

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 1 Girls U 11 - 1500 Metre Run (16)

Name	Age	Centre	Seed Time	
1	19530	Feriel BesodiBoujemac	Manly Warringah	5:20.87
2	19147	Sarah Covich	Manly Warringah	5:36.73
3	2425	Mirabelle Dickson	Northern Suburbs	6:33.38
4	871	Ella Hartwig	Ku-Ring-Gai	6:03.18
5	13940	Claire Holder	Northern Distric	6:11.20
6	19244	Clio Hong	Manly Warringah	5:49.77
7	11514	Zoe Jordan	Cherrybrook	6:12.85
8	11723	Sarah Lettice	Cherrybrook	6:37.95
9	19753	Evelyn Lulli	Manly Warringah	5:20.63
10	19323	Hayley Marshall	Manly Warringah	5:36.46
11	14051	Beatrice Mathers	Northern Distric	5:45.43
12	14050	Georgie Mathers	Northern Distric	6:09.42
13	394	Kate McLean	Ku-Ring-Gai	6:10.81
14	2732	Katherine Saber	Northern Suburbs	6:01.78
15	14675	Skye Spiden	Ryde	6:18.14
16	17057	Lucy C Tazewell	Parramatta	6:08.31

Event 2 Boys U 11 - 1500 Metre Run (16)

Name	Age	Centre	Seed Time	
1	14121	Reef Bailey	Northern Distric	5:36.65
2	14674	Flynn Cox-Gallagher	Ryde	5:22.64
3	2453	Cristian Fajardo	Northern Suburbs	5:42.78
4	2349	Oliver Fratini	Northern Suburbs	5:35.03
5	11628	Hugh Giffin	Cherrybrook	5:27.70
6	19730	Austin Grennan	Manly Warringah	5:36.17
7	366	Nathaniel Gu	Ku-Ring-Gai	5:28.28
8	656	Miller Harris	Ku-Ring-Gai	5:37.30
9	155	Brody Johnson	Ku-Ring-Gai	5:03.55
10	591	Josh Kietzmann	Ku-Ring-Gai	5:31.15
11	483	Lachlan Meryment	Ku-Ring-Gai	5:37.67
12	2384	Sam Moody	Northern Suburbs	5:25.62
13	8056	Harry Nicholson	Mosman	5:22.33
14	2388	Liam Reville	Northern Suburbs	5:39.47
15	19643	Harrison Smith	Manly Warringah	5:10.68
16	19419	Oscar Steggles	Manly Warringah	5:29.50

Event 3 Girls U 12 - 1500 Metre Run (17)

Name	Age	Centre	Seed Time	
1	2529	Zoe Balcombe	Northern Suburbs	6:07.37
2	14475	Ayla Baraniak	Ryde	5:54.61
3	19312	Coco Blundell	Manly Warringah	5:26.64
4	17404	Hayley Carroll	Nth Rocks Carlin	5:53.04
5	18803	Juliet Erickson	Hornsby	5:28.50
6	39133	Beatrice Garnys	Ku-Ring-Gai	5:59.53
7	14265	Kourtney Holl	Ryde	6:24.08
8	2490	Meredith Lee	Northern Suburbs	5:28.79
9	406	Scout Linton	Ku-Ring-Gai	6:02.66
10	11481	Ashleigh Mansell	Cherrybrook	5:47.86
11	19651	Hallie Owers	Manly Warringah	5:08.07
12	133	Sophie Palmer	Ku-Ring-Gai	6:06.84
13	19607	Claudia Patfield	Manly Warringah	5:51.97
14	19171	Kyah Ryals	Manly Warringah	5:12.56
15	422	Ashley Temple	Ku-Ring-Gai	5:32.41

16	17523	Jolin Wirianata	Nth Rocks Carlin	6:25.45
17	39115	Miranda Yu	Ku-Ring-Gai	NT

Event 4 Boys U 12 - 1500 Metre Run (18)

Name	Age	Centre	Seed Time	
1	19149	Nathaniel Barrett	Manly Warringah	NT
2	14472	Lucas Bolt	Ryde	5:37.19
3	2762	John Brivulis	Northern Suburbs	5:03.81
4	19622	Hugo Condon	Manly Warringah	5:16.55
5	19432	Henry Ferguson	Manly Warringah	5:13.34
6	754	William Graham	Ku-Ring-Gai	5:25.89
7	2894	Henry Grieve	Northern Suburbs	5:27.28
8	11697	Oliver Halfhide	Cherrybrook	5:11.16
9	8026	Xavier Hokins	Mosman	5:14.08
10	11694	Lachlan Kidd	Cherrybrook	4:58.40
11	14311	Jack Le Fevre	Ryde	5:17.71
12	2484	Andrew Lukas	Northern Suburbs	5:22.51
13	19616	Connor Matthews	Manly Warringah	5:24.84
14	17053	Vinay Menon	Parramatta	5:35.80
15	14294	Raffael Oppedisano	Ryde	5:22.73
16	19293	Isaac Robinson	Manly Warringah	NT
17	19329	Max Torkington	Manly Warringah	5:15.25
18	19703	Tasman Vale	Manly Warringah	5:00.98

Event 5 Girls U 13 - 1500 Metre Run (17)

Name	Age	Centre	Seed Time	
1	8075	Alexandra Bova	Mosman	5:02.42
2	7762	Annabelle Cahill	Mosman	6:49.80
3	131	Elsie Clatworthy	Ku-Ring-Gai	5:41.11
4	19157	Gemma Dixon	Manly Warringah	5:22.16
5	14250	Miarose Everson	Ryde	5:40.81
6	11584	Makenzi Gartner	Cherrybrook	6:10.15
7	17752	Alicia La Vinh	Nth Rocks Carlin	7:05.68
8	17483	Ella Lin	Nth Rocks Carlin	6:37.88
9	19755	Alana Lulli	Manly Warringah	5:44.26
10	19158	Amelia Mandalinic	Manly Warringah	5:12.95
11	8076	Alessandra McWilliam	Mosman	NT
12	19180	Josie Perkins	Manly Warringah	5:29.28
13	2572	Olivia Rendall	Northern Suburbs	6:26.27
14	11639	Ella Shannon	Cherrybrook	6:48.51
15	19270	Alexis Tague	Manly Warringah	5:15.78
16	17488	Natalie Tang	Nth Rocks Carlin	7:10.50
17	2320	Sienna Wade	Northern Suburbs	5:19.73

Event 6 Boys U 13 - 1500 Metre Run (16)

Name	Age	Centre	Seed Time	
1	19178	Leon Barrie	Manly Warringah	6:25.32
2	8085	Samuel Cook	Mosman	5:15.75
3	19173	Max Donald	Manly Warringah	5:45.20
4	407	James Ghali	Ku-Ring-Gai	5:28.67
5	14452	Lachlan Inman	Ryde	5:51.16
6	11566	James Kwok	Cherrybrook	5:43.31
7	14173	Judah Louie	Northern Distric	5:24.89
8	19363	Billy Lowe	Manly Warringah	5:07.53
9	13953	Sam Ogier	Northern Distric	5:16.51
10	2387	John Reville	Northern Suburbs	5:32.93

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 6 ... (Boys U 13 - 1500 Metre Run (16))

Name	Age	Centre	Seed Time
11 17128 James Ryan		Parramatta	5:25.00
12 17478 Nathan Sarah		Nth Rocks Carlin	5:34.70
13 2822 Beau Snashall		Northern Suburbs	5:38.58
14 14301 Dominic Trigwell		Ryde	5:30.33
15 19445 Oliver Trowell		Manly Warringah	4:56.74
16 19155 Charlie Whelan		Manly Warringah	5:09.00

Event 7 Girls U 14 - 1500 Metre Run (8)

Name	Age	Centre	Seed Time
1 11556 Aliyah Bennett		Cherrybrook	5:00.83
2 19991 Eliza Lawton		Manly Warringah	4:48.10
3 19615 Belinda Matthews		Manly Warringah	5:01.61
4 134 Charlotte Palmer		Ku-Ring-Gai	5:38.28
5 2675 Eva Pavlovic		Northern Suburbs	6:26.09
6 17494 Sophie Polkinghorne		Nth Rocks Carlin	5:02.30
7 19661 Maddison Ross		Manly Warringah	5:48.32
8 453 Abigail Soper		Ku-Ring-Gai	5:59.47

Event 8 Boys U 14 - 1500 Metre Run (12)

Name	Age	Centre	Seed Time
1 14052 Evan Beasley		Northern Distric	5:24.08
2 14945 Jonathon Bennett		Ryde	5:19.60
3 14059 Alexander Braendle		Northern Distric	5:10.64
4 129 William Durer		Ku-Ring-Gai	4:34.72
5 17618 Joshua Zimeng Fang		Nth Rocks Carlin	5:22.27
6 457 Sebastian Linton		Ku-Ring-Gai	5:18.93
7 19250 Nathan Longster		Manly Warringah	4:31.56
8 19638 Max McDermott		Manly Warringah	5:00.68
9 19326 Oscar Needham		Manly Warringah	5:15.26
10 43378 Dongjun Jaden Shin		Ryde	5:21.14
11 14777 Owen Smith		Ryde	5:37.20
12 11548 Christopher Whiteley		Cherrybrook	5:04.55

Event 9 Girls U 15 - 1500 Metre Run (10)

Name	Age	Centre	Seed Time
1 19543 Skye Blair		Manly Warringah	5:45.40
2 8230 Annabelle Cigna		Mosman	5:09.84
3 19673 Sophie Hinds		Manly Warringah	5:46.32
4 13967 Aniela Knight		Northern Distric	4:53.84
5 17496 Zoey Loo		Nth Rocks Carlin	6:11.01
6 17018 Jessica Loring		Parramatta	5:25.16
7 18789 Alice Lyng		Hornsby	4:54.28
8 17501 Kayla Mason		Nth Rocks Carlin	6:27.07
9 17212 Stella Stirling		Parramatta	6:13.29
10 19701 Indianna Vale		Manly Warringah	5:43.76

Event 10 Boys U 15 - 1500 Metre Run (13)

Name	Age	Centre	Seed Time
1 11572 Brendan Armstrong		Cherrybrook	4:59.53
2 338 Liam Broome		Ku-Ring-Gai	4:42.49
3 19277 Benjamin Frantz		Manly Warringah	5:04.77
4 18780 Manning Johnson		Hornsby	4:57.87
5 17753 Aiden La Vinh		Nth Rocks Carlin	5:33.95
6 14198 Ryan Mooney		Northern Distric	5:19.83
7 19117 Dylan Mortimer		Manly Warringah	4:41.19

8 14435 Luke Moscos		Ryde	4:59.86
9 17837 Michael Perry		Nth Rocks Carlin	5:27.24
10 388 Hugo Reynolds		Ku-Ring-Gai	5:05.39
11 14158 Braeden Searles		Northern Distric	5:11.84
12 14157 Matthew Searles		Northern Distric	5:24.79
13 18897 Matthew Sims		Hornsby	4:58.88

Event 11 Girls U 17 - 1500 Metre Run (10)

Name	Age	Centre	Seed Time
1 17054 Tahlia Butcher		Parramatta	6:12.56
2 8183 Grace Fisher		Mosman	5:12.43
3 39132 Ava Garnys		Ku-Ring-Gai	5:21.74
4 19602 Ava Gray		Manly Warringah	5:32.61
5 14638 Alicia Leggatt		Ryde	6:02.51
6 19028 Ally Maclaine		Hornsby	6:50.90
7 14290 Ella McGregor		Ryde	5:56.62
8 17023 Kaley Roach		Parramatta	6:51.95
9 11608 Amy Timms		Cherrybrook	5:44.35
10 13982 Freya Tonkin		Northern Distric	5:44.69

Event 12 Boys U 17 - 1500 Metre Run (13)

Name	Age	Centre	Seed Time
1 558 Dylan Allabush		Ku-Ring-Gai	4:47.61
2 14551 Axel Bruntsch		Ryde	4:15.45
3 11613 Idris Burkhardt		Cherrybrook	4:16.67
4 17426 Cody Burton		Nth Rocks Carlin	4:17.11
5 11599 Harley Grace		Cherrybrook	4:52.17
6 17050 Evan Holman		Parramatta	4:40.31
7 14782 Julian McMillan		Ryde	4:42.67
8 18785 Lochlann Neilan		Hornsby	4:46.97
9 14807 Isaac Siebert		Ryde	4:22.44
10 14644 Julian Smith		Ryde	4:37.57
11 17637 William Stanger		Nth Rocks Carlin	5:08.15
12 17379 Benjamin Woodhouse		Nth Rocks Carlin	4:13.80
13 18782 Luke Woods		Hornsby	7:31.68

Event 13 Girls U 8 - 60 Metre Hurdles (45cm) (16) Prelims

Name	Age	Centre	Seed Time
1 19612 Tippi Acevedo		Manly Warringah	13.36
2 19517 Matilda Alexander		Manly Warringah	12.52
3 19264 Georgia Atkins		Manly Warringah	13.56
4 14697 Rhyleiana Barnett-Paln		Ryde	13.20
5 14943 Lauren Bennett		Ryde	13.01
6 14873 Taylor Crumpton		Ryde	13.15
7 18935 Grace Dyson		Hornsby	12.89
8 7952 Morgan Jones		Mosman	12.60
9 17136 April Kim		Parramatta	12.99
10 410 Zoe Marinkovich		Ku-Ring-Gai	11.95
11 2777 Indianna Messina		Northern Suburbs	13.67
12 13970 Molly MooreMulcahy		Northern Distric	12.47
13 17661 Katrina Murphy		Nth Rocks Carlin	12.74
14 19104 Zoe Olofinsky		Manly Warringah	13.40
15 14295 Lucia Oppedisano		Ryde	14.27
16 2389 Aliska Reitano		Northern Suburbs	12.91

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 14 Boys U 8 - 60 Metre Hurdles (45cm) (16) Prelims

Name	Age	Centre	Seed Time
1 14091 Nico Brichta		Northern Distric	12.57
2 17111 Levi Curtis		Parramatta	12.52
3 17088 Kyrie Dibia		Parramatta	13.64
4 19437 Aiden Dunne		Manly Warringah	12.43
5 14602 Apollo Frazier		Ryde	13.21
6 644 Stephen Harvey		Ku-Ring-Gai	11.85
7 241 Kenneth Huang		Ku-Ring-Gai	11.75
8 2729 Ethan Josa		Northern Suburbs	12.56
9 266 John Lukas		Ku-Ring-Gai	12.40
10 2385 Tom Moody		Northern Suburbs	12.20
11 14422 Ilya Passmore		Ryde	12.18
12 856 Julian Pita		Ku-Ring-Gai	12.19
13 2563 Kabir Sido		Northern Suburbs	14.70
14 333 Bailey Vassella		Ku-Ring-Gai	12.14
15 19408 Jack Vukovic		Manly Warringah	12.65
16 14801 Jerry Wang		Ryde	14.04

Event 15 Girls U 9 - 60 Metre Hurdles (45cm) (16) Prelims

Name	Age	Centre	Seed Time
1 19351 Hannah Dick		Manly Warringah	12.16
2 17413 Annabel Dickson		Nth Rocks Carlin	12.17
3 2426 Goldi Dickson		Northern Suburbs	12.43
4 2470 Calais Durie		Northern Suburbs	12.21
5 139 Sienna Fourie		Ku-Ring-Gai	11.13
6 8059 Evie Francis		Mosman	11.62
7 11684 Kiara Liyanage		Cherrybrook	12.68
8 19177 Lila Louis		Manly Warringah	13.26
9 19263 Abigail Maher		Manly Warringah	11.35
10 479 Edwina Mair		Ku-Ring-Gai	11.65
11 14829 Isla McLachlan		Ryde	14.05
12 14864 Georgia Paton		Ryde	12.61
13 8012 Stefanie Phillipou		Mosman	12.00
14 19592 IslaF Talaese		Manly Warringah	11.40
15 2401 Alyssa Turton		Northern Suburbs	12.76
16 2318 Emily Williams		Northern Suburbs	11.55

Event 16 Boys U 9 - 60 Metre Hurdles (45cm) (16) Prelims

Name	Age	Centre	Seed Time
1 19444 Blake Creelman		Manly Warringah	10.53
2 191 Jack Cross		Ku-Ring-Gai	10.91
3 2454 Jaxon Garton		Northern Suburbs	11.71
4 2455 Jett Garton		Northern Suburbs	11.48
5 17680 Darcy Hazon		Nth Rocks Carlin	12.24
6 18843 Tyler Holdsworth		Hornsby	10.99
7 19767 Jack Houston		Manly Warringah	11.93
8 2781 Toby Jefferson		Northern Suburbs	13.04
9 16988 Elliott Kerr		Parramatta	13.10
10 601 Arun Macmillan		Ku-Ring-Gai	11.83
11 19210 Jack Miller		Manly Warringah	11.00
12 2854 Ethan Smith		Northern Suburbs	11.89
13 17605 Lincoln Smith		Nth Rocks Carlin	11.90
14 14300 Marcus Trigwell		Ryde	12.14
15 19443 Charlie Trowell		Manly Warringah	11.79

16 19151 AdamMichael Vesely Manly Warringah 10.53

Event 17 Girls U 10 - 60 Metre Hurdles (60cm) (16) Prelims

Name	Age	Centre	Seed Time
1 8061 April Abboud		Mosman	12.86
2 2546 Laura Bosly		Northern Suburbs	13.98
3 8049 Isla Cleland		Mosman	12.98
4 2747 Sienna Flower		Northern Suburbs	13.50
5 2334 Amelie Germon		Northern Suburbs	13.18
6 17691 Georgia Gryst		Nth Rocks Carlin	12.70
7 521 Anya Keshwara		Ku-Ring-Gai	11.85
8 14255 Indiana Mitchell		Ryde	12.01
9 8223 Sherlyn NaLampoon		Mosman	13.96
10 297 Amelie Ogden		Ku-Ring-Gai	12.39
11 19795 Alice Orth		Manly Warringah	12.03
12 19493 Rosemary Pilgrim		Manly Warringah	12.86
13 2671 Jacinta Price-Randall		Northern Suburbs	13.13
14 2500 Sierra Seale		Northern Suburbs	11.61
15 19458 Lucy Turner		Manly Warringah	11.69
16 14349 Natalie Young		Ryde	13.41

Event 18 Boys U 10 - 60 Metre Hurdles (60cm) (16) Prelims

Name	Age	Centre	Seed Time
1 11534 Harrison Campbell		Cherrybrook	11.82
2 223 Julian Conway		Ku-Ring-Gai	11.98
3 2506 Joshua Eaton		Northern Suburbs	12.38
4 17569 Matthew El Kadi		Nth Rocks Carlin	12.21
5 2521 Nicholas Fijan		Northern Suburbs	11.73
6 19186 Edward Gillett		Manly Warringah	12.92
7 19271 Hudson McGregor		Manly Warringah	10.57
8 19653 Freddie McVicar		Manly Warringah	12.29
9 14680 Ethan Moyo		Ryde	11.80
10 239 Maximus Murdoch		Ku-Ring-Gai	12.26
11 2840 Aston Perry		Northern Suburbs	12.45
12 14619 Nathan Pulfer		Ryde	12.27
13 19107 Brody Scott-Faul		Manly Warringah	10.50
14 124 Hamish Skeates		Ku-Ring-Gai	10.90
15 8004 Finn Sorbara		Mosman	11.52
16 14481 Enoch Wolfson		Ryde	12.10

Event 19 Girls U 13 - 200 Metre Hurdles (68cm) (14)

Name	Age	Centre	Seed Time
1 18798 Amy Campbell		Hornsby	34.22
2 14085 Sophia Cottrell		Northern Distric	32.61
3 7694 Alexandra Davis		Mosman	35.95
4 14246 Bella Fraser		Ryde	33.04
5 17679 Ella Hazon		Nth Rocks Carlin	35.61
6 11474 Sarah Jones		Cherrybrook	35.73
7 17226 Naduli Kariyawasam		Parramatta	33.52
8 17234 Alana Kokay		Parramatta	40.34
9 17396 Hannah Lambert		Nth Rocks Carlin	31.29
10 2341 Collette Lumley		Northern Suburbs	38.68
11 14264 Bronte Nagle		Ryde	36.62
12 14241 Jacqueline Pawsey		Ryde	32.62
13 2405 Lucia Schnell		Northern Suburbs	32.05
14 19341 Chloe Stante		Manly Warringah	34.65

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 20 Boys U 13 - 200 Metre Hurdles (68cm) (16)

	Name	Age Centre	Seed Time
1	19265 James Atkins	Manly Warringah	26.28
2	14035 Jordan Dixon	Northern Distric	47.11
3	2507 Thomas Eaton	Northern Suburbs	30.78
4	19404 Eamon King	Manly Warringah	34.51
5	19115 William King	Manly Warringah	32.55
6	17615 Michael Kolosakas	Nth Rocks Carlin	35.38
7	14938 Felix McMullan	Ryde	36.44
8	2568 James Mikan	Northern Suburbs	32.26
9	19309 Jonathan Miles	Manly Warringah	33.01
10	14254 Xavier Mitchell	Ryde	34.38
11	337 Jacoby Neal	Ku-Ring-Gai	29.97
12	19101 Taten Rogers	Manly Warringah	29.68
13	2400 Kyan Seale	Northern Suburbs	28.92
14	17456 Alexander Song	Nth Rocks Carlin	30.91
15	14841 Ruaidhri Stewart	Ryde	36.28
16	14669 Kingsley Yip	Ryde	33.40

Event 21 Girls U 14 - 200 Metre Hurdles (76cm) (10)

	Name	Age Centre	Seed Time
1	14432 April Bateman	Ryde	35.04
2	151 Chelsea Forte	Ku-Ring-Gai	31.85
3	18850 Tara Gilkeson	Hornsby	33.71
4	39109 Lily Hughes	Ku-Ring-Gai	30.49
5	18895 Camila Iorio	Hornsby	31.64
6	14291 Chloe McGregor	Ryde	35.88
7	8025 Millie Morrison	Mosman	32.79
8	2675 Eva Pavlovic	Northern Suburbs	35.80
9	19504 Avie Russell	Manly Warringah	29.26
10	8125 Sarah Yates	Mosman	36.08

Event 22 Boys U 14 - 200 Metre Hurdles (76cm) (3)

	Name	Age Centre	Seed Time
1	19305 Sebastian Cech	Manly Warringah	31.38
2	747 Kase Willis-Jansen	Ku-Ring-Gai	32.15
3	17518 Marcus Wong	Nth Rocks Carlin	43.05

Event 23 Girls U 15 - 300 Metre Hurdles (76cm) (7)

	Name	Age Centre	Seed Time
1	2363 Ainsley Alexander	Northern Suburbs	58.23
2	19543 Skye Blair	Manly Warringah	59.93
3	17806 Evelyn Cheung	Nth Rocks Carlin	1:02.06
4	18913 Eden Herring	Hornsby	50.01
5	13967 Aniela Knight	Northern Distric	53.44
6	14380 Mia Million	Ryde	1:00.80
7	2481 Reena Son	Northern Suburbs	55.92

Event 24 Boys U 15 - 300 Metre Hurdles (76cm) (4)

	Name	Age Centre	Seed Time
1	2394 Zak Evans	Northern Suburbs	43.19
2	11682 Samuel Price	Cherrybrook	46.12
3	19340 Zac Stante	Manly Warringah	56.63
4	14482 Moses Wolfson	Ryde	56.33

Event 25 Girls U 17 - 300 Metre Hurdles (76cm) (11)

	Name	Age Centre	Seed Time
1	19384 Annika Boys	Manly Warringah	48.63
2	18811 Michaela Couper	Hornsby	58.09
3	2543 Sacha Jones	Northern Suburbs	53.73
4	11627 Sarah-anne Koot	Cherrybrook	52.88
5	2569 Catherine Mikan	Northern Suburbs	48.31
6	14080 Ava Mitchell	Northern Distric	54.81
7	14263 Charlotte Nagle	Ryde	53.81
8	8143 Ajaya Owusu	Mosman	57.02
9	14240 Zara Pawsey	Ryde	51.04
10	13982 Freya Tonkin	Northern Distric	57.90
11	13934 Elizabeth Toynbee	Northern Distric	53.51

Event 26 Boys U 17 - 300 Metre Hurdles (76cm) (11)

	Name	Age Centre	Seed Time
1	17017 Zachariah Abood	Parramatta	45.76
2	11712 Marco Boccaletti	Cherrybrook	45.19
3	19214 Leo Brown	Manly Warringah	41.12
4	17470 Max Byrnes	Nth Rocks Carlin	41.97
5	17046 Oliver Corne	Parramatta	44.20
6	2551 Andres Hampel	Northern Suburbs	43.75
7	19354 Jannik McErlane	Manly Warringah	43.65
8	14275 Aaron Pease	Ryde	47.37
9	39124 Neil Rawat	Ku-Ring-Gai	49.51
10	18759 Ashton Sawtell	Hornsby	44.58
11	17521 Lewis Wong	Nth Rocks Carlin	42.81

Event 33 Girls U 13 - 100 Metre Sprint (18) Prelims

	Name	Age Centre	Seed Time
1	19001 Ava Beattie	Hornsby	14.19
2	11497 Pippa Burke	Cherrybrook	14.75
3	14085 Sophia Cottrell	Northern Distric	14.37
4	17740 Madison Dellas	Nth Rocks Carlin	14.55
5	8072 Elizabeth Fainga'anuku	Mosman	NT
6	14246 Bella Fraser	Ryde	14.93
7	8057 Lexi Hartigan	Mosman	13.69
8	17679 Ella Hazon	Nth Rocks Carlin	15.04
9	17226 Naduli Kariyawasam	Parramatta	14.38
10	19511 Emma Kramer	Manly Warringah	14.18
11	17019 Olivia Loring	Parramatta	14.96
12	19386 Louisa Mehta	Manly Warringah	13.07
13	19387 Sarah Mehta	Manly Warringah	13.20
14	11507 Michiko Paul	Cherrybrook	14.58
15	2405 Lucia Schnell	Northern Suburbs	14.84
16	19241 Pilard Shephard	Manly Warringah	13.99
17	332 Sienna Vassella	Ku-Ring-Gai	NT
18	19981 Jemma Wilsher	Manly Warringah	14.15

Event 34 Boys U 13 - 100 Metre Sprint (18) Prelims

	Name	Age Centre	Seed Time
1	19265 James Atkins	Manly Warringah	12.36
2	19609 Parker Ball	Manly Warringah	13.34
3	19544 Kornchawal Benoliel	Manly Warringah	13.38
4	19048 Sebastian Duddle	Hornsby	NT
5	541 Rhys Duncan	Ku-Ring-Gai	14.08

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 34 ... (Boys U 13 - 100 Metre Sprint (18) Prelims)

Name	Age	Centre	Seed Time
6 11486 Callum Gilchrist		Cherrybrook	13.57
7 11601 Andrew Kim		Cherrybrook	13.77
8 17290 Ji Yong Kim		Parramatta	13.24
9 853 Maximillian Kyle		Ku-Ring-Gai	13.57
10 17302 Malachi Mataele		Parramatta	14.60
11 2568 James Mikan		Northern Suburbs	13.51
12 8120 Jake Osullivan		Mosman	13.41
13 707 Kourosh Rad		Ku-Ring-Gai	13.26
14 19101 Taten Rogers		Manly Warringah	13.27
15 17456 Alexander Song		Nth Rocks Carlin	13.67
16 19212 Jake Wood		Manly Warringah	NT
17 14937 Jun min Yap		Ryde	13.23
18 14669 Kingsley Yip		Ryde	13.87

Event 35 Girls U 14 - 100 Metre Sprint (14) Prelims

Name	Age	Centre	Seed Time
1 14432 April Bateman		Ryde	14.54
2 159 Amalia Bond		Ku-Ring-Gai	13.12
3 14084 Annalise Cottrell		Northern Distric	14.26
4 17199 Clara Fetrie		Parramatta	13.09
5 2794 Tanya Graham		Northern Suburbs	13.50
6 39109 Lily Hughes		Ku-Ring-Gai	13.35
7 19280 Eliza Jeffrey		Manly Warringah	14.17
8 19339 Naomi Krajancic		Manly Warringah	12.71
9 17051 Alanah O'Donovan		Parramatta	14.47
10 14133 Alannah Pryor		Northern Distric	13.58
11 11478 Nisini Rajapaksha Mud		Cherrybrook	14.64
12 19504 Avie Russell		Manly Warringah	12.82
13 19359 Isla Scoular		Manly Warringah	13.85
14 14547 Ivy Vella		Ryde	13.49

Event 36 Boys U 14 - 100 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time
1 14622 Thomas Cheung		Ryde	13.28
2 19731 Harvey Glanville		Manly Warringah	12.87
3 19758 Andrew Guerin		Manly Warringah	14.37
4 19760 Ed Hammond		Manly Warringah	13.76
5 7824 Sam Hewit		Mosman	12.62
6 19133 Ethan Jauncey		Manly Warringah	13.84
7 17406 Jamie Kastelan		Nth Rocks Carlin	13.56
8 39101 Kye Kearney		Ku-Ring-Gai	13.32
9 17065 Manuel Lacson		Parramatta	12.44
10 14812 Cameron Leung		Ryde	12.98
11 19390 Lucas Nuttall		Manly Warringah	13.05
12 17301 Jacob Semaan		Parramatta	13.21
13 17532 Nicholas Smart		Nth Rocks Carlin	13.81
14 14796 Owen Trinh		Ryde	12.55
15 11578 Harry Wigham		Cherrybrook	13.28
16 747 Kase Willis-Jansen		Ku-Ring-Gai	13.82

Event 37 Girls U 15 - 100 Metre Sprint (13) Prelims

Name	Age	Centre	Seed Time
1 731 Olivia Achike		Ku-Ring-Gai	12.55
2 14546 Mikayla Duncombe		Ryde	14.95

3 19436 Kaitlenn Dunne		Manly Warringah	13.25
4 11564 Sophie Durheim		Cherrybrook	13.61
5 19506 Sofia Ehnbon		Manly Warringah	13.66
6 17062 Chiara Ewing		Parramatta	14.85
7 17678 Kara Hazon		Nth Rocks Carlin	14.37
8 2646 Tanna Kotulic		Northern Suburbs	14.06
9 659 Arabella Lewis		Ku-Ring-Gai	12.72
10 14101 Kyrah McMahon		Northern Distric	13.59
11 17769 Princess Obi		Nth Rocks Carlin	13.82
12 19334 Tayah Rubes		Manly Warringah	12.81
13 14425 Emilia Webb		Ryde	14.25

