| Region | What zones are in this region? | What places automatically progress to region from zone? Please note that any places not filled by automatic progression will not be filled by additional next best performances | What is maximum number of next best qualifiers that will progress to region from across all zone results in the region? | What places <br> automatically progress to state from region? <br> Please note that any places not filled by automatic progression will not be filled by additional next best performances | What is maximum number of next best qualifiers that will progress to state from across all region results? | What number of relays progress from zone to region? | What number of relays progress from region to state? |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | New England, Northern Rivers and Mid North Coast | First 4 Places | 4 | First 2 Places | 8 | First 2 Places | First Place |
| 2 | Central Coast, Lake Macquarie, Hunter, and Port Hunter | First 3 Places | 4 | First 2 Places | 8 | First 2 Places | First Place |
| 3 | Western Plains and Western Ranges | First 6 Places | 4 | First 2 Places | 8 | First 3 Places | First Place |
| 4 | Eastern Riverina, Western Riverina, Mid South Coast and South Coast Highlands | First 3 Places | 4 | First 2 Places | 8 | First 2 Places | First Place |
| 5 | Northern Metropolitan and North East Metropolitan | First 6 Places | 4 | First 2 Places | 8 | First 3 Places | First Place |
| 6 | West Metropolitan, Outer West Metropolitan and North West Metropolitan | First 4 Places | 4 | First 2 Places | 8 | First 2 Places | First Place |
| 7 | Central West Metropolitan, South West Metropolitan and Mid West Metropolitan | First 4 Places | 4 | First 2 Places | 8 | First 2 Places | First Place |
| 8 | Inner City and Southern Metropolitan | First 6 Places | 4 | First 2 Places | 8 | First 3 Places | First Place |

NOTE:

- If only 9 athletes arrive at the call room from entries to heats then the heats may be collapsed to a final of a maximum of 9 athletes
- If after resolving a protest in an earlier heat an additional athlete is added to the final, then this can result in 9 athletes being in the final, Only the top 8 will be considered for progression, so that all zones have the same number of athletes qualifying to the next level).

Selection of next best performances

- Performances in heats cannot be considered in selection of next best performances unless event is run as a Timed Final.
- Performances from all competitors in a field event will be assessed for next best performances. This means that an athlete who does not reach the second round (or final 3 trials) may still perform a next best performance.
- Performances from all competitors in all pack events (eg. 800 metres) will be assessed for next best performances.

