	McQuillan, Aiden	Parramatta	1:22.22
4	Lam, Sebastian	Nth Rocks Carlin	1:22.99
5	Longley, William	Northern Suburbs	1:29.83
--	Francis, Marcus	Northern Suburbs	DNS
--	Johansen, Hayden	Cherrybrook	DNS

Section 2

1	Moody, Sam	Northern Suburbs	1:12.61
2	Johnson, Riley	Nth Rocks Carlin	1:13.22
3	Ryan, Ethan	Parramatta	1:16.42
4	Williams, Michael	Northern Suburbs	1:16.93
5	Vercoe, Lachlan	Cherrybrook	1:17.22
6	Fratini, Oliver	Northern Suburbs	1:18.90
7	Moir, Kaiden	Nth Rocks Carlin	1:19.75

**Boys U 12 - 400 Metre Sprint**

=====  
 Zone: Z 59.30 2004 Alexander Pettigrew, Parramat  
 Name Age Centre Final  
 =====

Section 1

1	Brewer, Tom	Northern Suburbs	1:15.26
2	Akbarzadeh, Aiden	Nth Rocks Carlin	1:15.75
3	Baddeley, Louis	Ryde	1:16.03
4	Yan, Tristan	Nth Rocks Carlin	1:20.31
5	Trinidad, Isaac	Parramatta	1:20.52
6	Sankaran, Tejas	Nth Rocks Carlin	1:23.04
7	Thushyanthan, Swarthik	Parramatta	1:27.71
--	Cholamukhath, Mian Fizaa	Ryde	DNS

Section 2

1	Grieve, Henry	Northern Suburbs	1:12.22
2	Perkins, Dexter	Cherrybrook	1:13.06
3	Lupton, John	Northern Suburbs	1:13.46
4	Williams, Bailey	Nth Rocks Carlin	1:15.26
5	Bolt, Lucas	Ryde	1:16.27
6	Cox, Oliver	Cherrybrook	1:17.52
--	Deng, Lincoln	Parramatta	DNS
--	Wehbe, Joseph	Ryde	DNS

Section 3

1	Kidd, Lachlan	Cherrybrook	1:04.38
2	Brivulis, John	Northern Suburbs	1:06.58
3	Le Fevre, Jack	Ryde	1:08.74
4	Halfhide, Oliver	Cherrybrook	1:10.99
5	Menon, Vinay	Parramatta	1:12.89
6	Lukas, Andrew	Northern Suburbs	1:13.02
7	Oppedisano, Raffael	Ryde	1:13.34
--	Keeping, Cohen	Nth Rocks Carlin	DNS

**Boys U 13 - 400 Metre Sprint**

=====  
 Zone: Z 57.88 10/12/2016 Donovan Bradshaw, Cherrybrook  
 Name Age Centre Final  
 =====

Section 1

1	Sharma, Rohan	Cherrybrook	1:09.49
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**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 13 - 400 Metre Sprint**

2	Stewart, Ruaidhri	Ryde	1:15.57
3	Shen, Jialin	Ryde	1:16.56
4	Wechsler, Lewis	Northern Suburbs	1:19.29
5	Dynon, Sidney	Northern Suburbs	1:21.87
--	Tashjian, Mark	Ryde	DNS

## Section 2

1	Kim, Andrew	Cherrybrook	1:05.00
2	Mitchell, Xavier	Ryde	1:10.04
3	Wilson, Christopher	Parramatta	1:11.42
4	Inman, Lachlan	Ryde	1:14.50
--	Kwok, James	Cherrybrook	DNS
--	Wechsler, John	Northern Suburbs	DNS

## Section 3

1	Eaton, Thomas	Northern Suburbs	1:03.37
2	De mel, Charithu	Cherrybrook	1:05.12
3	Bowrey, Benjamin	Parramatta	1:07.89
4	Trigwell, Dominic	Ryde	1:16.93
--	Kim, Brian	Nth Rocks Carlin	DNS
--	Yap, Jun min	Ryde	DNS

**Boys U 14 - 400 Metre Sprint**

=====			
Zone: Z 54.80 2007		Kyle Plant, Parramatta	
Name	Age	Centre	Final
=====			

## Section 1

1	Kastelan, Jamie	Nth Rocks Carlin	1:03.38
2	Chandler, Rhys	Ryde	1:05.02
3	Beer, Harry	Ryde	1:05.99
4	Whiteley, Christopher	Cherrybrook	1:06.77
5	Bennett, Jonathon	Ryde	1:08.52
6	Deng, Phoenix	Parramatta	1:11.26

**Boys U 15 - 400 Metre Sprint**

=====			
Zone: Z 53.20 1990		J Robinson, Parramatta	
Name	Age	Centre	Final
=====			

1	Aroyan, Thomas	Parramatta	55.21
2	Hahlos, Calan	Ryde	56.96
3	Runo, Thayu	Northern Suburbs	1:07.44
4	Waqabaca, Tomasi	Nth Rocks Carlin	1:10.24

## Section 2

1	Shipman, Matteo	Northern Suburbs	58.19
2	Pereira de Jesus, Oliver	Northern Suburbs	1:02.27
3	Fijan, Alexander	Northern Suburbs	1:05.03
4	La Vinh, Aiden	Nth Rocks Carlin	1:09.46
--	Moscov, Luke	Ryde	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 17 - 400 Metre Sprint**

Zone: Z 51.48 14/12/2013 Alex Moore, Cherrybrook			
Name	Age Centre		Final
Section 1			
1 Robb-Jackson, Cooper	Parramatta		1:00.59
2 Chopra, Shaurya	Cherrybrook		1:02.99
-- Renshaw, Liam	Northern Suburbs		DNS
-- Smith, Joshua	Ryde		DNS
-- Waldron, Lachlan	Nth Rocks Carlin		DNS
Section 2			
1 Woods, James	Ryde		54.12
2 Low, Lucas	Ryde		55.61
3 Corne, Oliver	Parramatta		56.75
4 Abood, Zachariah	Parramatta		57.20
5 Bragg, Declan	Parramatta		59.65
-- Burton, Cody	Nth Rocks Carlin		DNS

**Boys U 8 - 400 Metre Run Pack Start**

Zone: Z 1:21.76 02/12/2023 Joshua Ekers, Ryde			
Name	Age Centre		Final
Section 1			
1 Smith, Noah	Ryde		1:23.04
2 Sat, Ivri	Ryde		1:30.37
3 Passmore, Ilya	Ryde		1:31.20
4 Hilgendorf, Tomas	Cherrybrook		1:31.89
5 Deepak, Aaren	Nth Rocks Carlin		1:36.44
6 Sido, Kabir	Northern Suburbs		1:42.10
7 Curtis, Levi	Parramatta		1:44.79
8 Dharmsey, Jiyansh	Cherrybrook		2:13.34
-- Francis, Dominic	Northern Suburbs		DNS
Section 2			
1 Ekers, Joshua	Ryde		1:21.76Z
2 Moody, Tom	Northern Suburbs		1:25.77
3 Hall, Elliot	Northern Suburbs		1:28.47
4 Rann, Ryan	Cherrybrook		1:29.73
5 Chahal, Jaiden	Nth Rocks Carlin		1:35.99
6 Kucharski, William	Nth Rocks Carlin		1:54.37
7 Balaji Venkatesh, Sainis	Parramatta		1:58.83
-- Harizanov, Christopher	Ryde		DNS
-- Seif, Noah	Parramatta		DNS

**Boys U 7 - 500 Metre Run Pack Start**

Zone: Z 1:39.40 2006 Rory Barkley, Northern Subu			
Name	Age Centre		Final
Section 1			
1 Blanco, Felix	Northern Suburbs		2:00.82
2 Cox, Darcy	Ryde		2:04.89
3 Nicol, Ollie	Ryde		2:09.16
4 Moore, Oliver	Ryde		2:12.16
5 Dawson, Lachlan	Northern Suburbs		2:13.91
6 Lee, Raikkonen	Northern Suburbs		2:19.02

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 7 - 500 Metre Run Pack Start**

7	Sido, Ronak	Northern Suburbs	2:29.93
8	Hinton, Joe	Nth Rocks Carlin	2:32.53
9	Ng, Xavier	Northern Suburbs	2:37.37
10	Dadge, Timothy	Parramatta	2:37.83
11	Wang, Archer	Ryde	2:39.05
--	Cummings, Nick	Nth Rocks Carlin	DNS
--	O'Hearn, Cooper	Nth Rocks Carlin	DNS

**Boys U 8 - 700 Metre Run Pack Start**

=====			
Zone: Z 2:14.30		2000	Alexander Pettigrew, Hornsb
Name	Age	Centre	Final
=====			
1	Moody, Tom	Northern Suburbs	2:33.28
2	Ekers, Joshua	Ryde	2:35.63
3	Sido, Kabir	Northern Suburbs	2:59.01
4	Chahal, Jaiden	Nth Rocks Carlin	3:04.85
5	Cellacay, Gavin	Ryde	3:07.08
6	Ng Chok, Archer	Parramatta	3:11.06
7	Yeldham, Patrick	Northern Suburbs	3:11.94
8	Pragadeesh, Kanav	Cherrybrook	3:25.41
9	Vummenthala, Suhaan Redd	Parramatta	4:04.88
--	Harizanov, Christopher	Ryde	DNS
--	Hilgendorf, Tomas	Cherrybrook	DNS

**Boys U 9 - 800 Metre Run**

=====				
Zone: Z 2:37.73		10/12/2017	Benjamin Woodhouse, Nth Roc	
Name	Age	Centre	Final	
=====				
1	Newman, Ari	Ryde	2:55.17	
2	Trigwell, Marcus	Ryde	2:59.40	
3	Lukas (Yc), Charles	Northern Suburbs	3:00.64	YC 5.10a
4	Wirianata, Flynn	Nth Rocks Carlin	3:01.08	
5	Lau, Andrew Edrick	Northern Suburbs	3:05.96	
6	McQuillan, Elliott	Parramatta	3:06.41	
7	Venkatesh, Garvik	Nth Rocks Carlin	3:10.17	
8	Tabrett, Tyler	Cherrybrook	3:10.40	
9	Mikhael, Ethan	Nth Rocks Carlin	3:13.59	
10	Thornton, Henry	Parramatta	3:16.41	
11	Saber, Nicholas	Northern Suburbs	3:20.14	
12	Longley, Edward	Northern Suburbs	3:25.84	
13	Lim, Alexander	Ryde	3:29.66	
14	Jonas, Daniel	Nth Rocks Carlin	3:35.64	
15	Ramakumaran, Adhitya	Parramatta	3:40.06	
16	Fisk-Batho, Ben	Parramatta	3:42.79	
Section 2				
1	Smart, Daniel	Nth Rocks Carlin	2:57.33	
2	Davis, Scott	Parramatta	3:15.30	
3	Kendall, Jenson	Nth Rocks Carlin	3:22.96	
--	Satheesh, Atharva	Cherrybrook	DNS	

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 10 - 800 Metre Run**

=====			
	Zone: Z 2:27.70	2002	Alexander Pettigrew, Parram
Name	Age	Centre	Final
=====			
Section 1			
1 Balcombe, Matthew		Northern Suburbs	2:40.18
2 Bennett, Harrison		Ryde	2:56.27
3 Muthuri, Rio		Ryde	2:58.42
4 Shehadie, Jaidyn		Parramatta	2:59.79
5 Brill, Alastair		Cherrybrook	3:01.81
6 Gulczynski, Archie		Cherrybrook	3:02.57
7 Jordan, Hugo		Cherrybrook	3:06.81
8 Tang, Nathan		Nth Rocks Carlin	3:07.47
-- Rantall, Mason		Northern Suburbs	DNS
-- Lin, Dylan		Nth Rocks Carlin	DNS
Section 2			
1 Dagg, Morgan		Cherrybrook	2:49.02
2 Holl, Ashton		Ryde	2:53.60
3 Song, Ryan		Nth Rocks Carlin	3:01.47
4 Rendall, Hamish		Northern Suburbs	3:02.63
5 Loudon, Joshua		Nth Rocks Carlin	3:07.52
6 Hall, william		Nth Rocks Carlin	3:22.94
7 Griffiths (2), Archer		Ryde	3:39.50
8 Qu, William		Ryde	3:40.23
-- Kohout, Daniel		Ryde	DNS
-- Vinod Prabhu, Vivan		Parramatta	DNS
-- Thornton, Jack		Northern Suburbs	DNS

**Boys U 11 - 800 Metre Run**

=====			
	Zone: Z 2:22.30	2003	Alexander Pettigrew, Parram
Name	Age	Centre	Final
=====			
Section 1			
1 Cox-Gallagher, Flynn		Ryde	2:46.18
2 Fratini, Oliver		Northern Suburbs	2:51.84
3 Giffin, Hugh		Cherrybrook	2:53.79
4 Ryan, Ethan		Parramatta	2:57.94
5 Fajardo, Cristian		Northern Suburbs	2:58.75
6 Pohio, Tama		Northern Suburbs	3:00.21
7 Karzelek, Jacek		Parramatta	3:21.99
8 Lopez, Noah		Northern Suburbs	3:23.80
-- Balaji, Dhasarat		Parramatta	DNS
-- Grech, Kane		Cherrybrook	DNS
Section 2			
1 Moody, Sam		Northern Suburbs	2:42.96
2 Caldwell, Louis		Ryde	2:48.36
3 Reville, Liam		Northern Suburbs	2:53.60
4 Moir, Kaiden		Nth Rocks Carlin	2:56.01
5 Connolly, Joshua		Northern Suburbs	3:04.13
6 Stewart, John		Ryde	3:10.49
7 Li, Jinbo		Ryde	3:20.14
8 West, Samuel		Cherrybrook	3:30.35
-- Scuglia, Alexander		Ryde	DNS



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 12 - 800 Metre Run**

Zone: Z 2:15.30 2004 Alexander Pettigrew, Parram			
Name	Age	Centre	Final
Section 1			
1 Kidd, Lachlan		Cherrybrook	2:26.93
2 Brivulis, John		Northern Suburbs	2:30.74
3 Akbarzadeh, Aiden		Nth Rocks Carlin	2:50.23
4 Friend, Michael		Ryde	2:52.42
5 Sat, Noam		Ryde	2:54.68
6 Molesworth, Patrick		Nth Rocks Carlin	2:57.57
7 Yan, Tristan		Nth Rocks Carlin	2:59.02
8 Forsyth, Aiden		Parramatta	3:07.27
9 Wong, Daymon		Nth Rocks Carlin	3:10.87
10 Young, Brandon		Ryde	3:12.44
-- Holcombe, Mason		Parramatta	DNS
-- Zipaquirá Romero, Pablo		Northern Suburbs	DNS
-- Mclenaghan, Miller		Ryde	DNS
Section 2			
1 Halfhide, Oliver		Cherrybrook	2:31.24
2 Le Fevre, Jack		Ryde	2:35.01
3 Grieve, Henry		Northern Suburbs	2:37.35
4 Lukas, Andrew		Northern Suburbs	2:38.67
5 Oppedisano, Raffael		Ryde	2:43.03
6 Hudson, Nicholas		Northern Suburbs	2:43.64
7 Menon, Vinay		Parramatta	2:43.89
8 Perkins, Dexter		Cherrybrook	2:50.34
9 Butler, Tobias		Nth Rocks Carlin	2:55.25
-- Chalamukhath, Mian Fizaa		Ryde	DNS
-- Thushyanthan, Swarthik		Parramatta	DNS
-- Sankaran, Tejas		Nth Rocks Carlin	DNS

**Boys U 13 - 800 Metre Run**

Zone: Z 2:14.00 2004 Michael Todd, Ryde			
Name	Age	Centre	Final
Section 1			
1 Wegener, Isaac		Cherrybrook	2:34.77
2 Sarah, Nathan		Nth Rocks Carlin	2:41.97
3 Reville, John		Northern Suburbs	2:42.77
4 Kwok, James		Cherrybrook	2:47.62
5 Inman, Lachlan		Ryde	2:50.54
6 Shen, Jialin		Ryde	2:51.67
7 Roberts, Tom		Ryde	3:13.76
-- Baraniak, Lucas		Ryde	DNS
-- Trujillo, Thomas		Nth Rocks Carlin	DNS
Section 2			
1 Eaton, Thomas		Northern Suburbs	2:30.24
2 Kim, Brian		Nth Rocks Carlin	2:31.97
3 Sharma, Rohan		Cherrybrook	2:33.71
4 Snashall, Beau		Northern Suburbs	2:41.51
5 Trigwell, Dominic		Ryde	2:43.04
6 Bealby, Max		Northern Suburbs	2:50.89
7 El Sayed Ahmad, Zane		Parramatta	3:00.99
8 Ryan, James		Parramatta	3:11.14

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 13 - 800 Metre Run**

-- Muntean, Eli Ryde DNS

**Boys U 14 - 800 Metre Run**

Zone: Z 2:09.01 15/12/2013 Harrison Wade, Ryde

Name Age Centre Final

## Section 1

1 Whiteley, Christopher Cherrybrook 2:25.10  
 2 Kastelan, Jamie Nth Rocks Carlin 2:45.20  
 -- Smith, Owen Ryde DNS

**Boys U 15 - 800 Metre Run**

Zone: Z 2:07.70 1992 G Cremer, Ryde

Name Age Centre Final

1 Shipman, Matteo Northern Suburbs 2:12.57  
 2 Armstrong, Brendan Cherrybrook 2:16.31  
 3 Perry, Michael Nth Rocks Carlin 2:29.24  
 4 Waqabaca, Tomasi Nth Rocks Carlin 2:39.96  
 5 Nilon, Christopher Nth Rocks Carlin 2:41.06  
 -- Moscos, Luke Ryde DNS