Event 38 Boys U 15 - 100 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time
1 17208 Thomas Aroyan		Parramatta	12.09
2 8078 Daniel Benoliel		Mosman	12.60
3 2394 Zak Evans		Northern Suburbs	12.38
4 2711 Jesse Fieramosca		Northern Suburbs	12.62
5 2520 Alexander Fijan		Northern Suburbs	12.83
6 140 Jake Fourie		Ku-Ring-Gai	12.28
7 19424 Reese Francis		Manly Warringah	12.93
8 17060 Kyros Ghadiali		Parramatta	12.14
9 10753 Ratu Viliame Lewanav.		Nth Rocks Carlin	12.62
10 18831 Aiden McDaid		Hornsby	12.55
11 19313 Jack Mcmillan		Manly Warringah	12.52
12 19476 Harry Nixon		Manly Warringah	12.49
13 19475 Jack Nixon		Manly Warringah	13.01
14 2552 Oliver Pereira de Jesus		Northern Suburbs	12.90
15 17838 Benjamin Perry		Nth Rocks Carlin	12.74
16 18741 Shiva Rajesh		Hornsby	12.45

Event 39 Girls U 17 - 100 Metre Sprint (13) Prelims

Name	Age	Centre	Seed Time
1 158 Samara Bond		Ku-Ring-Gai	12.77
2 18974 Leila Broadley		Hornsby	14.35
3 14442 Amelie Gomez-Niewol		Ryde	13.35
4 19631 Tara Hollyoak		Manly Warringah	12.53
5 2543 Sacha Jones		Northern Suburbs	14.22
6 11627 Sarah-anne Koot		Cherrybrook	13.04
7 19396 sienna kupceric		Manly Warringah	12.68
8 39119 Maia MaddenKhan		Ku-Ring-Gai	12.64
9 330 Gemma McIntosh		Ku-Ring-Gai	13.83
10 2569 Catherine Mikan		Northern Suburbs	13.32
11 14263 Charlotte Nagle		Ryde	14.53
12 11492 Caitlin Russell		Cherrybrook	14.45
13 17256 Amelia Steventon		Parramatta	12.96

Event 40 Boys U 17 - 100 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time
1 518 Lars Ackland		Ku-Ring-Gai	11.25
2 18872 Wol Albino		Hornsby	11.55
3 19880 Joshua Bowry		Manly Warringah	11.58
4 14521 Owen Chandler		Ryde	12.04
5 17046 Oliver Corne		Parramatta	12.48
6 19574 Liam Downs		Manly Warringah	11.79
7 8028 Xavier Frost		Mosman	11.70

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 40 ... (Boys U 17 - 100 Metre Sprint (16) Prelims)

Name	Age	Centre	Seed Time
8 19169 Michael Godden		Manly Warringah	12.04
9 2551 Andres Hampel		Northern Suburbs	11.70
10 13944 Kalan Harding		Northern Distric	12.04
11 11552 Xavier Hennessey		Cherrybrook	12.46
12 19354 Jannik McErlane		Manly Warringah	11.93
13 2876 Llewyn Morrison		Northern Suburbs	11.82
14 17521 Lewis Wong		Nth Rocks Carlin	12.36
15 14640 James Woods		Ryde	11.81
16 14374 Aiden Wright		Ryde	12.05

Event 41 Girls U 8 - 100 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time
1 19612 Tippi Acevedo		Manly Warringah	17.72
2 100 Miranda Benitez		Ku-Ring-Gai	18.32
3 19634 Chelsea Coleman		Manly Warringah	17.62
4 14873 Taylor Crumpton		Ryde	18.73
5 11494 Allegra Gulczynski		Cherrybrook	18.89
6 17716 Zana Hevesy		Nth Rocks Carlin	20.31
7 11585 Maddison Johansen		Cherrybrook	18.60
8 7952 Morgan Jones		Mosman	17.78
9 381 Sophia Lizzio		Ku-Ring-Gai	18.58
10 19423 Elle McDermott		Manly Warringah	17.94
11 19916 Rahni McNaughtan		Manly Warringah	16.96
12 14295 Lucia Oppedisano		Ryde	17.25
13 14370 Parisa Shinde		Ryde	20.41
14 17150 Abby Spurr		Parramatta	18.99
15 2435 Siena Tisi		Northern Suburbs	17.49
16 19857 Vida Webber		Manly Warringah	17.76

Event 42 Boys U 8 - 100 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time
1 137 Reuben Achike		Ku-Ring-Gai	18.03
2 19516 Jacob Alexander		Manly Warringah	17.53
3 14091 Nico Brichta		Northern Distric	16.56
4 19605 Lachlan Creighton		Manly Warringah	17.76
5 17111 Levi Curtis		Parramatta	18.07
6 19437 Aiden Dunne		Manly Warringah	16.41
7 14602 Apollo Frazier		Ryde	17.84
8 17586 Thomas Garland		Nth Rocks Carlin	16.61
9 2396 Elliot Hall		Northern Suburbs	16.56
10 644 Stephen Harvey		Ku-Ring-Gai	16.57
11 241 Kenneth Huang		Ku-Ring-Gai	16.81
12 2729 Ethan Josa		Northern Suburbs	17.36
13 17648 William Kucharski		Nth Rocks Carlin	18.18
14 14422 Ilya Passmore		Ryde	17.30
15 11577 Ryan Rann		Cherrybrook	17.71
16 333 Bailey Vassella		Ku-Ring-Gai	17.46

Event 43 Girls U 9 - 100 Metre Sprint (15) Prelims

Name	Age	Centre	Seed Time
1 18704 Juliet Allan		Hornsby	16.51
2 19120 Brooke Debney		Manly Warringah	16.57
3 17413 Annabel Dickson		Nth Rocks Carlin	17.53
4 139 Sienna Fourie		Ku-Ring-Gai	16.91

5 13927 Emma Hales		Northern Distric	16.76
6 14274 Izabel Ljubicic		Ryde	17.23
7 19282 Ruby Losurdo		Manly Warringah	16.12
8 19177 Lila Louis		Manly Warringah	16.41
9 14935 Emma Mo		Ryde	18.16
10 16975 Aria Smith		Parramatta	17.85
11 19592 IslaF Talaese		Manly Warringah	16.58
12 19110 Abbie Weir		Manly Warringah	15.91
13 11579 Emily Wigham		Cherrybrook	17.35
14 2318 Emily Williams		Northern Suburbs	17.39
15 14544 Yichen Wu		Ryde	16.96

Event 44 Boys U 9 - 100 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time
1 320 Rene Barkhuysen		Ku-Ring-Gai	16.44
2 14650 Thoma Bolla-Nozawa		Ryde	15.67
3 578 Edmund Chen		Ku-Ring-Gai	15.31
4 19444 Blake Creelman		Manly Warringah	15.45
5 191 Jack Cross		Ku-Ring-Gai	15.55
6 19016 Andreas DePasquale		Hornsby	16.27
7 2455 Jett Garton		Northern Suburbs	15.59
8 17680 Darcy Hazon		Nth Rocks Carlin	17.08
9 18843 Tyler Holdsworth		Hornsby	15.91
10 11473 Brendan Jones		Cherrybrook	15.90
11 19920 Daniel McNaughtan		Manly Warringah	16.07
12 17813 Ethan Mikhael		Nth Rocks Carlin	17.35
13 14259 Anthony Simonian		Ryde	16.26
14 16928 Riyansh Thorat		Parramatta	15.90
15 17550 Garvik Venkatesh		Nth Rocks Carlin	17.32
16 19151 AdamMichael Vesely		Manly Warringah	15.44

Event 45 Girls U 10 - 100 Metre Sprint (15) Prelims

Name	Age	Centre	Seed Time
1 8061 April Abboud		Mosman	15.23
2 19779 Lexie Beesley		Manly Warringah	15.54
3 19136 Aria Broadhurst		Manly Warringah	15.61
4 14599 Grace Edwards		Ryde	16.97
5 16961 Nadia Gasparini		Parramatta	16.41
6 2334 Amelie Germon		Northern Suburbs	16.82
7 229 Chloe Huang		Ku-Ring-Gai	15.79
8 11469 Leona Huang		Cherrybrook	16.41
9 19699 Frankie Jones		Manly Warringah	15.54
10 14742 Romy Kum		Ryde	16.60
11 14255 Indiana Mitchell		Ryde	15.93
12 8223 Sherlyn NaLampoon		Mosman	15.44
13 2671 Jacinta Price-Randall		Northern Suburbs	16.18
14 766 Evie Rophail		Ku-Ring-Gai	14.98
15 792 Nicole Shih		Ku-Ring-Gai	15.34

Event 46 Boys U 10 - 100 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time
1 2489 Liam Baird		Northern Suburbs	15.36
2 2530 Matthew Balcombe		Northern Suburbs	15.75
3 11534 Harrison Campbell		Cherrybrook	15.50
4 19376 Eli Conning		Manly Warringah	15.87
5 18921 Tadhg Crowley		Hornsby	14.97

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 46 ... (Boys U 10 - 100 Metre Sprint (16) Prelims)

Name	Age	Centre	Seed Time	
6	8065	Kingston Davis	Mosman	15.36
7	14819	Marco Dessanti	Ryde	15.61
8	11495	Archie Gulczynski	Cherrybrook	15.68
9	19271	Hudson McGregor	Manly Warringah	14.39
10	2526	Roneil Nair	Northern Suburbs	15.96
11	19107	Brody Scott-Faul	Manly Warringah	14.80
12	2755	Flynn Scrivener	Northern Suburbs	15.48
13	124	Hamish Skeates	Ku-Ring-Gai	15.31
14	171	Euan Smith	Ku-Ring-Gai	15.90
15	8004	Finn Sorbara	Mosman	15.48
16	2516	Henry Wilkin-Smith	Northern Suburbs	15.83

Event 47 Girls U 11 - 100 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time	
1	19251	Leanne Barayuga	Manly Warringah	14.46
2	17436	Emma Barker	Nth Rocks Carlin	15.64
3	261	Claudia Birrell	Ku-Ring-Gai	15.75
4	14677	Eliza Bosnic	Ryde	15.74
5	19295	Anieke Coetsee	Manly Warringah	15.63
6	14429	Tully Davies	Ryde	16.51
7	19205	Phoebe Dobson	Manly Warringah	14.65
8	19242	Genevieve Dunnet	Manly Warringah	15.16
9	8067	Eloise Eslick	Mosman	15.84
10	17201	Claire Fetrie	Parramatta	15.31
11	2408	Alexandra Frielingsdorf	Northern Suburbs	16.14
12	515	Havana Gray	Ku-Ring-Gai	NT
13	14526	Madeleine Lynch	Ryde	15.70
14	2411	Bree Madigan Wong	Northern Suburbs	15.76
15	586	Camilla Roderick	Ku-Ring-Gai	14.80
16	16965	Jessy Yong	Parramatta	16.34

Event 48 Boys U 11 - 100 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time	
1	14065	Jensen Barrett	Northern Distric	14.03
2	14584	Enzo Cheung YC	Ryde	15.53
3	17710	Jeffrey Chong	Nth Rocks Carlin	15.87
4	7889	Orlando Clarke	Mosman	14.46
5	2834	Roberto Devine	Northern Suburbs	15.47
6	19337	Harry Dryden	Manly Warringah	14.18
7	14347	Alexander Economides	Ryde	15.38
8	507	Oska Koch	Ku-Ring-Gai	14.89
9	11483	Finn Leivesley	Cherrybrook	14.93
10	11683	Andre Liyanage	Cherrybrook	15.80
11	116	Matthew McCullough	Ku-Ring-Gai	15.58
12	8084	Edward Sharp	Mosman	14.15
13	19709	Heath Towers	Manly Warringah	14.61
14	2317	Michael Williams	Northern Suburbs	16.05
15	14459	Max Williamson	Ryde	15.05
16	19626	Callum Yates	Manly Warringah	15.04

Event 49 Girls U 12 - 100 Metre Sprint (15) Prelims

Name	Age	Centre	Seed Time	
1	730	Ella Achike	Ku-Ring-Gai	13.92
2	336	Manvi Arabolu	Ku-Ring-Gai	NT

3	2456	Florence Bowden	Northern Suburbs	14.72
4	2381	Maddie Burge	Northern Suburbs	14.45
5	18796	Grace Carlton	Hornsby	15.12
6	11505	Hannah Dawson	Cherrybrook	14.76
7	19342	Milla Kacilala	Manly Warringah	15.14
8	17647	Emilie Kucharski	Nth Rocks Carlin	15.57
9	17416	Emily Ng	Nth Rocks Carlin	15.47
10	19607	Claudia Patfield	Manly Warringah	15.60
11	19744	Valerie Pickup	Manly Warringah	14.21
12	19108	Marley Scott-Faul	Manly Warringah	14.57
13	11480	Madison Tabrett	Cherrybrook	14.37
14	2851	Olivia Toshack	Northern Suburbs	14.08
15	11580	Abigail Wigham	Cherrybrook	15.32

Event 50 Boys U 12 - 100 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time	
1	14553	Louis Baddeley	Ryde	14.65
2	19721	Taj Biddlecombe	Manly Warringah	14.00
3	14608	Mitchell Cox	Ryde	14.91
4	19999	Toby Creelman	Manly Warringah	15.16
5	658	Caelan Drysdale	Ku-Ring-Gai	14.31
6	19471	Luca Escribano	Manly Warringah	14.47
7	17418	Cohen Keeping	Nth Rocks Carlin	14.58
8	14311	Jack Le Fevre	Ryde	15.11
9	14598	Zachary Leung	Ryde	13.48
10	8142	Tyrese-Lloyd Owusu	Mosman	14.18
11	111	William Saputra	Ku-Ring-Gai	14.14
12	14816	Jack Spencer	Ryde	13.42
13	19150	Ethan Warner	Manly Warringah	NT
14	14772	Joseph Wehbe	Ryde	14.71
15	627	Finn Wilson	Ku-Ring-Gai	NT
16	168	Andy Zhang	Ku-Ring-Gai	14.62

Event 59 Girls U 13 - 400 Metre Sprint (17)

Name	Age	Centre	Seed Time	
1	19756	Anais Biasi	Manly Warringah	1:05.09
2	8075	Alexandra Bova	Mosman	1:02.92
3	17740	Madison Dellas	Nth Rocks Carlin	1:09.76
4	14044	Lucy Edgar	Northern Distric	1:10.03
5	7902	Billie Fallows	Mosman	1:07.92
6	11551	Ridhi Jasrotia	Cherrybrook	1:09.21
7	17226	Naduli Kariyawasam	Parramatta	1:06.91
8	17019	Olivia Loring	Parramatta	1:10.55
9	19904	Eden McNaughtan	Manly Warringah	1:09.25
10	8076	Alessandra McWilliam	Mosman	NT
11	19180	Josie Perkins	Manly Warringah	1:07.65
12	2405	Lucia Schnell	Northern Suburbs	1:11.13
13	19241	Pilard Shephard	Manly Warringah	1:05.79
14	170	Isla Smith	Ku-Ring-Gai	1:11.59
15	19270	Alexis Tague	Manly Warringah	1:07.40
16	2320	Sienna Wade	Northern Suburbs	1:05.03
17	7967	Sayah Weeding	Mosman	1:09.45

Event 60 Boys U 13 - 400 Metre Sprint (18)

Name	Age	Centre	Seed Time	
1	19609	Parker Ball	Manly Warringah	1:04.86

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 60 ... (Boys U 13 - 400 Metre Sprint (18))

Name	Age	Centre	Seed Time
2 17313 Benjamin Bowrey		Parramatta	1:07.89
3 11500 Charithu De mel		Cherrybrook	1:05.12
4 19048 Sebastian Duddle		Hornsby	NT
5 541 Rhys Duncan		Ku-Ring-Gai	1:04.03
6 2507 Thomas Eaton		Northern Suburbs	1:03.37
7 407 James Ghali		Ku-Ring-Gai	1:08.34
8 614 Archie Kay		Ku-Ring-Gai	1:10.08
9 11601 Andrew Kim		Cherrybrook	1:05.00
10 14254 Xavier Mitchell		Ryde	1:10.04
11 8120 Jake Osullivan		Mosman	1:06.49
12 19286 Deacon Pallpratt		Manly Warringah	1:05.45
13 18786 Joel Ramsay		Hornsby	1:09.99
14 11573 Rohan Sharma		Cherrybrook	1:09.49
15 19445 Oliver Trowell		Manly Warringah	1:01.62
16 253 Thomas Vedris		Ku-Ring-Gai	1:00.30
17 17292 Christopher Wilson		Parramatta	1:11.42
18 19212 Jake Wood		Manly Warringah	NT

Event 61 Girls U 14 - 400 Metre Sprint (14)

Name	Age	Centre	Seed Time
1 2421 Erin Campbell		Northern Suburbs	1:10.72
2 2473 Alicia Connell		Northern Suburbs	1:22.06
3 18850 Tara Gilkeson		Hornsby	1:05.64
4 316 Mia Hooton		Ku-Ring-Gai	1:00.13
5 18895 Camila Iorio		Hornsby	1:08.23
6 19450 Sophie Irvine		Manly Warringah	1:07.10
7 19339 Naomi Krajancic		Manly Warringah	57.11
8 19395 emily kupceric		Manly Warringah	1:06.50
9 19615 Belinda Matthews		Manly Warringah	1:04.01
10 8025 Millie Morrison		Mosman	1:07.88
11 134 Charlotte Palmer		Ku-Ring-Gai	1:12.59
12 2675 Eva Pavlovic		Northern Suburbs	1:19.70
13 17467 Scarlett Richards		Nth Rocks Carlin	1:17.83
14 19291 Eliza Williams		Manly Warringah	1:03.39

Event 62 Boys U 14 - 400 Metre Sprint (13)

Name	Age	Centre	Seed Time
1 14756 Harry Beer		Ryde	1:05.99
2 14945 Jonathon Bennett		Ryde	1:08.52
3 14059 Alexander Braendle		Northern Distric	1:05.07
4 14520 Rhys Chandler		Ryde	1:05.02
5 17240 Phoenix Deng		Parramatta	1:11.26
6 19731 Harvey Glanville		Manly Warringah	57.56
7 19758 Andrew Guerin		Manly Warringah	1:09.90
8 17406 Jamie Kastelan		Nth Rocks Carlin	1:03.38
9 19326 Oscar Needham		Manly Warringah	1:07.18
10 19390 Lucas Nuttall		Manly Warringah	59.65
11 377 Alessandro Rossi		Ku-Ring-Gai	1:12.33
12 14195 Jake Sefton		Northern Distric	1:08.62
13 11548 Christopher Whiteley		Cherrybrook	1:06.77

Event 63 Girls U 15 - 400 Metre Sprint (12)

Name	Age	Centre	Seed Time
1 17806 Evelyn Cheung		Nth Rocks Carlin	1:18.42

2 8230 Annabelle Cigna		Mosman	1:04.78
3 17062 Chiara Ewing		Parramatta	1:11.56
4 19508 Emma Garden		Manly Warringah	1:07.54
5 18913 Eden Herring		Hornsby	1:01.95
6 13967 Aniela Knight		Northern Distric	1:02.06
7 17018 Jessica Loring		Parramatta	1:09.05
8 14380 Mia Million		Ryde	1:18.30
9 2481 Reena Son		Northern Suburbs	1:12.87
10 17212 Stella Stirling		Parramatta	1:12.04
11 11560 Hannah Storey		Cherrybrook	1:03.52
12 19701 Indianna Vale		Manly Warringah	1:13.50

Event 64 Boys U 15 - 400 Metre Sprint (16)

Name	Age	Centre	Seed Time
1 17208 Thomas Aroyan		Parramatta	55.21
2 322 Rian Connors		Ku-Ring-Gai	59.36
3 2520 Alexander Fijan		Northern Suburbs	1:05.03
4 19277 Benjamin Frantz		Manly Warringah	1:02.55
5 14488 Calan Hahlos		Ryde	56.96
6 17753 Aiden La Vinh		Nth Rocks Carlin	1:09.46
7 18831 Aiden McDaid		Hornsby	56.04
8 19476 Harry Nixon		Manly Warringah	58.57
9 19475 Jack Nixon		Manly Warringah	1:03.91
10 2552 Oliver Pereira de Jesus		Northern Suburbs	1:02.27
11 18741 Shiva Rajesh		Hornsby	58.27
12 388 Hugo Reynolds		Ku-Ring-Gai	1:04.98
13 2843 Thayu Runo		Northern Suburbs	1:07.44
14 2799 Matteo Shipman		Northern Suburbs	58.19
15 8052 Hugo Stewart		Mosman	1:00.94
16 17751 Tomasi Waqabaca		Nth Rocks Carlin	1:10.24

Event 65 Girls U 17 - 400 Metre Sprint (16)

Name	Age	Centre	Seed Time
1 158 Samara Bond		Ku-Ring-Gai	57.81
2 19384 Annika Boys		Manly Warringah	1:02.11
3 19447 Matilda Bridge		Manly Warringah	1:03.01
4 820 Eliza Heys		Ku-Ring-Gai	1:06.57
5 2543 Sacha Jones		Northern Suburbs	1:11.88
6 14638 Alicia Leggatt		Ryde	1:11.22
7 14263 Charlotte Nagle		Ryde	1:11.55
8 14240 Zara Pawsey		Ryde	1:06.04
9 19460 Kristina Prizmic		Manly Warringah	1:05.85
10 19533 Jasmine Rintel		Manly Warringah	58.13
11 19689 Eve Simpson		Manly Warringah	1:01.77
12 17068 Amia Tan		Parramatta	1:15.03
13 13982 Freya Tonkin		Northern Distric	1:03.78
14 13934 Elizabeth Toynbee		Northern Distric	1:13.25
15 14392 Ellie van der Poorten		Ryde	1:09.31
16 19836 Estelle Walsh		Manly Warringah	1:00.66

Event 66 Boys U 17 - 400 Metre Sprint (13)

Name	Age	Centre	Seed Time
1 17017 Zachariah Abood		Parramatta	57.20
2 18872 Wol Albino		Hornsby	52.99
3 17236 Declan Bragg		Parramatta	59.65
4 19214 Leo Brown		Manly Warringah	54.32

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 66 ... (Boys U 17 - 400 Metre Sprint (13))

Name	Age	Centre	Seed Time	
5	11619	Shaurya Chopra	Cherrybrook	1:02.99
6	17046	Oliver Corne	Parramatta	56.75
7	19169	Michael Godden	Manly Warringah	58.01
8	39123	Bede Hogard	Ku-Ring-Gai	59.26
9	14315	Lucas Low	Ryde	55.61
10	18776	Nathanael Ramsay	Hornsby	52.77
11	17194	Cooper Robb-Jackson	Parramatta	1:00.59
12	18759	Ashton Sawtell	Hornsby	57.39
13	14640	James Woods	Ryde	54.12

Event 67 Girls U 8 - 400 Metre Run Pack Start (16)

Name	Age	Centre	Seed Time	
1	100	Miranda Benitez	Ku-Ring-Gai	1:30.97
2	14943	Lauren Bennett	Ryde	1:25.23
3	109	Elena Chen	Ku-Ring-Gai	1:17.11
4	19634	Chelsea Coleman	Manly Warringah	1:26.99
5	19255	Eloise Debney	Manly Warringah	1:19.89
6	2321	Sophie Dong	Northern Suburbs	1:34.64
7	18935	Grace Dyson	Hornsby	1:29.17
8	7987	Halina Erihe	Mosman	1:26.06
9	19266	Sophie Hunt	Manly Warringah	1:31.41
10	11585	Maddison Johansen	Cherrybrook	1:34.86
11	410	Zoe Marinkovich	Ku-Ring-Gai	1:23.08
12	19322	Piper Marshall	Manly Warringah	1:27.83
13	19916	Rahni McNaughtan	Manly Warringah	1:27.41
14	2389	Aliska Reitano	Northern Suburbs	1:28.56
15	14370	Parisa Shinde	Ryde	1:33.63
16	2435	Siena Tisi	Northern Suburbs	1:30.38

Event 68 Boys U 8 - 400 Metre Run Pack Start (16)

Name	Age	Centre	Seed Time	
1	461	Harrison Chiang	Ku-Ring-Gai	1:29.42
2	19605	Lachlan Creighton	Manly Warringah	1:26.05
3	14450	Joshua Ekers	Ryde	1:21.76
4	19153	Sonny Farrell	Manly Warringah	1:24.18
5	2396	Elliot Hall	Northern Suburbs	1:28.47
6	19787	Marcus Hemsworth	Manly Warringah	1:26.71
7	19146	Coby James	Manly Warringah	1:24.99
8	534	Lachlan Kandasamy	Ku-Ring-Gai	1:23.79
9	7907	Billy Livingstone	Mosman	1:22.82
10	266	John Lukas	Ku-Ring-Gai	1:15.51
11	2385	Tom Moody	Northern Suburbs	1:25.77
12	14422	Ilya Passmore	Ryde	1:31.20
13	14218	Jai Prados-valerio	Northern Distric	1:23.39
14	11577	Ryan Rann	Cherrybrook	1:29.73
15	14793	Ivri Sat	Ryde	1:30.37
16	14368	Noah Smith	Ryde	1:23.04

Event 69 Girls U 9 - 400 Metre Sprint (16)

Name	Age	Centre	Seed Time	
1	167	Harlow Campbell	Ku-Ring-Gai	1:20.33
2	19120	Brooke Debney	Manly Warringah	1:23.47
3	17394	Isabella Dobe	Nth Rocks Carlin	1:22.88
4	128	Scarlett Docherty	Ku-Ring-Gai	1:18.51

5	540	Morgan Duncan	Ku-Ring-Gai	1:22.17
6	19160	Amelia Esser	Manly Warringah	1:20.23
7	14373	Isla Gudmunson	Ryde	1:33.61
8	19134	Ella Harding	Manly Warringah	1:13.96
9	198	Kinsley Harvey	Ku-Ring-Gai	1:20.93
10	7975	Millar Hicks	Mosman	1:24.33
11	19282	Ruby Losurdo	Manly Warringah	1:15.19
12	19263	Abigail Maher	Manly Warringah	1:15.34
13	2535	Philippa Stewart	Northern Suburbs	1:25.58
14	11579	Emily Wigham	Cherrybrook	1:25.16
15	2557	Tabitha Williams	Northern Suburbs	1:24.97
16	14544	Yichen Wu	Ryde	1:22.74

Event 70 Boys U 9 - 400 Metre Sprint (16)

Name	Age	Centre	Seed Time	
1	14832	Elliott Alexander	Ryde	1:26.49
2	7966	Frederick Bangs	Mosman	1:19.30
3	14650	Thoma Bolla-Nozawa	Ryde	1:14.13
4	578	Edmund Chen	Ku-Ring-Gai	1:12.30
5	19665	Archie Cole	Manly Warringah	1:15.43
6	19285	Zachary Cooke	Manly Warringah	1:15.00
7	207	Ian Liang	Ku-Ring-Gai	1:20.51
8	2350	Edward Longley	Northern Suburbs	1:24.62
9	17139	Elliott McQuillan	Parramatta	1:21.77
10	17813	Ethan Mikhael	Nth Rocks Carlin	1:20.84
11	19210	Jack Miller	Manly Warringah	1:12.24
12	19268	Max Miller	Manly Warringah	1:14.66
13	280	Michael Omar	Ku-Ring-Gai	1:20.51
14	13998	Lachlan Ross	Northern Distric	1:17.75
15	19181	Liam Tysoe	Manly Warringah	1:17.39
16	17522	Flynn Wirianata	Nth Rocks Carlin	1:18.54

Event 71 Girls U 10 - 400 Metre Sprint (16)

Name	Age	Centre	Seed Time	
1	17207	Savannah Aroyan	Parramatta	1:26.98
2	19779	Lexie Beesley	Manly Warringah	1:16.27
3	19828	Amelia Berry	Manly Warringah	1:16.49
4	374	Ellie Boers	Ku-Ring-Gai	1:18.94
5	19633	Grace Coleman	Manly Warringah	1:13.87
6	864	Evelyn Finley	Ku-Ring-Gai	1:17.77
7	17022	Casey Fowler	Parramatta	1:21.63
8	19425	Josephine Han	Manly Warringah	1:07.22
9	11469	Leona Huang	Cherrybrook	1:16.46
10	2873	Emmanuelle Julliard	Northern Suburbs	1:20.05
11	13997	Stephanie Ross	Northern Distric	1:16.06
12	8027	Sabella Sewell	Mosman	1:19.43
13	8060	Aurelia Stewart	Mosman	1:14.61
14	19702	evelyn vale	Manly Warringah	1:11.18
15	2319	Stella Wade	Northern Suburbs	1:11.83
16	14349	Natalie Young	Ryde	1:21.85

Event 72 Boys U 10 - 400 Metre Sprint (16)

Name	Age	Centre	Seed Time	
1	2530	Matthew Balcombe	Northern Suburbs	1:10.16
2	14946	Harrison Bennett	Ryde	1:16.72
3	11536	Alastair Brill	Cherrybrook	1:19.22

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 72 ... (Boys U 10 - 400 Metre Sprint (16))

Name	Age	Centre	Seed Time	
4	19304	Samson Cech	Manly Warringah	1:14.35
5	14128	Riley Daley	Northern Distric	1:13.57
6	8065	Kingston Davis	Mosman	1:15.89
7	19492	Hugo Gledhill	Manly Warringah	1:15.02
8	11495	Archie Gulczynski	Cherrybrook	1:14.95
9	234	Nicolas James-Taylor	Ku-Ring-Gai	1:10.73
10	615	Tommy Kay	Ku-Ring-Gai	1:14.07
11	19103	Ryder Lane-Brown	Manly Warringah	1:09.00
12	8033	Max Madar	Mosman	1:14.61
13	7982	angus Morrison	Mosman	1:13.58
14	17452	Ryan Song	Nth Rocks Carlin	1:17.01
15	19308	Caden Symons	Manly Warringah	1:12.88
16	2516	Henry Wilkin-Smith	Northern Suburbs	1:11.72

Event 73 Girls U 11 - 400 Metre Sprint (17)

Name	Age	Centre	Seed Time	
1	19238	Amity Batchler	Manly Warringah	1:12.52
2	14944	Katherine Bennett	Ryde	1:16.37
3	19530	Feriel BesodiBoujemac	Manly Warringah	1:10.63
4	349	Matilda Corbett	Ku-Ring-Gai	1:23.14
5	14449	Kira Ekers	Ryde	1:16.94
6	2408	Alexandra Frielingsdorf	Northern Suburbs	1:16.67
7	11514	Zoe Jordan	Cherrybrook	1:17.39
8	19753	Evelyn Lulli	Manly Warringah	1:13.48
9	19323	Hayley Marshall	Manly Warringah	1:14.27
10	813	Kara McEwan	Ku-Ring-Gai	1:22.66
11	13971	Evie MooreMulcahy	Northern Distric	NT
12	11686	Tara North	Cherrybrook	1:17.82
13	19207	Chloe Peaper	Manly Warringah	1:13.80
14	8115	Mia Rich	Mosman	1:13.27
15	586	Camilla Roderick	Ku-Ring-Gai	1:14.12
16	270	Katelyn ThorinDembo	Ku-Ring-Gai	1:14.13
17	16965	Jessy Yong	Parramatta	1:14.13

