

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 7 - 50 Metre Sprint**

Name	Age	Centre	Prelims
	Zone: Z	9.04	30/01/2010 C.Kennedy, Quakers Hill
	Zone: Z	9.04	29/01/2022 Shreya Iyer, Winston Hills

Heat 1 Heats

1	Laurice Nvene	Hills District	11.33q
2	Alexa Mikhael	Hills District	11.98q
3	Matilde Giacomini Willco	Winston Hills	11.99q
4	Avery Carmichael	Winston Hills	12.24q
5	Sienna Sciberras	Hills District	12.97
6	Leena Mohamed	Hills District	13.68

Heat 2 Heats

1	Ella Wheeler	Rouse Hill Rams	11.44q
2	Bronte Dutt	Winston Hills	11.47q
3	Isla Dennis	Winston Hills	12.00q
4	Keira Rizk	Hills District	12.07q
5	Shani Singh	Hills District	12.87
--	Aria Naim	Rouse Hill Rams	DNS

Girls U 7 - 50 Metre Sprint

Name	Age	Centre	Final
	Zone: Z	9.04	30/01/2010 C.Kennedy, Quakers Hill
	Zone: Z	9.04	29/01/2022 Shreya Iyer, Winston Hills

Section 1 Final

1	Laurice Nvene	Hills District	11.37
2	Ella Wheeler	Rouse Hill Rams	11.39
3	Bronte Dutt	Winston Hills	11.42
4	Matilde Giacomini Willco	Winston Hills	11.52
5	Isla Dennis	Winston Hills	11.60
6	Alexa Mikhael	Hills District	11.77
7	Avery Carmichael	Winston Hills	12.03
8	Keira Rizk	Hills District	12.04

Girls U 7 - 70 Metre Sprint

Name	Age	Centre	Prelims
	Zone: Z	11.40	01/01/1984 A.Davis, Hills

Heat 1 Heats

1	Hannah Parsons	Hills District	13.54Q
2	Nishani Gankasuthan	Winston Hills	14.30Q
3	Iris Atkinson	Rouse Hill Rams	14.35Q
4	Ruby Apiiyah	Riverstone	14.44
5	Isabelle Masik	Hills District	14.65
6	Keira Rizk	Hills District	14.66
--	Aria Naim	Rouse Hill Rams	DNS

Heat 2 Heats

1	Ella Studders	Hawkesbury City	12.34Q
2	Bronte Dutt	Winston Hills	13.17Q
3	Jemima Pittman	Winston Hills	13.52Q
4	Isla Dennis	Winston Hills	13.67q
5	Alexandra Volpato	Hills District	13.71q
6	Alexa Mikhael	Hills District	13.73

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 7 - 70 Metre Sprint**

7 Kayleigh Tan	Hills District	14.17
8 Avery Carmichael	Winston Hills	14.19

Girls U 7 - 70 Metre Sprint

=====			
Zone: Z 11.40 01/01/1984 A.Davis, Hills			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Ella Studders		Hawkesbury City	12.67
2 Jemima Pittman		Winston Hills	13.52
3 Bronte Dutt		Winston Hills	13.62
4 Hannah Parsons		Hills District	13.88
5 Isla Dennis		Winston Hills	14.11
6 Alexandra Volpato		Hills District	14.32
7 Nishani Gankasuthan		Winston Hills	14.89
8 Iris Atkinson		Rouse Hill Rams	15.00

Girls U 8 - 70 Metre Sprint

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Zone: Z 10.60 01/01/1986 D Kerr, Winston Hills			
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1 Mithraa Devakar		Rouse Hill Rams	13.01Q
2 Eden Garland		Winston Hills	13.22Q
3 Havana Rochester		Riverstone	13.49Q
4 Emily Prager		Rouse Hill Rams	14.20
5 Olivia Fan		Hills District	14.25
6 Olivia D'Urso		Hills District	14.98
-- Teddy Joseph		Winston Hills	DNS
-- Tharunisri Rajesh Kumar		Kings Langley	DNS
Heat 2 Heats			
1 Claudia Dorahy		Hills District	12.21Q
2 Bella Akekelwa		Hills District	12.67Q
3 Avabel El-Bayeh		Winston Hills	12.74Q
4 Lexi Rodrick		Rouse Hill Rams	12.87q
5 Alana Tofts		Hills District	13.95q
6 Lily Harris		Hills District	15.13
-- Azarlia Borg		Rouse Hill Rams	DNS
-- Skylah Ward		Hawkesbury City	DNS

Girls U 8 - 70 Metre Sprint

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Zone: Z 10.60 01/01/1986 D Kerr, Winston Hills			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Claudia Dorahy		Hills District	12.15
2 Bella Akekelwa		Hills District	12.26
3 Avabel El-Bayeh		Winston Hills	12.75
4 Mithraa Devakar		Rouse Hill Rams	12.90
5 Lexi Rodrick		Rouse Hill Rams	13.08
6 Eden Garland		Winston Hills	13.17
7 Havana Rochester		Riverstone	13.71

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 8 - 70 Metre Sprint**

8 Alana Tofts	Hills District	13.74
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Girls U 9 - 70 Metre Sprint

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 Zone: Z 10.69 13/12/2015 Tuliana Kabuyawa, Hills Distr
 Name Age Centre Prelims
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Heat 1 Heats

1 Mishika Chitkara	Winston Hills	11.94Q
2 Grace Leary	Hills District	12.32Q
3 Zara Everson	Hills District	12.39
4 Jasmine Gill	Hills District	13.05
5 Celia Jelley	Winston Hills	13.27
6 Aradhana Kolluru	Rouse Hill Rams	13.37
-- Catarina Camilleri	Hawkesbury City	DNS

Heat 2 Heats

1 Natalia Casado	Rouse Hill Rams	11.84Q
2 Zhi Xi Tong	Hills District	12.15Q
3 Evie Games	Winston Hills	12.36q
4 Emmanuella Apiiyah	Riverstone	12.64
5 Veronica Meek	Hills District	13.28
6 Lily Hughes	Rouse Hill Rams	13.82
-- Rubie Jade Long	Hawkesbury City	DNS

Heat 3 Heats

1 Maia Garnett	Rouse Hill Rams	11.74Q
2 Kiara Popham	Hawkesbury City	12.02Q
3 Seilala Iaulualo	Kings Langley	12.32q
4 Olive Phelan	Rouse Hill Rams	12.47
5 Scarlett Morgan	Hills District	12.60
6 Evie l Price	Kings Langley	13.57
-- Evalyn Chua	Rouse Hill Rams	DNS

Girls U 9 - 70 Metre Sprint

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 Zone: Z 10.69 13/12/2015 Tuliana Kabuyawa, Hills Distr
 Name Age Centre Final
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Section 1 Final

1 Maia Garnett	Rouse Hill Rams	11.64
2 Natalia Casado	Rouse Hill Rams	11.78
3 Mishika Chitkara	Winston Hills	11.86
4 Kiara Popham	Hawkesbury City	11.87
5 Zhi Xi Tong	Hills District	11.90
6 Grace Leary	Hills District	12.22
7 Evie Games	Winston Hills	12.29
8 Seilala Iaulualo	Kings Langley	12.36

Girls U 10 - 70 Metre Sprint

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 Zone: Z 9.80 01/02/1997 A Kerr, Winston Hills
 Name Age Centre Prelims
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Heat 1 Heats

1 Sophiah Ryan	Riverstone	11.33Q
2 Bridgette Bazouni	Winston Hills	11.46Q

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 10 - 70 Metre Sprint**

3	Alannah Kee Tiam	Winston Hills	11.52Q
4	Sophie Hoddinett	Winston Hills	11.60q
5	Eloise Mugridge	Kings Langley	11.88q
6	Jordan Rye	Hawkesbury City	12.10
7	Crystal Webster	Hills District	12.94
--	marlie edwards	Hawkesbury City	DNS
--	Lara McGrath	Hills District	DNS

Heat 2 Heats

1	Neema Muia	Kings Langley	11.08Q
2	Anabel Jurkovic	Hills District	11.61Q
3	Maya Arvind	Winston Hills	11.68Q
4	Samarah Ryan	Riverstone	11.90
5	Talia Marwick	Hills District	12.04
6	Amelia Leach	Hills District	13.44
7	Zali Kearney	Rouse Hill Rams	13.46
8	Ava Watson	Kings Langley	14.95
--	Madeleine Melville	Hills District	DNS

Girls U 10 - 70 Metre Sprint

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 Zone: Z 9.80 01/02/1997 A Kerr, Winston Hills

Name Age Centre Final

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Section 1 Final

1	Neema Muia	Kings Langley	11.34
2	Alannah Kee Tiam	Winston Hills	11.66
3	Sophiah Ryan	Riverstone	11.76
4	Bridgette Bazouni	Winston Hills	11.80
5	Anabel Jurkovic	Hills District	11.96
6	Maya Arvind	Winston Hills	12.03
7	Sophie Hoddinett	Winston Hills	12.17
8	Eloise Mugridge	Kings Langley	12.20

Girls U 7 - 100 Metre Sprint

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 Zone: Z 16.30 01/01/1985 D.Kerr, Winston Hills

Name Age Centre Prelims

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Heat 1 Heats

1	Charlotte Bardsley	Winston Hills	18.39Q
2	Ella Wheeler	Rouse Hill Rams	18.98Q
3	Chloe Blatch	Kings Langley	19.52Q
4	Isla Dennis	Winston Hills	19.60q
5	Iris Atkinson	Rouse Hill Rams	20.87
6	Halle Banks	Riverstone	23.81
--	Aria Naim	Rouse Hill Rams	DNS
--	Ella Studders	Hawkesbury City	DNS
--	Laurice Nvene	Hills District	DNS

Heat 2 Heats

1	Bronte Dutt	Winston Hills	19.00Q
2	Ruby Foggo	Winston Hills	19.14Q
3	Jemima Pittman	Winston Hills	19.29Q
4	Hannah Parsons	Hills District	19.47q
5	Matilde Giacomini Willco	Winston Hills	19.82
6	Alexa Mikhael	Hills District	20.04

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 7 - 100 Metre Sprint**

7	Quin Wilcock	Hills District	20.61
8	Shani Singh	Hills District	20.92
9	Ruby Apiiyah	Riverstone	20.93
10	Indiana Whyte	Hills District	21.27

Girls U 7 - 100 Metre Sprint

=====			
Zone: Z 16.30 01/01/1985 D.Kerr, Winston Hills			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Charlotte Bardsley	Winston Hills	18.67
2	Bronte Dutt	Winston Hills	18.87
3	Jemima Pittman	Winston Hills	18.89
4	Ella Wheeler	Rouse Hill Rams	18.99
5	Ruby Foggo	Winston Hills	19.01
6	Hannah Parsons	Hills District	19.12
7	Chloe Blatch	Kings Langley	19.60
8	Isla Dennis	Winston Hills	19.69

Girls U 8 - 100 Metre Sprint

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Zone: Z 15.40 01/01/1980 A Parker, Hills			
Name	Age	Centre	Prelims
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Heat 1 Heats			
1	Avabel El-Bayeh	Winston Hills	18.25Q
2	Elizabeth Mitchell	Hills District	18.45Q
3	Azarlia Borg	Rouse Hill Rams	18.54Q
4	Teddy Joseph	Winston Hills	19.25
5	Harriet Grant	Winston Hills	19.95
6	Olivia Fan	Hills District	20.67
7	Sienna Palma	Hills District	22.33
8	Anais Fraser	Kings Langley	22.43
--	Vianca Fonseca	Hills District	DNS
--	Gurnoor Gill	Rouse Hill Rams	DNS
Heat 2 Heats			
1	Bella Akekelwa	Hills District	17.97Q
2	Skylah Ward	Hawkesbury City	18.21Q
3	Lexi Rodrick	Rouse Hill Rams	18.60Q
4	Mithraa Devakar	Rouse Hill Rams	18.88q
5	Havana Rochester	Riverstone	19.04q
6	Halle Wilson	Hills District	20.27
7	Tharunisri Rajesh Kumar	Kings Langley	21.17
8	Mackenzie Waddell	Riverstone	21.25
--	Isabella l Forsberg	Winston Hills	DNS

Girls U 8 - 100 Metre Sprint

=====			
Zone: Z 15.40 01/01/1980 A Parker, Hills			
Name	Age	Centre	Final
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Section 1 Final			
1	Avabel El-Bayeh	Winston Hills	17.87
2	Skylah Ward	Hawkesbury City	17.88

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 8 - 100 Metre Sprint**

3	Bella Akekelwa	Hills District	18.08
4	Elizabeth Mitchell	Hills District	18.30
5	Azarlia Borg	Rouse Hill Rams	18.33
6	Lexi Rodrick	Rouse Hill Rams	18.72
7	Mithraa Devakar	Rouse Hill Rams	18.88
8	Havana Rochester	Riverstone	19.35

Girls U 9 - 100 Metre Sprint

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 Zone: Z 14.30 01/01/1981 L Whiteside, Winston Hills

Name Age Centre Prelims
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Heat 1 Heats

1	Maia Garnett	Rouse Hill Rams	16.24Q
2	Emily Anderson	Hills District	17.26Q
3	Grace Leary	Hills District	17.28Q
4	Seilala Iaulualo	Kings Langley	17.30
5	Evalyn Chua	Rouse Hill Rams	17.69
6	Evie l Price	Kings Langley	19.53
7	Lily Hughes	Rouse Hill Rams	19.93
8	Eliza Guenther	Rouse Hill Rams	19.97
--	Kiara Popham	Hawkesbury City	DNS

Heat 2 Heats

1	Aleisha Stevens	Hills District	16.39Q
2	Natalia Casado	Rouse Hill Rams	16.85Q
3	Charlotte Arkins	Winston Hills	16.91Q
4	Elise Woodland	Hills District	16.98q
5	Evie Games	Winston Hills	17.03q
6	Zara Everson	Hills District	17.53
7	Emmanuella Apiiyah	Riverstone	17.69
8	Elke Jennings	Winston Hills	18.03
9	Mackenzie Bird	Riverstone	18.43
10	Allegra Sciberras	Hills District	19.22

Girls U 9 - 100 Metre Sprint

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 Zone: Z 14.30 01/01/1981 L Whiteside, Winston Hills

Name Age Centre Final
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Section 1 Final

1	Maia Garnett	Rouse Hill Rams	16.11
2	Aleisha Stevens	Hills District	16.38
3	Natalia Casado	Rouse Hill Rams	16.45
4	Charlotte Arkins	Winston Hills	16.48
5	Evie Games	Winston Hills	16.86
6	Grace Leary	Hills District	16.93
7	Elise Woodland	Hills District	16.98
8	Emily Anderson	Hills District	17.34

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 10 - 100 Metre Sprint**

Zone: Z 13.70 01/02/1997 A Kerr, Winston Hills			
Name	Age Centre	Prelims	
Heat 1 Heats			
1 Sophiah Ryan	Riverstone	16.47Q	
2 Hannah Nvene	Hills District	16.58Q	
3 Maya Arvind	Winston Hills	16.70q	
4 Tora Rochester	Riverstone	16.81q	
5 Indiana Sebastian	Rouse Hill Rams	17.15	
6 Sophia Macaulay	Rouse Hill Rams	17.38	
7 Addison Fahey	Winston Hills	17.48	
Heat 2 Heats			
1 Anabel Jurkovic	Hills District	16.63Q	
2 Alannah Kee Tiam	Winston Hills	16.71Q	
3 Bridgette Bazouni	Winston Hills	17.01	
4 Avalon McLachlan	Riverstone	17.21	
5 Talia Marwick	Hills District	17.77	
6 Bronte-Lee McCartney	Riverstone	18.42	
7 Lara McGrath	Hills District	18.54	
-- marlie edwards	Hawkesbury City	DNS	
Heat 3 Heats			
1 Neema Muia	Kings Langley	16.27Q	
2 Sophie Connellan	Hills District	16.60Q	
3 Samarah Ryan	Riverstone	16.91	
4 Jordan Rye	Hawkesbury City	17.40	
5 Phoebe Ligertwood	Kings Langley	17.85	
6 Elizabeth Day	Riverstone	18.26	
7 Ellory Tan	Hills District	19.07	
-- Lily Jones	Hawkesbury City	DNS	

Girls U 10 - 100 Metre Sprint

Zone: Z 13.70 01/02/1997 A Kerr, Winston Hills			
Name	Age Centre	Final	
Section 1 Final			
1 Neema Muia	Kings Langley	15.48	
2 Hannah Nvene	Hills District	16.15	
3 Sophiah Ryan	Riverstone	16.17	
4 Anabel Jurkovic	Hills District	16.22	
5 Sophie Connellan	Hills District	16.38	
6 Maya Arvind	Winston Hills	16.48	
7 Tora Rochester	Riverstone	16.55	
8 Alannah Kee Tiam	Winston Hills	16.69	

Girls U 11 - 100 Metre Sprint

Zone: Z 13.69 01/01/1987 B Page, Hills			
Name	Age Centre	Prelims	
Heat 1 Heats			
1 Ellie Benefield	Hills District	15.09Q	
2 Darcie Kearney	Rouse Hill Rams	15.76Q	
3 Brae Aldaba	Riverstone	15.91q	
4 Brooklyn-Lee Hill	Winston Hills	16.78	

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

....Girls U 11 - 100 Metre Sprint

5 Lucia Rothery	Riverstone	16.94
6 Olive Fraser	Kings Langley	19.75
-- Lyla Sofiak	Hills District	DNS
Heat 2 Heats		
1 Mia Portelli	Riverstone	15.60Q
2 Ellie Kennedy	Winston Hills	16.17Q
3 Annabelle R Price	Kings Langley	16.25
4 Imogen Carter	Winston Hills	16.33
5 Elise Alam	Hills District	16.37
6 Matilda Phelan	Rouse Hill Rams	17.52
-- Piper Steer	Rouse Hill Rams	DNS
Heat 3 Heats		
1 Alexis Foxe	Hills District	15.54Q
2 Gabriela Casado	Rouse Hill Rams	15.81Q
3 Vienna Palmer	Hawkesbury City	15.83q
4 Asher Davidson	Hills District	16.06
5 Livia Muccino	Winston Hills	16.10
6 Capri Borg	Rouse Hill Rams	16.75
-- Isabella Kearney	Hawkesbury City	DNS

Girls U 11 - 100 Metre Sprint

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 Zone: Z 13.69 01/01/1987 B Page, Hills
 Name Age Centre Final
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Section 1 Final

1 Ellie Benefield	Hills District	14.55
2 Alexis Foxe	Hills District	14.64
3 Mia Portelli	Riverstone	15.07
4 Vienna Palmer	Hawkesbury City	15.11
5 Gabriela Casado	Rouse Hill Rams	15.44
6 Brae Aldaba	Riverstone	15.48
7 Darcie Kearney	Rouse Hill Rams	15.98
8 Ellie Kennedy	Winston Hills	16.35

Girls U 12 - 100 Metre Sprint

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 Zone: Z 13.20 01/01/1986 A Coupland, Hills
 Name Age Centre Prelims
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Heat 1 Heats

1 Savannah Cox	Hills District	14.09Q
2 Savannah Ryan	Riverstone	14.55Q
3 Jayda Isherwood	Winston Hills	14.76Q
4 Penelope Jokic	Hills District	15.31q
5 Michelle Li	Winston Hills	15.76
6 Lucia Rogulski	Hills District	16.00
7 Lilla Van Ross	Hills District	16.06
8 Monique Vella	Rouse Hill Rams	16.09
9 Isla Berry	Hills District	16.35
10 Mackenzie Kitching	Riverstone	17.09

Heat 2 Heats

1 Justice Sugumaran	Winston Hills	14.36Q
2 Grace Gadd	Hills District	14.40Q
3 Eva Dimic	Riverstone	15.33Q

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 12 - 100 Metre Sprint**

4	Kiara Haywood	Winston Hills	15.35q
5	Matilda Hall	Hills District	15.79
6	Jessica Staveley	Winston Hills	15.85
7	Chloe Rojas	Hills District	16.81
8	Zahra Rodrick	Rouse Hill Rams	16.88
9	Mahika Ahlawat	Hills District	17.26
--	gabrielle koroma	Rouse Hill Rams	DNS

Girls U 12 - 100 Metre Sprint

Zone: Z 13.20 01/01/1986 A Coupland, Hills

Name	Age Centre	Final
Section 1 Final		
1	Justice Sugumaran	Winston Hills 13.89
2	Savannah Cox	Hills District 13.93
3	Grace Gadd	Hills District 14.34
4	Savannah Ryan	Riverstone 14.40
5	Jayda Isherwood	Winston Hills 14.62
6	Eva Dimic	Riverstone 14.83
7	Penelope Jokic	Hills District 15.09
8	Kiara Haywood	Winston Hills 15.15

Girls U 13 - 100 Metre Sprint

Zone: Z 12.60 02/02/1991 D Kerr, Winston Hills

Name	Age Centre	Prelims
Heat 1 Heats		
1	Portia Kearney	Rouse Hill Rams 14.03Q
2	Ava Cetinic	Hills District 14.05Q
3	Lila Oliver	Hills District 14.61Q
4	Emma Buckley	Hills District 14.62
5	Ashleigh Fallins	Winston Hills 15.04
6	Ava Chapman Read	Hills District 15.41
7	Arianni Sebastian	Rouse Hill Rams 15.45
8	Isabella Ferris	Hills District 15.61
--	Chloe Prager	Rouse Hill Rams DNS
Heat 2 Heats		
1	Chelsea Chapman	Riverstone 13.83Q
2	Maya Wettimuny	Hills District 14.25Q
3	Katty Naylor	Winston Hills 14.39Q
4	Sienna Jackson	Hills District 14.53q
5	Mayezu Manandhar	Winston Hills 14.53q
6	Isla Kennedy	Winston Hills 16.04
7	Chelsea Hughes	Rouse Hill Rams 16.30
--	Lucy Sherwood	Hills District DNS
--	Hannah Rojas	Hills District DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 13 - 100 Metre Sprint**

Zone: Z 12.60 02/02/1991 D Kerr, Winston Hills			
Name	Age Centre		Final
Section 1 Final			
1 Chelsea Chapman	Riverstone		13.73
2 Ava Cetinic	Hills District		13.90
3 Portia Kearney	Rouse Hill Rams		13.98
4 Maya Wettimuny	Hills District		14.23
5 Lila Oliver	Hills District		14.28
6 Katty Naylor	Winston Hills		14.32
7 Sienna Jackson	Hills District		14.49
8 Mayezu Manandhar	Winston Hills		14.60

Girls U 14 - 100 Metre Sprint

Zone: Z 12.40 27/10/2003 A Kerr, Winston Hills			
Name	Age Centre		Prelims
Heat 1 Heats			
1 Olivia Scott-Rogers	Hills District		13.47Q
2 Amelia Johnston	Winston Hills		13.91Q
3 Beyza Sevdimbis	Hills District		14.03Q
4 Isobel Deane	Rouse Hill Rams		14.58q
5 Talia Beattie	Rouse Hill Rams		14.67q
6 Sofia Hams Garriga	Hills District		15.41
7 Caitlyn Ligertwood	Kings Langley		15.94
-- Emily Mitchell	Hills District		DNS
Heat 2 Heats			
1 Ishanvi Tiwari	Hills District		13.44Q
2 Tara Roche	Hills District		14.47Q
3 Amber Haywood	Winston Hills		14.53Q
4 Tabitha Broughton	Hawkesbury City		14.97
5 Alexandra Kostis	Hills District		15.82
6 Mikaela McDonald	Riverstone		26.58
-- Ruby Kernaghan	Hills District		DNS
-- Emily Daly	Hawkesbury City		DNS

Girls U 14 - 100 Metre Sprint

Zone: Z 12.40 27/10/2003 A Kerr, Winston Hills			
Name	Age Centre		Final
Section 1 Final			
1 Olivia Scott-Rogers	Hills District		13.07
2 Beyza Sevdimbis	Hills District		13.38
3 Ishanvi Tiwari	Hills District		13.42
4 Amelia Johnston	Winston Hills		13.55
5 Tara Roche	Hills District		14.03
6 Amber Haywood	Winston Hills		14.21
7 Isobel Deane	Rouse Hill Rams		14.22
8 Talia Beattie	Rouse Hill Rams		14.23

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 15 - 100 Metre Sprint**

Zone: Z 12.50 06/02/1993 D Kerr, Winston Hills			
Name	Age Centre		Final
Section 1			
1 Flynn Cowper	Rouse Hill Rams		13.14
2 Angelina Burford	Hills District		13.33
3 Gabriela Ribeiro	Hills District		13.53
4 Jordyn Deen	Hills District		13.98
5 Sophie Saxon	Hills District		14.35
6 Lilliana Daly	Hawkesbury City		14.65
7 Thamara Kulatileka	Rouse Hill Rams		15.80

Girls U 17 - 100 Metre Sprint

Zone: Z 12.33 14/12/2019 Erin Graham, Hawkesbury City			
Name	Age Centre		Final
1 Annissa Quee	Hills District		12.58
2 Mikayla Muscat	Hills District		13.46
3 Marlee Deane	Rouse Hill Rams		13.61
4 Lily Johnston	Winston Hills		13.67
5 Siena Overton	Winston Hills		13.94
6 Emily Nolan	Rouse Hill Rams		14.19
7 Charlotte Mear	Hills District		14.25
8 Grace Nolan	Rouse Hill Rams		15.06

Girls U 7 - 200 Metre Sprint

Zone: Z 33.70 30/01/2000 A.Ashton, Kings Langley			
Name	Age Centre		Prelims
Heat 1 Heats			
1 Paige Foley	Hills District		42.57Q
2 Matilde Giacomini Willco	Winston Hills		42.96Q
3 Quin Wilcock	Hills District		44.52
4 Nishani Gankasuthan	Winston Hills		45.30
5 Iris Atkinson	Rouse Hill Rams		45.40
6 Halle Banks	Riverstone		55.56
Heat 2 Heats			
1 Laurice Nvene	Hills District		38.51Q
2 Alba James	Hills District		40.84Q
3 Ruby Foggo	Winston Hills		40.95q
4 Alexandra Volpato	Hills District		43.84
5 Kayleigh Tan	Hills District		44.73
6 Ruby Apiiyah	Riverstone		44.80
7 Avery Carmichael	Winston Hills		47.21
Heat 3 Heats			
1 Charlotte Bardsley	Winston Hills		39.27Q
2 Chloe Blatch	Kings Langley		41.24Q
3 Isla Dennis	Winston Hills		43.15q
4 Zyla Cassel	Rouse Hill Rams		43.75
5 Zoe Negus	Hawkesbury City		43.80
6 Brooklynn Stewart	Riverstone		46.63
-- Ella Studders	Hawkesbury City		DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 7 - 200 Metre Sprint**

Zone: Z 33.70 30/01/2000 A.Ashton, Kings Langley			
Name	Age	Centre	Final
Section 1 Final			
1 Laurice Nvene		Hills District	39.03
2 Charlotte Bardsley		Winston Hills	40.07
3 Ruby Foggo		Winston Hills	40.55
4 Alba James		Hills District	41.13
5 Chloe Blatch		Kings Langley	42.33
6 Isla Dennis		Winston Hills	43.01
7 Paige Foley		Hills District	43.21
8 Matilde Giacomini Willco		Winston Hills	43.75

Girls U 8 - 200 Metre Sprint

Zone: Z 25.91 14/12/2014 Alannah Ellis, Hills District			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Ariel Buric		Hills District	38.02Q
2 Avabel El-Bayeh		Winston Hills	39.08Q
3 Maddison Watson		Kings Langley	40.15Q
4 Havana Rochester		Riverstone	42.59
-- Grace Atwood		Rouse Hill Rams	DNS
-- Gurnoor Gill		Rouse Hill Rams	DNS
-- Olivia Fan		Hills District	DNS
Heat 2 Heats			
1 Mikha Manandhar		Winston Hills	36.31Q
2 Claudia Dorahy		Hills District	37.55Q
3 Azarlia Borg		Rouse Hill Rams	37.62Q
4 Bella Akekelwa		Hills District	38.48q
5 Harriet Matterson		Hills District	39.66q
6 Lexi Rodrick		Rouse Hill Rams	40.72
-- Lily Harris		Hills District	DNS

Girls U 8 - 200 Metre Sprint

Zone: Z 25.91 14/12/2014 Alannah Ellis, Hills District			
Name	Age	Centre	Final
Section 1 Final			
1 Mikha Manandhar		Winston Hills	36.12
2 Claudia Dorahy		Hills District	37.28
3 Azarlia Borg		Rouse Hill Rams	37.52
4 Ariel Buric		Hills District	37.70
5 Bella Akekelwa		Hills District	37.71
6 Avabel El-Bayeh		Winston Hills	39.04
7 Maddison Watson		Kings Langley	41.36
-- Harriet Matterson		Hills District	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 9 - 200 Metre Sprint**

Zone: Z 31.20 01/01/1987 D Kerr, Winston Hills			
Name	Age	Centre	Prelims

Heat 1 Heats

1	Aleisha Stevens	Hills District	34.01Q
2	Tatiana Viko	Winston Hills	36.77Q
3	Zara Everson	Hills District	37.69Q
4	Zoe Zapatero	Winston Hills	39.02q
5	Liana Harvey	Rouse Hill Rams	39.51
6	Evie l Price	Kings Langley	42.64
7	Lily Hughes	Rouse Hill Rams	44.92

Heat 2 Heats

1	Maia Garnett	Rouse Hill Rams	34.26Q
2	Emily Anderson	Hills District	36.15Q
3	Evie Games	Winston Hills	37.23Q
4	Kiara Popham	Hawkesbury City	37.85q
5	Veronica Meek	Hills District	39.08
6	Jasmine Gill	Hills District	39.14
7	Georgia Blatch	Kings Langley	39.56
8	Celia Jelley	Winston Hills	43.38

Girls U 9 - 200 Metre Sprint

Zone: Z 31.20 01/01/1987 D Kerr, Winston Hills			
Name	Age	Centre	Final

Section 1 Final

1	Maia Garnett	Rouse Hill Rams	33.96
2	Aleisha Stevens	Hills District	34.05
3	Emily Anderson	Hills District	36.78
4	Evie Games	Winston Hills	36.84
5	Zoe Zapatero	Winston Hills	37.43
6	Zara Everson	Hills District	37.90
7	Tatiana Viko	Winston Hills	38.09
8	Kiara Popham	Hawkesbury City	39.84

Girls U 10 - 200 Metre Sprint

Zone: Z 29.50 01/01/1983 D Waltmann, Lalor Park			
Name	Age	Centre	Prelims

Heat 1 Heats

1	Neema Muia	Kings Langley	32.28Q
2	Hannah Nvene	Hills District	33.11Q
3	Sophie Connellan	Hills District	34.04Q
4	Avalon McLachlan	Riverstone	34.80q
5	Jordan Rye	Hawkesbury City	34.98
6	Samarah Ryan	Riverstone	35.04
--	Bronte-Lee McCartney	Riverstone	DNS
--	marlie edwards	Hawkesbury City	DNS
--	Maya Arvind	Winston Hills	DNS

Heat 2 Heats

1	Sophiah Ryan	Riverstone	34.32Q
2	Anabel Jurkovic	Hills District	34.37Q
3	Lara Batey	Hills District	34.41Q

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

....Girls U 10 - 200 Metre Sprint

4	Bridgette Bazouni	Winston Hills	34.82q
5	Milla O'Shannessy	Hills District	36.13
6	Indiana Sebastian	Rouse Hill Rams	36.20
7	Talia Marwick	Hills District	36.96
8	Lily Jones	Hawkesbury City	41.19
--	Eloise Mugridge	Kings Langley	DNS

Girls U 10 - 200 Metre Sprint

Zone: Z 29.50 01/01/1983 D Waltmann, Lalor Park

Name	Age Centre	Final
Section 1 Final		
1	Neema Muia	Kings Langley 32.76
2	Hannah Nvene	Hills District 33.37
3	Anabel Jurkovic	Hills District 34.57
4	Lara Batey	Hills District 34.60
5	Sophie Connellan	Hills District 34.96
6	Avalon McLachlan	Riverstone 35.42
7	Bridgette Bazouni	Winston Hills 35.83
8	Sophiah Ryan	Riverstone 35.85

Girls U 11 - 200 Metre Sprint

Zone: Z 28.74 10/12/2017 tuliana kabuyawa, Hills Distr

Name	Age Centre	Prelims
Heat 1 Heats		
1	Hannah Johnston	Winston Hills 31.92Q
2	Lyla Sofiak	Hills District 32.21Q
3	Brae Aldaba	Riverstone 32.26Q
4	Darcie Kearney	Rouse Hill Rams 33.16q
5	Asher Davidson	Hills District 33.50q
6	Livia Muccino	Winston Hills 33.77
7	Annabelle R Price	Kings Langley 34.58
8	Brooklyn-Lee Hill	Winston Hills 34.72
Heat 2 Heats		
1	Alexis Foxe	Hills District 31.10Q
2	Milla Mare	Rouse Hill Rams 31.37Q
3	Gabriela Casado	Rouse Hill Rams 33.49Q
4	Imogen Carter	Winston Hills 33.61
5	Sophie Aggett	Winston Hills 37.77

Girls U 11 - 200 Metre Sprint

Zone: Z 28.74 10/12/2017 tuliana kabuyawa, Hills Distr

Name	Age Centre	Final
Section 1 Final		
1	Alexis Foxe	Hills District 31.02
2	Milla Mare	Rouse Hill Rams 31.22
3	Brae Aldaba	Riverstone 32.14
4	Hannah Johnston	Winston Hills 32.32
5	Darcie Kearney	Rouse Hill Rams 32.51
6	Lyla Sofiak	Hills District 32.64