**Boys U 17 - 800 Metre Run**

Zone: Z 2:01.86 03/12/2023 Benjamin Woodhouse, Nth Roc

Zone: Z 2:01.86 03/12/2023 Benjamin Woodhouse, Nth Roc

Name Age Centre Final

1 Woodhouse, Benjamin Nth Rocks Carlin 2:01.86Z  
 2 Renshaw, Liam Northern Suburbs 2:02.73  
 3 Bruntsch, Axel Ryde 2:03.16  
 4 Burton, Cody Nth Rocks Carlin 2:06.52  
 5 Siebert, Isaac Ryde 2:07.36  
 6 Abood, Zachariah Parramatta 2:12.87  
 7 McMillan, Julian Ryde 2:14.41  
 8 Grace, Harley Cherrybrook 2:15.82  
 9 Smith, Julian Ryde 2:23.47  
 10 Robb-Jackson, Cooper Parramatta 2:24.24  
 -- Chopra, Shaurya Cherrybrook DNS  
 -- Low, Lucas Ryde DNS  
 -- Chugh, Advit Cherrybrook DNS

**Boys U 11 - 1500 Metre Run**

Zone: Z 5:01.20 2011 Ben Bishop, Cherrybrook

Name Age Centre Final

1 Cox-Gallagher, Flynn Ryde 5:22.64  
 2 Moody, Sam Northern Suburbs 5:25.62  
 3 Giffin, Hugh Cherrybrook 5:27.70  
 4 Fratini, Oliver Northern Suburbs 5:35.03  
 5 Reville, Liam Northern Suburbs 5:39.47  
 6 Fajardo, Cristian Northern Suburbs 5:42.78

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****...Boys U 11 - 1500 Metre Run**

7 Ryan, Ethan	Parramatta	5:44.74
8 Stewart, John	Ryde	5:48.74
9 Johnson, Riley	Nth Rocks Carlin	5:52.22
10 Connolly, Joshua	Northern Suburbs	5:54.42
11 Moir, Kaiden	Nth Rocks Carlin	5:59.52
12 Lopez, Noah	Northern Suburbs	6:23.49
-- Caldwell, Louis	Ryde	DNS
-- Grech, Kane	Cherrybrook	DNS

**Boys U 12 - 1500 Metre Run**

=====			
Zone: Z 4:41.70		2004	Alexander Pettigrew, Parram
Name	Age	Centre	Final
=====			
1 Kidd, Lachlan		Cherrybrook	4:58.40
2 Brivulis, John		Northern Suburbs	5:03.81
3 Halfhide, Oliver		Cherrybrook	5:11.16
4 Le Fevre, Jack		Ryde	5:17.71
5 Lukas, Andrew		Northern Suburbs	5:22.51
6 Oppedisano, Raffael		Ryde	5:22.73
7 Grieve, Henry		Northern Suburbs	5:27.28
8 Menon, Vinay		Parramatta	5:35.80
9 Bolt, Lucas		Ryde	5:37.19
10 Williams, Bailey		Nth Rocks Carlin	5:44.75
11 Friend, Michael		Ryde	5:45.50
12 Sat, Noam		Ryde	5:45.71
13 Akbarzadeh, Aiden		Nth Rocks Carlin	5:45.99
14 Yan, Tristan		Nth Rocks Carlin	5:54.44
15 Zipaquirá Romero, Pablo		Northern Suburbs	6:04.02
16 Shorten, Dexter		Ryde	6:09.96
17 Young, Brandon		Ryde	6:36.65
-- Mahoney, Patrick		Nth Rocks Carlin	DNS
-- Molesworth, Patrick		Nth Rocks Carlin	DNS
-- Hudson, Nicholas		Northern Suburbs	DNS
-- Wong, Daymon		Nth Rocks Carlin	DNS

**Boys U 13 - 1500 Metre Run**

=====			
Zone: Z 4:42.34		14/12/2013	Benjamin Bishop, Cherrybroo
Name	Age	Centre	Final
=====			
1 Ryan, James		Parramatta	5:25.00
2 Trigwell, Dominic		Ryde	5:30.33
3 Reville, John		Northern Suburbs	5:32.93
4 Sarah, Nathan		Nth Rocks Carlin	5:34.70
5 Snashall, Beau		Northern Suburbs	5:38.58
6 Kwok, James		Cherrybrook	5:43.31
7 Inman, Lachlan		Ryde	5:51.16
-- Trujillo, Thomas		Nth Rocks Carlin	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 14 - 1500 Metre Run**

Zone: Z 4:26.75 14/12/2013 Harrison Wade, Ryde			
Name	Age	Centre	Final
1 Whiteley, Christopher		Cherrybrook	5:04.55
2 Bennett, Jonathon		Ryde	5:19.60
3 Shin, Dongjun Jaden		Ryde	5:21.14
4 Fang, Joshua Zimeng		Nth Rocks Carlin	5:22.27
5 Smith, Owen		Ryde	5:37.20

**Boys U 15 - 1500 Metre Run**

Zone: Z 4:23.60 1998 J Fitzgerald, Northern Subu			
Name	Age	Centre	Final
1 Armstrong, Brendan		Cherrybrook	4:59.53
2 Moscos, Luke		Ryde	4:59.86
3 Perry, Michael		Nth Rocks Carlin	5:27.24
4 La Vinh, Aiden		Nth Rocks Carlin	5:33.95
-- Prosenko, Benjamin		Ryde	DNS
-- Kolman, Cody		Ryde	DNS
-- Waqabaca, Tomasi		Nth Rocks Carlin	DNS

**Boys U 17 - 1500 Metre Run**

Zone: Z 4:12.93 12/12/2015 Harrison Wade, Ryde			
Name	Age	Centre	Final
1 Woodhouse, Benjamin		Nth Rocks Carlin	4:13.80
2 Bruntsch, Axel		Ryde	4:15.45
3 Burkhardt, Idris		Cherrybrook	4:16.67
4 Burton, Cody		Nth Rocks Carlin	4:17.11
5 Siebert, Isaac		Ryde	4:22.44
6 Smith, Julian		Ryde	4:37.57
7 Holman, Evan		Parramatta	4:40.31
8 McMillan, Julian		Ryde	4:42.67
9 Grace, Harley		Cherrybrook	4:52.17
10 Stanger, William		Nth Rocks Carlin	5:08.15
-- Chugh, Advit		Cherrybrook	DNS
-- Chopra, Shaurya		Cherrybrook	DNS
-- Renshaw, Liam		Northern Suburbs	DNS

**Boys U 13 - 3000 Metre Run**

Zone: Z 9:57.80 2007 Jack Stapleton, Parramatta			
Name	Age	Centre	Final
1 Wegener, Isaac		Cherrybrook	11:10.79
2 Ryan, James		Parramatta	11:26.33
3 Trigwell, Dominic		Ryde	11:37.11
4 Bealby, Max		Northern Suburbs	11:50.40
5 Reville, John		Northern Suburbs	11:54.64
6 Snashall, Beau		Northern Suburbs	12:03.13
7 Sarah, Nathan		Nth Rocks Carlin	12:17.12
8 El Sayed Ahmad, Zane		Parramatta	12:20.76
9 McCarthy, Mitchell		Ryde	12:27.07

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 14 - 3000 Metre Run**

Zone: Z 9:40.10 14/12/2013 Harrison Wade, Ryde			
Name	Age	Centre	Final
1 Whiteley, Christopher		Cherrybrook	10:49.77
2 Koshy, Ryan		Parramatta	13:20.54

**Boys U 15 - 3000 Metre Run**

Zone: Z 9:34.40 13/12/2014 Harrison Wade, Ryde			
Name	Age	Centre	Final
1 Armstrong, Brendan		Cherrybrook	10:04.05
2 Moscos, Luke		Ryde	10:36.75
3 Proszenko, Benjamin		Ryde	11:39.79
4 La Vinh, Aiden		Nth Rocks Carlin	12:01.37

**Boys U 17 - 3000 Metre Run**

Zone: Z 9:02.93 12/12/2015 Harrison Wade, Ryde			
Name	Age	Centre	Final
1 Woodhouse, Benjamin		Nth Rocks Carlin	9:25.48
2 Burkhardt, Idris		Cherrybrook	9:27.52
3 Smith, Julian		Ryde	10:04.83
4 Holman, Evan		Parramatta	10:21.37

**Boys U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 10.70 2000 Alexander Pettigrew, Hornsby			
Name	Age	Centre	Prelims

## Heat 1 Heats

1 Passmore, Ilya		Ryde	12.67Q
2 Frazier, Apollo		Ryde	13.47Q
3 Kerr, Roman		Parramatta	15.30
4 Dunne, Jordan		Northern Suburbs	17.63
5 Vummenthala, Suhaan Redd		Parramatta	18.84
-- Maclennan, Callum		Ryde	DNS

## Heat 2 Heats

1 Moody, Tom		Northern Suburbs	12.77Q
2 Curtis, Levi		Parramatta	13.05Q
3 Josa, Ethan		Northern Suburbs	13.21q
4 Smith, Noah		Ryde	13.27
5 Kucharski, William		Nth Rocks Carlin	13.44
6 Tran, Hayden		Ryde	15.54

## Heat 3 Heats

1 Dibia, Kyrie		Parramatta	13.45Q
2 Wang, Jerry		Ryde	14.41Q
2 Sido, Kabir		Northern Suburbs	14.41Q
4 Sat, Ivri		Ryde	14.49
-- Francis, Dominic		Northern Suburbs	DNS
-- Nie, Barron		Ryde	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 8 - 60 Metre Hurdles (45cm)**

Zone: Z 10.70 2000 Alexander Pettigrew, Hornsby			
Name	Age	Centre	Final
Section 1 Final			
1 Passmore, Ilya		Ryde	12.18
2 Moody, Tom		Northern Suburbs	12.20
3 Curtis, Levi		Parramatta	12.52
4 Josa, Ethan		Northern Suburbs	12.56
5 Frazier, Apollo		Ryde	13.21
6 Dibia, Kyrie		Parramatta	13.64
7 Wang, Jerry		Ryde	14.04
8 Sido, Kabir		Northern Suburbs	14.70

**Boys U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 9.80 2008 Rory Barkley, Northern Suburb			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Kerr, Elliott		Parramatta	11.29Q
2 Hazon, Darcy		Nth Rocks Carlin	12.25Q
3 Trigwell, Marcus		Ryde	12.37Q
4 Tabrett, Tyler		Cherrybrook	13.57
5 Mittal, Saatvik		Parramatta	15.43
6 Renas, Iyadh		Parramatta	16.13
-- Satheesh, Atharva		Cherrybrook	DNS
Heat 2 Heats			
1 Garton, Jett		Northern Suburbs	11.54Q
2 Garton, Jaxon		Northern Suburbs	11.75Q
3 Smith, Lincoln		Nth Rocks Carlin	11.79Q
4 Smith, Ethan		Northern Suburbs	12.04q
5 Jefferson, Toby		Northern Suburbs	12.68q
6 Yamuzala, Akhil		Parramatta	17.89
7 Kulshreshtha, Adamya		Parramatta	19.60

**Boys U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 9.80 2008 Rory Barkley, Northern Suburb			
Name	Age	Centre	Final
Section 1 Final			
1 Garton, Jett		Northern Suburbs	11.48
2 Garton, Jaxon		Northern Suburbs	11.71
3 Smith, Ethan		Northern Suburbs	11.89
4 Smith, Lincoln		Nth Rocks Carlin	11.90
5 Trigwell, Marcus		Ryde	12.14
6 Hazon, Darcy		Nth Rocks Carlin	12.24
7 Jefferson, Toby		Northern Suburbs	13.04
8 Kerr, Elliott		Parramatta	13.10

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 10 - 60 Metre Hurdles (60cm)**

=====			
	Zone: Z 10.00	2009	Rory Barkley, Northern Suburb
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1 Pulfer, Nathan		Ryde	12.28Q
2 Eaton, Joshua		Northern Suburbs	12.45Q
3 Connell, Kingsley		Northern Suburbs	12.46
4 Dunne, Xavier		Northern Suburbs	13.42
5 Tran, Bryan		Ryde	14.06
6 Trinidad, Joshua		Parramatta	14.88
7 Wong, Jonathan		Nth Rocks Carlin	15.96
-- Fung, Kayden		Parramatta	DNS
Heat 2 Heats			
1 Fijan, Nicholas		Northern Suburbs	11.70Q
2 Moyo, Ethan		Ryde	11.84Q
3 Campbell, Harrison		Cherrybrook	11.86q
4 El Kadi, Matthew		Nth Rocks Carlin	12.04q
5 Baird, Liam		Northern Suburbs	12.63
6 Chung, Kirin		Nth Rocks Carlin	12.75
7 Nanni, James		Parramatta	12.82
8 Nesovanovic, Bogdan		Ryde	13.72
Heat 3 Heats			
1 Perry, Aston		Northern Suburbs	12.47Q
2 Wolfson, Enoch		Ryde	12.50Q
3 Hill, Beau		Nth Rocks Carlin	13.54
4 Yao, Edwin		Parramatta	14.17
5 Sandeep, Sriyaansh		Parramatta	14.75
6 Yan, Tyler		Nth Rocks Carlin	15.14
-- Magers, Isaac		Ryde	DNS
-- Mahesh, Pranay		Ryde	DNS

**Boys U 10 - 60 Metre Hurdles (60cm)**

=====			
	Zone: Z 10.00	2009	Rory Barkley, Northern Suburb
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Fijan, Nicholas		Northern Suburbs	11.73
2 Moyo, Ethan		Ryde	11.80
3 Campbell, Harrison		Cherrybrook	11.82
4 Wolfson, Enoch		Ryde	12.10
5 El Kadi, Matthew		Nth Rocks Carlin	12.21
6 Pulfer, Nathan		Ryde	12.27
7 Eaton, Joshua		Northern Suburbs	12.38
8 Perry, Aston		Northern Suburbs	12.45

**Boys U 11 - 80 Metre Hurdles (60cm)**

=====			
	Zone: Z 13.83	01/12/2019	Zak Evans, Northern Suburbs
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1 McGregor, Mitchell		Ryde	15.02Q
2 Moody, Sam		Northern Suburbs	15.26Q
3 Williams, Michael		Northern Suburbs	15.60Q

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Boys U 11 - 80 Metre Hurdles (60cm)**

4 Fajardo, Cristian	Northern Suburbs	16.71q
5 Wilson, William	Parramatta	18.37
6 Liu, Jasper	Nth Rocks Carlin	19.28
Heat 2 Heats		
1 Williamson, Max	Ryde	15.10Q
2 Chong, Jeffrey	Nth Rocks Carlin	16.09Q
3 Vercoe, Lachlan	Cherrybrook	16.64Q
4 Evans, Adam	Northern Suburbs	17.44q
-- Gyau-Awuah, Jett	Northern Suburbs	DNS
-- Norquay, Thomas	Northern Suburbs	DNS

**Boys U 11 - 80 Metre Hurdles (60cm)**

=====  
 Zone: Z 13.83 01/12/2019 Zak Evans, Northern Suburbs  
 Name Age Centre Final  
 =====

Section 1 Final

1 Williamson, Max	Ryde	14.66
2 McGregor, Mitchell	Ryde	14.80
3 Moody, Sam	Northern Suburbs	15.19
4 Chong, Jeffrey	Nth Rocks Carlin	15.37
5 Williams, Michael	Northern Suburbs	15.70
6 Vercoe, Lachlan	Cherrybrook	15.80
7 Fajardo, Cristian	Northern Suburbs	16.20
-- Evans, Adam	Northern Suburbs	DNS

**Boys U 12 - 80 Metre Hurdles (68cm)**

=====  
 Zone: Z 13.33 03/12/2023 Jack Spencer, Ryde  
 Zone: Z 13.33 03/12/2023 Jack Spencer, Ryde  
 Name Age Centre Prelims  
 =====

Heat 1 Heats

1 Cox, Mitchell	Ryde	14.94Q
2 Pulfer, Daniel	Ryde	15.06Q
3 Maher, Ryan	Cherrybrook	16.10Q
4 Butler, Tobias	Nth Rocks Carlin	16.16q
5 Wu, Roy	Ryde	16.23q
6 Steel, Liam	Cherrybrook	18.81
-- Thushyanthan, Swarthik	Parramatta	DNS

Heat 2 Heats

1 Spencer, Jack	Ryde	Z 13.33Q
2 Chau, Jackson	Ryde	16.39Q
3 Wong, Daymon	Nth Rocks Carlin	16.52Q
4 Brewer, Tom	Northern Suburbs	16.53
5 Cox, Oliver	Cherrybrook	17.81
6 Grieve, Henry	Northern Suburbs	19.79
-- Aiken, Jackson	Parramatta	DNS



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 12 - 80 Metre Hurdles (68cm)**