Event 74 Boys U 11 - 400 Metre Sprint (16)

Name	Age	Centre	Seed Time	
1	18923	James Bissaker	Hornsby	1:13.46
2	2349	Oliver Fratini	Northern Suburbs	1:18.90
3	19730	Austin Grennan	Manly Warringah	1:10.75
4	155	Brody Johnson	Ku-Ring-Gai	1:07.47
5	17572	Riley Johnson	Nth Rocks Carlin	1:13.22
6	507	Oska Koch	Ku-Ring-Gai	1:13.34
7	116	Matthew McCullough	Ku-Ring-Gai	1:13.67
8	19922	Lewis McNaughtan	Manly Warringah	1:10.90
9	2384	Sam Moody	Northern Suburbs	1:12.61
10	8010	Peter Phillipou	Mosman	1:13.65
11	19717	Zane Romyn	Manly Warringah	1:07.65
12	17129	Ethan Ryan	Parramatta	1:16.42
13	7940	Harrison Vakili	Mosman	1:09.82
14	11554	Lachlan Vercoe	Cherrybrook	1:17.22
15	2317	Michael Williams	Northern Suburbs	1:16.93
16	19597	Thomas Wilson	Manly Warringah	1:14.18

Event 75 Girls U 12 - 400 Metre Sprint (16)

Name	Age	Centre	Seed Time	
1	14318	Zara Cox	Ryde	1:16.61
2	334	Zara Denney	Ku-Ring-Gai	1:13.79
3	18803	Juliet Erickson	Hornsby	1:10.78
4	2850	Madison Gatfield-Davis	Northern Suburbs	1:14.87
5	8063	Emma Jones	Mosman	1:16.43
6	2490	Meredith Lee	Northern Suburbs	1:08.18
7	11481	Ashleigh Mansell	Cherrybrook	1:15.22
8	17416	Emily Ng	Nth Rocks Carlin	1:12.34
9	19607	Claudia Patfield	Manly Warringah	1:08.13
10	8086	Emily PereiradeJesus	Mosman	1:09.84
11	19744	Valerie Pickup	Manly Warringah	1:05.48
12	19710	Lotte Roessler	Manly Warringah	1:12.21
13	19716	Isabella Ross	Manly Warringah	1:10.16
14	19171	Kyah Ryals	Manly Warringah	1:08.28
15	11480	Madison Tabrett	Cherrybrook	1:13.29
16	19254	Kenzie Wark	Manly Warringah	1:13.55

Event 76 Boys U 12 - 400 Metre Sprint (17)

Name	Age	Centre	Seed Time	
1	19347	Freddie Atkinson	Manly Warringah	1:10.62
2	8081	Charlie Baird-Petroni	Mosman	1:11.75
3	2762	John Brivulis	Northern Suburbs	1:06.58
4	19471	Luca Escribano	Manly Warringah	1:09.66
5	2894	Henry Grieve	Northern Suburbs	1:12.22
6	11697	Oliver Halfhide	Cherrybrook	1:10.99
7	19426	Isaac Han	Manly Warringah	1:07.56
8	8026	Xavier Hokins	Mosman	1:11.11
9	11694	Lachlan Kidd	Cherrybrook	1:04.38
10	19482	Alex Kinner	Manly Warringah	1:04.90
11	14311	Jack Le Fevre	Ryde	1:08.74
12	19616	Connor Matthews	Manly Warringah	1:11.60
13	17053	Vinay Menon	Parramatta	1:12.89
14	401	Alexander Nosek	Ku-Ring-Gai	1:11.32
15	19293	Isaac Robinson	Manly Warringah	NT
16	111	William Saputra	Ku-Ring-Gai	1:11.86
17	19703	Tasman Vale	Manly Warringah	1:06.81

Event 103 Girls U 13 - 3000 Metre Run (12)

Name	Age	Centre	Seed Time	
1	2433	Isla Bealby	Northern Suburbs	12:08.47
2	7762	Annabelle Cahill	Mosman	15:12.19
3	19157	Gemma Dixon	Manly Warringah	11:35.60
4	14250	Miarose Everson	Ryde	12:21.77
5	19135	Aanya Findlay	Manly Warringah	14:09.08
6	11584	Makenzi Gartner	Cherrybrook	13:49.32
7	17752	Alicia La Vinh	Nth Rocks Carlin	15:00.18
8	19755	Alana Lulli	Manly Warringah	12:03.01
9	19158	Amelia Mandalinic	Manly Warringah	11:22.00
10	16925	Ella-Rae Mcgregor	Parramatta	14:37.72
11	11639	Ella Shannon	Cherrybrook	15:25.59
12	2320	Sienna Wade	Northern Suburbs	11:16.04

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 104 Boys U 13 - 3000 Metre Run (14)

Name	Age	Centre	Seed Time
1 440 Liam Barnes		Ku-Ring-Gai	11:57.46
2 2430 Max Bealby		Northern Suburbs	11:50.40
3 19173 Max Donald		Manly Warringah	11:50.96
4 16945 Zane El Sayed Ahmad		Parramatta	12:20.76
5 14239 Mitchell McCarthy		Ryde	12:27.07
6 331 Max McIntosh		Ku-Ring-Gai	16:02.80
7 2387 John Reville		Northern Suburbs	11:54.64
8 17128 James Ryan		Parramatta	11:26.33
9 17478 Nathan Sarah		Nth Rocks Carlin	12:17.12
10 2822 Beau Snashall		Northern Suburbs	12:03.13
11 14301 Dominic Trigwell		Ryde	11:37.11
12 19445 Oliver Trowell		Manly Warringah	10:27.48
13 11476 Isaac Wegener		Cherrybrook	11:10.79
14 19155 Charlie Whelan		Manly Warringah	10:41.45

Event 105 Girls U 14 - 3000 Metre Run (6)

Name	Age	Centre	Seed Time
1 11556 Aliyah Bennett		Cherrybrook	10:45.98
2 19991 Eliza Lawton		Manly Warringah	9:45.66
3 2675 Eva Pavlovic		Northern Suburbs	14:01.09
4 17494 Sophie Polkinghorne		Nth Rocks Carlin	10:59.18
5 19661 Maddison Ross		Manly Warringah	13:32.76
6 11592 Claudia Wyatt		Cherrybrook	11:37.55

Event 106 Boys U 14 - 3000 Metre Run (8)

Name	Age	Centre	Seed Time
1 14059 Alexander Braendle		Northern Distric	11:18.59
2 129 William Durer		Ku-Ring-Gai	9:43.87
3 17002 Ryan Koshy		Parramatta	13:20.54
4 457 Sebastian Linton		Ku-Ring-Gai	11:14.04
5 19638 Max McDermott		Manly Warringah	10:33.64
6 14179 Riley Waddingham		Northern Distric	13:07.95
7 8034 Toby Ward		Mosman	10:28.66
8 11548 Christopher Whiteley		Cherrybrook	10:49.77

Event 107 Girls U 15 - 3000 Metre Run (3)

Name	Age	Centre	Seed Time
1 19543 Skye Blair		Manly Warringah	12:53.85
2 17018 Jessica Loring		Parramatta	11:28.78
3 18789 Alice Lyng		Hornsby	11:09.93

Event 108 Boys U 15 - 3000 Metre Run (6)

Name	Age	Centre	Seed Time
1 11572 Brendan Armstrong		Cherrybrook	10:04.05
2 17753 Aiden La Vinh		Nth Rocks Carlin	12:01.37
3 14435 Luke Moscos		Ryde	10:36.75
4 14297 Benjamin Prosenko		Ryde	11:39.79
5 8052 Hugo Stewart		Mosman	10:39.77
6 39105 Henry Stuart		Ku-Ring-Gai	10:41.01

Event 109 Girls U 17 - 3000 Metre Run (9)

Name	Age	Centre	Seed Time
1 8183 Grace Fisher		Mosman	11:22.81
2 39132 Ava Garnys		Ku-Ring-Gai	12:02.58

3 14638 Alicia Leggatt		Ryde	13:45.45
4 14290 Ella McGregor		Ryde	13:01.07
5 8074 Alexandra Pearson		Mosman	12:32.94
6 17431 Isabella Primrose		Nth Rocks Carlin	14:23.59
7 17023 Kaley Roach		Parramatta	15:16.86
8 11640 Caitlin Shannon		Cherrybrook	14:34.44
9 11608 Amy Timms		Cherrybrook	12:40.37

Event 110 Boys U 17 - 3000 Metre Run (8)

Name	Age	Centre	Seed Time
1 558 Dylan Allabush		Ku-Ring-Gai	10:17.03
2 11613 Idris Burkhardt		Cherrybrook	9:27.52
3 14097 Conor Collins		Northern Distric	11:09.94
4 17050 Evan Holman		Parramatta	10:21.37
5 18785 Lochlann Neilan		Hornsby	10:23.81
6 14644 Julian Smith		Ryde	10:04.83
7 17379 Benjamin Woodhouse		Nth Rocks Carlin	9:25.48
8 18782 Luke Woods		Hornsby	15:38.99

Event 111 Girls U 9 - High Jump (S/H 0.85m) (15)

Name	Age	Centre	Seed Mark
1 18704 Juliet Allan		Hornsby	1.00m
2 167 Harlow Campbell		Ku-Ring-Gai	1.00m
3 17546 Eden De Pomeroy		Nth Rocks Carlin	0.90m
4 19351 Hannah Dick		Manly Warringah	1.04m
5 2470 Calais Durie		Northern Suburbs	1.07m
6 19160 Amelia Esser		Manly Warringah	0.95m
7 19535 Aliya Howe		Manly Warringah	1.02m
8 18755 Lucy Keevy		Hornsby	0.95m
9 2480 Audrey Kerkham		Northern Suburbs	0.90m
10 11684 Kiara Liyanage		Cherrybrook	0.90m
11 17499 Teara Obrien		Nth Rocks Carlin	0.97m
12 736 Georgia Rouse		Ku-Ring-Gai	0.95m
13 19552 Ellie Turmanis		Manly Warringah	1.00m
14 19230 Mila Ward		Manly Warringah	0.95m
15 17029 Amelia Wensor		Parramatta	0.90m

Event 112 Girls U 15 - High Jump (S/H 1.25m) (8)

Name	Age	Centre	Seed Mark
1 17806 Evelyn Cheung		Nth Rocks Carlin	1.20m
2 11479 Zoe Connell		Cherrybrook	1.20m
3 11564 Sophie Durheim		Cherrybrook	1.41m
4 19673 Sophie Hinds		Manly Warringah	1.35m
5 2646 Tanna Kotulic		Northern Suburbs	1.35m
6 14786 Giselle Olymbios		Ryde	1.25m
7 17212 Stella Stirling		Parramatta	1.25m
8 14425 Emilia Webb		Ryde	1.45m

Event 113 Boys U 15 - Long Jump (16)

Name	Age	Centre	Seed Mark
1 8078 Daniel Benoliel		Mosman	4.95m
2 19687 Max Figueira		Manly Warringah	4.87m
3 17060 Kyros Ghadiali		Parramatta	6.32m
4 17688 Brenden Kim		Nth Rocks Carlin	5.24m
5 10753 Ratu Viliame Lewanav.		Nth Rocks Carlin	5.99m
6 2342 Jude Lumley		Northern Suburbs	5.15m
7 19313 Jack Memillan		Manly Warringah	5.11m

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 113 ... (Boys U 15 - Long Jump (16))

	Name	Age Centre	Seed Mark
8	17510 Christopher Nilon	Nth Rocks Carlin	4.83m
9	2552 Oliver Pereira de Jesus	Northern Suburbs	5.04m
10	11682 Samuel Price	Cherrybrook	5.87m
11	18741 Shiva Rajesh	Hornsby	4.98m
12	2843 Thayu Runo	Northern Suburbs	4.60m
13	11693 Evan Semaganda	Cherrybrook	4.57m
14	19340 Zac Stante	Manly Warringah	4.42m
15	490 Jimmy Thebridge	Ku-Ring-Gai	5.56m
16	14062 Sam Wu	Northern Distric	5.53m

Event 114 Girls U 14 - Long Jump (16)

	Name	Age Centre	Seed Mark
1	14432 April Bateman	Ryde	3.97m
2	159 Amalia Bond	Ku-Ring-Gai	5.36m
3	11614 Laila Burkhardt	Cherrybrook	4.24m
4	17538 Evana Butler	Nth Rocks Carlin	4.01m
5	14084 Annalise Cottrell	Northern Distric	4.35m
6	539 Alicia Endicott	Ku-Ring-Gai	4.12m
7	151 Chelsea Forte	Ku-Ring-Gai	4.62m
8	2794 Tanya Graham	Northern Suburbs	4.62m
9	612 Ava Grant	Ku-Ring-Gai	4.63m
10	17834 Mia Gross	Nth Rocks Carlin	3.99m
11	39109 Lily Hughes	Ku-Ring-Gai	4.74m
12	19232 Zara Parslow	Manly Warringah	4.20m
13	14133 Alannah Pryor	Northern Distric	4.52m
14	11478 Nisini Rajapaksha Mud	Cherrybrook	4.68m
15	19504 Avie Russell	Manly Warringah	4.87m
16	19359 Isla Scoular	Manly Warringah	4.25m

Event 115 Girls U 17 - Triple Jump (16)

	Name	Age Centre	Seed Mark
1	19462 Catrine Atherton	Manly Warringah	9.39m
2	14304 Claudia Barlow	Ryde	9.02m
3	17459 Anesha Busingye	Nth Rocks Carlin	10.38m
4	14442 Amelie Gomez-Niewol	Ryde	10.64m
5	14730 Jessica Johnston	Ryde	10.05m
6	17703 Lani Khiroya	Nth Rocks Carlin	11.08m
7	2585 Vivian Lowe	Northern Suburbs	9.42m
8	19509 Ashlee O'Reilly	Manly Warringah	10.50m
9	14468 Miah Oshea	Ryde	10.63m
10	8143 Ajaya Owusu	Mosman	9.48m
11	2883 Ruby Perkins	Northern Suburbs	9.97m
12	17431 Isabella Primrose	Nth Rocks Carlin	9.31m
13	19460 Kristina Prizmic	Manly Warringah	9.45m
14	13982 Freya Tonkin	Northern Distric	9.30m
15	13933 Charlotte Toynbee	Northern Distric	9.27m
16	13934 Elizabeth Toynbee	Northern Distric	9.07m

Event 116 Boys U 9 - Discus (500 Gram) (16)

	Name	Age Centre	Seed Mark
1	14832 Elliott Alexander	Ryde	14.25m
2	7746 Edward Cambridge	Mosman	13.92m
3	19175 Harley Donald	Manly Warringah	18.39m
4	17677 Sean Fitzpatrick	Nth Rocks Carlin	14.10m

5	2454 Jaxon Garton	Northern Suburbs	15.01m
6	572 Zac Gerrand	Ku-Ring-Gai	18.10m
7	896 Luca Hage	Ku-Ring-Gai	17.06m
8	19166 Van Jordan	Manly Warringah	27.17m
9	18998 Henry Kinsey	Hornsby	16.77m
10	2348 Charles Lukas (Yc)	Northern Suburbs	14.76m
11	600 Neil Macmillan	Ku-Ring-Gai	15.09m
12	19143 Lachlan Riches	Manly Warringah	13.64m
13	17533 Daniel Smart	Nth Rocks Carlin	14.37m
14	11563 Aaryaveer Tangri	Cherrybrook	22.76m
15	19281 Benjamin Thompson	Manly Warringah	17.16m
16	2376 Martin Zapaquira Romer	Northern Suburbs	16.71m

Event 117 Boys U 14 - Discus (1.0 Kg) (11)

	Name	Age Centre	Seed Mark
1	11653 Blake Billingsley	Cherrybrook	21.23m
2	8219 Nicolas Chaseling	Mosman	30.08m
3	11650 James de Sacadura	Cherrybrook	20.17m
4	19133 Ethan Jauncey	Manly Warringah	23.09m
5	17829 Senuka Kankanige	Nth Rocks Carlin	30.92m
6	17828 Vinuka Kankanige	Nth Rocks Carlin	30.92m
7	17736 Matthew Lawrence	Nth Rocks Carlin	22.36m
8	651 Max McPherson	Ku-Ring-Gai	23.13m
9	14519 Lucas Michaels	Ryde	17.09m
10	43378 Dongjun Jaden Shin	Ryde	23.18m
11	17532 Nicholas Smart	Nth Rocks Carlin	26.48m

Event 118 Boys U 17 - Shot Put (5.0 Kg) (10)

	Name	Age Centre	Seed Mark
1	18872 Wol Albino	Hornsby	9.89m
2	19300 Freddie Benson Sparke	Manly Warringah	14.49m
3	11652 Justin Billingsley	Cherrybrook	10.66m
4	13945 Joshua Harding	Northern Distric	8.20m
5	13944 Kalan Harding	Northern Distric	11.88m
6	17540 Rebeen Mirzaei	Nth Rocks Carlin	10.23m
7	8058 Finn Pereira	Mosman	9.32m
8	39124 Neil Rawat	Ku-Ring-Gai	7.78m
9	17516 Thomas Schneider	Nth Rocks Carlin	11.02m
10	17722 Lachlan Waldron	Nth Rocks Carlin	11.62m

Event 119 Girls U 11 - Shot Put (2.0 Kg) (16)

	Name	Age Centre	Seed Mark
1	18775 Samantha Campbell	Hornsby	7.67m
2	11477 Imogen Connell	Cherrybrook	8.11m
3	17201 Claire Fetrie	Parramatta	8.86m
4	19799 Sophie Griffiths	Manly Warringah	6.54m
5	2344 Abigail Johnstone	Northern Suburbs	6.62m
6	10754 Selina Lewanavanua	Nth Rocks Carlin	7.06m
7	14518 Melina Michaels	Ryde	5.49m
8	2414 Gracie O'Leary	Northern Suburbs	7.45m
9	17770 Angel Obi	Nth Rocks Carlin	7.68m
10	19203 Louisa Olofinsky	Manly Warringah	6.16m
11	343 Anna Sarkodee	Ku-Ring-Gai	6.23m
12	14675 Skye Spiden	Ryde	7.43m
13	14042 Dulcie Thompson	Northern Distric	8.19m
14	14424 Florence Webb	Ryde	6.56m

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 119 ... (Girls U 11 - Shot Put (2.0 Kg) (16))

Name	Age	Centre	Seed Mark
15 19559 Caitlin Willacy		Manly Warringah	5.45m
16 17750 Myesha Yip		Nth Rocks Carlin	5.91m

Event 120 Girls U 10 - Long Jump (16)

Name	Age	Centre	Seed Mark
1 19828 Amelia Berry		Manly Warringah	3.38m
2 2546 Laura Bosly		Northern Suburbs	3.27m
3 864 Evelyn Finley		Ku-Ring-Gai	3.49m
4 2747 Sienna Flower		Northern Suburbs	3.63m
5 16961 Nadia Gasparini		Parramatta	3.35m
6 17691 Georgia Gryst		Nth Rocks Carlin	3.39m
7 14076 Matilda Haggarty		Northern Distric	3.41m
8 521 Anya Keshwara		Ku-Ring-Gai	3.38m
9 14334 Zoey Marando		Ryde	3.41m
10 19310 Isobel Miles		Manly Warringah	3.41m
11 14255 Indiana Mitchell		Ryde	3.69m
12 11553 Milena Mok		Cherrybrook	3.42m
13 19795 Alice Orth		Manly Warringah	3.42m
14 2500 Sierra Seale		Northern Suburbs	3.91m
15 792 Nicole Shih		Ku-Ring-Gai	3.79m
16 19458 Lucy Turner		Manly Warringah	4.04m

Event 121 Boys U 11 - Long Jump (16)

Name	Age	Centre	Seed Mark
1 14065 Jensen Barrett		Northern Distric	4.21m
2 17710 Jeffrey Chong		Nth Rocks Carlin	4.00m
3 7889 Orlando Clarke		Mosman	3.94m
4 14674 Flynn Cox-Gallagher		Ryde	4.05m
5 19337 Harry Dryden		Manly Warringah	3.97m
6 14347 Alexander Economides		Ryde	3.84m
7 19152 Jaxon Farrell		Manly Warringah	3.77m
8 11661 Dhulain Fernando		Cherrybrook	3.54m
9 19179 Kyahn Hyde		Manly Warringah	3.85m
10 17705 Liam Lawson		Nth Rocks Carlin	4.32m
11 11483 Finn Leivesley		Cherrybrook	4.44m
12 602 Alexander Macmillan		Ku-Ring-Gai	3.91m
13 18790 Alexander Sorensen		Hornsby	4.10m
14 19709 Heath Towers		Manly Warringah	4.33m
15 7940 Harrison Vakili		Mosman	4.12m
16 7941 Hunter Vakili		Mosman	3.75m

Event 122 Girls U 12 - Triple Jump (17)

Name	Age	Centre	Seed Mark
1 336 Manvi Arabolu		Ku-Ring-Gai	ND
2 11540 Eve Bodley		Cherrybrook	8.44m
3 2456 Florence Bowden		Northern Suburbs	9.08m
4 18796 Grace Carlton		Hornsby	8.49m
5 126 Zara Conner		Ku-Ring-Gai	8.16m
6 19352 Rhiannon Dick		Manly Warringah	8.35m
7 2522 Maia Fijan		Northern Suburbs	8.16m
8 19427 Audrey Grether		Manly Warringah	8.68m
9 17385 Latu Lolomanaia		Nth Rocks Carlin	8.18m
10 11481 Ashleigh Mansell		Cherrybrook	8.11m
11 19385 Roxanne Parkes		Manly Warringah	8.81m

12 17582 Julia Perry		Nth Rocks Carlin	8.47m
13 19171 Kyah Ryals		Manly Warringah	9.21m
14 2851 Olivia Toshack		Northern Suburbs	10.35m
15 17548 Heidi Waddell		Nth Rocks Carlin	8.12m
16 11580 Abigail Wigham		Cherrybrook	8.47m
17 17523 Jolin Wirianata		Nth Rocks Carlin	8.71m

Event 123 Girls U 8 - Discus (500 Gram) (16)

Name	Age	Centre	Seed Mark
1 282 Anjali Agnew		Ku-Ring-Gai	11.39m
2 19517 Matilda Alexander		Manly Warringah	9.93m
3 17441 Shasha Allanki		Nth Rocks Carlin	10.12m
4 19379 Alena Andrijic		Manly Warringah	8.96m
5 14943 Lauren Bennett		Ryde	10.60m
6 14873 Taylor Crumpton		Ryde	9.93m
7 17109 Shanaya Dixit		Parramatta	8.28m
8 2321 Sophie Dong		Northern Suburbs	8.19m
9 16992 Piper Henebery		Parramatta	8.85m
10 17443 Evelyn Liu		Nth Rocks Carlin	7.94m
11 19322 Piper Marshall		Manly Warringah	9.22m
12 13970 Molly MooreMulcahy		Northern Distric	12.12m
13 414 Abigail Morgan		Ku-Ring-Gai	10.52m
14 18994 Peyton Schooling		Hornsby	7.52m
15 18919 Iliana Tsaousidis		Hornsby	10.34m
16 13938 Hope Wales		Northern Distric	11.13m

Event 124 Boys U 12 - Discus (750 Gram) (17)

Name	Age	Centre	Seed Mark
1 610 Edward Barnsley		Ku-Ring-Gai	21.15m
2 14053 Joah Beasley		Northern Distric	23.38m
3 14060 Christopher Braendle		Northern Distric	22.77m
4 17537 Tobias Butler		Nth Rocks Carlin	19.62m
5 2580 Jayden Chong		Northern Suburbs	28.50m
6 14608 Mitchell Cox		Ryde	26.13m
7 19616 Connor Matthews		Manly Warringah	20.01m
8 14201 Harry Mooney		Northern Distric	22.18m
9 2893 Nicolas Pedrosa		Northern Suburbs	20.87m
10 19367 Jordy Plummer		Manly Warringah	27.41m
11 14620 Daniel Pulfer		Ryde	20.74m
12 306 Dylan SarenasAsnicar		Ku-Ring-Gai	22.02m
13 14319 Charlie Shiel		Ryde	29.28m
14 17037 Aharshan Sivaniruban		Parramatta	20.87m
15 18918 Alexandros Tsaousidis		Hornsby	28.23m
16 627 Finn Wilson		Ku-Ring-Gai	ND
17 14525 Roy Wu		Ryde	19.53m

Event 125 Boys U 13 - Javelin (600 Gram) (17)

Name	Age	Centre	Seed Mark
1 19544 Kornchawal Benoiel		Manly Warringah	29.16m
2 24410 Aryan Bharati		Cherrybrook	28.38m
3 11654 Wade Billingsley		Cherrybrook	20.50m
4 19111 Luke Cohen		Manly Warringah	20.97m
5 19156 Lucas Figueira		Manly Warringah	16.89m
6 726 Cameron Green		Ku-Ring-Gai	20.43m
7 614 Archie Kay		Ku-Ring-Gai	18.15m
8 17687 Brian Kim		Nth Rocks Carlin	28.03m

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 125 ... (Boys U 13 - Javelin (600 Gram) (17))

Name	Age	Centre	Seed Mark
9 19115 William King		Manly Warringah	22.92m
10 19705 Zachary Morgan		Manly Warringah	24.74m
11 337 Jacoby Neal		Ku-Ring-Gai	29.23m
12 2848 Liam O'Leary		Northern Suburbs	17.05m
13 18786 Joel Ramsay		Hornsby	24.86m
14 14247 Tom Roberts		Ryde	11.84m
15 17308 Daniel Semaan		Parramatta	16.48m
16 18898 Daniel Sims		Hornsby	ND
17 8014 Orlando Stewart		Mosman	24.81m

Event 126 Boys U 10 - High Jump (S/H 1.00m) (16)

Name	Age	Centre	Seed Mark
1 2530 Matthew Balcombe		Northern Suburbs	1.25m
2 121 Alexander Conner		Ku-Ring-Gai	1.15m
3 14306 Dara Curley		Ryde	1.23m
4 657 Woody Harris		Ku-Ring-Gai	1.19m
5 234 Nicolas James-Taylor		Ku-Ring-Gai	1.19m
6 17395 Jake Lambert		Nth Rocks Carlin	1.19m
7 19103 Ryder Lane-Brown		Manly Warringah	1.17m
8 14262 Pranay Mahesh		Ryde	1.10m
9 14680 Ethan Moyo		Ryde	1.10m
10 19226 Lequintin Nicholson		Manly Warringah	1.15m
11 2840 Aston Perry		Northern Suburbs	1.10m
12 18792 Huxley Richardson		Hornsby	1.21m
13 19718 Solomon Romyne		Manly Warringah	1.10m
14 17158 Jaidyn Shehadie		Parramatta	1.10m
15 8004 Finn Sorbara		Mosman	1.10m
16 14481 Enoch Wolfson		Ryde	1.10m

Event 127 Girls U 13 - High Jump (S/H 1.20m) (15)

Name	Age	Centre	Seed Mark
1 7910 Sienna Ballantyne		Mosman	1.20m
2 19467 Ellie Briggs		Manly Warringah	1.48m
3 14585 Beatrix Cheung		Ryde	1.25m
4 14085 Sophia Cottrell		Northern Distric	1.30m
5 17740 Madison Dellas		Nth Rocks Carlin	1.25m
6 14246 Bella Fraser		Ryde	1.38m
7 11551 Ridhi Jasrotia		Cherrybrook	1.25m
8 14563 Isabella Koussas		Ryde	1.30m
9 17396 Hannah Lambert		Nth Rocks Carlin	1.50m
10 19904 Eden McNaughtan		Manly Warringah	1.20m
11 11641 Anna Moresi		Cherrybrook	1.25m
12 14264 Bronte Nagle		Ryde	1.25m
13 14241 Jacqueline Pawsey		Ryde	1.44m
14 19341 Chloe Stante		Manly Warringah	1.35m
15 14235 Eden Suduk		Northern Distric	1.15m

Event 128 Boys U 9 - Long Jump (16)

Name	Age	Centre	Seed Mark
1 19444 Blake Creelman		Manly Warringah	3.79m
2 191 Jack Cross		Ku-Ring-Gai	3.78m
3 18690 RanbirIlan Duneja		Hornsby	3.52m
4 17680 Darcy Hazon		Nth Rocks Carlin	3.32m
5 18843 Tyler Holdsworth		Hornsby	3.67m

6 19767 Jack Houston		Manly Warringah	3.59m
7 11473 Brendan Jones		Cherrybrook	3.61m
8 19920 Daniel McNaughtan		Manly Warringah	3.35m
9 771 Cooper Nguyen		Ku-Ring-Gai	3.54m
10 450 William Prichard		Ku-Ring-Gai	3.45m
11 13998 Lachlan Ross		Northern Distric	3.34m
12 17605 Lincoln Smith		Nth Rocks Carlin	3.37m
13 16928 Riyansh Thorat		Parramatta	3.54m
14 11471 Ryan Tian		Cherrybrook	3.31m
15 14300 Marcus Trigwell		Ryde	3.48m
16 17522 Flynn Wirianata		Nth Rocks Carlin	3.50m

Event 129 Boys U 17 - Long Jump (13)

Name	Age	Centre	Seed Mark
1 18933 Lachlan Blackwell		Hornsby	5.32m
2 17236 Declan Bragg		Parramatta	5.34m
3 8154 Chase Burrows		Mosman	4.51m
4 14521 Owen Chandler		Ryde	6.02m
5 19574 Liam Downs		Manly Warringah	6.02m
6 8028 Xavier Frost		Mosman	5.52m
7 11552 Xavier Hennessey		Cherrybrook	5.38m
8 19888 Sam Hildebrandt		Manly Warringah	5.90m
9 39123 Bede Hogard		Ku-Ring-Gai	5.45m
10 17581 William Perry		Nth Rocks Carlin	4.94m
11 18776 Nathanael Ramsay		Hornsby	6.26m
12 19595 Cameron Tizzard		Manly Warringah	5.98m
13 17521 Lewis Wong		Nth Rocks Carlin	5.47m

Event 130 Boys U 14 - Triple Jump (12)

Name	Age	Centre	Seed Mark
1 17055 Luke Butcher		Parramatta	8.75m
2 19133 Ethan Jauncey		Manly Warringah	9.78m
3 17406 Jamie Kastelan		Nth Rocks Carlin	10.73m
4 17419 Hudson Keeping		Nth Rocks Carlin	10.36m
5 19355 Ethan McErlane		Manly Warringah	8.16m
6 651 Max McPherson		Ku-Ring-Gai	9.40m
7 14519 Lucas Michaels		Ryde	8.28m
8 17532 Nicholas Smart		Nth Rocks Carlin	9.60m
9 11578 Harry Wigham		Cherrybrook	10.46m
10 747 Kase Willis-Jansen		Ku-Ring-Gai	9.00m
11 17518 Marcus Wong		Nth Rocks Carlin	9.76m
12 19287 Davin Yap		Manly Warringah	11.74m

