

REGION EXEMPTION REQUEST FORM



NAME	REGISTRATION NUMBER	CENTRE (e.g., Werrington)	ZONE (e.g., Inner City)	REGION (e.g., 1)	AGE GROUP	EVENTS (e.g., 100m, HJ)

Please return to competitions@lansw.com.au

RULE 11.12 IN THE LANSW RULES OF COMPETITION

Athletes in the U12-U17 age groups, who are unable to attend their Region Championships because they have been selected to represent NSW or Australia at a clashing National or International **athletics** event, will be able to automatically progress to the State Track & Field Championships. **The athlete MUST provide evidence in the way of results to show that they participated at the event they have been selected for. This evidence must be provided to the Competitions Manager at Little Athletics NSW via competitions@lansw.com.au as soon as possible post competition.** If for some reason they do not attend the clashing event, they will not be permitted to progress to the State Track & Field Championships.

The athlete must apply in writing (on the Application for Exemption Form, which can be found on the www.lansw.com.au website in the Competition/Zone/Region section) to Little Athletics NSW, prior to their Region Championships for this automatic progression to be considered.

The application must be accompanied by documentation verifying their selection for the clashing event.