=====			
Zone: Z 13.33 03/12/2023 Jack Spencer, Ryde			
Zone: Z 13.33 03/12/2023 Jack Spencer, Ryde			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Cox, Mitchell		Ryde	14.46
2 Spencer, Jack		Ryde	14.58
3 Pulfer, Daniel		Ryde	14.75
4 Maher, Ryan		Cherrybrook	15.23
5 Chau, Jackson		Ryde	16.72
6 Wong, Daymon		Nth Rocks Carlin	16.97
7 Wu, Roy		Ryde	17.28
8 Butler, Tobias		Nth Rocks Carlin	17.81

**Boys U 13 - 80 Metre Hurdles (76cm)**

=====			
Zone: Z 12.70 1997 M Crooks, Ryde			
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1 Eaton, Thomas		Northern Suburbs	13.92Q
2 Kasprzak, Nixon		Nth Rocks Carlin	15.21Q
3 Bosnic, Marcus		Ryde	15.36q
4 Wang, Felix		Nth Rocks Carlin	21.68
-- Tashjian, Mark		Ryde	DNS
Heat 2 Heats			
1 Mikan, James		Northern Suburbs	14.28Q
2 Bowrey, Benjamin		Parramatta	14.30Q
3 Song, Alexander		Nth Rocks Carlin	14.53q
4 Sarah, Nathan		Nth Rocks Carlin	17.01
5 Yip, Kingsley		Ryde	17.51
-- Olymbios, Leon		Ryde	DNS
Heat 3 Heats			
1 Seale, Kyan		Northern Suburbs	13.50Q
2 Kim, Andrew		Cherrybrook	14.23Q
3 Laurie, Callum		Ryde	16.84
4 Kolosakas, Michael		Nth Rocks Carlin	16.98
5 Stewart, Ruaidhri		Ryde	17.48
6 Bagath, Rishon		Parramatta	17.91

**Boys U 13 - 80 Metre Hurdles (76cm)**

=====			
Zone: Z 12.70 1997 M Crooks, Ryde			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Seale, Kyan		Northern Suburbs	13.44
2 Eaton, Thomas		Northern Suburbs	13.72
3 Mikan, James		Northern Suburbs	14.00
4 Bowrey, Benjamin		Parramatta	14.15
5 Kim, Andrew		Cherrybrook	14.68
6 Bosnic, Marcus		Ryde	15.63
7 Song, Alexander		Nth Rocks Carlin	16.13
8 Kasprzak, Nixon		Nth Rocks Carlin	18.39

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 14 - 90 Metre Hurdles (76cm)**

Zone: Z 12.80 2009 William Richardsom, Northern			
Name	Age	Centre	Final
Section 1			
1 O'Neil, Henry		Nth Rocks Carlin	15.74
2 Wong, Marcus		Nth Rocks Carlin	16.88
3 Butcher, Luke		Parramatta	17.34
4 Lawrence, Matthew		Nth Rocks Carlin	18.46
-- Griffiths, Lincoln		Ryde	DNS

**Boys U 15 - 100 Metre Hurdles (76cm)**

Zone: Z 13.20 1996 J Harwod, Hornsby District			
Name	Age	Centre	Final
1 Price, Samuel		Cherrybrook	14.21
2 Evans, Zak		Northern Suburbs	14.23
3 Lewanavanua, Ratu Viliam		Nth Rocks Carlin	15.15
4 Cox, Daniel		Ryde	16.34
5 Semaganda, Evan		Cherrybrook	18.44
6 Lumley, Jude		Northern Suburbs	18.58
7 Wolfson, Moses		Ryde	20.10

**Boys U 17 - 110 Metre Hurdles (76cm)**

Zone: Z 14.44 04/12/2022 Matthew Hunt, Northern Suburb			
Name	Age	Centre	Final
1 Hampel, Andres		Northern Suburbs	15.47
2 Wong, Lewis		Nth Rocks Carlin	15.74
3 Byrnes, Max		Nth Rocks Carlin	15.88
4 Boccaletti, Marco		Cherrybrook	16.34
-- Hampton, Teddy		Cherrybrook	DNS
Section 2			
1 Mitchell, Tyler E		Parramatta	16.70
2 Hennessey, Xavier		Cherrybrook	17.63
-- Mirzaei, Rebeen		Nth Rocks Carlin	DNS
-- Morrison, Llewyn		Northern Suburbs	DNS

**Boys U 13 - 200 Metre Hurdles (68cm)**

Zone: Z 27.80 1998 T Spencer, Ryde			
Name	Age	Centre	Final
Section 1			
1 Mikan, James		Northern Suburbs	32.26
2 Kolosakas, Michael		Nth Rocks Carlin	35.38
3 Stewart, Ruaidhri		Ryde	36.28
4 McMullan, Felix		Ryde	36.44
-- Fleming, Mitchell		Nth Rocks Carlin	DNS
Section 2			
1 Seale, Kyan		Northern Suburbs	28.92
2 Eaton, Thomas		Northern Suburbs	30.78
3 Song, Alexander		Nth Rocks Carlin	30.91
4 Yip, Kingsley		Ryde	33.40

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 13 - 200 Metre Hurdles (68cm)**

5 Mitchell, Xavier	Ryde	34.38
--------------------	------	-------

**Boys U 14 - 200 Metre Hurdles (76cm)**

Zone: Z 26.60 1996 C Birdsall, Ryde

Name	Age Centre	Final
------	------------	-------

## Section 1

1 Wong, Marcus	Nth Rocks Carlin	43.05
-- Chandler, Rhys	Ryde	DNS

**Boys U 15 - 300 Metre Hurdles (76cm)**

Zone: Z 40.99 2016 Thomas Hunt, Northern Suburbs

Name	Age Centre	Final
------	------------	-------

1 Evans, Zak	Northern Suburbs	43.19
2 Price, Samuel	Cherrybrook	46.12
3 Wolfson, Moses	Ryde	56.33

**Boys U 17 - 300 Metre Hurdles (76cm)**

Zone: Z 38.69 03/12/2022 Matthew Hunt, Northern Suburb

Name	Age Centre	Final
------	------------	-------

1 Byrnes, Max	Nth Rocks Carlin	41.97
2 Boccaletti, Marco	Cherrybrook	45.19
3 Abood, Zachariah	Parramatta	45.76
-- Smith, Joshua	Ryde	DNS
-- Hennessey, Xavier	Cherrybrook	DNS

## Section 2

1 Wong, Lewis	Nth Rocks Carlin	42.81
2 Hampel, Andres	Northern Suburbs	43.75
3 Corne, Oliver	Parramatta	44.20
4 Pease, Aaron	Ryde	47.37
-- Mitchell, Tyler E	Parramatta	DNS

**Boys U 9-12 4x100 Metre Relay (Jnr)**

Zone: Z 56.80 11/12/2011 Cherrybrook, Cherrybrook

Centre	Final
--------	-------

## Section 1

1 Cherrybrook	1:00.82
1) Jones, Brendan 9	2) Leivesley, Finn 11
3) Campbell, Harrison 10	4) Steel, Liam 12
2 Northern Suburbs	1:01.34
1) Verissimo, Santiago 9	2) Scrivener, Flynn 10
3) Devine, Roberto 11	4) Brivulis, John 12
3 North Rocks Carlingford	1:01.77
1) Wirianata, Flynn 9	2) Chong, Jeffrey 11
3) Lambert, Jake 10	4) Keeping, Cohen 12
4 Parramatta	1:04.55
1) Thorat, Riyansh 9	2) McQuillan, Aiden 11
3) Nanni, James 10	4) Menon, Vinay 12

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Boys U 9-12 4x100 Metre Relay (Jnr)**

5 Ryde	1:05.80
1) Curley, Dara 10	2) Economides, Alexander 11
3) Bolla-Nozawa, Thoma 9	4) Leung, Zachary 12

**Boys U 12-17 4x100 Metre Relay (Snr)**

=====	
Zone: Z 47.60 12/12/2010 Parramatta, Parramatta	
Centre	Final
=====	
1 Parramatta	49.30
1) Lacson, Manuel 14	2) Corne, Oliver 17
3) Kim, Ji Yong 13	4) Aroyan, Thomas 15
2 North Rocks Carlingford	49.95
1) Song, Alexander 13	2) Perry, Benjamin 15
3) Kastelan, Jamie 14	4) Wong, Lewis 17
3 Northern Suburbs	50.01
1) Seale, Kyan 13	2) Doak, Hugo 17
3) Evans, Zak 15	4) Mikan, James 13
4 Ryde	1:08.45
1) Yip, Kingsley 13	2) Hahlos, Calan 15
3) Trinh, Owen 14	4) Wright, Aiden 17
-- Cherrybrook	DQ
1) Gilchrist, Callum 13	2) Price, Samuel 15
3) Wigham, Harry 14	4) Hennessey, Xavier 17

**Boys U 9 - High Jump (S/H 0.85m)**

=====	
Zone: Z 1.28m 1997	R Murphy, Hornsby Diristrict
Name	Age Centre Final
=====	
Flight 1	
1 Smith, Lincoln	Nth Rocks Carlin 1.05m
0.85 0.95 0.97 0.99 1.01 1.03 1.05 1.07	
o o o o o XO o XXX	
2 Newman, Ari	Ryde 1.05m
0.85 0.90 0.95 0.97 0.99 1.01 1.03 1.05 1.07	
o o o o o o o XXO XXX	
3 O'Leary, Isaac	Northern Suburbs 1.01m
0.85 0.90 0.95 0.97 0.99 1.01 1.03	
o o o o XO o XXX	
4 Garton, Jett	Northern Suburbs 1.01m
0.85 0.90 0.95 0.97 0.99 1.01 1.03	
o o XXO o o XO XXX	
5 Wirianata, Flynn	Nth Rocks Carlin 0.99m
0.85 0.90 0.95 0.97 0.99 1.01	
o o XXO o XXO XXX	
6 Garton, Jaxon	Northern Suburbs 0.90m
0.85 0.90 0.95	
XXO o XXX	
7 Fisk-Batho, Ben	Parramatta 0.90m
0.85 0.90 0.95	
P XO XXX	
8 Jonas, Daniel	Nth Rocks Carlin 0.90m
0.85 0.90 0.95	
XXO XO XXX	

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Boys U 9 - High Jump (S/H 0.85m)**

9 Elder, Maximilian	Parramatta	0.90m
0.85 0.90 0.95		
XO XXO XXX		
10 Paul, Kenji	Cherrybrook	0.85m
0.85 0.90		
XO XXX		
-- Yamuzala, Akhil	Parramatta	NH
0.85		
XXX		
-- Jefferson, Toby	Northern Suburbs	DNS
-- Moussa, Christopher	Parramatta	DNS
-- Alexander, Elliott	Ryde	DNS
-- Smith, Ethan	Northern Suburbs	DNS
-- D'Costa, Asher	Parramatta	DNS

**Boys U 10 - High Jump (S/H 0.95m)**

=====											
Zone: Z 1.38m 2006 Alec Diamond, Northern Suburb											
Name	Age	Centre									Final
=====											
1 Balcombe, Matthew		Northern Suburbs									1.25m
0.95 1.00 1.05 1.10 1.15 1.17 1.19 1.21 1.23 1.25 1.27											
O O O O XO O O XXO XO O XXX											
2 Curley, Dara		Ryde									1.23m
0.95 1.00 1.05 1.10 1.15 1.17 1.19 1.21 1.23 1.25											
O O O XO XO XO O XO XO XXX											
3 Lambert, Jake		Nth Rocks Carlin									1.19m
0.95 1.00 1.05 1.10 1.15 1.17 1.19 1.21											
O O O O XO O O XXX											
4 Perry, Aston		Northern Suburbs									1.10m
0.95 1.00 1.05 1.10 1.15											
O O XO XO XXX											
4 Wolfson, Enoch		Ryde									1.10m
0.95 1.00 1.05 1.10 1.15											
O O XO XO XXX											
4 Moyo, Ethan		Ryde									1.10m
0.95 1.00 1.05 1.10 1.15											
O O XO XO XXX											
7 Mahesh, Pranay		Ryde									1.10m
0.95 1.00 1.05 1.10 1.15											
O O O XXO XXX											
8 Shehadie, Jaidyn		Parramatta									1.10m
0.95 1.00 1.05 1.10 1.15											
O O XO XXO XXX											
9 Connell, Kingsley		Northern Suburbs									1.05m
0.95 1.00 1.05 1.10											
O O O XXX											
10 Fijan, Nicholas		Northern Suburbs									1.05m
0.95 1.00 1.05 1.10											
O O XO XXX											
11 Chung, Kirin		Nth Rocks Carlin									1.05m
0.95 1.00 1.05 1.10											
O O XXO XXX											



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Boys U 11 - High Jump (S/H 1.05m)**

8	Hewitt, Ayden	Nth Rocks Carlin	1.10m
	1.05 1.10 1.15		
	O O XXX		
9	Pohio, Tama	Northern Suburbs	1.10m
	1.05 1.10 1.15		
	O XO XXX		
10	Duffy, Rory	Northern Suburbs	1.05m
	1.05 1.10		
	O XXX		
11	Connolly, Joshua	Northern Suburbs	1.05m
	1.05 1.10		
	XO XXX		
--	Karzelek, Jacek	Parramatta	NH
	1.05		
	XXX		
--	Liu, Jasper	Nth Rocks Carlin	NH
	1.05		
	XXX		
--	Scuglia, Alexander	Ryde	NH
	1.05		
	XXX		
--	Francis, Marcus	Northern Suburbs	DNS
--	Akbarzadeh, Ryan	Nth Rocks Carlin	DNS
--	Gyau-Awuah, Jett	Northern Suburbs	DNS

**Boys U 12 - High Jump (S/H 1.15m)**

=====  
 Zone: Z 1.56m 01/12/2019 Cadel Holmes, Northern Suburb  
 Name Age Centre Final  
 =====

1	Wilson, Cooper	Northern Suburbs	1.43m
	1.15 1.20 1.25 1.30 1.35 1.37 1.39 1.41 1.43 1.45		
	P O O O O O O XO XXO XXX		
2	Brivulis, John	Northern Suburbs	1.41m
	1.15 1.20 1.25 1.30 1.35 1.37 1.39 1.41 1.43		
	O O O O XO XO O XO XXX		
3	Danks, Harlen	Ryde	1.41m
	1.15 1.20 1.25 1.30 1.35 1.37 1.39 1.41 1.43		
	P O XO XO XXO XXO XXO XXO XXX		
4	Maher, Ryan	Cherrybrook	1.30m
	1.15 1.20 1.25 1.30 1.35		
	O O O O XXX		
5	Jung, Justin	Northern Suburbs	1.30m
	1.15 1.20 1.25 1.30 1.35		
	O XO XXO O XXX		
6	Menon, Vinay	Parramatta	1.30m
	1.15 1.20 1.25 1.30 1.35		
	O O XO XO XXX		
7	Pulfer, Daniel	Ryde	1.30m
	1.15 1.20 1.25 1.30 1.35		
	O O O XXO XXX		
7	Hebert, Stanley	Ryde	1.30m
	1.15 1.20 1.25 1.30 1.35		
	O O O XXO XXX		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 12 - High Jump (S/H 1.15m)**

9 Hill, Benji	Nth Rocks Carlin	1.30m
1.15 1.20 1.25 1.30 1.35		
0 0 XO XXO XXX		
10 Li, Yijia	Nth Rocks Carlin	1.25m
1.15 1.20 1.25 1.30		
XXO XXO 0 XXX		
11 Keeping, Cohen	Nth Rocks Carlin	1.25m
1.15 1.20 1.25 1.30		
0 0 XXO XXX		
12 Perkins, Dexter	Cherrybrook	1.25m
1.15 1.20 1.25 1.30		
0 XO XXO XXX		
13 Steel, Liam	Cherrybrook	1.20m
1.15 1.20 1.25		
0 0 XXX		
13 Choe, Benjamin	Parramatta	1.20m
1.15 1.20 1.25		
0 0 XXX		
13 Duma, Oscar	Ryde	1.20m
1.15 1.20 1.25		
0 0 XXX		
13 Friend, Michael	Ryde	1.20m
1.15 1.20 1.25		
0 0 XXX		
17 Brewer, Tom	Northern Suburbs	1.20m
1.15 1.20 1.25		
XO 0 XXX		
18 Penn, Oliver	Cherrybrook	1.20m
1.15 1.20 1.25		
XXO 0 XXX		
19 Halfhide, Oliver	Cherrybrook	1.15m
1.15 1.20		
0 XXX		
19 Bolt, Lucas	Ryde	1.15m
1.15 1.20		
0 XXX		
19 Wu, Roy	Ryde	1.15m
1.15 1.20		
0 XXX		
19 Choe, Julian	Parramatta	1.15m
1.15 1.20		
0 XXX		
23 Forsyth, Aiden	Parramatta	1.15m
1.15 1.20		
XO XXX		
24 Hudson, Nicholas	Northern Suburbs	1.15m
1.15 1.20		
XXO XXX		
24 Sivaniruban, Aharshan	Parramatta	1.15m
1.15 1.20		
XXO X		
-- Akbarzadeh, Aiden	Nth Rocks Carlin	NH
1.15		
XXX		
-- Mclenaghan, Miller	Ryde	DNS