Event 131 Girls U 10 - Discus (500 Gram) (16)

Name	Age	Centre	Seed Mark
1 17326 Venba Bagath		Parramatta	14.39m
2 14303 Nancy Barlow		Ryde	15.11m
3 14007 Matilda Brookes		Northern Distric	20.32m
4 2469 Ananshi Chopra		Northern Suburbs	16.10m
5 13978 Beth Cochrane		Northern Distric	18.83m
6 19261 Ayla Davis		Manly Warringah	20.66m
7 14249 LilyEve Everson		Ryde	18.92m
8 8001 Gabriella Fainga'anuku		Mosman	16.01m
9 307 Jasmine Gong		Ku-Ring-Gai	15.59m
10 229 Chloe Huang		Ku-Ring-Gai	15.39m
11 513 Mackenzie Laslett		Ku-Ring-Gai	18.65m

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 131 ... (Girls U 10 - Discus (500 Gram) (16))

Name	Age	Centre	Seed Mark
12 14596 Eloise Moran		Ryde	15.03m
13 11521 Saanvi Saravana		Cherrybrook	21.31m
14 14505 Audrey Smith		Ryde	13.72m
15 19458 Lucy Turner		Manly Warringah	25.12m
16 2319 Stella Wade		Northern Suburbs	23.21m

Event 132 Girls U 14 - Javelin (400 Gram) (15)

Name	Age	Centre	Seed Mark
1 17146 Summer Aiken		Parramatta	10.97m
2 14431 Erin Armstrong		Ryde	15.22m
3 17006 Charlotte Butler		Parramatta	16.76m
4 17538 Evana Butler		Nth Rocks Carlin	20.95m
5 2473 Alicia Connell		Northern Suburbs	11.00m
6 14084 Annalise Cottrell		Northern Distric	20.31m
7 626 Sophie Farrell		Ku-Ring-Gai	23.92m
8 151 Chelsea Forte		Ku-Ring-Gai	31.77m
9 16962 Sofia Gasparini		Parramatta	20.57m
10 18850 Tara Gilkeson		Hornsby	18.94m
11 17386 Lu'isa Lolomanaia		Nth Rocks Carlin	18.80m
12 14291 Chloe McGregor		Ryde	17.23m
13 11589 Ruby Penn		Cherrybrook	18.94m
14 11565 Cheyenne Sinteur		Cherrybrook	25.72m
15 18917 Sophia Tsousidis		Hornsby	15.53m

Event 133 Girls U 9 - Shot Put (2.0 Kg) (17)

Name	Age	Centre	Seed Mark
1 19190 Indiana AllanCrocker		Manly Warringah	4.19m
2 251 Rose Benson		Ku-Ring-Gai	4.87m
3 18924 Alexandra Bissaker		Hornsby	4.27m
4 14436 Hazel Care-Unger		Ryde	4.80m
5 2470 Calais Durie		Northern Suburbs	4.89m
6 18805 Alexa Erickson		Hornsby	4.09m
7 17849 Ruby Hewitt		Nth Rocks Carlin	4.85m
8 14515 Naomi Jones		Ryde	4.66m
9 18755 Lucy Keevy		Hornsby	3.96m
10 2480 Audrey Kerkham		Northern Suburbs	4.56m
11 18754 Riley Lloyd-Owen		Hornsby	4.01m
12 19118 Isabel Middleton		Manly Warringah	ND
13 17224 Isabelle Ng Chok		Parramatta	4.46m
14 17768 Vanessa Obi		Nth Rocks Carlin	4.00m
15 342 Xanthe Sarkodee		Ku-Ring-Gai	4.08m
16 19552 Ellie Turmanis		Manly Warringah	4.11m
17 17029 Amelia Wensor		Parramatta	4.11m

Event 134 Boys U 15 - Shot Put (4.0 Kg) (10)

Name	Age	Centre	Seed Mark
1 11688 Edward Darby		Cherrybrook	9.71m
2 2888 Hugh Fairbairn		Northern Suburbs	8.65m
3 140 Jake Fourie		Ku-Ring-Gai	12.57m
4 19129 Thomas Greenaway		Manly Warringah	8.58m
5 19541 Alberto Jordan		Manly Warringah	1.37m
6 17688 Brenden Kim		Nth Rocks Carlin	9.59m
7 17711 Thomas Lawler		Nth Rocks Carlin	9.70m
8 17737 Benjamin Lawrence		Nth Rocks Carlin	8.25m

9	11682 Samuel Price	Cherrybrook	12.33m
10	18897 Matthew Sims	Hornsby	6.87m

Event 135 Girls U 11 - High Jump (S/H 1.05m) (15)

Name	Age	Centre	Seed Mark
1 17436 Emma Barker		Nth Rocks Carlin	1.30m
2 261 Claudia Birrell		Ku-Ring-Gai	1.27m
3 14677 Eliza Bosnic		Ryde	1.15m
4 17045 Ava Campling		Parramatta	1.10m
5 11477 Imogen Connell		Cherrybrook	1.15m
6 349 Matilda Corbett		Ku-Ring-Gai	1.10m
7 14451 Amelie Dean		Ryde	1.10m
8 19242 Genevieve Dunnet		Manly Warringah	1.35m
9 2408 Alexandra Frielingsdorf		Northern Suburbs	1.10m
10 18739 Willow Hickey		Hornsby	1.25m
11 19320 Anastasia Morgan		Manly Warringah	1.10m
12 19203 Louisa Olofinsky		Manly Warringah	1.15m
13 318 Zoe Rudolph		Ku-Ring-Gai	NH
14 19873 Zalia Stevens		Manly Warringah	1.27m
15 14396 Pippa Wang		Ryde	1.10m

Event 136 Girls U 17 - High Jump (S/H 1.30m) (14)

Name	Age	Centre	Seed Mark
1 19462 Catrine Atherton		Manly Warringah	1.54m
2 19384 Annika Boys		Manly Warringah	1.50m
3 19398 Erin Heraghty		Manly Warringah	1.45m
4 19631 Tara Hollyoak		Manly Warringah	1.54m
5 545 Louise Lovell		Ku-Ring-Gai	1.45m
6 546 Sarah Lovell		Ku-Ring-Gai	1.40m
7 2569 Catherine Mikan		Northern Suburbs	1.50m
8 11642 Olivia Moresi		Cherrybrook	1.66m
9 14211 Elise Oliver		Northern Distric	1.54m
10 14240 Zara Pawsey		Ryde	1.45m
11 2883 Ruby Perkins		Northern Suburbs	1.45m
12 19460 Kristina Prizmic		Manly Warringah	1.45m
13 13982 Freya Tonkin		Northern Distric	1.45m
14 14180 Lana Waddingham		Northern Distric	1.56m

Event 137 Girls U 8 - Long Jump (15)

Name	Age	Centre	Seed Mark
1 19264 Georgia Atkins		Manly Warringah	3.05m
2 14697 Rhyleiana Barnett-Paln		Ryde	2.99m
3 19255 Eloise Debney		Manly Warringah	3.08m
4 19449 Alyssa Goslin		Manly Warringah	2.94m
5 103 Emily Hosie		Ku-Ring-Gai	2.75m
6 17595 Alice Huang		Nth Rocks Carlin	2.70m
7 17136 April Kim		Parramatta	2.75m
8 410 Zoe Marinkovich		Ku-Ring-Gai	3.19m
9 19916 Rahni McNaughtan		Manly Warringah	3.02m
10 2777 Indianna Messina		Northern Suburbs	2.73m
11 13970 Molly MooreMulcahy		Northern Distric	3.13m
12 17661 Katrina Murphy		Nth Rocks Carlin	3.06m
13 14295 Lucia Oppedisano		Ryde	2.88m
14 2389 Aliska Reitano		Northern Suburbs	3.04m
15 2435 Siena Tisi		Northern Suburbs	3.13m

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 138 Boys U 12 - Long Jump (16)

Name	Age	Centre	Seed Mark	
1	17147	Jackson Aiken	Parramatta	4.31m
2	8081	Charlie Baird-Petroni	Mosman	4.25m
3	19721	Taj Biddlecombe	Manly Warringah	4.31m
4	2580	Jayden Chong	Northern Suburbs	4.89m
5	2438	Justin Jung	Northern Suburbs	3.94m
6	17418	Cohen Keeping	Nth Rocks Carlin	4.76m
7	11502	Ryan Maher	Cherrybrook	4.26m
8	17053	Vinay Menon	Parramatta	4.07m
9	287	Harrison Nicholls	Ku-Ring-Gai	4.23m
10	14620	Daniel Pulfer	Ryde	4.33m
11	19141	Beau Riches	Manly Warringah	4.34m
12	17037	Aharshan Sivaniruban	Parramatta	4.48m
13	2531	Cooper Wilson	Northern Suburbs	4.58m
14	627	Finn Wilson	Ku-Ring-Gai	ND
15	197	James Xin	Ku-Ring-Gai	4.00m
16	168	Andy Zhang	Ku-Ring-Gai	4.18m

Event 139 Boys U 13 - Triple Jump (17)

Name	Age	Centre	Seed Mark	
1	19265	James Atkins	Manly Warringah	11.48m
2	19609	Parker Ball	Manly Warringah	9.69m
3	19544	Kornchawal Benoliel	Manly Warringah	9.50m
4	17044	Aeden Campling	Parramatta	9.64m
5	541	Rhys Duncan	Ku-Ring-Gai	9.81m
6	17489	Mitchell Fleming	Nth Rocks Carlin	8.71m
7	14913	Tyler Gilbertson	Ryde	9.05m
8	597	Lachlan Harris	Ku-Ring-Gai	9.02m
9	17687	Brian Kim	Nth Rocks Carlin	9.25m
10	17302	Malachi Mataele	Parramatta	9.44m
11	2568	James Mikan	Northern Suburbs	11.16m
12	19101	Taten Rogers	Manly Warringah	9.64m
13	2400	Kyan Seale	Northern Suburbs	11.09m
14	18898	Daniel Sims	Hornsby	ND
15	17456	Alexander Song	Nth Rocks Carlin	10.48m
16	19594	Sebastian Tizzard	Manly Warringah	9.27m
17	2332	Lewis Wechsler	Northern Suburbs	8.67m

Event 140 Girls U 15 - Discus (1.0 Kg) (12)

Name	Age	Centre	Seed Mark	
1	13979	Imogen Cochrane	Northern Distric	15.41m
2	11479	Zoe Connell	Cherrybrook	23.92m
3	584	Nehara DeMel	Ku-Ring-Gai	33.84m
4	14546	Mikayla Duncombe	Ryde	30.69m
5	8002	Sally Fainga'anuku	Mosman	32.99m
6	18820	Tiffany Fong	Hornsby	21.18m
7	19508	Emma Garden	Manly Warringah	14.93m
8	13967	Aniela Knight	Northern Distric	19.34m
9	14101	Kyrah McMahon	Northern Distric	20.29m
10	11583	Layla Tawbe	Cherrybrook	19.92m
11	17193	Stella White	Parramatta	19.17m
12	17839	Claire Yang	Nth Rocks Carlin	18.10m

Event 141 Boys U 11 - Javelin (400 Gram) (16)

Name	Age	Centre	Seed Mark	
1	19410	William Barnett	Manly Warringah	12.99m
2	19577	Edward Brennan	Manly Warringah	17.23m
3	2834	Roberto Devine	Northern Suburbs	15.41m
4	16950	Hayden Dixon	Parramatta	15.45m
5	19402	Lucas Fischer	Manly Warringah	18.18m
6	19132	Flynn Jauncey	Manly Warringah	19.28m
7	11683	Andre Liyanage	Cherrybrook	18.97m
8	602	Alexander Macmillan	Ku-Ring-Gai	16.64m
9	696	Liam Ng	Ku-Ring-Gai	16.45m
10	2388	Liam Reville	Northern Suburbs	20.09m
11	17481	Luke Sarah	Nth Rocks Carlin	11.94m
12	713	Jackson Teede	Ku-Ring-Gai	17.74m
13	7940	Harrison Vakili	Mosman	15.55m
14	7941	Hunter Vakili	Mosman	15.90m
15	14459	Max Williamson	Ryde	18.82m
16	19626	Callum Yates	Manly Warringah	17.62m

Event 142 Boys U 10 - Shot Put (2.0 Kg) (16)

Name	Age	Centre	Seed Mark	
1	8232	Nick Bradshaw	Mosman	6.29m
2	147	Liam Carter	Ku-Ring-Gai	8.29m
3	2324	Xavier Dunne	Northern Suburbs	6.39m
4	19186	Edward Gillett	Manly Warringah	9.01m
5	14458	Archer Griffiths (1)	Ryde	6.77m
6	14267	Ashton Holl	Ryde	6.12m
7	615	Tommy Kay	Ku-Ring-Gai	8.32m
8	19114	Samuel King	Manly Warringah	7.37m
9	563	Oliver Kok	Ku-Ring-Gai	7.55m
10	17384	Samiuella Lolomanaia	Nth Rocks Carlin	7.38m
11	19653	Freddie McVicar	Manly Warringah	6.87m
12	239	Maximus Murdoch	Ku-Ring-Gai	6.97m
13	14619	Nathan Pulfer	Ryde	6.16m
14	11604	Alexander M Reid	Cherrybrook	6.09m
15	2516	Henry Wilkin-Smith	Northern Suburbs	6.86m
16	17506	Austin Wu	Nth Rocks Carlin	8.08m

Event 143 Girls U 13 - Shot Put (3.0 Kg) (18)

Name	Age	Centre	Seed Mark	
1	8072	Elizabeth Fainga'anuku	Mosman	ND
2	11561	Mia Graham	Cherrybrook	6.81m
3	19540	Isabel Jordan	Manly Warringah	5.58m
4	17226	Naduli Kariyawasam	Parramatta	7.51m
5	17234	Alana Kokay	Parramatta	6.96m
6	19511	Emma Kramer	Manly Warringah	6.34m
7	2341	Collette Lumley	Northern Suburbs	7.59m
8	14264	Bronte Nagle	Ryde	6.00m
9	19202	Karina Olofinsky	Manly Warringah	6.57m
10	19180	Josie Perkins	Manly Warringah	6.83m
11	11659	Tvisha Roy	Cherrybrook	5.27m
12	14196	Sasha Sefton	Northern Distric	6.59m
13	8073	Elana Smith	Mosman	5.39m
14	13935	Jennifer Toynbee	Northern Distric	ND
15	14702	Chiara Utichi	Ryde	6.62m

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 143 ... (Girls U 13 - Shot Put (3.0 Kg) (18))

Name	Age	Centre	Seed Mark
16 332 Sienna Vassella		Ku-Ring-Gai	ND
17 17620 Abigail Virgona		Nth Rocks Carlin	6.27m
18 14568 Chloe Yam		Ryde	5.74m

Event 144 Girls U 12 - High Jump (S/H 1.15m) (17)

Name	Age	Centre	Seed Mark
1 336 Manvi Arabolu		Ku-Ring-Gai	NH
2 2472 Holly Connell		Northern Suburbs	1.30m
3 19128 Mackenzie Couchman		Manly Warringah	1.20m
4 14153 Estelle Creek		Northern Distric	1.25m
5 19352 Rhiannon Dick		Manly Warringah	1.25m
6 2522 Maia Fijan		Northern Suburbs	1.25m
7 14282 Gia Greig		Ryde	1.25m
8 19346 Maeve Heldt		Manly Warringah	1.20m
9 17385 Latu Lolomanaia		Nth Rocks Carlin	1.32m
10 14763 Amelia Mclachlan		Ryde	1.25m
11 19267 Molly Miller		Manly Warringah	1.20m
12 17416 Emily Ng		Nth Rocks Carlin	1.30m
13 19651 Hallie Owers		Manly Warringah	1.25m
14 19385 Roxanne Parkes		Manly Warringah	1.25m
15 8019 Nina Parkinson		Mosman	1.25m
16 19607 Claudia Patfield		Manly Warringah	1.30m
17 11480 Madison Tabrett		Cherrybrook	1.40m

Event 145 Boys U 14 - High Jump (S/H 1.30m) (12)

Name	Age	Centre	Seed Mark
1 14052 Evan Beasley		Northern Distric	1.46m
2 17055 Luke Butcher		Parramatta	1.50m
3 14520 Rhys Chandler		Ryde	1.50m
4 19760 Ed Hammond		Manly Warringah	1.50m
5 392 Xavier Kalinin		Ku-Ring-Gai	1.56m
6 428 Fergus Keogh		Ku-Ring-Gai	1.40m
7 17736 Matthew Lawrence		Nth Rocks Carlin	1.42m
8 651 Max McPherson		Ku-Ring-Gai	1.46m
9 17652 Henry O'Neil		Nth Rocks Carlin	1.58m
10 17301 Jacob Semaan		Parramatta	1.44m
11 831 Tyler Stead		Ku-Ring-Gai	1.48m
12 19287 Davin Yap		Manly Warringah	1.58m

Event 146 Boys U 8 - Long Jump (16)

Name	Age	Centre	Seed Mark
1 19516 Jacob Alexander		Manly Warringah	3.44m
2 14560 Mason Bakla		Ryde	3.05m
3 17429 Jaiden Chahal		Nth Rocks Carlin	3.07m
4 17502 Aaren Deepak		Nth Rocks Carlin	2.83m
5 19437 Aiden Dunne		Manly Warringah	3.40m
6 14602 Apollo Frazier		Ryde	3.02m
7 644 Stephen Harvey		Ku-Ring-Gai	3.56m
8 19787 Marcus Hemsworth		Manly Warringah	3.06m
9 18887 Flynn Hickey		Hornsby	2.99m
10 241 Kenneth Huang		Ku-Ring-Gai	3.40m
11 19146 Coby James		Manly Warringah	3.17m
12 396 Thomas Montgomery		Ku-Ring-Gai	2.89m
13 2385 Tom Moody		Northern Suburbs	3.52m

14 14422 Ilya Passmore		Ryde	3.28m
15 11577 Ryan Rann		Cherrybrook	2.95m
16 14368 Noah Smith		Ryde	3.26m

Event 147 Girls U 15 - Triple Jump (10)

Name	Age	Centre	Seed Mark
1 731 Olivia Achike		Ku-Ring-Gai	10.63m
2 19543 Skye Blair		Manly Warringah	8.49m
3 17328 Alice Boorman-Franks		Parramatta	8.20m
4 11564 Sophie Durheim		Cherrybrook	10.30m
5 19506 Sofia Ehnbon		Manly Warringah	10.14m
6 13967 Aniela Knight		Northern Distric	9.48m
7 2646 Tanna Kotulic		Northern Suburbs	9.47m
8 14786 Giselle Olymbios		Ryde	7.80m
9 16920 Lisara Seneviratne		Parramatta	9.97m
10 14425 Emilia Webb		Ryde	10.32m

Event 148 Girls U 17 - Discus (1.0 Kg) (16)

Name	Age	Centre	Seed Mark
1 14721 Isabella Barbara		Ryde	29.97m
2 14304 Claudia Barlow		Ryde	27.17m
3 8150 Fenella Burns		Mosman	29.78m
4 8149 Grace Carden		Mosman	22.55m
5 14730 Jessica Johnston		Ryde	43.78m
6 16978 Maddison Kernaghan		Parramatta	28.40m
7 39119 Maia MaddenKhan		Ku-Ring-Gai	35.71m
8 330 Gemma McIntosh		Ku-Ring-Gai	26.98m
9 14080 Ava Mitchell		Northern Distric	24.69m
10 16916 Elise Murray		Parramatta	21.20m
11 17476 Amelia Nagy		Nth Rocks Carlin	27.48m
12 8182 Jojo Pike		Mosman	27.53m
13 19473 Elisabeth Pulis		Manly Warringah	33.75m
14 17812 Rithaja Sankaran		Nth Rocks Carlin	21.46m
15 143 Summer Sivaraj		Ku-Ring-Gai	23.24m
16 18863 Annabelle Stewart		Hornsby	21.27m

Event 149 Boys U 15 - Javelin (700 Gram) (13)

Name	Age	Centre	Seed Mark
1 8037 Jeffrey Benoliel		Mosman	23.21m
2 11688 Edward Darby		Cherrybrook	26.90m
3 19687 Max Figueira		Manly Warringah	38.05m
4 19541 Alberto Jordan		Manly Warringah	22.93m
5 17688 Brenden Kim		Nth Rocks Carlin	39.63m
6 17737 Benjamin Lawrence		Nth Rocks Carlin	33.91m
7 18852 Ronan Pattie		Hornsby	22.50m
8 19461 Luka Prizmic		Manly Warringah	19.07m
9 11499 Ryan Redhead		Cherrybrook	34.48m
10 17072 Cooper Shanahan		Parramatta	29.98m
11 19846 Luka Simmons		Manly Warringah	35.78m
12 19340 Zac Stante		Manly Warringah	20.55m
13 14482 Moses Wolfson		Ryde	15.76m

Event 150 Boys U 8 - Shot Put (1.5 Kg) (16)

Name	Age	Centre	Seed Mark
1 14560 Mason Bakla		Ryde	3.52m
2 18948 Jack Clementson		Hornsby	4.54m
3 11687 Laurence Darby		Cherrybrook	5.55m

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 150 ... (Boys U 8 - Shot Put (1.5 Kg) (16))

	Name	Age	Centre	Seed	Mark
4	17502 Aaren Deepak		Nth Rocks Carlin		6.29m
5	2325 Jordan Dunne		Northern Suburbs		4.10m
6	14450 Joshua Ekers		Ryde		6.11m
7	17586 Thomas Garland		Nth Rocks Carlin		5.19m
8	11575 Tomas Hilgendorf		Cherrybrook		4.53m
9	19377 Harvey Laing		Manly Warringah		4.66m
10	695 Lucas Ng		Ku-Ring-Gai		4.14m
11	17225 Archer Ng Chok		Parramatta		4.89m
12	182 Zachary Philips		Ku-Ring-Gai		3.90m
13	569 Hugo Ruff		Ku-Ring-Gai		4.03m
14	19560 Max Severino		Manly Warringah		3.65m
15	18841 Elliot Sumpton		Hornsby		3.92m
16	14109 Cooper Young		Northern Distric		5.24m

Event 151 Girls U 14 - Shot Put (3.0 Kg) (15)

	Name	Age	Centre	Seed	Mark
1	17146 Summer Aiken		Parramatta		6.53m
2	17538 Evana Butler		Nth Rocks Carlin		11.01m
3	2473 Alicia Connell		Northern Suburbs		5.39m
4	14802 Marcella Dunn		Ryde		7.15m
5	16947 Alesha El Sayed Ahma		Parramatta		7.34m
6	626 Sophie Farrell		Ku-Ring-Gai		10.17m
7	151 Chelsea Forte		Ku-Ring-Gai		9.56m
8	18850 Tara Gilkeson		Hornsby		8.17m
9	7932 Charlie Goodare		Mosman		8.93m
10	39109 Lily Hughes		Ku-Ring-Gai		8.80m
11	17235 Grace Kokay		Parramatta		7.16m
12	14684 Charlotte Megarrity		Ryde		5.86m
13	17196 Pranaya Prasath		Parramatta		5.58m
14	11478 Nisini Rajapaksha Mud		Cherrybrook		9.81m
15	18917 Sophia Tsaousidis		Hornsby		7.57m

Event 152 Girls U 13 - Long Jump (18)

	Name	Age	Centre	Seed	Mark
1	13984 Maddison Barratt		Northern Distric		3.98m
2	19467 Ellie Briggs		Manly Warringah		4.60m
3	11497 Pippa Burke		Cherrybrook		4.22m
4	14085 Sophia Cottrell		Northern Distric		4.40m
5	14044 Lucy Edgar		Northern Distric		3.83m
6	14246 Bella Fraser		Ryde		4.16m
7	17679 Ella Hazon		Nth Rocks Carlin		4.01m
8	11551 Ridhi Jasrotia		Cherrybrook		4.31m
9	17226 Naduli Kariyawasam		Parramatta		4.25m
10	17396 Hannah Lambert		Nth Rocks Carlin		5.00m
11	17019 Olivia Loring		Parramatta		4.18m
12	8071 Aliya Meehan		Mosman		4.15m
13	11507 Michiko Paul		Cherrybrook		4.23m
14	14241 Jacqueline Pawsey		Ryde		4.42m
15	19341 Chloe Stante		Manly Warringah		4.29m
16	13935 Jennifer Toyndee		Northern Distric		ND
17	332 Sienna Vassella		Ku-Ring-Gai		ND
18	11618 Ivy Yang		Cherrybrook		3.96m

Event 153 Girls U 11 - Triple Jump (18)

	Name	Age	Centre	Seed	Mark
1	17436 Emma Barker		Nth Rocks Carlin		8.32m
2	590 Elodie Barnes		Ku-Ring-Gai		7.12m
3	19238 Amity Batchler		Manly Warringah		8.48m
4	225 Safina Burgess		Ku-Ring-Gai		7.72m
5	19430 Caitlin Butler		Manly Warringah		8.00m
6	11477 Imogen Connell		Cherrybrook		7.77m
7	19205 Phoebe Dobson		Manly Warringah		8.12m
8	14449 Kira Ekers		Ryde		7.83m
9	14245 Charlotte Fraser		Ryde		7.87m
10	19240 Eloise Knorr		Manly Warringah		8.08m
11	14526 Madeleine Lynch		Ryde		7.37m
12	2411 Bree Madigan Wong		Northern Suburbs		8.22m
13	13971 Evie MooreMulcahy		Northern Distric		ND
14	14293 Talia Oppedisano		Ryde		7.36m
15	318 Zoe Rudolph		Ku-Ring-Gai		ND
16	19873 Zalia Stevens		Manly Warringah		8.59m
17	14396 Pippa Wang		Ryde		7.26m
18	14424 Florence Webb		Ryde		7.03m

Event 154 Boys U 11 - Discus (500 Gram) (16)

	Name	Age	Centre	Seed	Mark
1	324 Nick Bennett		Ku-Ring-Gai		22.96m
2	19577 Edward Brennan		Manly Warringah		24.62m
3	14584 Enzo Cheung YC		Ryde		17.44m
4	2349 Oliver Fratini		Northern Suburbs		23.63m
5	366 Nathaniel Gu		Ku-Ring-Gai		18.64m
6	19179 Kyahn Hyde		Manly Warringah		31.03m
7	591 Josh Kietzmann		Ku-Ring-Gai		19.95m
8	2548 Donovan Lin		Northern Suburbs		19.71m
9	11683 Andre Liyanage		Cherrybrook		35.14m
10	19364 Tomasi Lowe		Manly Warringah		21.78m
11	14292 Mitchell McGregor		Ryde		28.36m
12	19922 Lewis McNaughtan		Manly Warringah		25.09m
13	17604 Josiah Smith		Nth Rocks Carlin		17.89m
14	465 Charlie Toth		Ku-Ring-Gai		24.35m
15	19220 Will Turi		Manly Warringah		21.37m
16	43115 Timothy Zhu		Hornsby		24.99m

Event 155 Boys U 17 - Javelin (700 Gram) (16)

	Name	Age	Centre	Seed	Mark
1	18872 Wol Albino		Hornsby		22.44m
2	2431 Jude Bealby		Northern Suburbs		45.84m
3	2831 Jude Belson		Northern Suburbs		28.75m
4	19300 Freddie BensonSparkes		Manly Warringah		49.44m
5	11652 Justin Billingsley		Cherrybrook		46.95m
6	17236 Declan Bragg		Parramatta		34.32m
7	8154 Chase Burrows		Mosman		26.21m
8	19574 Liam Downs		Manly Warringah		32.98m
9	19442 Ruann Eksteen		Manly Warringah		49.42m
10	8028 Xavier Frost		Mosman		30.08m
11	11655 Teddy Hampton		Cherrybrook		26.64m
12	14760 Andrew Kalos		Ryde		48.67m
13	8058 Finn Pereira		Mosman		22.78m

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 155 ... (Boys U 17 - Javelin (700 Gram) (16))

	Name	Age	Centre	Seed	Mark
14	18776 Nathanael Ramsay		Hornsby	36.92m	
15	17516 Thomas Schneider		Nth Rocks Carlin	30.99m	
16	17722 Lachlan Waldron		Nth Rocks Carlin	46.79m	

Event 156 Girls U 12 - Shot Put (2.0 Kg) (16)

	Name	Age	Centre	Seed	Mark
1	730 Ella Achike		Ku-Ring-Gai	10.35m	
2	17209 Lily Aroyan		Parramatta	7.24m	
3	611 Charlotte Barnsley		Ku-Ring-Gai	8.63m	
4	2472 Holly Connell		Northern Suburbs	7.57m	
5	18821 Samantha Fong		Hornsby	7.48m	
6	7983 Sasha Grant		Mosman	7.59m	
7	13968 Clara Knight		Northern Distric	8.22m	
8	19428 Alice Larbey		Manly Warringah	9.77m	
9	512 Hayley Laslett		Ku-Ring-Gai	8.81m	
10	14763 Amelia Mclachlan		Ryde	7.29m	
11	19652 Milly McVicar		Manly Warringah	8.54m	
12	14298 Lesieli Moala		Ryde	7.05m	
13	18886 Jayda Mode		Hornsby	8.82m	
14	18731 Ada Riddle		Hornsby	8.70m	
15	14398 Claire Wang		Ryde	7.01m	
16	14453 Sophie Yeomans		Ryde	8.81m	

Event 157 Boys U 13 - Discus (750 Gram) (17)

	Name	Age	Centre	Seed	Mark
1	24410 Aryan Bharati		Cherrybrook	30.16m	
2	19111 Luke Cohen		Manly Warringah	20.82m	
3	19156 Lucas Figueira		Manly Warringah	23.93m	
4	597 Lachlan Harris		Ku-Ring-Gai	20.70m	
5	14701 Daniel Kang		Ryde	28.37m	
6	614 Archie Kay		Ku-Ring-Gai	26.41m	
7	11601 Andrew Kim		Cherrybrook	31.91m	
8	17687 Brian Kim		Nth Rocks Carlin	24.58m	
9	19363 Billy Lowe		Manly Warringah	20.58m	
10	337 Jacoby Neal		Ku-Ring-Gai	40.66m	
11	2848 Liam O'Leary		Northern Suburbs	22.38m	
12	19286 Deacon Pallpratt		Manly Warringah	25.76m	
13	17308 Daniel Semaan		Parramatta	21.96m	
14	18898 Daniel Sims		Hornsby	ND	
15	8014 Orlando Stewart		Mosman	26.30m	
16	2463 Alfa Tai		Northern Suburbs	31.97m	
17	14416 Kieran Webb		Ryde	21.94m	

Event 158 Boys U 12 - Javelin (400 Gram) (16)