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 11 - 200 Metre Sprint**

7 Asher Davidson	Hills District	33.43
8 Gabriela Casado	Rouse Hill Rams	33.50

Girls U 12 - 200 Metre Sprint

Zone: Z 27.10 30/01/1999 M Riley, Hills

Name Age Centre Prelims

Heat 1 Heats

1 Justice Sugumaran	Winston Hills	30.05Q
2 Savannah Ryan	Riverstone	30.11Q
3 Isla Berry	Hills District	33.68Q
4 Brooklyn Baker	Hawkesbury City	34.67
5 Emily Young	Winston Hills	35.09
6 Zahra Rodrick	Rouse Hill Rams	37.08
-- Bella Chapman	Riverstone	DNS

Heat 2 Heats

1 Savannah Cox	Hills District	28.94Q
2 Grace Gadd	Hills District	29.46Q
3 Eva Dimic	Riverstone	31.35Q
4 Kiara Haywood	Winston Hills	31.52q
5 Lilla Van Ross	Hills District	33.20q
6 Charlotte Leach	Hills District	33.48
7 Mahika Ahlawat	Hills District	33.55
8 Chloe Rojas	Hills District	35.29

Girls U 12 - 200 Metre Sprint

Zone: Z 27.10 30/01/1999 M Riley, Hills

Name Age Centre Final

Section 1 Final

1 Savannah Cox	Hills District	29.15
2 Grace Gadd	Hills District	29.45
3 Savannah Ryan	Riverstone	30.10
4 Justice Sugumaran	Winston Hills	30.11
5 Eva Dimic	Riverstone	31.56
6 Kiara Haywood	Winston Hills	32.13
7 Isla Berry	Hills District	32.81
8 Lilla Van Ross	Hills District	33.40

Girls U 13 - 200 Metre Sprint

Zone: Z 26.38 04/12/2022 Beyza Sevdimbass, Hills Distri

Name Age Centre Prelims

Heat 1 Heats

1 Maya Wettimuny	Hills District	28.99Q
2 Eva McKenzie	Hills District	29.29Q
3 Isabella Ferris	Hills District	31.52Q
4 Isla Kennedy	Winston Hills	32.95
5 Chelsea Hughes	Rouse Hill Rams	35.50
-- Arianni Sebastian	Rouse Hill Rams	DNS
-- Sienna Jackson	Hills District	DNS
-- Lucy Sherwood	Hills District	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

....Girls U 13 - 200 Metre Sprint

Heat 2 Heats

1	Chelsea Chapman	Riverstone	28.65Q
2	Hannah Baker	Rouse Hill Rams	28.77Q
3	Portia Kearney	Rouse Hill Rams	29.57Q
4	Mayezu Manandhar	Winston Hills	30.50q
5	Katty Naylor	Winston Hills	31.43q
6	Ava Chapman Read	Hills District	31.74
--	Reet Kular	Rouse Hill Rams	DNS
--	Ana Voto	Rouse Hill Rams	DNS

Girls U 13 - 200 Metre Sprint

=====
 Zone: Z 26.38 04/12/2022 Beyza Sevdimbass, Hills Distri

Name Age Centre Final
 =====

Section 1 Final

1	Eva McKenzie	Hills District	29.01
2	Hannah Baker	Rouse Hill Rams	29.36
3	Chelsea Chapman	Riverstone	29.44
4	Maya Wettimuny	Hills District	29.70
5	Portia Kearney	Rouse Hill Rams	29.90
6	Katty Naylor	Winston Hills	30.77
7	Mayezu Manandhar	Winston Hills	30.80
8	Isabella Ferris	Hills District	32.61

Girls U 14 - 200 Metre Sprint

=====
 Zone: Z 25.90 30/01/1998 P Carey, Hills

Name Age Centre Prelims
 =====

Heat 1 Heats

1	Olivia Scott-Rogers	Hills District	28.07Q
2	Beyza Sevdimbass	Hills District	29.53Q
3	Amelia Johnston	Winston Hills	30.99Q
4	Abigail Haines	Hills District	33.46
--	Emily Mitchell	Hills District	DNS
--	Ishanvi Tiwari	Hills District	DNS

Heat 2 Heats

1	Tara Roche	Hills District	28.83Q
2	Amber Haywood	Winston Hills	29.57Q
3	Emelia Muccino	Winston Hills	29.91Q
4	Talia Beattie	Rouse Hill Rams	29.91q
5	Tabitha Broughton	Hawkesbury City	30.54q
6	Madeleine Tamine	Winston Hills	30.90
--	Ruby Kernaghan	Hills District	DNS

Girls U 14 - 200 Metre Sprint

=====
 Zone: Z 25.90 30/01/1998 P Carey, Hills

Name Age Centre Final
 =====

Section 1 Final

1	Olivia Scott-Rogers	Hills District	27.64
2	Beyza Sevdimbass	Hills District	28.22
3	Tara Roche	Hills District	28.96

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 14 - 200 Metre Sprint**

4	Emelia Muccino	Winston Hills	29.53
5	Amber Haywood	Winston Hills	29.73
6	Talia Beattie	Rouse Hill Rams	30.35
7	Amelia Johnston	Winston Hills	31.01
8	Tabitha Broughton	Hawkesbury City	31.40

Girls U 15 - 200 Metre Sprint

=====			
Zone: Z 26.15 09/12/2018 Jorja Wilson, Winston Hills			
Name	Age	Centre	Final
=====			

Section 1

1	Angelina Burford	Hills District	27.27
2	Marlee Gill	Riverstone	27.90
3	Flynn Cowper	Rouse Hill Rams	28.30
4	Gabriela Ribeiro	Hills District	29.49
--	Thamara Kulatileka	Rouse Hill Rams	DNS
--	Sophie Saxon	Hills District	DNS

Girls U 17 - 200 Metre Sprint

=====			
Zone: Z 25.58 15/12/2019 Erin Graham, Hawkesbury City			
Name	Age	Centre	Final
=====			

1	Annissa Quee	Hills District	26.21
2	Jaedin Le Marseny	Hills District	27.48
3	Mikayla Muscat	Hills District	27.94
4	Siena Overton	Winston Hills	28.92
5	Lily Johnston	Winston Hills	29.27
6	Charlotte Mear	Hills District	30.66
7	Grace Nolan	Rouse Hill Rams	31.17
--	Lucy Rutledge	Rouse Hill Rams	DNS

Girls U 9 - 400 Metre Sprint

=====			
Zone: Z 1:10.40 01/01/1980 N Stenberg, Hills			
Name	Age	Centre	Final
=====			

1	Aleisha Stevens	Hills District	1:19.15
2	Zoe Zapatero	Winston Hills	1:24.27
3	Veronica Meek	Hills District	1:33.40
4	Olive Phelan	Rouse Hill Rams	1:41.47
--	Olivia Wysiecki	Hills District	DNS

Section 2

1	Pippa Chesterman	Hills District	1:23.33
2	Breanna Foley	Hills District	1:27.55
3	Ziva Tallapragada	Hills District	1:36.63
4	Peta Uskovic	Rouse Hill Rams	1:42.25
5	Lily Hughes	Rouse Hill Rams	1:46.83
--	Felicity Harrison	Winston Hills	DNS

Section 3

1	Charlotte Arkins	Winston Hills	1:23.92
2	Sarah Cook	Rouse Hill Rams	1:28.44
3	Isalia Savea	Riverstone	1:29.38
4	Tatiana Viko	Winston Hills	1:33.02

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 9 - 400 Metre Sprint**

5 Emily Pittman	Winston Hills	1:33.22
6 Eden Carmichael	Winston Hills	1:35.86

Girls U 10 - 400 Metre Sprint

=====		
Zone: Z 1:10.01	31/01/2009	S De Sliva, Winston Hills
Name	Age Centre	Final
=====		

Section 1

1 Lara Batey	Hills District	1:18.45
2 Tora Rochester	Riverstone	1:20.84
3 Maeve Joseph	Winston Hills	1:23.29
4 Milla O'Shannessy	Hills District	1:24.42
5 Madeleine Melville	Hills District	1:28.05
6 Veronica Dennett	Hawkesbury City	1:29.47

Section 2

1 Caitlin Butler	Rouse Hill Rams	1:16.27
2 Olivia Hams Garriga	Hills District	1:19.96
3 Avalon McLachlan	Riverstone	1:20.80
4 Addison Fahey	Winston Hills	1:27.10
5 Evelyn Akers	Hills District	1:31.64
6 Ava Higgans	Hawkesbury City	1:36.00
7 Lily Jones	Hawkesbury City	1:41.12

Girls U 11 - 400 Metre Sprint

=====		
Zone: Z 1:06.00	01/01/1982	N Stenberg, Hills
Name	Age Centre	Final
=====		

Section 1

1 Lea Alkassam	Rouse Hill Rams	1:13.78
2 elena Gogos	Winston Hills	1:14.29
3 Isabella Kanaris	Hills District	1:20.57
4 Ivy Alam	Hills District	1:21.23
-- Isabella Kearney	Hawkesbury City	DNS

Section 2

1 Elise Alam	Hills District	1:19.33
2 Sophie Aggett	Winston Hills	1:27.28
3 Lucia Rothery	Riverstone	1:30.12
4 Ondine Fraser	Kings Langley	1:37.56
5 Olive Fraser	Kings Langley	1:45.06
-- Vienna Palmer	Hawkesbury City	DNS

Section 3

1 Milla Mare	Rouse Hill Rams	1:10.51
2 Isla Banks	Riverstone	1:13.18
3 Hannah Johnston	Winston Hills	1:13.69
4 Mia Portelli	Riverstone	1:15.68
5 Darcie Kearney	Rouse Hill Rams	1:18.36
-- Piper Steer	Rouse Hill Rams	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 12 - 400 Metre Sprint**

Zone: Z 1:04.90 01/01/1983 N Stenberg, Hills			
Name	Age	Centre	Final
Section 1			
1 Emily West		Hills District	1:12.46
2 Brooklyn Baker		Hawkesbury City	1:18.35
3 Bella Chapman		Riverstone	1:18.95
4 Charlotte Leach		Hills District	1:19.09
5 Lucy Li		Hills District	1:23.24
6 Layla Musgrave		Rouse Hill Rams	1:23.97
-- Emelia Collins		Winston Hills	DNS
-- Piper Andrews		Winston Hills	DNS
Section 2			
1 Savannah Cox		Hills District	1:09.85
2 Martina Hams Garriga		Hills District	1:10.26
3 Rachel Furno		Winston Hills	1:11.13
4 Mikayla Drovandi		Hills District	1:11.49
5 Savannah Prime		Hills District	1:11.84
6 Tahlia Chapman		Hawkesbury City	1:14.51
7 Mahika Ahlawat		Hills District	1:18.54
-- Savannah Ryan		Riverstone	DNS

Girls U 13 - 400 Metre Sprint

Zone: Z 1:02.04 30/01/2004 P Rom, Winston Hills			
Name	Age	Centre	Final
Section 1			
1 Eva McKenzie		Hills District	1:05.54
2 Asher Ally		Winston Hills	1:10.71
3 Evelyn White		Hawkesbury City	1:17.86
4 Emma Buckley		Hills District	1:19.62
-- Ana Voto		Rouse Hill Rams	DNS
Section 2			
1 Chelsea Chapman		Riverstone	1:07.05
2 Matilda Grant		Winston Hills	1:08.20
3 Madison Harris		Hills District	1:08.96
4 Summer Hay		Riverstone	1:15.51
-- Maya Wettimuny		Hills District	DNS

Girls U 14 - 400 Metre Sprint

Zone: Z 1:00.80 01/01/1989 K Clemens, Hills			
Name	Age	Centre	Final
Section 1			
1 Emelia Muccino		Winston Hills	1:05.17
2 Katherine Furno		Winston Hills	1:06.07
3 Ruby Kernaghan		Hills District	1:10.65
4 Abigail Haines		Hills District	1:12.92
5 Tabitha Broughton		Hawkesbury City	1:14.29
6 Isobel Deane		Rouse Hill Rams	1:15.30
7 Kailee Azzopardi		Hills District	1:15.72

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 15 - 400 Metre Sprint**

Zone: Z 59.30 03/02/1996 S Lapham, Hills			
Name	Age	Centre	Final
1 Marlee Gill		Riverstone	1:01.72
2 Ashlyn Kelly		Hills District	1:02.22
3 Angelina Burford		Hills District	1:02.82
4 Helana Prats		Rouse Hill Rams	1:14.38
5 Thamara Kulatileka		Rouse Hill Rams	1:15.31
-- Jordyn Deen		Hills District	DNS
-- Flynn Cowper		Rouse Hill Rams	DNS

Girls U 17 - 400 Metre Sprint

Zone: Z 1:00.70 10/12/2016 Rowena Milliss, Winston Hil			
Name	Age	Centre	Final
1 Jaedin Le Marseny		Hills District	1:02.19
2 Olivia Bloem		Hills District	1:05.45
3 Marlee Deane		Rouse Hill Rams	1:12.05
-- Lucy Rutledge		Rouse Hill Rams	DNS

Girls U 8 - 400 Metre Run Pack Start

Zone: Z 1:28.72 03/12/2022 Aleisha Stevens, Hills Dist			
Name	Age	Centre	Final
1 Evie Mattiazzo		Rouse Hill Rams	1:29.05
2 Harriet Matterson		Hills District	1:31.12
3 Mikha Manandhar		Winston Hills	1:31.50
4 Maddison Watson		Kings Langley	1:36.82
5 Elizabeth Mitchell		Hills District	1:40.41
6 Grace Atwood		Rouse Hill Rams	1:41.89
7 Teddy Joseph		Winston Hills	1:42.05
8 Lucia Fajardo		Hills District	1:42.14
9 Halle Wilson		Hills District	1:46.10
10 Georgia O'Dea		Hills District	1:48.70
11 Anais Fraser		Kings Langley	1:55.83
12 Mia Musgrave		Rouse Hill Rams	2:03.82
13 Mackenzie Waddell		Riverstone	2:09.91
-- Claudia Dorahy		Hills District	DNS

Girls U 7 - 500 Metre Run Pack Start

Zone: Z 1:37.80 01/01/1988 S Lapham, Hills			
Name	Age	Centre	Final
1 Laurice Nvene		Hills District	2:00.20
2 Charlotte Bardsley		Winston Hills	2:00.35
3 Alba James		Hills District	2:00.50
4 Zoe Negus		Hawkesbury City	2:10.20
5 Zyla Cassel		Rouse Hill Rams	2:10.10
7 Chloe Blatch		Kings Langley	2:10.30
8 Quin Wilcock		Hills District	2:10.55
9 Mia Tamasauskas		Winston Hills	2:10.40
9 Ruby Apiiyah		Riverstone	2:11.15

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 7 - 500 Metre Run Pack Start**

10	Ruby Foggo	Winston Hills	2:11.30
11	Aria Mufale	Hills District	2:11.35
12	Hannah Parsons	Hills District	2:11.40
12	Emma Roodt	Hills District	2:11.40
14	Iris Atkinson	Rouse Hill Rams	2:11.50

Girls U 8 - 700 Metre Run Pack Start

Zone: Z 2:18.10 16/12/1991 K Drennan, Hills

Name	Age Centre	Final
1	Ariel Buric Hills District	2:50.16
2	Claudia Dorahy Hills District	2:51.73
3	Evie Mattiazzo Rouse Hill Rams	2:57.00
4	Maddison Watson Kings Langley	3:12.22
5	Lucia Fajardo Hills District	3:18.21
6	Grace Atwood Rouse Hill Rams	3:20.93
7	Mia van Rensburg Rouse Hill Rams	3:22.12
8	Anais Fraser Kings Langley	3:24.96
9	Capri Mufale Hills District	3:28.76
10	Ruby Giorelando Hills District	3:37.17
11	Mia Musgrave Rouse Hill Rams	3:43.86
12	Halle Wilson Hills District	3:45.29

Girls U 9 - 800 Metre Run

Zone: Z 2:41.00 01/01/1980 N Stenberg, Hills

Name	Age Centre	Final
1	Charlotte Arkins Winston Hills	3:06.38
2	Pippa Chesterman Hills District	3:10.91
3	Zoe Zapatero Winston Hills	3:16.94
4	Sarah Cook Rouse Hill Rams	3:21.15
5	Olivia Wysiecki Hills District	3:24.69
6	Charlotte Prentice Hills District	3:26.20
7	Scarlett Morgan Hills District	3:26.97
8	Isalia Savea Riverstone	3:29.49
9	Eliza Guenther Rouse Hill Rams	3:34.76
10	Jessica Dobson Hills District	3:38.26
11	Peta Uskovic Rouse Hill Rams	3:44.97
--	Mackenzie Bird Riverstone	DNS
--	Emily Cook Rouse Hill Rams	DNS
--	Emma Gillogly Hills District	DNS
--	Felicity Harrison Winston Hills	DNS

Girls U 10 - 800 Metre Run

Zone: Z 2:40.40 01/01/1985 K Clemens, Lalor Park

Name	Age Centre	Final
1	Caitlin Butler Rouse Hill Rams	2:51.81
2	Tora Rochester Riverstone	2:58.00
3	Lara Batey Hills District	2:59.25
4	Olivia Hams Garriga Hills District	3:01.67
5	Avalon McLachlan Riverstone	3:07.98

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****...Girls U 10 - 800 Metre Run**

6	Chloe-Jade Fahim	Winston Hills	3:08.98
7	Maeve Joseph	Winston Hills	3:11.27
8	Milla O'Shannessy	Hills District	3:16.33
9	Charlotte Green	Hills District	3:19.43
10	Anna Grzybowska	Hills District	3:21.27
11	Veronica Dennett	Hawkesbury City	3:22.07
12	Eloise Mugridge	Kings Langley	3:26.65
13	Madeleine Melville	Hills District	3:27.62
14	Akira Malik	Rouse Hill Rams	3:39.13
15	Lily Jones	Hawkesbury City	3:44.04
16	Ava Higgans	Hawkesbury City	3:46.66

Girls U 11 - 800 Metre Run

=====
 Zone: Z 2:33.90 01/01/1981 C Hauser, Hills

Name	Age Centre	Final	
1	Milla Mare	Rouse Hill Rams	2:40.37
2	Isla Banks	Riverstone	2:48.98
3	elena Gogos	Winston Hills	2:54.41
4	Capri Borg	Rouse Hill Rams	2:55.05
5	Maisie Brown	Hills District	2:57.85
6	Lilly Murray	Hills District	3:05.73
7	Isabella Kanaris	Hills District	3:13.40
8	Lacey West	Riverstone	3:21.41
9	Jemima Webber	Winston Hills	3:28.22
10	Sophie Aggett	Winston Hills	3:31.39
11	Ondine Fraser	Kings Langley	3:45.65
12	Olive Fraser	Kings Langley	3:51.24
--	Ivy Alam	Hills District	DNS
--	Lea Alkassem	Rouse Hill Rams	DNS

Girls U 12 - 800 Metre Run

=====
 Zone: Z 2:26.00 01/01/1985 A Harrison, Hills

Name	Age Centre	Final	
1	Hayley Foley	Hills District	2:37.42
2	Mikayla Drovandi	Hills District	2:38.83
3	Savannah Prime	Hills District	2:39.30
4	Holly Chesterman	Hills District	2:43.46
5	Martina Hams Garriga	Hills District	2:43.62
6	Tahlia Chapman	Hawkesbury City	2:44.63
7	Georgia Gillogly	Hills District	2:54.29
8	Bella Chapman	Riverstone	2:56.29
9	Chloe Harkin	Hills District	2:57.76
10	Charlotte Holden	Hills District	3:00.03
11	Sophie Seymon	Kings Langley	3:10.10
12	Mahika Ahlawat	Hills District	3:10.92
13	Layla Musgrave	Rouse Hill Rams	3:11.74
14	Mackenzie Kitching	Riverstone	3:17.84
15	Sara Haaf	Winston Hills	3:50.04

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 13 - 800 Metre Run**

Zone: Z 2:22.60 01/01/1988 K Clemens, Hills			
Name	Age	Centre	Final
1 Lucy Sherwood		Hills District	2:34.59
2 Eva McKenzie		Hills District	2:38.54
3 Madison Harris		Hills District	2:39.01
4 Hannah Rojas		Hills District	2:39.80
5 Ella Caines		Rouse Hill Rams	2:44.48
6 Matilda Grant		Winston Hills	2:45.43
7 Asher Ally		Winston Hills	2:50.61
8 Ava Chapman Read		Hills District	2:51.82
9 Summer Hay		Riverstone	2:56.70
10 Molly Purcell		Rouse Hill Rams	3:01.63
11 Evelyn White		Hawkesbury City	3:05.40
12 Layne Swan		Hills District	3:11.70
13 Sienna Barra		Hills District	3:21.70
14 Sara Natori		Rouse Hill Rams	3:22.05
-- Bethany Ore		Winston Hills	DNS
-- Samantha Corben		Hills District	DNS

Girls U 14 - 800 Metre Run

Zone: Z 2:20.60 01/01/1989 K Clemens, Hills			
Name	Age	Centre	Final
1 Annabelle Vella		Rouse Hill Rams	2:31.44
2 Lily Golding		Hills District	2:34.87
3 Katherine Furno		Winston Hills	2:37.03
4 Emelia Muccino		Winston Hills	2:37.84
5 Amber Haywood		Winston Hills	2:52.65
6 Kailee Azzopardi		Hills District	2:58.68
7 Tabitha Broughton		Hawkesbury City	2:59.88
8 Abigail Haines		Hills District	3:03.86
9 Lilly Hall-O'Dwyer		Rouse Hill Rams	3:21.38
-- Caitlyn Ligertwood		Kings Langley	DNS
-- Emily Daly		Hawkesbury City	DNS
-- Lyla Reading		Winston Hills	DNS

Girls U 15 - 800 Metre Run

Zone: Z 2:18.30 01/01/1996 S Lapham, Hills			
Name	Age	Centre	Final
1 Ashlyn Kelly		Hills District	2:31.21
2 Taylor Hills		Hills District	2:37.88
3 Lilliana Daly		Hawkesbury City	2:50.46
4 Matilda Webb		Winston Hills	2:51.09
5 Tayla Dobson		Hills District	3:24.26
-- Chloe Holden		Hills District	DNS
-- Jordyn Deen		Hills District	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 17 - 800 Metre Run**

Zone: Z 2:24.11 09/12/2012 Sarah Marvin, Winston Hills			
Name	Age	Centre	Final
1 Holly Gersbach		Winston Hills	2:31.54
2 Olivia Bloem		Hills District	2:32.42
3 Aoife Murdock		Hills District	2:46.43

Girls U 11 - 1500 Metre Run

Zone: Z 5:16.70 01/01/1986 E Simpson, Winston Hills			
Name	Age	Centre	Final
1 Milla Mare		Rouse Hill Rams	5:37.38
2 Lea Alkassem		Rouse Hill Rams	5:55.49
3 Capri Borg		Rouse Hill Rams	6:05.52
4 Lilly Murray		Hills District	6:09.65
5 Lacey West		Riverstone	6:34.12
6 Isabella Vida-Fong		Hills District	6:43.31
7 Jemima Webber		Winston Hills	6:45.84
8 Ariel Palmer		Hawkesbury City	7:12.92
9 Ondine Fraser		Kings Langley	7:28.89
10 Olive Fraser		Kings Langley	7:53.00
-- Sienna Marris		Hills District	DNS

Girls U 12 - 1500 Metre Run

Zone: Z 4:59.00 01/01/1980 S Everitt, Hills			
Name	Age	Centre	Final
1 Mikayla Drovandi		Hills District	5:15.32
2 Hayley Foley		Hills District	5:25.32
3 Savannah Prime		Hills District	5:29.97
4 Tahlia Chapman		Hawkesbury City	5:37.81
5 Holly Chesterman		Hills District	5:43.24
6 Georgia Gillogly		Hills District	5:48.67
7 Charlotte Holden		Hills District	5:59.27
8 Chloe Harkin		Hills District	6:09.52
9 Sophie Seymon		Kings Langley	6:16.86
10 Layla Musgrave		Rouse Hill Rams	6:25.46
11 Mahika Ahlawat		Hills District	6:40.93
12 Edwina Biermann		Rouse Hill Rams	6:50.59
13 Madison Crass		Hawkesbury City	7:19.06
14 Sara Haaf		Winston Hills	7:32.23
-- Bella Chapman		Riverstone	DNF
-- Martina Hams Garriga		Hills District	DNS

Girls U 13 - 1500 Metre Run

Zone: Z 4:57.50 01/01/1986 A Harrison, Hills			
Name	Age	Centre	Final
1 Lucy Sherwood		Hills District	5:26.94
2 Hannah Rojas		Hills District	5:41.21
3 Madison Harris		Hills District	5:42.19
4 Ella Caines		Rouse Hill Rams	5:50.84

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 13 - 1500 Metre Run**

5 Matilda Grant	Winston Hills	6:01.59
6 Asher Ally	Winston Hills	6:06.96
7 Molly Purcell	Rouse Hill Rams	6:13.84
8 Bethany Ore	Winston Hills	6:16.49
9 Zoe McGrath	Hills District	6:24.68
10 Samantha Corben	Hills District	6:37.96
11 Evelyn White	Hawkesbury City	6:45.31
12 Sara Natori	Rouse Hill Rams	6:58.46
13 Sienna Barra	Hills District	7:14.66
-- Eva McKenzie	Hills District	DNS
-- Charlotte Naim	Rouse Hill Rams	DNS

Girls U 14 - 1500 Metre Run

Zone: Z 4:52.70 14/12/2013 Leena Yang, Hills District

Name	Age Centre	Final
1 Annabelle Vella	Rouse Hill Rams	5:10.50
2 Charlotte Scott-Rogers	Hills District	5:16.80
3 Lily Golding	Hills District	5:18.30
4 Amber Haywood	Winston Hills	5:57.74
5 Kailee Azzopardi	Hills District	6:13.70
-- Emily Daly	Hawkesbury City	DNF
-- Lyla Reading	Winston Hills	DNS

Girls U 15 - 1500 Metre Run

Zone: Z 4:58.60 30/01/2009 S Bright, Hills

Name	Age Centre	Final
1 Matilda Webb	Winston Hills	5:52.40
2 Lilliana Daly	Hawkesbury City	5:54.65
3 Chloe Holden	Hills District	6:03.54
4 Tayla Dobson	Hills District	6:23.49
5 Helana Prats	Rouse Hill Rams	7:00.52

Girls U 17 - 1500 Metre Run

Zone: Z 4:59.01 12/12/2015 Ali Thomson, Hills District

Name	Age Centre	Final
1 Aoife Murdock	Hills District	5:37.19

Girls U 13 - 3000 Metre Run

Zone: Z 10:43.12 30/01/2010 S Marvin, Winston Hills

Name	Age Centre	Final
1 Lucy Sherwood	Hills District	12:10.21
2 Ella Caines	Rouse Hill Rams	12:28.88
3 Zoe McGrath	Hills District	13:16.50
4 Molly Purcell	Rouse Hill Rams	13:24.94
5 Bethany Ore	Winston Hills	13:33.42
6 Samantha Corben	Hills District	14:29.57
-- Evelyn White	Hawkesbury City	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 14 - 3000 Metre Run**

Zone: Z 10:31.67 14/12/2013 Leena Yang, Hills District			
Name	Age	Centre	Final
1 Annabelle Vella		Rouse Hill Rams	10:44.43
2 Charlotte Scott-Rogers		Hills District	11:53.48
3 Kailee Azzopardi		Hills District	12:56.03
-- Lyla Reading		Winston Hills	DNS

Girls U 15 - 3000 Metre Run

Zone: Z 10:32.90 28/01/2012 Sarah Marvin, Winston Hill			
Name	Age	Centre	Final
1 Matilda Webb		Winston Hills	12:23.92

Girls U 17 - 3000 Metre Run

Zone: Z 10:38.44 02/12/2022 Lucie Francis, Hills Distr			
Name	Age	Centre	Final
1 Holly Gersbach		Winston Hills	11:47.17
-- Claire Giffney		Kings Langley	DNS

Girls U 7-17 Marathon

Name	Age	Centre	Final
1 Hills District		Hills District	13.42
2 Winston Hills		Winston Hills	13.48
3 Hawkesbury City		Hawkesbury City	13.97
4 Hills Police		Hills District	14.37
5 Riverstone L		Riverstone	14.86
6 Rouse Hills		Rouse Hill Rams	16.04
7 Kings Langley		Kings Langley	16.56
-- Hawkesbury Police		Hawkesbury City	DNS

Girls U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.70 04/02/1995 A Kerr, Winston Hills			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Evie Mattiazzo		Rouse Hill Rams	12.70Q
2 Skylah Ward		Hawkesbury City	13.59Q
3 Harriet Matterson		Hills District	13.93q
4 Harriet Grant		Winston Hills	14.69
5 Annabel Hagenson		Riverstone	14.81
6 Daisy Oliver		Hills District	15.16
7 Emily Prager		Rouse Hill Rams	16.40
Heat 2 Heats			
1 Ariel Buric		Hills District	12.31Q
2 Lexi Rodrick		Rouse Hill Rams	13.09Q
3 Bella Akekelwa		Hills District	13.16q
4 Capri Mufale		Hills District	15.34
5 Mackenzie Waddell		Riverstone	15.93

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 8 - 60 Metre Hurdles (45cm)**

6	Tharunisri Rajesh Kumar	Kings Langley	17.02
7	Anais Fraser	Kings Langley	19.67
--	Isabella l Forsberg	Winston Hills	DNS
Heat 3 Heats			
1	Elizabeth Mitchell	Hills District	13.28Q
2	Azarlia Borg	Rouse Hill Rams	13.87Q
3	Havana Rochester	Riverstone	14.15
4	Mikha Manandhar	Winston Hills	14.21
5	Jordan Ries	Rouse Hill Rams	14.55
6	Mia van Rensburg	Rouse Hill Rams	15.36
--	Tahlia Mostert	Rouse Hill Rams	DNS

Girls U 8 - 60 Metre Hurdles (45cm)

=====
 Zone: Z 11.70 04/02/1995 A Kerr, Winston Hills

Name	Age Centre	Final
===== Section 1 Final		
1	Ariel Buric	Hills District 12.27
2	Evie Mattiazzo	Rouse Hill Rams 12.51
3	Lexi Rodrick	Rouse Hill Rams 13.06
4	Azarlia Borg	Rouse Hill Rams 13.23
5	Elizabeth Mitchell	Hills District 13.57
6	Bella Akekelwa	Hills District 13.71
7	Harriet Matterson	Hills District 13.81
8	Skylah Ward	Hawkesbury City 13.94

Girls U 9 - 60 Metre Hurdles (45cm)

=====
 Zone: Z 10.80 01/01/1997 S Starkey, Riverstone

Name	Age Centre	Prelims
===== Heat 1 Heats		
1	Shreya Iyer	Winston Hills 11.00Q
2	Emily Anderson	Hills District 12.33Q
3	Tahlia Hunt	Hawkesbury City 12.50Q
4	Emily Pittman	Winston Hills 12.51q
5	Olive Phelan	Rouse Hill Rams 12.67q
6	Elke Jennings	Winston Hills 12.82
7	Elise Woodland	Hills District 13.25
8	Evie l Price	Kings Langley 13.96
9	Zhi Xi Tong	Hills District 14.01
10	Georgia Blatch	Kings Langley 14.10
Heat 2 Heats		
1	Charlotte Arkins	Winston Hills 11.90Q
2	Aleisha Stevens	Hills District 12.33Q
3	Peta Uskovic	Rouse Hill Rams 12.55Q
4	Mackenzie Bird	Riverstone 12.74
5	Grace Leary	Hills District 12.79
6	Mishika Chitkara	Winston Hills 13.05
7	Isabella Miller	Hills District 13.06
8	Eden Carmichael	Winston Hills 13.16
--	Natalia Casado	Rouse Hill Rams DNS
--	Catarina Camilleri	Hawkesbury City DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 9 - 60 Metre Hurdles (45cm)**

Zone: Z 10.80 01/01/1997 S Starkey, Riverstone			
Name	Age	Centre	Final
Section 1 Final			
1 Shreya Iyer		Winston Hills	11.10
2 Charlotte Arkins		Winston Hills	12.25
3 Emily Pittman		Winston Hills	12.27
4 Emily Anderson		Hills District	12.42
5 Aleisha Stevens		Hills District	12.45
6 Olive Phelan		Rouse Hill Rams	12.48
7 Tahlia Hunt		Hawkesbury City	12.66
8 Peta Uskovic		Rouse Hill Rams	12.70

Girls U 10 - 60 Metre Hurdles (60cm)

Zone: Z 9.60 01/01/1988 B Smith, Winston Hills			
Name	Age	Centre	Prelims
Heat 1 Heats			
1 Sophie Connellan		Hills District	11.98Q
2 Hannah Nvene		Hills District	12.29Q
3 Diandra Anya Premachandr		Rouse Hill Rams	12.62Q
4 Jordan Rye		Hawkesbury City	13.24q
5 Addison Fahey		Winston Hills	13.49
6 Sophia Macaulay		Rouse Hill Rams	14.10
7 Evelyn Akers		Hills District	14.51
8 Bronte-Lee McCartney		Riverstone	17.94
9 Tabitha Grant		Winston Hills	18.09
Heat 2 Heats			
1 Tora Rochester		Riverstone	12.29Q
2 Sophie Hoddinett		Winston Hills	12.67Q
3 Pippa Horsey		Hills District	12.76Q
4 Samarah Ryan		Riverstone	12.81q
5 Phoebe Ligertwood		Kings Langley	13.83
6 Ellory Tan		Hills District	14.56
7 Amelia Leach		Hills District	15.57
8 Elizabeth Crass		Hawkesbury City	19.16
-- marlie edwards		Hawkesbury City	DNS