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Boys U 12 - High Jump (S/H 1.15m)**

-- Aiken, Jackson Parramatta DNS

**Boys U 13 - High Jump (S/H 1.20m)**

Zone: Z 1.69m 2008														Morgan Paterson, North Rocks			
Name	Age Centre												Final				
1 Seale, Kyan	Northern Suburbs												1.62m				
	1.20	1.25	1.30	1.35	1.37	1.39	1.41	1.43	1.45	1.47	1.49	1.51	1.55	1.62	1.70		
	P	P	P	P	P	P	O	P	P	P	P	XO	O	O	XXX		
2 Mataele, Malachi	Parramatta												1.49m				
	1.20	1.25	1.30	1.35	1.37	1.39	1.41	1.43	1.45	1.47	1.49	1.51					
	O	O	O	O	XO	XO	O	XO	O	O	O	XXX					
3 Bealby, Max	Northern Suburbs												1.45m				
	1.20	1.25	1.30	1.35	1.37	1.39	1.41	1.43	1.45	1.47							
	P	O	XO	O	XO	O	O	XO	XO	XXX							
4 Kim, Ji Yong	Parramatta												1.39m				
	1.20	1.25	1.30	1.35	1.37	1.39	1.41										
	O	O	O	O	O	O	XXX										
4 El Sayed Ahmad, Zane	Parramatta												1.39m				
	1.20	1.25	1.30	1.35	1.37	1.39	1.41										
	O	O	O	O	O	O	XXX										
6 Fleming, Mitchell	Nth Rocks Carlin												1.37m				
	1.20	1.25	1.30	1.35	1.37	1.39											
	O	O	O	XXO	XXO	XXX											
7 Sevilla-Fok, Matthew	Ryde												1.30m				
	1.20	1.25	1.30	1.35													
	O	O	O	XXX													
8 McMullan, Felix	Ryde												1.30m				
	1.20	1.25	1.30	1.35													
	O	XO	XO	XXX													
9 Akbarzadeh, Daniel	Nth Rocks Carlin												1.30m				
	1.20	1.25	1.30	1.35													
	O	XO	XXO	XXX													
10 Laurie, Callum	Ryde												1.25m				
	1.20	1.25	1.30														
	O	XO	XXX														
11 Kheiroollahpoor, Kian	Ryde												1.20m				
	1.20	1.25															
	O	XXX															
11 Olymbios, Leon	Ryde												1.20m				
	1.20	1.25															
	O	XXX															
11 Roberts, Tom	Ryde												1.20m				
	1.20	1.25															
	O	XXX															
-- Inman, Lachlan	Ryde												NH				
	1.20																
	XXX																
-- Trigwell, Dominic	Ryde												NH				
	1.20																
	XXX																
-- Tashjian, Mark	Ryde												DNS				
-- Williams, Conor	Northern Suburbs												DNS				



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Boys U 15 - High Jump (S/H 1.25m)**

11	Redhead, Ryan	Cherrybrook	1.30m
	1.25 1.30 1.35		
	O O XXX		
12	Waqabaca, Tomasi	Nth Rocks Carlin	1.25m
	1.25 1.30		
	XO X		
--	Kounthapanya, Calvin	Parramatta	DNS
--	Lumley, Jude	Northern Suburbs	DNS

**Boys U 17 - High Jump (S/H 1.30m)**

=====															
Zone: Z 2.00m 2009 Brandon Starc, Parramatta															
Name	Age Centre										Final				
=====															
1	Holmes, Cadel	Northern Suburbs										1.80m			
	1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.67 1.69 1.71 1.73 1.80 1.90														
	P P P P P P O P P P O P O XXX														
2	Mcnicol, Oliver	Nth Rocks Carlin										1.71m			
	1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.67 1.69 1.71 1.73														
	P P P O O O O O P XXO XO XXX														
3	Billingsley, Justin	Cherrybrook										1.69m			
	1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.67 1.69 1.71														
	P P P P P O XO O P O XXX														
4	Boccaletti, Marco	Cherrybrook										1.69m			
	1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.67 1.69 1.71														
	P P P P O O XO O P XXO XXX														
5	Chandler, Owen	Ryde										1.65m			
	1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.67 1.69														
	P P P P O O O O P XXX														
6	Tsang, Oliver	Ryde										1.60m			
	1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65														
	P P P P P O O XXX														
7	Holman, Evan	Parramatta										1.60m			
	1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65														
	P P P O O O XO XXX														
8	Abood, Zachariah	Parramatta										1.50m			
	1.30 1.35 1.40 1.45 1.50 1.55														
	P P P O O XXX														
--	Moala, Christopher	Ryde										DNS			
--	Lawson, John	Nth Rocks Carlin										DNS			
--	Hampton, Teddy	Cherrybrook										DNS			
--	Perry, William	Nth Rocks Carlin										DNS			
--	Gange, Riley	Nth Rocks Carlin										DNS			

**Boys U 7 - Long Jump**

=====															
Zone: Z 3.83m 1989 T Harrington, North Rocks Car															
Name	Age Centre										Final				
=====															
1	Huang, Aiden	Northern Suburbs										2.73m			
	2.63m 2.73m 2.14m 2.72m 2.60m 2.60m														
2	Topp, Archie	Northern Suburbs										2.55m			
	2.40m 2.40m 2.37m 2.55m FOUL FOUL														
3	Jack, Liam	Northern Suburbs										2.53m			
	2.50m 2.50m 2.53m 2.53m FOUL FOUL														

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Boys U 7 - Long Jump**

4	Kingsley, Leo				Ryde	2.51m
	2.51m	2.50m	FOUL	FOUL	FOUL	FOUL
5	Aroyan, Jonah				Parramatta	2.51m
	2.24m	2.35m	2.51m	2.29m	2.33m	FOUL
6	Eaton, Hugo				Northern Suburbs	2.48m
	1.96m	2.48m	FOUL	2.24m	2.11m	FOUL
7	El Kadi, Mark				Nth Rocks Carlin	2.38m
	2.38m	FOUL	FOUL	2.32m	FOUL	FOUL
8	Griffiths, Hugo				Ryde	2.33m
	FOUL	2.33m	FOUL	2.02m	FOUL	FOUL
9	Cricchiola, Jacob				Nth Rocks Carlin	2.26m
	2.26m	2.23m	2.10m			
10	Zhong, Carter				Northern Suburbs	2.23m
	2.21m	2.23m	FOUL			
11	Lolomanai, Malakai				Nth Rocks Carlin	2.22m
	1.99m	1.84m	2.22m			
12	Williams, Hugo				Northern Suburbs	2.13m
	2.13m	1.65m	1.67m			
13	O'Hearn, Cooper				Nth Rocks Carlin	2.12m
	2.12m	FOUL	1.96m			
14	Zeng, Austin Guanbo				Cherrybrook	2.09m
	2.05m	2.09m	FOUL			
15	Charteris, Oscar				Ryde	2.09m
	2.09m	FOUL	FOUL			
16	Wang, Archer				Ryde	2.03m
	2.03m	1.80m	1.84m			
17	Yong, Jay				Parramatta	1.88m
	1.49m	1.88m	1.81m			
18	Dawson, Lachlan				Northern Suburbs	1.86m
	1.52m	1.86m	1.63m			
19	Kakadiya, Nevish				Parramatta	1.79m
	FOUL	FOUL	1.79m			
20	Obrien, Tait				Nth Rocks Carlin	1.45m
	FOUL	FOUL	1.45m			
--	Naig, Jishnu				Nth Rocks Carlin	DNS
--	Parnaby, Thomas				Parramatta	DNS
--	Chu, Stellan				Northern Suburbs	DNS
--	Sandeep, Aaron				Parramatta	DNS
--	Cheung, Connor				Parramatta	DNS

**Boys U 8 - Long Jump**

=====						
	Zone: Z	3.89m	1989		M DePomeroy, North Rocks Carl	
Name	Age	Centre				Final
=====						
1	Moody, Tom				Northern Suburbs	3.52m
	3.20m	3.14m	2.74m	0.33m	3.16m	3.52m
2	Passmore, Ilya				Ryde	3.28m
	2.96m	3.12m	2.93m	2.97m	2.80m	3.28m
3	Smith, Noah				Ryde	3.26m
	3.08m	3.12m	3.19m	3.15m	3.14m	3.26m
4	Chahal, Jaiden				Nth Rocks Carlin	3.07m
	3.00m	2.77m	2.89m	3.07m	2.65m	2.93m
5	Bakla, Mason				Ryde	3.05m
	3.05m	2.87m	2.63m	0.61m	2.30m	2.84m

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 8 - Long Jump**

6	Frazier, Apollo				Ryde	3.02m
	FOUL	2.65m	2.83m	2.90m	2.85m	3.02m
7	Rann, Ryan				Cherrybrook	2.95m
		2.95m	2.86m	FOUL	2.91m	2.89m
8	Deepak, Aaren				Nth Rocks Carlin	2.83m
	FOUL	2.83m	FOUL	2.79m	FOUL	2.61m
9	Curtis, Levi				Parramatta	2.78m
		2.71m	2.78m	2.52m		
10	Ng Chok, Archer				Parramatta	2.76m
		2.76m	FOUL	2.60m		
11	Seif, Noah				Parramatta	2.73m
		2.73m	2.60m	2.55m		
12	Perri, Joey				Parramatta	2.73m
	FOUL	2.73m	FOUL			
13	Sat, Ivri				Ryde	2.63m
		2.63m	2.56m	0.64m		
14	Hebert, Walter				Ryde	2.49m
		2.33m	2.49m	FOUL		
15	Kerr, Roman				Parramatta	2.32m
		2.32m	FOUL	2.00m		
16	Dunne, Jordan				Northern Suburbs	2.19m
		2.19m	1.98m	FOUL		
--	Pragadeesh, Kanav				Cherrybrook	DNS
--	Francis, Dominic				Northern Suburbs	DNS
--	Maclennan, Callum				Ryde	DNS

**Boys U 9 - Long Jump**

=====						
	Zone: Z	4.32m	2009		Ben Kinasch, Cherrybrook	
Name	Age	Centre			Final	
=====						
1	Jones, Brendan				Cherrybrook	3.61m
		3.56m	3.13m	3.09m	3.61m	FOUL 3.60m
2	Thorat, Riyansh				Parramatta	3.54m
		FOUL	3.24m	3.50m	3.42m	3.48m 3.54m
3	Wirianata, Flynn				Nth Rocks Carlin	3.50m
		3.23m	3.18m	3.17m	3.44m	3.50m 3.44m
4	Trigwell, Marcus				Ryde	3.48m
		3.31m	3.48m	3.30m	3.45m	3.21m 3.46m
5	Smith, Lincoln				Nth Rocks Carlin	3.37m
		3.37m	3.31m	3.37m	3.30m	3.21m FOUL
6	Hazon, Darcy				Nth Rocks Carlin	3.32m
		3.26m	3.12m	2.63m	3.31m	3.17m 3.32m
7	Tian, Ryan				Cherrybrook	3.31m
		FOUL	3.26m	2.99m	FOUL 3.31m	3.22m
8	McQuillan, Elliott				Parramatta	3.21m
		3.21m	3.02m	2.90m	3.02m	3.06m FOUL
9	Longley, Edward				Northern Suburbs	3.06m
		2.93m	2.77m	3.06m		
10	Simonian, Anthony				Ryde	3.02m
		2.95m	2.81m	3.02m		
11	Alexander, Elliott				Ryde	3.01m
		FOUL	3.01m	2.85m		
12	Jonas, Daniel				Nth Rocks Carlin	3.00m
		2.98m	3.00m	2.80m		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 9 - Long Jump**

13	Davis, Scott	Parramatta	2.99m
	2.99m 2.88m 2.98m		
14	Wechsler, Nathan	Northern Suburbs	2.98m
	2.98m 2.89m 2.61m		
15	Zipaquira Romero, Martin	Northern Suburbs	2.98m
	2.72m 2.75m 2.98m		
16	Kendall, Jenson	Nth Rocks Carlin	2.97m
	2.97m 2.73m FOUL		
17	Saber, Nicholas	Northern Suburbs	2.75m
	2.75m 2.58m 2.64m		
18	Fernando, Chenuka	Cherrybrook	2.23m
	2.23m 2.09m 2.12m		
19	Renas, Iyadh	Parramatta	1.84m
	1.47m 1.81m 1.84m		
20	Caunca, Jeremiah	Ryde	1.68m
	FOUL 1.68m 1.62m		
--	Jowett, Dylan	Parramatta	DNS

**Boys U 10 - Long Jump**

=====			
	Zone: Z 4.74m 1989	A Bosward, Hornsby District	
Name	Age	Centre	Final
=====			
1	Lambert, Jake	Nth Rocks Carlin	4.04m
	4.04m 3.72m 3.40m 3.96m		
2	Curley, Dara	Ryde	3.98m
	3.98m 3.98m 3.98m 3.96m		
3	Moyo, Ethan	Ryde	3.82m
	3.82m 3.80m 3.72m 3.77m		
4	Nanni, James	Parramatta	3.77m
	3.71m 3.54m 3.77m 3.70m		
5	Griffiths (1), Archer	Ryde	3.74m
	3.72m 3.69m 3.67m 3.74m		
6	Brill, Alastair	Cherrybrook	3.65m
	3.53m 3.60m 3.65m 3.43m		
7	Baird, Liam	Northern Suburbs	3.58m
	3.56m 3.58m FOUL 3.39m		
8	Nesovanovic, Bogdan	Ryde	3.58m
	3.49m 3.36m 3.58m 3.34m		
9	Dunne, Xavier	Northern Suburbs	3.55m
	3.55m 3.34m 3.22m		
10	Bourne, Ethan	Ryde	3.52m
	3.42m 3.52m 3.42m		
11	Loudon, Joshua	Nth Rocks Carlin	3.52m
	3.52m 3.01m 3.31m		
12	Scrivener, Flynn	Northern Suburbs	3.52m
	FOUL 3.52m FOUL		
13	Robertson, Angus	Northern Suburbs	3.51m
	3.51m 3.28m 3.13m		
14	Nair, Roneil	Northern Suburbs	3.48m
	3.11m 3.48m FOUL		
15	Lolomanaia, Samiuella	Nth Rocks Carlin	3.46m
	3.35m 3.46m 3.29m		
16	Song, Ryan	Nth Rocks Carlin	3.41m
	3.41m 3.26m 3.20m		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 10 - Long Jump**

17 Pulfer, Nathan	Ryde	3.39m
3.39m 3.11m 3.20m		
18 Fijan, Nicholas	Northern Suburbs	3.39m
3.39m FOUL 3.16m		
19 Shanahan, Christopher	Northern Suburbs	3.33m
3.33m 3.08m PASS		
20 Hill, Beau	Nth Rocks Carlin	3.06m
3.01m 3.06m FOUL		
21 Yao, Edwin	Parramatta	3.00m
FOUL 2.99m 3.00m		
22 Grieve, Alexander	Northern Suburbs	2.84m
FOUL 2.84m PASS		
23 Wong, Jonathan	Nth Rocks Carlin	2.77m
2.58m 2.77m FOUL		
-- Dessanti, Marco	Ryde	DNS

**Boys U 11 - Long Jump**

Zone: Z 5.21m 2003		Alexander Pettigrew, Parramat	
Name	Age Centre	Final	
1 Leivesley, Finn	Cherrybrook	4.44m	
4.32m 4.38m FOUL 4.17m	FOUL 4.44m		
2 Lawson, Liam	Nth Rocks Carlin	4.32m	
4.11m 3.96m 4.32m 3.85m	3.90m 3.90m		
3 Cox-Gallagher, Flynn	Ryde	4.05m	
4.05m 3.94m 4.02m 3.78m	4.00m 3.66m		
4 Chong, Jeffrey	Nth Rocks Carlin	4.00m	
3.86m 3.85m 3.61m 3.46m	3.73m 4.00m		
5 Economides, Alexander	Ryde	3.84m	
3.64m 3.45m 3.66m 3.46m	3.75m 3.84m		
6 Fernando, Dhulain	Cherrybrook	3.54m	
3.07m FOUL 3.54m 3.49m	FOUL FOUL		
7 Mallawa Arachchige, Ryan	Northern Suburbs	3.43m	
3.25m 3.40m 3.24m 3.33m	3.16m 3.43m		
8 Cheung YC, Enzo	Ryde	3.36m	
3.36m 3.29m 2.98m FOUL	FOUL 2.70m		
9 Liyanage, Andre	Cherrybrook	3.33m	
3.25m 3.33m 3.21m			
10 McQuillan, Aiden	Parramatta	3.25m	
3.25m 2.92m 2.77m			
11 Wilson, William	Parramatta	3.22m	
2.88m 2.81m 3.22m			
12 Johansen, Hayden	Cherrybrook	3.13m	
FOUL 3.10m 3.13m			
13 Kulkarni, Naithik	Parramatta	3.10m	
3.10m FOUL 2.93m			
14 Duffy, Rory	Northern Suburbs	3.10m	
2.87m 2.78m 3.10m			
15 Dixon, Hayden	Parramatta	3.09m	
3.03m 2.64m 3.09m			
16 Longley, William	Northern Suburbs	3.08m	
2.43m 2.30m 3.08m			
17 Lin, Donovan	Northern Suburbs	3.03m	
3.03m 2.96m 3.03m			