	Name	Age	Centre	Seed	Mark
1	19347 Freddie Atkinson		Manly Warringah	18.40m	
2	610 Edward Barnsley		Ku-Ring-Gai	22.43m	
3	14060 Christopher Braendle		Northern Distric	20.75m	
4	17537 Tobias Butler		Nth Rocks Carlin	25.55m	
5	14722 Harlen Danks		Ryde	27.39m	
6	14038 Samuel Hart		Northern Distric	19.50m	
7	2439 Leon Hoang		Northern Suburbs	20.86m	
8	445 Ethan Louttit		Ku-Ring-Gai	20.77m	
9	14294 Raffael Oppedisano		Ryde	22.17m	

10	11591 Maxwell Penn		Cherrybrook	20.45m
11	19367 Jordy Plummer		Manly Warringah	31.58m
12	19141 Beau Riches		Manly Warringah	21.23m
13	306 Dylan SarenasAsnicar		Ku-Ring-Gai	17.29m
14	14319 Charlie Shiel		Ryde	24.89m
15	14244 Dexter Shorten		Ryde	20.13m
16	17415 Bailey Williams		Nth Rocks Carlin	23.63m

Event 175 Girls U 11 - 80 Metre Hurdles (60cm) (17) Prelims

	Name	Age	Centre	Seed	Time
1	17422 Ivy Allen		Nth Rocks Carlin	16.96	
2	17436 Emma Barker		Nth Rocks Carlin	17.00	
3	19238 Amity Batchler		Manly Warringah	14.90	
4	14677 Eliza Bosnic		Ryde	15.20	
5	14429 Tully Davies		Ryde	17.43	
6	19205 Phoebe Dobson		Manly Warringah	13.47	
7	565 Audrey Donohoe		Ku-Ring-Gai	16.70	
8	19242 Genevieve Dunnet		Manly Warringah	14.65	
9	8051 Lola Francis		Mosman	16.00	
10	515 Havana Gray		Ku-Ring-Gai	NT	
11	19240 Eloise Knorr		Manly Warringah	15.46	
12	17180 Sanchi Ladhane		Parramatta	18.58	
13	2411 Bree Madigan Wong		Northern Suburbs	15.24	
14	2460 Ally Mitry		Northern Suburbs	17.52	
15	11686 Tara North		Cherrybrook	16.90	
16	376 Ava-Capri Rossi		Ku-Ring-Gai	16.60	
17	19126 Isabella Wang		Manly Warringah	15.68	

Event 176 Boys U 11 - 80 Metre Hurdles (60cm) (15) Prelims

	Name	Age	Centre	Seed	Time
1	14121 Reef Bailey		Northern Distric	16.42	
2	17710 Jeffrey Chong		Nth Rocks Carlin	15.37	
3	19337 Harry Dryden		Manly Warringah	13.67	
4	2453 Cristian Fajardo		Northern Suburbs	16.20	
5	19152 Jaxon Farrell		Manly Warringah	15.81	
6	559 Reuben Hanly		Ku-Ring-Gai	15.02	
7	19274 Ryan Huang		Manly Warringah	15.53	
8	14292 Mitchell McGregor		Ryde	14.80	
9	2384 Sam Moody		Northern Suburbs	15.19	
10	19717 Zane Romyn		Manly Warringah	14.78	
11	8035 Toby Uys		Mosman	16.15	
12	7941 Hunter Vakili		Mosman	15.16	
13	11554 Lachlan Vercoe		Cherrybrook	15.80	
14	2317 Michael Williams		Northern Suburbs	15.70	
15	14459 Max Williamson		Ryde	14.66	

Event 177 Boys U 12 - 80 Metre Hurdles (68cm) (17) Prelims

	Name	Age	Centre	Seed	Time
1	8081 Charlie Baird-Petroni		Mosman	14.27	
2	610 Edward Barnsley		Ku-Ring-Gai	16.34	
3	17537 Tobias Butler		Nth Rocks Carlin	17.81	
4	14448 Jackson Chau		Ryde	16.72	
5	14608 Mitchell Cox		Ryde	14.46	
6	19999 Toby Creelman		Manly Warringah	14.06	
7	658 Caelan Drysdale		Ku-Ring-Gai	14.37	
8	19471 Luca Escibano		Manly Warringah	14.94	

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 177 ... (Boys U 12 - 80 Metre Hurdles (68cm) (17) Prelims)

	Name	Age	Centre	Seed Time
9	11502 Ryan Maher		Cherrybrook	15.23
10	14620 Daniel Pulfer		Ryde	14.75
11	19141 Beau Riches		Manly Warringah	14.14
12	19288 Jaxon Solomon		Manly Warringah	14.56
13	14816 Jack Spencer		Ryde	14.58
14	627 Finn Wilson		Ku-Ring-Gai	NT
15	17519 Daymon Wong		Nth Rocks Carlin	16.97
16	14525 Roy Wu		Ryde	17.28
17	168 Andy Zhang		Ku-Ring-Gai	16.49

Event 178 Girls U 12 - 80 Metre Hurdles (68cm) (17) Prelims

	Name	Age	Centre	Seed Time
1	336 Manvi Arabolu		Ku-Ring-Gai	NT
2	17209 Lily Aroyan		Parramatta	17.02
3	2456 Florence Bowden		Northern Suburbs	15.19
4	2381 Maddie Burge		Northern Suburbs	14.52
5	18796 Grace Carlton		Hornsby	15.43
6	334 Zara Denney		Ku-Ring-Gai	16.18
7	17570 Sophie El Kadi		Nth Rocks Carlin	16.68
8	19427 Audrey Grether		Manly Warringah	15.63
9	2490 Meredith Lee		Northern Suburbs	15.53
10	17385 Latu Lolomanaia		Nth Rocks Carlin	15.31
11	480 Sophie Mair		Ku-Ring-Gai	16.53
12	19710 Lotte Roessler		Manly Warringah	14.75
13	19108 Marley Scott-Faul		Manly Warringah	14.19
14	19807 Charlotte Selinas		Manly Warringah	16.26
15	11480 Madison Tabrett		Cherrybrook	14.37
16	17548 Heidi Waddell		Nth Rocks Carlin	16.48
17	8000 Maisie Yorke		Mosman	15.81

Event 179 Girls U 13 - 80 Metre Hurdles (76cm) (14) Prelims

	Name	Age	Centre	Seed Time
1	19467 Ellie Briggs		Manly Warringah	15.05
2	18798 Amy Campbell		Hornsby	15.29
3	7694 Alexandra Davis		Mosman	18.30
4	19540 Isabel Jordan		Manly Warringah	18.53
5	2341 Collette Lumley		Northern Suburbs	19.23
6	8071 Aliya Meehan		Mosman	16.56
7	14264 Bronte Nagle		Ryde	19.54
8	14241 Jacqueline Pawsey		Ryde	14.80
9	2405 Lucia Schnell		Northern Suburbs	14.36
10	170 Isla Smith		Ku-Ring-Gai	16.24
11	19279 Willow Toll		Manly Warringah	14.03
12	17400 Alice Truong		Nth Rocks Carlin	18.38
13	332 Sienna Vassella		Ku-Ring-Gai	NT
14	11618 Ivy Yang		Cherrybrook	17.14

Event 180 Boys U 13 - 80 Metre Hurdles (76cm) (16) Prelims

	Name	Age	Centre	Seed Time
1	19265 James Atkins		Manly Warringah	12.36
2	14678 Marcus Bosnic		Ryde	15.63
3	17313 Benjamin Bowrey		Parramatta	14.15
4	2507 Thomas Eaton		Northern Suburbs	13.72
5	17653 Nixon Kasprzak		Nth Rocks Carlin	18.39

6	11601 Andrew Kim		Cherrybrook	14.68
7	853 Maximillian Kyle		Ku-Ring-Gai	15.49
8	2568 James Mikan		Northern Suburbs	14.00
9	19309 Jonathan Miles		Manly Warringah	15.26
10	19705 Zachary Morgan		Manly Warringah	15.81
11	337 Jacoby Neal		Ku-Ring-Gai	13.60
12	19286 Deacon Pallpratt		Manly Warringah	13.65
13	19101 Taten Rogers		Manly Warringah	12.99
14	2400 Kyan Seale		Northern Suburbs	13.44
15	18898 Daniel Sims		Hornsby	NT
16	17456 Alexander Song		Nth Rocks Carlin	16.13

Event 181 Girls U 14 - 80 Metre Hurdles (76cm) (11) Prelims

	Name	Age	Centre	Seed Time
1	11614 Laila Burkhardt		Cherrybrook	16.07
2	612 Ava Grant		Ku-Ring-Gai	14.09
3	17844 Alison Hubbard		Nth Rocks Carlin	17.52
4	39109 Lily Hughes		Ku-Ring-Gai	13.39
5	18895 Camila Iorio		Hornsby	14.59
6	19395 emily kupceric		Manly Warringah	14.36
7	17386 Lu'isa Lolomanaia		Nth Rocks Carlin	18.14
8	19195 Isla Maris		Manly Warringah	13.35
9	14291 Chloe McGregor		Ryde	17.40
10	8025 Millie Morrison		Mosman	14.69
11	19359 Isla Scouler		Manly Warringah	15.56

Event 182 Boys U 14 - 90 Metre Hurdles (76cm) (8) Prelims

	Name	Age	Centre	Seed Time
1	17055 Luke Butcher		Parramatta	17.34
2	19305 Sebastian Cech		Manly Warringah	14.36
3	17736 Matthew Lawrence		Nth Rocks Carlin	18.46
4	19355 Ethan McErlane		Manly Warringah	15.20
5	17652 Henry O'Neil		Nth Rocks Carlin	15.74
6	831 Tyler Stead		Ku-Ring-Gai	16.33
7	17518 Marcus Wong		Nth Rocks Carlin	16.88
8	19287 Davin Yap		Manly Warringah	13.14

Event 183 Girls U 15 - 90 Metre Hurdles (76cm) (6) Prelims

	Name	Age	Centre	Seed Time
1	2363 Ainsley Alexander		Northern Suburbs	18.65
2	19543 Skye Blair		Manly Warringah	19.65
3	17471 Carys Byrnes		Nth Rocks Carlin	16.90
4	18913 Eden Herring		Hornsby	13.86
5	19673 Sophie Hinds		Manly Warringah	19.47
6	2481 Reena Son		Northern Suburbs	17.33

Event 184 Boys U 15 - 100 Metre Hurdles (76cm) (10) Prelims

	Name	Age	Centre	Seed Time
1	14609 Daniel Cox		Ryde	16.34
2	2394 Zak Evans		Northern Suburbs	14.23
3	140 Jake Fourie		Ku-Ring-Gai	15.05
4	19424 Reese Francis		Manly Warringah	16.73
5	10753 Ratu Viliame Lewanav.		Nth Rocks Carlin	15.15
6	2342 Jude Lumley		Northern Suburbs	18.58
7	18783 Luke Photios		Hornsby	16.95
8	11682 Samuel Price		Cherrybrook	14.21
9	11693 Evan Semaganda		Cherrybrook	18.44

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 184 ... (Boys U 15 - 100 Metre Hurdles (76cm) (10) Prelims)

	Name	Age Centre	Seed Time
10	14482 Moses Wolfson	Ryde	20.10

Event 185 Girls U 17 - 100 Metre Hurdles (76cm) (16) Prelims

	Name	Age Centre	Seed Time
1	17695 Diana Attinger	Nth Rocks Carlin	19.08
2	19384 Annika Boys	Manly Warringah	15.11
3	18974 Leila Broadley	Hornsby	17.30
4	18811 Michaela Couper	Hornsby	18.56
5	17703 Lani Khiroya	Nth Rocks Carlin	17.04
6	11627 Sarah-anne Koot	Cherrybrook	15.35
7	545 Louise Lovell	Ku-Ring-Gai	16.41
8	546 Sarah Lovell	Ku-Ring-Gai	15.28
9	2801 Emilia Massaro	Northern Suburbs	18.30
10	2569 Catherine Mikan	Northern Suburbs	15.44
11	14080 Ava Mitchell	Northern Distric	19.79
12	14263 Charlotte Nagle	Ryde	17.85
13	14240 Zara Pawsey	Ryde	16.55
14	8182 Jojo Pike	Mosman	19.32
15	18810 Eleanor Schwarz	Hornsby	20.09
16	143 Summer Sivaraj	Ku-Ring-Gai	19.27

Event 186 Boys U 17 - 110 Metre Hurdles (76cm) (11) Prelims

	Name	Age Centre	Seed Time
1	11712 Marco Boccaletti	Cherrybrook	16.34
2	19214 Leo Brown	Manly Warringah	14.66
3	8154 Chase Burrows	Mosman	16.40
4	17470 Max Byrnes	Nth Rocks Carlin	15.88
5	2551 Andres Hampel	Northern Suburbs	15.47
6	13944 Kalan Harding	Northern Distric	17.01
7	11552 Xavier Hennessey	Cherrybrook	17.63
8	19354 Jannik McErlane	Manly Warringah	14.47
9	17043 Tyler E Mitchell	Parramatta	16.70
10	18759 Ashton Sawtell	Hornsby	16.08
11	17521 Lewis Wong	Nth Rocks Carlin	15.74

Event 187 Girls U 11 - 1100 Metre Walk (15)

	Name	Age Centre	Seed Time
1	17422 Ivy Allen	Nth Rocks Carlin	8:07.95
2	19333 Caitlin Allum	Manly Warringah	6:20.14
3	380 Eloise Bradfield	Ku-Ring-Gai	9:29.33
4	19257 Amy Bright	Manly Warringah	6:57.33
5	17215 Sophia Davis	Parramatta	7:55.94
6	14449 Kira Ekers	Ryde	6:58.35
7	623 Madeline Ivey	Ku-Ring-Gai	9:29.55
8	11582 Olivia Lalor	Cherrybrook	9:09.97
9	19176 Madeleine Louis	Manly Warringah	7:50.55
10	394 Kate McLean	Ku-Ring-Gai	7:33.07
11	14518 Melina Michaels	Ryde	7:30.61
12	19105 Emma Olofinsky	Manly Warringah	6:39.57
13	14013 Annika Owers	Northern Distric	7:10.06
14	14675 Skye Spiden	Ryde	7:20.64
15	19624 Serafina Volpe	Manly Warringah	7:46.18

Event 188 Boys U 11 - 1100 Metre Walk (15)

	Name	Age Centre	Seed Time
1	284 Sachin Agnew	Ku-Ring-Gai	8:42.09
2	19577 Edward Brennan	Manly Warringah	7:22.58
3	19174 Lachlan Donald	Manly Warringah	7:37.33
4	11628 Hugh Giffin	Cherrybrook	7:11.11
5	19759 Cian Guerin	Manly Warringah	6:10.83
6	19477 Archer Hailstone	Manly Warringah	7:03.65
7	17850 Ayden Hewitt	Nth Rocks Carlin	7:18.61
8	11576 Jack Hilgendorf	Cherrybrook	9:31.15
9	19179 Kyahn Hyde	Manly Warringah	6:33.36
10	870 Jack Kirby	Ku-Ring-Gai	9:57.23
11	429 Ethan Lally	Ku-Ring-Gai	6:33.87
12	17630 Sebastian Lam	Nth Rocks Carlin	9:23.27
13	17020 Jaxen Moloney	Parramatta	7:20.46
14	2388 Liam Reville	Northern Suburbs	6:07.76
15	14733 John Stewart	Ryde	7:09.48

Event 189 Girls U 10 - 1100 Metre Walk (16)

	Name	Age Centre	Seed Time
1	19663 Olivia Baxter	Manly Warringah	8:10.79
2	776 Anabelle Bocska	Ku-Ring-Gai	8:09.85
3	374 Ellie Boers	Ku-Ring-Gai	8:08.06
4	13978 Beth Cochrane	Northern Distric	6:27.01
5	14249 LilyEve Everson	Ryde	6:32.93
6	17022 Casey Fowler	Parramatta	7:14.80
7	19754 Annaliese Lulli	Manly Warringah	7:06.89
8	11553 Milena Mok	Cherrybrook	8:31.70
9	14596 Eloise Moran	Ryde	8:41.29
10	297 Amelie Ogden	Ku-Ring-Gai	7:13.92
11	11636 Francesca Perkins	Cherrybrook	8:41.44
12	19269 Grace Tague	Manly Warringah	7:34.18
13	19525 Sadie Tyler	Manly Warringah	7:32.37
14	506 Carly Veasey	Ku-Ring-Gai	7:23.88
15	317 Maxwell Verney	Ku-Ring-Gai	7:50.36
16	2319 Stella Wade	Northern Suburbs	5:30.87

Event 190 Boys U 10 - 1100 Metre Walk (9)

	Name	Age Centre	Seed Time
1	18800 Ethan Carlton	Hornsby	8:44.22
2	19112 Mitchell Cohen	Manly Warringah	8:38.61
3	19492 Hugo Gledhill	Manly Warringah	7:59.28
4	14789 Lewis Megarritty	Ryde	8:18.94
5	14356 William Qu	Ryde	8:20.01
6	19874 Asher Stevens	Manly Warringah	8:12.02
7	14481 Enoch Wolfson	Ryde	8:19.77
8	17434 Kaixin Xia	Nth Rocks Carlin	8:17.14
9	641 Dylan Zhou	Ku-Ring-Gai	9:23.54

Event 191 Girls U 9 - 700 Metre Walk (15)

	Name	Age Centre	Seed Time
1	19190 Indiana AllanCrocker	Manly Warringah	4:23.93
2	17601 Sarah Anwar	Nth Rocks Carlin	6:59.38
3	17413 Annabel Dickson	Nth Rocks Carlin	5:19.37
4	19121 Arelie Doria	Manly Warringah	5:26.33
5	16974 Victoria Hanington	Parramatta	6:54.79

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 191 ... (Girls U 9 - 700 Metre Walk (15))

Name	Age	Centre	Seed Time
6 198 Kinsley Harvey		Ku-Ring-Gai	4:28.90
7 7975 Millar Hicks		Mosman	4:35.18
8 2656 Sara Hudson		Northern Suburbs	6:39.92
9 17631 Sofia Lam		Nth Rocks Carlin	5:22.07
10 354 Jade Lynas		Ku-Ring-Gai	4:46.70
11 736 Georgia Rouse		Ku-Ring-Gai	5:06.72
12 342 Xanthe Sarkodee		Ku-Ring-Gai	5:26.53
13 19464 Ava Trapps		Manly Warringah	4:26.03
14 19230 Mila Ward		Manly Warringah	4:35.38
15 19596 Jade Wilson		Manly Warringah	4:50.33

Event 192 Boys U 9 - 700 Metre Walk (13)

Name	Age	Centre	Seed Time
1 18801 Eric Colgan		Hornsby	4:51.00
2 19285 Zachary Cooke		Manly Warringah	5:42.65
3 19222 Lachlan deBree		Manly Warringah	4:04.38
4 19175 Harley Donald		Manly Warringah	5:21.86
5 17039 Ben Fisk-Batho		Parramatta	5:55.91
6 19393 Archer Lane		Manly Warringah	4:44.02
7 393 James McLean		Ku-Ring-Gai	4:06.44
8 19268 Max Miller		Manly Warringah	5:03.42
9 319 Ryan Rudolph		Ku-Ring-Gai	4:38.53
10 17533 Daniel Smart		Nth Rocks Carlin	4:11.00
11 11475 Tyler Tabrett		Cherrybrook	5:51.81
12 11471 Ryan Tian		Cherrybrook	6:13.84
13 2376 Martin Zipaquirá Romer		Northern Suburbs	6:14.26

Event 193 Girls U 8 - 700 Metre Run Pack Start (16)

Name	Age	Centre	Seed Time
1 19517 Matilda Alexander		Manly Warringah	2:56.90
2 14943 Lauren Bennett		Ryde	2:47.15
3 109 Elena Chen		Ku-Ring-Gai	2:30.53
4 19255 Eloise Debney		Manly Warringah	2:38.85
5 2321 Sophie Dong		Northern Suburbs	3:02.36
6 7987 Halina Erihe		Mosman	2:40.78
7 103 Emily Hosie		Ku-Ring-Gai	2:58.62
8 19266 Sophie Hunt		Manly Warringah	2:59.48
9 7952 Morgan Jones		Mosman	2:42.63
10 17136 April Kim		Parramatta	2:55.13
11 410 Zoe Marinkovich		Ku-Ring-Gai	2:44.49
12 19322 Piper Marshall		Manly Warringah	2:45.10
13 414 Abigail Morgan		Ku-Ring-Gai	3:01.10
14 17661 Katrina Murphy		Nth Rocks Carlin	3:05.12
15 2389 Aliska Reitano		Northern Suburbs	2:47.42
16 14370 Parisa Shinde		Ryde	3:05.49

Event 194 Boys U 8 - 700 Metre Run Pack Start (16)

Name	Age	Centre	Seed Time
1 294 Dashiell Arnold		Ku-Ring-Gai	2:45.25
2 14277 Gavin Cellacay		Ryde	3:07.08
3 17429 Jaiden Chahal		Nth Rocks Carlin	3:04.85
4 19437 Aiden Dunne		Manly Warringah	2:33.12
5 14450 Joshua Ekers		Ryde	2:35.63
6 511 Edward Giles		Ku-Ring-Gai	2:42.43

7 19787 Marcus Hemsworth		Manly Warringah	2:49.41
8 18922 Reuben Herbert		Hornsby	2:50.28
9 534 Lachlan Kandasamy		Ku-Ring-Gai	2:37.87
10 19377 Harvey Laing		Manly Warringah	3:05.12
11 19809 Ryder Moloney		Manly Warringah	2:57.06
12 2385 Tom Moody		Northern Suburbs	2:33.28
13 17225 Archer Ng Chok		Parramatta	3:11.06
14 14218 Jai Prados-valerio		Northern Distric	2:43.17
15 2563 Kabir Sido		Northern Suburbs	2:59.01
16 2560 Patrick Yeldham		Northern Suburbs	3:11.94

Event 195 Girls U 12 - 1500 Metre Walk (11)

Name	Age	Centre	Seed Time
1 19640 Maja Bennedick		Manly Warringah	10:49.87
2 17529 Aria Bibring		Nth Rocks Carlin	11:22.07
3 17404 Hayley Carroll		Nth Rocks Carlin	10:48.90
4 17598 Jasmin Collier		Nth Rocks Carlin	11:52.79
5 19733 Gemma Hunt		Manly Warringah	9:25.52
6 406 Scout Linton		Ku-Ring-Gai	8:29.23
7 11481 Ashleigh Mansell		Cherrybrook	8:22.60
8 19371 Grace Mercer		Manly Warringah	10:57.27
9 19267 Molly Miller		Manly Warringah	8:27.61
10 17539 Ronika Mirzaei		Nth Rocks Carlin	11:19.96
11 17523 Jolin Wirianata		Nth Rocks Carlin	11:14.31

Event 196 Boys U 12 - 1500 Metre Walk (10)

Name	Age	Centre	Seed Time
1 19347 Freddie Atkinson		Manly Warringah	10:02.46
2 658 Caelan Drysdale		Ku-Ring-Gai	9:19.51
3 17155 Liam Forsyth		Parramatta	9:07.18
4 19426 Isaac Han		Manly Warringah	9:38.55
5 14038 Samuel Hart		Northern Distric	10:23.44
6 18818 Mathias Hutchens		Hornsby	10:03.18
7 18819 Sebastian Hutchens		Hornsby	12:21.86
8 11591 Maxwell Penn		Cherrybrook	9:30.92
9 11590 Oliver Penn		Cherrybrook	11:31.53
10 14319 Charlie Shiel		Ryde	10:31.39

Event 197 Girls U 13 - 1500 Metre Walk (5)

Name	Age	Centre	Seed Time
1 19157 Gemma Dixon		Manly Warringah	8:09.14
2 14250 Miarose Everson		Ryde	8:18.34
3 11561 Mia Graham		Cherrybrook	11:34.38
4 16925 Ella-Rae Mcgregor		Parramatta	10:17.73
5 2320 Sienna Wade		Northern Suburbs	8:47.65

Event 198 Boys U 13 - 1500 Metre Walk (6)

Name	Age	Centre	Seed Time
1 597 Lachlan Harris		Ku-Ring-Gai	8:53.41
2 19565 Harrison Kyme		Manly Warringah	9:42.48
3 19027 Aston Maclaine		Hornsby	11:12.72
4 14239 Mitchell McCarthy		Ryde	8:04.99
5 2387 John Reville		Northern Suburbs	9:40.81
6 19155 Charlie Whelan		Manly Warringah	8:58.25

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 199 Girls U 14 - 1500 Metre Walk (4)

	Name	Age Centre	Seed Time
1	687 Lily Horne	Ku-Ring-Gai	9:50.93
2	14291 Chloe McGregor	Ryde	11:57.70
3	11589 Ruby Penn	Cherrybrook	9:55.98
4	17494 Sophie Polkinghorne	Nth Rocks Carlin	6:51.26

Event 200 Boys U 14 - 1500 Metre Walk (4)

	Name	Age Centre	Seed Time
1	14059 Alexander Braendle	Northern Distric	8:19.38
2	14520 Rhys Chandler	Ryde	8:10.18
3	457 Sebastian Linton	Ku-Ring-Gai	10:11.81
4	14519 Lucas Michaels	Ryde	10:14.43

Event 201 Girls U 15 - 1500 Metre Walk (2)

	Name	Age Centre	Seed Time
1	13979 Imogen Cochrane	Northern Distric	9:16.25
2	17018 Jessica Loring	Parramatta	7:06.69

Event 202 Boys U 15 - 1500 Metre Walk (3)

	Name	Age Centre	Seed Time
1	17510 Christopher Nilon	Nth Rocks Carlin	7:39.77
2	19561 Alexander Wenzel	Manly Warringah	11:12.29
3	14482 Moses Wolfson	Ryde	9:39.45

Event 203 Girls U 17 - 1500 Metre Walk (5)

	Name	Age Centre	Seed Time
1	442 Grace Beck	Ku-Ring-Gai	8:38.01
2	19028 Ally Maclaine	Hornsby	10:14.23
3	14290 Ella McGregor	Ryde	10:10.64
4	17431 Isabella Primrose	Nth Rocks Carlin	10:30.72
5	143 Summer Sivaraj	Ku-Ring-Gai	8:07.33

Event 204 Boys U 17 - 1500 Metre Walk (2)

	Name	Age Centre	Seed Time
1	558 Dylan Allabush	Ku-Ring-Gai	8:02.91
2	17734 Hugo Matthews	Nth Rocks Carlin	10:26.53

Event 217 Girls U 10 - 70 Metre Sprint (15) Prelims

	Name	Age Centre	Seed Time
1	8061 April Abboud	Mosman	10.62
2	19779 Lexie Beesley	Manly Warringah	10.87
3	19136 Aria Broadhurst	Manly Warringah	10.57
4	8049 Isla Cleland	Mosman	11.13
5	19633 Grace Coleman	Manly Warringah	11.07
6	16961 Nadia Gasparini	Parramatta	11.17
7	2334 Amelie Germon	Northern Suburbs	11.49
8	14387 Elody Gibson	Ryde	11.61
9	19699 Frankie Jones	Manly Warringah	10.73
10	2908 Charlyze June	Northern Suburbs	11.59
11	14742 Romy Kum	Ryde	11.61
12	766 Evie Rophail	Ku-Ring-Gai	10.50
13	2500 Sierra Seale	Northern Suburbs	11.18
14	792 Nicole Shih	Ku-Ring-Gai	10.76
15	17580 Serah Silva	Nth Rocks Carlin	11.69

Event 218 Boys U 10 - 70 Metre Sprint (16) Prelims

	Name	Age Centre	Seed Time
1	14455 Ethan Bourne	Ryde	11.88
2	11534 Harrison Campbell	Cherrybrook	10.79
3	819 Bethan Compion	Ku-Ring-Gai	10.80
4	121 Alexander Conner	Ku-Ring-Gai	10.88
5	18921 Tadhg Crowley	Hornsby	10.21
6	14819 Marco Dessanti	Ryde	11.22
7	17569 Matthew El Kadi	Nth Rocks Carlin	11.13
8	2521 Nicholas Fijan	Northern Suburbs	11.02
9	14458 Archer Griffiths (1)	Ryde	11.14
10	2811 Ezra Ko	Northern Suburbs	11.38
11	19271 Hudson McGregor	Manly Warringah	9.83
12	14680 Ethan Moyo	Ryde	11.42
13	19226 Lequintin Nicholson	Manly Warringah	11.01
14	19718 Solomon Romyn	Manly Warringah	11.01
15	19107 Brody Scott-Faul	Manly Warringah	10.14
16	8004 Finn Sorbara	Mosman	10.47

Event 219 Girls U 9 - 70 Metre Sprint (16) Prelims

	Name	Age Centre	Seed Time
1	2457 Amba Bowden	Northern Suburbs	12.31
2	19120 Brooke Debney	Manly Warringah	11.57
3	17413 Annabel Dickson	Nth Rocks Carlin	11.82
4	19160 Amelia Esser	Manly Warringah	11.40
5	8059 Evie Francis	Mosman	11.85
6	2549 Maddison Lin	Northern Suburbs	12.42
7	19177 Lila Louis	Manly Warringah	11.25
8	479 Edwina Mair	Ku-Ring-Gai	11.59
9	14935 Emma Mo	Ryde	12.25
10	14864 Georgia Paton	Ryde	12.32
11	17800 Amiya Pokharel	Nth Rocks Carlin	12.15
12	689 Amelia Scott	Ku-Ring-Gai	11.79
13	16975 Aria Smith	Parramatta	12.04
14	19592 IslaF Talaese	Manly Warringah	11.56
15	19110 Abbie Weir	Manly Warringah	11.12
16	2318 Emily Williams	Northern Suburbs	11.87

Event 220 Boys U 9 - 70 Metre Sprint (14) Prelims

	Name	Age Centre	Seed Time
1	320 Rene Barkhuysen	Ku-Ring-Gai	10.88
2	19444 Blake Creelman	Manly Warringah	10.64
3	191 Jack Cross	Ku-Ring-Gai	10.59
4	17184 Maximilian Elder	Parramatta	11.51
5	2454 Jaxon Garton	Northern Suburbs	11.39
6	17680 Darcy Hazon	Nth Rocks Carlin	11.69
7	18843 Tyler Holdsworth	Hornsby	11.07
8	600 Neil Macmillan	Ku-Ring-Gai	11.43
9	19920 Daniel McNaughtan	Manly Warringah	11.01
10	19210 Jack Miller	Manly Warringah	11.13
11	14555 Ari Newman	Ryde	11.54
12	146 Charl Price	Ku-Ring-Gai	11.25
13	16928 Riyansh Thorat	Parramatta	11.23
14	2333 Nathan Wechsler	Northern Suburbs	11.59