Girls U 10 - 60 Metre Hurdles (60cm)

Zone: Z 9.60 01/01/1988 B Smith, Winston Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Sophie Connellan		Hills District	12.23
2 Hannah Nvene		Hills District	12.35
2 Diandra Anya Premachandr		Rouse Hill Rams	12.35
4 Tora Rochester		Riverstone	12.39
5 Sophie Hoddinett		Winston Hills	12.54
6 Pippa Horsey		Hills District	12.93
7 Jordan Rye		Hawkesbury City	13.42
8 Samarah Ryan		Riverstone	13.46

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 11 - 80 Metre Hurdles (60cm)**

Zone: Z 13.69 04/12/2022 Savannah Cox, Hills District			
Name	Age	Centre	Prelims
Heat 1 Heats			
1	Lyla Sofiak	Hills District	15.67Q
2	elena Gogos	Winston Hills	16.04Q
3	Annabelle R Price	Kings Langley	16.68Q
4	Mackenzie Goodsir	Hills District	16.97q
5	Gabriela Casado	Rouse Hill Rams	17.62q
6	Capri Borg	Rouse Hill Rams	18.54
7	Lily Simai	Kings Langley	19.39
--	Piper Steer	Rouse Hill Rams	DNS
--	Holly Laidler	Hawkesbury City	DNS
Heat 2 Heats			
1	Livia Muccino	Winston Hills	15.87Q
2	Maisie Brown	Hills District	15.93Q
3	Matilda Phelan	Rouse Hill Rams	17.39Q
4	Brooklyn-Lee Hill	Winston Hills	19.35
5	Lucy Prentice	Hills District	21.28
--	Isabella Kearney	Hawkesbury City	DNS
--	Lexi Mostert	Rouse Hill Rams	DNS
--	Alexis Foxe	Hills District	DNS

Girls U 11 - 80 Metre Hurdles (60cm)

Zone: Z 13.69 04/12/2022 Savannah Cox, Hills District			
Name	Age	Centre	Final
Section 1 Final			
1	Lyla Sofiak	Hills District	15.54
2	Livia Muccino	Winston Hills	15.94
3	elena Gogos	Winston Hills	16.00
4	Maisie Brown	Hills District	16.26
5	Annabelle R Price	Kings Langley	17.07
6	Mackenzie Goodsir	Hills District	17.28
7	Matilda Phelan	Rouse Hill Rams	17.31
8	Gabriela Casado	Rouse Hill Rams	17.59

Girls U 12 - 80 Metre Hurdles (68cm)

Zone: Z 13.32 04/12/2022 Sanjana Iyer, Winston Hills			
Name	Age	Centre	Prelims
Heat 1 Heats			
1	Rachel Furno	Winston Hills	15.39Q
2	Lucia Rogulski	Hills District	15.63Q
3	Matilda Hall	Hills District	17.46Q
4	Eva Dimic	Riverstone	17.83q
5	Edwina Biermann	Rouse Hill Rams	17.98
6	Charlotte Leach	Hills District	18.75
7	Chloe Rojas	Hills District	19.47
Heat 2 Heats			
1	Savannah Cox	Hills District	13.99Q
2	Jayda Isherwood	Winston Hills	14.70Q
3	Arabella Newman	Hills District	16.71Q

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 12 - 80 Metre Hurdles (68cm)**

4	Lilla Van Ross	Hills District	17.94q
5	Zahra Rodrick	Rouse Hill Rams	18.34
6	Isla Berry	Hills District	18.73
--	Michelle Li	Winston Hills	DNS

Girls U 12 - 80 Metre Hurdles (68cm)

=====			
	Zone: Z 13.32	04/12/2022	Sanjana Iyer, Winston Hills
Name	Age	Centre	Final
=====			

Section 1 Final

1	Savannah Cox	Hills District	13.86
2	Jayda Isherwood	Winston Hills	14.20
3	Rachel Furno	Winston Hills	15.04
4	Lucia Rogulski	Hills District	15.06
5	Arabella Newman	Hills District	16.31
6	Matilda Hall	Hills District	17.55
7	Lilla Van Ross	Hills District	18.32
--	Eva Dimic	Riverstone	DNS

Girls U 13 - 80 Metre Hurdles (76cm)

=====			
	Zone: Z 13.31	04/12/2022	Beyza Sevdimbass, Hills Distri
Name	Age	Centre	Final
=====			

Section 1

1	Sanjana Iyer	Winston Hills	13.90
2	Lila Oliver	Hills District	14.47
3	Hannah Baker	Rouse Hill Rams	14.77
4	Ava Cetinic	Hills District	14.78
5	Chelsea Hughes	Rouse Hill Rams	19.80
--	Elise Webster	Hills District	DNS
--	Ana Voto	Rouse Hill Rams	DNS
--	Charlotte Naim	Rouse Hill Rams	DNS
--	Emma Buckley	Hills District	DNS

Girls U 14 - 80 Metre Hurdles (76cm)

=====			
	Zone: Z 12.53	15/12/2013	Tiana Death, Hills District
Name	Age	Centre	Final
=====			

1	Olivia Scott-Rogers	Hills District	13.39
2	Ishanvi Tiwari	Hills District	14.58
3	Tamara Davies	Hawkesbury City	14.64
4	Amelia Johnston	Winston Hills	15.19
5	Sofia Hams Garriga	Hills District	16.85
--	Leilani Hawea	Rouse Hill Rams	DNS

Girls U 15 - 90 Metre Hurdles (76cm)

=====			
	Zone: Z 13.30	02/02/1997	A Luthy, Hawkesbury City
Name	Age	Centre	Final
=====			

1	Caitlyn Martin	Winston Hills	14.12
2	Angelina Burford	Hills District	14.13

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 15 - 90 Metre Hurdles (76cm)**

3	Eva Everson	Hills District	17.08
4	Lilliana Daly	Hawkesbury City	17.33
5	Rose Murnane	Hills District	19.31
6	Samantha Prentice	Hills District	22.06
--	Gabriela Ribeiro	Hills District	DNF
--	Charlotte Mc Tighe	Hills District	DNS
--	Thamara Kulatileka	Rouse Hill Rams	DNS

Girls U 17 - 100 Metre Hurdles (76cm)

Zone: Z 15.19 15/12/2019 Chanelle Odendaal, Rouse Hill			
Name	Age	Centre	Final
1	Mikayla Muscat	Hills District	15.14Z
2	Olivia Bloem	Hills District	16.13
3	Emily Nolan	Rouse Hill Rams	19.02
--	Jessica White	Rouse Hill Rams	DNS
--	Tanisha Kumar	Hills District	DNS

Girls U 13 - 200 Metre Hurdles (68cm)

Zone: Z 29.70 01/01/1990 A Maguire, Hills			
Name	Age	Centre	Final
1	Eva McKenzie	Hills District	31.45
2	Hannah Baker	Rouse Hill Rams	31.75
3	Matilda Grant	Winston Hills	33.58
4	Krystal Emme	Hawkesbury City	34.07
5	Katty Naylor	Winston Hills	34.55
--	Charlotte Naim	Rouse Hill Rams	DNS

Section 2

1	Maya Wettimuny	Hills District	31.78
2	Lucy Sherwood	Hills District	33.09
3	Lila Oliver	Hills District	33.55
4	Emma Buckley	Hills District	35.33
5	Chelsea Hughes	Rouse Hill Rams	38.39
6	Ana Voto	Rouse Hill Rams	40.05
--	Hannah Rojas	Hills District	DNS

Girls U 14 - 200 Metre Hurdles (76cm)

Zone: Z 29.10 01/01/1988 R Freeman, Hills			
Name	Age	Centre	Final
Section 1			
1	Summer Paki	Hills District	32.04
2	Tamara Davies	Hawkesbury City	33.26
3	Isobel Deane	Rouse Hill Rams	36.51

Girls U 15 - 300 Metre Hurdles (76cm)

Zone: Z 47.76 08/12/2016 Danielle Drinnan, Winston Hil			
Name	Age	Centre	Final
1	Angelina Burford	Hills District	46.55Z

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 15 - 300 Metre Hurdles (76cm)**

2	Eva Everson	Hills District	56.87
3	Rose Murnane	Hills District	59.59

Girls U 17 - 300 Metre Hurdles (76cm)

=====			
Zone: Z 46.26 02/12/2022 Avalene Tandog, Hills Distric			
	Name	Age Centre	Final
=====			
1	Olivia Bloem	Hills District	49.33
2	Marlee Deane	Rouse Hill Rams	52.51

Girls U 11-12 100 Metre Multi Class Run

=====			
Zone: Z 31.30 03/12/2022 Eden Brooks, Rouse Hill			
	Name	Age Centre	Final
=====			
1	Eden Brooks	Rouse Hill Rams	25.37Z 42.018

Girls U 11-12 200 Metre Multi Class Run

=====			
Zone: Z 1:17.58 04/12/2022 Eden Brooks, Rouse Hill			
	Name	Age Centre	Final
=====			
--	Eden Brooks	Rouse Hill Rams	DNS

Girls U 9-12 4x100 Metre Relay (Jnr)

=====			
Zone: Z 57.47 13/12/2015 Hills District, Hills Distric			
T Kabuyawa, T Paki, J Du Preez, E Buchanan			
	Centre		Final
=====			
1	Hills District		1:00.94
	1) Aleisha Stevens 9	2) Savannah Cox 12	
	3) Anabel Jurkovic 10	4) Ellie Benefield 11	
2	Winston Hills		1:01.68
	1) Shreya Iyer 9	2) Bridgette Bazouni 10	
	3) Livia Muccino 11	4) Justice Sugumaran 12	
3	Riverstone		1:02.34
	1) Isalia Savea 9	2) Brae Aldaba 11	
	3) Sophiah Ryan 10	4) Savannah Ryan 12	
4	Rouse Hill Rams		1:02.68
	1) Natalia Casado 9	2) gabrielle koroma 12	
	3) Caitlin Butler 10	4) Milla Mare 11	
5	Kings Langley		1:10.84
	1) Evie l Price 9	2) Phoebe Ligertwood 10	
	3) Annabelle R Price 11	4) Neema Muia 10	
6	Hawkesbury City		1:12.70
	1) Tahlia Hunt 9	2) Veronica Dennett 10	
	3) Jordan Rye 10	4) Brooklyn Baker 12	

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 12-17 4x100 Metre Relay (Snr)**

Zone: Z 50.39 04/12/2022 Hills District, Hills District			
A Burford, T Kabuyawa, M Muscat, B Sevdimbias			
Centre			Final
1 Hills District			51.42
1) Ava Cetinic 13	2) Annissa Quee 17		
3) Olivia Scott-Rogers 14	4) Angelina Burford 15		
2 Winston Hills			52.80
1) Sanjana Iyer 13	2) Amelia Johnston 14		
3) Caitlyn Martin 15	4) Lily Johnston 17		
3 Rouse Hill Rams			55.95
1) Portia Kearney 13	2) Flynn Cowper 15		
3) Talia Beattie 14	4) Isobel Deane 14		
4 Hawkesbury City			58.02
1) Krystal Emme 13	2) Tabitha Broughton 14		
3) Lilliana Daly 15	4) Tamara Davies 14		
-- Riverstone			DQ
1) Courtney Kitching 17	2) Chelsea Chapman 13		
3) Lara Roberts 15	4) Marlee Gill 15		

Girls U 9 - High Jump (S/H 0.80m)

Zone: Z 1.14m 30/01/1999 L Denning, Hills			
Name	Age	Centre	Final
Flight 1			
1 Olivia Wysiecki		Hills District	1.09m
2 Shreya Iyer		Winston Hills	1.05m
3 Maia Garnett		Rouse Hill Rams	1.03m
4 Elise Woodland		Hills District	0.99m
5 Mackenzie Bird		Riverstone	0.90m
6 Georgia Blatch		Kings Langley	0.90m J
7 Emma Gillogly		Hills District	0.90m J
8 Eden Carmichael		Winston Hills	0.90m J
9 Natalia Casado		Rouse Hill Rams	0.90m J
10 Breanna Foley		Hills District	0.90m J
11 Sarah Cook		Rouse Hill Rams	0.85m
12 Eliza Guenther		Rouse Hill Rams	0.85m J
13 Indira Ilankeeran		Hills District	0.85m J
14 Grace Leary		Hills District	0.80m J
14 Emmanuella Apiiyah		Riverstone	0.80m J
-- Kiara Popham		Hawkesbury City	DNS
-- Catarina Camilleri		Hawkesbury City	DNS

Girls U 10 - High Jump (S/H 0.90m)

Zone: Z 1.28m 28/01/2007 A Tait, Kings Langley			
Name	Age	Centre	Final
1 Anabel Jurkovic		Hills District	1.11m
2 Anastasia Thorne		Hills District	1.05m
3 Diandra Anya Premachandr		Rouse Hill Rams	1.05m J
4 Hannah Nvene		Hills District	1.05m J
5 Mia Spasovic		Hills District	1.05m J
6 Olivia Scerri		Winston Hills	1.05m J

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 10 - High Jump (S/H 0.90m)**

7	Caleesa Horder	Hills District	1.05m
8	Sophie Hoddinett	Winston Hills	1.00m
9	Kyra Giritfin	Hills District	1.00m
--	Elizabeth Day	Riverstone	DNS
--	Chloe-Jade Fahim	Winston Hills	DNS

Girls U 11 - High Jump (S/H 1.00m)

=====			
Zone: Z 1.40m 29/01/2022 Ava Cetinic, Hills District			
Name	Age	Centre	Final
=====			
1	Ellie Benefield	Hills District	1.33m
2	Ruby Masters	Hills District	1.23m
3	Asher Davidson	Hills District	1.17m
4	Lucia Rothery	Riverstone	1.10m J
5	Mackenzie Goodsir	Hills District	1.10m J
6	Imogen Carter	Winston Hills	1.10m J
7	Keira Gill	Riverstone	1.10m J
8	Matilda Phelan	Rouse Hill Rams	1.10m J
8	Vienna Palmer	Hawkesbury City	1.10m J
10	Ariel Palmer	Hawkesbury City	1.05m
--	Brae Aldaba	Riverstone	NH
--	Holly Laidler	Hawkesbury City	DNS

Girls U 12 - High Jump (S/H 1.10m)

=====			
Zone: Z 1.50m 03/12/2022 Ava Cetinic, Hills District			
Name	Age	Centre	Final
=====			
1	Grace Gadd	Hills District	1.35m
2	Hayley Foley	Hills District	1.31m
3	Jayda Isherwood	Winston Hills	1.29m
4	Ocean Kennedy	Riverstone	1.29m
5	Rachel Furno	Winston Hills	1.27m
6	Michelle Li	Winston Hills	1.20m
7	Ivy Murray	Riverstone	1.20m
8	Edwina Biermann	Rouse Hill Rams	1.15m
9	Chloe Rojas	Hills District	1.10m
--	Isla Berry	Hills District	NH
--	Emily Young	Winston Hills	NH
--	Mahika Ahlawat	Hills District	DNS

Girls U 13 - High Jump (S/H 1.15m)

=====			
Zone: Z 1.57m 08/12/2018 Vanessa Apel, Winston Hills			
Name	Age	Centre	Final
=====			
1	Ava Cetinic	Hills District	1.46m
2	Sanjana Iyer	Winston Hills	1.44m
3	Maya Wettimuny	Hills District	1.36m
4	Asher Ally	Winston Hills	1.25m
5	Hannah Baker	Rouse Hill Rams	1.25m
6	Eva McKenzie	Hills District	1.25m
7	Katty Naylor	Winston Hills	1.25m
8	Molly Purcell	Rouse Hill Rams	1.15m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 13 - High Jump (S/H 1.15m)**

-- Chelsea Hughes	Rouse Hill Rams	NH
-- Sienna Jackson	Hills District	NH
-- Isabella Ferris	Hills District	NH
-- Reet Kular	Rouse Hill Rams	DNS
-- Hannah Rojas	Hills District	DNS

Girls U 14 - High Jump (S/H 1.20m)

Zone: Z 1.63m 15/12/2019 Vanessa Apel, Winston Hills			
Name	Age Centre	Final	
1 Olivia Scott-Rogers	Hills District	1.68mZ	
2 Summer Paki	Hills District	1.47m	
3 Katherine Furno	Winston Hills	1.43m	
4 Ishanvi Tiwari	Hills District	1.43m	J
5 Emily Mitchell	Hills District	1.30m	
-- Leilani Hawea	Rouse Hill Rams	DNS	
-- Ruby Kernaghan	Hills District	DNS	
-- Lilly Hall-O'Dwyer	Rouse Hill Rams	DNS	

Girls U 15 - High Jump (S/H 1.20m)

Zone: Z 1.66m 05/02/1994 C Mortleman, Hills			
Name	Age Centre	Final	
1 Caitlyn Martin	Winston Hills	1.70mZ	
2 Taylor Hills	Hills District	1.38m	
3 Eden Millhouse	Hills District	1.34m	
4 Lilliana Daly	Hawkesbury City	1.30m	
-- Maple Strong	Hills District	DNS	
-- Bronte Simpson	Hills District	DNS	

Girls U 17 - High Jump (S/H 1.25m)

Zone: Z 1.70m 04/12/2022 Vanessa Apel, Winston Hills			
Name	Age Centre	Final	
1 Tanisha Kumar	Hills District	1.63m	
2 Emily Nolan	Rouse Hill Rams	1.25m	

Girls U 11-12 Jumps Relay

Name	Age Centre	Final	
1 Eden Brooks	Rouse Hill Rams	3.52m	6.193

Girls U 7 - Long Jump

Zone: Z 3.46m 01/01/1987 R.Crooks, Riverstone			
Name	Age Centre	Final	
1 Charlotte Bardsley	Winston Hills	2.73m	
2 Ella Studders	Hawkesbury City	2.71m	
3 Bronte Dutt	Winston Hills	2.69m	
4 Hannah Parsons	Hills District	2.66m	

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 7 - Long Jump**

5	Ella Wheeler	Rouse Hill Rams	2.63m
6	Jemima Pittman	Winston Hills	2.57m
7	Ruby Foggo	Winston Hills	2.51m
8	Mia Tamasauskas	Winston Hills	2.43m
9	Alba James	Hills District	2.42m
10	Keira Rizk	Hills District	2.36m
11	Paige Foley	Hills District	2.27m
11	Zoe Negus	Hawkesbury City	2.27m
13	Brooklynn Stewart	Riverstone	2.14m
14	Thea Barry	Hills District	2.09m
15	Nishani Gankasuthan	Winston Hills	2.02m
16	Alexandra Volpato	Hills District	1.81m
--	Aria Naim	Rouse Hill Rams	DNS
--	Halle Banks	Riverstone	DNS

Girls U 8 - Long Jump

Zone: Z 4.17m 01/01/1986 D Kerr, Winston Hills

Name	Age	Centre	Final
1	Mikha Manandhar	Winston Hills	3.12m
2	Skylah Ward	Hawkesbury City	2.97m
3	Maddison Watson	Kings Langley	2.88m
4	Ariel Buric	Hills District	2.83m
5	Elizabeth Mitchell	Hills District	2.73m
6	Jordan Ries	Rouse Hill Rams	2.71m
7	Eden Garland	Winston Hills	2.67m
8	Annabel Hagenson	Riverstone	2.55m
9	Mia van Rensburg	Rouse Hill Rams	2.43m
10	Capri Mufale	Hills District	2.38m
11	Harriet Grant	Winston Hills	2.33m
12	Mackenzie Waddell	Riverstone	2.27m
13	Katerina Thorne	Hills District	2.20m
14	Halle Wilson	Hills District	2.19m
15	Emily Prager	Rouse Hill Rams	2.11m
16	Alana Tofts	Hills District	1.96m
--	Grace Atwood	Rouse Hill Rams	DNS
--	Isabella l Forsberg	Winston Hills	DNS
--	Tahlia Mostert	Rouse Hill Rams	DNS

Girls U 9 - Long Jump

Zone: Z 4.31m 01/01/1987 D Kerr, Winston Hills

Name	Age	Centre	Final
1	Shreya Iyer	Winston Hills	3.75m
2	Zhi Xi Tong	Hills District	3.26m
3	Isalia Savea	Riverstone	3.21m
4	Olive Phelan	Rouse Hill Rams	3.15m
5	Mishika Chitkara	Winston Hills	3.01m
6	Zoe Zapatero	Winston Hills	2.96m
7	Eden Carmichael	Winston Hills	2.94m
8	Liana Harvey	Rouse Hill Rams	2.87m
9	Emily Pittman	Winston Hills	2.79m
10	Peta Uskovic	Rouse Hill Rams	2.74m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 9 - Long Jump**

11	Scarlett Morgan	Hills District	2.67m
12	Charlotte Prentice	Hills District	2.63m
13	Georgia Blatch	Kings Langley	2.62m
14	Jessica Dobson	Hills District	2.60m
15	Isabella Miller	Hills District	2.58m
16	Aradhana Kolluru	Rouse Hill Rams	2.35m
17	Lucy Graham	Winston Hills	2.33m
--	Veronica Meek	Hills District	FOUL
--	Emily Cook	Rouse Hill Rams	DNS
--	Catarina Camilleri	Hawkesbury City	DNS

Girls U 10 - Long Jump

=====			
Zone: Z 4.69m 01/01/1988 D Kerr, Winston Hills			
Name	Age	Centre	Final
=====			
1	Sophie Hoddinett	Winston Hills	3.45m
2	Ashleigh Mear	Hills District	3.33m
2	Caleesa Horder	Hills District	3.33m
4	Alannah Kee Tiam	Winston Hills	3.26m
5	Olivia Scerri	Winston Hills	3.00m
6	Maya Arvind	Winston Hills	2.98m
7	Veronica Dennett	Hawkesbury City	2.94m
8	Anna Grzybowska	Hills District	2.94m J
9	Olivia Hams Garriga	Hills District	2.79m
10	Indiana Sebastian	Rouse Hill Rams	2.78m
11	Crystal Webster	Hills District	2.72m
12	Sophia Macaulay	Rouse Hill Rams	2.58m
13	Zali Kearney	Rouse Hill Rams	2.40m
14	Ivy Deane	Rouse Hill Rams	2.15m
--	Chloe-Jade Fahim	Winston Hills	DNS
--	Annabelle Clifton	Winston Hills	DNS
--	Phoebe Ligertwood	Kings Langley	DNS
--	Lara Batey	Hills District	DNS

Girls U 11 - Long Jump

=====			
Zone: Z 4.83m 01/01/1989 D Kerr, Winston Hills			
Name	Age	Centre	Final
=====			
1	Ellie Benefield	Hills District	4.24m
2	Brae Aldaba	Riverstone	3.78m
3	Asher Davidson	Hills District	3.76m
4	Maisie Brown	Hills District	3.72m
5	Lyla Sofiak	Hills District	3.68m
6	Maddison Thomas	Hills District	3.64m
7	Mia Portelli	Riverstone	3.49m
8	Gabriela Casado	Rouse Hill Rams	3.48m
9	Lily Simai	Kings Langley	3.05m
10	Ellie Kennedy	Winston Hills	2.91m
11	Lacey West	Riverstone	2.78m
--	Elise Alam	Hills District	DNS
--	Holly Laidler	Hawkesbury City	DNS
--	Lexi Mostert	Rouse Hill Rams	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 12 - Long Jump**

Zone: Z 5.07m 01/01/1982 K Barrett, Winston Hills			
Name	Age	Centre	Final
1 Savannah Cox		Hills District	4.45m
2 Justice Sugumaran		Winston Hills	4.20m
3 Hayley Foley		Hills District	4.15m
4 Ocean Kennedy		Riverstone	4.14m
5 Jayda Isherwood		Winston Hills	4.12m
6 Grace Gadd		Hills District	4.10m
7 Penelope Jokic		Hills District	4.08m
8 Kiara Haywood		Winston Hills	3.92m
9 Annabelle Thomas		Winston Hills	3.75m
10 Lucia Rogulski		Hills District	3.72m
11 Ella Greely		Hills District	3.60m
11 Brooklyn Baker		Hawkesbury City	3.60m
13 Eva Dimic		Riverstone	3.52m
14 Lily Cassar		Hills District	3.24m
15 Matilda Hall		Hills District	3.14m

Girls U 13 - Long Jump

Zone: Z 5.22m 08/12/2018 Tuliana Kabuyawa, Hills Distr			
Name	Age	Centre	Final
1 Ava Cetinic		Hills District	5.18m
2 Sanjana Iyer		Winston Hills	4.66m
3 Maya Wettimuny		Hills District	4.60m
4 Chelsea Chapman		Riverstone	4.57m
5 Sienna Jackson		Hills District	4.45m
6 Hannah Baker		Rouse Hill Rams	4.40m
7 Mayezu Manandhar		Winston Hills	4.27m
8 Krystal Emme		Hawkesbury City	4.14m
9 Katty Naylor		Winston Hills	4.06m
10 Ashleigh Fallins		Winston Hills	3.81m
11 Matilda Grant		Winston Hills	3.78m
12 Layne Swan		Hills District	3.73m
13 Isabella Ferris		Hills District	3.69m
14 Evelyn White		Hawkesbury City	3.55m
15 Molly Purcell		Rouse Hill Rams	3.48m
16 Arianni Sebastian		Rouse Hill Rams	3.38m
17 Isla Kennedy		Winston Hills	3.36m
-- Elise Webster		Hills District	ND
-- Chloe Prager		Rouse Hill Rams	DNS
-- Ana Voto		Rouse Hill Rams	DNS
-- Hannah Rojas		Hills District	DNS

Girls U 14 - Long Jump

Zone: Z 5.39m 30/01/1998 P Carey, Hills			
Name	Age	Centre	Final
1 Summer Paki		Hills District	5.29m
2 Ishanvi Tiwari		Hills District	4.95m
3 Tamara Davies		Hawkesbury City	4.71m
4 Amelia Johnston		Winston Hills	4.59m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****...Girls U 14 - Long Jump**

5	Emily Mitchell	Hills District	4.23m
6	Scarlett Morris	Winston Hills	4.05m
6	Nithila Kumar	Hills District	4.05m
8	brianna zettl	Riverstone	3.92m
9	Tabitha Broughton	Hawkesbury City	3.86m
10	Alexandra Kostis	Hills District	3.71m
11	Kailee Azzopardi	Hills District	3.67m
12	Abigail Haines	Hills District	3.29m
--	Annabelle Vella	Rouse Hill Rams	DNS
--	Isobel Deane	Rouse Hill Rams	DNS
--	Beyza Sevdimbaz	Hills District	DNS
--	Leilani Hawea	Rouse Hill Rams	DNS

Girls U 15 - Long Jump

=====
 Zone: Z 5.49m 27/10/2003 M Riley, Hills

Name	Age Centre	Final	
1	Caitlyn Martin	Winston Hills	5.01m
2	Flynn Cowper	Rouse Hill Rams	4.62m
3	Sophie Saxon	Hills District	4.41m
4	Lara Roberts	Riverstone	4.25m
5	Bronte Simpson	Hills District	4.20m
6	Ruby Scheepers	Hills District	4.06m
7	Eva Everson	Hills District	3.95m
--	Olivia Holfeld	Hills District	DNS
--	Lilliana Daly	Hawkesbury City	DNS

Girls U 17 - Long Jump

=====
 Zone: Z 5.64m 10/12/2016 Caitlyn Hicks, Winston Hills

Name	Age Centre	Final	
1	Siena Overton	Winston Hills	4.47m
2	Courtney Kitching	Riverstone	4.20m
3	Charlotte Mear	Hills District	3.91m
4	Grace Nolan	Rouse Hill Rams	3.64m
--	Lucy Rutledge	Rouse Hill Rams	DNS
--	Tanisha Kumar	Hills District	DNS
--	Marlee Deane	Rouse Hill Rams	DNS

Girls U 11 - Triple Jump

=====
 Zone: Z 10.07m 29/01/2022 Ava Cetinic, Hills District

Name	Age Centre	Final	
1	elena Gogos	Winston Hills	8.36m
2	Imogen Carter	Winston Hills	8.12m
3	Maisie Brown	Hills District	8.07m
4	Livia Muccino	Winston Hills	7.89m
5	Keira Gill	Riverstone	7.78m
6	Mia Portelli	Riverstone	7.58m
7	Lucia Rothery	Riverstone	7.56m
7	Isla Banks	Riverstone	7.56m
9	Hannah Johnston	Winston Hills	7.04m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****...Girls U 11 - Triple Jump**

10	Viha Vijay	Hills District	6.95m
11	Matilda Phelan	Rouse Hill Rams	6.87m
12	Lily Simai	Kings Langley	6.84m
13	Ellie Kennedy	Winston Hills	6.68m
14	Adelaide Biermann	Rouse Hill Rams	6.34m
15	Ivy Alam	Hills District	6.30m
16	Lucinda Fallins	Winston Hills	6.26m
--	Vienna Palmer	Hawkesbury City	ND
--	Holly Laidler	Hawkesbury City	DNS

Girls U 12 - Triple Jump

=====
 Zone: Z 10.58m 08/12/1991 L Caruana, Prospect
 =====

Name	Age	Centre	Final
1	Justice Sugumaran	Winston Hills	9.03m
2	Penelope Jokic	Hills District	8.94m
3	Hayley Foley	Hills District	8.45m
4	Ella Greely	Hills District	8.36m
5	Monique Vella	Rouse Hill Rams	8.34m
6	Jayda Isherwood	Winston Hills	8.28m
7	Ocean Kennedy	Riverstone	8.25m
8	Kiara Haywood	Winston Hills	8.13m
9	Eva Dmic	Riverstone	7.96m
10	Brooklyn Baker	Hawkesbury City	7.83m
11	Ivy Murray	Riverstone	7.10m
12	Lily Cassar	Hills District	6.92m
13	Sara Haaf	Winston Hills	6.60m
14	Bella Chapman	Riverstone	6.55m
15	Annabelle Thomas	Winston Hills	6.51m
--	Michelle Li	Winston Hills	DNS
--	Savannah Cox	Hills District	DNS
--	Mikayla Drovandi	Hills District	DNS

Girls U 13 - Triple Jump

=====
 Zone: Z 11.02m 08/12/2012 Tiana Jaber, Kings Langley
 =====

Name	Age	Centre	Final
1	Sanjana Iyer	Winston Hills	10.32m
2	Ava Cetinic	Hills District	9.90m
3	Mayezu Manandhar	Winston Hills	9.66m
4	Sienna Jackson	Hills District	9.47m
5	Chelsea Chapman	Riverstone	9.30m
6	Hannah Baker	Rouse Hill Rams	9.09m
7	Krystal Emme	Hawkesbury City	8.89m
8	Ava Chapman Read	Hills District	8.39m
9	Evelyn White	Hawkesbury City	8.34m
10	Layne Swan	Hills District	8.33m
11	Matilda Grant	Winston Hills	8.26m
12	Isabella Ferris	Hills District	8.25m
13	Isla Kennedy	Winston Hills	8.13m
--	Asher Ally	Winston Hills	DNS
--	Chloe Prager	Rouse Hill Rams	DNS
--	Ashleigh Fallins	Winston Hills	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 13 - Triple Jump**

-- Lila Oliver Hills District DNS

Girls U 14 - Triple Jump

Zone: Z 11.28m 08/12/1991 B Smith, Winston Hills

Name	Age Centre	Final
1 Ishanvi Tiwari	Hills District	10.30m
2 Summer Paki	Hills District	10.21m
3 Tamara Davies	Hawkesbury City	9.31m
4 Amelia Johnston	Winston Hills	8.82m
5 Nithila Kumar	Hills District	8.73m
5 Alexandra Kostis	Hills District	8.73m
7 brianna zettl	Riverstone	8.61m
8 Tabitha Broughton	Hawkesbury City	8.60m
9 Poppy Jennings	Winston Hills	7.37m
10 Abigail Haines	Hills District	7.15m
-- Isobel Deane	Rouse Hill Rams	DNS
-- Leilani Hawea	Rouse Hill Rams	DNS
-- Kailee Azzopardi	Hills District	DNS
-- Emelia Muccino	Winston Hills	DNS

Girls U 15 - Triple Jump

Zone: Z 12.07m 14/12/2019 Olivia Dimech, Hawkesbury Ci

Name	Age Centre	Final
1 Caitlyn Martin	Winston Hills	11.19m
2 Flynn Cowper	Rouse Hill Rams	9.57m
3 Eva Everson	Hills District	9.48m
4 Isabella West	Hills District	9.23m
5 Bronte Simpson	Hills District	9.09m
6 Thamara Kulatileka	Rouse Hill Rams	7.53m
7 Charlotte Mc Tighe	Hills District	7.16m
-- Olivia Holfeld	Hills District	DNS

Girls U 17 - Triple Jump

Zone: Z 11.90m 30/01/2011 N Apikotoa, Kings Langley

Name	Age Centre	Final
1 Marlee Deane	Rouse Hill Rams	9.88m
2 Courtney Kitching	Riverstone	9.41m
3 Joelle Tham	Hills District	9.34m
4 Grace Nolan	Rouse Hill Rams	9.20m
-- Charlotte Mear	Hills District	DNS
-- Libby Grieve	Hawkesbury City	DNS
-- Siena Overton	Winston Hills	DNS
-- Tanisha Kumar	Hills District	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 7 - Shot Put (1.0 Kg)**