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 11 - Long Jump**

18	Smith, Josiah	Nth Rocks Carlin	2.88m
	FOUL 2.66m 2.88m		
19	Akbarzadeh, Ryan	Nth Rocks Carlin	2.72m
	2.72m 2.67m 2.64m		
20	Liu, Jasper	Nth Rocks Carlin	2.70m
	2.51m 2.70m 2.65m		
--	Grech, Kane	Cherrybrook	DNS
--	Tashjian, David	Ryde	DNS
--	Gyau-Awuah, Jett	Northern Suburbs	DNS
--	Evans, Adam	Northern Suburbs	DNS

**Boys U 12 - Long Jump**

Zone: Z 5.55m 2004				Alexander Pettigrew, Parramat			
Name	Age Centre			Final			
1	Chong, Jayden	Northern Suburbs			4.89m		
	4.47m 4.71m 4.88m 4.89m	FOUL 4.82m					
2	Keeping, Cohen	Nth Rocks Carlin			4.76m		
	4.58m 4.76m 4.49m 4.50m	4.57m 4.58m					
3	Wilson, Cooper	Northern Suburbs			4.58m		
	4.39m FOUL 4.08m 4.28m	4.58m 4.35m					
4	Sivaniruban, Aharshan	Parramatta			4.48m		
	3.92m 4.15m 4.06m 4.10m	4.35m 4.48m					
5	Pulfer, Daniel	Ryde			4.33m		
	4.23m FOUL FOUL 4.33m	FOUL 1.85m					
6	Aiken, Jackson	Parramatta			4.31m		
	3.11m 4.07m 4.11m 4.21m	4.31m 4.29m					
7	Maher, Ryan	Cherrybrook			4.26m		
	4.06m 4.26m 3.72m 4.10m	FOUL FOUL					
8	Menon, Vinay	Parramatta			4.07m		
	3.72m 3.86m 3.98m 3.96m	4.07m 4.02m					
9	Jung, Justin	Northern Suburbs			3.94m		
	3.74m 3.82m 3.94m						
10	Baddeley, Louis	Ryde			3.88m		
	3.50m 3.88m 3.47m						
11	Hill, Benji	Nth Rocks Carlin			3.84m		
	3.80m 3.79m 3.84m						
12	Penn, Oliver	Cherrybrook			3.84m		
	FOUL 3.75m 3.84m						
13	Soulyeone Mckeever, Jett	Parramatta			3.83m		
	3.83m 3.59m 3.70m						
14	Le Fevre, Jack	Ryde			3.83m		
	1.91m 3.68m 3.83m						
15	Wehbe, Joseph	Ryde			3.81m		
	3.81m FOUL 3.28m						
16	Bolt, Lucas	Ryde			3.78m		
	3.78m 3.66m FOUL						
17	Oppedisano, Raffael	Ryde			3.75m		
	3.75m 3.42m 3.58m						
18	Perkins, Dexter	Cherrybrook			3.66m		
	3.33m 3.43m 3.66m						
19	Choe, Benjamin	Parramatta			3.64m		
	3.64m FOUL FOUL						



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 12 - Long Jump**

20	Butler, Tobias	Nth Rocks Carlin	3.62m
	3.62m 3.56m 3.62m		
21	Choe, Julian	Parramatta	3.62m
	3.62m 3.58m 3.57m		
22	Cox, Oliver	Cherrybrook	3.60m
	3.60m 3.47m 3.29m		
23	Hebert, Stanley	Ryde	3.54m
	3.54m 3.53m PASS		
24	Penn, Maxwell	Cherrybrook	3.42m
	FOUL 3.42m 3.41m		
--	Wu, Roy	Ryde	FOUL
	FOUL FOUL FOUL		
--	Li, Yijia	Nth Rocks Carlin	DNS

**Boys U 13 - Long Jump**

Zone: Z 5.89m 2005				Alexander Pettigrew, Parramat	
Name	Age	Centre	Final		
1	Song, Alexander	Nth Rocks Carlin	5.39m		
	5.39m 5.30m 5.13m FOUL				
2	Seale, Kyan	Northern Suburbs	5.26m		
	5.26m PASS 4.98m 4.82m				
3	Mikan, James	Northern Suburbs	4.98m		
	4.98m 4.96m PASS 4.89m				
4	Kim, Andrew	Cherrybrook	4.89m		
	4.87m 4.89m 4.26m 4.75m				
5	Yip, Kingsley	Ryde	4.64m		
	4.19m 4.64m 4.56m 3.99m				
6	Mataele, Malachi	Parramatta	4.63m		
	4.50m 4.40m 4.29m 4.63m				
7	Campling, Aeden	Parramatta	4.51m		
	FOUL 4.14m 4.51m 4.50m				
8	Kim, Brian	Nth Rocks Carlin	4.38m		
	4.38m 4.26m FOUL FOUL				
9	Wechsler, John	Northern Suburbs	4.31m		
	4.24m 3.54m 4.31m				
10	Martin, Liam	Ryde	4.30m		
	4.30m 3.50m 4.29m				
11	Sharma, Rohan	Cherrybrook	4.25m		
	0.99m 4.13m 4.25m				
12	Kasprzak, Nixon	Nth Rocks Carlin	4.12m		
	FOUL 4.12m 3.94m				
13	Wechsler, Lewis	Northern Suburbs	4.08m		
	4.08m 3.87m FOUL				
14	Fleming, Mitchell	Nth Rocks Carlin	4.04m		
	FOUL 4.04m FOUL				
15	Gilbertson, Tyler	Ryde	3.70m		
	FOUL 3.70m FOUL				
16	Bagath, Rishon	Parramatta	3.36m		
	3.36m 3.19m 3.36m				
17	Billingsley, Wade	Cherrybrook	3.27m		
	3.19m 3.17m 3.27m				
18	Wang, Felix	Nth Rocks Carlin	3.16m		
	3.12m 3.16m FOUL				

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 13 - Long Jump**

-- Tashjian, Mark	Ryde	DNS
-- De mel, Charithu	Cherrybrook	DNS
-- Wegener, Isaac	Cherrybrook	DNS
-- Williams, Conor	Northern Suburbs	DNS

**Boys U 14 - Long Jump**

Zone: Z 6.08m 1989		J Robinson, North Rocks Carli	
Name	Age	Centre	Final
1 Kastelan, Jamie		Nth Rocks Carlin	5.06m
4.67m 4.59m 4.78m	5.06m		
2 Keeping, Hudson		Nth Rocks Carlin	4.85m
4.71m 4.85m 3.58m	4.43m		
3 O'Neil, Henry		Nth Rocks Carlin	4.71m
4.49m 4.46m 4.71m	4.04m		
4 Smart, Nicholas		Nth Rocks Carlin	4.63m
4.17m 4.63m 4.28m	4.25m		
5 Wigham, Harry		Cherrybrook	4.49m
4.49m 4.19m 4.10m	2.05m		
6 Wong, Marcus		Nth Rocks Carlin	4.27m
4.03m 4.09m 4.27m	4.20m		
7 Butcher, Luke		Parramatta	4.26m
4.09m 3.99m 4.02m	4.26m		
8 Billingsley, Blake		Cherrybrook	4.01m
4.01m 3.90m 3.98m	3.98m		
9 Michaels, Lucas		Ryde	3.36m
FOUL 3.36m 3.29m			
-- Deng, Phoenix		Parramatta	DNS

**Boys U 15 - Long Jump**

Zone: Z 6.51m 2010		Morgan Paterson, Northern Sub	
Name	Age	Centre	Final
1 Ghadiali, Kyros		Parramatta	6.32m
FOUL FOUL 6.21m 6.10m	6.32m	FOUL	
2 Lewanavanua, Ratu Viliam		Nth Rocks Carlin	5.99m
FOUL 5.91m 5.99m	FOUL	FOUL 5.88m	
3 Price, Samuel		Cherrybrook	5.87m
5.87m PASS 5.86m 5.77m	5.84m	5.87m	
4 Kim, Brenden		Nth Rocks Carlin	5.24m
5.24m 5.11m 5.15m	4.66m	4.37m	FOUL
5 Lumley, Jude		Northern Suburbs	5.15m
FOUL 5.05m 5.15m	FOUL	PASS PASS	
6 Pereira de Jesus, Oliver		Northern Suburbs	5.04m
5.04m 4.85m 4.47m	4.45m	4.82m	4.59m
7 Nilon, Christopher		Nth Rocks Carlin	4.83m
4.49m 3.94m 4.75m	FOUL	4.79m	4.83m
8 Runo, Thayu		Northern Suburbs	4.60m
4.60m 4.43m 3.22m	4.16m	4.28m	3.85m
9 Semaganda, Evan		Cherrybrook	4.57m
4.40m 4.57m 4.27m			
10 Wolfson, Moses		Ryde	4.22m
4.22m 4.17m 4.16m			

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 15 - Long Jump**

11 Feng, Ambrose	Ryde	4.19m
4.02m 4.04m 4.19m		
12 Waqabaca, Tomasi	Nth Rocks Carlin	4.18m
4.18m 2.94m 3.68m		
-- Shipman, Matteo	Northern Suburbs	DNS
-- Kolman, Cody	Ryde	DNS

**Boys U 17 - Long Jump**

Zone: Z 6.80m 12/12/2015 Josh Baddock, Cherrybrook			
Name	Age	Centre	Final
1 Chandler, Owen		Ryde	6.02m
5.98m 5.93m 5.91m 6.02m		FOUL FOUL	
2 Wong, Lewis		Nth Rocks Carlin	5.47m
5.47m 4.09m FOUL 5.36m		FOUL FOUL	
3 Hennessey, Xavier		Cherrybrook	5.38m
5.38m 5.07m FOUL 5.14m		5.23m FOUL	
4 Bragg, Declan		Parramatta	5.34m
4.65m 5.04m 5.34m 5.01m		5.07m FOUL	
5 Perry, William		Nth Rocks Carlin	4.94m
FOUL 4.28m FOUL 4.68m		4.94m 4.67m	
-- Hampton, Teddy		Cherrybrook	DNS
-- Moala, Christopher		Ryde	DNS
-- Gange, Riley		Nth Rocks Carlin	DNS

**Boys U 11 - Triple Jump**

Zone: Z 10.27m 2010 William Freyer, Northern Sub			
Name	Age	Centre	Final
1 Cox-Gallagher, Flynn		Ryde	8.36m
8.36m 7.61m 8.08m 8.10m			
2 Chong, Jeffrey		Nth Rocks Carlin	7.89m
7.73m 7.77m 7.89m 7.25m			
3 Economides, Alexander		Ryde	7.65m
FOUL 7.65m 7.38m 7.54m			
4 Gross, Oliver		Nth Rocks Carlin	7.63m
7.56m 7.10m 7.63m 7.12m			
5 Duffy, Rory		Northern Suburbs	7.39m
FOUL FOUL 6.85m 7.39m			
6 Fernando, Dhulain		Cherrybrook	7.37m
6.75m 7.00m 7.37m FOUL			
7 Vercoe, Lachlan		Cherrybrook	7.33m
7.15m 7.22m 7.24m 7.33m			
8 Mallowa Arachchige, Ryan		Northern Suburbs	7.26m
6.60m 6.84m 7.26m 7.21m			
9 Scuglia, Alexander		Ryde	5.65m
5.57m 5.65m 5.65m			
-- Lawson, Liam		Nth Rocks Carlin	DNS
-- Evans, Adam		Northern Suburbs	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 12 - Triple Jump**

Zone: Z 11.06m 2003		Martin Stonis, Northern Subu	
Name	Age	Centre	Final
1 Pulfer, Daniel		Ryde	9.54m
FOUL 9.54m	FOUL 9.37m		
2 Sivaniruban, Aharshan		Parramatta	9.53m
9.44m 9.47m 9.53m	FOUL		
3 Keeping, Cohen		Nth Rocks Carlin	9.45m
9.45m 9.38m 9.24m 9.36m			
4 Wilson, Cooper		Northern Suburbs	9.37m
9.06m 9.37m 9.15m 8.69m			
5 Hebert, Stanley		Ryde	9.32m
9.08m 9.32m 9.12m			
6 Chong, Jayden		Northern Suburbs	8.87m
8.87m 8.86m	FOUL 8.79m		
7 Soulyeone Mckeever, Jett		Parramatta	8.66m
8.62m 8.66m	FOUL FOUL		
8 Hill, Benji		Nth Rocks Carlin	8.46m
8.46m 8.25m	FOUL 7.57m		
9 Wu, Roy		Ryde	8.39m
8.33m 8.39m 7.79m			
10 Duma, Oscar		Ryde	8.28m
8.13m 8.28m 7.82m			
11 Maher, Ryan		Cherrybrook	8.05m
7.65m 7.57m 8.05m			
12 Wong, Daymon		Nth Rocks Carlin	7.97m
5.98m 7.09m 7.97m			
13 Bolt, Lucas		Ryde	7.86m
7.40m 7.63m 7.86m			
14 Forsyth, Liam		Parramatta	7.16m
6.71m 7.16m 7.11m			
15 Sat, Noam		Ryde	6.49m
FOUL 6.49m	FOUL		
-- Choe, Benjamin		Parramatta	DNS
-- Penn, Oliver		Cherrybrook	DNS
-- Cholamukhath, Mian Fizaa		Ryde	DNS
-- Choe, Julian		Parramatta	DNS

**Boys U 13 - Triple Jump**

Zone: Z 11.65m 2009		Alec Diamond, Northern Subur	
Name	Age	Centre	Final
1 Mikan, James		Northern Suburbs	11.16m
10.19m 9.89m 10.97m 10.87m 10.70m 11.16m			
2 Seale, Kyan		Northern Suburbs	11.09m
10.99m 10.66m 10.77m 10.93m 10.91m 11.09m			
3 Song, Alexander		Nth Rocks Carlin	10.48m
9.78m 10.02m 10.14m 10.06m 10.21m 10.48m			
4 Campling, Aeden		Parramatta	9.64m
9.13m 9.36m 9.25m 9.28m 9.38m 9.64m			
5 Mataele, Malachi		Parramatta	9.44m
9.11m 8.87m 9.44m 9.26m 8.68m 9.44m			
6 Kim, Brian		Nth Rocks Carlin	9.25m
9.15m 8.78m 9.25m	FOUL 9.08m 9.14m		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 13 - Triple Jump**

7	Gilbertson, Tyler	Ryde	9.05m
	8.71m 8.25m 8.57m 8.95m	FOUL	9.05m
8	Fleming, Mitchell	Nth Rocks Carlin	8.71m
	8.71m 8.65m 8.49m 8.31m	FOUL	8.66m
9	Wechsler, Lewis	Northern Suburbs	8.67m
	8.31m 8.67m 8.62m		
10	Kasprzak, Nixon	Nth Rocks Carlin	8.62m
	8.62m 8.53m 8.36m		
11	Kang, Daniel	Ryde	8.57m
	8.57m 8.04m 8.23m		
12	Martin, Liam	Ryde	8.34m
	8.23m 8.16m 8.34m		
13	El Sayed Ahmad, Zane	Parramatta	8.20m
	8.20m 7.93m 7.72m		
14	Laurie, Callum	Ryde	8.17m
	8.05m 8.17m 8.05m		
15	Billingsley, Wade	Cherrybrook	7.65m
	7.41m 7.57m 7.65m		
16	Trigwell, Dominic	Ryde	7.52m
	7.37m 7.52m 7.25m		
17	Wang, Felix	Nth Rocks Carlin	7.46m
	FOUL 7.07m 7.46m		
--	Inman, Lachlan	Ryde	DNS

**Boys U 14 - Triple Jump**

=====			
	Zone: Z 12.62m	2009	Morgan Paterson, Northern Su
Name	Age	Centre	Final
=====			
1	Kastelan, Jamie	Nth Rocks Carlin	10.73m
	10.73m FOUL FOUL 9.88m	10.32m 10.39m	
2	Wigham, Harry	Cherrybrook	10.46m
	10.23m 10.40m 10.34m 10.03m	10.46m 10.41m	
3	Keeping, Hudson	Nth Rocks Carlin	10.36m
	FOUL FOUL 7.84m FOUL 10.07m	10.36m	
4	Wong, Marcus	Nth Rocks Carlin	9.76m
	9.09m 9.01m 9.00m 8.32m	9.52m 9.76m	
5	Smart, Nicholas	Nth Rocks Carlin	9.60m
	9.26m 9.60m 9.28m 9.13m	9.25m 9.56m	
6	Butcher, Luke	Parramatta	8.75m
	8.53m 8.75m FOUL		
7	Michaels, Lucas	Ryde	8.28m
	8.04m 8.08m FOUL 7.79m	8.28m 8.07m	

**Boys U 15 - Triple Jump**

=====			
	Zone: Z 13.36m	2010	Cameron Pappas, Ryde
Name	Age	Centre	Final
=====			
1	Ghadiali, Kyros	Parramatta	12.68m
	12.68m 12.60m PASS PASS		
2	Lewanavanua, Ratu Viliam	Nth Rocks Carlin	12.13m
	FOUL FOUL 11.85m 12.13m		
3	Kim, Brenden	Nth Rocks Carlin	11.32m
	10.98m 11.32m FOUL FOUL		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Boys U 15 - Triple Jump**