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 221 Girls U 8 - 70 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time	
1	19612	Tippi Acevedo	Manly Warringah	12.27
2	7968	Emily Cawthorne	Mosman	12.25
3	109	Elena Chen	Ku-Ring-Gai	11.57
4	19634	Chelsea Coleman	Manly Warringah	12.12
5	11494	Allegra Gulczynski	Cherrybrook	12.94
6	17716	Zana Hevesy	Nth Rocks Carlin	13.36
7	16967	Meenakshi Jyothish	Parramatta	13.79
8	19423	Elle McDermott	Manly Warringah	12.17
9	19916	Rahni McNaughtan	Manly Warringah	11.56
10	17661	Katrina Murphy	Nth Rocks Carlin	12.84
11	19527	Eliza Pennings	Manly Warringah	12.38
12	2514	Olivia Price	Northern Suburbs	13.62
13	17150	Abby Spurr	Parramatta	13.40
14	17808	Joelle Truong	Nth Rocks Carlin	12.92
15	503	Anna Wang	Ku-Ring-Gai	12.45
16	17786	Karina Wu	Nth Rocks Carlin	13.83

Event 222 Boys U 8 - 70 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time	
1	137	Reuben Achike	Ku-Ring-Gai	12.12
2	19516	Jacob Alexander	Manly Warringah	11.64
3	14091	Nico Brichta	Northern Distric	11.51
4	19153	Sonny Farrell	Manly Warringah	12.41
5	17586	Thomas Garland	Nth Rocks Carlin	11.78
6	2396	Elliot Hall	Northern Suburbs	11.61
7	2649	Zach Haycraft	Northern Suburbs	11.74
8	17517	Oliver Hohmann	Nth Rocks Carlin	13.46
9	241	Kenneth Huang	Ku-Ring-Gai	11.56
10	286	Riley Hwang	Ku-Ring-Gai	12.32
11	19146	Coby James	Manly Warringah	12.04
12	2729	Ethan Josa	Northern Suburbs	12.00
13	11518	Hiroki Keene	Cherrybrook	14.08
14	11588	Kanav Pragadeesh	Cherrybrook	12.57
15	14368	Noah Smith	Ryde	11.77
16	19408	Jack Vukovic	Manly Warringah	12.14

Event 223 Girls U 11 - 200 Metre Sprint (18) Prelims

Name	Age	Centre	Seed Time	
1	19251	Leanne Barayuga	Manly Warringah	29.81
2	14677	Eliza Bosnic	Ryde	32.62
3	225	Safina Burgess	Ku-Ring-Gai	33.05
4	19295	Anieke Coetsee	Manly Warringah	31.83
5	14429	Tully Davies	Ryde	33.45
6	19438	Lily Dunne	Manly Warringah	32.70
7	19242	Genevieve Dunnet	Manly Warringah	31.17
8	17201	Claire Fetrie	Parramatta	32.41
9	515	Havana Gray	Ku-Ring-Gai	NT
10	19587	Liv Havenstein	Manly Warringah	31.90
11	18739	Willow Hickey	Hornsby	35.01
12	11514	Zoe Jordan	Cherrybrook	33.19
13	14526	Madeleine Lynch	Ryde	31.70
14	13971	Evie MooreMulcahy	Northern Distric	NT
15	387	Imogen Newey	Ku-Ring-Gai	33.27

16	17057	Lucy C Tazewell	Parramatta	33.49
17	11482	Anna Wegener	Cherrybrook	32.50
18	16965	Jessy Yong	Parramatta	33.30

Event 224 Boys U 11 - 200 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time	
1	14065	Jensen Barrett	Northern Distric	28.76
2	18923	James Bissaker	Hornsby	30.61
3	14584	Enzo Cheung YC	Ryde	31.09
4	7889	Orlando Clarke	Mosman	30.04
5	2834	Roberto Devine	Northern Suburbs	30.82
6	14347	Alexander Economides	Ryde	31.61
7	155	Brody Johnson	Ku-Ring-Gai	31.04
8	17572	Riley Johnson	Nth Rocks Carlin	31.93
9	507	Oska Koch	Ku-Ring-Gai	30.87
10	11483	Finn Leivesley	Cherrybrook	29.92
11	2887	Zachary Radzim	Northern Suburbs	32.15
12	8084	Edward Sharp	Mosman	29.32
13	18790	Alexander Sorensen	Hornsby	32.56
14	19709	Heath Towers	Manly Warringah	29.70
15	11554	Lachlan Vercoe	Cherrybrook	32.03
16	2317	Michael Williams	Northern Suburbs	32.17

Event 225 Girls U 12 - 200 Metre Sprint (18) Prelims

Name	Age	Centre	Seed Time	
1	336	Manvi Arabolu	Ku-Ring-Gai	NT
2	18796	Grace Carlton	Hornsby	31.21
3	14278	Arabella Cellacay	Ryde	30.97
4	14153	Estelle Creek	Northern Distric	31.60
5	11505	Hannah Dawson	Cherrybrook	30.41
6	17416	Emily Ng	Nth Rocks Carlin	31.11
7	19607	Claudia Patfield	Manly Warringah	31.35
8	8086	Emily PereiradeJesus	Mosman	31.54
9	17582	Julia Perry	Nth Rocks Carlin	31.54
10	19744	Valerie Pickup	Manly Warringah	29.45
11	19710	Lotte Roessler	Manly Warringah	29.95
12	19108	Marley Scott-Faul	Manly Warringah	30.82
13	19807	Charlotte Selinas	Manly Warringah	31.72
14	11480	Madison Tabrett	Cherrybrook	29.55
15	17058	Sophie Tazewell	Parramatta	31.33
16	11580	Abigail Wigham	Cherrybrook	31.29
17	17523	Jolin Wirianata	Nth Rocks Carlin	32.22
18	39115	Miranda Yu	Ku-Ring-Gai	NT

Event 226 Boys U 12 - 200 Metre Sprint (17) Prelims

Name	Age	Centre	Seed Time	
1	14553	Louis Baddeley	Ryde	30.86
2	8081	Charlie Baird-Petroni	Mosman	29.22
3	658	Caelan Drysdale	Ku-Ring-Gai	28.71
4	19471	Luca Escribano	Manly Warringah	29.39
5	14386	Bayley Gibson	Ryde	30.47
6	19426	Isaac Han	Manly Warringah	31.36
7	17418	Cohen Keeping	Nth Rocks Carlin	29.77
8	14311	Jack Le Fevre	Ryde	30.37
9	14598	Zachary Leung	Ryde	28.06
10	19980	Jacob Pieper	Manly Warringah	30.29

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 226 ... (Boys U 12 - 200 Metre Sprint (17) Prelims)

Name	Age	Centre	Seed Time
11 19141 Beau Riches		Manly Warringah	29.09
12 14816 Jack Spencer		Ryde	27.14
13 11612 Liam Steel		Cherrybrook	28.36
14 504 Nuoyi Wang		Ku-Ring-Gai	30.29
15 19150 Ethan Warner		Manly Warringah	NT
16 14772 Joseph Wehbe		Ryde	30.48
17 168 Andy Zhang		Ku-Ring-Gai	30.53

Event 227 Girls U 13 - 200 Metre Sprint (18) Prelims

Name	Age	Centre	Seed Time
1 18798 Amy Campbell		Hornsby	31.32
2 17740 Madison Dellas		Nth Rocks Carlin	30.21
3 8072 Elizabeth Fainga'anuku		Mosman	NT
4 8057 Lexi Hartigan		Mosman	28.47
5 17226 Naduli Kariyawasam		Parramatta	29.42
6 19904 Eden McNaughtan		Manly Warringah	31.24
7 19386 Louisa Mehta		Manly Warringah	27.84
8 19387 Sarah Mehta		Manly Warringah	28.19
9 11507 Michiko Paul		Cherrybrook	29.71
10 14241 Jacqueline Pawsey		Ryde	29.93
11 19302 Sophie Rogerson		Manly Warringah	30.55
12 2405 Lucia Schnell		Northern Suburbs	29.75
13 19241 Pilard Shephard		Manly Warringah	28.44
14 17488 Natalie Tang		Nth Rocks Carlin	36.04
15 17400 Alice Truong		Nth Rocks Carlin	31.69
16 332 Sienna Vassella		Ku-Ring-Gai	NT
17 2320 Sienna Wade		Northern Suburbs	28.44
18 19981 Jemma Wilsher		Manly Warringah	30.00

Event 228 Boys U 13 - 200 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time
1 19265 James Atkins		Manly Warringah	25.46
2 19609 Parker Ball		Manly Warringah	28.72
3 11500 Charithu De mel		Cherrybrook	29.33
4 19048 Sebastian Duddle		Hornsby	NT
5 541 Rhys Duncan		Ku-Ring-Gai	28.32
6 2507 Thomas Eaton		Northern Suburbs	29.47
7 11486 Callum Gilchrist		Cherrybrook	26.85
8 11601 Andrew Kim		Cherrybrook	27.17
9 17290 Ji Yong Kim		Parramatta	27.21
10 14254 Xavier Mitchell		Ryde	30.37
11 19286 Deacon Pallpratt		Manly Warringah	28.26
12 707 Kourosh Rad		Ku-Ring-Gai	27.17
13 253 Thomas Vedris		Ku-Ring-Gai	27.18
14 19212 Jake Wood		Manly Warringah	NT
15 14937 Jun min Yap		Ryde	26.96
16 14669 Kingsley Yip		Ryde	28.32

Event 229 Girls U 10 - 200 Metre Sprint (14) Prelims

Name	Age	Centre	Seed Time
1 8061 April Abboud		Mosman	33.44
2 11617 Jude Alkhateeb		Cherrybrook	32.32
3 19779 Lexie Beesley		Manly Warringah	32.69
4 2469 Ananshi Chopra		Northern Suburbs	37.16

5 864 Evelyn Finley		Ku-Ring-Gai	33.03
6 2386 Ajabu Gebhard		Northern Suburbs	34.71
7 2334 Amelie Germon		Northern Suburbs	36.17
8 19425 Josephine Han		Manly Warringah	30.19
9 19699 Frankie Jones		Manly Warringah	32.41
10 14255 Indiana Mitchell		Ryde	31.83
11 19795 Alice Orth		Manly Warringah	33.19
12 766 Evie Rophail		Ku-Ring-Gai	32.06
13 19458 Lucy Turner		Manly Warringah	31.56
14 2319 Stella Wade		Northern Suburbs	30.77

Event 230 Boys U 10 - 200 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time
1 2489 Liam Baird		Northern Suburbs	31.81
2 11534 Harrison Campbell		Cherrybrook	30.75
3 19304 Samson Cech		Manly Warringah	32.77
4 14306 Dara Curley		Ryde	29.63
5 8065 Kingston Davis		Mosman	31.14
6 14819 Marco Dessanti		Ryde	32.30
7 11495 Archie Gulczynski		Cherrybrook	31.81
8 234 Nicolas James-Taylor		Ku-Ring-Gai	31.25
9 17395 Jake Lambert		Nth Rocks Carlin	30.67
10 19103 Ryder Lane-Brown		Manly Warringah	31.07
11 19271 Hudson McGregor		Manly Warringah	29.56
12 7982 angus Morrison		Mosman	32.61
13 19718 Solomon Romyn		Manly Warringah	32.07
14 19107 Brody Scott-Faul		Manly Warringah	30.65
15 2755 Flynn Scrivener		Northern Suburbs	30.55
16 2516 Henry Wilkin-Smith		Northern Suburbs	30.79

Event 231 Girls U 9 - 200 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time
1 18873 Nalinga Albino		Hornsby	33.99
2 18704 Juliet Allan		Hornsby	35.39
3 17546 Eden De Pomeroy		Nth Rocks Carlin	35.71
4 17394 Isabella Dobe		Nth Rocks Carlin	36.25
5 128 Scarlett Docherty		Ku-Ring-Gai	34.53
6 19134 Ella Harding		Manly Warringah	33.50
7 11684 Kiara Liyanage		Cherrybrook	37.84
8 19282 Ruby Losurdo		Manly Warringah	33.27
9 19177 Lila Louis		Manly Warringah	34.16
10 19263 Abigail Maher		Manly Warringah	34.09
11 17499 Teara Obrien		Nth Rocks Carlin	38.48
12 17800 Amiya Pokharel		Nth Rocks Carlin	37.64
13 16975 Aria Smith		Parramatta	37.93
14 19110 Abbie Weir		Manly Warringah	32.98
15 11579 Emily Wigham		Cherrybrook	35.01
16 2557 Tabitha Williams		Northern Suburbs	36.53

Event 232 Boys U 9 - 200 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time
1 320 Rene Barkhuysen		Ku-Ring-Gai	32.51
2 578 Edmund Chen		Ku-Ring-Gai	31.05
3 19193 LucaMatteo Ferri		Manly Warringah	33.74
4 11473 Brendan Jones		Cherrybrook	33.23
5 19166 Van Jordan		Manly Warringah	35.34

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 232 ... (Boys U 9 - 200 Metre Sprint (16) Prelims)

Name	Age	Centre	Seed Time
6 2665 Andrew Edrick Lau		Northern Suburbs	35.04
7 2348 Charles Lukas (Ye)		Northern Suburbs	34.21
8 19920 Daniel McNaughtan		Manly Warringah	32.79
9 771 Cooper Nguyen		Ku-Ring-Gai	33.94
10 11508 Kenji Paul		Cherrybrook	36.57
11 13998 Lachlan Ross		Northern Distric	34.69
12 17533 Daniel Smart		Nth Rocks Carlin	33.69
13 14116 William Taylor		Northern Distric	35.80
14 16928 Riyansh Thorat		Parramatta	34.00
15 17550 Garvik Venkatesh		Nth Rocks Carlin	35.90
16 2333 Nathan Wechsler		Northern Suburbs	35.29

Event 233 Girls U 8 - 200 Metre Sprint (14) Prelims

Name	Age	Centre	Seed Time
1 19612 Tippi Acevedo		Manly Warringah	38.58
2 19264 Georgia Atkins		Manly Warringah	38.41
3 14697 Rhyleiana Barnett-Palm		Ryde	38.65
4 109 Elena Chen		Ku-Ring-Gai	35.70
5 19634 Chelsea Coleman		Manly Warringah	37.18
6 19255 Eloise Debney		Manly Warringah	35.59
7 7987 Halina Erihe		Mosman	38.63
8 17136 April Kim		Parramatta	38.73
9 19322 Piper Marshall		Manly Warringah	38.50
10 13970 Molly MooreMulcahy		Northern Distric	38.22
11 14295 Lucia Oppedisano		Ryde	36.72
12 14370 Parisa Shinde		Ryde	41.10
13 2435 Siena Tisi		Northern Suburbs	36.25
14 17808 Joelle Truong		Nth Rocks Carlin	40.81

Event 234 Boys U 8 - 200 Metre Sprint (16) Prelims

Name	Age	Centre	Seed Time
1 19516 Jacob Alexander		Manly Warringah	36.01
2 2512 Max Byrne		Northern Suburbs	35.84
3 19153 Sonny Farrell		Manly Warringah	36.90
4 2396 Elliot Hall		Northern Suburbs	35.31
5 644 Stephen Harvey		Ku-Ring-Gai	35.29
6 2649 Zach Haycraft		Northern Suburbs	36.80
7 19787 Marcus Hemsworth		Manly Warringah	37.43
8 2691 haotian hu		Northern Suburbs	40.61
9 19146 Coby James		Manly Warringah	36.95
10 2729 Ethan Josa		Northern Suburbs	37.04
11 17648 William Kucharski		Nth Rocks Carlin	39.28
12 16997 Joey Perri		Parramatta	40.05
13 856 Julian Pita		Ku-Ring-Gai	37.89
14 11577 Ryan Rann		Cherrybrook	36.71
15 569 Hugo Ruff		Ku-Ring-Gai	38.74
16 19408 Jack Vukovic		Manly Warringah	37.52

Event 235 Girls U 14 - 200 Metre Sprint (12) Prelims

Name	Age	Centre	Seed Time
1 159 Amalia Bond		Ku-Ring-Gai	26.98
2 17199 Clara Fetrie		Parramatta	26.87
3 2794 Tanya Graham		Northern Suburbs	28.06
4 18895 Camila Iorio		Hornsby	29.19

5 19450 Sophie Irvine		Manly Warringah	28.78
6 19339 Naomi Krajancic		Manly Warringah	25.36
7 17051 Alanah O'Donovan		Parramatta	30.82
8 19743 Olivia Pickup		Manly Warringah	28.97
9 17196 Pranaya Prasath		Parramatta	34.74
10 14133 Alannah Pryor		Northern Distric	28.27
11 19359 Isla Scoular		Manly Warringah	29.21
12 14547 Ivy Vella		Ryde	28.59

Event 236 Boys U 14 - 200 Metre Sprint (14) Prelims

Name	Age	Centre	Seed Time
1 14622 Thomas Cheung		Ryde	26.93
2 19731 Harvey Glanville		Manly Warringah	25.77
3 7824 Sam Hewit		Mosman	26.38
4 17406 Jamie Kastelan		Nth Rocks Carlin	27.01
5 39101 Kye Kearney		Ku-Ring-Gai	52.92
6 428 Fergus Keogh		Ku-Ring-Gai	28.74
7 17065 Manuel Lacson		Parramatta	25.83
8 14812 Cameron Leung		Ryde	25.55
9 19390 Lucas Nuttall		Manly Warringah	26.60
10 14195 Jake Sefton		Northern Distric	29.76
11 17301 Jacob Semaan		Parramatta	26.69
12 17532 Nicholas Smart		Nth Rocks Carlin	27.17
13 14796 Owen Trinh		Ryde	24.85
14 11578 Harry Wigham		Cherrybrook	26.41

Event 237 Girls U 15 - 200 Metre Sprint (13) Prelims

Name	Age	Centre	Seed Time
1 18781 Josie Clayton		Hornsby	29.48
2 19436 Kaitlenn Dunne		Manly Warringah	27.53
3 11564 Sophie Durheim		Cherrybrook	28.47
4 19506 Sofia Ehnbon		Manly Warringah	28.36
5 17062 Chiara Ewing		Parramatta	30.41
6 18820 Tiffany Fong		Hornsby	30.73
7 18913 Eden Herring		Hornsby	26.87
8 659 Arabella Lewis		Ku-Ring-Gai	26.25
9 14101 Kyrrah McMahon		Northern Distric	27.34
10 17769 Princess Obi		Nth Rocks Carlin	28.74
11 19334 Tayah Rubes		Manly Warringah	26.35
12 16920 Lisara Seneviratne		Parramatta	30.43
13 2481 Reena Son		Northern Suburbs	30.46

Event 238 Boys U 15 - 200 Metre Sprint (15) Prelims

Name	Age	Centre	Seed Time
1 17208 Thomas Aroyan		Parramatta	23.90
2 8078 Daniel Benoliel		Mosman	26.89
3 322 Rian Connors		Ku-Ring-Gai	26.61
4 2520 Alexander Fijan		Northern Suburbs	25.37
5 19424 Reese Francis		Manly Warringah	25.86
6 17060 Kyros Ghadiali		Parramatta	24.63
7 14488 Calan Hahlos		Ryde	24.72
8 18831 Aiden McDaid		Hornsby	26.39
9 19313 Jack Mcmillan		Manly Warringah	25.60
10 19476 Harry Nixon		Manly Warringah	25.45
11 2552 Oliver Pereira de Jesus		Northern Suburbs	26.38
12 17838 Benjamin Perry		Nth Rocks Carlin	25.45

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 238 ... (Boys U 15 - 200 Metre Sprint (15) Prelims)

	Name	Age	Centre	Seed Time
13	18741 Shiva Rajesh		Hornsby	25.20
14	2843 Thayu Runo		Northern Suburbs	29.91
15	490 Jimmy Thebridge		Ku-Ring-Gai	25.82

Event 239 Girls U 17 - 200 Metre Sprint (15) Prelims

	Name	Age	Centre	Seed Time
1	158 Samara Bond		Ku-Ring-Gai	25.72
2	14442 Amelie Gomez-Niewol		Ryde	27.31
3	19631 Tara Hollyoak		Manly Warringah	25.45
4	11657 Leela Ingram		Cherrybrook	30.71
5	2543 Sacha Jones		Northern Suburbs	29.51
6	19396 sienna kupceric		Manly Warringah	26.03
7	39119 Maia MaddenKhan		Ku-Ring-Gai	25.56
8	11642 Olivia Moresi		Cherrybrook	27.92
9	19509 Ashlee O'Reilly		Manly Warringah	27.77
10	14211 Elise Oliver		Northern Distric	28.59
11	14240 Zara Pawsey		Ryde	26.81
12	19533 Jasmine Rintel		Manly Warringah	26.17
13	17023 Kaley Roach		Parramatta	30.53
14	17256 Amelia Steventon		Parramatta	26.72
15	19836 Estelle Walsh		Manly Warringah	26.15

Event 240 Boys U 17 - 200 Metre Sprint (16) Prelims

	Name	Age	Centre	Seed Time
1	518 Lars Ackland		Ku-Ring-Gai	22.94
2	18872 Wol Albino		Hornsby	23.15
3	18933 Lachlan Blackwell		Hornsby	27.17
4	19880 Joshua Bowry		Manly Warringah	23.99
5	17046 Oliver Corne		Parramatta	25.39
6	19574 Liam Downs		Manly Warringah	23.94
7	8028 Xavier Frost		Mosman	23.95
8	2551 Andres Hampel		Northern Suburbs	23.70
9	17043 Tyler E Mitchell		Parramatta	25.21
10	18776 Nathanael Ramsay		Hornsby	23.63
11	18759 Ashton Sawtell		Hornsby	25.75
12	14504 Joshua Smith		Ryde	24.71
13	17722 Lachlan Waldron		Nth Rocks Carlin	25.60
14	17521 Lewis Wong		Nth Rocks Carlin	25.12
15	14640 James Woods		Ryde	23.19
16	14374 Aiden Wright		Ryde	23.32

Event 255 Girls U 11 - 800 Metre Run (16)

	Name	Age	Centre	Seed Time
1	14944 Katherine Bennett		Ryde	2:59.25
2	19530 Ferial BesodiBoujemac		Manly Warringah	2:40.06
3	19147 Sarah Covich		Manly Warringah	2:48.24
4	14034 Arya Dixon		Northern Distric	3:05.99
5	19438 Lily Dunne		Manly Warringah	2:43.67
6	11514 Zoe Jordan		Cherrybrook	2:59.51
7	2664 Olivia Felicity Lau		Northern Suburbs	2:58.41
8	675 Annabel Lew		Ku-Ring-Gai	2:57.80
9	19753 Evelyn Lulli		Manly Warringah	2:43.09
10	19323 Hayley Marshall		Manly Warringah	2:44.27
11	14051 Beatrice Mathers		Northern Distric	2:54.69

12	14050 Georgie Mathers		Northern Distric	3:02.45
13	2732 Katherine Saber		Northern Suburbs	2:57.26
14	17057 Lucy C Tazewell		Parramatta	2:59.75
15	270 Katelyn ThorinDembo		Ku-Ring-Gai	3:00.10
16	11482 Anna Wegener		Cherrybrook	2:56.60

Event 256 Boys U 11 - 800 Metre Run (16)

	Name	Age	Centre	Seed Time
1	14121 Reef Bailey		Northern Distric	2:49.36
2	324 Nick Bennett		Ku-Ring-Gai	2:41.66
3	14852 Louis Caldwell		Ryde	2:48.36
4	14674 Flynn Cox-Gallagher		Ryde	2:46.18
5	2349 Oliver Fratini		Northern Suburbs	2:51.84
6	11628 Hugh Giffin		Cherrybrook	2:53.79
7	19730 Austin Grennan		Manly Warringah	2:48.08
8	155 Brody Johnson		Ku-Ring-Gai	2:33.43
9	591 Josh Kietzmann		Ku-Ring-Gai	2:44.26
10	18999 Alistair Kinsey		Hornsby	2:49.79
11	483 Lachlan Meryment		Ku-Ring-Gai	2:45.51
12	2384 Sam Moody		Northern Suburbs	2:42.96
13	8056 Harry Nicholson		Mosman	2:43.64
14	2388 Liam Reville		Northern Suburbs	2:53.60
15	19717 Zane Romyn		Manly Warringah	2:35.68
16	19643 Harrison Smith		Manly Warringah	2:36.27

Event 257 Girls U 12 - 800 Metre Run (17)

	Name	Age	Centre	Seed Time
1	14475 Ayla Baraniak		Ryde	2:53.30
2	11540 Eve Bodley		Cherrybrook	2:52.08
3	14324 Yazmyn Buonocore		Ryde	2:54.75
4	18803 Juliet Erickson		Hornsby	2:40.12
5	39133 Beatrice Garnys		Ku-Ring-Gai	2:47.94
6	8047 Hana Horii		Mosman	2:34.14
7	11531 Chantelle Huang		Cherrybrook	2:55.76
8	8063 Emma Jones		Mosman	2:55.43
9	2490 Meredith Lee		Northern Suburbs	2:37.91
10	14366 Emma Lim		Ryde	2:55.11
11	11481 Ashleigh Mansell		Cherrybrook	2:48.21
12	19607 Claudia Patfield		Manly Warringah	2:45.38
13	19744 Valerie Pickup		Manly Warringah	2:32.42
14	8022 Natalie Rice		Mosman	2:41.77
15	19171 Kyah Ryals		Manly Warringah	2:33.83
16	422 Ashley Temple		Ku-Ring-Gai	2:43.61
17	39115 Miranda Yu		Ku-Ring-Gai	NT

Event 258 Boys U 12 - 800 Metre Run (18)

	Name	Age	Centre	Seed Time
1	19149 Nathaniel Barrett		Manly Warringah	NT
2	2762 John Brivulis		Northern Suburbs	2:30.74
3	19622 Hugo Condon		Manly Warringah	2:34.64
4	14024 Tyler Cosier		Northern Distric	2:41.05
5	19471 Luca Escibano		Manly Warringah	2:37.26
6	19432 Henry Ferguson		Manly Warringah	2:31.45
7	2894 Henry Grieve		Northern Suburbs	2:37.35
8	11697 Oliver Halfhide		Cherrybrook	2:31.24
9	8026 Xavier Hokins		Mosman	2:42.57

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 258 ... (Boys U 12 - 800 Metre Run (18))

	Name	Age Centre	Seed Time
10	2867 Nicholas Hudson	Northern Suburbs	2:43.64
11	11694 Lachlan Kidd	Cherrybrook	2:26.93
12	14311 Jack Le Fevre	Ryde	2:35.01
13	2484 Andrew Lukas	Northern Suburbs	2:38.67
14	19616 Connor Matthews	Manly Warringah	2:39.68
15	14294 Raffael Oppedisano	Ryde	2:43.03
16	19293 Isaac Robinson	Manly Warringah	NT
17	19329 Max Torkington	Manly Warringah	2:32.77
18	19703 Tasman Vale	Manly Warringah	2:28.43

Event 259 Girls U 13 - 800 Metre Run (17)

	Name	Age Centre	Seed Time
1	2433 Isla Bealby	Northern Suburbs	2:39.92
2	19756 Anais Biasi	Manly Warringah	2:28.65
3	8075 Alexandra Bova	Mosman	2:22.16
4	17485 Arpita Cherian	Nth Rocks Carlin	3:01.58
5	131 Elsie Clatworthy	Ku-Ring-Gai	2:41.13
6	14250 Miarose Everson	Ryde	2:48.14
7	7902 Billie Fallows	Mosman	2:38.55
8	11584 Makenzi Gartner	Cherrybrook	2:55.20
9	18960 Olivia Gouws	Hornsby	3:02.72
10	11551 Ridhi Jasrotia	Cherrybrook	2:39.62
11	19755 Alana Lulli	Manly Warringah	2:44.20
12	8076 Alessandra McWilliam	Mosman	NT
13	19180 Josie Perkins	Manly Warringah	2:37.51
14	2572 Olivia Rendall	Northern Suburbs	3:01.26
15	19270 Alexis Tague	Manly Warringah	2:34.74
16	2320 Sienna Wade	Northern Suburbs	2:35.52
17	7967 Sayah Weeding	Mosman	2:48.97

Event 260 Boys U 13 - 800 Metre Run (17)

	Name	Age Centre	Seed Time
1	8085 Samuel Cook	Mosman	2:37.44
2	19173 Max Donald	Manly Warringah	2:40.72
3	2507 Thomas Eaton	Northern Suburbs	2:30.24
4	407 James Ghali	Ku-Ring-Gai	2:33.72
5	614 Archie Kay	Ku-Ring-Gai	2:33.45
6	17687 Brian Kim	Nth Rocks Carlin	2:31.97
7	14173 Judah Louie	Northern Distric	2:32.78
8	19363 Billy Lowe	Manly Warringah	2:31.40
9	13953 Sam Ogier	Northern Distric	2:34.12
10	2387 John Reville	Northern Suburbs	2:42.77
11	17478 Nathan Sarah	Nth Rocks Carlin	2:41.97
12	11573 Rohan Sharma	Cherrybrook	2:33.71
13	18898 Daniel Sims	Hornsby	NT
14	2822 Beau Snashall	Northern Suburbs	2:41.51
15	19445 Oliver Trowell	Manly Warringah	2:17.19
16	253 Thomas Vedris	Ku-Ring-Gai	2:16.23
17	11476 Isaac Wegener	Cherrybrook	2:34.77

Event 261 Girls U 14 - 800 Metre Run (11)

	Name	Age Centre	Seed Time
1	749 Harriet Barnett	Ku-Ring-Gai	2:45.01
2	11556 Aliyah Bennett	Cherrybrook	2:23.08

3	2421 Erin Campbell	Northern Suburbs	3:03.93
4	316 Mia Hooton	Ku-Ring-Gai	2:19.86
5	17844 Alison Hubbard	Nth Rocks Carlin	2:48.82
6	19615 Belinda Matthews	Manly Warringah	2:28.15
7	134 Charlotte Palmer	Ku-Ring-Gai	2:46.52
8	17494 Sophie Polkinghorne	Nth Rocks Carlin	2:34.38
9	17467 Scarlett Richards	Nth Rocks Carlin	2:55.32
10	453 Abigail Soper	Ku-Ring-Gai	2:57.75
11	19291 Eliza Williams	Manly Warringah	2:40.60

Event 262 Boys U 14 - 800 Metre Run (11)

	Name	Age Centre	Seed Time
1	14052 Evan Beasley	Northern Distric	2:31.87
2	14059 Alexander Braendle	Northern Distric	2:29.96
3	129 William Durer	Ku-Ring-Gai	2:17.61
4	17406 Jamie Kastelan	Nth Rocks Carlin	2:45.20
5	457 Sebastian Linton	Ku-Ring-Gai	2:30.52
6	19250 Nathan Longster	Manly Warringah	2:10.59
7	19638 Max McDermott	Manly Warringah	2:31.33
8	19326 Oscar Needham	Manly Warringah	2:30.90
9	377 Alessandro Rossi	Ku-Ring-Gai	2:48.17
10	8034 Toby Ward	Mosman	2:27.59
11	11548 Christopher Whiteley	Cherrybrook	2:25.10

Event 263 Girls U 15 - 800 Metre Run (8)