Zone: Z 7.96m 01/01/1984 K.Leppanen, Winston Hills			
Name	Age	Centre	Final
1 Zyla Cassel		Rouse Hill Rams	4.79m
2 Emily Greenwood		Hills District	3.67m
3 Matilde Giacomini Willco		Winston Hills	3.39m
4 Thea Barry		Hills District	3.26m
5 Brooklynn Stewart		Riverstone	2.99m
6 Halle Banks		Riverstone	2.96m
7 Isabelle Masik		Hills District	2.80m
8 Emma Roodt		Hills District	2.75m
9 Georgia Lee		Hills District	2.44m
10 Mayuri Sharma		Hills District	2.30m
11 Avery Carmichael		Winston Hills	2.29m

Girls U 8 - Shot Put (1.5 Kg)

Zone: Z 8.50m 01/02/2004 T Sengul, Winston Hills			
Name	Age	Centre	Final
1 Jordan Ries		Rouse Hill Rams	5.53m
2 Katerina Thorne		Hills District	4.44m
3 Mia van Rensburg		Rouse Hill Rams	4.17m
4 Lily Harris		Hills District	4.10m
5 Alana Tofts		Hills District	3.36m
6 Eden Garland		Winston Hills	3.19m
7 Harriet Grant		Winston Hills	3.17m
8 Zara Gulisano		Hills District	2.76m
9 Riley Kim		Hills District	2.64m
-- Annabel Hagenson		Riverstone	ND
-- Molly Cantrell		Hills District	DNS
-- Tharunisri Rajesh Kumar		Kings Langley	DNS
-- Tahlia Mostert		Rouse Hill Rams	DNS

Girls U 9 - Shot Put (2.0 Kg)

Zone: Z 8.12m 25/01/2003 T Breeze-Brackers, Winston Hi			
Name	Age	Centre	Final
1 Tahlia Hunt		Hawkesbury City	4.96m
2 Seilala Iaulualo		Kings Langley	4.96m J
3 Elke Jennings		Winston Hills	4.78m
4 Elise Woodland		Hills District	4.63m
5 Lucy Graham		Winston Hills	4.55m
6 Hasini Senthuran		Hills District	4.45m
7 Emily Anderson		Hills District	4.25m
8 Elya Sevdimbis		Hills District	4.10m
9 Pippa Chesterman		Hills District	4.08m
10 Tatiana Viko		Winston Hills	4.05m
11 Zhi Xi Tong		Hills District	3.85m
12 Rubie Jade Long		Hawkesbury City	3.83m
13 Evalyn Chua		Rouse Hill Rams	3.71m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 10 - Shot Put (2.0 Kg)**

Zone: Z 10.92m 29/01/2006 P Lemi, Winston Hills			
Name	Age	Centre	Final
1 Mia Spasovic		Hills District	7.34m
2 Diandra Anya Premachandr		Rouse Hill Rams	6.99m
3 Shehara Singh		Hills District	5.52m
4 Ava Watson		Kings Langley	5.45m
5 Sharon Kaur Mann		Hills District	5.27m
6 Anastasia Thorne		Hills District	5.04m
7 Caleesa Horder		Hills District	5.03m
8 Eloise Mugridge		Kings Langley	4.63m
9 Kavya Satja		Hills District	4.61m
10 Indiana Sebastian		Rouse Hill Rams	4.56m
11 Ivy Deane		Rouse Hill Rams	4.44m
11 Olivia Scerri		Winston Hills	4.44m
13 Elizabeth Day		Riverstone	4.27m
14 Bronte-Lee McCartney		Riverstone	4.03m
15 Akira Malik		Rouse Hill Rams	3.73m
-- Tabitha Grant		Winston Hills	DNS

Girls U 11 - Shot Put (2.0 Kg)

Zone: Z 12.65m 27/01/2007 T Sengul, Winston Hills			
Name	Age	Centre	Final
1 Matilda Hay		Riverstone	7.15m
2 Maddison Thomas		Hills District	6.83m
3 Lucy Micatka		Hills District	6.73m
4 Alexia Cross		Rouse Hill Rams	6.60m
5 Lucinda Fallins		Winston Hills	6.49m
6 Mackenzie Goodsir		Hills District	6.41m
7 Isabella Kanaris		Hills District	6.19m
8 Ruby Masters		Hills District	5.71m
9 Ariel Palmer		Hawkesbury City	4.96m
10 Adelaide Biermann		Rouse Hill Rams	4.74m
11 Lily Simai		Kings Langley	4.47m
12 Brooklyn-Lee Hill		Winston Hills	4.23m
13 Suravi Dey		Winston Hills	4.04m
-- Lexi Mostert		Rouse Hill Rams	DNS

Girls U 12 - Shot Put (2.0 Kg)

Zone: Z 15.76m 03/02/2008 T Sengul, Winston Hills			
Name	Age	Centre	Final
1 Ocean Kennedy		Riverstone	11.46m
2 Emily West		Hills District	9.83m
3 Havana Masaga		Winston Hills	9.26m
4 Piper Andrews		Winston Hills	8.00m
5 Savannah Ryan		Riverstone	7.38m
6 Olivia Ferns		Hills District	7.21m
7 Mackenzie Kitching		Riverstone	7.19m
8 Alexis Kernaghan		Hills District	6.75m
9 Edwina Biermann		Rouse Hill Rams	6.60m
9 Sophie Beattie		Rouse Hill Rams	6.60m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 12 - Shot Put (2.0 Kg)**

11 Lucia Rogulski	Hills District	6.28m
12 Chloe Rojas	Hills District	6.23m
13 Annabelle Thomas	Winston Hills	5.98m
14 Chloe Harkin	Hills District	5.71m
15 Emily Valencic	Riverstone	5.64m
16 Sara Haaf	Winston Hills	5.37m
17 Isla Berry	Hills District	4.86m
18 Ivy Murray	Riverstone	4.78m
-- Arabella Newman	Hills District	DNS

Girls U 13 - Shot Put (3.0 Kg)

Zone: Z 14.57m 01/02/2009 T Sengul, Winston Hills

Name	Age Centre	Final
1 Krystal Emme	Hawkesbury City	10.01m
2 Ava Chapman Read	Hills District	8.54m
3 Ashleigh Fallins	Winston Hills	8.43m
4 Claire Ward	Hawkesbury City	7.80m
5 Portia Kearney	Rouse Hill Rams	7.75m
6 Chelsea Johnson	Riverstone	7.00m
7 Ella Catford	Hills District	6.89m
8 Stephanie Xu	Hills District	6.48m
9 Mayezu Manandhar	Winston Hills	6.28m
10 Maya Chovancak	Hills District	6.06m
11 Somer Zapatero	Winston Hills	6.03m
-- Dhoon Kharadi	Rouse Hill Rams	DNS
-- Arianni Sebastian	Rouse Hill Rams	DNS

Girls U 14 - Shot Put (3.0 Kg)

Zone: Z 15.42m 30/01/2010 T Sengul, Winston Hills

Name	Age Centre	Final
1 Amelia Newman	Hills District	9.09m
2 Summer Paki	Hills District	8.95m
3 Poppy Jennings	Winston Hills	8.01m
4 Amelia Johnston	Winston Hills	7.71m
5 Talia Beattie	Rouse Hill Rams	6.73m
6 brianna zettl	Riverstone	6.30m
7 Laura Eustace	Rouse Hill Rams	6.24m
8 Ashleigh Kriesel	Hills District	5.31m
9 Sophie Davis	Hawkesbury City	5.05m
10 Mikaela mcdonald	Riverstone	3.10m

Girls U 15 - Shot Put (3.0 Kg)

Zone: Z 14.86m 30/01/2011 T Sengul, Winston Hills

Name	Age Centre	Final
1 Isabella West	Hills District	10.79m
2 Marlee Gill	Riverstone	9.45m
3 Maple Strong	Hills District	8.18m
4 Eden Millhouse	Hills District	7.68m
-- Jordyn Deen	Hills District	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 17 - Shot Put (3.0 Kg)**

Zone: Z 15.15m 09/12/2012 Taylah Sengal, Winston Hills			
Name	Age	Centre	Final
1 Courtney Kitching		Riverstone	11.71m
2 Amelia Brice		Hills District	10.72m
3 Molly Jovanovic		Hills District	10.00m
4 Amelia Odell		Rouse Hill Rams	9.41m
5 Jessica White		Rouse Hill Rams	7.87m
6 Claire Giffney		Kings Langley	6.69m

Girls U 7 - Discus (350 Gram)

Zone: Z 20.08m 25/01/2003 T.Sengul, Winston Hills			
Name	Age	Centre	Final
1 Chloe Blatch		Kings Langley	12.48m
2 Zyla Cassel		Rouse Hill Rams	11.86m
3 Alba James		Hills District	9.48m
4 Emma Roodt		Hills District	9.22m
5 Zoe Negus		Hawkesbury City	8.85m
6 Emily Greenwood		Hills District	8.33m
7 Paige Foley		Hills District	6.98m
8 Isabelle Masik		Hills District	6.38m
9 Jemima Pittman		Winston Hills	5.91m
10 Brooklynn Stewart		Riverstone	5.42m
11 Nishani Gankasuthan		Winston Hills	5.01m
12 Georgia Lee		Hills District	4.62m

Girls U 8 - Discus (500 Gram)

Zone: Z 23.74m 31/01/2004 T Sengul, Winston Hills			
Name	Age	Centre	Final
1 Jordan Ries		Rouse Hill Rams	12.38m
2 Eden Garland		Winston Hills	9.83m
3 Katerina Thorne		Hills District	9.48m
4 Annabel Hagenson		Riverstone	9.19m
5 Lyla Morris		Hills District	8.57m
6 Alana Tofts		Hills District	8.41m
7 Evie Mattiazzo		Rouse Hill Rams	8.14m
8 Emily Prager		Rouse Hill Rams	7.48m
9 Zara Gulisano		Hills District	6.87m
10 Georgia O'Dea		Hills District	5.89m
11 Avni Gupta		Hills District	5.79m
-- Tahlia Mostert		Rouse Hill Rams	DNS
-- Teddy Joseph		Winston Hills	DNS
-- Isabella l Forsberg		Winston Hills	DNS

Girls U 9 - Discus (500 Gram)

Zone: Z 27.18m 30/01/2005 P Lemi, Winston Hills			
Name	Age	Centre	Final
1 Shreya Iyer		Winston Hills	24.63m
2 Liana Harvey		Rouse Hill Rams	16.56m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****...Girls U 9 - Discus (500 Gram)**

3	Hasini Senthuran	Hills District	13.00m
4	Mishika Chitkara	Winston Hills	12.79m
5	Elke Jennings	Winston Hills	12.76m
6	Elya Sevdimbass	Hills District	12.36m
7	Seilala Iaulualo	Kings Langley	12.29m
8	Tahlia Hunt	Hawkesbury City	11.84m
9	Lucy Graham	Winston Hills	10.87m
10	Rubie Jade Long	Hawkesbury City	10.71m
11	Pippa Chesterman	Hills District	10.60m
12	Scarlett Morgan	Hills District	10.54m
13	Lauren Gulisano	Hills District	10.50m
14	Sarah Cook	Rouse Hill Rams	9.61m
15	Emily Pittman	Winston Hills	9.36m
16	Indira Ilankeeran	Hills District	6.89m
--	Emily Cook	Rouse Hill Rams	DNS

Girls U 10 - Discus (500 Gram)

=====
 Zone: Z 36.17m 28/01/2006 T Sengul, Winston Hills

Name	Age	Centre	Final
1	Diandra Anya Premachandr	Rouse Hill Rams	18.64m
2	Charlotte Janse van Vuur	Hills District	18.59m
3	Mia Spasovic	Hills District	16.46m
4	Akira Malik	Rouse Hill Rams	13.51m
5	Ava Watson	Kings Langley	13.31m
6	Shavindi Ranasinghe	Hills District	13.23m
7	Olivia Scerri	Winston Hills	11.93m
8	Shehara Singh	Hills District	11.73m
9	Pippa Horsey	Hills District	10.76m
10	Phoebe Ligertwood	Kings Langley	10.49m
11	Ivy Deane	Rouse Hill Rams	10.34m
12	Sophiah Ryan	Riverstone	9.63m
13	Zali Kearney	Rouse Hill Rams	9.35m
14	Elizabeth Day	Riverstone	9.34m
15	Ava Higgans	Hawkesbury City	9.19m
16	Caleesa Horder	Hills District	9.09m
17	Tabitha Grant	Winston Hills	6.86m
--	Maeve Joseph	Winston Hills	ND

Girls U 11 - Discus (500 Gram)

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 Zone: Z 33.66m 28/01/2007 P Lemi, Winston Hills

Name	Age	Centre	Final
1	Matilda Hay	Riverstone	22.77m
2	Lucinda Fallins	Winston Hills	21.78m
3	Maddison Thomas	Hills District	20.11m
4	Annabelle R Price	Kings Langley	17.20m
5	Indianna Birtles	Rouse Hill Rams	13.80m
6	Alexia Cross	Rouse Hill Rams	13.05m
7	Suravi Dey	Winston Hills	12.90m
8	Lucy Prentice	Hills District	11.88m
9	Adelaide Biermann	Rouse Hill Rams	11.20m
--	Lexi Mostert	Rouse Hill Rams	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 11 - Discus (500 Gram)**

-- Lucy Micatka	Hills District	DNS
-- Mackenzie Goodsir	Hills District	DNS

Girls U 12 - Discus (750 Gram)

Zone: Z 41.59m 02/02/2008 T Snegul, Winston Hills

Name	Age Centre	Final
1 Ocean Kennedy	Riverstone	30.00m
2 Emily West	Hills District	25.96m
3 Olivia Ferns	Hills District	20.67m
4 Piper Andrews	Winston Hills	19.81m
5 Havana Masaga	Winston Hills	18.55m
6 Alexis Kernaghan	Hills District	17.61m
7 Edwina Biermann	Rouse Hill Rams	16.79m
8 Mackenzie Kitching	Riverstone	16.39m
9 Emily Valencic	Riverstone	12.46m
10 Sara Haaf	Winston Hills	12.23m
11 Emily Young	Winston Hills	12.13m
12 Brooklyn Baker	Hawkesbury City	11.97m
13 Annabelle Thomas	Winston Hills	11.95m
14 Arabella Newman	Hills District	11.51m
15 Sophie Beattie	Rouse Hill Rams	11.08m

Girls U 13 - Discus (750 Gram)

Zone: Z 47.60m 31/01/2009 T Sengul, Winston Hills

Name	Age Centre	Final
1 Krystal Emme	Hawkesbury City	31.92m
2 Sanjana Iyer	Winston Hills	29.20m
3 Summer Hay	Riverstone	24.45m
4 Ava Chapman Read	Hills District	20.51m
5 Ashleigh Fallins	Winston Hills	20.44m
6 Chelsea Johnson	Riverstone	20.30m
7 Somer Zapatero	Winston Hills	20.06m
8 Asher Ally	Winston Hills	19.58m
9 Chelsea Hughes	Rouse Hill Rams	13.13m
-- Dhoon Kharadi	Rouse Hill Rams	DNS
-- Sara Natori	Rouse Hill Rams	DNS

Girls U 14 - Discus (1.0 Kg)

Zone: Z 44.29m 31/01/2010 T Sengul, Winston Hills

Name	Age Centre	Final
1 Amelia Newman	Hills District	23.73m
2 Summer Paki	Hills District	20.68m
3 Poppy Jennings	Winston Hills	18.64m
4 Laura Eustace	Rouse Hill Rams	17.94m
5 Sarah Kenna	Winston Hills	17.61m
6 Sophie Davis	Hawkesbury City	14.15m
7 brianna zettl	Riverstone	13.06m
8 Ashleigh Kriesel	Hills District	10.57m
9 Mikaela mcdonald	Riverstone	7.95m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 14 - Discus (1.0 Kg)**

-- Caitlyn Ligertwood	Kings Langley	DNS
-- Tara Roche	Hills District	DNS
-- Leilani Hawea	Rouse Hill Rams	DNS

Girls U 15 - Discus (1.0 Kg)

Zone: Z 44.63m 29/01/2011 T Sengul, Winston Hills

Name	Age Centre	Final
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1 Isabella West	Hills District	30.20m
2 Jordyn Deen	Hills District	29.59m
3 Eden Millhouse	Hills District	18.88m
4 Charlotte Mc Tighe	Hills District	12.92m

Girls U 17 - Discus (1.0 Kg)

Zone: Z 45.49m 08/12/2012 Taylah Sengal, Winston Hills

Name	Age Centre	Final
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1 Molly Jovanovic	Hills District	31.25m
2 Courtney Kitching	Riverstone	28.12m
3 Amelia Brice	Hills District	21.86m
4 Charlotte Mear	Hills District	20.55m
5 Claire Giffney	Kings Langley	20.30m
6 Amelia Odell	Rouse Hill Rams	19.45m
7 Alexandra Milton	Winston Hills	16.83m

Girls U 11-12 Multi Class Discus

Zone: Z 6.61m 03/12/2022 Eden Brooks, Rouse Hill

Name	Age Centre	Final
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1 Eden Brooks	Rouse Hill Rams	5.81m	12.672
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Girls U 11 - Javelin (400 Gram)

Zone: Z 26.20m 11/12/2016 Rachel Bardney, Kings Langley

Name	Age Centre	Final
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1 Keira Gill	Riverstone	19.64m
2 Ruby Masters	Hills District	18.48m
3 Maddison Thomas	Hills District	15.75m
4 Matilda Hay	Riverstone	15.04m
5 Lucinda Fallins	Winston Hills	14.50m
6 Hannah Johnston	Winston Hills	14.34m
7 Darcie Kearney	Rouse Hill Rams	13.54m
8 Indianna Birtles	Rouse Hill Rams	12.85m
9 Ellie Kennedy	Winston Hills	11.39m
10 Alexia Cross	Rouse Hill Rams	9.30m
11 Lucy Micatka	Hills District	8.96m
12 Isabella Kanaris	Hills District	8.30m
13 Isabella Vida-Fong	Hills District	8.00m
14 Adelaide Biermann	Rouse Hill Rams	7.55m
-- Elise Alam	Hills District	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Girls U 12 - Javelin (400 Gram)**

Zone: Z 28.02m 09/12/2017 Rachel Bardney, Kings Langle			
Name	Age	Centre	Final
1 Ocean Kennedy		Riverstone	30.42mZ
2 Emily Young		Winston Hills	21.12m
3 Mackenzie Kitching		Riverstone	20.66m
4 Brooklyn Baker		Hawkesbury City	17.30m
5 Eliza Timbs		Hills District	16.96m
6 Alexis Kernaghan		Hills District	15.64m
7 Chloe Rojas		Hills District	14.88m
8 Isla Berry		Hills District	14.06m
9 Sophie Beattie		Rouse Hill Rams	13.06m
10 Monique Vella		Rouse Hill Rams	12.56m
11 Ella Greely		Hills District	12.20m
12 Matilda Hall		Hills District	10.66m
13 Edwina Biermann		Rouse Hill Rams	10.56m
-- Olivia Ferns		Hills District	ND
-- Piper Andrews		Winston Hills	DNS
-- Savannah Prime		Hills District	DNS

Girls U 13 - Javelin (400 Gram)

Zone: Z 41.86m 28/01/2009 T Sengul, Winston Hills			
Name	Age	Centre	Final
1 Madison Harris		Hills District	31.64m
2 Ashleigh Fallins		Winston Hills	25.04m
3 Krystal Emme		Hawkesbury City	24.60m
4 Somer Zapatero		Winston Hills	23.92m
5 Sanjana Iyer		Winston Hills	21.60m
6 Summer Hay		Riverstone	20.48m
7 Ella Caines		Rouse Hill Rams	20.30m
8 Katty Naylor		Winston Hills	17.70m
9 Isabella Ferris		Hills District	15.48m
10 Molly Purcell		Rouse Hill Rams	12.76m
11 Maya Chovancak		Hills District	11.94m
-- Dhoon Kharadi		Rouse Hill Rams	DNS
-- Sara Natori		Rouse Hill Rams	DNS
-- Chelsea Johnson		Riverstone	DNS

Girls U 14 - Javelin (400 Gram)

Zone: Z 38.36m 13/12/2019 Rachel Bardney, Winston Hill			
Name	Age	Centre	Final
1 Amelia Newman		Hills District	29.40m
2 Olivia Scott-Rogers		Hills District	29.12m
3 Gurneet Kaur		Hills District	24.68m
4 Tara Roche		Hills District	21.56m
5 brianna zettl		Riverstone	19.14m
6 Poppy Jennings		Winston Hills	17.62m
7 Lilly Hall-O'Dwyer		Rouse Hill Rams	16.62m
8 Caitlyn Ligertwood		Kings Langley	13.30m
9 Mikaela mcdonald		Riverstone	4.62m
-- Ashleigh Kriesel		Hills District	ND

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 14 - Javelin (400 Gram)**

-- Nithila Kumar	Hills District	ND
-- Sophie Davis	Hawkesbury City	DNS
-- Leilani Hawea	Rouse Hill Rams	DNS

Girls U 15 - Javelin (500 Gram)

Zone: Z 31.70m 09/12/2016 Tahlia O'Connell, Kings Lang

Name	Age Centre	Final
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1 Marlee Gill	Riverstone	40.82mZ
2 Jordyn Deen	Hills District	31.52m
3 Hannah King	Hills District	30.32m
4 Eden Millhouse	Hills District	25.46m
5 Isabella West	Hills District	20.82m

Girls U 17 - Javelin (500 Gram)

Zone: Z 41.82m 03/12/2022 Vanessa Apel, Winston Hills

Name	Age Centre	Final
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1 Jessica White	Rouse Hill Rams	28.62m
2 Courtney Kitching	Riverstone	26.32m
3 Joelle Tham	Hills District	23.62m
-- Amelia Odell	Rouse Hill Rams	DNS
-- Molly Jovanovic	Hills District	DNS
-- Libby Grieve	Hawkesbury City	DNS
-- Amelia Brice	Hills District	DNS
-- Alexandra Milton	Winston Hills	DNS

Girls U 11-12 Multi Class Long Jump

Name	Age Centre	Final
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-- Eden Brooks	Rouse Hill Rams	DNS
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Girls U 11-12 Multi Class Shot Put

Zone: Z 4.09m 04/12/2022 Eden Brooks, Rouse Hill

Name	Age Centre	Final
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-- Eden Brooks	Rouse Hill Rams	DNS
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Girls U 9 - 700 Metre Walk

Zone: Z 3:31.00 01/02/1997 S Munday, Prospect

Name	Age Centre	Final
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Section 1

1 Tahlia Hunt	Hawkesbury City	4:10.86
2 Emmanuella Apiiyah	Riverstone	4:27.28
3 Evie Games	Winston Hills	4:36.99
4 Jessica Dobson	Hills District	5:07.07
5 Emma Gillogly	Hills District	5:21.10
6 Lucy Graham	Winston Hills	5:27.77
7 Phillipa Downey	Hills District	5:47.56

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 9 - 700 Metre Walk**

8 Charlotte Prentice	Hills District	5:54.59
9 Lauren Gulisano	Hills District	6:08.98
-- Riley Wallbridge	Hills District	DNS

Girls U 10 - 1100 Metre Walk

Zone: Z 5:54.43 04/12/2022 Keira Gill, Riverstone

Name	Age Centre	Final
1 Addison Fahey	Winston Hills	6:07.30
2 Veronica Dennett	Hawkesbury City	6:34.74
3 Stella Hay	Kings Langley	7:10.40
4 Sophie Connellan	Hills District	7:32.49
5 Akira Malik	Rouse Hill Rams	8:14.39
6 Mia Spasovic	Hills District	8:17.91
7 Olivia Hams Garriga	Hills District	8:17.97
8 Anastasia Thorne	Hills District	8:27.92
9 Rose Asgari	Hills District	9:27.65
-- Pippa Horsey	Hills District	DNF
-- Ava Higgans	Hawkesbury City	DNS

Girls U 11 - 1100 Metre Walk

Zone: Z 5:39.96 09/12/2016 Ella Munroe, Hills District

Name	Age Centre	Final
1 Keira Gill	Riverstone	5:53.84
2 Isla Banks	Riverstone	5:54.72
3 Ruby Masters	Hills District	6:52.61
4 Matilda Hay	Riverstone	7:02.57
5 Suravi Dey	Winston Hills	8:21.19
-- Lucy Prentice	Hills District	DQ

Girls U 12 - 1500 Metre Walk

Zone: Z 7:50.80 04/02/1994 C Bock, Winston Hills

Name	Age Centre	Final
1 Lucia Rogulski	Hills District	8:37.94
2 Ivy Murray	Riverstone	8:53.55
3 Tahlia Chapman	Hawkesbury City	8:55.26
4 Macy Simpson	Hills District	9:12.60
5 Stella Dobson	Hills District	9:46.09
6 Olivia Ferns	Hills District	9:59.13
7 Sara Haaf	Winston Hills	12:20.63
-- Zahra Rodrick	Rouse Hill Rams	DNF
-- Mackenzie Kitching	Riverstone	DQ

Girls U 13 - 1500 Metre Walk

Zone: Z 7:40.90 07/12/2018 Ella Munroe, Hills District

Name	Age Centre	Final
1 Chelsea Chapman	Riverstone	8:50.08
2 Summer Hay	Riverstone	9:12.26

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Girls U 13 - 1500 Metre Walk**

3 Layne Swan	Hills District	9:34.90
4 Sienna Barra	Hills District	12:42.73

Girls U 14 - 1500 Metre Walk

Zone: Z 6:54.06 04/12/2022 Matilda Webb, Winston Hills

Name	Age Centre	Final
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1 Ashleigh Kriesel	Hills District	10:29.70
2 Emily Daly	Hawkesbury City	10:30.63
3 Alannah Webber	Winston Hills	10:34.78

Girls U 15 - 1500 Metre Walk

Zone: Z 7:15.46 25/01/2006 M Hayes, Kings Langley

Name	Age Centre	Final
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1 Matilda Webb	Winston Hills	7:08.00Z
2 Tayla Dobson	Hills District	11:33.41
-- Ella Dickson	Hills District	DNS

Girls U 17 - 1500 Metre Walk

Zone: Z 7:15.30 04/12/2022 Chelsea Roberts, Riverstone

Name	Age Centre	Final
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1 Samantha Torrens	Winston Hills	8:26.63
2 Claire Giffney	Kings Langley	9:10.59

Boys U 7 - 50 Metre Sprint

Zone: Z 8.46 12/12/2015 Saxon Ward, Hills District

Name	Age Centre	Prelims
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Heat 1 Heats

1 Jack Nicholson	Hills District	10.70Q
1 William Fallins	Winston Hills	11.05Q
2 Ellis Oruche	Rouse Hill Rams	11.04Q
3 Harrison Centorino	Hills District	11.05Q
3 Naren Arulraj	Riverstone	11.52Q
5 Phoenix Rodrick	Rouse Hill Rams	12.07
6 Archer Fahey	Winston Hills	13.15
8 Sebastien Elturk	Hills District	12.04
9 Hudson Bennett	Kings Langley	12.07
-- ayden carulli	Riverstone	DNS

Heat 2 Heats

1 Soren Hendry	Winston Hills	11.12Q
2 Thomas Varnhed	Winston Hills	11.33Q
3 Jai Moala	Winston Hills	11.69Q
4 Harry Lashford	Hills District	11.72
5 Rylan Lazar	Hills District	11.79
6 Vincent Mesiti	Hills District	11.82
7 Thomas Allan	Riverstone	13.70
-- Blake Deane	Hawkesbury City	DNS
-- Jacob Forsberg	Winston Hills	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

....Boys U 7 - 50 Metre Sprint

-- Reuben Popham Hawkesbury City DNS

Boys U 7 - 50 Metre Sprint

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Zone: Z 8.46 12/12/2015 Saxon Ward, Hills District
Name Age Centre Final
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Section 1 Final

1	Jack Nicholson	Hills District	10.64
2	William Fallins	Winston Hills	10.98
3	Harrison Centorino	Hills District	11.07
4	Ellis Oruche	Rouse Hill Rams	11.13
5	Soren Hendry	Winston Hills	11.21
6	Thomas Varnhed	Winston Hills	11.33
7	Jai Moala	Winston Hills	11.47
8	Naren Arulraj	Riverstone	11.66

Boys U 7 - 70 Metre Sprint

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Zone: Z 11.00 01/01/1989 P. Morgan, Winston Hills
Name Age Centre Prelims
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Heat 1 Heats

1	Jack Nicholson	Hills District	12.14Q
2	Liam Grillet	Hills District	12.56Q
3	Harrison Centorino	Hills District	13.00Q
4	Soren Hendry	Winston Hills	13.10q
5	Thomas Varnhed	Winston Hills	13.15q
6	Finn Sweeney	Riverstone	14.32
7	brooklyn bishop	Winston Hills	15.37
8	Thomas Allan	Riverstone	16.14
--	Rylan Lazar	Hills District	DNS

Heat 2 Heats

1	Ellis Oruche	Rouse Hill Rams	12.82Q
2	Sameen Hossain	Rouse Hill Rams	12.88Q
3	Jai Moala	Winston Hills	13.24Q
4	Whittaker Marwick	Hills District	13.46
5	Sebastien Elturk	Hills District	13.60
6	Cian Thompson	Winston Hills	13.83
7	Phoenix Rodrick	Rouse Hill Rams	13.94
8	Archer Fahey	Winston Hills	14.89
--	Thomas Hitchen	Hawkesbury City	DNS

Boys U 7 - 70 Metre Sprint

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Zone: Z 11.00 01/01/1989 P. Morgan, Winston Hills
Name Age Centre Final
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Section 1 Final

1	Jack Nicholson	Hills District	12.41
2	Liam Grillet	Hills District	12.65
3	Ellis Oruche	Rouse Hill Rams	12.82
4	Sameen Hossain	Rouse Hill Rams	12.93
5	Soren Hendry	Winston Hills	12.97
6	Harrison Centorino	Hills District	13.04

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 7 - 70 Metre Sprint**

7	Thomas Varnhed	Winston Hills	13.42
8	Jai Moala	Winston Hills	13.51

Boys U 8 - 70 Metre Sprint

Zone: Z 10.50 01/01/1982 N Stephens, Winston Hills

Name Age Centre Prelims

Heat 1 Heats

1	Hudson Coombs	Rouse Hill Rams	12.01Q
2	Isaac Talivakaola	Kings Langley	12.32Q
3	Jack Rafidi	Winston Hills	12.44Q
4	Benjamin Royle	Hills District	12.68
5	Rocco Iori	Riverstone	12.74
6	Hunter Higgans	Hawkesbury City	12.98
7	Griffin Brincat	Riverstone	13.58
--	Charlie Crump	Rouse Hill Rams	DNS
--	Cruz Keating	Rouse Hill Rams	DNS

Heat 2 Heats

1	Charles Jokic	Hills District	11.66Q
2	Jack Simai	Kings Langley	12.25Q
3	Krishiv Sathyendrakajan	Winston Hills	12.28Q
4	Hayden Nieass	Hills District	12.62q
5	Mason Miller	Hills District	12.64q
6	Cyrus Jebelli	Hills District	12.73
7	Leon Sama	Hills District	13.25
8	Evan Lobo	Winston Hills	14.08
9	Rhys Webber	Winston Hills	14.45

Boys U 8 - 70 Metre Sprint

Zone: Z 10.50 01/01/1982 N Stephens, Winston Hills

Name Age Centre Final

Section 1 Final

1	Charles Jokic	Hills District	11.87
2	Hudson Coombs	Rouse Hill Rams	12.06
3	Jack Rafidi	Winston Hills	12.32
4	Isaac Talivakaola	Kings Langley	12.39
5	Krishiv Sathyendrakajan	Winston Hills	12.49
6	Jack Simai	Kings Langley	12.58
7	Mason Miller	Hills District	12.61
8	Hayden Nieass	Hills District	12.90

Boys U 9 - 70 Metre Sprint

Zone: Z 10.54 11/12/2016 Rhys Webster, Winston Hills

Name Age Centre Prelims

Heat 1 Heats

1	Daly Goodsir	Hills District	11.21Q
2	George Stephanov	Hills District	11.30Q
3	Lucas Baird	Winston Hills	11.37Q
4	Liam Masters	Hills District	11.42q
5	Lucas Chen	Rouse Hill Rams	11.61q

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 9 - 70 Metre Sprint**

6	Dane Johnson	Winston Hills	12.19
7	Aahaan Chakravorty	Kings Langley	12.90
8	Brax D'Souza	Winston Hills	13.58
--	Braxton Reece	Hills District	DNS
Heat 2 Heats			
1	Kai Cassar	Hills District	11.45Q
2	Julian Bazouni	Winston Hills	11.52Q
3	Thys Aldaba	Riverstone	11.62Q
4	Kade Murray	Riverstone	11.67
5	Cheyse Lye	Hawkesbury City	11.68
6	Jeremiah Keteku	Rouse Hill Rams	11.94
7	Cooper Saab	Winston Hills	12.51
8	Casper Klecha	Hills District	12.60
9	Lincoln Bishop	Winston Hills	13.04

Boys U 9 - 70 Metre Sprint

=====			
Zone: Z 10.54 11/12/2016 Rhys Webster, Winston Hills			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Daly Goodsir	Hills District	11.54
2	George Stephanov	Hills District	11.90
3	Lucas Baird	Winston Hills	11.92
4	Kai Cassar	Hills District	11.97
5	Liam Masters	Hills District	11.99
6	Lucas Chen	Rouse Hill Rams	12.00
7	Julian Bazouni	Winston Hills	12.07
8	Thys Aldaba	Riverstone	12.19