4	Shipman, Matteo	Northern Suburbs	11.25m
	FOUL 11.25m 11.00m 10.69m		
5	Lumley, Jude	Northern Suburbs	10.47m
	10.47m PASS PASS		
6	Lawrence, Benjamin	Nth Rocks Carlin	10.34m
	10.34m 10.13m 10.34m FOUL		
7	Semaganda, Evan	Cherrybrook	9.93m
	9.45m 9.78m 9.59m 9.93m		
8	Feng, Ambrose	Ryde	9.86m
	9.33m 9.69m 9.86m 9.73m		
9	Waqabaca, Tomasi	Nth Rocks Carlin	9.47m
	9.28m 9.47m FOUL		
10	Redhead, Ryan	Cherrybrook	9.01m
	8.89m 9.01m 8.92m		
--	Danks, Leon	Ryde	DNS

**Boys U 17 - Triple Jump**

=====			
	Zone: Z 14.94m 2012	Emmanuel Fakiye, Nth Rocks C	
	Name	Age Centre	Final
=====			
1	Chandler, Owen	Ryde	12.60m
	12.60m 12.30m 12.39m PASS		
2	Lawson, John	Nth Rocks Carlin	12.29m
	11.46m 12.09m 12.29m 12.22m		
3	Wong, Lewis	Nth Rocks Carlin	11.89m
	FOUL 11.74m 11.87m 11.89m		
4	Feldman, Kennedy	Cherrybrook	11.76m
	11.57m 11.73m 11.49m 11.76m		
5	Holman, Evan	Parramatta	11.58m
	11.32m 11.31m FOUL 11.58m		
6	Corne, Oliver	Parramatta	11.41m
	10.69m 10.98m 10.86m 11.41m		
7	Abood, Zachariah	Parramatta	11.26m
	10.58m 11.26m 10.94m 11.05m		
8	Perry, William	Nth Rocks Carlin	11.17m
	9.79m 10.48m 11.17m FOUL		
9	Boccaletti, Marco	Cherrybrook	10.91m
	10.70m 10.70m 10.91m		
10	Belson, Jude	Northern Suburbs	9.95m
	9.95m FOUL 9.81m		
--	Hennessey, Xavier	Cherrybrook	DNS
--	Moala, Christopher	Ryde	DNS
--	Hampton, Teddy	Cherrybrook	DNS
--	Bealby, Jude	Northern Suburbs	DNS
--	Waldron, Lachlan	Nth Rocks Carlin	DNS
--	Gange, Riley	Nth Rocks Carlin	DNS

**Boys U 7 - Shot Put (1.0 Kg)**

=====			
	Zone: Z 8.16m 2008	Matthew Mikhael, Hornsby Dist	
	Name	Age Centre	Final
=====			
1	Zhong, Carter	Northern Suburbs	5.70m
	4.97m 5.25m 4.94m 5.23m 5.70m 5.37m		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 7 - Shot Put (1.0 Kg)**

2	Cox, Darcy				Ryde	5.43m
		5.07m	5.28m	3.90m	5.01m	5.43m 5.23m
3	Aroyan, Jonah				Parramatta	5.21m
		FOUL	4.79m	4.92m	4.82m	5.21m 4.99m
4	Topp, Archie				Northern Suburbs	5.13m
		4.32m	4.79m	4.81m	4.75m	3.28m 5.13m
5	Pellegrino, Jack				Northern Suburbs	3.41m
		FOUL	FOUL	2.73m	FOUL	3.41m 3.25m
6	Lolomanaia, Malakai				Nth Rocks Carlin	3.39m
		FOUL	2.86m	FOUL	3.39m	3.28m FOUL
--	Lee, Raikkonen				Northern Suburbs	FOUL
		FOUL	FOUL	FOUL		
--	Sido, Ronak				Northern Suburbs	FOUL
		FOUL	FOUL	FOUL		
--	Dadge, Timothy				Parramatta	FOUL
		FOUL	FOUL	FOUL		
--	Obrien, Tait				Nth Rocks Carlin	FOUL
		FOUL	FOUL	FOUL		
--	Wang, Roger				Nth Rocks Carlin	FOUL
		FOUL	FOUL	FOUL		
--	O'Hearn, Cooper				Nth Rocks Carlin	DNS
--	Cummings, Nick				Nth Rocks Carlin	DNS

**Boys U 8 - Shot Put (1.5 Kg)**

=====						
	Zone: Z	8.59m	2010		Daniel Menin, Parramatta	
Name	Age	Centre	Final			
=====						
1	Deepak, Aaren				Nth Rocks Carlin	6.29m
		4.95m	FOUL	5.70m	6.27m	6.10m 6.29m
2	Ekers, Joshua				Ryde	6.11m
		4.56m	FOUL	5.21m	FOUL	5.13m 6.11m
3	Darby, Laurence				Cherrybrook	5.55m
		FOUL	5.08m	FOUL	5.55m	5.53m FOUL
4	Garland, Thomas				Nth Rocks Carlin	5.19m
		4.70m	5.11m	5.19m	4.64m	4.71m 4.89m
5	Ng Chok, Archer				Parramatta	4.89m
		4.76m	4.41m	FOUL	FOUL	4.89m 4.81m
6	Hilgendorf, Tomas				Cherrybrook	4.53m
		4.07m	4.11m	3.75m	3.96m	4.17m 4.53m
7	Dunne, Jordan				Northern Suburbs	4.10m
		4.10m	FOUL	3.82m	FOUL	3.73m 3.86m
8	Bakla, Mason				Ryde	3.52m
		3.46m	3.44m	3.52m	3.03m	FOUL 3.20m
9	Gower, Noah				Parramatta	3.47m
		3.47m	FOUL	2.69m		
10	Dharmsey, Jiyansh				Cherrybrook	3.11m
		3.11m	2.52m	FOUL		
11	Hebert, Walter				Ryde	2.42m
		FOUL	FOUL	2.42m		
--	Seif, Noah				Parramatta	FOUL
		FOUL	FOUL	FOUL		
--	Kulkarni, Sharvil				Parramatta	DNS

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 9 - Shot Put (2.0 Kg)**

Zone: Z 10.21m 2011		Daniel Menin, Parramatta	
Name	Age	Centre	Final
1 Elder, Maximilian		Parramatta	5.37m
4.58m 5.10m 5.37m FOUL		5.04m 5.37m	
2 Zipaquirá Romero, Martin		Northern Suburbs	5.17m
4.39m 4.59m 5.17m 4.63m		4.72m 4.69m	
3 Wechsler, Nathan		Northern Suburbs	5.08m
4.84m FOUL 5.08m 4.24m		4.88m 4.44m	
3 Verissimo, Santiago		Northern Suburbs	5.08m
5.08m 4.96m 4.74m 4.94m		4.83m 4.86m	
5 O'Leary, Isaac		Northern Suburbs	4.84m
4.55m 4.11m 4.84m 4.57m		4.46m 4.57m	
6 Baddeley, Joey		Ryde	4.77m
4.77m 4.56m 4.69m FOUL		4.25m 4.23m	
7 Jowett, Dylan		Parramatta	4.67m
4.10m FOUL 3.01m 4.34m		3.74m 4.67m	
8 Fitzpatrick, Sean		Nth Rocks Carlin	4.45m
FOUL 3.48m 4.13m 4.34m		4.06m 4.45m	
9 Saliba, Thorin		Parramatta	3.24m
3.24m 2.89m FOUL			
10 Fernando, Chenuka		Cherrybrook	3.16m
2.80m 3.16m FOUL			
-- Moussa, Christopher		Parramatta	DNS
-- Kerr, Elliott		Parramatta	DNS
-- Khoury, Charbel		Parramatta	DNS

**Boys U 10 - Shot Put (2.0 Kg)**

Zone: Z 11.33m 2012		Daniel Menin, Parramatta	
Name	Age	Centre	Final
1 Wu, Austin		Nth Rocks Carlin	8.08m
8.08m 7.39m 7.50m 7.37m		7.21m 7.83m	
2 Lolomanaia, Samiuella		Nth Rocks Carlin	7.38m
6.91m 7.38m 6.97m 6.00m		6.64m 6.76m	
3 Wilkin-Smith, Henry		Northern Suburbs	6.86m
5.43m 4.72m 6.42m 4.93m		6.86m FOUL	
4 Griffiths (1), Archer		Ryde	6.77m
6.77m 6.76m 6.61m FOUL		6.50m 6.22m	
5 Dunne, Xavier		Northern Suburbs	6.39m
5.89m 6.22m 6.39m 6.39m		5.96m 5.89m	
6 Pulfer, Nathan		Ryde	6.16m
FOUL 5.88m 6.13m 6.16m		5.83m 5.81m	
7 Holl, Ashton		Ryde	6.12m
4.82m FOUL 6.12m 5.70m		FOUL FOUL	
8 Reid, Alexander M		Cherrybrook	6.09m
5.45m 5.36m 5.98m FOUL		5.27m 6.09m	
9 Song, Kevin		Nth Rocks Carlin	5.69m
5.69m 5.36m 5.38m			
10 Megarrity, Lewis		Ryde	5.54m
5.01m 5.54m 5.27m			
11 Grieve, Alexander		Northern Suburbs	5.46m
5.46m FOUL FOUL			



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 10 - Shot Put (2.0 Kg)**

12	Xia, Kaixin	Nth Rocks Carlin	5.40m
	5.38m 5.40m 5.39m		
13	Eaton, Joshua	Northern Suburbs	4.68m
	4.68m FOUL 4.49m		
14	Chua, Thomas	Ryde	4.42m
	4.37m 4.42m 4.40m		
15	Ko, Ezra	Northern Suburbs	4.30m
	FOUL 4.30m 4.24m		
16	Kohout, Daniel	Ryde	4.00m
	3.68m 4.00m 3.30m		
17	Yan, Tyler	Nth Rocks Carlin	3.94m
	3.94m 3.77m 3.81m		
18	Trinidad, Joshua	Parramatta	3.63m
	2.88m 3.16m 3.63m		

**Boys U 11 - Shot Put (2.0 Kg)**

Zone: Z 12.85m 14/12/2013 Daniel Menin, Parramatta			
Name	Age	Centre	Final
1 Hewitt, Ayden		Nth Rocks Carlin	9.16m
	8.79m 9.16m 8.80m 8.13m		7.97m 8.63m
2 McGregor, Mitchell		Ryde	7.96m
	7.57m 7.65m 7.96m 7.24m		7.68m FOUL
3 Lin, Donovan		Northern Suburbs	6.73m
	6.50m 6.73m 6.39m 6.64m		5.98m 6.17m
4 Smith, Josiah		Nth Rocks Carlin	6.60m
	5.96m 5.25m 6.60m 6.19m		6.31m 5.67m
5 Moir, Kaiden		Nth Rocks Carlin	5.87m
	5.87m 5.37m FOUL 5.42m		5.56m FOUL
6 Hilgendorf, Jack		Cherrybrook	5.83m
	5.46m FOUL 4.99m 5.05m		5.83m 5.80m
7 Radzim, Zachary		Northern Suburbs	5.74m
	4.44m 5.10m 5.39m 5.18m		5.74m 5.62m
-- Kulkarni, Naithik		Parramatta	DNS
-- Akbarzadeh, Ryan		Nth Rocks Carlin	DNS

**Boys U 12 - Shot Put (2.0 Kg)**

Zone: Z 13.82m 09/12/2018 Michael Ajaka, Parramatta			
Name	Age	Centre	Final
1 Shiel, Charlie		Ryde	10.79m
	10.23m 10.79m 9.98m FOUL		9.43m 10.48m
2 Butler, Tobias		Nth Rocks Carlin	9.51m
	8.37m 8.93m 8.72m 9.14m		9.51m 8.82m
3 Danks, Harlen		Ryde	9.02m
	8.48m 9.02m FOUL 8.27m		7.31m 8.02m
4 Hoang, Leon		Northern Suburbs	8.47m
	7.53m 8.04m 8.01m 7.93m		8.47m 8.37m
5 Bolt, Lucas		Ryde	8.39m
	6.67m 5.92m 6.97m FOUL		7.66m 8.39m
6 Williams, Bailey		Nth Rocks Carlin	7.53m
	6.77m 7.53m 7.24m 6.74m		7.03m 7.41m

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Boys U 12 - Shot Put (2.0 Kg)**

7 Forsyth, Liam		Parramatta	6.87m
	6.87m 6.71m 6.30m 6.17m 6.47m 6.37m		
8 Megarrity, Jack		Ryde	6.76m
	6.25m 5.63m 6.76m 6.43m 6.06m 5.98m		
9 Steel, Liam		Cherrybrook	6.72m
	5.75m 6.72m 5.88m		
10 Perkins, Dexter		Cherrybrook	6.67m
	5.25m 6.67m FOUL		
11 Lukas, Andrew		Northern Suburbs	6.57m
	6.05m 5.97m 6.57m		
-- Mclenaghan, Miller		Ryde	DNS
-- Li, Yijia		Nth Rocks Carlin	DNS
-- Pedrosa, Nicolas		Northern Suburbs	DNS
-- de Sacadura, George		Cherrybrook	DNS
-- Thushyanthan, Swarthik		Parramatta	DNS
-- Holcombe, Mason		Parramatta	DNS

**Boys U 13 - Shot Put (3.0 Kg)**

Zone: Z 15.96m 1997		A Tee, Tiger Wests	
Name	Age Centre		Final
1 Tai, Alfa		Northern Suburbs	9.89m
	8.62m 9.89m 9.21m 9.62m 9.21m 8.97m		
2 O'Leary, Liam		Northern Suburbs	9.71m
	9.29m 8.81m 9.70m 9.41m 9.52m 9.71m		
3 Collier, Noah		Nth Rocks Carlin	9.59m
	9.10m 9.22m 9.59m 9.06m 9.02m 8.46m		
4 Song, Alexander		Nth Rocks Carlin	9.00m
	8.26m 9.00m 8.76m 8.79m 8.39m 8.20m		
5 Wilson, Christopher		Parramatta	8.64m
	FOUL 8.08m FOUL 7.96m 8.64m 8.24m		
6 Webb, Kieran		Ryde	8.12m
	8.05m 7.43m 7.38m FOUL 7.48m 8.12m		
7 Semaan, Daniel		Parramatta	7.88m
	7.48m 6.27m 7.53m 7.88m 7.73m 7.41m		
8 Gilbertson, Tyler		Ryde	7.40m
	7.08m 6.77m 7.05m 6.78m FOUL 7.40m		
9 Kheiroollahpoor, Kian		Ryde	6.74m
	FOUL 6.74m 6.56m		
10 Wang, Felix		Nth Rocks Carlin	6.44m
	FOUL 6.44m 6.39m		
-- Prasanna, Skandha		Nth Rocks Carlin	DNS
-- Fifita-Uluikavoro, Aisak		Parramatta	DNS

**Boys U 14 - Shot Put (3.0 Kg)**

Zone: Z 15.94m 11/12/2016		Daniel Menin, Parramatta	
Name	Age Centre		Final
1 Semaan, Jacob		Parramatta	12.21m
	11.25m 10.97m FOUL 11.61m 12.21m 11.21m		
2 Kankanige, Vinuka		Nth Rocks Carlin	10.69m
	9.06m FOUL 9.70m 10.14m 10.69m 10.63m		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 14 - Shot Put (3.0 Kg)**

2	Govers, Benjamin	Northern Suburbs	10.69m
	8.57m 8.67m 10.24m 10.06m 10.24m 10.69m		
4	Smart, Nicholas	Nth Rocks Carlin	10.62m
	10.39m 9.40m 10.27m 9.56m 10.62m 9.64m		
5	Kankanige, Senuka	Nth Rocks Carlin	9.14m
	8.73m 8.94m FOUL 8.83m 9.14m 9.02m		
6	Lawrence, Matthew	Nth Rocks Carlin	8.51m
	8.25m 8.51m 7.90m 7.98m FOUL 8.36m		
7	Griffiths, Lincoln	Ryde	8.50m
	8.35m 7.82m 8.14m 7.86m 8.50m 7.58m		
8	Michaels, Lucas	Ryde	7.78m
	6.92m 7.20m 7.78m 7.60m 7.42m FOUL		
9	Billingsley, Blake	Cherrybrook	7.36m
	7.07m 7.36m 6.93m		
--	de Sacadura, James	Cherrybrook	DNS

**Boys U 15 - Shot Put (4.0 Kg)**

=====			
	Zone: Z 16.70m	1996	J Harwood, Hornsby District
Name	Age	Centre	Final
=====			
1	Price, Samuel	Cherrybrook	12.33m
	11.57m 11.31m 12.33m FOUL FOUL FOUL		
2	Darby, Edward	Cherrybrook	9.71m
	9.62m 9.71m 9.69m 9.23m 8.56m 9.42m		
3	Lawler, Thomas	Nth Rocks Carlin	9.70m
	8.40m 9.46m 9.64m 8.76m 9.02m 9.70m		
4	Kim, Brenden	Nth Rocks Carlin	9.59m
	7.54m 8.07m 9.59m 9.20m 9.24m 8.99m		
5	Fairbairn, Hugh	Northern Suburbs	8.65m
	8.65m FOUL 7.46m FOUL 7.82m 7.91m		
6	Lawrence, Benjamin	Nth Rocks Carlin	8.25m
	7.60m 8.13m 7.92m 8.25m 7.72m 8.01m		