	Name	Age Centre	Seed Time
1	19543 Skye Blair	Manly Warringah	2:50.05
2	8230 Annabelle Cigna	Mosman	2:27.32
3	19673 Sophie Hinds	Manly Warringah	2:44.27
4	13967 Aniela Knight	Northern Distric	2:21.75
5	17018 Jessica Loring	Parramatta	2:31.46
6	18789 Alice Lyng	Hornsby	2:28.03
7	11560 Hannah Storey	Cherrybrook	2:31.87
8	19701 Indianna Vale	Manly Warringah	2:43.80

Event 264 Boys U 15 - 800 Metre Run (14)

	Name	Age Centre	Seed Time
1	11572 Brendan Armstrong	Cherrybrook	2:16.31
2	338 Liam Broome	Ku-Ring-Gai	2:16.22
3	19277 Benjamin Frantz	Manly Warringah	2:17.36
4	18780 Manning Johnson	Hornsby	2:19.09
5	19551 Saxon Lund	Manly Warringah	2:20.72
6	18831 Aiden McDaid	Hornsby	2:17.66
7	19117 Dylan Mortimer	Manly Warringah	2:12.82
8	17510 Christopher Nilon	Nth Rocks Carlin	2:41.06
9	17837 Michael Perry	Nth Rocks Carlin	2:29.24
10	388 Hugo Reynolds	Ku-Ring-Gai	2:26.23
11	2799 Matteo Shipman	Northern Suburbs	2:12.57
12	18897 Matthew Sims	Hornsby	2:19.51
13	8052 Hugo Stewart	Mosman	2:18.56
14	17751 Tomasi Waqabaca	Nth Rocks Carlin	2:39.96

Event 265 Girls U 17 - 800 Metre Run (13)

	Name	Age Centre	Seed Time
1	19447 Matilda Bridge	Manly Warringah	2:31.16
2	17054 Tahlia Butcher	Parramatta	2:51.34
3	18804 Charlotte Clayton	Hornsby	3:25.49

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 265 ... (Girls U 17 - 800 Metre Run (13))

	Name	Age	Centre	Seed Time
4	39132 Ava Garnys		Ku-Ring-Gai	2:29.72
5	19602 Ava Gray		Manly Warringah	2:31.67
6	17096 Jeslyn Kaur		Parramatta	3:41.51
7	14638 Alicia Leggatt		Ryde	2:58.78
8	19028 Ally Maclaine		Hornsby	3:24.62
9	14290 Ella McGregor		Ryde	2:48.81
10	17431 Isabella Primrose		Nth Rocks Carlin	3:02.21
11	19460 Kristina Prizmic		Manly Warringah	2:44.74
12	17023 Kaley Roach		Parramatta	3:06.12
13	11608 Amy Timms		Cherrybrook	2:43.38

Event 266 Boys U 17 - 800 Metre Run (13)

	Name	Age	Centre	Seed Time
1	17017 Zachariah Abood		Parramatta	2:12.87
2	14551 Axel Bruntsch		Ryde	2:03.16
3	17426 Cody Burton		Nth Rocks Carlin	2:06.52
4	11599 Harley Grace		Cherrybrook	2:15.82
5	19440 Orlando Grinbergs		Manly Warringah	2:22.14
6	14782 Julian McMillan		Ryde	2:14.41
7	18776 Nathanael Ramsay		Hornsby	2:09.44
8	2872 Liam Renshaw		Northern Suburbs	2:02.73
9	17194 Cooper Robb-Jackson		Parramatta	2:24.24
10	14807 Isaac Siebert		Ryde	2:07.36
11	14644 Julian Smith		Ryde	2:23.47
12	17379 Benjamin Woodhouse		Nth Rocks Carlin	2:01.86
13	18782 Luke Woods		Hornsby	3:16.56

Event 267 Girls U 10 - 800 Metre Run (16)

	Name	Age	Centre	Seed Time
1	19828 Amelia Berry		Manly Warringah	2:55.74
2	374 Ellie Boers		Ku-Ring-Gai	2:55.25
3	19633 Grace Coleman		Manly Warringah	2:50.89
4	2747 Sienna Flower		Northern Suburbs	3:03.53
5	17022 Casey Fowler		Parramatta	3:03.03
6	19425 Josephine Han		Manly Warringah	2:38.01
7	11469 Leona Huang		Cherrybrook	2:53.18
8	2873 Emmanuelle Julliard		Northern Suburbs	2:59.93
9	19754 Annaliese Lulli		Manly Warringah	3:03.66
10	18779 Elodie Mcinnes		Hornsby	3:04.04
11	11553 Milena Mok		Cherrybrook	3:03.96
12	13997 Stephanie Ross		Northern Distric	2:54.76
13	119 Chella Shields		Ku-Ring-Gai	3:04.88
14	8060 Aurelia Stewart		Mosman	2:49.77
15	19702 evelyn vale		Manly Warringah	2:43.04
16	14349 Natalie Young		Ryde	3:08.14

Event 268 Boys U 10 - 800 Metre Run (16)

	Name	Age	Centre	Seed Time
1	2530 Matthew Balcombe		Northern Suburbs	2:40.18
2	14946 Harrison Bennett		Ryde	2:56.27
3	11515 Morgan Dagg		Cherrybrook	2:49.02
4	14128 Riley Daley		Northern Distric	2:48.61
5	8065 Kingston Davis		Mosman	2:48.31
6	19492 Hugo Gledhill		Manly Warringah	2:46.32

7	14267 Ashton Holl		Ryde	2:53.60
8	615 Tommy Kay		Ku-Ring-Gai	2:53.83
9	19103 Ryder Lane-Brown		Manly Warringah	2:36.53
10	8033 Max Madar		Mosman	2:54.60
11	14509 Rio Muthuri		Ryde	2:58.42
12	19226 Lequintin Nicholson		Manly Warringah	2:40.93
13	18792 Huxley Richardson		Hornsby	2:37.99
14	17158 Jaidyn Shehadie		Parramatta	2:59.79
15	19764 Owen Snell		Manly Warringah	2:47.84
16	19308 Caden Symons		Manly Warringah	2:43.17

Event 269 Girls U 9 - 800 Metre Run (16)

	Name	Age	Centre	Seed Time
1	14712 Lucy Armstrong		Ryde	3:37.15
2	251 Rose Benson		Ku-Ring-Gai	3:04.77
3	167 Harlow Campbell		Ku-Ring-Gai	2:56.10
4	17546 Eden De Pomeroy		Nth Rocks Carlin	3:11.57
5	18682 Ashleigh dewhurst		Hornsby	3:15.59
6	17394 Isabella Dobe		Nth Rocks Carlin	3:12.58
7	19121 Arelie Doria		Manly Warringah	3:16.72
8	540 Morgan Duncan		Ku-Ring-Gai	3:10.59
9	19134 Ella Harding		Manly Warringah	2:54.67
10	198 Kinsley Harvey		Ku-Ring-Gai	3:02.70
11	7975 Millar Hicks		Mosman	3:05.21
12	17631 Sofia Lam		Nth Rocks Carlin	3:34.49
13	19263 Abigail Maher		Manly Warringah	2:57.40
14	2535 Philippa Stewart		Northern Suburbs	3:21.08
15	19230 Mila Ward		Manly Warringah	3:16.06
16	2557 Tabitha Williams		Northern Suburbs	3:16.74

Event 270 Boys U 9 - 800 Metre Run (16)

	Name	Age	Centre	Seed Time
1	7966 Frederick Bangs		Mosman	3:02.32
2	19665 Archie Cole		Manly Warringah	2:45.08
3	19285 Zachary Cooke		Manly Warringah	2:51.86
4	2665 Andrew Edrick Lau		Northern Suburbs	3:05.96
5	2348 Charles Lukas (Yc)		Northern Suburbs	3:00.64
6	600 Neil Macmillan		Ku-Ring-Gai	3:03.22
7	17139 Elliott McQuillan		Parramatta	3:06.41
8	19210 Jack Miller		Manly Warringah	2:44.77
9	19268 Max Miller		Manly Warringah	2:47.71
10	14555 Ari Newman		Ryde	2:55.17
11	13998 Lachlan Ross		Northern Distric	2:48.85
12	319 Ryan Rudolph		Ku-Ring-Gai	3:03.76
13	17533 Daniel Smart		Nth Rocks Carlin	2:57.33
14	14300 Marcus Trigwell		Ryde	2:59.40
15	19181 Liam Tysoe		Manly Warringah	2:54.84
16	17522 Flynn Wirianata		Nth Rocks Carlin	3:01.08

Event 297 Girls U 12-17 4x100 Metre Relay (Snr) (6)

	Centre	Relay	Seed Time
1	Cherrybrook		NT
2	Hornsby		NT
3	Ku-Ring-Gai		NT
4	Manly Warringah		NT
5	Parramatta		NT

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 297 ... (Girls U 12-17 4x100 Metre Relay (Snr) (6))

Centre	Relay	Seed Time
6 Ryde		NT

Event 298 Boys U 12-17 4x100 Metre Relay (Snr) (6)

Centre	Relay	Seed Time
1 Ku-Ring-Gai		NT
2 Manly Warringah		NT
3 Mosman		NT
4 Nth Rocks Carlin		NT
5 Northern Suburbs		NT
6 Parramatta		NT

Event 299 Girls U 9-12 4x100 Metre Relay (Jnr) (6)

Centre	Relay	Seed Time
1 Cherrybrook		NT
2 Hornsby		NT
3 Ku-Ring-Gai		NT
4 Manly Warringah		NT
5 Northern Suburbs		NT
6 Ryde		NT

Event 300 Boys U 9-12 4x100 Metre Relay (Jnr) (6)

Centre	Relay	Seed Time
1 Cherrybrook		NT
2 Ku-Ring-Gai		NT
3 Manly Warringah		NT
4 Mosman		NT
5 Nth Rocks Carlin		NT
6 Northern Suburbs		NT

Event 301 Boys U 14 - Long Jump (16)

Name	Age	Centre	Seed Mark
1 14052 Evan Beasley		Northern Distric	4.20m
2 18784 Lucas Beven		Hornsby	4.20m
3 17055 Luke Butcher		Parramatta	4.26m
4 19760 Ed Hammond		Manly Warringah	4.67m
5 7824 Sam Hewit		Mosman	4.73m
6 19133 Ethan Jauncey		Manly Warringah	4.31m
7 17406 Jamie Kastelan		Nth Rocks Carlin	5.06m
8 17419 Hudson Keeping		Nth Rocks Carlin	4.85m
9 17652 Henry O'Neil		Nth Rocks Carlin	4.71m
10 17532 Nicholas Smart		Nth Rocks Carlin	4.63m
11 831 Tyler Stead		Ku-Ring-Gai	4.66m
12 14179 Riley Waddingham		Northern Distric	4.25m
13 11578 Harry Wigham		Cherrybrook	4.49m
14 747 Kase Willis-Jansen		Ku-Ring-Gai	4.84m
15 17518 Marcus Wong		Nth Rocks Carlin	4.27m
16 19287 Davin Yap		Manly Warringah	5.69m

Event 302 Girls U 15 - Long Jump (11)

Name	Age	Centre	Seed Mark
1 731 Olivia Achike		Ku-Ring-Gai	5.33m
2 17328 Alice Boorman-Franks		Parramatta	3.65m
3 11479 Zoe Connell		Cherrybrook	3.54m
4 11564 Sophie Durheim		Cherrybrook	4.81m
5 19506 Sofia Ehnbohm		Manly Warringah	4.98m

6 17678 Kara Hazon		Nth Rocks Carlin	3.98m
7 18913 Eden Herring		Hornsby	4.90m
8 2646 Tanna Kotulic		Northern Suburbs	4.98m
9 14101 Kyras McMahon		Northern Distric	4.72m
10 16920 Lisara Seneviratne		Parramatta	4.86m
11 14425 Emilia Webb		Ryde	4.57m

Event 303 Boys U 17 - Triple Jump (16)

Name	Age	Centre	Seed Mark
1 17017 Zachariah Abood		Parramatta	11.26m
2 2831 Jude Belson		Northern Suburbs	9.95m
3 18933 Lachlan Blackwell		Hornsby	11.51m
4 11712 Marco Boccaletti		Cherrybrook	10.91m
5 14521 Owen Chandler		Ryde	12.60m
6 17046 Oliver Corne		Parramatta	11.41m
7 19574 Liam Downs		Manly Warringah	12.17m
8 11658 Kennedy Feldman		Cherrybrook	11.76m
9 19169 Michael Godden		Manly Warringah	11.87m
10 19888 Sam Hildebrandt		Manly Warringah	12.24m
11 17050 Evan Holman		Parramatta	11.58m
12 17704 John Lawson		Nth Rocks Carlin	12.29m
13 17581 William Perry		Nth Rocks Carlin	11.17m
14 39124 Neil Rawat		Ku-Ring-Gai	10.38m
15 19595 Cameron Tizzard		Manly Warringah	11.85m
16 17521 Lewis Wong		Nth Rocks Carlin	11.89m

Event 304 Girls U 13 - Discus (750 Gram) (17)

Name	Age	Centre	Seed Mark
1 13984 Maddison Barratt		Northern Distric	18.25m
2 18798 Amy Campbell		Hornsby	34.23m
3 8072 Elizabeth Fainga'anuku		Mosman	ND
4 14246 Bella Fraser		Ryde	20.30m
5 17679 Ella Hazon		Nth Rocks Carlin	19.91m
6 154 Olivia Johnson		Ku-Ring-Gai	33.25m
7 19540 Isabel Jordan		Manly Warringah	17.01m
8 17234 Alana Kokay		Parramatta	12.68m
9 2341 Collette Lumley		Northern Suburbs	23.74m
10 8071 Aliya Meehan		Mosman	14.77m
11 11641 Anna Moresi		Cherrybrook	15.10m
12 19202 Karina Olofinsky		Manly Warringah	20.63m
13 14196 Sasha Sefton		Northern Distric	18.22m
14 19341 Chloe Stante		Manly Warringah	16.99m
15 13935 Jennifer Toynbee		Northern Distric	ND
16 14702 Chiara Utichi		Ryde	20.85m
17 332 Sienna Vassella		Ku-Ring-Gai	ND

Event 305 Girls U 14 - Discus (1.0 Kg) (14)

Name	Age	Centre	Seed Mark
1 19414 Millie Buxton		Manly Warringah	22.32m
2 539 Alicia Endicott		Ku-Ring-Gai	18.63m
3 19515 Sienna Evans		Manly Warringah	16.51m
4 626 Sophie Farrell		Ku-Ring-Gai	29.57m
5 151 Chelsea Forte		Ku-Ring-Gai	22.10m
6 16962 Sofia Gasparini		Parramatta	19.07m
7 7932 Charlie Goodare		Mosman	20.20m
8 39109 Lily Hughes		Ku-Ring-Gai	22.01m

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 305 ... (Girls U 14 - Discus (1.0 Kg) (14))

Name	Age	Centre	Seed	Mark
9 17386 Lu'isa Lolomanaia		Nth Rocks Carlin	16.89m	
10 14684 Charlotte Megarrity		Ryde	13.10m	
11 17196 Pranaya Prasath		Parramatta	12.73m	
12 11478 Nisini Rajapaksha Mud		Cherrybrook	29.22m	
13 11565 Cheyenne Sinteur		Cherrybrook	21.47m	
14 18917 Sophia Tsousidis		Hornsby	22.99m	

Event 306 Boys U 13 - Shot Put (3.0 Kg) (17)

Name	Age	Centre	Seed	Mark
1 19111 Luke Cohen		Manly Warringah	8.07m	
2 17403 Noah Collier		Nth Rocks Carlin	9.59m	
3 19156 Lucas Figueira		Manly Warringah	8.63m	
4 14913 Tyler Gilbertson		Ryde	7.40m	
5 597 Lachlan Harris		Ku-Ring-Gai	7.50m	
6 614 Archie Kay		Ku-Ring-Gai	8.59m	
7 43391 Kian Kheirollahpoor		Ryde	6.74m	
8 19705 Zachary Morgan		Manly Warringah	7.46m	
9 337 Jacoby Neal		Ku-Ring-Gai	11.21m	
10 2848 Liam O'Leary		Northern Suburbs	9.71m	
11 17308 Daniel Semaan		Parramatta	7.88m	
12 18898 Daniel Sims		Hornsby	ND	
13 17456 Alexander Song		Nth Rocks Carlin	9.00m	
14 8014 Orlando Stewart		Mosman	8.20m	
15 2463 Alfa Tai		Northern Suburbs	9.89m	
16 14416 Kieran Webb		Ryde	8.12m	
17 17292 Christopher Wilson		Parramatta	8.64m	

Event 307 Girls U 17 - Shot Put (3.0 Kg) (16)

Name	Age	Centre	Seed	Mark
1 14721 Isabella Barbara		Ryde	10.76m	
2 14304 Claudia Barlow		Ryde	8.81m	
3 8150 Fenella Burns		Mosman	11.11m	
4 2830 Emily Govers		Northern Suburbs	10.32m	
5 19631 Tara Hollyoak		Manly Warringah	11.43m	
6 14730 Jessica Johnston		Ryde	13.38m	
7 16978 Maddison Kernaghan		Parramatta	10.55m	
8 545 Louise Lovell		Ku-Ring-Gai	10.53m	
9 546 Sarah Lovell		Ku-Ring-Gai	12.89m	
10 39119 Maia MaddenKhan		Ku-Ring-Gai	13.15m	
11 330 Gemma McIntosh		Ku-Ring-Gai	9.25m	
12 14263 Charlotte Nagle		Ryde	8.35m	
13 17476 Amelia Nagy		Nth Rocks Carlin	10.11m	
14 14211 Elise Oliver		Northern Distric	9.99m	
15 2883 Ruby Perkins		Northern Suburbs	10.15m	
16 18863 Annabelle Stewart		Hornsby	8.91m	

Event 308 Boys U 9 - High Jump (S/H 0.90m) (16)

Name	Age	Centre	Seed	Mark
1 7966 Frederick Bangs		Mosman	1.05m	
2 404 Matthew Clarke		Ku-Ring-Gai	0.95m	
3 348 Henry Corbett		Ku-Ring-Gai	1.00m	
4 2454 Jaxon Garton		Northern Suburbs	0.90m	
5 2455 Jett Garton		Northern Suburbs	1.01m	
6 19767 Jack Houston		Manly Warringah	1.13m	

7 19766 nathaniel kei		Manly Warringah	1.09m
8 18998 Henry Kinsey		Hornsby	1.00m
9 600 Neil Macmillan		Ku-Ring-Gai	1.00m
10 19268 Max Miller		Manly Warringah	0.95m
11 14555 Ari Newman		Ryde	1.05m
12 2412 Isaac O'Leary		Northern Suburbs	1.01m
13 146 Charl Price		Ku-Ring-Gai	1.00m
14 17605 Lincoln Smith		Nth Rocks Carlin	1.05m
15 19151 AdamMichael Vesely		Manly Warringah	1.15m
16 17522 Flynn Wirianata		Nth Rocks Carlin	0.99m

Event 309 Boys U 15 - High Jump (S/H 1.30m) (16)

Name	Age	Centre	Seed	Mark
1 8078 Daniel Benoliel		Mosman	1.62m	
2 14609 Daniel Cox		Ryde	1.56m	
3 14719 Leon Danks		Ryde	1.52m	
4 2394 Zak Evans		Northern Suburbs	1.60m	
5 14834 Ambrose Feng		Ryde	1.45m	
6 19129 Thomas Greenaway		Manly Warringah	1.57m	
7 19541 Alberto Jordan		Manly Warringah	1.25m	
8 17737 Benjamin Lawrence		Nth Rocks Carlin	1.35m	
9 10753 Ratu Viliame Lewanav.		Nth Rocks Carlin	1.66m	
10 18831 Aiden McDaid		Hornsby	1.62m	
11 19313 Jack Mcmillan		Manly Warringah	1.57m	
12 2552 Oliver Pereira de Jesus		Northern Suburbs	1.35m	
13 11682 Samuel Price		Cherrybrook	1.66m	
14 2843 Thayu Runo		Northern Suburbs	1.35m	
15 11693 Evan Semaganda		Cherrybrook	1.45m	
16 19846 Luka Simmons		Manly Warringah	1.40m	

Event 310 Boys U 10 - Long Jump (15)

Name	Age	Centre	Seed	Mark
1 11536 Alastair Brill		Cherrybrook	3.65m	
2 14306 Dara Curley		Ryde	3.98m	
3 19186 Edward Gillett		Manly Warringah	3.72m	
4 14458 Archer Griffiths (1)		Ryde	3.74m	
5 14037 William Hart		Northern Distric	3.83m	
6 234 Nicolas James-Taylor		Ku-Ring-Gai	3.90m	
7 17395 Jake Lambert		Nth Rocks Carlin	4.04m	
8 19653 Freddie McVicar		Manly Warringah	3.83m	
9 14680 Ethan Moyo		Ryde	3.82m	
10 17084 James Nanni		Parramatta	3.77m	
11 13958 Max Pullin		Northern Distric	3.99m	
12 18792 Huxley Richardson		Hornsby	3.93m	
13 19718 Solomon Romyn		Manly Warringah	3.93m	
14 124 Hamish Skeates		Ku-Ring-Gai	4.09m	
15 868 Lucas Yik		Ku-Ring-Gai	4.00m	

Event 311 Girls U 12 - Long Jump (17)

Name	Age	Centre	Seed	Mark
1 336 Manvi Arabolu		Ku-Ring-Gai	ND	
2 14324 Yazmyn Buonocore		Ryde	3.92m	
3 2381 Maddie Burge		Northern Suburbs	4.21m	
4 126 Zara Conner		Ku-Ring-Gai	3.87m	
5 19352 Rhiannon Dick		Manly Warringah	3.72m	
6 19427 Audrey Grether		Manly Warringah	3.99m	

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 311 ... (Girls U 12 - Long Jump (17))

Name	Age	Centre	Seed	Mark
7	14289	Alessandra Lombardi	Ryde	3.98m
8	11481	Ashleigh Mansell	Cherrybrook	3.87m
9	19652	Milly McVicar	Manly Warringah	3.90m
10	18886	Jayda Mode	Hornsby	3.72m
11	17416	Emily Ng	Nth Rocks Carlin	3.66m
12	19385	Roxanne Parkes	Manly Warringah	3.79m
13	19171	Kyah Ryals	Manly Warringah	4.05m
14	11480	Madison Tabrett	Cherrybrook	4.17m
15	2851	Olivia Toshack	Northern Suburbs	4.41m
16	19526	Ruby Tyler	Manly Warringah	4.30m
17	11580	Abigail Wigham	Cherrybrook	3.68m

Event 312 Boys U 11 - Triple Jump (16)

Name	Age	Centre	Seed	Mark
1	17710	Jeffrey Chong	Nth Rocks Carlin	7.89m
2	14674	Flynn Cox-Gallagher	Ryde	8.36m
3	19337	Harry Dryden	Manly Warringah	8.80m
4	2556	Rory Duffy	Northern Suburbs	7.39m
5	14347	Alexander Economides	Ryde	7.65m
6	11661	Dhulain Fernando	Cherrybrook	7.37m
7	19831	Ashton Forrester	Manly Warringah	8.14m
8	19306	Alex Fraser	Manly Warringah	8.00m
9	17833	Oliver Gross	Nth Rocks Carlin	7.63m
10	2614	Ryan Mallawa Arachchi	Northern Suburbs	7.26m
11	19922	Lewis McNaughtan	Manly Warringah	8.72m
12	221	Emmett Snape	Ku-Ring-Gai	7.26m
13	465	Charlie Toth	Ku-Ring-Gai	7.82m
14	19709	Heath Towers	Manly Warringah	8.70m
15	7940	Harrison Vakili	Mosman	8.74m
16	11554	Lachlan Vercoe	Cherrybrook	7.33m

Event 313 Girls U 11 - Discus (500 Gram) (16)

Name	Age	Centre	Seed	Mark
1	19333	Caitlin Allum	Manly Warringah	18.54m
2	14755	Mila Bomba	Ryde	22.43m
3	18775	Samantha Campbell	Hornsby	22.34m
4	11477	Imogen Connell	Cherrybrook	30.41m
5	2408	Alexandra Frielingsdorf	Northern Suburbs	27.51m
6	18794	Avery Johnston	Hornsby	16.50m
7	2344	Abigail Johnstone	Northern Suburbs	21.74m
8	19343	Olive Kacilala	Manly Warringah	19.33m
9	19240	Eloise Knorr	Manly Warringah	20.32m
10	2414	Gracie O'Leary	Northern Suburbs	18.79m
11	14013	Annika Owers	Northern Distric	19.33m
12	193	Grace Patterson	Ku-Ring-Gai	15.89m
13	343	Anna Sarkodee	Ku-Ring-Gai	16.48m
14	14675	Skye Spiden	Ryde	18.42m
15	14042	Dulcie Thompson	Northern Distric	25.71m
16	14396	Pippa Wang	Ryde	19.87m

Event 314 Girls U 17 - Javelin (500 Gram) (16)

Name	Age	Centre	Seed	Mark
1	19462	Catrine Atherton	Manly Warringah	20.81m
2	14304	Claudia Barlow	Ryde	20.76m

3	19239	Poppy Day	Manly Warringah	29.59m
4	14730	Jessica Johnston	Ryde	38.97m
5	16978	Maddison Kernaghan	Parramatta	30.82m
6	14562	Jessica Koussas	Ryde	31.53m
7	545	Louise Lovell	Ku-Ring-Gai	26.75m
8	546	Sarah Lovell	Ku-Ring-Gai	33.74m
9	16916	Elise Murray	Parramatta	17.22m
10	17476	Amelia Nagy	Nth Rocks Carlin	34.68m
11	14211	Elise Oliver	Northern Distric	27.62m
12	2883	Ruby Perkins	Northern Suburbs	25.91m
13	19459	Adriana Prizmic	Manly Warringah	21.21m
14	2579	Sophie Quinnell	Northern Suburbs	24.18m
15	17812	Rithaja Sankaran	Nth Rocks Carlin	24.11m
16	18863	Annabelle Stewart	Hornsby	21.40m

Event 315 Girls U 8 - Shot Put (1.5 Kg) (16)

Name	Age	Centre	Seed	Mark
1	19517	Matilda Alexander	Manly Warringah	4.75m
2	17441	Shasha Allanki	Nth Rocks Carlin	4.39m
3	19264	Georgia Atkins	Manly Warringah	3.66m
4	14697	Rhyleiana Barnett-Paln	Ryde	3.88m
5	100	Miranda Benitez	Ku-Ring-Gai	3.37m
6	19833	Bernadette Bowes	Manly Warringah	4.12m
7	19260	Zara Davis	Manly Warringah	4.17m
8	16992	Piper Henebery	Parramatta	3.21m
9	103	Emily Hosie	Ku-Ring-Gai	3.02m
10	17176	Annalise Knight	Parramatta	3.24m
11	17443	Evelyn Liu	Nth Rocks Carlin	3.75m
12	381	Sophia Lizzio	Ku-Ring-Gai	3.48m
13	275	Chloe Mason	Ku-Ring-Gai	3.27m
14	13938	Hope Wales	Northern Distric	4.49m
15	17204	Leesa Watterson	Parramatta	3.27m
16	17285	Lia Zammit	Parramatta	3.91m

Event 316 Boys U 14 - Shot Put (3.0 Kg) (13)

Name	Age	Centre	Seed	Mark
1	11653	Blake Billingsley	Cherrybrook	7.36m
2	8219	Nicolas Chaseling	Mosman	10.25m
3	138	Zach Fourie	Ku-Ring-Gai	12.85m
4	2825	Benjamin Govers	Northern Suburbs	10.69m
5	14761	Lincoln Griffiths	Ryde	8.50m
6	19133	Ethan Jauncey	Manly Warringah	10.29m
7	17829	Senuka Kankanige	Nth Rocks Carlin	9.14m
8	17828	Vinuka Kankanige	Nth Rocks Carlin	10.69m
9	17736	Matthew Lawrence	Nth Rocks Carlin	8.51m
10	14519	Lucas Michaels	Ryde	7.78m
11	14195	Jake Sefton	Northern Distric	10.47m
12	17301	Jacob Semaan	Parramatta	12.21m
13	17532	Nicholas Smart	Nth Rocks Carlin	10.62m

Event 317 Girls U 10 - High Jump (S/H 0.95m) (13)

Name	Age	Centre	Seed	Mark
1	864	Evelyn Finley	Ku-Ring-Gai	1.13m
2	2747	Sienna Flower	Northern Suburbs	1.09m
3	14384	Sophie Friend	Ryde	1.05m
4	14288	Valentina Lombardi	Ryde	1.11m

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 317 ... (Girls U 10 - High Jump (S/H 0.95m) (13))

Name	Age	Centre	Seed Mark
5 19183 Sienna Milotic		Manly Warringah	1.05m
6 297 Amelie Ogden		Ku-Ring-Gai	1.13m
7 19493 Rosemary Pilgrim		Manly Warringah	1.05m
8 8139 Zara Rogers		Mosman	1.05m
9 17479 Abigail Sarah		Nth Rocks Carlin	1.00m
10 11521 Saanvi Saravana		Cherrybrook	1.00m
11 2500 Sierra Seale		Northern Suburbs	1.21m
12 8027 Sabella Sewell		Mosman	1.05m
13 19269 Grace Tague		Manly Warringah	1.10m

Event 318 Boys U 12 - High Jump (S/H 1.20m) (16)

Name	Age	Centre	Seed Mark
1 8081 Charlie Baird-Petroni		Mosman	1.40m
2 19149 Nathaniel Barrett		Manly Warringah	NH
3 14053 Joah Beasley		Northern Distric	1.30m
4 19721 Taj Biddlecombe		Manly Warringah	1.30m
5 2762 John Brivulis		Northern Suburbs	1.41m
6 14722 Harlen Danks		Ryde	1.41m
7 19432 Henry Ferguson		Manly Warringah	1.34m
8 14881 Stanley Hebert		Ryde	1.30m
9 17391 Benji Hill		Nth Rocks Carlin	1.30m
10 2438 Justin Jung		Northern Suburbs	1.30m
11 11502 Ryan Maher		Cherrybrook	1.30m
12 17053 Vinay Menon		Parramatta	1.30m
13 8142 Tyrese-Lloyd Owusu		Mosman	1.36m
14 14620 Daniel Pulfer		Ryde	1.30m
15 19141 Beau Riches		Manly Warringah	1.47m
16 2531 Cooper Wilson		Northern Suburbs	1.43m

Event 319 Girls U 9 - Long Jump (16)