Boys U 10 - 70 Metre Sprint

=====			
Zone: Z 10.00 01/02/1997 D Wright, Winston Hills			
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1	Victor Li	Winston Hills	11.20Q
2	Luca D'Urso	Hills District	11.33Q
3	Carter Brincat	Riverstone	11.36q
4	Koby Hughes	Rouse Hill Rams	11.39
5	Jaxx Catelotti	Riverstone	11.53
6	Oliver Neill	Winston Hills	12.12
7	Dylan Kennedy	Winston Hills	12.38
Heat 2 Heats			
1	Zane Rodrick	Rouse Hill Rams	11.01Q
2	Jason Yu	Hills District	11.12Q
3	Bodhi Slattery	Hills District	11.19q
4	Isaac Rizk	Hills District	11.45
5	Lincoln Davis	Hawkesbury City	11.46
6	Edward Loughhead	Rouse Hill Rams	11.83
7	Hudson Simpson	Hawkesbury City	14.41
Heat 3 Heats			
1	Oliver Dennis	Winston Hills	10.37Q
2	Liam Hayden	Hills District	10.81Q
3	Sharwin Mageshkumar	Kings Langley	11.57

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 10 - 70 Metre Sprint**

4 Flynn Dennis	Winston Hills	11.77
5 Jonah Isherwood	Winston Hills	12.37
-- Hudson Tait	Hills District	DNS
-- Braxton Csokonay	Rouse Hill Rams	DNS

Boys U 10 - 70 Metre Sprint

Zone: Z 10.00 01/02/1997 D Wright, Winston Hills		
Name	Age Centre	Final
Section 1 Final		
1 Oliver Dennis	Winston Hills	10.32
2 Liam Hayden	Hills District	10.70
3 Zane Rodrick	Rouse Hill Rams	10.88
4 Jason Yu	Hills District	10.93
5 Victor Li	Winston Hills	11.02
6 Luca D'Urso	Hills District	11.17
7 Carter Brincat	Riverstone	11.35
8 Bodhi Slattery	Hills District	11.43

Boys U 7 - 100 Metre Sprint

Zone: Z 15.90 08/12/2012 Nathaniel Idehen, Hills Distr		
Name	Age Centre	Prelims
Heat 1 Heats		
1 Liam Grillett	Hills District	17.90Q
2 Sebastien Elturk	Hills District	18.90Q
3 Sameen Hossain	Rouse Hill Rams	19.27Q
4 Vincent Mesiti	Hills District	19.33q
5 Cooper Smith	Winston Hills	19.59
6 Whittaker Marwick	Hills District	19.60
7 brooklyn bishop	Winston Hills	20.86
-- ayden carulli	Riverstone	DNS
-- Jacob Forsberg	Winston Hills	DNS
Heat 2 Heats		
1 Jack Nicholson	Hills District	17.50Q
2 William Fallins	Winston Hills	17.53Q
3 Harrison Centorino	Hills District	18.46Q
4 Nash Hauwai	Rouse Hill Rams	18.78q
5 Jai Moala	Winston Hills	19.48
6 Naren Arulraj	Riverstone	19.71
7 Cian Thompson	Winston Hills	20.16
8 Thomas Allan	Riverstone	22.83
-- Phoenix Rodrick	Rouse Hill Rams	DNS
-- Blake Deane	Hawkesbury City	DNS

Boys U 7 - 100 Metre Sprint

Zone: Z 15.90 08/12/2012 Nathaniel Idehen, Hills Distr		
Name	Age Centre	Final
Section 1 Final		
1 Jack Nicholson	Hills District	16.95
2 Liam Grillett	Hills District	17.44

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

....Boys U 7 - 100 Metre Sprint

3	William Fallins	Winston Hills	17.53
4	Harrison Centorino	Hills District	17.99
5	Nash Hauwai	Rouse Hill Rams	18.05
6	Sameen Hossain	Rouse Hill Rams	18.81
7	Vincent Mesiti	Hills District	19.56
8	Sebastien Elturk	Hills District	20.12

Boys U 8 - 100 Metre Sprint

=====

Zone: Z 14.80 01/01/1983 A Polley, Winston Hills			
Name	Age	Centre	Prelims

=====

Heat 1 Heats

1	Charles Jokic	Hills District	16.49Q
2	Hudson Coombs	Rouse Hill Rams	16.97Q
3	Isaac Talivakaola	Kings Langley	17.33q
4	TK Kilkenny	Winston Hills	17.35q
5	Aarush Sharma	Rouse Hill Rams	17.66
6	Kylan Geevasinga	Winston Hills	18.38
7	Seth Franks	Hills District	19.57
8	Chace Pilato	Hawkesbury City	22.52

Heat 2 Heats

1	Jack Rafidi	Winston Hills	17.29Q
2	Django Joseph	Winston Hills	17.69Q
3	Nicholas Tan	Hills District	17.78
4	Mason Miller	Hills District	18.08
5	Cruz Keating	Rouse Hill Rams	18.18
6	Leon Sama	Hills District	18.36
7	Jack Sue-See	Kings Langley	19.48
8	Griffin Brincat	Riverstone	19.52

Heat 3 Heats

1	Hunter Pepperall	Hawkesbury City	16.85Q
2	Alfie Irvine	Winston Hills	17.40Q
3	Elekana Savea	Riverstone	17.42
4	Rocco Iori	Riverstone	17.51
5	Hunter Higgans	Hawkesbury City	18.37
6	Simon Odede	Rouse Hill Rams	18.44
7	Christian Mardian	Winston Hills	18.48
8	Oscar Toose	Hills District	19.24

Boys U 8 - 100 Metre Sprint

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Zone: Z 14.80 01/01/1983 A Polley, Winston Hills			
Name	Age	Centre	Final

=====

Section 1 Final

1	Hunter Pepperall	Hawkesbury City	16.39
2	Charles Jokic	Hills District	16.41
3	Hudson Coombs	Rouse Hill Rams	16.75
4	Jack Rafidi	Winston Hills	16.99
5	Alfie Irvine	Winston Hills	17.11
6	Isaac Talivakaola	Kings Langley	17.28
7	Django Joseph	Winston Hills	17.30
8	TK Kilkenny	Winston Hills	17.36

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 9 - 100 Metre Sprint**

Zone: Z 14.30 02/02/1991 P Mogan, Winston Hills

Name	Age Centre	Prelims
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Heat 1 Heats

1 Braxton Reece	Hills District	16.06Q
2 Orlando Borg	Rouse Hill Rams	16.46Q
3 Thys Aldaba	Riverstone	16.65
4 Jeremiah Keteku	Rouse Hill Rams	16.87
5 Michael Woodhouse	Kings Langley	17.77
6 Aahaan Chakravorty	Kings Langley	19.46
-- Heman Nuro	Rouse Hill Rams	DNS
-- Charlie Vassallo	Hills District	DNS

Heat 2 Heats

1 Daly Goodsir	Hills District	15.82Q
2 Lucas Baird	Winston Hills	15.90Q
3 Ben Audsley	Winston Hills	16.30
4 Liam Masters	Hills District	16.32
5 Takoda Follington	Hawkesbury City	16.65
6 Cheyse Lye	Hawkesbury City	16.68
7 Oskar Tudberry	Winston Hills	16.87

Heat 3 Heats

1 Lazar Dimic	Riverstone	15.65Q
2 Patrick Morris	Winston Hills	16.11Q
3 George Stephanov	Hills District	16.14q
3 Julian Bazouni	Winston Hills	16.14q
5 Lucas Chen	Rouse Hill Rams	16.28
6 Kai Cassar	Hills District	16.37
7 Dane Johnson	Winston Hills	17.35
8 Christian Castorina	Rouse Hill Rams	18.74

Boys U 9 - 100 Metre Sprint

Zone: Z 14.30 02/02/1991 P Mogan, Winston Hills

Name	Age Centre	Final
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Section 1 Final

1 Lazar Dimic	Riverstone	15.22
2 Daly Goodsir	Hills District	15.40
3 Braxton Reece	Hills District	15.68
4 Julian Bazouni	Winston Hills	15.69
5 Patrick Morris	Winston Hills	15.73
6 Lucas Baird	Winston Hills	15.86
7 George Stephanov	Hills District	15.88
8 Orlando Borg	Rouse Hill Rams	16.18

Boys U 10 - 100 Metre Sprint

Zone: Z 13.90 01/02/1997 D Wright, Winston Hills

Name	Age Centre	Prelims
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Heat 1 Heats

1 Oliver Dennis	Winston Hills	14.66Q
2 Liam Hayden	Hills District	15.14Q
3 Koby Hughes	Rouse Hill Rams	15.65q
4 Bodhi Slattery	Hills District	16.12

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

....Boys U 10 - 100 Metre Sprint

5	Lincoln Davis	Hawkesbury City	16.28
6	Noah Montesin	Hills District	16.29
7	Amir Ali Mohseni	Kings Langley	18.55
--	Ethan Fernandes	Winston Hills	DNS
Heat 2 Heats			
1	Jason Yu	Hills District	15.61Q
2	Hudson Tait	Hills District	15.71Q
3	Zane Rodrick	Rouse Hill Rams	15.73q
4	Brodie Young	Winston Hills	16.52
5	Flynn Dennis	Winston Hills	16.79
6	Patrick Martin	Kings Langley	17.44
7	Brodie Allan	Riverstone	17.65
8	Dylan Pilato	Hawkesbury City	18.94
Heat 3 Heats			
1	Victor Li	Winston Hills	15.88Q
2	Isaac Rizk	Hills District	16.07Q
3	Sharwin Mageshkumar	Kings Langley	16.57
4	Jacob Traill	Rouse Hill Rams	16.92
5	Cohen Islaub	Rouse Hill Rams	17.26
6	Jonah Isherwood	Winston Hills	17.84
--	Braxton Csokonay	Rouse Hill Rams	DNS
--	Viaan Patel	Rouse Hill Rams	DNS

Boys U 10 - 100 Metre Sprint

=====
 Zone: Z 13.90 01/02/1997 D Wright, Winston Hills
 Name Age Centre Final
 =====

Section 1 Final

1	Oliver Dennis	Winston Hills	14.21
2	Liam Hayden	Hills District	14.84
3	Jason Yu	Hills District	15.08
4	Zane Rodrick	Rouse Hill Rams	15.13
5	Koby Hughes	Rouse Hill Rams	15.29
6	Hudson Tait	Hills District	15.39
7	Isaac Rizk	Hills District	16.22
8	Victor Li	Winston Hills	16.41

Boys U 11 - 100 Metre Sprint

=====
 Zone: Z 12.90 01/01/1980 C Cassidy, Hills
 Name Age Centre Prelims
 =====

Heat 1 Heats

1	Ethan Foster	Hills District	14.04Q
2	Sebastian Bush	Hills District	14.07Q
3	Callum Gream	Rouse Hill Rams	15.26Q
4	Lucas Eustace	Rouse Hill Rams	15.27q
5	Ashton Sebastian	Hills District	15.44q
6	Luca Hagenson	Riverstone	15.86
7	Joshua Giles	Hawkesbury City	15.92
8	Oliver White	Riverstone	16.59
9	Dhanesh Bala Vijayan	Winston Hills	18.89

Heat 2 Heats

1	Heath Valle	Rouse Hill Rams	15.33Q
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North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 11 - 100 Metre Sprint**

2	Elroy Strong	Hills District	15.49Q
3	Aarav Upadhyay	Hills District	15.49Q
4	Luka Hami-Razavi	Hills District	16.80
5	Ryan J Scanes	Rouse Hill Rams	17.88
6	Liam Woodhouse	Kings Langley	18.11
--	Hudson Free	Riverstone	DNS
--	Kaushal Karthikeya Devar	Winston Hills	DNS
--	Liam Keane	Winston Hills	DNS

Boys U 11 - 100 Metre Sprint

Zone: Z 12.90 01/01/1980 C Cassidy, Hills

Name	Age Centre	Final
Section 1 Final		
1	Ethan Foster Hills District	14.10
2	Sebastian Bush Hills District	14.29
3	Elroy Strong Hills District	14.91
4	Lucas Eustace Rouse Hill Rams	15.28
5	Heath Valle Rouse Hill Rams	15.41
6	Ashton Sebastian Hills District	15.58
7	Aarav Upadhyay Hills District	15.66
8	Luca Hagenson Riverstone	15.76

Boys U 12 - 100 Metre Sprint

Zone: Z 12.60 01/01/1981 C Cassidy, Hills

Name	Age Centre	Prelims
Heat 1 Heats		
1	Jake Horsey Hills District	14.45Q
2	Israel Strong Hills District	15.06Q
3	Leon De Silva Winston Hills	15.07
4	Fabrizio Mesiti Hills District	15.20
5	Flynn Islaub Rouse Hill Rams	16.45
6	Riley Stone Riverstone	17.18
7	Tyke Mapp-Ward Hawkesbury City	17.93
--	Lucas Mendonca Hills District	DNS
Heat 2 Heats		
1	Memphis Malong Hills District	14.72Q
2	Alexander Nguyen Winston Hills	15.00Q
3	Lachlan Macheski Winston Hills	15.45
4	Brendan Traill Rouse Hill Rams	15.63
5	Marcus Bazouni Winston Hills	15.79
6	Evin Ayod Premachandra Rouse Hill Rams	16.06
7	Cooper Keating Rouse Hill Rams	17.25
--	Reuben Nuro Rouse Hill Rams	DNS
Heat 3 Heats		
1	Weiyi Tang Hills District	13.92Q
2	Heath Broughton Hawkesbury City	14.27Q
3	William Baines Hills District	14.53q
4	Sebastian Haines Hills District	14.77q
5	Riley McDonald Rouse Hill Rams	14.79
6	Peiu Viko Winston Hills	15.69
--	Beau Russell Winston Hills	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

....Boys U 12 - 100 Metre Sprint

-- Jackson Pepperall Hawkesbury City DNS

Boys U 12 - 100 Metre Sprint

=====
 Zone: Z 12.60 01/01/1981 C Cassidy, Hills
 Name Age Centre Final
 =====

Section 1 Final

1	Weiye Tang	Hills District	13.79
2	Heath Broughton	Hawkesbury City	14.21
3	Jake Horsey	Hills District	14.23
4	Memphis Malong	Hills District	14.26
5	William Baines	Hills District	14.35
6	Sebastian Haines	Hills District	14.71
7	Alexander Nguyen	Winston Hills	14.73
8	Israel Strong	Hills District	14.94

Boys U 13 - 100 Metre Sprint

=====
 Zone: Z 12.09 08/12/2012 Timothy Simmons, Hills Distri
 Name Age Centre Prelims
 =====

Heat 1 Heats

1	Blake Spencer	Rouse Hill Rams	14.19Q
2	Jye Delaney-Fuller	Hawkesbury City	14.21Q
3	Rayan Mohammed	Riverstone	14.57Q
4	James Loughhead	Rouse Hill Rams	14.75
5	Ryan Haaf	Winston Hills	14.94
6	Harley Fyfe	Rouse Hill Rams	15.26
7	Callum Clarke	Hills District	15.29
--	Cooper D'Souza	Winston Hills	DNS
--	Aidan Studders	Hawkesbury City	DNS

Heat 2 Heats

1	Mathew Robertson	Rouse Hill Rams	13.36Q
2	Elijah Zackey	Hills District	13.75Q
3	Tanay Ram Kolluru	Rouse Hill Rams	13.98Q
4	Shuveernth Rajini Kanth	Hills District	14.11q
5	Luke Donaghy	Winston Hills	14.48q
6	Magnus Myhre Fox	Hills District	14.51
7	Tristan Prosser-Shaw	Kings Langley	14.86
8	Khai Aldaba	Riverstone	14.89
9	Xavier Diamond	Rouse Hill Rams	16.30

Boys U 13 - 100 Metre Sprint

=====
 Zone: Z 12.09 08/12/2012 Timothy Simmons, Hills Distri
 Name Age Centre Final
 =====

Section 1 Final

1	Mathew Robertson	Rouse Hill Rams	13.15
2	Shuveernth Rajini Kanth	Hills District	13.31
3	Tanay Ram Kolluru	Rouse Hill Rams	13.48
4	Elijah Zackey	Hills District	13.60
5	Blake Spencer	Rouse Hill Rams	13.87
6	Rayan Mohammed	Riverstone	13.90

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

....Boys U 13 - 100 Metre Sprint

7 Jye Delaney-Fuller	Hawkesbury City	13.97
8 Luke Donaghy	Winston Hills	14.12

Boys U 14 - 100 Metre Sprint

=====
 Zone: Z 11.90 05/02/1994 M Adams, Hills
 Name Age Centre Prelims
 =====

Heat 1 Heats

1 Franklin Gaitanidis	Winston Hills	12.78Q
2 Mekaeel Khan	Hills District	12.85Q
3 Lachlan Thomas	Winston Hills	12.99Q
4 Jesse Sugumaran	Winston Hills	13.35q
5 Liam Hewitt	Rouse Hill Rams	13.63
6 Jayden Hamilton-Shepperd	Hawkesbury City	13.65
7 Charlie Andrews	Winston Hills	13.88
-- Hudson Kennedy	Riverstone	DNS

Heat 2 Heats

1 Max Horsey	Hills District	12.63Q
2 Owen Garcia-Cloete	Riverstone	12.72Q
3 Gabel Tan	Hills District	12.95Q
4 Akhil Hariharan	Rouse Hill Rams	13.27q
5 Lachlan Albert	Hills District	13.46
6 Alex Jack	Kings Langley	13.76
7 Tristan Daly	Hawkesbury City	14.26
8 Thomas Robertson	Rouse Hill Rams	14.86

Boys U 14 - 100 Metre Sprint

=====
 Zone: Z 11.90 05/02/1994 M Adams, Hills
 Name Age Centre Final
 =====

Section 1 Final

1 Max Horsey	Hills District	12.55
2 Franklin Gaitanidis	Winston Hills	12.60
3 Owen Garcia-Cloete	Riverstone	12.76
4 Gabel Tan	Hills District	12.80
5 Mekaeel Khan	Hills District	12.82
6 Lachlan Thomas	Winston Hills	13.07
7 Jesse Sugumaran	Winston Hills	13.26
-- Akhil Hariharan	Rouse Hill Rams	DNS

Boys U 15 - 100 Metre Sprint

=====
 Zone: Z 11.15 14/12/2019 Lachlan Wood, Winston Hills
 Name Age Centre Prelims
 =====

Heat 1 Heats

1 Marcus Catford	Hills District	12.17Q
2 Elliot Fletcher	Winston Hills	12.20Q
3 Jacobus Vittor	Hills District	12.28Q
4 Mason Rawhiti	Hills District	12.98q
5 Ruhan Kalal	Kings Langley	13.12
-- Bailey Giles	Hawkesbury City	DNS

Heat 2 Heats

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 15 - 100 Metre Sprint**

1 Jack Proudford	Hills District	12.26Q
2 Jacob Sugumaran	Winston Hills	12.51Q
3 Cooper Finch	Hills District	12.99Q
4 Pazel Rodrigues	Riverstone	13.08q
5 Aarush Anandh	Hills District	13.33
6 Julian Freelande	Hills District	13.65
7 Dean Grant	Winston Hills	13.78

Boys U 15 - 100 Metre Sprint

Zone: Z 11.15 14/12/2019 Lachlan Wood, Winston Hills

Name Age Centre Final

Section 1 Final

1 Jack Proudford	Hills District	11.56
2 Marcus Catford	Hills District	11.85
3 Jacobus Vittor	Hills District	11.94
4 Elliot Fletcher	Winston Hills	12.05
5 Jacob Sugumaran	Winston Hills	12.15
6 Pazel Rodrigues	Riverstone	12.76
7 Mason Rawhiti	Hills District	12.81
8 Cooper Finch	Hills District	13.00

Boys U 17 - 100 Metre Sprint

Zone: Z 11.12 29/01/2022 Lachlan Wood, Winston Hills

Name Age Centre Prelims

Heat 1 Heats

1 Parker Bohman	Hills District	11.84Q
2 Caeleb Henderson	Winston Hills	11.99Q
3 Zachary Redwood	Winston Hills	12.01Q
4 Isaac Chevalier	Winston Hills	12.09q
5 Leo Gravis	Winston Hills	12.16q
6 Josh Conklin	Hills District	12.36
7 Lawson Cunningham	Winston Hills	12.41
-- Amir Saeedi	Hills District	DNS

Heat 2 Heats

1 Liam Hayes	Hills District	12.02Q
2 Riley Christie	Winston Hills	12.19Q
3 Declan Abela	Winston Hills	12.32Q
4 Cooper Thorpe	Hills District	12.44
5 Calem Fyfe	Rouse Hill Rams	12.68
6 Matthew Cook	Rouse Hill Rams	12.90
-- Noah Baccan Ribeiro	Hills District	DNS

Boys U 17 - 100 Metre Sprint

Zone: Z 11.12 29/01/2022 Lachlan Wood, Winston Hills

Name Age Centre Final

Section 1 Final

1 Parker Bohman	Hills District	11.50
2 Liam Hayes	Hills District	11.52
3 Caeleb Henderson	Winston Hills	11.81

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

....Boys U 17 - 100 Metre Sprint

4	Riley Christie	Winston Hills	11.91
5	Leo Gravis	Winston Hills	11.95
6	Isaac Chevalier	Winston Hills	12.02
7	Zachary Redwood	Winston Hills	12.05
8	Declan Abela	Winston Hills	12.13

Boys U 7 - 200 Metre Sprint

Zone: Z 33.90 01/01/1980 M.Canning, Winston Hills
 Zone: Z 33.90 30/01/1983 J Adolphe, Hills District

Name Age Centre Prelims

Heat 1 Heats

1	Nash Hauwai	Rouse Hill Rams	38.48Q
2	Xavier Newlove	Hills District	40.02Q
3	Vincent Mesiti	Hills District	42.00Q
4	Cooper Smith	Winston Hills	43.78
5	Cian Thompson	Winston Hills	44.08
6	Phoenix Rodrick	Rouse Hill Rams	46.33
--	Thomas Allan	Riverstone	DNS
--	Aiden Chand	Winston Hills	DNS
--	Jai Moala	Winston Hills	DNS

Heat 2 Heats

1	Jack Nicholson	Hills District	37.34Q
2	Liam Grillett	Hills District	37.42Q
3	Harrison Centorino	Hills District	40.84Q
4	Gurmaan Sandhu	Hills District	41.73q
5	Sameen Hossain	Rouse Hill Rams	42.08q
6	Finn Sweeney	Riverstone	52.37
--	Thomas Hitchen	Hawkesbury City	DNS
--	Naren Arulraj	Riverstone	DNS

Boys U 7 - 200 Metre Sprint

Zone: Z 33.90 01/01/1980 M.Canning, Winston Hills
 Zone: Z 33.90 30/01/1983 J Adolphe, Hills District

Name Age Centre Final

Section 1 Final

1	Jack Nicholson	Hills District	36.75
2	Liam Grillett	Hills District	36.85
3	Nash Hauwai	Rouse Hill Rams	37.25
4	Harrison Centorino	Hills District	39.59
5	Sameen Hossain	Rouse Hill Rams	40.04
6	Xavier Newlove	Hills District	40.06
7	Vincent Mesiti	Hills District	40.93
8	Gurmaan Sandhu	Hills District	40.95

Boys U 8 - 200 Metre Sprint

Zone: Z 30.70 01/01/1983 A Polley, Winston Hills

Name Age Centre Prelims

Heat 1 Heats

1	Hudson Coombs	Rouse Hill Rams	36.09Q
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North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

....Boys U 8 - 200 Metre Sprint

2	Aarush Sharma	Rouse Hill Rams	37.99Q
3	Joshua McDowell	Hills District	38.35
4	Lachlan Portelli	Rouse Hill Rams	39.53
5	Seth Franks	Hills District	42.21
6	Rhys Webber	Winston Hills	44.47
--	Jack Sue-See	Kings Langley	DNS
--	Cruz Keating	Rouse Hill Rams	DNS

Heat 2 Heats

1	Jack Rafidi	Winston Hills	35.47Q
2	Nicholas Tan	Hills District	36.20Q
3	Isaac Talivakaola	Kings Langley	36.51q
4	Levi Thorburn	Hawkesbury City	36.76q
5	Hunter Higgans	Hawkesbury City	39.73
6	Hayden Nieass	Hills District	40.40
7	Griffin Brincat	Riverstone	40.50
8	Samuel Waddington	Winston Hills	42.39

Heat 3 Heats

1	Hunter Pepperall	Hawkesbury City	34.37Q
2	Jacob Ure	Rouse Hill Rams	36.73Q
3	Jett Ohmsen	Riverstone	37.41
4	Benjamin Royle	Hills District	38.47
5	Maxwell Gee	Hills District	39.68
6	Aiden Warth	Winston Hills	42.11
7	Harvey Appleyard	Winston Hills	42.71
--	Kylan Geevasinga	Winston Hills	DNS

Boys U 8 - 200 Metre Sprint

Zone: Z 30.70 01/01/1983 A Polley, Winston Hills

Name	Age Centre	Final
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Section 1 Final

1	Hunter Pepperall	Hawkesbury City	34.42
2	Hudson Coombs	Rouse Hill Rams	34.70
3	Nicholas Tan	Hills District	35.42
4	Jack Rafidi	Winston Hills	36.00
5	Jacob Ure	Rouse Hill Rams	36.03
6	Isaac Talivakaola	Kings Langley	36.51
7	Levi Thorburn	Hawkesbury City	36.67
8	Aarush Sharma	Rouse Hill Rams	36.87

Boys U 9 - 200 Metre Sprint

Zone: Z 29.80 04/02/1996 J De Silva, Winston Hills

Name	Age Centre	Prelims
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Heat 1 Heats

1	Orlando Borg	Rouse Hill Rams	32.78Q
2	Julian Bazouni	Winston Hills	32.91Q
3	Braxton Reece	Hills District	33.53Q
4	Lucas Baird	Winston Hills	34.87q
5	Ethan Williams	Rouse Hill Rams	35.53
6	Zachary Bowie	Kings Langley	35.62
7	Zachary Patten	Winston Hills	36.55
8	Aahaan Chakravorty	Kings Langley	38.95

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 9 - 200 Metre Sprint**

Heat 2 Heats

1 Lazar Dimic	Riverstone	32.55Q
2 Patrick Morris	Winston Hills	33.56Q
3 Thys Aldaba	Riverstone	34.20Q
4 Takoda Follington	Hawkesbury City	34.56q
5 Samuael Cauchi	Hills District	35.91
6 Archie Zammit	Hawkesbury City	36.84
7 Thomas Bartlett	Hills District	38.95
8 Lachlan Melville	Hills District	40.59

Boys U 9 - 200 Metre Sprint

Zone: Z 29.80 04/02/1996 J De Silva, Winston Hills

Name Age Centre Final

Section 1 Final

1 Lazar Dimic	Riverstone	33.94
2 Orlando Borg	Rouse Hill Rams	34.26
3 Patrick Morris	Winston Hills	34.45
4 Julian Bazouni	Winston Hills	34.80
5 Thys Aldaba	Riverstone	34.93
6 Braxton Reece	Hills District	35.53
7 Lucas Baird	Winston Hills	35.86
-- Takoda Follington	Hawkesbury City	DNS

Boys U 10 - 200 Metre Sprint

Zone: Z 28.80 01/01/1985 T Henry, Winston Hills

Name Age Centre Prelims

Heat 1 Heats

1 Oliver Dennis	Winston Hills	29.43Q
2 Liam Hayden	Hills District	32.02q
3 Levi Garnett	Rouse Hill Rams	33.42q
4 Jacob Traill	Rouse Hill Rams	34.40
5 Brody Gauci	Riverstone	34.69
6 Jaxon Long	Hawkesbury City	35.51

Heat 2 Heats

1 Jason Yu	Hills District	33.18Q
2 Jack Furno	Winston Hills	33.64q
3 Isaac Rizk	Hills District	33.86
4 Oliver Masik	Hills District	33.95
5 Euan Macgregor	Hawkesbury City	34.07
-- Amir Ali Mohseni	Kings Langley	DNS
-- Anderson Collins	Winston Hills	DNS

Heat 3 Heats

1 Declan Van Ross	Hills District	32.37Q
2 Ethan Fernandes	Winston Hills	33.79
3 Patrick Martin	Kings Langley	38.60
4 Hudson Simpson	Hawkesbury City	52.81
-- Braxton Csokonay	Rouse Hill Rams	DNS
-- Harrison Bouquet	Winston Hills	DNS

Heat 4 Heats

1 Zane Rodrick	Rouse Hill Rams	32.05Q
2 Lincoln Odede	Rouse Hill Rams	33.61q

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 10 - 200 Metre Sprint**

3	Sharwin Mageshkumar	Kings Langley	35.83
4	Brodie Allan	Riverstone	37.81
5	Louis Goode	Winston Hills	37.92
--	Hudson Tait	Hills District	DNS

Boys U 10 - 200 Metre Sprint

=====			
Zone: Z 28.80 01/01/1985 T Henry, Winston Hills			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Oliver Dennis	Winston Hills	29.89
2	Liam Hayden	Hills District	32.20
3	Zane Rodrick	Rouse Hill Rams	32.53
4	Levi Garnett	Rouse Hill Rams	33.08
5	Lincoln Odede	Rouse Hill Rams	33.19
6	Jack Furno	Winston Hills	33.88
7	Jason Yu	Hills District	34.05
8	Declan Van Ross	Hills District	34.65

Boys U 11 - 200 Metre Sprint

=====			
Zone: Z 27.60 01/01/1980 C Cassidy, Hills			
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1	Ethan Foster	Hills District	28.96Q
2	Matthew Prettyman	Winston Hills	32.64Q
3	Rhys Bergan	Hills District	33.10Q
4	Noah Giles	Hawkesbury City	33.57q
5	Luca Hagenson	Riverstone	33.61q
6	Kayden Macfarlane	Hills District	37.23
--	Hugo Nolan	Hills District	DNS
Heat 2 Heats			
1	Sebastian Bush	Hills District	29.45Q
2	Ashton Sebastian	Hills District	32.71Q
3	Heath Valle	Rouse Hill Rams	32.89Q
4	Callum Gream	Rouse Hill Rams	34.42
5	Joshua Giles	Hawkesbury City	34.87
6	Hamish Sandercoe	Kings Langley	36.56
--	Adeel Pokharel	Kings Langley	DNS

Boys U 11 - 200 Metre Sprint

=====			
Zone: Z 27.60 01/01/1980 C Cassidy, Hills			
Name	Age	Centre	Final
=====			
Section 1 Final			
1	Ethan Foster	Hills District	29.30
2	Sebastian Bush	Hills District	29.40
3	Ashton Sebastian	Hills District	32.02
4	Heath Valle	Rouse Hill Rams	32.21
5	Rhys Bergan	Hills District	32.75
6	Noah Giles	Hawkesbury City	33.01
7	Matthew Prettyman	Winston Hills	33.97

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 11 - 200 Metre Sprint**

8 Luca Hagenson	Riverstone	34.23
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Boys U 12 - 200 Metre Sprint

Zone: Z 26.42 29/01/2012 Timothy Simmons, Quakers Hill

Name	Age Centre	Prelims
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Heat 1 Heats

1 Weiyi Tang	Hills District	28.56Q
2 Evan Dinsmore	Hills District	29.06Q
3 Carter Bergan	Hills District	29.21q
4 Jake Horsey	Hills District	30.67
5 Peiu Viko	Winston Hills	31.38
6 Marcus Bazouni	Winston Hills	32.36
7 Lachlan Macheski	Winston Hills	33.53

Heat 2 Heats

1 Cameron Batey	Hills District	29.34Q
2 Leon De Silva	Winston Hills	31.33Q
3 Harley Van Middeldyk	Rouse Hill Rams	31.78
4 Israel Strong	Hills District	32.45
5 Brendan Traill	Rouse Hill Rams	32.85
6 Fabrizio Mesiti	Hills District	33.64
7 Beau Russell	Winston Hills	34.10

Heat 3 Heats

1 Heath Broughton	Hawkesbury City	29.77Q
2 Isaac Portelli	Rouse Hill Rams	30.00Q
3 Liam Banks	Riverstone	30.57q
4 Sebastian Haines	Hills District	30.98
-- Cooper Keating	Rouse Hill Rams	DNS
-- Reuben Nuro	Rouse Hill Rams	DNS

Boys U 12 - 200 Metre Sprint

Zone: Z 26.42 29/01/2012 Timothy Simmons, Quakers Hill

Name	Age Centre	Final
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Section 1 Final

1 Weiyi Tang	Hills District	28.55
2 Cameron Batey	Hills District	28.67
3 Evan Dinsmore	Hills District	29.18
4 Carter Bergan	Hills District	29.27
5 Heath Broughton	Hawkesbury City	29.55
6 Liam Banks	Riverstone	30.62
7 Leon De Silva	Winston Hills	30.88
8 Isaac Portelli	Rouse Hill Rams	30.95

Boys U 13 - 200 Metre Sprint

Zone: Z 24.88 28/01/2007 N Hough, Hills

Name	Age Centre	Prelims
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Heat 1 Heats