**Boys U 17 - Shot Put (5.0 Kg)**

=====			
	Zone: Z 17.25m	29/01/2022	Benjamin Stevens, Ryde
Name	Age	Centre	Final
=====			
1	Waldron, Lachlan	Nth Rocks Carlin	11.62m
	9.44m 11.05m 11.62m 11.43m 11.27m 11.49m		
2	Schneider, Thomas	Nth Rocks Carlin	11.02m
	9.81m 10.81m 11.02m 10.16m 9.73m 10.20m		
3	Billingsley, Justin	Cherrybrook	10.66m
	9.63m 9.74m 9.69m 10.66m FOUL 10.66m		
4	Mirzaei, Rebeen	Nth Rocks Carlin	10.23m
	8.16m FOUL 10.12m 9.11m 10.23m 9.37m		
--	Moala, Christopher	Ryde	DNS

**Boys U 7 - Discus (350 Gram)**

=====			
	Zone: Z 20.65m	2008	Matthew Mikhael, Hornsby Dis
Name	Age	Centre	Final
=====			

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Boys U 7 - Discus (350 Gram)**

1	Cricchiola, Jacob	Nth Rocks Carlin	15.47m
	FOUL 15.47m 7.23m FOUL 14.85m 15.05m		
2	Moore, Oliver	Ryde	10.92m
	10.69m 10.25m 9.96m 10.92m 6.96m FOUL		
3	Rathod, Yansh	Parramatta	10.79m
	9.81m 9.89m 10.79m 8.85m 9.10m 10.40m		
4	Lolomanaia, Malakai	Nth Rocks Carlin	10.12m
	9.70m FOUL 9.55m 10.12m 9.00m 9.65m		
5	Dadge, Timothy	Parramatta	8.98m
	FOUL 4.06m 8.98m FOUL FOUL 7.94m		
6	O'Hearn, Cooper	Nth Rocks Carlin	8.75m
	6.55m 8.75m FOUL FOUL FOUL FOUL		
7	Williams, Hugo	Northern Suburbs	8.70m
	FOUL 8.70m FOUL FOUL FOUL FOUL		
8	Fitzpatrick, Aidan	Nth Rocks Carlin	8.60m
	7.67m 8.60m FOUL FOUL 7.93m FOUL		
9	Perez Garcia, Michael An	Parramatta	7.45m
	FOUL FOUL 7.45m		
10	Obrien, Tait	Nth Rocks Carlin	7.15m
	7.03m 7.15m 5.88m		
11	Wang, Archer	Ryde	5.00m
	5.00m 2.15m 2.02m		
--	Blanco, Felix	Northern Suburbs	FOUL
	FOUL FOUL FOUL		
--	Wang, Roger	Nth Rocks Carlin	FOUL
	FOUL FOUL FOUL		
--	Sido, Ronak	Northern Suburbs	FOUL
	PASS FOUL FOUL		
--	Sandeep, Aaron	Parramatta	DNS
--	Cummings, Nick	Nth Rocks Carlin	DNS
--	Charteris, Oscar	Ryde	DNS

**Boys U 8 - Discus (500 Gram)**

=====			
	Zone: Z 24.09m 2002	D Williams, Parramatta	
Name	Age	Centre	Final
=====			
1	Ekers, Joshua	Ryde	17.91m
	FOUL 16.34m FOUL 17.41m 17.37m 17.91m		
2	Ng Chok, Archer	Parramatta	14.36m
	12.61m 13.81m 10.63m 14.36m 12.20m 14.33m		
3	Darby, Laurence	Cherrybrook	12.48m
	12.38m FOUL 12.27m FOUL 12.24m 12.48m		
4	Deepak, Aaren	Nth Rocks Carlin	12.47m
	FOUL 11.10m 11.41m 11.87m 10.90m 12.47m		
5	Chahal, Jaiden	Nth Rocks Carlin	12.39m
	12.39m 11.57m 12.13m 11.90m 11.44m FOUL		
6	Garland, Thomas	Nth Rocks Carlin	11.26m
	10.83m 10.61m FOUL 11.23m 11.26m 10.18m		
7	Dunne, Jordan	Northern Suburbs	9.92m
	9.36m FOUL 9.84m 9.92m 9.72m 9.70m		
8	hu, haotian	Northern Suburbs	9.42m
	FOUL FOUL 9.42m 8.63m FOUL FOUL		
9	Sat, Ivri	Ryde	9.07m
	8.92m FOUL 9.07m		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 8 - Discus (500 Gram)**

10	Gower, Noah	Parramatta	9.00m
	FOUL 7.80m 9.00m		
11	Robinson, Will	Northern Suburbs	8.87m
	8.87m 6.00m 7.78m		
12	Giang, Sebastian	Cherrybrook	7.92m
	FOUL 7.92m 7.46m		
13	Hebert, Walter	Ryde	4.83m
	FOUL 4.83m FOUL		
--	Cellacay, Gavin	Ryde	FOUL
	FOUL FOUL FOUL		
--	Kerr, Roman	Parramatta	DNS
--	Perri, Joey	Parramatta	DNS
--	Kulkarni, Sharvil	Parramatta	DNS

**Boys U 9 - Discus (500 Gram)**

Zone: Z 39.46m 1997				Chris Bassett, Hornsby Dirst	
Name	Age	Centre	Final		
1	Tangri, Aaryaveer	Cherrybrook	22.76m		
	21.06m 0.75m FOUL FOUL	20.95m 22.76m			
2	Zipaquira Romero, Martin	Northern Suburbs	16.71m		
	15.53m 16.71m 15.06m 14.04m	FOUL 15.85m			
3	Garton, Jaxon	Northern Suburbs	15.01m		
	FOUL FOUL 15.01m 14.20m	FOUL 14.87m			
4	Lukas (Yc), Charles	Northern Suburbs	14.76m		
	FOUL 14.76m 14.41m	FOUL FOUL 13.79m			
5	Smart, Daniel	Nth Rocks Carlin	14.37m		
	14.37m 13.99m FOUL 12.28m	10.42m 11.51m			
6	Alexander, Elliott	Ryde	14.25m		
	FOUL 3.67m 14.25m 10.40m	FOUL FOUL			
7	Fitzpatrick, Sean	Nth Rocks Carlin	14.10m		
	12.95m 11.82m 13.37m 13.25m	14.10m 12.18m			
8	O'Leary, Isaac	Northern Suburbs	13.58m		
	12.41m 11.78m 13.58m 11.93m	13.32m 11.52m			
9	Tabrett, Tyler	Cherrybrook	12.96m		
	12.05m 12.96m FOUL				
10	Kendall, Jenson	Nth Rocks Carlin	12.11m		
	12.11m FOUL 6.21m				
11	Ingram, Brock	Cherrybrook	11.76m		
	11.76m 10.71m 11.27m				
12	Jowett, Dylan	Parramatta	10.84m		
	FOUL FOUL 10.84m				
13	Yamuzala, Akhil	Parramatta	10.02m		
	FOUL 10.02m FOUL				
14	Moussa, Christopher	Parramatta	4.16m		
	FOUL FOUL 4.16m				
--	Garton, Jett	Northern Suburbs	FOUL		
	FOUL FOUL FOUL				
--	Saliba, Thorin	Parramatta	FOUL		
	FOUL FOUL FOUL				
--	Kerr, Elliott	Parramatta	DNS		
--	D'Costa, Asher	Parramatta	DNS		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 10 - Discus (500 Gram)**

Zone: Z 39.46m 1998		Chris Bassett, Hornsby Distr	
Name	Age	Centre	Final
1 Griffiths (1), Archer		Ryde	29.00m
	FOUL 26.79m	FOUL 29.00m 26.02m 28.78m	
2 Dunne, Xavier		Northern Suburbs	26.51m
	25.20m 26.43m	FOUL 23.71m FOUL 26.51m	
3 Bourne, Ethan		Ryde	21.85m
	21.44m 20.70m	21.85m 5.30m FOUL 17.39m	
4 Pulfer, Nathan		Ryde	20.15m
	18.55m 14.49m	20.15m 7.28m 19.76m 19.46m	
5 Reid, Alexander M		Cherrybrook	20.12m
	FOUL FOUL 17.33m	6.21m 16.82m 20.12m	
6 Nanni, James		Parramatta	18.03m
	17.78m FOUL FOUL	17.08m 16.20m 18.03m	
7 Wu, Austin		Nth Rocks Carlin	17.53m
	FOUL 16.49m	17.05m 17.53m FOUL 3.87m	
8 Chahal, Saacha		Nth Rocks Carlin	16.82m
	16.56m 14.67m	16.82m 15.67m 11.06m 15.50m	
9 Nesovanovic, Bogdan		Ryde	16.02m
	FOUL 14.74m	16.02m	
10 Lolomanaia, Samiuella		Nth Rocks Carlin	13.62m
	FOUL FOUL	13.62m	
11 Wolfson, Enoch		Ryde	13.31m
	FOUL 13.31m	FOUL	
12 Xia, Kaixin		Nth Rocks Carlin	13.21m
	FOUL 12.51m	13.21m	
13 Shehadie, Jaidyn		Parramatta	13.03m
	13.03m 11.63m	12.26m	
14 Eaton, Joshua		Northern Suburbs	12.72m
	FOUL 9.46m	12.72m	
15 Griffiths (2), Archer		Ryde	12.34m
	9.62m 10.32m	12.34m	
16 Yao, Edwin		Parramatta	11.08m
	11.08m FOUL	10.85m	
17 Song, Kevin		Nth Rocks Carlin	10.55m
	FOUL 10.55m	FOUL	
-- Grieve, Alexander		Northern Suburbs	FOUL
	FOUL FOUL FOUL		
-- Kohout, Daniel		Ryde	DNS
-- Shanahan, Christopher		Northern Suburbs	DNS
-- Connell, Kingsley		Northern Suburbs	DNS

**Boys U 11 - Discus 500 Gram)**

Zone: Z 35.14m 02/12/2023		Andre Liyanage, Cherrybrook	
Zone: Z 35.14m 02/12/2023		Andre Liyanage, Cherrybrook	
Name	Age	Centre	Final
1 Liyanage, Andre		Cherrybrook	35.14mZ
	35.14m 33.06m	34.39m 34.12m FOUL 33.90m	
2 McGregor, Mitchell		Ryde	28.36m
	FOUL FOUL 23.08m	26.25m 22.25m 28.36m	
3 Fratini, Oliver		Northern Suburbs	23.63m
	23.63m 20.26m	5.77m 14.95m 17.99m FOUL	

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Boys U 11 - Discus 500 Gram)**

4	Lin, Donovan	Northern Suburbs	19.71m
	FOUL 17.12m 19.45m 19.27m 18.73m 19.71m		
5	Smith, Josiah	Nth Rocks Carlin	17.89m
	13.18m 14.30m 15.83m 14.51m FOUL 17.89m		
6	Cheung YC, Enzo	Ryde	17.44m
	FOUL 15.49m 13.90m 16.15m 17.44m 14.04m		
7	Evans, Adam	Northern Suburbs	16.84m
	15.07m 13.82m 16.40m 12.55m 16.84m 15.90m		
8	Duffy, Rory	Northern Suburbs	14.85m
	FOUL 14.85m 12.36m 13.00m FOUL 13.60m		
9	Radzim, Zachary	Northern Suburbs	13.85m
	12.77m 13.63m 13.85m		
10	Liu, Jasper	Nth Rocks Carlin	12.18m
	FOUL 12.18m FOUL		
11	Akbarzadeh, Ryan	Nth Rocks Carlin	10.93m
	FOUL FOUL 10.93m		
--	Dixon, Hayden	Parramatta	FOUL
	FOUL FOUL FOUL		
--	Dellas, Elijah	Nth Rocks Carlin	DNS
--	Francis, Marcus	Northern Suburbs	DNS

**Boys U 12 - Discus (750 Gram)**

=====  
 Zone: Z 38.43m 10/12/2016 Benjamin Stevens, Ryde  
 Name Age Centre Final  
 =====

1	Shiel, Charlie	Ryde	29.28m
	26.23m FOUL FOUL FOUL FOUL 29.28m		
2	Chong, Jayden	Northern Suburbs	28.50m
	FOUL 23.59m FOUL 23.30m 22.54m 28.50m		
3	Cox, Mitchell	Ryde	26.13m
	FOUL 17.95m FOUL 24.86m 21.05m 26.13m		
4	Pedrosa, Nicolas	Northern Suburbs	20.87m
	10.84m FOUL 20.80m 20.87m 7.67m 19.61m		
5	Sivaniruban, Aharshan	Parramatta	20.87m
	20.87m 20.64m 17.64m 8.64m 20.05m 20.10m		
6	Pulfer, Daniel	Ryde	20.74m
	6.18m FOUL 20.74m 17.60m 19.87m 19.90m		
7	Butler, Tobias	Nth Rocks Carlin	19.62m
	FOUL 13.51m 17.00m 15.89m 15.61m 19.62m		
8	Wu, Roy	Ryde	19.53m
	19.48m 16.76m 19.53m 17.79m 15.64m FOUL		
9	Williams, Bailey	Nth Rocks Carlin	16.73m
	16.14m FOUL 16.73m		
10	Aiken, Jackson	Parramatta	16.50m
	8.24m 16.50m 15.88m		
11	Zipaquira Romero, Pablo	Northern Suburbs	15.42m
	15.42m 13.61m 7.69m		
12	Perkins, Dexter	Cherrybrook	15.42m
	12.77m 15.42m 13.34m		
13	Sankaran, Tejas	Nth Rocks Carlin	14.66m
	12.77m 12.89m 14.66m		
14	Thushyanthan, Swarthik	Parramatta	14.19m
	14.06m 14.19m 13.99m		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Boys U 12 - Discus (750 Gram)**

15 de Sacadura, George	Cherrybrook	14.06m
13.81m 13.50m 14.06m		
16 Trinidad, Isaac	Parramatta	13.23m
12.90m 13.23m 12.38m		
17 Holcombe, Mason	Parramatta	11.51m
11.51m 8.91m 8.67m		
18 Akbarzadeh, Aiden	Nth Rocks Carlin	11.27m
11.27m 10.67m 10.81m		
19 Megarrity, Jack	Ryde	9.23m
7.81m 7.20m 9.23m		
-- Cholanukhath, Mian Fizaa	Ryde	DNS
-- Danks, Harlen	Ryde	DNS
-- Li, Yijia	Nth Rocks Carlin	DNS

**Boys U 13 - Discus (750 Gram)**

Zone: Z 56.15m 30/11/2019 Michael Ajaka, Parramatta

Name Age Centre Final

1 Tai, Alfa	Northern Suburbs	31.97m
9.25m FOUL 31.61m 31.97m 19.34m 12.29m		
2 Kim, Andrew	Cherrybrook	31.91m
FOUL 30.37m 29.76m FOUL 31.91m 30.61m		
3 Bharati, Aryan	Cherrybrook	30.16m
26.91m 28.51m 30.16m FOUL 29.54m 20.15m		
4 Kang, Daniel	Ryde	28.37m
FOUL 21.94m 21.89m 23.65m 28.37m FOUL		
5 Kim, Brian	Nth Rocks Carlin	24.58m
20.00m 21.32m FOUL 7.04m 24.58m 23.94m		
6 O'Leary, Liam	Northern Suburbs	22.38m
20.25m 18.40m 20.91m 18.92m 21.92m 22.38m		
7 Semaan, Daniel	Parramatta	21.96m
19.74m 20.51m 21.33m 19.61m 21.96m 18.72m		
8 Webb, Kieran	Ryde	21.94m
20.00m 20.78m 21.94m FOUL 2.69m 21.21m		
9 Billingsley, Wade	Cherrybrook	20.36m
20.36m 17.57m 17.77m		
10 Wang, Felix	Nth Rocks Carlin	20.11m
16.66m 20.11m 18.90m		
11 Fifita-Uluikavoro, Aisak	Parramatta	18.75m
17.60m 18.75m 17.84m		
12 Kheiroollahpoor, Kian	Ryde	18.18m
18.18m 17.49m FOUL		
13 Kolosakas, Michael	Nth Rocks Carlin	17.74m
16.26m 17.74m 17.58m		
14 Olymbios, Leon	Ryde	17.46m
13.66m 16.85m 17.46m		
15 Prasanna, Skandha	Nth Rocks Carlin	17.09m
14.97m 15.96m 17.09m		
16 Reid, Nicholas W	Cherrybrook	11.19m
11.19m 10.24m FOUL		
-- Trujillo, Thomas	Nth Rocks Carlin	DNS