Name	Age	Centre	Seed Mark
1 17546 Eden De Pomeroy		Nth Rocks Carlin	3.31m
2 19120 Brooke Debney		Manly Warringah	3.19m
3 18958 Phoebe deCarvalho		Hornsby	3.23m
4 17394 Isabella Dobe		Nth Rocks Carlin	3.36m
5 139 Sienna Fourie		Ku-Ring-Gai	3.23m
6 8059 Evie Francis		Mosman	3.42m
7 13927 Emma Hales		Northern Distric	3.13m
8 19134 Ella Harding		Manly Warringah	3.34m
9 2480 Audrey Kerkham		Northern Suburbs	3.27m
10 19282 Ruby Losurdo		Manly Warringah	3.16m
11 479 Edwina Mair		Ku-Ring-Gai	3.31m
12 689 Amelia Scott		Ku-Ring-Gai	3.24m
13 19552 Ellie Turmanis		Manly Warringah	3.14m
14 2401 Alyssa Turton		Northern Suburbs	3.35m
15 11579 Emily Wigham		Cherrybrook	3.53m
16 2318 Emily Williams		Northern Suburbs	3.14m

Event 320 Boys U 13 - Long Jump (16)

Name	Age	Centre	Seed Mark
1 19265 James Atkins		Manly Warringah	5.31m
2 19609 Parker Ball		Manly Warringah	4.74m
3 19544 Kornchawal Benoliel		Manly Warringah	4.55m
4 17044 Aeden Campling		Parramatta	4.51m

5 541 Rhys Duncan		Ku-Ring-Gai	4.42m
6 712 Kai Hutchinson		Ku-Ring-Gai	4.33m
7 11601 Andrew Kim		Cherrybrook	4.89m
8 17687 Brian Kim		Nth Rocks Carlin	4.38m
9 853 Maximillian Kyle		Ku-Ring-Gai	4.50m
10 17302 Malachi Mataele		Parramatta	4.63m
11 2568 James Mikan		Northern Suburbs	4.98m
12 18786 Joel Ramsay		Hornsby	4.77m
13 2400 Kyan Seale		Northern Suburbs	5.26m
14 17456 Alexander Song		Nth Rocks Carlin	5.39m
15 2331 John Wechsler		Northern Suburbs	4.31m
16 14669 Kingsley Yip		Ryde	4.64m

Event 321 Girls U 13 - Triple Jump (17)

Name	Age	Centre	Seed Mark
1 13984 Maddison Barratt		Northern Distric	8.84m
2 19467 Ellie Briggs		Manly Warringah	9.76m
3 18798 Amy Campbell		Hornsby	8.18m
4 17740 Madison Dellas		Nth Rocks Carlin	8.64m
5 14250 Miarose Everson		Ryde	8.28m
6 18960 Olivia Gouws		Hornsby	8.06m
7 17396 Hannah Lambert		Nth Rocks Carlin	10.73m
8 17019 Olivia Loring		Parramatta	10.10m
9 19904 Eden McNaughtan		Manly Warringah	8.84m
10 8071 Aliya Meehan		Mosman	9.62m
11 19369 Piper O'Sullivan		Manly Warringah	9.07m
12 19202 Karina Olofinsky		Manly Warringah	8.85m
13 11507 Michiko Paul		Cherrybrook	9.16m
14 14241 Jacqueline Pawsey		Ryde	9.75m
15 19341 Chloe Stante		Manly Warringah	9.00m
16 13935 Jennifer Toynbee		Northern Distric	ND
17 11618 Ivy Yang		Cherrybrook	9.22m

Event 322 Boys U 8 - Discus (500 Gram) (16)

Name	Age	Centre	Seed Mark
1 17429 Jaiden Chahal		Nth Rocks Carlin	12.39m
2 18948 Jack Clementson		Hornsby	10.59m
3 11687 Laurence Darby		Cherrybrook	12.48m
4 17502 Aaren Deepak		Nth Rocks Carlin	12.47m
5 2325 Jordan Dunne		Northern Suburbs	9.92m
6 14450 Joshua Ekers		Ryde	17.91m
7 17586 Thomas Garland		Nth Rocks Carlin	11.26m
8 494 Taj Gove		Ku-Ring-Gai	11.17m
9 18887 Flynn Hickey		Hornsby	11.98m
10 2691 haotian hu		Northern Suburbs	9.42m
11 493 Louis Jeloscek		Ku-Ring-Gai	12.75m
12 266 John Lukas		Ku-Ring-Gai	10.52m
13 744 Hamish McGill		Ku-Ring-Gai	9.92m
14 17225 Archer Ng Chok		Parramatta	14.36m
15 333 Bailey Vassella		Ku-Ring-Gai	15.49m
16 14109 Cooper Young		Northern Distric	11.61m

Event 323 Girls U 12 - Javelin (400 Gram) (16)

Name	Age	Centre	Seed Mark
1 14340 Gillian Bedford		Ryde	18.03m
2 17529 Aria Bibring		Nth Rocks Carlin	12.38m

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 323 ... (Girls U 12 - Javelin (400 Gram) (16))

Name	Age	Centre	Seed Mark
3	17598	Jasmin Collier	Nth Rocks Carlin 19.13m
4	2472	Holly Connell	Northern Suburbs 12.70m
5	18803	Juliet Erickson	Hornsby 16.39m
6	18821	Samantha Fong	Hornsby 13.11m
7	308	Evaleigh Gong	Ku-Ring-Gai 15.80m
8	14130	Jade Hawes	Northern Distric 13.53m
9	19428	Alice Larbey	Manly Warringah 17.32m
10	512	Hayley Laslett	Ku-Ring-Gai 21.59m
11	14310	Charlotte Le Fevre	Ryde 18.46m
12	19652	Milly McVicar	Manly Warringah 17.64m
13	14012	Scarlett Owers	Northern Distric 22.73m
14	19385	Roxanne Parkes	Manly Warringah 16.36m
15	19236	Mikaila Semmens	Manly Warringah 18.36m
16	17058	Sophie Tazewell	Parramatta 17.91m

Event 324 Girls U 15 - Shot Put (3.0 Kg) (10)

Name	Age	Centre	Seed Mark
1	17328	Alice Boorman-Franks	Parramatta 7.10m
2	13979	Imogen Cochrane	Northern Distric 7.69m
3	11479	Zoe Connell	Cherrybrook 5.76m
4	584	Nehara DeMel	Ku-Ring-Gai 11.77m
5	14546	Mikayla Duncombe	Ryde 10.56m
6	8002	Sally Fainga'anuku	Mosman 13.04m
7	18820	Tiffany Fong	Hornsby 7.82m
8	14786	Giselle Olymbios	Ryde 8.79m
9	11583	Layla Tawbe	Cherrybrook 7.14m
10	17193	Stella White	Parramatta 7.75m

Event 325 Girls U 14 - High Jump (S/H 1.25m) (7)

Name	Age	Centre	Seed Mark
1	11614	Laila Burkhardt	Cherrybrook 1.38m
2	17463	Annabel Cullen	Nth Rocks Carlin 1.36m
3	19515	Sienna Evans	Manly Warringah 1.30m
4	151	Chelsea Forte	Ku-Ring-Gai 1.45m
5	11478	Nisini Rajapaksha Mud	Cherrybrook 1.42m
6	17467	Scarlett Richards	Nth Rocks Carlin 1.20m
7	19359	Isla Scoular	Manly Warringah 1.40m

Event 326 Boys U 17 - High Jump (S/H 1.35m) (12)

Name	Age	Centre	Seed Mark
1	17017	Zachariah Abood	Parramatta 1.50m
2	11652	Justin Billingsley	Cherrybrook 1.69m
3	18933	Lachlan Blackwell	Hornsby 1.60m
4	11712	Marco Boccaletti	Cherrybrook 1.69m
5	14521	Owen Chandler	Ryde 1.65m
6	19574	Liam Downs	Manly Warringah 1.64m
7	19888	Sam Hildebrandt	Manly Warringah 1.74m
8	17050	Evan Holman	Parramatta 1.60m
9	2491	Cadel Holmes	Northern Suburbs 1.80m
10	17421	Oliver Mencil	Nth Rocks Carlin 1.71m
11	19595	Cameron Tizzard	Manly Warringah 1.78m
12	14323	Oliver Tsang	Ryde 1.60m

Event 327 Girls U 11 - Long Jump (18)

Name	Age	Centre	Seed Mark
1	19238	Amity Batchler	Manly Warringah 3.70m
2	261	Claudia Birrell	Ku-Ring-Gai 3.82m
3	19430	Caitlin Butler	Manly Warringah 3.72m
4	17045	Ava Campling	Parramatta 3.33m
5	14429	Tully Davies	Ryde 3.51m
6	19205	Phoebe Dobson	Manly Warringah 3.93m
7	19438	Lily Dunne	Manly Warringah 3.64m
8	8067	Eloise Eslick	Mosman 3.38m
9	8051	Lola Francis	Mosman 3.72m
10	14245	Charlotte Fraser	Ryde 3.50m
11	14526	Madeleine Lynch	Ryde 3.62m
12	2411	Bree Madigan Wong	Northern Suburbs 3.91m
13	13971	Evie MooreMulcahy	Northern Distric ND
14	387	Imogen Newey	Ku-Ring-Gai 3.60m
15	19203	Louisa Olofinsky	Manly Warringah 3.48m
16	376	Ava-Capri Rossi	Ku-Ring-Gai 3.36m
17	318	Zoe Rudolph	Ku-Ring-Gai ND
18	10745	Layla Tauaisili	Nth Rocks Carlin 3.45m

Event 328 Girls U 17 - Long Jump (16)

Name	Age	Centre	Seed Mark
1	18974	Leila Broadley	Hornsby 4.37m
2	17846	mila burdett	Nth Rocks Carlin 4.42m
3	17459	Anesha Busingye	Nth Rocks Carlin 4.76m
4	19239	Poppy Day	Manly Warringah 4.37m
5	14442	Amelie Gomez-Niewol	Ryde 4.43m
6	19631	Tara Hollyoak	Manly Warringah 5.59m
7	14730	Jessica Johnston	Ryde 4.38m
8	17703	Lani Khiroya	Nth Rocks Carlin 4.72m
9	11627	Sarah-anne Koot	Cherrybrook 4.91m
10	39119	Maia MaddenKhan	Ku-Ring-Gai 5.61m
11	2569	Catherine Mikan	Northern Suburbs 4.98m
12	14468	Miah Oshea	Ryde 5.18m
13	14240	Zara Pawsey	Ryde 4.72m
14	18810	Eleanor Schwarz	Hornsby 4.47m
15	13933	Charlotte Toynbee	Northern Distric 4.67m
16	13934	Elizabeth Toynbee	Northern Distric 4.41m

Event 329 Boys U 15 - Triple Jump (16)

Name	Age	Centre	Seed Mark
1	8037	Jeffrey Benoliel	Mosman 10.73m
2	322	Rian Conners	Ku-Ring-Gai 10.04m
3	14834	Ambrose Feng	Ryde 9.86m
4	19687	Max Figueira	Manly Warringah 10.99m
5	17060	Kyros Ghadiali	Parramatta 12.68m
6	19129	Thomas Greenaway	Manly Warringah 10.21m
7	17688	Brenden Kim	Nth Rocks Carlin 11.32m
8	17737	Benjamin Lawrence	Nth Rocks Carlin 10.34m
9	10753	Ratu Viliame Lewanav	Nth Rocks Carlin 12.13m
10	2342	Jude Lumley	Northern Suburbs 10.47m
11	19313	Jack Mcmillan	Manly Warringah 11.03m
12	18741	Shiva Rajesh	Hornsby 11.18m
13	11693	Evan Semaganda	Cherrybrook 9.93m

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 329 ... (Boys U 15 - Triple Jump (16))

Name	Age	Centre	Seed Mark
14 2799 Matteo Shipman		Northern Suburbs	11.25m
15 490 Jimmy Thebridge		Ku-Ring-Gai	12.01m
16 14062 Sam Wu		Northern Distric	11.62m

Event 330 Girls U 9 - Discus (500 Gram) (16)

Name	Age	Centre	Seed Mark
1 251 Rose Benson		Ku-Ring-Gai	14.63m
2 18924 Alexandra Bissaker		Hornsby	13.04m
3 14008 Lillian Brookes		Northern Distric	13.02m
4 14436 Hazel Care-Unger		Ryde	11.07m
5 19160 Amelia Esser		Manly Warringah	11.20m
6 19658 Erica Fenner		Manly Warringah	11.21m
7 2480 Audrey Kerkham		Northern Suburbs	17.30m
8 18754 Riley Lloyd-Owen		Hornsby	10.18m
9 17224 Isabelle Ng Chok		Parramatta	11.24m
10 17768 Vanessa Obi		Nth Rocks Carlin	12.39m
11 17499 Tera O'Brien		Nth Rocks Carlin	10.80m
12 342 Xanthe Sarkodee		Ku-Ring-Gai	13.55m
13 802 Zoe Schulz		Ku-Ring-Gai	10.40m
14 19592 IslaF Talaese		Manly Warringah	14.15m
15 14613 Asha Tsen-Braddock		Ryde	12.49m
16 2401 Alyssa Turton		Northern Suburbs	12.46m

Event 331 Boys U 10 - Discus (500 Gram) (16)

Name	Age	Centre	Seed Mark
1 14455 Ethan Bourne		Ryde	21.85m
2 147 Liam Carter		Ku-Ring-Gai	27.47m
3 14025 Liam Cosier		Northern Distric	24.83m
4 2324 Xavier Dunne		Northern Suburbs	26.51m
5 19186 Edward Gillett		Manly Warringah	31.30m
6 14458 Archer Griffiths (1)		Ryde	29.00m
7 615 Tommy Kay		Ku-Ring-Gai	24.39m
8 19114 Samuel King		Manly Warringah	22.73m
9 563 Oliver Kok		Ku-Ring-Gai	18.22m
10 239 Maximus Murdoch		Ku-Ring-Gai	24.32m
11 17084 James Nanni		Parramatta	18.03m
12 14619 Nathan Pulfer		Ryde	20.15m
13 13958 Max Pullin		Northern Distric	19.97m
14 11604 Alexander M Reid		Cherrybrook	20.12m
15 18792 Huxley Richardson		Hornsby	23.58m
16 124 Hamish Skeates		Ku-Ring-Gai	23.59m

Event 332 Girls U 15 - Javelin (500 Gram) (13)

Name	Age	Centre	Seed Mark
1 17328 Alice Boorman-Franks		Parramatta	15.89m
2 17471 Carys Byrnes		Nth Rocks Carlin	16.75m
3 18781 Josie Clayton		Hornsby	14.95m
4 13979 Imogen Cochrane		Northern Distric	16.19m
5 11479 Zoe Connell		Cherrybrook	13.44m
6 14546 Mikayla Duncombe		Ryde	26.11m
7 8002 Sally Fainga'anuku		Mosman	29.50m
8 18820 Tiffany Fong		Hornsby	19.55m
9 786 Lily Greig		Ku-Ring-Gai	23.86m
10 18913 Eden Herring		Hornsby	27.87m

11 2646 Tanna Kotulic		Northern Suburbs	23.49m
12 11583 Layla Tawbe		Cherrybrook	33.24m
13 17193 Stella White		Parramatta	13.35m

Event 333 Boys U 9 - Shot Put (2.0 Kg) (16)

Name	Age	Centre	Seed Mark
1 14552 Joey Baddeley		Ryde	4.77m
2 19222 Lachlan deBree		Manly Warringah	4.93m
3 19175 Harley Donald		Manly Warringah	4.81m
4 17184 Maximilian Elder		Parramatta	5.37m
5 572 Zac Gerrand		Ku-Ring-Gai	5.01m
6 896 Luca Hage		Ku-Ring-Gai	6.24m
7 19166 Van Jordan		Manly Warringah	6.58m
8 17008 Dylan Jowett		Parramatta	4.67m
9 18998 Henry Kinsey		Hornsby	4.66m
10 2412 Isaac O'Leary		Northern Suburbs	4.84m
11 858 Daniel Owili		Ku-Ring-Gai	5.42m
12 146 Charl Price		Ku-Ring-Gai	5.14m
13 2511 Santiago Verissimo		Northern Suburbs	5.08m
14 19151 AdamMichael Vesely		Manly Warringah	5.55m
15 2333 Nathan Wechsler		Northern Suburbs	5.08m
16 2376 Martin Zipaquiria Romer		Northern Suburbs	5.17m

Event 334 Boys U 12 - Shot Put (2.0 Kg) (17)

Name	Age	Centre	Seed Mark
1 19721 Taj Biddlecombe		Manly Warringah	7.81m
2 14472 Lucas Bolt		Ryde	8.39m
3 17537 Tobias Butler		Nth Rocks Carlin	9.51m
4 14722 Harlen Danks		Ryde	9.02m
5 19471 Luca Escibano		Manly Warringah	8.93m
6 249 William Geldenhuys		Ku-Ring-Gai	10.00m
7 497 Bento Gove		Ku-Ring-Gai	7.02m
8 2439 Leon Hoang		Northern Suburbs	8.47m
9 18955 Zachary Lawrence		Hornsby	8.30m
10 14201 Harry Mooney		Northern Distric	8.21m
11 19980 Jacob Pieper		Manly Warringah	7.21m
12 14319 Charlie Shiel		Ryde	10.79m
13 13994 Bradlee Taylor		Northern Distric	7.48m
14 18918 Alexandros Tsaousidis		Hornsby	10.34m
15 504 Nuoyi Wang		Ku-Ring-Gai	7.51m
16 17415 Bailey Williams		Nth Rocks Carlin	7.53m
17 627 Finn Wilson		Ku-Ring-Gai	ND

Event 335 Boys U 11 - High Jump (S/H 1.10m) (16)

Name	Age	Centre	Seed Mark
1 14121 Reef Bailey		Northern Distric	1.20m
2 2834 Roberto Devine		Northern Suburbs	1.30m
3 19831 Ashton Forrester		Manly Warringah	1.25m
4 559 Reuben Hanly		Ku-Ring-Gai	1.20m
5 298 Daniel Hanuska		Ku-Ring-Gai	1.20m
6 596 Mitchell Harris		Ku-Ring-Gai	1.20m
7 17572 Riley Johnson		Nth Rocks Carlin	1.15m
8 11483 Finn Leivesley		Cherrybrook	1.28m
9 2548 Donovan Lin		Northern Suburbs	1.15m
10 19922 Lewis McNaughtan		Manly Warringah	1.41m
11 17140 Aiden McQuillan		Parramatta	1.15m

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 335 ... (Boys U 11 - High Jump (S/H 1.10m) (16))

	Name	Age	Centre	Seed	Mark
12	19370 Hunter O'Sullivan		Manly Warringah	1.25m	
13	8084 Edward Sharp		Mosman	1.31m	
14	19643 Harrison Smith		Manly Warringah	1.39m	
15	18790 Alexander Sorensen		Hornsby	1.20m	
16	14459 Max Williamson		Ryde	1.28m	

Event 336 Boys U 13 - High Jump (S/H 1.25m) (16)

	Name	Age	Centre	Seed	Mark
1	2430 Max Bealby		Northern Suburbs	1.45m	
2	19544 Kornchawal Benoliel		Manly Warringah	1.42m	
3	19173 Max Donald		Manly Warringah	1.35m	
4	16945 Zane El Sayed Ahmad		Parramatta	1.39m	
5	17489 Mitchell Fleming		Nth Rocks Carlin	1.37m	
6	597 Lachlan Harris		Ku-Ring-Gai	1.35m	
7	712 Kai Hutchinson		Ku-Ring-Gai	1.35m	
8	17290 Ji Yong Kim		Parramatta	1.39m	
9	860 Finn MacBeth		Ku-Ring-Gai	1.35m	
10	17302 Malachi Mataele		Parramatta	1.49m	
11	19309 Jonathan Miles		Manly Warringah	1.42m	
12	19705 Zachary Morgan		Manly Warringah	1.35m	
13	337 Jacoby Neal		Ku-Ring-Gai	1.40m	
14	8032 Maximilian Nemeth		Mosman	1.35m	
15	2400 Kyan Seale		Northern Suburbs	1.62m	
16	19113 Henry Smith		Manly Warringah	1.50m	

Event 337 Girls U 14 - Triple Jump (14)

	Name	Age	Centre	Seed	Mark
1	159 Amalia Bond		Ku-Ring-Gai	11.63m	
2	11614 Laila Burkhardt		Cherrybrook	8.97m	
3	17463 Annabel Cullen		Nth Rocks Carlin	8.40m	
4	16962 Sofia Gasparini		Parramatta	7.33m	
5	2794 Tanya Graham		Northern Suburbs	9.78m	
6	17834 Mia Gross		Nth Rocks Carlin	8.32m	
7	17844 Alison Hubbard		Nth Rocks Carlin	8.52m	
8	14291 Chloe McGregor		Ryde	8.37m	
9	17799 Zara Palfrey		Nth Rocks Carlin	8.44m	
10	19232 Zara Parslow		Manly Warringah	9.04m	
11	17196 Pranaya Prasath		Parramatta	7.12m	
12	14133 Alannah Pryor		Northern Distric	10.08m	
13	11478 Nisini Rajapaksha Mud		Cherrybrook	10.21m	
14	19359 Isla Scoular		Manly Warringah	9.84m	

Event 338 Girls U 12 - Discus (750 Gram) (16)

	Name	Age	Centre	Seed	Mark
1	611 Charlotte Barnsley		Ku-Ring-Gai	19.67m	
2	14340 Gillian Bedford		Ryde	17.38m	
3	570 Jeorgia Bowden		Ku-Ring-Gai	27.13m	
4	2472 Holly Connell		Northern Suburbs	19.30m	
5	14318 Zara Cox		Ryde	16.52m	
6	18821 Samantha Fong		Hornsby	17.29m	
7	13968 Clara Knight		Northern Distric	20.91m	
8	19428 Alice Larbey		Manly Warringah	22.88m	
9	512 Hayley Laslett		Ku-Ring-Gai	22.80m	
10	17385 Latu Lolomanaia		Nth Rocks Carlin	17.79m	

11	19652 Milly McVicar		Manly Warringah	23.58m
12	14012 Scarlett Owers		Northern Distric	21.23m
13	18731 Ada Riddle		Hornsby	17.77m
14	14398 Claire Wang		Ryde	18.29m
15	17523 Jolin Wirianata		Nth Rocks Carlin	15.91m
16	8000 Maisie Yorke		Mosman	19.44m

Event 339 Boys U 14 - Javelin (600 Gram) (11)

	Name	Age	Centre	Seed	Mark
1	11653 Blake Billingsley		Cherrybrook	29.62m	
2	8219 Nicolas Chaseling		Mosman	19.42m	
3	11650 James de Sacadura		Cherrybrook	21.15m	
4	2825 Benjamin Govers		Northern Suburbs	30.63m	
5	19760 Ed Hammond		Manly Warringah	26.04m	
6	19133 Ethan Jauncey		Manly Warringah	33.47m	
7	17829 Senuka Kankanige		Nth Rocks Carlin	17.75m	
8	17828 Vinuka Kankanige		Nth Rocks Carlin	25.03m	
9	17736 Matthew Lawrence		Nth Rocks Carlin	31.51m	
10	651 Max McPherson		Ku-Ring-Gai	25.88m	
11	14519 Lucas Michaels		Ryde	20.15m	

Event 340 Boys U 11 - Shot Put (2.0 Kg) (16)

	Name	Age	Centre	Seed	Mark
1	324 Nick Bennett		Ku-Ring-Gai	8.15m	
2	366 Nathaniel Gu		Ku-Ring-Gai	7.14m	
3	596 Mitchell Harris		Ku-Ring-Gai	7.40m	
4	17850 Ayden Hewitt		Nth Rocks Carlin	9.16m	
5	11576 Jack Hilgendorf		Cherrybrook	5.83m	
6	2548 Donovan Lin		Northern Suburbs	6.73m	
7	19364 Tomasi Lowe		Manly Warringah	7.21m	
8	14292 Mitchell McGregor		Ryde	7.96m	
9	17804 Kaiden Moir		Nth Rocks Carlin	5.87m	
10	17604 Josiah Smith		Nth Rocks Carlin	6.60m	
11	713 Jackson Teede		Ku-Ring-Gai	6.67m	
12	465 Charlie Toth		Ku-Ring-Gai	8.15m	
13	19220 Will Turi		Manly Warringah	6.16m	
14	8035 Toby Uys		Mosman	6.77m	
15	19626 Callum Yates		Manly Warringah	6.50m	
16	43115 Timothy Zhu		Hornsby	10.13m	

Event 341 Girls U 10 - Shot Put (2.0 Kg) (16)

	Name	Age	Centre	Seed	Mark
1	776 Anabelle Bocska		Ku-Ring-Gai	6.14m	
2	14007 Matilda Brookes		Northern Distric	6.49m	
3	13978 Beth Cochrane		Northern Distric	6.02m	
4	19261 Ayla Davis		Manly Warringah	7.22m	
5	16961 Nadia Gasparini		Parramatta	5.64m	
6	2386 Ajabu Gebhard		Northern Suburbs	5.04m	
7	18961 Isabelle Gouws		Hornsby	5.67m	
8	513 Mackenzie Laslett		Ku-Ring-Gai	6.08m	
9	14299 Olivia Moala		Ryde	7.47m	
10	397 Elise Montgomery		Ku-Ring-Gai	6.09m	
11	14596 Eloise Moran		Ryde	5.28m	
12	19704 Florence Morgan		Manly Warringah	6.89m	
13	183 Sienna Phillips		Ku-Ring-Gai	5.41m	
14	19116 Alyra Rogers		Manly Warringah	5.49m	

REGION TRACK & FIELD CHAMPIONSHIPS

Performance List

Event 341 ... (Girls U 10 - Shot Put (2.0 Kg) (16))

	Name	Age Centre	Seed Mark
15	11521 Saanvi Saravana	Cherrybrook	7.02m
16	14732 Addison Yu	Ryde	5.60m

Event 342 Boys U 12 - Triple Jump (16)

	Name	Age Centre	Seed Mark
1	14053 Joah Beasley	Northern Distric	8.66m
2	19721 Taj Biddlecombe	Manly Warringah	9.67m
3	2580 Jayden Chong	Northern Suburbs	8.87m
4	19622 Hugo Condon	Manly Warringah	9.02m
5	497 Bento Gove	Ku-Ring-Gai	8.95m
6	14881 Stanley Hebert	Ryde	9.32m
7	17391 Benji Hill	Nth Rocks Carlin	8.46m
8	17418 Cohen Keeping	Nth Rocks Carlin	9.45m
9	13932 Orson List	Northern Distric	8.50m
10	287 Harrison Nicholls	Ku-Ring-Gai	9.44m
11	18993 Ethan Orr	Hornsby	8.54m
12	14620 Daniel Pulfer	Ryde	9.54m
13	19141 Beau Riches	Manly Warringah	9.50m
14	17037 Aharshan Sivaniruban	Parramatta	9.53m
15	17296 Jett Soulyeone Mckeev	Parramatta	8.66m
16	2531 Cooper Wilson	Northern Suburbs	9.37m

Event 343 Boys U 17 - Discus (1.5 Kg) (10)

	Name	Age Centre	Seed Mark
1	19300 Freddie BensonSparkes	Manly Warringah	48.77m
2	11652 Justin Billingsley	Cherrybrook	30.98m
3	17154 Simon Forsyth	Parramatta	26.45m
4	13945 Joshua Harding	Northern Distric	19.92m
5	13944 Kalan Harding	Northern Distric	34.12m
6	17540 Rebeen Mirzaei	Nth Rocks Carlin	30.82m
7	8058 Finn Pereira	Mosman	22.88m
8	18759 Ashton Sawtell	Hornsby	27.09m
9	17516 Thomas Schneider	Nth Rocks Carlin	34.27m
10	17722 Lachlan Waldron	Nth Rocks Carlin	38.41m

Event 344 Girls U 13 - Javelin (400 Gram) (15)

	Name	Age Centre	Seed Mark
1	13984 Maddison Barratt	Northern Distric	25.45m
2	18798 Amy Campbell	Hornsby	27.21m
3	19157 Gemma Dixon	Manly Warringah	16.31m
4	8072 Elizabeth Fainga'anuku	Mosman	ND
5	18960 Olivia Gouws	Hornsby	12.45m
6	17679 Ella Hazon	Nth Rocks Carlin	16.13m
7	17234 Alana Kokay	Parramatta	14.09m
8	19511 Emma Kramer	Manly Warringah	19.86m
9	17396 Hannah Lambert	Nth Rocks Carlin	26.10m
10	19755 Alana Lulli	Manly Warringah	13.09m
11	2341 Collette Lumley	Northern Suburbs	18.83m
12	11641 Anna Moresi	Cherrybrook	21.66m
13	14264 Bronte Nagle	Ryde	14.71m
14	2572 Olivia Rendall	Northern Suburbs	14.55m
15	13935 Jennifer Toynbee	Northern Distric	ND

Event 345 Boys U 15 - Discus (1.0 Kg) (16)

	Name	Age Centre	Seed Mark
1	322 Rian Conners	Ku-Ring-Gai	35.89m
2	14719 Leon Danks	Ryde	33.17m
3	11688 Edward Darby	Cherrybrook	29.68m
4	2394 Zak Evans	Northern Suburbs	36.35m
5	19687 Max Figueira	Manly Warringah	29.75m
6	140 Jake Fourie	Ku-Ring-Gai	39.49m
7	19424 Reese Francis	Manly Warringah	23.49m
8	19129 Thomas Greenaway	Manly Warringah	22.23m
9	19541 Alberto Jordan	Manly Warringah	27.37m
10	17737 Benjamin Lawrence	Nth Rocks Carlin	28.19m
11	2342 Jude Lumley	Northern Suburbs	26.50m
12	11682 Samuel Price	Cherrybrook	46.97m
13	11499 Ryan Redhead	Cherrybrook	25.58m
14	19846 Luka Simmons	Manly Warringah	26.78m
15	18897 Matthew Sims	Hornsby	22.45m
16	490 Jimmy Thebridge	Ku-Ring-Gai	30.12m

Event 346 Girls U 11 - Javelin (400 Gram) (16)

	Name	Age Centre	Seed Mark
1	19333 Caitlin Allum	Manly Warringah	15.83m
2	14755 Mila Bomba	Ryde	10.84m
3	18775 Samantha Campbell	Hornsby	17.83m
4	2315 Darcie Dalle Nogare	Northern Suburbs	13.82m
5	19240 Eloise Knorr	Manly Warringah	16.88m
6	11582 Olivia Lalor	Cherrybrook	11.65m
7	19753 Evelyn Lulli	Manly Warringah	14.79m
8	650 Chloe McPherson	Ku-Ring-Gai	11.47m
9	14518 Melina Michaels	Ryde	10.52m
10	2460 Ally Mity	Northern Suburbs	10.88m
11	2414 Gracie O'Leary	Northern Suburbs	12.14m
12	14013 Annika Owers	Northern Distric	14.64m
13	19207 Chloe Peaper	Manly Warringah	11.20m
14	19624 Serafina Volpe	Manly Warringah	12.25m
15	14396 Pippa Wang	Ryde	18.47m
16	11482 Anna Wegener	Cherrybrook	10.31m