1 Mathew Robertson	Rouse Hill Rams	27.66Q
2 Elijah Zackey	Hills District	29.51Q
3 Magnus Myhre Fox	Hills District	29.91q

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 13 - 200 Metre Sprint**

4	Jye Delaney-Fuller	Hawkesbury City	29.99
5	Khai Aldaba	Riverstone	30.73
--	Steffan Mare	Rouse Hill Rams	DNS
Heat 2 Heats			
1	Rayan Mohammed	Riverstone	29.41Q
2	Jacob Storrie	Riverstone	29.64Q
3	Harley Fyfe	Rouse Hill Rams	30.32
4	Tristan Quee	Hills District	31.39
5	Callum Clarke	Hills District	32.52
6	Nathan Hall-O'Dwyer	Rouse Hill Rams	34.45
--	Lachlan Allan	Riverstone	DNS
Heat 3 Heats			
1	Shuveernth Rajini Kanth	Hills District	28.99Q
2	Blake Spencer	Rouse Hill Rams	29.46Q
3	Brian Jack	Kings Langley	29.84q
4	Ryan Haaf	Winston Hills	30.16
5	Luke Donaghy	Winston Hills	30.39
6	Logan McCartney	Riverstone	36.21

Boys U 13 - 200 Metre Sprint

=====
 Zone: Z 24.88 28/01/2007 N Hough, Hills

Name	Age Centre	Final
===== Section 1 Final		
1	Mathew Robertson	Rouse Hill Rams 28.65
2	Elijah Zackey	Hills District 29.75
3	Shuveernth Rajini Kanth	Hills District 29.83
4	Jacob Storrie	Riverstone 29.98
5	Rayan Mohammed	Riverstone 31.11
6	Brian Jack	Kings Langley 31.38
7	Blake Spencer	Rouse Hill Rams 31.93
8	Magnus Myhre Fox	Hills District 32.26

Boys U 14 - 200 Metre Sprint

=====
 Zone: Z 23.98 03/02/2008 N Hough, Hills

Name	Age Centre	Final
===== Section 1		
1	Oscar Turnbull	Rouse Hill Rams 25.15
2	Max Horsey	Hills District 25.58
3	Franklin Gaitanidis	Winston Hills 25.82
4	Gabel Tan	Hills District 25.97
5	Lachlan Thomas	Winston Hills 26.73
6	Jayden Hamilton-Shepperd	Hawkesbury City 26.74
7	Lachlan Albert	Hills District 27.93
8	Alex Jack	Kings Langley 29.23

Boys U 15 - 200 Metre Sprint

=====
 Zone: Z 22.87 01/02/2009 N Hough, Hills

Name	Age Centre	Final
===== 1		
1	Jack Proudford	Hills District 24.17

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

....Boys U 15 - 200 Metre Sprint

2	Marcus Catford	Hills District	24.75
3	Pazel Rodrigues	Riverstone	26.41
4	Ruhan Kalal	Kings Langley	27.10
5	Dean Grant	Winston Hills	27.67
--	James Harris	Hills District	DNS
--	Aarush Anandh	Hills District	DNS
--	Ashwin Ramaswamy	Hills District	DNS
--	Elliot Fletcher	Winston Hills	DNS

Boys U 17 - 200 Metre Sprint

Zone: Z 22.29 04/12/2022 Cameron Davies, Hawkesbury Ci

Name Age Centre Prelims

Heat 1 Heats

1	Zachary Redwood	Winston Hills	24.78Q
2	Noah Baccan Ribeiro	Hills District	25.01Q
3	Isaac Chevalier	Winston Hills	25.41Q
4	Josh Conklin	Hills District	25.47q
5	Caeleb Henderson	Winston Hills	25.64q
6	Calem Fyfe	Rouse Hill Rams	26.06
7	Conor McNeill	Hawkesbury City	26.10
--	Lawson Cunningham	Winston Hills	DNS

Heat 2 Heats

1	Declan Abela	Winston Hills	32.39Q
2	Riley Christie	Winston Hills	34.77Q
3	Parker Bohman	Hills District	34.85Q
--	Isaac Dunlop	Hills District	DNS
--	Leo Gravis	Winston Hills	DNS
--	Liam Hayes	Hills District	DNS
--	Amir Saeedi	Hills District	DNS

Boys U 17 - 200 Metre Sprint

Zone: Z 22.29 04/12/2022 Cameron Davies, Hawkesbury Ci

Name Age Centre Final

Section 1 Final

1	Parker Bohman	Hills District	23.76
2	Zachary Redwood	Winston Hills	24.57
3	Riley Christie	Winston Hills	24.79
4	Caeleb Henderson	Winston Hills	25.17
5	Declan Abela	Winston Hills	25.25
6	Josh Conklin	Hills District	25.32
7	Noah Baccan Ribeiro	Hills District	25.34
8	Isaac Chevalier	Winston Hills	26.01

Boys U 9 - 400 Metre Sprint

Zone: Z 1:09.20 01/01/1984 A Polley, Winston Hills

Name Age Centre Final

Section 1

1	Joshua West	Hills District	1:13.89
2	Jackson Newlove	Hills District	1:15.03

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

....Boys U 9 - 400 Metre Sprint

3 Miles Hamilton-Foster	Winston Hills	1:18.54
4 Samuael Cauchi	Hills District	1:22.31
5 Benjamin Backhouse	Hawkesbury City	1:25.56
6 Levi Moala	Winston Hills	1:43.66

Section 2

1 Blaze Hakes	Hawkesbury City	1:20.68
2 Zachary Bowie	Kings Langley	1:22.46
3 Takoda Follington	Hawkesbury City	1:22.47
4 Liam Michoux	Hills District	1:22.63
5 Aadititya Sinha	Hills District	1:27.78
6 Ninad Pandit	Hills District	1:28.16
7 Michael Woodhouse	Kings Langley	1:35.89

Section 3

1 Archie Zammit	Hawkesbury City	1:20.21
2 Ethan Williams	Rouse Hill Rams	1:23.16
3 Zachary Patten	Winston Hills	1:23.91
4 Oskar Tudberry	Winston Hills	1:24.80
5 Harry Russell	Winston Hills	1:24.92
-- Jamal Alkassem	Rouse Hill Rams	DNS

Boys U 10 - 400 Metre Sprint

=====
 Zone: Z 1:07.70 01/01/1983 M Canning, Winston Hills

Name Age Centre Final
 =====

Section 1

1 Bodhi Slattery	Hills District	1:13.43
2 Hudson Tait	Hills District	1:17.95
3 Brodie Young	Winston Hills	1:19.35
4 Cameron Salonga	Hills District	1:22.68
5 Patrick Martin	Kings Langley	1:26.89
-- Amir Ali Mohseni	Kings Langley	DNS

Section 2

1 Oliver James	Hills District	1:14.65
2 Oliver Masik	Hills District	1:17.75
3 Cohen Islaub	Rouse Hill Rams	1:20.44
4 Evan Rogulski	Hills District	1:20.83
5 Oliver Neill	Winston Hills	1:21.65
6 Jacob Traill	Rouse Hill Rams	1:24.15
7 Louis Goode	Winston Hills	1:26.45
8 Sebastian Joyce	Kings Langley	1:30.71

Section 3

1 Oliver Dennis	Winston Hills	1:09.19
2 Jack Furno	Winston Hills	1:16.39
3 Brody Gauci	Riverstone	1:17.46
4 Euan Macgregor	Hawkesbury City	1:18.92
5 Harrison Bouquet	Winston Hills	1:19.39
6 Lincoln Odede	Rouse Hill Rams	1:19.42
7 Koby Hughes	Rouse Hill Rams	1:20.36
8 Riley Williams	Rouse Hill Rams	1:20.78

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 11 - 400 Metre Sprint**

Zone: Z 1:04.20 01/01/1980 C Cassidy, Hills			
Name	Age Centre		Final
Section 1			
1 Hamish Sandercoe	Kings Langley		1:16.95
2 Oscar Liu	Hills District		1:17.85
3 Hudson Zammit	Hawkesbury City		1:18.06
4 Mason Chan	Hills District		1:20.75
5 Nabeel Khan	Hills District		1:26.01
-- Aniket Aiyar	Winston Hills		DNS
Section 2			
1 Rhys Bergan	Hills District		1:12.85
2 Noah Giles	Hawkesbury City		1:21.26
3 Liam Woodhouse	Kings Langley		1:22.49
4 Dean Alcock	Hills District		1:23.72
5 Oliver White	Riverstone		1:27.35
-- Noah Dunn	Hawkesbury City		DNS
-- William Currall	Hills District		DNS
-- Hudson Free	Riverstone		DNS
Section 3			
1 Tayem Reading	Winston Hills		1:06.53
2 Vidyut Arulraj	Riverstone		1:11.66
3 Jensen Dowling	Rouse Hill Rams		1:13.12
4 Matthew Prettyman	Winston Hills		1:15.52
5 Mikhail Shaik	Kings Langley		1:18.90
-- Chase Mattiazzo	Rouse Hill Rams		DNS

Boys U 12 - 400 Metre Sprint

Zone: Z 1:00.66 10/12/2016 Lachlan Wood, Winston Hills			
Name	Age Centre		Final
Section 1			
1 Fabrizio Mesiti	Hills District		1:11.06
2 Brendan Traill	Rouse Hill Rams		1:17.07
3 Flynn Islaub	Rouse Hill Rams		1:19.82
4 Jackson Pepperall	Hawkesbury City		1:20.59
-- Lucas Mendonca	Hills District		DNS
-- Daniel Cheers	Hills District		DNS
Section 2			
1 Cameron Batey	Hills District		1:03.07
2 Evan Dinsmore	Hills District		1:05.13
3 Liam Banks	Riverstone		1:06.31
4 Carter Bergan	Hills District		1:07.75
5 Isaac Portelli	Rouse Hill Rams		1:11.42
-- Sebastian Haines	Hills District		DNS

Boys U 13 - 400 Metre Sprint

Zone: Z 56.74 09/12/2017 Lachlan Wood, Winston Hills			
Name	Age Centre		Final
Section 1			
1 Jacob Storrie	Riverstone		1:08.26
2 Ryan Haaf	Winston Hills		1:09.56

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 13 - 400 Metre Sprint**

3 Luke Donaghy	Winston Hills	1:11.19
4 Rayan Mohammed	Riverstone	1:15.70
5 Logan McCartney	Riverstone	1:26.36
-- Harley Fyfe	Rouse Hill Rams	DNS
-- Eshan Jayewardene	Hills District	DNS

Section 2

1 Xavier Zahra	Hills District	1:00.80
2 Luke Hoddinett	Winston Hills	1:05.18
3 Ammar Bin Shekeeb	Winston Hills	1:05.72
4 Oliver Ohmsen	Riverstone	1:13.79
5 Lachlan Allan	Riverstone	1:24.96
-- Steffan Mare	Rouse Hill Rams	DNS
-- Elijah Zackey	Hills District	DNS

Boys U 14 - 400 Metre Sprint

Zone: Z 54.80 05/02/1994 M Adams, Hills

Name Age Centre Final

Section 1

1 Oscar Turnbull	Rouse Hill Rams	57.95
2 Franklin Gaitanidis	Winston Hills	58.42
3 Lachlan Thomas	Winston Hills	1:00.03
4 Max Horsey	Hills District	1:02.17
5 Jesse Sugumaran	Winston Hills	1:05.50
6 Cooper Thompson	Kings Langley	1:09.16
7 Mitchell Klomp	Hills District	1:11.46
-- Lachlan Albert	Hills District	DNS

Boys U 15 - 400 Metre Sprint

Zone: Z 53.44 14/12/2019 Lachlan Wood, Winston Hills

Name Age Centre Final

1 Marcus Catford	Hills District	56.96
2 Jacobus Vittor	Hills District	58.01
3 Nicholas McNally	Hills District	58.04
4 Bailey Giles	Hawkesbury City	58.48
5 James Harris	Hills District	1:09.71

Boys U 17 - 400 Metre Sprint

Zone: Z 49.39 14/12/2019 Joshua Atkinson, Hills Distri

Name Age Centre Final

1 Parker Bohman	Hills District	53.93
2 Joshua Hand	Winston Hills	54.60
3 Riley Christie	Winston Hills	54.72
4 Nate Gill	Riverstone	54.76
5 Zachary Redwood	Winston Hills	58.24
6 Calem Fyfe	Rouse Hill Rams	59.66
7 Conor McNeill	Hawkesbury City	1:05.80

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 8 - 400 Metre Run Pack Start**

Zone: Z 1:20.26 03/12/2022 Joshua West, Hills District			
Name	Age	Centre	Final
1 Alfie Irvine		Winston Hills	1:21.06
2 Jack Rafidi		Winston Hills	1:22.03
3 Elekana Savea		Riverstone	1:22.98
4 Levi Thorburn		Hawkesbury City	1:25.76
5 Ryley Rademeyer		Rouse Hill Rams	1:25.79
6 Jason Rademeyer		Rouse Hill Rams	1:27.50
7 Nicholas Tan		Hills District	1:28.15
8 Django Joseph		Winston Hills	1:29.27
9 Lucas Chapman		Winston Hills	1:30.47
10 Jett Ohmsen		Riverstone	1:33.57
11 Ben Chapple		Hills District	1:35.47
12 Alexander Rothery		Riverstone	1:38.76
13 Raphael Lobo		Hills District	1:39.10
14 Spencer Crass		Hawkesbury City	1:54.82
-- Kylan Geevasinga		Winston Hills	DNS
-- Zachary McMahon		Hills District	DNS

Section 2

1 Hunter Pepperall		Hawkesbury City	1:20.14Z
2 Joshua McDowell		Hills District	1:25.38
3 Maxwell Gee		Hills District	1:28.18
4 Aarush Sharma		Rouse Hill Rams	1:30.15
5 Lachlan Portelli		Rouse Hill Rams	1:31.62
6 Aiden Warth		Winston Hills	1:39.97
7 Simon Odede		Rouse Hill Rams	1:42.52

Boys U 7 - 500 Metre Run Pack Start

Zone: Z 1:29.50 30/01/2008 J Green, Hills			
Name	Age	Centre	Final
Section 1			
1 Xavier Newlove		Hills District	1:54.39
2 Liam Grillett		Hills District	1:56.17
3 Nash Hauwai		Rouse Hill Rams	2:01.13
4 Ellis Oruche		Rouse Hill Rams	2:05.02
5 Lincoln Panich		Hills District	2:05.10
6 Vincent Mesiti		Hills District	2:11.85
7 Harry Lashford		Hills District	2:12.64
8 Sebastien Elturk		Hills District	2:17.35
9 Sameen Hossain		Rouse Hill Rams	2:26.12
10 Hunter Skinner		Winston Hills	2:26.19
-- Charles Hamilton-Foster		Winston Hills	DNS
-- Lachlan Bouquet		Winston Hills	DNS
-- Aiden Chand		Winston Hills	DNS

Boys U 8 - 700 Metre Run Pack Start

Zone: Z 2:05.30 28/01/2009 H Green, Hills			
Name	Age	Centre	Final
1 Alfie Irvine		Winston Hills	2:35.91
2 Elekana Savea		Riverstone	2:42.92

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 8 - 700 Metre Run Pack Start**

3	Nicholas Tan	Hills District	2:43.85
4	Maxwell Gee	Hills District	2:47.59
5	Ryley Rademeyer	Rouse Hill Rams	2:49.91
6	Jacob Ure	Rouse Hill Rams	2:51.55
7	Jason Rademeyer	Rouse Hill Rams	2:51.56
8	Levi Thorburn	Hawkesbury City	2:53.27
9	Lucas Chapman	Winston Hills	2:55.60
10	Armaan Nishant	Hills District	2:57.62
11	Leon Sama	Hills District	2:58.92
12	Benjamin Royle	Hills District	3:00.28
13	Riley Juhart-Jones	Winston Hills	3:02.33
14	Harvey Appleyard	Winston Hills	3:07.64
15	Jack Simai	Kings Langley	3:10.54
16	Bryson Gauci	Riverstone	3:11.12
17	Camden Baker	Hawkesbury City	3:11.58
18	Jack Sue-See	Kings Langley	3:16.85
19	Rhys Webber	Winston Hills	3:16.91
--	Seth Franks	Hills District	DNS
--	Django Joseph	Winston Hills	DNS

Boys U 9 - 800 Metre Run

Zone: Z 2:35.50 01/01/1984 A Polley, Winston Hills

Name Age Centre Final

1	Joshua West	Hills District	2:45.40
2	Jackson Newlove	Hills District	2:55.79
3	Max Arkins	Winston Hills	2:57.90
4	Archie Zammit	Hawkesbury City	3:00.83
5	Ashton Delmage	Hills District	3:03.37
6	Harry Russell	Winston Hills	3:06.22
7	Benjamin Backhouse	Hawkesbury City	3:07.77
8	Michael Boumelhem	Hills District	3:11.12
9	Aadititya Sinha	Hills District	3:11.63
10	Ethan Williams	Rouse Hill Rams	3:11.65
11	Zachary Patten	Winston Hills	3:13.86
12	Liam Michoux	Hills District	3:20.17
13	Thomas Skinner	Winston Hills	3:21.76
14	Aahaan Chakravorty	Kings Langley	3:24.89

Boys U 10 - 800 Metre Run

Zone: Z 2:34.30 01/01/1985 A Polley, Winston Hills

Name Age Centre Final

1	Bodhi Slattery	Hills District	2:51.53
2	Koby Hughes	Rouse Hill Rams	2:54.53
3	Oliver James	Hills District	2:56.54
4	Euan Macgregor	Hawkesbury City	2:57.02
5	Brody Gauci	Riverstone	2:59.37
6	Leo Chapman	Winston Hills	3:01.34
7	Aiden Berry	Hills District	3:02.03
8	Riley Williams	Rouse Hill Rams	3:02.34
9	Cameron Salonga	Hills District	3:06.73
10	Patrick Martin	Kings Langley	3:26.87

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 10 - 800 Metre Run**

-- Harrison Bouquet	Winston Hills	DNS
Section 2		
1 Theodore Foggo	Winston Hills	2:42.90
2 Jaxx Catelotti	Riverstone	2:57.50
3 Jack Furno	Winston Hills	2:59.96
4 Lachlan O'Dea	Hills District	3:05.78
5 Brodie Allan	Riverstone	3:11.86
6 Dylan Kennedy	Winston Hills	3:12.92
7 Hamish Lane	Hills District	3:15.51
8 Oliver Neill	Winston Hills	3:24.51
9 Byron Thorburn	Hawkesbury City	3:50.99
10 Hudson Simpson	Hawkesbury City	4:01.04
-- Sebastian Joyce	Kings Langley	DNS

Boys U 11 - 800 Metre Run

=====
 Zone: Z 2:27.20 01/01/1982 P Stellino, Hills

Name	Age Centre	Final
===== Section 1		
1 Tayem Reading	Winston Hills	2:43.49
2 Hudson Zammit	Hawkesbury City	2:52.82
3 Mikhail Shaik	Kings Langley	2:57.69
4 Matthew Prettyman	Winston Hills	2:58.11
5 Oscar Liu	Hills District	2:58.56
6 Brady Roberts	Riverstone	3:04.67
7 Lincoln Sue-See	Kings Langley	3:06.19
8 Toby Newman	Hills District	3:10.77
9 Hamish Sandercoe	Kings Langley	3:14.70
10 Jake Prager	Rouse Hill Rams	3:21.66
Section 2		
1 Harvey Irvine	Winston Hills	2:38.74
2 Rhys Bergan	Hills District	2:40.89
3 Nate Appleyard	Winston Hills	2:42.43
4 Elroy Strong	Hills District	2:43.13
5 Jensen Dowling	Rouse Hill Rams	2:44.52
6 Luka Hami-Razavi	Hills District	3:01.43
7 Rafael Mokamba	Kings Langley	3:03.77
-- Chase Mattiazzo	Rouse Hill Rams	DNS
-- Nabeel Khan	Hills District	DNS

Boys U 12 - 800 Metre Run

=====
 Zone: Z 2:16.80 01/01/1983 N Stellino, Hills

Name	Age Centre	Final
===== Section 1		
1 Cameron Batey	Hills District	2:25.41
2 Ruari Mercer	Hills District	2:25.81
3 Carter Bergan	Hills District	2:27.30
4 Evan Dinsmore	Hills District	2:30.45
5 Liam Banks	Riverstone	2:37.34
6 Tomasz Grzybowski	Hills District	2:41.75
7 James Muccino	Winston Hills	2:51.83
8 Isaac Portelli	Rouse Hill Rams	2:54.57

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 12 - 800 Metre Run**

9 William Baines	Hills District	3:12.58
-- Flynn Islaub	Rouse Hill Rams	DNS
Section 2		
1 Michael Giffney	Kings Langley	2:38.68
2 Leon De Silva	Winston Hills	2:39.61
3 Harley Van Middeldyk	Rouse Hill Rams	2:40.57
4 Daniel Cheers	Hills District	2:46.04
5 Sebastian Haines	Hills District	2:46.82
6 Fabrizio Mesiti	Hills District	2:52.07
7 Laylan Zammit	Hawkesbury City	2:53.97
8 Oliver Thomas	Winston Hills	3:00.33
9 Zane Cowper	Rouse Hill Rams	3:02.54

Boys U 13 - 800 Metre Run

=====			
Zone: Z 2:18.03 10/12/2017 Lachlan Wood, Winston Hills			
Name	Age Centre	Final	
=====			
Section 1			
1 Xavier Zahra	Hills District	2:17.48Z	
2 Luke Hoddinett	Winston Hills	2:34.52	
3 Nishad Pandit	Hills District	2:42.27	
4 Peter Cook	Rouse Hill Rams	2:44.88	
5 Oliver Ohmsen	Riverstone	2:47.08	
6 Brian Jack	Kings Langley	2:50.91	
7 Patrick Waddington	Winston Hills	2:51.36	
-- Harley Fyfe	Rouse Hill Rams	DNS	
-- Eshan Jayewardene	Hills District	DNS	
-- Steffan Mare	Rouse Hill Rams	DNS	
Section 2			
1 Beau Adams	Hills District	2:18.56	
2 Noah Falzon	Hills District	2:28.32	
3 Xavier Scheepers	Hills District	2:37.38	
4 Joshua Barron	Hills District	2:39.17	
5 Jacob Storrie	Riverstone	2:41.38	
6 Samuel Jorgensen	Winston Hills	2:48.35	
7 Harrison Brennan	Rouse Hill Rams	2:50.56	
8 Archie Fisher	Winston Hills	2:54.14	
9 Logan McCartney	Riverstone	3:01.89	
10 Cooper D'Souza	Winston Hills	3:11.94	
11 Lachlan Allan	Riverstone	3:14.93	
-- Samuel Dunn	Hawkesbury City	DNS	

Boys U 14 - 800 Metre Run

=====			
Zone: Z 2:08.41 11/12/2016 Joshua Atkinson, Hills Dist			
Name	Age Centre	Final	
=====			
Section 1			
1 Oscar Turnbull	Rouse Hill Rams	2:19.58	
2 Sehaj Bajwa	Rouse Hill Rams	2:25.41	
3 Franklin Gaitanidis	Winston Hills	2:28.29	
4 Ryan Baker	Hills District	2:28.94	
5 Charlie Andrews	Winston Hills	2:34.05	
6 Andrew Cook	Rouse Hill Rams	2:40.34	

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 14 - 800 Metre Run**

7 Flynn Van Middeldyk	Rouse Hill Rams	2:43.06
8 Jordan Holden	Hills District	2:44.54
9 Tristan Daly	Hawkesbury City	2:47.70
-- Riley Johnston	Hills District	DNS

Boys U 15 - 800 Metre Run

Zone: Z 2:04.73 10/12/2017 Joshua Atkinson, Hills Dist		
Name	Age Centre	Final
1 Cameron Bloem	Hills District	2:08.42
2 Nicholas McNally	Hills District	2:13.44
3 Alex Bayliss	Winston Hills	2:25.40
4 gurshaan pannu	Kings Langley	2:40.46
5 James Harris	Hills District	2:53.47
6 Mitchell Salonga	Hills District	3:01.81
7 Matthew Timbs	Hills District	3:38.81

Boys U 17 - 800 Metre Run

Zone: Z 1:55.43 15/12/2019 Joshua Atkinson, Hills Dist		
Name	Age Centre	Final
1 Jake Astill	Hawkesbury City	2:12.57
2 Riley Christie	Winston Hills	2:20.96
3 Thomas Spencer	Rouse Hill Rams	2:27.89
4 Calem Fyfe	Rouse Hill Rams	2:31.99
5 Aidan Pospischil	Winston Hills	2:41.96
-- Isaac Dunlop	Hills District	DNS
-- Benjamin Kasozi	Hills District	DNS

Boys U 11 - 1500 Metre Run

Zone: Z 4:59.30 01/01/1982 P Stellino, Hills		
Name	Age Centre	Final
1 Rhys Bergan	Hills District	5:14.38
2 Tayem Reading	Winston Hills	5:18.30
3 Nate Appleyard	Winston Hills	5:23.16
4 Harvey Irvine	Winston Hills	5:31.63
5 Jensen Dowling	Rouse Hill Rams	5:33.93
6 Hudson Zammit	Hawkesbury City	5:40.53
7 Joshua Waddington	Winston Hills	5:45.71
8 Luka Hami-Razavi	Hills District	5:55.64
9 Reid Guenther	Rouse Hill Rams	5:59.52
10 Matthew Prettyman	Winston Hills	5:59.92
11 Mikhail Shaik	Kings Langley	6:00.29
12 Rafael Mokamba	Kings Langley	6:05.95
13 Oscar Liu	Hills District	6:12.01
14 Hamish Sandercoe	Kings Langley	6:14.69
15 Jake Prager	Rouse Hill Rams	6:15.16
16 Toby Newman	Hills District	6:19.56
17 Mason Chan	Hills District	6:22.40
18 Lincoln Sue-See	Kings Langley	6:26.07
19 Oliver White	Riverstone	6:28.57

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 11 - 1500 Metre Run**

20	Copper Currall	Hills District	6:36.42
21	Liam Woodhouse	Kings Langley	7:09.94
--	Noah Dunn	Hawkesbury City	DNS

Boys U 12 - 1500 Metre Run

Zone: Z 4:38.50 01/01/1983 N Stellino, Hills

Name	Age	Centre	Final
1	Ruari Mercer	Hills District	4:54.51
2	Cameron Batey	Hills District	4:55.26
3	Evan Dinsmore	Hills District	5:07.45
4	Carter Bergan	Hills District	5:18.83
5	Tomasz Grzybowski	Hills District	5:23.54
6	Michael Giffney	Kings Langley	5:32.24
7	Daniel Cheers	Hills District	5:33.34
8	Harley Van Middeldyk	Rouse Hill Rams	5:35.67
9	Fabrizio Mesiti	Hills District	5:49.87
10	Dominic Jurkovic	Hills District	5:53.31
11	Laylan Zammit	Hawkesbury City	5:53.41
12	Zane Cowper	Rouse Hill Rams	5:53.93
13	Flynn Islaub	Rouse Hill Rams	5:54.23
14	Lucas Mendonca	Hills District	6:17.15
15	Chenhao Geng	Hills District	6:36.81
16	Alexander Dennett	Hawkesbury City	6:38.48
--	Liam Banks	Riverstone	DNS

Boys U 13 - 1500 Metre Run

Zone: Z 4:39.80 12/12/2015 Joshua Atkinson, Hills Dist

Name	Age	Centre	Final
1	Beau Adams	Hills District	4:39.77Z
2	Xavier Zahra	Hills District	4:40.24
3	Luke Hoddinett	Winston Hills	4:59.73
4	Noah Falzon	Hills District	5:04.60
5	Joshua Barron	Hills District	5:18.80
6	Ned Francis	Winston Hills	5:19.89
7	Nishad Pandit	Hills District	5:22.28
8	Xavier Scheepers	Hills District	5:25.73
9	Samuel Jorgensen	Winston Hills	5:30.35
10	Jacob Storrie	Riverstone	5:31.60
11	Harrison Brennan	Rouse Hill Rams	5:35.94
12	Patrick Waddington	Winston Hills	5:35.96
13	Oliver Ohmsen	Riverstone	5:41.54
14	Brian Jack	Kings Langley	5:50.27
15	Ethan Gulliford	Hills District	5:56.05
16	Logan McCartney	Riverstone	5:57.20
--	Eshan Jayewardene	Hills District	DNS
--	Peter Cook	Rouse Hill Rams	DNS
--	Steffan Mare	Rouse Hill Rams	DNS
--	Ethan Odell	Rouse Hill Rams	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 14 - 1500 Metre Run**

Zone: Z 4:32.16 28/01/2012 Benjamin Thomson, Hills Dis			
Name	Age	Centre	Final
1 Oscar Turnbull		Rouse Hill Rams	4:49.52
2 Sehaj Bajwa		Rouse Hill Rams	4:50.66
3 Ryan Baker		Hills District	4:51.28
4 Tristan Daly		Hawkesbury City	5:27.70
5 Jordan Holden		Hills District	5:28.37
6 Riley Johnston		Hills District	5:40.76
7 Thomas Harkin		Hills District	5:55.64
8 Rhys Gulliford		Hills District	6:49.22
-- Andrew Cook		Rouse Hill Rams	DNS

Boys U 15 - 1500 Metre Run

Zone: Z 4:20.45 29/01/2005 J Kaan, Hills			
Name	Age	Centre	Final
1 Cameron Bloem		Hills District	4:28.70
-- Mitchell Salonga		Hills District	DNS
-- gurshaan pannu		Kings Langley	DNS

Boys U 17 - 1500 Metre Run

Zone: Z 4:18.70 14/12/2013 Ben Thomson, Hills District			
Name	Age	Centre	Final
1 Jake Astill		Hawkesbury City	4:44.09
2 Oliver Golding		Hills District	4:53.26
3 Calem Fyfe		Rouse Hill Rams	4:56.07
4 Riley Christie		Winston Hills	5:14.42
5 Thomas Spencer		Rouse Hill Rams	5:27.34
6 Aidan Pospischil		Winston Hills	5:35.15

Boys U 13 - 3000 Metre Run

Zone: Z 10:03.63 13/12/2019 Billy Mulvihill, Hills Dis			
Name	Age	Centre	Final
1 Beau Adams		Hills District	10:07.48
2 Noah Falzon		Hills District	10:43.36
3 Nishad Pandit		Hills District	11:21.21
4 Patrick Waddington		Winston Hills	11:22.41
5 Ned Francis		Winston Hills	11:58.14
6 Harrison Brennan		Rouse Hill Rams	12:14.00
7 Oliver Ohmsen		Riverstone	12:16.01
8 Joshua Barron		Hills District	12:24.16
9 Ammar Bin Shekeeb		Winston Hills	12:47.58
10 Logan McCartney		Riverstone	13:01.34
-- Brian Jack		Kings Langley	DNF
-- Xavier Zahra		Hills District	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 14 - 3000 Metre Run**

Zone: Z 9:50.38 28/01/2012 Benjamin Thomson, Hills Dis			
Name	Age Centre		Final
1 Ryan Baker	Hills District		10:43.29
-- Sehaj Bajwa	Rouse Hill Rams		DNS

Boys U 15 - 3000 Metre Run

Zone: Z 9:34.19 08/12/2012 Ben Thomson, Hills District			
Name	Age Centre		Final
1 Cameron Bloem	Hills District		10:40.54
2 Alex Bayliss	Winston Hills		11:43.98
-- Harrison Ferns	Hills District		DNS

Boys U 17 - 3000 Metre Run

Zone: Z 9:18.51 14/12/2013 Ben Thomson, Hills District			
Name	Age Centre		Final
1 Thomas Spencer	Rouse Hill Rams		11:20.73
2 Oliver Golding	Hills District		11:24.64
3 Aidan Pospischil	Winston Hills		12:28.79

Boys U 7-17 Marathon

Name	Age Centre		Final
1 Riverstone L	Riverstone		11.87
2 Winston Hills	Winston Hills		12.02
3 District Hills	Hills District		12.23
4 Hawkesbury City	Hawkesbury City		12.25
5 Rouse Hill	Rouse Hill Rams		12.91
6 Hawkesbury Police	Hawkesbury City		14.01
7 Kings Langley	Kings Langley		14.45
8 Hills Police	Hills District		47.54

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.00 10/12/2016 Saxon Ward, Hills District			
Name	Age Centre		Prelims
Heat 1 Heats			
1 Hudson Coombs	Rouse Hill Rams		13.00Q
2 Alexander Rothery	Riverstone		13.31Q
3 Cruz Keating	Rouse Hill Rams		13.47
4 Jacob Ure	Rouse Hill Rams		13.55
5 Leon Sama	Hills District		14.04
6 Kobi McKinnon	Hills District		14.17
7 Valluvin Nolan	Winston Hills		14.38
8 Chace Pilato	Hawkesbury City		16.53
Heat 2 Heats			
1 Charles Jokic	Hills District		11.61Q
2 TK Kilkenny	Winston Hills		11.93Q
3 Alfie Irvine	Winston Hills		12.06q

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

....Boys U 8 - 60 Metre Hurdles (45cm)

4	Jack Simai	Kings Langley	12.68q
5	Simon Odede	Rouse Hill Rams	12.99
6	Oscar Toose	Hills District	13.38
7	Jack Cordina	Hills District	13.59
8	Griffin Brincat	Riverstone	14.56

Heat 3 Heats

1	Charlie Crump	Rouse Hill Rams	12.30Q
2	Jett Ohmsen	Riverstone	12.37Q
3	James Chapman Read	Hills District	13.29
4	Rocco Iori	Riverstone	13.58
5	Kylan Geevasinga	Winston Hills	13.60
6	Evan Lobo	Winston Hills	13.66
7	Camden Baker	Hawkesbury City	14.42
8	Christian Mardian	Winston Hills	14.54

Boys U 8 - 60 Metre Hurdles (45cm)

Zone: Z 11.00 10/12/2016 Saxon Ward, Hills District

Name	Age Centre	Final
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Section 1 Final