**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 14 - Discus (1.0 Kg)**

Zone: Z 52.84m 14/12/2013 Nicholas Frost, Parramatta						
Name	Age		Centre		Final	
1 Kankanige, Vinuka			Nth Rocks Carlin		30.92m	
	28.60m	23.15m	FOUL	29.77m	30.92m	30.60m
2 Kankanige, Senuka			Nth Rocks Carlin		30.92m	
	28.98m	29.72m	27.42m	29.90m	28.09m	30.92m
3 Smart, Nicholas			Nth Rocks Carlin		26.48m	
	25.56m	18.44m	26.48m	22.80m	25.00m	FOUL
4 Shin, Dongjun Jaden			Ryde		23.18m	
	21.55m	21.49m	16.07m	21.05m	23.18m	21.77m
5 Lawrence, Matthew			Nth Rocks Carlin		22.36m	
	18.66m	22.08m	FOUL	20.56m	22.36m	FOUL
6 Billingsley, Blake			Cherrybrook		21.23m	
	8.30m	20.13m	20.08m	21.23m	19.37m	FOUL
7 de Sacadura, James			Cherrybrook		20.17m	
	17.00m	17.61m	20.17m	18.11m	17.61m	15.97m
8 Michaels, Lucas			Ryde		17.09m	
	15.71m	FOUL	14.57m	FOUL	17.09m	16.48m
-- Semaan, Jacob			Parramatta		DNS	

**Boys U 15 - Discus (1.0 Kg)**

Zone: Z 59.12m 14/12/2014 Nicholas Frost, Parramatta						
Name	Age		Centre		Final	
1 Price, Samuel			Cherrybrook		46.97m	
	43.98m	FOUL	46.97m	FOUL	FOUL	FOUL
2 Evans, Zak			Northern Suburbs		36.35m	
	FOUL	FOUL	28.64m	36.35m	FOUL	PASS
3 Danks, Leon			Ryde		33.17m	
	28.40m	30.94m	30.80m	28.21m	31.95m	33.17m
4 Darby, Edward			Cherrybrook		29.68m	
	26.49m	FOUL	29.54m	FOUL	28.27m	29.68m
5 Lawrence, Benjamin			Nth Rocks Carlin		28.19m	
	19.85m	25.45m	28.19m	FOUL	24.95m	22.74m
6 Lumley, Jude			Northern Suburbs		26.50m	
	21.60m	20.62m	25.13m	FOUL	26.50m	FOUL
7 Redhead, Ryan			Cherrybrook		25.58m	
	21.61m	23.19m	20.06m	25.58m	PASS	PASS
8 Wolfson, Moses			Ryde		19.93m	
	19.93m	FOUL	FOUL	FOUL	18.64m	FOUL
9 Nilon, Christopher			Nth Rocks Carlin		14.92m	
	14.92m	14.40m	14.83m			

**Boys U 17 - Discus (1.5 Kg)**

Zone: Z 52.10m 13/12/2015 Nicholas Frost, Parramatta						
Name	Age		Centre		Final	
1 Waldron, Lachlan			Nth Rocks Carlin		38.41m	
	32.72m	38.41m	FOUL	FOUL	35.24m	35.08m
2 Schneider, Thomas			Nth Rocks Carlin		34.27m	
	29.26m	FOUL	24.74m	26.69m	29.07m	34.27m

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24**

**BARTON PARK**

**Results**

**....Boys U 17 - Discus (1.5 Kg)**

3	Billingsley, Justin	Cherrybrook	30.98m
	FOUL 24.14m 24.80m 26.62m	FOUL	30.98m
4	Mirzaei, Rebeen	Nth Rocks Carlin	30.82m
	28.01m 27.13m 26.78m 25.02m	30.82m	29.14m
5	Forsyth, Simon	Parramatta	26.45m
	23.09m 22.79m FOUL 24.28m	25.83m	26.45m

**Boys U 11 - Javelin (400 Gram)**

=====			
	Zone: Z 25.20m	09/12/2018	Ethan Hemakumara, Parramatta
Name	Age	Centre	Final
=====			
1	Reville, Liam	Northern Suburbs	20.09m
	18.04m 18.35m 20.09m 19.85m	19.65m	17.81m
2	Liyanage, Andre	Cherrybrook	18.97m
	FOUL 15.99m 18.60m 14.77m	17.54m	18.97m
3	Williamson, Max	Ryde	18.82m
	FOUL 18.82m FOUL 17.03m	FOUL	FOUL
4	Dixon, Hayden	Parramatta	15.45m
	9.28m 13.11m 13.85m FOUL	12.74m	15.45m
5	Devine, Roberto	Northern Suburbs	15.41m
	FOUL 15.41m FOUL 7.61m	9.41m	10.41m
6	Sarah, Luke	Nth Rocks Carlin	11.94m
	10.95m FOUL 11.57m 11.41m	11.94m	11.41m
7	Radzim, Zachary	Northern Suburbs	10.84m
	10.84m FOUL FOUL FOUL	FOUL	FOUL
8	Lam, Sebastian	Nth Rocks Carlin	10.71m
	10.19m FOUL 10.20m 10.71m	10.21m	9.61m
9	Stewart, John	Ryde	8.33m
	8.33m 8.26m FOUL		

**Boys U 12 - Javelin (400 Gram)**

=====			
	Zone: Z 38.00m	14/12/2014	Daniel Menin, Parramatta
Name	Age	Centre	Final
=====			
1	Danks, Harlen	Ryde	27.39m
	21.93m 25.96m 25.09m 24.72m	FOUL	27.39m
2	Butler, Tobias	Nth Rocks Carlin	25.55m
	25.55m 23.38m FOUL 23.40m	FOUL	21.91m
3	Shiel, Charlie	Ryde	24.89m
	20.81m 23.12m 22.98m 23.75m	24.89m	22.68m
4	Williams, Bailey	Nth Rocks Carlin	23.63m
	20.83m 23.63m 22.12m 21.44m	18.51m	20.52m
5	Oppedisano, Raffael	Ryde	22.17m
	22.17m 18.36m FOUL 15.09m	19.13m	21.13m
6	Hoang, Leon	Northern Suburbs	20.86m
	14.16m 14.14m 19.98m 20.48m	20.86m	20.69m
7	Penn, Maxwell	Cherrybrook	20.45m
	13.97m 18.95m 20.45m 17.84m	14.01m	
8	Shorten, Dexter	Ryde	20.13m
	16.84m 18.13m 18.04m 19.70m	17.17m	20.13m
9	Penn, Oliver	Cherrybrook	16.72m
	16.72m 15.82m 14.45m		

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 12 - Javelin (400 Gram)**

10	Zipaquira Romero, Pablo	Northern Suburbs	15.47m
	15.47m 14.91m 10.64m		
11	Sankaran, Tejas	Nth Rocks Carlin	15.44m
	15.44m 11.08m 13.92m		
12	Belson, James	Northern Suburbs	14.33m
	10.50m 12.64m 14.33m		
13	Sivaniruban, Aharshan	Parramatta	13.94m
	13.94m 12.32m 11.99m		
14	Holcombe, Mason	Parramatta	6.81m
	FOUL 6.81m 5.60m		
--	Choe, Julian	Parramatta	DNS
--	Pedrosa, Nicolas	Northern Suburbs	DNS
--	Choe, Benjamin	Parramatta	DNS

**Boys U 13 - Javelin (600 Gram)**

Zone: Z 39.48m 2003				Dean Milroy, Parramatta	
Name	Age	Centre	Final		
1	Bharati, Aryan	Cherrybrook	28.38m		
	26.20m 25.38m 25.26m 23.77m	28.38m			
2	Kim, Brian	Nth Rocks Carlin	28.03m		
	FOUL 28.03m 26.59m 24.70m 26.60m 27.25m				
3	Billingsley, Wade	Cherrybrook	20.50m		
	17.32m 19.45m 17.67m 20.50m 16.34m 18.65m				
4	O'Leary, Liam	Northern Suburbs	17.05m		
	16.20m 13.34m FOUL FOUL 17.05m FOUL				
5	Semaan, Daniel	Parramatta	16.48m		
	16.48m 11.94m 8.71m 1.60m FOUL 10.54m				
6	Roberts, Tom	Ryde	11.84m		
	10.56m 8.87m 10.78m 9.59m FOUL 11.84m				
7	Reid, Nicholas W	Cherrybrook	9.40m		
	FOUL 8.95m FOUL 9.40m FOUL FOUL				
--	Bagath, Rishon	Parramatta	DNS		
--	Tai, Alfa	Northern Suburbs	DNS		
--	Prasanna, Skandha	Nth Rocks Carlin	DNS		
--	Reville, John	Northern Suburbs	DNS		

**Boys U 14 - Javelin (600 Gram)**

Zone: Z 46.08m 15/12/2013				Matthew McVey, Parramatta	
Name	Age	Centre	Final		
1	Lawrence, Matthew	Nth Rocks Carlin	31.51m		
	30.55m 28.88m 25.92m 30.06m 31.51m 29.56m				
2	Govers, Benjamin	Northern Suburbs	30.63m		
	29.58m 27.63m 23.01m 28.76m 30.63m 27.60m				
3	Billingsley, Blake	Cherrybrook	29.62m		
	29.62m 24.57m 26.67m 27.47m 28.31m 28.17m				
4	Kankanige, Vinuka	Nth Rocks Carlin	25.03m		
	21.31m FOUL 24.66m FOUL 25.03m 24.75m				
5	de Sacadura, James	Cherrybrook	21.15m		
	17.37m 20.13m 21.15m 20.07m 18.77m 20.85m				
6	Michaels, Lucas	Ryde	20.15m		
	16.68m 16.19m 17.13m 15.06m 20.15m 17.12m				

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 14 - Javelin (600 Gram)**

7 Kankanige, Senuka	Nth Rocks Carlin	17.75m
15.79m 17.59m FOUL 15.95m FOUL 17.75m		
-- Semaan, Jacob	Parramatta	DNS

**Boys U 15 - Javelin (700 Gram)**

Zone: Z 54.20m 09/12/2017 Daniel Menin, Parramatta			
Name	Age	Centre	Final
1 Kim, Brenden		Nth Rocks Carlin	39.63m
FOUL 38.83m 32.96m 34.82m 39.63m 38.28m			
2 Redhead, Ryan		Cherrybrook	34.48m
31.75m 34.48m 28.26m			
3 Lawrence, Benjamin		Nth Rocks Carlin	33.91m
29.53m 33.20m 29.80m 32.39m 33.91m 32.07m			
4 Shanahan, Cooper		Parramatta	29.98m
29.51m 26.20m 29.98m 28.10m 28.14m 24.38m			
5 Darby, Edward		Cherrybrook	26.90m
26.90m 26.37m FOUL			
6 Wolfson, Moses		Ryde	15.76m
9.66m 9.57m 12.25m 12.40m 14.50m 15.76m			

**Boys U 17 - Javelin (700 Gram)**

Zone: Z 54.70m 30/11/2019 Bayden Little, Cherrybrook			
Name	Age	Centre	Final
1 Kalos, Andrew		Ryde	48.67m
41.68m 46.36m 45.09m 48.67m 47.21m 48.55m			
2 Billingsley, Justin		Cherrybrook	46.95m
43.76m FOUL 46.95m 44.41m 44.60m 46.57m			
3 Waldron, Lachlan		Nth Rocks Carlin	46.79m
40.77m 42.62m 43.36m 42.70m 42.27m 46.79m			
4 Bealby, Jude		Northern Suburbs	45.84m
45.84m 43.91m 41.94m 39.40m 40.99m 41.42m			
5 Bragg, Declan		Parramatta	34.32m
29.50m 32.97m FOUL 34.32m FOUL 31.35m			
6 Schneider, Thomas		Nth Rocks Carlin	30.99m
24.10m 28.64m 26.03m FOUL 26.17m 30.99m			
7 Belson, Jude		Northern Suburbs	28.75m
22.90m FOUL FOUL 28.75m 26.20m 21.35m			
8 Hampton, Teddy		Cherrybrook	26.64m
24.80m 19.88m 26.64m 22.79m 25.54m 23.41m			
-- Matthews, Hugo		Nth Rocks Carlin	DNS

**Boys U 9 - 700 Metre Walk**

Zone: Z 4:07.35 10/12/2017 Christopher Nilon, Nth Rock			
Name	Age	Centre	Final
Section 1			
1 Smart, Daniel		Nth Rocks Carlin	4:11.00
2 Tabrett, Tyler		Cherrybrook	5:51.81
3 Fisk-Batho, Ben		Parramatta	5:55.91
4 Tian, Ryan		Cherrybrook	6:13.84

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****....Boys U 9 - 700 Metre Walk**

5	Zipaquira Romero, Martin	Northern Suburbs	6:14.26
--	Trigwell, Marcus	Ryde	DQ

**Boys U 10 - 1100 Metre Walk**

=====			
	Zone: Z 6:10.34	2012	Bayden Little, Cherrybrook
Name	Age	Centre	Final
=====			
1	Xia, Kaixin	Nth Rocks Carlin	8:17.14
2	Megarrity, Lewis	Ryde	8:18.94
3	Wolfson, Enoch	Ryde	8:19.77
4	Qu, William	Ryde	8:20.01
--	Wu, Austin	Nth Rocks Carlin	DNS

**Boys U 11 - 1100 Metre Walk**

=====			
	Zone: Z 6:00.70	2003	Jordan Mulhearn, Parramatta
Name	Age	Centre	Final
=====			
1	Reville, Liam	Northern Suburbs	6:07.76
2	Stewart, John	Ryde	7:09.48
3	Giffin, Hugh	Cherrybrook	7:11.11
4	Hewitt, Ayden	Nth Rocks Carlin	7:18.61
5	Moloney, Jaxen	Parramatta	7:20.46
6	Lam, Sebastian	Nth Rocks Carlin	9:23.27
7	Hilgendorf, Jack	Cherrybrook	9:31.15
--	Balaji, Dhasarat	Parramatta	DNS

**Boys U 12 - 1500 Metre Walk**

=====			
	Zone: Z 7:48.50	1998	A Rutter, Hornsby District
Name	Age	Centre	Final
=====			
1	Forsyth, Liam	Parramatta	9:07.18
2	Penn, Maxwell	Cherrybrook	9:30.92
3	Shiel, Charlie	Ryde	10:31.39
4	Penn, Oliver	Cherrybrook	11:31.53
--	Maher, Ryan	Cherrybrook	DNS

**Boys U 13 - 1500 Metre Walk**

=====			
	Zone: Z 7:17.30	2005	Jordan Mulhearn, Parramatta
Name	Age	Centre	Final
=====			
1	McCarthy, Mitchell	Ryde	8:04.99
2	Reville, John	Northern Suburbs	9:40.81
--	Roberts, Tom	Ryde	DQ

**Boys U 14 - 1500 Metre Walk**

=====			
	Zone: Z 6:51.30	2000	A Rutter, Hornsby District
Name	Age	Centre	Final
=====			
1	Chandler, Rhys	Ryde	8:10.18
2	Michaels, Lucas	Ryde	10:14.43

**NORTH MET ZONE TRACK & FIELD CHAMPIONSHIPS 2023\_24****BARTON PARK****Results****Boys U 15 - 1500 Metre Walk**

Zone: Z 6:34.30 2000 Adam Rutter, Hornsby Distri			
Name	Age	Centre	Final
1 Nilon, Christopher		Nth Rocks Carlin	7:39.77
2 Wolfson, Moses		Ryde	9:39.45
-- Armstrong, Brendan		Cherrybrook	DNS

**Boys U 17 - 1500 Metre Walk**

Zone: Z 6:21.30 2009 Jordan Mulhearn, Parramatta			
Name	Age	Centre	Final
1 Matthews, Hugo		Nth Rocks Carlin	10:26.53

**Mixed U 7-17 70 Metre Sprint Multi class**

Name	Age	Centre	Final
1 Evans, Alexander	M	Nth Rocks Carlin	15.19
2 Sitaramayya, Michael	M	Nth Rocks Carlin	18.55
3 Thurston, Jacob	M	Nth Rocks Carlin	19.49
4 Kasprzak, Hugo	M	Nth Rocks Carlin	22.35
5 Metani, Alia	W	Nth Rocks Carlin	1:48.82

**Mixed U 7-17 Multi Class Discus**

Name	Age	Centre	Final
Flight 1			
1 Evans, Alexander	M	Nth Rocks Carlin	19.75m
		17.44m 16.47m 18.79m	19.75m
2 Sitaramayya, Michael	M	Nth Rocks Carlin	15.72m
		FOUL FOUL 14.28m	15.72m
3 Thurston, Jacob	M	Nth Rocks Carlin	11.85m
		9.25m 9.09m 11.85m	10.83m
4 Kasprzak, Hugo	M	Nth Rocks Carlin	10.94m
		9.54m 9.06m 10.94m	10.42m
5 Metani, Alia	W	Nth Rocks Carlin	2.00m
		FOUL 1.50m 1.38m	2.00m

**Mixed U 7-17 Multi Class Long Jump**

Name	Age	Centre	Final
1 Evans, Alexander	M	Nth Rocks Carlin	3.50m
		FOUL 2.57m 3.50m 3.00m	FOUL FOUL
2 Kasprzak, Hugo	M	Nth Rocks Carlin	2.63m
		2.34m 2.63m FOUL	2.55m FOUL 2.56m
3 Thurston, Jacob	M	Nth Rocks Carlin	2.30m
		FOUL 1.92m 2.08m	2.30m 2.23m 2.19m
4 Sitaramayya, Michael	M	Nth Rocks Carlin	2.08m
		1.66m FOUL 1.90m	2.08m FOUL 1.92m
-- Metani, Alia	W	Nth Rocks Carlin	FOUL
		FOUL FOUL FOUL FOUL	FOUL FOUL