1	Charlie Crump	Rouse Hill Rams	11.95
2	Charles Jokic	Hills District	12.03
3	TK Kilkenny	Winston Hills	12.04
4	Hudson Coombs	Rouse Hill Rams	12.18
5	Jett Ohmsen	Riverstone	12.31
6	Jack Simai	Kings Langley	12.86
7	Alfie Irvine	Winston Hills	12.88
8	Alexander Rothery	Riverstone	13.24

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.10 04/02/1995 C Nielson, Winston Hills

Name	Age Centre	Prelims
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Heat 1 Heats

1	Cooper Wan	Hills District	11.17Q
2	Orlando Borg	Rouse Hill Rams	11.42Q
3	Ethan Williams	Rouse Hill Rams	12.03Q
4	Max Arkins	Winston Hills	12.04q
5	Zachary Patten	Winston Hills	12.22q
6	Blaze Hakes	Hawkesbury City	12.29
7	Lucas Chen	Rouse Hill Rams	12.54
8	Lucas Baird	Winston Hills	12.67
9	Michael Woodhouse	Kings Langley	13.16
--	Charlie Vassallo	Hills District	DNS

Heat 2 Heats

1	Joshua West	Hills District	10.56Q
2	Patrick Morris	Winston Hills	11.23Q
3	Kai Cassar	Hills District	12.18Q
4	Hamish Clarke	Hills District	12.29
5	Oskar Tudberry	Winston Hills	12.63
6	George Stephanov	Hills District	12.82
7	Christian Castorina	Rouse Hill Rams	13.81
--	Julian Bazouni	Winston Hills	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 9 - 60 Metre Hurdles (45cm)**

-- Heman Nuro Rouse Hill Rams DNS

Boys U 9 - 60 Metre Hurdles (45cm)

Zone: Z 10.10 04/02/1995 C Nielson, Winston Hills

Name Age Centre Final

Section 1 Final

1	Joshua West	Hills District	10.86
2	Patrick Morris	Winston Hills	11.28
3	Cooper Wan	Hills District	11.34
4	Orlando Borg	Rouse Hill Rams	11.77
5	Max Arkins	Winston Hills	12.01
6	Ethan Williams	Rouse Hill Rams	12.06
7	Kai Cassar	Hills District	12.09
8	Zachary Patten	Winston Hills	12.41

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 9.60 07/12/1991 G O'Donnell, Richmond

Name Age Centre Prelims

Heat 1 Heats

1	Theodore Foggo	Winston Hills	11.48Q
2	Oliver Colless	Winston Hills	11.71Q
3	Cameron Salonga	Hills District	11.92Q
4	Declan Van Ross	Hills District	12.01q
5	Liam Hayden	Hills District	12.13q
6	Flynn Dennis	Winston Hills	12.55
7	Carter Brincat	Riverstone	12.57
8	Byron Thorburn	Hawkesbury City	14.61
--	Viaan Patel	Rouse Hill Rams	DNS

Heat 2 Heats

1	Ryan Panich	Hills District	10.86Q
2	Jordan Lazar	Hills District	12.91Q
3	William McDowall	Hills District	13.35Q
4	Victor Li	Winston Hills	13.50
5	Jonah Isherwood	Winston Hills	13.61
6	Joshua Keane	Winston Hills	14.12
7	Sharwin Mageshkumar	Kings Langley	14.40
8	Jacob Traill	Rouse Hill Rams	14.49
9	Dylan Pilato	Hawkesbury City	15.09

Boys U 10 - 60 Metre Hurdles (60cm)

Zone: Z 9.60 07/12/1991 G O'Donnell, Richmond

Name Age Centre Final

Section 1 Final

1	Ryan Panich	Hills District	10.86
2	Theodore Foggo	Winston Hills	11.04
3	Oliver Colless	Winston Hills	11.48
4	Liam Hayden	Hills District	11.89
5	Declan Van Ross	Hills District	12.34
6	Jordan Lazar	Hills District	12.77

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 10 - 60 Metre Hurdles (60cm)**

7 William McDowall	Hills District	13.56
-- Cameron Salonga	Hills District	DNF

Boys U 11 - 80 Metre Hurdles (60cm)

Zone: Z 13.78 15/12/2019 William Cetinic, Hills Distri

Name Age Centre Prelims

Heat 1 Heats

1 Chase Mattiazzo	Rouse Hill Rams	14.12Q
2 Elroy Strong	Hills District	14.52Q
3 Isaac Jorgensen	Winston Hills	16.32Q
4 Aarav Upadhyay	Hills District	16.42q
5 Connor Farrell	Hills District	17.70q
6 Orion Paki	Hills District	18.25
7 Carter Zapatero	Winston Hills	18.34
-- Nevan Wettimuny	Hills District	DNS

Heat 2 Heats

1 Vidyut Arulraj	Riverstone	14.69Q
2 Lucas Eustace	Rouse Hill Rams	14.87Q
3 Brady Roberts	Riverstone	17.03Q
4 Kaushal Karthikeya Devar	Winston Hills	18.20
5 Lincoln Sue-See	Kings Langley	18.24
6 Dhanesh Bala Vijayan	Winston Hills	20.69
-- Adeel Pokharel	Kings Langley	DNS
-- Hayden Knippler	Hills District	DNS

Boys U 11 - 80 Metre Hurdles (60cm)

Zone: Z 13.78 15/12/2019 William Cetinic, Hills Distri

Name Age Centre Final

Section 1 Final

1 Chase Mattiazzo	Rouse Hill Rams	14.42
2 Vidyut Arulraj	Riverstone	14.82
3 Lucas Eustace	Rouse Hill Rams	15.21
4 Elroy Strong	Hills District	15.45
5 Aarav Upadhyay	Hills District	16.11
6 Isaac Jorgensen	Winston Hills	16.83
7 Brady Roberts	Riverstone	18.06
-- Connor Farrell	Hills District	DNS

Boys U 12 - 80 Metre Hurdles (68cm)

Zone: Z 12.77 15/12/2019 Joshua Cetinic, Hills Distric

Name Age Centre Prelims

Heat 1 Heats

1 Tobias Jennings	Winston Hills	15.74Q
2 Owen Tong	Hills District	15.85Q
3 Heath Broughton	Hawkesbury City	16.44Q
4 Daniel Cheers	Hills District	17.19q
5 Beau Russell	Winston Hills	17.65
6 Dominic Jurkovic	Hills District	17.84
7 Lachlan Macheski	Winston Hills	18.00

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 12 - 80 Metre Hurdles (68cm)**

-- Cooper Keating	Rouse Hill Rams	DNS
Heat 2 Heats		
1 Jake Horsey	Hills District	14.85Q
2 Leon De Silva	Winston Hills	15.47Q
3 Riley McDonald	Rouse Hill Rams	16.43Q
4 Jarrod Robinson	Winston Hills	17.60q
5 Alexander Dennett	Hawkesbury City	19.01
6 Riley Stone	Riverstone	19.75
-- Reuben Nuro	Rouse Hill Rams	DNS
-- Chenhao Geng	Hills District	DNS

Boys U 12 - 80 Metre Hurdles (68cm)

=====			
Zone: Z 12.77 15/12/2019 Joshua Cetinic, Hills Distric			
Name	Age	Centre	Final
=====			
Section 1 Final			
1 Jake Horsey		Hills District	14.97
2 Owen Tong		Hills District	15.30
3 Leon De Silva		Winston Hills	15.68
4 Tobias Jennings		Winston Hills	15.72
5 Riley McDonald		Rouse Hill Rams	16.05
6 Heath Broughton		Hawkesbury City	16.47
7 Daniel Cheers		Hills District	16.70
8 Jarrod Robinson		Winston Hills	17.13

Boys U 13 - 80 Metre Hurdles (76cm)

=====			
Zone: Z 12.10 02/02/1997 A Abou-Mahmoud, Winston Hills			
Name	Age	Centre	Prelims
=====			
Heat 1 Heats			
1 Blake Spencer		Rouse Hill Rams	14.02Q
2 Mathew Robertson		Rouse Hill Rams	14.77Q
3 Samuel Jorgensen		Winston Hills	15.98Q
4 Luke Donaghy		Winston Hills	17.54
5 Harley Fyfe		Rouse Hill Rams	17.61
6 Magnus Myhre Fox		Hills District	18.14
7 Logan McCartney		Riverstone	18.88
-- Harrison Brennan		Rouse Hill Rams	DNS
Heat 2 Heats			
1 Jye Delaney-Fuller		Hawkesbury City	14.20Q
2 James Loughhead		Rouse Hill Rams	14.38Q
3 Ryan Haaf		Winston Hills	15.91Q
4 Brian Jack		Kings Langley	16.79q
5 Eshan Jayewardene		Hills District	17.36q
6 Rayan Mohammed		Riverstone	18.84
7 Callum Clarke		Hills District	19.00
-- Disas Akain Premachandra		Rouse Hill Rams	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 13 - 80 Metre Hurdles (76cm)**

Zone: Z 12.10 02/02/1997 A Abou-Mahmoud, Winston Hills			
Name	Age	Centre	Final
Section 1 Final			
1 Blake Spencer		Rouse Hill Rams	14.04
2 James Loughhead		Rouse Hill Rams	14.06
3 Jye Delaney-Fuller		Hawkesbury City	14.22
4 Mathew Robertson		Rouse Hill Rams	14.88
5 Samuel Jorgensen		Winston Hills	16.00
6 Ryan Haaf		Winston Hills	16.36
7 Brian Jack		Kings Langley	16.82
8 Eshan Jayewardene		Hills District	17.07

Boys U 14 - 90 Metre Hurdles (76cm)

Zone: Z 12.55 03/02/2008 N Hough, Hills			
Name	Age	Centre	Final
Section 1			
1 Charlie Andrews		Winston Hills	14.53
2 Flynn Van Middeldyk		Rouse Hill Rams	16.05
3 Cooper Thompson		Kings Langley	16.46
4 Andrew Cook		Rouse Hill Rams	16.76
5 Mitchell Klomp		Hills District	17.53
6 Connor Carter		Winston Hills	18.07
7 Thomas Robertson		Rouse Hill Rams	19.46

Boys U 15 - 100 Metre Hurdles (76cm)

Zone: Z 14.49 30/01/2005 C Burns, Hawkesbury City			
Name	Age	Centre	Final
1 William Cetinic		Hills District	16.35
2 Julian Freeland		Hills District	18.09

Boys U 17 - 110 Metre Hurdles (76cm)

Zone: Z 14.16 04/12/2022 Cameron Davies, Hawkesbury Ci			
Name	Age	Centre	Final
1 Caeleb Henderson		Winston Hills	15.01
2 Parker Bohman		Hills District	15.36
3 Conor McNeill		Hawkesbury City	16.11
4 Luke Williams		Hills District	17.01
5 Noah Baccan Ribeiro		Hills District	17.30
6 Matthew Cook		Rouse Hill Rams	17.94
7 Calem Fyfe		Rouse Hill Rams	19.65
-- Cillian Miller		Hills District	DNS
-- Liam Hayes		Hills District	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 13 - 200 Metre Hurdles (68cm)**

Zone: Z 28.30 01/01/1985 L Liaubon, Winston Hills			
Name	Age	Centre	Final
1 Jye Delaney-Fuller		Hawkesbury City	30.47
2 Blake Spencer		Rouse Hill Rams	30.49
3 Jacob Storrie		Riverstone	32.48
4 Samuel Jorgensen		Winston Hills	33.86
5 Ammar Bin Shekeeb		Winston Hills	35.08
6 Eshan Jayewardene		Hills District	35.27
7 Callum Clarke		Hills District	38.72
-- Magnus Myhre Fox		Hills District	DNS

Boys U 14 - 200 Metre Hurdles (76cm)

Zone: Z 25.41 02/02/2008 N Hough, Hills			
Name	Age	Centre	Final
1 Franklin Gaitanidis		Winston Hills	29.05
2 Lachlan Thomas		Winston Hills	29.38
3 Max Horsey		Hills District	29.39
4 Charlie Andrews		Winston Hills	29.42
5 Flynn Van Middeldyk		Rouse Hill Rams	30.71
6 Gabel Tan		Hills District	31.09
7 Cooper Thompson		Kings Langley	33.27
8 Lucas Ward		Kings Langley	34.17
-- Connor Carter		Winston Hills	DNS

Boys U 15 - 300 Metre Hurdles (76cm)

Zone: Z 44.55 28/01/2022 Noah Baccan Ribeiro, Hills Di			
Name	Age	Centre	Final
1 Julian Freelandier		Hills District	51.35

Boys U 17 - 300 Metre Hurdles (76cm)

Zone: Z 39.90 28/01/2022 Travis Hargrave, Hawkesbury C			
Name	Age	Centre	Final
1 Parker Bohman		Hills District	41.03
2 Conor McNeill		Hawkesbury City	45.90
3 Tory Emme		Hawkesbury City	53.65
4 Aidan Pospischil		Winston Hills	55.25

Boys U 13-14 100 Metre Multi Class Run

Name	Age	Centre	Final
1 Levi Douglass		Hawkesbury City	20.19 51.758

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 13-14 800 Metre Multi Class Run**

Zone: Z 4:16.00 04/12/2022 Levi Douglass, Hawkesbury C		
Name	Age Centre	Final
1 Ethan Odell	Rouse Hill Rams	3:15.57Z 56.200

Boys U 9-12 4x100 Metre Relay (Jnr)

Zone: Z 56.68 15/12/2019 Hills District, Hills Distric		
Centre		Final
1 Hills District		57.53
1) Joshua West 9	2) Weiyi Tang 12	
3) Ryan Panich 10	4) Ethan Foster 11	
2 Winston Hills		58.63
1) Patrick Morris 9	2) Oliver Dennis 10	
3) Tayem Reading 11	4) Leon De Silva 12	
3 Rouse Hill Rams		1:02.71
1) Koby Hughes 10	2) Riley McDonald 12	
3) Lucas Chen 9	4) Lucas Eustace 11	
4 Riverstone		1:02.95
1) Thys Aldaba 9	2) Vidyut Arulraj 11	
3) Jaxx Catelotti 10	4) Liam Banks 12	
5 Hawkesbury City		1:04.04
1) Cheyse Lye 9	2) Lincoln Davis 10	
3) Joshua Giles 11	4) Heath Broughton 12	

Boys U 12-17 4x100 Metre Relay (Snr)

Zone: Z 46.34 30/01/2022 Hills District, Hills Distric		
Centre	J Proudford, L Hayes, D Illangantilake, L Roche	Final
1 Hills District		48.50
1) Magnus Myhre Fox 13	2) Jack Proudford 15	
3) Jet Heah 14	4) Liam Hayes 17	
2 Winston Hills		50.08
1) Ryan Haaf 13	2) Franklin Gaitanidis 14	
3) Jude Staveley 15	4) Zachary Redwood 17	
3 Riverstone		50.19
1) Rayan Mohammed 13	2) Owen Garcia-Cloete 14	
3) Pazel Rodrigues 15	4) Nate Gill 17	
4 Rouse Hill Rams		51.76
1) Mathew Robertson 13	2) Calem Fyfe 17	
3) Oscar Turnbull 14	4) Akhil Hariharan 14	
5 Hawkesbury City		52.57
1) Tristan Daly 14	2) Jye Delaney-Fuller 13	
3) Jayden Hamilton-Shepperd 14	4) Conor McNeill 17	
6 Kings Langley		58.45
1) Brian Jack 13	2) Michael Giffney 12	
3) Alex Jack 14	4) Lucas Ward 14	

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 9 - High Jump (S/H 0.85m)**

Zone: Z 1.40m 10/12/2016 Joshua Hand, Winston Hills			
Name	Age	Centre	Final
Flight 1			
1 Liam Masters		Hills District	1.11m
2 Cooper Wan		Hills District	1.09m
3 Patrick Morris		Winston Hills	1.05m
3 Daly Goodsir		Hills District	1.05m
5 Blaze Hakes		Hawkesbury City	1.05m
6 Michael Whyte		Hills District	1.00m
7 Thomas Skinner		Winston Hills	1.00m
8 Jack Lambert		Hills District	1.00m
9 Zachary Bowie		Kings Langley	0.95m
10 Lincoln Bishop		Winston Hills	0.90m
11 Harry Russell		Winston Hills	0.90m
-- Alfie Dowling		Rouse Hill Rams	NH
-- Sebastian Romanous		Winston Hills	DNS
-- Cooper Saab		Winston Hills	DNS
-- Charlie Vassallo		Hills District	DNS
-- Heman Nuro		Rouse Hill Rams	DNS
-- Jamal Alkassem		Rouse Hill Rams	DNS

Boys U 10 - High Jump (S/H 0.95m)

Zone: Z 1.41m 01/01/1980 D Harris, P Town			
Name	Age	Centre	Final
1 Ryan Panich		Hills District	1.25m
2 Theodore Foggo		Winston Hills	1.23m
3 Carter Brincat		Riverstone	1.15m
4 Hunter Stewart		Riverstone	1.10m
5 Jonah Isherwood		Winston Hills	1.10m J
6 Levi Garnett		Rouse Hill Rams	1.10m J
7 Hugo Brown		Winston Hills	1.10m J
8 Harrison Duff		Winston Hills	1.05m
8 Noah Montesin		Hills District	1.05m
8 Caelan Dixon		Hills District	1.05m
8 Cameron Salonga		Hills District	1.05m
12 Jaxx Catelotti		Riverstone	1.05m
13 Jack Furno		Winston Hills	1.05m
14 Edward Loughhead		Rouse Hill Rams	1.00m
15 Lincoln Davis		Hawkesbury City	1.00m
16 Sebastian Joyce		Kings Langley	0.95m
16 Joshua Keane		Winston Hills	0.95m
16 Brodie Allan		Riverstone	0.95m
-- Byron Thorburn		Hawkesbury City	NH
-- Declan Van Ross		Hills District	DNS
-- Thilan Jayewardene		Hills District	DNS

Boys U 11 - High Jump (S/H 1.05m)

Zone: Z 1.50m 28/01/2006 J Edwards, Winston Hills			
Name	Age	Centre	Final
1 Ethan Foster		Hills District	1.27m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 11 - High Jump (S/H 1.05m)**

1	Isaac Jorgensen	Winston Hills	1.27m
3	Hugo Nolan	Hills District	1.25m
4	Elroy Strong	Hills District	1.23m
5	Tayem Reading	Winston Hills	1.17m
6	Vidyut Arulraj	Riverstone	1.10m
7	Orion Paki	Hills District	1.05m
--	Hudson Free	Riverstone	DNS
--	Cameron Downey	Hills District	DNS
--	Hayden Knippler	Hills District	DNS

Boys U 12 - High Jump (S/H 1.15m)

Zone: Z 1.52m 01/01/1988 N Wallington, Hills

Name	Age Centre	Final	
1	Jake Horsey	Hills District	1.40m
2	Israel Strong	Hills District	1.31m
3	Beau Russell	Winston Hills	1.29m
4	Solomon romanous	Winston Hills	1.27m
5	Oliver Thomas	Winston Hills	1.25m
6	Memphis Malong	Hills District	1.20m
6	Jackson Pepperall	Hawkesbury City	1.20m
6	Dominic Jurkovic	Hills District	1.20m
6	Alexander Nguyen	Winston Hills	1.20m
10	Riley McDonald	Rouse Hill Rams	1.15m
10	Jarrold Robinson	Winston Hills	1.15m
--	Flynn Islaub	Rouse Hill Rams	NH
--	Tyke Mapp-Ward	Hawkesbury City	NH
--	Heath Broughton	Hawkesbury City	NH
--	Evin Ayod Premachandra	Rouse Hill Rams	NH
--	Reuben Nuro	Rouse Hill Rams	DNS
--	Laylan Zammit	Hawkesbury City	DNS

Boys U 13 - High Jump (S/H 1.20m)

Zone: Z 1.78m 02/02/1991 P Jackson, Richmond

Name	Age Centre	Final	
1	Taine Katalinic	Winston Hills	1.58m
2	Samuel Jorgensen	Winston Hills	1.42m
3	James Loughhead	Rouse Hill Rams	1.40m
4	Ned Francis	Winston Hills	1.32m
5	Tanay Ram Kolluru	Rouse Hill Rams	1.30m
6	Ryan Haaf	Winston Hills	1.25m
6	Joshua Barron	Hills District	1.25m
8	Peter Cook	Rouse Hill Rams	1.20m
--	Aidan Studders	Hawkesbury City	DNS
--	Harley Fyfe	Rouse Hill Rams	DNS

Boys U 14 - High Jump (S/H 1.25m)

Zone: Z 1.72m 27/10/2003 M Claridge, Hills

Name	Age Centre	Final	
1	Mekaeel Khan	Hills District	1.53m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 14 - High Jump (S/H 1.25m)**

2	Lachlan Thomas	Winston Hills	1.51m
3	Max Horsey	Hills District	1.49m
4	Akhil Hariharan	Rouse Hill Rams	1.49m
5	Lachlan Albert	Hills District	1.47m
6	Cory Mardling	Winston Hills	1.47m
7	Cooper Thompson	Kings Langley	1.40m
7	Liam Hewitt	Rouse Hill Rams	1.40m
9	Lucas Ward	Kings Langley	1.35m
10	Connor Carter	Winston Hills	1.35m
11	Mitchell Klomp	Hills District	1.35m
12	Charlie Andrews	Winston Hills	1.35m
13	Jayden Hamilton-Shepperd	Hawkesbury City	1.30m
--	Hayden Greenwood	Hills District	NH
--	Andrew Cook	Rouse Hill Rams	DNS

Boys U 15 - High Jump (S/H 1.25m)

=====
 Zone: Z 1.85m 29/01/2005 R Webster, Winston Hills

Name	Age	Centre	Final
1	Mason Rawhiti	Hills District	1.60m
2	Aarush Anandh	Hills District	1.58m
3	William Cetinic	Hills District	1.50m
4	Tayga Sevdimbass	Hills District	1.48m
4	Jhett Neal-Caldbeck	Hawkesbury City	1.48m J
6	Kevin Ng	Hills District	1.46m
7	Cooper Finch	Hills District	1.35m

Boys U 17 - High Jump (S/H 1.30m)

=====
 Zone: Z 1.84m 08/12/2018 Omar Nadaya-Harb, Winston Hill

Name	Age	Centre	Final
1	Luca de Burnay Thompson	Hawkesbury City	1.80m
2	Jedi Strong	Hills District	1.80m
2	Liam Grant	Winston Hills	1.80m
4	Nate Gill	Riverstone	1.75m
5	Isaac Chevalier	Winston Hills	1.73m
6	Matthew Cook	Rouse Hill Rams	1.60m
7	Josh Conklin	Hills District	1.60m
8	Cillian Miller	Hills District	1.55m
9	Isaac Dunlop	Hills District	1.55m
10	Leo Gravis	Winston Hills	1.50m
11	Thomas Spencer	Rouse Hill Rams	1.45m
--	Yulin Li	Winston Hills	DNS

Boys U 13-14 Jumps Relay

Name	Age	Centre	Final
1	Levi Douglass	Hawkesbury City	6.02m 9.277

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 7 - Long Jump**

Zone: Z 3.59m 01/01/1988 G.Wells, Winston Hills			
Name	Age	Centre	Final
1 William Fallins		Winston Hills	3.03m
2 Thomas Varnhed		Winston Hills	2.85m
3 Lincoln Panich		Hills District	2.81m
4 Cooper Smith		Winston Hills	2.73m
4 Xavier Newlove		Hills District	2.73m
6 Naren Arulraj		Riverstone	2.70m
7 Hudson Bennett		Kings Langley	2.56m
8 Liam Buttrey		Hills District	2.55m
9 Lingrui Zhang		Hills District	2.54m
10 Brooklyn bishop		Winston Hills	2.49m
11 Gurmaan Sandhu		Hills District	2.38m
12 Thomas Hitchen		Hawkesbury City	2.27m
13 Mack Mulligan		Rouse Hill Rams	2.20m
14 Harry Day		Riverstone	1.80m
15 Carter Smith		Hills District	1.77m
-- Reuben Popham		Hawkesbury City	DNS
-- Charles Hamilton-Foster		Winston Hills	DNS
-- Soren Hendry		Winston Hills	DNS

Boys U 8 - Long Jump

Zone: Z 3.95m 01/01/1985 C Pound, Winston Hills			
Name	Age	Centre	Final
1 Charles Jokic		Hills District	3.41m
2 Jack Simai		Kings Langley	3.27m
3 Hunter Pepperall		Hawkesbury City	3.15m
4 Levi Thorburn		Hawkesbury City	3.09m
5 Jett Ohmsen		Riverstone	3.08m
6 Krishiv Sathyendrakajan		Winston Hills	2.98m
7 Hunter Higgans		Hawkesbury City	2.91m
8 James Chapman Read		Hills District	2.85m
9 Isaac Talivakaola		Kings Langley	2.69m
10 Oscar Toose		Hills District	2.68m
11 Charlie Crump		Rouse Hill Rams	2.66m
12 Christian Mardian		Winston Hills	2.65m
13 Simon Odede		Rouse Hill Rams	2.63m
14 Cyrus Jebelli		Hills District	2.57m
15 Jason Rademeyer		Rouse Hill Rams	2.55m
16 Ryley Rademeyer		Rouse Hill Rams	2.54m
17 Elekana Savea		Riverstone	2.52m
18 Aiden Warth		Winston Hills	2.51m
19 Samuel Waddington		Winston Hills	2.46m
20 Ben Chapple		Hills District	2.37m
21 Camden Baker		Hawkesbury City	2.35m
22 Chace Pilato		Hawkesbury City	2.31m
22 Alexander Rothery		Riverstone	2.31m
24 Rhys Webber		Winston Hills	2.00m
25 Jack Sue-See		Kings Langley	1.83m
-- Emmanuel Gittany		Hills District	ND
-- Django Joseph		Winston Hills	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 9 - Long Jump**

Zone: Z 4.27m 01/01/1988 P Wallington, Winston Hills			
Name	Age	Centre	Final
1	Daly Goodsir	Hills District	3.73m
2	Cooper Wan	Hills District	3.58m
3	Lucas Chen	Rouse Hill Rams	3.54m
4	John Angleinas	Hills District	3.29m
5	Ben Audsley	Winston Hills	3.28m
6	Liam Masters	Hills District	3.26m
7	Orlando Borg	Rouse Hill Rams	3.20m
7	Cheyse Lye	Hawkesbury City	3.20m
9	Kade Murray	Riverstone	3.13m
10	George Stephanov	Hills District	3.12m
11	Benjamin Backhouse	Hawkesbury City	3.06m
12	Kai Cassar	Hills District	3.05m
13	Zachary Bowie	Kings Langley	3.04m
14	Archie Zammit	Hawkesbury City	2.92m
15	Harry Russell	Winston Hills	2.87m
16	Cooper Saab	Winston Hills	2.86m
17	Harry Prettyman	Winston Hills	2.85m
18	Jeremiah Keteku	Rouse Hill Rams	2.82m
19	Thomas Skinner	Winston Hills	2.80m
20	Lincoln Bishop	Winston Hills	2.56m

Boys U 10 - Long Jump

Zone: Z 4.53m 01/01/1984 B Courtney, Hills			
Name	Age	Centre	Final
1	Ryan Panich	Hills District	4.00m
2	Jason Yu	Hills District	3.91m
3	Noah Montesin	Hills District	3.84m
4	Jaxx Catelotti	Riverstone	3.83m
4	Theodore Foggo	Winston Hills	3.83m
6	Oliver Colless	Winston Hills	3.80m
7	Carter Brincat	Riverstone	3.73m
8	Lincoln Odede	Rouse Hill Rams	3.66m
9	Victor Li	Winston Hills	3.58m
10	Levi Garnett	Rouse Hill Rams	3.54m
11	Isaac Rizk	Hills District	3.50m
11	Hugo Brown	Winston Hills	3.50m
13	Euan Macgregor	Hawkesbury City	3.49m
14	Oliver James	Hills District	3.39m
15	Dylan Kennedy	Winston Hills	3.30m
15	Jaxon Long	Hawkesbury City	3.30m
17	Hunter Stewart	Riverstone	3.21m
18	Edward Loughhead	Rouse Hill Rams	3.18m
19	Lincoln Davis	Hawkesbury City	3.16m
20	Cohen Islaub	Rouse Hill Rams	3.13m
21	Evan Rogulski	Hills District	3.11m
22	Brodie Young	Winston Hills	2.94m
22	Sebastian Joyce	Kings Langley	2.94m
--	Viaan Patel	Rouse Hill Rams	DNS
--	Braxton Csokonay	Rouse Hill Rams	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 11 - Long Jump**

Zone: Z 5.06m 01/01/1986 T Henry, Winston Hills			
Name	Age	Centre	Final
1 Sebastian Bush		Hills District	4.54m
2 Ethan Foster		Hills District	4.09m
3 Heath Valle		Rouse Hill Rams	3.70m
4 Mikhail Shaik		Kings Langley	3.56m
5 Isaac Jorgensen		Winston Hills	3.47m
6 Callum Gream		Rouse Hill Rams	3.46m
7 Luca Hagenson		Riverstone	3.36m
8 Brady Roberts		Riverstone	3.34m
9 Aniket Aiyar		Winston Hills	3.16m
10 Ashton Sebastian		Hills District	3.15m
11 Aarav Upadhyay		Hills District	3.13m
12 Orion Paki		Hills District	3.10m
13 Lincoln Sue-See		Kings Langley	2.23m
-- Hayden Knipler		Hills District	DNS
-- Noah Giles		Hawkesbury City	DNS
-- Hudson Free		Riverstone	DNS

Boys U 12 - Long Jump

Zone: Z 5.10m 01/01/1986 B Courtney, Hills			
Name	Age	Centre	Final
1 Weiyi Tang		Hills District	4.61m
2 Alexander Nguyen		Winston Hills	4.34m
3 Heath Broughton		Hawkesbury City	4.30m
4 Curtis Wan		Hills District	4.19m
5 Jake Horsey		Hills District	4.18m
6 Israel Strong		Hills District	4.15m
7 Owen Tong		Hills District	4.06m
8 Dominic Jurkovic		Hills District	3.71m
9 Evin Ayod Premachandra		Rouse Hill Rams	3.70m
9 Liam Banks		Riverstone	3.70m
11 Riley McDonald		Rouse Hill Rams	3.65m
12 Jake Donovan		Winston Hills	3.58m
13 Sebastian Haines		Hills District	3.53m
14 Tobias Jennings		Winston Hills	3.52m
15 Lucas Mendonca		Hills District	3.44m
16 Tyke Mapp-Ward		Hawkesbury City	3.23m
17 Zane Cowper		Rouse Hill Rams	3.03m
18 Alexander Dennett		Hawkesbury City	2.63m
-- Cooper Keating		Rouse Hill Rams	DNS
-- Reuben Nuro		Rouse Hill Rams	DNS
-- Beau Russell		Winston Hills	DNS
-- Daniel Cheers		Hills District	DNS

Boys U 13 - Long Jump

Zone: Z 5.37m 11/12/2016 Patrick Spence, Winston Hills			
Name	Age	Centre	Final
1 Taine Katalinic		Winston Hills	4.97m
2 Jye Delaney-Fuller		Hawkesbury City	4.74m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

....Boys U 13 - Long Jump

3	Elijah Zackey	Hills District	4.65m
4	Blake Spencer	Rouse Hill Rams	4.57m
5	Khai Aldaba	Riverstone	4.28m
6	James Loughhead	Rouse Hill Rams	4.15m
6	Brian Jack	Kings Langley	4.15m
8	Xavier Scheepers	Hills District	4.06m
9	Luke Donaghy	Winston Hills	4.02m
9	Tristan Prosser-Shaw	Kings Langley	4.02m
11	Mathew Robertson	Rouse Hill Rams	3.84m
12	Jacob Storrie	Riverstone	3.75m
13	Oliver Ohmsen	Riverstone	3.58m
14	Nathan Hall-O'Dwyer	Rouse Hill Rams	3.47m
--	Aidan Studders	Hawkesbury City	DNS
--	Luke Wallbridge	Hills District	DNS
--	Peter Cook	Rouse Hill Rams	DNS
--	Samuel Dunn	Hawkesbury City	DNS
--	Eshan Jayewardene	Hills District	DNS

Boys U 14 - Long Jump

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 Zone: Z 5.90m 10/12/2017 Sylvester Amon, Rouse Hill
 Name Age Centre Final
 =====

1	Jet Heah	Hills District	5.58m
2	Akhil Hariharan	Rouse Hill Rams	5.20m
3	Max Horsey	Hills District	5.18m
4	Liam Hewitt	Rouse Hill Rams	4.97m
5	Lachlan Albert	Hills District	4.74m
6	Cory Mardling	Winston Hills	4.73m
6	Andrew Cook	Rouse Hill Rams	4.73m
8	Owen Garcia-Cloete	Riverstone	4.70m
9	Flynn Van Middeldyk	Rouse Hill Rams	4.48m
10	Tristan Daly	Hawkesbury City	4.19m
11	Nate Bultitude	Hills District	4.15m
12	Aaron Chevalier	Winston Hills	4.09m
13	Lucas Ward	Kings Langley	4.04m
14	Mitchell Klomp	Hills District	4.02m
15	Connor Carter	Winston Hills	3.91m
16	Alex Jack	Kings Langley	3.63m
--	Noah Scerri	Winston Hills	DNS
--	Hudson Kennedy	Riverstone	DNS
--	Riley Johnston	Hills District	DNS

Boys U 15 - Long Jump

=====
 Zone: Z 6.06m 03/12/2022 Liam Hayes, Hills District
 Name Age Centre Final
 =====

1	William Cetinic	Hills District	5.39m
2	Cooper Finch	Hills District	5.29m
3	Mason Rawhiti	Hills District	5.17m
4	Jacob Sugumaran	Winston Hills	5.00m
5	Elliot Fletcher	Winston Hills	4.98m
6	Nicholas McNally	Hills District	4.85m
7	Dean Grant	Winston Hills	4.79m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 15 - Long Jump**

8 Kevin Ng	Hills District	4.37m
9 Jacobus Vittor	Hills District	4.17m
10 Jhett Neal-Caldbeck	Hawkesbury City	4.09m
11 Ruhan Kalal	Kings Langley	3.45m
12 Ashwin Ramaswamy	Hills District	2.12m
-- Douglas Windress	Hills District	DNS

Boys U 17 - Long Jump

Zone: Z 6.55m 14/12/2013 Jordan Coleman, Hills Distric

Name	Age Centre	Final
1 Luca de Burnay Thompson	Hawkesbury City	6.79mZ
2 Liam Hayes	Hills District	6.44m
3 Caeleb Henderson	Winston Hills	6.01m
3 Zachary Redwood	Winston Hills	6.01m
5 Nate Gill	Riverstone	5.89m
6 Isaac Chevalier	Winston Hills	5.75m
7 Leo Gravis	Winston Hills	5.68m
8 Matthew Cook	Rouse Hill Rams	5.41m
9 Josh Conklin	Hills District	5.27m
10 Conor McNeill	Hawkesbury City	5.17m
11 Parker Bohman	Hills District	5.16m
12 Isaac Dunlop	Hills District	3.92m
-- Cooper Thorpe	Hills District	DNS
-- Lawson Cunningham	Winston Hills	DNS
-- Yulin Li	Winston Hills	DNS
-- Benjamin Kasozi	Hills District	DNS

Boys U 11 - Triple Jump

Zone: Z 10.12m 29/01/2005 N Hough, Hills

Name	Age Centre	Final
1 Sebastian Bush	Hills District	9.34m
2 Vidyut Arulraj	Riverstone	9.31m
3 Isaac Jorgensen	Winston Hills	8.33m
4 Hugo Nolan	Hills District	8.07m
5 Harvey Irvine	Winston Hills	7.85m
6 Liam Keane	Winston Hills	7.75m
7 Jordan Mardian	Winston Hills	7.63m
8 Rafael Mokamba	Kings Langley	7.45m
9 Brady Roberts	Riverstone	6.96m
10 Oliver White	Riverstone	6.79m
11 Connor Farrell	Hills District	6.73m
12 Luka Hami-Razavi	Hills District	6.63m
13 Darcy Mitchell	Hills District	6.49m
14 Liam Woodhouse	Kings Langley	5.44m
-- Orion Paki	Hills District	FOUL
-- Chase Mattiazzo	Rouse Hill Rams	DNS
-- Noah Dunn	Hawkesbury City	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 12 - Triple Jump**

Zone: Z 10.77m 30/01/2011 F Adutwum, Quakers Hill			
Name	Age	Centre	Final
1	Weiye Tang	Hills District	10.86mZ
2	Alexander Nguyen	Winston Hills	9.70m
3	Liam Banks	Riverstone	9.11m
4	Curtis Wan	Hills District	8.91m
5	Owen Tong	Hills District	8.84m
6	Cameron Batey	Hills District	8.72m
7	Carter Bergan	Hills District	8.48m
8	Jake Horsey	Hills District	8.37m
9	Evan Dinsmore	Hills District	8.32m
10	Jarrold Robinson	Winston Hills	8.20m
11	Dominic Jurkovic	Hills District	8.14m
12	Heath Broughton	Hawkesbury City	8.07m
13	Evin Ayod Premachandra	Rouse Hill Rams	8.06m
14	Riley McDonald	Rouse Hill Rams	7.82m
15	Tobias Jennings	Winston Hills	7.37m
16	Zane Cowper	Rouse Hill Rams	7.08m
17	Riley Stone	Riverstone	6.65m
--	Tyke Mapp-Ward	Hawkesbury City	DNS
--	Laylan Zammit	Hawkesbury City	DNS
--	Beau Russell	Winston Hills	DNS

Boys U 13 - Triple Jump

Zone: Z 11.76m 27/01/2007 N Hough, Hills			
Name	Age	Centre	Final
1	Taine Katalinic	Winston Hills	10.45m
2	Blake Spencer	Rouse Hill Rams	9.96m
3	Jye Delaney-Fuller	Hawkesbury City	9.83m
4	Khai Aldaba	Riverstone	9.08m
5	Luke Hoddinett	Winston Hills	9.02m
6	Disas Akain Premachandra	Rouse Hill Rams	8.99m
7	Magnus Myhre Fox	Hills District	8.81m
8	Peter Cook	Rouse Hill Rams	8.71m
9	Xavier Scheepers	Hills District	8.66m
10	Ryan Haaf	Winston Hills	8.28m
11	Luke Donaghy	Winston Hills	8.27m
12	Archie Fisher	Winston Hills	8.02m
13	Patrick Waddington	Winston Hills	7.12m
--	Samuel Dunn	Hawkesbury City	DNS
--	Aidan Studders	Hawkesbury City	DNS
--	Owen Lane	Hills District	DNS
--	Xavier Diamond	Rouse Hill Rams	DNS

Boys U 14 - Triple Jump

Zone: Z 12.27m 09/12/2017 Sylvester Amon, Rouse Hill			
Name	Age	Centre	Final
1	Flynn Van Middeldyk	Rouse Hill Rams	10.55m
2	Cory Mardling	Winston Hills	10.19m
3	Andrew Cook	Rouse Hill Rams	10.17m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 14 - Triple Jump**

4	Aaron Chevalier	Winston Hills	9.69m
5	Lucas Ward	Kings Langley	9.62m
6	Nate Bultitude	Hills District	9.40m
7	Mitchell Klomp	Hills District	9.13m
8	Cooper Thompson	Kings Langley	9.00m
9	Tristan Daly	Hawkesbury City	8.87m
10	Connor Carter	Winston Hills	8.67m
11	Noah Scerri	Winston Hills	7.54m
--	Hudson Kennedy	Riverstone	DNS
--	Lachlan Thomas	Winston Hills	DNS

Boys U 15 - Triple Jump

=====			
Zone: Z 12.58m 04/12/2022 Liam Hayes, Hills District			
Name	Age	Centre	Final
=====			
1	Cooper Finch	Hills District	10.95m
2	Alex Bayliss	Winston Hills	10.61m
3	Aarush Anandh	Hills District	9.92m
4	Jhett Neal-Caldbeck	Hawkesbury City	9.69m
5	Mitchell Salonga	Hills District	9.51m
--	Ashwin Ramaswamy	Hills District	DNS
--	Julian Freeland	Hills District	DNS

Boys U 17 - Triple Jump

=====			
Zone: Z 13.15m 02/12/2022 Faris Khan, Hills District			
Name	Age	Centre	Final
=====			
1	Luca de Burnay Thompson	Hawkesbury City	13.13m
2	Zachary Redwood	Winston Hills	12.20m
3	Conor McNeill	Hawkesbury City	12.18m
4	Nate Gill	Riverstone	12.04m
5	Leo Gravis	Winston Hills	11.59m
6	Matthew Cook	Rouse Hill Rams	11.46m
7	Caeleb Henderson	Winston Hills	11.21m
8	Tory Emme	Hawkesbury City	9.47m
--	Liam Hayes	Hills District	DNS
--	Dhanvin Bajeev	Rouse Hill Rams	DNS
--	Yulin Li	Winston Hills	DNS

Boys U 7 - Shot Put (1.0 Kg)

=====			
Zone: Z 9.50m 13/12/2014 Lachlan Metcalfe, Kings Langl			
Name	Age	Centre	Final
=====			
1	Benjamin Morgan	Hills District	6.16m
2	Mack Mulligan	Rouse Hill Rams	5.67m
3	Gurmaan Sandhu	Hills District	5.58m
4	Lincoln Panich	Hills District	5.33m
5	William Fallins	Winston Hills	4.77m
6	Xavier Newlove	Hills District	4.34m
7	Tommy Yuan	Hills District	4.17m
8	Liam Buttrey	Hills District	4.13m
9	Soren Hendry	Winston Hills	3.95m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 7 - Shot Put (1.0 Kg)**

10 Archer Fahey	Winston Hills	3.92m
11 Hunter Skinner	Winston Hills	2.77m
-- Charles Hamilton-Foster	Winston Hills	DNS
-- Jacob Forsberg	Winston Hills	DNS
-- Harry Day	Riverstone	DNS
-- ayden carulli	Riverstone	DNS

Boys U 8 - Shot Put (1.5 Kg)

Zone: Z 9.04m 12/12/2015 Lachlan Metcalfe, Kings Langl		
Name	Age Centre	Final
1 Emmanuel Gittany	Hills District	5.83m
2 Charlie Crump	Rouse Hill Rams	5.71m
3 James Chapman Read	Hills District	5.49m
4 Krishiv Sathyendrakajan	Winston Hills	5.38m
5 Alexander Rothery	Riverstone	5.06m
6 Bryson Gauci	Riverstone	5.04m
7 Lachlan Portelli	Rouse Hill Rams	4.95m
8 Christopher Layman	Hills District	4.53m
9 Cyrus Jebelli	Hills District	4.51m
10 Issac Ryan	Hills District	4.44m
11 Raphael Lobo	Hills District	4.43m
12 Evan Lobo	Winston Hills	3.73m
13 Valluvin Nolan	Winston Hills	3.57m
-- Samuel Waddington	Winston Hills	DNS

Boys U 9 - Shot Put (2.0 Kg)

Zone: Z 9.70m 29/01/2005 T Moerea, Winston Hills		
Name	Age Centre	Final
1 Joshua West	Hills District	7.40m
2 Ashton Delmage	Hills District	6.65m
3 Leonardo Borgiani	Rouse Hill Rams	6.42m
4 Matthew Kalina	Hills District	6.20m
5 Lazar Dimic	Riverstone	6.07m
6 Alfie Dowling	Rouse Hill Rams	5.96m
7 Dane Johnson	Winston Hills	5.71m
8 Kade Murray	Riverstone	5.59m
9 Ben Audsley	Winston Hills	5.54m
10 Blaze Hakes	Hawkesbury City	5.23m
10 Michael Woodhouse	Kings Langley	5.23m
12 Hamish Clarke	Hills District	4.91m
13 Ismaeel Khan	Hills District	4.75m
14 Levi Moala	Winston Hills	4.66m
15 Thomas Skinner	Winston Hills	4.49m
-- Jack Lambert	Hills District	DNS

Boys U 10 - Shot Put (2.0 Kg)

Zone: Z 11.25m 26/01/2003 M Teina, Winston Hills		
Name	Age Centre	Final
1 Hugo Brown	Winston Hills	8.75m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 10 - Shot Put (2.0 Kg)**

2	Caelan Dixon	Hills District	8.42m
3	Ryan Panich	Hills District	8.39m
4	Flynn Howard	Hills District	7.69m
5	Oliver Colless	Winston Hills	7.28m
6	Noah Montessin	Hills District	7.14m
7	Zane Rodrick	Rouse Hill Rams	6.80m
8	Brody Gauci	Riverstone	6.72m
9	Hunter Stewart	Riverstone	6.25m
10	Harrison Duff	Winston Hills	6.20m
11	Dylan Pilato	Hawkesbury City	6.12m
12	Evan Rogulski	Hills District	6.08m
13	Luca D'Urso	Hills District	6.03m
14	Lincoln Odede	Rouse Hill Rams	5.74m
15	Brodie Young	Winston Hills	5.41m
16	Joshua Keane	Winston Hills	4.58m
--	Robert Bishop	Winston Hills	DNS

Boys U 11 - Shot Put (2.0 Kg)

=====			
Zone: Z 13.22m 31/01/2004 M Teina, Winston Hills			
Name	Age	Centre	Final
=====			
1	Harvey Irvine	Winston Hills	8.35m
2	Jordan Mardian	Winston Hills	7.62m
3	Ryan J Scanes	Rouse Hill Rams	7.28m
4	Aarav Upadhyay	Hills District	6.99m
5	Reid Guenther	Rouse Hill Rams	6.37m
6	Christopher Timbs	Hills District	6.17m
7	Mitchell Greenwood	Hills District	6.14m
8	Darcy Mitchell	Hills District	6.07m
9	Riley Free	Hills District	5.34m
10	Jake Prager	Rouse Hill Rams	4.99m
11	Dhanesh Bala Vijayan	Winston Hills	4.80m
12	Carter Zapatero	Winston Hills	4.31m
--	Adeel Pokharel	Kings Langley	DNS
--	Cameron Downey	Hills District	DNS

Boys U 12 - Shot Put (2.0 Kg)

=====			
Zone: Z 13.12m 09/12/2018 Benjamin Kasozi, Hills Distr			
Name	Age	Centre	Final
=====			
1	Evin Ayod Premachandra	Rouse Hill Rams	11.13m
2	Weiyi Tang	Hills District	10.93m
3	Michael Giffney	Kings Langley	10.55m
4	Ronan Phung	Hills District	8.18m
5	Alexander Nguyen	Winston Hills	8.11m
6	Oliver Thomas	Winston Hills	7.10m
7	Brendan Traill	Rouse Hill Rams	6.78m
8	Tobias Jennings	Winston Hills	6.68m
9	Riley Stone	Riverstone	5.75m
--	Peiu Viko	Winston Hills	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 13 - Shot Put (3.0 Kg)**

Zone: Z 16.34m 05/02/1994 S Novkovic, WInston Hills			
Name	Age	Centre	Final
1 Hayden Free		Hills District	11.54m
2 Gabriel Plummer		Hills District	10.49m
3 Taine Katalinic		Winston Hills	10.11m
4 Roman Iori		Riverstone	9.43m
5 Dylan Mcdonald		Rouse Hill Rams	8.32m
6 Mathew Robertson		Rouse Hill Rams	8.10m
7 Nathan Hall-O'Dwyer		Rouse Hill Rams	6.16m

Boys U 14 - Shot Put (3.0 Kg)

Zone: Z 16.16m 13/12/2014 Jandamurra Stewart, Winston			
Name	Age	Centre	Final
1 Aaron Chevalier		Winston Hills	9.74m
2 Franklin Gaitanidis		Winston Hills	9.60m
3 Alex Jack		Kings Langley	9.25m
4 Hayden Greenwood		Hills District	8.55m
5 Thomas Robertson		Rouse Hill Rams	8.23m
6 Zac Johnson		Riverstone	8.07m
7 Connor Carter		Winston Hills	7.93m
-- Jayden Hamilton-Shepperd		Hawkesbury City	DNS
-- Hudson Kennedy		Riverstone	DNS

Boys U 15 - Shot Put (4.0 Kg)

Zone: Z 17.34m 30/01/1988 M Sowden, Riverstone			
Name	Age	Centre	Final
1 Keegan Free		Hills District	14.16m
2 Tayga Sevdimbis		Hills District	10.78m
3 Jacob Sugumaran		Winston Hills	9.59m
4 Cooper Finch		Hills District	9.52m
5 Jacobus Vittor		Hills District	9.39m
6 Marcus Catford		Hills District	9.02m
7 Mitchell Salonga		Hills District	7.55m

Boys U 17 - Shot Put (5.0 Kg)

Zone: Z 15.34m 31/01/2009 M Teina, Winston Hills			
Name	Age	Centre	Final
1 Daniel Kasozi		Hills District	14.52m
2 Dhanvin Bajeev		Rouse Hill Rams	9.48m
3 Tory Emme		Hawkesbury City	8.55m
-- Brandon Viko		Winston Hills	DNS
-- Benjamin Kasozi		Hills District	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 7 - Discus (350 Gram)**

Zone: Z 27.67m 14/12/2014 Lachlan Metcalfe, Kings Lang			
Name	Age	Centre	Final
1 Benjamin Morgan		Hills District	12.97m
2 Lincoln Panich		Hills District	12.32m
3 Mack Mulligan		Rouse Hill Rams	11.86m
4 Cooper Smith		Winston Hills	11.00m
5 Liam Buttrey		Hills District	10.36m
6 Charles Hamilton-Foster		Winston Hills	10.16m
7 Harry Day		Riverstone	8.80m
8 Yuwen Subrmanian		Hills District	8.64m
9 brooklyn bishop		Winston Hills	7.99m
10 Nash Hauwai		Rouse Hill Rams	7.91m
11 Finn Sweeney		Riverstone	6.48m
12 Purvek Shridhar		Hills District	5.78m
13 Hudson Bennett		Kings Langley	5.39m
14 Milan Shivdas		Hills District	4.87m
-- ayden carulli		Riverstone	DNS
-- Lachlan Bouquet		Winston Hills	DNS
-- Thomas Hitchen		Hawkesbury City	DNS
-- Hunter Skinner		Winston Hills	DNS

Boys U 8 - Discus (500 Gram)

Zone: Z 27.86m 30/01/2000 S Dhaliwal, Quakers Hill			
Name	Age	Centre	Final
1 Lachlan Portelli		Rouse Hill Rams	18.30m
2 James Chapman Read		Hills District	14.16m
3 Oscar Toose		Hills District	14.03m
4 Evan Lobo		Winston Hills	13.51m
5 Christopher Layman		Hills District	12.49m
6 Emmanuel Gittany		Hills District	12.43m
7 Ryley Rademeyer		Rouse Hill Rams	11.51m
8 Chace Pilato		Hawkesbury City	10.72m
9 Aarush Sharma		Rouse Hill Rams	10.15m
10 Samuel Waddington		Winston Hills	9.87m
11 Jason Rademeyer		Rouse Hill Rams	9.71m
12 Camden Baker		Hawkesbury City	9.65m
13 Rocco Iori		Riverstone	9.58m
14 Aiden Warth		Winston Hills	8.40m
15 Bryson Gauci		Riverstone	8.13m
16 Ethan Clark		Hills District	8.02m
17 Krishiv Sathyendrakajan		Winston Hills	7.77m
-- Kobi McKinnon		Hills District	FOUL

Boys U 9 - Discus (500 Gram)

Zone: Z 30.83m 30/01/2005 T Moerea, Winston Hills			
Name	Age	Centre	Final
1 Ashton Delmage		Hills District	23.66m
2 Lazar Dimic		Riverstone	22.94m
3 Leonardo Borgiani		Rouse Hill Rams	19.82m
4 Max Arkins		Winston Hills	15.83m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 9 - Discus (500 Gram)**

5 Ben Audsley	Winston Hills	15.23m
6 Liam Michoux	Hills District	14.86m
7 Cheyse Lye	Hawkesbury City	14.59m
8 Ninad Pandit	Hills District	13.37m
9 Takoda Follington	Hawkesbury City	13.23m
10 Thys Aldaba	Riverstone	13.17m
11 Dane Johnson	Winston Hills	12.99m
12 Alfie Dowling	Rouse Hill Rams	12.68m
13 Kade Murray	Riverstone	12.03m
14 Thomas Bartlett	Hills District	10.55m
15 Benjamin Backhouse	Hawkesbury City	10.07m
16 Lachlan Melville	Hills District	8.04m
-- Lincoln Bishop	Winston Hills	DNS
-- Jeshua Antonito	Hills District	DNS
-- Jamal Alkassem	Rouse Hill Rams	DNS

Boys U 10 - Discus (500 Gram)

=====
 Zone: Z 35.40m 31/01/2009 J Baker, Winston Hills
 =====

Name	Age Centre	Final
1 Caelan Dixon	Hills District	25.96m
2 Luca D'Urso	Hills District	24.31m
3 Dylan Pilato	Hawkesbury City	19.83m
4 Flynn Howard	Hills District	19.41m
5 Evan Rogulski	Hills District	18.98m
6 Hunter Stewart	Riverstone	17.68m
7 Hugo Brown	Winston Hills	17.60m
8 Declan Van Ross	Hills District	17.12m
9 Oliver James	Hills District	15.44m
10 Cohen Islaub	Rouse Hill Rams	15.27m
11 Dylan Kennedy	Winston Hills	15.25m
12 Jaxon Long	Hawkesbury City	15.06m
13 Oliver Colless	Winston Hills	14.84m
14 Edward Loughhead	Rouse Hill Rams	12.20m
15 Byron Thorburn	Hawkesbury City	10.92m
16 Flynn Dennis	Winston Hills	10.73m
17 Harrison Duff	Winston Hills	10.31m
18 Henry Cross	Rouse Hill Rams	8.83m
-- Robert Bishop	Winston Hills	DNS
-- Viaan Patel	Rouse Hill Rams	DNS

Boys U 11 - Discus 500 Gram)

=====
 Zone: Z 35.64m 09/12/2012 Alexander Murdocca, Rouse Hi
 =====

Name	Age Centre	Final
1 Lucas Eustace	Rouse Hill Rams	28.32m
2 Mitchell Greenwood	Hills District	26.10m
3 Joshua Waddington	Winston Hills	22.02m
4 Mason Dux	Winston Hills	21.97m
5 Riley Free	Hills District	20.11m
6 Callum Gream	Rouse Hill Rams	18.35m
7 Omar Mohamed	Hills District	17.94m
8 Christopher Timbs	Hills District	17.26m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 11 - Discus 500 Gram)**

9 Reid Guenther	Rouse Hill Rams	15.26m
10 Luca Hagenson	Riverstone	13.66m
11 Liam Keane	Winston Hills	13.45m
12 Ryan J Scanes	Rouse Hill Rams	12.43m
13 Darcy Mitchell	Hills District	12.04m
14 Jake Prager	Rouse Hill Rams	11.52m
15 Dhanesh Bala Vijayan	Winston Hills	9.98m
16 Rafael Mokamba	Kings Langley	8.69m
17 Carter Zapatero	Winston Hills	8.49m
-- Braxton Backhouse	Hawkesbury City	DNS
-- Hayden Knipler	Hills District	DNS
-- Adeel Pokharel	Kings Langley	DNS
-- Hudson Zammit	Hawkesbury City	DNS

Boys U 12 - Discus (750 Gram)

Zone: Z 47.02m 14/12/2013 Alexander Murdocca, Rouse Hi

Name Age Centre Final

1 Isaac Portelli	Rouse Hill Rams	33.59m
2 Michael Giffney	Kings Langley	29.29m
3 Evin Ayod Premachandra	Rouse Hill Rams	28.48m
4 Owen Tong	Hills District	25.76m
5 Tobias Jennings	Winston Hills	16.87m
6 Chenhao Geng	Hills District	16.67m
7 Alexander Dennett	Hawkesbury City	15.63m
8 Fabrizio Mesiti	Hills District	14.29m
9 Flynn Islaub	Rouse Hill Rams	13.28m
10 Zane Cowper	Rouse Hill Rams	13.15m
11 Lachlan Macheski	Winston Hills	12.50m
12 Riley Stone	Riverstone	12.20m
13 Jackson Pepperall	Hawkesbury City	12.02m
-- Hayden Martin	Winston Hills	DNS
-- Matthew Kenna	Winston Hills	DNS

Boys U 13 - Discus (750 Gram)

Zone: Z 48.00m 13/12/2014 Alexander Murdocca, Rouse Hi

Name Age Centre Final

1 Hayden Free	Hills District	39.16m
2 Gabriel Plummer	Hills District	33.02m
3 Taine Katalinic	Winston Hills	29.66m
4 Tristan Quee	Hills District	24.34m
5 Roman Iori	Riverstone	24.26m
6 Luke Hoddinett	Winston Hills	22.72m
7 Dylan Mcdonald	Rouse Hill Rams	19.97m
8 Mathew Robertson	Rouse Hill Rams	19.43m
9 Ned Francis	Winston Hills	17.85m
10 Nathan Hall-O'Dwyer	Rouse Hill Rams	14.60m
-- Samuel Dunn	Hawkesbury City	DNS
-- Disas Akain Premachandra	Rouse Hill Rams	DNS

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 14 - Discus (1.0 Kg)**

Zone: Z 53.70m 05/02/1995 S Novkovic, Winston Hills			
Name	Age	Centre	Final
1 Aaron Chevalier		Winston Hills	33.81m
2 Alex Jack		Kings Langley	24.80m
3 Noah Scerri		Winston Hills	20.90m
4 Lucas Ward		Kings Langley	20.34m
5 Thomas Robertson		Rouse Hill Rams	20.24m
6 Zac Johnson		Riverstone	19.57m
7 Hayden Greenwood		Hills District	19.48m
-- Hudson Kennedy		Riverstone	DNS

Boys U 15 - Discus (1.0 Kg)

Zone: Z 55.88m 30/01/1999 A Walker, Hills			
Name	Age	Centre	Final
1 Keegan Free		Hills District	40.63m
2 Tayga Sevdimbass		Hills District	39.37m
-- Douglas Windress		Hills District	DNS

Boys U 17 - Discus (1.5 Kg)

Zone: Z 45.91m 14/12/2019 Blake Archer, Rouse Hill			
Name	Age	Centre	Final
1 Daniel Kasozi		Hills District	39.71m
2 Benjamin Kasozi		Hills District	38.59m
3 Isaac Chevalier		Winston Hills	32.96m
4 Nate Gill		Riverstone	32.80m
5 Tory Emme		Hawkesbury City	26.87m
6 Matthew Cook		Rouse Hill Rams	22.77m
7 Thomas Spencer		Rouse Hill Rams	21.88m
-- Brandon Viko		Winston Hills	DNS
-- Isaac Dunlop		Hills District	DNS

Boys U 13-14 Multi Class Discus

Zone: Z 13.66m 03/12/2022 Levi Douglass, Hawkesbury Ci			
Name	Age	Centre	Final
1 Levi Douglass		Hawkesbury City	12.52m 23.843

Boys U 11 - Javelin (400 Gram)

Zone: Z 27.56m 29/01/2022 Hayden Free, Hills District			
Name	Age	Centre	Final
1 Joshua Waddington		Winston Hills	17.32m
2 Ashton Sebastian		Hills District	14.92m
3 Reid Guenther		Rouse Hill Rams	14.57m
4 Liam Keane		Winston Hills	14.18m
5 Carter Zapatero		Winston Hills	13.76m
6 Christopher Timbs		Hills District	13.70m
7 William Currall		Hills District	12.15m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****....Boys U 11 - Javelin (400 Gram)**

8	Nate Appleyard	Winston Hills	11.81m
9	Cassius Prats	Rouse Hill Rams	9.79m
10	Cameron Downey	Hills District	8.60m
11	Omar Mohamed	Hills District	8.50m
--	Ryan J Scanes	Rouse Hill Rams	ND
--	Lucas Eustace	Rouse Hill Rams	ND
--	Copper Currall	Hills District	DNS

Boys U 12 - Javelin (400 Gram)

Zone: Z 33.62m 12/12/2015 Blake Archer, Rouse Hill

Name	Age Centre	Final	
1	Isaac Portelli	Rouse Hill Rams	29.80m
2	Michael Giffney	Kings Langley	28.08m
3	Hayden Martin	Winston Hills	26.44m
4	Weiyi Tang	Hills District	24.12m
5	Owen Tong	Hills District	22.28m
6	Ronan Phung	Hills District	19.22m
7	Tobias Jennings	Winston Hills	18.98m
8	Jake Donovan	Winston Hills	18.96m
9	Alexander Dennett	Hawkesbury City	17.26m
10	Tyke Mapp-Ward	Hawkesbury City	12.74m
11	Lachlan Macheski	Winston Hills	10.80m
--	Dominic Jurkovic	Hills District	DNS
--	Jackson Pepperall	Hawkesbury City	DNS
--	Sebastian Haines	Hills District	DNS
--	Riley Stone	Riverstone	DNS

Boys U 13 - Javelin (600 Gram)

Zone: Z 39.67m 29/01/2004 A Luzi

Name	Age Centre	Final	
1	Hayden Free	Hills District	26.88m
2	Taine Katalinic	Winston Hills	26.82m
3	Roman Iori	Riverstone	22.30m
4	James Loughhead	Rouse Hill Rams	22.18m
5	Dylan Mcdonald	Rouse Hill Rams	20.38m
6	Patrick Waddington	Winston Hills	17.08m
7	Peter Cook	Rouse Hill Rams	14.20m
8	Samuel Jorgensen	Winston Hills	10.54m
--	Tanay Ram Kolluru	Rouse Hill Rams	ND
--	Gabriel Plummer	Hills District	ND
--	Samuel Dunn	Hawkesbury City	DNS

Boys U 14 - Javelin (600 Gram)

Zone: Z 42.08m 07/12/2018 Ilankumaran Murugappan, King

Name	Age Centre	Final	
1	Aaron Chevalier	Winston Hills	34.72m
2	Charlie Andrews	Winston Hills	28.86m
3	Mitchell Klomp	Hills District	27.68m
4	Hayden Greenwood	Hills District	26.24m

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

....Boys U 14 - Javelin (600 Gram)

5 Flynn Van Middeldyk	Rouse Hill Rams	22.22m
6 Riley Johnston	Hills District	20.64m
7 Ryan Baker	Hills District	20.08m
8 Alex Jack	Kings Langley	19.16m
9 Noah Scerri	Winston Hills	18.10m
10 Zac Johnson	Riverstone	16.70m
11 Lucas Ward	Kings Langley	14.54m
-- Hudson Kennedy	Riverstone	DNS

Boys U 15 - Javelin (700 Gram)

Zone: Z 42.10m 13/12/2019 Ilankumaran Murugappan, King

Name	Age Centre	Final
1 Keegan Free	Hills District	45.52mZ
2 Alex Bayliss	Winston Hills	41.28m
3 Douglas Windress	Hills District	29.44m
4 Ethan Tait	Hills District	29.10m
5 Kevin Ng	Hills District	20.20m

Boys U 17 - Javelin (700 Gram)

Zone: Z 52.50m 04/12/2022 Daniel Kasozi, Hills Distric

Name	Age Centre	Final
1 Isaac Chevalier	Winston Hills	52.64mZ
2 Daniel Kasozi	Hills District	44.64m
3 Declan Abela	Winston Hills	37.10m
4 Dhanvin Bajeev	Rouse Hill Rams	36.42m
5 Henry Andrews	Winston Hills	36.13m
6 Cillian Miller	Hills District	33.88m
7 Zachary Redwood	Winston Hills	26.78m
8 Tory Emme	Hawkesbury City	21.00m
-- Patrick Windress	Hills District	DNS
-- Brandon Viko	Winston Hills	DNS

Boys U 13-14 Multi Class Long Jump

Zone: Z 2.22m 04/12/2022 Levi Douglass, Hawkesbury Cit

Name	Age Centre	Final
1 Levi Douglass	Hawkesbury City	2.19m 26.028

Boys U 13-14 Multi Class Shot Put

Zone: Z 4.13m 04/12/2022 Levi Douglass, Hawkesbury Cit

Name	Age Centre	Final
1 Levi Douglass	Hawkesbury City	4.43mZ 29.317

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS**Roxborough Park****Results****Boys U 9 - 700 Metre Walk**

Zone: Z 3:45.12 30/01/2022 Joshua Waddington, Winston			
Name	Age	Centre	Final
Section 1			
1 Cooper Wan		Hills District	4:05.06
2 Jackson Newlove		Hills District	4:23.70
3 Jack Lambert		Hills District	4:38.62
4 Max Arkins		Winston Hills	4:39.67
5 Hamish Clarke		Hills District	4:44.11
6 Huxley Jones		Hills District	5:12.03
-- Ismaeel Khan		Hills District	DQ
-- Miles Hamilton-Foster		Winston Hills	DNS

Boys U 10 - 1100 Metre Walk

Zone: Z 5:18.68 04/12/2022 Nate Appleyard, Winston Hil			
Name	Age	Centre	Final
1 Oliver Masik		Hills District	5:34.81
2 Harrison Bouquet		Winston Hills	5:35.51
3 Hamish Lane		Hills District	6:02.71
4 Harrison Duff		Winston Hills	6:35.05
5 Oliver Neill		Winston Hills	7:03.70
6 Zac Barra		Hills District	7:16.40
7 Caelan Dixon		Hills District	7:55.67
8 Aiden Berry		Hills District	8:12.30
9 Jayden Contini		Hills District	8:39.34
10 Hudson Simpson		Hawkesbury City	9:18.70
-- Jaxon Long		Hawkesbury City	DNF

Boys U 11 - 1100 Metre Walk

Zone: Z 5:59.87 27/01/2010 J Glover, Hills			
Name	Age	Centre	Final
1 Nate Appleyard		Winston Hills	5:22.19Z
2 Joshua Waddington		Winston Hills	5:56.90Z
3 Dean Alcock		Hills District	7:08.91
4 Mitchell Greenwood		Hills District	7:30.05
5 Copper Currall		Hills District	8:10.98
6 Oscar Liu		Hills District	8:30.48
7 William Currall		Hills District	8:39.98
-- Darcy Mitchell		Hills District	DQ
-- Noah Dunn		Hawkesbury City	DNS DNS

Boys U 12 - 1500 Metre Walk

Zone: Z 7:25.90 01/01/1983 C Arkins, Hills			
Name	Age	Centre	Final
1 Curtis Wan		Hills District	8:23.61
2 Alexander Dennett		Hawkesbury City	9:37.03

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Results

Boys U 13 - 1500 Metre Walk

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Zone: Z 7:23.28 07/12/2018 Brodie Payne, Winston Hills			
Name	Age	Centre	Final
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1 Patrick Waddington		Winston Hills	8:23.44
2 Sagan Jones		Hills District	8:25.32
3 Samuel Dunn		Hawkesbury City	9:55.79

Boys U 17 - 1500 Metre Walk

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Zone: Z 6:50.42 11/12/2015 Jordan Glover, Hills Distri			
Name	Age	Centre	Final
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1 Aidan Pospischil		Winston Hills	8:14.01
2 Kane Robson		Hills District	8:25.30